

Yoga may improve health  
B-4



Breakfast features cherry sauce  
D-6



# Fallbrook & Bonsall VILLAGE NEWS

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February 21, 2019

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Volume 23, Issue 8

## Planning Commission approves Rainbow Heights Road wireless facility

Joe Naiman  
Village News Correspondent

The county's Planning Commission approved a major use permit for a wireless telecommunications facility in Rainbow.

The planning commission voted 4-0, Feb. 28, to grant AT&T the permit to construct and operate a wireless facility. Michael Beck and Michael Edwards were not at the meeting while Doug Barnhart, whose family trust owns telecommunications industry stock, abstained.

The permit allows a 35-foot-tall, false broadleaf tree with 12 panel antennas, two Global Positioning System antennas, 24 remote radio units, three surge suppressors and two radio frequency filters to be installed on the property in the 6000 block of Rainbow Heights Road. The permit also allows for two equipment enclosures; one of those will house a 30 kilowatt stand-by generator and the other will be used for the other equipment.

The property owned by Richard and Gayle Marrocco consists of six parcels totaling 110.5 acres. The land has limited agriculture zoning and a semi-rural land use

see **RAINBOW**, page A-9

## thisweek

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## Powerful storm floods streets, closes schools



A sheriff's vehicle blocks traffic on Camino Del Rey in Bonsall Thursday, Feb. 14, near the San Luis Rey Training Center. High winds in the area were blowing palm fronds off trees and into the roadway. Jeff Pack photos

Jeff Pack  
Writer

The most powerful storm to hit San Diego County this season battered the region from the morning Thursday, Feb. 14, through the evening Friday, Feb. 15, wreaking havoc on area roads and drenching the area with more than 4 to 5 inches of rain.

According to the National Weather Service, Rainbow led the area with 6.28 inches of rain with De Luz registering 5.61 inches. Fallbrook got 5.28 inches and Bonsall an even 4 inches in just over 24 hours.

The NWS initially issued a flash flood watch through Thursday morning but extended that watch until the 6 p.m. that evening.

In the early morning Thursday, trees were reported down all over Fallbrook and Bonsall, and homes reported flooding near Vallecitos Elementary School in Rainbow.

Early Thursday morning, three firefighters had to be sent to the hospital, when Deer Springs Fire Department Engine 11, was discovered its side in the ditch at North Old Highway 395 and Camino Del Rey. The firefighters



A sheriff's vehicle blocks traffic from entering De Luz Road in Fallbrook. The Santa Margarita River was overflowing and blocking multiple crossing points in the De Luz area.

were later released with minor injuries.

The rain forced the closure Vallecitos Elementary School and Fallbrook Union High School District schools – Fallbrook, Ivy and Oasis – were dismissed at noon Thursday.

The district announced that because of the Presidents Day holidays, students wouldn't return until Tuesday.

Bonsall Unified School District schools remained on normal early dismissal time, as did all Fallbrook

Unified Elementary School District schools. Those school districts were already scheduled to be closed Friday.

"Due to the intense storm – which has led to power outages, flooding, road closures and dangerous travel conditions – schools in the following districts will be closed tomorrow, Feb. 15," according to a statement made by the San Diego County Department

see **STORM**, page A-3

## NCFPD to transition to election zones

Joe Naiman  
Village News Correspondent

The North County Fire Protection District has begun the process of transitioning the election of NCFPD directors from at-large voting to election by zones.

"I think that it's a necessary and welcome transition with the times to make sure that we're accurately representing and meeting the needs of our community," Steve Abbott, the NCFPD fire chief, said.

City councils and school districts have changed from at-large elections to elections by territorial area. The procedure is relatively new for San Diego County's fire protection districts.

"I believe that they are considering moving that direction. I know Bonita just finished it," Abbott said.

Abbott was raised in Bonita but never worked for the Bonita-Sunnyside Fire Protection District.

In 2002, the state Legislature amended the California Elections Code to prohibit the use of at-large elections for public agencies with elected board members if the at-large elections impair the ability of a politically protected class to elect candidates of its choice or to influence the outcome of an election. School districts have changed their election procedure due to the threat of lawsuits, but fire protection districts have not been subject to such legal challenges. While law enforcement makes race a potential issue in city council election procedures and matters such as curricula and discipline bring race into school boards, Hispanics and African-Americans have not complained about discrimination in fire and emergency medical service.

"Our standards of coverage are based on population density and response time. We think that's a pretty universal way of delivering service throughout the district," Abbott said. "None of our

see **NCFPD**, page A-3

## Judge allows state's request to admit evidence from Merritt's phone in McStay trial

Jeff Pack  
Writer

Superior Court Judge Michael A. Smith ruled Thursday, Feb. 14, that the prosecution could admit into evidence items found on Charles "Chase" Ray Merritt's phone.

Chase Merritt, 61, of Homeland, is accused of murdering Joseph and Summer McStay as well as the couple's two young sons in Fallbrook in 2010 and burying their bodies in a San Bernardino desert.

The McStay family, who lived in the Lake Rancho Viejo housing development east of Interstate 15, was last seen alive Feb. 4, 2010. Relatives reported them missing a few days later.

The San Diego County Sheriff's Department and FBI handled the investigation into the family's disappearance in the early years with no resolution.

In November 2013, the skeletal remains of the four family members were discovered in shallow graves by a motorcyclist in the Mojave desert. Records show that all four were beaten to death, most likely with a sledgehammer.

At that point, the investigation was taken over by the San Bernardino County Sheriff's



San Bernardino County Sheriff's Department detective Sergeant Dan Hanke testified Thursday, Feb. 14.

Photos courtesy of Law & Crime Network

Department.

Investigators contend that Merritt, who designed and built custom fountains for McStay's business, Earth Inspired Products, was in debt to the tune of \$30,000 to Joseph McStay at the time of the murders.

Prosecutors maintain that greed was the basis for Merritt committing the murders.

The jury of eight women, four men and six alternates are hearing the case that is expected to last three to four months and began Jan. 7, and prosecutors are seeking

the death penalty in the case.

Smith ruled Feb. 14, that the prosecution could include items such as close-up photos of tire tracks they said are from the

see **EVIDENCE**, page A-4

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# ANNOUNCEMENTS

## Knights of Columbus offer weekly fish fry starting March 8



Fallbrook – The Knights of Columbus will host their annual ‘Lenten Fish Fry’ beginning Friday, March 8, at St. Peter the Apostle Catholic Parish Hall, 450 S. Stage Coach Lane. The dinner is from 5 to 7 p.m. and will extend for six weeks. Prices range from a \$5 child’s plate to \$8 and \$10 fish plates.

Patrons may enjoy options of fried cod, salmon, beer-battered shrimp, fried shrimp and cod combo along with a side order of homemade fries for \$2. For more information, call St. Peter the Apostle Catholic Parish at (760) 689-6200.

*Submitted by The Knights of Columbus*

## Irrigation specialist to speak on water use at library

FALLBROOK – Fallbrook Climate Action Team, a local volunteer group, presents a free talk open to the public on making better use of water in gardens. Lance Anderson, director of the agricultural program for the Mission Resource Conservation District, will speak at 6:30 p.m. Tuesday, Feb. 26, at the Fallbrook Library, 124 S Mission Road. Anderson is a Certified Agricultural Irrigation Specialist and Certified Irrigation Designer or in other words, “an expert in running water uphill in San Diego County.” Anderson knows Fallbrook soils and can address the problems residents may experience. An issue for many people is keeping costly water in the root zones instead of letting it run off or evaporate. Whether you grow plants to

enhance your landscape or have a backyard farm-to-table setup, you’ll want to learn how to make the most of your water use. Fallbrook Climate Action Team is committed to promoting discussion and action to ameliorate climate change. For more information email Cynthia Young at Cynyoung2@aol.com.

*Submitted by Fallbrook Climate Action Team*

## Bird club presents talk by ‘Hummingbird Lady’

VISTA –North County Aviculturists, a club for pet bird owners and breeders, presents Marion Stacey - “the Hummingbird Lady” - who will give a free talk on these ‘little gems with wings.’ Don’t miss this event and the possibility of seeing a few hummingbird chicks at 6 p.m. Saturday, March 2, in the Vista Masonic Lodge, 761 Eucalyptus Ave.

Stacey, a Chula Vista resident, has been taking care of injured or abandoned hummingbirds with her daughter, Susan, for over three decades. Together they run the Hummingbird Rescue Center where the birds are rescued, rehabilitated and then released.

Refreshments will be provided following the talk. The North County Aviculturists welcomes donations of either food to share or cash. Find more information at [www.ncabirdclub.com](http://www.ncabirdclub.com) or call Demi Hungerford at (760) 703-2581.

*Submitted by North County Aviculturists*

## Republican women to hear from Election Integrity Project

FALLBROOK –The Fallbrook Republican Women’s Club’s upcoming guest speaker is Ruth Weiss, co-founder of Election Integrity Project of California. The meeting will be held 9:30 – 11:30 a.m. Friday, March 8, at Pala Mesa Resort, 2001 Old Highway 395. The Judicial Watch Lawsuit against the California Secretary of State and the County of Los Angeles has been settled. Judicial Watch won. Landmark Legal Foundation noted that there are more than 1.5 million non-citizens on Los Angeles County voter rolls. Now, action is required by the state to solve the issue and remove inactive voters. Voting in every election is the greatest privilege

American citizens have and the single most important act that people can do for the prosperity of the nation. Meeting cost of \$25 includes brunch. RSVP to [republicanwomenofca.fallbrook@gmail.com](mailto:republicanwomenofca.fallbrook@gmail.com) or call (760) 723-1954.

*Submitted by Fallbrook Republican's Women Club.*

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Village News inadvertently printed an expired ad for Fallbrook Regional Health District advertising a RFP for banking services in the 2/14/19 edition. We apologize for any confusion this may have caused.

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LOCAL

STORM

from page A-1

of Education.  
There were reports of horses

being stranded and in need of evacuation in Bonsall, small mudslides were reported and travel from Fallbrook to De Luz was halted with road closures due to flooded roadways.

A video shared with the Village News by resident Chad Lansberry showed the amount of water flowing through the Santa Margarita River causing closed roads throughout the area. To see

the video, visit <https://youtu.be/NxJA-im5rUE>.  
In all, more than a dozen roads were closed for various periods of time in the Fallbrook, Bonsall, De Luz and Pala area during

the storm.  
City News Service contributed to this report.  
*Jeff Pack can be reached at [jpack@reedermedia.com](mailto:jpack@reedermedia.com).*



Residents use a pump to move water out of a house in Rainbow.



Drivers plow through floodwaters that covered Old Highway 395.



County workers put up signs closing Fifth Street in Rainbow.



Floodwaters surround Rainbow Oaks Restaurant.

NCFPD

from page A-1

services are really predicated on any criteria other than that.”  
The one area in which race can be a factor for a special district is in employment. The fire district had a dual objective when in December 2017 the board approved the reclassification of ambulance staff positions from safety to non-safety personnel.  
“We transitioned our ambulance delivery system,” Abbott said.  
Allowing paramedic and emergency medical technician personnel who are not firefighters

and who are paid comparable to what paramedics receive in the private sector cuts costs for the district, and the change also allows the district to hire personnel who have emergency medical but not firefighting skills.  
“One of the reasons was to save money in order to be able to afford a third ambulance to put into service. Another reason was to help address the diversity issue,” Abbott said.  
Recruiting within the community and recruiting more diversity were reasons for the district to hire emergency medical personnel without firefighter qualifications.  
“The goal was to bring people

into the organization at that level,” Abbott said. “We certainly have more diversity among those ranks.”  
That could also enable Hispanics, Luiseno Indians and other community members to receive firefighter training after they join the fire district. “This is

our way of attempting to create a community incentive program,” Abbott said. “We’re not really yet bearing the fruit of that, but we have faith that that will certainly improve with time.”  
The board’s Jan. 22 action to approve a resolution to transition to election by territorial unit also

authorized Abbott to confer with NCFPD’s legal counsel and to hire independent consultants who can produce draft maps. At least two public hearings on the draft map scenarios will be held before the district board approves the map of board member areas.

CALENDAR

**March 23** – 9:30 a.m. to 2 p.m. – The Bark in the Park fundraiser will support the off-leash dog area at Live Oak County Park, 2746 Reche Road. Registration begin at 9:30 a.m., and a Blessing of the Animals starts at 10 a.m., followed by a community dog walk through the park. Contests begin at 10:45 a.m. and Best in Show announced at 1:30 p.m. For more info, visit [www.liveoakdogpark.org](http://www.liveoakdogpark.org).

**April 27** – 5:30 p.m. – The Boys & Girls Clubs of North County will hold its Forever Young Prom Night dinner and auction at Pala Casino. Ticket prices start at \$185. Visit [www.bgcnorthcounty.org](http://www.bgcnorthcounty.org) for more details.

**April 28** – 11 a.m. to 4 p.m. – Rally for Children’s 26th annual Arts in the Park will be held at Live Oak Park. Event is free and includes painting, mask making, puppet shows, music, walking sticks, clay modeling, dancing and more. Food will be available for purchase. Free bus shuttle available, see [www.rallyforchildren.org](http://www.rallyforchildren.org) for more details.

**March 1** and 2 – 10 a.m. to 4 p.m. – San Diego Golf & Craft Beer Festival at Pala Mesa Resort will feature all of the latest golf has to offer, some of the top craft beers in the valley for those over 21 years of age, free golf clinics and much more. Admission is \$20 for adults over 21, tickets purchased online before the show are just \$15 at [www.golfestshows.com](http://www.golfestshows.com), \$15 for 11-20 year olds and children

under 10 are admitted free. Pala Mesa is at 2001 Old Highway 395; tickets can be purchased at [www.golfestshows.com](http://www.golfestshows.com).

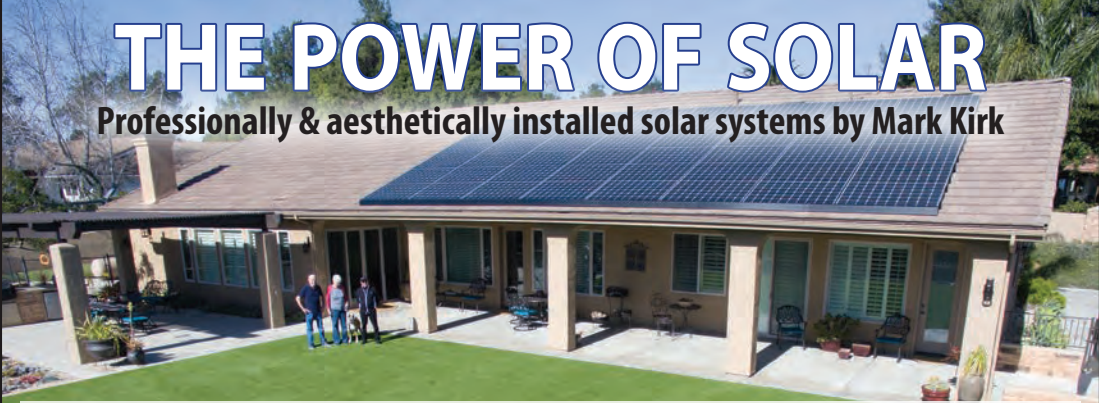
**March 30** – 6 p.m. – The Miss Fallbrook and Miss Teen Fallbrook 2019 pageant will be held at the Bob Burton Center for Performing Arts at Fallbrook Union High School. Tickets may be bought from any of the contestants or at the Fallbrook Chamber of Commerce office for \$15 each until March 29, and \$20 the day of the event. Doors will open at 5:30 p.m. with concessions being served throughout the event.

**April 14** – 9 a.m. to 5 p.m. – Fallbrook Chamber of Commerce hosts the 33rd annual Avocado Festival. Free admission; event includes artisan walk, vendors, entertainment, food booths and Art of the Avocado show. For more information visit [www.fallbrookchamberofcommerce.org/](http://www.fallbrookchamberofcommerce.org/) and click on “Avocado Festival.”

**May 4** – 9 a.m. to 3 p.m. – Fallbrook Garden Club’s 2019 Garden Tour & Plant Sale starts at the historical society with tickets being exchanged for maps and the club selling plants. Seven Fallbrook gardens are on the tour. Tickets go on sale March 1 at the Chamber of Commerce, Major Market and [www.BrownPaperTicket.com](http://www.BrownPaperTicket.com). Cost is \$20 in advance or \$25 the day of the tour. Proceeds fund scholarships and community projects. For more information see [www.fallbrookgardenclub.org](http://www.fallbrookgardenclub.org).

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# Fallbrook man struck in crosswalk

**Lucette Moramarco**  
*Associate Editor*

On Feb. 5 at 9:45 a.m., Warren Stuber was hit by a car while crossing Main Street at Aviation Road. According to California Highway Patrol Officer Mark Latulippe, Stuber was in the

wide-striped crosswalk at that intersection when a driver going east on Aviation in a 2014 Toyota Sienna minivan failed to yield to the pedestrian when making a left hand turn, striking him. The driver remained at the scene of the accident. Latulippe said Stuber was

transported to Palomar Hospital where he died later that day. The investigation report had not been finished as of Feb. 19, LaTulippe said, so no details on any possible charges regarding the driver of the car were available at that point. He said reports on fatal collisions typically take 30 days to be completed. A Fallbrook resident since June 1988, Stuber lived off East Fallbrook Street and was frequently

seen walking along Main Street. Many people commented about giving him rides around town and back to his home, on social media. He was also known for contributing letters to the editor to the Village News over the years, two of which asked drivers to slow down on Fallbrook Street. His letter published Dec. 11, 2014, ended with, “Fallbrook Street is not a freeway. Please slow down and watch for pedestrians.”

Latulippe also said that the CHP had conducted pedestrian operations in that area not long ago with decoys to enforce the pedestrian right of way. He said the CHP is trying to change drivers’ attitudes about pedestrians and get them to “be aware of the possibility that they might be there” and to mind the speed limit. Stuber’s obituary will be published next week, Feb. 28.



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## Microchip reunites owner with missing puppy

**Tracy DeFore**  
*County of San Diego  
Communications Office*

A 5-month-old puppy that disappeared nearly six weeks ago is back home safe with her family thanks to a microchip. Maserati escaped from her home

in City Heights in December. Her owner searched the neighborhood and put up posters, but without any luck. She reported the dog lost or stolen Dec. 21. As weeks passed by with no sign of the family dog, Candace Sallee packed up Maserati’s toys and other belongings and put

them away. Three days later, county Animal Services called. Maserati had been found. “I was in shock,” said Sallee. “I didn’t think we were going to get her back.” The dog was found with a woman arrested by the CHP near Dulzura Thursday. After county Animal Services was called to pick up the pit bull puppy, the dog was scanned for a microchip, and it led to the owner’s information.

Sallee picked up Maserati from the county’s shelter in Bonita Friday. She said the dog was microchipped just one day before the animal disappeared. Her friends convinced her to do it just in case something happened. “It was definitely worth doing, 100 percent worth doing,” said Sallee. “Maserati’s speedy return to her owner was due to an very important but very inexpensive piece of technology that does not come standard in any version or model of dog or cat: namely, a microchip,” Daniel DeSousa, the director of county Animal Services, said. “Absent that microchip, this dog owner would have never seen her pet again. But because the owner had implanted Maserati with a microchip the two have been happily reunited.” County Animal Services offers microchips for dogs, cats and rabbits belonging to residents who live in the unincorporated areas. No appointment is needed, and the cost is only \$10.

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## Fallbrook Regional HEALTH DISTRICT

### REQUEST FOR PROPOSAL (RFP)

# LAND USE CONSULTING SERVICES

Fallbrook Regional Health District is requesting proposals from qualified land use consultants for governmental and/or corporate clients, to assist the District in obtaining a major use permit of newly-acquired District property from its current religious-purpose designation to allow for permissible use as a community wellness center.

This letter comprises the Request for Proposal (RFP) for land use Consulting Services. You may view a copy of the RFP at [www.fallbrookhealth.org](http://www.fallbrookhealth.org). Responses should be submitted in accordance with the instructions set forth in this RFP.

**PROPOSAL DUE DATE**

Interested firms must submit one (1) original unbound containing original signature, six (6) copies, and an electronic PDF/Word version of their proposal, by March 8, 2019. Proposals shall be considered firm offers to provide the services described for a period of ninety (90) days from the time of submittal.

**POINT OF CONTACT**

Wendy Lyon will be the point of contact for this contract. Proposals and all inquiries relating to this RFP shall be submitted to Wendy Lyon, District Bookkeeper at the address shown below. For telephone inquiries, call (760) 731-731-9187. E-mail inquiries may be directed to [bookkeeper@fallbrookhealth.org](mailto:bookkeeper@fallbrookhealth.org), or to: Wendy Lyon, 138 S. Brandon Road, Fallbrook, CA. 92028

**MINIMUM QUALIFICATIONS**

Proposals must demonstrate that the Consultant meets the following minimum qualifications to be eligible for consideration for this project:

1. The firm, organization or company must be a licensed civil engineer in the state of California. The Managing principal must be a registered civil engineer in the State of California.
2. The Managing Principal assigned to the contract and responsible for the coordination and execution of the work must have a minimum of ten (10) years’ progressively more responsible experience and a proven track record of providing land use consulting services for governmental and/or corporate clients.
3. Preference will be given to firms which have and maintain an office or a presence within the District service area (Fallbrook, Bonsall, DeLuz, Rainbow).

**SCOPE OF WORK, BUDGET AND SCHEDULE**

Fallbrook Regional Health District (FRHD) desire land use consulting services to meet with the District Board facilities committee, engage relevant decision makers with the County Department of Planning and Land Use (“County DPLU”), and take the lead role in preparing all necessary application and paperwork, including any and all necessary environmental planning and compliance, for submission to County DPLU to obtain a major use permit for 1636 E. Mission Avenue, Fallbrook, CA 92028, to allow for optimal conforming use(s) under the County zoning Ordinance, and which will legally permit the District to utilize the property as a community Wellness Center.

Though still in the developmental stages, the Board anticipates that the District’s Wellness Center will provide various opportunities for community participants to visit the facility to participate in wellness education and exercise opportunities, annual community health fairs, wellness clinics which may include organic farming activities, healthy cooking classes, a jogging/walking path, and perhaps outdoor recreational sporting and athletic activities. In addition, the District envisions being able to partner with community nonprofit organizations to offer the property for use by those nonprofits for similar purposes, and may include allowing some non-profits to lease or sublet space for the District for office or operational activities. The Board may hold its regular and special meetings on site.

FRHD expects to commence work on or about May 1, 2019, with a view toward application submission to County DPLU no later than August 15, 2019. All potential proposing entities are responsible for checking the District website for any addendum to this RFP.

**CONTENTS OF PROPOSAL.**

1. Letter of Interest. A dated letter of interest must be submitted. It shall contain the legal name of the firm, address, telephone and e-mail address, and the name, title and signature of the authorized person to submit on behalf of the firm, who may bind the firm to a contract. The letter should include a brief statement of the firm’s experience, background and qualities, identify any sub-consultants, and provide information on why the firm is a “fit.” The letter should identify the form of business entity.
2. Narrative – the proposal will provide a comprehensive narrative of the firm’s zoning and land use work, to include the following:
  - a. The proposal shall no less than three (3) examples of successful projects which the firm has completed similar to FRHD’s in the past five (5) years.
  - b. Describe the educational background and qualifications of the principal members of the firm, as well as those of any sub-consultants. The proposal should identify all such projects it has worked on in the past seven (7) years, including the name of the client and the contact person for that client.
  - c. It shall provide the names and CVs of the principal(s) who will be in charge of this application.
  - d. Identify the firm’s insurance carriers for liability and professional liability, and workers’ compensation;
  - e. Identify any litigation naming the firm as a defendant in the preceding seven (7) years.
3. Professional Approach. The proposal shall provide a general, step-by-step narrative of the process by which it will fulfill the work contemplated by this RFP, including a proposed timeline and anticipated fully-loaded cost and charge for each step, and include a summary sheet tallying all charges associated with completion.
4. Fee Schedule. The proposing entity should submit a fee schedule detailing the rates and charges for each of its staff members and sub-consultants (if any) which will perform work or services on the project contemplated by this RFP.

**SELECTION PROCESS**

The District Board facilities committee, in collaboration with its real estate consultant, anticipates review of the proposals received following the deadline for submission. The committee will likely identify a plurality of submitting entities for interview, with a view toward submitting a recommendation to the full board for award of a contract at a subsequent regular board meeting. The District Board meets regularly on the second Wednesday of the month.

The District reserves the right to reject all proposals received, and to reject any proposal which fails to set forth the information requested herein.

The selected Broker will be required to maintain insurance coverage, during the term of the contract. Broker agrees to provide the required certificates of insurance providing verification of the minimum insurance requirements.

Thank you for your interest,  
Howard Salmon, Board President

## EVIDENCE

*from page A-1*

burial site, internet screenshots about articles regarding the U.S. border with Mexico, references to changing identity and screenshots of Joseph McStay’s contacts and cellphone records.

The ruling was made despite arguments from Merritt’s defense team which had hoped to enter into evidence statements from Dan Kavanaugh that the defense has said points the finger at him, instead of Merritt.

“There are threats that Kavanaugh made against other people that are consistent to what happened to the McStays under the same circumstances,” Merritt’s defense team argued.

“I’ve already ruled that under the circumstances that it’s not relevant,” Smith said. “And I explained the reason for that is that the statements were allegedly made a short time after the bodies were actually discovered in the desert. So, anyone who knew the McStays and knew they had disappeared and knew that three-and-a-half years later where their skeletal remains were found in the desert could say, ‘I know how to make people disappear, you bury them in the desert and they’d never be found or only their bones would be found.’”

Also that day, the state called San Bernardino County Sheriff’s Department detective Sgt. Dan Hanke.

Hanke testified about trying to obtain surveillance footage from a nearby business and his contact with Ryan Baker of Quickbooks.

No testimony was heard Feb. 15 or Feb. 18 due to the Presidents Day holiday.

When court resumed Tuesday, Feb. 19, the state called Donald Jones, a retired criminalist for the San Diego County Sheriff’s Department to testify about DNA. His testimony came after press deadline.

The Village News is following the trial in a livestream feed of the court proceedings on the Law & Crime Network at [www.lawandcrime.com](http://www.lawandcrime.com). Videos of past testimony and proceedings can be found on Law & Crime Network’s YouTube channel.

Jeff Pack can be reached at [jpack@reedermedia.com](mailto:jpack@reedermedia.com).



OPINION

Taxing water, really?



Assemblymember Marie Waldron  
Special to Village News

California lawmakers recognized water as a basic human right in 2012. Since then, voters have approved over \$10 billion in bonds to fund statewide water projects, yet for some Californians, clean and safe drinking water is still unavailable.

So why is this? And why are residents being asked to pay a tax every time they turn on the faucet? According to a recent study, 360,000 people living in mostly rural and agricultural regions of the state are served by water systems that provide unsafe drinking water, and around 6 million have water providers that have violated state standards in recent years. Unfortunately, many

small water districts have been unable to provide the clean water that many take for granted.

To provide the funding necessary to clean up unsafe and contaminated water systems, a water tax is again under consideration by the new governor in Sacramento. When the idea was first proposed last year, it met with a lot of opposition, including the Association of California Water Agencies which represents over 400 water districts throughout the state. Though the idea died last session, it has now been revived.

Fortunately, there is a bipartisan alternative. Assembly Constitutional Amendment 3, which is written by Assemblymembers Devon Mathis, R – Visalia, and Eduardo Garcia, D – Coachella, pays for clean water in the regular budget, providing a stable source of funding for projects to improve California’s water supply, quality and delivery systems – all without a new water tax.

Access to clean, safe water is a fundamental human right, a fact that should be reflected in our budget priorities. Passage of ACA 3 will make water project funding a budget priority and an integral part of the state’s regular budgeting process. With a budget surplus estimated at \$21 billion, there is simply no need to tax water.

Sen. Brian Jones responds to Gov. Gavin Newsom’s State of the State Address

SACRAMENTO – Sen. Brian Jones, R-Santee, responded to Gov. Gavin Newsom’s State of the State address:

“On the border – The governor rightly claimed that illegal border crossings are at a historic low. But instead of simply saying ‘thank you’ to our federal government, he ratchets up the political rhetoric making a show of recalling our California National Guard and claiming that the federal administration is engaged in ‘theater’ for a ‘manufactured crisis.’ This is not a ‘manufactured crisis.’ This is a real crisis, and he admits this by only recalling a fraction of the soldiers. Fully two-thirds of the California National Guard will remain focused on border-related issues and for two specific reasons: first, to deal with drug and human trafficking at the border that for many is all too real, and secondly, to deal with the drug cartels who have moved upstate to northern California to continue their illegal marijuana grows and the crime they bring with them.

