





# ANNOUNCEMENTS

The deadline for all announcements and press releases is Friday, 3 p.m.  
Email to [villageeditor@reedermedia.com](mailto:villageeditor@reedermedia.com).

## Store benefits animals through Dec. 24



A variety of Christmas decorations and gifts are available at the Fallbrook Animal Sanctuary's Christmas Store, 746 S. Main Ave., next to Meineke. Village News / Courtesy photo

FALLBROOK – Since its inception 10 years ago, the Fallbrook Animal Sanctuary Christmas Store has become a much-anticipated annual event. This year the store opened in a new, and much larger, location at 746 S. Main. Shoppers will find everything from dog and cat paraphernalia to Christmas trees, wreaths and decorations, to clothing, linens and dishes, gift baskets, puzzles, games and books. All proceeds go to help the animal sanctuary, where homeless dogs and cats have a chance at a new life in a loving home. The sanctuary also promotes and helps fund spay-and-neuter programs to tackle the homeless pet problem at the source. As the sanctuary's biggest fundraiser of the year, the Christmas Store plays a huge part in helping the sanctuary to stay afloat, as well as providing a much-loved tradition for the people of Fallbrook. "In the store you can feel the joy and excitement of Christmas, with new donations coming in every day and the anticipation that so many animals will benefit from the proceeds," said Jayne Underhill, one of the many volunteers who run the store every day of the week. The Christmas Store is open 10 a.m. to 5 p.m. Monday-Saturday and 11 a.m. to 3 p.m. on Sunday, through Dec. 24. Submitted by the Fallbrook Animal Sanctuary.

# STUDENTS

from page A-1

by social science teacher Kelly Walker, who said the student was the unanimous selection of the staff. Since coming to Ivy, McFarland has received all A grades and one B-plus, the teacher added. The student said that after graduating she plans to take a "gap year" and then enroll in a community college before transferring to a four-year college. McFarland's mother, Angela Pallas, noted that her daughter "seems to take things in stride and that school has made her stronger and that she perseveres." "She tells me 'I'm glad to be your kid' and I tell her, 'I'm glad to be your mom,'" Pallas said. Bowen is ASB president at Fallbrook High School and also the school's representative on the district board of trustees. Lauren Jones, FHS principal, said Bowen is smart and strong, someone you can rely on, who demonstrates conviction, honesty and strength. "She's just so grounded," Jones added. Bowen was nominated by Heather Smith, who noted the confident student is also president of the choir club. "She's doing a solo at the Christmas concert and that's the only time I think she may be nervous." Nick Brust, ASB advisor, said "Espy" is a role model for others." Dihana Bowen, the student's mother, read a message written by her husband, who was unable to attend. It covered the student's character and strength, as well as her sense of humor and leadership. He wrote that the school's Warrior theme was perfect for his daughter, but that she also knows the value of peace and being a friend. The student said she plans to attend Cal State Chico and major in psychology. Sanchez was nominated by Debbie Berg, who coached her on the school's field hockey and lacrosse teams. "She's the whole thing," Berg said, explaining the senior was both athletic and a leader. "She's always the captain or like a captain," she added. Berg is also the student's AP calculus instructor, a class that was a challenge based on the previous math class experience of Sanchez. "She's stepped up there, too," Berg said. "High school sports have so much drama," the coach said, "but as captain she has been able to weed through the muck for the team." Adam Sanchez, the honored student's dad, lauded his daughter's courage and leadership. He said he was also proud of his daughter's college preference of education having priority over sports. Colin Kooyman, her field hockey coach, said Sanchez "lights a fire" for the team as a motivator. Sanchez said she has not decided on what four-year college to attend, but that she would like to study kinesiology and become an athletic trainer or physical therapist. She anticipates playing lacrosse for the college she selects. Weber was nominated by Marin Pinnell and Alana Milton. They cited the student's decision to remain active after sustaining a knee injury in the spring by being a manager and photographer for the football team. She also served as the ASB pep leader and volunteered at community organizations. Her sports are volleyball and rugby. "I'm super proud of her," said her mother, Nicole Weber. "Everything she does, she does whole heartedly." The student's sister, Natalie, five years her senior, said she was proud of her sister's "heart and tenacity." "It's hard to have a bad day when she's in the room," proclaimed her dad, Garth Weber. "It's easy to be proud of her," he added. The senior plans to attend a four-year college and major in digital communications and minor in photography. Each of the four students was presented with a medal, yard sign, gift bag and plenty of applause. For information about nominating a student or being a sponsor, contact Lynne Grantham at 760-214-1755.

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SECTIONS	
Announcements.....	A-2
Business.....	C-5
Business Directory.....	Flap
Calendar.....	D-5
Classifieds.....	D-4
Dining.....	None
Education.....	D-6
Entertainment.....	B-4
Health & Fitness.....	B-2
Home & Garden.....	C-2
Legals.....	D-6
National.....	None
Obituaries.....	D-5
Opinion.....	B-6
Regional.....	None
Real Estate.....	C-2
Sheriff's Log.....	D-2
Sports.....	B-6

SUBMISSION DEADLINES	
OPINION PAGE	_____
The deadline for Letters to the Editor is Monday, 9 a.m.; acceptance is based on space availability. Email to <a href="mailto:villageeditor@reedermedia.com">villageeditor@reedermedia.com</a> .	
OBITUARY PAGE	_____
The deadline for Obituaries is Monday, noon. Email to <a href="mailto:villageeditor@reedermedia.com">villageeditor@reedermedia.com</a> .	
EDITORIAL DEADLINE	_____
The deadline for all announcements and press releases is Friday, 3 p.m. Email to <a href="mailto:villageeditor@reedermedia.com">villageeditor@reedermedia.com</a> .	
LEGAL NOTICES	_____
The deadline for Legal notices is Monday, noon. Email to <a href="mailto:legals@reedermedia.com">legals@reedermedia.com</a> .	

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The Fallbrook/Dorsal

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148 Barhaven Ln, Fallbrook

Tucked away on a quiet street, this charming home has both modern upgrades and character combined for easy Fallbrook living! This 3BD, 2BA enjoys single story living with a spacious 1,752 sqft. on a 1/3 acre lot! A cozy living room fireplace sets the mood! The primary bathroom is recently expanded and remodeled, all the bedrooms are spacious and the living areas have cathedral style ceilings for extra volume. Outdoor patio area includes plenty of room to entertain and includes a gazebo area in addition to the patio cover. No HOA!

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Ken's Corner

It sure seems like 2022 has gone by super fast! So many changes to our market, and we are implementing many new strategies to continue to provide First Class Service.

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We have the experience and tools to negotiate the best offer and terms for you! Come on by our office and let's discuss your real estate goals.

AT YOUR SERVICE! – Ken



We thoroughly enjoyed this year's annual Fallbrook parade. Stop in and say "Hi" at our new office in downtown Fallbrook!  
100 N. Main Ave, Fallbrook



3993 Peony Dr, Fallbrook

Spectacular "Classic California" estate above lovely Fallbrook. Sunsets here are amazing as are the inspiring western-facing panoramic views. Completely private and gated with a jaw-dropping resort-style pool and spa, this property is surrounded by other high-end estates. Five acres of useable land with several building sites for possible guesthouse, pool house or ADU's. Income-producing blood orange, lime and avo trees. Built by custom builder Michael Pierce, beams & high ceilings throughout.

Offered at \$1,798,747

Sharon's Corner

Buyers for Fallbrook homes were extremely active this weekend as I showed our new listing 25 times over 3 days!

Buyers are still wanting to secure housing and start their lives here in our beautiful Fallbrook area and they tell me all the reasons they want to be here!

If you need help buying or selling, give us a call so we can get you started- we have tips for success!

LET'S TALK! – Sharon



1907 Camino Alisos, Fallbrook  
Sold for \$1,911,000

Business Spotlight



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Charity Spotlight



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***SIGNAL***

*from page A-1*

intersection resulted in one fatality and three other injuries, and the accident rate is more than four times the statewide average for similar intersections.

The anticipated cost including

contingency for signals at the five intersections was \$4,250,000 at that point. Construction was scheduled to begin in fall 2021 and to be completed by late 2022.

In August 2020, the Board of Supervisors approved the county's fiscal year 2020-21 budget and included \$5.1 million for traffic

signals at six intersections, including the one in Rainbow. "I'm glad to see it's finally moving forward today," Desmond said.

Normally priority points rather than the length of time an intersection has been on the list will determine the next intersection to be signalized once funding

permits, but design readiness issues may allow a lower-ranked intersection to be signalized first as can grant funding for a specific intersection.

The county's Department of Public Works identified a funding source from the county's road fund to allow the Rainbow signal to be installed sooner.

On May 23, 2021, the county supervisors approved the bid and award process for a construction contract to install traffic signals at five intersections in unincorporated San Diego County including the intersection of Old Highway 395 and Rainbow Glen Road and the intersection of South Mission Road and Green Canyon Road. The signals were expected to be operational by spring 2023.

The intersection in Rainbow met both the four-hour vehicular volume warrant and the peak hour volume warrant for a traffic signal. The intersection fell one collision short of the collision warrant for a traffic signal which requires five collisions correctable by a signal

within a one-year period, but just those four collisions between June 1, 2017, and May 31, 2018, created an accident rate more than four times the statewide average for similar intersections.

Two of those collisions involved injury, and after a July 23, 2019 collision resulted in one fatality along with three injuries, DPW reviewed the intersection to determine if a signal would increase the safety of motorists and pedestrians.

"It has been an ongoing concern to the residents," Desmond said.

Rainbow residents and DPW staff members both cited increasing commuter traffic to Riverside County rather than Rainbow residents as the cause for the increased traffic volume, and the use of Old Highway 395 rather than Interstate 15 is even more prevalent when an accident causes delays on I-15.

Rainbow residents now hope the county can do something about the commuter traffic clogging their streets.

## Fallbrook elementary teachers receiving 7% raise

## Rick Monroe

*Special to the Village News*

Last year, when teachers in most school districts in the county received a 5% cost of living increase, teachers in the Fallbrook Union Elementary District received a 7% increase. At a Nov. 18 special board meeting, trustees learned a similar pay increase has been negotiated for this year.

"We are grateful for our collaborative and productive relationship with the Fallbrook Elementary Teachers Association (FETA)," said Cindi Martin, interim superintendent, in response to an inquiry by the Village News. "Our district leadership understands today's teachers are working in an educational landscape that is continually changing and advancing."

"With this in mind," she continued, "we are proud of our ability to provide a 7% on-schedule salary increase, a 1%

one-time, off-schedule payment, and an increase to the district's healthcare contribution to cover new/increased premiums."

The governing board approved the comprehensive tentative agreement with FETA at the Nov. 18 meeting.

"We will continue to provide equitable and competitive pay to all FUESD employees and we are proud of what we have accomplished in collaboration with FETA," Martin said.

The 1% payment will be calculated based upon the updated 2022-2023 salary schedules and include masters, doctorate and lead teacher stipends. The one percent (1%) payment shall be prorated for unit members hired after Oct. 1, 2022.

Brian Morris, assistant superintendent, negotiated for the district with FETA representatives Dale Leonard, vice president, and Ken Ostroske, bargaining chair.



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# Give From the Heart this Holiday Season

**In 2022, well over 311 kids were adopted by local individuals, families, churches, and organizations.** Adopt-A-Family is a special program that the Fallbrook Food Pantry has been doing for more than 25 years. Uniting families living at or well below the Federal Poverty Level with those who can and would like to share in the Spirit of giving.

This year, the Fallbrook Food Pantry is adjusting the Program and asking for gift card donations. COVID-19 has brought lots of obstacles for our families...with inflation prices reaching the roof, unaffordable rent, and food prices skyrocketing, we want to give a chance to the families to shop according to their needs. They now more than ever need your help.

We also believe in the simplicity of modern days; we want to encourage our families to have time for themselves, go to their favorite stores, and give them the dignity of choice.

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Please include your name and phone number. Photos must be high resolution to be considered for print. No limit on number of photo entries per person. All winners will be notified by email prior to Sourcebook publication.

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The Fallbrook/Vicinity

**Village News** 760.723.7319



# FUESD likely losing appeal to reinstate fired teacher

**Rick Monroe**  
*Special to the Village News*

When the new board of the Fallbrook Union Elementary School District meets for its organizational meeting on Monday, Dec. 12, there will likely be a new majority of representatives sworn to serve. And, along with the regular business agenda, there may be another major litigation for the new directors to consider.

At its last meeting on Nov. 7, the current board – which will likely have three of its five members replaced – agreed to a nearly \$400,000 settlement and exit plan with former Superintendent Candace Singh in order to avoid a threatened lawsuit. The final day of her 11 years leading the district was on Nov. 30.

The new board, selected by voters on Nov. 8, will have Stacey McRae replacing Susan Liebes and Mary McBride replacing JoAnn Lopez. The newcomers had

## DELAY

*from page A-1*

of Commerce. He was selected Ambassador of the Year by the chamber and was asked to join its board and executive committee.

Salmon and Jeffries voted to nominate Stanicek, but the motion didn't pass when Mroz and Leach voted no.

Both Mroz and Leach said Stanicek was a fine candidate, but thought the board was rushing the process and that the community should be given more time for there to be more applicants, citing the Thanksgiving holiday as a factor.

District 2 covers the downtown area of Fallbrook, plus nearby neighborhoods that are higher cost, said district CEO Rachel Mason after the meeting. She noted that the area was identified as a clear "minority majority zone" when the geographic boundaries were drawn, giving the Hispanic population in the area an opportunity for representation on the board. Ortiz is Hispanic and Stanicek is White, but board members didn't indicate that was the reason for delaying the appointment.

Mason suggested the extended deadline for people living in Zone 2 to apply should be several days before the Dec. 14 meeting so board members could review the resumes of any applicants. The deadline is Friday, Dec. 9, at 5 p.m. She said anyone interested in running should contact her at the district office to make sure they reside in the correct geographic zone. Others in the community have inquired about the open seat but didn't live in Zone 2.

Ortiz resigned because she moved to Oceanside.

Jeffrey Scott, legal counsel for the district, said the board must select a replacement by Jan. 9, or order a special election. Otherwise, the matter would go to the County Board of Supervisors for a decision. A special election would cost the district about \$15,000.

During the Nov. 30 meeting, each of the board members asked questions of Stanicek, who said he chose to run because he felt that with his executive marketing career background, it was "time to give back."

At the conclusion of the meeting, board members saluted Salmon for his dedication to the district and presented him a gift basket.

strong leads, but the final election certification is not to be released until today. In the other race, Diane Sebalj led incumbent Caron Lieber by a mere 14 votes.

The legal issue facing the new board about the district's firing of teacher Jennifer Humphreys, who was dismissed for refusing mandatory weekly testing for COVID-19 while she was unvaccinated in October 2021. The Commission on Professional Competence (CPC) ruled by a 3-0 vote in June that her dismissal should be reversed, and she could return to teaching with back pay.

The CPC report stated, "It is quite evident that the district rushed to dismiss respondent."

However, the FUESD appealed that decision to the Superior Court in San Diego in August. On Dec. 1, Judge Keri Katz ruled – tentatively – in favor of the 21-year veteran teacher, who hopes to be reinstated and receive back pay. Final orders from the judge were expected this week.

The school district could be liable for about \$300,000 if indeed the judge rules in favor of Humphreys. That's based on her salary and benefits for nearly a year and a half of nearly \$200,000, and another \$100,000-plus in combined attorney fees for the district and Humphreys' legal counsel.

Neither the district's legal counsel, Jonathan A. Pearl of

Dannis Woliver Kelley, nor FUESD Board President Suzanne Lundin responded to inquiries about how the board might respond if the district indeed loses the case. The district could accept the loss, or it could appeal further.

That's a big decision for the "rookie" board to make at the Dec. 12 meeting or sometime in the near future. In addition to the three new board members and Lundin, the fifth board member is Ricardo Favela who, like Lundin, was elected to serve through 2024.

Humphreys has worked for the district most recently in a third grade class at Frasier Elementary School. She is represented by Jonathan Y. Vanderpool of Smith Steiner Vanderpool.

"Humphreys has admitted her poor decisions in choosing not to respond to three emails over a six-week period before the CDPH's order took effect and for staying Miranda-warning-like silent at the Sept. 28, 2021, meeting precipitating her being directed on leave," Vanderpool said in his court brief. "She also professed sincere regret for not knowing what she didn't know about the testing she could and should have undertaken, wherever and however she chose, prior to being served with immediate suspension."

Humphreys has said she isn't an anti-vaxxer and simply wants to return to the classroom.

# Regency fills Toys for Tots box



Regency Fallbrook fills its Coldwell Banker Toys for Tots box in two days, with the help of Riley Roberson, Brody Roberson and Luc Robinson who generously brought down enough toys to fill the box!

Village News/Courtesy photo

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In Up Market Audi Murphy Ranch! Open modern-concept layout. Laminate hardwood floors & recessed lighting thruout. Family rm w/fplc. Adjacent chef's kitchen w/custom hardwood cabinets, granite counters/backsplash, stainless applcs & center island w/ breakfast bar & pendant lighting. Upstairs loft area. Spacious bedrooms w/upgraded baths. Large backyard.

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2 bedroom, 3 bathroom Mobile home on 5 acres of land, the property offer 2 holding tanks for plenty of watering, one 1000 gallon, the other 5000 gallon, well pump recently replaced 20 GPM, a 200 AMP panel, and a long pad next to the home for RV or equipment storage.

