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January 14, 2021 www.VillageNews.com Volume 25, Issue 2

Data shows slight declines in new local COVID-19 cases

The average number of new daily cases in the Fallbrook area has declined for the first time since the start of the current coronavirus wave, the latest county data show. The weekly average case rate for the 92028 ZIP code was 72.0 cases per 100,000 for the most recent week available, Dec. 20-26 – marking the first time the local case rate has declined in weeks.

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HHS data shows local hospitals nearly full

Local hospitals in North County and Southwest Riverside County hospitals are nearly full, and intensive care units are slammed with patients as the coronavirus pandemic continues to rage, according to the latest data from the United States Department of Health and Human Services. Per data released on Jan. 3, 51% of patients at Palomar Medical Center in Escondido, the closest San Diego County hospital to Fallbrook, were positive for COVID-19.

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FUHSD board covers governance protocols and standards

The Fallbrook Union High School District Board of Trustees on Monday, Jan. 4 held a special meeting via teleconference for a work-study session to review and learn about governance protocols and standards. Led by former interim superintendent Dr. Lou Obermeyer, the work-study session covered ground-level topics such as the board's commitments and obligations, public service, effective governance, gatherings, and communications, roles for board leadership, and much more.

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Resident runs "Every Damn Street" in town



Ultrarunner James Blackwell's first run for the "Every Damn Street" challenge begins on the corner of Reche and Ranger roads.

FALLBROOK – Many local residents may have seen the same guy running on their street over the last two months. In fact, he has run on every street in Fallbrook. James Blackwell is a social worker who recently moved to Fallbrook with his family. Blackwell is an ultrarunner. Technically, ultrarunning is any competition longer than a marathon (26.2 miles) but most



James Blackwell proudly displays his "Every Damn Street" wooden medallion and belt buckle. Ultrarunners traditionally earn belt buckles for any distance of 100 miles or more.

ultrarunners run between 31 and 63 miles (50 kilometers to 100 kilometers) at a time. In August 2018, James ran the Kodiak Ultramarathon in Big Bear, 100 miles in 35 hours, and proposed to his girlfriend, Frances Jones, at the finish line. With the pandemic and social distancing guidelines, 2020 has

see **RUNS**, page A-8

Bonsall Unified pushes back in-person learning



Bonsall Unified School District extended its target date for teaching students under the hybrid learning model to Jan. 25.

Jeff Pack
Staff Writer

Students attending Bonsall Unified School District schools were anticipating a return to classrooms utilizing a hybrid model on Monday, Jan. 11. According to a letter released to parents on Thursday, Jan. 7, that won't happen until later this month. "At this time, based upon our case rate data in the BUSD school community and the required time to quarantine, along with CDPH guidance criteria on case threshold, we are concerned with our schools

being negatively impacted with the staffing to support in-person instruction," said the letter signed by Superintendent David Jones. "We are also concerned about the possibility of closing classrooms and schools shortly after returning, causing a yo-yo effect that we are trying to avoid in the best interest of teaching and learning if at all possible." On Thursday, Jan. 7, Jones announced that the plan is to move the return date to Jan. 25 and that the district would remain in distance learning come Monday,

see **BUSD**, page A-8

A new era in Rainbow: No more volunteer fire force



North County Fire Protection District will now be staffing the Rainbow Fire Station with three full-time personnel starting this month.

Will Fritz
Staff Writer

The month of January marks an historic shift for the community of Rainbow – the Rainbow Fire Station, operated by volunteer firefighters for decades, will now be entirely run by full-time North County Fire Protection District personnel for the first time. The Rainbow Volunteer Fire Department was first formed in 1967, and while it merged with North County Fire in 1987, it has continued to be run as a separate volunteer force under the oversight of the larger fire district until now. While some of the existing volunteers have accepted positions with North County Fire as emergency medical technicians, there are no longer any volunteer firefighters responding to calls in the area, NCFPD spokesman Capt. John Choi told Village News. Two past chiefs at the Rainbow Volunteer Fire Department described an organization that was beloved and an important part of their lives, though they said the

transition to a full-time paid force from North County Fire was long coming, and indeed, the loss of the volunteer firefighting force is bittersweet. "I hate to see the energy of the volunteer fire department go," former Rainbow Volunteer Fire Department Chief Bruce Fried, who retired in 2013, said in an interview with Village News. "I think the community has an affinity for its volunteer fire department as I did. But times do change. I like having people at the station all of the time. Makes the response times quicker. I like having paramedics there all the time. It makes medical coverage better. So while I really do empathize with the volunteer fire department going away, and it was a piece of my life for so many years, it's a good thing." Rick Moramarco, who took over as chief after Fried's retirement and said he stepped down shortly before he left the Rainbow Fire Station for good in 2017, said the

see **FORCE**, page A-8

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VILLAGE NEWS



ANNOUNCEMENTS

Monica Dean to speak at Jan. 30 free webinar

VISTA – Human trafficking will be the focus of a free Zoom webinar presented by Soroptimist International of Vista and North County Inland Saturday, Jan. 30, from 1-2 p.m. Keynote speaker Monica Dean, NBC7 news anchor, will give a behind-the-scenes account of the NBC7 documentary series, “STOLEN: A Year-Long Investigation Into Child Sex Trafficking and Exploitation.”

Her talk will include the inspiration behind the seven-episode documentary series, how the project evolved and the major findings to come from this year-long investigation. The series is available to stream online at <http://nbc7.com/Stolen> and debuts nationally this month on NBC LX/Peacock. In addition, Jaimee Johnson, CEO and founder of Sisters of the Street, will speak briefly, and there will be a question-and-answer period following both presentations. To register for the free webinar, visit <https://bit.ly/3lnt6XY>.

January is Human Trafficking Awareness Month, and during the month the Soroptimists are hosting a “30 Miles in 30 Days” walkathon fundraiser, with the amount raised announced during the webinar. All funds raised will be donated to Alabaster Jar’s Grace House, a safe house for survivors of trafficking, and North County Lifeline’s Project LIFE, which provides prevention and intervention services. Attendees will be given the opportunity to donate during the presentation by texting the code “3030WALK” to 44-321.

For more information, visit <http://soroptimistvista.org> or email soroptimistinternationalvista@gmail.com.

Submitted by the Soroptimist International of Vista and North County Inland.

Fallbrook Garden Club presents ‘California Dreaming’ with Nan Sterman

FALLBROOK – Take a tour of California gardens with award-winning garden writer, gardening expert and horticulturist Nan Sterman, who is the upcoming guest speaker at the Fallbrook Garden Club’s Jan. 26 general meeting via Zoom.

Sterman has contributed to national publications, written books on a variety of subjects and is a gardening expert and host, co-producer and co-writer of “A Growing Passion,” a television show that celebrates all the ways that San Diego “grows.”

She was recently honored by San Diego Horticultural Society as 2021 Horticulturist of the Year.

The meeting will begin at 1 p.m. with a short business meeting followed by the presentation. To receive an invitation, one must be a member of the Fallbrook Garden Club. To become a member, visit <http://www.fallbrookgardenclub.org>.

Submitted by the Fallbrook Garden Club.



Gardening expert Nan Sterman is the guest speaker for the Fallbrook Garden Club’s Jan. 26 general meeting via Zoom. Village News/Courtesy photo

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Fallbrook hosts blood drive with San Diego Blood Bank

FALLBROOK – Grocery Outlet is hosting a community blood drive in partnership with the San Diego Blood Bank, Monday, Jan. 25, from 1-6 p.m. The blood drive will take place in the parking lot at 1101 S. Main Ave.

All donors will receive a Limited ‘Present’ Edition SDBB 70th Anniversary t-shirt. (sizes subject to availability and while supplies last). They will conduct antibody

testing of each donation, but it is not a diagnostic test. It will not detect active COVID-19 infections or recent exposure.

For all COVID-19 blood donation restrictions related to symptoms and exposure, visit www.sandiegobloodbank.org/COVID19.

Anyone 17 and older, who weighs at least 114 pounds and is in good health, may be eligible

to donate blood. A good meal and plenty of fluids are recommended before donation.

Appointment and photo identification required. Call 800-469-7322 or visit SanDiegoBloodBank.org for more information.

Submitted by the San Diego Blood Bank.

911: Call if you can, text if you can’t

SAN DIEGO – Text to 911 is now available in San Diego County, including the sheriff’s department, all police and fire and emergency medical services agencies.

Calling is still the fastest way to reach 911; however, there are situations when texting may be the better option.

- You’re deaf, hard of hearing, non-verbal or have difficulty speaking.
- You’re in a situation where it’s not safe to call 911 for help.
- You’re having a medical emergency and cannot speak on the phone.

How does text to 911 work?

- Enter the numbers 911 in the “To” field.
- Give the location and nature of your emergency.
- Send the text message.
- Respond to dispatcher questions and follow instructions.

To download an interview explaining the service and video for broadcast, visit <https://spaces.hightail.com/space/hOTEr8sMNI>.

Data and message rates may apply. Do not use emojis, abbreviations and acronyms. Photos and videos cannot be sent to 911. Currently, the service is only available in English. Messages

sent to 911 cannot include other people.

Similar to 911 calls, text to 911 is for emergencies only. Intentional misuse of the system is a crime and is a punishable offense. If you accidentally sent a message, send a reply clarifying there is no emergency. Cell phone reception varies by location. If text to 911 is not available, you will receive a bounce back message asking you to call 911.

Remember: Call if you can; text only if you can’t call.

Submitted by the San Diego County Sheriff’s Department.

All invited to attend FUESD board meeting

FALLBROOK – The Fallbrook Union Elementary School District Governing Board will meet on Tuesday, Jan. 19 at 6 p.m. Meeting

agendas and login information can be found at fuesd.org/board.

All parents and community members are encouraged to

virtually attend the meeting.

Submitted by FUESD Superintendent Dr. Candace Singh.

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Please note that the Fallbrook Food Pantry is taking the Coronavirus (COVID-19) very serious and here is how we are addressing/preventing the food insecurity concern.
As of MONDAY MARCH 16, 2020, we made our food distributions a “NO TOUCH” service.

HERE’S HOW:

- 1.) Moving our market style distribution to the LEARNING CENTER (which is located at the pantry – 140 N. Brandon Road, Fallbrook) for food pick up only: all food (dry goods, canned, frozen meats, dairy items, bread and fresh produce) will be pre-bagged.
SERVING: MON-FRI 9:30AM-12:30PM
- 2.) No one is allowed to open bags and remove items that are unwanted – we cannot risk contamination. All food in bags must leave with each family/individual.
- 3.) Asking clients to stand 6 feet apart while standing in line for food.
- 4.) Asking both volunteers and clients to wear gloves at all times while in the pantry.
- 5.) Any new clients will be treated as an “emergency” and will be able to receive food with just an ID (YOU MUST HAVE either a driver’s license, state ID, military, school, etc.).
- 6.) Our hours of operation will remain the same: Monday-Friday 9:30-12:30.
If clients show up early to stand in line – we will begin serving them as soon as possible – even earlier than 9:30 to prevent “loitering” or too much contact with others.
- 7.) As long as staff/volunteers are willing and able to serve, we will not have to change days and/or hours of operation – but in the case of this situation changing due to a variety of possible obstacles, we will keep the public apprised of our decisions and make it known if and when we need EXTRA HELP from the community!

If you are interested in helping, please go to FALLBROOKFOODPANTRY.ORG, for volunteering or to make a donation. Thank you all so very much for your support and concern for our community in-need...your generosity and compassion is beyond philanthropic – it is pure LOVE! – In good health, Shae Gawlak, Executive Director

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MBK Solar Ends 2020 with a Huge Charge



Mark Kirk with satisfied customer Craig Lozzi.

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“I recently remodeled my entire house and moved my business (after 32 years in town in different locations) to my home. I incorporated many energy efficient features and used many sustainable technologies and materials. My initial solar installation was done by a company from San Diego. They did a good job but were not really available for customer support from so far away. I saw one of Mark’s ads in the Village News showing a solar battery backup system he had installed for a local

Fallbrook resident. I wanted continuous power at my home and business now that utilities turn off the power to thousands at will to avoid liability. I called up Mark, then visited the installation. The quality of work was outstanding. I felt right then that Mark was a true professional: taking pride in his work and offering excellent customer service. That is the exact same business philosophy I have strived to deliver to all of my massage clients over the years. My feeling about Mark and his company turned out to be true! He got on my job right away, obtaining permits, lining up all the different contractors from installation, clean up and touch up, one right after the other. It all went seamlessly. I found each of the people on his team to be excellent and, like Mark, very dedicated and caring. Rafael Urbina and his crew worked through an entire weekend to get it done. It was apparent that Mark is in very good standing with his manufacturers. I witnessed the support firsthand from Enphase as Rafael and former Enphase Field Technician, Laura Galavis, commissioned my system. Now my daughter Laurel and I can operate from the convenience of my home and be assured no matter what’s going on with the utility company, we can continue to provide services for our clients! I can’t recommend him highly enough! Today’s Solar Systems are highly technical, and it is a great feeling knowing if something is not working right, I can call Mark and I get the help I need!”

– Craig Lozzi, Fallbrook: Craig and Laurel Lozzi own and operate Transcendent Touch Healing Massage, now located at 2864 Reche Road, Fallbrook, 760-533-3505.



Mark Kirk stands with Steve Halsey and his new enormous battery system providing the backup power for their off grid needs.

usage during the non-production hours. I am able to monitor the system on my computer in real time and adjust usage up or down as needed to maintain the maximum comfort in our home. Rafael and his team got in and out in a very expeditious manner and I would highly recommend this local company.” – Steve & Patti Halsey, Bonsall, CA

More battery power.

“We decided to move forward with batteries after having been shut down by the Utility on more than one occasion and we were glad to learn that Mark was making huge advancements in the area of the batteries. He installed our solar a year ago and it has performed very well. We wanted more battery power than just enough to keep the refrigerators going, so Rafael, Laura and ourselves came to the conclusion that I needed 30kw of Encharge 10 Battery storage with the Enphase Enpower Smart Switch Energy management system. We now have access to all of our solar when the power goes down. With this system we are able to manage our solar and battery usage during an outage and will be quite comfortable in our home for an indefinite period of time while off the grid. Even with this much battery storage, we understand that we will still have to manage usage carefully, but we have enough solar to run the loads needed in the house during the day as well as recharge the batteries from their



Secondary meter for utility with disconnects.

GREAT NEWS - Congress just extended the 26% Solar Federal Tax Credit through 2022



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OPINION

New laws for 2021



Assemblymember Marie Waldron
AD-75 (R)

On Jan. 1, hundreds of new laws went into effect. Many are non-controversial or have limited impact, but some will directly affect the lives of thousands of Californians.

Among these are laws impacting businesses and employees. California’s minimum wage will increase to \$14 for companies with 26 or more employees and \$13 for smaller companies. California companies with five or more employees (instead of 50 or more) will now be required to provide 12

weeks of family leave.

All publicly owned companies based in California will be required to have at least one woman on their board of directors, companies with 100 or more employees will be required to report employee wage data to the Department of Fair Employment and Housing to help identify potential discriminatory wage patterns, and businesses will be required to notify employees and the general public of any workplace coronavirus exposure within 24 hours.

Laws affecting public safety include a bill I sponsored to help reduce recidivism by allowing a reduction in parole for successful

completion of medically assisted therapy. Another new law will increase penalties for texting while driving beginning in July, with two convictions within 36 months adding a point to your driving record.

Juvenile prisons are being phased out – youth committing serious crimes will be placed under county jurisdiction. Students acting out in school will no longer be referred to probation programs but will be directed into community support services.

Other new laws will shield people from civil/criminal penalties who break into hot cars to rescue children, and a flavored

tobacco ban, scheduled to begin Jan. 1, is being delayed after opponents claimed they filed enough signatures to block the law through a ballot initiative.

For better or worse, these are just a few of the new laws for 2021.

Assembly Republican Leader Marie Waldron, R-Escondido, represents the 75th Assembly District in the California Legislature, which includes the communities of Bonsall, Escondido, Fallbrook, Hidden Meadows, Pala, Palomar Mountain, Pauma Valley, Rainbow, San Marcos, Temecula, Valley Center and Vista.

January 6, 2021, the Epiphany

Epiphany – “a sudden flash of understanding.” For many people who saw what happened at the nation’s Capitol on Jan. 6, it was far from an epiphany. It was predictable based on what the POTUS had been encouraging for weeks: an attack by domestic terrorists. Because those terrorists are white and speak English and carry the American flag, does not

lessen their criminality, nor should it lessen their responsibility.

That they were called to action by Donald Trump should also be recognized as incitement, at the very least. That some Capitol police let the terrorists in and posed for selfies with them is an act of complicity and criminality. And, that the likes of hypocritical Ted Cruz, raised-fist brandishing Josh Hawley, and 50th Congressional District Representative, spine-less Darrell Issa continued to foment that insurrection, before and after the violent afternoon and evening, through a stream of rhetoric as they objected to the certification of legitimately elected Joseph Biden and Kamala Harris, is a

clear indication that they, too, are responsible for the mob attack. They should be held accountable.

So much happened that should have given folks an “epiphany.” Unequal law enforcement response – it must be said and said often, if those protestors had been people of color, the response would be, and has been, wholly different; Trump’s self-interest above obligations to the constitution; the blatant cowardice of Darrell Issa-types; the obvious destruction and thus criminal actions boasted by the terrorists , to name a few.

And some folks have responded, albeit too little too late: Rats abandoning the ship should not be praised. Elaine Chao, Betsy DeVos,

Trump’s family, etc., etc., aided and abetted Trump’s disruptive agenda from the beginning, getting us to the sad state we are in today.

All of the inhumane and destructive actions that Trump’s administration did to upend this country have been fermenting for four years. And they bear responsibility. The only epiphany they experienced is that now it’s their personal lives and careers that are being affected. It is disingenuous to “suddenly” recognize how morally deficient and dangerous this person they choose to enable is. That lack of spine is their legacy to bear.

And to the so-called Christians who have been so vocal with their

ill-placed support for Trump, I say shame on you. If you have a brain in your head and heart in your chest, you will live to experience that epiphany, and, for your sake, I pray it won’t be too little too late.

In the words of Doris Goodwin, “when you suddenly get the country to realize that something (Trump) is against the ideals that we. . . believe are us. . . we have to change something and make it different, that is the only way we can go forward.” That is an epiphany.

Leticia Maldonado/Stamos

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How to steal a Presidential Election

What have we learned from the Presidential election? For sure, we now know the Democrats have perfected the art of election fraud. What fraud, you say? Let me give you just a few examples of the myriad of election abnormalities in keeping with Lenin’s infamous quote, “Those who vote decide nothing. Those who count the votes decide everything.”

For instance, does it matter to the Democrats that 1.8 million mail-in-ballots went out in Pennsylvania, but 2.5 million ballots were returned? Or that there were 7.8 million eligible voters in Michigan, but 8.1 million votes were cast. Out west, 40,000 Nevadans voted twice, and another 1,500 of their deceased fellow citizens rose from the dead to vote for Biden.

Can we forget the thousands of underaged voters, illegal voters, phantom voters, and the droves

of out-of-state residents casting votes for Biden in Pennsylvania? Or the postal workers in Wisconsin backdating thousands of ballots for Biden that arrived after the election deadline.

How about the five contested states’ unanimous decision to use the Hugo Chavez-inspired Dominion voting machines with the Smartmatic software designed to shave off votes from Trump to Biden? Or the staggering number of ballots that came in unsigned or not requiring any signature verification thanks to too late changes in election law by the Democrats allies in “Black Robes.” Rogue judges, siding with the Dems legal teams’ lawsuits, ordered election law changes that are the State Legislatures’ enumerated responsibility, not the courts’ purview.

Then in Georgia, with observers out of the way, boatloads of

ballots were ushered in from under covered tables and inexplicably without custody records. Video recordings reveal that Biden ballots were tabulated multiple times. What a surprise, the seemingly insurmountable Trump lead miraculously began to wither away, and by early morning, Biden’s vote count surpassed the President’s? These election aberrations are not only all statistical anomalies: they are all statistical and mathematical impossibilities!

Do you still insist widespread fraud did not occur to affect the outcome of the election? Surely an open and fair review of the forensic evidence should settle this matter. But alas, standing in the way of a “Free and Fair Election” is, not surprising, the Democratic party, the DNC lawyers, and their disciples in black robes.

So why doesn’t Biden want to

know if the election was tainted or illegitimate? Wouldn’t his resolve to an open and honest election demonstrate to all Americans his fidelity to free and fair elections? If not for blatant and pervasive fraud alleged by Republicans, why are the Democrats hiding the ballots, the ballot envelopes, voting machines, and software from any forensic evidence review?

The simple fact is that on election night and in the ensuing days, we witnessed a sleight of hand Venezuelan-style election taking place. With little election oversight and a willingness to defraud voters, untethered from legal or ethical underpinnings, the Democrats pulled off the greatest “Election Heist” in our nation’s history while intentionally and maliciously disenfranchising 75 million Americans in the process.

Dave Maynard

One nation under God

Thank you, Julie Reeder, for putting things into perspective.

We, the citizens of this nation, are blessed whether we know it or not. The people of other nations realize it, especially those who are living under totalitarian regimes who do not enjoy our freedoms but yearn for them.

This nation’s founders valued religious liberty, the right to worship God without government interference.

Their belief in God, our creator, moved them to pen the following words in our Declaration of Independence, “We hold these truths to be self-evident that all men

are created equal and endowed by their creator with certain inalienable rights among which are life, liberty and the pursuit of happiness.”

The Christian Bible speaks of liberty, “where the Spirit of the Lord is, there is liberty,” in 2 Corinthians 3:17. It also calls us to love God, our creator and love our neighbor.

This liberty comes with personal responsibility.

Our founders valued God’s guidance in their lives knowing that our creator’s expressed desire is to bless his children, not curse them. They were happy to live in one nation under God with liberty and justice for all, as our Pledge of Allegiance reads. So am I.

Abraham Lincoln expressed his hope “that government of the people, by the people and for the people will not perish from the earth.”

I share his hope and am not ready to welcome socialism to replace our current form of government.

I don’t understand how so many citizens of our nation are willing to vote our precious freedoms away, neither does Julie Reeder, I suspect.

To those who intentionally deceive others for their own profit, God the Son asked, “What does it profit a person if he gains the whole world, but loses his own soul?” in Mark 8:36.

Jim Bowles

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Conflict journalist reports Capitol storming led by Antifa agent provocateurs



Julie Reeder
Publisher

It was reported by The Washington Post that the “first wave of protesters arrived at the Capitol about 12:40 p.m.” They would have had to start their trek to the Capitol before Trump even started his speech. It is unlikely that Trump supporters would miss his speech since it was the reason everyone came to Washington to see and hear the president. The president concluded at 1:11 p.m. Then his people started the 45-minute walk with crowd-related delays. It put the first people from Trump’s speech at Capitol Hill no earlier than 1:56 p.m. – a full hour and 16 minutes after people who broke into the Capitol arrived.

The Washington Post also said: “Sund’s outer perimeter on the Capitol’s west side was breached within 15 minutes,” meaning the Capitol was breached over an hour before Trump speech attendees could have even begun to arrive.

While the FBI reported after the

incident that they didn’t find any ties to Antifa, it’s been reported that at least one person entering the Capitol had ties to Antifa and Black Lives Matter. He claimed to just be filming.

Michael Yon was interviewed after the Capitol building was stormed. Yon served as a Green Beret in the special forces in the 80s. In the 90s, he became a writer embedding himself in conflicts around the world. In 2008, The New York Times reported that he has spent more time embedded with combat units than any other journalist in Iraq. He has covered over 500 conflicts, including the Capitol riot, and possibly more than any living journalist. This interview is with Joshua Phillip from his show “Crossroads.”

“I’ve been doing this for years in many countries. On Wednesday, the big events happened at the Capitol building with Antifa leading the way and using agent provocateurs (APs) to basically guide Trump supporters into the Capitol building. They were encouraging people to ‘Go over the wall.’ They had set up the bike rack barriers that they had taken down and used those for ladders. And so you had APs helping people get over the wall. So I stopped, got video of their faces and photographed them. (It was) clear AP work. ‘Come this way. Go up. Come on, there’s still room. You can get in. Come on, you need to come up. This is your job. This is your chance. Stand up for your country.’ Waving huge Trump flags, got the rebel flags out there – false flag. That’s why they call it a false flag. Meanwhile, you’ve got Trump supporters going, ‘No, there’s Antifa here.’ Antifa then start attacking the police. They’re (Trump supporters) like, ‘That’s

not us. That’s Antifa.’ You can see it on many videos.

Yon said, “Trump supporters were trying to intervene, and you can see when the initial attacks were going on, Trump supporters were trying to pull them back. And then back from the front line on some of my other videos, people right in front of me talking, saying, ‘I don’t agree with this. This is wrong. We shouldn’t be here. There’s Antifa all around us.’ You hear Trump supporters jumping up many times, going, ‘There’s Antifa here. They’re doing this. Antifa are making us look bad. Be careful, they’re going to attack us. There’s Antifa all over the place. They’re dressed just like us. We don’t know who they are,’ but on the tactical level, out there in front of the Capitol, the tactical, you might say, was Antifa that day leading them right into the action, breaking down doors. You can hear clearly Trump supporters saying, ‘Don’t break anything. Show respect.’

There must be thousands of videos. I obviously can’t go through them all, but you can clearly see many Trump supporters saying, ‘Don’t break anything. Don’t steal anything,’ that sort of thing. I did not go inside the building. I was outside the building watching the activities out there and saw a lot of agent provocateur activity with Antifa using Hong Kong tactics, wearing the same sorts of masks that they wore in Hong Kong. As you know, I was in Hong Kong for approximately seven months until they finally kicked me out, so I was in about a hundred of the big protests and many of the small ones, so I’m very familiar with their tactics, very familiar with their procedures and how they operate. And we know Antifa was actually in Hong Kong learning their tactics. And the goggles, and the same sorts of 3M masks and that sort of thing. Because this requires the kind of analysis that only Epoch (Times) is doing at this time, you in particular, because there’s probably thousands of videos to digest, but what we’ve seen so far and being physically present, Antifa clearly led the attack.