“High Speed Rail – My Republican colleagues and I all are heartened that after a decade of evidence, finally one Democrat in Sacramento has publicly admitted that the so-called HSR has been a complete failure. Thank you, Newsom for admitting that fact. But to then suggest that California taxpayers should continue the project

for a Central Valley commuter train from Merced to Bakersfield is only further proof that the Democratic majority and our new governor really don’t know or care about the Central Valley. Those billions of dollars would be better spent upgrading Highway 99 and Amtrak along with building the Temperance Flat reservoir to provide water and flood prevention for the farmworkers, farmers and others in the Valley.

“Twin Tunnels – Newsom wants to cut it down to one tunnel. And that will certainly help some interests in the south, but it is an incomplete commitment when we need major transfer, storage and regional facilities built. I do agree with him that “our approach can’t be ‘either/or.’ It must be ‘yes/and.’

“Homelessness – Homelessness and related mental health are critical issues that do in fact ‘tear at the fabric of our communities,’ and it has gotten increasingly worse throughout California for years now. I will do my best to work with the new commissioner. We need supportive housing now. Anyone who has been to downtown Los Angeles, San Francisco, San Diego, Sacramento – and all parts in between – has witnessed this.

“Affordable Housing – While I support the governor’s housing incentives and modest commitment to California Environmental Quality

Act reform, we need additional deregulation, including litigation and rent control reforms. ‘Rent stabilization’ is accomplished by building more rental housing. Lastly, the state must do this right and fairly. No community should either be singled out as Huntington Beach has or given a pass as Marin County has for failing to meet housing goals in the current environment by the heavy hand of the state.

“I do appreciate the governor’s attempt to address other problems not prioritized by the last governor, such as a plan for Alzheimer’s disease, lower drug prices and CEQA exemptions for more than just billionaire sports team owners and millionaire players. I look forward to working with the governor and my colleagues to help move our state forward.”

Sen. Brian W. Jones represents the 38th Senate District in the California Legislature, which includes Lemon Grove, El Cajon, La Mesa, Santee, Poway, Escondido, San Marcos, Lakeside, Valley Center, Rancho Santa Fe, Julian, Ramona, Rancho San Diego, Bonsall, Borrego Springs and Fallbrook.

Preserving the Pico in our ‘Friendly Village’

The Pico Promenade, the popular walkway running parallel to Main Avenue between the Major Market shopping center and the Fallbrook Library, is one of the treasures that tells much about the history of our “Friendly Village.”

Thanks to Jackie Heyneman and dedicated members of Fallbrook Land Conservancy’s Save Our Forest branch, it provides a pleasant stroll past trees planted in 1997, benches, sculptures and kiosks that tell the tale of the old Santa Fe railroad which once linked Fallbrook to Temecula. An earlier rail line, California Western, went through Fallbrook to Barstow via De Luz. After a couple of losses to the line through De Luz, where it was too close to the river bed, it finally ended in Fallbrook. If you haven’t discovered the Pico pathway yet, I recommend that you investigate it.

What a pity that instead of enjoying this lovely walkway, some vandals recently smashed the cover on one of the kiosks, while others have daubed graffiti on the benches and broken trees in this park and others that the Save Our Forest team works so hard to preserve. Heyneman said that for

years the Fallbrook Beautification Alliance has talked about putting cameras on the Pico; it would be great if they would also partner in the cost.

In spite of these unfortunate actions, Save Our Forest volunteers are determined not to be intimidated, but the cost of repairs continues to mount as more damage is discovered. Trees and landscaping have been vandalized, a downtown bench stolen and downtown trees have taken senseless “hits.” In Los Jilgueros Preserve, another kiosk cover was smashed. That kiosk lauded the work of Fallbrook Elementary School students under the Save Our Forests Environmental Education program which is dedicated to restoring native growth.

The good work done by these volunteers, young and old, surely outweighs these vicious acts, but the cost of replacement continues to mount. As a dedicated Fallbrook resident, I urge all who appreciate our green and pleasant village to support Save Our Forests’s untiring efforts to preserve it.

Sue Thorne

Graffiti cleaning team is working overtime in Fallbrook

Fallbrook residents should take notice. The Fallbrook Beautification Alliance graffiti team, which is currently led by Marta Donovan, does an amazing job. The county-built wall on Fallbrook Street between Morro Road and Debra Ann has a clean slate today.

Years of graffiti on the wall that was covered with various shades of beige is now one beautiful color, thanks to the volunteers that work with Marta on their mission. This team is everywhere and on it ASAP.

Graffiti has doubled from 705 tags in 2017 to 1572 tags in 2018. Volunteer hours in 2017 were 167.76 hours. In 2018, it was 506.5 hours.

When you multiply that by the number of volunteers who work with Marta, that is an amazing figure.

Have we lost our little town? Recently seen on Main Street was an individual with a bag of aerosol spray paint cans. What should residents do? Report. Report. Report. The Graffiti Hotline phone number is (760) 451-3144. If you have GPS on your phone that is all that is needed. It will be found. If not, send with location and date of picture.

Let’s take back our town.

Jackie Heyneman

Re: ‘The real truth about the opponents of Proposition 13’ [Village News Letter, 2/7/19]

As a former business owner, I cringe every time I hear the word “fair” when Democrats are proposing new taxes. In the letter, “The truth about Proposition 13,” the author proposes that the state alter one of the original provisions of Proposition 13 by raising the taxes on corporations and on commercial and industrial properties.

The author professes this is a “fair” remedy in assisting California with its budget shortcomings.

He also contends that the new “Make it Fair” proposition will guarantee protections for existing residential properties and agricultural lands. If the “Make it Fair” proposition passes, does anyone believe for one second that its proponents won’t then go after the residential property tax rates of all Californians that are protected by Proposition 13? The “fact” is their ultimate goal is to dismantle Proposition 13 in its entirety.

The last time I checked, big and small corporations are all run by real people with real families, and these corporations employee thousands of Californians. Haven’t we seen enough companies move out of California already? And for those companies that choose to stay, they will simply pass on their increased property tax burden to their customers, and that’s us.

The author defending the deceptively conceived “Make it Fair” proposition singled out Chevron as a corporation reaping billions of dollars per year off the existing tax code. So what do you think will happen if their proposition passes? It’s simple, Chevron will add their increased property tax burden to the cost of gasoline. Ultimately all Californians will pay for their new tax burden when they buy gasoline.

What’s “fair” about that?

And while I’m speaking about what’s fair, what’s fair about 50 percent of Californian’s not paying “any” federal or state income tax? How “fair” is that for working California families? So if these tax-loving zealots are looking for new tax dollars to spend, why don’t they start with those who aren’t paying any income tax. Isn’t it about time that “everyone pays” income tax? Now that would be “fair” right?

Now for the ruse that the “Make it Fair” proposition would create additional funds for affordable housing, libraries, the homeless, for transportation and other of state’s needs; who really believes that will happen? Recent history suggests this will never happen.

For instance, Californians pay 71 cents in state gas tax for every gallon of gas purchased. The Democrats have repeatedly promised the state’s gas taxes will fund road repairs and infrastructure improvements. Since their passage, the roads, bridges and freeways have fallen in worse disrepair. The Democratic lawmakers have deceived the electorate by diverting large portions of the gas tax revenues to the general fund with their accounting gimmicks. What’s “fair” about lying to the public yet another time?

So before residents buy into the “Make it Fair” canard that begins to dismantle Proposition 13, just remember the Democrats advocating increasing the property taxes of corporations and industrial properties today, will be the same Democrats that will be advocating increasing your residential property taxes tomorrow. Does that sound “fair” to you?

Dave Maynard

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VILLAGE NEWS IS ADJUDICATED

Village News has been granted by the courts of San Diego County the right of adjudication, legal No. GIN013243. We can accept legal notices for publication.

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Subscriptions: Fallbrook/Bonsall Village News weekly edition is published by Village News, Inc. The price is \$69.95 per year. We only accept cash, checks, money orders, visa, or mastercard.

Letters to the Editor: Please submit all correspondence to our corporate office by e-mail, villageeditor@reedermedia.com, or by fax, (760) 723-9606. All correspondence must be dated and signed and include the writer’s full address and phone number in order to be considered for publication. All letters are subject to editing to fit the the publication’s format. Word limit 350.

Fallbrook/Bonsall Village News  
Published weekly  
Periodical postage paid at  
111 W. Alvarado St  
Fallbrook, CA 92028  
Phone (760) 723-7319  
Fax (760) 723-9606  
ISSN# 153-35-208  
USPS# 019-456  
Postmaster send  
postal change of address to  
111 W. Alvarado St  
Fallbrook, CA 92028  
Village News E-mail  
villageeditor@reedermedia.com  
circulation@reedermedia.com  
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**Seller will entertain offers between \$750,000 & \$825,000**



1560 VISTA DEL LAGO, FALLBROOK

2,876 sq ft home with 3 bedrooms and 2.5 baths. 3.5 acres boasts a very active well with income producing avocado grove. Seller has done extensive remodeling throughout and has added seller owned solar. Huge energy efficient windows showcase views to the Santa Margarita River Valley. Home is also suitable for horses and enjoys immediate access to the Santa Margarita trail system.

**Seller will entertain offers between \$725,000 & \$800,000**



2825 OAKTREE WAY, FALLBROOK

1,600 sq ft single story home with 3BD and 2BA and a 2 car garage with a peek of the Monserate Winery Vineyard. Quiet location down a cul de sac lane. Backyard has 2 patios. One off of the family room and the other w/access to the master. Family fruit trees in the yard. Small side-yard for family pet. Home features a fireplace in the family room. Fresh paint inside and out. Home is clean and move in ready. Home enjoys Bonsall School District.

**Seller will entertain offers between \$450,000 & \$525,000**



1352 VIA FELIZ, FALLBROOK

2,500 sq ft 3BD, 3BA with 2 car garage, carport and work shop is on sewer and situated at the end of a quiet cul-de-sac on .5 acre. This historic early Fallbrook home was built in 1887. Veranda porch on 3 sides of the home, 12' ceilings, original hardwood floors, 2 ornate wood burning pot belly stoves, 2 claw foot tubs, spacious rooms, new roof, newer HVAC, new hot water heater, pool, room to garden and more.

**Seller will entertain offers between \$650,000 & \$725,000**



2532 DE LUZ HEIGHTS, FALLBROOK

40+ acre property with well maintained 2,076 sq ft single story 3 bedroom, 2 bath home and oversized 3 car garage. Property is private, secluded and is excellent for farming protea, vineyard, cash crops, livestock, and more. Property is gentle, usable and is elevated to enjoy ocean breezes with a peak of the ocean. Home sits well off De Luz Heights Road and doesn't share a drive.

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**Seller will entertain offers between \$625,000 & \$700,000**



901 PEPPER TREE LANE, FALLBROOK

1,819 sq ft custom built single story home with 2BD, 2.5BA and a wood burning fireplace. Home sits on .78 acres with oversized 2 car garage. Single owner home is last property on the lane with no HOA. View deck on back of the home has outdoor kitchen hook-ups.

**Seller will entertain offers between \$475,000 & \$550,000**



3447 LAKETREE DRIVE, FALLBROOK

This country charmer backs up to the Monserate Winery and is sure to go up in value once the tasting room and restaurant are built. This 2,799 sq ft. 3BD, 3.5BA custom built home lives like a single story with a guest suite on the 2nd floor. Master suites on both 1st & 2nd floor.

**Seller will entertain offers between \$575,000 & \$650,000**



1830 FUERTE STREET, FALLBROOK

1,893 sq ft, 3BD, 2BA, single story custom home with oversized 2+ car garage. Home sits on a .99 lush acre with colorful mature water tolerant landscape and is accessed by the circular drive. Home enjoys many upgrades throughout including new granite counters.

**Seller will entertain offers between \$570,000 & \$640,000**

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# RAINBOW

from page A-9

designation. A major use permit is required to place a wireless communications facility on land with agricultural zoning, and while that is a non-preferred zone, the parcels with C36 general commercial zoning which would be the nearest preferred zone are 2 miles west of the site and would not provide the desired coverage, and since those areas are approximately 200 feet lower in elevation than the Rainbow Heights Road site, a Fifth Street or Old Highway 395 location would require a significantly taller tower. The alternative site analysis also evaluated co-location on existing wireless facilities, but those were also too far away to meet the coverage objective. Factors including low elevation and the lack of property owner interest eliminated other properties within the coverage area.

The facility will be built to accommodate co-location for another carrier. Such co-location would require a modification to the major use permit, and that process would also require public review and planning

commission approval.

The Marrocco property includes a single-family residence, an avocado orchard, a small lake and several agricultural buildings. The wireless facility will be approximately 1,300 feet southwest of the house. The property is surrounded by hilly terrain with shrubs, trees and agricultural operations. The wireless facility will be 51 feet from the closest property line and approximately 400 feet southeast of the nearest neighboring residence, so the nearby residences will have very limited views of the facility due to the vegetation and topography in between. The equipment enclosures will have an earth tone color which will match the surrounding environment and existing structures on the property.

The equipment enclosure which will house the stand-by generator will be a concrete masonry unit structure 8 feet in height. A fully enclosed, prefabricated enclosure that is 9 feet, 4 inches in height will house the rest of the equipment.

The false tree is approximately 2.1 miles east of the Interstate 15 scenic corridor area and will not be visible to motorists traveling along the scenic corridor. The nearest public road is Rice Canyon

Road, which is 615 feet south of the wireless communications site, and motorists on Rice Canyon Road will have very limited views of the false tree.

No concerns were raised when the Rainbow Community Planning

Group heard the proposal June 20, 2018, and the planning group voted 8-0 to recommend approval of the permit.

An existing private driveway connecting to Rainbow Crest Road, which is a public road, will

provide access to the site. The construction portion of the facility will include a 3 foot wide trench approximately 50 feet in length which will allow for electrical and telecommunications lines.

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Tap/Hip Hop Combo - Sat 10:00-10:45am with Stacia  
Kinder Ballet - Mon 4:00-4:45pm with Kristena  
Kinder Tap - Tues 4:45-5:30pm with Kristena  
Kinder HipHop - Weds 4:00-4:45pm with Alyssa  
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# Leake, Toth honored at Salute to the Champions banquet

**Joe Naiman**  
Village News Correspondent

Although the San Diego Hall of Champions museum no longer

exists, that organization is now the San Diego Sports Association and still holds its annual Salute to the Champions banquet to honor the previous year's stars of the month

and stars of the year and to induct new members into the Breitbard Hall of Fame.  
The 73rd annual banquet took place Jan. 31 in San Diego and recognized the 2018 Star of the Month recipients including Fallbrook High School graduates Mike Leake and Chris Toth.  
Leake was a Professional Star of the Month for May 2018. Toth received Professional Star of the

Month recognition for August 2018.  
"It's cool to be honored in San Diego for something like that," Toth said.  
Leake played on Fallbrook High School's baseball team before his 2006 graduation. He now pitches for the Seattle Mariners. He started five games in May 2018 and posted a 2-1 record with the loss occurring in the May 4 game

against the Los Angeles Angels in which Leake allowed three runs in 5 1/3 innings.  
On May 27, Leake pitched eight innings against the Minnesota Twins and allowed four hits, no walks, and one run. During the month, Leake threw 32 1/3 innings and allowed 32 hits, five walks, and 12 earned runs while striking out 17 batters. He allowed only one walk in his final four May 2018 starts and none in the last three of those.

All three of the Professional Star of the Month recipients for May were Major League Baseball pitchers. The San Diego Sports Association also honored Brad Hand, who was with the San Diego Padres during that part of the season, and former West Hills High School and San Diego State University pitcher Stephen Strasburg, who is now with the Washington Nationals.

Toth is a 2007 Fallbrook High School graduate and a Major Arena Soccer League goalkeeper who spent the 2017-18 season with the San Diego Sockers and was traded to the Ontario Fury in November. His father, Zoltan, was a goalkeeper on the Hungarian national soccer team before defecting to the United States.

Chris Toth joined Gyongyos Energia for the final two weeks of the Hungarian beach soccer league season and was in the nets when Gyongyos won three regular-season games and two playoff games in August. Toth also scored the tying goal in the championship game after taking a shot with four seconds left in regulation, and a teammate's overtime goal gave Gyongyos the league championship.


The following week, Toth joined the United States beach soccer national team for the Balaton Cup tournament in Hungary and helped the United States to victories in all three games. Toth was chosen as the Balaton Cup's top goalkeeper and he did not allow a goal in the two periods he played against the Czech Republic, who trailed the United States by a 6-0 margin after those two periods.

"It was a great event. It was a great experience. Looking forward to doing it again this summer if I'm available," Toth said.

Toth previously received Professional Star of the Month recognition for March 2011, February 2014, February 2015, and January 2016.

"It's always nice to be recognized," Toth said.

Toth, San Diego Padres (and former Lake Elsinore Storm) outfielder Hunter Renfroe and Chicago Cubs and former Rancho Bernardo High School pitcher Cole Hamels were given Professional Star of the Month recognition for August.



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— Margaret S. O'Leary, Fallbrook



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## Fallbrook Regional HEALTH DISTRICT

# REQUEST FOR PROPOSAL (RFP) ARCHITECTURAL DESIGN & DRAFTING SERVICES

Fallbrook Regional Health District is requesting proposals from qualified professionals to assist the District in preparing a set of detailed technical specifications and drawings for roof replacement projects at three of the buildings owned by the District. (617 Alvarado Street, 138 S. Brandon Road, and the "classroom building" at 1636 E Mission Road).

This letter comprises the Request for Proposal (RFP) for Architectural Design and drafting Services. You may view a copy of this RFP at [www.fallbrookhealth.org](http://www.fallbrookhealth.org). Responses should be submitted in accordance with the instructions set forth in this RFP.

**PROPOSAL DUE DATE**

Interested firms must submit one (1) original unbound containing original signature, six (6) copies, and an electronic PDF/Word version of their proposal, by March 8, 2019. Proposals shall be considered firm offers to provide the services described for a period of ninety (90) days from the time of submittal.

**POINT OF CONTACT**

Wendy Lyon will be the point of contact for this contract. Proposals and all inquiries relating to this RFP shall be submitted to Wendy Lyon, District Bookkeeper at the address shown below. E-mail inquiries may be directed to [bookkeeper@fallbrookhealth.org](mailto:bookkeeper@fallbrookhealth.org), or to: Wendy Lyon, Fallbrook Regional Health District, 138 S. Brandon Road, Fallbrook, CA. 92028

**MINIMUM QUALIFICATIONS**

Proposals must demonstrate that the Consultant meets the following minimum qualifications to be eligible for consideration for this project:

1. The firm, organization or company must be a licensed civil engineering contractor or General Contractor in the state of California.
2. The Managing Principal assigned to the contract and responsible for the coordination and execution of the work must have a minimum of ten (10) years' progressively more responsible experience and a proven track record of providing roofing design and drafting services for governmental and/or corporate clients.
3. Preference will be given to firms which have and maintain an office or a presence within the District service area (Fallbrook, Bonsall, DeLuz, Rainbow).

**SCOPE OF WORK, BUDGET AND SCHEDULE**

Fallbrook Regional Health District (FRHD) desire land use consulting services to meet with the District staff and/or property manager, inspect the three building locations in need of roofing replacements, and develop a set of written specifications and drawings which will then be incorporated into bidding documents to allow for the competitive bidding of the roof replacement projects for the three District buildings.

FRHD expects the chosen consultant to commence work on or about May 1, 2019, with a view toward finalizing the specifications by July 1, 2019. This will allow FRHD to move forward with letting one or several contracts for roof replacement to be awarded by approximately mid-July 2019.

**CONTENTS OF PROPOSAL**

1. Letter of Interest. A dated letter of interest must be submitted. It shall contain the legal name of the firm, address, telephone and e-mail address, and the name, title and signature of the authorized person to submit on behalf of the firm, who may bind the firm to a contract. The letter should include a brief statement of the firm's experience, background and qualities, identify any sub-consultants, and provide information on why the firm is a "fit." The letter should identify the form of business entity.
2. Narrative – the proposal will provide a comprehensive narrative of the firm's zoning and land use work, to include the following:
  - a. The proposal shall contain no less than three (3) examples of successful projects which the firm has completed similar to FRHD's in the past five (5) years.
  - b. Describe the experience and educational background and qualifications of the principal members of the firm, as well as those of any sub-consultants. The proposal should identify all roof replacement design specifications projects it has worked on in the past seven (7) years, including the name of the client and the contact person for that client.
  - c. It shall provide the names and resumes of the principal(s) who will be in charge of this application.
  - d. Identify the firm's insurance carriers for liability and professional liability and workers' compensation;
  - e. Identify any litigation naming the firm as a defendant in the preceding seven (7) years.
3. Professional Approach. The proposal shall provide a general, step-by-step narrative of the process by which it will fulfill the work contemplated by this RFP, including a proposed timeline and anticipated fully-loaded cost and charge for each step, and include a summary sheet tallying all charges associated with completion.
4. Fee Schedule. The proposing entity should submit a fee schedule detailing the rates and charges for each of its staff members and sub-consultants (if any) which will perform work or services on the project contemplated by this RFP.

**SELECTION PROCESS**

The District Board facilities committee, in collaboration with its real estate consultant, anticipates review of the proposals received following the deadline for submission. The committee will likely identify a plurality of submitting entities for interview, with a view toward submitting a recommendation to the full board for award of a contract at a subsequent regular board meeting. The District Board meets regularly on the second Wednesday of the month.

The District reserves the right to reject all proposals received, and to reject any proposal which fails to set forth the information requested herein. The selected Consultant will be required to maintain insurance coverage, during the term of the contract. Consultant agrees to provide the required certificates of insurance providing verification of the minimum insurance requirements. Consultant acknowledges that, if selected to perform this design work, Consultant will not be permitted to submit a bid to perform the roof replacement work.

Thank you for your interest,  
Howard Salmon, Board President



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# Collision sends truck over side of hill, driver extricated from wreck



Firefighters work to extricate the driver involved in a collision that sent the driver's truck down a hillside and into a drainage ditch in De Luz. North County Fire Protection District



Sandia Creek Drive and West Sandia Creek Terrace was closed for several hours after a collision sent a truck over the side of the road.

**Jeff Pack**  
Writer

DE LUZ – North County Fire Protection District reported a traffic collision at 10 a.m. Tuesday, Feb. 12, in the area of Sandia Creek Drive and West Sandia Creek Terrace that resulted in a truck going off the roadway and trapping the driver inside.

About an hour after firefighters arrived, the patient was extricated, hauled up the hillside and transported to the hospital. The condition of the driver was unknown.

While firefighters were dealing with getting the truck out of the drainage and diesel fuel leakage was coming from the truck, the roadways were closed in both directions.

By 4:10 p.m. North County Fire had reported that the truck was extricated, hauled up the hillside and the fuel spill was cleaned up and the roads were reopened.

North County Fire commended the joint efforts of San Diego County HAZMAT, Camp Pendleton Fire HAZMAT, San Diego City Fire and Rescue HAZMAT and United Towing in handling the situation.



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iPad & iPhone	Thurs	4/4, 4/11, 4/18, 4/25	9:30 – 11:30	\$40
Family Tree Maker / Genealogy	Thurs	3/7, 3/14, 3/21, 3/28	9:30 – 11:30	\$40
Google Maps	Mon	3/11	1:00 – 3:00	\$10
Quicken	Mon	4/1, 4/8, 4/15, 4/22	1:00 – 3:00	\$40

For complete class descriptions see our website [www.foundationforseniorcare.org](http://www.foundationforseniorcare.org)

- All classes are held at **Crestview Estates Club House**, located at 1120 E Mission Rd, Fallbrook, CA 92028
- Please register at the **Foundation for Senior Care**, located at 135 S Mission Rd, Fallbrook, CA 92028 or on our website [www.foundationforseniorcare.org](http://www.foundationforseniorcare.org)
- For more information call the **Foundation** at (760) 723-7570

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# Watching San Onofre

FALLBROOK – The non-partisan group Public Watchdogs spoke at the Hilltop Center about the status of the San Onofre Nuclear Generating Station, Feb. 7. The station started generating power in 1968 and is approximately 20 miles as the crow flies from Fallbrook. The station was closed in January 2012 after an unrepairable equipment failure resulted in a release of radioactive steam into the environment.

Charles Langley, executive director at Public Watchdogs, described the ongoing nuclear waste storage project including the problems surrounding the procedures, near misses and the secrecy from the public. The nuclear waste storage canisters at San Onofre weigh nearly 100,000 pounds. Each can contains more Cesium 137 than was released during the entire Chernobyl disaster.

A whistleblower stepped forward, Aug. 9, at a public meeting and reported that six days earlier one of the canisters nearly fell 18 feet. According to Langley, federal law CRF 72.75 required that Southern California Edison, the owners of the nuclear waste, report safety incidents known as “near hits” or “near-misses” to the Nuclear Regulatory Commission within hours at the NRC’s Event Notification Report page.

“They intentionally violated federal law by keeping this information a secret from the public for 45 days,” Langley said. “What’s more, Public Watchdogs’ investigators have documented another near-miss event that occurred July 22, 2018, that was never reported.”

The hot radioactive waste is currently being stored in a costly 65-foot-deep refrigerated spent fuel pool. As a part of the permanent decommissioning of the station, the radioactive spent fuel assemblies are being transferred into hermetically sealed stainless steel canisters, where they are lowered into steel-lined concrete silos, known as Canister Enclosure Cavities.

The newly constructed beachfront nuclear waste dump is located 108 feet from the ocean and 3 feet above the salt water table. There will be 73 canisters of waste total, and there are currently 29 already in place on the beach.

What’s the big deal with nuclear waste.

- The high level nuclear waste at the station contains plutonium, which is lethal to humans for at least 250,000 years.
- The waste is extremely heavy making it difficult to move safely.
- The waste is being stored in canisters that are only warranted for 25 years.
- The containers are made of 5/8-inch thick stainless steel.
- The canisters are subject to through-wall leaks caused by stress corrosion cracking.
- The facility is located in a tsunami inundation zone.
- An earthquake fault as deep as the San Andreas is located fewer

than 2 miles out to sea. The risk of stress corrosion cracking in stainless steel is increased in salt water environments. Airborne salt and fog from the corrosive air at San Onofre can weaken the metal canisters where the waste is stored, causing a release of deadly radiation.

Everyone suffers the health problems of the release of this radioactive waste into the environment – air, water and food. The health problems vary with the type of exposure. Langley said if someone stands near this high level waste for a few minutes, they would die within hours. Spread through the air, water and into the food chain, cancers would start to appear in the population at higher rates than before exposure.

What can be done about it? The permitting process of the station should be studied, because an honest and transparent process needs to ensure going forward before creating health risks to the public. In the San Onofre’s case, there was no meaningful financial or health analysis in decommissioning the plant; however, now the focus is finding a safe solution to the storage problem at the station. Geologist Bob Pope, a board member of Public Watchdogs, talked about what can be done.

Four solutions were talked about at the meeting.

Glass vitrification is when the waste is mixed with chemicals

that form glass in a furnace that solidifies and immobilizes the waste. France uses this method for dealing with high-level waste.

Move the waste to a deep geological repository that would house the waste away from earthquake faults and saltwater.

Dilute the waste in mineral

form, taking it back to the original form.

Move the waste inland from where it is, further away from salt spray and tidewater.

Citizens can make a difference by asking elected officials to address the problem. They can contact their congressional

representative. Visit [www.PublicWatchdogs.org](http://www.PublicWatchdogs.org) for more information, and to view live Geiger counter readings stationed 1 mile from the station.

Submitted by Fallbrook Democratic Club.

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# 18 young ladies to vie for crowns

## Miss Fallbrook candidates



Belleare DeLaCruz



Ivonne Damian



Julia Wilson



Lupita Hernandez



Sylvia Solis



Vanessa Hernandez



Vivian Von Tersch



Zolinn Cass

Ahrend Studios photos

FALLBROOK – The Fallbrook Village Rotary Club presented the Miss Fallbrook and Miss Teen Fallbrook 2019 contestants. The young women have taken a great step toward improving their futures through interview skills and public speaking workshops offered by Village Rotary and

Carol Hodges with Toastmasters, as well as community interaction and personal growth. During the 10 weeks of pre-pageant rehearsals, each contestant is required to raise a minimum sponsorship fee of \$275, although many of them go above and far beyond the minimum, with all the

sponsorship proceeds going directly to fund scholarships awarded to Fallbrook High School students through the Village Rotary Club Foundation. The pageant will be held March 30 at the Bob Burton Center for Performing Arts at Fallbrook Union High School, where six of these

young ladies will be crowned the next title holders and will forever be a part of Fallbrook’s history and the 82nd year of the pageant. Tickets for the event may be purchased from any of the contestants or at the Fallbrook Chamber of Commerce office for \$15 each until March 29 or \$20 the

day of the event. Doors will open at 5:30 p.m. with concessions being served throughout the event. The pageant will begin at 6 p.m. For more information, visit [www.fallbrookvillagerotary.com](http://www.fallbrookvillagerotary.com). Submitted by Fallbrook Village Rotary.

