

Man arrested
in connection
with Bonsall
fire released

Jeff Pack
Writer

Brad Arands, who was arrested Sunday, Nov. 11 in connection with a five-acre brush fire that broke out near Highway 76 in Bonsall, was released Friday, Nov. 16 due to a lack of evidence.

Arands, 34, was initially arrested on a felony arson charge, but according to Steve Walker, San Diego County District Attorney's Office communications director, prosecutors have not been presented with enough evidence to file charges.

Lt. Rick Lopez of the San Diego County Sheriff's Department reported Nov. 19 that officials were continuing their investigation.

The fire broke out around 12:30 p.m. in an area near Ramona Drive and burned for around three hours before it could be completely contained, according to Cal Fire San Diego.

A sheriff's deputy had already begun to investigate smoke in the area and arrived at the scene of the fire as firefighters first began to be notified, according to San Diego County Sheriff's Department Sgt. Jeff Schmidt. Upon arrival, the deputy saw a man walking away from the blaze who was behaving in a manner that was described as "highly suspicious."

Arands was detained until firefighters could get the blaze

see **FIRE**, page A-8

Legacy celebrates giving
and receiving



Fr. Vince Mesi front left, and Fr. Francisco Alejo accept a grant from the Viola McDowell Endowment for San Luis Rey Mission Parish and its outreach program for the homeless. Behind them are Legacy's board president, Mark Hvasta, and program officer Jan Pichel.

Lucette Moramarco photo

Lucette Moramarco
Associate Editor

Legacy Endowment Community Foundation held its second annual Endowment Celebration Nov. 15 for both donors and beneficiaries at Palomares House. Jan Pichel, Legacy's program officer, told the guests, "The work that you do has affected me profoundly."

Through her own work for nonprofits and from what she has observed at many other service organizations, Pichel said she has "experienced humbleness. Humbleness through you and the people you serve, combined with greatness, servitude and meekness."

She explained that meekness is "being able to get out of your own way to serve others...it is the feeling after you've served someone." That is why the Bible says the meek shall inherit the earth, she added.

After visiting Elizabeth Hospice and observing its work, Pichel said, "You feel tremendously small but incredibly fulfilled at the same time; to inherit the world is to be a part of the universe." Furthermore, the work of these nonprofits inspires donors to do what they do, she said.

see **LEGACY**, page A-12

thisweek

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Group works to help
Fallbrook's homeless



Volunteers hang clothes donated for the Fallbrook Homeless Advocacy group's homeless outreach event.

Courtesy photos

Tom Ferrall
Staff Writer

A middle-aged homeless woman who states she hasn't had a shower in 15 days walks up to Blaine Vice and asks if she could wash her feet at the foot washing station that is set up in the parking lot of Fallbrook Apostolic Assembly. She then asks if there are any sandals.

"Go over there and get some socks and shoes and then come back," said Vice, pointing to an area where clothing and footwear are available. "That way you'll have some clean socks for your clean feet."

Vice is a member of Fallbrook Homeless Advocacy, a group that conducts a homeless outreach event in the Fallbrook Apostolic

Assembly parking lot (135 East Vine Street) the third Friday of each month from 9 a.m. to noon.

The outreach events provide homeless individuals with the opportunity to get a warm meal, clean up (there is a hair wash and haircut station as well as the foot washing station), pick up some clothing and/or footwear, get some soap and other hygiene products, and even a little counseling. Officials with the McAlister Institute, which offers programs for the treatment of alcoholism and drug addiction, are available for consultation.

Fallbrook Homeless Advocacy presented its third outreach event Nov. 16 and Vice said more than 20 homeless people stopped by. The next outreach will be held Dec. 21.

"This is our biggest turnout... at least a dozen new faces," said Vice of the Nov. 16 gathering. "We're committed to doing this for a year."

Members of four area churches – Riverview, Christ the King, SonRise Christian Fellowship and Calvary Chapel – are involved in Fallbrook Homeless Advocacy.

"This is the Friendly Village, right?" said Vice. "We just want to be the friendly people for those that are less fortunate. As our pastor calls them – the marginalized. We just want the marginalized people to know there are people in this town that care."

Vice knows that not everyone in town is a fan of the work of Fallbrook Homeless Advocacy.

see **HOMELESS**, page A-10

Student
arrested for
posting gun
threat

Jeff Pack
Writer

A social media post that circulated Tuesday, Nov. 13, was perceived to be a threat of violence at Fallbrook High School planned for Wednesday, Nov. 14.

The photo in the post on Snapchat featured a handgun appearing to sit on the leg in the lap of a person with the accompanying text, "don't come to school tomorrow fallbrook high."

By 3:30 p.m. Nov. 14, the San Diego County Sheriff's Department announced in a press release that a 14-year-old juvenile who attends Fallbrook High School was arrested for posting the threat and booked into Juvenile Hall.

According to the report by Sgt. Patrick Yates, no weapons were found at the juvenile's residence and "it is believed the suspect had no intention of actually following through with a shooting."

Yates said it is the policy of the Sheriff's Department not to release identifying information about a juvenile who has been arrested.

When the post began circulating on social media sites Nov. 13, Fallbrook High School issued a response on the school's Facebook page and not long after sent an email to Fallbrook High parents with a message from the school's administration.

The school shared the content of the email on its Facebook page on the morning of Nov. 14: "Good morning. This is an update regarding the Snapchat posting of the firearm yesterday evening and threat to Fallbrook High School. Police have spent the night investigating and have accessed SnapChat. They have also addressed the names on the Snapchat which turned out to have no credible involvement in this

see **THREAT**, page A-8



ANNOUNCEMENTS

Women’s Connection to enjoy Christmas concert

FALLBROOK – The Fallbrook Women’s Connection will enjoy a Christmas concert as well as a delicious brunch in the Beverly Mansion at the Grand Tradition Estate & Gardens Friday, Dec. 7, from 10 a.m. to noon.

The Fallbrook Women’s Connection invites all ladies to come and enjoy the beautiful sounds of the popular jazz singers Gin ‘Tonix, a perfect addition to this year’s holiday gathering. Also, returning by popular demand, will be Farah’s collection of fashionable handbags, wallets, jewelry and more.

The guest speaker is Judee Stapp, who will recall the joys of Christmas Past and highlight ways to survive Christmas present in “The Lights of Christmas – The Gift that Keeps on Giving.” Pianist Jean Dixon will provide beautiful music.

The cost per ticket is \$22, cash or check, and includes brunch. The Grand Tradition is located at 220 Grand Tradition Way (entrance is located at the corner of Mission and Grand Tradition Way, near the Econo Lodge). Free childcare will

be provided for younger children with reservations. To make a reservation, call Ginny at (760) 723-3633 or Marilyn at (760) 728-2866 or email Fallbrookwomen@roadrunner.com. Sponsored by Stonecroft.

Submitted by Fallbrook Women’s Connection.

The talented jazz singers that form the group Gin ‘Tonix will perform for the Fallbrook Women’s Connection Dec. 7.

Courtesy photo



CALENDAR

Nov. 22 – 8 a.m. – Fallbrook Village Rotary hosts its 10th annual Turkey Trot 5k stroll, walk or run through the Grand Tradition Estate and Gardens and Los Jilgueros Preserve. All levels welcome. Registration is \$35 through Nov. 11, \$40 through Nov. 21 and \$45 the day of the event starting at 7 a.m. Register at www.Active.com or www.FallbrookTurkeyTrot.com. For more info, call (760) 451-3488. Also benefits Fallbrook Animal Sanctuary and Fallbrook Land Conservancy.

Nov. 30 – 5-7:30 p.m. – Annual Tree Lighting will be held at Fallbrook Community Center. Nonprofits and merchants will have booths; food and shopping will be available. Local performers will provide free entertainment throughout the night.

Dec. 1 – 5 p.m. – The 37th annual Fallbrook Christmas Parade will travel down Main Avenue from Ammunition to East Mission roads. The theme this year is “A Toyland Christmas”. Entries include marching bands, decorated floats, colorful characters, fire trucks and Santa Claus. Deadline for entry applications is Nov. 14. Call or visit the Fallbrook

Chamber of Commerce office for more info, (760) 728-5845 or 111 S. Main Ave.

Dec. 2 – 1-4 p.m. – The Fallbrook Historical Society hold its Annual Old Fashioned Christmas Open House at The Heritage Center, 1730 Hill St. (at Rocky Crest Dr.). Includes docent-led tours of all museums and displays, plus the unveiling of the new award-winning Fallbrook Girl Scout Display. There will be music, refreshments, crafts for children, woodcarver demonstrations, silent auction, and Santa Claus will arrive at 2:30 p.m.

Dec. 8 – 8-10:30 a.m. – Fallbrook Community Center hosts its annual Breakfast with Santa including a hot breakfast, arts and crafts, and entertainment. Cost for all ages is \$5 each. Pictures with Santa will be available for \$3 starting at 9 a.m. Children must attend with a parent or responsible adult. For more info, call (760) 728-1671.

Dec. 13 – 7 p.m. – FUHS Holiday Choir Concert will be presented at the Bob Burton Center, 2400 S. Stage Coach Lane. Magical holiday music will be performed by student choirs and madrigals. The \$5 admission charge supports student performing arts.

Hough to speak on Community Choice Energy

FALLBROOK – Radio personality and environmentalist Tommy Hough will speak about Community Choice Energy at the Fallbrook Library community room on Tuesday, Nov. 27 at 6:30 p.m. The library is at 124 S Mission Rd.

Former 91X and FM 94/9 morning host Hough has been active in conservation and wilderness issues since 2001, from his advocacy for California State Parks to serving as the host of the Treehuggers International radio show, to leading communications efforts for the San Diego County Surfrider chapter and Oregon Wild. He was named a 2017 FEAT Award winner by the San Diego County chapter of the Sierra Club.

Hough wrote a resolution passed by the San Diego County Democratic Party calling for Community Choice Energy in San



Diego which is now part of the city’s Climate Action Plan. CCE empowers a local government to offer an alternative to utility-sold electricity which is more renewable and more cost effective.

San Diego Gas & Electric has some of the highest rates in California with no incentive to keep costs low due to a virtual monopoly. CCE is structured as a non-profit entity whose primary responsibility is to serve the public interest and stabilize or reduce costs, allow for better incentives for rooftop solar and other innovative energy programs such as electric vehicle rebates, low-income programs and overall energy efficiency.

The talk is presented by the Fallbrook Climate Action Team, a local group of volunteers promoting discussion and action to mitigate the effects of climate

Courtesy photo

Tommy Hough will talk about Community Choice Energy at Fallbrook Library, Nov. 27 at 6:30 p.m.

change. The presentation is open to the public.

Submitted by Fallbrook Climate Action Team.

Bird club’s holiday dinner is Dec. 1

VISTA – North County Aviculturists, a club for pet bird owners and breeders, will start the holidays off Saturday, Dec. 1, with its annual pot luck dinner and opportunity table.

Members will meet at 6 p.m. at the Vista Masonic Lodge, 761

No meeting for radio club Dec. 1

FALLBROOK – The Fallbrook Amateur Radio Club will not be having its regular monthly meeting on Dec. 1; its members will be busy supporting the communication needs of the Fallbrook Christmas Parade event.

The Medicare Annual Election Period is October 15 – December 7

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LOCAL

Tools for Paradise needed

Roger Boddaert
Special to the Village News

With the horrific fires that have burned up and down the state of California, I have recollections of the Rice Canyon fire of 2007 that burned here in Fallbrook.

If you recall, the entire Fallbrook population was evacuated from that fire with the howling Santa Ana winds blowing cinders and sparks miles away from the origin of the fire.

In the past week, the television’s vivid broadcasting coverage has brought back those fire memories, and my heart goes out to all those in the state who have gone through fires at one time or another, and let’s help out Paradise, California now.

Let’s step up and help out as Fallbrookians and gather some much-needed first recovery tools to aid this massive cleanup in Paradise.

The cleanup and rebuilding of the Paradise community is going to take years, but we can assist with some early on donated tools like shovels, rakes, wheel barrows, heavy duty trash bags, sifting boxes, gloves, chainsaws, tents, tarps, hammers, crowbars, pop up canopies, flashlights and batteries, blankets, rain gear, and more.

Perhaps if you clean out your garage or garden shed, you might have some of these extra items. If not, a purchase of some of these suggested tools will be greatly appreciated and put to good use. Black Friday at Home Depot might have some of these tools to get and donate.

I have set out large containers in the front of my home where you can drop off these much-needed hand tools for starters.

Call me and I will give you the address for drop-offs, (760) 728-4297. Another drop-off point is Nutrient Ag. Solutions at 1044 E.

Mission Rd. For more information, call (760) 728-1400 and ask for Steve, the manager.

‘Tis the season of giving and sharing with Tools for Paradise and thank you for any tools or

materials you can contribute to the cause.



Roger Boddaert photos



These are some of the tools that are needed to clean up Paradise. To drop off any equipment, call Roger Boddaert for his address, (760) 728-4297.

Happy Thanksgiving!

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Fallbrook's 2018
Thanksgiving Day

10th ANNUAL
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Thursday, November 22, 2018

7:00am ~ Trot begins 8:00am

Register at www.FallbrookTurkeyTrot.com

Location: 220 Grand Tradition Way, Fallbrook

Come together with the community to raise money for the Fallbrook Village Rotary Club Foundation while feeling good and creating memories of a lifetime. Our goal is to raise funds for the Fallbrook Land Conservancy, Fallbrook Animal Sanctuary and the Fallbrook Community.

Jeanne Stuart

760.310.HOME (4663)

www.JeanneStuart.com | Jeanne.Stuart@ColdwellBanker.com

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Angel Society donates \$95,900 to local nonprofits

FALLBROOK – A total of \$95,900 in philanthropic funds was approved by the board of directors of the Angel Society of Fallbrook during the months of July through October.

The largest grant included scholarships to 22 Fallbrook High School students totaling \$25,000. In addition, \$4,500 in funds were awarded to FUHS to assist students in need.

The Fallbrook Senior Center received funds totaling \$10,000 towards the center’s Home Delivered Meals program, which delivers healthy food to an average of 50 to 60 homebound seniors daily.

The Fallbrook Village Association also received a grant of \$10,000 to help fund the creation of a waiting station at the new Railroad Heritage Park located at the intersection of Main Avenue and Elder Street in downtown Fallbrook.

Two North County nonprofits, TERI, Inc. and Operation Hope, received \$5,000 each. TERI, which is located in Oceanside, serves children and adults with special needs. Operation Hope in Vista offers a 45-bed year round shelter focusing on homeless families and single women.

REINS Therapeutic Horsemanship Program in Fallbrook, which helps children and adults with disabilities learn how to ride horses and have fun doing it, also received \$5,000 in funds.

The Fallbrook Animal Sanctuary received \$4,000 in aid for its ongoing spay and neuter expenses.

Also receiving \$4,000 was the Veterans of Foreign Wars, which will use the funds to upgrade a patio used by veterans, their families and the GANAS program.

The Fallbrook Pregnancy Center, which provides resources and education for new parents, received \$3,000.

The Live Oak Park Coalition received \$2,500 to fund new soccer goals and other equipment. Fallbrook Trails Council received \$2,000 to help support repairs, equipment and annual maintenance at the Santa Margarita River Trail. The Fallbrook Chorale also received \$2,000 to help replace fire-damaged items, as well as support orchestra expenses for its annual Christmas concert on Dec. 8.

Wounded Warrior Homes Inc., which is based in San Marcos, also received \$2,000 to assist homeless veterans with transitional housing.

Palomar College received \$1,500 in assistance for its adult ESL classes in Fallbrook and \$1,000 for its Textbook Program.

Several organizations received \$1,000 each. They include the Fallbrook Beautification Alliance, which will use the funds to help maintain the Main Street median; La Paloma Elementary School student programs; Potter Jr. High’s Band/Choir and Hardship Fund; Veteran Career Assistance to assist military personnel transitioning to civilian careers; and Club Crown Heights (part of North County Lifeline) to help provide computers and accessories in an afterschool program in Oceanside.

Other FUHS school teams and



FUHS student volunteers earn community service credit on a recent busy Saturday at the Angel Shop, from left, Andrea Candido, Ruth Urrutia, Natalie Sanchez, Erica Rodas, Mimi Meacham, Ariana Garcia, Eva Mendoza, Katie Mactezuma, and Virginia Lazaro.

programs received \$500 each. They include Cross Country, Girls Volleyball, Boys Lacrosse and R.O.T.C.

Two other worthy local programs also received \$500 each. They are Fallbrook Pop Warner and its Little Scholars program, to purchase uniforms and equipment; and Our Fallen Soldier, which supports spouses and families of veterans lost in conflicts, also received \$500.

The Bonsall Woman’s Club received \$400 to help create two decorated trees to be raffled at its upcoming “Storybook Christmas” luncheon fundraiser.

The Angel Society of Fallbrook raises philanthropic funds through the operation of the Angel Shop, an all-volunteer run thrift store at 1002 S. Main Avenue. Many members of the Angel Society volunteer at the shop and items for sale are donated by generous Fallbrook residents and friends.

Recent repairs and repaving of the Angel Shop parking lot were made possible by donations to the Angel Building Fund. Generous



From left, student volunteer Itsarely Castillo helps Angel Society member volunteers Sharon Rose, Eufemia Carreno, and Laura Robinson.

donors are listed on the Angel Wall outside the shop and on the Angel website.

The Angel Shop is open Monday through Saturday from 10 a.m. to 3 p.m. Donations are accepted Monday through

Saturday from 10 a.m. to 2 p.m. For more information, visit www.theangelsociety.org.

Submitted by The Angel Society of Fallbrook.

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OPINION

A season of giving, a season of thanks

The Fallbrook Alumni Association wishes to extend our heartfelt thanks to the generous merchants and community members who helped make our All-Alumni Picnic such a huge success. As part of the celebration, and to help the association cover costs for the event, we offered an opportunity drawing. As always, our community and our members stepped up to provide beautiful and valuable donations. Fallbrook, the Friendly Village, can always be counted on to support the association and the

many other non-profits who work to help make Fallbrook such a wonderful place to live! We wish you all a very happy and healthy holiday season and we look forward to your continued participation and support as we work to make certain Fallbrook High School’s students have the resources to best take advantage of all our school and our community has to offer. Thank you, Fallbrook! *Bill Hansen
Fallbrook Alumni Association*

Polling turns out to be an unfortunate experience

Each election, my husband, George Kossivas, volunteers his garage as a polling location. He attends the Registrar of Voters training, cleans the garage and devotes his day to being of service to the community as a poll worker. It’s a lot of responsibility and work. With ballot Measure EE, this election was emotionally charged. Two gentlemen, Joe Beyer and Jeff Johnson, showed up in our driveway early election day. Mr. Johnson was wearing a Bonsall High School lanyard and “Staff” badge of sorts. We found this to be an obvious intimidation tactic. Regardless of which side one is on, there is no room for outside influence at a polling place. I phoned the Registrar of Voters. They told me it was unacceptable that he was wearing that lanyard with the controversial measure regarding the school district on the ballot. They opened a case and sent someone to request he remove his lanyard, which he did. Mr. Johnson and Mr. Beyer took turns “observing” all day, remaining through the closing of the polls. I approached them, introduced myself and inquired as to their positions. They responded,

tapping on the “Observing Polices and Procedures” poster mounted on our garage door, stating they were observing. Later, I inquired about their clipboard and tally marks. Mr. Johnson said he was counting the number of people voting. When I asked why, he said, “to make sure the number of people voting matches the number of ballots coming out.”. He then added he was a “concerned citizen”. With the help of Google and some neighbors, I learned Jeff Johnson was the treasurer of the Yes on EE campaign. Crazy and shameful. Many voters were insulted, suggesting we call the Sheriff and have them removed, saying it was unacceptable. There were several confrontations between voters and Mr. Johnson. The poll workers were uncomfortable being watched all day. This behavior was disheartening, to say the least. My husband, a veteran, loves his country and takes great pride in hosting the elections, which he will continue to do despite this unfortunate experience.

