

ANNOUNCEMENTS

The deadline for all announcements and press releases is Friday, 3 p.m.
Email to villageeditor@reedermedia.com.

Speakers to share critical emergency info at Encore Club meeting

FALLBROOK – The next meeting of the Fallbrook Encore Club is Tuesday, Jan. 3, with guest speakers Heather Mitchell, crime prevention specialist from the Fallbrook Sheriff Station, and Capt. Harrington from North County Fire Emergency Preparedness Task Force. They will discuss a new program about community needs during critical emergencies.

Encore Club is a social group that promotes friendship by offering social activities, outings, dinners, mahjong and various card games. Some members are currently learning a new card game called Hand, Knee and Foot, and members are enjoying the challenge.

In December, the Encore Club held their holiday party at Christ the King Church in Fallbrook with over 100 attendees. The festive party included a potluck, trivia game and a singalong. Members decorated their own tables. The tables were so beautiful and creative; the members outdid themselves, according to Encore Club.

The meetings are held on the first Tuesday of the month, with the exception of July and August, at Christ the King Lutheran Church, 1620 S. Stage Coach Lane, in Fallbrook. Socializing and activity sign up begin at 9:30 a.m. and the meeting begins at 10 a.m.

Everyone who lives in Fallbrook, Bonsall, Rainbow or De Luz are welcome. For more information, visit <https://fallbrookencoreclub.com>.

Submitted by Encore Club.



Encore Club member Ardis Duhachek poses with the table she decorated for the club's Christmas party.



Peggy and Glenn Landers match the centerpiece at their table for the Encore Club Christmas party.

Community Read event set for Jan. 21



New York Times bestselling author Caitlin Rother will speak about her book "Death on Ocean Boulevard: Inside the Coronado Mansion Case" at the Community Read event, Jan. 21

FALLBROOK – Tickets for the Friends of the Fallbrook Library 2023 annual Community Read at the Pala Mesa Resort on Saturday, Jan. 21 continue on sale. New York Times bestselling author Caitlin Rother will speak about her book "Death on Ocean Boulevard: Inside the Coronado Mansion Case."

Rother is a Pulitzer-nominated investigative reporter and her book investigates the controversial real-life mystery that captivated the nation's attention. The book is now under development as a limited TV series with Rother as executive producer along with Untitled Entertainment.

Additionally, she has announced

that she has accepted an offer to write a book titled "Down to the Bone: The Mysterious Murder of the McStay Family." It will cover the tragic story that gripped the nation and Fallbrook in particular. Joseph McStay, his wife Summer and their two young sons went mysteriously missing from their home in Fallbrook in February 2010.

Rother worked nearly 20 years for daily newspapers. A popular speaker, she has appeared more than 250 times on TV, radio and podcasts as a true crime expert.

Doors for the event will open at 11:30 a.m., with a light lunch at noon. After lunch, the author will speak about her books and answer questions, followed by a book signing. Copies of the author's books will be available for purchase at the event.

Questions about the Community Read may be directed to either Nancy Javier at banar@roadrunner.com or Helen McHargue at foodsmarts@gmail.com. Tickets for the event are \$35 (no service fee) and are available online at www.fallbrooklibraryfriends.org.

The Bottom Shelf at the library located at 124 S. Mission Road will also be available to assist with purchasing tickets. Tickets to the event would make a great gift for the holidays, but as seating is limited, anyone interested in going is encouraged to purchase tickets before they run out.

Submitted by Friends of the Fallbrook Library.

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Fallbrook Village Rotary holding Christmas Toy Drive



Fallbrook Village Rotary members display some of the items donated to their toy drive, from left, in back, Gordon Stone, John Crawford, George Archibald, Chuck Ibold; middle row, Helen Archibald, Cindy Gobrecht, President Allison Abbott, Sherri Trombetta, Paula Shilts, Jennifer Weeks, Kathy Rietkirk; seated, Karen Utey, Mila Cochran and Mike Bett.

FALLBROOK – Members of the Fallbrook Village Rotary contributed new unwrapped toys to the Christmas Toy Drive, headed up by their president, Allison Abbott, to support military youth of all ages.

Contributions were also made to Adopt a Family, headed up by Community Service Coordinator Cindy Gobrecht, whereby club members provided gifts to a Fallbrook family in need to help the family celebrate Christmas.

Anyone who would like to contribute to this cause can drop off a new, unwrapped toy at the USO toy drop-off box located at the North County Fire Protection District office, 330 S. Main Ave.

Submitted by Fallbrook Village Rotary.

CALENDAR

Jan. 21 – 11:30 a.m. – The Friends of the Fallbrook Library's 2023 annual Community Read event at Pala Mesa Resort, features New York Times bestselling author Caitlin Rother and her book, "Death on Ocean Boulevard: Inside the Coronado Mansion Case." A light lunch will be served;

the author will speak, answer questions, and sign her books which will be available for purchase. Tickets are \$35 (no service fee) and are available at <http://www.fallbrooklibraryfriends.org> or at the Bottom Shelf, 124 S. Mission Road.

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We hope you all have the best Christmas ever and spend
a little time reflecting on the true meaning of Christmas.
Blessings to you all!

— Ken Follis & The Robinson Group

PEACE

O N E A R T H

The Birth of Jesus

— Luke 2: 1-20 —

² In those days Caesar Augustus issued a decree that a census should be taken of the entire Roman world. ² (This was the first census that took place while[a] Quirinius was governor of Syria.) ³ And everyone went to their own town to register.

⁴ So Joseph also went up from the town of Nazareth in Galilee to Judea, to Bethlehem the town of David, because he belonged to the house and line of David. ⁵ He went there to register with Mary, who was pledged to be married to him and was expecting a child. ⁶ While they were there, the time came for the baby to be born, ⁷ and she gave birth to her firstborn, a son. She wrapped him in clothes and placed him in a manger, because there was no guest room available for them.

⁸ And there were shepherds living out in the fields nearby, keeping watch over their flocks at night. ⁹ An angel of the Lord appeared to them, and the glory of the Lord shone around them, and they were terrified. ¹⁰ But the angel said to them, “Do not be afraid. I bring you good news that will cause great joy for all the people. ¹¹ Today in the town of David a Savior has been born to

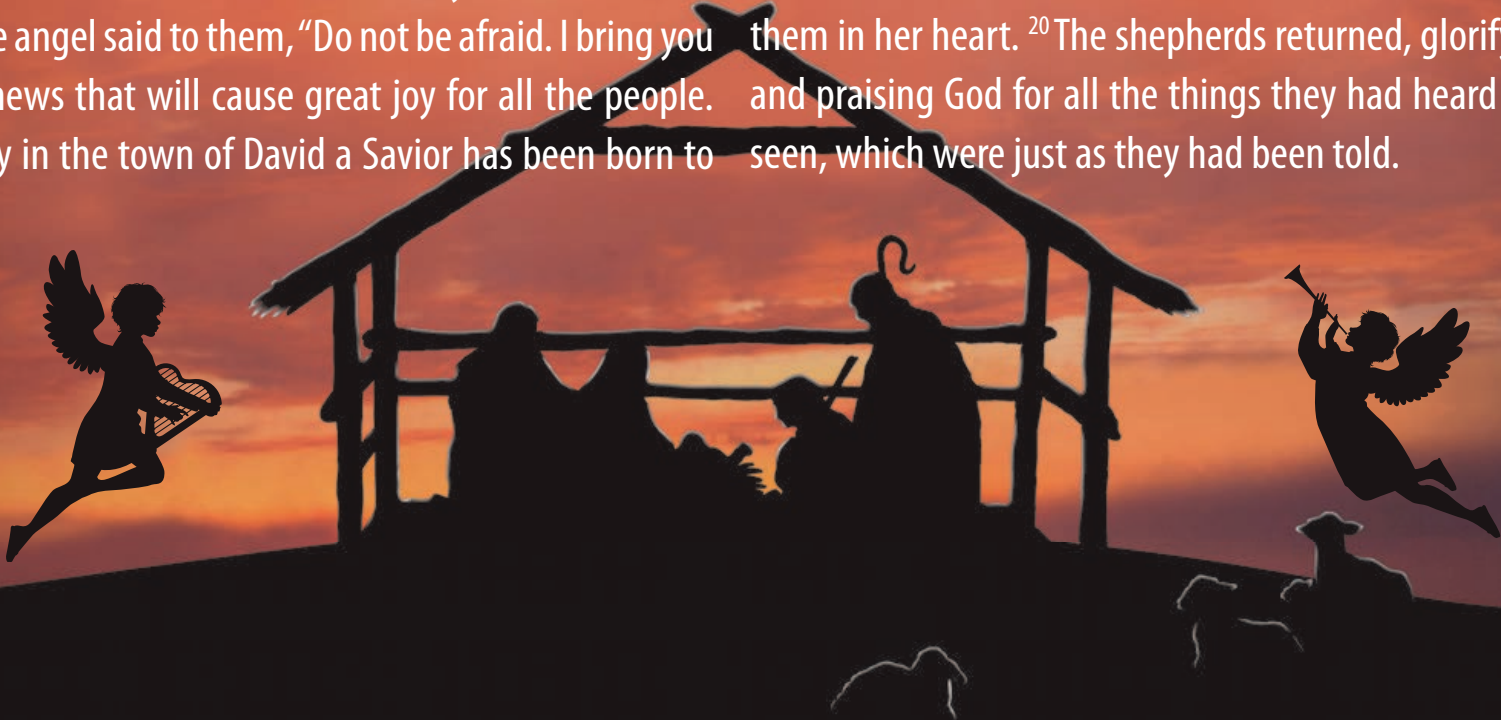
you; he is the Messiah, the Lord. ¹² This will be a sign to you: You will find a baby wrapped in cloths and lying in a manger.”

¹³ Suddenly a great company of the heavenly host appeared with the angel, praising God and saying,

¹⁴ “Glory to God in the highest heaven, and on earth peace to those on whom his favor rests.”

¹⁵ When the angels had left them and gone into heaven, the shepherds said to one another, “Let’s go to Bethlehem and see this thing that has happened, which the Lord has told us about.”

¹⁶ So they hurried off and found Mary and Joseph, and the baby, who was lying in the manger. ¹⁷ When they had seen him, they spread the word concerning what had been told them about this child, ¹⁸ and all who heard it were amazed at what the shepherds said to them. ¹⁹ But Mary treasured up all these things and pondered them in her heart. ²⁰ The shepherds returned, glorifying and praising God for all the things they had heard and seen, which were just as they had been told.



Handmade blankets donated for Marine families



Blanket Project volunteers Hanh DeMore, left, and Florence Zelasco, center, deliver crocheted blankets to Margaret Larson, president of the St. Peter Thrift Store board, for their Marine Christmas Appreciation event.

FALLBROOK – Blanket Project volunteers Hanh DeMore and Florence Zelasco recently delivered handmade blankets to St. Peter Thrift Store for its Marine Christmas Appreciation program. DeMore and Zelasco crocheted together the patches, created by many others, into blankets which will be given through the thrift store program. St. Peter Thrift Store conducts the annual Marine Christmas Appreciation in which they donate toys and gift cards to U.S. Marine families. These blankets and many others will be included in their donation this holiday.

St. Peter Thrift Store always welcomes new volunteers as does the Fallbrook Blanket Project. For more information, email fallbrookblanketproject@gmail.com. Submitted by the Fallbrook Blanket Project.

Local families receive help for Christmas



Margaret Larson, a volunteer at St. Peter Thrift Store, prepares gifts for Marine families, including handmade blankets from the Fallbrook Blanket Project.

FALLBROOK – St. Peter Thrift Store held their Community “Give Back” Christmas, giving back to local families. Ten families received gift cards through its Community Assistance Program. The thrift store also held its annual Marine Appreciation Christmas that provided gift cards and toys to 37 Marine families. The Fallbrook Blanket Project also donated blankets, Afghans and scarves for each family. St. Peter Thrift Store has an active Community Assistance program to assist families in need in Fallbrook, Bonsall and Rainbow. The store is open Monday, Tuesday, Wednesday, Thursday and Saturday from 10 a.m. to 2 p.m. at 520 S. Main Ave. in Fallbrook. Submitted by St. Peter Thrift Store.

TRUSTEES

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of the district budget after the adoption and revisions of the state budget. Highlights of the report were presented during the meeting. The first interim budget increased to \$50.8 million. Mefford noted that the fund balance in the unrestricted general

fund is expected to decrease as a result of increased salaries, benefits and special education costs. The report is presented with a “positive certification” because the current year, the 2023-2024, and 2024-2025 fiscal years have positive fund balances and include full funding of the 6% reserve for economic uncertainties.


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Cesar Wilson Photography

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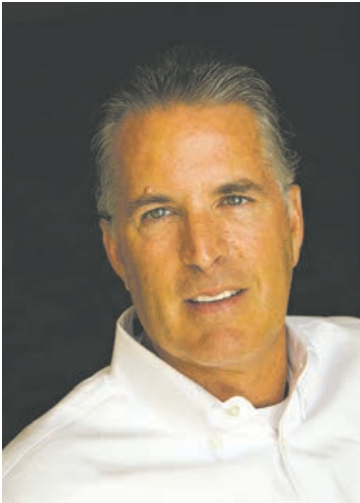
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Why the Lowly Shepherds?



Dr. Rick Koole
LifePointe Church

Next May, Carolyn and I will be leading my 11th tour of the Holy Land. I know from experience that one of the sites people will want to see is The Shepherds Field near Bethlehem. It's an ordinary looking field with rocks strewn everywhere, yet it is a special place where 2,000 years ago a rag-tag

MWD

from page A-1

been extraordinarily stressed by prolonged drought, exacerbated by climate change.

The past three water years were the driest in California history, resulting in record low SWP deliveries to Southern California. The limited availability of these water supplies has been particularly felt by communities that depend on them and cannot receive Colorado River water because of infrastructure constraints.

These SWP-dependent communities – home to nearly 7 million people – have been under mandatory drought restrictions since June. Under Metropolitan's Emergency Water Conservation Program, affected agencies have either been living within volumetric limits or have restricted outdoor watering to one day a week. Those mandatory measures will continue in these SWP-dependent communities through June 2023, and possibly longer if substantial rain and snow this winter doesn't bring relief to California's drought.

While the rest of Southern California has largely been able to turn to Colorado River supplies and stored water to survive the state drought, Hagekhalil acknowledged the availability of those supplies is dropping.

The long-term drought in the Colorado River Basin has left lakes Mead and Powell dangerously close to levels that would no longer allow water to be released for use by cities and farms. In response, the federal government has called on Colorado River water users to curtail their use in 2023 and 2024 by as much as 4 million acre-feet a year – the total amount used by California in a year. And if voluntary cuts cannot be achieved, federal officials have initiated a process to mandate sizable reductions.

Metropolitan is preparing for additional reductions to its Colorado River supplies as soon as next year and beyond. These reductions would be in addition to water Metropolitan will likely have to contribute to keep levels in Lake Mead higher in 2024-26, as previously agreed under the 2021 Drought Contingency Plan.

"Conditions on the Colorado River are growing increasingly dire. We simply cannot continue turning to that source to make up the difference in our limited state supplies. In addition, three years of California drought are drawing down our local storage," board Chairwoman Gloria D. Gray said.

While taking steps to reduce demands in the immediate-term, Metropolitan is also making big investments in sustainable, climate change-resilient local supplies for the entire region. The agency is developing what could be one of the largest recycled water facilities in the world – Pure Water Southern California. Still, until these projects are complete, conservation is critical during dry periods like now.

With up to 75% of all water used in Southern California used for irrigating yards and gardens, outdoor conservation offers a big opportunity for water savings, particularly in the winter. Southern Californians are encouraged to reassess the irrigating needs of their lawns and gardens during the winter. Cooler temperatures and wetter weather can dramatically reduce watering needs. For more information, visit <https://www.bewaterwise.com/>.

Submitted by Metropolitan Water District.

group of young shepherds had an incredible encounter with an angel.

As Christmas rapidly approaches, I think it's fair to wonder why God chose to announce the birth of the Christ Child to a group of shepherds out in a field near Bethlehem. After all, shepherds were on one of the lowest rungs of the social ladder and were not viewed highly by most of the people of Bethlehem. And yet, after the angel announced the Savior's birth, he was joined by a multitude of angels praising God and singing, "Glory to God in the highest."

Let me share three important lessons we can learn from how the shepherds responded.

1. They didn't waste any time obeying. When the angels had left them and gone into heaven, the shepherds said to one another, "Let's go to Bethlehem and see this thing that has happened, which the Lord has told us about." So they hurried off and found Mary and Joseph, and the baby, who was lying in the manger.

I wonder if they debated whether or not to go. They could have come up with a number of excuses not to go, or to at least wait until the next morning. They could have said they were too tired or they could have questioned whether it was wise to leave the sheep unguarded. They might have even wondered whether they had really seen an angel from God or was it just their imagination.

They could have come up with a lot of reasons to delay or not go at all, but the Bible tells us, "They

hurried off and found Mary and Joseph, and the Baby."