## Miss Teen Fallbrook candidates



Cadance Ewig



Emily Emory



Faith Mescall



Kassidy Ewig



Madi Golden



Melanie Becerra



Natalie Robinson



Noel Lopez



Stephanie Puerta



Veronica Romero



HEALTH

Starting small, ways to prevent heart disease

Lucette Moramarco  
Associate Editor

The topic for the Feb. 7 Women of Wellness program was “Women and Heart Disease, Prevention with the Power or Mindfulness, Movement and Meals.” The presenter, Kori Propst, Ph.D., vice president and wellness director for The Diet Doc spoke to a standing room only crowd in the conference room at Fallbrook Regional Health District’s office.

According to Propst, heart disease can be a symptom, not necessarily the problem, of a person’s health.

She said heart disease is the No. 1 killer of women. One woman will die every 80 seconds; 90 percent of women have at least one risk factor; two-thirds of women who die have no warning.

While one in 31 women die of breast cancer, one in three die of coronary heart disease which is underdiagnosed and undertreated. Furthermore, 50 percent of women who have a heart attack never had prior symptoms.

According to Propst, there is a gender bias and stereotype when it comes to women with heart disease or stroke, so they have a worse prognosis than men do. Men get more testing and are diagnosed faster and more appropriately. With women, heart disease is not being detected or believed. “We need to demand the testing get done,” Propst said.

Signs of a heart attack include nausea and vomiting, but it is key that women pay attention to symptoms that are not normal for them. She said, “Stress is a big risk factor; real problems are things we

can actually control in our lives. We can influence cholesterol, nutrition (meals), exercise (movement), stress (mindfulness), smoking, weight, diabetes, blood pressure, excessive alcohol use.

“We cannot influence age, gender, heredity, race/ethnicity, auto-immune disease, menopause, hormone use or pre-term delivery,” she said.

Besides weight, smoking is another major risk factor. She pointed out that 14 percent of people in the U.S. still smoke and explained that smoking causes plaque in the smoker’s blood vessels which cuts off blood flow; it reduces good cholesterol; increases blood pressure and heart arrhythmia so smokers are more likely to die and die suddenly.

When people quit smoking, they lower their risk of coronary heart disease by 50 percent within one year. After 10 years, their risk of lung cancer drops by 50 percent and after 15 years their lungs are back to the level of a nonsmoker.

Living a healthy lifestyle can lower heart disease risk by 82 percent. In addition to not smoking, lifestyle changes that can help reduce heart disease risk include meditation, activity and healthy eating besides enjoying one’s life with a sense of purpose, meaning and gratitude.

As for activity, “bodies are made to be ambulatory,” she said. If sitting all day, Propst recommended starting small with getting exercise and to develop mindfulness. “Our minds produce about 68,000 thoughts per day and the majority of them are negative,” she said.

“We notice the negative ones most,” she explained as a survival response to threats. So, “become aware, ‘I just had that thought, it could mean any number of things,’” she said, encouraging everyone to be aware of their mental chatter to develop a “level of awareness but not getting sucked into it.”



Kori Propst talks about ways people can prevent heart disease and improve their overall health. Lucette Moramarco photo

She described attention training as empowering, “We need to train our minds, move our bodies, to take care of ourselves and have a level of compassion for ourselves.”

To be present with one’s thoughts and feelings, to get closer to what is real has a physiological impact she said. It increases one’s immunity, decreases the stress response, enhances emotional regulation, decreases systemic inflammation, increases cardiovascular health and lowers blood pressure. It takes two minutes for the fight or flight response to develop, so she suggests taking a deep breath to regulate emotions. Breath, awareness and meditation can be a practice of mindfulness and concentrating on one’s breathing is calming.

As far as exercise goes, she said

50 percent of people don’t meet the recommended amount. Less than 5 percent of adults participate in 30 minutes of physical activity each day; only one in three adults do the recommended amount of physical activity in a week.

Movement reduces the risk of diabetes and increases blood sugar control, increases HDL (good cholesterol), can provide stress relief at low intensities, increases heart strength and stroke volume, has a carry-over effect to healthier eating, reduces blood pressure, causes sweating which is one of the body’s cleansing mechanisms and increases connection and well-being through community.

To get moving, Propst encouraged people to do whatever kind of exercise they will actually do, moving for five minutes to start with and then adding a couple of minutes to that. Group exercise promotes accountability and community too. She suggested hiking, walking, running, cycling, strength training, surfing or paddleboarding. “Choose activities that can be fun,” she said.

Weight is another problem as 70 percent of adults are overweight or obese. “We are overfed and undernourished; we are following a calorically dense diet that without the appropriate levels of of activity cause body fat accumulation,” Propst said.

It is important “to know your numbers,” she added, including blood pressure, body mass index, fasting blood sugar and total cholesterol/HDL. With these numbers a health care provider can determine one’s risk for developing cardiovascular disease, angina, heart attack, stroke and peripheral artery disease. She recommended colorful foods with nutrient dense vegetables being broccoli, artichoke hearts, mushrooms, yellow squash, bell peppers, kale and zucchini. Fresh ones are the best and cooking them in vegetable broth is best.

Propst said, “We don’t need oil, fat or sugar; it’s not complicated.” Companies use lots of sugar, fat and salt to make food taste good and make consumers want more. So, “we consume too much food to be at a healthy weight,” she added, and reducing sugar, processed carbohydrate and saturated fats along with increasing fibers from plant sources can increase heart health. She also suggested reducing one’s eating time to 12 hours (between first and last meals or snacks) and choosing extra lean animal sources of protein. After age 65, the need for protein increases as people lose lean mass after that age.

Propst pointed out that saturated fat comes from animals, (except fish), cheeses and condiments like mayonnaise and sour cream. To lose body fat, one should reduce total fat consumption to 15-20 percent of total calories. Good fats include omega-3 sources of nuts, fish and avocado. Aiming for fiber totals of at least 25-35 grams per day will also help with weight loss as does reducing the amount of packaged and processed foods in one’s diet.

In short, the path to preventing heart disease includes the power of mindfulness, movement and nutritious meals.

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# Indoor tanning won't cure Seasonal Affective Disorder

## The Skin Cancer Foundation offers alternative treatments for SAD

New York, NY – As the winter months stretch on, those looking to treat Seasonal Affective Disorder (SAD) may be tempted to use indoor ultraviolet (UV) tanning devices. Not only is indoor tanning a dangerous habit, it does not successfully treat SAD. Light therapy, an effective treatment for SAD, acts through the eyes and relies on visible light, whereas the dangerous UV radiation emitted by tanning beds is invisible light.

SAD is a form of depression believed to be caused by a hormonal imbalance that is commonly triggered during the shorter days of winter. Generally, levels of melatonin (a sleep-related hormone) in the body are higher at night and lower in the morning. For people with SAD, however, the cycle is often delayed, and melatonin levels remain elevated into the morning, causing them to oversleep or leaving them fatigued.

Meanwhile, the brain's internal clock relies on early morning light to keep circadian rhythms in sync with local time, but the late sunrises of winter deny our bodies that essential signal. Depression can result when we have to keep waking up while it is still dark.

In one study, 80 percent of frequent indoor tanners

reported symptoms of SAD, and investigators speculated that some tanners use UV-emitting tanning beds to try to alleviate symptoms. But using indoor UV tanning beds seriously increases skin cancer risk. The dangers of indoor tanning are well documented: People who first use a tanning bed before age 35 increase their risk for melanoma, one of the most dangerous forms of skin cancer, by 75 percent. Women who have ever tanned indoors are six times more likely to be diagnosed with melanoma in their 20s than those who have never tanned indoors.

“The myth that indoor tanning is an effective treatment for seasonal affective disorder is incredibly dangerous,” says Deborah S. Sarnoff, M.D., president of The Skin Cancer Foundation. “The temporary mood boost that a tanning device may provide is not worth risking your health.”

The Skin Cancer Foundation offers these healthy alternatives to ward off symptoms of SAD:

**Sit by a light box for 30 minutes each morning.**

A light box is a portable, visible light source that provides up to 10,000 lux (a measure of light's intensity) and is up to 10 to 25 times

as bright as ordinary lighting. A light box is equivalent to outdoor light about 40 minutes after sunrise and is beneficial in providing the body with enough visible light to decrease feelings of lethargy and fatigue by lowering the level of melatonin in the body. Choose a light box with 10,000 lux of illumination, since those offering fewer lux are not as effective. It is also important to use a UV filter and look for soft, white lights when shopping for a light box in order to minimize both UV radiation and blue light (which can also harm the eyes). The light should project downward toward the eyes to minimize glare. There's some evidence that visible light treatment may cause skin damage. If you use a light box, be sure to apply sunscreen beforehand and cover up with clothing.

**Make sleep a priority.**

Adjust your schedule to fit in the Centers for Disease Control and Prevention's (CDC) recommended seven to nine hours of sleep each night and wake up earlier to take advantage of natural light. Getting enough, but not too much, sleep is beneficial to both physical and mental health and helps stabilize mood and reduce anxiety.

Establishing a nighttime routine to help you fall asleep at the same time each night is key.

**Maintain a balanced diet.**

Eating a well-balanced diet full of fresh fruits, vegetables, whole grains and calcium-rich foods, while reducing your intake of foods high in fats, sodium and added sugars, can help improve your energy level and relieve stress.

**Find time for fitness.**

Exercise has also been linked to improved mood, and relieves feelings of stress and anxiety, which are both symptoms of SAD. The CDC recommends 150 minutes of moderately intense aerobic activity every week. It's best to exercise outdoors before or after the hours

between 10 a.m. and 4 p.m. (when the sun's rays are strongest). Always practice proper sun protection: this includes covering up with clothing, including a wide-brimmed hat and UV-blocking sunglasses, and applying a broad-spectrum (UVA/UVB) sunscreen with an SPF of 30 or higher to the entire body.

If you are experiencing symptoms associated with SAD, consult your physician before making any decisions. Symptoms of the disorder include hopelessness, anxiety, increased appetite, weight gain, a heavy feeling in the arms or legs, and loss of interest in activities.

*Submitted by The Skin Cancer Foundation*

## County warns medical community about strangulation

**Jose A. Alvarez**  
County of San Diego  
Communications Office

In an effort to save the lives of people who find themselves in physically abusive relationships, the San Diego County Health and Human Services Agency issued an advisory to the local medical community about strangulation, one of the most lethal forms of domestic violence.

The advisory informs San Diego County health care providers about the risks of intimate partner, nonfatal strangulation and provides links to resources and recommendations on what to do when they spot signs and symptoms.

Between 2007 and 2017, the San Diego County Domestic Violence Fatality Review Team, which is led by the San Diego County District Attorney's Office, examined the deaths of 122 women who were killed by an intimate partner. The review determined that 13 percent included strangulation as a contributing cause.

“Recognizing the signs and symptoms of strangulation during a history and examination of at-risk patients can save lives,” Dr. Kristi L. Koenig, medical director for Emergency Medical Services at the county Health and Human Services Agency, said. “Intimate partner, nonfatal strangulation is a strong indicator that an abusive relationship could turn fatal.”

The advisory made the following recommendations to the local health care community.

Perform intimate partner violence screening on vulnerable patients and those with suspicious symptoms or injuries.

Recognize signs and symptoms of nonfatal strangulation.

Be aware that many patients may have no external findings but could still have symptoms consistent with strangulation.

Evaluate for injuries to the carotid and vertebral arteries, the bony cartilaginous and soft tissue neck structures and the brain.

Report suspected domestic violence cases to law enforcement.

Offer resources to at-risk patients, friends or family members.

For more information, visit <https://www.sdcda.org/helping/domestic-violence.html>.

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**Fallbrook Regional**  
HEALTH  **DISTRICT**

**POSITION ANNOUNCEMENT**  
**District Executive Director**  
**January 2019**

Fallbrook Regional Health District, a public agency serving the communities of Fallbrook, Bonsall, Rainbow, and De Luz in Northern San Diego County ("District" or "FRHD"), is looking for an Executive Director.

FRHD was organized in 1950 to open and operate Fallbrook Hospital. From 1998 until it closed in 2015, the hospital was leased to a Tennessee-based hospital chain. From 1998 to the present, the District has promoted community wellness and emphasized prevention, primarily by working with a variety of community non-profit organizations and supporting community health initiatives. More information about the District may be found at <http://www.fallbrookhealth.org>.

**THE DISTRICT'S MISSION AND VISION MAY BE SUMMARIZED AS FOLLOWS:**

**Mission:** To promote the health of the District's residents and enhance access to sustainable, quality healthcare services.

**Vision:** Collaboratively identify and support a broad range of District healthcare needs in pursuit of positive, measurable community health outcomes, emphasizing wellness and disease prevention.

The District seeks a collaborative and energetic leader who will engage the community in identifying health issues needing greater attention and resources to tangibly improve the health status of segments of the population.

The new Executive Director will bring substantial experience with public health issues, as well as experience in the acquisition, use, analysis, and application of relevant data and data bases to effectively address board-identified community issues. The Executive Director will identify resources, programs, and organizations that can collaborate with FRHD.

The new Executive Director will have a successful track record of building and nurturing community support and collaboration in pursuing health and wellness goals and in administering existing community programs such as community wellness networking and education, periodic preventive screenings, and a robust (approximately \$800,000 annually) community health contract (grants) program.

The ideal candidate will be able to confidently interact with public officials at the state and local level to combine resources to address community wellness and prevention programs. He or she will have experience with developing, managing, and explaining the budget and human resources functions such as supervising, evaluating, and hiring personnel and independent contractors. Direct or related experience in managing commercial leasing and tenant relations is preferred.

The Executive Director will have full oversight responsibility for an annual budget of approximately \$1.8 million, will supervise a modest full-time staff, and will maximize the contributions of an existing team of outside consultants, as well as engage community volunteers. The ideal candidate will play a pivotal role in developing and implementing the future District Wellness Center, at a 4.5-acre site acquired last year by the District. Experience with all aspects of prudent financial management and human resources regulations in a public sector setting is highly desired. The ideal candidate will have a demonstrated track record of developing and maintaining strong external relationships with policy makers and community stakeholders, such as state and local elected officials, Chambers of Commerce, school districts, and private and public donors.

A bachelor's degree is required, preferably in public health or public administration, along with at least 10 years of progressively more responsible experience in public health, public administration, or a related field. Formidable candidates will possess an MPH or MBA. Strategic planning experience is a must, with public sector strategic planning highly desired. Given FRHD's diverse community, fluency in Spanish would be a plus.


The anticipated salary range for the position is \$125,000 to \$145,000, plus medical benefits. The District also provides salary matching in a SIMPLE IRA plan as allowable by law. The District is not a participant in the Public Employees Retirement System ("PERS").

**Interested candidates shall furnish a letter of interest, along with a resume to [Fallbrookhealthopportunity@gmail.com](mailto:Fallbrookhealthopportunity@gmail.com), on or before February 28, 2019. Interviews will follow later in the month of March, with a projected start date of April 15, 2019.**

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# Maybe the U.S. is finally serious about lowering drug prices

**Trudy Lieberman**  
*Rural Health News Service*

David Mitchell is a man with a mission. He is determined to stitch together a movement that will finally smash the power of the pharmaceutical industry and bring pocketbook relief to millions of Americans who need expensive drugs.

Mitchell, a 68-year-old former Washington communications executive, was diagnosed eight years ago with multiple myeloma, a blood cancer. Until recently, the disease has been held in check by drugs costing \$325,000 a year. Medicare and a good Medigap policy have covered most of the expense.

In 2016 Mitchell said he began to think about others who had sky-high drug expenses but struggled to pay for them. “I had an epiphany,” he told me. “Why can’t I do something?”

“Drugs don’t work if people can’t afford them,” he said.

So began his organization, Patients for Affordable Drugs Now, which collects stories about patients having trouble paying for their medicines and is building a patient advocacy community to make their voices heard. His group has collected some 15,000 patient stories, more than 100,000 emails and has trained patients to be advocates to testify in state legislatures and lobby Congress.

Unlike most other patient groups that work on pharmaceutical issues, Mitchell’s group takes no money from the drug industry. He said money comes from foundations, friends, family and patients, but not from anyone who profits from making pharmaceuticals. It gives his group independence and credibility that others might not have.

Mitchell and I talked about various proposals floating around to deal with the high price of medicines. At the outset, he said that list prices for drugs are still going up 6 to 9 percent a year, net prices are up 2 to 4 percent and drug companies are spending record amounts lobbying legislators not to make any significant changes.

Shortly before the president’s State of the Union message, the administration proposed to eliminate some of the rebates drug makers pay to insurance companies in the Medicare program. Pharmacy benefit managers, middlemen in the drug supply chain who accept drug company rebates, usually for brand-name drugs under the Medicare and Medicaid programs, would lose legal protections under the proposal.

Drug makers use rebates to secure preferred placement for their drugs on an insurer’s

formulary tiers.

The Trump administration claimed eliminating that practice would save significant amounts for older people who have been paying high out of pocket costs. Whether the rule will be adopted is not clear, nor are the amounts of any projected savings for consumers.

Juliana Keeping, a representative for Patients for Affordable Drugs Now, said the administration’s proposal “won’t lower sole source drug pricing for biologic drugs because there aren’t many biosimilars.” Those are drugs extracted from or semi synthesized from biological sources, and biosimilars are almost identical.

Mitchell’s organization would prefer to see Medicare use the International Pricing Index to decide how much to pay for Part B drugs – those administered in physicians’ offices and in hospital outpatient departments. Medicare has proposed such an index that it said would allow it to pay prices more in line with those in similar countries.

Two other remedies are gathering interest among members of Congress and policy makers. Both have been around a long time, but the new push to do something about the high price of drugs may finally result in some movement toward passage.

One is to allow Medicare to negotiate prices for Part D drugs. Recall that the 2003 law that gave seniors a drug benefit said that Medicare could not negotiate prices with the drug companies. It’s a provision that has no doubt helped big pharmacy companies but increasingly has hurt beneficiaries.

The other is to limit patent protection, which would allow low-cost generics to come to market more quickly. That remedy has been kicked around for years, but perhaps public ire over high drug prices will make a difference this time.

Even though there’s a patient backlash against high drug prices right now, it will still be a bruising battle to enact some of the changes Mitchell’s group and others are advocating.

“Pharma companies determine both what their list prices are and the size of the rebates they are willing to pay to obtain market access,” Dr. Peter Bach, a physician and epidemiologist at Memorial Sloan-Kettering Cancer Center in New York City, said.

The drug industry will fight hard to keep it that way.

If you want to share your story with Mitchell’s group, write to him at [david@p4adnow.org](mailto:david@p4adnow.org).

*What do you do to save drug costs? Write to Trudy at [trudy.lieberman@gmail.com](mailto:trudy.lieberman@gmail.com).*

# Yoga can help improve one’s health



**Leslie Salmon**  
*Special to the Village News*

As February is dedicated to reducing heart disease, I took a moment to do a bit of research and found a great article from the Harvard Medical Review, summarized here.

A small but promising body of research suggested that yoga may have benefits for people with cardiovascular disease. The movement involved in yoga exercises muscles and anything that works muscles is good for people’s hearts and blood vessels. And this activity will help muscles become more sensitive to insulin which is important for controlling blood sugar.

Participants are encouraged to breathe deeply; this effort temporarily lowers blood pressure and calms the nervous system, relieving stress. One interesting fact is the heart rests on the diaphragm, which is the muscle used for breathing. Therefore, breathing well may assist the heart muscle with its work.

Movement combined with deep breathing offers a physical meditation, focusing and clearing the mind, also helpful in working with cardiovascular disease. The studies that have been done are small, but demonstrate that yoga may reduce high blood pressure, ease palpitations, enhance cardiac rehabilitation, lower risk factors such as cholesterol levels, blood sugar and stress hormones, improve balance, reduce falls and enhance breathing.

No matter someone’s age, physical condition or body type, there is a yoga class for them. Studios offer many classes from chair yoga to restorative to more active ones. Do some homework and speak with the studio manager or owner to decide on an appropriate class.

Leslie Salmon is a E-RYT500, RYTx-500 certified yoga instructor and yoga therapist at Sage Yoga Studios and a member of Fallbrook Wellness Directory.



Doing yoga can improve one's health. Courtesy photos

# Kawasaki disease cases increasing in the county

**Tom Christensen**  
*County of San Diego Communications Office*

San Diego County Health and Human Services Agency issued a health advisory to area doctors, Feb. 14, and is asking parents to be alert about a local increase in Kawasaki disease.

Sixteen San Diego children have been diagnosed with the disease in 2019, and more cases may occur through March because of the wet, cool weather the region has been experiencing lately.

The symptoms of Kawasaki disease include fever, rash, swelling of the hands and feet, bloodshot eyes, swollen lymph glands in the neck, and red mouth, lips and throat. Peeling of the fingers and toes occurs in many patients after the fever has subsided. Parents should take children with these symptoms to a medical provider for an evaluation.

“Kawasaki disease is not an illness many physicians have diagnosed, and it can initially be confused with other more common illnesses,” Dr. Wilma Wooten, county public health officer, said. “We are alerting health professionals and parents today to raise awareness of the increased Kawasaki disease activity currently in our community.”

The Kawasaki Disease Research Center at Rady Children’s Hospital-San Diego and University of California San Diego School of Medicine alerted HHSA to the fact that twice as many San Diego children had been diagnosed with Kawasaki disease so far this year compared to previous years. Doctors are not required to report the disease to local health departments in



The symptoms of Kawasaki disease include a rash and swelling of the hands. Shutterstock photo

California, but it is the most common acquired heart disease in children. Untreated, roughly one-quarter of children with Kawasaki disease develop coronary artery aneurysms – balloon-like bulges of heart vessels – that may ultimately result in heart attacks, congestive heart failure or sudden death.

The causes of Kawasaki disease are unknown; however, researchers at University of California San Diego School of Medicine, Scripps Institution of Oceanography and international collaborators have studied climate patterns and determined environmental triggers influenced by climate might be responsible for the increase in cases. Genetic predisposition also plays a role, with Asians and Pacific Islanders having an increased relative risk compared to other races or ethnicities.

“We want community health care providers to have increased vigilance for Kawasaki disease cases during these periods of wet, cool weather,” Dr. Jane C. Burns,

pediatrician at Rady Children’s Hospital-San Diego and director of the Kawasaki Disease Research Center, said. “The climate patterns that are associated with increased numbers of children diagnosed have occurred more frequently here so far this year.”

Although Kawasaki disease is estimated to affect fewer than 6,000 children in the U.S. each year, cases appear to be rising in San Diego County over time. While the average incidence per 100,000 children less than 5 years of age residing in San Diego County was approximately 10 for the decade of the 1990s, the estimate from 2006 to 2015 was 25.5.

For more information about the disease, visit the Centers for Disease Control and Prevention at <https://www.cdc.gov/kawasaki/index.html> or the Kawasaki Disease Research Center at <https://medschool.ucsd.edu/som/pediatrics/research/centers/kawasaki-disease/Pages/default.aspx>.

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Property Management  
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Notice To Readers: California law requires that contractors taking jobs that total \$500 or more (labor or materials) be licensed by the Contractors State License Board. State law also requires that contractors include their license number on all advertising. You can check the status of your licensed contractor at [www.cslb.ca.gov](http://www.cslb.ca.gov) or 800-321-CSLB. Unlicensed contractors taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.

**TRANSPORTATION**  
**RT SENIOR TRANSPORTATION**  
Wheel Chair Accessible Van  
Transport for Medical  
Appointments, personal shopping  
or any transportation you need.  
Fallbrook, Temecula & Murrieta  
*call Randy*  
**(714) 928-7590**

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**SO.CAL TREE CARE, INC.**

Tree pruning,Palm Tree  
rimming,Tree removal  
Tree planting,GPS Tree mapping  
and more.  
Lic #860690 Certified Arborist.  
Call for specials  
**(760) 807-7743**  
**WINDOWS**  
**FALLBROOK WINDOW WASHING**  
Specializing-Home/Office  
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**Business Services**  
Pet Sitting In My Home: Cage free,  
social environment, day care + long  
term. Large rooms for exercise and  
play. References. Call for details.  
Paulette. 760-723-6675

**Employment**

DANIEL'S MARKET: LOOKING FOR  
RELIABLE, FRIENDLY, CUSTOMER  
SERVICE ORIENTED CASHIERS  
AND SERVICE DELI CLERKS. NO  
EXPERIENCE NECESSARY, WE WILL  
TRAIN. APPLICATIONS AVAILABLE  
AT STORE (5256 S MISSION RD,  
BONSALL). ASK FOR MANAGER.

**Health/Nutrition/Beauty**  
CARE-PROVIDER: Care-provider with  
IHSS seeking IHSS senior client in  
Anza 22.5 hours per week. Non smoker.  
951-452-8560.

**Miscellaneous**  
Old Militaria Wanted: Helmets, Medals,  
Swords, Uniforms, Documents, etc.  
Vintage & Modern - Call or text Bob  
Hudson 760-450-8498 HistoryBuyer.  
com

**Real Estate - For Rent**  
SEEKING ROOM FOR RENT: Single  
women with TB Mare seeking room on  
work exchange basis. Will pay own feed  
and utilities. Serious horse people only.  
951-452-8560

**Public Notice**  
**NOTICE OF PETITION TO ADMINISTER ESTATE OF PATRICIA KAY PABST, a.k.a. PATRICIA K. PABST**  
**CASE NO. 37-2019-00008614-PR-LA-CTL**

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: PATRICIA KAY PABST, a.k.a. PATRICIA K. PABST  
A Petition for Probate has been filed by GERARD ROBERT GREEN in the Superior Court of California, County of SAN DIEGO  
The Petition for Probate requests that GERARD ROBERT GREEN be appointed as personal representative to administer the estate of the decedent.  
The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows:  
Date: 3/27/2019 Time: 1:30 P.m. Dept. 502  
Address of court: 1100 Union Street, San Diego, CA 92101, Central Courthouse

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.  
Attorney for petitioner: Andrea K. Shoup, 38605 Calistoga Drive, Suite 120, Murrieta, California 92563, 951-445-4114.

Legal: 4924  
PUBLISHED: February 21, 28,  
March 7, 2019

**Real Estate - For Rent**  
ROOM FOR RENT: Master bedroom  
and bath, Wi-Fi, washer & dryer.  
Full access of the house. Can move  
immediately. Mature roommate, either  
female or male. No drugs, nor smoking.  
Pets ok. Bonsall area. \$750.00 per  
month. \$250.00 security deposit. Call to  
make an appointment. 760-842-4779.

For Rent in Fallbrook: 2 Bedroom, 1  
Bath \$1,995 and a Studio \$1,495 for  
rent. Includes beautiful pool, washer/  
dryer, water, electricity, gas, and trash.  
Call 714-917-7000

Lovely Professional Office Space for  
Lease: Newly redecorated in the Heart  
of downtown Fallbrook. 736 Sq. ft in  
great building. Reception room with two  
offices. Ground floor unit with parking  
close. \$1,155.00 per month. Building  
filled with longtime occupants. 760-  
522-0775.

**Real Estate - For Sale**  
28 Acres for SALE: Beautiful views  
,own your own valley and hills,with  
seasonal stream and waterfall running  
thru.Oak and sycamore trees,small  
field of protea flowers,power working  
well.Located between Temecula and  
De Luz,quite,remote. MUST SELL  
BY OWNER ONLY.\$299,000. CALL  
ROBERT 310-612-3547.

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Offering a large selection of high quality  
Herbs and Herbal Combinations,  
Vitamins, CBD Oils, Salves and  
Capsules, Essential Oils, Homeopathic  
Remedies, Bach Flower Emotional  
Essences, Teas, Organic Lotions and  
Skin and Hair Care products, etc. We  
offer Nutritional Consultations with  
Iridology and Live-Cell Analysis. Come  
on in for a FREE Bio Scan. We are open  
from 10-5 Monday thru Friday and 10-4  
on Saturday. We are located at 1223 S.  
Mission Ed. (Behind Pizza Hut)

**Public Notice**  
**PUBLIC NOTICE**

**NOTICE IS HEREBY GIVEN THAT THE BOARD OF DIRECTORS OF THE NORTH COUNTY FIRE PROTECTION DISTRICT, 330 South Main Avenue, Fallbrook, California, County of San Diego, will conduct two Public Hearings to initiate the District's transition from At-Large elections to District-Based elections.**

In order to strengthen community representation, the District is voluntarily moving away from the At-Large election system for its Board of Directors makeup, shifting to a five District-Based election system for the 2020 election. Community members within the District boundaries are encouraged to attend and represent your neighborhoods by providing input and feedback as North County Fire Protection District moves forward in this transition.

