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Volume 23, Issue 47

Bonsall
High student
arrested after
'substantiated'
shooting
threats

Will Fritz
Associate Editor

Sheriff's deputies arrested a Bonsall High School student earlier this week after being told by school administrators that the student had a firearm on campus, the San Diego County Sheriff's Department said Thursday, Nov. 14.

School officials reported a male student possibly in possession of a gun to the sheriff's department around 10:40 a.m. Wednesday, according to sheriff's Lt. Ricardo Lopez.

Deputies who responded to the school obtained further information "that the suspect had made specific threats to commit a shooting at a planned school event in the near future," Lopez said.

After investigating the suspect, deputies came to the conclusion that the threats were substantiated.

The student was taken into custody and all firearms were removed from his home as a precaution, Lopez said. No other weapons were found in the suspect's possession or on campus.

Lopez said a second student was identified as possibly being involved Thursday, but deputies were able to determine those claims were unfounded.

News of the investigation came on the same day that a student at Saugus High School in Santa Clarita, California, shot two fellow students to death and injured three others on school grounds before turning his weapon on himself. The suspect in that shooting remained alive but in critical condition Friday.

County creates
support system
for service
members and
veterans

Andy Tolley
San Diego County Communications
Office

San Diego County offers a variety of resources to assist active duty military, veterans and their families. One of these services is Courage to Call, a free, 24/7 help line that provides information, guidance, and referrals to service members and their loved ones.

Courage to Call is dedicated to improving mental wellness for members of the military, veterans and their families. The help line is staffed by veterans and military spouses, providing callers with a peer-to-peer support system that can help break down barriers in a population that is at a higher risk for mental health problems, substance abuse and family stresses.

Courage to Call is funded by the county and supported by 211 San Diego, a nonprofit organization that provides community and disaster services online and over the phone. To access Courage to Call, simply dial 211. All calls are confidential. For more information, visit www.courage2call.org.

In addition to Courage to Call, the County's Office of Military and Veterans Affairs can assist veterans in claiming benefits from the United States Department of Veterans Affairs, the state of California and other agencies. That information can be found at www.sandiegocounty.gov/content/sdc/hhsa/programs/ais/veterans_services.html.

Wrestlers win big



Warrior Johnny Bermudez pins his Del Norte opponent in the 220-pound weight class in 32 seconds. Fallbrook won the varsity wrestling match 73-0, Nov. 14. See a story and more photos on page D-2.

Restored jeep joins the parade



Fallbrook resident David Staggs drives his WWII-style flat-fender jeep with Vietnam veteran Barry Shipley waving to the crowd at the Veterans Day Parade, Nov. 11. Restoring the jeep with many WWII era parts took Staggs 20 years. The late Dode Martin rebuilt the engine.

County planning commission
recommends ordinance for temporary
agritourism community events

Joe Naiman
Village News Correspondent

The San Diego County's planning commission recommended an ordinance to address temporary agritourism community events.

A 6-0 planning commission vote Nov. 8, with Yolanda Calvo absent, provided the recommendation which will be forwarded to the San Diego County Board of Supervisors for approval. Both the county's Code of Regulatory Ordinances and the county's Zoning Ordinance would be amended to accommodate such events.

In March 2017, the board of supervisors approved the county's Agriculture Promotion Program which allows commercial accessory uses on properties where agriculture is the primary use. In May 2018, the board of supervisors directed the county's chief administrative officer to explore options to ease the ability of local small-scale businesses to provide food and goods at community-based events on agriculture-producing properties, to add to the county's legislative program support for state legislative efforts to reduce or ease regulations for local small-scale businesses seeking to provide food or goods at community-based events on

agricultural property or direct marketing of agricultural products, and to return to the board of supervisors within 120 days. The options the chief administrative officer was to explore included a permit fee waiver program, a pilot program and revisions to the Agriculture Promotion Program including Zoning Ordinance revisions.

Five different county departments worked on the options. The Department of Agriculture, Weights and Measures has regulatory and permitting authority for certified farmers' markets and certified agriculture producers. The Department of Environmental Health has regulatory and permitting authority for food operations. The Department of Planning and Development Services has expertise in county code and zoning. The sheriff's department has a licensing division which licenses vendors. County Counsel reviewed the proposed options for conformance with the California Retail Food Code, county code, the Zoning Ordinance and current business practices.

The options were grouped into four categories: allowing food or goods vendors at community events on agriculture-producing land, expanding opportunities for

commercial agriculture operations to build small agriculture stores, holding certified farmers' markets on agriculture-producing land and providing incentives to encourage food truck participation at agricultural tourism events. Each potential option included a summary of what changes would be needed for implementation, the anticipated level of environmental review, the estimated cost for environmental review and for permit fee waiver pilot programs and the anticipated timeframe for the implementation to occur.

The four options provided for food and goods vendors consisted of limiting events to one temporary food facility vendor, allowing for multiple food vendors without limitations to the number of food vendors, allowing for food and goods vendors with a requirement that at least 51% of the sales be agriculture-related and allowing multiple food or goods vendors without limits. In November 2018, the supervisors chose the option of multiple food and goods vendors with a majority of sales being agriculture-related. That action adopted two recommendations involving permit fee waivers for pilot programs and sent

see **ORDINANCE**, page A-6

FRHD votes on
district elections,
district-owned
properties

Will Fritz
Associate Editor

The Fallbrook Regional Health District voted to make changes to its election process for board members, switch a school currently paying to use the site of the district's future Fallbrook Wellness Center to a month-to-month lease and redesignate a district-owned property so that it can potentially be sold in the future at its Nov. 13.

The health district began voluntarily exploring the possibility of moving from an at-large election system to a zone-based election system earlier this year. At its November meeting, the district's board of directors voted to switch to an election system by which each board member will be elected from one of five zones.

The board also voted to move the Rock Rose School for Creative Learning, which leases a building at the Fallbrook Wellness Center site, to a month-to-month lease effective Dec. 31. The school is in the process of preparing to move to a new site, Rachel Mason, director of FRHD, said.

The board declared its property at 617 E. Alvarado St., the location of the district's urgent care center, to be "surplus land" – meaning that it's no longer necessary for the district's use.

The designation is the first step in a process that could open up the property for sale, though it's uncertain whether that will actually take place. The district is first required to offer to sell or lease the property to San Diego County or one of the local school districts before any other potential buyers can be identified.

thisweek

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ANNOUNCEMENTS

Retired teachers to hear holiday program

FALLBROOK – The California Retired Teachers Association will hold its general meeting Wednesday, Dec. 4, 10, a.m. It will take place at the Golf Club of California, 3742 Flowerwood Lane in Sycamore Ranch.

There will be a special holiday program put on by the Fallbrook High School Madrigals that guests won't want to miss. To make a reservation, call Marilyn Wertz at (760) 723-3696 or email her at mwertz46@roadrunner.com.

Reservations must be made by Nov. 28.

Submitted by California Retired Teachers Association.

Bird club to host Winter Holiday Party

VISTA – North County Aviculturists, a club for pet bird owners and breeders, will hold their annual Winter Holiday Party Saturday, Dec. 7, at 5:30 p.m. at the Vista Masonic Center, 761 Eucalyptus Ave. in Vista.

Attendees will enjoy a potluck and a Golden Bird opportunity drawing. The meeting is for members only, but interested people can join at the meeting and get in on all the fun, according to club officers.

North County Aviculturists is a nonprofit social and recreation clubs. For more information, visit www.ncabirdclub.com.

Submitted by North County Aviculturists.



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Fallbrook Climate Action Team to discuss climate change



Fallbrook Climate Action Team to discuss climate change. Courtesy photo at their Nov. 26 forum, such as wildfire-damaged trees in Fallbrook

FALLBROOK – The Fallbrook Climate Action Team will host a forum about the local and national controversies surrounding the topic of climate change Tuesday, Nov. 26, at 6:30 p.m. in the Community Room at the Fallbrook Library.

The Fallbrook Climate Action Team is a group of local volunteers who put on free presentations to the public on climate topics. FCAT is involved with a wide range issues affecting Fallbrook and San Diego County such as sustainable energy, transportation, planting trees, the threats of wildfire and reducing food waste.

Speaker Cynthia Young with Tom and Joy Frew will discuss the business of climate denial in local and national media organizations, science and a proposed climate action plan. The talk is presented by the Fallbrook Climate Action Team. The public is welcome. For more information, visit www.fallbrookclimateactionteam.org.

Submitted by Fallbrook Climate Action Team.

Sheriff's Dept. offers holiday tips

FALLBROOK – The staff at the Fallbrook Sheriff's substation wishes everyone a happy holiday season and offers some reminders and tips to stay safe.

- Do not consider your vehicle a place to keep valuables in.
- Do not keep wallets, purses, and other valuables in your vehicle. If it cannot be avoided, it is best to place valuable items in the trunk.
- Lock the doors to your vehicle at all times or park inside of a garage.
- Park in a well-lit area.
- Consider new generation home security cameras which can record activity, motions and easily be viewed from your cellphone. They have excellent resolution, are less expensive than in previous years and far easier to set up than they used to be.

The holiday season is a time for donation scams. Be cautious and thorough in verifying who you donate to. You can always check with the Sheriff's Department before donating.

Lastly, remember to be aware of your surroundings and report suspicious activity to the Sheriff's Department: 911 in an emergency, (760) 728-1113 for nonemergency calls or the Sheriff's Crime Prevention Specialist covering Fallbrook, Bonsall, Rainbow and De Luz, Jake Kruger, (760) 451-3124.

Submitted by San Diego Sheriff's Department, Fallbrook Substation

EVENTS CALENDAR

Nov. 24 – 1-3 p.m. – Christ the King Lutheran Church offers a special session of its DivorceCare Special Support Group, "Surviving the Holidays," 1620 S. Stage Coach Road in fallbrook. Learn how to navigate the holidays and find help and healing for the hurt of separation and divorce. The workbook is only \$5. Register at www.ctkfb.org or www.DivorceCare.org.

Nov. 30 – Dec. 23 – 10 a.m. – The Friends of the Fallbrook Library's Bottomshelf Bookstore will hold its annual Christmas Boutique, 124 S. Mission Road, which includes books of all genres saved for the occasion. Gently used books, audio and video selections will also be available. Proceeds go to The Friends of the Fallbrook Library to be used for programs presented by the library for the benefit of everyone. For more information, call (760) 451-9606 or visit www.FallbrookLibraryFriends.org.

Nov. 30 – 3-6 p.m. – Bonsall Chamber of Commerce is holding a Bonsall Community Tree Lighting at River Village. Event includes horse drawn wagon rides, carolers, activities, Santa, holiday shopping, music, photo booth and more.

Dec. 6 – 5-7:30 p.m. – Fallbrook Holiday Tree Lighting will be held at the Fallbrook Community Center, 341 Heald Lane. The free event includes music, fun and celebration.

Dec. 7 – 5 p.m. – The 38th annual Fallbrook Christmas Parade will travel down Main Avenue from Ammunition Road to Ivy Street, with "A Storybook Christmas" theme. Participants include marching bands, vintage cars, youth groups, equestrian units and more.

Dec. 8 – 1-4 p.m. – The Fallbrook Historical Society holds its annual

Old-Fashioned Christmas Open House and Barn Sale at the Heritage Center, 1730 Hill Avenue, at Rocky Crest Road, and includes a special Christmas barn sale, arts and crafts for the children, scavenger hunts, docent-led tours of the museum buildings, refreshments and Santa for family photos. For more information, call (760) 723-4125.

Dec. 11 – 11 a.m. to 3 p.m. – Bonsall Woman's Club's 27th annual Christmas Luncheon will be at The Golf Club of California with the theme of "O Christmas tree." The program will feature Team Violin and Team Cello, youth violinists. Raffle items include designer wreaths, Christmas trees and themed gift baskets. Silent auction items include jewelry, artwork and quilts. To reserve a seat, mail a check for \$55, made payable to BWC, to P.O. Box 545, Bonsall, CA 92003 by Monday, Nov. 25. Name a main course choice in the memo section of the check: pork, chicken or tortellini. For more details, visit <https://www.bonsallwomansclub.org>.

Dec. 11 – 5 p.m. – Fallbrook Chamber of Commerce is holding its annual Christmas of Giving Open House. Donations will go to the American Legion Post 776, Fallbrook Child Development Center, Fallbrook Woman's Club and Live Oak Dog Park. Cash or check made payable to each organization is kindly requested.

Dec. 13 – 5:30-8:30 p.m. – Fallbrook Chamber of Commerce hosts its Holiday Wine & A Bite Art Walk, limited to 150 participants. Food, wine and artist demonstrations will be found in the Historic Downtown area. To reserve a spot, stop by the chamber office, call (760) 728-5845 or visit www.fallbrookchamberofcommerce.org.

CLASSIFIEDS

Business Opportunities

Home Income Tax Business For Sale: Home-based income tax business for sale. Call 951-225-5637

Employment

Welders wanted: Small Wildomar steel fabricator looking for welders, fit up and checkers. Steady work, will be paid per skill. Contact Alan at 951-245-0689 to set up interview.

CAREGIVERS NEEDED: Seniors Helping Seniors is hiring immediately for a caring and compassionate caregiver in Fallbrook and Temecula areas who are available to work weekends. If interested, please call 760.884.4111 for more information.

Estate Sale

Estate Sale: 1918 Acacia Ln Fallbrook, CA 92028 8AM to 4PM 11/23 & 11/24 Wrought-Iron Tables and Chairs (4 sets) Tools Garden Tools Furniture Paintings 20' Container Fans & Lights for growing & More

Garage Sales

Fallbrook Yard Sale: A large amount of electrical supplies, tools, equipment for contractors, handypersons, electricians. Excellent opportunities and deals to move it all out. Nice Christmas items & beautiful decorations, some new. Park on one side only. 2289 Winter Haven Rd Saturday, November 23, 2019 7 a.m. - Noon

Old military stuff bought: Buy old & not so old military stuff - all types & condition. Call or text Bob 760-450-8498 <http://militarypickers.com>

Real Estate - For Rent

Looking for a Guest House/Room for Rent: 58-year-old Christian Woman, Looking for a Guest House/Room to rent with private entrance in the Fallbrook or Bonsall Area. Please call 760-696-5900

Real Estate - For Sale

WE WILL MISS OUR HOME IN FALLBROOK: We have been happy in it, but we need more space for a returning family member, so we must move. If you like to be cozy by a fire, while you admire Maple trees and Palm trees through wide windows, protected from the street in a quiet cul-de-sac, with great neighbors. If you like a large fenced yard with fruit trees, shady in the summer, or a clear view of winter sunsets and quiet enough to hear frogs in the spring, you might like to buy our home. We hope so, we don't want it to be empty and alone at Christmas. Contact: Our Agent Julie @ 760-519-1296

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The Bonsall Chamber of Commerce Presents:

A Bonsall Community Tree Lighting

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Saturday, Nov 30, 2019

3-5pm at River Village

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OPINION

Support people and jobs



Assembly member Marie Waldron
AD-75 (R)

My husband and I have owned our small retail business for over 25 years. The problems we encountered running that business were some of the primary reasons I first ran for public office. Since joining the Legislature, I have supported a wide range of legislation that would stimulate business formation and provide greater employment opportunities, more workforce training and greater job growth. Reducing burdensome regulations and needless bureaucracy also remains one of my highest priorities in Sacramento.

Earlier this year, I was honored that the National Federation of Independent Businesses recognized me as a “Guardian of Small Business” for my work supporting California’s

entrepreneurs. California’s small businesses employ over 7 million people, and make up over 95% of all businesses in this region.

Earlier this month, the California Chamber of Commerce issued its annual legislative report for the first half of the 2019-2020 legislative session. CalChamber identified 20 priority bills that would have a major positive or negative impact on our economy. I am very pleased to report that I joined just six other Assembly members who achieved a 100% score for our votes to support business and jobs in our state.

The surest path to prosperity for anyone is through a secure, well-paying job. Our state has a lot going for it – after all, we’re the world’s fifth largest economy. On the other hand, we also have the highest poverty rate in the country, which means there’s a lot more we can be doing to encourage business formation and retention, and to attract more businesses to our state so those jobs will be available.

I look forward to continuing my work to help ensure business growth, job creation and economic prosperity for all Californians.

Assembly Republican Leader Marie Waldron, R-Escondido, represents the 75th Assembly District in the California Legislature, which includes the communities of Bonsall, Escondido, Fallbrook, Hidden Meadows, Pala, Palomar Mountain, Pauma Valley, Rainbow, San Marcos, Temecula, Valley Center and Vista.

Community volunteers need help

San Diego County Supervisor Jim Desmond just gave a grant of \$2,500 for a bench at Live Oak Park. I just paid \$650 for a beautiful bench, painted by Fallbrook artist Neill Ketchum, at the Save Our Forest Auction, to be placed in the native garden I am developing at my own expense at the tree-shaded north end of the park.

There are many people who live here and labor unheralded for the good of our community. This project of mine has involved support from the Fallbrook Garden Club, Save Our Forest, the Live Oak Park Coalition, native plant experts and a landscape architect, but not, frustratingly, from the park’s rangers.

I’ve spent two years pulling out invasive weeds, thistles and poison oak by hand. With much assistance from the above, I’ve created a list of plants and a map of where to put them and will begin planting when the ground is soft again.

I am 73 years old, with a broken back, bad knees and crippled hands. I’m trying to retire on Social Security after 50 years as

a carpenter, so I have no pension. I am not the only one out here like this – almost none of the volunteers in the groups I’ve mentioned or most others in town, aside from church groups, are under 65.

A community benefit district has been proposed to be funded by a monthly \$5 fee charged to customers of Fallbrook Public Utility District. I cannot overstate how strongly necessary this fee is.

Plenty of the charitable works in town are funded at their start. But the trees around town, the medians along Mission, the Land Conservancy’s parks, the library’s succulent planters, everything takes continued maintenance.

Many volunteers are at the point where they can no longer climb ladders at six in the morning to trim trees. If we want to keep living in such a beautiful town, we’ve got to put in the work – or the money. Either agree to the funding fee or come out and volunteer. Or better yet, both.

Jim Lyle

Trump’s frauds that people know of

A New York judge has ruled that President Donald Trump must pay \$2 million in damages to settle claims that the Trump Foundation misused funds. Further, the New York Attorney General Letitia James said, “The Trump Foundation has shut down, funds that were illegally misused are being restored, the president will be subject to ongoing supervision by my office, and the Trump children had to undergo compulsory training to ensure this type of illegal activity never takes place again,” according to NPR, Nov. 7.

In Aug. 24, 2013, the state of New York filed a \$40 million civil suit against Trump University alleging illegal business practices and false claims made by the

company: in other words, for fraud. After litigation, Trump was required to pay \$25 million to the former students who were parties to the suit, according to an article in The Hill, April 19, 2018.

On a more personal level, Trump promised an economic boom for America, with a gross domestic product growth rate of 6%. It’s only been half that, or less. He has created more jobs, which in a sense is a good thing because more and more people need more than one job just to survive. But that’s not enough. Personal debt is at an all-time high, as people borrow just to keep up with “nonexistent” inflation.

John H. Terrell
Fallbrook

Stop the taxpayer rip-off called “foreign aid”

James D. Veltmeyer, M.D.
Special to Village News

Of all the wonderful ratholes the federal government has devised for tossing down billions of taxpayer dollars, none is more outrageous than so-called “foreign aid,” an annual rip-off costing Americans more than \$50 billion. And that \$50 billion does not include the hundreds of billions within the defense budget that are simply disguised foreign aid, especially to the NATO nations whose militaries we’ve been subsidizing for 60ty years.

It is ironic that the Democrats’ impeachment fantasy focuses on this particular issue in regard to the nation of Ukraine and President Donald Trump’s apparent desire to link anti-corruption investigations to handing over our money to Kiev. Leave it to the Democrats to think they are going to inspire a national uprising against the president over what is undoubtedly the least popular federal spending program ever conceived. After all, how many of you approve of sending tens of billions of dollars abroad to nations and governments that you never heard of while our veterans are dying in the streets and we have record numbers of homeless people in our major cities?

You can search the U.S. Constitution high and low and find not one word authorizing the automatic annual transfer of taxpayer money to other countries. There is not and never has been any constitutional basis for foreign aid whatsoever.

Yet, ever since the end of World War II, we have spent more than \$1.2 trillion on foreign aid. That monstrous figure represents the entire size of the federal budget during former President Ronald Reagan’s second term.

A United Nations report produced in the mid-1990s analyzed the results of U.S. foreign aid spending in 70 countries. It found that every one of these countries was actually worse off than it was in 1980, most worse off in fact than in 1970. Clearly, sending American tax dollars to corrupt governments overseas does nothing to lift standards of living, unshackle command economies or deliver freedom and prosperity to their people. In most cases, these funds just subsidize and maintain corrupt and socialist governments in power, throwing them a temporary lifeline that helps them avoid making the necessary structural changes in their economies, like establishing property rights and a free market pricing system. Give a man a fish, as opposed to teaching a man to fish.

A September 2002 White House report confirmed these results, declaring that foreign aid “has often served to prop up failed policies, relieving the pressure for reform and perpetuating misery.”

Let’s look at a few more examples. A 2003 report from a leading university in Bangladesh estimated

that 75% of all foreign aid to that country is lost to corruption.

Northwestern University political economist Jeffrey Winters claimed more than 50% of World Bank aid is lost to corruption in some African nations. Former President Obasanjo of Nigeria said in 2002 that African leaders had stolen at least \$140 billion from their people in the decades since independence.

A 2002 American Economic Review analysis concluded that “increases in foreign aid are associated with contemporaneous increases in corruption,” and that “corruption is positively correlated with aid received from the United States.”

And, let’s look at the mess in Afghanistan where we have been at war for 20 years. According to the Defense Department’s inspector general, more than \$113 billion has been spent on nation-building in that land. Adjusted for inflation, that’s \$10 billion more than was spent to rebuild postwar Europe under the Marshall Plan! Most of that money was lost to waste, fraud and abuse. The people of Afghanistan never even used one-third of the completed reconstruction projects and many of the other projects are in the hands of the Taliban. Sixteen of the 21 projects analyzed were judged to have deficiencies so severe that it was a danger for anyone to occupy them. The reports also cite unqualified contractor personnel, inferior materials, poor workmanship and inadequate oversight. Even more appalling are news reports that former Afghan President Hamid Karzai would receive sacks full of CIA “ghost money” regularly in his office.

Yes, taxpayers, that’s what you got for \$113 billion.

Now, we are engaged in a Democrat and Deep State-driven “constitutional crisis” over Trump’s apparent demands on attaching a few strings to the transfer of American taxpayer money to the corrupt government of Ukraine. He actually asked that they fight corruption. Isn’t that a novel idea and it certainly constitutes an impeachable offense. Rep. Adam Schiff, House Speaker Nancy Pelosi and their ilk clearly believe your money should be distributed around the world to governments of their choosing, with no questions asked.

If fighting corruption and demanding accountability for the use of taxpayer money abroad constitutes a “quid pro quo” then count me in favor of the “quid pro quo,” and while we’re at it, count me in favor of terminating the unconstitutional foreign aid program altogether and returning those funds to the taxpayers from whom those funds were illegitimately confiscated.

Dr. James Veltmeyer is a prominent La Jolla physician voted “Top Doctor” in San Diego County in 2012, 2014, 2016, 2017 and 2019. Veltmeyer can be reached at dr.jamesveltmeier@yahoo.com.

No on FPUD & NCFPD taxation

With the Fallbrook Public Utility District asking for \$5 and the North County Fire Protection District asking for \$6 that is \$11 per month; \$11 times 12 months is \$132 per year extra per parcel on the tax bill, and there is no limit on how high this may go, as all the agencies have to do is say “Let’s raise the rate.”

Proposition 13 has no control over this type of taxation. This tax situation is how Proposition 13 came into being. The politicians

just acted like it was an OPM bank (other people’s money), and the people finally objected.

What is particularly disheartening is, as it is not under the county rule of taxes not being paid for five years, foreclosing may occur. If this taxation is not paid within 90 days, the agencies may foreclose on the property.

