

‘Seussical’ play one more weekend
B-4



Athlete of the Week: Calhoun
D-2



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January 24, 2019 www.VillageNews.com Volume 23, Issue 4

Homes For Our Troops to build Fallbrook home for injured soldier

Jeff Pack
Staff Writer

Homes For Our Troops, a national nonprofit organization, will hold a special event 10 a.m., Sunday, Jan. 27, at Veterans of Foreign Wars Post 1924 Fallbrook to celebrate the start of building a specially adapted home for Army Spc. Joseph Paulk Jr. who was severely injured during a tour in Afghanistan in 2007.

According to a press release from the organization, during his first deployment, July 5, 2007, Paulk “was serving with the 546th Military Police Company as the lead driver of a Quick Reaction Force in southern Afghanistan. While on a rescue mission, his convoy was struck by an improvised explosive device (IED), causing the vehicle to flip.”

“I was told it was a triple-stack, anti-tank mine,” Paulk said in a video interview at www.hfotusa.org/paulk. “Luckily, in doing so, it ejected me and my gunner out of the truck so that we were able to survive. Unfortunately it trapped my team leader, and he was killed on-site.”

Though he was ejected from the vehicle, he was engulfed in flames. His unit quickly put the fire out with fire extinguishers as

Paulk sustained severe burns. He was moved to the nearest U.S. facilities in Afghanistan, where doctors put him into a medically induced coma.

“They transported me to Landstuhl in Germany, where they actually called my mom and told her that her and the family are flying out to Germany because they didn’t think I was gonna make it,” he said. “They were hoping that they could get there to say goodbye.”

But Paulk’s condition stabilized, and he woke up three weeks later at Brooke Army Medical Center in San Antonio. Over the next 18 months, he went through 50 surgeries including skin grafts and the removal of all of his fingers. He also underwent extensive plastic surgery on his face.

Medically retired, he said he struggles to maintain a safe body temperature. With burns covering 80 percent of his body making him sensitive to extreme high and low temperatures and sunlight.

Today, he still finds ways to stay involved with the sport he loves, he said.

“I grew up playing baseball,” Paulk said. “Now I can’t. But, I find ways where I can still be a part of the game. I run the bases

for some of the older guys as a pinch runner or just kind of coach kids and stay in the game.”

He said he had a dream of opening tap house.

“The most exciting thing in my life that I’m looking forward to with a new home built by Homes For Our Troops is the ability to take the mortgage that I am going to be saving that I am paying now and invest it into a business possibly with my buddy,” Paulk said.

The home being built for Paulk will feature more than 40 major special adaptations that will help him be able to open doors, drawers and manage his difficulties with changes in temperature.

The community kickoff is open to the public; VFW Post 1924 Fallbrook is at 1175 Old Stage Road in Fallbrook.

Homes For Our Troops has built more than 270 homes since 2004 and relies on contributions from donors, supporters and corporate partners for the building of each veteran’s home.

To get involved or find out more information, visit www.hfotusa.org.

Jeff Pack can be reached by email at jpack@reedermedia.com.



Photo courtesy of Homes for Our Troops

Army Spc. Carlos Gomez of Menifee is the next recipient of a specially adapted home from Home For Our Troops. Gomez was severely burned and injured while serving in Afghanistan in 2007.

Detective found ‘no smoking gun’ during investigation

Jeff Pack
Staff Writer

San Diego County sheriff’s Detective Troy Dugal testified Jan. 16, that he found no evidence the McStay family was killed in their home during his investigation.

His testimony came in the trial of Charles “Chase” Merritt, who is charged with bludgeoning to death Joseph McStay, 40, his wife, Summer, 43, and their two children, Gianni, 4, and Joseph Jr., 3, in February 2010 and burying their bodies in a San Bernardino desert.

Merritt has pleaded “not guilty” to four murder counts and prosecutors are seeking the death penalty in the case.

Dugal said after he assumed the investigation Feb. 11, he spoke with many family members and

friends regarding the family’s disappearance and determined it wasn’t typical.

“Now we are getting probable cause to get the search warrant. It took four days to get all the information so I could author a search warrant saying there’s probably a crime that was committed,” Dugal testified. “This family would be around if it hadn’t happened that way.”

He told defense attorney Rajan Maline that really all he had was the suspicious nature of the disappearance.

“There was no smoking gun,” Dugal said.

Maline asked Dugal whether he found anything unusual during a welfare check visit to the home Feb. 15.

“Obviously you’re looking for evidence. You’re looking for signs of something, is that correct?”

he asked.

“I did,” Dugal responded.

“You didn’t see anything that caused you to have any type of suspicion?” Maline asked.

“I thought the residence was very unusual because there was a lack of furniture. ... It was very hard for me to tell if there was a struggle. It was totally disrupted by home improvement, but other than that, I didn’t see anything of evidentiary value that would have given me the ability to lock that down and get a search warrant,” Dugal said.

The defense brought up changes to the home Jan. 16, that were noted by Dugal Feb. 19, 2010, when homicide investigators searched the home again, search warrant in hand.

The prosecution contended that the family was killed in the home and buried in the desert. The



San Diego County sheriff’s Detective Troy Dugal, who was assigned the missing persons case in mid-February 2010, testifies Jan. 16 in the murder trial of Charles “Chase” Merritt. Law & Crime Network photos

defense continued its theory that no blood was found in the home. Dugal testified that Joseph McStay’s mother, Susan Blake, had entered the house and cleaned up before detectives had arrived

see **DETECTIVE**, page A-4

Santa Margarita dam property proceeds to be used for rate stabilization fund, pension obligation drawdown

Joe Naiman
Village News Correspondent

At one time the Fallbrook Public Utility District planned to use the proceeds from the sale of the Santa Margarita property to fund the Santa Margarita River Conjunctive

Use Project, but a low interest rate for the Conjunctive Use Project led to an decision to use proceeds from the property sale as a contingency against dry years while also using some of the proceeds to meet their pension payment obligations.

FPUD’s board voted 5-0, Dec. 10, to utilize \$6.2 million from the sale for the district’s rate stabilization fund while earmarking the other \$3.8 million to offset unfunded pension obligation liabilities.

“The interest rate is so low in the SRF funding,” FPUD general manager Jack Bebee said. “It makes sense to fund the cost of the project using the SRF funding.”

In January 2017, FPUD’s board authorized an application for a State Revolving Fund loan from the State Water Resources Control Board for \$45,000,000, which would be repaid over 20 years at an interest rate of approximately 1.6 percent. Water rights permits for the Conjunctive Use Project were issued Nov. 20, which allows the State Revolving Fund loan to be finalized.

Escrow on the sale of the 1,384-acre Santa Margarita property

which was purchased by FPUD in the 1940s with the intent to use the land for a dam closed Dec. 19. The Wildlands Conservancy paid FPUD \$10 million for the land.

The Santa Margarita Conjunctive Use Project being pursued by FPUD, U.S. Marine Corps Base Camp Pendleton and the U.S. Bureau of Reclamation will enhance groundwater recharge and recovery capability within the lower Santa Margarita River basin and develop a program which will increase available water supplies for FPUD and Camp Pendleton. Facilities within the lower basin will be constructed to capture additional surface runoff, which currently flows to the Pacific Ocean, during high stream flow periods. The surface water will be recharged through existing groundwater ponds and stored in groundwater basins during wet years while being “banked” for water rights statistics. The water will be used to augment supplies during dry years, which will reduce the reliance on imported water provided by San Diego County Water Authority sources.

The Camp Pendleton infrastructure will include piping to deliver the water to the boundary of the Naval Weapons Station and Fallbrook behind the FPUD solar facility site on Alturas Road. Construction of the facilities from the northwest boundary is FPUD’s responsibility. The water will be treated at the Alturas Road plant and delivered into FPUD’s distribution system.

The FPUD cost consists of \$27.7 million for a groundwater treatment plant, \$5.5 million for a distribution system to the Gheen Zone east of Stage Coach Lane, \$7.9 million for the Gheen Pump Station and a storage tank along with piping, \$1.8 million for construction management, supervisory control, data acquisition and data integration and \$2 million for contingency.

The amount of water obtained will depend on weather conditions. FPUD will not receive any water in the event of an extreme drought. The minimum water delivery to

see **DAM**, page A-4

VILLAGE NEWS

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ANNOUNCEMENTS

Miller presents the political intrigue of climate change



FALLBROOK – Fiery activist, R. L. Miller will speak Tuesday,

R.L. Miller is the upcoming speaker at the Fallbrook Library Tuesday, Jan. 29, at 6:30 p.m. and is presented by the Fallbrook Climate Action Team.

Courtesy photo

Jan. 29, at 6:30 p.m. at the Fallbrook Library. Called a “political terrorist” by former Gov. Jerry Brown, she will share the inside story surrounding California’s effort to take action against the causes and effects of climate change. Miller led the fight to stop California offshore drilling and set California on the path to 100

percent renewable energy by 2045. She is the Environmental Caucus chair of the California Democratic Party, founder of Climate Hawks Vote and a leader among those working to Bring Exxon and other fossil fuel companies to justice. The library is located at 124 S. Mission Road in Fallbrook. The talk is presented by the Fallbrook Climate Action Team, a local group of volunteers promoting discussion and action to ameliorate climate change. It is open to the public.

Submitted by Fallbrook Climate Action Team.

Fallbrook Chorale to begin rehearsals

FALLBROOK – Calling all community singers from Fallbrook and the surrounding communities, the 2019 spring season of the Fallbrook Chorale will begin rehearsals Tuesday, Feb. 5, at 7 p.m. at Fallbrook Community Baptist Church, 731 S. Stage Coach Lane, in Fallbrook. Singers must come by 6:30 p.m. to register and pick up their music.

The chorale has a more than a 30 year history of bringing together people who love to sing and to give back to the community through musical events throughout the year.

This year’s spring program, scheduled for June 1, is entitled “Broadway’s Biggest Hits” and will feature music from “Hello Dolly,” “Carousel,” “Leading Man” and “Sister Act,” just to name a few. They also will rehearse for their annual fundraiser, Saturday, March 30, and will be a USO show. Anyone interested in joining can call (760) 390-9726 or email fallbrookchorale@gmail.com for further information. The Fallbrook Chorale is a nonprofit organization.

Submitted by the Fallbrook Chorale.

Healing ministries to celebrate first anniversary

FALLBROOK – Holy Spirit Healing Ministries and Unforgotten Faces invite the public to their First Anniversary Open House, Saturday, Jan. 26, 10 a.m. to 12:30 p.m. They are located at 300 N. Brandon Road, Suite 22. For more information, call (760) 521-5617 or email holyspirithealingmin@gmail.com.

Submitted by Holy Spirit Healing Ministries.

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Dog festival is coming March 23



FALLBROOK – “Barkly” and his dog park friends would like to remind everyone to “Save the Date” March 23, from 9:30 a.m. to 2 p.m. for Bark in the Park’s annual fundraiser which supports the off-leash dog area at Live Oak County Park, 2746 Reche Road, in Fallbrook.

Registration will begin at 9:30 a.m., and a Blessing of the Animals will be held at 10 a.m., followed by a community dog walk throughout

Live Oak Park. Contests will begin at 10:45 a.m. and culminate with announcing the Best in Show at 1:30 p.m. There will be vendor booths, demonstrations, food, raffle and silent auction items and fun for dogs and humans.

For more information, www.liveoakdogpark.org.

Submitted by Live Oak Dog Park.

Bird club to hear about World Bird Show

VISTA – North County Aviculturists, a club for pet bird owners and breeders, presents President Johan Otter and the World Bird Show 2019 Saturday, Feb. 2, at 6 p.m. in the Vista Masonic Lodge, 761 Eucalyptus Ave., in Vista.

The club will watch slides and videos of the international event that Otter attended and make bird toys for small hookbills. Attendees can make three toys: one to keep

and the others to put in opportunity table stash.

There is no charge for admission, and a light refreshment will be provided following the talk. Donations of food to share or cash are welcome. Find more information at www.ncabirdclub.com or <https://com.mondial2019.nl/en/>.

Submitted by North County Aviculturists.

Republican women to hear about gun rights

FALLBROOK – Michael A. Schwartz will be the guest speaker at the Republican Women of Fallbrook meeting Friday, Feb. 8, from 9:30 to 11:30 a.m. at Pala Mesa Resort, 2001 Old Highway 395, in Pala.

Schwartz is the founder and executive director for San Diego County Gun Owners PAC which fights to restore and protect gun rights. The cost is \$25 to cover the venue, guest speaker and brunch. Please RSVP to RepublicanWomenFallbrook@gmail.com or Sue Jones (760) 723-1954.

Submitted by Republican Women of Fallbrook.



Michael A. Schwartz

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EVENTS CALENDAR

Jan. 25 – 11:15 a.m. – Fallbrook Women’s Club is holding a Mahjong Tournament at its clubhouse, 238 W. Mission Road. Play begins at noon. A \$20 donation includes participation and lunch; the event is open to the public. There will be prizes and drawings for gift baskets. For info and reservations, contact Lee Johnson, (760) 723-8286 or leejohnson512@gmail.com or Araxy Moosa, (760) 723-2262.

Jan. 26 – 10 a.m. to 12:30 p.m. – Holy Spirit Healing Ministries and Unforgotten Faces are holding an Anniversary Open House, 300 N. Brandon Road, Suite 22, Fallbrook. For more information, call (760) 521-5617 or email holyspirithealingmin@gmail.com.

Feb. 9 – 9:15 a.m. to 12:15 p.m. – Keeping Fallbrook Litter Free will hold a South Mission Cleanup with a Senior Volunteer Patrol escort. Volunteers are to meet in the Daniel’s Market parking lot, 5256 S. Mission Road. RSVP to Marta Donovan, (760) 405-4054.

Feb. 16 – 6-9 p.m. – Friends of the Fallbrook Library host author Craig Johnson for its 2019 Community Read. He is the author of 12 Walt Longmire mystery novels, the basis for the Netflix original series, “Longmire.” Reservations are required by Feb. 11. Tickets, \$35 a person, can be purchased online at <https://foflcommunityread.brownpapertickets.com> or at the Bottom Shelf bookstore, left of the library’s main entrance, 124 S. Mission Road.

Feb. 16 – 7 p.m. – Fallbrook Pregnancy Resource Center hosts its annual “Love Life” event at SonRise Christian Fellowship, 463 S Stagecoach Lane. To attend, make reservations early by calling (760) 728-4105, ext. 10, or email carolyn@fallbrookprc.com. Registration forms and more info are available at www.fprcforlife.com/Events/Love-Life-Fundraiser.

Feb. 20 – 9 a.m. to noon – Keeping Fallbrook Litter Free will hold a Olive Hill Road Cleanup with a Senior Volunteer Patrol escort. Volunteers are to meet at Ingold Sports Park, 2551 Olive Hill Road. RSVP to Marta Donovan, (760) 405-4054.

March 23 – 9:30 a.m. to 2 p.m. – The Bark in the Park fundraiser will support the off-leash dog area at Live Oak County Park, 2746 Reche Road. Registration begin at 9:30 a.m., and a Blessing of the Animals starts at 10 a.m., followed by a community dog walk through the park. Contests begin at 10:45 a.m. and Best in Show announced at 1:30 p.m. For more information, visit www.liveoakdogpark.org.

April 27 – 5:30 p.m. – The Boys & Girls Clubs of North County will hold its Forever Young Prom Night dinner and auction at Pala Casino. Ticket prices start at \$185. Visit www.bgcnorthcounty.org for more details.

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DETECTIVE

from page A-1

for the Feb. 19 home investigation. “She called me while she was in the house, while she was cleaning,” Dugal said. “I told her to stop it.”

After two and a half days of testimony, Dugal was asked by the defense in cross-examination what he did with the the case. “Essentially, my investigation after somewhere around four years, had come to a place where ... I had exhausted every single lead, every single tip, any evidence that I had produced was accounted for or didn’t help me in getting the probable cause I needed to move forward in the case,” Dugal told the jury. “The case was stalled. I didn’t know where the McStays were. I personally believe that they were probably in danger, but I didn’t know if that was in California, in the United States or Mexico or another country. I didn’t know if they had left.”

At that point, Dugal said he met with the FBI and asked them to take the case from him.

Former forensic evidence technician for the San Diego Sheriff’s office, Denys Williams, testified Jan. 17, about evidence found at the scene and specifically about possible blood spatter found on a kitchen table.

“During your six hours and 13 minutes of walking through the rooms, taking photographs, responding to detective’s directives, everything you did during your six hours and 13 minutes, did you ever once, during that time, find anything that shows that this was a scene where there would



Former forensic evidence technician for the San Diego Sheriff’s office, Denys Williams, testifies Jan. 17.



Charles “Chase” Merritt listens to testimony Thursday, Jan. 17.

Photos courtesy of Law & Crime Network

be possible blood evidence?” the defense asked.

“Only if that is blood on the table,” Williams said. “Which I didn’t see or find any, but I would have said the same thing if you would have said look at this table and put a flash on it and said look at this table, do you see any blood spots on it? And I would have said no. The answer is no, I didn’t find anything, but that doesn’t mean there wasn’t anything.”

David “Joe” Sequeida of Metro Sheet Metal also testified Jan. 17. Sequeida testified that he worked with Merritt and Joseph McStay’s business, Earth Inspired Products.

He testified about having to step in and help with work that Merritt was meant to do and an issue regarding a check from McStay that was meant for Metro Sheet Metal.

“(Merritt) mentioned that he used those funds to purchase materials that he would use for one of the fountains,” Sequeida said.

“And was there a problem with that?” the defense asked.

“Yes,” Sequeida responded. “Because that check was allocated for us for the work that we put in for the water features.”

Court was not in session Friday, Jan. 18, and because of the Martin Luther King Jr. Day holiday Monday, Jan. 21, court was not in session again.

They were scheduled to resume testimony Tuesday, Jan. 22, after press time. Livestreaming of the trial can be viewed at <https://lawandcrime.com/live-trials/live-trials-current/charles-merritt/watch-live-charles-merritt-trial-for-murder-of-couple-and-children>.

Jeff Pack can be reached at jpack@reedermedia.com.

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DAM

from page A-1

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“In dry years you can have no water from the project, but you still have debt service,” Bebee said.

Based on the project’s cost including interest payments two years of debt service equates to \$6.2 million, so the use of the Santa Margarita property proceeds for the rate stabilization fund will cover that amount.

“In the dry years there’s not a rate impact,” Bebee said. “It will still be used to fund the Santa Margarita project.”

If water production exceeds what was projected and the rate stabilization fund is below its target level, the funding from the additional water sales will be placed into the reserve.

The \$3.8 million for the pension obligation offset fund will be invested according to FPUD’s trust investment strategy. The earnings rate will vary based on market conditions but is expected to be similar to the California Public Employees’ Retirement System rate.

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OPINION

Big issues are on the table



Assemblymember Marie Waldron AD-75 (R)

California has a new governor, a new budget plan and a new legislative session that just began. Needless to say, many important issues will be discussed in Sacramento over the coming months.

The budget’s education initiatives would freeze University of California and California State University tuition, make the first two years at community colleges free, make Cal Grants more widely available and expand other aid programs. K-14 education funding would grow, including plans for universal preschool and efforts to help districts resolve their unfunded pension liabilities.

The budget includes a proposal to create a statewide purchasing pool intended to drive down prescription drug costs for all Californians by making the state the sole price negotiator and purchaser of prescription drugs. To improve mental healthcare and reduce homelessness, added expenditures are proposed to

increase training for public mental health practitioners. And Medi-Cal resources would be increased so that better healthcare would be available throughout California’s underserved areas.

In the wake of recent wildfires, Cal Fire would be updated with new equipment, including new air tankers and fire engines. Prescribed burns and other fuel reduction efforts that lead to improved forest health would reduce fire danger. California’s Public Utilities Commission would oversee wildfire mitigation plans and require compliance with mandates aimed at decreasing utility-caused fires.

Efforts to increase housing affordability, to provide additional paid leave for child care and to upgrade the 911 system, along with many other initiatives, are all major issues for this session.

What do you think? These policies and the budget will be reviewed, debated and modified over the coming months and I’d love to hear from you about some of these proposals. You can view the governor’s budget at <http://www.ebudget.ca.gov/>.

I am looking forward to working with my colleagues on both sides of the aisle as we dig into these important issues.

Assembly Republican Leader Marie Waldron, R-Escondido, represents the 75th Assembly District in the California Legislature, which includes the communities of Bonsall, Escondido, Fallbrook, Hidden Meadows, Pala, Palomar Mountain, Pauma Valley, Rainbow, San Marcos, Temecula, Valley Center and Vista.

