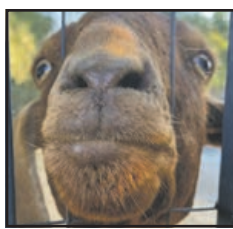




Community
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B-1



Home & Garden
Writer reports his
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C-1

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Volume 27, Issue 30

Pala Band of Mission Indians Land Transfer Act passes U.S. Senate by unanimous consent

PALA – The Pala Band of Mission Indians announced that the United States Senate passed H.R. 423, the Pala Band of Mission Indians Land Transfer Act of 2023, by unanimous consent.

H.R. 423, introduced by U.S. Rep. Darrell Issa, R-Calif., places approximately 721 acres of sacred land the Pala Band of Mission Indians currently owns into trust.

“On behalf of the Pala Band of Mission Indians, we thank Congressman Issa, Senator Padilla, Senator Feinstein and their colleagues for supporting this very important piece of legislation,” Chair Robert Smith of the Pala Band of Mission Indians said. “With the passage of this legislation, our ancestral grounds, which are central to our spiritual and cultural traditions, will be forever protected as part of the Pala Reservation.”

An earlier version of the Land Transfer Act was first introduced in 2021.

H.R. 423 now heads to the president for signature.

The Pala Band of Mission Indians is a federally recognized tribe whose reservation is located along the Palomar Mountain range approximately 30 miles northeast of San Diego. The majority of the over 900 tribal members live on the 12,000-acre reservation, established for Cupeño and Luiseño Indians, who consider themselves to be one people.

Submitted by Pala Band of Mission Indians.

Pala Tribe and OES sign fire department mutual aid agreement

Joe Naiman
Village News Reporter

The Pala Fire Department has mutual aid agreements with other nearby fire departments but never had a formal mutual aid agreement with the state Office of Emergency Services until July 20, when state and Tribal officials signed a document at the Pala fire station.

The agreement allows for state reimbursement to the Tribe which finances the fire department and also provides a Type III brush engine for use by the reservation fire department. The agreement is the first between the state and any Indian tribe.

“This is a momentous accomplishment for our tribe, our fire department and the entire community,” said Pala Tribal Chairman Robert Smith.

“This is historic for all of California,” said OES Director Nancy Ward.

“It’s historic, obviously, but it bolsters Pala’s participation, bolsters the fire and mutual aid system,” said OES Fire and Rescue

see PALA, page A-7



Participating in the mutual aid agreement ceremony are, from left, OES Fire and Rescue Chief Brian Marshall, OES Director Nancy Ward, Pala Tribal Chairman Robert Smith and Pala Tribal Council Vice-Chair and Pala Fire Chief Anthony Ravago. Village News/Courtesy photo

Ukrainian family finds refuge in Fallbrook

Avalon Hester
Village News Intern

It was Feb. 25, 2022, when Russians invaded the Ukrainian capital, Kyiv. Thousands fled from the city as the fighting began, including those from adjacent areas. Three days later, Hanna and Igor Rohozhynska were forced to flee their home in the adjacent city of Irpin with their 5 and 4 year old boys and their brand new baby girl. Three days later, when the family returned, they found their house completely destroyed by a Russian shell.

The family of five fled to Germany, hoping to ride out the worst of the fighting, but nearly a year and a half later, with their daughter now taking her first steps, they have realized that a return to Ukraine is not coming soon.

This is where Fallbrook locals Freddy and Tetiana Dubon came

see REFUGE, page A-7



Hanna and Igor Rohozhynska stand in front of the wreckage of their home in Ukraine, with their three children under the age of 6. Village News/Courtesy photos

Fallbrook develops design standards to maintain community character

Avalon Hester
Village News Intern

There’s a big ticket item on the agenda for Fallbrook citizens. Since 1989, Fallbrook’s rural small town charm has been maintained through a set of aesthetic and practical building ideals known as the Design Review Guidelines. With increasing state and county level decisions being implemented in Fallbrook, community leaders are arguing that it is essential to establish clear and easy-to-understand standards in a checklist for developers, thus ensuring that new builds continue to meet community expectations.

The Design Review Guidelines have been used for the past 34 years to ensure that new projects and developments coming into Fallbrook fit within the community look and lifestyle – maintaining fire safe building materials, native landscaping, back-of-building parking, and other carefully considered hallmarks of Fallbrook’s character.

Everything from new buildings

to new signage has been subject to Design Review approval, a process that begins with a full site map for larger projects, and a smaller build plan for smaller projects like new signage. These guidelines have always been important for defining Fallbrook, but they’ve also been subjective and decided largely by community interpretation.

Currently, a California State decision has mandated that buildings such as low-barrier shelters, buildings with at least 10% low-income housing, and other supportive structures, would be able to go into appropriately zoned areas by right.

Eileen Delaney, Stephani Baxter, and Jeniene Domercq of the Fallbrook Community Planning Group emphasized that since Fallbrook won’t have control over whether or not these structures come into our communities, it’s important that we can still determine how.

As an unincorporated community, Fallbrook’s local control has often been under threat of erosion by state and county level decisions.

The concern is that larger areas with less space seeking to meet funding targets for shelters and low income housing will send these projects to rural areas like Fallbrook without ensuring that they have the services to support the people who need them.

“The county of San Diego recently qualified for the Prohousing Designation,” explained Baxter. This program provides incentives to cities and counties that provide competitive housing and infrastructure projects with the goal of helping end homelessness.

“We want to make sure that we’re helping locals in need, and that we have the services to help,” responded Domercq, “without public transportation and other services, Fallbrook will be a difficult place by nature [for these projects].”

Design Standards have proposed that emergency housing projects must be built at least 1,000 feet from schools and within the height of 35 feet that is standard throughout the Fallbrook community, against county stipulations that they can be

built at 65 feet. However, this isn’t the only case where these standards will be doing the heavy lifting for Fallbrook’s preferences.

“Everyone wants to maintain community character,” Delaney emphasized. “We can be more restrictive in our standards but not less than the county,” said Domercq. “Our biggest tools are our zoning, when we can, but even more importantly, the design standards,” finished Delaney.

The Fallbrook Planning Group is confident that transforming the current design guidelines into easy to understand design standards, will help cement citizen control. “If you’ve never paid attention to what’s going on, now’s your time. Make your voice heard,” urged Delaney. “And believe that you can make a difference, if you’re engaged,” said Domercq.

The planning group encourages citizens to seek out planning group meetings, infrastructure subcommittee meetings, and all other opportunities to give input on

see STANDARDS, page A-7

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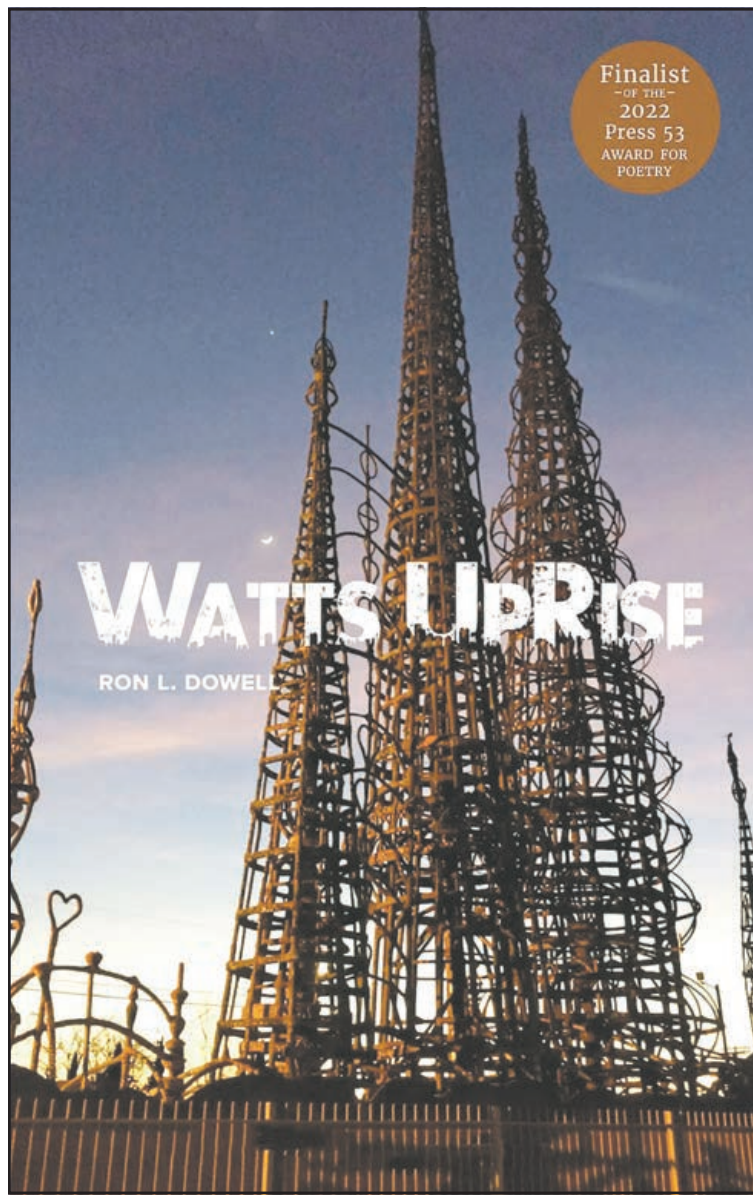
VILLAGE NEWS



ANNOUNCEMENTS

The deadline for all announcements and press releases is Friday, 3 p.m. Email to villageeditor@reedermedia.com.

L.A. author and PEN Fellow Ron L. Dowell reads at Fallbrook Library



The cover of Ron L. Dowell's work, "Watts Uprise." Village News/Courtesy photo

FALLBROOK — Writers Read at Fallbrook Library will welcome South L.A. author and PEN Fellow, Ron L. Dowell, Friday, Aug. 11. He will read from and discuss his short fiction and acclaimed poetry collection, "Watts Uprise," at the free event.

"Watts Uprise" is a love letter to the Watts community and the people who define it. According to the author, Watts, "with its whole big heart, open and bleeding for the world to see, is something cherished." The collection was a finalist for the 2022 Press 53 Award for Poetry and a featured poem in it, "Compton, An Energy-Fueled Dark Star," was nominated for a 2021 Pushcart Prize.

Dowell is an advocate for emerging writers in the literary world, encouraging them to share their voices. In keeping with this vision, his reading will be preceded by open mic for poetry and prose, and the public is invited to bring original works to share.

"Watts Uprise" will be available at the reading for sale and signing by the author.

The reading is Friday, Aug. 11, from 6:30 to 8 p.m. in Fallbrook Library's community room. The library is located at 124 S. Mission Road, between Alvarado and Fig Streets.

For more information, contact K-B Gressitt at kbgressitt@gmail.com or 760-522-1064.



Ron L. Dowell, South L.A. author and PEN Fellow.

Village News/Courtesy photo

the
village
beat

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Village News 760.723.7319

Fallbrook Historical Society to hold open house



Fallbrook Historical Society welcomes everyone Village News/Courtesy photo to attend an open house Aug. 6 at Pittenger House.

The Fallbrook Historical Society invites everyone to an open house to experience some fantastic new displays. Some of these feature vintage cars and farming equipment, others gem and minerals. Get to know the past through the historical pieces, pictures and documents left behind!

The open house will be held at Fallbrook Heritage Center, located at 1730 S. Hill Street, Saturday,

Aug. 6 from 1 p.m. to 4 p.m. There is free admission into the event and free refreshments. FHS's goal is to respect and share as much of the community's past, in archives, displays or at the various historical buildings in Fallbrook.

FHS hopes everyone will attend this fun community event.

For more information on the event and Fallbrook Historical Society, visit www.FallbrookHistoricalSociety.org.

Fallbrook Women's Connection to host a brunch and wig fashion show

Fallbrook Women's Connection invites you to come and enjoy a delicious brunch and wig fashion show in the ballroom of the Grand Tradition, Friday, Aug. 18 from 10 a.m. to noon, (doors open at 9:30 a.m. for shopping).

The owner of Merle Norman Cosmetics & Wigs, Sheree Myers, will be bringing a fun wig fashion show with all kinds of colors, lengths and varieties of hair pieces and accessories that volunteer models will be wearing. She has had her Merle Norman studio in Temecula for over 18 years and been affiliated with the Merle Norman brand for more than 40 years. The shop stocks over 200 wigs, toppers and hairpieces of the highest quality. She will be sharing her expertise for a new look or a changing lifestyle. Her studio offers full service skin treatment services, as well as a professional make-over.

In addition to the brunch and fashion show, guest speaker Marlene Paltza, Former Executive Assistant and Business Owner, will talk about "True Beauty."

The cost per ticket is \$30, cash or check, which includes a delicious brunch prepared by The Grand Tradition, 220 Grand Tradition Way, located at the corner of S. Mission Road and Grand Tradition Way near Econo Lodge.



During the Village News/Courtesy photo Fallbrook Women's Connection event Aug. 18, Sheree Myers from Merle Norman Cosmetics will offer her expertise on wigs and changing one's looks or lifestyle, and guest speaker Marlene Paltza will talk about "True Beauty."

Free child care will be provided for younger children with reservations, which are encouraged. To make a reservation, call Ginny at 760-723-3633 or email Fallbrookcwc@gmail.com. The event is sponsored by Stonecroft Ministries.

Submitted by Fallbrook Women's Connection.

Christmas in July to raise support for homeless veterans

FALLBROOK — The community is invited to Christmas in July to help homeless veterans, Sunday, July 30, from noon to 5 p.m., at Mountain Mikes Pizza, 1125 S. Mission Road, in Fallbrook. Guests can meet Santa, take pictures and purchase special toys, along with face painting, twist balloons and cotton candy from 3-5 p.m. All

proceeds benefit veterans in need. The event is presented by Health and Wealth Angels.

To donate directly, use <http://paypal.me/santaskids>. To learn more, contact Paul Schumann at 760-726-4228 or find "Fallbrook's Jewish Santa" on Facebook.

Submitted by Paul Schumann.

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Perking up the Pico

FALLBROOK — Everyone is welcome to join the efforts to restore the four blocks of Pico Promenade, Saturday, Aug. 12, starting at 8 a.m. The Perking up the Pico event is hosted by Save Our Forest, and there will be a pancake breakfast after cleanup. Ahead of time, for anyone who is interested in attending the pancake breakfast, please contact the Fallbrook Land Conservancy office at 760-728-0889. Remember to bring a hat, gloves and tools, and to sign in on Ash Street upon arrival.

Submitted by Save Our Forest, Fallbrook Land Conservancy.



KEN FOLLIS  **SHARON ROBINSON** **COMPASS**

Ken Follis
760.803.6235
DRE #00799622

Sharon Robinson
949.295.1161
DRE #01384726

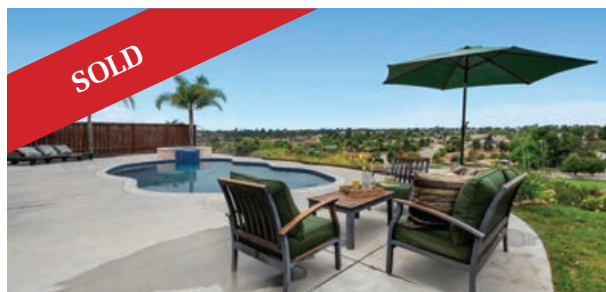
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Sold for \$2,100,000

Ken's Corner

It is vacation time!!

Some of us like to travel the world and want a look and go home. Some like a road trip and may need RV parking. Also popular in our area is a STAYcation. Enjoying our beautiful weather and the paradise we want in our own backyards. Something for everyone! Let's have a visit and discuss what your needs may be!

AT YOUR SERVICE! - Ken



2559 Vista De Palomar, Fallbrook

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"Darlene is an absolute dream to work with!! As first time home buyers, she really went above and beyond to make sure we understood and were comfortable every step of the way. There were multiple offers on our home, but Darlene fought to make sure ours was the one that was accepted!"
- Kristen and Gracie L.

Suzie's electric personality coupled with integrity and leading knowledge in new and emerging Real Estate markets ensures that her clients have all the information needed to make their best choices when buying or selling property. Timing and relationships are everything in today's everchanging and more competitive Real Estate environment.

John lives and works in Fallbrook. As a Realtor® for over 34 years, he is proud to have served a number of Fallbrook homeowners. Some were already here, and many others came to our town through his hard work and local knowledge of all things Fallbrook. He stands ready to serve you!



3547 Via Zara Court, Fallbrook

Fallbrook paradise estate property featured in multiple Home and Garden magazines, fully fenced and beautifully landscaped 2.58 acres. Panoramic views including sunsets over the infinity edge pool and spa provide a tranquil setting that is private and so relaxing! Indoor and outdoor living blend seamlessly with cantina style doors, multiple covered patios, stacked stone outdoor fireplace, seating area and also a well appointed stainless built in BBQ with extra burners and refrigerator. Usable land abounds with easy access to grove area and a varied selection of fruit trees and avocado trees. 7 raised container gardens for all your vegetables and herbs.

Sold for \$1,965,000

Sharon's Corner

We have some great new listings coming up at all price points! We are experienced working with a variety of situations including upsizing, downsizing, relocating in or out of state or the country as well as probate, court orders and helping successor trustees work through the process of selling a home that has been inherited. We can make sure all the bases are covered and handle all aspects of the sale whether you are in or out of town.

There are many reasons a home may need to be marketed and sold - call us to go over your situation - we are here to help and maximize your results!

LET'S TALK! - Sharon

Business Spotlight



Mountain Mike's Pizza

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Charity Spotlight



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OPINION

Top highlights from legislative session



Senate Minority Leader Brian W. Jones
40th Senate District

The State Legislature is on recess until Aug. 14. I've enjoyed spending more time in the district and talking directly with constituents about important issues and our fight in Sacramento. While there are only five weeks left in this legislative session once we return, California Senate Republicans have scored multiple victories over the past few months. San Francisco Chronicle's Emily Hoeven got it right in her column, "California Democrats are taking absurd positions on crime and housing—making Republicans somehow relevant again."

As your State Senator, I've been successful with several measures that will help keep our community safe. In case you missed some of them, here are some top highlights:

Holding Child Sex Traffickers Accountable: As a proud coauthor of Senate Bill 14, I'm pleased to share that after heavy backlash,

Assembly Democrats moved this important measure forward. SB 14 classifies child sex trafficking as a "serious crime" under California law. It's hard to believe it's not already a serious crime, and it's even harder to believe that Assembly Democrats rejected the measure at first and wanted to protect sex traffickers. You can read more about our fight to get this measure passed in the Sacramento Bee's article, California Democrats reverse course after killing bill to stiffen penalties for child sex trafficking.

Stopping Sexually Violent Predators: My request to audit Liberty Healthcare for their poor management of sexually violent predators was approved last month. This is the first step to fixing the broken SVP release program. I went on KUSI to talk about the request, you can watch my interview here. Center Square News also covered the successful audit request in their article California to audit placement service for released sexually violent predators.

Streamlining Prosecution of Human Traffickers: I'm working with San Diego District Attorney Summer Stephan and the City of San Marcos to streamline prosecutions of human traffickers. This critical measure will also protect victims and help hold evil traffickers accountable. I'm pleased to share that this bill is moving through the Legislature with unanimous support. You can read more about our success with Senate Bill 236 in a Center Square News article.

Re: 'Fire Hazard Severity Zones. . . .' [Village News, Letter, 07/20/23]

Thank you Lewis Shell for bringing up this latest attack on California Property Owners. It is outrageous that our property insurance rates can double in one year based on this FHSZ fiasco. Mine did. Yet did anyone from the insurance company come to see or even ask if I had performed prescribed "defensible space" requirements? No. Did anyone from North County Fire come check on defensible space requirements? No.

It is this one party rule government attacking the average citizen/property owner once again by siding with big business.

All this came down at the same time Solar NEM 3.0 was put into

effect. Newsom and company preach solar, solar on every home in California. Then in April they pull the rug out for every future homeowner. Just like that they take away 80% of the benefit of a simple solar system. Now it's not affordable to have solar, just like home owners insurance will not be affordable.

Very few out there are fighting for us. God Bless lone-ranger Jim Desmond!

New attacks are coming every day. Nothing will change until voters start seeing the truth about what is happening to this great state of ours.

Greg Brush

Preventing child trafficking



Assemblymember Marie Waldron
75th District

Human trafficking is the second largest and fastest growing illicit industry after drug trafficking. Worldwide, it's estimated that there are over 40 million victims of human trafficking with 75%

being women and girls, and 25% being children.

Recent studies indicate that San Diego County has become a human trafficking hub, and with up to 8,000 victims per year, it's one of the country's 13 worst human trafficking regions. Girls and women are frequent victims, but boys are often targeted. Up to 50% of trafficked children in the U.S. may be boys, and the average age of entry is between 11-13 years of age.

The monsters behind this heinous, often violent and life-shattering crime against children must be made to understand that severe penalties will be the result. That's why I joined Senator Shannon Grove (R – Bakersfield) to co-author Senate Bill 14. SB 14 provides that "human trafficking of a minor" will be designated as a "serious felony." The offense will be added to crimes subject to the Three Strikes Law, providing for

enhanced penalties for individuals who have prior convictions for "serious" and "violent" felonies. Plea bargaining will be limited.

This is not a partisan issue. SB 14 passed the Senate unanimously and was forwarded to the Assembly. Passage was briefly delayed in the Assembly Public Safety Committee, but immediate public outcry, including many calls and emails to my office, resulted in reconsideration. I'm happy to report that the bill passed the Public Safety Committee July 13 and has now been forwarded to the Appropriations Committee. From there it will likely receive a floor vote later this summer. Prospects for passage appear bright.

This repugnant industry can be defeated through increased public awareness and heightened consequences for criminal perpetrators. We can and must rein in human trafficking to prevent more lives from being shattered.

SB 14: Addressing human trafficking as a serious felony



Supervisor Jim Desmond
5th District

Last week, the State Assembly's Public Safety Committee failed to approve Senate Bill 14, which would have classified human trafficking as a serious felony and subjected it to the Three Strikes Law in California. It was

disheartening to see as human trafficking is categorized as a "non-serious" crime, undermining its severity and neglecting the urgent need to protect our most vulnerable populations from this modern-day slavery.

A few days later, the Assembly's Public Safety Committee reversed course and passed SB 14, sending it to the appropriations committee. This is a welcome development. However, I cannot overlook the disappointment and frustration that this crucial legislation had to go through a forced emergency hearing to receive the attention it deserved. The initial vote should have never come to this.

Child trafficking is an unspeakable crime that shatters the lives of innocent children, and it demands our utmost attention and action. It is disheartening that such a matter of human rights and protecting our most vulnerable

had to be politicized. This is not a partisan issue.

While I appreciate the Assembly Public Safety Committee's unanimous vote in favor of SB 14, we should not have reached this point. The fact that this had to go to a special session speaks to the need for our state legislature to prioritize the concerns and well-being of our communities.