That was utterly obvious. For instance, outside, during a part of the attack when there was much gas fired and I believe rubber bullets, I’m not sure about that; they were throwing flash bangs. That’s clear. We were right there. There was a lady on a megaphone saying, ‘Send up the masks, send up the masks.’ She said it over and over. It’s on our video and others. That’s a clear Hong Kong tactic that I’ve

never seen in any other war and conflict, which is Hong Kongers would constantly say, ‘Send up water, send up masks, send up shields.’ We saw shields. That’s what they used in Hong Kong. That’s what Antifa is constantly using. You see, they show up with their homemade shields often or shields that they’ve stolen. And so yeah, there was Antifa written all over this. What we saw there at the Capitol was right out of the handbook. It was the playbook. In other words, show up wearing your enemies’ clothing, waving their flags and do things while basically false flags.

That’s why they call them false flags. They’re bringing and waving the enemy flag, which is Trump supporters’ flag. They’re waving Trump flags and doing violence. Now, keep in mind there’s different elements of Antifa. What we saw in the Capitol building is your ‘A’ team. That’s your special forces Antifa. Those are the guys that come out for special actions. So that’s your 1% of Antifa. On the pie chart that I’ve shown you before that I drew out for you on paper, that’s your tiny sliver. That’s your special forces of Antifa. That’s what we saw in the Capitol building. They know exactly what they’re doing. They’re well-trained; they’re well-organized. They show up with the gear that they need. They’ve got the statements ready to say, ‘She’s dead,’ that sort of thing. They come out and they make great statements for the camera, sound bites. These guys are professionals. They come in and they harness the energy of a preexisting movement or protest, so in this case, let’s say Trump supporters.

I believe actual Trump supporters had a real rally; Trump called it himself. So he gave the speech at the Ellipse in the morning. So they (Antifa) basically hijack your horse. So they come in and, in this case, after the speech at the Ellipse, you had to walk pretty far over to the Capitol. So people left the Ellipse to go to the next rally. The next rally was at the Capitol building, so as Trump supporters started to go to the Capitol building, where we went next, that’s when I started seeing APs that were like, ‘This way, this way. Keep coming forward.’ ACAB is ‘All Cops Are Bastards.’ So when you see ACAB written, usually it’s magic marker or painted (somewhere on their helmets, gear or on them,) that’s a clear Antifa sign. It couldn’t be any clearer. Trump supporters never come up with ACAB. For instance, you never see Trump supporters

with shields, and Antifa constantly uses shields. Hong Kongers, of course, use a lot of shields because they were getting hit with rubber bullets.

Another thing we saw is individuals changing their clothes on the scene. It’s something also we’ve seen with some Antifa members.

They’re harder to track when they change clothes. They can egress and ingress as well. They can go to the action in one set of clothes, change, do their Superman change and then egress after they changed clothes. I didn’t go inside the Capitol building. I saw it on other people’s video. So that’s a common Hong Kong tactic, to bring a change of clothes in your backpack or to wear two clothes to begin with and just take one off. You’ve got a group there, you can harness their energy and use it to your ends. ‘Come this way, everybody,’ just waving their flag. ‘This is where it’s at. Come over here. Go here. We’re going into this door.’ It’s too easy. And once people get riled up, they’ll do it because we’re humans and we will go with the herd, and right through that door.

I am the most experienced living American combat correspondent. I’ve been doing this for years in many countries. As you know, and war is what I do, not elections. And I know what I’m doing when it comes to war. And I see the United States is now clearly going into civil war. It’s unambiguous at this point. And so what we saw there, Antifa is helping to rile this up, CCP is neck deep in this and so we are facing an information war of unprecedented scope. I’ve written three books on it. Unfortunately, they’re all in Japanese because I’ve been working to try to wake the Japanese up to this. They’re also a target. The Japanese are facing the same information war, but in Japanese language.

They are trying to rewrite textbooks for schools, taking hold of teacher unions, every technique and tactic that you see being used here is being used in Japan, and it’s being used to split Korea and Japan. It’s being used in Korea as well. As you know, I spent years in Asia rolling around, studying this thing, so it’s coming for us now. We have to make a united face in order to face the enemy. The enemy is CCP and some others who are organic to the United States.”

Julie Reeder can be reached by email at jreeder@reedermedia.com.

COVID-19 Vaccine Town-Hall can be heard online



Supervisor Jim Desmond
5th District

Hello and Happy New Year everyone! I hope you had a wonderful and safe holiday season.

The health impacts of COVID-19 have been tragic for so many vulnerable people, their families and loved ones. While our numbers continue to rise in San Diego County, there is light at the end of the tunnel. The vaccine has arrived in San Diego County and our front-line healthcare workers

are starting to receive it.

On Jan. 7, I held a Vaccine Rollout Town-Hall with our county health officials. We discussed an overview of the Vaccine Rollout plan for San Diego County and what the plans are going forward. It was an informative discussion and answered many of the pressing questions.

We recorded the discussion and I have posted it to my Facebook and YouTube pages. If you’re interested in when you may receive the vaccine, or where you go to receive it, I suggest you take a look at the video. Search Supervisor Jim Desmond on any of the social media platforms and you should see the video labeled COVID-19 Vaccine Town-Hall. It will answer many questions and hopefully keep you better informed.

I’m hopeful soon, COVID-19 will be behind us and we can move forward!

As always, if I can be of assistance or answer any questions, I can be reached at 619-531-5555 or via email at Jim.Desmond@sdcounty.ca.gov.



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THE DISGRACE OF REP. DARRELL ISSA

California 50th Congressional District



On January 3, 2021, Rep. Darrell Issa took the oath of office, swearing to “support and defend the Constitution of the United States against all enemies, foreign and domestic.”

On January 6, 2021, Rep. Issa abandoned this oath when he voted to object to the Presidential Election results for the states of Arizona and Pennsylvania. His vote not only interfered with the will of the voters of those states, but it was an intentional obstruction of our nation’s constitutionally mandated process.

This act was perpetrated by Issa and his like-minded colleagues for the purpose of delaying and discrediting the certification of the results of our Presidential Election, and pleasing a lame-duck president.

They defied the will of a solid majority of U.S. voters, while supporting the false narrative of a “stolen election,” a narrative that resulted in the assault and desecration of the United States Capitol Building, and the deaths of five Americans.

By voting to reject the election results of Arizona and Pennsylvania – and certification of our national election result – Rep. Issa behaved as an enemy of our voters, our laws, our courts, and our Constitution, along with the mob of insurrectionists who rioted in our nation’s capital.

We urge our community to condemn Rep. Darrell Issa’s actions swiftly and righteously. Contact him through his website at issa.house.gov; by phone, (202) 225-5672; and on social media, including Facebook, @darrellissa, and Twitter, @repdarrellissa.

Now, let us work together to revive and renew our democratic institutions and restore civility to our political debates.

This political advertisement is proudly paid for by members of the Fallbrook Democratic Club.

Marble baby placed at top of Monserate Mountain



Michael Sykes poses with his sculpture of a baby carved entirely out of Italian marble.

Christal Gaines-Emory
Intern

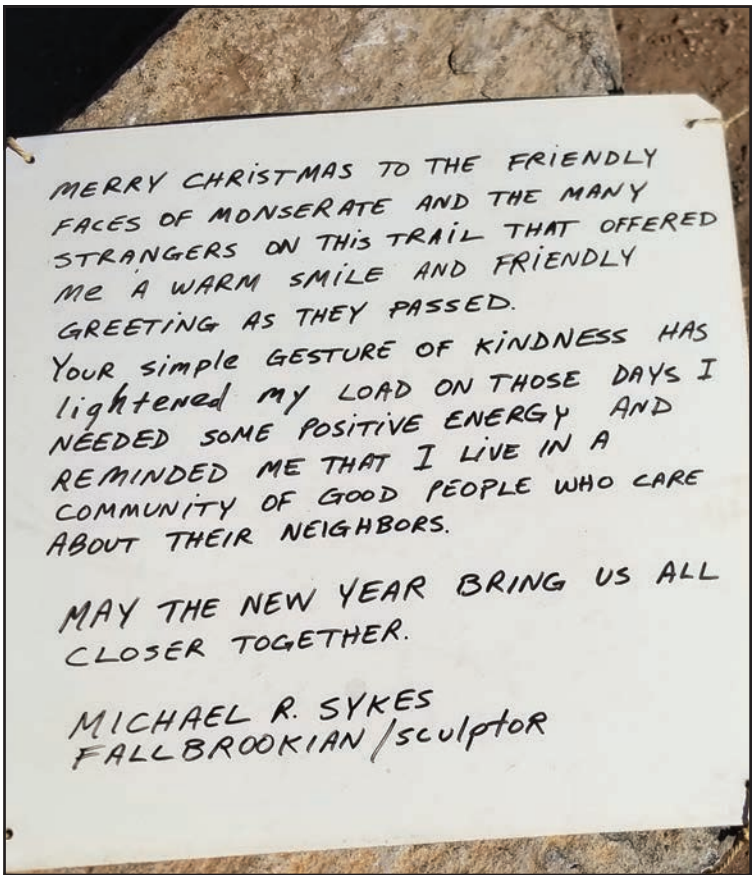
Hikers on Monserate Mountain may have been surprised to find a sculpture of a small baby placed in a manger at the top of the trail during the week of Christmas. After retiring from his tourism business due to the COVID-19 pandemic, Michael Sykes began

dedicating his time to a new project. Although he does not consider himself an artist, he decided to carve a statue of a baby out of Italian marble to be placed on the top of Monserate Mountain. When the pandemic first hit, Sykes contracted a virus that attacked his heart and he was struggling to adjust to his new circumstance. This prompted him



The statue, after being put in a manger, sits on Monserate Mountain for hikers to enjoy at Christmas time.

to begin his new marble carving project. “I’m not an artist, I’m a craftsman,” he said. “I like working with all different materials, but marble is harder because if you make a mistake, you can’t go back. Stone can’t be put back together.” The baby figure took a total of 500 hours, and it ended up weighing around 45 pounds.



Michael Sykes’s sign is posted with the sculpture, in hopes of brightening the new year for hikers who see it on Monserate Mountain.

Initially, Sykes said he wanted to place it on the top of Monserate to help inspire people and bring more art into their lives. However, after speaking to friends and family members, Sykes realized that many people had lost faith in humanity, so he wanted to help bring back their faith. “Everyone told me not to place my sculpture on Monserate because they believed it would either be stolen or vandalized,” he said. “But that’s not what happened. No one stole it and it was in perfect condition the whole time.” Working with marble was an adjustment for Sykes, and he struggled to work with it at first. “The eye is prejudiced,” he said. “I kept noticing mistakes.” Then, once he had the proportions right, Sykes freehanded it to give it more personality. Once it was done, Sykes said he was very proud of his work,

but he was looking forward to the reaction from the community. The baby was put in a manger to resemble the birth of Jesus, and it was placed on Monserate Mountain on Christmas Eve where it remained until Jan. 5. During this time, Sykes hiked the trail several times to see people’s reactions and discuss the artwork with other hikers. “People were shocked that it is handmade from marble,” he said. “Everyone thought that it was a casting.” He loved seeing how the others reacted to his statue. According to Sykes, there was a lot of appreciation and enthusiasm, especially among young people. “Other hikers thanked me for creating the statue,” he said. “I just wanted the community of Fallbrook to be able to enjoy this piece and help people find their faith in humanity again.”



The baby carved in marble represents Jesus when placed in the manger. Village News/Courtesy photos

United Way encourages eligible San Diegans to enroll in CalSavers retirement savings program

SAN DIEGO – CalSavers is California’s new retirement savings program created for the millions of Californians who do not have a way to save for retirement through their job. United Way of San Diego County encouraged all eligible San Diegans to enroll in the program and recommended that all eligible employers facilitate a CalSavers program for their workers. CalSavers was created by legislation in 2016 requiring California employers that do not already sponsor a retirement plan to participate in a CalSavers automatic enrollment individual retirement account. The program makes it easier for workers to save for their retirement by allowing local small businesses and companies to provide workers with a retirement savings option with no employer fees, no fiduciary liability and low administrative complexity. “Too many San Diegans are unprepared for retirement, threatening the stability of their families,” Nancy L. Sasaki, president and CEO of United Way of San Diego County, said. “Given today’s economic uncertainty, without an easy way to save for retirement, many workers simply won’t. This lack of access to employer-sponsored retirement plans disproportionately affects younger workers and people of color, who already face significant financial hurdles. However, mounting evidence shows that access makes a difference. That’s exactly what CalSavers provides, and why we’re encouraging all eligible employers and employees to take advantage of this amazing program now.” **Statistics about retirement savings in California:**

- Nearly half of all Californians have inadequate savings, and are on track for significant economic hardship in retirement.
- 7.5 million Californians lack a way to save for retirement at work.
- Two-thirds of California workers without access to work-sponsored retirement plans are people of color and half are

Latino.

- Even though saving while you’re young makes a major difference, two-thirds of working millennials have no money put away for retirement.
- Access makes a difference: people are 15 times more likely to save for retirement if they can do it at work.

How CalSavers works

There are two ways to join the program: at work through a participating employer or directly for those who do not work for a participating employer. At work, employees are enrolled automatically into CalSavers unless they choose to opt out. Once enrolled, employees can contribute to their personal retirement account automatically with each paycheck. Participants can stick with the standard account settings or choose their own. To ensure CalSavers works for our mobile workforce, savers can keep their account as they move from job to job and self-employed individuals can participate. Eligible employers can register for CalSavers at any time by the following deadlines:

- Businesses with over 100 employees: Sept. 30, 2020. The deadline has passed, but employers can still enroll.
- Businesses with over 50 employees: June 30, 2021
- Businesses with five or more employees: June 30, 2022
- “CalSavers is free for businesses,” Sasaki said. “It’s an easy way to provide for your financial futures and help your employees thrive. We encourage everyone to enroll in this valuable program as soon as possible.”

Useful links

- Learn more at <http://saver.calsavers.com>.
- Ready to sign up? Click here to start your enrollment.
- Download the bilingual mobile app to make saving even easier.

Submitted by United Way of San Diego.



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PDS holds public forum on proposed Sandia Creek Drive gate

Joe Naiman
Village News reporter

The county’s Department of Planning and Development Services held a public workshop Jan. 7 on the proposed gate on Sandia Creek Drive.

“The purpose of today’s meeting is to provide an opportunity for the public to make comments and ask questions,” said PDS project manager Nick Koutoufidis.

PDS will continue to receive any additional public comment through Jan. 18, and that night the Fallbrook Community Planning Group will address the gate and potentially make a decision. The public input will be incorporated into PDS staff documents, and PDS director Mark Wardlaw will make a decision on an Administrative Permit for the gate.

“The final decision has not been made. This is still a permit that is in process with the county,” said PDS deputy director Mark Slovick.

An individual or group who disagrees with Wardlaw’s decision has the right to appeal that decision to the county’s Planning Commission. “Once the decision is rendered by Planning and Development Services that isn’t the final decision necessarily,” Slovick said.

The Fallbrook Community Planning Group heard public comment on the proposed gate Dec. 21 before a 10-4 vote, with one vacant seat, continued the item until the Jan. 18 meeting. Planning group members were hoping that gate proponents could resolve issues with neighbors and others who have concerns.

Residents of Sandia Creek Drive and Sandia Creek Terrace have requested the gate to limit access to the private road portion of Sandia Creek Drive to residents and invited guests. The road maintenance agreement for the private section of the road was approved in 1989, and 56 property owners pay for the maintenance of the road. Because the proposed gate does not have the unanimous consent of the property owners, an Administrative Permit is required for its installation.

The private portion of Sandia Creek Drive is approximately 2.2 miles. The gate would be installed just north of Rock Mountain Drive and is intended to deter through traffic, although an exception for other DeLuz residents for whom the private portion of the road is a legitimate route rather than a shortcut was discussed during the Jan. 7 workshop.

The private portion of Sandia

Creek Drive extends to the county line. The Riverside County portion of the road is administered by the DeLuz Community Services District and is a public road, so no gate would be allowed north of the county line.

The property owners voted on a two-gate project which received support from approximately 80% percent of the landowners; one gate would have been at the southern end of the private road while the other gate would have been at the county line. The county’s Department of Public Works deemed the two-gate proposal not feasible due to issues involving road width and California Environmental Quality Act compliance. “The county could not support this due to safety and operational issues on the county public road,” Koutoufidis said.

The current plan includes three turnarounds in addition to the gate. One would be just north of the gate, one would be just south of the gate, and one would be near the beginning of the private portion of Sandia Creek Drive. The gate and turnarounds would be complemented by signage notifying motorists that the private section is closed to through traffic. The signage would meet federal standards for night visibility, which would limit the risk of a motorist who is lost in DeLuz driving all the way to the gate before needing to turn around.

The single-site gate system would have two swing gates. Solar panels would allow for battery backup in case electrical power is lost. The gate would be no more than 12 feet high.

If the primary source of power is lost, the gate is supposed to open automatically and remain open until full power is restored. The North County Fire Protection District would have a key to unlock the gate manually, and the gate would also respond to emergency vehicle strobe signals.

The gate may also be opened by a remote radio signal; the nearest NCFPD fire station is 4.2 miles away by air and the radio signal has a range of five miles. Remote operation by the regional dispatch center in Rancho Santa Fe would also be an option. The radio control system would be tested before the gate becomes operational.

An Administrative Permit is a discretionary permit and requires CEQA findings. The proposed CEQA finding is a Negative Declaration. In addition to analyzing the state-mandated vehicle miles traveled impact PDS

and DPW also analyzed level of service impacts.

A traffic study was conducted in 2020 which indicated an average daily traffic volume of approximately 2,200 vehicles including 1,700 through traffic motorists. PDS and DPW estimate that the gate would divert approximately 1,600 average daily trips to East Mission Road and another 300 trips to State Route 76. The vehicle miles traveled study indicated that the gate would reduce the distance by approximately 11% per motorist.

“There would not be a significant impact for this plan, and no mitigation would be required,” Koutoufidis said.

Some of the speakers Jan. 7, as well as during the previous month’s planning group meeting, expressed concern about the gate being near specific properties or the lack of information provided. The concerns also included the ability of other DeLuz residents to use Sandia Creek Drive as a legitimate route to Temecula rather than a shortcut and the ability of goods and service providers to deliver to the neighborhood.

Members of the Sandia Creek Road Committee and other proponents of the gate have indicated that access codes would be provided to the United States Postal Service, Fallbrook Propane Gas Company, and others who deliver to the homes on the private portion of the road. Neighbors elsewhere in DeLuz may request an access code; such access would likely be granted to actual neighbors although some of the Jan. 7 speakers requested that granting access be automatic for other DeLuz residents.

“The families on Rock Mountain are neighbors. We are not going to deny anyone an opportunity,” said road committee member Alma Carpenter.

“Our concern is really the traffic coming here into the community that’s unsafe,” Carpenter said. “These are people who are coming through here that don’t belong here.”

Carpenter noted that the through traffic is causing deterioration to the road. “We need to put a stop to it. We can’t as a community sustain even the maintenance of

this road,” she said.

Megan Gamble and her husband are 45-year residents of the area. “We fully support gate measures to control the traffic on this road,” she said.

“There really hasn’t been a long-term plan on how the gate will be financed,” said John Tomik.

“We to this day have very little information,” said Andrew Dale, who has lived in the 40200 block of Sandia Creek Drive since 1989. The gate and one of the turnarounds is by Dale’s property. “At this proposed location, the gate will not prevent the public,” he said.

Dale believes that use of some of his property would be necessary for the gate and the turnaround. He noted that the road maintenance agreement covers only the road itself. “It is our opinion that a separate agreement would be needed for any gate to be constructed,” he said.

The motorists turning around at the gate would create noise issues for Dale and his family and would also make his property more likely to be the site of an incident involving traffic which does not turn around safely. “We do not accept the liability that a gate on our land brings,” he said.

“What they don’t like is the lack of transparency,” said

attorney Deborah Zoller, who is representing the Gallagher family.

“We ask that you go back to the starting block,” said Craig Sherman.

“We need it for our safety. We also need it for the safety of the general public around us,” said Abby Elston, who has lived in the area for more than 30 years. “I’m an extremely strong supporter of this, and we need it soon.”

Rock Mountain Preserve, which is managed by the Fallbrook Land Conservancy, abuts Sandia Creek Road. “We have seen multiple accidents, fatality accidents, on FLC property,” said FLC executive director Karla Standridge.

Henri Gerwig has lived on Sandia Creek Drive since the 1980s. “It’s all about private property rights,” he said. “We privately pay for everything, and we think it’s time we control the traffic.”

Gerwig noted that the property owners may be liable if a motorist is injured on the private section.

Some speakers during the Jan. 7 meeting proposed that the county take over the private section of Sandia Creek Drive. County policy would require that road to be brought up to county standards before the county could accept that portion as a public road.

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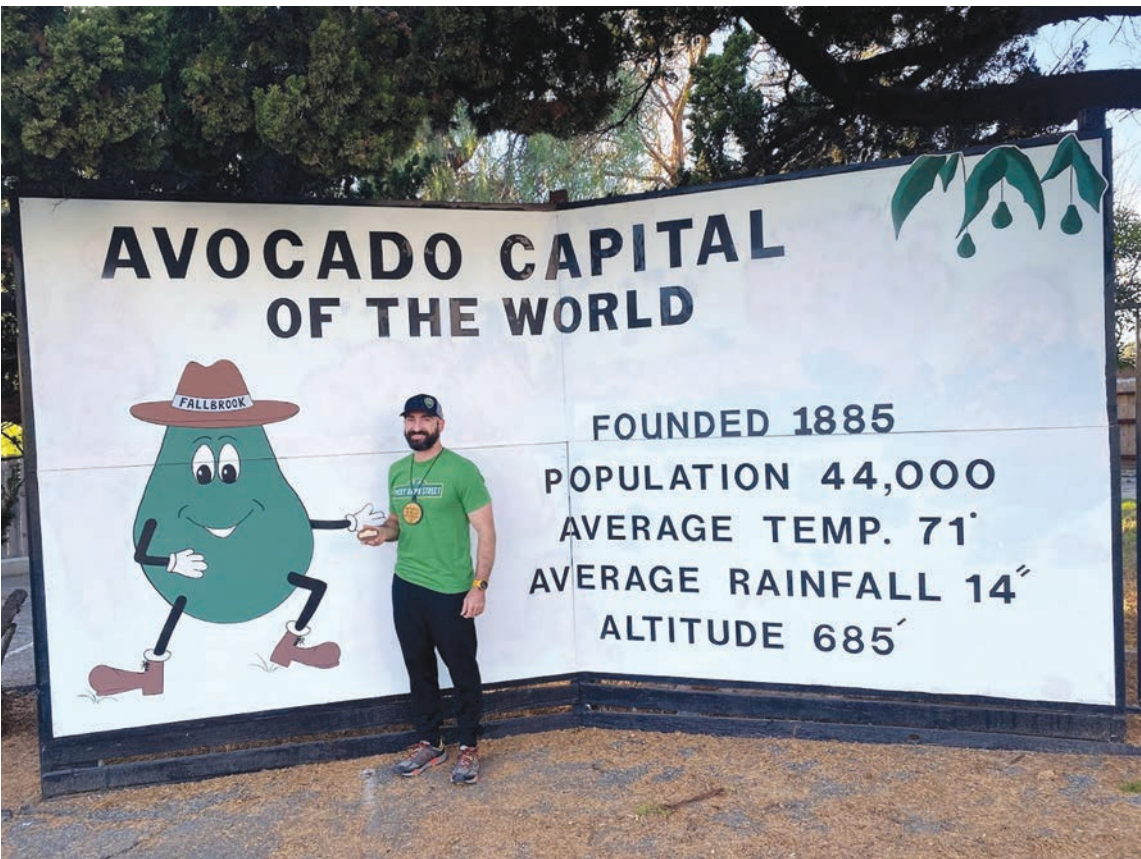
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James Blackwell stands in front of Fallbrook's landmark Welcome Sign during the "Every Damn Street" challenge which took him two months to run. Village News/Courtesy photos

RUNS
from page A-1

been a difficult year for organized ultrarunning competitions. However, there are many online challenges. The one Blackwell recently completed is called "Every Damn Street," which was organized by Aravaipa Running. In this event, athletes were challenged to run every single street in a city or town. He chose Fallbrook to

meet the challenge. Since moving to Fallbrook, Blackwell enjoys running at Monserate Mountain, De Luz, and Los Jilgueros Preserve. His upcoming challenges include "Run One" where he will run the complete length of De Luz from Fallbrook to Temecula. He is also planning on "Everesting" Palomar Mountain, which means scaling the mountain continuously until he has reached the altitude gain of

Mount Everest (29,032 feet). Fallbrook has just under 1,000 streets and Blackwell has covered every block of every one of them. To complete this, he ran 258.53 miles, and climbed 49,019 feet of elevation. His wife, Frances, was born and grew up in Fallbrook, and says James has seen more Fallbrook streets than she has! When asked which street was his favorite, he replied, "The last one." Submitted by MaryAnne Jones.



James Blackwell ends a long run by enjoying a cold treat from Yogurt Palace, while sitting in Vince Ross Village Square.