2. They fearlessly proclaimed the birth of the Savior. When they had seen him, they spread the word concerning what had been told to them about this child.

After they had seen the Christ Child, they left. But they didn't hide what had happened. They appear to have told everyone they met what they had witnessed and what had been told to them by the angels, which was, "Do not be afraid, for behold, I bring you good tidings of great joy which will be to all people. For unto you is born this day in the city of David a Savior, who is Christ the Lord. And this will be the sign to you: You will find a baby wrapped in swaddling clothes, lying in a manger."

How did people respond to this fantastic tale by a group of uneducated shepherds? We read, "And all who heard it were amazed at what the shepherds said to them."

3. God still chooses "lowly shepherds." The Bible reminds us that, "Brothers, think of what you were when you were called. Not many of you were wise by human standards; not many were influential; not many were of noble birth. But God chose the foolish things of the world to shame the wise; God chose the weak things of the world to shame the strong. He chose the lowly things of this world and the despised things – and the things that are not – to nullify the things that are, so that no one may boast before him."

Santa's coming to town and loves trees



Roger Boddaert, second from right, with help from the Save Our Forest gang, shares the season of trees with Old Saint Nick on Main Avenue in downtown Fallbrook.

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Did you catch last week's Village News article?

Tim Kirk makes EPIC brand change

Reprinted from Village News December 15, 2022 edition

Village News Staff

Tim Kirk, owner of Murphy & Murphy Southern California Realty, took another major step with his local real estate company. He has rebranded the name to EPIC Realty Group, Inc.

Kirk bought Murphy & Murphy last August. "I felt like their passion to give back to the community was similar to mine. As a retired Marine, my first passion is to serve people, especially military and first responders, but really all kinds of people. It comes down to my passion for those people who are near and dear to my heart," said Kirk.

"As Realtors, there's so much we can do to help

others. Sometimes that includes helping people to pay off their debt while purchasing their home. Sometimes it's just being creative in finding a way they can purchase a home right now, especially as rates are rising. I can show people how they can have more money in their pocket a year from now after buying a home."

Why the name Epic? "I was hiking one morning and trying to come up with a name that played off my military service and patriotism. I came up with the word Epic and thought I could play off my military rank and grade, which was Master Gunnery Sergeant (E-9). I really liked the word Epic, so I had the thought to just turn the "P" around and incorporate

my paygrade of E-9 into the name and logo. In the military, the highest pay grade on the enlisted side one can achieve while serving is an E-9. The designation of Master Gunnery Sergeant is a rank where the Marine is considered a duty expert in their particular field, this is another reason I liked it. After serving in the Marines for 25 years and now serving another 9 years in real estate, I consider myself a "Duty Expert" in real estate," said Kirk.

He continued, "So, I changed the colors from green and black to a more patriotic color scheme of red, white and blue. I filed the paperwork with the Secretary of State and County of San Diego to create the new



Tim Kirk stands in front of his office at 130 N. Main Ave in Fallbrook. Village News photo

corporation and DBA, now known as EPIC Realty Group. We are excited to move forward with our new branding and the same great service we have always provided our clients."

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— Stan R., Carmel Valley

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After being in the Marine Corps for 25 years and moving every three to four years, you really begin to appreciate having a safe and loving place to call home. Being able to give that same feeling to someone else is my passion. I just love helping my clients find a house and make it a home. I really understand that every client has a unique situation which requires flexibility, active listening, patience, and a vast amount of current residential real estate knowledge. I'm passionate about giving back to my community, whether it be through volunteering with local non-profits or helping people find a place to call their own. Because of all the effort and dedication that my team and I put into each client, we have really built our business based on referrals from past clients and the relationships we build. It's a blessing to be able to do what I do each day. You can trust your Real Estate investment to EPIC Realty Group! We also have trusted brokerage relationships across the nation to help you secure your next home. Give us a call for all of your real estate needs.





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Tim Kirk

MGySgt, USMC (Ret.), MBA
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760.704.9252

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‘Ye Ol’ Christmas Village’ event benefits the whole community



BONSALL – The Bonsall Woman’s Club welcomed members and their guests to the 30th annual Christmas event on Dec. 7 at the Golf Club of California. What began as a tree trimming activity at the Fallbrook Boys and Girls Club all those years ago has developed into a much anticipated holiday activity for many to enjoy.

The afternoon included a luncheon and holiday entertainment by the talented Sullivan Middle School Show Choir. Silent auction items were bid on, themed Christmas trees and gift baskets were raffled and creative crafts made by members were purchased. Door prizes were also given to lucky recipients.

The club truly appreciates the generosity of the attendees to assist in their mission to provide support to many local organizations in the community. The club provides

enrichment and services to local youth, seniors, military families, animal welfare agencies, the arts and more.

The club also values the corporate and professional sponsors who made the event so successful. The club members all supported the event by working on committees, setting tables with holiday dinnerware and centerpieces, arranging for donations, creating crafts and decorating trees.

Bonsall Woman’s Club meets the first Friday of every month at the Bonsall Community Center from 10 a.m. to noon. New members are always welcome. For more information and to see additional photos of the luncheon or club activities, go to www.bonsallwomensclub.org.

Submitted by the Bonsall Woman’s Club.

Barbara Chahbazian, seated, right, assisted by Sally Sebeckis, left, is the hostess who decorated Table 8 to contribute to the festive holiday theme.



Eight beautifully decorated trees and three wreaths stand ready for raffling at Ye Old Christmas Village fundraiser.



Guests are eager to deposit their tickets for the chance to win 15 raffle baskets – just one of the highlights of this traditional fundraiser.



Laurie Criscenti introduces the Sullivan Middle School choir and two student guitarists.



President Mary Jo Pfaff, center, is joined by Christmas fundraiser co-chairs Judy Bresnahan, left, and Laurie Criscenti.



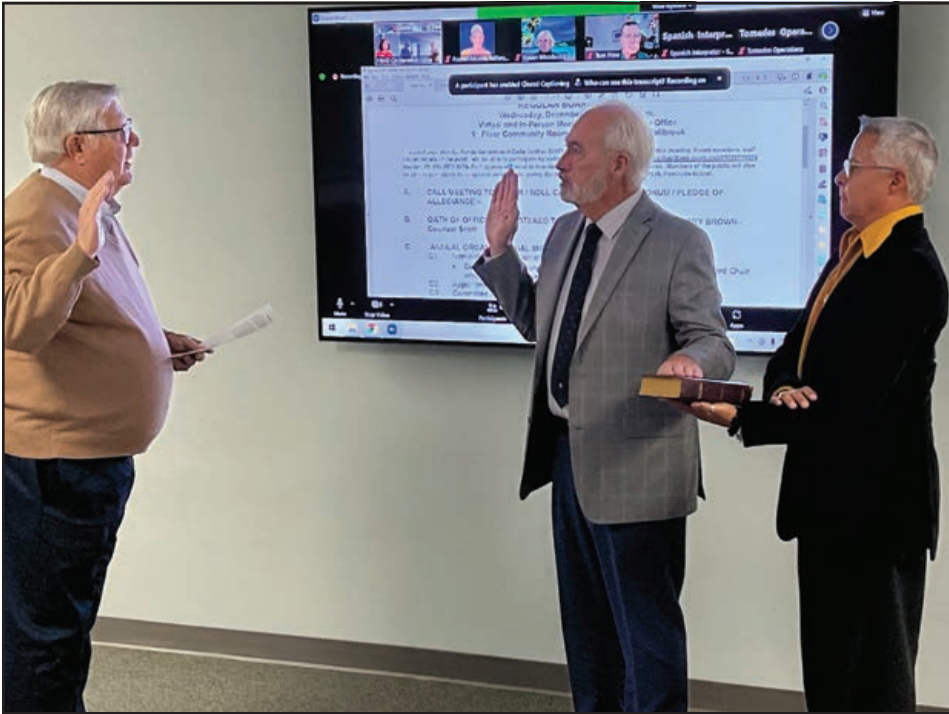
Selling raffle tickets for opportunity baskets are, from left, June Bernesser, Kay Ewin, Sydne Gilbert and Geri Sides.



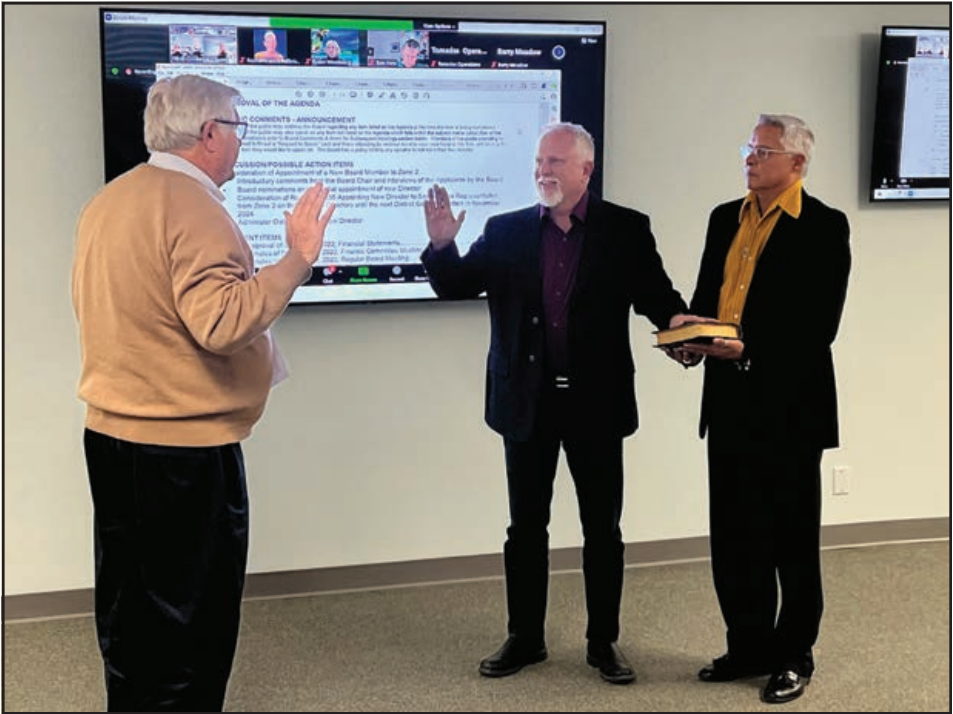
Enjoying the festivities are, from left, back row, Joy Williams, Nancy Ruiz, Marjorie Claborn, Christine Vanni, Marlene Rantanen, Mary Perhacs; seated, Connie Fish, Tina Langham-Smith and Elizabeth Leader. Long-time BWC member Rantanen designed the invitations and the printed program, and decorated Table 9 for her guests.

HEALTH

Health district organizes, selects non-Hispanic for open seat



FRHD legal counsel Jeffrey Scott swears in new board member Terry Brown with Michael Heffner holding the Bible, at the Dec. 14 meeting.



Newly appointed board member Mike Stanicek is sworn in by FRHD legal counsel Jeffrey Scott while Michael Heffner holds the Bible.

Rick Monroe
Special to the Village News

Terry Brown was sworn in as the new member of the Fallbrook Regional Health District board of directors at its Dec. 14 meeting, representing Zone 5. The Nov. 8 general election saw him receive more votes than incumbent Howard Salmon, who was board chair.

William Leach was unanimously elected chairman of the board of directors at the organizational meeting. Directors

then voted in sync to select Mike Stanicek to serve in the vacant District 2 seat previously held by Stephanie Ortiz, who moved to Oceanside. That vote was also unanimous.

Stanicek was the only person seeking the position, which will run through 2024. Trustees interviewed Stanicek at a special meeting on Nov. 30 but split on the vote by a 2-2 margin, hoping more candidates would apply before the Dec. 14 meeting.

The district is identified as a “minority majority zone” with a high Hispanic population. Community activist Leticia Maldonado/Stamos said during the public comments that she was disappointed to see Ortiz leave. She said she encouraged Hispanics to apply for the vacancy on the board but that no one was ready. When the seat is up for election in 2024, she expects there will be representation. She also encouraged Stanicek to reach out to the Hispanic

community and the VOCES de Fallbrook organization.

Prior to the vote to select Stanicek, board members commented and asked additional questions of the applicant. Jennifer Jeffries, reelected to the board by voters in November, thanked Stanicek for returning for that extended interview and said she understood the concerns of Maldonado/Stamos.

“I was very impressed when you (Stanicek) talked about how you would go about communicating to your zone and your idea of heading out and doing block parties or whatever it takes to get people in to speak with you and to have contact with you on a regular basis,” Jeffries said. “That was inspiring because now we’re all zoned – so we have to figure out a way to speak to the people who elected us.”

Jeffries said she made nine phone calls to people who know emerging Latino leaders. “As Leticia said, there are people

interested, but they’re just not ready yet.”

Jeffrey Scott, legal counsel, swore in Brown at the very beginning of the meeting and also had the duty to swear in Stanicek.

Jeffries, who is finance committee chair, gave a report to the board about district funds, making sure the two new board members had a basic understanding of the district’s accounting. She and Rachel Mason, CEO, said they would also be meeting with the new representatives for additional briefing.

Leach will make committee and officer appointments, per district bylaws. He said he would reach out to the board members to see what their interests are. Like Stanicek, board members Barbara Mroz and Leach serve through 2024.

The next regular board meeting is on Jan. 11 at 6 p.m.



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Ken’s Corner



Merry Christmas!

My prayer for all of you is to share the joy and fellowship of family and friends, have a fabulous holiday meal, create lasting memories with those you love, and most of all remember the reason for the season, to celebrate the birth of our savior, Jesus Christ.

AT YOUR SERVICE! – Ken

Sharon’s Corner

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Business Spotlight



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Charity Spotlight



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The impact of reading on personal health

Books transport people to different times, provide a sense of escapism and introduce readers to different schools of thought. Individuals may read for pleasure and/or to expand their intellectual horizons.

It’s important to note that reading also may help improve mental and physical health. With so much to gain from reading, now is a great time to embrace those book clubs, resolve to read more and explore how picking up a good book may be just what the doctor ordered.

Reduces stress

Immersing yourself in a story requires focus and concentration. According to researchers at the University of Sussex, it took just six minutes of reading for study participants to experience slower heart rates and reduced muscle tension.

Stress is one of the biggest threats to overall health, as the stress hormone cortisol can lead

to inflammation in the body that may impede the immune system, according to Piedmont Health. Finding ways to reduce stress, including through activities like reading, is a win for anyone who wants to improve his or her health.

Impacts longevity

According to the 2016 study, “A chapter a day: Association of book reading with longevity,” by Bavishi A, Slade M.D., reading exerts its influence on longevity by strengthening the mind. Reading positively impacts the way the brain creates synapses, optimizing neurological function. It also expands vocabulary and helps with memory.

Changes the brain

A 2014 study published in Neuroreport determined reading involves a complex system of signaling and networking in the brain. As one’s ability to read matures, these networks become stronger and more sophisticated.

MRI scans found that brain connectivity increased throughout studied reading periods and for days afterward.

Increases empathy

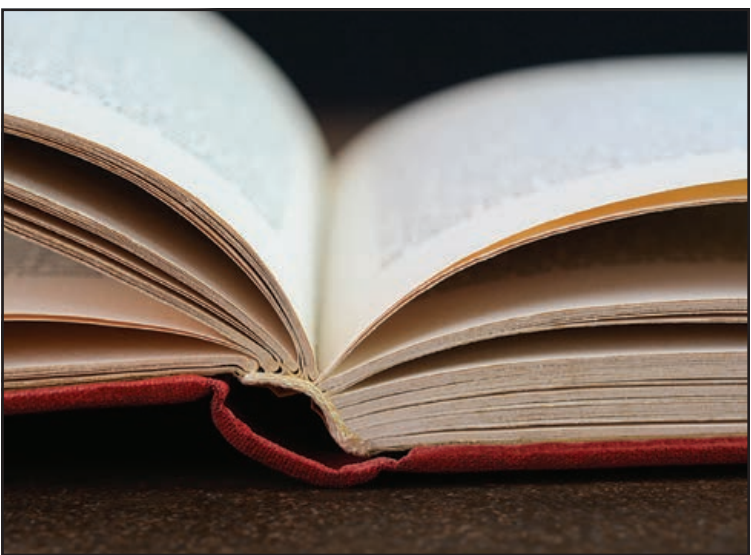
Through literary fiction, readers are exposed to the situations, feelings and beliefs of others. This can help a person develop a greater ability to empathize with others, according to Healthline.

Helps improve sleep

Reading is an effective way to wind down and relax before going to bed. It can be a positive nighttime ritual, provided one reads a paper book or utilizes an e-reader that is not backlit, as bright lights from digital devices may hinder sleep quality. In fact, doctors at the Mayo Clinic often suggest reading as part of a regular sleep routine.

Reduces depressive feelings

Individuals diagnosed with depression may feel isolated and



Finding ways to reduce stress, including through activities like reading, is a win for anyone who wants to improve his or her health.

Village News/Metro photo

estranged from other people. Books may reduce those feelings by helping a person temporarily escape his or her world into another. Also, books can serve as a common ground through which

conversations over shared interests can begin with others.

