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Fallbrook & Bonsall

VILLAGE NEWS

ALSO SERVING THE COMMUNITIES OF DE LUZ, RAINBOW, CAMP PENDLETON, PALA, AND PAUMA

November 28, 2019

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Old Highway 395 and Rainbow Glen Road placed on Traffic Signal Priority List

Joe Naiman
Village News Correspondent

The intersection of Old Highway 395 and Rainbow Glen Road has been placed on the San Diego County’s Traffic Signal Priority List.

A 5-0 board of supervisors vote, Wednesday, Nov. 20, placed the intersection on the Traffic Signal Priority List. Normally priority points rather than the length of time an intersection has been on the list will determine the next intersection to be signalized once funding permits, but design readiness issues may allow a lower-ranked intersection to be signalized first as can grant funding for a specific intersection.

The county’s Department of Public Works has identified a funding source from the county’s road fund to allow the Rainbow signal to be installed sooner, and DPW traffic engineering manager Murali Pasumarthi is targeting the Dec. 11 board of supervisors’ meeting for the county supervisors to authorize the advertisement

see SIGNAL, pageA-6

thisweek

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Legacy honors nonprofits with funds



Representatives of area nonprofits pose for a photo after receiving funds at Legacy’s third annual grant presentation dinner, Thursday, Nov. 14. Pictured are, from left, front row, Debra Emerson, St. Madeleine Sophie’s Center; Michael Dunlap, Cabin By The Lake; Reta Webber, 4 Paws 4 Patriots; Leisa Tilley-Grajek, K9 Guardians; Lenila Batali, D’Vine Path; Kaitlyn Siewert, REINS, Vatei Campbell, Elizabeth Hospice; Phyllis Sweeney, Fallbrook Senior Service Club; Karen Estes, AAUW; back row, Phil Delaney, Legacy past president; Mark Hvasta, Legacy’s current president; Keith Birkfeld, Foundation for Senior Care; Jan Pichel, Legacy program officer; Bob Freaney, Fallbrook Music Society; Karla Standridge, Fallbrook Land Conservancy; Laura Sylvester, Good Dog; and Steve Rubin, WAVES.

Lucette Moramarco
Associate Editor

Legacy Endowment, the Community Foundation, held its third annual grant presentation dinner, Nov. 14, at Pala Mesa Resort. Created 24 years ago, Legacy manages funds and endowments which local residents have set up to provide funding for specific causes they have chosen to support.

Many of those donors have since died, leaving a legacy of giving to

help those in need for generations to come.

One of the founders, Michael Dunlap said, “Twenty-five years ago, the San Diego Foundation was coming in, taking money and spending it in San Diego. We wanted it available to local charities.”

Legacy Board President Mark Hvasta said that Legacy had been around for a long time serving the community.

“It takes a village to serve this village,” he said. “We do hold a lot of money for the benefit of others,

close to \$44 million in assets and looking to grow it to have more of an impact.”

For the current fiscal year, Legacy is giving away more than \$600,000, \$400,000 was given away during the dinner, most to local community groups.

“For future generations, a lot of money is in endowment, permanent funds. Charitable remainder trusts are making over \$600,000 this year,”

see LEGACY, pageA-6

FLC, Armed Services YMCA, Fallbrook Center for the Arts receives Neighborhood Reinvestment Program grants

Joe Naiman
Village News Correspondent

The Fallbrook Land Conservancy, the Camp Pendleton Armed Services YMCA and the Fallbrook Center for the Arts were given Neighborhood Reinvestment Program grants during the Nov. 19 San Diego County Board of Supervisors’ meeting.

The supervisors’ 5-0 vote allocated \$50,000 to the Fallbrook Land Conservancy, \$20,000 for the Armed Services YMCA and \$15,000 to the Fallbrook Center for the Arts. The Neighborhood Reinvestment Program funding was from the District Five budget of Supervisor Jim Desmond.

Each county supervisor has an annual \$2 million discretionary Neighborhood Reinvestment Program budget. The Neighborhood Reinvestment Program is intended to provide grants to nonprofit organizations for the furtherance of public purposes at the regional and community levels. In addition to nonprofit organizations, county supervisors can also fund schools and fire departments, and supervisors can also use

see PROGRAM, pageA-6

North County Fire again pushes back timeline for Prop A results announcement



Seven of the North County Fire Protection District’s 11 facilities – including four of its five fire stations – are nearing or past the end of their originally-intended life span of 50 years, according to a newsletter published by NCFPD ahead of the Proposition A election.

Will Fritz
Associate Editor

North County Fire Protection District officials again pushed back the timeline for when results may be available for the district’s special election for Proposition A, Nov. 22.

The fire district initially said the outcome of the election – a referendum on a new tax of \$5 per month, per parcel of owned property, to pay for construction, maintenance and improvements to fire stations – would be known by the beginning of November.

Fire officials announced Nov. 1 that it was taking longer to tally up all the votes than they had anticipated, and the outcome would not be known for another two to three weeks.

Almost three weeks after that announcement, Nov. 20, the fire district said the signature verification process for ballots cast in the election was continuing to

cause delays, and that ballots will not begin to be tallied before early next month.

Officials now say, however, that it’s taking longer to tally all the votes up than they had predicted, and the outcome may not be known for another two to three weeks.

The fire district said in its Nov. 1 announcement that the firm that is counting the votes, David Taussig and Associates, is employing a “comprehensive signature verification” process to verify all of the votes are legitimate.

“This has turned out to require a significant amount of time,” NCFPD Chief Stephen Abbott said at the time. “But, well worth the time, since we want to be certain that every detail has been properly addressed in the vote counting process.”

Proposition A must be approved by at least two-thirds of voters participating in the special election to pass.

The new tax, which amounts to \$60 per year for all properties in the fire district boundaries, is necessary because many of the district’s facilities are outdated, fire officials said. There’s a documented need for at least \$26.5 million to meet facility standards, fire officials said in a newsletter published ahead of the election.

Seven of NCFPD’s 11 facilities – including four of its five fire stations – are nearing or past the end of their originally-intended life span of 50 years, according to the newsletter.

If passed, Proposition A is expected to raise about \$1 million per year, or \$20 million over the 20 years it will be in effect.

Ballot counting is currently slated to begin at 8 a.m., Tuesday, Dec. 10, at NCFPD’s Scout Hut, located at 231 E. Hawthorne St. in Fallbrook.

Will Fritz can be reached by email at wfritz@redermedia.com.

St. Peter’s suspends employee shown in social media post

Jeff Pack
Staff Writer

A post made on social media Saturday, Nov. 23, alleged that a staff member of a local church had engaged in inappropriate conversations with what was portrayed to be a 14-year-old boy and later went to meet the boy but was instead met by a regional vigilante group that works in anonymity to catch sexual predators and expose them on the internet.

Late Saturday afternoon, Kristine Almada, a pastoral associate with St. Peter the Apostle Catholic Parish in Fallbrook, announced in a statement that the church has suspended youth ministry coordinator Toney Renteria, a Fallbrook resident, as investigations begin into the allegations.

“Toney Renteria has been suspended from his position as youth ministry coordinator, effective immediately,” according to the church’s statement. “St. Peter the Apostle Catholic Parish is working closely with the appropriate parties, including law enforcement and the Diocese of San Diego, to investigate these allegations further. We are following the policy of the Diocese of San Diego and are taking the allegations against Mr. Renteria seriously. It is our responsibility to protect those entrusted in our care, especially children and youth.

“We are encouraging anyone who would like to report any inappropriate behavior by their peers and/or adults,” the statement continued. “They can do this confidentially by contacting our parish office at (760) 689-6200 or the Diocese of San Diego by

see SUSPENDS, pageA-6



ANNOUNCEMENTS

Garden club meeting to feature “Festive Florals,” Dec. 10



David Root is an award-winning floral designer. Courtesy photo

FALLBROOK – David Root will be the featured speaker at the Tuesday, Dec. 10, Fallbrook Garden Club meeting at the Fallbrook Community Center, 341 Heald Lane.

Root’s career as a floral designer was a natural outgrowth of his 11 years as a hair designer. In 1990, his creative instincts spontaneously led him to become one of the hundreds of volunteers, known as

“petal pushers,” who work on the spectacular floats in Pasadena’s Rose Parade.

Since that time, his talent and subsequent widespread recognition in the floral industry have bloomed. Root’s imaginative ideas and unique creations have captured more than 175 awards, from New York to California.

In 2017, he was the recipient of one of the most prestigious awards on the West Coast, California State Floral Association Top Ten winner.

Root’s dynamic stage presence, combined with his intensive studies in the art of floristry, have made him a highly sought-after lecturer, demonstrator and instructor.

The meeting includes social time and potluck at 12:30 p.m., business meeting at 1 with the program starting at 2. The public is welcome.

For more information relating to the club and its activities, visit www.fallbrookgardenclub.org.

Submitted by Fallbrook Garden Club.

Desmond to hold Holiday Open House

VISTA – Supervisor Jim Desmond is inviting his constituents to his Holiday Open House, Thursday, Dec. 5, to show his appreciation. “It’s been a wonderful first year as Supervisor in District 5; I’ve met many wonderful people and am grateful for everyone’s help.” This will be a great opportunity

for everyone to meet fellow constituents from District 5, bring up any issues and talk about goals for 2020. He will have his entire staff at the event, so if anyone has questions, someone will be available to help.

The event will be from 2-4:30 p.m. and will be located at his North County office, which is

at the Vista Courthouse, 325 S. Melrose Dr., Suite 5200, on the fifth floor.

Parking will be available in the front lot. To RSVP email Jim.Desmond@sdcounty.ca.gov.

Submitted by Supervisor Jim Desmond’s office.

Republican Women of California – Fallbrook to meet

FALLBROOK - The Republican Women of California – Fallbrook will hold their Dec. 13 meeting at the Pala Mesa Resort (located at 2001 Old Highway 395) from 9:30-11:30 a.m.

The speaker will be Ruth Weiss of the Election Integrity Project of California. In addition to Weiss the club will be hosting the Salvation Army Band playing the songs of Christmas. The cost of

\$25 includes venue, speaker and brunch.

Please RSVP no later than Dec. 9 at republicanwomenofca.fallbrook@gmail.com or Sue Jones at (760) 723-1954.

Bottomshelf holding Christmas fundraiser

FALLBROOK – The Friends of the Fallbrook Library, Bottomshelf Bookstore will hold its annual Christmas Boutique beginning Saturday, Nov. 30, at 10 a.m. and continuing until Dec. 23.

This event will showcase exemplary books of all genres.

The usual selection of gently used books, audio and video selections will be available as well as special holiday selections which they have been accumulating all year.

Proceeds go to The Friends of the Fallbrook Library to be used for programs presented

by the library for the benefit of all. For more information, call (760) 451-9606 or visit www.FallbrookLibraryFriends.org.

Submitted by Friends of the Fallbrook Library.

Sports psychologist Stewart to conduct seminar



Daniel Stewart is a former Olympic coach. Courtesy photo

FALLBROOK – Famous international coach, clinician and author Daniel Stewart will be holding a sports psychology seminar for coaches of all disciplines and sports, sponsors and the athletes themselves, Friday, Dec. 6, at 105 N. Main at the Gallery for the Arts.

The seminar will start promptly at 6:30 p.m. with a reception and book signing to follow.

Stewart has combined 25 years as an international coach and clinician with a degree in physical education to create a series of

sports and equestrian mental and physical training clinics, workshops and camps.

Over the years he has held many such clinics for equestrians here in the Fallbrook area which were held at and hosted by Sandia Creek Ranch located in the canyons just north of Fallbrook.

A charge of just \$15 will be taken at the door. Seating will be limited and reservations are accepted at (760) 728-9696.

Submitted by Gallery for the Arts.

Sunday Concert at the Library

FALLBROOK – The Fallbrook Library will host a free Sunday Concert Dec. 1 at 2 p.m. The Spiritual Motels are a band that came onto the San Diego music scene in mid-2018 and consists of two veteran singer-songwriters, Amy Day and Omar Musisko.

The Spiritual Motels blend a uniquely haunting female voice with a nuanced Americana/Alt-

Country male voice to create a lush sound. Switching instruments through their set, the band utilizes guitar, piano, mandolin, accordion, harmonica, and effects to create a unique and memorable style of its own designed to move a wide variety of music lovers.

To sample a preview of their playing style, several of their videos are available on www.Youtube.com.

The Spiritual Motel’s debut album, Super Tiny Disappearing Oceans, will be available everywhere Nov. 23.

The library is located at 124 S. Mission Road. For more information, call (760) 731-4650.

Submitted by Friends of the Fallbrook Library.

EVENTS CALENDAR

Nov. 30 – Dec. 23 – 10 a.m. – The Friends of the Fallbrook Library’s Bottomshelf Bookstore will hold its annual Christmas Boutique, 124 S. Mission Road. This includes exemplary books of all genres saved for the occasion. The usual gently used books, audio and video selections will also be available. Proceeds go to The Friends of the Fallbrook Library to be used for programs presented by the library for the benefit of all. For more info, call (760) 451-9606 or visit www.FallbrookLibraryFriends.org.

Nov. 30 – 3-6 p.m. – Bonsall Chamber of Commerce is holding a Bonsall Community Tree Lighting at River Village. Event includes horse drawn wagon rides, carolers, activities, Santa, holiday shopping, music, photo booth and more.

Dec. 6 – 5-7:30 p.m. – Fallbrook Holiday Tree Lighting will be held at the Fallbrook Community Center, 341 Heald Lane. The free event includes music, fun and celebration.

Dec. 7 – 5 p.m. – The 38th annual Fallbrook Christmas Parade will travel down Main Avenue from Ammunition to Ivy, with “A Storybook Christmas” theme. Participants include marching bands, vintage cars, youth groups, equestrian units, and more.

Dec. 8 – 1-4 p.m. – The Fallbrook Historical Society holds its Annual Old-Fashioned Christmas Open House and Barn Sale at the Heritage Center 1730 Hill Street (at Rocky Crest). Includes a special Christmas Barn Sale, Arts and Crafts for the Kids, Scavenger Hunts, docent-led tours of the

museum buildings, refreshments and Santa for family photos. For more info, call (760) 723-4125.

Dec. 11 – 11 a.m. to 3 p.m. – Bonsall Woman’s Club’s 27th annual Christmas Luncheon will be at The Golf Club of California with the theme of “O Christmas tree.” The program will feature Team Violin and Team Cello, youth violinists. Raffle items include designer wreaths, Christmas trees and themed gift baskets. Silent auction items include jewelry, artwork and quilts. To reserve a seat, mail a check for \$55, made payable to BWC, to P.O. Box 545, Bonsall, CA 92003 by Monday, Nov. 25. Name a main course choice in the memo section of the check: pork, chicken or tortellini. For more details, visit <https://www.bonsallwomansclub.org>.

Dec. 11 – 5 p.m. – Fallbrook Chamber of Commerce is holding its annual Christmas of Giving Open House. Donations will go to the American Legion Post #776, Fallbrook Child Development Center, Fallbrook Woman’s Club and Live Oak Dog Park. Cash or check made payable to each organization is kindly requested.

Dec. 13 – 5:30-8:30 p.m. – Fallbrook Chamber of Commerce hosts its Holiday Wine & A Bite Art Walk, limited to 150 participants. Food, wine and artist demonstrations will be found in the Historic Downtown area. To reserve a spot, stop by the Chamber office, call (760) 728-5845 or go to www.fallbrookchamberofcommerce.org.

Dec. 14 – 2 p.m. – “A Christmas Festival of Songs & Carols” will feature the Fallbrook Chorale and a chamber orchestra at SonRise Christian Fellowship, 463 S. Stage Coach Lane. Tickets are \$20/pp general admission; active duty military and children 18 and under (with a paying adult) are free. Tickets are available at Major Market, from any chorale member, at <http://fallbrookchorale.org/> or by calling (760) 390-9726.

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OPINION

Understanding the Public Utilities Commission



Assemblymember Marie Waldron
AD-75 (R)

California has many powerful state agencies that impact the lives of millions. One of the most powerful, but perhaps less known or understood, is the California Public Utilities Commission.

The CPUC was created in 1911 after a constitutional amendment was approved by voters to reorganize the Railroad Commission, which was established decades earlier to regulate the state’s powerful

railroad industry. In 1912, the Legislature passed the Public Utilities Act, expanding Railroad Commission authority to regulate utilities such as gas, electric and telephone companies. In 1946, voters approved renaming the Railroad Commission the California Public Utilities Commission.

The CPUC has sole authority to establish rates charged by investor-owned utilities under its authority through its “revenue requirement,” based on the costs of maintaining, operating and financing utility operations. This requirement is the basis for determining rates paid by customers. CPUC responsibility extends beyond utility rates. For example, the Safety and Enforcement Division oversees safety requirements for rail crossings, private carriers including charter bus lines, limousines, and companies like Uber and Lyft.

The CPUC’s five commissioners, who must be approved by the Senate, are appointed by the Governor to staggered six-year terms. Currently, three of the five commissioners were appointed by Governor Brown, and the

remaining two, including President Marybel Batjer, were appointed by Governor Newsom.

CPUC authority does not extend to government-run utilities and common carriers. Many transit agencies, such as the North County Transit District or the Riverside Transit Agency are not regulated by the CPUC, though they must follow certain CPUC regulations.

The CPUC also has authority over many state programs and initiatives including the California Solar Initiative, greenhouse gas emission standards, zero net energy goals for new construction, and many more.

If you have questions or concerns about utility-related issues, visit the CPUC’s website at: <https://www.cpuc.ca.gov/>

Assembly Republican Leader Marie Waldron, R-Escondido, represents the 75th Assembly District in the California Legislature, which includes the communities of Bonsall, Escondido, Fallbrook, Hidden Meadows, Pala, Palomar Mountain, Pauma Valley, Rainbow, San Marcos, Temecula, Valley Center and Vista.

Highway interchange needs better signage

While driving east on SR-76 at the I-15 interchange Nov. 19, I witnessed what could have been a repeat of an accident that occurred recently, which caused the death of a motorcycle rider.

With a line of vehicles making a proper right turn onto the cloverleaf to proceed northbound onto the I-15 on-ramp, I was headed eastbound and witnessed what appeared to be a confused eastbound driver making a left turn to the onramp meant for westbound entry to I-15 north. Fortunately, no accident occurred.

Perhaps a citizen campaign is needed to encourage CalTrans to provide better signage, so another unfortunate traffic accident/fatality does not occur.

Johan Pettersen

Re: ‘Is Trump connected to the twin towers?’ [Village News Letter, 11/14/19]

The article contains at least one major error – the exterior beams were not aluminum. They were steel as was the rest of the structural system. The structure was designed as a cantilever with the interior core carrying about 65% of the vertical dead load with the exterior window wall system carrying the balance as well as horizontal (wind load) load. The structure met all applicable building codes of the 1960s. There was no special treatment of floors and ceiling structural systems. This is not unusual for high-rise design. Also, the structural steel members did not melt they simply expanded causing structural failures at connections.

Other “interior beams” were not there because of the design of the buildings. Interior space taken up by structural members cannot be rented. That amount of area multiplied by several hundred floors results in a lot of money. The design was very rent efficient!

I doubt that the two pilots had any concept of the structural system. They were not structural engineers and they were hardly pilots. They did not even know how to land the planes. They just wanted to create as much damage and loss of life as possible.

The owner of the buildings was the Port of New York Authority and to my knowledge Trump had no involvement in the financing or ownership of the buildings. A private investor held the mortgage.

How the writer came to call the World Trade Centers as Trump Towers is nonsensical. Applying current impeachment politics to this tragedy is ridiculous.

I am a licensed architect and licensed structural engineer and I have held my licenses for about 50 years.

Harry Stitle

Re: ‘Is Trump connected to the twin towers?’ [Village News Letter, 11/14/19]

I couldn’t resist responding to the Nov. 14 Opinion article by Ann Harter. Her description of the structural design of the World Trade Center Twin Towers falls in the category of completely “Fake News.”

She states that there were no structural steel “beams” (misnomer- should have said columns) on the outside perimeter of the structures is totally false information. The structural design of both Twin Towers was a structural steel frame utilizing long span steel truss members spanning from the interior steel framing to the exterior steel framing.

The towers were designed by the prominent architectural firm of Minoru Yamasaki and Structural Engineers, Worthington, Skilling & Jackson. The entire structural design was developed using an IBM 1620 super computer with all calculations conforming to advanced issues of the 1968 NY Building Code.

The “aluminum beams” on

the outside perimeter referred to in her article are not structural elements but merely the exterior aluminum “skins” used to cover the structural steel framing and form the finished building façade. These aluminum facings had no involvement whatsoever in the structural support of the building loads.

Her article goes on to infer that perhaps it was this so called “inferior” design that caused the terrorists to select the towers as targets, because of “Trump’s bragging about how he was able to put up Trump Towers at a low cost.” Again, “Fake News” meant to criticize and demean our President.

The Twin Towers were developed and owned by the NY Port Authority and were designed in the late 60s. President Trump had nothing to do with the Trade Center buildings which were constructed between 1970 and 1972, long before what Ann Harter accuses President Trump of ”

bragging with oligarchs of other nations about how he economized his ‘Trump Towers’ construction.”

As a matter of interest, it could be said that when each tower building was struck by an airplane like a 90,000 pound full fuel loaded Molotov cocktail subjecting the building to intense heat well beyond anything ever conceived and no structure could withstand that the unique design of the buildings caused them to collapse in a vertical direction rather than a tilting/lateral direction, therefore lessening the collateral damage to the surrounding buildings, people and improvements.

President Trump has enough “Fake News” being thrown at him every single day without some wild accusation that he might be the cause for the terrorist’s targeting of the World Trade Center Towers. May God bless him in his continuing effort to Make America Great Again!

Chuck Tillotson

Thanksgiving is a time to be grateful



Supervisor Jim Desmond
San Diego County 5th District

Where has the year gone? It seems like I was just being sworn into office and now it’s the holiday season.

This is always a great time to

reflect on the past year and a time to start looking ahead.

I am grateful this Thanksgiving to have all of my children under our roof, even if it’s just for the day. It is one of the only times of the year we all get together, so we have a lot of catching up to do. We will talk about new jobs and maybe the football game on TV, but one thing we won’t mention is politics. While national politics is at a boiling point and both sides seem to want to sink this country, I’m grateful that won’t be the discussion at our dinner table.

I am grateful for all those that still have to work on Thanksgiving including our law enforcement, firefighters, servicemen and women and everyone else protecting our city, state and nation.

I am grateful for our beautiful

District 5 communities from the coast of Carlsbad to all the way out to the desert of Borrego Springs.

I am grateful for our wonderful constituents who have helped me immensely in my first year as Supervisor.

And most importantly I am grateful to live in the greatest Country in the world. On behalf of my entire District 5 team, I hope everyone has a wonderful Thanksgiving.

The taxpayer rip-off called foreign aid

Over \$50 billion for foreign aid! That’s unconscionable—or so some people say. But what kind of a dent does it actually put in the federal budget? About 1%. I was reminded of the biblical expression about straining at a gnat but swallowing a camel (see Matthew 23:24).

Here are two “camels” from the Trump administration that we are supposed to swallow:

1) A \$1.5 trillion tax cut for the already wealthy. Now that’s a dent. Either you and I pay for it, or our children will have to. 2) A \$648.8 billion defense spending tab for 2018 and \$716 billion for 2019. This is for an agency that has never produced a set of books that can be properly audited.

Regarding the war in Afghanistan: it started during Republican George W. Bush’s term of office, as did the Iraq

War. Those two efforts broke the balance of power leading to chaos in the Middle East. Yes, the U.S. has spent large sums of money to fix a problem we should never have created in the first place.

Trump did indeed attach a string to funding for Ukraine. Making a provisional offer is common in politics: but not for obtaining personal gain. Trump’s string had only one objective: to sully the character of his expected opponent – Joe Biden.

It is categorically false to claim that Trump asked Ukraine to fight corruption. What he demanded of Zelensky was for him to publicly announce that he was embarking on an investigation into Hunter Biden’s work in Ukraine: there was no obligation for him to actually follow through.

John H. Terrell

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Addicts can recover and repair relationships

Addiction destroys relationships with the people who love you the most. Once the addict or alcoholic cannot manipulate their loved ones anymore, they typically withdraw from them. The loved one then lives with constant worry and pain from their actions. This includes things like lying, stealing, manipulating and sometimes even physical abuse.

The addict or alcoholic then lives with constant guilt that they try and numb with drugs and alcohol. This will cause them to give up hope because they feel as though they can never repair those relationships.

I am here to tell you that you can indeed mend them. I myself have and I watch others rekindle their relationships every day. It starts with the saying “actions speak louder than words.”

The biggest factor in repairing these broken relationships is the change that they can see and not hear you talk about. Getting treatment and making these positive changes in the way you handle yourself and others is the very start to the journey of repairing relationships with the ones you have hurt. It takes longer for some than others, but it is definitely possible.

For more information on repairing relationships, go to <https://www.narconon-suncoast.org/blog/repairing-relationships-damaged-by-addiction.html>.

If you are in need of a referral to a treatment center, call us at (877) 841-5509.

Shauna Krout Narconon

www.villagenews.com

Village News

A limited number of previous issues of the Village News (more than one month old) are available for \$1.50 each, plus \$1.00 postage and handling (\$2.50 total cost). Call 760-723-7319 to order.

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The Place makes donation to VFW Post 1924



Pastor Bradley Griswold from The Place donates a check for holiday meals to Dana McCarthy, VFW senior vice president Auxiliary Post 1924. The VFW hosts Thanksgiving and Christmas dinners every year at no charge. Donations are accepted year-round.