Susie Kossivas

After Measure EE, it is time to come together

In a Nov. 10 article in the San Diego Union-Tribune, Teresa Platt said, “there will be discussion about what’s next. Some soul-searching, probably, at the district, is overdue.” I agree. In April, Platt also said, “if you find another location, we will help you with your bond.” I believe she is sincere. I have heard many times, mainly from Gird Valley residents, “why do you want to build a school in Fallbrook?” That sends a clear message – Gird Valley doesn’t feel like it is part of the Bonsall community. And that’s a shame, because they are. As of Nov. 15, 75 percent of Gird Valley registered voters turned out, and 83 percent of those voters said No to Measure EE. Platt is right – it is time to do some soul-searching. It is time for the district and Gird Valley residents to stop viewing one another as opposites – it is time that both sides view each other as partners. Gird Valley residents have sent a message – and it’s time the Bonsall community listens to that message.

The positive of Bonsall Unified owning the Gird Valley parcel is overwhelmed by the negative feeling the site has among Gird Valley residents. The time to heal is now. It is time to come together, and as a community, help mold this district into what it needs to be for a good, long time. In that same article, Platt said “the question should be, what facilities do we need for the future?” And although the district and different board members have floated a variety, it is time to put those aside and start over. What facilities do we need? Not just for a high school, but for the entire district, at every level. Let’s find consensus – at some basic level, all parties should be able to agree on the facilities, the properties, and number of incoming students. It’s time to partner with Gird Valley residents and say, “we need your help, and in turn, we can help you.” The message is clear. We just need to listen to heal this wounded community.

David Toney

Big changes in Sacramento



Assemblymember Marie Waldron
AD-75 (R)

The Legislature will convene Dec. 3 for one day to swear in new members and start the 2019-2020 two-year session that will begin in earnest Jan. 7.

Big changes are coming to Sacramento. First of all, Gavin Newsom will be our new Governor, with a partisan balance in the Legislature that has shifted more heavily toward the Democrats, who will have a two-thirds super-majority in both houses. Politics aside, this region will have unprecedented clout in the new session. Senator Toni Atkins (D – San Diego) will remain Senate President pro Tempore, Senator Pat Bates (R – Laguna Niguel, whose district includes northwest San Diego County) will retain her position as Senate Republican Leader, and Assemblyman Todd Gloria (D – San Diego), remains Majority Whip. Lastly, I have been selected by my Republican colleagues to become Assembly Republican Leader, replacing Assemblyman Brian Dahle, who is stepping down. Though we may disagree on

Re: ‘Dirty trick’ perpetrated on Fallbrook votes [Village News, Letter, 11/15/18]

In last week’s Opinion Section Mr. Schembri intentionally attacked and libeled me concerning an art display at the Fallbrook Library. He claimed that I chose the art, which involved immigration, to be on the walls during voting at the library. He wrote that I must consider myself “incredibly clever (clever?) and sneaky”, that I did it as a “cheap trick” to influence the election and suggested that I broke the law. He claimed that because I was the former president of the Fallbrook Democratic Party I chose and placed the art to influence voters. I was not involved with this art show. I did not choose the art, I did not participate in hanging the art

in the library, and I did not know that the library would be used for voting. Furthermore, although I am a Democrat, I was never the president of the Fallbrook Democratic Club. Mr. Schembri’s personal attack on me is unfortunately typical of today’s politics, especially by those concerned with issues like voter fraud. It is especially harmful because some people who have read his article will still think I did something terribly wrong because of politics. I did not do anything wrong. We must do better if we want our democracy and our country to thrive.

Larry Miller

Happy Thanksgiving

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some issues, this leadership team has an excellent personal and working relationship, and I look forward to joining them as we move forward to address the great issues facing our state and region. These include transportation infrastructure, water, housing, wildland/urban interface and disaster preparation and response, healthcare and many others. While these issues can be contentious, they are often open to bi-partisan solutions. Though Southern California has been California’s population center for decades, this has often not been reflected in legislative leadership, which in the past has frequently come from Northern California. At the very least, the concerns of Southern California will be receiving increased attention in the new session. I am humbled by the support I received from the voters Nov. 6, and I look forward to continuing to serve as your voice in Sacramento.

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Village News

A limited number of previous issues of the Village News (more than one month old) are available for \$1.50 each, plus \$1.00 postage and handling (\$2.50 total cost). Call 760-723-7319 to order.

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The result however, is something owner Faro Trupiano and the residents of Fallbrook are proud of and excited to support regularly.

Whether you're in the historic interior with muted tones, crisp lines, and light from the large windows, or on the heated flagstone patio next to a meandering stream with water 52 weeks a year, you will enjoy the ambiance.



Award-winning food writer Nathalie Taylor, who wrote that the restaurant reminded her of one she had visited in Brussels, also wrote, "A cheery fire flickers in the oven and can be seen through a glass barrier. Ernest Hemingway would have felt at home there – he would have called it, 'A clean well-lighted place.'" No doubt Hemingway would have spent many hours at the bar with the many unique cocktails and 20 craft draft beers on tap as well.

While the ambiance and the bar are something to enjoy for certain, guests keep coming back for the delicious modern pub fare. The artisan stone-fired pizzas are a work of art. For instance there's one with braised short ribs, caramelized red onions, housemade BBQ sauce, cilantro and smoked mozzarella blend. There are also many pizzas from which to choose.

More of a burger person? There are also amazing burgers. For instance the popular Fallbrook Burger with avocado guacamole, Applewood bacon, pepper jack cheese,

Braised short rib bbq pizza.

Fallbrook avocado burger.

Stagecoach bbq bacon burger.

White cheddar and asiago mornay pasta.

garlic aioli, lettuce, tomato, all served on a brioche bun.

Another popular one is the Stage Coach – it's a burger stacked several inches high with house made BBQ sauce, brown sugar-cured bacon, sharp cheddar, smokey crispy onions, garlic aioli, also on a brioche bun.

If fish is your choice, there is the fresh catch of the day, salmon and of course fish and chips. If greens are desired, there are also several healthy salad offerings, as well as pasta dishes, including Mac & Cheese which has yummy White cheddar & Asiago mornay, cork-

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Jewelry Connection has always been a family business. It has been at the corner of Main Ave. and Alvarado St. in downtown Fallbrook for 19 years now. Prior to that it was housed for five years a few doors up the street where the Blue Heron is presently. Before that, it was the Village Peddler, started 31 years ago, and owned and operated by Jamie Mathieu's parents Roger and Yvette. That is where Jamie learned the business. After the Village Peddler became the Jewelry Connection, Yvette Mathieu helped work in the store and was a friendly face for all their customers for years. Locals have trusted the Mathieu family for over 30 years with those special pieces that are just right for their special occasion.

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When did we start celebrating

THANKSGIVING

Sarah Josepha Hale, a 74-year-old magazine editor had been lobbying for an official national “Thanksgiving Day Holiday” for 15 years. Her requests were finally honored after she wrote to Abraham Lincoln on September 28, 1863, asking him to have the “day of our annual Thanksgiving made a National and fixed Union Festival.” She said, “You may have observed that, for some years past, there has been an increasing interest felt in our land to have the Thanksgiving held on the same day, in all the States; it now needs National recognition and authoritative fixation, only, to become permanently, an American custom and institution.”

Throughout the Civil War Lincoln had issued several statements calling for days of thanks. But the matter of an official Thanksgiving holiday had been a decision of the States and festivals were held at different times, mainly in New England and other Northern states. President Lincoln however responded to Mrs. Hale’s request immediately.

By the President of the United States of America.

A Proclamation.

The year that is drawing towards its close, has been filled with the blessings of fruitful fields and healthful skies. To these bounties, which are so constantly enjoyed that we are prone to forget the source from which they come, others have been added, which are of so extraordinary a nature, that they cannot fail to penetrate and soften even the heart which is habitually insensible to the ever watchful providence of Almighty God. In the midst of a civil war of unequaled magnitude and severity, which has sometimes seemed to foreign States to invite and to provoke their aggression, peace has been preserved with all nations, order has been maintained, the laws have been respected and obeyed, and harmony has prevailed everywhere except in the theatre of military conflict; while that theatre has been greatly contracted by the advancing armies and navies of the Union. Needful diversions of wealth and of strength from the fields of peaceful industry to the national defense, have not arrested the plough, the shuttle or the ship; the axe has enlarged the borders of our settlements, and the mines, as well of iron and coal as of the precious metals, have yielded even more abundantly than heretofore. Population has steadily increased, notwithstanding the waste that has been made in the camp, the siege and the battle-field; and the country, rejoicing in the consciousness of augmented strength and vigor, is permitted to expect continuance of years with large increase of freedom. No human counsel hath devised nor hath any mortal hand worked out these great things. They are the gracious gifts of the Most High God, who, while dealing with us in anger for our sins, hath nevertheless remembered mercy. It has seemed to me fit and proper that they should be solemnly, reverently and gratefully acknowledged as with one heart and one voice by the whole American People. I do therefore invite my fellow citizens in every part of the United States, and also those who are at sea and those who are sojourning in foreign lands, to set apart and observe the last Thursday of November next, as a day of Thanksgiving and Praise to our beneficent Father who dwelleth in the Heavens. And I recommend to them that while offering up the ascriptions justly due to Him for such singular deliverances and blessings, they do also, with humble penitence for our national perverseness and disobedience, commend to His tender care all those who have become widows, orphans, mourners or sufferers in the lamentable civil strife in which we are unavoidably engaged, and fervently implore the interposition of the Almighty Hand to heal the wounds of the nation and to restore it as soon as may be consistent with the Divine purposes to the full enjoyment of peace, harmony, tranquility and Union.

In testimony whereof, I have hereunto set my hand and caused the Seal of the United States to be affixed.

Done at the City of Washington, this Third day of October, in the year of our Lord one thousand eight hundred and sixty-three, and of the Independence of the United States the Eighty-eighth.

By the President: Abraham Lincoln
William H. Seward, Secretary of State

We all have much to be thankful for.

This holiday, spend time with your family, adopt a marine, take dinner to a shut in, invite a friend or family in need to your Thanksgiving dinner. Be grateful for all that you have. We pray that you and yours have a *Happy Thanksgiving* and have time to reflect on the many blessings in your lives.



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Volunteer Yesica provides a homeless man with a haircut.

Courtesy photos



Fallbrook Homeless Advocacy provides a warm meal for those attending their monthly homeless outreach event.

from page A-1

Some people fear that the more a town helps the homeless, the more homeless the town will attract.

"I get it, I understand it," said Vice. "But we're just trying to help people. We don't want to promote something to bring homeless from Oceanside here. I don't want to do that. But I want to take care of those that are here. Let's show them that somebody cares. It's just that simple."

“Someone I know that has a lot of power in this community – when I told her about this event – she said, ‘you’re enabling them,’” continued Vice. “I said, ‘No, we’re not.’ We’re not enabling them. We’re washing their feet, we’re washing their hair and giving them a haircut and giving them some clothing for the cold weather coming up. What’s wrong with that?”

Fallbrook Homeless Advocacy is currently working to raise funds for what it's calling a "dignity trailer."

"It's a trailer with showers and washers and dryers," said Vice. "So people can come get a shower, wash their clothes and hopefully get a job. If you stink from not having a shower for three weeks, you're not going to be able to find employment. If you can clean up, you might actually be able to."

Those interested in joining Fallbrook Homeless Advocacy or simply helping out the group can contact one of the two leaders of the organization – Brad Fox (760) 419-2453 or Vice (760) 728-0354.

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Pala’s free New Year’s celebration to feature four top local bands



The Fave will entertain the crowd at Luis Rey’s on New Year’s Eve. Courtesy photo

PALA—New Year’s Eve revelers will have a time to remember when Pala Casino Spa & Resort hosts four of Southern California’s top bands for a huge, free party to welcome 2019.

The newly-expanded Luis Rey’s Restaurant, Bar & Lounge and The Center Bar will host most of the action and Pala’s big bash will kick off at 11:30 a.m. when Gino & The Lone Gunman lead off at The Center Bar until 3:30 p.m. Then

from 4-8:30 p.m., Grand Sonic Theory will take over until Safety Orange starts to welcome the New Year from 9 p.m. to 1:30 a.m.

The highly-popular The Fave will host the party at Luis Rey’s from 9 p.m. to 1:30 a.m. and Luis Rey’s full bar and dinner menu will be available for purchase. The entertainment will be free and seating in Luis Rey’s will be on a first-come, first-serve basis.

the village beat

Don't miss a beat on what is happening in Fallbrook, Bonsall, Pala, De Luz and Rainbow. Whether it is breaking news, local youth sports, or information on events and activities, you will find it quickly and easily at

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LEGACY

from page A-1

Pichel encouraged everyone to experience this level of humbleness and inherit this feeling. To those dedicated to what they do, she said, “I’m grateful to be a part of that and this event is a way to thank you for what you do.”

Legacy board member Mark Hvasta said that community foundations exist to facilitate charitable giving. The Out of the Ashes fund is one of the funds managed by Legacy; almost \$30,000 was raised and \$13,000 was given away to Lilac fire victims. There is still money in the fund for when the next fire happens.

According to Hvasta, Legacy’s charitable remainder trusts total \$14 million in funds. The foundation is distributing almost \$500,000 in grants for fiscal year 2017. A small organization with significant impact, Legacy gave away \$150,000 the night of Nov. 15.

Hvasta explained that donor advised funds get a tax deduction. A donor can create a fund at Legacy then have time to give it away when they are ready. Most of the funds at Legacy benefit seniors, children and/or the disabled. A committee decides from among applications which groups will get funds.

Scholarships are among the annual donations with \$41,836 going to students this year. Local nonprofits that applied for and received funds include the Fallbrook Senior Citizen’s Center, Foundation for Senior Care, REINS, SonRise Christian Fellowship and the Fallbrook Girls Rugby Club.

Nonprofits with their own endowments include the American Association of University Women Fallbrook Branch, the Fallbrook Land Conservancy and the Fallbrook Music Society.

San Diego area nonprofits awarded grants include Rady Children’s Hospital, Salvation Army - Sierra del Mar Division, St. Madeleine Sophie’s Center, Elizabeth Hospice, Cabin by the Lake and ROADS-Real Options for Adults with Disabilities.

Grants were also presented to programs serving veterans, K9 Guardians which provides veterans with service dogs; WAVES which provides dive therapy and training for disabled veterans and Cornerstone Therapeutic



Fallbrook Music Society treasurer Robin Scheuer accepts the grant from the society’s endowment fund managed by Legacy Endowment Community Foundation.

Riding Center’s Wounded Warrior Retreat.

The grants are appreciated so much by their recipients that Peter Lefevre came all the way from Los Angeles to receive a grant for Children’s Hospital Los Angeles. All nonprofits are encouraged to

submit applications for as many as grants as apply to their area of service.

For more information about setting up a trust or applying for next year’s grants, visit <http://legacyendowment.org/> or email info@legacyendowment.org.



Accepting a grant from the Elisabeth Wilson Endowment to Elizabeth Hospice are, from left, Jean Loo-Russo, Vatei Campbell and Debi Lange.

Happy Thanksgiving!

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Sock Hop attendees stroll back to the 50s



Jack and Jeannette Schirner dress the part while dancing to 50s era music during the Fallbrook Senior Center Sock Hop event, Nov. 10.

Shane Gibson photos



Leonard Fisher of the music group "So Rare" performs 50s era songs during the Fallbrook Senior Center Sock Hop, Nov. 10.



Iris Johnson of the music group "So Rare" performs 50s era songs during the Fallbrook Senior Center Sock Hop, Nov. 10.



From left, Hanh DeMore, Miss Teen Fallbrook 1st Princess Kathy Hernandez, Miss Teen Fallbrook Jayden Dominique and Fallbrook Senior Center Special Projects Manager Phyllis Sweeney dance together during the Fallbrook Senior Center's Sock Hop fundraising event, Nov. 10.



Music group "So Rare" perform a variety of classic songs for guests attending the Fallbrook Senior Center's Sock Hop, Nov. 10. From left, Leonard Fisher, Barry Eisen and Iris Johnson.



Miss Teen Fallbrook Jayden Dominique, left, and Miss Teen Fallbrook 1st Princess Kathy Hernandez enjoy the festivities during the Fallbrook Senior Center Sock Hop, Nov. 10.



Guests at the Sock Hop take turns dancing down the aisle with a partner at the 50s themed fundraiser.

Michele Howard photo



Guests dance and enjoy the festivities during the Fallbrook Senior Center Sock Hop fundraising event, Nov. 10.

HEALTH

Local flu cases behind last year’s pace

José A. Álvarez
County of San Diego
Communications Office

Even though fewer flu cases are being reported this season compared to last, the County Health and Human Services Agency is reminding San Diegans to get vaccinated to avoid getting sick.

A total of 189 lab-confirmed flu cases have been reported this season, less than half the 441 cases that had been reported at the same time last year.

“While fewer people have been sick with the flu this year, we never know how severe a season is really going to be,” said Wilma Wooten, M.D., M.P.H., county public health officer. “If you have not done it, get your flu shot now since the season could last through April and even May.”

According to Wooten, influenza cases typically increase during the holidays. That is because when people travel and gather in groups, they make it easier for the flu to spread.

“Holiday gatherings and celebrations bring people together in large groups raising the possibility of people getting sick and making others ill,” Wooten said. “Get a flu shot before the flu starts to spread and so that you are protected during the holidays.”

Last season, 342 people in the region died from complications from the flu, 255 more than the previous season and the highest

total since the county began tracking flu deaths nearly 20 years ago. The majority of those who died were over the age of 65 and had underlying medical conditions. Two children also died of flu last year.

One of the reasons for the high number of deaths was that the region and the country experienced a severe flu season. In addition, the high number of deaths identified locally was also due to the county’s broad surveillance and use of detailed reporting systems.

The County Health and Human Services Agency publishes the weekly Influenza Watch report, which tracks key flu indicators and summarizes influenza surveillance in the region.

For the week ending Nov. 10, 2018, the influenza watch report showed the following:

- Emergency department visits for influenza-like illness: 3 percent of all visits (compared to 2 percent the previous week)
- Lab-confirmed influenza cases for the week: 33 (compared to 27 the previous week)
- Total influenza deaths to date: 1 (compared to 3 at this time last season)
- Total lab-confirmed cases to date: 189 (compared to 441 last season)

The CDC (Center for Disease Control and Prevention) recommends that everyone six months and older get a flu shot every year. The vaccine is safe



The CDC (Center for Disease Control and Prevention) recommends that everyone six months and older get a flu shot every year.

Courtesy photo

and effective. It takes two weeks for immunity to develop.

