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Looking back at 2021



Ronin Diggins, 3, decorates a pumpkin at the Rally for Children tent during the Fallbrook Harvest Faire, Oct. 17.



The food service team at Fallbrook High School won the Food Service Operation of the Month for April by FoodService Director Magazine.



San Miguel firefighter/paramedic Ryan Ferguson prepares to administer a Johnson & Johnson COVID-19 vaccine during a vaccination event at Palomar College North Education Center in Fallbrook, March 12.



Betty Gilby celebrates her 102-years-old birthday during a drive-thru celebration at the Fallbrook Women's Club, May 31. She died Sept. 17, 2021.



Avery Wilson receives his certificate of promotion during the Potter Jr. High School 8th grade promotion ceremony, June 3.

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Lucette Moramarco
Associate Editor

This has been a year of milestones, progress, changes in command, protests, and dramatic sunsets. Earlier in the year, when the coronavirus pandemic had eased up, life started to return to a more normal pace of activities, but the effects of COVID-19 continued.

Schools reopened for in person learning gradually, with shorter days and fewer days per week. The elementary schools reopened before the high schools, all with masks and social distancing required. It took longer for sports programs to open up with Fallbrook High School having three seasons of sports competed within one semester. Some families have chosen to keep their students in the

virtual learning programs. Student of the Month honors were presented outside – in the parking lot for Vallecitos' students and at home for Fallbrook Union High School District students. Many students have continued to thrive in their education; the MCJROTC team made it to the national finals of the Leadership and Academic Bowl in Washington for the third time in four years.

Another residual effect of the pandemic is that all local students are now provided with free lunches, at all levels, while area food programs are still handing out free food once a month, not just the Fallbrook Food Pantry which still has a high number of families picking up food. When more people were able

see **REVIEW**, page A-5

Pala awarded Build Back Better grant

PALA—The Pala Band of Mission Indians, leading a partnership with the 24 federally-recognized tribes of the Southern California Tribal Chairmen's Association, is one of only 60 finalists nationwide to be awarded a Build Back Better Regional Challenge Grant from the Economic Development Administration. EDA announced the finalists for this \$1 billion initiative on Dec. 13. The Build Back Better Regional Challenge is intended to boost economic recovery from the pandemic and strengthen and rebuild American communities through transformational investments that create jobs, promote equitable economic growth, and build US global competitiveness. Pala and SCTCA will use the \$500,000 in Phase I funds to develop the SoCal Tribal Accelerated Clean Energy Economy initiative to rapidly expand an innovative clean energy economy for the region encompassing the 24 SCTCA member tribes. The SCTACEE

initiative will use next-generation renewable energy, energy storage, energy trading, electric vehicle (EV), and other clean energy technologies to generate substantial revenues and cost-savings for SCTCA member tribes, while broadening the regional economic base and increasing GDP with investments in growing technology industries. Component projects will manufacture, demonstrate, and deploy next-generation technologies to strengthen economic and climate-change resilience for SCTCA tribes, while building skills, creating jobs, and increasing wages for historically excluded Native Americans and other disadvantaged populations throughout the region. This initiative also will establish a model for accelerating the just and equitable transition to a clean energy economy – a model that can be replicated and expanded by other communities throughout the

see **GRANT**, page A-2

Redistricting plan may have incumbents landing in same FUHSD voting area

Rick Monroe
Special to the Village News

Board members of the Fallbrook Union High School District had a special meeting Friday, Dec. 17, to consider public input and options about redistricting in the five trustee areas for this decade. Another meeting will be held on Jan. 4 at 4 p.m. in the Bob Burton Performing Arts Center at Fallbrook High School. The U.S. Census Bureau recently released the data from the 2020 census. For school districts using trustee area elections to elect their governing boards, the release of this data triggered the need to examine, and potentially redraw, the trustee areas based on population changes. Unlike the process to transition from at-large to trustee area elections, the procedure for

adjusting trustee areas following the census does not require a specific process, Superintendent Ilsa Garza-Gonzales said in the report to the board. However, it must be accomplished by March 1, 2022, she said. FUHSD moved from an "at-large" Board of Education elections system to a "by-trustee area" with the November 2020 election. Voters now elect their board members based on the specific area in which the voter lives. When the district made this switch, it adopted a boundary map for these trustee areas that was based on the census data available at that time. The three board members who were elected at large in 2018 to a four-year term were allowed to continue to represent their districts.

see **PLAN**, page A-2

VILLAGE NEWS



PLAN

from page A-1

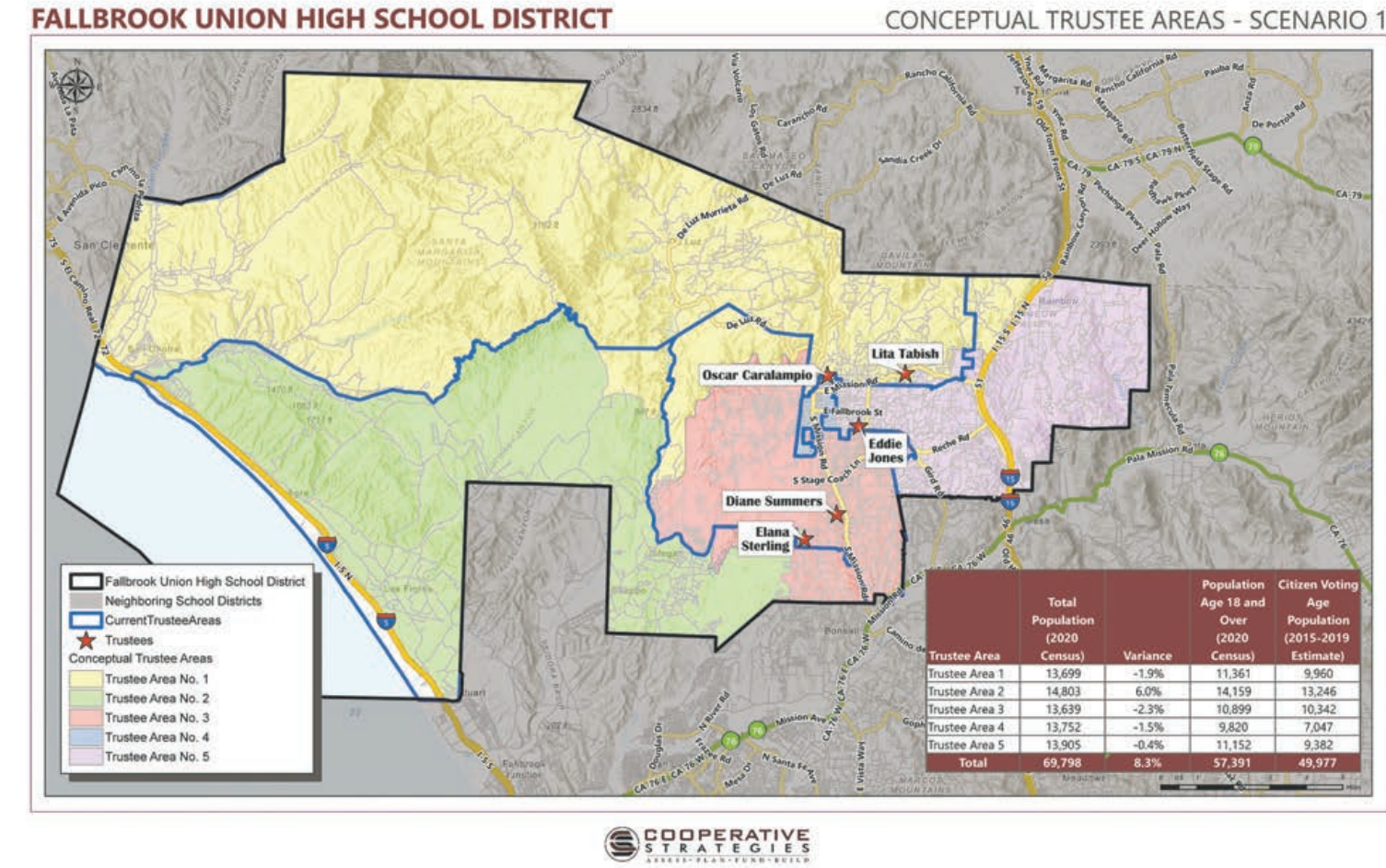
On Sept. 27, the school board received a presentation from Janet Mueller of Dannis Woliver Kelley, legal counsel, regarding the redistricting requirement and the anticipated process to fulfill the requirement. On Nov. 8, the district received a presentation from its demographer, Cooperative Strategies, which gave an overview of the results of the 2020 census data, as it pertains to the district’s demographics and the need for the district to consider revisions to trustee area boundaries.

Three map scenarios, based on the 2020 Census data, were reviewed at the Dec. 17 meeting with a presentation from Cooperative Strategies, including maps. The maps are available on the district’s web page and can also be seen at the Jan. 4 meeting.

One of the main factors for the board to consider is the population variance in each district based on citizens of voting age. Each of the new districts follow closely to the current boundaries, but there are some changes, mostly based on increased population along the area in the district that is east of I-15.

In an interview last week, Garza-Gonzalez explained there were some other important issues to consider because the proposed new boundaries also must follow census tracts.

The 2022 election will be for three incumbents who were elected voters in the previous entire district



format. This election, they must live in the trustee area. In one of the three popular map scenarios being considered, incumbent board members Diane Summers and Elana Sterling would need to run against each other, should they both seek re-election.

Here is a look at the five districts: Trustee Area 1 covers the northern part of the district, from

Camp Pendleton to I-15 including most of the outer reaches of Camp Pendleton, De Luz and the area north of East Mission Road. Trustee Lita Tabish lives in the area and the seat will be on the 2022 ballot.

Trustee Area 2 covers the southern part of Camp Pendleton, the area with the most population on the base. There may be no incumbent in the district, depending on which map scenario is adopted. The four-year position will be on the 2022 ballot.

Trustee Area 3 is the southern part of the district on both sides of South Mission Road. Both Summers and Sterling live in the area in map Scenario 2. Garza-Gonzalez said this scenario had

some strong support because it results in a lower variance in population balance. The two women live close to one another, but in Scenarios 1 and 2, Sterling would be in Trustee Area 2.

Trustee Area 4 is in downtown Fallbrook on both sides of South Mission Road. It is represented by Oscar Caralampio in an area that has a voting age population that the Census stated was 52.6% Hispanic/Latino. Caralampio was elected in 2020, so his term will extend to 2024.

Trustee Area 5 covers the area East of I-15 and the west side that is south of E. Mission, extending west to the downtown area. It is represented by Eddie Jones since 2020 through 2024.

At the Jan. 4 meeting, the Board will have an opportunity to discuss these potential map revisions, hear from the public, and direct district staff regarding next steps.

The presentation is for information and discussion of potential revisions to the trustee area maps to align with 2020 census data and legal requirements. Future meetings will include action items to address the requirement.

The board report about the Dec. 17 meeting includes the maps that were reviewed. That can be seen at <http://web.fuhbsd.net/board/20211217/1TRUS.pdf>.

There are two regular meetings of the Fallbrook Union High School District next month, on Jan. 10 and Jan. 24.

SECTIONS

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The Bread & Butter Club

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“when you are hungry, nothing else matters.”

ANNOUNCEMENTS

Republican women to host Supervisor Desmond

FALLBROOK – The Republican Women of California – Fallbrook club’s guest speaker for Friday, Jan. 14 will be Supervisor Jim Desmond. The meeting will take place at the Historic Mission

Theater, 231 N. Main Ave. Doors will be open at 9:30 a.m., with the meeting starting at 10.

Cost is \$10 and does not include brunch. RSVP no later than Monday, Jan. 10, to Carol Shridr,

916-300-3604 or lcsrider@yahoo.com.

Submitted by the Republican Women of California.

CALENDAR

Dec. 31 – 7 p.m. – The Fallbrook VFW presents a New Year’s Gatsby Casino Night for anyone over the age of 21. With gaming until 11 p.m., raffle prizes and an \$80 entry free, the public is encouraged to wear their best Gatsby outfit. Complimentary champagne will be served at

midnight. Visit www.fallbrookvfw.org for more information.

Jan. 22 – 11:30 a.m. – Friends of the Fallbrook Library is holding a book launch event for T. Jefferson Parker’s new book A Thousand Steps. A light lunch will be served at 12 p.m. at Pala Mesa Resort.

The author will speak and sign copies of his new book. Tickets for the event are \$35 and are available at the Bottom Shelf bookstore in the Fallbrook library, 124 S. Mission Road or at www.fallbrooklibraryfriends.org until Jan. 7.



Happy New Year!
Have a Blessed 2022

A Golden Nugget from Lee's Corner Vol. II

“Sunday”
Sunday: Reflection
Awareness that life is for living!
Pray and meditate.
Be grateful for what you have and share your knowledge to the world!



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OPEN TO THE PUBLIC
\$50 Admission - Over 21 Only
What you’ll receive: Admission, \$500 in Gambling Chips, New Year’s Champagne Toast, All Night Appetizers and 2 Drink Coupons

Vegas Style Gaming with 2 Grand Prize Give Aways:
Trip for 2 to Las Vegas and a 60" TV
5 additional prizes will be awarded during the pre-midnight raffle draw.
Each \$100 in chips is another chance to win!
2-Hour Silent Auction

Event.....	1900-0200	Raffle of Prizes.....	2300-0000
Gaming.....	1900-2300	Champagne Toast.....	0000
Karaoke.....	1900-0000	Bar Open Until.....	0200
Award Silent Auction		Photo Booth.....	2100-2330
Winners.....	2200-2300		
Award 50/50		Ticket \$50 = \$500 in chips or 5 raffle tickets	
Winner.....	2250-2300	Rebuy \$20 = \$200 chips or 2 raffle tickets	

Purchase Tickets at
www.fallbrookvfw.org

GRANT

from page A-1

state and nation.

“The Pala Band of Mission Indians is excited to be leading this initiative to develop a clean-energy economy in partnership with SCTCA member tribes,” said Pala Chairman Robert Smith. “The Build Back Better Regional Challenge will provide opportunities to develop a vibrant and resilient sustainable energy development hub that benefits not just Tribes but communities throughout Southern California.”

Pala and SCTCA will be working in concert to propose projects by March 15, 2022, for one of 20-30 Phase II awards of up to \$100 million from EDA. Read more about the Build Back Better Regional Challenge and the other finalists at <https://eda.gov/arpa/build-back-better/>.

The Pala Band of Mission Indians is a federally recognized tribe whose reservation is located along the Palomar Mountain range approximately 30 miles northeast of San Diego. The majority of the over 900 tribal members live on the 12,000-acre reservation, established for Cupeno and Luiseño Indians, who consider themselves to be one proud people – Pala.

Robinson Group

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Suzie Hoover



Darlene Osborn



Ken Follis



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Larry Landes



Maggie Landes

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PENDING

Panoramic Views
4,618 sf panoramic view estate overlooking Monserate Winery on 4.69 acres in Fallbrook! Sunsets and Breezes galore to be enjoyed at this gorgeous property. Picture windows frame views from every room over the rolling hills of Fallbrook and the Gird Valley. Main level primary suite includes a gym and office area. Additional downstairs bedroom and 2 more upstairs bedrooms with an upstairs entertainment area! Upgraded kitchen. Pool that is 9ft deep.
Offered at \$1,748,747



SOLD

4489 Fallsbrae, Fallbrook
Peace and tranquility meets sophistication and convenience. This south Fallbrook single story dream property enjoys million dollar views from nearly every room! Gated, on 2.14 acres and perfectly positioned at the end of a cul-de-sac on one of the most sought-after streets in Fallbrook! This unique custom built 4BD, 4 full BA home is one of only six homes with direct access to Rancho Fallbrook's small, private and oh-so-picturesque Lake Sycamore.
Sold for \$1,310,000



SOLD

Beautifully Upgraded
4BD, 3BA, 3285 sf single story home with paid solar, located in the pristine gated "Shady Grove" neighborhood in Fallbrook. custom floor-to-ceiling windows along the entire back of the home create an open ambience to take in the view.
Sold for \$940,000



SOLD FOR \$27,260 OVER LIST PRICE!

Hialeah Estates
Where the Red Hawk Soars! Thoughtfully perched on the crest of the hill in sought after Hialeah Estates area of Bonsall you will find your one level retreat. Captivating views in the front of the home and panoramic views out the back with vistas to the ocean and beyond on clear days. Privacy, peace, tranquility and soothing breezes. Superior quality can be found in all improvements and amenities inside and outside this home.
Sold for \$1,370,007



SOLD

Hidden Meadows
Welcome to your Destination one level ranch home in sought after Hidden Meadows. Dramatic courtyard entry will welcome you as you begin to explore all this home and property have to offer. Panoramic views at every turn, inviting family room and kitchen create the center for all of your future family and entertaining gatherings. Enjoy your separated primary suite and 2 secondary bedroom wings which create room & privacy.
Sold for \$1,748,747



PENDING

4443 La Canada, Fallbrook
Welcome to your own paradise conveniently located in South Fallbrook. Exceptional quality and attention to every detail will be found in this magical log home with soaring 2 story ceilings with tongue and groove vaulted and exposed beams all framed by a dramatic covered wrap around 3 sided porch. Enjoy the convenient breezeway flanked by electric awnings for added shade and comfort. You can bring your horses, RV's or car collection...or all 3 and more! 1040 SF Detached shop which could hold 4 or more cars is finished in the same detail as the main home, and an active working outhouse hooked up to sewer for outside convenience. Seasonal creek.
Offered at \$1,248,747



SOLD AT \$271,000+ OVER LIST PRICE!

Spectacular Newly Remodeled
4BD, 4BA country estate with upstairs bonus room and balcony welcomes you to paradise as you take in the panoramic views from every room! Enjoy all the modern convenience while relaxing on your own private 3.38 acres. A new paid solar system, installed on the new roof, an irrigation well, new upgraded flooring, new Milgard windows, a kitchen with a Viking prof range and other upgraded stainless appliances set the stage.
Sold for \$1,650,000

Ken's Corner

The Christmas season is upon us for sure! I love this time of year. Let this be a time of giving, healing and forgiveness. It is most importantly a time to Rejoice and Celebrate the Birth of our savior...Lord Jesus Christ. I pray blessings and good tidings to you all.

HAPPY NEW YEAR!!

-Ken


Sharon's Corner

Happy New Year!

There is no time like the present to give us a call to talk about the best timing for your home sale!


Let's talk! - Sharon

LAND / INVESTMENT




SOLD

Dollar General
3 Dollar Generals are currently In Escrow in Michigan. 4.3 Million - represented the Buyer!
Call for details on investing in properties like this!
6% Cap rate.




SOLD

Dollar General
HOLT, Missouri - NNN investment guaranteed by BBB+ rated Dollar General Corporation. 7.5 years remaining on initial 15 year lease with 4X5 year options. 6.8 CAP rate at:
Offered at \$1,269,560




SOLD

Dollar General
Leighton, Alabama - NNN investment guaranteed by BBB+ rated Dollar General Corporation. 9.9 years remaining on initial 15 year lease with 4X5 year options. 6.35 CAP rate at:
Offered at \$1,092,500




SOLD

Dollar General
Alexander City, Alabama- NNN investment guaranteed by BBB+ rated Dollar General Corporation. 9.5 years remaining on initial 15 year lease with 4X5 year options. 6.35 CAP rate at:
Offered at \$1,213,400



Panoramic Views
0 Via Cuesta Arriba, Bonsall in Hialeah Estates. Panoramic views to the ocean and all surrounding mtn ranges from the top of this exceptional building parcel. Coveted Bonsall location. Includes water meter.
Offered at \$498,747



SOLD

Westport Manor
A highly upgraded 8 unit apt. building located in a superior rental area of Anaheim, CA. All units have garage parking. Improvements include roll-up garage doors with openers, dual paned windows, wall a/c.
Sold for \$1,920,000

Business Spotlight



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Are you interested in a FREE ultrasound scan? If you are between 8-16 weeks pregnant, you may qualify to be a model for an ultrasound scan with us! You can bring someone with you, and we will give you a thank-you gift and an image of your baby to take home. For an appointment, call 760-728-4105, or email clinic@hopefallbrook.com. We hope to hear from you!

OPINION

Wrapping up 2021



Assemblymember Marie Waldron
AD-75

During 2021, 2,776 bills were introduced in Sacramento, despite a suggested 12-bill limit for each Assemblymember. The legislation we reviewed involved some of the most consequential issues facing California.

Hot topics this year ranged from health care affordability, homelessness and housing to the environment, the economy, criminal justice and much more. Since most bills fail to pass, the most significant results often involve failed legislation, and this year was no different.

Bills to legalize psychedelic drugs, to allow criminal offenders to have their records expunged, to overhaul the bail system, to establish a single-payer health care system, all failed.

Housing-related legislation, which created a great deal of controversy, was aimed at easing the housing shortage by eliminating single-family zoning

in many areas. Duplexes will be allowed in some areas, with up to four units on lots previously zoned single-family. Near transit zones, up to 10 units will be allowed on some single-family lots.