Annual fundraiser offers holiday treats



Fallbrook Women's Connection volunteers Ginny Breier, left, and Katie Clemens are in the silent auction area for the group's Nov. 15 fundraiser. Funds go toward expenses of the monthly brunches and three weekly Bible studies supported by Stonecroft Ministries.



The Fallbrook Women's Connection's annual fundraising holiday silent auction offers decorated trees, gift baskets, dolls and jewelry.



Katie's apple walnut cranberry ginger pie, with the items around it, is one of the silent auction items at the women's connection brunch at the Grand Tradition Estate and Gardens in Fallbrook.

Guest speaker Carol Abernathy tells about her journey from wild child to sheriff's deputy by living life God's way.

Fallbrook's 2019 Thanksgiving Day

11th Annual

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Fallbrook Village Rotary Club

Benefiting

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START & END LOCATION: Grand Tradition Estate & Gardens, 220 Grand Tradition Way, Fallbrook
More info: 760-451-3488 or fallbrookvillagerotary.com



Pat Bailey of Fallbrook takes a look at the purses offered in the silent auction. The annual fundraiser also included a raffle and a bake sale.



This "Frosty and Friends" Lucette Moramarco photos basket contains three snowmen: a tin box, dish and wall hanging.

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DEC 2019

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SIGNAL

from page A-1

for bid and subsequent award of a construction contract for the signal.

“We’re hoping to get this design done by early fall,” Pasumarthi said.

The intersection meets both the four-hour vehicular volume warrant and the peak hour volume warrant for a traffic signal. The intersection fell one collision short of the collision warrant for a traffic signal which requires five collisions correctable by a signal within a one-year period, but just those four collisions between June 1, 2017, and May 31, 2018, created an accident rate more than four times the statewide average for similar intersections. Two of those collisions involved injury, and after a July 23 collision resulted in one fatality along with three injuries, DPW reviewed the intersection to determine if a signal would increase the safety of motorists and pedestrians.

“It has been an ongoing concern to the residents,” Supervisor Jim Desmond said.

Because there was no opposition at the board of supervisors’ meeting, there was no need for the Rainbow residents to speak, but six of them submitted speaker slips in favor.

The mobility element of the county’s general plan classifies Old Highway 395 as a community collector and Rainbow Glen Road as a light collector. Both roads have 24 feet of travel width and a solid double yellow centerline which prohibits passing. Old Highway 395 has a 55 mph speed limit while Rainbow Glen Road has a 45 mph speed limit with stop signs at Old Highway 395 in both directions.

The Oak Crest Estates mobile home park is located on Oak Crest Road, which is off Rainbow Glen Road, and other streets are also off Rainbow Glen Road, but no street west of Old Highway 395 other than Rainbow Glen Road provides access to the former United States highway in that area.

DPW used a July 17, 2018, traffic survey which produced an average daily volume of 5,881 northbound vehicles on Old Highway 395 south of Rainbow Glen Road, 2,311 southbound motorists on Old Highway 395 north of Rainbow Glen Road, 1,386 eastbound vehicles on Rainbow Glen Road west of Old Highway 395 and 1,101 westbound vehicles on Rainbow Glen Road east of Old Highway 395.

An August 2010 traffic survey

resulted in an average daily volume of 3,537 northbound, 1,492 southbound, 1,186 eastbound and 2,012 westbound vehicles. The November 2006 traffic survey indicated an average daily volume of 3,320 northbound, 2,231 southbound, 673 eastbound and 1,092 westbound motorists.

Rainbow residents and DPW staff members both cite increasing commuter traffic to Riverside County rather than Rainbow residents as the cause for the increased traffic volume, and the use of Old Highway 395 rather than Interstate 15 is even more prevalent when an accident causes delays on I-15.

Between 5-6 p.m. July 17, 2018, the intersection had 1,256 northbound, 111 southbound, 91 eastbound and 57 westbound vehicles. The volume between 4-5 p.m. was 1,175 northbound, 123 southbound, 131 eastbound and 55 westbound vehicles. The intersection had 766 northbound, 113 southbound, 109 eastbound and 81 westbound vehicles between 3-4 p.m. Between 6-7 a.m. 124 northbound, 422 southbound, 151 eastbound and 89 westbound vehicles entered the intersection. At least 100 southbound vehicles entered the intersection during every 15-minute period between 5:45-6:45 a.m. Northbound traffic exceeded 100 vehicles for every 15-minute period between 2:45-7 p.m.

The fatal traffic collision took place at 4:42 p.m., July 23. A driver trying to enter Old Highway 395 from Rainbow Glen Road was broadsided by a vehicle driving on Old Highway 395. That collision was caused by a right of way violation, as were four collisions during the one-year period. Two of those were during peak morning hours, including one which resulted in one injury, and the other two were during peak evening hours including one which resulted in three injuries.

Those four collisions alone created a rate of 1.03 collisions per 1 million vehicles entering the intersection. The statewide average for four-way rural intersections with a stop control on one road is 0.22. Because DPW was evaluating a traffic signal, only the collisions correctable by a traffic signal rather than all collisions are included.

The county’s Traffic Advisory Committee unanimously recommended that the intersection be placed on the Traffic Signal Priority List during the Oct. 25 TAC meeting.

PROGRAM

from page A-1

money from their budgets to supplement other county funding for specific county projects such as parks, roads and libraries. Each county supervisor recommends the allocation of their Neighborhood Reinvestment Program funds, although those allocations must be approved by a majority of the board.

The Fallbrook Land Conservancy is a nonprofit organization which was founded in 1988 to preserve and enhance Fallbrook’s rural character and natural beauty. The conservancy owns and manages more than 2,100 acres of open space and has conservation easements on 995 acres. The Fallbrook Land Conservancy provides free access to the public at its preserves.

The Fallbrook Land Conservancy ownership includes the Monserate Mountain

Preserve, and the Neighborhood Reinvestment Program grant will be used for road repairs and trail improvements including signage, fencing and kiosks which will be located at Horse Creek Ranch Road and Stewart Crest Road.

“It’s important to continue to improve our communities,” Desmond said. “The signage, fencing and kiosks all will be a big asset to Fallbrook.”

The Camp Pendleton Armed Services YMCA has been providing services to Marine Corps members and their families since 1943. The mission of that YMCA chapter is to enhance the lives of military members and their families through programs relevant to the challenge of military life and more than 20 programs are offered each year. The Neighborhood Reinvestment Program funding will be used to purchase a storage unit, toys, strollers, wagons and pop-up canopy tents for the YMCA’s holiday and youth developmental

programs.

“The Armed Services YMCA is a fantastic organization,” Desmond said. “The storage unit will be vital to keeping their supplies and necessary items.”

Fallbrook Center for the Arts Inc. is a nonprofit organization whose goal is to use art including art education as an economic stimulus for Fallbrook. The Neighborhood Reinvestment Program money will be used for parking lot repair and striping, sign installation and railing repair for the Fallbrook Art Center at 103 S. Main Avenue and the Fallbrook School of the Arts at 310 E. Alvarado St. The grant funding may also be used to purchase computers, chairs and a copy machine and for one-time website expenses.

“Arts often get overlooked, and I want to make sure they get the necessary funding,” Desmond said. “The Fallbrook Center for the Arts will benefit greatly from this equipment.”

SUSPENDS

from page A-1

phone: (858) 490-8353 or via email at misconduct@sdcatholic.org.”

The post by a user named “Tricky Hussles” shows screenshots of a chat session allegedly between Renteria and another person posing as a 14-year-old boy on the dating app, Grindr.

During the chat, it is apparent that both sides of the conversation understand that one of the users is age 14 and that another 14-year-old boy would be included in what appeared to be a planned forthcoming sexual encounter.

The screenshots of the chat do not include names on each side of the conversation.

The post also shows a video of the group of men confronting and questioning the person as they attempt to hide their face and walk away from the group toward their car at a CVS located near Vista and Oceanside.

Upon contacting “Tricky Hussles” via Facebook, the unidentified user, who said they live in Fallbrook, confirmed the sting was conducted by the group, CC Unit, or Creep Catchers Unit.

The group said in the “About”

section of its Facebook page that it is “A Movement from San Diego California. Keeping the minors and children safe. Pushing For more stricter Punishments for Pedophiles and Predators.”

In the post, “Tricky Hussles” indicated that the post or non-official sting is No. 83 by the group and that the police were not involved when asked if the authorities had been contacted.

“Have not, the sheriff’s office has yet to do anything with any of these guys caught,” “Tricky Hussles” said. “It’s up to our community to protect our children’s now.”

A request for information about an investigation into the incident by the San Diego County Sheriff’s Department has yet to be returned.

A search revealed that Renteria has worked for at least four other churches in the youth ministry field before coming to the Fallbrook parish in August 2018.

According to a newsletter published in 2016 by St. Louise de Marillac Church in Covina, Renteria “started working in youth ministry at Visitation Church in Los Angeles. He found a salaried position at St. Hilary’s Church in Pico Rivera for six years where he was the youth ministry and confirmation director.”



A screen shot from a video posted by a Facebook user named “Tricky Hussles” alleges that a youth ministry coordinator with St. Peter the Apostle Catholic Parish had contacted a person portraying themselves as a 14-year-old boy for the purpose of sexual relations.

The newsletter showed that he “was the youth coordinator at Sacred Heart Parish in Palm Desert for the last year.”

This is a breaking news story that will be updated when more information becomes available.

Jeff Pack can be reached by email at jpack@reedermedia.com.

LEGACY

from page A-1

Hvasta said.

Donors are interviewed to find out what causes they want to support, or they leave instructions. The board finds nonprofits to fulfill those wishes after putting out a request for funds.

Legacy Program Officer Jan Pichel, who said that she had a horrible commute driving to Fallbrook which gave her lots of time to think about her work, said that the watchword at last year’s ceremony was “humble,” this year it was “honor.”

“I am truly honored to work for Legacy, to help, to write grants, to be a part of all you do. Thank you, donors, nonprofits,” she said.

Pichel asked the recipients to share their achievements and what moved them to reach out to those in need. “You make it worth the drive [to work].”

Pichel distributed the grants to groups that had a representative present.

Fallbrook groups included the American Association of University Women. The AAUW’s AVID program has two high school juniors on Legacy’s funding committee this year; they will continue to serve next year as seniors too.

Other local recipients serve a variety of ages from the Boys and Girls Clubs of North County to the Foundation for Senior Care.

Fallbrook Music Society President Bob Freaney said his group is 42 years old. It provides free concerts at the library and supports music in the schools. The founding president, Roy Ansell, was a founding board member of Legacy, besides starting music assemblies in the local schools.

Fallbrook Land Conservancy

Preserve Manager Karla Standridge said its funds will go toward maintaining and enhancing their preserves which include 2,100 acres. The two most popular sites, Los Jilgueros and Monserate Mountain are visited for more than 10,000 hiking trips per month.

Fallbrook Senior Center Special Projects Manager Phyllis Sweeney accepted the grant for the Senior Citizens Club which has existed since 1974. Its meals program was started in 1979 but food insecurity is growing. The funds will help feed local seniors.

Laura Sylvester, founder of Good Dog, said her son who has autism received a service dog in 2011 and it made such a difference in his life that her family now trains families with service dogs for their own children. They live in Fallbrook.

D’Vine Path founder Lenila Batali told how she and her husband were asked by Fallbrook High School seven years ago to be partners in teaching high functioning autistic young adults a trade at their vineyard. They just graduated their first class and have a lot of other vineyards in the area wanting workers.

Canece Huber, technology and event coordinator at REINS Therapeutic Horsemanship Program said they have been receiving Legacy funds for more than 12 years which helps 120 volunteers serve 200 disabled riders each week. REINS was started 35 years old.

Leisa Tilley-Grajek, founder of K9 Guardians brought one of her puppies in training with her. She said that 22 veterans commit suicide each day; her service dogs help veterans with post-traumatic stress disorder.

She said that more than one veteran told her that, “it wasn’t if but when they were going to commit suicide,” before they received their dogs and all of them are still alive.

“I am honored to be a part of this community with the support of prayers and funds,” she said.

Two other nonprofits also serve veterans and received funds from the Ansell Family Endowment; 4 Paws 4 Patriots in Temecula trains dogs, most of which are rescue dogs, to help disabled veterans, firefighters, police officers, etc.

Wounded American Veterans

Experience Scuba founder Steve Rubin said they “stumbled into how therapeutic water is to veterans.” He brought a veteran with him to tell her story.

Bonnie was a Master Sergeant in the Army and served for 23 years. Suffering from PTSD, she tried to commit suicide and needed a purpose in life. After experiencing the silence underwater, 35 minutes at a time, she was able to overcome her problems and is also no longer on blood pressure medication. She is now going to take open diving training with her 12-year-old grandson who is autistic.

Debra Emerson, CEO of St. Madeleine Sophie’s Center, accepted its grant from the Deranian Fund. She said they serve over 400 adults with developmental disabilities in a center that is like a village.

Vatei Campbell of Elizabeth Hospice said that among their clients, 80% of the seniors are over 70. Besides hospice care, they also provide bereavement support, including for children in the Fallbrook Union Elementary School District. They have 500 patients in care at any time.

Cabin by the Lake was started by Michael and Carol Dunlap after her sister died, she had been in a wheelchair for 40 years but enjoyed staying in cabins. Cabin by the Lake has provided cabins that are handicap accessible all over San Diego County and on Camp Pendleton.

There were many other area nonprofits to receive funds which did not have a representative at the presentation but will benefit from the generosity of Fallbrook residents, past and present.

Legacy’s mission “is to improve the quality of life in our communities, by empowering individuals, families, businesses and our charitable partners to realize their philanthropic dreams now and for future generations.” Its motto is, “Connecting people who care with causes that matter.”

For more information on Legacy and how to set up a trust or endowment, visit <https://legacyendowment.org/>, call (760) 941-8646 or email info@legacyendowment.org.

“I can’t begin to express how wonderful my massage was with Craig. The setting was beyond gorgeous in a lovely home with water features in all the massage rooms. Everything was modern, new, clean and seemed green or environmentally friendly. Craig himself is a remarkable massage therapist, the best I’ve visited. The warm stones were a great touch. A++++++” – Pamela Lueschen, Fallbrook



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Cesar Wilson Photography

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When did we start celebrating

THANKSGIVING

Sarah Josepha Hale, a 74-year-old magazine editor had been lobbying for an official national “Thanksgiving Day Holiday” for 15 years. Her requests were finally honored after she wrote to Abraham Lincoln on September 28, 1863, asking him to have the “day of our annual Thanksgiving made a National and fixed Union Festival.” She said, “You may have observed that, for some years past, there has been an increasing interest felt in our land to have the Thanksgiving held on the same day, in all the States; it now needs National recognition and authoritative fixation, only, to become permanently, an American custom and institution.”

Throughout the Civil War Lincoln had issued several statements calling for days of thanks. But the matter of an official Thanksgiving holiday had been a decision of the States and festivals were held at different times, mainly in New England and other Northern states. President Lincoln however responded to Mrs. Hale’s request immediately.

By the President of the United States of America.

A Proclamation.

The year that is drawing towards its close, has been filled with the blessings of fruitful fields and healthful skies. To these bounties, which are so constantly enjoyed that we are prone to forget the source from which they come, others have been added, which are of so extraordinary a nature, that they cannot fail to penetrate and soften even the heart which is habitually insensible to the ever watchful providence of Almighty God. In the midst of a civil war of unequalled magnitude and severity, which has sometimes seemed to foreign States to invite and to provoke their aggression, peace has been preserved with all nations, order has been maintained, the laws have been respected and obeyed, and harmony has prevailed everywhere except in the theatre of military conflict; while that theatre has been greatly contracted by the advancing armies and navies of the Union. Needful diversions of wealth and of strength from the fields of peaceful industry to the national defense, have not arrested the plough, the shuttle or the ship; the axe has enlarged the borders of our settlements, and the mines, as well of iron and coal as of the precious metals, have yielded even more abundantly than heretofore. Population has steadily increased, notwithstanding the waste that has been made in the camp, the siege and the battle-field; and the country, rejoicing in the consciousness of augmented strength and vigor, is permitted to expect continuance of years with large increase of freedom. No human counsel hath devised nor hath any mortal hand worked out these great things. They are the gracious gifts of the Most High God, who, while dealing with us in anger for our sins, hath nevertheless remembered mercy. It has seemed to me fit and proper that they should be solemnly, reverently and gratefully acknowledged as with one heart and one voice by the whole American People. I do therefore invite my fellow citizens in every part of the United States, and also those who are at sea and those who are sojourning in foreign lands, to set apart and observe the last Thursday of November next, as a day of Thanksgiving and Praise to our beneficent Father who dwelleth in the Heavens. And I recommend to them that while offering up the ascriptions justly due to Him for such singular deliverances and blessings, they do also, with humble penitence for our national perverseness and disobedience, commend to His tender care all those who have become widows, orphans, mourners or sufferers in the lamentable civil strife in which we are unavoidably engaged, and fervently implore the interposition of the Almighty Hand to heal the wounds of the nation and to restore it as soon as may be consistent with the Divine purposes to the full enjoyment of peace, harmony, tranquility and Union.

In testimony whereof, I have hereunto set my hand and caused the Seal of the United States to be affixed.

Done at the City of Washington, this Third day of October, in the year of our Lord one thousand eight hundred and sixty-three, and of the Independence of the United States the Eighty-eighth.

By the President: Abraham Lincoln
William H. Seward, Secretary of State

We All Have Much To Be Thankful For.

This holiday, spend time with your family, adopt a marine, take dinner to a shut in, invite a friend or family in need to your Thanksgiving dinner. Be grateful for all that you have. We pray that you and yours have a *Happy Thanksgiving* and have time to reflect on the many blessings in your lives.

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FSI donates money toward skatepark construction

FALLBROOK – The County Board of Supervisors voted Oct. 16 to accept a donation from Fallbrook Skatepark Inc. in the amount of \$20,000 toward the construction of a skatepark in a county planned multi-use park.

The check was presented Nov. 21 to Megan Jackson-Croft, Community Center Events Coordinator, by FSI President Sean O’Callaghan and FSI Secretary/Treasurer Michelle Albanna.

Since San Diego County Department of Parks & Recreation announced in 2018 that they were spearheading a construction project for a skatepark within a multi-purpose park and Fallbrook Skatepark Inc. is no longer the entity responsible for the skatepark construction, the nonprofit organization donated funds contributed by community members and other organizations to the project.

Supervisor Jim Desmond announced in July that almost \$2 million was allocated in the 2019-2020 budget for the San Diego County Department of Parks & Recreation to acquire land to create and build a multi-use park in Fallbrook including a skatepark and other active sports activities.

Additional funds have been encumbered for the much needed park through the Parks Land Dedication Ordinance monies. Various properties in Fallbrook are under active consideration.

As the FSI mission is to facilitate safe skateboarding recreational opportunities in the Fallbrook area (Fallbrook, Bonsall, De Luz and Rainbow) for skateboarders of all ages and abilities including challenged athletes, they will continue to support San Diego DPR in the project with design input and area residents with skate awareness and another Street Jam event in spring 2020 funded by a San Diego County grant.

Fallbrook Skatepark Inc. is a nonprofit 501(c)(3) organization.

For more information contact: Fallbrook Skatepark Inc., P.O. Box 1786, Fallbrook, CA 92088-1786, (442) 444-2585, info@fallbrookskateparkinc.org or www.fallbrookskateparkinc.org, Submitted by Fallbrook Skatepark Inc.



FSI Secretary/Treasurer Michelle Albanna, left, and FSI President Sean O’Callaghan, right, present a check to Megan Jackson-Croft, Community Center Events Coordinator, to go toward the construction of a skatepark within a multi-use park in Fallbrook.

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County of San Diego
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What would be cooler: getting to be Santa’s helper, or putting a holiday smile on the face of a less fortunate child here in San Diego County?

The County can help you do both! Just drop off a new, unwrapped toy in one of the annual Toys for Tots donation boxes at one of four County of San Diego airports: McClellan Palomar Airport in Carlsbad, Gillespie Field in El Cajon, Fallbrook Airpark in Fallbrook, or Ramona Airport in Ramona.

Or if you’d prefer, you can donate your toy in person to uniformed Marines at one of two special events: Saturday, Dec. 7, at Ramona Airport and Saturday, Dec. 14, at Fallbrook Airpark.

Donations can include new, unwrapped toys, bikes, games, dolls, stuffed animals and just about anything that will help brighten up a child’s holidays. Pilots can fly in to deliver their donations at the airports.

All donated toys will be given out to children in San Diego County communities.

The two special toy collection events will be held from 10 a.m. to 2 p.m. Saturday, Dec. 7, at Ramona Airport and from 10 a.m. to 2 p.m. Saturday, Dec. 14, at Fallbrook Airpark.

So, go ahead! Be Santa’s helper and help the County of San Diego and Marine Corps put smiles on the faces of local children. Drop off a new toy for a child.

Fallbrook Airpark: 2155 Air Park Road, Fallbrook
Gillespie Field: 1960 Joe Crosson Drive, El Cajon
McClellan Palomar Airport: 2198 Palomar Airport Road, Carlsbad
Ramona Airport: 2926 Montecito Road, Ramona

For more information, contact the Fallbrook Airpark at (760) 723-8395 or Ramona Airport at (760) 788-3366.

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YouNite: A step toward awareness and action

Banning Cantarini
Special to Village News

Culture is a funny thing. As it progresses through the motions of change and growth the new ideals and trends that sprout up can leave its inhabitants with two options: adapt or be left behind. And the reality is nobody wants to be left behind. They want to be integrated, trendy or “woke.”

What if you didn’t have the option to stay relevant? What if you were born into a world that would never be accessible to you? It might be difficult to comprehend living in a place where everything around you isn’t built for you, but this reality is how many people and their families in communities across America live. And it’s a problem that a group of young Fallbrook philanthropists are working to address.

Sarah Engebretson is one of the many people the community is lucky to have. She spends much of her time working with young people all over Fallbrook and has the gift of extravagant kindness.

When asked about how she became who she is, Engebretson gives credit to many different influences in her life, including her teachers, coaches, faith, etc. But she also said that the single most important influence in her life is her family.

More specifically, the special bond that they all share. Her sister Emily Engebretson was born with a rare chromosome deletion which meant that she would live her life with severe developmental delays. Many people might look in on their life and feel a sense of sympathy for the Engebretsons, but Sarah Engebretson doesn’t accept that sympathy.

Why? Because Emily Engebretson is not a burden. She is a sister, a daughter, a great teacher and a wonderful part of her life, she said. And her passion



Top: Sarah Engebretson, left, and Emily Engebretson are the inspiration behind an upcoming event for junior high and high school children with disabilities. “It’s a YouNite Christmas” will be held Saturday, Dec. 14, from 5-8 p.m. at SonRise Christian Fellowship.

for her sister and other people who have disabilities has driven her to pursue an advanced degree in speech and language pathology, she said.

Many months ago, Sarah Engebretson was meeting with a group of community leaders who asked two simple questions: “Is our community accessible to everyone and, if not, is there something we can do about it?”

These questions were ones that Sarah Engebretson had spent a lifetime preparing answers for, and as she shared her family’s story with the group, it became apparent that there was something they could do.

For those living in a world that they couldn’t be relevant in and that wasn’t accessible to them,

they can feel isolated and placed on the outside of “normal” life.

YouNite is a way of creating more spaces for these members of the community to live and enjoy. Comprised of a team that has the passion, the training and the awareness, YouNite’s vision is to host safe and fun events for the young people and their families who have disabilities while helping advocate awareness.

Their first event, “It’s a YouNite Christmas,” will be held Saturday, Dec. 14, from 5-8 p.m. at SonRise Christian Fellowship, 463 S Stage Coach Lane. The free event will consist of crafts, snacks, a movie and a visit from Santa. To register or find out more information about YouNite and its team, visit www.YouNiteSD.com.

Gaspar responds to county filing amicus brief regarding sanctuary cities law

SAN DIEGO COUNTY – San Diego County Board of Supervisors voted Nov. 20 to file an amicus brief regarding the state’s Sanctuary Cities Law that will be heard by the United States Supreme Court.

After the board’s vote Supervisor Kristin Gaspar said, “When our Board joined this lawsuit in 2018, we knew this would likely end up

in the U.S. Supreme Court. In the 688 days since the implementation of the so-called sanctuary state law, 1173 individuals have been released from jail, back into our community, without any communication between our Sheriff’s Department and federal immigration authorities.

To be clear, these are people who have committed a crime and are

in jail, not innocent people in the community,” she said. “In the post 9-11 world where communication among law enforcement agencies has been so key to protecting our citizens, we cannot allow political posturing to erode public safety.”

Submitted by the office of San Diego County Supervisor Kristin Gaspar.

Mahjong to be taught at community center

FALLBROOK – A Mahjong class will be offered at the Fallbrook Community Center Mondays, 12-3 p.m., starting Dec. 2.

Mahjong is a tile game that

arrived in the U.S. from China in the 1920s. Beginners will learn the fundamentals of the game and get an instruction booklet; intermediate players will continue learning through fun and friendly

rounds of games.

For cost, registration and more details, contact the community center (760) 728-1671, 341 Heald Lane.

Submitted by Gina Abdelrahman.

Silvergate Fallbrook takes on ‘30 Days of Thanks’ challenge

FALLBROOK – Silvergate Fallbrook, a senior living retirement community, celebrates the Thanksgiving holiday with fanfare every year, and this year is no exception.

The community launched a “30 Days of Thanks” Challenge at the beginning of November before the onset of the community’s holiday parties, gatherings and outings began.

Silvergate Fallbrook executive director Patty Martinez invited residents and their family members, as well as guests visiting the community, to turn their memories of loved ones past and present and their recollections of joyful moments and heartfelt gratitude for each day into written expressions of gratitude.

