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November 7, 2019

[www.VillageNews.com](http://www.VillageNews.com)

Volume 30, Issue 45

**Fallbrook man sentenced to 20 years for attack on octogenarian**

City News Service

VISTA (CNS) - A 24-year-old Fallbrook resident who attacked an octogenarian and two other men outside a Fallbrook church, punching two of them and stomping the 86-year-old to death, was sentenced Tuesday, Oct. 29, to 20 years to life in state prison.

Keith Vasquez pleaded guilty earlier this year to charges of second-degree murder and assault in connection with the Sept. 21, 2016, beating death of Magnus Johnson, as well as the assaults of two other men, ages 62 and 63.

The victims told sheriff's deputies that they were painting the exterior of the Hilltop Center For Spiritual Living when a stranger accosted and beat them without provocation and then ran off.

Deputies found Johnson gravely injured in an alley at the west side of the church, Lt. Kenneth Nelson said. He was taken to Palomar Medical Center in Escondido, where he was pronounced dead from blunt-force head and chest trauma.

Vasquez was arrested by deputies later that day.

Authorities have disclosed no suspected motive for the violence.

**Attorney for family of boy killed in Rainbow crash hopeful for traffic light**



A sign near the intersection of Old Highway 395 and Rainbow Glen Road shows support for a stop light at the intersection.



Jorge Vasquez was readying for his freshman year at Fallbrook High School before he was killed in a July car accident.



A memorial for Jorge Vasquez stands near the site he was killed in a traffic accident in Rainbow in July.

**Jeff Pack**  
Writer

The family of Jorge Vasquez, the 14-year-old boy headed for his freshman year at Fallbrook Union High School this summer before he was killed in a traffic accident July 23 at Old Highway 395 and Rainbow Glen Road, isn't ready to talk just yet.

But an attorney for the family commented on a recent decision by the San Diego County Traffic Advisory Committee to push forward approval for a proposed stoplight at the intersection to the Board of Supervisors for a vote during a Nov. 20 hearing date.

"They are all, understandably, still grieving and it's difficult for them to discuss," Christie Palcisko of the Petrov Law Firm said. "We are relieved that the TAC has

recommended installing a traffic signal and we do not anticipate any pushback from the board of supervisors, but we're prepared to provide additional statements and testimony if needed."

During the Oct. 25 TAC meeting, several Rainbow residents expressed the fear they feel in using the intersection.

"We really need that light there," Oak Crest Estates resident Elden Hansen said.

"We do need to have safe egress from our community," Rainbow resident Cindy Myers said. "The ever-increasing accident rate really shows that we need the traffic signal."

Palcisko said these concerns have been expressed for many years.

"It should not have taken a fatality, the death of a 13-year-old

child, to get the county to listen and respond to the concerns of the people who drive on these roads every day," Palcisko said.

According to a press release shared by Palcisko, a 2014 traffic study found that the intersection did not meet the guidelines used to justify installing traffic control devices, either an all-way stop or traffic signal. The department of Public Works found that the "high volume intersection is working well in its present state."

The press release indicated that "since that finding, at least nine other collisions have occurred at the intersection of Old 395 and Rainbow Glen, many of them resulting in injuries."

Jorge was a passenger in a vehicle that was broadsided by a tractor-trailer. His mother and sister were injured in the collision.

The TAC determined that this and 3 other collisions are "correctable with a traffic control signal."

The four collisions at the intersection within a one year period, which created a rate of 1.03 collisions per 1 million vehicles entering the intersection. The statewide average for four-way rural intersections with a stop control on one road is 0.22.

According to Palcisko, the Vasquez family has not yet filed a lawsuit in the death of their son.

"We have not decided if we will be filing lawsuit and who might be named," she said. "Right now, we are investigating this collision and the multiple factors that caused it."

Jeff Pack can be reached by email at [jpack@redermedia.com](mailto:jpack@redermedia.com).

Joe Naiman contributed to this report.

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**Warriors freshman football finishes season undefeated**



The Fallbrook Union High School freshman football team poses for a team photo after defeating Rancho Buena Vista Thursday, Oct. 30, in Vista. Photos courtesy of Keith Cantillon

VISTA — The Fallbrook Union High School freshman football team shut out the Rancho Buena Vista Longhorns 17-0 on the road, sealing an undefeated season for

the young Warriors.

The Warriors dominated this season outscoring all 10 opponents 296-36 and recording shutouts in half of their victories this season.

That means the Warriors averaged almost 30 points a game while allowing just more than 3.6 points per game.

Even more impressive, the

Warriors team consisted of true freshman athletes and at times played against teams that fielded sophomores on their roster.

**Vallecitos ES, community center, Live Oak Park to benefit from Neighborhood Reinvestment Program funds**

**Joe Naiman**  
Village News Correspondent

The allocation of Neighborhood Reinvestment Program grants during the Oct. 29 San Diego County Board of Supervisors meeting will provide funding for Vallecitos Elementary School, the Fallbrook Community Center, and Live Oak Park.

The supervisors' 5-0 vote allocated \$125,000 to the Vallecitos School District to purchase and install fencing and an entry door at Vallecitos Elementary School, \$5,000 to The Friends of the Fallbrook Community Center to purchase holiday decorations and banners for the community

see **PARK**, page A-4

**Results for Prop A special election won't be known for 2-3 weeks, NCFPD says**

**Will Fritz**  
Associate Editor

Results for the North County Fire Protection District's Proposition A special election won't be available as early as had previously been thought, fire officials said Friday.

The fire district initially said the outcome of the election – a referendum on a new tax of \$5 per month, per parcel of owned property, to pay for construction,

maintenance and improvements to fire stations – would be known by Nov. 1.

However, officials now say it's taking longer to tally all the votes up than they had predicted, and the outcome may not be known for another two to three weeks.

"Like many, if not most, residents of north San Diego County who depend upon our

see **PROP**, page A-6

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VILLAGE NEWS





# ANNOUNCEMENTS

## Women invited to fall fundraiser

FALLBROOK – The Fallbrook Women’s Connection is hosting their annual Fall Boutique, which will include brunch at the Grand Tradition Estate and Gardens in the Beverly Mansion, Friday, Nov. 15, from 10 a.m. until noon.

All ladies are invited to come to this annual fundraiser. Doors open at 9:15 a.m. for early shopping. Attendees will enjoy bidding on the many silent auction items and raffles, which include handbags, scarves and jewelry. In addition, there will be theme gift baskets, decorated Christmas trees, holiday decor and a selection of home baked goods.

Guest speaker Carol Abernathie, wife, mother and retired deputy sheriff, will share how her childhood nickname, “The Wild

One,” took her on a journey from “Lawbreaker” to “Law Abider.” Pianist Jean Dixon will provide music.

The cost per ticket is \$25, cash or check, which includes brunch prepared by The Grand Tradition, 220 Grand Tradition Way, located at the corner of South Mission Road and Grand Tradition Way near the Econo Lodge.

Free child care will be provided for younger children with reservations. To make a reservation, call Ginny at (760) 723-3633 or Marilyn at (760) 728-2866 or email [Fallbrookwomen@roadrunner.com](mailto:Fallbrookwomen@roadrunner.com). Sponsored by Stonecroft.

*Submitted by Fallbrook Women’s Connection.*



## FWC to honor club veterans Nov. 12

FALLBROOK – The Fallbrook Woman’s Club will meet Tuesday, Nov. 12, and in honor of Veteran’s Day, the club is inviting all veteran members with their spouses and members with their veteran spouses to attend.

Guest speaker Vic Martin from Shelter to Soldier is retired U.S. Navy. Martin will share his own personal experience focusing on his dog, Mia, who has assisted him in the transition from depression, paranoia and isolation after a traumatic brain injury, to normalcy. Martin met with Graham Bloem, co-founder of Shelter to Soldier program, and Martin said his life was forever changed.

The Oct. 8 Fallbrook Woman’s Club meeting celebrated three nonprofits from Fallbrook by throwing them a “Community Gift Shower,” similar to a baby shower. The three guests represented were Janet Lucore from the Fallbrook Animal Sanctuary, Kelly Bednarski from the Angel Society and Tom Minton from Friends of the Fallbrook Library.

Donations of books, pet supplies and thrift store donations were given as well as monetary donations. Each representative shared with the club the history of their organizations, the services provided, monetary needs necessary and opportunities for others to volunteer.



*Linda Lovett, vice president of programs, welcomes panel members Janet Lucore from the Fallbrook Animal Sanctuary, Kelly Bednarski from the Angel Society and Tom Minton from Friends of the Fallbrook Library to Fallbrook Woman’s Club’s “Community Gift Shower” Tuesday, Oct. 8.*

An invitation goes out to any visitors who are interested in attending the Fallbrook Woman’s Club meetings. To RSVP, contact Lee Johnson at (760) 586-8308 or [leejohnson512@gmail.com](mailto:leejohnson512@gmail.com).

The Fallbrook Woman’s Club is a member of the California Federation of Women’s Clubs and the General Federation of Women’s Clubs International. Its goal is to encourage women to improve their community, state and the nation through volunteering their time, talents and interests. General meetings are held at 11 a.m. the second Tuesday of each month except July and August at the Fallbrook Woman’s Club, 238 W. Mission Road, in Fallbrook. For additional information, visit [www.fallbrookwomensclub.org](http://www.fallbrookwomensclub.org).

*Submitted by the Fallbrook Woman’s Club.*

## Fallbrook Democrats to make endorsement in contested Assembly District 75 race

FALLBROOK – The Fallbrook Democratic Club meets Thursday, Nov. 7, at the Hilltop Center, 331 E Elder St. in Fallbrook. Doors open at 6:30 p.m., and on the club’s agenda is to endorse one Democrat running to unseat Assemblywoman Marie Waldron.

Two Democrats have announced campaigns to take the Assembly District 75 seat: Kate Schwartz and Roger Garcia. Schwartz is currently serving on the Fallbrook Regional Health District. Garcia is a Temecula based activist.

“The Fallbrook Democratic Club is a leader in endorsing local races,” President Tom Frew said. “Our club members are excited to hear from the candidates and to get

started knocking on doors to elect a champion of our community.”

A representative of the “No on Newland Sierra” proposed development on the March ballot will also give a presentation to the club and a vote for endorsement on the matter will follow on the agenda.

The Fallbrook Democratic Club serves the local Fallbrook, Bonsall, Rainbow, DeLuz and surrounding areas and meets the first Thursday of the month in Fallbrook. Light refreshments are offered at 6:30 p.m. with meetings starting at 7p.m.

*Submitted by Fallbrook Democratic Club.*

## ‘Raptors – Care and Rehabilitation’ is next garden club program

FALLBROOK – Shanie Williams will explain the focus of the work performed by SkyHunters Raptor Rehabilitation and Education Center at the Fallbrook Garden Club meeting Tuesday, Nov. 26.

The center cares for the sick, injured and orphaned raptors and educates the community about the preservation of local wildlife. Some fun facts are: owls can see just as well during the day as they do at night; owls don’t use their sight to track prey for they use their hearing; owls appear to turn their heads around to see in order to compensate for their “fixed eyes” which cannot rotate left to right in their socket.

Owls have very flexible necks, which rotate 270 degrees – not quite a full circle, and raptors can dive more than 150 miles an hour. They have a wingspan of more than 8 feet and weigh more than 10 pounds.

The meeting takes place at the Fallbrook Community Center, 341



Heald Lane, in Fallbrook. Social time and refreshments start 12:30 p.m., with the business meeting at 1 p.m., and the program starts at 2 p.m.

The public is welcome. For more information, visit [www.fallbrookgardenclub.org](http://www.fallbrookgardenclub.org).

*Submitted by Fallbrook Garden Club.*

## Fitness fair to follow Race to End Hunger

FALLBROOK – The Fallbrook Food Pantry is holding its annual Race to End Hunger Walk and 5K Run Saturday, Nov. 9, at Live Oak Park, 2746 Reche Road, in Fallbrook. Sign-in starts at 8 a.m., the 5K begins at 9 a.m. and the walk at 10 a.m. Awards will be presented at noon.

Walkers are free; runners are \$30 with preregistration and \$40 the day of event.

A health and fitness fair at the park will be offered from 10 a.m. to

2 p.m. with live music, a magician, face painting, photo booth, food, bouncy obstacle course as well as health and wellness activities including nutrition education and health screenings. Admission is \$5 for adults; children 12 and under and seniors are free.

Race participants can register at [www.fallbrookfoodpantry.org/race-to-end-hunger](http://www.fallbrookfoodpantry.org/race-to-end-hunger).

*Submitted by Fallbrook Food Pantry.*

## AACA Nationals to be held at Pala Mesa Resort Nov. 9

FALLBROOK – The Fallbrook Vintage Car Club is a chapter of the Antique Automobile Club of America. Local chapters can hold national meets, and there has only been one in Fallbrook. FVCC held this first one in 1976, at the high school.

FVCC is looking forward to hosting the AACA Nationals and to introducing Fallbrook to AACA members nationwide, Nov.

6-9. In the days preceding the car show and judging, there will be a number of local tours that highlight Fallbrook and provide for numerous social events.

Cars and judges are coming from all over the country including one car that is being brought from Florida. Only member’s cars that are stock can be entered to be judged in the car show on Saturday, Nov. 9. It will be on the

driving range of the Pala Mesa Resort. The quality of the cars that will be on display will be a notch above what most car show spectators are used to seeing.

For more information, visit <https://fallbrookvintagecarclub.org/>.

*Submitted by Fallbrook Vintage Car Club.*

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## Newcomers to host North County Fire District at meeting

FALLBROOK – The Fallbrook Newcomers Club will host the North County Fire District at their upcoming coffee meeting, Thursday, Nov. 14, at 9:30 a.m. at Christ the King Lutheran Church, 1620 S. Stage Coach Lane, in Fallbrook.

All new residents of Fallbrook,

Bonsall, Rainbow and De Luz are invited to attend, meet other new residents and find out more about the Newcomers Club and all the social activities it offers.

A representative from the North County Fire District will speak about wildfire preparedness including evacuation routes and

what items residents should be ready to take with them if they have to evacuate.

For more information about the Fallbrook Newcomers Club, visit [www.fallbrooknewcomers.com](http://www.fallbrooknewcomers.com).

*Submitted by the Fallbrook Newcomers Club.*



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OPINION

Local organizations benefit from reinvestment



Supervisor Jim Desmond  
5th District

The Neighborhood Reinvestment Program provides grant funds to nonprofit community organizations and public agencies for one-time community, social, environmental, educational, cultural or recreational needs.

I take great pride in being able to allocate funds to some of the wonderful organizations in District 5, and while I wish I could give money to all of them, I wanted to highlight a few of the groups making a difference in District 5.

The Boys and Girls Club of Oceanside has grown tremendously over the past nine years, serving 1,400 members through nine sites each day. One of the reasons they are able to successfully provide the needed care is a school bus they operate that helps to transport the youth.

The state of California has created a new mandate that every school bus must meet state regulations, leaving a lot of organizations looking for a new vehicle. I'm pleased to announce that, through the District 5 Neighborhood Reinvestment Grants, the Boys and Girls Club of Oceanside will be getting a new school bus.

School safety is a top priority. We cannot send our children somewhere we don't believe will be safe. After speaking to Rainbow residents and officials at Vallecitos Elementary School, they voiced their concern over the lack of fencing protecting their school in Rainbow. We need to do everything we can to keep our students safe, which is why Vallecitos Elementary School will be receiving a new perimeter fence and entry into the school.

Also, we need to maintain our focus on the arts in San Diego County, which is why I'm pleased to support the Oceanside Museum of Art. Their building was long overdue for renovations, and I look forward to seeing the new updated building.

While there are many organizations also receiving funds and many more that I wish we could support, I encourage you to reach out to Candyce Yee, our grants administrator, at Candyce.Yee@sdcounty.ca.gov, and see if your organization can receive support.

Thank you to all the groups for reinvesting into our community and make San Diego County such a wonderful place to live.

Offer opportunity for all



Assemblymember Marie Waldron  
AD-75 (R)

Access to a quality education is the best way to ensure our students a bright, successful future. But one size does not fit all, and not every student wants to go to a traditional college. Even so, California schools often focus on sending children to colleges and universities, with less emphasis on trades.

We have a skilled worker shortage in California, and we need to make sure that high school students have the opportunity to learn technical skills that can lead to well-paying jobs after they graduate.

That's why Career Technical Education is so important.

To help meet this need, last session I was an author of Assembly Bill 1111, which will help ensure students have access to quality technical courses that provide the training to work for companies requiring highly-skilled workers and \$15 million in the budget to pay for it.

And last month I was pleased to recognize Dennis Johnson, a Fallbrook High School transportation technology teacher, who received the second-place Harbor Freight Tools for Schools Prize for Teaching Excellence.

We need more programs like Fallbrook High's skilled trades program and more teachers to give young people the opportunity to learn skills that lead to good-paying careers in the trades.

The award is a testament to Johnson's dedication and his skill in creating innovative programs that prepare students for their future automotive careers. The \$50,000 prize will be split between Johnson, who receives \$15,000, and Fallbrook High School's skilled trades program, which gets \$35,000.

With almost 20% of California's population living below the poverty level, we should do all we can to expand the pool of skilled, well-paid workers. And thank you to Harbor Freight Tools for recognizing the importance of Career Tech Education.

Assembly Republican Leader Marie Waldron, R-Escondido, represents the 75th Assembly District in the California Legislature, which includes the communities of Bonsall, Escondido, Fallbrook, Hidden Meadows, Pala, Palomar Mountain, Pauma Valley, Rainbow, San Marcos, Temecula, Valley Center and Vista.

Regency's Halloween party was a treat

I took my little grandson to the Regency Halloween party, Oct. 30. I was amazed to experience the fantastic job they did for their residents and the community.

The costumes on the residents were so special to see and how the resident faces were lit up with big smiles and fun while they gave out

candy to the children.

To see the residents' family members participating was fun too. The combinations of the generations enjoying themselves together were truly delightful.

Thank you, Regency.

Phyllis Sweeney

Thank you for Appreciation Luncheon

We would like to thank Regency and Silvergate retirement residences for donating the food served at the Fallbrook Senior Center's Volunteer Appreciation Luncheon, Oct. 22.

Regency provided the delicious appetizers and tiramisu dessert, while Silvergate contributed the

delicious salads and sandwiches.

The volunteers enjoyed the meal very much, so we appreciate the donated food too.

Phyllis Sweeney, special projects manager, and Renae Rasmussen, executive director

Fallbrook Senior Center Board of Directors

Farm Bureau supports agricultural immigration bill

Noting that California farmers and ranchers have long sought reforms and improvements to immigration laws that would enhance the lives of agricultural employees and their families, the California Farm Bureau Federation said it supports a bipartisan bill introduced recently.

The Farm Workforce Modernization Act of 2019, introduced by Reps. Zoe Lofgren, D-San Jose, and Dan Newhouse, R-Wash., would improve agricultural visa programs and accommodate immigrant agricultural employees already in the United States, while assuring border security.

"This comprehensive legislation contains key elements that address current and future workforce needs for agricultural employers and employees in California and throughout the nation," CFBF President Jamie Johansson said. "The reforms in the Farm Workforce Modernization Act of 2019 will provide much-needed solutions for agricultural employers and employees."

The act would allow immigrant agricultural employees in the United States to earn legal status through continued agricultural employment.

"We need to deal fairly with the existing agricultural workforce and their immediate families,"

Johansson said. "The people who work on farms and ranches are valued members of rural communities. Their contributions to our communities and our food system should be recognized by allowing them a chance to gain legal status."

The bill would also modernize and streamline the existing H-2A agricultural visa program, to provide more flexibility for employers and ensure critical protections for foreign employees.

"Improvements to the H-2A program would make it much more flexible and valuable to California farm employers and employees," Johansson said. "For example, a pilot program in the bill would allow H-2A employees to move from farm to farm for employment, a portability option California producers have long sought. And, for the first time, the bill would accommodate guestworker visas for year-round operations such as dairies and nurseries."

The California Farm Bureau Federation works to protect family farms and ranches on behalf of nearly 36,000 members statewide and as part of a nationwide network of nearly 5.6 million Farm Bureau members.

Submitted by the California Farm Bureau Federation.

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# A tribute to Fallbrook

**Darwin East**  
*Special to Village News*

At the end of 1956, the small town of Fallbrook started to work its way into my heart. I was in high school and my family moved to Fallbrook. It was the start of my love for this town and the joy it would bring me for many years to come.

I can remember the first day in Fallbrook; Dale Peterson and Rick Wells asked me to attend a basketball game with them. I was instantly surprised by the friendliness of this community, and Ralph Foster showed me around my first day. Everyone was so welcoming, I made friends right away. During the course of my junior year of high school, I quickly began to appreciate the caring teachers and support of all within this community.

By my senior year, I was already a part of the town of Fallbrook. I had



This photo of Darwin and Robbie East is from 2010, the year they moved to Arizona to be with family.

made incredible friends including Dick Uchimura, Nick Arico, Leland Hurty, Don Hasson, Neil Fields,

John Denyes, Frank Vernaci, Fred Tagenaga and many more. The list could go on and on.

We had such fun events in high school: the dances, the football games and the time with friends at Richardson’s Drive-in. I loved being a part of the football team and remember the time my mom fixed chili after one of the games. One thing I loved about Fallbrook was that although some of us had different religions, backgrounds or political perspectives, we easily respected each other’s views and all remained friends. It was wonderful.

In high school, I had the opportunity to work at Lochmiller Avocado with Bob Lochmiller for two years and at Buy and Save Market for one year. The manager was Mr. Sayre. I also worked at Foster Avocado for Gordon Foster.

They were great men who helped instill in me a strong work ethic and values that stayed with me throughout life.

In February 1958, my family’s house tragically burnt down. Once again, Fallbrook surprised me, as they rallied together to support me and my family. Mike Port, Bob Lochmiller and the community stepped in, offering anything they could to help my family.

After high school, I met another person new to Fallbrook named Robbie Crowell. I would have never guessed that this incredible woman would become my wife. We were married Nov. 25, 1960, at the old Methodist church.

At the insistence of her parents, we waited to be married until she turned 18. Then we took the very first opening at the church after her 18th birthday. Robbie was the smartest woman I had ever met, and I felt incredibly blessed to be her husband.

After one year of marriage, I got my draft notice. I went into the U.S. Air Force. Robbie and I moved to McCoy Air Force Base in Orlando, Florida. I made very little money but thankfully, Robbie got a great job at Martin Murrieta Defense Plant. Her job saved us.

When I got out of the Air Force, we wondered where we would go next. We were in agreement that the small town of Fallbrook was where we wanted to raise a family. We were thrilled to move home.

Once in Fallbrook, we decided to start our own business, East Brothers Grove Service, with my brother, Gary East. Gary was only able to

stay on a few years, and it was just Robbie and me. She took care of the books, and I took care of the field.

It was a 40-year adventure that expanded into a landscape service, tractor service, asphalt work and a farm store. For me, it was more than my job; it was about being a part of the community of Fallbrook that I truly loved.

Fallbrook was an incredible place to do business. I look back on this time and really hope that I gave to the town as much as I know the town gave to me.

I had the privilege of being involved in helping the youth in town, Ag Boosters, the planning group, the design review committee, the Fallbrook Historical Society, the Chamber of Commerce and many other organizations. I loved serving with people like Bill Rienstra, Karl Bakken and many other great people.

We have spent the last number of years in Arizona. My grandson and son-in-law had some health issues that led to us all congregating there to support each other. Although it was the right thing for my family and was where we needed to be at this time of our lives, I will always feel like Fallbrook is my home.

I look back on all that this unique community gave to me and my family, and I am just so grateful to have been a part of it. It was an honor to have been a part of this community for 52 years.

*Editor’s Note: Robbie East died Feb. 18, 2019.*

## PARK

from page A-1

center and to replace and install new flooring and \$3,000 to the county’s Department of Parks and Recreation to purchase and install a bench and plaque at Live Oak Park.

