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Presented by:

# Aqueduct shutdown expected to begin Nov. 4

Joe Naiman  
Village News Correspondent

The repair to the San Diego County Water Authority’s Pipeline 4 in Moosa Canyon will require a shutdown of the SDCWA aqueduct which is expected to begin Nov. 4, and the CWA’s actions also included a unanimous CWA board vote Oct. 24 to approve a change order in the CWA’s contract with Fibwrap Construction Services, Inc.

The change order increases the contract by \$140,409 to create a total contract amount of \$1,011,751 while also amending the contract to increase the number of carbon fiber layers.

“The purpose of this is to address the thrust load and the additional pressure,” said CWA engineering manager Neena Kuzmich.

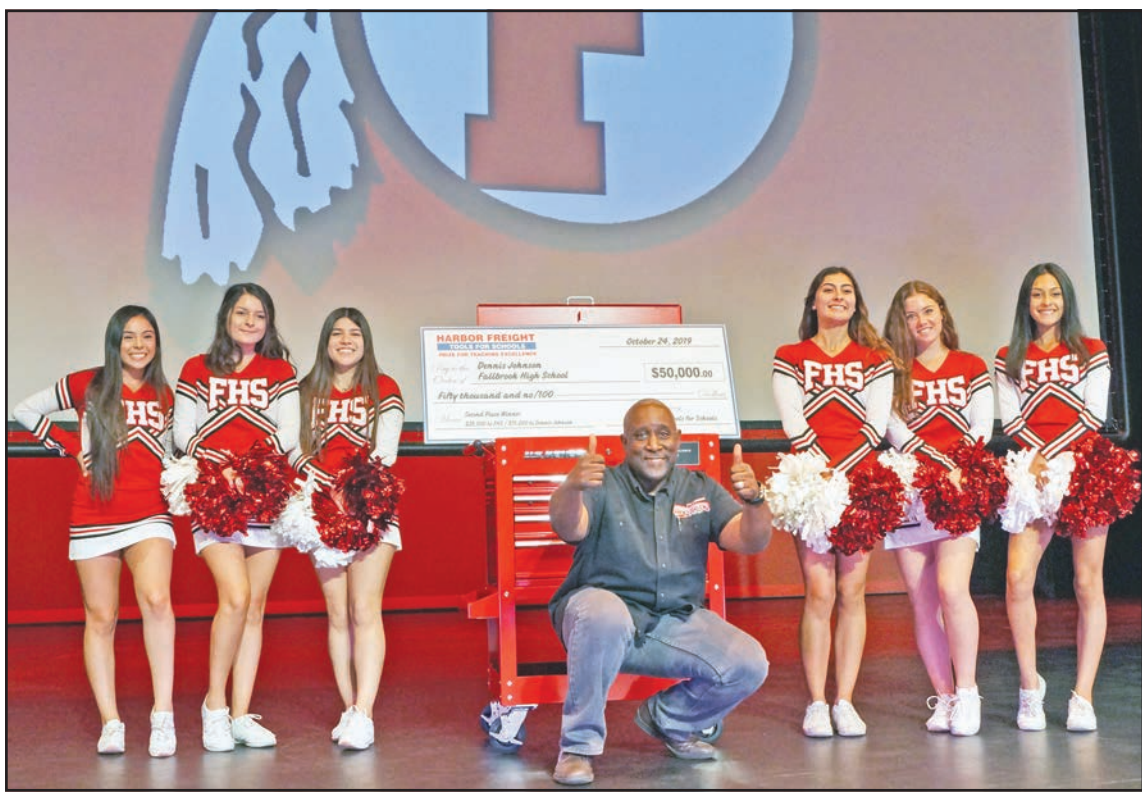
The CWA’s Second Aqueduct includes Pipelines 3, 4, and 5. Pipelines 3 and 5 provide untreated supply to CWA member agencies while Pipeline 4 distributes treated water to member agency turnouts. Pipeline 3 is a steel pipe 72 inches in diameter, Pipeline 4 is a pre-stressed concrete cylinder pipe

see *AQUEDUCT*, page A-6

# thisweek

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# Fallbrook High teacher wins \$50K award from Harbor Freight



Fallbrook High Transportation Technology teacher Dennis Johnson poses with Fallbrook High cheerleaders and the \$50,000 check he received from Harbor Freight Tools Thursday, Oct. 24, as a second-place winner of the 2019 Harbor Freight Tools for Schools Prize for Teaching Excellence. See full story on page B-8

# Results expected for NCFPD Proposition A election by Nov. 1, fire chief says



The North County Fire Protection District has spent the last few months asking voters to approve a new tax of \$5 per month to pay for improvements and maintenance on ageing facilities. Ballots were due for the district’s Proposition A special election by 8 p.m. Oct. 24.

Will Fritz  
Associate Editor

Ballots were due for the North County Fire Protection District’s Proposition A election by 8 p.m. Thursday, Oct 24.

The proposition, if approved by two-thirds of voters in the district 92-square mile area, would levy a new tax of \$5 per month, per parcel of owned property, to pay for construction, maintenance and improvements of fire stations in the North County Fire Protection District over the next two decades.

So what happens now that all the votes have been turned in?

First, the consultant that is running the election for the fire district – David Taussig and Associates – will count all of the ballots, before even beginning to tally how many votes there are for and against passing Proposition A, according to NCFPD Chief Stephen Abbott.

In any other year, the district may have asked the San Diego County Registrar of Voters to oversee the election. However, the registrar’s office is not running any elections this year while it overhauls its voting systems. And since there’s no requirement the registrar’s office be involved, the fire district was able to hire the Taussig company to run the election.

The consultant will, however, validate signatures on ballots with the registrar’s office before tabulating the votes, Abbott said.

The district anticipates voting results will be available by Friday, Nov. 1, Abbott said. The proposition needs to be approved by two-thirds of voters who participate in the election – not two-thirds of the approximately 28,000 voters in the NCFPD’s boundaries, according to Abbott.

The new tax is necessary, fire district officials say, because

many of the district’s facilities are outdated – there’s a documented need for at least \$26.5 million to meet facility standards, the fire district said in a newsletter published ahead of the election. Proposition A, if passed, is expected to raise about \$1 million per year, or \$20 million over the 20 years it will be in effect for.

Seven of NCFPD’s 11 facilities – including four of its five fire stations – are nearing or past the end of their originally-intended life span of 50 years, according to the newsletter.

“(Proposition A) is to replace ageing and obsolete fire stations to bring them up to industry standards and best safety practices,” NCFPD Chief Stephen Abbott said. “We’ve got two that are over 50 years old, one that’s in a 30-year-old modular building and then another that is partially in a modular building.”

# TAC recommends signal at Old Highway 395 and Rainbow Glen Road

Joe Naiman  
Village News Correspondent

San Diego County’s Traffic Advisory Committee recommended that a traffic signal be installed at the intersection of Old Highway 395 and Rainbow Glen Road in Fallbrook.

The unanimous TAC recommendation Oct. 25 sends the proposed signal to the San Diego County Board of Supervisors, who must approve the placement of the intersection on the county’s Traffic Signal Priority List. The county’s Department of Public Works has targeted a Nov. 20 board of supervisors’ hearing date for the signal, and DPW also plans to recommend funding so that the signal can be installed after the design work is completed.

“If all else goes well sometime in 2020 there will be a traffic light,” Murali Pasumarthi, DPW traffic engineering manager, said.

The intersection fell one collision short of the collision warrant for a traffic signal which requires five collisions correctable by a signal within a one-year period, but just those four collisions between June 1, 2017, and May 31, 2018,

see *SIGNAL*, page A-6

# Supervisors direct \$28 million to remain for roads

Joe Naiman  
Village News Correspondent

In 2017, the San Diego County Board of Supervisors authorized the use of \$28,000,000 of general fund revenue to improve the county’s road conditions. The plan was to repay the general fund over a period of five fiscal years beginning in 2022-2023.

Two years later the county supervisors decided to keep the money in the county’s road fund. The supervisors voted 5-0, Oct. 15, to cancel the transfer of the money from the road fund back to the general fund.

“Continuing to maintain our roads is of utmost importance,” Supervisor Jim Desmond said. “This action ensures that our road network continues to set the example of how roads should be maintained.”

At one time gas tax revenue was used for nearly all of the county’s Road Fund budget, but a combination of more drivers creating additional wear and tear on the roads, better fuel efficiency, increased mass transit use which reduced the quantity of gas purchased and thus gas tax revenue, and decreased funding from the state of California forced the county to utilize other sources.

The county maintains 1,943 centerline miles and about 4,000 lane miles of public road along with 208 bridges, 56 miles of guardrail, 18,460 culverts, traffic signals at 196 intersections, 6,702 street lights and 37,064 traffic signs, so the county’s Department of Public Works must spend

see *ROAD*, page A-6

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VILLAGE NEWS





# ANNOUNCEMENTS

## Art bench auction to benefit SOF



Artist BJ Lane sits on her finished art bench which will be part of the silent auction to benefit Save Our Forest at Vince Ross Village Square, Main Avenue at Alvarado Street, Nov. 2, from 4-7 p.m.



Joel Anderson, second from right, is the artist behind this art bench, one of seven to be auctioned. With him are, from left, Sandi Anderson, Jeff Anderson and Jackie Heyneman.



The work of Leslie Sweetland, this bench can be bought at the Art Bench fundraiser.



Gabriele Bitter's bench makes a colorful addition to any garden. Nancy Heins Glaser photos

## Biennial quilt show open Nov. 8-9



"Super Blooms," an appliqued quilt will be on display at the quilt show as the Opportunity Quilt' tickets can be bought for the raffle with the winning ticket to be drawn in June.



"Fall in Love", a strip pieced quilt in autumn colors, is one of the quilts that will be auctioned off during the quilt show. Courtesy photos

FALLBROOK – The Fallbrook Quilt Guild is hard at work, organizing their biennial Quilt Show “Hidden Treasures” that will be open for viewing Nov. 8-9. There will be over 200 handmade quilts on display, with an additional 100 quilts up for auction at 1 p.m. each day.

In addition, the North County Wool Gatherers will display hand-

hooked rugs. Quilting and rug-hooking demonstrations will be presented on both days. There will be many excellent vendors, and there will also be a ‘gently used’ country store with fabric, quilting supplies, books, sewing notions, etc.

Admission is \$10 for adults and \$3 for children 3-12. No strollers allowed. The location is accessible

for the disabled and has free parking. Open hours are from 10 a.m. to 4 p.m. at SonRise Christian Fellowship, 463 S. Stage Coach Lane, in Fallbrook.

For more information, visit [www.fallbrookquiltguild.com](http://www.fallbrookquiltguild.com).

Submitted by Fallbrook Quilt Guild.

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## FUHS to host blood drive, Nov. 8

FALLBROOK – Fallbrook Union High School is hosting a blood drive in partnership with the San Diego Blood Bank, Friday, Nov. 8, from 7:30 a.m. to 12:30 p.m. The blood drive will take place in the high school gym, 2400 S. Stage Coach Lane.

Anyone 17 and older, who weighs at least 114 pounds and is in good health may be eligible to donate blood. A good meal and plenty of fluids are recommended before donation. All donors must show picture identification. Donors are encouraged to schedule an appointment to donate, but walk-ins are welcome.

To schedule an appointment or for more information, visit [www.sandiegobloodbank.org](http://www.sandiegobloodbank.org) or call (800) 469-7322.

Submitted by San Diego Blood Bank.

## Last chance for a tri-tip dinner this season

FALLBROOK – The Fallbrook High School FFA is hosting their final tri-tip barbecue dinner of the football season this Friday, Nov. 1.

Dinner will be served from 5:30-7 p.m. at the agriculture department, which is located at the east end of the football field. Each meal includes tri-tip, beans, salad, dinner roll and a drink. The price for each dinner is \$10.

Call the agriculture department at (760) 723-6300, ext. 2508, for more information or just show up. The fundraiser supports FFA leadership development activities throughout the school year.