“I called on everyone associated with our community to join in on a “30 Days of Thanks” Challenge during the month of November,” Martinez said, who has been leading the care team of Silvergate Fallbrook for the last five years. “There is much to be thankful for here at Silvergate Fallbrook and this gives everyone a unique way to express their gratitude. To participate, all anyone has to do is drop by the front desk in the West Building and pick up a Gratitude Card.”

Inspired by a similar activity at a local church, Martinez introduced the “30 Days of Thanks” initiative to seniors at Silvergate to give them an opportunity to share the people, places and things they are grateful for with others in the community.

Residents were asked to fill out the Gratitude Cards and post them to the Wall of Thanks in the West Building either hand-signed or anonymously if they wished.

“As we tour prospective residents through our community this month, we’re pointing out the Wall of Thanks to them and talking about how much we treasure this time of year here at Silvergate,” Helen Gray, marketing director for the community, said. “It’s

gratifying to watch people linger at our Wall of Thanks and realize it’s still the simple things in life that we can all be grateful for...like the lyrics to an old song or a special dessert that was just served by the chef in our lovely dining room.”

In light of the positive response the community has already had to this new holiday activity, Silvergate Fallbrook’s staff hopes to carry the new “30 Days of Thanks” Challenge forward on an annual basis.

Participation in these types of resident events, according to Martinez, is what makes Silvergate Fallbrook a special place during the holiday season and all year-round.

Before Silvergate launched the “30 Days of Thanks” initiative, the community underwent many changes to create a fresh look throughout the community for the holidays, including new “barrel light” fixtures in hallway transition points, new ceiling tiles, new door frames, new chair rails, new carpet and fresh coats of paint to brighten resident gathering areas.

Keeping with Silvergate’s commitment to resident satisfaction, new artwork will soon grace the community’s walls, new draperies are being hung and new furniture has been selected for the corner sitting areas.

Those interested in seeing a new apartment home at Silvergate Fallbrook or for information about availability in the Memory Care Suites can call Gray to arrange a private luncheon and tour of the property at (760) 728-8880.

One bedroom and studio models are currently available at Silvergate Fallbrook, with a special “All Inclusive Care” offering applicable through the end of 2019.

Silvergate Fallbrook is located at 420 Elbrook Drive. For more information, visit www.SilvergateRR.com.

Submitted by Silvergate Fallbrook.

CLASSIFIEDS

Business Opportunities

Home Income Tax Business For Sale: Home-based income tax business for sale. Call 951-225-5637

Garage Sales

Old military stuff bought: Buy old & not so old military stuff - all types & condition. Call or text Bob 760-450-8498 <http://militarypickers.com>

Employment

Welders wanted: Small Wildomar steel fabricator looking for welders, fit up and checkers. Steady work, will be paid per skill. Contact Alan at 951-245-0689 to set up interview.

Estate Sale

Estate Sale: 1918 Acacia Ln Fallbrook, CA 92028 8AM to 4PM 11/23 & 11/24 Wrought-Iron Tables and Chairs (4 sets) Tools Garden Tools Furniture Paintings 20' Container Fans & Lights for growing & More

CAREGIVERS NEEDED:

Seniors Helping Seniors is hiring immediately for a caring and compassionate caregiver in Fallbrook and Temecula areas who are available to work weekends. If interested, please call 760.884.4111 for more information.

Real Estate - For Rent

Looking for a Guest House/Room for Rent: 58-year-old Christian Woman, Looking for a Guest House/Room to rent with private entrance in the Fallbrook or Bonsall Area. Please call 760-696-5900

Services Offered

Wellspring Herbs and Vitamins: Offering a large selection of high quality Herbs and Herbal Combinations, Vitamins, CBD Oils, Salves and Capsules, Essential Oils, Homeopathic Remedies, Bach Flower Emotional Essences, Teas, Organic Lotions and Skin and Hair Care products, etc. We offer Nutritional Consultations with Iridology and Live-Cell Analysis. Come on in for a FREE Bio Scan. We are open from 10-5 Monday thru Friday and 10-4 on Saturday. We are located at 1223 S. Mission Ed. (Behind Pizza Hut)

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2019
SUBARU
LEGACY
2.5i



\$149 Per Month
Lease + Tax**
or as low as **0.0%**
Financing for up to
48 months**
On select models.

*Lease: \$3,999 total due at Signing, 36 months, 10k miles per year, \$0 security deposit, 2.5i model, code KAB-01 for well qualified applicants only. Tier 1. **Financing: Well qualified applicants only. Tier 1 and 2. Cannot be combined with any other incentive. See dealer for full details. Offer expires 12/02/19.

2019
SUBARU
CROSSTREK
2.0i



\$149 Per Month
Lease + Tax**
or as low as **2.9%**
Financing for up to
63 months**
On select models.

*Lease: \$3,999 total due at Signing, 36 months, 10k miles per year, \$0 security deposit, 2.0i SMT model, code KRA-01 for well qualified applicants only. Tier 1. **Financing: Well qualified applicants only. Tier 1 and 2. Cannot be combined with any other incentive. See dealer for full details. Offer expires 12/03/19.

2020
SUBARU
OUTBACK



\$265 Per Month
Lease + Tax**
or as low as **2.9%**
Financing for up to
36 months**
On select models.

*Lease: \$2,465 total due at Signing, 36 months, 10k miles per year, \$0 security deposit, 2.5i model, code LDB-01 for well qualified applicants only. Tier 1. **Financing: Well qualified applicants only. Tier 1 and 2. Cannot be combined with any other incentive. See dealer for full details. Offer expires 12/02/19.

2019
SUBARU
WRX



\$249 Per Month
Lease + Tax**
or as low as **1.9%**
Financing for up to
72 months**
On select models.

*Lease: \$3,999 total due at Signing, 36 months, 10k miles per year, \$0 security deposit, Standard WRX 4D 6MT model, code KUN-01 for well qualified applicants only. Tier 1. **Financing: Well qualified applicants only. Tier 1 and 2. Cannot be combined with any other incentive. See dealer for full details. Offer expires 12/02/19.

2020
SUBARU
FORESTER



\$279 Per Month
Lease + Tax**
or as low as **2.9%**
Financing for up to
63 months**
On select models.

*Lease: \$2,479 total due at Signing, 36 months, 10k miles per year, \$0 security deposit, Code LFB-01 for well qualified applicants only. Tier 1 and 2. **Financing: Well qualified applicants only. Tier 1 and 2. Cannot be combined with any other incentive. See dealer for full details. Offer expires 12/02/19.

2020
SUBARU
ASCENT



\$339 Per Month
Lease + Tax**
or as low as **2.9%**
Financing for up to
36 months**
On select models.

*Lease: \$3,999 total due at Signing, 36 months, 10k miles per year, \$0 security deposit, Code LCA-01 for well qualified applicants only. Tier 1 and 2. **Financing: Well qualified applicants only. Tier 1 and 2. Cannot be combined with any other incentive. See dealer for full details. Offer expires 12/02/19.

JOHN HINE TEMECULA SUBARU
42050 DLR DR AT YNEZ ROAD, TEMECULA AUTO MALL
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up to 60 months
– or –
36 month Lease
\$139
per month plus tax
\$2,995 Down

or Purchase for \$21,082
MSRP \$23,580
Includes Hine Discount of \$2,498 in lieu of
Special Financing and Discounted APR



0.9% Financing for up to 60 months. On approved credit. Not all buyers will qualify for lowest rate. Or lease for \$139 per month for 36 months with \$2995 down. 10k miles per year, .15 per mile excess mile fee, plus tax, title, fees. First month payment due at signing. All 2019 MAZDA3 Sedan with MSRP \$23,580. Vehicle must be taken from dealer's in-stock inventory. Based on dealer's local zip code of 92591. Stock #15816. See John Hine Temecula Mazda for complete details. Must take delivery by 11/30/19.

2019 MAZDA6 SPORT

FINANCING AS LOW AS
0.9%
up to 72 months
– or –
36 month Lease
\$169
per month plus tax
\$3,595 Down

or Purchase for \$21,514
MSRP \$24,720 Includes Hine Discount of
\$2,206 and \$1,000 in customer cash in lieu of Special
Financing and Discounted APR



0.9% Financing for up to 60 months. On approved credit. Not all buyers will qualify for lowest rate. Or lease for \$169 per month for 36 months with \$3595 down. 10k miles per year, .15 per mile excess mile fee, plus tax, title, fees. First month payment due at signing. All 2019 MAZDA6 Sport with MSRP \$24,720. Vehicle must be taken from dealer's in-stock inventory. Based on dealer's local zip code of 92591. Stock #15945. See John Hine Temecula Mazda for complete details. Must take delivery by 11/30/19.

2019 MAZDA CX-5 SPORT

FINANCING AS LOW AS
0.9%
up to 60 months
– or –
36 month Lease
\$119
per month plus tax
\$5,899 Down

\$1,000 in Customer Cash*
*in lieu of MCS Financing & Lease Offers
\$500 CC on GTR/Signature Trims



0.9% Financing for up to 60 months. On approved credit. Not all buyers will qualify for lowest rate. Or lease for \$119 per month for 36 months with \$5899 down. 10k miles per year, .15 per mile excess mile fee, plus tax, title, fees. First month payment due at signing. All 2019 MAZDA CX-5 Sport with MSRP \$25,395. Vehicle must be taken from dealer's in-stock inventory. Based on dealer's local zip code of 92591. Stock #15989. See John Hine Temecula Mazda for complete details. Must take delivery by 11/30/19.

2019 MAZDA CX-9 SPORT

FINANCING AS LOW AS
0.9%
up to 60 months
– or –
36 month Lease
\$279
per month plus tax
\$2,995 Down

Or \$2,000 in bonus Cash*
*in lieu of mcs Financing & Lease Offers



0.9% Financing for up to 60 months. On approved credit. Not all buyers will qualify for lowest rate. Or lease for \$279 per month for 36 months with \$2995 down. 10k miles per year, .15 per mile excess mile fee, plus tax, title, fees. First month payment due at signing. All 2019 MAZDA CX-9 Sport FWD with MSRP \$34,565. Vehicle must be taken from dealer's in-stock inventory. Based on dealer's local zip code of 92591. Stock #15760. See John Hine Temecula Mazda for complete details. Must take delivery by 11/30/19.



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Quilt guild displays its 'Hidden Treasures'



"Hibiscus and Heliconia," the work of quilter Irene Althaus, is one of the more than 200 handmade quilts displayed at the Fallbrook Quilt Guild's "Hidden Treasures" quilt show, Nov. 8-9. Christine Rinaldi photos



Cousins Shellie Fuller and Cheryl Hunter are both descendants of the Hindorff family of Fallbrook, and their grandmother is buried at the Odd Fellows Cemetery. Fuller and Hunter stop to examine the Pioneer Odd Fellows Cemetery quilt created by Ardis Duhachek with the hope that they would see the grave marker of a family member.



Vietnam War veteran Juergen Roesler stops to enjoy the Fallbrook Quilt Guild Home of the Brave quilt. The quilt was constructed of individual blocks made by members of the Quilt Guild. Each block highlights the life of a hero lost in the Iraq and Afghanistan wars.



"Dog Daze," made by Donna Carter, is on display in the hall of SonRise Christian Church. The quilt show included an auction of 100 quilts, vendor booths, a country store and silent auction.



Friends Karen Gehring, Henrietta Dorner, Jenell Lamb and Kathleen Hamilton begin their day visiting The Happy Quilter, one of the many vendors present at the quilt show.



"Midnight Blues" is the work of Wendy Bean, a local quilter.



Using paddle No. 10, Kyle Drake purchases four quilts at the live auction. Drake said that he planned to share the quilts with his sister who is a quilter.

HEALTH & BEAUTY

Transcendent Touch opens new studio

FALLBROOK – After almost an entire decade in planning and execution, Transcendent Touch Healing Massage opened the doors to its new home studio near Live Oak Park, Nov. 4. The project not only transformed the residence of local therapist Craig Lozzi, but the journey was also a process of personal growth, discovery and renewal, he said.

“I never imagined it would take so long or that it would cost so much, but in the end, I am so grateful to create an environment that feels so inspiring to me daily. More amazing, is that our clients feel the same way. Joseph Addison wrote, ‘There is nothing that makes its way more directly to the soul than beauty.’ That seems to be what is happening here, much to my delight and amazement,” Lozzi said.

As the project unfolded, many decisions were addressed with the overriding guideline of blending the architecture with the majestic environment of the valley filled with Live Oak Creek and the many majestic oak and sycamore trees

that grace the property, he said.

At the same time, Lozzi said the focus was to bring the feeling of nature and its beauty into the defining elements on both the inside and outside of the structure. Trees that fell on the property some 12 years ago were milled into one-of-kind lumber and crafted by local wood artists into doors, windowsills and furniture inside the house.

“Although I have heated with wood the entire time I have resided in Fallbrook, when those magnificent trees fell, I vowed to find a way to honor them...and in doing so warm the heart and not just the hearth,” Lozzi said about the tragedy of seeing four oaks sharing a common trunk topple over on his property.

Three years were spent in the county building department with a plan to incorporate a new technology of framing the house without wood, but instead using a lightweight concrete that was supported by structural concrete, while providing a wall system that eliminated drywall,



Shane Gibson photos

insulation and stucco.

Cellular concrete is fire-proof and termite proof, offering incredible insulating value and seismic strength and flexibility, he said.

“Ultimately, getting through the last counter at the county (structural) proved too expensive and time-consuming. So, I decided to build a conventional wood-framed structure and incorporate as many environmentally friendly, sustainable practices as possible,” Lozzi said.

When the project was first conceived, the economy was slow and building materials and labor were relatively cheap, by the time construction started many things had changed that severely affected the cost of the project.

In January 2018, the county adopted a new, more stringent code affecting many aspects of construction, including new statewide guidelines for seismic retrofitting.

“My general contractor, Ron Sortor, who did an incredible job of being creative and flexible with our building plans, estimated that the new codes added easily \$25,000 of additional cost to construction just in concrete and steel for the footings and foundation-work, not to mention changes for electrical and structural,” Lozzi said.

At the same time, the government of Canada reacted to the U.S.’s trade tariffs by increasing the cost of lumber imported into the U.S. This resulted in increased lumber costs between 200-300% for the entire project.

The U.S. economy was now hot, and locally, the construction



trades were booming. To further complicate the financial end of the picture, the bank providing the construction loan sometimes took up to six weeks to reimburse the project for work already done.

“I found myself obtaining personal loans and putting things on credit cards with an interest-free period, just to keep the project moving! To say the least, I grew in my faith and belief of what is possible. With every new challenge, I felt guided to a solution that was not, at first, remotely apparent. I would just call this grace,” Lozzi said.

When the project was completed, it was time for the finishing touches inside. Lozzi hung all the art, and when finished, he realized all the art on the walls were by people he knew. The majority of the pieces were created by his daughter, Laurel, who also practices massage at the studio. Several were also created

by longtime friend Marcia Sauser and hung as a legacy to her work as she died in 2010.

Also included are a few by Fallbrook’s own native son, artist Brett Stokes.

“At first I had no clue all the art on the walls was from people I knew. But they were the ones that just fit,” Lozzi said. “Laurel and I love the power of healing touch and we are inspired to add to the experience here.”

Besides massage therapy, Lozzi and his daughter will offer natural food cooking classes, aromatherapy education, life and health coaching and some small poetry and musical events. That is, after they enjoy a few months rest and put some time into a few more finishing touches. Transcendent Touch Healing Massage can be reached at (760) 533-3505.

Submitted by Transcendent Touch Healing Massage.

Reducing conflicts with your boss

The American Counseling Association

Special to Village News

If you’re in a work situation where you have a strong, positive relationship with that supervisor or boss above you, congratulations. While it does happen, it is not always the case for many people in their jobs.

Good relationships with a supervisor require effort on the employee’s part, but it’s effort that pays dividends. Studies have shown that one of the most important things affecting someone’s job performance, stress levels and overall job satisfaction and happiness is the relationship they have with the person above them.

An employee’s work relationship will usually improve when they take a more proactive role in creating that relationship. They can start by trying to understand what is important to them as a person. Are there pet peeves or things about the department or company that matter greatly to them? Is the boss stuck with having a difficult boss?

A basic rule is to try to understand what the supervisor actually expects from their employees. It isn’t always obvious. The employee may need to ask questions and seek clarification. Does they value timely reports, meeting deadlines and showing initiative? Is a certain dress code important? Are there things that may seem trivial personally but

that matter to them? Understanding what’s important to a boss makes it easier to meet those goals or to discuss alternatives that will keep them satisfied.

It also helps to be flexible and understanding. It may not be clear why a meeting was rescheduled or that deadline moved, but it wasn’t done simply to upset employees. Understand that bosses also face deadlines and pressure. Most bosses appreciate employees who can accept that there was usually a good reason for the changes.

It’s important to open up communication. Take the initiative. Keep them up to date on how things are progressing and make it easy for the boss to talk. Share ideas and concerns and give weight to the things that trouble the boss.

Employees should make building a positive relationship with a boss part of their responsibilities. Recognize that it starts there. No one is capable of changing another person, only themselves. Working to establish a relationship with a boss that shows the employee understands, and flexibility can lead to a more positive, enjoyable work environment where sharing ideas and positive accomplishments can flourish.

Counseling Corner is provided by the American Counseling Association. Send comments and questions to ACAcorner@counseling.org or visit the ACA website at www.counseling.org.

Kicking It VIII: Track meals in a food diary



Elizabeth Youngman Westphal

Special to Village News

It all starts with a food diary. You know that small, red Atkins Carb Counter? It is my bible. Starting out, everything that went in my mouth went in my diary.

For months I noted every morsel of food whether it was a half a cup of peas or a tablespoon of fat free diet ranch dressing, an ounce of ham, 1/2 cup of green beans, a cup of lettuce greens, a teaspoon of jam or even a smear of butter – it all went in the food diary.

At first, meat was weighed on our new food scale. An ounce isn’t very much, one adjusts. For instance, an ounce of ham is enough to scramble into an egg

and voila. There is a 100-calorie breakfast. I now use coconut oil. It’s tasteless and doesn’t spoil.

Raw cauliflower has become my new friend. Often when hungry, I grab a floret off the head and chow down. It provides crunch, chew, as well as practically no calories. Even our 4-year-old granddaughter likes raw cauliflower florets. Score one for Lulu.

Writing everything down was tedious and other times plain scary. Trying to get a hold on my daily food intake was daunting. First, I tried to keep it under 1,300 calories per day and, second, I worked to leave space for a glass of wine. It all goes in the book.

It seems I’ve been hungry for more than three months. I keep reminding myself the goal is just around the corner. It is worth the effort. Finally, I feel like it is paying off.

Jeans no longer feature that dreaded camel toe; blouses button without a struggle and even my pajamas are baggy.

All of which has inspired me to have a sale this upcoming February and dump all of my size 10 clothes. I will keep you informed of the date and location.

Working out is the second-best thing I’ve ever done for myself. The first best thing happened after I suffered through a dreadful virus during the Christmas holidays

in 1999.

After a week when I couldn’t even think about lighting up, a friend suggested that it might be the right time to quit smoking. It took a year to kick the habit. And just so you know, while I stopped several times over 30 years, I have quit just one time.

Depriving my body of nicotine was a lot worse than going to the gym every day, for certain. It seems while my mind can kick the idea to the curb; I am developing a physical dependency to exercise. It is my hope this will remain to be the case.

I will never be a size 4 again, which is the biggest reason I smoked. Now, I will be tickled to slip into a size 6, hoping to settle into an all size 8 wardrobe. That is my goal line, and y’all have helped me along the way. Keeping it off will be the final test.

Lastly, apparently, I can’t count – after recalculating – it appears there are 113 days left before my departure. The upcoming year is a leap year with 29 days in February.

The holidays are going to be a real test. But I can do it, and so can you. Take a bite, not a plate full. Use 8-inch plates not 10-inch or 12-inch platters. After all, it’s only food.

Elizabeth Youngman-Westphal can be reached by email at eyoungman@reedermedia.com.

Circles of healing are timeless and universal



Wendy Hammarstrom teaches massage at Innerworks, her studio in Philadelphia.

Courtesy photos



Mandala shapes can be seen in flowers, like this one, and in succulents, both part of nature's healing quality. Wendy Hammarstrom photo

Wendy Hammarstrom
Special to Village News

In “Circles of Healing, The Complete Guide to Healing with Massage and Yoga for Practitioners, Caregivers, Students and Clients,” I wrote about my work beginning in the mid-1970s. The status of healing arts has come a long way since then.

In 1980 when I mentioned I taught yoga, more often than not people would laugh and say, “Oh, you mean yogurt.”

Today, yoga is everywhere.

In the late 1970s my husband at the time, Steve Braff, and I converted the first floor of our Victorian East Oak Lane home in Philly into Innerworks Center. It was a studio, classroom and office for bodyworkers, movement instructors and my dance company.

In 1985, I began teaching an introduction to massage therapy for health care practitioners and the lay public. It was a time before massage therapy was as mainstream as it is now.

It was a delightful experience for everyone, students and teacher alike. Most of the participants were new to holistic health and wanted to learn how to massage friends and family. Some even went on to become professional bodyworkers.

I also taught yoga at two halfway houses for those overcoming drug

addiction. Many of these students were particularly resistant to moving due to a history of abuse and trauma, resulting in feeling unsafe in a group setting.

To meet the students at their level, we began slow and started by lying on tennis balls on the floor and doing partner stretches. As they moved, stretched and incorporated deep breathing, their relaxation and vitality increased, and there was less need for external stimulants.

Also, the mat work, rolling on balls and partner stretches brought an enhanced awareness to their bodies. This awareness helped them to be present and facilitated their healing process.

In “Circles of Healing,” I address the overlooked and underserved. People with physical or emotional challenges, who are born deformed, who have lost limbs in accidents or war and anyone who doesn’t look or act “normally” and their caregivers were the inspiration for this book.

When I began working for Cole Vocational Services as a consultant to teach “life and relaxation skills” at day care centers for the multi-abled, my first client was a severely deformed man who could not see, hear or talk. His coach told me they were asked to leave a nearby restaurant because they made the customers uncomfortable.

I sat next to him until he could sense my presence and placed my hand gently on his shoulder, and we breathed. We stayed like that for about five minutes, and he visibly relaxed as he took a deep breath.

Then I gently massaged his tight shoulders. The next time I worked with him, a month later, he was immediately relaxed as I touched him.

The powerful lesson we learned was that anyone, regardless of degree of mobility, level of understanding or past trauma can benefit from simple caring touch.

We moved to California when my daughter was seven months old. During our three years in Long Beach, I taught infant massage throughout Orange County. I worked alongside physical therapist Jackie Maroun, teaching massage and movement for pregnancy and beyond at Long Beach Community Hospital.

After moving to Murrieta, my clientele expanded to include teens, who desperately needed caring touch; those in midlife transition; those faced with the challenges of aging as well as those who are reaching the end of their lives.

I titled my book “Circles of Healing” partly because I cover the circle of life, from pregnancy to dying. Circles can represent healing on an individual level.

Focusing on one’s core or center with breath or movement can spread healing throughout one’s whole body. Also, I have observed how working with one person or group often spreads out to include larger groups, creating an ever-widening circle.

I have always loved circles, and all they represent. Mandala

is a Sanskrit word for circle or beginning with no end. Mandalas can be visually simple or ornate and are timeless and universal.

Much of my dance company’s choreography was circular, as it feels healing and all-encompassing to move in tai chi-like flow. In fact, several months ago during a Georgia O’Keefe inspired art class at Oceanside Museum of Art, I found myself circling with my whole body to create the brush strokes.

For several of my Philadelphia-based dance company’s performances, we danced outside, including a circle on a rock in Pennypack Creek. We received a Pa Humanities Council grant to tour area schools based on Lenape Indian culture, and much of that choreography was circular.

For the past 14 years, I have been creating mandala art in the form of coloring cards for children of all ages.

I have created mandalas with rocks from the area for The Escondido Art Partnership Gallery and am working on my next book, “Circles of Healing Book Two,” which will include my photography of flower and succulent mandalas.

I am fascinated by the sacred geometry aspects of flowers and plants, as well as their healing qualities.

I am honored to work with clients with cancer, Parkinson’s disease, COPD, traumatic brain injury, stroke recovery and other acute or chronic challenges, as well as those needing general balancing or relaxation. And I should add, several of my clients in their 80s have taught me a few things about staying healthy.

For those recovering from surgery, accident, illness or even trauma and who are feeling vulnerable, I encourage you to “re-friend” yourself, allow plenty of time to heal, be gentle with yourself, and stay connected. Allow others to help you, and especially, receive healing touch.

Many people in America are touch-deprived. I begin the pregnancy massage chapter in “Circles of Healing” with this quote: “Nurture the mother, who nurtures the child, who nurtures the world.”

Bodyworkers who receive healing touch give better massages. First responders who receive massage rescue people with more gentleness. Doctors, dentists, teachers and other caregivers and health professionals care for others better if they are cared for as well.

Healing from touch and movement therapies needs to be in all our lives. The more sensitive we become from being cared for, the more we can care for each other.

I welcome opportunities for book signings, classes, presentations, private and group restorative yoga sessions. I offer massage in your home or at The Fallbrook Wellness Spa. “Circles of Healing Book One” is available at The Shop Around the Corner, The Fallbrook Wellness Spa and via Amazon.

With the holidays being right around the corner, what better time to give yourself or your loved ones a little extra care. Mention this article, and you can get \$10 off your first massage, gift certificate or copy of “Circles of Healing.”

For more information, visit www.circlesofhealingbook1.com or call (951) 303-4508.

San Diego flu cases much higher than last year

José A. Álvarez
San Diego County Communications Office

More than 600 influenza cases have been reported in the region this season, nearly 2 1.2 times the number that had been reported at the same time last year, the county Health and Human Services Agency announced.