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55+ Sierra Dawn! This 2 bedroom, 2 bath has been totally upgraded! Must see! New flooring! Fresh interior paint! Low maintenance landscaping, covered parking, inside laundry, storage shed, too many benefits to list! Just walk down the street to pool and clubhouse! Free cable! Active senior community! Put this one at the top of your list!

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**ASSUMABLE LOAN - Contact us for details!**

Endless possibilities around this single-story all electric home in North Fallbrook just blocks from Main Ave. Nearly 1/4 acre lot with a long driveway suitable for extra car parking plus a covered carport. Lush grass landscapes the front yard with orange and pomegranate trees on the elevated lot that creates privacy from the street and neighbors and views of the hills. The sunroom allows you an added separate living area or bonus room before stepping into the main living spaces. Eye-catching floor to ceiling antique cast iron fireplace replica and flooring. Open kitchen with upgraded white cabinets, stainless steel appliances, and flows into the dining area.

**Offered at \$590,000**

Luxury, privacy, and ocean views! Indulge in the striking custom-finishes in this fully renovated, turnkey home nestled on an extra large corner lot in the prestigious La Jolla Summit Community. Pristine curb appeal, exceptional views plus only one direct (side) neighbor. Inside you'll admire the dynamic soaring ceilings, open concept with brilliant natural light and beautiful new Bamboo wood floors that take you effortlessly through this flowing floorplan. Extensive upgrades include all new windows and sliding glass doors throughout, Hunter Douglas and designer shades, new flooring, Douglas Fir fencing, new HVAC system incl the addition of central a/c and thermostat, low VOC paint throughout, and full home air purification system just to name a few.

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# Tim Kirk

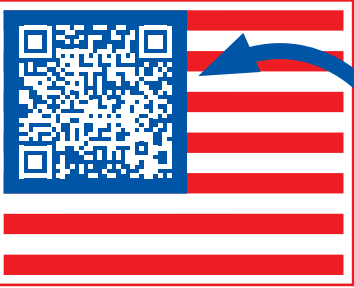
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# Sights of Christmas fill Main Avenue



A USMC color guard leads the start of the 41st Annual Fallbrook Christmas Parade, Dec. 3. Village News/Shane Gibson photos



The Grinch entertains spectators at the "Rockin' Around the Christmas Tree" Fallbrook Christmas Parade.



Ballet Folklorico dancers perform while marching down Main Avenue in the Christmas Parade.



Snow is produced by the Fallbrook Equipment Rental float during the Fallbrook Christmas Parade.



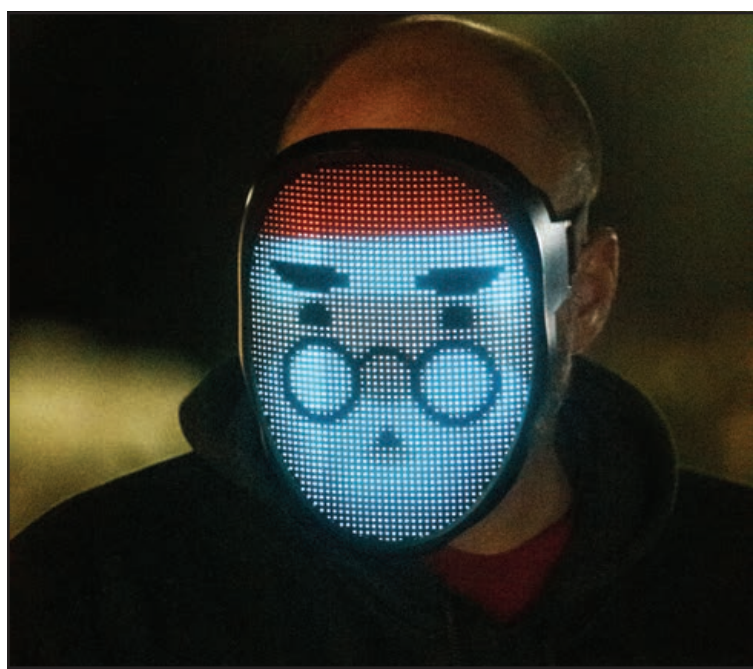
Spectators fill downtown Fallbrook as they watch the annual Christmas Parade.



Jessica Plascencia and her son Ziggy, 5, wave to spectators as they participate with the Latin Style car club in the Fallbrook Christmas Parade.



Members of the Fallbrook High School marching band perform as they travel down Main Avenue from Ammunition all the way to Fig Street.



Matt Schmierer wears a LED Santa mask as he watches the annual Fallbrook Christmas Parade.



Sullivan Middle School students march and sing Christmas songs in the Fallbrook Christmas Parade.



HEALTH

Silvergate Fallbrook receives 2023 Caring Super Star Award

FALLBROOK – Silvergate Fallbrook announced the retirement community received the prestigious 2023 Caring Super Star Award for outstanding care in senior living by Caring.com, a leading senior living referral service and the nation’s top site for retirement community reviews.

It is the third award for excellence that Silvergate has garnered in the last year, including one from SeniorAdvisor.com and San Diego Union Tribune whose readers cast their votes for “Favorite” in the region.

“We strive daily to provide the highest quality care and services for our residents, and this award validates our delivery on that promise,” Patricia Martinez, executive director of Silvergate Fallbrook, said. “Silvergate is the only community in Fallbrook to win this award three years running. Our more than 30 years of experience in caring for seniors, the longevity of our staff, our hands-on local ownership and the outstanding care we offer are all reasons why we continue to be recognized by organizations like Caring.com. On behalf of our community staff and leadership, we want to thank those who shared positive feedback about us.”

Online review sites help Americans research and select the best senior living communities.

Older adults and their families often turn to the internet and consumer reviews when narrowing their options among senior living communities in their area. They rely on these peer perspectives as much as personal recommendations from friends, geriatric professionals and medical personnel.

“Congratulations to Silvergate Fallbrook for being among these highly-rated communities achieving such significant praise from their customers in online reviews,” Jim Rosenthal, CEO of Caring.com, said. “They stand out as being among the best and most experienced in senior living care in the nation.”

To be considered for the award, Caring Stars communities meet a set of criteria based on ratings and reviews from senior living residents and their family members. Some of the positive feedback that led to Silvergate Fallbrook being named a Caring Star of 2023 included comments from residents’ family members.

“I cannot say how much I, and my siblings, appreciate all Silvergate does to keep my folks active and engaged,” Karen Gebhard, whose parents reside at Silvergate and recently left a touching online review about the community, said. “Mom seems to have found purpose again. She’s taking on volunteer



Staffers at Silvergate Fallbrook celebrate their third consecutive win of the prestigious Caring Super Star award from Caring.com, an online review site whose clients rate senior living communities throughout the United States.

Village News/Courtesy photo

responsibilities in the Country Store, assisting with decorations and putting together the many holiday celebrations, organizing and leading the Sunday afternoon craft class, as well as serving as a resident board member. She no longer sits waiting for one of us to call because she is too busy with fun activities. She has built some warm and supportive friendships and while Dad isn’t as much of a joiner as mom, he seems to really enjoy all the musical programs and special events Silvergate consistently hosts, as well as the weekly bus rides to see pretty areas of Fallbrook or the wine country in Temecula. All the staff makes an effort to know every resident by name, as well as many of their family members. There is a sense that everyone there is looking out for each other.”

“We are the only community in this region to have won all three of these awards, proving that families in Fallbrook really trust Silvergate to care for their loved ones and choose us overwhelmingly to care for Mom and Dad,” Helen Gray, marketing director for the community, said. “We are so overjoyed with all of the positive feedback we received online from our residents, their families and the community. It means so much.”

Located in a tranquil setting within the rolling hills of Fallbrook, Silvergate is a full-service retirement community offering independent living, assisted living and memory care. The community has recently completed major renovations and currently has two-bedroom, one-bedroom and studio models available for private viewing.

For information about availability and pricing, call Helen Gray to arrange a private tour of the property at 760-728-8880. Silvergate Fallbrook is located at 420 Elbrook Drive in Fallbrook. For more information, visit <http://www.SilvergateRR.com/FB>.

Submitted by Silvergate Fallbrook.

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# Dig into tasty, nutritious potatoes

Potatoes are a staple of many people’s diets. Versatile, affordable and tasty, potatoes are, not surprisingly, included in myriad recipes.

Potatoes are underground tubers that grow on the roots of the potato plant. Potatoes are from the nightshade family, which means they’re related to tobacco and tomatoes. Potatoes are native to South America, and were likely brought to Europe, and later North America, by immigrants and tradespeople.

In addition to their versatility and flavor, potatoes happen to be nutritional powerhouses. Potatoes are one of the “good” carbohydrates because they are whole and complex. Whole carbs like potatoes are minimally processed and contain fiber found naturally, according to the health and wellness site Healthline. Carbohydrates are important for mental and physical performance because they provide the body with energy.

Here’s a deep look at what a serving of one potato provides in terms of nutritional benefits, courtesy of Potatoes USA.

- Moderate caloric content: The average potato contains just 110 calories. That makes potatoes part of a healthy, low-calorie eating plan.
- Vitamin C: Potatoes are very good sources of vitamin C, although people might not think of potatoes as a major source of this essential nutrient. One potato provides around 30% of the recommended daily value of vitamin C.
- Potassium: Each potato contains about 620 mg of potassium, which is more of this valuable nutrient

## Potato soup makes a filling meal

Many Irish dishes focus on simple, fresh ingredients that can be purchased close to home. Potatoes have long been a staple of Irish cooking. Brought to Europe by Spanish explorers from the New World, the potato put an end to famine in regions of northern Europe, like Ireland. Smithsonian notes that, by the end of the 18th century, roughly 40% of the Irish ate no solid food other than potatoes. If that sounds like a boring diet, it’s good to note that all that was necessary to make potatoes desirable and more versatile was a little creativity. Potato soup is one way to experiment with potatoes. There are many different takes on potato soup, but most classic Irish recipes feature potatoes, stock, leeks, and onions. But that does not mean potato soup can’t be enhanced by other ingredients, like those found in this recipe for “Potato, Escarole and Country Ham Soup” from “The Culinary Institute of America Book of Soups” (Lebhar-Friedman Books).

than one gets from a banana.

- No cholesterol: Potatoes are cholesterol- and fat-free when boiled or baked. There are many ways to prepare and serve potatoes so they remain low in fat and cholesterol-free.
- Vitamin B and Iron: One potato provides 10% DV of vitamin B and 6% DV of iron.
- Fiber: The highest level of fiber in potatoes is found in the skin. Dried skins are about 52% fiber. If you don’t eat the skin, one potato will offer around 7% DV of fiber.
- Sodium-free: Potatoes are a smart choice for those watching their sodium intake.
- Gluten-free: People with Celiac disease or those who have gluten intolerances can turn to potatoes to include starchy carbohydrates in their diets. They’re perfect as side dishes or dressed up with other ingredients to make a main course.

Potatoes come in many different forms and sizes, so they can be integrated into any meal. Because they can be cooked in various ways, potatoes also can be matched to particular diets and eating plans. Potatoes are a delicious, versatile and healthy option any time of the day.

## Potato, Escarole and Country Ham Soup

### Makes 8 servings

- 1 tablespoon unsalted butter
- 1 onion, diced (about 1 1/4 cups)
- 1 leek, white and light green parts minced (about 1 1/4 cups)
- 1 celery stalk, diced (about 1/2 cup)
- 1 garlic clove, minced (about 1/2 teaspoon)
- 1 quart chicken broth
- 2 yellow or white potatoes, peeled and diced (about 2 cups)
- 1 sprig fresh or 1/2 teaspoon dried thyme
- 2 cups chopped escarole (about 8 ounces)
- 1 cup diced country ham
- 1/4 teaspoon salt, or to taste
- 1/4 teaspoon freshly ground black pepper, or to taste

Heat the butter in a soup pot over low heat. Add the onion, leek, celery, and garlic; stir until they are evenly coated. Cover the pot and cook until the vegetables are tender and translucent, 6 to 8 minutes.

Add the broth, potatoes and thyme. Simmer the soup until the



Potatoes are cholesterol- and fat-free when baked. There are many ways to prepare and serve potatoes so they remain low in fat and cholesterol-free.

potatoes are tender enough to mash easily, about 20 minutes.

Remove the thyme and discard. Puree the soup. Return the soup to the pot and bring to a simmer.

Add the escarole and diced ham and simmer, 12 to 15 minutes, or until all the ingredients are tender. Season with salt and pepper.

Serve the soup in heated bowls.

*Tip: Country hams have an altogether different taste and texture from that of boiled hams. They have been cured for lengthy periods and have a unique salty, smoky taste. Ask your deli manager or butcher to help you find country ham or a suitable substitute.*

# Healthy Habits for Bonsall & Fallbrook Folks – Sweat: Our body’s air conditioning system

**Dr. Megan Johnson McCullough**  
*Special to the Village News*

We have 2.6 million sweat glands in our body, covering nearly every inch. Sweating, also known as perspiration, helps regulate our body’s temperature. The arm pits, palms of our hands, face, and soles of our feet, are the most common areas that release this fluid.

It is completely normal when our internal temperature rises, when the outside temperature heats up, and during times of high emotion, to get wet with sweat. Sweat is the perfume of the fitness industry, the marking of a hard day’s work, and proof that it is hot outside.

Sweating is controlled by the autonomic nervous system, which means we do not consciously control it. We have two types of sweat glands. Eccrine sweat glands cover our body, and produce odorless, lightweight sweat. Apocrine sweat glands are located in areas that have hair follicles including the arm pits, scalp, and groin. These are those lovely sites that form body odor due to this liquid mingling with the bacteria

of the skin.

It’s the bacteria on the skin that smells, not the sweat itself. Deodorant works by killing the bacteria on the skin and helps to reduce the amount of sweat formed. Some of these flowery scented sticks contain triclosan, which is a chemical that makes the armpit too salty for the bacteria to live. Antiperspirants plug up the sweat glands with aluminum salt, which puts a halt to smelliness.

Sweat is composed of sodium, potassium, chloride, and yes even a little fat. As the sweat evaporates, the body cools down.

Exercise causes the body temperature to rise, causing sweat to work its magic to cool yourself down. Emotional sweat can result from fear, anger, anxiety, or embarrassment. Food can even make you heat up. This is called gustatory sweating triggered by spicy foods, caffeine, and alcoholic beverages. Certain medications like pain killers, synthetic thyroid hormones, and fever reducing drugs can cause the body to produce this liquid. Menopausal women experience sweating with the onset of hormonal fluctuations.

Some people are just sweaters.

In a certain context that is fine, like at the gym or in the sauna, but sweating isn’t exactly socially acceptable when heading into a job interview or meeting a person of love interest for the first time. The sweaty palms handshake might mean nervousness. The sweaty back after being in the car for so long just isn’t a good look. Having body odor isn’t proper etiquette.

Some people just have to be more mindful than others when they know they will be possible sweaty situations. Having an antiperspirant or deodorant on hand is never a bad idea. Sometimes your self- air conditioning system just won’t let you control the temperature.

*Sweat is your body’s way of cooling itself down to a comfortable temperature.*

Village News/Courtesy photo



# Testing reveals that 6 out of 10 fentanyl-laced fake prescription pills now contain a potentially lethal dose of fentanyl

WASHINGTON – The U.S. Drug Enforcement Administration is alerting the public of a sharp nationwide increase in the lethality of fentanyl-laced fake prescription pills.

The DEA Laboratory has found that, of the fentanyl-laced fake prescription pills analyzed in 2022, six out of 10 now contain a potentially lethal dose of fentanyl. This is an increase from DEA’s previous announcement in 2021 that four out of ten fentanyl-laced fake prescription pills were found to contain a potentially lethal dose.

“More than half of the fentanyl-laced fake prescription pills being trafficked in communities across the country now contain a potentially deadly dose of fentanyl. This marks a dramatic increase – from four out of 10 to six out of 10 – in the number of pills that can kill,” said Administrator Anne Milgram. “These pills are being mass-produced by the Sinaloa Cartel and the Jalisco Cartel in Mexico. Never take a pill that wasn’t prescribed directly to you. Never take a pill from a friend.

Never take a pill bought on social media. Just one pill is dangerous and one pill can kill.”

Last year, the DEA issued a Public Safety Alert on the widespread drug trafficking of fentanyl-laced fake prescription pills in American communities. These pills are largely made by two Mexican drug cartels, the Sinaloa Cartel and the Jalisco (CJNG) Cartel, to look identical to real prescription medications, including OxyContin®, Percocet®, and Xanax®, and they are often deadly.

In 2021, the DEA seized more

than 20.4 million fake prescription pills. Earlier this year, the DEA conducted a nationwide operational surge to target the trafficking of fentanyl-laced fake prescription pills and, in just over three months, seized 10.2 million fake pills in all 50 states. Through its One Pill Can Kill campaign, the DEA is working to alert the American public of the dangers of fake prescription pills.

Fentanyl remains the deadliest drug threat facing this country. It is a highly addictive synthetic opioid that is 50 times more potent than heroin and 100 times more

potent than morphine. Just two milligrams of fentanyl, the small amount that fits on the tip of a pencil, is considered a potentially deadly dose.

According to the CDC, 107,622 Americans died of drug poisoning in 2021, with 66% of those deaths involving synthetic opioids like fentanyl. The Sinaloa Cartel and Jalisco Cartel in Mexico, using

chemicals largely sourced from China, are primarily responsible for the vast majority of the fentanyl that is being trafficked in communities across the United States.