Each county supervisor has an annual \$2 million discretionary Neighborhood Reinvestment Program budget. The Neighborhood Reinvestment Program is intended to provide grants to nonprofit organizations for the furtherance of public purposes at the regional and community levels. In addition to nonprofit organizations, county supervisors can also fund schools and fire departments, and supervisors can also use money from their budgets to supplement other county funding for specific county projects such as parks, roads and libraries. Each county supervisor recommends the allocation of his or her Neighborhood Reinvestment Program funds, although those allocations must be approved by a majority of the board. The grants for Vallecitos School, the Fallbrook Community Center, and Live Oak Park were from the District Five budget of Supervisor Jim Desmond.

Vallecitos School opened in 1885 and educates Rainbow children from kindergarten through eighth grade. Although the only shooting on the campus occurred in April 1962 when the president of the Vallecitos School District board fatally shot a trespasser, recent incidents involving strangers on campus led the school district to evaluate enhanced safety measures.

“After speaking to Rainbow residents and officials at Vallecitos Elementary School they voiced their concern over the lack of fencing protecting their school in Rainbow,” Desmond said. “School safety is a top priority. We cannot send our kids somewhere we don’t believe will be safe.”

The Fallbrook Community Center provides activities for various age groups, and more than 4,000 people monthly utilize the community center. “The Fallbrook Community Center is a great place for people to come together and celebrate,” Desmond said.

Friends of the Fallbrook Community Center is a nonprofit volunteer organization which was founded in 1981 to raise funds to support community use of the Fallbrook Community Center. “They told us about a need for improving their flooring, which this money will go toward,” Desmond said.

Live Oak Park totals 27 acres. In addition to a tree forest the park includes two playgrounds, an amphitheater, softball and soccer fields, volleyball and basketball courts, and picnic tables.

“Live Oak Park is a beautiful part of Fallbrook, and we heard from residents about adding a bench,” Desmond said. “This will allow another rest area for those enjoying the park.”



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# Senior Concern Seminar topic is ‘Taking the Handcuffs Off the Surviving Spouse’



Attorney Scott Stewart will present “Taking the Handcuffs Off the Surviving Spouse” at the Foundation for Senior Care Senior Concern Seminar, Nov. 12 at Christ the King Church.

FALLBROOK – One of California’s leading elder law attorneys – Richard Scott Stewart, Esq. of California Estate and Elder Law – will present the Foundation for Senior Care’s Senior Concern Seminar for November.

This is a no-cost educational seminar entitled “Taking the Handcuffs Off the Surviving Spouse” Tuesday, Nov. 12, from noon until 1:30 p.m. at the Christ the King Church, 1620 S. Stage Coach Lane in Fallbrook.

While there is no charge for the session, registration is required since space is limited and lunch will be provided. To register, call the Foundation for Senior Care at (760) 723-7570; for more information, visit [www.foundationforseniorcare.org](http://www.foundationforseniorcare.org).

“For years, estate planning attorneys have been using A/B trusts primarily to protect their clients against estate taxes (though there are other reasons such as creditor protection and family bloodline protection).” Stewart explained. “Now, however, the majority of Americans are no longer subject to the estate tax – and capital gains taxes are what most of our clients are concerned about. It is important to understand the difference between B trusts and AB trusts and whether they are still the best option and, if not, what should you do about it. Preparation now will give you and your family not just financial protection but peace of mind.”

This is the fourth of four sessions co-hosted by The Foundation for Senior Care and California Estate and Elder Law, LLP. It is offered to everyone in the community interested in understanding their family’s planning options.

“This is a wonderful opportunity to learn what each of these documents is and why they are important to you,” noted Foundation for Senior Care Advocate Darlene Weber. “We are excited for the community to participate in this event and learn about their planning options. It is important not to wait, you don’t know when these documents will be needed.”

Submitted by The Foundation for Senior Care.

# Local effort underway to support Wreaths Across America

SAN DIEGO COUNTY – Local volunteers are working hard to ensure that veterans laid to rest at seven San Diego County cemeteries are honored on National Wreaths Across America Day in December.

The ceremony, held simultaneously across the country at more than 1,600 locations with the assistance of 2 million volunteers, will begin at 9 a.m. Saturday, Dec. 14. The goal is to place a live, balsam fir wreath at the headstone of every veteran buried there and say each person’s name, so their memory lives on.

Community members can sponsor the wreaths needed to honor veterans at San Diego’s cemeteries by visiting [www.wreathscrossamerica.org](http://www.wreathscrossamerica.org) and select one of the San Diego cemeteries.

Wreath laying ceremonies will be held at Fort Rosecrans National Cemetery, Miramar National Cemetery, Greenwood Memorial Park San Diego, Valley Center Cemetery, Oak Hill Cemetery, Fallbrook Masonic Cemetery and Glen Abby Memorial Park.

“We are forever grateful for the thousands of supporters who dedicate their time and effort to fulfilling our mission on a local level,” Karen Worcester, executive director of Wreaths Across America, said. “These individuals and their communities know the value of remembering the fallen, honoring those who

currently serve and teaching the next generation about the sacrifices made for our freedom every day, and without their continued support, Wreaths Across America would not exist.”

For more information on how to sponsor a wreath, start a fundraising group or to sign up to volunteer, visit [www.wreathscrossamerica.org](http://www.wreathscrossamerica.org) to find a participating cemetery.

Submitted by Lisa Marcolongo, veterans specialist with The Elizabeth Hospice.

DivorceCare Special Support Group:

“Surviving the Holidays”

Sunday, November 24, 2019

1:00-3:00pm

Christ The King Lutheran Church

1620 S. Stage Coach Rd., Fallbrook

in the Library (Enter through the front fountain courtyard)

We invite you to join us for this very special session of support, helpful tips and discussion on Surviving the Holidays.

Learn how to navigate the holidays and find help and healing for the hurt of separation and divorce.

The workbook is only \$5 and will be an invaluable future reference for you.

We offer a safe and caring place designed to help you at this tender season of your life. Bring a friend if you wish!

Register at [tinyurl.com/DivorceCareHolidays](http://tinyurl.com/DivorceCareHolidays)

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[www.fallbrookfoodpantry.org/race-to-end-hunger](http://www.fallbrookfoodpantry.org/race-to-end-hunger)





North County Fire Protection District firefighters respond to a blaze near Ammunition and Mission roads in Fallbrook Saturday, Nov. 2. The results for the Prop A special election to pay for needed upgrades, won't be known for 2-3 weeks.

### PROP from page A-1

agency for fire protection and emergency services, we are anxiously waiting to learn the outcome of this funding Measure,” North County Fire Protection Chief Steve Abbott said.

The delay is being attributed partially to the fact that the election was conducted by mail – ballots had physically delivered to the fire district by Oct. 24 or postmarked by that date and received by Oct. 28 – and partially to the fact that the firm that is counting the votes, David Taussig and Associates, is employing a “comprehensive signature verification” process to verify all of the votes are legitimate, the fire district said.

“This has turned out to require a significant amount of time,” Abbott said. “But, well worth the time, since we want to be certain that every detail has been properly addressed in the vote counting process.”

Prop A needs to be approved by at least two-thirds of voters participating in the special election to pass.

The new tax, which amounts to \$60 per year for all properties in the fire district boundaries, is necessary because many of the

district’s facilities are outdated, fire officials say. There’s a documented need for at least \$26.5 million to meet facility standards, fire officials said in a newsletter published ahead of the election.

Seven of NCFPD’s 11 facilities – including four of its five fire stations – are nearing or past the end of their originally-intended life span of 50 years, according to the newsletter.

If passed, Prop A is expected to raise about \$1 million per year, or \$20 million over the 20 years it will be in effect for.

We encourage any individual from the community to come to the offices of the San Diego County Registrar of Voters to observe the process of signature verification,” Abbott said, “and to observe the actual counting of ballots, which will be taking place at the District’s Roy Noon Meeting Hall, aka ‘Scout Hut,’ located at 231 E. Hawthorne Street., Fallbrook.”

He said the fire district will post the details on when signature verification and ballot counting is taking place both at the district headquarters and on its website at [www.ncfire.org](http://www.ncfire.org), as well as on the district’s social media accounts.

Will Fritz can be reached by email at [wfritz@reedermedia.com](mailto:wfritz@reedermedia.com).

## EVENTS CALENDAR

**Nov. 8 and 9** – 10 a.m. to 4 p.m. – The Fallbrook Quilt Guild holds its biennial Quilt Show at SonRise Christian Fellowship, 463 S. Stage Coach Lane, with over 200 handmade quilts on display plus 100 quilts up for auction at 1 p.m. each day. The event also offers demonstrations, vendors and a country store. Admission is \$10 for adults and \$3 for children 3-12. No strollers are allowed. It is handicap accessible with free parking.

**Nov. 9** – 8 a.m. – Fallbrook Food Pantry holds its Race to End Hunger Walk & 5K Run at Live Oak Park, 2746 Reche Road. Register at [www.fallbrookfoodpantry.org/race-to-end-hunger](http://www.fallbrookfoodpantry.org/race-to-end-hunger). Walkers are free; runners are \$30 with preregistration, \$40 day of event. A health and fitness fair at the park runs 10 a.m. to 2 p.m. with lots of activities. Admission is \$5 for adults, children 12 and under and seniors are free.

**Nov. 9** – 9-11 a.m. – A Bonsall Fallbrook Community Cleanup will be held with volunteers removing trash and cleaning up Old Bonsall Bridge and the surrounding area. Meet at Daniels’ parking lot at 8:30 a.m. to caravan or carpool to the cleanup site. Families are welcome, and everyone is asked to bring a water bottle and work gloves.

**Nov. 11** – 10 a.m. – Veterans Day Parade, hosted by Veterans of Foreign Wars Post 1924, will begin at the corner of Fallbrook Street and Main Avenue and proceed to Alvarado Street. A commemorative program honoring veterans will begin at 11 a.m. at Vince Ross Village Square at Alvarado Street.

**Nov. 12** – Noon to 1:30 p.m. –

Foundation for Senior Care co-hosts Senior Concern Seminar, “Taking the Handcuffs Off the Surviving Spouse” at Christ the King Lutheran Church, 1620 S. Stage Coach Lane. The event is free of charge, and lunch will be provided. Register at [www.SCInstitute.org/FSC](http://www.SCInstitute.org/FSC) or call (760) 723-7570.

**Nov. 24** – 1-3 p.m. – Christ The King Lutheran Church offers a special session of its DivorceCare Special Support Group, “Surviving the Holidays,” 1620 S. Stage Coach Road. Learn how to navigate the holidays and find help and healing for the hurt of separation and divorce. The workbook is only \$5. Register at [www.ctkfb.org](http://www.ctkfb.org) or [www.DivorceCare.org](http://www.DivorceCare.org).

**Dec. 6** – 5-7:30 p.m. – Fallbrook Holiday Tree Lighting will be held at the Fallbrook Community Center, 341 Heald Lane. The free event includes music, fun and celebration.

**Dec. 7** – 5 p.m. – The 38th annual Fallbrook Christmas Parade will travel down Main Avenue from Ammunition Road to Ivy Street, with “A Storybook Christmas” theme. Participants include marching bands, vintage cars, youth groups, equestrian units and more.

**Dec. 8** – 1-4 p.m. – The Fallbrook Historical Society holds its annual Old-Fashioned Christmas Open House and Barn Sale at the Heritage Center, 1730 Hill Street, at Rocky Crest, including a special Christmas barn sale, arts and crafts for children, scavenger hunts, docent-led tours of the museum buildings, refreshments and family photos with Santa. For more information, call (760) 723-4125.

## Small brush fire stopped in De Luz, Nov. 1

Will Fritz  
Associate Editor

A small brush fire broke out in the De Luz area north of Fallbrook in the afternoon Friday, Nov. 1, but firefighters were quickly able to stop it from spreading.

The blaze was reported at 12:20 p.m. in an area near Rock Mountain Road and Sandia Creek Drive, close to the San Diego/Riverside County border, according to the Riverside County Fire Department.

Firefighters were able to

halt the fire’s spread at 2 acres, according to Riverside County Fire representative Rob Roseen. No structures were threatened and no injuries were reported.

Will Fritz can be reached by email at [wfritz@reedermedia.com](mailto:wfritz@reedermedia.com).

## SD Sheriff’s Department receives \$550,000 grant for DUI enforcement, checkpoints

SAN DIEGO – The California Office of Traffic Safety has awarded the San Diego County Sheriff’s Department a \$550,000 grant, Monday, Oct. 28, to fund a year’s worth of special operations and campaigns designed to stop drivers under the influence of alcohol and drugs. “Thanks to this important grant, the sheriff’s department can continue to protect San Diego County from impaired drivers,” Sheriff Bill Gore said.

Impaired driving checkpoints, patrols and distracted driving/traffic enforcement will all be funded by the grant. The goal is to reduce DUI-related crashes and deaths in San Diego County.

So far in 2019, nearly 1,100 people have been arrested for impaired driving by sheriff’s deputies. In 2018, deputies arrested 1,183 people for impaired driving. Impaired driving doesn’t just mean alcohol. It can include marijuana

and prescription drug use.

Funding for this program was provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

The San Diego sheriff can be reached at (858) 974-2259 or find more information at [www.SDSheriff.net](http://www.SDSheriff.net).

Submitted by San Diego County Sheriff’s Department.

## Taylor honored with seven San Diego Press Club awards

SAN DIEGO – Freelance writer Nathalie Taylor, a Village News and Sourcebook Magazine affiliate, won seven awards in six highly competitive categories at the San Diego Press Club’s 46th annual Excellence in Journalism Awards Banquet, Oct. 29, at Jacobs Center Market Creek.

Since 2004 she has won 79 San Diego County journalism awards. Taylor has taken the majority of the photographs that accompany her articles.

Taylor took home one first-place award, five second-place awards and one third-place award. Four of the articles were published in the Village News, and two were 2019 Sourcebook Magazine articles.

Taylor’s first-place award was in the Travel/Domestic category for “Discovery and Serenity in Cambria, CA,” an article published in The San Diego Reader June 2. An excerpt: “Grandma moved to Los Angeles after grandpa passed away. That day – as a teenager – I wrote a note, placed it in a jar and buried it in the garden. It may still be there. I can’t remember my exact words, but it went something like this: ‘I love Cambria and I vow to return someday.’”

The writer took second in Travel/International with, “Just Outside of Dublin” in Village News Sept. 16, 2018. An excerpt: “It rained a bit as I walked along the pier toward the lighthouse. Well, not really rain – more like a mist that was heavy enough to dampen my hair and glisten my face...music from buskers on the pier drifted on the

wind. At the shore of the bay, small wavelets lapped at moss-covered rocks.”

Another second-place award came in the Magazines/Entertainment category for “Screenwriter Adrienne Armstrong Charged Through HOLLYWOOD” in 2019 Sourcebook Magazine. Excerpts: “‘Charles in Charge’ is a sitcom, and comedic writing is quite difficult. It takes creative insight and a special touch. Armstrong has it.”

A second-place award was granted to Taylor in the Magazines/Education category for “DeLuz Schoolhouse – Still Vital After All These Years” in 2019 Sourcebook Magazine. The story highlights the school and teacher, Scott Gordon. Excerpts: “At times, the tactile journeys involve grinding acorns like the Luiseños. Acorn dust powders the air as determined workers pound the acorns with stones...The DeLuz Ecology Center learning experience seems more like a field trip – and that field trip excitement is manifested in the faces and voices of the students.”

In the Review/Restaurant category, Taylor took second for, “Yama’s Sushi and Other Bold Culinary Creations” in Village News, Nov. 30, 2018. An excerpt: “Eel sauce drizzled on the top seeps marvelously between the slices of avocado. Bright orange masago (smelt caviar) and green onions crown the creation and make the flavors pop...Delicate

wisps of red beets and white turnips add flavor and brighten the plate. All of these components meld to create a definite taste explosion.”

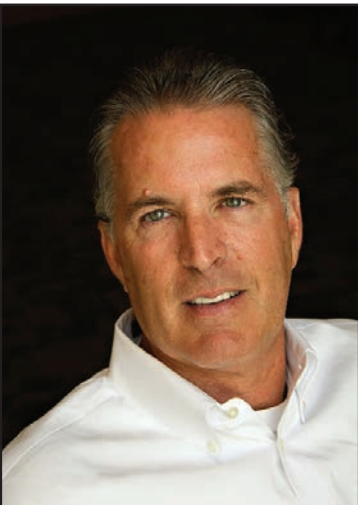
Taylor took both second and third place in the Review/Live Performance category. “Strawberry Alarm Clock Rings Out at the San Diego County Fair” in Village News, July 19, 2018, was her second-place story. Excerpts: “As a ninth grader, ‘Incense and Peppermints,’ mesmerized me...the cleverly blended instrumental sounds and the poetical quality of the lyrics drew me...its slight eerie quality was stirring.”

“Frankie Avalon Still a Crooner” in Village News, July 26, 2018, was the writer’s third-place award in the Review/Live Performance category. Excerpts: “As he entertained the crowd, Frankie Avalon was upbeat, delightful and energetic. He was a ray of sunshine in the already sunny San Diego air.”

Taylor, who holds a bachelor’s degree in English from California State Polytechnic University San Luis Obispo, was seated on the Alumni Advisory Board for the university’s College of Liberal Arts from 2011 to 2018. Since 2015, she has been a San Diego Press Club Honorary Committee member. Taylor has been a Village News affiliate since 2003 and writes freelance through her business, Krona Publications.

Submitted by Krona Publications.

## Honoring our veterans



Dr. Rick Koole  
LifePointe Church

One of the distinctions of the Fallbrook community is the number of military veterans living in our midst. As the nation prepares to celebrate Veterans Day Nov. 11, I thought it appropriate to share the following article by Katie Lange which is posted on the Department of Defense website.

She listed five facts Americans should know about Veterans Day.

Veterans Day does not have an apostrophe.

A lot of people think it’s “Veteran’s Day” or “Veterans’ Day,” but they’re wrong. The holiday is not a day that “belongs” to one veteran or multiple veterans, which is what an apostrophe implies. It’s a day for honoring all veterans – so no apostrophe needed.

Veterans Day is not the same as Memorial Day.

A lot of Americans get this confused, and I’ll be honest – it can be a little annoying to all of the living veterans out there.

Memorial Day is a time to remember those who gave their lives for our country, particularly in battle or from wounds they suffered in battle. Veterans Day honors all of those who have served the country in war or peace – dead or alive – although it’s largely intended to thank living veterans for their sacrifices.

The day was originally called Armistice Day, commemorating the end of World War I.

World War I officially ended when the Treaty of Versailles was signed June 28, 1919. However, the fighting ended about seven months before that when the Allies and Germany put into effect an armistice on the 11th hour of the 11th day of the 11th month.

For that reason, Nov. 11, 1918, was largely considered the end of “the war to end all wars” and dubbed Armistice Day. In 1926, Congress officially recognized it as the end of the war, and in 1938, it became an official holiday primarily set aside to honor veterans of World War I.

But then World War II and the Korean War happened, so beginning June 1, 1954, at the urging of veterans’ service organizations, Congress amended the commemoration yet again by changing the word “armistice” to “veterans” so the day would honor American veterans of all wars.

For a while, Veterans Day’s date was changed too, and it confused everybody.

Congress signed the Uniform Holiday Bill in 1968 to ensure that a few federal holidays – Veterans Day included – would be celebrated on a Monday. Officials hoped it would spur travel and other family activities over a long weekend,

which would stimulate the economy.

For some inexplicable reason, the bill set Veterans Day commemorations for the fourth Monday of every October.

The first Veterans Day under this new bill was held Oct. 25, 1971. I’m not sure why it took three years to implement, but not surprisingly, there was a lot of confusion about the change and many states were unhappy, choosing to continue to recognize the day as they previously had – in November.

Within a few years, it became pretty apparent that most U.S. citizens wanted to celebrate Veterans Day Nov. 11, since it was a matter of historic and patriotic significance. So, Sept. 20, 1975, President Gerald Ford signed another law, Public Law 94-97, which returned the annual observance to its original date starting in 1978.

Other countries celebrate Veterans Day too, in their own ways.

World War I was a multinational effort, so it makes sense that our allies also wanted to celebrate their veterans Nov. 11. The name of the day and the types of commemorations differ, however.

Canada and Australia both call Nov. 11 “Remembrance Day.” Canada’s observance is pretty similar to our own, except that many of its citizens wear red poppy flowers to honor their war dead.

In Australia, the day is more akin to our Memorial Day. Great Britain calls it “Remembrance Day” too, but observes it on the Sunday closest to Nov. 11 with parades, services and two minutes of silence in London to honor those who lost their lives in war.

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**Seller will entertain offers between \$950,000 & \$1,100,000**

### Majestic Views



3680 HARMONY HILL, FALLBROOK

Off Olive Hill Rd you'll find this contemporary home with majestic 180° oak studded mountain views to the NE. Modern color story of grays and whites are carried inside and out. The chef's kitchen has an open concept and features stainless appliances, quartz counters and wood block island. The family room enjoys vaulted ruff-hewn ceilings with masonry fireplace. Energy efficient LED lighting throughout. Downstairs the game room boasts outlets for 5 flat screens and 1BD apt featuring separate access, full kitchen, living room, ensuite bath. Seller owned solar. Horses OK.

**Seller will entertain offers between \$950,000 & \$1,100,000**

### Romantic Country Estate



3742 FOXGLOVE LANE, FALLBROOK

Nestled in the hills of Fallbrook off of Wilt Road and Pala Mesa Drive is where you'll find this 2,650 sf custom estate with 3BD, 3.5BA, 3 car garage and detached artist studio. This home is located on 5.74 lush natural acres and provides wonderful privacy and serenity. The Artist studio can easily become an ADU with new county fast track program and waived permit fees. Every inch of this property has been lovingly maintained. An artistic eye for design has been applied to the home and the grounds. This is truly a one of a kind property, and it should be yours.

**Seller will entertain offers between \$795,000 & \$875,000**

### Panoramic Views



30652 ROADRUNNER RIDGE, VALLEY CENTER

1st time on the market! Custom built home with panoramic views and cooling gentle breezes. Privately located on 2.11 acres, yet only 7 minutes to I-15. Featuring lush landscaping, this quality country home boasts hardwood floors, solid wood cabinetry, reclaimed brick accents, spacious rooms and lots of windows to take in the views. Master has ensuite bath w/sep soaking tub and walk-in shower. Kitchen boasts eat-in nook, breakfast bar & large pantry. 40' X 24' barn boasts large roll up door for RV and workshop area. 2167 SF, 3 BR, 2.5 BA, 3 car garage. Zoned for horses and farm animals.

**Seller will entertain offers between \$625,000 & \$700,000**

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with Multiple Offers AND  
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2317 HARVEST VISTA LANE, FALLBROOK

Down a private street off of Winter Haven is where you'll find this 2,748 sf Michael Crews 4BD, 3BA home w/3 car garage including built in cabinetry, gated RV parking & solar! Home features 2 wood burning gas fireplaces in the master suite and family room. Luxurious cherry-wood cabinetry throughout. The open concept kitchen boasts stainless appliances, granite counters, island gas cooktop and bar height seating. In the backyard you'll find the private oasis featuring custom pool and spa.

**Seller will entertain offers between  
~~\$715,000 & \$785,000~~  
SOLD FOR \$852,134**

**In Escrow**

1109 RIVERVIEW DR, FALLBROOK

Incredible first time home buyer, multi-generational family or investor opportunity. All with attached 2 car garage. The interior lives like two separate homes, with 2 bedrooms, 2 baths, living and kitchen on first floor. Lower level has a bedroom, full bath, living area and enclosed patio, with separate entry. It has been beautifully updated. Wrap around deck takes in the lovely views. Fenced in interior yard and fully fenced perimeter fencing. Horses OK. Plant some vines, build a workshop, bring your dreams. Fantastic neighborhood.

**Seller will entertain offers between  
\$495,000 & \$575,000**

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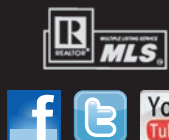
Move-in ready with many upgrades including owned home and pool solar. The 3,662 sqft floor plan consists of 3BD plus an executive office with 2.5BA Large, gourmet kitchen, family room, formal dining room and living room. Backyard ideal for relaxing and entertaining. The property is located at the end of a cul-de-sac and is fully fenced with electric gate entry.