If either of these taxes goes through, the public loses.

Rene Cousteau

Thanks for the fence

I want to say thank you to the Fallbrook Village Association and CSA 81 for providing the funds to build the fence around the park located on Beech Street. I, for one, think it’s a much safer park now.

It’s better for a people who want to have a family picnic, a birthday party with lots of children, a reunion, large family get-togethers, small wedding, etc. in a secure area without worrying about children running into the street on South Mission Road.

It’s an alternative to Live Oak Park. If I knew a food vendor or a taco truck would park there, I’d come have lunch at the park. Thank you for the work you’ve done to secure this sweet little area in our town.

Jan Scott

www.villagenews.com

Village News

A limited number of previous issues of the Village News (more than one month old) are available for \$1.50 each, plus \$1.00 postage and handling (\$2.50 total cost). Call 760-723-7319 to order.

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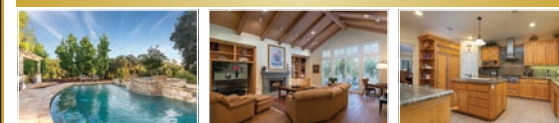
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Seller will entertain offers between \$950,000 & \$1,100,000

Majestic Views



3680 HARMONY HILL, FALLBROOK



Off Olive Hill Rd you'll find this contemporary home with majestic 180° oak studded mountain views to the NE. Modern color story of grays and whites are carried inside and out. The chef's kitchen has an open concept & features stainless appls, quartz counters and wood block island. The family room enjoys vaulted ruff-hewn ceilings with masonry fireplace. Energy efficient LED lighting throughout. Downstairs the game room boasts out-lets for 5 flat screens and 1BD apt featuring sep access, full kit, LR, ensuite bath. Seller owned solar. Horses OK.

Seller will entertain offers between \$899,000 & \$1,049,000

Walk to Beach



418 N. NEVADA STREET, OCEANSIDE



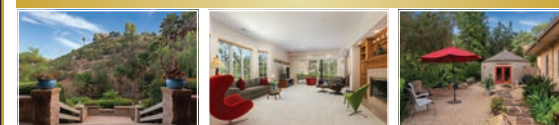
3BD, 2BA with 2 car detached garage with existing plumbing and electrical. Sewer is also accessible so garage could be converted to a studio apt. Vacation rental OK. 35' gated RV parking with 2 car tandem inside the gates. Alarm system. 8 minute walk to the beach, door to shore. Not a flip. Seller has owned for years as the family summer vacation home. Looking for close of escrow before Christmas. Seller can move as fast as a buyer is able.

Seller will entertain offers between \$795,000 & \$895,000

Country Estate



3742 FOXGLOVE LANE, FALLBROOK



Nestled in the hills of Fallbrook off of Wilt Road and Pala Mesa Drive is where you'll find this 2,650 sf custom estate with 3BD, 3.5BA, 3 car garage and detached artist studio. This home is located on 5.74 lush natural acres and provides wonderful privacy and serenity. The Artist studio can easily become an ADU with new county fast track program and waived permit fees. Every inch of this property has been lovingly maintained. An artistic eye for design has been applied to the home and the grounds. This is truly a one of a kind property.

Seller will entertain offers between \$795,000 & \$875,000

Investors



810 SMITH DRIVE, VISTA



Great opportunity for investor or homeowner who wants to roll up their sleeves and bring this beauty back to its original luster. Incredible value for this much square feet. Views are fantastic. Property is fenced and gated. Seller owned Solar. Close to town and Vista's gentrified downtown. Current owner has multiple month to month tenants in rooms and in the ground-level apartment. Potential to create "units" within the structure, because of the great floorplan, subject to Vista's planning and zoning.

Seller will entertain offers between \$600,000 & \$750,000

Panoramic Views



30652 ROADRUNNER RIDGE, VALLEY CENTER



1st time on the market! Custom built home with panoramic views and cooling gentle breezes. Privately located on 2.11 acs, yet only 7 mins to I-15. Featuring lush landscaping, this quality country home boasts hardwood floors, solid wood cabinetry, reclaimed brick accents, spacious rooms & lots of windows to take in the views. Master has ensuite bath w/sep soaking tub and walk-in shower. Kitchen boasts eat-in nook, breakfast bar & lg pantry. 40' X 24' barn boasts lg roll up door for RV & workshop area. 2167 SF, 3 BR, 2.5 BA, 3 car garage. Zoned for horses and farm animals.

Seller will entertain offers between \$625,000 & \$700,000

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Closed Escrow in Less than
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2317 HARVEST VISTA LANE, FALLBROOK

Seller will entertain offers between \$715,000 & \$785,000 SOLD FOR \$852,134

Down a private street off of Winter Haven is where you'll find this 2,748 sf Michael Crews 4BD, 3BA home w/3 car garage including built in cabinetry, gated RV parking & solar! Home features 2 wood burning gas fireplaces in the master suite and family room. Luxurious cherrywood cabinetry thruout. Open concept kitchen.

Seller will entertain offers between \$715,000 & \$785,000 SOLD FOR \$852,134

SOLD!
In Escrow 5 Days
After Listing

4205 VIA RANCHO DEL LAGO, BONSALL

Seller will entertain offers between \$1,150,000 & \$1,199,000 SOLD FOR \$1,175,000

Move-in ready with many upgrades including owned home and pool solar. The 3,662 sqft floor plan consists of 3BD plus an executive office with 2.5BA Large, gourmet kitchen, family room, formal dining room and living room. Backyard ideal for relaxing and entertaining. Located at the end of a cul-de-sac.

Seller will entertain offers between \$1,150,000 & \$1,199,000 SOLD FOR \$1,175,000

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Seller will entertain offers between \$485,000 & \$575,000 SOLD FOR \$550,000

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40789 VIA DE LA ROCA, FALLBROOK

Seller will entertain offers between \$750,000 & \$850,000 SOLD FOR \$750,000

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Seller will entertain offers between \$750,000 & \$850,000 SOLD FOR \$750,000

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SHERIFF'S LOG

| | |
|------------------------------------|--|
| Nov. 9 | |
| 1100 block S. Mission Rd | Robbery |
| Nov. 10 | |
| 100 block E. Aviation Rd | Petty theft |
| Nov. 11 | |
| 2400 block S. Stage Coach Ln | Arrest: Possession of controlled substance paraphernalia, outstanding felony warrant |
| 31600 block Calle de las Estrellas | Fraud |
| 2400 block Summerhill Ln | Arrest: Under the influence of controlled substance |
| 1000 block S. Mission Rd | Arrest: Under the influence of controlled substance |
| W. Clemmens Ln @ S. Mission Rd | Vehicle burglary |
| Nov. 12 | |
| 1100 block Alturas Rd | Battery |
| 1200 block S. Vine Street | Vehicle burglary |
| 200 block Aviation Rd | Forgery |
| Nov. 13 | |
| 800 block E. Alvarado St | Vehicle burglary |
| 400 block Ali Way | Arrest: Public intoxication |
| 700 block N. Stage Coach Ln | Fraud |
| 1100 block Alturas Rd | Missing person |
| W. Mission Rd @ De Luz Rd | Domestic abuse |
| W. Kalmia St @ N. Pico Ave | Petty theft |
| 7300 block W. Lilac Rd | Terrorist threats |
| Nov. 14 | |
| 32000 block Arlington Cir | Death |
| Pala Rd @ Horse Ranch Creek Rd | Arrest: Possession of controlled substance, controlled substance paraphernalia |
| 00 block Via Casitas | Burglary |
| 900 block S. Main Ave | Battery |
| 300 block W. Aviation Rd | Arrest: Battery |
| 1000 block S. Mission Rd | Theft from elder/dependent adult |
| De Luz Rd @ Calle Roxanne | Recovered stolen vehicle |
| Nov. 15 | |
| 1200 block S. Mission Rd | Arrest: Burglary, conspiracy |
| 200 block Windsor Grey Ln | Sex crime against a child |
| 100 block Amigos Wy | Burglary |
| 300 block W. Clemmens Ln | Arrest: Domestic abuse |
| 1000 block E. Mission Rd | Arrest: Outstanding misdemeanor warrant |
| Nov. 16 | |
| 1100 block Alturas Rd | Arrest: Public intoxication |
| 1100 block Alturas Rd | Battery |
| 400 block W. Clemmens Ln | Domestic abuse |
| Nov. 17 | |
| 200 block Ammunition Rd | Arrest: Public intoxication |
| S. Mission Rd @ W. Fallbrook St | Arrest: Public intoxication |
| 800 block S. Main Ave | Arrest: Public intoxication |

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Distracted driving is a habit CHP can help drivers break

SACRAMENTO – With a yearlong statewide campaign, the California Highway Patrol is working with the California Office of Traffic Safety to combat distracted driving by changing the habits of adult drivers through educational and enforcement efforts.

For the Adult Distracted Drivers campaign, which started Oct. 1, the CHP will conduct at least 100 distracted driving enforcement operations and at least 600 traffic safety presentations statewide. Simply changing driving habits can help stop distracted driving.

“Our goal with this grant is to educate the public about the hazards associated with distracted driving,” CHP Commissioner Warren Stanley said. “The CHP will continue to encourage drivers to discontinue the deadly habit so everyone can reach their destination safely.”

Each year, distracted drivers kill or injure thousands of people. Distracted driving is a habit that can be broken. The campaign will remind drivers that the likelihood of being involved in an automobile accident increases dramatically if they drive distracted.

Cellphones are the top distraction for drivers because they have become central to daily life. Steering, braking and focusing on the roadway are priorities while driving. A person trying to drive

and use a cellphone at the same time cannot do either very well.

“Texting while driving results in longer reaction times than drunken driving. When driving, your attention must be on safety,” Commissioner Stanley added. “Nothing on that phone is worth endangering your life or anyone else’s.”

Funding for this program was provided by a grant from the California Office of Traffic Safety through the National Highway Traffic Safety Administration.

Submitted by California Highway Patrol.

ORDINANCE

from page A-1

the other recommendations to county staff for development and environmental review.

Under current state law and county code agriculture producers may host a vendor to sell locally produced food through a temporary food facility permit which is administered by Department of Environmental Health under the California Retail Food Code. Food trucks are currently allowed at boutique wineries, small wineries, large breweries or distilleries or agricultural production land associated with agricultural tourism. Certified farmers’ markets are allowed only on public property or commercially zoned parcels. Temporary food facilities can operate for no more than 25 days of any 90-day period.

A Zoning Ordinance amendment was necessary to define and authorize agriculture tourism community events. The proposed amendment would limit events to 350 people, which is consistent with existing county code for sheriff’s department licensing of for-profit events, while also limiting the hours of operation, prohibiting outdoor amplified sound and specifically excluding carnivals, swap meets and weddings.

Agritourism activities are defined as an accessory agricultural use where the public visits a commercial agricultural operation for enjoyment, education or active involvement in the agricultural activities. Such activities include customers picking their own agricultural products, tours, agricultural instruction or demonstrations, lectures or classes about agriculture-related topics and participation in agricultural operations on the premises. The intent of those activities is to aid the economic viability of agriculture both by providing additional economic activity and by educating the general

public about the importance of agriculture.

Small agricultural stores are separate from agritourism activities and were approved as part of the Agricultural Promotion Program. A zoning verification permit was required although the revised ordinance would eliminate that permit requirement. The draft ordinance revisions also define temporary agritourism community events and provide criteria for commercial agricultural operations to include for-profit sales during agritourism activities.

Under the current ordinance agritourism is allowed if at least 50% of a parcel’s area is suitable for agriculture and at least 25% is actively used for agriculture. For a parcel exceeding 200 acres at least 40 acres must be actively used as agriculture. The proposed revisions will allow parcels exceeding 20 acres to qualify if at least 5 acres are in active agricultural use.

The proposed revisions define a temporary agritourism community event as a publicly accessible for-profit organized activity or gathering which is advertised or promoted. A nonprofit community event with a community events permit provided by Department of Environmental Health would also be considered a temporary agritourism community event. The event must be limited to no more than 350 guests. The maximum number of temporary events would be 25 days within a 90-day period.

Up to two goods vendors would be permitted at a temporary agritourism community event unless at least 51% of the total vendors are related to agriculture products in which case additional goods vendors would be permitted. An operator selling food would require a temporary food facility permit. Any alcohol sales would require a state Alcoholic Beverage Control license, and if the facility has a permanent ABC license the conditions of that license would apply. Sanitation facilities meeting Department of Environmental

Health standards must be provided.

The community events including setup and tear down activities would be limited to between 8 a.m. and sunset, and all temporary components must be removed within 24 hours after the conclusion of an event. All areas accessed by the public must be permitted and constructed in compliance with applicable commercial building codes including the Americans with Disabilities Act.

Outdoor amplified sound would not be permitted. Temporary agritourism community events would specifically exclude carnivals, corporate events, festivals, music concerts and weddings.

The changes also amend the county’s tiered winery ordinance to allow temporary agritourism community events on wholesale limited, boutique and small wineries. The ordinance currently prohibits all commercial activities, and other commercial activities would still be prohibited.

The Agriculture Promotion Program included a requirement for adequate off-street parking and prohibited parking on private roads; that would not be changed. The addition of food and goods vendors is not expected to substantially increase traffic impacts, so the update of the 2017 Programmatic Environmental Impact Report did not require a modification.

The Valley Center Community Planning Group is the only community planning group or community sponsor group to have taken a position on the ordinance amendments for temporary agritourism community events; the planning group voted 11-0, Oct. 17, in favor of the draft ordinance amendments. The public comments led to a revision in the hours of operation, which originally were from 10 a.m. to sunset, as farmers often begin their work earlier in the day when the temperature is cooler and earlier hours would also be more comfortable for the visitors.

Sheriff’s staff talks crime during Coffee with the Community event

Will Fritz
Associate Editor

Staff from the San Diego County Sheriff’s Department Fallbrook substation met with members of the community in the evening Nov. 13, to discuss various public safety issues on residents’ minds.

Vehicle break-ins, 911 call response times and gang activity were all topics Fallbrook locals came to the substation to talk about with Lt. Rick Lopez, who oversees the substation, and Sheriff’s Department Crime Prevention Specialist Jake Kruger.

Fallbrook resident Jan Scott told sheriff’s staff that she had several videos posted to social media indicating that someone has been breaking into cars on Alvarado Street.

“They caught him about three times, they caught him snatching a purse out a car,” she said.

She also pointed out that there have been multiple vehicle break-ins and burglaries on Alturas Road along the eastern edge of U.S. Marine Corps Base Camp Pendleton, which have been listed in the sheriff’s log in Village News’ weekly print edition.

Kruger said the sheriff’s department was aware of those incidents.

“Some windows smashed, but mostly there are unlocked cars (that are the focus of the burglaries),”

Kruger said. “The starting point would be ... don’t keep anything valuable in your car, locking the doors, reporting suspicious activity.”

He said just reporting any activity that could be criminal would help.

“You don’t have to have the whole crime figured out,” he said. “Deputies might be right around the corner.”

Kruger said some may feel comfortable intervening if they see a theft or burglary in progress, but others may not, so he said residents should respond however they think is best.

“You can always call 911,” he said. “In terms of how much you want to get involved with a crime in progress, that’s up to you. I would say be safe.”

Jessica Richer, another Fallbrook resident, inquired whether there was any way to get deputies to her quickly in an emergency – she said she lives near downtown Fallbrook and had a situation in which it took 45 minutes to get a deputy to her home after calling 911. She also said she was put on hold during the call.

Kruger and Lopez both said they weren’t sure why she would have had such a long delay and said she shouldn’t have been put on hold. Dialing 911 is still the best way to get in touch with law enforcement in an emergency, they said.

“Be as clear as possible that

you need a deputy now; it’s an emergency,” Kruger said. “They’re gonna evaluate what you’re saying and send somebody out.”

Scott also brought up the topic of gangs in town, saying she had seen videos posted to YouTube in which individuals were openly advertising their membership in a Fallbrook gang.

Lopez said while Fallbrook does have a gang, activity related to that gang is much lower than it was about a decade ago.

“Before being a lieutenant, I was a gang detective for many years. I did investigations on gangs here when it was really bad,” he said. “I’m happy to report – we have some gang crime here – but I did the stats last year, we had like five (incidents) and two of them were taggings, so we had three legitimate gang cases.”

He said one area that is frequently targeted by taggers is Vine Street in downtown Fallbrook.

“We have tagging on Vine Street. We’re always gonna have tagging on Vine Street; that’s kind of their area,” Lopez said. “And it’s a secluded area, easy for them to get away. (It is the) easiest thing for them to prove their allegiance so that’s the thing that they’re always gonna do.”

Lopez said the graffiti there is usually removed quickly by the Fallbrook Beautification Alliance, though.

Probation receives grant to monitor high-risk, repeat DUI offenders



The San Diego County Probation Department DUI Unit takes a photo with chief probation officer Adolfo Gonzales, left, at an awards ceremony for the \$369,000 grant the department received from the California Office of Traffic Safety.

Yvette Urrea Moe
San Diego County Communications Office

The San Diego County Probation Department received a \$369,000 grant from the California Office of Traffic Safety to supervise high-risk, repeat DUI offenders with suspended or revoked licenses. “The grant helps our officers provide intensive supervision to felony DUI offenders and we are grateful for it,” Ruben Leyva, assistant chief probation officer, said. “It partially funds positions and enables officers to conduct compliance checks after hours. Without this important funding, high-risk DUI offenders would not be properly supervised due to the increasing numbers of high-risk and repeat DUI offenders being released into the community and placed on probation by the courts.” The one-year grant period started Oct. 1 this year. The Office of Traffic Safety has awarded San Diego County Probation Department DUI Grant funding for 13 years. Grant funding will

be used to make sure offenders are following the court ordered terms of their probation, including home, work and office visits, alcohol testing and warrant service operations. In addition, funding will also be used to develop “Hot Sheets” that identify repeat DUI offenders, work with court officials to establish probation orders for DUI offenders on probation and provide standard field sobriety test training to officers. This grant is aimed at reducing the number of persons killed and injured in alcohol-related collisions, as well as lower DUI recidivism rates. “Supervision programs help make sure DUI offenders are held accountable for their actions and not putting others at risk,” Barbara Rooney, director of the Office of Traffic Safety, said. “Our coordinated effort with the San Diego County Probation Department reduces the chances of probationers re-offending.” Funding for this program was provided by a grant from the

California Office of Traffic Safety, through the National Highway Traffic Safety Administration. DUI probation officers supervise individuals in San Diego County seven days a week during non-traditional hours, including weekends and holidays. In addition to enforcing sobriety, officers work with community partners to provide appropriate resources for each individual and to assist them with their overall compliance with the conditions of their grant of probation. The support provided by the Probation Department and collaboration with local agencies is essential for clients’ successful completion of probation without reoffending. As a member of the San Diego County Law Enforcement Task Force against Youth Access to Alcohol, the DUI Unit supports several alcohol enforcement activities in the community and works with local law enforcement and stakeholders to improve road safety and educate the public on the dangers of impaired driving.

Fallbrook Sailor takes part in U.S. Navy exercise



U.S. Navy photo by mass communication specialist Petty Officer 2nd Class Taylor DiMartino

PHILIPPINE SEA – Cmdr. Jonathan Hopkins from Fallbrook, the commanding officer of the Arleigh Burke-class guided-missile destroyer USS Milius, stands on the port bridge wing as Milius sails in formation during Annual Exercise 2019. Destroyer Squadron 15 is currently participating in Annual Exercise 2019, an annual, bilateral exercise which further develops coordination and interoperability of the premier alliance between the U.S. Navy and Japan Maritime Self-Defense Force.

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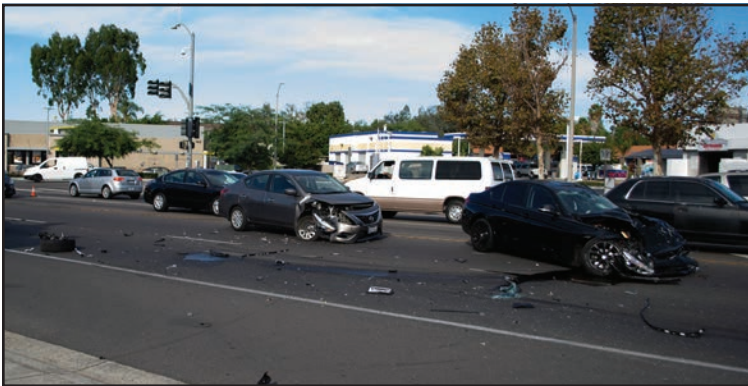
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Crash closes part of southbound Mission Road Nov. 18



A crash Monday afternoon, Nov. 18, blocks lanes of southbound Mission Road near Ammunition Road in Fallbrook.

Will Fritz
Associate Editor

A pileup crash partially shut down a Fallbrook roadway early Monday afternoon, Nov. 18. The collision, which involved three vehicles, was reported around 1:15 p.m. on southbound Mission Road just south of Ammunition

Road, according to the North County Fire Protection District. Three people complained of pain, but all declined medical assistance and were not hospitalized, North County Fire spokesman John Choi said. Mission Road was shut down for about an hour after the crash.

Fallbrook's 2019 Thanksgiving Day

11th Annual

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Local riders earn certification

FALLBROOK – Fallbrook Pony Club announced the certification of Hannah Bauer, 10, at D1, Devon Davis, 11, at D2 and Shelby Murray, 14, at C2 at a testing Oct. 13, at Fallbrook Riders field. These Pony Club members have worked hard to achieve their new certification levels and to move on to the next stage in their Pony Club curriculum. The pony club also had Jane Oatman and Julie Murray, two of its adult horse masters, also receive their D2 rating that same weekend.

To earn the certification, they each passed an examination that tested both horsemanship skills and equine knowledge. Each of the Pony Club certification levels is more difficult than the preceding one and requires Pony Club members to learn more about horses and their care and to become increasingly accomplished riders and teachers to younger members. The top certification level is the A level and is reached by fewer than one in 300 club members. It denotes throughout the international horse industry a highly competent and knowledgeable horse person. The United States Pony Clubs Inc. was founded in 1954 as a nonprofit national youth organization to teach riding and horsemanship through a formal educational program. Many of the nation's top equestrians, including several Olympic team members, business professionals, government leaders and career military officers, have roots in Pony Club. Youth members range in age



Devon Davis, left, and Hannah Bauer display their certification awards at Riders Field.

from as young as 4 through age 25. Pony Club also offers educational opportunities to a growing number of adults through its Horsemasters program. There are approximately 9,000 Pony Club members in over 600 clubs and riding centers in 42 regions throughout the country; for more information, visit www.ponyclub.org. Fallbrook Pony Club was founded in 1979 and is one of the oldest clubs on the West Coast. It

has called Fallbrook Riders field its home from the very beginning. Along with an emphasis on helping its members learn to ride and care for horses, Fallbrook Pony Club promotes teamwork, a sense of responsibility, safety, good moral judgment and self-confidence. Anyone interested in learning more about Fallbrook Pony Club and its programs can contact Julie Murray at (760) 310-3725. Submitted by Fallbrook Pony Club.



Shelby Murray poses with her pony Sonik after achieving her C2 certification.

the village beat

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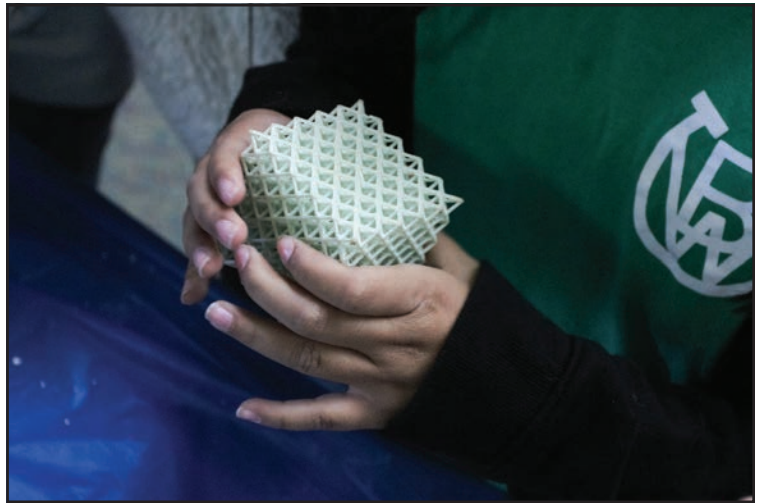
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Volume 23, Issue 47

Bonsall West Elementary School students take part in STREAM event



Bonsall West Elementary School student Tyler Williams learns about computer science and programming mini robots during the school's S.T.R.E.A.M. – science, technology, reading, engineering, art and math – event, Nov. 8.