An additional 139 lab-confirmed influenza cases were reported in San Diego County last week, compared to 74 cases the previous week and bringing this season’s total to 614. In comparison, 57 flu cases were reported during the same week last season for 247 cases total at the same time last year.

“Given the numbers that we’re seeing, it’s evident that more San Diegans are getting sick,” Dr. Wilma Wooten, a county public health officer, said. “And with the holidays upon us, those figures are likely to continue to increase

since people will be out and about in large groups.”

The county Health and Human Services Agency publishes the Influenza Watch weekly report, which tracks key flu indicators and summarizes influenza surveillance in the region. The report is released every Wednesday during the flu season.

For the week ending Nov. 16, the Influenza Watch report shows the following:

Emergency department visits for influenza-like illness were 3% of all visits, compared to 3% the previous week. There were three influenza deaths to date, compared to two at this time last season.

People can avoid the flu by washing their hands thoroughly and often. Use hand sanitizers, and stay away from sick people. Avoid touching the eyes, nose and mouth, and clean commonly touched surfaces. If someone is sick, they should stay home and avoid contact with others.



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ENTERTAINMENT

Holiday lineup comes to the stage

Elizabeth Youngman Westphal
Special to the Village News

This holiday season presents a treasure chest of shows and plays full of memories for the entire family. Here is the December lineup.

Starting with another great reason to go to Coronado Island this holiday, enjoy a matinee performance at Lamb’s Players for their spectacular “Festival of Christmas” variety show. It is set in 1954 and runs from Dec. 5-29.

Then swing by The Del and watch the ice skaters while sipping a mug of hot chocolate with an ocean view. For more information, call (619) 437-6000 or visit www.lambplayers.org.

Downtown in University Heights, Diversionary Theater is presenting “The Santaland Diaries,” written by comedian-humorist David Sedaris. It is a compilation of his essays from working at Macy’s in their Christmas land. Be prepared for some belly laughs.

When checking the website, look for the free after-show called “Holigay Storytime.” This show runs until Dec. 22. Call (619) 220-0097 or visit www.divisionary.org.

The Old Globe is running two shows for the holidays. In the big theater is “Dr. Seuss’s How the Grinch Stole Christmas!” plays through Dec. 29, and next door at the theater in-the-round is a new show for the season, “Ebenezer Scrooge’s Big Christmas Show,” which runs through Dec. 24. The plaza is decorated for the season to add to the fun. Call (619) 234-5623 or visit www.TheOldGlobe.org for tickets and information.

Playing downtown at The



Sophia Adajar as Cindy-Lou Who and Edward Watts as The Grinch star in “Dr. Seuss’s How the Grinch Stole Christmas!” running through Dec. 29 at The Old Globe.

Horton Grand is “A Christmas Story” made famous by Darren McGavin’s treasured leg-lamp. Presented by San Diego Musical Theater – it is not to be missed. Call (858) 560-5740 or visit www.sdmr.org.

Playing in Old Town at The Cygnet Theater is their great version of the classic “A Christmas Carol.” It is a musical featuring

all of the best voices, around until Dec. 29. Call (619) 574-0059 or visit www.cygnettheatre.org.

North Coast Repertory Theatre in Solana Beach is featuring a treat for a few select dates in December. In his west coast premiere after a two-year off-Broadway run, Cary Hoffman will perform his one-man tribute “My Sinatra” for three days only, Dec. 12-15. Call (858)



Robert Joy appears as Ebenezer Scrooge in “Ebenezer Scrooge’s Big San Diego Christmas Show,” running through Dec. 29 at The Old Globe.

481-1055 or email boxoffice@northcoastrep.org.

Closer to Fallbrook is “Around the World in 80 Days,” a delicious musical comedy that will delight holiday guests, playing until Dec. 22. New Village Arts is on State Street in Carlsbad; call (760) 433-3245 or visit www.newvillagearts.org.

Around the corner, playing at The Welk Resort is “Welcome

Home for the Holidays” featuring a TV soap star from “Days of Our Lives,” Eric Martsolf, until Dec. 29. That review will be coming later. Call (760) 749-3180 or visit www.welkgroup.com.

Elizabeth Youngman-Westphal can be reached by email at eyoungman@reedermedia.com.

‘Motherless Brooklyn’ creates a mix of magic and missteps

FALLBROOK – Set in 1950s New York, filled with a star-studded cast including actor, screenplay writer and director Edward Norton, Gugu Mbatha-Raw, William Dafoe, Alec Baldwin and Bruce Willis and laden with an equal amount of heavenly, yet down to earth, acting performances – most notably Norton’s – “Motherless Brooklyn” circuitously navigates the relationship and friendship between Norton and his boss,

played by Willis, who runs a private detective company, as well as Norton’s medical condition, which presents significant and awkward challenges in many aspects of his life.

As the film evolves, one mysterious issue takes center stage. Aside from Norton’s considerable medical struggle, several other sub-plots are intricately intertwined with the primary storyline, but even when

examined or taken separately – though some of them are, sadly, all too common – they, nevertheless, evoke deep thought, empathy and soul-searching moments as well.

In spite of goose bump-like acting performances right from the get-go, unfortunately, a significant part of the beginning of the film was fraught with such confusion that the audience wondered, not only what was going on, but if the story was going to come together –



though it seemed at least possible, considering the cast.

Just at the point where audiences were considering giving up on the film, “the turn” did come, though still blending a clear degree of Hollywood predictability with a meld of thrilling twists and turns – at times with very clever writing, while at other points fracturing the cohesiveness of the story.

Regardless of the mistakes, moving dialogue, cleverly and heartfelt placed humor, deftly shot cinematography, as well as wonderfully apropos wardrobes and haunting music, together added powerful ambience to many dramatic scenes.

While this film delivers a mix of some very convoluted scenes and

segments, along with some of the typical and expected Hollywood inferences and outcomes, in the end, it remains well-worth seeing. Norton’s remarkably vulnerable, yet determined, portrayal – one of his finest – helped to keep the viewer engrossed in his pursuit of the truth. His personal interactions throughout the story, as well as his solitary moments, make for some of the most compelling and memorable parts of the film. With Oscar nods likely for Norton, he is the thread that weaves through and keeps this film together – though, sadly, it did have the potential to be an undisputed classic.

1/2*

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 VillageNews 760723-7319

Vail HQ asks public to shop small, attend Family Faire



Vail Headquarters in Temecula will host events on Saturdays to bring shoppers and families into the shopping and dining center. Jeff Pack photos

Jeff Pack
Staff Writer

Vail Headquarters, the restored historic former location of the Walter Vail Ranch and the surrounding area which now houses several small businesses and serves as a meeting place for neighborhood residents, will host events on two upcoming Saturdays.

First up is the Small Business Bazaar on Shop Small Saturday hosted by In The Loop and Vail Headquarters from 4-9 p.m. Saturday, Nov. 30.

The day will include a Small Business Bazaar with 50 local artisans and businesses to shop from in addition to the businesses that call Vail Headquarters home every day of the week.

To prepare for the event, the Vail Headquarters decorations will be up, and there will be a live DJ, holiday crafts and activities for the children, horse-drawn carriage rides, as well as a hot chocolate and gift-wrapping station.

The event is free and family-friendly. For more information, visit www.inthelooptemecula.com/smallbusinessbazaar.

The next big event will be the Family Faire Temecula Chilled Edition from 4-8 p.m. Saturday, Dec. 14.

Hosted by Clear Charity and Vail Headquarters the free Winter Wonderland event will feature a free snow play area, arts and crafts and a free holiday movie screening.

There will also be a bubble dance party, backyard-style games and food will be available from local businesses like Chefflor, Cookhouse Food Hall at Vail HQ, Vail Pizzeria and Augie's Coffee. Popcorn and winter favorites like hot cocoa and cider will be available for purchase as well.

For more information, visit www.FamilyFaire.cc.

Clear Charity is a nonprofit charity located in Southern California that works to close the hashtag #DiaperGap through the Diaper Aid of Southern California program to help local families in need.

Vail Headquarters is at 32115 Temecula Parkway in Temecula. Visit www.vailhq.com.

Jeff Pack can be reached by email at jpack@redermedia.com.

Shay and Co to perform at Fallbrook Coffee Company Dec. 6

FALLBROOK – Local recording artists Shay and Co will be playing at Fallbrook Coffee Company, Friday, Dec. 6, from 4-7 p.m. They will be performing their original music and some Christmas favorites.

With their familial tonality, harmonic nuances and passion for music, Shay and Co, bring freshness to every opportunity. Whether performing an original piece or a cover, the two young women and a guitar offer a uniqueness that is engaging for all ages.

The sister duo said, “Playing a Christmas show at a nonprofit like Fallbrook Coffee Company in a community where we have grown up is an exciting opportunity.”

Benner said their original songs have a singer-songwriter influence, and the team is eager to share their music with the world.

She said of their latest project and upcoming show, “Lots of stuff happens in and through the relationships of our lives and we’re hoping that these songs will reveal empathy, as well as, enlighten, and encourage those that listen to our music, and look forward to everyone singing along to some Christmas songs.”

Shayli Benner and Colby Duty, Shay and Co, are sisters who began singing together at a young age and have not stopped. They are originally from Fallbrook, but currently reside in Temecula and lead music each Sunday at Sunrise Christian Fellowship in Fallbrook.

Each sister continues to pursue their passion for family, music and people, they said, as they believe these are crucial ingredients needed in the world today.

To follow Shay and Co visit www.shayandcomusic.com.

Fallbrook Coffee Company is a nonprofit coffee company that strives to give back to the community of Fallbrook in creative and impactful ways. It is dedicated to affecting positive social change and to being a light to the community. Located at 622



Sisters Shayli Benner and Colby Duty perform as Shay and Co and will perform at Fallbrook Coffee Company, Friday, Dec. 6, from 4-7 p.m.

S. Mission Road, Fallbrook Coffee Company is open Monday through Friday from 6 a.m. to 5 p.m., Saturday and Sunday from 7 a.m. to 2 p.m. For more information, visit www.fallbrookcoffeeco.com. Submitted by Fallbrook Coffee Company.

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LEGALS

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9027348
Name of Business
STARR DESIGNS
395 Canyonside Way #204, Oceanside, CA 92058
County: San Diego
This business is registered by the following:
Deborah C Stuardduran, 395 Canyonside Way #204, Oceanside, CA 92058
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 11/12/19
LEGAL: 5153
PUBLISHED: November 21, 28, December 5, 12, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9026149
Name of Business
a. POWI NUTRITION
b. POWI ENERGY
c. DC JERKS
d. ULALA
858 Maryland Dr., Vista, CA 92083
County: San Diego
This business is registered by the following:
DC Hub, LLC., 858 Maryland Dr., Vista, CA 92083
This business is conducted by a Limited Liability Company
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/28/19
LEGAL: 5154
PUBLISHED: November 21, 28, December 5, 12, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9026611
Name of Business
ARMES CONSTRUCTION
408 West Fallbrook St, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Eric William Armes, 408 West Fallbrook St, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first commenced to transact business under the above name as of 10/31/19
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 11/01/19
LEGAL: 5156
PUBLISHED: November 28, December 5, 12, 19, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9027008
Name of Business
PALISTUS
7565 Charmant Dr Apt 407, San Diego, CA 92122
County: San Diego
This business is registered by the following:
a. Belal Azzam, 7565 Charmant Dr Apt 407, San Diego, CA 92122
b. Yassine Thabti, 4054 Nobel Dr. 92122 App #202, San Diego, CA 92122
This business is conducted by a General Partnership
Registrant first commenced to transact business under the above name as of 11/06/19
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 11/06/19
LEGAL: 5157
PUBLISHED: November 28, December 5, 12, 19, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9026910
Name of Business
HOPE CITY
2169 Green Canyon Road, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Lightly, LLC, 2169 Green Canyon Road, Fallbrook, CA 92028
This business is conducted by a Limited Liability Company
This LLC is located in the state of California
Registrant first commenced to transact business under the above name as of 03/06/2019
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 11/06/19
LEGAL: 5158
PUBLISHED: November 28, December 5, 12, 19, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9027730
Name of Business
NORTH COUNTY POOL CENTER
777 W. Vista Way #A, Vista, CA 92083
County: San Diego
This business is registered by the following:
Adolfo & Manny Pool Supplies LLC, 1506 S. Mission Road, Fallbrook, CA 92028
This business is conducted by a Limited Liability Company
This LLC is located in the state of California
Registrant first commenced to transact business under the above name as of 11/01/2019
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 11/18/19
LEGAL: 5159
PUBLISHED: November 28, December 5, 12, 19, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9026841
Name of Business
1 OF A KIND
5126 Riverview Ct, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
a. Sharon D Karasek, 5126 Riverview Ct, Fallbrook, CA 92028
b. James F Karasek, 5126 Riverview Ct, Fallbrook, CA 92028
This business is conducted by a Married Couple
Registrant first commenced to transact business under the above name as of 01/01/2019
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 11/05/19
LEGAL: 5160
PUBLISHED: November 28, December 5, 12, 19, 2019

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MATTHEW BRUNTON
DIANNA WHITESSELL
VICTORIA OLSEN
PATRICIA DELPH

Published November 21, 28, 2019

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9026010
Name of Business
SPYGLASS HILL SERVICES
5119 Delaney Court, Carlsbad, CA 92008
County: San Diego
This business is registered by the following:
Pacific Services Inc., 5119 Delaney Court, Carlsbad, CA 92008
This business is conducted by a Corporation
This Corporation is located in the state of CA
Registrant first commenced to transact business under the above name as of 1/15/19
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/28/19
LEGAL: 5145
PUBLISHED: November 7, 14, 21, 28, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9025929
Name of Business
WRITERS RESIST PRESS
740 W. Fig Street, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
a. Kit-Bacon Gressitt, 740 W. Fig Street, Fallbrook, CA 92028
b. Sara Lynn Marchant, 38720 Cary Road, Anza, CA 92539
This business is conducted by a General Partnership
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/25/19
LEGAL: 5146
PUBLISHED: November 7, 14, 21, 28, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9026674
Name of Business
BLAZE SMOKE SHOP
4175 University Ave., San Diego, CA 92105
County: San Diego
This business is registered by the following:
Enrique A. McMillan, 7022 Mewall Drive, San Diego, CA 92119
This business is conducted by an Individual
Registrant first commenced to transact business under the above name as of 11/1/19
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 11/04/19
LEGAL: 5147
PUBLISHED: November 7, 14, 21, 28, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9026778
Name of Business
DETAILED FLORAL DESIGN
42095 Paseo Brillante, Temecula, CA 92591
Mailing address: 30777 Rancho California Road, #893031, Temecula, CA 92589
County: San Diego
This business is registered by the following:
Karese Danielle De Haan, 42095 Paseo Brillante, Temecula, CA 92591
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 11/05/19
LEGAL: 5149
PUBLISHED: November 14, 21, 28, December 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9026431
Name of Business
THE HOME REAL ESTATE CO.
4837 Sweetgrass Ln., Bonsall, CA 92003
County: San Diego
This business is registered by the following:
a. Robert Laurito, 4837 Sweetgrass Ln., Bonsall, CA 92003
b. Barbara Laurito, 4837 Sweetgrass Ln., Bonsall, CA 92003
This business is conducted by a Married Couple
Registrant first commenced to transact business under the above name as of 9/1/2013
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/30/19
LEGAL: 5150
PUBLISHED: November 14, 21, 28, December 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9025328
Name of Business
a. GEORGE PLUMBING, HEATING AND AIR CONDITIONING
b. GEORGE PLUMBING, HEATING AND COOLING
c. GEORGE'S PLUMBING COMPANY
d. GEORGE HEATING AND AIR
e. GEORGE'S PLUMBING REPAIR
f. GEORGE PLUMBING AND ROOTER
g. GEORGE PLUMBING AND MECHANICAL
h. GEORGE HEATING AND COOLING
i. JORGE PLUMBING COMPANY
j. JORGE HEATING AND AIR
k. JORGE HEATING AND COOLING
l. JORGE PLUMBING AND ROOTER
m. JORGE PLUMBING AND MECHANICAL
n. JORGE HEATING AND COOLING
o. JORGE PLUMBING REPAIR
1211 E. Mission Road, Fallbrook, CA 92028
Mailing address: PO Box 607, Fallbrook, 92088
County: San Diego
This business is registered by the following:
George Plumbing Company, Inc., 1211 E. Mission Road, Fallbrook, CA 92028
This business is conducted by a Corporation
Registrant first commenced to transact business under the above name as of 10/15/2019
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/17/19
LEGAL: 5151
PUBLISHED: November 14, 21, 28, December 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9026948
Name of Business
OCEANHILLS AUTOMOTIVE DETAILING & CONSULTING
1233 Armolite Dr. #303, San Marcos, CA 92069
County: San Diego
This business is registered by the following:
Joshua Noel Maraliz, 1233 Armolite Dr. #303, San Marcos, CA 92069
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/30/19
LEGAL: 5155
PUBLISHED: November 21, 28, December 5, 12, 2019

Summons

SUMMONS
Date: October 25, 2019
CASE NUMBER: DO-2019-00334
JUDGE: Eric E. Gordon
SUPERIOR COURT OF ARIZONA
MOHAVE COUNTY
PLAINTIFF: ALICIA ROSSI
1223 W. Vock Canyon Rd, Kingman, AZ 86409
DEFENDENT: RANDY LENGEL

WARNING: This is an official document from the court. It affects your rights. Read this document carefully. If you do not understand it, contact a lawyer for help.

FROM THE STATE OF ARIZONA TO: RANDY LENGEL
1. A lawsuit has been filed against you. A copy of the lawsuit and other court papers are served on you with this Summons.

2. If you do not want a judgment or order taken against you without your input, you must file a "Response" in writing with the Court, and pay the filing fee. If you do not file an "Answer" or "Response" the other party may be given the relief requested in his or her Petition or Complaint. To file your "Answer" or "Response" take, or send, the "Answer" or "Response" to the Office of the Clerk of the Superior Court, 401 East Spring Street Kingman, AZ 86401 (P.O. Box 7000, Kingman, AZ 86402-7000) or the Clerk of the Superior Court, 2225 Trane Road, Bullhead City, AZ 86442, or Office of the Clerk of the Superior Court, 2001 College Drive, Lake Havasu City, AZ 86404. Mail a copy of your "Answer" or "Response" to the other party at the address listed on the top of this Summons.

3. If this Summons and the other court papers were served on you by a registered process server or the Sheriff within the State of Arizona, your "Response" or "Answer" must be filed within TWENTY (20) CALENDAR DAYS, starting the day after you were served. If this "Summons" and other court papers were served on you by a registered process server or the Sheriff outside the State of Arizona, your "Response" must be filed within THIRTY (30) CALENDAR DAYS, starting the day after you were served. Service by a registered process server or the Sheriff is complete when made. Service by Publication is complete (30) days after the date of the first publication.

4. You can get a copy of the court papers filed in this case from the Petitioner at the address at the top of this paper, or from the Clerk of the Superior Court at the address listed in Paragraph 2 above.

5. Request for reasonable accommodation for persons with disabilities must be made to the office of the judge or commissioner assigned to the case, at least (5) five days before your scheduled court date.

A copy of the pleading being served may be obtained at the Office of the Clerk of the Superior Court located at: 401 East Spring Street Kingman, AZ 86401; Phone: (928)753-0713
2225 Trane Road, Bullhead City, AZ 86442; Phone: (928)758-0730
2001 College Drive, Lake Havasu City, AZ 86404; Phone: (928)453-0701

SIGNED AND SEALED this date: 5/20/2019
By Deputy Clerk Virlynn Tinnell

LEGAL : 5152
PUBLISHED: November 14, 21, 28, December 5, 2019

TSG No.: 190983023-CA-MSI TS No.: CA1900285521 APN: 158-461-31 Property Address: 1213 PASEO HERMOSA OCEANSIDE, CA 92056
NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 06/09/1999. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 12/20/2019 at 09:00 A.M., First American Title Insurance Company, as duly appointed Trustee under and pursuant to Deed of Trust recorded 06/28/1999, as Instrument No. 1999-0449764, in book , page , of Official Records in the office of the County Recorder of SAN DIEGO County, State of California. Executed by: ROBERT L. SMITH AND MARILYN K. SMITH, HUSBAND AND WIFE, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (Payable at time of sale in lawful money of the United States) AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY THE STATUE 250 E. MAIN ST. EL CAJON CA All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED IN THE ABOVE MENTIONED DEED OF TRUST APN# 158-461-31 The street address and other common designation, if any, of the real property described above is purported to be: 1213 PASEO HERMOSA, OCEANSIDE, CA 92056 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$ 40,195.15. The beneficiary under said Deed of Trust has deposited all documents evidencing the obligations secured by the Deed of Trust and has declared all sums secured thereby immediately due and payable, and has caused a written Notice of Default and Election to Sell to be executed. The undersigned caused said Notice of Default and Election to Sell to be recorded in the County where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 or visit this Internet Web www.Auction.com, using the file number assigned to this case CA1900285521 Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. Date: First American Title Insurance Company 4795 Regent Blvd, Mail Code 1011-F Irving, TX 75063 First American Title Insurance Company MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE. FOR TRUSTEES SALE INFORMATION PLEASE CALL 800-280-2832NPP0363620 To: VILLAGE NEWS INC 11/21/2019, 11/28/2019, 12/05/2019

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case Number: 37-2019-00051840-CU-PT-CTL
TO ALL INTERESTED PERSONS
Petitioner:
KING PLAYBOY GODLY
Present Name:
KING PLAYBOY GODLY
Proposed Name:
PUSSY PLAYER WIFE'S

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: Dec. 19, 2019 Time: 9:00 am Dept: 903
The address of the court is 1100 Union Street, San Diego, CA 92101
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News
Date: 10-1-19 Signed: Peter C. Deddeh, Judge of the Superior Court.
LEGAL: 5148
PUBLISHED: November 7, 14, 21, 28, 2019