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## Trunks provide treats



Evelyn, 3, enjoys some candy after trunk-or-treating at Zion Lutheran Church and School, Oct. 31. Will Fritz photos



Trish Johnson and her daughter, Karissa Sokolowski, pose with their SUV that was decorated for Zion Lutheran Church and School's trunk-or-treat event.



This is one of the cars decorated for Zion Lutheran Church and School's trunk-or-treat event on Halloween.

## Fallbrook Public Utility District votes to renew agreement with paving contractor

Will Fritz  
Associate Editor

The Fallbrook Public Utility District Board of Directors voted to enter into a second-year contract renewal with Kirk Paving for road paving services provided to the district.

FPUD relies on the contractor to pave roads that must be dug into in order to fix things like broken water lines.

The district can do some paving work itself but is unable to pave areas larger than about 225 square feet. Even then, it so far has

been more economical to use a contractor, FPUD Executive Director Jack Bebee said.

"Paving expense even for these small jobs seems to be pretty high," he told the FPUD Board of Directors.

The renewal will allocate an amount not to exceed about \$208,000 for paving. The district can still choose to use some of that money to do its own paving work, and it may not actually use all that money. That \$208,000 amount is just about the rest of the money the district had set aside to pay for paving for this fiscal year,

Bebee said.

"We don't decide how much paving we want to do, the water lines decide for us," Bebee said. "But we seem to be about on track."

It is expected a new paving contract will be bid and awarded by July 2020, for the next fiscal year.

"This went through engineering operations and this is basically to get us through this fiscal year on the paving contract," Bebee told the board of directors.

The board voted unanimously to approve the contract renewal.

## Hernandez, Contreras, Regan medal at Kit Carson Invite

Joe Naiman  
Village News Correspondent

Three Fallbrook High School boys received medals for being among the top 40 in the Kit Carson Invitational cross-country meet's Teal Division varsity race Oct. 25 at Kit Carson Park in Escondido.

Fallbrook senior Josh Hernandez placed sixth among the 144 runners in the Teal Division varsity boys race, junior Danny Contreras was the 15th harrier across the finish line, and senior John Regan took 28th place.

"It went pretty well," Fallbrook head coach Marco Arias said.

The Warriors finished sixth among the 19 Teal Division schools which had the minimum five runners for a team score.

"One of the positives is that we ended up beating Valley Center and Escondido, but the negative is we ended up losing to San Pasqual," Arias said.

Fallbrook, Valley Center, Escondido, and San Pasqual are all in the Valley League as are Ramona (which spent the weekend at the Mt. SAC Invitational) and Mission Vista (which was in the Black Division at the Kit Carson Invitational). The formula for the league championship is based on positions at the two league cluster meets and at the league championship meet which will be held Nov. 15 at Kit Carson Park.

During the first league cluster meet Oct. 3 at Kit Carson Park a team score of 70 points placed Fallbrook second while San Pasqual had the winning score of 44 points.

"I think we can catch up and make a move toward the league title at the finals," Arias said.

The Kit Carson Invitational course was 3.05 miles.

"It was really hard conditions," Arias said. "It was hot, dry, dusty."

The winning time of 16:27.7 was posted by San Diego High

School senior Henry McClish. Hernandez finished in 17:17.6, Contreras took 17:35.6, and Regan completed the course in 17:59.5.

"Then we dropped off," Arias said.

Fallbrook's fourth finisher, senior Ricardo Martinez, placed 69th overall with a time of 19:19.2. Christian Goodell had a time of 19:22.1 to give the senior 72nd place. The time of senior Joe Bell was 20:08.0, which was worth 99th place. Ivan Ixta, who was Fallbrook's only sophomore in the race, became the 102nd finisher 20:13.4 after the race began.

Cross-country team scores add the positions of a school's first five finishers. The sixth and seventh runners are not scored but can add points to other teams' totals. Fallbrook accumulated 178 points at the Kit Carson Invitational. Fifth-place High Tech High San Diego had 177 points and seventh-place Sweetwater had 194 points.

### Medicare Open Enrollment is October 15 – December 7



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"We hired Mark Kirk to design and build our house and install the solar system. He agreed to work on a management fee basis and I saved quite a bit of money by going this route. By going this route, I paid actual cost for all of the materials and subcontractors. Towards the end of the job, I was feeling the pinch on the costs and opted to go with an electric water heater instead of the newer hybrid heat pump units, against Mark's better judgement, to save money. He pushed me hard to go with the hybrid unit, but I resisted and went ahead with the electric. Once we moved in to the house, it appeared we did not have enough solar. Mark kept saying it was that stupid electric water heater and after a while I began to investigate the kilowatts being used. The data on the water heater was hugely misleading. The electric water heater used X dollars in electricity based on a 14 cent per kilowatt, which is ancient history for SDG&E. Using the proper usage quantity and the proper cost per kilowatt, I came up with about 10 times the amount that the water heater said we would use in one year. It appeared, at that point, that I was going to end up about \$700.00 in the hole at the end of the year on my electric bill. I had to make a decision to add more solar panels or change out the water heater that was brand new. In the end, I chose to change out the water heater. Sure enough, the panels began keeping up with my usage the first month after the change out. I guess once in a while a consumer has to admit that his contractor was right. I love the new water heater. It performs amazingly well and is going to offset the extra \$700.00 I was going to pay as a result of the electric water heater. The hybrid is also all electric by the way. It just uses way less electricity and is considered the most efficient water heater on the market. We love our all electric house, we love our solar and we love our water heater. Mark did an excellent job on all and we recommend him for all of your contracting and solar needs."

– Greg & Jane Boillot, Fallbrook

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# Fallbrook Chamber of Commerce

Supporting Business and Building a Better Community

[www.fallbrookchamberofcommerce.org](http://www.fallbrookchamberofcommerce.org)

## Fallbrook Christmas Parade

38th Annual

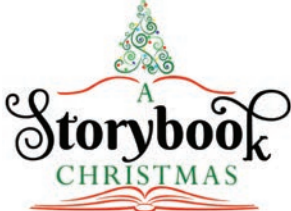
Saturday, December 7 at 5 pm  
Main Street, Downtown Fallbrook

Fallbrook's Annual Christmas Parade is the Chamber's gift to the community, as we come together to kick off the holiday season with this very special nighttime event.

The theme chosen for this year, and for the entire Christmas in the Village season is "A Storybook Christmas."

Longtime community volunteer Jack Wood will have the distinction of being the Grand Marshal.

For anyone wanting to participate, now is the time to enter. Applications to have an entry in this event will be taken until Wednesday, November 13 (less



than a week!), with a maximum of 100 entries being accepted, so **DON'T WAIT!** Entry fee is \$20 and application/entry forms are available on the website or in the Chamber office, located at 111 S. Main Avenue.

Sponsors and volunteers are also needed for this joyful, traditional holiday parade. Call 760-728-5845 for more information or to sponsor this event!

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### New Members

Please welcome these new businesses and individuals to our Chamber membership by introducing yourselves at one of our functions!

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### wine & a bite ART WALK

### December 13 HOLIDAY EDITION

5 - 8 pm  
Downtown Fallbrook

Don't miss our holiday Wine and A Bite Art Walk, which will take place on **Friday, December 13**. This is the holiday special edition with twelve festive venues offering a taste of wine, a bite of food and an artistic demonstration. Prices will be \$30

per person if purchased in advance. Designated Driver and Active Duty Military tickets will be \$15 per person. A maximum of 150 tickets will be sold. Tickets are on sale now through the Chamber website or you may stop in the office to purchase.

### This Month's SunUpper

Thurs., November 14  
8:00 - 9:00 am

Hosted by:  
**The Angel Society**  
1002 S. Main Avenue  
Fallbrook

### This Month's SunDowner

Weds., November 20  
5:30 - 7:00 pm

Hosted by:  
**Mission Resource Conservation District**  
130 E. Alvarado St., Fallbrook

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## October Events



Ribbon Cutting for new ownership at Sheri's Flowers



Ribbon Cutting for a new location for the Fallbrook Food Pantry



October Lunch Mob at Yama Sushi

## DINNER MOB

### Garden Center Cafe & Grill

1625 S. Mission Road • Fallbrook  
Thursday, November 7  
5:00 pm

RSVP is requested • Call 760-728-5845

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## WIN

Women in Networking

### A Jolly Good Holiday Gathering!

Wednesday, November 13  
5:00 - 8:00 pm

\$15 ~ incl. appetizers, dessert and a glass of wine

**RESERVATION AND PREPAYMENT REQUIRED**

## MEMBER SPOTLIGHT

Merrill Lynch Wealth Management

L to R: Merrill Lynch team members  
Jack Rutledge, Tiffany Saxon, Jon Frandell and Amber Smith

### Save the Date!

## Christmas of Giving

Open House

Wednesday  
December 11  
5:00 - 8:00 pm

Chamber of Commerce  
111 S. Main Avenue

Admission is a donation to one or more of the following charities:

**American Legion Post #776**

**Fallbrook Child Development Center**

**Fallbrook Woman's Club**

**Live Oak Dog Park**

Light appetizers will be provided

Cash bar available

### Holiday Events

## Postcard Now Available at the Chamber

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Information on this page is provided by the Fallbrook Chamber of Commerce.

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Dinosaurs, clowns and power rangers visit the community center



The costume contest judges' winning pick for 1-3 year olds is Colt Sears, the skeleton.



The clown portrayed by Aleyah Oliveri is named the winner for 4-6-year olds, with Emily Reboledo behind her.



Spiderman Miles David is the winner of the 7-8-year-old division of the Fallbrook Community Center's costume contest.



Joshua Savedra, the dinosaur, is the winner for best costume for 9-year-olds.



Seen at the jack-o'-lantern disc drop are, from left, Kaliana Adamczyk, mother Samantha Adamczyk, LaQuan Patrick and Grayson Legg, with lots of candy for the children to win.



Desi Rivera shows artistry in motion and an attention to detail at the rock painting table.



The Spin the Wheel game is run by Fallbrook Food Pantry volunteers Ted Zimmerman and Vi Dupre.



Father Edgar Dobar stands with daughter Kaylee Dobar who portrays "Audrey, daughter of Aurora" for Halloween.



Tommy Rader is one with his costume, which is called "Riding Rex."

Nancy Heins Glaser photos



Neighbors attending the Halloween party at the Fallbrook Community Center include, from left, Power Ranger Maylea Borkhaven, rainbow butterfly Allysa Lippiatt and father Bryan Witt, with Jasper Wilsey, the skeleton, and mother Reina Abeyta.



Alaina Hooper, dressed as Elsa from "Frozen," shows the correct form for candy corn bowling at the Fallbrook Community Center's Halloween party.



HEALTH & BEAUTY

Healthy Habits for Bonsall & Fallbrook Folks

Headaches – Disrupting the mind

Megan Johnson McCullough  
Special to Village News

Headaches are actually quite complicated, and there’s not always a simple answer when it comes to causality. That difficulty is why some people continue to suffer from chronic headaches.

There are different types of headaches, different reasons why they happen and different types of treatments. The complexity of a headache lies in the fact that there are over 150 types.

The most common types of headaches include the following:

1. Migraines: This pounding and throbbing pain can last for 3-4 hours or longer. They can also happen up to four times or more per month. A person becomes sensitive to light, might feel nauseous, lose their appetite or become very sensitive to smells.
2. Tension headaches: This most common type of headache can cause mild to moderate pain and will go away over time.
3. Cluster headache: These are most severe type of headache. They tend to happen in groups, hence the name. They can happen multiple times per day and last anywhere from 15 minutes to three hours. The person might feel a piercing pain behind one eye with constant throbbing and pounding.
4. Sinus headaches: The person feels a throbbing in their cheeks, bridge of the nose and forehead. The person typically also has a runny nose, clogged ears and a fever. Their sinus cavities have become inflamed.
5. Chronic daily headaches: This type of headache can last 15 days

or more. Sometimes they are short, and sometimes they can last 4 or more hours.

There are other types of headaches that are less common, but that doesn’t downplay their disruption to someone’s day. Exercise can cause headaches because the muscles in the head and neck and surrounding area need more blood. This increased blood pressure can cause a pulsing pain.

Post-traumatic headaches can also occur even up to two to three days after a head injury. Hemicrania continua is an ongoing headache that usually affect the same side of the face and head. Hormone headaches can occur as the hormones are shifting during menstruation or menopause.

Many migraine sufferers have become frustrated trying the various treatment options; however, there are some rather new treatment options one might consider and may not have yet tried.

1. Cefaly is an electrical stimulation device approved by the Food and Drug Administration that patients wear across the head like a head band. It can be worn once daily for 20 minutes.
2. Botox: About every 12 weeks, the person receives injections near the head and neck. In about two weeks, improvement should take place.
3. Mild anesthesia: SPG or sphenopalatine ganglion is an FDA procedure that numbs the nerve cells behind the nose. The trigeminal nerve is linked to headaches and can be blocked.
4. Counseling: There are



There are many causes of and treatments for headaches. Kathy Magerkurth photo

different approaches including acceptance and commitment therapy and mindfulness-based therapy that focus on being aware of the body and accepting migraine pain.

5. CRGP inhibitors: These are a new class of drugs that block the calcitonin gene-related peptide which causes migraine pain. This treatment can be self-injected once per month.

The brain becomes overwhelmed by different signals coming from the blood vessels and nerves.

Couple these variables with illness, stress, genetics and environmental changes and headache suffers become at high risk for a headache.

To this day, doctors still do not know what exactly causes a migraine, making treatment difficult. Doctors might suggest a CT or MRI. Treatment depends on headache type, cause and how often.

There are of course over-the-counter and prescribed medications or they might suggest seeking help for stress management or using electronic medical devices.

Headaches cause trouble for many people, and finding the solution for help can be frustrating. Pressure is always difficult, especially to the head. Be patient and over time solutions may be found to keep headaches at bay.

Megan Johnson McCullough holds a master’s degree in physical education and health science, is a candidate for her doctorate, is a professional natural bodybuilder and is a National Academy of Sports Medicine master trainer.

Eating for better mental health

**American Counseling Association**

There is a growing body of research showing that the dietary choices we make each day affect not only our physical bodies (yes, that beer belly didn’t just happen by itself) but can also play an important role in our mental health.

Most parents have probably observed what foods high in sugar sometimes do to their children. And while studies have failed to find a definitive link between sugar and hyperactivity, most moms will tell you that their son or daughter seems more excited and active after eating a sugary snack.

The reason for that higher

activity level may not be as much physiological as psychological. Eating foods we like makes us feel better and most of us are genetically programmed to like sweet-tasting foods. This goes back to our ancient ancestors who learned that when veggies and fruits were sweet tasting they were ripe and safe to eat. Feeding kids treats that are high in sugar makes them feel good and happy, and usually also often more active.

Importantly, recent studies have found links between food choices and mental health for both children and adults. One large-scale study found that following a diet high in processed and sugary foods appeared to increase the risk for depression. When participants

followed a Mediterranean-style diet high in fruits, vegetables, and high fiber, low fat foods, there was a 25% to 35% reduction in the risk of depression.

Nutritionists advise paying attention to how various foods affect you specifically. If certain traditional meals leave you bloated and unhappy, you’ve probably made some poor dietary choices. Experts suggest making small dietary changes toward an overall diet that is now widely recognized as being healthier.

If you aren’t already eating at least five servings of fruits and vegetables each day, try adding one or two servings of these healthy foods to your daily diet. It can be especially effective and even easy

if you start by replacing one or two high fat or heavily processed foods. Fruits, vegetables, whole grains, nuts and legumes are just some of the foods that can leave you feeling and being physically healthier, while also contributing to good mental health.

There’s no magic diet that can insure good mental health, but a healthy diet is a good start to

improving physical health while also contributing to better mental and emotional health.

*Counseling Corner is provided by the American Counseling Association. Comments and questions to ACAcorner@ counseling.org or visit [www.counseling.org](http://www.counseling.org).*

Arch Health Medical Group earns highest honor for patient care

SAN DIEGO – Arch Health Medical Group has received the “Elite” designation, the highest level awarded, for delivering high quality patient care during the past year. The America’s Physician Group, the leading association in the country representing physician organizations, awarded the designation based on Arch Health’s superior performance delivering risk-based, coordinated care throughout the year.

“Arch Health physicians work hard every day to provide patients the best care they can hope for,” Ken Lester, executive director of Arch Health, said. “While the Elite designation indicates a level of excellence, we believe in continued greatness for our patients, enhancing their ‘care for a lifetime.’”

The Elite designation is part of APG’s Standards of Excellence program that promotes accountability and maintaining

high standards of delivering risk-based, coordinated care. The survey is offered to more than 300 APG members in 44 states, the District of Columbia and Puerto Rico.

“Those physician organizations, who see the value of the Standards of Excellence survey, understand it takes commitment, vision and leadership to execute on delivering sustained value to their patients,” Dr. Amy Nguyen Howell, APG’s chief medical officer, said.

Arch Health Medical Group is a multispecialty, not-for-profit health care organization and an affiliate of Palomar Health. It is based in San Diego County with more than 90 providers and 300 employees, serving nearly 80,000 patients in Poway, Rancho Penasquitos, Escondido, Ramona and Valley Center. For more information, visit [www.archhealth.org](http://www.archhealth.org).

*Submitted by Arch Health Medical Group.*

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# How reproductive history can affect breast cancer risk

FALLBROOK – Various factors can contribute to the development of breast cancer. Many women may not be aware that their own reproductive history could be affecting their risk.

Data published by Frontiers Research: Oncology, which has culled information from the Metastasis Research Library, School of Cancer Medicine and Robinson Research Institute, among other medical groups in Australia, indicated that there is a correlation between the amount of reproductive estrogen present in a woman’s body and her chances of developing breast cancer.

There is evidence that women who either enter menarche at a young age or cease menstruation at a later age, have an increased risk for breast cancer. Fluctuating estrogen and progesterone during menstrual cycles can affect mammary epithelial cells, immune cells and the extracellular

matrix, according to a 2011 study titled “The immune hallmarks of cancer,” that was published in the journal Immunotherapy.

The Centers for Disease Control and Prevention said women who had early menstrual periods, before age 12, or those who started menopause after age 55 are exposed to estrogen longer, increasing their risk of getting breast cancer. Susan G. Komen Foundation advised that, according to a pooled analysis of data from more than 400,000 women, for every year older a woman was at menopause, her breast cancer risk increased about 3%.

Before menopause, estrogen in the bloodstream is largely caused by the production of estrogen in the ovaries. After menopause, when the ovaries stop producing estrogen naturally, estrogen can be produced by stores in body fat. Women who have a higher concentration of body fat or are

largely sedentary may have higher levels of estrogen, which affects their cancer risk.

Conversely, although reproductive hormones are elevated during pregnancy, having children helps reduce breast cancer risk over time. Data published in the Lancet in 2002 reveals after a transient increase in risk for breast cancer, peaking at about five years after giving birth, having at least one child is associated with a decrease in the long-term risk of developing breast cancer compared with the risk among women who never had children. This protective effect increases with number of children had; each birth reduces the relative risk of breast cancer by about 7%.

Reproductive history is another consideration in breast cancer development. Women can speak to their gynecologists if they suspect a high risk due to estrogen exposure.



Many women may not be aware that their own reproductive history could be affecting their risk. Courtesy photo

# County to add psychiatric beds, strengthen behavioral health services

**José A. Álvarez**  
San Diego County Communications Office

The San Diego County Board of Supervisors got an update on and voted to take the next step in immediate and long-term strategies to support San Diego residents in psychiatric crisis and to help prevent such incidents from occurring.

The central focus of these strategies is to engage in regional collaboration to strengthen behavioral health services in San Diego County, with a primary goal transforming them from crisis to chronic care.

One of the first steps is to make sure that people with psychiatric needs have access to services that are in the area where they live and are interwoven with their sources of social and family support. The second is to make sure that most behavioral health systems of care are interconnected so that they are seamless and sustained.

County experts highlighted specific investment plans on behavioral health hubs in the central and northern areas of the region.

The new hubs and network model are expected to reduce the number of emergency department visits and inpatient bed stays due to a psychiatric crisis and to reduce jail stays and homelessness. Some of the upcoming projects include:

In collaboration with University of California San Diego Health and Scripps Health, the county plans to open a 60-bed psychiatric facility in Hillcrest at a county-owned property on Third Avenue that has been vacant for years.

The county will also be working

with Palomar Medical Center in Escondido to open a psychiatric hospital operated by Palomar. The facility will include beds for use by people enrolled in Medi-Cal and a 16-chair crisis stabilization unit.

A crisis stabilization unit is also expected to open in Vista and another one in Oceanside at the county’s Live Well Health Center.

Enhanced inpatient psychiatric services for older adults in partnership with Alvarado Medical Center.

An agreement with Tri-City Medical center for a 16-bed psychiatric health facility in Oceanside.

A partnership with Rady Children’s Hospital is expected to increase crisis stabilization services for children in the region. Rady Children’s Hospital has seen an increase in emergency use in the past eight years, including youth experiencing mental and substance use disorders at the same time, a condition known as co-occurring disorders.

Another measure being considered is an expanded threat assessment and a School Safety Program that will provide non-crisis services, including specialized evaluation and treatment as well as training and education for students, their family and the school community.

Some long-term planning includes the creation of behavioral health hubs and networks in the east and south regions of the county.

Behavioral Health Conservatorship Pilot Program

The supervisors voted for the county to develop a



In collaboration with University of California San Diego Health and Scripps Health, the San Diego County plans to open a 60-bed psychiatric facility in Hillcrest at a county-owned property on Third Avenue that has been vacant for years. Courtesy photo

conservatorship procedure pilot program for people with serious mental illness who are not able to care for their health or their well-being. Recommendations for the program are expected to occur within a year.

The conservatorship pilot program is needed because even with programs like Laura’s Law and the In-Home Outreach Team, some people with co-occurring disorders may require additional assistance and intervention. State Senate Bill 40, recently signed into law by Gov. Gavin Newsom, allows certain counties to implement such pilot programs.

Update on Drug Medi-Cal

The supervisors also got an update on the county’s Drug Medi-Cal Organized Delivery System which went into effect during fiscal year 2018-2019.

The new system allows more people to access substance use disorder services. During its first year, more than 12,500 people were receiving outpatient and residential services, a 14% increase from the previous year.

The system also improved the quality of services by expanding network capacity and services, increased access and aligns with evidence-based practices

and standardized level of care assessment and enhanced care coordination.

Drug Medi-Cal has also resulted in the development of individualized action plans and access to advance funds specifically to build program capacity, resulting in a 42% increase in the number of facilities certified to bill the new system for services.

Now in its second year, drug Medi-Cal efforts will focus on achieving full-system capacity to increase outreach and engagement of people in need of substance use treatment and support services.



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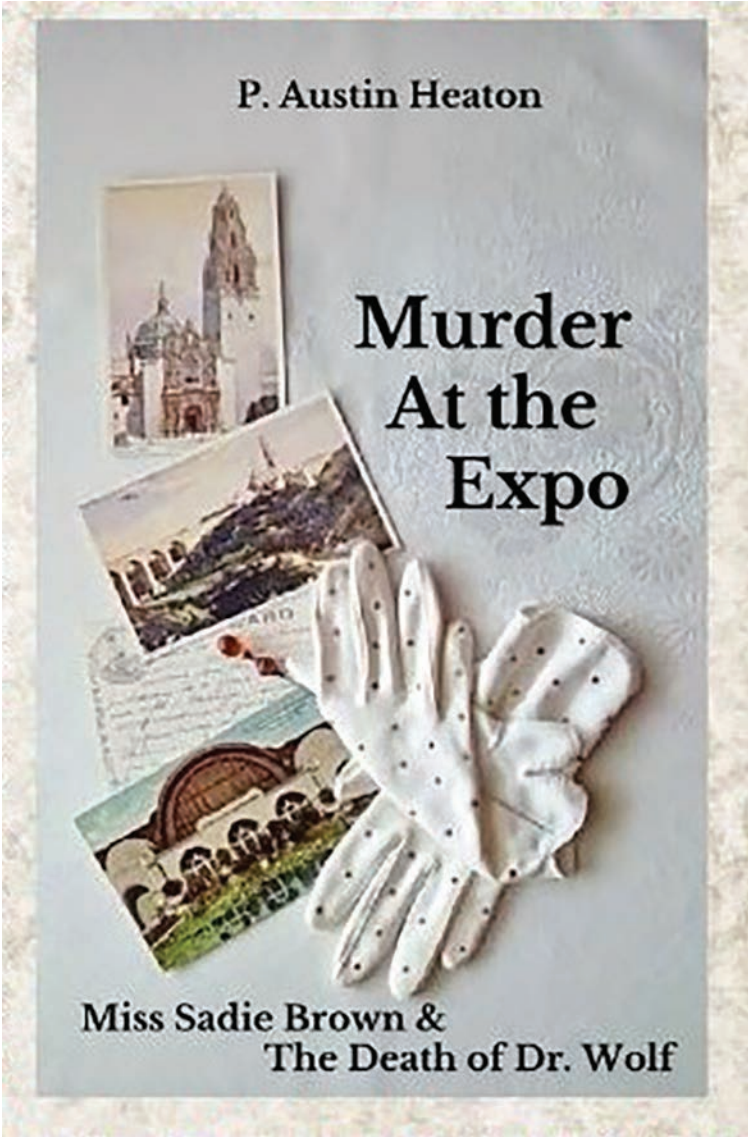
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ENTERTAINMENT

Heaton publishes local mystery



Courtesy photo

FALLBROOK – Fallbrook author P. Austin Heaton announced her new novel “Murder at the Expo: Miss Sadie Brown and the Death of Dr. Wolf” is a fun-filled but deadly romp through 1915 San Diego, Balboa Park, Fallbrook and other Southern California communities.