Vaccination is especially important for people who are at high risk of developing serious complications from influenza. They include:

- People with chronic medical conditions like asthma, diabetes and lung disease, even if symptoms are under control
- Pregnant women

- People 65 years and older
- People who live with or care for others who are at higher risk

In addition to getting vaccinated, people should also do the following to avoid getting sick:

- Wash hands thoroughly and often
- Use hand sanitizers
- Stay away from sick people
- Avoid touching your eyes, nose, and mouth

- Clean commonly touched surfaces
- If you are sick, stay home and avoid contact with others

The flu vaccine is available at doctors’ offices, community clinics, and retail pharmacies. If you don’t have medical insurance, you can go to a county public health center to get vaccinated. For a list of locations, visit www.sdiz.org or call 2-1-1.

Fallbrook High to host mobile blood drive

SAN DIEGO – Fallbrook High School, in partnership with the San Diego Blood Bank, will host a mobile blood drive Friday, Nov. 30, from 7:30 a.m. to 12:30 p.m. in the school gymnasium.

FHS is located at 2400 South Stage Coach Lane and donors will receive a voucher for a free entree (up to \$14) courtesy of the Broken Yolk Cafe. Donors must be age 17 or older, weigh at least 114 pounds and be in good health.

It is recommended that donors consume an adequate meal and plenty of fluids prior to giving. A photo identification must be presented upon signing up to donate.

Donors are encouraged to schedule an appointment for their convenience but walk-ins are also welcome. To schedule an appointment, please call (800) 469-7322 or visit www.SanDiegoBloodBank.org.

About one in seven people entering a hospital need blood. One pint of blood, which is the amount volunteers give when they donate blood, can save up to three lives. Since blood is always needed, volunteers are asked to give blood for patients, such as those going through cancer or trauma.

Submitted by the San Diego Blood Bank.

Veterinarians alert pet owners of Thanksgiving hazards

AUSTIN, Texas – Veterinarians from hospitals across the U.S. with Pathway Vet Alliance, a leading national veterinary management group serving pets and their parents, cautioned pet owners of potentially life-threatening hazards around the household during Thanksgiving festivities.

Thanksgiving is a time of year with heightened travel and family gatherings. According to AAA, an estimated 51 million Americans traveled at least 50 miles for Thanksgiving last year. With increased company or new environments, inherent risks become more prevalent for pets during Thanksgiving.

For pet owners traveling or hosting this holiday season, doctors from Pathway Vet Alliance urged them to keep the following safety tips in mind for their pets.

Ask family, friends and other guests not to feed pets food scraps during meals or gatherings, especially if a pet has food restrictions.

Keep decorations like candles,

extension cords and small, scented ornaments out of reach.

Do not allow pets to chew on leftover bones, as they can splinter and perforate the intestines or cause choking.

Do not share any raw ingredients with pets, including dough or batter containing raw eggs, dairy or yeast.

Keep foods well out of reach that contain artificial sweeteners like Xylitol, which can cause hypoglycemia, which is low blood sugar; seizures; liver failure or even death in pets.

Do not feed pets fatty foods, which can cause pancreatitis.

If traveling by plane, book direct flights whenever possible and only use approved shipping crates.

If traveling by car, ensure the pet is kept in a safe, secure and well-ventilated crate or carrier and never left alone in a parked vehicle.

Ensure the pet’s crate and identification tag have matching and updated information.

“While Thanksgiving is a day

to celebrate with family and friends what we are thankful for, unfortunately, injuries and ailments involving pets arise due to avoidable hazards like decorations or dietary restrictions unbeknownst to house guests,” Dr. Taylor Marchman, veterinarian and vice president of medical operations at Pathway Vet Alliance, said. “We urge pet owners to think about their furry companions’ needs before the holiday season is upon them and these concerns are set aside for more pressing matters.”

If a pet is showing signs of injury or has ingested an object or food that poses a health risk, the owners should contact their local emergency veterinary clinic right away. Reach out before departing to ensure the emergency clinic has the capability and personnel to handle the pet’s particular needs.

For more information regarding Pathway Vet Alliance, visit www.pathwayvets.com.

Submitted by Pathway Vet Alliance.



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Sun protection is needed every day

NEW YORK – Fall is finally here, and many parts of the country are already experiencing cooler weather, more precipitation and more overcast days. It’s easy to associate vigilant sun protection with summertime – when the sun is shining intensely – but it’s important to remember sun protection is necessary every day, regardless of the weather or time of year.

“Even when it’s cold or overcast, UV rays that cause skin aging and skin cancer are reaching your skin,” says Deborah S. Sarnoff, MD, president of The Skin Cancer Foundation. “In the right winter weather conditions, you can sustain sun damage just as easily as during the summer.”

UVB rays, the main cause of

sunburn, are the strongest in the summer. However, UVB rays can burn and damage skin year-round, especially at high altitudes and on reflective surfaces such as snow or ice. Snow reflects up to 80 percent of the sun’s UV light, so the rays hit twice, further increasing the risk of skin cancer and premature aging.

UVA rays remain constant throughout the year and can penetrate through clouds and fog. UVA rays can also penetrate glass, so it’s still possible to suffer skin damage while spending a bright winter day indoors.

The first line of defense against this sun damage is clothing. Covering up is easier in the winter – it’s cold out – but the face, head and neck tend to remain exposed

year-round, and this is where most skin cancers occur. Don’t forget to wear UV-blocking sunglasses and a broad-brimmed hat before heading out. Sunglasses protect the eyes while also fighting snow glare, and a hat keeps a head warm while keeping UV rays from damaging the scalp.

Apply a broad-spectrum sunscreen with an SPF of 15 or higher daily to all exposed skin, remembering to make sure to cover often-missed spots like the tops of ears, around the eyes and near the hairline. Consider choosing a moisturizing sunscreen with ingredients like lanolin or glycerin to combat dry winter skin. Finally, try to avoid the peak sun hours between 10 a.m. and 4 p.m. and seek shade when possible.

Winter is approaching, but that’s no reason to let up on the sun safe habits practiced during the summer. Continuing sun protection efforts through the colder, cloudier months of the year reduces the risk of developing the most common cancer.

Submitted by the Skin Care Foundation.



Applying sunscreen on a daily basis helps protect against skin cancer and premature aging.

Both costs and coverage matter when choosing insurance

Trudy Lieberman
Rural Health News Service

It’s open enrollment time for medical insurance, and for people having to shop in the individual insurance market, the choices are as confusing as ever.

Television ads splashed over the airwaves as the midterm electioneering came to a close didn’t help much. By the end of the campaign it was hard to find any candidate – Democrat or Republican – who didn’t want to cover people with preexisting health conditions.

The devil was in the details, though, and how politicians suggested people should be covered remained mostly a mystery.

In Missouri, for example, Senator-elect Josh Hawley, as the state’s attorney general, signed onto a Texas lawsuit that would wipe out coverage for preexisting conditions while at the same time running campaign ads saying that he supported “forcing insurance companies to support all preexisting conditions.” How many Missourians picked up on the contradiction?

Besides the muddled campaign messages, big changes in the individual marketplace can easily trip up families searching for a good policy.

The individual mandate – the requirement that nearly everyone have insurance – is gone beginning in 2019. That means there are no penalties for not having health insurance.

The Trump administration has also resurrected two kinds of insurance policies that in the old days caused consumers lots of problems: association policies sold by groups that band together to buy insurance and the so-called short-term policies that are in force for only a short time. This year the Trump administration says a short-term policy can last for three years.

The idea behind these two kinds of policies is to make insurance cheaper. In some cases it can be far cheaper than an Affordable Care Act policy sold on your state’s shopping exchange. There are good reasons why these plans are cheaper than policies complying with the Affordable Care Act, which cover more conditions such as mental health treatment and pregnancy care and end restrictions on lifetime coverage.

The ACA-compliant plans’ biggest protection of all may be the right to buy a policy no matter what your existing health condition is, and the ACA has opened the door for millions of Americans to buy health coverage for the first time.

However, that protection so valuable to sick people comes with a trade-off: higher premiums. Since insurers selling in the state exchanges can no longer exclude sick people, they need to compensate for the greater risk people with heart disease or cancer or other major illnesses present by charging higher premiums.

Sellers of association policies can make their offerings very unattractive to sick people by limiting the number of doctors in their networks who treat certain costly diseases like HIV-AIDS, for example. If people with this disease can’t find a physician in the network, they’ll likely pick another plan.

In comparing policies this year, first consider how much you can pay. Remember the government helps those with incomes below 400 percent of the federal poverty level pay the premiums, if they

buy a policy in one of the state exchanges.

Next, closely examine the coverage. Some people may find that a policy that covers two visits to the doctor is fine, but a person with a chronic condition won’t. Others may find that the prescription drug or mental health coverage of an ACA policy is what they need.

Start your search by looking carefully at the offerings on your state exchange. It’s possible that you’ll be able to buy a silver plan that offers more coverage than a bronze policy and costs less this

year. You might be asking yourself: Are these “new” offerings better than nothing?

As I’ve said before, it depends on your tolerance for risk. If you’re perfectly healthy and willing to gamble you’ll never get sick, then a short-term policy that doesn’t offer comprehensive coverage might work. But if you’re worried about unexpected illness, buy the best policy in your exchange that you can afford.

What insurance coverage are you buying this year? Write to Trudy at trudy.lieberman@gmail.com.

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As Jim’s Alzheimer’s progressed, his wife Muriel was finding it harder and harder to be his sole caregiver. “I was giving up every-thing, but Jim needed more than me.” He needed more stimulation, more activities, and a higher degree of care than she could provide. So Muriel began to look at senior living communities. “I toured several, but wasn’t pleased with any of them.” Until she found Highgate. “It was light, bright, and welcoming. Everyone was smiling, helpful and attentive.”



“As soon as I walked in, I knew this is where Jim should be.”

– Muriel Manning, Highgate resident

”



Best of all, Muriel and Jim were able to continue living together. During the day, Jim participates in memory care activities and outings, giving Muriel “five or six hours of time to myself.” She was even able to leave town and visit her kids, “which did wonders for me.” At Highgate, she enjoys her quilting group and has benefited greatly from some of the memory care training programs. “The education has helped me a lot.” What’s more, “my friends love to come visit!”

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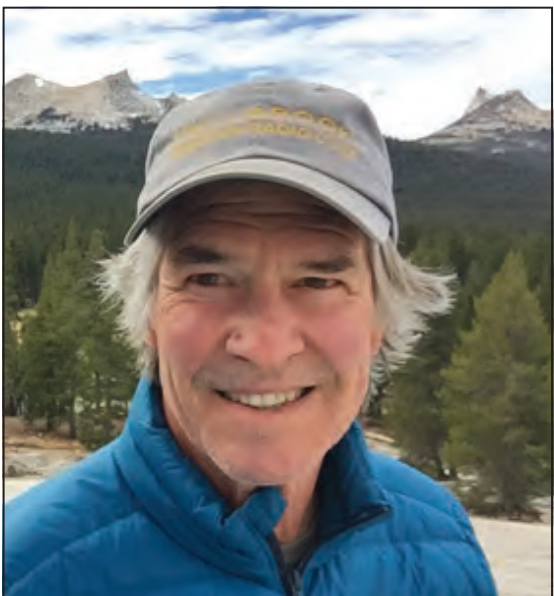
OBITUARIES

His mountains were calling and so he went. **Hy Howard Zornes** passed away on October 17, 2018, following a short but courageous battle with cancer. He died peacefully in his sleep surrounded by his loving family.

He faced his final climb with dignity and never lost his passion for living. Hy was born October 13, 1956 in Sacramento, California to his loving parents, Howard and Esther Zornes. He spent most of his youth

in Manteca, California. When he wasn't inventing new ways of getting into trouble, he worked with his father remodeling their home and learned his love of cooking from his mother. Summers were spent with his

aunt and uncle in Nebraska, where he loved to help on the family farm and learn all about the farm machinery. As a boy scout, he first kindled his passion for the outdoors and earned the rank of Eagle Scout. From a young age, Hy took any chance he could get to travel to Yosemite National Park or the Sierra Nevada mountains, where he climbed, backpacked, and kayaked extensively. He climbed many of Yosemite Valley's big walls, including the Northwest face of Half Dome and multiple ascents of El Capitan. After graduating from Manteca High School, Hy attended the University of California at Davis, earning a bachelor's degree in mechanical engineering and material science. While attending Davis, he met his future wife and the love of his life, Sharon. During college he continued his outdoor adventures, and also took up cross country and downhill skiing. After graduating from Davis in 1979, Hy began his professional career with US Steel as a metallurgist. In 1980, he married his college sweetheart and moved to Southern California, finally settling in Fallbrook, where they raised their two children, Whitney and Cody. Hy took a career hiatus to run a small sewing business, another skill passed on from his mother, before returning to design engineering in the optical and defense industries. In Fallbrook, Hy was an active community member. He served as Scoutmaster for BSA Troop 755, earned the position of Worshipful Master of the Fallbrook Masonic Lodge 317, and was a member of the Fallbrook Amateur



Radio Club. Throughout his children's growing years, Hy introduced them to all his favorite mountain sports and activities. There were frequent family ski trips to the Sierras and Sun Valley, Idaho, along with camping trips to Joshua Tree and Yosemite Valley. In 2013, Hy finally bought his dream home in Crowley Lake, south of Mammoth Lakes in the eastern Sierras. He spent his last years skiing every winter and exploring all the beautiful lakes and hiking trails every summer. Hy will forever be remembered for his passion for life, abundant energy, crazy sense of humor, and love for the mountains. He had the ability to spark an instant connection with anyone he met, making fast friends out of classmates, colleagues, acquaintances, or total strangers, ensuring he will be missed dearly by many. While we are all grieving, we know that our lives were enriched by knowing him. Through all of the good times and cherished memories we made together, Hy will live on in our hearts forever. A private ceremony and celebration of life will be held at a later date. In lieu of flowers, the family encourages a donation to the Cancer Research Institute or Vitas Hospice Care.

If you won't listen to us about the benefits of pre-need planning, listen to your accountant.

All the facts add up to one conclusion: pre-need planning makes sense. Pre-need planning saves you money, ensures your final needs are fulfilled, and makes the grieving process easier for your family and friends. Even the stodgiest accountant knows you can't debate with that logic.



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SENIOR LIVING

Thankful for...



Sue and Brian Billing, Fallbrookians since 2003, are thankful for "The Friendly Village, all the wonderful shops on Main and all the great places to eat!" Brian added she's really thankful for mah jong!



Elaine Morgan, of Fallbrook since 1966, is thankful for the love and support of her family and friends...and being cancer free for 7 years...YEAH THAT !



Cheryl Clinite says I'm thankful for being blessed, for a wonderful family, a terrific husband and for being a volunteer angel at the Angel Shop.

Crossword by Myles Mellor

1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
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71							72							

- Across
- 1. Top-quality
 - 5. Russian ruler, var.
 - 9. Changes text
 - 14. Tropical vacation island
 - 15. Something in the air
 - 16. Fill the tank
 - 17. Comic book creator Lee
 - 18. Note designator
 - 19. Watch brand

- 20. Nicole Kidman movie
 - 23. Pianist Peter
 - 24. Sounds of disapproval
 - 25. Bigheadedness
 - 28. Parroted
 - 31. Metroliner company
 - 33. Fed. property agcy.
 - 36. Take over
 - 39. Granada greeting
 - 40. Will Smith film
 - 44. Vulgarian
 - 45. Holmes of "Dawson's Creek"
 - 46. Count addition
 - 47. Office
 - 50. "The Sweetest Taboo" singer
 - 52. Canonized mlle.
 - 53. Before, abbr.
 - 56. Widely used currency
 - 59. Sylvester Stallone film
 - 63. Musical key
 - 66. Prefix with byte
 - 67. SA city
 - 68. Cushion site
 - 69. Kind of sch.
 - 70. "Beauty ___ the eye ..."
 - 71. Having projecting sharp points
 - 72. Florida's Miami-___ County
 - 73. Knock down
- Down
- 1. Pear variety
 - 2. Big name in stationery
 - 3. ___ gas
 - 4. Toyota pickup
 - 5. Food served in its own shell
 - 6. South African people
 - 7. "You ___ kidding!"
 - 8. River transports
 - 9. Excessive concern of one's self
 - 10. Censure
 - 11. Suffix for expert
 - 12. Haul
 - 13. Week-end getaway
 - 21. Do a swabby's job
 - 22. Rap sheet abbr.
 - 25. Cut into
 - 26. Balls
 - 27. Signs off on
 - 29. Compass point
 - 30. Easy bucket
 - 32. French beverage
 - 33. The BeeGees boys
 - 34. Nose
 - 35. Love lots
 - 37. Nutritionist's std.
 - 38. Guinea pigs, maybe
 - 41. Before (poet.)
 - 42. Actress Long
 - 43. Yielded
 - 48. Inability to be moved
 - 49. Archaeological find
 - 51. Greek mathematician
 - 54. Spurred
 - 55. "There!"
 - 57. Rear; as a child
 - 58. Study of smell
 - 59. Bulletin board item
 - 60. Middle-___
 - 61. Select, in a way
 - 62. Baseball Hall of Famer Greenberg
 - 63. Temperature controls, briefly
 - 64. Vain man
 - 65. He, to Henri

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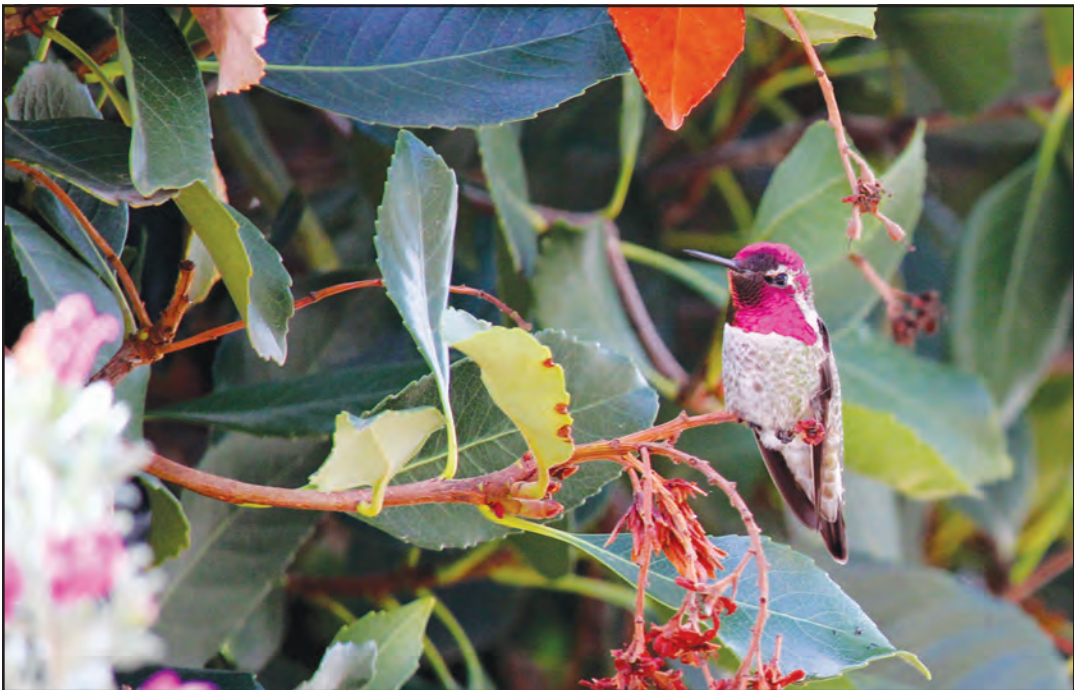


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A hummingbird comes in for a landing at a feeder in the front yard.
 Kim Harris photos



This bird, which is believed to be a Costa's Hummingbird, is extremely aggressive at the feeders.



A hummingbird feeds on one of many plants in the front yard.