For more information on the dangers of fentanyl, visit <https://www.dea.gov/>.

*Submitted by the Drug Enforcement Administration.*

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ENTERTAINMENT

Fallbrook Music Society to present glorious Christmas music

FALLBROOK – Fallbrook Music Society’s “FESTIVA” Christmas concert will bring a unique pairing of traditional and contemporary selections in a program that’s certain to awaken the spirit of the season. Back by popular demand, Camarada returns to the stage with a diverse musical palette that will fill the theater with the “sounds of the season” – ranging from Bach to Blues.

“This acclaimed San Diego based ensemble deftly explores the interplay of percussion, piano, strings and flute,” Bob Freaney, president of Fallbrook Music Society, said. “We are proud to bring this much-loved group back to Fallbrook for our special holiday program.”

Camarada’s presentation will feature seldom-heard works such as “Sinfonia” from the Christmas Oratorio by J.S. Bach; “Five Carols” by Peter Crisafulli and Baroque and Blue from Suite for Flute and Jazz Piano by Claude Bollng.” More familiar selections such as “Greensleeves,” “O Holy Night,” “A Child is Born” and “Ave Maria” will also be celebrated in this special concert experience, which will culminate in a grand holiday medley.

Native Hawaiian soprano Tasha Koontz is an artist garnering attention from coast to coast, and she will join Camarada for the magical, musical afternoon. Displaying her powerhouse voice and recognized for her luscious tone, Koontz has performed leading roles with the Chicago Symphony Orchestra, San Diego Opera, Central City Opera and

Opera on the Avalon.

Equally comfortable on the concert stage, she has performed as a soloist with the San Diego Symphony, La Jolla Symphony and Chorus, Chicago Arts Orchestra, Newfoundland Orchestra and the Spokane Symphony Orchestra. Tasha earned her master’s degree in music from the Jacobs School of Music at Indiana University where she studied with acclaimed soprano Carol Vaness and received her bachelor’s degree in music from Northwestern University.

This concert is sponsored by Ken Follis and Sharon Robinson Group of COMPASS Real Estate in Fallbrook.

The concert will take place Sunday, Dec. 11, at 2 p.m. in Fallbrook’s historic Mission Theater, 231 N. Main Avenue. Doors open at 1 p.m. for social hour, and the concert hall doors open at 1:30 p.m. Advance tickets are \$20 adult until Friday, Dec. 9, at noon; \$25 thereafter; children 18 and under are free with one paid adult. Seating is general admission.

Tickets can be purchased at <http://fallbrookmissiontheater.com> or <http://fallbrookmusicsociety.org>. Fallbrook Music Society is a 501 (c) (3) not-for-profit organization currently celebrating its 45th year of presenting excellence in music performances and youth music education outreach to Fallbrook and Bonsall Schools and the Boys & Girls Club of Fallbrook.

For more information, visit <http://fallbrookmusicsociety.org> or call 760-451-8644.

*Submitted by Fallbrook Music Society.*



Beth Ross Buckley, artistic director of the San Diego ensemble Camarada, will lead the “FESTIVA” Christmas program Sunday, Dec. 11, at 2 p.m. in Fallbrook’s historic Mission Theater. For tickets, visit <http://fallbrookmissiontheater.com> or <http://fallbrookmusicsociety.org>.

Theatre Talk: Holiday shows and more

Elizabeth Youngman-Westphal  
Special to The Village News

Broadway San Diego is hosting a one-night only show at the Balboa Theatre downtown starring Harry Connick Jr. He will play one night only, Dec. 11. Nearby, on the Civic Theater stage, watch out for “Annie” opening Dec. 27. Tickets are on sale now; call 619-564-3000 or visit <https://www.broadwaysd.com/>.

The quintessential production of “The Nutcracker” will be performed by the City Ballet of San Diego at the California Center for the Arts in Escondido – only five shows Dec. 21 through Dec. 23. Visit <https://cityballet.org/> or call 858-272-8663 for tickets.

New Village Arts at 2787 State St. Carlsbad, will open Dec. 20 at their newly remodeled Dea Hurston Theater complex with their ground-breaking production of “1222 Oceanfront: A Black Family Christmas”. This refreshing show deserves to be a Christmas tradition. For tickets, call 760-433-3245 or visit <https://newvillagearts.org>.

Just down I-5 is North Coast Repertory. They are hosting “2 Pianos, 4 Hands,” a terrific musical extravaganza. We saw one of the two artists, Jefferson McDonald, onboard the Diamond Princess over the Thanksgiving holiday cruise to Baja. He played Jerry Lee Lewis’s top hits and I can hardly wait to see him again, at



The Who Villagers of “Dr. Seuss’s How the Grinch Stole Christmas” can be seen at the Old Globe Theater in Balboa Park. Village News/Andrew Polec photo

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FATHER STU REBORD PG13			
Fri, Wed, Thurs	4:30pm	7:25pm	
Sat, Sun, Tues	1:35pm	4:30pm	7:25pm
			Mon 7:25pm
CONAN THE BARBARIAN R			
			Mon, Tues 7:00pm
AVATAR THE WAY OF WATER PG13			
Thurs	3:00pm	7:00pm	
AVATAR THE WAY OF WATER 3-D PG13			
Thurs	5:00pm		
VIOLENT NIGHT R			
Fri, Wed, Thurs	4:20pm	7:30pm	
Sat, Sun, Tues	1:40pm	4:20pm	7:30pm
			Mon 7:30pm
STRANGE WORLD PG			
Fri, Wed	5:00pm	7:20pm	
Sat, Sun, Tues	1:25pm	5:00pm	7:20pm
Thurs	4:45pm	7:20pm	Mon 7:20pm
DEVOTION PG13			
Fri, Wed	4:05pm	7:10pm	
Sat, Sun, Tues	1:00pm	4:05pm	7:10pm
			Mon 7:10pm
BONES AND ALL R			
Fri, Wed	4:15pm		
Sat, Sun	1:15pm	4:15pm	Tues 1:15pm
MENU R			
Fri, Sat, Sun, Wed	7:15pm		Tues 4:15pm
BLACK PANTHER WAKANDA FOREVER PG13			
Fri, Wed, Thurs	4:00pm	7:00pm	
Sat, Sun, Tues	1:30pm	4:00pm	7:00pm
			Mon 7:00pm

Buy Tickets Online & Save: [www.DPlaceEntertainment.com](http://www.DPlaceEntertainment.com)

987 Lomas Santa Fe Dr., Suite D, Solana Beach. For tickets, call 858-481-1055, or visit <https://northcoastrep.org>. This will be a wonderful show which will tour the U.S. after leaving San Diego.

Old Globe Theater in Balboa Park is in the holiday mode with two shows. “Dr. Seuss’s How the Grinch Stole Christmas” runs side by side with “Ebenezer Scrooges’ Big San Diego Christmas.” There is something for everyone. Call 619-234-5623 or visit <https://www.theoldglobe.org>.

CTK King’s Players is staging “The Best Christmas Ever” with a cast of local kids, great for the entire family, at 1620 S. Stage Coach Lane, Fallbrook. Tickets call 760-468-9774 or visit <https://www.curtaincallcompany.com/>.

The Cygnet Theatre Old Town San Diego continues with “A Christmas Carol” until Dec. 30, at 4040 Twiggs St., San Diego. For tickets, call 619-337-1525 or visit <https://www.cygnettheatre.com/>.

Diversions Theatre LGBTQ+

will continue with “The Mystery of Irma Vep” until Dec. 24, at 4545 Park Blvd. #10, San Diego, CA. Call for 619-220-0097 or visit <https://www.diversionary.org> for tickets.

San Diego Musical Theatre at 4650 Mercury St. presents “Plaid Tidings” with lots of free parking. For tickets, call 858-560-5740 or visit [www.sdmt.org](http://www.sdmt.org).

If you’re taking a drive down to Coronado Island, be sure to catch the Lambs’ Playhouse production of “A Christmas Carol,” 1142 Orange Ave., Coronado. For tickets, call 619-437-6000 or visit <https://www.lambsplayers.org/>.

La Jolla Playhouse and Diversions Theatre will continue with William Shakespeare’s “As You Like It” with a “vibrant... cast of trans, non-binary and Queer performers,” re-imagined by Christopher Ashley and Will Davis, 2910 La Jolla Village Dr. La Jolla. For tickets, call 858-550-1010 or visit <https://lajollaplayhouse.org/>. Closes Dec.

11.

San Diego Ballet will perform “The Nutcracker” across and around the county. For tickets, visit [www.sandiegoballet.org](http://www.sandiegoballet.org) or reach out to [matt.carney@sandiegoballet.org](mailto:matt.carney@sandiegoballet.org) or call 619-294-7378.

The San Diego Symphony will perform at the Rady Shell with “Noel, Noel,” “The Nutcracker” and other holiday shows like “Love Actually.” Call 619-235-0804 or visit [www.sandiegosymphony.org](http://www.sandiegosymphony.org).

PowPac Community Theatre swings into Christmas with “1940 Radio Christmas Carol” until Dec. 18. For tickets, call 858-679-8085 or visit <http://powpac.org>.

The Welk Resort Theatre is coming back Jan. 28, 2023. To check out their new season visit [sandiegotickets.welkresorts.com](http://sandiegotickets.welkresorts.com).

Elizabeth Youngman-Westphal can be reached at [eyoungman@reedermedia.com](mailto:eyoungman@reedermedia.com).



# ‘1222 Oceanfront: A Black Family Christmas’ returns to NVA



The cast of “1222 Oceanfront: A Black Family Christmas” sings in concert at the Dea Hurston New Village Arts Center.

Village News/Courtesy photo

CARLSBAD – New Village Arts, North County’s cultural hub, announced the sold-out 2021 holiday musical extravaganza, “1222 Oceanfront: A Black Family Christmas,” written by San Diego playwright Dea Hurston, will return this year as a concert version at the Dea Hurston New Village Arts Center, 2787 State Street, in Carlsbad.

There will be five performances at the NVA Center Tuesday through Saturday, Dec. 20-24, from 7:30-10 p.m.

“1222 Oceanfront: A Black Family Christmas” is the story of widowed family matriarch Dorothy Black, who is hosting a Christmas Eve celebration with her adult children when unexpected family drama erupts. It features lively songs, an eclectic and lovable cast of characters and lots of seasonal cheer. Meant for audiences of all backgrounds and identities, it reminds us that the holiday spirit has the power to unite us together in love, song and joy.

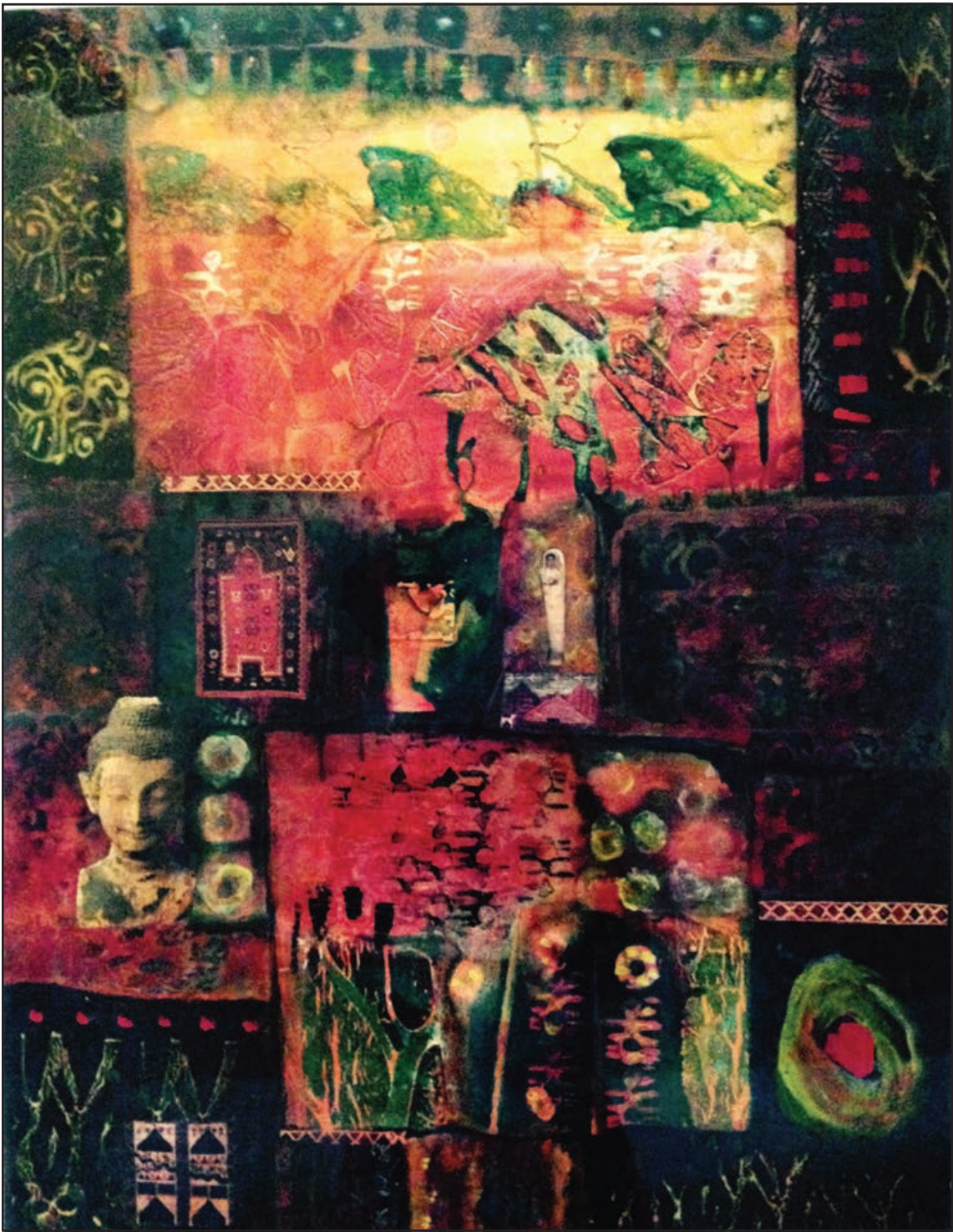
The San Diego Union-Tribune said, “1222 Oceanfront is upbeat & lively...chock full of laughs and quirky characters.”

The musical was created and devised by Dea Hurston, Frankie Alicea-Ford, Kevin “Blax” Burroughs and Fallbrook resident Milena (Sellers) Phillips, directed by Jacole Kitchen, with music by John-Mark McGaha and lyrics by Phillips.

For tickets, call 760-433-3245 or visit <https://newvillagearts.org>.

Submitted by New Village Arts.

## Langer Baker wins Best of Show



Karen Langer Baker's mixed media acrylic and collage painting “It’s Complicated!” Village News/Courtesy photo is the Best of Show winner for November at Fallbrook Art Association’s The Gallery at 300 N. Brandon. The judge was Suzanne Zanniki Nicolaisen, herself a “Best of Show” award-winning Escondido artist.

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HOLIDAY CONCERT



“Festiva”  
WITH CAMARADA

Sunday, December 11th • 2 pm

Acclaimed soprano Tasha Koontz joins Fallbrook’s favorite CAMARADA for a magical afternoon of Holiday gems to awaken the spirit of the Christmas season. With a repertoire from classics to modern, Ave Maria will highlight this special performance.

Tickets: \$20 Advance; \$25 after 12 pm on Dec. 9  
Children 18 and under FREE

Purchase tickets at [fallbrookmissiontheater.com](http://fallbrookmissiontheater.com) or [fallbrookmusicsociety.org](http://fallbrookmusicsociety.org)

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For more info: [fallbrookmusicsociety.org](http://fallbrookmusicsociety.org)



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OPINION

San Luis Rey River Park coming soon



Supervisor Jim Desmond  
5th District

As your County Supervisor, I support opportunities that promote the health and wellbeing of residents in North County. Going back to my time as mayor, I’ve been a big supporter of creating parks and trails. Coming soon to North County is the fully connected San Luis Rey River Park that will run approximately nine miles along the San Luis Rey River, south of State Route 76, from Oceanside to Interstate 15.

The San Luis Rey River Park will create a dynamic open space legacy balancing recreation and preservation, restoration, and interpretation of the San Luis Rey River’s outstanding biological and cultural resources. The park will have active and passive recreation nodes, a network of multi-use trails, preserved open space and staging areas. This will be a wonderful asset for North County. Currently there are three active projects within the San Luis Rey River Park, including the Bonsall Community Park and the Rio Prado Park that may include traditional park amenities like ballfields and playgrounds. The Middle trail is also underway and will provide 1.5 miles of trails from the Bonsall bridge through the right-of-way of SR-76. Stay up to date on the project’s progress and find more information at [www.sdparks.org](http://www.sdparks.org). As always, if we can be of assistance or answer any questions, my team and I can be reached at 619 531-5555 or via email at [Jim.Desmond@sdcounty.ca.gov](mailto:Jim.Desmond@sdcounty.ca.gov).