The largest budget in history passed in June, a record \$232.6 billion. That included \$4 billion for small businesses to help them recover from the pandemic, \$7 billion in subsidies to help people who couldn't pay their rent or utility bills, along with \$600 stimulus payments for most residents who lost jobs and income as a direct result of the pandemic. A huge \$31 billion surplus is projected next year.

The state has spent \$13 billion on homelessness since 2018, yet our homeless population has increased 24%. The budget for 2021-22 allotted another \$12 billion over the next three years to address the problem, including \$2.75 billion to buy hotels, motels and commercial buildings to reduce the growing homeless population.

Much is unresolved, and problems persist despite vast amounts of spending. When we reconvene in January, we'll be taking another close look at many of these monumental issues.

Assembly Republican Leader Marie Waldron, R-Escondido, represents the 75th Assembly District in the California Legislature, which includes the communities of Bonsall, Escondido, Fallbrook, Hidden Meadows, Pala, Palomar Mountain, Pauma Valley, Rainbow, San Marcos, Temecula, Valley Center and Vista.

Looking ahead



Supervisor Jim Desmond
5th District

I hope everyone had a wonderful Christmas and I think we all are

CORRECTION: A story on page A-8 in the Dec. 16 edition of the Village News, "Vaccine mandates are few for Fallbrook Workers," contained an error. The story was about agencies in the area who were exempt from any current or potential COVID-19 vaccine mandate because they were under 100 employees. That is correct. However, the story also stated that employees in the Fallbrook elementary and high school districts were under the vaccine mandate. That is incorrect. Employees are mandated to wear a mask on the job, but they are not required to be vaccinated at this time. Village News regrets the error.

looking forward to the new year. While we have had a crazy 2021, one that we will never forget, I'm starting to look ahead. My theme for 2022 is, "Back to Basics." I'll explain a bit more about what I mean in next week's article, but I think we need to focus on safe communities, quality roads and infrastructure, addressing homelessness, mental health and addiction for families and those who can't help themselves.

While I'll talk about these issues in more detail in the coming weeks, I want to reach out to our constituents and ask, what can I do better? I will be meeting with my staff in the coming weeks, talking about our goals for 2022. Topics will include what services we can

provide, what projects we can get built, what can we improve on?

So, I ask those same questions to you. Whether you live in the cities of District 5, like Vista and Oceanside, or the unincorporated areas of Fallbrook and Valley Center, what would you like to see done? As I hope you know by now, I encourage you to reach out to my office. My email is Jim.Desmond@sdcountry.ca.gov and our office phone number is 619-531-5555. Maybe you have a road that needs improvement, or a piece of land you would love to see turned into a park? Whatever it is, reach out and let us know!

Happy New Year, everyone! The best is yet to come.

Cable News, it's their own fault



Julie Reeder
Publisher

We have an Associated Press story on page D-2 about the dwindling interest in national news. It's largely credited to the 2020 presidential elections, racial reckoning and the COVID-19 pandemic.

The part of the story that is missing (as is typical with The Associated Press) are the proven missteps, lies, defamation, and blatantly bad reporting that their audience is finally figuring out.

We've endured the Governor Andrew Cuomo debacles, along with his brother Chris Cuomo's firing from CNN following his inappropriate use of his journalistic standing to cover up his brother's alleged sexual assaults; CNN's chief Legal Analyst Jeffery Toobin exposing himself, CNN producers who are being investigated for inappropriate activity with children, and that's just the tip of the iceberg.

We were fed hateful angry anti-Trump conspiracies for three years, including the Russia Conspiracy and Ukraine gate, which was proven to be not true, and they ran out of disgraced lying politicians like Adam Schiff, to parade in front of the camera. How different would it have been if they just reported the facts? What if cable news would have been willing to report that the now discredited dossier was paid opposition research by the DNC and Hillary's campaign?

Amy Robach, an ABC anchor, exposed her network through Project Veritas, after the network "quashed" her interview, suggesting that ABC had yielded to threats from powerful forces.

Epstein Island for pedophiles was labeled a conspiracy theory, until it wasn't. The media was complicit, as so many other things, and many young girls paid the price.

Then there was Nick Sandmann, one of the Covington Catholic students who has won at least three defamation lawsuits against CNN, Washington Post and NBC. These suits were for hundreds of millions of dollars, but the amount settled hasn't been disclosed. I believe there are three more that are yet unsettled.

"My life changed forever in that one moment. The full war

machine of the mainstream media revved up into attack mode," Sandmann said about the news at a Republican Convention. "They did so without ever researching the full video of the incident, without ever investigating Mr. Phillips's motives or without ever asking me for my side of the story. And do you know why? Because the truth wasn't important. Advancing their anti-Christian, anti-conservative, anti-Donald Trump narrative was all that mattered."

Then there was Jussie Smollett, who the media without questioning just supported openly when he reported that he had been the victim of a racist and homophobic attack. Mainstream media ended up with egg on their faces when Smollett was not only found out to be lying, but ended up being convicted on charges that he lied to police

Then there was Kyle Rittenhouse. Several media outlets reported outright lies, again. They reported that he brought a gun across the state line. They reported that he shot black people and portrayed him as a white supremacist. Again, not true.

Now Rittenhouse says there will be a reckoning for the media for the way they misrepresented him, as they did Nick Sandmann. It seems lawsuits are the only way to make them feel the sting of blatant lies. You can lie about public figures, like Trump, but you can't lie about high school children.

People are getting tired of biased propaganda when they are looking for news.

So, while Chris Cuomo will be gone and there will be reduced hours for Rachel Maddow, that's not where it ends. Alternative media is filling the gap. Epoch TV, OANN and Newsmax are all growing. Joe Rogan, who may have the world's most popular podcast on Spotify, is reported to have 10 million listeners, in addition to hundreds of millions of people who have watched his top shows on YouTube. Even a fairly new show, Timcast IRL, with independent journalist Tim Pool, gives nightly news a run for their money.

They aren't in bed with the White House or going to meetings where there are agreements made on how stories will be reported, or how successful alternative treatments for COVID-19 will be mischaracterized. Their sponsors aren't Pfizer and Moderna, or Johnson & Johnson.

So as a person in the industry, I can testify to the fact that rhetoric and narrative has taken over and is killing the major networks. Unless they can turn it around and replace rhetoric with real unbiased investigative reporting, their audiences will be sitting with them in their echo chamber, angry and constantly afraid, hearing lies and more misinformation. Meanwhile independent news and new media will fill the space with open minds, facts from both sides, and critical thinking.

Re: Re: 'How can so many be duped? [Village News, Terrell letter, 12/16/21]

People can look up the information I provided themselves if they have an interest. Better yet, they can read Ms. Reeder's detailed fact finding, brilliant letters. She provides many factual sources for you to read and investigate. I choose to use my limited space to bring dialog, something the left wants to cancel.

All of your words are straight out of the fake news media and big Pharma.

If you watched any real news, you'd hear videos of Biden and other government officials saying exactly what I said they said! President Trump did not coin the term CCP virus, he called it the China Virus since it came from China, just like several viruses before this one. Look it up.

Mr. Terrell, you can split hairs with 99% survivable vs your 98%, but I guess it depends on where you got your information. However, I think it is actually closer to 98.5% survivable, so should we all be really concerned

over such accuracy? Funny but you have nothing to say about the rest of my letter. Please answer me why the federal employees, Congress and their staff and postal employees are not mandated for this vaccine?

Truth is, the vaccine does not stop or cure the virus. it doesn't even stop the spread. It's not even a vaccine; it's a flu shot! The mask doesn't stop the virus either.

Again, if you are vax'd and feel safe with that decision then leave me alone because frankly, I don't feel safe taking it and I am entitled to my beliefs (my constitutional right) or will you insist on taking those away too in the guise of responsibility? Getting a flu shot is not my responsibility; it's a choice.

I think most people are more concerned about the truth of what is really happening to our country than the fake news jibber-jabber and what all this has done and continues to do to our country. There is more to life than the China virus and I plan to live

life, not walk around in fear. Roosevelt once said, "All we have to fear, is fear itself." And he was a Democrat.

Why don't you look at other states and foreign countries who didn't lock down and why have they fared so much better than our blue states? But then you'd have to read beyond the fake news of your confirmation bias to discover the truth that will set you free.

Using the Pro Choice baby murders words, "My body, my choice," tells you I get to decide what I put in my body, end of conversation. I also get to decide what you put in my child's body, not the schools sneaking behind my back. Had nothing to do with murdering babies; I just borrowed your words fittingly. And by the way, abortion does affect one other life, the baby you are killing. I wonder what the baby would have to say.

Shanika Benson

ARISE
& Shine

“The Kingdom of Heaven”

“ But while he thought on these things, behold, the angel of the LORD appeared unto him in a dream, saying, Joseph, thou son of David, fear not to take unto thee Mary thy wife: for that which is conceived in her is of the Holy Ghost. And **she shall bring forth a son, and thou shalt call his name JESUS:** for he shall save his people from their sins.

Now all this was done, that it might be fulfilled which was spoken of the Lord by the prophet, saying, **Behold, a virgin shall be with child, and shall bring forth a son, and they shall call his name Emmanuel, which being interpreted is, God with us.** ”

Matthew 1:20-23

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LOCAL

Baxter to chair 2022 FPUD meetings

Joe Naiman
Village News Reporter

Dave Baxter will be chairing Fallbrook Public Utility District board meetings during calendar year 2022.

The Dec. 13 FPUD board meeting included a 5-0 vote selecting Baxter as the board president and Charley Wolk as the board vice-president.

“I’m just excited as heck to have the opportunity to continue serving the community,” Baxter said. “I’m excited to have the opportunity to represent Fallbrook.”

Baxter had been the FPUD vice-president for 2021 and also chaired the board’s Engineering and Operations Committee. The Dec. 13 meeting also included 2022 committee assignments, and Baxter has transitioned from the Engineering and Operations Committee to the Fiscal Policy and Insurance Committee and the Personnel Committee.

“They’re all landing on my plate,” Baxter said.

During 2022, FPUD expects to complete the process of detaching from the San Diego County Water Authority and annexing into the Eastern Municipal Water District as an EMWD retail agency. Labor decisions will be made during 2022.

FPUD will also hold a Proposition 218 rate hearing during 2022. In November 1996, the state’s voters passed Proposition 218, which requires a public vote on benefit assessments. Proposition 218 exempts water and sewer rate increases if a cost of service study shows a relationship between the rates and the agency’s cost to provide water or sewer service.

A rate setting policy can be in effect for up to five years and must include a rate design and public review. In December 2017, the FPUD board held a Proposition 218 hearing which approved annual rate increases of up to 8% through calendar year 2022.

“I specifically want to help educate the community,” Baxter said. “It’s important people come to board meetings or they call or e-mail.”

If FPUD and Rainbow detach from the SDCWA and join Eastern, which will require both approval from San Diego County’s Local Agency Formation Commission and support during a public vote, the cost FPUD pays for imported water will be reduced. “I’m passionate about detachment,” Baxter said.

Lower wholesale water costs will allow more money to be spent on infrastructure. “The

infrastructure’s critical. It’s old. It costs something to maintain that infrastructure,” Baxter said.

Al Gebhart had been the FPUD board member for Subdistrict No. 1. Gebhart and his wife, Donna, moved out of the area in 2019, and in August 2019 Baxter was appointed to replace Gebhart on the FPUD board. Donna Gebhart’s seat on the Fallbrook Community Planning Group was filled by Baxter’s wife, Stephani. Both Baxter spouses were appointed to terms expiring at the end of 2020. Dave Baxter was unopposed when he sought re-election for a full four-year term and his wife was re-elected to the planning group in November 2020.

Baxter is originally from rural Tennessee. He served in the Coast Guard for eight years, and after his discharge in 1996 he joined the Nalco Chemical Company which is involved in water treatment and water management consulting. “They transferred me to California to help run their California office,” Baxter said.

The California office was in El Segundo, although Baxter opted to commute from a Costa Mesa home. His wife is originally from El Toro, which is now Laguna Hills, and they met in Orange County. They moved from Mission Viejo to Fallbrook

in November 2013.

“Our son was getting ready to graduate high school,” Baxter said. “We just wanted to get into a more rural environment.”

Baxter and his wife were looking at homes in the Wine Country area across the county line from Fallbrook. “A home came up in Fallbrook that was absolutely everything and more that we could have possibly thought up,” he said.

The property includes approximately 3 1/2 acres of proteas Baxter and his wife cultivate commercially. The Baxters’ water bill utilizes the Special Agricultural Water Rate.

“It’s a fight every day, because it’s not a break-even proposition these days with the cost of water,” Baxter said.

When the Baxters moved to Fallbrook he was working for Schneider Electric. “I was looking to transfer to Italy,” Baxter said.

His job in sales for Schneider Electric allowed him to live in Fallbrook. “It didn’t matter where I lived. I was on an airplane every other week,” he said. “That was a grueling job.”

Baxter retired from Schneider Electric in May 2018, although he is now in charge of Relevant Industrial. That company’s products include electric

distribution components, control systems, and integration equipment.

“I’ve been doing water projects, a lot of small projects, but I’m doing some major projects,” Baxter said.

When Gebhart retired he asked if Baxter was interested. “It was a natural fit,” Baxter said.

“I had always been following FPUD,” Baxter said. “I was aware of it.”

Baxter’s wife agreed to replace Gebhart’s wife on the planning group. “We both went through the election process for the very first time together,” Baxter said.

As the only candidate who filed for the FPUD Subdistrict No. 1 seat Baxter was not subject to an election. Eleven candidates filed for the eight Fallbrook Community Planning Group seats subject to election in November 2020. The eight candidates with the highest vote totals were elected. Stephani Baxter had the third-highest number of votes.

“We love this community. We can’t believe that we have the opportunity to live in this fantastic place,” Baxter said.

“We take Fallbrook living very seriously,” Baxter said. “We could not imagine living any other place.”

REVIEW
from page A-1

to go out again, the speed of cars increased and not just on the highway. The San Diego Traffic Advisory Committee has recommended lower speed limits for several local roads including Gum Tree Lane and East Alvarado Street, as well as a four way stop at Potter and Elder streets. Three new signals have been approved by the Board of Supervisors, to be installed in 2022 (Rainbow Glen at Old Highway 395, South Mission at Green Canyon, and East Mission at Santa Margarita).

The supervisors have also approved plans for two new parks in our area, Village View Park on Fallbrook Street and Bonsall Community Park off of Camino Del Rey. The Fallbrook

Community Planning Group has been working on recommended changes to the county’s marijuana ordinance to make it more suitable for our area. Another issue on the FCPG agenda has been a proposed gate on Sandia Creek Drive, a private road used by many to get to Temecula.

The planning group also contributed input on the redistricting process which resulted in Fallbrook staying in District 5. All of the local districts, water, school, fire and health have also been going through the redistricting process which will affect the board elections in 2022 with candidates required to run in the zone live in.

Several community leaders either retired or transferred in 2021, making way for new people in charge, including the following, San Diego Sheriff Substation

Commander Lt. Aldo Hernandez, North County Fire Protection District Chief Keith McReynolds, Fallbrook Community Planning Group Chair Eileen Delaney, Bonsall Unified School District Superintendent Joseph Clevenger, Crime Prevention Specialist Heather Mitchell and Fallbrook Union High School Principal Lauren Jones.

While helping with bigger fires up in Northern California, NCFPD firefighters had relatively few fires to battle in our area despite the drought. A new tool in fighting fires was unveiled in September when Rainbow Municipal Water District demonstrated its heli-hydrant which can be filled with water remotely by helicopter pilots who then suction the water into their tanks.

The month of January marked an historic shift for the community of Rainbow – the Rainbow Fire Station, operated by volunteer firefighters for decades, is now entirely run by full-time North County Fire Protection District personnel for the first time. Since it was built as a volunteer station, the now Station 3 needs a new building. Assemblymember Marie Waldron presented NCFPD with a check for \$900,000 as funding for that project from state funds Dec. 14.

Fallbrook Public Utility District

held an open house in November for its newly finished Santa Margarita Conjunctive Use Project treatment plant which will provide 50% of the district’s water supply. To make water more affordable, FPUD and RMWD are working together to detach from the San Diego County Water Authority in a process moving forward with the county’s Local Agency Formation Commission.

The Fallbrook Regional Health District made progress with its Health and Wellness Center getting approved for a major use permit. The facility has been offering COVID-19 vaccination and testing clinics regularly since its first one in March.

While many residents have made known their views on the mandate for vaccinations and other pandemic-related topics, the latest data from the county shows Fallbrook with 5,623 total cases; 32,140 residents with at least one

dose of the vaccine, and 28 total deaths from COVID-19. It gives the population number as 49,008.

Despite all that, an increasing number of local seniors here are reaching the age of 100. New centenarians this year include Bill Brooner and Lucy Sanders while both Chick Mahr and Bud Roberds celebrated their 101st birthdays and Betsy Phillips is now 104. Having had to postpone a 100th birthday party last year, the county Parks & Rec department held a celebration for Live Oak Park’s 101st anniversary July 17.

The Fallbrook Senior Center reopened July 1 and has a full schedule of activities besides lunch served at the Fallbrook Community Center Monday through Friday.

Now, we can all look forward to a life with more activities, but one still requiring the exercise of precaution and common sense in all areas of life.

FCPG to continue virtual meeting format for January

Joe Naiman
Village News Reporter

The Fallbrook Community Planning Group voted to retain its meetings in a virtual format at least until January.

A 10-3 planning group vote Dec. 20 approved having the Jan. 17 meeting virtually rather than in person.

“I think it would be prudent for the next month to do it virtually,” said planning group first vice-chair Roy Moosa.

“We’re getting so much more community involvement virtually,” said planning group member Anna Strahan.

The planning group meets on the third Monday of the month regardless of whether that date is a government holiday. Jan. 17 is Martin Luther King Day, which is the public sector version of National Hockey League Integration Day, and the third Monday of February (which will be Feb. 21) is President’s Day. A virtual meeting rather than an in-person meeting eliminates the need to travel on a day when planning group members or members of the public might not otherwise be leaving their homes.

“You can wear sweats to these virtual meetings,” said planning group chair Eileen Delaney.

FUHS employees to get 3.5% pay increase

Rick Monroe
Special to the Village News

The board of the Fallbrook Union High School District will vote on the collective bargaining agreements at one of the January board meetings, Jan. 10 or 24. Salary and benefits have previously been approved by trustees.

Superintendent Ilsa Garza-Gonzalez negotiated with the three groups of employees and each agreed to a 3.5% pay increase based on the cost of living adjustment.

The three employee groups are the Service Employee International Union, Fallbrook High School Teachers Association, and Unrepresented Employees, which includes classified management, certificated management, and confidential employees.

The district has additional state and federal funds this year because

of COVID-19 relief, but that money is restricted from being used for pay increases, Garza-Gonzalez explained. Instead, the new money is used to help with pandemic relief in items like personal protective equipment, a licensed practical nurse, and COVID-19 contact tracing.

The superintendent said negotiations went smoothly and that union representatives said the process was completed earlier than in many years.

After the board gives final approval at one of the next board meetings, employees will receive a lump pay increase retroactive to July 1 when the current contract expired. Though the contracts expired, employees continued to work under a memorandum of understanding, which Garza-Gonzalez said was a standard procedure.

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Fallbrook Blanket Project gives warmth to seniors



Displaying donated blankets are, from left, senior care advocate Elisha Wright, Fallbrook Blanket Project member Gloria Allen, Foundation for Senior Care Executive Director Patty Sargent, development & marketing director Debbie Adalman, and senior care advocate Julie Andrews Senior Care Advocate.

FALLBROOK – The nonprofit Fallbrook Blanket Project gave 35 blankets, lap blankets and shawls, as requested, to the Foundation for Senior Care to be distributed to some of their home visited clients.

Foundation Executive Director Patty Sargent said, “On behalf of the Board of Directors and the staff of the Foundation for Senior Care, we would like to thank the members of the FBP for your thoughtful and generous donation of handmade blankets. We know seniors in our community will be thrilled to receive the one of a kind, generous gifts.”

The Foundation for Senior Care is wholly supported by donations, bequests and grants. It totally relies on the contributions made by the community to help support its programs and services.

Those services are the Senior Care Advocacy Program which reaches out to the forgotten and lonely senior; the Adult Day Care (aka The Club) which provides respite for the caregiver and a safe and comfortable environment for seniors; the Care Van provides door-to-door transportation for medical appointments, grocery, pharmacy, and other locations; the Computer Learning Center offers friendly and informative classes

for seniors wanting to learn. The foundation also offers an Expanded Rides Program, giving seniors rides to their out-of-town doctor appointments by volunteer drivers, and free seminars throughout the year to educate seniors on issues pertinent to their wellbeing.

The Club Administrator Lauren Marsh said, “I was absolutely thrilled when the Fallbrook Blanket Project reached out to offer blankets. Seniors are often chilly, even when its warm out, so when she offered to come by with some new blankets made by folks in our community, I was delighted to accept. There is nothing more cheerful than a fuzzy and colorful blanket, made with love. We feel so blessed to have been thought of!”