All residents are asked to come and support their nationally recognized FFA and cheer the football team in their last home game.

Submitted by the Fallbrook Union High School Agriculture department.

## All invited to join the Veterans Day Parade

FALLBROOK – Fallbrook Veterans of Foreign Wars Post 1924 and its Auxiliary are hosting the Fallbrook Veteran's Day Parade Monday, Nov. 11. They invited youth groups, active duty military, Wounded Warriors, female veterans, patriotic groups, seniors and any group that would like to participate to honor Veteran's Day.

All groups should meet at the Major Market parking lot at 9 a.m. to organize as the parade steps off at 10 a.m. The parade will proceed to the Village Square at Alvarado Street where the Veteran's Day Ceremony will commence at 11 a.m.

The VFW invited everyone to participate in its parade. Anyone unable to walk the route, but wanting to participate, will have a ride furnished for them.

This year the guest speaker is retired Marine Corps Sgt. Major Mario Fields. The Marine Corps Mounted Color Guard, 1st Marine Division Band, Fallbrook Union High School Marine Corps JROTC, several Scout Troops and many other community guests will attend.

The Fallbrook Union High School band will march in the parade, as well as the North County Fire, the Sheriff's Senior Volunteer Patrol, old cars and some military vehicles in the parade.

For those individuals or groups who are interested in participating in this year's parade, they can contact Chris Ingraham at [Commander@fallbrookvfw.org](mailto:Commander@fallbrookvfw.org).

Submitted by Fallbrook VFW Post 1924.

## Learn how to winterize birds

VISTA – North County Aviculturists, a club for pet bird owners and breeders, presents club president Johan Otter and “How to Winterize Your Birds, Inside and Out,” Saturday, Nov. 2, at 5:30 p.m.

Winter is coming, in spite of temperate days so far. According to National Oceanic and Atmospheric Administration, there are equal chances of more or less rainfall than usual. Bird owners can be prepared either way with

Otter's tips and resources.

Refreshments will be served after the discussion. A donation is suggested, and attendees are welcome to bring a dish to share. North County Aviculturists is a nonprofit social and recreation club that meets at the Vista Masonic Center, 761 Eucalyptus Ave., in Vista.

For more information, go to [www.ncabirdclub.com](http://www.ncabirdclub.com).

Submitted by North County Aviculturists.

## FireSafe workshop offered Nov. 6

FALLBROOK – Residents of Fallbrook, DeLuz, Rainbow and Bonsall are invited to a session to gain knowledge and understanding that, when put into practice, will allow them to be both fire-smart and more fire-safe going forward.

Sponsored by Fallbrook FireSafe Council, North County Fire Protection District and

Mission Resource Conservation District, the workshop will be held from 7-8:30 p.m. Wednesday, Nov. 6, at Fallbrook Public Utility District building, 990 E. Mission Road, in Fallbrook. Admission is free, and light refreshments will be available.

Submitted by Fallbrook FireSafe Council.

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OPINION

Fix the roads



Supervisor Jim Desmond  
5th District

It’s the old political stump speech, “If you elect me, I’m going to fix the roads!” While it’s a promise we’ve all heard, I’m pleased to tell you, we truly are doing something about the roads. Two weeks ago, Chairwoman Diane Jacob and I unanimously

passed a board action to commit \$28 million into critical road funding. It will benefit all those who live or travel in the unincorporated areas. San Diego County provides municipal services for the entire unincorporated area. Cities like Carlsbad, San Marcos, Vista and others provide the funds and resources for their roads and infrastructure, but out in places like Valley Center, Fallbrook and Borrego Springs, it’s the county’s responsibility. There are nearly 2,000 miles of roads of roads, 200 bridges, nearly 19,000 culverts, 196 traffic signals and over 37,000 traffic signs throughout the unincorporated area. While our past rainy season can create potholes and wreak havoc on our roads, the county is committed to maintaining a safe and comfortable driving experience. If you have any road maintenance issues, please feel free to reach out to my office, and we will address the issue, after all that’s why you elected me.

Project Baby Bear



Assemblymember Marie Waldron  
AD-75 (R)

As a member of the Select Committee on Biotechnology and co-chair of the Rare Disease Caucus, I’m always looking for innovative treatments that provide the greatest benefit for patients at the lowest possible cost to taxpayers. That’s why I’m enthusiastic about Project Baby Bear, a \$2 million Medi-Cal funded pilot program at several hospitals, including San Diego’s Rady Children’s Hospital, to provide rapid whole-genome sequencing to seriously ill newborns. To learn more about this trial program, I recently attended a hearing of the Select Committee on Biotechnology with Committee Chair Kevin Mullin, Assemblymember Todd Gloria and Senate President pro Tempore Toni Atkins at Illumina’s headquarters in La Jolla. Early results are very encouraging.

As of Aug. 31, Project Baby Bear has performed rapid whole-genome sequencing on 116 children; 43% received a rapid diagnosis with the median turnaround time at three days, allowing identification of the underlying genetic causes of the babies’ symptoms. Early diagnosis resulted in specific treatments and improved outcomes for the babies, allowing them to avoid more than 225 hospital days, with 8 fewer muscle, lung, liver and other biopsies, and 12 fewer invasive therapeutic procedures such as insertion of feeding or breathing tubes. The bottom line is that rWGS is faster, better and cheaper than traditional treatments. It has led to vastly improved outcomes for the babies themselves and it saved taxpayer dollars. Cost reductions significantly exceeded the \$675,000 cost of rWGS for the 42 families enrolled in the study, and resulted in an estimated savings of over \$1 million. Only a handful of states provide even partial coverage for rWGS. The early success of California’s pilot program in terms of patient outcomes and cost savings may soon result in Medi-Cal adding rWGS to its treatment portfolio.

Assembly Republican Leader Marie Waldron, R-Escondido, represents the 75th Assembly District in the California Legislature, which includes the communities of Bonsall, Escondido, Fallbrook, Hidden Meadows, Pala, Palomar Mountain, Pauma Valley, Rainbow, San Marcos, Temecula, Valley Center and Vista.

EVENTS CALENDAR

**Nov. 1** – 11 a.m. – P.E.O. Chapter UH Fallbrook hosts luncheon and fashion show at the Vista Valley Country Club. Includes live auction, opportunity drawings and fashions by 100 Main. Cost is \$50 per person; contact Florie Meyer at (760) 902-3669 or [iamaswede2@gmail.com](mailto:iamaswede2@gmail.com).

**Nov. 2** – 4-7 p.m. – Save Our Forest and Fallbrook Land Conservancy host “Take A Seat – The Art Bench Fundraiser,” upcycled restyled art bench auction, at Vince Ross Village Square, Main Avenue at Alvarado St. There will be complimentary refreshments and a cash bar. All are invited.

**Nov 6** – 7-8:30 p.m. – The Fallbrook FireSafe Council, North County Fire Protection District and Mission Resource Conservation District are hosting a workshop on fire-smart and fire-safe practices now that fire season lasts year-round. To be held at the Fallbrook Public Utility District building, 990 E. Mission Road. Admission is free and light refreshments will be available.

**Nov. 9** – 8 a.m. – Fallbrook Food Pantry holds its Race to End Hunger Walk & 5K Run at Live Oak Park, 2746 Reche Road. Register at [www.fallbrookfoodpantry.org/race-to-end-hunger](http://www.fallbrookfoodpantry.org/race-to-end-hunger). Walkers are free; runners are \$30 with preregistration, \$40 day of event. A health & fitness fair at the park runs 10 a.m. to 2 p.m. with lots of activities. Admission is \$5 for adults, kids (12 and under) & seniors are free.

**Nov. 9** – 9-11 a.m. – A Bonsall Fallbrook Community Cleanup will be held with volunteers removing trash and cleaning up Old Bonsall Bridge and the surrounding area. Meet at Daniels’ parking lot at 8:30 to caravan or carpool to the cleanup

site. Families are welcome and everyone is asked to bring their own water bottle and work gloves.

**Nov. 11** – 10 a.m. – Veterans Day Parade, hosted by VFW Post 1924, will begin at the corner of Fallbrook Street and Main Avenue and proceed to Alvarado Street. A commemorative program honoring veterans will begin at 11 at Vince Ross Village Square at Alvarado.

**Nov. 12** – 12-1:30 p.m. – Foundation for Senior Care co-hosts Senior Concern Seminar, “Taking the Handcuffs Off the Surviving Spouse” at Christ the King Lutheran Church, 1620 S Stage Coach Lane. Free of charge and lunch will be provided. Register at [www.SCInstitute.org/FSC](http://www.SCInstitute.org/FSC) or call (760) 723-7570.

**Dec. 6** – 5-7:30 p.m. –Fallbrook Holiday Tree Lighting will be held at the Fallbrook Community Center, 341 Heald Lane. The free event includes music, fun and celebration.

**Dec. 7** – 5 p.m. – The 38th annual Fallbrook Christmas Parade will travel down Main Avenue from Ammunition to Ivy, with “A Storybook Christmas” theme. Participants include marching bands, vintage cars, youth groups, equestrian units, and more.

**Dec. 14** – 2 p.m. – “A Christmas Festival of Songs & Carols” will feature the Fallbrook Chorale and a chamber orchestra at SonRise Christian Fellowship, 463 S. Stage Coach Lane. Tickets are \$20/pp general admission; active duty military and children 12 and under (with a paying adult) are free. Tickets will be available about 30 days prior to the show at Major Market, from any chorale member, at <http://fallbrookchorale.org/> or by calling (760) 390-9726.

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Thank you to Fallbrook

Fallbrook has once again proven itself to be a caring and special place to live. The Fallbrook Historical Society would like to thank everyone in the community who supported the Big Barn Sale. Whether you volunteered your time, donated items or attended the sale, your generous help will keep our history alive and keep the museum doors open. The great people of Fallbrook continue to make history.

Sherry Folsom  
Fallbrook Historical Society

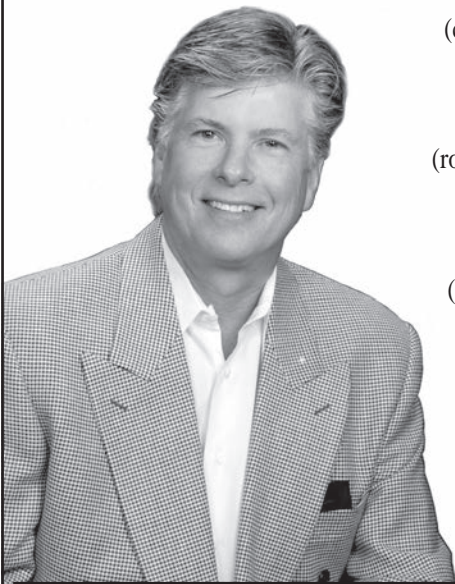
Teachers never stop caring

The week of Nov. 3-9 is California’s 21st annual Retired Teachers Week. As a member of the California Retired Teachers Association, I urge everyone to find a way to give back to their community. Statewide, CalRTA members logged in nearly 2 million hours of service to their communities. You may find a retired teacher tutoring in local schools, distributing food to those in need, driving seniors to appointments, working for land beautification projects, caring for stray or injured animals or working in hospitals. Since 1998, the California Retired Teachers Association has sponsored Retired Teachers Week as a way to not only spotlight our members’ extensive volunteerism but to encourage others to do the same. We cared about our students and our communities while we worked as educators, and that caring doesn’t stop at retirement. Join our call to give back. You’ll find the effort is well worth your time.

Marilyn Wertz  
CalRTA, Div. 81

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**VILLAGE NEWS IS ADJUDICATED**

Village News has been granted by the courts of San Diego County the right of adjudication, legal No. GIN013243. We can accept legal notices for publication.

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# Volunteers recognized at senior center



Fallbrook Senior Center Board President Jack Schirner thanks the volunteers for their time serving the senior center during an appreciation luncheon, Oct. 22. Shane Gibson photos



Volunteer Lucy Sanders is served lunch during the senior center's annual Volunteer Appreciation Luncheon.