BUSD
from page A-1

Jan. 11. In a phone call with Village News on Friday, Jan. 8, Jones made it clear that staffing issues and employees within the district that have either been exposed to someone with the virus or have the virus currently was the main factor in making the decision. "All of our classified and certificated classroom teachers, the contact tracing and/or cases over the holidays ...," Jones said. "We have to be able to have the staffing to teach in-person instruction. There are people that need to quarantine until they can return to work. "There's not much you can do if it looks like you're not going to have the staff members and teachers there to teach kids in person. And you don't have substitutes, which is what a lot

of districts are dealing with. Not only here, but in different areas of the country. "If you don't have your teachers there and you don't have any substitutes, you can't do in-person learning." The BUSD Governing Board of Trustees unanimously approved the district's Reopening Plan on Aug. 12, 2020. Students had returned with a hybrid model in the weeks before the holiday break as well as students attending classes online only. "It was a combination of both," Jones said. "But we also started to see, prior to the break, which is similar to the data I was looking at a few days ago, we started to see the case rate and close contact tracing go up in classrooms and our schools. We were shutting down more classrooms and getting close to shutting down schools right prior to the break because of the cases." Jones said in the letter that the

district has always maintained that the return was tentative and that BUSD staff would monitor and update parents when and if anything had changed. "There is no change to the online only students' schedules," Jones wrote. "Please know that we understand this situation continues to be challenging for our families as well as our staff as a whole. The school board, staff and I would like for students to be at our schools as much as possible, and we will do so when COVID data in our school community, along with guidance from the state and San Diego County indicates it is safe for our students, families and staff members." Jones said school site principals would be in contact with parents and students from each school to convey further information.

Jeff Pack can be reached by email at jpack@redermedia.com.

FORCE
from page A-1

shift away from a volunteer force was already starting during his tenure as chief. "I remember at one time when I was still chief and they first put a couple of paid guys out there, I was explaining to my board that it was kind of something that was going to happen," Moramarco said. "We were having trouble keeping people there, and it ended up almost being all guys that lived somewhere else (who worked at Rainbow's station) to put on a résumé" Both men served on the Rainbow Volunteer Fire Department for decades – Fried joined in 1984, and Moramarco said he started not long after his family moved to Rainbow in 1975. Fried said he had been living in Rainbow about two years when he came across the fire chief at the time, who was looking for new volunteers. "One of the old fire chiefs, Fred Buck, had a fire engine parked over by Vallecitos School out here, I think I was walking back from taking my kids to school and it had a sign on there, 'volunteers needed,'" Fried said. And I asked him about it and I said, 'I don't know anything about this' and he said 'we'll train you.'" Fried said he was in his 30s when he joined the volunteer fire department – a bit later than typical. Moramarco started much younger; he was just 18, having graduated from high school not long before his family's move to Rainbow.

"I was actually riding my bike down the street one evening and the chief at the time was doing a drill on the then-empty lot where the station was at the time," Moramarco said. "I was talking to him and he was looking to get some younger people on the department." And the rest is history. Mormarco said he believes he was the longest-ever-serving volunteer firefighter in Rainbow by the time he left in 2017, and he even remains one to this day – he is now a volunteer firefighter in Scottsburg, Oregon, where he relocated after retiring. Volunteers were, of course, not paid. To make his living, Fried said he had his own bookkeeping business in town during his early years on the fire department, which allowed him to quickly respond to calls. "Basically all of the volunteers lived in Rainbow (at the time I started)," Fried said. "I had my own little business so I worked in Rainbow, too, as did a few other people. I would respond to every single call and at night when people came home from work we would get more."

He said back at that time, an alarm in his house would alert him to calls. "The original old ones they had back in the day, there was no way they slept through those things," Fried said. In later times, a siren similar to an air raid klaxon which could be heard across Rainbow would alert firefighters, he said. Fried said he took EMT classes that later allowed him to become a member of reserve personnel at what was then called the Fallbrook Fire Protection District (the district would be renamed North County Fire Protection District after the consolidation with Rainbow in 1987), and also was able to become an EMT instructor at Palomar College, starting as a part-timer in 1989 and working full-time from 1991 until 2011. Moramarco said after working as a volunteer in Rainbow for years, he was able to get a position as an engineer with North County Fire, where he stayed full-time for 24 years. That didn't mean he wasn't spending plenty of time in

Rainbow, too, though. "Even after I moved out of Rainbow, I would go down on my days off," Moramarco said. He was Fried's assistant chief prior to Fried's retirement. Working for a volunteer force did, of course, come with sacrifices. "I would miss a couple of Christmas mornings," Fried said. "When I was working at North County you go to the station and you're paid to do that. I think it's a thing that volunteers doing it for really no monetary compensation and just the good of the community." Fried said his family understood, though – his wife was a 911 dispatcher for North County Fire, and he now has one son each working for the Vista and Poway fire departments. "They used to say you couldn't go around North County and throw a cat without hitting a Fried," he said. And despite whatever sacrifices there may be, Moramarco still does not have it in him to get out of the fire service. "I guess you'd say it gets in your blood, kind of thing," Moramarco said. "I'm the type of person that if I do something, something I like, I keep doing it, so if I do something that it turns out I like doing, kind of got my foot in the door at 17, it kind of became my life. I think my wife even wishes I didn't sometimes." He said he enjoyed working as a firefighter for so long because of the feeling of being around to assist others in the community. "I pretty much enjoy helping people," Moramarco said. Much as they both said they loved working for the Rainbow Volunteer Fire Department, both Moramarco and Fried said it was not unforeseen that full-time North County firefighters would eventually take charge – and as far back as 2006, an article in The Californian detailed the Rainbow station's need for more volunteers, particularly local ones. "Since they weren't locals on the department, having someone to man the station ended up being kind of troublesome," Moramarco told Village News. High turnover became a problem, too, as many of the volunteer firefighters were looking to move on to paid firefighting positions elsewhere. "Because Rainbow had so few volunteers that actually lived in Rainbow anymore, we used a lot of out of district guys the last few years, and a lot of my students came to work out here in Rainbow, and then they wanted jobs..." Fried said. "When you lose your community base, it's tough."

And many volunteer fire departments in California have long had problems ever since volunteers became required to meet the same training standards as professionals in 2004. "Every place that has volunteers kind of has trouble getting enough," Moramarco said. "It's kind of a national thing, people just don't have the time." Fried, who still lives in Rainbow, said the volunteer fire department will always be important to him, and he hopes the volunteers are not forgotten. "I was out here so many years, I had so many good calls. I remember the first baby I helped deliver, I remember the first kid I helped save," Fried said. "I just think the volunteers did a really great thing. I hate to think of them being forgotten." They won't soon be. "We are grateful for all the years of service provided by our Rainbow Volunteer Firefighters and will never forget the contributions made by these faithful public servants," North County Fire said in a statement Jan. 6. "It will be an honor to carry the torch and provide this new level of service to this community." Will Fritz can be reached by email at wfritz@redermedia.com.



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Data shows slight declines in new local COVID-19 cases, but pandemic situation remains dire

Will Fritz
Staff Writer

the variant.
City News Service contributed

to this report.
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email at wfritz@reedermedia.com.

The average number of new daily cases in the Fallbrook area has declined for the first time since the start of the current coronavirus wave, the latest county data show.

The weekly average case rate for the 92028 ZIP code, which also includes De Luz and Rainbow, was 72.0 cases per 100,000 for the most recent week available, Dec. 20-26 – marking the first time the local case rate has declined in weeks, having been at 79.9 cases per 100,000 between Dec. 13-19.

The rate had been 57.4 cases per 100,000 the previous week, and 43.4 cases per 100,000 the week before that.

There were 247 new positive coronavirus cases in 92028 between Dec. 20-26, a decline from 274 new cases the previous week.

Fallbrook specifically (not including the outlying areas that are part of the 92028 ZIP code) is starting to fare a bit better as well.

The county’s Fallbrook “jurisdiction” was reporting a case rate of 123 per 100,000 between Dec. 20-26, down from 128.7 per 100,000 from Dec. 13-19.

But the slight declines in case rates do not mean the pandemic is over, and indeed the coronavirus situation remains dire as ever in San Diego County.

County public health officials have reported 3,288 new COVID-19 infections and 33 additional deaths from the virus as of Sunday, Jan. 10.

The county’s cumulative cases now number 191,888 and the death toll stands at 1,857.

Sunday’s reported cases mark the 41st consecutive day with more than 1,000 new diagnoses.

Cases have crossed the 2,000 mark in 30 of the past 31 days after Tuesday’s 1,814 broke a 26-day streak. The 3,000-mark

has been crossed 15 times since the start of the pandemic while the 4,000-mark has been crossed three times.

Hospitalizations resulting from the virus rose another 32 to a total of 6,238 on Sunday. There were four new intensive care admissions, bringing the total to 1,271.

The county has surpassed 80% of its hospital beds occupied, a significant number due to the county reserving the last 20% of its licensed beds exclusively for COVID-19 patients. New patients, according to a plan developed by the county HHSA last year, could be turned away in some cases.

The HHSA reported a 89% increase in COVID-19 hospitalizations in the last 30 days and a 67% increase in ICU admittance in the same period.

Supervisor Nathan Fletcher said Wednesday, Jan. 6, it’s likely the number of hospitalizations will continue to increase due to the 21-24 day “lag” period between rising cases and rising hospitalizations.

Another six community outbreaks were reported Sunday. There have been 43 outbreaks in the last seven days, tied to 178 cases.

County health officials attribute the increasing number of cases, hospitalizations and deaths to gatherings over the holidays and the presence of the new coronavirus variant known as B.1.1.7, first detected in the United Kingdom.

The county reported 24 confirmed diagnoses of the more virulent strain of the virus on Tuesday, Jan. 5, bringing the county’s confirmed cases of the variant to 28.

The cases were confirmed by whole genome sequencing and the four probable cases are directly linked to the confirmed cases and have positive diagnostic nucleic acid tests, but are not yet sequenced.

There have been no confirmed deaths locally connected to



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SPORTS

CIF clarifies high school sports that could start on Jan. 25



Girls cross country teams are eligible to begin competitions on Jan. 25 based on new guidelines issued by the California Interscholastic Federation on Jan. 5.

Jeff Pack
Staff Writer

The California Interscholastic Federation, on Tuesday, Jan. 5 provided further information on guidelines that will provide a roadmap as to which teams could theoretically begin competition on Jan. 25.

Depending on where each county lands on impact of the COVID-19 pandemic, certain sports would be allowed to compete while others would not.

A few months ago, CIF changed the 2020-21 school year athletic calendar to be conducted in two seasons, instead of the traditional three.

Season 1, which was to compete from January through April, consisted of traditional competitive cheer, cross country, field hockey, football, gymnastics, skiing/snowboarding, girls volleyball, and boys and girls

water polo.

According to the new guidelines, and the current threat designation of “Widespread” or Purple Tier in San Diego County, only cross country, golf, skiing/snowboarding, swimming and diving, and tennis are eligible to compete.

That means starting Jan. 25, Fallbrook High and Bonsall High cross country teams can go forward with plans to compete.

If the county falls into the Red Tier, or “Substantial,” in the next two weeks, field hockey could begin.

Football, gymnastics, girls volleyball, and boys and girls water polo can return if the county is designated in the Orange Tier, or “Moderate.”

Cheer could return if the county reaches Yellow Tier, or “Minimal.”

With coronavirus cases continuing to surge in San Diego County, deaths related to the virus



Boys cross country teams are eligible to begin competitions on Jan. 25 even though San Diego County is still in the Purple Tier of coronavirus tier-based designations.



For girls basketball to be able to begin competitions in March, San Diego County would have to be designated in the Yellow Tier or ‘Minimal’ threat.

and hospitalizations overwhelming area hospitals, it’s doubtful the county would be moved into the Red Tier for quite some time.

Season 2 would compete from March through June and included badminton, baseball, basketball, competitive sport cheer, golf, boys and girls lacrosse, boys and girls soccer, softball, boys and girls swimming and diving, boys and girls tennis, track and field, boys volleyball, and wrestling.

Basketball and wrestling, for example, couldn’t start until San Diego County reaches the Yellow Tier. On the other hand, swimming, golf, tennis and track and field could begin competitions in March, even if the county is still in the Purple Tier.

All of the guidelines are available at https://www.cifstate.org/covid-19/CIF_CV-19_Guidelines.pdf.

“Everyone in California wants students to be able to return to in-person learning, sports, and all other co-curricular activities that are so important for their physical and mental wellbeing,” CIF said in the update. “As COVID-19 transmission rates are rising significantly in California, communities across the state must continue to take measures to limit the spread of the virus.”

CIF included instructions for schools, leagues and sections in the event of a positive test for COVID-19 that schools should follow the current California Department of Public Health Guidelines for Schools.

Those state that any student-athlete testing positive for COVID-19 “may not return to practice or competition until


cleared by their physician, and schools must still follow all guidelines from their local county and the governing board of their school district or private/parochial school.”

They also said that physical conditioning, practice and skill-building can occur outdoors, with six feet of physical distancing, and within team cohorts, for all sports, no matter what tier the respective county is in.

CIF said updates and changes will be provided weekly.

There was no statement or update available from CIF San Diego Section, which governs Fallbrook and Bonsall high schools.


Jeff Pack can be reached by email at jpack@reedermedia.com.



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Fallbrook Senior Golf Group finalizes its club championship in October

FALLBROOK – Fallbrook Senior Golf Group finalized its club championship in October.

In the “Gross” division, the winner was Larry Mitzner with a four round total of 305. It is the 10th time Larry has won in Gross division.

In the “Net” division, the winner was Alan Garrett with a four round total of 265. Alan played 23 strokes under his handicap.

Submitted by the Fallbrook Senior Golf Group.

Larry Mitzner and Alan Garrett are the winners of the Fallbrook Senior Golf Group championship.

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Nasty concludes Opening Day with Lady of Shamrock Stakes win



Racers go head-to-head at the Lady of Shamrock sweepstakes, Dec. 26. Village News/ Benoit photos

Joe Naiman
Village News Reporter

Dec. 26 was Opening Day for the Santa Anita Park fall meet, and the day’s races concluded with San Luis Rey Training Center filly Nasty winning the Lady of Shamrock Stakes.

“It was a good race,” trainer Richard Baltas said. “We were happy with her performance.”

The Lady of Shamrock Stakes was a one-mile turf race for 3-year-old fillies. Nasty, who was ridden by Ricardo Gonzalez, was one of 10 horses in the competition.

Before the race Baltas told Gonzales not to insist on a pace. “I told him not to fight her and let her go,” Baltas said.

Nasty was the second horse out of the gate, and she soon took over the lead. The first quarter of a mile took Nasty 22.94 seconds, and after the first two furlongs Nasty held a two-length lead over second-place Moonhall Milly.

“She went right away,” Baltas said.

Baltas also trains Annangel, who raced in Scotland before joining Baltas’ barn this past summer and has trained at tracks where the races

have been held rather than at San Luis Rey. Annangel and jockey Abel Cedillo took over second from Moonhall Milly, and half a mile from the starting gate Baltas’ horses had the top two positions with Nasty, who completed that distance in 46.20 seconds, leading Annangel by 3 1/2 lengths.

Annangel fell back and Moonhall Milly regained second place by the time the horses had run three-quarters of a mile. Nasty, whose time for the first six furlongs was 1 minute 10.50 seconds, held a one-length lead over Moonhall Milly. The 10 horses were within five lengths of each other with a quarter of a mile remaining. Counterparty Risk was in ninth place, 4 3/4 lengths in back of Nasty and a head in front of tenth-place Last First Kiss.

Nasty entered the stretch 1:22.13 after the starter’s gate was opened. She led second-place Warren’s Showtime by 1 1/2 lengths, third-place On Mars and fourth-place Beguiled by two lengths, fifth-place Moonhall Milly by 2 1/2 lengths, and sixth-place Counterparty Risk by 3 1/2 lengths.

Counterparty Risk and jockey Joel Rosario began making up that

deficit but finished a head in back of Nasty.

“She still hung on to win the race. I’m very happy,” Baltas said.

Chad Brown, who is based in New York, is the trainer for Counterparty Risk. The filly’s two previous career races were at Belmont Park in Long Island and Aqueduct Racetrack in Queens.

Warren’s Showtime took third and finished half a length behind Nasty and three-quarters of a length in front of fourth-place On Mars. Beguiled was the seventh-place horse and finished 2 1/4 lengths back of Nasty, whose winning time was 1:34.22. Annangel finished eighth, six lengths behind Beguiled and 8 1/4 lengths in back of Nasty.

“I’m just happy with the results,” Baltas said.

Nasty was foaled March 9, 2017. She was sired by Street Sense out of Valiant Passion. Nasty is owned by LNJ Foxwoods, who have horses both at Eastern time zone tracks and in California. When Nasty was relocated to California, Baltas took over as her trainer. Brad Cox, who is based in Kentucky, was Nasty’s trainer for her first five races.

The \$47,400 first-place share of the \$75,000 purse gave Nasty



The winner of the Lady of Shamrock sweepstakes is No. 7 Nasty and jockey Ricardo Gonzalez.

career earnings of \$105,020. The win was the third in eight career races for Nasty and her first stakes victory in three such starts. She won races June 18 and July 13 at Indiana Grand Race Course, which is in Shelbyville, Indiana. She finished fourth in her first career race, Feb. 15, at the Fairgrounds track in New Orleans, and she preceded her first win with a fifth-place finish, April 11, at Oaklawn Park, which is in the Arkansas town of Hot Springs.

Nasty’s stakes debut was the Aug. 12 Indiana Grand Stakes at Indiana Grand Race Course. She was second three-quarters of a mile into the one-mile turf race, but she was bumped by another filly and finished ninth among the 12 horses.

LNJ Foxwoods sent Nasty to California in September. Her first timed workout at San Luis Rey was Sept. 26, and she had six workouts at the Bonsall facility in October and November before being prepared at the Santa Anita track.

The Grade 3 Autumn Miss Stakes

was contested Oct. 17, at Santa Anita. Warren’s Showtime won that 1-mile turf race. Fillies trained by Baltas finished second and third with Going to Vegas crossing the finish line a neck behind Warren’s Showtime and half a length in front of Nasty. The race was Gonzalez’s only previous mount on Nasty.

Baltas entered Nasty in an allowance race Nov. 29, at Del Mar. She finished fifth, 4 3/4 lengths behind winner Meal Ticket.

“She just got in trouble,” Baltas said.

Because all horses are considered to be born Jan. 1, regardless of the date they are actually foaled, Nasty is now a 4-year-old and can no longer compete in races restricted to 3-year-olds. Baltas has not yet determined plans for Nasty’s next race.

Joe Naiman can be reached by email at jnaiman@reedermedia.com.



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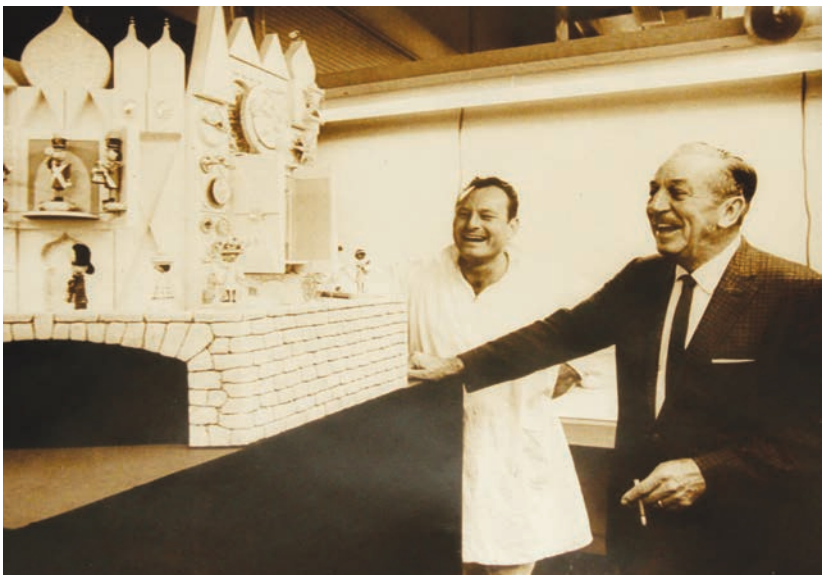
Rolly Crump gave Disneyland a bit of ‘flutter’ and a lot of whimsy



Rolly Crump cradles a Village News/Nathalie Taylor photo paper mache figure, which is reminiscent of the figures created for “It’s a Small World.”



Original scale model of “It’s a Small World” facade is part of Crump’s collection.



Rolly Crump and Walt Disney share a laugh over the model of “It’s a Small World” facade, which Crump designed.

Nathalie Taylor
Special to Village News

I can’t imagine Disneyland without the influence of Roland “Rolly” Crump. This 90-year-old, who called Fallbrook home for many years and was named a Disney Legend, gave the park some of its most whimsical and magical touches while working as a Disney Imagineer. His ideas and the resulting creations were many, and his work appears throughout Disneyland: A shiny eye here and a whirring propeller there. Smiling figures, floating pianos and whimsical trash cans: They were all ideas born in the mind of this remarkable artist.

His vehicle license plate reads “Crumpy.” It has become, to some, a description of a certain whimsical style of art – “Crump-like” or “Crumpy-like.” When you first meet him, you are surprised at his humility and the more you learn about him you realize how extraordinary his humility really is.

“I’ve always felt that Disneyland was a gorgeous salad because of the ingredients,” Crump said.

But what he didn’t stress is that he was one of those responsible for the magical medley of “salad” ingredients.

In 1952, he began his work with Disney in the animation department – the fulfillment of a dream. His mother introduced him to a Disney employee, an interview followed and he was hired.

“Before the year was out, I was

working on “Peter Pan,” he said.

Throughout his nine years in animation, he also worked on “Lady and the Tramp,” “Sleeping Beauty” and “101 Dalmatians.”

Crump’s segue to WED Enterprises, which is Walt Disney Imagineering, came about because of an innovative idea.

“I was making these crazy little propellers out of clips from pencils, and my room (at Disney) was filled with all of these propellers that were running off the air conditioning.”

Someone then talked him into putting his inventive propellers on display in the Disney Library where an employee told Crump, “Walt came by and saw your exhibit – he seemed to really enjoy it.”

“When I finally worked for Walt, I think it was the propellers that made him want to hire me,” Crump said. “I think he liked my imagination.

“I don’t have a favorite project I worked on at Disneyland – they were all my favorites. But I think the most impressive thing that I did was the clock and façade to Small World,” he said.

When finishing the facade, Crump decided on a white and gold theme using gold leaf paint. The project took so much gold leaf paint that they dried up the U.S. supply and had to order some from Germany.

“It’s a Small World” was created as one of the Disney attractions for the 1964 New York World’s Fair, and Crump was part of that design team. The chess pieces that whirl

around “England” were Crump’s idea. He fashioned them, but they were brought into the ride with just a coating of white paint. He painted the designs while they were installing the ride. Crump, along with another Imagineer, Jack Ferges, designed 250 Small World “toys,” which is what Disney called the non-audio-animatronic figures.

When the fair ride was disassembled and moved to Disneyland, it needed a lot of work to bring it back to life.

“Sections were ripped off – the ‘flutter’ was coming off,” he said. “Flutter” is a term that Disney used to describe the glittery coating on some of the Small World toys. Disney employees, including Crump, cleaned and repaired the ride, making sure the flutter was just right, and even added one-third to the attraction to make it the pristine showpiece we enjoy today.

Crump’s 120-foot “Tower of the Four Winds,” led people to the Small World ride during the World’s Fair, but this kinetic sculpture with Crump’s whimsical propellers, didn’t make it to Disneyland because of the extraordinary cost to move it.

In 1963, Disneyland opened the Enchanted Tiki Room, and Crump was one of those responsible for making the Tiki Room “Enchanted.” Eighty percent of the tikis were his creations – from inception to the finished product. In the Disney Studios parking lot, armed with only a plastic fork from the studio cafeteria, he created various tikis from

“plasticine” clay. After the tikis were completed, molds were made for fiberglass casting. The end result was fiberglass tikis which were hand-painted by Crump.

Some of the tikis took the form of monkey drummers, and when the attraction debuted, Crump said he looked at them and thought, “They have a dead look to them.” So he fixed that problem with some Sparkletts water truck discs.

“I went up and screwed some Sparkletts things into the eyes so when the drummers beat the drum, the vibrations made the eyes sparkle – and they’re still there,” he said with a smile. Sparkling in true Disney fashion for over 50 years.

Work on “The Haunted Mansion,” which opened in 1969, took three years of his life. Crump’s influence, and that of his work partner Yale Gracey, can be found in the séance room, ghostly wallpaper, ballroom organ, “stretching room,” serenading

graveyard busts and in several other shadowy corners of the ride.

Crump was made a Disney Legend in 2004. His first reaction was, “Why me? Walt said I was special, but I was just doing my job,” he said humbly. In 2009, he was again honored, this time with a commemorative Disneyland window on Main Street USA above the China Closet shop. In 2012, Crump told his story to Jeff Heimbuch and the ensuing book – filled with tales and photographs – is entitled, “It’s Kind of a Cute Story.”

It’s difficult not to catch the spirit – the enthusiasm – that Crump has for Disneyland and the work that he did to make it magical.

“It was very special when Walt was alive,” he said, “I was fortunate to work for him.”

His thoughts on his work as a Disney Imagineer? It was 40 years of heaven!

Get away without going away
5 family staycation ideas that won’t break your budget



Consider a staycation and take advantage of the area’s attractions and prove you don’t have to go far to spend quality time together.

eLivingtoday.com
Special to Village News

Family vacations are a great way to bond and take a step back from the hectic schedules that accompany everyday life, but sometimes time or money make planning an elaborate trip a non-starter.

However, a staycation – a vacation you take right in your hometown or nearby – can be much less expensive and fit into nearly any amount of available time with the added bonus of skipping out on potentially stressful travel.

Consider these staycation ideas to take advantage of the area’s attractions and prove you don’t have to go far to spend quality time together.

Visit local landmarks. Just because it’s not a traditional vacation doesn’t mean you can’t pretend to be tourists. Start by visiting the places you recommend to friends and family from out of town or pick up a city guidebook to uncover hidden spots you may not even know exist. Make a plan to seek out historic sites, visit local

landmarks like museums or try an out-of-the-way restaurant or two you’ve never eaten at before.