The Fallbrook Blanket Project consists of a group of ladies (gentlemen welcome) who gather together every Monday from 10 a.m. to noon at Living Waters Church on Reche Road. They knit and crochet blankets of all sizes, hats, scarves, etc., to be donated to the less fortunate and charity fundraisers. The project is free, the donated yarn is free and new members are welcome any time.

For more information, email fallbrookblanketproject@gmail.com.



Holding blankets donated to the Foundation for Senior Care’s Respite Care Center are, from left, Fallbrook Blanket Project member Hanh De More, who crocheted these blankets together, Adult Day Care club members Madeline Lopez and Connie Miller, and FBP member Florence Zelasco, who crocheted the edges around the blankets.



Blankets donated to the Foundation for Senior Care Adult Day Care Club for daily use by its members are held by, from left, standing, caregiver Tiffany Magee, and Adult Day Care administrator Lauren Marsh; seated, club members Mary Devondorf and Tony Hesdorfer.

CHP searching for anyone who witnessed deadly accident in Fallbrook

Village News Staff

FALLBROOK – The California Highway Patrol is urging anyone who witnessed the deadly accident at 2:45 a.m., Dec. 23 on South Mission Road north of Stagecoach Lane to call the CHP at 760-643-3400.

CHP is continuing its investigation into the early-morning, two-car crash in Fallbrook that killed one driver and led to the other being arrested on suspicion of reckless driving.

CHP Officer Hunter Gerber said two vehicles were driving in the southbound lanes of South Mission Road north of Stage Coach Lane about 2:45 a.m. Thursday, Dec. 23 when the crash occurred.

“A 19-year-old Fallbrook man was driving a Subaru BRZ coup southbound on South Mission Road next to a Subaru Outback driven by an 18-year-old man from Vista,” said Gerber. “The 19-year-old

driver of the BRZ veered to the left, off the roadway and collided with several trees. The Subaru Outback ran into debris from that collision.”

The CHP, San Diego Sheriff’s Department and North County Fire/Paramedics all responded to the scene.

“The 19-year-old Fallbrook man was pronounced dead at the scene, said Gerber. “The 18-year-old Subaru Outback driver remained on the scene and was arrested on suspicion of reckless driving.”

The two teens were not identified.

The collision caused southbound and northbound lanes of South Mission Road to be affected for more than three hours while police investigated the cause of the crash.

Gerber said alcohol and/or drugs were not suspected of contributing to the collision.

CHP is asking anyone who has any information to call 760-643-3400.

City News Service contributed to this report.

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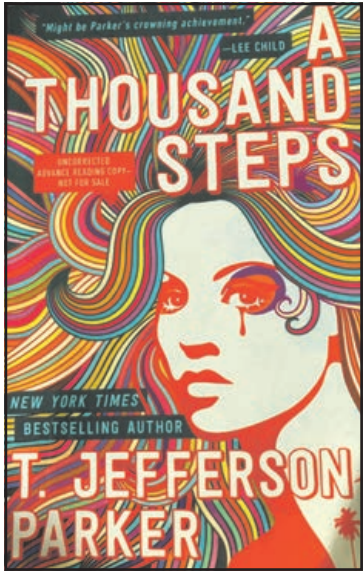
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Local author to speak at Friends of Fallbrook Library event



“A Thousand Steps” is T. Jefferson Parker’s 27th book.

Rick Monroe
Special to the Village News

Award-winning Fallbrook novelist T. Jefferson Parker will discuss his 27th book, “A Thousand Steps,” at a special event hosted by Friends of the Fallbrook Library on Saturday, Jan. 22, at Pala Mesa Resort.

The story is a gripping thriller, an incisive coming-of-age story, and a vivid portrait of a turbulent time and place. Parker is a New York Times bestselling author and three-time Edgar Award winner. The book is being released in January and the author will speak and sign copies at the luncheon.

Parker, who turned 68 on Dec. 26, was born in Los Angeles and he has lived his entire life in Southern California. He moved to Fallbrook with his wife and two sons 21 years ago.

“Laguna Beach was getting too crowded, and we wanted something more laid back,” Parker said about the move here. “Someone told us about Fallbrook, and we fell in love with this place.”

He does his writing in a detached metal building next to his residence.

“I begin my day with a cup of coffee and my dog, taking 75 steps to the office and my computer,” he said.

Parker, who said he’s owned Labradors most of his life, described his new dog, Gasper, as “a cute little Mexican street dog.”

“He’s a rescue dog we picked up from Tijuana,” the novelist said. “We’ve had him a year now, and he’s the inspiration for my next book, about his life on the streets. I really can’t say more about it now.”

Parker, who grew up in Orange County began his writing career with The Newport Ensign and the Daily Pilot. He was a reporter for five years, earning several writing awards, but yearned to be a novelist.

“I was inspired in high school, reading Steinbeck and Hemingway,” Parker said. “Even then, I thought of being a novelist, and with an English degree from UC Irvine, I was ready.”

Parker wrote his first novel, “Laguna Heat” on evenings and weekends while he worked as a reporter. The book was published in 1985 to rave reviews and was made into an HBO movie starring Harry Hamlin, Jason Robards and Rip Torn.

Parker’s following novels – all dealing with crime, life and death in sunny Southern California – appeared on many bestseller lists. His writing has been called “potent and irresistible” (Los Angeles Times) and “resonant, literate and powerful” (Kirkus). The New York Times wrote that “T. Jefferson Parker is a powerhouse writer.” Writing in the Washington Post about “The Triggerman’s Dance,” critic Carolyn See called it “a masterpiece.”

Parker’s “Silent Joe” won the Edgar Award for best mystery in 2001. Three years later, for “California Girl,” he won the Edgar for best mystery once again. In 2008, “Skinhead Central” won Parker his third Edgar, this time for best short story.

Parker’s last six crime novels, “L.A. Outlaws,” “The Renegades,” “Iron River,” The Border Lords,” “The Jaguar,” and “The Fabulous and the Dead” all feature Los Angeles County Sheriff’s Deputy Charlie Hood, and deal with dangers along the U.S./Mexico border. Lionsgate has bought the rights to bring Charlie Hood to the big screen.

In 2014, moved by the young Marines returning from Afghanistan through Camp Pendleton, Parker wrote “Full Measure.” This story, about a young man returning from bloody combat and trying to find



Fallbrook resident T. Jefferson Parker will present his newest book at an event put on by Friends of the Fallbrook Library on Saturday, Jan. 22, at Pala Mesa Resort. Village News/Bruce Jenkin photo

his place in a changed America, was called “Compelling” by T.C. Boyle and “A Great American Book” by Luis Alberto Urrea.

“Crazy Blood,” a novel set in the high-stakes world of Olympic ski racing, followed in 2016. Parker launched his news series, based on private investigator Roland Ford, in 2017 with “The Room of White Fire. The series is set in North County.

The next Roland Ford novel, “Swift Vengeance,” was released in 2018, followed by “The Last Good Guy” and “Then She Vanished” in 2019 and 2020, respectively.

Parker’s stories usually have one protagonist and occasionally part of the story will be shown from the antagonist’s point of view. His stories usually build suspense as the protagonist tries to prevent further crimes. The crimes depicted in the story are usually gruesome acts, which cause much unrest in the town where the story is set. Parker

is renowned for using California settings and depicting the effects of crime on a community.

When not working, Parker spends his time with his family, hiking, fishing, beachcombing, and exercising his dogs. He cannot pass by a body of water without wanting to fish it. He also enjoys rock hounding, cycling and being outdoors.

At the Jan. 22 event, doors open at 11:30 a.m., followed by a light lunch at noon. Barnes and Noble will be present to sell the novel for 20% off retail price. The book can also be ordered online in advance.

Questions may be directed to either Nancy Javier at njeanjavier@gmail.com or Helen McHargue at foodsmarts@gmail.com. Tickets for the event are \$35 and are available at the Bottom Shelf bookstore next to the Fallbrook library or online at fallbrooklibraryfriends.org until Jan. 7. Seating is limited.

Happy New Year!

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2022

HAPPY NEW YEAR

As 2021 closes out we would like to express our gratitude for our clients and our wonderful community.

We wish all blessings for the New Year - and raise our glasses in wishing you peace, health and prosperity.

We'll
TAKE A CUP
O' Kindness
yet
FOR Auld
Lang Syne

"Auld Lang Syne" has its origins in the Scottish language. Nowhere in the original song is the new year mentioned at all. As such, it's commonly performed and played at other celebrations in Scotland, including weddings and graduations—but Scottish New Year's celebrations, called "Hogmanay," is where "Auld Lang Syne" shines brightest.

Guy Lombardo popularized "Auld Lang Syne" in the United States, with broadcasts of his band, the Royal Canadians, playing on the rooftop of New York City's Roosevelt Hotel from 1929 to 1959, then from 1960 to 1976 at the iconic Waldorf Astoria.

"Auld Lang Syne" directly translates to "old long since," meaning, essentially, times gone by.

What does "we'll take a cup of kindness yet" mean? Think spirits, but not the ghost kind: "A cup of kindness" refers to raising a toast to loved ones, kindness, and overall good vibes.

Auld Lang Syne

Should old acquaintance be forgot
and never brought to mind?
Should old acquaintance be forgot
and old lang syne?

[Chorus - this part repeats after every verse]
For auld lang syne, my dear
for auld lang syne
we'll take a cup of kindness yet
for auld lang syne.

And surely you'll buy your pint cup
and surely I'll buy mine
And we'll take a cup o' kindness yet
for auld lang syne.

We two have run about the slopes
and picked the daisies fine;
But we've wandered many a weary foot
since auld lang syne.

We two have paddled in the stream
from morning sun till dine
But seas between us broad have roared
since auld lang syne.

And there's a hand my trusty friend
And give me a hand o' thine
And we'll take a right goodwill draught
for auld lang syne

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Looking back at 2021



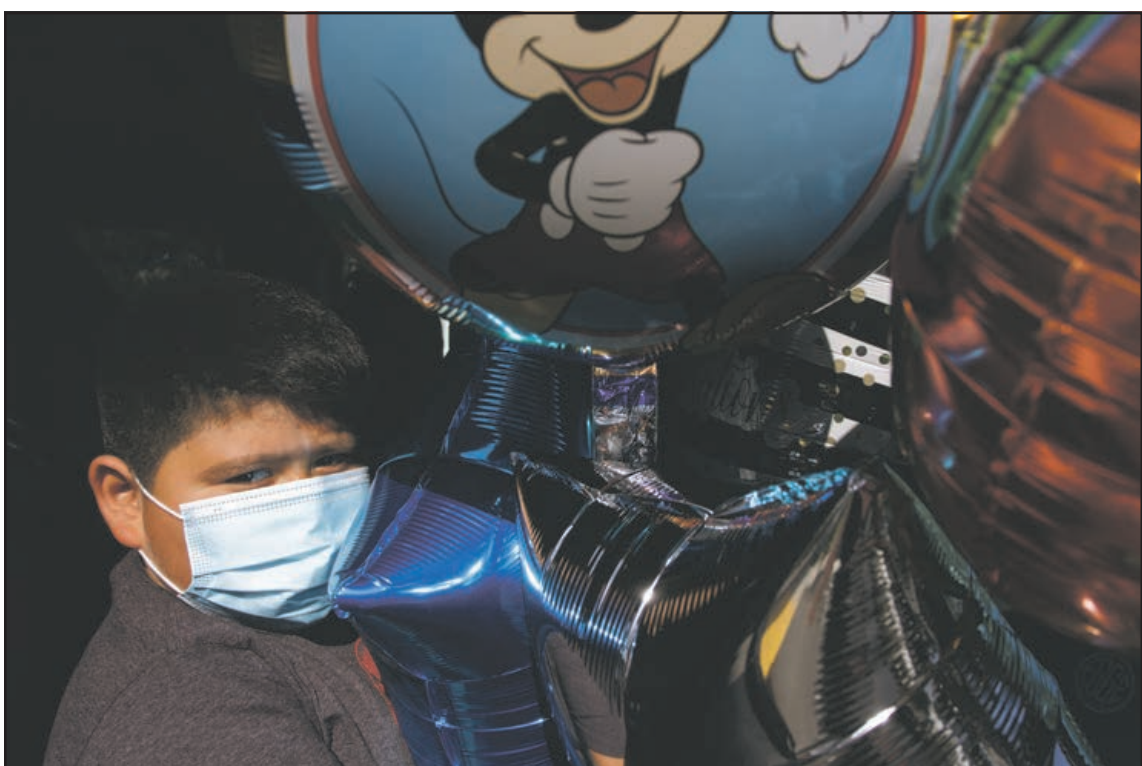
The Laughing Llama owner Shanna Daley's grandmother Carole Ward, with her daughter Adrienne Daley behind her, smiles as she feeds and pets the animals at their Fallbrook property in April. Ward is the inspiration for the family to start the llama farm. Interacting and petting the animals helps calm many of the episodes that Ward experiences from the disease. Because Alzheimer's has affected her memory, the family says that every day she walks down to feed and pet the animals is like a new experience for her.



Lorena Duenes prepares to receive a dose of a COVID-19 vaccine administered by Dr. Karla Strazicich at Vallecitos Elementary School in Rainbow, April 24.



A group of members of the community gather in front of Bonsall Union School District to rally support in encouraging the school district to allow in-person learning for students, March 8.



Vallecitos second grade student Jason Ortiz sits in a car of balloons as his family celebrates his Student of the Month award during a drive-thru ceremony, March 24.



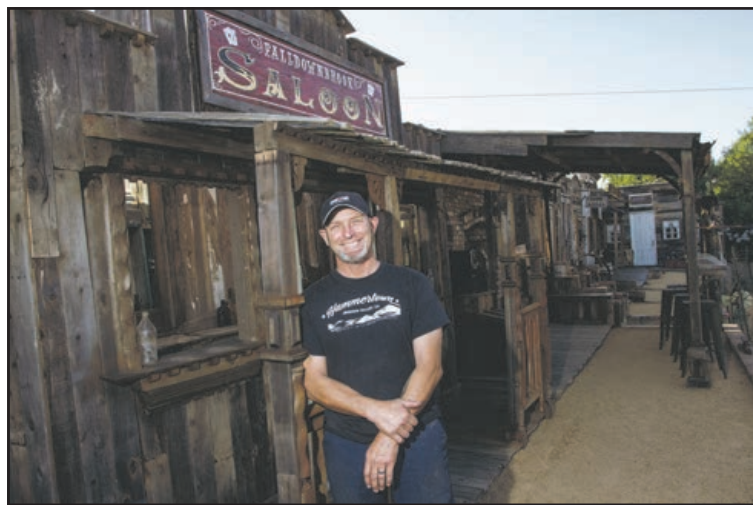
Children play at The Vineyard 1924 for an Easter service, egg hunt and other festivities on Easter Sunday, April 4.



David Duro of the Kupa Song & Dance Group performs native songs for guests attending the Cupa Days event in Pala, May 1.



Members of the Fallbrook High School food service team provide free boxes of food to families with children during one of the weekly food distribution events at the high school.



Mike Routh stands next to an old western facade he created during the pandemic in the backyard of his Fallbrook home.

HEALTH

DEA warns that ‘One pill can kill’

WASHINGTON – The holiday season presents an opportunity to promote awareness of substance misuse and the widespread availability of dangerous substances. Many young adults are being exposed to illicit substances. Individuals experiencing isolation, loss, or loneliness during the holidays may turn to substances for relief. Check in with family and friends and have important conversations about counterfeit pills.

The U.S. overdose epidemic has reached a tragic level. Centers for

Disease Control and Prevention data for the most recent 12-month reporting period show that more than 100,000 people died due to drug overdoses primarily from fentanyl and methamphetamine. That is the equivalent of one death every five minutes due to an overdose. This year, the Drug Enforcement Administration has seized 15,000 pounds of fentanyl – a record amount – which is the equivalent of 440 million lethal doses.

Criminal drug networks are exploiting the U.S. opioid crisis

by mass-producing fentanyl and fentanyl-laced pills which they’re distributing to all 50 states and the District of Columbia. These deadly, fake pills are made and marketed to look like genuine,

prescription medicine. DEA laboratory analysis has shown that four out of ten fake pills with fentanyl contain a potentially lethal dose.

Fake pills are widely available.

Criminal drug networks take advantage of the anonymity and accessibility social media platforms offer to push deadly drugs more quickly, easily, and cheaply than ever before. Drug traffickers are even using emojis as code when buying and selling deadly drugs on social media platforms.

- Know the dangers of deadly drugs online:
- Never take medicine that wasn’t prescribed to you by your own doctor.
- Talk to your family and friends about the danger of buying drugs online.
- Spread the word that One Pill Can Kill.

Submitted by the Drug Enforcement Administration.

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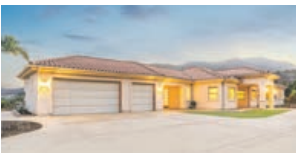
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Healthy Habits for Fallbrook & Bonsall Folks: Nausea and vomiting – the stomach’s enemies

Megan Johnson McCullough
Special to the Village News

Vomiting is the body’s way of getting rid of something it does not like. It is a natural, protective reflex. Nausea is the feeling right before the body does this release. This is an unpleasant feeling, but because vomiting is typically involuntary, it is the body’s warning system.

Nausea and vomiting are not a sickness themselves, but are brought on by an underlying cause. This can be from a virus, food poisoning, bacteria, parasites or the norovirus. It can also be caused by pregnancy, motion sickness or even stress.

Vomiting is controlled by the brain’s vomiting center, which is called the chemoreceptor trigger zone. It is called postrema. The CTZ is located outside of the blood-brain barrier which means that substances in the bloodstream can access it. Because of this access, certain medications can trigger or stop vomiting.

There are certain parts of the body that stimulate the CTZ, communicating that that body needs to vomit. These include the inner ear (vestibular system), which is usually brought on by motion sickness; the cranial nerve that runs down the brainstem to the abdomen, called the vagus nerve, can trigger the gag reflex and vomiting; stress activates the dopamine system, which lead can lead to vomiting.

There are three phases of vomiting.

Nausea, sweating, and salivation: the parasympathetic nervous system causes excess salivation which is the body’s way

of protecting the tooth’s enamel from the stomach’s acid. This leads to sweating and the heart rate starts to increase.

Retching.

Expulsion: the gastric contents come out of the mouth. The abdomen forcefully starts to contract and as pressure builds, the lower esophagus’s sphincter opens to release this pressure.

This process is normal but there could be some causes for concern. Vomit that is strangely colored might mean it is time to see a doctor. Green vomit can be from bile which is caused by blockage to the digestive system. Red vomit might be from blood which could be from an ulcer. Intense pain while vomiting might be caused by appendicitis. Vomiting after an injury could be the sign of a concussion. Vomiting after waking up in the morning can be caused by a brain tumor.

One of the best natural remedies for nausea is ginger. Ginger is potent but can be drunk as a tea. It can also be taken quickly with about ½ teaspoon of fresh ginger. No one likes the feeling of vomiting when it is happening, but sometimes the body needs the release to get rid of whatever is causing discomfort or trouble to functioning.

Our bodies are incredible and know what to do to protect us. For most people, vomiting is just an occasional, next to never problem, but at any sign of more than this, a doctor’s help should be sought out.

Megan Johnson McCullough holds a master’s degree in physical education and health science, is a candidate for her doctorate, is a professional natural bodybuilder and is a National Academy of Sports Medicine master trainer.



Upset stomach can upset your whole day. Village News/Courtesy photo

Give seniors in your neighborhood lifesaving social connections

Simona Valanciute
Special to the Village News

After nearly two years of physical distancing, many families are finally able to reunite safely with their loved ones this winter. I work with hundreds of seniors in San Diego each week, and it brings me so much joy to see their gratitude and anticipation for a holiday season where they can finally see their children, grandchildren and loved ones

again. They are ready to live their lives again. However, many others will not have this opportunity, for reasons ranging from compromised immune systems to financial strain and distance. For these elderly individuals, the threat of the pandemic is as serious as ever – and the threat of social isolation is even more severe. Older adults who are disengaged socially essentially give up hope and are more likely to decline

mentally and physically. Many isolated seniors literally died of loneliness at the height of the pandemic. That is why, this holiday season, organizations serving older adults are doubling down on efforts to combat isolation among seniors. Social connection can be the difference between life and death for their clients – and it improves the lives of everyone in our communities.

Stepping up for seniors
Many older adults were struggling even before 2020 from the serious health effects of social isolation. The already high rates of loneliness among seniors have only increased since the onset of the pandemic, and this

will have major consequences for years to come. According to recent studies, the impact of social isolation is equivalent to smoking 15 cigarettes per day. Other research has indicated a link between loneliness and Alzheimer’s disease. Senior-focused organizations in San Diego, though, have gone above and beyond to give the older adults they serve safe ways to connect with others outside their home.