# Man dies while hiking on Monserate Mountain

**Will Fritz**  
Associate Editor

A hiker died after suffering an unknown medical emergency on Monserate Mountain near Fallbrook late Thursday afternoon, Oct. 24.

A report came in of a man down on a trailhead a little before 5:30 p.m., North County Fire Protection District spokesman John Choi said.

Crews headed to the mountain and found the man face-down on the trail, Choi said. They attempted to perform life-saving measures on the man, but he did not recover from the unknown medical event and was pronounced dead at 6:13 p.m.

Firefighters had to use a helicopter to airlift the man's body off the mountain.

He appeared to have been hiking alone, Choi said.

No identifying information on the hiker was immediately available.

Temperatures soared into the 90s in northern San Diego County Thursday, though it was unclear if the weather conditions contributed to the man's death.

Will Fritz can be reached by email at wfritz@reedermedia.com



Fallbrook Senior Center volunteers help themselves to lunch provided by Silvergate Retirement Residence. The buffet included stuffed mushrooms, green and pasta salads as well as sandwiches.

# Fallbrook Community Planning Group Circulation Committee approves 'bulb-out' proposal for Main Avenue

**Will Fritz**  
Associate Editor

The Fallbrook Community Planning Group Circulation Committee voted Monday, Oct. 21, to send a proposal to build traffic-calming "bulb-outs" on Main Avenue to the San Diego County Board of Supervisors.

The proposal had previously been presented to the planning group as an informational item. It was also discussed at the second Fallbrook Revitalization Committee meeting, Sept. 17.

The bulb-outs – basically curb extensions – are expected to have the effect of slowing traffic down on Main Avenue.

"Basically what it is it gives the perception of narrowing the streets down though means of planting trees or (adding) concrete – we want to make it as aesthetically pleasing as possible," Eileen Delaney, chair of the revitalization subcommittee and a member of the circulation committee, said at the Sept. 17 meeting. "And that slows traffic down, it gives them the feeling that they need to slow it down."

Lila MacDonald, Fallbrook Chamber of Commerce CEO, presented updated renderings to the planning group at their Oct. 21 meeting.

MacDonald told the planning group that the North County Fire Protection District had been asked if the bulb-outs as proposed would hinder response; the fire district reported that they would not cause any issues, MacDonald said.

The Fallbrook Community Planning Group Circulation Committee approved the project and encouraged MacDonald to take the proposal to the board of supervisors, with Roy Moosa and Eileen Delaney recused, as they both sat on the revitalization committee.



Volunteer Russ Kortlever exits the buffet line during the senior center's annual volunteer appreciation luncheon.



Fallbrook Senior Center volunteer Angela Knight, along with all other volunteers, receives a certificate of recognition provided by District 75 Assemblywoman Marie Waldron during the appreciation luncheon.

# ARE YOU READY?

Are you prepared?  
Is your home defensible?  
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## 7:00-8:30PM

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Fallbrook Senior Center Special Projects Manager Phyllis Sweeney leads a game of bingo for Fallbrook Senior Center volunteers during their annual appreciation luncheon.



Fallbrook Senior Center volunteers play a few rounds of bingo during their annual appreciation luncheon.



# Festival features gems, minerals and volunteers



A new sight at the Fall Festival of Gems, these spheres are made of recycled surfboard resin. The annual event is put on by the Fallbrook Gem and Mineral Society on Alvarado Street.



Run by gem and mineral society members Sandy Schieffer, left, and Vanessa Jones, the ongoing rounds of silent auctions with new items every 45 minutes are a popular feature of the fall event, Oct. 13.



This year, Fallbrook Veterans of Foreign Wars Post 1924 handles the lunch booth with Cmdr. Chris Ingraham at the grill.



Volunteer Carol Wittrock-Gold offers a young visitor a free polished rock, in the Fallbrook Gem and Mineral Society Museum which was open for viewing the day of the festival. Its regular open hours are Thursday through Saturday, from 11 a.m. to 3 p.m.



These fossils and pieces of petrified wood are some of the many collectibles available at vendor booths each year at the Fall Festival of Gems.



Oco geodes are a new addition to the gems and minerals to be found at the Fall Festival of Gems in Fallbrook.

# Women golfers donate to REINS



From left to right, Kate Maldonado, Nancy Wright, Debbie Shinner and Renee Bolin of the women's club at The Golf Club of California are shown with a horse from REINS Therapeutic Horsemanship program presenting a check to the organization in the amount of \$5,100, after the Gold Rush tournament held at the club, Sept. 27-28.

Courtesy photo

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Runners are \$30 / \$40 the day of event  
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**www.fallbrookfoodpantry.org/race-to-end-hunger**



## SIGNAL

from page A-6

created an accident rate more than four times the statewide average for similar intersections. Two of those collisions involved injury and after a July 23, 2019, collision resulted in one fatality along with three injuries DPW reviewed the intersection to determine if a signal would increase the safety of motorists and pedestrians.

“The signal will hopefully take care of controlling the traffic,” county traffic engineer Zoubir Ouadah. “People on the side street probably won’t have to wait more than a minute and a half.”

The intersection meets both the four-hour vehicular volume warrant and the peak hour volume warrant. DPW used a July 17, 2018, traffic survey which produced an average daily volume of 5,881 northbound vehicles on Old Highway 395 south of Rainbow Glen Road, 2,311 southbound motorists on Old Highway 395 north of Rainbow Glen Road, 1,386 eastbound vehicles on Rainbow Glen Road west of Old Highway 395, and 1,101 westbound vehicles on Rainbow Glen Road east of Old Highway 395.

An August 2010 traffic survey resulted in an average daily volume of 3,537 northbound, 1,492 southbound, 1,186 eastbound and 2,012 westbound vehicles. The November 2006 traffic survey indicated an average daily volume of 3,320 northbound, 2,231 southbound, 673 eastbound and 1,092 westbound motorists.

Rainbow residents and DPW staff members both cite increasing

commuter traffic to Riverside County rather than Rainbow residents as the cause for the increased traffic volume, and Ouadah said that the use of Old Highway 395 rather than Interstate 15 is even more prevalent when an accident causes delays on I-15.

Between 5-6 p.m., the intersection had 1,256 northbound, 111 southbound, 91 eastbound and 57 westbound vehicles. The volume between 4-5 p.m. was 1,175 northbound, 123 southbound, 131 eastbound and 55 westbound vehicles. The intersection had 766 northbound, 113 southbound, 109 eastbound and 81 westbound vehicles between 3-4 p.m. Between 6-7 a.m., 124 northbound, 422 southbound, 151 eastbound and 89 westbound vehicles entered the intersection.

“The signal warrant has been met for this intersection,” TAC secretary Kenton Jones said.

At least 100 southbound vehicles entered the intersection during every 15-minute period between 5:45 a.m. and 6:45 a.m. Northbound traffic exceeded 100 vehicles for every 15-minute period between 2:45 p.m. and 7 p.m.

“It is a major intersection,” Ouadah said.

The mobility element of the county’s general plan classifies Old Highway 395 as a community collector and Rainbow Glen Road as a light collector. Both roads have 24 feet of travel width and a solid double yellow centerline which prohibits passing. Old Highway 395 has a 55 mph speed limit while Rainbow Glen Road has a 45 mph speed limit with stop signs at Old Highway 395 in both directions.

The Oak Crest Estates mobile home park is on Oak Crest Road, which is off Rainbow Glen Road, and other streets are also off Rainbow Glen Road, but no street west of Old Highway 395 other than Rainbow Glen Road provides access to the former United States highway in that area.

“It’s the only access either way, east or west,” Oak Crest Estates resident Mark Reid said. “You’re basically locked in there.”

Reid said that motorists on Rainbow Glen Road face the sun when they travel eastbound in the morning and westbound in the afternoon.

“You cannot see north or south,” he said.

A school bus picks up or drops off 10-12 children each school day including disabled students.

“They too are at the mercy of that sunlight,” Reid said.

Visibility is also impaired by a rise in the road approximately 800 feet from the intersection.

“That rise in the road gives you only 800 feet roughly of vision to the south,” Reid said. “The things that the warrants don’t show are things frankly that are as much danger as the numbers.”

Reid said that many Rainbow Glen Road motorists enter the intersection with less than ideal traffic gaps.

“They don’t want to wait forever so they take a shot,” he said. “That happens all the time.”

The fatal traffic collision took place at 4:42 p.m. July 23. A driver trying to enter Old Highway 395 from Rainbow Glen Road was broadsided by a vehicle driving on Old Highway 395.

That collision was caused by a right-of-way violation, as were

four collisions during the one-year period. Two of those were during peak morning hours, including one which resulted in one injury, and the other two were during peak evening hours including one which resulted in three injuries.

Those four collisions alone created a rate of 1.03 collisions per 1 million vehicles entering the intersection. The statewide average for four-way rural intersections with a stop control on one road is 0.22.

Ouadah said that not all collisions were included.

“It’s only the collisions that are correctable by a traffic signal,” he said. “The ones that showed in my report are the ones that are correctable.”

Scotty Macaulay has lived in Rainbow for 35 years. The 97-year-old Macaulay is originally from Scotland, and he spent eight years in the Royal Air Force.

“It’s worse being here now than it was for me flying over Germany during World War II,” he said of the danger of driving through the intersection.

“We really need that light there,” Oak Crest Estates resident Elden Hansen said.

“We do need to have safe egress from our community,” Rainbow resident Cindy Myers said. “The ever increasing accident rate really shows that we need the traffic signal.”

The 55 mph speed limit on Old Highway 395 isn’t always enforced. Oak Crest Estates resident Herbert Pender III invited a friend who is a member of the Oceanside Police Department to bring his radar gun on one of his off-duty days. Pender told the TAC that the average speed on that day

was 81 mph and the highest speed was 92 mph.

“Most of the people are very inconsiderate,” Pender said.

“In addition to the signal, we need to reduce the amount of speed,” Oak Crest Estates resident Vi Dupre said.

Pender said that a North County Fire Protection District ambulance had to wait 11 1/2 minutes at the intersection.

“Every year it all increases,” he said of the wait to enter the intersection.

Rainbow Glen Road resident Andrea Venegas has a sister who is a high school student. Venegas said that students east of Old Highway 395 who are picked up by the school bus must cross the road.

“It’s a hazard for everybody coming through Rainbow Glen Road,” she said.

Normally, if an intersection is placed on the Traffic Signal Priority List priority points rather than the length of time the signal has been on the list will determine the next intersection to be signalized once funding permits. Design readiness issues may allow a lower-ranked intersection to be signalized first as can grant funding for a specific intersection.

Pasumarthi told the TAC that the recommendation for a traffic signal at Old Highway 395 and Rainbow Glen Road will also include a recommended funding source. Pasumarthi said that the design for the signal will need to be completed before a construction contract is authorized and awarded.

“You’ve got to still be careful, but hopefully, it will improve the safety and the operation of this intersection,” Ouadah said.

## AQUEDUCT

from page A-1

(PCCP) 90 inches in diameter, and Pipeline 5 is a PCCP 96 inches in diameter. The pipelines are 40 feet apart from each other at their centers, which translates to 32 to 33 feet apart from each other at their perimeters.

CWA staff observed water discharging from the side slope of Moosa Creek on Aug. 2. When the water was sampled it was identified as treated water, which ruled out groundwater and narrowed the source to Pipeline 4 or the Rainbow Municipal Water District pipeline.

The CWA and Rainbow developed a plan to conduct additional investigations to determine which pipeline was the source of the leak and, on Aug. 6, CWA and Rainbow staff determined that the leak was from Pipeline 4. CWA acting general manager Sandra Kerl declared an emergency the following day.

The emergency declaration,

which exempts the CWA from the normal contract procurement process and from California Environmental Quality Act review, required ratification by the CWA board at the next board meeting, and that occurred on a unanimous vote Aug. 22.