Reading has many positive health benefits, which is why resolving to read more can be beneficial.

DEA serves order to show cause on Truepill Pharmacy for its involvement in the unlawful dispensing of prescription stimulants

WASHINGTON – DEA served an order to show cause on Truepill, a retail pharmacy that is alleged to have wrongfully filled thousands of prescriptions for stimulants used in the treatment of ADHD, Thursday, Dec. 15.

Truepill was the pharmacy for telehealth companies, including Cerebral, that marketed attention deficit/hyperactivity disorder treatments, including Adderall and its generic forms, directly

to consumers using internet advertisements and social media. Cerebral arranged for patients to receive prescriptions for ADHD treatments through a telehealth visit, and for Truepill to fill those prescriptions.

“DEA will relentlessly pursue companies and pharmacies that seek to profit from unlawfully dispensing powerful and addictive controlled substances at the expense of the safety and health

of the American people,” DEA Administrator Anne Milgram said. “The men and women of the DEA remain committed to ensuring that every American can access essential medicines when they are lawfully prescribed and dispensed.”

According to the order to show cause, between September 2020 and September 2022, Truepill filled more than 72,000 controlled substance prescriptions, 60%

of which were for stimulants, including generic forms of Adderall. In numerous instances, Truepill dispensed controlled substances pursuant to prescriptions that were not issued for a legitimate medical purpose in the usual course of professional practice. An investigation into Truepill’s operations revealed that the pharmacy filled prescriptions that were: unlawful by exceeding the 90-day supply limits and/or

written by prescribers who did not possess the proper state licensing.

An order to show cause is an administrative action to determine whether a DEA Certificate of Registration should be revoked. Until a determination is made, this action does not affect a registrant’s ability to handle or distribute a controlled substance.

Submitted by Drug Enforcement Administration.

Survey finds retailers share little or inaccurate information on gas stove health risks, need for ventilation

LOS ANGELES – Although growing evidence shows that gas stoves fill kitchens and homes with hazardous air pollution, CALPIRG Education Fund, its national partner U.S. PIRG Education Fund and Sierra Club released a new report that found major retailers were largely failing to warn potential customers of gas stove health concerns – and safety measures that could protect their health.

In a survey conducted across 10 states, nearly three-quarters of survey takers were told that gas stove pollution was not a concern, and more than six in 10 were told that ventilation was unnecessary to protect health.

“Consumers deserve the truth when it comes to the danger of cooking with gas stoves. While we should be able to trust retailers are providing thorough information on the products in their stores, our report clearly shows most shoppers aren’t getting information on what they need to do to protect their health,” Jenn Engstrom, state director of CALPIRG Education Fund, said. “The kitchen should be a place of bonding – not a place where our families are exposed to toxic pollution that can make us sick. Retailers need to do better when it comes to educating their customers about the health risks of gas stoves. And it’s past time

that California and the federal government do more to protect the public from gas stove pollution.”

The health risks of gas stove pollution have long been recognized. In 1982, Consumer Reports said that “children from gas-stove homes have a greater incidence of respiratory illness and impaired lung function than those from homes with electric stoves.”

Nearly 40 years ago, the Consumer Product Safety Commission asked the U.S. Environmental Protection Agency if it should be concerned about the impact of nitrogen dioxide emitted from gas stoves.

The EPA responded that the pollutant could have harmful health effects and CPSC should investigate the concentrations of nitrogen dioxide occurring in America’s kitchens. But these federal agencies – tasked with protecting consumers and public health – have yet to act, leaving consumers largely unaware of risks of cooking with gas-burning stoves and ovens and what they can do to safeguard themselves and their families.

“Consumers are largely in the dark about gas stove health risks. The gas industry has spent decades marketing gas stoves as safe and casting doubt on the clear science linking gas stove use to asthma

and other health harms,” Amneh Minkara, building electrification campaign deputy director at Sierra Club, said. “While we understand sales associates cannot be expected to know everything, the public is currently forced to depend solely on information provided at point of sale so health risks associated with gas stoves should be widely shared when helping consumers make their choices in stores – that is until the federal agencies charged with protecting consumers and public health take meaningful action.”

For the “Gas Stoves and Your Health: Consumers aren’t being told about the potential health risks of cooking with gas” report, survey takers entered 38 Home Depot, Lowe’s and Best Buy retail locations and asked sales team representatives questions about gas and electric stoves and other appliances.

Following the conversations, the shoppers filled out surveys to record the information that was provided by sales associates on gas stove pollution, exhaust hoods and electric cooking alternatives and also reported on showroom displays, signage and online.

When asked, nearly three-quarters, or 74%, of store associates shared there were no concerns or they were not aware of any details about gas stove pollution and health risks.

When asked if an externally venting range hood was needed when buying a gas stove, more than six in 10, or 65%, said it was not necessary.

While 74% of sales associates were knowledgeable about how induction works, 13.5% of sales associates recommended gas over induction.

The report comes on the heels of studies finding gas stoves continually leak methane and other hazardous pollutants such as benzene into homes – even when off. While cooking, gas stoves fill homes with pollutants such as nitrogen dioxide within minutes, reaching levels which exceed outdoor health protective standards. Among other health impacts, children who live in homes with gas stoves have a 42% higher risk of developing asthma symptoms and 24% increased risk of being diagnosed with asthma.

The American Medical Association passed a resolution recommending external ventilation for gas cooking as well as a reduction in gas cooking overall and incentives to encourage the equitable adoption of electric cooking alternatives.

In 2023, the Inflation Reduction Act will provide low- and moderate-income households significant incentives to upgrade

to induction ranges, including the appliance, electric panel upgrades and wiring. Despite this change, the report showed almost one in five stores didn’t have induction ranges on the showroom floor, and a quarter of store associates were not knowledgeable about how induction works.

In response to the survey findings and the lack of federal action, advocates at Physicians for Social Responsibility have offered educational materials and staff training opportunities to Home Depot, Lowe’s and Best Buy to help ensure consumers are receiving accurate information about gas stove pollution, ventilation and health.

“Gas stove pollution is simply not safe to breathe,” Barbara Gottlieb, environment & health director of PSR, said. “Proper ventilation can help reduce gas stove pollution indoors, but unless you’re running the vent hood around the clock, you still have climate-killing methane and lung-damaging nitrogen dioxide leaking from your gas stove, even when it’s turned off. Try electric cooking with induction cooktops, toaster ovens or even slow cookers for healthier air and healthier families.”

Submitted by CALPIRG Education Fund.

Vista Soroptimists to hold 30-day Walkathon to Fight Human Trafficking

VISTA – Soroptimist International of Vista and North County Inland invites the public to sign up now for their third annual “30 Miles in 30 Days to Fight Human Trafficking” Virtual Walkathon fundraiser. The Walkathon will begin Jan. 1, 2023, and end on Jan. 30. Participants can register online at <http://bit.ly/3AYKYmi>.

Proceeds raised from the Walkathon will support the club’s efforts to help women and children who have been trafficked.

“We’re asking our supporters locally and nationwide to pledge online to walk, run or bike a total of 30 miles in January, and to pledge \$1 per mile. They can

also choose to just donate without walking,” said event chair Jackie Huyck.

Participants can pledge individually, join an existing team, or form their own team. “People can work off the calories gained over the holidays, at their own convenience, while helping a worthy cause at the same time,” said Huyck. We’ve had walkers sign up from all over the country!” she added.

In addition to the virtual Walkathon, the club will be hosting

their in-person 17th Annual Human Trafficking Awareness Walk and Event on Jan. 28, 2023, from 10 a.m. to 12 noon at United Methodist Church of Vista at 490 S. Melrose Drive, Vista, with guest speaker Susan Johnson of Alabaster Jar Project.

Johnson will speak at around 10:30 a.m. and the walk will commence at 11 a.m., from the church, down Melrose Drive about 1-1/2 miles to Sunset Drive and back. Information tables, water and Stop Trafficking signs will be

provided and the event is free to the public.

January is Human Trafficking Awareness month and similar events are being held throughout the county. For more information visit <https://soroptimistvista.org/> or email soroptimistinternationalvista@gmail.com or call 760-683-9427.

Submitted by Soroptimist International of Vista and North County Inland.

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ENTERTAINMENT

Twisted Gypsy pays tribute to Christine McVie’s memory



Melia Scaletty, right, portrays Christine McVie in Twisted Gypsy, with Eric Szabo as John McVie, at the Pala Events Center, Friday, Dec. 9.



Niki Bente as Stevie Nicks sings to Timmy Gilmer as Lindsey Buckingham during the Twisted Gypsy tribute to Fleetwood Mac.

Joe Naiman
Village News Reporter

Members of a tribute band portray the actual band’s members. So how does a tribute band carry on when someone from the actual band dies?

The Fleetwood Mac tribute band Twisted Gypsy performed at Pala Casino’s Event Center Friday, Dec. 9, nine days after the death of actual Fleetwood Mac band member Christine McVie.

“That’s what she would want,” Melia Scaletty, who portrays Christine McVie in Twisted Gypsy, said.

Scaletty made those comments after performing “Songbird,” which she sang after noting the significance of McVie in Fleetwood Mac and the bond Scaletty has felt having played the role of McVie in Twisted Gypsy.

“The reason why I joined this tribute band is because Fleetwood Mac is my favorite band of all

time. I couldn’t imagine myself playing any other tribute,” Scaletty said. “I feel so incredibly honored to play this role in this band.”

Scaletty has lived in California for 11 years. She is originally from Kansas City, Missouri.

“I can remember dancing with my parents in the living room to the Rumours album,” she said.

Fleetwood Mac released “Rumours” in 1977. The album includes “Songbird,” which was written and sung by McVie. The 12 songs on that album also include “Dreams,” “Don’t Stop,” “Go Your Own Way,” “The Chain,” “You Make Loving Fun” and “Gold Dust Woman.” At one time “Rumours,” which was the second Fleetwood Mac album with Lindsey Buckingham and Stevie Nicks, was the fourth-highest selling album in history.

Twisted Gypsy has been performing for approximately seven years. The band also includes

Gilmer as Lindsey Buckingham, Eric Szabo as John McVie, Milo Todesco as Mick Fleetwood and Aaron Kusterer handling lead guitar duties. Scaletty joined the band in early 2020 and was in three performances before the coronavirus shutdown. The band resumed concerts in spring 2021.

Scaletty also writes music, as did McVie. Scaletty’s own music is secondary to her portrayal of the Fleetwood Mac musician.

“Twisted Gypsy is my true love,” Scaletty said.

It includes a love of McVie as an artist.

“I’ve never had such an experience with a celebrity death. This one really hit hard,” Scaletty said. “I feel connected with her. Once I heard about her passing, it was just heartbreaking and it just came out of nowhere.”

The band’s website at <http://twistedgypsyband.com> changed its feature post to “RIP Christine ‘Everybody’s Songbird’” and

a video tribute to McVie which concluded with “Christine McVie 1943-2022” was shown while Scaletty was performing “Songbird” at the Dec. 9 concert.

“The show must go on,” Scaletty said.

The first Twisted Gypsy concert following McVie’s death was Friday, Dec. 2, at the Biergarten in Huntington Beach.

“We did a little tribute for her, a great moment,” Scaletty said.

Scaletty sang “Songbird” as part of the Dec. 2 tribute.

“It was nerve-wracking, but also I think was uplifting and brought everybody together,” she said.

The Huntington Beach concert tried to take a positive perspective on Fleetwood Mac music after McVie.

“We did a toast for her. It was very, very sweet,” Scaletty said. “We’re on this planet for a short period of time, but the music will live on forever. She will never be forgotten.”

The Pala Casino concert was the final calendar year 2022 performance for Twisted Gypsy.

“We feel so welcome at Pala,” Scaletty said.

McVie, who was a keyboardist as well as a vocalist for Fleetwood Mac, joined the band in 1970.

“It was a tough passing,” Scaletty said. “I feel honored to be playing her, to continue her legacy. I hope I can live up to everybody’s expectations of her.”

The final concert of the actual Fleetwood Mac band was in November 2019 in Las Vegas. Twisted Gypsy is seeking to live up to the expectation of carrying on the legacy of the rest of Fleetwood Mac.

“I think the band as a whole is definitely doing that,” Scaletty said. “I think I’m doing that, too.”

Joe Naiman can be reached by email at jnaiman@reedermedia.com.

Silvergate seniors dazzled by festival of lights at historic Mission Inn Hotel



Standing at the entrance to the Mission Inn Hotel & Spa in Riverside, California, residents and guests of Silvergate Fallbrook were transported to a holiday celebration. that included a unique holiday fine-dining experience.



The trip to the Mission Inn includes a walk through the inn’s annual Festival of Lights.

SANDIEGO COUNTY – Tales of the celebrities, heads of state and famous guests who have graced the halls of the 120-year-old Mission Inn Hotel in Riverside, California were colorfully shared by a hotel historian this holiday season with current and future residents of Silvergate Retirement Residence, a boutique collection of senior living communities that places a strong focus on lifestyle enrichment for seniors.

The entire Silvergate family, including nearly 100 residents and guests, came together to celebrate and enjoy the Festival of Lights at the mission-revival style inn.

“Our annual holiday celebration has become a Silvergate family tradition,” said Patty Martinez, executive director of Silvergate’s Fallbrook community, whose residents and guests enjoyed a delectable fine-dining experience in the same room where presidents, royalty and celebrities have gathered for more than a century.

“Rather than being at home alone during the holidays, our residents have an opportunity to come together and enjoy the magic of the season like extended family. This event – like so many of our outings – is just one more reason why living at Silvergate makes such a difference for seniors who want unique things to do as part of their retirement lifestyle,” Martinez said.

Surrounded by the grandeur and beauty of the Mission Inn at the holiday season, Silvergate

attendees were treated to a historical overview of the hotel’s priceless artworks and later meandered through an array of holiday lights and decorations.

While dining in the hotel’s historic Spanish Art Gallery, Silvergate’s guests were enchanted by the stories imparted by hotel docent Barbara Ann Burns. In her talk, Burns recounted the history of the hotel’s colorful owner, Christopher Columbus Miller. She also shared about the weddings and honeymoons enjoyed at the inn by figures such as Richard and Pat Nixon, Bette Davis, and Ronald and Nancy Reagan.

Burns spoke of the many visits made to the inn by famous figures like Andrew Carnegie, W.C. Fields, Clark Gable, Tom Hanks and Ted Kennedy. Guests left with a better understanding of the majesty of the hotel and why it is considered a national treasure on the West Coast.

“I wouldn’t have missed this holiday event with Silvergate for anything,” said Mari Spirito, who currently resides at Silvergate’s Fallbrook senior living community and was missing activities like this while living alone throughout the pandemic. “I thought I would continue to go places like the Mission Inn in my retirement years, but after my husband passed away, making these types of outings happen on my own became difficult to do. Instead, I kept missing out. When I moved to Silvergate, I discovered their

Activities Team takes care of all the planning, transportation and coordination to exciting locations like this, and all I have to do is jump on the bus and go enjoy the day with my new friends and neighbors. Being part of this community is such a great way to live in retirement.”

“Because our owners are locally based, they are able to regularly attend these kinds of events and be engaged with our residents and guests on a more personal level,” said Helen Gray, marketing director for Silvergate Fallbrook.

“We are fortunate to have them so closely involved with all of our communities. They support these types of events because they are the caliber of activities that they would want for themselves and their own family members in retirement. That type of involvement is rare in senior living and really sets us apart from other retirement communities,” Gray added.

Planning events that keep seniors active and engaged has long been the aim of the Activities Teams at Silvergate, whose calendar of events are consistently filled with creative ways to keep residents on-the-go and entertained year-round.

For those interested in learning more about Silvergate, call Gray at 760-728-8880. For general information about the independent living, assisted living and memory care, visit <https://silvergaterr.com/silvergate-fallbrook-elder-care/>.

Submitted by Silvergate Fallbrook.



The group on the trip to the Mission Inn includes the owners of Silvergate, from left, Greg Petree (president), Dave Petree (CEO), and Matt Petree (VP).

OPINION

Making sense of the midterm elections

Once again, the pollsters, pundits, and political prognosticators got it wrong. The midterm election results were more like an ankle-slapper in a rainbow-colored kiddie pool than a crimson tsunami washing over the four corners of our country. With the stench of societal decay wafting in the air, somehow, the Democrats escaped near-certain political annihilation at the polls.

Despite the hyperinflation ravaging our economy, the protracted invasion at our southern border, and the unsettling hostilities in our cities, urban dwellers rejected the clarion call for change.

Masters at the art of political warfare, Democrats instinctively resorted to their usual game-day playbook, using non-sequiturs and ad hominem attacks to drive false narratives to blunt the Armageddon they were facing. Bragging rights belong to the abortion advocates whose attack ads carried the day. And, to a lesser extent, the college tuition forgiveness scheme that drove Gen-Zs to flock to the polls in mass.