A Bonsall West Elementary student holds a product of 3D printing at a booth staffed by members of the U.S. Navy. *Shane Gibson photos*



U.S. Marine Corps 1st Lt. Aaron Olson and Cpl. Jeremiah Johnson teach Bonsall West Elementary School students about aeronautics during the school's S.T.R.E.A.M. event.



Bonsall West Elementary School students see robotics in action with members of the U.S. Navy during the school's S.T.R.E.A.M. event.



Bonsall West Elementary School student Sophia Rooker celebrates after completing an architecture project presented by students from Mira Mesa College.



Bonsall West Elementary School students help make a non-Newtonian slime during the school's S.T.R.E.A.M. event.



Wendy Stewart, dean of Mira Mesa College, helps children learn about sound waves during the school's S.T.R.E.A.M. event.



Anthony Jacquez sits in the passenger seat of his dad's car while a demonstration of hydraulic systems is shown to Bonsall West Elementary School students.



Bonsall West Elementary School students learn about hydraulic systems from a lowrider car during the school's S.T.R.E.A.M. event.

Manage unfulfilled holiday expectations

Christine L. Assad
Special to Village News

Of all the holidays, Thanksgiving is the one most dear to my heart. My childhood expectations are of family and friends sharing a feast with the sound of football games playing in the background. The fellowship and food are not what make it great for me, however; it is the consciousness of gratitude, giving thanks for the many blessings in our lives.

It has not always been this way. Past years have not always fulfilled my childhood expectations in that there has not always been family to share with and my friends were busy with their families. Most of my family members have died or moved out of state.

The sadness of the unfulfilled expectations turned into deep sorrow, even depression for me. Sometimes it was the same at Christmas; sadness and loneliness. I could understand why statistics had shown more suicides during the holidays than at any other time of the year.

Fortunately, I am learning that the childhood expectations are a fantasy of my own making, where the memories have become glorified distortions of the truth.

What actually happened was less joy and harmony and more arguments of family insults and manipulations through guilt trips. Demands were made. Adults were treated like children. Stomachs would churn. Heads would ache. It was not the perfect holiday of my imagination.

One time I accidentally burned the mashed potatoes. To my in-laws I had totally ruined the dinner, which they were sure to tell me about that year and the next again for several years later. Then there were the criticisms of my 3-year-old son Tommy, who had not learned good table manners. He chose to turn the china dishes, silver and fine crystal into musical instruments. I was the

over permissive parent who allowed this rude behavior. I am proud to say that as an adult, Tommy has turned this innate talent into becoming a professional rock and roll drummer and musician.

When he was a child, however, there were many tears because Santa had not assembled his “castle” for Christmas morning. Why was I so slow at it and why were all the presents from Santa and none from me? Shouting, demands and tears were not the Norman Rockwell holiday I had expected as a parent.

In truth, holidays are very stressful times with many demands made by our culture, our families and our friends. Many feel forced to buy gifts which are often returned or exchanged. We wear “grin and bear it” smiles in the midst of sarcastic criticism. We over eat and drink too much, while aware that a pulsing stomach ulcer is on its way.

“When is that next therapy session?” we ponder. Despite all of this, my imagination continues to remember the holiday of “It’s A Wonderful Life.” with James Stewart. I even hear the tinkle of angel bells in my head.

Still, Thanksgiving is my favorite holiday because I can count my blessings, filling my heart with gratitude. I thank my lucky stars that I am an adult with choices. I can choose my friends and have chosen wonderfully generous, joyful and playful ones.

I can choose to skip the family dinner this year and perhaps take a trip to the mountains instead. I can choose to enjoy the many gifts I have each day of health, freedom and friends who love me.

I have more than enough to be able to share with those who do not and I am able to receive the generosity of others. I live in a warm, cozy home which I share with devoted pets and friends as I choose to release my past fantasies in appreciation of the abundance and blessings of the life I live today.

Not letting that family gathering overwhelm you

The American Counseling Association
Special to Village News

The holiday season is coming which for many can mean family get-togethers. It would be wonderful if every family gathering was a Norman Rockwell-type scene but, unfortunately, most families are a little less than Rockwell perfect.

If a big family event is approaching, there’s a good chance that while some family members may be looking forward to it, it may also be producing stress and anxiety. There are a number of reasons for such feelings, but there are ways to lessen that stress.

One common problem is that people change. They may no longer quite fit the same image that parents, siblings and other family members still carry with them. Some family members might still see that little child or immature teen from years ago and find it hard to recognize how the person has grown and matured.

When family members can’t recognize all the changes that have influenced other member’s growth, it can be annoying. And it can be difficult in a short holiday visit to really communicate much to distant family members, since they often underestimate others and are more interested in themselves than in learning how people have changed.

Family visits also bring with them family history. There may be old disagreements or awkward relationships that now come up again. Past family arguments or misunderstandings may resurface.

A person can also feel stressed that they haven’t met family expectations. Recent job problems, financial issues or relationship difficulties can leave them feeling insecure knowing they aren’t presenting the image or results that the family had expected.

So how to deal with all this dissonance? Start by recognizing that this feeling of stress, whatever the source, is a very normal reaction. Next, identify what about

that family gathering is creating the anxiousness, then plan ways to avoid those anxiety-producing issues. Are there certain situations or people that should be avoided? Maybe the answer is to simply accept that the holiday won’t be a wonderful time as hoped.

Instead, try to seek out people and situations that will make the visit more enjoyable. Don’t bring up old problems or current issues, if that helps. The goal is to make the visit as pleasant and stress-free as possible.

And if such a goal seems impossible, consider making the visit shorter or avoiding it all together. Some issues simply may not be fixable. Don’t let old problems ruin the holiday enjoyment.

Counseling Corner is provided by the American Counseling Association. Send comments and questions to ACAcorner@counseling.org or visit the ACA website at www.counseling.org.

New crisis stabilization unit to improve behavioral health care in North County

ESCONDIDO – Pre-fabricated walls were put in place recently for Palomar Health’s new crisis stabilization unit.

The new unit delivers several improvements over the existing facility, according to the health care provider. It doubles the number of patients who can be served at any given time from eight to 16; it’s located next door to the Emergency Department on the campus of Palomar Medical Center Escondido eliminating transportation time and costs and is designed following best practices to serve people suffering a mental health crisis.

“We are committed to providing the very best care for all our patients,” Palomar Health chief operating officer Sheila Brown, RN, MBA, FACHE, said. “The CSU will benefit the entire community. It should improve our ability to stabilize patients having a mental health crisis by treating them in a safe environment that’s less restrictive than a hospital and open beds for patients best treated in the Emergency Department.”

The CSU is a short-term, intensive treatment option for patients experiencing severe behavioral health episodes. On-site behavioral health experts are available 24 hours a day, seven days a week to do assessments, prescribe medications

and provide therapy. Patients are stabilized and discharged within 24 hours leaving with a therapeutic plan and suitable housing arrangements.

The CSU should provide several community benefits including increased efficiency for law enforcement officers delivering patients, immediate interventions delivered to people experiencing mental health issues and reduced wait times in the Emergency Department for patients seeking non-behavioral health treatment.

Palomar Health is also working with the county of San Diego Health and Human Services Agency to

bring inpatient behavioral health services to the Palomar Medical Center Escondido campus to broaden the continuum of care provided to North County residents.

Established in 1948, the award-winning team at Palomar Health provides the most comprehensive health care in North San Diego County through its three medical centers and more than 900 affiliated medical providers serving more than half a million people. For more information, visit www.PalomarHealth.org.

Submitted by Palomar Health.

San Diego flu cases up again

José A. Álvarez
San Diego County Communications Office

The number of lab-confirmed influenza cases in the region increased again, the County Health and Human Services Agency announced Wednesday, Nov. 13.

A total of 74 flu cases were reported last week in San Diego County, 22 more than the 52 reported the previous week.

“We’re seeing a steady increase in flu cases in recent weeks, a sign that influenza activity in the region is growing,” Dr. Wilma Wooten, county public health officer, said.

Last week’s flu case total is more than double the 33 lab-confirmed cases reported during the same week last season. To date, three San Diegans have died from influenza this season, compared to one death at the same time last year. Last season, 77 people in the region died from complications from the flu.

The county Health and Human Services Agency publishes the Influenza Watch weekly report, which tracks key flu indicators and summarizes influenza surveillance

in the region. The report is released every Wednesday during the flu season.

For the week ending Nov. 9, the Influenza Watch report shows emergency department visits for influenza-like illness are 3% of all visits, compared to 3% the previous week.

There were 475 total lab-confirmed cases to date, compared to 190 cases last season.

People should do the following to avoid getting sick:

- Wash hands thoroughly and often.
- Use hand sanitizers.
- Stay away from sick people.
- Avoid touching your eyes, nose and mouth.
- Clean commonly touched surfaces.

If someone is sick, they should stay home and avoid contact with others.

The flu vaccine is available at doctors’ offices and retail pharmacies. If anyone doesn’t have medical insurance, they can go to a county public health center to get vaccinated. For a list of locations, visit www.sdiz.org or call 211 San Diego.



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ENTERTAINMENT

‘Around the World in 80 Days’ is a wonderful adventure

Elizabeth Youngman-Westphal
Special to Village News

In 1869, the French travel publication *Le Tour du monde* printed a story suggesting, after the completion of a 140-mile stretch of railway between Allahabad and Mumbai, India, with the right connections and forethought, one could in fact travel around the world in a mere 80 days.

It was this outrageous concept that sparked the mind of Jules Verne, the “Father of Science Fiction.” In the New Village Art’s program centerfold, the not-to-be missed itinerary outline for this wonderful adventure is listed.

Naturally, only a member of England’s prestigious Reform Club could complete a voyage of this scale, and Phileas Fogg bets half of his wealth that he is the

man to do it. Fogg is played with alacrity by veteran actor Frankie Alicea-Ford.

Alicea-Ford is able to depict Fogg’s precise regularity while exposing his humanity. With a clear voice, Alicea-Ford finds Fogg’s soul and breathes life into in his songs.

While this musical is an ambitious undertaking for a small theater with a tiny stage, the creative team at New Village Arts deserves applause. Just when it would appear to be a flutter of confusion onstage, the scene transposes in front of your eyes as all is righted when the adventure continues.

By the way, property master Cassie Langan deserves high praise for her exceptional work on this project. Doubtless, she suffers acute trepidation as she dresses the stage before each performance.



Naidu, played by Alexander X Guzman; Passepartout, played by Audrey Eytchison, and Phileas Fogg, played by Frankie Alicea-Ford, in “Around the World in 80 Days” is now playing at New Village Arts in Carlsbad. Darren Scott photo



Inspector Fix, played by A.J. Knox, prepares detectives, played by Alexander X Guzman, Rae Henderson and Olivia Pence, to track the robber of the London Bank.



Kamana Aouda, played by Farah Dinga, is saved from being cast on her husband’s funeral fire.

Making sense of the ongoing silliness is a wee cast of characters. Only four members rarely leave view as they transfer from one escapade to the next. These talented performers deserve recognition.

In alphabetical order they are Alexander X. Guzman who can walk on his hands and juggle, Rae Henderson, Jasmine January and Olivia Pence. This quartet does split-second changeups in full view without a misstep, each earning a star on their dressing room doors.

Adding to the nonsense are walk-on performers Rachel Ford and Reid Moriarty as Reform Club members who were pulled from the NVA Mainstage Players. Kudos to both.

Contributing to the singing madness is Audrey Eytchison. She plays Passepartout, Fogg’s valet and man-of-all-work. Sporting a tiny mustache, Eytchison brawls and contorts while still delivering tea at the appointed hour. This scrappy gal performs with lots of zing and power.

As it happens when Fogg travels through India by train, he discovers a widow about to be tossed onto her husband’s funeral fire. Fogg saves the day when he

asks Kamana Aouda, played by Farah Dinga, to join him in his travels until he can get her to her Canadian cousins. Miss Dinga moves seamlessly from sari to Victorian attire as she develops into Fogg’s love interest.

And then there is Inspector Fix who must have trained under France’s most revered Inspector Clouseau. A. J. Knox envelops his character without a speck of dignity. His performance is flawless.

The Shantyannes turned the timeless classic “Around the World in 80 Days” into a musical. This talented foursome not only wrote original music and lyrics, they also play at the performances.

They call themselves a “four-piece, rag-tag musical troupe” and humbly go by Joe, Renee, Kelly and Billy. But what they are is musical geniuses. Along with musical director Tony Houck on keyboards, they all make up the onstage pirate band that blends into the set. One of their standout songs is performed by Inspector Fix when he forswears to “Chase You Around the World.”

Kristianne Kurner directs Laura Eason’s adaptation. The show is delightfully choreographed by

Jenna Ingrassia-Knox. Becky Goodman is the designer of lighting and Violet Ceja provided the sound working hand in hand with Tanya Orellana who imagined the interactive sets.

Other behind the scenes fairies include dialect coach Gerilyn Brault, Rosalee Barrientos as stage manager, Jonah Gercke as the projection designer and Trevor Rex as the assistant choreographer.

This madcap production will run until Dec. 22, at New Village Arts at 2787 State Street in Carlsbad Village. Free parking is right behind the theater in the Coaster station parking lot.

For those who read my bimonthly column “Kicking It,” you will appreciate why my husband suggests arriving early to enjoy one of this year’s season sponsors, Handel’s Ice Cream, across the street from NVA. Be prepared for long lines.

For tickets, call the box office at (760) 433-3245 or visit www.newvillagearts.org. The show is over 2 1/2 hours plus a 15-minute intermission. Dress comfortably.

Out of 10 this show is rated 9++.

Elizabeth Youngman-Westphal can be reached by email at eyoungman@reedermedia.com.

VFW Post 124 entertains, feeds to raise funds for programs

Jeff Pack
Staff Writer

On any given night, you can find Chris Ingraham, commander of Veterans of Foreign Wars of the

Charles E. Swisher Post 1924, and some of the 30 or so post member volunteers and auxiliary members staffing a dinner or entertainment event at the post.

From the popular Monday

Burger Night to Saturday Night Karaoke, while the intent of the events are to entertain and engage with veterans, they also serve another purpose.

“I’ll be honest, what we do is we use those as a way to help raise money for all of our programs,” Ingraham said in a telephone interview. “One of the things that we do, and a lot of people don’t know about and I try to get it out there, is every year there are two scholarship programs that we provide for Potter Junior High and Fallbrook Union High School.”

But that’s not all, the VFW has more than a dozen programs that it funds or provides to the community, including the recent Veterans Day Parade in Fallbrook.

“We get no sponsorships, no nothing to put that on,” Ingraham said. “We put that on our dime as our way of giving back to the community for the way they support us all year because they come to our breakfasts and they come to our dinners.

“Coming from the Midwest myself, Fallbrook really is small-town America. It really is,” he said.

The post will award \$900 in scholarship money Thursday, Nov. 21, to junior high and high school students at an open-to-the-public awards dinner for the winners of the Patriot Pen and Voice of Democracy essay contests.

Next May, they will give away \$1,000 to a Fallbrook Union High School senior student, one of the largest scholarships offered in town.

Other programs the post hosts or provides include the Buddy Poppy Program; Teacher of the Year Program; Disaster Relief Program; North San Diego County Veterans Stand Down in Vista; Fallbrook

Youth Activities Program with the Cub Scouts, Trail Life Scouting, Heritage Girls Scouting, Youth Baseball and the JROTC Naval Sea Cadet program; the VFW National Home Program; the Legislative Program; the Community Service Program and the Military Adopt-A-Unit Program.

“So all of these soup bar and salad bar things that we do that are all open to the public, they help us raise money for all of our programs,” Ingraham said.

Unfortunately, Ingraham said, the membership totals at the post have been diminishing over the past couple of years as older members of the post begin to pass away and for other reasons.

“We’ve lost some guys that have been voices in the community, really hard workers in and around the post,” Ingraham said. “As they get older, some of them they’re retired, and I’ll be honest, they can’t live here. I’ve lost quite a few members recently, not to death, but because they had to move out of the state cause they couldn’t afford to live here with a fixed income.”

With dwindling numbers, it becomes more and more difficult to continue to fund the programs that are so important to the post.

That’s why Ingraham encourages the community to come down to the post and enjoy the dinners and activities.

Without that support, they wouldn’t be able to provide free dinners on Thanksgiving and Christmas, which they are preparing for now.

“Thanksgiving we do have coming up and obviously Christmas, we do between 250 and 300 dinners both of those days,” Ingraham said. “And about 200 will be delivered. So, we

deliver to veterans, the homeless, we work with the Foundation for Senior Care and they provide us a list of a lot of their clientele that are homebound and may not have a family. We drive all-around all the senior communities and we deliver a traditional Thanksgiving and traditional Christmas dinner to them.

“We did, I think, 203 deliveries and total we served about 260 people last year,” Ingraham said.

This year, the post will host a Thanksgiving and Christmas Leftovers event the day after those two holidays for donations.

In order for the post to pass out free meals to those in need, Ingraham will continue to be at Friday night’s Chili and Cornbread Night, \$10 donation, Karaoke Night Saturday night until close and standing over the hot grill Monday night for Burger Night.

“Every Monday night we have Burger Night, and I cook that and that’s turning into quite a following too,” Ingraham said. “It used to be I’d only do about one or two trays of burgers and we constantly are going through about three or four trays of burgers now.”

As more and more people come out to support the post, Ingraham said they can continue to do the work they were established to do.

“What we do is we help fight for veterans and veterans’ rights and we make sure that veterans get all the benefits that they rightfully earned,” he said.

VFW Post 124 is located at 1175 Old Stage Road in Fallbrook. To follow along with their weekly events, visit www.FallbrookVFW.org.

Jeff Pack can be reached by email at jpack@reedermedia.com.



The bar area at Veterans of Foreign Wars Post 124 is the central point for the dinners and events that fund the many programs that the post conducts each year. Courtesy of VFW Post 124



Using funds raised at dinners and events at Veterans of Foreign War Post 124, the group awards a \$1,000 scholarship to a senior student at Fallbrook Union High School each year; 2019 graduate Katelin Hutzler, left, is presented a scholarship by VFW Post Cmdr. Chris Ingraham, center, and VFW Auxiliary President Deb Bottomley.



Welcome Fall!

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LEGALS

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9027348
Name of Business
STARR DESIGNS
395 Canyonside Way #204, Oceanside, CA 92058
County: San Diego
This business is registered by the following:
Deborah C Stuardduran, 395 Canyonside Way #204, Oceanside, CA 92058
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 11/12/19
LEGAL: 5153
PUBLISHED: November 21, 28, December 5, 12, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9026149
Name of Business
a. POWI NUTRITION
b. POWI ENERGY
c. DC JERKS
d. ULALA
858 Maryland Dr., Vista, CA 92083
County: San Diego
This business is registered by the following:
DC Hub, LLC., 858 Maryland Dr., Vista, CA 92083
This business is conducted by a Limited Liability Company
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/28/19
LEGAL: 5154
PUBLISHED: November 21, 28, December 5, 12, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9025479
Name of Business
FALLBROOK JAZZERCISE
122 West Ash Street, Fallbrook, CA 92028
Mailing address: 3970 Lake Circle Drive, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Lindsay Jones, 3970 Lake Circle Drive, Fallbrook, CA 92028
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/21/19
LEGAL: 5141
PUBLISHED: October 31, November 7, 14, 21, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9026000
Name of Business
CABRERA'S CLEANING SERVICES
2648 Imperial Ave., San Diego, CA 92102
County: San Diego
This business is registered by the following:
Rosario Flores Ayala, 2648 Imperial Ave., San Diego, CA 92102
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/28/19
LEGAL: 5142
PUBLISHED: October 31, November 7, 14, 21, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9024929
Name of Business
HAHN PROFESSIONAL CONSULTING
1718 Tecalote Dr. #12, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Patrick James Hahn, 1718 Tecalote Dr. #12, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first commenced to transact business under the above name as of 06/01/96
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/11/19
LEGAL: 5143
PUBLISHED: October 31, November 7, 14, 21, 2019

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case Number: 37-2019-00051840-CU-PT-CTL
TO ALL INTERESTED PERSONS
Petitioner:
KING PLAYBOY GODLY
Present Name:
KING PLAYBOY GODLY
Proposed Name:
PUSSY PLAYER WIFE'S
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: Dec. 19, 2019 Time: 9:00 am Dept: 903
The address of the court is 1100 Union Street, San Diego, CA 92101
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News
Date: 10-1-19 Signed: Peter C. Deddeh, Judge of the Superior Court.
LEGAL: 5148
PUBLISHED: November 7, 14, 21, 28, 2019

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case Number: 37-2019-00056745-CU-PT-NC
TO ALL INTERESTED PERSONS
Petitioner:
DEBRA ANNE JACKSON
Present Name:
DEBRA ANNE JACKSON
Proposed Name:
DEBBIE ANNE SELBY
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: 12/10/19 Time: 8:30 am Dept: 23
The address of the court is 325 South Melrose Drive, Vista, California 92081
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News
Date: OCT 25 2019 Signed: Sim von Kalinowski, Judge of the Superior Court.
LEGAL: 5144
PUBLISHED: October 31, November 7, 14, 21, 2019

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9026010
Name of Business
SPYGLASS HILL SERVICES
5119 Delaney Court, Carlsbad, CA 92008
County: San Diego
This business is registered by the following:
Pacific Services Inc., 5119 Delaney Court, Carlsbad, CA 92008
This business is conducted by a Corporation
This Corporation is located in the state of CA
Registrant first commenced to transact business under the above name as of 1/15/19
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/28/19
LEGAL: 5145
PUBLISHED: November 7, 14, 21, 28, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9025929
Name of Business
WRITERS RESIST PRESS
740 W. Fig Street, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
a. Kit-Bacon Gressitt, 740 W. Fig Street, Fallbrook, CA 92028
b. Sara Lynn Marchant, 38720 Cary Road, Anza, CA 92539
This business is conducted by a General Partnership
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/25/19
LEGAL: 5146
PUBLISHED: November 7, 14, 21, 28, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9026674
Name of Business
BLAZE SMOKE SHOP
4175 University Ave., San Diego, CA 92105
County: San Diego
This business is registered by the following:
Enrique A. McMillan, 7022 Mewall Drive, San Diego, CA 92119
This business is conducted by an Individual
Registrant first commenced to transact business under the above name as of 11/1/19
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 11/04/19
LEGAL: 5147
PUBLISHED: November 7, 14, 21, 28, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9026778
Name of Business
DETAILED FLORAL DESIGN
42095 Paseo Brillante, Temecula, CA 92591
Mailing address: 30777 Rancho California Road, #893031, Temecula, CA 92589
County: San Diego
This business is registered by the following:
Karese Danielle De Haan, 42095 Paseo Brillante, Temecula, CA 92591
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 11/05/19
LEGAL: 5149
PUBLISHED: November 14, 21, 28, December 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9026431
Name of Business
THE HOME REAL ESTATE CO.
4837 Sweetgrass Ln., Bonsall, CA 92003
County: San Diego
This business is registered by the following:
a. Robert Laurito, 4837 Sweetgrass Ln., Bonsall, CA 92003
b. Barbara Laurito, 4837 Sweetgrass Ln., Bonsall, CA 92003
This business is conducted by a Married Couple
Registrant first commenced to transact business under the above name as of 9/1/2013
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/30/19
LEGAL: 5150
PUBLISHED: November 14, 21, 28, December 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9025328
Name of Business
a. GEORGE PLUMBING, HEATING AND AIR CONDITIONING
b. GEORGE PLUMBING, HEATING AND COOLING
c. GEORGE'S PLUMBING COMPANY
d. GEORGE HEATING AND AIR
e. GEORGE'S PLUMBING REPAIR
f. GEORGE PLUMBING AND ROOTER
g. GEORGE PLUMBING AND MECHANICAL
h. GEORGE HEATING AND COOLING
i. JORGE PLUMBING COMPANY
j. JORGE HEATING AND AIR
k. JORGE HEATING AND COOLING
l. JORGE PLUMBING AND ROOTER
m. JORGE PLUMBING AND MECHANICAL
n. JORGE HEATING AND COOLING
o. JORGE PLUMBING REPAIR
1211 E. Mission Road, Fallbrook, CA 92028
Mailing address: PO Box 607, Fallbrook, 92088
County: San Diego
This business is registered by the following:
George Plumbing Company, Inc., 1211 E. Mission Road, Fallbrook, CA 92028
This business is conducted by a Corporation
Registrant first commenced to transact business under the above name as of 10/15/2019
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/17/19
LEGAL: 5151
PUBLISHED: November 14, 21, 28, December 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9026948
Name of Business
OCEANHILLS AUTOMOTIVE DETAILING & CONSULTING
1233 Amorlite Dr. #303, San Marcos, CA 92069
County: San Diego
This business is registered by the following:
Joshua Noel Maraliz, 1233 Amorlite Dr. #303, San Marcos, CA 92069
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/30/19
LEGAL: 5155
PUBLISHED: November 21, 28, December 5, 12, 2019

Summons

SUMMONS
Date: October 25, 2019
CASE NUMBER: DO-2019-00334
JUDGE: Eric E. Gordon
SUPERIOR COURT OF ARIZONA
MOHAVE COUNTY
PLAINTIFF: ALICIA ROSSI
1223 W. Vock Canyon Rd, Kingman, AZ 86409
DEFENDENT: RANDY LENGEL

WARNING: This is an official document from the court. It affects your rights. Read this document carefully. If you do not understand it, contact a lawyer for help.
FROM THE STATE OF ARIZONA TO: RANDY LENGEL
1. A lawsuit has been filed against you. A copy of the lawsuit and other court papers are served on you with this Summons.