The leak is where the pipeline has a 22 degree bend. “That was our problem spot,” said Marty Miller, who chairs the CWA’s Engineering and Operations Committee and who represents the Vista Irrigation District on the CWA board.

Although the emergency declaration allows the CWA to move forward without the environmental review process, the CWA has been coordinating with the environmental agencies.

The operating pressure within Pipeline 4 at Moosa Canyon exceeds 300 pounds per square inch and a catastrophic failure could create considerable environmental damage as well as damage to Pipelines 3 and 5 and to a Rainbow pipeline in the area.

Kerl worked with two

contractors who have previously provided work on the Second Aqueduct. On Sept. 5, J.F. Shea Construction, Inc., was authorized to proceed on the installation and removal of two internal steel bulkheads and the temporary aqueduct pressure relief system near the Red Mountain Reservoir.

Pipeline 4 was shut down on Sept. 9 for the installation of the bulkheads to isolate the pipeline, which allowed for inspection to determine the specific repairs. The bulkheads were installed Sept. 10 and 11, and the pipeline was returned to service Sept. 18 although a second shutdown which is the one scheduled to begin Nov. 4 will be necessary to remove the bulkheads.

The Sept. 11 discovery of sedimentation from Moosa Creek flowing into the pipe led to the direction to install a temporary aqueduct pressure relief system near the Red Mountain Reservoir to provide pressure relief upon resumption of water deliveries.

The pipeline inspection also allowed for the determination

of the repair method. Relining an internal section with carbon fiber composite is less invasive than pipeline excavation and replacement, which also would require more time and have more of an environmental impact.

CWA staff provided Fibrwrap with a notice of award on Sept. 13. A unanimous CWA board vote Sept. 26 ratified a \$950,000 contract with J.F. Shea for the repair of Pipeline 4 and a contract for \$871,342 with Fibrwrap for the carbon fiber relining of Pipeline 4. The action also authorized the continuation of the emergency declaration.

The installation of the temporary aqueduct pressure relief system was completed Sept. 30. The initial Fibrwrap design was based on a preliminary review of the pipeline failure, but CWA staff conducted a forensic analysis which was completed Oct. 2.

“From that forensic analysis we identified that there were some higher thrust forces that need to be addressed,” Kuzmich said.

The decision was made to add

carbon fiber layers, so the work involves 13 layers of fiber which total approximately half an inch thick. The scope of work also includes the installation of anchor rings at both ends. “This prevents water from getting behind those carbon fiber layers,” Kuzmich said.

The steel anchor rings include epoxy coating.

“This goes above and beyond the industry standard for carbon fiber repair,” Kuzmich said.

Fibrwrap began pipe preparation on Oct. 3, and the carbon fiber design was finalized Oct. 10. The installation of the carbon fiber material began Oct. 10 and was completed Oct. 21.

The shutdown to remove the bulkheads is expected to last 10days.

Kuzmich noted that Pipeline 3 and Pipeline 5 are also vulnerable to such leaks and that the carbon fiber lining will require subsequent action. “It has a design life of about ten years,” she said. “We are developing a more permanent fix for these pipelines.”

## ROAD

from page A-6

operations money on items other than road maintenance.

The U.S. Army Corps of Engineers developed a pavement condition index which utilizes a specialized vehicle with downward facing cameras to inspect roads and determine road condition. An index of 71 to 100 is considered very good, an index of 51 to 70 is considered good, an index of 26 to 50 is considered poor and an index of 0 to 25 is considered very poor.

The county’s pavement condition index was 71 in 2020, 67 in 2012, 64 in 2014 and 60 in 2016. A February 2017 DPW presentation to the board of supervisors showed that the index would decrease to 45 by 2026 in the absence of new funding.

The PCI has been brought up to 62 and currently 35% of the county’s roads are in very good condition, 34% are in good condition, 27% are in poor condition and 4% are in very poor condition.

Roads in the very good category need only routine maintenance. Remediation for roads in the good category is primarily sealing at an estimated cost of \$93,720 per lane mile. An overlay costing approximately \$195,800 per lane

mile is needed to restore the roads which are in the poor category.

Major rehabilitation including the removal of all asphalt and the subgrade base has an estimated cost of \$332,640 per lane mile and is the needed treatment for roads in the very poor category.

In February 2017, the county supervisors directed the county’s chief administrative officer to return to the board with a funding plan within 90 days which would identify options to reach a pavement condition index of 70 within five years.

“County staff has been diligently working to accomplish this goal,” Supervisor Dianne Jacob said. “The action before us today will greatly assist us in completing this.”

DPW utilizes a pavement management system which incorporates field review, resident and community input and mechanical test data collection to determine which roads are most in need of resurfacing. The structural deterioration of pavement is measured visually by assessing the degree and type of cracking, the surface deterioration and surface defects.

The road maintenance program also evaluates the preferred rehabilitation strategy. Asphalt concrete pavement overlays in

which 2-3 inches of new asphalt are laid over deteriorated asphalt roads are used for severely degraded roads with extensive cracking or potholes.

If the road has only minor cracking and no significant surface damage a thinner layer of slurry seals is a less expensive option to extend the pavement life.

Senate Bill 1, which was signed by former Gov. Jerry Brown in April 2017, increased the gas tax by 12 cents a gallon effective November 2017 and increased vehicle registration fees between \$25 and \$175 based on vehicle value effective spring 2018.

The tax increases are expected to provide local governments with an additional \$7.5 billion of funding over 10 years including \$538 million for San Diego County. The county expects to receive \$39.5 million of Road Maintenance and Rehabilitation Account funding during fiscal year 2019-2020.

The plan when the county advanced the \$28 million in 2017 was to use Road Repair and Accountability Act funding to reimburse \$5.6 million to the general fund each year.

In September 2018, the board of supervisors directed the county’s chief administrative officer to create a working group comprised of industry associations, public

agencies and county staff to identify innovative and cost-effective pavement preservation treatments which can be used on county roads.

The chief administrative officer was directed to return to the board of supervisors within 180 days based on the working group’s findings. In March 2019, the supervisors voted 5-0 to receive a report from the Building Better Roads working group, accept the findings, and direct the working group to continue providing

potential solutions.

“I created the Building Better Roads initiative to work with industry to implement best practices so that we could do more paving with less money,” Supervisor Kristin Gaspar said. “While I am pleased with the progress we are making improving our PCI, today’s action ensures we are managing our dollars well into the future without relying on another new tax windfall from Sacramento.”

## Community Benefit Program on FPUD’s board agenda

FALLBROOK – The Fallbrook Public Utility District Board of Directors will consider moving forward on the Community Benefit Program at its meeting Nov. 8 at 3 p.m. in the FPUD Board room.

The proposed CBP would promote, coordinate and oversee funding for community projects that benefit Fallbrook and its residents.

Because Fallbrook is an unincorporated town, local nonprofit organizations are currently responsible for many of those projects and facilities. Grants and donations are their only sources of funding and, with the aging population, groups are having difficulty recruiting and retaining volunteers.

As a result, they are unable to keep up with deferred maintenance and are finding fundraising increasingly challenging. There is

no source of public funds to pay for this work which prevents blight and enhances public safety, helps to preserve and increase property values.

An estimated \$500,000 annually is needed to fund volunteer supported efforts, community services and programs, infrastructure and improvement projects.

The proposed CBP would utilize funds from a new fee (\$5/mo. per water meter) collected by FPUD to support community benefit projects. This fee applies to all properties within FPUD’s boundaries that have a water meter.

FPUD was chosen to administer the program because its charter allows expansion of latent powers to form a community benefit program which is subject to approval by the San Diego Local Agency Formation Commission.

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**Seller will entertain offers between \$950,000 & \$1,100,000**

### Majestic Views



3680 HARMONY HILL, FALLBROOK

Off Olive Hill Rd you'll find this contemporary home with majestic 180° oak studded mountain views to the NE. Modern color story of grays and whites are carried inside and out. The chef's kitchen has an open concept and features stainless appliances, quartz counters and wood block island. The family room enjoys vaulted ruff-hewn ceilings with masonry fireplace. Energy efficient LED lighting throughout. Downstairs the game room boasts outlets for 5 flat screens and 1BD apt featuring separate access, full kitchen, living room, ensuite bath. Seller owned solar. Horses OK.

**Seller will entertain offers between \$950,000 & \$1,100,000**

### Romantic Country Estate



3742 FOXGLOVE LANE, FALLBROOK

Nestled in the hills of Fallbrook off of Wilt Road and Pala Mesa Drive is where you'll find this 2,650 sf custom estate with 3BD, 3.5BA, 3 car garage and detached artist studio. This home is located on 5.74 lush natural acres and provides wonderful privacy and serenity. The Artist studio can easily become an ADU with new county fast track program and waved permit fees. Every inch of this property has been lovingly maintained. An artistic eye for design has been applied to the home and the grounds. This is truly a one of a kind property, and it should be yours.

**Seller will entertain offers between \$795,000 & \$875,000**

### Panoramic Views



30652 ROADRUNNER RIDGE, VALLEY CENTER

1st time on the market! Custom built home with panoramic views and cooling gentle breezes. Privately located on 2.11 acres, yet only 7 minutes to I-15. Featuring lush landscaping, this quality country home boasts hardwood floors, solid wood cabinetry, reclaimed brick accents, spacious rooms and lots of windows to take in the views. Master has ensuite bath w/sep soaking tub and walk-in shower. Kitchen boasts eat-in nook, breakfast bar & large pantry. 40' X 24' barn boasts large roll up door for RV and workshop area. 2167 SF, 3 BR, 2.5 BA, 3 car garage. Zoned for horses and farm animals.

**Seller will entertain offers between \$625,000 & \$700,000**

**SOLD!**  
with Multiple Offers AND  
Closed Escrow in Less than  
20 Days from Listing Property

2317 HARVEST VISTA LANE, FALLBROOK

Down a private street off of Winter Haven is where you'll find this 2,748 sf Michael Crews 4BD, 3BA home w/3 car garage including built in cabinetry, gated RV parking & solar! Home features 2 wood burning gas fireplaces in the master suite and family room. Luxurious cherry-wood cabinetry throughout. The open concept kitchen boasts stainless appliances, granite counters, island gas cooktop and bar height seating. In the backyard you'll find the private oasis featuring custom pool and spa.

**Seller will entertain offers between  
~~\$715,000 & \$765,000~~  
SOLD FOR \$852,134**

**In Escrow**



1109 RIVERVIEW DR, FALLBROOK

Incredible first time home buyer, multi-generational family or investor opportunity. All with attached 2 car garage. The interior lives like two separate homes, with 2 bedrooms, 2 baths, living and kitchen on first floor. Lower level has a bedroom, full bath, living area and enclosed patio, with separate entry. It has been beautifully updated. Wrap around deck takes in the lovely views. Fenced in interior yard and fully fenced perimeter fencing. Horses OK. Plant some vines, build a workshop, bring your dreams. Fantastic neighborhood.

**Seller will entertain offers between  
\$495,000 & \$575,000**

**In Escrow  
in 5 Days**



4205 VIA RANCHO DEL LAGO, BONSAI

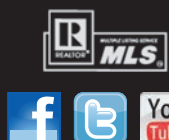
Move-in ready with many upgrades including owned home and pool solar. The 3,662 sqft floor plan consists of 3BD plus an executive office with 2.5BA Large, gourmet kitchen, family room, formal dining room and living room. Backyard ideal for relaxing and entertaining. The property is located at the end of a cul-de-sac and is fully fenced with electric gate entry.

**Seller will entertain offers between  
\$1,150,000 & \$1,199,000**

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# Fallbrook families give through Operation Christmas Child



Fallbrook families, churches and groups are busy transforming empty shoeboxes into fun gifts filled with toys, school supplies and hygiene items for Samaritan's Purse Operation Christmas Child's National Collection Week, Nov. 18-25.

Courtesy photo

FALLBROOK – This month, sites in the Fallbrook area will be among 5,000 U.S. drop-off locations collecting shoebox gifts for children overseas during Operation Christmas Child's National Collection Week, Nov. 18-25.