Sheriff's Sale Under Foreclosure

ATTORNEY OR PARTY WITHOUT ATTORNEY McCarthy & Holthus, LLP 411 Ivy Street San Diego, CA 92101 TELEPHONE NO.: (619) 685-4800 FAX NO.: (619) 685-4811 Attorney For: JPMorgan Chase Bank, National Association LEVYING OFFICER: San Diego County Sheriff's Office PO Box 85306 San Diego, CA 92186-5306 Phone:(619) 544-6401 Fax: (619) 236-2007 California Relay Service Number (800) 735-2929 TDD or 711 SUPERIOR COURT OF CALIFORNIA, COUNTY OF San Diego 325 S Melrose Dr. Vista, CA 92081 PLAINTIFF/ PETITIONER: JPMorgan Chase Bank, National Association DEFENDANT/RESPONDENT: Matthew J Hudson, et al. COURT CASE NUMBER: 37-2016-00023789 LEVYING OFFICER FILE NUMBER: 2019101411 Date:10/01/2019 In favor of: JPMorgan Chase Bank, National Association And against: San Diego County Treasurer-Tax Collector, 1600 Pacific Hwy Ste 162, San Diego, CA 92101,State of California Franchise Tax Board, 9646 Butterfield Way, Sacramento, CA 95827, Empire Resources Inc., a Nevada Corporation, 40005 S Shore Rd, Fallbrook, CA 92028, Matthew J Hudson, 40005 S Shore Rd, Fallbrook, CA 92028, Gustav Hudson, successor trustee of Empire Resources, Inc., 40005 S Shore Rd, Fallbrook, CA 92028, Michael G Hudson, 40005 S Shore Rd, Fallbrook, CA 92028, John Dunstan, 3573 Larga Circle, San Diego, CA 92110 Under a Writ of Sale issued out of the above court on 03/01/2019, on a judgment rendered on 02/28/2018 for the sum of \$660,537.34, I have levied upon all the rights, title, and interest of the judgment debtor(s), San Diego County Treasurer-Tax Collector, State of California Franchise Tax Board, Empire Resources Inc., a Nevada Corporation, John Dunstan, Michael G Hudson, Gustav Hudson, successor trustee of Empire Resources, Inc., Matthew J Hudson in the real property, in the County of San Diego, described as follows: Physical Address: 40005 S Shore Road, Fallbrook, CA 92028 Legal Description: PARCEL 1: ALL THAT PORTION OF SECTION 34 TOWNSHIP 8 SOUTH, RANGE 4 WEST, SAN BERNARDINO MERIDIAN, IN THE UNINCORPORATED AREA OF THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA ACCORDING TO THE OFFICIAL PLAT THEREOF, DESCRIBED AS FOLLOWS: BEGINNING AT THE SOUTHWEST CORNER OF THE NORTHWEST QUARTER OF THE NORTHEAST QUARTER OF SAID SECTION 34; THENCE SOUTH 86° 12' 53" EAST, 348.21 FEET; THENCE SOUTH 70° 02' 12" EAST, 426.83 FEET; THENCE NORTH 85° 39' 42" EAST, 89.81 FEET TO AN ANGLE POINT IN THE BOUNDARY OF LAND DESCRIBED IN PARCEL 1 OF DEED TO WILLIAM ROSE, ET UX, RECORDED MAY 3, 1962, AS FILE NO. 93194 OF OFFICIAL RECORDS, SAID ANGLE POINT BEING FORMED BY BEARINGS AND DISTANCES DESIGNATED AS SOUTH 80° 07' 20" WEST, 206.14 FEET AND NORTH 66° 29' 39" WEST, 171.70 FEET; THENCE ALONG SAID BOUNDARY, NORTH 80° 07' 20" EAST 206.14 FEET TO AN ANGLE POINT THEREIN; THENCE LEAVING SAID BOUNDARY, SOUTH 13° 54' 33" EAST, 624.42 FEET; THENCE SOUTH 64° 01' 22" WEST, 404.50 FEET; THENCE SOUTH 51° 44' 16" WEST, 210.48 FEET TO THE MOST EASTERLY CORNER OF LAND DESCRIBED IN DEED TO ROSS DAILY, ET AL, RECORDED OCTOBER 9, 1966, AS FILE NO. 177097 OF OFFICIAL RECORDS; THENCE ALONG THE BOUNDARY OF SAID LAND, SOUTH 67° 39' 21" WEST 283.13 FEET TO AN ANGLE POINT THEREIN AND POINT "A" OF THIS DESCRIPTIONS; THENCE LEAVING SAID BOUNDARY, NORTH 44° 35' 44" WEST 440.27 FEET TO A POINT IN THE NORTHWESTERLY BOUNDARY OF SAID LAND OF DAILY AND THE TRUE POINT OF BEGINNING; THENCE RETRACING THE LAST ABOVE MENTIONED COURSE TO SAID POINT "A"; THENCE ALONG THE BOUNDARY OF SAID LAND OF DAILY, SOUTH 09° 22' 31" EAST, 493.70 FEET SOUTH 48° 07' 18" EAST, 113.70 FEET TO THE NORTHWESTERLY BOUNDARY OF LAND DESCRIBED IN PARCEL 1 OF DEED TO L.R. D' ASSALENAUX, ET UX, RECORDED MAY 3, 1962, AS FILE NO. 93194 OF OFFICIAL RECORDS; THENCE ALONG SAID NORTHWESTERLY BOUNDARY, SOUTH 20° 52' 42" WEST, 550.29 FEET TO THE MOST EASTERLY CORNER OF LAND DESCRIBED IN PARCEL 1 OF DEED TO ROSCOE W. WALLS, ET UX, RECORDED MAY 4, 1964, AS FILE NO 80312 OF OFFICIAL RECORDS; THENCE ALONG THE NORTHEASTERLY LINE THEREOF, NORTH 31° 11' 39" WEST, 1023.62 FEET TO AN ANGLE POINT IN THE BOUNDARY OF SAID LAND BEING HEREINAFTER REFERRED TO AS POINT "G" OF THIS DESCRIPTION; THENCE LEAVING SAID BOUNDARY NORTH 37° 26' 05" EAST, 85.60 FEET; THENCE NORTH 27° 01' 40" WEST, 184.13 FEET TO POINT "H" OF THIS DESCRIPTION; THENCE NORTH 44° 11' 12" EAST, 19.58 FEET; THENCE NORTH 40° 35' 16" WEST, 37.12 FEET; THENCE NORTH 38° 14' 23" EAST, 82.51 FEET; THENCE NORTH 54° 05' 56" EAST, 300.06 FEET TO THE TRUE POINT OF BEGINNING. EXCEPTING THEREFROM THAT PORTION LYING SOUTHEASTERLY OF A LINE WHICH BEARS SOUTH 67° 39' 21" WEST, FROM SAID POINT "A". EXCEPTING THEREFROM ALL COAL AND OTHER MINERALS IN SAID LAND; TOGETHER WITH THE RIGHT TO PROSPECT FOR AND REMOVE THE SAME PURSUANT TO THE ACT OF DECEMBER 29, 1916 (39 STAT. 382) AS EXCEPTED AND RESERVED BY THE UNITED STATES OF AMERICA, IN PATENT RECORDED DECEMBER 22, 1934, IN BOOK 364, PAGE 235 OF OFFICIAL RECORDS. PARCEL 2: AN EASEMENT AND RIGHT OF WAY, TOGETHER WITH THE RIGHT TO CONVEY SAME TO OTHERS, FOR ROAD, SEWER, WATER, GAS, POWER AND TELEPHONE LINES AND APPURTENANCES THERETO, OVER, UNDER, ALONG AND ACROSS THOSE STRIPS OF LAND DESCRIBED AS PARCEL 2 IN DEED TO SIERRA PACIFIC SUPPLY, INC., RECORDED OCTOBER 13, 1961, AS FILE NO. 178256 OF OFFICIAL RECORDS. SAID EASEMENTS ARE HEREBY DECLARED TO BE APPURTENANT TO AND FOR THE USE AND BENEFIT OF THE PUBLIC AND ALL THE PRESENT AND/OR FUTURE OWNERS OF ALL OR ANY PORTION OF SECTIONS 3, 4 AND 5 IN TOWNSHIP 9 SOUTH, RANGE 4 WEST, SAN BERNARDINO MERIDIAN AND SECTIONS 22, 26, 27, 33 AND 34 IN TOWNSHIP 8 SOUTH, RANGE 4 WEST, SAN BERNARDINO MERIDIAN, ALL IN THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA. APN: 101-500-10-00 The property to be sold is NOT subject to the right of redemption. The amount of the secured indebtedness with interest and costs: \$660,562.34 (estimated) Minimum Bid (If applicable): PROSPECTIVE BIDDERS SHOULD REFER TO SECTIONS 701.510 to 701.680, INCLUSIVE, OF THE CODE OF CIVIL PROCEDURE FOR PROVISIONS GOVERNING THE TERMS, CONDITIONS, AND EFFECT OF THE SALE AND THE LIABILITY OF DEFAULTING BIDDERS. (CCP 701.547) PUBLIC NOTICE IS HEREBY GIVEN that I will proceed to sell at public auction to the highest bidder, for cash in lawful money of the United States, all the rights, title and interest of said judgment debtor(s) in the above described property, or so much thereof as may be necessary to satisfy said Writ or warrant, with accrued interest and costs on: Date and Time of Sale: 12/18/2019 11:00 AM Location: 1409 4th Ave. San Diego, CA 92101 William D. Gore, Sheriff /s/ R. McComb 9950, Sheriff's Authorized Agent LIENS MAY BE PRESENT WHICH MAY OR MAY NOT SURVIVE THIS LEVY Published 11/14/19, 11/21/19, 11/28/19

NOTICE OF INTENT TO PREPARE A SUPPLEMENTAL ENVIRONMENTAL ASSESSMENT (SEA) AND NOTICE OF AVAILABILITY

CONSTRUCTION, OPERATION, AND DECOMMISSIONING OF PHOTOVOLTAIC AND NATURAL GAS ENERGY GENERATION FACILITIES AT MARINE CORPS BASE (MCB) CAMP PENDLETON, SAN DIEGO COUNTY, CALIFORNIA

The United States Marine Corps (USMC) is preparing an SEA to analyze the potential environmental impacts of a proposal to add battery energy storage systems to the Stuart Mesa solar photovoltaic (PV) system site that was analyzed in a 2015 Environmental Assessment (but not yet constructed). In addition, this SEA includes the construction, operation, and decommissioning of a natural gas power plant in either the 24 or 26 Areas on MCB Camp Pendleton and associated utility infrastructure improvements to support MCB Camp Pendleton's energy resiliency requirements. The two energy generating facilities (PV and natural gas) are both included in the Proposed Action. The Department of the Navy (DoN) and a private partner would enter into an agreement to allow the private partner to lease DoN land to construct, operate, own, and eventually decommission the solar PV and battery energy storage systems and the natural gas power plant. Once the facilities are operational, the private partner would sell the power to regional customers, but in case of regional grid failure, there would also be the capability to feed the electricity into MCB Camp Pendleton's electrical grid. The SEA is expected to be completed in 2020.

The environmental analysis under NEPA has not been completed, however the first two chapters of the SEA, the Description of the Proposed Action and Alternatives (DOPAA), can be downloaded at <https://www.pendleton.marines.mil/Staff-Agencies/Environmental-Security/>.

The USMC is requesting public input on the scope of analysis and environmental resources to be considered in the SEA for the proposed action. The SEA will be used to determine whether a Finding of No Significant Impact will be prepared, or if an Environmental Impact Statement is required. Electronic or written comments concerning the proposed action will be accepted through **December 9, 2019**.

MCIWEST-MCB Camp Pendleton
Environmental Security Office
Box 555200, Bldg. 22165
Camp Pendleton, CA 92055
PNDL_ENV-NEPA@usmc.mil

Published: November 14, 21, 28 2019

NATIONAL NEWS

AG Barr: Epstein’s death was a ‘perfect storm of screw-ups’

Michael Balsamo
Associated Press

Attorney General William Barr said he initially had his own suspicions about financier Jeffrey Epstein’s death while behind bars at one of the most secure jails in America but came to conclude that his suicide was the result of “a perfect storm of screw-ups.”

In an interview with The Associated Press, Barr said his concerns were prompted by the numerous irregularities at the New York jail where Epstein was being held. But he said after the FBI and the Justice Department’s inspector general continued to investigate, he realized there were a “series” of mistakes made that gave Epstein the chance to take his own life.

“I can understand people who immediately, whose minds went to sort of the worst-case scenario because it was a perfect storm of screw-ups,” Barr told The Associated Press as he flew to Montana for an event.

Barr’s comments come days after two correctional officers who were responsible for guarding the wealthy financier when he died were charged with falsifying prison records. Officers Tova Noel and Michael Thomas are accused of sleeping and browsing the internet – shopping for furniture and motorcycles – instead of watching Epstein, who was

supposed to be checked on every 30 minutes.

Epstein took his own life in August while awaiting trial on charges he sexually abused girls as young as 14 and young women in New York and Florida in the early 2000s.

His suicide cast a spotlight on the federal Bureau of Prisons, which has been plagued by chronic staffing shortages and outbreaks of violence. The indictment unsealed this week against the officers shows a damning glimpse of safety lapses inside a high-security unit at the Metropolitan Correctional Center in Manhattan.

But the indictment also provided new details that reinforce the idea that, for all the intrigue regarding Epstein and his connections to powerful people, his death was a suicide – as the city’s medical examiner concluded – and possibly preventable.

A lawyer for Thomas, Montell Figgins, said both guards are being “scapegoated.”

The attorney general also sought to dampen conspiracy theories by people who have questioned whether Epstein really took his own life, saying the evidence proves Epstein killed himself. He added that he personally reviewed security footage that confirmed that no one entered the area where Epstein was housed on the night he died.

Epstein was placed on suicide watch after he was found July 23 on his cell floor with bruises on his neck but was taken off the heightened watch about a week before his death, meaning he was less closely monitored but still supposed to be checked on every 30 minutes. He was required to have a cellmate, but he was left with none after his cellmate was transferred out of the MCC Aug. 9, the day before his death, the indictment said.

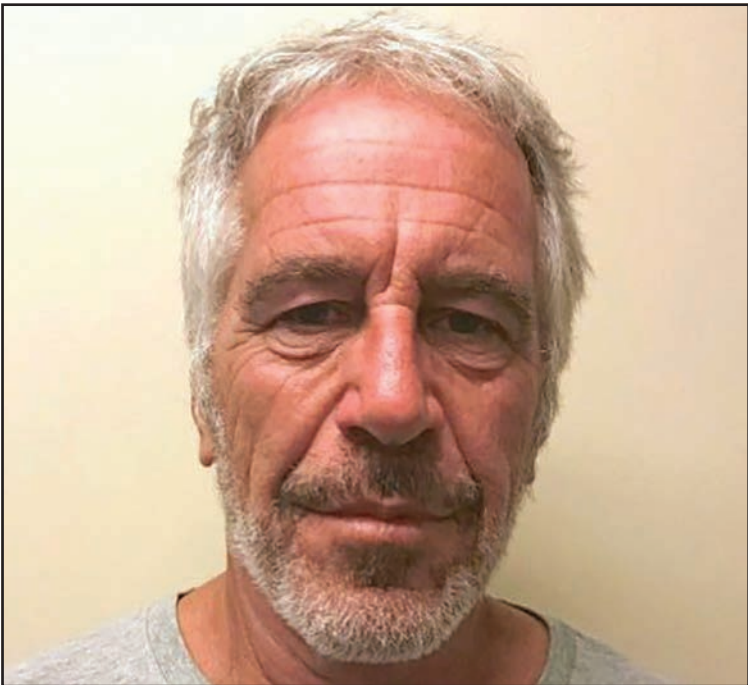
Epstein was found unresponsive in his cell when the guards went to deliver breakfast. One of the guards told a supervisor then that they hadn’t done their 3 a.m. or 5 a.m. rounds, according to the indictment.

The Justice Department is still investigating the circumstances that led to Epstein’s death, including why he wasn’t given a cellmate.

“I think it was important to have a roommate in there with him and we’re looking into why that wasn’t done, and I think every indication is that was a screw-up,” Barr said. “The systems to assure that was done were not followed.”

Epstein’s death ended the possibility of a trial that would have involved prominent figures and sparked widespread anger that he wouldn’t have to answer for the allegations.

Even with his death, federal



This March 28, 2017, file photo, provided by the New York State Sex Offender Registry, shows Jeffrey Epstein. Attorney General William Barr says Jeffrey Epstein’s death was the result of a “perfect storm of screw-ups.” Barr’s comments in an interview Thursday come days after two New York correctional officers responsible for guarding Epstein were charged with falsifying prison records.

prosecutors in New York have continued to investigate the allegations against Epstein. Barr, who has vowed to aggressively investigate and bring charges against anyone who may have helped Epstein, said investigators were making good progress in

the case.

“They are definitely pushing things along,” Barr said. “I’ll just say there is good progress being made, and I’m hopeful in a relatively short time there will be tangible results.”

FBI lawyer suspected of altering Russia probe document

Eric Tucker and Deb Riechmann
Associated Press

An FBI lawyer is suspected of altering a document related to surveillance of a former Trump campaign adviser, a person familiar with the situation said Friday.

President Donald Trump, who has long attacked as a “hoax” and a “witch hunt” the FBI’s investigation into ties between Russia and his 2016 presidential campaign, immediately touted news reports about the allegations to assert that the FBI had tried to “overthrow the presidency.”

The allegation is part of a Justice Department inspector general investigation into the early days of the FBI’s Russia probe, which was ultimately taken over by special counsel Robert Mueller and resulted in charges against six Trump associates and more than two dozen Russians accused of interfering in the election. Inspector General Michael Horowitz is expected to release his report Dec. 9. Witnesses in the last two weeks have been invited in to see draft sections of that document.

The release of the inspector general report is likely to revive debate about the investigation that has shadowed Trump’s presidency since the beginning. It is centered in part on the FBI’s use of a secret surveillance warrant to monitor the communications of former Trump campaign adviser Carter Page.

“This was spying on my campaign – something that has never been done in the history of our country,” Trump told “Fox & Friends” Friday. “They tried to overthrow the presidency.”

The allegation against the lawyer was first reported by CNN. The Washington Post subsequently reported that the conduct of the FBI employee didn’t alter Horowitz’s finding that the surveillance application of Page had a proper legal and factual basis, an official told the Post, which said the lawyer was forced out.

A person familiar with the case who was not authorized to discuss the matter by name and spoke to AP only on the condition of anonymity confirmed the allegation. Spokespeople for the FBI and the inspector general declined to comment Friday.

The FBI obtained a secret surveillance warrant in 2016 to monitor the communications of Page, who was never charged in the Russia investigation or accused of wrongdoing. The warrant, which was renewed several times and approved by different judges in 2016 and early 2017, has been one of the



In this Nov. 2, 2017, photo, Carter Page, a foreign policy adviser to Donald Trump’s 2016 presidential campaign, speaks with reporters following a day of questions from the House Intelligence Committee, on Capitol Hill in Washington. (AP Photo/J. Scott Applewhite)

most contentious elements of the Russia probe and was the subject of dueling memos last year issued by Democrats and Republicans on the House Intelligence Committee.

Republicans have long attacked the credibility of the warrant application since it cited information derived from a dossier of opposition research compiled by Christopher Steele, a former British spy whose work was financed by Democrats and the Hillary Clinton campaign.

“They got my warrant – a fraudulent warrant, I believe – to spy on myself as a way of getting into the Trump campaign,” Page said in an interview with Maria Bartiromo on Fox’s “Mornings with Maria.” “There has been a continued cover-up to this day. We still don’t have the truth, but hopefully, we’ll get that soon.”

FBI Director Chris Wray has told Congress that he did not consider the FBI surveillance to be “spying” and that he has

no evidence the FBI illegally monitored Trump’s campaign during the 2016 election. Wray said he would not describe the FBI’s surveillance as “spying” if it’s following “investigative policies and procedures.”

Attorney General William Barr has said he believed “spying” did occur, but he also made clear at a Senate hearing earlier this year that he had no specific evidence that any surveillance was illegal or improper. Barr has appointed U.S. Attorney John Durham to investigate how intelligence was

collected, and that probe has since become criminal in nature, a person familiar with the matter has said.

But Trump insists that members of the Obama administration “at the highest levels” were spying on his 2016 campaign. “Personally, I think it goes all the way. ... I think this goes to the highest level,” he said in the Fox interview. “I hate to say it. I think it’s a disgrace. They thought I was going to win and they said, ‘How can we stop him?’”

NOTICE OF TRUSTEE'S SALE UNDER DEED OF TRUST Loan No.: ANDERSON RESS Order No.: 76813 A.P. NUMBER 109-392-18-00 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 01/10/2018, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY. IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NOTICE IS HEREBY GIVEN, that on 12/23/2019, at 10:00AM of said day, At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020, RESS Financial Corporation, a California corporation, as duly appointed Trustee under and pursuant to the power of sale conferred in that certain Deed of Trust executed by EDWARD ANDERSON AND YOLANDA ANDERSON recorded on 02/07/2018, in Book N/A of Official Records of SAN DIEGO County, at page N/A, Recorder's Instrument No. 2018-0050487, by reason of a breach or default in payment or performance of the obligations secured thereby, including that breach or default, Notice of which was recorded 7/8/2019 as Recorder's Instrument No. 2019-0270003, in Book n/a, at page n/a, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH, lawful money of the United States, evidenced by a Cashier's Check drawn on a state or national bank, or the equivalent thereof drawn on any other financial institution specified in section 5102 of the California Financial Code, authorized to do business in the State of California, ALL PAYABLE AT THE TIME OF SALE, all right, title and interest held by it as Trustee, in that real property situated in said County and State, described as follows: complete Legal description attached hereto Exhibit A Parcel 1: Those Portions Of The Southwest Quarter Of The Southwest Quarter Of Section 3 And Of The Southeast Quarter Of The Southeast Quarter Of Section 4, All In Township 9 South, Range 2 West, San Bernardino Meridian, In The County Of San Diego, State Of California, According To Official Plat Thereof, Described As Follows: Commencing At The Southwest Corner Of Said Section 3; Thence Along The Southerly Line Of Said Section 3, North 89° 45' 04" East 1329.06 Feet To The Southeast Corner Of The Southwest Quarter Of The Southwest Quarter Of Said Section 3; Thence Along The Easterly Line Of Said Southwest Quarter Of The Southwest Quarter, North 02° 59' 29" West 510.94 Feet To The Southeasterly Corner Of Land Described In Deed To Alvin Webster Baer, Jr., Et Ux, Recorded December 21, 1964 As File No. 230300; Thence Along The South Line Of Said Baer's Land West 980.37 Feet To The True Point Of Beginning; Thence North 2° 58' 36" West 240.93 Feet; Thence South 82° 32' 12" West 675.84 Feet To The Westerly Line Of The Land Described In Parcel 1-B In Deed To Fred Moss Land, Inc., Recorded July 25, 1969 As Document No. 134405 Of Official Records, Being In The Center Line Of County Road Survey No. 601; Thence Along Said Center Line South 09° 55' 28" East 155.14 Feet To The Southwesterly Corner Of Said Land Described In Parcel 1-B; Thence Along The Southerly Line Thereof East 655.85 Feet To The True Point Of Beginning. Parcel 2: An Easement And Right Of Way For Road And Public Utility Purposes Over, Under, Along And Across A Strip Of Land 30.00 Feet In Width Lying Within The Southwest Quarter Of The Southwest Quarter Of Section 3 And Within The Southeast Quarter Of The Southeast Quarter Of Section 4, All Being In Township 9 South, Range 2 West, San Bernardino Meridian, In The County Of San Diego, State Of California, According To Official Plat Thereof, The Northerly Line Of Said Strip Being Described As Follows: Beginning At The Southwesterly Corner Of Parcel 1 Hereinabove Described, Being A Point On The Center Line Of County Road Survey No. 601 As Described In Deed To The County Of San Diego, Recorded October 29, 1947 In Book 2527 Page 140 Of Official Records; Thence Due East Along The South Line Of Said Parcel 1 Above A Distance Of 655.85 Feet. The Southerly Line Of Said Strip To Be Prolonged Or Shortened So As To Terminate On The West In The Center Line Of Said Road Survey No. 601. Assessor's Parcel Number: 109-392-18-00 The street address or other common designation of the real property hereinabove described is purported to be: SAID LAND HAS NO KNOWN STREET ADDRESS OR OTHER COMMON DESIGNATION. Direction may be obtained by written request submitted to the undersigned within 10 days from the date of initial publication of Notice.. The undersigned disclaims all liability for any incorrectness in said street address or other common designation. Said sale will be made without warranty, express or implied regarding title, possession, or other encumbrances, to satisfy the unpaid obligations secured by said Deed of Trust, with interest and other sums as provided therein; plus advances, if any, thereunder and interest thereon; and plus fees, charges, and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of said obligations at the time of initial publication of this Notice is \$73,632.85. In the event that the deed of trust described in this Notice of Trustee's Sale is secured by real property containing from one to four single-family residences, the following notices are provided pursuant to the provisions of Civil Code section 2924f: NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call telephone number for information regarding the trustee's sale 916-939-0772 or visit this Internet Web site www.nationwideposting.com for information regarding the sale of this property, using the file number assigned to this case 190710 Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION CALL : 916-939-0772 C/O C.N.A. FORECLOSURE SERVICES, INC., A CALIFORNIA CORPORATION as said Trustee. 2020 CAMINO DEL RIO N. #230 SAN DIEGO, CALIFORNIA 92108 (619) 297-6740 DATE: 11/21/2019 KIMBERLY CURRAN TRUSTEE SALE OFFICER NPP0364075 To: VILLAGE NEWS INC 11/28/2019, 12/05/2019, 12/12/2019

EDUCATION

Zion Christian Preschool director says yes to the mess



Preschoolers at Zion Christian Preschool play in their new mud kitchen.

Lana Janey

Special to Village News

A few weeks ago, one of our families came into my office with a request and a sweet brown-eyed girl looked up at me and hopefully said, “Can we have a mud kitchen?”

I didn’t even hesitate to say “Yes!”

Her parents told me they wanted to donate one to our preschool, and I was thrilled. I knew my staff would embrace it, despite

the inconvenience, but convincing some of our parents might be a bit trickier.

I clearly remember, as a parent of young children, not wanting to bring out messy activities too often because I didn’t want to deal with the cleanup or laundry. The idea of my young children engaged in frequent mud play at that time of my life bordered on unthinkable in this neat freak’s mind.

A few years of intensive study in child development, however, has changed my perspective. Mud play

for children has some amazing benefits for children who learn about their world through hands on sensory experiences.

In addition to being a wonderful sensory experience, it is a fantastic way to strengthen both fine and large motor skills as children use hands to scoop dirt, mix it with water, pound it into molds or shape it with their hands.

Many positive approaches to learning come into play as a child focuses on the task at hand, experiments with materials, discovering cause and effect and engages in problem-solving – science at its best.

Math concepts are built as children measure materials and learn experientially about volume and density. Communication and social skills are strengthened as children engage in collaborative efforts. Complex negotiating skills take place between two young chefs who both want the same muffin pan, and resolve to take turns.

Without question, my favorite thing about mud kitchens is the creativity and imagination I’ve witnessed. I’ve often been

invited to eat at a new business owner’s restaurant. Children are marvelously creative and have offered me many things I’ve never tried... chocolate soup, peanut butter lasagna and macaroni and cheese ice cream, to name a few.

Small waiters have taken my order and asked me to pay \$100 for a salad. When I exclaim “So expensive!” I’m inevitably asked “What does that mean?” and I get

to add a new “juicy” word to a child’s growing vocabulary.

In addition to all of the above reasons to say “yes” to the mess, there have been a number of studies in recent years that suggest that playing in the dirt has been found to reduce allergy and asthma symptoms, alleviate stress and boost the immune system – just search the internet for the “benefits to mud play” for more information.



The mud kitchen furniture and tools are a donation to the preschool from the parents of one of its students.

National Charity League, San Luis Rey chapter, holds a “Mad Hatter” Tea and Fashion Show



The 10th-grade models from the National Charity League, San Luis Rey chapter, wear Alice-inspired attire for their tea and fashion show, including from left, Candace Ewig, Sophie Hunter, Naiya Kurnik, Emily Schmierer, Isabella Gilmore, Ericka Nash, Alexa Pierson and Milana Collier.



Senior Ticktockers from the class of 2020 enjoy their last National Charity League Mother-Daughter Tea with the San Luis Rey chapter.

FALLBROOK – The San Luis Rey chapter of National Charity League held its annual formal Mother-Daughter Tea and Fashion Show at the Vista Valley Country Club, Oct. 27. This year’s theme was “Mad Hatter Tea Time” complete with pink flamingos, teacups and whimsical floral centerpieces.

Grace Bender and Christy Best provided the creativity and hard work behind this year’s storybook-like tea party which concluded with a fashion show inspired by

the Alice in Wonderland theme.

NCL members enjoyed sipping tea and sampling a variety of finger sandwiches and desserts. Guests were treated to a fashion show which showcased the Ticktockers class of 2022.

The 10th grade Ticktockers spent the weeks leading up to the tea in training with Git Boddart learning etiquette, modeling techniques, makeup and hair in preparation for modeling in an “Alice in Wonderland” themed fashion show.