Before the pandemic, Meals on Wheels San Diego County delivered nutritious meals to over 1,000 homebound clients countywide seven days a week. But COVID-19 turned seniors’ lives upside down, cutting them off from family friends and even

making leaving their homes unsafe. Requests for Meals on Wheels deliveries skyrocketed by 47%. Thankfully, as Meals on Wheels San Diego County’s president and CEO Brent Wakefield said in an op-ed this year, Meals on Wheels volunteers have saved lives by reporting mental and physical issues in their elderly clients to care navigators – and meal deliveries have become a bright spot in both clients’ and volunteers’ lives.

No place for ageism in a post-pandemic world

While the pandemic has shed new light on the crisis of senior isolation, it has also shown us how our dynamic, resilient senior population in San Diego relishes opportunities to learn, connect and stay engaged. My organization, San Diego Oasis, offers a wide array of free or low-cost lifelong learning courses in subjects ranging from art history to using smartphones, many of which are also taught by seniors, as well as volunteer opportunities like our Intergenerational Tutoring program. When we had to take all our programming online in March 2020, I will admit that even I was surprised at how eagerly our students – some in their 90’s – picked up Zoom and signed up in droves.

However, even though we may have gained a new empathy for isolated seniors during the pandemic, ageism is still the most socially acceptable form of discrimination. Our society in general still does not treat older adults like the full, vibrant human beings they are, and this attitude isolates seniors and dims the future of younger generations. If you are thankful for the ability to reunite with older loved ones this holiday season, consider giving back to others who may not be able to do so by supporting organizations that are helping seniors stay connected – and improving or even saving lives in the process. *Simona Valanciute is the President and CEO of San Diego Oasis, an award-winning nonprofit organization serving people aged 50 and better, who pursue healthy aging through lifelong learning, active lifestyles, and community service. Learn more at www.sandiegooasis.org.*



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Headache medicine includes underdiagnosed, underrepresented conditions

Shelby Ramsey
Special to the Village News

The practice of headache medicine is vital to the health of many patients, but the specialty area is extremely complex and there are many conditions that haven’t been discussed much in the media.

Dr. Deborah Friedman, neuro-ophthalmologist with UT Southwestern Medical Center in Dallas, Texas, confirmed that. She said the general public could benefit by learning more about these conditions.

For instance, there are patients who experience continuous pain on one side of their head, experiencing a condition known as “Hemicrania Continua.”

Friedman said in those cases, “the headache is always there.” She said “when it worsens, it frequently sounds like migraine” and it can be easy for even a practitioner to “forget to ask if [the patient] is ever headache-free.” The headache pain can fluctuate, but it is always present.

When properly diagnosed, Friedman said, a positive change can occur for the patient because it “totally changes the management” of the condition.

Hemicrania Continua is “commonly treated with an old anti-inflammatory drug called indomethacin,” Friedman said. The patient’s response to indomethacin is required to make the diagnosis.

Another underdiagnosed and

underrepresented condition is cluster headaches.

According to Friedman, cluster headache is 2.5 times more common in men than women.

“It was previously taught that it was a disorder affecting middle-aged male smokers,” she said. However, while men and smokers are at increased risk, cluster headache affects a much broader range of people.

Friedman explained that “women do experience cluster headaches and they frequently get misdiagnosed.” This is for a few reasons.

First, “Women tend to get cluster headaches at a young age and at an older age than men do,” said Friedman.

Second, “Women tend to have a lot of migraine features with their cluster headaches (nausea, vomiting, sensitivity to light and noise), which are not part of the criteria to diagnose a cluster headache,” she explained. While this can occur in men, it notably throws off the diagnosis for women.

Last, “Women also frequently have a prior history of migraine so they are getting two different kinds of headaches; they are both being called migraine when one is a cluster headache.”

The third underrepresented condition in headache medicine is one that “can make people completely bedridden,” Friedman said.

It is “a spinal fluid leak that

can cause really debilitating daily persistent headaches,” she said. It’s called a Cerebrospinal Fluid leak. These are often daily headaches.

According to the Cerebrospinal Fluid Foundation, this is “a special fluid that bathes and supports the brain and spinal cord.”*

“When the tough layer called the dura mater that holds CSF in around the brain and spinal cord has a hole or tear along the spine, this results in a loss of CSF volume through the defect. This is called a spinal CSF leak, which is the underlying cause of intracranial hypotension.”*

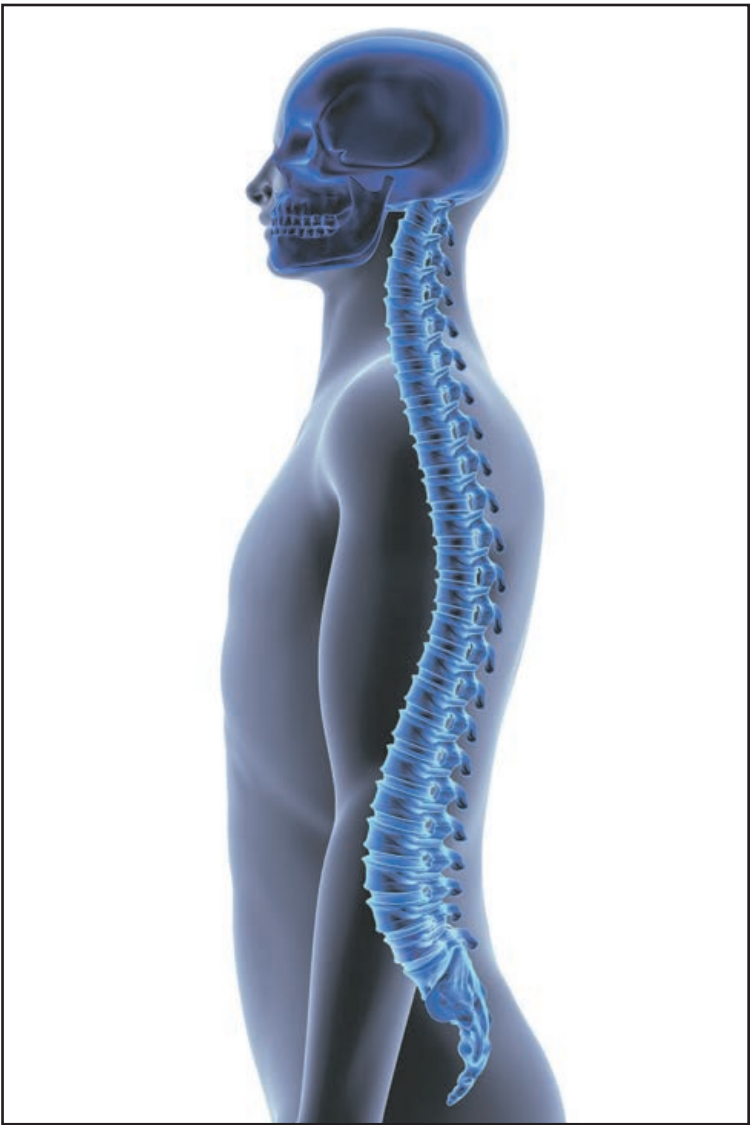
CSF is diagnosed by a doctor “taking a really good history and sometimes an MRI of the brain will give [the doctor] clues.”

Specifically, Friedman said, with this condition “We are looking for headaches that are worse when the patient is upright and/or worsen as the day progresses.”

“The headaches are often associated with either ringing in the ears or dizziness, but there are a lot of symptoms that occur with these headaches,” Friedman said. Symptoms often worsen with anything that “increase[s] chest or abdominal pressure, i.e., laughing, lifting, sexual activity.”

While also a shared factor in migraine, “with CSF leaks, the worsening is very significant and pronounced.”

Friedman said, “With rare exceptions the symptoms are



Headaches, a common yet frustrating pain, can indicate far more serious health concerns.

Take on a hobby, like these for busy people



Discover new music or find old favorites and make digital playlists for the activities of everyday life, such as backyard barbecues or commutes into work.

FALLBROOK – Carving out some time for personal pursuits can provide a sense of achievement and a break from the daily grind. Hobbies also can improve physical and mental health in a variety of ways.

People with tight schedules may think that they’re too busy to engage in hobbies. In such instances, individuals should look for activities that don’t require too great of a time commitment.

Photography

Photos can be snapped just about anywhere and at any time, making photography ideal for busy people. Thanks to advancements in mobile phone cameras, individuals do not even need a high-tech or expensive camera to snap great shots.

Cooking

Everyone needs to eat, making cooking a very useful hobby. Many people who cook for pleasure also note how relaxing it can be to prepare a meal.

Curating music playlists

People with a love of music can take advantage of the many music streaming services to curate their own archives. Discover new music or find old favorites and make digital playlists for the activities of everyday life, such as backyard barbecues or commutes into work. Various streaming sites allow users to make playlists public so they can be shared with others who enjoy the same musical genres.

Reading

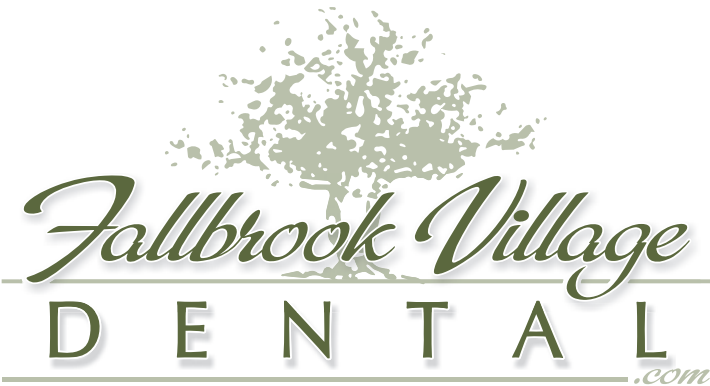
The benefits of reading are numerous. Reading bolsters readers’ vocabulary, can teach them about current events, provides an escape and also serves as exercise for the brain, potentially delaying age-related cognitive decline. Reading can be a solitary venture done in short or long periods of spare time. It also can be shared with others through book clubs and other reading groups.

Scrapbooking

Photographs are now routinely relegated to digital cloud storage,

where they linger in a sort of digital limbo. Scrapbooking inspires people to not only print their photos, but to get creative putting them together with designs, sayings and other mementos.

Busy individuals do not have to pass up on hobbies because they feel they’re short on time. Plenty of activities don’t require much time but still provide a host of benefits.



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Legionnaires enter winter break with 3-2 basketball record

Joe Naiman
Village News Reporter

Bonsall High School’s basketball team now has a 3-2 record.

The record reflects two fewer games than were scheduled for the calendar year 2021 portion of the Legionnaires’ 2021-22 season. “We had seven games, but we only ended up playing five,” said Bonsall coach Chuck Colletti. “We had some cancellations.”

The Legionnaires actually played four games; the Dec. 7 scheduled home game against High Tech Mesa was forfeited by the Thunder. Bonsall’s planned games against Rock Academy and Borrego Springs were postponed and will be played during 2022.

“We had some kids that got sick. It wasn’t covid. They were just sick,” Colletti said.

Rock Academy and Borrego Springs would also have had players out due to illness. “It wasn’t because of covid,” Colletti said. “We both decided to just put them off.”

The Legionnaires will play the entire season without senior Elijah Watkins, who broke his kneecap in the final regular-season game of 2020-21. Watkins missed the playoffs, and the injury turned out to involve tears in both his anterior cruciate ligament and his medial collateral ligament. Watkins’ doctor told Watkins not to play basketball for at least one year. “It’s just a shame for his senior year,” Colletti said.

Bonsall’s season began Nov. 16 at home with a 65-8 triumph over Borrego Springs. On Dec. 1, the Legionnaires traveled to Temecula for a game at St. Jeanne de Lestonnac Catholic School. The Mustangs prevailed by a 50-43 margin.

“Good game,” Colletti said. Bonsall had leads of 15-10 after the first quarter, 25-21 at halftime,

and 31-30 at the end of the third period. “We had the game in our hands with about three or four minutes left and we just turned the ball over,” Colletti said. “The last three minutes we just did not take care of the ball real well.”

The Mustangs made the most of their fourth-quarter possessions. “We played good defense, but they hit their shots so I commend them. We forced them to outside shots, which is what we wanted, but they hit them,” Colletti said. “It happens.”

Two Legionnaires scored in double figures: senior Emil Watkins had 14 points and sophomore Nathan Winebrenner provided 11 points. Winebrenner pulled down nine rebounds, Watkins grabbed eight boards, and junior Hady Rahman recorded seven rebounds. Rahman led the team with four assists while Watkins and junior Isaac Alcantar dished out three assists apiece.

All seven of Rahman’s rebounds were when the Legionnaires were on defense. “Hady Rahman played some real good defense for us,” Colletti said. “It was just one of those games where our bench did not contribute the way we wanted.”

In the victory against Borrego Springs, the starters were rested early to try not to run up the score as well as to provide the reserves with experience although the Rams only had six players and the Legionnaires’ margin kept increasing. In the game against St. Jeanne de Lestonnac, the Bonsall reserves were put in to allow rest for the starters.

“When you lose a close game it hurts, but the biggest thing you take away from that is you were in the game,” Colletti said. “We played hard enough to win. We should have won. It hurts, but it’s a learning experience and we just move forward.”

The Warner High School season has been hampered by two coronavirus quarantines. The Wildcats were able to play three games in a four-day period between the quarantines, concluding with a 53-45 home win Dec. 2 against Bonsall.

“That’s another game that we should have had,” Colletti said.

Warner held a 14-11 lead after the first period, although Bonsall had a 25-24 halftime advantage and led by a 34-32 margin at the end of the third quarter. “We got behind early, but the team showed true grit and fought back,” Colletti said.

The Wildcats had a 21-11 scoring advantage in the fourth period. “The turnover bugaboo bit us again at the end,” Colletti said.

“We had a strong fourth quarter,” Warner coach Ricardo Lara. said. The Legionnaires played the entire second half without senior Nate Valera, who drew a charging foul during the second quarter but hit his head on the floor. “That hurt a lot because he was playing real good at that time,” Colletti said.

This time the substitutes fared better on the court. “Angel Ortega played real well for us off the bench,” Colletti said.

Ortega, a senior, scored five points and had three assists and two steals. Watkins led the team with 17 points and with 13 rebounds. Alcantar had team highs of four assists and three steals.

The Legionnaires made 12 of their 42 two-point attempts and four of 11 three-point shots in what was the Wildcats’ first win of the season. “We were able to run our defensive scheme better,” Lara said.

The School for Entrepreneurship and Technology made a trip to Bonsall for a Dec. 9 game. The Lions took the game to overtime before Bonsall ended the fifth period with the Legionnaires’ first

on-court victory since the season opener.

“Very exciting game,” Colletti said.

Bonsall was ahead by a 13-11 margin after the first quarter and held a 25-20 halftime lead. The Lions had scoring advantages of 11-9 in the third period and 9-6 in the fourth quarter to create a 40-40 score at the end of regulation.

“We had some turnover problems in the fourth quarter again,” Colletti said.

Bonsall’s problems also included a SET player Colletti estimated to be 6’6” and 240 pounds. “He scored a lot of their points from inside, but we stopped him when we were supposed to,” Colletti said.

Making only 12 of 27 free throw attempts was another Bonsall problem. “We shot terrible from the free throw line,” Colletti said.

Two of the successful free throws were at critical moments. The Legionnaires actually trailed by four points in the final minute of the fourth quarter. With 30 seconds remaining, Winebrenner made a shot, was fouled, and made the free throw. That put Bonsall down by one while giving the Lions possession. “We pressed. SET threw the ball away and Emil Watkins got fouled with four seconds left,” Colletti said.

Watkins made one of the two free throw attempts, sending the game into overtime. “We kind of traded baskets and then Emil Watkins hit a three with about two seconds left in the game,” Colletti said.

Bonsall had a 44-43 lead when Watkins took that shot, and the three-point bucket finalized the score at 47-43.

“It was a good way to end,” Colletti said.

“I wasn’t real happy with the way we played,” Colletti said. “Defensively we played real well

again. On the offensive end we’re having a lot of growing pains.”

The Legionnaires made 16 of 50 shots from the field; Bonsall was successful on 13 of 38 two-point attempts and three of 12 shots from behind the three-point arc. Watkins had 15 points and Winebrenner scored 13. Winebrenner pulled down 16 rebounds and Watkins took eight balls off the glass. Watkins led the team with three assists. The Legionnaires had 25 steals led by nine by Rahman and five from Watkins.

“All in all I was real happy with the way we played defense,” Colletti said.

Bonsall was in the Sierra League for the 2020-21 season and won the league championship with an 8-0 record in league matches. The Legionnaires reached the second round of the CIF Division V playoffs and had a 16-6 overall record. Bonsall was moved from the Patriot League to the Sierra League for the 2019-20 and 2020-21 seasons but will return to the Patriot League for 2021-22. The Legionnaires’ league opponents will be Bayfront Charter, The Cambridge School, Health Sciences, and Southern California Yeshiva.

“The league’s going to be tougher,” Colletti said.

Bonsall’s status as defending league champions will make the Legionnaires a target for opponents. “Everybody is after us now,” Colletti said. “We’re going to have a tough road ahead, but I think the boys are ready.”

Patriot League competition for Bonsall will begin Jan. 12 at Bayfront Charter. The pre-league schedule will continue with a home game Jan. 4 against Castle Park and a road game Jan. 6 at Valley Center.

“I think this two-week break is exactly what we needed,” Colletti said.

Warriors start girls soccer season 3-2

Joe Naiman
Village News Reporter

Fallbrook High School’s girls soccer team compiled a 3-2 record in the Warriors’ first five games of the 2021-22 season.

The Warriors began the season Dec. 6 with a 4-0 home loss against Mission Vista but then shut out Oceanside in a 1-0 game Dec. 10 at Oceanside. A 6-0 defeat Dec. 16 at Sage Creek was followed by a 2-0 home triumph Dec. 21 against Rancho Buena Vista and a 1-0 win Dec. 23 at Vista.

“We’re getting better,” said Fallbrook coach Nico Guerra.

Although Guerra has not previously been a head coach this is his 10th year coaching a Fallbrook High School soccer team and he had previously been involved with the Warriors’ boys soccer program as a parent. Guerra succeeds Sergio Garcia, who was the Warriors’ head coach for the past five seasons.

“It’s very interesting and it’s challenging for me,” Guerra said of being a head coach.

Guerra has eight years of experience as a junior varsity boys coach and one year as the Warriors’ girls junior varsity coach. “That helped me at least get an idea of high school soccer, but now being in charge of varsity it’s a different challenge,” he said.

“It’s a great challenge,” Guerra said. “I’m enjoying it.”

Guerra notes that the biggest adjustment in the transition from lower-level coach to head coach is the administrative activity. “I’ve never done it before, but it’s great experience,” he said. “I’m going to get there and little by little I’m going to get better.”

The 50-year-old Guerra lived in central Mexico before moving to Fallbrook in 1987 when he was 15. He attended Fallbrook High School but did not play soccer for the Warriors. He has played for clubs in Mexico as well as local clubs. “I’ve been playing soccer pretty much all my life,” he said.

Guerra’s older son, Eduardo, played soccer for Fallbrook High School before graduating in 2012. “That’s one of the reasons I jumped into the program,” Guerra said of beginning his Fallbrook High School coaching career. “Jorge Rojas gave me an opportunity to be part of the program.”

Rojas has been Fallbrook’s boys varsity soccer coach since 2011-12. Guerra has three children. His other son, Abraham, played soccer for the Warriors before graduating in 2021.

Guerra continued to help coach the boys after his older son graduated. “I stayed because I knew Abraham was coming,” he said.

Guerra’s daughter, Hanna, is now 15 and a Fallbrook High School sophomore who is currently on the Warriors’ junior varsity soccer team. “I moved to the girls program because of Hanna,” Guerra said.

Tryouts for girls soccer began Nov. 8, and approximately 70 girls sought roster berths. “We had enough players for three levels,” Guerra said.

The 2021-22 program does not have a freshman team. “We thought about it, but we had no coaches,” Guerra said.

Guerra was forced to make cuts. “It’s unfortunate. I don’t like to do that,” he said.

The varsity roster has 16 girls. Originally 22 girls were on the junior varsity team, although that number has been reduced to 16. Only five of the 2020-21 players were seniors, so approximately a dozen current players return from last season’s varsity.

Guerra had no desire to lose to Mission Vista in his coaching debut, nor did any of his players. “Any time you lose you feel bad,” he said.

A loss shows where a team’s vulnerabilities are. “It’s a good opportunity to wake up and say that you need to work and get focused,” Guerra said. “We’ve been making some adjustments and some changes.”

Some of those changes were good enough to defeat Oceanside. “The intensity of the girls, it was higher than the first game, more confidence, we controlled most of the game,” Guerra said.

Abby Petersen began practice late because she is also on Fallbrook High School’s cross country team, but the sophomore scored the Warriors’ first goal of the season in the first half of the Dec. 10 game. Karen Ruiz took a corner kick which was blocked by the Pirates’ goalkeeper, but Petersen scored on the rebound for the game’s only goal.

“It was pretty even,” Guerra said of the game.

Sara Ferreira recorded the goalkeeper shutout. “She made at least three or four saves,” Guerra said.

