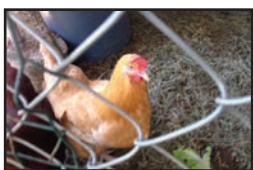


The grass that  
has to go  
A-3



Gardener's  
resolutions  
B-2



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Volume 23, Issue 3

Permit fees  
waived for  
granny flats

Joe Naiman  
Village News Correspondent

Permit fees for accessory dwelling units in unincorporated San Diego County will be waived for five years.

A 4-0 San Diego County Board of Supervisors vote Jan. 9, with Greg Cox in Washington for a National Association of Counties meeting, approved the first reading and introduction of the ordinance to waive permit fees on a trial basis.

The second reading and adoption is scheduled for Jan. 30, which would make the ordinance effective March 2, although applicants who pay fees between Jan. 9 and March 2 will be eligible for a refund once the ordinance becomes effective.

The supervisors also appropriated \$1,100,000 for the Department of Planning and Development Services and the Department of Environmental Health to cover the lost fiscal year 2018-19 revenue from the waiver of the permit fees and found the fee exemptions categorically exempt from California Environmental Quality Act review.

The fee waivers will automatically expire Jan. 9, 2024, unless subsequent Board of Supervisors action extends the waivers and the supervisors also

see PERMIT, page A-8

thisweek

Announcements.....	A-2
Business.....	A-10
Business Directory.....	A-11
Calendar.....	A-2
Classifieds.....	A-11
Crossword Puzzle.....	A-12
Dining & Food.....	B-10
Education.....	A-12
Entertainment.....	B-10
Health & Fitness.....	B-8
Home & Garden.....	B-2
Legals.....	B-12
Obituaries.....	A-13
Opinion.....	A-5
Real Estate.....	B-2
Sheriffs Log.....	Next Week
Sports.....	A-14
Wine.....	B-14

Testimony begins in trial for man accused  
of killing Fallbrook family



Michael McStay testifies on day two of testimony in the trial of Charles "Chase" Merritt, who is accused of killing McStay's brother, Joseph and his wife and two children in 2010.

Jeff Pack  
Writer

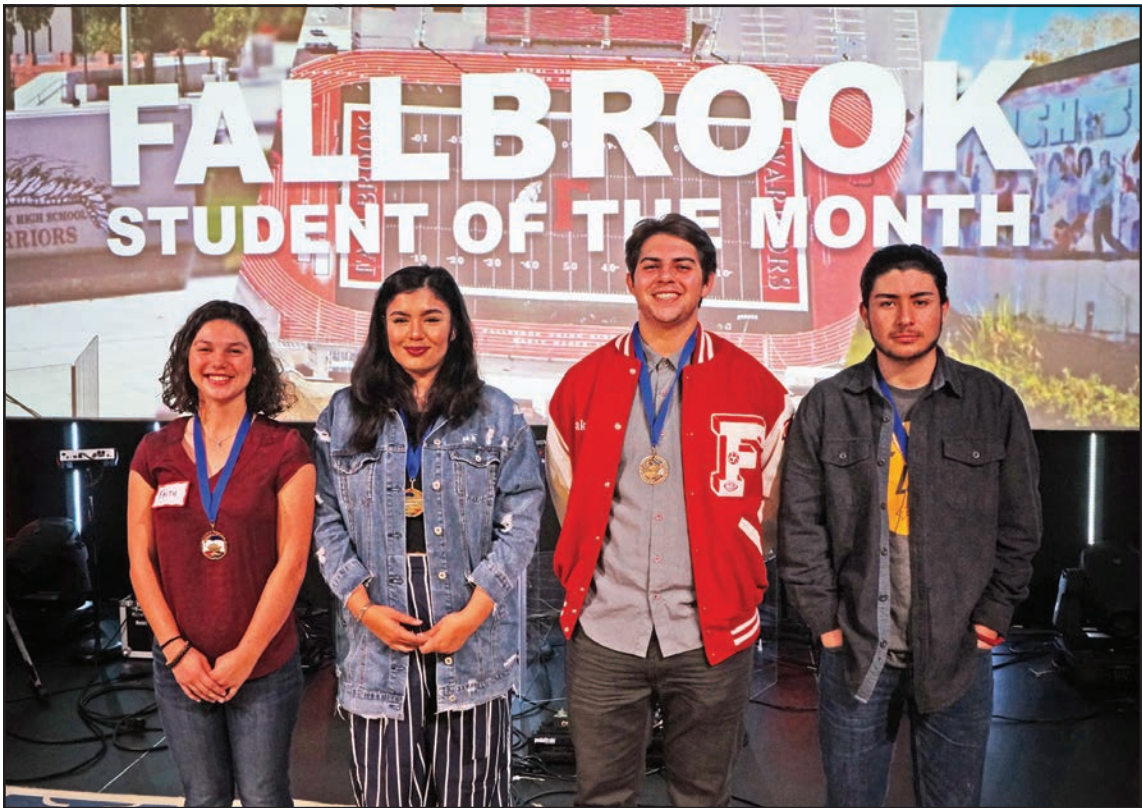
The death-penalty case of Charles "Chase" Merritt, who is charged with killing four members of a Fallbrook family in 2010, began Jan. 7 in San Bernardino Superior Court with opening statements from the prosecution and defense.

"How does this family of four, a husband who's running a business, a mom who's raising her two kids, fixing up a house they just bought, recently, how do they just disappear? Just up and gone," San Bernardino County Supervising Deputy District Attorney Sean Daugherty said, Jan. 7. "Ladies and gentlemen, the evidence, in this case, will not only show you the how, but the why and especially the who."

Daugherty accused Merritt of Homeland of bludgeoning to death Joseph McStay, 40, his

see TRIAL, page A-8

Marrufo, McBroom, Stehle and Munoz  
are named Students of the Month



Faith Stehle, Maira Munoz, Jake McBroom and German Marrufo were named Student of the Month for December.

Jeff Pack  
Writer

German Marrufo, Jake McBroom and Faith Stehle of Fallbrook Union High School and Maira Munoz of Ivy High School were honored as the Students of the Month for December at the Jan. 10 Student of the Month Breakfast at North Coast Church.

The celebratory breakfast was held at North Coast Church. The Rev. Greg Coppock of SonRise Christian Fellowship served as master of ceremonies at the event, and more than three dozen leaders in the community and community-supporting groups were in attendance to help celebrate the students and their achievements.

Fallbrook High metal shop, manufacturing and engineering teacher Jacob Bagnell nominated Marrufo.

"He is one of the only students I have ever met that will 100 percent drop everything he's doing, in the

see STUDENTS, page A-6

Recent death of mountain lion sparks  
renewed conservancy efforts



The body of a young mountain lion that was discovered Dec. 26, after being struck by a vehicle on the southbound Interstate 15.

Jeff Pack  
Writer

When a young male mountain lion was struck and killed on the southbound Interstate 15 near the U.S. Border Patrol checkpoint Dec. 26, he became the third lion killed in the general vicinity by cars in the past 20 months.

The death of the young lion reinforces arguments about improved wildlife pathways and solutions in the area for lions to safely migrate from between the Eastern Peninsular Range and the Santa Ana range.

"We have a network of stakeholders in this issue that had a discussion about this most recent death over the last couple of weeks," Pam Nelson, chair of the Santa Margarita group of the San Geronio chapter of the Sierra Club, said. "I think all of us agree fencing would be our No. 1 strategy right now. It's something that

see LION, page A-5



# ANNOUNCEMENTS

## DAR observes 100 year anniversary of World War I



*Courtesy photo*  
Gay Storm Oakes of Hatbox Will Travel, far left, holds a certificate of appreciation presented to her by DAR Program Chair Carol Anderson, center, and DAR Monserate Chapter Regent Betty Mathias.

FALLBROOK – The Monserate Chapter of the Daughters of the American Revolution recently observed the 100-year anniversary of World War I. The guest speaker was Gay Storm Oakes of Hatbox Will Travel of Los Angeles. Oakes presented a vignette in the life of Edith Galt Wilson, wife of President Woodrow Wilson. The sometimes controversial first lady mused on the health of her husband and the running of America. Following the presentation, Oakes

was presented a Certificate of Appreciation from Monserate Chapter. DAR is an organization of women 18 years and older who are a lineal descendant of a patriot active in the Revolutionary War. For more information, contact the chapter registrar at [beres@roadrunner.com](mailto:beres@roadrunner.com). Genealogical assistance is available. Submitted by Monserate Chapter of the Daughters of the American Revolution.

## The Elizabeth Hospice hosts free workshop

ESCONDIDO – The community is invited to “Uprooted by Grief: Planting Seeds of Hope,” a workshop for those looking for guidance and support after the death of a loved one. This free event will be hosted by the grief counseling team of The Elizabeth Hospice Saturday, Jan. 26, from 10 a.m. to noon, at the North Inland Live Well Center, 649 W. Mission Ave., in Escondido. The program is open to all community members, including those who do not have a patient affiliation with The Elizabeth Hospice.

Attendees will learn from a panel of bereaved about their path forward and will participate in activities to enhance their feelings of hopefulness. Children, ages 3-17, are invited to participate in age-appropriate activities that will run concurrently. Space is limited, and registration is required. To reserve a seat, visit <http://bit.ly/EHseeds> by Jan. 18. For more information about the workshop, contact Paula Bunn, bereavement manager, at (760) 796-3726. The Elizabeth Hospice, a

nonprofit health care leader, offers a range of grief support services, including individual counseling, workshops and support groups for children and adults. These services are available in multiple locations across San Diego County and southwest Riverside County. More information about grief support services can be found at [www.elizabethhospice.org](http://www.elizabethhospice.org) or by calling (760) 294-5864. Submitted by The Elizabeth Hospice.

## FWC hosts Mahjong tournament, discussion of U.S. Constitution

FALLBROOK – Fallbrook Women’s Club is sponsoring a Mahjong Tournament fundraiser Friday, Jan. 25, at the Fallbrook Women’s Club clubhouse at 238 W. Mission Road. The doors will open at 11:15 a.m., and play will begin at noon. A \$20 donation includes tournament participation and lunch; the event is open to the public. There will be prizes and drawings for gift baskets. For information and reservations, contact Lee Johnson at (760) 723-8286 or [leejohnson512@gmail.com](mailto:leejohnson512@gmail.com).

Author Don Jans will speak about the U.S. Constitution at the Fallbrook Women’s Club luncheon Tuesday, Feb. 12, at 11 a.m. at the clubhouse at 238 W. Mission Road. The public is welcome to attend. Lunch is \$12. RSVP to Lee Johnson at [leejohnson512@gmail.com](mailto:leejohnson512@gmail.com) or (760) 723-8286 by Feb. 8. Dorothy Roth of the Fallbrook Fire Safe Council was present at the January meeting to receive a \$2,000 donation to the council

from the Fallbrook Women’s Club. The Fallbrook Women’s Club meets at 11 a.m. on the second Tuesday of each month and hosts a variety of fundraising activities to support community organizations and student scholarships, while offering opportunities to learn new skills and make new friends. To learn more about the club, visit the website at [www.fallbrookwomensclub.org](http://www.fallbrookwomensclub.org). Submitted by Fallbrook Women’s Club.

# CALENDAR

**Jan. 26** – 10 a.m. to 12:30 p.m. – Holy Spirit Healing Ministries and Unforgotten Faces are holding an Anniversary Open House, 300 N. Brandon Road, Suite 22, Fallbrook. For more information, call (760) 521-5617 or email [holyspirithealingmin@gmail.com](mailto:holyspirithealingmin@gmail.com).  
**April 27** – 5:30 p.m. – The Boys & Girls Clubs of North County will hold its Forever Young Prom Night dinner and auction at Pala Casino. Ticket prices start at \$185. Visit [www.bgcnorthcounty.org](http://www.bgcnorthcounty.org) for more details.

## Traumatic brain injury and post-traumatic stress disorder seminar at Fallbrook Library

FALLBROOK – A seminar will be held on traumatic brain injury and post-traumatic stress disorder Jan. 31, at 5 p.m. at the Fallbrook Library, 124 S. Mission Road. Experts in the field will be from the Intrepid Spirit

Center at U.S. Marine Corps Base Camp Pendleton, including Clint Pearman, certified brain injury specialist with the Defense Health Agency, and Charmaine Lowe, psychologist. Also speaking will be Michelle Wild, founder and

CEO of Brain Education Strategies Technologies. For more information, call (760) 726-3080. Submitted by Fallbrook Library.



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## Join Silvergate Fallbrook for a Lunch & Learn!

You're invited to learn about the **new rules** of the Veteran Affairs for Long Term Care Pension. Robert Skaggs of the Skaggs Advisory Group will be presenting and informing attendees on the VA “look-back”, wealth limits, 2019 pension limits, and an explanation of “daily living activities.” Don't miss this important presentation!

**Thursday, January 24<sup>th</sup> ♦ 11:00 AM**  
Silvergate Fallbrook Activity Room

Lunch will be served, **RSVP Required - Call Gay at (760) 728 - 8880**

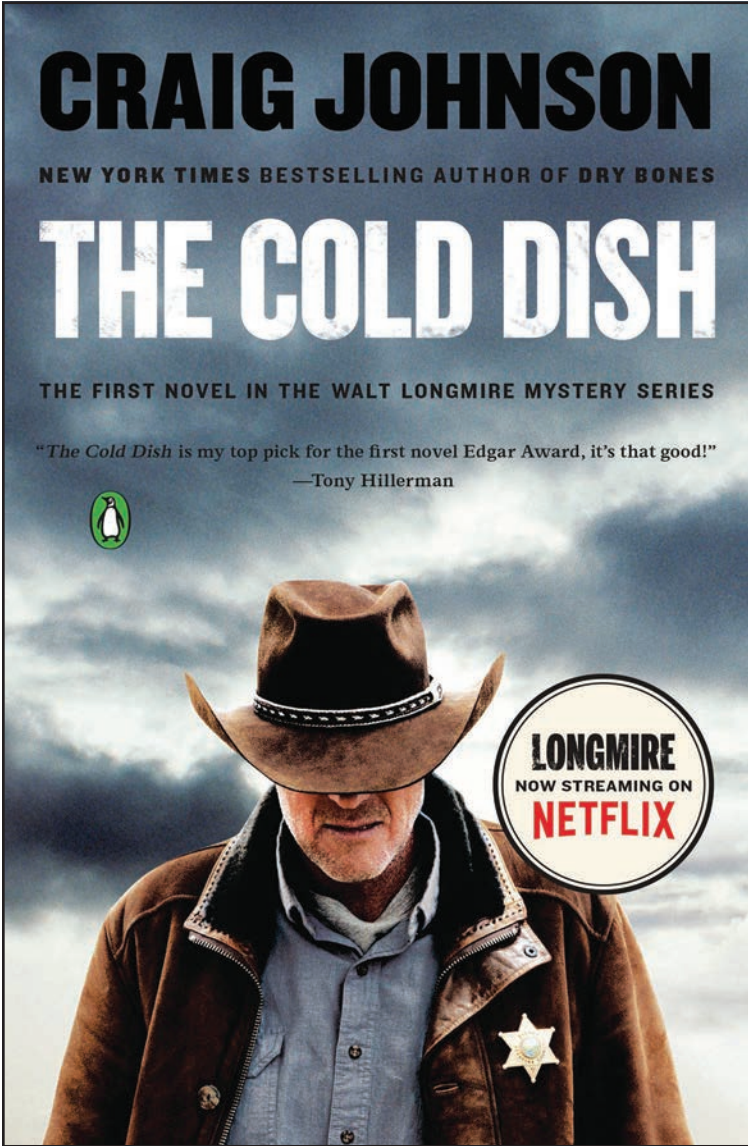
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LOCAL

The Friends of the Fallbrook Library host author Craig Johnson



"The Cold Dish" is by Craig Johnson, who is coming to speak at the Fallbrook Library. Courtesy photos



Best-selling author Craig Johnson, as photographed by Judith Johnson, is speaking at the 2019 Community Read in Fallbrook.

Johnson's novels have received many awards, including: Publishers Weekly's Best Book of the Year, Le Prix du Polar Nouvel Observateur/Bibliobs for the French edition, Wyoming Historical Associations' Book of the Year, Western Writers of America's Spur Award and Library Journal's Best Mystery of the Year. A favorite with libraries, festivals and schools, Johnson talks about the stories behind Longmire, his journey to becoming a writer and the culture of the American frontier. He lives in Ucross, Wyoming, population 25. For the 16th year, the Friends of the Fallbrook Library have selected a notable book to share with Fallbrook, providing the

community with the opportunity to meet the author, ask questions and hear firsthand what is behind creating a best-selling book. Copies of the first book in the Longmire series, "The Cold Dish" can be checked out at the library. Reservations for the 2019 Community Read are required and must be completed by Feb. 11. Tickets are limited. Tickets cost \$35 a person and can be purchased online at <https://foflcommunityread.brownpapertickets.com> or at the Bottom Shelf bookstore, which is to the left of the library's main entrance. Drinks, desserts and other light bites will be served, and there will be a wine bar. The library is located at 124 S. Mission Road. Submitted by Friends of Fallbrook Library.

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FALLBROOK – The Friends of the Fallbrook Library will host an evening with New York Times bestselling author Craig Johnson Saturday, Feb. 16, from 6 to 9 p.m. for its 2019 Community Read. Johnson is the bestselling author of 12 Walt Longmire mystery novels, the basis for the hit Netflix original series, "Longmire," starring Robert Taylor, Lou Diamond Phillips and Katee Sackoff. His Longmire novels have been translated into 14 languages.

Remove this wolf in sheep's clothing



Pennisetum setaceum Courtesy photo is an invasive plant that is similar in appearance to the commonly planted purple fountain grass.

FALLBROOK – It's not the purple fountain grass that is used in landscape designs. The grass pictured is an invasive species that is seen sprouting up all over Fallbrook. Spreading aggressively by seed into natural areas, Pennisetum setaceum is growing in the gutters on Main Street or anywhere the wind, water or a vehicle carries the virulent seeds. It takes over anywhere it is allowed to reach seeding stage and covers an entire area by moving steadily from one yard to the next. Residents are asked to help defeat this plant invasion. A brochure "Don't Plant a Pest," developed by California Invasive Plant Council, is available at the Fallbrook Chamber of Commerce office and at the Fallbrook Library by Fallbrook Land

Submitted by Fallbrook Land Conservancy.

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OPINION

Split Roll?