These first two **date/time certain meetings** will be held as follows:

- 1. Tuesday, February 19, 2019, at 8:30 a.m.** at the Fallbrook Public Utility District, 990 East Mission Road, Fallbrook, California, 92028.
- 2. Tuesday, February 26, 2019, at 5:30 p.m.** at the Fallbrook Public Utility District, 990 East Mission Road, Fallbrook, California, 92028.

**Questions or comments should be directed to:**  
  
Fire Chief/CEO Stephen Abbott  
Email: [sabbott@ncfire.org](mailto:sabbott@ncfire.org)  
Phone: (760) 723-2012

**BY ORDER OF DIRECTORS OF THE NORTH COUNTY FIRE PROTECTION DISTRICT.**

Loren Stephen-Porter, Board Secretary  
February 12, 2019  
Published February 14, 21, 2019



LEGAL

Fictitious Business Name

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9002981  
Name of Business  
**a. THE FITNESS BEAUTY BAR**  
**b. MARILYN JOY ESTHETICS**  
707 Civic Center Dr. Unit 106, Vista, CA 92084  
County: San Diego  
This business is registered by the following:  
Marilyn Joy Kettl, 640 W. Fig St., Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 08/15/16  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 02/01/19  
**LEGAL: 4914**  
**PUBLISHED: February 14, 21, 28, March 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9003227  
Name of Business  
**SUBTROPICA NURSERIES LLC**  
2929 E. Mission Rd, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Subtropica Nurseries LLC, 2929 E. Mission Rd, Fallbrook, CA 92028  
This business is conducted by a Limited Liability Company  
This LLC is located in the state of California  
Registrant first commenced to transact business under the above name on 2/4/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 02/05/19  
**LEGAL: 4915**  
**PUBLISHED: February 14, 21, 28, March 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9003131  
Name of Business  
**NENA VEGANA**  
1046 Riverview Dr., Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
a. Reyna Estephania Flores, 1046 Riverview Dr., Fallbrook, CA 92028  
b. Fernanda Fajardo, 16594 Arrow Blvc, Apt 60, Fontana, CA 92335  
This business is conducted by a Co-Partners  
Registrant first commenced to transact business under the above name on 02/04/2019  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 02/04/19  
**LEGAL: 4916**  
**PUBLISHED: February 14, 21, 28, March 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9003228  
Name of Business  
**HOOPS WELDING & FABRICATION**  
305 Industrial Way #4, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Michael Raymond Mensing, 376 Natalie Way, Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 2/3/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 02/05/19  
**LEGAL: 4917**  
**PUBLISHED: February 14, 21, 28, March 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9003313  
Name of Business  
**BONSALL FARMS**  
31621 Via Puerta Del Sol, Bonsall, CA 92003  
County: San Diego  
This business is registered by the following:  
a. Richard Royal Day, 31621 Via Puerta Del Sol, Bonsall, CA 92003  
b. Karen Thane Day, 31621 Via Puerta Del Sol, Bonsall, CA 92003  
This business is conducted by a Married Couple  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 02/06/19  
**LEGAL: 4918**  
**PUBLISHED: February 14, 21, 28, March 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9001803  
Name of Business  
**THAI FACIAL**  
1588 S. Mission R.D., Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Rattananporn Garrett, 1753 E. Alvarado St, Fallbrook, CA 92028  
This business is conducted by an Individual  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/22/19  
**LEGAL: 4900**  
**PUBLISHED: January 31, February 7, 14, 21, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9001678  
Name of Business  
**REST & RELAX RESPITE AGENCY**  
131 E. Fig Street, Ste 4, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
a. Miguel H. Echavarrí, 31651 Corte Esparza, Temecula, CA 92592  
b. Guadalupe Echavarrí, 31651 Corte Esparza, Temecula, CA 92592  
This business is conducted by a Married Couple  
Registrant first commenced to transact business under the above name on 8/1/2006  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/18/19  
**LEGAL: 4901**  
**PUBLISHED: January 31, February 7, 14, 21, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9001606  
Name of Business  
**SAN DIEGO RUSTIC**  
9350 Trade Pl #C, San Diego, CA 92126  
County: San Diego  
This business is registered by the following:  
Carl Frank, 6261 Via Regla, San Diego, CA 92122  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 1/1/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/18/19  
**LEGAL: 4902**  
**PUBLISHED: January 31, February 7, 14, 21, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9000538  
Name of Business  
**TIMELESS TIM 1903**  
555 W. Country Club Ln, Ste B2, Escondido, CA 92026  
County: San Diego  
This business is registered by the following:  
Timoteo Perez, 1007 Iowa St., Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 1/1/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/08/19  
**LEGAL: 4903**  
**PUBLISHED: January 31, February 7, 14, 21, 2019**

Fictitious Business Name

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9003489  
Name of Business  
**FLYDOWN CUSTOM CALLS**  
640 W. Fig St., Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Joshua Allen Kettl, 640 W. Fig St., Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 1/1/17  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 02/07/19  
**LEGAL: 4919**  
**PUBLISHED: February 14, 21, 28, March 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9003192  
Name of Business  
**LEGENDARY RESTAURANTS, INC.**  
3745 Keri Way, Fallbrook, CA 92028  
Mailing address: 43172 Business Park Drive, Suite 102, Temecula, CA 92590  
County: San Diego  
This business is registered by the following:  
Legendary Restaurants, Inc., 3745 Keri Way, Fallbrook, CA 92028  
This business is conducted by a Corporation  
This Corporation is located in the state of California  
Registrant first commenced to transact business under the above name on 9/17/2009  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 02/05/19  
**LEGAL: 4920**  
**PUBLISHED: February 14, 21, 28, March 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9003646  
Name of Business  
**RAINBOW BREWERY**  
3879 Aspen Rd, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
a. Crystal Deuling, 4020 Backshore Ct., Carlsbad, CA 92010  
b. Dale Deuling, 3879 Aspen Rd, Fallbrook, CA 92028  
This business is conducted by Joint Venture  
Registrant first commenced to transact business under the above name on 03/07/13  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 02/08/19  
**LEGAL: 4921**  
**PUBLISHED: February 14, 21, 28, March 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9002837  
Name of Business  
**HEALING TOUCH MASSAGE**  
317 E. Mission Rd, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Thitapha Savarod, 4788 Calle Estrella, Oceanside, CA 92057  
This business is conducted by an Individual  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/31/19  
**LEGAL: 4922**  
**PUBLISHED: February 14, 21, 28, March 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9002005  
Name of Business  
**DOUBLE DOWN EVENTS**  
112 Spanish Spur, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Mackenzie Richard Stevens, 112 Spanish Spur, Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 1/24/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/24/19  
**LEGAL: 4904**  
**PUBLISHED: January 31, February 7, 14, 21, 2019**

Summons

SUMMONS/CITATION  
FILED 10/29/2018  
CASE NUMBER: 37-2018-00054726-CU-OR-NC  
JUDGE: Earl H. Maas, III  
DEPARTMENT N-28

**NOTICE TO DEFENDENT:** BRIAN BOOTH, and individual; RONALD H. FRESHMAN, and DOES 1 through 50, inclusive **YOU ARE BEING BY SUED BY PLAINTIFF:** EAGLE VISTA EQUITIES, LLC **NOTICE!** You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center ([www.courtinfo.ca.gov/selfhelp](http://www.courtinfo.ca.gov/selfhelp)), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services website ([www.lawhelpca.org](http://www.lawhelpca.org)), or by contacting your local county bar association. **NOTE:** The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. The name and address of the court are: San Diego Superior Court North County, 325 S. Melrose Dr, Vista, CA 92081 The name, address, and telephone number of plaintiff's attorney is: Wedgewood, Elaine Yang, 2015 Manhattan Beach Blvd., Ste 100, Redondo Beach, CA 90278, 310-640-3070

DATE: October 29, 2018  
Clerk, by V. Navarro, Deputy  
**LEGAL #: 4908**  
**PUBLISHED: January 31, February 7, 14, 21, 2019**

Fictitious Business Name

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9003708  
Name of Business  
**INPRO SURVEYS**  
1637 Moon Rock Road, Fallbrook, CA 92028  
Mailing address: PO Box 2131, Fallbrook, CA 92088  
County: San Diego  
This business is registered by the following:  
Kenneth Eugene Munson, 1637 Moon Rock Road, Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 5/31/2002  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 02/11/19  
**LEGAL: 4925**  
**PUBLISHED: February 21, 28, March 7, 14, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9003792  
Name of Business  
**a. LADY ASHTAR**  
**b. LADY ASHTAR INTERNATIONAL**  
820 N. Orange Ave., Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Teresa June Graham, 820 N. Orange Ave., Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 1/1/1990  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 02/11/19  
**LEGAL: 4926**  
**PUBLISHED: February 21, 28, March 7, 14, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9003937  
Name of Business  
**THE ARTERY-CUSTOM FRAMING & ART**  
211 North Main St. Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Nicholas Peter Hoff, 828 Olive Ave., Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 02/12/2019  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 02/12/19  
**LEGAL: 4927**  
**PUBLISHED: February 21, 28, March 7, 14, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9003735  
Name of Business  
**a. OCEAN BREEZE RETIREMENT VILLA**  
**b. COMPASS CARE RETIREMENT VILLA**  
93 Avenida Descanso, Oceanside, CA 92057  
County: San Diego  
This business is registered by the following:  
Compass Care Management, 4652 Valle Del Sol, Bonsall, CA 92003  
This business is conducted by a Corporation  
This Corporation is located in California  
Registrant first commenced to transact business under the above name on 02/06/2019  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 02/11/19  
**LEGAL: 4928**  
**PUBLISHED: February 21, 28, March 7, 14, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9004017  
Name of Business  
**1904 MEN'S REFINERY**  
804 Arthur Ave., Oceanside, CA 92057  
County: San Diego  
This business is registered by the following:  
Nicole Speaker, 804 Arthur Ave., Oceanside, CA 92057  
This business is conducted by an Individual  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 02/13/19  
**LEGAL: 4929**  
**PUBLISHED: February 21, 28, March 7, 14, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9004251  
Name of Business  
**INGRAINED WOODWORKING**  
1929 Acacia Ln, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Jeff Gearhart, 1929 Acacia Ln, Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 1/1/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 02/15/19  
**LEGAL: 4930**  
**PUBLISHED: February 21, 28, March 7, 14, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9003037  
Name of Business  
**SCISSORHANDS STUDIO**  
606 Cassidy St., Oceanside, CA 92054  
Mailing address: 136 McKinley St., Oceanside, CA 92057  
County: San Diego  
This business is registered by the following:  
Tiffany Jane Collins Laslo, 136 McKinley St., Oceanside, CA 92057  
This business is conducted by an Individual  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 02/04/19  
**LEGAL: 4931**  
**PUBLISHED: February 21, 28, March 7, 14, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9002053  
Name of Business  
**THE GIRLZ WAY**  
1638 Calavo Rd. Spc#50, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Joana Esperanza Lopez, 1638 Calavo Rd. Spc#50, Fallbrook, CA 92028  
This business is conducted by an Individual  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/24/19  
**LEGAL: 4905**  
**PUBLISHED: January 31, February 7, 14, 21, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9000679  
Name of Business  
**JENNYFACE**  
1360 Hodges Road, Oceanside, CA 92056  
County: San Diego  
This business is registered by the following:  
Jennifer Lynn Fitzpatrick, 1360 Hodges Road, Oceanside, CA 92056  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 01/01/2018  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/09/19  
**LEGAL: 4906**  
**PUBLISHED: January 31, February 7, 14, 21, 2019**

NOTICE OF TRUSTEE'S SALE T.S. No.: 18-01656 Loan No.: \*\*\*\*173 APN: 102-570-51-00 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 07/14/2017 AND MORE FULLY DESCRIBED BELOW. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check payable at the time of sale in lawful money of the United States (payable to Attorney Lender Services, Inc.) will be held by the duly appointed Trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: ELENA MICHELLE DORSHA, A MARRIED WOMAN, AS HER SOLE AND SEPARATE PROPERTY Trustee: ATTORNEY LENDER SERVICES, INC. Recorded 07/17/2017 as Instrument No. 2017-0320448 of Official Records in the office of the Recorder of SAN DIEGO County, California, Date of Sale: 03/11/2019 at 10:00AM Place of Sale: At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 Estimated amount of unpaid balance and other charges: \$353,497.55 estimated - as of date of first publication of this Notice of Sale The purported property address is: 4287 ROSA RANCHO LN FALLBROOK, CA 92028 A.P.N.: 102-570-51-00 The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county wherein the real property is located and more than three (3) months have elapsed since such recordation. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Trustee's Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (916) 939-0772 for information regarding the trustee's sale or visit this Internet Web site [www.nationwideposting.com](http://www.nationwideposting.com) for information regarding the sale of this property, using the file number assigned to this case, 18-01656. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 01/28/2019 ATTORNEY LENDER SERVICES, INC. KAREN TALAFUS, TRUSTEE SALE OFFICER 5120 E. LaPalma Avenue, #209 Anaheim, CA 92807 Telephone: 714-695-6637 Sales Line: (916) 939-0772 Sales Website: [www.nationwideposting.com](http://www.nationwideposting.com) This office is attempting to collect a debt and any information obtained will be used for that purpose. NPP0348483 To: VILLAGE NEWS INC 02/14/2019, 02/21/2019, 02/28/2019

NOTICE OF TRUSTEE'S SALE TS No. CA-17-774867-BF Order No.: 170253548-CA-VOI YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 10/12/2015. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): **MANUEL R GOMEZ, A MARRIED MAN, AS HIS SOLE AND SEPARATE PROPERTY** Recorded: **10/16/2015** as Instrument No. **2015-0544032** of Official Records in the office of the Recorder of **SAN DIEGO** County, California; Date of Sale: **3/15/2019 at 9:00 AM** Place of Sale: **At the Entrance of the East County Regional Center, 250 E. Main Street, El Cajon, CA 92020** Amount of unpaid balance and other charges: **\$351,296.02** The purported property address is: **629 ONLEY DR, VISTA, CA 92083** Assessor's Parcel No.: **163-081-07-00 NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call **800-280-2832** for information regarding the trustee's sale or visit this Internet Web site <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: **CA-17-774867-BF.** Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: **Quality Loan Service Corporation 2763 Camino Del Rio South San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 800-280-2832 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318** Quality Loan Service Corp. TS No.: **CA-17-774867-BF** IDSPub #0150165 2/14/2019 2/21/2019 2/28/2019

TSG No.: 180335076 TS No.: CA1800283921 FHA/VA/PMI No.: APN: 217-180-51-00 Property Address: 2654 OLEANDER AVENUE VISTA, CA 92081 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 07/21/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 03/20/2019 at 10:00 A.M., First American Title Insurance Company, as duly appointed Trustee under and pursuant to Deed of Trust recorded 07/27/2006, as Instrument No. 2006-0532162, in book , page , of Official Records in the office of the County Recorder of SAN DIEGO County, State of California. Executed by: SANDRA HEIBERGER, AN UNMARRIED MAN, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (Payable at time of sale in lawful money of the United States) At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED IN THE ABOVE MENTIONED DEED OF TRUST APN# 217-180-51-00 The street address and other common designation, if any, of the real property described above is purported to be: 2654 OLEANDER AVENUE, VISTA, CA 92081 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$113,053.57. The beneficiary under said Deed of Trust has deposited all documents evidencing the obligations secured by the Deed of Trust and has declared all sums secured thereby immediately due and payable, and has caused a written Notice of Default and Election to Sell to be executed. The undersigned caused said Notice of Default and Election to Sell to be recorded in the County where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call (916)939-0772 or visit this Internet Web <http://search.nationwideposting.com/propertySearchTerms.aspx>, using the file number assigned to this case CA1800283921 Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. Date: First American Title Insurance Company 4795 Regent Blvd, Mail Code 1011-F Irving, TX 75063 First American Title Insurance Company MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE. FOR TRUSTEES SALE INFORMATION PLEASE CALL (916)939-0772 NPP0348223 To: VILLAGE NEWS INC 02/21/2019, 02/28/2019, 03/07/2019



Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 37-2019-00001907-CU-PT-NC  
TO ALL INTERESTED PERSONS

Petitioner:  
**URSULA DUARTE BONI** filed a petition with this court for a decree changing names as follows:  
Present Name:  
**GIA MARIE ARIZMENDI**  
Proposed Name:  
**GIA MARIE DUARTE BONI**

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
**NOTICE OF HEARING**  
Date: 3/12/19 Time: 8:00 a.m. Dept: 23  
The address of the court is 325 South Melrose Dr., Vista, CA 92081  
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News  
Date: JAN 11, 2019 Signed: SIM von KALINOWSKI, Judge of the Superior Court.  
**LEGAL: 4907**  
**PUBLISHED: January 31, February 7, 14, 21, 2019**

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 37-2018-00065479-CU-PT-CTL  
TO ALL INTERESTED PERSONS

Petitioner:  
**ALEJANDRA SAYAKA VILLANUEVA** filed a petition with this court for a decree changing names as follows:  
Present Name:  
**ALEJANDRA SAYAKA VILLANUEVA**  
Proposed Name:  
**ALEXANDRA SAYAKA LINARES**

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
**NOTICE OF HEARING**  
Date: 2/28/2019 Time: 9:00 a.m. Dept: 903  
The address of the court is 1100 Union Street, San Diego, CA 92101  
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News  
Date: Dec. 28, 2018 Signed: Peter C. Deddeh, Judge of the Superior Court.  
**LEGAL: 4875**  
**PUBLISHED: January 31, February 7, 14, 21, 2019**

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 37-2019-00005433-CU-PT-CTL  
TO ALL INTERESTED PERSONS

Petitioner:  
**HEE JUN PARK and SO YOUNG KIM on behalf of minor child** filed a petition with this court for a decree changing names as follows:  
Present Name:  
**SANGHYUN PARK**  
Proposed Name:  
**BENJAMIN SANGHYUN PARK**

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
**NOTICE OF HEARING**  
Date: MAR 21, 2019 Time: 9:00 a.m. Dept: 903  
The address of the court is 1100 Union Street, San Diego, CA 92101  
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News  
Date: JAN 29, 2019 Signed: Peter C. Deddeh, Judge of the Superior Court.  
**LEGAL: 4913**  
**PUBLISHED: February 7, 14, 21, 28, 2019**

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 37-2019-00002757-CU-PT-NC  
TO ALL INTERESTED PERSONS

Petitioner:  
**ALFARO** filed a petition with this court for a decree changing names as follows:  
Present Name:  
**EVONIE ARIEL ALFARO**  
Proposed Name:  
**EVONIE ARIELLE ALFARO**

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
**NOTICE OF HEARING**  
Date: MAR 19, 2019 Time: 8:30 a.m. Dept: 23  
The address of the court is North County Division, 325 South Melrose Drive, Vista, CA 92081-6827  
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News  
Date: JAN 16, 2019 Signed: Sim von Kalinowski, Judge of the Superior Court.  
**LEGAL: 4923**  
**PUBLISHED: February 14, 21, 28, March 7, 2019**

Sprint is proposing to modify an existing wireless telecommunications installation on an existing structure located at 1907 Carriage Lane, Fallbrook, San Diego County, CA. The modification will consist of the collocation of antennas at approximately 15 feet above ground level (measured to the top of the antennas) on the 9 foot tall CMU/retaining wall enclosure. Any interested party wishing to submit comments regarding the potential effects the proposed facility may have on any historic property may do so by sending such comments to: Project 6118011018 - SBT EBI Consulting, 6876 Susquehanna Trail South, York, PA 17403, or via telephone at (248) 390-9151.  
Published February 21, 2019

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 37-2019-00008640-CU-PT-NC  
TO ALL INTERESTED PERSONS

Petitioner:  
**ELISABETH HARTIG-LENTULO** filed a petition with this court for a decree changing names as follows:  
Present Name:  
**ELISABETH HARTIG-LENTULO**  
Proposed Name:  
**ELISABETH HARTIG LENTULO**

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
**NOTICE OF HEARING**  
Date: 04/16/2019 Time: 8:30 a.m. Dept: 23  
The address of the court is North County Regional Center, 325 South Melrose Drive, Vista, CA 92081  
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News  
Date: FEB 15, 2019 Signed: Sim von Kalinowski, Judge of the Superior Court.  
**LEGAL: 4932**  
**PUBLISHED: February 21, 28, March 7, 14, 2019**

Notice of Sale

NOTICE OF SALE OF ABANDONED PERSONAL PROPERTY

Notice is given that pursuant to sections 21701-21715 of the Business and Professions Code, Section 2328 of the commercial code, Section 535 of the Penal Code, Brandon Street Mini Storage, 307 N. Brandon Rd, Fallbrook, Ca, will sell by competitive bidding on or after Friday, March 8, 2019, 12:30 pm.  
The auction is to be held at above address. Property stored and to be sold can be, but not limited to: miscellaneous household goods, furniture, major appliances, personal items and clothing, possible collectables/antiques, miscellaneous, etc. belonging to the following:  
  
Tenant Name  
Ared Amezquita  
Mark Jesina  
Victor Lucero  
Jose Morales  
Mary Nichols  
Raul Pascual  
Jennifer Shelton  
  
West Coast Auctions  
State License No. 137857  
(760)724-0423  
  
**Published February 21 and 28, 2019**

NOTICE OF TRUSTEE'S SALE UNDER DEED OF TRUST Loan No.: 12012 - MURRA RESS Order No.: 76266 A.P. NUMBER 125-080-17-00 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 05/31/2012, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NOTICE IS HEREBY GIVEN, that on 03/04/2019, at 10:00AM of said day, At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020, RESS Financial Corporation, a California corporation, as duly appointed Trustee under and pursuant to the power of sale conferred in that certain Deed of Trust executed by HERMINE MURRA, A SINGLE WOMAN recorded on 06/26/2012, in Official Records of SAN DIEGO County, as Recorder's Instrument No. 2012-0369444, by reason of a breach or default in payment or performance of the obligations secured thereby, including that breach or default, Notice of which was recorded 08/22/2017 as Recorder's Instrument No. 2017-0382613, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH, lawful money of the United States, evidenced by a Cashier's Check drawn on a state or national bank, or the equivalent thereof drawn on any other financial institution specified in section 5102 of the California Financial Code, authorized to do business in the State of California, ALL PAYABLE AT THE TIME OF SALE, all right, title and interest held by it as Trustee, in that real property situated in said County and State, described as follows: See Exhibit A attached for complete Legal Description. EXHIBIT A – RESS 76266 All that certain real property situated in the County of San Diego, State of California, described as follows: Parcel A: Parcel 4 of Parcel Map 10067, in the County of San Diego, State of California, filed in the Office of the County Recorder of San Diego County, May 29, 1980 as file no. 80-173992 of Official Records. Excepting therefrom that portion conveyed to the State of California in Deed recorded October 20, 1997 as file no. 1997-0523444 and lying Southeasterly of course "(6)" through "(8)" of the following described line: Beginning at a point on the Westerly boundary of Tract A of Rancho Monserate, distant North 09°13'06" West, 52.64 feet from a concrete nail and disk stamped "RCE 8195", as shown on Map 6526, recorded October 27, 1969 in the Office of said County Recorder as File No. 197454 of Official Records, said concrete nail also being at the centerline of State Highway 11-SD-76, thence (1) leaving said Westerly boundary North 31°21'49" East, 276.46 feet thence, (2) North 32°03'45" East, 95.93 feet; thence, (3) North 22°29'15" East, 66.51 feet thence, (4) North 08°14'34" East, 71.38 feet thence, (5) North 22°22'38" East, 249.43 feet thence (6) North 39°15'28" East 181.18 feet thence (7) North 41°39'49" East 110.13 feet to the Northerly sideline of an existing irrevocable offer to dedicate real property for roadway purposes thence (8) along said sideline North 30°46'13" East, 44.13 feet, to the beginning of a curve concave Southerly, having a radius of 1462.92 feet thence, (9) Easterly along said curve a distance of 403.40 feet, through a central angle of 15°47'16", to the point of terminus in the Northerly boundary of the Parcel shown on Parcel Map No. 709, recorded December 15, 1938 in the Office of said County Recorder as File No. 68499 of Official Records, a radial to said point bears North 43°26'31" West, said point being distant along said boundary North 89°27'36" West, 348.15 feet from a 1" steel pin accepted as the Northeast corner of said Parcel. Parcel B: An easement and right of way for road and public utility purposes over, under, along and across the Easterly 40 feet of Parcels 2 and 4 of Parcel Map No. 10187, in the County of San Diego, State of California, filed in the Office of the County Recorder of San Diego County, July 3, 1980 as file no. 80-211463 of Official Records. Parcel C: An easement and right of way for ingress and egress for road and public utility purposes over, under, along and across that portion of Parcels 3 and 4 of Parcel Map No. 10187, in the County of San Diego, State of California, July 3, 1980 as file no. 80-211463 of Official Records, lying within a strip of land 40 feet in width, the Southeasterly line of said 40 foot strip being described as follows: Beginning at the most Easterly corner of said Parcel 4 herein described being a point on the arc of a 949 foot radius curve, concave Northwesterly; thence Southwesterly along the arc of said curve and along the boundary of said Parcels 4 and 3 herein described through a central angle of 9°22'57" a distance of 155.40 feet; thence tangent to said curve South 44°36'20" West, 280.00 feet. Parcel D: An easement for water line purposes and appurtenances thereto over, under, along and across that Easterly 3 feet of Parcels 2 and 4 of Parcel Map No. 10187, in the County of San Diego, State of California, filed in the Office of the County Recorder of San Diego County, July 3, 1980 as file no. 80-211463 of Official Records. Parcel E: An easement for water line purposes and appurtenances thereto over, under, along and across that portion of Parcels 3 and 4 of Parcel Map No. 10187, in the County of San Diego, State of California, filed in the Office of the County Recorder of San Diego County July 3, 1980, as file no. 80-211463 of Official Records, lying within a strip of land 3 feet in width the Southeasterly line of said 3 foot strip of land being described as follows: Beginning at the most Easterly corner of said Parcel 4 herein described, being a point on the arc of a 949 foot radius curve, concave Northwesterly; thence Southwesterly along the arc of said curve and along the boundary of said Parcels 4 and 3 herein described through a central angle of 9°22'57" a distance of 155.40 feet; thence tangent to said curve South 44°36'20" West 280.00 feet. The street address and other common designation of the real property hereinabove described is purported to be: SAID LAND HAS NO KNOWN STREET ADDRESS OR OTHER COMMON DESIGNATION. Directions thereto may be obtained by making written inquiry of the undersigned within 10 days of the initial date of publication of this Notice. Requests MUST contain the RESS Order No. shown hereon. Said sale will be made without warranty, express or implied regarding title, possession, or other encumbrances, to satisfy the unpaid obligations secured by said Deed of Trust, with interest and other sums as provided therein; plus advances, if any, thereunder and interest thereon; and plus fees, charges, and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of said obligations at the time of initial publication of this Notice is \$112,059.23. In the event that the deed of trust described in this Notice of Trustee's Sale is secured by real property containing from one to four single-family residences, the following notices are provided pursuant to the provisions of Civil Code section 2924f: NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee's sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this Internet Web site www.nationwideposting.com, using the file number assigned to this case 76266. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not be immediately reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Dated: 01/29/2019 RESS Financial Corporation, a California corporation 1780 Town and Country Drive, Suite 105, Norco, CA 92860-3618 (951) 270-0164 By: BRUCE R. BEASLEY, PRESIDENT 1780 Town and Country Drive, Suite 105, Norco, CA 92860-3618 (SEAL) Tel: (951) 270-0164 or (800)343-7377 FAX: (951)270-2673 Trustee's Sale Information (916) 939-0772 or www.nationwideposting.com NPP0348216 To: VILLAGE NEWS INC 02/07/2019, 02/14/2019, 02/21/2019

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9002140

Name of Business  
**KRAKEN BARBER TRADE & COMPANY**  
173 Harrison St., Oceanside, CA 92057  
County: San Diego  
This business is registered by the following:  
a. Marcos Cardona, 173 Harrison St., Oceanside, CA 92057  
b. Corinne Jasmine Cardona, 173 Harrison St., Oceanside, CA 92057  
This business is conducted by a Married Couple  
Registrant first commenced to transact business under the above name on 01/24/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/24/19  
**LEGAL: 4909**  
**PUBLISHED: February 7, 14, 21, 28, 2019**