Camp out in the backyard. Camping doesn’t have to be done far from home. In fact, it can be done right in your own backyard. Pitch a tent to sleep under the stars and plan a night full of traditional camping activities like roasting s’mores, telling spooky stories by flashlight and trying to identify stars and constellations.

Set up a picnic in the park. Pack a basket with sandwiches, fruit and other treats and head to the park. You can enjoy a casual meal then take advantage of the open space for a family walk or game of tag before retreating to the playground to let the little ones expel any leftover energy.

Have a home spa day. If you’re looking for some relaxation but don’t want to splurge on the full spa treatment, plan an at-home oasis instead. Light some candles, run a bubble bath and break out the facial masks and fingernail polish.

Find more tips and tricks for enjoying family time together at <http://eLivingtoday.com>.

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EDUCATION

FUHSD board covers governance protocols and standards in special session

Jeff Pack
Staff Writer

The Fallbrook Union High School District Board of Trustees on Monday, Jan. 4 held a special meeting via teleconference for a work-study session to review and learn about governance protocols and standards.

Because of the special meeting designation, no public comments were taken.

Led by former interim superintendent Dr. Lou Obermeyer, the work-study session covered ground-level topics such as the board’s commitments and obligations, public service, effective governance, gatherings, and communications, roles for board leadership, and much more.

“I like to do governance board workshops because I think it’s a really nice time when you add board members to a board,” Dr. Obermeyer said in opening the meeting. “We’ve got two new board members, welcome both Eddie (Jones) and Oscar (Caralampio), you’re joining a wonderful school district and leaders in the district.

“I like to work with you as you start learning what your roles are and your responsibilities. It’s a good review for board members that have been on the board and it’s also a good learning time for all of us as we talk through what the superintendent does and what individual board members do and then what you do as a group.

“You will hear me refer to you as the governance team because together you lead your school district. When you do work together well and you listen to each other, and you hear what each other person has to say, and you understand what your roles and responsibilities are then you really can become a high-performing, high-functioning team and that’s our whole purpose in this.”

They also had a discussion about integrity and new trustee and board

vice president Eddie Jones gave his impression of what that means.

“To operate openly with trust and integrity ... operating with trust is really important, we need to trust each other that we don’t have hidden agendas,” he said. “When somebody asks me questions about something or vice versa, give answers, I would trust if that’s the whole truth and isn’t something that I need to try to figure out. Integrity is basically to be making decisions based on our important stakeholders, students, mainly the school district.”

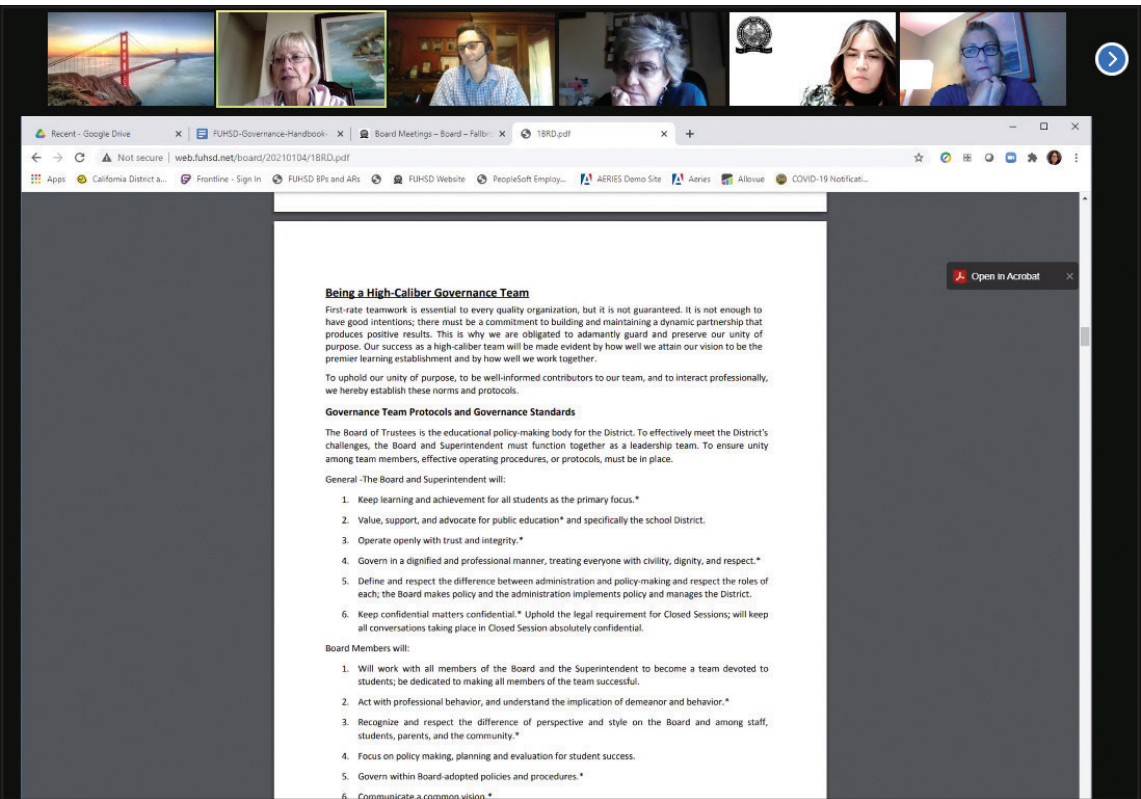
The group also discussed the board members’ responsibility toward recognizing and respecting the difference of perspective and style on the board and among staff, students, parents, and the community.

It spurred a discussion about Zoom meetings and how they have changed participation in the school board’s meetings.

“People are going to be the first in line when they want to complain,” board president Diane Summers said. “It’s just kind of interesting and I think it’s easier for them to get to do it this way because they’re just sitting in their home, they don’t have to walk to the school and all that and take that kind of time. It’s been very interesting, and even a lot of the kids have been more verbal than we’ve ever seen before.”

Obermeyer explained that it is important for board members to check their demeanor during public comments and remember to listen and be respectful.

“I think that one of the things that is difficult, Dr. Obermeyer, for all of us, is that you want to respond during those public verbal comments,” Superintendent Ilsa Garza-Gonzalez said. “Sometimes you want to clarify or explain but realizing that we shouldn’t because then it becomes engaging and we kind of go off track. It really just is listening and I think that after a while it is important to watch the



The Fallbrook Union High School District Board of Trustees on Monday, Jan. 4 met for a work-study session to review and learn about governance protocols and standards.

demeanor because a lot of times you’ll also be attacked (portrayed as you) don’t you care because you’re not responding and you’re not saying anything to what I’m saying

“It’s a difficult time and not just right now but anytime that something difficult happens in the school you want to be empathetic, you want to be sympathetic and public verbal comment is not necessarily the place to do that.”

“You’re absolutely right on that,” Obermeyer said.

She recommended the board add a sentence at the beginning of public comment explaining that the board cannot respond to public comments as they are not included in the agenda, but that they can request that the superintendent or staff follow up the comments with a phone call to address the commentator’s issues.

“What I find very difficult in

those times are when they are saying something that’s blatantly untrue,” Trustee Lita Tabish added. “They’re putting that out there as if it were fact and you know we can’t respond.”

“And you’re right because they can say what they want and you just have to listen because otherwise, you’re right, you start engaging and if you were to try to give them the right information or the truthful information then you started that conversation that you know you can’t have,” Obermeyer said.

The board was scheduled to meet Monday, Jan. 11 in a regular board meeting via teleconference that is open to the public starting at 5 p.m.

The board was scheduled to consider approving the Governance Handbook, approval of the second reading of New Board Policies and Administrative Regulation,

approval of the second reading of the revisions to Board Policies, Administrative Regulations, and appoint one board member to represent FUHSD in the Trustee Review Committee meeting.

They were also to consider approving replacing lighting in the Bob Burton Performing Arts Center, approve the selection of Balfour Beatty Construction for Fallbrook High School modernization projects, approve the second readings of several new courses at the school, as well as the new International Baccalaureate, and revisions to Board Policy and Administrative Regulation as they refer to graduation requirements.

The complete board agenda can be found at https://www.fuhsd.net/apps/pages/index.jsp?uREC_ID=1595662&type=d&pREC_ID=1723157.

Jeff Pack can be reached by email at jpack@reedermedia.com.

How to clean and sanitize a backpack

FALLBROOK – Backpacks are useful tools for students and adults alike. From hiking supplies to school books to sports equipment, backpacks can store just about anything. As veritable workhorses, they’re bound to get dirty and can benefit from periodic cleaning.

While it may be tempting to simply throw a backpack into the washing machine, it is important to check the care instructions first. Some canvas, nylon and fabric backpacks can go in the wash, but those made of leather or those with intricate details should not. Backpack manufacturers also advise against putting backpacks in a dryer.

Here are steps to cleaning a backpack.

To get started, begin by removing any items from the backpack, including all of the pockets. If necessary, use a vacuum to get crumbs out of the backpack.

Check the care label to see if there are washing instructions

and determine if you should wash it by hand or if it can be put in the machine.

If the bag can be machine-washed, turn it inside out first or place it in a pillowcase so that the straps and zippers will not be caught. Then wash it on a gentle setting with a mild detergent and lukewarm water. If the bag should be hand-washed, use lukewarm water and a soft sponge or a gentle bristle brush. The outdoor retailer REI said you do not want to harm any protective coatings on the pack.

Zippers need occasional cleaning to remove dirt, sand or crumbs. Many zippers have water-resistant coatings so do not scrub them. Use a lubricant made for zippers to help them slide smoothly.

Hang the bag to air dry upside down. It likely will dry more quickly outdoors, but avoid direct sunlight, which can compromise the integrity of the fabric or

discolor the backpack.

Do not store or use the backpack until it is completely dry.

Sometimes a backpack may need to be disinfected to prevent the growth of fungus or bacteria. Athlete’s foot fungus can easily transfer from socks and shoes to the backpack if gym clothes are left in the bag. The Spruce said to skip chlorine bleach and use a pine oil or phenolic disinfectant or a disinfectant wipe, such as Pine Sol or Spic-n-Span. Lysol brand disinfectant also can be used and is available in liquid formula or spray.

If a backpack is waterproof, only wash it once or twice per year; otherwise, you may reduce the pack’s ability to repel water. Use cleansing wipes to spot clean when necessary.

Backpacks can get grimy quickly. Routine washing can freshen them right up.



While it may be tempting to simply throw a backpack into the washing machine, it is important to check the care instructions first.

Palomar College Foundation presents the 2020 Community Showcase

SAN MARCOS – “Exploring the Possibilities,” Palomar College’s third annual Community Showcase, will be held virtually, Wednesday, Jan. 27, 8:30 – 9:30 a.m., an hour long celebration of student success in the midst of staggering challenges, and an opportunity for the local community to hear from Palomar’s leadership.

Hosted on Zoom by the Palomar College Foundation, the event will feature highlights from the 2019-2020 academic year; a message from Interim Superintendent/President Dr. Jack Kahn; and a posthumous tribute to former Foundation Board Chair John Masson. There will also be a special announcement in Masson’s

honor.

“It is a privilege to take a moment at this year’s event to honor John Masson for his many contributions to both the college and the foundation,” said Stacy Rungaitis, executive director of the Palomar College Foundation.

A Palomar graduate and a long-time foundation supporter and board member, Masson passed away in March 2020 at the age of 55.

Culminating the Jan. 27 Showcase will be a presentation on one of Palomar’s newest academic programs: Cybersecurity.

“Cybersecurity is such a hot topic right now, and a lot of businesses in our community are interested in it,” Rungaitis said.

“As we approach Palomar College’s 75th anniversary this fall, we are looking to the future, but also looking back at a lot of good work done to serve the students of North County,” said Dr. Kahn. “The Community Showcase is a great way to connect with our stakeholders and let them know all of the exciting things that are happening at Palomar.”

There is no cost to attend the Community Showcase, but registration is required. Register any time by visiting <https://www2.palomar.edu/>, clicking on “Virtual Community Showcase” under Community News and going to the link at the end of the article.

Submitted by Palomar College.



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HEALTH

Is your body begging?

Feel hungry? Experts say your body may just be craving water

Christina Macone-Greene
Special to Village News

Experts say many individuals assume they are having hunger pangs when in fact their body is simply begging for water. It seems as though that rumbling feeling in the stomach can also be indicative of a ‘dehydration alert,’ and water is what’s needed.

For most healthy people, letting “thirst be your guide” is their general rule of thumb, but it’s always a good idea to have a bottle of water on hand.

Harmful effects of dehydration

With the summer season approaching, one must pay careful attention to the dangers of dehydration. A lack of water can lead to symptoms that range from mild to severe.

Generally, the first symptom of dehydration will begin with thirst. When a body loses two percent of its fluid, some of these mild signs may appear:

- Chills
- Dizziness
- Dry mouth
- Dry skin
- Fatigue or weakness

- Headaches and head rushes
- Loss of appetite

If ignored, dehydration can develop into a severe situation. Significant symptoms can include extreme thirst, fever, low blood pressure, increased heart rate, decreased sweating, little or no urination, muscle cramps, headaches, nausea and/or vomiting, dim vision, confusion, and chest and abdominal pain.

“Severe dehydration is a medical emergency,” said Joyce Berenson, a registered dietician and certified diabetes educator based in Temecula.

Water is vital to good health; doctors concur. While many try to make a conscious effort to drink more on a daily basis, some fall short at the end of the day. Although individuals have heard of its benefits time and time again, a reminder of its positive effects is always a good idea. In fact, a gentle nudge can help one reach those water consumption goals.

The role of water

Depending on body size, water roughly makes up 60 percent of a person’s weight. The role that

water plays in the human body is enormous. According to Berenson, every system in the body depends on water.

Water is known to:

- Boost metabolism
- Carry nutrients to the cells
- Correct potassium deficiencies that can cause muscle cramps
- Form the basis of all body fluids including blood, saliva and digestive juices
- Help hydrate the skin
- Help regulate body temperature
- Lubricate joints
- Provide a moist environment for ear, nose and throat tissues

Berenson said the Institute of Medicine has a rule of thumb in relation to water intake. Men are recommended to drink about thirteen cups a day whereas women are encouraged to consume nine cups.

“Every day, we lose water through our breath, perspiration, and eliminating waste,” Berenson said. “You must replenish the loss by consuming beverages and foods that contain water.”

On average, an adult loses more than 10 cups of water per day.

While particular foods, including most fruits and vegetables may account for 20% of fluid intake, one can continue to replace this deficit with drinking a proper amount of water.

After exercising, it’s imperative to replenish one’s body with water. “Drinks that contain caffeine have a slight diuretic effect, but unless a person is particularly sensitive to caffeine, you don’t need to drink more to compensate for the effects of the caffeine,” she said. “However, if you find that you urinate excessively from caffeinated drinks, then drink one cup of water for each caffeinated beverage.”

The water challenge

Drinking the recommended daily amount of water a body requires can be a challenge for some.

To remedy any chances of dehydration, Berenson said some find it helpful to add a packet of sugar-free flavoring to get the allotted amount down. For those conscious of their weight, however, it’s important to keep track of those packet calories.

“Many people find that adding a little fruit juice or a squeeze of

lemon or lime gives water a nice flavor, and makes it more appealing to drink,” Berenson said. “Another idea is to use a tall, pretty glass with a wedge of lime to make a glass of water more inviting.”

There are also a handful of ways to entice children to drink water. Kids learn by example, so parents need to lead by example or showcase water in their diet.

“Parents can put water in a colorful glass, use a colorful straw, or add a little juice to it to give it more flavor,” she said.

Water should always be accessible to children. Packing miniature-sized water bottles in children’s lunch bags and having them ready-to-go in the refrigerator is another way to encourage youth to drink more water.

However one chooses to increase their water intake, in the end, their body will thank them for it.

As with any significant dietary changes, one should consult their physician prior to making notable changes to their liquid intake, particularly if they are on a liquid-restricted diet or take certain prescription medications.

Kicking It in a review of 2020



Elizabeth Youngman-Westphal
Special to Village News

My household made lots of personal adjustments during the last year when we were ordered to stay-at-home. Some situations turned out better than others. For instance, one good thing that happened is we have learned to give each other haircuts.

But that adjustment did not happen without incident. Our big row came when my husband wanted a Flowbee, and I did not wish to get my haircut sitting next to the Hoover. After much discussion, we settled the dispute by letting him purchase an upgraded set of hair clippers. As it turns out, we are now both giving pretty good haircuts, which no longer require either of us to wear a hat when we leave the house.

Other changes have occurred due to our isolation and combined boredom. The most obvious one is how we make the bed. My husband’s former military

experience, coupled with the exacting standards of a ship’s steward, insists on tucking the bed linens so tightly a coin will bounce 2 feet in the air. And there lies the rub, because the last one up makes the bed. That would be me. My not-caring-so-much approach doesn’t create a trampoline top which will often spur a remaking of said bed.

Other quirks are appearing as well. For instance, he now places the silverware in their dividers. You see, all of the forks are now laid on their sides, snuggled closely, while the spoons are spooned upside down – unlike days of old when utensils were just dropped into the appropriate slots.

Here is another new quirk. We are developing menu choices to allow multiple nights of left-overs. Odd, when we have extra time to do meal prep, we are finding ways to do just the opposite resulting in less cleanup and fewer dishes to wash. He by hand and I in the dishwasher. That appliance, too, has become a note of contention.

Naturally, staying at home has increased our sitting time along with our waistlines. Although my husband’s sitting time has improved his ukulele playing dramatically, mine has caused a negative result with continuous neuropathy in both my feet and lower legs.

It is my belief that this pain is the result of wearing 4-inch heels for more than 30 years. The arches in my feet are no doubt rebelling after all of the years of abuse as I preened on tippy-toe sporting narrow skirts to highlight my spectacular looking legs. It must

be payback.

The last time I discussed this pain with my doctor was during my annual health checkup in 2019. He suggested one way to control the unexplainable discomfort of neuropathy was with a pain pill. Even while the discomfort is ongoing, I didn’t want another script if avoidable. I called my daughter who is a physician assistant and asked her if there might be an alternative.

It’s funny how a simple solution can often be the answer to what seemed a complicated issue. She suggested I try an exercise before submitting to a new prescription. Following her advice, I filled a 12-ounce soda bottle with water and froze it. Now when I am watching television, I roll my socked feet over the iced bottle.

The simple solution has worked amazingly well. While perhaps not a cure, it certainly has provided a huge relief from the constant ache in my feet.

I have more good news. During the shutdown, my husband finished building a beautiful fence with sunburst panels. It restores our mountain view from the kitchen window while providing our neighbors an attractive sightline as well. Additionally, he marked the earth’s rotation on the fence’s rays just as the Druids once did at Stonehenge to embrace the changing of the seasons. This act prompts me to imagine him emerging in a monk’s shroud as he perpetuates the ritual sacrificing of gophers on the first day of spring.

Like most everyone else, I have saved some money by not

traveling or driving, currently getting about six weeks to a tank of gas. Oh, and of course, I haven’t worn lipstick in almost a year now. So, there is that savings too.

As we venture forward into the unknown of 2021, I am still at war with my credit card company for not refunding travel expenses incurred by the international pandemic.

And along with said pandemic, I have acquired my 10 extra pounds of COVID-19 weight. On the happier side, today I received the \$600 stimulus check. Hopefully, citizens will get more than the proposed foreign governments. Let us all take a deep breath as we pray for justice.

Elizabeth Youngman-Westphal can be reached at eyoungman@reedermedia.com.

Thinking about health: Review of 2020

Trudy Lieberman
Community Health News Service

For end-of-the-year columns, it’s customary to recap the events of the past 12 months, usually highlighting a mix of the good and the bad. Because this year has been dominated by health, in particular COVID-19, and my beat is health, it seems fitting to reflect on where we are. Where we are is not good.

A headline in the Los Angeles Times seemed to sum up the current state of the U.S. healthcare system: “Bodies pile up, patient care falters as COVID-19 devastates L.A. county hospitals.” In the Times’ story, a hospital critical care nurse said, “No one would believe this is the United States.” Indeed, they would not.

A story from Wisconsin said that a hospital pharmacist deliberately destroyed some 500 doses of vaccine. No reason given, at least none the media have reported. This behavior, I dare say, would have been unheard of in 1947 when New York City managed to vaccinate 5 million people against smallpox in two weeks.

At the end of 2020, the government’s goal of vaccinating 20 million people against COVID-19 by the last day of December fell way short with only 2.7 million doses administered. In some ways that is hardly surprising, given how chaotic the whole COVID-19 affair has been since the beginning.

First, we failed to recognize how lethal the virus was; then we were slow to get testing up and running; next came problems with contact tracing because Americans were reluctant to cooperate. Lab results were delayed. Americans flouted

the rules and advice to stay home, and on it went until we found our nation in a very unenviable position at the beginning of 2021.

Yet the mythology surrounding our healthcare system – that it is the best in the world – continues. This year has shown that America, contrary to its self-image, does not have the most effective and efficient health care system in the world. That’s a bitter pill for many Americans to swallow.

At the end of December, a new study emerged in the journal JAMA Internal Medicine that further deflated America’s standing. It found that wealthy, White Americans generally have better health outcomes than the average U.S. citizen but generally worse outcomes than average citizens in other higher income countries. In other words, the U.S. continues to spend gobs of money on health care but doesn’t necessarily get a healthier population for its expenditures. Not a lot of bang for the buck.

Two pieces I wrote this year drove home that point for me. They showed the inadequacy of health care for too many rural Americans even in “normal” times when there’s no virus lurking among us. One woman from a sparsely populated county in central Nebraska recently wrote to tell me about the lack of in-network doctors available to people who join Medicare Advantage plans. Those plans require older adults to use network physicians to get benefits. If they don’t, the result is high out-of-pocket bills.

If people in those sparsely populated regions don’t have doctors who pass muster with their

insurance company, how many go without care?

Another piece I wrote discussed federally qualified health centers, which serve many low-income communities across the country. Doctors at one such health center in western Nebraska serve 17 low-population counties, and patients drive many miles to see a doctor. Those doctors also report that they examine more patients for dental problems than for other medical issues, which speaks to lack of access to oral health care for way too many Americans; another health problem policymakers brush off.

Although the pandemic has exposed serious flaws in America’s health care arrangements, maybe, just maybe, it will spark a serious national discussion about the kind of health system we want for everyone when the post-mortem on COVID-19 is done.

In the meantime, everyone will have to figure out how to get tested, get vaccinated and stay safe without a lot of reliable information to guide us along the way. Because so much of the information from the federal government has been politicized, I turned to Britain’s National Health Service, <http://www.nhs.uk>, which I’ve visited and written about several times.

It is a model of clarity and good information about COVID. For example, the advice for pregnant women and those thinking about becoming pregnant was the clearest I’ve seen. The website also tells visitors when it was last updated and when the next update will be. That website shows how much better America could be.

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Healthy Habits for Bonsall & Fallbrook Folks: Mercury in fish – dangerous or not?

Megan Johnson McCullough
Special to Village News

Fish is definitely a great protein source that is light, low in calories and has little bad fat.

Consuming seafood is beneficial for the heart and even for neurological development. Yet there is controversy regarding the mercury that is found in fish which is in fact a toxic metal.

Truth be told, the benefits of eating fish far exceed the traces of mercury. Mercury is released into the air and when it settles, lands on the ground and in water sources as well. The fish absorb this substance through the water. The oldest living fish and fish that eat other fish contain the highest levels of mercury. It means that larger fish that are eating the smaller fish should be minimally consumed, including shark, swordfish, king mackerel and tilefish.

The Food and Drug Administration does recommend eating fish about two times per week which is approximately 12 ounces total per week. Pregnant women, however, should consult their doctor for guidelines for fish in their diet. People develop health problems if too much mercury is in the body. Mercury has been associated with diseases including Parkinson’s, Alzheimer’s, depression, anxiety and autism due to impeded brain functions.

The biggest benefit to eating certain types of fish is the omega-3 fatty acids they contain. These are especially found in salmon, trout, oysters, mackerel, crabs and mussels. The body cannot manufacture omega 3 on its own, and it must be ingested



Mercury in the air lands in water sources, and the fish people catch and eat then contain this substance.

through foods.

We need omega-3 fatty acids to help reduce the risk of heart disease, keep skin healthy and raise HDL, which is the good cholesterol. There are also nutritional supplements that can be taken to avoid fish consumption.

These might be useful for those who do not eat seafood at all whether by choice or dietary

constrictions.

Some of the more commonly eaten types of fish are low in mercury such as canned tuna, salmon, catfish, shrimp and pollock. People know that fish is good for them, but they can be more proactive about avoiding traces of mercury when they steer toward these smaller fish choices.

The COVID-19 vaccine is here, older adults still need to take precautions

Sharp Health News Team and Simona Valanciute, San Diego Oasis

Less than a year after the novel coronavirus appeared in the U.S., we now have two safe vaccines against COVID-19 approved by the FDA for emergency use – the fastest major vaccine development ever seen. The previous record-holder was the mumps vaccine, which still took four years to create.

While this is an amazing accomplishment, the pandemic is far from over. Even though older adults are in the first priority group to receive the COVID-19 vaccine, they still need to take precautions to keep themselves and their families safe.

Here are some answers to the top questions seniors may have as states begin to distribute the COVID-19 vaccine.

How do the COVID-19 vaccines work? Are they safe?

Both the vaccines currently being given, from Pfizer/BioNTech and Moderna, are mRNA vaccines, which mean they contain genetic material from the novel coronavirus.

When someone gets an mRNA COVID-19 vaccine, their body’s cells basically get instructions on how to create the proteins unique to the virus – and because those cells recognize that the virus shouldn’t be there, they produce antibodies that help them fight off infection if they’re ever exposed to the virus again.