Assemblymember Marie Waldron  
AD-75 (R)

As most people know, Proposition 13 limits annual property tax increases to a

maximum of 2 percent each year and continues to save California homeowners money ever since it was overwhelmingly passed by voters in 1978. Unfortunately, proposals to weaken Proposition 13 protections are on the table this year. Under the “split roll” proposal, Proposition 13 would remain in place for homeowners but would be eliminated for many commercial properties, allowing their property taxes to increase beyond the 2 percent cap annually based on inflating market values. In reality, it won’t be just business owners who are forced to pay more. Even if “small businesses” are supposedly exempt, the large corporations that own commercial buildings that house local shops, factories, stores and restaurants probably won’t be. Any property

tax increase would be passed onto the leaseholder through rent increases and on to consumers through higher costs for products and services – in other words – to everyone. California gas, sales, income and business taxes are already among the nation’s highest, while the property tax rates are somewhere in the middle. With a \$15 billion state surplus, does the state really need to pick the pockets of consumers and small businesses? Looking for an affordable apartment? Good luck. Split roll will encourage cities to OK commercial developments over lower taxed housing developments. Just starting out in life and looking for a good job? Good luck with that too. Split roll will increase business operating costs and

drive more businesses and jobs out of California. Split roll will harm entrepreneurs, consumers, employees, employers – in short – everybody. Rest assured, along with the Howard Jarvis Taxpayers Association and other taxpayer advocacy groups, I will continue to fight for Proposition 13 to protect the pocketbooks of all Californians. Assembly Republican Leader Marie Waldron, R-Escondido, represents the 75th Assembly District in the California Legislature, which includes the communities of Bonsall, Escondido, Fallbrook, Hidden Meadows, Pala, Palomar Mountain, Pauma Valley, Rainbow, San Marcos, Temecula, Valley Center and Vista.

LION  
from page A-1

could be doable and is more cost efficient, along with making the I-15 Temecula Creek interchange more functional. Those are our two main goals right now.” A study published in May 2017 in the online journal Royal Society Open Science described the need for the animals to have the freedom to travel. “Without the benefits of immigration, genetic drift and breeding among closely related individuals can lead to an accumulation of deleterious alleles and inbreeding depression, reducing population fitness and increasing extinction risk,” the study said. “Immigration benefits populations primarily by increasing heterozygosity and allelic richness, both of which are critical for population persistence.” The concern is that without continued genetic diversity, the overall health of the mountain lion population in Southern California will diminish, resulting in inevitable extinction. The study, written by Kyle D. Gustafson, T. Winston Vickers, Walter M. Boyce and Holly B. Ernest, indicated that over the previous 15 years, only seven mountain lions had crossed over I-15, four from west to east and three from east to west. “However, only a single migrant (named M86) was detected to have produced offspring and contribute to gene flow across the I-15 barrier,” the study said. “Prior to the M86 migration, the Santa Ana population exhibited inbreeding and had significantly lower genetic diversity than the Eastern

Peninsular Range population. After M86 emigrated, he sired 11 offspring with Santa Ana females, decreasing inbreeding measures and raising heterozygosity to levels similar to pumas in the Eastern Peninsular Range.” That lion, researchers said, single handedly improved the overall health of the species in the area and underlined the need to create more pathways for them to roam since the animals have a range of 150 to 200 square miles. While mountain lions aren’t a threatened species – there are an estimated 6,000 mountain lions in California – they are classified as a “specially protected species” by the California Department of Fish and Wildlife. And many believe that without improved pathways and a slowing of development in the area, they could be threatened very soon. This time last year, conservation groups sued the city of Temecula after the city council approved a high-density mixed-use development for the foothills west of Old Town. “The city council’s Altair approval ignored scientists’ warnings that developing the South Parcel will severely limit mountain lion movement in Southern California,” J.P. Rose, an attorney at the Center for Biological Diversity, said in a news release. “It’s deeply disturbing that the city refused to make reasonable modifications to the development to avoid damaging a critical corridor for these iconic predators.” The lawsuit, filed in Riverside County Superior Court, claimed that part of the development “sits on the 55-acre ‘South Parcel’ – the only passage left for wildlife to

move between coastal and inland mountains through the Santa Margarita River, Temecula Creek and the Santa Margarita Ecological Reserve, which are adjacent to the project.” The project is on hold until the legal matter is resolved, and Rose said they were scheduled for a conference with the judge to set a briefing schedule earlier this week. “We may be setting a hearing date,” he said. “But right now, we don’t have a clear timeframe on when the lawsuit is going to be resolved at this point.” Ecological advocates also contend that an existing underpass wildlife crossing where the Temecula Creek crosses I-15 is often inhabited by homeless encampments and other visible signs of human activity, which are deterrents for the animals using the crossing. “We have to continue working on eliminating the human impact as best we can,” Nelson said. “That would include the traffic noise and graffiti which is a big problem. At night is when the animals feel it

might be safest to cross through, but they won’t do it with the music and lights and the homeless issue down there.” Nelson said because the passthrough is on city property, she is working to get the city to patrol the area better and eliminate as much of the human footprint as possible. “We would really like a better response from the city,” she said. “We would like to get a better presence from the sheriffs to get down there on a more regular basis, which would really help a lot.” She said the coalition is working on forming a volunteer group to monitor and document the condition and goings-on in and around the pathway. “The best we can do is form monitoring teams that would go down there and notate vegetation, graffiti and wildlife tracks,” she said. “We just have to make sure its safe enough for them to be down there.” Jeff Pack can be reached at jpack@reedermedia.com.

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# Fallbrook Pregnancy Resource Center to hold Love Life fundraiser



David Scotton is the guest speaker for the Love Life fundraiser.

FALLBROOK – Fallbrook Pregnancy Resource Center will host their 14th annual “Love Life” event 7 p.m., Saturday, Feb. 16, at SonRise Christian Fellowship, 463 S Stagecoach Lane, in Fallbrook. Though a dinner is a tradition for the center, this year’s fundraiser allows for up to 600 guests.

The event speaker, David Scotton, was placed for adoption in Louisiana after his mother left an Indiana abortion clinic in 1993. When he was 19 years old, Scotton embarked on a journey to find his biological family to thank them for his life. His story is the subject of the documentary, “I Lived on Parker Avenue.”

Scotton is now a second-year law student at the Paul M. Hebert Law Center in Baton Rouge, Louisiana. His adopted mother Susan Scotton will attend “Love Life.” Mike Slater of 760 KFMB-AM will return as master of ceremonies, and music will be provided by Jasmine Commerce and Rheanna Downey.

“Love Life” is free to all. FPRC will host a catered VIP pre-event for underwriters, sponsors and their guests from 6-6:45 p.m. before the 7 p.m. program. VIP guests will enjoy hors d’oeuvres and meet the speakers, musicians and special guests. VIP tickets are available for a \$50 per

person donation.

Guests not attending the VIP event may desire preferred or reserved seating available for a \$10 per person donation. All remaining seats are free and open at 6:30 p.m. on a first come, first served basis. Because this event is a fundraiser for FPRC, guests will have the opportunity to provide a donation at the event. Underwriting is appreciated.

FPRC said they expect a full house so those interested in attending should make their reservations early by calling the center at (760) 728-4105, ext. 10, or email Carolyn at carolyn@fallbrookprc.com. Registration forms are available at www.fprcforlife.com/Events/Love-Life-Fundraiser.

*Submitted by Fallbrook Pregnancy Resource Center.*

Rheanna Downey will perform at the Love Life fundraiser at SonRise Christian Fellowship.

Courtesy photos



Jasmine Commerce will be one of the entertainers for the Love Life fundraiser.

## STUDENTS

from page A-1

middle of a weld, in the middle of the machining project,” Bagnell said. ““Oh, you need help with that, all right, I got you.’ He’s one of the best mentors I’ve ever seen in our program and that’s what brings our program up and makes it one of the best in the state of California.”

Bagnell said Marrufo one day hopes to become a teacher in a program similar to the one he’s involved in now.

“I want to start off by thanking

all the sponsors and organizations that are part of this Student of the Month program, I’m just really lucky I have this opportunity,” Marrufo said. “My goals after high school is to get more experience in the metal trade, so that way, after 10 years in the industry, I can pass off the trade to students like me that way they can start off in a good route.”

McBroom was nominated and introduced by Lisa Tagle-Nava and Alana Milton, and they were joined by social studies teacher Bryan Romanelli.

“One of my favorite traits that I admire in Jake is his willingness

to work really hard,” Tagle-Nava said. “He just doesn’t back down from a challenge.”

Romanelli spoke about McBroom’s leadership qualities.

“If you really want to talk about leadership and really want to talk about a person that is dedicated,” Romanelli said, who also coaches football at the school. “We did have kind of a rough record the last couple of years. But Jake didn’t get frustrated, he was keeping the players and the coaches motivated, and he’d always have a smile.”

McBroom thanked the committee and the board for hosting the event.

“It really means a lot that you guys go out of your way and do the funding to put this event on for us because it shows that our hard work is taken seriously,” he said. “After high school, I just got accepted into Boise State University. I will be majoring in kinesiology with the intent to pursue a career in the medical field with athletics.”

Nominated by Milton, Stehle is new to Fallbrook High School as a child of a military family who moved to the town from Korea.

“She had leadership experience from her last school and Tony (Morrow) called and said ‘Hey, I know your class is full, but I have this really awesome student and I think she would be really great

in your program,’” Milton said. “Faith joined our class last fall, and she took on so many leadership roles right away. She volunteered for homecoming; she helped me run the homecoming ceremony. She just took on that leadership role right away and exceeded all expectations.”

Milton said Stehle’s service project is putting on a special prom for students with special needs.

“She’s fundraising for it, getting all of the vendors, taking all of it on,” Milton said. “I’m really proud of you. You’re awesome; you deserve this.”

Stehle thanked her family and the committee for putting on the event and Milton for welcoming her into the class.

“Coming from Korea with the school being only 500 students to coming here and it’s close to 2,000, I was terrified and felt like I wouldn’t find my place,” Stehle said. “But, Miss Milton, you gave me that place. It’s a class that I’m able to be myself and not have the feeling of being judged; it’s that ‘home’ feeling.”

She will be attending Northern Arizona University in the fall and will major in special education.

Ivy High School’s Greg Keener nominated Munoz, and Principal Dr. Narciso Iglesias talked first.

“Ivy is a transformation school,” Iglesias said. “Students

do transform and students get a sense of redemption.

“When I look at Maira and I look at that transformation. I will say this, she has a quiet disposition but she has strong leadership traits. She may not call it a redemption, but I do,” Iglesias said.

Iglesias also told the audience about Munoz taking on the challenge of creating a yearbook for the school.

“She’s come to embody all the qualities that we look for in an Ivy High School student,” Keener said. “If there’s ever anything to be done, she’s the first one to step up and volunteer. She alone has been working on the yearbook, the entirety of the yearbook.

“I just want to say that your journey has already been a tremendous success and I have no doubt that it will continue to be so,” Keener said.

Munoz also thanked the committee and sponsors for the event.

“I want to thank my mom and my teachers and Dr. Iglesias for being a really great principal, and Mr. Keener for being such a great teacher,” Munoz said. “If it wasn’t for the teachers ... for them being super helpful for us and always being there for us. No matter what we need, they’re always there. It just shows that they care.”

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## TRIAL

from page A-1

wife, Summer, 43, and their two children, Gianni, 4, and Joseph Jr., 3, in February 2010 and burying their bodies in a San Bernardino desert.

Merritt pleaded “not guilty” to four murder counts, and prosecutors are seeking the death penalty in the case that could last between three and four months.

Daugherty told the jury of eight women, four men and six alternates hearing the case that Merritt was driven by greed in the killing.

“We can’t answer all the questions. We can answer the who,” Daugherty said. “He was ripping off his best friend and got caught. We can tell you the evidence has shown the only person in this case ... that man right there.”

Defense attorney James McGee said the prosecution’s case is based in confirmation bias.

“That’s when you look for the facts you want and look for the facts that support it,” McGee told the jury. “And that’s what this whole investigation is. ‘We want Chase Merritt, so let’s just twist our necks, do gymnastics with logic and figure how do we build a case against him.’”

He asked the jury to keep an open mind.

“Don’t believe everything you hear from a witness until we get to cross, because the picture looks a lot different when you actually get to have a little light shined on what they’re trying to sell you,”

Defense attorney Rajan Maline presented another theory in the case, pointing to another person, Daniel Kavanaugh, as a prime suspect who they said was ignored by investigators.

Maline said Kavanaugh designed and provided search engine optimization services for the Earth Inspired Products website but was bitter after McStay and Merritt cut him out of the business.

Day two of the trial saw the testimony of Joseph McStay’s mother, Susan Blake, who talked about that day in November 2013, when her son, Mike, told her that the remains of her son and his family had been discovered in two shallow graves located north of Victorville.

“The hardest thing my son had to do was tell me they found them in the desert,” Blake said. “And he met with a sheriff or someone and that they were dead, and, I didn’t believe it or didn’t want to believe it.”

She said though she couldn’t go right away to the spot where her son’s family was discovered, she visited the site six months after she was first notified of the location.

“Me and my friend went to see the four crosses, and it just

dropped me to my knees,” she said in tears. “Because it just shouldn’t be. It just shouldn’t be. It’s just such a shock to see that. I will never go back to that spot.”

Joseph’s brother, Michael McStay took the stand next and told the jury that his brother gave him \$2,000 to start a business.

“When I showed up to O.C. Tavern for lunch, there was an envelope sitting on the counter and he said, ‘you’re going to be my best investment ever,’” Michael said.

When asked if he always looked up to his older brother, Michael broke down.

“Yes sir,” he said.

When asked why, he said, “Because, he was worth it.”

Michael testified over the course of two days. He said that he went to the family’s home with Merritt in the days after the family went missing but could not recall if Merritt entered the residence or not. He said that Merritt told him that he was hesitant to go inside the house because he had a criminal record.

A former neighbor of the family on Avocado Vista Lane, Jennifer Mitchley, testified Wednesday, Jan. 9. She told the jury that San Diego County investigators asked her to review a hard drive, but she said a problem with the system kept it from recording any videos from Feb. 5 to Feb. 14.

Prosecutors showed a rough

video from Feb. 4 pulled from Mitchley’s available recordings and told jurors that it was Merritt’s truck in the video. The defense team insisted that the vehicle’s headlights in the video don’t match the make and model of Merritt’s truck.

Private security officers Bruce Carter and David Jackson, San

Diego County Department of Animal Services officer Kathleen Conwell and San Diego County Sheriff’s Department’s patrol Sgt. Michael Tingley also testified over the next two days.

Testimony was expected resume this week, after press deadline.

Jeff Pack can be reached by email at [jpack@reedermedia.com](mailto:jpack@reedermedia.com).

## PERMIT

from page A-1

direct county staff to provide a report on the program’s results during fiscal year 2023-24.

“Anything we can do to make housing more affordable is a great thing for San Diego County,” said Supervisor Jim Desmond.

“This is a five-year pilot project,” said Supervisor Dianne Jacob. “This is a huge opportunity for the potential of thousands of accessory dwelling units.”

The Board of Supervisors updated the county’s general plan in August 2011, and that update included principles to place development in the most appropriate areas such as near town or village centers and transportation corridors. The density calculations were based on the expected increase in population for unincorporated San Diego County, so projects

with densities lower than the general plan stipulates decrease the amount of available housing and create a shortfall which tends to be not at the expense of luxury homes but at the expense of more affordable housing.

In April 2018 the county supervisors directed the county’s chief administrative officer to investigate options to promote the expedient building of homes in unincorporated San Diego County and the closing of the housing gap through incentive programs and/or regulatory relief.

County staff provided 19 potential options and, in October 2018, the Board of Supervisors voted to receive the report and find the preliminary planning actions exempt from California Environmental Quality Review. Separate votes were taken on moving forward with specific recommendations which required Board of Supervisors action.

One of those recommendations, which was advanced to the next step on a 5-0 vote, addressed accessory dwelling units and directed county staff to prepare plans and implement programs to reduce permitting time and costs by providing pre-approved plans to property owners and expediting the plan check review process and to develop a program for future Board of Supervisors consideration which would waive development impact fee costs for a five-year trial period.

The vote also directed staff to prepare an ordinance to create a Junior Accessory Dwelling Unit category for additional units derived by converting existing space and which do not require additional parking, and to monitor the results of other jurisdictions’ pilot programs to encourage accessory dwelling unit construction by providing a grant or loan to the property owner in exchange for renting the additional dwelling unit at an affordable rate through a deed restriction or other similar mechanism.

The ordinance for a Junior Accessory Dwelling Unit classification will require California Environmental Quality Act review and a hearing of the county’s Planning Commission before such a change is brought to the Board of Supervisors. The waiver of the permit fees does not involve a zoning change and could be brought directly to the Board of Supervisors.

“This is the easiest and quickest way to get there,” Jacob said.

An accessory dwelling unit is sometimes called a granny flat because such structures or portions of houses are frequently occupied by family members of the primary dwelling unit. State legislation passed in 2017 relaxed requirements for accessory dwelling units including the elimination of minimum lot sizes and required setbacks.

The supervisors’ action will waive Transportation Impact Fee, Park Land Dedication Ordinance fee, drainage fee, building permit fee, and on-site wastewater system permit fee payments for accessory dwelling units.

“This is big for San Diego County,” Desmond said.

Desmond noted that San Diego County workers have been commuting from further distances due to the lack of affordable housing. “It hopefully helps people and families,” he said of the fee waiver.

“This will act as an incentive for these property owners to do more with their land,” said Supervisor Dianne Jacob.

Jacob noted that unincorporated San Diego County currently has approximately 120,000 dwelling units and approximately 10,000 vacant parcels on which a residence can be built. “It’s not going to happen on all of them, but there is a pool there,” she said.

During fiscal year 2017-18 the county processed 97 permits for accessory dwelling units. The county anticipates that the fee waiver will increase the annual number of permits processed to 150, which equates to a \$2,200,000 annual cost of the permit waivers.



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1560 VISTA DEL LAGO, FALLBROOK

2,876 sq ft home with 3 bedrooms and 2.5 baths. 3.5 acres boasts a very active well with income producing avocado grove. Seller has done extensive remodeling throughout and has added seller owned solar. Huge energy efficient windows showcase views to the Santa Margarita River Valley. Home is also suitable for horses and enjoys immediate access to the Santa Margarita trail system.