Placing feeders in close proximity can cause aggression between birds. To combat the problem try placing the feeders out of view of one another.

Bully bird gives others the boot

How to combat aggressive hummingbird behavior

Kim Harris
 Managing Editor

The hummingbirds in my yard flit through the air with their wings fluttering at nearly 50 miles per hour as their tiny bodies hover above the flowers gathering the nectar that fuels their fast-paced lifestyle.

There are so many hummingbirds that call California home, from Costa's and Allen's Hummingbirds to the gorgeous ruby throated hummingbird that many of us see on a daily basis. Many of them call my drought tolerant landscaped yard home and we love just sitting on the front porch to watch them.

Due to the large number of hummingbirds that buzz in and out of our yard and our love of these amazing little creatures feeding on the variety of flowering plants we have, my husband and I decided it was time to invest in some feeders to keep the birds in our yard where we could watch them constantly if we so desired.

After a brief trip to a local home improvement store and some internet research, we now have two hummingbird feeders in the front yard and spend countless hours watching their antics.

As we spent more time watching the hummingbirds, we noticed a pattern of behavior begin to appear. Once of the little fellows who likes to feed in our yard has developed a nasty habit of hogging the sugar water, often times chasing others away to keep the nectar all to himself. We decided to take matters into our own hands and do more research to see what we could find to combat the problem.

What we discovered was what I suspected, aggressive behavior is typically strongest in late spring or early summer when the birds are claiming territory and defending nests. Hummingbirds can be aggressive well into the fall as they defend prime feeding territories to prepare for migration.

We also learned that males are more aggressive at feeders (something I can testify to seeing firsthand) while females are more aggressive near the nest.

The one thing, I know for certain, the aggressive behavior is something truly amazing to observe.

The bully, who we believe is a beautiful Costa's Hummingbird, is a vocal little fellow when another comes too close to the feeders. He literally goes crazy with a super-loud, fast-paced chirp and chittering.

If the noise doesn't scare the others away, he resorts to flaring his gorget showing off his colors in a move we discovered is a sign of his strength to dissuade intruders. Sometimes he flares his tail or raises his wings while pointing his bill at the other hummingbirds attempting to access the feeders.

Most of the time, the other hummingbirds are not impressed by his shows of strength and they dive right into the feeders to grab a quick bite, but the Costa's then takes flight, angrily chittering and chasing the other birds away from his food source.

While the antics of this particular bird were entertaining to watch, we began to feel bad for the other birds who were unable to feed and took to the internet once again to see how we could combat the problem.

The solutions offered were actually simple, moving the feeders further apart, adding more feeders and placing the feeders in different locations were a few of the steps we tried. Other suggestions included pruning the Costa's favorite perch and removing any causes of aggression to reduce stress on the bird.

I am happy to report that by putting up more feeders in the backyard, in addition to those in the front, our hummingbirds seem to have come to an understanding. While the less dominant ones are now feeding out of the backyard (save a newcomer or two who must learn the pecking order of the feeders) our Costa's Hummingbird feeds out front, all by himself where he continues to get fat and happy.



A hummingbird sits on the feeder, keeping watch for the arrival of a more aggressive bird.

REAL ESTATE & HOME AND GARDEN

Real Estate Round-Up:
Great schools equal great property values



Kim Murphy
Murphy & Murphy Southern
California Real Estate

I have resisted writing about Bonsall School Bond EE for fear of retribution from its very vocal opponents. Unfortunately, Proposition EE was defeated Nov. 6 by 58.55percent.

This is a sad day for the future of our children. Quality schools with state-of-the-art structures and educational tools are a cornerstone to any vibrant community. Quality schools improve property values and enhance the value of the community. Quality schools truly are a win/win for everyone, but especially for our children.

The most vocal opposition came from the residents of Sycamore Ranch. Potential buyers of homes in Sycamore Ranch should have all been provided a disclosure that defined the site as set aside for a high school since 1964. I know this because in 2001 we considered purchasing a home in Sycamore Ranch and the listing agent informed us of the potential high school.

We appreciated the potential school because at the time our sons were 14 and 10 years of age but the home itself was just not right for us. We have also listed and sold

These are the communities that believe in supporting their schools:

Borrego Springs Unified School District	66.22%
Carlsbad Unified School District	59.95%
Chula Vista Elementary School District	63.11%
Del Mar Unified School District	60.57%
Mountain Empire Unified School District	53.90%
San Diego Unified School District	61.02%
Santee Unified School District	58.22%
South Bay Unified School District	64.46%
Sweetwater Union High School District	64.42%
Vista Unified School District	59.86%

homes in Sycamore Ranch, and the potential high school is always a disclosure. The opposition is NIMBYism at its core. "I'm here now, so no more changes to my neighborhood."

Bonsall was the only school bond defeated in San Diego County Nov. 6. There were 10 other bonds that passed as resoundingly as Bonsall's failed. These communities recognized that good schools help their communities. Good schools add value to their communities. Good schools add value to their homes and businesses. Good schools

attract families who are invested in their community.

Let me give you an example: Carlsbad built Sage Creek High School in 2013. In 2012, before the school was open, the homes in the surrounding neighborhood were selling for \$213.32/SF on average. In 2018, those same homes are now selling for \$348.68/SF on average. That is a 63.5percent increase in value.

Sycamore Ranch homes sold for \$221.50/SF on average in 2012. In 2018, Sycamore Ranch homes are selling for \$287.54/SF on average. That is a 29.8percent increase. In

2012, before Sage Creek High School was built, Sycamore Ranch homes were more valuable. In 2018, Sage Creek High School area homes are worth 21.2percent more than Sycamore Ranch homes. Great schools equal great property values.

Only one community did not support their school district: *Bonsall

Some of you may say that I'm on the wrong side of this because it doesn't align with your analysis of the merits of the bond. But I believe that every bond has a pro and a con. Each of the bonds that did pass had roughly 40 percent of the vote who voted against it. The bond or the school district was imperfect enough to garner people who opposed it, however, most people supported the bond despite the deficiencies.

California Schools should be able to be fully funded out of the state budget, but that is not happening. It's true that California is mismanaged, but that's a topic for a future article.

An analysis of the state's budget and the school district's budget would show where the funds are going and why public-school property, enrollment and overall test scores are in decline. Without extra "bonds" to bridge the gap, school districts cannot maintain or improve. Every school district struggles with the same challenges. The difference is found in how a community supports their schools through bonds and other activities, so their schools can provide an excellent education in a quality environment.

The same NIMBY's who opposed the school bond, stand in strong support of Monserate Winery. There's no discussion about traffic when it comes to the winery. No concern for safety or noise or vandalism. Apparently having increased traffic as a result of individual visitors and group tours to the winery is more acceptable than having increased traffic due to the carpools and busses that would transport the community's children to the high school.

Don't get me wrong. I have no horse in the race. My children are both adults and I am excited that Monserate Winery is being developed. I am thankful that the Work family decided to take on the project and build something beautiful that the community can enjoy and attract visitors and new residents to Fallbrook. I, however, am more excited when our values are placed on our children and the development and support of our public schools, which ultimately has a positive effect on property values.

*Bonsall – The voting community includes properties that are in Bonsall and properties in Fallbrook within the Bonsall school district

Kim Murphy can be reached at kim@murphy-realty.com or (760) 415-9292 or at 130 N Main Avenue, in Fallbrook. Her broker license is #01229921, and she is on the board of directors for the California Association of Realtors

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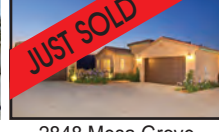












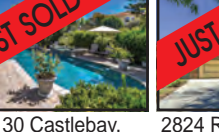


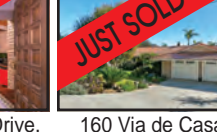

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Thanksgiving is the leading day for US home cooking fires

FALLBROOK – Holiday party planning begins now for many families, and SERVPRO fire damage restoration specialists in the Fallbrook area offer some important reminders to local residents to help ensure this season glows with the warmth of good food and good friends, and not with the glare of a devastating home fire.

“The holiday season is a time when many families plan big and elaborate meals for large groups of people,” says Sue Steen, Servpro Industries, Inc., chief executive officer. “But all that cooking creates an extraordinary risk of fire. For a safe and festive holiday season, it’s important to understand that risk and take steps to minimize it.”

Cooking Fire Safety

Research from the National Fire Protection Association reveals that in 2017, on average, U.S. fire departments responded to a home fire every 88 seconds. Cooking equipment was the leading cause of home fires and fire injuries, causing 47 percent of home fires. These fires resulted in 20 percent of the home fire deaths and 45 percent of the injuries.

“Fallbrook-area families should keep these statistics in mind as the holidays approach. According to the NFPA, Thanksgiving is the peak day for home cooking fires, followed by the day before Thanksgiving, Christmas Day, and Christmas Eve,” said Steen. “Families should also be aware that frying poses the greatest risk of fire, in fact, the NFPA discourages the use of outdoor gas-fueled turkey fryers that immerse the turkey in hot oil.

This video graphically illustrates the danger these devices can pose.”
<https://youtu.be/j3rF8F0JQRQ>

SERVPRO restoration specialists offer these additional cooking safety tips from FEMA’s U.S. Fire Administration.

1. Keep an eye on what you fry:
If you see any smoke or the oil starts to boil, turn the burner off.
2. Stand by your pan: If you leave the kitchen, turn the burner off.
3. Turn pot handles toward the back of the stove so that no one can bump them or pull them over.
4. Wear short sleeves or pull sleeves up: 18 percent of cooking fire fatalities in 2016 were caused by ignited clothing.
5. Keep a pot lid or cookie sheet nearby to cover a pan if it catches on fire.

“Taking common sense precautions like these and keeping kids and pets out of the kitchen during meal prep can help keep your holiday celebrations safe,” says Steen. “The precautions you take could help prevent a devastating home fire, a tragic injury, or even the loss of life. While SERVPRO disaster response professionals are fire damage restoration specialists, they know how important it is to keep the focus on fire prevention, because for some types of loss, there is no remediation.”

SERVPRO is an industry leader and provider of fire and water cleanup and restoration services. For more fire prevention and fire safety tips and information about fire and water damage restoration services, please visit www.servpro.com. For more information on SERVPRO® in the Fallbrook area, contact Randal Vance of SERVPRO® of Fallbrook/South Oceanside, at (760) 451-0600 or rvance@servpro10502.com.

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Fallbrook Beautification Alliance gives thanks for Major Market customer generosity

FALLBROOK – Customers shopping at Major Market during August and September had the opportunity to make a donation to the Fallbrook Beautification Alliance’s “Wipe Out Graffiti” Campaign. A total of \$1,850.36 was raised by customers dropping spare change or generously supporting the fight.

Since the beginning of 2018, the Fallbrook Beautification Alliance has removed 1396 tags in and around Fallbrook, which represents 434 volunteer hours of scrubbing, painting, washing and scouring. The team of just five volunteers, led by Marta Donovan of the FBA, includes Dan Clouse, Susan Huff, newest volunteer Brenda Carden and Scott Donovan.

With the generous donation by Major Market customers, the FBA was able to purchase a pressure washer, which will greatly increase the effectiveness of the team’s removal efforts on concrete and brick surfaces.

In spite of all of the hard work, graffiti continues to be a problem in Fallbrook. At the same time, calls into Fallbrook’s graffiti hot line are at an all time low. “Please call the Graffiti Hotline (760) 451-3144 if you see any graffiti in Fallbrook,” requested Donovan, “and the volunteer senior patrol officers will photograph it and upload the photos into their database.”

This process is the best way to ensure speedy removal, as well as provide the means for the Sheriff’s Department to watch for trends, identify problem areas, and track gang activity. FBA also recommends that residents and businesses consider completing a Crime Report if their property has been tagged with graffiti, as this is also an important step in documenting the crime, will aid in the building of a case for the prosecution and determining restitution costs.

Readers who may have missed the opportunity to donate at Major Market, or are interested in joining the FBA graffiti clean up team or one of the many other FBA teams working to clean up and beautify Fallbrook, may do so at www.fallbrookbeautification.org.

The Fallbrook Beautification Alliance extends heartfelt gratitude to Major Market and their generous customers during this Thanksgiving Season.

Submitted by Fallbrook Beautification Alliance.

John Alarcon, Major Market store manager, presents a check for \$1,850.36 to Jerri Patchett, Fallbrook Beautification Alliance president. The check reflects the total amount of money donated by customers at Major Market during FBA’s “Wipe Out Graffiti” campaign.

Courtesy photo



Sticks-on-fire are toxic, should be handled with care



Euphorbia tirucalli, also known as stick-on-fire, firestick, and pencil stick, has toxic sap. Lucette Moramarco photo

Lucette Moramarco
Associate Editor

Like most succulents, euphorbia members thrive in the wintertime, especially the euphorbia tirucalli or sticks-on-fire (also called fire stick, finger plant, Indian tree spurge, or pencil plant) which

turns bright orange to red in cold temperatures. Shrubs of sticks-on-fire can be seen growing in yards and nurseries all around Fallbrook, noticeable for their glowing color and unique shape which is unlike the rest of the euphorbia family. While the famous poinsettia

belongs to the euphorbia family, it is not a succulent, however, it has a characteristic common to its succulent cousins. They are all toxic or poisonous, to varying degrees.

As a member of the Fallbrook Garden Club and several other garden clubs in the past, Chris Sangster has become an expert on succulents. She propagates (grows from cuttings) all kinds of plants for the club, including euphorbia.

Sangster said that the sticks-on-fire shrub can grow to 25 feet tall by 8 to 10 feet wide. The branches are vertical and as thin as pencils, which is why it is also know as the pencil plant. It has small leaves that are not easily seen and drop before the end of the growing season. It has tiny yellow flowers from September to December.

The plant is native to a wide range of land from Madagascar north through tropical and subtropical Africa, the Arabian Peninsula and India. According to Sangster, the sticks-on-fire only needs water about every two to three weeks in summer and none in winter.

The plant should be allowed to dry out before watering again. While that low need for water makes it popular, Sangster advises gardeners to be cautious when caring for this plant as the stems break easily which can be a problem as its milky sap is toxic and can make a person sick.

She suggests wearing disposable gloves when working with sticks-on-fire to avoid skin contact with the sap and also because the sap on a regular gardening glove will remain toxic long after the plant

was handled.

Sangster also said, “When working with this plant use protective goggles, and if you do get it [sap] in the eyes, seek medical attention quickly. For this reason this plant should also not be planted near paths.”

The plants breakability also makes it unsuitable for homes where there are children, or dogs who like to chew on everything.

Note: A longer version of this article was published in the Village News, January 2017.

Rainbow MWD accepts Horse Creek, Palomar infrastructure

Joe Naiman
Village News Correspondent

The Rainbow Municipal Water District now owns the water and sewer infrastructure which will serve the Horse Creek Ridge and Palomar North Education Center developments.

The acceptance of the infrastructure involved separate Rainbow board votes Oct. 23 for Horse Creek Ridge and the Palomar College campus. Both votes were 4-0 with Bill Stewart absent.

“It’s a pretty standard thing that happens with every development,” said Rainbow general manager Tom Kennedy. “This is just a fairly large one.”

The acceptances of the infrastructure also included a one-year warranty. “If something fails the contractor has to fix that,” Kennedy said.

The one-year warranty period began Oct. 23. The facilities were inspected and tested prior to the district’s acceptance.

Developers pay for the water and sewer infrastructure to serve the development and their contractors construct the infrastructure. After the construction is complete the water agency accepts the infrastructure and subsequently owns and maintains it.

Rainbow’s board approved the water and sewer construction agreement with D.R. Horton, which is building the Horse Creek Ridge development, in November 2016. The water and sewer construction agreement for the Palomar College campus was approved in December 2017.

Three different engineering firms designed the infrastructure facilities for Horse Creek Ridge, and the improvements consist of four sets of plans. Horse Creek Ridge Unit 1 includes water and sewer mains in Andalusian Way, Gold Palomino Way, and Friesian Way. The Horse Creek Ridge recycled water and sewer improvement plans include recycled water and sewer mains in Horse Ranch Creek Road.

The Horse Creek Ridge 12-inch water transmission pipeline and 12-inch sewer main includes water main and sewer force main in State Route 76 between Interstate 15 and Pankey Road. The Horse Creek Lift Station off of Pankey Road,

also known as Lift Station No. 3, is the fourth plan. The infrastructure from those four plans was accepted by the Rainbow district Oct. 23; other water and sewer facilities which are in various stages of completion will be presented to the Rainbow board for acceptance once they are completed.

The sewer lift station has a capacity of 1,670 gallons per minute. The accepted infrastructure also includes 14,870 linear feet of sewer main, 1,147 linear feet of sewer force main, 8,911 linear feet of water main with appurtenances, 5,620 linear feet of recycled water main, and 64 manholes.

The Palomar College water and sewer mains run through the campus property and connect with existing mains along Horse Ranch Creek Road. The sewer main connects to and conveys flow from the Pala Mesa sewer under Interstate 15 to the recently-completed sewer main underneath Horse Ranch Creek Road. That new sewer main allowed the 12-inch sewer line east of Interstate 15 to be abandoned, which eliminates a significant source of inflow and infiltration to the sewer system in the area served by the Horse Creek Lift Station, so the replacement of the older sewer line decreases the peak weather flows for that system and allows for more efficient use of the district’s sewer infrastructure.

The Palomar Community College District was responsible for the construction of the public water and sewer mains through the campus property.

The sewer’s tie-in with the Pala Mesa sewer was completed Oct. 8. The project constructed 652 linear feet of 12-inch sewer pipe, 36 linear feet of 10-inch sewer pipe, 40 linear feet of eight-inch sewer pipe, and five manholes which are now part of the Rainbow system while also rebuilding and lining an existing manhole. Approximately 55 linear feet of 12-inch water main was installed to serve the campus.

Because the Rainbow district no longer needs the easement for the abandoned 12-inch sewer main parallel to Interstate 15, a quitclaim of the easement to the Palomar Community College District is forthcoming and will be brought to the Rainbow board for action in the future.



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DRE #00884870



Marilee Lowe
760-685-5405
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Happy Thanksgiving!
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4 bed 3.5 bath on almost 2 acres perched on a private lot where your home is hidden from neighbors. Completely remodeled inside with a kitchen that would even make a chef envious! All new modern grey cabinets and SS appliances including a 36" range. The luxurious master is the size and feel of a spa with dual shower heads and a large jacuzzi tub. Brand new pool and completely landscaped backyard ready for your house-warming party complete with built in BBQ and fire pits. Plenty of room for parking toys, RV and more. Completely fenced and gated with electronic remote. If you are looking for a quality home, call for a private tour.

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Riverview Dr. Lot
\$171,000

Beautiful acre lot with gorgeous views of the Fallbrook hills. Lot is tucked in off the street, providing quiet solitude and privacy. Rough pad and 4 bedroom septic. This is the site for your dream home! 2 miles to 15 freeway, 3 miles to town, excellent location!

Team Gallegos Rudy, Chris & Sandy 760-985-9600

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1349 Hillside Drive
\$695,000

Desirable Green Canyon area. Secluded custom 4BD, 3BA, 2,905 sq.ft. single level home on 1.27 acres w/ many features. Upgrades in & out. Suitable as a multi-generational residence, the house boasts of a separate wing w/ a master BD, BA & den as well as plumbing for a potential kitchenette & a separate entrance. A garden room off the kitchen & dining room provides a lovely setting & space for entertaining. Property is zoned for horses.