San Diego County proposes zoning cleanup

The San Diego County Planning Commission is proposing changes that will affect rural property owners in Fallbrook who have or are planning accessory dwellings, guest houses, medical trailers, trailers, farmworker dwellings or boutique wineries.

The public hearing is Friday, Jan. 25, at 9 a.m. The purpose is a “Zoning Ordinance cleanup,” but

very little time was given for the notice. Residents only received notice Jan. 14. Many people are not aware of the proposed changes that can affect their property value. Details of the proposed changes can be found at www.sandiegocounty.gov/content/sdc/pds/advance/ZoningCodeClean-Up.html.

We have a permitted health

care trailer for my elderly father that we may have to remove if the restrictive changes occur, making care for him much more difficult.

Please check the website to see if any of the changes affect you and notify our county Supervisor Jim Desmond of any concerns.

Jorge and Tamara Monasterio

LOCAL

Hundreds of county employees to help count the homeless



Courtesy photo

Jose A. Alvarez
County of San Diego
Communications Office

www.rtfhsd.org/get-involved/weallcount.

A record number of San Diego County employees will be hitting the streets to help count homeless people in the region. The count takes place Friday, Jan. 25, from 4-8 a.m.

About 700 county employees have already signed up for the annual Point-in-Time Count which takes place the last Friday of every January.

“It gave me great pride to hear that county workers have stepped up to fill almost 700 of 900 current volunteer signups,” Supervisor Nathan Fletcher said. “We need about 200 more people to step up. Anyone can join.”

The county and the Regional Task Force on the Homeless are still looking for about 200 more volunteers, especially in North County and East County. The registration deadline is Jan. 23. Volunteers can register at

The Point-in-Time Count is spearheaded by the Regional Task Force on the Homeless and provides a one-day snapshot of people living on the streets or in short-term shelters. The results are used to apply for federal and state funding to help homeless people and find solutions on how to best serve this vulnerable population.

Initially brought forward by Supervisor Greg Cox, it is the sixth year the county has recruited employees to help with the effort. The board of supervisors felt the count was so important, it authorizes employees to participate in the count on paid county time. Last year, more than 500 employees helped count homeless people in San Diego County.

What are volunteers expected to do during the count? This year, volunteers will count and survey homeless people they see in a certain area.

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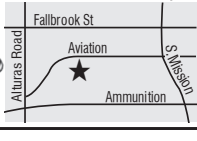
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Ledesma’s art installation ‘Consumer’ on display at Elk Grove gallery

FALLBROOK – Fallbrook-based artist Gabby Ledesma, who has mosaic Down syndrome, recently visited Elk Grove to see her art installation “Consumer” on display at Warehouse 916 through March. Elk Grove is a city south of Sacramento.

“Consumer” examines the language that we use to describe, categorize, label and measure people with developmental disabilities and how a thought process rooted in that language affects people with disabilities and our relationship with them. The installation draws its inspiration from Warhol’s 1962 work “Campbell’s Soup Cans.”

Warhol’s installation provoked critics to question and debate the parameters of fine art and invited viewers to reconsider what subjects were worthy of being discussed. It is fitting that this installation derives its visual design from Warhol’s iconic artwork about re-examination, mass production and a refocusing of ideas.

“I make art so that the community I live in has a better understanding of who I am and what it means to be disabled,” Ledesma said. ““Consumer” looks at the language that is used not only by society but the disabled community to describe individuals within that community. Words can be used to oppress people or lift them up.



Gabby Ledesma wears a T-shirt matching her art piece “Consumer.” Courtesy photo

These are some of the words my community has been called.”

The art installation will be on display through March 2019. Ledesma is seeking venues to move her installation after this showing. “Consumer” was previously on display at the California Museum for an “Art as Advocacy” exhibit in 2017. It also has been on display in Ireland. See more of Ledesma’s art at www.gabbysart.com.

Submitted by Gabby Ledesma.

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Johnson will be signing books. All his books will be available for purchase by cash, check or credit card.

Tickets on Sale Now!

\$35 - Tickets can be purchased with the Friends of the Fallbrook Library at the Bottom Shelf Bookstore

Must purchase by Feb. 11th!

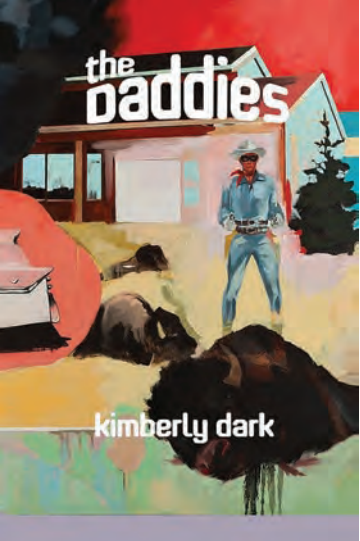
Silent Auction Too!

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Writers Read presents author, poet and raconteur Kimberly Dark



Kimberly Dark is the featured writer for the Feb. 12 Writers Read. Courtesy photos



FALLBROOK – Writers Read at Fallbrook Library presents author, poet and raconteur Kimberly Dark at the Feb. 12 reading. Dark, a writer, professor and gifted storyteller, will share her poetry collection, “Love and Errors” and “The Daddies,” a lyrical exploration of masculinity and the patriarchy.

Dark’s writing reveals the hidden architecture of everyday life one clever essay, poem or story at a time, using humor, surprise and intimacy.

The reading begins at 6 p.m. with open mic for original poetry and prose, followed by Dark’s presentation, a question and answer session with the audience and book sales and signing.

The Fallbrook Library is located at 124 S. Mission Road, between Alvarado and Fig streets.

The March 12 Writers Read will feature Steve McDonald and his new poetry collection, “Credo.” Visit www.ExcuseMeImWriting.com for details.

For more information, contact Kit-Bacon Gressitt at kbgressitt@gmail.com or (760) 522-1064.

"A visit to Craig is not your usual mundane Swedish rubdown. He will give you that, if you want, but it's always so much more. He uses hot stones to relax the muscles, then he works out tension spots perfectly. His brilliance is his vast knowledge of your muscular system and how to get the muscles to let go and relax. I recently had an injury that left me with very tight neck and shoulder muscles and limited range of motion. After my massage with Craig, I said to him that he was a "Miracle Worker". He massaged with creativity, hitting exactly the right areas, and having them release as he held the point and I breathed into it. My back and neck felt refreshed and I felt calm and relaxed. Go to him, you will be surprised at the difference from massage you have had in the past and his warm, healing and creative massage."

— Connie Knox, Fallbrook

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PRICE
IMPROVEMENT



1059 SCHULLER LANE, FALLBROOK

3,061 sq ft single story home with 3 bedrooms and 2.5 baths. Home enjoys 1.1 acres of mature water efficient trees and colorful landscape. Home features oversized 2 car garage with dedicated guest parking as well as an oversized drive with additional parking. Interior has been updated. Fresh paint inside and out. Seller has meticulously maintained the home and landscaping.

Seller will entertain offers between \$795,000 & \$875,000

PRICE
IMPROVEMENT



1560 VISTA DEL LAGO, FALLBROOK

2,876 sq ft home with 3 bedrooms and 2.5 baths. 3.5 acres boasts a very active well with income producing avocado grove. Seller has done extensive remodeling throughout and has added seller owned solar. Huge energy efficient windows showcase views to the Santa Margarita River Valley. Home is also suitable for horses and enjoys immediate access to the Santa Margarita trail system.

Seller will entertain offers between \$750,000 & \$825,000

WELL
& BARN



10222 PASO DE FLORA, ESCONDIDO

2,298 sq ft single story, 3BD, 2BA with 2 car garage nestled down a country lane on 2.25 level acres. Property has a 1,600 sq ft barn with concrete floor. Property has grandfathered well. Inside the home you will enjoy, granite counters in the kitchen, newer appliances, vaulted exposed wood ceilings in most rooms. Architectural features throughout. Views to the west and beautiful sunsets over the Pacific daily.

Seller will entertain offers between \$625,000 & \$700,000

NEW
LISTING



3447 LAKETREE DRIVE, FALLBROOK

This country charmer backs up to the Monserate Winery and is sure to go up in value once the tasting room and restaurant are built. All the romance of owning your own vineyard without the cost, headaches or farmer's hours. This 2,799 sq ft. 3BD, 3.5BA custom built home lives like a single story with a guest suite on the 2nd floor. Master suites on both 1st & 2nd floor. Buy a home that will be easy to update over time or all at once. Charm never goes out of style.

Seller will entertain offers between \$575,000 & \$650,000

PRICED
TO SELL



1830 FUERTE STREET, FALLBROOK

1,893 sq ft, 3 bedroom, 2 bath, single story custom home with oversized 2+ car garage. Home sits on a .99 lush acre with colorful mature water tolerant landscape and is accessed by the circular drive. Home enjoys many upgrades throughout including new granite counters, custom cabinets, new stainless appliances, HVAC, 2 hot water heaters, and much more. Home is turn key ready!

Seller will entertain offers between \$570,000 & \$640,000

NEW
LISTING



901 PEPPER TREE LANE, FALLBROOK

1,819 sq ft custom built single story home with 2 bedrooms, 2.5 baths and a wood burning fireplace. Home sits on .78 acres with oversized 2 car garage. Single owner home is last property on the lane with no HOA. View deck on back of the home has outdoor kitchen hook-ups and also enjoys afternoon breeze and beautiful sunsets. Perfect for 1st time home owner or easy care investment rental.

Seller will entertain offers between \$475,000 & \$550,000

COMING
IN FEBRUARY



1352 VIA FELIZ, FALLBROOK

2,500 sq ft 3BD, 3BA with 2 car garage, carport and work shop is on sewer and situated at the end of a quiet cul-de-sac on .5 acre. This historic early Fallbrook home was built in 1887. Veranda porch on 3 sides of the home, 12' ceilings, original hardwood floors, 2 ornate wood burning pot belly stoves, 2 claw foot tubs, spacious rooms, new roof, newer HVAC, new hot water heater, pool, room to garden and more.

Seller will entertain offers between \$650,000 & \$725,000

COMING
IN FEBRUARY



2532 DE LUZ HEIGHTS, FALLBROOK

40+ acre property with well maintained 2,076 sq ft single story 3 bedroom, 2 bath home and oversized 3 car garage. Property is private, secluded and is excellent for farming protea, vineyard, cash crops, livestock, and more. Property is gentle, usable and is elevated to enjoy ocean breezes with a peak of the ocean. Home sits well off De Luz Heights Road and doesn't share a drive.

Seller will entertain offers between \$625,000 & \$700,000

COMING
IN FEBRUARY



1718 WOODLARK LANE, FALLBROOK

1,367 sq ft 2 bedroom, 2 bath single story detached condo with oversized 1 car garage. Home has been upgraded with new granite counters throughout, new flooring in the kitchen and living areas. Vaulted ceilings, LED flush can lighting and a warm and inviting fireplace makes this an amazing place to call home. Home also enjoys courtyard entry and elevated views from the very lush and private patio backyard.

Seller will entertain offers between \$425,000 & \$500,000

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Ten reasons why you don't need a family trust

James Alvord
Attorney at Law

I'm sure by now you are pretty tired of all the ads and flyers in your mailbox touting the virtues of getting a family trust. I have to admit I still read them all, just to see what kind of a free lunch or dinner I've won.

Yes, we all know there is no such thing as a free lunch (or dinner), but they sure make it sound delicious.

And I'm also sure you've probably memorized the bullet points detailing the virtues of having a living trust and the horrible things that can happen if you don't. I thought you might like to hear the other side.

And so, consider these Top Ten Reasons for NOT having a family trust.

ONE: *What do I care, I'll be dead.*

While it's true we'll all be dead at one point, you will be leaving a holy mess behind for your children to deal with. And, they might not inherit the family jewels.

TWO: *My kids can figure out what to do.*

While your children may be quite bright, chances are they will be overwhelmed at the prospect of administering your estate and staying on the right side of all of California's laws. Let's just say it's complicated ... very complicated.

THREE: *What happens to my estate is my business – I'll just leave a few notes, telling anyone who needs to know what I want to have done.*

This may be the dumbest of all the reasons you'll read today. If privacy is important to you (and it certainly should be in the day and age of identity theft) dying without a will or trust makes the handling of your estate a public



James Alvord, Attorney at Law.

record. Every step taken to pay your bills, maintain your property, and distribute your assets will be out there for the world to see. On the other hand, if you have a properly drafted trust, only your chosen successor and your beneficiaries are privy to your estate information. And isn't that the way it should be?

FOUR: *I'm sure everything will work out all right... after all, aren't most people honest and trustworthy?*

We would all like to think that's true, but money seems to bring out the worst in people. In 28 years of practicing law I've seen countless family members declare war over who gets what, how, and when. I've also seen lying, stealing, and even acts of violence all because

mom and dad didn't have a plan. There isn't anything to fight over if the trust spells out what is supposed to take place.

FIVE: *Trusts cost money, and money's a little tight right now.*

Both statements are certainly true, but legal services provided by a California-licensed attorney can save your estate thousands of dollars just by avoiding the probate system. Going through probate is complex, time-consuming, stressful and extremely costly. Just ask anyone who's been there. Most trusts cost hundreds, not thousands of dollars. And, after the process is complete (just a few weeks from start to finish) most of my clients say they feel a sense of peace and consider the money well spent.

SIX: *OK, but I just can't stand lawyers.*

There is a lot of that going around. And many lawyers richly deserve not to be liked. But many



Courtesy photos

others are hard working, honest people just like yourself. You just have to ask around, do a little research. The good ones jump out at you.

SEVEN: *I could just do it myself. There are all kinds of wills and trusts I can download for cheap of the internet.*

You could, but is this a smart thing to do? You've worked hard all your life to build up an estate, does it makes sense to take on the biggest do it yourself project all by yourself? Also, every online program I've seen contains this language (or something very close to this language: "Before executing your new living trust, be sure to have your work reviewed by a licensed attorney." Wait, what?

EIGHT: *But isn't a Trust just a single document, how hard can it be?*

A properly prepared trust plan is a lot more than one document

saying who is to get what. The trust package prepared in my office contains a whole series of legal documents detailing your wishes regarding your distribution plan, directions regarding your health care, end of life decisions, powers of attorney, special gifts you'd like to make, and even your final arrangements.

NINE: *We're probably going to move out of California someday. What good is my trust going to be then?*

The trust you create today will be good no matter what state you move to. It's completely portable and will serve you well in your new home.

TEN: *I don't have a lot of time right now... maybe I'll just do this later.*

We all lead busy lives... there is always something to do that will be more fun than talking to a lawyer. But the trouble with putting off things that you really need to do is ... well, we all lead busy lives.... You just have to take that first step. Call a lawyer, hopefully, this lawyer.

Attorney Alvord is now offering a free, confidential consultation to talk over your particular circumstances. You can call him direct at (760) 728-1960 to set your appointment.

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VILLAGE NEWS

Section B

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January 24, 2019

www.VillageNews.com

Volume 23, Issue 4

This winter is wet and colorful



With all the rain in the last few weeks, rainbows have been a common sight around the Fallbrook-Bonsall area.

Yoana Escobedo photo



Rainy weather brings bright green back to the winter landscape.

Shelby Cokeley photo



The constantly changing weather produces brilliant sunsets.

Lucette Moramarco photo



All the moisture this winter has promoted the growth of mushrooms.

Ruth Haferkamp photo



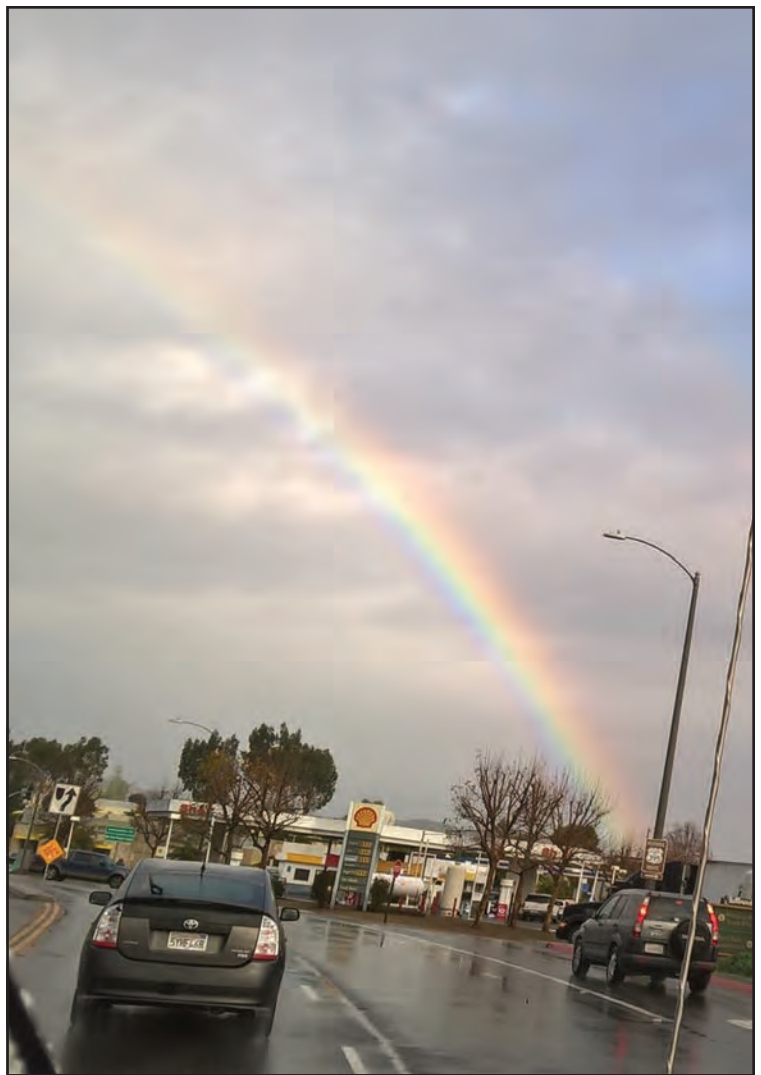
Cars on Alvarado Street at Main Avenue slow down for puddles during a rainy afternoon.

Lucette Moramarco photo



De Luz Road, at the bridge before Calle Roxanne, is flooded again by heavy rainfall.

Joey Tucker photo



A rainy day in Fallbrook includes a rainbow over downtown.

Mary Jo Bacik photo

HEALTH

Recumbent versus seated bike; it’s all about effort

Megan Johnson McCullough
Special to the Village News

There are two types of stationary bikes to use for cardiovascular exercise, but what is the difference in selection? Both bikes are great low impact way to burn calories; however, they do in fact burn calories differently. Either case allows for climate control and helps improve cardiovascular and musculoskeletal health without hurting joints.

The Centers for Disease Control and Prevention recommended moderate aerobic intensity at least 150 minutes per week for good health and biking can be a great choice.

Recumbent Bike

This type of bike has a seat that is typically more comfortable for riders; however, this type of seat transfers some of the weight making the exercise easier. The seat is wide and suitable to heavier people. The back is supported which can help low back pain sufferers.

Because this bike is the more comfortable ride, it requires less effort. Less effort equates to less calories burned. Less muscles

are being used, specifically the core is not involved. The quads, hamstrings, glutes and calves are being used. The more relaxed position draws people because the structure of this bike allows them to read a book or watch an iPad with more convenience while riding.

Upright Bike

This type of bike is more like an outdoor bike. The rider sits in an upright position with their back slightly bent over the handlebars. Many people find the seat of this bike uncomfortable. While riding, the quads, hamstrings, glutes, calves, erector spinae, core, shoulders, triceps and forearms are being used. The core is also being used for posture, and the upper body muscles are stabilizing the rider’s position on the handlebars. All of their body weight comes down on the tailbone. These bikes are used in cycling classes because they do mimic outdoor bikes.

For either bike, the rider can focus on increasing their speed, time or intensity to track progress. Both types of bikes are a great aerobic workout. For results, it all boils down to effort. The rider controls the speed, resistance and

how hard they try.

Changes don’t take place in comfort zones. Use both or pick one, but either way make sure to get that 150 minutes of aerobic activity recommended.

Megan Johnson McCullough holds a master’s degree in physical education and health science, is a candidate for her doctorate, is a professional natural bodybuilder and is a National Academy of Sports Medicine master trainer.

Effort is the key bike factor in getting aerobic exercise.

Omer Saar photo



Universal Catastrophic Coverage: Will it work?