**Seller will entertain offers between \$775,000 & \$850,000**

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& BARN



10222 PASO DE FLORA, ESCONDIDO

2,298 sq ft single story, 3BD, 2BA with 2 car garage nestled down a country lane on 2.25 level acres. Property has a 1,600 sq ft barn with concrete floor. Property has grandfathered well. Inside the home you will enjoy, granite counters in the kitchen, newer appliances, vaulted exposed wood ceilings in most rooms. Architectural features throughout. Views to the west and beautiful sunsets over the Pacific daily.

**Seller will entertain offers between \$625,000 & \$700,000**

NEW  
LISTING



3447 LAKETREE DRIVE, FALLBROOK

This country charmer backs up to the Monserate Winery and is sure to go up in value once the tasting room and restaurant are built. All the romance of owning your own vineyard without the cost, headaches or farmer's hours. This 2,799 sq ft. 3BD, 3.5BA custom built home lives like a single story with a guest suite on the 2nd floor. Master suites on both 1st & 2nd floor. Buy a home that will be easy to update over time or all at once. Charm never goes out of style.

**Seller will entertain offers between \$575,000 & \$650,000**

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1830 FUERTE STREET, FALLBROOK

1,893 sq ft, 3 bedroom, 2 bath, single story custom home with oversized 2+ car garage. Home sits on a .99 lush acre with colorful mature water tolerant landscape and is accessed by the circular drive. Home enjoys many upgrades throughout including new granite counters, custom cabinets, new stainless appliances, HVAC, 2 hot water heaters, and much more. Home is turn key ready!

**Seller will entertain offers between \$570,000 & \$640,000**

NEW  
LISTING



901 PEPPER TREE LANE, FALLBROOK

1,819 sq ft custom built single story home with 2 bedrooms, 2.5 baths and a wood burning fireplace. Home sits on .78 acres with oversized 2 car garage. Single owner home is last property on the lane with no HOA. View deck on back of the home has outdoor kitchen hook-ups and also enjoys afternoon breeze and beautiful sunsets. Perfect for 1st time home owner or easy care investment rental.

**Seller will entertain offers between \$475,000 & \$550,000**

COMING  
IN FEBRUARY



1352 VIA FELIZ, FALLBROOK

2,500 sq ft 3BD, 3BA with 2 car garage, carport and work shop is on sewer and situated at the end of a quiet cul-de-sac on .5 acre. This historic early Fallbrook home was built in 1887. Veranda porch on 3 sides of the home, 12' ceilings, original hardwood floors, 2 ornate wood burning pot belly stoves, 2 claw foot tubs, spacious rooms, new roof, newer HVAC, new hot water heater, pool, room to garden and more.

**Seller will entertain offers between \$650,000 & \$725,000**

COMING  
IN FEBRUARY



2532 DE LUZ HEIGHTS, FALLBROOK

40+ acre property with well maintained 2,076 sq ft single story 3 bedroom, 2 bath home and oversized 3 car garage. Property is private, secluded and is excellent for farming protea, vineyard, cash crops, livestock, and more. Property is gentle, usable and is elevated to enjoy ocean breezes with a peak of the ocean. Home sits well off De Luz Heights Road and doesn't share a drive.

**Seller will entertain offers between \$625,000 & \$700,000**

COMING  
IN FEBRUARY



1718 WOODLARK LANE, FALLBROOK

1,367 sq ft 2 bedroom, 2 bath single story detached condo with oversized 1 car garage. Home has been upgraded with new granite counters throughout, new flooring in the kitchen and living areas. Vaulted ceilings, LED flush can lighting and a warm and inviting fireplace makes this an amazing place to call home. Home also enjoys courtyard entry and elevated views from the very lush and private patio backyard.

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BUSINESS

Bonsall Chamber installs officers



The 2019 Bonsall Chamber of Commerce board; from left, Vice President Lyssa Flaherty, Michael Botello photos President Jack Flaherty, Director Allison Abbott, Treasurer Peter Alexakis and former President Bud Coale.



Bonsall Chamber of Commerce member and organizer of the event, Ruthie Harris, shows off a new "I Love Bonsall" license plate frame, which was one of the evening's raffle prizes.



From left, San Diego County Supervisor Jim Desmond, Bonsall Chamber Treasurer Peter Alexakis and Joe Beyer engage in conversation before the 2019 chamber board installation, Jan. 9 at Vista Valley Country Club.



Fallbrook Honorary Mayor Lido Favela and Bonsall Chamber of Commerce member Henry Favela converse with San Diego North County Fire Protection District Chief Stephen Abbott.

Northridge earthquake remembered

SACRAMENTO – This week marks the 25th anniversary of one of the costliest natural disasters in U.S. history, the magnitude 6.7 earthquake that struck Jan. 17, 1994, in an urban area just 20 miles northwest of Los Angeles.

The quake destroyed or severely damaged thousands of single-family homes, apartments and mobile homes, displacing about 22,000 people from their homes and causing residential damage estimated at more than \$20 billion – the equivalent of

nearly \$35 billion today – about half of which was insured.

“Many of the hardest-hit areas became known as ‘ghost towns’ when residents abandoned entire neighborhoods because building owners could not afford the cost to rebuild,” Glenn Pomeroy, CEO of California Earthquake Authority, said. “We need to double down on our commitment to earthquake resilience to ensure the ghost towns never return.”

Today, the area affected by the Northridge earthquake is home to about 2.6 million homes that were built before 1980, when seismic building codes were put in place statewide. During past earthquakes, such as the Northridge quake, older homes that were not retrofitted have performed poorly – suffering significantly more damage than retrofitted or newer ones.

If the Northridge earthquake were to recur, CEA estimated that more than half of its policyholders who felt strong shaking could be prompted to file claims and that covered claims could add up to more than \$6 billion, which is well within CEA’s claim-paying capacity. Only about 13 percent of

Californians who have residential insurance also have earthquake insurance. As a result, if a Northridge-magnitude earthquake were to strike somewhere in California again, which scientists said is a near certainty within the next 30 years, many Californians could be on their own to pay to repair or rebuild their houses, replace their belongings and live elsewhere until important repairs were completed.

“If our housing stock remains so vulnerable to earthquake damage, it’s not just individual homeowners and renters who could be affected,” Pomeroy said. “Entire communities could suffer from dramatic impacts that cause housing shortages, which are already a problem in California, to skyrocket to levels far beyond those previously seen in our state.”

California faced a different kind of financial crisis after the Northridge earthquake, when insurers discovered they had underestimated the costs associated with a major seismic event. Many insurers no longer wanted to offer earthquake coverage, and because California law required that residential insurers offer earthquake insurance when selling residential policies, these

insurers chose to abandon the market altogether. By 1995, the companies representing nearly 95 percent of the California residential insurance market had either restricted or stopped offering homeowners policies. Unavailability of home insurance meant that potential purchasers of homes could not get the homeowners insurance required to take out a mortgage, which sent the California housing market into a tailspin.

To solve that crisis, the California Legislature created the CEA, which opened for business in 1996 as a not-for-profit provider of residential earthquake insurance.

CEA now offers more residential earthquake coverage choices, deductible options and affordable rates. Changes in CEA earthquake insurance that started in 2016 helped prompt record policy sales, and in late 2017, CEA surged past the 1 million mark in total policies in force for the first time.


In 2013, CEA created the Earthquake Brace and Bolt program, which offers grants of up to \$3,000 to help cover the cost of bracing and bolting raised foundations beneath older houses. To date, more than 7,000 older houses in high-hazard ZIP codes statewide have been retrofitted through the EBB program. Additional qualifying ZIP codes are added each year, as EBB funding allows, to help more owners of older houses, regardless of whether they have a CEA policy. CEA policyholders who properly retrofit their eligible older houses can get a premium discount of up to 20 percent.

“We’re committed to helping our fellow Californians protect their finances from the costly repairs caused by damaging earthquakes,” Pomeroy said. “We’re also working really hard to find additional funding needed to help more Californians retrofit their older homes before the next damaging earthquake strikes.”

To learn more about earthquake insurance, seismic retrofitting and other ways to prepare a home for earthquakes, visit [www.EarthquakeAuthority.com](http://www.EarthquakeAuthority.com). For more information about the Northridge earthquake and to see images of the damage it caused, watch CEA’s video about it on YouTube.

Submitted by California Earthquake Authority.


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Palmer departs health district position

FALLBROOK – Fallbrook Regional Health District announced the departure of CEO Bobbi A. Palmer, who has served in the district's leadership role since December 2015. Palmer left the district following two major district milestones: the sale of the former hospital campus and the acquisition of property on East Mission Road which will house the future district wellness center. Her separation is occurring a year into her multi-year employment agreement. Under the terms of the arrangement, which took formal effect Jan. 7, Palmer will receive her contractual severance, and the parties will each receive other considerations.

“The board appreciates Bobbi's leadership following the closure of Fallbrook Hospital, her efforts to raise the profile of the district within the community, and her vision for the creation of a future district wellness center,” Howard Salmon, the newly appointed FRHD board president, said. “Elements of her vision will continue as that property is developed into a hub of activity for our community. We wish her the best in her future endeavors.” The board began the search for a successor immediately after the separation. Submitted by Fallbrook Regional Health District.

NCFPD is holding a Volunteer Firefighter Academy

FALLBROOK – North County Fire Protection District is providing a new hire Volunteer Firefighter Academy. This academy has been designed to help prepare its new volunteer firefighters to serve their community. The training started Jan. 13 and continues Jan. 27, Feb. 2-3 and March 16, at Pala Training Tower, 34884 Lilac Extension Road, in Pala, and Feb. 9, at North County Fire Station 1. The training will be covering personal protective equipment, ladder operations, nozzles,

appliances, hose operations, fire chemistry, power equipment, rescue techniques, firefighter safety, search and rescue, communications, emergency medicine, CPR, auto extrication and many more skills that are required to mitigate any emergency to which a firefighter is expected to respond. Each day starts at 9 a.m. and concludes at 5 p.m. The education also includes lectures and hands-on manipulative training. Submitted by North County Fire Protection District.



EDUCATION

D’Vine Path accepts applications for viticulture, hospitality program

FALLBROOK – D’Vine Path, a program that serves adults with autism, developmental delays and learning disabilities, is now accepting applications for Session I of their Viticulture and Hospitality Vocational Program. Students will meet at Batali Ranch in Bonsall from Feb. 5 through May 28, on Tuesdays and Thursdays from 9 a.m. to noon. Applications will be accepted through Friday, Jan. 25. Space is limited for the program which features a variety of guest speakers and professional

viticulturists. Participants will receive specialized training in viticulture, vineyard management, agriculture and hospitality and customer service.

After completion of Sessions I and II, students will be eligible to receive supported employment opportunities at local businesses. D’Vine Path is seeking volunteers and donations of laptop computers for participants. To download the application and for more information, visit [www.dvinepath.org](http://www.dvinepath.org).

[top] Brent Batali and Joel Anderson, front, harvest grapes at Batali Ranch in Bonsall.

[bottom] Joel Anderson, left, and Brent Batali harvest grapes at Batali Ranch, home of the D’Vine Path program for adults with autism, developmental delays and learning disabilities.

Courtesy photos



California Senate Fellows program now accepting applications



California Senate Fellows program provides college graduates an opportunity to become full-time Senate staff members at the State Capitol in Sacramento for 11 months.

Courtesy photo

SACRAMENTO – Applications for the 2019-2020 California Senate Fellows program are being accepted until Monday, Feb. 11, at 5 p.m. The program provides college graduates an opportunity to become full-time Senate staff members at the State Capitol in Sacramento for 11 months beginning in October 2019. Fellows are assigned to the personal or committee staff of a senator and also participate in academic seminars with senators, senior staff, journalists, lobbyists and state government officials. The fellowship program is jointly sponsored by the California State Senate and the Center for California Studies at California State University Sacramento.

Fellows are paid a stipend of \$2,698 per month plus health, vision and dental benefits. They

earn six units of graduate credit from the Sacramento State Political Science Department.

“When you are trying to get your foot in the door, one of the best ways to gain knowledge of the legislative process is working as a fellow,” California state Sen. Brian Jones said. “The fellowships provide an extraordinary opportunity to build network, make a difference in the Legislature and learn new skills.”

Former Senate Fellows include current members of Congress and the California Legislature, judges and numerous other elected officials and community leaders.

Responsibilities include helping develop legislative proposals, researching and analyzing bills, responding to constituent inquiries, writing press releases and speeches and performing other delegated tasks.

Anyone who will be at least 20 years of age and a graduate of a four-year college or university and meets the GPA qualification by Sept. 1, is eligible to apply. There is no preferred major. Individuals with advanced degrees and those in mid-career are encouraged to apply.

For more information, or to apply, visit the Senate Fellows website at [www.csus.edu/calst/serve](http://www.csus.edu/calst/serve) or call (916) 278-6906.

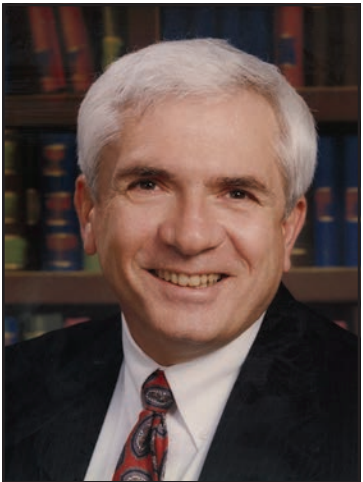
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OBITUARIES



It is with great sorrow that we announce the passing of **William (“Bill”) E. Diedrich, Ph.D.** on December 16, 2018 from a stroke. He passed away peacefully with his family by his side.

Born on March 3, 1938 in Bridgeport, Connecticut, Bill is survived by four children: Susan Diedrich, William (Michelle) Diedrich, Catherine (Marius) Katilius and Ann Benson. He is also survived by nine grandchildren: Aiden Diedrich, Lilly Diedrich, Maxine Miller, Michelle Willing, Daniel Raad, Jessica Raad, Alyte

Katilius, Kristina Katilius and Lukas Katilius.

He was predeceased by wives A. Maxine (Goodwin) Diedrich in 1982, and Cecilia (Armstrong) Diedrich in 2018.

Bill and Maxine were high school sweethearts and married soon after graduation at the age of 19. Bill obtained his bachelor’s degree from California State University, Los Angeles in 1961. Bill was then drafted into the US Army and served for two years, followed by two years in the US Army reserves.

Once he was honorably discharged, Bill began a 50-year career in public education. He taught every grade in public school, as well as undergraduate and graduate college courses. He obtained his master’s degree from California State University, Long Beach and his Ph.D. from University of Michigan.

Bill then became superintendent of schools in Grayling, Michigan, followed by Fallbrook, California. He retired from Palm Springs Unified School District in 2003 after serving as superintendent for 12 years.

Bill was blessed to have had two

wonderful wives in his life. Bill’s wife Maxine passed away after a lengthy illness in 1982 after more than 25 years of marriage. In 1983, Bill married Cecilia and had 35 great years with her until her death in the summer of 2018.

Bill often said he had been fortunate to lead such a wonderful life. Some of the highlights include flying airplanes, scuba diving, traveling the world, meeting presidents and dignitaries of all sorts.

Bill felt blessed to have worked with such dedicated people who shared his warm love for children. Most important to Bill was his family. The accomplishments of his children and grandchildren filled him with pride.

There will be a Celebration of Life ceremony on January 26, 2019 at 12:00 p.m. at The Church of St. Paul in the Desert, 125 West El Alameda, Palm Springs, CA 92262. In lieu of flowers, please donate to your favorite charity. If you do not have a favorite charity, the family suggests Shriners Hospitals for Children.

Entrusted to the care of Wiefels Funeral Directors, Palm Springs.



**Barbara Loraine Lemke Borden**, age 87, died peacefully Dec. 27, 2018, in Temecula, following a short illness.

She was born in Orange, April 26, 1931, to Robert and Emma (Paulus) Lemke. Barbara was the youngest of their six children; she is preceded in death by her siblings, Elmer Lemke, Irene Maglio, Viola Crane, Clarence Lemke and Velma Burd.

Barbara grew up in the small town of Olive and graduated from Orange High School in 1949. She was very active in a variety of sports, including basketball,

hockey, tennis and baseball.

She met the love of her life, Aaron Paul Borden, at the home of friends, Bob and Joy Blaylock, Oct. 15, 1956. Barbara and Paul were married at St. Paul’s Lutheran Church in Olive, April 27, 1957. They were happily married for 61 years.

Barbara had a career in banking while she and Paul lived in Olive. They moved to Fallbrook, in 1968. Barbara and Paul loved to entertain friends and family by their pool.

Barbara was a faithful and longtime member of Zion Lutheran Church in Fallbrook, where she served as treasurer for many years. She sang in the church choir. Her work in the church was important to her.

Barbara is survived by her husband, Paul Borden, and stepson Chris Borden, along with several nieces, nephews and extended family.

Memorial gifts may be given to Zion Lutheran Church Building Fund.

Service will be held at Zion Lutheran Church in Fallbrook, Jan. 18, at 11 a.m.

Interment will be at Miramar National Cemetery.



**Vernon Bradley “Brad” Bennett**, age 94, passed away Friday, Nov. 23, 2018, at Silvergate Retirement Home in Fallbrook.

Born 1924 to Dr. and Mrs. E.B. Bennett, Brad was the eldest of three children. Brad is survived by his wife, Lini; daughters Sandy, Teri Evelyn, Maura; son Kevin; grandchildren Elizabeth and Garrett as well as his brother Jerry and wife Phoebe.

After graduating from Glendale High School he went to Notre Dame University. He joined the Navy in 1941, fought in World War

II and served in the reserve for 30 years. He did graduate from Notre Dame University and always kept them as his favorite team.

Brad was a teacher and coach at West Covina High School and was one of the original faculty teachers. He coached gymnastics and cross country. Brad and his wife moved to Fallbrook in 1992. He was known for donating limes to local businesses.

He was buried with honors at the Miramar National Cemetery Dec. 4, 2018. For more, visit [www.berry-bellandhall.com](http://www.berry-bellandhall.com).



Jan. 14, 2019. Elaine was preceded in death by her husband, Blair E. Fountain, and her daughter, Lee Ann Fountain. She is survived by her daughter, Teresa; her three sons, Blair, Scott, and Drew; 12 grandchildren and six great-grandchildren.

Elaine lived a wonderful life. She had lived in Fallbrook since 1970, worked as a bookkeeper at the Fallbrook Convalescent Hospital for nearly 30 years, was an avid tennis player and loved golfing and being with her family. She created her legacy of love for her family.