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9002731

Name of Business  
**NEWELL TECHNOLOGIES**  
199 Bluff Post Rd, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
a. Patricia Newell, 199 Bluff Post Rd, Fallbrook, CA 92028  
b. Dennis Newell, 199 Bluff Post Rd, Fallbrook, CA 92028  
This business is conducted by a Married Couple  
Registrant first commenced to transact business under the above name on 09/16/2011  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/30/19  
**LEGAL: 4910**  
**PUBLISHED: February 7, 14, 21, 28, 2019**

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9001815

Name of Business  
**ELEGANTIQUE**  
10220 Valley Waters Dr., Spring Valley, CA 91978  
County: San Diego  
This business is registered by the following:  
Farah Shamoun, 10220 Valley Waters Dr., Spring Valley, CA 91978  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 10/01/2018  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/22/19  
**LEGAL: 4911**  
**PUBLISHED: February 7, 14, 21, 28, 2019**

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9002914

Name of Business  
**FALLBROOK AUDIO**  
31226 Old River Road, Bonsall, CA 92003  
Mailing address: P.O. Box 1513. Bonsall, CA 92003  
County: San Diego  
This business is registered by the following:  
Fallbrook Audio LLC, 31226 Old River Road, Bonsall, CA 92003  
This business is conducted by a Limited Liability Company  
This LLC is located in the state of California  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 02/01/19  
**LEGAL: 4912**  
**PUBLISHED: February 7, 14, 21, 28, 2019**

NOTICE OF TRUSTEE'S SALE. APN: 147-075-08-00. Batch ID: Foreclosure HOA 83113-0P66-HOA. YOU ARE IN DEFAULT UNDER A NOTICE OF DELINQUENT ASSESSMENT UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Date of Sale: 03/06/2019 at 10:00 AM Place of Sale: AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY THE STATUE, 250 E. MAIN ST., EL CAJON, CA 92020. NOTICE is hereby given that First American Title Insurance Company, a Nebraska Corporation, 1 First American Way, Santa Ana, CA in care of: 400 S. Rampart Blvd, #290 Las Vegas, NV 89145 – Phone: (800) 251-8736, duly appointed Trustee under Notice of Delinquent Assessment (NDA") and pursuant to Notice of Default and Election to Sell ("NOD"), will sell at public auction for cash, lawful money of the United States of America, (a cashier's check payable to said Trustee drawn on a state or national bank, a state or federal credit union, or a state or federal savings and loan association, or savings bank as specified in section 5102 of the Financial Code and authorized to do business in this state) all right, title and interest now held under said NDA, to wit: Multiple Timeshare Estates as shown as Legal Description Variables on Schedule "1" (as described in the Declaration recorded on 08/02/2006 as Instrument No. 2006-0547090 as amended) located at 333 N Myers St, Oceanside, CA, 92054 with APN shown herein. The Trustee disclaims any liability for any incorrectness of the street address shown herein. All recording references contained herein and on Schedule "1" attached hereto are in the County of San Diego, California. Said sale will be made, without covenant or warranty, expressed or implied, as to title, possession, or encumbrances, to pay the remaining principal sum due under said NDA, plus accrued interest thereon to the date of sale, estimated fees, charges, as shown in sum due on Schedule "1" together with estimated expenses of the Trustee in the amount of \$600.00. The claimant, Oceanside Vacation Owners Association, Inc., a California nonprofit mutual benefit corporation, under NDA delivered to Trustee a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. Dated: February 7, 2019. First American Title Insurance Company, a Nebraska Corporation. SCHEDULE "1": NOD RECORDING DATE AND REFERENCE: 11/02/2018; 11/02/2018: 84180465112, LIEN RECORDING DATE AND REFERENCE: 11/02/2018; Inst: 20180465100. Contract No., Legal Description Variables, Owner(s), Sum Due; 1120603741, POINTS: 168000, FREQUENCY: Odd, UNDIVIDED INTEREST: 84000/647452000, ALICE NAVA and MOISES NAVA, \$628.25; 1230701468, POINTS: 168000, FREQUENCY: Odd, UNDIVIDED INTEREST: 84000/647452000, SUZETTE L. KELLEY, \$627.27; 1230713471, POINTS: 168000, FREQUENCY: Even, UNDIVIDED INTEREST: 84000/785316000, JOYCE JONES and DAVID JONES, \$628.25; 1230817629, POINTS: 168000, FREQUENCY: Odd, UNDIVIDED INTEREST: 84000/785316000, ALAN MUMMERT and KATHY OWENS MUMMERT, \$595.70; 410640106, POINTS: 157500, FREQUENCY: Annual, UNDIVIDED INTEREST: 157500/647452000, BRIAN C WILLIAMS, \$869.06; 410733141, POINTS: 175000, FREQUENCY: Odd, UNDIVIDED INTEREST: 87500/785316000, SHERRY WHITE and KENNETH C WHITE, \$721.08; 411109325, POINTS: 77000, FREQUENCY: Annual, UNDIVIDED INTEREST: 77000/647452000, WILLIAM M. MEYERS, \$752.65; 430906636, POINTS: 605000, FREQUENCY: Annual, UNDIVIDED INTEREST: 605000/785316000, BEVERLEY J SCHLAPPER, \$3,345.56; 570702936, POINTS: 210000, FREQUENCY: Even, UNDIVIDED INTEREST: 105000/647452000, JACK SHACKELFORD and TERESA SHACKELFORD, \$865.35; 580710945, POINTS: 168000, FREQUENCY: Even, UNDIVIDED INTEREST: 84000/785316000, TIMESHARE TRADE INS, LLC, \$627.27; 731212262, POINTS: 210000, FREQUENCY: Odd, UNDIVIDED INTEREST: 105000/647452000, LETICIA KOLLGAARD, \$701.40; 731307633, POINTS: 605000, FREQUENCY: Annual, UNDIVIDED INTEREST: 605000/647452000, BETTY NIELSEN and PATTI BLANKENBECKLER, \$2,400.78; 731403374, POINTS: 210000, FREQUENCY: Annual, UNDIVIDED INTEREST: 210000/647452000, KATHY STRAHORN, \$1,242.60. Published 2/14/2019, 2/21/2019, 2/28/2019

TSG No.: 8703154 TS No.: CA1700279565 FHA/VA/PMI No.: APN: 218-302-18-00 Property Address: 838 BLACKBERRY COURT SAN MARCOS, CA 92069 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 10/06/2005, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 02/27/2019 at 10:00 A.M., First American Title Insurance Company, as duly appointed Trustee under and pursuant to Deed of Trust recorded 10/17/2005, as Instrument No. 2005-0893888, in book , page , of Official Records in the office of the County Recorder of SAN DIEGO County, State of California. Executed by: REBECCA H. MURRAY AN UNMARRIED WOMAN, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (Payable at time of sale in lawful money of the United States) At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED IN THE ABOVE MENTIONED DEED OF TRUST APN# 218-302-18-00 The street address and other common designation, if any, of the real property described above is purported to be: 838 BLACKBERRY COURT, SAN MARCOS, CA 92069 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$15,526.63. The beneficiary under said Deed of Trust has deposited all documents evidencing the obligations secured by the Deed of Trust and has declared all sums secured thereby immediately due and payable, and has caused a written Notice of Default and Election to Sell to be executed. The undersigned caused said Notice of Default and Election to Sell to be recorded in the County where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call (916)939-0772 or visit this Internet Web http://search.nationwideposting.com/property/SearchTerms.aspx, using the file number assigned to this case CA1700279565. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. Date: First American Title Insurance Company 4795 Regent Blvd, Mail Code 1011-F Irving, TX 75063 First American Title Insurance Company MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE. FOR TRUSTEES SALE INFORMATION PLEASE CALL (916)939-0772NPP0348256 To: VILLAGE NEWS INC 02/07/2019, 02/14/2019, 02/21/2019

APN: 217-011-43-43 TS No.: CA08000759-18-1 TO No.: 180438525-CA-VOI NOTICE OF TRUSTEE'S SALE (The above statement is made pursuant to CA Civil Code Section 2923.3(d) (1). The Summary will be provided to Trustor(s) and/or vested owner(s) only, pursuant to CA Civil Code Section 2923.3(d)(2).) YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED October 12, 2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On March 13, 2019 at 10:00 AM, at the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA 92020, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust recorded on October 18, 2004 as Instrument No. 2004-0986378, and that said Deed of Trust was modified by Modification Agreement and recorded November 10, 2009 as Instrument Number 2009-0626331, of official records in the Office of the Recorder of San Diego County, California, executed by LISA A. GAETA, AN UNMARRIED WOMAN, as Trustor(s), in favor of FIRST FEDERAL BANK OF CALIFORNIA as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 1067 SHADOWRIDGE DRIVE #43, VISTA, CA 92081 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$166,603.57 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call In Source Logic at 702-659-7766 for information regarding the Trustee's Sale or visit the Internet Web site address listed below for information regarding the sale of this property, using the file number assigned to this case, CA08000759-18-1. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: February 6, 2019 MTC Financial Inc. dba Trustee Corps TS No. CA08000759-18-1 17100 Gillette Ave Irvine, CA 92614 Phone: 949-252-8300 TDD: 866-660-4288 Myron Ravelo, Authorized Signatory SALE INFORMATION CAN BE OBTAINED ON LINE AT www.insourcelogic.com FOR AUTOMATED SALES INFORMATION PLEASE CALL: In Source Logic AT 702-659-7766 Trustee Corps may be acting as a debt collector attempting to collect a debt. Any information obtained may be used for that purpose.ISL Number 56258, Pub Dates: 02/21/2019, 02/28/2019, 03/07/2019, VILLAGE NEWS





2019  
SUBARU  
**IMPREZA**  
2.0i

\$99

Per Month  
Lease + Tax\*

or as low as

0.9%

Financing for up to 48 months\*\*  
On select models.

\*Lease: \$3,999 total due at Signing, 36 months, 10k miles per year, \$0 security deposit, 2.0i model, code KJA-01 for well qualified applicants only, Tier 1. \*\*Financing: Well qualified applicants only, Tier 1 and 2. Cannot be combined with any other incentive. See dealer for full details. Offer expires 1/31/19.

2019  
SUBARU  
**LEGACY**  
2.5i

\$149

Per Month  
Lease + Tax\*

or as low as

0.0%

Financing for up to 36 months\*\*  
On select models.

\*Lease: \$3,999 total due at Signing, 36 months, 10k miles per year, \$0 security deposit, 2.5i model, code KAB-01 for well qualified applicants only, Tier 1 and 2. \*\*Financing: Well qualified applicants only, Tier 1 and 2. Cannot be combined with any other incentive. See dealer for full details. Offer expires 1/31/19.

2019  
SUBARU  
**CROSSTREK**  
2.0i

\$149

Per Month  
Lease + Tax\*

or as low as

3.49%

Financing for up to 63 months\*\*  
On select models.

\*Lease: \$3,999 total due at Signing, 36 months, 10k miles per year, \$0 security deposit, 2.0i 5MT model, code KRA-01 for well qualified applicants only, Tier 1. \*\*Financing: Well qualified applicants only, Tier 1 and 2. Cannot be combined with any other incentive. See dealer for full details. Offer expires 1/31/19.

2019  
SUBARU  
**OUTBACK**  
2.5i

\$199

Per Month  
Lease + Tax\*

or as low as

0.0%

Financing for up to 36 months\*\*  
On select models.

\*Lease: \$3,999 total due at Signing, 36 months, 10k miles per year, \$0 security deposit, 2.5i model, code KDB-01 for well qualified applicants only, Tier 1. \*\*Financing: Well qualified applicants only, Tier 1 and 2. Cannot be combined with any other incentive. See dealer for full details. Offer expires 1/31/19.

2019  
SUBARU  
**FORESTER**

\$255

Per Month  
Lease + Tax\*

or as low as

3.49%

Financing for up to 63 months\*\*  
On select models.

\*Lease: \$1,755 total due at Signing, 36 months, 10k miles per year, \$0 security deposit, 2.5i model, code KFB-01 for well qualified applicants only, Tier 1 and 2. \*\*Financing: Well qualified applicants only, Tier 1 and 2. Cannot be combined with any other incentive. See dealer for full details. Offer expires 1/31/19.

THE ALL-NEW  
2019 SUBARU  
**ASCENT**

\$299

Per Month  
Lease + Tax\*

or as low as

3.49%

Financing for up to 63 months\*\*  
On select models.

\*Lease: \$3,999 total due at Signing, 36 months, 10k miles per year, \$0 security deposit, 2.5i model, code KCA-01 for well qualified applicants only, Tier 1 and 2. \*\*Financing: Well qualified applicants only, Tier 1 and 2. Cannot be combined with any other incentive. See dealer for full details. Offer expires 1/31/19.

**JOHN HINE TEMECULA SUBARU**  
42050 DLR DR AT YNEZ ROAD, TEMECULA AUTO MALL  
**(951) 553-2000**

I Got Mine at  
**HINE**  
TemeculaSubaru.com

**SUBARU**  
Confidence in Motion

All advertised prices exclude government fees, taxes and finance charges, any dealer document processing charge, any electronic filing charge and any emission testing charge.  
\*Purchase or lease any new (previously untitled) Subaru and receive a complimentary factory scheduled maintenance plan for 2 years or 24,000 miles (whichever comes first.) See Subaru Added Security Maintenance Plan for intervals, coverages and limitations. Customer must take delivery before 12/31/19 and reside within the promotional area. At participating dealers only. See dealer for program details and eligibility.

**Maintain the Love**  
COMPLIMENTARY MAINTENANCE\*

CELEBRATING DESIGN AND PERFORMANCE

PRESIDENTS DAY EVENT

2018 MAZDA3

2019 MAZDA CX-5

2019 MAZDA CX-9

**2018 MAZDA3** Sport Sedan

FINANCING AS LOW AS

1.9%

UP TO 60 MONTHS

OR

\$99

PER MONTH PLUS TAX  
36 MO. LEASE

Includes \$1,000 Customer Cash & \$1,000 Bonus Customer Cash  
In lieu of financing and lease offers

1.9% Financing for up to 60 months. On approved credit. Not all buyers will qualify for lowest rate. Or lease for \$99 per month for 36 months with \$3749 down. 10k miles per year, .15 per mile excess mile fee, plus tax, title, fees. First month payment due at signing. All 2018 Mazda3 Sedan with MSRP \$20,040. Vehicle must be taken from dealer's in-stock inventory. Based on dealer's local zip code of 92591. Stock #15449. See John Hine Temecula Mazda for complete details. Must take delivery by 2/28/19.

**2018 MAZDA3** Sport Hatchback

PURCHASE FOR

\$15,999

msrp \$21,285

SAVE OVER

\$5,000

Includes \$2000 Customer Rebate & \$1000 Bonus Cash  
and \$2,286 John Hine Temecula Mazda Discount in lieu of Financing & Lease Offers

Includes \$2286 Dealer Discount and \$2000 Customer Rebate Plus \$1000 Bonus Customer Cash; In Lieu of Special Financing and Discounted APR. Vehicle must be taken from dealer's in-stock inventory. Based on dealer's local zip code of 92591. Stock #14646. See John Hine Temecula Mazda for complete details. One at this price. Must take delivery by 2/28/19.

**2019 MAZDA CX-5** Sport

FINANCING AS LOW AS

3.49%

UP TO 60 MONTHS

OR

\$199

PER MONTH PLUS TAX  
36 MO. LEASE

OR \$500 Customer Cash in lieu of Financing & Lease Offers  
Excludes GT Reserve & Signature Trim

3.49% Financing for up to 60 months. On approved credit. Not all buyers will qualify for lowest rate. Or lease for \$199 per month for 36 months with \$3849 down. 10k miles per year, .15 per mile excess mile fee, plus tax, title, fees. First month payment due at signing. All 2019 Mazda CX-5 Sport with MSRP \$25,545. Vehicle must be taken from dealer's in-stock inventory. Based on dealer's local zip code of 92591. Stock #15382. See John Hine Temecula Mazda for complete details. Must take delivery by 2/28/19.

**JOHN HINE TEMECULA MAZDA**  
42050 DLR DR AT YNEZ ROAD, TEMECULA AUTO MALL  
**(877) 805-9112**

I GOT MINE AT  
**HINE**  
TEMECULAMAZDA.COM

**mazda**



# Fallbrook & Bonsall VILLAGE NEWS

Section C

ALSO SERVING THE COMMUNITIES OF DE LUZ, RAINBOW, CAMP PENDLETON, PALA, AND PAUMA

February 21, 2019

www.VillageNews.com

Volume 23, Issue 8

## New REINS bridge weathers storm, holds strong for ‘Ribbon Cutting Ceremony’

FALLBROOK – REINS Therapeutic Horsemanship Program held a “Ribbon Cutting Ceremony” for their new steel bridge Sunday, Feb. 17. The new bridge came just in time to weather the most recent rainstorm that hit Fallbrook with over 5 inches of rain.

Water poured over the bridge during the flooding of the creek off South Mission Road last Thursday. The new steel plates and reinforced structure were able to endure the force of the sweeping rapids.

Bridge benefactors, friends, staff and supporters gathered Sunday to commemorate the new bridge.

“We couldn’t have had this project completed without the help of our entire community. Our facility has been built by local supporters and donations and I couldn’t be more proud,” Debbie Shinner, the REINS executive director, said.

REINS is a nonprofit organization in Fallbrook that provides physical and emotional therapy through horseback riding to a wide range

of disabled children and adults.

The campaign for the new bridge was completed with the help of supporters who gave their time, talents and treasures. Las Patronas and Crevier Family Foundation provided the initial grant funding to support the project.

Donegan Burns Foundation held a matching campaign at the REINS 22nd “Country Hoedown” where attendees of the event raised the remaining necessary funds for the bridge in a live “Text2Give” Campaign.

Construction of the bridge was no easy undertaking. To ensure the future stability of the bridge, large steel plates were brought in by cranes to reinforce the surface of the bridge.

Betz Concrete Inc., Lou Riddle Construction, Marcon Concrete, Dixieline lumber, El Camino Forklift and Wever Fabrication all contributed with donations of labor and materials.

REINS board President Jim Betz said, “It’s the magic of REINS, and I’m proud and honored to be a part of it!



REINS Therapeutic Horsemanship Program members, supporters and benefactors cut a ribbon in celebration of the completion of the facility’s new bridge, Feb. 17. Shane Gibson and Courtesy photos



The old deteriorating wood bridge has been resurfaced with steel plates and new railing funded by a number of benefactors who support REINS services.



REINS Therapeutic Horsemanship Program nonprofit in Fallbrook celebrate the completion of the new construction of their bridge that motorists use to enter and exit their horse riding facility.



REINS Therapeutic Horsemanship Program supporters stand on the bridge and look over at the creek that runs along the REINS Therapeutic Horsemanship Program facility in Fallbrook during a gathering to celebrate the bridge’s construction completion.



REINS Therapeutic Horsemanship Program supporters gather to celebrate the completion of the new bridge construction in Fallbrook.



Debbie Shinner, the executive director of REINS Therapeutic Horsemanship Program, speaks in celebration and gratitude for the completion of the new bridge construction for the horse riding facility in Fallbrook, Feb. 17.



REINS Therapeutic Horsemanship Program nonprofit in Fallbrook celebrate the completion of the new construction of their bridge that motorists use to enter and exit their facility for a very long period of time.



Jim Betz, the REINS board president and owner of Betz Concrete, led the construction of the new bridge at the REINS Therapeutic Horsemanship Program facility in Fallbrook.



REAL ESTATE & HOME AND GARDEN

Save Our Forest completes Big Dig 2019



Save Our Forest volunteer Jim Dooley supervises students from William Frazier School, including Elsie Ritchie, from left, in the planting of seedlings at Los Jilgueros Preserve.



Volunteer Susan Liebes help students prepare the ground for planting using the hugelkultur method of layering old wood with native soil to retain moisture and slowly decay, feeding the plants over time.

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Fourteen Save Our Forest volunteers are ready to help students with "The Big Dig," at Los Jilgueros Preserve, from left, Durango, Jim Dooley, Susan Hugg, Terri Garner, Tim O'Leary, Anne Richter, Jackie Heyneman, Warren Wildes, Leticia Stamos, Gary Marske, Nancy Anderson, Kirsten Richardson, Miranda Kennedy, Susan Liebes and Diane Kennedy. Not pictured is Jean Dooley, SOF environmental education coordinator.

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FALLBROOK – Volunteers are what make it happen. Save Our Forest calls it “The Big Dig.” The two-year program that began in 2004 starts at the fourth-grade level in all five Fallbrook Union Elementary School District schools and teaches students more about their community, its rural qualities, how they can help promote conservation and protect the environment.

The students plant young native plants into gallon-sized pots which are grown for a year to gain enough roots system to survive on their own.

The next year the students take a field trip to a preserve where volunteers help them plant them. The fifth-grade students dig in and prepare a site for their plants. Some know how to use the shovel and how to get the plant out of the pot, but some do not. Volunteers are each assigned to work with students in small groups to get the plant off to a good start. This year’s planting was done at Los Jilgueros Preserve on South Mission Road.

The first planting site in 2005 was near Live Oak School in the Biological Preserve immediately west of the school playground at Dallas Street. That year they planted trees in cooperation with San Diego County to vegetate the Open Space Requirement to protect the wetlands adjacent to the a nearby housing development.

Since then, Save Our Forest has added all other in-town schools and partners with the Fallbrook Land Conservancy’s committee, The Native Plant Restoration Team. They use their knowledge and work at the preserves to prepare for the plantings.

Permaculture methods have been implemented as well, including creating swales to capture and sink rainwater and hugelkultur, which involves layering old wood with native soil to retain moisture and slowly decay, feeding the plants over time. This care has improved survival rates tremendously.

The aim for students is to help restore the preserves, which were formerly groves, to native growth.

Submitted by Save Our Forest.

“Hi Michele,

I really appreciate your efforts in our ads, but to be quite frank, we have work scheduled through the Summer and into fall already. What I get now from the Village News is keeping me jumping and not retiring.

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– Tony Raia, Fallbrook Bath & Kitchen

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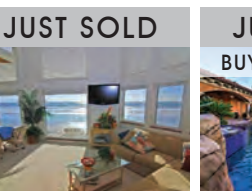
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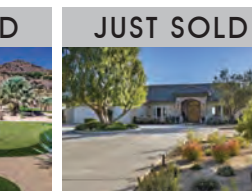
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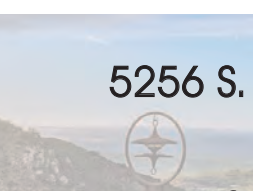
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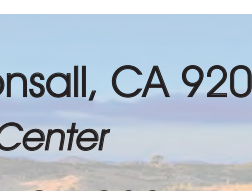
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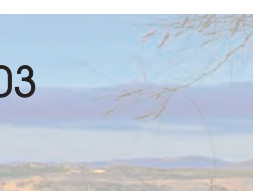
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Real Estate Round-Up:  
Rent stabilization is just a fancy word for rent control



Kim Murphy  
Murphy & Murphy Southern California Real Estate

there aren't enough affordable homes available for purchase, and the circle goes round and round. But "stabilizing" rents, or controlling what a building owner can charge in rent, will simply make matters worse, because it will remove all incentives to build more units. Do you see where I'm going with this?

Developers are not "nonprofit" entities. They are a "for-profit" industry. They want to build homes, condominiums and apartments, but they also want to make money at it. The investors or banks backing them expect them to be profitable.

Imagine if "Apple" was told they could only charge "X" amount for the iPhone? They would stop producing iPhones. They'd create something else that doesn't have restraints on it. Because they are a "for-profit" business, they are motivated to produce more and better technology, and they are permitted to charge whatever the consumer is willing to pay for it. Their stockholders expect that Apple will make a profit. When there is more competition in the mobile phone industry, it makes phones more affordable, not less affordable. Apple keeps their profits up by constantly upgrading the iPhone and charging what the consumer is willing to pay.

Housing, a for-profit business, operates and reacts in the same way. Builders are required to keep up with updated building and environmental standards; they have costs associated with maintenance and repairs; they have state and local taxes and sometimes utilities. Builders will stop building if they are prevented from adjusting rents to cover the costs associated with owning a rental building.

Therefore, less units will be built; some of the existing units will be converted to "for sale" units, and availability will go down. Builders will find something to build that isn't burdened with restrictions. The units remaining might be "affordable," but there will be fewer and fewer of them. Who loses? The renter.

I can hear some people' complaint already, "but housing is different from an iPhone." They're right it is, but they both are part of a for-profit industry, and the way to make housing affordable is to make more of it, not to put restraints on the builders of those homes.

Rent stabilization is a restraint. Existing units will be converted to "for sale" units; new rental units will not be built and rents will increase. Renters will be the big loser.

Next week, I'll tackle the electrification of housing. It sounds illuminating to me.

Until then, stay well, stay dry and stay informed.

Kim Murphy can be reached at kim@murphy-realty.com or (760) 415-9292 or at 130 N. Main Avenue, in Fallbrook. Her broker license is #01229921, and she is on the board of directors for the California Association of Realtors.

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# SDG&E’s 2019 Wildfire Mitigation Plan builds on the past

SAN DIEGO – As conversations about climate change and wildfires continue at the forefront of California policy discussions, San Diego Gas and Electric has developed a comprehensive 2019 Wildfire Mitigation Plan, which is designed to help prevent electric equipment-related fires, improve the resiliency of the regional power grid to withstand extreme weather conditions and enhance the company’s highest priority of keeping customers and the communities it serves safe.

The plan builds upon the wildfire mitigation programs that the utility has been developing and implementing over the past decade. Submitted to the California Public Utilities Commission Feb. 6, in accordance with Senate Bill 901, the plan outlines the ongoing practices and additional improvements the company will undertake beyond the more than \$1 billion in investments that SDG&E has made over the past decade to adapt to the effects of the changing climate and threat of year-round wildfires.

“Every year, climate change presents new risks and challenges that we must prepare for and adapt to,” Caroline Winn, chief operating officer for SDG&E, said. “Our engineers, fire science and climate adaption experts are continuing to develop and implement industry-leading wildfire mitigation tactics to help protect our communities. There is no higher priority for us than the safety of our customers.”

In addition to the actions that SDG&E intends to implement in the plan, the company recognized that state policy makers are actively examining additional solutions to proactively help mitigate wildfire risk throughout the state. SDG&E officials said they looked forward to hearing the recommendations from the governor’s Blue Ribbon Commission and encouraged legislators and policy makers to act with a sense of urgency to continue enabling utilities to strengthen its wildfire mitigation programs for the benefit of all Californians.

SDG&E started aggressive efforts to address climate change and enhance power grid resiliency 10 years ago when rising temperatures, prolonged droughts and severe weather patterns began correlating with the increasing frequency and severity of wildfires.

SDG&E’s approach in managing the risk of its electrical infrastructure causing a wildfire is three-pronged and focuses on, but is not limited to, ongoing efforts. In operations and engineering, the utility has built and operated a fire-safety system with system hardening including upgrading wood poles to fire-resistant steel poles. More than 14,000 poles have been upgraded in the high-risk, fire-prone areas.

They are taking an aggressive approach to vegetation management. An inventory of 463,000 trees located near power lines are evaluated on an annual cycle. Before fire season, crews perform multiple annual hazard tree assessments and complete trimming to maintain proper clearance.

A firefighting helitanker has been contracted for the 10th straight year and is available to all fire agencies in San Diego and South Orange counties year-round, with the capacity to drop 2,650 gallons of water. In comparison, that’s equivalent to the amount of water carried by five fire engines.

In situational awareness and weather technology, the utility works to detect, monitor and forecast weather conditions and fire behavior by creating and maintaining its tools and resources.

A network of 177 weather stations – America’s most-granular utility-owned network of its kind – provides readings of wind speed, humidity, and temperature in fire prone areas every 10 minutes. SDG&E’s team of five full-time meteorologists created and uses outage prediction and fire science modeling to help field crews pre-stage staffing and resources ahead of extreme weather and fire conditions.

Sixteen high-definition cameras, which are a part of Alert SDG&E, are mounted on mountaintops help with fire detection by enabling a livestreaming view of the many fire-prone areas.

SDG&E contracts for wildland fire prevention and ignition suppression services to provide fire prevention and ignition mitigation. Additional industrial fire brigades are contracted to be available year-round and are specially trained in fighting fires involving electrical equipment and flammable liquids.

In customer outreach and education, the utility is collaborating with local agencies to help ensure effective outreach and communications to the public is ongoing regarding preparedness.

They work in partnership with a host of regional stakeholders, including elected officials, nonprofit organizations and first responders to maintain a multi-level outreach and education strategy, creating public awareness of fire threats, fire prevention and support during a wildfire or a Public Safety Power Shut Off event.