Janine Hall | team 760-822-7528 or 7527

Detached
Guest House

Fallbrook

2749 Via Rancheros
\$1,250,000

Free flowing ranch style home w/ detached guest house in Champagne Crest gated community. 3BD, 3-1/2BA in the main house & 1BD, 1BA in guest house. Now has owned solar. Easy care yards, plantings, walk-ways & outdoor patio w/ grill area & fpic where you can enjoy the amazing Sleeping Indian & sunset views.

Janine Hall | team 760-822-7528 or 7527

Rolling Hills
Estates

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2 Rollingview
\$1,850,000

Panoramic views. Fabulous 7BD/7BA Italian Villa with beautiful pool/spa, nestled on 3+ acres built to encompass the awe-inspiring Easterly views. Interior of 6100 sf, custom built home using the finest materials: imported marble, hardwood flooring, handcrafted woodwork. Located in Southwest Fallbrook, close to Hwy 76 and the I-15 freeway.

Rich Heimback & Jane Wilson 760-805-6822 or 760-805-3460

New Listing in
Eastridge Estates

Fallbrook

906 Ridge Heights
\$499,000

Lovely gated development for those over 55! 3BD plus library, 2BA. One bath, bedroom on entry level. Community boasts lovely entertainment center, swimming pool, tennis ct, walking trails, community garden area. Very private lot which takes advantage of sunrises & sunsets.

Lynn Stadille-James & Lisa Stadille 760-845-3059

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Now \$799K!

Fallbrook

411 Yucca Road
\$799,000

Reimagined...This lovely one level ADOBE HOME ON 11 AC. All new interior, including new windows, granite kitchen, beam ceilings, incredible views/sunsets & a well! Land is gentle, all useable w/ some oaks. Add a vineyard, orchard, horses, RV, one older outbuilding adj. Never on market, family trust selling. So much for this price!

Lynn Stadille-James & Lisa Stadille 760-845-3059

New Land Listing

Fallbrook

Rock Mountain Road
\$224,000

5.04 view acres with a 1" water meter on Rock Mountain Rd. Only 10 minutes from downtown Fallbrook. The lot has two possible building sites, each with their own unique views. The property has ancient olive trees mixed with native chaparral. Please call for more information.

Team Bartlett Brett & AI 760-828-2498

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LEGALS

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9027731
Name of Business
MORALES CLEANING SERVICES
304 Paty Dr., Vista, CA 92084
County: San Diego
This business is registered by the following:
Ofelia Perez Morales, 304 Paty Dr., Vista, CA 92084
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE
RECORDER/COUNTY CLERK OF SAN
DIEGO COUNTY ON 11/05/18
LEGAL: 4839
PUBLISHED: November 8, 15, 22, 29, 2018

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9028168
Name of Business
MAXXD OUT
31908 Del Cielo Este 10A, Bonsall, CA 92003
County: San Diego
This business is registered by the following:
a. Terron Andre Sumpter, Jr., 31908 Del Cielo Este 10A, Bonsall, CA 92003
b. Markis Jerrel Sumpter, 31908 Del Cielo Este 10A, Bonsall, CA 92003
This business is conducted by Co-Partners
THIS STATEMENT WAS FILED WITH THE
RECORDER/COUNTY CLERK OF SAN
DIEGO COUNTY ON 11/09/18
LEGAL: 4841
PUBLISHED: November 15, 22, 29, December 6, 2018

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9026360
Name of Business
CASA DEL SOL RTF
1561 E. Mission Road, Fallbrook, CA 92028
Mailing address: 28890 Biarritz Ct., Menifee, CA 92584
County: San Diego
This business is registered by the following:
Casa Del Sol RTF Incorporated, 28890 Biarritz Ct., Menifee, CA 92584
This business is conducted by a Corporation
This Corporation is located in the state of CA
Registrant first commenced to transact business under the above names as of 04/07/2006
THIS STATEMENT WAS FILED WITH THE
RECORDER/COUNTY CLERK OF SAN
DIEGO COUNTY ON 10/18/18
LEGAL: 4832
PUBLISHED: November 1, 8, 15, 22, 2018

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9025956
Name of Business
GOLDEN & ASSOCIATES
2233 Maxson St., Oceanside, CA 92054
County: San Diego
This business is registered by the following:
J. Bruce Golden, 2233 Maxson St., Oceanside, CA 92054
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE
RECORDER/COUNTY CLERK OF SAN
DIEGO COUNTY ON 10/15/18
LEGAL: 4833
PUBLISHED: November 1, 8, 15, 22, 2018

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9026164
Name of Business
DIAZ CLEANING
2165 Pueblo Glen, Escondido, CA 92027
County: San Diego
This business is registered by the following:
Joel Diaz Arango, 2165 Pueblo Glen, Escondido, CA 92027
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE
RECORDER/COUNTY CLERK OF SAN
DIEGO COUNTY ON 10/16/18
LEGAL: 4834
PUBLISHED: November 1, 8, 15, 22, 2018

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9027020
Name of Business
FIRE & LIFE SAFETY SERVICES
7171 Alvarado Road #201, La Mesa, CA 91942
County: San Diego
This business is registered by the following:
California Construction Quality Assurance, Inc., 7171 Alvarado Road #201, La Mesa, CA 91942
This business is conducted by a Corporation
This Corporation is located in the state of California
THIS STATEMENT WAS FILED WITH THE
RECORDER/COUNTY CLERK OF SAN
DIEGO COUNTY ON 10/26/18
LEGAL: 4835
PUBLISHED: November 1, 8, 15, 22, 2018

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9026972
Name of Business
BOB CHARLES MOORE THE ALTERNATIVE
2629 Sutter St., Carlsbad, CA 92010
County: San Diego
This business is registered by the following:
Bob Charles Moore The Alternative, 2629 Sutter St., Carlsbad, CA 92010
This business is conducted by a Corporation
This Corporation is located in the state of CA
Registrant first commenced to transact business under the above names as of 10/25/18
THIS STATEMENT WAS FILED WITH THE
RECORDER/COUNTY CLERK OF SAN
DIEGO COUNTY ON 10/26/18
LEGAL: 4836
PUBLISHED: November 8, 15, 22, 29, 2018

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9027618
Name of Business
APPLIED EXCELLENCE
3325 Live Oak Park Road, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Paul Warren Anderson, 3325 Live Oak Park Road, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant commenced to transact business under the above name as of 10/27/18
THIS STATEMENT WAS FILED WITH THE
RECORDER/COUNTY CLERK OF SAN
DIEGO COUNTY ON 11/02/18
LEGAL: 4837
PUBLISHED: November 8, 15, 22, 29, 2018

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9027507
Name of Business
PREMIUM PLUMERIAS
265 Calle Linda, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
a. Luis Arturo Lopez Salcedo, 265 Calle Linda, Fallbrook, CA 92028
b. Andrew Joe Oltman, 265 Calle Linda, Fallbrook, CA 92028
This business is conducted by a Married Couple
Registrant commenced to transact business under the above name as of 01/01/18
THIS STATEMENT WAS FILED WITH THE
RECORDER/COUNTY CLERK OF SAN
DIEGO COUNTY ON 11/01/18
LEGAL: 4838
PUBLISHED: November 8, 15, 22, 29, 2018

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9028444
Name of Business
NEXT LEVEL TIRES
1352 N. Melrose Dr, Suite K, Vista, CA 92083
County: San Diego
This business is registered by the following:
Cristian Laurel, 604 Tatum St, Vista, CA 92083
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE
RECORDER/COUNTY CLERK OF SAN
DIEGO COUNTY ON 11/14/18
LEGAL: 4843
PUBLISHED: November 22, 29, December 6, 13, 2018

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9028537
Name of Business
KULP ELECTRONIC
32644 Aquaduct Rd., Bonsall, CA 92003
County: San Diego
This business is registered by the following:
Leon Albert Kulp, 32644 Aquaduct Rd., Bonsall, CA 92003
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE
RECORDER/COUNTY CLERK OF SAN
DIEGO COUNTY ON 11/15/18
LEGAL: 4844
PUBLISHED: November 22, 29, December 6, 13, 2018

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9028461
Name of Business
HEROICS TECHNICIAN CORPS
959 Postal Way Apt. #18, Vista, CA 92083
County: San Diego
This business is registered by the following:
William Roman, 959 Postal Way Apt. #18, Vista, CA 92081
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE
RECORDER/COUNTY CLERK OF SAN
DIEGO COUNTY ON 11/14/18
LEGAL: 4845
PUBLISHED: November 22, 29, December 6, 13, 2018

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9027372
Name of Business
BRUCON CONSTRUCTION INC.
30630 Camino De Bonsall, Bonsall, CA 92003
County: San Diego
This business is registered by the following:
Brucon Construction Inc., 30630 Camino De, Bonsall, CA 92003
This business is conducted by a Corporation
This Corporation is located in the state of CA
Registrant first commenced to transact business under the above name on 1/9/17
THIS STATEMENT WAS FILED WITH THE
RECORDER/COUNTY CLERK OF SAN
DIEGO COUNTY ON 10/31/18
LEGAL: 4846
PUBLISHED: November 22, 29, December 6, 13, 2018

T.S. No. 18-0317-11 NOTICE OF TRUSTEE'S SALE NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED 注：本文件包含一个信息摘要 참고사항: 본 첨부 문서에 정보 요약서가 있습니다. NOTA: SE ADJUNTA UN RESUMEN DE LA INFORMACIÓN DE ESTE DOCUMENTO TALIA: MAYROONG BUJO NG IMPORMASYON SA DOKUMENTONG ITO NA NAKALAKIP LUU Y: KEM THEO DAY LA BAN TRINH BAY TOM LUOC VE THONG TIN TRONG TAI LIEU NAY PLEASE NOTE THAT PURSUANT TO CIVIL CODE § 2923.3(d)(1) THE ABOVE STATEMENT IS REQUIRED TO APPEAR ON THIS DOCUMENT BUT PURSUANT TO CIVIL CODE § 2923.3(a) THE SUMMARY OF INFORMATION IS NOT REQUIRED TO BE RECORDED OR PUBLISHED AND THE SUMMARY OF INFORMATION NEED ONLY BE MAILED TO THE MORTGAGOR OR TRUSTOR. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 4/13/2016. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: TRISTANROY A QUIAMCO AND MAJANETH VIRGINIA B QUIAMCO, HUSBAND AND WIFE Duly Appointed Trustee: The Wolf Firm, A Law Corporation Recorded 4/14/2016 as Instrument No. 2016-0171519 of Official Records in the office of the Recorder of San Diego County, California, Street Address or other common designation of real property: 5193 MENDIP STREET OCEANSIDE, CA 92057 A.P.N.: 122-510-33-00 Date of Sale: 12/17/2018 at 10:00 AM Place of Sale: At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 Amount of unpaid balance and other charges: \$552,728.85, estimated The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this Internet Web site www.nationwideposting.com, using the file number assigned to this case 18-0317-11. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 11/7/2018 The Wolf Firm, A Law Corporation 2955 Main Street, 2nd Floor Irvine, California 92614 Foreclosure Department (949) 720-9200 Sale Information Only: 916-939-0772 www.nationwideposting.com Sindy Clements, Foreclosure Officer PLEASE BE ADVISED THAT THE WOLF FIRM MAY BE ACTING AS A DEBT COLLECTOR, ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION YOU PROVIDE MAY BE USED FOR THAT PURPOSE. NPP0343687 To: VILLAGE NEWS INC 11/22/2018, 11/29/2018, 12/06/2018

T.S. No.: 180801222
Notice Of Trustee's Sale
Loan No.: 16-5067 Order No. 95520306 APN: 169-190-07-00 You Are In Default Under A Deed Of Trust Dated 5/3/2016. Unless You Take Action To Protect Your Property, It May Be Sold At A Public Sale. If You Need An Explanation Of The Nature Of The Proceeding Against You, You Should Contact A Lawyer. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, cashier's check drawn by a state or federal credit union, or a cashier's check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Andre Williams, Trustee of The Andre Williams Family Trust dated December 4, 2012 Duly Appointed Trustee: Del Toro Loan Servicing, Inc. Recorded 5/6/2016 as Instrument No. 2016-0217354 in book , page of Official Records in the office of the Recorder of San Diego County, California, Date of Sale: 12/13/2018 at 10:30 AM Place of Sale: by the statue at entrance to East County Regional Center, 250 East Main Street, El Cajon, CA Amount of unpaid balance and other charges: \$277,988.83 Street Address or other common designation of real property: 1235 Buena Vista Drive Vista Area, CA 92081 A.P.N.: 169-190-07-00 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Notice To Potential Bidders: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. Notice To Property Owner: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (877) 440-4460 or visit this Internet Web site www.mkconsultantsinc.com, using the file number assigned to this case 180801222. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 11/9/2018 Del Toro Loan Servicing, Inc. by Total Lender Solutions, Inc. its authorized agent 10951 Sorrento Valley Road, Suite 2F San Diego, CA 92121 Phone: 866-535-3736 Sale Line: (877) 440-4460 By: /s/ Chelcey Romeril, Trustee Sale Officer Publish: 11/22, 11/29, 12/6

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9027516
Name of Business
**a. REDEEMER LUTHERAN
b. REDEEMER LUTHERAN CHURCH**
2131 Stone Castle, Fallbrook, CA 92028
Mailing address: PO Box 1630, Fallbrook, CA 92088
County: San Diego
This business is registered by the following:
Redeemer Evangelical Lutheran Church of Fallbrook, California, 2131 Stone Castle, Fallbrook, CA 92028
This business is conducted by a Corporation
This Corporation is located in the state of California
THIS STATEMENT WAS FILED WITH THE
RECORDER/COUNTY CLERK OF SAN
DIEGO COUNTY ON 11/02/18
LEGAL: 4847
PUBLISHED: November 22, 29, December 6, 13, 2018

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case Number: 37-2018-00055122-CU-PT-NC
TO ALL INTERESTED PERSONS
Petitioner:
APRIL LEIGH WILLIAMS filed a petition with this court for a decree changing names as follows:
Present Name:
**a. APRIL LEIGH WILLIAMS
b. KAYDYN RAY QUACKENBUSH**
Proposed Name:
**a. APRIL LEIGH STURGEON
b. KAYDYN RAY STURGEON**
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: 12-18-18 Time: 8:30 a.m. Dept: 26
The address of the court is 325 South Melrose Drive, Vista, CA 92081
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News
Date: Oct. 31, 2018 Signed: Robert P. Dahlquist, Judge of the Superior Court.
LEGAL: 4840
PUBLISHED: November 8, 15, 22, 29, 2018

NOTICE OF TRUSTEE'S SALE

YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 6/12/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale.

Trustor: **JASON LEE JACOBO, AN UNMARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY**

Duly Appointed Trustee: LAW OFFICES OF LES ZIEVE Deed of Trust recorded 6/22/2006, as Instrument No. 2006-0440508, in Book --, Page --, of Official Records in the office of the Recorder of San Diego County, California, Date of Sale: **12/7/2018** at 9:00 AM

Place of Sale:
Entrance of the East County Regional Center, East County Regional Center, 250 E. Main Street, El Cajon, CA 92020

Estimated amount of unpaid balance and other charges: **\$174,392.97**
Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt owed.

Street Address or other common designation of real property:
**1769 NORTH SANTA FE AVENUE
VISTA, CA 92084**
Described as follows:
AS MORE FULLY DESCRIBED ON SAID DEED OF TRUST

A.P.N #: **159-161-07-00**

The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale.

NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 280-2832 or visit this Internet Web site www.auction.com, using the file number assigned to this case 15-38118. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale.

**Dated: 10/26/2018 LAW OFFICES OF LES ZIEVE, as Trustee
30 Corporate Park, Suite 450
Irvine, CA 92606
For Non-Automated Sale Information, call: (714) 848-7920
For Sale Information: (800) 280-2832 www.auction.com**

Andrew Buckelew, Trustee Sale Assistant

THIS FIRM IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION WE OBTAINED WILL BE USED FOR THAT PURPOSE
EPP 27089 Pub Dates 11/08, 11/15, 11/22/2018

**NOTICE OF PETITION TO ADMINISTER ESTATE OF
IGNACIO TORRES BARAJAS
CASE NO. 37-2018-00037943-PR-PW-CTL**

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of:
IGNACIO TORRES BARAJAS
A Petition for Probate has been filed by **ANGELICA TORRES ROHRER** in the Superior Court of California, County of SAN DIEGO

The Petition for Probate requests that **ANGELICA TORRES ROHRER** be appointed as personal representative to administer the estate of the decedent.
The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.
The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court as follows:
Date: 01/09/2019 Time: 1:30 pm Dept. 502
Address of court: 1100 Union Street, San Diego, CA 92101, Central Courthouse
If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the **later** of either (1) **four months** from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) **60 days** from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a *Request for Special Notice* (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A *Request for Special Notice* form is available from the court clerk.
Petitioner: Angelica Torres Rohrer, 1325 Osborn Avenue, Redwood City, CA 94061
LEGAL: 4842
PUBLISHED: November 15, 22, 29, 2018

T.S. No.: 180727219
Notice Of Trustee's Sale
Loan No.: 271603 Order No. 05936541 APN: 180-192-67-00 You Are In Default Under A Deed Of Trust Dated 5/23/2017. Unless You Take Action To Protect Your Property, It May Be Sold At A Public Sale. If You Need An Explanation Of The Nature Of The Proceeding Against You, You Should Contact A Lawyer. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, cashier's check drawn by a state or federal credit union, or a cashier's check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Hail Investments, LLC, a California Limited Liability Company Duly Appointed Trustee: Aztec T.D. Service Co. Recorded 6/1/2017 as Instrument No. 2017-0247286 in book , page of Official Records in the office of the Recorder of San Diego County, California, Date of Sale: 12/6/2018 at 10:30 AM Place of Sale: by the statue at entrance to East County Regional Center, 250 East Main Street, El Cajon, CA Amount of unpaid balance and other charges: \$578,070.70 Street Address or other common designation of real property: 1331 Barbara Drive Vista, CA 92084 A.P.N.: 180-192-67-00 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Notice To Potential Bidders: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. Notice To Property Owner: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (877) 440-4460 or visit this Internet Web site www.mkconsultantsinc.com, using the file number assigned to this case 180727219. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 11/2/2018 Aztec T.D. Service Co. 10951 Sorrento Valley Road, Suite 2F San Diego, CA 92121 Phone: (818) 848-8960 Sale Line: (877) 440-4460 By: /s/ Chelcey Romeril, Trustee Sale Officer Publish: 11/15, 11/22, 11/29

ENTERTAINMENT

White Christmas is coming back to Temecula

TEMECULA – This holiday season, area residents can discover the perfect gift for everyone on their list! They can start with a timeless tale of joy and goodwill, fill it with classic Irving Berlin songs, top it off with glorious dancing and lots of snow and have

“Irving Berlin’s White Christmas The Musical”.

Theatre Royale’s lavish new production will begin Dec. 21 at Pechanga Resort & Casino. This must-see classic tells the story of a song-and-dance team that falls for a stunning sister act in



David Reuther as Bob Wallace, left, and Fisher Kaake as Phil Davis play Army veterans who now have a successful song-and-dance act.



“Irving Berlin’s White Christmas, The Musical” mixes big dance numbers with the unforgettable music of Irving Berlin.

Courtesy photos



The play can be seen Friday, Dec. 21 at 8 p.m., Saturday, Dec. 22 at 2 and 8 p.m. and Sunday, Dec. 23 at 2 p.m., 45000 Pechanga Parkway, Temecula.