Private services will be held. Berry-Bell and Hall Mortuary is handling arrangements.

**John F. Daniels** was born in Boston in July 1940 and died Nov. 17, 2018, after a long battle with cancer.

He served in the U.S. Navy during the Vietnam War and lived in Carlsbad and Fallbrook. John’s ashes will be scattered at sea on a naval ship off the coast of San Diego.

A Celebration of Life will be held at the Garden Center Cafe, 1625 S. Mission Road, in Fallbrook Saturday, Jan. 26, from 2-4 p.m. to honor John, who enjoyed sharing his knowledge of history and giving gifts to friends and strangers.



**Doris Moore** passed away December 23, 2018 in Peoria, Arizona. Doris was born in England and came to the United States as a war bride after meeting and marrying the love of her life, Francis Nadeau.

Doris’ survivors are her children, Raymond Nadeau, Mary Wells, Suzanne Kennedy, Francis Nadeau, Lucie Sanders and Joel Nadeau and her stepson, Jay Moore.

Doris will be laid to rest on February 18 in the Live Oak Cemetery in Monrovia next to husband Francis who preceded her in death in 1969. Family only will attend the burial. Donations in her honor can be made to the United States Humane Society.

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Rotary honors Maie Ellis students



Participating in the Rotary’s Students of the Month ceremony are, from left, Dr. Alex Gonzalez, Cynthia Mills, Austin Brydon and Rotarian Tony O’Brien.

FALLBROOK – Maie Ellis Elementary School Principal Dr. Alex Gonzalez presented Students of the Month to the Rotary Club of Fallbrook at a recent weekly luncheon.

Austin Brydon is a second-grade student who attends a dual immersion school in English and Spanish. Austin shared how pleased he was to be able to speak, listen and write in Spanish.

Cynthia Mills is a sixth-grade student. She said she uses all the habits of effective people but the one most important to her is to

“begin with the end in mind.” One of her goals is to be a baby sitter. She has a fellow student as an accountability partner who helps her remember and to achieve her goal.

The Student of the Month program is part of an ongoing effort by the Rotary Club of Fallbrook to encourage and reward student excellence and achievement. For more information, visit [www.fallbrookrotary.org](http://www.fallbrookrotary.org).

Submitted by Rotary Club of Fallbrook.

CalRTA to host event for working teachers

FALLBROOK – California Retired Teachers Association, Area XI, Division 81, Fallbrook, is sponsoring a free event for working teachers and administrators that is designed to provide information for educators considering retirement.

The event will be held from 3:30 to 5:30 p.m., Tuesday, Jan. 29, in the community room of the Fallbrook Public Utility District.

Whether retirement is just around the corner or in the future, there are many things that should be kept in mind. Experts will be available to answer questions.

Register by Jan. 22 to [div81event@gmail.com](mailto:div81event@gmail.com). Attendees are reminded to bring their laptops.

Submitted by California Retired Teachers Association, Fallbrook.

86% of women surveyed said they bought a pre-need funeral plan to make the funeral easier on their children.

100% of their children are extremely grateful.

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SPORTS

BHS senior Contreras signs with Providence Christian College

Heather Holdo and Sara Barclay  
Writers / Interns

Joseph Contreras, a senior at Bonsall High School, signed with Providence Christian College Jan. 9, in the BHS forum. The signing accompanied a partial athletic and merit golf scholarship worth \$15,000. Josh Ault, the head mens' and womens' golf coach for Providence, offered Contreras the opportunity and oversaw the signing.

"When I find a guy like Joe, immediately I recognize that he's got character and he is what we want in our culture, our program, so it's really easy to give a guy like that an opportunity, 'cause I think he's earned it," Ault said.

Friends and family celebrated

with Contreras and the first college scholarship given to a BHS athlete.

"I'm super proud of Joe. He's worked very hard the past three seasons we've had and the four years he's been here. I've watched him grow into a solid player, a great student and a great person, so I'm really proud of what he's done and I'm excited for what he's gonna do," Eddie Van Hoosear, Bonsall High golf coach, said.

Contreras, Ault and his family posed for pictures, before cutting into a celebratory cake.

"Thank you everybody for being here to share this with me. Thank you to Mr. V for being my golf coach for 3-4 years. Thank you mom for being there with me every step of the way," Contreras said. "I'm super excited for college. It's gonna be cool."



Bonsall High School senior Joseph Contreras signs a letter of intent with Providence Christian College, accepting a partial scholarship worth \$15,000, with his future college golf coach Josh Ault. Heather Holdo photo

Lady Warriors fall to Lady Bulldogs



Fallbrook High School's Lady Warrior Naiya Kurnik dribbles the ball into Fallbrook's court against Ramona High School's Lady Bulldogs, Jan. 11. Fallbrook lost 53-42. Shane Gibson photos



Fallbrook High School's Kate Calhoun makes a pass to a teammate during the game against Ramona High School.



Fallbrook High School's Antonia Rosario shoots a lay up against Ramona High School in game at home.



Lady Warrior Taylor Evans of Fallbrook High School attempts a layup against the Lady Bulldogs of Ramona High School.



Fallbrook High School Lady Warrior Elley Ahrend maintains possession of the ball against the Ramona High School Lady Bulldogs.

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Women golfers donate to Fallbrook Food Pantry

Megan Gamble, representing the Golf Club of California's Fallbrook Women Golfers, delivers a check for \$1,725 to Shae Gawlak, executive director of the Fallbrook Food Pantry. The check was used to support the pantry's annual Adopt-a-Family program for clients at Christmas.

Courtesy photo



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# Warriors win big against Rancho Bernardo

**Jeff Pack**  
*Writer*

Despite intermittent rain and chilly weather, it was a good day to be a Warriors rugby player at Fallbrook High School Jan. 12.

Fallbrook's varsity girls' rugby shot out to a 20-0 lead by halftime and cruised to a 51-5 win over Rancho Bernardo High School.

Freshman Tiahna Padilla recorded four tries and a conversion and senior Phoebe Anderson chipped in with two tries of her own in the win that pushed the Warriors to 1-0 in league play.

"It was a very well-rounded game with the players playing together and relying on their structures," coach Craig Pinnell said. "I thought our rucking was very strong, as well as our disruption of their quick ball at the breakdowns. Our scrum was strong, and our backs ran well from deep.

"It was nice to see the trust and confidence back in our game," Pinnell said.

Pinnell selected freshman Julia Tippin as "Rugby Girl" for the Warriors.

"She played a great game with a strong body position and a powerful engine that never stops following the ball," Pinnell said.

Her sister, junior Shelby Tippin contributed one try and two conversions, and seniors Mary Maciel and Morgan Bitner scored one try each.

The Warriors' junior varsity team got out to an even faster start than the varsity, racing out to a 49-0 lead by halftime and finishing the game strong to take the win, 73-10 over the visiting Broncos.

A.J. Haughey led all scorers with four tries, Dakota Flaherty and Emily Weber added two tries apiece in the victory. Liberty

Benitez, Jane Baliff, Cynthia Mills and Abbey Savin each scored tries for the Warriors.

"It was another solid performance from a group of younger players that just love playing the game together," Pinnell said. "This group understand the game well and has a high IQ. They play what's in front of them, and they support each other well."

Flaherty was named "Rugby Girl" after the match.

"She got it because of her quick-thinking and quick feet, which she used to exploit the edges," Pinnell said.

Shelby Tippin breaks into the open.

Dana Duncan photos



Jordan Duncan breaks free for the Fallbrook High School Warriors.



Julia Tippin drives through would-be tacklers.

# Warriors compile 3-5-2 pre-league girls soccer record

**Joe Naiman**  
*Village News Correspondent*

The pre-league portion of Fallbrook High School's 2018-2019 girls soccer season gave the Warriors a 3-5-2 record.

"We've been doing well," Fallbrook coach Sergio Garcia said. "All in all, I'm happy with the team."

Last year Fallbrook was in Division III for CIF playoff purposes. The Warriors are in Division II for this season.

"We moved up a division this year," Garcia said.

Garcia sought to schedule Division II and Division I teams when possible.

"A couple of the losses have been close matches," Garcia said. "We're hanging in there with Division II teams."

Fallbrook opened play Nov. 28 with a 2-0 loss against El Camino High School, which is in Division I. The Warriors' first home match of the season Dec. 1 was a 4-0 loss to Central High School, which is a Division II member. Escondido Charter High School is also in Division II, and the Warriors hosted the White Tigers Dec. 4 and the teams played to a 1-1 tie. Mission Hills High School, which is in Division I, hosted Fallbrook in a Dec. 11 match which ended as a 2-0 Grizzlies victory.

Next, the Warriors had four games in a row against Division III teams: a 6-3 loss Dec. 14 at Coronado High School, a 1-1 tie Dec. 18 at home against Sage Creek High School, a 1-0 victory Dec. 20 at Rancho Buena Vista High School and a 2-1 victory Dec. 27 against Sage Creek.

The Dec. 27 victory over the Bobcats placed Fallbrook into



Fallbrook High School Lady Warrior Galilea Medina makes a run with the ball into scoring position against Oceanside High School. Fallbrook won the Jan. 4 game, 1-0.

the final of the Nike SoCal High School Classic Championship tournament, although CIF Southern Section member San Gabriel Mission High School won the championship with a 2-1 victory over the Warriors in the Dec. 28 contest in Oceanside.

Fallbrook's final game before the start of league play was at home Jan. 4 and was a 1-0 victory over Oceanside High School, which is in Division II.

"The program has been going in the right direction," Garcia said.

Garcia was the Warriors' junior varsity coach in 2015-2016, when Fallbrook was in Division IV. The Warriors moved up to Division III for 2016-17, which was Garcia's first season as Fallbrook's varsity coach.

"We've been climbing up," Garcia said.

The 2018-2019 Fallbrook roster has seven seniors, three juniors, five sophomores and three freshmen.

"We have a lot of great talent," Garcia said.

Twelve of the players were on the 2017-2018 varsity.

"We have some experienced players on the team," Garcia said.

Garcia said that many players have experience other than through the high school program.

"The experience at the club



Fallbrook High School Lady Warrior Adriana Madrigal faces off against an Oceanside High School Lady Pirate.

level helps tremendously once they come play at the high school level," he said.

The Warriors were second in the final Valley League standings both in 2016-17 and in 2017-2018.

"The past couple of seasons have been a battle between us and San Pasqual," Garcia said.

San Pasqual High School is also

in Division II, as is Valley League member Mission Hills. Valley Center High School is in Division III while Escondido High School and Ramona High School are Division IV teams.

"I feel confident going into league," Garcia said.

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January 17, 2019

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**Volume 23, Issue 3**

# Morning showers do not dampen FBA volunteers' spirits

**FALLBROOK** – Over 45 volunteers attended the Fallbrook Beautification Alliance “Keeping Fallbrook Litter-Free” Program kickoff Jan. 12, in spite of waking to morning showers.

The program attracted interested and environmentally conscientious residents who were excited to be a part of the new ambitious program, aimed at cleaning up 48 square miles of Fallbrook, represented by 20 newly created "neighborhood zones."

Fourteen volunteers offered to be zone captains in their neighborhoods and welcomed the opportunity to meet other community volunteers while receiving instructions on the program's goals.

All participants were asked to make a pledge to pick up at least one 5-gallon bucket of litter each week. They were were instructed on how to keep safe, have fun and build a team to help in their zone. Clean up supplies were checked out, including litter collection buckets,

maps.arcgis.com/apps/MapJournal/  
index.html?appid=a4c9501a907c4  
464ba9f1176bf07a120#map

Other helpful information was provided to the group, including numbers to call to report graffiti, illegally dumped items, potholes or crimes and the proper way to dispose of items that do not go in curbside trash or recycling. All this information is available on FBA's website.

Following the kickoff, volunteers joined I Love A Clean San Diego in cleaning the roads and open space surrounding Don Dussault Park on Alturas Road. The family-friendly county park which is edged by neighborhoods and open space, had become littered with trash, hazardous materials and other discarded items.

Participants also learned that Fallbrook falls in both the Santa Margarita and San Luis Rey watersheds, which follow waterways to the ocean. Storm drains found throughout Fallbrook are not designed to filter out trash, rather



Nik Kennedy, right, community events coordinator for I Love a Clean San Diego, rallies volunteers before they started picking up litter in Fallbrook at Don Dussault County Park, Jan. 12.



Trash is collected by volunteers along Alturas Road before being taken away during the litter cleanup in Fallbrook.

trash grabbers, gloves and safety vests.

FBA Event Coordinator Marta Donovan encouraged participants in the program to make safety their first goal, wear their new FBA Litter Free vests and work gloves. She reminded volunteers to avoid venturing out on busy roads where there is not a pedestrian pathway.

FBA will work with the Fallbrook Senior Patrol to coordinate safe times to cleanup the busy roads and will ask volunteers to work in groups with a black and white patrol car in support.

Jean Dooley, FBA board member and zone captain, spoke about FBA's cigarette butt recycling efforts.

their purpose is to move water off streets during a storm.

Trash, cigarettes, pet waste, oil and pesticides, dropped or washed into gutters in Fallbrook, may quickly end up in the ocean. Which is another reason to capture trash at its source, all while beautifying Fallbrook.

Volunteers spread out along Alturus Road, collecting over 300 pounds of trash, over 100 pounds of recycling and a wide range of hazardous waste, including one vape pen, four household batteries, five needles, two broken glass pipes, one blue gas tank, one tire and one television. With the help of I Love A Clean San Diego, these hazardous materials were disposed



*Fallbrook Beautification Alliance member Mary Jo Bacik helps pick up litter along Alturas Road during the community cleanup organized by the FBA and I Love a Clean San Diego.*



*Autumn Glessner, 13, begins picking up trash around Don Dussault County Park while she and her family participate in the new "Keeping Fallbrook Litter Free" program.*



*Marta Donovan, chairwoman of FBA's new "Keeping Fallbrook Litter Free" program, provides information to new members of the program before the start of the trash cleanup at Don Dussault County Park.*

Working with partner TerraCycle, FBA has already collected 15,678 units, which represents approximately 15 pounds of cigarette butts diverted from landfills and the environment.

This waste, primarily collected in FBA provided cigarette disposal units along the Pico Promenade, will be remanufactured by TerraCycle. Donovan demonstrated a simple method to keep cigarette butts separate from other litter while participating in the cleanup.

Todd Jester, FPUD FIS specialist who designed the zone map for the program, also agreed to be a zone captain in his area. An overview of the program, the Fallbrook FBA zone map and other program contacts and details may be viewed at <http://fpud.com>.

of in a safe manner.

Volunteers also identified several bulky/large items which would require follow-up collection, as well as abandoned grocery carts. All illegally dumped items were called in for proper removal and disposal.

FBA is hoping to fill the additional six zone captain spots soon and there is space for an unlimited number of volunteers to join existing teams. Anyone interested in being a part of this exciting community wide effort should contact Donovan at (760) 405-4054 or go to FBA website <http://www.fallbrookbeautification.org>.

All participants must complete a waiver form before joining a team to pick up litter for the program.



Volunteers grab litter grabbers before the litter cleanup; the tools were provided by I Love a Clean San Diego which partnered with the Fallbrook Beautification Alliance.

Shane Gibson photos



REAL ESTATE & HOME AND GARDEN

ROGER BODDAERT HEADER

A gardener’s resolutions for 2019

**Roger Boddaert**  
*Special to Village News*

“There is one blue planet floating in space, let’s take care of her.”  
Here are my 2019 gardener’s resolutions:

1. First, adjust your lifestyle to be in harmony with the earth flora and fauna.
2. Tackle that problem area in the garden and take joy in fixing it.
3. Start more veggies from seeds and learn the art of germinating seeds.
4. Start a neighborhood garden and get your friends and family involved.
5. Consider permaculture as a new wave of gardening and lifestyle.
6. Consider a creative “food forest” about your home and share its bounty.
7. Share your extra bounty with a senior center or a food bank and others.
8. Manage water consumption and be “water wise” to conserve.
9. Toss the lawn for there are attractive ways to change it and be sustainable.
10. Raise chickens for fresh eggs and get the children involved in harvesting the eggs.
11. Build a worm bin and do more composting to enrich the soil. Soil is magical.
12. Create a “secret garden” in your landscape to rest and meditate a while.
13. Care for stressed trees, do some deep watering and mulch out to the drip line.
14. Plant fruit trees around your home, for food is only going to cost more.



Tackle that problem area in the garden and take joy in fixing it. Roger Boddaert photos

15. Do more recycling around your home and landscape: it’s a good thing.
16. Support 4-H Club and Future Farmers of America and horticulture clubs in schools.
17. Do brush clearing around your home, think “firescaping” out in the landscape.

18. Become a good earth steward and teach children it’s OK to dig in the dirt.
19. Go to botanical gardens to learn and enjoy that lovely environment.
20. Plant a butterfly garden to help



Create a “secret garden” in the landscape to rest and meditate a while.

21. Think global and act locally, for you, your family and your community are part of the solution of sustainable earth in these changing times.

“He who plants a garden brings happiness for others to enjoy.”  
*Roger Boddaert, Maker of Natural Gardens, can be reached at (760) 728-4297 for assistance, consultations and creative landscape designs and professional tree care.*

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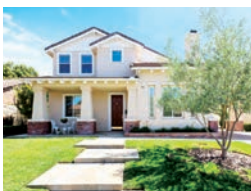
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## Beazer Homes opens new community in Fallbrook



FALLBROOK – Beazer Homes, one of the nation’s largest builders, announced the grand opening of Aurora Heights, a new community Saturday, Jan. 19, 11 a.m. to 2 p.m., 3105 Via De Todos Santos.. Aurora Heights offers 124 homes consisting of expansive one and two-story, single-family homes ranging in size from 2,386 to 3,212 square feet. Beazer Homes is currently showcasing four beautiful model homes available to tour throughout the community. Starting from the mid \$600s, each home will include a two or three-car attached garage, three to four bedrooms and optional outdoor living spaces to promote recreation, relaxation and entertaining. With a central location in San Diego, Aurora Heights provides easy access to Interstate 15 and Interstate 5 for work hubs in San Diego and Riverside counties. The community boasts an abundance of planned on-site amenities, including a pool and spa with cabanas, private clubhouse, outdoor fireplace, barbecue and 20,000 square feet of open lawn which includes a playground and picnic tables. Also, homebuyers are given the

flexibility of Beazer’s Choice Plans, which provide the option to choose room-specific layouts to create their ideal living space, at no additional cost. “Along with private backyards that offer different configurations of outdoor living areas and spacious island-kitchens opening out to large living areas, these homes are a dream for entertaining family and friends,” Leslie Olivo, vice president of sales, said. “The initial phase of homes includes single-story offerings which are not readily available in this area of San Diego County.” Like all Beazer homes, each home in Aurora Heights is Energy Star-certified, which means it is built to conserve energy and reduce monthly costs. To learn more about the company’s Energy Star 2018 Partner of the Year-Sustained Excellence Award and Beazer’s Energy Star-certified homes, visit [www.beazer.com](http://www.beazer.com). To arrange a tour of Aurora Heights model homes, call (760) 645-6882 or stop by the office at 3105 Via De Todos Santos, Fallbrook. Submitted by Beazer Homes.