Fallbrook families, churches and groups are busy transforming empty shoeboxes into fun gifts filled with toys, school supplies and hygiene items. The Samaritan's Purse partners with local churches across the globe to deliver these tangible expressions of God's love to children affected by war, disease, disaster, poverty and famine. For many of these children, it will be the first gift they have ever received.

This year, Fallbrook-area residents hope to collect more than 25,000 gifts to contribute to the 2019 global goal of reaching 11 million children.

"I love seeing the local community rally together for a global impact," Regional Director Nathan Bates said. "We see all ages getting involved –and more and more every year."

Community members can drop off their packed shoeboxes to Community Baptist Church, 731 S. Stage Coach Lane, in Fallbrook. The drop off location will be open Monday, Nov. 18, from 9:30 a.m. to 2 p.m.; Tuesday, Nov. 19, from 9:30 a.m. to 2:30 p.m.; Wednesday, Nov. 20, from 9:30 a.m. to 6:30 p.m.; Thursday, Nov. 21, from

9:30 a.m. to 2:30 p.m.; Friday, Nov. 22, from 9:30 a.m. to 6:30 p.m.; Saturday, Nov. 23, from 10 a.m. to 2 p.m.; Sunday, Nov. 24, from 12:30 p.m. to 3 p.m. and Monday, Nov. 25, from 9:30 a.m. to 12:30 p.m.

For more information on how to participate in Operation Christmas Child, call (714) 432- 2950, or visit [www.samaritanspurse.org/occ](http://www.samaritanspurse.org/occ). Participants can donate \$9 per shoebox gift online through "Follow Your Box" and receive a tracking label to discover its destination. Those who prefer the convenience of online shopping can browse [www.samaritanspurse.org/buildonline](http://www.samaritanspurse.org/buildonline) to select gifts matched to a child's specific age and gender, then finish packing the virtual shoebox by adding a photo and personal note of encouragement.

Operation Christmas Child is a project of Samaritan's Purse, an international Christian relief and evangelism organization headed by Franklin Graham. The mission of Operation Christmas Child is to demonstrate God's love in a tangible way to children in need around the world and, together with the local church worldwide, to share the good news of Jesus Christ. Since 1993, Operation Christmas Child has collected and delivered more than 168 million gift-filled shoeboxes to children in more than 160 countries and territories.

Submitted by Samaritan's Purse.

# Car crashes into Fallbrook FroYo



**Will Fritz**  
Associate Editor

A car crashed into a shop in downtown Fallbrook Friday morning, Oct. 25.

The North County Fire Protection District reported just before 11 a.m. that fire crews were at the scene of the crash, at Fallbrook FroYo on East Mission

Road near Main Street. A single shattered storefront window was the only damage to the shop, which remained open for business Friday.

Traffic was impacted on East Mission Road for a time, but the area was cleared by early Friday afternoon.

No one was injured.

A car crashed into Fallbrook FroYo on East Mission Road late Friday morning. No one was injured, and the only damage was a shattered window.

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### MEDICAL TEAM MEMBERS

 <p><b>David Bridgeman, MD</b> Family Medicine Board Certified</p>	 <p><b>Hui-Wen (Annie) Dai, DO</b> Family Medicine &amp; Functional Medicine Board Certified Also speaks Mandarin and Taiwanese</p>	 <p><b>Victor Huang, MD</b> Family Medicine Board Certified</p>	 <p><b>Peter Jensen, MD</b> Family Medicine Board Certified</p>
 <p><b>Jeffrey Petersen, MD, DC</b> Family Medicine Board Certified</p>	 <p><b>Frank Winton, MD</b> Family Medicine &amp; Sports Medicine Board Certified</p>	 <p><b>Gabiella Carenza, FNP</b> Family Medicine Certified Diabetes Educator Also speaks Spanish</p>	

**Graybill Medical Group**

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“Mark was referred to us by our good friends Steve and Gail Jones. I had contracted work in the past and had really bad luck with those previous contractors, so I was somewhat apprehensive about getting involved with another one. We decided to go ahead with Mark and boy what a difference. These guys came in and really took control of the job. The detached garage is where I preferred to have the panels, but the obstacles to get the power from there to the main house meter panel seemed insurmountable. We had a conduit crossing under the driveway, but the wires were too small to transport the volume of power from the panels. I remember barely getting the wires through the first time. Mark’s electrician, Rafael, pulled new wires like it was nothing. He then went up the wall, through the attic to the

panel he needed to get to. All of my electrical panels were in pretty bad shape. The quality of the previous work was very substandard. Rafael removed all three sub panels and installed new ones. The wiring job is now night and day compared to what it was. He also removed an illegally rigged wire from the Air Conditioner to the main panel that was done completely wrong and set it up correctly. Mark had one of the new Rheem hybrid water heaters installed for us and it is a great piece of equipment that I can control from my computer or my phone. It is great to be able to set the water heater to vacation mode with just the click of a button on my phone. All of this was completed in one week. I was there when the County Building Inspector came and clearly the inspector had a lot of respect for Mark’s work. After checking the entire system very thoroughly and was leaving, he made a point to let me know that I had gotten a first class job. We would recommend Mark and his company for your solar project or any other construction project you might need to complete.” – Steve and Kathy Wood, Fallbrook

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# FUHS alumni gather for annual picnic



Harry Daves, left, a 1953 graduate of Fallbrook Union High School; Duane Daves, a 1952 graduate and alumni Charlotte Roberts attend the annual FUHS Alumni Association picnic, Oct. 20.



Bonnie Earls Solari, left, and Nancy Earls Malone, who graduated from Fallbrook High in 1961, and Betty Oswald, right, who graduated in 1960, attend the annual FUHS Alumni Association picnic.



The Fallbrook High School class of 1969 takes a photo at the school alumni association's annual picnic at Live Oak Park.

Ardie Crenshaw photos



Chick Mahr, 99, joins other FUHS alumni at their annual picnic. Mahr is a 1937 graduate of FUHS.



Longtime Fallbrook resident Sherri Lenfers, a 1964 graduate of Fallbrook High, waits for her classmates at the FUHS Alumni Association picnic, held at Live Oak Park.

DivorceCare Special Support Group:

“Surviving the Holidays”

Sunday, November 24, 2019

1:00-3:00pm

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Day of the Dead: Ofrenda for those who have passed



Fallbrook resident Maria Morales holds a picture of her father, Jesus Morales, that she includes in her ofrenda. Pictures of individuals who have died are placed on altars in the belief that their spirits will visit those living during the celebration of Día de los Muertos.

Shane Gibson photos



Maria Morales hangs papel picado, which are decorative flags, that she made with tissue paper above her loved ones' ofrenda in preparation for Día de los Muertos. This year's ofrenda in Maria's home is the first one she's made in 10 years.



A picture of Maria Morales' grandmother drawn by her daughter is the center photo in the ofrenda. Items included in the ofrenda are some of her loved ones' favorite foods, such as papaya, sour cream and onion chips and sweet potatoes. Pan de Muerto bread is placed in the center as an offering to visiting spirits. The food and water placed in the ofrenda is believed to nourish and quench the visiting spirits during their visit on Día de los Muertos.



A calavera, which is a decorative skull, is placed on an ofrenda on display at the Fallbrook Library built by the Fallbrook Youth Advocacy Coalition. The FYAC is a group of teens that advocate for reducing access to drugs and alcohol to youth in the community.

Día de los Muertos is a time in Mexican Catholic culture where those who practice the craft of making an ofrenda, which means offering, create an altar with a variety of symbolic items, to honor the life, memory and the invitation of spirits to visit during Day of the Dead.

The modern Mexican holiday practice of celebrating the dead originated in Aztec culture hundreds of years ago and blended

with Catholic beliefs.

The belief is that the ofrenda helps support their deceased loved ones' spiritual journey and during the Mexican holiday of Día de los Muertos, their souls awaken and celebrate with those who are living.

This photo story is a local journey in visiting one personal as well as community ofrendas in preparation for the celebration of Día de los Muertos.



Maria Morales lights candles on her loved ones ofrenda in her Fallbrook home. Candles are believed to guide spirits to and from the altar during the celebration of Día de los Muertos.



Jasmine Hernandez helps build and decorate a community ofrenda inside the Fallbrook Library. Members of the community are encouraged to place pictures of loved ones who may have been killed by drivers under the influence.



Fallbrook Youth Advocacy Coalition members help build a community ofrenda in preparation for Día de los Muertos.



Fallbrook Youth Advocacy Coalition member Arely Sanchez helps her peers design and build a community ofrenda inside the Fallbrook Library in preparation for Día de los Muertos.



HEALTH & BEAUTY

Why I like eating plants

Wendy Hammarstrom  
Special to Village News

In 1968, I decided to stop eating meat, along with many of my friends. Our reasons were spiritual and humane. What gave us the right, we asked, to slaughter and eat other sentient beings.

And we are still asking that. The other reason I went vegetarian was that I always hated eating meat. As a child, I would either hide the fat and gristle under my napkin until my older brother would gleefully point it out to everyone at the table, or I would feed it to my dog that was hopefully and strategically waiting by my feet.

Now that I'm in my second half-century, these memories have given way to a growing focus on eating for health. The statistics are in, and they're worth paying attention to. Americans are literally eating themselves into an early grave.

Because of the way the animals are raised, U.S. meat is frequently contaminated with E. coli, salmonella, campylobacter and listeria, causing millions of food-poisoning-related illnesses each year. According to the USDA, 70% of food poisoning is caused by contaminated animal flesh.

The World Health Organization has classified processed meat, including hot dogs, ham, bacon, sausage and deli meats, as carcinogenic, in the same category as asbestos, alcohol, arsenic and tobacco.

A study conducted by Harvard Medical School and Harvard

School of Public Health found that "animal fat was positively associated with the risk of colon cancer," while the Physicians Committee for Responsible Medicine reported that vegetarians are less likely to get cancer by 25% to 50%.

Eating meat is not good for the health of the planet either, in that factory farms are responsible for 50% of the water usage in the U.S. and at the same time infiltrate our aquifers and pollute our air.

Reclaiming our health When I first tried the cabbage soup diet, which was my first time going vegan, I noticed after about a week that I was not experiencing headaches or chronic muscle pains. I felt lighter, clearer and more relaxed.

Marion Nestle, chair of the Nutrition Department at New York University, said, "There is no question that largely vegetarian diets are as healthy as you can get."

According to the American Dietetic Association, those eating balanced vegetarian diets have lower rates of Type II diabetes.

My dance teacher at Temple University, Eva Gholson used to yell at us, "You are all lagging today. Did you forget to take your brewer's yeast?"

She swore by the B vitamins available for energy, stamina and a calm nervous system. You can also get this from nutritional yeast flakes, my favorite are Braggs.'