Both vaccines were tested in clinical trials according to rigorous safety standards established by the FDA. The makers of both vaccines have reported a 94-95% efficacy rate in preventing severe illness.

Learn more about the COVID-19 vaccine in this article

by Sharp HealthCare, <https://www.sharp.com/health-news/everything-you-need-to-know-about-covid-19-vaccines.cfm>.

What can I do if I’m vaccinated?

If you’re older than 75, or older than 65 with certain health conditions, you will likely be vaccinated before many of your family members and even some friends. This means that until most of the population is vaccinated, your lives probably shouldn’t change much.

Certain things will be safer for you to do, though, such as going to the grocery store and running other errands. However, you will still need to take precautions against COVID-19 until most of the U.S. population is vaccinated. This includes wearing a mask around others, physically distancing from others, avoiding crowded indoor gatherings, frequently washing your hands and refraining from touching your face.

How long will I need to wear a mask and physically distance?

Vaccinated people should still wear masks around others, and avoid crowded indoor gatherings, for at least the next several months. This is because scientists are still trying to figure out whether people who have been vaccinated can still spread the virus to others, even if their risk of getting sick is now much lower.

When can I visit my family and friends?

You should wait until at least two weeks after your last shot with either vaccine. However, most public health experts strongly advise against resuming visits with family and friends until all of them are vaccinated.

Will we ever go back to “normal”?

The novel coronavirus will likely continue to spread until a large majority of the population (at least 70%) is vaccinated or has developed natural immunity after surviving infection. The vaccines will not be an immediate ticket back to the way life was in 2019. Many experts agree that it’s better to think about how we “move forward” instead of “getting back to normal.”

In the meantime, it’s important for all of us, but especially older adults, to continue taking care of ourselves and staying safely engaged with the world around us, even if we’re isolating at home. Seek out virtual volunteer opportunities, such as tutoring or phone banking, and stay in contact with family members through phone calls and video chats. Additionally, learning new skills and meeting new people keeps you cognitively sharp and is good for your mental health. Many organizations, including San Diego Oasis, offer free or low-cost online classes in a variety of topics, from dance and fitness to art and technology.

We’ve all been challenged in 2020. Continuing to take all necessary precautions as we wait for most of the population to get vaccinated will take more patience, but it’s how we will move forward to the other side of this pandemic – and hopefully, to healthier, more balanced lives in the years ahead.

Simona Valanciute is the president and CEO of San Diego Oasis, an award-winning nonprofit organization serving people age 50 and better, who pursue healthy aging through lifelong learning, active lifestyles, and community service. Learn more at www.sandiegoasis.org.

HHS data shows local hospitals nearly full

Will Fritz
Staff Writer

Local hospitals in North County and Southwest Riverside County hospitals are nearly full, and intensive care units are slammed with patients as the coronavirus pandemic continues to rage, according to the latest data from the United States Department of Health and Human Services.

Per data released on Jan. 3, 51% of patients at Palomar Medical Center in Escondido, the closest San Diego County hospital to Fallbrook, were positive for COVID-19.

In addition, 45% of patients at Temecula Valley Hospital, 53% of patients at Southwest Healthcare System and 66% of patients at Loma Linda University Medical Center Murrieta, all of which are in Riverside County, have tested positive for COVID-19. Southwest Healthcare System includes both Inland Valley and Rancho Springs medical centers in Wildomar and Murrieta, respectively.

The amounts of patients with coronavirus have increased at each of the hospitals closest to Fallbrook between the data reported Jan. 3 and the report from about a week prior on Dec. 28.

There were an average of about 17 more COVID-19-positive adults at Palomar Medical Center in the seven days prior to Jan. 3, as well as about 11 more at Temecula Valley Hospital, about 15 more at Southwest Healthcare System and about six more at Loma Linda University Medical Center Murrieta.

In the week prior to Jan. 3, Palomar Medical Center was using on average more than 100 fewer beds than the total available, but Temecula Valley Hospital and Southwest Healthcare System both were on average within 10 beds of capacity (144 beds out of 154.1 for Temecula Valley and 227.9 out of 233.7 for Southwest). Loma Linda University Medical Center Murrieta was using 99 inpatient beds out of 164.

Each hospital was at or close to ICU capacity in the week preceding Jan. 3, with an average of 34.7 ICU beds used out of a total of 36 at Palomar Medical Center, 26.9 out of 26.9 at Temecula Valley Hospital, 29.1 out of 29.7 at Southwest Healthcare System

and 12.1 out of 18 at Loma Linda University Medical Center Murrieta.

The state is officially reporting the 11-county Southern California region’s available ICU capacity at 0%; while the recent data show ICUs not quite at full capacity, state officials and healthcare professionals have said over the course of the pandemic that available staff also play a role in determining ICU space.

Here is a more detailed look at some of the most recent HHS data on local hospitals:

Palomar Medical Center Escondido

Total beds (7-day average): 392
Total inpatient beds used (7-day average): 282
Total adults hospitalized, confirmed COVID-19 positive (7-day average): 144.6
ICU beds (7-day average): 36
ICU beds used (7-day average): 34.7

Temecula Valley Hospital

Total beds (7-day average): 154.1
Total inpatient beds used (7-day average): 144
Total adults hospitalized, confirmed COVID-19 positive (7-day average): 64.3
ICU beds (7-day average): 26.9
ICU beds used (7-day average): 26.9

Southwest Healthcare System (Inland Valley and Rancho Springs medical centers)

Total beds (7-day average): 233.7
Total inpatient beds used (7-day average): 227.9
Total adults hospitalized, confirmed COVID-19 positive (7-day average): 118.9
ICU beds (7-day average): 29.1
ICU beds used (7-day average): 29.7

Loma Linda University Medical Center Murrieta

Total beds (7-day average): 164
Total inpatient beds used (7-day average): 99
Total adults hospitalized, confirmed COVID-19 positive (7-day average): 69.4
ICU beds (7-day average): 18
ICU beds used (7-day average): 12.1

Will Fritz can be reached by email at wfritz@reedermedia.com.

First responders receive COVID-19 vaccinations

SAN DIEGO – Fire agencies across San Diego County have played an active role throughout the COVID-19 pandemic and have now begun the COVID-19 vaccination process for first responders in the county. This effort has been carried out alongside the county Health and Human Services Agency, working to vaccinate emergency medical technicians and paramedic responders in what is known as Operation Collaboration.

First responders are on the front lines of the COVID-19 response, and Operation Collaboration brings together multiple agencies to meet the need of vaccinating those that are most exposed to the virus.

“This vaccination process will help keep responders safe, and will ensure that these personnel are available to continue serving communities throughout San

Diego County,” Dan Barron, San Marcos fire chief and unified incident commander, said.

First responder vaccine administration began Dec. 30, with vaccination operations running daily. Vaccination sites, also known as points of distribution, have been set up to meet the need for fire agencies throughout the county. Points of distributions are rotating between San Marcos, Carlsbad and Rancho San Diego – with additional sites being evaluated.

The partnership between local fire and health agencies has built the framework for the vaccination process going forward and will ultimately provide all first responders in the county the opportunity to get vaccinated for COVID-19.

Submitted by Cal Fire/San Diego County Fire.

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SHERIFF'S LOG		
Dec. 27		
500 block S. Main Ave	Commercial burglary	
Dec. 28		
600 block De Luz Rd	Vandalism	
3800 block Lake Shore St	Fraud	
Dec. 29		
3100 block S. Old Highway 395	Arrest: Possession of controlled substance, paraphernalia	
200 block Almond St	Arrest: Under influence of controlled substance, contempt of court, parole violation	
5300 block State Route 76	Stolen vehicle	
5500 block Mission Rd	Petty theft	
2500 block Rainbow Valley Blvd	Child abuse incident	
Dec. 30		
100 block E. Alvarado St	Arrest: Possession of controlled substance, paraphernalia	
100 block Ash St	Commercial burglary	
200 block Shetland Wy	Death	
Dec. 31		
De Luz Rd @ Calle Roxanne	Arrest: Violation of parole	
900 block E. Mission Rd	Arrest: Contempt of court	
3100 block S. Old Highway 395	Domestic abuse with serious injury	
N. Main Ave @ E. Mission Rd	Battery	
1400 block Alturas Rd	Domestic abuse with minor injury	
1400 block S. Mission Rd	Battery	
Jan. 1		
3900 block Reche Rd	Arrest: Domestic battery	
4100 block Lake Circle Dr	Petty theft	
30100 Disney Ln	Violation of court order	
5600 block Rancho Del Caballo	Fraud	
1000 block Farrand Ct	Arrest: Unlawful possession of tear gas	
1300 block S. Mission Rd	Grand theft	
4400 block Brodea Ln	Arrests: Petty theft	
Jan. 2		
300 block Sky Vista Wy	Domestic abuse	
Jan. 3		
Via de Todos Santos @ Mohegan Ln	Arrest: Outstanding felony warrant	
1100 block S. Mission Rd	Arrest: Public intoxication	
1200 block S. Mission Rd	Arrest: Possession of controlled substance	
Jan. 4		
500 block Ammunition Rd	Domestic abuse	
1000 block Rice Canyon Rd	Grand theft	
40800 block Daily Rd	Arrest: Possession of stolen vehicle	
3700 block S. Mission Rd	Arrests: Possession of marijuana for sale, felon in possession of firearm	
1100 block S. Mission Rd	Arrest: Possession of controlled substance, driving without license, expired vehicle registration	
700 block Inverlochy Dr	Contempt of court	
1200 block S. Main Ave	Fraud	
Jan. 5		
2700 block S. Mission Rd	Vandalism	
3100 block S. Old Highway 395	Arrest: Possession of controlled substance, sale of controlled substance	
Jan. 6		
1400 block S. Mission Rd	Assault with a deadly weapon	
1600 block S. Mission Rd	Arrest: Possession of controlled substance, paraphernalia, use of controlled substance, arson, causing fire to inhabited structure	
400 block Debby St	Missing person	
31900 block Del Cielo Este	Arrest: Domestic abuse with minor injury	
100 block Ash St	Grand theft	
400 block Industrial Wy	Grand theft	
1300 block S. Mission Rd	Grand theft	
Jan. 7		
600 block E. Elder St	Missing person	
3500 block Lake Shore Ave	Arrest: Possession of controlled substance, paraphernalia	
3500 block Sarah Ann Dr	Petty theft	
500 block N. Main Ave	Arrest: Violation of court order	
Jan. 8		
3700 block S. Mission Rd	Arrest: Domestic abuse with minor injury	
200 block W. Clemmens Ln	Arrest: Domestic abuse with minor injury	
1000 block Overbrook Ln	Arrest: Domestic battery	
1500 block S. Mission Rd	Petty theft	
600 block S. Main Ave	Arrest: Possession of controlled substance paraphernalia	
1900 block Rainbow Glen Rd	Violation of court order	
700 block W. Fallbrook St	Stolen vehicle	
Jan. 9		
800 block Vanita St	Fraud	
3100 block S. Old Highway 395	Public intoxication	
3000 block Willow Heights Rd	Arrest: Threat to elder/dependent adult, vandalism	
200 block N. Main Ave	Commercial burglary	
5200 block Triple Crown Dr	Battery	
500 block De Luz Rd	Stolen vehicle	
Jan. 10		
800 block E. Mission Rd	Commercial burglary	
700 block E. Elder St	Grand theft	
400 block Minnesota St	Stolen vehicle	

OBITUARIES



Drew Charles Messmann, 51, of Bentonville, Arkansas passed away Jan. 1, 2021 in his Bentonville home. He was born Jan. 24, 1969 in Whittier, California to Dale and Judith Messmann.

Drew had lived in Northwest Arkansas since September 2019 after moving from his longtime home in Fallbrook, California. He was a 1987 graduate of Fallbrook Union High School, where he was the Trombone Section Leader for the school's marching, concert and jazz bands.

Drew's passions were his cherished rescue dogs, crafting, woodworking and vintage furniture renewal, but it was performing and directing where Drew's creative soul found immense joy.

He was a member of the San Diego Men's Chorus, acted and directed in productions with Fallbrook Players, Vista's Broadway Theater, Fine Arts Network and many others. This passion continued for the remainder of his life and was where he built numerous lifelong friendships.

Drew was a loving, gifted, talented man with a quick wit, and sharp and wickedly funny sense of humor. He will be greatly missed.

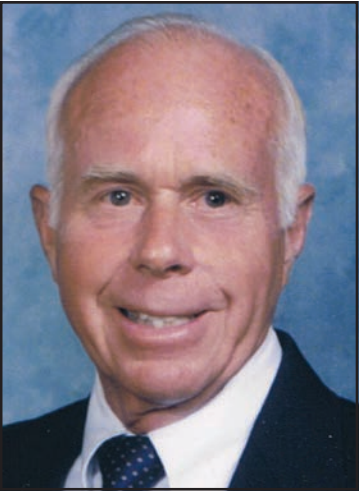
Survivors include his father and step-mother, Dale and Sharron Messmann of Rockville, Maryland; his Aunt Sharlene Koska and Cousin Jilene Leone of Vancouver, Washington.

Drew was preceded in death by his mother, Judith Messmann of Fallbrook.

No formal services are planned at this time. If anyone desires to make a donation in Drew's name, please consider FUHS Band Boosters, Vista's Broadway Theater or a pet rescue of your choice.

Arrangements: Epting Funeral Home of Bentonville

C o n d o l e n c e s : www.eptingfuneralhome.webs.com



Herbert Eugene Hartman, 91, of Rainbow, died Friday, Jan. 1, 2021.


Herb was born in Los Angeles in 1929. He had two younger brothers, both of whom previously died. He graduated from Alhambra City High School in 1948. He served in the Army in 1949 in the Medical Corps. He graduated from the University of New Mexico with a bachelor's degree in pharmacy in 1956.

In August 1958, he married Janice Wolf from Columbus, Ohio, and moved into a home in Covina. In November 1970, they and their

three children moved to 16 acres in Rainbow. There they planted a grove of avocado and fig trees and built their house while living in an RV. In 2008, he and Jan celebrated 50 years of marriage.

He was a pharmacist from about 1958 until he retired in 1994. Then he farmed mostly avocado trees until 2012. He lived at Sun City Gardens for the past five years.

A memorial service will be held at Riverview Evangelical Free Church at 4980 Sweetgrass Lane in Bonsall Saturday, Jan. 23, at 3:30 p.m.



Maurice "Morry" Wayne Stillwell, beloved husband of Elda Stillwell and father of Lisa Stillwell, died Dec. 25, 2020, at the age of 93. Morry ascended from this mortal life to eternal repose in heaven.

Morry was the president of the United States Figure Skating Association from 1995-1998. He also served as an assistant team leader at the Albertville Winter Olympics in France.

He will be terribly missed by his devoted family and friends.

A shelter service will be held at

Miramar National Cemetery, 5795 Nobel Dr., in San Diego, Thursday, Jan. 14, at 11 a.m. with military honors.

In lieu of flowers, donations may be made to Los Angeles Figure Skating Club competition fund at <http://www.lafsc.org/donate> or U.S. Figure Skating Memorial Fund at <http://www.usfigureskating.org/memorial-fund>.

To view the entire obituary and sign the online guest book, visit <http://berry-bellandhall.com>.

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A new approach to building uses historic bricks



This site on Monserate Hill Road has a unique entrance already built on it.

Village News/Wior Photography photos

FALLBROOK – Mark Kirk is taking a new approach to building custom homes and it led him to transport a load of century-old bricks from Kansas to California while implementing his new plan.

The bricks that once paved the streets of Dodge City are now featured at the entrance to a lot that is all ready for a new home to be built there.

Kirk first stumbled on to the site of his latest project in Fallbrook in 2002 – a 24 acre piece of property on Monserate Hill Road and knew it was a “Crown Jewel.”

Even though the property was overgrown with 1500 old avocado trees so dense he could not see through them, he could envision huge custom homes cascading down the hillside.

“I could see that the property, even though on the side of a hill, would produce large, graded house pads for nice single story homes, with guest houses and accessory barns that all could face their patios, looking south if desired,” Kirk said.

The tentative subdivision was approved in 2007 and three of the pads and a new street were installed. The graded pad area on this lot is 36,000-38,000 square feet, almost one acre of flat land to accommodate just about anything one would want to build on a new estate.

The market collapsed just as the property was ready for selling and sales were postponed indefinitely. The other investors dropped out during the recession and Kirk ended up with the property.

Last year, he moved forward in developing the property which is near I-15 and state Route 76.

Kirk decided to try a new approach in developing these lots. Having built over 200 custom homes in his career, he discovered that by the end of the job, most clients building a house are pretty exhausted mentally, physically and financially as most custom homes require a lot of decisions and upgrades tend to be expensive.

Most clients just don’t have the energy left to tackle a serious development of the perimeter of their property.

Kirk said that he never really got to finish a lot of the perimeters of his projects over the years as nice as the houses were, so he decided to use a different approach to this project.

He recently completed getting the second of the seven lots ready to build, which means the house pad is graded, the water meter is installed, and the septic has been approved. He went a step further this time, installing all of the exterior landscaping and

fencing, too.

Instead of the normal budget-strapped entryway, Kirk went all out, and no expense was spared. The design was done on sight by him with no architectural input. He built the columns utilizing the stones that were generated when the pad was graded back in 2007.

The footings for the columns are over three feet deep. The cavities in the columns were wired for the lights and security and then poured solid with concrete. The caps were custom cut from matching slab material.

A total of six of these structures were erected to define the entry gates as well as the two front property corners. Special scone placards were also installed to accommodate the custom-fit lanterns and the address.

Kirk wanted to stop the flow of erosion every time it rained, so he installed entry pavers. Knowing that construction would still need to be done on the house, he knew he would need to install an entrance that would stand up to the construction truck traffic.

Kirk searched on the internet and found out that Dodge City, Kansas, had removed one of its old brick streets. Having been in the brick business in the late 80s, Kirk knew there was a brick plant in Coffeyville, Kansas that had made one of the hardest bricks ever fired.

He contacted the city office of Dodge City and, sure enough, the bricks were stacked loosely in one of the city’s maintenance yards. Kirk arranged to have the bricks palletized and shipped by truck to the Fallbrook site.

The bricks were laid on the streets of Dodge City between 1909 and 1912 with the newest technology. Six inches of concrete were laid first, then covered with one inch of sand to cushion the bricks. This process helped the bricks survive the traffic driving over them for over 100 years.

In Fallbrook, some of the bricks were used to build the custom mailbox, custom entry pad holder, landscape accents and two small sidewalks. One sidewalk on the left leads to one of the most secure locking package drop boxes available that was powder coated to match the iron gates. No more coming home to packages laying on the ground in front of the gate.

The right side sidewalk leads to a five foot wide walk through gate with a touch entry keypad. The gates were all fabricated utilizing one inch square bars instead of the normal three-quarter inch. To withstand the extra weight, heavy duty ball bearing hinges were secured to a quarter inch thick steel arm that extends into and down the solid concrete columns two foot deep into the footings.



All the fences around the property are already installed besides the entry gate and driveway at the opposite end of the lot.

Cedar planks are utilized around the perimeter of the gates to give them a modern but rustic appearance. The lights chosen to be mounted on the columns were selected and custom fitted to the columns.

Kirk dug out the entrance to the lot and installed 12 inches of compacted class II road base. He commented that the street in front of the driveway only has 6 inches of this same base. He then poured a 12 inch by 12 inch thick concrete curb around the perimeter to lock in the bricks.

Huge boulders, some weighing 10 tons or more, were placed to form a retaining wall and then seamed together with smaller rocks in what one might consider to be a form of art that will last in perpetuity.

Other boulders were placed around the perimeter of the property to accentuate the landscaping. Low maintenance Korean “clump” grass has been planted in areas where runoff is anticipated. The grass will filter the water runoff into very clean water going on to the street by spring when the grass has more fully filled in.

Various trees and shrubs were planted around the property so they might grow to a nice size by the time the new home is finished.

In addition to being in an excellent location, Kirk said the property has one of the most spectacular views in all of Southern California. The pad was just recertified to start construction and is good for another five years.

All the utilities are at the property and the septic is approved for both a five-bedroom and a six-bedroom layout, whichever the buyer chooses. The lot is ready for them to bring their house plans and start building.

See a detailed video of this property at MarkBKirkInc.com/video.



The bricks in the driveway are from Dodge City, Kansas where they were pavers in a street for 100 years.

REGIONAL

Gov. Newsom announces Golden State Stimulus

SACRAMENTO – As millions of Californians struggle to make ends meet as a result of the COVID-19 pandemic, Gov. Gavin Newsom announced two immediate action items Thursday, Jan. 7, in his 2021-22 State Budget proposal to help low-income Californians.

First, the Golden State Stimulus would provide a \$600 rapid cash support directly to roughly 4 million low-income Californians who, coupled with federal stimulus, could receive at least \$1,200 of direct relief. The state’s stimulus will also reach low-income Californians who are excluded from the federal stimulus, like undocumented households that file taxes with an Individual Taxpayer Identification Number, including parents with U.S. citizen children.

Second, the governor is calling for immediate action to protect more Californians from eviction by extending critical eviction protections enacted by Assembly Bill 3088 and ensuring that California’s \$2.6 billion share of federal rental assistance is distributed according to greatest need and with accountability.

“Through the Golden State Stimulus, Californians who have been impacted by this pandemic will get help to provide for their families and keep a roof over their heads,” Newsom said. “This plan

will provide relief for Californians in need by distributing \$600 rapid cash support – for some, at least \$1,200 when coupled with federal relief – and extend the eviction moratorium.”

Golden State Stimulus

The COVID-19 pandemic brought immediate and unprecedented financial challenges to working families that continue to struggle as the country and state experience the most intense surge of the virus. The Golden State Stimulus would refund \$600 to all 2019 taxpayers who received a California Earned Income Tax Credit in 2020, as well as to 2020 taxpayers with Individual Taxpayer Identification Numbers who are eligible for and receive the CalEITC in 2021.

Californians with annual incomes of \$30,000 or less may be eligible for the CalEITC. Focusing on CalEITC recipients allows for a timely identification of and distribution to the population that likely started 2020 with few financial resources and disproportionately lost their jobs or work hours during the pandemic. The payments would be sent out to tax year 2019 CalEITC recipients in February and March 2021.

ITIN taxpayers, who are newly eligible for the CalEITC, would receive the additional tax refund

after they file their 2020 tax return, typically in February through April. The timing of these refunds is meant to immediately help low-income households with expenses like food and rent. Last year, nearly 3.9 million CalEITC tax returns were filed, and the program put \$1.1 billion back in the pockets of Californians.

Eviction Moratorium Extension

In August, the governor and Legislature worked in partnership to enact Assembly Bill 3088 – the nation’s strongest statewide eviction protections. While that protection was critical as a public health measure to keep people housed during the worst of the pandemic, it was temporary – without immediate action, the moratorium expires Jan. 31.

After months of advocacy, California now has significant help with \$2.6 billion in federal stimulus money, targeted to stabilize the lowest-income at-risk renters and small property owners.

The governor is proposing that the state quickly and accountably deploy all \$2.6 billion in federal renter relief as early action – \$1.4 billion of which is allocated directly to the state and \$1.2 billion of which is allocated to entitlement jurisdictions – all targeting low-income California

households, while helping stabilize small property owners who are also struggling.

This \$2.6 billion, combined with hundreds of millions in other investments through the National Mortgage Settlement and tenant legal defense, and strengthened foreclosure protections, will keep as many people housed as possible and help get California’s economy back on its feet. The governor is also proposing that the AB 3088 eviction moratorium be extended.

Under this proposal, California renters who are experiencing financial hardship related to the COVID-19 pandemic and pay at least 25% of their monthly rent cannot be evicted for unpaid rent.

“The Golden State stimulus is needed now more than ever. Millions of working families are on the ropes, barely hanging on during this pandemic-induced recession. This additional \$600 in rapid cash relief will put food on the table for millions of vulnerable Californians, help pay rent and these funds will be a shot in the arm for our economy. The EITC has been a priority for the Senate for many years now and we look forward to partnering with the governor to get these dollars into the pockets of struggling families as quickly as possible,” state Sen. Mike McGuire, D-Healdsburg, said.

“Too many families have been financially devastated by this pandemic including countless families in the Inland Empire. We can and we must do more to provide assistance to get them through this difficult time, particularly those most impacted. The Golden State Stimulus will put \$600 into the pockets of those who need it the most, and when added to federal relief, could mean \$1200 in quick support for low-income Californians. We are proud to collaborate with the Governor on this important proposal,” Assemblymember Eloise Gómez Reyes, D-San Bernardino, said.

The announcement builds on the governor’s Equitable Recovery for California’s Businesses and Jobs plan, the business and workforce recovery elements of his 2021-2022 state budget that will help California through the COVID-19 pandemic and advance an equitable, broad-based recovery with more than \$4.5 billion in investments.

The COVID-19 pandemic brought unprecedented challenges to California; however, prudent fiscal management in the past and present has allowed the state to provide ongoing support to impacted Californians where they need it most.

Submitted by the office of Gov. Gavin Newsom.

San Diego County supervisor Nathan Fletcher details areas of focus for board

City News Service

The San Diego County Board of Supervisors is “absolutely and unequivocally committed” to a government that residents know represents and cares for them, its new chairman said Tuesday, Jan. 5.

Nathan Fletcher said the county must now tackle climate change and a global COVID-19 pandemic, improve racial justice, build more affordable housing, provide quality physical and behavioral health care, provide more economic opportunity and ensure transparent government.

Supervisors voted unanimously for Fletcher to serve as chair. Along with Fletcher, Nora Vargas will serve as board vice chair and Joel Anderson as chair pro tem.

Fletcher gave his speech in the board’s chambers inside the county Administration Building, located in downtown San Diego; however, the rest of the board participated via teleconference, which it has been doing since the COVID-19 pandemic began last spring.

Fletcher, a Democrat first elected in 2018 to represent District 4, described his new role as “a tremendous honor.”