The Warriors’ starting defenders assisted Ferreira in the shutout. Petersen was the outside left back, Panther Espinoza was the inside left back, Cassidy Boulanger played inside right back, and Brooklyn Van Norstam was the outside right back.

“It was a really good victory,” Guerra said.

Several of the Fallbrook players are part of the Oceanside Breakers club program and played against club teammates on the Oceanside High School team. “It was very emotional for my girls beating Oceanside,” Guerra said.

The loss to Sage Creek exposed another Fallbrook vulnerability. “They beat us on the long run, the long ball,” Guerra said.

The players realized how the Bobcats obtained many of their goals. “They worked on it,” Guerra said.

Rancho Buena Vista was the victim of that improvement. “It think it was one of the best games we’ve played so far. We had a really good transition passing the ball around,” Guerra said. “Tactically and technically, I think we did a

really good job.”

Both of the Warriors’ goals were scored by Paige Gartner in the second half. One was on a penalty kick and one was after Gartner stole the ball.

“We had good ball possession,” Guerra said. “We passed the ball around a lot better.”

Guerra used Aaliyah Arce as the goalkeeper for the shutout against RBV. “She did a great job,” Arce said.

Petersen was the outside left back, Kaylie Diaz played the inside left back position, Boulanger was the inside right back, and Joselyne Ruiz had outside right back duties.

“I was very happy for them,” Guerra said of the Dec. 21 win.

Karen Ruiz scored the goal against Vista. Midway in the first half she dribbled the ball from about 35 yards out, maneuvered it to about

18 yards out, and took a shot which was deflected but went into the net.

Arce recorded her second shutout of the season. “I was very happy for her,” Guerra said.

Petersen, Diaz, Boulanger, and Van Norstam were the starting defenders.

“We know we’re going to score more goals,” Guerra said.

One goal almost wasn’t enough against Vista. “The last 15 minutes of the game was trouble because we didn’t score,” Guerra said. “They came back in the last 10, 15 minutes and they took a couple of good shots.”

One of those hit the crossbar and one was saved by Arce.

“I’m very happy for them. A win is a win,” Guerra said.

“They are doing a great job,” Guerra said. “They’re very disciplined, all of them.”

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Looking back at 2021



Charles Bow-Chaipos celebrates as he graduates with his peers at Bonsall High School, June 11. Village News/Shane Gibson photos



New NCFPD fire chief Keith McReynolds gets his badge pinned to his uniform by his wife, Erin, during a pinning ceremony at station #1 in June 16.



Ethan Carpenter, 6, participates in constructing a custom bookmark at a craft booth presented by Rally for Children at the Fallbrook Main Avenue Farmers Market, July 31.



Dawood and Emma Ashe push their golf bag carts as they set out on foot for the next hole during their 500th consecutive day of walking the course at the Golf Club of California, Aug 23.



Water is pumped from the heli-hydrant during an unveiling in Fallbrook, Nov 9. The heli-hydrant and wind sock is LED illuminated to allow pilots to safely make refills at night during a firefight. Pilots are also able to wirelessly fill the tank at the push of a button.



Guadalupe Camacena, 7, holds a picture she drew of succulents at her family's succulent vendor booth at the Fallbrook Harvest Faire, Oct. 17.



A spacious lawn with games is available to guests at Monserate Winery in Fallbrook after its recent opening. Oct 15.



Fallbrook's Estancia Senior Living's first resident Hope Wallen prepares to help cut the ribbon during a celebration event with the Fallbrook Chamber of Commerce.



A lowrider car is displayed at the Fallbrook Masonic Cemetery with an ofrenda of pictures of deceased loved ones at the Day of the Dead event, Oct. 30.



Missing person signs for Elena Roy, 83, are posted around Fallbrook after she went missing on Nov. 3. Roy is still missing as of Dec. 28.

REAL ESTATE & HOME and GARDEN

Adoption gift certificates are a great idea for friends or families looking for a pet

LOS ANGELES – Americans are inundated each year by classic images of bow-bedecked puppies or kitten-stuffed stockings, so it’s not surprising that many families bring pets home for the holidays.

Not everyone considers this, but where those pets come from can either help or hurt efforts to end the killing of pets in America’s shelters.

Best Friends Animal Society encourages families and individuals who are thinking of getting a new furry friend this holiday season to choose the adoption option by taking in a homeless pet from an animal shelter or rescue group, rather than buying from a breeder, pet store or online retailer.

Opening your home to a shelter pet in need means that money is diverted away from backyard breeders and the inhumane puppy mill industry that churns out millions of puppies annually to supply pet stores and online retailers.

This is also a critical time to adopt because adoption saves lives. While adoptions were up the first year of the COVID-19 pandemic, the last six months have proven challenging for animal shelters. Intake has been higher, staffing has decreased, and adoptions have dropped, resulting in overcrowded shelters and thousands of pets waiting longer than usual for homes.

Data from late summer showed shelter challenges and downward adoption trends, including a dramatic decrease in staff levels at shelters which is causing reduced operations and a lower capacity for animals. As a result, many shelters are struggling to keep pace with public demand.

“Whatever life has in store, having a pet makes everything better. Pets provide constant companionship while drastically reducing stress, which many of us can really appreciate these days,” said Julie Castle, CEO at Best Friends Animal Society. “The holidays are a great time to adopt and we hope to get a record number of dogs and cats into loving homes this season. And this year, it’s more important than ever to consider and appreciate what pets give back to us in return.”

“Numerous studies have revealed that the presence of pets is beneficial for our physical and mental health. The companionship of animals has been shown to reduce stress, lower blood pressure and lessen anxiety, helping people to feel calmer and more secure during difficult times,” Castle added.

Adopting is a good investment too. Adoption fees generally cover the pet’s spay/neuter surgery, health exam, vaccinations, microchip ID, and often other free starter goodies that vary from



Pet adoption fees generally cover the pet’s spay/neuter surgery, health exam, vaccinations, microchip ID, and often other free starter goodies that vary from group to group.

group to group.

“One thing people often don’t realize is the quality and variety of animals available through shelters and rescue groups,” Castle said. “Across the country there are always amazing purebreds, mixed-breed dogs, cats, puppies and kittens of all ages, types and sizes looking for homes. Even the popular designer dogs find themselves in need of rehoming when their owners face situations like job loss, divorce or housing issues.”

Potential adopters also can check www.petfinder.com to see the adoptable animals waiting for homes locally, regionally and even nationally. While adoptable pets may seem scarce at times in some areas, there are currently more than 106,400 dogs and puppies, and 124,000 cats and kittens looking for homes on petfinder.com.

Potential adopters can also check our website to find links to adopt from Best Friends, or from one of our more than 3,500 Network Partners across the country, including the Fallbrook Animal Sanctuary, <https://fallbrookanimalsanctuary.org/>. If you’re not ready to adopt, consider fostering a pet from a local shelter or rescue group.

What about pets as gifts?

Although research has shown that pets received as gifts are not necessarily loved less than those adopted by more traditional



Opening your home to a shelter pet in need means that money is diverted away from backyard breeders and the inhumane puppy mill industry.

means, there are better alternatives to choosing a pet for another adult or family as a surprise.

Selecting a pet is a very personal decision, as pets’ personalities vary even when you know what breed someone is looking for. There’s also age, gender, activity level, hair length, and other considerations, so it’s best for the adopter to choose what pet will be ideal for their own family and lifestyle.

For this reason, Best Friends suggests purchasing an adoption gift certificate from a shelter or rescue group, rather than an actual pet, to allow the recipient to make the choice themselves. To make the gift cuter and more substantial, you can assemble a basket of pet supplies, toys and treats to go along with the adoption certificate.

When it comes time to bring home a new pet, few people will argue that adopted animals

reward their people with a depth of unconditional love that pets from other sources don’t seem to rival. They seem to know they were given a second chance, and they spend their lives repaying their people.

For more information, visit bestfriends.org.

Submitted by Best Friends Animal Society.

CAL FIRE announces availability of funding for projects that proactively address fire prevention and forest health

SACRAMENTO – The California Department of Forestry and Fire Protection announced the availability of up to \$240 million for Fire Prevention and Forest Health grant projects. Cal Fire is soliciting applications for projects that prevent catastrophic wildfires, protect communities, and restore forests to healthy, functioning ecosystems while also sequestering carbon and reducing

greenhouse gas emissions.

Cal Fire’s Fire Prevention Grants Program seeks to award up to \$120 million for local projects in and near fire threatened communities that focus on increasing the protection of people, structures, and communities. Qualified activities include hazardous fuels reduction, wildfire prevention planning and wildfire prevention education with an emphasis on

improving public health and safety while reducing greenhouse gas emissions.

Cal Fire’s Forest Health Grant Program will award up to \$120 million to landscape-level forest restoration projects that increase forest resilience to catastrophic disturbance. Eligible activities include forest fuels reduction, fire reintroduction, reforestation, and the utilization of forest biomass.

These grant programs are part of California Climate Investments, a statewide program that puts billions of cap-and-trade dollars

to work reducing greenhouse gas emissions, strengthening the economy, and improving public health and the environment – particularly in disadvantaged communities.

These programs are designed to complement the 2018 Strategic Fire Plan for California and the State Forest Carbon Plan, which propose to protect lives, property, and resources of California and increase the ability of our natural and working lands to mitigate the effects of climate change.

Official call for applications:

Fire Prevention Grants Program: The call for applications opened Dec. 8, and they are due by 3 p.m. on Feb. 9, 2022.

Forest Health Grants Program: The call for applications opens Jan. 3, 2022 and they are due by 3 p.m. on March 3, 2022.

Public workshops, in person and virtual will be held. Please check the Fire Prevention and Forest Health Grants web pages for dates, times, and locations. These workshops will be recorded and made available on the corresponding grants web pages. The Fire Prevention Grant Program hosted its first virtual workshop Dec. 17 at 10 a.m.

For more information and to sign up for grant email announcements, visit www.fire.ca.gov/grants.

Submitted by Cal Fire.

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SAN DIEGO – SB 1383 (California's Short-Lived Climate Pollutant Reduction Law) will go into effect on Jan. 1, 2022, and San Diego County already has a resource to help residents and businesses comply with the state's new organic waste collection rules. Solana Center for Environmental Innovation, a San Diego-based environmental nonprofit that has provided groundbreaking waste diversion services and environmental education for over 35 years, is already on the ground supporting CalRecycle and local municipal governments with outreach and education.

Leading up to the rollout of the law, Solana Center has been working with jurisdictions to determine which businesses will need to be in compliance and by when. After Jan. 1, Solana Center will:

- Continue working with jurisdictions to identify businesses that must comply immediately
- Help entities build their infrastructure for processing organic waste
- Offer technical consultations and inspections for businesses to help them with edible food recovery and organic waste collection

SB 1383, which will be implemented by CalRecycle in conjunction with local county governments and waste management companies (e.g., EDCO, Republic Services, Waste Management), requires every California jurisdiction to provide collection services to all residents and businesses for organic waste.

It also requires jurisdictions to educate grocery stores, restaurants and other food generating businesses about their responsibilities and to establish programs connecting businesses with food recovery organizations that can help divert edible food from landfills and to get it to people in need.

“The implementation of SB 1383 is a watershed moment for our state’s efforts to combat the climate crisis and reduce greenhouse gas emissions by diverting organic waste from landfills,” said Jessica Toth, executive director of Solana Center for Environmental Innovation. “It will also help feed more hungry people by saving edible food from being wasted. SB 1383 is the biggest change to waste management in more than 30 years, since California’s Integrated Waste Management Act of 1989 made recycling part of our daily lives. We are excited to see organic waste reduction and recycling being tackled in

California, and proud to be of service to San Diego County area governmental agencies to educate residents and businesses as this new law is rolled out.”

Both and the Solana Center have been at the forefront of working with local businesses, restaurants and the community, sharing resources and best practices for implementing and staying in compliance with SB 1383. Now that the bill has passed and the Jan. 1 deadline looms, Solana Center sustainability educators are on the ground meeting with businesses and doing waste audits to set local kitchens up for success as well as providing resources such as webinars, a hotline and one-on-one individual technical assistance to businesses, trainings for commercial kitchens in Spring 2022 and much more. The nonprofit is already in contract with 14 out of the 19 San Diego County jurisdictions to provide education services for both businesses and residents.

What is organic waste?

“Organic waste” means any material that is biodegradable and comes from a plant or animal. The organic waste that will be collected under SB 1383 will include:

- Meat and bones, including fish and shellfish
- Grains, breads, and pasta
- Dairy products, including cheese and yogurt
- Eggs and eggshells
- Fruits and vegetables
- Food soiled paper, including compostable takeout containers
- Coffee filters, coffee grounds and tea bags
- Any leftover food scraped off of plates
- Yard trimmings, including leaves, branches, and grass clippings

After Jan. 1, residents and businesses can no longer throw these items in with their landfill-bound trash. They must be placed in a separate green bin, provided by their city or the county. The timing of new organic waste curbside pickup varies by each jurisdiction and when their waste hauler partners will be set up to provide the service.

Why California passed SB 1383
Nearly 40% of all the food grown, produced, bought and sold in the U.S. is wasted, all while the climate crisis worsens and one in five Californians faces food insecurity. According to the California Department of Food and Agriculture, Californians throw away 6 million tons of food waste each year, most of which could have fed hungry people, or been used for compost, biofuel,

electricity generation or animal feed.

In the San Diego region alone, residents generate 1.6 million tons of organic waste annually and 500,000 tons of food waste is disposed of. When that food waste instead ends up in landfills and decomposes, it produces methane gas, a pollutant that is over 80 times more potent than carbon dioxide and a major contributor to climate change.

Researchers estimate that the effect of SB 1383 on reducing pollution and greenhouse gas will be the equivalent of taking more than two million cars off the road for a year, and it will feed millions more Californians annually. Applying nutrient-rich compost made from recycled food scraps to crops will also improve the quality of California's soil and food and will help reduce agricultural water use in our drought-stricken state. Compost also sequesters carbon from the air when land-applied, with benefits lasting 20 years.

On a local level, organic waste recycled in San Diego County will fuel a more energy-neutral fleet of collection trucks, and ultimately feed the region's natural gas pipelines. Solana Center also anticipates that the new law will create more jobs in San Diego communities by building a marketplace for processing, distributing and using organic materials that would have been thrown away in a landfill before.

- The goals of SB 1383 include:
 - A 50% reduction in the statewide disposal of organic waste by 2020, as compared with 2014 levels
 - A 75% reduction in residents' and business' disposal of organic waste by 2025; and
 - By 2025, donating at least 20% of edible food that would otherwise be thrown away in landfills to Californians who don't have enough to eat.

The impact of diverting organics in San Diego alone is enormous and can potentially:

- Free up 700,000 tons a year of landfill space
- Create new markets and jobs worth \$2,000,000/year
- Save local businesses \$20M a year in disposal fees
- Avoid 127,000 metric tons a year of greenhouse gases

What residents and businesses can expect

As of Jan. 1, jurisdictions are required to provide every business and residence, including multifamily complexes, with bins for recycling “green” or organic waste. They also need to provide options for proper



Residents can get a food recycle bucket from their waste service company so they can comply with the state's new organic waste collection rules.

disposal, whether that is through part of regularly scheduled trash pickups or through systems for collecting and returning waste to organic waste recycling centers or anaerobic digestion facilities. It is at these types of facilities where the organic waste will be converted into materials like compost or biofuel.

All businesses classified under Tier 1 (wholesale food vendors, food service providers, food distributors, grocery stores and supermarkets) are additionally required to have a formal system for directing edible leftover food to organizations that distribute food to San Diegans in need.

According to Solana Center, EDCO, Republic Services and Waste Management have already provided many customers in San Diego County with green curbside bins for collecting organic waste, and other waste management companies in the area will soon follow suit. Cities may also provide kitchen caddies for food scraps, either automatically or upon request.

Depending upon the city or jurisdiction, some customers may see an increase of up to \$5 a month in waste collection fees in order to fund the new services. Residents and businesses who do not wish to participate in curbside pickup may self-collect their own organic waste to compost at home or and

take it to programs such as Solana Center's Food Cycle project, or another organic waste processing facility in the region.

- Prevention - shop smart - create a list before you go to the store or place an order to know what you already have on hand. Store food properly to prevent spoilage
- Optimal use - donate unneeded, edible food. Get creative with leftovers, imperfect produce and excess seasonal produce
- Recycle - compost your scraps or take part in your curbside organics recycling program to turn your material into healthy soil amendments.

Anyone who would like help preparing their San Diego region jurisdiction or business to comply with SB 1383 regulations can reach out to Solana Center Environmental Solutions Director Mallika Sen at mallika.sen@solanacenter.org.

For more information about Solana Center for Environmental Innovation, to volunteer or support their work or attend an upcoming workshop, visit www.solanacenter.org.

For more information about SB 1383, visit www.calrecycle.ca.gov/organics/slcp.

*Submitted by Solana Center for
Environmental Innovation.*

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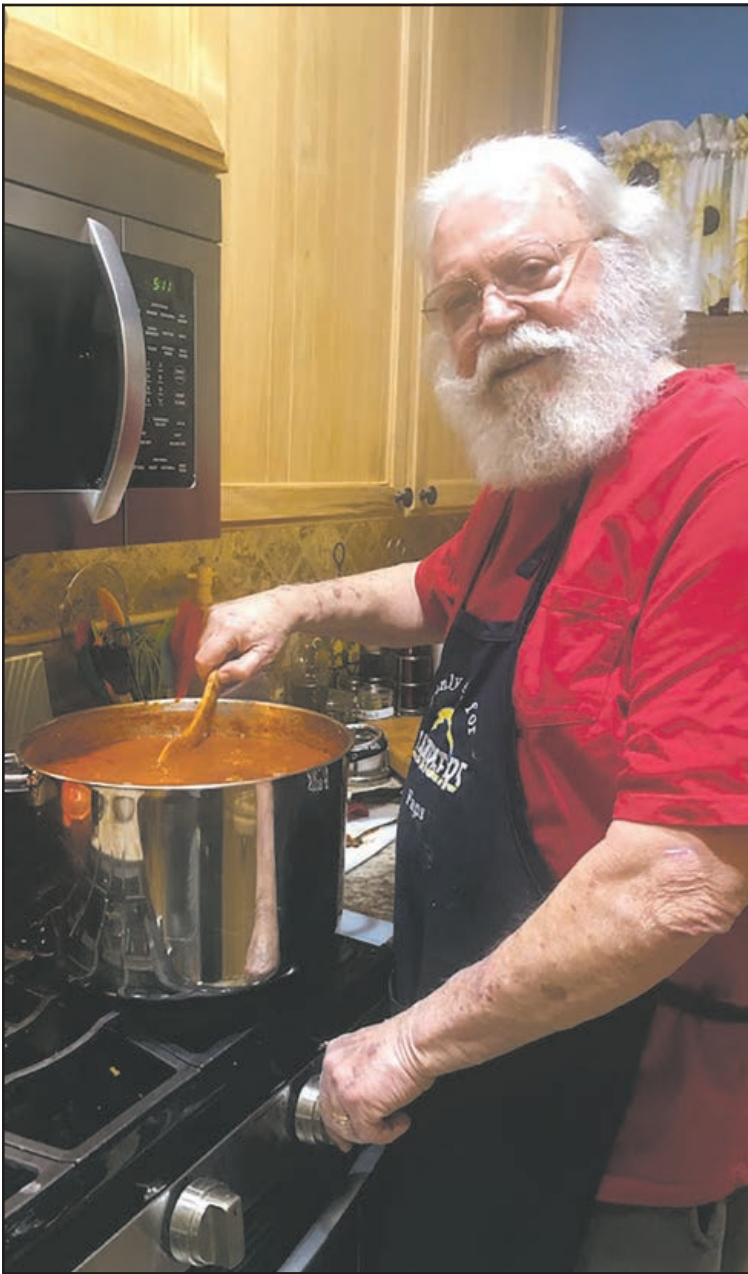
accommodate a second property (currently used as the work shop area), pool, & tennis court. This home was built with the utmost care & has been impeccably maintained. \$1,900,000

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OBITUARIES



On Nov. 7, 2021, **Earl Desmond Dahlen** passed away peacefully in his sleep after watching his beloved Chargers beat the Eagles 27-24. He was 77 years old.

Earl was born in Hartford, Connecticut on Oct. 16, 1944, before moving out west and growing up in El Monte, Phoenix and California. It was during high school in Arizona that he developed his lifelong love of all things football and hot rods. This love of hot rods made Earl a formidable drag racer at the Carlsbad Raceway in the 1960's. Later in life, Earl was particularly proud of his 1955 Chevy Nomad and 1947 Woodie restorations.

Earl went on to receive his teaching credential in Industrial Arts and completed a Master of Fine Arts in Industrial Education from CSU Long Beach where he refined his craft as a woodworking artisan. Earl used the love of his craft to inspire students as a teacher at James E. Potter Junior High for 29 years. Earl helped promote his student's work by submitting them for competition with the San Diego County Fair year after year and winning numerous awards.