Familiar locations are used as backdrops for a story of murder, deception and history: the 1915 Exposition, Hotel Del, Los Angeles’s Chinatown, Santa Barbara’s silent film industry, Tijuana, Glenn Curtiss’ Flight School on North Island and more.

The novel is the first in a series and introduces Miss Sadie Brown, an aviatrix, newspaper columnist and undercover snoop. This determined Edwardian super sleuth’s exploits carry a story that’s tough to put down.

The novel begins with a bizarre murder and raises the first of many questions. It’s 1915 and the body of prominent surgeon Dr. Asa Wolf is found in the Botanical Lath House during the Panama-California Exposition.

Wolf was an upstanding physician and husband, but he hid some very dark and ugly secrets. The story follows Miss Brown as she unearths one clue after another, all of which point to the chilling fact that countless people wished Dr. Asa Wolf dead. “Murder at the Expo” will keep readers guessing. And the ending is a fiery conclusion they won’t soon forget.

Heaton invited all murder mystery readers to her book launch Wednesday, Nov. 13, from 1-2 p.m. and in the evening from 7-8 p.m. at 234 W. Kalmia St., Meeting Room 201, in Fallbrook. Parking is available on the street. The book will be for sale at a discount.

“Murder at the Expo” may be purchased on [www.amazon.com](http://www.amazon.com) and at The Shop Around the Corner, 127 N. Main Avenue, Suite C, in Fallbrook.

Submitted by P. Austin Heaton.

Library events include art, books and music in November

FALLBROOK – The Fallbrook Library will host many free events in November, including concerts, an adult art class and more.

**Monday, Nov. 11** – Closed for Veterans Day.

**Thursday, Nov. 14**, at 6 p.m. – Lecture: Barbara Greenbush will present the true story of America’s real warhorse, Staff Sgt. Reckless. With words and pictures, it follows this remarkable mare from her heroic service with the 5th Marine regiment during the Korean conflict through her years at U.S. Marine Corps Base Camp Pendleton. Sponsored by the Friends of the Fallbrook Library.

**Saturday, Nov. 16**, from 1-3 p.m. – Social Workers at the Library: Social workers will be on-site to help community members find local resources with mental health, housing and other community needs.

**Sunday, Nov. 17**, at 2 p.m. – Concert: Freaney & Friends will meet at a different day this month due to the Thanksgiving holiday closure. Freaney’s guests this month will be Presto Piano.

Presto’s mission is to bring serious pianists together to share classical piano music through performance. Supported by the Friends of the Fallbrook Library.

**Monday, Nov. 18**, from 1-2:30 p.m. – The Insight Book Club will meet to discuss Daniel Immerwahr’s novel “How to Hide an Empire” which tells the fascinating story of the United States outside of the U.S.. In crackling, fast-paced prose, he reveals forgotten episodes that cast American history in a new light. Sponsored by the Friends of the Fallbrook Library.

**Thursday, Nov. 21**, at 4 p.m. – Adult Art Class: Come enjoy a relaxing art session and create your own masterpiece. Attendees will be led through an acrylic paint instruction on canvas. Beverages will be provided. Space is limited and sign-up is required at the front desk or call (760) 731-4650.

**Thursday, Nov. 21**, at 7 p.m. – Concert: Dean Ratzman’s audience rapport, humorous twist and style of arrangements provides for a highly entertaining performance.

He is a smooth and talented solo performer who can easily replace a band, since he performs on piano, trumpet and trombone and sings. Sponsored by the Friends of the Fallbrook Library.

**Sunday, Nov. 24**, at 3 p.m. – Classical Sundays: Founded by two professional harpists, Duo Gliss “invented” this art form. Don’t miss an opportunity to hear this “one-of-a-kind” ensemble. Call (760) 451-8644. Sponsored by the Fallbrook Music Society.

**Thursday, Nov. 28, and Friday, Nov. 29** – Closed for Thanksgiving Holiday.

The Fallbrook Library is located at 124 S. Mission Road. For more information about these and additional scheduled activities, visit [www.sdcl.org](http://www.sdcl.org) or call (760) 731-4650. Visit [www.fallbrooklibraryfriends.org](http://www.fallbrooklibraryfriends.org) for Friends of the Fallbrook Library sponsored events.

Submitted by Friends of the Fallbrook Library.

Pala Casino to host charity tournaments to benefit military families

**Will Fritz**  
Associate Editor

Pala Casino Resort Spa plans to host two charity tournaments in November to benefit military families as part of the casino’s community outreach initiative, Pala Cares.

Pala will host the 10th annual No Limit Hold ‘em Charity Poker Tournament Saturday, Nov. 9. Proceeds will benefit Our Fallen Soldier, a nonprofit charity based at U.S. Marine Corps Base Camp Pendleton that monitors and helps active service families and those who have endured physical or mental wounds from combat.

The tournament, which has an entry fee of \$55, provides 5,000 starting chips and includes lunch, the resort casino said. Veterans and active service members can participate for free on a first-come, first serve basis.

Anyone who can’t participate can stake a veteran to play in their place, according to the resort casino; participants will compete for a tournament trophy bearing their name and a prize of \$1,000.

Registration begins at noon, Nov. 9.

The second event is a charity slot tournament which will benefit the Wounded Warrior Project, Monday, Nov. 11, two days after the poker tournament.

The Wounded Warrior Project is a charity that offers a variety of programs, services and events for combat-wounded veterans of post-9/11 conflicts.

The entry fee for the slot tournament is \$20, and it provides \$25 in free play to each entrant, according to Pala.

All guest-paid entry fees will be matched by the casino. Tournament players will have a chance to win a share of \$20,000 in added play prizes, including a top amount of \$10,000 of added plays.

Registration for the slot tournament starts at 3 p.m., Nov. 11, and tournament qualifiers start at 4 p.m.

To participate in the poker tournament, call Steve Campbell at (760) 912-3885 or email [steve.campbell@mwfinc.com](mailto:steve.campbell@mwfinc.com). More information can be found at [www.palacasino.com/casino/poker](http://www.palacasino.com/casino/poker).

To participate in the slot tournament of any other upcoming events at Pala, call the Pala Casino Special Events team at (760) 510-4555.

Will Fritz can be reached by email at [wfritz@reedermedia.com](mailto:wfritz@reedermedia.com).

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**for Ages 12 and up**  
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Instructor Approval required: call CAST office for audition appointment.

**Elementary Band with Kasey Jonesrebandt**  
**Wednesdays 3:30-4:30pm**  
**for Grades 4-6th**  
Registration: \$350 per student (15 week session)  
Instructor Approval required: call CAST office for audition appointment.

**Music Together with Jennifer Crow**  
**Saturdays 9:15-10:00am**  
**for Ages Birth-5 Years**  
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LEGALS

Fictitious Business Name

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9025363  
Name of Business  
**BONILLA'S PROFESSIONAL**  
727 Live Oak Dr., El Cajon, CA 92020  
County: San Diego  
This business is registered by the following:  
Brian Josué Lopez Bonilla, 727 Live Oak Dr., El Cajon, CA 92020  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name as of 10/18/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/18/19  
**LEGAL: 5139**  
**PUBLISHED: October 24, 31, November 7, 14, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9025593  
Name of Business  
**IMPRESSA INSURANCE SOLUTIONS**  
1187 Sea Larke Dr., Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Michael Carl Underseeth, 1187 Sea Larke Dr., Fallbrook, CA 92028  
This business is conducted by an Individual  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/22/19  
**LEGAL: 5140**  
**PUBLISHED: October 24, 31, November 7, 14, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9025479  
Name of Business  
**FALLBROOK JAZZERCISE**  
122 West Ash Street, Fallbrook, CA 92028  
Mailing address: 3970 Lake Circle Drive, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Lindsay Jones, 3970 Lake Circle Drive, Fallbrook, CA 92028  
This business is conducted by an Individual  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/21/19  
**LEGAL: 5141**  
**PUBLISHED: October 31, November 7, 14, 21, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9026000  
Name of Business  
**CABRERA'S CLEANING SERVICES**  
2648 Imperial Ave., San Diego, CA 92102  
County: San Diego  
This business is registered by the following:  
Rosario Flores Ayala, 2648 Imperial Ave., San Diego, CA 92102  
This business is conducted by an Individual  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/28/19  
**LEGAL: 5142**  
**PUBLISHED: October 31, November 7, 14, 21, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9024929  
Name of Business  
**HAHN PROFESSIONAL CONSULTING**  
1718 Tecalote Dr. #12, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Patrick James Hahn, 1718 Tecalote Dr. #12, Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name as of 06/01/96  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/11/19  
**LEGAL: 5143**  
**PUBLISHED: October 31, November 7, 14, 21, 2019**

Change of Name

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
**Case Number: 37-2019-00051840-CU-PT-CTL**  
**TO ALL INTERESTED PERSONS**  
**Petitioner:**  
**KING PLAYBOY GODLY**  
**Present Name:**  
**KING PLAYBOY GODLY**  
**Proposed Name:**  
**PUSSY PLAYER WIFE'S**  
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
**NOTICE OF HEARING**  
Date: Dec. 19, 2019 Time: 9:00 am Dept: 903  
The address of the court is 1100 Union Street, San Diego, CA 92101  
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News  
Date: 10-1-19 Signed: Peter C. Deddeh, Judge of the Superior Court.  
**LEGAL: 5148**  
**PUBLISHED: November 7, 14, 21, 28, 2019**

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
**Case Number: 37-2019-00056745-CU-PT-NC**  
**TO ALL INTERESTED PERSONS**  
**Petitioner:**  
**DEBRA ANNE JACKSON**  
**Present Name:**  
**DEBRA ANNE JACKSON**  
**Proposed Name:**  
**DEBBIE ANNE SELBY**  
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
**NOTICE OF HEARING**  
Date: 12/10/19 Time: 8:30 am Dept: 23  
The address of the court is 325 South Melrose Drive, Vista, California 92081  
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News  
Date: OCT 25 2019 Signed: Sim von Kalinowski, Judge of the Superior Court.  
**LEGAL: 5144**  
**PUBLISHED: October 31, November 7, 14, 21, 2019**

Fictitious Business Name

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9026010  
Name of Business  
**SPYGLASS HILL SERVICES**  
5119 Delaney Court, Carlsbad, CA 92008  
County: San Diego  
This business is registered by the following:  
Pacific Services Inc., 5119 Delaney Court, Carlsbad, CA 92008  
This business is conducted by a Corporation  
This Corporation is located in the state of CA  
Registrant first commenced to transact business under the above name as of 1/15/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/28/19  
**LEGAL: 5145**  
**PUBLISHED: November 7, 14, 21, 28, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9025929  
Name of Business  
**WRITERS RESIST PRESS**  
740 W. Fig Street, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
a. Kit-Bacon Gressitt, 740 W. Fig Street, Fallbrook, CA 92028  
b. Sara Lynn Marchant, 38720 Cary Road, Anza, CA 92539  
This business is conducted by a General Partnership  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/25/19  
**LEGAL: 5146**  
**PUBLISHED: November 7, 14, 21, 28, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9026674  
Name of Business  
**BLAZE SMOKE SHOP**  
4175 University Ave., San Diego, CA 92105  
County: San Diego  
This business is registered by the following:  
Enrique A. McMillan, 7022 Mewall Drive, San Diego, CA 92119  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name as of 11/1/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 11/04/19  
**LEGAL: 5147**  
**PUBLISHED: November 7, 14, 21, 28, 2019**

FALLBROOK COMMUNITY PLANNING GROUP  
PRELIMINARY AGENDAS FOR SUB-COMMITTEE MEETINGS

FALLBROOK COMMUNITY PLANNING GROUP will meet at Live Oak School, 1978 Reche Road, Fallbrook, CA 7 PM, Monday, 18 November 2019  
**Jim Russell, Chair 760-728-8081**

Land Use Committee will meet Tuesday, 12 November 2019 10AM at the Fallbrook Land Conservancy's Palomares House 1815 S. Stage Coach, Fallbrook. There will be a site tour. Meet at the Palomares House at 9:00 AM to car pool to the locations.  
1. Open Forum. Opportunity for members of the public to speak to the Land Use Committee on any matter within the committee's jurisdiction but not on today's agenda. Three minute limitation. Non-voting item. No discussion.  
2. Approval of the minutes of the last meeting.  
3. VAR 19-010 Luckey's Garage. Request for a reduction in the rear yard setback from 25 feet to 12.5 feet to accommodate a detached garage on the 4.19 acres at 3219 Toyon Heights Drive, 105-780-18. Owner Renata Hutak, renata.hutak@gmail.com. Applicant & contact person Jairo Vargas, 858-650-3130, Jairo.vargas@mtchell.com. County Planner David Cook, 858-505-6459, david.cook@sdcounty.ca.gov. Land Use Committee. Community input. Voting item (10/1)

VAR19-025 Request for a variance to reduce the front yard setback from 60ft to 30ft to preclude the need for the construction of a bridge to cross an onsite stream on the 11.85 acres located at 554 Stewart Canyon Road, APN 108-380-68. Owner CR Properties, Inc., 760-533-8860. Contact person Michael Robinson, 760-728-5350, jimerarchitect@gmail.com or merarchitect@gmail.com. County Planner, Lauren Yzaguirre, 858-495-5362, Lauren.Yzaguirre@sdcounty.ca.gov. Land Use Committee. Community input. Voting item (10/25)  
**Jack Wood, Chair 760-715-3359**

Circulation Committee will not meet Tuesday, 12 November 2019 2 PM at the Fallbrook Land Conservancy's Palomares House 1815 S. Stage Coach, Fallbrook.  
**Roy Moosa, Chair 760-723-1181**

Design Review Committee will not meet Wednesday, 13 November 2019 9:30 AM at the Fallbrook Sheriff's Station, 388 E. Alvarado.  
**Eileen Delaney, Chair 760-518-8888**

Parks and Recreation Committee will meet Wednesday, 13 November 2019 11:00 AM at the Fallbrook Sheriff's Station, 388 East Alvarado Street.

Open Forum. Opportunity for members of the public to speak to the Parks and Recreation Committee on any matter within the committee's jurisdiction but not on today's agenda. Three minute limitation. Non-voting item. No discussion.

Approval of the minutes of the last meeting.

This is a continuation of this item from the October meetings. Pursuant to Board Policy F-26: Utilization of Park Lands Dedication Ordinance Fees and a Sponsor Group to identify community recommendations for use of PLDO funds. The Department of Parks and Recreation (DPR) is seeking input from the Fallbrook community on the Park Lands Dedication Ordinance (PLDO) and Recreation Programming priorities for the Fallbrook Local Park Planning Area (LPPA). The Department of Parks and Recreation requests that the Fallbrook Community Planning Group recommend projects eligible for PLDO funding for 2019-2020. The most recent PLDO Priority Project List received from your group as of 9/17/18 is:  
1. Acquire park lands;  
2. Upgrade Live Oak Park with ADA exercise equipment;  
3. Additional bikeways and hiking pathways;  
4. Multi-use facilities including hiking/biking pathways and team sports courts, fields, etc. Additionally a list of recreational programing.

Fallbrook's current list is:  
1. Soccer facilities;  
2. Skateboard facilities;  
3. Hiking/Biking pathways in the community;  
4. Basketball and Volleyball courts.

County Planner Marcus Lubich, Senior Park Project Manager, 858-966-1348, Marcus.Lubich@sdcounty.ca.gov. Parks and Recreation Committee. Community input. Voting item.  
**Eileen Delaney, Chair 760-518-8888**

Public Facilities Committee will not meet Wednesday, 13 November 2019 1:00PM at the Fallbrook Sheriff's Station, 388 East Alvarado Street.  
**Roy Moosa, Chair 760-723-1181**

Published November 7, 2019

NOTICE OF SALE OF ABANDONED PERSONAL PROPERTY

NOTICE IS HEREBY GIVEN THAT PURSUANT TO SECTIONS 21701-21715 OF THE BUSINESS AND PROFESSIONAL CODE SECTION 2328 OF THE COMMERCIAL CODE SECTION 535 OF THE PENAL CODE TAYLOR SELF STORAGE 1200 EAST TAYLOR ST. VISTA CA 92084 WILL SELL BY COMPETITIVE BIDDING ON NOVEMBER 20 2019 AT 3:00 PM AUCTION TO BE HELD AT THE ABOVE ADDRESS, PROPERTY TO BE SOLD AS FOLLOWS:MISC GOODS, PERSONAL ITEMS, FURNITURE AND CLOTHING

MALLOREY HICKEY  
JANETTE YANEZ  
LILLINOI MARTINEZ  
JESSICA JONES  
DAVID ALVAREZ  
ESPERANZA ASCENCIO  
SHANDIE MENDEZ  
JESUS CASTRO  
MARTIN PADILLA  
JOSEPH BRYAN

Published October 31, November 7, 2019

Fictitious Business Name

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9024685  
Name of Business  
**FALLBROOK THE PLACE**  
201 North Main Avenue, Fallbrook, CA 92028  
Mailing address: 2938 Mackey Drive, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Fallbrook The Place, 201 North Main Avenue, Fallbrook, CA 92028  
This business is conducted by a Corporation  
This Corporation is located in the state of California  
Registrant first commenced to transact business under the above name as of 10/24/14  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/09/19  
**LEGAL: 5136**  
**PUBLISHED: October 17, 24, 31, November 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9023353  
Name of Business  
**FLUID AUDIO SOLUTIONS**  
4285 Clearview Drive, Carlsbad, CA 92008  
County: San Diego  
This business is registered by the following:  
Kevin Edward Zuccaro, 4285 Clearview Drive, Carlsbad, CA 92008  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name as of 01/01/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 09/23/19  
**LEGAL: 5137**  
**PUBLISHED: October 17, 24, 31, November 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9024885  
Name of Business  
**GRACE CREEKSIDE SPA**  
2809 S. Mission Rd. #A, Fallbrook, CA, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Yanhui Lee, 2139 Kirkcaldy Rd., Fallbrook, CA 92028  
This business is conducted by an Individual  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/11/19  
**LEGAL: 5138**  
**PUBLISHED: October 17, 24, 31, November 7, 2019**

T.S. No. 19-57602 APN: 175-305-07-00  
**NOTICE OF TRUSTEE'S SALE**  
**YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 12/26/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.**

A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale.

Trustor: **GREGORY M HOWARD AND TANYA I HOWARD, HUSBAND AND WIFE AS JOINT TENANTS**

Duly Appointed Trustee: ZBS Law, LLP fka Zieve, Brodnax & Steele, LLP Deed of Trust recorded 1/4/2007, as Instrument No. 2007-0005273, of Official Records in the office of the Recorder of San Diego County, California,  
Date of Sale: **11/18/2019** at 10:30 AM  
Place of Sale:  
AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY STATUE, 250 E. MAIN STREET, EL CAJON, CA 92020  
Estimated amount of unpaid balance and other charges: **\$207,928.10**  
Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt owed.

Street Address or other common designation of real property:

**185 OCEANVIEW DRIVE  
VISTA, California 92084**

Described as follows:

As more fully described on said Deed of Trust.

A.P.N. #: **175-305-07-00**

The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale.

**NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

**NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (714) 848-9272 or visit this Internet Web site [www.elitepostandpub.com](http://www.elitepostandpub.com), using the file number assigned to this case 19-57602. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale.

Dated: **10/11/2019** **ZBS Law, LLP fka Zieve, Brodnax & Steele, LLP, as Trustee**  
**30 Corporate Park, Suite 450**  
**Irvine, CA 92606**  
**For Non-Automated Sale Information, call: (714) 848-7920**  
**For Sale Information: (714) 848-9272 [www.elitepostandpub.com](http://www.elitepostandpub.com)**

**Michael Busby, Trustee Sale Officer**

This office is enforcing a security interest of your creditor. To the extent that your obligation has been discharged by a bankruptcy court or is subject to an automatic stay of bankruptcy, this notice is for informational purposes only and does not constitute a demand for payment or any attempt to collect such obligation. EPP 30146 10/24, 10/31, 11/7/2019.

CLASSIFIEDS

Business Opportunities

Home Income Tax Business For Sale:  
Home-based income tax business for sale. Call 951-225-5637

Garage Sales

Garage Sale Fallbrook 92028: 531 Georgine Road Morrow Hills Area in Fallbrook. Furniture, Artwork, clothing, misc. Sat Nov 9, 8 am - 3 pm Sun Nov 10, 8 am - 1 pm

Old military stuff bought: Buy old & not so old military stuff - all types & condition. Call or text Bob 760-450-8498 <http://militarypickers.com>

Jewelry

Lost Naval ring: My father served in the Korean War. His Navy ring fell off his finger this past week. It is a large rounded gold ring with a blue stone. The inscribed writing around the stone is worn down. It's very important to him. If found please call 559-786-0597

Real Estate - For Rent

Furnished Room in Murrieta For Rent:  
Furnished Room for Rent in Large Home in Murrieta \$900 per month.