In fact, my husband in Philadelphia was famous for his popcorn and nutritional yeast. Today I enjoy steaming veggies with some kelp which is a great

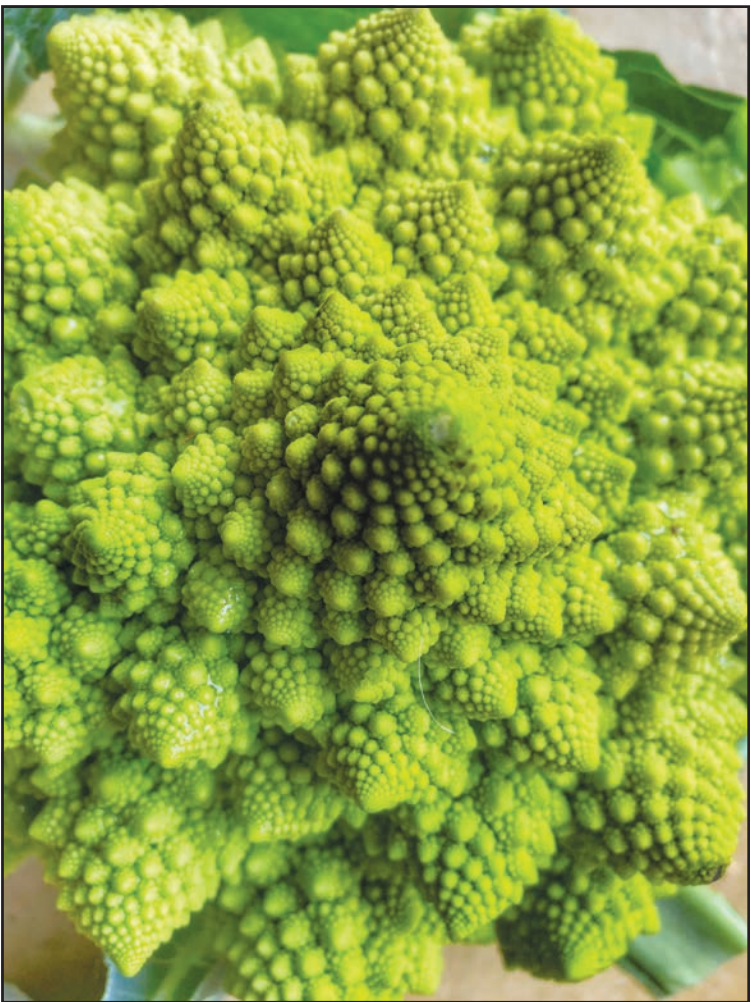
source of iodine and a healthy alternative to salt or some dulse, which contains B12 which is essential for vegans.

Plenty of protein When I was in my early 20s, my brother bought land in central Pennsylvania and began raising sheep for slaughter. He would bring frozen lamb parts to me in Philly, because he was afraid I wasn't getting enough protein, which I would feed to my dogs.

My midwife was also concerned that I wasn't getting enough protein and had me religiously count the grams I got from spirulina. Since almost everything I ate was from a Korean produce stand, I was getting a great variety of micronutrients, vitamins, antioxidants, amino acids and minerals.

I recently purchased my first romanesco that tastes like a cross between cauliflower and broccoli. I bought it so I could take it home and take pictures of it because I loved the intricate, swirling patterns. I found out a single cup serving has 4 grams of protein, and it is great in a roasted veggie medley.

A study published in the American Journal of Clinical Nutrition found that "dietary protein derived from plant sources built muscle just as well as protein from meat sources. However, meat also comes with additional components that are harmful to our health, including antibiotic residue, hormones, saturated fat, trans-fats, endotoxins, cholesterol, Neu5Gc, heterocyclic amines and contaminants such as high levels of metals including copper



The romanesco tastes like a cross between cauliflower and broccoli.

and arsenic. These undesirable elements increase inflammation and promote various diseases thus making meat a less desirable option when building muscle and long-term health are considered."

Local resources Fallbrook resident Jamie Lee Purinton runs a Facebook group called "31 Day Plant Based Celebration" to help people make the shift. She founded Hike It Off Magazine and Clothing, is a board member and volunteer for Sale Ranch Animal Sanctuary in Temecula and is a professional hiker and backpacker.

Purinton recommended watching any of the following videos before embarking on the "31 Day Plant Based Celebration": "The Game Changers," "Forks Over Knives," "Cowspiracy" and "Vegucated." She warned that "Earthlings" is also a powerful film but watch it only if you can handle graphic footage.

In Fallbrook, 127 West serves a different vegan meal every day; Small Town will also modify some of their menu for vegans and Thai Thai has vegan options available. In Temecula, Amo Nakat Asada at Vail Ranch Headquarters has amazing meals as do Gentle Grill and Mantra Indian Restaurant, also in Temecula.

In fact, you can find plant-based food in most restaurants. Happy Cow is an app you can get for your phone that locates plant-based restaurants, groceries and hotels.

Debi Foli is a nutritionist with clients in Fallbrook who helped me create a nutritious vegan menu plan, and I recently met Marti Avila, a Fallbrook certified whole food/plant based/vegan personal chef as well as a vegan pastry chef. She has created an all organic, vegan chocolate chip cookie which hopefully will be on the market soon.

Most grocery stores have vegan or vegetarian sections, and fast food places are joining the plant-based movement. One of my most recent favorite discoveries was at Jimbo's grocery and cafeteria in

Escondido – barbecued jackfruit. Plant-based eating is not only healthy for our bodies and the planet; it addresses worldwide food shortages.

My father used to have a bumper sticker on his car that said, "Live Simply so Others Simply Live."

When I was growing up, our family just ate rice one day a week "because people were starving." So perhaps another reason I eat plant-based is because at least 700 million people worldwide do not have enough to eat.

John Robbins, author of "Diet for a New America," said, "The fact is that there is enough food in the world for everyone. But tragically, much of the world's food and land resources are tied up in producing beef and other livestock, food of the well-off, while millions of children and adults suffer from malnutrition and starvation."

According to the United Nations a global shift toward vegan eating is necessary to combat the worst effects of climate change. Furthermore, when we go meatless, a whole world of food opens up to us.

People who have made the switch report feeling lighter and having more energy, being more tuned into their bodies, with less or no pain and inflammation. Both Harvard Medical School, the U.S. Department of Agriculture and the American Heart Association recommend a wide variety of veggies, so get out to the farmers markets, the organic sections of your grocery stores or best yet, plant your own garden.

We can improve our health, the environment and save the lives of millions of beings.

Wendy Hammarstrom has been practicing, teaching and writing about bodywork since 1976. Her book, "Circles of Healing: The Complete Guide to Healing with Massage and Yoga for Practitioners, Caregivers, Students and Clients," is available on Amazon or her website at [www.circlesofhealingbook1.com](http://www.circlesofhealingbook1.com).



This mandala is made of fruits and vegetables arranged by the author.

Courtesy photos

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Learn about trauma intervention

FALLBROOK – For those who struggle to find the right words to say at a time of crisis, Woman of Wellness is pleased to welcome Sher DeWeese, executive director of Trauma Intervention Programs, at its next event Thursday, Nov. 7, at the Fallbrook Library, 124 S. Mission Road.

DeWeese will present "Emotional First Aid Skills" to help attendees know the appropriate way to interact with those who have recently experienced a trauma. TIP works with the police, fire and sheriff's departments, who call them when they go to the scene of a trauma.

TIP volunteers give emotional and practical support to the

families involved in a tragedy. Trauma Intervention Programs will be offering a training, which is referred to as an academy, in Fallbrook in early 2020 for those who have an interest in becoming a TIP volunteer.

Fallbrook Regional Health District invites men and women to join it at Woman of Wellness each first Thursday of the month. A social time begins at 6 p.m., followed by the presentation at 6:30 p.m. The free event ends with refreshments. Donations of non-perishable food items are collected for the Fallbrook Food Pantry.

Submitted by Fallbrook Regional Health District.



# Kicking It VI



**Elizabeth Youngman Westphal**  
*Special to Village News*

It is really odd. It’s been about three weeks since I gave up artificial sweeteners. Which also

means my daily Diet Coke is gonzo. And as it turns out, I’ve lost 3 pounds. Actually, it is so close to 3 pounds, shoot, it’s like – wow. Of course, my husband has lost 12 pounds to date playing his ukulele. The most strenuous thing he does is wave goodbye to me when I back my car out of the garage. His success dwarfs mine. Although, test results confirm I have a lazy thyroid gland even with double dosing – weight loss is slow. Of course, I did remind the doctor about his implied easy-weight-loss program requiring only three-30-minute workouts a week. Honestly, he looked at me like I had just eaten a cockroach. Then he said, as he looked me squarely in the eye, “You might need to just live with it.” What? We’ll just see about that. Meanwhile, I have been

abandoned by my trainer Kellen, he departed saying something about visiting his parents in Washington State. Therefore, I am to carry on without his oversight. Seemingly deceptive, David’s Monday morning exercise class is filled with grown-ups – folks from my generation. His 30-minute core workout seemed like an obvious solution to my predicament. Except, the first thing I did was hurt my neck. I spent the next day recovering with warm heat, aspirin and spousal sympathy. On Thursday morning, I confronted said trainer about causing my excessive neck pain. His unsympathetic retort was a solid reminder about the importance of improving upper shoulder strength for better posture, i.e., balance and all that goes with it. After all, the head is heavy. The brain weighs about 3

pounds plus 10 or so pounds for the skull. Balance may be an adult’s most important consideration. Here is why. I do play a fair amount of duplicate bridge each week, and it goes without fail one or more of my opponents is nursing a body part. And often they were injured from losing their balance. Better balance can prevent falling. After all, aren’t we all concerned about being just one tumble away from a joint replacement? Even worse, landing in a convalescent facility? With that in mind, try this simple exercise. You can start in the hallway because it provides support from the side walls. To begin, stand straight by rolling the shoulders back. Simultaneously lift the neck back from behind the ears which will raise the chin up. The ears should

align over the ankles, and the head will follow. Look straight ahead. Lift one foot, hold and count to 10. Now lift the other foot, and eventually raise the knee. Add time as balance improves. Standing barefoot will help spread the toes, which adds more support. Before you know it, you’ll be doing the yoga tree pose. Best of all, by standing tall you will appear 5 pounds thinner. As for me, I only have 141 days to continue working on my stability before testing it on the canals of Venice. P.S. Thanks for emailing notes of encouragement. Each one helps keep me on course.

*Elizabeth Youngman-Westphal can be reached by email at [eyoungman@reedermedia.com](mailto:eyoungman@reedermedia.com).*

## Healthgrades names Palomar Health one of nation’s 100 best hospitals for joint replacement, orthopedic surgery and spine surgery

ESCONDIDO – Palomar Health was named one of America’s 100 Best Hospitals for Joint Replacement, Orthopedic Surgery and Spine Surgery according to a national study by Healthgrades, the leading online resource for information about physicians and hospitals. The study also ranked Palomar Health among the top 10% in the nation for Stroke Care and Pulmonary Services. Every year, Healthgrades evaluates hospital performance at nearly 4,500 hospitals nationwide for 32 of the most common inpatient procedures and conditions. The findings were released in the Healthgrades 2020 Report to the Nation. The report demonstrates the importance of hospital

quality to both hospital leaders and consumers. For example, from 2016 through 2018, patients treated at hospitals receiving the Pulmonary Care Specialty Excellence Award had, on average, a 47.9% lower risk of dying than if they were treated in hospitals that did not receive the award. During the same time period, patients treated at hospitals receiving the America’s 100 Best Hospitals for Joint Replacement Award had, on average, a 62.5% lower risk of experiencing a complication while in the hospital than if they were treated in hospitals that did not receive the award. “As consumers navigate their health, it is important to consider a number of factors, including

hospital quality, before deciding where to access care,” Dr. Brad Bowman, chief medical officer at Healthgrades, said. “As consumers are increasingly savvy when it comes to finding and selecting a hospital, patients can be confident when they select a hospital that has achieved this Healthgrades recognition.” “These findings show Palomar Health provides some of the best patient care in the country, not just Southern California, and we’re committed to delivering this care to more people in more places close to home,” Palomar Health President and CEO Diane Hansen said. Palomar Health recently opened a new outpatient center to deliver state-of-the-art cancer

treatment, broke ground on a new acute rehabilitation facility and announced it has executed a letter of intent to negotiate an affiliation agreement between the two entities that would integrate Graybill Medical Group into Palomar Health. For its analysis, Healthgrades evaluated approximately 45 million Medicare inpatient records for nearly 4,500 short-term acute care hospitals nationwide to assess hospital performance in 32 common conditions and procedures and evaluated outcomes in appendectomy and bariatric surgery using all-payer data provided by 15 states. Healthgrades recognizes a hospital’s quality achievements for cohort-specific performance,

specialty area performance and overall clinical quality. Individual procedure or condition cohorts are designated as 5-star which designates the performance is statistically significantly better than expected, 3-star which designates the performance is not statistically different from expected and 1-star which is designates the performance is statistically significantly worse than expected. The complete Healthgrades 2020 Report to the Nation and detailed study methodology can be found at <https://partners.healthgrades.com/healthgrades-quality-solutions/healthgrades-quality-awards>. Submitted by Palomar Health.