For more than a week, Americans were denied closure as scores of races were still being counted. But then, with tabulating machines running out of ink, breaking down, and not enough ballots to go around, this election, like so many others, began to stink.

Sure, the Republicans were outspent two to one by Democrats,

and in truth, the recent election law changes overwhelmingly favor Democrats. But besides the election tampering by Democrats and the millions of Soros and Zuckerberg's bucks spent, who else shares the blame for the GOP's lackluster results?

Let's start with Ronna McDaniel, the RNC's impoverished leader, who has presided over three consecutive election defeats. Add Liz Cheney to the mix of Republican apostates who viciously attacked President Trump in her trivial pursuit to salvage her father's waning legacy.

And who will soon forget the sniveling beta male extraordinaire, Adam Kinzinger, who joined the chorus line of Democrat wankers at the "January Six Inquisition." History will remember these embittered politicians for their irreverence towards President Trump and their disloyalty to the Republican Party!

But it's Senator McConnell, the Grand poobah of the Senate, who is to blame for our Senatorial defeats. McConnell withheld campaign funds from candidates, fearing a leadership challenge would ensue if the MAGA-endorsed candidates prevailed. Meanwhile, as this unforgiving economy burns a hole in our wallets and empties our bank accounts, McConnell, Pelosi, and Schumer are feasting in the great halls of prosperity, unscathed by the looming economic pressures that are

crushing working-class Americans.

There were a few bright spots worth noting, albeit it may be premature to break out the Dom Perignon. Republicans now control the House of Representatives, receiving five million more votes than the Democrats. The Trump-backed Kevin Kiley won his House seat, giving Republicans the majority in the House, and sending Pelosi packing! Trump-endorsed JD Vance beat the odds, defeating Tim Ryan, and is now the newly elected Senator from Ohio.

MAGA phenomenon Lauren Boebert retained her House seat in Colorado's Third Congressional District despite the millions spent to bring about her defeat. And whether she wins her legal challenges or not, Kari Lake has surfaced as a household name synonymous with the MAGA movement.

Kudos to Alaska's Sara Chuybaca and Michigander's Tudor Dixon for their valiant efforts. And lest we not forget, conservatives won numerous races in our local elections, which bodes well for our community's future.

One final thought: For once, wouldn't it be nice to have a clean election without Democrats contaminating the process and tampering with the results? But then, how would they win?

Merry Christmas, Patriots.
Dave Maynard

Re: Maynard and Lewis letters [Village News, Letters, 12/08/22]

Maynard. His attempt at character assassination on Biden reminds me of an ornate outhouse. They're both quite something to see and they both stink! Democrats chose Biden because he gets the job done. In his first year, he signed the following bills that largely assist working class citizens:

1. American Rescue Plan, a \$1.9 trillion package to bolster the U.S.'s recovery from the coronavirus pandemic.

2. Paycheck Protection Program and the COVID-19 Bankruptcy Relief Extension Act, extending the protections they provide.

3. Infrastructure Investment and Jobs Act, which infuses \$1.2 trillion dollars into Americans' traditional "hard" infrastructure. And he's still going strong.

Lewis. He should be familiar with gaslighting since it was developed and perfected by Republicans. Social media provides the ideal forum for misinformation and disinformation and Republicans continue to take advantage of that. Lewis provides a perfect example of how to start a gaslighting. He says of me: "He seizes on conservative Christians as evil villains..." I did not. I identified a radical far right cult that is neither Christian nor conservative. And the Christians Against Christian Nationalism action group agrees

with me.

Trump said: "A Massive Fraud of this type and magnitude allows for the termination of all rules, regulations, and articles, even those found in the Constitution." (Truth Social, 12/03/22). He is referring to his unsupported claim of massive voter fraud in the 2020 Presidential election. And there you have it. He is quite willing to chuck part of our Constitution. His white Christian Nationalist followers are lapping it up. What part of our Constitution are you willing to give up to assuage Trump's hurt feelings?

As of Dec. 7, 2022, more than 960 people have been charged with crimes related to the Dec. 6 insurrection, and 465 have pleaded guilty. Most charges have been for stupidity, but many for assault –138 police officers were injured. Contrary to the Republicans' gaslighting, this was an attempted coup.

Most recently the head of Oath Keepers and a member were convicted of seditious conspiracy, getting serious jail time. And sedition is exactly what this was all about. Fortunately, in their ineptitude, the mob did not catch VP Pence, who they intended to coerce into declaring Trump the President. And there's so much more....

John H. Terrell

Scrooge, the Grinch – and Spanos?

Joe Naiman
Special to the Village News

The Christian station on my car radio began playing Christmas songs on Thanksgiving Day. The explanation was essentially that they celebrate the birth of the Savior all year long and that includes Thanksgiving Day to Christmas Eve.

With that in mind, certain apparently secular Christmas literature might not be so secular. Although the birth of Jesus and his redemption of our sins took place at different times of the year, Christmas and Easter are interdependent upon each other.

Without the birth of Jesus, he couldn't have died to redeem our sins and then spent a day and a half in Hell to spring those who previously didn't have that gift of eternal salvation. Without the blood of Christ redeeming our sins, the birth of Jesus would have been insignificant. Jesus is year-round, and tributes to him may emphasize seasonal activity but should reflect his influence for the entire year.

Some apparently secular Christmas stories about the joy of Christmas actually reflect redemption. Ebenezer Scrooge had no love for Christmas or Christian charity until Marley's ghost (that's

Jacob Marley rather than Bob Marley in case anyone thinks they're getting ganja for Christmas) informs Mr. Scrooge that he will be receiving three visitors. Whether the past, present, and future represent the Father, the Son, and the Holy Spirit can be the subject of a religious talk show, but in any case, Scrooge ends up enthusiastic about both the holiday and the concept of Christmas.

In "How the Grinch Stole Christmas," the Grinch loathes the celebration of Christmas and tries to prevent that celebration by stealing presents, decorations, and other material items associated with Christmas. He learns that Christmas isn't about presents or other material items and, after the Grinch returns the material items, he is invited to partake in the Christmas celebration. Not only does that emphasize that Christmas isn't about material matters, but it epitomizes repentance and forgiveness.

Repentance, forgiveness, and unconditional love are part of the Christian religion made possible by the birth of Jesus Christ. Christmas was the vehicle for these attributes when Scrooge and the Grinch accepted the concept of Christmas, but those apply year-round.

Rudolph the Red-Nosed Reindeer and the Island of Misfit Toys also

utilize the vehicle of Christmas while noting the year-round concept of Christianity. Jesus was perfect, as was Mary in some denominations, but nobody else is or ever was.

The love of the imperfect, such as a reindeer with an illuminated nose and toys which didn't meet conceptual appearance or function requirements, also applies to every person who lacks what Jesus had. I have compared Santa to Jesus in a previous commentary, but Santa's utilization of Rudolph and the misfit toys is what God does throughout the year.

Santa was able to find homes for the misfit toys, knowing that some children would want such toys which didn't meet other people's standards. It is perhaps appropriate that I was at a Christmas party which included a presentation of Rudolph and the misfit toys exactly one Sunday after I was having lunch with a sportscaster who made the comment that he didn't realize what the 49ers football team saw in a certain player.

I responded that since the Spanos family has owned the Chargers football team, the Chargers emphasize athleticism and don't recognize the intangibles of the likes of Darren Sproles and Igor Olshansky (my godson's cousin Katie dated Wes Welker when they

were in middle school, so I omitted him to prevent potential personal bias while addressing the Chargers' blunders). The sportscaster concurred with my assessment about the necessity of intangibles and the flaw of stressing physical traits only.

As a San Diego County resident since 1966, I see a resemblance between Spanos and Ebenezer Scrooge and the Grinch. If Scrooge

and the Grinch can eventually grasp the concept of Christmas, so can Spanos. It might take a December incident for Spanos to do so, but the change will be year-round.

The lessons we learn from secular literature based on Christmas are lessons we can apply to the actual meaning of Christmas throughout the year.

Year-end tax planning

Everyone has a lot to be thankful for this year. We are fortunate to live in this vibrant and beautiful community of Fallbrook.

Now let me give you some ideas on year-end tax planning issues to consider. First of all, there are only three places your wealth and legacy can go, including: the government in taxes, your family and charities. If you have enough for your family and I know no one wants to give to the government as they already have taken their share, the logical answer is to give it to worthy charities.

I am now going to give you some ideas on how to do that and give you some tax advantages also. When we are gifting funds, we look for highly appreciated assets, stocks, bonds, real estate, jewelry, artwork, cars, boats or any other asset that has appreciated in value.

When you donate the item directly to a charity who sells the item for you, you will not have to pay the capital gains tax due if you had sold it for a profit. Next, you will get a tax deduction for the value of the asset gifted.

If you are over age 70 1/2, you can also gift directly up to \$100,000 from your IRA directly to a charity without increasing your ordinary income, which occurs when you

take funds out of an IRA. If you are subject to taking required minimum distributions, the amount given to charity will count as part of your RMD requirement.

If you are 72 and must take the RMD from your IRA's value as of Dec. 31, 2021, you can take it yourself, and if you are in a high tax bracket, you will in effect pay 50% of that RMD in taxes. Instead, you could gift the RMD directly to the charity and 100% of that distribution is nontaxable. In essence, keep 50% or give away 100% of your RMD.

I am not a tax professional, and you should always get advice and guidance from your tax consultant, CPA, attorney or other qualified tax professional.

I ask all of you to consider giving some of your hard-earned wealth to charities of your choice, such as The Boys & Girls Club of Fallbrook Foundation.

For more information, contact Jean Larsen, CEO of Legacy Endowment, at 858-774-2152; Chad Wauschek, CPA at Pathway Consultants, at 951-340-1854 and the undersigned at 760-518-9291

Jon C. Frandell
President
The Boys & Girls Club of
Fallbrook Foundation

A major groundbreaking

Supervisor Jim Desmond
5th District

When I was elected Supervisor four years ago, I made behavioral health a top priority. Behavioral health and homelessness go hand in hand and, unfortunately, many of the people who end up living on our streets are suffering mentally and aren't given the proper medicine or care to help stabilize them.

Four years ago, North County was at a crossroads when it came to behavioral health. The suspension of the 22 inpatient beds and 12 crisis stabilization unit chairs, coupled with Palomar Hospital's behavioral health services stopping meant we did not have adequate services.

I'm pleased to say that since then, North County is leading the way when it comes to helping the most vulnerable. Last week, we took another major step forward by breaking ground on a new Psychiatric Health Facility.

The new 13,560-square-foot psychiatric health facility will be a 16-bed inpatient facility located at the western edge of the Tri-City Medical Center campus. It will serve those experiencing a mental health emergency by providing them a safe environment.

North County has become a hub for behavioral health services. Three of the region's six Crisis Stabilization Units are located along the State Route 78 corridor in Oceanside, Vista, and Escondido. One Safe Place, which serves women and families experiencing domestic violence, human trafficking, and elder abuse is making a huge difference for our region. And these psychiatric beds that are now coming to Tri-City Medical Center will be another asset to help those suffering.

There is a mental health crisis in our county and we need to do all we can to address it. This facility will do exactly that by saving lives!


Arise Shine

“KINGDOM”

Do you know the name above all names?

“ But while he thought on these things, behold, the angel of the Lord appeared unto him in a dream, saying, Joseph, thou son of David, fear not to take unto thee Mary thy wife; for that which is conceived in her is of the Holy Ghost. And she shall bring forth a son, and thou shalt call his name **Jesus: for he shall save his people from their sins.** Now all this was done, that it might be fulfilled which was spoken of the Lord by the prophet, saying, Behold, a virgin shall be with child, and shall bring forth a son, and they shall call his name Emmanuel, which being interpreted is, **God with us.** ”

– Matthew 1:20-23



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It is time to fix California

Senator Brian Jones
40th District

I am humbled and grateful for reelection to the California State Senate. I am honored for the opportunity to continue serving the over 1 million residents of the Northern City of San Diego, and East and North San Diego County. We are just getting started in our fight to fix California and return luster to our Golden State. The voters rightly expect California’s leaders to set aside political differences and tackle the many challenges we face.

Californians are best served by hard-working elected officials that put bipartisanship and the betterment of the community first. This philosophy is something I have always tried to adhere to in the past and I will carry over as the new Senate Minority Leader.

Thank you to my colleagues for their trust in my vision to lead our caucus. The former leader, Senator Wilk, has been a strong leader for this caucus as he has supported us in our communication, legislative, and constituent services in important ways.

Small businesses, middle class families and college-bound Californians move out of state every day with many of them never wanting or able to return because of the high cost of living, lack of affordable housing, and increasing property and violent crime in our state. As a sign of the severity of the issue, the moving company U-Haul ran out of trucks trying to meet the demand of those fleeing California.

It’s in situations such as this that we in the Minority Party will continue stepping up and offering alternative solutions that we think work better than the stale, big-government, Democrat Party knee-jerk standard responses.

I, and all the members of the California Senate Republican Caucus, have our sleeves rolled up and are ready to collaborate with our colleagues across the aisle to fix California. Now let’s all get to work!

Critical Race Theory: What’s the big deal? Part I



By Julie Reeder
Publisher

The first in a series unwrapping what Critical Race Theory is, its origin and the cultural revolution it is bringing to America.

Why are parents battling school boards across the country over Critical Race Theory? Why did President Trump ban it from government agencies, only to have President Biden reverse the decision? Biden’s administration immediately pushed full steam ahead with what many see as divisive and damaging curricula on race in the classroom through a proposed rule from the U.S. Department of Education.

The rule’s consequences were more than academic. It infused critical race theory into the whole of the federal government’s primary governing law concerning K-12 schools, the Elementary and Secondary Education Act. And if Congress standardized state civics metrics, the rule would have been incentivized with a billion-dollar-a-year cash infusion.

It’s all around us, yet most people don’t know what it is. If you are an avid reader of Village or Valley News you likely have some idea since we have done several pieces on it. But it’s quickly becoming the new institutional orthodoxy.

What is it exactly and what are its origins?

Its foundation is in Marxism/Socialism and class conflict which ushered in the bloodiest century

ever with China under Mao Zedong, the Soviet Union under Joseph Stalin, Cambodia under Pol Pot and Cuba under Fidel Castro.

Estimates are that 100 million people were killed. It was a division built on class conflict. Karl Marx believed that industrial society’s answer to the imbalance of power between capitalists and workers was revolution. Overthrow the evil capitalists, the educated and anyone who opposes and brings in a new socialist society. But all the Marxist style revolutions ended in death and disaster.

After the show trials, executions, mass starvation (they killed the productive farmers), gulags, etc., it was just mass devastation.

In the mid-1960s Marxist intellectuals in the West still were drawn to the idea of socialism, but the worker revolution idea didn’t work in the U.S. because of the rapidly improving standards of living. Americans, many immigrant families from all over the world, had experienced the American dream. People could succeed with hard work and education. They had experienced it firsthand. The middle class was too large, too hopeful and too successful.

So they adapted the revolutionary theory to the social and racial unrest happening in the 60s. They substituted race for class. However, at that time, the rise of Martin Luther King, Jr. provided Americans a path for race inequalities through the Civil Rights movement which promised equality and freedom under the law. Americans preferred improving their country to overthrowing it.

But the radical left socialists have lived on in academic institutions. They’ve never gone away and now their divisive ideas are spreading like wildfire through our educational systems, governmental agencies, teacher training programs, and corporate human resources departments in the form of diversity training programs, human resources modules, public policy frameworks and school curricula.

And a built-in safeguard for CRT is that if you oppose it, you

are labeled a racist or an oppressor, or are “canceled.”

No one wants to be labeled a racist or an oppressor, another ironic sign that our culture opposes racism.

Critical race theorists are masters of language, the hardcore Marxist ideologues know that “Marxist” or “neo-Marxist” wouldn’t be popular. But euphemisms that make CRT sound great are words like “equity,” “social justice,” “diversity,” and “culturally responsive teaching.”

But it’s important to know the definitions. Equity sounds non-threatening and is easily confused with equality, but they are very different. Equality as defined in the Declaration of Independence, defended in the Civil War, and codified into law with the 14th and 15th Amendments, the Civil Rights Act of 1964, and the Voting Rights Act of 1965, are explicitly rejected by critical race theorists. While these events transformed America for the better, to them, equality represents a minimal effort, “mere nondiscrimination” and provides “camouflage” for white supremacy, patriarchy and oppression.

Christopher Rufo, a writer who documents the phenomena of poverty, homelessness, critical race theory and other afflictions, in a speech at Hillsdale College, said, “In contrast to equality, equity as defined by CRT is reformulated Marxism. In the name of equity, UCLA law professor and critical race theorist Cheryl Harris has proposed suspending private property rights, seizing land and wealth and redistributing them along racial lines. Critical race guru Ibram X. Kendi, who directs the Center for Antiracist Research at Boston University, has proposed the creation of a federal Department of Antiracism. This department would be independent of (i.e., unelected and unaccountable to) the elected branches of government, and would have the power to nullify, veto, or abolish any law at any level of government and curtail the speech of political leaders and others who are deemed insufficiently ‘antiracist.’”