Female Roommate wanted: Female Roommate Wanted. 951-225-5637

Looking for a room to Rent in Fallbrook  
Bonsall: 58-year-old Christian Woman, former Fallbrook resident, needs to rent a room in the Fallbrook or Bonsall Area. Please call 760-696-5900

Real Estate - For Sale

Commercial Real Estate For Sale or Lease: In the City of Perris, 3200 sq ft building on 1 acre for Sale or Lease. 951-490-1267

**WE WILL MISS OUR HOME IN FALLBROOK:** We have been happy in it, but we need more space for a returning family member, so we must move. If you like to be cozy by a fire, while you admire Maple trees and Palm trees through wide windows, protected from the street in a quiet cul-de-sac, with great neighbors. If you like a large fenced yard with fruit trees, shady in the summer, or a clear view of winter sunsets and quiet enough to hear frogs in the spring, you might like to buy our home. We hope so, we don't want it to be empty and alone at Christmas. Contact: Our Agent Julie @ 760-519-1296

Real Estate - Services

House Cleaning Services Needed:  
House cleaning needed. 951-225-5637

Services Offered

Wellspring Herbs and Vitamins:  
Offering a large selection of high quality Herbs and Herbal Combinations, Vitamins, CBD Oils, Salves and Capsules, Essential Oils, Homeopathic Remedies, Bach Flower Emotional Essences, Teas, Organic Lotions and Skin and Hair Care products, etc. We offer Nutritional Consultations with Iridology and Live-Cell Analysis. Come on in for a FREE Bio Scan. We are open from 10-5 Monday thru Friday and 10-4 on Saturday. We are located at 1223 S. Mission Ed. (Behind Pizza Hut)

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The Fallbrook/Bonsall

Village News

(760) 723-7319





APN: 102-660-15-00 TS No: CA07000354-19-1 TO No: 190745868-CA-VOI NOTICE OF TRUSTEE'S SALE (The above statement is made pursuant to CA Civil Code Section 2923.3(d) (1). The Summary will be provided to Trustor(s) and/or vested owner(s) only, pursuant to CA Civil Code Section 2923.3(d)(2).) YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED April 8, 2017. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On November 22, 2019 at 09:00 AM, Entrance of the East County Regional Center, East County Regional Center, 250 E. Main Street, El Cajon, CA 92020, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust recorded on April 11, 2017 as Instrument No. 2017-0162423, of official records in the Office of the Recorder of San Diego County, California, executed by JOSEPH M MOWRY JR, AND TAYLOR M MOWRY, HUSBAND AND WIFE, AS JOINT TENANTS, as Trustor(s), in favor of MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC., as Beneficiary, as nominee for PLAZA HOME MORTGAGE INC. as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 1029 RAINBOW VALLEY COURT, FALLBROOK, CA 92028 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$583,168.66 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call Auction.com at 800.280.2832 for information regarding the Trustee's Sale or visit the Internet Web site address [www.Auction.com](http://www.Auction.com) for information regarding the sale of this property, using the file number assigned to this case, CA07000354-19-1. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 10/10/2019 MTC Financial Inc. dba Trustee Corps TS No. CA07000354-19-1 17100 Gillette Ave Irvine, CA 92614 Phone:949-252-8300 TDD: 866-660-4288 Myron Ravelo, Authorized Signatory SALE INFORMATION CAN BE OBTAINED ONLINE AT [www.Auction.com](http://www.Auction.com) FOR AUTOMATED SALES INFORMATION PLEASE CALL: Auction.com at 800.280.2832 Trustee Corps may be acting as a debt collector attempting to collect a debt. Any information obtained may be used for that purpose. Order Number 65365, Pub Dates: 10/24/2019, 10/31/2019, 11/07/2019, VILLAGE NEWS

T.S. No. 19-0505-11 NOTICE OF TRUSTEE'S SALE NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED 注：本文件包含一个信息摘要 참고사항: 본 첨부 문서에 정보 요약서가 있습니다. NOTA: SE ADJUNTA UN RESUMEN DE LA INFORMACIÓN DE ESTE DOCUMENTO TALA: MAYROONG BUOD NG IMPORMASYON SA DOKUMENTONG ITO NA NAKALAKIP LUYU Y: KEM THEO ĐÂY LÀ BẢN TRÌNH BÀY TÓM LƯỢC VỀ THÔNG TIN TRONG TÀI LIỆU NÀY PLEASE NOTE THAT PURSUANT TO CIVIL CODE § 2923.3(d)(1) THE ABOVE STATEMENT IS REQUIRED TO APPEAR ON THIS DOCUMENT BUT PURSUANT TO CIVIL CODE § 2923.3(a) THE SUMMARY OF INFORMATION IS NOT REQUIRED TO BE RECORDED OR PUBLISHED AND THE SUMMARY OF INFORMATION NEED ONLY BE MAILED TO THE MORTGAGOR OR TRUSTOR. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 3/1/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: A. JOSEPH PERRY, AN UNMARRIED MAN Duly Appointed Trustee: The Wolf Firm, A Law Corporation Recorded 3/9/2007 as Instrument No. 2007-0164365 of Official Records in the office of the Recorder of San Diego County, California, Street Address or other common designation of real property: 342 SPRING CANYON WAY OCEANSIDE, CA 92057 A.P.N.: 158-740-28-00 Date of Sale: 11/25/2019 at 10:00 AM Place of Sale: At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 Amount of unpaid balance and other charges: \$461,841.75, estimated The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this Internet Web site [www.nationwideposting.com](http://www.nationwideposting.com), using the file number assigned to this case 19-0505-11. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 10/16/2019 The Wolf Firm, A Law Corporation 2955 Main Street, 2nd Floor Irvine, California 92614 Foreclosure Department (949) 720-9200 Sale Information Only: 916-939-0772 [www.nationwideposting.com](http://www.nationwideposting.com) Sindy Clements, Foreclosure Officer PLEASE BE ADVISED THAT THE WOLF FIRM MAY BE ACTING AS A DEBT COLLECTOR, ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION YOU PROVIDE MAY BE USED FOR THAT PURPOSE. NPP0362405 To: VILLAGE NEWS INC 10/31/2019, 11/07/2019, 11/14/2019

NOTICE OF TRUSTEE'S SALE UNDER DEED OF TRUST TITLE ORDER NUMBER: 1307315CAD LOAN: HGF 401K/0252 FILE: PFI-191330 A.P.N.: 149-100-37-00 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 02/15/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NOTICE is hereby given that PLACER FORECLOSURE, INC., as trustee, or successor trustee, or substituted trustee pursuant to the Deed of Trust executed by: OLAA CANTWELL AN UNMARRIED WOMAN AND PATRICK ANDREW BRYMER, A SINGLE MAN AS JOINT TENANTS Recorded 02/27/2007 as Instrument No. 2007-0133382 in book , page of Official Records in the office of the Recorder of SAN DIEGO County, California, and pursuant to the Notice of Default and Election to Sell thereunder recorded 7/15/2019 in Book, Page, as Instrument No. 2019-0282862 of said Official Records, WILL SELL on 11/18/2019 At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 at 10:00AM AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at the time of sale in lawful money of the United States), all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State hereinafter described: As more fully described on said Deed of Trust. The property address and other common designation, if any, of the real property described above is purported to be: 223 FOWLES STREET, OCEANSIDE, CA 92054 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown herein. Total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$217,109.26 In addition to cash, the trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. In the event tender other than cash is accepted the Trustee may withhold the issuance of the Trustee's Deed until funds become available to the payee or endorsee as a matter of right. Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to satisfy the indebtedness secured by said Deed, advances thereunder, with interest as provided therein, and the unpaid principal balance of the Note secured by said Deed with interest thereon as provided in said Note, fees, charges and expenses of the trustee and the trusts created by said Deed of Trust. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this Internet Web site [www.nationwideposting.com](http://www.nationwideposting.com), using the file number assigned to this case PFI-191330. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 10/17/2019 PLACER FORECLOSURE, INC., as said Trustee 12190 Herdal Drive, Suite 9 Auburn, California 95603 (530) 888-8411 By: SHANNON WINFORD, TRUSTEE SALE OFFICER DIRECTIONS MAY BE OBTAINED PURSUANT TO A WRITTEN REQUEST SUBMITTED TO THE BENEFICIARY C/O PLACER FORECLOSURE, INC., 12190 HERDAL DR., SUITE 9, AUBURN, CA 95603, WITHIN 10 DAYS OF THE FIRST PUBLICATION OF THIS NOTICE. PLACER FORECLOSURE, INC. IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. NPP0362487 To: VILLAGE NEWS INC 10/24/2019, 10/31/2019, 11/07/2019

NOTICE OF TRUSTEE'S SALE T.S. #: 02019-154 LOAN #: GSD00-0232-V APN #: 1635400700 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED AS SHOWN BELOW. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under the pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, interest thereon, fees, charges, and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be as set forth below. The amount may be greater on the day of sale. Trustor: JOHNNIE L. FORTUNE JR., AN UNMARRIED MAN Duly Appointed Trustee: GUILD ADMINISTRATION CORP., A CALIFORNIA CORPORATION Trust Deed Date: 08/30/2012 Recording Date: 08/31/2012 Instrument Number: 2012-0527275 Book: --- Page 29458 Recorded in County: SAN DIEGO State of CA Date and Time of Sale: 11/25/2019 at: 10:00AM Place of Sale: At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 Estimated Sale Amount: \$419,773.61 Legal Description of Property: AS MORE FULLY DESCRIBED ON SAID DEED OF TRUST. Street Address of Property (or Other Common Designation, if any): 804 CUESTA COURT, VISTA, CA 92083 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this Internet Web site [www.nationwideposting.com](http://www.nationwideposting.com), using the file number assigned to this case 02019-154. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 10/16/2019 GUILD ADMINISTRATION CORPORATION AS SAID TRUSTEE 5898 COPLEY DRIVE, SAN DIEGO, CA 92111 (858) 492-5890 BY: GAIL WINDUS, ASSISTANT SECRETARY NPP0362415 To: VILLAGE NEWS INC 10/31/2019, 11/07/2019, 11/14/2019

NOTICE OF TRUSTEE'S SALE. YOU ARE IN DEFAULT UNDER A NOTICE OF DELINQUENT ASSESSMENT. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Date of Sale: 12/02/2019 at 9:00 AM Place of Sale: AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY THE STATUE, 250 E. MAIN ST., EL CAJON, CA 92020 NOTICE is hereby given that First American Title Insurance Company, a Nebraska Corporation, 1 First American Way, Santa Ana, CA in care of: 400 S. Rampart Blvd, #290 Las Vegas, NV 89145 - Phone: (800) 251-8736, duly appointed Trustee under Notice of Delinquent Assessment ("NDA"), and pursuant to Notice of Default and Election to Sell ("NOD"), will sell at public auction for cash, lawful money of the United States of America, (a cashier's check payable to said Trustee drawn on a state or national bank, a state or federal credit union, or a state or federal savings and loan association, or savings bank as specified in section 5102 of the Financial Code and authorized to do business in this state) all right, title and interest now held under said NDA, to wit: Multiple Timeshare Estates as shown as Legal Description Variables on Schedule "1" (as described in the Declaration recorded on 08/02/2006 as Instrument No. 2006-0547090 as amended) located at 333 N Myers St, Oceanside, CA, 92054 with APN shown herein. The Trustee disclaims any liability for any incorrectness of the street address shown herein. All recording references contained herein and on Schedule "1" attached hereto are in the County of San Diego, California. Said sale will be made, without covenant or warranty, expressed or implied, as to title, possession, or encumbrances, to pay the remaining principal sum due under said NDA, plus accrued interest thereon to the date of sale, estimated fees, charges, as shown in sum due on Schedule "1" together with estimated expenses of the Trustee in the amount of \$600.00. The claimant, Oceanside Vacation Owners Association, Inc., a California nonprofit mutual benefit corporation, under NDA delivered to Trustee a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. First American Title Insurance Company, a Nebraska Corporation. APN: 147-075-08-00. Batch ID: Foreclosure HOA 92061-OP73-HOA. SCHEDULE "1": Lien Recording Date 07/30/2019 and Reference Inst: 20190311605. Contract No., Legal Description Variables, Owner(s), NOD Recording Date and Reference, Sum Due; 1031400211, POINTS: 210000; FREQUENCY: Annual; UNDIVIDED INTEREST: 210000/647452000, MARK S ROPI and PHYLLIS S ROPI, 07/31/2019, 2019-0316222, \$838.20; 410713192, POINTS: 189000; FREQUENCY: Annual; UNDIVIDED INTEREST: 189000/785316000, JUDITH CLINK and LOUIS THOMA, 07/31/2019, 2019-0316222, \$829.84; 540700572, POINTS: 168000; FREQUENCY: Even; UNDIVIDED INTEREST: 84000/647452000, HERB MORENO and MERLYN S MORENO, 07/31/2019, 2019-0316222, \$668.64; 580713352, POINTS: 168000; FREQUENCY: Even; UNDIVIDED INTEREST: 84000/785316000, MARYAM MUHAMMAD, 07/31/2019, 2019-0316222, \$636.09. Published 11/07/19, 11/14/19, 11/21/19





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Village News/Valley News/Reeder Media (VN/RM) have partnered with CardConnect after switching merchant services and saving hundreds of dollars a month with more flexibility and quicker funding.

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EDUCATION

Thomas Valles of Disney’s ‘McFarland, USA’ visits  
Bonsall West Elementary



Bonsall West student talks to Thomas Valles about cross-country

Christine Eastman  
Special to Village News

“Imagine being in a rowboat. The goal is to get across the river. Sometimes the current is with you and sometimes it’s not. You have to use those oars to make it across and it’s going to get hard. But you have to do something or else you go backward and get in trouble.” That’s what cross-country legend Thomas Valles of Disney’s “McFarland, USA” told hundreds of star-struck children at Bonsall West Elementary Oct. 28.

This was no ordinary motivational speech. This was an intimate visit from a celebrity who broke barriers to help his team win the first ever California CIF Championship in 1987.

To say the least, any team that came out of McFarland was the underdog and would be the last to be expected to place – let alone win – any type of tournament. Yet this would be the first of McFarland’s nine CIF Championship wins after the long-defunct cross-country program was resurrected by McFarland High School’s famous Coach White, portrayed by Kevin Costner in the 2015 movie release.

Valles, the fastest runner of the McFarland High School Cougars with a stunning mile time of 4:18, kicked off the event with a private screening of “McFarland, USA” at Bonsall West Oct. 27.

Cross-country athletes were invited from surrounding schools to watch this true story come to life on the big screen. Oct. 2 was reserved for a motivational speech for Bonsall West children that had moms swatting tears away and children stretching their hands high in the sky waiting to ask Valles about life, running and lessons learned.

After graduating high school, Valles went on to serve 25 years as a California State Penitentiary correctional officer, where he actually ran back into a fellow teammate, Victor, who had gotten into trouble. He’s happy to report that Victor got out on good behavior and now leads a sober, productive life as an arborist in, yes, McFarland. Another cool nugget is that fellow running mate Johnny is now carrying the torch as McFarland Middle School’s PE teacher.

This ‘against all odds’ story speaks not only to all children, but

to children from disadvantaged backgrounds whose communities lack opportunity, have problems with gangs, drugs, alcohol and the like.

McFarland, California reflects North County’s agricultural heritage being a rural agricultural town located near Fresno where cotton, sugar beets and potatoes are farmed. It’s a place where parents are pickers and children are expected to run (literally) straight to the fields after school to help out. There are limited opportunities for things like travel sports clubs, ceramics classes, dance classes or music lessons. But there are many opportunities for hard work.

Valles himself openly told the audience of his upbringing in an impoverished home with an alcoholic father who abused his mother, a boy who had learning disabilities and says he became a serial drifter – bouncing back and forth between good influences like cross-country and gangs, drinking and thug life.

But that one constant in his life was Coach White, and Valles says of his commitment to remain in McFarland, “I’m still there because I want to be that one person for other children that Coach White was for me.” He continued, “Coach White was the first person I remember saying, ‘I’m proud of you.’”

Interesting fact: Coach White himself was never a runner, nor had he coached a team before. He had always been an administrator. So, he’d hop on his bicycle and ride alongside the boys while they ran.

So, how did this opportunity all come about? Bonsall West’s sixth grade math teacher Cesar Guzman happened to be in the area, stopped at McFarland High School, tagged his location on Facebook and it went straight to Valles. Next thing he knew the PTA was raising money to host Valles.

After a 20-minute Q&A, Valles autographed posters and left the children with a final piece of advice: “Remember, we are all capable of more than we think we are, whether it’s in the classroom or in life.” Then he got in his car and flogged back to McFarland to make his high school girls’ cross-country team practice at 5 p.m. and run 7 miles with them.



Thomas Valles takes questions from children at Bonsall West Elementary, Oct. 28. Christine Eastman photos

Palomar College Foundation’s Monster Dash raises over \$75,000



Participants run in costume to raise funds for the Palomar College Foundation in the Monster Dash, Oct. 19. Courtesy photo

SAN MARCOS – Hundreds of runners and walkers in costume raced through campus Saturday, Oct. 19, in the Palomar College Foundation’s second annual Monster Dash and Bash 5K Run/Walk.

The event raised more than \$75,000 to support Palomar College students through a variety of initiatives led by the foundation, including scholarships, emergency

grants and textbook support.

The morning “dash” – a route that took participants through the newly renovated Edwin and Frances Hunter Arboretum – was followed by a “bash” that included awards for the day’s best costumes, plus a variety of sponsor booths, a silent auction, a beer and mimosa garden, food trucks, face painting, photo booth and DJ.

“The second Monster Dash

and Bash was a huge success, in terms of money raised to support our students – but also in terms of fun and entertainment,” Stacy Rungaitis, executive director of the Palomar College Foundation, said. “Our participants had a great time for a good cause, and got to enjoy our beautiful campus in a fun and unique way.”

Submitted by the Palomar College Foundation.

Library continues children’s programs this month

FALLBROOK – The library continues its “Kids Afterschool STEAM” program Mondays at 4 p.m. The program is meant to enhance kindergarteners through fifth-graders knowledge of science, technology, engineering, art and mathematics.

Every Monday in November, children will learn and be entertained with a different STEAM activity: Nov. 18 – ‘E’ is for engineering and Nov. 25 – Science at work.

Teen Time will host programs Tuesdays at 4 p.m. in November, which are as follows: Nov. 12 –

Bullet Journals, Nov. 19 – Green Screen and Nov. 26 – Karaoke Night.

Teen Takeover will host events Saturdays in November at 3 p.m. They are Nov. 16 – Fuse Beads, Nov. 23 – Just Dance and Nov. 30 – Metal Stamping.

The programs are free so all children can enjoy the fun and educational events. For more information, call (760) 731-4650. The library is located at 124 S. Mission Road in Fallbrook.

Submitted by Friends of the Fallbrook Library.

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# Festival brings fall sights and smells to Bonsall



Cheerleader Marina Madrid works as a face painter at the Pop Warner table at Bonsall's Fall Festival.



Dried oranges, red peppers and bay leaves, along with a variety of potpourri by the cup, scent the air at Diane Miersch's booth. Lucette Moramarco photos



Succulents in reused containers are among the arrangements and other handmade offerings at the Bonsall Chamber of Commerce's Fall Festival.



Dyed dryer vent pumpkins are on display at the booth of Ruth Allen, left, and Jill Allen at the Fall Festival in Bonsall, Oct. 26.



Bonsall High School student Maddison Walsh concentrates on painting the cheek of Sage Hammes in the school's Fall Festival booth at the River Village Shopping Center.



Goats made from recycled oil drums are creative art for the garden made by Patti Humphreys and her partner. Other booths at the Bonsall Fall Festival offer wooden signs, candles, fleece blankets and makeup.



Bonsall High School students conduct the cake walk game with cupcakes for prizes at the Bonsall Chamber of Commerce's Fall Festival.



Iris Grootenhuys educates visitors on the best ways to recycle at the I Love A Clean San Diego booth. Other organizations represented at the festival include Fallbrook Regional Health District and the U.S. Census Bureau.



# REAL ESTATE AND HOME & GARDEN

## Storage and display opportunities in furniture, along walls and in hidden places

FALLBROOK – Finding more space to store and display all the “stuff” used for day-to-day living, as well as life’s pleasures, can be an adventure that ends with everything in its perfect place. Woodcraft can help you with a few ideas to kick-start your space hunt and then suggestions for tools and supplies to make your storage projects successful.

Small tables with enclosed storage underneath, chests and trunks that provide seating, benches with built-in storage, beds with built-in space underneath or in the headboard, and kitchen islands with concealed nooks are all options to manage “stuff.”

In the kitchen, add drawers to the space (toe-kick) beneath lower cabinets to store rarely used items. Shelving and bookcases, either built-in or freestanding/open or enclosed, will transform unused wall areas or sections of large closets into instant storage for a wide range of items.

Nooks cut out of the wall and covered by pictures offer one of many concealed storage options that also include nooks or drawers in the sides of enclosed staircases.

The ideas for storage and display projects are endless and can be found through internet searches and on Woodcraft.com in books like “Stanley Built-Ins & Storage” by David Schiff, in the Woodcraft blog, and in free videos and articles.

**Plan for painting up front**

“When choosing where to develop storage and display space, you have the opportunity to rethink the colors in rooms where changes will be made,” Woodcraft public



This travel trunk from the 1970s is now a reimagined family heirloom storage trunk that fits well into any room.

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relations manager and blogger Lori Harper said. “By using paint in building, buying or repurposing storage pieces, you can change or supplement an existing color palette.”

Woodcraft stocks a wide selection of finishing and paint products, including the versatile General Finishes Milk Paint, General Finishes Flat Out Flat Topcoat, Black Dog Salvage Furniture Paint, and Black Dog Salvage Guard Dog and Show Dog Topcoats.

industrial strength Grex 23-gauge Headless Pinner leaves only the tiniest of entry holes, making it ideally suited for finishing work, detailed woodworking, light wood assembly, decorative trim, dowel and joint pinning, and picture frame assembly.

To provide air pressure for the pinner, Rolair’s JC10PLUS Compressor is a good choice. The oil-less machine features a 1 HP, single-stage, two-cylinder motor/pump and a stainless-steel reed valve that runs on low RPM for optimum quiet operation.

Building drawers is easy with the Kreg Drawer Slide Jig that supports drawer boxes while mounting slides to the drawer. The jig works with ball-bearing, epoxy-coated, and undermount slides for perfect positioning every time.

Whether you’re boring shelf pin holes in a new entertainment center or adding adjustable shelving in an existing cabinet, the Kreg Shelf Pin Jig will help you get the job done quickly and accurately. The Kreg Cabinet Hardware Jig makes it easy to install knobs and pulls on

drawers and doors.

**Shortcuts & safety**

To save time when building drawers, check out the Ready-to-Use Prefinished Birch Drawer Sides at Woodcraft.

For some really made-to-order storage units, use WoodRiver Cubby Cube Connectors. Available in three configurations – cross-brackets, T-brackets or L-brackets – these handy connectors allow for quick and easy construction of multiple cube storage using 3¼”-thick material in any size you need.

Protect your ears while using power tools with ISOtunes Professional Noise Isolating Earbuds – OSHA-approved hearing protection and Bluetooth technology so you can connect to a smartphone and listen to music. If protection is all you need, consider the Pyramex BP 3000 Banded Earplugs.

To learn more about these and other products, visit your local Woodcraft store, call (800) 535-4482 or visit [www.Woodcraft.com](http://www.Woodcraft.com).

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## Supervisors direct MOU with NCTD and MTS on bus shelters

**Joe Naiman**  
Village News Correspondent

North County Transit District and Metropolitan Transit Service buses use county-maintained roads for some of their routes, and bus stop benches and shelters are also within county right of

way. A 5-0 San Diego County Board of Supervisors vote Oct. 29 directed county staff to enter a Memorandum of Understanding with NCTD and MTS to update the county policy regarding transit benches and shelters within county right of way.

Board of Supervisors Policy

J-31 addresses the placement of transit benches and shelters in county right of way. The policy includes requirements that the county’s Department of Public Works consider any community planning group of community sponsor group recommendation before issuing an encroachment permit for the bench or shelter and that the applicant obtain written responses from the community advisory group. The design must conform with DPW and adopted community standards and guidelines, and any advertising must comply with the restrictions in Policy J-31.

The current MTS administration expressed concern with the requirement to obtain written responses from community planning groups. The supervisors’ Oct. 29 action included waiving Policy J-31 to allow the Memorandum of Understanding to include conflicting provisions, although MTS as well as NCTD will still be required to notify the appropriate planning group and design review board before the installation of any new facilities.

“I think this is a really good effort,” Supervisor Dianne Jacob said.

The advertising restrictions of Policy J-31 limit a bus shelter to two signs and limit bus shelter advertisements to 6 feet in height and 4 feet in width. Bus bench advertisements are limited to 2 feet in height and 4 feet in width. If a private community organization provides a non-advertising transit bench at an authorized transit stop the county can prohibit advertising on that permitted bench. Policy J-31 also includes location, design, agency identification and insurance requirements.

Board policies are subject to periodic sunset review to determine if the policy should be maintained, modified or eliminated. Policy J-31 will be reviewed for potential updates before Dec. 31, 2020.

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# Supervisors authorize contract, funding for Don Dussault Park improvements

Joe Naiman  
Village News Correspondent

An Oct. 30 San Diego County Board of Supervisors action will result in new amenities to Don Dussault Park.

The 5-0 vote authorized the advertisement for bid and subsequent award of a construction contract for Phase II and Phase III of the Don Dussault Park improvements, appropriated \$300,000 for the Phase III portion of the amenities, and found the improvements to be categorically exempt from California Environmental Quality Act review.

“This action will provide the final stage,” Supervisor Jim Desmond said.

Don Dussault Park is a 3/4-acre recreational facility off Alturas Road near the intersection of Aviation Road. The planned improvements were divided into phases for funding reasons, and Phase I included the replacement of the children’s playground structure with one meeting Americans with Disabilities Act (ADA) standards, a new tot lot, a picnic shade pavilion, ADA-compliant parking stalls, ADA-accessible exercise stations placed intermittently along an ADA-accessible path, perimeter fencing, irrigation, picnic tables, a barbecue and a drinking fountain. Phase I was constructed in 2014.