Homelessness: Real solutions needed

Assemblymember Marie Waldron  
District 75

California has 30% of the nation’s homeless and over half of its unsheltered homeless; \$17 billion has been thrown at the problem, yet homeless numbers continue to grow. Between 2019 and 2022, the homeless population increased by over 22,000. We have become a national embarrassment. So what can be done? Last session, my caucus introduced a comprehensive bill package with real Homelessness Solutions. The package included 15 significant pieces of legislation designed to deal with the root causes of homelessness, including substance use disorders, mental illness, and affordable housing. If passed, barriers blocking treatment for those incapable of seeking help would be addressed; the behavioral health workforce would expand; barriers preventing new emergency shelters and supportive housing would be removed, and charitable organizations providing shelter services for the homeless would be encouraged. The legislation also supported efforts to clean up encampments, to improve homeless outreach, and expanded programs for inmates at risk of homelessness after release. Unfortunately, majority opposition blocked most of this legislative package.

On the positive side, legislation establishing the Community Assistance, Recovery and Empowerment (CARE) Court Program allowing courts to order persons suffering from severe psychotic disorders to participate in treatment plans created by the person, his/her supporters, or county behavioral health agencies, was signed into law. And recently, Governor Newsom announced \$47 million in new funding for California’s tribal nations to support efforts to end homelessness in their communities. Locally, the San Pasqual and Pala Bands of Mission Indians were included in the 16 tribal nations receiving funds. Those are positive, but small steps. Despite current efforts, homelessness is getting worse. There are proven solutions but providing housing without treating underlying symptoms such as substance abuse and mental illness hasn’t succeeded – it can’t and won’t. A comprehensive strategy is needed. We tried last session, and I look forward to trying again when we go back to work in 2023. Assemblymember Marie Waldron, R- Valley Center, represents the 75th Assembly District in the California Legislature, which includes the cities of Poway, Santee, portions of the City of San Diego, and most of rural eastern and northern San Diego County.

Starbucks stay away

There has been recent chatter of a Starbucks coming to River Village Plaza in Bonsall. I should be clear: we do not need it. We need to support our local shops rather than large multinational corporations. America looks forward to a dynamic future, with inspiring projects like Artemis, putting men, and women, on the moon. But Trump has less inspiring prospects for the rest of us, as he continues to re-litigate the 2020 election. Trump, in an address announcing his plan to run for the presidency in 2024, called the US "a cesspool of crime." That is absolutely, provably false. A graph of violent crime rates in the U.S. by year shows a peak violent crime rate of 758.2 (violent crimes reported per 100,000 population) in 1991. The rate has declined steadily, reaching only 404.5. in 2010. Since then the rate has fluctuated around the 400 level. In other words only about half that of the 1991 high.

When you buy from Starbucks, you send your money outside of the Bonsall community. When you buy from local coffee shops, like Plume and Brew or Bonsall Donut, you help a family put food on their table. There was one aberration: According to FBI statistics, there was a 30% increase in murders in 2020. (Heritage) This is interesting because that was the fourth year in office for "law and order" Trump. So if he regains office how is he going to "fix" that? His stock solution: more guns. And in fact U.S. citizens bought almost 23 million more guns in 2020. Will there be even more violent crimes reported for 2022? Probably, but that doesn't necessarily mean a rise in the rate. It looks as if the U.S. population will grow by about a half million in 2022. More people with more guns. So yes, there probably will be more violent crime. and the problem is exacerbated by the

After years of shutdowns, inflation, and COVID, we need to rally around our community and its members. And trust me, coffee tastes better when it's helping out our local economy. Cole Marting Additionally, “A county-level analysis showed that firearm mortality shifted from the West to the South over time, as firearm homicide rates remained concentrated and growing in the South and firearm suicide rates spread more evenly across the country.” (CNN Health,11/29/22) This can be attributed to the Southern states generally being Red states that favor open carry statutes. John H. Terrell

Re: ‘Ahrens: Christian nationalism isn’t Christianity’ [Village News, Terrell Letter, 11-24/22]

You may have come across "Gaslighting," Merriam-Webster's word of 2022, and figured that it was just a hip way of saying someone lied, but it's more than that. It's been described as a manipulative tactic to gain power and control of others, plant seeds of uncertainty in another person's mind. The self-doubt and constant questioning slowly cause people to distort their reality. Thus, the actual improvements in national security, employment and business prospects for all citizens under the Trump administration are gradually twisted by the gas lighters (network news, cable news, late night "comedy," big-city newspapers) into an alternate reality of a nation saturated with oppressive racism and right-wing violence. The victims of this effect can no longer see these things objectively, or as the saying goes, they can no longer believe their "lying eyes." Which brings me to a recent

letter by John H. Terrell. This one may be the most outrageous example of his bizarre loathing of Trump and conservative voters. He seizes on conservative Christians as evil villains, intent on having complete power over the U.S.A. "by any means necessary." Terrell is convinced that Trump and his followers, i.e. the 74,223,300 Americans who preferred him being President rather than Obama's toady Biden, actually are attempting to implement what he calls an extremely racist and misogynist "White male nationalism." In his gaslit mind, this huge block who voted for the Republican are actually at war with Blacks and other non-White citizens, despite many millions of these Trump voters being non-White themselves. These devious people, he asserts, try to suppress knowledge of discrimination and bias. He knows all of this because, as he says, these things have

been revealed in "Critical Race Theory!" To make doubly sure that you know who's in charge of these misogynistic racists, Terrell repeats that Trump is "the face of Christian Nationalism...that bears his indelible, toxic taint." The media's gaslighting of Mr. Terrell makes him blind to seeing that Mr. Trump delivered on most of his campaign promises, despite constant negative propaganda, baseless accusations, and investigations. Like all Terrell letters of late, the Jan. 6 "insurrection" makes another appearance. Yet, that unruly fracas was less violent and destructive than a typical nightly Antifa riot in 2020, or many a national soccer match. Mr. Terrell seriously believes that this un-armed, excited crowd could overthrow the U.S. government. Gaslighting! David Lewis

Biden’s rise to political prominence

Joseph Biden is a curious fellow with few notable accomplishments over his tepid career. In many respects, his checkered past can best be described as a vast wasteland littered with an endless array of gaffes. Yet this profoundly flawed figure has emerged from a career of obscurity and mediocrity

to the spiraling towers of political nobility. This lifelong grifter has been jettisoned into the stratosphere of the exalted by his Party's peers. But for what reason? It's clear to anyone with a pulse that Biden is incapable of managing his own life these days, much less governing or overseeing the diverse challenges facing our nation. Stumbling, mumbling, and meandering about, Biden has become a walking, talking liability, a mere shadow of his former self. So why is Biden sitting atop the highest pinnacles of power instead of living out his days in a home for the memory impaired? The answer resides in Biden's incapacitated state, which provides the perfect cover for Obama's army of Marxist misfits to pursue their unfinished business of ... fundamentally transforming America! Unable to bear this unthinkable reality, patriots from all corners of the hinterlands are incensed over the destructive nature of Democrats, Democrats who unapologetically desecrate our nation's traditions and scoff at our Judeo-Christian values. If Democrats persist on this perilous journey, America will descend into another godless state devoid of free speech, free will, and the liberties we enjoy as free people! It's hard to know which version of Joe will appear on any given day. The barely lucent one who shakes hands with imaginary dignitaries or the angry, cantankerous Joe, whose Ebenezer Scrooge impersonation is worthy of an Oscar. Perhaps Joe played tackle football one too many times without a helmet when

he was young. Or, ostensibly, he made one too many toasts oversampling Irish whiskey over the years. In either case, Biden has no business being anywhere near the reins of power in Washington, much less sitting on the throne in the Oval Office. One final thought: This ongoing political lynching of an honorable man seems antithetical to the underlying principles of American jurisprudence. After all, Trump's only crime was to run for President as a beltway outsider in 2016, and win! On the other hand, if Democrats are confident of Biden's victory in 2020, then why the protracted antipathy toward Trump and the relentless prosecutions demanding his head on a platter? You'd think Democrats would welcome this rematch. Unless the unsecured drop boxes, the unverified ballot signatures, and the blatant disregard for our election laws ultimately changed the outcome of the 2020 Presidential election. Let's hope the next Presidential Election will be different. With any luck, we will be free from the partisan gamesmanship, the omnipresent whiffs of fraud hovering in the air, and the election law mischief we have come to expect from Democrats from one election to the next. But if the mid-term kerfuffle in Maricopa and Clark Counties indicates their future intentions, I suspect Democrats will resort to what they do best: "Cheat!" Merry Christmas patriots. Dave Maynard

Arise Shine

“KINGDOM”

Are you troubled?  
Seek!

“Come to me, all who labor and are heavy laden,  
and I will give you rest.  
Take my yoke upon you, and learn from me,  
and you will find rest for your souls.  
For my yoke is easy, and my burden is light.”

– Matthew 11:28-30

“Peace I leave with you; my peace I give to you.  
Not as the world gives do I give to you.  
Let not your hearts be troubled,  
neither let them be afraid.”

– John 14:17

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Transparency is the new National threat

**Julie Reeder**  
*Publisher*

Watching how people react to Elon Musk releasing, for transparency purposes, the Twitter files regarding how Twitter censored the New York Post's legitimate story regarding Hunter and Joe Biden's influence peddling to China, Russia, Ukraine, etc., is fascinating and sad. There was direct communication regularly between the Biden supporters in government and Twitter, and Facebook.

Remember President Biden during his celebratory speech mentioning how he thought there should be a national security review of Elon Musk? Be ready to start hearing leaks about nefarious activities regarding Musk, Twitter, Tesla, etc.

This is why it was brilliant that Musk brought the info to the public with Matt Taibbi, a former Rolling Stone reporter and a million Twitter followers.

It's a sad day for news and information censors and controllers.

Elon is a threat? He should be investigated? Ahhh yes, let's go on a fishing expedition against Musk, just like they've done against Trump. For years they have made his life and his kids' lives hell. Let's do the same to Musk – the guy that is bringing transparency to how the Biden administration worked with the Twitter "fact-checkers" who were really just political censors and election tampering. It was interesting that they revealed Jack Dorsey did not know it was going on.

But back to Musk. Remember Musk was providing the Internet to Ukraine with Starlink? Pretty cool right? Contrast that with how Apple shut down their airdrop feature in China during the protest of people being locked and welded inside their homes like last time during Covid. After 11 people died in a fire because they couldn't get out fast enough the people were protesting.

Why would Apple aid the CCP (Chinese Communist Party)? Maybe the reason is their \$78 billion dollar 5-year deal to help the CCP boost their technology features. Is anyone condemning or investigating Apple? Probably not, because we have to concentrate on shutting down the guy (Musk) supporting free speech and transparency – at all cost! And let's use the government agencies who were part of the real collusion to reign fire on him!

Oh you just can't make this stuff up.

So, while we have open

collusion with the CCP and Apple and don't forget TikTok too, the radical Democrats try feverishly to discredit Musk for supporting free speech and transparency and bringing to light their dark deeds and true election tampering.

The follow up that needs to be considered is how all the legacy media, including PBS, CNN,

ABC, CBS, CNN, MSNBC, NYT, WaPo, used the Twitter censorship as their excuse to censor the Biden laptop story before the election. What if it was a story about the Trump kids influence peddling with China, Ukraine and Iran? What if it was a laptop of Eric Trump's, full of emails condemning Trump and also self-

incriminating photos of crack use, hookers, and sex trafficking? We all know the answer.

Yay for Elon Musk! Yay for transparency against government collusion! Yay for free speech! Yay for America!

PS – This is not new to our readers because we reported on the laptop when it happened. Our

readers are better informed. Please continue to support our local, independent news organization by buying subscriptions for your friends and family at [www.villagenews.com/subscribe](http://www.villagenews.com/subscribe).

Christmas Special! This month you can buy one-get one free by calling the office or turning in a form from the paper.



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# Tis the season for your holiday poinsettia

**Roger Boddaert**  
*Special to the Village News*

This is the holiday season to be grateful for so many things, but when the flowering poinsettia flower enters our homes, it becomes a beacon of colorful Christmas festivity and charm.

This flowering plant originated in Southern Mexico and is in the euphorbia family (euphorbia pulcherrima), and the colorful bracts are the modified leaves, not the flowers.

In 1836, Joel Roberts Poinsett was the United States ambassador to Mexico and discovered this beautiful flowering plant out in the wilds.

He took many cuttings from these plants and sent them back to his home in South Carolina, where he had begun propagating them in his greenhouses.

In Mexico, it is called Flor de Nochebuena or Christmas Eve Flower.

Poinsettia changes its color in response to shorter winter daylight hours, referred to as photoperiodism.

You can find poinsettias around this holiday season to fit into almost any decorative theme inside the home or at the front door to greet your holiday guests.

They range from the traditional reds to creamy white, pinks, variegated, orange, yellow and the many hybrids that have been developed over the years.

Some have mottled flowers, others look like a rosebud with curly bracts, and some look like they have been sprinkled with a splash of shimmering fairy glitter. One of my favorites is named Jingle Bells and is a two-toned poinsettia.

The growing of poinsettias today is a complex science with multiple timing layers to adhere to in the detailed growing process.

We owe a great deal of appreciation to the renowned Paul Ecke flower company for its ongoing development of this top-selling potted plant for the Christmas season around the world.

I remember the Ecke poinsettia flower fields in West Los Angeles when I lived there. It was one of those Sunday outings with Mom and Dad to see these exotic flowers around this time of year, that to this day remains vivid in my memory bank of yesteryear.

Today poinsettia plants are produced all over the world in greenhouses, and I recently learned that in San Marcos, California, one grower has grown over two million flowering plants to be shipped across the country this holiday season.

These flowering plants lend themselves to the Christmas season along with the holiday tree, garland, wreaths, hot cocoa, and chestnuts roasting on an open fire.

As the days get shorter and the holidays rush towards us, don't we all crave a little pause? Stop and smell the fresh pine wreath hanging on your welcoming door.

Our gardens can teach us so much about the value of time, which is evident in the miracle in the season's flora and how it develops month by month and season by season. The garden can be your sanctuary if you just spend a few precious moments communicating with nature, and it can be calming to your soul amid the pressures of today's outside world.

A potted poinsettia in the home, a fresh evergreen wreath, and garland hanging around the door, and your Christmas tree layered with keepsake ornaments, can all bring cheer for the holiday season.

Time has become valuable in our daily lives, so appreciate the wonders of the holiday, hanging out with family, and munching on that gifted fruitcake.

Enjoy these moments as the seasons turn while counting your blessings daily, and value your time as we near the turning of a new leaf into the coming seasons. And maybe it's time to read the classic "A Christmas Carol" by Charles Dickens.

May you and yours enjoy this glorious season filled with joy, peace, and poinsettias.

*Roger Boddaert is a landscape designer, horticulturist, arborist, floral decorator who can be reached at 760-728-4297.*



Flowering poinsettias grow in a climate controlled greenhouse

Village News/Roger Boddaert photos



Specular pink poinsettia offer a new color theme for the holidays.



This flecked poinsettia is named "Jingle Bells."



Two-toned poinsettias' bracts show more color.



Pink and white potted poinsettias are to be shipped across the nation



This hybrid poinsettia is named "Curly."



Creamy white poinsettia for a little variation in holiday decorations



REAL ESTATE & HOME and GARDEN

# Roses are still blooming in December

Frank Brines  
Master Rosarian

Perhaps gardeners are among the first to experience the effects of climate change. Gardeners have increasingly been experiencing diseases and critters never before seen in the region. Many are results of the changing climate which brings new and unfamiliar environments from other regions.

One recent example of this, in my opinion, is the cancellation of the Palm Desert Rose Show Saturday, Nov. 12. Major rose exhibitors allegedly informed the show committee that their roses suffered severe damage from chilli thrips and the unusual high-temperature fall weather. In my nearly 40 years of growing roses in the Pacific Southwest District, it is the first show cancellation to my knowledge.

I mentioned last month that the Asian “chilli thrip” is spreading rapidly in the Southwest and is becoming a global threat. This pest is extremely successful and particularly resistant to conventional control methods. The chilli thrip is even smaller than the western thrips with which gardeners are familiar. It works in similar ways, only more devastating and more difficult to control. It doesn’t seem to have any preferences except new growth of almost any plant and blossom. Its damage resembles the effects of Roundup overspray or rose virus: severely stunted and very narrow leaves, stems and buds. Gardeners I’ve spoken with use several different products to gain some control, but a regular program is necessary with applications weekly at least.

All of this struggle should lessen those feelings of insecurity if your garden has not performed to your expectations this past season. I’ve heard many gardeners complain that pests and disease were out of control in August/September. Personally, my garden was untended for weeks in August and fell into that category as well, but that’s on me.

If you’re in this situation, the only practical road to control is



Village News/Adobe Stock photo

to prune out the affected parts and consign them to the green waste bin. Then immediately apply a chemical insecticide spray and begin a spraying program as directions indicate or, every 7-10 days until control is reached, then at two weeks intervals.

Depending on which side of the valley you live, weather has been relatively good for our fall roses. Roses were still seen actively growing and blooming in many Temecula Valley gardens during the Thanksgiving holiday, as most areas still haven’t had low temperatures anywhere near frost which, on average, occurs in mid-November. Normally, lower nighttime temperatures cool the soil and reset the roses’ biological clock to slow down and go into a kind of dormancy. Roses need a four- to six-week dormant period during the winter months to allow them to undergo natural hormonal changes that prepare

them for the next growing season, including forming buds at the base of the plant to produce new canes. At this point, aside from pruning away diseased branches as described above, I encourage you to not deadhead or prune until late January to early February.

Be sure to monitor your plants when daytime temperatures are warm: They still need to be kept hydrated. Also, do not fertilize until after the major pruning in January or February. I’ll provide thorough information on all that early next year.