## Real Estate Round-Up: Sellers can succeed in a buyers’ market



**Kim Murphy**  
*Murphy & Murphy Southern California Realty*

California has 12 percent of the nation’s population and 10 percent of the nation’s housing stock. Historically, California has led the nation in the cycles of real estate, both up and down, and California’s statewide trends are generally a harbinger of what can be expected nationwide. In 2005, it was the first to show signs of fissures in the housing market. In 2008, it was the first to take off with investor all-cash sales. It was also the first to experience the chronic lack of inventory that is now an impediment to sales throughout the country. A tight supply issue has been lingering for years and has finally turned into a demand issue. With a strong economy and new households continuing to form in California, home sales were expected to increase from 2017, despite an anticipated interest rate hike. Up until April 2018, the market performed in line with these expectations. California appeared to be on track to have another year of gain in both sales and price. Then something happened in May. Buyers became more cautious. Prices had risen enough that buyers did not want to repeat the mistakes that were made in 2005 and 2006. They did not want to purchase an overvalued property. Interest rates were creeping up, so some buyers were no longer able to purchase. Sales dropped on a year over year basis at a pace that caused concern. In Fallbrook, from May through December, unit sales for detached homes has dropped from 491

units in 2017 to 354 units in 2018. That’s a 27 percent decline in units. The average sales price has dropped 7 percent, from \$671,617 to \$623,912. The median sales price has dropped even more dramatically from \$640,000 to \$542,000, which represents a 15 percent decrease. These are big numbers. So, what’s a seller to do? Price their home appropriately. Buyers are still buying. They are buying the best valued home they can find. They won’t pay more just because you “need” to get more. They won’t pay more just because you “paid” more or because you did improvements to your home. They are doing what you or I would do, and that is making the wisest purchase they can make based on what is available. I was thinking back to a vintage Mercedes 280SL I had years ago. During the time that I owned it, I had to drop a new engine into it. When I sold it, the buyer didn’t care that I had invested those additional funds into the automobile, because that investment was necessary to maintain its value. It’s the same with a home. Putting in a new kitchen, new windows or improved landscaping, doesn’t add to the value of a home in the current market. The buyers expect these amenities to be present in this competitive market. The other aspect to consider in this transitioning market, is the fact that it’s the same scenario across the state and the nation. If homeowners sell their home for less than what they originally hoped for, they will also be able to purchase for less than what they originally anticipated. The current trend the state is experiencing is not the jubilant sellers’ market it enjoyed the first half of 2018; however, if sellers work with their real estate agent and are strategic about pricing their home, they will be successful. A wise pricing decision will help them sell their home in this buyers’ market and move onto the next chapter of their life. Kim Murphy can be reached at [kim@murphy-realty.com](mailto:kim@murphy-realty.com) or (760) 415-9292 or at 130 N. Main Ave., in Fallbrook. Her broker license is #01229921, and she is on the board of directors for the California Association of Realtors.

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# New Year’s resolutions for pet owners

**Tracy DeFore**  
County of San Diego  
Communications Office

The new year is here, and for those who make resolutions, make this the year to put Fido and Fluffy at the top of the list so 2019 gets off to a “pawsitive” start.

Need an extra incentive? Those who live in the unincorporated area and get a new license for their dog in January, San Diego County Animal Services will throw in a rabies vaccination for free.

Don’t live in the unincorporated area? Residents can still obtain a rabies vaccination and a microchip, but the fee will be \$25 for each service.

County Animal Services has seven tips for the New Year.

- First, make sure both the family dog and cat are vaccinated against rabies
- License all dogs.
- Also, register the family dog and

cat with Finding Rover, which can help families find their pets if they’re lost.

- Microchip dogs, cats and rabbits. If they’re already microchipped, make sure the information is current
- Get the family dog and cat spayed or neutered.
- Create a disaster plan for the family pets
- Lastly, give pets attention, play catch with dogs, toss a toy to cats and have fun.

Appointments aren’t necessary for microchips or rabies vaccinations. Stop by at either one of the county’s two shelter locations in Carlsbad or Bonita during normal business hours. They’re open from 9:30 a.m. to 5:30 p.m. Tuesday through Sunday. For general information about county Animal Services, visit [www.sddac.com](http://www.sddac.com).

*Submitted by San Diego County Animal Services.*



Courtesy photo

# What is the water table, and how does it affect homes?

FALLBROOK – The groundwater table plays a role in home construction, foundation stability and home comfort. Because the groundwater table is so significant, it behooves homeowners to understand how it works.

National Geographic defines a water table as the boundary

between water-saturated ground and unsaturated ground. Well beneath the ground, at various depths depending on geography, topography and weather conditions, pockets of water, called aquifers, exist. The water table marks the boundary between that available water and the dry surface.



If not properly addressed, ground water can affect an existing foundation and the ability to build successfully.

Groundwater is impacted by precipitation, irrigation and ground cover. It also may be affected by land use and tides. The water table can fluctuate

with the seasons and from year to year because it is affected by climatic variations, as well as how much water may be drawn from underground, according to

Encyclopedia Britannica. The water table where one person lives may be several inches or feet below the surface of the ground and follow the topography of the land. For others, it may be much higher, even coming above the surface of the soil.

The water table as well as local soil conditions and drainage can impact homes and their foundations. If soil drains efficiently and there is a relatively low water table, it may not be problematic; however, if soil is dense and absorbent and the water table is high, the ground around a home may swell and become saturated. This saturation can exert significant pressure against the foundation walls, Rytech, a water damage and mold rehabilitation company, said.


In areas where a local water table rises near the surface, water can push against the underside of the foundation in a condition known as “hydrostatic pressure.” It may cause water to infiltrate through the bottom of the foundation, even permeating solid concrete over time. If hydrostatic pressure is severe, it could lift certain portions of the foundation out of the ground, but it is very unlikely. But it could cause shifting in foundation walls and structures like fencing and decks.

Even if ground water does not cause foundation cracking or shifting, it could lead to humidity issues, resulting in rust, bacteria and mold. Wood structures in a home may be compromised by a high level of humidity.

The home improvement resource Angie’s List said certain steps may need to be taken to protect against damage from a water table and abundant groundwater. Basement and foundation waterproofing professionals can help homeowners develop a plan to mitigate water damage. This mitigation can include grading changes and the installation of drains and pumps to move water away from the house. Special paints and sealants also can protect the foundation.

Groundwater can be a hindrance when it affects the home, but homeowners who learn about it can be in a position to confront any ground water issues.

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1349 Hillside Drive  
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HEALTH

Make healthy choices with Fallbrook Wellness Directory

FALLBROOK – Fallbrook Wellness Directory is an online healthy guide offering details on everything from acupuncture to zumba. It includes information on fitness and wellness programs and products that are available in the Fallbrook, Bonsall, Rainbow and De Luz area, including counseling, senior services, pet-care, military support, integrative medicine, physical therapy, spa treatments, support groups and more. Several nonprofits who provide services to fulfill specific needs are also represented in Fallbrook Wellness Directory.

Created in 2014 by a small group of local holistic health practitioners and led by yoga teacher Sandra Buckingham, the goal of the directory was to promote wellness in the Fallbrook area and make it easier to access information on resources available. The directory has grown considerably since its



inception and has a comprehensive list of more than 100 different services and has been successful in connecting the community to holistic options.

Visit [www.fallbrookwellness](http://www.fallbrookwellnessdirectory.com)

[directory.com](http://www.fallbrookwellnessdirectory.com) and check out the event calendar, newsletters and educational member blogs. Follow Fallbrook Wellness Directory on Facebook.

Fallbrook Wellness Directory

is a Live Well San Diego partner, a Fallbrook Land Conservancy Village Green Partner and a member of Fallbrook and Bonsall Chambers of Commerce.

Founder and owner Sandra

Buckingham can be reached at (760) 845-6602 for more information.

*Submitted by Fallbrook Wellness Directory.*

Banish belly fat and improve cardiovascular health

FALLBROOK – The way to a person’s heart may be through their stomach in more ways than one. Doctors have tied heart health to the abdomen, and having extra pounds around one’s middle can be detrimental to cardiovascular well-being.

Excess visceral fat in the belly, something doctors refer to as “central adiposity,” may have potentially dangerous consequences. While the link between belly fat and heart health has long been associated with men, women may be even more vulnerable to the adverse health effects of belly fat. A study published in March 2018 in the Journal of the American Heart Association examined 500,000 people between the ages of 40 and 69. Participants had their body measurements taken, and they were kept track of for heart attack occurrence over the next seven years. During that period,

the women who carried more weight around their middles, which was measured by waist circumference, waist-to-hip ratio or waist-to-height ratio, had a 10 to 20 percent greater risk of heart attack than women who were just heavier overall.

Belly fat is particularly dangerous because it doesn’t just include the insulating, or subcutaneous, fat under the skin. It is largely visceral fat that also surrounds the organs in the abdomen. Harvard Medical School said that visceral fat is metabolically active and has been strongly linked to a host of serious diseases, including heart disease, diabetes, cancer and dementia. Visceral fat is like an endocrine organ that secretes hormones and a host of other chemicals linked to diseases that can affect adults. One substance is called retinol-binding protein 4 or RBP4, which has been tied to an increased risk of coronary



Belly fat should not be overlooked, as its presence can increase a person's risk for various diseases. Courtesy photo

heart disease. In 2015, a study published in the Annals of Internal Medicine found that normal-weight people with excessive belly fat had a higher risk of dying of heart disease or any other cause compared with people without central obesity.

The online health and wellness resource Medical News Today said doctors determine belly fat to be a problem when a woman’s waist measures 35 inches or more and

a man’s 40 inches or more. MRIs also can be used as a fat analyzer and will be judged on a scale of 1 to 59. A measurement of 13 and under is desire-able.

The Mayo Clinic advised that poor diet and fitness habits can contribute to belly fat. As people age, they may have to make more drastic changes to their diets and exercise regimens to counteract changes in their metabolisms. Eliminating sugary beverages,

watching portion sizes, counting calories, doing moderate aerobic activity daily and choosing healthier foods can help tame visceral fat. Also, doctors may recommend those who are stressed to try stress-busting techniques, as stress also may be tied to excessive belly fat.

Belly fat should not be overlooked, as its presence can greatly increase a person’s risk for various diseases.

Fallbrook Wellness Directory

Providing resources for Holistic Health Practitioners, Integrative Medicine, Non-Profit Agencies and Support Groups in an online guide.

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How to improve blood circulation



FALLBROOK – The human body is a complex, efficient machine. One highly important component of that machine is the circulatory system, which sends blood, oxygen and nutrients throughout the body.

In perfectly healthy bodies, blood, oxygen and nutrients circulate throughout the body without issue; however, several conditions, including obesity and diabetes, can contribute to poor circulation, which is not a standalone condition but rather a byproduct of another serious health issue.

According to the health information site Healthline, when the circulatory system is not working at optimal capacity, people may experience tingling, numbness and throbbing or stinging pain in the limbs. Pain and muscle cramps also may result from poor circulation, the symptoms of which vary depending on the causes. For example, someone whose circulation issues are a result of peripheral artery disease may experience different symptoms than someone whose circulation has been compromised by diabetes.

Because issues affecting the circulatory system are complex, it’s important for men and women to learn how to address such issues if they suspect their systems have been compromised.

First, visit the physician. Poor circulation results from various health issues, so people who think they are dealing with poor circulation should not try to address the issue on their own. Rather, the best way to improve circulation is to visit a physician the moment

they note the symptom. Doctors will confirm if patients are experiencing circulation issues and diagnose what’s causing those issues. Doctors also will work with their patients to devise a course of treatment for the issue that’s causing their poor circulation.

If necessary, lose weight and keep it off. Obesity is one of the conditions that can contribute to poor circulation. So many people who are diagnosed with poor circulation may be advised to lose weight and keep the weight off once it’s been lost. A 2009 study published in the International Journal of Cardiology found that losing weight helped obese women improve their circulation. A healthy diet that includes fish like salmon that is high in omega-3 fatty acids, which have been shown to improve circulation, can help people lose weight and maintain healthy weights going forward.

Consider yoga. A 2014 review of an assortment of peer-reviewed studies found that yoga can have a positive impact on risk factors for cardiovascular disease. A low-impact exercise, yoga can compress and decompress veins, potentially improving circulation. It takes time to master yoga positions, but even beginners who cannot fully perform poses during a yoga regimen can benefit from doing the exercises to the best of their abilities.

Poor circulation is a byproduct of various conditions. Once a condition has been diagnosed, patients can help themselves by taking various steps to improve their circulation.

Consider the health benefits of eating apples

FALLBROOK – The phrase, “An apple a day keeps the doctor away,” is a familiar one that many people first heard as children. But some may be surprised to learn the phrase is as factual as it is familiar.

Apples are among the most cultivated and consumed foods in the world. They’re also among the healthiest. Medical News Today, a market leader for medical news that is owned and operated by the United Kingdom-based health care publisher Healthline Media, listed apples among its 10 healthiest foods.

Apples provide an array of health benefits, lending credence to the notion that consuming one per day might just keep the doctor away.

Apples may reduce risk for stroke. Apples are rich in antioxidants, including quercetin, which researchers have determined can help people lower their risk for thrombotic stroke. In that study, which was published in the European Journal of Clinical Nutrition in 2000, researchers studied more than 9,200 men and women over a 28-

year period. Those who ate the most apples during that time had a lower risk for thrombotic stroke, a type of stroke that occurs when a blood clot forms in an artery that supplies blood to the brain. Such blood clots block the flow of oxygen-rich blood to the brain, producing long-term brain damage.

Apples lower levels of bad cholesterol. “Bad cholesterol” refers to low-density lipoprotein, or LDL. LDL is considered bad because high levels of it lead to a buildup of cholesterol in the arteries, raising a person’s risk for coronary artery disease. Thankfully, in 2011 researchers at Florida State University found that older women who consume apples every day had reduced their LDL levels by 23 percent in six months and even increased their “good” cholesterol levels by 4 percent over that period. Good cholesterol, also known as high-density lipoprotein or HDL, has been found to prevent arterial disease.

Apples can help people maintain

healthy weights. The flavonoid polymers found in apples inhibit enzymes that break down simple sugars. What does that mean? It means that the flavonoid polymers in apples help people flush more of the sugar in apples out of their system instead of storing it as fat, which can help them maintain healthy weights. Fuji apples have the highest concentration of flavonoids, so people who want this particular benefit of apples may be best picking up these types from their local farmers’ market.

Apples have lower risk for diabetes. A recent cohort study published in BMJ, formerly the British Medical Journal, that involved researchers from the United Kingdom, the United States and Singapore found that consuming three servings per week of blueberries, grapes, raisins, apples, or pears reduced participants’ risk for type 2 diabetes by 7 percent.

An apple a day could very well keep the doctor away, paving the way to a long, healthy life for apple aficionados.

Sleeping well is vital to good health

American Counseling Association

Special to Village News

Want to have less stress and anxiety, along with generally better health? Then start getting more, and better, sleep.

It’s simple advice but for millions of people it’s often difficult to accomplish. The American Sleep Association estimated some 50 to 70 million Americans suffer from some form of sleep disorder, ranging from insomnia that makes falling or staying asleep difficult, to sleep apnea, a sleep breathing disorder that makes a solid night’s sleep virtually impossible.

Anyone who suffers from a serious sleep disorder should discuss the issue with their family doctor. Serious sleep disorders can have a direct effect on a person’s health.

But if, occasionally, it simply feels difficult to fall asleep or to get a good night’s sleep, there are actions

they can take.

Experts said one of the best aids to sleeping well is having a regular sleep pattern. By going to bed and getting up at more or less the same time every day, it trains the body and brain to have regular sleep habits.

Researchers have also found there are a number of things to avoid to improve sleep. Alcohol, when consumed within four to six hours of bedtime, might seem relaxing but actually interrupts the quality of sleep.

Caffeine and nicotine, both of which are stimulants, can make it difficult to fall asleep if ingested within four to six hours of bedtime. Nicotine includes not just cigarettes, but also cigars, vaping and anything delivering nicotine. And avoiding caffeine means not just skipping that after-dinner cup of coffee, but also avoiding evening tea, chocolate, and cola drinks, all of which contain caffeine.

And what can help people

actually sleep better? Start with a comfortable bed and pillow. People also usually sleep better in cool rooms. Consider ear plugs or an eye mask if noise or excessive light is waking them up. A warm bath helps many people feel more relaxed and sleepy. It’s also a good idea to try not to nap during the day. And keep food, computers, cell phones, TV and other electronics out of the bedroom.

Try reading or even listening to music instead.

Adults need from seven to nine hours of sleep a night; infants and children need even more. Start making changes for better sleep and feel more rested, relaxed and healthier.

Counseling Corner is provided by the American Counseling Association. Comments and questions to ACAcorner@counseling.org or visit the ACA website at www.counseling.org.

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Tap/Hip Hop Combo - Sat 10:00-10:45am with Stacia  
Kinder Ballet - Mon 4:00-4:45pm with Kristena  
Kinder Tap - Tues 4:45-5:30pm with Kristena  
Kinder HipHop - Weds 4:00-4:45pm with Alyssa  
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Ballet\* - Weds 3:45-4:45pm with Treva  
Jazz - Weds 4:45-5:45pm with Treva  
Hip Hop - Thurs 4:45-5:45pm with Alyssa

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Teen Tap - Mon 5:45-6:45pm with Treva  
Teen Lyrical - Mon 5:45-6:45pm with Stacia  
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ENTERTAINMENT

‘Millennials’ art is on display at Fallbrook library



“Glow” is by Cody Jimenez, an artist featured in “Millennials” at the Fallbrook Library.