I firmly believe that safeguarding our children from the horrors of child trafficking should be a shared goal, transcending party lines. We must set aside our differences and work together to eradicate this despicable crime. It is incumbent upon all of us to prioritize the safety and well-being of our children and restore faith in the integrity of our legislative processes.

I urge the entire California Assembly to pass this into law immediately and hold human traffickers accountable

Exposing the two faces of Bidenomics

What are we to make of Biden's lofty remarks touting the virtues of Bidenomics? Were his words just platitudes falling out of his partisan mouth? Or were they the incoherent and emotionally charged rants of a cognitively

impaired man? And what exactly is Bidenomics anyway? Is it a vain attempt to reinvent or perhaps salvage Biden's mediocre political record? Or is Bidenomics a sorted tale of a well-oiled crime syndicate that has fashioned an elaborate web of LLCs to hide the millions of dollars made from selling political influence? It could be both.

Joe wants us to believe Bidenomics has led us to the palm-tree-lined, sunny shores of prosperity. Of course, nothing could be further from the truth. Since when have the Democrats' affection for quantitative easing (printing money), their addiction to deficit spending and their obsession with onerous regulatory mandates ever stimulated anything other than recessions, devaluing the dollar and emptying our bank accounts?

At the heart of Bidenomics is the "Inflation Reduction Act." In truth, this mischaracterized act has accelerated the inflation rate and done little to generate new jobs outside the orbit of federal bureaucracies. With most Americans struggling to pay their bills, no one is buying the hype or believing one word of Biden's Bidenomics bravado!

So how has Joe amassed such a vast fortune befitting a king while serving in the Senate and as Vice President? Biden's ascension to the lavish lifestyles of the rich and famous didn't occur because of dumb luck or because Joe's investment acumen rivals that of the Oracle of Omaha. No, the Biden family fortune is directly tied to the family's influence-peddling scheme. This version of Bidenomics has worked quite well for the Biden family but not so well for the rest of us!

Were you aware that the Bidens received millions of dollars from the Chinese Communist Party for lobbying for favorable legislation in Congress on behalf of Chinese National companies and for the CCP's Belt and Road Initiative? Could this explain why Joe lacks the stones to sanction the CCP for releasing the "Fauci Flu" on us or why he refuses to confront Xi Zing Ping about the Chinese

spy balloon that invaded our air space while collecting volumes of military intel as it crossed over our country?

Then there's the clandestine firing of a Ukrainian Attorney General at the request of the Ukrainian petroleum company, Burisma. Not only did the "Big Guy" score millions of greenbacks for successfully pressuring the Ukrainian President to terminate the AG, but Hunter got a sweet gig on the Board of Burisma, earning a tidy sum of \$83,000 a month. I'm sure Joe would do anything to conceal these facts from the American public. Could this explain why Joe is throwing away billions of US tax dollars to prolong the Russian-Ukrainian war instead of pressing for peace with Putin and Zelinsky?

Biden has always been immune from the federal agencies sworn to investigate and prosecute high crimes and misdemeanors. And why? Because the self-interests of DC bureaucracies take priority over the needs of you and me. You see, the deep state, or, if you prefer, the bureaucratic state, has been running the country for decades, and Joe is the perfect patsy to protect their interests. Acting as their compliant surrogate, Joe has been free to leverage his political influence without fearing any legal harm would ever come to him.

With incriminating evidence finally being reported, one can only hope that Attorney General Merrick Garland and his henchmen at the FBI will aim their prosecutorial firepower on the "Biden Cartel" instead of pursuing allusive ghost stories and fabricating Marxist fairytales to entrap President Trump!

One final thought: There's little doubt that Joe's influence-peddling scheme has lifted the Bidens from the backrooms and basements of mediocrity to the marbled hallways and opulent ballrooms of luxury. But there are two faces to Bidenomics: one that blossomed into prosperity for the Bidens, and the other that leaves most Americans wandering in an arid wasteland awash in poverty.

Dave Maynard

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Praise God in His sanctuary;
Praise Him in His mighty heavens.
Praise Him for His mighty acts;
Praise Him according to
(the abundance of) His greatness.
Praise Him with trumpet sound;
Praise Him with harp and lyre.
Praise Him with tambourine and dancing;
Praise Him with stringed instruments and flute.
Praise Him with resounding cymbals;
Praise Him with loud cymbals.

Let everything that has breath and every breath of life praise the Lord!

Praise the Lord! (Hallelujah!)"

Psalm 150

Sponsored by Ana Iturralde

Kicking It up in Alaska



Elizabeth Youngman-Westphal
Special to *The Village News*

What you probably do not know is the whole month of September is moose-hunting season across Alaska.

On one hand, those crafty native Inuits want you to buy a moose tag; on the other hand, as you are invited up to shoot a moose anywhere within the state, there is one wee caveat: many villages require each hunter to present him/her/they/them/their oneself in

person. To further clarify, no one can buy another person's moose tag. Which means each hunter must actually fly into a village, then find a way to get to and from the Fish and Game outpost, present government I.D., pay the fee, and then fly back out. Sometimes the next day. It can be a process.

All the while the native council purposely tries to make it hard on those flying in from other parts of the planet in order to preserve the wild food supply for locals. Period. There is more.

On the occasion when statewide moose numbers are drastically reduced, no doubt due to global warming caused by jet emission pollution from private jets as flown in by self important-pontificating Dems like Leonardo, the ex-royal Sussexes, and not to be overlooked, Mr. John Kerry. All who shame us while flying privately in other people's private jets like Sir Elton John or his Heinz-57-Heiress-Mr. Kerry's wife's private jet, as they publicly decry their innocence because "I personally don't now or have ever owned a jet." All the time not disclosing the frequency in which Mr. Kerry flies all around in his Heinz 57-Heiress wife's jet.

And probably on a self-important occasion uses Ex-Vice-President Al Gore's private jet.

In years when there is a low-moose count, hunters may still need to appear in person at a nearby Fish and Game outpost to buy his/her/their own moose tag for it to be entered into the statewide lottery without any assurance of getting a tag. It can be a pricey gamble. The requirements become more stringent when the herds are reduced, creating stronger measures to acquire a tag for a 30-day chance to hunt said artiodactyl.

Again, by limiting the tags, it all boils down to preserving the wild food source for the people who actually live in the villages.

Which all leads to why I'm going to the edge of the electrical grid in Alaska. Now get this, not only am I going to be away from civilization, I'm also going to be without public utilities.

Here is what's up. I will be joining my daughter for the month of September. Her fiancé will be leading hunting expeditions into the woods leaving behind 16-sled dogs that require daily care. Here's the thing, sled dogs are

high-energy canines that appear half-wild-and-half-mutt. They are bred for their agility, speed, and desire to run. To me, they seem like they're wild, partly because they live outside year round and eat raw meat. Otherwise, I guess, they'd be pets.

Deborah's beau Matt is the embodiment of an Alaskan-manly-man. Primarily, he is a fishing 'n' hunting guide although his other skills are equally impressive. For instance, he can fell a tree and chop it into bits to build a cabin. He can fix a snowmobile. He can field dress any animal, regardless of size. And since the crucial fuel where they live is wood, he chops cords of it to sell to his neighbors. Matt has mushed across the frozen tundra, camped in the snow, and lived off the land. While that would seem like enough, to round out the package, he has black eyes and wavy-black hair which suggests that somewhere in his lineage he is a descendant of a French trapper.

Some might even call Matt handsome because his eyes twinkle with mischief when he laughs. It is all so romantic, right? Yeah, whatever.

I'll be staying with Deborah

while Matt trudges in the wilderness guiding groups of hunters across the far reaches of the Yukon for the month of September. It works like this, each group comes in on a bush plane to the camp to hunt for about a week. They will stalk big-antlered moose and possibly even bear.

Just to let you know, locally, bears are called rodents, albeit they are the big hairy 400-pound ones. Apparently, the bear population has grown so big now those frisky grizzlies boldly meander into villages looking for food. Rapidly they are becoming a dangerous menace creating an unsafe environment for children and small animals. Which explains why a hunter is allowed to bag five bears without a license. Ye gads.

Don't feel sorry for the bears because even while they are a nuisance, the natives honor each one by using the entire animal carcass. They'll tan the hide, boil the meat for dog food, and use the teeth and claws for adornment. As a side note to all environmentalists: each bear is 100% recycled.

To be continued...
Elizabeth can be reached at eyoungman@reedermedia.com.

Totalitarian tactics to censor RFK, Jr during censorship hearing fail

Julie Reeder
Publisher

Last Thursday, there was a hearing on censorship during a select subcommittee on the Weaponization of the Federal Government. (If you don't think that is happening, you aren't watching or reading enough news sites.)

It is a new fact of life. If you are a real journalist uncovering embarrassing things in our government, like Project Veritas, then you will have the FBI at your door arresting you. Unless, of course, your last name is Biden, as we heard from the whistleblowers last week.

If you are a doctor or scientist and you have a professional opinion that is contrary to the government agencies that have been captured and funded by the very industries that they are regulating, then you will be censored.

You will not only be censored, but also vilified. Bullying and character assassination will be used against you, no matter how much you have served the public good, fought for clean air and water, or saved children from birth defects. It won't matter, because the very agencies, like the CDC and the FDA, which were originally objective and set up for the public good, are now also tools for industrial profit. They may also do some good work, but how much good work can you do when you participate in censorship

of your opponents and you lie to cover up information that is hurting people, so that your new product can hit the market and make billions of dollars?

If you are running for president and you threaten the existing permanent DC power structure, the administrative state (which continues from administration to administration) then you have the "whole of government" coming after you, like they did with Donald Trump, Michael Flynn, and dozens of others. Love Trump or hate him, if you threaten those peoples' power, then you have the FBI, the CIA, and other agencies and committees after you for years, not just to get you, but to destroy you.

It used to be, from the 60s through the 90s, that you would just be killed, but that's too risky now, so they just use tax dollars to endlessly persecute you.

During Obama's administration it was the IRS who was caught targeting conservative groups like the Tea Party.

So, yes, there is government weaponization.

And an important part of that is censorship, as we found out during the release of the Twitter files. The government agencies were working in concert with Facebook, Google and Twitter to censor opponents.

It was ironically and blatantly on display last Thursday, July 20, when the Democrat minority chair tried to censor Democrat candidate for president Robert F. Kennedy,

Jr. during a censorship hearing. It was unbelievable. Apparently, she presented a letter with 200 Democrat signatures stating that Democrat RFK Jr. should not be able to speak!

Republican Chair Jim Jordan of Ohio gave RFK Jr. time to address the committee and what an amazing speech he gave on how censorship is a stepping stone to totalitarianism. He said if you look at history, the leaders who censored their opposition never ended up being the good guys. He also made the point that the First Amendment and free speech was not a concept created for things that are easy to say, but for hard conversations. Easy conversations typically don't need protection. He also said the Constitution was also for hard times.

It wasn't lost on me how the committee's Democrat members did everything in their power to censor a Democrat leader who is respected and from a long line of respected Democrat national leaders during a censorship/weaponization of government hearing. Unbelievable.

Ranking Member of the minority, Stacey Plaskett, asserted that presidential candidate RFK, Jr.'s speech was not protected by the First Amendment, saying:

"Many of my Republican colleagues across the dais will rush to cover that they have Mr. Kennedy here because they want to protect his free speech. This is not the kind of free speech that I know of.

"Free speech is not an absolute. The Supreme Court has stated that. And others' free speech that is allowed - hateful, abusive rhetoric - does not need to be promoted in the halls of the people's house.

"These folks have a plan. They want to give expression to the most vile sorts of speech here in this committee room because it prepares the ground for their own conspiracy theories and pseudoscience.

"And they apparently don't care how many people are hurt or die as a consequence of their actions.... Because nothing, nothing is more important to them than power."

Seriously? It is so frustrating to me that people aren't aware enough to understand that this strategy to vilify and character assassinate your political opponents (even in your same party), is the same strategy used by dictators. They say their free speech is "dangerous" to the masses and that it is acceptable to limit their free speech for the health, welfare, or greater good of the population. They fold it into benevolent sounding language that

seemingly protects the masses, but what it really protects is the dictator, or the existing power structure.

During the hearing, Rep. Debbie Wasserman Schultz (D-Fla.) began by motioning the Committee to move into executive session, thereby closing the hearing to the public. She made this motion on the grounds that RFK, Jr.'s remarks about COVID-19 at a recent press event are harmful to the public.

She then misrepresented past statements of RFK, Jr. and acted like she was going to give him time to "defend himself" but then interrupted the whole time he tried to defend himself against her lies. I say lies because I do follow RFK, Jr. and I know that what she accused him of is just flat out character assassination and lies.

Ultimately, I don't think RFK, Jr., who lost his father and his uncle to assassination, shutting them up permanently, is going to be intimidated by dangerous totalitarian tactics. He knows what he is up against, which is why he fights so hard. It will just motivate him and make him stronger.

The American people, Republican and Democrat, who see what is going on will work harder to support him, because they don't like the dirty politics and totalitarian tactics.

Issa to Newsom: Stop Bullying Temecula



Congressman Darrell Issa
48th District

Governor Newsom has resorted to bullying and intimidation, even going so far as to threaten a multimillion-dollar bill to Temecula for what he falsely terms a 'fine.'

California parents have had enough. After endless school closures, mask mandates and FBI watch lists, parents are taking charge of their children's future by trying to build a better one. Temecula will not be bullied, intimidated or forced into bankruptcy. This community will continue to work together and do what is right for all students.

Governor, your bullying won't work here."

Following California Governor Gavin Newsom's constant attacks and social media frenzy against the Temecula School Board, Congressman Darrell Issa (CA-48) issued the following statement: "I stand with the parents of Temecula. The School Board is doing right by listening to concerned parents and educators and trying to work together to appropriately curate the studies that will be presented to the youngest of students.

This has displeased Governor Newsom, who has taken to social media to mock Temecula, threaten its school district and misrepresent the facts. His publicity stunts and campaign of misinformation are unworthy of the high office he holds.

Unhappy that Temecula is choosing to work with a new and growing coalition of parents and stakeholders—rather than rubber-stamp what he wants them to do—

SUBMISSION DEADLINES

OPINION PAGE —————
The deadline for Letters to the Editor is Monday, 9 a.m.; acceptance is based on space availability. Email to villageeditor@reedermedia.com.

OBITUARY PAGE —————
The deadline for Obituaries is Monday, noon. Email to villageeditor@reedermedia.com.

EDITORIAL DEADLINE —————
The deadline for all announcements and press releases is Friday, 3 p.m. Email to villageeditor@reedermedia.com.

LEGAL NOTICES —————
The deadline for Legal notices is Monday, noon. Email to legals@reedermedia.com.

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Local DON member elected Grand Lodge president

FALLBROOK – Hulda Garborg Lodge #49 member and Fallbrook resident Joy Tweedt Cook was elected president of the Daughters of Norway Grand Lodge at the group's convention, July 23.

The biennial convention was held in Reno, Nevada with delegates from all the lodges attending. The Grand Lodge Board is the governing body for the subordinate lodges and was founded in 1908. There are currently 30 lodges from the Midwest to the Pacific Coast. The newest lodge will be instituted Aug. 26 in Omaha, Nebraska, founded by former Fallbrook resident Janna Armbruster.

Cook joined DON in November 2011; she was the president of her lodge for eight years before becoming the Judge this year. She is Norwegian on both sides of her family and has been a registered nurse since 1968.

On being elected, Cook said, "I'm grateful to the sisterhood of Hulda Garborg Lodge, for this once in a lifetime opportunity. The strength and uniqueness of this

lodge is reflected in my being the third member of Hulda Garborg, to be elected president of the Grand Lodge Board of the Daughters of Norway (a national board)."

The delegates for Hulda Garborg were president Judy Lucas of Oceanside, vice president Sheryl Zinsli of Winchester and trustee Jody Winterstrom of Fallbrook. Other members attending the convention included trustee Julie Watts of Temecula, trustee Melissa Resnick of Fallbrook, financial secretary Margaret Dewey of Murrieta, Barbara Judd of Oceanside, Lucette and Suzy Moramarco of Fallbrook, and Linda Hoffman of San Diego.

Any woman of Scandinavian descent, or married to a person of Norwegian birth or descent, is eligible to join the lodge; the next meeting is Saturday, Aug. 12, 10 a.m. at the Fallbrook Woman's Club, 238 W Mission Road. For more information, email Zinsli at szinsli865@aol.com.

Submitted by Hulda Garborg Lodge #49.



The Daughters of Norway Grand Lodge Board members are, from left, four-year trustee Sharon Norem Knudsen of Iowa, two-year trustee Karen Freeman of Minnesota, secretary Sharon Jordan of Washington, treasurer Jane Howard of Washington, president Joy Tweedt Cook of California, judge Karen Karpen of California, vice president Carlene Garner of Washington and financial secretary Randi Lundell of Minnesota.

Adopt a furry friend at Fallbrook Animal Sanctuary



Come meet Forsythe, a fun-loving dog who loves his toys, at the Fallbrook Animal Sanctuary; he wants to be adopted. He's around four years old and fully vaccinated and neutered. To meet Forsythe, make an appointment by emailing info@fallbrookanimalsanctuary.org or leave a message at 760-685-3533. No walk-ins. FAS is located at 230 W. Aviation Road.



Phil and his siblings were raised in a loving foster home and are spayed/neutered, vaccinated and microchipped. They are 10 weeks old and ready for adoption at Fallbrook Animal Sanctuary, located at 230 W. Aviation Road. FAS takes no walk-ins. Email to schedule an appointment at info@fallbrookanimalsanctuary.org or call/text 760-785-3533.

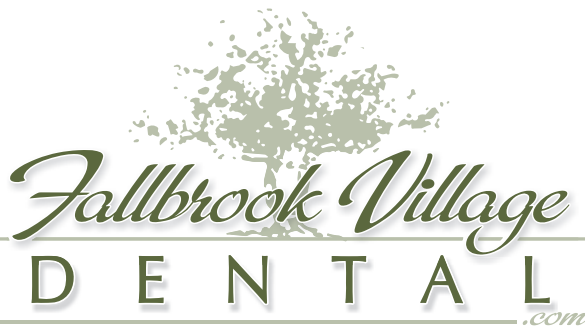


18 month old Sabrina is a young momma who has just raised her family of five kittens. Now she's looking for a people-family to adopt her and take good care of her. She loves to cuddle. Contact Fallbrook Animal Sanctuary to make an appointment at 760-785-3533 or info@fallbrookanimalsanctuary.org. FAS is located at 230 W. Aviation Road. No walk-ins.

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Fallbrook United Methodist Church's new pastor Rev. Saul Montiel



Fallbrook United Methodist Church welcomes Reverend Saul Montiel as the new pastor.

The Fallbrook United Methodist Church welcomes a new pastor, Rev. Saul Montiel. He brings 22 years of experience both with missionary service on the General Board of Global Ministries and as a pastor with assignments in Arizona, El Cajon and most recently in Downey, California.

He received his Master of Divinity Degree from Claremont School of Theology and a Master of Education from Arizona State University and another from the University of Phoenix. His BA was at Vanguard University in Southern California in Leadership and Administration.

He and his wife Mariana have a blended family with six children. He was born in Guaymas, Sonora, Mexico. He brings an understanding of multicultural issues and extensive knowledge of the Pacific Southwest. His spirit of humility, deep heart for Jesus and trust in God's grace, with passion for leading worship will serve him well in Fallbrook.

Fallbrook United Methodist Church is located at 1844 Winterhaven Road (corner of Winterhaven and Green Canyon) and celebrates worship Sunday mornings at 10 a.m.

Submitted by the Fallbrook United Methodist Church.

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STANDARDS

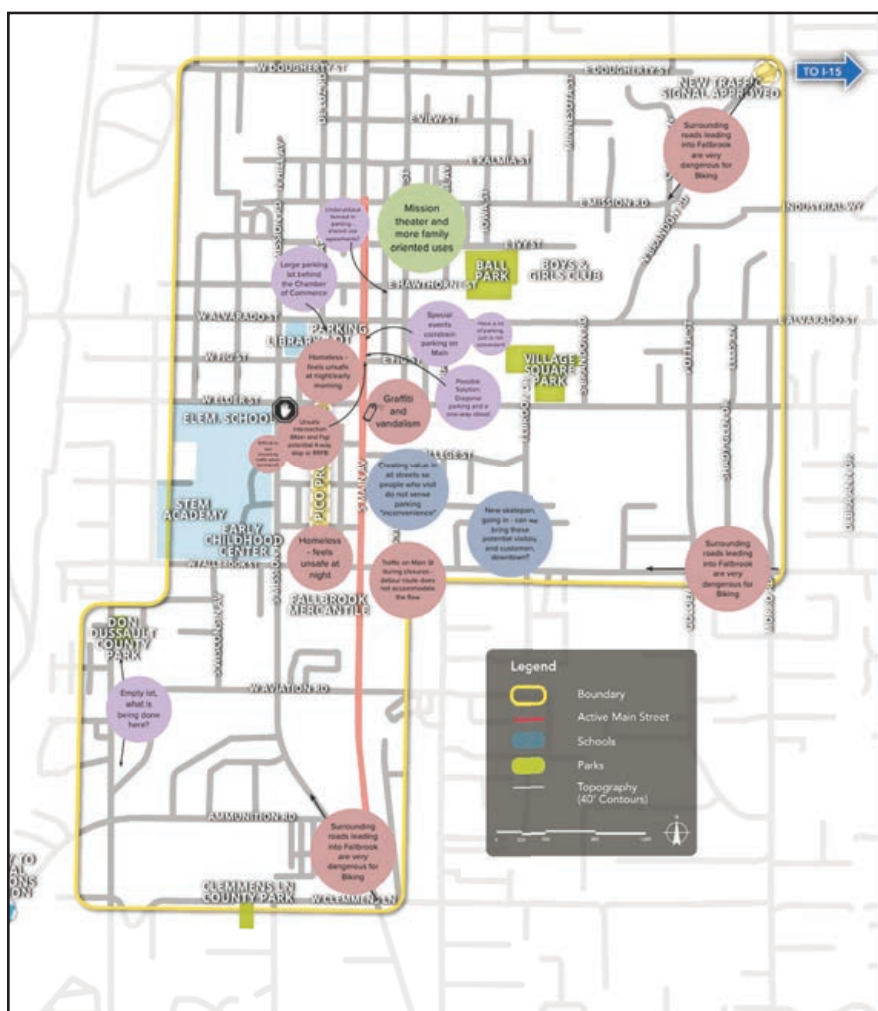
from page A-1

the Design Review Standards. The county frequently holds digital meetings, in person booths at

events like the Harvest Faire, and other opportunities for creative engagement.

The Planning Group emphasized the county support they've had in developing these standards with

the community, and in the words of Delaney, "These Design Standards are our future."