Rufo continued that “one practical result of the creation of such a department would be the overthrow of capitalism, since according to Kendi, ‘In order to truly be anti-racist, you also have to truly be anti-capitalist.’ In other words, identity is the means and Marxism is the end.”

According to Rufo, “An equity-based form of government would mean the end not only of private property, but also of individual rights, equality under the law, federalism, and freedom of speech. These would be replaced by race-based redistribution of wealth, group-based rights, active discrimination, and omnipotent bureaucratic authority. Historically, the accusation of ‘anti-Americanism’ has been overused. But in this case, it’s not a matter of interpretation, critical race theory prescribes a revolutionary program that would overturn the principles of the Declaration and destroy the remaining structure of the Constitution.”

Next week we will focus on what CRT looks like in practice.

This is the first in a series reprinted from Valley and Village News, May, 2021. To read more about cultural and controversial subjects like CRT, check out Julie Reeder’s book, “Just My Opinion,” for sale on Amazon.

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Santa visits the community center for breakfast



The Neighbor Tones sing Christmas songs at the Fallbrook Community Center during the annual Breakfast with Santa event, Dec. 17. Village News/Shane Gibson photo



Adara Morales brings her personal elf to have Breakfast with Santa in Fallbrook.



Families line up for their breakfast at the Fallbrook Community Center during the annual Breakfast with Santa event.



Sadie Turner, 5, enjoys her pancake breakfast during the Breakfast with Santa event at the Fallbrook Community Center.



Staff of San Diego County Parks and Recreation and volunteers serve breakfast to guests attending the Breakfast with Santa event at the Fallbrook Community Center.



Baxen Wright, 4, meets Santa and tells him what he wishes for Christmas during the Breakfast with Santa event.



The Fallbrook High School Madrigals sing Christmas songs to guests attending the Breakfast with Santa event at the Fallbrook Community Center.

REAL ESTATE & HOME and GARDEN

Sleigh bells ring; You recycling?

Gig Conaughton
County of San Diego
Communications Office

Santa Claus, jingle bells, gifts, packages and – recycling?

Yes! The holidays are a great time of the year to put your recycling skills to work, from all that wrapping paper to gift boxes and even our Christmas trees – if you are using a real tree.

And, in the holiday spirit of giving, the County Department of Public Works would like to give you some tips on what to recycle and how to do it properly. That way you can even give something back to Mother Earth in this season of giving.

Christmas trees

We all love our beautiful Christmas trees. But if you're using a real tree, there eventually comes a time to say goodbye. The county is here to let you know how to recycle it the right way.

Properly recycled trees and wreaths can be turned into mulch that will improve soil health and help soil retain moisture at our parks, farms, home gardens and landscapes. Recycling them also keeps them from going into the trash where they can unnecessarily fill up landfills and generate unwanted climate-changing greenhouse gasses as

they decompose.

So, check with your waste hauler to find out if they offer curbside pickup. Many of them do. Or go to the county's recycling and hazardous waste database, <https://wastefreesd.org/>, to find Christmas tree drop-off sites near you. It's easy.

Type "Christmas tree" in the "find an item" box, add your ZIP code, community and how you heard about the site, and you'll see all the drop-off locations near you.

Finally, remember, never leave your old dry tree or wreaths lying in the backyard where they can become dangerous fire hazards.

Know what packaging can – and cannot – be recycled

Online shopping and gift-giving typically means lots of packaging, and a lot of stuff to recycle. But not all packaging can be recycled. For example, cardboard boxes and kraft paper can be recycled (just break them down and put them in your blue recycling bin).

But other items can't – manila envelopes, padded plastic mailers, bubble-wrap and traditional gift-wrapping materials including metallic wrapping paper, wrapping paper with glitter, ribbons, bows, twine, tissue paper and cellophane. So please do not put them in your blue recycling bins; consider re-using them instead.

Here's a link to learn more about how to Recycle Right, <https://www.sandiegocounty.gov/content/sdc/dpw/recycling/RecycleRight.html>, during the holidays and every day.

Christmas and holiday card recycling

Like packaging materials, not all holiday cards should be added to your recycling. Simple paper cards and envelopes can be added to your blue bins. But cards that have glitter, foil, metallic inks (inks made with tiny metal flakes) or other adornments can't. If there's a glitzy front and plain paper backing, tear the cards in two. Recycle the backs and put the glitzy fronts into the trash.

Holiday light recycling

Please – don't put old holiday lights in your recycling bins. They can tangle up recycling equipment and they also pose a danger to workers in those recycling centers. For recycling options, please visit <https://wastefreesd.org>, or contact a scrap metal or e-waste recycler.

So there you have it. Remember, if you have other questions about what can and can't be recycled, go to <https://www.sandiegocounty.gov/content/sdc/dpw/recycling.html>.



Plan ahead to recycle after the holidays, including the tree, wrapping paper and Christmas cards. Village News/Metro photo

Supervisors approve program to promote native plants

Gig Conaughton
County of San Diego
Communications Office

County supervisors approved developing a program to promote the use of native plants, Wednesday, Dec. 14.

The program would aim to preserve the county's natural environmental character and

unique plant life, reduce water use, stormwater pollution and protect animals from the effects of climate change.

The multi-year program will begin with creating a website where people can learn more about native plants, developing educational materials for the public and professional landscapers and installing demonstration



A California lilac blooms in San Diego County. Village News/Courtesy photo

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gardens at County buildings. The program would ultimately create incentives to encourage people to use native plants, offer ready-made landscaping templates to incorporate their use and create a native plant landscaping design manual.

Native plants such as the California buckwheat, lilacs, oaks and sages that grow wild around the backcountry evolved in the area over thousands of years. It means they naturally need less water than plants, like non-native flowers and non-indigenous plants that originated in rainier climates. Native plants also provide natural habitat for native animals and

pollinating insects.

"These native plants are really what makes San Diego County our county," board Chair Nathan Fletcher, who forwarded the idea of developing a native plant policy with Supervisor Terra Lawson-Remer in 2021, said.

"They're a real asset," Fletcher said. "They don't just foster biodiversity, provide habitat, facilitate our habitat corridors, (provide) drought management and stormwater reduction. There's a lot of really important reasons why the work and action we're taking here is important. Not to mention we have some incredibly beautiful plants that really add a

feel to our environment and are a constant reminder of the incredible natural resources that are unique to us here in San Diego."

Lawson-Remer said the native plant program could also benefit the county's regional economy by expanding the market for landscape design and nursery production.

Staff members from county Land Use and Environment Group departments worked with a group of nearly 60 experts in native plants, landscape ecology and design and habitat conservation, including the California Native Plant Society to lay the groundwork to begin the program.

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Review of all things Real Estate: 2022 year in review



Bob Hillery
CR Properties

As this will be my last real estate article for the current year, I thought it might be interesting to review what transpired during 2022 which might have impacted real estate and our overall economy. Since real estate is one of the largest influences in the U.S. economy, it's easy to understand how the health of real estate and the economy are related.

Mortgage interest rates started the year in the mid-low 3% and doubled to over 7% in October before settling down in the current mid 6% range. Its easy to understand that if the cost of borrowing mortgage money increases dramatically that it would marginalize some of the buyer pool who either can no longer afford to purchase or who choose not to compete thinking home prices are going to drop

significantly in the coming year.

Real estate prices had skyrocketed over the previous two years pushing our local market values upward of 36-40% during that time. In May, rapidly rising real estate prices started cooling and now in December sales volume is down markedly in areas of our market.

Some experts predict home prices will drop off by 10-15% from previous highs so many buyers have decided to sit on the sidelines until there is evidence to indicate that the market has hit bottom and is on an upward price vector. People don't want to buy with the risk that prices will continue to fall, but they also don't want to miss the bottom then pay more for a property either. It's a tough job of market timing, but in their defense, no one wants to catch a falling knife.

The Federal reserve increased the overnight funds rate six times this year attempting to tame inflation (currently near a 40-year high). Overnight funds rate impacts consumer credit (auto purchases, consumer goods, cost of purchasing groceries with credit card) and Federal Reserve Chairman Powell wants to slow down consumer spending and the economy but avoid a recession. Another tough job of timing and finesse; slowing down consumer spending which is causing inflation without crashing the economy.

Russia invaded Ukraine sending shock waves to the fiscal markets and economies around the world. Worldwide, free countries are sending support and military equipment

to Ukraine which has increased those country's spending on military hardware and added inflationary pressures in the free countries around the world. Britain's inflation is currently over 10%.

With real estate prices falling, I-buyers lost huge sums in the third quarter which pushed several companies out of the I-buying arena due to the difficulty of forecasting real estate prices in a softening market. The founder and CEO of Open Door was replaced due to a third quarter loss of nearly \$1 billion.

I-buyer investors made incredible sums during the rapid and historic rise of the stock market these past several years, so they put money into

the I-buyer programs. But in a victory for consumers, I-buyer companies have less available funds to purchase real estate due to the downturn in the stock market.

Forecast: experts feel that after a value reduction from height of the market experienced earlier this year that 2023 might witness a 4.5% YOY price appreciation and that mortgage interest rates should settle in the mid 5% range once inflation controls take effect toward the end of the second quarter 2023.

If you might plan on a real estate transaction in the coming year, it's not so bleak once we get into the summer months. Smart advice is to use the time between now and then to prepare for the sale by deliberately and

thoroughly determining the exact condition of your home and what fixups might be necessary to command best pricing for the shortest market time. Keep in mind that future sales will involve traditional negotiation and seller concessions to attract potentially nervous buyers.

In closing, thanks for all the feedback I have received regarding this weekly real estate article. In my very first column, I indicated the intent was to be all about information and education and, from the comments received, it sounds like there has been a degree of success achieving that stated goal.

Happy holidays and Merry Christmas and may all experience health and happiness in 2023.

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California offers property tax deferment for some homeowners

SACRAMENTO – With the rising cost of living in the Golden State and the lasting impacts of the pandemic, everyone knows someone who is struggling to make ends meet. The challenge can be greatest for retirees on a fixed income and people with a disability that prevents them from working. California offers property tax deferment for some of these vulnerable homeowners.

State Controller Betty T. Yee administers the Property Tax Postponement Program to allow homeowners who are older adults, blind or disabled to defer payment of residential property taxes. Applicants must meet income, equity and other requirements. These deferred taxes accrue simple interest at a rate of 5% a year and become due if the homeowner moves or sells the property, transfers title, refinances, dies, obtains a reverse mortgage or defaults on a senior lien. A lien will be placed on the property. For manufactured homes, a security agreement will be filed with the Department of Housing and Community Development. A lien or security agreement remains in effect until the account is paid in full.

PTP participants must reapply each year to demonstrate they continue to meet eligibility requirements. The application filing period for the 2022-2023 tax year runs Oct. 1, 2022, through Feb. 10, 2023. Funds are limited, and applications will be approved on a first-come, first-served basis. Last year alone, California homeowners postponed approximately \$4.5 million in tax payments with the assistance of the state’s PTP program.

If you think you or someone you know could benefit from the PTP program, visit <http://ptp.sco.ca.gov>, call 800-952-5661 or email postponement@sco.ca.gov for more information.

Submitted by the office of California State Controller.

TAC recommends 45 mph speed limit for Pala Temecula Road

Joe Naiman
Village News Reporter

The county’s Traffic Advisory Committee has recommended a 45 mph speed limit for the San Diego County portion of Pala Temecula Road where there currently is not a posted speed limit.

A unanimous voice vote at the Friday, Dec. 9, TAC meeting recommended the 45 mph speed limit for the 4.51-mile segment from Nejo Road to the Riverside County line. The TAC also recommended that the speed limit be certified for radar enforcement.

For a speed limit to be enforceable by radar, a speed survey must show that the speed limit is within an adjacent 5 mph increment to the 85th percentile speed. The speed limit may be rounded either up or down from the 85th percentile speed. The speed limit may also be rounded down an additional 5 mph if findings are made that the road has conditions which would not be apparent to a motorist unfamiliar with the road. The TAC made findings of a collision rate higher than the statewide average for similar roads to justify the additional 5 mph reduction.

If speed surveys are taken at more than one location along a reviewed segment a “speed zone” for the entirety of the speed surveys can be used. Speed surveys along Pala Temecula Road were taken at six locations in May.

“This body could consider creating a uniform speed limit,” TAC secretary Kenton Jones said.

The 45 mph speed limit would also make the portion of Pala Temecula Road north of Nejo Road consistent with the segment from Trujillo Road to Nejo Road, which currently has a 45 mph speed limit. Currently Pala Temecula Road from Nejo Road to the county line has no posted speed limit, although by state law the maximum allowable speed on a two-lane road is 55 mph. The road also has numerous curve advisory speed signs.

Pala Temecula Road is a striped two-lane undivided highway with a pavement width varying from 24 to 32 feet. The mobility element of the county’s general plan classifies Pala Temecula Road as a light collector. The roadway is striped with a double yellow centerline prohibiting passing and a white edgeline.

Centerline rumble strips exist from 175 feet north of Mile Post 2.0 to the Riverside County line. The Riverside County portion of Pala Temecula Road also does not currently have a posted speed limit.

Three traffic surveys along Pala Temecula Road were conducted May 10. The 10,234 vehicles 100 feet north of Nogales Road consisted of 5,965 northbound and 4,269 southbound motorists. The survey 200 feet south of Arouba Road had 5,625 northbound and 3,849 southbound drivers for a total of 9,474. The 9,867 motorists 200 feet south of the county line drove 5,804 southbound and 4,063 northbound vehicles.

During the 36-month period from Aug. 1, 2019, to July 31, 2022, Pala Temecula Road between Nejo Road and the Riverside County line had 87 reported collisions including 53 of which involved at least one injury and one with a fatality. The rate of 1.79 collisions per million vehicle miles exceeds the statewide average of 1.61 collisions per million vehicle miles for similar rural mountain conventional two-lane roads with speed limits less than or equal to 55 mph.

A May 4 speed survey taken at Sibimooat Circle measured 161 drivers whose 85th percentile speed was 54.8 mph with 62% within a 10 mph pace of 45-54 mph. Another May 4 speed survey was taken 700 feet north of Mile Post 2.0, and the 158 motorists had an 85th percentile of 53.1 mph with 66% in a 43-52 mph pace.

The May 12 survey 200 feet south of Arouba Road had 130 motorists with an 85th percentile speed of 51.5 mph and a pace of 43-52 mph. The May 12 survey 1,165 feet north of Mile Post 3.5 had an 85th percentile speed of 47.6 mph for the 150 vehicles whose pace was 40-49 mph.

A May 18 survey 450 feet south of Temepa Road had an 85th percentile of 52.2 mph for 161 drivers and a pace of 43-52 mph. The 153 vehicles in the May 18 survey 1,400 feet north of Rancho Heights Road had an 85th percentile of 49.0 mph and the pace was 42-51 mph. The six locations created a speed zone 85th percentile of 51.4 mph with a pace of 42-51 mph.

Any regulatory change recommended by the TAC must be ratified by the San Diego County Board of Supervisors. The county’s Department of Public Works expects the county board of supervisors to hear the proposed Pala Temecula Road speed limit in early April.

Joe Naiman can be reached by email at jnaiman@reedermedia.com.

Eight easy holiday centerpiece ideas

The holiday season is a great time to make any home a bit more merry and bright. Most individuals let their personalities show through their home decor, and holiday decorating is just as personal as decorating throughout the rest of the year.

The main living areas of a home get the most decorating attention, with a Christmas tree or menorah taking a prominent position in the front window. Garlands, candles and other accouterments also may dress up spaces. However, when it comes to holiday hosting, attention also should be given to the dining table – which can benefit from a festive centerpiece.

Premade centerpieces are undeniably attractive but adding a homespun touch can be a fun creative pursuit and become a family tradition. Explore these eight simple ideas to dress up your holiday table.



Pinecones Village News/Metro photo and candles make festive centerpieces for the holidays.