Theatre Royale’s production of “Irving Berlin’s White Christmas, The Musical” will begin Dec. 21 at Pechanga Resort & Casino.

the process of putting on a show in a magical Vermont inn. Full of dancing, laughter and some of the greatest songs ever written, “Irving Berlin’s White Christmas, The Musical” is the gift everyone is dreaming of for Christmas.

The play can be seen Friday, Dec. 21 at 8 p.m., Saturday, Dec. 22 at 2 and 8 p.m. and Sunday, Dec. 23 at 2 p.m., 45000 Pechanga Parkway, Temecula. For tickets, call (877) 711-2946 or visit <https://www.pechanga.com/entertain/white-christmas>.

Based on the 1954 Technicolor film starring Bing Crosby, Danny Kaye, Rosemary Clooney and Vera Ellen, this sparkling musical mixes big dance numbers with the unforgettable music of Irving Berlin.

War veterans Bob Wallace and Phil Davis have a successful song-and-dance act. But when they follow two singing sisters to Vermont with romance on their minds, they discover that the nearly bankrupt lodge where the sisters were scheduled to perform, is owned by their former army commander.

This holiday classic includes some of Irving Berlin’s biggest hits, such as “Blue Skies,” “I Love a Piano,” “How Deep Is the Ocean” and, of course, the perennial favorite, “White Christmas.” Irving Berlin’s White Christmas is a must see for the holidays and is guaranteed to fill the entire family with the joy of the season.

The cast of this Christmas spectacular will feature David Reuther as Bob Wallace, Sandra Rice as Betty Haynes, Fisher Kaake as Phil Davis and Kylie Molnar as Judy Haynes. Also featured are Teresa Oliva as Martha Watson, John Campbell as General Waverly, and Madeline Stuart as Susan Waverly.

Rounding out the cast are supporting leads: Mark Russell, Brandon Kallen, Ron Clinton, Michele Vasile, Gabrielle Incremona, Valerie Cope, Sharon Duchi, Michael Ring, and the featured song and dance ensemble; Matthew Ryan, Alison Teague, Ashlyn Miller, Cole Howard, Candace Carbajal, Daisy Fuentes, Dylan Dewald, Skyelar Nalley, Sergio Camacho, Tamara Rodriguez, Eric Navarro and Jeremy Kurator.

Direction is by Jay S. King, musical direction by Don LeMaster, dance direction by Sarah Cleveland, production management by Carolyn King, and technical direction by Jason Kaiser. Dance captains are Matthew Ryan and Alison Teague.

Music and lyrics are by Irving Berlin, book by David Ives and Paul Blake, original stage production directed by Walter Bobbie.

Original set design is by Anna Louizos, (adaptation by Theatre Royale); original costume design by Carrie Robbins, (adaptation by Trudee Stevens); lighting design by Shane Pritchard, sound design by Nick White.

FallbrookChorale

Celebrate Christmas

Denny Lang, Conductor
accompanied by Patty Lang, Pianist and a Chamber Orchestra

Saturday, December 8, 2018 at 2:00 pm

SonRise Christian Fellowship Church, 463 S. Stage Coach Lane, Fallbrook, CA 92028

Tickets: \$20

Free: Active Military, Free: All children and students through high school accompanied with a paying adult
Tickets available at Major Market, Chorale Members or on website:
www.fallbrookchorale.org For more info: 760-390-9726 (Jeannie)

Curtain Call Company

proudly presents...

It's a Wonderful Life

Live Radio Play

Dec. 7, 8, 14 & 15, 2018 @ 7:30 PM
Dec. 9 & 16, 2018 @ 2:00 PM

www.curtaincallcompany.org
760-468-6302

Fallbrook Woman's Club
238 W. Mission Road, Fallbrook

Encore Club members have fun at Fall Gathering

FALLBROOK – Fallbrook Encore Club has several events planned as the year ends. Recently members and guests gathered at a private home to enjoy the annual Halloween Gathering. Many of the guests wore costumes, with prizes awarded for the most creative. It was all a lot of fun, with lots of laughter and some guessing who was hiding under each costume.

Upcoming events include the Encore Club Holiday Luncheon to be held at Vista Valley Country Club on Dec. 18 at 11:30 a.m. This is a popular annual event

and includes the gentlemen and other guests. Together with their many friends, all will enjoy the entertainment, festivities and delicious Italian buffet.

To celebrate the season of giving, many members are also again supporting young marine families at Camp Pendleton with gifts for the children to enjoy and demonstrating their gratitude for the sacrifices these men and women make to keep the country safe.

Encore Club is a social club open to residents of Fallbrook,



Sharon and Gary Mann attend the Encore Club's Fall Gathering as a mystery lady and a Red Sox fan.



Janice and Paul Bauman are ready to party as a gypsy and a Old West Ranger, with fellow Encore Club members.



Encore Club members Brooke Flynn, left, and Judie Erickson greet guests at the group's Fall Gathering, held at a member's home.

Bonsall, DeLuz, and Rainbow. New members are welcome at any time and those interested should contact either Bea Valverde, beatricevalverde62@yahoo.com or Bobbi Bixby, (562) 673-1250. Information is also available at <http://www.fallbrookencoreclub.com>.

The club meets the first Tuesday of each month at the United Methodist Church, 1844 Winterhaven Road in Fallbrook. Social time begins at 9:30 a.m. and the business meeting starts at 10 a.m. The next meeting is Dec. 4. Guests are welcome to attend, to take time to get acquainted with some of the nicest people and learn more about the club and the activities available.

Submitted by the Encore Club.
Susan Weeks photos

Noel Flynn and Sylvia Colton are all dressed up for the Fall Gathering to celebrate Halloween.



NEW CLASSES

at CAST Academy

Starting at \$40 per month

Boy's Kinder Combo Hip Hop & Tap
(ages 5-6)
Tues 4:00-4:45pm

Boy's Hip Hop (ages 7 and up)
Weds 4:45-5:30pm

Kinder Ballet (ages 5-6)
Mon 4:00-4:45pm

Kinder Hip Hop (ages 5-6)
Weds 4:00-4:45pm

Teen Hip Hop (ages 12 and up)
Weds 3:00-4:00pm



For the full class schedule please go to www.castacademy.org

CHRISTMAS GALORE

A POP-UP STORE

Ongoing through the end of the year!

Weekdays Mon-Thurs 2:00-6:00pm
CAST studio B • 200 N. Main

Sale includes new and gently used Christmas decorations and ornaments.





CAST ACADEMY

FALLBROOK

CAST Office located at
200 N. Main Street, Fallbrook, CA 92028
(760) 731-2278
Office Hours Mon-Thurs 2:00pm-6:00pm

VALLEY FORT VILLAGE



A place you are never a Stranger, just a friend we haven't met.

3757 SOUTH MISSION ROAD • FALLBROOK, CA

Come and take a stroll around our beautiful and peaceful grounds. Enjoy mature trees, rustic old mining town and original buildings. Join us on Sundays to purchase local farm fresh produce.

OPEN-AIRE MARKET & FARMSTAND

SUNDAY 10am-3pm



- Fresh, Local-Grown Produce from Fallbrook Farmers
- Artisan Crafters & Food Vendors
- Stroll around the beautiful rustic "town" that forms a backdrop for our market.
- Bring the kids & dogs to enjoy a relaxing and peaceful experience.

SPACES AVAILABLE FOR Farmers, Crafters & Food Vendors

\$10.00/Space • Call/Text/Visit: Patt @ 760-420-2977

VALLEY FORT RESTAURANT

CASA ESTRELLA

GOCINA DE MEXICO

Tues-Thurs 3pm-9pm | Fri 12pm-10pm | Saturday 1pm-10pm
Sunday 10:30am-8:30pm | Closed Monday

Life is wonderful



Curtain Call Company performers will present "It's a Wonderful Life" as a live radio play

Courtesy photo

Elizabeth Youngman-Westphal
Special to the Village News

It's 1948 and radio station KCCF is hosting the first holiday tribute of the season. Featuring many local players in multiple roles, this rousing cast of artists with Curtain Call Company Fallbrook will perform everyone's favorite Christmas show "It's a Wonderful Life" as a live radio play.

If you haven't attended a radio play in the past, it is a hoot. For instance, audience members will be instructed on how to respond to the cues from the folio artist, Cari Garrison. She is the sound effects person. The one that shuts the door, makes typing sounds, or rings the bell for a new angel – all the while actors read their lines before a live microphone.

Actors will be dressed in the era and they encourage everyone to join the fun by digging in the back of the closet for that special something. Be it hat and gloves or wingtip shoes with a watch fob...it is the spirit of the show that brings the fun to life.

Join this merry cast for a step back into yesteryear. Alphabetically they are Lauren Brimmer, Don Foulkes, Jack and Mary Fry, Cianna Garrison, Orolie Gubser, Judy Justin, Nancy Kreile, Luise Nunez and newcomer Elias Questenberg.

Dust off your sense of humor and awaken your imagination to take full advantage of the upcoming performances. Guaranteed to tickle a funny bone or two. The venue is small, so do not delay in grabbing tickets to see the charming cast of characters welcome in the holiday season.

Curtain Call Company Fallbrook (KCCF) will kick off the holidays on opening night on Friday, Dec. 7 at radio station KCCF also known as the Fallbrook Woman's Club at 238 West Mission Road.

The play can be seen Dec. 7, 8,

14 and 15 at 7 p.m.; Dec. 9 and 16 at 2 p.m. Tickets are available for only \$10 at Major Market or by visiting www.curtaincallcompany.org. The house number is (760) 468-6302. Leave your number and how many seats to reserve.

The building is handicapped accessible on the west side when parking on the street. The parking lot is on the east side of the building.

The writer can be reached at eyoungman@reedermedia.com.

Ragland wins first again in Plein Air painting contest

FALLBROOK – Jack Ragland's painting "Hart Winery" earned a first place certificate in the Ralph Love Plein Air Contest in Temecula. All entries in this show were presented to the judges with no signatures showing. For three consecutive years, Ragland has won the first place award in this competition open to all artists.

This year's rules prevented one contestant from winning more than one award. The event coordinator said the five judge's first choice for the "sunset award" was also Ragland's painting "Dorland Sunset". However, this award was consequently given to another artist since his first place made him ineligible.

The public is invited free of charge to view the 2018 Plein Air Competition Paintings on display at the Merc (The gallery in the theater lobby), 42051 Main Street, Temecula, through Dec. 30. Gallery hours are Wednesday, 2-6 p.m.; Thursday and Friday, 2-9 p.m.; Saturday, 12-9 p.m. and Sunday, 12-5 p.m. Anyone who visits the gallery can vote for the people's choice award.

Picked as the best sunset, "Dorland Sunset" is ineligible for the award since its creator, Jack Ragland, had already won a first place award.

Courtesy photos



Jack Ragland stands in front of his painting "Hart Winery" with his first place certificate in the Ralph Love Plein Air Contest in Temecula.



Irving Berlin's

WHITE CHRISTMAS

THE MUSICAL

This Christmas Card Musical is presented by Theatre Royale

Through special arrangements with Rodgers & Hammerstein.

MUSIC AND LYRICS BY IRVING BERLIN

BOOK BY DAVID IVES and PAUL BLAKE

Original stage production directed by WALTER BOBBIE

 DAVID REUTHER BOB WALLACE	 SANDRA RICE BETTY HAYNES	 FISHER KAAKE PHIL DAVIS	 KYLIE MOLNAR JUDY HAYNES	 TERRY OLIVA MARTHA WATSON	 JOHN CAMPBELL GENERAL WAVERLY	 MADELINE STUART SUSAN WAVERLY
 MARK RUSSELL SHELDRAKE	 BRANDON KALLEN MIKE NULTY	 RON CLINTON EZEKIEL	 MICHELE VASILE RITA	 GABRIELLE INCREMONA RHODA	 VALERIE COPE ASST. SEAMSTRESS	 SHARON DUCHI SEAMSTRESS
 MATTHEW RYAN ENSEMBLE	 ALISON TEAGUE ENSEMBLE	 MICHAEL RING SCOOTER	 JEREMY KURATOR ENSEMBLE	 ASHLYN MILLER ENSEMBLE	 COLE HOWARD ENSEMBLE	 CANDACE CARBAJAL ENSEMBLE
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Wildcats win three cross country championships

Joe Naiman
Village News Correspondent

Sullivan Middle School won three of the four North County Middle School Cross Country League championships Nov. 1 at Kit Carson Park.

The Wildcats won the championships for sixth-grade and seventh-grade girls, sixth-grade and seventh-grade boys, and eighth-grade girls. Sullivan’s eighth-grade boys placed sixth.

“I am not sure if three championships has ever happened in the history of North County Middle School Cross Country,” said Sullivan coach Tamara Miller. “Sullivan is extremely proud of our accomplishments and has set our sights on four championships next year.”

Cross country team scores are derived by adding the positions of a school’s first five finishers; the sixth and seventh runners are not scored but can add points to other teams’ totals. The position of the sixth runner is also used as the tiebreaker if two teams have an equal number of points.

“Cross country is a complex sport to coach, a sport that if you weren’t a cross country runner yourself it would be difficult to fully comprehend and apply all that is involved in the recipe of success,” said Miller, who ran cross country and also track at Fallbrook High School and the University of California, Riverside and as a La Paloma Elementary School sixth-grader in 1987 set the Don Dornon Games record for the one-mile race.

“You not only have to understand each runner on your team, each course they will race and the strategy for each course, but most importantly you must understand your competition,” said Miller. “If you can predict the other teams, then you can adjust your approach in each race and each course.

“Cross country is a team sport, and the majority of my coaching is getting my runners to work together, whether in pairs or a larger pack,” continued Miller. “My runners listen to me, trust my training and coaching for each course we have in our schedule. They know their strategy and apply it. The majority of my training applies to the end goal, which is the championship. I tailor all of my training, peak, and taper times around the championship course and date. Every runner on my team gains more personal confidence through individual and team improvement over the course of the season.”

The course for all races at the championship meet was 2.00 miles.

Sullivan’s sixth-grade and seventh-grade boys won the

championship by one point. The Wildcats had 78 points and Martin Luther King (Oceanside) totaled 79 points. San Elijo (San Marcos) was third with 109 points.

The first Sullivan finisher, seventh-grader Wilson Christopherson, was 10th overall with a time of 12:11. Seventh-grader Devin Huntington was 12th at 12:14, sixth-grader Jacques Rogers had a time of 12:18 for 13th place, seventh-grader Tony Cortez was the 19th finisher and had a time of 12:33, and Fisher Phillips took 29th place with a 12:54 performance.

Phillips finished two positions ahead of Martin Luther King runner Elias Briones, whose time of 12:57 was worth 31st place. Austin Ovary of San Marcos Middle School also took 12:57 and edged out Briones for 30th place.

“I have always told my team every runner can make or break us,” Miller said. “I told my runners to stick in their minds as they race that every runner who passes you could be the one point we lose by and every runner you pass could be the one point we win by. This certainly came true for my sixth-seventh boys team.”

Briones was the Lions’ fifth finisher. Martin Luther King’s sixth runner took 41st place. Sullivan’s sixth finisher, sixth-grader Austin Nord, placed 48th with a time of 13:22.

Initially Martin Luther King was believed to have been the winner because Ovary lost the tag which tracked his time. Briones appeared to have finished 30th, which would have given Martin Luther King and Sullivan 78 points apiece and given the Lions the win on the tiebreaker. When the San Marcos coach noted that one of his runners was missing Ovary was given his correct position and Sullivan had a one-point victory.

“What a win,” Miller said.

Seventh-grader Sam Vanni placed 60th with a time of 13:39. Five other Sullivan runners finished in the top half of the 253-harrier field: sixth-grader Connor McMillan took 71st place with a time of 13:50, seventh-grader Riley Waddell had the 79th-place time of 14:02, seventh-grader Tyler Craven had a 14:03 performance which gave him 81st place, seventh-grader Beckett Payne posted a time of 14:11 for 87th place, and seventh-grader Ryan Alvarez finished 88th at 14:17.

Miller had 22 sixth-grade and seventh-grade boys on her team, and 20 of those ran in the league championship race.

“My top seven varied a lot in the beginning of the season and it was more difficult for me to get a handle on how to strategize,” said Miller. “It wasn’t until the



Sullivan cross country runners gather for a team photo after winning three out of four championships against 28 schools in north county. Tamara Miller photos

third race that I was able to see the consistency of who my top seven were.”

Five of those top seven runners had not previously run cross country.

“I knew if I could focus in more on those five and my two veteran runners and let them know that taking home the championship was definitely obtainable, then they would rise to the challenge,” said Miller. “They did just that. Each week those boys improved

individually and as a team.

“I set them up to run in packs and always told the pack behind to be in close proximity to the pack in front of them,” continued Miller. “I would challenge certain individuals prior to a race to be up with the next pack they didn’t normally run with so that an individual could realize his true potential if he doubted the mile pace he could sustain. It worked, and they listened.”

The emphasis on pack running

allowed for a 48-second spread between the Wildcats’ first five runners.

“I trained them to run in packs so that they could work together on maintaining a consistent pace throughout the course with a strong finish where they try to outrace one another,” Miller said.

The pack strategy turned out to be effective at the championship meet.

see WILDCATS, page D-3



Members of Sullivan’s sixth-grade and seventh-grade girls team are all smiles after taking first place at the North County Middle School Cross Country League championships. Back row, from left, are Anay Garcia, coach Tamara Miller, Ava Papoulas, Rori Gartner, Abby Peterson, Jordynn Rogers, Ashley Fawcett, Meadow Lerche, and Claire Bernier; front row, Kirra Gonzalez, Mary Ramirez, and Samantha Kylestewa.



Sullivan sixth-grade and seventh-grade boys pose with the championship trophy they earned at the North County Middle School Cross Country League championships. Back row, from left, are coach Tamara Miller, Ryan Marquart, Ben Ho, Evin Perrault, Tony Cortez, Lucas Adams, Jacques Rogers, Sam Vanni, Ryan Alvarez, Wilson Christopherson, Devin Huntington, Fisher Phillips, Connor Macmillan, Jason Martinez, Anthony Lloyd, Riley Waddell, and Nico Schumann; front row, Bode Estabrook, Beckett Payne, Joseph Amador, Austin Nord, Tyler Craven and Jack Lane.



Sullivan sixth-grade and seventh-grade girls huddle up for an inspirational pep talk prior to the North County Middle School Cross Country League championships at Kit Carson Park, Nov. 1. The Wildcats took home the title.

SPORTS

Seniors sought for winter softball season

FALLBROOK – The Fallbrook Senior Softball League, for those age 50 and older, is now registering both new and returning players for the 2019 winter season.

New players interested in tryouts/practice sessions should visit www.fallbrookseniorsoftball.org for more detailed information and registration forms or call Chuck Mattes at (760) 751-8389.

Registration fees are due Jan. 8. The league fee is \$80 and includes two shirts and a hat.

After the draft, players will be contacted by the team managers. League play is expected to begin Jan. 14.

Games begin at 4 p.m. Monday

through Thursday and each team plays two games per week. The season will run (approximately) from Jan. 14 through March (always allowing for changes and weather issues). Games are played on Field 2 at Ingold Sports Park, 2551 Olive Hill Road.

There will be a number of pre-season practices to keep muscles in shape. The practices will be held at Rainbow County Park from 3 p.m. until dark (4:30 p.m. or so) on the following dates: Nov 28, Dec. 4, Dec. 11, Dec. 19, Dec. 27, Jan. 3 and Jan. 8.