Responding to requests from the public, nine stationary Community Resource Centers were established in 2018 and serve as locations where impacted communities can go when circuits are shut off in their area for extended Public Safety Power Shutoff events. These centers will provide up-to-date information and basic needs like water, snacks and a place to charge cell phones.

For more information, visit [www.SDGEnews.com](http://www.SDGEnews.com).

Submitted by San Diego Gas and Electric.

# Board votes to request \$125 million to help homeless

Jose A. Alvarez  
County of San Diego  
Communications Office

The San Diego County Board of Supervisors voted Feb. 12, to allow the Health and Human Services Agency apply for and receive about \$125 million to help people with serious mental illness and who are homeless or at risk of losing their home.

The state funds come from the No Place Like Home program that California voters approved in November 2018. The program provides funding to local communities for the development of permanent supportive housing for people in need of mental health services and who are experiencing or are at-risk of homelessness.

“The No Place Like Home program will be used to leverage other funding sources for the development of affordable housing throughout the region,” David Estrella, director of HHSA’s Housing and Community Development Services, said.

The county is eligible to receive an estimated \$125 million in No Place Like Home funding over the next four years for units that will house about 1,100 people. Eligible activities under the No Place Like Home program include acquisition, rehabilitation, new construction and preservation of permanent supportive housing, which is affordable housing coupled with supportive services to ensure the success of its residents.

It is anticipated that the county will assist in the development of 35-40 affordable housing developments, resulting in the creation of approximately 500-600 permanent supportive housing units, the first of which will be ready in the next three to eight years. The county will hire 15 staff for to administer the program.

“If we can get and keep the most vulnerable people in stable housing, we will see improvements in physical wellness and in behavioral health,” Alfredo Aguirre, director of HHSA’s Behavioral Health Services, which will provide a range of services, individualized to the needs of the residents, said.

The services will include outpatient care that incorporates medications and other support services, intensive case management and assertive community treatment, a comprehensive wraparound model of care.

“This collaboration is essential to ensure that residents are successful in attaining and sustaining housing while supporting their wellness and achieving their recovery goals,” Aguirre said.

Supportive housing, typically integrated into larger affordable housing developments, links homeless San Diegans with mental illness to a permanent place to live as a first step toward stability and recovery. In addition to getting a home, supportive housing clients also get mental health services, primary health care, alcohol and drug services and social services.

The county has invested Mental Health Services Act housing funds to provide 282 units of high-quality dedicated supportive housing that are currently leased, with an additional 123 units under development or leasing up, for 407 units. Overall, county Behavioral Health Services has 1,322 partnership units that provide dedicated supportive housing for clients with serious mental illness or substance abuse issues.

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# County’s new ‘granny flat’ fee waiver program offers great benefits and flexibility

**Scott Youngren**  
*Special to the Village News*

I applaud San Diego County’s proactive approach to the housing shortage that affects Fallbrook and all Californians. The San Diego County Board of Supervisors has set aside \$11 million to fund a five-year trial program that offers significant fee waivers that encourage homeowners in unincorporated areas to build an Accessory Dwelling Unit, commonly called a granny flat, on their property. The program makes it feasible for a wide range of families to build. The five years will go quickly, so I advise homeowners to start thinking ahead now.

People often tell me that with single-family home prices on the rise and availability decreasing, they worry their children will not be able to afford to live in the area. As a parent of two children, I share their concerns. Some clients want to build a home so their parents can age in place. As an adult son, I understand. With families striving to stick together and help each other, an accessory dwelling unit is a good option, especially since the program offers multiple incentives and great flexibility, allowing dwelling sizes up to 1,200 square feet.

Homeowners can convert an existing guest house or construct new dwelling. Immediately upon learning about the program, draftsman and designer Dave Henrikson of Youngren Construction, who works closely with the county and knows all the ins and outs of processing, began researching possibilities. In the past, several clients built guest houses without a kitchen to avoid the permit fees associated with a full-fledged granny flat. Those clients can now coordinate with the county to convert these “temporary” dwellings into permanent accessory dwelling units at minimal cost, resulting in increased property values and full use of the owner’s property.

Previously, permitting and related fees added a substantial

amount, so these waivers can turn a prohibitively expensive project into an affordable possibility. Since the county’s program does not place restrictions on usage as some municipalities do, homeowners can rent it out if they choose, making the option even more attractive.

Homeowners who are considering converting a guest house or building a new granny flat should do meticulous research or contact an experienced, full-service contractor to help them navigate the process. They need to be aware from the outset about setback requirements, what fees are waived – among them, plan check, building permit, drainage, Department of Environmental Health septic plan check/permit, Parks and Recreation and Transportation Impact Fee – and what approvals for building and septic need to be obtained. The county waives fees, but retains stringent requirements needed to meet safety standards.

The streamlined program makes the entire construction process far less expensive and more stress-free. Homeowners may want to invest the money they save by creating a customized unit for their family members or renters.

Residents can contact Youngren Construction at (760) 728-9874 for advice on the new process and possibilities. With 27 years of experience, Youngren Construction has the know-how to guide people through program complexities.

Those who decide to convert or build on their property are urged to rely solely upon accredited, licensed contractors who share references and provide examples of their work. Residents have a five-year window to accomplish this project and many requirements to meet, so they’ll want to make sure to get it done well and done right.

*Scott Youngren is owner of Fallbrook-based Youngren Construction, [www.youngrenconstruction.com](http://www.youngrenconstruction.com), established in 1992.*



This guest house was recently built by Youngren Construction. Courtesy photo

## Four reasons sellers should not to fear longer listing periods



**Elisabeth H. Lentulo**  
*Broadpoint Properties*

As a busy agent, I want to share a question that frequently comes up at listing appointments. Believe it or not, I often get asked about the length of the listing agreement. Some sellers are concerned that they don’t want to sign a long agreement in case they don’t like me or are unhappy with the quality of my service.

Don’t be fearful of a six-month

listing agreement; it can actually be a good thing. Here are the four most common reasons that a six-month listing period makes sense for most Fallbrook and Bonsall homeowners.

The average market time makes a difference.

In the Fallbrook and Bonsall area, the average time for single family homes has been 50-70 days over the last three months. With escrows taking about 30-45 days, this shows that it could take a minimum of 100 days to get a home sold.

Advertising takes time to get into people’s homes and populate across the internet.

Agents spend money on marketing and advertising. Most properties are advertised with complex social media campaigns and direct marketing, which takes time to reach the consumer.

There’s plenty of time to pivot with market change and buyer feedback.

Shorter listing periods are only practical in a fast moving market.

With average market times of over 50 days, sellers will benefit from initial buyer feedback and be able to make adjustments.

Luxury homes typically experience less traffic.

Luxury homes or unusual homes need more time to sell as the pool of buyers is smaller. Luxury home sellers may often experience market times well over six months.

Listing periods are negotiable, and an agent will use market data to support the recommended listing period.

If you or anyone you know is interested in buying or selling, as your neighbor in Fallbrook, I invite you to contact me. I will be more than happy to give you a no-obligation market analysis for your home. Don’t forget to ask me about my special programs for seniors and veterans.

*Elisabeth H. Lentulo can be reached at (760) 532-1057, [elisabeth@ehlentulo.com](mailto:elisabeth@ehlentulo.com), or [www.ehlentulo.com](http://www.ehlentulo.com).*

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Golf Course Views

Fallbrook

4121 Oak Island  
\$326,500

Pala Mesa Villas, downstairs unit 2BD/2BA, 1308 SF, excellent location w/ golf course views, quiet side of complex. Master bath remodeled, tile/carpet/wood flooring. Well designed kitchen for the cook in the family features: white cabinets, breakfast counter open to the dining & living room areas. Extended patio with shade tree & views makes outdoor entertaining easy. Includes two car garage.

Rich Heimback & Jane Wilson 760-805-6822 or 760-805-3460

New Listing

Fallbrook

513 Hilbert Drive  
\$828,000

First time on the market. 4BD, 3.5BA, 3 car garage, 3,510 sq.ft. single story home, custom built in 1990. Located in the desirable Santa Margarita neighborhood, savor ocean breezes w/ Santa Margarita Canyon views. Perfect for entertaining w/ a spacious kitchen. Dream of having your own vineyard or grove? This 4.45 acre parcel is waiting for you. Zoned for horses, w/ a pet run & offers many possibilities.

Janine Hall | team 760-822-7528 or 7527

Amazing Views!  
Price Reduced!

Fallbrook

1349 Hillside Drive  
\$649,500

Desirable Green Canyon area. Secluded custom 4BD, 3BA, 2,905 sq.ft. single level home on 1.27 acres w/ many features. Upgrades in & out. Suitable as a multi-generational residence, the house boasts of a separate wing w/ a master BD, BA & den as well as plumbing for a potential kitchenette & a separate entrance. A garden room off the kitchen & dining room provides a lovely setting & space for entertaining. Property is zoned for horses.

Janine Hall | team 760-822-7528 or 7527

In Escrow!

Fallbrook

1579 S. Hill Ave  
\$479,000

Huge views! 3BD/2BA, 1723 sq.ft. on .58 of an acre. Lots of fruit trees and fenced private backyard. TWO workshops for the handyman. Vaulted ceilings, open floor plan. Call right away to see!

Team Gallegos Rudy, Chris & Sandy 760-985-9600

New Offering

Fallbrook

5027 Sleeping Indian  
\$649,000-\$679,000

Morro Hills charmer! Custom single level on 1+ ac w/fragrant oranges! Elegant entry to this lovely view home w/spacious formal LR and formal dining w/wet bar. Enhanced by graceful arches, custom carved fpic & windows to lush green hills...you will entertain with style! Master suite & 2 more lg bdms, 2.5BA, 3 car grg.

Lynn Stadille-James & Lisa Stadille 760-845-3059

Reduced Again

Fallbrook

906 Ridge Heights  
\$449,000-\$479,000

Lovely gated development for those over 55! 3BD plus library, 2BA. One bath, bdrm on entry level. Community boasts lovely entertainment center, swimming pool, tennis ct, walking trails, community garden area. Very private lot which takes advantage of sunrises & sunsets. Motivated...now \$489K!

Lynn Stadille-James & Lisa Stadille 760-845-3059

New Listing

Fallbrook

3335 Red Mountain Heights Rd  
\$925,000

Top of the world views stretching all the way to the ocean. Perched on one of the highest points in Fallbrook, offering 3,777 sf, 3BD, 2.5BA, chefs kit w/island & prof applcs, 4 car grg, wrap around deck, game rm on 3.36 ac. Wide open floor plan captures the views from all angles. Pride of ownership.

Pete Hagen 760-717-8163

Coming Soon

Fallbrook

2900 Via Del Robles  
\$699,000

Ever dream about living in a Tree house? A private, magical retreat, perched high above the New Monserate Winery, overlooking a natural pond, rows of lush grapes & landscaping. Fantastic floorplan, 3BD/3BA, 3,023 sq.ft. w/ master on main level. Large kitchen w/ skylight letting in natural light. A separate BD w/ entire separate living area perfect for extended family members or guests on the lower level. Entertain & enjoy the views while sitting in the jacuzzi.

Virginia Gissing 949-292-2850

Views!

Fallbrook

2592 Green Canyon Rd.  
\$979,000

4BD, 3.5BA on almost 2 acres perched on a private lot where your home is hidden from neighbors. Completely remodeled inside w/ a kitchen that would even make a chef envious! All new modern grey cabinets & SS appliances including a 36" range. The luxurious master is the size & feel of a spa w/ dual shower heads & a large jacuzzi tub. Brand new pool & landscaped backyard ready for your house-warming party w/ built in BBQ & fire pits.

Virginia Gissing 949-292-2850

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# SHERIFF'S LOG

<b>Jan. 31</b>	
32000 block Shamrock Rd.	Fraud: credit card/ identity theft
<b>Feb. 2</b>	
500 block Stewart Canyon Rd.	Take vehicle w/out owner's consent: Vehicle theft
<b>Feb. 6</b>	
500 block E. Elder St.	Arrest: Violation parole: Felony
<b>Feb. 8</b>	
1000 block S. Mission Rd.	Lost article
<b>Feb. 9</b>	
Camino Del Cielo @ Del Cielo Este	Take vehicle w/o owner's notice/ Vehicle theft
300 block E. Alvarado St.	Vandalism: \$400 or less: windows damaged
2000 block Tecalote Dr.	Grand theft auto
<b>Feb. 11</b>	
200 block N. Mission Rd.	Lost article
200 block W. Beech St.	Arrest: Drunk in public
300 block E. Alvarado St.	Narcotics found
<b>Feb. 12</b>	
500 block E. Elder St.	Arrest: Violation parole: Felony
4000 block Oak Island Ln.	Arrest: Suspicious person/ known stolen property
<b>Feb. 13</b>	
1000 block E. Mission Rd.	5150/ Mental disorder: 72 hr. observation
2000 block Lookout Mountain Rd.	Recovered stolen vehicle
30000 block North River Rd.	Death: coroner's case
<b>Feb. 14</b>	
1000 block Rice Canyon Rd.	Arrest: Drunk in public
<b>Feb. 15</b>	
1000 block Capra Wy.	Lost article
<b>Feb. 16</b>	
400 block N. Hill Ave.	Vandalism to vehicle: \$400 or less
500 block Minnesota St.	Arrest: Simple battery
<b>Feb. 17</b>	
1000 block Alturas Rd.	Domestic violence Incident
3000 block Oak Cliff Dr.	Death: coroner's case
4000 block Via Serra	Arrest: spousal abuse w/ minor injury
<b>Feb. 18</b>	
5000 block Mission Rd.	Missing person: adult
0 block Country Glen Rd.	Death; Suicide
<b>Feb. 19</b>	
100 block W. Fallbrook St.	Domestic violence incident

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 Village News

760723-7319

# OBITUARIES



**John Robert Quier** passed away Feb. 15, 2019, at the age of 98. He was born Aug. 9, 1920, in

Jerome, Idaho. He retired from the Navy with 31 years of service as a chief warrant officer. He was one of the few Pearl Harbor defenders who were celebrated Dec. 7, 2018, at the Oceanside Memorial. He had also been the grand marshal at the Fallbrook Memorial Day Parade. He regularly attended the Fallbrook Veterans of Foreign Wars and played pool. Many knew him and his dog companion Sandy and later Lil Ricky. He cherished his friendships acquired at the VFW. John retired from Los Angeles Harbor College in 1983. He began his career there as a temporary machine shop instructor. He retired as associate dean of vocational

education. He was also a 69 year member of the Elks lodge. After retirement in 1983, he and Virginia Quier moved to Fallbrook. They were married for 67 years before her death in 2010. John will be missed by all who knew him. He is survived by his daughter, Carol Ann Plechner; four grandchildren, Richard, Jennifer, John and Andrea, and nine great-grandchildren. Memorial services will be held at Berry-Bell and Hall Fallbrook Mortuary, Saturday, Feb. 23, at 11 a.m. He will be buried at Riverside National Cemetery. Please join the family Saturday to celebrate his life.

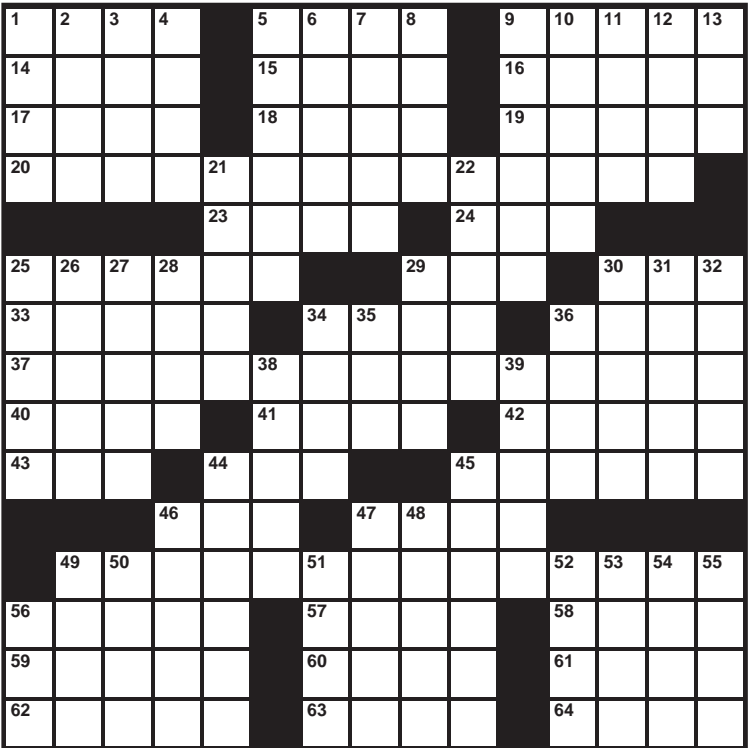
**Richard Norbert Linton** was born on June 26, 1987, to Josette V. Scott and Vern D. Linton. He died Feb. 16, 2019. Richard was raised on the Pala Indian Reservation and was a Pala Tribal Member. He was a skilled athlete in mixed martial arts. He was a proud uncle to his two

nephews and enjoyed spending time with his family. He will be deeply missed. Richard is survived by his parents, Josette Scott and Vern Linton, his brother Norbert Nicholas Scott, his nephews, Norbert Nicholas Scott II and Koba Richard Scott, all of the Pala

Indian Reservation. Services will be on Friday, Feb. 22, with Rosary at 9 a.m. and the Funeral Mass immediately following at 10 a.m., both at Pala Mission Church. Burial will be at the Old Pala Cemetery. Lunch will be served at the Pala Administration Building.

# CROSSWORD PUZZLE

## Crossword by Myles Mellor February 21, 2019



Answers to last crossword,  
1/31/19 edition.

1	A	P	P					4	P	E	R	U			8	P	O	L		
11	B	O	R		12	G		13	E	R	N	E	S		14	E	L	B	A	
15	A	N	I	M		16	A	T	E	D	C	A		17	R	T	O	O	N	
			18	D	E	C	O	R					19	D	A	U	N	T	E	D
					20	R	E	C					22	S	A	S	S			
23	S	W	E	E	T			27	H	A	T	C	H							
31	A	E	T	N	A			32	E	M	E	R			33	A	R		35	T
36	C	A	S	T	L			37	E	S	I	N	T		38	H	E	A	I	R
40	S	K	Y					41	A	T	N	O			42	O	S	A	G	E
								43	O	R	S	O	N		44	U	S	A	G	E
				45	D	R	I	P					48	S	O	S				
50	T	E	A	S	E	T		51	S				53	M	E		54	L	T	S
57	R	A	I	N	C	A	T		58	S			59	A	N	D	D	O	G	S
61	I	N	S	T				62	C	A	L	L	I		63	S	A	T	E	
64	O	S	E					65	O	G	R	E			66	D	S	C		

- Across
1. Part of NAACP

5. Sound used to get someones's attention

9. Scoped out

14. Scowl

15. IRA category

16. Extremist

17. Make yawn

18. After-lunch sandwich

19. Use one's index finger

20. Bridges and roads, etc.

23. College bigwig

24. Assist

25. Study again

29. Top student

30. Mormons: Abbr.

33. Freeze

34. Glam rock's \_\_\_\_ the Hoople

36. New Zealander

37. Taken to court in JAG, perhaps

40. What's more

41. Straddling

42. Hall-of-Fame griddier Greasy

43. Previously

44. R follower

45. Kicks out

46. \_\_\_\_ Lanka

47. Fabric dyed for hunting purposes

49. Backyard grill

56. Wolfgang, Nobel prize winner for atomic fissions work

57. Get-up-and-go

58. Conn. university

59. About 1% of the atmosphere

60. Much may follow it

61. Some

62. Tine

63. Dick Tracy's sweetie

64. Jaywalking, e.g.
- Down
1. Prefix for both

2. Presently

3. Roam the internet

4. Poetic adverb

5. Did ordinary writing

6. In a way, slangily

7. Strict

8. You, long ago

9. Draw breaker for a trophy

10. Vocally

11. Disturb

12. Bird of prey

13. Gimme \_\_\_\_ Ding; 1971 Sweet song

21. Customize

22. Plants in a dry place

25. Puerto \_\_\_\_

26. Parisian school

27. Apply anew

28. Belgian currency

29. Env. notation

30. Fragrant shrub

31. Resided

32. Factions

34. They may provide relief

35. Palmas de \_\_\_\_ (journalist award)

36. Swiss artist Paul

38. \_\_\_\_ box

39. Pear variety

44. Going off the mark

45. Raise in relief

46. Beauty shop

47. Chili con \_\_\_\_

48. Nom de guerre

49. Union general at Gettysburg

50. Justice Black

51. Departure notice

52. Clancy hero Jack

53. Defense pact

54. Flamboyance

55. Fix

56. Book with little value

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EDUCATION

Junior Art of the Avocado competition calls for entries

FALLBROOK – The “Junior Art of the Avocado” art competition is calling all junior artists in the community to create an “Avocado” masterpiece. Due to the generous sponsorship of Fallbrook Propane Gas Company, this is the third year of the junior competition.

The Junior art competition is open to kindergarten through eighth-grade students.

K through fourth-grade students will compete against each other and fifth through eighth-grade students will also compete against each other. Grades 9 through 12 can still participate in the Art of the Avocado Competition. The competition is limited to the first 25 registered artists in each category.

Artists may select their medium of choice, the only restriction is that an avocado must be seen in the artwork. Drawings or paintings must not be larger than 12-inches in any direction. See entry rules for further detailed instructions.

In each grade category, the awards are gift cards: First place – \$75, Second place – \$50, and Third place – \$25. In addition, the Fallbrook Chamber of Commerce will award a gift card in the amount of \$75 for their “Chamber Pick.”

Artwork must be delivered to The Gallery, on Thursday, April



The participants in the 2018 Junior Art of the Avocado hold their certificates at the art show reception.

Courtesy photo

4, between the hours of 3–5 p.m. The Gallery is located at 127 North Main Avenue.

The entries in the Junior Art of the Avocado competition will be on display at The Gallery, from April 4 through April 25, including

the day of the Avocado Festival, April 14. The artwork will be judged by the community. Awards will be presented at a private reception for the artists and their families.

To register, contact Anita Kimzey,

(714) 222-2462 (cell), (760) 731-0277 (home) or email [register@fallbrookchamberofcommerce.org](mailto:register@fallbrookchamberofcommerce.org). Rules and entry forms can be picked up at Fallbrook Propane Gas Company, Chamber of Commerce office, The Gallery,

Green Art House, and can also be downloaded from [www.fallbrookchamberofcommerce.org](http://www.fallbrookchamberofcommerce.org).

Submitted by Anita Kimzey and Fallbrook Propane Gas Company.

USD students earn first honors

SAN DIEGO – University of San Diego students from Fallbrook earned First Honors in the fall semester of 2018. The First Honors students who have a GPA of 3.65 or higher include Alexi Eich, Erin Kendrick and Alberto Rodriguez.

The University of San Diego sets the standard for an engaged, contemporary Catholic university where innovative “changemakers” confront humanity’s urgent challenges. With more than 8,000 students from 77 countries and 44 states, University of San Diego is the youngest, independent institution on the U.S. News & World Report list of top 100 universities in the United States.

Submitted by University of San Diego.

University of Dallas students are named to fall dean’s list

IRVING, Texas – Nearly 500 University of Dallas undergraduate students were named to the fall 2018 dean’s list for earning a semester GPA of 3.5 or higher. Those students included Angela Allen and Teresa Brodak, both of Fallbrook.

The University of Dallas, located in a metropolitan area of nearly 7 million people, is a leading Catholic university widely recognized for academic excellence by well-known publications, organizations and accrediting bodies.

Submitted by University of Dallas.

Firooz is named to fall 2018 dean’s list

HEMPSTEAD, N.Y. – Donia Firooz of Fallbrook excelled during the fall 2018 semester, achieving a GPA of at least 3.5 and earned a spot on the dean’s list.

Hofstra University is a nationally ranked and recognized private university in Hempstead, New York, that is the only school to ever host three consecutive presidential debates in 2008, 2012 and 2016. Hofstra University is a dynamic community of more than 11,000 students from around the world who are dedicated to civic engagement, academic excellence and becoming leaders in their communities and their careers.

Submitted by Hofstra University.

Azusa Pacific University hosts Feb. 27 Preview Night and Financial Aid Workshop

MURRIETA – Education and career goals are among the top new year’s resolutions. A new year brings new opportunity, and there is no better time to take those first steps toward a better future by returning to school to finish a degree or to pursue a graduate degree. Azusa Pacific University invites adult students to attend a preview night and a financial aid workshop Wednesday, Feb. 27, to learn more about their educational and career opportunities.

The free event will be held at the APU Murrieta Regional Campus from 5:45-8 p.m. at 40508 Murrieta Hot Springs Road to the right of Sam’s Club in Murrieta. Preview night will also include a complimentary dinner and campus tours. The application fee will be waived for all attendees who apply for a program.

The financial aid workshop will be held at 5 p.m. to prospective students to learn how to maximize their financial aid and scholarship opportunities. The workshop will help students understand the necessary steps to be financially ready to attend.

Designed for adult students, Azusa Pacific University preview night attendees can meet faculty and staff, learn about academic programs, the admission process, financial assistance and career opportunities within the following graduate and degree completions

programs offered at the Murrieta Regional Campus, including master’s degrees and credentials in teacher education; master’s degrees and the LPCC respecialization certificate in school counseling and psychology; bachelor’s and master’s degree in business and bachelor’s degrees in psychology, criminal justice or digital media and communication.

Azusa Pacific University is a military-friendly college committed to honoring those who serve by making a quality education for military members, veterans and their families an affordable reality. A representative from the university’s Military and Veteran Services will be on hand to talk about how the students may use their military benefits. Azusa Pacific University participates in the Yellow Ribbon Program.

Azusa Pacific University is a leading Christian university and is recognized annually among the nation’s best colleges by U.S. News & World Report and The Princeton Review. The Murrieta Regional Campus has been a part of southwest Riverside County for over 30 years.

For more information or to RSVP, call (951) 304-3400 or email [murrieta@apu.edu](mailto:murrieta@apu.edu). To learn more about APU and these programs visit [www.apu.edu/murrieta](http://www.apu.edu/murrieta).

Submitted by Azusa Pacific University.

It may be painful to think about your funeral, but it doesn’t have to be painful to pay for it.

Funeral arrangements are a difficult topic to discuss, especially when the funeral will be your own. But having these conversation will make it easier for your survivors. We offer the most options and best value in the preplanning market, plus easy funding plans to meet your individual needs. Call for information today and receive our free Personal Arrangement Guide.

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Kornelsen receives SURF research fellowship

LITTLE ROCK, Ark. – Caroline Kornelsen of Fallbrook is one of four University of Arkansas at Little Rock students who have received Student Undergraduate Research Fellowships from the Arkansas Department of Higher Education to conduct research this spring with help from faculty mentors.

The Student Undergraduate Research Fellowship program provides up to \$2,750 to undergraduate students to conduct in-depth research projects in their specific fields of study with the assistance of faculty mentors. To be eligible, all fellowship recipients have a minimum GPA of 3.25, at least 30 hours of credit toward a degree and support of a faculty mentor. Funds also are provided for students to travel to conferences to present their accomplishments.

Kornelsen and her faculty mentor, Dr. Noureen Siraj, are researching novel and inexpensive approaches to developing new materials that possess Förster Resonance Energy Transfer characteristics. FRET is a non-radiation energy transfer process between donor and acceptor moieties. Ionic material with FRET characteristics will be developed using a fluorescent organic ion as donor and counterion as acceptor.

FRET characteristic in an ionic material will be understood by developing several derivatives of ionic materials using same cation but variable anion or vice versa. These materials are important in the arena of energy, health care and the environment. This project will allow Kornelsen and Siraj to learn more about the parameters that depend on FRET efficiency in ionic material.

The students will complete their research this spring semester and will exhibit their work at the Student Research and Creative Works Showcase, April 18, in the Jack Stephens Center. In addition to the SURF grants, the students receive some matching funds through University of Arkansas at Little Rock’s office of the vice provost for research.

With about 11,000 students and 100 programs, University of Arkansas at Little Rock offers learning, research, service, social and career opportunities at a metropolitan university in Arkansas’ capital city.

Submitted by University of Arkansas at Little Rock.



ENTERTAINMENT

Bassett Brothers return to Fallbrook

FALLBROOK – Building upon last month’s performance by the Hausmann Quartet, Fallbrook Music Society will present another “artist in residence” ensemble, this time featuring classical guitars. The 3 p.m. concert Sunday, Feb. 24, showcases identical twins, Sean and Ian Bassett, and will be held in the Community Room of the Fallbrook Public Library.