However, Earl's commitment to creating change wasn't limited to the classroom. Earl became heavily involved in the California Teachers Association and worked on multiple state-level political campaigns through the union. Earl's effectiveness with state level politics led to opportunities to affect change nationally with the

National Education Association Political Action Committee.

Additionally, he was proud to be certified as an arbitrator for the Better Business Bureau. After nearly three decades in education, Earl launched his successful woodworking business The Earl of Woods where he specialized in antique restoration, custom woodworking, designing, construction, and refinishing.

Earl was frequently loud, opinionated, and generous to a fault. A notable bon vivant who frequently sought out the best food and wine, Earl became a member of the Orange County Wine Society and enjoyed his membership in several wineries across California. And along with a love of food and wine, Earl enjoyed throwing large parties at his home in Fallbrook. He also enjoyed his weekly brunch with friends that he affectionately called the "Old Farts Breakfast Club."

Family gatherings were extremely important to Earl as were the holidays. In later years, Earl grew out a white beard and spread Christmas cheer as Santa Claus at holiday events and handed out hundreds of candy canes to awestruck children.

Earl was a loyal friend who fiercely loved his family; who never missed an opportunity to share his knowledge, kindness, opinion, recipe, or anecdote; who sought out the best in everything while looking for the best in everyone. He will be missed.

Earl was predeceased by his mother, Joanne Ciuchta; his father, Earl Desmond Buckner Sr., and his older brothers Robert Dahlen and Alan Dahlen. Earl is survived by his beloved wife, Laurie Dahlen; his sister, Joanne Ostrander and her husband Rex; his daughter, Darcy Sybrandy, her husband Sybren, and his grandson, Conner; his son, Jason Dahlen, his daughter-in-law Jenny, and his grandsons Axel and Ryan; his stepchildren, Steven and Wendy Riback and his grandchildren Gabi, Zak and Rosie; his stepchildren, Tom and Kathy Karins; his stepchildren, Debbie and Freddie Acosta, and his grandsons, Atticus and Luke.

In accordance with Earl's wishes, Earl's ashes will be scattered at sea as part of a small, private ceremony. In remembrance of Earl, the family asks that you raise a glass in Earl's memory.

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BUSINESS

Financial Focus: What are your financial resolutions for 2022

FALLBROOK – As you know, 2021 was full of challenges. We were still feeling the effects of the COVID-19 pandemic when supply chains shut down and inflation heated up. So, if you’re like many people, you might not be sorry to see the year come to a close. But now it’s time to look ahead to a brighter 2022. And on a personal level, you may want to set some New Year’s resolutions. You might resolve to improve your health and diet, and possibly learn some new skills, but why not make some financial resolutions, too?

Here are a few ideas to consider:

- Prepare for the unexpected. If you haven’t already created an emergency fund, now may be a good time to start. Ideally, you’d like to have three to six months’ worth of living expenses in this fund, with the money kept in a low-risk, liquid account. (If you’re retired, you may want your emergency fund to contain up to a year’s worth of living expenses.) Once you’ve got this fund established, you may be able to avoid dipping into long-term investments to pay for short-term needs, such as costly home or auto repairs or large medical bills.
- Boost your retirement savings. The pandemic caused many us to reevaluate our ability to eventually

enjoy the retirement lifestyles we’ve envisioned. In fact, 33% of those planning to retire soon said they started to contribute even more to their retirement savings during the pandemic, according to a study from Age Wave and Edward Jones. This year, if you can afford it, increase your contributions to your IRA and your 401(k) or other employer-sponsored retirement plan.

- Reduce your debt load. The less debt you carry, the more money you’ll have available to support your lifestyle today and save and invest for tomorrow. So, this year, resolve to cut down on your existing debts and avoid taking on new ones whenever possible. You can motivate yourself by measuring your progress – at the beginning of 2022, record your total debts and then compare this figure to your debt load at the start of 2023. If the numbers have dropped, you’ll know you were making the right moves.
- Don’t overreact to the headlines. A lot can happen during a year. Consider inflation – it shot up in 2021, but it may well subside in 2022. If you changed your investment strategy last year to accommodate the rise in inflation, would you then have to modify

it again when prices fall? And inflation is just one event. What about changes in interest rates? How about new legislation coming out of Washington? And don’t forget extreme weather events, such as wildfires and floods. Any or all of these occurrences can affect the financial markets in the short term, but it just doesn’t make sense for you to keep changing the way you invest in response to the news of the day. Instead, stick with a strategy that’s appropriate for your goals, risk tolerance and time horizon. You may need to adjust this strategy over time, in response to changes in your own life, but don’t let your decisions be dictated by external events.

These aren’t the only financial resolutions you can make – but following them may help you develop positive habits that can help you face the future with confidence.

Edward Jones financial adviser Brian Schrock is located at 1434 S. Mission Road, Suite B, in Fallbrook. For more information, call 760-731-3234 or visit <https://www.edwardjones.com/Brian-Schrock>.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC



Brian Schrock can be found at his Edward Jones Village News/Courtesy photo office at 1434 S. Mission Road, Suite B, in Fallbrook.

BUSD awards soils and geotechnical testing contracts for potential Citro school

Joe Naiman
Village News Reporter

Construction Testing and Engineering was awarded the Bonsall Unified School District contract for soils testing and geotechnical services to determine whether a site on the Citro property will be suitable for a BUSD elementary school.

The BUSD board voted 5-0 Dec. 15 to award the soils and materials inspection services contract to Construction Testing and Engineering, which is headquartered in Escondido. The contract amount is for \$24,700, and the school district has budgeted a 5% contingency to cover unforeseen conditions.

“BUSD is actively doing due diligence to acquire the approximately 11 acres already designated for a school site, especially since there are over 2,500 new homes projected to be built within district boundaries in the next decade,” said BUSD Board President Larissa Anderson.

The future Citro development was called Meadowood when the San Diego County Board of Supervisors approved the subdivision map which included 13 acres for an elementary school which will be built by the BUSD. The school district and Tri Pointe Homes are in negotiations for the acquisition of that land, and the specific location is still a closed session matter for the school board.

On Oct. 13, a pair of 5-0 BUSD board votes authorized district staff to advertise requests for qualifications and requests for proposals for analysis of soils testing and geotechnical services and for architectural services. The school district established a committee to review the requests for qualifications and requests for proposals.

“This is just your due diligence to make sure the land is suitable to build a school,” said BUSD Superintendent Joseph Clevenger.

The school district and Construction Testing and

Engineering will work with Tri Pointe Homes to obtain access to the land being tested. The Construction Testing and Engineering scope of work includes researching available maps and literature on the site area, reviewing documents relevant to site history and development, coordinating with BUSD officials to mark out proposed exploratory borings, procuring a boring permit from the County of San Diego’s Department of Environmental Health and Quality, drilling 10 exploratory borings to depths of 20 to 50 feet below the ground surface or until practical drilling is prevented by underground material, drilling five additional percolation test borings to a depth of five feet below the ground surface, backfilling the exploratory borings, logging and classifying virtually the materials encountered during the borings, performing laboratory testing on samples, and preparing a report.

Fallbrook chamber to hold January events

FALLBROOK – The Fallbrook Chamber of Commerce has several events planned for January. They are:

- Monday, Jan. 3 – First Monday Coffee at chamber office, 9 a.m.
- Monday, Jan. 10 – Educational Seminar on “Goal Setting in Uncertain Times” at chamber office, 10 a.m.
- Thursday, Jan. 13 – SunUpper at Bakin’ it Up Collective, co-hosted by Portero Services, 9 a.m.
- Wednesday, Jan. 19 – SunDowner at Casa Estrella

Cocina de México, 5:30 p.m.

- Friday, Jan. 21 – Business Breakfast Club at Chamber office, 9 a.m.
- Friday, Jan. 28 – Lunch Mob at Thai Thai, 12 noon.

The chamber is located at 111 S. Main Ave. For more information on the events, call 760-728-5845 or email jackie.toppin@fallbrookchamberofcommerce.org.

Submitted by the Fallbrook Chamber of Commerce.

SBA San Diego District seeks nominations for 2022 Small Business Week awards

SAN DIEGO AND IMPERIAL COUNTIES – The U.S. Small Business Administration San Diego District Office is proud to announce that the SBA’s San Diego District Office is ready to accept nominations for its 2022 National and Local Small Business Week Awards, including the annual Small Business Person of the Year award.

San Diego District Office awards will be presented at a Small Business Awards ceremony in early to mid-May 2022.

Visit www.sba.gov/nsbw to download forms, criteria, and guidelines for submitting a nomination. San Diego District nomination guidelines and district award categories can be found at www.sba.gov/document/support-san-diego-district-office-local-awards.

The SBA awards given in celebration of National Small Business Week include the following categories:

- PST, Feb. 1, 2022.)
- Family-Owned Small Business of the Year
 - Minority-Owned Small Business of the Year
 - Veteran-Owned Small Business of the Year
 - Women-Owned Small Business of the Year
 - Young Entrepreneur of the Year
 - Minority Small Business Champion of the Year
 - Veteran Small Business Champion of the Year
 - Women in Business Champion of the Year
 - Financial Services Champion of the Year
 - Small Business Journalist of the Year

The San Diego District Office of the U.S. Small Business Administration serves San Diego and Imperial counties and will only accept nominations for nominees from these two counties.

Find a list of SBA District Offices at: www.sba.gov/about-sba/sba-locations/sba-district-offices, or search by ZIP code at: www.sba.gov/local-assistance.

Review the guidelines for your specific category before submitting your nomination package.

Nominations for all of the above award categories must be received by the San Diego District office by electronic submission only to the district’s BOX account at: sba.app.box.com/f/51a8b00cce4243aab137afbe70c2db7e.

To obtain information or receive a copy of the National and San Diego District nomination guidelines, contact Cynthia Harris at Cynthia.Harris@sba.gov.

San Diego District Office Local Award Categories:
(Accepted by the San Diego District Office no later than 5 p.m.

Submitted by the U.S. Small Business Administration San Diego District Office.

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EDUCATION

It was a season of giving at the Boys & Girls Clubs of North County



North Coast Pastor JD, left, presents a new bike to Boys & Girls Club member Jaya Escobedo, with B&GC Director Allison Barclay.



Members from the Boys & Girls Clubs of North County eagerly wait for their names to be called to get their brand new bikes from North Coast Church.



Club members are excited to receive gifts from the North County Fire Protection District.



North County Fire personnel hand out gifts to Boys & Girls Club members.

Village News/Courtesy photos

Spring reopening in store for Palomar College

SAN MARCOS – All Palomar College services at the San Marcos campus and education centers in Escondido, Rancho Bernardo and Fallbrook will resume on-site operation for the spring semester effective Jan. 17, 2022.

Services will be available in person Monday through Thursday, 8 a.m. until 5 p.m., with Friday designated as a virtual office day for departments that operate remotely with a minimal impact on students.

“We are looking forward to safely reopening our beautiful San Marcos campus and three education centers,” said Superintendent/President Dr. Star Rivera-Lacey. “On behalf of the entire Palomar College community, thank you to everyone who has remained patient and collaborative while we addressed the health and safety challenges of the COVID-19 pandemic.”

The spring semester begins on Monday, Jan. 31, 2022 with nearly double the amount of face-to-face classes than during the fall semester. The most significant

change between the two terms is the availability of face-to-face student services at all of Palomar’s locations. These services include counseling, financial aid, tutoring, and student enrollment and engagement. Information regarding applying to Palomar College and enrolling in classes can be found here, <https://www.palomar.edu/stepstoenroll/>.

Students and staff who are resuming on-site operations in January will need to have filed proof of COVID-19 vaccination with the college, or have an approved exemption. Daily health check-ins are already in place for all students, employees, and visitors to the Palomar College main campus and education centers, and will continue in the spring semester. Facial coverings are required at all times while indoors, regardless of vaccination status. Those with approved vaccine exemptions will be required to test weekly for COVID-19.

Submitted by Palomar College.

FALLBROOK – The spirit of the holidays was in full swing at the Boys & Girls Clubs of North County, with community members, businesses and organizations all coming together to create a holiday season that none of their members would ever forget.

North Coast Church brought the excitement to the Ingold Clubhouse when they presented its members with 200 brand-new bikes and helmets! The children couldn’t wait to test their new bikes on the club’s backcourt.

North County Fire Protection District came ready to deck the halls with their antique fire truck filled with gifts they collected from their community toy drive.

Generous businesses like Fallbrook Sporting Goods, Fresco Grill and Vista Valley Country Club gathered support from community members to help fill toy boxes with new and unwrapped gifts for the children.

Not to be outdone, the ladies from the Women’s Golf Club of California and the Fallbrook Women’s Golfers brought their gifts in by the sleigh-full.

“I’m always amazed at the



Dolly Harty, from Fallbrook Women's Golf Club, shares the gifts they collected for Boys & Girls Club members on Camp Pendleton.

generosity of our community,” said Allison Barclay, CEO of Boys & Girls Clubs of North County. “It takes a village to support all of our 2000 members, and we are so grateful to the village of Fallbrook for their care and concern for our kids.”

In total over 800 gifts were handed out to the nine different club sites throughout Fallbrook and on Camp Pendleton. Every

member who attended one of the Club’s holiday parties left with a gift provided by a caring member of the Fallbrook community.

For more information on the programs and services that the Boys & Girls Clubs of North County offers, visit www.bgcnorthcounty.org or call 760-728-5871.

Submitted by the Boys & Girls Clubs of North County.

BUSD moves board meetings to third Wednesday of the month

Joe Naiman
Village News Reporter

For calendar year 2022, most Bonsall Unified School District board meetings will be held on the third Wednesday of the month.

A 5-0 BUSD board vote Dec. 15 approved the change of the normal meeting date from the second Wednesday to the third Wednesday. The meetings could be moved due to holidays, school events, or other reasons; the school board normally holds two meetings in June to allow for the adoption of the fiscal year budget, and special meetings may also be called when warranted.

“We just looked at what worked best for our schedule,” said BUSD Superintendent Joseph Clevenger.

Eric Ortega is on the BUSD board. He is also involved with the Pala Tribal Council, whose meetings are on the second Wednesday of the month. The school board meetings on the second Wednesday of the month were thus an issue for him. “That didn’t fit into my schedule because

of the tribal council meetings, which made me miss tribal council meetings,” Ortega said. “It’s a rather large important meeting for us.”

Other members of the Pala tribe have children who are BUSD students. “It does help any tribal member now,” Ortega said.

Ortega noted that in the past, tribal members have attended the school board meetings but had to leave early to return to Pala for the tribal council meetings. “We all feel they’re both very important,” Ortega said.

With the change of dates for BUSD board meetings, those tribal members no longer have to choose between the two meetings. “This is trying to make sure that the maximum number of people have access to the meetings where decisions are made about their students’ learning,” Clevenger said.

The conflict between the tribal council meetings and the school board meetings is recent. “Historically the meetings were held on Thursday,” Ortega said.

Larissa Anderson was elected to the Bonsall school board in November 2018. Her son was a high school wrestler at the time and, because high school wrestling meets are usually held on Thursdays, she requested that the meetings be moved to Wednesdays so that she could see her son’s matches. At the December 2019 organizational meeting, the board meetings were moved to the second Wednesday of the month, which has been the normal case since January 2019.

Ortega was elected to the board in November 2020. He wrestled for Fallbrook High School before graduating in 1982 and noted that the wrestling matches were on Thursdays when he was a competitor.

The rest of the board deemed the tribal council meetings important enough to change the date of the school board meetings. “All I did was ask them,” Ortega said.

“None of them had any problem with changing the date,” Ortega said. “It is nice that they accommodate.”

Vallecitos School District approves collective bargaining agreement with VEA

Joe Naiman
Village News Reporter

The Vallecitos School District board held a special meeting Dec. 17 to approve a collective bargaining agreement with the Vallecitos Educators Association.

The board voted 5-0 to approve the one-year agreement which includes a salary increase of 3% retroactive to July 1, 2021, with potential additional increases based on retirements. Increases to health and welfare benefits are also addressed in the agreement.

“This is definitely nice to have this behind us for the year,” said Vallecitos School District Board President Michael Darnley.

The pay for Vallecitos Elementary School teachers has a step and column formula basing pay on experience and educational units. If teachers retire they would be replaced by a newer teacher at a lower pay scale. That savings would be used for additional pay increases for the remaining

Vallecitos teachers.

“We’ll be able to be much more competitive,” said Vallecitos School District business manager Linda Miller. “This is really a win-win.”

Seven of the 11 Vallecitos Elementary School teachers are at the top of the pay scale. Each retirement would disencumber between \$105,000 and \$110,000, depending on fringe benefits. “We’re looking at a significant savings,” Miller said.

The salaries would increase by an additional 1% for each certificated teacher submitting a notice of retirement effective June 30, 2022, up to a maximum 6% increase. The district-paid health benefits were increased to cover the health plan cost for school district employees. The new collective bargaining agreement also makes minor revisions to the grievance procedures related to timelines for filing and processing grievances.

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Fallbrook residents take mission work to Mexico, Malawi and beyond



Pastor Tamara Landes and husband Robert Landes live in Fallbrook. Tamara is the Children's Pastor at North Coast Church Fallbrook. She's Reaching the Hungry's Children's Ministry Director.



Pastor Carlos Sales and his wife, Lisa, serve on the leading team on a safari at Mvu Camp in Malawi, Africa after their mission work before they fly home.

Village News/Courtesy photos



Lisa Sales, far right, learns how to balance a bucket on her head during a mission trip to Malawi.



Children open their presents during a Christmas party, Dec. 17, organized by the Sales family at an orphanage in Tijuana.

Rick Monroe
Special to the Village News

Carlos Sales of Fallbrook has been a pastor for 27 years but doesn't have a traditional church. After working 16 years in North County churches, he went into mission work 11 years ago. His "congregation" is worldwide.

With wife Lisa and their family and teams, he ministers to people in the far reaches of the world – the Philippines, Costa Rica, Mexico and Malawi, Africa – through Reach the Hungry, a missions organization he founded.

"Our purpose is to mobilize churches to put their faith into action by providing opportunities to serve alongside missionaries reaching the physically and spiritually hungry throughout the world," is their mission statement on reachingthehungry.org.

Sales and a team spent Thursday, Dec. 17, in an orphanage in Tijuana. This is the fifth year he has taken presents and given a Christmas party for the children ages 14 and under.

"A church provides shoes, socks and backpacks, and another gives funds to buy clothes," Sales said. "One of my daughters created an Amazon wish list with a picture of each child and a gift they would want. Each child received a \$25 gift."

Presents were taken to the orphanage for safe keeping a week prior to the party. This year it was a smaller group of about a dozen, Sales said, because some of the volunteers who signed up were not able to keep the commitment.

Participants gathered in Escondido and carpoled to the border, parking on the U.S. side. They walked across together and then took a chartered bus to the orphanage.

Fallbrook residents Robert and Tamara Landes were among the volunteers bringing joy to the orphanage. Tamara Landes is children's ministries pastor at North Coast Church in Fallbrook.

Activities included lunch and a presentation of the Christmas story by the students. Sales also gave a gospel message. Students from a Christian school in North County also sent individual Christmas cards with the idea of

establishing pen pals.

"We make several trips a year to the orphanage," the pastor noted. "It's important to have a continuous presence. We do work projects like painting and remodeling, along with lunch and getting to know the children."

The Tijuana outreaches are a great way for Christians to discover the blessing of mission work, Sales said.

"We believe that local ministries are the best method for reaching the physically and spiritually hungry around the world," states the webpage. "Because of this, we are committed to supporting missionaries so that their opportunities and impact are maximized. We do this in three ways: Equip, Empower, Encourage."

Equip means providing strategies and capital, he explained, allowing missionaries to become efficient and self-sustaining.

Empower means providing training and tools, enabling missionaries to operate fruitful ministries.

Encourage means to provide spiritual and emotional support, ensuring that missionaries remain ready to serve others.

All the trips to the orphanage in Tijuana are for one-day. The 2022 schedule is for April 30, July 2, Sept. 3, and Dec. 15.

Other destinations involve travel and are for a week or more, though restrictions from COVID-19 have caused problems. "We have a 2022 schedule and are praying we'll be able to make the trips."

"Our trips to Costa Rica are filled with opportunities for evangelism, ministering to women and children, soccer outreaches, and serving alongside our partner, Pastor Christopher Arista and Calvary Chapel Palabra Viva," Sales said. "If you love evangelism, this is an excellent trip for you."

The January trip to Costa Rica has been canceled and the remaining trip is July 22-30.

The Philippines journeys are filled with outreaches, distributing care packages, running basketball camps, kids' clubs, and eyeglass clinics.

"We also have the opportunity to support and serve our



A mission team in Malawi, Africa installs water wells and also shows the Jesus Film.



The party at the orphanage included lunch and a presentation of the Christmas story by the students.

missionary partners, the Wicks," Sales said. "This trip is perfect for those who love to work with children, outreaches and basketball!"

The 2022 schedule for trips to the Philippines is June 12-22 and Aug. 21-31.