Submitted by Fallbrook Senior Softball.

Senior softball players have a lot of fun on the diamond. Registration is now open for the winter season.

Shane Gibson photo



Miller notches 1,000th training victory

Tom Ferrall
Staff Writer

Peter Miller, who for several years has had the majority of his stable based at the San Luis Rey Training Center in Bonsall, reached a career milestone Nov. 16 at Del Mar when he recorded his 1,000th training victory.

The 2-year-old colt Haydens Havoc, ridden by Drayden Van Dyke, provided Miller with the landmark win when he rambled to a 1 1/2-length victory in the third

race on the program.

“It’s a great accomplishment,” said Miller. “It took a lot of years to get there and a lot of hard work. I’ve got a great team behind me, from my family to the people who work for me in the stable to the owners. I’m thankful to them all.”

Miller, 52, told the press he remembers scoring his first victory in April 1987 at Santa Anita with Dynashield. A young jockey named Gary Stevens, who would go on to become a Hall of Famer, rode Dynashield.



The 2-year-old colt Haydens Havoc and jockey Drayden Van Dyke comfortably win the third race at Del Mar Nov. 16, giving trainer Peter Miller his 1,000th victory. Benoit Photo photos



Mo See Cal and Hall of Fame jockey Mike Smith win the third race at Del Mar Nov. 15, giving trainer Peter Miller his 999th victory.

Hayden’s Havoc enabled Miller to celebrate his 1,000th win at his favorite track.

“I love Del Mar,” said Miller, who resides in Encinitas. “It’s my home track.”

Van Dyke, 24, said Hayden’s Havoc made his job easy.

“The horse broke strong and put

me in a great spot,” said Van Dyke, who Nov. 3 teamed with Miller to win the \$1 million Breeders’ Cup Turf Sprint with Stormy Liberal. “I’m happy to get Peter Miller’s thousandth win. He gave me my first Breeders’ Cup (win).”

Miller was pleased with the effort of both horse and jockey.

“It was a great race, great ride,” said Miller. “Drayden’s a super up-and-coming rider. Haydens Havoc’s a neat horse.”

Miller was joined in the winner’s circle by his wife, Lani, and sons Jacob, 6, and Seth, 4, following the big win. Del Mar officials presented Miller with a congratulatory sign to commemorate the victory.

“It’s a lot of wins,” said Miller, who then poked a little fun at himself. “That means I probably lost about 4,000 races.”

Miller knows it’s tough to win races and his math was in the ballpark as his 1,000th victory came with his 5,439th starter.

Hayden’s Havoc was the second

betting choice in a field of eight and paid \$6.20 after taking the five-furlong turf dash for maidens in :56.33. The colt is owned by the Rockingham Ranch of Gary Hartunian, one of Miller’s longtime clients.

“Gary Hartunian’s been a big benefactor of mine,” said Miller.

Miller earned his 999th victory Nov. 15 in the third race at Del Mar with Mo See Cal, a 3-year-old filly owned by Hartunian and David Bernsen. Mo See Cal, with Hall of Famer Mike Smith aboard, won the one-mile allowance/optional claiming race by 1 1/4 lengths in 1:37.25 and paid \$3.60.

In the second race Nov. 15, Ack, a 2-year-old colt who spent the summer working out at San Luis Rey, scored a game victory for trainer Keith Desormeaux. Ridden by Edwin Maldonado, Ack defeated Silent Alarm by a head after battling with that rival throughout the one-mile contest. Ack was timed in 1:39.89 and paid \$9.60.

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Peter Miller is joined in the Del Mar winner’s circle by his wife, Lani, and sons Jacob, 6, and Seth, 4, after recording his 1,000th career training victory.

WILDCATS

from page D-1

“I asked each runner to use their pace and put it all out there on the last day, and they did,” said Miller. “They are a treat to watch race in packs, and because of the pack strategy they won.”

Medals were given to the top 25 finishers in each race, and the top 10 runners were given all-league designation. The results gave all-league status to Christopherson and medals to four of the younger Sullivan boys.

The race for sixth-grade and seventh-grade girls had 227 runners. Sullivan took first place with 51 points, Martin Luther King had the second-place total of 92 points, and San Elijo accumulated 113 points for third.

Natalie Wang of Carmel Valley Middle School was the first finisher in the race for sixth-grade and seventh-grade girls, posting a time of 12:09. Sullivan seventh-grader Abby Petersen took second place at 12:17. Ashley Purcell of San Elijo Middle School in San Marcos had a time of 12:25 for third place.

Maya Papoulias was in the eighth-grade race but competed against Wang in a triathlon during the summer. Wang had the faster running and bicycling times while Papoulias had the better swimming performance.

Sullivan seventh-grader Rori Gartner took fifth place with a

time of 12:46. “Abby and Rori were basically setting the pace a good chunk of the run,” Miller said. Wang was the faster runner in the final part of the race. “Natalie just took off,” said Miller. “Abby just couldn’t catch her.” The results gave all-league recognition to Petersen and Gartner. Two other Wildcats in the race took home medals: seventh-grader Anay Garcia completed the course in 13:07 for 11th place and sixth-grader Jordynn Rogers had the 13th-place time of 13:15. Seventh-grader Ava Papoulias obtained 28th place with a 13:52 performance. Seventh-grader Ashley Fawcett posted a time of 13:53 which gave her 29th place overall and sixth among Sullivan girls. Sixth-grader Claire Bernier finished 138th at 17:11 and seventh-grader Meadow Lerche was the 141st finisher and took 17:28. “For both of my girls’ teams I had them run in pairs,” said Miller. “Each pair had to make sure they could be within reaching distance of the pair in front of them. We ran a strong six on each of my girls’ teams as a result, and no matter who switched off for that fifth or sixth spot in the race they were close enough to one another not to make a huge difference in the score.” The sixth-grade and seventh-grade girls were strong enough to dominate the race even though



Runners on Sullivan's eighth-grade girls team are stoked after winning the first-place trophy at the North County Middle School Cross Country League championships. Back row, from left, are coach Tamara Miller, Avery Lynas, Maya Papoulias, Samantha Amador, Alexis Martinez, Alexis Meyer, Mikayla Gioia, and Ariel Adicoff; front row, Sahara Khoury, Maya Khoury, and Jordyn Williams. Not pictured, April Johnson.

three of Sullivan’s seventh-graders were placed in the eighth-grade race to provide them with a more suitable level of competition. Those three seventh-graders all finished among Sullivan’s first four runners: Avery Lynas was the fifth overall finisher and had a time of 12:34, Sahara Khoury earned seventh place for her 12:42 performance, and Maya Khoury finished in 13:17 for 12th place.

Maya Papoulias is an eighth-grader who ran in last year’s eighth-grade race as a seventh-grader. This year Papoulias had a time of 12:36 which gave her sixth place among the 116 runners. The results gave all-league honors to Lynas, Sahara Khoury and Papoulias and medals to those three along with Maya Khoury.

Sullivan’s other six runners in the race are also eighth-graders. Mikayla Gioia raced for 13:42 and took 26th place. Samantha Amador had the 28th-place time of 13:52. A time of 14:53 gave Ariel Adicoff 43rd place. Alexis Martinez was the 56th finisher and had a time of 15:42. Jordyn Williams finished in 16:51 for 77th place. April Johnson posted a time of 17:14 which was worth 88th place.

Sullivan accumulated 48 points. San Elijo and Diegueno (Encinitas) each had 74 points with the tiebreaker of the faster sixth runner giving San Elijo second for the division.

Lynas, Papoulias, and Adicoff are the only eighth-grade girls who also ran last year.

“I knew based on the new runners I had recruited and the large amount of seventh-grade

talent that I could balance both of my girls’ teams to secure a victory,” Miller said.

Although Sullivan also won last year’s sixth-grade and seventh-grade girls championship four of those runners – Petersen, Gartner, Garcia, and Ava Papoulias – were sixth-graders as was Fawcett, who ran in other races but missed the championship race due to a cold, and Lynas, who was in this year’s eighth-grade race. Miller noted that the addition of Rogers and the improvement of her five returning girls contributed to the sixth-grade and seventh-grade championship. “It secured a solid six runners in the front packs of each race,” said Miller.

Some of Sullivan’s seventh-graders hadn’t previously run cross country because Bonsall West Elementary School is kindergarten through sixth grade. “They can’t really run our sport until they’re over at Sullivan as seventh-graders,” Miller said.

Olive Peirce Middle School in Ramona won the eighth-grade boys race with 69 points. San Elijo finished second with 72 points. Sullivan’s sixth-place total was 150 points. The eighth-grade boys race had 149 runners, including seven from Sullivan.

“All of my top five scoring runners improved their mile pace by an average of 13 seconds as compared to the same course at Kit Carson just two weeks before,” said Miller.

Jayelon Rogers finished 10th in the championship race and had a time of 11:40 to earn all-league distinction and a medal. Ashton

Strange earned 17th place and a medal for his 11:53 performance. Carlos Lobatos took 48th place with a time of 13:01. Darian Bonillo finished 61st and raced for 13:16. Preston Lane was the 62nd finisher and posted a time of 13:17. Michael Bailey was the 110th runner across the finish line and completed the course in 14:59. Jonah Saliba had the 132nd-fastest time at 16:42.

The four races included 49 Sullivan runners; seven of those were all-league and 14 received medals. “My team is doing great things in north county,” Miller said.

Miller lived in Maryland for 14 years before returning to California and joined the Sullivan staff for the 2014-15 school year. That year Miller, who is primarily a math teacher, taught two physical education classes including one for sixth-graders, and the physical education classes allowed her to identify athletes for the Don Dornon Games.

Miller took over Sullivan’s cross country program in 2016 and fielded 33 runners, and that year Sullivan’s sixth-grade and seventh-grade girls won the league championship. Sullivan had 44 runners last year, when both girls teams won league titles and the sixth-grade and seventh-grade boys finished second. This year’s Sullivan team had 53 runners, including four who did not race Nov. 1.

“Our goal next year is four wins,” Miller said. “We’ll see if we can make that happen.”



Sullivan team runners Avery Lynas, Maya Papoulias and Sahara Khoury work together and place fifth, sixth and seventh, respectively, in their race. Placing in the top 10 earns individuals all-league honors.



Sullivan runners Devin Huntington, right, and Tony Cortez earn medals by placing 12th and 19th overall in the sixth-grade and seventh-grade boys race.

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BUSINESS

Edward Jones surpasses 2017 Alzheimer’s Association fundraising goal
Total contributions top \$4.8 million for research, care and support



Brian Schrock



Joe Thomas Courtesy photos

FALLBROOK – Edward Jones has surpassed its annual fundraising goal for the Alzheimer’s Association. As a strategic partner and the first national presenting sponsor for the association’s annual Walk to End Alzheimer’s®, Edward Jones raised more than \$2.3 million in 2017 through its 2,752 teams across the country. The firm’s total contributions in support of the strategic alliance last year topped \$4.8 million.

“This disease hits close to home,” said Brian Schrock,

“Nearly everyone I know either has a family member who has been affected by this disease or knows someone whose family has been affected by Alzheimer’s. That’s why it’s so great to see so many people support our efforts to conquer this disease.”

“Our associates have taken the cause of the Walk to End Alzheimer’s to heart, as this disease affects our families and our clients in ways that can be devastating,” said John Beuerlein, the principal leading the Edward Jones Senior Investor Council. “We’re proud that Edward Jones has a culture of caring that empowers and supports all of us to work together to make a difference in the communities where we live and work.”

The strategic alliance, which began in 2016, has several facets. The Alzheimer’s Association has worked with Edward Jones to create the Edward Jones Alzheimer’s Research Fund, a targeted effort to accelerate research on treatment methods, prevention and, ultimately, a cure. The Alzheimer’s Association also

provides educational programs for Edward Jones associates so they can share resources with clients.

“Over the past two years, the incredible efforts by Edward Jones have enabled the Alzheimer’s Association to fund additional research and expand its outreach to help and support more families seeking information, support and guidance around this life-changing disease,” said Donna McCullough, Chief Development Officer, Alzheimer’s Association. “We look forward to the future and the progress we can achieve together.”

Brian Schrock and Joe Thomas and branch office administrators Tanya and Kathleen can be reached at (760) 731-3234 and (760) 330-9563. You may also visit Schrock’s and Thomas’ website at www.edwardjones.com/brian-schrock or www.edwardjones.com/joe-thomas.

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About the Alzheimer’s Association

The Alzheimer’s Association is the leading voluntary health organization in Alzheimer’s care, support and research. It is the largest nonprofit funder of Alzheimer’s research. The Association’s mission is to eliminate Alzheimer’s disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. Its vision is a world without Alzheimer’s. Visit www.alz.org or call (800) 272-3900.

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Rainbow approves design contract to
relocate pipelines
Administrative Code updated to address easements

Joe Naiman
Village News Correspondent

In the long term the Rainbow Municipal Water District will be relocating pipelines which are currently on private property.

Rainbow’s board voted 4-0 October 23, with Bill Stewart absent, to approve a professional services contract with Omnis Engineering for design services to relocate various pipelines.

“This will allow for better access for crews and also relieve some people from having pipelines behind their homes,” said Rainbow general manager Tom Kennedy.

A separate 4-0 vote updated the district’s Administrative Code to establish right-of-way policies and procedures.

“This policy establishes the allowable uses for those easements,” Kennedy said.

Rainbow has numerous easements on private property. “Many times these pipelines were there already,” Kennedy said.

Subdivisions resulted in those easements being on smaller parcels. “They left the pipelines where they were,” Kennedy said.

The infrastructure on private property makes maintenance more difficult and increases the cost of pipe failures. “We’re going to try to put the pipelines into proper

roadways,” Kennedy said.

The contract approved Oct. 23 involves the design of four pipeline relocations and the installation of two pipe segments which will connect a housing tract to a lower-pressure zone.

“We identified several high-priority pipelines,” Kennedy said. “This is the first of what will be an ongoing process.”

The plans, specifications, and estimates for Via Vera north of Lilac Road involve both an interim improvement design goal and an ultimate improvement design goal; the actual relocation into the ultimate site may have to wait until funding is available. The contract also covers analysis and preparation of plans, specifications, and estimates for the relocation of pipelines along Disney Lane, Eagles Perch, and Sagewood Road.

Design of at least two pipe segments, along with appurtenances, will be performed for facilities in the vicinity of Sarah Ann Drive crossing Gird Road which will provide water service to the tract east of Gird Road from a higher-pressure zone to a lower-pressure zone while disconnecting the area from the high-pressure zone. Once the plans and specifications for the relocations are complete the Rainbow district will advertise the actual relocation for bid.

Rainbow staff issued a request for proposals on Aug. 22, and four firms responded by the Sept. 28 deadline. The proposals were reviewed and evaluated based on the executive summary, the project description, local and other experience, past performance, and creative alternatives. Omnis was determined to be the most qualified firm which responded. The contract with Omnis has a limit of \$258,130.

Rainbow’s Administrative Code already included a requirement to dedicate property and provide easements required for water and sewer system facilities, but the Administrative Code had not previously included a policy which establishes regulations, policies, and procedures to protect and preserve the district’s property interests necessary for the construction and maintenance of pipelines and associated infrastructure.

A new chapter added to the Administrative Code includes definitions of prohibited uses of Rainbow’s right-of-way while also defining and determining that certain uses by other public agencies, public utilities, or property owners are compatible or may be compatible under certain circumstances. The new chapter establishes regulations and procedures to authorize compatible uses.

Rainbow MWD approves contract for
water tank staircases

Joe Naiman
Village News Correspondent

The Rainbow Municipal Water District will be installing staircases in its steel water tanks and railing systems on the top of those tanks.

A contract with the Utility Services Company division of Suez Water Technologies and Solutions was approved on a 4-0 Rainbow board vote Oct. 23 with Bill Stewart absent. The \$1,528,626 contract will cover all 12 of the district’s steel reservoirs and will result in the installation of the staircases and railing systems over a seven-year period.

“This is to make it for better access of the tanks for inspection and maintenance and also to improve safety,” said Rainbow general manager Tom Kennedy.

Rainbow staff members must currently climb ladders to reach the top of the water tanks. There is no railing at the top, so the staff members must wear safety harnesses while climbing the ladder and once they are on the roof they must attach a cable to an anchor point in the center.

The drawbacks of such an

inspection process include that staff must perform multiple safety tasks not only correctly but also in proper order to avoid falls or other accidents. Anchor points corrode or might not be constructed properly, and the anchor points might not allow adequate inspection of the edges of the tanks.

The necessity of staff having proper safety gear with them does not allow for a tank to be inspected immediately if a problem is suspected. The ladder is difficult to maneuver even without the safety gear, and the bulk and weight of that safety gear increases the difficulty. The use of the restraints also requires special training, and since it is not feasible to train all staff members in the proper use and implementation of the fall protection devices and procedures, only a limited number of personnel can currently access the top of the tanks.

The multi-year program will construct metal staircases up the sides of the steel tanks and railing systems around the top of the tanks.

“It makes it easy for employees to carry tools and equipment,” Kennedy said. “It also makes it

much more safer.”

Suez is currently under contract to provide tank maintenance and submitted a proposal for the stairs and railings whose maintenance would also be performed by and guaranteed by Suez. Suez will schedule tank re-painting around the stairway and railing installation of the specific tanks.

Suez and Superior Tank Solutions both submitted bids to perform the staircase and railing installation. The two bids were within five percent of each other. Superior Tank Solutions submitted the lower bid but recommended that Rainbow issue the contract to Suez since Suez would have the advantages on mobilization, amortization of exterior coatings, painting, and touch-up.

The current system requires two staff members to be present for the tank inspections. The staircases and railings will allow the monthly inspections to be completed by only one person, and there will also be a time savings since there will no longer be a need to put on and take off safety gear.

DINING

Make a pot pie with leftover turkey

FALLBROOK – Pot pie makes for a delicious meal, especially when home cooks go the extra mile and prepare homemade pie crust. Although some may be

intimidated by the idea of making their own pie crusts, the following recipe for “Turkey Vegetable Pot Pie with Whole-Wheat Crust” from Michelle Dudash’s “Clean

Eating for Busy Families” (Fair Winds) simplifies the process. And since the recipe calls for turkey, the timing is perfect to use those Thanksgiving Day leftovers.

Turkey Vegetable Pot Pie with Whole-Wheat Crust

Serves 6
For the crust:
1 cup whole-wheat flour
1 cup all-purpose flour
1/4 teaspoon salt
2/3 cup corn oil
1/3 cup orange juice

For the filling:
1 carton condensed cream of chicken soup (organic preferred)
1/2 cup low-fat milk
1 1/4 pound turkey thinly sliced into bite-size pieces
1 cup thinly sliced carrots (or frozen sliced carrots, thawed)
1 cup leeks, quartered lengthwise, then thinly sliced crosswise, using white and pale green parts only
3/4 cup thinly sliced celery
1/2 cup frozen peas, thawed
3 tablespoons whole-wheat flour
2 teaspoons dried herbes de

Provence (or 1/2 teaspoon each thyme, rosemary and basil)
1/2 teaspoon freshly ground black pepper
1/4 teaspoon salt

To make the crust: Combine flours and salt in a medium bowl. Pour in oil and orange juice and stir until moistened. Press dough to flatten and chill.
To make the filling: Blend soup and 1/2 cup of milk in a large bowl. Mix in the remaining ingredients.