- evergreen forest. Arrange them on a blanket of faux snow or white confetti.
4. Freshly cut: Select attractive flowers in vibrant holiday hues from a florist or even the supermarket floral section. Cut the stems and place them into an unusual display container, such as holiday themed mugs or a punch bowl.
5. Glass baubles: Who says ornaments should be exclusive to the tree? A crystal or glass cake stand can be transformed into an icy delight when topped with silver and clear glass ornaments.
6. Birch wood: The crisp white coloring of birch bark is right at home with holiday decor. Go stark with pieces of the cut wood in varying heights intermingled with white candles that mimic the shapes and scale of the wood.
7. Fruit and vegetables: If guests are coming over and the race is on for a fast centerpiece, look no further than the kitchen. Lemons, artichokes, pears, or pomegranates look festive in a bowl interspersed with some greenery and baby’s breath.
8. Cornucopia: The horn of plenty can be customized to any holiday. Purchase a horn in wicker or woven grapevine and fill with flowers, fruit and greenery, or even painted gourds or miniature pumpkins.
- Holiday hosts and hostesses should not neglect the dining table when they decorate. Festive centerpieces can be handmade without much effort on the part of hosts.
1. Frosted pine cones: Take advantage of a crisp winter’s day to venture into a forest or park that is rich with evergreen trees. Gather pine cones from the forest floor and, if possible, a few evergreen boughs. Give the pine cones a touch of winter whimsy with a little faux snow in a can or even white paint. Nestle the boughs and pine cones into a wide-mouthed vase or bowl in the center of the table. Individual pine cones can later be turned into place cards for seating guests.
2. Holiday thanks: Cut many strips of paper roughly 6 inches in length from various colored pieces of paper to match the holiday theme. When guests arrive, ask them to write a favorite holiday memory or two, or what they’re thankful for. Twirl the paper strips around a pencil to curl them, and then place the curlicues into a decorative bowl in the center of the table. Later in the evening, the host or hostess can read some of the sentiments.
3. Magical forest: Use green and silver conical party hats to turn a table or sideboard into a veritable

SDG&E offers customers bill-saving tips and tools

SAN DIEGO – As wholesale natural gas prices nationwide continue to soar higher and as cold weather leads to higher gas usage for heating, San Diego Gas & Electric is offering customers tips and tools to help them save on their energy bill, while cautioning that natural gas prices could rise even higher into January 2023.

This week, SDG&E is sending direct emails to customers to keep them apprised, so they can plan accordingly as costs are rising across all utilities – energy, water and wastewater. Customers are encouraged to visit a dedicated webpage at <http://sdge.com/MyEnergy> for bill-saving and energy management resources.

“SDG&E remains committed to working with our customers as prices for a variety of goods and services, including natural gas, continue to surge across the nation,” Dana Golan, SDG&E vice president of customer services, said. “It’s important that we help customers prepare as much as possible for colder weather and higher winter energy bills and that we provide access to financial assistance.”

According to a recent article published by National Gas Intelligence, a “perfect storm” – frigid temperatures across the West, low storage inventories and other factors impacting supply and demand – wholesale natural gas prices are at “historically high” levels.

The cost SDG&E incurs to buy natural gas in the wholesale market on behalf of its customers is a direct passthrough, with no profit margin – meaning that if SDG&E pays \$1 for natural gas in the commodity market, that’s what SDG&E customers pay. The price for natural gas is adjusted monthly on customers’ bills to reflect the latest market conditions.

Between November and December, the residential natural gas rate jumped by 19% because the commodity price for natural gas went up significantly. Based on the latest market dynamics, current forecasts indicate that prices could go even higher into January when the weather in our region is typically the coldest, and gas usage is generally the highest, potentially putting more upward pressure on customers’ bills.

Energy savings tips include blocking the chill by adding caulk and weather-stripping around drafty doors and windows. Use a door sweep, door sock or towel at the bottom of doors with a gap.

Keep the furnace clean. Check furnace filters once a month and replace them regularly. A dirty air filter can increase energy costs and cause problems with equipment.

Wash clothes with cold water. Using warm water instead of hot water can cut a load’s energy use in half; using cold water will save even more. Plus, cold water helps clothes last longer.

Lower water heater thermostat. Lowering the thermostat on your water heater to 120 F, if possible. It will save energy and avoid scalding.

Assistance programs are available.

SDG&E remains committed to helping customers who are struggling to pay their bill. Information about assistance programs, ranging from bill discounts, bill payment plans and debt relief, can be found at <http://sdge.com/assistance>.

Submitted by San Diego Gas & Electric.

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Village News/David Landry photo

Avoid holiday scams and thieves at home

Yvette Urrea Moe
County of San Diego
Communications Office

Don't let your guard down during the holiday rush. Protect yourself from the real-life Grinches – burglars and fraudsters – looking to ruin your presents and plans. The San Diego Sheriff's Department and District Attorney's Fraud Division are reminding people of important safety tips as you make your final holiday preparations.

At home

- Always lock your doors and windows, especially at night and when you're away.
- Avoid opening doors to strangers.
- Place gifts where they cannot be seen from outside your home.
- After opening presents, don't pile up empty gift boxes outside. This gives burglars a hint of expensive items in your home. Instead, fold the boxes and break them up flat inside the recycling bin.
- If you see someone casing your alley or neighborhood, report suspicious activity to the Sheriff's non-emergency line at 858-565-5200.

Online shopping

- Use one credit card for all online purchases to avoid exposing other cards.
- Do not click on links from unsolicited emails. Go to the website instead.
- Make sure the website is legitimate and secure. Check

for the lock icon in the address bar, and make sure the address begins with https.

- Make sure the computer you are using has updated anti-virus protection.
- Avoid using a public computer.
- Avoid using open Wi-Fi for financial transactions.
- Do not trust sellers who ask you to pay with a wire transfer or prepaid debit cards.
- Never email personal information, legitimate online marketplaces will not ask you for personal information via email.
- If buying or selling items online which require you to meet in person at some point, make sure to meet in a public, well-lit space during normal business hours.
- Be careful of online deals that are too good to be true. They often are.

Package delivery

Schedule package deliveries when you are going to be home, but if it is not possible, consider the following suggestions:

- Leave special instructions to the delivery person to put the package in a backyard, or somewhere where it's not visible from the street.
- Require that the delivery driver get a signature for the package (from a trusted neighbor).

Track the package.

- Sign up for email or text message alerts with estimated delivery times.
- Have the postal services or

shipping service hold your package at their pick-up facility so you can pick it up in person at your convenience.

- If purchasing from a large retailer, request that your package be delivered to a local branch or store so you can pick it up in person.
- Get to know your carriers. If there's been a problem of thefts in the past, tell them about it.
- Insure your packages.
- Ask a neighbor or retired relative (who is home) if they will accept your package for you at their home.
- Have the package delivered to your workplace if it is permitted.
- Buy a locking mailbox big enough for packages.
- Consider installing a camera security system that photographs people who come to your door and allows you to communicate with them without opening the door or being home.

When going on vacation

- Lock up your home and activate your alarm.
- Don't share your plans on social media.
- Sign up for a free vacation check by Sheriff's Senior Volunteer Patrol (SVP) members who can keep an eye on your home. Visit <https://www.sdsheiff.net/patrol> for a Sheriff's Station and Substation near you.
- Hold the delivery of your mail and newspaper or ask a trusted friend to pick them up for you.
- Ask a neighbor to occasionally park in your driveway.

Paradise Chevrolet Cadillac is presented with Dealer of the Year award



From left, Tom Morrison, Shane McBride, Todd Tracy, Terry Gilmore, Michael Stinson, and Ricardo Borromeo celebrate the 2021 Chevrolet Dealer of the Year award.

Village News/Courtesy photo



Terry Gilmore, right, and Michael Stinson show off the Dealer of the Year award which Paradise Chevrolet Cadillac has received for eight consecutive years. Village News/Courtesy photo

TEMECULA – In 2022, Paradise Chevrolet Cadillac was awarded the 2021 Chevrolet Dealer of the Year award. This award is only given to the “best of the best” Chevrolet dealers, and Paradise Chevrolet Cadillac was among the elite dealers who received this award. Paradise has received Dealer of the Year for eight consecutive years.

The Dealer of the Year program honors dealer partners who have done an exceptional job toward GM's collective goal of earning customers for life. To receive this honor, a dealer must be a top performer in sales and customer satisfaction. Dealers also must show commitment to these areas on a long-term basis by retaining customers, using only genuine GM parts, participating in standards for excellence, and maintaining compliance with the essential brand elements program requirements.

Recently, Chevrolet representatives Tom Morrison, Shane McBride, Michael Stinson and Ricardo Borromeo joined the

Paradise team at a celebration lunch to congratulate Paradise Chevrolet Cadillac and present President/Owner Terry Gilmore and Executive Manager/Owner Todd Tracy with their award.

“I am very proud of each and every one of our employees for their efforts in making our dealership one of the best in the United States,” Gilmore said. “It is due to their commitment and dedication to excellence that Paradise Chevrolet Cadillac holds this prestigious award.”

Submitted by Paradise Chevrolet Cadillac.

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Candlelight Service - 7pm

You're invited to a live nativity open house with CrossWay Community Church (731 S Stage Coach Lane) on Saturday, December 24th at 6pm. There will be a petting zoo, hot chocolate, Christmas crafts, and games for the whole family!

At 7pm, after the open house, CrossWay will host a traditional candlelight Christmas Eve service. Come sing your favorite carols with us and hear an inspiring message.

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I WANNA DANCE WITH SOMEBODY PG13						
Fri-Sat	12:45pm	4:05pm	7:25pm			
Sun	1:05pm	4:15pm	7:30pm			
Mon-Thur	12:45pm	4:05pm	7:25pm			
PUSS IN BOOTS THE LAST WISH PG						
Fri-Sat	11:15am	12:15pm	2:00pm	3:00pm	4:45pm	7:30pm
Sun	12:30pm	1:00pm	3:30pm	4:45pm	7:30pm	
Mon-Thur	11:15am	12:15pm	2:00pm	3:00pm	4:45pm	7:30pm
AVATAR THE WAY OF WATER 3-D PG13						
Fri-Thurs	1:00pm	5:00pm				
AVATAR THE WAY OF WATER PG13						
Fri-Sat	11:00am	3:00pm	6:00pm	7:00pm		
Sun	3:00pm	6:00pm	7:00pm			
Mon-Thur	11:00am	3:00pm	6:00pm	7:00pm		

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EDUCATION

Good News Club celebrates with movie about Jesus

FALLBROOK – La Paloma Elementary students in the Good News Club celebrated Christmas by watching “The Story of Jesus for Children,” Dec. 13, at the Fallbrook Community Center where they meet from 2:30-4:30 p.m. on Tuesdays. The movie was followed by a Treasure Hunt with candy and prizes

Good News Club is an after school program for children in grades 1-6. The program is under the umbrella of Child Evangelism Fellowship, a worldwide organization that is more than 82 years old. They have a castle at the San Diego County Fair every year.

The children learn scripture verses by song and by “The Memory Verse Challenge.” They listen, pray and play fun games and receive a trophy for their memory work. All children are welcome to join no matter what faith they are.

GoodNews Clubs will be opening soon at Live Oak Elementary and Bonsall Elementary. More schools are asking for the program, so any adults interested in helping children grow are asked to visit www.cefnorthsandiego.com for more information.

Submitted by Colleen Sharp and the Good News Club.



The Good News Club children pose with their teachers at the Fallbrook Community Center.



The Good News Club children watch “The Story of Jesus” as part of their Christmas celebration



Good News Club members say prayers before watching “The Story of Jesus.”

FUESD After School holiday celebrations

FALLBROOK – This week, in celebration of the holidays, the Fallbrook Union Elementary School District After School Program delivered 820 cookies to all the schools in the district for After School students to decorate and enjoy before the holiday break.

In addition, the Boys and Girls Club/FUESD After School staff hosted holiday parties for students at each school. William H. Frazier Elementary even had a surprise visit from The Grinch himself.

FUESD Expanded Learning Opportunities Director Lillian Perez shared her excitement for this week's activities, "We are grateful that through our partnership with the Boys and Girls Club and support from our district, we can spread a little holiday cheer at

each of our schools. The FUESD After School Team is excited to start the new year with exciting and enriching opportunities for our after school students.”

FUESD After School is an expanded program this year that provides after-school care for every student at every school.

FUESD After School offers safe supervision and enrichment through dance, music, science, and tutoring for reading, writing, and math. In addition to our after-school care, FUESD is also offering fall, winter, and spring camps in collaboration with the Boys & Girls Club of North County.

Submitted by the Fallbrook Union Elementary School District.



FUESD After School students decorate cookies during their holiday celebration.



The Grinch visits the holiday party for After School students at William H. Frazier Elementary.

Three new trustees take oath of office for Palomar College’s governing board



Following the Tuesday, Nov. 8, general election, Palomar College Governing Board Trustees, which include from left, Roberto Rodriguez; Judy Patacsil, Ed.D.; Michelle Rains; Christian Garcia and Jacqueline Kaiser, pose for a group photo.

SAN MARCOS – Three new trustees were sworn into the Palomar Community College District Governing Board during a special organizational meeting Tuesday, Dec. 13.

Judy Patacsil, Ed.D., of Area 1, Michelle Rains of Area 4 and Jacqueline Kaiser of Area 5 were elected in the Tuesday, Nov. 8, general election and were sworn in at the meeting, during which the board also elected new officers and set its regular meeting date and time for the coming year.

Christian Garcia was elected president of the board, Roberto Rodriguez was elected vice president and Patacsil was elected the board secretary.

“I am grateful for the privilege of working with our three new trustees, as we continue our focus on student success and pursue our short- and long-term goals and objectives together,” Star Rivera-Lacey, Ed.D., superintendent and president of Palomar College, said.

As its second order of business, after electing its officers, the board set its regular meetings for the second Tuesday of every month at 4 p.m.

Patacsil now represents the PCCD’s Area 1, which includes most of the district south of Highway 78 and west of Interstate 15. She has 30 years of experience as a higher education professional, with both counseling and classroom experience at several institutions in the region, including San Diego State University and San Diego Miramar College, where she currently works.

Rains is representing Area 4, the Trustee Area that reaches from I-15 east to near the Salton Sea. She briefly attended Palomar College and currently owns Cheers of Ramona, a restaurant in the community where she resides. Rains also serves on the Ramona Community Planning Group.

Kaiser represents Area 5, which includes Fallbrook, Bonsall, east Oceanside and Marine Corps Base Camp Pendleton. She is a MetLife regional director who manages retirement plans for not-for-profit governmental entities, including educational institutions and community colleges. She also serves on the Fallbrook Community Planning Group.

Submitted by Palomar College.

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Lady Warriors outshine the Mavericks



Fallbrook's Ava Dowden prepares to take a shot attempt against the La Costa Canyon Mavericks during the varsity girls water polo game, Dec. 13.



Lady Warrior Kela Kendall attempts to block a Maverick's pass. Fallbrook won the game, 13-10.



Fallbrook's Ava Papoulias makes a pass to a teammate against La Costa Canyon.

Village News/Shane Gibson photo



Lady Warrior Maya Papoulias faces off against a Maverick opponent.



Fallbrook's Alexis Fieri makes a pass to a Fallbrook teammate against La Costa Canyon.



Lady Warrior Kacey Sanchez defends for Fallbrook against the Mavericks. Fallbrook won the varsity girls water polo game, 13-10.



Lady Warrior Ava Dowden takes a shot against the Mavericks.

DINING

Popcorn as holiday decoration and treats



In the late 1800s, popcorn was a fascinating treat (not a lot of streaming options back then), thus it became increasingly popular around holidays like Christmas. Victorian revelers would use popcorn to spruce up their mantelpieces, doorways and evergreens; ornaments were created using popcorn balls, a popular sweet that was cheap to make. Today, popcorn is still used for decoration and gift giving. Here are some tips and a recipe from the Popcorn Board:

How to string popcorn:
Make a large amount of popcorn the day before and allow it to sit out overnight. Fresh popcorn breaks easily; day-old popcorn is tougher. Make a fresh batch to eat while you make your popcorn garland using the stale popcorn. Thread a needle with strong thread, waxed cotton thread, or even dental floss. Select the length you want or keep the thread on the spool and cut once you've reached

the desired length after stringing. Start stringing one popcorn kernel at a time by inserting the tip of the needle into the center of each piece. Alternate with cranberries if desired. When finished, cut the string, remove the needle, and tie large knots at both ends. Carefully hang the garland on your tree, mantel, or even your outside shrubs for animals to enjoy.

Coconut Popcorn Snowballs

Popcorn plays with peppermint and coconut for some wintertime fun and flavor!
Yield: 8 (4-inch) balls

Ingredients

- 2 cups shredded or flaked sweetened coconut
- 3 quarts popped popcorn
- 4 tablespoons (1/2 stick) butter or margarine
- 3 cups miniature marshmallows
- 1 teaspoon coconut or vanilla extract
- 8 candy canes or candy cane sticks, about 3-4 inches

Directions

Place a large sheet of wax (or parchment) paper over a work surface. Spread coconut onto paper. Spray a large mixing bowl lightly with cooking spray and place popcorn inside. In a medium saucepan, melt butter over low heat. Stir in marshmallows and stir until marshmallows are melted and mixture is smooth. Pour over popcorn and mix well until coated. Spray hands with cooking spray and press the popcorn firmly to form into balls. Place balls on coconut and roll and press coconut to coat. While holding popcorn ball, gently press a candy cane into each ball. Serve immediately or wrap individually in plastic wrap for storage.

Nutrition Facts

calories	350	carbohydrates	48 g
total fat	17 g	fiber	2 g
saturated fat	12 g	sugar	30 g
cholesterol	15 mg	protein	2 g
sodium	130 mg	potassium	110 mg



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Property SPOTLIGHTS!