“Fata Morgana” is by Alla Bartoshchuk, co-curator of “Millennials” exhibit at the Fallbrook Library.



“Berth” is by Chris Barnickel, a featured artist of “Millennials” at the Fallbrook Library through March 1.



“Fleeting” is by Alyssa Fields of the Fallbrook Library’s “Millennials” exhibit.

FALLBROOK – The Friends of the Fallbrook Library announced a new art exhibit “Millennials” in the community room which will be open through March 1. The exhibit features millennial artists, ages 22-38, many of whom use classical painting techniques to produce contemporary art. A special evening reception will be

held Friday, Jan. 25. The 16 participating artists are Chris Barnickel, Alla Bartoshchuk, Elizabeth Bautista, Sarah Bricke, Jonathan Broberg, Christina Curiel, Joseph Curiel, Alyssa Fields, Alfonso Higareda, Victoria Huff, Cody Jimenez, Jaycie Kim, Julio Labra, Aixa Oliveras, Gabriella Rodriguez and

Brittany Ryan. Most of the artists are professionals or are working on their master’s degree in fine art at Laguna College of Art and Design, Mira Costa Community College, California State University San Marcos or California State University San Bernardino. Only three have previously shown their

work in Fallbrook. The exhibit is curated by Alla Bartoshchuk and Larry Miller. Bartoshchuk recently judged the portraits show at the Brandon Gallery in Fallbrook and teaches at the Laguna College of Art and Design. Miller is a local resident and has curated numerous art shows at the library. The reception, Jan. 25, from

6 to 8 p.m., is free and open to the public. Meet the artists and enjoy music and light bites and refreshments. The library is located at 124 S. Mission Road.

Submitted by Friends of the Fallbrook Library.

Call for artists for “Hearts on Fire 2019” art show



“Dance Class” is by K. Walkup.

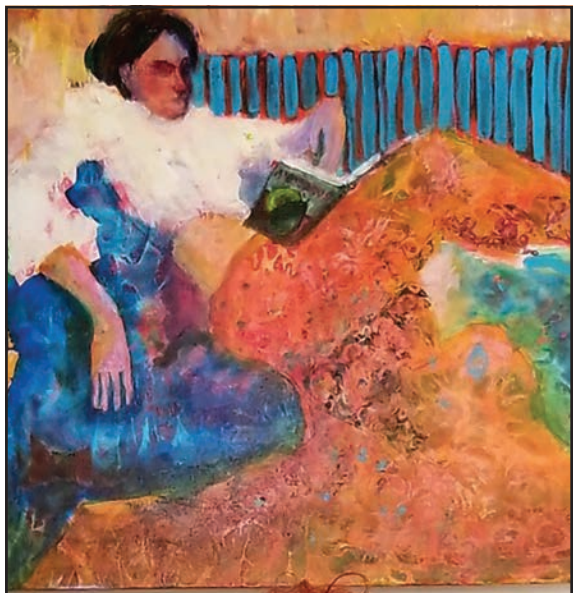
FALLBROOK – Brandon Gallery is seeking entries for “Hearts on Fire 2019,” an open judged show Feb. 1-22. This show celebrates the symbols, scenes

and stories of love in our lives and is open to artists at all levels of experience who are 18 years of age and over. All mediums are welcome. Daniel Marquez will be judging “Hearts on Fire 2019.” Marquez’s work encompasses multiple styles and media and reflects his fascination with themes that include traditional folklore, rock and roll, indigenous rituals, spirituality and the relation of ancient wisdom to the present day. Daniel Marquez lives and works in Fallbrook. Work may be any medium, and 2D work may be no larger than 30 inches on any side, including frame and weigh no more than 10 pounds. Use wire hangers only with the ends wrapped for safety. For 3D work, it may be no larger than 20 inches on any side, weigh

no more than 10 pounds and must be stable when set on a flat surface. Artwork must be delivered to the gallery, Jan. 26 between 10 a.m. and 3 p.m. A reception will be held Feb. 9 from 5-7 p.m. Artists can pick up unsold work Feb. 23. Entry costs \$25 for one entry, \$35 for two entries and \$45 for three entries. Awards presented are: Best of Show, First Place, Second Place, Third Place and People’s Choice Award. All awards will be chocolate. Visit the Brandon Gallery website for the prospectus, additional information and printable entry forms. Brandon Gallery will retain 35 percent of all sales. Brandon Gallery is an artists’ cooperative representing local, regional and national artists of many creative disciplines including oil, acrylic and watercolor painting, photography, pastel, printmaking, digital media, sculpture, jewelry and gourd art. Brandon Gallery, located at 105 N. Main Ave., in Fallbrook is a division of Fallbrook Arts Inc. The gallery is open from 10 a.m. to 4 p.m. Tuesday through Saturday. Call (760) 723-1330, visit [www.fallbrookbrandongallery.org](http://www.fallbrookbrandongallery.org) or email [info@fallbrookbrandongallery.org](mailto:info@fallbrookbrandongallery.org) for more information. Submitted by Brandon Gallery.

Karen Langer Baker’s ‘Lovin’ the Afternoon’ wins first place

Karen Langer Baker is seen with her first-place winning acrylic painting, “Lovin’ the Afternoon,” at the Fallbrook Art Association’s December through January show at The Gallery. See it and over 100 other works of art Tuesdays through Saturdays 11 a.m. to 5 p.m. and Sundays noon to 3 p.m. at 127 N. Main Ave. in Fallbrook.



Courtesy photo

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“Be My Valentine” is by Bonnie Woods.

Courtesy photos

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DINING

# Entertain guests with a DIY taco station

FALLBROOK – Looking for a fun and healthy dinner idea to serve at the next get-together? This easy, do-it-yourself taco station is the perfect meal to serve for quick weeknight dinners or parties. With some simple prep beforehand, party planners can make a fun and healthy meal that children and guests will love. Finish the set up off with some colorful serving bowls, and everyone can create their own tacos.

## Tacos with Grilled Steak and Veggies

**Start to finish: 20 minutes**  
**Serves: 6**

**Ingredients:**  
2 10.5 ounce packages Mann’s Southwest Chipotle Nourish Bowls  
4 beef flat iron steaks, about 7 ounces each  
Juice of 2 limes  
Salt and freshly ground black pepper to taste  
1 package whole wheat tortillas  
1 avocado, sliced

**Chipotle Mayonnaise**  
1/2 cup mayonnaise  
Juice of 1/2 lime  
1 to 2 teaspoons adobo sauce; the sauce that canned chipotle peppers are packed in

**Directions:**  
1. Prepare the Nourish Bowls according to package instructions. Squeeze lime juice over the vegetables and season with a bit of salt and pepper. Toss to combine, then set aside.  
2. Season steaks with salt and pepper. Place on grill and cook with the lid closed for 10 to 14 minutes over medium-heat for medium to medium-rare doneness, turning occasionally. Allow to rest off the grill for 5 minutes, then carve into slices.  
3. To make the Chipotle Mayonnaise, add all ingredients to a small mixing bowl and stir well to combine.  
4. Place the tortillas on the grill and cook until warm and slightly charred.  
5. To assemble the tacos, place a couple slices of grilled steak on the bottom. Add vegetables and top with a slice of avocado. Drizzle the top with chipotle mayonnaise.



Pala Jam to feature R&B artists

PALA – Pala Jam will feature three of R&B’s top stars – Evelyn “Champagne” King, The S.O.S. Band and Jody Watley – Saturday, March 23, at 7:30 p.m. on the Events Center stage at Pala Casino Spa and Resort.

King came to fame during the disco era and remained prominent through much of the ‘80s with over two dozen charting singles. She has a showbiz lineage. Her uncle was actor, singer and dancer Avon Long, who first played Sportin’ Life in the play “Porgy and Bess” and later starred in the ‘70s play “Bubblin’

Brown Sugar.”

King’s father, Erik King, was a singer and often augmented groups that appeared at New York’s Apollo Theater. By her teens, she had relocated to Philadelphia with her mother and began singing in several groups. Her first hit single was “Dancin,” Dancin,” Dancin,” but it was a later hit, “Shame,” that launched her career.

The S.O.S. Band hit with a two-million-selling single, “Take Your Time (Do It Right),” their first time out, before having several hit singles written and produced by

Jimmy Jam and Terry Lewis. The Atlanta-based band was started in 1977, when keyboardist and vocalist Jason Bryant, saxophonists Billy Ellis and Willie “Sonny” Killebrew, guitarist Bruno Speight, bassist John Alexander Simpson, drummer James Earl Jones III and lead vocalist Mary Davis formed a group called Santa Monica that played at the Atlanta nightclub, the Regal Room.

Watley, a singer, songwriter, producer and businesswoman, is one of the architects of 21st century pop. From her groundbreaking marriage

of rap and R&B of 1987’s “Friends,” a collaboration with hip-hop legends Eric B. and Rakim, to her vision-forward marriage of high fashion, street fashion and music in the ‘80s long before it became the norm, to her fusion of jazz and underground club culture with keen pop instincts and the ease with which she crossed and still crosses genre, she forged the template that is now everybody’s playbook.

Winner of the Grammy award for “Best New Artist” in 1987, Watley spent her entire career looking forward, drawing inspiration from

personal heroes and iconoclasts who were and are always 10 steps ahead of the pack. The Chicago native’s eclectic repertoire – R&B, hip-hop, house, jazz, pop, drum and bass, ambient, spoken-word – is built on a positive vision and a strong taste for artistic and aesthetic risk.

Tickets are on sale, with no service charge, at the Pala Box Office in the casino, or call (877) 946-7252 or visit [www.palacasino.com](http://www.palacasino.com). Tickets also available at [www.startickets.com](http://www.startickets.com) or by phone at (800) 385-3737.

*Submitted by Pala Casino Spa and Resort.*

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# LEGALS

## Fictitious Business Name

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2018-9031024  
Name of Business  
**EXPRESS CLEANING SERVICES**  
4705 Freeze Rd Apt #107, Oceanside, CA 92057  
County: San Diego  
This business is registered by the following:  
Alida Lopez Silva, 4705 Freeze Rd Apt #107, Oceanside, CA 92057  
This business is conducted by an Individual  
**THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/19/18**  
**LEGAL: 4870**  
**PUBLISHED: January 3, 10, 17, 24, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2018-9031540  
Name of Business  
**a. HEALTHY U**  
**b. IRENE'S HEALTHY U**  
2202 Dos Lomas, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Irene Sanker-Gusman, 2202 Dos Lomas, Fallbrook, CA 92028  
This business is conducted by an Individual  
**THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/26/18**  
**LEGAL: 4871**  
**PUBLISHED: January 3, 10, 17, 24, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2018-9031660  
Name of Business  
**a. OCEANSIDE SENIOR ANGLERS FOUNDATION**  
**b. OSA FOUNDATION**  
**c. OSAF**  
2151 Goya Place, San Marcos, CA 92078  
County: San Diego  
This business is registered by the following:  
a. James Bradley Mauritz, 4747 Oak Crest Rd #3, Fallbrook, CA 92028  
b. Oceanside Senior Anglers Foundation, 2151 Goya Place, San Marcos, CA 92078  
This business is conducted by an Unincorporated Association-Other than a Partnership  
Registrant first commenced to transact business under the above name on 12/06/2018  
**THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/28/18**  
**LEGAL: 4872**  
**PUBLISHED: January 3, 10, 17, 24, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2018-9031686  
Name of Business  
**FOLK & CUP**  
2550 Corbel Way, San Marcos, CA 92078  
County: San Diego  
This business is registered by the following:  
Jenafer Ralls, 2550 Corbel Way, San Marcos, CA 92078  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 9/1/16  
**THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/28/18**  
**LEGAL: 4873**  
**PUBLISHED: January 3, 10, 17, 24, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2018-9031763  
Name of Business  
**SUNSHINE 4 LIFE**  
9497 Monte Mar Dr Spring Valley, CA 91977  
County: San Diego  
This business is registered by the following:  
Erin Nichole Sunshine, 9497 Monte Mar Dr. Spring Valley, CA 91977  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 7/31/18  
**THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/28/18**  
**LEGAL: 4882**  
**PUBLISHED: January 17, 24, 31, February 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9000610  
Name of Business  
**COMMERCIAL ROOFING & WATERPROOFING**  
4065 Oceanside Blvd. Suite "N", Oceanside, CA 92056  
County: San Diego  
This business is registered by the following:  
Douglas Scott Berger, 257 Emilia Lane, Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 12/8/18  
**THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/08/19**  
**LEGAL: 4883**  
**PUBLISHED: January 17, 24, 31, February 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2018-9031153  
Name of Business  
**MIZ ACCOUNTING**  
4961 Dulin Rd, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Marisela Zaragoza, 4961 Dulin Rd, Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 6/15/17  
**THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/20/18**  
**LEGAL: 4884**  
**PUBLISHED: January 17, 24, 31, February 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9000871  
Name of Business  
**CREATIVE CONCRETE WORK**  
1455 S. Alturas SPC #77, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Jose Luis Castaneda, 1455 S. Alturas SPC #77, Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 1/10/2019  
**THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/10/19**  
**LEGAL: 4885**  
**PUBLISHED: January 17, 24, 31, February 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9000560  
Name of Business  
**VISTA HIGH SCHOOL CLASS OF 1979 REUNION**  
2225 Guajome Lake Rd., Vista, CA 92084  
County: San Diego  
This business is registered by the following:  
Laura J. Ray, 2225 Guajome Lake Rd., Vista, CA 92084  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 01/02/2019  
**THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/08/19**  
**LEGAL: 4886**  
**PUBLISHED: January 17, 24, 31, February 7, 2019**

## Fictitious Business Name

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2018-9029504  
Name of Business  
**IL DIVINO EXTRA VIRGIN OLIVE OIL**  
1462 Via Encinos Dr., Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
a. Dennis James Ashworth, 1462 Via Encinos Dr., Fallbrook, CA 92028  
b. Kumiko Yamanaka Ashworth, 1462 Via Encinos Dr., Fallbrook, CA 92028  
This business is conducted by a Married Couple  
Registrant first commenced to transact business under the above name on 01/01/18  
**THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 11/30/18**  
**LEGAL: 4868**  
**PUBLISHED: December 27, 2018, January 3, 10, 17, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9000124  
Name of Business  
**PERFECT NAILS**  
1414 S. Mission Rd., Fallbrook, CA 92028  
Mailing address: 1009 Rodeo Queen Dr., Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Cheang Hong Lim, 1009 Rodeo Queen Dr., Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 9/12/00  
**THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/03/19**  
**LEGAL: 4876**  
**PUBLISHED: January 10, 17, 24, 31, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2018-9030594  
Name of Business  
**HEALING OAK ACUPUNCTURE CLINIC**  
593 East Elder Street, Suite A, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Randall Wegener Acupuncturist, Inc., 593 East Elder Street, Suite A, Fallbrook, CA 92028  
This business is conducted by a Corporation  
This Corporation is located in the state of California  
Registrant first commenced to transact business under the above name on 11/26/18  
**THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/14/18**  
**LEGAL: 4877**  
**PUBLISHED: January 10, 17, 24, 31, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9000180  
Name of Business  
**EVERGREEN INSTRUCTION**  
1039 La Solana Dr, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Sean Michael Dasso, 1039 La Solana Dr, Fallbrook, CA 92028  
This business is conducted by an Individual  
**THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/03/19**  
**LEGAL: 4878**  
**PUBLISHED: January 10, 17, 24, 31, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2018-9031767  
Name of Business  
**EXCO INTERNATIONAL, LLC**  
1949 Avenida Del Oro #102, Oceanside, CA 92056  
Mailing address: 353 Justine Dr., Oceanside, CA 92057  
County: San Diego  
This business is registered by the following:  
EXCO International, LLC, 1949 Avenida Del Oro #102, Oceanside, CA 92056  
This business is conducted by a Limited Liability Company  
This LLC is located in the state of CA  
Registrant first commenced to transact business under the above name on 10/01/2018  
**THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/28/18**  
**LEGAL: 4879**  
**PUBLISHED: January 10, 17, 24, 31, 2019**

## Notice of Petition

**NOTICE OF PETITION TO ADMINISTER ESTATE OF DOREEN T. BALES**  
ROA #1 CASE NO. 37-2018-00065167-PR-PW-CTL  
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of:  
**DOREEN T. BALES**  
A Petition for Probate has been filed by **JEAN ELIZABETH HATHAWAY** in the Superior Court of California, County of SAN DIEGO  
The Petition for Probate requests that **JEAN ELIZABETH HATHAWAY** be appointed as personal representative to administer the estate of the decedent.  
The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.  
The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.  
**A hearing on the petition will be held in this court as follows:**  
Date: 2/7/2019 Time: 1:30 P.m. Dept. 503  
Address of court: 1100 Union Street, San Diego, CA 92101, Central - Probate  
**If you object** to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.  
**If you are a creditor or a contingent creditor of the decedent**, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) **four months** from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) **60 days** from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.  
**Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. You may examine the file kept by the court.** If you are a person interested in the estate, you may file with the court a *Request for Special Notice* (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A *Request for Special Notice* form is available from the court clerk.