Malawi is the farthest destination and trips typically consist of water-well installation,

Jesus film outreaches, women's and children's ministry, an orphanage visit, discipleship training, and a two-day safari.

"This trip is great for anyone unsure of their talents and giftings in ministry, Sales said.

Two trips to Malawi are planned, on May 1-13 or Oct. 2-14.

Sales and his family moved

from Vista to Fallbrook four years ago. His three daughters are married, and his son Chase lives in their home. Sales is also active in officiating at wedding services.

Anyone interested in knowing more about the mission's work can contact Sales at trips@reachthehungry.org.

NATIONAL

Outlets hurt by dwindling public interest in news in 2021

David Bauder
The Associated Press

NEW YORK (AP) – The presidential election, pandemic and racial reckoning were stories that drove intense interest and engagement to news outlets in 2020. To a large degree, 2021 represented the inevitable hangover.

Various metrics illustrate the dwindling popularity of news content.

Cable news networks were the main form of evening entertainment for millions of Americans last year. In 2021, weekday prime-time viewership dropped 38% at CNN, 34% at Fox News Channel and 25% at MSNBC, according to the Nielsen company.

The decline was less steep but still significant at broadcast television evening newscasts: 12% at ABC’s “World News Tonight” and the “CBS Evening News;” 14% at NBC’s “Nightly News,” Nielsen said.

The Trump era saw explosive subscriber growth for some digital news sites like The New York Times and Washington Post. Yet readers aren’t spending as much time there; Comscore said the number of unique visitors to the Post’s site was down 44% in No-

vember compared to November 2020, and down 34% at the Times.

While a Dec. 23 headline on the Los Angeles Times front page “How Much More Can We Take?” referred to COVID-19, it could easily be applied to the news appetite in general.

For the most part, smart news executives knew the peaks of 2020 were not sustainable.

“It was entirely predictable,” news media analyst Ken Doctor said.

Perhaps that was most obvious at the cable news networks. They built a prime-time model almost entirely focused on political combat during the Trump years, which made it difficult for them to pivot to something different, Tom Rosenstiel, a journalism professor at the University of Maryland, said.

“You become, to some extent, a prisoner of the audience you built,” Rosenstiel said.

Those networks remain focused on politics even as viewership interest wanes. The media monitoring company NewsWhip looked at 14 million political articles online last year and found they had an average of 924 engagements, or social media interactions. The 13.5 million articles NewsWhip has traced in 2021 had an average

of 321 engagements.

To a certain extent, these outlets have turned elsewhere for revenue opportunities, Doctor said. CNN is preparing to debut a new streaming service early next year, and recently poached Fox News’ Chris Wallace to join that effort.

Fox News, while doubling down on conservative commentary following perceived threats from outlets like Newsmax and OANN, directed fans to its Fox Nation streaming service. Arguably Fox’s most attention-getting programming of the year was a documentary on the Jan. 6 Capitol riot by Tucker Carlson, that asserted it was an effort to silence Trump supporters.

Both CNN and MSNBC face key programming decisions in the new year. CNN must replace its most popular host, Chris Cuomo, who was fired after it was revealed how he helped his brother through a political scandal. MSNBC must replace Brian Williams in its lineup and will most likely see its most popular personality, Rachel Maddow, cut back on her hours.

Although usage of the Times’ digital site is down, the company passed 8 million subscriptions and is on pace to grow further. Doctor said the Times has

done an effective job of diversifying beyond politics, most notably with its Wirecutter service of consumer recommendations.

Leaders at the Post have wrestled with how to deal with their readers’ dependence on political fare, according to the Wall Street Journal. The company is looking internationally for growth opportunities, Doctor said, a focus that plays to the strength of its new executive editor, Sally Buzbee.

“People to some degree have focused inward,” Rosenstiel said. “They’re getting the news that they need but it’s not as much news as it was a year ago.”

Particularly for the national news outlets, Rosenstiel said 2021 may best be remembered as a transitional year away from the frenzied news pace of the Trump years.

He sees the effect of those years in the intensity with which the media has covered every twist and turn of legislative negotiations over President Joe Biden’s “Build Back Better” bill. Like most work in Congress, it’s slow-moving and filled with incremental developments.

He’s concerned that concentration on this story has distracted from other priorities, including focusing on local efforts to restrict

voting rights, ultimately a more important story.

Some 100 to 120 local newspapers shut down in 2021, a number that is on pace with the declines of the past two decades, Penelope Muse Abernathy, a professor at Northwestern University, said.

Yet local news outlets are also expected to have their smallest number of job cuts in 14 years, according to the research firm Challenger Gray & Christmas. That comes after 2020 saw the biggest number of lost newsroom jobs since 2008.

“What we’re seeing this year is kind of a watershed moment in the pivot from a print business model that is diminishing to a digital model that is beginning to take shape,” Timothy Franklin, Abernathy’s colleague at Northwestern, said.

He cited the Boston Globe and Minneapolis Star-Tribune as two newspapers that are succeeding in the transition.

Local news outlets saw a boost in digital subscriptions as people sought information in the early stages of the COVID-19 pandemic. While interest in pandemic news has waned, Abernathy said she believes the outlets have done well in keeping many of those new subscribers.

VILLAGE NEWS

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Lockdown policies and mask mandates linked with lower IQ in children, psychiatrist says

Tammy Hung
The Epoch Times

The nation’s recent lockdown policies and mask mandates will create a generation of children who exhibit lower IQs and signs of social brain damage, according to a clinical psychiatrist for children and adolescents.

Dr. Mark McDonald cited an Aug. 11 study by Brown University that found that “children born during the pandemic have significantly reduced verbal, motor, and overall cognitive performance compared to children born pre-pandemic,” during an interview with host Cindy Drukier on a Dec. 25 episode of NTD’s “The Nation Speaks.” NTD is a sister media outlet of The Epoch Times.

The masks, “Zoom schools” and lockdown mandates have led to “deprivation overall, of social contact, of not being able to see faces, being stuck at home all day long, and this has actually caused brain damage to the youngsters,” he said.

In another interview in the episode, Professor Carl Heneghan, the director of Oxford University’s Centre for Evidence-Based Medicine, cited evidence that pandemic restrictions and the “fear we instill into children” has led to the worsening of psychological problems.

Heneghan cited his Oct. 2 study, which concluded that “eight out of 10 children and adolescents report worsening of behavior or any psychological symptoms or an increase in negative feelings due to the COVID-19 pandemic.”

“School closures contributed to increased anxiety, loneliness and stress; negative feelings due to COVID-19 increased with the duration of school closures,” the study reports. “Deteriorating mental health was found to be worse in females and older adolescents.”



Hugo Chappaz, 9, left, waits with his father Benoit Chappaz, right, and his mother to be vaccinated at the National Velodrome in Saint-Quentin-en-Yvelines, west of Paris, France Dec. 22.

Adolescents above the age of 12 also did worse than children under 12, as adolescents face increasing peer pressure, social pressure, and are more aware of messages being delivered globally, according to Heneghan.

“The first thing is to deescalate any fear and anxiety around COVID for children,” Heneghan said. “For children, COVID is actually a very safe disease” and children shouldn’t be worried about the impact of COVID “on themselves or their future health.”

He said that “shutting areas like schools was a mistake,” as keeping them open is good for education, “social connectedness, and well-being.”

“We should really prioritize education and those interventions that are in children’s best interest,”

he said.

According to a Dec. 20 study, data from the U.S. Centers for Disease Control and Prevention also showed that mental health-related visits in 2020, when pandemic restrictions were first imposed, increased by 24% in 5- to 11-year-olds and 31% in 12- to 17-year-olds, compared to 2019 data.

Anecdotaly, McDonald noted that he’s seen children who “refuse to make eye contact, who are wetting their pants or wetting the bed at night, cannot go to sleepovers or be away from their mother for extended periods of time.”

Teenagers, on the other hand, come out of lockdown restrictions being “so wrapped up in social media and phones and Zoom school because they’ve been trained for the last year and a half, that they do

not even want to go out anymore,” he said.

McDonald called the government and media corporations out for creating a “behavioral conditioning program,” in which children are subjected to “irrational, ridiculous” situations such as eating outside on a 40-degree day and having to run marathons or play sports with masks on.

As of Dec. 27, the Biden administration is recommending that children “too young to be vaccinated” should be “surrounded by vaccinated people and mask in public indoor spaces, including schools,” according to the COVID plan on the White House website.

As of Dec. 27, the website states that “over half of the nation’s adolescents have been vaccinated.”

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Flight cancellations continue due to bad weather, sick crews



Travelers queue up at the Southwest Airlines curbside check-in area at Denver International Airport Sunday, Dec. 26. Airlines canceled hundreds of flights Sunday, citing staffing problems tied to COVID-19 to extend the nation's travel problems beyond Christmas. (AP Photo/David Zalubowski)

Tali Arbel
The Associated Press

NEW YORK (AP)—Flight cancellations that disrupted holiday travel stretched into Monday, Dec. 27, with major U.S. airlines each canceling dozens of flights.

Staffers calling out sick because of COVID-19, particularly since the emergence of the omicron variant, have left airlines short in recent days. According to FlightAware, which tracks flight cancellations, airlines have canceled roughly 4,000 flights to, from or inside the U.S. since Friday, Dec. 24.

Delta, United, JetBlue and American have all said that the coronavirus was causing staffing problems, and European and Australian airlines also canceled holiday-season flights because staff were infected, but weather and other factors played a role as well.

Winter weather in the Pacific Northwest led to nearly 250 flight

cancellations to or from Seattle on Sunday, Alaska Airlines said, and the airline expects more than 100 flight cancellations Monday, Dec. 27. But it says that crew calling out sick because of COVID-19 is no longer a factor.

United said it canceled 115 flights Monday, out of more than 4,000 scheduled, due to crews out with COVID-19.

Flight delays and cancellations tied to staffing shortages have been a consistent problem this year. Airlines encouraged workers to quit in 2020 when air travel collapsed, and were caught short-staffed this year as air travel rebounded faster than almost anyone had expected.

U.S. health officials on Monday cut isolation restrictions for Americans who catch the coronavirus from 10 to five days, and similarly shortened the time that close contacts need to quarantine. The union for flight attendants has pushed back against that, saying the isolation period should remain at 10 days.

FDA authorizes Pfizer’s COVID-19 pill weeks after landing \$5 billion deal with Biden administration

Jack Phillips
The Epoch Times

The Food and Drug Administration granted emergency use authorization to Pfizer’s COVID-19 treatment pill Wednesday, Dec. 22.

The pill, Paxlovid, is taken twice per day for five days in combination with a second medicine called ritonavir, classified as a generic antiviral drug. The drug is aimed at helping patients who are suffering from “mild-to-moderate” COVID-19 from becoming so sick that they need to be hospitalized, officials and Pfizer have said.

“Today’s authorization introduces the first treatment for COVID-19 that is in the form of a pill that is taken orally, a major step forward in the fight against this global

pandemic,” Dr. Patrizia Cavazzoni, director of the FDA’s Center for Drug Evaluation and Research, said in a news release about the agency’s approval.

The drug, only available via a prescription, can be initiated as soon as possible following a positive diagnosis of COVID-19.

“This authorization provides a new tool to combat COVID-19 at a crucial time in the pandemic as new variants emerge and promises to make antiviral treatment more accessible to patients who are at high risk for progression to severe COVID-19,” Cavazzoni continued.

But the pill is not designed to be used for “pre-exposure or post-exposure prevention” of COVID-19 virus or for individuals who have been hospitalized due to severe or

critical COVID-19, according to the FDA news release.

And the FDA stressed that the drug cannot be a substitute for vaccination and again recommended the common COVID-19 vaccines or booster shots.

The Biden administration has already purchased some 10 million courses of Paxlovid in a deal worth \$5 billion. In November, the White House announced that the federal government will work to ensure treatments are free and accessible for the general public.

Delivery will begin by the start of 2022 and will continue through the remainder of the year, according to the Department of Health and Human Services. Meanwhile, Pfizer CEO Albert Bourla told news outlets earlier this month that his

firm already shipped the drug to the United States, saying they would be ready when the FDA grants them an emergency use authorization.

“This breakthrough therapy, which has been shown to significantly reduce hospitalizations and deaths and can be taken at home, will change the way we treat COVID-19,” Bourla said.

The FDA decision comes about a week after Pfizer reported that its new oral drug is able to reduce the risk of death or hospitalization from COVID-19 virus by up to 89% if it is taken shortly after symptoms appear.

Before Wednesday’s decision, the only COVID-19 antiviral treatment that has been granted an emergency use authorization by the FDA is remdesivir, a drug that’s

being sold under the brand name Veklury.

In recent months, some severely sick COVID-19 patients and family members of those patients have said that the cheaply produced anti-parasitic drug Ivermectin produced positive results. An elderly patient in Illinois recovered following a court order that allowed him to use Ivermectin, which the FDA hasn’t cleared for use for COVID-19, the man’s attorney said Dec. 1.

The FDA, meanwhile, is weighing a COVID-19 pill from Merck and Ridgeback Biotherapeutics that, like Pfizer’s pill, is meant to be taken two times per day for five days.

Virginia parents sue school district over CRT curriculum

Tom Ozimek
The Epoch Times

Parents in Virginia have sued the Albemarle County School Board over so-called “anti-racist” curriculum materials that they allege are indoctrinating their children with the tenets of Critical Race Theory that are actually racist at their core.

The plaintiffs, nine parents and their children, filed the complaint in Albemarle County Circuit Court Dec. 22 with the help of attorneys from Alliance Defending Freedom, a legal nonprofit.

ADF said in a statement that the parents had filed suit against the school board for “enacting discriminatory policies and indoctrinating students in radical ideology,” violating students’ civil rights by treating them differently based on race.

“Our clients believe that every person is made in the image of God, deserves respect and therefore, should not be punished or rewarded for something over which they have no control,” ADF Senior Counsel Kate Anderson said in a statement. “Public schools have no right to demean students because of their race, ethnicity or religion.”

Albemarle County Public Schools did not immediately respond to a request for comment

on the lawsuit.

The parents’ complaint notes that, in 2019, Albemarle County Public Schools adopted an “Anti-Racism Policy” with the stated goal of eliminating all forms of racism, but that this policy and its implementation into the school curriculum are steeped in the ideas of CRT, which “views everyone and everything through the lens of race.”

“Far from exploring ideas or philosophies surrounding justice and reconciliation, that ideology fosters racial division, racial stereotyping and racial hostility. So does the Policy,” the complaint states.

The parents claim that incorporation of CRT into the curriculum amounts to “embracing a radical new understanding of ‘racism’ that harms and denigrates everyone,” classifying all individuals into racial groups and identifying them as either “perpetually privileged oppressors or perpetually victimized members of the oppressed, denying agency to both.”

The complaint says that the ideas of CRT impute racism not just to those who consciously discriminate on the basis of race but also to “those of a certain race (white) who do not actively participate in the prescribed dismantling” of what CRT advocates

argue is systemic racism baked into America’s institutions and implicitly present in the attitudes of those who aren’t actively “anti-racist.”

One example of CRT in the school curriculum involves a slide instructing eighth graders to understand racism as “the marginalization and/or oppression of people of color based on a socially constructed racial hierarchy that privileges white people,” according to classroom materials cited in

the complaint.

Another example features a slide encouraging students to be “anti-racist,” because “[i]n the absence of making anti-racist choices, we (un)consciously uphold aspects of white supremacy, white-dominant culture, and unequal institutions and society.”

The parents are asking the court to block the school district from implementing parts of the “anti-racist” policy that require “the indoctrination of Albemarle students

in an ideology that denigrates students, all students, based on their race.”

They argue that the policy violates the plaintiffs’ equal protection rights, forces them to affirm messages that go against their beliefs, silences dissenting opinions in violation of free speech rights and interferes with parents’ rights to direct the upbringing and education of their children.

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ENTERTAINMENT

Artist Joel Anderson presents “One Frame at a Time” exhibit

Christal Gaines-Emory
Special to the Village News

The “One Frame at a Time: Art, Life & Community” exhibit created by artist, speaker, and author Joel Anderson will be presented in the Fallbrook Library until Jan. 3, highlighting many of Anderson’s collaborative works.

Anderson has been expressing himself through art for many years and he has gained experience through organizations such as the Fallbrook Art Association, D’Vine Path, Autism Tree Project Foundation and Mainly Mozart. As an artist with autism, his art reflects his experiences, such as his piece “Colors of my Mind” which represents his synesthesia and what feelings he associates with certain colors, for example he associates the color blue with courage.

The Fallbrook Library was looking to highlight an artist with special needs when they came across Anderson, a Fallbrook resident.

“We really appreciate the Fallbrook Library staff for hosting this exhibit,” said Sandi Anderson, mother of Joel Anderson and director of programs for Anderson’s business, “Joel’s Vision Arts.” “All of his pieces have a story, which is why the library is the perfect place for his art.”

Anderson has used this exhibit as an artistic learning opportunity, as well as a way to spread joy to others.

“This exhibit has helped me grow as an artist and as a human,” he said. “It has helped me build my own skills, one step and one story at a time.”

Along with the exhibit, Anderson is also promoting his “Smile Bags” which is a kit he builds for children in need in order to bring smiles to their faces. These kits are filled with art supplies, toys and other donations that will bring joy to a child.

Anderson has a donation box set up near the exhibit so the community can donate to help children in need all over the world. So far, the Smile Bags have been delivered to children in 10 countries, including India, Peru and the Philippines. Not only that, but 10% of all his painting sales go towards creating the Smile Bags.

Anderson has been called the “Artist of Smiles” for his dedication to bringing joy to others, through his artwork as well as his volunteering experiences. The “One Frame at a Time: Art, Life & Community” exhibit serves the same purpose, by showing these meaningful and unique works, Anderson hopes to bring joy to the community.

“My art is very colorful and

meaningful; people like that,” he said. Anderson hopes his art will inspire kids to express themselves through art, and he hopes people find joy in the wide variety of his work.

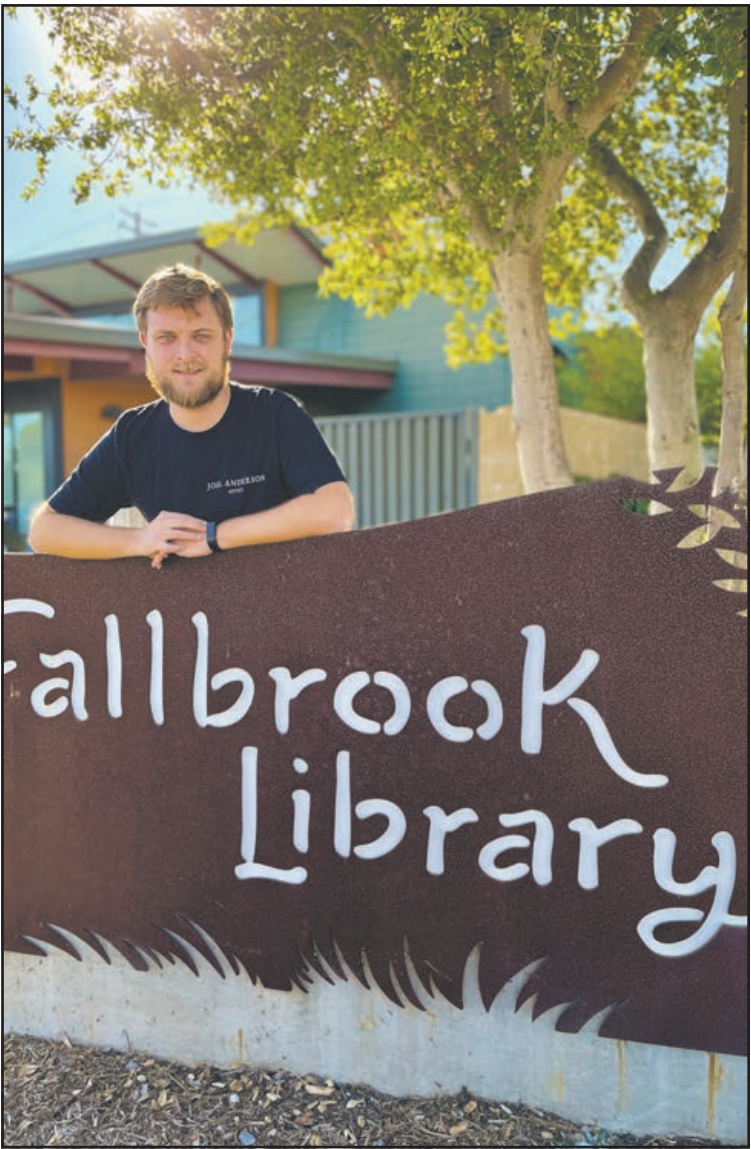
Anderson paints animals, people, objects, locations, and all of his art has deep meaning. His newest piece will be shown in Japan, and this piece features paintings of the eyes of his family, friends, mentors, and idols. Anderson said he is very excited to be able to show the community his work through the exhibit in the Fallbrook Library.

Anderson also said he is looking forward to continuing growing as an artist and as a person through his work.