Directions:
Preheat the oven to 350 F.
Divide dough into 2 balls, one slightly larger than the other. Roll the larger ball between 2 large sheets of waxed paper until it is 1/8-inch-thick or until it fits in the bottom of a 9-inch pie pan. Remove the top sheet of

waxed paper. Turn dough over and carefully place in the pie pan, removing remaining piece of waxed paper. Press out any bubbles and patch holes with scraps of dough.
Pour filling into the prepared pan. Roll remaining dough and lay it on top. Cut any excess dough hanging from the edges and crimp the crust between your thumb and forefinger to seal. Cut a heart into the center to allow steam to escape.
Place the pie on a sheet pan and bake for 1 hour and 15 minutes, until center of crust becomes golden and an instant-read thermometer inserted into the pie’s center reaches 165 F, covering browned edges only with foil about halfway through cooking.
Remove the pie from the oven and allow it to rest for at least 5 minutes before cutting.



Benefit from nutritious turkey even after Thanksgiving

FALLBROOK – If turkey is not normally on your lunch or dinner menu, come the holiday season it’s bound to show up in abundance. As soon as the weather cools and the crispness of late autumn is in the air, thoughts turn to more hearty meals, and of course, the fall pièce de résistance: Thanksgiving dinner.

Turkey takes center stage on many Thanksgiving dinner tables, even though history suggests it likely wasn’t served at the first Thanksgiving. Despite this historical discrepancy, turkey and all the trimmings continue to be traditional fare for big holiday dinners.

Much more than just delicious and filling, turkey boasts many nutritional benefits, making it a worthwhile addition to your diet regardless of the season. Following are some facts about turkey.

Protein: Turkey is often overshadowed by other meats in refrigerated display cases, but it remains an excellent source of protein in a low-fat package. A typical 3.4- to four-ounce serving of skinless turkey breast (about the size of a deck of cards) contains around 30 grams of protein, providing about 65 percent of the average person’s recommended daily allotment of protein. Protein helps the body feel full and serves many essential functions in the body. Proteins regulate the entry of nutrients through cell walls, help the body grow and help it to generate antibodies that fight against illness.

Low-fat: A serving of turkey is

only 161 calories and contains just four grams of fat, which is low in saturated fat.

B-vitamin benefits: Turkey is an excellent source of B vitamins, including B3, B6 and B12. Having enough B3, also known as niacin, is important for overall health, and higher levels of niacin can improve cholesterol levels and lower a person’s risk for cardiovascular disease. B6 is also called pyridoxine. It’s involved in the process of making certain neurotransmitters, including serotonin and norepinephrine, which transmit signals in the brain. Important for neurological health, B12 helps decrease levels of homocysteine, which can contribute to cognitive decline.

Immune system effects: People may not know turkey contains selenium, which is key to healthy thyroid function. It also helps boost the immune system by playing a role in the body’s antioxidant defense system. Selenium may help eliminate free radicals in the body that would otherwise contribute to cancer risk.

Relaxation: Many people are aware of turkey’s ability to induce feelings of relaxation, particularly when eaten in abundance at the Thanksgiving dinner table. Turkey contains the amino acid tryptophan, which plays a role in triggering production of serotonin. Serotonin can induce feelings of relaxation and sleepiness.

Turkey is lean, full of essential nutrients and low in saturated fat, making it a worthy addition to your diet no matter what time of year it happens to be.

Stay healthy through the holidays with a Pumpkin Pie Smoothie

Michelle Verdugo
Special to the Village News

Make eating healthy part of your daily life for a healthy body, disease prevention and high life!
By starting your day off with this delicious Pumpkin Smoothie instead of a piece of pumpkin pie, you will give your body essential vitamins, minerals for good energy along with a healthy dose of fiber to help keep your digestion system moving.
All the ingredients in this recipe are rich in antioxidants and provide essential nutrients that will help keep you feeling energized and healthy through the holidays.
This recipe can be enjoyed as a meal that will help you avoid holiday overeating and eliminate the bloat. Enjoy this delicious and simple smoothie recipe.

Pumpkin Pie Smoothie Recipe
1 cup almond or coconut milk
1/3 cup pumpkin puree
1 small frozen banana
1 handful spinach or kale
~1 tbsp cinnamon & 1 tbsp honey
1 pinch sea salt
1 tsp organic vanilla extract
1-2 cups ice

Puree all ingredients in a blender on high until smoothie consistency. Makes 1-2 servings
Enjoy as a pre or post holiday meal.

Michelle Verdugo is a certified nutrition consultant who can be reached at (760) 607-6911.



Courtesy photo

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Wine Country

Family is the driving force for success at Wiens Family Cellars



Wiens Family Cellars initially got its start in a small farmland town just outside Sacramento. Jeff Pack photos

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Dave, Doug and Jeff Wiens are just a small contingent of the Wiens family that works for Wiens Family Cellars in Temecula Wine Country.

Jeff Pack
WRITER

If things had gone differently for Jeff Wiens, Wiens Family Cellars on Rancho California Road in Temecula Wine Country might not exist.

Jeff’s brother, Doug, made a change in 1996 by moving out to farm country southeast of Sacramento, and with the help of family members, planted a 7-acre vineyard.

It wasn’t long until he wanted to make a business of it.

“He wanted to start a business and I wanted to start a business and he mentioned that we should start a winery, and I said, ‘Well that sounds like fun.’” Jeff Wiens said. “But I was going to start an electronics business; that’s what I used to do.”

Instead, the brothers went the winery route and added another brother into the mix.

They opened up a tasting room in Lockeford, and their mother, Mary, ran the tasting room. But Jeff Wiens said there weren’t many customers in the region, and they had a bunch of wine in stock.

“So, we were figuring out what to do with the winery then, back in 2002,” he said.

They met with winemakers in Rancho Cucamonga who suggested they partner with someone in Temecula.

“I met with Audrey Cilurzo at the Orange Show wine competition. She was dropping off wine; I was dropping off wine,” Jeff Wiens said. “And we got to talking. She told me how many customers they had down here and told me all about the wine country. Of course I knew about it; I had been coming here in the late 80s, early 90s buying wine and thought it was a really neat place.”

So, the brothers discussed it and decided Temecula was the place for them at the end of 2002.

“It occurred to us that it kind of made sense; most of the family lived in Southern California,” Jeff Wiens said. “We started looking around for properties, and we found this piece of property a couple of days after it went on market and put it in escrow in April of 2003.”

Their neighbor, Ponte Winery, had recently moved in, and the brothers helped them with their crush pad and other winemaking on the property.

“Claudio Ponte actually sold us the property,” Jeff Wiens said. “It



The main tasting room at Wiens Family Cellars is decorated in anticipation of the holiday season.

was an existing vineyard, 10 acres of chardonnay, and we took out a couple of acres to put in the winery.”

Wiens brother, George, is an architect, so he designed the winery and construction started in October 2005. By December that year, Jeff Wiens started selling wine out of a temporary building on the site.

With Jeff Wiens and his brother Dave handling the financials and permitting with George Wiens’s help and Doug Wiens handling the winemaking, they finally opened the existing tasting room, Oct. 14, 2006.

Now 12 years later, Jeff Wiens said most of the family has moved to the area, even though he still commutes a little. He said the decision to move the business to Temecula Valley has paid off.

“Of course there’s more wineries, but I don’t think that’s a bad thing, it’s a good thing, up to a point,” he said. “There’s plenty of customers to go around. The wine quality overall in the valley has certainly gotten better, and that’s a really good thing.”

Wiens Family Cellars has grown too.

“We started out with this being the only vineyard we owned, and now we own numerous vineyards and farm over 100 acres and 25 different vineyards.”

They own vineyards in La Cresta and another large vineyard in Sage, just outside of Temecula, which they said presents them with varying opportunities to grow quality grapes – and a lot of them.

“It’s another unique spot to grow grapes,” Jeff Wiens said. “We’ve been planting grapes every year since we started here. So, we’ve

been trying to contribute to get our own vineyards going and there’s some others that have been planting, and I get requests almost daily of someone wanting to plant grapes on their property.”

Jeff Wiens insists the family business is focused on quality.

“We pride ourselves on trying to give the best guest experience and the best customer service,” he said. “Along with that the highest quality wine. We work really hard on both of those things. That’s why we grow our own grapes, bottle our own wine, all of it. We’re striving every year to do things better.”

Wiens Family Cellars bills itself as Home of Big Reds.

“That’s what we’re trying to be known for, we have a lot of Bordeaux, we produce a lot of cabernet,” Jeff Wiens said. “We have variety and a little something for everybody that comes in the door. We have a great whites program going, and we’re working hard on that.”

Fans of craft breweries will also know the name “Wiens” in that space.

Founded in 2012, Wiens Brewing Company was founded by family members, Ben, Gabe and Alec Wiens.

“One of my nephews and my youngest brother, they made beer together, and brother Pete went on the University of California Davis and got his degree in fermentation science and went on to work at Anheuser Busch,” Jeff Wiens said. “Once we did the wine thing, we talked about starting a brewery. We toyed with the idea for years and finally bit the bullet and decided to do it.”

He said there’s even more family members that work over the beer side, and having that much family working at different businesses breeds a little competition.

“Yes, it’s competitive, there’s no question,” Jeff Wiens said. “We’re a big family; there’s nine kids in the family. It’s competitive, but we all work together, and I think that’s one of our strengths as well. We have a lot of things to offer to the business, different backgrounds and where we came from.”

Wiens Family Cellars is located at 35055 Via Del Ponte in Temecula and is open from 10:30 a.m. to 6 p.m. daily and offers a variety of amenities on the property including weddings, private events and even concerts.

For more information, call (951) 694-9892 or visit www.wienscellars.com.

Jeff Pack can be reached by email at jpack@reedermedia.com.



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Wine Country Events Calendar

FRIDAY, NOVEMBER 23	
11 a.m. to 5 p.m.	Craft Faire, Maurice Car'rie Winery
Noon to 2 p.m.	Gourmet Cheese Artisanal Tour & Wine Tasting, Avensole Winery
Noon to 4 p.m.	Live Music, gil Guillen, Fazeli Cellars
1-2:30 p.m.	Behind the Scenes Wine Tour, South Coast Winery
3-5:30 p.m.	Happy Hour, Vineyard Rose, South Coast Winery
5-8 p.m.	Live Music, Kenny Marquez, Cougar Vineyard & Winery
5:30-8:30 p.m.	Live Music, Chini & Cambreros, Restaurant at Ponte Vineyard
6-9 p.m.	Live Music, Indica Roots, Miramonte Winery
6-9 p.m.	Live Music, Those Guys, Lorimar Winery
6-9 p.m.	Live Music, Michael LeClerc, Avensole Winery Restaurant
7-11 p.m.	Live Music, JD Priest, Cellar Lounge at Ponte Vineyard
SATURDAY, NOVEMBER 24	
11 a.m. to 5 p.m.	Craft Faire, Maurice Car'rie Winery
Noon to 4 p.m.	Live Music, Midnight Ride, Bel Vino Winery
Noon to 4 p.m.	Live Music, Jillian Calkins, Masia de la Vinya
1-5 p.m.	Live Music, John & Partick, Fazeli Cellars
3:30-5:30 p.m.	Happy Hour, Vineyard Rose, South Coast Winery
5:30-8:30 p.m.	Live Music, Buzz Campbell, Restaurant at Ponte Vineyard
6-9 p.m.	Live Music, Jeff Brinkman, Avensole Winery Tasting Room
6-9 p.m.	Live Music, Mrs. Jones' Revenge, Lorimar Winery
6-9 p.m.	Live Music, Indica Roots, Miramonte Winery
7-11 p.m.	Live Music, Jason Weber, Cellar Lounge at Ponte Vineyard
SUNDAY, NOVEMBER 25	
10 a.m. to 3 p.m.	Bubble Brunch Buffet, Wilson Creek Winery
11 a.m. to 2 p.m.	Brunch Specials at Meritage Restaurant, Callaway Winery
11 a.m. to 5 p.m.	Craft Faire, Maurice Car'rie Winery
11:30 a.m. to 2:30 p.m.	Dog Day Sundays, Carol's Restaurant at Bailly's Winery
Noon to 4 p.m.	Live Music, Chris Fast Band, Bel Vino Winery
1-4 p.m.	Live Music, Groove Underground, Lorimar Winery
1-5 p.m.	Live Music, Eric French, Fazeli Cellars
2-5 p.m.	Live music, Paula Alrich, Cougar Vineyard & Winery
3:30-5:30 p.m.	Happy Hour, South Coast Winery
5:30-8:30 p.m	Live Music, Buzz Campbell, Cellar Lounge at Ponte Vineyard

UPCOMING EVENTS
Nov. 23, Sip and Shop, Lorimar Winery
Nov. 30, Tree Lighting, South Coast Winery

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Peltzer's annual Tree Lighting events benefits local charity

Jeff Pack
WRITER

Peltzer Winery will hold two Tree Lighting events that will unofficially kick off Christmas on the Farm at the winery.

Saturday, Nov. 24 and Sunday, Nov. 25 about 6 p.m., the Peltzer Family will invite everyone in attendance to gather around to light the 35-foot live Christmas tree.

“With the help of Charlie and our two boys, we light that baby up,” Carrie Peltzer said.

But the celebrations aren’t limited to the tree lightings. As always, Peltzer Winery will be serving wine; there will be food trucks, live music, a maker’s market, train rides, an ice rink and of course, Santa Claus.

Food trucks slated to attend include Devilicious, Street Chef California, Mastiff Sausage Company, The Woodfire Gourmet, Q’s Tacos, The Sweet Apron and The Baked Bear.

In addition to wine served by the winery, several guest businesses will serve up libations, including Crush House, Silo Bar, Refuge Brewery and mobile beverage bar, The Wine Trailer.

Vendors will be selling holiday gifts include The Plaid Kat, Kendall Farms, Market Detour, Mrs. G’s Jellies, Vicerel, Wild Rose Farms, Windecker Farms, RUST Vintage Denim and MelRowes Designs.

Peltzer said she expects thousands of people to come to the farm over the weekend, so having two tree lighting ceremonies seemed only right.

“We know that some perhaps have obligations on Saturday and Sunday and don’t want them to miss out,” she said. “So, we decided it needed to be a two-day event. And, since this event is our largest, we like to spread out the families that visit in order for there to be less people on property. We like to limit the lines and waiting times.”

The events will take place from 11 a.m. to 10 p.m. Saturday and 11

a.m. to 7 p.m. Sunday. Admission to the event is free for children and adults. A \$5 wristband donation is required, if a guest plans on enjoying an alcoholic beverage.

Peltzer said 100 percent of the wristband proceeds will benefit Our Nicholas Foundation.

“We partner with a charity to bring awareness to our audience of organizations that are within our community,” she said. “ONF is a special organization in our hearts. We have watched Mark and Kathy and their family grow their organization through their hearts and souls. We have watched Nicholas grow up and love the sense of community they bring to their autism awareness organization.

“The families involved in ONF are so lucky to have such an amazing close knit group to rely on for support, fun, activities and strength. We want to support them and help them grow,” Peltzer said.

In addition to supporting a local charity such as ONF, Peltzer said an event like this just fits for Peltzer Winery and farm.

“People love tradition and people love the farm,” she said. “A 35-foot live Christmas tree, hot chocolate, skating, Santa and wine – it’s the perfect scenario for authentic family fun.”

Peltzer said having the community come celebrate the start of the holiday season with her family means a lot to her.

“My family has grown up on this farm and love this place we call home,” she said. “It’s like people coming into our backyard and enjoying what we have put together for them. It’s personal and real. We love this community and want to give back. We are growing an authentic following that needs a place to go that’s different and real. We want Peltzer to be a household name that everyone in this community can enjoy year after year.”

For more information on the winery and the events, visit www.peltzerwinery.com.

Jeff Pack can be reached by email at jpack@reedermedia.com.

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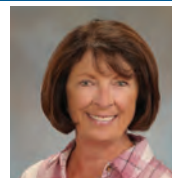
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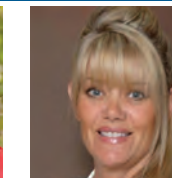
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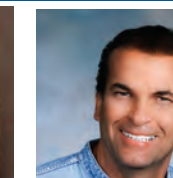
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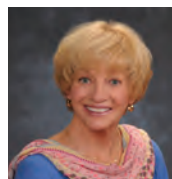
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DRE# 00582591



JEAN E. ESOP
DRE# 01003649



JERRY & LINDA GORDON
DRE# 01140954
DRE# 01035328



JANICE SHANNON
DRE# 01082464



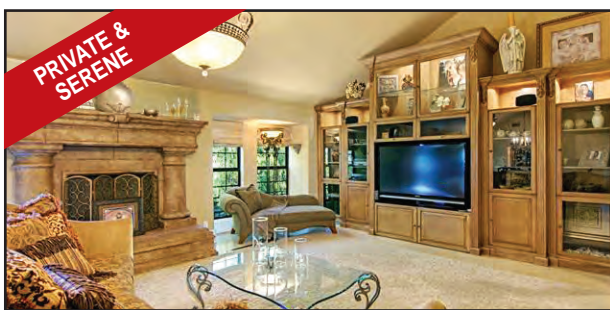
JANE FELTON
DRE# 01942026



JACK POPE
DRE# 01145952



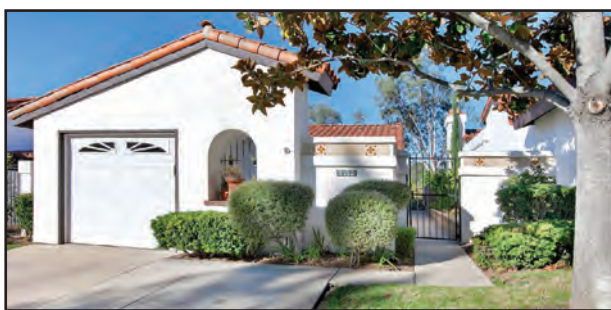
KELLY ONEIL
DRE# 00877186



158 Lake Ridge Circle, Fallbrook \$910,000



564 Tumble Creek Terrace, Fallbrook \$649,900



1712 Woodbrook Lane, Fallbrook \$409,900



1073 Ridge Heights Drive, Fallbrook \$575,000



335 W. Alvarado, Fallbrook \$514,000



942 Ridge Heights, Fallbrook \$499,000



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Lovely home in the quiet gated community of Village Crest. 3 bedrooms and 2.5 baths, 2426 s.f. of living area. Generous sized rooms, many have high vaulted ceilings allowing the natural sunlight to filter in. On an elevated lot with a nice covered patio to enjoy sunsets to the west. Fenced backyard with family fruit trees and a garden plot. **Offered at \$599,000**



Donna Shanahan



760-522-7112
donna@cbvillage.com
DRE# 01193680



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Geat location and priced to sell. New carpet & laminate flooring. Vista Cascade Park co-op w/40,000 equity share in park incl with price of this home. Large carport plus 2 storage sheds. Washer/dryer & refig included. Large clubhouse with pool, Jacuzzi and more.

Offered at \$105,000



Enjoy incredible mountain & sunset views from this classic country estate! Perfectly situated on 1.1 acre this lovely home invites you in with all its warmth & charm which exudes pride of ownership. Extra fine oak cabinetry thruout incl hutches, china cabinets, more.

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Wonderful Fallbrook location. This single level home has 3BD, plus an optional bedroom along with 3BA on 1 acre. Garden areas, patios and beautiful views - it's everything you're looking for!

Offered at \$756,000



Call Tom Van Wie
760.703.6400

www.tomvanwie.com
twv@sbcglobal.net
DRE# 01412145



PATRICK & JUDY BRESNAHAN

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