Fallbrook Sub-Area Plan
Focus Group - Business
 September 8, 2021

Vision
 What does a "revitalized" Downtown Fallbrook look like in 2 to 10 years?

- Active Business Community
- Encourage new businesses, new vacant buildings
- Get more community members and business owners involved
- Support local businesses
- Pedestrian promenade
- Mix of different businesses
- Businesses open all night
- Walkability and places to eat outside
- More reasons to come downtown
- More locals and tourists shopping Downtown
- Becoming a destination

Uses, Amenities, and Character
 How would you describe the character of Downtown? What should be preserved? What do you see as new or enhanced?

- Enhance night life and options for younger community
- More outdoor dining
- Enhanced walkability
- Quaint and unique
- Increased business hours and days of operations
- Opening on Sundays
- Enhanced signage
- Foreign businesses/retailer groups or programs

What types of uses in Downtown should be kept? What are new uses that would be beneficial?

- More small businesses
- More options for food & beverage
- More community in hours and support
- Recreational activities for families
- Arcades, activities for kids
- Movie theater
- Music
- Dentists
- More non-office space (mixed-use food, etc)

What kinds of amenities are important to the future of Downtown Fallbrook? How can we attract visitors, customers, and new businesses?

- New restaurants, bars, cafes, and other amenities
- Promenade (Santa Monica 3rd St Promenade Example)
- Public gathering spaces near businesses
- Creating plazas and open spaces where people want to stay
- Addressing the transportation issues in some areas
- Public Parking options (garage)
- Water features and children's play
- One-way street for two blocks for more public space
- Creating more office space at street level to encourage more foot traffic

Are there safety or security concerns at specific locations? What solutions should be explored?

- Addressing the transportation issues in some areas
- Pico Promenade
- Lighting as a solution
- Graffiti and vandalism
- Public art to help bring community together and make the area more vibrant
- Surveillance cameras to help monitor the area and provide security for the community

This map emphasizes important features of downtown Fallbrook.

Village News/Courtesy photos

Community sourced design values and wants for the downtown area, also used to inform Design Review Standards.

REFUGE

from page A-1

to help, offering to sponsor the family through United for Ukraine, a program that offers immediate work permits and social security numbers on a temporary basis for Ukrainians that have a family willing and able to help them get on their feet in America.

Tetiana Dupon is originally from Ukraine, she's been here for eight years. Hanna Rohozhynska is her best friend; they met at work 11 years ago. Seeing what has been happening during the war in Ukraine has been difficult for her, so far away from home. When they first started hearing about it on the news Freddy said "We can help. We can help whoever wants help."

At first Freddy was shocked by how many people didn't want to come to America. Instead they fled to Germany and Poland, "Staying close to Ukraine so they could return when the fighting ended," explained Freddy. Now, as the brutal conflict continues without an end in sight, many have realized that a return to home may not ever be possible, and are willing to get to work immediately in the hopes of rebuilding their life in the United States.

This is the case for the

Rohozhynskas whose house was built on government owned land that developers and housing aid groups are unwilling to begin rebuilding on, according to Freddy.

The process to sponsor a family from Ukraine involves filling out an I-134A Form, requiring the disclosure of all financial information to prove means to support a family while they begin working.

Tetiana is hopeful, "[Igor] is very good with his hands; he can build a house from scratch and knows about woodworking." The family is working on getting him hired on the expansion build for the elementary school that his children are set to attend. Hanna will be home with the baby while they establish housing.

Tetiana and Freddy are expecting a full house, as they're also trying to help Tetiana's brother escape Ukraine. They only have one bedroom to use in their home for hosting, but they're willing to give it to the family for as long as it takes to find other accommodations, "We're looking for low income accommodations, maybe an RV, while they get on their feet."

Freddy emphasized just how great of a leap Hanna and Igor are taking, "They're going to need

everything, spoons, a microwave, they're completely restarting their life."

"We're doing everything we can," Tetiana added "We're willing to give all we have, she's my best friend."

The process has been difficult, "When you apply and you don't hear back for months, you wonder what's happening," said Freddy. After reaching out to others that have also participated in the program, they found that it usually takes around 90 days.

"If the process continues as expected, they should be here at the end of October," added Freddy.

North Coast Church in Fallbrook is helping the Dupon's coordinate donations for the family to set them up with the essentials. For more information, call the church at 760-724-6700.

View of the family's destroyed home, still smoking after being hit by Russian bombs.

Village News/Courtesy photos



PALA

from page A-1

Chief Brian Marshall.

Smith, Ward and Marshall signed the document. Pala Tribal Council Vice-Chair and Pala Fire Chief Anthony Ravago noted that fire department mutual aid agreements with the state have existed since 1950. "It took 72 years to get a tribe to be on there," Ravago said.

"This is the first time a tribe has entered into an agreement like this with the State of California, and we are proud to be leading the

way," Smith said. "We are setting new standards."

Pala has had a fire department since 1978 and has had advanced life support paramedics since 2006. Not including administration, the Pala Fire Department currently has 27 personnel, allowing for three shifts with nine members per shift. Not including the state-owned vehicle, the fire department has two Type III brush engines, two Type I engines for structural fire, a water tender and a water resource unit along with utility vehicles. The fire department contracts for ambulance service. Not including mutual aid, the

Pala Fire Department area is approximately 13,000 acres, or just over 20 square miles.

"They're trained personnel and should be part of the mutual aid agreement," said State Assemblywoman Marie Waldron, who also spoke July 20.

"Today goes a long way to recognize all the tribal firefighters," Waldron said. "I'm tremendously appreciative of all the teamwork."

In the event mutual aid is needed to fight a wildfire, Pala firefighting personnel on their shift will use the state-supplied vehicle. Firefighters from other shifts will be called to staff the station in the absence of

those on the strike team, and the Tribe will be reimbursed for the additional personnel on duty.

"It's been in the works for years," Ravago said. "We made this possible."

OES has more than 270 fire engines throughout the state. "We're leaving no stone unturned to ensure we have an innovative and novel approach to emergency response," Ward said.

The National Wildfire Coordinating Group consists of representatives from various Federal agencies along with the National Association of State Foresters. The group's standards

for a Type III engine include a water tank capacity of at least 500 gallons and a flow of at least 150 gallons per minute at a pressure of 250 pounds per square inch.

Pala and OES leaders look forward to Pala being the first but not the only tribe to have a formal mutual aid agreement with OES. "The Pala Band of Mission Indians, the Tribal chairman, the fire chief are leading the way for other tribes," Ward said. "It's a process, but we are counting on other tribes to follow in Pala's footsteps."

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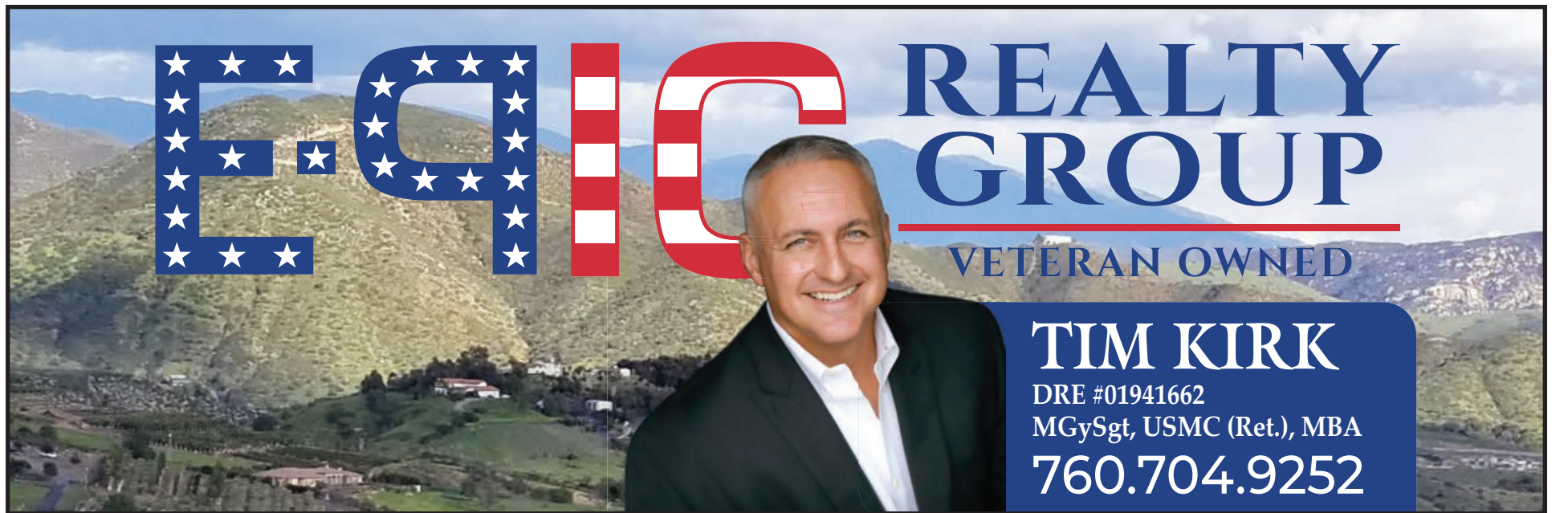
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Backpack giveaway at Food Pantry



From left, Father Leland Jones, Mary Manesis and John Winger help sort backpacks provided by St. John's Episcopal Church to be distributed for free to children at The Fallbrook Food Pantry, July 21.

Village News/Shane Gibson photos



Families with children receive free backpacks with supplies provided by St. John's Episcopal Church.



Abraham Flor, 6, smiles as he receives a free backpack and school supplies at the Fallbrook Food Pantry.



Odalis Bibiano, 14, smiles as she receives a free backpack with school supplies at the Fallbrook Food Pantry.



Michael McCormick, a St. John's Episcopal Church member who organizes the free backpack distribution every year helps sort the backpacks at the Fallbrook Food Pantry.

ENTERTAINMENT

Fallbrook's Encore Club gathered for a fun-filled happy hour

Fallbrook's Encore Club recently held a Happy Hour at Myrtle Creek Vineyards, a family run boutique winery who make quality, hand crafted wine and are located in Fallbrook. The winery provided the perfect backdrop for a beautiful afternoon of appetizers and wine tasting, in addition to great conversation, laughter and friendship.

Encore is a community social club open to all residents of Fallbrook, Bonsall, Rainbow and De Luz. The mission of the club is to provide a foundation for residents to meet one another, create friendships and enjoy common interests through the broad range of activities offered through the organization. Young and old, singles and couples; all are warmly welcome to join.

Each month members gather with coffee, tea and breakfast delectables. There is a different guest speaker covering a wide range of subjects that are always interesting and informative.

Additionally, members are able to mingle, sign-up for the social events they are interested in during the upcoming weeks and learn about all the organization is planning and facilitating for their

enjoyment. The range of activities offered represent the variety of interests and passions that their membership holds. Some of these activities include Wine and Dine, Food and Fun (dinner and game night), Card Games (Hand & Foot, Mahjong, etc), Book Club, Go Activities (out on the town), Special Events, Seasonal Engagements and even Group Travel opportunities, to name a few. There is truly something for everyone!

Encore is currently on summer break with their monthly meetings, which will resume in September, but are still holding various activities over the summer so everyone can stay connected. The upcoming weeks will include Happy Hour at the Fallbrook Winery, various Card Game groups and Go Activities including gourd vase painting. The board members are also busy this summer planning some new, exciting activities and excursions for the year!

To learn about joining Encore, visit www.fallbrookencoreclub.com for further information.

Submitted by Fallbrook Encore Club.

Encore Club hosted a happy hour for its members at Myrtle Creek Vineyards.

Village News/Courtesy photo



Pala Casino presents Smokey Robinson

PALA — Pala Casino Spa Resort is excited to present acclaimed singer-songwriter, Smokey Robinson, Saturday, Aug. 19, performing live outdoors at the

Starlight Theater. The show will start at 8 p.m.

Smokey Robinson's career spans over four decades of hits. He has received numerous awards,

including the Grammy Living Legend Award, NARAS Lifetime Achievement Award, Honorary Doctorate (Howard University), Kennedy Center Honors and the National Medal of Arts Award from the President of the United States. He has also been inducted into the Rock & Roll Hall of Fame and the Songwriters' Hall of Fame.

Born and raised in Detroit, Michigan, Robinson founded The Miracles while still in high school. The group was Berry Gordy's first vocal group, and it was at Robinson's suggestion that Gordy started the Motown Record dynasty. Their single of Robinson's first No. 1 hit on the R&B singles chart. In the years following, Robinson continued to pen hits

for the group, including "You've Really Got a Hold on Me," "Ooo Baby Baby," "The Tracks of My Tears," "Going to a Go-Go," "More Love," "Tears of a Clown" (co-written with Stevie Wonder) and "I Second That Emotion."

In addition to writing hits for the Miracles, Robinson wrote and produced hits for other Motown greats, including The Temptations, Mary Wells, Brenda Holloway, Marvin Gaye and others. "The Way You Do the Things You Do," "My Girl," "Get Ready," "You Beat Me to the Punch," "Don't Mess with Bill," "Ain't That Peculiar" and "My Guy" are just a few of his songwriting triumphs during those years. He later turned to a solo career where he continued his tradition of chart-

topping hits with "Just to See Her," "Quiet Storm," "Cruisin'" and "Being with You," among others.

Following his tenure at Motown, Robinson continued his impressive touring career and released several successful solo albums. Throughout his 60-year music career, Robinson has accumulated more than 4,000 songs to his credit and continues to thrill sold-out audiences worldwide with his high tenor voice, impeccable timing and profound sense of lyric and style.

Tickets are on sale now at the Pala Box Office, www.palacasino.com or www.etix.com.

Submitted by Pala Casino Spa Resort.

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Fri-Thurs 11:15am 2:00pm 4:45pm 7:30pm

HOTEL TRANSYLVANIA PG
Mon-Thurs 11:00am

MEG 2: THE TRANCH TBC
Thurs 7:15pm

MISSION IMPOSSIBLE - DEAD RECKONING PART ONE PG13
Fri-Tues 12:00pm 3:35pm 7:15pm
Wed 11:45am 3:35pm 7:15pm
Thurs 11:45am 3:35pm

OPPENHEIMER R
Fri-Mon 11:30am 2:10pm 3:15pm 7:00pm
Tues-Thurs 11:30am 3:15pm 7:00pm

SOUND OF FREEDOM PG13
Fri-Tues 11:00am 1:20pm 4:25pm 7:25pm
Wed-Thurs 1:20pm 4:25pm 7:25pm

TEENAGE MUTANT NINJA TURTLES: MUTANT MAYHEIM PG
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Fallbrook Art Center presents annual “The Find Magnified Show” exhibition and sale opening July 29

Fallbrook Art Center is thrilled to announce its highly anticipated annual event, "The Find Magnified Show," which will showcase an exquisite collection of one-of-a-kind, affordable artful gifts created by over 40 talented local artists. The event will feature a diverse range of mediums, including woodworking, glass, textile arts, ceramics, jewelry, gourd art, cards and more.

"The Find Magnified Show" is a celebration of the vibrant artistic community in Fallbrook and the surrounding areas. It provides a unique opportunity for art enthusiasts and gift seekers to discover exceptional pieces that are both visually captivating and reasonably priced. With a wide variety of mediums and styles represented, there is something to suit every taste and preference.

The exhibition will be held at Fallbrook Art Center, 103 S. Main Avenue, Fallbrook, and will run from July 29 to Sept. 10. Admission is free. The hours will be Tuesday through Saturday, 10 a.m. to 4 p.m.; Sunday, noon to 3 p.m.; closed Mondays. Whether you are looking to add to your personal collection or find the perfect gift for a loved one, "The Find Magnified Show" is an event not to be missed.

"We are excited to showcase the incredible talent of our local artists through 'The Find Magnified Show' exhibition," said Brenda Andrews, Director of the Fallbrook Art Center. "This event not only provides a platform for artists to showcase their work, but also offers the community an opportunity to support local art and find unique, handcrafted gifts."

For more information, visit www.fallbrookartcenter.org or contact info@fallbrookartcenter.org or 760-728-1414.

Submitted by the Fallbrook Art Center.



The Fallbrook Art Center presents "The Find Magnified Show," a collection of artful gifts created by more than 40 local artists.

Village News/Courtesy photo



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HEALTH

Living with COPD? How to navigate palliative and hospice care

StatePoint Media
Special to the Village News

Chronic obstructive pulmonary disease (COPD) is also referred to as emphysema or chronic bronchitis and makes it hard to breathe. During every stage of the disease, starting when a person is first diagnosed, different supportive care options are available that can improve quality of life, including palliative and hospice care.

It's important for families affected by COPD to have a plan in place regarding these care options. Having trusted tools and information can make getting the conversation started with healthcare providers easier.

That's why the American Lung Association, in partnership with Embassy Health, has launched a new campaign to educate patients and families about the benefits and differences of palliative and hospice care.

Palliative Care

Palliative care provides specialized medical care for people living with a chronic or serious illness. Surprisingly to many patients, it's appropriate at any stage of COPD. Early delivery of palliative care has the potential to reduce unnecessary hospital admissions and the use of health services. In fact, it's never too soon after a COPD diagnosis to ask a healthcare provider about adding in palliative care.

The intent of palliative care for those living with COPD is to improve their condition, manage symptoms and address their wishes and treatment goals. These services are often provided by a team of palliative care specialist doctors and nurses, social workers, nutritionists and spiritual advisers, and can take place in the home, a hospital, outpatient clinic, assisted living facility, nursing home or palliative care center.

Hospice Care

When curative treatment options stop working, it's often referred to as end-stage or advanced COPD. This can be an extremely difficult time for patients and families, and a time where they need to make difficult decisions.

One treatment option for advanced COPD is hospice care. Hospice care focuses on bringing comfort and relief to a person with life-limiting COPD who has opted to no longer seek curative treatment. The goal is to consider the patient's overall wellbeing and improve the quality of their life.

While many worry it's too soon to start talking about hospice care, many patients discover that it comprises much more than end-of-life care.

When Carolynne, who has COPD, was hospitalized due to a severe exacerbation of the disease in November 2022, her healthcare team was especially concerned about her future and suggested



Village News/Jovanmandic photo/iStock via Getty Images Plus

hospice care. As she learned more, she began to understand that hospice encompasses supportive in-home care that could help prevent hospitalizations with another COPD flare-up.

Carolynne's hospice care includes assistance with showers and medication, weekly nurse check-ins, chaplain visits, and in-home healthcare so that she doesn't have to travel to numerous medical appointments. This level of support has allowed her to focus her time and energy on her family

and her favorite hobby, baking.

"I am living at home, and I can do as I please and hospice is helping me do it," Carolynne said. "It's just a different style of living; you are living with help."

Hospice care is delivered by a multidisciplinary team that can consist of nurses, doctors, social workers, spiritual advisors and trained volunteers. Everyone works together with the patient and their caregivers to provide medical, emotional and spiritual support. An approach to care, not

a place, hospice can be offered in the home, a care center, hospital, assisted living facility or hospice center.

For more information about COPD care options, visit Lung.org/copd-plan.

For the 12.5 million people in the United States living with COPD and their families, having reliable information about supportive care options can mean fewer hospitalizations and a better quality of life.

Healthy Habits for Bonsall & Fallbrook Folks – Dyscalculia – When math is a problem



Math doesn't come easy for every learner and not every single brain develops the same exact way.

Village News/Courtesy photo

Dr. Megan Johnson McCullough
Special to the Village News

The field of mathematics comes easy for some and is quite the "problem" for others. We are presented with the basics in our elementary years of schooling and can progress to as far as calculus and beyond. Some of us can memorize equations and numbers, while others can actually apply math to real world functions.

Many people have heard of dyslexia which is when a person has trouble with reading, spelling and writing. There are nearly 3 million people diagnosed per year in the U.S. with dyslexia. But.....have you ever heard of dyscalculia?

This is a learning disability in which a person has impaired ability to learn number-related concepts, such as math skills like reasoning and problem solving. It is sometimes called number dyslexia or math dyslexia. It is true that dyslexia can be related to dyscalculia especially with math word problems.

It is very important to note that just because a person has a learning disorder, that does not mean they're less intelligent or less capable. Dyscalculia is when a person struggles with their number sense.

Concepts that are difficult could be subjects such as smallest versus biggest, and/or understanding that the word "five" and the number "5" are the same and represent that same amount. It is mainly pointed out between the ages of six and nine when math concepts are presented. A person's brain who has dyscalculia is considered neurodivergent. This is related to neurodiversity, which means that no two persons' brains develop the exact same way.

Many people might think that "2+2 = 4" is basic math. Just this equation uses many parts of the brain that have to work together. All of these parts include short-term memory, long-term memory, visual processing, language, understanding quantitative and amounts, and calculation.

Short-term memory helps you recall specifics about math problems, such as numbers, amounts and symbols. Long-term memory helps you recall the process of solving the problem. The brain is using memory to identify the associated items in the problem such as the addition sign. Visual processing takes what you see looking at the problem and sends it to the brain to process.

Language is translating math symbols to their meanings. Understanding quantitative and amounts is the association that the number "2" is referring to that specific amount/quantity. Calculation is the entire process of the brain telling you that "2+2 = 4."

An educational professional will determine the diagnosis. Treatment in most cases requires a one-on-one learning program. It is best to treat it as soon as possible because unfortunately, dyscalculia is considered untreatable in adults. The adult brain is fully developed, and other technologies can be used to adjust to circumstances.

Early intervention is highly recommended. Our brains are incredible entities, but sometimes, special attention is needed to help the brain do its job.

Megan Johnson McCullough, EdD, recently earned her doctorate in physical education and health science, is a professional natural bodybuilder and is a National Academy of Sports Medicine master trainer.

Favors for Neighbors

Favors for Neighbors is a 501(c) (3) certified Non-Profit focused on helping the senior community **AT NO COST** to them and to help them avoid getting ripped off, scammed, and have less risk of injury. One lady was charged \$100 just to change smoke alarm batteries, another \$120 to change HVAC filters. We help seniors with things they can't do for themselves or can't afford - like home repairs, weed abatement to minimize fire, home cleaning, household organization, incorrect billing issues and much more. We provide a repair service, but what we're really delivering is **KINDNESS**, companionship, compassion if only for a few hours - to change their state from isolation and depression to **A BIG SMILE OF GRATITUDE - every time.**



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FRHD community grant funds healthy life skills lessons at D’Vine Path

FALLBROOK — With the help of involved supporters such as the Fallbrook Regional Health District, D’Vine Path has had the opportunity to grow tremendously during this last year. From the expansion to the Oak Creek Manor in Fallbrook to the implementation of new pathways for students, D’Vine Path has grown in many ways this year due to the love and support from the community.