“I will work tirelessly for a county with more opportunity, more fairness, more equity and more justice,” he said.

The county shouldn’t just be a place where people “don’t just say ‘Black lives matter and immigrants are appreciated,’ but a county that backs that up with intentional policies,” Fletcher said.

For many decades, county voters wanted a more conservative board, consistent with their values, Fletcher said.

“But times change, and now the voters have elected a new group of more progressive supervisors we will govern more consistent with our values,” he said. “We aren’t looking to the past. We’re looking to a brighter future. This is an exciting time for our county. Now, let’s get to work.”

In November, voters chose two other progressive candidates,

Vargas for District 1 and Terra Lawson-Remer for District 3.

The newly elected Anderson represents District 2. Along with District 5’s Jim Desmond, Anderson is considered a more conservative voice. The board seats are officially non-partisan. Fletcher said that county leaders must “be prepared to accept hard facts and uncomfortable truths – but all while never losing site of what we’re fighting for.” The county should be prepared for policy setbacks and “at times we will make mistakes, and when we make a mistake, we will admit, correct course and carry on,” Fletcher said.

“We don’t look away from the most pressing needs of our community. The Marines taught me that you’re never out of the fight – but you get up, and you get back in the fight,” he said.

Fletcher said that Jan. 12, after press time, the board will vote on foundational policies, including those focusing on racial justice issues and economic justice.

Fundamental county operations will also need to change, in terms of financial transparency, he said.

Along with Gov. Gavin Newsom, the county looks forward to working with San Diego Mayor Todd Gloria and other regional cities, “starting a new relationship tied by geography and united in purpose,” Fletcher said.

He said that after a very long 2020, he feels revitalized by the presence of new board members, and praised all three.

He said Vargas “will hold our county government accountable, and never forget who or why you chose to serve.

“You’ve made history and I’m confident you will continue to do so,” he said.

Fletcher lauded Lawson-Remer for her professional background, “global perspective, national experience and impeccable values. I can’t wait to see you get to work.”

While serving in the state Legislature with Anderson, Fletcher said he saw someone who held true

to his convictions, but was willing to find common ground with those across the aisle.

“I know you care deeply for the residents of your district,” Fletcher said.

When mentioning Desmond, Fletcher said, “Well, let’s not get carried away here. Let’s just see how it goes with you.”

Both men have disagreed over how the county should handle restrictions to combat the spread of the coronavirus.

In a statement released after Tuesday’s meeting, Desmond said there is “an opportunity, with a new board, to build a team and move forward as a board.

“This is an exciting time and unprecedented for decades. I look forward to working with all of my colleagues. My focus will be the same as it’s been for the first two years in office: streets, roads, infrastructure and safety,” Desmond said.

Gorillas test positive for coronavirus at San Diego park

Julie Watson
Associated Press

SAN DIEGO (AP) — Several gorillas at the San Diego Zoo Safari Park have tested positive for the coronavirus in what is believed to be the first known cases among such primates in the United States and possibly the world.

The park’s executive director, Lisa Peterson, told The Associated Press on Monday that eight gorillas that live together at the park are believed to have the virus and several have been coughing.

It appears the infection came from a member of the park’s wildlife care team who also tested positive for the virus but has been asymptomatic and wore a mask at all times around the gorillas. The park has been closed to the public since Dec. 6 as part of the state of California’s lockdown efforts to curb coronavirus cases.

Veterinarians are closely monitoring the gorillas and they will remain in their habitat at the park, north of San Diego, Peterson said. For now, they are being given vitamins, fluid and food but no specific treatment for the virus.

“Aside from some congestion and coughing, the gorillas are doing well,” Peterson said.

While other wildlife has contracted the coronavirus from minks to tigers, this is the first known instance of transmission to great apes and it is unknown if they will have any serious reaction.

Wildlife experts have expressed concern about the coronavirus infecting gorillas, an endangered species that share 98.4 percent of their DNA with humans and are inherently social animals.

The gorillas infected at the San Diego safari park are western lowland gorillas, whose population has declined by more than 60% over the last two decades because of poaching and disease, according to the World Wildlife Fund.

The safari park tested feces of the troop of gorillas after two apes began coughing Jan. 6. Positive test results were confirmed by the U.S Department of Agriculture National Veterinary Services Laboratories in three gorillas. Feces from all eight in the troop are being taken for testing.

Zoo officials are talking to experts who have been treating the coronavirus in humans in case the animals’ develop more severe symptoms. They will remain together since separating them could be harmful to the gorillas that live in tight-knit groups.

“This is wildlife, and they have their own resiliency and can heal differently than we do,” Peterson said.

The safari park on Monday added more safety measures for its staff, including requiring face shields and eye goggles when working in contact with the animals.

The confirmation that gorillas are susceptible to the coronavirus



Members of the gorilla troop at the San Diego Zoo Safari Park in Escondido, Calif., are seen in their habitat on Sunday, Jan. 10, 2021. Several gorillas at the zoo have tested positive for the coronavirus in what is believed to be the first known cases among such primates in the United States and possibly the world. It appears the infection came from a member of the park’s wildlife care team who also tested positive for the virus but has been asymptomatic and wore a mask at all times around the gorillas.

Ken Bohn/San Diego Zoo Safari Park via AP

contributes to information about how the pandemic may affect these species in their native habitats where they come into contact with humans and human materials, the park officials said.

San Diego Zoo Safari Park plans to share what it learns with health officials, conservationists and scientists to develop steps to protect gorillas in the forests of Africa.

DINING

VFW hosting special burger night to raise much-needed funds



The VFW is holding a Special Burger Night on Monday, Jan. 25 in hopes of raising much needed funds for the post, 1175 Old Stage Road.

Many people think the flame-grilled hamburgers at the VFW are the best in town.

Village News/Lucette Moramarco photos

Jeff Pack
Staff Writer

The Charles E. Swisher VFW Post 1924 is hosting a Special Burger Night on Monday, Jan. 25 in hopes of raising much needed funds for the post, which has been hit hard by the COVID-19 pandemic.

The veterans organization has been instrumental in providing food to those in the community in need over the holidays for several years now and just this past season, delivered or provided more than 1,300 free Thanksgiving and Christmas Day meals, no questions asked.

In normal times, the VFW post pays for those meals by hosting in-person dinners throughout the week that are well attended, primarily Mondays and Fridays. But this year, due to COVID-19, they have been limited in what they could offer on those days and limited to take out orders, which have been thin.

“We just don’t have the everyday following to do meals on Mondays and Fridays because we just don’t have that type of following for takeout,” Post Commander Chris Ingraham said in a phone call. “By doing the special event, we are letting people know, ‘Hey, this is what we’re doing and this is why we’re doing it.’ Maybe that’ll bring them out one time and then depending on how successful this is, we might do another one.”

“We need to raise money because we still did Christmas and Thanksgiving meals. We’re still doing our programs and the services we provide. We’re still doing all that. There’s no money coming in, but there’s a lot going out.”

The Jan. 25 take-out-only event will take place from 4 to 8 p.m. at the VFW Post located at 1175 Old Stage Road in Fallbrook.

Members of the community can drive up, place an order, and take their orders to go.

It should be noted that the VFW burgers are quite well regarded in the community.

“We do burgers on a normal Monday night and we’ve got quite a following for burgers,” Ingraham said. “People seem to really think that we really do have the best burgers in town. I’ve actually had a couple of cooks that work for restaurants in town, they’ve come by and said your burgers are way better than ours.”

He didn’t name any names.

So far, Ingraham said, momentum is growing on Facebook and he hopes it will continue leading up to the special burger night fundraiser.

“The VFW Post has not waived during the pandemic and has continued to provide the programs and services as it always has,” Ingraham said. “But due to the restrictions in place on small businesses and nonprofits, the VFW has not had

the opportunity to raise the amount of funding required to maintain their programs and services.

“All of the events that we count on every year for our fundraising, like the Avocado Festival, the Fallbrook Car Show and all these other events in the community have been canceled. We make proceeds from the food, we usually get some kind of a donation for providing color guards. It might only be a hundred bucks, but that’s what we do. We weren’t able to

have our Memorial Day festivities or our Veterans Day Parade and festivities. We usually bring in a lot of donations during those times.”

The post, which has been a member of the community since 1942, and a member of the Fallbrook Chamber of Commerce since 1996 provides other types of services such as veteran funeral/burial services, financially assisting needy veterans and the active duty in the community.

Their ability to continue those

services could be in jeopardy if they can’t raise the funds required to cover those costs, Ingraham said.

If you would like to help the VFW beyond the special burger night, contact the post at info@fallbrookvfw.org or visit www.fallbrookvfw.org and click the donate now button.

Jeff Pack can be reached by email at jpack@reedermedia.com.

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NATIONAL

Explainer: Who’s been charged in the deadly Capitol siege?



Trump supporters try to break through a police barrier, Wednesday, Jan. 6, 2021, at the Capitol in Washington. As Congress prepares to affirm President-elect Joe Biden’s victory, thousands of people have gathered to show their support for President Donald Trump and his claims of election fraud. AP photo/Julio Cortez photo

Alanna Durkin Richer
The Associated Press

Prosecutors have brought dozens of cases after the deadly attack at the U.S. Capitol, and more charges are expected in the coming days as investigators identify more members of the pro-Trump mob.

Investigators are collecting tips from the public, interviewing witnesses and going through photos, videos and social media accounts to collect evidence against the attackers who overran the Capitol to stop the certification of Democrat Joe Biden as the next president. And those who’ve been charged so far could lead investigators to others who joined in the violent siege on Capitol Hill.

Some questions and answers about the investigation into the Capitol breach:

How many people have been charged?

The U.S. attorney for the District of Columbia has brought federal charges against about 20 people so far, while 40 others have been charged in D.C.’s Superior Court. The people charged in Superior Court are mainly accused of things like curfew violations and gun crimes. Those being

tried in federal court, where prosecutors can generally secure longer sentences, are charged with offenses such as violent entry and disorderly conduct on Capitol grounds, assaulting a federal law enforcement officer and threatening House Speaker Nancy Pelosi.

On Sunday, Jan. 10, federal authorities arrested two men who were photographed with plastic restraints inside the Capitol. Investigators said they used social media and livestream videos to identify Eric Munchel of Tennessee as the masked person seen in photos shared widely over social media carrying plastic hand restraints in the Senate chamber.

Retired Lt. Col. Larry Rendall Brock Jr. of Texas was photographed on the Senate floor carrying zip-tie handcuffs and wearing a military-style helmet and vest, authorities said. Brock’s ex-wife helped authorities identify him, according to court documents. He confirmed to The New Yorker that he was the man in the photographs and claimed he found the zip-tie handcuffs on the floor.

“I wish I had not picked those up,” he said.

Why haven’t more people been charged yet?

Authorities are working to identify more suspects and more charges are expected.

Many people were allowed to leave the Capitol freely the day of the attack, so investigators have to sort through a sea of photos, video, social media posts and tips from the public to see who was there and track them down.

Federal prosecutors across the U.S. have also said people could face charges in their home states if they traveled to Washington and took part in the assault.

Massachusetts’ top federal prosecutors said Monday, Jan. 11, that his office has received “lots of tips” and has investigations underway. But for prosecutors outside Washington to bring a case, they would need evidence that someone traveled there with plans to participate in the destruction and violence, U.S. Attorney Andrew Lelling said.

“Much of what happened in the District looked like – at least for most of the participants – it was pretty spontaneous,” Lelling said in an interview. “So in many respects, we may be looking for something that just doesn’t exist.

But we will look.”

Could they face more serious charges?

Prosecutors can tack on more serious charges as they gather more evidence. Michael Sherwin, acting U.S. attorney for the District of Columbia, has said authorities are not keeping anything out of their “arsenal for potential charges.”

The FBI has also opened a murder probe into the death of Capitol police Officer Brian D. Sicknick, who was hit in the head with a fire extinguisher, according to law enforcement officials who spoke on the condition of anonymity because they were not authorized to discuss the investigation publicly.

Experts said federal prosecutors could bring rarely used seditious conspiracy charges, which calls for up to 20 years in prison, against some of the attackers.

After protests across the U.S. over police brutality in the summer, former deputy attorney general Jeffrey Rosen told prosecutors in September that they should consider using the sedition charge against violent demonstrators. Rosen, who took over the top Justice Department

job when attorney general William Barr stepped down in December, said the charge does not require proof of a plot to overthrow the U.S. government and gave the hypothetical example of a group that “has conspired to take a federal courthouse or other federal property by force.”

Could any officers face charges?

At least two Capitol police officers, one who took a selfie with the attackers and another who put on a “Make America Great Again” hat, have been suspended. At least a dozen more are under internal investigation for their behavior during the uprising, according to lawmakers.

The Capitol police officer who shot Ashli Babbitt, a Trump supporter who was trying to climb through a broken window into the Speaker’s Lobby, has been placed on administrative leave per agency policy, and the shooting is under investigation by Capitol police and the Metropolitan Police Department.

Richer reported from Boston. AP reporter Michael Balsamo contributed to this report from Washington.

SBA and Treasury announce PPP reopening, issue new guidance

WASHINGTON – The U.S. Small Business Administration, in consultation with the Treasury Department, announced that the Paycheck Protection Program reopened Jan. 11 for new borrowers and certain existing PPP borrowers. To promote access to capital, initially only community financial institutions will be able to make first draw PPP loans Monday, Jan. 11, and second draw PPP loans Wednesday, Jan. 13.

The PPP will open to all participating lenders shortly thereafter. Updated PPP guidance outlining Program changes to enhance its effectiveness and accessibility was released Jan. 6 in accordance with the Economic Aid to Hard-Hit Small Businesses, Nonprofits and Venues Act.

This round of the PPP continues to prioritize millions of Americans employed by small businesses by authorizing up to \$284 billion

toward job retention and certain other expenses through March 31, and by allowing certain existing PPP borrowers to apply for a second draw PPP loan.

“The historically successful Paycheck Protection Program served as an economic lifeline to millions of small businesses and their employees when they needed it most,” Jovita Carranza, administrator of SBA, said. “Today’s guidance builds on the success of the program and adapts to the changing needs of small-business owners by providing targeted relief and a simpler forgiveness process to ensure their path to recovery.”

“The Paycheck Protection Program has successfully provided 5.2 million loans worth \$525 billion to America’s small businesses, supporting more than 51 million jobs,” Treasury Secretary Steven T. Mnuchin said.

“This updated guidance enhances the PPP’s targeted relief to small businesses most impacted by COVID-19. We are committed to implementing this round of PPP quickly to continue supporting American small businesses and their workers.”

Key PPP updates include PPP borrowers can set their PPP loan’s covered period to be any length between eight and 24 weeks to best meet their business needs and PPP loans will cover additional expenses, including operations expenditures, property damage costs, supplier costs and worker protection expenditures.

The program’s eligibility is expanded to include 501(c)(6)s, housing cooperatives, direct marketing organizations, among other types of organizations.

The PPP provides greater flexibility for seasonal employees; certain existing PPP borrowers

can request to modify their first draw PPP loan amount and certain existing PPP borrowers are now eligible to apply for a second draw PPP loan.

A borrower is generally eligible for a second draw PPP Loan if the borrower previously received a First Draw PPP loan and will or has used the full amount only for authorized uses; has no more than 300 employees and can demonstrate at least a 25% reduction in gross receipts between comparable quarters in 2019 and 2020.

The new guidance released includes: PPP guidance from Carranza on accessing capital for minority, underserved, veteran and women-owned business concerns; interim final rule on Paycheck Protection Program as amended by economic aid act and interim final rule on second draw PPP loans.

For more information on SBA’s

assistance to small businesses, visit <http://sba.gov/ppp> or treasury.gov/cares.

The U.S. Small Business Administration helps power the American dream of business ownership. As the only go-to resource and voice for small businesses backed by the strength of the federal government, the SBA empowers entrepreneurs and small-business owners with the resources and support they need to start, grow or expand their businesses, or recover from a declared disaster. It delivers services through an extensive network of SBA field offices and partnerships with public and private organizations. To learn more, visit <http://www.sba.gov>.

Submitted by U.S. Small Business Administration.

Pence, Trump appear to reach détente



Vice President Mike Pence officiates as a joint session of the House and Senate reconvenes to confirm the Electoral College votes at the Capitol, Wednesday, Jan. 6, 2021. The New York Times via AP, Pool/Erin Schaff photo

Jill Colvin and Zeke Miller
The Associated Press

President Donald Trump and Vice President Mike Pence appear to have come to a détente after nearly a week of silence, anger and finger-pointing.

The two met Monday evening, Jan. 11, in the Oval Office and had a “good conversation,” according to a senior administration official. It was their first time speaking since Wednesday, Jan. 6, when Trump incited his supporters to storm the Capitol building as Pence was presiding over certification of November’s election results. Pence and his family were forced into hiding.

During their conversation, the official said, Trump and Pence pledged to continue to work for “the remainder of their term” – a seeming acknowledgement that the vice president will not pursue efforts to try to invoke the 25th Amendment to remove Trump from office with nine days left in his term.

While his office had not definitively ruled out invoking the amendment, Pence had signaled that he had no intention of moving forward with that kind of challenge. The House was prepared to cast a vote Tuesday, Jan. 7, calling on Pence to invoke the amendment.

“The president represents an imminent threat to our Constitution, our Country and the American people, and he must be removed from office immediately,” House Speaker Nancy Pelosi said.

The House was expected Wednesday, after press time, to make Trump the first president in the nation’s history to be impeached a second time.

“We are further calling on the vice president to respond within 24 hours after passage,” Pelosi said.

There is no mechanism that would force Pence to do so, making the move wholly symbolic.

Indeed, one person close to Pence said aides dismissed Democrats’ efforts to drag the vice president further into the fray as little more than a tactic aimed at damaging Pence’s political future. The person, like others, spoke on condition of anonymity to discuss internal deliberations.

Even if Pence had been on board with the sentiment to remove Trump, the appetite for doing so has waned across the administration since last week.

While three members of Trump’s Cabinet have resigned, not one has publicly called for Trump to be forcefully removed from office.

Most Cabinet-level agencies did not respond Monday, Jan. 11, when asked where their agency head stood on the matter. At Interior, representative Nicholas Goodwin said Secretary David Bernhardt did not support such a move. Housing Secretary Ben Carson tweeted that he had not discussed the possibility with anyone and

was focused on “finishing what I started in uplifting the forgotten women and men of America.”

After four years of fealty to the mercurial Trump, studiously avoiding conflict and steadfastly refusing to discuss their disagreements publicly, the events of the last week have put Pence in a highly unusual spot.

Pence allies have expressed outrage over what they have described as a malicious attempt by the president to try to scapegoat the vice president by pressuring him to take the step of trying to block certification of the November election results by invoking powers he did not believe he possessed. Trump repeatedly singled out Pence during his pre-rally, insisting the certification could be halted as it got underway.

But Trump and Pence apparently chose to bury the hatchet – at least for the time being. The senior administration official said that, during their Oval Office meeting, Trump and Pence discussed the week ahead and reflected on their accomplishments over the last four years.

The two also “reiterated that those who broke the law and stormed the Capitol last week do not represent the America first movement backed by 75 million Americans and pledged to continue the work on behalf of the country for the remainder of their term,” the official’s readout said.

The official did not mention whether the disagreements between the men had been discussed.

There had been previous signs that Pence’s refusal to block the electoral count did not mean he had an appetite for anything further. Pelosi said in an interview with CBS’ “60 Minutes” that Pence refused to come to the phone when she and Senate Democratic leader Chuck Schumer called to urge him to initiate 25th Amendment procedures.

“We were kept on the line for 20 minutes. ‘He’s going to be here in a minute, a minute, a minute.’ Well, he never did come to the phone,” she said. “I was at home, so I was running the dishwasher, putting my clothes in the laundry. We’re still waiting for him to return the call.”

Even with Trump still in place, Pence has taken on some of the roles of the executive.

Pence, for instance, was the one coordinating with lawmakers and the D.C. National Guard during the Capitol siege. And Friday, Jan. 8, he was the one who called the family of Capitol police Officer Brian Sicknick, who died of injuries sustained during the attack, to express condolences.

In the meantime, Pence has kept a low profile as he carries out his current job. The vice president led a coronavirus task force meeting at the White House Monday, Jan. 11, and was expected to spend his remaining days focused on ensuring a peaceful transition of power to President-elect Joe Biden’s incoming administration.

It includes attending the new president’s inauguration, which Trump will be the first president since Andrew Johnson in 1869 to skip.

While the vice president will be present, an aide close to Biden’s transition team said there was no expectation that Pence will play any major role in Wednesday’s program.

AP writer Alexandra Jaffe contributed to this report.



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HOME & GARDEN AND REAL ESTATE

Home improvement projects more important than ever

Look for products with high value and low cost

FALLBROOK—Families know how important it is to retain the value of their homes, especially when we hear so much about diminishing home values and foreclosures. Still, remodeling is one of the best ways to preserve your home’s value. If you’re a homeowner who’s in the process of remodeling, consider budget-friendly options to get the look you want without breaking the bank. Here are several tips to give you some less expensive options when remodeling.

Kitchen

The countertops are one of the high impact surfaces in your kitchen. While natural stone options like granite and quartz, as well as solid surfaces are alluring, they’re expensive and can quickly drain your remodeling budget. Now is a good time to check out a contemporary laminate countertop, which offers luxury looks at a surprisingly low cost when compared to stone. The deep, rich look and dimensional

texture can give your kitchen countertop the look you want without the sacrifice.

Custom cabinets, though gorgeous to look at, can also make a significant dent in your budget plan. To get the same look for less, install oversized crown molding on top of stock cabinets to make them «pop.» Most people won’t notice the difference, and you’ll save enough to buy a new appliance or two.

Bathroom

A beautiful, updated bathroom will undoubtedly add value to your home, but it can also be a money pit that sucks away your remodeling dollars due to potentially high material and labor costs. In an effort to cut back, try searching for discounted fixtures like shower heads and faucets at home improvement stores or asking local providers if they have any suggestions on how to save money on something new.

Oftentimes, the cost of new



Affordable renovations, such as high definition laminate in the kitchen, can be wise investments for budget-conscious homeowners. Village News/Courtesy photo

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luxury-name fixtures can run \$500 to \$1000 while mass-market versions may provide the same look for less. Many manufacturers, like Moen and Delta, provide detailed installation instructions so you can save there, too. Those popular glass or decorative nickel knobs and pulls on cabinets and doors can often run as much as \$20 apiece. A better option is oversized hardware – eight to 12 inches long as opposed to the standard four to five inches – which gives you a bold look for less.

You can also save money on bathroom countertop surfaces by considering durable laminate instead of stone, which can be stained by cosmetics and cleaners. Another advantage of laminate is that if you decide to change the color scheme of

your bathroom in a few years, laminate can be switched out easily and inexpensively.

Family room

Estimates tell us that adding a family room, as opposed to simply remodeling one, will help a homeowner recoup as much as 80% of their original investment at resale. Remember to plan the space by factoring in the size of your family, the ages of your kids (and their friends), and perhaps even the possibility of additions to your immediate family, like grandparents or babies.

Some families go as far as taking out walls to improve space, but careful planning and wise furniture positioning can help you avoid drastic changes to the room that tend to drain your budget. If you’re handy or can afford to hire a carpenter,

built-in shelving and possibly an entertainment/gaming nook are useful and popular additions, and can be painted, stained, or simply covered with laminate to match your decor.

Bedrooms

From a purely practical standpoint, your bedrooms are places for you and your family to sleep and take refuge from the outside world. A master bedroom remodel should reflect an atmosphere of serenity and comfort. It’s also the perfect place to install energy efficient windows, which will help keep you cool in the summer, warm in the winter, and allow you to eventually recoup the cost with savings on your monthly energy bill.

Color is typically one of the easiest and most cost effective ways to make a significant change in the look of your bedrooms. Kids’ bedrooms can benefit from bright colors and easily washable surfaces. Pick up a prefabricated laminate countertop slab and a couple of file cabinets at a local home center to create a simple desk with the look of a custom piece. Large collections of colorful laminate patterns are available that children can easily grow into, in addition to a bevy of designs perfectly crafted for a children’s room.

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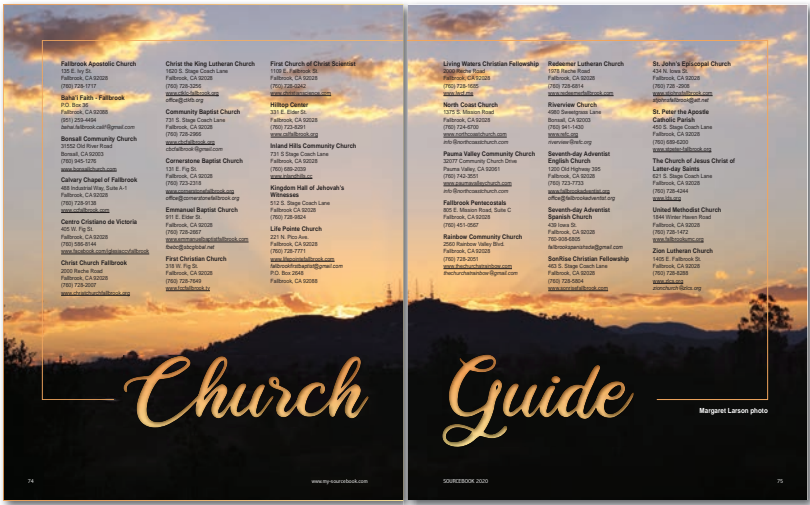
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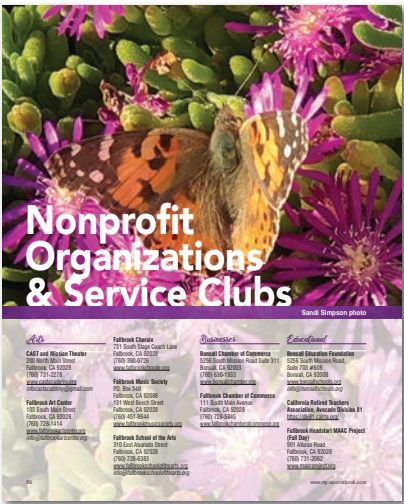
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Enter your favorite photos!