Don Dussault Park is in what the U.S. Department of Housing and Urban Development (HUD) defines as a Neighborhood Revitalization Area, making it eligible for Community Development Block Grant Funding provided by HUD. CDBG projects are intended to revitalize lower-income communities. The county is given an annual allocation of CDBG funding for the unincorporated area, and proposals are selected or relegated to the alternative list based on criteria which include benefit to lower-income residents, health and safety considerations, the ability to leverage block grant funds into additional revenue, and availability of alternate funding

sources.

The county was given \$1,188,037 of Fiscal Year 2018-19 CDBG funding for the unincorporated area, and in April 2018 the supervisors approved the county’s annual funding plan including \$302,945 for Phase II improvements at Don Dussault Park. Phase II will include an adult outdoor exercise area, picnic areas with tables, a looped walkway meeting ADA standards and security lighting at the south end of the park.

Because Federal funding is involved, projects must undergo National Environmental Policy Act review as well as California Environmental Quality Act review. NEPA review can include a Finding of No Significant Impact.

On Jan. 9 the Board of Supervisors voted 4-0, with Greg Cox in Washington for a National Association of Counties meeting, to appropriate \$285,000 of CDBG revenue for the Phase II design and construction phases, which allowed for the completion of the design work, and found the design to be categorically exempt from California Environmental Quality Act review. The Jan. 9 approval noted that the county’s Department of Parks and Recreation would return to the supervisors with a request to issue a construction contract after the design and environmental analysis were completed.

A 5-0 Board of Supervisors vote April 9 approved the Fiscal Year 2019-20 CDBG plan and authorized the acceptance of the funds expected to be awarded. The allocations included \$303,120 for Phase III of Don Dussault Park. Phase III will include a playground structure for children between the ages of 5 and 12, perimeter fencing, additional paths meeting ADA standards, security lighting and landscaping.

The work on both Phase II and Phase III is expected to begin this winter and be completed in spring 2020.

“I look forward to the grand opening of the park,” Desmond said.

# How to care for rose bushes in November

Frank Brines  
ARS Master Consulting Rosarian

After experiencing a summer of high temperatures and currently fires, smoke, ash and Santa Ana winds, gardeners look forward to having some relief. The weather has moderated slightly, and along with the change comes cooler nights with more moisture collecting on leaves. This moisture with the daily accumulation of ash and small dust particles provides a great environment for mildew, rust and black spot on roses.

Black spot is the most common and important disease of roses and can be found everywhere roses grow. The disease does not kill the plant outright, but over time, the loss of leaves can weaken the plant making it more susceptible to other stresses and to winter damage.

It first develops on upper leaf surfaces, later adjacent areas turn yellow and leaves drop prematurely, usually beginning at the bottom of the plant progressing upward.

A potential “lookalike” disease is spot anthracnose or shot-hole disease; it is not a major problem unless temperatures are very hot, that is, too hot for black spot. Spots caused by black spot are fuzzy around the edges, then turn yellow and brown.

Spots caused by anthracnose are smooth edged and the centers turn gray and drop out. The treatment is the same, but if a fungicide is used, it must be labeled for black spot or anthracnose, whichever disease is being treated.

Fall brings warm days, cool nights, increased moisture and air dust particles. These conditions will ensure large colorful blossoms and the possibility of powdery mildew. One of the earliest signs will be slight purple splotches on the underside of leaves and white powdery spots on top and white powder on the peduncle or neck of the rose. A good fungicide will be needed and applied at the first sight of white appearing substance on the leaves.

Fall is a good time to check the pH of the soil. It should be between 6.0 and 6.5. Any reading below or above these levels will inhibit roses’ ability to use the nutrients in any fertilizer or soil amendment. Treating the pH problem now will give ample time for adjustments before spring pruning. The most likely result will be a low pH due to the acidifying effect of fertilizers.

Roses benefit from a good rinsing to remove accumulated dust. Be sure to keep moisture off the blossoms to prevent yet another fungal disease, Botrytis, which will appear as rot of blossoms and will usually prevent them from

opening.

In October, I included information about chilli thrips and pictures for identifying the problem they cause. Continue treatments for these micro pests. They attack new growth, buds and blooms. Left untreated, plants are stressed greatly, often shriveling the end buds or preventing bud formation.

The life cycle of chilli Thrips includes them falling to the ground and becoming a grub and reappearing when temperatures warm up next year.

If gardeners completed the light midseason pruning in September or October as suggested in an earlier article, they pruned out dead, crossing canes and thinned the middle of the plant. This pruning will improve air circulation through the bush and reduce possible fungal diseases.

The midseason pruning and fertilizing encourages a new blooming cycle. Feel free to cut some of early blooms now and take them inside for bouquets.

Gardeners may make a final application of fertilizer for the year before mid-November. Unless they plan to exhibit, I do not recommend fertilizing after mid-October. If a gardener chooses to do it, use a fertilizer lower in nitrogen and higher in phosphate and potassium (K); that is, if the fertilizer has an N-P-K number on it, the first digit will be lower than the other two. If it lacks an N-P-K, read the ingredients or ask a professional nursery person for guidance.

To explain: nitrogen encourages foliage growth – something gardeners will want to discourage as the plants go into their winter dormancy; phosphate helps build root structure and resistance to stressful conditions such as the cold at this time of year; potassium is a helper of phosphate and aids in bloom quality.

If a gardener applies an organic fertilizer, it will be readily available

when the soil warms, adding to the nutrients needed for that spring growth spurt. A liquid fertilizer as the last application will be readily available.

Remember to check the garden daily for any changes. Be sure to keep plants hydrated for best results. The cooler temperatures can be misleading. Roses still need to be watered, perhaps not as often.

Some people think Southern California lacks distinct seasons, but it does have seasons: they are only discerned by those with a more sophisticated palette. So, get out of the house and enjoy the subtle delights of the air, sun and the rich aroma of the magically misty fall weather.

The early morning and late afternoon sunlight across the pass is magical this time of year – it even makes the freeway seem a little bit romantic. For other venues that are available this time of year and may be of interest, check out <http://pswdroses.org/calendat.html>.

When it gets just a bit too nippy out there, start perusing rose catalogs, both printed and online, for that next “gotta have” rose variety.

The September/October America’s Rose Garden issue has a good section on some new or recent roses and other suggestions as where to look for more. Also, this time of year many nurseries and garden stores are liquidating their remaining inventory of potted roses – and you’re in luck because November is an ideal time to purchase and plant.

Make a list of new roses and go shopping. If a gardener plans to replace an old tired plant, prepare the area now for easier planting later.

For more ideas, visit Rose Haven Heritage Garden, 30592 Jedediah Smith Road, in Temecula. The cross street is Cabrillo Avenue. Also, visit [www.TemeculaValleyRoseSociety.org/index.html](http://www.TemeculaValleyRoseSociety.org/index.html).

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# Real Estate Round-Up: Community Benefit Program and your home's value



**Kim Murphy**  
*Murphy & Murphy Southern  
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When I was a child, my parents  
took care of everything for me.  
They not only fed me, but they  
made sure I had new clothes for  
school, took me to the doctor and  
dentist and even supported dance  
and piano lessons.

As I got older, they continued to  
support me. They paid for college  
tuition, my room and board and  
continued to pay for my clothing,  
trips to the doctor and dentist and  
my participation in my sorority  
and intramural sports.

When I graduated college, that  
life all came to an end. I was  
educated; I was an adult, and it was  
time for me to take care of myself.

Why am I sharing these very  
normal and ordinary facts of my  
life? Because I think my parents,  
like all parents, saw their support  
of me as a kind of paying it forward  
activity, with the goal of their  
love and support yielding to the  
development of an independent,  
able-bodied young woman, who  
was fully capable of taking care  
of herself and who would in time,  
pay it forward.

This thought might be a stretch,  
but if you truly think about it  
without any preconceived bias,  
the current caretakers of Fallbrook  
have been acting like our parents  
for such a long time that we have  
all come to take it for granted  
and presumed on their continued  
ability and generosity.

Back to my story, I fully  
understood that once I graduated  
college, my parents were done  
supporting me. But, if for example,  
all those things had been delivered  
to me via a secret elf, with me  
unaware of any sacrifice by my  
parents, I might have expected it  
to continue forever.

I might not have realized that  
there was an end to my parents'  
generosity and that I was going to  
have to take over. But there was  
no elf, and the free stuff came to  
an end.

I believe that this point is where  
things are at with the Community  
Benefits Program. I've read  
comments complaining about  
the \$5 per month commitment it  
would cost, which is why I am  
compelled to put it into context.

Everyone in Fallbrook pays  
nothing to anyone for keeping it  
graffiti or litter free. Everyone in  
Fallbrook pays nothing to anyone  
to maintain the flowering South  
Mission median, the charming  
potted plants, trees and park  
benches along Main Avenue,

the Railroad Heritage Square,  
the downtown Village Square,  
Palomares House, Art in Public  
Places or downtown lighting.

Everyone in Fallbrook pays  
nothing to anyone to maintain Los  
Jilgueros Preserve, Ingold Sports  
Park, Jackie Heyneman Park and  
Pico Promenade or the miles and  
miles of trails throughout our  
unincorporated area. Yet, we've  
become accustomed to the secret  
elves that fund the maintenance  
and provide the labor.

In what reality does this make  
sense? I don't know about you, but  
one of the big draws to Fallbrook  
is the charm of the town. Visitors  
feel like they went back in time.  
They love the charming downtown  
area; they like the drive into town  
up South Mission Road.

Many people return year after  
year to the same bed-and-breakfast  
that they rented previously and  
take advantage of our hiking trails  
and tranquil rural lifestyle. Many  
of those visitors become residents  
once they retire.

All the "free" enhancements  
increase the value of Fallbrook  
and our homes.

So, my question is, does  
maintaining what has been  
provided for so long for free  
seem worth keeping? If we were  
a city, our property taxes would  
be considerably higher than they  
currently are, so all these amenities  
would be paid for out of property  
tax dollars.

But we're not a city, so there is  
no financial arm to pay for these  
amenities unless we support the  
Community Benefits Program,  
even with its \$5 per month fee.

Consider one more thing. Some  
people have incorrectly stated that  
Fallbrook Public Utilities District  
has a financial benefit or incentive  
to administer the program. Nothing  
could be further from the truth.

FPUD has "latent power" that  
allows them to step in and help  
Fallbrook administer this program.  
The Community Benefits Program  
does not benefit FPUD; it benefits  
Fallbrook.

To put it in perspective, San  
Diego County was approached to  
administer the program, which  
they could do. The county wanted  
30% of the funds collected to pay  
for the administration. FPUD is  
taking nothing.

No matter how you feel about  
water fees and charges, FPUD  
would be doing a very nice thing  
for Fallbrook if they agree to  
administer the program.

Ask yourself: Are you still  
the kid or young adult who is  
expecting the secret elf to pay for  
everything you need or are you  
willing to give up the extra things  
that made your life interesting?

Or, are you ready to step up,  
be the young adult and take  
responsibility for maintaining the  
lifestyle you enjoyed and want to  
enjoy in the future?

Here's to the young adults of  
Fallbrook. It's great to meet you.

*Kim Murphy can be reached  
at [kim@murphy-realty.com](mailto:kim@murphy-realty.com) or  
(760) 415-9292 or at 130 N Main  
Avenue, in Fallbrook. Her broker  
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Founder/REALTOR  
DRE #01054284  
\*MLS data thru September 2019.  
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24 Country Glen,  
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3091 Via Montevina,  
Fallbrook **\$1,625,000**



2703 Via Rancheros,  
Fallbrook **\$1,399,000**



3562 Yucca Way,  
Fallbrook **\$1,999,900**



31432 Lake Vista,  
Bonsall **\$1,199,900**



5686 Lake Vista Dr,  
Bonsall **\$1,199,000**



4114 Tierra Vista,  
Bonsall **\$1,175,000**



3903 Limber Pine Rd,  
Fallbrook **\$1,150,000**



3921 Concordia,  
Fallbrook **\$1,150,000**



31338 Lake Vista,  
Bonsall **\$1,099,000**



3891 Wendi Ct,  
Fallbrook **\$1,050,000**



2181 Summer Bloom,  
Fallbrook **\$999,000-\$1,099,000**



2842 Lakemont,  
Fallbrook **\$950,000**



3847 Alta Vista,  
Fallbrook **\$899,900**



3006 Skycrest Dr,  
Fallbrook **\$775,000**



2082 Fuerte Street,  
Fallbrook **\$749,000**



1560 Vista Del Lago,  
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4927 Conejo Road,  
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1881 Oak Glade,  
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965 Morro Road,  
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1026 Ferrand Court,  
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1045 Funquest,  
Fallbrook **\$525,000**



Ridge Lot 6,  
Fallbrook **\$350,000**



6181 Villa Flora,  
Bonsall **\$1,595,000**



3307 Mendenaro Ct,  
Fallbrook **\$1,145,000**



3949 Wendi Court,  
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4055 Millagra Dr,  
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197 Morro Hills Rd,  
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5789 Lake Vista,  
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3617 Canonita Drive,  
Fallbrook **\$1,161,500**



414 N Tremont,  
Oceanside **\$1,064,644**



5606 Hidden Grove,  
Bonsall **\$980,000**



3890 Flowerwood,  
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1202 N Pacific 402B,  
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1608 Prince,  
Fallbrook **\$829,000**



1836 S Tremont,  
Oceanside **\$815,000**



169 Mission Oaks,  
Fallbrook **\$800,000**



2386 Via del Aquacate,  
Fallbrook **\$740,000**



974 Via Hillview,  
Fallbrook **\$700,000**



2923 Canonita Dr,  
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2855 Dos Lomas,  
Fallbrook **\$700,000**



1629 Crown Court,  
Fallbrook **\$685,000**



1144 Lydia,  
Fallbrook **\$639,000**



312 Spanish Spur,  
Fallbrook **\$615,000**



1755 Via Entrada,  
Fallbrook **\$599,000**



2449 Summerhill,  
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631 W Alvarado,  
Fallbrook **\$449,900**



1718 Woodlark Lane,  
Fallbrook **\$445,000**

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BUSINESS

What can investors learn from veterans?



Brian Schrock

Each year, Veterans Day allows us to show our respect for the sacrifices that military veterans have made for our country. But have you ever stopped to think about what lessons our veterans can teach us about how we conduct

various aspects of our lives? For example, consider the following traits and how they might apply to your actions as an investor:  
Perseverance – Even veterans who have not served in armed combat have had to persevere in challenging situations. The military life is not an easy one, as it often involves frequent moves, living in foreign countries, time away from loved ones, and so on. As an investor, in what ways do you need to show perseverance? For one thing, you’ll need to stick it out even in the face of volatile markets and short-term losses. And you’ll need the discipline to make investing a top priority throughout your life, even with all the other financial demands you face.  
Willingness to learn and adapt – During the course of their service, military veterans frequently need to learn new

skills for their deployments. Furthermore, living as they often do in foreign countries, they must adapt to new cultures and customs. When you invest, you’re learning new things, not only about changes in the economic environment and new investment opportunities, but also about yourself – your risk tolerance, your investment preferences, and your views about your ideal retirement lifestyle. Your ability to learn new investment behaviors and to adapt to changing circumstances can help determine your long-term success.  
Awareness of the “big picture” – All members of the military know that their individual duties, while perhaps highly specific, are nonetheless part of a much bigger picture – the security of their country. When you make an investment decision, it might

seem relatively minor, but each move you make should contribute to your larger goals – college for your children (or grandchildren), a comfortable retirement, a legacy for your family or any other objective. And if you can keep in mind that your actions are all designed to help you meet these types of goals, you will find it easier to stay focused on your long-term investment strategy and not overreact to negative events, such as market downturns.  
Sense of duty – It goes without saying that veterans and military personnel have felt, and still feel, a sense of duty. As an investor, you are trying to meet some personal goals, such as an enjoyable retirement lifestyle, but you, too, are acting with a sense of duty in some ways, because you’re also investing to help your family. There are the obvious goals, like

sending children to college or helping them start a business, but you’re also making their lives easier by maintaining your financial independence throughout your life, freeing them of potential financial burdens. This can be seen quite clearly when you take steps, such as purchasing long-term care insurance, to protect yourself from the potentially catastrophic costs of an extended nursing home stay.  
Military veterans have a lot to teach us in many activities of life – and investing is one of them. So, on Veterans Day, do what you can to honor our veterans and follow their behaviors as you chart your own financial future.

Edward Jones financial adviser Brian Schrock is located at 1434 S. Mission Road, Suite B, in Fallbrook. For more information, call (760) 731-3234.

Apply financial wisdom for college students



FALLBROOK – Is a son or daughter in the house heading off to college? If the answer is yes, it’s an exciting moment in that child’s life, but, financially, it can also be a paralyzing time if they do not have a principled approach for managing money. Out on their own for the first time, the student has an opportunity to sharpen their financial skills for


the future, but they are vulnerable to mistakes. Thankfully, regular chats about money can help get them on the right path. Here are some suggested financial topics to cover with a college-aged child.  
Discuss expected financial contributions. College costs have skyrocketed in recent years. Tuition, room and board, books and travel can readily exceed \$100,000 depending on what school the student attends. The family’s situation will dictate how they manage these costs. Students who carry some financial responsibility for their education tend to be more invested in the outcome. Before the child starts college, their parents should be clear about whether or not they are expected to share some of the costs and how much they need to contribute. If loans must be taken out for school, discuss who will be responsible for repayment after

graduation.  
Teach budgeting and spending. For many young adults, college is the first time they will be responsible for the expenses of daily living. Help the student create a realistic budget for campus life. Encourage smart decisions around discretionary spending. For example, it’s not uncommon for students with meal plans to eat out several times a week, but that’s an expense that can be avoided. Likewise, indulging in a latte or late-night pizza on a regular basis adds up over four years.  
Review risks to their financial reputation. Help the student see how their financial actions in college can affect their future. Some employers run credit checks on prospective employees, meaning if the child has debt or unpaid bills, it can adversely affect hiring decisions. Landlords and mortgage lenders also look at credit scores. So, talk to the child about how to use credit cards responsibly.  
Provide property protection. Most students bring a cellphone

and a laptop to school with them. They may have other valuables that would be costly to replace. College campuses are not immune from theft. Let the student know they need to be vigilant about keeping their personal possessions safe. Discuss whether rental insurance makes sense. It may provide the protection the student needs while at school.  
Practice daily account monitoring. Cell phones and laptops are not just for homework and social media. Help the student get in the habit of monitoring their bank account on their electronic devices. Daily check-ins can help students avoid overspending and spot fraud if it occurs. They also should take care to avoid using public or unsecured Wi-Fi when conducting financial activities online.  
Set up financial check-ins. Talk about how to discuss money matters while they are away at school. Set up weekly or monthly financial chats so parents can review expenses, reset expectations, adjust budgets

and so on. If problems arise, the family has a standing appointment to work things out. These conversations can help prepare the son or daughter for a relationship with a financial adviser. When the time is right, encourage them to find a professional who can help them set and achieve financial goals over a lifetime.  
Steve Rohde is a financial adviser with Ameriprise Financial Services Inc. in Fallbrook. He specializes in fee-based financial planning and asset management strategies. He can be contacted at (760) 645-3735, toll free at (833) 645-3755 and at 1114 S. Main St. in Fallbrook.  
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Boots to Business program reaches 100,000 participant milestone

SAN DIEGO – The U.S. Small Business Administration announced Wednesday, Oct. 30, that more than 100,000 current and aspiring veteran business owners have participated in the Boots to Business training course since the program began in January 2013.  
“The SBA is all about powering the American dream. This is no different for the veteran business community,” Larry Stubblefield, associate administrator with the Office of Veterans Business Development, said. “We are very proud of this monumental milestone and thank all of the resource partners who have worked so hard over the years to conduct this training for our military community.”  
The Boots to Business program provides entrepreneurial education and training to transitioning service members, veterans and military spouses including members of the National Guard and Reserve via the U.S. Department of Defense’s Transition Assistance Program.  
“The SBA San Diego District Office, in conjunction with the SoCal Veteran’s Business Outreach Center, conducted three two-day Boots to Business entrepreneurial training courses per month in fiscal years 2018 and 2019. Approximately 1,500 transitioning service members were assisted, from four local military bases including Camp Pendleton, 32nd Street Naval Base, Miramar Air Station and MCRD San Diego,” SBA District Director Ruben Garcia said. “Due to recent changes in legislation, we anticipate considerable increases in the number of transitioning service members taking the SBA’s Boots to Business entrepreneurial training program going forward.”

The program is administered as a collaborative effort between SBA district offices and resource partners, which include Veterans Business Outreach Centers, Women’s Business Centers, SCORE, America’s Small Business Development Centers and grant partners.  
Each year, SBA helps more than 200,000 veterans, service-disabled veterans, members of the National Guard and Reserve and military spouses start, grow and expand their businesses. Celebrate the veteran small business community during National Veterans Small Business Week, Nov. 4-8. To find an event, visit [www.sba.gov/vetbiz](http://www.sba.gov/vetbiz). To learn more about Boots to Business, visit [www.sbvets.force.com](http://www.sbvets.force.com).  
The U.S. Small Business Administration makes the American dream of business ownership a reality. It delivers services through an extensive network of SBA field offices and partnerships with public and private organizations. To learn more visit [www.sba.gov](http://www.sba.gov).  
Submitted by U.S. Small Business Administration.

Holiday Women in Networking event set for Nov. 13

FALLBROOK – Last year, the Fallbrook Chamber of Commerce introduced a new opportunity for business women in the community with events offered on a quarterly basis. The next Women in Networking event, “Hello Holidays – Join Us for a Jolly Good Time,” is scheduled for Wednesday, Nov. 13, from 5-8 p.m. at Brooktown Kitchen and Coffee.  
Brooktown is located on the

corner of Fig St. and Main Avenue in Historic Downtown Fallbrook. The cost is \$15 per person, which includes appetizers, dessert and a glass of wine.  
Networking activities are planned, and more goodies will be available for purchase. Contact the chamber to register at (760) 728-5845.  
Submitted by Fallbrook Chamber of Commerce.



# Secrets to making your home look like you hired a design pro

FALLBROOK – Photo spreads in home design magazines can be awe-inspiring. Quite often homeowners wish they could lift the looks right off the pages of magazines and transform their own homes into picture-perfect retreats.

It takes an eye for design to pull a room together – even with inspiration – and make it both functional and attractive. While hiring an interior designer is one way to go, homeowners can use some of the tricks and techniques the designers employ to do a remarkably good job of improving the interiors of their homes without such help.

**Embrace texture**

The colors used in a home can add impact, but designers often utilize various textures to create aesthetic appeal. A single-color scheme can be enhanced by various fabrics. Consider a leather sofa made more cozy with chenille pillows next to a rustic side table. Figure out ways to incorporate a few different textures to add depth to the room.

**Be careful with color**

Many high-end homes showcase neutral shades that are enhanced by pops of color. If you like a rich, royal purple, leave room for other colors as well. Add touches of purple in vases, throw pillows and other accessories.

Also, many designers work in shades of three for room colors. There may be one main color for walls, another color for larger

accents, such as couches and chairs, and then a third color that pops in accessories such as flowers, pillows and collectibles. These can be any colors, but the most muted tends to be the more abundant shade.

**Add a bit of bling**

Glittery items and metallics can add a touch of luxury feel to any space. A shiny table lamp, mirrors, a sparkling chandelier, and the like are easy ways to produce a high-end feel. Reflective surfaces also will cast light around the room, giving the illusion of a larger space.

**Choose a big statement piece**

Many homeowners make the mistake of filling a room with several small pieces of furniture that only contribute to clutter. Instead, look for a statement piece, which can be a cabinet, armoire or chaise. Mix and match large and small elements for a sense of balance.

**Accessorize**

Finish the room with accessories and flowers. When placing and hanging knickknacks and wall art, odd-numbered groupings often look the most cohesive and interesting. Experiment with different scales and heights for even more dimension.

When inspiration hits, take some cues from interior design pros to make spaces look like they belong on the pages of your favorite magazines.