The Ticktockers each modeled three outfits that were unique to their personality and style. The outfits included formal tea attire, something sporty and their personal rendition of characters from Alice in Wonderland including Alice, Mad Hatter, White Rabbit, Tweedle Dee, Queen of Hearts, Caterpillar and Cheshire Cat.

This fundraising event also included a silent auction of gift baskets, donated by NCL members and organized by Denell Robles, which raised monies that will be distributed to many of the local nonprofit organizations that NCL supports.

National Charity League Inc. is the nation’s premier mother-daughter nonprofit organization.

The six-year core program includes leadership development, community service and cultural experiences. Members contributed more than 1.4 million volunteer hours to more than 4,000 local philanthropy partners last year alone.

Submitted by the San Luis Rey chapter of National Charity League.

Bonsall High graduate receives scholarship for families of fallen service members

Will Fritz

Associate Editor

Six students from San Diego County, including a high school graduate from Bonsall, received Folds of Honor KidCents education scholarships totaling \$30,000 earlier this month.

Associates at a San Diego Rite Aid presented the six with their scholarships during an in-store event Nov. 7.

Folds of Honor is a nonprofit that provides educational scholarships to families of military service members who were killed or disabled while on active duty.

MiaCai Meluat, who graduated from Bonsall High School earlier this year, received \$5,000 to go toward educational expenses at the University of Hawaii, where she began her freshman year this fall.

Meluat said she was born on the island of Guam while her father, Marine Corps Cpl. Jaygee Ngirmidol Meluat, was stationed there. He was reassigned to Camp Pendleton not long after she was born, and she grew up in the Fallbrook-Bonsall area.

Meluat said her father was killed

in action on her third birthday in 2004 while deployed in Iran.

“I don’t have many memories of him, but I’m grateful for his service,” Meluat said.

She said she found out about the Folds of Honor scholarship opportunity during her senior year of high school while attending Snowball Express, a four-day event at Disney World for families with children who have lost a parent during military service.

“They host a really special event for us and there they had resources to help families, from scholarships to outreach and support systems,” Meluat said. “My mom took me to that resource area and the scholarship tables, and we came across this one.”

She said the money will help with tuition, her meal plan, food and board.

Folds of Honor has awarded nearly 20,000 scholarships in 50 states and some U.S. territories since it was founded in 2007, including approximately 4,000 scholarships in 2018 alone.

Will Fritz can be reached by email at wfritz@reedermedia.com.

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Bird of Paradise looks exotic, but is drought tolerant



The *Strelitzia reginae* is the best known orange flowering Bird of Paradise that grows all over Southern California.

Roger Boddaert
Special to Village News

Does the exotic-looking Bird of Paradise bring to mind faraway islands where palm trees sway and everyone drinks out of a coconut? In Southern California gardens, the tropical-looking Bird of Paradise can give home gardeners a tidbit of that exotic getaway feeling.

The Strelitziaceae family is fairly small but is filled with some dramatic perennial low plants to towering giant-trunked trees out in the garden.

Strelitzia reginae is the traditional Bird of Paradise flowers residents are now seeing in the early blooming season. This drought-tolerant plant can be used for a tropical looking poolside planting or nestled amongst some boulders.

It’s clean evergreen foliage and spectacular flower spikes that erupt out of the center of the blade-like leaves can look at home in many settings. Each individual flower has a colorful combination of a smooth creamy orange and a deep ocean blue which are very striking to the eye. I call them drama-queens out in the landscape.

These plants come from South Africa and live fairly close to the coastal influence. The plants flower in just the opposite of Fallbrook’s equatorial conditions and are very happy around gardens in San Diego for wintertime color.

These plants were originally discovered by the famous plantsman Joseph Banks in 1733 and named after the Duchess of Mecklenburg Strelitz. The species name comes from the Latin word “reginae” meaning queen.

The Bird of Paradise was dedicated as the official Los Angeles city flower in 1952 by some avid horticulturists and the city fathers. The coral tree erythrina also from South Africa is the city’s flowering tree.

From fall to springtime, Birds of Paradise are a very productive cut flower crop and plantations are dotted throughout frost-free growing areas of Fallbrook, Bonsall, Oceanside, North County and beyond.

Bird of Paradise plants can range from 4-6 feet in height and spread in width over time, so give them some space when planting them out in a landscape.

They can make excellent container plants for a while, but in time will have to be uplifted and set out into the garden. They are very appealing in wooden olive barrels or big terra-cotta containers.

I grow a lot of plants in containers in the nursery section of my garden and will move them out to a focal point that needs a

little seasonal punch when they are at the highlight of their flowering season.

Landscaping is like decorating, and everyone does that all the time in their homes, rearranging items all the time; plants in potted containers can do that as well and add variations upon a theme.

Due to the flower’s exotic and colorful look, they are shipped off to floral boutiques in New York, Chicago and other eastern cities as cut flowers and can fetch up to \$15 per stem.

So, as the snow is falling, a single stem of Bird of Paradise can be a heart warmer and remembrance of that trip to Maui with the children many a moon ago.

When I arrange flowers, I love the Bird of Paradise’s blue-green foliage and use them along with Proteas, Banksia, Leucodendron and pin-cushions. In combination, they make a handsome match.

Strelitzia Nicolai is the white flowering, giant Bird of Paradise tree form and, for this plant, there really must be room in the garden setting, for it can grow upward of 30-feet-plus for older specimens.

Its white flowers are borne within the large stalky leaves and will produce viable seeds if a gardener wants to grow some. Hummingbirds find the nectar attractive in these plants and will hover over the flowers for a sip or two. Isn’t that interesting, a small hummingbird milking another form of a bird plant for sustenance?

Due to its largeness and height, the proper placement of the giant Bird of Paradise must be well thought out, and it can also be used as a plant screening element for a landscape.

The tropical look of both the smaller version and the larger version works well with many types of palms, plumerias, aloes, schefflera, large philodendrons

succulents and bamboos. But, as with any landscape design, the gardener must figure out each plant’s ultimate size as they mature. Once again, I say, “plan before you plant.”

Strelitzia juncea (parviflora) is another form of the Bird of Paradise, but this plant has slender tubular leaves that do not look like a leaf at all. The flowers are just like the regular birds, but its tall, slender leaf stems have a small “spoonbill” at the tips. There is an extreme difference from leaf to leaf.

For those who are now interested in this plant family, “Mandela’s Gold” Bird of Paradise is a hybrid cultivar that was in the breeding program for over 20 years at the Kirstenbosch Botanical Gardens in Cape Town, South Africa.

In lieu of the bright orange as the dominant color, these sepals have a soft subtle gold hue so the plant was named “Mandela’s Gold” Bird of Paradise after Nelson Mandela.

A lot of these unique Bird of Paradise plants can be found at the Botanical Partners nursery in Vista just down the road; ask for Ralph.

The plant world is so varied that it has an incredible spectrum from the Northern Hemisphere to the dry plains, the humid rainforest and beyond. It’s amazing what this earth supports in flora and fauna, and it is everyone’s responsibility to tend and work on the preservation of every species that is left.

I hope everyone will do their part today in preserving and protecting the environment, for it’s the only earthly we have.

Roger Boddaert is a landscape designer, horticulturist and certified arborist who has been creating beautiful and sustainable gardens in Southern California all his life. He can be reached at (760) 728-4297.



The “Mandela’s Gold” hybrid of the Bird of Paradise comes from South Africa.



Giant white *Strelitzia Nicolai* in bloom with huge tropical leaves



Strelitzia juncea “spoonbill” Bird of Paradise is a unique-looking plant.



The leaves of the different *Strelitzia* plants are different sizes; from left, the *Strelitzia Nicolai*, *Strelitzia juncea* and the *Strelitzia reginae*.



A nursery grows Bird of Paradise in containers.

REAL ESTATE AND HOME & GARDEN

Camp Pendleton preserves Native American culture



Mel Vernon, a captain of the San Luis Rey Band of Mission Indians, poses with a coyote skin bag at the Los Flores Ranch during a gathering to celebrate the historical significance of National Native American Heritage Month. The bag is a replica of how members of the Luiseño and Juaneño tribes would make bags from animal pelts.

Lance Cpl. Melissa Ugalde
U.S. Marine Corps Base Camp Pendleton

Marine Corps Base Camp Pendleton was established Sept. 25, 1942, along the Southern California coastline. Before then, Camp Pendleton’s 125,000 acres of land was home to over 1,000 years of Native American culture and heritage. More than 10,000 years ago, California was inhabited by more than 300,000 natives, residing in more than 500 separate villages. Preserving this rich history and culture is important to Camp Pendleton and allows for current and future generations to marvel in awe of the beauty and serenity of Native American way of life.

“Environmental Security manages and protects the native historic sites aboard base,” Faye Jonason, the history and museum director for Camp Pendleton, Marine Corps Installations-West, said. “Some artifacts from early times are displayed at the Bunk House Museum aboard base.” Environmental Security also maintains the relationship between the Marine Corps and the standing tribes around Camp Pendleton. “It’s important to recognize the diverse cultures of our Nation’s first peoples, the contributions they’ve made to our country and their history, struggles and accomplishments since Europeans first came here,” Kelli Brasket, the cultural resources program manager for Camp Pendleton,



Tools, jewelry, artifacts and basketry are on display at the San Luis Rey Band of Mission Indians gathering on the grounds of the historical Las Flores Ranch Nov. 3. The ranch was once a Luiseño Village named Ushmae, “place of the roses.” Cpl. Sarah Wolff photo

Marine Corps Installations-West, said. There are many tribes that call the surrounding area home, including: the Pauma Band of Luiseño Indians, Pala Band of Mission Indians, Rincon Band of Luiseño Indians, Pechanga Band of Luiseño Indians, Soboba Band of Luiseño Indians, La Jolla Band of Luiseño Indians, San Luis Rey Band of Mission Indians, and the Juaneño Band of Mission Indians. The Luiseño and Juaneño tribes were named after two of the 21 missions established, San Luis Rey and San Juan Capistrano Mission. Many of these bands are federally recognized sovereign nations. Camp Pendleton maintains a government-to-government relationship with them and regularly consults with these tribes on a number of subjects including the identification, protection and management of the archaeological and tribal resources located aboard the installation. Camp Pendleton complies with federal laws and regulations which govern archaeological and historic sites. These laws include the National Historic Preservation Act, Archaeological Resources Protection Act and the Native American Graves and Repatriation Act, among others.

The NHPA specifically requires federal agencies to preserve and manage its historic properties. Historic properties include archaeological sites, buildings, objects and districts. The Camp Pendleton Cultural Resources Program identifies, evaluates, and documents historic properties in order to preserve and manage them. The program also consults with local Native American tribes regarding the significance of archaeological sites and traditional cultural properties. In 1990, the month of November was first designated as Native American History Month by former President George H. W. Bush. The month is a time to honor Native American heritage, traditions and history, as well as serve as a day to educate and reflect on the challenges these native peoples have faced.



Members of the San Luis Rey Band of Mission Indians sing inter-tribal songs to the rhythmic beat of a drum during a gathering at the Las Flores Ranch.

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Mouse in Escondido tests positive for hantavirus

Gig Conaughton
San Diego County Communications Office

A western harvest mouse collected in Escondido has tested positive for hantavirus and San Diego County officials are reminding people to never sweep or vacuum up after rodents if they find them in homes, garages, sheds and living spaces.

The mouse was collected by County Vector Control surveillance in routine monitoring. Vector Control monitors the populations of vectors – animals like ticks, rodents and mosquitoes – that can transmit diseases to people.

The main carriers of hantavirus are wild rodents, particularly wild mice.

Rodents shed the virus through their urine, droppings and saliva. Hantavirus can cause deadly infections in people and there is no vaccine or cure for it. People can be exposed to hantavirus by inhaling it in when infected urine, feces and saliva dries and is stirred into the air.

Because of that, Vector Control officials said if people find wild rodents or nests in living spaces like homes, garages and sheds, they should never sweep or vacuum up. Instead, if people have to clean, they should ventilate the areas and “wet clean,” using gloves, bags and bleach and water solutions or disinfectants.

Hantavirus is common in San Diego County. This year, 36 wild rodents from various parts of the county have tested positive for hantavirus. Even so, people are generally unlikely to become exposed to wild rodents because those animals prefer to live away from people. However, wild



rodents can seek shelter in homes, garages and sheds.

Use these tips for people to prevent being exposed to wild rodents and hantavirus, along with instructions for how to use wet-cleaning methods.

First, avoid exposure to hantavirus. Seal up all external holes in homes, garages and sheds larger than a dime to keep rodents from getting in.

Eliminate rodent infestations immediately. Avoid rodent-infested areas and do not stir up dust or materials that may be contaminated with rodent droppings and urine. Clean up rodent droppings and urine using the wet cleaning method described below.

Next, use “wet-cleaning” methods to prevent inhaling the virus.

Do not sweep or vacuum infested areas. Ventilate affected area by

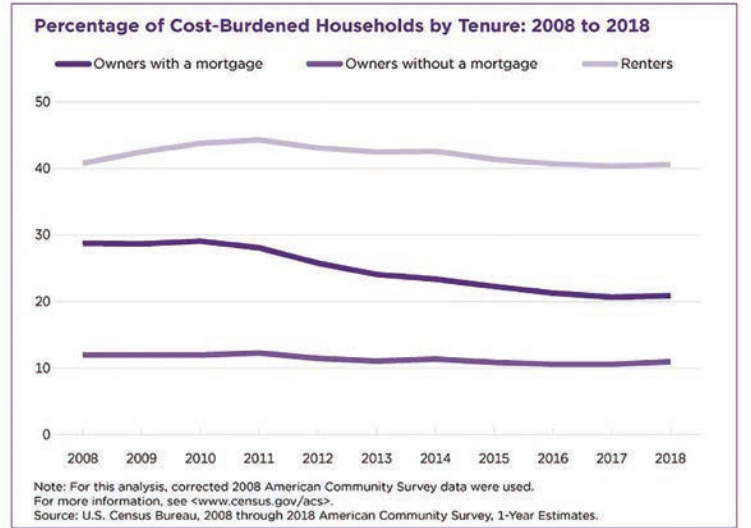
opening doors and windows for at least 30 minutes.

Use rubber gloves. Spray a 10% bleach solution or other disinfectants onto dead rodents, rodent droppings, nests, contaminated traps and surrounding areas and let the disinfectant stand for at least 15 minutes before cleaning. Clean with a sponge or a mop that has been soaked in disinfectant.

Place disinfected rodents and debris into two plastic bags, seal them and discard in the trash. Wash gloves in a bleach solution, then soap and water and dispose of them using the same double-bag method. Thoroughly wash hands with soap and water.

For more information, contact the County Department of Environmental Health at (858) 694-2888 or visit the DEH hantavirus webpage.

A decade after the recession, housing costs ease for homeowners



Christopher Mazur
U.S. Census Bureau

The housing cost burden has eased for U.S. homeowners but remained stagnant for renters since the peak of the recession in 2008.

Recently released data from the American Community Survey estimated the percentage of “burdened” households, or those that spend at least 35% of their monthly income on housing costs, and provides a 10-year look at the trends from 2008 to 2018.

An estimated 40.6% of rental unit residents spent 35% or more of their monthly household income on rent and utility bills last year.

Burden depends on mortgage status

There were 77.7 million owner-occupied housing units in the United States in 2018. Approximately 62% of these homeowners had a mortgage, down 6.5 percentage points from 2008.

For the purposes of this analysis, a burdened owner-occupied household is one where the homeowner spends 35% or more of their monthly household income on mortgage payments, utility bills, real estate taxes, property insurance and any required condominium or mobile home fees.

In 2018, 20.9% of homeowners with a mortgage were burdened. That’s down about eight percentage points from 10 years before when 28.8% of homeowners with a mortgage were burdened.

Housing costs also eased slightly for homeowners without a mortgage or who own their homes free and clear.

According to the ACS, even without a mortgage payment, 11% of these households were burdened in 2018, compared with 12% in 2008.

Renters still burdened

The picture wasn’t quite as bright for the nation’s 43.8 million renters. An estimated 40.6% of rental unit residents spent 35% or more of their monthly household income on rent and utility bills last year. That’s a dip of only 0.2 percentage points from 2008 when 40.8% of renters were burdened.

The ACS is an ongoing survey that publishes annual estimates on a range of housing, demographic, social and economic characteristics. ACS estimates from 2008 were based on data corrected after they were originally released.

Christopher Mazur is a survey statistician in the Housing Statistics Branch in the Census Bureau’s Social, Economic and Housing Statistics Division.

Municipal wastewater-system clogs mostly caused by items not labeled “flushable”

SACRAMENTO – With clogs and problems in California’s wastewater systems continuing to make headlines, INDA, the Association of the Nonwoven Fabrics Industry and the Responsible Flushing Alliance are raising awareness that many clogs in wastewater systems persist because items not labeled “flushable” are being flushed. These items include baby wipes, disinfecting wipes, hand and face wipes, feminine care products, washroom paper towels and other products not labeled as “flushable.”

Forensic studies undertaken to find the causes of wastewater system clogs and accumulations have found that 98-99% of the materials that are actually causing clogs are mostly hygiene products not intended to be flushed. These studies were conducted by municipal wastewater agencies in the United States and the United Kingdom to better understand precisely what categories of items are flushed, or in stormwater combined systems, washed into their systems and contributing to

system upsets.

“It is important that we all do our part to protect plumbing and sewer systems by looking for the ‘flushable’ label before flushing any wipe. Anything without that label should go in the trash,” Dave Rousse, president of INDA, said. “INDA promotes proper disposal by encouraging manufacturers to use the universal ‘Do Not Flush’ symbol, which is found on most baby wipes and surface cleaning wipes.”

As compared to baby wipes and other non-flushable wipes, flushable wipes are uniquely manufactured with exclusively tree- or plant-based fibers and lose strength quickly once flushed and disintegrate throughout properly maintained sewage systems. Flushable wipes – which do not contain plastic – were invented in the late 1990s after consumer usage data indicated many households without diapering-age children were buying baby wipes. Given that the invention was of a product specifically designed to be flushed in place of one not designed to be flushed, flushable

wipes are actually a major part of the solution to proper sewer system operation.

Industry’s use of the “flushable” label is grounded in extensive product testing using methods developed over the years with input from municipal wastewater experts. INDA’s flushability assessment uses seven rigorous tests to ensure products are compatible with household plumbing systems and wastewater treatment infrastructure. Industry’s labeling Code of Practice requires a “Do Not Flush” symbol prominently on the package of wipes that do not pass this flushability assessment.

The key to solving this issue is simple: Read before flushing. Disposal instructions on the packaging of wipes and other hygiene and household products are a consumer’s best guidance on how to properly dispose of them. By following the disposal instructions on the label, consumers can protect their plumbing and the infrastructure and environment in their communities.

Submitted by INDA.

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Transition smoothly after relocating



A smooth transition to a new place involves understanding the process and getting the support necessary to make the move a success. Courtesy photo

FALLBROOK – People move for various reasons. Some have outgrown their existing homes and need something bigger, while others move to downsize.

Regardless of why people move, moving occurs more often than you might think. The U.S. Census Bureau said one in nine people relocated in 2015 to a new neighborhood, a new state or even across the country. Relocating, whether it's around the corner or miles away, affects people's lives in many ways. A smooth transition to a new place involves understanding the process and getting the support necessary to make the move a success.

Research potential destinations.

Give ample thought to where the family might live before uprooting everyone. The career resource Change Recruitment suggested using the internet as much as possible to learn about the location. Sites like Niche can paint a picture of an area, providing information regarding its demographics, points of interest, schools and much more. An in-person visit will be needed to get a true feel for the neighborhood, however.

Understand the costs.

Apart from the fees associated with buying a home, relocating involves hiring movers, unpacking belongings, temporary storage rentals, charges to turn on and off utilities, repairs for the new home and several other expenses. If the move is being made because of a career opportunity, the company may contribute to some of the moving costs. Check with a human resources professional to determine if the company provides relocation compensation.

Get out and meet people.

Use every opportunity to meet neighbors and people with shared interests. Attend community events and/or school functions. Some employers may have meet-and-greet events. Online services like Meetup list groups of like-minded people who may periodically meet up in the community. The sooner the family makes friends and acquaintances in the new town or city, the more likely they are to feel at home.

With some planning and a little assistance, relocating can go smoothly.

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What’s in your garden, Fallbrook?



Macadamia nuts are hard-shelled and require a special tool to crack them open.



Macadamia nuts are seen growing on the tree. Courtesy photos



Chocolate covered mac nut clusters make a delicious dessert.

Maggie Stewart
Special to Village News

Thanksgiving photos often show a turkey, a cornucopia filled with fruits and vegetables, smiling faces around a table full of food. It speaks of tradition, history and a new addition to their story.

It’s a day where people do what they do every day. They make a meal; they eat. Sometimes they’re alone, with family or possibly with friends. What makes Thanksgiving so special? It’s a day when ordinary things become a public commemoration, an American holiday. The name itself is beautiful, thanks giving.

No matter where people come from, they bring their traditions. They bow their heads and give thanks for what is before them, grateful for time spent together. My family sets a plate for those who have walked with us but are no longer here; the mother, father, sister, brother, son, uncle, auntie, friend or cherished loved one who is alive in our hearts. They are a reminder of our past and our history. Today is the middle of the story; the one that is to be continued.

My parents and siblings were immigrants. I am not certain when they adopted Thanksgiving, but it seems that our family always celebrated this day.

The meal was very traditional and simple, turkey, mashed potatoes and green beans. Forty

years later, the family moved to Fallbrook and things started to change.

Turkey? Check! Two of them smoked on the deck, with the aroma so compelling, no one arrives late. Mashed potatoes? Check! Lots of butter and even more garlic. Stuffing and gravy? Check! Then the oh so special Fallbrook addition, garnet mashed yams with jalapeños and crushed macadamia nuts from the backyard tree and broccoli slaw are made with ingredients from the local farmers market.

Dessert? Apple, pumpkin pie and again those macadamia nuts all covered in chocolate. I can’t forget the Fuyu persimmons and dragon fruit from the grove. Oops, I almost forgot the cranberries, cooked with orange juice and zest from the orange trees. Family and friends who travel from afar remark on the bountiful backyard and glorious feast before them. They tell me I live in God’s country. I smile and agree.

My ordinary day has become extraordinary. Please remember to thank and honor those who are still protecting us and our tradition. Thank you, America. Thank you, Fallbrook. May your day be blessed and memorable.

Maggie Stewart works for CR Properties Real Estate Services and is a family farm-to-table specialist. She can be reached at (760) 703-4788.

Armed with knowledge, brick and mortar stores can survive

Kim Harris
Managing Editor

Brick and mortar store fronts are becoming a thing of the past. You’ve heard the chatter; you’ve seen major retailers like Macy’s, Dress Barn, Pier One Imports and Walgreens shutter stores. But is brick and mortar really dying, or just evolving into something new?

Cheyenne Robinson, an account executive with Buxton, a leader in customer analytics which provides in-depth analysis of customer data to identify, attract and retain the most profitable customers to thousands of retail customers, doesn’t seem to think so. Robinson showed an entirely different story from what is commonly believed during the 2019 Southwest Regional Economic Forecast.

“California’s retail real estate market is strong but changing consumer shopping behavior and the fact that we are in the late stages of the current economic cycle have resulted in declining project volumes,” Robinson said.

So, what exactly does that mean for the hundreds of retail stores throughout southwest Riverside County?

According to Robinson, while it’s not a new story that major operators continue to shutter many stores, those stores are not closing due to a lack of business, but rather missteps and failure to reinvent themselves.

Mixed-use centers lead to success

“As for new development and trends prompted by consumer trends, there continues to be a rise in the number of mixed-use developments, online and in-store shopping and growth in health care,” she said.

Those mixed-use developments – think Shops at Dos Lagos or Meniffee’s Countryside Marketplace – are growing and changing the way that those looking for a more engaging, experience-based retail environment shop.

“They also foster a sense of connection and community that many consumers seek,” Robinson said.

The new formula for development success, she said, is 70% food, entertainment and lifestyle experiences with 30% of that mixed-use development being dedicated to retail.

“Despite the high utilization of social media platforms, people still inherently crave face-to-face interactions. These mixed-use developments meet consumers’ desire for the pre-World War II ‘town square’ model,” Robinson said, adding that mixed-use development also offers benefits such as increasing tax revenue and health benefits associated with people walking rather than driving.

Real estate drives success

According to Robinson and research done by Buxton, one of the biggest factors that drives the success, or failure, of a retail storefront is the real estate market. The good news, in southwest Riverside County the vacancy rate is lower when compared to the entire region, which makes the real estate market highly competitive.

The bad news, she said, is that retail real estate prices continue to rise but that the U.S. economy is in late stages of current growth cycle.

“Real estate transaction volume has started to decline,” Robinson said, adding that the cycle would end with what economists call a “soft landing.”

“Because of the slow nature of the recovery and the caution investors have exercised,” she



Buxton account executive Cheyenne Robinson addresses those gathered at the 2019 Southwest Regional Economic Forecast in Temecula. photo by PackPhotos

said. “Essentially, this is predicting a shift of the slow-growth rate to potentially flat growth.”

So, what can developers do to entice new business and move toward the mixed-use model that has proven to be successful in many markets?

“City leaders should create an inventory of available retail space and update it regularly, be proactive and help retailers find alternative properties, if their first choice falls through,” Robinson advised.

According to Robinson, another consideration is the wide gap in pricing between A-malls and B-C product.

“Essentially, Class A sites are going to be those properties that are the highest quality in the market, generally newer, high-income earning tenants and the lowest vacancy rates,” she said. “Whereas, those Class B sites are generally a little older, but still good quality. Class C will be less desirable and often need extensive renovation.”