Single Story For Sale

Endless possibilities abound. North Fallbrook home just blocks from Main Ave. Nearly 1/4 ac lot with a long driveway plus covered carport. Lush grass in front yard with orange and pomegranate trees. Elevated lot creates privacy. Hill views. Sunroom adds extra living space. Offered at \$590,000



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DRE #01246689



Single Story

Tucked away on a quiet street, this charming home has both modern upgrades and character combined for easy Fallbrook living! This 3BD, 2BA enjoys single story living with a spacious 1,752 sqft. on a 1/3 acre lot! A cozy living room fireplace sets the mood! The primary bathroom is recently expanded and remodeled. \$648,747



Call Sharon Robinson
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Private wooded oasis within close distance to town. Single level with beautiful easterly views over the trees to the mountains. Open floor plan allows the kitchen, dining and living areas to all enjoy the views. Entry and kitchen enjoy 18" tile floors. Stainless appliances all remain. 4 bedroom layout (4th is currently used as an office). \$725,000



Call Denise McFarland
951-551-4169
DRE #01424930



New Listing Single Story

Tucked away on a quiet street, this charming home has both modern upgrades and character combined for easy Fallbrook living! This 3BD, 2BA enjoys single story living with a spacious 1,752 sqft. on a 1/3 acre lot! A cozy living room fireplace sets the mood! The primary bathroom is recently expanded and remodeled. \$648,747



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Children get to visit with Santa

from page A-1



A family takes a photo with Santa on a visit to the Masonic Cemetery. The Meet Santa event included cocoa, cookies and a gift.

Village News/Hannah Hanford photo



Damian Gomez sits next to Santa while his mom, Cynthia Gomez, looks on.

Village News/Hannah Hanford photos



Santa sits in a sleigh at the Meet Santa Event Fallbrook Masonic Cemetery.



Siblings in matching pajamas meet Santa during his visit to the Fallbrook Masonic Cemetery.



Maite Hernandez visits with Santa at the Fallbrook Masonic Cemetery.



Children of all sizes get to meet Santa in person.

Give From the Heart this Holiday Season

In 2022, well over 311 kids were adopted by local individuals, families, churches, and organizations. Adopt-A-Family is a special program that the Fallbrook Food Pantry has been doing for more than 25 years. Uniting families living at or well below the Federal Poverty Level with those who can and would like to share in the Spirit of giving.

This year, the Fallbrook Food Pantry is adjusting the Program and asking for gift card donations. COVID-19 has brought lots of obstacles for our families...with inflation prices reaching the roof, unaffordable rent, and food prices skyrocketing, we want to give a chance to the families to shop according to their needs. They now more than ever need your help.

We also believe in the simplicity of modern days; we want to encourage our families to have time for themselves, go to their favorite stores, and give them the dignity of choice.

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- Mail gift cards to the Pantry.
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OBITUARIES



Derek Bruce Lovett left this world unexpectedly on Dec. 9, 2022, at the age of 67 years old. Derek was born on Sept. 1, 1955, in Winnipeg, Manitoba, Canada, to Bruce and Edna (Thorleifson) Lovett. When Derek was two years old, he immigrated to the United States with his family and became a naturalized citizen at age 7. At age 18, Derek joined the U.S. Navy, and served for six years as a surface sonar technician. He then went on to work 30 years in the Aerospace industry for Hughes Aircraft, General Motors, and Raytheon. After 11 ½ years of college, Derek earned numerous degrees including his Masters of Business Administration in Investment Strategies, a graduate certificate in Supply Chain Management, and a Master of Science in Supply Chain Management. Derek and his Dear heart Linda were very involved in numerous

charities throughout the years. Together, they enjoyed donating their time and raising money for worthy causes including the American Cancer Society, Run for the Wall, Patriot Guards, Fallbrook Newcomers and Encore, Fallbrook Woman’s Club, Fallbrook Vintage Car Club, Rally for Children, and PEO Chapter PF. Music was a big part of Derek’s life. He enjoyed playing his guitars, mandolin, banjo and the ukulele. During his early years, he would produce his own music cd’s under his label Slackwater Records. After moving to Fallbrook, Derek and Linda joined the Fallbrook Chorale, The Wine Valley Harmonizers, and helped create their own group called Slacker Hill Band. Derek enjoyed traveling, playing cribbage, telling bad jokes, golfing, spending time with his family, painting, photography, target shooting, and motorcycle riding. Being a

grandfather made him incredibly proud and he took that honor very seriously. He was a wonderful husband, a loving father, a Supreme Wise grandfather, a respected brother, a cool uncle, and a good friend to all who were privileged to know him. Derek was predeceased by his parents Bruce and Edna, and his nephew Zachary. He is survived by his wife of 38 years, Linda; his siblings Marnie (Lovett-Reidle), Craig, and Roger; his daughter Jessica Rayner (Jonathan), his son Christopher (Christine); and his five grandchildren: James, Caroline, Gabriel, Breanna, and Austin. A memorial service will be on Dec. 31, 11 a.m., at Christ the King Lutheran Church, 1620 S. Stage Coach Lane, Fallbrook. In lieu of flowers, the family requests that donations be made in Derek’s memory to Run for the Wall or to the American Cancer Society.

NATIONAL

FBI faces subpoenas after Twitter files exposing social media ties

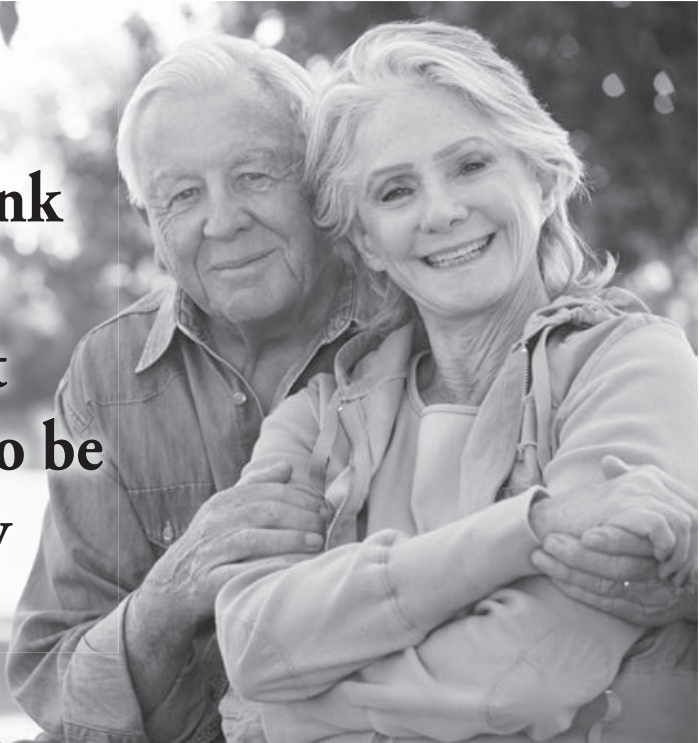
Frank Fang
The Epoch Times

The FBI is facing subpoenas after the so-called “Twitter Files” revealed that the bureau had been working closely with the social media company, according to Rep. Mike Turner (R-Ohio), who is the incoming chairman of the House Intelligence Committee. “We are definitely pursuing the Department of Justice and also the FBI,” Turner told Fox News’ “Sunday Morning Futures,” before adding, “We certainly intend to pursue subpoena power to expose the extent to which the FBI has been doing this.” He thanked the new Twitter chief Elon Musk for making the internal Twitter documents available. Taking to the platform, Musk, on Sunday, Dec. 11, wrote, “Twitter is both a social media company and a crime scene.” “While we pursue intelligence community to try to hold them accountable, while we’re doing that, Elon Musk is showing what’s happening on the other side with the willing partners, the mainstream media, social media, and really exposing coordination that was occurring between the FBI and them,” Turner added. The sixth batch of internal Twitter documents, released by journalist Matt Taibbi on Dec. 16, revealed that the FBI and Twitter had “constant and pervasive” communications. The bureau allegedly treated Twitter as a “subsidiary” and flagged accounts and tweets for Twitter to take action against. One particular set of documents House Republicans will seek to obtain via the subpoenas are the FBI’s “secret files,” according to Turner. “It is my understanding from our contacts that we have had with the FBI that there are secret files that the FBI has of these contacts that they were having with social media and with mainstream media,” Turner said. The Ohio Republican added that the bureau has resisted providing these files so far. “It has been our objective to get ahold of those files, to see the extent of this, so we can stop it, we can cut off the funding and prevent, obviously, average Americans being impacted by FBI actions,” he said. In fact, the FBI has been engaging with social media companies under false pretenses, according to the Ohio Republican. “The FBI had, under the cover of saying they were pursuing foreign malign influence, had really exploded into activities that involved engaging with mainstream media and social media, and really impacting what is the normal debate of democracy,” Turner said. “What’s really troubling here in my opinion is this is not based on intelligence.” The House Intelligence Committee in the Republican-led House will look into who was the mastermind behind the FBI’s interactions with Twitter. “Who is it that’s coordinating this? How can we cut off the money, prohibit this in the future?” Turner said. “We will use our subpoena power to track that down and make certain that this doesn’t

happen again.” Turner expressed confidence that the committee’s investigation will get the answers it is looking for from the FBI and the Department of Justice. “Luckily, the January 6 committee has established some great legal precedent that shows the Congress has full access,” he continued. “So they’re going to have very much a difficult time trying to prevent us [from] getting those documents.” Republicans Turner is not the only Republican demanding answers from the FBI following the release of the sixth installment of the “Twitter Files.” “@FBI has a lot to answer for after the latest drop of #TwitterFiles6,” Rep. Matt Gaetz (R-Fla.) wrote on Twitter on Dec. 16. Gaetz said that he will be joined by Reps. Jim Jordan (R-Ohio), Mike Johnson (R-La.), Andy Biggs (R-Ariz.), and Dan Bishop (R-N.C.) in “asking the questions.” “Clear your calendar,” he added. Jordan is poised to become chairman of the House Judiciary Committee in January. According to Taibbi, the FBI formed a social media-focused task force of 80 agents after the 2016 election, and they “corresponded with Twitter to identify alleged foreign influence and election tampering of all kinds.” Additionally, the Department of Homeland Security partnered with third-party security contractors and think tanks “to pressure Twitter to moderate content,” according to Taibbi. “80 @FBI agents were colluding with Twitter to police content and moderate Americans’ speech? Sounds like Communist China to me,” Rep. Greg Steube (R-Fla.) wrote on Twitter on Dec. 16, in response to Taibbi’s revelation. “Investigations are coming!” Rep. James Comer (R-Ky.), the incoming chairman of the House Oversight Committee, also took exception to the FBI’s task force, in an appearance on Fox News’ Hannity on Dec. 16. “What we found today is the FBI had its own ministry of propaganda—80 FBI agents dedicated to nothing but censoring free speech on the internet,” Comer said. “Eighty! As someone who’s going to be incoming chairman of the House Oversight Committee, that’s roughly \$12 million in expenses to the taxpayers in salary and benefits.” Two Republicans suggested the sixth installment of the “Twitter Files” could suggest that FBI has worked with Facebook and Google in a similar capacity. “And if FBI used Twitter to censor, you bet they also used Google and Facebook,” Sen. Josh Hawley (R-Mo.) wrote on Twitter. “Now apply what we know they did at Twitter to @facebook @ Google and more,” Rep. Marjorie Taylor Greene (R-Ga.) wrote on Twitter. “I’m really looking forward to Republican control, committee work, and subpoena power.”

Frank Fang is a Taiwan-based journalist. He covers US, China, and Taiwan news. He holds a master's degree in materials science from Tsinghua University in Taiwan.

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The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Jesus Bautista, A Married Man As His Sole And Separate Property Duly Appointed Trustee: Prestige Default Services, LLC Recorded 5/24/2006 as Instrument No. 2006-0367417 of Official Records in the office of the Recorder of San Diego County, California, Date of Sale: 1/13/2023 at 9:00 AM Place of Sale: Entrance of the East County Regional Center East County Regional Center, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$165,989.82 Street Address or other common designation of real property: 3446 Los Mochis Way Oceanside California 92056 A.P.N.: 168-100-40-03 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Notice To Potential Bidders: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. 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The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 793-6107 or visit this Internet Web site www.auction.com, using the file number assigned to this case 22-6966. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Notice To Tenant: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (800) 793-6107, or visit this internet website www.auction.com, using the file number assigned to this case 22-6966 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: 11/15/2022 Prestige Default Services, LLC 1920 Old Tustin Ave. Santa Ana, California 92705 Questions: 949-427-2010 Sale Line: (800) 793-6107 Patricia Sanchez, Trustee Sale Officer Published: 12/15/22, 12/22/22, 12/29/22

APN: 302-180-49-00 TS No.: 21-01033CA TSG Order No.: 210666922-CA-VOI NOTICE OF TRUSTEE SALE UNDER DEED OF TRUST YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED SEPTEMBER 23, 2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Affinia Default Services, LLC, as the duly appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded September 29, 2004 as Document No.: 2004-0926475 of Official Records in the office of the Recorder of San Diego County, California, executed by: Arnold Katz and Wendy Katz husband and wife as joint tenants, as Trustor, will be sold AT PUBLIC AUCTION TO THE HIGHEST BIDDER for cash (payable in full at time of sale by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). All right, title and interest conveyed to and now held by it under said deed of trust in the property situated in said county and state, and as more fully described in the above referenced deed of trust. Sale Date: January 9, 2023 Sale Time: 10:00 AM Sale Location: At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 File No: 21-01033CA; 9462-7616 The street address and other common designation, if any, of the real property described above is purported to be: 16150 El Camino Real (Unincorporated Are, Rancho Santa Fe, CA 92091. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made in an "AS IS" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$128,997.24 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to sale. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call, (916) 939-0772 for information regarding the trustee's sale or visit this internet website, www.nationwideposting.com, for information regarding the sale of this property, using the file number assigned to this case, T.S.# 21-01033CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (916) 939-0772, or visit this internet website www.nationwideposting.com, using the file number assigned to this case 21-01033CA to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. File No: 21-01033CA; 9462-7616 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. For Trustee Sale Information Log On To: www.nationwideposting.com or Call: (916) 939-0772. Dated: November 29, 2022 By: Kellee Vollandorff Foreclosure Associate Affinia Default Services, LLC 301 E. Ocean Blvd., Suite 1720 Long Beach, CA 90802 (833) 290-7452 NPP0418658 To: VILLAGE NEWS INC 12/15/2022, 12/22/2022, 12/29/2022

T.S. No.: 9462-5010 TSG Order No.: DEF-464111 A.P.N.: 169-322-08-00 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 12/10/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NBS Default Services, LLC, as the duly appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded 12/27/2007 as Document No.: 2007-0796294, of Official Records in the office of the Recorder of San Diego County, California, executed by: BILLY LEE FORE AND PATRICIA MARIE FORE, HUSBAND AND WIFE AS JOINT TENANTS, as Trustor, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable in full at time of sale by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and state, and as more fully described in the above referenced Deed of Trust. Sale Date & Time: 01/13/2023 at 9:00 AM Sale Location: At the Entrance of the East County Regional Center, 250 E. Main Street, El Cajon, CA 92020 The street address and other common designation, if any, of the real property described above is purported to be: 3523 CHAUNCEY ROAD, OCEANSIDE, CA 92056 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made in an "AS IS" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$418,263.89 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to sale. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 1-800-280-2832 or visit this internet website, www.auction.com, using the file number assigned to this case T.S.# 9462-5010. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 855-976-3916, or visit this internet website <https://tracker.auction.com/sb1079/>, using the file number assigned to this case T.S.# 9462-5010 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. NBS Default Services, LLC 14841 Dallas Parkway, Suite 425 Dallas, TX 75254 800-766-7751 For Trustee Sale Information Log On To: www.auction.com or Call: 1-800-280-2832. NBS Default Services, LLC, James Aranda, Foreclosure Associate This communication is an attempt to collect a debt and any information obtained will be used for that purpose. However, if you have received a discharge of the debt referenced herein in a bankruptcy proceeding, this is not an attempt to impose personal liability upon you for payment of that debt. In the event you have received a bankruptcy discharge, any action to enforce the debt will be taken against the property only. NPP0418829 To: VILLAGE NEWS INC 12/15/2022, 12/22/2022, 12/29/2022



“ We were just looking through this week’s and last week’s publications with joy :) ... It is wonderful to have a community newspaper that supports education in our community the way the Village News does. Thank you to you and your entire staff for keeping all of the best of Bonsall USD in the news, we appreciate it. Thank you! ”

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Executive Assistant to the Superintendent
Bonsall Unified School District

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LEGALS

The deadline for Legal notices is Monday, noon. Email to legals@reedermedia.com.