For more information about artist Joel Anderson, visit <https://www.joelsvisionarts.com/>.

Artist Joel Anderson presents the “One Frame at a Time” exhibit in the Fallbrook Library to bring joy to the community.

Fallbrook Village News/Courtesy photos



Joel Anderson’s “Mentor Lion” honors his many mentors and how they have helped him grow as an artist.



“Sea Turtle” seeks to inform the public about the importance of helping animals that are endangered.



Joel Anderson teaches the students of D’Vine Path the importance of art and what his work means to him.



Joel Anderson’s largest painting yet represents having the courage to do something new.

Shoot to WIN! photo contest!

Photo by Cheryl Nurse

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2021 Photo by Karen Portner

Encore Club enjoys a flurry of social activities



"Jingle all the Way" Holiday Luncheon entertainment is provided by Rick Hurley on the harmonica and Allen Sargent leading everyone in song. They were joined by various guests who stepped up to add to the fun.

Village News/Courtesy photos



The Encore Wanderers travel group visit the Longhorn Saloon on their trip to Tombstone, Arizona; husbands are standing behind their wives: Glenn and Peggy Landers, Robert and Joan Sucher, Al and Karen Feyler, Will and Eileen Hocht.

Pala Casino Spa Resort announces New Year's Eve entertainment lineup

PALA – Pala Casino Spa Resort has announced its New Year's Eve entertainment lineup, featuring some of the top local dance bands. Guests can celebrate the new year throughout the afternoon and late into the evening on Friday, Dec. 31 with an impressive lineup of shows. The high energy events will be held at both the Center Bar and Events Center. Admission is free at each venue.

New Year's Eve entertainment

- lineup
- Forward Motion – 12:30-4:15 p.m. – Center Bar
 - Jazmine Roger's Band with special guest DJ G-Squared – 9 p.m. to 12:40 a.m. – Center Bar
 - Pulp Vixen with special guest DJ Eddey – 8 p.m. – 1:15 a.m. – Events Center
- All events and promotions are subject to cancellation without notice. Learn more about the upcoming events at Pala Casino Spa

Resort by visiting <https://www.palacasino.com/entertainment/all-entertainment/>.

Pala Casino is still committed to Playing It Safe. All shows continue to have increased cleaning, sanitizer stations, as well as masks and gloves available upon request. For a full list of the property updates and safety protocols at Pala Casino, please visit <https://www.palacasino.com/>.

Submitted by Pala Casino Spa Resort.

FALLBROOK – Fallbrook Encore Club is a social club serving the communities of Fallbrook, Bonsall, Rainbow and DeLuz. The club is growing as more and more people discover how much the members enjoy their friendships and activities.

As the end of the year approaches, it is a time to celebrate holiday events and appreciate the blessings and joys of the Christmas season and the love and support that abounds in Encore. The holiday luncheon "Jingle all the Way" was a great success and a good example of the relaxed conviviality of club events.

The Encore "Wanderers" group traveled to Tombstone, Arizona in November, with four couples attending this event, soaking up the history and "color" there. They report having a wonderful time. Next in the Wanderers plans is a cruise tour from Vancouver to Anchorage, Alaska aboard the Celebrity Millennium in August 2022, offering another opportunity for members to venture out for new experiences together.

Some regular monthly activities include many card games, dining together, book club, and special

outings to local sights. Meetings are held on the first Tuesday of the month at Christ the King Lutheran Church, 1620 S. Stage Coach Lane.

Social time begins at 9:30 a.m. with the business meeting to follow at 10. At that time everyone may sign up for activities they enjoy, catch up on club news, and enjoy interesting speakers.

The speaker at the next meeting, Jan. 4, will be from the Gary Sinise Foundation, describing some of their wonderful work in support of severely injured military heroes. They have built 74 specially adapted homes across the country, many in Southern California.

Anyone interested in more information on membership may contact Ardis Duhachek, membership chair, at 612-309-0099 or go to www.fallbrookencoreclub.com.

Prospective new members are always welcome to drop in to one of the monthly meetings, get acquainted and learn more to determine if Encore is a good fit for them.

Submitted by Fallbrook Encore Club.



Sandi Barmasse and Mary Westphal share laughter and a good time at Encore Club's holiday luncheon.



"Hand & Foot" ladies gleefully display their "lucky 7's" after trouncing their men in the game.



The Wanderers eat breakfast in one of the Tombstone cabins before heading home.

River Village

Cinema is D'PLACE

5256 S Mission Rd, Bonsall
FOOD ~ DRINKS
MOVIES ~ FUN
Movieline and Text Showtimes 760-214-9792
SHOWTIMES FOR FRIDAY 12/31 - THURS 1/6

THE KINGS MAN R

Friday-Sun 10:10am 1:10pm 4:10pm 7:10pm
Mon-Thurs 4:30pm 7:30pm

SING 2 PG

Friday-Sun 10:45am 11:45am 1:30pm 2:30pm
4:15pm 5:15pm 7:00pm
Mon-Thurs 4:15pm 5:45pm 7:00pm

SPIDER-MAN NO WAY HOME PG13

Friday-Sat 10:00am 11:00am 1:15pm 2:15pm
4:30pm 5:30pm 7:45pm 8:45pm
Sunday 10:00am 11:00am 1:15pm 2:15pm
4:30pm 5:30pm 7:45pm
Mon-Thurs 4:00pm 5:30pm 7:15pm

MATRIX RESURRECTIONS R

Friday-Sat 10:15am 1:25pm 4:35pm 7:45pm
8:30pm
Sunday 10:15am 1:25pm 4:35pm 7:45pm
Mon-Thurs 4:10pm 7:25pm

Buy Tickets Online & Save: www.DPlaceEntertainment.com

LEGALS

NOTICE OF TRUSTEE'S SALE TS No. CA-21-893130-AB Order No.: EOR20210806-2914050 **YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 5/16/2019. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.** A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): **LEARY O. JONES AND ANNE-MARIE JONES, HUSBAND AND WIFE AS COMMUNITY PROPOERTY** Recorded: **5/16/2019** as Instrument No. **2019-0186593** of Official Records in the office of the Recorder of **SAN DIEGO** County, California; Date of Sale: **1/14/2022** at **10:00 AM** Place of Sale: **At the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA 92020** Amount of unpaid balance and other charges: **\$832,619.43** The purported property address is: **3281 RECHE ROAD, FALLBROOK, CA 92028** Assessor's Parcel No.: **107-330-40-00** **NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call **1-866-539-4173** for information regarding the trustee's sale or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: **CA-21-893130-AB**. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. **NOTICE TO TENANT:** You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call **1-866-539-4173**, or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: **CA-21-893130-AB** to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: **Quality Loan Service Corpora-tion 2763 Camino Del Rio S San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 1-866-539-4173 Or Login to: http://www.qualityloan.com** **Reinstatement Line: (866) 645-7711 Ext 5318** Quality Loan Service Corp. TS No.: **CA-21-893130-AB** IDSPub #0175794 12/23/2021 12/30/2021 1/6/2022

Public Notice of Adoption of Resolution 2021-13

Providing for the Election of Members of the Board of Directors By Five Electoral Districts, Establishing the Boundaries and Identification Number of Each Electoral District and Establishing the Election Sequence of Each Electoral District

The Board of Directors has held a final public hearing to review the four draft maps on December 14, 2021 at 4:00 p.m. at Fallbrook Public Utility District, 990 East Mission Road, Fallbrook, California, 92028, at which the Board accepted oral and written testimony regarding the matters contained in this Resolution. Thereafter the Board approved and adopted Version Four of the Draft Maps as the final revised Election Districts Map and approved an election sequence. As summary of the Resolution is as follows:

Section 1. Incorporation of Recitals
Section 2. Adoption of Resolution
Section 3. Transition to Revised By-District Elections
Section 4. Establishment of Election By-District
Section 5. Election Process
Section 6. Implementation
Section 7. Adjustment of Boundaries
Section 8. Signatures
Section 9. Validity of Remainder of Resolution
Exhibit A: Approved Schedule for Re-Districting Hearings
Exhibit B: Approved Re-District Map Districts by Number
Exhibit C: Approved District Voting Sequence

On a motion by Director Munson, seconded by Director Acosta, a motion was made to accept and adopt Map Version 4 and to adopt the voting sequence as follows: for 2022: Districts 2 and 3 and every four years thereafter; and for 2024, Districts 1, 4 and 5 and every four years thereafter, which motion passed by the following roll call vote:

Voting:
Ayes: Directors Acosta, Egkan, Munson and van Doorn
Noes: None
Absent: Director Kennedy
December 14, 2021

The full Resolution with map is on file in the Office of the Board Secretary at 330 S. Main Avenue, Fallbrook, California 92028-2938; and may be viewed any business day between the hours of 7:00 a.m. and 5:00 p.m., Monday through Thursday and the website at <https://www.ncfire.org/transition-to-zone-based-elections>.

Loren A. Stephen-Porter, Board Secretary

Published December 23, 30, 2021

Change of Name

2ND AMENDED ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case Number: 37-2021-00041050-CU-PT-NC TO ALL INTERESTED PERSONS
Petitioner:
MADELINE IVELISSE LAMARCHE ROSA- RIO
Present Name:
MADELINE IVELISSE LAMARCHE ROSA- RIO
Proposed Name:
MADELINE IVELISSE REYNOLDS
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.*
NOTICE OF HEARING
Date: JANUARY 18, 2022 Time: 8:30 AM
Dept: 25
The address of the court is 325 S. Melrose Dr, Vista, CA 92081
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News
NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE.
The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120).
If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to the petitioner.
If all requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions.
If a timely objection is filed, the court will set a remote hearing date and contact the parties by mail with further directions.
A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) **BEFORE THE DATE SPECIFIED.** Do not come to the court on the specified date. The court will notify the parties by mail of a future remote hearing date.
Date: DEC – 3 2021 Signed: Pamela M. Parker, Judge of the Superior Court.
LEGAL: 5691
PUBLISHED: December 9, 16, 23, 30, 2021

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case Number: 37-2021-00051943-CU-PT-NC TO ALL INTERESTED PERSONS
Petitioner:
ROBERT MICHAEL GAVIN
Present Name:
ROBERT MICHAEL GAVIN
Proposed Name:
ROBERT MICHAEL PHILLIPS
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.*
NOTICE OF HEARING
Date: 2/1/2022 Time: 8:30 Dept: 25
The address of the court is 325 S. Melrose Dr, Vista, CA 92081 North County Regional Center A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News
NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE.
The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120).
If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to the petitioner.
If all requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions.
If a timely objection is filed, the court will set a remote hearing date and contact the parties by mail with further directions.
A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) **BEFORE THE DATE SPECIFIED.** Do not come to the court on the specified date. The court will notify the parties by mail of a future remote hearing date.
Date: 13 DEC 2021 Signed: Pamela M. Parker, Judge of the Superior Court.
LEGAL: 5699
PUBLISHED: December 23, 30, 2021, January 6, 13, 2022

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case Number: 37-2021-00052891-CU-PT-NC TO ALL INTERESTED PERSONS
Petitioner:
JOSEPH MANUEL ARELLANO
Present Name:
JOSEPH MANUEL ARELLANO
Proposed Name:
JOSEPH JAMES FOURNIER
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.*
NOTICE OF HEARING
Date: 2/8/2022 Time: 8:30 AM Dept: 25
The address of the court is 325 S. Melrose Dr, Vista, CA 92081 North County Regional Center A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News
NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE.
The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120).
If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to the petitioner.
If all requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions.
If a timely objection is filed, the court will set a remote hearing date and contact the parties by mail with further directions.
A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) **BEFORE THE DATE SPECIFIED.** Do not come to the court on the specified date. The court will notify the parties by mail of a future remote hearing date.
Date: DEC 20 2021 Signed: Pamela M. Parker, Judge of the Superior Court.
LEGAL: 5700
PUBLISHED: December 30, 2021, January 6, 13, 20, 2022

TS. No.: 21-5370
Notice of Trustee's Sale
Loan No.: *****8620 APN: 237-130-75-00 You Are In Default Under A Deed Of Trust Dated 6/22/2006. Unless You Take Action To Protect Your Property, It May Be Sold At A Public Sale. If You Need An Explanation Of The Nature Of The Proceeding Against You, You Should Contact A Lawyer. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Saadi Mansour And Alia Mansour, Husband And Wife As Joint Tenants Duly Appointed Trustee: Prestige Default Services, LLC Recorded 6/30/2006 as Instrument No. 2006-0466333 of Official Records in the office of the Recorder of San Diego County, California, Date of Sale: 1/14/2022 at 9:00 AM Place of Sale: Entrance of the East County Regional Center East County Regional Center, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$1,062,696.99 Street Address or other common designation of real property: 605 Zlatibor Ranch Terrace Escondido, California 92025 A.P.N.: 237-130-75-00 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Notice To Potential Bidders: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. All checks payable to Prestige Default Services, LLC. Notice To Property Owner: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 793-6107 or visit this Internet Web site www.auction.com, using the file number assigned to this case 21-5370. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Notice To Tenant: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (800) 793-6107, or visit this internet website www.auction.com, using the file number assigned to this case 21-5370 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: 11/10/2021 Prestige Default Services, LLC 1920 Old Tustin Ave. Santa Ana, California 92705 Questions: 949-427-2010 Sale Line: (800) 793-6107 Briana Young, Trustee Sale Officer 12/16/21, 12/23/21, 12/30/21

APN: 133-360-11 OTHER: 5944280 TS-210902 NOTICE OF TRUSTEE'S SALE UNDER DEED OF TRUST YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 4/21/2016 UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NOTICE is hereby given that C.N.A. FORECLOSURE SERVICES, INC. A CALIFORNIA CORPORATION, as trustee, or successor trustee, or substituted trustee pursuant to the Deed of Trust executed by Luis Pena and Virginia Pena, husband and wife as joint tenants Recorded on 4/27/2016 as Instrument No. 2016-0196502, of Official records in the office of the County Recorder of San Diego County, California, and pursuant to the Notice of Default and Election to Sell thereunder recorded 9/20/2021 as Instrument No. 20210660816 of said Official Records, WILL SELL on 1/19/2022 At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 at 10:00 a.m. AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at the time of sale in lawful money of the United States), all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State hereinafter described. The property address and other common designation, if any, of the real property described above is purported to be: 30115 Cole Grade Road, Valley Center, CA The undersigned Trustee disclaims any liability for any incorrectness of the property address and other common designation, if any, shown herein. The total amount of unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$109,375.00 (estimated). In addition to cash, the Trustee will accept a cashier's check drawn by a state or federal credit union or a check drawn by state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. In the event tender other than cash is accepted the Trustee may withhold the issuance of the Trustee's Deed until funds become available to the payee or endorsee as a matter of right. Said sale will be made, but without covenant or warranty, express or implied regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed, advances thereunder, with interest as provided therein, and the unpaid principal balance of the Note secured by said Deed with interest thereon as provided in said Note, fees, charges and expenses of the trustee and the trusts created by said Deed of Trust. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this internet website www.nationwideposting.com, using the file number assigned to this case 210902 Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION CALL : 916-939-0772 C/O C.N.A. FORECLOSURE SERVICES, INC., A CALIFORNIA CORPORATION as said Trustee. 2020 CAMINO DEL RIO N. #230 SAN DIEGO, CALIFORNIA 92108 (619) 297-6740 DATE: 12/20/2021 C.N.A. Foreclosure Services, Inc., a California Corporation KIMBERLY CURRAN TRUSTEE SALE OFFICER NPP0397781 To: VILLAGE NEWS INC 12/30/2021, 01/06/2022, 01/13/2022

NOTICE OF SALE OF ABANDONED PROPERTY

NOTICE IS HEREBY GIVEN THAT PURSUANT TO SECTIONS 21701-21715 OF THE BUSINESS AND PROFESSIONAL CODE SECTION 2328 OF THE COMMERCIAL CODE SECTION 535 OF THE PENAL CODE TAYLOR SELF STORAGE 1200 EAST TAYLOR ST. VISTA CA 92084 WILL SELL BY COMPETITIVE BIDDING ON JANUARY 13TH, 2022 AT 12:30 PM AUCTION TO BE HELD AT THE ABOVE ADDRESS, PROPERTY TO BE SOLD AS FOLLOWS: MISC. GOODS, PERSONAL ITEMS, FURNITURE AND CLOTHING. ERIC SWENSON CHELSEA KOZAR THOMAS MOLLOY CHARLES PATTERSON ALEKSANDAR KRSTIC PAULA KUBIAK GENEVIEVE MENDOZA MELISSA DELPH MARIA SOTOTERESA AVILA ASHLEY JACQUES AMANDA HERRING RAMON HERNANDEZ ANITA BURRIS RICARDO ORTIZ WILLIAM WILDER HAL HLAVA

Published December 30, 2021, January 6, 2022



Reedermmedia

REPUTATION MANAGEMENT	WEBSITE DESIGN
SOCIAL MEDIA MANAGEMENT	LEAD GENERATION
SOCIAL MEDIA MARKETING	SEO & SEM

Call 760-723-7319 reedermedia.com

LEGALS

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2021-9026559
Name of Business
COVER FILTERS
120 N. Pacific St. G5, San Marcos, CA 92069
Mailing address: 120 N. Pacific St. G5, San Marcos, CA 92069
County: San Diego
This business is registered by the following:
Purearth2o Technologies, Inc., 120 N. Pacific St. G5, San Marcos, CA 92069
This business is conducted by a Corporation
This Corporation was registered in the state of CA
Registrant first began to transact business under the fictitious name listed above as of June 30, 2015
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 01, 2021
LEGAL: 5692
PUBLISHED: December 23, 30, 2021, January 6, 13, 2022

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2021-9026848
Name of Business
SIMPLY AMAZING STUDIO
3315 2nd Ave, San Diego, CA 92103
Mailing address: same as above
County: San Diego
This business is registered by the following:
theZmedia Inc, 3315 2nd Ave, San Diego, CA 92103
This business is conducted by a Corporation
This Corporation was registered in the state of CA
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 06, 2021
LEGAL: 5696
PUBLISHED: December 23, 30, 2021, January 6, 13, 2022

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2021-9026995
Name of Business
SAVVY MACS
1524 Willow Glen Rd, Fallbrook, CA 92028
Mailing address: Same
County: San Diego
This business is registered by the following:
Courtney Sahagun, 1524 Willow Glen Rd, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 12/31/2017
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 07, 2021
LEGAL: 5697
PUBLISHED: December 23, 30, 2021, January 6, 13, 2022

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2021-9025789
Name of Business
YOGA IN BEAUTIFUL PLACES
2849 Reche Rd, Fallbrook, CA 92028
Mailing address: 2849 Reche Rd, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Kathleen Hornsveid, 2849 Reche Rd, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 11/1/21
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 18, 2021
LEGAL: 5698
PUBLISHED: December 23, 30, 2021, January 6, 13, 2022

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2021-9027137
Name of Business
WIN WIN SOLUTIONS REALTY
1041 Sundial Court, Oceanside, CA 92057
Mailing address: 1041 Sundial Court, Oceanside, CA 92057
County: San Diego
This business is registered by the following:
Steve Ybarra, 1041 Sundial Court, Oceanside, CA 92057
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 2/1/2005
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 09, 2021
LEGAL: 5694
PUBLISHED: December 23, 30, 2021, January 6, 13, 2022

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2021-9027608
Name of Business
BILLET CRAFT DESIGNS
2063 E. Alvarado St, Fallbrook, CA 92028
Mailing address: 2063 E. Alvarado St, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Andrew Miller, 2063 E. Alvarado St, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 14, 2021
LEGAL: 5695
PUBLISHED: December 23, 30, 2021, January 6, 13, 2022

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2021-9026453
Name of Business
**a. FOREVER CLEAR SOLAR
b. FOREVER CLEAR SOLAR PANEL CLEANING SERVICE**
2959 Mackey Drive, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
a. Matthew S. Nutt, 9167 W. Lilac Rd, Escondido, CA 92026
b. Ryan O'Farrell, 2959 Mackey Drive, Fallbrook, CA 92028
This business is conducted by a General Partnership
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 30, 2021
LEGAL: 5690
PUBLISHED: December 9,16, 23, 30, 2021

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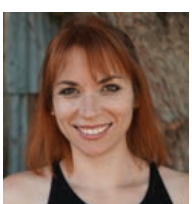
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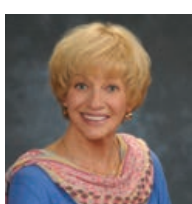
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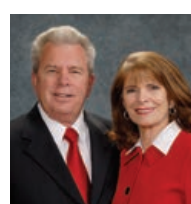
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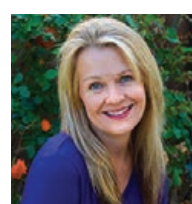
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1522 Macadamia, Fallbrook \$879,000



960 Ranger Road, Fallbrook \$1,595,000



4771 Caminito de los Cepillos, Bonsall \$1,649,000



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1020 Pepper Tree Lane, Fallbrook \$898,000

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