D’Vine Path has been providing vocational training to neurodiverse individuals in San Diego County for multiple years. The program includes pathways in viticulture, horticulture, culinary and hospitality, as well as arts and marketing. FRHD has been actively supporting D’Vine Path from the very beginning in 2019, providing grants, resources and learning opportunities.

With the latest grant from FRHD, D’Vine Path had the opportunity to continue the Healthy Life Skills program, which helps to ensure that the students are making strong choices that will positively impact themselves and their future. The Healthy Life Skills aims to teach the students skills in setting boundaries with others, social skills, making conscious nutrition decisions, as well as gaining work experience and practicing independence.

“I will give credit to the Fallbrook Regional Health District for being one of the very first supporters of D’Vine Path,” said Executive Director Lenila Lingad Batali. “They have helped us fund multiple workshops that have given our special students the tools they desperately need to live healthy and meaningful lives.”

The Healthy Life Skills program allows the students to grow personally and professionally in order to benefit themselves. Due to the generosity of the Fallbrook Regional Health District, D’Vine Path is able to teach more than 30 students about caring for themselves and making healthy decisions.

For more information about the nonprofit D’Vine Path, visit <https://www.dvinepath.org/>. Submitted by D’Vine Path.

D’Vine Path Executive Director Lenila Lingad Batali and her daughter Tiana Batali accept a check from Fallbrook Regional Health District’s Chief Executive Officer Rachel Mason to help fund the Healthy Life Skills program.



Village News/Courtesy photo

TrueCare to hold annual Family Health Fair and Breast Milk Drive



TrueCare’s annual Family Health Fair and Breast Milk Drive is family friendly.

Village News/Courtesy photo

SAN MARCOS – Everyone is invited to the annual family-friendly health fair and breast milk drive with free goodies for attendees and fun activities for the kids, Saturday, Aug. 12 from 9 a.m. to 12 p.m. at TrueCare San Marcos, located at 150 Valpreda Road. There will be giveaways and prizes for the entire family.

Entertain the kids at the activity booth, talk with compassionate providers and staff, spin the wheel for prizes or take a break in the Cool Zone tent. Community partners will also join us with demonstrations, such as how to do infant massages, among many other interactive experiences and information.

Fair activities includes free diapers, free food distribution, activities for children, dental screenings/fluoride varnish, lactation consultation, behavioral health, chiropractic information for breastfeeding, health screenings, blood pressure and blood sugar checks, immunizations, insurance enrollment assistance information, breast milk drive, blood drive benefiting the San Diego Blood Bank and more while supplies last.

Donate breast milk

Share the benefits and help a baby thrive. In partnership with University of California Health Milk Bank, TrueCare is hosting a breast milk drive during our health

fair to collect nutritious human donor milk to babies in need.

For a nursing mother with extra milk, the donor enrollment process is easy and online. Register at the University of California Health Milk Bank portal at <https://uhealth.service-now.com/csp>.

For questions or to get started with donor enrollment, contact UC Health Milk Bank at ucmilkbank@health.ucsd.edu or call 858-249-6455.

For more information, visit <https://truecare.org/blog/annual-health-fair-and-breast-milk-drive-saturday-august-12/>.

Submitted by TrueCare.

What is hospice care and who is eligible?



Dr. Leslee B. Cochrane
Special to the Village News

Hospice care is a medical service that promotes compassionate care, support and comfort to patients when they have been diagnosed with a life-limiting illness with a prognosis of six months or less; however, many patients live beyond this period.

Hospice is covered by Medicare and most private insurance and provides home visits from an interdisciplinary team including

nurses, physicians, home health aides, spiritual care and medical social workers who assist the patient and family in developing a patient directed plan of care. Hospice also covers the cost of all medications, medical equipment and supplies required to manage the hospice related conditions and all care is provided in the comfort of the patient’s place of residence.

Cancer, heart disease, dementia, lung disease and stroke are five common diagnoses seen in hospice patients. However, that does not mean that hospice programs are exclusive only to patients with those conditions.

Other situations or conditions that may prompt hospice include:

- Repeated or frequent hospitalization in the last six months
- Patients with difficulty performing their daily living activities (e.g., eating, bathing, toileting)
- Patients with declining cognitive and mental abilities
- Impaired nutrition and weight loss due to illness
- Continued decline despite curative treatments or opting to end curative treatments to improve comfort and quality of life

Early admission to hospice care

enables families to navigate this difficult season in life and focus their attention and energy into what is most important. When selecting a hospice provider, you should review Medicare Compare (<https://www.medicare.gov/care-compare>) which ranks hospice providers on a 1 to 5 star scale, based upon Family/Caregiver Satisfaction Survey Ratings. If you or someone you know currently suffers from any of the above conditions, then it is time to consider hospice care as part of your end-of-life care plan.

Leslee B. Cochrane, M.D., is the executive medical director of Hospice of the Valleys.

Dr. Leslee B. Cochrane is the executive medical director of Hospice of the Valleys.

Village News/Courtesy photo

National Make A Difference To Children Month: The benefit of working with youth in foster care goes both ways

SAN DIEGO – July is National Make a Difference to Children Month, and there are volunteers who take time to support local children living in foster care – Court Appointed Special Advocate volunteers, also known as CASAs.

These special volunteers are supported by Voices for Children, the only local nonprofit organization certified by the courts in San Diego and Riverside counties, to recruit and train CASA volunteers.

When community members become CASAs, they help vulnerable children living in foster care cope with many challenges. These advocates ensure the children they serve are safe, and their needs are met while they navigate living in foster care. What they don’t expect is how much they will gain from the experience.

CASA volunteers are often the only stable, trusted adult in the life of a child in foster care, someone who will speak up for them – in court, in school and in the community – to make sure their voice is heard and advocate for their best interests. From monitoring a child’s progress in school to ensuring they have glasses to providing written reports at court hearings and collaborating with the child, family members, and all the professionals in the child’s life, a CASA connects the puzzle pieces of an intricate child welfare system.

“I observed firsthand the impact that CASAs have on their case children,” Susan D. Huguenor, a retired juvenile court judge who serves on Voices for Children’s board of directors, said. “CASAs are confidants and advocates for the kids, enabling judges to see and understand the youths they preside over. CASAs truly change lives.”

Volunteers sign up to make a difference in a child’s life but said they are affected in meaningful ways they never imagined.

José Contreras has been a CASA

volunteer for five years, helping San Diego youth in foster care feel seen and heard.

“You definitely get more out of being a CASA than you’ll put into it,” Contreras said. “In my case, I’ve learned to be humble about the situations people are in. I’m more careful about prejudging people because you never know where they came from or what they’ve been through.”

One of his most impactful moments was visiting his case child after a successful reunification with his family.

“Seeing the entire sibling group back together was incredibly rewarding,” Contreras said. “The child appreciates everything I do for him, and the mother appreciates that I have been a positive male role model in his life. I feel honored to help guide children’s futures.”

Each CASA volunteer undergoes extensive background checks, makes an 18-month minimum commitment to the program and completes a 35-hour training program focused on all aspects of a child’s well-being and development.

“We train and support CASA volunteers so they have the skills, knowledge, and preparation necessary to advocate for their assigned children,” Jessica Muñoz, president and CEO of Voices for Children, said. “Time and again volunteers share with us how they are changed and inspired by the resilience they witness in the children they serve.”

This past year, over 1,300 CASAs and Voices for Children staff supported more than 3,400 youth in foster youth between San Diego and Riverside counties. But more children come into care across the region and need a CASA every day. To learn more about becoming a CASA or donating to the program, visit <http://speakupnow.org>.

Submitted by Voices for Children.

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SCAN TO LEARN MORE

SPORTS

Winton named Valley League pitcher of the year

Aybeta, Hernandez also given all-league honors

Joe Naiman
Village News Reporter

The Valley League softball coaches selected Fallbrook High School sophomore Hana Winton as the league's pitcher of the year for 2023.

Winton was also chosen as a member of the all-league first team. The second team included

juniors Paige Aybeta and Valerie Hernandez.

"I wish we could get more spots, but we've got to do a little more to get there," Fallbrook coach Lisa Stehle said of having three all-league players.

The Warriors were 2-6 in Valley League play for fourth in the league standings. Fallbrook's 5-13 overall record includes a

loss in the first round of the CIF Division IV playoffs.

Although Winton had a 2-4 win-loss record in league games with a 4.34 earned run average in 38 2/3 innings, she struck out 62 league opponents while allowing 41 hits, 21 walks and three hit batters. Only one of the 196 batters she faced in league play homered against her.

"It was just like a great honor for me, honestly. It was unbelievable when my coach told it to me," Winton said of her league pitcher of the year award.

"The coaches can see what she's doing," Stehle said. "Hana puts a lot of work in on and off the field," Stehle said. "She has a lot of movement in her balls."

All-league recognition is supposed to be based on performance during league games only. Winton was 4-7 overall with a 3.08 earned run average in 77 1/3 innings. She struck out 142 batters while allowing 62 hits, 42 walks and three hit batters. She faced a total of 371 batters with the Oceanside home run being the only four-bagger she allowed.

"She's throwing on average 64 miles an hour," Stehle said. "That's significant, especially as a sophomore."

Last year San Pasqual's Ally McKinley, who was a freshman in 2022, threw a no-hitter in league play and was 6-1 with one save against league opponents. McKinley was the 2022 Valley League pitcher of the year.

"She was actually one of my old teammates from my travel team, so I was very happy for her," Winton said.

Winton and McKinley played together for the Power Surge club, which is based in San Diego.

San Pasqual was moved to the Palomar League for 2023, which eliminated the possibility of McKinley repeating her Valley League pitcher of the year award. "I'm still shocked that I got it," Winton said.

This year Winton threw a no-hitter in league play when the Warriors were at Vista. "That helped, definitely," Winton said of being named Valley League pitcher of the year.

Winton would have made the all-league first team solely for her pitcher of the year status, but she also contributed while at the plate and on the bases. Her .304 league batting average reflects seven hits including a double in 23 at-bats. Winton also drew two walks, scored twice and drove in two teammates during league play. Her overall batting average of .381 is from 21 hits including two doubles and three home runs in 56 at-bats. Winton walked three times during the overall season, scored nine runs and had nine runs batted in.

"I'm very, very happy to just have all of these accolades," Winton said. "I promise to do better in the future."

Stehle expects Winton to fulfill that promise. "I know that there's going to be great things coming from her," Stehle said. "I'm super proud of her."

Last year Winton was also on the Valley League first team. The all-league awards are the first for Aybeta and Hernandez. "They also put their time in," Stehle said.

Winton was a team captain for the 2023 season, and so was Hernandez. "It was great to watch her grow in that position and grow in her role," Stehle said of Hernandez.

Last year Baylee Howley, who was a Fallbrook High

School senior in 2022, was the Valley League's player of the year. Howley was the Warriors' catcher. Hernandez played second base and 2022 senior Lexi Perez was Fallbrook's starting shortstop. This year Hernandez played catcher with some activity at shortstop.

"It's not easy to come in behind Baylee, but Valerie did. She always has that whatever the team needs attitude," Stehle said.


For all the positions Hernandez played, she committed two errors in 74 total chances during league play for a fielding percentage of .973. Hernandez had 64 putouts and eight assists in Fallbrook's league contests. Her overall .980 fielding percentage reflects 153 total chances with 134 putouts, 16 assists and three errors. At the plate Hernandez batted .391 in league play with nine hits including a double, four runs scored, eight runs batted in and three stolen bases. She batted .340 overall with 17 hits including the double, ten runs scored, 11 runs driven in and four stolen bases.

Aybeta played first base last year and moved to third base for 2023 after 2022 third baseman Berlin Broussard transferred to Temecula Valley High School. "That's a tough position to come into, and she did it well," Stehle said.

At the plate Aybeta batted .360 in league games with nine hits including a double, three runs scored and five runs batted in. Her overall batting average was .351 and she had 20 hits including four doubles and a triple, 12 runs scored, 10 runs driven in and two stolen bases. "She has nice power in her bat," Stehle said.




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For additional information please contact the Nutrition Services at (760) 726-7092 ext.132.

El Departamento de Educación de California y el Departamento de Agricultura de los Estados Unidos (USDA) anunciaron su política de que este año escolar, se ofrecerán comidas saludables todos los días escolares a todos los estudiantes sin costo alguno. Típicamente, el hogar de un estudiante debe cumplir con los requisitos de elegibilidad de ingresos para calificar para comidas gratuitas o a precio reducido. Sin embargo, el Departamento de Agricultura de los Estados Unidos (USDA) emitió una guía que permite a las escuelas ofrecer comidas a todos los estudiantes sin costo alguno para el año escolar 2023-2024. Los sitios escolares se enumeran a continuación: Vallecitos Unified School District

Para información adicional, favor de ponerse en contacto con Servicios de Nutrición al (760) 726-7092 ext.132.

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Riley to play beach volleyball for CSULB



Annie Riley is going to play beach volleyball at Cal State University, Long Beach.

Joe Naiman
Village News Reporter

Annie Riley made the Fallbrook High School girls volleyball team

as a freshman in 2019 and was on the all-league first team both as a sophomore and a junior. Riley opted to focus on beach volleyball as a senior and was not on the 2022 Warriors, and the strategy paid off when Riley signed to play beach volleyball at Cal State University, Long Beach.

"I'm just really excited for the next four years," Riley said.

"Annie is a fabulous young lady. I'm looking forward to seeing how her future turns out," said Fallbrook volleyball coach Chip Patterson.

Riley was also considering the University of California, Santa Cruz; the University of California, San Diego; California State University Monterey Bay, and the University of Hawaii at Manoa before selecting Long Beach State. "They have an amazing marine biology program," she

said. "I just liked the campus as well and also they had my sport."

Last year the 49ers won the Big West Conference championship for the first time in the program's history. "I'm very excited. I can't wait to be surrounded by a team that's going to be like a good family," Riley said.

Riley is a lifelong Fallbrook resident who attended Bonsall Elementary School and Sullivan Middle School prior to her four Fallbrook High School years. She is the middle of three children, all girls. Her older sister, Ellie, was involved with dance and gymnastics. Her younger sister, Charlie, completed her junior year at Fallbrook High School in June.

When Riley played volleyball for Fallbrook, she was the Warriors' setter. As a freshman, she was also on the Warriors' junior varsity girls water polo team

and was a diver on Fallbrook's varsity swim team. She did not participate in high school aquatics after her freshman year. As a freshman and sophomore, Riley was a pole vaulter on Fallbrook's track and field team and, in her sophomore year, she placed third at the Valley League meet.

Prior to high school, Riley was involved in the indoor version of volleyball. She also competed in the Don Dornon Games and the Tomlinson Games track and field meets during her fourth-grade through sixth-grade years.

"I had been playing beach a little bit since eighth grade, but I really started playing in 2021," Riley said.

She joined the Tamarack Beach Volleyball Club, which is based in Carlsbad and competes in national tournaments. "I actually started playing beach volleyball

as a supplement to high school volleyball," Riley said.

Beach volleyball became Riley's priority. "I really loved it," she said. "It was a better fit for me."

That was at the expense of the high school team, but Patterson appreciates Riley's attitude of undertaking the measures necessary to play at the next level. "It's something that she was going to do to further her volleyball career," he said.

"She wanted to get better in beach. That's just how it had to be," Patterson said. "She set out to do something, accomplish a goal, and she did that."

That off-campus focus didn't diminish Riley's appreciation of Fallbrook High School. "I've had a great four years here," she said.

Tougher league, younger players presented challenges for Legionnaires softball

Joe Naiman
Village News Reporter

Bonsall High School's softball team was promoted to a higher league for 2023 after the Legionnaires ended 2022 as league champions. The 2022 Legionnaires included four seniors while the 2023 club had no seniors and only three juniors. Although the Legionnaires did not match their 2022 record, Bonsall still competed in the first round of this year's CIF Division V playoffs.

"I'm happy, but I also know there was a lot to improve on," said Bonsall coach Emily Casillas.

The Frontier Conference has two softball leagues: the Patriot League and the Summit League. Bonsall was in the Patriot League for 2022, and the Legionnaires had a 6-0 record in league play as part of an 11-5 overall record

which includes a loss to Borrego Springs in the first round of the CIF Division V playoffs. This year Bonsall was in the Summit League along with Bayfront Charter, Liberty Charter and Mountain Empire.

Bonsall was 1-4 in Summit League play this year. The Legionnaires were 6-6 overall including a first-round playoff loss to Chula Vista Learning Community Charter.

"We got kicked around a little bit," Casillas said. "It's a combination of being placed in a higher league with tougher competition and also team growth. I think we can definitely improve on that."

The 2023 team had five sophomores and six freshmen, and all four of the starting infielders were freshmen. "Most of them had played before. It's just a different level than what they're

used to," Casillas said.

The league win was against Mountain Empire at the Pala Sports Complex, where Bonsall's home games are played. The Legionnaires traveled to Pine Valley for a game at Mountain Empire. Bonsall had the lead, but after the Redhawks disputed an umpire's call and refused to take the field, the game was declared no contest rather than a Bonsall victory.

"When it ends like that there's a lot of attitude going around," Casillas said.

Bayfront Charter won the 2023 Summit League championship with a 6-0 record in league play including 11-1 and 18-1 triumphs over Bonsall. Liberty Charter was 4-2 in league play, losing twice to Bayfront Charter while winning a pair of 16-0 contests against the Legionnaires.

Bonsall's only non-league loss

during the regular season had a 16-15 score and closed out the regular season May 12 at Guajome Park Academy. The Frogs overcame a 9-0 deficit by scoring nine runs in the bottom of the third. Bonsall scored once in the top of the fourth and Guajome Park scored twice in the bottom of that frame. Each team scored three runs in the fifth. Two Bonsall runs in the top of the sixth gave the Legionnaires a 15-14 lead. The Frogs scored their final two runs in the bottom of the seventh. Guajome Park batters reached base twice by double, five times by singles, twice on fielding errors, six times as hit batters and 14 times by drawing a walk.

The CIF playoff selection and seeding meeting was held May 13. Bonsall was given the twelfth seed in the Division V playoffs. Chula Vista Learning Community Charter shared the Patriot League

title with a 7-1 league record, and the Cobras had the fifth seed in the Division V playoffs.

Bonsall's 2023 wins included a 12-9 victory over the Cobras when the two teams played each other April 20 in Chula Vista. Last year when both teams were in the Patriot League the Legionnaires won by 25-5 and 22-8 margins.

The May 16 playoff game in Chula Vista was thus Bonsall's first-ever loss to the Cobras. "That was a super close game," Casillas said.

The game was closer than the 18-13 Borrego Springs win in the 2022 playoffs when the Legionnaires were seeded immediately above the Rams and the game was played in Pala.

"We plan to come back bigger and stronger next year," Casillas said.

Warriors reach girls lacrosse playoff semifinals

Joe Naiman
Village News Reporter

Although Fallbrook High School's girls lacrosse team lost in the CIF Division II semifinals, the Warriors had previously not advanced that far in the playoffs.

"It was a great season," said Fallbrook coach Debbie Berg. "The girls played fantastic all year long, very consistent, great win-loss record."

The 9-7 loss to Our Lady of Peace finalized Fallbrook's season record at 17-3. A 5-0 Valley League mark gave the Warriors their first-ever league championship.

"The highlight of our season was definitely winning league," Berg said.

The Warriors were given the second seed in the Division II playoffs, which provided Fallbrook with a first-round bye. Valley Center had the seventh seed, giving the Jaguars a first-round home game May 10 against 10th-seeded Point Loma. The 16-7 Valley Center victory sent the Jaguars to Fallbrook for the May 12 quarterfinal match.

Valley Center had a 4-1 record in Valley League play with an 11-8 Fallbrook win April 22 in Valley Center turning out to be the game which decided the league championship. The two teams also had a non-league game March 21 in Fallbrook which ended as a 10-9 Warriors triumph.

Berg coaches field hockey as well as girls lacrosse for the Warriors. During the fall 2022 field hockey season, the Warriors and Jaguars played each other four times, and all four games had a one-goal margin. The two teams split their Valley League matches with each other and Fallbrook won a tournament game. The Warriors and Jaguars played each other for the CIF Division I championship, and Valley Center's 2-1 win gave the Jaguars the title.

The girls lacrosse playoff game between the Warriors and the Jaguars was an 11-7 Fallbrook triumph. "It was a good win for us," Berg said.

The field hockey rivalry enhanced the lacrosse playoff victory. "It felt good to come back in lacrosse and knock them out of the playoff picture," Berg said.

Six of Fallbrook's goals were scored by junior Shea Morgan, who also had one assist, three ground balls and two draw controls. Two other Fallbrook goals were from senior Taylor Sanchez, who added two assists and two ground balls.

One goal apiece was scored by junior Jasmine Uresti, freshman Ally Amato and freshman Aylin Ramirez. Uresti also had one ground ball, as did senior Erica Garcia and junior Myah Pack. Uresti and junior Neveah Brugman had one draw control apiece. Pack is Fallbrook's goalkeeper, and she made 11 saves against the Jaguars.

Fallbrook hosted the May 16 semifinal against Our Lady of Peace. "Things didn't go our way," Berg said.

"We had a couple of girls who were just purely exhausted and under the weather," Berg said. "We played hard. We put our best foot forward. It just didn't come out our way."

The Pilots advanced to the final. Mount Carmel's 15-7 win in that game gave the Sundevils the CIF Division II championship. Mount Carmel was responsible for one of Fallbrook's two regular-season losses; the Warriors' 8-3 loss March 8 was against Chaparral so the 17-8 Sundevils victory March 14 was Fallbrook's only regular-season loss to a CIF San Diego Section team. The Warriors followed that defeat with a 14-game winning streak which was ended by the loss to Our Lady of

Peace.

"It doesn't take anything away from our season," Berg said of the playoff loss. "I'm very proud of what the girls accomplished."

During the season including playoffs the Warriors scored 251 goals while allowing 134. "This is the best win-loss record we've ever had. This is the highest number of goals for and the lowest number of goals against," Berg said.

Fallbrook ended the season ranked 17th among the 62 San Diego Section teams from all divisions. The Warriors also had the largest junior varsity roster in team history. "We're excited. The program is growing by leaps and bounds," Berg said.

The Warriors' first-ever playoff

appearance was in 2021, when Sage Creek eliminated Fallbrook in the first round. The 2022 Warriors were 17-4 overall including a 6-4 first-round playoff win against Point Loma and a 14-5 quarterfinals loss to Sage Creek, and a 4-2 Valley League record gave Fallbrook second in the final standings. Last year Fallbrook compiled a ten-game winning streak, which was a school record until the Warriors won 14 in a row this year.

Garcia and Sanchez were the only seniors on the 2023 team. "We have many girls going off to play club this summer. It's going to make us even stronger for next year, so I have high hopes to win it all next year," Berg said.