Dr. James Veltmeyer
Special to the Village News

The recent decision by Texas federal judge Reed O’Connor striking down former President Barack Obama’s health care law, the Affordable Care Act offers Washington policymakers of both parties a unique opportunity to revisit the entire health care debate and craft a new plan that will actually improve people’s lives while controlling costs. A possible solution could lie several decades in the past.

In 1971, Harvard professor Martin Feldstein who later became President Ronald Reagan’s chief economic adviser proposed a possible way out of America’s seemingly intractable health care dilemma. It was called Universal Catastrophic Coverage, and its objective was to provide all people with health care coverage when they really need it, in life-threatening emergencies or major bankruptcy-inducing medical events, like cancer, heart disease and newborns with genetic defects.

Universal Catastrophic Coverage was not intended to cover the costs of routine or preventive care, like annual checkups, basic blood tests, sore throats or runny noses.

No less than the great University of Chicago and Nobel Prize-winning

free market economist Milton Friedman endorsed the plan in 2004 in an article he wrote for the Hoover Institution.

Under one version of Universal Catastrophic Coverage, all individuals not eligible for Medicare or Medicaid would receive a uniform, high-deductible catastrophic health insurance policy from a private company. The level of the deductible would be based on family income. The higher one’s income, the higher the deductible.

Universal Catastrophic Coverage would protect people from financial ruin in case of a devastating health care event, while allowing individuals to purchase “supplemental” insurance, such as Medicare recipients do, to pay for routine medical expenses. They could also rely on their Health Savings Accounts or on a monthly membership in a direct primary care provider practice.

The estimated cost of such a universal catastrophic policy: about \$2,000 a year or \$160 per month. The vast majority of individuals would pay for this themselves, potentially using savings from the elimination of employer-paid coverage and higher wages. Those who cannot afford this amount would receive a voucher from the government to pay for it.

Membership in a directs primary

care practice would permit individuals to contract with a direct primary care physician of their choice for a low monthly fee to access basic medical care, including 24/7 access to the doctor through unlimited office visits, email and text, lab tests, X-rays and even some medications. There would be no co-pays or deductibles.

The monthly fees might vary, but are normally in the range of \$50 to \$100 per month per patient. Obviously, older patients who need to see their doctor more often would be charged at the higher end of that scale and younger people at the lower end. Children are even less, sometimes as low as \$10 or \$20 per month.

Patients seeing their direct primary care provider on a regular basis as there is no per office visit charge but only the monthly fee are less likely to be hospitalized, have surgeries or be admitted to the emergency room. Doctors are free to spend additional time with their patients as they are not burdened with answering to insurance companies or filling out reams of paperwork.

While anyone can see that the direct primary care model is highly affordable, does the same hold true of Universal Catastrophic Coverage? The answer is yes, according to a study by Kip Hagopian and Dana Goldman published in National

Affairs. Their analysis indicated that their version of Universal Catastrophic Coverage would cost about half as much as “Obamacare” is expected to cost over 10 years, which is \$950 billion for Universal Catastrophic Coverage versus \$1.8 trillion under “Obamacare”.

“Obamacare” exploded the cost of health insurance by imposing massive regulations and requirements on insurers to offer coverage most people did not want or need, such as single unmarried men who are required to buy maternity or gynecological coverage. Universal Catastrophic Coverage and direct primary care end that dissonance by creating a system where catastrophic health insurance works hand-in-hand with a direct-payer model for routine and preventive medical expenses without breaking the bank. In some ways, it is similar to the much-praised health care system in Switzerland.

Unfortunately, the Affordable Care Act virtually eliminated the option of catastrophic insurance for anyone over 30 years of age, which is akin to eliminating fire insurance for a home.

The price tag of Universal Catastrophic Coverage would be paid for by eliminating the massive \$250 billion tax subsidy for mostly large employers who supply employer-paid insurance. Universal Catastrophic Coverage and direct-payer working in tandem could largely supplant work-based insurance and allow wages and salaries to increase instead, while freeing employees from the chains of staying in jobs they dislike just to receive the health benefits.

Employers would also see the

costly burden of providing and administering health insurance lifted from their shoulders. The entire system of employer-paid health insurance, which traces back to Bismarck’s Germany in the 19th century, has served as a powerful disincentive for individuals to be personally responsible for their own medical needs – leading to over consumption of high-priced services, such as the ER and hospitals for care that could be performed less expensively in a direct primary care physician’s office, for example.

The beauty of Universal Catastrophic Coverage is that it returns insurance to its original purpose: protecting people in the case something cataclysmic happens. The beauty of the direct primary care model is that it provides for all other basic medical needs at a low, monthly fee which can be accessed by both Medicare and Medicaid patients as well. The massive costs that physicians now bear for administrative, billing, coding and the rest will be drastically diminished as the role of health insurance companies will be carefully confined and corralled, no longer reaching out to interfere with medical decisions or line their own pockets.

Imagine the cost of an entire health care plan for \$200 to \$300 a month. It’s time for health care by the people and for the people now.

Dr. James Veltmeyer is a prominent La Jolla physician voted “Top Doctor” in San Diego County in 2012, 2014, 2016 and 2017. Veltmeyer can be reached at dr.jamesveltmyer@yahoo.com.

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My Patient Rights reminds Californians of new law to combat opioid crisis

SACRAMENTO – My Patient Rights and the California Chronic Care Coalition reminded Californians of a new law that takes another step in addressing the opioid crisis. The law requires that prescribers of pain-relieving opioids must also offer a prescription for the opioid-overdose reversal drug, naloxone, to high-risk patients. Assembly Bill 2760 was passed by the California Legislature and signed into law in September 2018 by former Gov. Jerry Brown.

Accidental opioid overdoses account for about 80 percent of all opioid emergencies, and 83 percent of prescription opioid-related deaths are unintended or accidental. While anyone taking opioids is at potential risk for an overdose, there are certain

high-level, at-risk groups that are susceptible, so being prepared with the overdose reversal drug, naloxone, in close proximity is essential.

The U.S. Surgeon General issued its first advisory in 13 years recommending emergency treatments like naloxone be available for consumer use.

“For patients with chronic illness, pain-relieving opioids are a lifeline but the risk of an overdose increases the more you take to combat the pain,” Liz Helms, president and CEO of the California Chronic Care Coalition, said. “Requiring naloxone to be offered at the same time as prescribing an opioid pain medication will go a long way in preventing accidental overdoses and needless deaths. And since

many caregivers are family members, it is important to make them aware that this potentially life-saving emergency treatment will be more readily available when opioids are prescribed.”

There are many reasons for accidental opioid overdose emergencies, and these emergencies can occur even when opioids are used as directed. Those at high risk for accidental opioid overdose include those who take moderate to high doses of prescription opioids, usually over 90 morphine milligram equivalents a day; those who consume certain other sedating medications or alcohol, particularly benzodiazepines; those who have a history of substance abuse or previous overdose and those who have children, other family,

friends and loved ones who have access to unlocked or unsecured prescription opioids.

In 2016, more than 214 million prescriptions were written and filled for opioids.

“Naloxone is a tool that can immediately save lives. And I hope this new law will provide an opportunity for discussion of the potential for accidental opioid overdose and how to prevent it,” Assemblymember Jim Wood, D-Santa Rosa, author of AB 2760, said.

Anyone who uses opioids for pain control is at risk for an opioid overdose emergency. Be prepared for the unexpected by talking about opioids, the potential for overdose even when used correctly, having naloxone with you and recognizing the signs of overdose, including

slow or shallow breathing, slowed heartbeat and weak pulse, a loss of consciousness or pale, blue or cold skin.

My Patient Rights was launched by the California Chronic Care Coalition to help people who have been denied treatment or medicines, experienced delays or are dissatisfied with the decisions made by their health plan.

The California Chronic Care Coalition is an alliance of more than 30 leading consumer health organizations and provider groups that engage policy makers, industry leaders, providers and consumers to improve the health of Californians with chronic conditions.

Submitted by California Chronic Care Coalition.

American Lung Association busts myths about radon, second-leading cause of lung cancer

LOS ANGELES – Radon is a naturally occurring gas that hides invisibly in homes, yet is the nation’s second-leading cause of lung cancer. This January, during Radon Action Month, American Lung Association is raising awareness about radon and addressing common myths around this deadly gas.

“Hidden in far too many homes is the nation’s second-leading cause of lung cancer, radon. Lung cancer remains the nation’s leading cause of cancer deaths, so people need to be aware of and take action on radon,” William Barrett, director of Clean Air Advocacy for American Lung Association in California, said. “The good news is that testing for and reducing the high radon levels is straightforward and effective. The

Lung Association encourages all families, schools and daycares to test for radon to protect everyone’s health and save lives.”

Radon has been found in every county in California with several areas on the Central Coast registering potential elevated levels. These are some common myths about radon.

Myth No. 1 is that radon is not really harmful.

Not only is radon invisible; it’s also radioactive. While it can’t be seen, exposure to high levels of radon over time can cause lung cancer, and radon ranks as the nation’s second-leading cause of the disease. Radon-related lung cancers are responsible for an estimated 21,000 deaths every year in the United States.

Myth No. 2 is that radon is rare and doesn’t impact the community.

The reality is that radon is found at dangerous levels in an estimated 1 in 15 homes nationwide. One home can have elevated levels of radon while their neighbor’s home does not. It doesn’t matter which part of the country a home is in because radon comes from rock and soil, it can be found anywhere. It enters the home or building through cracks in walls, basement floors, foundations and other openings and can exist at dangerous levels indoors.

Myth No. 3 is that testing for radon is expensive.

The only way to detect dangerous levels of radon in a home is to test the air. Various forms of do-it-

yourself test kits are simple to use, inexpensive and can be purchased online or at home improvement and hardware stores. Professional testing is also available, often for under \$300, although the price varies by location and building size. Schools and daycares may need professional help to do the testing.

Myth No. 4 is that schools are safe.

Testing for radon in schools is not required in most states nor is fixing the problem. Not only children, but teachers and other staff who work in schools can be exposed to dangerous levels of radon. The last nationwide survey of radon levels in schools, completed in 1993, found that nearly one in five schools had at

least one classroom with dangerous levels of radon. The American Lung Association leads a coalition of groups working to highlight the importance of testing for radon in both schools and daycares through the National Radon Action Plan. In 2014, federal actions have already reached an estimated 1.6 million homes, schools and child care facilities with guidance and incentives to reduce radon risk and have tested for and mitigate high radon risk when necessary in nearly 200,000 units.

To learn more about radon and how to test homes, visit www.Lung.org/radon or call the toll-free Lung HelpLine at (800) 266-7883.

Submitted by the American Lung Association.

Are the winter blues getting you down?

American Counseling Association
Special to Village News

With winter here, perhaps you’re not quite feeling your normal self. Maybe you’re a bit sluggish, a little irritable, sleeping longer or just feeling a little down in general? Welcome to what’s commonly called the “winter blues” or the “winter blahs.”

It is a fairly common problem and while it’s often minor, there

are times when it can be a quite serious issue. Some people find winter weather affects them strongly enough that it makes daily life difficult. Severe cases are known as seasonal affective disorder and can be serious enough to warrant treatment by a mental health professional.

But for most people these winter blues are just a minor inconvenience and, fortunately, one that they can do something about.

One contributing factor is the shorter days and lack of sunlight in winter. The obvious cure is to increase the amount of light in

their life. If it’s a bright, sunny day, bundle up and get outside for a bit. If it’s gray and dreary, try turning on extra lights to brighten things up and use broad spectrum bulbs, which are often sold as “therapy lights,” to simulate natural sunlight.

Exercise also helps fight those tired and sluggish feelings. Just a short daily walk or gym workout can help the body and mind overcome feelings of low energy.

And even small changes can make a difference. When feeling down, give a friend a call and talk about happy things. Watch a favorite funny TV show or movie.

Read a great book or spend some time on a much-loved hobby.

Getting involved with others is another way to feel better. Start going out more, whether it’s socializing with friends or volunteering at church, a local shelter or nonprofit agency. Helping others almost always brings better feelings, and when combined with a nice bright smile, people may find they just don’t have time to feel blue.

Of course, there are many things that can cause sad feelings besides cold, gray skies. If anyone finds that they just can’t overcome such feelings, and it’s interfering

with their enjoyment of a normal life, seek help. A professional counselor can both help pinpoint the cause of these feelings and suggest ways to overcome the problem.

The bottom line is take action and don’t let the winter blues take the fun out of life.

Counseling Corner is provided by the American Counseling Association. Send comments and questions to ACAcorner@counseling.org or visit the ACA website at www.counseling.org.

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Kinder Tap - Tues 4:45-5:30pm with Kristena
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ENTERTAINMENT

Mainly Mozart Ensemble comes to Fallbrook

FALLBROOK – Starting off the new year, Fallbrook Music Society will present the Hausmann Quartet Sunday, Jan. 27, at 3 p.m. at the Fallbrook Public Library. The concert is free to the general public. No tickets are required.

Hausmann Quartet are the artists-in-residence at San Diego State University and the ensemble-in-residence at Mainly Mozart.

“I am thrilled to bring such exceptional musicians to Fallbrook for a free concert,” Ann Murray, executive director of Fallbrook Music Society, said. “Nowhere in San Diego can you hear this caliber of performance at no cost.”

The members of the Hausmann Quartet are violinists Isaac Allen and Bram Goldstein, violist Angela Choong and cellist Alex Greenbaum. The quartet is named after Robert Hausmann, the 19th century German cellist and founding member of the Joachim Quartet. Its members have trained at the Longy School of Music, San Francisco Conservatory, Eastman School of Music and The Juilliard School.

The concert features works for string quartet, including Haydn’s Quartet No. 14 in E-flat, Opus 9, which was written during the period when Haydn emerged as a great composer. The program also features Jessie Montgomery’s “Source Code,” which was written in 2013. Montgomery is a composer-in-residence with Sphinx Virtuosi, a multicultural touring ensemble that has previously appeared on the Fallbrook Music Society’s annual concert season.

The final work is Shostakovich’s Quartet No. 9 which took three years to finally finish. It is widely believed that Shostakovich poured all his sadness, anger and boldest musical ideas into chamber pieces like this quartet as his symphonies were subjected to scrutiny and censure by the Soviet government.

“This concert will give our audience a chance to see the ‘spectrum,’ how repertoire for string quartet has evolved over time. Each work is incredibly unique and incredibly powerful,” Murray said.

The program preview and musician introductions start at 2:30 p.m. More information is available through www.FallbrookMusicSociety.org.



The members of the Hausmann Quartet are, from left, violinist Bram Goldstein, cellist Alex Greenbaum, violist Angela Choong and violinist Isaac Allen.

Sam Zauscher photo

‘Moon Over Buffalo’ is wacky but fun



Seen in a madcap scene from “Moon Over Buffalo” are, from left, Arthur Hanket, Roxane Carrasco, Katrina Ferguson, Josh Braaten, Arusi Santi and Jacque Wilke.



Rehearsing for a matinee of “Cyrano de Bergerac” are, from left front, Aaron Rumley photos Katerina Ferguson, Jacque Wilke and Josh Braaten and, in back, Arthur Hanket.

Elizabeth Youngman-Wesphal
Special to The Village News

For those readers not yet born in the 1950s, here are a few interesting facts about that period. The first color television went on sale. The Korean War ended. Queen Elizabeth II was crowned as the new monarch of England. And the average price of a home was \$9,550.

“Moon Over Buffalo” is set in 1953. It is like stepping out of a time capsule.

Farce is usually linked with the Brits. Except this wacky show was written by the successful American playwright Ken Ludwig sometime around 1995. It opened with Carol Burnett as the leading lady, bringing her back to the stage after a 30-year retirement.

It’s a zany and chaotic play-in-a-play about an aging husband and wife acting duo trying to hold on to their fading careers.

No longer on the A-list circuit, they are now playing in Buffalo, New York, hundreds of miles from Broadway. Having slogged through their first rehearsal for today’s matinee of “Cyrano de Bergerac,” the cast soon becomes agitated by circumstances occurring within the troupe.

The action bounces between the Green Room and the matinee performance with lots of door slamming, innuendo, mugging and double takes. It isn’t until after the intermission that the audience finally catches up with the action.

Matthew Wiener directed Brittney Bertier, Josh Braaten, Roxane Carrasco, Katrina Ferguson, Arthur Hanket, Matthew Salazar-Thompson, Arusi Santi and Jacque Wilke through this romp.

The nifty set was designed by the ever so talented Marty Burnett. Melanie Chen Cole’s sound design apparently didn’t work because a few actors spoke loudly. It just seemed early on they were shouting.

Elisa Benzoni nailed the costumes, and Matt Novotny scored again at the lights. Peter Herman did the hair and wigs, while Benjamin Cole choreographed the fight scenes.

The hardworking cast earns every chuckle, guffaw and outright belly laugh. It is wonderfully silly. Other reviewers refer to it as “madcap.” Regardless, it is a fun way to spend a few hours. Dust off your funny bone and prepare to be entertained.

“Moon Over Buffalo” is playing until Feb. 10 at the North Coast Repertory Theater in Solana Beach, 987 Lomas Santa Fe, Suite D. For tickets, call (858) 481-1055 or visit www.northcoastrep.org. Lots of free parking. Rated 7.5 out of 10.

Elizabeth Youngman-Wesphal can be reached at eyoungman@reedermmedia.com.

‘Seussical the Broadway Musical’ to play final week at Mission Theater

FALLBROOK – After a fantastic opening weekend, the 413 Project production of “Seussical” will continue this weekend, Jan. 25-27. Now one of the most performed shows in America, “Seussical” is a fantastical, magical, musical extravaganza.

Tony winners Lynn Ahrens and Stephen Flaherty (“Lucky Stiff,” “My Favorite Year,” “Once on This Island,” “Ragtime”), have lovingly brought to life everyone’s favorite Dr. Seuss characters, including Horton the Elephant, The Cat in the Hat, Gertrude McFuzz, lazy Mayzie and a little boy with a big imagination – Jojo. The colorful characters transport the audience from the Jungle of Nool to the Circus McGurkus to the invisible world of the Whos.


The 413 Project production headed by producer Katie Burlington and director Katie Rideout is specially stylized to fit the unique layout and feel of the theater itself. The entire production has been modeled with a “retro” 1940’/50’s style to celebrate the heritage of both Dr Seuss and the Mission Theater itself.

Colorful characters come to life in bright 1950’s swing skirt and suits. Burlington explained, “As the first production in the newly renovated theater space we really wanted to bring a ‘retro twist’ to a classic tale that would appeal to both kids and adults. We have been so blessed by the community support this far and hope it will lead to more shows in the future!”

Tickets for Seussical are selling fast. General admission tickets are \$30 and children/military/seniors are \$20. Enter the code “Fallbrook” online and get 50 percent of the general admission price. Shows continue this weekend, Friday the 25th, 7 p.m.; Saturday, the 26th, 7 p.m., and Sunday, the 27th, 2 p.m.

For more information or to purchase tickets, visit www.the413project.org or call (619) 786-7248.

Submitted by The 413 Project.



The company of Seussical performs the song “Green Eggs and Ham.”

Courtesy photos

High school-age musicians wanted

FALLBROOK – The Rotary Club of Fallbrook is seeking high school-age musicians to participate in a Rotary Club districtwide instrumental music competition to be held from February to April. Cash prizes will range from \$50 to \$2,500.

Applications must be received by Jan. 31. For details and application, text name and number to (949) 201-9967.

Michael Carbonaro Live!, April 6, at Pala

PALA – Direct from his hit television series, “The Carbonaro Effect,” on truTV, magician Michael Carbonaro will bring his Michael Carbonaro Live! Tour to the events center stage at 7:30 p.m., Saturday, April 6, at Pala Casino Spa and Resort.

Carbonaro has performed over 500 comically perplexing and improbable feats of magic on his TV show.

After years of performing in comedy clubs and school gymnasiums, Carbonaro started winning roles as an actor in both television and film. That interest led to a breakout series of hit magical appearances on “The Tonight Show with Jay Leno.” After turning into a viral sensation, his unique brand of magic performed for unsuspecting people landed him his own hidden-camera series, “The Carbonaro Effect,” currently in its second season on truTV. He also has starred in CBS’s “Rush Hour,” NBC’s “30 Rock,” ABC’s “Grey’s Anatomy” and Disney’s “Wizards of Waverly Place.” And, he is a late-night regular on such shows as “Jimmy Kimmel Live” and “Conan.”