Robinson said that Class B sites can offer competitive advantages such as lower competition and perhaps new planned development.

“Consumer behavior is forcing retailers and restaurants to rethink their business models, which influences real estate needs,” she said.

Tourism affects community markets

Robinson said that another major consideration to any marketing strategy should be tourism.

She recommended using household information to develop profiles, identify feeder markets, identify households to include in targeted marketing campaigns and to answer other business questions.

Robinson shared how in a recent mobile data sample from South Coast Winery in 2018 20% of 917 different core-based statistical areas visited the winery with the top visitor markets being Los Angeles, San Bernardino and San Diego.

Of those who visited the winery, she said, there was a mix of affluent families and empty nesters that are experienced travelers, art connoisseurs and visitors that enjoy gourmet dining. Those visitors were offline and digital media receptive as well as what she called a “progressive potpourri” households, who enjoy doing a variety of things such as visit theme parks.

“You could geo-fence Disneyland and serve ads through social media to speak to those households,” she said.

The bottom line

Knowing the target market and how to reach them, along with being real estate savvy and open to new ideas, such as advances in marketing, can help any brick and mortar business be a successful one.

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BUSINESS

Fallbrook Regional Health District board chairman reelected to Association of California Healthcare Districts



FALLBROOK – Association of California Healthcare Districts announced new officers elected during the organization’s 67th annual meeting in La Jolla from

Oct. 9-11. The board of directors are: Chair Howard Salmon of Fallbrook Regional Health District; Vice Chair Harry Weis of Tahoe Forest Health System; Secretary Dr. Michelle Bholat of Beach Cities Health District, Treasurer Karin Hennings of Del Puerto Health Care District and Member At-Large Linda Rubin of Pioneers Memorial Healthcare District. Salmon has served on the Fallbrook Regional Health District board of directors since 2014. He was first elected chairman of the Association of California Healthcare Districts’ board of directors in September 2017 and was elected as chairman of Fallbrook Regional Health District in December 2018. Salmon has vast experience

serving the health care industry, and during his tenure assisted with the difficult process of closing the failing Fallbrook Hospital when Community Health Systems ended their lease and was instrumental in identifying the property on East Mission Road as an ideal future location from which the district will further serve the health and well-being of the community. The elected officers will lead association’s work in enhancing public awareness of health care districts’ role in Californians’ health; training and educating members and advocating for legislation and regulatory policies that allow health care districts to deliver the best possible health services to Californians. Submitted by Fallbrook Regional Health District.

PIN vs. password: which one is more secure?

Chad Hammond
Special to Village News

As users of this digital age, people have many different choices. They can enable or disable web cookies, depending on how much information they want a website to gather about them. People can use encrypted services or unencrypted ones, depending on how much they’re concerned about their privacy and security. They can also use a PIN or a password to secure their digital devices or online accounts. However, in this particular case, the choice for most of people is not as straightforward as it seems. The other day I also had the very same discussion among my friends with three different sides of opinion. One side was backing PINs and claiming that they are safer than passwords. Others couldn’t believe that PINs made up of four, six or eight digits could be more reliable than long and complex passwords. And the third group claimed that both PIN and password serve the same purpose of identification and are safe to use. All sides had valuable insights, but we couldn’t reach an agreement. Sparked by this discussion, I decided to look deeper into this topic and look for the truth.

When should someone use a password?
A good password is a combination of numerical digits, upper- and lowercase letters and various special characters. It could also be a phrase made up of words with the same requirements. Like the PIN, the password concept first appeared in the early 1960s and has been used ever since. A 10-character password has 59,873,693,923,837,900,000 different variations, and most people are probably thinking they know which of the two is more secure. However, it’s not all about mathematics. Passwords are used online or for devices like computers, which usually don’t have any limits on failed attempts. That’s why passwords can be compromised with the help of an automated brute-force attack. Of course, not all attacks are practical, as most of them would take years to crack a strong password. But hacking technologies are evolving fast, making such attacks more sophisticated and successful.

Password versus PIN: the verdict

Going back to the discussion that I had with my friends, I can safely say that all the opinions were correct in one way or another. The answer to this question depends on where they use the PIN or password.

If people want to unlock their touch-screen devices, the safest and easiest way is to use a PIN because of the manual entry and the attempt limit. When it comes to online accounts or computers, passwords are much safer due to the simple math of available combinations.

Also, users can enable multi-factor authentication in most online accounts. The 2FA adds another layer of safety, minimizing the risks of automated brute-force attacks. Even if someone manages to get through a strong password, they won’t be able to access the account, as the second step of verification will stop them.

Chad Hammond is a digital security expert at NordPass. NordPass is a new generation password manager shaped with cutting-edge technology, zero-knowledge encryption, simplicity and intuitive design in mind. It securely stores and organizes passwords by keeping them in one convenient place. NordPass was created by the cybersecurity experts behind NordVPN – one of the most advanced VPN service providers in the world. For more information, visit www.nordpass.com.

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Hemp City to open in Temecula

TEMECULA – Hemp City in Temecula will host a grand opening celebration at its new store at 32140 Temecula Parkway, Suite J103, soon and is accepting applications. With years of experience and three successful locations operating in the Palm Springs area, Hemp City will soon open in Temecula to answer questions about CBDs, their uses, safety and health benefits. With a history going back over 10,000 years, non-psychoactive hemp is one of the oldest and most useful plants cultivated by man. Historically, it has been treasured both for its versatile fibers and medicinal properties by cultures as diverse as the Norseman from Northern Europe and the Aborigines of Australia. Now, Hemp City is bringing the plant to Temecula. At Hemp City, shoppers will find hemp-based products ranging from skincare to oils, as well as eco-friendly apparel. More than just a retail outlet, Hemp City desires to be shopper’s No. 1 source for open and honest information about hemp – and how it can impact people’s lives. For more information, visit www.hempcitycareers.com. Submitted by Hemp City.




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Chamber events include annual parade

FALLBROOK – The Fallbrook Chamber of Commerce announced its final events for the year. They are:
Saturday, Dec. 7 – Fallbrook Christmas Parade along Main Avenue starting at 5 p.m., at Ammunition Road.
Wednesday, Dec. 11 – Chamber Christmas of Giving Open House at the chamber office, 111 S. Main Avenue; at 5 p.m.
Friday, Dec. 13 – Holiday Wine & A Bite Art Walk through downtown Fallbrook; from 5:30-8:30 p.m.
Call the chamber for more details on any of these events at (760) 728-5845.

Submitted by the Fallbrook Chamber of Commerce.

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Warriors boys basketball looking to rebound

Jeff Pack
Staff Writer

Head coach Ryan Smith knows it is going to take a lot of hard work from the members of his Fallbrook Union High School Varsity Boys Basketball team to make it into the playoffs this season. The team is off to a good start, with a 60-57 win over O'Farrell Charter Tuesday, Nov. 19.

"I want to get 10 wins," Smith said. "I think the biggest goal is to make the playoffs. I don't want to set such lofty goals, but I've told the boys I want to compete for a Division 5 title, which I think we can, but we're still ways away from that."

If the Warriors are going to compete at that level, they are going to be doing so on the back of senior Joel Calhoun, a four-year varsity player and returning second-team all-league player.

"Joel can score from all three levels," Smith said.

He also said the 6-foot-3 senior scored 29 points in the Warriors season-opening win over O'Farrell Charter.

Smith said Calhoun has worked hard on his leadership skills, continually lifts his teammates up, and even leaned on some of his friends on campus to come back to the sport for his senior season.

Four of the six new players on the Warriors varsity team returned to the sport. Smith said they are working hard to get back up to speed in the sport, but is encouraged by the maturity they are showing early on.

"Last year, we struggled with understanding that things aren't going to be easy and things are going to be tough and how to handle things when they were tough," Smith said. "This year's group, I mean last year we had eight or nine games last year where we had leads and the other teams came back and they beat us, because we just kind of gave up."

In the game with O'Farrell, the Warriors had a 16-point lead that they lost at one point, but came back

to win 60-57, equaling their win total for all of last season.

"We have a group that's a little bit more mature and understands that it's a longer game and that you can't get too down on yourself too quickly," Smith said. "We ended up fighting back and getting the win the other night. So that was big for me to see. That was our biggest question mark coming into season - would we be mature enough in close games to come back and win after being down. We haven't been able to do that in the two years I've been here."

If opposing teams focus on stopping Calhoun, Smith said Cooper Sherman, who came on strong last season, can step up and lead the Warriors if need be. He had 19 points in the opener.

"He is an amazing athlete, three-year varsity player who can shoot from NBA range," Smith said. "He came into his own at the end of last year and can be the top scorer if Joel isn't."

Smith said another three-year varsity athlete, Yoni Villagran, is the guy who is the glue to the team that does whatever it takes to win.

Still, the Warriors only have nine on the roster for varsity and eight on the JV roster. Depth will be an issue if injuries mount.

But the win over O'Farrell made an impact on the program already, according to Smith, a couple of freshman athletes wanted to come out for basketball after seeing the win.

"Even football was dealing with the same thing where they didn't have a lot of kids for football," Smith said. "We're hoping this new freshman class kind of changes the culture a little bit. But I mean this group of seniors has won before. So, they've been there, done that. That helps us big time."

"But, you gotta change, you gotta win some," he said. "Maybe we can get people excited and get people to come out for basketball."

Jeff Pack can be reached by email at jpack@reedermedia.com.



Fallbrook Warrior Cooper Sherman takes a 3-point shot against O'Farrell Charter during a varsity boys basketball game, Nov. 19.

Shane Gibson photos



Warrior Joel Calhoun dribbles the ball to the hoop against O'Farrell Charter.



Warrior Joel French attempts to block an O'Farrell Charter opponent's shot.



Warrior Christian Heredia prepares to take a free-throw shot against O'Farrell Charter.



Warrior Yoni Villagran dribbles against an O'Farrell Charter opponent.



Warrior Yoni Villagran takes a layup shot against O'Farrell Charter.

SPORTS

Fallbrook varsity girls' water polo holds tryouts



Fallbrook High School varsity girls' water polo team hopeful Lucy Goode displays her vertical ability during team tryouts, Nov. 14.



The Fallbrook High School Lady Warrior varsity team hopeful attends the tryout for the 2019-2020 season.



Lucy Goode smiles as she watches her peer Erin Burnett stay above the surface holding a 10-pound weight during varsity girls' water polo tryouts at Fallbrook High School.



Fallbrook High School varsity water polo team hopeful Erin Burnett demonstrates her ability to stay above the surface holding a 10-pound brick in the pool during tryouts.



Paris Dowden participates in the Fallbrook High School varsity girls' water polo tryouts.



Fallbrook High School varsity girls' water polo coach Rich McKeown leads the team tryouts. Shane Gibson photos

Erin Burnett smiles after breaking the Fallbrook High School record of staying above the surface holding a 10-pound weight for 16 minutes during tryouts. The old record was 12 minutes.



Erin Burnett takes a break after making a new school record of staying above the surface holding a 10-pound weight for 16 minutes. Burnett made the varsity team at Fallbrook High School.





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Vikings sweep championships at Vallecitos Soccer Tournament

Joe Naiman
Village News Reporter

Vallecitos Elementary School hosted the Vallecitos Soccer Tournament which brought athletes from seven small elementary schools in northern San Diego County and southern Riverside County to compete Nov. 14, and the Vikings won both the boys' championship and the girls' championship.

"It went great. We won first place for both boys and girls, so it's two straight that we've won first place in both the boys and girls competition," Vallecitos coach Ray Hanbeck said.

The seven schools participate in sports tournaments with each school hosting a different sport each month. The 2019-2020 tournaments began Oct. 10 with the Pauma Volleyball Tournament at Pauma Elementary School, and Vallecitos won both the girls' championship and the boys' championship.

"I don't think we've ever done that, so that's an accomplishment in itself," Hanbeck said of sweeping the first two tournaments of the school year. "This is the first year I can recall that the boys and girls won the first two tournaments."

The championship was also the third in a row for the boys in the Vallecitos Soccer Tournament. Last year Vallecitos won the boys' portion of the Vallecitos Soccer Tournament while the Vallecitos girls placed fourth. The Vallecitos boys also won the 2017 Vallecitos Soccer Tournament while the Vikings' girls placed second that year.

The girls played at Rainbow Park, which is owned and maintained by San Diego County and has a synthetic turf surface, while the boys utilized the Vallecitos Elementary School playground. Hanbeck coached both the boys and the girls during practice, but because the games were played simultaneously, Hanbeck coached the boys during the actual competition while Yeraldi Hernandez was the Vikings' girls' coach.

Four referees volunteered their time for the Vallecitos Soccer Tournament: father and son Tony Avila and Tony Avila, Nick Guerra and Paul Mattson. Volunteers also staffed a snack bar which allowed refreshments for the spectators while also providing some funding for the Vallecitos athletic programs.

The games utilized a 20-minute

running clock. The seven teams were divided into two pools; each team played each other team in the pool before the pool winners played for the championship and the pool runners-up played in the third-place game.

Eighteen boys were on the Vallecitos team.

"There was even a fourth-grader who played a little bit in one of the games," Hanbeck said.

That fourth-grader substituted for an injured older player. Although he was the only fourth-grader to see action on the field, some fifth-graders played.

The Vallecitos boys began play with a 2-0 victory over Pauma. Edgar Ortega scored both of the Vikings' goals while goalkeeper Armando Yanez recorded the shutout with assistance from starting defenders Jordan Anicete, Alex Correa, Marcos Morales and Yahir Sanchez.

Vallecitos defeated Warner Springs in a 1-0 contest.

"It was a tighter match than the boys had anticipated," Hanbeck said.

Ortega scored the game's only goal in the final two minutes.

The Vikings' final pool play game was against Julian Elementary School. Ortega scored twice for a 2-0 lead before a Julian goal finalized the score in the 2-1 match.

Borrego Springs Elementary School won its pool, so Vallecitos faced the Coyotes in the championship contest.

"Borrego Springs had a pretty strong kicker that was a strong scorer, and we ended up having to strongly defend against him in the championship game," Hanbeck said.

Yanez and the defenders held the Coyotes scoreless, Ortega and Raul Duenas each scored a goal and the Vikings captured the championship with a 2-0 triumph.

"They played very well. They knew what they had to do," Hanbeck said.

"I'm proud of the way that they were able to challenge, scoring against schools that are for the most part larger schools," Hanbeck said. "It's an accomplishment being competitive against larger schools."

Cottonwood Elementary School from Aguanga defeated Julian in the boys' third-place game.

Vallecitos had 17 student-athletes on the girls' team. Only two of those are eighth-graders, one is a seventh-grader and the rest are in sixth or fifth grade.



The 2019 Vallecitos Elementary School Boys Soccer Champions take a photo.

Courtesy photos

"They had a younger team for the most part," Hanbeck said. "The girls were able to step up to the challenge."

Pauma was the initial opponent of the Vallecitos girls. The Vikings and Bobcats were scoreless in regulation, triggering a penalty kick shootout to decide the game. The shootout consisted of three shooters from each team. Tiffany Hernandez scored the only goal in that overtime to give the Vikings the victory.

Cheyenne Crowe was the goalkeeper who shut out the Bobcats, and she was aided by defenders Cailey Crowe, Daisy Robles, Daisy Trejo and Kimberly Vildavia.

Vallecitos followed that match with a 3-0 triumph against Warner. Hernandez scored the game's first two goals and Natalia Loera had the final successful shot.

Although Julian defeated Vallecitos in a 1-0 game, both Pauma and Warner Springs beat Julian. Pauma and Vallecitos both had 2-1 records in pool play. The first tiebreaking criterion was the head-to-head result, which gave Vallecitos first place and Pauma second place in the pool.

The championship match between Vallecitos and Cottonwood was tied at 1-1 before the Vikings scored for a 2-1 win and the girls' championship. Hernandez and Yamilee Rico each scored a goal for Vallecitos.

Pauma defeated Hamilton Elementary School from Anza in the girls' third-place game.



The 2019 Vallecitos Elementary School Girls Soccer Champions take a photo together.



Edgar Ortega maneuvers around Warner Springs Elementary School players.

"I'm overjoyed about how things worked out," Hanbeck said of winning both the boys and girls championships.

The schools will reconvene Jan. 16, contingent upon favorable

weather, for a flag football tournament. Cottonwood will host the tournament, although the Cougars do not have their own field and the competition will be played at Hamilton High School.

Warriors reach second round of CIF team tennis tournament

Joe Naiman
Village News reporter

Fallbrook High School's girls tennis team advanced to the second round of the CIF Division III team tournament.

The Warriors opened team postseason play Oct. 29 at Montgomery and defeated the Aztecs to advance to the quarterfinals. Otay Ranch eliminated Fallbrook as part of the Mustangs' path to the Division III championship match.

"I'm always happy to win a match," said Fallbrook coach Bill Lenaway.

Most CIF team sports utilize power rankings which involve win-loss records and strength of schedule to determine playoff selection and seeding. Tennis had used power rankings before this year but, since most nonleague matches are in the same part of the county, comparisons were difficult and many seedings did not reflect the actual team tournament results.

This year tennis adopted cumulative universal tennis rating statistics based on the UTR of each player.

The use of UTR numbers will be evaluated during the offseason, since an individual or doubles team which only plays three of the 18 sets in a dual match can have a significant impact on the team UTR. "That one player can make your UTR jump up a lot," Lenaway said.

Montgomery senior Daniela Gama Marroquin has a UTR of 6. The highest-rated Fallbrook player, sophomore Alexa Guadarrama, has a UTR of 4. Two Warriors, senior Nicole Dulin and freshman Nina Del-Zio, have a UTR of 3. None of the other Fallbrook players have a UTR higher than 2. Fallbrook was seeded ninth in

the playoffs. Montgomery was seeded eighth, so the Warriors began the playoffs with a road match in South San Diego.

"They were seeded ahead of us because they had one really good player," Lenaway said. "We had better depth than them."

Gama Marroquin won all three of her singles sets, but Fallbrook players won all the other sets in the Warriors' 15-3 victory. Guadarrama, who lost a 6-1 set to Marroquin, defeated her other two Montgomery opponents by 6-0 margins.

Dulin won 6-2 and 6-1 sets while sophomore Carly Hawkins, who has a UTR of 2, won a 6-0 set and a 6-2 set against sophomore Stephanie Pedroza, who has a UTR of 3.

Del-Zio partnered with junior Vronnie Serrano to win three doubles sets, including a 6-0 contest. The Fallbrook tandem of senior Gabby Bulli and sophomore Elizabeth Eastom also won three sets.

Lenaway utilized a substitute after the Warriors had clinched the victory so junior Luci Bolduc and freshman Reid Biland only won two sets, including one by a 6-0 margin, while Bolduc and freshman Sam Hanlon won the other set.

The win over the Aztecs gave Fallbrook an Oct. 30 quarterfinal match at top-seeded Otay Ranch. The Mustangs were on the preferred end of the 13-5 final score. "They were solid," Lenaway said. "They had a better team than we did. We got some sets off them, but they were just better."

Fallbrook's five sets won against Otay Ranch were one more than fifth-seeded Rancho Buena Vista obtained against the Mustangs in the 14-4 semifinal. Otay Ranch and second-seeded Olympian each

won nine sets in the final with Olympian being given the match and CIF championship based on the tiebreaking criteria of games won.

"I think Otay Ranch deserved their seeding and they played up to it," Lenaway said.

The playoff win and loss gave Fallbrook a final season record of 7-10 including a 4-4 mark in Valley League competition which placed the Warriors third in the standings.

The CIF has an individual tournament as well as a team tournament. Entry into the individual tournament is based on performance in the league tournaments, and the Valley League sent five singles players and five doubles tandems to the CIF tournament.

Guadarrama was third in the league singles tournament Oct. 21-24 at San Pasqual High School; Dulin lost her quarterfinal match but won two backdraw matches for fifth place and the final CIF berth, and Bulli and Eastom won two backdraw matches for fifth place in the doubles portion.

The CIF individual tournament was held Nov. 11-15 on the Morley Field courts in San Diego. The first two rounds of singles play took place Nov. 11, although neither Fallbrook singles player advanced to the second round. Dulin had a first-round match against San Marcos High School freshman Dana Wei, who has a UTR of 7. Wei won two 6-0 sets against Dulin.

"She got a tough draw," Lenaway said of Dulin. "She drew a very good player."

Dulin had not previously competed in the CIF tournament but was able to close out her high school career at Morley Field. "I was glad Nicole got here,"

Lenaway said.

Poway senior Kayla Nguyen, whose UTR is 5, was Guadarrama's first-round opponent. "I think Alexa was very nervous," Lenaway said.

Nguyen won 6-1 and 7-5 sets. "I think she learned a lot from the match," Lenaway said of Guadarrama.

Lenaway explained that Guadarrama needed to play her own game and not let the opponent dictate the tempo and other elements of the match.

"I'm hoping in the offseason she gets out and plays some matches," Lenaway said of Guadarrama.

Santa Fe Christian junior Bella Raiszadeh had a UTR of 3 and freshman Natalia Raiszadeh has a UTR of 2. They faced Bulli and Eastom in the first round of the CIF doubles tournament Nov. 12 and took a 3-0 lead in the first set. Bulli and Eastom narrowed their deficit to 4-3 before the Raiszadeh sisters won the final two games for a 6-3 victory in the first set. A 6-2 triumph in the second set advanced the Raiszadeh sisters to the next round and ended Fallbrook's season.

"I'm never happy to lose, but at the same time I think they did a good job hanging in the match," Lenaway said. "It's always good to see kids fight back when they get down."

The CIF tournament was the first for both Fallbrook doubles players. "It's like a very different level of play," Bulli said.

"It was fun making it this far, and I'm glad that I was Gabby's partner," Eastom said.

"I'm happy we made it this far," Bulli said.

Dulin brought Bulli onto the Warriors' tennis team. "It was a fun experience, and I'm glad my friend encouraged me to play," Bulli said.

Although Bulli and Dulin are seniors, Guadarrama and Eastom will take their CIF tournament experience into the 2020 season. "It helps," Lenaway said.

Bulli and Dulin were the only seniors on this year's team. Bolduc and Serrano were the only juniors. "I think we have a good core of kids coming back," Lenaway said.

Joe Naiman can be reached by email at jnaiman@reedermedia.com.

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Smith named Patriot League volleyball player of the year

Lamb, Leung also on first team

Joe Naiman
Village News Correspondent

The Patriot League girls' volleyball coaches named Bonsall High School senior Ashlin Smith as the league's player of the year, and two other Legionnaires were also placed on the all-league first team.

Smith was joined on the first team by senior Najia Lamb and sophomore Dani Leung.

"I'm proud of them. They worked hard," Bonsall coach Justin Hargrove said. "They really helped set the tone during our games."

Smith was a middle blocker, and she also played the middle back position rather than having a defensive specialist substitute for her.

"She lays it on the court," Hargrove said.

"It's awesome for her," Hargrove said of Smith's league player of the year award. "She's played really well throughout the year. She's been very consistent."

Last year Smith was also selected to the Patriot League first team. She was Bonsall's only all-league player in 2018. Bonsall does not have a junior varsity team, so Smith was on the varsity as a freshman in 2016 and played on the Legionnaires' varsity all four of her high school seasons.

"She's played great. I'm very proud of her," Hargrove said.

Hargrove took over as the Legionnaires' coach this year; Eric Hendy coached Smith and the other players from 2015 to 2018.

Lamb was a middle blocker and

outside hitter who also played in the middle during a back-row rotation.

"Najia is a phenomenal athlete," Hargrove said.

"She definitely deserves making first team," Hargrove said. "She's one of our captains. She helped lead the team and helped set the tone."

Bonsall was in the Apollo League from 2015 to 2017. Lamb was named to the Apollo League's first team in 2016, which was her only previous all-league honor.

Leung is a setter and outside hitter.

"Dani is one of the hardest working girls we've had," Hargrove said. "She comes in with a great attitude. She plays great."

Bonsall will be playing without the two senior all-league players during the 2020 season.

"We'll miss them next year, but we'll fill the gap," Hargrove said.

The new players will be complemented by the returning girls, and Leung is expected to be one of those.

"The next couple of years we're excited to see what she can do," Hargrove said.

This year the Legionnaires won the Patriot League championship with a 7-1 record in league play. Bonsall's 15-12 overall mark includes a CIF Division V quarterfinals playoff win and a semifinal loss to River Valley.

"Overall we had a really good season. The girls played awesome throughout the year," Hargrove said.

River Valley, which is a charter school in Lakeside and is a former



Bonsall High School volleyball players are honored with all-league first team placement, including from left, Danika Leung, player of the year Ashlin Smith and Najia Lamb. Heather Holdo photo

Apollo League opponent of the Legionnaires, won the semifinal match in three games.

"They played well. They had a pretty good middle hitter," Hargrove said.

The Snow Leopards were seeded second in the CIF Division V playoffs while Bonsall had the third seed.

"I think we could have won," Hargrove said.

The league championship was

the first for Bonsall, which had a second-place Apollo League finish in 2017 and a third-place Patriot League finish last year. The Legionnaires finished third in the 2016 Apollo League standings and became the first Bonsall team in any sport to make the CIF playoffs but lost in the first round.

Bonsall also lost in the first round of the 2017 playoffs. In 2018 the Legionnaires defeated River Valley High School in the first

round of the playoffs before losing in the quarterfinals to Southwest High School of South San Diego.

Bonsall's third seed this year gave the Legionnaires a first-round bye in the 12-team playoffs. The Legionnaires defeated Madison High School in the quarterfinals to advance to the semifinal round for the first time in school history.

"They showed a lot of heart," Hargrove said. "In the end they never gave up."

Leucothea wins Desi Arnaz Stakes

Joe Naiman
Village News reporter

San Luis Rey Training Center filly Leucothea won the Desi Arnaz Stakes race Nov. 10 at the Del Mar Thoroughbred Club.