Speaking of fertilizer, the San Diego Rose Society is currently taking annual fertilizer orders for January delivery to have on hand when new spring growth is 2-3 inches long. Visit their website for more information at <https://www.sandiegorosesociety.com/fertilizer-sale>.

There is still time to order that new rose you have been dreaming

about. Garden stores may still be adding to their list of orders or go to your favorite online nursery and make your order. There are many fine new roses out there. Many are more disease resistant than in the past. Most nurseries or wholesalers no longer print catalogs, so for a list of current roses available from each, go online.

Walter Andersen Nursery will soon have recently potted roses available. You can view the varieties that will be in stock by going to their website. I’m sure other nurseries will have similar information on their websites.

A few new varieties I find of interest are: At Last (floribunda, good apricot color, fragrance, disease-resistant); Bordeaux (floribunda/WineRed, large blooms, heat tolerant, disease resistant); Easy Spirit (floribunda/White, Hybrid T form, fragrance, hybridizer Tom Carruth, disease resistant, lasting form); Frida

Kahlo (floribunda/Scarlet Redstriped gold, small clusters, mild fragrance, disease resistant, compact, hybridizers Christian Bedard & Tom Carruth); Gaye Hammond S (Bright Yellow with touches of orange, slight fragrance, disease resistant, bloom making machine); Parade Day (Grandiflora/Fuchsia Pink Striped White, strong fragrance, hybridizer Christian Bedard, holds color); Flowerland (Shrubby, Pink, low (1.5 feet) growing habit, 60-65 petals, fragrant; it would be great for small spaces or en masse); Golden Iceberg (mild spicy fragrance).

For more ideas, visit TVRS’ Rose Haven Heritage Garden at 30592 Jedediah Smith Road in Temecula, as well as <http://TemeculaValleyRoseSociety.org/index.shtml>. Enjoy the holidays of your choice as best you can – and spread the joy of roses.

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## A homebuyer’s guide to using gift money

Jane Kepley  
Special to the Village News

Coming up with a down payment can feel like quite a hurdle.

For millennials, who are currently the largest cohort of homebuyers, getting help with the down payment is fairly common – roughly 29% of younger millennials receive gift money from a loved one.

Are you considering using gift funds during your home buying journey? It’s important to understand the rules surrounding this strategy when applying for a mortgage.

Here’s what you need to know:  
**Q: How much can you get?**

A: It depends on your mortgage program: With FHA loans, for example, the entire down payment can be funded via gift money. Conventional loans will only allow it if you put down 20% or more.

**Q: Who can offer gift money?**

A: Again, it depends on the loan type. A conventional loan only allows for family gifts, while others may let you use gift money from friends, employers, down payment assistance programs and more.

**Q: How should it be documented?**

A: If you’re using gift money for your down payment, your lender will require a letter from the gift-giver which states that you, the recipient, do not need to repay the funds. If you do repay the money later, it could be considered mortgage fraud.

You may also need a copy of the check or wire transfer from the gift-giver, your deposit slip and the withdrawal slip showing them taking the funds from their bank account. You might be asked to share a copy of your bank statement showing when and how much was deposited, too.

Do you need help finding a home – and a trusted lender? Reach out to Jane Kepley with CR Properties at 760-622-0204 or [kepleyrealstate@att.net](mailto:kepleyrealstate@att.net).

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# Review of all things Real Estate



**Bob Hillery**  
CR Properties

*In preparation to write this column every week I do a lot of reading and research. I read this article and thought “Wow, he’s ever more optimistic than I am” and he invited me to share his article. Enjoy!*

**Sign of the times: What the market could be signaling**

**Peter Prudden**

It’s apparent that housing has started to take it on the chin as the Fed hits the brakes hard and fixed mortgage rates have surged. Home sales are slumping and house prices have started to roll over; clearly a correction has commenced. But the questions are what kind of a correction will we see, how long will it last, and where is there opportunity? The base scenario floating around my circle of cocktail

economists is the impact on the broader economy from the housing downturn is just starting, we are headed towards a recession, and a crash in home prices is forthcoming; or are we? Previously I wrote about the pause that was headed our way due to exhaustion of irrational buyers, a change in monetary policy, and the subsequent decoupling of the low-interest rate and all-time high stock correlation from said measures. Moody’s Analytics has once again downgraded its U.S. housing market outlook. This is the third Moody’s Analytics housing market downgrade in just two months. Peak-to-trough, U.S. home prices are expected to fall 10%. If we see a 10% reduction from peak pricing in June 2022, that will take us back to November 2021 levels to the higher price movement coming out of the covid pandemic. Stocks and real estate are the largest generators of passive wealth creation and tend to walk hand in hand. Looking at stock investor sentiment it has fallen to a level even more bearish this week than in 2008, with 60% bears and 18% bulls in AAII Sentiment Survey. The bull/ bear spread has been negative for 23 weeks in a row, the second longest streak on record. 2022 is on pace to be the most bearish year in the history of the AAII sentiment survey. The S&P 500 recorded its low for the year, down about 26% year to date, and there was a cash rush while this low was made with the highest outflow (investor selling) since the covid-induced stock market crash in April 2020. The question now posed is will housing prices play catch up to the downside? Every metric that has screamed

inflation is falling like a rock. I’m becoming increasingly convinced we went through an inflation hiccup rather than the structural 1970’s era environment. It’s fair to point out that Fed hikes this year have had an impact in squashing it, and it’s clearly happening now. The Shanghai to Los Angeles shipping rates, which were a primary gauge in the supply chain craze, are back to pre-pandemic levels. The used car market is no longer operating at asinine levels, now back below pre pandemic levels. Oil prices are now down about 1/3 since their March high, and gasoline is down 25% in 85 days. Lastly, current job openings are falling and are a key focal point for future rate hikes. The economy is proving itself to be more robust than many believe and it’s important to point out this is the most bullish environment for a home buyer to operate in over a decade. In my opinion, we went from a “get me in at any cost” market just six months ago to one of the best opportunities to acquire a property since 2012. A case in point, mortgage applications plunged to a 25-year low, recording the slowest pace since 1997. When accounting for income, it’s more expensive to buy now than it was at the height of the ’00s housing bubble. That “pressurized affordability,” not a supply glut nor bad loans, is why home prices are falling in many markets across the country. To place this into context, when you’ve seen your home’s values soar 40% to 60% in just 24 months, it’s a little easier to chop off 10%, which sellers must do in order to keep pace with the market. Back to the housing market.

It’s not just about how expensive housing got, it’s how fast it got there. We went from a historically affordable housing market to a historically unaffordable housing market in just 24 months. The last inflationary period (1970s into the early 80s) also saw housing become unaffordable relative to incomes. It didn’t crash, but it did contain future growth. Zero U.S. home price growth over the coming year, after a correction of about 10% should be expected. Beyond that, nominal

growth should continue. It makes me bullish on the prospects of a Fed that is closer to the end of its rate hiking cycle, which will stabilize stocks and interest rates. Then buyers will move back in... but shouldn’t a buyer engage when others are fearful? That’s the opportunity. *Peter Prudden is the co-founder and CEO of Prudden & Company, a luxury boutique residential real estate firm located in Minneapolis.*



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**2656 Secret Lake Lane, Fallbrook**

FANTASTIC LOCATION! This beautiful 1.53-acre country home is located in the highly desired small gated community of Secret Lake and is located near the vineyards in Gird Valley. Nestled under giant oaks, this home features 3 bedrooms, 3.5 bathroom and is 3110 sq. ft. The home features dual Master Suites, one on the entry level and one on the second level which opens to the swimming pool and a very large private deck. The entry level floor boasts a large Master Suite opening to a spacious great room complete with a bar, sink and a new refrigerator. These features give one the opportunity for a multigenerational home. An entertainer's delight, the second story has an open floor plan with kitchen, dining room and great room. There is recessed lighting and ceiling fans throughout house. The first level has a large dedicated laundry room with cabinets. The home provides privacy and serenity and is close to town with easy access to the 76 and the 15 freeway. THIS IS A GREAT HOME AND WILL NOT LAST LONG!

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**5005 Hill Ranch Road, Fallbrook**

CAR ENTHUSIASTS OPPORTUNITY. 1200 sq. ft. garage for all your parking needs. Plus 3 car garage in main house. Welcome to the Gated Community of Hill Ranch in the desirable west side of Fallbrook. Amazing detached insulated 1800sf steel building with 9ft. dual roll up doors and a half bath, currently 1200 SF is being used as a wood shop with 100 amp service, built-in dust collection system and a built-in air compressor. Included at the far end of the shop is a private ADU with 600sf of living area complete with separate bedroom & bath. The main home has so much to offer with 4 beds, 3.5 baths. Large Primary bedroom is on the first floor with sitting area, fireplace, door to back patio, bathroom with separate soaking tub & shower, dual sinks & walk-in closet. This property has been updated and nicely maintained, enjoy 10 foot ceilings and upstairs bonus room. Gourmet kitchen with granite counters, center cook top island with bar stool seating, stainless steel appliances and kitchen dining area with sliding glass doors to outside patio.

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# American Pickers to film in California

NEW YORK, NY – The American Pickers are excited to return to California. They plan to film episodes of The History Channel hit television series throughout the southern part of the state in January 2023.

American Pickers is a documentary series that explores the fascinating world of antique “picking” on The History Channel. The hit show follows skilled pickers in the business, as they hunt for America’s most valuable antiques. They are always excited to find sizable, unique collections and learn the interesting stories behind them.

As they hit the back roads from coast to coast, the Pickers are on a mission to recycle and rescue forgotten relics. Along the way, they want to meet characters with remarkable and exceptional items. They hope to give historically significant objects a new lease on life while learning a thing or two about America’s past along the way.

The Pickers have seen a lot of rusty gold over the years and are always looking to discover something they’ve never seen before. They are ready to find extraordinary items and hear fascinating tales about them.

The staff at American Pickers continues to take the pandemic very seriously and will be following all guidelines and protocols for safe filming outlined by the state and CDC. Nevertheless, they are excited to continue reaching the many collectors in the area to discuss their years of picking and are eager to hear their memorable stories.

The American Pickers TV show is looking for leads and would love to explore local residents’ hidden treasure. If anyone or someone they know has a large, private collection or accumulation of antiques that the Pickers can spend the better part of the day looking through they would love to hear from them.

Note, the Pickers do not pick stores, flea markets, malls, auction businesses, museums, or anything open to the public. Anyone interested can send their name, phone number, location, and description of the collection with photos to [americanpickers@cineflix.com](mailto:americanpickers@cineflix.com) or call 646-493-2184. Submitted by Cineflex Productions.



Mike, right, and Danielle of American Pickers are ready to come to California to film new shows.

# ‘Tis the season to prevent holiday decoration fires



If using candles, keep them away from anything that could burn, and place them out of reach from pets and children.

LOS ANGELES – This holiday season, the Red Cross Los Angeles Region encourages everyone to follow simple steps to prevent home fires from holiday decorations. Most home fires involving candles happen in December, when one in five home decoration fires also occur.

“As more of us light candles to celebrate the holidays, we want to ensure everyone stays safe from home fires – the nation’s most frequent disaster,” Guillermo Sanchez, preparedness manager for the Red Cross Los Angeles Region, said. “Help protect your family by using battery-operated candles, testing your smoke alarms monthly and practicing your two-minute escape plan with everyone in your household.”

Use these holiday decorating safety tips.

Follow these safety tips and visit <http://redcross.org/fire> for more information, including an escape plan to practice with the

family. Download the free Red Cross Emergency app by searching “American Red Cross” in app stores.

If you must use candles, keep them away from anything that could burn, and place them out of reach from pets and children. Never leave burning candles unattended.

Check all holiday light cords to ensure they aren’t frayed or broken. Don’t string too many strands of lights together – no more than three per extension cord.

Ensure outside decorations are for outdoor use and fasten lights securely to your home or trees. If using hooks or nails outside, make sure they are insulated to avoid an electrocution or fire hazard.

If buying an artificial tree, look for the fire-resistant label. When putting it up, keep it away from fireplaces, radiators and other sources of heat. Never use electric lights on metallic trees.

If getting a live tree, make sure it’s fresh and keep it watered. To test if the tree is fresh, bend the needles up and down to make sure no needles fall off.

Don’t light the fireplace if hanging stockings or other decorations on the mantel.

If you cannot afford to purchase smoke alarms or are physically unable to install one, the Red Cross may be able to help. Contact the local Red Cross for help at <https://www.redcross.org/local/california/los-angeles/about-us/locations.html>.

Since October 2014, the Red Cross Home Fire Campaign with community partners has saved at least 1,414 lives by educating families about fire safety, helping them create escape plans and installing more than 2.4 million free smoke alarms in high-risk neighborhoods across the country. Visit <http://redcross.org/homefires> for more information.

Submitted by American Red Cross.

# Tips to keep your tree fresh this holiday season

Christmas trees are often the pièce de résistance of holiday decor. Few things draw the attention of holiday guests quite like an awe-inspiring Christmas tree, especially when that tree maintains its fresh, healthy sheen throughout December.

Many families purchase fresh trees over Thanksgiving weekend or during the first weekend of December. Though the weeks between Thanksgiving and Christmas Day may seem like a long time to keep a tree looking great, there are a handful of ways for holiday celebrants to help their trees maintain that undeniable appeal for the long haul.

- Pick the right tree. Choosing the right tree is one of the simplest ways to keep a tree looking good throughout the holiday season. A freshly cut tree that buyers choose and cut down themselves or have cut down can reassure them that the tree is likely to stay strong throughout December. Trees purchased from a tree lot may have been cut down long before they made it to the lot, which can make it harder to keep them looking good until Christmas Day.
- Cut an inch off the base of any tree that is not freshly cut. MSU Extension at Michigan State University notes that all Christmas trees are conifers, which means they have resin canals in their trunks. Once a tree is cut, the resin can block the pores and make it harder for the tree to take in water. Cutting an inch off the base of a tree that was not freshly cut just before putting it in the stand can help ensure it gets the water it needs to stay healthy and firm. MSU Extension notes that this approach should be taken with any tree that was not cut within six to eight hours of being put in a stand.
- Replenish the water supply every day. Fresh tree veterans recognize that Christmas trees can be very thirsty, especially within the first week or so of being cut and brought home. Fill the stand with water each morning and, if necessary, refill it each night before going to bed. The more water a tree gets and drinks, the more likely it is that the tree will look healthy all the way to Christmas Day. MSU Extension notes that many decorative or antique tree stands do not hold much water, so anyone with such a stand may need to replenish the water supply more than once or twice per day.
- Keep the tree away from a heat source. For safety’s sake, trees should be kept away from heating vents, fireplaces and space heaters. But keeping trees away from such heat sources, and ensuring they are not spending the daytime in direct sunlight, also decreases the chances they will dry out before Christmas Day.
- A handful of simple strategies can help holiday celebrants keep their Christmas trees looking good throughout the month of December.

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# Property taxes due by Dec.12; paying by e-check is fast and free Taxes to generate \$8.06 billion

SAN DIEGO – San Diego County Treasurer-Tax Collector Dan McAllister reminded property owners to visit <https://www.sdtc.com/> to pay their property taxes soon or face penalties. The first installment of the 2022-2023 secured property tax bill is due no later than Dec. 12.

“This year, because the usual tax deadline of Dec. 10 falls on a weekend, there are two extra days to pay,” said McAllister.

“In September, the Treasurer-Tax Collector sent out 1,011,364 tax bills, which are expected to generate \$8.06 billion for the County of San Diego. To date, we have received just over 30% percent of the first installment payments, but the deadline is fast approaching,” McAllister continued. “San Diego taxpayers have 4 more days to pay, and I encourage everyone to avoid delays and extra fees by paying early and online.”

“Please go to <https://www.sdtc.com/> to find the information you need to pay on time,” said McAllister. “More than 70% of San Diego taxpayers now pay electronically because it is secure, fast, and easy.”

Property taxes fund schools, libraries and other services provided by local cities and the county. Go to <https://www.sdtc.com/content/ttc/en/tax-collection.html> to see how taxes are allocated.

Submitted by the office of the San Diego County Treasurer-Tax Collector.



BUSINESS

Worker of the Week styles hair with personality



Yolanda Pineda is a hair stylist for men and women with over 25 years' experience. She's now working at the Indigo Blu Wellness Salon here in Fallbrook at 413A South Main Avenue. People just love her for her great personality and her friendship.

Simple tips to improve your status with mortgage lenders

FALLBROOK — Owning a home is a dream shared by millions of people. Investing in property that can be owned within 15 to 30 years of closing on the home makes more financial sense to many than continuing to rent and having little to show for it over time.

The first step to take when planning to enter the real estate market is to ensure that your finances are in order. Various factors will influence individuals' ability to secure a mortgage, and these are some ways to make yourself more attractive to prospective lenders.

Check your credit report. Lenders will check your credit report before deciding if you are a risk or a safe bet for a mortgage. So it makes sense to check your credit report prior to speaking with a lender. The Federal Trade Commission said everyone can get one free credit report a year from each of the three credit reporting bureaus. If you split it up, you can get a credit report every four months so you are aware of anything that may adversely affect your ability to get a mortgage loan. A FICO credit score that's too low may disqualify you from a mortgage. Each lender sets its own thresholds when they price and approve loans, but the higher your credit score, the better.