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Writer reports his foray into farming

Tim O'Leary
Special to the Village News

I begin this story with the first verse of one of the greatest TV theme songs ever written. It is a metaphor for my life as I stand at the doorstep of my 70th birthday. I'm sure all of you know this tune by heart:

"Green acres is the place to be. Farm livin' is the life for me. Land spreadin' out so far and wide. Keep Manhattan just give me that countryside."

That ditty was written by Vic Mizzy as the introduction to "Green Acres," a sitcom that originally aired from 1965-1971. The iconic episodes are regular fodder for the cable stations that target old fogies like me.

Farming is in my blood, and I have 13 pets. Two cats, two kittens, four hens, two pullets, two pygmy goats and a chameleon. How I obtained each one is a story unto itself, but I won't go there.

My kin grew potatoes in Ireland before the blight sent them scurrying to six continents. My great grandfather cooked moonshine upon his arrival in America and parlayed those profits into a vegetable farm that eventually was passed onto his son.

Francis O'Leary had two children: a daughter and a son who became my father. When my father was in his late teens, his grandfather offered him a cut of the profits from the bean crop if that summer was blessed with abundant sun and rain.

Alas, my father left the farm and went to work for Kodak that fall when my grandfather reneged on their deal and used all of the profits from the bean crop to put a new roof on the barn.

Feeding his hungry brood, my father grew a large, luscious vegetable garden everywhere we called home over the years.

In time, I left the nest, but I have always favored the country over the city. Even in my restless years, when I eked out a subsistence wage via the written word, my blood ran green and the clamor of chickens and the lullaby of dairy cows echoed within me.

Agriculture was among my many beats during my first full-time job as a newspaper reporter. I was thrilled to be named an Honorary Chapter Farmer in 1985 by the Lompoc High School's Future Farmers of America chapter.

I have tracked agriculture and its salt-of-the-earth participants throughout my 42-year career in

journalism.

I kept my few chickens when I lived on a quarter acre in Quail Valley, which is now in Menifee.

My second wife and I purchased a 1.6-acre property in Fallbrook, and the joy of growing my own avocados became a sweet nectar to my farmer's soul. Years later we reluctantly stopped growing avocados when our water bills topped \$700 a month amid the cruel summer heat.

I kept a few chickens; one was named "Paul" for reasons unknown, and they provided a steady stream of fresh eggs. But some neighborhood dogs killed Paul and a couple of her companions one day when I let them wander outside the coop. Weasels got the rest of my hens when the creatures burrowed underneath the coop's exterior mesh.

My wife Margaret's departure for a care facility near Boston last summer left me with a big vacuum to fill.

I have done that by writing columns and interacting with my friends and my pets. I eat my fill of eggs and give the rest away, many to the hungry or needy. Folks rave about my cornbread and quiche, both made with double the eggs called for in their recipes.

I bought the pygmy goats after I drove by a place along Fallbrook Street that had a handwritten sign out front that read: "Two goats for sale." The young family had bought the creatures as small pets but eventually realized that their tiny yard was a pathetic, insufficient pasture.

The family was initially asking for \$500 for the male and female pair. But the adolescent kids and their parents settled on \$300 after I promised not to barbecue their beloved pets. Other prospective buyers had that fate in mind for the critters.

Thus now I care for "Honey" and "Miguel," whom I have lovingly nicknamed "Stupid 1" and "Stupid 2."

Margaret recently emailed me a query asking me why, on God's green earth, did I buy goats. I answered her accordingly:

"Oddly enough, the goats give me great joy. They needed a home, and I could provide it. A young family is thrilled that their pets got a larger, better home, and I made a good use of our dead swimming pool and its enclosure. Plus, caregiving is in my blood now. I have always been a servant of sorts, and my family has deep farming and animal care roots. God has richly blessed us," I said in my reply.



Three hens snack on fresh greens in their pen.



A mama hen stands with two chicks with fresh greens.



From left, goats Miguel and Honey snack in their pen.



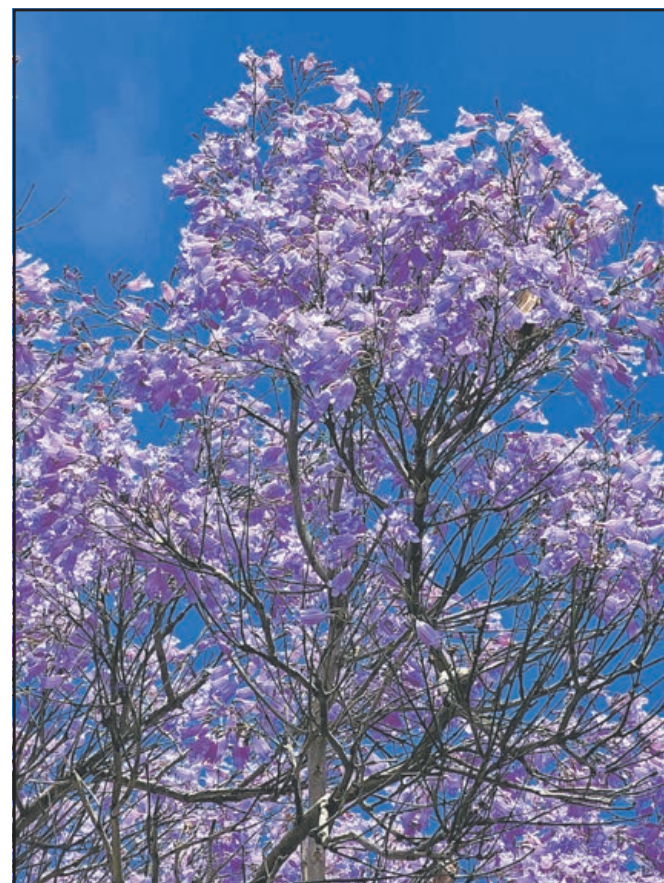
From left, Miguel and Honey stand on a rock together.



Honey peers through the fence.

REAL ESTATE & HOME and GARDEN

Jacaranda trees are blooming



Near the Fallbrook main gate heading to Camp Pendleton, there are jacaranda trees in between houses through the neighborhoods. Village News/David Landry photos

Jacaranda flowers are purple, trumpet-shaped and lightly fragrant.

Village News staff

All over Fallbrook, there are purple jacaranda trees blooming as the summer goes on. The

jacaranda tree is a drought-tolerant tropical tree with clusters of fragrant, purple, trumpet-shaped blooms against fern-like leaves. It originates from South

America, prefers balmy locations – such as Southern California – and grows best in USDA hardiness zones 10-11. There are multiple varieties

of jacaranda trees, including one that produces white blooms instead of purple. As the flowers reach the end of their life cycle, they will fall to the ground

around the tree, which will be followed by their leaves in the winter.

Why your home is collecting more dust

Elisabeth Hartig Lentulo
Special to the Village News

No matter how regularly you clean, does it seem like your home is a dust magnet? Several factors can contribute to a home being dustier than usual:

Lack of regular cleaning: If you don't clean your home frequently, dust can accumulate on surfaces, floors and furniture, leading to a dustier environment.

Poor ventilation: Insufficient airflow and ventilation in your home can contribute to the accumulation of dust particles. Without proper air circulation, dust tends to settle and linger in the air.

Presence of pets: Pets, especially those with fur or feathers, can shed dander and hair, which contribute to dust accumulation. Their activities can also stir up dust particles, making the environment dustier.

Open windows and doors: Keeping windows and doors open allows dust from outside to enter your home. Factors like wind, construction or nearby roads can bring in more dust particles, making the indoor environment dustier.

Renovations or remodeling: Home improvement projects can generate significant amounts of dust, especially when sanding, drilling or demolishing materials. The dust created during these activities can spread throughout your home and settle on surfaces.

Clogged AC: If your HVAC system's air filters are not regularly cleaned or replaced, they can become clogged with dust, allowing more particles to circulate in your home.

Outdoor factors: Environmental conditions such as dry and windy weather can increase the amount of dust in the air, which can find

its way into your home.

To address a dustier home, you can take the following measures:

Use a microfiber: They hold more dirt and work much better than a feather duster.

Improve ventilation: Ensure proper airflow by opening windows when weather permits, using fans or air purifiers, and keeping ventilation systems clean and well-maintained.

Groom pets regularly: Brushing and bathing your pets can help reduce shedding and dander, minimizing the amount of dust they contribute to your home.

Seal gaps and cracks: Inspect your home for any openings that allow dust to enter, such as gaps around windows, doors or utility openings. Seal these gaps to prevent dust infiltration.

Use high-quality air filters: Install and regularly replace air filters in your HVAC system to trap

dust particles and improve indoor air quality.

Control indoor humidity: Maintain optimal humidity levels in your home to prevent excessive dust accumulation. Using a dehumidifier or humidifier can help achieve a balanced humidity level.

Limit outdoor dust entry: Use doormats, shoe racks or shoe removal policies to minimize the

amount of dust brought in from outside.

By addressing these factors and implementing preventive measures, you can reduce the dustiness in your home and maintain a cleaner indoor environment.

Elisabeth Lentulo can be reached at 760-532-1057, elisabeth@ehlentulo.com or <http://www.ehluentulo.com>.

Supervisors approve 30 mph speed limit for Fifth Street

Joe Naiman
Village News Reporter

The San Diego County Board of Supervisors approved a 30 mph speed limit for Fifth Street between Old Highway 395 and Rainbow Valley Boulevard.

A 4-0 vote June 28, with one vacant seat, approved the introduction and first reading of the ordinance. A 4-0 vote July 19 approved the second reading and adoption. The action also certifies the speed limit for radar enforcement. The speed limit will become effective Aug. 18, although the county's Department of Public Works (DPW) may erect signage earlier.

Fifth Street did not have a posted speed limit other than a 25 mph school zone near Vallecitos Elementary School, so if roadway conditions were safe, drivers could travel up to 55 mph on the street. Fifth Street between Old Highway 395 and Rainbow Valley Boulevard measures 0.64 miles. Fifth Street is a two-lane road and has a pavement width of 26 feet. The road has a two-way left turn lane and white edge-line striping. The mobility element of the county's general plan classifies Fifth Street as a Light Collector. Board of Supervisors actions April 5 and May 3 approved an all-way stop at Fifth Street and Huffstatler Street.

In order for a speed limit to be enforceable by radar, a speed survey must show that the speed limit is within an adjacent 5 mph increment to the 85th percentile speed. The speed limit may be rounded either up or down from the 85th percentile speed. The speed limit may also be rounded down an additional 5 mph if findings are made that the road has conditions which would not be apparent to a motorist unfamiliar with the road. The county's Traffic Advisory Committee unanimously

recommended a 30 mph speed limit for Fifth Street at the March 10 TAC meeting and made findings of a collision rate higher than the statewide average for similar roads and Fifth Street use by nursery vehicles to justify the additional 5 mph reduction.

An Oct. 11, 2022, traffic survey addressed both the all-way stop and the speed limit. The vehicular traffic approaching the intersection consisted of 2,174 eastbound and 645 westbound vehicles on Fifth Street, and 269 northbound and 136 southbound motorists on Huffstatler Street. The traffic survey 500 feet east of Huffstatler Street produced an average daily volume of 2,163 vehicles consisting of 1,600 eastbound and 563 westbound motorists. The largest afternoon hourly volumes were 482 drivers between 4 p.m. and 5 p.m. and 398 motorists between 5 p.m. and 6 p.m., while the largest morning hourly volumes were 135 vehicles between 8 a.m. and 9 a.m. and 118 drivers between 7 a.m. and 8 a.m.

The traffic volume in conjunction with two reported collisions during the 36-month period from Nov. 1, 2019, to Oct. 31, 2022, produces a collision rate of 1.32 per million vehicle miles. The statewide average for similar flat rural two-lane roads with speed limits less than or equal to 55 mph is 1.09 collisions per million vehicle miles.

The speed survey was taken 400 feet west of Huffstatler Street on Jan. 19. DPW began counting traffic at 10:42 a.m. and concluded at 12:50 p.m. The 65 vehicles had an 85th percentile of 37.3 mph, and 69% of those drivers were within a 10 mph pace of 27-36 mph. The most common speeds were 36 mph with 14 drivers and 31 mph with six motorists. The fastest driver crossed the survey point at 42 mph while the slowest vehicle was traveling at 23 mph.

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—Review of all things real estate Four things that will decrease the value of your home



Bob Hillery
CR Properties

Several weeks ago, I wrote about items that can positively influence the value of your property for resale purposes. Subsequently I came across some tips that talked about what people do (or don't do) to their properties that actually decrease the value of their homes. Let's take it from the first impression. My previous article discussed the value of curb appeal since there is only one chance to make a first impression and a lot of that first impression is landscaping. I read several authors; one of whom advocated spending 25% of the home's current value on landscaping. I disagreed with that number because it sounded excessive because I know that it could be accomplished for less; but the number one way to create a favorable or unfavorable

impression is bad or non-existent landscaping. Curb appeal: or lack thereof, can even result in buyers simply driving away before they get out of the car to examine all the really great qualities of the home. No amount of marketing can overcome poor or non-existent landscaping. Another negative impact on value is also seen from the street; old, patchwork looking, and/or damaged roofs. As the market has tightened, buyers are often more discerning about what is an acceptable condition of the house. If there are worn composite shingles, cracked/ broken Spanish tile, or cracked and slipped concrete tile, it shows like a beacon. As a homeowner who is contemplating listing their house to reap the maximum price possible, take an objective look at the roof, from all sides. If there is visible deterioration and/or damage, that can be a huge objection for a buyer who can only envision a full roof replacement, when in reality it could only require spot fixes. In other words, get ahead of the drama and make the repairs while they still represent a smaller price tag because, worse case, buyers don't even make an offer because they are afraid of the expense of a full roof replacement. After you walk around looking at the roof, walk around the entire exterior and interior of the house. Bring a pad and pen and critically look at the condition of the house. Has maintenance been performed or are there items that have been deferred?

When we look at the house daily because we live in it, it's easy to overlook maintenance items but, from a prospective buyer's point of view, if they can see deferred maintenance items, they wonder about the things they are not seeing. What is the condition of the paint; does it need freshening or a complete re-do? In the big scheme of things, painting doesn't cost that much or take that much time; particularly if you can do it yourself. But the rewards will be worth it when the colors are crisp and clean and there is that "freshly" painted smell. Fresh paint can help mask pet smells too. By the way, if anyone is smoking in the house, please quit doing so immediately and go find an isolated outside area well away from the house; cigarette smoke smell is a buzz killer for buyers. If there has been smoking in the house, then prime the walls with a smoke killing paint like Kilz. It will seal in the smell, then you can paint a nice, clean smelling finish coat of paint on top of visible current maintenance and the buyers will reward you with higher offers. Okay great, the buyers came into the house after checking out the landscaping and the roof, and they have walked through the various non-plumbing rooms and they still seem interested. Then they come to the bathrooms and the kitchen. What will devalue the property in their opinion is outdated kitchens and bathrooms. Wallpaper is not in vogue in today's southwestern living. Tile countertops are "okay" by some

accounts but mostly the appetite is for granite, quartz and even wood counters. Antique oak cabinets scream "old" as do gold plated faucets. The good news is that the antique oak cabinets can be painted (my daughter painted hers and wow, what a difference!). Changing out cabinet pulls and dated faucets will pay you dividends. The best news is none of these recommendations are terribly

expensive. And as was passed at the marketing meeting this morning, after the upgrades and improvements had been made, the client took her home off the market because she fell in love with her own house again. Even if you don't do that, you will have made it easier for the buyers to fall in love with your house and that will result in higher offers.



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FOR SALE



FOR SALE

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IN ESCROW

4256 Olivos Court, Fallbrook

Highly desired Pala Mesa Golf Course duplex. Spacious one bedroom unit with its own swimming pool and views. Perfect home for one or two persons and/or rental investment. Entry to home through gate into lush courtyard with path to swimming pool on left, front door on right. Two car garage has utility sink and french doors to courtyard. Former model home.

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Let me list your home and get it **SOLD!**

Michalke raises county fair's supreme grand champion lamb

Joe Naiman
Village News Reporter

Taylor Michalke, member of Fallbrook's National FFA Organization, raised a 135-pound lamb, which was selected as the supreme grand champion for the San Diego County Fair's market livestock show.

"I've been working towards it for a very, very long time, so I was very, very happy when I got it," Michalke said. "It was very unexpected, but it was a great way to end my senior year."

Michalke, who graduated from Fallbrook High School in June, began showing lambs at the San Diego County Fair in 2016 when she sold a 140-pound lamb at the fair's auction. She sold a 124-pound lamb at the 2017 auction. Michalke's lamb at the 2018 auction weighed 127

pounds and won the 4-H Club mediumweight division.

The 4-H Club, National FFA Organization, Grange and independent weight class champions and reserve champions compete for the organization's grand champion and reserve champion honors. Those grand champions and reserve champions are then in the champion drive which selects the supreme grand champion and supreme reserve champion.

In 2018, Fallbrook 4-H Club member Oscar Ledesma raised both the 4-H Club grand champion and the 4-H Club reserve champion lamb with the 4-H Club grand champion lamb eventually receiving supreme grand champion recognition.

In her fifth and final year in Fallbrook 4-H Club, Michalke raised two lambs for the 2019

San Diego County Fair. Marvel, who weighed 93 pounds and was four months old during the fair, was in the feeder class and took first place among 4-H Club feeder class lambs.

The feeder class lambs are too light to be taken to the auction and do not compete against the champions and reserve champions from the other weight classes for 4-H Club grand champion and 4-H Club reserve champion designation.

A 120-pound lamb Michalke named Denali was the 4-H Club medium weight champion and also gave Michalke the 4-H Club intermediate showmanship championship. Denali became the 4-H Club grand champion while Haley Attig of El Capitan FFA raised a 149-pound lamb, which was named the FFA grand champion, and Ledesma's lamb was given FFA reserve champion recognition. Attig's lamb was the 2019 supreme grand champion, and Ledesma won supreme reserve champion honors.

In her first year as a Fallbrook

FFA member, Michalke raised two lambs. The 2020 market livestock show was virtual, and neither of Michalke's lambs placed in their class.

Since 2021, the lamb class champions have been based on weight, but there are no official weight classes. Michalke's 2021 wether, which is a male, Pecan, weighed 121 pounds and placed first in his class. Michalke's 143-pound ewe, which is a female, Whitney, was second in her class.

Pecan was selected as the FFA grand champion while Attig's 125-pound lamb was the FFA reserve champion. A 118-pound lamb raised by Fallbrook 4-H Club member Alan Morris was the 4-H Club grand champion. Morris' lamb was named the supreme grand champion, and Pecan was selected as the supreme reserve champion.

In 2022, Michalke's lambs swept the FFA grand champion and FFA reserve champion positions. Montana, the FFA grand champion, weighed 142 pounds. JT, the reserve champion, was 135

pounds. Morris once again raised the 4-H Club grand champion and supreme grand champion lamb. Montana was the supreme reserve champion.

This year Michalke raised two Hampshire cross wethers obtained from Rocky & Sons Show Lambs in Fallbrook. Screwball, the supreme grand champion, was born in September. Rocket, who weighed 124 pounds, was born in December. Rocket also placed first in his weight class.

Fallbrook FFA members took the top three positions in Screwball's FFA weight class. An incoming ninth-grader is able to show livestock at the San Diego County Fair as a FFA member and both Molly Schmierer and Michalke's sister, Morgan, took advantage of that rule to enter the 2023 county fair as Fallbrook FFA members. Schmierer's 134-pound lamb was second in the weight class and Morgan Michalke's 134-pound ewe placed third.

Fallbrook FFA member Chase Bender, whose lamb weighed 121 pounds, also won his weight class. The seven weight class winners including Screwball and Rocket competed for FFA grand champion. Screwball was chosen as the FFA grand champion.

"Very proud of him. I've been working with him all year. A lot of hard work was put into him, and he did great," Michalke said.

Schmierer's lamb was chosen as the FFA reserve champion.

Michalke and Screwball also won the FFA advanced lamb showmanship competition. That advanced Michalke to the master showmanship competition for all large animals. The market livestock beef, dairy cattle, market goat, dairy goat, lamb and swine showmanship winners do not use their own animals in the master showmanship competition. Michalke placed third.

The master showmanship event took place Sunday, June 25. The champion drive for the supreme grand champion and supreme reserve champion was Thursday, June 22. Morris raised both the 4-H Club grand champion and 4-H Club reserve champion lamb. Valley Center resident Shealey Belardes raised the independent grand and reserve champions. East County Grange member Karstin Wagner had the only Grange lamb in the market livestock show, so the champion drive had seven lambs.

Morris took supreme reserve champion honors with his 109-pound lamb, finishing behind Michalke after edging her out in the previous two years.

"He's one of my closest friends. We go to all the shows together, and it's always fun to compete against him," Michalke said.

The Don Diego Scholarship Foundation associated with the San Diego County Fair awarded Michalke a Junior Livestock Auction Scholarship. A Junior Livestock Auction Scholarship recipient must have entered an animal in the county fair's market livestock show, and it must have placed high enough to earn a blue ribbon and go to auction. That requirement to show an animal and qualify it for auction can have been fulfilled in a previous year. Scholastic grades, extracurricular activities, and fair activity are among the criteria for the scholarship.

A junior livestock exhibitor can only sell one large animal at auction, although if the same person earns more than one organization grand or reserve champion award, both animals are taken to the auction block. This year the auction was Saturday, June 24, and the lambs were sold by head rather than by pound. Southern Contracting Company, which is based in San Marcos, paid \$2,300 for Screwball. An animal not sold at auction can be purchased through a barn sale or kept for future showing, and Michalke will show Rocket at subsequent competitions.

Joe Naiman can be reached by email at jnaiman@reedermedia.com.

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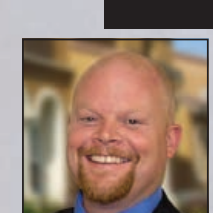
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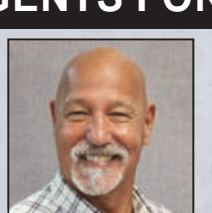
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Making soap with lye

Katelynn Abrams
Village News intern

Soap is something used everyday, but not many people know how to make it or what it is in it. In the beginning, soap was made from cooking and mixing oils, water and ashes. Over heat, the ashes would be soaked in water, then mixed with the oils, which would cool and harden to become soap.

The simplest soap can be made with these ingredients: water, lye and oils. Lye is the common name for sodium hydroxide or potassium hydroxide, which are interchangeable and strong alkalines. Different types of oils, such as coconut, olive, avocado, castor, jojoba and almond, have different variations of lather, hardness, moisture and more. Any type of fat – animal, vegetable and/or plant such as tallow, beeswax or butterfat – can also be used. More advanced and adventurous soap makers experiment by replacing water with milks or juices, and combining oils and fats for unique soaps.

When the ingredients are combined, the reaction between

lye and oil makes soap. As soon as the soap cures, when the lye binds to the oil, it is safe to use. Lye is a chemical that can cause damage such as chemical burns and blindness if it makes contact with skin, and it should never be inhaled or consumed.