2. If you do not want a judgment or order taken against you without your input, you must file a "Response" in writing with the Court, and pay the filing fee. If you do not file an "Answer" or "Response" the other party may be given the relief requested in his or her Petition or Complaint. To file your "Answer" or "Response" take, or send, the "Answer" or "Response" to the Office of the Clerk of the Superior Court, 401 East Spring Street Kingman, AZ 86401 (P.O. Box 7000, Kingman, AZ 86402-7000) or the Clerk of the Superior Court, 2225 Trane Road, Bullhead City, AZ 86442, or Office of the Clerk of the Superior Court, 2001 College Drive, Lake Havasu City, AZ 86404. Mail a copy of your "Answer" or "Response" to the other party at the address listed on the top of this Summons.

3. If this Summons and the other court papers were served on you by a registered process server or the Sheriff within the State of Arizona, your "Response" or "Answer" must be filed within TWENTY (20) CALENDAR DAYS, starting the day after you were served. If this "Summons" and other court papers were served on you by a registered process server or the Sheriff outside the State of Arizona, your "Response" must be filed within THIRTY (30) CALENDAR DAYS, starting the day after you were served. Service by a registered process server or the Sheriff is complete when made. Service by Publication is complete (30) days after the date of the first publication.

4. You can get a copy of the court papers filed in this case from the Petitioner at the address at the top of this paper, or from the Clerk of the Superior Court at the address listed in Paragraph 2 above.

5. Request for reasonable accommodation for persons with disabilities must be made to the office of the judge or commissioner assigned to the case, at least (5) five days before your scheduled court date.

A copy of the pleading being served may be obtained at the Office of the Clerk of the Superior Court located at: 401 East Spring Street Kingman, AZ 86401; Phone: (928)753-0713
2225 Trane Road, Bullhead City, AZ 86442; Phone: (928)758-0730
2001 College Drive, Lake Havasu City, AZ 86404; Phone: (928)453-0701

SIGNED AND SEALED this date: 5/20/2019
By Deputy Clerk Virlynn Tinnell

LEGAL : 5152
PUBLISHED: November 14, 21, 28, December 5, 2019

TSG No.: 190983023-CA-MSI TS No.: CA1900285521 APN: 158-461-31 Property Address: 1213 PASEO HERMOSA OCEANSIDE, CA 92056
NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 06/09/1999. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 12/20/2019 at 09:00 A.M., First American Title Insurance Company, as duly appointed Trustee under and pursuant to Deed of Trust recorded 06/28/1999, as Instrument No. 1999-0449764, in book , page , of Official Records in the office of the County Recorder of SAN DIEGO County, State of California. Executed by: ROBERT L. SMITH AND MARILYN K. SMITH, HUSBAND AND WIFE, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (Payable at time of sale in lawful money of the United States) AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY THE STATUE 250 E. MAIN ST. EL CAJON CA All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED IN THE ABOVE MENTIONED DEED OF TRUST APN# 158-461-31 The street address and other common designation, if any, of the real property described above is purported to be: 1213 PASEO HERMOSA, OCEANSIDE, CA 92056 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$ 40,195.15. The beneficiary under said Deed of Trust has deposited all documents evidencing the obligations secured by the Deed of Trust and has declared all sums secured thereby immediately due and payable, and has caused a written Notice of Default and Election to Sell to be executed. The undersigned caused said Notice of Default and Election to Sell to be recorded in the County where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 or visit this Internet Web www.Auction.com, using the file number assigned to this case CA1900285521 Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. Date: First American Title Insurance Company 4795 Regent Blvd, Mail Code 1011-F Irving, TX 75063 First American Title Insurance Company MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE. FOR TRUSTEES SALE INFORMATION PLEASE CALL 800-280-2832 NPP0363620 To: VILLAGE NEWS INC 11/21/2019, 11/28/2019, 12/05/2019

NOTICE OF SALE OF ABANDONED PERSONAL PROPERTY
NOTICE IS HEREBY GIVEN THAT PURSUANT TO SECTIONS 21701-21715 OF THE BUSINESS AND PROFESSIONAL CODE SECTION 2328 OF THE COMMERCIAL CODE SECTION 535 OF THE PENAL CODE TAYLOR SELF STORAGE 1200 EAST TAYLOR ST. VISTA CA 92084 WILL SELL BY COMPETITIVE BIDDING ON DECEMBER 12 2019 AT 11:30 AM AUCTION TO BE HELD AT THE ABOVE ADDRESS, PROPERTY TO BE SOLD AS FOLLOWS:MISC GOODS, PERSONAL ITEMS, FURNITURE AND CLOTHING
BRITTNEE BEAL
MATTHEW BRUNTON
DIANNA WHITESSELL
VICTORIA OLSEN
PATRICIA DELSPH
Published November 21, 28, 2019

Sheriff's Sale Under Foreclosure

ATTORNEY OR PARTY WITHOUT ATTORNEY McCarthy & Holthus, LLP 411 Ivy Street San Diego, CA 92101 TELEPHONE NO.: (619) 685-4800 FAX No.: (619) 685-4811 Attorney For: JPMorgan Chase Bank, National Association LEVYING OFFICER: San Diego County Sheriff's Office PO Box 85306 San Diego, CA 92186-5306 Phone:(619) 544-6401 Fax: (619) 236-2007 California Relay Service Number (800) 735-2929 TDD or 711 SUPERIOR COURT OF CALIFORNIA, COUNTY OF San Diego 325 S Melrose Dr. Vista, CA 92081 PLAINTIFF/ PETITIONER: JPMorgan Chase Bank, National Association DEFENDANT/RESPONDENT: Matthew J Hudson, et al. COURT CASE NUMBER: 37-2016-00023789 LEVYING OFFICER FILE NUMBER: 2019101411 Date:10/01/2019 In favor of: JPMorgan Chase Bank, National Association And against: San Diego County Treasurer-Tax Collector, 1600 Pacific Hwy Ste 162, San Diego, CA 92101,State of California Franchise Tax Board, 9646 Butterfield Way, Sacramento, CA 95827, Empire Resources Inc., a Nevada Corporation, 40005 S Shore Rd, Fallbrook, CA 92028, Matthew J Hudson, 40005 S Shore Rd, Fallbrook, CA 92028, Gustav Hudson, successor trustee of Empire Resources, Inc., 40005 S Shore Rd, Fallbrook, CA 92028, Michael G Hudson, 40005 S Shore Rd, Fallbrook, CA 92028, John Dunstan, 3573 Larga Circle, San Diego, CA 92110 Under a Writ of Sale issued out of the above court on 03/01/2019, on a judgment rendered on 02/28/2018 for the sum of \$660,537.34, I have levied upon all the rights, title, and interest of the judgment debtor(s), San Diego County Treasurer-Tax Collector, State of California Franchise Tax Board, Empire Resources Inc., a Nevada Corporation, John Dunstan, Michael G Hudson, Gustav Hudson, successor trustee of Empire Resources, Inc., Matthew J Hudson in the real property, in the County of San Diego, described as follows: Physical Address: 40005 S Shore Road, Fallbrook, CA 92028 Legal Description: PARCEL 1: ALL THAT PORTION OF SECTION 34 TOWNSHIP 8 SOUTH, RANGE 4 WEST, SAN BERNARDINO MERIDIAN, IN THE UNINCORPORATED AREA OF THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA ACCORDING TO THE OFFICIAL PLAT THEREOF, DESCRIBED AS FOLLOWS: BEGINNING AT THE SOUTHWEST CORNER OF THE NORTHWEST QUARTER OF THE NORTHEAST QUARTER OF SAID SECTION 34; THENCE SOUTH 86° 12' 53" EAST, 348.21 FEET; THENCE SOUTH 70° 02' 12" EAST, 426.83 FEET; THENCE NORTH 85° 39' 42" EAST, 89.81 FEET TO AN ANGLE POINT IN THE BOUNDARY OF LAND DESCRIBED IN PARCEL 1 OF DEED TO WILLIAM ROSE, ET UX, RECORDED MAY 3, 1962, AS FILE NO. 93194 OF OFFICIAL RECORDS, SAID ANGLE POINT BEING FORMED BY BEARINGS AND DISTANCES DESIGNATED AS SOUTH 80° 07' 20" WEST, 206.14 FEET AND NORTH 66° 29' 39" WEST, 171.70 FEET; THENCE ALONG SAID BOUNDARY, NORTH 80° 07' 20" EAST 206.14 FEET TO AN ANGLE POINT THEREIN; THENCE LEAVING SAID BOUNDARY, SOUTH 13° 54' 33" EAST, 624.42 FEET; THENCE SOUTH 64° 01' 22" WEST, 404.50 FEET; THENCE SOUTH 51° 44' 16" WEST, 210.48 FEET TO THE MOST EASTERLY CORNER OF LAND DESCRIBED IN DEED TO ROSS DAILY, ET AL, RECORDED OCTOBER 9, 1966, AS FILE NO. 177097 OF OFFICIAL RECORDS; THENCE ALONG THE BOUNDARY OF SAID LAND, SOUTH 67° 39' 21" WEST 283.13 FEET TO AN ANGLE POINT THEREIN AND POINT "A" OF THIS DESCRIPTIONS; THENCE LEAVING SAID BOUNDARY, NORTH 44° 35' 44" WEST 440.27 FEET TO A POINT IN THE NORTHWESTERLY BOUNDARY OF SAID LAND OF DAILY AND THE TRUE POINT OF BEGINNING; THENCE RETRACING THE LAST ABOVE MENTIONED COURSE TO SAID POINT "A"; THENCE ALONG THE BOUNDARY OF SAID LAND OF DAILY, SOUTH 09° 22' 31" EAST, 493.70 FEET SOUTH 48° 07' 18" EAST, 113.70 FEET TO THE NORTHWESTERLY BOUNDARY OF LAND DESCRIBED IN PARCEL 1 OF DEED TO L.R. D' ASSALENAUX, ET UX, RECORDED MAY 3, 1962, AS FILE NO. 93193 OF OFFICIAL RECORDS; THENCE ALONG SAID NORTHWESTERLY BOUNDARY, SOUTH 20° 52' 42" WEST, 550.29 FEET TO THE MOST EASTERLY CORNER OF LAND DESCRIBED IN PARCEL 1 OF DEED TO ROSCOE W. WALLS, ET UX, RECORDED MAY 4, 1964, AS FILE NO 80312 OF OFFICIAL RECORDS; THENCE ALONG THE NORTHEASTERLY LINE THEREOF, NORTH 31° 11' 39" WEST, 1023.62 FEET TO AN ANGLE POINT IN THE BOUNDARY OF SAID LAND BEING HEREINAFTER REFERRED TO AS POINT "G" OF THIS DESCRIPTION; THENCE LEAVING SAID BOUNDARY NORTH 37° 26' 05" EAST, 85.60 FEET; THENCE NORTH 27° 01' 40" WEST, 184.13 FEET TO POINT "H" OF THIS DESCRIPTION; THENCE NORTH 44° 11' 12" EAST, 19.58 FEET; THENCE NORTH 40° 35' 16" WEST, 37.12 FEET; THENCE NORTH 38° 14' 23" EAST, 82.51 FEET; THENCE NORTH 54° 05' 56" EAST, 300.06 FEET TO THE TRUE POINT OF BEGINNING. EXCEPTING THEREFROM THAT PORTION LYING SOUTHEASTERLY OF A LINE WHICH BEARS SOUTH 67° 39' 21" WEST, FROM SAID POINT "A". EXCEPTING THEREFROM ALL COAL AND OTHER MINERALS IN SAID LAND; TOGETHER WITH THE RIGHT TO PROSPECT FOR AND REMOVE THE SAME PURSUANT TO THE ACT OF DECEMBER 29, 1916 (39 STAT. 382) AS EXCEPTED AND RESERVED BY THE UNITED STATES OF AMERICA, IN PATENT RECORDED DECEMBER 22, 1934, IN BOOK 364, PAGE 235 OF OFFICIAL RECORDS. PARCEL 2: AN EASEMENT AND RIGHT OF WAY, TOGETHER WITH THE RIGHT TO CONVEY SAME TO OTHERS, FOR ROAD, SEWER, WATER, GAS, POWER AND TELEPHONE LINES AND APPURTENANCES THERETO, OVER, UNDER, ALONG AND ACROSS THOSE STRIPS OF LAND DESCRIBED AS PARCEL 2 IN DEED TO SIERRA PACIFIC SUPPLY, INC., RECORDED OCTOBER 13, 1961, AS FILE NO. 178256 OF OFFICIAL RECORDS. SAID EASEMENTS ARE HEREBY DECLARED TO BE APPURTENANT TO AND FOR THE USE AND BENEFIT OF THE PUBLIC AND ALL THE PRESENT AND/OR FUTURE OWNERS OF ALL OR ANY PORTION OF SECTIONS 3, 4 AND 5 IN TOWNSHIP 9 SOUTH, RANGE 4 WEST, SAN BERNARDINO MERIDIAN AND SECTIONS 22, 26, 27, 33 AND 34 IN TOWNSHIP 8 SOUTH, RANGE 4 WEST, SAN BERNARDINO MERIDIAN, ALL IN THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA. APN: 101-500-10-00 The property to be sold is NOT subject to the right of redemption. The amount of the secured indebtedness with interest and costs: \$660,562.34 (estimated) Minimum Bid (if applicable): PROSPECTIVE BIDDERS SHOULD REFER TO SECTIONS 701.510 to 701.680, INCLUSIVE, OF THE CODE OF CIVIL PROCEDURE FOR PROVISIONS GOVERNING THE TERMS, CONDITIONS, AND EFFECT OF THE SALE AND THE LIABILITY OF DEFAULTING BIDDERS. (CCP 701.547) PUBLIC NOTICE IS HEREBY GIVEN that I will proceed to sell at public auction to the highest bidder, for cash in lawful money of the United States, all the rights, title and interest of said judgment debtor(s) in the above described property, or so much thereof as may be necessary to satisfy said Writ or warrant, with accrued interest and costs on: Date and Time of Sale: 12/18/2019 11:00 AM Location: 1409 4th Ave. San Diego, CA 92101 William D. Gore, Sheriff /s/ R. McComb 9950, Sheriff's Authorized Agent LIENS MAY BE PRESENT WHICH MAY OR MAY NOT SURVIVE THIS LEVY Published 11/14/19, 11/21/19, 11/28/19

NOTICE OF INTENT TO PREPARE A SUPPLEMENTAL ENVIRONMENTAL ASSESSMENT (SEA) AND NOTICE OF AVAILABILITY
CONSTRUCTION, OPERATION, AND DECOMMISSIONING OF PHOTOVOLTAIC AND NATURAL GAS ENERGY GENERATION FACILITIES AT MARINE CORPS BASE (MCB) CAMP PENDLETON, SAN DIEGO COUNTY, CALIFORNIA
The United States Marine Corps (USMC) is preparing an SEA to analyze the potential environmental impacts of a proposal to add battery energy storage systems to the Stuart Mesa solar photovoltaic (PV) system site that was analyzed in a 2015 Environmental Assessment (but not yet constructed). In addition, this SEA includes the construction, operation, and decommissioning of a natural gas power plant in either the 24 or 26 Areas on MCB Camp Pendleton and associated utility infrastructure improvements to support MCB Camp Pendleton's energy resiliency requirements. The two energy generating facilities (PV and natural gas) are both included in the Proposed Action. The Department of the Navy (DoN) and a private partner would enter into an agreement to allow the private partner to lease DoN land to construct, operate, own, and eventually decommission the solar PV and battery energy storage systems and the natural gas power plant. Once the facilities are operational, the private partner would sell the power to regional customers, but in case of regional grid failure, there would also be the capability to feed the electricity into MCB Camp Pendleton's electrical grid. The SEA is expected to be completed in 2020.
The environmental analysis under NEPA has not been completed, however the first two chapters of the SEA, the Description of the Proposed Action and Alternatives (DOPAA), can be downloaded at <https://www.pendleton.marines.mil/Staff-Agencies/Environmental-Security/>.

The USMC is requesting public input on the scope of analysis and environmental resources to be considered in the SEA for the proposed action. The SEA will be used to determine whether a Finding of No Significant Impact will be prepared, or if an Environmental Impact Statement is required. Electronic or written comments concerning the proposed action will be accepted through **December 9, 2019**.
MCIWEST-MCB Camp Pendleton
Environmental Security Office
Box 555200, Bldg. 22165
Camp Pendleton, CA 92055
PNDL_ENV-NEPA@usmc.mil
Published: November 14, 21, 28 2019



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NATIONAL NEWS

Thousands rally in Washington for vaccine injury awareness

June Falkert
The Epoch Times

Nearly 3,000 people attended a rally on the National Mall in Washington Friday, Nov. 15, to bring attention to what they said is an epidemic of vaccine injury in America, an epidemic that is not getting either the medical or media attention it needs.

The event, called the Vaccine Injury Epidemic Event, was organized by the nonprofit group, Crazymothers. Founder Hillary Simpson told The Epoch Times that she organized the event to bring doctors lawyers, scientists, legislators and mothers together to address the vaccine issue from every angle.

“I think when you have 53% of American children suffer from a chronic issue you have to start to look at it,” she told The Epoch Times.

Simpson’s son had a severe reaction after receiving several vaccinations on the same day. After she made a video describing what happened, she estimated that she heard from thousands of parents who reported similar symptoms to her son’s. Common symptoms described in the reports were very high fevers, immediate signs of gastrointestinal issues, swelling of the brain and seizures.

The other common theme she said is that when parents take a child with these symptoms back to their doctor, physicians said it wasn’t a vaccine reaction.

Event speakers included Robert F. Kennedy Jr.; Del Bigtree, a journalist and producer of the documentary “Vaxxed: From Cover-up to Catastrophe,” which looked at evidence of fraud in one of the key MMR safety studies done by the CDC, and Dr. Andrew Wakefield, the director of “Vaxxed.” The film’s makers said the film has been heavily censored.

The event also included a screening of “Vaxxed II: The People’s Choice,” a compilation of interviews with parents collected by the “Vaxxed” film team while on a screening tour for the first film.

On the 18-month tour, over 7,200 people wrote on the tour bus the names of their loved ones who they believe were injured or killed by vaccines. At Friday’s rally, over 1,200 new names were added, “Vaxxed” team members said to The Epoch Times.

The event comes amid increasing calls for vaccine mandates and a culture of disbelief of parents who have concerns.

This year New York became the fifth state to not allow any religious or philosophical objections to receiving vaccines.

And Jimmy Kimmel, who has used his show on multiple occasions to discredit concerns about vaccine safety, implied in a segment with Dr. Oz that none of these parents were rational.

“What is going on nowadays? I know people who appear to be reasonable people who are questioning whether or not they should vaccinate their kids,” Kimmel said.

However, concerns are pretty widespread. In an article in September, The New York Times cited a 2011 study that found a quarter of American parents had serious concerns about vaccines and that 30% worried that they might cause learning disabilities, including autism spectrum disorder.

Media don’t show.

Simpson said there were several documentary teams in attendance and some people who came from

Australia and Europe; however, despite notifying media of the event, there was no mainstream coverage.

“We were not able to have any type of mainstream media coverage,” Simpson said. “I think it’s a question that is concerning and should be looked at: Why were thousands of parents who’ve experienced this showing up on our Capitol to raise awareness? Why was there a complete blackout?”

She and her team are all mothers whose children experienced vaccine injury, and all work unpaid, she said.

“There is one goal, and that is to get the message out about the marginalization of women around this issue because I think it’s a really important thing to talk about,” she said.

The event coincided with the anniversary of the passage of the National Childhood Vaccine Injury Act 33 years ago. The NCVIA removed manufacturer liability for vaccine injury and death and created a government compensation program for those affected.

Since its inception the number of pediatric vaccines has tripled, and the court has paid out over \$4 billion in compensation for vaccine injuries.

In a keynote speech earlier this month at the Harlem Vaccine Forum, Kennedy said:

“If vaccines were as safe as many claim, would we need to give pharmaceutical companies immunity for the injuries they cause? The subsequent gold rush by



Hillary Simpson, the founder of Crazymothers, speaks at the Vaccine Injury Epidemic Event on Capitol Hill in Washington, Nov. 15. Candice Edwards photo

pharmaceutical companies boosted the number of recommended inoculations from 12 shots of five vaccines in 1986 to 54 shots of 13 vaccines today. A billion-dollar sideline grew into the \$50 billion vaccine industry behemoth.”

Monitoring systems

The United States has two means of monitoring adverse reactions to vaccines, the federal Vaccine Adverse Event Reporting System and the Vaccine Safety Datalink.

VAERS is a passive surveillance system to detect safety issues, anyone can file a VAERS report and physicians are supposed to report any adverse event following a vaccine to it.

The Vaccine Safety Datalink is a

collaboration between the CDC and private health care organizations. Electronic health data for millions of people is analyzed for adverse health events following vaccination. Critics have pointed out that this system is not open for independent analysis.

Simpson said that she has personally spoken to doctors who don’t know about VAERS and so part of what needs to happen is better education for doctors about vaccine injury.

“More awareness around the fact that vaccine injury is real and they should be more educated in how to diagnosed and properly assess vaccine injury, and also how to report to VAERS,” she said.