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9026486
Name of Business
FAIRLANE CLEANERS
3821 Plaza Drive Ste 403, Oceanside, CA 92056
County: San Diego
This business is registered by the following:
NSC Industries Inc, 122 Rupertus Drive, San Clemente, CA 92672
This business is conducted by a Corporation
This Corporation is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of 11/21/2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 06, 2022
LEGAL: 6050
PUBLISHED: December 22, 29, 2022; January 5, 12, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9026774
Name of Business
GOD BLESS THIS MESS
153 Lillian Way, Fallbrook, CA 92028
Mailing address: 153 Lillian Way, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Jerilyn Monique Castech, 153 Lillian Way, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 09, 2022
LEGAL: 6051
PUBLISHED: December 22, 29, 2022; January 5, 12, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9025896
Name of Business
a. EPIC REALTY GROUP
b. EPIC REALTY TEAM
130 N. Main Ave, Fallbrook, CA 92028
Mailing address: SAME AS ABOVE
County: San Diego
This business is registered by the following:
Epic Realty Group, Inc, 2121 Castlebay, Fallbrook, CA 92028
This business is conducted by a Corporation
This Corporation is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 29, 2022
LEGAL: 6027
PUBLISHED: December 1, 8, 15, 22, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9024359
Name of Business
a. BABSIE BABY PHOTOGRAPHY
b. BABSIE LY PHOTOGRAPHY
3508 Seagate Way Ste 150, Oceanside, CA 92056
Mailing address: 4251 Old Grove Rd, Oceanside, CA 92057
County: San Diego
This business is registered by the following:
Fixedated Concepts, LLC, 3508 Seagate Way Ste 150, Oceanside, CA 92056
This business is conducted by a Limited Liability Company
This LLC is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of 10/01/2017
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 03, 2022
LEGAL: 6028
PUBLISHED: December 1, 8, 15, 22, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9025628
Name of Business
SCOTT'S ULTRA CLEAN
1926 E. Mission Rd., Fallbrook, CA 92028
Mailing address: P.O. Box 854, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Scott Richard Strikwerda, 1926 E. Mission Rd., Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 9-1-2004
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 22, 2022
LEGAL: 6034
PUBLISHED: December 8, 15, 22, 29, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9026316
Name of Business
BEDFORD DOOR SYSTEMS
2120 Vista Grande Pl., Vista, CA 92084
Mailing address: 1510 Tierra Del Cielo, Vista, CA 92084
County: San Diego
This business is registered by the following:
Michael Eric Bedford, 1510 Tierra Del Cielo, Vista, CA 92084
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 1-1-2004
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 05, 2022
LEGAL: 6037
PUBLISHED: December 15, 22, 29, 2022, January 5, 2023

Abandonment Fict. Biz. Name

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

File Number: 2022-9025895
Fictitious Business Name(s) To Be Abandoned:
Name of Business
a. EPIC REALTY GROUP
b. EPIC REALTY TEAM
130 N. Main Ave, Fallbrook, CA 92028
Mailing address: SAME AS ABOVE
County: San Diego

The fictitious business name referred to above was filed in San Diego County on 10/06/2022 and assigned File No. 2022-9022192
The fictitious business name is being abandoned by:
Epic Realty Group, 2121 Castlebay, Fallbrook, CA 92028
This business is conducted by a Corporation
This Corporation is registered in the state of California

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 29, 2022

LEGAL: 6026
PUBLISHED: December 1, 8, 15, 22, 2022

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9026835
Name of Business
BAR SAME SAME
300 Carlsbad Village Dr, Suite 213, Carlsbad, CA 92008
County: San Diego
This business is registered by the following:
MLA Ventures LLC, 912 Grivetta Ct, Carlsbad, CA 92011
This business is conducted by a Limited Liability Company
This LLC is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of 8/1/2013
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 09, 2022
LEGAL: 6043
PUBLISHED: December 22, 29, 2022; January 5, 12, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9026294
Name of Business
SUBMARINA ESCONDIDO
1511 E. Valley Pkwy., Ste. A-3, Escondido, CA 92027
County: San Diego
This business is registered by the following:
Guzman Communications, 31214 Jan Steen Ct., Winchester, CA 92596
This business is conducted by a Corporation
This Corporation is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 02, 2022
LEGAL: 6044
PUBLISHED: December 22, 29, 2022; January 5, 12, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9026861
Name of Business
a. ALL THINGS AIRBNB
b. AIRBNB TIPS N TRICKS
636 Ora Avo Drive, Vista, CA 92084
Mailing address: same as above
County: San Diego
This business is registered by the following:
Debbie Avey, 636 Ora Avo Drive, Vista, CA 92084
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 12-12-2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 12, 2022
LEGAL: 6045
PUBLISHED: December 22, 29, 2022; January 5, 12, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9025896
Name of Business
OESTE TRAILERS
317 8th St., Del Mar, CA 92014
County: San Diego
This business is registered by the following:
Joshua Pasek, 317 8th St., Del Mar, CA 92014
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 11/30/2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 30, 2022
LEGAL: 6029
PUBLISHED: December 8, 15, 22, 29, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9026121
Name of Business
a. LOCK STOCK & BARREL COMPANY
b. LOCK STOCK & BARREL COMPANY LLC
488 E. Kalmia St, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Lock Stock & Barrel Company, 488 E. Kalmia St, Fallbrook, CA 92028
This business is conducted by a Limited Liability Company
This LLC is registered in the state of CA
Registrant first began to transact business under the fictitious name listed above as of 04/01/2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 01, 2022
LEGAL: 6030
PUBLISHED: December 8, 15, 22, 29, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9025989
Name of Business
PAY-NET
8775 Aero Drive Ste 235, San Diego, CA 92123
Mailing address: 8775 Aero Drive Ste 235, San Diego, CA 92123
County: San Diego
This business is registered by the following:
Payroll World Inc., 8775 Aero Drive Ste 235, San Diego, CA 92123
This business is conducted by a Corporation
This Corporation is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of 01/01/2001
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 29, 2022
LEGAL: 6031
PUBLISHED: December 8, 15, 22, 29, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9025805
Name of Business
CROWLEY CAR COMPANY
2061 Wineridge Place, Escondido, CA 92029
Mailing address: 2061 Wineridge Place, Escondido, CA 92029
County: San Diego
This business is registered by the following:
Crowley Car Company, 2061 Wineridge Place, Escondido, CA 92029
This business is conducted by a Limited Liability Company
This LLC is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of 11/15/2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 28, 2022
LEGAL: 6032
PUBLISHED: December 8, 15, 22, 29, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9026286
Name of Business
EVAELLA FINANCIAL
2042 Valley Rd, Oceanside, CA 92056
County: San Diego
This business is registered by the following:
Erin Claire Vopatek, 2042 Valley Rd, Oceanside, CA 92056
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 02, 2022
LEGAL: 6033
PUBLISHED: December 8, 15, 22, 29, 2022

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9026213
Name of Business
a. GENTLE CHIROPRACTIC VALLEY CENTER
b. GENTLE CHIROPRACTIC AND MASSAGE VALLEY CENTER
29105 Valley Center Rd. Ste 135, Valley Center, CA 92082
Mailing address: 15495 Citrus Crest Dr, Valley Center, CA 92082
County: San Diego
This business is registered by the following:
Sharon M. Seibert, 15495 Citrus Crest Dr, Valley Center, CA 92082
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 12/02/2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 02, 2022
LEGAL: 6035
PUBLISHED: December 15, 22, 29, 2022, January 5, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9026530
Name of Business
MP PAINTING
986 Via Rose Marie Lane, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Marco Antonio Paniagua, 986 Via Rose Marie Lane, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 12-07-2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 07, 2022
LEGAL: 6036
PUBLISHED: December 15, 22, 29, 2022, January 5, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9026653
Name of Business
JAMES WILLIAM GORDON FAMILY TRUST
5034 Lake Circle Road, Fallbrook, CA 92028
Mailing address: 5034 Lake Circle Road, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
a. James William Gordon – Trustee of James William Gordon Family Trust, 5034 Lake Circle Road, Fallbrook, CA 92028
b. Jill Kristine Gordon – Trustee of James William Gordon Family Trust, 5034 Lake Circle Road, Fallbrook, CA 92028
This business is conducted by a Trust
Registrant first began to transact business under the fictitious name listed above as of 12/8/2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 08, 2022
LEGAL: 6038
PUBLISHED: December 15, 22, 29, 2022, January 5, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9026654
Name of Business
JNJ ENTERPRISES
5034 Lake Circle Road, Fallbrook, CA 92028
Mailing address: 5034 Lake Circle Road, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
JNJ Enterprises, 5034 Lake Circle Road, Fallbrook, CA 92028
This business is conducted by a Limited Liability Company
This LLC is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of 06/20/2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 08, 2022
LEGAL: 6039
PUBLISHED: December 15, 22, 29, 2022, January 5, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9026845
Name of Business
J.S. MARKETING WORKS
28 Via Larga Vista, Fallbrook, CA 92028
Mailing address: 28 Via Larga Vista, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Judy Anne Siodmak, 28 Via Larga Vista, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 1/3/2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 12, 2022
LEGAL: 6040
PUBLISHED: December 15, 22, 29, 2022, January 5, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9026772
Name of Business
SUNRISE HOLISTIC HEALING
13319 Poway Rd #147, Poway, CA 92064
County: San Diego
This business is registered by the following:
Sunrise Holistic Healing, LLC, 13319 Poway Rd #147, Poway, CA 92064
This business is conducted by a Limited Liability Company
This LLC is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 09, 2022
LEGAL: 6041
PUBLISHED: December 15, 22, 29, 2022, January 5, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9026776
Name of Business
SKYLINE GEMS
433 Skyline Circle, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
a. Steve Cully, 433 Skyline Circle, Fallbrook, CA 92028
b. Sheri Cully, 433 Skyline Circle, Fallbrook, CA 92028
This business is conducted by a Married Couple
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 09, 2022
LEGAL: 6042
PUBLISHED: December 15, 22, 29, 2022, January 5, 2023

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9026862
Name of Business
GLAMA APPROVED
636 Ora Avo Drive, Vista, CA 92084
Mailing address: same as above
County: San Diego
This business is registered by the following:
Debbie Avey, 636 Ora Avo Drive, Vista, CA 92084
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 12-12-2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 12, 2022
LEGAL: 6046
PUBLISHED: December 22, 29, 2022; January 5, 12, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9026864
Name of Business
a. NEXT GENERATION ELITE HOME REPAIRS
b. NEXT GENERATION ELITE JUNK HAULING
c. NEXT GENERATION ELITE PAINTING
d. NEXT GENERATION ELITE REPAIRS
e. NEXT GENERATION ELITE HANDYMAN
4181 Alana Circle, Oceanside, CA 92056
County: San Diego
This business is registered by the following:
a. Travis Avey, 3513 Barranca Road, San Marcos, CA 92069
b. Daniel Dickerson, 4181 Alana Circle, Oceanside, CA 92056
This business is conducted by a General Partnership
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 12, 2022
LEGAL: 6047
PUBLISHED: December 22, 29, 2022; January 5, 12, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9026541
Name of Business
GALARZA GROWERS
39432 De Luz Rd, Fallbrook, CA 92028
Mailing address: 39432 De Luz Rd, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Apolinar Galarza, 39432 De Luz Rd, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 08-26-98
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 07, 2022
LEGAL: 6048
PUBLISHED: December 22, 29, 2022; January 5, 12, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9025696
Name of Business
PATRICE & ASSOCIATES
122 Rupertus Drive, San Clemente, CA 92672
Mailing address: 122 Rupertus Drive, San Clemente, CA 92672
County: San Diego
This business is registered by the following:
2 X 2 Solutions LLC, 122 Rupertus Drive, San Clemente, CA 92672
This business is conducted by a Limited Liability Company
This LLC is registered in the state of CA
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 22, 2022
LEGAL: 6049
PUBLISHED: December 22, 29, 2022; January 5, 12, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9026024
Name of Business
JD MEDIA
855 S. Main Av, Suite K, #291, Fallbrook, CA 92028
Mailing address: 855 S. Main Av, Suite K, #291, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
The Active Company, 855 S. Main Av, Suite K, #291, Fallbrook, CA 92028
This business is conducted by a Limited Liability Company
This LLC is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of 10/04/2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 30, 2022
LEGAL: 6052
PUBLISHED: December 22, 29, 2022; January 5, 12, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9027371
Name of Business
BOOMER SALES AND SERVICES
3711 Foxglove Lane, Fallbrook, CA 92028
Mailing address: 3711 Foxglove Lane, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
a. Bradley Adams, 3711 Foxglove Lane, Fallbrook, CA 92028
b. Susan Adams, 3711 Foxglove Lane, Fallbrook, CA 92028
This business is conducted by a Married Couple
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 16, 2022
LEGAL: 6053
PUBLISHED: December 22, 29, 2022; January 5, 12, 2023

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9025682
Name of Business
CONTROLLED ENTRANCES GROUP
27525 Valley Center Rd, Valley Center, CA 92082
Mailing address: 44716 Corte Gutierrez, Temecula, CA 92592
County: San Diego
This business is registered by the following:
Controlled Entrances Group, 27525 Valley Center Rd, Valley Center, CA 92082
This business is conducted by a Corporation
This Corporation is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of 10/31/2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 22, 2022
LEGAL: 6054
PUBLISHED: December 22, 29, 2022; January 5, 12, 2023

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case Number: 37-2022-00050459-CU-PT-NC TO ALL INTERESTED PERSONS
Petitioner:
JENNIFER MARIE CRAWFORD
Present Name:
JENNIFER MARIE CRAWFORD
Proposed Name:
JENNIFER MARIE RAINS

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: 2/7/2023 Time: 8:30 am Dept: N-25
The address of the court is 325 South Melrose Dr., Vista, CA 92081

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News
NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE.
The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120).
If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to the petitioner.

If all requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions.
If a timely objection is filed, the court will set a remote hearing date and contact the parties by mail with further directions.
A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified date. The court will notify the parties by mail of a future remote hearing date.
Date: 12/19/2022 Signed: James E. Simmons, Jr., Judge of the Superior Court.

LEGAL: 6055
PUBLISHED: December 22, 29, 2022; January 5, 12, 2023

Vallecitos School District Board of Trustee Vacancy Trustee Area #1

To the community of Rainbow, CA. The Vallecitos School District seeks a dedicated and qualified individual to serve on our Board of Education for Trustee Area #1. To determine if you are eligible to represent the trustee area, please visit the following Web page and enter your address: <https://ddp.maps.arcgis.com/apps/webappviewer/index.html?id=be6bcb76b685435eba8e4c139d422f>. Your address must show up within the boundaries of Trustee Area #1. Please contact the school at (760) 728-7092 if you encounter any difficulties with verifying your address.

In order to declare your interest in serving on the Vallecitos School District Board of Education, please visit the school at 5211 Fifth Street, Fallbrook, CA Monday through Friday from 7:00 AM - 4:00 PM to pick up an application. Applications are due to the District no later than January 6, 2023 at 3:00 PM. Please feel free to contact the school office at (760) 728-7092 if you have any questions or concerns.

Existing Vacancy Details
Date of Vacancy: 12/9/2022
Trustee Area: #1
Term: 02/2023 - 12/2024

Published December 22, 29, 2022; January 5, 2023



ENTER BY 2/1/23

We're looking for photos that represent our area to feature in Sourcebook 2023!

1st Prize: \$100 plus photo credit
2nd Prize: \$50 plus photo credit
Featured Photos:
Receive a gift certificate to a local business plus photo credit in Sourcebook if your photo is chosen for print.

Email your photo submissions by 2/1/23 to sourcebook@reedermedia.com



Please include your name and phone number. Photos must be high resolution to be considered for print. No limit to number of entries per person. All winners will be notified by email prior to Sourcebook publication.



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DRE# 00800277



ABBY ELSTON
DRE# 01113234



CARRIE FULLER
DRE# 02104579



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DRE# 00815495



CYNDI HAUFF
DRE# 01274144



DON BENNETTS
DRE# 01450115



DONNA SHANAHAN
DRE# 01193680



HARLEE ROBINSON
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DRE# 00414751



VICKI ROBERTSON
DRE# 01172404



TOM VAN WIE
DRE# 01412145



KAITLIN MITCHELL
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EDDIE HARRISON
DRE# 00584175



KATIE MULLIN
DRE# 02126350



HEIDI DICKENS
DRE# 01268111



May the Joy of the Season be With You
WISHING YOU A
Merry Christmas!



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BRESNAHAN
DRE# 00949710, DRE# 00582591



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DRE# 01916190



JERRY & LINDA
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DRE# 01140954, DRE# 01035328



JEAN E. ESOP
DRE# 01003649



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DRE# 01942026



NEW LISTING

1045 Felicidad, Fallbrook \$720,000



SOLD

42288 Tenaja Truck Trail, Fallbrook \$1,275,000



ACTIVE UNDER CONTRACT

3180 Los Verdes, Fallbrook \$1,695,000



00 Chisholm, Bonsall \$1,698,000



SOLD

10117 Meadow Glen Way, Escondido \$950,000



ACTIVE UNDER CONTRACT

4677 La Canada, Fallbrook \$919,000



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you and your loved ones today
and throughout the New Year.
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*Merry Christmas
& Happy New Year!*
Jerry & Linda Gordon
Jerry: 760-519-5279 CalBRE #01140954
Linda: 760-519-7199 CalBRE #01035328
twogordons@gmail.com | www.twogordons.net



A time of peace, a season of wonder
and joy. I wish you all the best now
and through the coming year.
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patandjudfallbrook@gmail.com
DRE#00582591, DRE#00949710



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