Improve credit standing. One way to improve your status in the eyes of lenders is to pay down credit card balances to reduce your credit utilization ratio. A high utilization occurs when there is a high balance in relation to the credit limit, says Business Insider. Also, it may be wise to avoid any credit inquiries through new credit card applications for several months before applying for a loan, as these inquiries can affect your score.

Be realistic about what you can afford. Do your homework and determine your target interest rate and monthly payment as well as what down payment you can afford. It will help you research potential lenders and provide an idea of what may be offered to you.

Pay bills on time. Paying bills promptly not only helps you avoid late fees, but also positively affects your credit. The financial resource The Mortgage Reports urged diligence when paying rent, as late rent payments can bar you from getting a mortgage. Lenders look at rent history as the biggest indicator of whether you'll make mortgage payments on time.

These are some of the ways to make a prospective home buyer look better in the eyes of mortgage lenders. Individuals can speak with financial professionals about what else they can do to improve the possibility of securing mortgages at the best rates possible.

Palomar's governing board to welcome three new trustees

SAN MARCOS — Three new trustees were elected to the Palomar Community College District Governing Board in the Nov. 8 General Election: Judy Patacsil for Area 1, Michelle Rains for Area 4 and Jacqueline Kaiser for Area 5.

In Area 1, which includes most of the district south of Highway 78 and west of Interstate 15, incumbent Mark Evilsizer is retiring after 20 years of service on the board. Patacsil ran against Frank Xu, and as of Monday, Nov. 21, led with 53.7% of the vote.

In Area 4, the Trustee Area that reaches from I-15 east to near the Salton Sea, appointed trustee incumbent Kartik Raju was defeated in the race by Rains, who had 56.9% of the vote.

And in Area 5, which includes Fallbrook, Bonsall, east Oceanside and Marine Corps Base Camp Pendleton, Kaiser unseated incumbent Norma Miyamoto with 52.5% of the vote.

"On behalf of the Palomar College community, I want to welcome our new trustees to the Governing Board, and thank our outgoing trustees for their service to this institution," Dr. Star Rivera-Lacey, superintendent and president of Palomar College, said. "We look forward to working together to further our mission, and to the future success of Palomar College."

The new governing board members will be sworn in during a special organizational meeting of the board at 5 p.m. Tuesday, Dec. 13.

Patacsil has 30 years of experience as a higher education professional, with both counseling and classroom experience at several institutions in the region, including San Diego State University and San Diego Miramar College, where she currently works.

Rains briefly attended Palomar College and now owns Cheers of Ramona, a restaurant in the community where she resides. Rains also serves on the Ramona Community Planning Group.

Kaiser is a MetLife regional director who manages retirement plans for not-for-profit governmental entities, including educational institutions and community colleges. She also serves on the Fallbrook Community Planning Group.

Submitted by Palomar College.

How to make year-end charitable donations safely and responsibly

**Simona Valanciute**  
*Special to the Village News*

Many charitable organizations hold year-end or holiday giving campaigns to rally last-minute giving, and they have done so with success for decades. Year-end giving has helped countless nonprofits including my organization, San Diego Oasis, end the year on a positive note with a final burst of fundraising before turning the page to a new year with new fundraising goals.

In most cases, no matter your motivation for donating funds at the end of the year, your financial gifts are needed, appreciated and distributed with great discernment and consideration by the organizations you support. But unfortunately, not every "charitable" organization that solicits your support is genuine.

With so many requests for support filling our mailboxes and inboxes this time of year — and amid the hustle and bustle of the holidays — how do we go about deciding what causes to support? How can we be sure we know where our contributions are going?

**Navigating year-end giving safely**

If you don't have a plan in place for year-end giving, it might be easy to become distracted with all the email, phone and direct mail donation solicitations coming your way. If caught off guard, you may be more inclined to open your wallet without much consideration. Before you make another donation in 2022, run through this checklist to avoid charitable giving scams:

Whenever possible, give to an organization you are familiar with. If you're unfamiliar with an organization that is requesting a donation, your first question should be about its 501(c)3 status. ("Are you a registered 501(c)3 organization?" or "What's your Federal Tax ID [or EIN] number?") This will give you information to verify online, whether you Google the name and see what pops up in the results or take it a step further by verifying the information on Charity Navigator or a similar resource.

See if the person you're communicating with can easily answer questions about the organization. Ask questions about the organization's history, mission and goals. The organizational representative should be more than happy to answer your questions, understanding them as a critical part of developing trust with a prospective donor. You should never feel rushed or pressured to make a donation.

Practice good "cyber hygiene." It sounds like common sense, but it bears repeating. Don't click on links or open email attachments from someone you don't know. Don't provide any personal information in response to an email, robocall or robotext. Check the organization's website address; most charitable organizations' website URLs end in .org and not .com. If something seems off, it probably is.

Understand the differences that can exist between charitable giving and crowdfunding. With crowdfunding, funds raised often go to the campaign organizer, not directly to the people or the cause the campaign was established to help.

According to the FTC, "the organizer is expected to tell you the truth about what the money raised is for and how it will be used, but it's up to them to deliver on that promise. Scammers and dishonest business people can set up crowdfunding campaigns to raise money for themselves."

Keep in mind that only donations to a charity are tax deductible, so if a charity is asking for support on a crowdfunding campaign, confirm that the organization is registered as a charity with the IRS before you open your wallet.

Charity Navigator is a great resource for investigating a charitable organization asking for your support; GuideStar and the IRS website are others. You can report charity scams to the Federal Trade Commission at <https://reportfraud.ftc.gov/#/> or the National Association of State Charity Officials at <https://www.nasconet.org/>.

To learn more about assessing charitable giving scams, San Diego Oasis has technology demonstrations and one-on-one sessions available to help. We offer classes via Zoom and in-person. To register for an upcoming session or for more information on San Diego Oasis, visit [www.sandiegoasis.org](http://www.sandiegoasis.org).

*Simona Valanciute is the president and CEO of San Diego Oasis, an award-winning nonprofit organization serving people age 50 and better, who pursue healthy aging through lifelong learning, active lifestyles, and community service.*

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# Tree lighting event kicks off the holidays



The Fallbrook Community Center holds its 10th annual tree lighting, Dec. 2. Village News/David A. Landry photos



Children enjoy drawing pictures at one of the event's activity tables at the Fallbrook Community Center



At one of the nonprofit tables volunteers, from left, back row, Stephanie Crawford, Tim O'Leary, Teresa Caralampio, Angie Beltran, Sherry Lamont; front row, Terri Garner, Jackie Kurata, Jackie Heyneman and Angelica Palomino give away free Jade plants, courtesy of Fallbrook Land Conservancy and Save our Forest.



First on stage for entertainment, the preschool children from the Qcs Children's Academy dance with their teacher, Maria Jesus.



Ann Wade, president of the Friends of the Fallbrook Community Center, counts down the seconds to the Tree Lighting.



The Miller Family Band is ready to entertain guests at the Fallbrook Community Center tree lighting.



Peter Stassen, part-time Community Park Attendant, sets up the tables and chairs for the 10th Annual Holiday Tree Lighting event.



The Fallbrook High School Band plays holiday music for the crowd at the tree lighting.



# Pop Warner wraps up 2022 season



Village News/Courtesy photos

At the end of a fun and exciting season, Fallbrook's 9U and 10U football teams came out on top of their respective divisions, with Coach Marcus Sorden's 9U team winning the regional D2 Championship game against Arizona on Nov. 19 while Coach Javier Perez's 8U football team

When all is said and done, what makes Pop Warner such an effective and successful program is how it uses football and cheerleading to develop strong, smart, responsible, healthy young



Flag Team Cheer Squad members pose for a photo.



*Matthew Bausch carries the ball during a Pop Warner Regional Playoff game at Coronado High School.*



*IOU team members take the field while being cheered on by the cheerleaders.*

Fallbrook Pop Warner will begin taking advance registration information for the 2023 season, in mid-February. Meanwhile registration will officially open on March 1 with the season kicking off during the first week of August. If you would like to register your child for Fallbrook Pop Warner football or cheer, log onto [www.fallbrookpopwarner.com](http://www.fallbrookpopwarner.com) or email [info@fallbrookpopwarner.net](mailto:info@fallbrookpopwarner.net).

*14U team is ready to compete in a cheer competition.*



*The 9U team celebrates the win in Coronado that sent them to the league Superbowl.*



*I I U team huddles up before the next play.*

# Property SPOTLIGHTS!



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9U Team after winning the Regional D2 Championship Game



14U JV Cheer Squad after taking 1st place at the WCC Pop Warner Cheer and Dance Competition



13U Football players and Isaiah Leatherman

Most of us would agree that returning to “pre-pandemic” life has been a challenge over the past few years. As parents, getting our kids back to school and involved with organized sports again, certainly helped restore our normal lives. However, two years ago, operating a sports or extra-curricular organization for kids was anything but normal.

After COVID hit, many of these programs found themselves in trouble. Some had to delay or cancel their seasons, while others folded and ceased to exist altogether. In any event, nearly all organized youth sports leagues were forced to deal with the same challenges most small businesses faced, due to the pandemic. Unfortunately, the Fallbrook Pop Warner Youth Football & Cheer Association was not immune to these challenges, and it appeared as if our community might lose another youth sports program.

After having to call off the 2020 Fallbrook Pop Warner season, the ensuing 2021 season’s number of new and returning players and cheerleaders fell drastically low. As a non-profit organization that mostly relies on its registration fees to operate, this lack of participation made it very difficult to stay afloat.

However, thanks to the hard work and commitment of some

dedicated volunteers, Fallbrook Pop Warner endured. Former Board President and Cheer Coordinator Pedro Nieto and Natalie Peet worked tirelessly through the 2021 season, with a small staff and even smaller bank balance. They kept the league going and efforts helped to set the stage for a huge comeback in 2022.

Not only did Fallbrook Pop Warner nearly double its number of participants this year, but they also experienced many improvements and achievements. An entire new board of directors was appointed as well as returning board President Doug Berger who previously served as the league’s president from 2008 to 2011, and as a deputy commissioner with Pop Warner’s regional conference board, from 2012 to 2014.

For Berger, his return to the Pop Warner program has reminded him just how important it is to the Fallbrook community. “It’s fulfilling to come back,” said Berger. “With all the negatives our society is faced with these days, maintaining a program that gives kids opportunities to learn life lessons like leadership, teamwork, and the importance of staying active, is more important than ever.”

The returning president also recognized the importance of quality volunteers to teach and inspire these children. Operating a program that relies solely on adult volunteers offers its own set of challenges – especially when recruiting head coaches who are typically expected to donate anywhere from 20 to 30 hours per week of their personal time, to properly manage and train a team of 20 to 30 kids.

Fallbrook Pop Warner was fortunate to see the return of most of its veteran head football coaches, including Floyd Dudley, Stefan Ramirez, Austin Moss and Luis Ruvalcaba. FPW even gained two new head coaches, Marcus Sorden and Javier Perez. A welcome turnout of Cheer coaches also volunteered their time this season including Daniela Garcia, Jessie Harvilicz and Madeline

Jachim, all led by Fallbrook Pop Warner Cheer Coordinator Alicia Swinney.

“We’re delighted with the turnout this season” stated Berger. “In addition to signing up nearly 200 kids for football and cheer, we had a great mix of new and seasoned coaches, board members and team staff.”

On the financial side of things, Fallbrook Pop Warner partnered with digital fundraising platform, “Snap! Raise.” Snap! Raise gave kids and parents the ability to raise much needed money for the league, and their respective teams without having to spend hours on end working a car wash or standing in front of a supermarket.

“Our families surpassed the fundraising goal we set for this season with flying colors,” said Berger. “We raised \$39,000 in less than three months.” The money the league raised was applied to much needed equipment (helmets, shoulder pads, etc.) and also helped cover individual team expenses.

Another improvement the league worked to achieve, was the relationship with Fallbrook High School. Specifically, the football program. Back in May, the board met with Head Coach

Ross Johnson and Boosters President Stephanie Jones to reaffirm the important connection between the two programs.

“The support we receive from Fallbrook High School is indispensable,” Berger explained. “Our league simply wouldn’t exist without their contributions and generosity.” Fallbrook High School has provided the use of their main stadium and Ivy fields for Pop Warner games, for decades. And allowing the league the use of the concession stand further assisted in fundraising efforts.

However, one of the most appreciated benefits of the relationship with Fallbrook High is the numerous students who volunteered to help during Pop Warner games. Some students, like Kaden Kirk, Jayms and Brookly McAlexander, and Frankie and Ralphie Andraca, worked from dawn to dusk on numerous Saturdays, helping with everything from working the concession stand, setting up and breaking down the fields, and even announcing the games.

“These students set an outstanding example to the younger kids in our Pop Warner program,” said Berger. “As the primary feeder program for the high school’s football and cheer teams, the more interaction our kids have with these high school athletes, the better.”



8U Cheer Squad

**THE FALLBROOK POP WARNER LEAGUE WOULD LIKE TO GIVE SPECIAL THANKS TO THE FOLLOWING INDIVIDUALS, FAMILIES, AND BUSINESSES WHO WENT ABOVE AND BEYOND TO ENSURE OUR PROGRAM SUCCEEDED THIS SEASON:**

- Fallbrook High School
- Potter Jr. High School
- The Fallbrook Boys and Girls Club
- Fallbrook SD County Sheriff Dept.
- FUHS Football Boosters President Stephanie Jones
- FUHS Financial Clerk Shar Larsen
- FUHS Athletic Director Patrick Walker
- Vanessa Mojica and Steven Carr with FUESD
- Fallbrook High School Marine Corps Junior ROTC
- Village News
- Ahrend Studios
- Fallbrook Rugby
- Madden Family
- Lucy Family
- FHS Varsity Head Football Coach Ross Johnson
- FHS Coach Christopher Ward
- The Fallbrook Angel Society
- The Live Oak Park Commission
- Fallbrook Equipment Rentals

.....and most of all, all of the Parents and Family Members for trusting and supporting the Fallbrook Pop Warner organization so we may continue providing the kids in our community, the opportunity to play this game we all love!

<https://tshq.bluesombrero.com/fallbrookpw>



[www.facebook.com/FallbrookPopWarner](https://www.facebook.com/FallbrookPopWarner)



# Fallbrook Girls Rugby calls home elite players



Former player Richelle Stephens is the new head coach of the Fallbrook Girls Rugby Club for 2023.

FALLBROOK – Fallbrook Girls Rugby Club dominated California for over a decade and is recognized as one of the premier programs in the country. FGRC has produced eight USA Eagles players; including two Olympians. FGRC catapulted many girls of Fallbrook in their pursuit of post-high school education and elite level rugby competition.

Over the past 14 years FGRC has been the catalyst for over 30 girls pursuing their education and forge ahead in the sport they love. Most recently, Fallbrook

had multiple players battling in Division 1 & 2 Championships in November where freshman Jordan Duncan received her first Division 1, NCAA Championship with Dartmouth College. In the Division 1 (Elite) conference, Fallbrook again was represented by junior Amanda Ware and freshman Brianna Beath, winning the 2022 championships.

Control of FGRC will be transferred to Fallbrook’s prestige alumni as many are choosing to return home from graduating college and completing rugby collegiate careers.

Richelle Stephens will assume the role of head coach. Stephens’ resume is overflowing with rugby excellence which started right here in our village where she won four National Championships with FGRC. After graduating from Fallbrook High School, Stephens transitioned to Lindenwood University where she captained six national championship teams and received a degree in Paramedicine. While at Lindenwood, Richelle competed in 2016 Olympics and in her senior year won the MA Sorenson Award for the best women’s player in American College Rugby.

John Duncan, who was FGRC’s head coach from 2019-2021, was asked about his retirement from coaching and his thoughts of handing over control to Stephens.

“I love FRGC and the opportunity it gives the ladies of Fallbrook, Richelle’s accolades speak for themselves; however, I’m thrilled that she has made the decision to return to Fallbrook to guide and mentor the ladies of



Former player Destiny Arena is a new assistant coach of the Fallbrook Girls Rugby Club FOR for 2023.

Fallbrook,” Duncan said. “I have no doubts she will continue the success we’ve had for more than a decade and I’m excited to see her put her own spin on the club.”

Stephens isn’t the only returning Warrior on the sideline as a group of returning collegiate athletes have joined the crusade to continue FGRC dominance. Returning to Fallbrook is Lilly Durbin, a recent Dartmouth Graduate whose rugby accolades include four High School Championships with FGRC, two Division 1 NCAAA Championships and the recipient of the Agnes Kurtz Award, which is given to “the woman who best combines proficiency in athletics with dedication to the furthering of women’s sports” and nominated for the MA Sorenson Award.

Joining Stephens and Durbin is another FGRC alumni Destiny Arena, who recently graduated from Lindenwood University with four Division 1 Elite National Championships. There is no doubt that the rugby excellence on the coaching staff is unmatched by any club in the nation, and it resides in Fallbrook.

Fallbrook Girls Rugby continues to prove to be more than just a club of Fallbrook athletes. It is a family with an opportunity for the young women of Fallbrook. Team manager Rosemary Fisher was asked about her thoughts of these women returning to Fallbrook to coach.

“I’ve watched all of these young ladies compete in High School and dominate the national level, and their return to Fallbrook tells a story in itself about the influence FGRC had on them and their desire to give back; welcome home ladies,” Fisher said.

Fisher’s daughter is also an alumni of FGRC and is currently



Former player Lilly Durbin is a new assistant coach of the Fallbrook Girls Rugby Club for 2023.