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NOTICE OF TRUSTEE'S SALE. YOU ARE IN DEFAULT UNDER A NOTICE OF DELINQUENT ASSESSMENT. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Date of Sale: 12/02/2019 at 9:00 AM Place of Sale: AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY THE STATUE, 250 E. MAIN ST., EL CAJON, CA 92020 NOTICE is hereby given that First American Title Insurance Company, a Nebraska Corporation, 1 First American Way, Santa Ana, CA in care of: 400 S. Rampart Blvd, #290 Las Vegas, NV 89145 – Phone: (800) 251-8736, duly appointed Trustee under Notice of Delinquent Assessment ("NDA"), and pursuant to Notice of Default and Election to Sell ("NOD"), will sell at public auction for cash, lawful money of the United States of America, (a cashier's check payable to said Trustee drawn on a state or national bank, a state or federal credit union, or a state or federal savings and loan association, or savings bank as specified in section 5102 of the Financial Code and authorized to do business in this state) all right, title and interest now held under said NDA, to wit: Multiple Timeshare Estates as shown as Legal Description Variables on Schedule "1" (as described in the Declaration recorded on 08/02/2006 as Instrument No. 2006-0547090 as amended) located at 333 N Myers St, Oceanside, CA, 92054 with APN shown herein. The Trustee disclaims any liability for any incorrectness of the street address shown herein. All recording references contained herein and on Schedule "1" attached hereto are in the County of San Diego, California. Said sale will be made, without covenant or warranty, expressed or implied, as to title, possession, or encumbrances, to pay the remaining principal sum due under said NDA, plus accrued interest thereon to the date of sale, estimated fees, charges, as shown in sum due on Schedule "1" together with estimated expenses of the Trustee in the amount of \$600.00. The claimant, Oceanside Vacation Owners Association, Inc., a California nonprofit mutual benefit corporation, under NDA delivered to Trustee a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. First American Title Insurance Company, a Nebraska Corporation. APN: 147-075-08-00. Batch ID: Foreclosure HOA 92061-OP73-HOA. SCHEDULE "1": Lien Recording Date 07/30/2019 and Reference Inst: 20190311605. Contract No., Legal Description Variables, Owner(s), NOD Recording Date and Reference, Sum Due; 1031400211, POINTS: 210000; FREQUENCY: Annual; UNDIVIDED INTEREST: 210000/647452000, MARK S ROPI and PHYLLIS S ROPI, 07/31/2019, 2019-0316222, \$838.20; 410713192, POINTS: 189000; FREQUENCY: Annual; UNDIVIDED INTEREST: 189000/785316000, JUDITH CLINK and LOUIS THOMA, 07/31/2019, 2019-0316222, \$829.84; 540700572, POINTS: 168000; FREQUENCY: Even; UNDIVIDED INTEREST: 84000/647452000, HERB MORENO and MERLYN S MORENO, 07/31/2019, 2019-0316222, \$668.64; 580713352, POINTS: 168000; FREQUENCY: Even; UNDIVIDED INTEREST: 84000/785316000, MARYAM MUHAMMAD, 07/31/2019, 2019-0316222, \$636.09. Published 11/07/19, 11/14/19, 11/21/19

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EDUCATION

Friends of Willow Tree enjoy Autumn Soirée



Willow Tree parents enjoy the coffee bar at the Friends of Willow Tree Autumn Soirée, Nov. 2.



Guests of the Friends of Willow Tree Autumn Soirée enjoy their dinner listening to the musical talent of Adam Knight.



Hand-painted peg people are one of the many items available at the "Buy It Now" table at the Friends of Willow Tree Autumn Soirée.

FALLBROOK – Friends of Willow Tree hosted their annual Autumn Soirée Saturday, Nov. 2, at The Vineyard 1924 in Fallbrook. The tables were decorated with sprigs of eucalyptus, acorns and candlelight. The evening began with an appetizer hour of fruit and cheese platters and pumpkin risotto balls catered by Do or Dine and sponsored by Barn and Butter and Boochcraft. As the guests mingled and surveyed the 28 baskets of silent auction items that were donated by the families of the enrichment center, they were serenaded by The Coogans.

As the sky began to turn golden and the sun began to set behind the hills of Fallbrook, the night filled with the musical stylings of Adam Knight. Everyone took their seats to enjoy a four-course dinner served by chefs Danny and Nicoletta Herlihy. Kale salads with

braised beans and golden beets were paired with wines from the local region. The main course of chicken was donated by Primal Pastures and made everyone's mouth water and ask for seconds with its perfect crunchiness and seasonings, Tiffany Pleysier said.

The chilly fall evening wrapped up with everyone waiting to hear the silent auction results and enjoying gelato donated by Gelato Love and a coffee bar sponsored by De Luz coffee and Bohemian General. All of the donations and auction winnings went to support the Friends of Willow Tree Enrichment Program.

Friends of Willow Tree is an enrichment center inspired by Waldorf methods and is located at 2000 Reche Road in Fallbrook.

Submitted by Friends of Willow Tree Enrichment Program.

Local residents earn degree from WGU

SALT LAKE CITY – The following Fallbrook residents have earned their degree from Western Governors University. The online, nonprofit university held its 71st commencement ceremonies in Cincinnati; its 72nd commencement in Anaheim; its 73rd commencement in Salt Lake City and its 74th commencement in Seattle in spring and summer 2019 to celebrate the recent graduation of more than 10,000 students from across the country.

Dawn Agüero earned her master's degree in nursing leadership and management.

Michael Malone earned his Master of Business Administration.

Eileen Vido earned her master's

degree in nursing education.

Western Governors University has recognized 5,750 undergraduate and 4,488 graduate degree recipients, who have completed their degrees since June 24. Their areas of study include business, K-12 education, information technology and health professions, including nursing. The average time to graduation for those earning a bachelor's degree was two years, three months, while the average time to degree for graduate programs was one year, seven months. The average age for those who graduated is 38 years old.

Submitted by Western Governors University.

San Diego County receives grant for child passenger safety education program

José A. Álvarez
San Diego County
Communications Office

San Diego County's Health and Human Services Agency, Integrative Services Division announced Thursday, Nov. 14, a \$225,000 grant has been awarded by the California Office of Traffic Safety to fund programs that educate parents and guardians on child passenger safety. The grant is ongoing through Sept. 30, 2020.

Grant funding will be used for a variety of activities to promote the proper use of child safety seats, including: car seat checkup events and/or one-on-one appointments to inspect car seats; child safety seat education classes informing parents on using and properly installing the right car seat based on a child's height and weight and child passenger safety technician training and certification and recertification courses.

The funding will also cover distribution of child safety seats to families in need; surveys on car and booster seat compliance rates; community events and fairs to increase awareness about child passenger safety; conduct "roll call" training sessions on occupant protection and conduct child passenger safety education classes for elementary schools.

Car crashes remain the leading



San Diego County's Health and Human Services Agency, Integrative Services Division announced Thursday, Nov. 14, a \$225,000 grant has been awarded by the California Office of Traffic Safety to fund programs that educate parents and guardians on child passenger safety.

cause of death for children 13 and under. According to the National Highway Traffic Safety Administration, 46% of car seats are not used properly.

"Children should be as safe as possible when traveling in a car," Barbara Rooney, director of the California Office of Traffic Safety, said. "Funding for child passenger safety education and training allows our partners to make sure

children are in the right car seat that is being used correctly."

Funding for this child passenger safety program was provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

For more information, contact Noemi Dueñas, (858) 621-2313, ext. 114, at Pacific Safety Center.

VFW Post No. 1924 to award essay winners

Jeff Pack
Staff Writer

The Veterans of Foreign Wars of the United States Charles E. Swisher Post No. 1924 invites the community to honor the winners of the Voice of Democracy Essay and Patriots Pen Essay scholarships to be awarded, Thursday, Nov. 21, at the post.

"We went to Potter Junior High and they submitted 21 essays for the Patriots Pen scholarship," Chris Ingraham, Commander of VFW Post 1924, said. "The high school, because of the JROTC program and Lt. Col. Bill Wade, we're very involved with them and they're involved with us. He basically has put the Voice of Democracy Essay into his curriculum that this essay is part of his grading. So, every JROTC kid, all 174 of them, did the Voice of Democracy essay and he went through and picked out the top 10."

According to Ingraham, a group of VFW Post members then narrowed that list of finalists into a top three. The winner will be announced at the event at 6 p.m. at the award dinner.

"It's open to the public we notify our top three winners, we just don't tell them who they are," Ingraham said. "We have three Patriots Pen and three Voice of Democracy

students coming, none of them know who is first, second and third. They will read their essays and then we will announce who the winners are."

The first-place winner for Patriots Pen will receive \$300, second place will take home \$200 and third place will get \$100.

The winner of the Voice of Democracy contest will receive \$500, second will get \$300 and third place will take home \$100.

The winner of the Voice of Democracy will have a chance to compete at the VFW district level, then possibly to state and then nationally.

"Basically, what can happen is it goes from post to district, district to state, state to national," Ingraham said. "If you're lucky enough to win the national Voice of Democracy, that's a \$30,000 college scholarship."

Starting at \$500 locally, and with additional money at each level, the winner could earn another \$20,000 in scholarships when it's all said and done.

Veterans of Foreign Wars Post 1924 Fallbrook is at 1175 Old Stage Road in Fallbrook. Call (760) 728-8784 for more information.

Jeff Pack can be reached by email at jpack@reedermedia.com

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Veterans honored with a parade and ceremony



Cub Scout Pack 735 participates in the Veterans Day Parade to thank veterans for their service to the country, Nov. 11.

Christine Rinaldi photos



Grandma Cheryl Witt with granddaughter Allysa Witt and son Bryan Witt enjoy the parade, waving flags as each participant passes them.



Fallbrook High School Marine Corps JROTC cadets march in the parade; they also served as the Color Guard for the Veterans Day celebration at Vince Ross Village Square.



The guest speaker for the Veterans Day ceremony is Sergeant Major Mario P. Fields, United State Marine Corps (Ret.). SgtMaj Fields served 26 years in the United State Marine Corps and shared his experiences and thoughts about his years of service.



The 1st Marine Division band performs in the 2019 Veterans Day Parade. The parade traveled down Main Avenue from Fallbrook Street to Alvarado Street.



Vietnam veterans ride on a truck in the parade; they were recognized and thanked during the 2019 Veterans Day Ceremony.



Members of the Dixon and Stahl families are dressed in patriotic colors and have flags ready for the parade to begin. Their great-grandfather is a veteran and is a part of the Veterans Day parade.



Fallbrook American Legion Post 776 members walk in the parade. The American Legion is reported to be the world's largest veterans' organization with this year marking 100 years since it was chartered by Congress.

REAL ESTATE AND HOME & GARDEN

Volunteers clean up the Bonsall Bridge

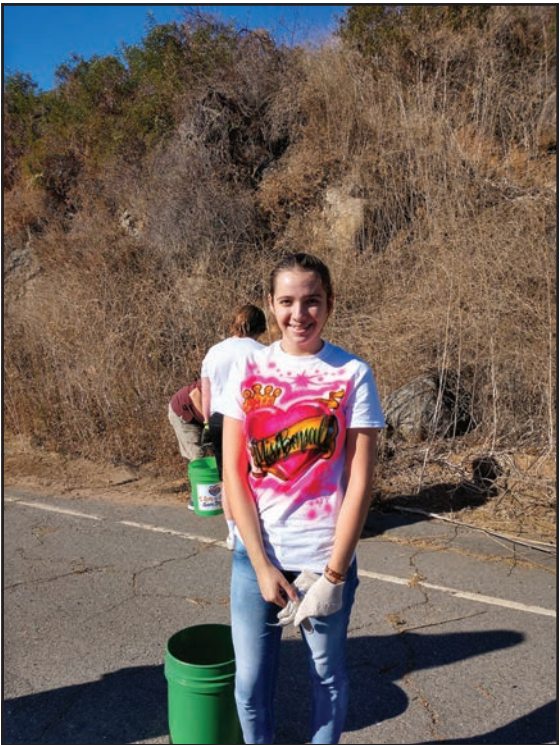


Volunteers gather at one end of the old Bonsall Bridge for a community cleanup, Nov. 16. Courtesy photos

BONSALL – The Miss Bonsall Organization and the Watershed Warriors, with the support of I Love a Clean San Diego, hosted a Community Cleanup at the Old Bonsall Bridge, Nov. 16. Site Captains Jack and Lyssa Flaherty had an awesome turn out, with over 60 volunteers, the biggest group yet in the four years they have led the community cleanup. “It was wonderful to see all the youth and families come out,”



Paige Mansell displays the “Star Volunteer” award she won for the heaviest bucket at 30 pounds, the trophy sitting atop her bucket.



Teen Miss Bonsall 2020 Remy Arnold hosts the Watershed Warriors for the Community Cleanup at the Old Bonsall Bridge.

Lyssa Flaherty said. Participants included Bonsall High School students, Fallbrook High School students, neighborhood families, the Miss Bonsall Court, the Miss Vista Court, the North County Celtic Queen Court, members of Bonsall Rotary and members of the Fallbrook Beautification Alliance. These volunteers filled a waste management dumpster and collected discarded furniture, large automotive parts and 20 tires from the historic Bonsall Bridge. “I Love a Clean Bonsall” is part of the Miss Bonsall Pageant platform. All are invited to join their team as they host four new Community Cleanup Days in 2020. For details, email missbonsallpageant@gmail.com. Submitted by the Miss Bonsall Organization.

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Dale Anderson
Special to Village News

The holidays are prime time for a plumbing crisis, especially Thanksgiving. It’s easy to imagine why; it’s all that cooking and cleanup. It’s stressful enough getting the house spiffed up for guests. Then the food shopping begins and shoppers must lug that huge turkey home. Next, families begin preparing the vittles, but this time is the moment to think about plumbing. Yep, think about protecting the plumbing now and help prevent a disaster when guests arrive. The garbage disposal will get more of a workout over the holidays than any other time of the year. Consider this list of what not to be feeding it. The main troublemakers for garbage disposals and a home’s plumbing are potatoes and potato peelings – sweet potatoes and regular potatoes; oil, grease, butter and margarine; bones; banana peelings, celery, artichokes, corn husks, onion skins and other fibrous foods; egg shells; fruit pits; pasta and coffee grounds.

Yes, some of these items may make it down the garbage disposal fine – at first. In small bits, it may not have a problem at all. But let’s get real. Families will likely be frazzled with the prep work, looking at the clock, wondering if the mashed potatoes will be pasty enough to apply wallpaper and if they have enough wine so no one will notice. Best to keep it simple and just say “no” to putting even “small bits” of these items down the garbage disposal. The real problem isn’t so much that the garbage disposal may break down. It’s that the kitchen sink and other plumbing may back up.

That’s because the garbage disposal, naturally, feeds into the rest of the plumbing. When those bits and pieces are pushed down into the garbage disposal and ground up, they need to make it through the home’s main plumbing and into the sewer line. The problem comes when they can’t make it all the way through the line.

When looking at the list above, it’s understandable why they may not all make it through the plumbing pipes. Potatoes, after all, are primarily starch. With enough starch and just a little water – these are times of water conservation, the potatoes turn to paste. That paste lays somewhere inside the plumbing line and eventually mixes with everything else that goes down the drains. Bones are hard to grind and



Don’t put these items down the garbage disposal. Courtesy photo

may break the garbage disposal. But even if the garbage disposal is powerful enough to grind up bones, then what is left? Mostly calcium particles. And calcium is one of the minerals that build up in plumbing pipes. Egg shells may grind up in the garbage disposal, but like bones, they’re made up primarily of calcium. That mineral build up eventually causes pipes to corrode and leak, but not right away. At first they lay there in the pipes and mix with the oil, potato paste and coffee grounds just a few feet below the kitchen sink inside the drainage pipes. Then imagine if a few bits of fibrous foods like banana peelings, celery or onion skins are pushed through. These fibers often get wound up in the blades, making them difficult to grind up. They may even cause garbage disposal to stop working altogether. Voila. It’s the perfect recipe for a plumbing backup. And it’s most likely going to back up at the kitchen sink, either right before guests arrive or after the meal while everyone is helping to clean up. This very scenario actually happened to a friend of mine. It was her first Thanksgiving meal with her new husband and her husband’s family. She’s a vegetarian so it was her first time cooking a turkey. She’d peeled a massive amount of potatoes to make mashed potatoes, continuously pushing those potato peelings down the garbage disposal. The peelings mixed with the egg shells and coffee grinds she’d previously dumped in the garbage disposal after breakfast. The garbage disposal chugged through the onslaught of peelings, egg shells, coffee grinds and butter

drippings from breakfast. And the sink backed up; then the smoke alarm went off. The paper holding the gizzards inside the turkey caught on fire – she didn’t know to look for paper inside the turkey. Then the doorbell rang. Her mother-in-law arrived in time to throw baking soda into the oven to extinguish the fire. It all ended well in her case. In fact, her in-laws had a good laugh about it. It turned out to be a great bonding experience. They had enough wine that no one complained about the pasty mashed potatoes or burnt turkey. Since they couldn’t use the dishwasher or wash the dishes by hand, they all helped to stack up the dirty dishes. First thing the next day, she got to know her plumber. Yes, the day after Thanksgiving is a busy day for plumbers. Call them for any plumbing issue. We are locally owned and operated. In fact, I grew up in Fallbrook helping in my dad’s plumbing business, and now I’ve been running my own plumbing business here for over 30 years. If we’re too busy, I’ll recommend another locally owned and operated plumber. Most plumbers people find online may appear local, but actually many are contract plumbers from all over. So with those guys, people will never know who will show up at their door. Hopefully, these tips about what to keep out of the garbage disposal will help reduce stress over the holidays. Helping neighbors save money and reduce the stress of plumbing issues is our mission at Waterheaters Plus Plumbing. Dale Anderson is the owner of Waterheaters Plus Plumbing in Bonsall, Fallbrook, Oceanside, Temecula and Vista. For more information, visit www.waterheatersplusplumbing.com.

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Hawk in Ramona tests positive for West Nile virus

Gig Conaughton
San Diego County
Communications Office

A dead Cooper’s hawk found in Ramona has tested positive for West Nile virus, prompting San Diego County environmental health officials to remind people to protect themselves from mosquitoes that can transmit the potentially deadly virus to people.

County officials said with summer-like temperatures still occurring in mid-November, people should continue to follow the county’s “Prevent, Protect, Report” guidelines, including finding and dumping out standing water around homes to keep mosquitoes from breeding.

The Cooper’s hawk found in Ramona was just the second dead bird to test positive for the virus in San Diego County this year. Two county residents have tested positive for the virus this year, but it was determined both people were bitten and contracted the virus in other counties.

However, West Nile virus remains a potentially deadly threat. Statewide, 184 people have become sick from the virus in 2019 and five people have died. Just four years ago, in 2015, 44 San Diego County residents tested positive for West Nile virus and six county residents died.

West Nile virus is mainly a bird disease, but it can be transmitted to humans by a number of species of mosquitoes – including Culex mosquitoes native to San Diego and, less effectively, by invasive Aedes aegypti mosquitoes – if they

feed off an infected animal, mainly birds before biting a person. If people who become infected suffer symptoms, they are typically mild, including headache, fever, nausea, fatigue, skin rash or swollen glands. But in rare cases, West Nile virus can make people extremely ill and kill them.

New mosquito-borne illness worries

Protecting against mosquitoes has become even more important for San Diego County residents in recent years. Since 2014, three types of day-biting, invasive Aedes mosquitoes have been found in San Diego County. All of these mosquitoes like to live and breed near people, in yards and even inside homes. All of them can potentially transmit diseases not naturally found here. Two of these species can potentially transmit chikungunya, dengue and Zika – but only if they first bite an infected person. In general, that means local invasive Aedes mosquitoes could only transmit those diseases if they found, and bit, San Diego County residents who got the disease while traveling and returned home still infected.

County officials reiterated that people should help protect themselves from mosquitoes and potential illnesses by following the county’s “Prevent, Protect, Report” guidelines.

Prevent mosquito breeding

Dump out or remove any item inside or outside of homes that can hold water, such as plant saucers, rain gutters, buckets, garbage cans,



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toys, old tires and wheelbarrows. Mosquito fish, available for free by contacting the Vector Control Program, may be used to control mosquito breeding in backyard water sources such as stagnant swimming pools, ponds, fountains and horse troughs.

Protect yourself from mosquito bites

Protect yourself from mosquito-borne illnesses by wearing long sleeves and pants or use insect repellent when outdoors. Use insect repellent that contains

DEET, picaridin, oil of lemon eucalyptus or IR3535. Make sure screens on windows and doors are in good condition and secured to keep insects out.

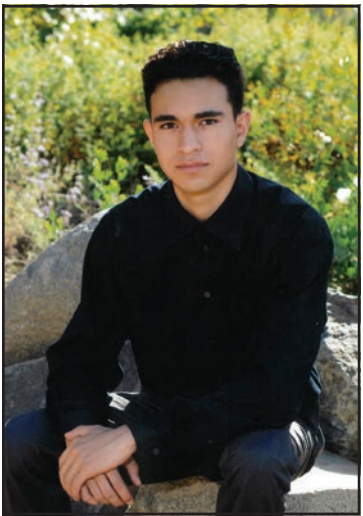
Report possible mosquito activity and dead birds

Report increased mosquito activity, or stagnant, green swimming pools and other mosquito-breeding sources, as well as dead birds – dead crows, ravens, jays, hawks and owls – to environmental health’s Vector Control Program by calling (858)

694-2888 or emailing vector@sdcounty.ca.gov. Also report if you are being bitten by mosquitoes during daylight hours, or if you find mosquitoes that look like invasive Aedes mosquitoes – small, black with white stripes on legs and backs – by contacting the Vector Control Program at (858) 694-2888.

For more information about mosquito-borne illnesses, visit San Diego County’s “Fight the Bite” website, <https://www.sandiegocounty.gov/fightthebite/>.

Sunshine Properties welcomes Jenaro Ramirez



Jenaro Ramirez is the newest member of the Sunshine Properties team.

FALLBROOK – Sunshine Properties announced that Jenaro Ramirez has joined its team.

Ramirez is passionate about helping people find a dream home or selling their home. Helping others is what he is all about, and he’s committed to devoting his blossoming real estate business to always strive to make sure the client comes first.

Ramirez said he truly wants people to succeed and accomplish their goals by guiding people through one of the biggest purchases someone will make in their life.

Ramirez said he enjoys spending time around his family and always tries to spend quality time with the people he cares for as often as possible. He grew up and still lives in Fallbrook, loves his hometown and would like to stay in this unique climate that he said “has the best weather anyone could ask for.”

He gets a kick out of basketball, not only watching but also participating

in the sport whenever possible. Other activities he finds enjoyable include practicing his marksmanship at the shooting range and traveling to the Pacific Northwest.

Ramirez is an experienced and Federal Aviation Administration-licensed drone operator and has provided his photography and videography services for several agents in their office. His zeal for photography gives him a leg up on the competition, as his eye for the craft will benefit his clients in many ways.

Ramirez is tech savvy, serving as the social media manager for Sunshine Properties. He said this skill is imperative for today’s agents to be successful, as evidence shows most people initially find and view properties online before ever contacting an agent.

Ramirez (DRE# 02104296) can be reached at (760) 696-8504 or

call him at Sunshine Properties Real Estate, (760) 728-8855, located at 330 N. Main Ave., in Fallbrook. His email address is jenaroramirez453@gmail.com.

Submitted by Sunshine Properties Real Estate.

the village beat

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Real Estate Round-Up: Christmas in Fallbrook



Kim Murphy
Murphy & Murphy Southern California Realty

This week's article has absolutely nothing to do with real estate and yet it has everything to do with the intrinsic value of real estate in Fallbrook.

I'm sure you would agree that Fallbrook is a special place. There are certain times of the year that our friendly town seems to sparkle even brighter.

Right now, is one of those times. There is so much going on throughout Fallbrook that you won't want to miss. Join in and fall in love with Fallbrook one more time.

From now until Dec. 24, A Farmhouse Christmas is on display at Myrtle Creek. They have charming holiday décor, unique gifts, gourmet food items and a holiday vibe that is sure to make you start humming Christmas carols while you stroll.

The Cozy Coffee Shop and Open-Air Café will be serving, so come and stroll the grounds, meet the goats and breath in the Christmas spirit.

In town, the Fallbrook Art Center is hosting their annual Art of the Holiday. Overflowing with a wonderful array of hand-crafted art and gifts, you will be able to find something special for all the people on your list and probably an item for yourself as well.

On Nov. 23, the Artisan Faire is back at the Elder House parking lot. Special gift items are available for purchase. Stop in and check out the historic caboose while you are shopping.