Catch every raindrop with discounted rain barrel

Gig Conaughton
*County of San Diego
Communications Office*

The weather forecasts say this could be a relatively dry winter, which means having a rain barrel to collect every precious drop of rain and cut your gardening water costs could be more important than ever.

And this month local residents can pick up a discounted top-of-the-line rain barrel for \$90 – and potentially as little as \$25 – thanks to the County of San Diego’s Watershed Protection Program, the nonprofit Solana Center and the Metropolitan Water District of Southern California.

It’s easy. Order and pay for a \$90 Ivy rain barrel online at the Solana Center’s website, <https://www.solanacenter.org/rain-barrels>, and choose to pick it up at one of two events: Saturday, Jan. 30 in Bonita, or Saturday, Feb. 6 in Lakeside. COVID-19 prevention measures will be in place.

Then you can shrink your cost from \$90 to \$55 by applying for a \$35 rebate from the Metropolitan Water District, available to residents who get their water from the San Diego County Water Authority or its participating member agencies.

Finally, the County of San Diego is giving out its own \$30 discounts on the first 200 rain barrels ordered by residents who live in the unincorporated county, which could lower your total cost to just \$25.

Ordering deadlines

There are two ordering deadlines. Order by Jan. 24 to pick up your rain barrel in Bonita from 9 a.m. to noon Saturday, Jan. 30 at the Sweetwater Community Garden at 5354 Sweetwater Road. Order by Jan. 31 if you’d like to pick up your rain barrel in Lakeside between 9

a.m. and noon on Saturday, Feb. 6 at the Lakeside Community Center at 9841 Vine Street.

If you can’t make either of the two pickup events, you can also pick up your barrel from noon to 5 p.m. on Thursdays and from 9 a.m. to 1 p.m. Saturdays at the Solana Center’s Encinitas offices at 137 N. El Camino Real.

Rain barrels will not be shipped. To protect everyone against COVID-19, customers must wear masks and remain in their cars. Workers at the Bonita and Lakeside events will also wear masks and load rain barrels into people’s trunks or back seats. There will also be a staging area separated from the pickup spot for customers who need to adjust tie-downs or take other measures to secure rain barrels. A fuller explanation of the pickup process is located on the Solana Center’s webpage.

Having a rain barrel can let you “harvest” rain right off your roof and use it to keep your gardens or lawns green the old-fashioned way. That can cut your water costs and even help protect our local beaches by preventing excess rain from washing pollution off our roofs and yards, and down our streets to the ocean.

The Ivy Rain Barrels have a locking, child-proof lid, are made of 100% recycled material, have overflow ports, protective screening to keep mosquitoes out, a ¾-inch ball valve to connect to your garden hose or to another barrel, and they don’t need pumps because they use gravity to dispense their collected rainwater.

Getting your discounted rain barrel is easy one, two, three — order your rain barrel; apply for your rebate(s); go pick it up!

Order and buy your barrel

Go to the Solana Center’s rain



Two rebates on rain barrel purchases are available to residents of unincorporated areas. Village News.Courtesy photo

barrels website. Scroll halfway down the page and click on one of the two options to start your purchase:

“Check address & Start Purchase” (to buy a \$60 barrel if you live in the Unincorporated County)

“Start Purchase” (to buy a \$90 barrel if you’re a resident living in an incorporated city.)

From there you’ll be asked to choose one of the three pickup locations. Do that and you can order and pay for your rain barrel with a credit card.

You may buy as many rain barrels as you’d like, but the Metropolitan

rebate and County discount are limited to two per household.

Finally, remember that your rain barrel will not be delivered. You can pick it up at any of the three pickup locations; remember to print out and bring your receipt.

Apply for your rebate(s)

\$35 rebates from the Metropolitan Water District are available within 90 days of ordering/buying your rain barrel, so as soon as you order your rain barrel go to <https://socialwatersmart.com/en/residential/rebates/available-rebates/rain-barrels-cisterns/>. Rebates are

available on a first-come, first-served basis.

Pick up your rain barrel!

When you buy your barrel(s), Rainwater Solutions will email you a confirmation of your purchase. Remember to bring your confirmation email with you when you go to your chosen location to pick up your barrel. And remember to leave room in your car! Solana Center officials say that barrels fit easily in any four-door sedan or SUV and even into some two-door cars.

LAFCO sends draft municipal service review of RCDs to public review

Joe Naiman
Village News Reporter

A resource conservation district does not have regulatory power but is classified as a special district and is thus subject to Local Agency Formation Commission governance. San Diego County’s LAFCO undertakes periodic municipal service reviews for all special districts, and the draft municipal service review for the three resource conservation districts in the county was discussed at the Dec. 7 LAFCO board meeting.

LAFCO’s board did not take a formal vote but instead addressed the content of the draft municipal service review before encouraging LAFCO staff to send the draft MSR to the public review and comment process. If LAFCO staff is able to prepare the updated MSR by the Feb. 1 LAFCO board meeting, the board may take action on approving the final MSR that day.

“Today is about staff presenting a draft report,” Keene Simonds, executive officer of LAFCO, said.

A municipal service review evaluates services and anticipated needs. A sphere of influence study determines the boundaries best served by a particular agency.

“This is the first ever MSR completed on the resource conservation districts in San Diego County,” Linda Heckenkamp, analyst for LAFCO, said.

“This is really the first substantive check-in that LAFCO has had with any of the three affected resource conservation districts,” Simonds said. “There is an active learning curve in place. We’re learning about the resource conservation districts and they’re learning about us.”

The draft municipal service review recommended deferring any evaluation of functional or political consolidation to the next MSR cycle. The draft recommendations are to update all three agencies’ spheres of influence with no changes, to collaborate with the county and the San Diego Association of Governments to develop buildout estimates for each agency and incorporate that into the next MSR, to develop in coordination with the three RCDs performance measurements and to work with stakeholders and local legislators to undertake a comprehensive revision of the RCD principal act which would include clarifying service function powers.

The draft recommendations

also work with the three RCDs on corrective measures to ensure regulatory compliance with regard to aligning services with jurisdictional boundaries, to have the county consider the inclusion of erosion and sediment control plans by RCDs in the county’s permitting process and to have video recordings of the RCD board meetings.

The resource conservation districts which were formed to control water runoff and prevent soil erosion now involve themselves in watershed management, recreational area management, urban and agricultural irrigation and water use, water quality, forest land productivity and public education for children and adults.

“The role of the RCDs has expanded beyond water and soil,” Heckenkamp said.

As of 2019, the RCD of Greater San Diego had a population of 1,445,460 and a median household income of \$59,041. The Mission RCD population was 123,611 and the RCD had a median household income of \$75,375. The population of the Upper San Luis Rey RCD was 11,735 and the median income was \$48,882.

The Mission Resource Conservation District office is in Fallbrook; the county used the property for a Health and Human Services Agency building before selling the land and structure to the RCD in 2015.

The Upper San Luis Rey Resource Conservation District does not have its own building; board meetings are held at the Yuima Municipal Water District office in Pauma Valley.

“RCDs are a lot different from other special districts when it comes to revenue sources,” Heckenkamp said. “They heavily rely on grant funding.”

The Mission Resource Conservation District encompasses 185.2 square miles and includes Fallbrook, Bonsall, DeLuz, Rainbow and a portion of the city of Oceanside. Its 2018-2019 budget was \$1,750,000 with five full-time employee equivalent positions. LAFCO established a sphere of influence for the district in June 1986 and last reaffirmed it in March 2013.

The principal act authorizes RCDs to perform soil erosion, water conservation, wildlife enhancement and agricultural enhancement services. Any additional services would require LAFCO to activate latent powers for those services including the RCDs’ current water distribution

and erosion stabilization services.

The Upper San Luis Rey RCD includes a portion of Rainbow along with Pala, Pauma Valley and Warner Springs. Its 402-square-mile boundary includes approximately 88 square miles of sovereign Indian reservation land, which are not part of the RCD.

The RCD has no staff and contracts for administrative services, bookkeeping and field operations.

LAFCO may need to authorize latent powers for the Upper San Luis Rey RCD to participate in a Groundwater Sustainability Agency.

“That’s an issue that we’d like to have looked at by LAFCO,” Tom Kennedy, general manager of Rainbow Municipal Water District, said.

In 2014, California adopted the Sustainable Groundwater Management Act, which purpose is to strengthen local groundwater. The SGMA required local agencies to form a Groundwater Sustainability Agency for high-priority and medium-priority basins by July 2017 and has a January 2022 deadline to develop plans to achieve long-term groundwater sustainability.

The San Luis Rey Valley Groundwater Basin, which the Department of Water Resources defines as beginning at the confluence of the San Luis Rey River and Paradise Creek and ending at the Pacific Ocean within the Oceanside city limits, is designated as a medium-priority basin.

In August 2016, the county Board of Supervisors adopted a resolution for the county to become a Groundwater Sustainability Agency for four basins including the San Luis Rey basin. An agency can provide DWR with a notice of election to become a GSA and work with other local agencies to develop agreements including governance structure.

In June 2017, the board of supervisors approved a memorandum of understanding between the county, the Yuima Municipal Water District, the Pauma Valley Community Services District and the Upper San Luis Rey Resource Conservation District to develop a sustainability plan for the San Luis Rey Valley Groundwater Basin.

A working group was established which also included the Rainbow, San Luis Rey, Mootamai and Pauma municipal water districts, the San Diego County Farm Bureau, DWR, the San Luis Rey

Indian Water Authority and the Pala, Pauma, La Jolla, Rincon and San Pasqual tribes.

Tribal involvement and DWR grants made Yuima willing to take the lead on the development of the plan and, in November 2018, the county board of supervisors withdrew the county from the MOU while maintaining the county’s involvement as a stakeholder.

The Mission RCD and the RCD of Greater San Diego have both taken on activities which extend beyond the boundaries of their agencies.

“We do fire work; we do pollinator habitat; we do healthy soils. We are very involved in the community,” Sheryl Landrum, executive director of RCD of Greater San Diego, said.

Since 1990 the San Diego County Water Authority has been contracting with the Mission RCD to conduct agricultural water management services. In 1991, the SDCWA expanded its contracted water efficiency services to include residential surveys and full landscape audits.

The most recent CWA contract with the Mission RCD was approved in 2019 and is for a three-year period not including a two-year option which can be approved administratively rather than by board action.

During the five-year period preceding the 2019 contract, the Mission RCD provided more than 3,000 field services evaluating more than 53 million square feet of landscaped area.

“A lot of water agencies and especially my district have had a long relationship with these RCDs,” Jack Bebee, general manager of Fallbrook Public Utility District, said. “In some ways they’ve been a success story.”

Bebee said that the RCD of Greater San Diego has focused on fire safety while the Mission RCD has focused on water.

“RCDs are pretty unique,” he said. “Each agency sort of developed their own specialization.”

The Mission RCD activities have also included eradication of the invasive Arundo donax weed from the San Luis Rey and Santa Margarita watersheds.

“What they’ve done has been fantastic in the county,” Bebee said. “Their presence in North County is critical.”

“Ag is huge in our unincorporated area. Supporting the farmers is very important,” county Supervisor Jim

Desmond, who is one of two county supervisors on the LAFCO board, said.

The water districts hope that compliance with LAFCO law won’t be at the expense of services the RCDs provide.

“We fear that if they’re centralized to within their service area it may become uneconomical for them to persist,” Kennedy said.

“Different RCDs have different areas of expertise. We don’t want to wall off that expertise,” Desmond said.

The review period will allow RCDs to be brought into compliance.

“The commission is going to be working with all of the agencies,” county Supervisor Dianne Jacob. “LAFCO’s job is to make sure that everybody is complying with the law.”

“They’re all speaking collaboratively,” Desmond said. “It really seems like everybody wants to work together on this.”

The greatest debate during the Dec. 7 hearing was whether to return the item to the LAFCO board for the Feb. 1 meeting or to delay potential action until March 1. Simonds said that the Feb. 1 date does not preclude deferring the approval of the MSR.

“If we bring it back in February, the commission could pause and say we want more time,” he said.

“The greatest concern for us is just continuing our service to the public,” Murray said. “The importance of these resources is way beyond the LAFCO act.”

“There are potential issues here that are going to go even deeper,” Andy Vanderlaan, public member of LAFCO, said.

The draft MSR itself was not met with objections.

“The MSR I think is really well done,” Bebee said.

LAFCO staff will incorporate the input of the RCDs and other agencies as well as any members of the public who comment.

“I’m confident that staff will continue to do great work,” Vanderlaan said.

“I think this is a wonderful and exciting time for the future of resource conservation in San Diego County,” Scott Murray, board president of Mission RCD, said. “We know that it will come out to be something wonderful for the public.”

To read the full version of this story, visit <http://www.villagenews.com>.

Joe Naiman can be reached by email at jnaiman@reedermedia.com.



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San Diego County lifts burn permit suspension

EL CAJON – The burn permit suspension in San Diego County was lifted Monday, Jan. 4. Tony Mecham, fire chief of Cal Fire/San Diego County formally canceled the burn permit suspension and advised that those possessing current and valid agriculture and residential burn permits could resume burning on permissible burn days. Agriculture burns must be inspected by Cal Fire before burning, and inspections may be required for residential burns as well. This information can be verified by contacting a Cal Fire station.

Cal Fire burn permits are required for all agriculture and residential burning. Cooler temperatures, higher humidity and the chance of winter weather have helped to begin to diminish the threat of wildfire. Property owners and residents are asked to use caution while conducting debris or agriculture burns, follow all guidelines provided, and maintain control of the fire at all times. Individuals can be held civilly and/or criminally liable for allowing a fire to escape their control and/or burn onto neighboring property.

Residents wishing to burn must verify it is a permissive burn day before burning and record their intention to burn by contacting their local Cal Fire station.

Safe residential pile burning of forest residue by landowners is a crucial tool in reducing fire hazards. State, federal and local land management and fire agencies will be utilizing this same window of opportunity to conduct prescribed burns aimed at improving forest health and resiliency on private and public lands.

For more information on burning, visit <http://www.fire.ca.gov>.

Submitted by Cal Fire/San Diego County Fire.

Consider a virtual training class for your dog or cat

SAN DIEGO – Whether you’ve just adopted a puppy during the pandemic or you’re a longtime pet owner, positive reinforcement-based behavioral training is key to a happy, healthy human-animal relationship, especially while everyone is spending more time at home.

But with most traditional in-person training classes on hold to prevent the spread of COVID-19, you may feel your options are limited.

That is not the case, though – and trainers at San Diego Humane Society have moved many of their training classes online. They have found online training classes, conducted via Zoom or other video chat platforms, can bring results to pets and families alike.

The importance of training your pet

Training, when done right, is about more than just preventing accidents in the house or keeping your pet from chewing on the furniture. Positive reinforcement training, which focuses on rewarding good behavior with toys, treats and positive attention while ignoring undesirable behaviors, has many benefits. These include better communication, mental stimulation for your pet, and involving everyone in the house, all of which strengthens your bond with your furry friend, leading to better behavior. Plus, it’s more fun for everyone.

Multiple scientific studies over the past two decades have demonstrated that dogs trained using positive reinforcement methods show higher levels of obedience; are less likely to show aggression or fear; learn new skills more quickly and are more interactive with their owners. Positive reinforcement training isn’t just good for dogs, either – you can even use the same methods to train cats in behaviors like using

a scratching post, using the litter box, walking on a leash or even doing tricks.

Getting started with virtual training classes

If the pandemic has brought a new animal companion into your life, it’s important to start training right away. Don’t worry if you can’t attend a traditional, in-person training class. All-online virtual training classes, whether in small groups or one-on-one, are an excellent way to train your dog or cat right at home in their usual environment, with fewer distractions – and they’re affordable.

January is National Dog Training Month, which makes now the perfect time to take advantage of the many free and low-cost training resources available through SDHS. The certified Behavior & Training Team at SDHS offers more than 50 different classes year-round, and most are currently available online. In addition to basic behaviors, addressed in classes like the Marvelous Manners course, SDHS offers specialty classes that address different aspects of high arousal behavior in dogs – Shy Dog, Fabulous Focus for Impulse Control, Reactive Rover and Feisty Fido – enrichment-based classes such as nose work and living room friendly dog sports and several classes for cats.

If there has been a silver lining of the COVID-19 pandemic, it’s been an increase in shelter pet fosters and adoptions, or more time at home with their pets for many people now working remotely. Training classes, whether in basic obedience or fun new tricks, will make this uncertain time something memorable for everyone. They can also resolve many behavioral challenges that may be straining your life at home.

San Diego Humane Society is available as a resource for all pet families in San Diego County that need help. All animals are trainable, and believe it or not, they all learn in the same way. As we approach the new year, consider a virtual training class to build an unbreakable bond between you and your pet for years to come.

Submitted by the San Diego Humane Society.

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Planning group backs proposed prohibitions against DPW facility use

Joe Naiman
Village News Reporter

The San Diego County Department of Public Works seeks to prohibit certain activities on DPW property and has been

obtaining community planning group and community sponsor group input on three proposed ordinances. The Fallbrook Community Planning Group recommended approval of the three draft ordinances, Dec. 21.

Lauren Moreno, coordinator of DPW’s cleanup and sanitation program, gave a presentation to the Fallbrook Community Planning Group before the 14-0 vote to recommend adoption of the ordinances. The draft ordinances were developed to address the impact of the homeless using culverts and other drainage channels.

“I think this is a good step in the right direction,” Eileen Delaney said, who chairs the planning group’s Land Use Committee and also chairs the infrastructure subcommittee of the Fallbrook Revitalization Committee.

A May 19 San Diego County Board of Supervisors hearing on addressing the homeless situation focused on additional shelter opportunities but also

directed county staff to develop ordinances to protect the public, county-owned facilities and environmental resources from the impacts of the homeless. The ordinances will focus on impacts to DPW and Department of Parks and Recreation facilities.

If a homeless encampment is obstructing public access, the county may initiate a cleanup of that encampment. Moreno told the Fallbrook Community Planning Group that in the event of a homeless encampment cleanup, the county will work with social services agencies on providing shelter for those displaced by the cleanup.

One proposed DPW ordinance applies to county-maintained drainage and flood control culverts and channels while one addresses

county airports, wastewater facilities, inactive landfills and road stations. In the absence of a written permit with conditions imposed by the DPW director, the ordinances would prohibit living accommodations including but not limited to sleeping, sleeping activities and making preparations to sleep such as laying down bedding for purposes of sleeping. The ordinances would also prohibit the erection of temporary or permanent structures, storage or placing of personal belongings and storage or placing of solid or hazardous waste. Making a fire or using any machine, device, material or object which is likely to cause a fire would also be prohibited in DPW facilities as would any activity which could cause damage or impair the value of the facility or property, which could interfere with the function of the facility or property for its express purpose or which could present a threat to the public safety of persons or property as a result of the use of that property or facility.

A third ordinance would apply to an emergency, construction or maintenance situation and would prohibit any person from remaining in the portion of the property identified to be closed to the public by signage, barriers or other features.

“These areas would be regulated temporarily,” Moreno said.

Public comment on the three proposed ordinances closes Jan. 22. DPW plans to docket the ordinances for the March 3 board of supervisors meeting.

Joe Naiman can be reached by email at jnaiman@reedermedia.com.



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BUSINESS

Zakrajsek appointed to Rainbow Community Planning Group



Donna Zakrajsek has been appointed to the Rainbow Community Planning Group. Village News/Courtesy photo

Joe Naiman
Village News Reporter

Donna Zakrajsek and her husband own a home in Rainbow; she has worked in non-commercial office buildings and in commercial grocery store and restaurant establishments; her history as a

server includes restaurants and hotel events and one of her jobs involved material for churches. That experience with various types of development facilities gives her good basis to work from as a community planning group board member. “I have a little bit of everything,

I know what I’m good at,” Zakrajsek said. The San Diego County Board of Supervisors voted 5-0, Dec. 8, to appoint Zakrajsek to a seat on the Rainbow Community Planning Group for a term that began Jan. 4, and will expire Jan. 6, 2025. “It is an honor and it is all brand-new to me, and I am really excited after joining it on multiple sessions,” Zakrajsek said. Watching virtual meetings gives Zakrajsek some familiarity with the Rainbow Community Planning Group. “You do have some options there,” she said. The planning group is advisory but makes recommendations to county departments on land use, roads, park facilities and other matters. “I’m hoping I can bring something to the table,” Zakrajsek said. Zakrajsek purchased their home in Rainbow in 2016. “My husband and I are first-time homeowners,” Zakrajsek said. While working in restaurants, Zakrajsek put herself through classes in Microsoft Office in Vista. “It got me out of waitressing,” she said. “I’ve been an executive administrator ever since.” Since 2011, Zakrajsek has worked for Becton Dickinson, which manufactures medical equipment and has an office in the Carmel Valley area of San Diego. She began her executive administration career with Star Solutions and worked as a personal assistant for ProfitLine in the Sorrento Mesa area of San Diego. She was offered a position in Vista with Outreach Inc., which

publishes material for local churches. “We all got laid off because they were moving to Colorado,” she said. In addition to obtaining work experience and paychecks at Outreach Inc., Zakrajsek also met her husband, Dave, there. He is originally from Minnesota and currently works for Upper Deck in Carlsbad. After being laid off from Outreach Inc., Zakrajsek started as a temporary employee at Becton Dickinson for three and a half months before being offered a permanent position. “I jumped on it, and I’ve been there ever since,” she said. “I’m really good at administration.” Zakrajsek and her husband celebrated their 14th wedding anniversary Dec. 30. When they were looking to purchase a home, a property in the Rice Canyon area of Rainbow was available. “I just fell in love with the town. I had driven past it on the freeway and never knew what existed here,” Zakrajsek said. “It’s pretty majestic.” The home is on 1.6 acres, she said. “Hopefully we can preserve the rural goodness we have left,” Zakrajsek said. Zakrajsek said that she noticed most Rainbow residents have lived in town for a long time since Rainbow has few new homes being built and few sales. “There’s not tons of new homeowners out there,” she said. When she lived in Hemet, she often drove through Temecula and Rainbow, and now that Zakrajsek lives in Rainbow she has become more familiar with

Fallbrook including the portion east of Interstate 15. She has experienced growth in both of those communities. “I see what’s happening just on the other side of the mountain,” she said. Zakrajsek wants to avoid that level of growth in Rainbow. “It just wouldn’t be the same anymore,” she said. She would like to have a dog run in Rainbow, potentially near Rainbow Park and Vallecitos Elementary School. Zakrajsek became interested in a planning group seat after Rainbow Community Planning Group chair Paul Georgantas told her that her background would make her an ideal member of the planning group. “It was an opportunity for me to get involved,” she said. “What better thing than in your own community.” Zakrajsek said she hopes to learn from the lengthier experience of the other planning group members. “I’m looking to learn from them on how to preserve the atmosphere of this town,” she said. “It’s almost always the same people.” The specific tasks Zakrajsek will handle as a planning group member are to be determined. “I’ll do whatever they want. I want to bring some value,” she said. Her first planning group meeting will be Jan. 20. “I’m excited about what that would look like,” Zakrajsek said. Joe Naiman can be reached by email at jnaiman@reedermedia.com.