Natural soap made from lye is safe to make as long as precautions are taken. Here are some tips:

- Wear long gloves, goggles, a mask, protective clothing and tie back long hair.
- Work in a ventilated area and avoid having children and pets nearby.
- Use lye and heat-safe materials, such as glass or stainless steel.
- Add lye to water – never add water to lye – when preparing the solution.
- Allow the soap to saponify for the appropriate amount of time before handling.

Anyone who is not comfortable handling lye or would like to make soap as an activity with children should try melt-and-pour soap bases, which have already gone through the saponification process and are safe to touch. They are available to buy at craft stores and are ready for a variety



Pure olive oil soap is made with water, lye and olive oil, bars on the left. Half were scented with lemongrass essential oil. Pure coconut oil soap is made with water, lye and coconut oil. Half have spent chai tea leaves added.

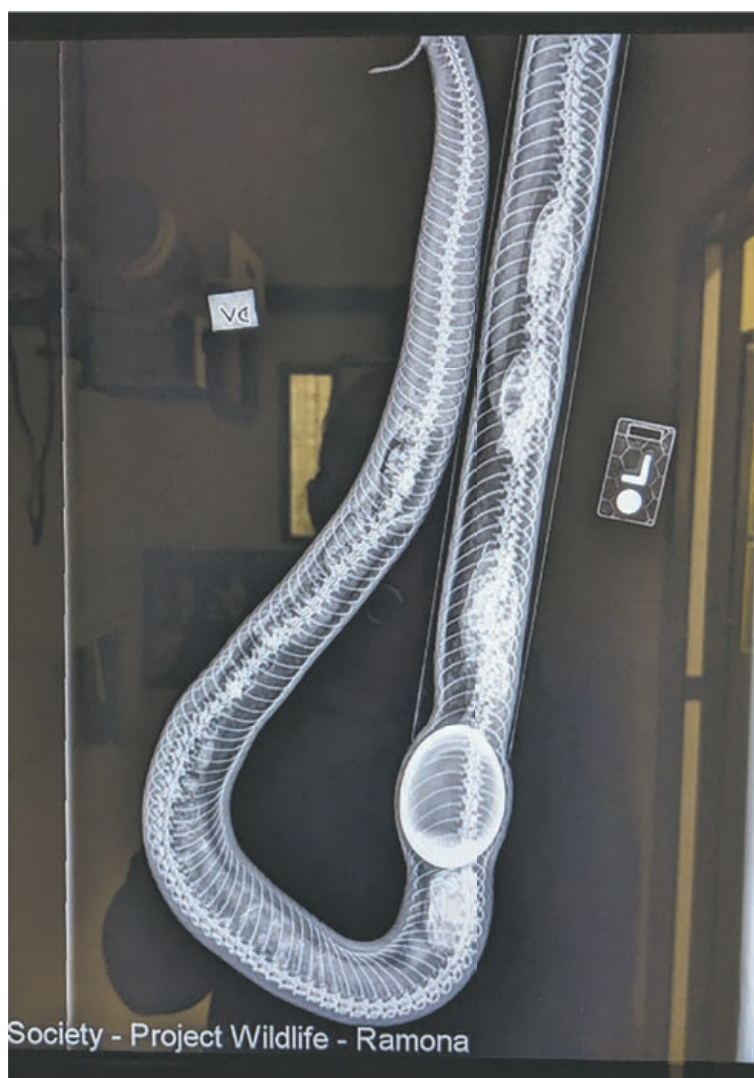
of customizations, such as scents, colors, shapes and accessories.

Once the soap-making process is completed, it can be cut and cured.

Later, soap can be gifted to family and friends or used at home.

Gopher snake who ate rubber ‘dummy egg’ returns to wild

Injured snake spent 35 days at San Diego Humane Society’s Ramona Wildlife Center for care



X-ray of the Gopher snake that ate a rubber dummy egg. The snake has been released back into the wild by the San Diego Humane Society after recovering at the Ramona Wildlife Center.

RAMONA — A Gopher snake who swallowed a fake chicken egg is back in the wild after being rehabilitated at San Diego Humane Society’s Ramona Wildlife Center. The snake was released near the location where they had been found Thursday, July 20 by Project Wildlife’s Rehab Specialist team. The Gopher snake was brought

in by a local farmer June 16 after swallowing the farmer’s “dummy” chicken egg, which is made out of a plastic polymer product. Farmers often use dummy eggs to get their chickens to lay eggs, and snakes sometimes mistake them for real eggs. The finder said he would discontinue using the fake eggs on his property and is happy to hear

the snake survived. At the Ramona Wildlife Center, Project Wildlife’s veterinary team sedated the snake and slowly moved the egg towards the head so the snake could regurgitate it. They provided stitches in areas where the egg had lacerated the snake’s skin. Once awake, the snake was able to successfully push the egg back out through its mouth. The snake needed about a month to recover from the wounds. Project Wildlife staff removed the sutures July 14 and continued to monitor the snake to ensure they were eating well. “Every wild

creature plays an important role in our ecosystem and that’s why we work so hard to save them,” said Andy Blue, campus director of San Diego Humane Society’s Ramona Wildlife Center. “For us humans, we want Gopher snakes around because they naturally help us control the rodent population.” San Diego Humane Society’s Project Wildlife program is the primary resource for wild animal rehabilitation and conservation education in San Diego County. Each year, SDHS gives nearly 13,000 injured, orphaned and sick wild animals a second chance.

At the Ramona Campus, SDHS specializes in caring for native apex predators and birds of prey, including hawks, owls, eagles, coyotes, bears, bobcats and, under special pilot authorization, mountain lions.

Video and photos of the Gopher snake’s release and rehabilitation for media use can be downloaded here: <https://spaces.hightail.com/space/zYhaA6jZd5>.

Submitted by the San Diego Humane Society.

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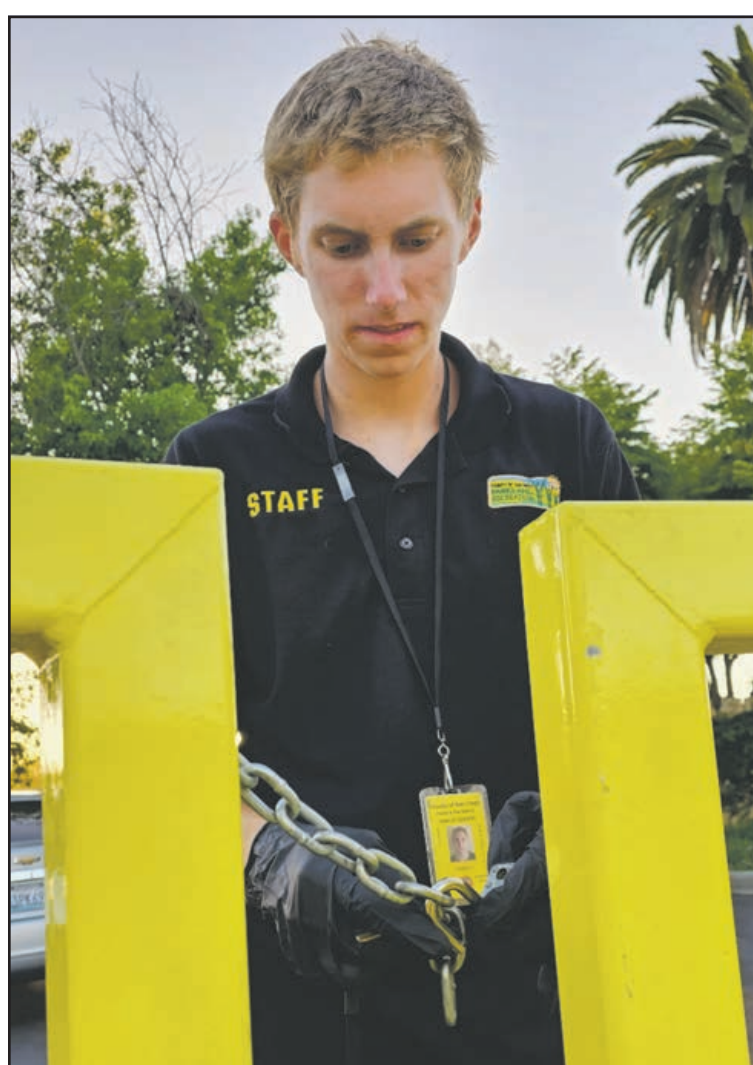
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BUSINESS

Worker of the week also goes to school



Peter Stassen secures the entry gates by the Village News/David Landry photo gazebo restroom area at Live Oak Park which is open from sunrise to sunset. He has worked for San Diego County Parks and Recreation for a little over a year and a half and is also a full time student at Arizona State University studying Environmental Sciences.



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County seeking public input on how to spend \$14M



San Diego County's Housing and Community Development Services want to know how residents would prioritize funding for housing, homelessness, and community infrastructure. Village News/Courtesy photo

Cassie N. Saunders
County of San Diego
Communications Office

The County of San Diego's Housing and Community Development Services (HCDS) wants to hear from you on how approximately \$14 million should be invested in the unincorporated areas and small cities of the county. Funding can be used for homelessness services and shelters, public services, and community infrastructure.

Share your thoughts at virtual and in person community meetings on how you would prioritize funding for housing, homelessness, and community infrastructure.

In person meetings include one at Fallbrook Library, Tuesday, Aug. 8, from 5:30-6:30 p.m., 124 Mission Road. Virtual meetings will be held in two sessions; the first on is on Tuesday, Aug. 8, 10-11 a.m., the second one on Tuesday, Aug. 15, 5-6 p.m. For the meeting links, go to <https://www.sandiegocounty.gov/content/sdc/engagement/home.html>.

If you cannot attend one of the 2024-2025 Annual Plan Strategy community forums, more information and engagement opportunities will be available on the San Diego County

Engagement Center, <https://www.sandiegocounty.gov/content/sdc/engagement/home.html>, the week of Aug. 7.

HCDS administers four U.S. Department of Housing and Urban Development programs to support the region's low- and moderate-income households throughout the region. Those federal entitlement programs include:

Community Development Block Grant (CDBG)

These funds are used to improve community development by providing decent housing and a suitable living environmental for low- to moderate-income households. Potential projects include park development, sidewalk construction, and supportive services such as nutrition assistance. Applications for CDBG funding will open in September 2023.

Areas Served: Unincorporated San Diego County, Coronado, Del Mar, Imperial Beach, Lemon Grove, Poway, and Solana Beach.

HOME Investment Partnerships Program

These programs fund affordable housing opportunities such as the County's First-Time Homebuyer Program and multi-family

affordable housing. Notices of HOME funding availability are posted as money becomes available.

Areas Served: Unincorporated San Diego County, Carlsbad, Coronado, Del Mar, Encinitas, Imperial Beach, La Mesa, Lemon Grove, Poway, San Marcos, Santee, Solana Beach, and Vista.

Emergency Solutions Grants

These funds are for improving the quality and number of emergency housing solutions, including shelters and transitional facilities for the homeless and supportive services to prevent at-risk families or individuals from becoming homeless.

Areas Served: Unincorporated San Diego County, Coronado, Del Mar, Imperial Beach, Lemon Grove, Poway, and Solana Beach.

Housing Opportunities for Persons with HIV/AIDS

This funding is for housing and supportive services for those living with HIV/AIDS. Potential projects include housing operations assistance, tenant-based rental services and supportive services such as nutrition assistance.

Areas Served: All San Diego County.

BUSINESS DIRECTORY

Notice To Readers: California law requires that contractors taking jobs that total \$500 or more (labor or materials) be licensed by the Contractors State License Board. State law also requires that contractors include their license number on all advertising. You can check the status of your licensed contractor at www.cslb.ca.gov or 800-321-CSLB. Unlicensed contractors taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.

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Adobe Hill given Best of Show Rose at county fair wine competition



Joe Naiman
Village News Reporter

Adobe Hill Winery took home the Best of Show Rose award of the Toast of the Coast Wine Competition associated with the San Diego County Fair.

The Toast of the Coast Wine Competition included 34 Rose, Dry Rose, Medium Dry Rose, Medium Sweet Rose, and Sweet Rose entries. The Dry Rose of Adobe Hill Winery received a score of 94 points along with a Double Gold medal.

"We're very excited and very proud and surprised," said Adobe Hill Winery Owner and General

Manager Gordon Merrick.

Adobe Hill Winery received Best of Show Rose status for a bottle of 2022 Estate wine from the Fallbrook winery's Canonita Vineyard. "It was a very nice surprise," Merrick said.

After living further north in California earlier in his childhood, Merrick lived in La Jolla and Del Mar. He had been living in Orange County prior to moving to Fallbrook. "We decided we wanted some property, and Fallbrook was the most economical," he said.

Merrick purchased a five-acre Canonita property in 2016 and first planted vineyards in 2017. "We hit our limit and decided to purchase

more property," Merrick said.

Adobe Hill Winery kept the Canonita portion of their winery after purchasing the 85-acre Via Ranchitos property in 2019. Nine acres of the Via Ranchitos property have vineyards which were initially planted in 2020.

Although Adobe Hill Winery has entered wine competitions in the past, this is the first year the winery has entered the Toast of the Coast Wine Competition. A 2020 bottle of Merlot received 90 points and a gold medal at the county fair's wine competition.

"We're just trying to get going and get the word out there to come visit us," Merrick said.

Adobe Hill Winery receives Best of Show Rose status for a bottle of 2022 Estate wine from the Fallbrook winery's Canonita Vineyard.

Village News/Courtesy photo

Former Palomar College student named newest academic dean

SAN MARCOS – As a lifelong Escondido resident, Dr. Diane Studinka began taking general education classes at Palomar College during her senior year of high school and continued at Palomar before transferring to Humboldt State University (now Cal Poly Humboldt) to earn her undergraduate degree in Child Development. Effective today, she is the Dean of the Social and Behavioral Sciences division at the College.

After working in Head Start programs while earning a master's degree in Instructional Leadership in Early Childhood Education, Dr. Studinka's career in education began in 1996 as a teacher in the Early Childhood Education Lab School (ECELS) at Palomar College. From that point forward, she has

contributed to the extraordinary success of ECELS and the college in countless ways. Her experience as an acting administrator in the last two years prepared Dr. Studinka for the role of Dean.

"Palomar College will always be a part of my personal and professional life. I can't imagine what my journey in higher education would be without my Palomar College colleagues and the amazing students we have the pleasure to serve each and every day," said Dr. Studinka. "I am looking forward to serving Palomar in this capacity and I am grateful for the opportunity," she added.

Serving an average of 8,700 students during each academic term, the Social and Behavioral Sciences division is one of the

largest at Palomar. Students pursue courses, degrees and certificates in child development, economics, history, political science, anthropology, psychology, social justice, archaeology and sociology.

"As an experienced educator and administrator, we are confident that Dr. Studinka's inclusive leadership style will allow our faculty experts and talented staff to thoughtfully engage in supporting student success and meeting the diverse needs of our students," said Assistant Superintendent/Vice President of Instruction, Dr. Tina Recalde. "We are looking forward to Dr. Studinka lending her expertise in collaborating with colleagues to formalize the short and long-term vision of the division and college."

Submitted by Palomar College.



Dr. Diane Studinka is the new Dean of the Social and Behavioral Sciences division at Palomar College. Village News/Courtesy photo

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EDUCATION

Hawthorne, Gonzalez awarded Best of Division for county fair art pieces

Joe Naiman
Village News Reporter

The San Diego County Fair's Student Showcase and Best of Pre-K-6th Grade exhibits include fine art, and two Sullivan Middle School students received Best of Division honors for their pieces.

Eighth-grader Paige Hawthorne received Best of Division for two-dimensional collage projects as well as Best of Class for middle school students entering two-dimensional collage pieces. The project submitted by sixth-grader Isla Gonzales was given Best of Division for three-dimensional upcycled materials as well as Best of Class for middle school students entering a creation with at least 80% formerly used as something else.

"It's a lot of work, but this is the payoff," Sullivan art teacher Melissa Ledri said.

During the 2022 summer break, Hawthorne and her family went to Italy including Venice.

"She had all these photos, and she wanted to put them into artwork," Ledri said.

The photos themselves weren't cut up to create the collage, instead Hawthorne made a drawing based on the photos and she cut up pages from magazines to recreate the photos.

"It was very time-consuming," Ledri said.

Gonzalez crocheted a handbag from old grocery bags.

"She really likes to crochet," Ledri said.

This year, Ledri had 101 students submit artwork for the Student Showcase or Best of Pre-

K-6th Grade.

"It was exciting," she said. "It's a lot of work to enter artwork into the fair, but it's really important for students."

Ledri was raised in Vista and entered the county fair's Student Showcase when she was a student at Vista High School. Her portrait drawing won a ribbon at the county fair.

"I still remember that," she said. "It was kind of like a highlight for me."

She began teaching at Sullivan Middle School in 2001 and became the school's art teacher in 2011 after her predecessor retired.

Ledri first entered her art students in the county fair in 2015. Approximately 50 creations from the students in the two advanced art classes Ledri taught during 2014-2015 were displayed in the Student Showcase.

Students from kindergarten through sixth grade can enter works in the Creative Youth exhibit, and in 2016, the Student Showcase and Creative Youth exhibits had 35 pieces from Ledri's students. Sullivan added a three-dimensional design and printmaking class for 2016-2017, and Ledri's three classes that academic year had 78 students who participated in the county fair. The 2018 fair included artwork from Ledri's 83 students.

For 2018-2019 the school yearbook was incorporated into the 3-D design and printmaking class. Sullivan had 86 entries in the 2019 county fair's Student Showcase and Creative Youth exhibits.

The coronavirus epidemic



Sixth grade student Isla Gonzalez of Sullivan Middle School is awarded Best of Division at the San Diego County Fair.



Eighth grade student Paige Hawthorne of Sullivan Middle School receives Best of Division at San Diego County Fair.

canceled the 2020 county fair. The 2021 fair did not include the Student Showcase, Creative Youth or other competitive exhibits. Ledri and her students returned to the county fair in 2022 with 30 entries.

"We did pretty well," she said.

For specific categories, place ribbons are awarded based on points rather than head-to-head competition. The first-place award winners are judged against each other for Best of Class and subsequently Best of Division and Best of Show. Sullivan's 2022

entries won first-place ribbons but no Best of Class awards.

During the 2022-2023 school year, she taught a sixth-grade social studies class, the yearbook class and four art classes. The students set a Sullivan school record in completing the 101 entries in the Student Showcase or Best of Pre-K-6th Grade, and the yearbook, which won a first-class ribbon, accounted for a 102nd entry.

"I like challenging them to do that kind of thing," Ledri said.

The Bonsall Education

Foundation donated the entry fee for each submission this year.

"Usually in the past I've paid for it and kids would pay me back sometimes," Ledri said.

If a student did not reimburse Ledri for the entry fee, she covered the cost from her personal budget. This year, the entry fee per submission was \$3, which equated to \$306 for all 102 Sullivan entries.

"Bonsall Education Foundation actually gave us the money for that," Ledri said. "They supported it all the way, so that was really nice."

PEO Fallbrook Announces Scholarship Recipients



From left, PEO scholarship winners Jenna Creedman, Erica Garcia, Katja Young and Elenia Espitia.

The five Fallbrook chapters of PEO (Philanthropic Educational Organization) have recently announced the seven recipients of the 2023 Fallbrook Bonsall PEO Scholarship. The recipients of this local scholarship are the following graduating senior girls, Elenia Espitia, Erica Garcia, Jenna Creedman, Sophia Morelli, Emma Nelson, Grace Rexrode and Katja Young. A special tea

was recently held at the Eastridge Club House, hosted by the five Fallbrook PEO chapters to honor this year's recipients. Tea guests were delighted to hear from each recipient as they shared some of their favorite high school memories, their chosen college and their plans for the future.

Submitted by Philanthropic Education Organization.

Updated meal policy for Fallbrook students

FALLBROOK – Fallbrook Union Elementary School District and Fallbrook Union High School District announced the policy for serving meals to students under the National School Lunch/School Breakfast Programs for the 2023/2024 school year. All students will be served lunch and breakfast at no charge at the following sites:

Fallbrook Union Elementary School District:
Fallbrook STEM Academy

La Paloma Elementary
Live Oak Elementary
Maie Ellis Elementary
Mary Fay Elementary
Mike Choate Center
Potter JR High
San Onofre Elementary
William H Frazier Elementary

Fallbrook Union High School District:
Fallbrook High School
Ivy High School

For additional information, contact:

Amy Haessly, Child Nutrition Director, Fallbrook Union Elementary School District at 409 W. Fallbrook Street, 760-731-4352 or ahaessly@fuesd.org.

Judi Reynolds, Director of Food Services, Fallbrook Union High School District at 2400 S. Stage Coach Lane, 760-731-1601 or creynolds@fuhisd.net.

Submitted by Fallbrook Union Elementary School District and Fallbrook Union High School District.

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Christian Winkler, a Trail Life scout, plays the "Star Spangled Banner" on his ukulele to open the Fallbrook Women's Connection brunch July 21



Faith San Servino, left, talks about her miniature horse, 8 year old Baby Sky, shown by her husband, Adam, to the crowd at the Grand Tradition for brunch. She has the Faithful Friends horse ranch in Bonsall where she raises miniature horses, trains them to be therapy animals and sells them.



Wayne A. Teuerle gives an inspirational talk about his growing up in Illinois, time in the Navy and his finding the Lord 58 years ago. Since then, he and his wife Janet have established rescue missions in Albuquerque and Long Beach.



The Fallbrook Women's Connection decorated tables for the brunch with American flags; many of the attendees dressed in red, white and blue. The event included a raffle of a variety of prizes to raise funds for childcare at the brunches, provided at no cost to parents. Village News/Lucette Moramarco photos



Sandra Kopitzke and Richard Lafetra sing "God Bless America" to go with the brunch's patriotic theme.



The Fallbrook Women's Connection brunch included salads, fruit platters, pastries, bacon, roasted potatoes and modified Eggs Benedict (scrambled, not poached eggs and an ancho chili sauce).



Baby Sky is a therapy animal who is taken to hospitals, schools, veterans and nursing homes to visit the people there. For more information on Faithful Friends, visit <https://www.faithfulfriendsinsandiego.com/>

REGIONAL

Youth reap bounty in gardening experience



Girls at the Youth Transition Campus in Kearny Mesa take part in an enrichment gardening activity alongside volunteers from the Master Gardener's Program.



The girls harvest eggplants, cherry tomatoes, banana peppers and strawberries. Village News/Courtesy photo

VILLAGE NEWS

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A Village News Inc. publication
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ADJUDICATION

Village News has been granted by the courts of San Diego County the right of adjudication, legal No. GI1013243. We can accept legal notices for publication.