Attorney for Petitioner: Craig Gross, 4350 La Jolla Village Drive, Suite 350, San Diego, CA 92122, (858) 750-3580  
**Legal: 4880**  
**PUBLISHED: January 10, 17, 24, 2018**

## Change of Name

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
Case Number: 37-2018-00065475-CU-PT-CTL  
TO ALL INTERESTED PERSONS  
Petitioner:  
**NEUMAN MUNDHER RAMATULA AND BODOUR ALI RAMATULA on behalf of MARYAM NOAMAN RAHMATULLAH and YASMIN NUAMAN RAHMATULLAH** filed a petition with this court for a decree changing names as follows:  
Present Name:  
**a. MARYAM NOAMAN RAHMATULLAH**  
**b. YASMIN NUAMAN RAHMATULLAH**  
Proposed Name:  
**a. MARYAM NEUMAN RAMATULA**  
**b. YASMIN NEUMAN RAMATULA**  
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
**NOTICE OF HEARING**  
Date: FEB 14 2019 Time: 9:00 a.m. Dept: 903  
The address of the court is 1100 Union Street, San Diego, CA 92101  
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News  
Date: Dec. 28, 2018 Signed: Peter C. Deddeh, Judge of the Superior Court.  
**LEGAL: 4874**  
**PUBLISHED: January 3, 10, 17, 24, 2019**

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
Case Number: 37-2018-00065479-CU-PT-CTL  
TO ALL INTERESTED PERSONS  
Petitioner:  
**ALEJANDRA SAYAKA VILLANUEVA** filed a petition with this court for a decree changing names as follows:  
Present Name:  
**ALEJANDRA SAYAKA VILLANUEVA**  
Proposed Name:  
**ALEJANDRA SAYAKA LINARES**  
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
**NOTICE OF HEARING**  
Date: 2/28/2019 Time: 9:00 a.m. Dept: 903  
The address of the court is 1100 Union Street, San Diego, CA 92101  
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News  
Date: Dec. 28, 2018 Signed: Peter C. Deddeh, Judge of the Superior Court.  
**LEGAL: 4875**  
**PUBLISHED: January 3, 10, 17, 24, 2019**

## Fictitious Business Name

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9001016  
Name of Business  
**a. FLYING DEER FARMS**  
**b. FLYING DEER FARMS TRADING POST**  
2760 S. Mission Road, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Geoffrey Alan Millar, 2760 S. Mission Road, Fallbrook, CA 92028  
This business is conducted by an Individual  
**THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/11/19**  
**LEGAL: 4887**  
**PUBLISHED: January 17, 24, 31, February 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9000869  
Name of Business  
**LG PROPERTIES**  
1657 Loch Ness Dr, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Louis A. Guerra, 1657 Loch Ness Dr, Fallbrook, CA 92028  
This business is conducted by an Individual  
**THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/10/19**  
**LEGAL: 4888**  
**PUBLISHED: January 17, 24, 31, February 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9000205  
Name of Business  
**THE COUNTRY TRADER VALLEY CENTER**  
27818 Valley Center Rd., Valley Center, CA 92082  
Mailing address: P.O. Box 18341, Anaheim, CA 92817  
County: San Diego  
This business is registered by the following:  
Elevated Inspirations, LLC: a Wyoming Close LLC, 30 N. Gould St. Ste R, Sheridan, WY 82801  
This business is conducted by a Limited Liability Company  
This LLC is located in Wyoming  
**THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/03/19**  
**LEGAL: 4889**  
**PUBLISHED: January 17, 24, 31, February 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2018-9031228  
Name of Business  
**a. WOVEN WE ARE**  
**b. WOVEN WE ARE IS MY #1**  
**c. WOVEN WE ARE CARLSBAD**  
**d. WOVEN WE ARE SAN DIEGO**  
**e. WOVEN WE R**  
2697 State Street, Carlsbad, CA 92008  
County: San Diego  
This business is registered by the following:  
Yoga Bound, Inc., 2697 State Street, Carlsbad, CA 92008  
This business is conducted by a Corporation  
This Corporation is located in California  
**THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/21/18**  
**LEGAL: 4890**  
**PUBLISHED: January 17, 24, 31, February 7, 2019**

**NOTICE OF TRUSTEE'S SALE.** Foreclosure DOT 80897-OP65-DOT. APN: See Schedule "1". YOU ARE IN DEFAULT OF YOUR OBLIGATION UNDER YOUR DEED OF TRUST, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Date of Sale: **02/06/2019 at 10:00 AM.** Place of Sale: **AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY THE STATUE, 250 E. MAIN ST., EL CAJON, CA 92020.** NOTICE is hereby given that First American Title Insurance Company, a Nebraska Corporation, 1 First American Way, Santa Ana, CA in care of: 400 S. Rampart Blvd, #290 Las Vegas, NV 89145 – Phone: **(800) 251-8736** as the duly appointed Trustee, Successor Trustee, or Substituted Trustee of Deed(s) of Trust executed by **Trusstor(s)** and recorded among the Official Records of **San Diego County, California**, and pursuant to that certain **Notice of Default ("NOD")** thereunder recorded, all as shown on **Schedule "1" which is attached hereto and a part hereof, will sell at public auction** for cash, lawful money of the United States of America, (a cashier's check payable to said Trustee drawn on a state or national bank, a state or federal credit union, or a state or federal savings and loan association, or savings bank as specified in section 5102 of the Financial Code and authorized to do business in this state) **all that right, title and interest** conveyed to and now held by it under said Deed of Trust in the property situated in said County and State to wit: Those certain Timeshare Interval as shown as Legal Description Variables on **Schedule "1"**, within the timeshare project **Oceanside Pier Resort** located at **333 N Myers St, Oceanside, CA, 92054.** The legal descriptions as set forth on the recorded **Deed(s) of Trust shown on Schedule "1"** are incorporated by this reference. The undersigned Trustee disclaims any liability for any incorrectness of the street address shown herein. Said sale will be made without covenant or warranty, express or implied, as to title, possession or encumbrances to satisfy the unpaid balance due on the note or notes secured by said Deed(s) of Trust, as shown on as Note Balance on **Schedule "1"**, plus accrued interest thereon, the estimated costs, expenses and advances if any at the time of the initial publication of the Notice of Sale, together with estimated expenses of the Trustee in the amount of **\$600.00.** Accrued Interest and additional advances, if any, will increase this figure prior to sale. Dated: **January 10, 2019.** First American Title Insurance Company, a Nebraska Corporation. SCHEDULE "1": NOD Recording Date and Reference: 10/10/2018; 20180419712. Contract No., Loan No., Legal Description Variables, Trustor, APN, DOT Dated, DOT Recording Date and Reference, Note Balance; 410714711, 410714711, POINTS: 615000, FREQUENCY: Annual, UNDIVIDED INTEREST: 615,000/785,316,000, JOYCE WEATHINGTON and CECIL GOSTON, 147-075-08-00, 04/20/2007, 02/28/2008, Inst: 2008-0096659, \$55,409.54; 410723456, 410723456, POINTS: 87500, FREQUENCY: Annual, UNDIVIDED INTEREST: 87,500 / 785,316,000, BARBARA A BURROWS and WILLIAM E NOVAK, 147-075-01 thru 147-075-07, 06/22/2007, 02/26/2008, Inst: 2008-0097970, \$3,178.96; 730803871, 730803871, POINTS: 300000, FREQUENCY: Annual, UNDIVIDED INTEREST: 300,000/785,316,000, NICOLE ARTIS, 147-075-01 thru 147-075-07, 04/29/2008, 06/19/2008, Inst: 2008-0330563, \$13,849.35; 730804663, 730804663, POINTS: 28000, FREQUENCY: Annual, UNDIVIDED INTEREST: 28,000/647,452,000, CHRISTOPHER WARD and CAMISHAR WARD, 147-075-08-00, 05/20/2008, 09/19/2008, Inst: 2008-0498240, \$7,635.83; 731212080, 731212080, POINTS: 77000, FREQUENCY: Annual, UNDIVIDED INTEREST: 77,000/647,452,000, ERICA PURA and MICHAEL PURA, 147-075-08-00, 11/18/2012, 02/08/2013, Inst: 2013-0087865, \$12,813.67; 731303376, 731303376, POINTS: 105000, FREQUENCY: Even, UNDIVIDED INTEREST: 52,500/647,452,000, JENNIFER TSCHETTER, 147-075-08-00, 04/20/2013, 10/17/2013, Inst: 2013-0623172, \$6,493.10; 731412680, 731412680, POINTS: 210000, FREQUENCY: Annual, UNDIVIDED INTEREST: 210,000/647,452,000, JAMES W. STOWELL and FRANCES C. STOWELL, 147-075-08-00, 12/22/2014, 02/03/2015, Inst: 2015-0048229, \$29,497.63; 731504627, 731504627, POINTS: 84000, FREQUENCY: Annual, UNDIVIDED INTEREST: 84,000/647,452,000, MOLLYA. WALKER, 147-075-08-00, 05/04/2015, 06/30/2015, Inst: 2015-0342223, \$6,840.43; 731600995, 731600995, POINTS: 505000, FREQUENCY: Annual, UNDIVIDED INTEREST: 505,000/647,452,000, RONALD BREWER and AUDREY BREWER, 147-075-08-00, 02/02/2016, 04/08/2016, Inst: 2016-0162297, \$57,268.75; 731612750, 731612750, POINTS: 400000, FREQUENCY: Annual, UNDIVIDED INTEREST: 400,000/785,316,000, HANNELORE L LIEBERMAN, 147-075-08-00, 12/19/2016, 03/03/2017, Inst: 2017-0100024, \$45,185.96. Published 1/17/1/24,1/31, 2019.

T.S. No.: 9948-3122 TSG Order No.: DS7300-18002758 A.P.N.: 157-550-28-36 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 08/17/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Affinia Default Services, LLC, as the duly appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded 08/24/2005 as Document No.: 2005-0729174, of Official Records in the office of the Recorder of San Diego County, California, executed by: NATHAN RAMIREZ, A SINGLE MAN and LESLIE DAVIS, A SINGLE WOMAN AS JOINT TENANTS, as Trustor, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable in full at time of sale by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and state, and as more fully described in the above referenced Deed of Trust. Sale Date & Time: 02/04/2019 at 10:00 AM Sale Location: At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 The street address and other common designation, if any, of the real property described above is purported to be: 4266 BODEGA BAY WAY, OCEANSIDE, CA 92054 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made in an "AS IS" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$263,204.42 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to sale. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call, 916-939-0772 for information regarding the trustee's sale or visit this Internet Web site, www.nationwiderealty.com, for information regarding the sale of this property, using the file number assigned to this case, T.S.# 9948-3122. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet Web site. The best way to verify postponement information is to attend the scheduled sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Affinia Default Services, LLC 301 E. Ocean Blvd. Suite 1720 Long Beach, CA 90802 833-290-7452 For Trustee Sale Information Log On To: www.nationwiderealty.com or Call: 916-939-0772. Affinia Default Services, LLC, Omar Solorzano, Foreclosure Associate This communication is an attempt to collect a debt and any information obtained will be used for that purpose. However, if you have received a discharge of the debt referenced herein in a bankruptcy proceeding, this is not an attempt to impose personal liability upon you for payment of that debt. In the event you have received a bankruptcy discharge, any action to enforce the debt will be taken against the property only. NPP0346349 To: VILLAGE NEWS INC 01/10/2019, 01/17/2019, 01/24/2019

**NOTICE OF TRUSTEE'S SALE TS No. CA-18-831499-JB** Order No.: **DS7300-18000175** YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 3/9/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): **Heather F. Hart, a single woman** Recorded: **3/17/2006** as Instrument No. **2006-0186982** and modified as per Modification Agreement recorded 5/3/2010 as Instrument No. 2010-0221426 of Official Records in the office of the Recorder of **SAN DIEGO** County, California; Date of Sale: **2/4/2019 at 10:00 AM** Place of Sale: **At the entrance to the East County Regional Center by the statue, located at 250 E. Main St., El Cajon, CA 92020** Amount of unpaid balance and other charges: **\$363,166.29** The purported property address is: **307 MORNINGSIDE TERRACE, VISTA, CA 92084** Assessor's Parcel No.: **175-291-43-00** **NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call **916-939-0772** for information regarding the trustee's sale or visit this Internet Web site **http://www.qualityloan.com**, using the file number assigned to this foreclosure by the Trustee: **CA-18-831499-JB.** Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: **Quality Loan Service Corporation 2763 Camino Del Rio South San Diego, CA 92108 619-645-7711** **FOR NON SALE information only Sale Line: 916-939-0772 Or Login to: http://www.qualityloan.com** **Reinstatement Line: (866) 645-7711 Ext 5318** Quality Loan Service Corp. TS No.: **CA-18-831499-JB** IDSPub #0148869 1/10/2019 1/17/2019 1/24/2019



Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 37-2018-00064516-CU-PT-NC  
TO ALL INTERESTED PERSONS

Petitioner:  
**STEPHEN RICHARD MAROVICH** filed a petition with this court for a decree changing names as follows:  
Present Name:  
**STEPHEN RICHARD MAROVICH**  
Proposed Name:  
**STEVEN RICHARD MAROVICH**

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING

Date: 2/26/19 Time: 8:30 a.m. Dept: 26  
The address of the court is 325 S. Melrose Drive, Vista, CA 92081

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News  
Date: Dec. 21, 2018 Signed: Robert P. Dahlquist, Judge of the Superior Court.

LEGAL: 4869

PUBLISHED: December 27, 2018, January 3, 10, 17, 2019

Citation for Freedom

CITATION FOR FREEDOM FROM PARENTAL CUSTODY AND CONTROL

Jaxxon James Braschler  
Case Number: AN16495

Superior Court of California, County of San Diego, North County Division  
325 S. Melrose Dr., Suite 130, Vista, CA 92081

To Joseph Marvin Braschler  
You are advised that you are required to appear in the Superior Court of the State of California, County of San Diego, in Department 12 at the court location indicated above on FRIDAY, FEBRUARY 1, 2019 at 9:00 am to show cause, if you have any, why Jaxxon James Braschler minor should not be declared free from parental custody and control (for the purpose of placement for adoption) as requested in the petition.

You are advised that if the parent(s) are present at the time and place above stated the judge will read the petition and, if requested, may explain the effect of the granting of the petition and, if requested, the judge shall explain any term or allegation contained therein and the nature of the proceeding, its procedures and possible consequences and may continue the matter for not more than 30 days for the appointment of counsel to give counsel time to prepare.

If you wish to seek the advice of an attorney in this matter, you should do so promptly so that your pleading, if any, may be filed on time.

Date: 12/17/18  
By: M. Garcia, Deputy

Legal #: 4881  
Published: January 10, 17, 24, 31, 2019

Shoot to WIN!

photo contest!

2019

THE GREATER FALLBROOK AREA SOURCEBOOK

We're looking for photos that represent Fallbrook & Bonsall!

1st Prize: \$100 Plus photo credit in Sourcebook

2nd Prize: \$50 Plus photo credit in Sourcebook

Featured Photos: Receive a gift certificate to a local restaurant plus photo credit in Sourcebook if your photo is chosen for print. (If you have multiple photos chosen, you'll receive one gift certificate for every two photos that appear in print.)



Enter all your favorite photos!

Email your photo submissions by 2/1/19 to sourcebook@reedermmedia.com

Please include your name and phone number. Photos must be high resolution to be considered for print. No limit on number of photo entries per person. All winners will be notified by email prior to Sourcebook publication.

APN: 160-470-27-00 NOTICE OF DEFAULT AND FORECLOSURE SALE WHEREAS, on April 25, 2007, a certain Mortgage Deed of Trust was executed by CHARLES MERRILL STIFFLER AND CAROL LINDROTH STIFFLER, TRUSTEES OF THE LINDROTH STIFFLER FAMILY TRUST, DATED MARCH 23, 1994, trustors in favor of WELLS FARGO BANK, N.A. as beneficiary, and was recorded on May 1, 2007, as Document Number 2007-0297485 in the Office of the Recorder of San Diego County, California; and WHEREAS, the beneficial interest in the Mortgage Deed of Trust is now owned by the Secretary of Housing and Urban Development ("Secretary" or "HUD"), pursuant to the following Assignment(s) recorded in the Office of the Recorder of San Diego County, California: Corporate Assignment of Deed of Trust recorded on November 16, 2015, as Document Number 2015-0592525 by Wells Fargo Bank, N.A., in favor of The Secretary of Housing and Urban Development; and WHEREAS, the entire amount delinquent as of December 26, 2018 is **\$272,349.12**; and WHEREAS, by virtue of this default, the Secretary has declared the entire amount of the indebtedness secured by the Mortgage Deed of Trust to be immediately due and payable; NOW THEREFORE, pursuant to powers vested in me by the Single-Family Mortgage Foreclosure Act of 1994, 12 U.S.C. 3751 et seq., by 24 CFR part 27, subpart B (the "Act"), and by the Secretary's designation of me as Foreclosure Commissioner, which said Instrument is recorded herewith, NOTICE IS HEREBY GIVEN that on **January 28, 2019 at 11:00 a.m.** local time, all real and personal property at or used in connection with the following described premises ("Property") will be sold at public auction to the highest bidder: LEGAL DESCRIPTION: LOT 27 OF OCEANA MISSION UNIT NO. 1, IN THE CITY OF OCEANSIDE, COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, ACCORDING TO MAP THEREOF NO. 8648, FILED IN THE OFFICE OF THE COUNTY RECORDER OF SAN DIEGO COUNTY ON AUGUST 17, 1977. Commonly known as: 992 SURFBIRD WAY, OCEANSIDE, CA 92057 The sale will be held at: **OUTSIDE THE MAIN ENTRANCE AT THE SUPERIOR COURT NORTH COUNTY DIVISION, 325 MELROSE DRIVE, VISTA, CA** Per the Secretary, the estimated opening bid will be **\$272,349.12**. There will be no proration of taxes, rents, or other income or liabilities, except that the purchaser will pay, at or before closing, his pro rata share of any real estate taxes that have been paid by the Secretary to the date of the foreclosure sale. When making their bids, all bidders, except the Secretary, must submit a deposit totaling ten percent (10%) of the Secretary's estimated bid amount in the form of a certified check or cashier's check made payable to the undersigned Foreclosure Commissioner. Ten percent of the estimated bid amount for this sale is \$27,234.91. A deposit need not accompany each oral bid. If the successful bid is oral, a deposit of \$27,234.91 must be presented before the bidding is closed. The deposit is nonrefundable. The remainder of the purchase price must be delivered within 30 days of the sale or at such other time as the Secretary may determine for good cause shown, time being of the essence. This amount, like the bid deposits, must be delivered in the form of a certified or cashier's check. If the Secretary is the highest bidder, he need not pay the bid amount in cash. The successful bidder will pay all conveying fees, all real estate and other taxes that are due on or after the delivery date of the remainder of the payment and all other costs associated with the transfer of title. At the conclusion of the sale, the deposits of the unsuccessful bidders will be returned to them. The Secretary may grant an extension of time within which to deliver the remainder of the payment. All extensions will be for 15-day increments for a fee of: \$500.00, paid in advance. The extension fee shall be in the form of a certified or cashier's check made payable to the Secretary. If the high bidder closes the sale prior to the expiration of any extension period, the unused portion of the extension fee shall be applied toward the amount due. If the high bidder is unable to close the sale within the required period, or within any extensions of time granted by the Secretary, the high bidder may be required to forfeit the cash deposit or, at the election of the Foreclosure Commissioner after consultation with the HUD representative, will be liable to HUD for any costs incurred as a result of such failure. The Commissioner may, at the direction of the HUD representative, offer the property to the second highest bidder for an amount equal to the highest price offered by that bidder. There is no right of redemption, or right of possession based upon a right of redemption, in the mortgagor or others subsequent to a foreclosure completed pursuant to the Act. Therefore, the Foreclosure Commissioner will issue a Deed to the purchaser(s) upon receipt of the entire purchase price in accordance with the terms of the sale as provided herein. HUD does not guarantee that the property will be vacant. The scheduled foreclosure sale shall be cancelled or adjourned if it is established, by documented written application or otherwise, that the default or defaults upon which the foreclosure is based did not exist at the time of service of this Notice of Default and Foreclosure Sale, or all amounts due under the mortgage agreement are tendered to the Foreclosure Commissioner, in the form of a certified or cashier's check payable to the Secretary, before public auction of the property is completed. The amount that must be paid if the Mortgage Deed of Trust is to be reinstated prior to the scheduled sale is based on the nature of the breach. This loan is not subject to reinstatement. A total payoff is required to cancel the foreclosure sale or the breach must otherwise be cured, if applicable. A description of the default is as follows: FAILURE TO PAY THE PRINCIPAL BALANCE WHICH BECAME ALL DUE AND PAYABLE BASED UPON THE DEATH OF THE BORROWERS AND THE PROPERTY IS NOT THE PRINCIPAL RESIDENCE OF AT LEAST ONE SURVIVING BORROWER. Tender of payment by certified or cashier's check or application for cancellation of the foreclosure sale shall be submitted to the address of the Foreclosure Commissioner provided below. Date: December 26, 2018 PETERSON & PRICE, APC Foreclosure Commissioner 402 West Broadway, Suite 960 San Diego, CA 92101 Phone: 619-234-0361 Fax: 619-234-4786 By: Genail M. Anderson. FC No. 8294.014 1<sup>st</sup> Class No. 9999.0004 01/10,01/17,01/24/2019