Then stroll down to Murphy and Murphy Southern California Realty, where we will be hosting a gallery opening for three of our local artists, Gabrielle Bitter, Debra Sievers and Taylor Gallegos. Enjoy some food and wine while you chat with the artists and perhaps pick up a gift for a friend or something special for your own home.

The first weekend in December is overflowing with holiday events. It all begins with the official holiday tree lighting at the Fallbrook Community Center, Friday, Dec. 6, at 5 p.m. Enjoy this free event featuring music, food and holiday shopping. It's a treat for children

of all ages.

On Saturday, Dec. 7, is the 38th Annual Fallbrook Christmas Parade down Main Avenue. This year's theme is "A Storybook Christmas" and will feature marching bands, vintage cars, youth groups, equestrian units and of course a visit from Santa. Be sure to bring your beach chair and grab a street side location to enjoy a uniquely Fallbrook evening of holiday cheer.

Later, Dec. 8, enjoy an Old-Fashioned Christmas at the Fallbrook Historical Society. From 1-4 p.m. visit with Santa, enjoy refreshments and make crafts with the children.

The second weekend in December is equally packed with festive activities. Friday, Dec. 13, is the Annual Wine and a Bite Holiday Art Walk. Stroll historic downtown, stopping for wine and a bite of gourmet food or dessert, while you are immersed in a unique art experience at each location. Tickets are limited to 150, so contact the Fallbrook Chamber of Commerce at (760) 728-5845 to purchase your tickets.

Saturday, Dec. 14, is National Wreaths Across America day. Wreaths will be placed on the gravesites at the Fallbrook Masonic Cemetery on Santa Margarita Drive at 9 a.m. This is a beautiful and touching ceremony that you won't want to miss.

Also on the 14th, bring the children or grandchildren to The Pink Pineapple for "Breakfast with Santa." Enjoy waffles, hot cocoa, orange juice and hot cider, all for \$5. Get your photo with Santa and make your very own Christmas ornament. Seating is limited so make your reservation by calling (760) 990-9073.

Sunday, Dec. 15, gives you another chance to have Brunch with Santa at the Grand Tradition Estate and Gardens. Carolers and storytellers will charm you while you feast on an opulent holiday buffet. The beauty of the grounds enhances this experience and will make it one of those activities you will talk about for years to come. Reservations are required. Call (760) 728-6466 to make a date, and don't be late!

Rounding out this wonderful month of joy and cheer is Breakfast with Santa at the Fallbrook Community Center. From 8:30 to 11 a.m., enjoy a hot breakfast, entertainment and of course a little one-on-one time with that jolly old soul, Santa.

I can hear you now, "it's the most wonderful time of the year" especially if you live in Fallbrook.

Kim Murphy can be reached at kim@murphy-realty.com or (760) 415-9292 or at 130 N Main Avenue, in Fallbrook. Her broker license is #01229921, and she is on the board of directors for the California Association of Realtors.

Coldwell Banker names top agents for October



Coldwell Banker Village Properties recently announces that Jean Esop is its top selling agent for the month of October.



Coldwell Banker Village Properties recently announces that the team of Jerry and Linda Gordon is its top producing agent for the month of October.



Coldwell Banker Village Properties recently announces that Tom Van Wie is its top listing agent for the month of October.

Courtesy photos



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BUSINESS

Palomar Community College District reviewing recommendations for long-term fiscal health recovery

SAN MARCOS – The Palomar Community College District is analyzing the findings of a self-subscribed fiscal review, examining the district’s fiscal and operational policies and procedures. The district requested the 18 factor report by the Fiscal Crisis Management Assistance Team in early August and the team initiated their assessment in late September. The review began through the Institutional Effectiveness Partnership Initiative, initiated by Superintendent and President Joi Lin Blake, Ed.D., and was monitored by the California Community College Chancellor’s Office.

Blake submitted the review request to FCMAT and was commended by the California Community College Chancellor’s Office for her proactive approach in addressing the long-term fiscal health of the district.

In the letter, Frances Parmelee, assistant vice chancellor of college finance and facilities planning, said, “We commend Palomar College for its participation in the IEPI process and for proactively reaching out to FCMAT to complete a Fiscal Health Review Analysis and follow-up report. The FHRA is a valuable tool that can highlight specific areas where fiscal operations can be improved.”

The Palomar Community College District’s Fiscal Health Risk Analysis report from FCMAT indicates the current financial condition of the district is the result of a long history of inadequate practices that have led to outdated business practices and systemic structures and processes that are unsustainable and an impediment to long-term institutional effectiveness. The report showed the district will need careful planning to balance its limited growth funding and increased operational expenses.

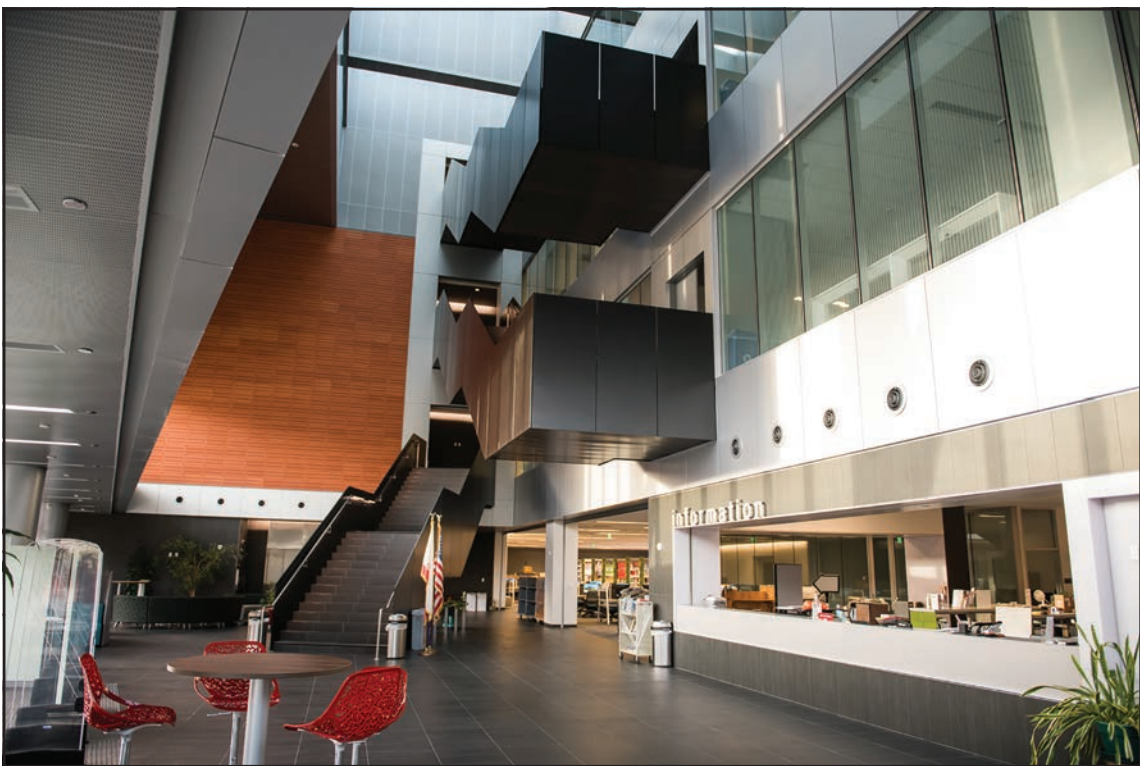
The report recommended immediately begin bargaining with all constituent groups and reviewing all aspects of contracts; establishing a comprehensive internal auditing capacity that meets the industry standard for fiscally independent districts and reviewing the management structure in all academic and nonacademic areas.

Next, it suggested updating and following a comprehensive districtwide planning process that drives budget development; establishing and following a collegewide comprehensive enrollment management plan that uses demographics, enrollment trends, program review and facility capacities as well as other relevant information and conducting a data integrity study to validate all data used for decision making and to ensure it is accurate and understood consistently by all users.

Also, report recommended integrating position control and enrollment management with the financial reporting systems in accordance with standard and best practice and establishing and following a comprehensive training program to include a board of trustees with training in understanding the budget and in governance responsibilities to better understand the district’s specific financial benchmarks; data integrity with training in understanding reporting tools and their purposes and department-specific training in Education Code, Title 5 and labor law provisions.

Blake said, “We invited FCMAT to review our fiscal and business management strategies due to historical financial decisions that have placed the district at risk. Our commitment is to the success of our students and ensuring the public trust of residents within this region. We will work diligently to address the recommendations provided to us.”

Submitted by Palomar Community College District.



The Palomar Community College District is analyzing the findings of a self-subscribed fiscal review, examining the district’s fiscal and operational policies and procedures. The district requested the 18 factor report by the Fiscal Crisis Management Assistance Team in early August.

Courtesy photo

Wade into Fitness celebrates 10th anniversary at Fallbrook Community Center



Wade into Fitness’ morning fitness class at Fallbrook Community Center celebrates its 10th anniversary.

Courtesy photo

FALLBROOK – Wade into Fitness has something to be especially thankful for this Thanksgiving. This fall marks the 10th anniversary of Wade into Fitness classes at Fallbrook Community Center.

In 2009, Wade into Fitness took over the morning fitness class at the center which has the distinction of being one of the longest continuously running fitness classes in the nation at almost 40 years.

The center asked Ann Wade, who runs Wade into Fitness, to continue the evening Healing Yoga class as well. Inheriting classes with a rich history and yet making the classes fresh and new by adding her own experience has been a joy, Wade said.

In fact, 20 years ago in 1999, she said these classes were the inspiration for her to seek out multiple fitness and yoga certifications in addition to her degree areas and build a unique Wade into Fitness approach. Wade said she feels blessed to have had the privilege of coming alongside the women and men of this community for the last decade to encourage a holistic, healthy lifestyle both professionally and on a volunteer basis. Wade into Fitness participants are eagerly looking forward to the next 10 years as well, she said.

To celebrate Wade into Fitness’ 10-year anniversary at the center, Wade into Fitness is offering free prizes over the next couple of months for various class participation levels. For more information, visit www.WadeintoFitness.com.

Submitted by Wade into Fitness.

Chamber to hold holiday events Dec. 11 and 13

FALLBROOK – The Fallbrook Chamber of Commerce asks everyone to mark their calendars for its events Wednesday, Dec. 11, and Friday, Dec. 13.

On the 11th, the chamber office will be open for its Christmas of Giving Open House.

Starting at 5 p.m., the staff will welcome donations for the four chamber member nonprofit organizations selected by its staff as charity partners for this event: American Legion Post #776, Fallbrook Child Development Center, Fallbrook Woman’s Club and Live Oak Dog Park. Cash or checks made payable to each organization are kindly requested.

Registration is available online and at the chamber office for its Holiday Wine & A Bite Art Walk on the 13th, from 5:30-8:30 p.m. Limited to 150, participants will taste some delicious food, sample fine wines and watch several artists “in action.”

Several venues in the Historic Downtown area will be participating and it will be the largest art walk yet. Spots can be reserved by stopping by the chamber office, by phone (760) 728-5845 or online at www.fallbrookchamberofcommerce.org.

For questions about either of these events, contact the Chamber office, 111 S. Main Ave.

Submitted by Fallbrook Chamber of Commerce.



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County assessor launches Veterans Day “One Million Thanks for Veterans” property tax break campaign

SAN DIEGO – San Diego County Assessor Ernest J. Dronenburg Jr., a U.S. Coast Guard veteran, kicked off a campaign recently to qualify 1,000 more disabled veterans and surviving spouses for the Disabled Veterans Exemption tax break to save them up to \$1,400 annually in property taxes.

“I’m calling on San Diegans to think about thanking a veteran before they pay their property taxes,” Dronenburg said. “We need your help reaching 1,000 more disabled veterans and surviving spouses this Veterans Day to thank them for their service and sacrifice to our country by saving them millions of dollars in property taxes.”

Thanks to a provision in the California Constitution, assessors can qualify disabled veterans or a surviving spouse for the Disabled Veterans’ Exemption if the veteran is rated 100% disabled or unemployable from a service-connected injury by the Veterans Affairs and was discharged with a rating other than dishonorable. The exemption reduces their primary residence’s assessed value for property tax purposes saving them up to \$1,400 off their property taxes annually.

The 2019-2020 secured property tax bills were due Nov. 1 and will become delinquent after Dec. 10. As San Diegans review their taxes, Dronenburg called San Diegans to action by telling a disabled veteran or surviving spouse they may qualify for a property tax break.

The assessor’s office launched an outreach campaign in 2018 with the San Diego County Office of Military and Veterans Affairs, Pacific Southwest Association of Realtors and the San Diego chapter of the Veterans Association of Real Estate Professionals that has helped qualify 3,314 more disabled veterans and surviving spouses, which saves them now over \$4,500,000 in property tax dollars annually.

San Diego County serves more disabled veterans than Los Angeles and Orange County combined and is the lead county in California.

By 2020, Dronenburg said his goal is to qualify over 10,000 disabled veterans and their families for this tax break saving them over \$14 million in property taxes annually.

The county assessor’s office was given the Watchdog Award for Public Private Partnership by San Diego County Taxpayers Association and the California State Board of Equalization awarded the county with a resolution for “Gold Standard Service to Disabled Veterans.”

Veterans and their families can receive assistance at any of the five assessor offices. The Disabled Veterans’ Exemption unit is located at the San Diego Downtown Waterfront office at 1600 Pacific Highway, Room 103. Other satellite offices are located in Kearny Mesa, Chula Vista, El Cajon and San Marcos. Offices are open 8 a.m. to 5 p.m., Monday through Friday.

For more information on the Disabled Veterans Exemption or an application, visit www.SDARCC.com. Veterans can reach the San Diego County Assessor’s Disabled Veterans’ Exemption Unit directly at (619) 531-5779 or via email at ArccDVETS@sdcounty.ca.gov.

Ernest J. Dronenburg Jr. is the San Diego County assessor, recorder and county clerk. Dronenburg is a graduate of the San Diego State University and served in the United States Coast Guard.



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FPUD news

Keeping Fallbrook informed



Customers thrilled with FREE plants

Transforming yards one plant at a time

Some 70 people came to the FPUD parking lot to pick up free drought-tolerant plants last month.

FPUD acquired \$10,000 in grant funding for the plants. Customers then filled out an application online, illustrating how and where they would use the plants on their properties.

“It took me two days to complete the planting,” said Bob Glick, a customer who walked away with five elephant’s foot trees and 100 potted succulents. “We love succulents, and as everyone knows, they’re water savers. Also, they cut down a lot of the yard work.”

All the plants came from Silverthorn Nursery, a local nursery that uses FPUD’s recycled water to irrigate.

Applications were processed on a first-come, first-served basis.



FPUD hopes to secure grant funding again next year and expand this to a county-wide, regional program.

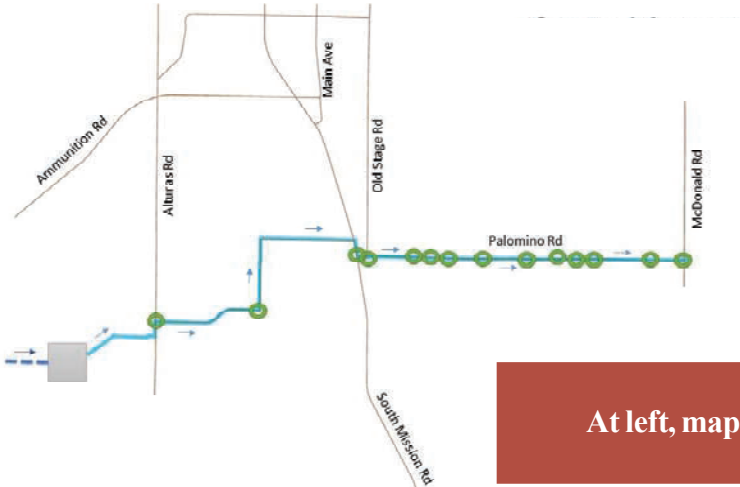
Update on local water project for Fallbrook

In the coming weeks, contractors for FPUD will be “potholing,” a procedure where they physically verify the location of buried utility lines.

The work may cause some traffic disruptions on Alturas Road, Merida Drive, Hill Ave., Almond St., Palomino Road, Gum Tree Lane and Fallen Leaf Lane. All construction work will be done on weekdays between 7 a.m. and 4 p.m.


This is in preparation for the Santa Margarita River Conjunctive Use Project’s pipeline installation. It is a joint project with Camp Pendleton that will bring local water to Fallbrook. It is expected to produce 30 percent of the district’s water, reducing FPUD’s need to purchase expensive imported water.

The project should be online and delivering water by 2021.



De Luz Road to be repaved upon completion of pipe installation

Thank you for your patience as we replace sections of a pipeline on De Luz Road. Parts of the road where the work was done will be repaved between Dec. 10 - 14, from Royal Glen to Dougherty. There could be some impacts to traffic. Check our website and Twitter [@fallbrookwater](https://twitter.com/fallbrookwater) for updates.



At left, map of pipeline that will be installed beginning in April

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36 MOS.
+ TAX*
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Warriors field hockey wins CIF Div. II championship

Jeff Pack
Staff Writer

In a game that was always going to be decided by the slimmest of margins, Fallbrook Union High School Girls Field Hockey team scored once early in the second half and then tightened up defensively to close out a 1-0 win over San Marcos in the CIF Division II Field Hockey championship match Saturday, Nov. 16.

Entering the tournament as the No. 7 seed, the Warriors peaked at the right time as a team to take down the No. 1-seeded Knights at Serra High School.

"It was a rough trip," Warriors Co-Head Coach Debbie Berg said after the game. "We actually had to beat the No. 2, No. 3 and No. 1 teams in order to get there."

The Warriors opened CIF play with a 5-0 win over Mira Mesa at Fallbrook High Nov. 9, then took down No. 2 seeded Mission Hills in overtime on the road Nov. 11 before taking out No. 3 seeded Clairemont on their home field, also in overtime.

That set up a showdown with the Knights Saturday – a team the Warriors had not beaten in three matchups this season – losing narrowly twice and tying them once.

Adding more intrigue into the match, Knights' head coach Heidi Kooyman is a graduate of Fallbrook High and is the daughter of Fallbrook's JV head coach, Emily Kooyman. Her brother, Collin, also coaches at Fallbrook.

"The joke was that if we both made it to the finals, we were going to flip a coin to decide who wins and then go to dinner," Berg said. "Obviously, that's not what we did."

With both teams being strong defensively, both squads knew they wouldn't have many opportunities to score.

The Warriors limited the Knights to very few offensive opportunities and less than a handful of shots during the entire game. The Warriors were struggling to find chances as well early on.

"Erin Murray and Alexis Sanchez, they are our top ball handlers and they can really run and handle the ball well," Berg said. "(San Marcos) double-teamed Murray, so she probably played 6 or 7 positions during the game, we just kept moving her around, making it tough for them to double-team her."

But the two seniors would find a way to change the game, despite heavy attention from the Knights' defense.

After a scoreless first half, the Warriors seized upon the opportunity to score on an offensive corner when senior midfielder Murray rifled a shot toward the San Marcos goal that fellow senior Sanchez redirected into the goal, setting off wild celebrations.

Sanchez had a big playoff run for the Warriors. She also scored the deciding goal in overtime

of the semifinal match two days earlier.

"Once we were up one goal, we had to rely on something that we know is our strength," Berg said. "We added an extra defender and played with one forward."

Fallbrook High, which filled up a bus of about 50 students to drive down to the match, had packed the stands with family, alumni, fans and teachers from the school to support the Warriors.

That support was crucial as the Warriors closed out the championship, Berg said.

The Warriors, who have won several CIF titles in the past, were last in the finals in 2011. Bringing home this title meant a lot to Berg, considering the uncertainty surrounding the program in recent years.

"We've been telling the girls that they absolutely can play with anybody in our league and they really started to believe it when we were holding some very good teams to very close games, whether we won or lost," Berg said. "We were in the games. That helped them believe."

It helped that the Warriors were increasingly strengthened as players who were injured at points during the season returned to the team. When they lined up Saturday, they had 10 seniors and one junior on the field.

"We started to get some of our players back from injury and more healthy," Berg said. "We had quite a few injuries about midseason and we had all but one healthy enough to play. They just had a lot of heart and outplayed the other team."

The Warriors were also a well-conditioned team, according to Berg, which made a huge difference in the season and the game.

"We had some very early weeks of, I guess, you would call hell weeks," Berg said. "Very heavy in the conditioning and the girls know how important it was for us to be at that athletic level. Most of our goals all year came in the second half where other teams were getting a little tired. We still had gas in the tank."

The Warriors were to be celebrated during the nutrition period at Fallbrook High Tuesday, Nov. 19.

Going forward, Berg, who shares coaching duties with Jeremiah Fuller, thinks the program has turned the corner.

"My hope is that this success will breed more interest and we'll be able to build even more than we have in this last year," Berg said. "It all starts with a feeder program, we have a Potter Junior High field hockey program and they're doing great things at that level. So I would assume by the time they get to the high school level they have some skills and some strategy and have the conditioning to do well at our level."

Jeff Pack can be reached by email at jpack@reedermedia.com.



The Fallbrook Union High School Girls Field Hockey team poses for photos after winning the CIF San Diego Section Division II championship over San Marcos, Nov. 16. Emily Schmierer and Emily Weber photos



Lady Warrior Erin Murray battles a San Marcos player during the CIF San Diego Section Division II championship match.



Fallbrook's Yahdira Flores moves the ball upfield during the championship match against San Marcos.



Lady Warrior defender Audrey Gillcrist clears the ball during the CIF San Diego Section Division II championship match against San Marcos.



Fallbrook freshman Taylor Sanchez plays offense on the varsity field hockey team against San Marcos.



Fallbrook's Erin Murray lifts the CIF San Diego Section Division II trophy with her teammates following the Lady Warriors' win over San Marcos.

SPORTS

Warriors begin wrestling season with 75-0 win

Joe Naiman
Village News reporter

Fallbrook High School’s wrestling team began the 2019-20 season with a Nov. 14 home meet against Del Norte which ended as a 75-0 Fallbrook victory.

“I couldn’t ask for a better start of the season, and I couldn’t have asked for a better result,” said Fallbrook varsity coach Cristian Vera.

Wrestling meets have two systems for points: one for match scoring and one for team scoring for the meet. For each match a wrestler is awarded one point for an escape, two points for a takedown, two points for a reversal, two points for a near fall lasting two to five seconds, and three points for a near fall lasting at least five seconds. (An infraction awards the opponent one point for the first and second offenses and two points for the third offense.)

The team whose wrestler wins a match by a decision obtains three points, although a major decision which means a margin of at least eight points provides four team points and if the margin reaches 15 points a technical fall worth five team points is declared. A pin, or fall, is worth six team points as is a forfeit which is usually due to a school not filling a weight class rather than for a disqualification, and if an injured wrestler is unable to continue the

other team also receives six points. A high school match consists of 14 weight classes.

Fallbrook was unable to field a 170-pound wrestler Nov. 14, but Del Norte also did not have a grappler in that weight division so a double forfeit in that class resulted in zero points for both schools. Del Norte forfeited five additional weight classes while the Warriors filled 13 weight brackets.

As of Nov. 14, Fallbrook had 28 team members certified to wrestle with four others awaiting certification. “We should have about 32 guys,” Vera said. “We have a pretty decent amount of depth.”

The Warriors’ roster currently includes one girl. Girls may compete in dual meets either against other girls or against boys, depending on who the opposing school has in that weight class, and there are also girls tournaments.

Fallbrook’s varsity wrestlers Nov. 14 consisted of four seniors, four juniors and five sophomores. “We had a lot of young kids,” Vera said.

One of those sophomores, Angel Leon, is a first-year wrestler. The Nov. 14 meet was Leon’s first match ever and he competed for the varsity in the 106-pound division. Leon began his wrestling career by pinning his opponent 1:00 into the match.

“That’s pretty impressive,” Vera said.



Warrior Chris Beltran battles against his Del Norte opponent in the 132-pound weight class.