PREVIOUS ISSUES

A limited number of previous issues of the Village News (more than one month old) are available for \$2.00 each, plus \$2.00 postage and handling (\$4.00 total cost). Call 760-723-7319 to order.

LETTER TO THE EDITOR

Please submit all correspondence to our corporate office by e-mail, villageeditor@reedermedia.com. All correspondence must be dated and signed and include the writer's full address and phone number in order to be considered for publication. All letters are subject to editing to fit the publication's format. Deadline is Monday, 9 a.m.

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SUBSCRIPTIONS

Fallbrook/Bonsall Village News weekly edition is published by Village News, Inc. The price is \$69.95 per year. We only accept cash, checks, money orders, visa, or mastercard.

E-MAIL

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Fallbrook/Bonsall Village News published weekly.

Periodical postage paid at:

111 W. Alvarado St
Fallbrook, CA 92028
ISSN# 153-35-208
USPS# 019-456

Postmaster send postal change of address to:

111 W. Alvarado St
Fallbrook, CA 92028

Yvette Urrea Moe
County of San Diego
Communications Office

Girls at the Youth Transition Campus in Kearny Mesa are harvesting eggplants, cherry tomatoes, banana peppers and strawberries as part of an enrichment gardening activity where they learn and work alongside volunteers from the Master Gardener's Program.

The San Diego County Probation Department re-established its partnership with the Master Gardener's Program, which worked with the prior

Girl's Rehabilitation Facility in Kearny Mesa. Now with oversight by the San Diego County Office of Education, the volunteers are working with the girls at the Youth Transition Campus.

"Involving girls in the community garden provides them with a range of benefits, including skills development, therapeutic engagement, a sense of responsibility, connection to nature, social skills development and potential vocational opportunities," Deputy Chief Jason Druzman of the Youth Transition Campus said.

Recently, the program obtained

a grant to purchase a storage shed and expand the garden.

Approximately eight Master Gardener volunteers work with the girls to build out and cultivate the garden area for 90 minutes a week. The San Diego County Office of Education is working with the Master Gardeners to certify the course as a Horticultural Career Technical Education program.

The new Youth Transition Campus supports young people with longer stays in custody and has been designed to reflect national best practices that promote positive youth development and staff well-being. The standards are

in line with the San Diego County Board of Supervisors' commitment to providing resources that help young people succeed and thrive.

The San Diego County Probation Department is dedicated to providing supervision, accountability, restorative justice practices and a continuum of care to adult and juvenile clients. This strategy and compassion can help them transition to making better choices due to specialized counseling, job training and community program assistance with challenges, which helps ensure safer communities.

CALENDAR

July 27 – 2 p.m. – Healthy Aging Workshop, "Nutrition to Prevent Alzheimer's Disease-Related Dementias," is offered by CSU San Marcos School of Nursing at the Fallbrook Regional Health District's Community Health & Wellness Center, 1636 E. Mission Road. No need to register, for more information call 760-731-9187 or visit <https://www.fallbrookhealth.org/>.

Aug 1 – 6:15-7:15 p.m. – Setting Boundaries, a six-part series based on "The Set Boundaries Workbook: Practical Exercises for Understanding Your Needs and Setting Healthy Limits," is presented by Palomar Family Counseling Center at the Community Health & Wellness Center, 1636 E. Mission Road. To register, call 760-466-8845 or just drop in.

Aug. 5 – 3-7 p.m. – The Fallbrook Village Association and the San Diego Sheriff Station team up to hold National Night Out, a community safety event with guests from Bomb/Arson, ASTREA, SWAT team, and Search & Rescue, at Main Avenue and Alvarado Street. Event also includes classic cars, a food truck, the Kevin Moyles Band, and a Beer & Wine Garden. For more info, visit @ FallbrookVillage on Facebook.

Aug. 8 – 11 a.m. to 4 p.m. – Blood Drive at Fallbrook Regional Health District's Community Health & Wellness Center, 1636 E. Mission

Road. Donate and save a life. Registration is preferred but walk-ins are also welcome. To register, go to <https://www.fallbrookhealth.org/blood-drive-dates>.

Aug. 9 – 10-11:30 a.m. – Michelle's Place Cancer Resource Center hosts its monthly All Cancer Support Circle, for anyone affected by cancer, including the caregivers and family members of a loved one with a diagnosis. August's group will decorate frames at the Michelle's Place Office on the Health & Wellness Center campus, 1636 E. Mission Road. It is free to attend. For questions, call 951-699-5455 or email fallbrook@michellesplace.org.

Aug. 12 – 9 a.m. to 1 p.m. – The Palomar Radio Control Flyers host National Model Aviation Day at Johnson Field, where visitors can learn more about Radio Control Aircraft and sign up for free flying lessons. From I-15, go east on Pala Road approximately 1/4 mile to Pankey Road and turn north onto the dirt road to the field. For more info, visit www.palomarrcflyers.com.

Aug. 15 – 10-11:30 a.m. – Michelle's Place Cancer Resource Center hosts its monthly Mind, Body and Beyond, for anyone affected by cancer, including the caregivers and family members of a loved one with a diagnosis. August's group will learn about the Mediterranean Diet at the Michelle's Place Office on the

Health & Wellness Center campus, 1636 E. Mission Road. It is free to attend. For questions, call 951-699-5455 or email fallbrook@michellesplace.org.

Aug. 27 – 2-4 p.m. – TAKE3 lives at the intersection where pop, rock and classical fusion collide. They will play music from the Beatles and Leonard Cohen to Beethoven. Tickets are \$20-\$25 adults. Children 18 and under are free. For tickets and more info, go to <https://www.fallbrookmusicsociety.org> or <https://www.fallbrookmissiontheater.com>

Sept. 22 – 8 a.m. to 5 p.m. – Adult Mental Health First Aid. This free 8-hour certification public education program will be offered at the Fallbrook Regional Health District's Community Health & Wellness Center, 1636 E. Mission Road. Learn to identify, understand and respond to signs of mental illness and substance use disorders and provide initial aid. For more info including additional training dates or to register, call 760-731-9187 or visit <https://www.fallbrookhealth.org/mental-health-first-aid>.

Sept. 29 – 10 a.m. – Boys & Girls Clubs of North County to host the annual North County Cup at Journey at Pechanga. Registration opens at 10 a.m. and tee time is 11:30 a.m. Followed by a delicious awards banquet with auction and opportunity drawings featuring many hard-to-get items. Golfers of

all levels are welcome; all proceeds benefit the Boys & Girls Clubs of North County. For more info, visit www.bgcnorthcounty.org or call 760-728-5871.

Oct. 3 – 11 a.m. to 4 p.m. – Blood Drive at Fallbrook Regional Health District's Community Health & Wellness Center, 1636 E. Mission Road. Donate and save a life. Registration is preferred but walk-ins are also welcome. To register, go to <https://www.fallbrookhealth.org/blood-drive-dates>.

Nov. 4 – 8 a.m. to 5 p.m. – Veterans & Families Mental Health First Aid. This free 8-hour certification public education program will be offered at the Community Health & Wellness Center, 1636 E. Mission Road. Learn to identify, understand and respond to signs of mental illness and substance use disorders and provide initial support. For more info including additional training dates or to register, call 760-731-9187 or visit <https://www.fallbrookhealth.org/mental-health-first-aid>.

Dec. 19 – 11 a.m. to 4 p.m. – Blood Drive at Fallbrook Regional Health District's Community Health & Wellness Center, 1636 E. Mission Road. Donate and save a life. Registration is preferred but walk-ins are also welcome. To register, go to <https://www.fallbrookhealth.org/blood-drive-dates>.

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OBITUARIES



Carol (Conklin) Markano died peacefully at home in Fallbrook, California on July 5, 2023. She was a dedicated and beloved wife, mother, and friend, who always brightened her surroundings with her friendly smile, beautiful soprano singing voice, and contagious laugh.

She is survived by her husband of 63 years, Dick Markano, along with her son John, daughter Nancy, sister Gerri, five grandchildren, and four great-grandchildren.

A memorial service was held at the CrossWay Community Church in Fallbrook. In lieu of flowers, her family requests donations to the American Cancer Society.



Robert (Bob) E. Bell, a devoted husband, father, grandfather and architect, passed away on July 17 at the age of 87.

Born in 1936 during a legendary snowstorm in Minneapolis, Bob spent his early years developing a passion for drawing, architecture

and model railroading. He graduated from Washburn High School, the University of Minnesota and the University of Pennsylvania graduate school for architecture.

When meeting Frank Lloyd Wright in 10th grade, the famous architect told Bob "if you're going to be an architect, be a good one." From that day forward, Bob was driven to be a great architect. In over 50 years, he designed projects in 17 states and five countries.

Bob was a founding partner of The Alliance in Minneapolis, Head of Design for the legendary Harry Weese and president of Hope Architects in San Diego. Bob led building projects worldwide including the Time Life Building, Prudential HQ, Univ of Wisconsin SLCP, Riverside County Hospital, Reed College Sports Center, and Knotts Berry Farm Camp Snoopy at the Mall of America

among others.

Bob and Michael Robinson Architects did the first expansion of Christ the King Lutheran Church in 1994 as Pastor Phil Tukua had grown the church "beyond its walls." He was a "friend of the arts and community landscaping." Bob supported the many visions of Jackie Heyneman and Vince Ross. Although most of his corporate architecture took him into San Diego, he loved coming home to his "little ranch" on Sleeping Indian.

Bob is survived by Judy, his wife of 58 years; his son Elliot, daughter-in-law Misty; two grandchildren Charlotte and Hannah, and a host of friends and family who he loved through the years.

A memorial reception will be held at St. Luke's Episcopal Church in Dixon, Illinois on Saturday, Aug. 5 from 1-3 p.m.



Richard C. Hulit, 84, of Fallbrook, California, passed away on July 18, 2023 at Temecula Valley Hospital after a brief illness. Richard was born on May 18, 1939, in New Egypt, New Jersey, the second son of Ira Albert and Marion Eliza (Jones) Hulit.

Richard spent his youth in New Egypt attending school and playing football, basketball, and baseball for the Allentown High School team; he was inducted into their Athletic Hall of Fame in 2013 honoring his four-year varsity football career.

Richard also worked many odd jobs around town. After high school, Richard attended Rutgers University before transferring to Villanova University, in Philadelphia, Pennsylvania and their NROTC program. Richard met Violet while at Villanova and after he graduated and after being commissioned as a 2nd Lt in the USMC, they were married on June 6, 1963.

Richard served his country as an infantry officer in the USMC for 20 years. He served two tours in Vietnam and was awarded the Bronze Star Medal with combat V for meritorious service during his second tour. Through his military career, Richard and his family traveled coast to coast.

A family favorite posting was his accompanied three-year tour to Yokota AB in Japan. Richard and Violet immersed themselves in Japanese culture, volunteering with a local clock factory to tutor its workers in conversational English, climbing Mt. Fuji, and befriending many locals with whom they remained in contact for years.

The family moved to Fallbrook, California in 1979 and four years later Richard retired from the USMC. Richard earned his Master's in Education from USC while in Japan, and after retiring, Richard began student teaching at Fallbrook High School. It wasn't long before he was a full time teacher at the high school.

Richard enjoyed teaching and coaching (soccer, baseball and football) and he became the "voice" of the Warriors as he announced basketball and baseball games for decades. Richard especially enjoyed connecting with students and helping where and when

he could.

Richard retired from teaching in 1994 and immediately continued his life's career as a volunteer. Richard tirelessly volunteered as a classroom reader at St Peter's Catholic School, volunteered his time as a Eucharistic Minister, was a member of St. Peter's Chapter of the Knights of Columbus, and served as Grand Knight. Richard also organized and coordinated the monthly schedule for the church's trash pickup along local highways.

Richard and Violet enjoyed many years of volunteering at the Bottom Shelf at Fallbrook Library. Richard donated blood through the American Red Cross for over 20 years. He earned at least one 10-gallon hat for his efforts.

Richard was a man of substance. He was honest, decent, compassionate, and loyal. If you were an acquaintance of Richard's, or knew an acquaintance of his, and you needed assistance, he was there with a "how can I help you?" Richard also had a slapstick sense of humor, many a dinner dissolved into tears of laughter from his antics.

Most importantly, Richard was a man of gratitude and humility. He was grateful for over 60 years with the love of his life, Violet. He was grateful for each of his four children and his 10 grandchildren. He was grateful for each day he had with his family. He was humbled by and grateful for his family. He always let us know this.

Richard will be missed by so many, not least of which is his family. We miss him dearly already.

Richard is survived by his wife of 60 years, Violet (Tarabio); his children and their spouses, Deborah and Andrew Harmon, of Raymond, New Hampshire; Stephanie and Charles Smith, of Northridge, California; Richard and Felicia Hulit, of Ellicott City, Maryland, and Roberta and Stewart Savage, of Davis, California.

He is also survived by his 10 grandchildren, Phillip Smith, Catherine Smith and her fiancé, Kevin Izard; Samantha Harmon and her husband, Samuel Yoder; Virginia Harmon, William Harmon, Anna Harmon, Sarah Hulit, Jacob Hulit, Benjamin Hulit, and Victoria Savage.

Richard is also survived by his sister, Marion Jane MacReynolds, of New Egypt, New Jersey, and his nieces and nephews, Lora Inglis, Christie Peterson, Robert MacReynolds, Amy Reilly, and Craig MacReynolds. He was predeceased by his brother, Albert Steven Hulit and his brother-in-law, Robert MacReynolds.

Services will be held at St. Peter the Apostle Parish in Fallbrook at 11 a.m. on Friday, July 28. A reception will immediately follow at the hall at St Peter's. In lieu of flowers, the family suggests donating to a favorite charity.

SHERIFF'S LOG

July 12

2300 Blk Green Canyon Rd Report-Arson - Miscellaneous Incidents

700 blk W Elder St Report-Theft, Grand - Grand Theft (Theft Of Mot Veh Parts/Acc)

July 13

3000 blk Dos Lomas Report - Fraud - Obtain Money/Etc By False Pretenses [Over \$950]

2700 blk Gird Rd Disturbance, Noise - Disord Conduct: Dist By Loud/Unreasonable Noise

400 blk W Clemmens Ln Runaway Juvenile - Missing Juvenile/ Runaway

July 14

3000 blk Alta Vista Dr Report - Stolen Vehicle - Take Vehicle w/o Owner's Consent/Vehicle Theft

3200 blk Shearer Crossing Recovered Stolen Vehicle - Recovery Of Stolen Vehicle

300 blk E Elder St Mental Health Evaluation - 5150 - Mental Disorder 72 Hr Observation

7900 blk Camino Del Rey Assist Other Agency - Miscellaneous Fire Investigation

1400 blk Alturas Rd Assist Other Agency - Miscellaneous Incidents

6000 blk Rio Valle Dr Domestic Violence - Battery:Spouse/Ex Spouse/Date/Etc(M) - Arrestee/S - Arrestee #1- Probable Cause Arrest-New Case - Arrested For -Pc-Battery: Spouse/Ex Spouse/Date/Etc

July 15

W.Aviation Road@Alturas Assist Other Agency - Arson:Prop Road

1200 blk S Main Av Report-Stolen Vehicle - Take Vehicle w/o Owner's Consent/Vehicle Theft

4700 blk Pala Rd Report-Petty Theft - Petty Theft(From Veh)

July 16

5200 blk S Mission Rd Traffic Stop - Misd Cite And Release On Active Warrant - Arrestee #1 - Cited - Arrested For - Poss Narcotic Controlled Subs - Possess Controlled Substance Arrestee #2 - Warrant/Probable Cause Arrest-Existing Case -Misd Cite And Release On Active Warrant

4100 blk Mission Rd Report-Burglary Vehicle - Grand Theft (Theft Of Mot Veh Parts/Acc)

2400 blk Via Rancheros Mental Health Evaluation - 5150 - Mental Disorder 72 Hr Observation

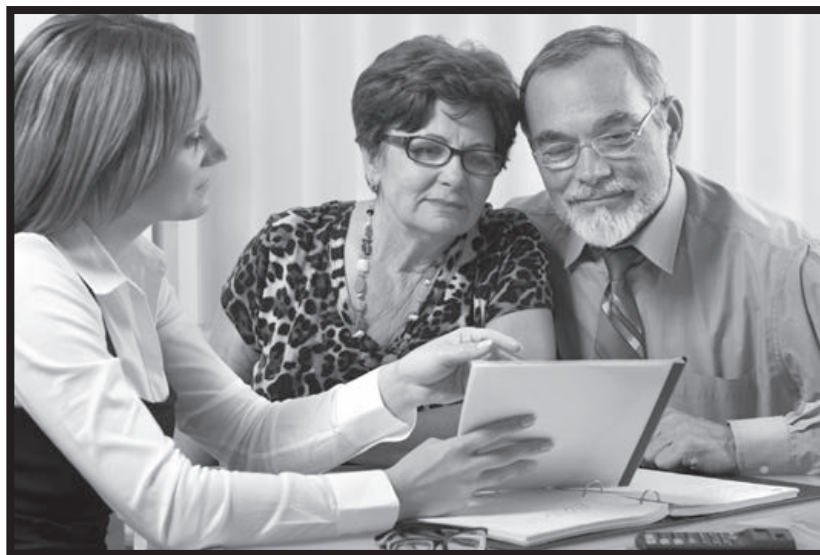
100 blk S Mission Rd Under The Influence Drugs/Alcohol - Disord Conduct:Alc - Arrestee #1 - Probable Cause Arrest-New Case - Arrested For-Disord Conduct:Alc

July 17

300 blk E Alvarado St, 32 Report-Temporary Restraining Order - Violate Domestic Violence Court Order

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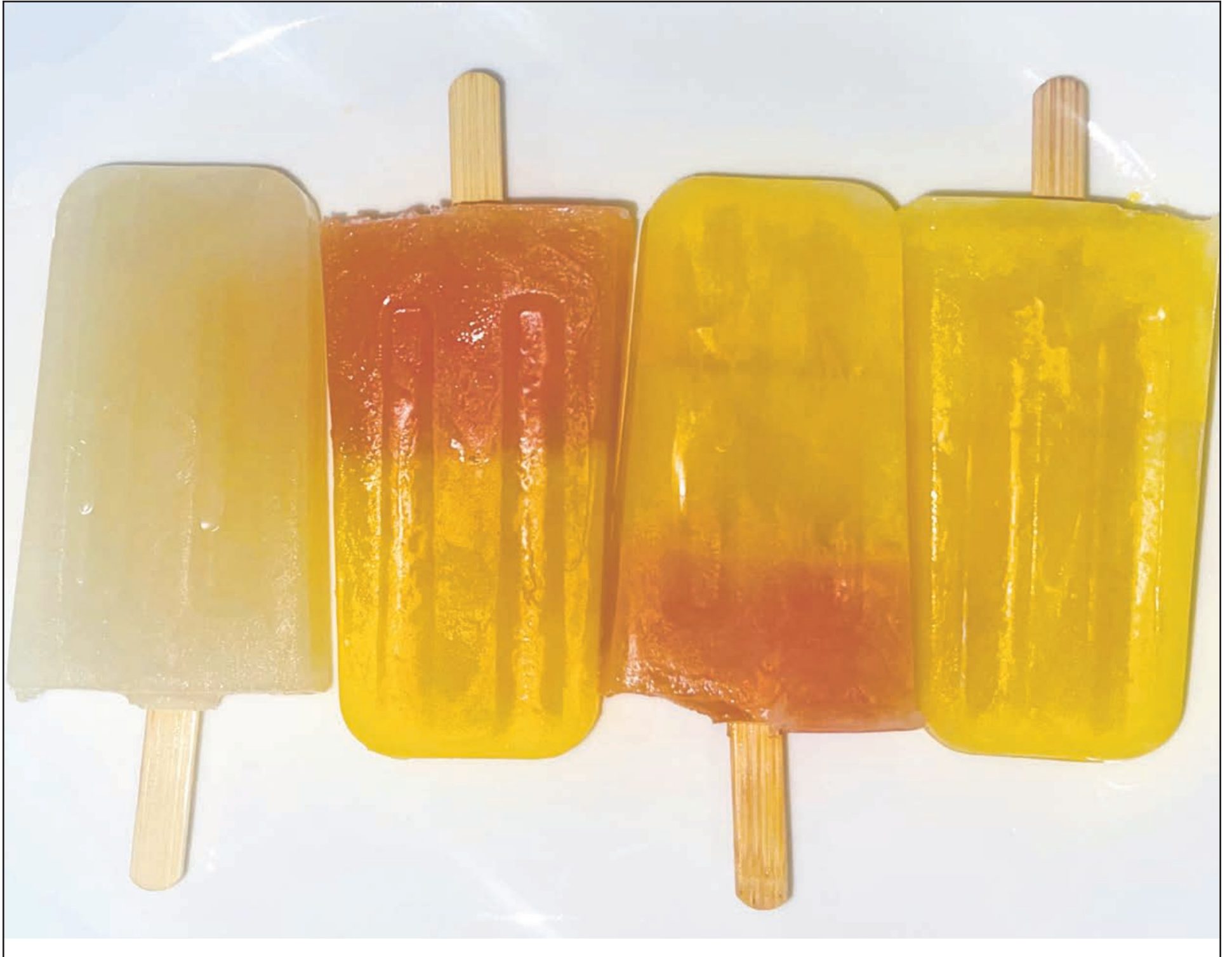
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DINING

Make popsicles at home



Families can make popsicles at home, such as these ones made using stainless steel molds with bamboo sticks, in several flavors, from left, limeade with simple syrup, half orange and half grapefruit, thirds of lemon, orange and grapefruit, and pure orange juice. Village News/Katelynn Abrams photo

Katelynn Abrams
Village News Intern

Popsicles can be made at home with just a few tools and ingredients. They are great for experimenting, whether made in popsicle molds or paper cups with spoons, with bottled or fresh juice.

Experimenting could also mean trying different flavors and combinations, such as adding berries or mint, or trying different methods, such as layering juices by giving each flavor some time in the freezer before adding the next layer. (And don't fill cups or molds to the top as the juice will expand as it freezes.)

When it comes to molds, there are numerous options available to buy, such as a variety of shapes and sizes made from silicone or stainless steel. Without molds, there are still many options. For individual popsicles, plastic or paper cups, ice trays, small baking tins or a muffin pan can be used by adding the sticks

or spoons halfway through the freezing process.

Any bottled or fresh-squeezed (or pressed) juice could be used to make popsicles, as well as a number of optional additions, such as fresh fruit or simple syrup. Made with a combination of citruses, water and simple syrup, fresh-squeezed California

lemonade is easy to make and great for popsicles. Or, for a sunset-theme, keep the different juices separated to make layered popsicles.

Depending on personal taste, there are endless possibilities for making your own popsicles.



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For ALL COOKBOOK Information call Judith Bell, Food Editor, The Village News, 815-260-4350

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LEGALS

The deadline for Legal notices is Monday, noon. Email to legals@reedermedia.com.