The concert is free to the general public. No tickets are required. “Sean and Ian played to a standing room only crowd the last time they were in Fallbrook. People really sparked to the depth of their musical ability – from Classical, Renaissance, Baroque, all the way up to and including rock, blues and heavy metal. They are definitely a Fallbrook favorite,” Ann Murray, executive director of Fallbrook Music Society, said.

Originally debuting in the rock group, Eradicate, the Bassett Brothers began playing guitar together at 14. They have a mix

and match of varied styles and provide unique interpretations of concert hall classics which has been fine-tuned under the tutelage of Fred Benedetti, who is also a Fallbrook favorite, Murray said.

“We are always on the lookout for promising young talent. Everyone in town knows and loves Fred. It is always fun to hear his proteges,” Murray said.

Ian and Sean Bassett were awarded degrees from San Diego State University in 2009. They earned masters’ degrees in classical guitar in 2012 from San Francisco Conservatory of Music. The Feb. 24 repertoire will be a well-balanced mix of both traditional classical works and more contemporary pieces. It includes Domenico Scarlatti’s Sonata K173, Themes and Variations from Sextet in B-flat by Johannes Brahms and the first movement from Guiseppe Torelli’s Concerto in D minor, along with several contemporary



The Bassett Brothers, identical twins, will play a classical guitar concert at Fallbrook Library, Feb. 24, sponsored by Fallbrook Music Society. Courtesy photo

selections.

“Sean and Ian have put together a fabulous program that truly highlights the range and diversity of classical guitar,” Murray said. “I think people will be mesmerized.”

The concert begins with a program preview at 2:30 p.m. Weather permitting, a reception will immediately follows the concert on the Poet’s Patio. More information is available through

the Fallbrook Music Society at [www.FallbrookMusicSociety.org](http://www.FallbrookMusicSociety.org). Submitted by Fallbrook Music Society.

Locals entertain at Regency

FALLBROOK – Vocalists and pianists performed a recital at the Regency Retirement Residence, Feb. 9, for residents and friends. They did a vignette from “Camelot,” selections from “The King and I” and “Cats.”

They also performed classical

favorites by Pyotr Tchaikovsky, George Gershwin, Seymour Smith, art songs and blues, Scott Joplin, songs about food from YouTube chef Rosanna Pansino, a Campfire Girls flapjack initiation and hits by Ronnie Milsap and Dallas Holm.

Submitted by Natasha Ragland.

Performers entertain at Regency Retirement Residence including, from left, Roxanne Constandse, Marilee Ragland, Natasha Ragland, Bridget Constandse, Jack Ragland, Margaret Singleton and the Rev. Walt Leverette.

Courtesy photo



Actors shine in ‘Tiny Beautiful Things’

Elizabeth Youngman-Westphal  
Special to The Village News

The following excerpt was found online explaining how this book came to be. “‘Tiny Beautiful Things: Advice on Love and Life from Dear Sugar’ is a book written by the American author Cheryl Strayed.” Published in 2012, it debuted at No. 5 on The New York Times Best-Seller list in the advice and self-help category. It contains a collection of essays compiled from Strayed’s “Dear Sugar” advice column which she wrote anonymously on The Rumpus online literary magazine.

Anyway, Cheryl Strayed may be better known for penning “Wild,” the film starring Reese Witherspoon. Again, in “Tiny Beautiful Things” she writes autobiographically, but it is not only her story to tell.

Her book-turned play is based on Strayed’s anonymous advice column. It appears she has profited through exploiting the true-life-misery of her readers. Hardly fair to those who opened their hearts to her in confidence.

During the 80-minute nonstop dialogue, the audience hears an uncountable number of F-bombs dropped followed by raucous eruptions about sexual diversities interspersed with rape, divorce, abortion, marijuana, heroin, physical and mental abuse, coupled by volumes of unrequited rage; what’s not to like? With that said, the whole show feels contrived – why else would it build to a tear-induced crescendo wrapped around the death of a child?

It reeks of manipulation. All too often the voice of co-writer Nia Vardalos of My Big Fat Greek Wedding is heard instead of Strayed. The other two co-conceivers, Thomas Kail, who directed “Hamilton, and the esteemed writer Marshall Heyman obliterate Strayed’s internal conversation.

The saving grace for this show is the actors. With only four, they give poignant performances.

In alphabetical order and leading the way as Sugar is Broadway-based actress Opal Alladin. It is her humanity that shines through in this role. Too often, compassion can feel drippy, but it is not so here. It is easy



Sugar, played by Opal Alladin, talks through her response to a letter.

to understand why she is in high demand. Even though she had to say, “bellows from the bottom of a canoe” a line so out of context with the rest of the story, still she gives a compelling performance which is only marred by her lousy wardrobe.

Keith Powell is known as Letter Writer No. 1. Playing multiple parts, his every appearance is remarkable. Each character feels like a friend or an acquaintance. He made a truly superb performance.

Avi Roque is Letter Writer No. 3 or known as they or them. Like the other two letter writers, he assumes multiple personalities in various situations. He is believable. Cute. Personable. And disarming. Stellar, comes to mind when describing his performance in this show.

Dorcas Sowunmi is a Texas

transplant living in New York; she is Letter Writer No. 2. In her first Old Globe appearance, the audience is rewarded by her numerous characterizations. Dressed beautifully in shimmering colors, each of her questions is delivered with a comedic twist, an over-the-shoulder-throw-away or slick irreverence. This lady’s resume does not define her enormous talent. It was a terrific debut.

Accomplished director James Vasquez placed the right actors in every role, but not so much when it comes to the set and Sugar’s wardrobe.

Cheryl Strayed cannot possibly live in the squalor that scenic designer Wilson Chin placed her. In no way can it be representative of her Oregon home. Meanwhile,



Sugar, played by Opal Alladin, receives another request for help from one of the letter writers in the back: Avi Roque, Dorcas Sowunmi and Keith Powell.



Four actors make up the cast of “Tiny Beautiful Things, being played at The Old Globe in San Diego. Jim Cox photos

award-winning costumer Shirley Pierson dressed Sugar in what appears to be the dregs from the floor of the La Jolla Thrift Store. Casual need not be stretched, sloppy, ugly and ill fitting. While no doubt relaxed at home, it is hard to imagine successful writer, wife and mother Cheryl Strayed always dressed slovenly when writing.

Melanie Chen Cole returns as the sound designer. It was perfect adding an intimate feeling that might otherwise be lost. Amanda Zieve has performed magic with the lighting.

Playing next door in the same complex in The Old Globe Theater is the comedy, “Familiar.” It is about fulfilling the American dream wedding by an emigrating family from Zimbabwe. It closes March 3. Tickets for either show can be

purchased through the box office (619) 234-5623 or by visiting [www.TheOldGlobe.org](http://www.TheOldGlobe.org). It is only \$14 for prepaid valet parking next to the theater.

“Tiny Beautiful Things” will play until March 3 at the Sheryl and Harvey White theatre in the round in The Old Globe complex at Balboa Park in San Diego. Plenty of free parking is available if one is patient, however, using the free tram is good for matinees only. It is for mature audiences with adult content. Only because of the excellent acting “Tiny Beautiful Things” is rated 9 out of 10.

The writer can be reached at [eyoungman@reedermedia.com](mailto:eyoungman@reedermedia.com).



# How careful is careful enough?



**Samantha Berryessa**  
*Attorney at Law*

If you stop in at Hazel's Café any morning before the workday begins, the first thing you smell is the wonderful aroma of strong piping hot coffee. Hazel has the best in town. Local plumbers, contractors, businesspeople, along with two or three retired good old boys who just like to talk, fill up the long weathered oak table at the back wall that everyone refers to as the BS table. At one time or another, just about any topic you can think of is discussed. And if there happens to be a big lawsuit in the news you can bet it will get more than its share of being argued about with just about everyone being an authority on what the law is or what it should be.

If the lawsuit is about, let's say a husband, wife and their three young children who are killed or terribly injured in a head on collision by a drunk driver who smashes into them after crossing the centerline, even the most passionate tort reformers at the table find little to object to.

But change up the facts a little bit to where instead of a drunk driver causing the crash, it was someone swatting at a fly that annoyed them, then the volume at the table goes up and the discussion gets increasingly more lively. Or change things around to where the car carrying the family accidentally pulls out of the church parking lot in front of a very drunk driver who is in the

correct lane and well within the speed limit. Someone will probably say that even a drunk driver has the right not to be smashed into if he is in his own lane driving at a safe speed<sup>1</sup>. Someone else at the table will probably argue that he doesn't care, a drunk driver should not have the right to get anything.

So what does the law say? The general rule is that all of us have a duty to exercise ordinary care which is just another way of saying that we are supposed to conduct ourselves reasonably under the circumstances. We don't have to conduct ourselves perfectly, just reasonably. And in a jury trial, what is reasonable under the circumstances is what the jury finds it to be, based on the facts and evidence presented and after following instructions on the law.

So, what happens when Hazel is refilling mugs at the table with her delicious, steaming hot coffee and she accidentally dumps scalding hot coffee in her customer's lap causing excruciatingly painful third-degree burns to his groin, thighs and buttocks that requires eight days of hospitalization, skin grafts, painful Hubbard immersion tankings for debridement, months of physical therapy and atrocious keloid scarring that is shocking to look at? His wife is the only one who ever sees the scars, or possibly he is the only one who ever sees them, but he knows they are there.

Well, the jurors will be asked to decide if Hazel was acting unreasonably by serving her coffee at 190° F which may cause third-degree burns within three seconds rather than 160° F, which would have given her customer 20 seconds to avoid third-degree burns by having more time to remove his clothing. Coffee at 190° F causes third-degree burns which burn away the skin, down to the muscle/fatty-tissue layer in two to seven seconds.



Courtesy photo

Was it unreasonable for Hazel to serve her coffee at 190°F when all other restaurants in town served coffee at temperatures at least 20° less than Hazel? Was it unreasonable for Hazel to be looking back over her shoulder and talking to someone else rather than paying attention when she accidentally dumped the hot coffee in her customers lap?

These are the kind of questions

that 12 jurors from a wide variety of job descriptions and backgrounds must deliberate around a table in the jury room to decide whether or not Hazel was negligent and how much her liability insurance<sup>2</sup> should have to pay to her customer for the harm she caused. They will probably be asked to decide a dollar amount for his pain and suffering as well.

In jury deliberations, the seri-

ousness will be greater, and the arguments more heated at times, but when it's all said and done, in many ways it's a lot like the morning coffee crowd at Hazel's café.

Every week, everyday people from all kinds of backgrounds and walks of life serve on our juries making their viewpoints known, arguing for what they believe is right and what they believe is wrong. This is good to remember whenever we hear about a jury verdict that at first blush appears to be too much money or frivolous. It's everyday jurors like us, everyday people from all walks of life who sit through all the evidence presented by the defendant as well as the plaintiff and listened to the judge's instructions.

Only when they find that a defendant failed to act reasonably, will a plaintiff be compensated for his or her harm. And isn't that what we want for ourselves, others to treat us reasonably?

*“The jury would be instructed on California law which states that in a personal injury lawsuit, a drunk driver who is not at fault in an accident may not recover pain and suffering damages, but may only recover economic damages. This is true unless the at fault driver was also drunk.*

<sup>2</sup>Note: The jury will not be told that Hazel has liability insurance.



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# Samantha Berryessa

*Attorney at Law*


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# Warriors host wrestling division tournament, qualify six for masters

Joe Naiman

Village News Correspondent

Fallbrook High School was the site of the CIF Division II wrestling championship tournament Feb. 9, and the Fallbrook team not only hosted the tournament but also advanced six Warriors to the all-division Masters Tournament.

“I couldn’t have asked for a better tournament,” Fallbrook coach Cristian Vera said.

Even without more than half of Fallbrook’s wrestlers placing high enough to qualify for the Feb. 15-16 Masters Tournament at San Marcos High School,

improvement for the 2019-2020 season.

Ethan Aguila avoided being the 147-pound alternate when the freshman pinned his Scripps Ranch opponent in the seventh-place match at the Division II meet.

Four of Fallbrook’s wrestlers placed fifth at the division championships – sophomore Matthew Kendall in the 142-pound bracket, junior Carlos Hernandez in the 197-pound class, sophomore Johnny Bermudez in the 222-pound competition and junior Javier Montoya in the heavyweight bracket.

“I think they represented us



Fallbrook Warrior wrestler Kevin Sanchez waits in line to sign in for his semifinal match during the CIF San Diego County Division II Championships at Fallbrook High School, Feb. 9.



Warrior wrestler Matthew Kendall battles his Scripps Ranch opponent Brandon Stadtherr in the 140-pound weight class during a CIF San Diego County Division II Championship consolation round match at Fallbrook High School. Shane Gisbon photos



Fallbrook Warrior wrestler Kevin Sanchez attempts to free himself from Poway opponent Jason Miranda in the 128-pound weight class during a CIF San Diego County Division II Championships semifinal match at Fallbrook High School. Sanchez went on to place sixth in the Division II Championship.

the tournament was considered successful by the host school.

“As a tournament it was phenomenal,” Vera said.

The other coaches and the CIF liked Fallbrook’s organizational efforts, he said.

“We got nothing but positive things,” Vera said.

The CIF provides funding to the host site to help cover expenses, and the wrestling program also raised money through the snack bar sales. The wrestling program netted approximately \$2,500 from the tournament.

“I couldn’t have asked for better help from my team parents,” Vera said.

The top seven finishers in each weight class at the Division II tournament qualified for the Masters Tournament while the eighth-place finisher was the

well,” Vera said.

The six Fallbrook wrestlers who placed were among the 10 Warriors in the division tournament. “I think that our numbers are definitely getting higher,” Vera said.

Five of Fallbrook’s wrestlers placed in the top seven at last year’s Division II tournament, and in 2017 three Warriors were in the top seven.

“Those guys gave me everything they had this season,” Vera said. “Next year I think we’ll come back even better.”

Wrestling tournaments have a double-elimination format although a wrestler who advanced far enough in the consolation bracket to compete for a placing position may have a subsequent match. Aguila and Bermudez both wrestled only two matches



Warrior wrestler Carlos Hernandez faces off against his Poway opponent Laith Gilmore in the 197-pound weight class. Hernandez went on to place fifth in the Division II Championship.

alternate in case one of the qualifiers was injured, ill or failed to make weight. Even with the additional 2-pound allowance each class is given at the end of the season, Fallbrook junior Kevin Sanchez was overweight at the Masters Tournament scaling after placing sixth among 128-pound wrestlers as the division tournament. Sanchez had been seeded sixth at the masters, whose top eight wrestlers in each class qualified for the state tournament, so had Sanchez maintained his weight and prevailed over lower-seeded opponents he would have advanced to the state meet in Bakersfield. For Sanchez that is a lesson learned, and for Vera, lessons learned both with regard to weight and in terms of technique translate into

at the Masters Tournament and lost both. Kendall and Hernandez each had three wins and two losses Feb. 15, with the second loss depriving them of advancing to the second day of the tournament. Montoya won two matches and lost one, but a concussion forced him to withdraw from masters competition.

“All these guys performed very, very well,” Vera said.

Fallbrook’s only senior did not qualify for the Masters Tournament, so the five matmen who competed are all expected to return to the Warriors’ program next year.

“It’s definitely going to help motivate them,” Vera said of their participation in the masters. “I think all in all it was a successful season. I’m more than satisfied with the way the season ended.”



Fallbrook wrestling coach Cristian Vera shouts commands to Warrior wrestler Matthew Kendall as he battles his Scripps Ranch opponent during the CIF San Diego County Division II Championship at Fallbrook High School.



Warrior wrestler Carlos Hernandez prepares to battle his Poway opponent Laith Gilmore in the 197-pound weight class during a CIF San Diego County Division II Championships semifinal match at Fallbrook High School.



SPORTS

# Warriors girls' rugby team wins San Diego Region championship

Jeff Pack  
Writer

It was a perfect morning to play a rugby championship at Torero Stadium on the campus of the University of San Diego Sunday, Feb. 17.

It was sunny when the Fallbrook High School Warriors girl' rugby team took on the Torrey Pines High School Falcons in the San Diego Region – Southern California Youth Rugby Championship, but the rain was coming down hard when the Warriors lined up to receive their trophy and medals at halftime of the Major League Rugby game between the San Diego Legion and Utah Warriors.

But the Warriors didn't seem to mind the rain because they were accepting the first-place medals after thrashing the Falcons, 90-0, hours earlier.

Shelby Tippin scored three times and converted two conversions and Nathalie Celis, Julia Tippin, Neveah Benitez, Tiahna Padilla and Phoebe Anderson each scored twice to lead the Warriors to victory.

Jordan Duncan, Analiese Dalton and Morgan Bitner each chipped in with tries of their own.

The Warriors had beaten the

Falcons twice already this season, and the result of the 15-a-side championship game was never in doubt.

Julia Tippin was named Rugby Girl for her rucking, tackling, hard running and kicking, as was her sister, Shelby, for exploiting the defense and kicking in play. Neveah Benitez also picked up a Rugby Girl nod from coach Craig Pinnell for running hard into space and finishing her runs.

That marks the end of the 2018-2019 high school season. Next up, Pinnell and the Warriors move into club competition that involves tournaments all over the United States.

The Fallbrook Girls Rugby Club will play host to visiting Canadian BCI Team, followed by an always-popular Prom Dress Rugby match, Saturday, March 9, at Fallbrook High School.

Admission to the game is \$5 and the money raised will go toward the team's National Championships fund. This year's National Championships will be held in Utah.

For more information about Fallbrook Girls Rugby Club, email [fallbrookgirlsrugby@gmail.com](mailto:fallbrookgirlsrugby@gmail.com).



The Fallbrook High School Warriors Girls' Rugby Team beat Torrey Pines High School 90-0 to take home the San Diego Region – Southern California Youth Rugby Championship Sunday, Feb. 17, at the University of San Diego.



Phoebe Anderson dots the ball down in the try zone for the Warriors.



Fallbrook coach Craig Pinnell talks to the crowd at halftime of the Major League Rugby San Diego Legion game about the championship game.

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Fallbrook High School rugby captain Nathalie Celis accepts the championship trophy.

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Neveah Benitez scores a try for the Warriors.

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## Village News



# Volleyball hopefuls tryout for Warriors' boys team



Ben Leslie works on ball setting drills during the Fallbrook High School Warrior boys' volleyball team tryouts, Feb. 13.



Fallbrook High School Warrior boys' volleyball hopeful Everardo Sanchez participates in the team's tryouts.



Dominick Torrescano slides on the gym floor while participating in drills during the Fallbrook Warriors boys' volleyball team tryouts.



Fallbrook Warrior boys' volleyball team hopefuls Sean Wenzel, left, and Dominik Torrescano tryout.



Shane Gibson photos Logan Sim participates in the Fallbrook Warrior boys' volleyball team tryouts.

# Warriors reach girls water polo CIF final

**Joe Naiman**  
*Village News Correspondent*

Fallbrook High School girls' water polo team reached the championship match of the CIF Division II playoffs.

The Warriors won playoff games against Mar Vista High School and Eastlake High School before Poway High School captured the 4-2 final Feb. 16, at La Jolla High School's Coggan Pool.

"The girls played with heart and played hard," Fallbrook coach Sean Redmond said. "It was tough. I've got to give credit to Poway and how they played."

Fallbrook's regular season record of 17-9 included a 5-0 figure in Valley League competition which gave the Warriors the league championship. The Feb. 2 CIF playoff seeding and selection meeting gave Fallbrook the No. 1 seed in the Division II playoffs, which provided the Warriors with a first-round bye.

Ninth-seeded Mar Vista defeated eighth-seeded El Capitan High School in the first round, which gave the Mariners a Feb. 9 quarterfinal match against Fallbrook at Coggan Pool.

"Mar Vista was a very good team, and it took us probably a half to finally get rolling," Redmond said.

Mar Vista scored the only goal of the first quarter, although that would also be the Mariners' only goal of the game. A Fallbrook goal in the second period created a 1-1 halftime score. The Warriors scored twice in the third quarter and seven times in the fourth period for a 10-1 victory.

"They just played strong in that last quarter," Redmond said of his team.

Fallbrook's 7-5 win over fourth-seeded Eastlake in the Feb. 14 semifinal at Coggan Pool included Warriors leads of 2-0 after the first period and 5-1 at halftime.

"We came out strong and then we did what we needed to do to hold on and win the game," Redmond said.

More than 4 inches of rain fell on Fallbrook that day, but the rain in La Jolla stopped before the game.

"We did not have rain," Redmond said. "We were lucky."

Poway had a 19-9 regular-season record, and the Titans were seeded second in this year's Division II playoffs.

"They play very similar to the way we play," Redmond said.

The Titans had the 10th seed last year when Poway's regular-season record was 11-18, and the Titans failed to win a Palomar League game. The 2017-2018 Poway team

had only one senior, who was not a starter.

"We're a completely different team," Poway coach Crystal Patterson said of her 2018-2019 squad.

Fallbrook, which was in Division I in 2017-2018 and had the ninth seed in the playoffs, also had only one senior. The 2018-2019 CIF final was the last high school water polo game for five Poway 12th-graders and three Fallbrook seniors: Kaitlyn Callagher, Gabby Vazzana and Natalie Wood.

With 2:37 left in the first period, Fallbrook drew an exclusion penalty, and four seconds later junior Anna Draves scored the only goal of the quarter.

"I just kind of threw it as hard as I could, and it worked out really well there," Draves said.

Fallbrook took six shots in the first period and forced Poway goalkeeper Mya Davis to make four saves. The Titans had two shots in the initial quarter.

"We were getting pressured pretty good, and we weren't making an offense," Patterson said.

Poway changed that in the second period.

"That's really when the tempo kind of kicked up," Patterson said. "They adapted really well."

An exclusion against Fallbrook

with 4:50 left in the second quarter gave the Titans an extra-player advantage.

"That's usually when I can show off my hard shot," Poway sophomore Kelly Couvrette said.

Six seconds later, Couvrette scored the tying goal.

"My hard shot is how I contribute to the team the most," Couvrette said. "I think that really fired us up a little bit. It meant that we were in the game."

With 4:01 remaining in the quarter, junior Grace Kellerman grabbed a rebound and placed the ball into the net for a 2-1 Poway lead, which would also be the score when the halftime buzzer sounded.

With seven seconds left in the first half a fingernail made contact just below Wood's eye. The eyelid was bleeding, but she missed only the final seconds of the quarter.

"I didn't feel it that much. I just wanted to go out there and do the best for my team and be strong and push through it," she said.

Fallbrook tied the game when Callagher scored 1:28 into the third period. Callagher aimed toward the goal as the 30-second shot clock was expiring.

"I had to do something," she said. "I kind of just threw it as hard as I could and hoped it went in, kind of a last-moment decision."

With 3:31 left in the period, Couvrette's second goal of the game gave Poway a 3-2 lead. Patterson said that Poway's high-pressure defense was limiting the Warriors.

"That was why we were able to move the ball around," Patterson said.

The Warriors, who took 10 shots in the first half, were held to five shots for the final 14 minutes of play. Davis made nine saves.

Poway's final goal was scored by junior Maddie Marciniak with 5:53 left in the game.

"It was getting exciting. We just wanted to slow down the ball," Patterson said.

"It was close all the way through," Redmond said.

"It's a real bummer that we lost, but we've been working really hard this season," Vazzana said. "The season was really successful."

Vazzana was on Fallbrook's varsity as a freshman in 2016 when Mar Vista defeated the Warriors in the Division I CIF championship game. Fallbrook also reached the Division I final in 2000 and in 2003.

"We were hoping for better results this time," Redmond said.

The loss in the championship game finalized Fallbrook's season record at 19-10.

# Aguila places second, Beatty and Greenwood take third at county JV championships

**Joe Naiman**  
*Village News Correspondent*

High school wrestling's junior varsity county championships meet took place Jan. 26, at Mount Carmel High School, and three of Fallbrook High School's wrestlers placed in their weight divisions.

Ethan Aguila placed second in the 145-pound weight class, Garrison Beatty took third place in the 98-pound division and Frank Greenwood obtained third

in the 182-pound bracket. The top six wrestlers in each weight class received medals.

"I'm very proud of the guys. Every single person who was there won a match," Coach Cristian Vera said. "I couldn't be happier with my younger guys."

The meet was a double-elimination tournament, but the CIF has a limit of five matches in one day so any wrestler who lost in the first round had to advance in the consolation bracket and

would not be able to compete for the highest consolation positions before reaching the five-match limit.

"They needed to get that first-round win," Vera said.

All of Fallbrook's wrestlers obtained those first-round victories, and all those victories occurred before the end of the final period.

"They all pinned their opponents in the first round," Vera said. "That was a big deal."

Aguila did not lose until the championship match.

"It's a big deal for him," Vera said of Aguila taking second place. "He's definitely one of if not the best 145-pound freshmen in the county right now."

Varsity tournaments do not have a weight class lower than 106 pounds, and junior varsity competition during dual meets also starts with the 106-pound bracket. The 98-pound class allowed the 94-pound Beatty to wrestle against

competitors closer to his actual weight.

"He's been undersized," Vera said. "Being able to wrestle guys who are at his weight definitely brings out the best in him."

Vera said that third place in the junior varsity tournament showed Greenwood's potential.

"He's definitely one of the better guys," Vera said. "He's definitely going to be a big point scorer for our team in the future."



BUSINESS

Bark in the Park dog festival is March 23



Volunteers and sponsors for the Bark in the Park include, from left, Anne Richter, Dr. Neil Treister, Elizabeth Hurley, Kana Alohilani Penn, Subaru sales manager Carlos Leos; Nienke Hardenbol, Subaru BDC director Magaly Rivera and Subaru director of marketing Kevin Ohler. Courtesy photo

FALLBROOK – John Hine Temecula Subaru is a platinum sponsor for Bark in the Park, which will be held from 10 a.m. until 2 p.m. Saturday, March 23, at Live Oak County Park.

A blessing of the animals will occur at 10 a.m. followed by a community dog walk throughout the park. A demo from “Why Dogs Fly” will occur after the walk, then the contests will begin.

Sheriff deputy Terrance York will offer a demonstration with two police dogs at 11 a.m., and more contests will occur throughout the day. Visit [www.liveoakdogpark.org](http://www.liveoakdogpark.org) for approximate contest times. The event will culminate with Best in Show at 1:30 p.m. Vendors, food trucks, raffles and silent auction items will be offered.

The community is invited to come support the off-leash dog park at Live Oak County Park. The event will be held near the volleyball court. For more information, check the website or call (760) 731-1041.

Submitted by Friends of the Fallbrook Dog Park.

LAFCO approves new fee structure

Joe Naiman  
Village News Correspondent

San Diego County’s Local Agency Formation Commission approved an update of processing fees for applications submitted to LAFCO.

LAFCO’s 7-1 vote, Feb. 4, with county Supervisor Jim Desmond opposed, approved the new fees effective May 5. Any proposals submitted before May 5 will not be subject to the new fee structure.

“I believe that this is a good path,” Keene Simonds, LAFCO executive officer, said.

LAFCO has had sporadic updates to its application fees themselves with the most recent being a 10 percent increase in 2007, but the fee structure has not changed since 1972.

“Certainly a lot has changed,” Simonds said.

City incorporations, special district formations and consolidations had flat fees regardless of the geographic size of the territories involved, but the fees for annexations, detachments and latent powers expansions were based on the affected territory’s acreage. The charge for a jurisdictional change involving half an acre or less had been \$2,660 and seven other specific fee amounts applied for applications from 0.51 to 199.9 acres, while the charge

for a change involving at least 200 acres had been \$9,060 plus \$90 per 100 acres exceeding 200 acres.

“The factors that you’re required to consider are really not affected by that dynamic,” Simonds said. “It really didn’t examine our cost of doing services.”

Under the new structure annexations, detachments, latent powers establishments and service power divestitures will have costs based on the level of environmental review and whether a protest hearing is required.

If full consent occurs, which is the case when a property owner wishes to annex to a jurisdiction, including when approval for a development is conditioned upon annexing to a jurisdiction or when a well or septic system failure warrants annexation of a property, the fee for a single jurisdictional change will be \$6,405 if the change itself qualifies for a California Environmental Quality Act exemption, \$7,045 if an initial CEQA study is required and \$7,686 if an Environmental Impact Report is required. If there is not full consent, a protest hearing will be held in which case the fee will be \$8,326 for a CEQA exemption, \$8,967 if an initial study is involved and \$9,607.50 if an EIR is needed. For each additional jurisdictional change – for example, a detachment from an existing agency or annexation to

multiple agencies, – the fees with full consent will be \$4,163.25 for a CEQA exemption, \$4,579.58 for an initial study and \$4,995.90 for an EIR, while without full consent, the fees for each additional change will be \$5,412.23 for an exemption, \$5,828.55 for an initial study and \$6,244.88 for an EIR.