Fallbrook Girls Rugby Club competes and plays as a team.

playing rugby as a freshman for Harvard University where she had a gritty performance in the D1 NCAA Rugby Championships falling 5 points short to Dartmouth College where she lined up against her best friend and fellow FGRC alumni freshman Jordan Duncan. Rugby is a sport for all ladies who desire to challenge themselves

and be part of something great, according to the club. FGRC welcomes all girls grades 7-12 for competition in winter and spring. For more information, email at [fallbrookgirlswarriorrugby@gmail.com](mailto:fallbrookgirlswarriorrugby@gmail.com).

Submitted by Fallbrook Girls Rugby Club.

VILLAGE NEWS

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## Pala Casino secures naming rights to historic final NASCAR Cup Series Race on Auto Club Speedway’s 2-Mile Oval

PALA – It’s a surefire bet that NASCAR fans will savor each lap of the final NASCAR Cup Series race on Auto Club Speedway’s 2-mile oval. Pala Casino Spa Resort will make it even more memorable for race fans everywhere.

Auto Club Speedway announced Nov. 6 that the final race on its 2-mile track will be named the Pala Casino 400. The event, scheduled for Feb. 26, 2023, is the second race of the NASCAR Cup Series regular season and the highly anticipated follow-up to the DAYTONA 500.

Moreover, it is part of a partnership which makes Pala Casino Spa Resort the Official Casino of Auto Club Speedway. It also adds an additional boost of excitement to an already historic weekend in the Inland Empire.

In addition, Chris Buescher’s No. 17 RFK Ford, will carry Pala Casino colors, when the field takes the green flag for the historic event. “Our fans will notice right away the enthusiasm Pala Casino brings to the table,” said Auto Club Speedway President Dave Allen. “They are determined to create an unforgettable experience for our fans, and we look forward to working with them to make this final race on the 2-mile oval an event for the ages.”

Pala Casino Spa Resort is certainly synonymous with excitement. It proudly bills itself as SoCal’s Entertainment Capital, which is not a stretch given that its Las Vegas-style casino includes an

expansive gaming floor with over 2,000 slot and video machines, 78 table games, nine restaurants and two lounges. The resort also includes the 2,000-seat Pala Events Center, outdoor Starlight Theater and luxury hotel.

Yet it’s Pala Casino’s passion for racing and race fans that make its partnership with Auto Club Speedway an unbeatable pair of aces for 2023 and beyond.

“As a casino that greatly appreciated competitive racing, Pala is thrilled to be the title sponsor of the Pala Casino 400 race in Fontana, and this historic final race at the Auto Club Speedway,” said Pala Casino Spokesperson Coley McAvoy. “We value our new partnership with Chris Buescher and RFK Racing, as well as our continued partnership with NASCAR as we look forward to a very exciting event in February.”

Tickets for the Pala Casino 400 are on sale now at [www.autoclubspeedway.com](http://www.autoclubspeedway.com). Fans are encouraged to purchase them now, as demand is high for this historic final race on the 2-mile surface known for its five-wide racing and legendary winners. The NASCAR Xfinity Series will also compete one final time on the 2-mile layout on Saturday, Feb. 25.

Planning also continues for a new short track located on the current site, but details will be announced at a later date.

Submitted by Pala Casino Spa Resort.

## Senior softball looks forward to January



Charlie Cobb swings a pitch during a senior softball game at Ingold Field.

FALLBROOK – Fallbrook Senior Softball is currently completing its last season of the year before going on hiatus for the remainder of December and beginning of January. However, the league is still welcoming new players who are 50 plus years of age.

Games are played at Ingold Sports Park Mondays through Thursdays at 4 p.m. with warm ups beginning at 3:30. Each team is scheduled to play two games per week.

Potential players must show up for a screening so that proper team placement can be made. There will be a couple of practices before the January season begins around mid-month for those who need to be screened and included in the draft.

Interested players may email Chuck at [ChuckMattes19@gmail.com](mailto:ChuckMattes19@gmail.com). Additional preliminary information and an overview of the league can be found at <http://FallbrookSeniorSoftball.org>.

Submitted by Fallbrook Senior Softball.



SHERIFF’S LOG

Nov. 26	
200 blk S. Main Ave.	Tampering with a vehicle
Nov. 27	
700 blk Iowa St.	Medical Examiners Case - Death
1200 blk Bellver Cir.	Prowler - Possession of controlled substance paraphernalia - Arrest made
Nov. 28	
3600 blk Palomar Dr.	Found property
3700 blk Keri Way	Suicide - Actual or attempt - 5150 - Mental Disorder - 72 hr observation
3200 blk Brook Hollow Rd.	Criminal threats - Misc. incidents
600 blk Hillcrest Ln.	Battery - Actions likely to cause harm/death of elder/dependent adult
Nov. 29	
4700 blk Pala Rd.	Subject stop - Possess controlled substance - Arrest made
2700 blk Via Del Robles	Violation of temporary restraining order - Violation of domestic violence court order
1600 blk Willow Glen Rd.	Mental health evaluation - 5150 Mental Disorder - 72 hr observation
1100 blk Old Stage Rd.	Shooting at dwelling or occupancy - willful discharge of firearm in grossly negligent manner
5500 blk Mission Rd.	Subject stop - Possess controlled substance while armed with loaded, stolen firearm - Arrest made
500 blk S. Main Ave.	Subject stop - Possess controlled substance paraphernalia - Arrest made
Nov. 30	
100 blk S. Mission Rd.	Suspicious person - Disorderly conduct - Arrest made
Dec. 1	
1100 blk S. Mission Rd.	Grand theft - Robbery
900 blk S. Main Ave.	Disturbance/argument - Simple battery
800 blk Olive Ave.	Stolen vehicle - Possess stolen vehicle/vessel - Posses controlled substance - Arrest made - felony warrant from another agency
Dec. 2	
1000 blk Rainbow Crest Rd.	Battery - Simple battery
2500 blk Gum Tree Ln.	Assist other agency - Death
400 blk W. Fallbrook St.	Mental health evaluation - 5150 - 72 hr observation
3200 blk Brook Hollow Rd.	Assist other agency - Misc. incidents
700 blk Magarian Rd.	Mental health evaluation - 5150 - Mental disorder - 72 hr observation
3700 blk Pala Rd.	Stolen vehicle
Dec. 3	
2600 blk S. Mission Rd.	Battery - Simple battery
500 blk Alturas Rd.	Suicide - Actual or attempt - Mental disorder - 72 hr observation
W. Dougherty St. @ De Luz Rd.	Stolen vehicle
Dec. 4	
5200 blk S. Mission Rd.	Burglary - Commercial - Petty theft and all other larceny
4200 blk Palomar Dr.	Mental health evaluation - Mental disorder - 72 hr observation
3200 blk S. Old Highway 395	Welfare check - Contempt of court - Violate protective order

CALENDAR

**Dec. 10** – 2 p.m. – Fallbrook Chorale’s Christmas Concert, “Sing of a Merry Christmas,” will be held at SonRise Christian Fellowship, 463 S Stage Coach Lane. Tickets are \$20 each, \$10 for military and students with ID, and free for children 10 and under, and are available at <https://fallbrookchorale.org/>, at Major Market or from any chorale member. Unused tickets from the canceled Spring Concert will be honored for this one.

**Dec. 11** – 2-4 p.m. – "Festiva" with Camarada Christmas concert, a magical afternoon of Baroque treats and popular holiday music will showcase soprano Tasha Koontz with a featured performance of Ave Maria. Tickets: \$20 adult advance; \$25 after noon on Dec. 9; children 18 and under free with one paid adult. At Mission Theater, 231 N. Main Ave. Purchase tickets: <https://www.fallbrookmusicsociety.org>

or <https://fallbrookmissiontheater.com>.

**Dec. 17** – 8:30-10:30 a.m. – Breakfast with Santa is offered at the Fallbrook Community Center, \$5 admission, \$3 photos with Santa. At 341 Heald Lane. For more info, 760-728-1671, <https://www.sdparks.org/>.

**Dec. 17** – 11 a.m. to 1:30 p.m. – The Fallbrook Chamber of Commerce holds its Open House of Giving, at 111 S. Main to support four local nonprofit Chamber member charities – Empowering Latino Futures, Good Dog! Service Canines, Neighborhood Healthcare and REINS. Donations of cash or check made payable to the specific charity can be dropped off at the chamber anytime through Dec. 19. For more info about the nonprofits, refer to <http://www.fallbrookchamberofcommerce.org> or call the chamber at 760-728-5845.

OBITUARIES



Jean Marie Sawyer passed away on Oct. 18, 2022. She would

have turned 100 in December of this year. She was a caring daughter, wife, mother, grandparent, great-grandparent and friend to many.

Jean was the only child of Albert and Ellen Germer and was born and raised in Grosse Pointe, Michigan. She married Clarence Armstrong in 1942 and had two sons, Craig and Brian. Jean moved to Pasadena, California and worked for Beckman Instruments before relocating to Tustin in the mid 50’s.

She subsequently met and married Theodore Sawyer. After they had two sons, Charles and Theodore Jr., Jean had a successful career selling real estate in Orange County. Jean moved to Bonsall in

1991 following the death of her mother.

Jean was passionate about gardening and sewing and had a love for animals (excluding squirrels). She loved entertaining family, friends, and clients and enjoyed taking vacation trips and cruises with her children and grandchildren. She was an active member of St. Peter the Apostle Catholic Church and the Fallbrook Woman’s Club and volunteered at the Angel Society Thrift Store in Fallbrook.

Jean leaves behind her four sons as well as 12 grandchildren and 10 great-grandchildren.

At her request, no memorial service is planned.

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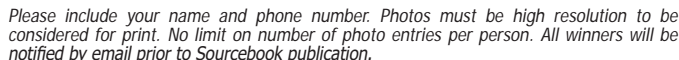
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trustee, pursuant to the Deed of Trust executed by Bonnie R. Rolls, an unmarried woman recorded 07/13/2018 as Instrument No. 2018-0286501 in  
Book no. \_\_\_\_, Page no. \_\_\_\_, of Official Records in the office of the County Recorder of San Diego County, California, and pursuant to the Notice of Default  
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Carlsbad, CA 92008 The undersigned Trustee disclaims any liability for any incorrectness of the property address and other common designation  
shown herein. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, ex-  
penses and advances at the time of the initial publication of the Notice of Sale is: \$372,903.39 "The actual opening bid may be more or less than this  
estimate. (NOTE: If there is any type of pre-payment premium or other fee or charge that, under the terms of the secured obligation, becomes due on  
the date of sale, said fee or charges IS included in the above estimate). In addition to cash, the Trustee will accept a cashier's check drawn on a state  
or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings as-  
sociation or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. In the event tender other than  
cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed until funds become available to the payee or endorsee as a matter of  
right. Said sale will be made, but without covenant or warranty, express or implied regarding title, possession or encumbrances, to satisfy the indebted-  
ness secured by said Deed of Trust including advances authorized thereunder and also including, without way of limitation, the unpaid principal  
balance of the Note secured by said Deed of Trust together with interest thereon as provided in said Note, plus the fees, charges and expenses of the  
trustee and the trustee created by said Deed of Trust. THIS PROPERTY IS BEING SOLD IN AN 'AS-IS' CONDITION. NOTICE TO POTENTIAL  
BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You  
will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear  
ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction,  
you or you may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are  
encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office  
or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware  
that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown  
on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the Cal-  
ifornia Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy  
to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for  
the sale of this property, you may call (916) 939-0772 or visit this Internet Website WWW.NATIONWIDEPPOSTING.COM, using the file number as-  
signed to this case 22-0134. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may  
not immediately be reflected in the telephone information or on the Internet Website. The best way to verify postponement information is to attend the  
scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the  
California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee  
auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction.  
There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (916) 939-0772, or visit this  
Internet website WWW.NATIONWIDEPPOSTING.COM, using the file number assigned to this case 22-0134 to find the date on which the trustee's  
sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid  
so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than  
45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney  
or appropriate real estate professional immediately for advice regarding this potential right to purchase. FOR SALES INFORMATION AND STATUS  
24 HOURS A DAY, SEVEN DAYS A WEEK, GO TO: WWW.NATIONWIDEPPOSTING.COM OR CALL (916) 939-0772. ADDITIONAL INFOR-  
MATION, DISCLOSURES AND CONDITIONS OF SALE: (1) At the time of sale, the opening bid by the beneficiary may not represent a full credit bid.  
The beneficiary reserves the right, during the auction, to increase its credit bid incrementally up to a full credit bid. The beneficiary may also bid over  
and above its credit bid with cash, cashier's checks or cash equivalents. (2) The Trustee's Deed Upon Sale (TDUS) will not be issued to the success-  
ful bidder until the bidder's payment has been deposited in the trustee's bank and cleared (all holds released). The bidder may have to take addi-  
tional actions as required by trustee's bank in order to facilitate the deposit and clearance of bidder's funds. (3) If, prior to the issuance of the TDUS,  
the trustee shall become aware of any deficiency in the foreclosure process, or if the trustee becomes aware of any bankruptcy or other legal issue  
affecting the validity of the foreclosure process, or if the trustee becomes aware of any bankruptcy or other legal issue affecting the validity of the  
foreclosure sale, then, after consultation with its attorneys, the trustee, in its sole discretion, may decline to issue the TDUS and return the bidder's  
funds, without interest. If, subsequent to the issuances of the TDUS, the trustee shall become aware of any deficiency in the foreclosure process, or  
if the trustee becomes aware of any bankruptcy or other legal issue affecting the validity of the foreclosure sale, then, after consultation with its attor-  
neys, the trustee, in its sole discretion, may rescind the TDUS pursuant to Civil Code Section 1058.5(b) and return the bidder's funds, without interest.  
(4) When conducted, the foreclosure sale is not final until the auctioneer states "sold." Any time prior thereto, the sale may be canceled or postponed  
at the discretion of the trustee or the beneficiary. A bid by the beneficiary may not result in a sale of the property. All bids placed by the auctioneer are  
on behalf of the seller/beneficiary. This communication may be considered as being from a debt collector. To the extent your original obligation was  
discharged or is subject to an automatic stay of bankruptcy under Title 11 of the United States Code, this notice is for compliance and/or informa-  
tional purposes only and does not constitute an attempt to collect a debt or to impose personal liability for such obligation. However, a secured party  
may retain rights under its security instrument, including the right to foreclose its lien. Date: 11/09/2022 Witkin & Associates, LLC 5805 Sepulveda  
Blvd., Suite 670 Sherman Oaks, California 91411 Phone: (818) 845-4000 By: April Witkin, Trustee Officer NPP0418104 To: VILLAGE NEWS INC  
11/24/2022, 12/01/2022, 12/08/2022

Case No.: 9462-5563 TSG Order No.: 20294869 A.P.N.: 169-441-44-00 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 06/20/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NBS Default Services, LLC, as the duly appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded 06/30/2005 as Document No.: 2005-0556952, of Official Records in the office of the Recorder of San Diego County, California, executed by: CAROLINE ZINNS, AN UNMARRIED WOMAN, as Trustor, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable in full at time of sale by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state) All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and state and as more fully described in the above referenced Deed of Trust. Sale Date & Time: 12/16/2022 at 9:00 AM Sale Location: Sale will be held at AUCTION.COM- Entrance of the East County Regional Center, East County Regional Center, 250 E. Main Street, El Cajon, CA 92020 The street address and other common designation, if any, of the real property described above is purported to be: 1672 OLYMPUS LOOP DRIVE, VISTA, CA 92081 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made in an "AS IS" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$330,015.57 (Estimated) Accrued interest and additional advances, if any, will increase this figure prior to sale. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 1-800-280-2832 or visit this internet website, www.auction.com, using the file number assigned to this case T.S.# 9462-5563. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 855-976-3916, or visit this internet website <https://tracker.auction.com/sb1079/>, using the file number assigned to this case T.S.# 9462-5563 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. NBS Default Services, LLC 14841 Dallas Parkway, Suite 425 Dallas, TX 75254 800-766-7751 For Trustee Sale Information Log On To: [www.auction.com](http://www.auction.com) or Call: 1-800-280-2832. NBS Default Services, LLC, James Aranda, Foreclosure Associate This communication is an attempt to collect a debt and any information obtained will be used for that purpose. However, if you have received a discharge of the debt referenced herein in a bankruptcy proceeding, this is not an attempt to impose personal liability upon you for payment of that debt. In the event you have received a bankruptcy discharge, any action to enforce the debt will be taken against the property only. NPP0417995 To: VILLAGE NEWS INC 11/24/2022, 12/01/2022, 12/08/2022



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LEGALS

The deadline for Legal notices is Monday, noon. Email to [legals@reedermedia.com](mailto:legals@reedermedia.com).