Tickets, \$30-\$45, are on sale with no service charge at the Pala Box Office in the casino, call (877) 946-7252 or visit www.palacasino.com. Tickets also available at www.startickets.com or by phone at (800) 385-3737.

Submitted by Pala Casino Spa and Resort.

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Notice To Readers: California law requires that
contractors taking jobs that total \$500 or more
(labor or materials) be licensed by the Contractors
State License Board. State law also requires
that contractors include their license number on
all advertising. You can check the status of your
licensed contractor at www.cslb.ca.gov or 800-321-
CSLB. Unlicensed contractors taking jobs that total
less than \$500 must state in their advertisements
that they are not licensed by the Contractors State
License Board.

TRANSPORTATION

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Wheel Chair Accessible Van
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Fallbrook, Temecula & Murrieta
call Randy
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SO.CAL TREE CARE, INC.
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Lic #860690 Certified Arborist.
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WINDOWS

FALLBROOK WINDOW WASHING

Specializing-Home/Office
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SHERIFF'S LOG

Jan. 2	
800 block S. Main Avenue	Trespassing
Jan. 3	
2100 block Weeping Willow Way	Suspicious person
800 block S. Main Avenue	Armed robbery
1700 block Green Canyon Road	Fraud
Jan. 4	
200 block W. Fig Street	Vandalism of a vehicle
1000 block Rainbow Crest Road	Psychiatric evaluation
W. Fallbrook Street	Warrant
3500 block Cherrybrook Court	Grand theft
400 block E. Alvarado Street	Intent to defraud
Jan. 5	
1400 block Alturas Road	Battery on a peace officer
500 block Stewart Canyon Road	Vandalism
Jan. 6	
100 block Gardenside Court	Sex crime against a child
300 block S. Main Street	Petty theft
Jan. 7	
600 block S. Main Avenue	Obstruction/resisting a peace officer
6600 block W. Lilac Road, Bonsall	Battery
800 block N. Vine Street	Petty theft
600 block Elbrook Drive	Petty theft
300 block W. Ivy Street	Fight
Jan. 8	
500 block S. Main Avenue	Petty theft
300 block Ventasso Way	Commercial burglary
1000 block S. Mission Road	Under the influence of a controlled substance
1500 block Larson Lane	Residential burglary
1100 block S. Mission Road	Shoplifting
1500 block Alturas Road	Obstruction
Jan. 9	
Horse Ranch Creek Rd at Pala Mesa	Grand theft
Jan. 10	
32100 block Caminito Quieto	Violation of domestic court order
1400 block S. Mission Road	Fraud
1400 block S. Mission Road	Battery of a spouse
Jan. 11	
1100 block Alturas Road	Spousal abuse
1600 block S. Mission Road	Suspicious person
700 block Alturas Lane	Stolen vehicle
600 block Ammunition Road	Under the influence of a controlled substance
Jan. 12	
S. Mission Road and Overland Trail	Impersonation to make another person liable
31900 block Del Cielo E, Bonsall	Battery
Jan. 13	
4300 block Citrus Lane	Burglary
5500 block Mission Road	Possession of a controlled substance
Lillian Way and E. Alvarado Street	Battery
Jan. 14	
1400 block N. Stage Coach Lane	Suspicious person
3600 block Lake Circle Drive	Petty theft
900 block Tanya Lane	Petty theft
Jan. 15	
300 block E. Alvarado Street	Found narcotics
500 block De Luz Road	Impersonate to get money
1500 block Alturas Road	Possession of a controlled substance
300 block E. Alvarado Street	Under the influence of a controlled substance
700 block Alturas Lane	Assault with a deadly weapon
Autumn Rose Lane	Battery
Jan. 16	
5600 block Camino Del Cielo, Bonsall	Vehicular burglary
Jan. 17	
5500 block Mission Road, Bonsall	Commercial burglary
East Alvarado Street	Under the influence of a controlled substance
1400 block Farrand Road	Suspicious Person
500 block Mission Road, Bonsall	Vandalism
1100 block S. Mission Road	Armed Robbery
Jan. 18	
1800 block Winter Haven Road	Vandalizing a place of worship
1100 block Juliette Place	Residential burglary
E. Ivy Street	Suspicious Person
Jan. 19	
1100 block Old Stage Road	Spousal/cohabitant abuse with injury
32100 block Caminito Quieto, Bonsall	Domestic relations court violation
1600 block S. Mission Road	Drunk in public
Jan. 20	
3100 block S. Old Highway 395	Petty theft
700 block Burma Road	Battery with serious bodily harm

LEGALS

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9031024
Name of Business
EXPRESS CLEANING SERVICES
4705 Freeze Rd Apt #107, Oceanside, CA 92057
County: San Diego
This business is registered by the following:
Alda Lopez Silva, 4705 Freeze Rd Apt #107, Oceanside, CA 92057
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/19/18
LEGAL: 4870
PUBLISHED: January 3, 10, 17, 24, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9031540
Name of Business
a. HEALTHY U
b. IRENE'S HEALTHY U
2202 Dos Lomas, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Irene Sanker-Gusman, 2202 Dos Lomas, Fallbrook, CA 92028
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/26/18
LEGAL: 4871
PUBLISHED: January 3, 10, 17, 24, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9031660
Name of Business
a. OCEANSIDE SENIOR ANGLERS FOUNDATION
b. OSA FOUNDATION
c. OSAF
2151 Goya Place, San Marcos, CA 92078
County: San Diego
This business is registered by the following:
a. James Bradley Mauritz, 4747 Oak Crest Rd #3, Fallbrook, CA 92028
b. Oceanside Senior Anglers Foundation, 2151 Goya Place, San Marcos, CA 92078
This business is conducted by an Unincorporated Association-Other than a Partnership
Registrant first commenced to transact business under the above name on 12/06/2018
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/28/18
LEGAL: 4872
PUBLISHED: January 3, 10, 17, 24, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9031686
Name of Business
FOLK & CUP
2550 Corbel Way, San Marcos, CA 92078
County: San Diego
This business is registered by the following:
Jenafer Ralls, 2550 Corbel Way, San Marcos, CA 92078
This business is conducted by an Individual
Registrant first commenced to transact business under the above name on 9/1/16
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/28/18
LEGAL: 4873
PUBLISHED: January 3, 10, 17, 24, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9031763
Name of Business
SUNSHINE 4 LIFE
9497 Monte Mar Dr. Spring Valley, CA 91977
County: San Diego
This business is registered by the following:
Erin Nichole Sunshine, 9497 Monte Mar Dr. Spring Valley, CA 91977
This business is conducted by an Individual
Registrant first commenced to transact business under the above name on 7/31/18
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/28/18
LEGAL: 4882
PUBLISHED: January 17, 24, 31, February 7, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9000610
Name of Business
COMMERCIAL ROOFING & WATERPROOFING
4065 Oceanside Blvd. Suite "N", Oceanside, CA 92056
County: San Diego
This business is registered by the following:
Douglas Scott Berger, 257 Emilia Lane, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first commenced to transact business under the above name on 12/8/18
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/08/19
LEGAL: 4883
PUBLISHED: January 17, 24, 31, February 7, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9031153
Name of Business
MIZ ACCOUNTING
4961 Dulin Rd, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Marisela Zaragoza, 4961 Dulin Rd, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first commenced to transact business under the above name on 6/15/17
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/20/18
LEGAL: 4884
PUBLISHED: January 17, 24, 31, February 7, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9000871
Name of Business
CREATIVE CONCRETE WORK
1455 S. Alturas SPC #77, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Jose Luis Castaneda, 1455 S. Alturas SPC #77, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first commenced to transact business under the above name on 1/10/2019
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/10/19
LEGAL: 4885
PUBLISHED: January 17, 24, 31, February 7, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9000560
Name of Business
VISTA HIGH SCHOOL CLASS OF 1979 REUNION
2225 Guajome Lake Rd., Vista, CA 92084
County: San Diego
This business is registered by the following:
Laura J. Ray, 2225 Guajome Lake Rd., Vista, CA 92084
This business is conducted by an Individual
Registrant first commenced to transact business under the above name on 01/02/2019
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/08/19
LEGAL: 4886
PUBLISHED: January 17, 24, 31, February 7, 2019

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9000124
Name of Business
PERFECT NAILS
1414 S. Mission Rd., Fallbrook, CA 92028
Mailing address: 1009 Rodeo Queen Dr., Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Chheang Hong Lim, 1009 Rodeo Queen Dr., Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first commenced to transact business under the above name on 9/12/00
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/03/19
LEGAL: 4876
PUBLISHED: January 10, 17, 24, 31, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9030594
Name of Business
HEALING OAK ACUPUNCTURE CLINIC
593 East Elder Street, Suite A, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Randall Wegener Acupuncturist, Inc., 593 East Elder Street, Suite A, Fallbrook, CA 92028
This business is conducted by a Corporation
This Corporation is located in the state of California
Registrant first commenced to transact business under the above name on 11/26/18
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/14/18
LEGAL: 4877
PUBLISHED: January 10, 17, 24, 31, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9000180
Name of Business
EVERGREEN INSTRUCTION
1039 La Solana Dr, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Sean Michael Dasso, 1039 La Solana Dr, Fallbrook, CA 92028
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/03/19
LEGAL: 4878
PUBLISHED: January 10, 17, 24, 31, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9031767
Name of Business
EXCO INTERNATIONAL, LLC
1949 Avenida Del Oro #102, Oceanside, CA 92056
Mailing address: 353 Justine Dr., Oceanside, CA 92057
County: San Diego
This business is registered by the following:
EXCO International, LLC, 1949 Avenida Del Oro #102, Oceanside, CA 92056
This business is conducted by a Limited Liability Company
This LLC is located in the state of CA
Registrant first commenced to transact business under the above name on 10/01/2018
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/28/18
LEGAL: 4879
PUBLISHED: January 10, 17, 24, 31, 2019

Notice of Petition

NOTICE OF PETITION TO ADMINISTER ESTATE OF
DOREEN T. BALES
ROA #1 CASE NO. 37-2018-00065167-PR-PW-CTL
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of:
DOREEN T. BALES
A Petition for Probate has been filed by **JEAN ELIZABETH HATHAWAY** in the Superior Court of California, County of SAN DIEGO
The Petition for Probate requests that **JEAN ELIZABETH HATHAWAY** be appointed as personal representative to administer the estate of the decedent.
The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.
The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.)
The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court as follows:
Date: 2/7/2019 Time: 1:30 P.m. Dept. 503
Address of court: 1100 Union Street, San Diego, CA 92101, Central - Probate
If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a *Request for Special Notice* (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A *Request for Special Notice* form is available from the court clerk.

Attorney for Petitioner: Craig Gross, 4350 La Jolla Village Drive, Suite 350, San Diego, CA 92122, (858) 750-3580
Legal: 4880
PUBLISHED: January 10, 17, 24, 2018

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9000785
Name of Business
AUTO LAVISH PROFESSIONAL DETAILING
39642 Hearthstone Ct, Murrieta, CA 92562
County: Riverside
This business is registered by the following:
San Diego Auto Lavish Inc, 39642 Hearthstone Ct, Murrieta, CA 92562
This business is conducted by a Corporation
This Corporation is located in the state of California
Registrant first commenced to transact business under the above name on 1/1/19
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/09/19
LEGAL: 4893
PUBLISHED: January 24, 31, February 7, 14, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9000368
Name of Business
MUSTARD SEED PUBLISHING
3454 Caballo Ln, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
a. Daniel Enoch Norton, 3454 Caballo Ln, Fallbrook, CA 92028
b. Melissa Ann Norton, 3454 Caballo Ln, Fallbrook, CA 92028
This business is conducted by a Married Couple
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/04/19
LEGAL: 4894
PUBLISHED: January 24, 31, February 7, 14, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9001179
Name of Business
STEVE BAILEY AIR CONDITIONING AND HEATING
9464 Palomino Ridge Dr., Lakeside, CA 92040
County: San Diego
This business is registered by the following:
Steve Bailey Contracting Inc., 9464 Palomino Ridge Dr., Lakeside, CA 92040
This business is conducted by a Corporation
This Corporation is located in the state of Ca.
Registrant first commenced to transact business under the above name on 01/19/05
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/14/19
LEGAL: 4895
PUBLISHED: January 24, 31, February 7, 14, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9000618
Name of Business
SASSYBEE BOUTIQUE
254 e. Grand Suite 100, Escondido, CA 92025
County: San Diego
This business is registered by the following:
a. Melissa Jackson Marshall, 6865 W. Lilac Rd, Bonsall, CA 92003
b. David Bruce Marshall, 6865 W. Lilac Rd, Bonsall, CA 92003
This business is conducted by a Married Couple
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/08/19
LEGAL: 4896
PUBLISHED: January 24, 31, February 7, 14, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9001318
Name of Business
a. HOUSE OF TARU
b. TARU
1762 Pala Lake Dr, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Saija Inkeri Marie Salminiitty Cleary, 1762 Pala Lake Dr, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first commenced to transact business under the above name on 01/01/2019
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/15/19
LEGAL: 4897
PUBLISHED: January 24, 31, February 7, 14, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9001185
Name of Business
KDL GROUP CAJON STREET
232 Cajon Street, Redlands, CA 92373
Mailing address: P.O. Box 1531, Bonsall, CA 92003
County: San Bernardino
This business is registered by the following:
a. Kendall H Ricks, 1555 Dentro De Lomas, Bonsall, CA 92003
b. Denise M Ricks, 1555 Dentro De Lomas, Bonsall, CA 92003
c. Loretta Ricks, 1406 Vista De Lomas, Bonsall, CA 92003
This business is conducted by a Joint Venture
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/14/19
LEGAL: 4898
PUBLISHED: January 24, 31, February 7, 14, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9001186
Name of Business
VILLAGE DENTAL CENTER
8895 Lawrence Welk Dr, Escondido, CA 92026
County: San Diego
This business is registered by the following:
Kendell H Ricks, 1555 Dentro De Lomas, Bonsall, CA 92003
This business is conducted by an Individual
Registrant first commenced to transact business under the above name on 5/1/1999
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/14/19
LEGAL: 4899
PUBLISHED: January 24, 31, February 7, 14, 2019

NOTICE OF TRUSTEE'S SALE. Foreclosure DOT 80897-OP65-DOT. APN: See Schedule "1". YOU ARE IN DEFAULT OF YOUR OBLIGATION UNDER YOUR DEED OF TRUST. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Date of Sale: **02/06/2019 at 10:00 AM.** Place of Sale: **AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY THE STATUE, 250 E. MAIN ST., EL CAJON, CA 92020.** NOTICE is hereby given that First American Title Insurance Company, a Nebraska Corporation, 1 First American Way, Santa Ana, CA in care of: 400 S. Rampart Blvd, #290 Las Vegas, NV 89145 – Phone: (800) 251-8736 as the duly appointed Trustee, Successor Trustee, or Substituted Trustee of Deed(s) of Trust executed by **Trusstor(s)** and recorded among the Official Records of **San Diego County, California**, and pursuant to that certain **Notice of Default ("NOD")** thereunder recorded, all as shown on **Schedule "1" which is attached hereto and a part hereof, will sell at public auction** for cash, lawful money of the United States of America, (a cashier's check payable to said Trustee drawn on a state or national bank, a state or federal credit union, or a state or federal savings and loan association, or savings bank as specified in section 5102 of the Financial Code and authorized to do business in this state) **all that right, title and interest** conveyed to and now held by it under said Deed of Trust in the property situated in said County and State to wit: Those certain Timeshare Interval as shown as Legal Description Variables on **Schedule "1"**, within the timeshare project **Oceanside Pier Resort** located at **333 N Myers St, Oceanside, CA, 92054.** The legal descriptions as set forth on the recorded Deed(s) of Trust shown on **Schedule "1"** are incorporated by this reference. The undersigned Trustee disclaims any liability for any incorrectness of the street address shown herein. Said sale will be made without covenant or warranty, express or implied, as to title, possession or encumbrances to satisfy the unpaid balance due on the note or notes secured by said Deed(s) of Trust, as shown on as Note Balance on **Schedule "1"**, plus accrued interest thereon, the estimated costs, expenses and advances if any at the time of the initial publication of the Notice of Sale, together with estimated expenses of the Trustee in the amount of **\$600.00.** Accrued Interest and additional advances, if any, will increase this figure prior to sale. Dated: **January 10, 2019.** First American Title Insurance Company, a Nebraska Corporation. SCHEDULE "1": NOD Recording Date and Reference: 10/10/2018; 20180419712. Contract No., Loan No., Legal Description Variables, Trusstor, APN, DOT Dated, DOT Recording Date and Reference, Note Balance; 410714711, 410714711, POINTS: 615000, FREQUENCY: Annual, UNDIVIDED INTEREST: 615,000/785,316,000, JOYCE WEATHINGTON and CECIL GOSTON, 147-075-08-00, 04/20/2007, 02/26/2008, Inst: 2008-0096659, \$55,409.54; 410723456, 410723456, POINTS: 87500, FREQUENCY: Annual, UNDIVIDED INTEREST: 87,500 / 785,316,000, BARBARA A BURROWS and WILLIAM E NOVAK, 147-075-01 thru 147-075-07, 06/22/2007, 02/26/2008, Inst: 2008-0097970, \$3,178.96; 730803871, 730803871, POINTS: 300000, FREQUENCY: Annual, UNDIVIDED INTEREST: 300,000/785,316,000, NICOLE ARTIS, 147-075-01 thru 147-075-07, 04/29/2008, 06/19/2008, Inst: 2008-0330563, \$13,849.35; 730804663, 730804663, POINTS: 28000, FREQUENCY: Annual, UNDIVIDED INTEREST: 28,000/647,452,000, CHRISTOPHER WARD and CAMISHAR WARD, 147-075-08-00, 05/20/2008, 09/19/2008, Inst: 2008-0498240, \$7,635.83; 731212080, 731212080, POINTS: 77000, FREQUENCY: Annual, UNDIVIDED INTEREST: 77,000/647,452,000, ERICA PURA and MICHAEL PURA, 147-075-08-00, 11/18/2012, 02/08/2013, Inst: 2013-0087865, \$12,813.67; 731303376, 731303376, POINTS: 105000, FREQUENCY: Even, UNDIVIDED INTEREST: 52,500/647,452,000, JENNIFER TSCHETTER, 147-075-08-00, 04/20/2013, 10/17/2013, Inst: 2013-0623172, \$6,493.10; 731412680, 731412680, POINTS: 210000, FREQUENCY: Annual, UNDIVIDED INTEREST: 210,000/647,452,000, JAMES W. STOWELL and FRANCES C. STOWELL, 147-075-08-00, 12/22/2014, 02/03/2015, Inst: 2015-0048229, \$29,497.63; 731504627, 731504627, POINTS: 84000, FREQUENCY: Annual, UNDIVIDED INTEREST: 84,000/647,452,000, MOLLY A. WALKER, 147-075-08-00, 05/04/2015, 06/30/2015, Inst: 2015-0342223, \$6,840.43; 731600995, 731600995, POINTS: 505000, FREQUENCY: Annual, UNDIVIDED INTEREST: 505,000/647,452,000, RONALD BREWER and AUDREY BREWER, 147-075-08-00, 02/02/2016, 04/08/2016, Inst: 2016-0162297, \$57,268.75; 731612750, 731612750, POINTS: 400000, FREQUENCY: Annual, UNDIVIDED INTEREST: 400,000 / 785,316,000, HANNELORE L. LIEBERMAN, 147-075-08-00, 12/19/2016, 03/03/2017, Inst: 2017-0100024, \$45,185.96. Published 1/17/1,2/4,1/31, 2019.