The new fees are based on staff time costs, and the revisions to the structure also include estimates of staff time along with hourly salary, benefits and overhead costs for staff members involved. The staff costs are new to LAFCO for proposals.

“We now have an hourly staff rate,” Simonds said.

Special district formations and consolidations, which would include the dissolution of one or more agencies, or city incorporations would involve deposits with actual billing based on time and material. The deposit for a special district formation would be \$9,150, which would cover the first 75 hours of staff time. The consolidation deposit of \$12,200 would cover the first 100 hours. An incorporation proposal would include a deposit of \$24,400 to cover the first 200 hours. The jurisdictional boundary change fees are non-refundable but may be augmented by one or more deposits if additional staff time is needed, while the deposits to cover staff time for formations, consolidations and incorporations are refundable if the actual staff time is less than the estimate.

Simonds said that the number of hours for each type of proposal is based on LAFCO’s experience with such proposals.

“The numbers we assign are very good estimates of how long it’s going to take to do these proposals,” he said.

LAFCO’s executive officer had been able to waive fees, which in some cases is for financial hardship and in other cases induces support for changes which provide logical readjusted boundaries. Fee waivers now require LAFCO board approval, providing a check to ensure that fee waivers are not granted solely for projects favored

by LAFCO staff.

Three pre-authorized reductions will not need LAFCO board approval for the specified reduction amount, while additional reductions or a full waiver could occur by a LAFCO board majority vote. A city annexation of an entire “island,” or unincorporated area completed surrounded by a city, has a pre-authorized 50 percent fee reduction as does a city annexation of a disadvantaged unincorporated community. A jurisdictional change, including a latent powers expansion, initiated in response to an existing or pending well or septic system failure will receive a 75 percent reduction if the proposal has 100 percent consent of the affected landowners and confirmation of the pending or existing failure from the county’s Department of Environmental Health.

A municipal service review evaluates services and anticipated needs. A sphere of influence study determines the boundaries best served by a particular agency. Municipal service review and sphere of influence updates are prerequisites to a jurisdictional change other than annexation of land within the sphere of influence, and LAFCO also periodically conducts sphere of influence updates for all cities and special districts. The fee to prepare a municipal service review and sphere of influence update for a proposed jurisdictional change has been \$11,000, and that amount was changed to a municipal service review maintenance fee equal to 5 percent of the baseline applicant fee. Certain exemptions apply including jurisdictional proposals which necessitate their own municipal service review and sphere of influence updates.

“The fees are going to go up about 20 percent,” Simonds said.

Simonds said that some fees would increase by more than 20 percent while others would increase by less than 20 percent.

“Overall it’s a 20 percent change,” he said.

What I’m afraid of is hurting the little guy, the little person,” Desmond said.

“Those who are coming to LAFCO with basic or small proposals are going to bear the brunt,” Simonds said.

The 90-day implementation period was a compromise from the initially proposed 60-day effective date, which is the minimum required by state law. Desmond proposed a longer implementation time due to the high increases.

“That’s kind of a big pill to swallow,” he said.

Desmond favors the hourly rate.

“I think that’s good because there’s some certainty,” he said.

“This will give them as much certainty as we can. I think it’s a good change,” Supervisor Dianne Jacob said.

If a landowner or public agency consults with LAFCO staff before submitting an application, the LAFCO staff time involved before the submittal of the application is not added to the staff time involved in processing the application. If a member of the public requests that LAFCO staff perform general research there is no cost if the research involves no more than four hours of staff time while any research beyond four hours would result in a charge based on the hourly staff rates for LAFCO staff members utilized.

LAFCO did not take a vote on the proposed fee adjustments Dec. 3, but it released the proposed fee structure for public review after discussion at that meeting. Potentially affected agencies and other stakeholders were able to review the proposed changes and provide input between the two meetings.

“The update you’re looking at returns to the commission virtually intact from the draft,” Simonds said.

The draft adjustments would have charged for public requests involving more than two hours of staff time; LAFCO’s Special Districts Advisory Committee recommended the increase to four hours at no charge since many affected property owners need some time to understand LAFCO’s purview and processes.

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# NCFPD adopts response time standards

**Joe Naiman**  
*Village News Correspondent*

New response time standards for North County Fire Protection District emergency calls were adopted by the NCFPD board, Jan. 22.

The board’s 5-0 vote sets standards of nine minutes for urban areas, 13 minutes for suburban areas and 18 minutes for outlying response areas while targeting 90 percent of all responses to be within those standards.

“We think it paints a clearer picture of how we’re actually doing,” Steve Abbott, NCFPD fire chief, said.

The district and Citygate Associates worked on a standards of cover assessment and report in 2008.

“About 10 years ago we had an assessment of our response time,” Abbott said.

The total response time is comprised of three measurements. Call processing time is the time elapsed between when the communication center receives the call and when the information

is processed and given to the first responding units. Turnout time is the time between when the station personnel receive the call and when they leave the station. Travel time is how long it takes to drive to the incident location.

All three of those response measurements have standards which are supposed to be met at least 90 percent of the time. The standard is one minute for the call processing time and two minutes for the turnout time. The travel time standard varies based on population density and a community’s expectations. The National Fire Protection Association has a five-minute response time in NFPA standard 1710.

The Citygate report indicated that NCFPD personnel could meet an emergency response time of eight minutes 90 percent of the time in urban areas, a response within 13 minutes 90 percent of the time in suburban areas and a response within 18 minutes 90 percent of the time in the district’s outlying areas.

“We decided to come up with our own standards that mirrored 1710,” Abbott said.

Rather than having different response times based on population density a single response time with different compliance rates for population density was adopted. The standards the district had been using called for eight-minute response times 90 percent of the time in areas with a population density of more than 1,000 people per square mile, 80 percent of the time for areas with population densities between 500 and 1,000 per square mile and 70 percent of the time for areas with population densities below 500 people per square mile.

“What we have isn’t really reflective of what we’re doing,” Abbott said. “It really didn’t give a clear picture of how we were actually doing compared to other standards.”

The fire district provides Advanced Life Support services and has an exclusive operating area contract to provide ambulance service. The contract stipulates that the fire district must respond to emergency incidents in the urban population zones within 10 minutes and to incidents in rural or

suburban population zones within 15 minutes. The contract does not stipulate a response time for outlying population areas.

In December 2017, the county board of supervisors approved an implementation plan to improve emergency medical services in the unincorporated county’s backcountry which included emergency medical service boundary adjustments and a unified service area intended to update response time standards to reflect population patterns and integration. The ambulance response time standards for calls are 10 minutes for urban areas, although if a fire agency paramedic arrives within eight minutes the ambulance response time is 12 minutes, 16 minutes for rural areas – 20 minutes for ambulance arrival if a fire agency paramedic arrives within 15 minutes, and 25 minutes for outlying areas – 30 minutes if a paramedic arrives within 23 minutes. An exclusive operating area contract with a 15-minute response standard for rural and suburban areas would supersede the 16-minute unified response

area standard.

The eastern part of DeLuz has a rural zone classification under the county’s plan while the western part of DeLuz is an outlying zone. If the North County Fire Protection District receives a call for medical service in DeLuz the ambulance from Station 1 on Ivy Street is dispatched if it is available. Including the trip to the hospital a call for service in DeLuz places an ambulance out of service for other needs for approximately two hours. Approximately 50 percent of NCFPD calls for medical service are in the area which would be served by the Station 1 ambulance if it is available.

The new NCFPD standards define urban as more than 500 people per square mile, suburban as 100 to 500 people per square mile and outlying as fewer than 100 people per square mile. According to the most recent data the district is meeting the new standards. The 90th percentile for the first arriving unit is 8:48 for urban areas, 10:41 for suburban areas and 16:20 for outlying areas.

# County Library system to obtain automated materials handler

**Joe Naiman**  
*Village News Correspondent*

The County Library system will be obtaining a centralized automated materials handling system.

The San Diego County Board of Supervisors voted 5-0, Jan. 29, to authorize the director of the county’s Department of Purchasing and Contracting to issue a request for proposals for the procurement of an automated materials handler and to award a contract upon a determination of fair and reasonable pricing. The contract will also include warranty, maintenance and technical support service, and the supervisors’ action also appropriated \$1,100,000 for the procurement and support services to supplement \$400,000 already budgeted.

“I’m really excited,” Migell Acosta, director of County Library, said.

“Library customers will really appreciate a new automated sorter because the turnaround time for requested materials could go from 30 days down to three days,” Supervisor Jim Desmond said. “The more efficient system will also free up staff to better serve their customers.”

Currently, the County Library system has 15 automated sorters in branches.

“It’s a continuation of the technology we’re used to. It’s just the scale is much larger,” Acosta said.

The County Library system provides services to more than a million residents in San Diego County, both in unincorporated towns and in incorporated cities which contract with the county for library services, on an annual basis. The County Library department operates 33 branches, two bookmobiles, four 24/7 Library-To-Go kiosks and the County Library administration

office. Approximately 11 million items are circulated annually.

If a County Library customer requests a circulating book, video or other item which is at another branch that item will be shipped to the branch where it was requested. New materials are also added to branches, and more than 2 million items are sorted and transported between branches or from County Library headquarters to branches each year. An average of 7,000 to 10,000 items arrive at the administration office each business day for processing.

“We’ve been sorting these things by hand, so it takes a longer time,” Acosta said.

The manual sorting and packing process utilizes an optimal labor team of six staff members and takes three to seven days, and possibly longer, to process customers’ requests and orders from publishers for new books.

Many library systems worldwide whose size and scale

are comparable to San Diego County’s use an automated materials handler system.

“A lot of large library systems have these central sorters,” Acosta said.

A conveyor belt system is complemented by bins for each branch to which the materials are delivered.

“It’s like a robotic book sorter,” Acosta said. “It can sort it into the bin, and then the drivers just collect the bins.”

The automated materials handler system is expected to provide items to the customer within two to five days of the request.

“There’s efficiency both at headquarters and at the local library,” Acosta said.

The automated system will also handle new books obtained from publishers.

“We’ll put them right on the conveyor,” Acosta said.

The manual sorting system

does not determine whether any materials have been returned to a branch, but the automated system will include the updated information.

“It’s checked against our catalog one more time,” Acosta said. “It’s checked more currently.”

The system will also reduce physical strain for library staff, who currently also manually reissue a new label before shelving after unloading the materials.

“It’s essentially a mechanical system that’s much more efficient,” Acosta said.

A prior year County Library fund balance provided the additional \$1,100,000 to complement the \$400,000 already in the 2018-2019 budget. The \$1,500,000 estimated cost includes warranty and maintenance support.

Acosta expected the new automated materials handling system to be operational during fall 2019.

# Warriors win girls soccer league championship

**Joe Naiman**  
*Village News Correspondent*

Fallbrook High School won the Valley League girls soccer championship.

The Warriors posted a 7-1-2 record in league play for first place in the final standings. Valley Center High School finished second with a 4-2-4 mark, Mission Vista High School had a 5-4-1 figure for third place, a 3-4-3 statistic gave Ramona High School fourth, San Pasqual High School took fifth place by finishing 2-5-3 and 2-7-1 wasn’t sufficient for Escondido High School to escape the cellar.

Fallbrook’s overall regular-season record was 10-6-4.

“It’s been a great season,” Fallbrook coach Sergio Garcia said. “Very proud of the girls.”

In both 2016-2017 and 2017-2018, San Pasqual won the league championship and Fallbrook placed second.

“We’ve been close the past two years,” Garcia said.

Fallbrook’s sole league loss for the season was Jan. 18, when the Warriors played Mission Vista at Luz Duran Park in Vista and the Timberwolves obtained a 2-1 victory. That gave Fallbrook a 2-1-1 league record entering the Warriors’ Jan. 23 home game against San Pasqual.

“We talked about it being a learning experience,” Garcia said of the game following the Warriors’ loss.

Hannah Diverde scored a first half goal with Karina Bulli providing the assist, and the Warriors hung on for a 1-0 win. Fallbrook goalkeeper Valerie Juarez made six saves for the shutout which also included defensive efforts from sweeper Audrey Petersen, left defender Porcha Camilli, center defender, which is sometimes called a stopper, Delia Tapia and right defender Judith Urbina.

“San Pasqual was the team to beat in past years, so beating them twice this year was rewarding and it shows that we’re improving as a team,” Garcia said.

Fallbrook, San Pasqual and Mission Vista were in Division II for playoff purposes. Valley Center was in Division III. Escondido and Ramona were Division IV schools. Last place in the Valley League didn’t prevent Escondido, whose regular-season record was 7-13-2, from being given the fifth seed in the Division IV playoffs.

“We’re happy to have beaten them twice,” Garcia said.

The second round of league play began Jan. 25, and Fallbrook hosted Escondido that day. Goals by Diverde, Petersen, and Nikel Villa accounted for Fallbrook’s scoring in the 3-0 victory over the Cougars. Bulli and Adriana Madrigal had assists, and Juarez made four saves.

The Jan. 25 games also included Ramona’s 3-2 home win against Mission Vista which knocked the Timberwolves out of first place in the league standings and gave Fallbrook the lead. Valley Center obtained a share of the standings lead Jan. 30 when the Jaguars defeated Escondido in a 2-0 game at Valley Center and Fallbrook was held to a 1-1 tie at home against Ramona.

“Ramona was a tough team,” Garcia said. “They came out swinging.”

Bulli scored Fallbrook’s goal against the Bulldogs.

Fallbrook regained first place Feb. 1 when the Warriors traveled to Valley Center and defeated the Jaguars in a 1-0 contest.

“The Valley Center game was a key game through the end of the season. I think it was the tilting point of our winning league,” Garcia said.

Jade Kennedy scored the game’s lone goal with Diverde providing the assist. Juarez recorded seven

saves against the Jaguars.

The Valley Center loss in conjunction with Mission Vista’s 3-1 home win over Escondido that day gave the Timberwolves a share of second place, a game behind Fallbrook.

“We treated the last three games as the final,” Garcia said.

Mission Vista and Valley Center played to a 1-1 tie, Feb. 6, in Valley Center, so the Warriors actually clinched the league championship that day with a 4-2 triumph at San Pasqual.

“We were able to put four in,” Garcia said. “The midfielders were creative and generated a lot of scoring opportunities.”

All four of Fallbrook’s goals were scored by midfielders. Kennedy, who was the Warriors’ left midfielder, placed three shots into the net. Center midfielder Galilea Medina scored Fallbrook’s other goal. Fallbrook’s right midfielder was Diverde, who contributed two assists.

Fallbrook had to contend with the Golden Eagles’ attack, especially in the second half.

“They changed their formation where they had three attackers,” Garcia said.

The Golden Eagles peppered Juarez with shots, but she made nine saves.

“Our back four played tight in the back,” Garcia said of Petersen, Camilli, Tapia and Urbina.

Fallbrook was also handicapped when about 30 minutes into the game Bulli scraped her leg on the turf. She missed the rest of the game but was able to play two days later.

Bulli, Alida Corona, Diverde, Vanessa Hernandez, Medina, Petersen, Julieta Urbina and Villa were honored at the Senior Night ceremony preceding Fallbrook’s Feb. 8 home game against Mission Vista. The Timberwolves were Valley League members in 2014-2015 and 2015-2016, which were

Fallbrook’s first two seasons in the league, before being assigned to the Palomar League for 2016-2017 and 2017-2018. Mission Vista was third in the 2017-2018 Palomar League standings. The North County Conference realignment approved last year returned the Timberwolves to the Valley League for 2018-2019 and 2019-2020.

“It just adds another tough opponent,” Garcia said.

The final score was 1-0 in Fallbrook’s favor. Madrigal scored in the first half with an assist from Bulli.

“The whole team was focused,” Garcia said. “The second half of the game was focused to not make any mistakes.”

Mission Vista had second place at stake, but the loss along with Valley Center’s 1-1 tie at home against Ramona gave the Jaguars that position.

Juarez saved seven Mission Vista shots. The shutout was the seventh for the Warriors in their 10 league games and their ninth overall for the season.

“That line of back four was the common denominator,” Garcia said.

The girls’ soccer league championship was the first for Fallbrook since the 2007-2008 Warriors posted an 8-1-1 record in Avocado League play.

“I think it was a successful season,” Garcia said.

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DINING

Start the day with cherries

FALLBROOK – George Washington might have known a thing or two when he tried to cut down a cherry tree. The first president of the United States of America may have been trying to get at the sweet and versatile fruit hanging from the tree’s branches.

Cherries are nutritional powerhouses that contain antioxidants, which studies have suggested can reduce the risk of heart disease. In addition, anthocyanins in cherries may help reduce the risk of Alzheimer’s disease. Furthermore, cherries are a natural source of melatonin, which promotes healthy sleep. People with arthritis may find that cherries can reduce the inflammation associated with their condition.

There are many reasons to eat cherries each day, so why not start at the breakfast table? This recipe for “Croissant French Toast with Fresh Bing Cherry Sauce,” courtesy of the California Cherry Board, makes for a delicious and nutritious start to your day.

Croissant French Toast with Fresh Bing Cherry Sauce

- Serves 4
- 1/2 cup orange marmalade
  - 2 cups pitted fresh California Bing cherries
  - 4 Croissants (Tip: Day-old are fine)
  - 3 eggs
  - 1/2 cup milk
  - 1/4 cup heavy cream
  - 1 tablespoon vegetable oil
  - 2 cups fresh whipped cream
  - 1/2 cup chocolate sauce
- Heat orange marmalade in a small saucepan over medium-low heat. Add the cherries and cook for 5 minutes, stirring frequently. Remove from the flame.
- Slice the croissants in half lengthwise, as if to make a sandwich. Whisk eggs, milk, and cream together in a flat-bottomed baking dish. Lay the croissant pieces in the egg mixture, turning several times as the liquid is absorbed.
- Add the oil to griddle and heat on medium flame. Cook the croissant slices until golden brown on each side. Place the bottom croissant slices on serving plates. Top with 1/2 cup cherry mixture. Top with the croissant tops, then add a dollop of whipped cream and finish with a pour of chocolate sauce.



Get back on track with healthy, low-fat dining

FALLBROOK – At the start of a new year, many people resolve to get in shape and lose weight. Diet and exercise have long been the ideal recipe for shedding pounds. In order to do so, a person must create a calorie deficit, which occurs when a person burns more calories than he or she consumes. Healthy, low-fat and low-calorie foods can help people create a calorie deficit.

This recipe for “Smoked Haddock on a Nest of Potatoes” from Sue Kreitzman’s “Low Fat for Life Cookbook” (DK) checks in at just 221 calories per serving with 2 grams of total fat, making it a great choice for those who want something light and healthy.

Smoked Haddock on a Nest of Potatoes

- Serves 2
- 1/2 pound potatoes, scrubbed but unpeeled
  - 2 pinches paprika
  - Oil water spray (see below)
  - Salt and freshly ground black pepper
  - 2 pieces smoked haddock, each about 5 oz, skinned and bones removed
  - Bunch of watercress to garnish

Slice the potatoes paper-thin. Using the slicer on the side of a grater is the best way to get fine slices. Put into a colander and rinse well, then drain and dry in a dish towel. Toss the slices with a pinch of the paprika and a spritz of oil-water spray.

Spray a baking sheet and spread the slices out. Bake in a preheated oven for 10 minutes, then stir them, spread out again, and bake for about 5 minutes more, until tender and browned. They should be crisp in patches.

Sprinkle a pinch of paprika and a grinding of pepper over the fish. Lightly salt the potatoes and arrange in two piles on the baking sheet. Place a piece of fish over each pile of potatoes.

Bake for about 7 minutes at 475° F, until just done. Garnish with watercress and serve with sautéed mushrooms alongside, if desired.

**Oil-Water Spray**

Fill a new, clean plant mister or small plastic spray bottle with 7/8 water and 1/8 desired oil. Give the bottle a good shake before using it to spray food or pots and pans. This oil-water spray cuts down on calories and makes for low-fat cooking.



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## Baily Winery has plenty of history – and most importantly – plenty of fine wines

**Jeff Pack**  
WRITER

The cold rain was already coming down in Temecula Wine Country and more was expected on the way – but Phil Baily was right where he wanted to be.

Surrounded by gigantic stainless steel wine tanks, Baily was pushing buttons, inserting hoses and checking water lines as he cleaned the tanks to get ready to make a new batch of wine.

The winery owner and winemaker has been crafting premium vintage wines since 1986, when, after 15 years as a consulting actuary, Baily and his wife, Carol, and two young sons left San Marino for Temecula.

“I was ‘Billy Businessman’ and Carol was a stay-at-home mom in San Marino,” Baily said. “We decided we wanted to move to the country and figure out what we would do when we got here. And that’s what we did.

“We started growing grapes, getting to know the people here, and all the other winery owners all came from other professions and they encouraged us. So, by the mid-80s, we made the decision to start the winery,” Baily said.

To say, Baily had an extensive background in winemaking when the couple moved to Temecula would be an overstatement.

But there was a solid interest. “We’d always been very interested in wine,” Baily said. “We’ve always enjoyed wine with our dinner, and we’ve always visited wine countries, going back to when we first got married in the 60s.”

Now almost 30 years later, Baily was asked whether he ever saw himself cleaning tanks all by his lonesome in his expansive wine-making facility.

“Carol and I are both hands on people,” Baily said. “You know, we like to do things, and we are horrible managers. We don’t like to tell people what to do. We like to do things ourselves. When we started we always envisioned that we would be getting our hands dirty and doing it. We never envisioned a time when we wouldn’t be doing it and where we’d be delegating it.”

His youngest son, Patrick, is now his assistant winemaker and his grandson, Alex, is the “assistant assistant winemaker.”

And they are doing something right. The Oxford Companion to Wine, Vol. 3, called Baily Winery one of the two “most artistically successful of the small pioneering outfits” in the Temecula Valley.

That’s not by mistake. Baily said it takes work.

“God makes wine, but he also makes vinegar too, right?” Baily said. “So, it takes attention to detail and not screwing up. You just have to stay on top of things. Bad wine is virtually always the result of a wine-making mistake, not bad grapes, at least in California where the climate is fairly constant. The grapes always get ripe in California.”

Baily is confident of where his product is because he’s taken the time to perfect it.

“The winery has been here for 33 years,” Baily said. “The advantage of that is we’ve figured out how to perfect our taste, how to make the best wine we can and this ‘terroir’ that everybody loves to talk about.”

At the Baily Estate Tasting Room, they do vertical tastings of six different years of any given varietal, and they alternate the tastings.

“We’ve been managing our inventory to hold back about a hundred cases each of cabernet sauvignon and meritage and cabernet franc,” Baily said. “So, this month we’re doing cabernet franc, and you taste six cabernet francs and you have them all in front of you at the same time. You then compare them so you can see the consistency, you can see the flow, see how Mother Nature works each year.”

Baily said nobody else in the valley is doing tastings like that.

“I had a wine writer in here, did that vertical tasting with him and he said, ‘You have really opened my eyes about Temecula,’” Baily said. “No other winery here in Temecula is doing this. There’s a lot of wineries making really good wine,



Phil Baily has been making wine in Temecula Wine Country since 1986.



Here are some of Baily Winery's award-winning wines.



With decades of inventory, Baily Winery offers plenty of wines to choose and take home.



Baily Winery is one of Temecula Wine Country's oldest wineries.

Jeff Pack photos

but nobody has done this with their inventory. You cannot only do that tasting, but the people can buy the wine. Anybody can have a few cases set aside and do a vertical tasting, but to do it on a regular basis and be able to sell the line, nobody’s doing it. So, it’s going to take them a while to catch up.”

Baily is also proud of how far Temecula Wine Country has come and is looking forward to another successful year.

“I think things are going exactly the way we envisioned them in the late 80s when we developed the Riverside County General Plan,” he said. “We envisioned this becoming a tourist destination, a wine country destination place for people that enjoy fine wine and fine food and all the zoning was directed toward that end. And it’s definitely happening with the hotels, and I don’t know how many wineries now and a lot of people coming here. So, yeah, it’s going that way.

“How do they say it on ‘The A-Team?’ ‘I love it when a plan comes together.’ Yeah,” Baily said.

The Main Tasting Room is open to the public at 33440 La Serena Way,

in Temecula. The room is open from 11 a.m. to 5 p.m. Sundays through Fridays and 10 a.m. to 5 p.m. on Saturdays. Call (951) 676-9463 for more information.

While visiting, make sure to eat at Carol’s, the restaurant that has featured delicious food since 1992. Featuring entree salads, appetizers, sandwiches, fresh fish, steak, pasta dishes and even a good Reuben sandwich.

Carol’s also has a private dining room available for parties where a buffet lunch or dinner is served for groups of 24 to 48.

Carol’s is open 11:30 a.m. to 2:30 p.m. Thursdays and Fridays and 11:30 a.m. to 3 p.m. Saturdays and Sundays. Call (951) 676-9243 for information.

The Estate Tasting Room is open by reservation only with a maximum group size of 12 people and is open from 11 to 4 p.m. Thursdays through Sundays. Call (951) 972-9768 to make reservations.

For more information on everything Baily’s, visit [www.bailywinery.com](http://www.bailywinery.com).

Jeff Pack can be reached by email at [jpack@reedermedia.com](mailto:jpack@reedermedia.com).

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## Wine Country Events Calendar

FRIDAY, FEBRUARY 22	
11 a.m. to 5 p.m.	Craft Faire, Maurice Car'rie Winery
1-2:30 p.m.	Behind the Scenes Wine Tour, South Coast Winery
3-5:30 p.m.	Happy Hour, Vineyard Rose, South Coast Winery
5-7 p.m.	Live Music, David Reynolds, Meritage Restaurant, Callaway Winery
5-8 p.m.	Live Music, Ben Bostick, Cougar Vineyard & Winery
5-9 p.m.	Live Music, Karaoke Night with Lillian Thomas, Masia de la Vinya
5:30-8:30 p.m.	Live Music, Ron Freshman, Restaurant at Ponte Vineyard
6-9 p.m.	Live Music, Taylor Kunysz, Lorimar Winery in Old Town
6-9 pm.	Live Music, Midnight Satellites, Lorimar Winery
6-9 p.m.	Live Music, A&E, Avensole Winery Restaurant
SATURDAY, FEBRUARY 23	
10 a.m. to noon	Wine Academy, Wilson Creek Winery
11 a.m. to 5 p.m.	Craft Faire, Maurice Car'rie Winery
Noon to 3 p.m.	Live Music, John Rankin, Cougar Winery & Vineyard
Noon to 4 p.m.	Live Music, Tim Cash, Masia de la Vinya
1-4 p.m.	Live Music, Brennan Kilpatrick, Avensole Winery Tasting Room
1-5 p.m.	Live Music, Justin Paul Sanders, Fazeli Cellars
3:30-5:30 p.m.	Happy Hour, Vineyard Rose, South Coast Winery
5:30-8:30 p.m.	Live Music, Buzz Campbell, Restaurant at Ponte Vineyard
6-9 p.m.	Live Music, Those Guys, Lorimar Winery
6-9 p.m.	Live Music, Sloan Dalley, Lorimar Winery in Old Town
6-9 p.m.	Live Music, Robert Simon, Avensole Winery
SUNDAY, FEBRUARY 24	
11 a.m. to 2 p.m.	Brunch Specials at Meritage Restaurant, Callaway Winery
11 a.m. to 5 p.m.	Craft Faire, Maurice Car'rie Winery
11:30 a.m. to 3 p.m.	Dog Day Sundays, Carol's Restaurant at Baily's Winery
1-4 p.m.	Live Music, Joe Baldino, Europa Village
1-4 p.m.	Live Music, Hildnr, Lorimar Winery
1-4 p.m.	Live Music, Sheila Sonderguard, Avensole Winery Tasting Room
1-5 p.m.	Live Music, Ben Bostick, Fazeli Cellars
2-5 p.m.	Live Music, Dylan Keawe, Cougar Vineyard & Winery
3:30-5:30 p.m.	Happy Hour, South Coast Winery

UPCOMING:  
March 17 is Cougar Winery's St. Patty's 5K/15K.

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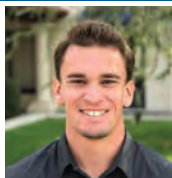
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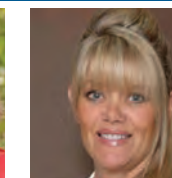
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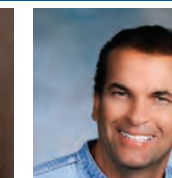
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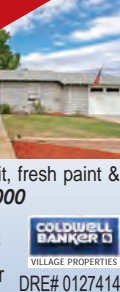
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