**Fictitious Biz. Name**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2022-9023800  
Name of Business  
**a. GRACED GALA**  
**b. HJT CAR RENTALS**  
**c. YOUR LOCAL MOVERS INC.**  
1508 Laurelwood Way, Oceanside, CA 92056  
County: San Diego  
This business is registered by the following:  
Your Local Movers Inc., 1508 Laurelwood Way, Oceanside, CA 92056  
This business is conducted by a Corporation  
This Corporation is registered in the state of California  
Registrant first began to transact business under the fictitious name listed above as of 10/27/2022  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Oct 27, 2022  
**LEGAL: 6024**  
**PUBLISHED: November 24, December 1, 8, 15, 2022**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2022-9024975  
Name of Business  
**RAKUICHI RAKUZA**  
1323 Partridge Ave, El Cajon, CA 92020  
Mailing address: 2840 Fletcher Pkwy #525, El Cajon, CA 92020\*  
County: San Diego  
This business is registered by the following:  
Sarina Ohki, 1323 Partridge Ave, El Cajon, CA 92020  
This business is conducted by an Individual  
Registrant first began to transact business under the fictitious name listed above as of N/A  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 15, 2022  
**LEGAL: 6025**  
**PUBLISHED: November 24, December 1, 8, 15, 2022**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2022-9025896  
Name of Business  
**a. EPIC REALTY GROUP**  
**b. EPIC REALTY TEAM**  
130 N. Main Ave, Fallbrook, CA 92028  
Mailing address: SAME AS ABOVE  
County: San Diego  
This business is registered by the following:  
Epic Realty Group, Inc, 2121 Castlebay, Fallbrook, CA 92028  
This business is conducted by a Corporation  
This Corporation is registered in the state of California  
Registrant first began to transact business under the fictitious name listed above as of N/A  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 29, 2022  
**LEGAL: 6027**  
**PUBLISHED: December 1, 8, 15, 22, 2022**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2022-9024359  
Name of Business  
**a. BABSIE BABY PHOTOGRAPHY**  
**b. BABSIE LY PHOTOGRAPHY**  
3508 Seagate Way Ste 150, Oceanside, CA 92056  
Mailing address: 4251 Old Grove Rd, Oceanside, CA 92057  
County: San Diego  
This business is registered by the following:  
Fixated Concepts, LLC, 3508 Seagate Way Ste 150, Oceanside, CA 92056  
This business is conducted by a Limited Liability Company  
This LLC is registered in the state of California  
Registrant first began to transact business under the fictitious name listed above as of 10/01/2017  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 03, 2022  
**LEGAL: 6028**  
**PUBLISHED: December 1, 8, 15, 22, 2022**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2022-9023441  
Name of Business  
**CHABAD UCSD**  
8818 Cliffridge Ave, La Jolla, CA 92037  
Mailing address: SAME  
County: San Diego  
This business is registered by the following:  
Jewish UCSD, 8818 Cliffridge Ave, La Jolla, CA 92037  
This business is conducted by a Corporation  
This Corporation is registered in the state of CA  
Registrant first began to transact business under the fictitious name listed above as of 8-18-22  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Oct 24, 2022  
**LEGAL: 6018**  
**PUBLISHED: November 17, 24, December 1, 8, 2022**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2022-9023156  
Name of Business  
**a. FALLBROOK FOURSQUARE CHURCH**  
**b. CENTRO CRISTIANO DE VICTORIA C.C.V.**  
405 W. Fig St., Fallbrook, CA 92028  
Mailing address: PO Box 26902, Los Angeles, CA 90026  
County: San Diego  
This business is registered by the following:  
International Church of the Foursquare Gospel, 1132 Glendale Blvd., Los Angeles, CA 90026  
This business is conducted by a Corporation  
This Corporation is registered in the state of California  
Registrant first began to transact business under the fictitious name listed above as of 02/14/2019  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Oct 19, 2022  
**LEGAL: 6019**  
**PUBLISHED: November 17, 24, December 1, 8, 2022**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2022-9023900  
Name of Business  
**AMANDA'S BUNDLES**  
8254 Via Umer Way, Bonsall, CA 92003  
Mailing address: 8254 Via Umer Way, Bonsall, CA 92003  
County: San Diego  
This business is registered by the following:  
Amanda Jayne Carita, 8254 Via Umer Way, Bonsall, CA 92003  
This business is conducted by an Individual  
Registrant first began to transact business under the fictitious name listed above as of 10/3/2022  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Oct 28, 2022  
**LEGAL: 6020**  
**PUBLISHED: November 17, 24, December 1, 8, 2022**

**Fictitious Biz. Name**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2022-9025112  
Name of Business  
**GIRD VALLEY FARM**  
2446 Gird Road, Fallbrook, CA 92028  
Mailing address: 2446 Gird Road, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Phillip Driesler, 2446 Gird Road, Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first began to transact business under the fictitious name listed above as of January 1, 2022  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 16, 2022  
**LEGAL: 6021**  
**PUBLISHED: November 24, December 1, 8, 15, 2022**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2022-9025103  
Name of Business  
**THE PAINT CONNECTION**  
920 E Mission Rd Apt 15, Fallbrook, CA 92028  
Mailing address: 920 E Mission Rd Apt 15, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Cortave Enterprises, 920 E Mission Rd Apt 15, Fallbrook, CA 92028  
This business is conducted by a Corporation  
This Corporation is registered in the state of CA  
Registrant first began to transact business under the fictitious name listed above as of 10/11/2017  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 16, 2022  
**LEGAL: 6022**  
**PUBLISHED: November 24, December 1, 8, 15, 2022**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2022-9025412  
Name of Business  
**CARMEN SAN DIEGO**  
1020 Dorado Ct, Chula Vista, CA 91910  
Mailing address: "  
County: San Diego  
This business is registered by the following:  
Carmen Hernandez, 1020 Dorado Ct, Chula Vista, CA 91910  
This business is conducted by an Individual  
Registrant first began to transact business under the fictitious name listed above as of 11/18/2022  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 18, 2022  
**LEGAL: 6023**  
**PUBLISHED: November 24, December 1, 8, 15, 2022**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2022-9025896  
Name of Business  
**OESTE TRAILERS**  
317 8th St., Del Mar, CA 92014  
County: San Diego  
This business is registered by the following:  
Joshua Pasek, 317 8th St., Del Mar, CA 92014  
This business is conducted by an Individual  
Registrant first began to transact business under the fictitious name listed above as of 11/30/2022  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 30, 2022  
**LEGAL: 6029**  
**PUBLISHED: December 8, 15, 22, 29, 2022**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2022-9026121  
Name of Business  
**a. LOCK STOCK & BARREL COMPANY**  
**b. LOCK STOCK & BARREL COMPANY LLC**  
488 E. Kalmia St, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Lock Stock & Barrel Company, 488 E. Kalmia St, Fallbrook, CA 92028  
This business is conducted by a Limited Liability Company  
This LLC is registered in the state of CA  
Registrant first began to transact business under the fictitious name listed above as of 04/01/2022  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 01, 2022  
**LEGAL: 6030**  
**PUBLISHED: December 8, 15, 22, 29, 2022**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2022-9025989  
Name of Business  
**PAY-NET**  
8775 Aero Drive Ste 235, San Diego, CA 92123  
Mailing address: 8775 Aero Drive Ste 235, San Diego, CA 92123  
County: San Diego  
This business is registered by the following:  
Payroll World Inc., 8775 Aero Drive Ste 235, San Diego, CA 92123  
This business is conducted by a Corporation  
This Corporation is registered in the state of California  
Registrant first began to transact business under the fictitious name listed above as of 01/01/2001  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 29, 2022  
**LEGAL: 6031**  
**PUBLISHED: December 8, 15, 22, 29, 2022**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2022-9025805  
Name of Business  
**CROWLEY CAR COMPANY**  
2061 Wineridge Place, Escondido, CA 92029  
Mailing address: 2061 Wineridge Place, Escondido, CA 92029  
County: San Diego  
This business is registered by the following:  
Crowley Car Company, 2061 Wineridge Place, Escondido, CA 92029  
This business is conducted by a Limited Liability Company  
This LLC is registered in the state of California  
Registrant first began to transact business under the fictitious name listed above as of 11/15/2022  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 28, 2022  
**LEGAL: 6032**  
**PUBLISHED: December 8, 15, 22, 29, 2022**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2022-9026286  
Name of Business  
**EVAELLA FINANCIAL**  
2042 Valley Rd, Oceanside, CA 92056  
County: San Diego  
This business is registered by the following:  
Erin Claire Vopatek, 2042 Valley Rd, Oceanside, CA 92056  
This business is conducted by an Individual  
Registrant first began to transact business under the fictitious name listed above as of N/A  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 02, 2022  
**LEGAL: 6033**  
**PUBLISHED: December 8, 15, 22, 29, 2022**

**Change of Name**

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
**Case Number: 37-2022-00044043-CU-PT-CTL**  
**TO ALL INTERESTED PERSONS**  
**Petitioner:**  
**ANZHELKA KIRICHENKO**  
**Present Name:**  
**ANZHELKA KIRICHENKO**  
**Proposed Name:**  
**ANGELIKA OSMAN**  
  
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.\*  
**NOTICE OF HEARING**  
**Date: 12-15-22 Time: 8:30 AM Dept: C-61**  
**The address of the court is 330 W Broadway, San Diego, CA 92101**  
  
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News  
NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE.  
The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120). If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to the petitioner.  
If all requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions.  
If a timely objection is filed, the court will set a remote hearing date and contact the parties by mail with further directions.  
A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified date. The court will notify the parties by mail of a future remote hearing date. Date: NOV 02 2022 Signed: Michael T. Smyth, Judge of the Superior Court.  
**LEGAL: 6016**  
**PUBLISHED: November 17, 24, December 1, 8, 2022**

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
**Case Number: 37-2022-00044051-CU-PT-CTL**  
**TO ALL INTERESTED PERSONS**  
**Petitioner:**  
**NIKHAD TEYYUBZADE**  
**Present Name:**  
**NIKHAD TEYYUBZADE**  
**Proposed Name:**  
**NIHAT OSMAN**  
  
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.\*  
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The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120). If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to the petitioner.  
If all requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions.  
If a timely objection is filed, the court will set a remote hearing date and contact the parties by mail with further directions.  
A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified date. The court will notify the parties by mail of a future remote hearing date. Date: NOV 02 2022 Signed: Michael T. Smyth, Judge of the Superior Court.  
**LEGAL: 6017**  
**PUBLISHED: November 17, 24, December 1, 8, 2022**

**Abandonment Fict. Biz. Name**

**STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME**  
  
File Number: 2022-9025895  
Fictitious Business Name(s) To Be Abandoned:  
Name of Business  
**a. EPIC REALTY GROUP**  
**b. EPIC REALTY TEAM**  
130 N. Main Ave, Fallbrook, CA 92028  
Mailing address: SAME AS ABOVE  
County: San Diego  
  
The fictitious business name referred to above was filed in San Diego County on 10/06/2022 and assigned File No. 2022-9022192  
The fictitious business name is being abandoned by:  
Epic Realty Group, 2121 Castlebay, Fallbrook, CA 92028  
This business is conducted by a Corporation  
This Corporation is registered in the state of California  
  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 29, 2022  
**LEGAL: 6026**  
**PUBLISHED: December 1, 8, 15, 22, 2022**

**FALLBROOK COMMUNITY PLANNING GROUP**  
**And**  
**DESIGN REVIEW BOARD**  
  
Chair, Eileen Delaney  
*Eileen.fallbrook@gmail.com*  
  
THE FALLBROOK PLANNING GROUP WILL NOT MEET IN DECEMBER.  
  
NOTE: The Fallbrook Planning Group occasionally has openings on its Committees for non-elected community members. Interested parties should contact the respective Committee Chairs:  
Land Use Committee Chair: Steve Brown, *fallbrookplanning@aol.com*,  
Circulation Committee Chair: Roy Moosa: 760-723-1181,  
Parks & Recreation Committee Chair: Stephani Baxter: *(sbaxter.fcpg@gmail.com)*,  
Public Facilities Committee Chair: Jeniene Domercq, *(jenienedomercq@gmail.com)*,  
Design Review Board Committee Chair: Eileen Delaney: *eileen.fallbrook@gmail.com*,  
Ad-Hoc Cannabis Committee Chair: Jeniene Domercq, *(jenienedomercq@gmail.com)*\  
This is a preliminary agenda. If any changes are made, a final agenda will be posted at the Chamber of Commerce at least 72 hours prior to the meeting  
  
Eileen Delaney, Chairperson, Fallbrook Community Planning Group & Design Review Board.  
Email: *Eileen.fallbrook@gmail.com*  
  
**OFFICIAL PLANNING GROUP AGENDAS, MINUTES AND INFORMATION**  
[www.FallbrookPlanningGroup.org](http://www.FallbrookPlanningGroup.org)  
<https://www.facebook.com/Fallbrook-Planning-Group-109111577938214>  
Other information can also be found at:  
<https://www.sandiegocounty.gov/pds/gpupdate/comm/fallbrook.html>.

**FALLBROOK COMMUNITY PLANNING GROUP**  
  
Eileen Delaney, Chair  
*Eileen.fallbrook@gmail.com*  
  
DECEMBER, 2022 COMMITTEE MEETING AGENDAS  
  
Para leer este agenda en español, copia y pega este texto en <https://translate.google.com/>  
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Este servicio de traducción se ofrece como recurso adicional para información."  
  
CANNABIS ADHOC COMMITTEE  
Chair: Jeniene Domercq  
*jenienedomercq@gmail.com*  
  
THE CANNABIS AD HOC COMMITTEE WILL NOT MEET THIS MONTH  
-----  
  
LAND USE COMMITTEE  
Chair: Steve Brown  
*Fallbrookplanning@aol.com*  
  
THE LAND USE COMMITTEE WILL NOT MEET THIS MONTH  
-----  
  
CIRCULATION COMMITTEE  
Chair Roy Moosa  
*roymoosacalifornia@gmail.com*  
  
THE CIRCULATION COMMITTEE WILL NOT MEET THIS MONTH  
-----  
  
DESIGN REVIEW BOARD COMMITTEE  
Chair Eileen Delaney  
*Eileen.fallbrook@gmail.com*  
  
THE DESIGN REVIEW BOARD COMMITTEE WILL NOT MEET THIS MONTH  
-----

**FALLBROOK COMMUNITY PLANNING GROUP**  
**PUBLIC FACILITIES COMMITTEE**  
Chair Stephani Baxter  
*sbaxter.fcpg@gmail.com*  
  
THE PARKS & RECREATION COMMITTEE WILL NOT MEET THIS MONTH  
-----

**FALLBROOK COMMUNITY PLANNING GROUP**  
**CHAIRS COMMITTEE**  
Chair Eileen Delaney  
*eileen.fallbrook@gmail.com*  
  
THE CHAIRS COMMITTEE WILL NOT MEET THIS MONTH  
-----

**FALLBROOK COMMUNITY PLANNING GROUP**  
**COMMITTEE CHAIRS MEETING**  
Chair Eileen Delaney  
*eileen.fallbrook@gmail.com*  
  
THE CHAIRS COMMITTEE WILL NOT MEET THIS MONTH  
-----  
  
NOTE: The Fallbrook Planning Group occasionally has openings on its Committees for non-elected community members. Interested parties should contact the respective Committee Chairs:  
Land Use Committee Chair: Steve Brown *fallbrookplanning@aol.com*,  
Circulation Committee Chair: Roy Moosa: 760-723-1181),  
Parks & Recreation Committee Chair: Stephani Baxter: *sbaxter.fcpg@gmail.com*,  
Public Facilities Committee Chair: Jeniene Domercq, *jenienedomercq@gmail.com*,  
Design Review Committee Chair: Eileen Delaney: *eileen.fallbrook@gmail.com*,  
Ad-Hoc Cannabis Committee Chair: Jeniene Domercq, *jenienedomercq@gmail.com*  
  
This is a preliminary agenda. If any changes are made, a final agenda will be posted at the Fallbrook Chamber of Commerce (111 S Main Avenue) at least 72 hours prior to the meeting).  
  
Eileen Delaney, Chairperson, Fallbrook Community Planning Group & Design Review Board.  
Email: *Eileen.Fallbrook@gmail.com*

**OFFICIAL**  
**PLANNING GROUP AGENDAS, MINUTES AND INFORMATION**  
Website: [www.fallbrookplanninggroup.org](http://www.fallbrookplanninggroup.org)  
FaceBook: <https://www.facebook.com/Fallbrook-Planning-Group-109111577938214>  
Agendas and other information can also be found at:  
<https://www.sandiegocounty.gov/pds/gpupdate/comm/fallbrook.html>.

**Fictitious Biz. Name**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2022-9025628  
Name of Business  
**SCOTT'S ULTRA CLEAN**  
1926 E. Mission Rd., Fallbrook, CA 92028  
Mailing address: P.O. Box 854, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Scott Richard Strikwerda, 1926 E. Mission Rd., Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first began to transact business under the fictitious name listed above as of 9-1-2004  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 22, 2022  
**LEGAL: 6034**  
**PUBLISHED: December 8, 15, 22, 29, 2022**



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GERI SIDES  
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DRE# 01003649



JANE FELTON  
DRE# 01942026



ACTIVE UNDER CONTRACT

4677 La Canada, Fallbrook \$919,000



ACTIVE UNDER CONTRACT

3180 Los Verdes, Fallbrook \$1,695,000



PENDING

10117 Meadow Glen Way, Escondido \$950,000



SOLD

751 Norwynn Lane, Fallbrook \$779,000



SOLD

42288 Tenaja Truck Trail, Fallbrook \$1,275,000



00 Chisholm, Bonsall \$1,698,000



PENDING

**0 So. Mission Road, Fallbrook**

Hilltop Location with panoramic views on 4.09 acre parcel. Paved access with stone walls lining the drive private gated entrance. Recent Septic Layout for 4BD home. Unique opportunity to build your dream home with unobstructed views. Parcel overlooks several large Equestrian ranches and is adjacent to Heller's Bend Preserve Trail with hiking trails. Great location with easy access to HWY 76.

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