T.S. No.: 9948-3122 TSG Order No.: DS7300-18002758 A.P.N.: 157-550-28-36 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 08/17/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Affinia Default Services, LLC, as the duly appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded 08/24/2005 as Document No.: 2005-0729174, of Official Records in the office of the Recorder of San Diego County, California, executed by: NATHAN RAMIREZ, A SINGLE MAN and LESLIE DAVIS, A SINGLE WOMAN AS JOINT TENANTS, as Trusstor, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable in full at time of sale by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and state, and as more fully described in the above referenced Deed of Trust. Sale Date & Time: 02/04/2019 at 10:00 AM Sale Location: At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 The street address and other common designation, if any, of the real property described above is purported to be: 4266 BODEGA BAY WAY, OCEANSIDE, CA 92054 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made in an "AS IS" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$263,204.42 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to sale. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call, 916-939-0772 for information regarding the trustee's sale or visit this Internet Web site, www.nationwideposting.com, for information regarding the sale of this property, using the file number assigned to this case, T.S.# 9948-3122. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet Web site. The best way to verify postponement information is to attend the scheduled sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Affinia Default Services, LLC 301 E. Ocean Blvd. Suite 1720 Long Beach, CA 90802 833-290-7452 For Trustee Sale Information Log On To: www.nationwideposting.com or Call: 916-939-0772. Affinia Default Services, LLC, Omar Solorzano, Foreclosure Associate This Communication is an attempt to call a debt and any information obtained will be used for that purpose. However, if you have received a discharge of the debt referenced herein in a bankruptcy proceeding, this is not an attempt to impose personal liability upon you for payment of that debt. In the event you have received a bankruptcy discharge, any action to enforce the debt will be taken against the property only. NPP0346349 To: VILLAGE NEWS INC 01/10/2019, 01/17/2019, 01/24/2019

NOTICE OF TRUSTEE'S SALE TS No. CA-18-831499-JB Order No.: **DS7300-18000175** YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 3/9/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trusstor(s): **Heather F. Hart, a single woman** Recorded: **3/17/2006** as Instrument No. **2006-0186982** and modified as per Modification Agreement recorded 5/3/2010 as Instrument No. 2010-0221426 of Official Records in the office of the Recorder of **SAN DIEGO** County, California; Date of Sale: **2/4/2019 at 10:00 AM** Place of Sale: **At the entrance to the East County Regional Center by the statue, located at 250 E. Main St., El Cajon, CA 92020** Amount of unpaid balance and other charges: **\$363,166.29** The purported property address is: **307 MORNINGSIDE TERRACE, VISTA, CA 92084** Assessor's Parcel No.: **175-291-43-00** NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call **916-939-0772** for information regarding the trustee's sale or visit this Internet Web site **http://www.qualifiedloan.com**, using the file number assigned to this foreclosure by the Trustee: **CA-18-831499-JB**. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trusstor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: **Quality Loan Service Corporation 2763 Camino Del Rio South San Diego, CA 92108 619-645-7711** For NON SALE information only Sale Line: **916-939-0772** Or Login to: **http://www.qualifiedloan.com** Reinstatement Line: **(866) 645-7711** Ext 5318 Quality Loan Service Corp. TS No.: **CA-18-831499-JB** IDSPub #0148869 1/10/2019 1/17/2019 1/24/2019



Don't miss a beat on what is happening in Fallbrook, Bonsall, Pala, De Luz and Rainbow. Whether it is breaking news, local youth sports, or information on events and activities, you will find it quickly and easily at



Check it out. Often.



Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 37-2018-00065475-CU-PT-CTL TO ALL INTERESTED PERSONS

Petitioner:

NEUMAN MUNDHER RAMATULA AND BODOUR ALI RAMATULA on behalf of MARYAM NOAMAN RAHMATULLAH and YASMIN NUAMAN RAHMATULLAH filed a petition with this court for a decree changing names as follows:

Present Name:

**a. MARYAM NOAMAN RAHMATULLAH
b. YASMIN NUAMAN RAHMATULLAH**

Proposed Name:

**a. MARYAM NEUMAN RAMATULA
b. YASMIN NEUMAN RAMATULA**

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING

Date: FEB 14 2019 Time: 9:00 a.m. Dept: 903 The address of the court is 1100 Union Street, San Diego, CA 92101

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News

Date: Dec. 28, 2018 Signed: Peter C. Deddeh, Judge of the Superior Court.

LEGAL: 4874

PUBLISHED: January 3, 10, 17, 24, 2019

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 37-2018-00065479-CU-PT-CTL TO ALL INTERESTED PERSONS

Petitioner:

ALEJANDRA SAYAKA VILLANUEVA filed a petition with this court for a decree changing names as follows:

Present Name:

ALEJANDRA SAYAKA VILLANUEVA

Proposed Name:

ALEJANDRA SAYAKA LINARES

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING

Date: 2/28/2019 Time: 9:00 a.m. Dept: 903 The address of the court is 1100 Union Street, San Diego, CA 92101

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News

Date: Dec. 28, 2018 Signed: Peter C. Deddeh, Judge of the Superior Court.

LEGAL: 4875

PUBLISHED: January 3, 10, 17, 24, 2019

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9001016

Name of Business

a. FLYING DEER FARMS

b. FLYING DEER FARMS TRADING POST 2760 S. Mission Road, Fallbrook, CA 92028 County: San Diego

This business is registered by the following: Geoffrey Alan Millar, 2760 S. Mission Road, Fallbrook, CA 92028

This business is conducted by an Individual THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/11/19

LEGAL: 4887

PUBLISHED: January 17, 24, 31, February 7, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9000869

Name of Business

LG PROPERTIES

1657 Loch Ness Dr, Fallbrook, CA 92028 County: San Diego

This business is registered by the following: Louis A. Guerra, 1657 Loch Ness Dr, Fallbrook, CA 92028

This business is conducted by an Individual THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/10/19

LEGAL: 4888

PUBLISHED: January 17, 24, 31, February 7, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9000205

Name of Business

THE COUNTRY TRADER VALLEY CENTER 27818 Valley Center Rd., Valley Center, CA 92082

Mailing address: P.O. Box 18341, Anaheim, CA 92817

County: San Diego

This business is registered by the following: Elevated Inspirations, LLC: A Wyoming Close LLC, 30 N. Gould St Ste R, Sheridan, WY 82801

This business is conducted by a Limited Liability Company

This LLC is located in Wyoming

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/03/19

LEGAL: 4889

PUBLISHED: January 17, 24, 31, February 7, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2018-9031228

Name of Business

a. WOVEN WE ARE

b. WOVEN WE ARE IS MY #1

c. WOVEN WE ARE CARLSBAD

d. WOVEN WE ARE SAN DIEGO

e. WOVEN WE R

2697 State Street, Carlsbad, CA 92008

County: San Diego

This business is registered by the following: Yoga Bound, Inc., 2697 State Street, Carlsbad, CA 92008

This business is conducted by a Corporation This Corporation is located in California

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/21/18

LEGAL: 4890

PUBLISHED: January 17, 24, 31, February 7, 2019

APN: 160-470-27-00 **NOTICE OF DEFAULT AND FORECLOSURE SALE** WHEREAS, on April 25, 2007, a certain Mortgage Deed of Trust was executed by CHARLES MERRILL STIFFLER AND CAROL LINDROTH STIFFLER, TRUSTEES OF THE LINDROTH STIFFLER FAMILY TRUST, DATED MARCH 23, 1994, trustors in favor of WELLS FARGO BANK, N.A. as beneficiary, and was recorded on May 1, 2007, as Document Number 2007-0297485 in the Office of the Recorder of San Diego County, California; and WHEREAS, the beneficial interest in the Mortgage Deed of Trust is now owned by the Secretary of Housing and Urban Development ("Secretary" or "HUD"), pursuant to the following Assignment(s) recorded in the Office of the Recorder of San Diego County, California: Corporate Assignment of Deed of Trust recorded on November 16, 2015, as Document Number 2015-0592525 by Wells Fargo Bank, N.A., in favor of The Secretary of Housing and Urban Development; and WHEREAS, the entire amount delinquent as of December 26, 2018 is **\$272,349.12**; and WHEREAS, by virtue of this default, the Secretary has declared the entire amount of the indebtedness secured by the Mortgage Deed of Trust to be immediately due and payable; NOW THEREFORE, pursuant to powers vested in me by the Single-Family Mortgage Foreclosure Act of 1994, 12 U.S.C. 3751 et seq., by 24 CFR part 27, subpart B (the "Act"), and by the Secretary's designation of me as Foreclosure Commissioner, which said Instrument is recorded herewith, NOTICE IS HEREBY GIVEN that on **January 28, 2019 at 11:00 a.m.** local time, all real and personal property at or used in connection with the following described premises ("Property") will be sold at public auction at the highest bidder: LEGAL DESCRIPTION: LOT 27 OF OCEANA MISSION UNIT NO. 1, IN THE CITY OF OCEANSIDE, COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, ACCORDING TO MAP THEREOF NO. 8648, FILED IN THE OFFICE OF THE COUNTY RECORDER OF SAN DIEGO COUNTY ON AUGUST 17, 1977. Commonly known as: 992 SURFBIRD WAY, OCEANSIDE, CA 92057 The sale will be held at: **OUTSIDE THE MAIN ENTRANCE AT THE SUPERIOR COURT NORTH COUNTY DIVISION, 325 MELROSE DRIVE, VISTA, CA** Per the Secretary, the estimated opening bid will be **\$272,349.12**. There will be no proration of taxes, rents or other income or liabilities, except that the purchaser will pay, at or before closing, his pro rata share of any real estate taxes that have been paid by the Secretary to the date of the foreclosure sale. When making their bids, all bidders, except The Secretary, must submit a deposit totaling ten percent (10%) of the Secretary's estimated bid amount in the form of a certified check or cashier's check made payable to the undersigned Foreclosure Commissioner. Ten percent of the estimated bid amount for this sale is \$27,234.91. A deposit need not accompany each oral bid. If the successful bid is oral, a deposit of \$27,234.91 must be presented before the bidding is closed. The deposit is nonrefundable. The remainder of the purchase price must be delivered within 30 days of the sale or at such other time as the Secretary may determine for good cause shown, time being of the essence. This amount, like the bid deposits, must be delivered in the form of a certified or cashier's check. If the Secretary is the highest bidder, he need not pay the bid amount in cash. The successful bidder will pay all conveying fees, all real estate and other taxes that are due on or after the delivery date of the remainder of the payment and all other costs associated with the transfer of title. At the conclusion of the sale, the deposits of the unsuccessful bidders will be returned to them. The Secretary may grant an extension of time within which to deliver the remainder of the payment. All extensions will be for 15-day increments for a fee of: \$500.00, paid in advance. The extension fee shall be in the form of a certified or cashier's check made payable to the Secretary. If the high bidder closes the sale prior to the expiration of any extension period, the unused portion of the extension fee shall be applied toward the amount due. If the high bidder is unable to close the sale within the required period, or within any extensions of time granted by the Secretary, the high bidder may be required to forfeit the cash deposit or, at the election of the Foreclosure Commissioner after consultation with the HUD representative, will be liable to HUD for any costs incurred as a result of such failure. The Commissioner may, at the direction of the HUD representative, offer the property to the second highest bidder for an amount equal to the highest price offered by that bidder. There is no right of redemption, or right of possession based upon a right of redemption, in the mortgagor or others subsequent to a foreclosure completed pursuant to the Act. Therefore, the Foreclosure Commissioner will issue a Deed to the purchaser(s) upon receipt of the entire purchase price in accordance with the terms of the sale as provided herein. HUD does not guarantee that the property will be vacant. The scheduled foreclosure sale shall be cancelled or adjourned if it is established, by documented written application or otherwise, that the default or defaults upon which the foreclosure is based did not exist at the time of service of this Notice of Default and Foreclosure Sale, or all amounts due under the mortgage agreement are tendered to the Foreclosure Commissioner, in the form of a certified or cashier's check payable to the Secretary, before public auction of the property is completed. The amount that must be paid if the Mortgage Deed of Trust is to be reinstated prior to the scheduled sale is based on the nature of the breach. This loan is not subject to reinstatement. A total payoff is required to cancel the foreclosure sale or the breach must otherwise be cured, if applicable. A description of the default is as follows: FAILURE TO PAY THE PRINCIPAL BALANCE WHICH BECAME ALL DUE AND PAYABLE BASED UPON THE DEATH OF THE BORROWERS AND THE PROPERTY IS NOT THE PRINCIPAL RESIDENCE OF AT LEAST ONE SURVIVING BORROWER. Tender of payment by certified or cashier's check or application for cancellation of the foreclosure sale shall be submitted to the address of the Foreclosure Commissioner provided below. Date: December 26, 2018 PETERSON & PRICE, APC Foreclosure Commissioner 402 West Broadway, Suite 960 San Diego, CA 92101 Phone: 619-234-0361 Fax: 619-234-4786 By: Genail M. Anderson. FC No. 8294.014 1st Class No. 9999.0004 01/10,01/17,01/24/2019

Citation for Freedom

CITATION FOR FREEDOM FROM PARENTAL CUSTODY AND CONTROL

Jaxxon James Braschler

Case Number: AN16495

Superior Court of California, County of San Diego, North County Division 325 S. Melrose Dr., Suite 130, Vista, CA 92081

To Joseph Marvin Braschler

You are advised that you are required to appear in the Superior Court of the State of California, County of San Diego, in Department 12 at the court location indicated above on FRIDAY, FEBRUARY 1, 2019 at 9:00 am to show cause, if you have any, why Jaxxon James Braschler minor should not be declared free from parental custody and control (for the purpose of placement for adoption) as requested in the petition.

You are advised that if the parent(s) are present at the time and place above stated the judge will read the petition and, if requested, may explain the effect of the granting of the petition and, if requested, the judge shall explain any term or allegation contained therein and the nature of the proceeding, its procedures and possible consequences and may continue the matter for not more than 30 days for the appointment of counsel to give counsel time to prepare.

The court may appoint counsel to represent the minor whether or not the minor is able to afford counsel. If any parent appears and is unable to afford counsel, the court shall appoint counsel to represent each parent who appears unless such representation is knowingly and intelligently waived.

If you wish to seek the advice of an attorney in this matter, you should do so promptly so that your pleading, if any, may be filed on time.

Date: 12/17/18

By: M. Garcia, Deputy

Legal #: 4881

Published: January 10, 17, 24, 31, 2019

Notice of Lien

NOTICE OF LIEN SALE

Notice is given that pursuant to sections 21700-21713 of the Business and Professions Code, Section 2328 of the Commercial Code, Section 535 of the Penal Code that Citrus Plaza Self Storage LLC, at 202 West College Street, Fallbrook, CA 92028 will sell by competitive bidding, on or after February 13, 2019 at 12:00pm, property belonging to those listed below. Auction to be held at the above address. Property to be sold as follows: Household, office & business goods, furniture, appliances, personal items, clothing, electronics, tools, duffle bags/suit cases, electronics, sporting and exercise equipment, miscellaneous boxes, containers & bags with unknown contents belonging to the following:

Searle, Tammy

Corona, Alexis

Published: January 24, 31, 2019

Public Hearing Notice: Palomar Community College District Governing Board Transition from an At-Large Method of Elections to a By-Trustee Area Method of Elections The Palomar Community College District Governing Board passed Board RESOLUTION NO. 18-21550 at the January 8, 2019 regular Governing Board meeting. NOTICE IS HEREBY GIVEN of two public hearings to be held on Sat., Feb. 2 at two locations: Fallbrook Education Center, Bldg. 1 (I-01) at 12 noon, 35090 Horse Rancho Creek Road, Fallbrook, CA 92028; and Escondido Education Center, at 3 p.m., 1951 E. Valley Parkway, Escondido, CA 92027, to receive public comments regarding the transition from an At-Large Method of Elections for Governing Board to a By-Trustee Area Method of Elections, composition of Trustee areas, and the composition of the Trustee Area Plan as a whole. Comments can also be provided to the following email address: lgropen@palomar.edu. For more information or questions regarding the process, contact Laura Gropen, Director, Communications, Marketing and Public Affairs, Palomar College, 760-744-1150 x2152 or lgropen@palomar.edu. Published: January 24, 2019

Notice to Administer

NOTICE OF PETITION TO ADMINISTER ESTATE OF

LORI D. BARKER

CASE NO. 37-2018-00062973-PR-LA-CTL

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: **LORI D. BARKER**

A Petition for Probate has been filed by **CHARLEY-JO DONATI** in the Superior Court of California, County of SAN DIEGO

The Petition for Probate requests that **CHARLEY-JO DONATI** be appointed as personal representative to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows:

Date: 02/14/2019 Time: 1:30 p.m. Dept. 503

Address of court: 1100 Union Street, San Diego, CA 92101, Central – Probate Division

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) **four months** from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) **60 days** from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a *Request for Special Notice* (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A *Request for Special Notice* form is available from the court clerk.

Attorney for petitioner: Ronald R. Webb, 5440 Morehouse Dr., Ste. 3700, San Diego, CA 92121, (858) 558-1191

Legal: 4891

PUBLISHED: January 24, 31, February 7, 14, 2019

Abandonment of Name

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

File Number: 2019-9000786

Fictitious Business Name(s) To Be Abandoned: **AUTO LAVISH OF SOUTHERN CALIFORNIA**

39642 Hearsthorne Ct., Murrieta, CA 92562

County: Riverside

The fictitious business name referred to above was filed in San Diego County on 11/21/2018 and assigned File No. 2018-9029036 The fictitious business name is being abandoned by:

San Diego Auto Lavish Inc., 39642 Hearsthorne Ct., Murrieta, CA 92562

This business is conducted by a Corporation This Corporation is located in the state of California.

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jan. 09, 2019

LEGAL: 4892

PUBLISHED: January 24, 31, February 7, 14, 2019

T.S. No. 18-0438-11 NOTICE OF TRUSTEE'S SALE NOTICE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED 注：本文件包含一个信息摘要 참고사항: 본 첨부 문서에 정보 요약서가 있습니다 NOTA: SE ADJUNTA UN RESUMEN DE LA INFORMACION DE ESTE DOCUMENTO TALA: MAYROONG BUOD NG IMPORMASYON SA DOKUMENTONG ITO NA NAKALAKIP LUJY Y: KEM THEO ĐẦY LA BÀN TRÌNH BÀY TÒM LƯỢC VỀ THÔNG TIN TRONG TÀI LIỆU NÀY PLEASE NOTE THAT PURSUANT TO CIVIL CODE § 2923.3(d)(1) THE ABOVE STATEMENT IS REQUIRED TO APPEAR ON THIS DOCUMENT BUT PURSUANT TO CIVIL CODE § 2923.3(a) THE SUMMARY OF INFORMATION IS NOT REQUIRED TO BE RECORDED OR PUBLISHED AND THE SUMMARY OF INFORMATION NEED ONLY BE MAILED TO THE MORTGAGOR OR TRUSTOR. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 8/9/2017. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: KYLE LEROUX AND JENNIFER LEROUX HUSBAND AND WIFE AS COMMUNITY PROPERTY WITH RIGHT OF SURVIVORSHIP Duly Appointed Trustee: The Wolf Firm, A Law Corporation Recorded 8/22/2017 as Instrument No. 2017-0381467 of Official Records in the office of the Recorder of San Diego County, California, Street Address or other common designation of real property: 1122 COTTONTAIL ROAD VISTA CA 92081 A.P.N.: 217-381-18-00 Date of Sale: 2/11/2019 at 10:00 AM Place of Sale: At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 Amount of unpaid balance and other charges: \$435,796.08, estimated The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this Internet Web site www.nationwideposting.com, using the file number assigned to this case 18-0438-11. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 1/8/2019 The Wolf Firm, A Law Corporation 2955 Main Street, 2nd Floor Irvine, California 92614 Foreclosure Department (949) 720-9200 Sale Information Only: 916-939-0772 www.nationwideposting.com Sindy Clements, Foreclosure Officer PLEASE BE ADVISED THAT THE WOLF FIRM MAY BE ACTING AS A DEBT COLLECTOR, ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION YOU PROVIDE MAY BE USED FOR THAT PURPOSE. NPP0346868 To: VILLAGE NEWS INC 01/17/2019, 01/24/2019, 01/31/2019

NOTICE OF TRUSTEE'S SALE T.S. #: 02018-196 LOAN #: GX000-0811-F-APN #: 1763512600 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED AS SHOWN BELOW. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under the pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, interest thereon, fees, charges, and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be as set forth below. The amount may be greater on the day of sale. Trustor: MONICA K RANDAZZO, A MARRIED WOMAN, AS HER SOLE AND SEPARATE PROPERTY Duly Appointed Trustee: GUILD ADMINISTRATION CORP., A CALIFORNIA CORPORATION Trust Deed Date: 09/19/2017 Recording Date: 09/22/2017 Instrument Number: 2017-0436249 Book: Page Recorded in County: SAN DIEGO State of CA Date and Time of Sale: 02/20/2019 at 10:00AM Place of Sale: At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 Estimated Sale Amount: \$365,225.95 Legal Description of Property: AS MORE FULLY DESCRIBED ON SAID DEED OF TRUST. Street Address of Property (or Other Common Designation, if any): 912 MARLIN DR, VISTA, CA 92084 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this Internet Web site www.nationwideposting.com, using the file number assigned to this case 02018-196. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 01/10/2019 GUILD ADMINISTRATION CORPORATION AS SAID TRUSTEE 5898 COPLEY DRIVE, SAN DIEGO, CA 92111 (858) 492-5890 BY: GAIL WINDUS, ASSISTANT SECRETARY NPP0347038 To: VILLAGE NEWS INC 01/24/2019, 01/31/2019, 02/07/2019

TSG No.: 8738663 TS No.: CA1800283761 FHA/VA/PMI No.: APN: 122-363-05-00 Property Address: 5206 COLONIAL WAY OCEANSIDE, CA 92057 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 10/03/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 03/04/2019 at 10:00 A.M., First American Title Insurance Company, as duly appointed Trustee under and pursuant to Deed of Trust recorded 10/09/2007, as Instrument No. 2007-0651498, in book , page , of Official Records in the office of the County Recorder of SAN DIEGO County, State of California. Executed by: BINA R. SALAS, TRUSTEE AND HER SUCCESSORS IN TRUST ON THE BINA R. SALAS TRUST DATED JUNE 19, 1990, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/ CASH EQUIVALENT or other form of payment authorized by 2924h(b), (Payable at time of sale in lawful money of the United States) At the entrance to the East County Regional Center by the statue, 250 E. Main St



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Erosion control for home-garden-ranch

Roger Boddaert

Special to the Village News

The recent much needed rains came to a parched earth. I haven't seen such an early rainy season for many a year, and it is greatly appreciated by the flora and fauna.