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9014978
Name of Business

WI BUILDERS
4166 S. Mission Rd, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
James Paul Williams Jr, 4166 S. Mission Rd, Fallbrook, CA 92028
This business is conducted by an Individual Registrant commenced to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 18, 2023
LEGAL: 6262
PUBLISHED: July 27, August 3, 10, 17, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9014333
Name of Business

SUNNY ART ACADEMY
3209 Linda Vista Dr, San Marcos, CA 92078
Mailing address: 3209 Linda Vista Dr, San Marcos, CA 92078
County: San Diego
This business is registered by the following:
Karen Elaine Barge, 3209 Linda Vista Dr, San Marcos, CA 92078
This business is conducted by an Individual Registrant commenced to transact business under the fictitious name listed above as of 07/08/2023
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 10, 2023
LEGAL: 6263
PUBLISHED: July 27, August 3, 10, 17, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9015297
Name of Business

ANMA HERBS
560 Industrial Way Ste D, Fallbrook, CA 92028
Mailing address: 1410 Sycamore Drive, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Ian Iversen, 1410 Sycamore Drive, Fallbrook, CA 92028
This business is conducted by an Individual Registrant commenced to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 21, 2023
LEGAL: 6264
PUBLISHED: July 27, August 3, 10, 17, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9015251
Name of Business

DUPA POOL CLEANING
15517 Villa Sierra Rd, Valley Center, CA 92082
Mailing address: 15517 Villa Sierra Rd, Valley Center, CA 92082
County: San Diego
This business is registered by the following:
Joseph Drury, 15517 Villa Sierra Rd, Valley Center, CA 92082
This business is conducted by an Individual Registrant commenced to transact business under the fictitious name listed above as of 5-1-2023
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 21, 2023
LEGAL: 6265
PUBLISHED: July 27, August 3, 10, 17, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9015334
Name of Business

EXPRESS DISCOUNT STORE
914 E. 8th Street Ste 207, National City, CA 91950
Mailing address: 914 E. 8th Street Ste 207, National City, CA 91950
County: San Diego
This business is registered by the following:
Eddy A. Espina, 914 E. 8th Street Ste 207, National City, CA 91950
This business is conducted by an Individual Registrant commenced to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 24, 2023
LEGAL: 6268
PUBLISHED: July 27, August 3, 10, 17, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9015415
Name of Business

PALM CITY SMOKE SHOP
650 Hollister St, San Diego, CA 92154
Mailing address: 650 Hollister St, San Diego, CA 92154
County: San Diego
This business is registered by the following:
Khaled Abuyousef, 2000 S. Melrose Dr 43, Vista, CA 92081
This business is conducted by an Individual Registrant commenced to transact business under the fictitious name listed above as of 7/25/2023
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 25, 2023
LEGAL: 6269
PUBLISHED: July 27, August 3, 10, 17, 2023

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9014689
Name of Business

a. SOTO ME DESIGN
b. STUDIO E DESIGN
2043 Midvale Drive, Fallbrook, CA 92028
This business is registered by the following:
a. Elaina Soto, 2043 Midvale Drive, Fallbrook, CA 92028
b. Michael Soto, 2043 Midvale Drive, Fallbrook, CA 92028
This business is conducted by Married Couple Registrant commenced to transact business under the fictitious name listed above as of 5/19/2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 13, 2023
LEGAL: 6266
PUBLISHED: July 27, August 3, 10, 17, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9015306
Name of Business

INTUITIONS PRINTS + PUBLICATIONS
221 S. Brandon Rd, Fallbrook, CA 92028
Mailing address: 221 S. Brandon Rd, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Margarita (Maggie) Covarrubias Ramos, 221 S. Brandon Rd, Fallbrook, CA 92028
This business is conducted by an Individual Registrant commenced to transact business under the fictitious name listed above as of 7-21-23
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 21, 2023
LEGAL: 6267
PUBLISHED: July 27, August 3, 10, 17, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9015334
Name of Business

EXPRESS DISCOUNT STORE
914 E. 8th Street Ste 207, National City, CA 91950
Mailing address: 914 E. 8th Street Ste 207, National City, CA 91950
County: San Diego
This business is registered by the following:
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LEGAL: 6269
PUBLISHED: July 27, August 3, 10, 17, 2023

TSG No.: 8783487 TS No.: CA2300288563 APN: 221-810-17-00 Property Address: 6226 RANCHO BRAVADO CARLSBAD, CA 92009 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 12/08/2021. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 08/09/2023 at 10:00 A.M., First American Title Insurance Company, as duly appointed Trustee under and pursuant to Deed of Trust recorded 12/13/2021, as Instrument No. 2021-0840770, in book , page , of Official Records in the office of the County Recorder of SAN DIEGO County, State of California. Executed by: IAN MALUSNER, AN UNMARRIED MAN AND IRENA MALUSNER, AN UNMARRIED WOMAN, AS JOINT TENANTS, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b). (Payable at time of sale in lawful money of the United States) At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED IN THE ABOVE MENTIONED DEED OF TRUST APN# 221-810-17-00 The street address and other common designation, if any, of the real property described above is purported to be: 6226 RANCHO BRAVADO, CARLSBAD, CA 92009 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$ 1,799,493.78. The beneficiary under said Deed of Trust has deposited all documents evidencing the obligations secured by the Deed of Trust and has declared all sums secured thereby immediately due and payable, and has caused a written Notice of Default and Election to Sell to be executed. The undersigned caused said Notice of Default and Election to Sell to be recorded in the County where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call (916)939-0772 or visit this internet website <http://search.nationwideposting.com/propertySearchTerms.aspx>, using the file number assigned to this case CA2300288563 Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction if conducted after January 1, 2021, pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (916)939-0772, or visit this internet website <http://search.nationwideposting.com/propertySearchTerms.aspx>, using the file number assigned to this case CA2300288563 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid, by remitting the funds and affidavit described in Section 2924m(c) of the Civil Code, so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagee, the Mortgagee or the Mortgagee's attorney. Date: First American Title Insurance Company 4795 Regent Blvd, Mail Code 1011-F Irving, TX 75063 FOR TRUSTEES SALE INFORMATION PLEASE CALL (916)939-0772 NPP0437560 To: VILLAGE NEWS INC 07/20/2023, 07/27/2023, 08/03/2023

TSG No.: 220617333-CA-MSI TS No.: CA2200287941 APN: 222-101-24-00 Property Address: 21861 CRESTWIND DRIVE SAN MARCOS, CA 92078 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 04/03/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 09/06/2023 at 10:00 A.M., First American Title Insurance Company, as duly appointed Trustee under and pursuant to Deed of Trust recorded 04/27/2007, as Instrument No. 2007-0287780, in book , page , of Official Records in the office of the County Recorder of SAN DIEGO County, State of California. Executed by: JOVAN PLAMENAC, A MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b). (Payable at time of sale in lawful money of the United States) At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED IN THE ABOVE MENTIONED DEED OF TRUST APN# 222-101-24-00 The street address and other common designation, if any, of the real property described above is purported to be: 21861 CRESTWIND DRIVE, SAN MARCOS, CA 92078 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$ 1,671,462.47. The beneficiary under said Deed of Trust has deposited all documents evidencing the obligations secured by the Deed of Trust and has declared all sums secured thereby immediately due and payable, and has caused a written Notice of Default and Election to Sell to be executed. 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If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call (916)939-0772 or visit this internet website <http://search.nationwideposting.com/propertySearchTerms.aspx>, using the file number assigned to this case CA2200287941 Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction if conducted after January 1, 2021, pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (916)939-0772, or visit this internet website <http://search.nationwideposting.com/propertySearchTerms.aspx>, using the file number assigned to this case CA2200287941 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid, by remitting the funds and affidavit described in Section 2924m(c) of the Civil Code, so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagee, the Mortgagee or the Mortgagee's attorney. Date: First American Title Insurance Company 4795 Regent Blvd, Mail Code 1011-F Irving, TX 75063 FOR TRUSTEES SALE INFORMATION PLEASE CALL (916)939-0772 NPP0438040 To: VILLAGE NEWS INC 07/27/2023, 08/03/2023, 08/10/2023

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- Application Order for Publication of Summons/Citation..... \$400 for 4 Weeks
- Notice of Petition to Administer Estate \$300 for 3 Weeks
- Order to Show Cause for Change of Name..... \$90 for 4 Weeks
- Fictitious Business Name Statement \$48 for 4 Weeks
(Each additional name after two \$3.00 each)
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Deadline: Fridays at 3pm for following week's publication.

To advertise call our office at 760-723-7319 or email legals@reedermedia.com

Petition to Admin Estate

NOTICE OF PETITION TO ADMINISTER ESTATE OF DAVID TOMAIKO, also known as DAVID JOSEPH TOMAIKO

CASE NO. 37-2023-00019009-PR-LA-CTL
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: DAVID TOMAIKO, also known as DAVID JOSEPH TOMAIK

A Petition for Probate has been filed by **LYNNETTE MARY GINGRICH** in the Superior Court of California, County of SAN DIEGO

The Petition for Probate requests that LYNNETTE MARY GINGRICH be appointed as personal representative to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows:

Date: August 2, 2023 Time: 1:30 PM Dept. 502
Address of court: 1100 Union St, San Diego, CA 92101
Central Court (Probate)

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner: Suzan A. Colgan, Esq., Vanguard Legal Group, P.C., 16935 W. Bernardo Dr., #155, San Diego, CA 92127, 888-995-6014
LEGAL: 6185
PUBLISHED: July 13, 20, 27, 2023

LEGALS

The deadline for Legal notices is Monday, noon. Email to legals@reedermedia.com.

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2023-9014055
Name of Business

SOCAL PRINT LIFE

5244 Dixon Rd., Oceanside, CA 92056
Mailing address: 5244 Dixon Rd., Oceanside, CA 92056
County: San Diego

This business is registered by the following:
3N1 Molding Concepts LLC, 5244 Dixon Rd., Oceanside, CA 92056

This business is conducted by a Limited Liability Company
This LLC is registered in the state of CA
Registrant commenced to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 05, 2023

LEGAL: 6260

PUBLISHED: July 27, August 3, 10, 17, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2023-9014857
Name of Business

WICKED MAINE LOBSTER

4381 Oregon St #6, San Diego, CA 92104
Mailing address: P.O. Box 531892, San Diego, CA 92153
County: San Diego

This business is registered by the following:
Mark Rondeau, 4381 Oregon St #6, San Diego, CA 92104

This business is conducted by an Individual
Registrant commenced to transact business under the fictitious name listed above as of 07/01/2023

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 17, 2023

LEGAL: 6261

PUBLISHED: July 27, August 3, 10, 17, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2023-9012969
Name of Business

a. REDFYNYNG BEAUTY b. DEFYNYD BY AESTHETICS c. DEFYNYD BY ESTHETICS d. DEFYNYD BY BEAUTY

1203 Dana, Irvine, CA 92618
Mailing address: 1203 Dana, Irvine, CA 92618
County: Orange

This business is registered by the following:
Callan Lisker, 1203 Dana, Irvine, CA 92618

This business is conducted by an Individual
Registrant commenced to transact business under the fictitious name listed above as of 05/22/2023

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jun 16, 2023

LEGAL: 6237

PUBLISHED: July 6, 13, 20, 27, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2023-9013154
Name of Business

TINY TALKERS

2246 Sunnycrest Lane, Fallbrook, CA 92028
Mailing address: 2246 Sunnycrest Lane, Fallbrook, CA 92028
County: San Diego

This business is registered by the following:
Kali Preston Dabbo, 2246 Sunnycrest Lane, Fallbrook, CA 92028

This business is conducted by an Individual
Registrant commenced to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jun 21, 2023

LEGAL: 6238

PUBLISHED: July 6, 13, 20, 27, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2023-9013347
Name of Business

SPOTLESS JANITORIAL CLEANING SERVICES

724 N. Vine St, Fallbrook, CA 92028
Mailing address: 724 N. Vine St, Fallbrook, CA 92028
County: San Diego

This business is registered by the following:
a. Uries Garcia, 724 N. Vine St, Fallbrook, CA 92028

b. Carina Garcia Cervantes, 724 N. Vine St, Fallbrook, CA 92028

This business is conducted by a Married Couple
Registrant commenced to transact business under the fictitious name listed above as of 6/23/2023

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jun 23, 2023

LEGAL: 6239

PUBLISHED: July 6, 13, 20, 27, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2023-9013029
Name of Business

THE CLEANING LADY

1421 Pala Mesa Heights Drive, Fallbrook, CA 92028
Mailing address: 753 W. Elder St, Fallbrook, CA 92028
County: San Diego

This business is registered by the following:
Maria Elizabeth Galarza, 1421 Pala Mesa Heights Drive, Fallbrook, CA 92028

This business is conducted by an Individual
Registrant commenced to transact business under the fictitious name listed above as of 03/01/2023

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 06, 2023

LEGAL: 6248

PUBLISHED: July 13, 20, 27, August 3, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2023-9013617
Name of Business

PEMF HEALING

3201 Via Pescado, Carlsbad, CA 92010
County: San Diego

This business is registered by the following:
Art Tawanghar, 3201 Via Pescado, Carlsbad, CA 92010

This business is conducted by an Individual
Registrant commenced to transact business under the fictitious name listed above as of 6/27/2023

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jun 27, 2023

LEGAL: 6249

PUBLISHED: July 13, 20, 27, August 3, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2023-9012963
Name of Business

REDWOOD LANDSCAPE DESIGN

2135 Bella Vista Drive, Vista, CA 92084
Mailing address: 2135 Bella Vista Drive, Vista, CA 92084
County: San Diego

This business is registered by the following:
Dylan Everest Obrien, 2135 Bella Vista Drive, Vista, CA 92084

This business is conducted by an Individual
Registrant commenced to transact business under the fictitious name listed above as of 6/11/2023

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jun 16, 2023

LEGAL: 6250

PUBLISHED: July 13, 20, 27, August 3, 2023

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2023-9014372
Name of Business

ENDLESS DM

538 Borden Rd., San Marcos, CA 92069
Mailing address: 538 Borden Rd., San Marcos, CA 92069
County: San Diego

This business is registered by the following:
Hector Caratachea, 538 Borden Rd., San Marcos, CA 92069

This business is conducted by an Individual
Registrant commenced to transact business under the fictitious name listed above as of 03/28/2017

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 10, 2023

LEGAL: 6251

PUBLISHED: July 13, 20, 27, August 3, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2023-9014084
Name of Business

FOUR POINTS BY SHERATON, SAN DIEGO
8110 Aero Drive, San Diego, CA 92123
County: Orange

This business is registered by the following:
Alps Hospitality, Inc., 698 Camino El Dorado, Encinitas, CA 92024

This business is conducted by a Corporation
This Corporation is registered in the state of California
Registrant commenced to transact business under the fictitious name listed above as of 06/29/2023

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 11, 2023

LEGAL: 6242

PUBLISHED: July 13, 20, 27, August 13, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2023-9014050
Name of Business

WESTSIDE APARTMENTS

145 W. Clemmens Lane, Fallbrook, CA 92028
Mailing address: PO Box 2377, Vista, CA 92085
County: San Diego

This business is registered by the following:
a. Daniel C. Cleary, 4755 Oceanside Blvd #120, Oceanside, CA 92056

b. Denna M. Cleary, 4755 Oceanside Blvd #120, Oceanside, CA 92056

c. Umberto Marsella, 636 W. California Avenue #1, Vista, CA 92083

This business is conducted by Co-Partners
Registrant commenced to transact business under the fictitious name listed above as of 01/05/1990

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 05, 2023

LEGAL: 6243

PUBLISHED: July 13, 20, 27, August 3, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2023-9014051
Name of Business

DLJ PROPERTIES

4755 Oceanside Blvd #120, Oceanside, CA 92056
Mailing address: 4755 Oceanside Blvd #120, Oceanside, CA 92056
County: San Diego

This business is registered by the following:
a. Denna M. Cleary, 4755 Oceanside Blvd #120, Oceanside, CA 92056

b. Joseph F. Vozza, Denna M. Cleary, 4755 Oceanside Blvd #120, Oceanside, CA 92056

c. Laura A. Vozza-Brown, 5117 El Arbol, Carlsbad, CA 92008

This business is conducted by Co-Partners
Registrant commenced to transact business under the fictitious name listed above as of 12/31/2012

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 05, 2023

LEGAL: 6244

PUBLISHED: July 13, 20, 27, August 3, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2023-9014127
Name of Business

DYNAMIC PROPERTIES LLC

424 Sunrize Place, Vista, CA 92084
Mailing address: PO Box 2377, Vista, CA 92085
County: San Diego

This business is registered by the following:
Dynamic Properties Solutions LLC, 424 Sunrize Place, Vista, CA 92084

This business is conducted by a Limited Liability Company
This LLC is registered in the state of California
Registrant commenced to transact business under the fictitious name listed above as of 05/31/2023

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 06, 2023

LEGAL: 6245

PUBLISHED: July 13, 20, 27, August 13, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2023-9014181
Name of Business

CA EQUIPMENT & EXCAVATION

2911 Alta Vista Dr, Fallbrook, CA 92028
Mailing address: 2911 Alta Vista Dr, Fallbrook, CA 92028
County: San Diego

This business is registered by the following:
Chad J. Leonard, 2911 Alta Vista Dr, Fallbrook, CA 92028

This business is conducted by an Individual
Registrant commenced to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 06, 2023

LEGAL: 6246

PUBLISHED: July 13, 20, 27, August 3, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2023-9014151
Name of Business

MINDFUL THERAPY & WELLNESS

31418 Club Vista Ln, Bonsall, CA 92003-5305
Mailing address: PO Box 798, Bonsall, CA 92003
County: San Diego

This business is registered by the following:
Jacqueline Marie Boles, 31418 Club Vista Ln, Bonsall, CA 92003-5305

This business is conducted by an Individual
Registrant commenced to transact business under the fictitious name listed above as of 6/16/2023

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 06, 2023

LEGAL: 6247

PUBLISHED: July 13, 20, 27, August 3, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2023-9014429
Name of Business

a. THE LOTUS

b. THE LOTUS DEN

138 Civic Center Dr Suite 204, Vista, CA 92084
Mailing address: 310 Twin Oaks Valley Rd Suite 107/PMB336, San Marcos, CA 92078
County: San Diego

This business is registered by the following:
Karen M. Yost, 1950 Northstar Way Apt 118, San Marcos, CA 92078

This business is conducted by an Individual
Registrant commenced to transact business under the fictitious name listed above as of 07/11/2023

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 11, 2023

LEGAL: 6252

PUBLISHED: July 20, 27, August 3, 10, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2023-9014439
Name of Business

a. SAN DIEGO KAYAK RENTALS

b. SAN DIEGO KAYAK TOURS

1617 Quivira Rd., San Diego, CA 92109
County: San Diego

This business is registered by the following:
Cruise San Diego, LLC, 1617 Quivira Rd., San Diego, CA 92109

This business is conducted by a Limited Liability Company
This LLC is registered in the state of California
Registrant commenced to transact business under the fictitious name listed above as of 06/01/2023

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 11, 2023

LEGAL: 6253

PUBLISHED: July 20, 27, August 3, 10, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2023-9013246
Name of Business

BAYSIDE TRAILER PARK

1424 Broadway, Chula Vista, CA 91911
Mailing address: PO Box 230579, Encinitas, CA 92023
County: San Diego

This business is registered by the following:
Horizon CA Properties LLC, 1305 W. Prince Rd, Tucson, AZ 85705

This business is conducted by a Limited Liability Company
This LLC is registered in the state of AZ
Registrant commenced to transact business under the fictitious name listed above as of 12/11/2008

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jun 22, 2023

LEGAL: 6254

PUBLISHED: July 20, 27, August 3, 10, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2023-9013247
Name of Business

EASTERN TRAILER PARK

213 El Cajon Blvd, El Cajon, CA 92020
Mailing address: PO Box 230579, Encinitas, CA 92023
County: San Diego

This business is registered by the following:
Horizon CA Properties LLC, 1305 W. Prince Rd, Tucson, AZ 85705

This business is conducted by a Limited Liability Company
This LLC is registered in the state of AZ
Registrant commenced to transact business under the fictitious name listed above as of 12/11/2008

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jun 22, 2023

LEGAL: 6255

PUBLISHED: July 20, 27, August 3, 10, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2023-9012676
Name of Business

a. EQUINETRANSNETWORK

b. EQUINE TRANS NETWORK

10000 Circle R Dr, Valley Center, CA 92082
Mailing address: PO Box 1093, Bonsall, CA 92003
County: San Diego

This business is registered by the following:
Gail M. Murphy, 10000 Circle R Dr, Valley Center, CA 92082

This business is conducted by an Individual
Registrant commenced to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jun 13, 2023

LEGAL: 6256

PUBLISHED: July 20, 27, August 3, 10, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2023-9012533
Name of Business

a. BIZ CHANGE NAVIGATOR

b. LIFE CHANGE NAVIGATOR

c. SMALL BUSINESS DEBT SETTLER

2155 Sunrise View Rd, Fallbrook, CA 92028
Mailing address: PO Box 2191, Fallbrook, CA 92088
County: San Diego

This business is registered by the following:
a. Carole Ann Hodges, 2155 Sunrise View Rd, Fallbrook, CA 92028

b. Paul Douglas Schumann, 2155 Sunrise View Rd, Fallbrook, CA 92028

This business is conducted by Married Couple
Registrant commenced to transact business under the fictitious name listed above as of 03/07/2023

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jun 09, 2023

LEGAL: 6257

PUBLISHED: July 20, 27, August 3, 10, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2023-9013718
Name of Business

PALA MESA RESORT

2001 Old Highway 395, Fallbrook, CA 92028
Mailing address: PMB 68-35008, Pala Temecula Rd., Pala, CA 92059-2419
County: San Diego

This business is registered by the following:
Pala Band Of Mission Indians, 12196 Pala Mission Rd, Pala, CA 92059

This business is conducted by a Unincorporated Association-Other than a Partnership
Registrant commenced to transact business under the fictitious name listed above as of 04/01/2023

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jun 29, 2023



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3502 Luneta, Fallbrook \$1,499,000



35552 Chantilly, Murrieta \$820,000



NEW LISTING ALREADY PENDING

2363 Sentinel Lane, San Marcos \$745,000

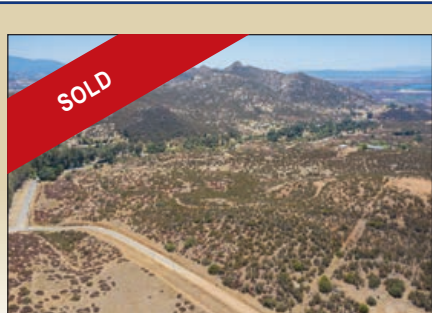


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