APN: 177-120-39-00 TS No: CA07000842-18-1 To No: 8741670 NOTICE OF TRUSTEE'S SALE (The above statement is made pursuant to CA Civil Code Section 2923.3(d)(1). The Summary will be provided to Trustor(s) and/or vested owner(s) only, pursuant to CA Civil Code Section 2923.3(d)(2).) YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED MAY 20, 2015. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On February 13, 2019 at 10:00 AM, at the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA 92020, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust recorded on May 21, 2015 as Instrument No. 2015-0260576, of official records in the Office of the Recorder of San Diego County, California, executed by GARY J MCCOSKER, A SINGLE MAN, as Trustor(s), in favor of MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC, as nominee for URBAN FINANCIAL GROUP OF AMERICA, LLC as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 1421 ALTA VISTA DRIVE, VISTA, CA 92084 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$363,358.18 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call In Source Logic at 702-659-7766 for information regarding the Trustee's Sale or visit the Internet Web site address listed below for information regarding the sale of this property, using the file number assigned to this case, CA07000842-18-1. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: December 14, 2018 MTC Financial Inc. dba Trustee Corps TS No. CA07000842-18-1 17100 Gillette Ave Irvine, CA 92614 Phone: 949-252-8300 TDD: 866-660-4288 Myron Ravelo, Authorized Signatory SALE INFORMATION CAN BE OBTAINED ON LINE AT [www.insourcelogic.com](http://www.insourcelogic.com) FOR AUTOMATED SALES INFORMATION PLEASE CALL: In Source Logic AT 702-659-7766 Trustee Corps may be acting as a debt collector attempting to collect a debt. Any information obtained may be used for that purpose.ISL Number 54268, Pub Dates: 01/03/2019, 01/10/2019, 01/17/2019, VILLAGE NEWS

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T.S. No. 18-0438-11 NOTICE OF TRUSTEE'S SALE NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED 注：本文件包含一个信息摘要 참고사항: 본 첨부 문서에 정보 요약서가 있습니다  
NOTA: SE ADJUNTA UN RESUMEN DE LA INFORMACION DE ESTE DOCUMENTO TALA: MAYROONG BUOD NG IMPORMASYON SADO KUMENTONG ITU NANA KALAKIP LUU Y: KEM THEO ĐÂY LÀ BẢN TRÌNH BÀY TÓM LƯỢC VỀ THÔNG TIN TRONG TÀI LIỆU NÀY  
PLEASE NOTE THAT PURSUANT TO CIVIL CODE § 2923.3(d)(1) THE ABOVE STATEMENT IS REQUIRED TO APPEAR ON THIS DOCUMENT BUT PURSUANT TO CIVIL CODE § 2923.3(a) THE SUMMARY OF INFORMATION IS NOT REQUIRED TO BE RECORDED OR PUBLISHED AND THE SUMMARY OF INFORMATION NEED ONLY BE MAILED TO THE MORTGAGOR OR TRUSTOR. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 8/9/2017. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. TRUSTY: KYLE LEROUX AND JENNIFER LEROUX HUSBAND AND WIFE AS COMMUNITY PROPERTY WITH RIGHT OF SURVIVORSHIP Duly Appointed Trustee: The Wolf Firm, A Law Corporation Recorded 8/22/2017 as Instrument No. 2017-0381467 of Official Records in the office of the Recorder of San Diego County, California, Street Address or other common designation of real property: 1122 COTTONTAIL ROAD VISTA CA 92081 A.P.N.: 217-381-18-00 Date of Sale: 2/11/2019 at 10:00 AM Place of Sale: At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 Amount of unpaid balance and other charges: \$435,796.08, estimated The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this Internet Web site [www.nationwideposting.com](http://www.nationwideposting.com), using the file number assigned to this case 18-0438-11. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 1/8/2019 The Wolf Firm, A Law Corporation 2955 Main Street, 2nd Floor Irvine, California 92614 Foreclosure Department (949) 720-9200 Sale Information Only: 916-939-0772 [www.nationwideposting.com](http://www.nationwideposting.com) Sindy Clements. Foreclosure Officer PLEASE BE ADVISED THAT THE WOLF FIRM MAY BE ACTING AS A DEBT COLLECTOR, ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION YOU PROVIDE MAY BE USED FOR THAT PURPOSE. NPP0346868 To: VILLAGE NEWS INC 01/17/2019, 01/24/2019, 01/31/2019

FALLBROOK COMMUNITY PLANNING GROUP

And

DESIGN REVIEW BOARD

Regular Meeting

Monday 21 January 2019, 7:00 PM., Live Oak School, 1978 Reche Road, Fallbrook

AGENDA as of 1/6/2019

NOTE. Due to the resignation of William Leach, seat #1 is open on the Fallbrook Community Planning Group. Interested individuals please contact the chair, (see below) to receive an application.

1.

Vice-chairman Jack Wood to administer the oath of office to our recently elected, Stephen Brown, Eileen Delaney, Guy R. Howard, Mark Mervich, Kim Murphy, Jim Russell, and Victoria Stover

2.

Appoint Eileen Delaney as secretary for this meeting. Community input. Voting item.

3.

Open Forum. Opportunity for members of the public to speak to the Planning Group on any subject matter within the Group's jurisdiction but not on today's agenda. Three minute limitation. Non-discussion, & Non-voting item.

4.

Approval of the minutes for the meeting of 17 December 2018. Voting Item.

5.

Request for a Minor Deviation to a Site Plan or Use permit for new signage for the Union Oil station at 1202 S. Main Avenue (APN 104-341-09). Owner Union Oil, Contact person Sorin Enache, Sorin@promotionplusinc.com Domingo Roja, 818-857-7239, domingo@promotionplusinc.com. County planner A.J. Morales, aj.morales@sdcounty.ca.gov. Continued at the 19 Nov and 17 Dec FCPG meetings. **Design Review Committee.** Community input. Voting item. (9/25)

6.

AD18-025 Phan Ag Clearing Permit. Request for an ag permit to clear 1.21 of the 10.5 acres located at 3589 Sage Road for growing dragon fruit, a 1250 SqFt greenhouse for growing oyster mushrooms plus a 500-ft. chain length fence. Owner, applicant and contact person, Tai Phan, 562-341-1370, timphan09@gmail.com. County planner John Leavitt, 858-495-5448, john.leavitt@sdcounty.ca.gov. **Land Use Committee.** Community input. Voting item. (1/3)

7.

Presentation by Mr. Mark Pilcher, Cell (760) 666-0077, (760) 731-9566, Mark.L.Pilcher@gmail.com, about the Warrior Village Project. It is a multi-faceted project involving industry groups, educational institutions and non-profits. The goal of the Project is to provide affordable housing to homeless veterans in San Diego County while training high school and college students, underserved and at-risk youth, transitioning military, veterans, ex-offenders and displaced workers in construction trades. Small cottages would be constructed in modules on a dozen sites in the County and then transported to "village" sites where the cottages would be installed on permanent foundations in a "pocket neighborhood". The cottages would meet all building codes and requirements for permanent residential housing. The quality of construction of the cottages would be comparable to any home built by a traditional home builder. They would just be small. At about 400 sq. ft., each cottage would be about the size of a studio apartment. For a number of reasons, the Warrior Village Project is (at least for now) a North County focused venture. I am looking for a lot for our village, probably in Fallbrook. Land is relatively inexpensive in Fallbrook, it is the back door of Camp Pendleton where veterans can access services, and I have friends in Fallbrook (Architect, General Contractor, Realtor, et al) that know the area well and are able to help me quickly identify and assess potential lots. I am looking for a property of about ¼ acres in a neighborhood where the neighbors would welcome the Project, where the Project would be considered an enhancement of the neighborhood. This may mean finding a lot zoned commercial or industrial, but which will never be developed due to onerous building requirements and fees. Eventually, I hope to have similar villages established throughout San Diego County. Community input. Non-voting item.

8.

Request to the Board of Supervisors to appoint Mr. Jerry Kalman, 760-468-4689, jkalman@hotmail.com, to the Fallbrook Community Planning Group to fill seat #1 vacated by the resignation of William Leach on 1 Jan 2019. Mr. Kalman is next in line from the November 2018 elections. Community input. Voting item.

BY-LAWS, FALLBROOK COMMUNITY PLANNING GROUP

ARTICLE III - MEMBERSHIP

**Section 2 Vacancies:** Vacancies shall be filled from the list of candidates in the most recent election in the order of the number of votes received.

**BOARD OF SUPEERVISORS POLICY I-1, ARTICLE II - MEMBERSHIP**  
Section IV Candidates for vacancies occurring in the membership of the group must meet all the requirements for membership, as set forth elsewhere in this Policy. Vacancies are filled in accordance with the group's Standing Rules. If there are no applicable Standing Rules, vacancies are filled from the list of candidates in the election in order of the number of votes they received; and if no list exists, volunteers may be accepted. Confirmation of the candidate from an Election list or of a volunteer shall be by majority vote of the remaining members of the group. Only upon appointment by the Board of Supervisors can the new candidate assume the responsibilities of membership.  
The process of filling vacancies shall maintain neighborhood representation if applicable. In addition, appointments to planning groups and sponsor must be made to a specifically numbered seat. Solicitation for candidates to fill vacancies may be made in the notices of meetings published in a local paper.

9.

Election of officers: chair, 1<sup>st</sup> vice-chair, 2<sup>nd</sup> vice-chair, and secretary. Voting item.

10.

Election of the Fallbrook Community Planning Group's representative to the I-15 Corridor Design Review Board.

NOTE: The Planning Group occasionally has openings on its **Land Use** (Jack Wood 760-731-3193), **Circulation** (Roy Moosa 760-723-1181), **Parks & Recreation** (Donna Gebhart 760-731-9441), **Public Facilities** (Roy Moosa 760-723-1181) and **Design Review** (Eileen Delaney 760-518-8888) Committees for non-elected citizens. Interested persons please contact the Chairman. This is a preliminary agenda. If any changes are made, a final agenda will be posted at the North County Fire District, 315 E. Ivy Street, Fallbrook, at least 72 hours prior to the meeting.  
Jim Russell, Chairman, 205 Calle Linda, Fallbrook, California 92028, (760) 728-8081  
Cell 760-580-5516, russellfarms@roadrunner.com

Published: January 17, 2019

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# Wine Country

## Chapin Family Vineyards values the social experience



Steve Chapin stands in front of his vineyard at Chapin Family Vineyards. **Photos continued on the next page.**

Jeff Pack photo

farms or something, so I had a relative orientation to agriculture and I really appreciate it and loved it," Chapin said. "So the plan was just to grow grapes and enjoy it. The agriculture was the first priority. I was basically going to just grow grapes, kind of on the side and sell them, it worked out pretty much, but suddenly I got the fever, I guess you call it."

With some help from his neighbors, he made roughly 200 cases a wine and sold every bottle within about three months.

"I said, 'What a business!'" Chapin said. "Little did I know that it's not the first time around making wine, it's the second vintages and the third where you have to get into sell mode. So, at that point with a lot of help Doffo across the street, I started making more wine and finally went through the whole plot plan system with the county of Riverside. It took me about two and a half years to do."

The winery opened to the public Jan. 2, 2012, which means they recently celebrated their seventh anniversary. Since then, 100 percent of the grapes harvested on the property have been utilized for production of Chapin Family Vineyards wines.

"So, here we are today doing probably around 3,800 cases a year," Chapin said. "So that makes us incredibly small compared to other wineries. But it's enough to suffice of pretty big wine club and all of our retail needs and so I haven't had the need to go out and do distribution, which basically kills the margins."

"We have a pretty good clientele and are pretty darn busy and would like to grow, but it will always remain as a small, relatively speaking winery. We'd like you get up to 6,000 cases, but that's a dream that may or may not happen, you know, so. So we have other plans too, but hopefully we'll just stay really tight with our product line and everything here."

Chapin said he's invested heavily in production to create the best wines possible.

"In fact, as a small winery, I invested more in the equipment and you know, all of the things you need, the lab and everything than I did in the tasting room and places like that," he said. "I wanted to make good wine and I always tell people when they talked to me, I say it's very easy to make wine. It's very challenging to make good wine."

"With some help and as far as a consultant is concerned, we are able to make pretty good wine that is pretty competitive. We do charge a premium for our wines here because we think they are of the quality they can demand the price," Chapin said.

He said his background in academics and the help of consultant Dr. Enrique Farrow has helped him to create wines of that quality.

"First of all, there's a lot to learn, there's no question about that," Chapin said. "I've been doing it since 2004 and 2005 and I'm coming up to 15 years of doing this and when you basically engulf yourself in the whole thing – studying, going to seminars – and well, I'm kind of academic anyway, so not only in the winemaking but also the vineyard and how they relate."

With a fully developed winemaking system with protocols and standards in place, Chapin can focus on the experience for wine tasters when they visit his facility.

"I think I'm being a little egotistical here, but I think we're branded as a winery of quality," he said. "I don't have as many people as some of the wineries down the road, and we hope to enhance that. But when people come in, I want them to know that yeah, you're gonna pay a little bit more for our wine, but number one, you're going to have a good experience and then you're going to have a quality wine to experience too."

"When we get them in here, we sit them down, give them a core of information about our wines and winemaking and hopefully a fun experience. All people come in here happy. All they want to do is leave a little happier. That's my goal. Whether they buy the wine or not, I want them to think that this was one of their best days," Chapin said.

Chapin Family Vineyards is open from 10 a.m. to 5 p.m. seven days a week and located at 36084 Summitville Street in Temecula.

Call (951) 506-2935 or visit [www.chapinfamilyvineyards.com](http://www.chapinfamilyvineyards.com).

Jeff Pack can be reached at [jpack@reedermedia.com](mailto:jpack@reedermedia.com).

### Jeff Pack WRITER

The social aspect of owning a winery in Temecula Wine Country is what inspired Steve Chapin. But if he's being honest, if he hadn't opened Chapin Family Vineyards, the former microbiologist might be holed up in his house with his head inside a book.

"I'm the kinda guy that could go into my house and just read and study and that's where I'd be," Chapin said. "This forces me to be with you and talking to people, and it makes me be social. My entire career, really, is a social experience, you know what I mean? It really is. Meeting customers, talking to CEOs of hospitals and things of that sort. It is a social experience. And so, rather than cut that off, you come out here and you just naturally have to be social. If you're not, you're not fulfilling your role."

After college and a tour in the Navy, Chapin started his career as a medical technologist and public health microbiologist for San Diego County, before transitioning to a career with Roche Diagnostics in blood chemistry for 27 years.

With Roche, he found himself wining and dining those CEOs, which meant having to learn a thing or two about entertaining.

"When you take customers out to dinner and they know you're paying

for it because you are, you know, it's the expectation is that you select the wines because that's just kind of a unwritten, polite thing that you do," Chapin said. "I knew I had to know a little bit more about wines to be able to do a good job. So, I did a lot of entertaining with lots of wines, and I really enjoyed the ambiance of it, the cultural aspects of it. And it has become an enormous passion for me as far as the winemaking and just the history of wine."

The cultural aspect of winemaking and wine production is a main focus of his winery, the furthest facility northeast on Rancho California Road.

"If you go to a country and experienced their wines, experience their food, talk to the people, you really do understand their culture much more than say, reading about it or looking at the architecture and the history," Chapin said. "If you experience all those things, you really do experience the culture of the place you're visiting."

Upon his retirement from Roche, he decided to plant 5 acres of land he owned in 2002 with varietals of syrah, cabernet sauvignon and petite verdot. A few years later, he purchased another 6 acre parcel and planted viognier, aglianico and montepulciano, citing a love of farming.

"I had six uncles who were all in agriculture, either dairies are big



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A group of people are sitting on a balcony overlooking a vineyard and hills. A woman in a grey top and blue jeans is sitting in a chair, looking towards the right. A man in a dark blue shirt is standing, looking out at the view. Another person is sitting at a table with a glass of wine and a bottle of water. The balcony has a metal railing and a view of a vineyard and hills in the background.

A large, open-air patio area with several black metal tables and chairs. The patio is surrounded by a low wall and has a view of a vineyard and hills. There are palm trees and other plants in the foreground. A person is sitting at a table in the background.

Jeff Pack  
photos



# Wine Country Events Calendar

**UPCOMING:**  
Jan. 31, Laugh Your Glass Off, Lorimar Winery

# Wine Country map courtesy of Temecula Valley Winegrowers



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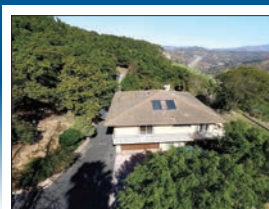
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