It will take decades and more to regenerate the below-ground aquifers and continued snowpack in the Sierras to help the region out in the long run.

The past fire season brought havoc to areas throughout the state, from Bonsall to Los Angeles, Ventura and up to Paradise in northern California.

Erosion control is of great concern for those areas and also for local property which should be inspected if necessary.

When the rain comes to barren earth, those droplets gathering on bare soils create a slight flow which can expand into a flood of water.

The severity of erosion can also depend on the directional exposure of the soils and winds, along with any rocks and debris within that area.

When soil erosion occurs, it can happen with a great force of moving rocks and stones from the size of basketballs up to huge boulders can be dislodged. The fast-moving slurry of soil and

and ground covers or shrubs and trees can be planted within it.

Straw wattles or tubing comes in 25-foot lengths and must be staked and secured to the earth with wooden stakes every 4 feet. When installing the tubing, the distance between the straw wattles depends on the angle of the slope. The steeper the slope the closer the wattles. On flat areas, doing a contour installation of the wattle has merit for soil retention as well.

Hydroseeding has good value but should be installed before the rainy season in order for the seeds, which are embedded into a slurry of shavings and water and come in various seed mixtures, to bind with the soil underneath. The slurry is sprayed onto a landscape, be it a slope or other areas, and irrigation will aid in the germination of the seeds, such as annuals or perennials. It can be a little pricy but is cost effective for many erosion applications.

Bales of straw can be used in creating a wall or barrier to stop debris flow, but they should be secured into the soil and staked securely to hold them in place.

Gabions are heavy gauge large wire baskets that come in assorted sizes. They are secured in place for the specific area and filled with rip-rap cobble



Slope retention can be managed with cobblestones and plantings.

and utilizing precious water which will benefit trees and landscape areas.

Consider planting selections.

Homeowners should also remember that the proper plantings can be key in the stabilization of soils. They must have the proper understanding when selecting "the right plants for the right place" to match the specific needs. California native plants are a good avenue to consider, for they have a deep root system that is adapted to the Southern California hilly terrains.

Hydrology management is a must.

Managing rain water is an art and science to understand and must be dealt with properly. Storm rainwater pollution due to soil erosion in and around a garden can contribute to an even larger problem for the planet. Whenever rainwater flows over streets, roofs, gardens, parking lots, building sites, forests and farms there can be pollution that ends up in the oceans, and this is not a good thing.

Put rain harvesting in place.

Does the property catch rainwater in barrels, below ground cisterns, diversion channels, bermed earth dams and silt basins? There are many ways in order to retain rainfall, and homeowners should explore these options that may fit their property.

Some of these various materials and equipment can be found at local gardening and supply stores such as Nutrien Ag Solutions.

Also, make sure the gutter systems are clean and all the drainage catch basins have been cleaned out. Are the irrigation systems turned off?

Trees aid tremendously in capturing and storing water for their own use. The trees canopy helps in the break up and dispersal of heavy rain water droplets. Trees can consume and store large volumes of water that can be helpful in defusing sheet water as well.

With these early seasonal rains, homeowners must remember it is still in mid-winter, and I assume more rains will arrive to benefit the soils, aquifers, dams, reservoirs, farms and home gardens and that is a good thing. And thank the rain for giving residents the verdant green hills that abound throughout the community.

Roger Boddaert The Tree Man of Fallbrook and Maker of Natural Gardens can be reached for consultations at (760) 728-4297.



Residents can find straw wattles and sandbags for erosion control at Nutrien Ag Solutions on East Mission Road.

debris can be destructive along the path of a rainstorm, and when water and soil mix together, it becomes mud.

There are multiple techniques and ways to lessen the devastation of a fast-moving mud and debris flow. Here are some of them.

First, direct or stop the flow.

Generally, sandbags are what is most commonly used and can be installed quickly. The bags can be placed or stacked in order to fit the situation. When placing the sandbags at the toe of a slope, make sure that they are stacked on an incline toward the angle of the slope. Sandbags can also be used as a small temporary wall deflecting the running water toward a specific direction.

Silt baffle fencing can be used on slopes to aid in the silt debris catching, while allowing the water to run through the fabric. This wall baffle must be staked to secure it in place.

Jute netting is an organic landscape fabric comes in four-foot widths and after laying it out must be secured with metal pins. One of the key values of this mat is that it can be cut open

which becomes very heavy and is used for creeks and large slope retention projects.

Plastic sheeting can be installed to protect soil from washing away under different scenarios and very easy to install. It should be secured with the weight of sandbags along the margins. But this is a temporary fix, and future plantings on bare soils might be the way to go.

Retaining walls with various materials can be the permanent fix for some situations, and there are many materials and ways to install these walls. They can range from concrete blocks in various sizes to a natural fieldstone wall. Rip-rap, which is natural stones, can be quite handsome if laid properly. I use a lot of broken concrete in my projects which can be the proper solution in the right place, for I like to recycle materials in my landscaping, and it can be free.

Diversion swales and silt basins is contouring a property with earthen swales and collecting the rainwater to be utilized throughout the landscape. It's a method of working with nature



Terraced slope of stacked blocks and plantings keep a hillside from eroding.

Roger Boddaert photos



Free sandbags and sand are available to local residents at Fire Station 4, 4375 Pala Mesa Drive, off Old Highway 395.



Assorted sizes of boulders and rip rap that channel runoff rainwater can aid in erosion control.

REAL ESTATE & HOME AND GARDEN

Real Estate Round-Up:

Two responses to a transitioning market



Kim Murphy
Murphy & Murphy Southern California Realty

Last week, I reported on the transitioning real estate market. Moving from a seller’s market to a buyer’s market, presents a huge psychological shift for buyers, but even more so, for sellers. Buyers are ready to take over the steering wheel, but sellers are having a hard time giving it up.

Let’s first look at the components that have brought us to this point of transition. We have an affordability

problem. The affordability is directly related to lack of supply. Lack of supply drives prices up. The fact that interest rates continue to rise, even with intermittent drops, also has an impact on prices. Consumers are caught in the middle, but they can also be blamed for causing the market to decline.

Housing affordability is at the root of the slowdown in sales, but the surge in prices is a direct consequence of the imbalance between supply and demand. Sellers knew they were in control and priced their homes aggressively to maximize their equity position. Who wouldn’t?

Buyers had the opposite reaction to the rising prices. They recall the “bubble” of 2006 and are not going to become a statistic. The higher interest rates, coupled with inflated home prices, caused buyers to stay on the sidelines. Clearly, there is a big difference in price expectations between buyers and sellers. This mismatch leads to a decline in sales as buyers and sellers are unwilling to come to the table to discuss the price difference.

How long will it take to close the gap between buyers and sellers expectations?

I believe the gap is beginning to close. Most sellers we work with are aware of the tension in the marketplace. They also understand that if they sell for less than what they originally hoped for, they will also be able to purchase for less. There are buyers who also understand that if a property is right for them, price isn’t the only determining criteria. In other words, paying a little more than they want, if the property is what they want, should not be the only determining criteria to not make the purchase.

We experienced two different sellers response to the transitioning market this week.

When we discussed the market shift with seller A, we reminded them that originally, the price range they chose was higher than what we believed the market would bear. We then reviewed the current comps, looking back over the previous nine months, which showed a substantial decline in price. Despite this information, the

sellers decided to make a minor adjustment to their price range, because they have simply put too much into the property to accept less than what they believe the property is worth. Time will tell if this strategy works, but so far, no takers.

When we met with seller B, in November, the market had already started to decline. We shared that with them along with the existing comps for their home. We priced the home optimistically based on those comps. The seller received one offer, but it was less than they wanted. We had a gap between seller and buyer expectations.

In January, seller B lowered the price range, acknowledging the transitioning market. Within a week, seller B received three offers, all higher than the offer they received in November. The gap between the seller and buyer expectations had lessened, and the property went into escrow with a backup offer.

Your Realtor should be your most trusted ally. They have information, both from the MLS and from trusted Realtor sources



that provide them with the full picture of what is currently happening in the marketplace and what is expected for the rest of the year. This is more reliable than your friend or family’s advice.

For Murphy and Murphy, we work to help you achieve your goal, even if that means we must deliver bad news. The market has shifted. There are two responses; one is to “ride it out” and “hope for a turn-around” or two, trust your Realtor and price your home based on the current and existing market trends.


I am seeing an openness by sellers to be realistic about what they can expect as well as a willingness by buyers to be realistic about what they need to pay. Maybe, we’re about to enter a reasonable market, where both parties can feel like they won. Murphy and Murphy is here to help you determine the best price for your home, so you can reach the buyers who are also willing to pay a fair price for your home. Kudos to those buyers and sellers.

Kim Murphy can be reached at kim@murphy-realty.com or (760) 415-9292 or at 130 N Main Avenue, in Fallbrook. Her broker license is #01229921, and she is on the board of directors for the California Association of Realtors.


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 2063 Rainbow Glen Rd, Fallbrook \$699,000	 1109 Sea Larke Drive, Fallbrook \$677,700	 4882 Terracina, Oceanside \$649,000	 770 Inverlochty Dr, Fallbrook \$599,000	 1731 Pala Lake Drive, Fallbrook \$399,900	 3621 Vista Campana 69, Oceanside \$335,000	 2640 Secret Lake Lane, Fallbrook \$799,000
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JUST SOLD 2935 Mesa Grove, Fallbrook \$949,900	JUST SOLD 604 Via Cumbres, Fallbrook \$940,000	JUST SOLD 1667 Margarita Glen, Fallbrook \$750,000	JUST SOLD 2130 Castlebay, Fallbrook \$662,000	JUST SOLD 850 Maravilla, Fallbrook \$650,000	JUST SOLD 1951 Tecalote Drive, Fallbrook \$635,000	JUST SOLD BUYER & SELLER! 1521 Ranchwood, Fallbrook \$565,000
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SAMPLING OF 2019 SOLD PROPERTIES



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2402 Allgeyer Avenue, El Monte



33290 Camino Rubano, Temecula



3457 Lake Park Avenue, Fallbrook



71898 Rebel Road, 29 Palms



4030 Lake Circle Drive, Fallbrook



31840 Via Tafalla, Temecula - Buyer Side



3637 Lake Shore Road, Fallbrook



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Mice test positive for hantavirus, the first in 2019



Courtesy photo

Gig Conaughton
County of San Diego
Communications Office

Five mice trapped in routine monitoring in southeastern, north central and north areas of the county have tested positive for hantavirus, marking the first appearance of the potentially deadly virus in San Diego County in 2019.

San Diego County Vector Control officials reminded residents that they should always protect themselves if they find wild rodents, the main carriers of hantavirus, living in their homes, sheds and garages.

Officials said people can do that by remembering to never sweep or vacuum rodent nests or droppings. Instead they should use "wet cleaning" methods if they must clean up after rodents to keep hantavirus from being stirred into the air where it can be inhaled.

The five rodents that tested positive included one cactus mouse and one western harvest mouse trapped in the Bonsall area, two western harvest mice trapped in the 4S Ranch area and one California mouse trapped in the Potrero area.

Vector Control officials said hantavirus is not uncommon in San Diego County and can be found in nearly any area here where there is undeveloped land. Because of that issue, they said it is not unusual for wild mice from several areas to test positive; however, Vector Control officials also said it's unlikely for people to come into contact with hantavirus because wild mice typically live in undeveloped areas and do not usually live in the same spaces with people.

Infected rodents shed hantavirus through their saliva, urine and feces. When that matter dries, it – and the virus – can be stirred into the air and breathed in.

Hantavirus can cause deadly infections in people, and there

is no vaccine or cure. People, however, have little chance of being exposed to hantavirus if they keep wild rodents out of their homes and workplaces.

Here are some tips to prevent being exposed to hantavirus and how to use "wet cleaning" methods.

- First, avoid exposure to hantavirus.
- Seal up all external holes in homes, garages and sheds larger than a dime to keep rodents from getting in.
- Eliminate rodent infestations immediately.
- Avoid rodent-infested areas and do not stir up dust or materials that may be contaminated with rodent droppings and urine.
- Clean up rodent droppings and urine using the wet cleaning method.
- Next, use "wet-cleaning" methods to prevent inhaling the virus.
- Do not sweep or vacuum infested areas.
- Ventilate affected area by opening doors and windows for at least 30 minutes.
- Use rubber gloves. Spray a 10 percent bleach solution or other disinfectants onto dead rodents, rodent droppings, nests, contaminated traps and surrounding areas and let the disinfectant stand for at least 15 minutes before cleaning.
- Clean with a sponge or a mop.
- Place disinfected rodents and debris into two plastic bags, seal them and discard in the trash.
- Wash gloves in a bleach solution, then soap and water and dispose of them using the same double-bag method.
- Thoroughly wash hands with soap and water.

For more information, contact the county Department of Environmental Health at (858) 694-2888 or visit www.sandiegocounty.gov/content/sdc/deh/pests/hantavirus.html.

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Tiered beekeeping ordinance meets objectives

Joe Naiman
Village News Correspondent

When the San Diego County Board of Supervisors approved a tiered beekeeping ordinance in 2015, the county supervisors directed county staff to return to the board in 2018 with a status report on whether staff had any recommendations for improvements or additional funding after the program had been in effect for two years.

The two-year status report did not become a board of supervisors action item, as county staff and stakeholders saw no need for changes and the board of supervisors saw no need to hold another hearing.

“They decided to continue the program,” county entomologist Tracy Ellis said. “I think they were happy with all the outreach.”

Before the county supervisors’ September 2015 approval of the first reading and introduction and October 2015 second reading and adoption of the tiered beekeeping ordinance hives were required to be at least 100 feet from a public access road and at least 600 feet from any dwelling which didn’t belong to the property owner.

The San Diego Beekeeping Society approached Supervisor Dianne Jacob with a request to relax the ordinance in order to promote the industry and preserve the county’s honey bee population. In addition to allowing non-commercial beekeeping on smaller lots, the setback reduction also allows produce or flower crop farmers who do not necessarily wish to engage in honey extraction or beeswax sales to have hives on their farmland for pollination purposes and also allows hives closer to produce and flowers on non-hive farms.

In October 2013, the board of supervisors directed the county’s chief administrative officer to work with the San Diego Beekeeping Society and any other interested parties to investigate

options which would protect and promote beekeeping operations throughout unincorporated San Diego County. The stakeholders included community planning groups, registered beekeepers, pest control operators and the San Diego County Farm Bureau as well as the San Diego Beekeeping Society.

In May 2014, the board of supervisors voted to give county staff direction to focus on a tiered ordinance and to work with stakeholders. In June 2014, the Department of Agriculture, Weights and Measures was provided information about regulations for other jurisdictions, and the county supervisors voted to direct county staff to return to the board with multiple draft tiered ordinances for consideration.

In August 2014, AWM began a community outreach effort with presentations to community planning and sponsor groups. In October 2014, the county supervisors selected a preferred tiered ordinance for the purpose of the environmental review process. An environmental Mitigated Negative Declaration was released for public review in April 2015 and was certified as part of the supervisors’ September 2015 action.

The new ordinance created three tiers. The first tier is intended for hobbyists and has a limit of two hives, although the practice of splitting hives prevents swarming and up to five hives are allowed on a 30-day temporary basis. The first tier requires distances of at least 25 feet from the property line and from roadways, 35 feet from any neighboring dwelling and 150 feet from sensitive sites such as schools, hospitals, child day care and elder care centers, parks, playgrounds, stables and kennels.

A property of approximately 6,000 square feet could have beekeeping if property configuration allows for the distance requirements to be met. The second tier is intended for



small commercial beekeeping operations and has a limit of 20 hives. The minimum setback distances are 50 feet from roadways or property lines and 100 feet from neighboring dwellings.

Properties with three to 10 hives have a setback requirement of 150 feet for sensitive sites while the sensitive site setback for operations with 11 to 20 hives on the site is 300 feet. A suitable property configuration allows parcels as small as 1 acre to have such operations.

If a first-tier or second-tier apiary is in a residential area and within 300 feet of a neighboring dwelling, a six-foot vertical flyover barrier is required.

The third tier which accommodates large commercial beekeeping operations does not limit the number of hives, but any hive must be at least 50 feet from a roadway, 350 feet away from a neighboring dwelling and 400 feet away from sensitive sites.

The distance requirements may be waived if the hive borders open space or if the neighbors provide written permission for the hives to be closer than the minimum distances. Residents or site workers with a documented allergy to bee stings may request that their property be designated as a sensitive site.

The number of colonies and the location of each apiary must be registered with AWM on an annual basis; there is no fee for the registration. The annual registration process includes the completion and submission of a best management practices checklist, and the beekeeper must implement those best management practices. The ordinance includes water supply, fire break and fire suppression equipment requirements and regulates bee

smokers and transportation of bee colonies.

Each colony must be inspected at least once a month by the beekeeper to determine the potential presence of objectional honey bee behavior or apiary pests. AWM inspectors may enter the property, although if advance notice will not interfere with the purpose of the inspection the beekeeper will have that prior notification. The bee housing structure must have movable frames so that an inspector can have full access to the inner bee living quarters.

“It set up a tiered regulatory program,” Ellis said. “The idea was to have a program that supported the changes in the distances by having regulations that support safe beekeeping.”

Registration of a hive does not involve additional requirements for the owner but gives the beekeeper access to pesticide and quarantine notices along with bee health and other outreach information.

“We limit the exposure of bees to pesticides,” Ellis said.

Registration also provides verification for insurance purposes in the event of hive loss.

“One of the things that we wanted to do with this program is increase the number of beekeepers who were registered,” Ellis said.

During the two-year evaluation period AWM partnered with the University of California Cooperative Extension. The activities included developing and distributing more than 7,000 handouts and postcards in English and Spanish for both adults and children to enhance public awareness of the bee hotline at (800) 200-2337, which can be used to report concerns, developing an online course with instructional videos to explain

the best management practices and ordinance requirements, 50 outreach events to beekeepers and the public and three workshops for beginning beekeepers with hands-on demonstrations by experts.

AWM partnered with the San Diego Beekeeping Society and commercial beekeepers to promote registration, re-queening, which is a defense against Africanized honey bees who do not travel to cold-weather areas from which the new queens are shipped, and other compliance elements.

“We educate them on keeping water for the bees, keeping food for the bees, keeping them in locations that are safe,” Ellis said. “The public needs to know also that if bees are bothering them we do advertise our bee hotline number. We want people to call them in.”

The online best management practices course is free, and during the two-year period 56 registered beekeepers took the course to comply with the requirement while another 76 people took the course for informational purposes.

AWM approved eight requests for homes or workplaces to be designated as sensitive sites, which affected nine beekeepers. The sensitive site designation may be renewed every three years.

As of 2015 the county had 101 registered beekeepers with 271 apiary locations and 16,836 hives. The number of registered beekeepers increased to 160 in 2016 when the county had 408 apiary locations and 21,603 hives. In 2017 the statistics were 239 registered beekeepers, 622 apiary locations and 29,986 hives.

“We did a lot of outreach,” Ellis said. “It’s a record for us to have 140 more beekeepers registered.”

The outreach efforts and beekeepers’ better familiarity along with acceptance of the program also increased compliance for initial inspections. Compliance rates in 2016 were 59 percent for one or two hives, 63 percent for three to 20 hives and 82 percent for more than 20 hives. The 2017 compliance rates were 83 percent for one or two hives, 73 percent for three to 20 hives and 88 percent for 21 or more hives.