Two other Warriors pinned their counterparts in the first minute: senior Marco Alejandro ended the 126-pound match 14 seconds after it began and junior Johnny Bermudez won by fall 32 seconds into the 220-pound match.

A total of five Warriors won by first-round pin. The 113-pound match concluded 1:23 into the period when sophomore Ethan Ellefsen pinned his opponent while junior Matthew Kendall won

the 160-pound bout with a pin 1:36 into the match.

Two other Fallbrook wrestlers obtained pins during the second period: the 182-pound opponent of junior Frank Greenwood lasted 15 seconds into the second round before being pinned while the 132-pound match ended when Chris Beltran won by fall 1:15 into the second period.

A regulation match lasts three two-minute periods (a tie score

at the end of regulation results in overtime) and the only match between Fallbrook and Del Norte which went into the third period lasted until the end of regulation. The 145-pound Del Norte matman was able to stave off a pin by junior Uriel Juarez. “The kid was tough; he did not want to get pinned,” Vera said.

see **WRESTLING**, page D-5



Fallbrook’s Angel Leon faces off against his Del Norte opponent in the 106-pound weight class during the varsity wrestling match, Nov. 14.



Warrior Uriel Juarez attempts to pin his Del Norte opponent.

Shane Gibson photos

Fallbrook 12U Girls Softball wins second place in North County Winterball Tournament



Pitcher Hana Winton of Fallbrook Girls Softball 12U strikes out 42 batters during four tournaments at the North County Winterball Tournament.



The North County Winterball Tournament at Kit Carson Park in Escondido, Nov. 9-10, caps a winning fall season for Fallbrook Girls Softball 12U. The team photo includes, from left, back row, coaches Frank Winton, Matthew Lerche, Dan Allegro; middle row, players Kailie Alles, Grace Carsey, Sofia Staricka, Gia Vitale, Ava Allegro, Hana Winton, Valerie Hernandez, Zeltzin Favela; front row, Jaslyn Aguirre, Kirra Gonzalez, Olivia Castillo, Miranda Gonzalez and Meadow Lerche. Not present is Alexa Fehling.

ESCONDIDO – The North County Winterball Tournament which took place at Kit Carson Park in Escondido, Nov. 9-10, capped a winning fall season for Fallbrook Girls Softball 12U.

The 12 and under team defeated Carlsbad 10-1 and Poway 5-4 Saturday, Nov. 9. They defeated Tierra Canyon 4-2 Sunday to advance to the championship game versus North Shore where Fallbrook was defeated 5-17. With the loss, Fallbrook finished in second place in the 12U Gold Division – second overall among North County’s best teams.

The tournament director noted that Fallbrook is seldom seen advancing this far in the Winterball Tournament and commended the team’s pitcher Hana Winton and the team catchers Kailie Alles and Valerie Hernandez for their performances.

The team’s Most Valuable Player was 12-year-old Hana Winton who had a stellar pitching season, striking out 42 batters in the four tournament games.

In the regular season, the team went 14-2 playing in mostly away games and was coached by Matthew Lerche, Frank Winton and Dan Allegro.

The spring softball season will start in February 2020 and is open to girls from ages 5-14. Registration begins next month in December.

For more information, email Fallbrooksoftball@gmail.com, visit www.Fallbrookgirlssoftball.com or follow Fallbrook Girls Softball on Facebook.

Submitted by Fallbrook Girls Softball.



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Sullivan girls take first at Mt. SAC meet



Braden West takes the lead from the beginning of a middle school cross-country boys' race at Mt. San Antonio College Invitational in Walnut and is powering up Reservoir Hill as if it is flat.



Sullivan Middle School's varsity cross-country teams and Coach Miller celebrate the team's first place and fourth place finishes at the Mt. San Antonio College invitational.

Courtesy photos



Rori Gartner, Avery Lynas and Abby Petersen work together in a lead pack to conquer the Mt. San Antonio College course.

Joe Naiman
Village News Correspondent

The Mt. San Antonio College Invitational is one of California's most prestigious cross-country meets, and Sullivan Middle School cross-country coach Tamara Miller took her eighth-graders to Walnut, Oct. 18, to participate in the youth races for eighth-grade boys and eighth-grade girls. The Wildcats won the girls championship while the Sullivan boys placed fourth.

Cross-country team scores add the positions of a school's first five finishers; the sixth and seventh runners are not scored but can add points to other teams' totals. Sullivan's girls accumulated 38 points. Twin Peaks Middle School in Poway had the second-place score of 47 points, Pinon Mesa Middle School in Phelan was third with 95 points, and Mesa View Middle School from Huntington Beach had the fourth-place total of 97 points.

"Sullivan girls went with the expectation that we would have fun, try something new and finish strong," Miller said. "I knew they had the potential to win overall, but I did not tell them that prior. I wanted them to go in without nerves and just enjoy the challenging course. I knew they would push themselves, because they always do. I never have to worry about the team, as they are extremely consistent and dependable."

The course for the eighth-grade runners was 2 miles. Makenzie McRae of Mesa View was the first girls' individual finisher with a time of 12 minutes 41 seconds. Sullivan's Rori Gartner had the fourth-place time of 13:26.

"Rori is one of the strongest, most determined runners I have ever coached," Miller said. "Rori has long, strong legs that can turn over rapidly when a sprint is called upon."

Stefania Sesock of Visalia's Ridgeview Middle School also had a time of 13:26 to finish fifth and a fraction of a second behind Gartner.

"Rori is fiercely competitive and does not like to lose, both in the classroom academically and athletically. This competitive drive mixed with her physique that fits the mold of a cross-country runner is what pushed her to beat out the fifth-place girl by less than one second near the finish line," Miller said. "She saw she could catch the fourth runner and put

her mind in the right spot to get the job done."

Miller was standing at the top of Reservoir Hill and couldn't see the exact location of the finish line but could observe Gartner challenging Sesock for fourth place.

"You could see so clearly she was gaining on her," Miller said. "I am so proud of her for putting in the hard work and leading her team as the top runner for Sullivan at Mt. SAC."

Sullivan runners took both eighth place and ninth place with Avery Lynas finishing in 13:46 and Abby Petersen posting a time of 14:00. The top 15 finishers in each race received individual medals, so Lynas and Petersen joined Gartner in taking home both team medals and individual medals.

Sahara Khoury finished one position away from a medal; her 16th-place time was 14:36. Maya Khoury took 18th place and had a time of 14:39.

"That does not surprise me," Miller said of five of her runners finishing among the top 20. "My top five are always in the top 10 of our league, finishing three strong and two right behind. I knew they would be right up there in the Mt. SAC race as well," Miller said.

The Khoury sisters are fraternal twins.

"They push one another and stay close to the top three," Miller said. "It is a dream to have five girls so closely packed together because it equates to a winning team each and every time."

The times gave Sullivan a 73-second spread between the Wildcats' first and fifth finishers.

"The girls met my expectations with the 73-second spread. All season their spread has ranged from 51 to 80 seconds, so the 73 fell within that range," Miller said. "It just goes to prove further how consistent the girls are. When one pushes faster in a race, the other four respond. They are a dream team to coach, and it gives me chills to watch them race and finish each meet."

The race had 174 finishers. Sullivan's sixth runner, Ava Papoulas, placed 45th with a time of 16:07. Papoulas skipped fifth grade and is only 12 years old.

"She is not too far behind my top five, and I am certain she will be right in the mix in another year or so with this top five," Miller said.

Sullivan's seventh finisher, Madeleine Dahlgren, placed 77th at 16:37.

"The eighth-grade girls' team is near perfect in cross-country and will be a contender for a state team when they are in high school," Miller said. "I am not sure the girls actually realize the caliber of their team, nor all the greatness their future has in store."

Sullivan's boys had 155 points. "I am beyond proud of our boys' team," Miller said.

Palos Verdes Intermediate School, which is in Palos Verdes Estates, had the premier score of 82 points. Quail Valley Middle School in Phelan had 97 points for second place. Corona's El Cerrito Middle School had the third-place total of 136 points. The fifth place team, DeAnza Academy of Technology and the Arts in Ventura, accumulated 172 points.

"We have always had two runners place one and two in our league, Braden West and Devin Huntington, who lead the boys' team each race. Braden and Devin inspire their teammates to do better just through their running success," Miller said. "Above that they are both extremely hard-working and very positive, which translates into two tremendous team leaders."

Alex Naehu of Palos Verdes won the boys race in 11:45. West had the second-place time of 11:57. The Sullivan boys were in a race with 247 runners, and when the other eighth-grade boys' race is included West's time placed second among 470 harriers.

"Braden is a powerhouse, a human born to run with a natural raw talent you don't find very often," Miller said. "He makes it look so easy and finishes with energy left in him to continue for miles more."

Miller takes responsibility for West not finishing first.

"Mt. SAC is quite a distance from Sullivan, and I did not have time to go up and see the course before race day. I trusted the course map which only showed three switchback hills, which were toward the latter part of the two-mile course," she said. "I competed at Mt. SAC in middle school and high school but did not fully recall how many switchbacks there were."

The Wildcats arrived at the meet approximately one hour before their initial race and were unable to walk the course beforehand.

"Braden made a move on the second switchback to take the lead and lengthen the margin between him and the second runner. He trusted, as did I, that there was only one more switchback. He trusted his sprint to finish through and win the race," Miller said. "Unfortunately the map was not accurate and there were six to seven switchbacks. The top finisher capitalized on this and Braden took second."

Miller said that West met her expectations.

"His finish was strong, and he never let up. I can guarantee you Braden will never let that first-place runner beat him again, nor will I ever not double-check the course in person," she said.

Reservoir Hill in the middle of the third mile of the 2.93-mile high school course has an average 8.8% grade over the 0.15-mile ascent in which the elevation changes by 70 feet. Poopout Hill late in the second mile has an

elevation change of 73 feet over 0.12 miles for an average grade of 11.5%. The middle school course included Reservoir Hill but not Poopout Hill.

Miller ran cross-country at Fallbrook High School before graduating in 1993 and ran cross-country for the University of California Riverside. Her races included the Mt. SAC Invitational.

"I knew it was a tough course. I remember it being my biggest accomplishment but also my worst enemy," she said. "I did not want to set my runners-up to be nervous or think it was impossible. I applied what I knew in terms of it being a true cross-country course that will challenge them in ways they are not used to in races within our league. However, I was not able to take them for further training off our campus that would have allowed me to apply more of my knowledge."

The elevation differences at Mt. SAC exceeded the North County Middle School cross-country League courses.

"The hills definitely presented a much more difficult race than my runners are used to. The most challenging course we face is Kit Carson, which only gives us one rolling hill," Miller said.

"I train my runners on hills, but not like the type Mt. SAC has. We are on a very small campus and our adjoining road is very dangerous to run on. Every property surrounding us is private, so I find myself fortunate to have permission to use one hill directly across from our campus," Miller said. "If Sullivan had all the available terrain and elevation to train for Mt. SAC, then I am confident that my teams would do even better, especially individual runners."

Huntington took ninth place with a time of 12:26, so Sullivan took home two individual boys medals as well as three individual girls medals and the girls team championship medals and plaques. As the coach of the winning team, Miller received a Coach of the Year plaque while the team was also given a championship plaque. Nathan Sarigumba became the 42nd finisher 13:27 after the race began. Tony Cortez finished in 73rd place and had a time of 14:22. The 77th-place time of Dominic Sales was 14:26.

"Would I like to see the boys finish with a lower spread of time between the one and five runners, sure," Miller said. "However, these boys continue to improve and I am confident they will take the championship home in our league."

Fisher Phillips had a time of 14:27 for 79th place. Aragon Elkins took 85th place with a 14:40 performance. The eighth Sullivan finisher, Riley Waddell, placed 87th overall and completed the course in 14:43.

"At Mt. SAC the boys went out to have some fun and in the end raced well and put up a great performance," Miller said. "Each race my three to five runners continue to close the margin on Braden and Devin, resulting in stronger team wins. In reality my five through eight runners are always packed together, so my fifth runner could be someone different in a given race. They work with one another to get the

job done and prove they are a team to beat."

Sullivan had 11 boys in the race. The 144th finisher, Nicholas Schumann, posted a time of 16:01. Benjamin Ho placed 176th at 17:12. Adam Bernier was the 185th finisher and took 17:33.

Miller began teaching at Sullivan Middle School in 2014 and founded Sullivan's cross-country team in 2015. This is the first year Miller has taken teams to the meet hosted by Mt. San Antonio College.

"Traditionally Sullivan really enjoys the Moonlight Beach Encinitas race we compete in every year for our league. This meet along the beat always falls one day before Mt. SAC, so I would always choose to take my entire team to Moonlight Beach," Miller said. "Who wouldn't want the experience of running in the sand along the Pacific Ocean as a middle schooler?"

Diegueno Middle School hosts the Moonlight Beach meet. The growth of the North County Middle School Cross-Country League to 29 schools and more than 1,000 runners caused the league to be split this year, and Sullivan and Diegueno are in different circuits.

"Sullivan no longer had that race on the schedule. I took this opportunity to enter Mt. SAC and start a new tradition for Sullivan runners," Miller said.

Miller only took her eighth-grade runners to the Mt. SAC meet.

"I took my eighth-grade varsity teams only for a few reasons," she said. "First, yes, I was concerned it would be too challenging for some of my new and younger runners, and I feared it might scare them away from continuing with the sport. Second, I have a large team from 43 to 53 runners each year and I am only one coach to all of them. Driving a distance and managing four different entries seemed like a tall order," Miller said. "Lastly, and the biggest reason of all, is that I want younger Sullivan runners to have something to look forward to their eighth-grade year, and Mt. SAC seemed like the logical answer. The eighth-grade varsity teams that run for me have also been my students and runners for one to three years. They are a tight-knit family, and I wanted them to enjoy an experience that will be unforgettable."

The runners and all family members present had dinner at an Olive Garden restaurant during the return from the race.

"The experience was meant to be new, fun and memorable, and that it was," Miller said.

Miller believes that the Mt. SAC races prepared her runners both for the North County championship meet and for their future high school running careers.

"I believe Mt. SAC made Kit Carson seem like a walk in the park," she said. "Mt. SAC has also inspired many of my runners to continue with cross-country in high school, as they now were able to experience just one invitational among hundreds that are headed their way in the next four years. They really enjoyed the race, the challenge and look forward to their future in cross-country."

OBITUARIES



Dr. Eric William Gluesenkamp died in the evening Oct. 29, 2019. He was 79 years of age.

Eric was born in Dayton, Ohio, and was the only son of Earl W. Gluesenkamp and Alma D. Tiefert. He attended Kenyon College where he received a bachelor’s degree in biology in 1962. He graduated from the University of Missouri Medical School with a doctor of medicine in 1966 and interned at Pontiac General Hospital in 1966-1967.

He was a captain in the U.S. Navy from 1967-1969 and served in Vietnam with the I Corps, 27th Marines, 1st Marine Division. He served during Operation Allenbrook on Goi Noi Island.

After returning stateside, he conducted his general surgery residency at Pontiac General Hospital and established a private practice in Fallbrook where he provided family care, including obstetrics and surgery, from 1971 until his retirement in 2002.

He took tremendous pride in his practice and the relationships he developed with his patients over the years. He was an avid reader and student of history. Those who knew him can verify that he was a fount of information: both interesting facts and humorous non-truths. He valued life experiences and enjoyed travel and helping others.

He is survived by his three children, Daniel, Andrew and Ivy as well as five grandchildren, Jackson, Kavina, Lalima, Ruby and Riyana.

Those who wish to pay their respects are encouraged to donate to the Fallbrook Land Conservancy.



Zachary Phillip Hardy, beloved son and adored brother, died far too young, Nov. 9, 2019. He was born Dec. 3, and this year he would have been 27 years old.

He attended Maie Ellis, Zion Lutheran School, Iowa Street School, La Paloma Middle School, Potter Junior High School and graduated from Fallbrook High School in 2011.

Zachary leaves behind his father, Joel; mother Susan and sisters, Cortney (Hardy) Kent and Haley.

Zachary participated in soccer, baseball, track, 4-H Club, roller hockey and Boy Scouts. He became an Eagle Scout Dec. 23, 2010, with Troop 731 in Fallbrook. His completed Eagle Project is a kiosk for the Fallbrook Historical Society on the Pico Promenade in Fallbrook.

While in Fallbrook, Zachary worked at Daniel’s Market in Bonsall and attended Palomar Community College. He joined the Army where he received an honorable medical discharge. He pursued a career in computers and information technology, and his last job was with Valley View Casino where he was very happy.

Zachary was taken from his family when he died in a car accident on the way home from work. We are hoping everyone who loved him or knew him will join his family at his memorial service so that he knows how much he was loved and is now missed.

The memorial and reception will be held Nov. 23, at 3 p.m. at SonRise Christian Fellowship, 463 S. Stage Coach Lane, in Fallbrook. An online guestbook will be available at www.Berry-BellandHall.com.



John Dean Raifsnider died Nov. 8, and went home to be with the Lord.

John was born Oct. 4, 1958, in San Diego to Charles LeRoy and Missouri Lillian (Craft) Raifsnider. He was the youngest of four children.

When John was a teen, he went to live with Reverend Richard Francis and Alice Ann Ashley and their two sons, Dean and Bryn. John was welcomed with open arms by the Ashleys.

John is survived by Tammy (Lemke), his wife of 41 years, as well as his son Daniel (Danielle) and his daughter Sarah (Chris) Barclay. In addition, he leaves behind his biggest blessing in life, his five grandchildren, Christian

and Riley Raifsnider, Harper, Asher and Micah Barclay.

He also leaves behind his dad, Richard Ashley; brothers Dean (Marianna) Ashley and Bryn (Ruth) Ashley; half-sister Jane Phipps and sister Sandra Jordan, as well as a number of cherished nieces, nephews, sisters and brothers-in-law.

John attended Kennedy High School in Barstow and entered the United States Navy in 1977. While enlisting in the Navy in Los Angeles, he met and fell in love with his wife, Tammy, who was entering the Air Force.

They got married in San Angelo, Texas, in 1978 and moved from there to Berlin. Their son, Daniel, was born at Fort Ord, while Tammy was stationed at the Defense Language Institute in Monterey. While in Monterey, John worked in the auto parts field and began his life-long love for working on cars and all things automotive.

In 1987, John and his family moved back to Berlin where John worked on the flightline at Tempelhof Air Base. His proudest moment during that tour in Berlin was being able to tour Air Force One while President Ronald Reagan was in Berlin to give his famous speech in which he urged President Mikhail Gorbachev to “tear down this wall.” Years later when touring the Reagan Library

in Simi Valley, John recognized the plane in the museum as the one he was on in Berlin.

John’s daughter Sarah was born in Berlin three days before the wall came down. Unfortunately, John could not be out dancing on the wall, as he was home helping take care of his newborn daughter.

After Tammy retired from the Air Force, they moved back to Fallbrook, so that their children could grow up near grandmas, grandpas, aunts, uncles and cousins.

After moving to Fallbrook, John started on a new career path – photography and writing. He wrote and took pictures for the Fallbrook Village News, The Scout newspaper at U.S. Marine Corps Base Camp Pendleton and The North County Times.

His favorite types of story to write were the human-interest stories. He loved talking to people and hearing about their journey. John is known for asking people “Where are you from?” We told him when he gets to heaven, he can add, “When were you born?”

John’s memorial service will be held at LifePointe Church in Fallbrook Saturday, Nov. 23, at 2 p.m. The family requests that in lieu of flowers, donations may be made to the Life Pointe AWANA program.

Wilma Lanning, the beloved wife of Donald Lanning, M.D., passed Sept. 19, 2019, at their home in Topeka, Kansas. Both had been Fallbrook residents for

over 45 years.

We welcome you to join us in her Celebration of Life, Saturday, Nov. 23, at 11 a.m. at Harveston Park on Village Park Road, Temecula.

For more information, please visit <https://www.penwellgabeltopeka.com/Obituary/176138/Wilma-Lanning/Topeka-KS>



Susan (Shaughnessy) Weeks died peacefully Nov. 10, at her home in Bonsall. Susan fought cancer twice with bravery; however, cancer won this time.

Susan was born in Boston April 17, 1945, and grew up in Newton, Massachusetts. She graduated from St. Bernard’s High

School and from Regis College. Susan spent 21 years in Alaska working for the National Guard, Alaska Railroad and Anchorage Telephone Utility.

In June 1993, she and her husband, Francis “Obie” Weeks, moved to Oceanside. In 2001, they moved to Fallbrook where Susan became very active in Fallbrook Newcomers and Fallbrook Encore Club.

Susan loved photography and was always seen with a camera hanging around her neck at any Newcomer or Encore event. She served as co-chair of Encore Club’s Helping Others activity at the assisted living facility Regency Fallbrook. She also was a volunteer with the Foundation for Senior Care computer group.

Susan loved to travel to Europe,

and her first trip was on the Queen Mary with her mother to visit relatives in Switzerland. Susan and Obie traveled to Europe 17 times as well as to Costa Rica and New Zealand.

Susan is survived by her husband Obie Weeks; son-in-law David Ward and grandchildren Taylor and Grayson of North Carolina; daughter-in-law Erika Shaughnessy and grandchildren Cory Shaughnessy, Adrianna (Shaughnessy) Eller and Brandon Shaughnessy of Alaska and her ex-husband Mike Shaughnessy of Alaska.

She was preceded in death by her son Ryan Shaughnessy and her daughter Kerri (Shaughnessy) Ward.

Per Susan’s request, there will be no service.

the village beat

Don't miss a beat on what is happening in Fallbrook, Bonsall, Pala, De Luz and Rainbow. Whether it is breaking news, local youth sports, or information on events and activities, you will find it quickly and easily at thevillagenews.com Check it out. Often.

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John “Jack” Ruis was born June 14, 1930, in Honolulu and died Nov. 2, in Encinitas.

He is survived by his loving family: Nancy, his wife of 50 years; son Randy of Kona, Hawaii; daughter Cindy of Phoenix; stepdaughter Julie Irvine Eggert (Tim) of Seal Beach; stepson Michael Hurlburt of Macdoel; six grandchildren: Nanci, Katie, Megan, Nicholus, Kasey and Steven; five great-grandchildren: Presley, Everett, Weston, Arden and Kennedy; nephew Dennis Moreno and niece Karen O’Bannon.

He was preceded in death by two grandsons, Domenic and Daniel.

Jack was near Pearl Harbor

when it was attacked, and he was later evacuated from the island. He eventually moved to Sunnyvale, where he earned a degree in recreation from San Jose State University.

Jack was first employed by the city of Los Angeles and worked for 29 years in El Segundo, 25 of those years as director of recreation and parks. He helped to design and bring to reality many of the parks and recreation programs that are still enjoyed today.

Jack was a huge sports enthusiast. He played football in high school and college; he was an avid golfer, and he loved watching football games and sporting events.

Jack also enjoyed growing and caring for plants and trees, working with clay and deep-sea fishing. He was a lifelong dog lover. Upon retiring, Jack moved to Fallbrook, was a consultant for a sports lighting company, grew avocados, traveled and enjoyed many fishing trips out of San Diego.

Jack’s ashes will be scattered in the ocean that he so loved. A gathering to share memories will be held Dec. 27 in Fallbrook.

The family requests no flowers be sent. If desired, a donation may be made to Rally for Children, P.O. Box 2575, Fallbrook, CA 92088.

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WINE & DINING

Thanksgiving leftovers, a terrible thing to waste

Gig Conaughton
County of San Diego
Communications Office

For a lot of families, one of the best things about Thanksgiving is all those leftovers – the gravy-

covered turkey sandwiches, mashed potatoes and pie for days. But too much of anything can be a bad thing, even Thanksgiving leftovers. Every year, 40% of all food in the U.S. is wasted, often by being tossed out as trash into



landfills, even as many Americans don't have enough to eat, according to the National Resources Defense Council. In addition, the average four-person household spends \$1,500 a year on food they end up throwing out.

So this Thanksgiving, San Diego County wants to offer residents some free tips on how to cut down on food waste and too many leftovers, maybe save them some money and for good measure, even offer some recycling tips to help protect their homes, or at least, their pipes.