10 financial resolutions for 2021

John S Kiernan
Special to Village News

Roughly 97 million Americans plan to make New Year’s resolutions for 2021, according to a new WalletHub survey. Despite the COVID-19 pandemic, or perhaps because of it, we are still filled with the seasonal spirit that led Benjamin Franklin to advise: “Be always at war with your vices, at peace with your neighbors, and let each New Year find you a better man.” We all have our fair share of vices and room for improvement, especially when it comes to money. So it’s unsurprising that financially-themed resolutions are among the most popular made each new year. In fact, the top financial resolution for 2021 is to save more, with a third of Americans on board. But fewer than 40% of resolution-makers expect to keep their vow for a full year, which is not a good sign for hopes of improved money management. Neither is the fact that more than 7 in 10 people admit to having cheated on a New Year’s resolution in the past. Don’t be discouraged, though. WalletHub has your back. We put together a list of the top financial New Year’s resolutions to make for 2021, plus a playbook for making them a reality. Below, you can learn more about each of WalletHub’s financial resolutions for 2021, including why they’re good for your wallet and how to accomplish them. Top financial resolutions for 2021 & how to keep them 1. Make a realistic budget and stick to it: The fact that we’re on pace to end 2020 with well over \$900 billion in credit card debt is a bit less surprising when you consider that only about 5 in 10 adults have a budget, according to the National Foundation for Credit Counseling. Both statistics also signal the need for greater urgency on our part. In short, missed payments and credit score damage are in our future if we don’t cut back, which requires re-thinking how we allocate our money. The best way to make a budget is to gather your bills from the past few months and make a list of all your recurring expenses. Then rank them in order of importance, with true necessities

such as housing, food and health care obviously taking the top spots. After that, you can simply cut from the bottom of your list until your take-home exceeds what you plan to spend. Finally, keep track of your monthly spending throughout the year to make sure you’re abiding by your budget. 2. Look for a better job: Sometimes, we get so caught up in spending less and saving more that we forget to address the other side of the equation: how much we earn. But the benefits of finding a higher-paying job could actually end up outweighing everything else put together. The COVID-19 pandemic also illustrates how impactful finding the right remote job opportunity can be. Not only does working remotely allow you to save on commuting costs and avoid risking your health, but it also gives you more freedom to choose where you want to live. And moving somewhere with a low cost of living would, in turn, stretch your money a lot further. 3. Focus on physical health, given its strong connection to financial health: There is a clear connection between physical, emotional and financial health, and it was particularly apparent in 2020. For starters, the average person spends about \$5,193 on health care each year. Money and the economy are also our biggest sources of stress, according to the American Psychological Association. And people who get regular exercise tend to have better credit scores. This underscores the importance of getting your financial house in order as well as exercising regularly and engaging in other healthy practices aimed at reducing health care costs. It won’t be easy, but this is one resolution that will certainly pay dividends in multiple areas of your life. That’s especially true now, as we face unprecedented health and financial challenges as well as increased stress levels due to the COVID-19 pandemic. “If you begin to make small healthy changes to your diet, increase exercise in small increments, and practice yoga and meditation, you will feel better,” says Deborah Bauer, a distinguished senior instructor of finance at the University of Oregon. “Feeling better will lead to wiser financial decisions that

focus on the long term.” 4. Use different credit cards for everyday purchases & debt: The Island Approach involves using different accounts to serve different financial needs, as if they are a chain of islands. The most basic example is using a rewards credit card for everyday purchases and a 0% APR card for balances that you’ll carry from month to month. Doing so enables you to get the best possible terms on each card, rather than settling for average terms on a single card. It will also help you reduce the cost of your debt, considering everyday purchases won’t be inflating your average daily balance. And if you ever incur interest on your everyday card, you’ll know you spent too much that month. 5. Sign up for credit monitoring: Thanks to the increased availability of free credit scores, most people have a good sense of their credit standing these days. Too few of us are familiar with the actual contents of our credit reports, though. That might be because we assume our credit scores tell the full story, but that’s just not the case. For starters, as many as one in four people have an error on their report that could affect their credit score, according to research by the Federal Trade Commission. Furthermore, reviewing at least one of your major credit reports on a regular basis will allow you to spot signs of fraud before they get too serious. You can start by checking your free TransUnion credit report on WalletHub. With that being said, no one can keep tabs on their credit around the clock. And that’s where 24/7 credit monitoring comes in. Signing up for free credit monitoring will enable you to receive an instant notification anytime there is an important change to your credit report. In other words, it reduces lag time when spotting issues and gives you the peace of mind that comes with knowing you won’t miss anything. 6. Repay 20% of your credit card debt: Americans owe way too much credit card debt: roughly \$7,900 per household. That debt is extremely expensive, too. Something eventually has to give. And you’d much rather that be your outstanding balance, paid down on your own terms, than your ability to afford monthly

minimum payments and, in turn, your credit score. So it’s time to get serious about getting out of credit card debt. Some of the other steps mentioned here – including budgeting, automation and the Island Approach – will help in terms of reducing your future reliance on debt. But the problem of what to do about existing balances still remains. The answer for people with at least “good” credit is the combination of a 0% balance transfer credit card and a credit card calculator, which has the potential to help you save hundreds of dollars while getting out of debt months sooner than you would otherwise. But it’s probably best to start small. So we recommend making a plan to pay off 20% of what you owe over the course of 2021. That would amount to about \$1,570 for the average household, requiring monthly payments of \$131 with a card offering 0% on balance transfers for at least 12 months. You can use a credit card payoff calculator to crunch the numbers in your situation, and if you can afford higher payments, by all means make them. The sooner you can reach debt freedom, the better off your wallet will be. 7. Add one month’s pay to your emergency fund: Almost half of Americans do not have a rainy-day fund, according to the Financial Industry Regulatory Authority. Like someone without insurance, people who lack an emergency fund are tempting fate, putting themselves at risk of financial catastrophe in the event of unexpected unemployment or major medical expenses. And a lot of people found that out the hard way in 2020. So, building up some reserves should be one of the first orders of business for any financial makeover. We recommend ultimately building a fund with about 12 to 18 months’ take-home income. But it’s important to understand that won’t happen overnight. In other words, you don’t need to put the rest of your financial life on hold until your emergency fund is complete. Rather, chip away at it over time. 8. Pay bills right after receiving your paycheck: Taking care of monthly obligations before letting yourself indulge in any luxury expenses is a helpful budgeting strategy. It gives you a better sense of what you can

truly afford and what you can’t. It also helps you avoid ever having a late payment reported to the major credit bureaus, which is one of the easiest ways to damage your credit score. Furthermore, paying your bill early improves your credit utilization, and thus your credit score, by reducing the balance listed on your monthly statement. We recommend setting up two automatic monthly payments from a deposit account: one for right after payday and another for a couple days before your monthly due date. The second payment will help you avoid interest on any purchases made between your first payment and the end of your billing period. If you don’t know when your billing cycle begins and ends, simply check your monthly statement. You can also request to change it to whatever day of the month is best for you. 9. Get an A in wallet literacy: Financial literacy levels in this country are far too low, and they’re headed in the wrong direction. As of 2020, roughly 43% of Americans grade their financial know-how at a “C” or below, according to the National Foundation for Credit Counseling. In 2010, that figure was at 34%. So start 2021 by taking our WalletLiteracy Quiz at https://wallethub.com/wallet-literacy-score/ and getting a baseline score. Then, throughout the year, study the areas where you struggled and periodically re-test yourself to gauge your progress. Your goal should be to get at least an A- by the time 2022 rolls around. 10. Make sure you have enough insurance for a catastrophe: The COVID-19 pandemic has shown just how fragile and precious life is. And if other people depend on you, the events of 2020 should illustrate the importance of making sure those people are taken care of, even if you’re not around or able to work. In particular, that means taking steps such as purchasing life insurance and disability insurance, in addition to making sure you have enough health insurance coverage. Hopefully, your family won’t need to file any claims for a very long time, but it’s better to be prepared. John S. Kiernan is managing editor of the WalletHub.com blog.



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LEGALS

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2020-9020301
Name of Business
STACY'S RAINBOW ORCHARD
1845 Camino Rainbow, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
a. Stacy Ann Salomone, 1845 Camino Rainbow, Fallbrook, CA 92028
b. Philip Salomone, 1845 Camino Rainbow, Fallbrook, CA 92028
This business is conducted by a Married Couple
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 10, 2020
LEGAL: 5361
PUBLISHED: December 24, 31, 2020
January 7, 14, 2021

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2020-9020321
Name of Business
S & L PRO CLEANERS, LLC
1825 Christi Dr., Vista, CA 92084
County: San Diego
This business is registered by the following:
a. Rosemary Pyper, 1825 Christi Dr., Vista, CA 92084
b. Oralía Cruz, 4201 Marvin St., Oceanside, CA 92056
This business is conducted by a Joint Venture
The registrant first commenced to transact business under the above name as of 11/24/2020
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 10, 2020
LEGAL: 5362
PUBLISHED: December 24, 31, 2020
January 7, 14, 2021

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2020-9019638
Name of Business
BONSALL PET HOSPITAL
5519 Mission Road, Suite H, Bonsall, CA 92003
County: San Diego
This business is registered by the following:
Hoolowitz Veterinary Partners, Inc., 6814 Corte Diego, Carlsbad, CA 92009
This business is conducted by a Corporation
This Corporation is registered in the state of California
The registrant first commenced to transact business under the above name as of 11/09/2020
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 21, 2020
LEGAL: 5363
PUBLISHED: January 7, 14, 21, 28, 2021

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2020-9020253
Name of Business
a. TAX HELP
b. TAX HELP SAN DIEGO
c. TAX RESOLUTION WEBSITES
d. TAX HELP WIN
3760 Oceanside Way, #501, Oceanside, CA 92056
Mailing address: PO Box 4589, Oceanside, CA 92052
County: San Diego
This business is registered by the following:
Sutter Tax, Financial & Insurance Services Inc, 3760 Oceanside Way, #501, Oceanside, CA 92056
This business is conducted by a Corporation
This Corporation is registered in the state of California
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 09, 2020
LEGAL: 5364
PUBLISHED: January 7, 14, 21, 28, 2021

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2020-9020956
Name of Business
HOPE CITY
2169 Green Canyon Road, Fallbrook CA 92028
County: San Diego
This business is registered by the following:
Bring Me Hope Foundation, 2169 Green Canyon Road, Fallbrook CA 92028
This business is conducted by a Corporation
This Corporation is registered in the state of CA
The registrant first commenced to transact business under the above name as of 03/06/2019
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 28, 2020
LEGAL: 5366
PUBLISHED: January 14, 21, 28, February 4, 2021

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2021-9000079
Name of Business
SWEET BLOSSOM FARMS
893 Palomino Road, Fallbrook, CA 92028
Mailing address: PO Box 2615, Fallbrook, CA 92088
County: San Diego
This business is registered by the following:
a. Cindy Renee Beebe, Palomino Road, Fallbrook, CA 92028
b. Scott Downs Beebe, 893 Palomino Road, Fallbrook, CA 92028
This business is conducted by a Married Couple
The registrant first commenced to transact business under the above name as of 11/22/05
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jan 05, 2021
LEGAL: 5367
PUBLISHED: January 14, 21, 28, February 4, 2021

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2020-9020994
Name of Business
a. MORE SOUL PLEASE
b. MORE SOUL PLEASE MUSIC GROUP
737 Greenery Circle, Oceanside, CA 92057
County: San Diego
This business is registered by the following:
a. Victor Andrew Carrillo, 737 Greenery Circle, Oceanside, CA 92057
b. Meghan Michele Hymen, 10719 Eureka Road, Spring Valley, CA 91978
This business is conducted by a General Partnership
The registrant first commenced to transact business under the above name as of 11/15/2020
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 28, 2020
LEGAL: 5368
PUBLISHED: January 14, 21, 28, February 4, 2021

Petition to Administer

NOTICE OF PETITION TO ADMINISTER ESTATE OF ARTHUR WALTER DIAZ, SR.

CASE NO. 37-2020-00028777-PR-LA-CTL
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: **ARTHUR WALTER DIAZ, SR.**
A Petition for Probate has been filed by **DARLENE DIAZ** in the Superior Court of California, County of SAN DIEGO
The Petition for Probate requests that **DARLENE DIAZ** be appointed as personal representative to administer the estate of the decedent.
The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court as follows:
Date: 02/10/2021 Time: 1:30 p.m. Dept. 302
Address of court: 1100 Union St, San Diego, CA 92101
If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for petitioner: Joseph C. Crudo (263993); Joseph C. Crudo PLC, 5445 Oberlin Drive, Suite 200, San Diego, CA 92121, 858-622-7280
Legal: 5365
PUBLISHED: January 14, 21, 28, 2021

Fictitious Business Name

VALLECITOS SCHOOL DISTRICT GOVERNING BOARD VACANCY ANNOUNCEMENT

The Vallecitos School District is seeking applications from interested residents residing within the school district's Trustee Area 5 boundaries to serve as a member of the Governing Board to fill a short-term seat, which would be up for election November 8, 2022.
A vacancy occurred on December 3, 2020, pursuant to Government Code section 1770(e). In accordance with the law, the appointment must be made before February 2, 2021, and is expected to be filled immediately after interviews are conducted on February 1, 2021, at a special Board meeting.
Applicants must be a citizen of California, a resident residing within the boundaries of Trustee Area 5 of the Vallecitos School District, and a registered voter. If you are interested in being considered for appointment to this vacancy, you can obtain an application from the District office or the District website at www.valleciotssd.net. If you would like more information, please contact Linda Miller in the District office at 760-728-7092 or email lmiller@valleciotssd.net.

Please submit your application to:
Secretary of the Board/Superintendent
Vallecitos School District
5211 Fifth Street
Fallbrook, CA 92028
Via Fax: 760-728-7712
Via email: mkoepfen@valleciotssd.net

Applications must be received to the Vallecitos District Office via regular mail, email or facsimile no later than 4:00 p.m. on January 27, 2021.
January 14, 2021

Fictitious Business Name

SALE OF ABANDONED PROPERTY

NOTICE IS HEREBY GIVEN THAT PURSUANT TO SECTIONS 21701-21715 OF THE BUSINESS AND PROFESSIONAL CODE SECTION 2328 OF THE COMMERCIAL CODE SECTION 535 OF THE PENAL CODE TAYLOR SELF STORAGE 1200 EAST TAYLOR ST. VISTA CA 92084 WILL SELL BY COMPETITIVE BIDDING ON JANUARY 28TH, 2021 AT 12:00 PM AUCTION TO BE HELD AT THE ABOVE ADDRESS, PROPERTY TO BE SOLD AS FOLLOWS: MISC GOODS, PERSONAL ITEMS, FURNITURE AND CLOTHING.

KRISTIE ELIZONDO
MELISSA DELPH
APRIL CRAFT
PHILIP PLOTKIN
MARK WHELAN
LYNN POOL
MICHAEL LOVELL
PAUL ARBIZU
JESSIE SCALES
STEVEN BECKMAN
NEIGHBORHOOD FIRE PROTECTION
LISA LEBLANC
RANULFO GONZALEZELENA
Published January 14, 21, 2021

NOTICE OF TRUSTEE'S SALE TS No. **CA-20-885094-JB** Order No.: **FIN-20001832** YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 3/9/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): **Heather F. Hart, a Single Woman** Recorded: **3/17/2006** as Instrument No. **2006-0186982** of Official Records in the office of the Recorder of **SAN DIEGO** County, California; Date of Sale: **1/25/2021 at 10:00 AM** Place of Sale: **At the entrance to the East County Regional Center by the statue, located at 250 E. Main St., El Cajon, CA 92020** Amount of unpaid balance and other charges: **\$357,983.70** The purported property address is: **307 MORNINGSIDE TERRACE, VISTA, CA 92084** Assessor's Parcel No.: **175-291-43-00** **NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call **916-939-0772** for information regarding the trustee's sale or visit this Internet Web site <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: **CA-20-885094-JB**. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. **NOTICE TO TENANT:** For sales held on or after January 1, 2021, you may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call **916-939-0772**, or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: **CA-20-885094-JB** to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: **Quality Loan Service Corporation 2763 Camino Del Rio South San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 916-939-0772 Or Login to: http://www.qualityloan.com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp.** TS No.: **CA-20-885094-JB** IDSPub #0172878 12/31/2020 1/7/2021 1/14/2021

FALLBROOK COMMUNITY PLANNING GROUP
And
DESIGN REVIEW BOARD
Regular Meeting

Monday, January 18, 2021 7:00 p.m.

Join Zoom Meeting
<https://us02web.zoom.us/j/3981698290?pwd=RkFMc1c1c0N0wXWjVaY2FTSENkOG9Udz09>

Meeting ID: 398 169 8290
Passcode: 694812

Dial by your location: +1 669 900 9128 US (San Jose)

Meeting ID: 398 169 8290
Passcode: 694812

AGENDA

1. Roll Call
2. Pledge of Allegiance
3. Approval of the minutes for the meeting held December 21, 2020. **Voting Item.**
4. Open Forum. Opportunity for members of the public to speak to the Planning Group on any subject matter within the Group's jurisdiction but not on today's agenda. Three-minute limitation. **Non-discussion and Non-voting item.**
5. Appointment of Acting Secretary
6. Swearing in of newly elected members - Chair Jack Wood
7. Nomination of Chair - 1st Vice Chair
8. Nomination of Officers: 1st Vice Chair, 2nd Vice Chair, Secretary - 2021 Chair
9. County Parks & Recreation. Staff update on Fallbrook local park, Project Manager, Stephanie Kopplin, Stephanie.Kopplin@sdcounty.ca.gov. **Parks and Recreation Committee. Community input. Voting item.**
10. Waiver request for sign replacement (menu boards), McDonalds. APN: 104-341-07-00. 143 Ammunition Rd. Applicant: McDonalds, Chris.T.Stamps1@us.mcd.com (562) 216-0844. Agent: Gary Le, Gary.Cmdesign@yahoo.com (951)760-8138. County Planner: Vanessa Pash, Vanessa.Pash@sdcounty.ca.gov (858) 694-3291. **Design Review Committee. Community input. Voting item. (12/15/20)**
11. Site Plan Waiver for Caliber Collision, APN 104-200-48-00. Proposal for internally illuminated signage. Owner: Caliber Collision, 1381 South Mission Rd. Agent: Peter Lapsiwala, peterlapsiwala@permitsandmore.com, (619) 323-4048. County Planner, AJ Morales, AJ.Morales@sdcounty.ca.gov, (858) 694-3036. **Design Review Committee. Community input. Voting item. (12/6/20)**
12. Continuation of Item: A request for correspondence arose from a recent community meeting with Supervisor Desmond's Fallbrook Revitalization Committee, DPW, DPR, community members and other community organizations. Requested letter would be from the Fallbrook Community Planning Group, drafted by the Circulation Committee, addressed to the County via Supervisor Desmond and DPW. Objective is a feasibility study for a proposed pathway or trail along Stage Coach Lane between South Mission and Reche roads, with prioritized segments in order of importance. **Circulation Committee. Community input. Voting Item. (11/30/20)**
13. Continuation of Item: PDS2019-AD-10-030 Administrative Permit for one gate on Sandia Creek Drive just north of Sandia Creek and Rock Mountain Road. Applicants are: Megan Gamble, megangamblesrc@gmail.com, and Rick Saathoff, ricksaathoff_1@hotmail.com. County Planner, Nicholas Koutoufidis, Nicholas.koutoufidis@sdcounty.ca.gov, 858-495-5329. Additional correspondence received. Continued from December 21, 2020 meeting. **Circulation Committee. Community input. Voting Item. (11/24/20)**

NOTE: The Planning Group occasionally has openings on its **Land Use**, (Eileen Delaney eileendelaneymail@gmail.com), **Circulation** (Roy Moosa 760-723-1181), **Parks & Recreation Public Facilities** (Chair TBD) and **Design Review** (Eileen Delaney eileendelaneymail@gmail.com) committees for non-elected citizens. Interested persons please contact the Chair. This is a preliminary agenda. If any changes are made, a final agenda will be posted at the North County Fire District, 315 E. Ivy Street, Fallbrook, at least 72 hours prior to the meeting.

Jack Wood, Chair, 760-715-3359
Published January 14, 2021

CLASSIFIEDS

Business Services

Resale for Green Stem Products: A. Ruiz Flowers is a local company, we pick, and resale green stem products. Open for inquiries at 760-427-5962.

Computers

Computer Classes: Learn to Zoom! Solve Spreadsheet Problems! Basic Computer File Management! Smartphone & Tablet (Androids)! iPhone/iPad Class! Fix-It-Friday's! See our Ad in this week's Village News. Call 760-723-7570 or our website foundationforseniorcare.org

In Home and Business Computer Services: Virus and Malware Removal Equipment Installation Printers Scanners General Computer Cleanup and Maintenance Internet Speed Consultation CompTIA Certified Zac Strain Air Force Vet Lifelong Fallbrook and Bonsall Resident 7605056655 ZStrainIT@gmail.com

Home & Garden

NEAR NEW RECLINER CHAIR; LEATHER: Barely used recliner chair; has all positions, lay flat, sit up, all angles and straight up

Yard Work/Hauling: Weedeating, shrub and brush trimming, Overgrowth and clean-ups junk hauling tree trimming

Personals

Looking for Car Accident Witness: I am looking for a Penske driver who witnessed a car accident on Arboretum Way on February 6, 2020. You were waiting outside the condo gate to make a delivery. Please call me at (951) 691-9526.

Personals

Seeking Long-Term Residential Rental: Mature female, career professional looking for long-term, unfurnished, granny-flat, or casita rental in a quiet environment. No pets, non-smoker & timely rent payment. Work in/ out of home - excellent references. pkidd816@gmail.com

Real Estate - For Rent

Tiny Homes +: TINY HOMES + From \$444/Month + 1BR + 1BA Bingo, Shuffleboard, Square Dancing, Card Room, Pickleball, & More! Call 1 (858) 504-1222

RV Spaces for Rent: NEW RV SPACES FOR RENT CHEAP! 951-925-2515 CASA DEL SOL RV RESORT

Gated Newly Remodeled Lease/Own: GATED; NEW! 1bd+1ba Cottages May Lease to Own: From \$672/Month + Low Rent... Bingo, Shuffleboard, Square Dancing, Card Room, Pickleball, & More! Call 1 (858) 504-1222

Services Offered

Wellspring Herbs and Vitamins: Offering a large selection of high quality Herbs and Herbal Combinations, Vitamins, CBD Oils, Salves and Capsules, Essential Oils, Homeopathic Remedies, Bach Flower Emotional Essences, Teas, Organic Lotions and Skin and Hair Care products, etc. We offer Nutritional Consultations with Iridology and Live-Cell Analysis. Come on in for a FREE Bio Scan. We are open from 10-5 Monday thru Friday and 10-4 on Saturday. We are located at 1223 S. Mission Ed. (Behind Pizza Hut)

Shoot to
WIN!
photo
contest!
THE GREATER FALLBROOK AREA
SOURCEBOOK

We're looking for photos
that represent our area!

Capture the beauty of Fallbrook
& Bonsall - from landscapes
to popular events. Winning
photos will be featured in the
2021 Sourcebook!

1st Prize: \$100 Plus photo credit in Sourcebook

2nd Prize: \$50 Plus photo credit in Sourcebook

Featured Photos: Receive a gift certificate to a local business plus photo credit in Sourcebook if your photo is chosen for print.

To Enter: Email your photo submissions to sourcebook@reedermedia.com by 2/1/21. Please include your name and phone number. Photos must be high resolution to be considered for print. No limit on number of entries per person. All winners will be notified by email prior to Sourcebook publication.

No limit on number of entries! Your photo could be in print!

Your Photo
Published
in the
2021
Sourcebook



COLDWELL BANKER

VILLAGE PROPERTIES

Each Office Is Independently Owned and Operated



CHRIS HASVOLD
DRE# 00800277



ABBY ELSTON
DRE# 01113234



CARRIE FULLER
DRE# 02104579



CHERYL PIZZO
DRE# 00815495



CYNDI HAUFF
DRE# 01274144



DON BENNETTS
DRE# 01450115



DONNA SHANAHAN
DRE# 01193680



EDDIE HARRISON
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GERI SIDES
DRE# 00414751



VICKI ROBERTSON
DRE# 01172404



TOM VAN WIE
DRE# 01412145



SUSIE EMORY
DRE# 01079037



HEIDI DICKENS
DRE# 01268111



HENRY PORTNER
DRE# 01974923



JACK POPE
DRE# 01145952





LORENE JOHNSON
DRE# 00612840



LAUREN HENNING-EMORY
DRE# 02070772



KIM SELZNICK
DRE# 02066292



ERICA WILLIAMS
DRE# 02037408



JUDY & PATRICK BRESNAHAN
DRE# 00949710, DRE# 00582591



JERRY & LINDA GORDON
DRE# 01140954, DRE# 01035328



JEAN E. ESOP
DRE# 01003649



JANE FELTON
DRE# 01942026



731 Oak Glade, Fallbrook \$826,000-\$836,000



00 Chisholm, Bonsall \$1,488,000



195 Via Floresta, Fallbrook \$552,000



821 E. El Paisano, Fallbrook \$849,999



1180 No. Crescent Ridge, Fallbrook \$525,000



782 Knoll Park Lane, Fallbrook \$995,000



Susan "Susie" Emory
DRE #01079037
Lauren "Lo" Henning-Emory
DRE #02070772
760-525-7760
LHenningEmory@gmail.com
www.SusieandLo.com



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4BD Home in Rainbow
On the corner of Rice Canyon & Rainbow Heights. There is plenty of room to roam on this gentle .80 acre parcel in North San Diego County. Has the potential to be completely sustainable with room for grove, veg gardens and barnyard animals. Freeway close, commute via I-15.
Offered at \$450,000
Donna Shanahan
760-522-7112
donna@cbvillage.com
DRE# 01193680



PENDING
Charming Single Story Home on a Private Street
Private street with only 5 houses. Located close to downtown Fallbrook, this 3BD, 2BA home on a .27 acre lot with drought tolerant and well maintained front landscaping. Private backyard with a few family fruit trees, patio area with pergola, grass. Well maintained kitchen with modern amenities and plenty of storage. Wood floors in high traffic areas.
Offered at \$575,000



PENDING
Two Houses on One Lot!
Multi generational living, guest house, rental unit, compound, you name it, here it is! 2.34 ac flat, usable lot with 2 homes, 24x20 workshop, multiple sheds/storage areas and a renovated/replastered in-ground pool! Main home is approx. 1,500 sf, 3BD, 2BA with many upgraded items. Wood burning stove in the LR as well as the FR.
Offered at \$750,000




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Personal Dedicated Service
Marketing Fallbrook for 35 Years
760.522.2588
LoreneRealtor@aol.com
DRE# 00612840



COME ENJOY A PEACEFUL, PRIVATE & INVITING SETTING.
On two gentle acres with a park like setting. Single story, 3 bedroom classic Ranch Style home full of charm.
Offered at \$875,000




PENDING
Bonsall Estate on 4 Acres with Gated Stone Entry
Landscaped courtyard and fountain. Interior finished with travertine natural stone floors, crown molding and wood beamed ceilings throughout. Main level has Formal Living and Dining rooms separated by a see through fireplace and each have windows and doors open to the backyard. Spacious office with built in shelves and library ladder. Well-appointed, spacious, gourmet kitchen.
Offered at \$2,100,000
Call Tom Van Wie
760.703.6400



SOLD
Great Location & Close to all Fallbrook has to Offer
Private and peaceful country setting on 1.22 level acre parcel with great views. This Zebu home was built in 2000 with 4BD & 3 full baths. Open floorplan with cathedral ceilings, crown molding & more. Fully fenced w/paved access to rear of the property. RV parking, 2 sheds for storage + fruit trees incl Avocado, peaches, lemons & grapefruit. SunRun solar system (buyers will be requ'd to assume lease.) Lg covered patio.
Offered at \$775,000
www.tomvanwie.com
tw@sbcbglobal.net
DRE# 01412145



I Have The Experience and The Tools to Guide you in the Sale or Purchase of your property.
Contact me today!
Cynthia "Cyndi" Hauff
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Cyndihauff@gmail.com
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DRE# 01274144



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