“We got an improvement in compliance,” Ellis said.

During the two-year period AWM received 36 complaints including 17 related to stings and aggressive bee behavior. The other complaints involved bees seeking water and excessive swarming. Registered apiaries only accounted for 11 of the total complaints. Callers to the bee hotline are asked if they see a hive and can determine where the bees are based, and in some cases a feral hive can be identified.

The report’s recommendations for improvement called for continued public outreach to safeguard public health and safety while ensuring managed bee hives are maintained in a responsible manner, continuing to focus program resources on compliance monitoring and outreach activities to increase beekeepers’ awareness of responsible beekeeping and increase the number of trained and registered beekeepers, providing information on queen bee suppliers, discouraging the practice of starting colonies with feral Africanized honey bee swarms and employing the use of administrative warnings, citations and nuisance abatement against beekeepers with repeat offenses.

“We had good compliance with people,” Ellis said. “It’s all in line with proper beekeeping.”

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Warriors competitive in first two Valley League wrestling duals

Joe Naiman

Village News Correspondent

Although Fallbrook High School’s wrestling team lost both matches Jan. 10 at a tri-dual meet at Escondido High School, the Warriors were more successful against the two previous Valley League champions than they have been in the past.

“It was a very respectable showing,” said Fallbrook coach Cristian Vera.

“We were competitive in both duals,” Vera said. “Unfortunately we lost in both.”

Fallbrook wrestled what was scheduled to be a full slate of matches against both Ramona and Escondido. The Warriors do not have a 170-pound wrestler and senior Mateo Gonzalez is Fallbrook’s only 160-pound wrestler who can be brought up to the next weight class, so Fallbrook forfeited the 160-pound class against Ramona and the 170-pound bout against Escondido.

The 2018 league competition against Escondido was a 62-9 Cougars victory. Six of Fallbrook’s points were scored when current sophomore Matthew Kendall pinned his 138-pound opponent, and 2018 senior Dylan Livingston won by decision in the 145-pound bout.

“Escondido almost shut us out last year,” Vera said. “This year we were able to stay significantly more competitive.”

The Cougars obtained a 48-30 victory against Fallbrook in this year’s meet.

“We were back and forth,” Vera said. “It just came down to the wire.”



Warrior Javier Montoya attempts to free himself from a pin by his Eagle opponent in the 285 pound weight class. Fallbrook lost the wrestling match, 16-39.



Fallbrook wrestler Uriel Juarez faces off against his San Pasqual opponent in the 132 pound weight class.



Warrior Mateo Gonzalez attempts to pin his San Pasqual opponent to the mat in the 160 pound weight class.

Escondido won eight matches, not including the forfeit. All five of Fallbrook’s winners pinned their Escondido counterparts: junior Kevin Sanchez in the 126-pound bracket, Kendall in the 145-pound contest, freshman Ethan Aguila in the 152-pound division, sophomore Frank Greenwood in the 182-pound competition, and sophomore Johnny Bermudez in the 220-pound class.

Ramona defeated Fallbrook by a 42-30 score last year with the Bulldogs winning seven of the matches, the Warriors taking five bouts, and Fallbrook forfeiting two weight classes. This year Ramona took a 43-30 victory against Fallbrook.

“It was down to the wire,” Vera said. “One match would have made a difference.”

Ramona won the Valley League wrestling championship in 2015, 2016, and 2017. Last year the Bulldogs finished second to Escondido in the league standings, but in the dual meet CIF championship competition the Bulldogs won the Division IV title.

All five of Fallbrook’s wins in the 2019 match against Ramona were by pin. Sanchez defeated his 126-pound opponent; Uriel Juarez won the 132-pound class; Kendall was the 145-pound winner; Carlos Hernandez prevailed in the 195-pound competition and Javier Montoya earned Fallbrook six points in the 285-pound bout.

“I’m very proud of the boys,” Vera said.

Gonzalez is Fallbrook’s only senior this season. “If this year we’re doing that well it bodes very well for next season,” Vera said.



Warrior Carlos Hernandez attempts to pin his Eagle opponent in the 195 pound weight class, Jan. 17. Fallbrook lost the match against San Pasqual, 16-39.



Fallbrook’s Mateo Gonzalez battles his San Pasqual opponent in the Fallbrook High gym. Shane Gibson photos



Warrior Frank Greenwood attempts to free himself from an Eagle’s grip in the 182 pound weight class.



Fallbrook’s Johnny Bermudez faces off against his San Pasqual opponent in the 220 pound weight class.

SPORTS

Athlete of the Week:

Calhoun stands out for Warriors boys basketball team

Jeff Pack
Writer

In what has proven to be a difficult season for the Fallbrook High School varsity boys’ basketball team, 6-foot-3 junior Joel Calhoun shined brightly for the Warriors.

As of press time, the Warriors are 0-16 on the season, 0-4 in Central League play.

But the three-year varsity athlete leads the team in scoring, rebounds and assists, inspiring Head Coach Ryan Smith to nominate Calhoun for Athlete of the Week.

Calhoun, who hopes to play in college one day, said he first picked up a basketball at age 4.

“When my family first moved to Fallbrook,” he said. “It all started in the backyard with a miniature 6-foot-high hoop.

“Growing up, I was always a little bit taller than most kids my age up until high school, so with my given height advantage, it made the game easy and fun for me and it has stuck ever since,” Calhoun said.

He said he also plays baseball and spent hours on a small baseball field his father made for him on a small lot near his house. But basketball is his favorite.

“Due to its fast pace and energy a crowd can put into a game,” Calhoun said. “The feeling is like no other when you can’t hear your

own voice because the crowd is so loud.

“Basketball appeals to me because it is much more energetic than most sports; it requires quick decision-making skills, energy, and passion. Overall, it is something anyone can be good at with hard work,” he said.

Calhoun said his favorite memory has been tying the school record with eight 3-point shots made in a game at Ramona High School last season.

He is hoping that the Warriors can still sneak into the playoffs this year.

“If that proves unsuccessful, another goal would be for everyone to improve as a unit leading into summer and next season,” he said.

Following his senior season, he said he hopes to play in college, but if that doesn’t work out, “my goal is to enjoy the moment while it lasts and have as much fun as possible doing so.”

Calhoun said his favorite subject in school is history.

“It is interesting to me to learn about the accomplishments and mistakes of the people born before me, and also learn about the causes of major events that have happened in the last 100 years,” he said.

After school, he plans to pursue a bachelor’s degree in business, earn a real estate license and eventually start his own family.



Warrior Joel Calhoun shoots a lay-up against Mission Vista High School, Jan. 18. Shane Gibson photos

Get to know Joel Calhoun

Favorite team: Los Angeles Lakers
“I’ve been a fan of the organization since a very young age. My dad and I love watching their games together.”

Favorite athlete: Philip Rivers
“Possibly an unconventional answer. The way he leads his team on the field and the man he is off the field should provide inspiration to all young athletes.”

Favorite band/musical artist: Daniel Caesar
“He’s a great artist that gives a perfect escape from most of the loud music that is popular in today’s times.”

Favorite TV show: ‘Big Mouth’
“A very funny show on Netflix. It is very entertaining for kids my age.”

Favorite movie: ‘Dumb and Dumber’
“It still gives countless laughs after seeing it what seems like hundreds of times.”



Fallbrook High junior Joel Calhoun leads the Warriors varsity basketball team in scoring, rebounds and assists this season.



Fallbrook High School's Joel Calhoun drives the ball toward the basket in the game against the Mission Vista High School Wolves.

Warriors record four consecutive girls soccer shutouts

Joe Naiman
Village News Correspondent

Fallbrook High School’s girls soccer team lost a 2-1 game Jan. 18 against Mission Vista at Luz Duran Park in Vista to give Fallbrook a 2-1-1 Valley League record and an overall mark of 5-6-3. The two goals allowed to Mission Vista also ended Fallbrook’s streak of four consecutive defensive shutouts, which was the Warriors’ longest streak since Sergio Garcia became Fallbrook’s head coach in fall 2016.

Fallbrook preceded Valley League play with a 1-0 home victory Jan. 4 against Oceanside, began league competition with 2-0 victories Jan. 9 at Escondido and Jan. 11 at Ramona, and played Valley Center to a scoreless tie Jan. 16 in Fallbrook.

“They were very solid on defense, and they’re working well together,” Garcia said.

Ironically Fallbrook’s four consecutive shutouts during the 2015-16 season began with a Jan. 22 win over Valley Center and concluded with a Feb. 3 tie against Oceanside, which was in the Valley League at the time. Orange Glen was also a Valley League member that season, and the Warriors’ streak ended with a 2-1 victory over the Patriots. Miguel Trejo was Fallbrook’s varsity coach at the time

and Garcia was the Warriors’ junior varsity coach.

Garcia’s current assistant coach is Adan Rojas. “We work well together,” Garcia said. “He’s part of the team’s success.”

Current sophomore Valerie Juarez, who was on the 2017-18 junior varsity, is this season’s starting goalkeeper. “Valerie has done a great job as goalkeeper,” Garcia said. “I’m very impressed with Valerie coming from no club experience.”

Only one senior, sweeper Audrey Petersen, starts in a defensive position for the Warriors. “Audrey Petersen has been key in the back four,” Garcia said.

The other three defenders are all sophomores: left defender Porsha Camilli, center defender (also referred to as a stopper) Delia Tapia, and right defender Judith Urbina.

Oceanside took a 2-2-2 season record into the Pirates’ match at Fallbrook. “They’re a very tough competitor this year,” Garcia said. “We had a good opportunity and coming into the game we were confident in winning. As far as a shutout I would say no, not expected.”

Juarez made six saves against Oceanside. Fallbrook’s goal was scored by freshman Adriana Madrigal, who had an assist from sophomore Jade Kennedy. Fallbrook took 18 shots. Oceanside’s

goalkeeper saved three Fallbrook shots that Garcia expected to be Warriors goals, and he notes that Fallbrook’s winning margin would have been greater had it not been for the performance of the Pirates’ net minder.

The Warriors’ league opener at Escondido, which entered the game with a 5-6-1 record, included four saves by Juarez and second-half goals by Urbina and senior Nikel Villa. “The team dominated the game and capitalized twice,” Garcia said. “The defense stepped up to the plate when they were needed to deny any scoring opportunity for Escondido.”

Ramona’s league opener Jan. 9 was a 2-1 loss at Mission Vista, which gave the Bulldogs a 9-3-1 season record when they hosted Fallbrook. “They’re a competitive team and they’re going to come out aggressive and wanting to win,” Garcia said.

All five of the Bulldogs’ shots on goal were saved by Juarez. During the game’s first 40 minutes of play, Kennedy and senior Karina Bulli placed shots past the Ramona goaltender.

“First half came out strong, scored two goals, still kept the back four, but then just kind of took the pedal off the gas the second half and gave some non-starters some playing

time,” Garcia said.

A total of 16 Fallbrook girls saw action against the Bulldogs.

The four consecutive shutouts in 2016 included two ties. Fallbrook had not obtained three consecutive shutout victories since December 2007 before this year’s win over the Bulldogs.

Valley Center traveled to Fallbrook with a 5-1-5 overall record and a 1-0-1 mark in Valley League play. The scoreless tie was the fifth of the year for the Jaguars. “Valley Center denied some scoring opportunities. I think this year Valley Center is stepping up as the team to beat,” Garcia said.

The Warriors took 14 shots against Valley Center. Juarez saved four of the Jaguars’ shots.

The second round of league play includes a Feb. 1 match, weather permitting, at Valley Center. “Looking forward to playing them in their house,” Garcia said.

Garcia would have preferred not to alter the defensive formation which was responsible for four consecutive shutouts, but right midfielder Hannah Diverde was in Hawaii on a family vacation Jan. 18 and could not play against Mission Vista that day. Peterson was moved to Diverde’s midfield position. “We moved our back four line, and I think that was a big contributor to breaking

that streak,” Garcia said. “That kind of changed the dynamics and the chemistry.”

Urbina was moved to the sweeper position Petersen normally plays. “She did well there. It was just moving Delia out of her position,” Garcia said.

Tapia was moved to the attacking midfield position. Camilli took Tapia’s normal position as the center defender. Garcia used freshman Ariana Cabrera as the Warriors’ right defender against Mission Vista.

Diverde is also a senior, so next year the Warriors will be playing without both Diverde and Petersen. Placing Tapia and Urbina in new positions may have disrupted the team routines but gave them experience at those positions and the game in Vista gave Cabrera experience as a starter she can use in future seasons.

“It’s said that you learn more from the losses than the wins,” Garcia said. “All around we’re a fairly young team.”

Garcia noted that he and Rojas as well as the players learn from the losses.

“There’s still the second round of the season,” Garcia said.

“The first round is going well,” Garcia said. “We’re a young team, talented team. Looks bright for the future.”

JV Holiday Duals successful financially and otherwise

Joe Naiman
Village News Correspondent

Fallbrook High School’s wrestling program hosted the Junior Varsity Holiday Duals tournament Dec. 22, at the school’s west gym, and Fallbrook head coach Cristian Vera said the tournament was successful financially and otherwise.

“I couldn’t have asked for a better tournament,” Vera said. “First and foremost, it was a fundraiser for us and as far as fundraising goes it was a big success. In that aspect it was a bug success for us.”

Team entry fees and snack sales provided approximately \$2,000 in net revenue for the Fallbrook program.

Organizing a tournament will allow the Fallbrook program to apply that experience when the CIF Division II meet is held at

Fallbrook High School, Feb. 9. “It was good practice for CIF,” Vera said.

The tournament also provided experience for the individual wrestlers.

“Every team that competed had great matches and great matchups throughout the entire day,” Vera said.

Ten schools competed in the JV Holiday Duals. Fallbrook placed third overall and first among CIF San Diego Section teams.

“It was good. As a team we performed very well,” Vera said. “We only lost one dual. Even in the dual that we lost we were very competitive.”

The 10 teams were split into two pools of five teams apiece. Each school had a full match against each of the other four schools in the pool.

Fallbrook won three of the four pool matches, losing only to

Murrieta Valley High School by a 45-33 score.

“It came down to the wire. It came down to a couple of matches. We stayed competitive,” Vera said.

The fifth match of the day was between the schools with the same positions in each pool. Vista Murrieta High School and Murrieta Valley were the two pool winners, and Vista Murrieta High School defeated Murrieta Valley in the championship match.

“They were definitely the team to beat. They were definitely the most competitive team,” Vera said of Vista Murrieta.

Fallbrook and Escondido were the two teams with second-place pool results. Fallbrook won the third-place match against Escondido High School, which gave the Warriors third place and the Cougars

fourth place.

The tournament had no requirement that wrestlers compete primarily in the junior varsity portion of dual meets, so some of the wrestlers also compete in varsity competition for Fallbrook. The matches count toward the maximum permissible 40 matches in the regular season, as do the Jan. 26 JV County Championships tournament matches which will be contested at Mt. Carmel High School.

The JV Holiday Duals rules also allow teams to use wrestlers from another

school to fill out the 14 weight brackets. Fallbrook had grapplers in 11 of the weight classes.

The tournament did not have individual positions, but two of Fallbrook’s wrestlers won all five matches. Uriel Juarez was undefeated in the 138-pound bracket, and Matthew Kendall was victorious in his five 160-pound matches. Marco Alejandro wrestled in the 126-pound division and won four of his five matches.

“Those three guys definitely stood out,” Vera said.

Achieved gives Herrick first win since Lilac fire

Joe Naiman
Village News Correspondent

Joe Herrick was one of two trainers burned in the December 2017 Lilac Fire which also resulted in the death of 46 racehorses at the San Luis Rey Training Center and the destruction of several barns. More than a year later Herrick won his first race since the fire.

Herrick’s 5-year-old gelding Achieved won the first Jan. 11 race at Los Alamitos Race Course. Achieved had a winning time of 50.96 seconds in the 4 1/2-furlong race and finished 1 3/4 lengths in front of second-place Mystic Grey.

“The horse came through and got it done,” Herrick said. “I expected him to win and run well, and he did. He ran a super fast time.”

Approximately 200 stalls at San Luis Rey were destroyed in the Lilac Fire including Herrick’s. Herrick had left the San Luis Rey Training Center after completing his morning work with his horses Dec. 7, but the Lilac Fire was spreading in the direction of San Luis Rey so Herrick returned to help rescue the horses. Watering down as much of the facility as possible delayed some damage, but tall palm trees became fuel for the blaze.

Herrick was burned initially while rescuing horses but was able to hose himself off. The horses at San Luis Rey had been let out of their stalls, which in the human

mindset would prevent them from being trapped, but the horses felt safe in their stables and many of them returned. One of Herrick’s horses returned to the barn, and Herrick’s attempt to save the horse resulted in more severe burns.

Herrick had eight horses, not including a lead horse who was on loan from San Diego County trainer and owner Mick Ruis. Six of Herrick’s eight racehorses died in the fire; the lead horse survived. Herrick had second-degree burns on between 20 and 25 percent of his body including his arms, his face and the back of his head. He was transported to the Burn Center at University of California San Diego Hospital in San Diego, where he spent 12 days.

Cheyenne Dancer finished sixth on the Santa Anita Park track May 13, which was Herrick’s first race since the fire. Achieved, who came to Herrick’s stable after the fire, had his first workout on the San Luis Rey track April 28 and had 11 workouts at San Luis Rey before the July 25 Del Mar Thoroughbred Club race which was the first of his career.

Achieved finished seventh among the eight horses in Del Mar’s fifth race July 25, which was six furlongs. He led for the first half of a one-mile turf race Aug. 17 at Del Mar before finishing seventh. Achieved was third for the first half-mile of a 1 1/16-mile turf race Sept. 3 at Del Mar and finished ninth.

Herrick entered Achieved in a seven-furlong dirt race Oct. 4 at Santa Anita. The horse was second after a quarter of a mile but finished last among the 13 horses. The Del Mar fall meet included a Nov. 18 race which was seven furlongs on the dirt; Achieved led after the first quarter-mile and after the first half-mile before finishing 11th among the 12 horses.

“He would always have the lead and then get tired,” Herrick said. “I knew that he just didn’t want to run that far.”

Herrick saddled horses in 24 races during 2018 including nine with Cheyenne Dancer, four with Street Vision, and three with Lovely Finish as well as the five with Achieved. Herrick had second-place finishes Sept. 6 with Street Vision at Los Alamitos and Dec. 1 with Lovely Finish at Del Mar. Cheyenne Dancer had three third-place finishes.

“I’ve had a lot of horses run well,” Herrick said.

Although Lovely Finish finished 4 3/4 lengths behind winner Spend Spend in the 6 1/2-furlong Dec. 1 race, the total purse was \$50,000 not including a \$15,900 incentive purse for California-bred horses and the second-place share was \$13,780.

“That pretty much made my year last year,” Herrick said.

The second-place finish for Lovely Finish was the second in her career. The other was in her first career race at Del Mar in

November 2017, which was also her only race before surviving the Lilac Fire.

Cheyenne Dancer and Achieved both ran Jan. 11, and Octavio Vergara was the jockey for both. Cheyenne Dancer ran in Santa Anita’s first race which had a 12:30 p.m. post time, and although the 5-year-old finished seventh in the six-furlong race she led after a quarter of a mile and after half a mile and entered the stretch in second place.

“She’s running at a really high level,” Herrick said.

Los Alamitos has night races, and Achieved ran the first race there that day which began at 7:03 p.m.

Achieved has a tendency to become distracted if he hears other races.

“I was glad he was in the first race,” Herrick said.

“I was pretty confident he’d run well at Los Al,” Herrick said. “I knew that the sharper turns at Los Al would fit him because he’s super agile and quick.”

Herrick also chose a shorter race for Achieved.

“The horse kind of needed the shorter distance,” Herrick said. “The distance helped. He’s real quick, and he’s kind of a nervous gelding and he runs really hard early.”

Achieved was one of six horses in the maiden claiming race for horses 3 years old and upward.

“He broke well; the jock was aggressive early. He didn’t give up his position,” Herrick said.

Achieved broke third and was in second place after a quarter of a mile but only a length behind Mystic Grey, who had reached that point in 22.14 seconds. When Achieved entered the stretch 44.95 seconds after the start of the race he led Mystic Grey by half a length.

Achieved had the rail for most of the race before Vergara avoided being trapped.

“He drew off late,” Herrick said. The win was the 51st in Herrick’s career.