# Reduce the grocery bill with these simple tips

FALLBROOK – Expenses for the average household can pile up quickly. One of the easiest ways to keep a budget in check is to focus on how much is being spent on food. Chances are grocery bills can be reduced dramatically without upsetting daily routines.

A 2012 Gallup Poll found the average American family spends \$151 a week on food. Cutting food costs often involves making smart choices. The following are some tips to help get started on the path to decreased food spending.

Make more meals at home. Although there are plenty of budget-friendly options at area restaurants, the average price for one meal enjoyed in a restaurant is still much more than the cost of cooking the same meal at home. Incorporate more home cooking into the mix and save.

Shop for sales. Rather than planning meals on a whim, let sales guide what the family eats each week.

Go mostly vegetarian. Meat tends to be more expensive than produce and grains. As a result, vegetarian-inspired meals provide an easy way for shoppers to trim their grocery bills.

Reduce ready-made options.

Convenience costs money, so anything that is premade, prepackaged or already sliced and diced is bound to cost more per unit than the same items that have not been prepared.

Use a list. The experts at the financial site The Simple Dollar said that making a list of items needed before setting foot in the store is a great way to stop impulse buys that can foil a budget. Only purchase the items that are on the shopping list.

Consider a discount grocer. Many people get hung up on brand names. But remember, the advertising costs for making those names known in households are passed on to consumers. Discount grocers like Fareway, Aldi, Price Rite and Lidl, for example, have many high-quality comparable goods at a fraction of brand-name prices. Plus, shopping these grocers' sale items helps shoppers save even more.

Use leftovers. Don't be wasteful with food. Practice portion control so the family is not wasting food and consume leftovers before they spoil.

Reducing grocery bills is a great and simple way to save money.

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# NATIONAL

## More than 450 Oklahoma inmates walking out of prison doors

**Sean Murphy**  
*The Associated Press*

More than 450 inmates walked out the doors of prisons across Oklahoma Monday, Nov. 4, as part of what state officials said is the largest single-day mass commutation in U.S. history.

The release of inmates, all with convictions for low-level drug and property crimes, resulted from a bill signed by new Republican Gov. Kevin Stitt. The bill retroactively applied misdemeanor sentences for simple drug possession and low-level property crimes that state voters approved in 2016.

Stitt has made reducing Oklahoma's highest-in-the-nation incarceration rate one of his top

priorities and has appointed reform-minded members to the state's Pardon and Parole Board.

Releasing the inmates will save Oklahoma an estimated \$11.9 million over the cost of continuing to keep them behind bars, according to the governor's office.

The board last week considered 814 cases and recommended 527 inmates for commutation. However, 65 are being held on detainers, leaving about 462 inmates who were released Monday.

"It feels amazing to be on the other side of the fence," Tess Harjo, a 28-year-old who was released Monday from the Eddie Warrior Correctional Center in Taft, Oklahoma, said.

Harjo was sentenced to 15 years

in prison after her Okmulgee County conviction in 2018 for possession of methamphetamines. She said she was surprised at the number of women she met in prison serving long sentences for drug crimes.

"I have met many women in here who came from a medium- or maximum-security prison who have already served 18 or more years," Harjo said. "It's ridiculous."

Steve Bickley, the new executive director of the Pardon and Parole Board, said Monday's release was the most on a single day, surpassing former President Barack Obama's 2017 commutation of the drug sentences of 330 federal prisoners on his last day in office.

## At least 9 US citizens die in cartel attack in north Mexico

**Mark Stevenson**  
*The Associated Press*

Drug cartel gunmen ambushed three SUVs along a dirt road, slaughtering at least six children and three women – all of them U.S. citizens living in northern Mexico – in a grisly attack that left one of their SUVs a burned-out, bullet-riddled hulk, authorities said Tuesday, Nov. 5.

Another child was wounded, and one was missing. The dead included six-month-old twins.

Mexican Security Secretary Alfonso Durazo said the attackers may have mistaken the group's large SUVs for those of rival gangs. He said at least five children were taken to Phoenix for treatment.

The group was attacked Monday while traveling in a convoy of three SUVs toward Pancho Villa, Chihuahua. The relative asked not to be named for fear of reprisals.

The relative said he had located the burned-out SUV containing the remains of his nephew's wife and her four children – the twin babies and two other children, 8 and 10. Authorities the Chevy Tahoe's gas tank had apparently been hit by gunfire and exploded.

"The mafia vehicles got her and four of her kids and ... burnt them to a crisp," the relative said.

Two women and two other children were later found dead.

"The United States stands ready, willing and able to get involved and do the job quickly and effectively," Trump tweeted. "The great new President of Mexico has made this a big issue, but the cartels have become so large and powerful that you sometimes need an army to defeat an army!"

But López Obrador said, "The worst thing you can have is war."

It was the second failure in recent weeks for López Obrador's "hugs not bullets" anti-crime strategy. Two weeks ago, Mexican troops seized a son of the drug lord known as El Chapo but had to release him after cartel henchmen launched a furious counterattack in Culiacan, Sinaloa.

The prosecutor's office in Sonora state gave a description of the crime scene on the Sonora-Chihuahua border. They said police first found the burned-out Chevy Tahoe with the five dead. About 11 miles (18 kilometers) up the mountainous dirt road, they found a Suburban with a dead woman and two dead children inside. Farther on, they found a second Suburban, and about

15 yards (meters) away, the body of a woman.

Police found about 200 spent shell casings from assault rifles and other weapons at the various crime scenes.

"A wonderful family and friends from Utah got caught between two vicious drug cartels, who were shooting at each other, with the result being many great American people killed, including young children, and some missing," Trump said.

Durazo said police, soldiers and the National Guard searched area for the missing child.

The relative said, "We're guessing right now, but we believe it was a case of mistaken identity. They just opened fire on the vehicle because it was an SUV."

Durazo said the Sinaloa cartel had an important presence on the Sonora side, but that a rival gang was trying to invade the territory from the Chihuahua side.

The relative said he saw cartel gunmen gathered about a mile away after the ambush.

"The cartels from Sonora, there were probably 50 or 60 of them, armed to the teeth," he said.

The prosecutor's office said a suspect had been detained near Agua Prieta, but it was unclear whether the person had taken part in the ambush. The suspect had assault rifles and a .50-caliber sniper rifle and was holding two bound kidnap victims, authorities said.

It was not the first time that members of the breakaway church had been attacked in northern Mexico. In 2009, Benjamin LeBaron, an anti-crime activist who was related to those killed Monday, was slain in 2009 in Chihuahua state.

## Jury selection begins in trial of Trump crony Roger Stone

**Ashraf Khalil**  
*The Associated Press*

Jury selection began Tuesday, Nov. 5, in the trial of Roger Stone, a longtime Republican provocateur and former confidant of President Donald Trump, who faces charges related to his alleged efforts to exploit the Russian-hacked Hillary Clinton emails for political gain.

The trial in Washington promises to revive the specter of special counsel Robert Mueller's investigation as the impeachment inquiry against Trump proceeds in the House.

Stone, who is known for his

sartorial flair, showed up to the courthouse in relatively muted garb a gray suit and pink shirt.

Stone's indictment in January was an offshoot of Mueller's investigation. Stone is accused of lying to lawmakers about WikiLeaks, tampering with witnesses and obstructing a House intelligence committee probe into whether the Trump campaign coordinated with Russia to tip the 2016 election.

A self-proclaimed dirty trickster with a flair for public drama, Stone has a history in Republican political circles dating back to the Nixon administration. He emerged as an early public supporter of Trump and

has consistently criticized the case against him as politically motivated.


Stone, a longtime friend of the president's, briefly served on Trump's campaign but was pushed out amid infighting with campaign manager Corey Lewandowski. Though sidelined, he continued to communicate with Trump and stayed plugged into his circle of advisers.

The indictment said Stone, who was arrested by the FBI in a raid at his Florida home, repeatedly discussed WikiLeaks in 2016 with campaign associates and lays out in detail Stone's conversations about emails stolen from Clinton campaign chairman John Podesta and posted in the weeks before Trump beat Clinton.

After WikiLeaks released hacked emails from the Democratic National Committee July 22, 2016, according to the indictment, a senior Trump campaign official "was directed" to contact Stone about additional releases and "what other damaging information" WikiLeaks had "regarding the Clinton campaign." The indictment does not name the official or say who directed the outreach to Stone.

Stone is also accused of threatening New York radio host Randy Credico in an effort to prevent Credico from contradicting Stone's testimony before the House intelligence committee.

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Fans fill the stands for BHS Girls’ Volleyball CIF Quarterfinal Game

Heather Holdo and Sara Barclay
Special to Village News

The Bonsall High School girls volleyball team competed in a home quarterfinal game against Madison High School Friday, Nov. 1 and despite having the school day off, students, teachers, and parents still came out to show their support for the Legionnaires.

Concessions were also sold at the game, where audience members could purchase something to snack on or drink during the nerve-racking match. The game started off with the national anthem before getting into the action.

To kick off the match was the nail-biting first set. Although the Madison Warhawks held the lead for much of the game, BHS trailed closely behind, working hard to claim the first win. Despite their best efforts, the Legionnaires lost 20-25, but with support from the crowd and each other, they were fired up and ready to win the next set.

The second set started off with strong serves from both teams. With the help of a more established defense, Bonsall was quickly able to regain possession of the ball each time the Warhawks scored. They guarded the net carefully, ready to block the ball or tip it over, and were quick on their feet so they could dive for the ball. Because of this, the Legionnaires maintained a steady lead throughout the set, resulting in a 25-11 win.

Consisting of long volleys and solid communication between the players, the third set was a close one. Due to the girls’ quick reflexes, Bonsall was able to keep Madison from scoring too often, allowing them to hold the lead during the first half of the set. Toward the end, though, the Warhawks picked up their offense and snagged the victory, ending the set at 25-19.

Going into the fourth set, the Madison Warhawks were playing strongly, giving them the lead. Their defense and offense remained a tough challenge to beat, but not a challenge Bonsall couldn’t handle. It wasn’t long until the Legionnaires turned things around and took the lead themselves. The Bonsall crowd, full of excitement and hope for their team, cheered the girls on with the Bonsall High chant. The set ended in a 25-21 win for the Legionnaires.

Having won two sets each, Bonsall High and Madison High moved on to a fifth set that would end at 15 points, as opposed to the usual 25. Tensions were high among the crowd and the players,

as this set would determine the winner of the match and the team that would advance in the CIF playoffs.

The game was slow at first, but quickly picked up in pace when the teams neared the 10-point mark, as the two teams remained tied until they both had 16 points. At this point, Bonsall fought even harder to score the last two points needed to secure their win, and with those points, they won the match 3-2.

Much like the students and teachers, the team’s coach, Coach Hargrove, said he was very proud of the girls.

“It was nerve-wracking pretty much the entire game. The girls played great. Like I’ve said all season long, it’s a testament to their character. They’ve never given up. Today absolutely proves that they lose one, they win the next. They lose another one, they win the next and then sneak out the fifth set. I’m proud of every one of them. We had a lot of standout players, but everyone was working as a team,” he said.

The team and audience members were very excited about the results of the volleyball game.

“It was stressful, but just like every time we play, I’m proud. We get to go on further in the CIF playoffs! We were working together, we were communicating and playing really hard,” said Najia Lamb, one of two team captains. The volleyball girls at BHS have strived throughout the season to get to where they are today.

“We’re always improving, that’s basically the start of the season, we progress so much. We’re always looking to see who our next opponent is and see what we need to do. We do have to clean up a few aspects, but we are always working on the little things, and if you focus on the foundation, everything else should come through,” said Hargrove.

Though the game was very back-and-forth, with both teams holding solid ground throughout the match, none of the Legionnaires lost hope.

“Obviously, it’s hard to come back from a loss, a win, a loss, a win, so I think we kept our spirits up to win the game. We are going to work on hustling the ball, always getting the ball up, and always attacking our hardest to make sure that we’re making the other team work instead of making ourselves work,” saidDanika Leung, the other team captain.

The Bonsall High School volleyball players look forward to finishing the season off strong, with the goal of progressing even further in the CIF playoffs.



Bonsall’s Taylor Bristow returns a Madison serve during the varsity girls volleyball game, Nov. 1.



Lady Legionnaire Ashlin Smith attempts to block a Madison shot.



Lady Legionnaire Dani Leung serves the ball to Madison opponents, for Bonsall.



Lady Legionnaire Brianna Hostler hustles and keeps the ball in play against Madison.



Bonsall Najia Lamb takes a shot at the net against Madison.

Shane Gibson photos



SPORTS

Lady Warriors battle Mission Vista in close game



Fallbrook High School's Erin Murray battles a Mission Vista High School opponent in an attempt to score a goal during the varsity field hockey game, Oct. 23.



Lady Warrior Jaylyn Leeman faces off against Mission Vista High School's defense while looking for a teammate to pass to in. Fallbrook High School lost 1-0.



Fallbrook High School's Audrey Gillcrist sends the ball to a teammate during the close game against Mission Vista High School.



Lady Warrior Jaylyn Leeman attempts to dribble the ball past Mission Vista High School's defense.

Shane Gibson photos

Lilac Fire victim Belvoir Bay wins \$1M Breeder's Cup Turf Sprint



Belvoir Bay won the \$1 million Breeders' Cup Turf Sprint Saturday, Nov. 2.

Courtesy photo

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**Jeff Pack**  
Writer

ARCADIA - During 2017's Lilac Fire, Belvoir Bay was lost for two days after flames raged through the San Luis Rey Training Center in Bonsall. On Saturday, she became a Breeder's Cup champion.

Belvoir Bay beat the boys in the \$1 million Breeders' Cup Turf Sprint at Santa Anita Park after finding the lead early under jockey Javier Castellano. She won the race in a course record 54.83 for five furlongs. Belvoir Bay's trainer Peter Miller went 1-2 in the race with Om finishing second by a nose.

While fleeing from the Lilac Fire that claimed the lives of more than 40 horses in Bonsall, Belvoir Bay suffered burns, cuts and contusions and ultimately spent three weeks at an equine clinic to heal back in 2017 and early 2018.

Belvoir Bay is owned by Gary Barber and was foaled in Great Britain April 19, 2013.

Jeff Pack can be reached by email at [jpack@reedermedia.com](mailto:jpack@reedermedia.com)

Warriors win Senior Night water polo game



Warrior Cameron Batty makes a pass to a Fallbrook High School teammate against San Dieguito Academy's defense, Oct. 25.



Warrior Owen Hearn faces off against San Dieguito Academy's defense. Fallbrook High School wins the game, 11-9.

**Joe Naiman**  
Village News Correspondent

Senior Night festivities preceded Fallbrook High School's boys' water polo game Oct. 25, against San Dieguito Academy. Fallbrook's 11-9 victory included four goals, one assist, seven steals and three field blocks from the Warriors' seniors.

"All the seniors played well in the game," Fallbrook coach Bill Richardson said.

Seven seniors are on the Fallbrook roster although that includes Joe Moran, who tore his anterior cruciate ligament in his knee early in the season and has not played since.

The Warriors' victory over San Diego included three goals, an assist and a steal by Jackson Richards. Owen Hearn had one goal, three field blocks and a steal. Cameron Batty obtained two steals against the Mustangs. Derek Enns and Caden McCormies had a steal apiece. Chase Glick also played but did not record any statistics.

The non-league win improved Fallbrook's overall record to 11-16.

"We had some moments in the game where we looked really good," Richardson said.

Fallbrook held a 4-1 lead during the first period, although the score at the end of the quarter was 4-3.

"They came back a little bit," Richardson said.

The halftime score was 8-3.

"In the second quarter we pulled away," Richardson said.

Fallbrook held a 9-7 advantage after three periods.

"They came back," Richardson said.



# Koleszar wins Valley League girls golf championship

Joe Naiman  
Village News Correspondent

Claire Koleszar attends Mission Vista High School but has lived in Fallbrook for the past 16 1/2 years. She began golfing at the now-defunct Fallbrook Golf Club and this year she is the Valley League girls golf champion.

The Valley League tournament was played Oct. 15 on the St. Mark’s course in San Marcos and Oct. 17 on the Twin Oaks course in San Marcos. Koleszar had a 36-hole score of 161. Samantha Aguilar, who is also a Mission Vista senior, was second with a score of 166.

“That was a really great experience for me,” Koleszar said.

Prior to the season Koleszar had set the league championship as her goal. “I put in a lot of hard work this season, so I was glad to come out and achieve that goal,” she said.

Koleszar was born in Scottsdale, Arizona, in April 2002. The family moved to Fallbrook in February 2003. She attended Bonsall Elementary School from kindergarten through fifth grade.

Both of Koleszar’s parents were high school athletes although neither golfed for their high school team. Her father, Garret, played tennis for Torrey Pines High School and began playing golf near the end of his high school years. His mother, Julie, is from Michigan and ran track in high school.

During her early elementary school years Koleszar took up golf. “I started playing golf at a pretty young age,” she said.

A set of golf clubs as a present from her father contributed to that. “My dad taught me the basics,” she said.

Koleszar also attended camps at the Fallbrook Golf Club, which is also where she started to play golf. In her past the family had a membership at the Golf Club of California, which is where Mission Vista now plays home matches. After the Fallbrook Golf Club closed in 2016 Koleszar’s father joined the Rancho Bernardo Country Club.

After her six years at Bonsall Elementary School, Koleszar attended Coastal Academy in Oceanside from sixth through eighth grades.

Mission Vista opened in 2009 with freshmen only and joined the North County Conference in 2010. Koleszar’s brother, Calvin, was a freshman at Mission Vista during the school’s second year of athletics. He golfed for the Timberwolves before graduating in 2015. “I just kind of followed in his footsteps,” Koleszar said.

Mission Vista was in the Valley League during Calvin Koleszar’s



Fallbrook resident Claire Koleszar competes in golf for Mission Vista High School.

Courtesy photo

high school years but was moved to the Palomar League in 2016 so Claire Koleszar began her high school career in that league. The Timberwolves played on the Vista Valley course in 2016 and the Camp Pendleton course in 2017.

The 2018 North County Conference realignment returned Mission Vista to the Valley League, and the Timberwolves changed their home course to the Golf Club of California. Koleszar now has her own Golf Club of California membership.

Mission Vista won both the 2018 league championship, which is based on dual match results, and that year’s league tournament, which is based on the team score for that tournament only. Koleszar was third among 2018 Valley League golfers in league differential compared to par, which includes dual matches as well as the tournament, but fifth in the league tournament. “I think it was a little disappointing,” she said.

She had previously played on the Twin Oaks course when Mission Vista played Mission Hills in a non-league dual match, but Koleszar had not played on the St. Mark’s course prior to the 2018 league tournament.

“It was a good experience,” she said. “It gave me something I could work on in order to achieve my goal.”

Although she was fifth in last year’s Valley League tournament, two of the players who finished ahead of Koleszar were also Mission Vista golfers; Aguilar won that tournament and 2018 senior Caitlin Randolph was second.

Mission Vista also won the league championship in 2019 based on the Timberwolves’ dual match results. Dual matches involve each golfer shooting a nine-hole round. Koleszar had the best league differential this year.

The Valley League tournament utilized a shotgun start, meaning that golfers began on different holes, so the golfers’ scores

for their first nine holes do not necessarily mean that any golfer overcame a deficit or squandered a lead.

Koleszar began the day on hole 5 and took 40 shots during her first nine holes. Aguilar initially teed off on hole 6 and needed 43 strokes for her first nine holes.

St. Mark’s also did not have a leaderboard. “We weren’t aware of each other’s scores until the end,” Koleszar said.

That made anybody else’s score irrelevant. “I started playing my own game,” Koleszar said.

After 18 holes Koleszar led the field with an 80-stroke round. She made par on 13 of the holes, bogied two holes, and had a double bogey on three holes. “I wasn’t too happy with the double bogies, but I think I definitely recovered well,” she said.

Aguilar completed her first 18 holes in 81 strokes.

Koleszar didn’t worry about the one-stroke lead she took into the second day. “I just continued to play my best,” she said. “I wasn’t too focused on the other scores.”

Koleszar took 41 shots on her final nine holes for an 18-hole score of 81. “Overall I think I played well and I’m happy with it,” she said.

She was also satisfied with her 36-hole score of 161. “I was pretty happy with it,” Koleszar said.

“I put a lot of practice and effort into my season,” she said. “I just played the best I could.”

Mission Vista junior Jayde Wagner was fourth in the tournament. This year Koleszar and Wagner were the team’s co-captains. Last year Koleszar and Randolph were co-captains.

The CIF tournament Nov. 4 and 6 on the Admiral Baker course in San Diego will be followed by North County junior tournaments. Koleszar hopes to continue her scholastic golf career after the conclusion of her CIF play. “I’m reaching out to college coaches as of right now,” she said.

# Opinion: Warriors fall short in finale with RBV – but there’s hope for the future



Fallbrook’s defensive line looks hungry just before they sack the Longhorn QB in the first few minutes of play in the game against Rancho Buena Vista, Nov. 1.



Warrior Wesley Eatmon returns the ball for Fallbrook.

Jeff Pack  
Writer

The Warriors varsity football team must have had their Friday, Nov. 1, game with Rancho Buena Vista circled on their schedule for a while as the Longhorns had yet to win a game this season.

Though it was perhaps their best opportunity to get a win this season, the Warriors (0-10, 0-5) fell behind early and lost their final game of the season to the Longhorns (1-9, 1-4) 42-0 at Fallbrook Union High School.

It was senior night for the Warriors and a good indication of why the Warriors struggled all season long was evident when the team sent only six seniors to be honored.

Given the turmoil those seniors have endured over the past four seasons, each was honored for their commitment and loyalty to the program. It would have been easy for those seniors to quit on the program when the program suffered, but they didn’t, and they should be commended for that.

During their four years, the seniors have had four head coaches – Bob Burt in 2016, Darius Pickett in 2017-2018, Jim Fisher for less than four months and Troy Everhart who took over a month before the Warriors’ first game.

Also, during that time, FUHS has had four principals in five years, with that amount of turnover and turmoil at the very top, it is tough for any team to right a ship without a rudder anywhere to be seen.

With a new principal who has a background in sports, a new school district superintendent who supports athletics, Everhart laying the groundwork for just how the Warriors can return to prominence and the win column, and a freshman team that went undefeated this season, there’s hope.

Fallbrook Football became one of the most respected programs in San Diego County during the 1980s through the early 2000s and it wasn’t by mistake.

It also wasn’t because of one or two standout coaches.

My father, Tom Pack, helped put the program on the map. He had the foresight to ask for the help of an offensive guru who had moved into town to bring the run-and-shoot offense to the team.

But not only did he ask for help from football minds, he asked for help from the community – and the community answered.

He built a new weight room, installed new lights on the football field, had players outfitted with state-of-the-art equipment, keeping players on the field longer and safer. He built a house with the support of the community and took the team to Hawaii and then the school’s first CIF Championship.

I can’t even attempt to count the number of times I sat in the car as he went to pick up a check donation

from a local business or was putting the pressure on someone to step up to the plate for his players.

At that time, he had a coaching staff built almost entirely from teachers at the school – guys that could keep an eye on each and every kid and make sure they were doing what they were supposed to do.

The head coach of the freshman team was in that role for probably 10 years.

The significance of that can’t be understated or replicated these days.

By the time Randy Blankenship brought his incredible offensive and defensive game plans to Fallbrook, every kid on that roster had an expectation of success because that was all they had ever seen.

Blankenship made them unstoppable.

When he left, it took the wind out of the Warriors sails. That’s not to place blame on the coach, he was entitled to make the move to Texas high school football.

From my perspective, instability began to creep into the program. Soon after, the losses piled up. The momentum was gone.

Everhart comes from another hotbed of high school football, Ohio, where he had success almost every where he coached.

He has said first and foremost, what the Warriors need to do is change their body type. That means hit the weight room and work hard to transform their bodies into those of varsity football players.

He will be able to install his system into Fallbrook football, work in a way that he understands down to his bones, and train students the way he knows has had success in the past.

If Everhart can gain buy-in from the players and establish consistency in the coaching staff over the next six months, there’s no reason they can’t begin to win again.

The one factor that will bring the Warriors back to prominence, though, will be the support of the community.

Alumni, residents, player parents and families, all coming together to raise money, support the team and coaching staff, and instill belief into those young athletes will do wonders for this program.