## Thinking About Health: Be wary of the complex pros and cons of Medicare plans

**Trudy Lieberman**  
*Community Health News Service*

Along with crunchy leaves and pumpkins, fall brings a slew of advertising for insurance plans that fill the gaps in Medicare coverage. Misleading and confusing messages continue to reach beneficiaries and those nearing Medicare age. To take myself as an example, I’ve received an invitation to a Medicare Advantage plan informational meeting. I’ve gotten a solicitation from my physicians’ medical group offering a “zero-cost, no obligation way to review coverage” online or over the phone. The “review” is likely to bring a sales pitch for a plan. A mailer from another plan offered “a friendly, money-saving Medicare Advantage Plan” that seemed to promise the moon: savings of up to \$2,380 a year, maximum dental coverage of \$1,500 and a \$750 hearing aid allowance, a drop in the proverbial bucket considering the average cost of two hearing aids is about \$4,500. One seller seemed to think I was on both Medicare and Medicaid and pitched a “special needs plan.” Since I wasn’t a candidate for such an arrangement, was the insurer trying

to get in the door to sell a regular Medicare Advantage plan? Too many people fall for those kinds of pitches. Shopping to cover the gaps in Medicare is a task no one should take lightly. The stakes are too high. Medicare is a fine program, but it was never meant to cover everything. It’s based on the old Blue Cross model of insurance common in the 1960s where the company paid 80% of the medical bill and the patient paid 20%. An industry selling Medigap policies sprang up to cover the 20%, and deceptive sales practices plagued the business for years. Congress ended that and standardized the coverage into 10 plans, which is now 11 plans, including a high-deductible plan, that give people a broad choice for covering what Medicare does not pay. If people bought Plan F or Plan C as their supplemental insurance, they were pretty much covered for most illnesses. Beginning next year, however, new Medicare beneficiaries – those who turn 65 on or after Jan. 1, 2020 – won’t be allowed to buy Plan F or C. Congress wants more beneficiaries in Medicare Advantage plans, so it eliminated the option to

buy the most comprehensive plans. Lawmakers wanted seniors to pay more for their care. They can still buy Plan G, which offers the same protection as F except that it doesn’t cover the Medicare Part B deductible, which is \$183 next year. People already on Medicare can still buy Plans F or C. The goal is to push more people into Medicare Advantage plans, a private alternative that is a step toward privatizing the entire program. To move the process along, the government has overpaid insurers to provide the care, which enables them to offer inducements to join. Considering that about one-third of Medicare beneficiaries have moved to MA plans, that strategy seems to be successful. But does it come at a cost? Serious questions have arisen about the overpayments the government has made using taxpayer dollars, overpayments that allow plans to offer gym memberships and even Apple Watches, monitoring devices, to new enrollees as one plan is doing. In September, six Democratic senators wrote to Medicare noting that taxpayers have overpaid Medicare Advantage plans more than \$30 billion over the last three years and that Medicare has

“taken little to no action to correct” the overbilling and overpayments. Even more troubling, the letter also said that several other government agencies such as the Office of the Inspector General have raised “serious concerns” about Medicare Advantage plans that fail to meet the needs of older adults and those with disabilities. The letter raises questions about the kind of care beneficiaries are actually receiving and notes that Medicare’s own audits have found “widespread and persistent Medicare Advantage performance problems related to denials of care and payment” that “threaten the health and safety of their members.” Those are government watchdogs raising a red flag about problems getting care when you’re really sick and need good insurance. Medicare Advantage plan

advisers said that traditional Medicare does not put a limit on the amount a beneficiary must pay out of pocket each year while Medicare Advantage plans do – \$6,700 for in-network providers and \$10,000 for those out of network. They usually don’t mention that a good Medigap policy will cover those amounts, but the premiums may be higher than for an MA plan heavily subsidized by the government. The trade-off becomes what it does with all insurance: pay now in the form of higher premiums or pay later in the form of higher expenses if the worst happens. Insurers seldom mention that tough trade-off when they host those informational meetings for shoppers.

## Understanding why people lie


**The American Counseling Association**  
*Special to Village News*

People live in a world where lying has become a fairly common occurrence. Indeed, there are now organizations specializing in fact-checking political statements and business releases to uncover the fabrications often presented. Of course, it’s not just political figures or business leaders with a monopoly on fibbing to people. Lies happen in most homes, whether it’s the little boy standing over the smashed vase he said he didn’t break or the teenager offering a story for why she was two hours past curfew last night. For many lies, the reasons are complicated. Sometimes it’s to protect the liar from being punished or to protect someone else from punishment. The lie might be to avoid being embarrassed, to hide

an awkward situation or to simply have others think better of the person telling the fib. Such lying isn’t admirable, but not hard to understand why it occurs. It’s harder to fathom why some people often tell lies with no clear purpose and when the lies are usually easy to disprove. Researchers said there are various reasons why some people lie compulsively. One is that the lie being told may not seem a lie to the person telling it. Repetitive liars can sometimes feel so much pressure that their memory is unreliable. They try to relieve that pressure by saying something that will make the situation work. For that person, what was just said is what they want to believe. The person lying may so badly want the lie to be the truth that the lie becomes their actual truth. People who lie repeatedly often have a desire to be in control. When the truth of a situation doesn’t agree

with such control, they produce a lie that does conform to the narrative they desire. Such people may also worry they won’t be respected if the truth can leave them looking poorly. Instead, they offer a lie that casts them in a good light, but they aren’t able to see that in most cases that what they offered has no basis in reality. It would be nice if people could believe everything they are told, whether from that child with the broken vase or from that politician at a political rally. But that’s not going to happen, and therefore, it’s important for everyone to sometimes dig just a little deeper and try to find the actual truth. Counseling Corner is provided by the American Counseling Association. Send comments and questions to [ACAcorner@counseling.org](mailto:ACAcorner@counseling.org) or visit [www.counseling.org](http://www.counseling.org).

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ENTERTAINMENT

Longtime friends team up for Cafe De Artistes art show

**Jeff Pack**  
Writer

It was 45 years ago that the Vice and Pace family became neighbors in Fallbrook. Five years after they met, Carilyn Vice and Eileen Pace both expressed an interest in watercolor painting – which has turned into four decades of learning and painting.

Starting Saturday, Nov. 2, Vice and Pace will begin a run as featured artists at Cafe Des Artistes Restaurant that will continue through January 2020.

“Carilyn and I are showing at Cafe des Artistes because it has a small and unique venue, which frequently features local artists,” Pace said. “We felt this restaurant would provide an opportunity for us to display our art which usually focuses on local color whether through still life or landscape.”

According to Vice, the duo joined a plein air painting class taught by Thelma Houston and painted throughout San Diego County.

“After Thelma Houston’s passing, Jeanne Shanahan mentored the group, which became known as the Monday Plein Air Painters,” Vice said. “That group enjoyed 15 years of annual shows at Myrtle Creek Nursery in Fallbrook.”

They began their journey by taking classes together, including trips to Montana and two visits to the San Juan Islands and Oregon.

They have enjoyed painting lessons from some of the top artist instructors in the world, including Charles Reid, Robert Wade, Ted Nuttall, Alvaro Castagnet and Joseph Zbukvic.

In addition to the group work, Vice and Pace have spent many years visiting locations all over the country independently or during trips with their families.

Today, the friends paint on Mondays every week at one of their homes or Mission San Luis Rey or the Oceanside Harbor.

“Little did we know that our friendship would become so special with raising families, traveling together and having similar interests,” Vice said.

Vice and Pace will host the art show opening at 5 p.m., Saturday,



Courtesy of Carilyn Vice

Carilyn Vice, left, stands with Michael Calvanese, owner of Cafe Des Artistes, and Eileen Pace, right. Vice and Pace will be the featured artists at Cafe Des Artistes starting Nov. 2 through January 2020.

Nov. 2, at Cafe Des Artistes featuring music played on the mountain dulcimer by Vice with guitarist Nicki Birkett.

The restaurant is located at 103 S. Main Ave. in Fallbrook, reservations at the restaurant can be made by calling (760) 728-3350.

Jeff Pack can be reached by email at [jpack@reedermedia.com](mailto:jpack@reedermedia.com).

Music makes ‘The Last Five Years’ worth seeing

**Elizabeth Youngman Westphal**  
Special to Village News

From the first note to the last, it is the orchestrations filling the air in “The Last Five Years” which make it exceptional. Little wonder the musicians get a worthy curtain call.

Cellists Erika Boras Tesi and Diana Elledge play alongside Sean Laperruque on violin; Mackenzie Leighton is on bass; Patrick Marion is their musical director and plays keyboards with Jim Mooney strumming the guitar.

The group drives the performance with its haunting, yet cathartic, instrumentals.

It becomes clear why Jason Robert Brown is considered to be one of the “leading member(s) of a new generation of composers” according to The New York Times.

As a “lyricist he is considered one of Broadway’s smartest and most sophisticated songwriters and in the same league as Stephen Sondheim” according to the Philadelphia Inquirer.

In this modern, two-person musical comedy and drama, Jamie Wellerstein’s lyrics are comedically styled, acerbic and well developed. Some even suggest this storyline is a bit autobiographical because Brown gives Jamie, played by Michael Louis Cusimano, all of the best words.

The other character Catherine Hiatt is played by Racquel Williams. Catherine becomes Jamie’s wife for a while. Her lines are one dimensional, and her lyrics are flat, repetitive and too often boring. She does get a bit of whimsy with “A Summer in Ohio,” touting her experiences playing summer stock.

This performance is more of an operetta than a play, interestingly enough, since most of the dialogue is sung outward and not to the other character. Brown’s script, lyrics and music appear very personal from Jamie’s perspective.

In 90 minutes, the performance goes from a guy giving it to his mother and her temple circle of likely matrimonial choices, because the woman he now loves is a “Shiksa Goddess,” to the same guy five years later, dumping



Karli Cadel photo

Jamie Wellerstein, played by Michael Lewis Cusimano, writes his first novel while Catherine Hiatt, played by Racquel Williams, reimagines her life with her new husband in “The Last Five Years” now playing at The Cygnet Theater in Old Town San Diego.

same wife in “Goodbye Until Tomorrow” while Catherine answers back with “I Could Never Rescue You.”

Filled with moving boxes, the simple set clearly describes what is happening and was designed by Justin Humphries. Anne McMills coordinated the lighting design and Matt Lescault-Woods served as the sound designer.

However, in her Cygnet debut as costume designer, Emily Wilson fell short. Were these wrinkly, weary-worn items pulled from the Goodwill bin or the actor’s laundry hamper? Fine perhaps for the first scene, yet they need to change up as their careers improve. Afterall, Jamie becomes a successful author and Catherine moves up in her acting career too. Iron them up at a minimum.

Meanwhile, the subtle, often comedic moves choreographed by Michael Mizerany add pizzazz and accent the humorous lyrics.

Rob Lutfy is the associate director at The Cygnet Theater and directed this show. He said he liked the “smallness of the story,” about moving on while holding on.

Still, it is the music in “The Last Five Years” which accentuates the ache and sorrow of the story.

“The Last Five Years” will play at The Cygnet Theater, 4040 Twigg’s St. in Old Town San Diego, until Nov. 17. Free parking can be hard to find, so plan on arriving early to seek it out or use the paid parking lots.

It is “The end. The beginning. (With) The music in between.” The play is a worthy effort for an afternoon in Old Town. “The Last Five Years” is rated 9 out of 10.

Elizabeth Youngman-Westphal can be reached by email at [eyoungman@reedermedia.com](mailto:eyoungman@reedermedia.com).

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# ‘Rock 2 Reggae’ set to return to Fallbrook’s Mission Theater

FALLBROOK – The DePatie Melt show “Rock 2 Reggae” will return Nov. 8, to the Mission Theater in Fallbrook for one night, presented by Fallbrook Mission Theater and Plustone Entertainment. Doors open at 6 p.m., and the show runs from 8-10 p.m.