Leucothea had a winning time

of 1:17.42 in the 6 1/2-furlong dirt race for 2-year-old fillies. She finished 3 1/2 lengths in front of second-place Orquidias Biz.

"It was great. I was really happy," said Peter Miller, who is Leucothea's trainer and also a part-owner of the filly.

The race was the fourth in which Abel Cedillo was Leucothea's jockey, so Miller gave Cedillo few instructions. "She's got a lot of speed, so it's pretty straightforward," Miller said.

Leucothea broke fourth among the six horses in the race, but after a quarter of a mile, Biddy Duke was in front while Leucothea was in second a length behind Biddy Duke and 1 1/2 lengths ahead of third-place Spitefulness.

Biddy Duke had a time of 22.01 seconds for the first two furlongs. "You never know what's going to happen. You can only give him (Cedillo) an idea," Miller said of Leucothea being in second.

Half a mile into the race Leucothea was in the lead while Biddy Duke was in second, half a

length in back of Leucothea. The first four furlongs took Leucothea 45.24 seconds.

Leucothea entered the stretch 1:10.55 after the start of the race and led second-place Stellar Sound by three lengths.

"Any time I win I'm happy," Miller said. "Any time you win it's always good."

Altamira Racing Stables is Miller's ownership entity. Leucothea is also owned by Lance Hayes of El Cajon, whose racing entity is Socal Seven Racing, and by Brian McGoldrick.

The Desi Arnaz stakes had a total purse of \$100,000. The \$60,000 first-place share brought Leucothea's total earnings to \$127,682.

Leucothea was foaled in Kentucky April 9, 2017. She was sired by Midshipman out of Any for Love. Miller has horses both at San Luis Rey and in Kentucky, and Leucothea first raced July 4 at the Ellis Park track in Henderson, Kentucky. She finished seventh in

that race but won her next race, a maiden claiming contest Aug. 15 at Del Mar.

Leucothea finished eighth in the Aug. 31 Del Mar Debutante stakes race and lost her jockey in the Sept. 27 Chandelier Stakes at Santa Anita. Her first stakes victory was the Anoakia Stakes Oct. 13 at Santa Anita; she won the six-furlong race by 8 1/2 lengths.

"She's a nice filly and we're looking forward to maybe running her in the Starlet at Los Alamitos," Miller said.

This year the Grade I Starlet Stakes will be held Dec. 7.

The win was Miller's third of the Del Mar Thoroughbred Club fall meet which began Nov. 8 and gave him the trainer lead at the end of the meet's first week. Miller saddled six horses, including the three winners, during the Bing Crosby Season meet's first week.

Joe Naiman can be reached by email at jnaiman@reedermedia.com.

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SHERIFF'S LOG

Nov. 15	
1000 block of E. Mission Road	Shoplifting
Nov. 17	
S. Mission Road @ W. Fallbrook Street	Arrest: Public intoxication
400 block of S. Orange Avenue	Recovered stolen vehicle
E. Mission Road @ N. Brandon Road	Arrest: Prohibited person in possession of firearm, ammunition
800 block of S. Main Avenue	Public intoxication
Nov. 18	
200 block of W. Clemmens Lane	Sex crime against a child
900 block of Tanya Lane	Arrest: Domestic battery
300 block of Heald Lane	Vandalism
300 block of Industrial Way	Arrest: Violation of gang injunction order
2000 block of S. Old Highway 395	Petty theft
1100 block of S. Mission Road	Vehicle vandalism
2500 block of Rainbow Valley Boulevard	Vehicle theft
Nov. 19	
39700 block of Daily Road	Arrest: Domestic battery
400 block of N. Orange Avenue	Arrest: Possession of stolen vehicle
4300 block of Palomar Drive	Petty theft
2000 block of S. Old Highway 395	Petty theft
100 block of S. Mission Road	Vehicle vandalism
4300 block of Palomar Drive	Petty theft
Nov. 20	
2000 block of Avocado Knoll Lane	Abandoned vehicle
1100 block of Juliette Place	Battery
300 block of N. Main Avenue	Arrest: Burglary, fraud
Nov. 21	
5400 block of Rainbow Heights Road	Arrest: Domestic abuse

WINE & DINING

How to create a durable gingerbread house



Few confections symbolize the holidays more so than gingerbread.

Courtesy photos



Children likely will need help. Children may not have the patience or steadiness to handle complete gingerbread construction.



Work in stages so that individual items can be decorated and allowed to dry. Then the walls can be put together, followed by the roof pieces.

FALLBROOK – Gingerbread cookies and houses are one of the many symbols of the holiday season, alongside Christmas trees and twinkling lights. In fact, few confections symbolize the holidays more so than gingerbread.

Many a child, or a child at heart, has spent hours carefully trying to create decorative gingerbread houses. Although gingerbread recipes span various cultures, gingerbread houses originated in 16th century Germany. The fairy tale “Hansel and Gretel” helped solidify the popularity of gingerbread, which became part of Christmas traditions.

Even though gingerbread houses can be fun to make, there’s no denying it can be exacting work – especially for those who strive for perfection. Prepackaged kits attempt to take some of the guesswork out of the equation, but those who are crafting from scratch can employ these tips

as they build their gingerbread houses.

First, go for form and not flavor. Few gingerbread houses ever get eaten, so focus on finding a dough recipe that will bake up rock hard as opposed to one that tastes good.

Get the right icing texture. Pastry artist Catherine Beddall said royal icing is the preferred “glue” to adhere gingerbread pieces. Beddall said icing should be thick like peanut butter and not runny.

Mind the dough. Do not roll out the gingerbread dough too thin or it may become brittle after being cooked. Always cut out shapes before the gingerbread is baked. Let the baked pieces sit overnight to cool completely before using them to build.

Utilize a template. Free-handing the design may not be easy. Cut out templates using cardboard or poster board for various gingerbread pieces.

Patience is the key to assembling the house. Allow the icing to dry for at least a couple of hours after adhering each piece and before moving and handling the house, Beddall said. Work in stages so that individual items can be decorated and allowed to dry. Then the walls can be put together, followed by the roof pieces.

Children likely will need help. Children may not have the patience or steadiness to handle complete gingerbread construction. They can decorate the separate pieces of the house while the components lay flat, which is easier for them. Adults can do the main assembly later on.

One of the most important tips is to have fun. Don’t take gingerbread house making too seriously as a novice. Rather, enjoy the experience and the centuries-old tradition.

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Get ready for the holidays in Temecula Wine Country

Jeff Pack
Staff Writer

Now that Thanksgiving has passed, it is time to move on to the most festive season of the year. The wineries in Temecula Wine Country have decorated for the season and ready to help everyone with some cool weather wine tasting as the leaves fall from the vines. Here is a listing of the best events to attend in the upcoming weeks:

Tree lightings at Peltzer
There will be two tree lightings at Peltzer Winery to accommodate everyone who wants to attend and participate in the activities at the farm and the tree lightings will happen at 7:30 p.m. Saturday, Nov. 30, and 6 p.m. Sunday, Dec. 1. Christmas at the Farm will take place starting at 11 a.m. each day and features a Makers Market, Food Truck Alley, craft beer, Peltzer wine and photos with Santa from 1-5 p.m. both days. There will be live music from 6:30-10 p.m. Saturday, Nov. 30, and 3-6 p.m. Sunday, Dec. 1. Peltzer Farm and Winery is located at 40275 Calle Contento in Temecula. Visit www.peltzerwinery.com for more information.

Jingle Bell Sleigh Ride
Starting Dec. 1 and continuing through Dec. 29, get into the spirit with a Jingle Bell Sleigh Ride on a horse-drawn carriage and be ushered through more than 100,000 twinkle lights and holiday décor in wine country. They suggest guests bring a warm blanket and snuggle with the family as they listen to the jingle

bells and clip-clop of the horse's hooves. The 25-minute rides are conducted from 3-9 p.m. for \$65 per person and start and end at a local winery. Reservations are subject to availability at (844) 369-1852 or www.temeculacarriageco.com/jingle-bell-sleigh-ride.html.

Tree lighting at South Coast
This Tree Lighting Festival at South Coast Winery Resort and Spa includes buffet dinner, as well as Christmas carolers and a Christmas choir. There will be tractor and horse and carriage rides, cookie decorating, printed photos with Santa, and the tree lighting is at 6 p.m. The buffet includes seared Atlantic salmon with pomegranate couscous, slow-roasted pork loin with butternut squash, grilled marinated chicken with wild mushrooms and more. There will be assorted Christmas cookies, bars and mini cupcakes. The children's buffet will include mini cheese pizza, chicken tenders and macaroni and cheese. When it gets a bit chilly outside, enjoy the hot chocolate and cider station. South Coast Winery Resort and Spa is also an official Toys for Tots drop-off location guests are encouraged to bring new, unwrapped toys to donate to needy kids. The event will take place from 5-9 p.m. Sunday, Dec. 1, at 34843 Rancho California Road in Temecula. Tickets are required and are \$40 for adults, \$15 for children ages 3-10 and free for children ages 2 and younger. Tickets are available at www.SouthCoastWinery.com.

Tree lighting at Lorimar
Join us to kick off the holiday season at Lorimar Winery's annual tree lighting with Santa, complimentary cookie decorating, hot cocoa, spiced wine, wine sales, special food menu and more from 5-8 p.m. Sunday, Dec. 1. RSVPs for the event can be made at www.shop.lorimarwinery.com and the winery is located at 39990 Anza Road in Temecula.

Merry Merlot at Falkner
The Merry Merlot Fundraiser will benefit Daisy's Hope Foundation cat spay and neuter fund from 6:30-9 p.m. Thursday, Dec. 5, at Pinnacle Restaurant at Falkner Winery. The event will feature a wine bar and heavy hors d'oeuvres, a silent auction with great gift baskets and music provided by Tim Apple. Tickets are \$25 per person and can be purchased at www.daisys-hopefoundation.com/donate.aspx. Falkner Winery is at 40620 Calle Contento in Temecula. Visit www.falknerwinery.com.

Winter Wonderland at Ponte
Hosted by The Humanity of Justice Foundation, the Winter Wonderland Benefit at Ponte Winery will support the new CAN unit at Riverside University Health System hospital. The event will take place from 6-10 p.m. Friday, Dec. 6. Tickets can be purchased at www.eventbrite.com/e/winter-wonderland-benefit-tickets-72788754123. Ponte Winery is at 35053 Rancho California Road in Temecula. Visit www.pontewinery.com.

Vineyard Christmas Wine & Dine
Hosted by Domaine Chardonnay Vineyard and Private Estate the event from 1:30-8:30 p.m. Saturday, Dec. 7, features a vineyard estate winemakers tour and tasting of small-batch, award-winning wines at Domaine Chardonnay's DeCoup- age private winery. The event features a Black Car Service Tour Del Vino wine country VIP shuttle with wine tasting and a private tour at Akash Winery that includes six estate wines and two barrel tastings. That will be followed by a sparkling cocktail reception with hand-passed hors d'oeuvres by Adriana's Cocina at Domaine Chardonnay Private Vineyard Estate and a four-course sit-down gourmet dinner prepared by Adriana's Cocina paired with two private collection red wines by local award-winning winemakers. Tickets are available at www.eventbrite.com/e/vineyard-christmas-wine-dine-tickets-76319233883?aff=efbeventix&fbclid=IwAR1PskciV_knOoAHyt_tNrXoBZxkicDbo7_wkNIMiTiNVY-



Christmas tree lighting events will occur at several local wineries over the next couple of weeks, ushering in the holiday season in Temecula Wine Country.

q32vo5kd8-Iw.
Domaine Chardonnay Vineyard and Private Estate is at 33810 Madera De Playa in Temecula.

Santa Paws Dog Photos
Akash Winery and Vineyards invites all pet owners to bring their other best friends to the winery to take photos with Santa Paws from noon to 3 p.m. Sunday, Dec. 8. Akash Winery and Vineyards is at 39730 Calle Contento in Temecula. Visit www.akashwinery.com.

Old World Christmas at Europa
Europa Village will celebrate the wonder of the season with an Old World Christmas. Guests will enjoy a seasonal three-course menu, entertainment and a special visit from Kriss Kringle from 6-8 p.m. Europa Village is at 33475 La Serena Way in Temecula, and tickets are available at www.shop.europa-village.com for \$25 for members and \$35 for guests. Children ages 12 and younger are \$12. For more information, call (951) 506-1818, ext. 5.

Barrel Tree Lighting at Callaway
Callaway Vineyard and Winery will host its annual Barrel Tree Lighting Celebration featuring meetings with Santa, cookie decorating, a hot chocolate bar, Christ-

mas carolers, discounts on wine, gifts and more from 6-9 p.m. Friday, Dec. 13. Callaway Vineyard & Winery is located at 32720 Rancho California Road in Temecula. RSVP to info@callawaywinery.com. **Mimosas with Santa at Bel Vino**
Santa Claus is coming to Bel Vino Winery and guests can enjoy mimosas and Christmas music while taking photos at the Bel Vino Vintage Holiday Set from 11 a.m. to 1 p.m. Sunday, Dec. 15. Bel Vino Winery is located at 33515 Rancho California Road in Temecula. For more information, visit www.belvinowinery.com.

Ugly Sweater Competition at Akash
Akash Winery and Vineyards asks guests to wear their ugliest sweaters while wine tasting and being photographed for Akash Winery's social media during the Ugly Sweater Competition from 11 a.m. to 8 p.m. Saturday, Dec. 21. The guest in the picture with the most likes will win a gift basket full of goodies. Akash Winery and Vineyards is located at 39730 Calle Contento in Temecula. Visit www.akashwinery.com. Jeff Pack can be reached by email at jpack@reedermedia.com.



Callaway Winery will host a barrel tree lighting event, Dec. 13.

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Few tickets remain for Blind Taste Temecula Valley

Jeff Pack
Staff Writer

Temecula Valley Winegrowers Association's first-ever Blind Taste Temecula Valley is a popular one, with most of the 200 spots allocated for the Thursday, Dec. 5, event already snatched up by wine lovers. But not all, there are still select tickets available. Of course, this isn't the first time the TVWA has hosted a blind tasting event, in fact, this one, according to Krista Chaich, executive director of TVWA, is a modification of the People's Choice Blind Tasting event held in recent years. "This will be the first year that it will be a seated wine tasting with the winemakers themselves," Chaich said. "They will share their personal insight and anecdotes of each wine presented." Each of the participating wineries will host a table and participate in the guided blind tasting of six wines by the sponsor winemaker. Chaich said attendees will learn a lot from the winemakers and owners in attendance about the wines. "The unique characteristics of the wines, from smell to flavor profiles, if they're barreled or steel tank fermented, when they're picked, etc.," Chaich said. "Anything that the winemaker would like for them to know about the wine." Guests will get to pick their "Favorite in Flight" after the blind



Wine lovers will have the chance to taste and judge each of the six wines that will be presented to them at Temecula Valley Winegrowers Association's Blind Taste Temecula Valley Thursday, Dec. 5.

tasting portion and all wines will be unveiled. Afterward, attendees are invited to mix and mingle at a Winemakers Reception and will have the opportunity to taste the wines from all participating wineries as they are revealed. "People should come to this event for the unique opportunity to hang out with our rockstar winemakers and taste some of their favorite wines," Chaich said. Participating wineries include: Akash Winery (sold out), Bailly Winery (sold out), Carter Estate Winery & Resort, Danza del Sol Winery (sold out), Doffo Winery (sold out), Falkner Winery (sold out), Fazeli Cellars; Hart Winery (sold out), Leoness Cellars;

Maurice Car'rie Winery (sold out), Miramonte Winery, Oak Mountain Winery, Palumbo Family Vineyards & Winery (sold out), Robert Renzoni Vineyards (sold out), South Coast Winery Resort & Spa (sold out), Thornton Winery (sold out), Wiens Family Cellars (sold out), Wilson Creek Winery (sold out). The event will be held from 6-9 p.m. Thursday, Dec. 5, at South Coast Winery's Grand Ballroom, 34843 Rancho California Road in Temecula. Tickets can be purchased at <https://temeculavalleywinegrowers.ticketspice.com/blind-taste2019>. Jeff Pack can be reached by email at jpack@reedermedia.com.

How to do Temecula Wine Country, the right way

Jeff Pack
Staff Writer

So, you’re ready to tackle Temecula Wine Country. Of course, there is a right and a wrong way to do it, and we’re here to help. First, you have to understand the region that you’re visiting. Grapes have been growing here for the purpose of winemaking since 1966 and the area’s warm weather climate suits varietals such as chardonnay, merlot and sauvignon blanc, as well as Mediterranean varietals like viognier, syrah and pinot gris and Rhône varietals, cabernet sauvignon, and zinfandel. In fact, if you ask around and a local winemaker trusts you, they might tell you that small clusters of wine grapes introduced to the area by mission padres during the 1800s can still be found in hidden spots around the area. But for the official record, the first commercial winery was opened in 1968 by Vincenzo and Audry Cilurzo and you can still visit those vineyards at what is now called Bella Vista Winery. Once you have a little history to reference, you can plan your trip. First and foremost on the list is transportation. Utilizing a tour company is always an excellent choice and leaves the decision-making to the driver or the tour you choose. There are plenty to choose from including Grapeline Wine Tours, which even has a convertible Mercedes Sprinter party bus for large groups that want to go big; Destination Temecula Tour and Executive VIP Wine Tours. If you want to go a little more intimate and retro, check out Van ‘n Boozy, which offers tours of Temecula wineries and Temecula craft breweries in vintage Volkswagen buses. Of course, if one person in your party doesn’t want to imbibe, the best way to see all of the wine country is to drive with a safe driver, of course. That way you can vary your tour, checking out some of the bigger wine houses while ducking into some of the smaller, boutique shops. Also, make sure not to miss the De Portola Wine Trail which features some really good up and coming wineries such as Robert Renzoni; Lorimar; Gershon Bachus; Oak Mountain, which even has a wine cave; the Italian varietal obsessed Cougar and the newly opened Somerset Winery, which has some of the older vines in the area. For history’s sake, you’re going to want to take in the originals such as Hart Winery, Mount Palomar, Bella Vista, Baily’s, Thornton, and Callaway. There’s a legacy there that just shouldn’t be missed. Some of the new kids on the block include Akash, Bottai, Somerset, and Peltzer Family Cellars, which has a working farm adjacent to the winery with a pumpkin patch each fall. Be sure to stop in and grab a bite to eat at some of the dining establishments in wine country – wineries like South Coast, Ponte, Callaway, Renzoni, Fazeli Cellars, Thornton and others all have in-house restaurants. On the weekends, nearly every winery has live music featuring a wide array of artists from country to jazz. Wilson Creek, Thornton,

and Wiens are known to host big-name acts with tickets concerts throughout the year. Lorimar, Bel Vino, Churon, Miramonte, Danza Del Sol, and Frangipani are ones to check out. As the sun goes down, make sure to take in a spectacular view from wineries such as Monte De Oro and Bel Vino. Motorcycle fans will want to visit Doffo Winery at the end of Rancho California Road to check out the collection of motorcycles they have on display. While you’re there, stop in next door at Chapin Family Vineyards and relax on the expansive patio overlooking acres and acres of vineyard. Once you’ve had your fill of vino and tasty dishes featuring seasonal ingredients, you’re going to want to find a place to sleep it off. South Coast, Carter Estate, Europa Village, Wilson Creek, and Ponte each offer accommodations ranging from standard hotel rooms to villas and suites. Of course,

nearby Temecula and Murrieta proper has a host of hotels waiting for your rest your weary feet, but if you’re still not ready to call it a night, many wine tasting adventurers like to stay at nearby Pechanga Resort Casino and try their luck at the tables. Before heading home the following day, you might want to take one more look at Temecula Wine Country and the 33,000 acres that encompass the Temecula Valley American Viticultural Area with a hot air balloon ride early the next morning. A Grape Escape Balloon Adventure and California Dreamin’ are two of the leaders in the area. If you need a little more help planning your trip, make sure you visit the Temecula Valley Winegrowers Association at www.temeculawines.org or Visit Temecula Valley at www.visittemeculavalley.com for more tips and information.



Wine tasting in Temecula Wine Country can be a blast, but it also can be educational and enlightening. It all depends on how you plan your trip.



Make sure to visit some of the oldest wineries in Temecula Wine Country like Mount Palomar to get a taste of the history of the region.



Spectacular views like the one from the members' patio at Bottai Winery will leave a lasting impression.

Jeff Pack photos



If you're into vintage motorcycles, make sure to stop by Moto Doffo at Doffo Winery for a huge collection on display.

Wine Country Events Calendar

FRIDAY, NOV. 29	
11 a.m. to 5 p.m.	Craft Faire, Maurice Car'rie Winery
Noon to 3 p.m.	Live Music, Al and Brad, Lorimar Winery
Noon to 5 p.m.	Ruby Lounge, Fazeli Cellars
1-2:30 p.m.	Behind the Scenes Wine Tour, South Coast Winery
3-5:30 p.m.	Happy Hour, Vineyard Rose, South Coast Winery
3-7 p.m.	Live Music, Jeff Brinkman, Danza del Sol Winery
5-8 p.m.	Live Music, George and Grace, Cougar Vineyard and Winery
5-9 p.m.	Live Music, Karaoke Night with Lillian Thomas, Masia de la Vinya
6-9 p.m.	Live Music, Vince Mendoza, Avensole Winery
6-9 p.m.	Live Music, Indica Roots, Miramonte Winery
6-9 p.m.	Live Music, Raynaldo Martine, Wilson Creek Winery
6-9 p.m.	Live Music, Those Guys, Lorimar Winery
6-9 p.m.	Live Music, John Rankin, Lorimar Winery in Old Town Temecula
6-10 p.m.	Live Music, Endeavor, Bel Vino Winery
SATURDAY, NOV. 30	
11 a.m. to 5 p.m.	Craft Faire, Maurice Car'rie Winery
Noon to 4 p.m.	Live Music, Full Effect, Bel Vino Winery
Noon to 4 p.m.	Live Music, Tony Suraci, Masia de la Vinya
12:30-3 p.m.	Live Music, Charles Sacayan, Carol's Restaurant at Baily Winery
1-4 p.m.	Live Music, Shay Skyler, Avensole Winery
1-5 p.m.	Live Music, Commotion, Danza del Sol Winery
1-5 p.m.	Live Music, Tim Apple, Fazeli Cellars
3:30-5:30 p.m.	Happy Hour, Vineyard Rose, South Coast Winery
6-9 p.m.	Live Music, Midnight Satellites, Miramonte Winery
6-9 p.m.	Live Music, Sheila Sondergard, Avensole Winery
6-9 p.m.	Live Music, Kings of Karma, Lorimar Winery
6-9 p.m.	Live Music, Roadhouse Brothers, Lorimar Winery in Old Town Temecula
SUNDAY, DEC. 1	
11 a.m. to 2 p.m.	Brunch Specials at Meritage Restaurant, Callaway Winery
11 a.m. to 5 p.m.	Craft Faire, Maurice Car'rie Winery
11:30 a.m. to 2:30 p.m.	Dog Day Sundays, Carol's Restaurant at Baily Winery
Noon to 4 p.m.	Live Music, Common Ground, Bel Vino Winery
1-4 p.m.	Live Music, Astra Kelly, Europa Village
1-4 p.m.	Live Music, John Lowery, Avensole Winery
1-4 p.m.	Live Music, Totally 80s Band, Lorimar Winery
1-5 p.m.	Live Music, Sean Wiggins, Danza del Sol Winery
1-5 p.m.	Live Music, Dustin Jake, Fazeli Cellars
2-5 p.m.	Live Music, Dylan Keawe, Cougar Vineyard and Winery
3:30-5:30 p.m.	Happy Hour, South Coast Winery
5-8 p.m.	Tree Lighting, Lorimar Winery
UPCOMING	
Nov. 29 through Dec. 8 is Europa Village's Holiday Market from 10 a.m. to 5 p.m.	
Dec. 13 is Callaway Winery's annual Barrel Tree Lighting Celebration from 6-9 p.m.	
Dec. 14 is Masia de la Vinya's Chunky Wreath Workshop at 2:30 p.m.	
Dec. 15 is Bel Vino Winery's Mimosa's with Santa from 11 a.m. to 1 p.m.	

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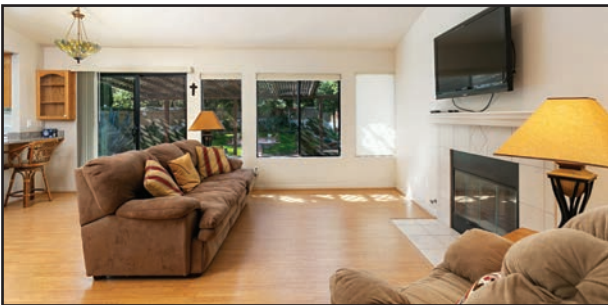
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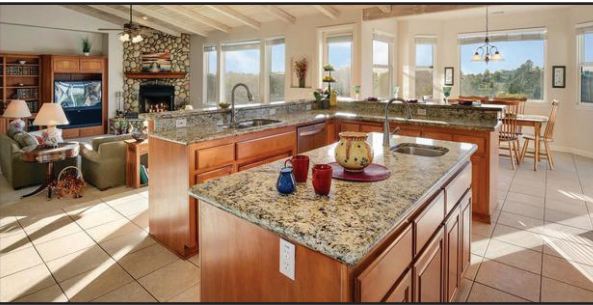
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"At times our own light goes out and is rekindled by a spark from another person. Each of us has cause to think with deep gratitude of those who have lighted the flame within us." - Albert Schweitzer

Happy Thanksgiving!

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May the blessings of this day fill your heart and home.

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