From what I have seen, Fallbrook football players are the same type of kid I grew up idolizing – tough, smart, athletic and driven.

Don’t place the responsibility of success solely at the feet of the players or coaches – understand that any good program has the support of the entire community.

Let’s prove to these six seniors that they were right not to quit when the going got tough and their efforts have been rewarded and remembered.

The future begins now.  
Jeff Pack can be reached by email at [jpack@reedermedia.com](mailto:jpack@reedermedia.com).

# Warriors’ Veteran’s Day Baseball Tournament this weekend

Jeff Pack  
Writer

After a successful first year, the second annual Warriors’ Veteran’s Day Baseball Tournament returns to the Fallbrook Youth Baseball, Ingold Sports Park and Fallbrook High School baseball fields this weekend, Nov. 9-10.

“This will be a huge fundraiser for the high school baseball program,” Kristy Baker, one of the tournament directors, said. “Last year Fallbrook Baseball Boosters made about \$9,800 for the baseball program, this year we’re hoping to bring in close to \$15,000.”

They are well on their way since the number of teams signed up this year is up to 34 from the 25 teams that played last year. Teams in age levels 8 and under to 14 and under will be playing in the event run by volunteers – players, parents, community and FUHS students.

“The school district does not provide much money for athletic programs so the programs rely on parent volunteers and booster club to help grow and better each athletic program,” Baker said. “Funds go toward new equipment, uniforms, spirit wear and facility improvements.”



A young Fallbrook player celebrates scoring a run during the Warriors’ Veteran’s Day Baseball Tournament in 2018.

Shane Gibson photos

Parking at Fallbrook Youth Baseball fields is \$5 per car, but free at the Fallbrook High School

varsity field.

Jeff Pack can be reached by email at [jpack@reedermedia.com](mailto:jpack@reedermedia.com).



OBITUARIES



**Kenneth Joseph Sousa**, 89, died Oct. 25. He was surrounded by his loving family during the days before his passing. Ken will be remembered as a kind and thoughtful man who enjoyed people.

He loved to help others, share stories about his life and listen to others tell their stories. He enjoyed many interests including horseback riding, boating, scuba diving, woodworking, metalworking, gardening, traveling and participating in community and philanthropic activities.

Born July 8, 1930, in Canonsburg, Pennsylvania, Ken moved with his family to

California when he was 11. As a young boy, he took classes in radio dramatics and pursued a career in acting, getting a minor role as an extra in “Our Gang” films.

When he was 17, he enlisted in the Navy for three years but served four years and five days. His enlistment was extended because of the Korean War. He served tours of duty in Guam and on board the USS Endicott, a destroyer minesweeper, as a shipfitter. His battle station was in damage control. He spent 8 1/2 months in the Korean combat zone.

Following his service, Ken worked as a welder. He had a career as a police officer with the Redlands Police Department and as a deputy in the San Bernardino Sheriff’s Department.

When he was stabbed apprehending a suspect, he decided it was best for his family to leave police work. Later when his children were grown, he returned to police work as a lieutenant with the Contra Costa Sheriff Department Reserves.

Next, Ken began a 30-year, successful career in grocery product sales. He won numerous national contests and sales awards.

During this time, he married his wife, Catherine. He often teased that “convincing her to marry him

was the most difficult sale he ever made.” He retired in 1990 from Hunt-Wesson-ConAgra Foods. Ken and his wife have lived in Fallbrook since 2008.

Ken was a lifetime member of the Knights of Columbus. He became a Fourth-Degree member during the 1970s and served two years as the Grand Knight of the San Rafael Council. He was also the Big SIR for the El Dorado Hills Chapter of the Sons in Retirement.

Ken is survived by his wife Catherine; his son Ken (Meri) of Upland; his daughter Davi (Linda) of North Edwards; his son Tim (Diane) of Temple, Texas; his daughter Patty Burns (Randy) of Winchester; his brother Al Fowler of Oxnard; four grandchildren and three great-grandchildren. He was preceded in death by one grandson.

Mass will be celebrated at 10 a.m. Wednesday, Nov. 13, at St. Peter’s Catholic Church in Fallbrook. A rosary will be recited immediately preceding Mass. Ken will be cremated, and his ashes inurned in Our Lady of the Angels Chapel at the Mission San Luis Rey Cemetery.

The family suggested donations could be made to the North County Boys and Girls Club or the Fallbrook Food Pantry in his honor.

**James William Goldsberry, Jr.**, was born March 21, 1943 and died at home, July 8, 2019 after a two-year battle with Agent Orange and diabetes. The son of Hazel Marian Goldsberry and James William Goldsberry, Sr., he had lived in Fallbrook for 25 years.

James was in the Marine Corps from 1962 to 1982. He was a

logistician and Vietnam veteran.

He leaves his wife, Christine Pimm Goldsberry; daughters Sheila Jeaux Goldsberry of Oceanside and Lisa Marie Gardner; grandsons Ryan Gardner and Nicholas Gardnerr; several nieces; nephew Jamie Goldsberry and his children, Lyda and Brennen Goldsberry.

SHERIFF’S LOG

Oct. 26	
1000 block E. Alvarado St	Residential burglary
Oct. 27	
1200 block Alturas Rd	Petty theft
1400 block Alturas Rd	Vehicle theft
3600 block Lake Circle Dr	Vehicle burglary
500 block N. Vine St	Petty theft
Oct. 28	
900 block Alturas Rd	Grand theft
2500 block Olive Hill Rd	Battery
1100 block Alturas Rd	Arrest: Battery
1400 block Alturas Rd	Petty theft
300 block E. Alvarado St	Missing person
Oct. 29	
2900 block Los Campos Dr	Residential burglary
6000 block W. Lilac Rd	Grand theft
1400 block El Nido Dr	Domestic order violation
900 block Alturas Rd	Arrest: Possession of controlled substance, paraphernalia
400 block Ammunition Rd	Petty theft
1700 block Tecalote Dr	Vehicle theft
2200 block E. Alvarado St	Death
6000 block W. Lilac Rd	Grand theft
Oct. 30	
300 block E. Fallbrook St	Petty theft
4000 block S. Mission Rd	Arrest: Assault with a deadly weapon
1100 block S. Main Ave	Arrest: Public intoxication
300 block E. Fallbrook St	Petty theft
3500 block Rosa Wy	Domestic abuse
900 block Alturas Rd	Petty theft
200 block Potter St	Vandalism
2300 block Daily Dr	Vandalism
Oct. 31	
35800 block Bay Sable Ln	Grand theft
1000 block S. Main Ave	Shoplifting
300 block Old Stage Ct	Petty theft
1000 block S. Main Ave	Arrest: Under the influence of controlled substance
Nov. 1	
600 block Poets Square	Missing person
300 block W. Aviation Rd	Commercial burglary
100 block E. Ivy St	Arrest: Public intoxication
800 block S. Main Ave	Stolen vehicle
100 block E. College St	Possession of controlled substance paraphernalia
1000 block Winterhaven Rd	Vandalism
400 block Ammunition Rd	Petty theft
Nov. 2	
1400 block Alturas Rd	Vehicle theft
400 block Ammunition Rd	Fire investigation
600 block S. Main Ave	Arrest: Shoplifting, public intoxication
1400 block E. Mission Rd	Trespassing
5500 block Mission Rd	Possession of controlled substance
100 block Pepper Tree Ln	Recovered stolen vehicle
Nov. 3	
1400 block Alturas Rd	Child abuse
Interstate 15 @ W. Rainbow Valley Blvd	Arrest: Outstanding misdemeanor warrant
Rockycrest Rd @ S. Mission Rd	Arrest: Possession of controlled substance, paraphernalia
Pala Rd @ Gird Rd	Arrest: Possession of controlled substance
200 block Calle de Paloma	Vehicle burglary
300 block Ammunition Rd	Petty theft
1400 block Alturas Rd	Child abuse
Nov. 4	
900 block Rice Canyon Rd	Domestic abuse

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**Marvin John “Jack” Rockwell**, beloved husband and father, died Sept. 5, 2019, his family shared with their deepest sorrow. He is survived by his loving wife, August; his daughter, Gina; son

Russell and grandchildren, Frank and Holly Rockwell and great-grandchildren Evan and Justin Rockwell.

Jack was loved by many, and they will remember him for his charity and his love of giving to anyone who needed help; for his greatest love of animals, the sea and the Mighty car dealerships; as a donor to the Boys and Girls Club of America and others; as a longtime member of The Rotary Club from all over California and let’s not forget the Los Angeles Lakers.

Many of you knew Jack very well, and his family is so sad to send this letter, but they know he would have wanted the community to know that he was now with his Maker in heaven and having coffee with his good friend Lee Iacocca.



The world lost a great man, Oct. 4, 2019. **William Gordon Goodson** of Fallbrook, California, passed peacefully, smiling, surrounded by loved ones.

He is survived by his adoring wife of 60 years, Mary Lou; son, two daughters, two siblings; 10 grandchildren and three great-grandchildren.

Bill was an avid hunter and loved to mentor other sportsmen. He will always be remembered for cracking a joke, and laughing so hard that everyone else in the room would laugh with him, and then wait for his next funny line.

As he told us, he will live forever in our hearts and we will live always in his.

Services will be Nov. 19. Please contact a family member for further information.

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WINE & DINING

Delightful culinary magic is made at Vista Valley Country Club

Nathalie Taylor  
Special to the Village News

Sequestered in a wooded valley lies the Vista Valley Country Club. This spectacular club with stunning vistas of lush hills provides an escape from the bustle of the world. An earth-toned porte-cochère welcomes all who enter. When the massive 200-year-old entrance doors are opened, you feel like you have just stepped across the threshold to Spain or France.

Owners John and Terri Havens have collected European art and antiques – mainly from France. The Havens share their finds with others through the artistic placement of vases, tables, mirrors and tapestries throughout the European-inspired structure. An enchanting, castle-sized tapestry greets diners as they enter the dining salon.

High ceilings create a calming aura. The windows in the dining area face west and sunlight bathes the room spectacularly. Through large walls of windows, the dining room offers a marvelous panorama of the manicured golf course and, further on, the verdant hills.

The atmosphere is warm, and hospitality exudes from every corner, partly due to the friendly and polite wait staff who do their best to make the diners feel welcome and pampered.

From my window table I savored both the view and the various innovative dishes created by Executive Chef Ryan Gilbert.

Libby Tate, Director of Business Development/Membership Sales, described Chef Ryan’s culinary style as “eclectic.” “He has an amazing, innate ability for pairing interesting flavors,” she noted.

Chef Ryan is in tune with his



Vista Valley Country Club reflected in a glass of Chardonnay

culinary audience, but is also quite innovative. He enjoys a family heritage of chefs and restaurateurs due to his Sicilian roots. The prestigious California Culinary Academy in San Francisco is where Chef Ryan perfected his culinary skills.

Most chefs have a “signature dish,” and Chef Ryan’s is the Diver Scallops served with pink risotto. Yes, pink risotto. I am fond of risotto, but have never tasted – or

even seen – pink risotto. Chef Ryan’s pink version of risotto is simply amazing.

“Color drove me to this dish,” he explained. “I was looking for a way to get pink onto a plate. As a Sicilian, my mind went straight to risotto. I thought that the earthiness of red beet puree would line up well with the ocean flavor of the scallops.”

When I nibbled on the tender seared scallops topped with tomato

buerre blanc, I could taste hints of several spices, and chimichurri crowned the scallops with an exotic flavor kick.

Can deviled eggs be enchanting? Chef Ryan’s can! He takes them to a realm beyond ordinary deviled eggs by tweaking his grandmother’s recipe from the forties. The addition of spices, such as harissa, give them zing and zest! These creamy creations are addictive!

“It is a classic deviled egg with my own spin on it,” he noted. “My grandmother always had that tray with the deviled eggs on it and my sister and I would eat that whole tray.” He continued, “They have a hint of spice, but are really more flavor driven. It is a way to take my grandmother’s recipe and turn it into my own without deviating too far.”

Libby Tate had this to say about the deviled eggs, “Captivating – those eggs are amazing. This chef has innovation and flair.”

Crispy Brussels Sprouts and Cauliflower is a starter that is almost a meal. Balsamic glaze drizzled over the mix gives it a tinge of savory flavor; and

the flakes of shaved Parmesan cheese lend a mellow touch. Add applewood smoked bacon with its robust flavor, and the effect is marvelous.

Chef Ryan’s creative flair again comes into play with the creation of dreamy desserts, including the delightful Eggnog Milkshake. The shake is mixed with vanilla ice cream, vanilla gelato, cream, and just enough eggnog gelato to be the catalyst for a marvelous flavor. So creamy and delicious!

The Southern Style Pecan Pie is topped with a generous scoop of vanilla bean ice cream. It’s a slight variation of the traditional pecan pie, but that variation improves the flavor. Small nuggets of pecans give the filling more substance. Some pecan pies can become viscous and gooey, but this pie is perfectly delectable.

Vista Valley Country Club is a window to a world where ambiance is reminiscent of a European restaurant, and the inspired cuisine definitely encourages lingering, happy chatter and laughter.

For further information on the Vista Valley Country Club, please access <https://vistavalley.com/>.



Chef Ryan Gilbert’s enchanting ‘Deviled Eggs’



The delectable ‘Southern Style Pecan Pie’ is topped with vanilla bean ice cream.

Nathalie Taylor photos

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# De Portola Wine Trail hosts Harvest Fest

**Jeff Pack**  
Writer

On a beautiful, fall Sunday, 10 wineries shared select wines paired with cuisine at the De Portola Wine Trail hosted Harvest Fest, Nov. 3.

Hundreds of wine lovers moseyed from winery to winery, tasting and socializing with wine-makers and winery owners while munching on treats prepared by artisan chefs.

Participating wineries included Somerset Vineyard and Winery, Fazeli Cellars, Robert Renzoni Vineyards, Gershon Bachus Vintners, Oak Mountain Winery – the Cave Winery, Leoness Cellars, Danza del Sol, Frangipani Winery, Cougar Winery and Masia de la Vinya.

Jeff Pack can be reached by email at [jpack@reedermedia.com](mailto:jpack@reedermedia.com).

1. Robert Renzoni Vineyards winemaker Olivia Bue pours a tasting for a guest during the De Portola Wine Trail Harvest Fest Sunday, Nov. 3. Jeff Pack photos
2. Somerset Winery's Kurt and Nesreen Tiedt pose with an employee during the De Portola Wine Trail Harvest Fest.
3. A guest to Robert Renzoni Vineyards inquires about the cuisine during the De Portola Wine Trail Harvest Fest.
4. Guests hang out in the courtyard at Somerset Winery during the De Portola Wine Trail Harvest Fest.
5. Guests line up for crepes at Somerset Winery during the De Portola Wine Trail Harvest Fest.
6. Guests relax on the patio at Gershon Bachus Vintners during the De Portola Wine Trail Harvest Fest.



# Prestifilippos to open new Old Town Temecula eatery

**Jeff Pack**  
Writer

When Alex Prestifilippo moved to Temecula more than 20 years ago, he said he would never have imagined he could still be here today, the owner of two restaurants in town. Make that three restaurants – if all goes well.

Prestifilippo and his wife, Charity, announced to the Valley News in an interview pertaining to the 20th

anniversary of their wildly popular flagship Gourmet Italia restaurant that they had just that day submitted plans for a new restaurant concept in Old Town Temecula.

Bottega Italia will open in April or May 2020 and will join Gourmet Italia, Spuntino Pizzeria and Delicatessen, The Bar Next Door, and Poggio Leano Winery and wine bar to Prestifilippo's businesses.

"I thought I was done, to be honest with you, because that's a lot

of stuff on my plate," Prestifilippo said. "I am a person that is always thinking it doesn't stop. So, a few months ago, I was approached from somebody in Old Town, a Realtor, and they offered me this beautiful spot in Old Town. They said we want you in this spot."

Though they had their hands full and enough to do already, the couple went to check out the space located on the corner of Sixth Street and Old Town Front Street in what will become the extended portion of Chaparral Center.

"Basically, we decided to take the spot for the new adventure in Old Town," Prestifilippo said. "The city is going that way; the city is going toward Old Town. There is a lot of bars, a lot of restaurants, so let's bring something there."

The restaurant will encompass the entire downstairs portion of the extension to the center.

"The logo itself says, 'All you love about Italy,'" Prestifilippo said. "We will start in the morning, 7 a.m. with breakfast, an Italian breakfast with the croissant cakes, coffee, cappuccino, an espresso high bar, no chairs, typical European, Italian espresso bar. Grab



The Prestifilippo family will soon be working on a new concept restaurant in Old Town Temecula to go along with their two other restaurants, bar and wine bar in the city.

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a cappuccino, a croissant; you're at work."

The restaurant will also feature what Prestifilippo called the new thing in Italy – pinzas – a crust made of a mix of three flours that is low sugar, low gluten and low carb. The pinzas will be priced by weight as guests will choose their toppings as they go along the line, similar to what is done at places like Blaze and Picology, but with the different crust.

They will also have authentic gelato and a bar with a full liquor license with wine and another bar with Poggio Leano.

The dinner menu will offer five appetizers, five entrees and a few desserts. "It's very simple," Prestifilippo said. "But it will change multiple times over the year, maybe every couple of months we will change. Maybe I want to do some regional recipes every other month – so maybe we feature for two months Sicily, then Campagna, then Pimonte, then Toscana, then Lazio."

The Prestifilippos think it's going to be something special in old town. "We are right on Front Street with a beautiful patio and a larger side patio," Prestifilippo said. "It is very exciting."

Jeff Pack can be reached by email at [jpack@reedermedia.com](mailto:jpack@reedermedia.com).



## South Coast’s Rhythm on the Vine ends season



Bakersfield native and world-renowned keyboardist David Benoit closes out the “Rhythm on the Vine” fall season at South Coast Winery, Sunday, Nov. 3. Andrez Imaging photo

## Lawsuit threat means Le Grange becomes The Wine Ranch

Jeff Pack  
Staff Writer

According to Doug Wiens, because of the threat of a lawsuit from one of America’s oldest fraternal organizations, Le Grange Grill and Cellars has undergone a rebranding to become The Wine Ranch Grill and Cellars as of a couple of weeks ago.

The wine, craft beer and restaurant in Murrieta held a celebration to commemorate the rebranding, Oct. 25.

“Anyway, they have one restaurant in Sacramento called the Grange, so they sued us over infringement,” Wiens said in a phone interview. “So, the one single restaurant in the whole country, in Sacramento, and they sued us for that trademark, so we changed it.”

The National Grange of the Order of Patrons of Husbandry encourages families to band together to promote the economic and political well-being of the community and agriculture and is the oldest American agricultural advocacy group with a national scope in the country.

They are also changing the name of the wines as well.

“Our labels are Wine Ranch Cellars now too,” Wiens said. “I think I kind of like it better, and a lot of people have said that they like the new name better. It tells you what we are. So, we’re not too unhappy about it.”

The restaurant, which opened about a year and a half ago, features an Americana-gastropub style menu, and their burgers are the biggest sellers on the menu. They also have a full wine-tasting bar.

“It’s been pretty steady,” Wiens said. “We opened with a bang, of course. When you first opened up, we were really busy and that kind of settled down, and we’ve been really steady since then. We’d like to get more lunch business, but there’s just not much going on down in Historic Murrieta at lunchtime. Friday nights are our busiest night. We have pretty much a full house for four hours Friday nights and Saturdays, usually about half full all day long.”

It’s not the only roadblock Wiens has experienced in doing business in recent weeks. His Orange Crest Winery in Newport Beach has been told it needs to find a new place to live because the city is evicting them from their light industrial location.

“We grew from one small little wine tasting room that was only open on weekends to taking two or three contiguous units in this little warehouse light industrial complex,” Wiens said. “The city of Newport Beach decided that we were too big, and we had too much retail going on there. So they are kicking us out, which, you know, it’s kinda ridiculous because we weren’t hurting anybody. We’re only open on weekends during the week.”

Wiens said they are again rolling with the punches and moving to a new location in Costa Mesa.



Doug and Debbie Wiens cut the ribbon to debut their newly rebranded The Wine Ranch Grill and Cellars in Historic Old Town Murrieta in an event, Oct. 25. Courtesy photos

“They’re just not that business-friendly because they think everybody wants to have a business in Newport Beach,” Wiens said. “So they don’t care.”

Wine Ranch Grill and Cellars is

located at 24683 Washington Ave. in Murrieta. Visit [www.thewineranch.com](http://www.thewineranch.com).

Jeff Pack can be reached by email at [jpack@reedermedia.com](mailto:jpack@reedermedia.com).

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## Wine Country Events Calendar

FRIDAY, NOV. 8	
11 a.m. to 5 p.m.	Craft Faire, Maurice Car'rie Winery
1-2:30 p.m.	Behind the Scenes Wine Tour, South Coast Winery
3-5:30 p.m.	Happy Hour, Vineyard Rose, South Coast Winery
5-8 p.m.	Live Music, Son and Reynolds, Cougar Vineyard and Winery
5-9 p.m.	Live Music, Erin McAndrew, Masia de la Vinya
6-9 p.m.	Live Music, Lauren Arasim, Avensole Winery
6-9 p.m.	Live Music, Rayford Bros, Miramonte Winery
6-9 p.m.	Live Music, Dustin Jake, Wilson Creek Winery
6-9 p.m.	Live Music, TBA, Lorimar Winery
6-9 p.m.	Live Music, Tony Sharx, Lorimar Winery in Old Town Temecula
6-10 p.m.	Live Music, Get Down Party, Bel Vino Winery
SATURDAY, NOV. 9	
11 a.m. to 5 p.m.	Craft Faire, Maurice Car'rie Winery
Noon to 4 p.m.	Live Music, Backroad Bridges, Bel Vino Winery
Noon to 4 p.m.	Live Music, Astra Kelly, Masia de la Vinya
12:30-3 p.m.	Live Music, Charles Sacayan, Carol's Restuarant at Baily Winery
1-4 p.m.	Live Music, Michael LeClerc, Avensole Winery
1-5 p.m.	Live Music, Sheila Sondergard, Danza del Sol Winery
1-5 p.m.	Live Music, Don Johnson, Fazeli Cellars
3:30-5:30 p.m.	Happy Hour, Vineyard Rose, South Coast Winery
6-9 p.m.	Live Music, Carbe and Durand – Incendio, Miramonte Winery
6-9 p.m.	Live Music, Shay Skylar, Avensole Winery
6-9 p.m.	Live Music, Bodlie, Lorimar Winery
6-9 p.m.	Live Music, Dustin Jake, Lorimar Winery in Old Town Temecula
SUNDAY, NOV. 10	
11 a.m. to 2 p.m.	Brunch Specials at Meritage Restaurant, Callaway Winery
11 a.m. to 5 p.m.	Craft Faire, Maurice Car'rie Winery
11:30 a.m. to 2:30 p.m.	Dog Day Sundays, Carol's Restaurant at Baily Winery
Noon to 4 p.m.	Live Music, Child of War, Bel Vino Winery
1-4 p.m.	Live Music, Jimmy Patton, Europa Village
1-4 p.m.	Live Music, Sam Bybee, Avensole Winery
1-4 p.m.	Live Music, Groov Underground, Lorimar Winery
1-5 p.m.	Live Music, Travis Miller, Danza del Sol Winery
1-5 p.m.	Live Music, Astra Kelly, Fazeli Cellars
2-5 p.m.	Live Music, Carlson and Clark, Cougar Vineyard and Winery
3-6 p.m.	Live Music, Paul and Tawnie, Lorimar Winery in Old Town Temecula
3:30-5:30 p.m.	Happy Hour, South Coast Winery

**UPCOMING:**

Nov. 17 is Masia de la Vinya's Wood Burnish Workshop at 11:30 a.m.

Nov. 20 is Cougar Winery's Craft Night from 4-6 p.m.

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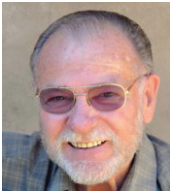
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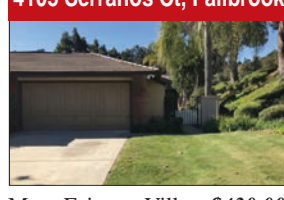
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