“Winning never gets old,” he said.

Achieved was foaled in California March 6, 2014. He was sired by Acclamation out of Kendra Rae. The win was worth \$4,900 of the \$9,500 total purse and brought Achieved’s career earnings to \$6,625.

Barn activities followed the trip to the winner’s circle.

“I couldn’t ship out of there until after 9:30,” Herrick said.

Herrick had to drive to San Diego County and unload Achieved. He went to bed that night at about 1:15 or 1:30 after being up since 4:30 the previous morning.

“If you work that hard it had better be worth it,” Herrick said.

All horses in the Jan. 11 race had a claiming price of \$5,000. Achieved avoided the claim box, but Herrick said he doubted that he and owner Luis Bouza would retain Achieved in a subsequent claiming race. The win makes Achieved eligible for allowance races, so one of those will be the horse’s next race.

“We’ll run him back in a spot where we won’t lose him,” Herrick said. “We’ll try to protect him a little bit.”

Herrick said that the win was also made possible by the support he received after the fire.

“I want to thank the community of Bonsall for the outpouring of support,” he said.

Other horsemen also played a role in the recovery.

“I really appreciate their concern and their caring for the San Luis Rey Training Center,” Herrick said. “I’m super appreciative of all the help and all the care we got.”

Belvoir Bay wins La Cienegas Stakes

Joe Naiman
Village News Correspondent

San Luis Rey Training Center mare Belvoir Bay won the Las Cienegas Stakes race Jan. 12 at Santa Anita Park.

Belvoir Bay had a winning time of 1 minute 15.06 seconds in the 6 1/2-furlong race for fillies and mares 4 years old and upward. She finished 1 1/4 lengths in front of second-place Lady Suebee.

“She ran really well,” trainer Peter Miller said.

Miller wasn’t surprised by Belvoir Bay’s win but didn’t expect the margin of victory to be as much as it was.

“The race was originally supposed to be on the turf, and because of the rain they put it on the main track,” he said. “We weren’t sure how she’d handle the mud, but she seemed to like it just fine.”

The switch from the turf course to the dirt track led to four horses being scratched from the race, leaving a field of four. Miller also trains Painting Corners, who finished fourth in the race 8 1/2 lengths behind Belvoir Bay and five lengths in back of third-place Compelled.

The change in the course didn’t alter the instructions Miller gave to jockey Flavien Prat.

“She ran the same tactical race she usually does,” Miller said. “He gave her a perfect ride.”

Belvoir Bay broke second. After the first quarter-mile she was third, 1 1/2 lengths behind second-place Painting Corners and two lengths behind Lady Suebee, who had the lead at that point. Half a mile into the race Belvoir Bay was second, half a length in back of Lady Suebee and two lengths in front of Painting Corners, who was in third after being overtaken by

Belvoir Bay.

When Belvoir Bay entered the stretch 1:08.25 after the start of the race she led Lady Suebee by a length.


“Around the quarter pole, it looked like we had the race won,” Miller said.

Belvoir Bay is owned by Gary Barber and was foaled in Great Britain April 19, 2013. Equiano, her sire, was born in France while Belvoir Bay’s dam, Path of Peace, was foaled in England. Miller has trained Belvoir Bay since her first California race, which was a win in the Blue Norther Stakes at Santa Anita Dec. 27, 2015.


The Jan. 12 race was the eighth stakes race win for Belvoir Bay, all with Miller, and her 10th overall win in 23 starts including two victories in England.

Miller and Barber are considering their options for Belvoir Bay’s next race.

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EDUCATION

Mary Fay Pendleton honored for academic distinction

FALLBROOK – Mary Fay Pendleton Elementary School has earned recognition as a 2018 Leader in Me Lighthouse School of Academic Distinction. Mary Fay Pendleton Elementary School is a K-8 school located aboard U.S. Marine Corps Base Camp Pendleton educating military connected students and is part of the Fallbrook Union Elementary School District.

“We are so pleased to receive this acknowledgement. Mary Fay Pendleton’s staff works very hard to design learning experiences that are standards based, meet the instructional needs of individual students and design future forward lessons at the correct level of difficulty for whole group instruction,” Brian Frost, principal of Mary Fay Pendleton said. “We get a lot of volunteer support from parents and community members. As a team, we model a culture that recognizes future opportunities are fostered in schools where students are seen as developing leaders. I thank all those who have contributed and continue

to contribute to our students’ successes at Mary Fay Pendleton.”

All FUESD schools teach leadership skills and training based upon Dr. Steven Covey’s “7 Habits of Highly Effective People” and “The Leader in Me.” Additionally, all FUESD schools have also achieved Lighthouse Status, an indicator of the highest level of implementation of “The Leader in Me” and leadership training.

The new “Lighthouse School of Academic Distinction” was created to recognize Leader in Me Schools that have both met the requirements necessary to achieve and maintain Lighthouse School Certification and shown exemplary academic growth or proficiency as measured by state accountability standards.

Academic distinction is determined through the data analysis of an independent nonprofit – www.schooldigger.com – a website focused on empowering families with reliable data about the performance of their children’s school. The Schooldigger algorithm scores on



Mary Fay Pendleton’s fourth-grade students develop STEM skills in engineering, rocket science, and robotics by participating in a demo presented by a local high school students.

a percentile ranking, comparing like schools across the state. The percentile ranking for Mary Fay Pendleton Elementary School was 94.7 percent, showing exemplary academic proficiency.

Submitted by Fallbrook Union Elementary School District.

Coleman graduates from ENMU

PORTALES, N.M. – Kameryn Coleman of Fallbrook graduated from Eastern New Mexico University Dec. 15. Eastern New Mexico University is a state

institution offering associate, bachelor’s and master’s degree options.

Submitted by Eastern New Mexico University.

National Charity League scholarships available

FALLBROOK – The San Luis Rey Chapter of National Charity League is offering scholarships to non-NCL graduating senior girls of both Bonsall and Fallbrook high schools.

The focus is to recognize graduating senior girls’ community service and volunteer activities, which mirrors the philosophy of NCL. The scholarship is named in honor of its founding member, Ann Daniel. Senior girls who are eligible must be college-bound to an accredited four-year university, two-year community college or vocational school.

The NCL Ann Daniel Memorial Scholarships will be awarded based on community service, a three-

minute personal community service video, a minimum 3.2 GPA, school and work activities, a letter of recommendation and an interview with the scholarship committee.

Scholarship applications can be found at the career and counseling centers of each high school. The application will be open to students until Feb. 28. It can also be found online at www.fallbrookhs.org; click on “Career Center.”

Completed applications must be submitted by 3 p.m., Feb. 28, to the student’s high school career and counseling centers.

For further questions, contact scholarship chair Veronica Toliver at vmtoliver@gmail.com or (760) 518-7211.

Young artists’ work is juried into exhibit



Showing artwork that was juried into Youth Art Month exhibit are, from left, front row, third-grade student Daisy Ahrend with her collage “Harvest Table,” first-grade student Bryce Estep with his watercolor “Purple Red Poppies;” back row, seventh-grade student Samantha Boring with her oil pastel “Cat on a Couch,” seventh-grade student Katelyn Mathewson with her oil pastel “Bobcat” and fourth-grade student Connor Siegler with his “Colored Red Abstract Print.” Not shown is Victoria Arriaga-Hernandez and her brayer printing plate “A Little Girl.”

Courtesy photo

FALLBROOK – Five young artists, at the Fallbrook School of the Arts, had their artwork juried into the annual Youth Art Month exhibit which will open Jan. 28 and will run through March 3, in the Rose Gallery at the Francis Parker School in San Diego.

The exhibit is a collaborative production of the San Diego County division of the California Art Education Association, the Francis Parker School and the San Diego County Office of Education.

San Diego County art teachers entered over 200 artworks in this K-12 competition. Of these about 50 percent were juried into the show. The Francis Parker School is located at 6501 Linda Vista Road

in San Diego. The exhibition is open to the public Monday through Friday from 7:30 a.m. to 3:30 p.m. and is closed on major holidays. For special appointments to visit the gallery, call (858) 569-7900.

The closing awards reception will be Sunday, March 3 from 2-4 p.m. All the student artists will be recognized with certificates, and awards will be presented in four grade-level categories: K-2, 3-5, 6-8 and 9-12.

These students studied with Marilee Ragland who is a CAEA member and instructs art in the Youth Program at the Fallbrook School of the Arts. Students registering for Ragland’s next Art Expressions Classes which begins March 12 will enter one of their artworks in the Creative Youth Exhibit at the 2019 San Diego County Fair.

Submitted by Fallbrook School of the Arts.



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BUSINESS

‘American Pickers’ to film in California

Lucette Moramarco
Associate Editor

Any residents who own unusual antiques with colorful stories could have a chance to share them with America. Cineflix has announced that its “American Pickers” show will return to California. Pickers Mike Wolfe, Frank Fritz and their team plan to film episodes of their hit series throughout the state in March.

“American Pickers” is a documentary series that explores the world of antique “picking” on the History Channel. The show follows Wolfe and Fritz, two of the most skilled pickers in the business, as they hunt for America’s most valuable antiques all over the country. They are always excited to find sizable, unique collections and learn the interesting stories behind them.

According to their publicity, while traveling the backroads from coast to coast, Wolfe and Fritz are on a mission to recycle and rescue forgotten relics. Along the way, they visit local characters with remarkable and exceptional items. The pair hopes to give historically significant objects a new lease on life, while learning a thing or two about America’s past along the way and sharing it with their audience.

Wolfe and Fritz have seen a lot of items they consider “rusty gold” over the years and are ready to find more extraordinary items. According to Cineflix Casting Associate Sarah Perkins, “We are looking for different, unusual



“American Pickers” features Frank Fritz, left, and Mike Wolfe on the hunt for unusual and unique antiques; they are coming to California in March.

Courtesy photo

and unique items too – something we’ve never seen before and with an interesting story.”

“American Pickers” is looking for leads and exploring hidden treasures owned by residents of

north San Diego and southwest Riverside counties, Perkins said. They only pick private collections so they are not interested in visiting stores, malls, flea markets, museums, auctions, businesses or

anything open to the public.

If anyone has or knows someone who has a large, private collection or accumulation of antiques that the pickers can spend the better part of the day looking through, they are

asked to send their name, phone number, location and description of the collection with photos to americanpickers@cineflix.com or call (855) 653-7878.

Major Market collects money for food pantry



Jean Dooley, board member of the Fallbrook Food Pantry, receives a check for \$7,025 from John Alarcon, manager of Fallbrook’s Major Market store.

FALLBROOK – For the past several years, Fallbrook’s Major Market store has worked with the Fallbrook Food Pantry to solicit funds to assist economically strained clients of the food pantry to meet their additional needs at Thanksgiving and Christmas each calendar year.

Recently, Jean Dooley, board member of the Fallbrook Food Pantry, received a check for \$7,025 from John Alarcon, manager of Fallbrook’s Major Market store.

Through this program, the food pantry provides holiday flyers, available to Major Market shoppers at checkout, which allow customers to make a \$1 or \$5 donation to the food pantry along with their own food purchases. Major Market holds these donated funds in a separate account, which they deliver to the food pantry at the end of the holiday season.

Submitted by Fallbrook Food Pantry.

OBITUARIES

No obituaries submitted this week.



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Love Letter

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DINING

Prepare ahead breakfast burritos are the best

Michele Howard
Village News Staff

Homemade breakfast burritos taste so much better than drive thru ones! This recipe is for something

more substantial than a muffin in the morning. It's a great meal before work, on an early road trip, or on the way to an airport. Monday through Friday I put together my husband's breakfasts

and lunches for the day. He was tired of eating muffins, so I came up with these tasty breakfast burritos. I think your whole family will love them. You can always substitute other ingredients more

to your liking. They are also great to make ahead and freeze for students and working adults because you have all whole ingredients and you know the amount of salt they

contain. They are a breakfast you can grab and microwave quickly before heading off to work or school.

Breakfast Burrito

Serves four

Ingredients

- 3 tablespoons red, yellow or white onion, chopped
- 1 stalk green onion, chopped
- 3 tablespoons Ortega chilies, mild or hot, chopped and drained
- 3 slices uncured Canadian bacon, chopped
- 6 eggs, whipped
- 1/4 cup cheddar and/or pepper jack cheese, grated
- 4 flour tortillas, 9" diameter

1. In a small egg, pan heat to medium and add 1 tablespoon butter. Add first four ingredients and sauté for one minute then add whipped eggs. Scramble
2. eggs until soft, but not well done, add cheese and stir. Rest eggs to cool.
3. Heat a skillet, I prefer a cast iron flat skillet, to medium high with just a tiny bit of canola oil.
4. Take 4 soft flour tortillas and divide egg mixture 4 ways and place in an oval shape center of tortilla. Fold bottom of tortilla, then top, then sides should be on top of one another.
5. Take rolled burritos and place seam side down on skillet to brown then turn to brown other side. Remove from skillet and place to cool on plate.
6. In a plastic sandwich container place 1 burrito, cover and refrigerate.
7. The next morning, to heat, loosen cover and microwave 45 seconds to 1 minute. Can add salsa if desired.
8. Now you have another home-cooked breakfast without all the processed food and drive-thru hassle.



Burrito ingredients can be altered to suit one's tastes.

Michele Howard photos



Veggies and bacon are sautéed before adding the eggs for cooking.



Eggs and cheese are cooked soft before being wrapped in a tortilla.



Burritos can be browned in the same frying pan.



Cool burritos before placing them in containers.

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Wine Country Events Calendar

FRIDAY, JANUARY 25	
11 a.m. to 5 p.m.	Craft Faire, Maurice Carrie Winery
1-2:30 p.m.	Behind the Scenes Wine Tour, South Coast Winery
3-5:30 p.m.	Happy Hour, Vineyard Rose, South Coast Winery
5-7 p.m.	Live Music, John Carlson & Patrick Clark, Meritage Restaurant, Callaway Winery
5-8 p.m.	Live Music, Ben Bostick, Cougar Vineyard & Winery
5-9 p.m.	Live Music, Karaoke with Lillian Thomas, Masia de la Vinya
5:30-8:30 p.m.	Live Music, Jason Weber, Restaurant at Ponte Vineyard
6-9 p.m.	Live Music, Willy Wilfax, Lorimar Winery in Old Town
6-9 p.m.	Live Music, Robert Simon, Avensole Winery Restaurant
SATURDAY, JANUARY 26	
11 a.m. to 5 p.m.	Craft Faire, Maurice Carrie Winery
Noon to 3 p.m.	Live Music, John Rankin, Cougar Winery & Vineyard
Noon to 4 p.m.	Live Music, Travis Miller, Masia de la Vinya
Noon to 4 p.m.	Live Music, Michael LeClerc, Wilson Creek Winery
1-4 p.m.	Live Music, Sheila Sondergaard, Avensole Winery Tasting Room
1-5 p.m.	Live Music, Astra Kelly, Fazeli Cellars
3:30-5:30 p.m.	Happy Hour, Vineyard Rose, South Coast Winery
5:30-8:30 p.m.	Live Music, Ron Freshman, Restaurant at Ponte Vineyard
6-9 p.m.	Live Music, Endeavor, Lorimar Winery
6-9 p.m.	Live Music, Flower Dolls, Lorimar Winery in Old Town
6-9 p.m.	Live Music, Michael Eden, Avensole Winery
SUNDAY, JANUARY 27	
11 a.m. to 2 p.m.	Brunch Specials at Meritage Restaurant, Callaway Winery
11 a.m. to 5 p.m.	Craft Faire, Maurice Carrie Winery
11:30 a.m. to 3 p.m.	Dog Day Sundays, Carol's Restaurant at Bailly's Winery
Noon to 4 p.m.	Live Music, Billy Watson, Wilson Creek Winery
1-4 p.m.	Live Music, HlIdnr, Lorimar Winery
1-4 p.m.	Live Music, Michael LeClerc, Avensole Winery Tasting Room
1-5 p.m.	Live Music, Ben Bostick, Fazeli Cellars
2-5 p.m.	Live Music, Dylan Keawe, Cougar Vineyard & Winery
3:30-5:30 p.m.	Happy Hour, South Coast Winery

UPCOMING:
Jan. 31, Laugh Your Glass Off, Lorimar Winery

Cougar fares well in fourth annual Cougar Meets Italy challenge



Dr. John Piconi introduces the judges for the 2019 Cougar Meets Italy event. Jeff Pack photos

Jeff Pack
WRITER

On a cold and rainy evening, Italy came to Temecula Wine Country, sort of, to do battle with a local winery.

The fourth annual Cougar Meets Italy 2019 featured Cougar Vineyard & Winery varietals against their Italian counterparts in a side-by-side, double-blind tasting event Thursday, Jan. 17.

Six professional judges were seated at the head of the room with more than two dozen audience members in front of them. Everyone was handed a University of California Davis 20-point wine score sheet within a packet that contained information about each varietal and the qualities each should have.

While the judges had their wines prepared and lined up in advance, servers gave each member of the audience tastes of each of the competing wines.

Each wine was judged on clarity, color, bouquet, total acidity, sweetness, body/texture, flavor/taste, bitterness, astringency and overall quality.

While judges and audience members alike tipped, swirled, chewed and spit the wines – to be honest, not many in the audience did any spitting at all — everyone scored along.

Cougar’s staff made sure everyone was well-hydrated and fed with appetizers of estate fruit, basil threads and prosciutto, followed by stuffed pasta shells, chicken cacciatore and finally, cannoli with ricotta cheese filling.

Judge Rich Cook of Vista is a writer for www.winereviewonline.com who directs wine competitions all over Southern California.

“I think this is a really interesting concept,” Cook said. “When they approached me four years ago and asked me to help them get it started and show them how to do a real blind tasting and talk about how this could work.”

He acknowledged that it takes guts for owners, Rick and Jennifer Buffington, to put on such an event.

“Obviously, they would enter this with some trepidation because you’re bringing Italian wines in against a fairly new wine region. In Italy, they’ve been making wine since before Christ, and Temecula



A judge tallies his scores during the event.

hasn’t been here that long.

“But Rick is really dedicated to what can happen with Italian wines here, and he’s not afraid to have his wines tasted against really classic examples of the varieties that he’s making. I think he thinks it makes him better, getting a good idea of where he’s at,” Cook said.

Cook said Rick Buffington, who is the winemaker for Cougar, is constantly tasting Italian wines and varietals to measure where his wines stand.

“To make sure he’s staying true to varietal typicity and finding what really works well here,” Cook said. “This fourth go-round is the closest the wines have been to date. So clearly he’s moving in the right direction.”

When the results were tallied and the numbers crunched, Cougar had won three of the five varietal challenges, according to the professional judges.

“We’ve never won three out of five, the best year was last year, we won two out of five,” Rick Buffington said. “Previous years it was one out of five.”

The results on each of the five wines were close – decimal points close.

“Talking to the judges and looking at all the results, this was the closest it’s ever been, even in judging the wines. I couldn’t even pick my wine out, it was really hard,” Rick Buffington said. “As you can see, it was so close. And the people’s choice, very close too. That’s a testament to what we’re trying to do, we’re just trying to make a wine similar to the

one their making in Italy.

“The best tribute is the scores are so close,” he said.

Jennifer Buffington said last year, Cougar won one red and one white wine challenge and this year they won all three in the reds category.

Cougar’s 2016 Barbera won with a score of 17.92 to 17.66, the 2016 Primitivo won 18.25 to 17.58 and the Negroamaro won 18.16 to 17.8.

Italy won over the judges with the white wines, winning the 2017 Falanghina challenge 17.58 to 17.08 and the 17.75 to 16.75 in the 2017 Fiano challenge.

“I’m glad it’s over; it’s very stressful to put your neck on the line,” Jennifer Buffington said. “It’s not guaranteed, and it truly is double-blind and this is the first time I’ve ever explained what we do and I think people are kind of getting it a little better because you could definitely ‘fix’ something like this. But no, we are truly putting our livelihood on the line.”

Both Rick and Jennifer Buffington acknowledged how risky a competition like this one is for the winery, especially when they launched the first one four years ago, wondering where the winery would be right now.

But considering how well they fared this time around, they were over the moon about the results.

“It is phenomenal how close the numbers were,” Rick Buffington said. “If we lost everything and it was this close, I’d still be happy.”

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Cougar Vineyard & Winery winemaker and owner Rick Buffington tastes a wine as his wife and co-owner Jennifer Buffington records her score.

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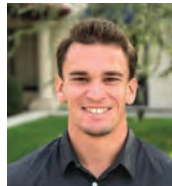
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