Reduce food waste – shop and plan wisely.

The easiest way to reduce food waste, during the holidays or just day to day, is to not cook too much, right? Plan ahead, shop smart and serve just enough food to make everyone happy. Of course that sounds easy, but can be hard to do. How do families know how much food is enough? SaveTheFood.com has a “Guest-imator” that can help families calculate how much food they need to prepare, based on how many people they’re serving

and how much they typically eat – even for Thanksgiving. And yes, it can even calculate having leftovers if they are wanted.

Freeze or find ways to reuse leftovers.

Of course, even the best planners can end up with leftovers sometimes, especially at a big event like Thanksgiving. But they don't have to let them go to waste. If the family is hosting guests, provide to-go containers so they can take them with them. Rethink leftovers and use them as ingredients for new meals. For example, leftover meat and vegetables can make a great soup or casserole. Or turn mashed potatoes into potato pancakes. And of course, freeze leftovers to use in future meals.

Cutting food waste and recycling can keep a home's pipes clean.

Believe it or not, cutting food waste and recycling can even protect the house. That's because cooking oils and grease can gunk up the plumbing and cause sewage overflows if they are discarded down the sink's drain. Making sure

to not overprepare food and cut down on the amount of cooking oil being used. And keep used oils out of the plumbing by collecting them and recycling them. Contrary to popular belief, mixing used oil with soap or pouring hot water down the drain after discarding oils in the sink doesn't prevent fat clogs that can back up pipes.

There are free drop-off locations for used cooking oils all around the county. Just collect cooked cooking oils in a secure container with a lid and label it “used cooking oil.” Don't mix chemicals or other liquids in with them. To find the nearest drop-off location, visit the county's Recycling and Household Hazardous Waste database, www.WasteFreeSD.org or call (877) 713-2784.

To learn more about reducing food waste, visit the county's Solid Waste Planning and Recycling website, www.sandiegocounty.gov/content/sdc/dpw/recycling.html.

Submitted by San Diego County.



Warrior Uriel Juarez faces off against his Del Norte opponent in the 145-pound weight class.

WRESTLING
from page D-2

Juarez won a 7-2 decision, giving Fallbrook three points. He had two takedowns and a near fall lasting more than five seconds. Two escapes gave the Del Norte grappler his points.

“Everybody else was a six-point fall,” Vera said.

Del Norte forfeited the 120-pound weight class to sophomore Marco Arias Jr., the 138-pound bracket to senior Kevin Sanchez, the 152-pound division to sophomore Ethan Aguila, the 195-pound bout to senior Carlos Hernandez and the heavyweight contest to senior Javier Montoya.

Two junior varsity matches were wrestled and Fallbrook won both: one by pin and one by disqualification for a fourth offense infraction.

“I couldn't be happier with the start,” Vera said. “My hat's off to them. They did everything that I asked them to do and technique wise it was almost perfect.”

Fallbrook will have tournaments during December but no dual meets. The Warriors' next dual meet will take place Jan. 2 at home against Guajome Park, which is coached by former Fallbrook High School coach Greg Wagaman. Wagaman coached the Warriors from 2008 to 2014 and Vera is a 2011 Fallbrook High School graduate, so Wagaman was Vera's coach for Vera's sophomore, junior and senior years.

The Warriors will also have five

Valley League dual meets during the season.

“I think this is going to be a great year for all of our guys,” Vera said.

Joe Naiman can be reached by email at jnaiman@reedermedia.com



Fallbrook's Matthew Kendall faces off against his Del Norte opponent in the 160-pound weight class.

Shane Gibson photos



Warrior Frank Greenwood battles against his Del Norte opponent in the 182-pound weight class.

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Peltzer welcomes holiday season with ice rink, tree lighting



The Peltzer Ice Rink is open now, but Peltzer Farm and Winery is hosting a grand opening celebration Saturday, Nov. 23, to kick off the holiday season out on the farm. Courtesy photos



Peltzer Farm and Winery will be the site of many activities during the holiday season, including Christmas on the Farm, which kicks off Dec. 1.

p.m., 6 p.m., and 7:30 p.m.

Guests who reserve their spot online at www.peltzerwinery.com will receive a pair of skates with their admission, and tickets cost \$14 for adults and \$10 for children ages 3 to 11. If tickets are purchased at the rink, they cost \$16 for general admission and \$12 for children ages 3 to 11.

Peltzer Winery Crush Club members receive a \$2 discount off the regular adult prices. Military, first responders and teachers can receive a \$2 discount off the prices listed above.

The Ice Rink Bar will be open for drinks on Wednesdays and Fridays through Sundays, and hot cocoa and treats will be available for purchase from the snack bar.

Just as the holiday season really starts to heat up and the weather starts to cool down, Peltzer will go all-in on the holidays with Christmas on the Farm, six weeks of holiday fun starting with two days of tree lighting ceremonies at the beginning of the month.

"It's an annual tradition that we look forward to," Carrie Peltzer said. "Everyone gets in their sweaters and boots and heads out with their family to enjoy wine, perhaps a beer and hot chocolate. We gather around the tree, sing carols, light candles and count down to light the tree. It's a magical event that we share proceeds with Our Nicholas Foundation who are near and dear to our hearts."

"And then we ice skate – it's my favorite event all year for sure,"



Peltzer Farm and Winery will host two tree lighting ceremonies Saturday, Dec. 1, and Sunday, Dec. 2.

Peltzer said.

There will be two tree lightings to accommodate everyone who wants to attend and participate in the activities at the farm, including the tree lighting which will happen at 7:30 p.m. Saturday, Dec. 1, and at 6 p.m. Sunday, Dec. 2.

Christmas at the Farm from 11 a.m. to 10 p.m. each day features a Makers Market, Food Truck Alley, craft beer, Peltzer wine and photos with Santa from 1-5 p.m. both days. There will be live music from 6:30-10 p.m., Dec. 1, and from 3-6 p.m., Dec. 2.

Peltzer Farm and Winery is at 40275 Calle Contento, in Temecula. Visit www.peltzerwinery.com for more information.

Jeff Pack can be reached by email at jpack@reedermedia.com.

The Bank announces major changes to restaurant

Jeff Pack
Staff Writer

After 41 years of serving up authentic Mexican food to visitors in Old Town Temecula, The Bank Mexican Restaurant and Bar will be no more Thursday, Nov. 21.

Wait, don't panic – owners Christy and Craig Puma aren't closing their doors forever – they told the Valley News Saturday night that they have reimagined the restaurant, taking it in a new direction.

Beginning Thursday the restaurant became The Bank – Plates and Pours.

Craig Puma said they are making the change to "step up their game" to meet the demands of potential customers flocking to a burgeoning Old Town Temecula cuisine scene.

The restaurant was closed Tuesday and Wednesday before reopening Thursday with a soft opening



The Bank Mexican Restaurant and Bar closes and will be reimagined as The Bank – Plates and Pours Thursday, Nov. 21. Courtesy photo

Takao, a local with 30 years in the community and in restaurants.

"He's bringing a whole different flair to the restaurant and for the community," Puma said.

In addition to changes to the menu, big changes have been made to the inside of the restaurant as well, including a new pouring bar that promises to wet the whistles of customers, no matter their preference for libation.

"We have decided to do some major changes with the renovation of the dining room, adding a pouring bar, which will focus on distilled spirits, whiskey, bourbon, scotch, tequila, flavored vodka, wine and beer, also," Puma said. "Something that people will want to just come and enjoy."

The decor will be updated and renovated with what Puma called a "bank and robber theme" that will include three large paintings of robbers who robbed the actual bank housed within the building in Old West times.

The changes, Puma said, were in response to a changing economy in Old Town Temecula, including rising rental prices.

"We've realized that Mexican comfort food is not what sells in old town," Puma said. "And as much as a lot of people like Mexican food, with rents rising the way they have and the cost of running a restaurant, we can't do it on \$3 tacos."

More importantly, Puma recognized that people coming to old town are looking for more from their culinary experience.

"Because of the culinary atmosphere of Old Town," Puma said. "It's going to take a different culinary effort. So, we've had to step up our game."

Puma asked that customers understand that the staff will need some time to adjust to the new menu and format in the first few days of their reopening.

"We are turning this around pretty quickly, so it is going to take some adjustment and hope people understand," he said.

Jeff Pack can be reached by email at jpack@reedermedia.com.

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Need a break from cooking for Thanksgiving? You have options



Skip the cooking and head out to one of several local establishments serving up Thanksgiving dinner this year. Courtesy photo

Jeff Pack
Staff Writer

Whether to roast, smoke or deep-fry a turkey is just one of a multitude of questions residents have to answer when hosting friends and family for Thanksgiving this year.

Will they ask guests to bring a dish? Does anyone really like candied yams? Will there be enough stuffing? Will people be mad if they serve ham? Do they choose pie or cake for dessert?

The answer is ham and cake, by the way; it's always ham and always cake. Don't hate me.

Then there is the challenge of execution and the aftermath.

Are they really that affected by tryptophan that they can't help with the dishes? Whose cookware was left behind?

It's just too much. Way too much.

Fortunately, residents have options this year as many local establishments will be doing all the hard, dirty work to make Thanksgiving as painless and delicious as possible.

Take in the pregame at Killarney's.

If the thought of the entire family descending upon the house rattles the nerves, take a trip down to Killarney's Restaurant and Irish Pub Wednesday, Nov. 27, for their Pre-Turkey Day Party from 7-10 p.m.

Nothing soothes the soul and enhances the ability to come up with really good excuses for nosy family questions as downing a few tasty pints and listening to bumping music spun by a live DJ. Killarney's is located at 32475 Temecula Parkway in Temecula. Visit www.killarneys.com.

Pechanga has many, many options.

This year, seven of Pechanga's restaurants will feature Thanksgiving dining specials, offering choices for every taste and budget. Thanksgiving dinner specials can be found at the Pechanga Buffet, Great Oak Steakhouse, Lobby Bar and Grill, Kelsey's, Journey's End, Paisano's and Pechanga Café.

The Pechanga Buffet will start its Thanksgiving festivities with brunch from 9 a.m. until 3 p.m. with dinner following until 10 p.m. for \$46.99 for adults and \$23.99 for children ages 3-11.

The AAA Four Diamond Great Oak Steakhouse's Thanksgiving special will include a three-course meal starting with a butternut squash and roasted apple soup.

The entrée is a roasted organic turkey with Italian sausage served with wild mushroom and polenta stuffing, cranberry compote, roasted sweet potatoes with pecan and mashed potatoes. The final course is a spiced Bundt cake with apple caramel sauce. All for \$38 and the nightly menu will be served in addition to the Thanksgiving special, but reservations are always recommended.

Paisano's will put an Italian flair into Thanksgiving with a three course meal of potato and leek soup topped with a crisp pancetta crumble, followed by the main course with includes fresh roasted turkey, Italian-style mashed potatoes, ciabatta sausage, fennel stuffing, turkey mushroom gravy and cherry pomegranate chutney. To round out the meal, enjoy a pumpkin crème brulee for dessert. This Thanksgiving dinner is available for \$32.

Kelsey's Bar and Grill is offering favorite dishes with a three-course meal for \$27. The meal includes a butternut squash soup with cornbread croutons, smoked turkey and mashed potatoes with green beans, cornbread stuffing, cranberry sauce and turkey gravy, and lastly, a pumpkin pie chantilly.

The Pechanga Café will feature a Thanksgiving menu of roasted turkey with sweet potatoes, green beans gratin, cornbread stuffing, mashed potatoes, giblet gravy, and cranberry sauce all for just \$22.

The Lobby Bar and Grill will be offering a buffet special featuring three different carving stations with roasted turkey and home-style gravy, honey glazed ham and Cajun tri-tip roast. There will also be macaroni and cheese, roasted pear stuffing, roasted Brussel sprouts, brown sugar-glazed sweet potatoes with toasted marshmallows, green bean casserole and many more options. Try this buffet from 11a.m. to 9 p.m. for \$28 for adults and \$14 for children.

Journey's End is the place for a Thanksgiving breakfast or dinner with an extensive buffet menu complete with freshly baked pastries, seasonal fruits, live egg and omelet station, tri-tip, honey glazed ham and roasted turkey carving stations, breakfast and dinner entrees accompanied with various holiday sides and a large assortments of desserts. The price is \$32 for adults and \$18 for children.

Blends Coffee and Wine Bar is also offering whole pies for pickup for \$17. The apple, cherry, pecan or pumpkin pies are made in-house by Pechanga's expert

pastry chefs. Sugar-free pies are also available with 24-hour advance notice by calling (951) 770-8511.

To make reservations or for more information on Pechanga's culinary offerings this Thanksgiving, visit www.pechanga.com/dining.

Everyone loves wine country.

Who is going to say "no" to copious amounts of wine at their beckon call on Thanksgiving? Thankfully, a couple of local wineries are hosting this year.

South Coast Winery's Vineyard Rose Restaurant is offering Thanksgiving Day menus that include three-course traditional and non-traditional offerings including breakfast from 8 to 10 a.m., brunch from 10 a.m. to 3:30 p.m. and dinner from 5 to 9:30 p.m.

Pricing for each menu depends on which entrée is ordered, except for dinner which is \$59 per person, excluding tax and gratuity. Children under 3 are free.

Reservations should be made in advance at (888) 726-8821.

Thanksgiving dinner at Cafe Champagne at Thornton Winery is available from noon to 5 p.m.

Thronton has a tempting holiday menu with a selection of starters that includes lobster bisque, heirloom tomato bruschetta, warm butternut squash salad and Café Champagne salad. Entrée selections are a traditional roasted turkey, French pork chop, pistachio and cherry-crusted salmon or a grilled filet mignon and a choice from a list of delectable desserts.

The cost is \$64.95 for adults, \$19.95 for children ages 6-12 and free for children ages 5 and younger. Discounts are available for wine club members.

Thornton Winery is at 32575 Rancho California Road in Temecula.

Reservations are required, visit www.thorntonwine.com.

Come and get it at Corkfire Kitchen.

Corkfire Kitchen at Temecula Creek Inn is hosting Thanksgiving at the Inn and offering a farm-house meal featuring traditional menu items with a farm-to-table twist from noon to 9 p.m.

All the specials are available a la carte or try all three courses for \$50. There is just way too much to list. Visit www.temeculacreekinn.com/temecula-restaurants to view the full menu.

Temecula Creek Inn is at 44501 Rainbow Canyon Road in Temecula. Call (951) 587-1465 to make reservations.

Try barbecue for Thanksgiving.

Lucille's BBQ will be open from 10 a.m. to 8 p.m. Thanksgiving Day at the Promenade Temecula offering individual and group dinners for dine in or take out.

The individual dinner is \$28.99 and includes the choice of slow-smoked turkey, ham or both and all the fixings. For \$14.99, children can have just about the same thing, albeit with smaller portions.

You can also have Lucille's do the work by ordering a Thanksgiving Feast for \$209.99 that feeds 10 or more guests. Choose from a whole smoked turkey, sliced smoked turkey, sliced marinated ham or both, again with

all the fixings. And everything is served ready to heat.

Lucille's BBQ is located at 40748 Winchester Road in Temecula.

Visit www.lucillesbbq.com for more information or call (951) 719-7427.

Or enjoy Thanksgiving at The Gambling Cowboy.

The Gambling Cowboy, located in Old Town Temecula, will offer a four-course Thanksgiving feast complete with a traditional roast turkey, signature prime rib, and maple glazed ham served with all the traditional Thanksgiving fixings.

The Gambling Cowboy is at 42072 Fifth Street on the third floor in Temecula. Visit www.ilovethecowboy.com/event/thanksgiving for more information or call (951) 699-2895 to make reservations.

Jeff Pack can be reached by email at jpack@reedermedia.com.

Wine Country Events Calendar

| FRIDAY, NOV. 22 | |
|---|---|
| 11 a.m. to 5 p.m. | Craft Faire, Maurice Car'rie Winery |
| 1-2:30 p.m. | Behind the Scenes Wine Tour, South Coast Winery |
| 3-5:30 p.m. | Happy Hour, Vineyard Rose, South Coast Winery |
| 5-8 p.m. | Live Music, Travis Miller, Cougar Vineyard and Winery |
| 5-9 p.m. | Live Music, George and Grace, Masia de la Vinya |
| 6-9 p.m. | Live Music, Michael LeClerc, Avensole Winery |
| 6-9 p.m. | Live Music, Bluefish, Miramonte Winery |
| 6-9 p.m. | Live Music, JD Priest, Wilson Creek Winery |
| 6-9 p.m. | Live Music, Idolx, Lorimar Winery |
| 6-9 p.m. | Live Music, Alex and Esther, Lorimar Winery in Old Town Temecula |
| 6-10 p.m. | Live Music, Monty Seward and Friends, Bel Vino Winery |
| 7-10 p.m. | Dueling Pianos, Avensole Winery |
| SATURDAY, NOV. 23 | |
| 11 a.m. to 5 p.m. | Craft Faire, Maurice Car'rie Winery |
| Noon to 4 p.m. | Live Music, Classic Buzz, Bel Vino Winery |
| Noon to 4 p.m. | Live Music, JD Priest, Masia de la Vinya |
| 12:30-3 p.m. | Live Music, Charles Sacayan, Carol's Restaruant at Bailly Winery |
| 1-4 p.m. | Live Music, Gil Guillen, Avensole Winery |
| 1-5 p.m. | Live Music, Dustin Jake, Danza del Sol Winery |
| 1-5 p.m. | Live Music, John and Patrick, Fazeli Cellars |
| 3:30-5:30 p.m. | Happy Hour, Vineyard Rose, South Coast Winery |
| 6-9 p.m. | Live Music, Walk It Down, Miramonte Winery |
| 6-9 p.m. | Live Music, Shea Givens, Avensole Winery |
| 6-9 p.m. | Live Music, Mrs. Jones' Revenge, Lorimar Winery |
| 6-9 p.m. | Live Music, French Toast and Stockings, Lorimar Winery in Old Town Temecula |
| SUNDAY, NOV. 24 | |
| 11 a.m. to 2 p.m. | Brunch Specials at Meritage Restaurant, Callaway Winery |
| 11 a.m. to 5 p.m. | Craft Faire, Maurice Car'rie Winery |
| 11:30 a.m. to 2:30 p.m. | Dog Day Sundays, Carol's Restaurant at Bailly Winery |
| Noon to 4 p.m. | Live Music, Cheez Whiz, Bel Vino Winery |
| 1-4 p.m. | Live Music, Robert Simon, Europa Village |
| 1-4 p.m. | Live Music, Travis Thomas, Avensole Winery |
| 1-4 p.m. | Live Music, Harmony Road, Lorimar Winery |
| 1-5 p.m. | Live Music, Stereo Flux, Danza del Sol Winery |
| 1-5 p.m. | Live Music, Eric French, Fazeli Cellars |
| 2-5 p.m. | Live Music, Tim Apple, Cougar Vineyard and Winery |
| 3-6 p.m. | Live Music, Kevin and Elanna, Lorimar Winery in Old Town Temecula |
| 3:30-5:30 p.m. | Happy Hour, South Coast Winery |
| UPCOMING | |
| Nov. 25 is Marge Biffetti's book signing, "Southern California Winer Country Through Time, the Vineyards and Wineries of Temecula," at Cougar Winery. | |
| Nov. 28 is Thanksgiving, and as such Lorimar Winery and Fazeli Cellars will be closed. | |
| Nov. 29 is Danza del Sol's Black Friday event with live music from Jeff Brinkman from 3-7 p.m. | |
| Nov. 29 through Dec. 8 is Europa Village's Holiday Market from 10 a.m. to 5 p.m. | |
| Dec. 13 is Callaway Winery's annual Barrel Tree Lighting Celebration from 6-9 p.m. | |
| Dec. 14 is Masia de la Vinya's Chunky Wreath Workshop at 2:30 p.m. | |

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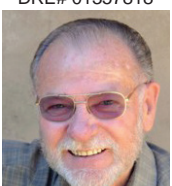
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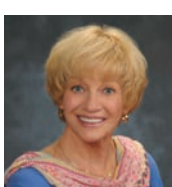
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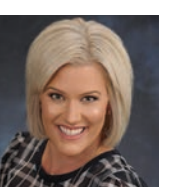
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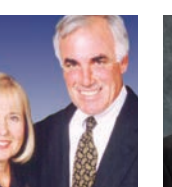
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GORDON
DRE# 01140954
DRE# 01035328



JEAN E. ESOP
DRE# 01003649



JANICE SHANNON
DRE# 01082464



4023 Concordia Lane, Fallbrook \$899,000



1925 Calmin Lane, Fallbrook \$730,000



2126 Stone Castle, Fallbrook \$599,000



3470 Fairview Lane, Vista \$899,000



1706 Acacia, Fallbrook \$525,000



1834 Marci Way, Fallbrook \$1,299,000

Susan "Susie" Emory
760-525-9744
susie@cbvillage.com
DRE#01079037

Lauren "Lo" Henning-Emory
760-525-7730
LHenningEmory@gmail.com
DRE#02070772

Susie and Lo
Real Estate with Deep Roots

Overlooking the New Monserate Vineyards
Welcome to this highly upgraded, single story home overlooking the new Monserate Vineyards. Perfect home for easy living & entertainment with beautiful upgrades, all within 2,673 sq. ft. Entering through a private gated courtyard, you are greeted with a custom front door, complimented with etched side glass windows. 3BD, his & her bathrooms, a guest bath with jacuzzi tub, and a half bathroom. Offered at \$725,000

Above It All
Breathtaking panoramic views from this mountain top estate. Sparkling blue ocean on the horizon with golden sunsets at day's end. Spacious 3777 sq. ft. on 3.36 terraced lot. Exceptional home w/all the amenities. Grounds include variety of family fruit trees. Offered at \$874,500

Mid-Century Ranch with a Modern Touch
Completely remodeled single level 3 bedroom, 2 bath home located on .27 acre. You can move right in, enjoy the patio and backyard areas or curl up around the cozy fireplace. Walking distance to downtown Fallbrook and medical services.
Offered at \$399,000-\$427,000

SOLD

Donna Shanahan
760-522-7112
donna@cbvillage.com
DRE# 01193680

SPACIOUS SINGLE STORY four bedroom home with beautiful mountain views. One acre of lush grounds, exercise pool, large covered patio and room for your RV. Close to Hwy 15 and our Friendly Village. **\$787,000**

LORENE JOHNSON
Personal Dedicated Service
Marketing Fallbrook for 35 Years
760.522.2588
LoreneRealtor@aol.com
DRE# 00612840

Single Story in Gated Community with Only 8 Homes
Kitchen features stainless steel appl, granite counters, recessed lighting. Dual sided flpc off FR & dining area. High ceilings, laundry rm w/sink & lots of storage. Spacious master.
Offered at \$569,000

Cynthia "Cyndi" Hauff
760-468-2909
Cyndihauff@gmail.com
CynthiaHauff-Realtor
DRE# 01274144

GERI SIDES,
GRI, BROKER ASSOCIATE
1ST IN CUSTOMER SERVICE AWARDS
760.207.8497
DRE# 00414751

Pala Mesa Fairway Villas
Updated unit on large lot at the end of a cul-de-sac in highly desirable Pala Mesa Fairway Villas.
Offered at \$430,000

Perched atop a private drive in Pauma Valley Country Club Estates, this architecturally superb estate embraces the Pauma Valley lifestyle. Surrounded by mature landscaping, the grand 4262 sq.ft. home blends luxury with a warm ambiance and provides 3BD + office, 3BA and spectacular views.
Offered at \$1,125,000

Very nice Ranchette Home on 3.28 acres with 4BD + Office, 3BA with some upgrading. Upon entering the foyer there is an office to the left and the spacious LR and DR to the right. Both the LR & DR have large windows in which to take in the beautiful views. The family room is adjacent to the kitchen and has a sun room as well as a beautiful rock fireplace with a heatilator. The home is light and bright using both recessed lighting and tube lighting.
Offered at \$689,000

Call Tom Van Wie
760.703.6400
www.tomvanwie.com
twv@sbcglobal.net
DRE# 01412145