Building on the success of their June show The DePatie Melt will once again treat their audience to a blend of music and musical styles featuring Los Angeles studio guitar master John DePatie and recording legend pianist Don Randi, famous for his work with The Wrecking Crew.

DePatie has put together an evening of music merging the 1960s California rock scene with jazz, rock and reggae influences and a touch of country to round it out. DePatie and the band will perform songs from his upcoming CD as well as originals by Will Faerber, Don Randi and Jody Bagley. They will also perform some of the audience’s favorite songs from the classic rock

songbook.

As a session musician and member of the Wrecking Crew, Don Randi played on many of the albums and songs that defined the 60s and 70s. When fans hear the Beach Boys, The Righteous Brothers, Buffalo Springfield, The Crystals, The Lovin’ Spoonful, The Jackson 5, Ike and Tina Turner, Nancy Sinatra, Petula Clark, Glen Campbell, Linda Ronstadt, Abba to Zappa and dozens more, they are probably listening to Don Randi playing keyboards.

At their show in Fallbrook in June, Randi delighted the audience with stories from his book, “You’ve heard these Hands.”

Randi and DePatie have worked together regularly live and in the studio. Randi is the owner of the world famous, Baked Potato, in Los Angeles where DePatie performs regularly with Randi’s Quest. They have recorded two CD’s together, “Acoustimania” and “Good Jazzy Vibrations,” a tribute to the Beach Boys.



The DePatie Melt show “Rock 2 Reggae” returns Nov. 8, to the Mission Theater in Fallbrook for one night, presented by Fallbrook Mission Theater and Plustone Entertainment. Courtesy photo

Also appearing in The DePatie Melt will be Jody Bagley, Aaron Bagley, Rachel Eisaman, Will Faerber and Phil Pardell.

The newly renovated Mission Theater is located at 200 N. Main

Ave. in Fallbrook. The theater shows vintage movies and hosts events, and with 300 seats for live shows. They serve beer and wine and light catering by the Brooktown Cafe.

General admission tickets are \$25 in advance by contacting the box office at (760) 253-8902 or \$28 online at [www.themissiontheater.info](http://www.themissiontheater.info).

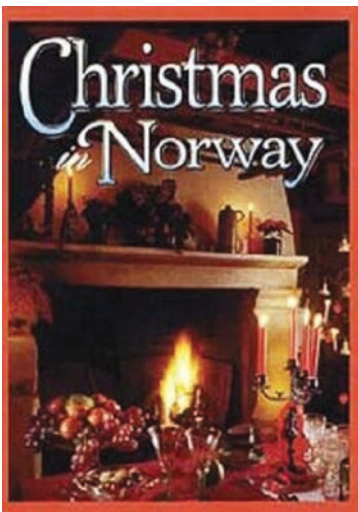
Submitted by Mission Theater.

## Come to Norway for Christmas

TEMECULA – The Sons of Norway in Temecula invites the community to come see the film “Christmas in Norway” about a land where ancient customs and folklore blend with Christmas and faith Saturday, Nov. 2. The movie takes viewers on a Christmas tour of Norway, sharing fascinating and unforgettable traditions throughout the different areas of Norway and filling the senses with the magic of a Norwegian Christmas.

The viewing will take place at the Assistance League of Temecula, 28720 Via Montezuma, in Temecula. A potluck lunch will be held at 12:30 p.m., followed by film viewing about 1:30 p.m.

The film is an Award of Excellence recipient from the Film Advisory Board in Hollywood. It was directed and produced by Astrid Karlsen Scott, a Norwegian American author who takes the audience on an unforgettable Christmas tour of Norway sharing the fascinating traditions of her noble homeland. Experience the legendary warmth and light-heartedness of the Norwegians as they share their julekos or Christmas coziness in their homes. Enjoy an Advent afternoon at a 400-year-old Seter, which is a summer mountain farm, and try delectable lutefish at Continental Hotel in Oslo. Meet the famed, mischievous



The Sons of Norway in Temecula invites the community to come see the film “Christmas in Norway” about a land where ancient customs and folklore blend with Christmas and faith Saturday, Nov. 2. Courtesy photo

and kind Nisse, the Christmas elf. Thrill to the Nidaros Cathedral Boys Choir in Trondheim, Norway. Participate in sleigh rides, Christmas festivals, singing around the Christmas tree and a reenactment of a Christmas Eve in Lillesand, Norway, in the 1800s. It was filmed on locations throughout Norway.

Submitted by Sons of Norway.

## Red Cross: Healthy donors needed to maintain blood supply

SAN DIEGO COUNTY – As influenza activity picks up this fall, the American Red Cross is urging healthy donors of all blood types to give blood or platelets to ensure a strong blood supply for patients in need. Blood and platelets can only be given by donors who are feeling well. Having had a flu shot doesn’t affect blood donation eligibility.

One way to maintain health is to get a flu vaccine each fall. There is no waiting period to give blood or platelets after receiving a flu shot as long as the donor is symptom-free and fever-free.

For those that have the flu, it is important to wait until they no longer exhibit flu symptoms, have recovered completely and feel well before attempting to donate. Donors must feel healthy and well on the day of donation.

All blood types are needed now. Donors of all blood types, especially platelet donors and those with type O blood, are urged to give now to ensure a stable supply this fall. Stay healthy this flu season and make an appointment to donate blood by downloading the free Red Cross blood donor app, visiting [www.RedCrossBlood.org](http://www.RedCrossBlood.org), calling (800) 733-2767 or enabling the “blood donor skill” on any Alexa Echo device.

Upcoming blood donation opportunities include one in Fallbrook, Nov. 5, 9:30 a.m. to 3:30 p.m., Fallbrook Library, 124 S. Mission Road.

How to donate blood

All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver’s license or two other forms of identification are required at check-in. Individuals who are 17 years of age in most states, weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

Blood and platelet donors can save time at their next donation by using RapidPass to complete their pre-donation reading and health history questionnaire online on the day of their donation before arriving

at the blood drive. To get started, follow the instructions at [www.RedCrossBlood.org/RapidPass](http://www.RedCrossBlood.org/RapidPass) or use the blood donor app.

Volunteers are needed.

Another way to support the lifesaving mission of the American Red Cross is to become a volunteer transportation specialist and deliver lifesaving blood products to local area hospitals.

Volunteer transportation specialists play a very important role in ensuring an ample blood supply for patients in need by transporting blood and blood products. For more information and to apply for a volunteer transportation specialist position, visit [www.rdcross.org/driver](http://www.rdcross.org/driver).

Submitted by American Red Cross.



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November Junior Golf Clinic – Tuesdays and Thursdays from 4:00-4:45pm. Registration in the Pro Shop.

MISC:

BLACK FRIDAY & CYBER MONDAY GIFT CARD SALE: For Every \$50 in Pala Mesa Resort Gift Cards you Purchase, Get an Additional \$10 FREE! Valid Fri, Nov. 29 thru Tues, Dec. 3 at the Front Desk Only.

Cars & Coffee – Nov 17th from 7am-11am. Check out an array of classic cars in the Pala Mesa Resort Parking Lot!



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 <div>Can I be Frank – The Show - 6:30pm-10pm. LIVE Music &amp; Trivia Show</div>	 <div>Dave &amp; Leo - 6:30-10pm. LIVE Blues, Jazz, Rock, Funk &amp; Flamenco</div>
<b>November 8</b>	<b>November 9</b>
 <div>Billy Watson - 6:30-10pm. LIVE Classic Rock</div>	 <div>Frank Alves - 6:30-10pm. LIVE Country &amp; Jazz</div>
<b>November 15</b>	<b>November 16</b>
 <div>Nocy - 6:30-10pm. LIVE Flamenco &amp; Spanish Guitar</div>	 <div>Kate Russell - 6:30-10pm. LIVE Blues, Country &amp; Jazz</div>
<b>November 22</b>	<b>November 23</b>
 <div>Shelle Blue - 6:30-10pm. LIVE Blues</div>	 <div>Jesse Cox - 6:30-11pm. LIVE Jazz &amp; Classic Rock</div>
<b>November 29</b>	<b>November 30</b>
 <div>Peter Hall - 6:30-10pm. LIVE Guitar</div>	 <div>Dalton Gazette - 6:30-10pm. LIVE Blues, Grunge, Reggae, Jazz &amp; Pop</div>
<b>Thanksgiving Day November 28</b>	
 <div>Thanksgiving Music Featuring Jesus Melecio - 6:30-10pm. LIVE Soft Rock, Jazz &amp; Folk</div>	



LEGALS

Fictitious Business Name

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9023275  
Name of Business  
**AB FLORAL**  
7725 Bendigo Rd, San Diego, CA 92126  
County: San Diego  
This business is registered by the following:  
Aviva Barsheshet, 7725 Bendigo Rd, San Diego, CA 92126  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name as of 5/28/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 09/23/19  
**LEGAL: 5133**  
**PUBLISHED: October 10, 17, 24, 31, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9024094  
Name of Business  
**THE BUSY BEE OF FALLBROOK**  
115 West Alvarado St, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Anabel L. Canseco, 930 Mandarin Dr, Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name as of 9/01/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/02/19  
**LEGAL: 5134**  
**PUBLISHED: October 10, 17, 24, 31, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9025593  
Name of Business  
**IMPRESSA INSURANCE SOLUTIONS**  
1187 Sea Larke Dr., Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Michael Carl Underseeth, 1187 Sea Larke Dr., Fallbrook, CA 92028  
This business is conducted by an Individual  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/22/19  
**LEGAL: 5140**  
**PUBLISHED: October 24, 31, November 7, 14, 2019**

Change of Name

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
**Case Number: 37-2019-00052652-CU-PT-NC TO ALL INTERESTED PERSONS**  
**Petitioner:**  
**KENNETH RAY PETERSON**  
**Present Name:**  
**KENNETH RAY PETERSON**  
**Proposed Name:**  
**KENNETH RAY MENDES**  
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
**NOTICE OF HEARING**  
Date: 11-26-19 Time: 8:30 A Dept: 23  
The address of the court is 325 S. Melrose Dr., Vista, CA 92081  
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News  
Date: OCT 04 2019 Signed: Sim von Kalinowski, Judge of the Superior Court.  
**LEGAL: 5135**  
**PUBLISHED: October 10, 17, 24, 31, 2019**

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
**Case Number: 37-2019-00056745-CU-PT-NC TO ALL INTERESTED PERSONS**  
**Petitioner:**  
**DEBRA ANNE JACKSON**  
**Present Name:**  
**DEBRA ANNE JACKSON**  
**Proposed Name:**  
**DEBBIE ANNE SELBY**  
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
**NOTICE OF HEARING**  
Date: 12/10/19 Time: 8:30 am Dept: 23  
The address of the court is 325 South Melrose Drive, Vista, California 92801  
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News  
Date: OCT 25 2019 Signed: Sim von Kalinowski, Judge of the Superior Court.  
**LEGAL: 5144**  
**PUBLISHED: October 31, November 7, 14, 21, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9023950  
Name of Business  
**HELIOS PROPERTY SOLUTIONS**  
4114 Tierra Verde, Bonsall, CA 92003  
Mailing address: P.O. Box 1211, Bonsall, CA 92003  
County: San Diego  
This business is registered by the following:  
Peter Fargrell, 4114 Tierra Verde, Bonsall, CA 92003  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name as of 11/21/14  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 09/30/19  
**LEGAL: 5129**  
**PUBLISHED: October 10, 17, 24, 31, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9023954  
Name of Business  
**YANKEE BLADE SEEDS**  
6693 Morro Heights Rd., Oceanside, CA 92057  
County: San Diego  
This business is registered by the following:  
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b. Matthew P. Maurer, 6693 Morro Heights Rd., Oceanside, CA 92057  
This business is conducted by a General Partnership  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 09/30/19  
**LEGAL: 5130**  
**PUBLISHED: October 10, 17, 24, 31, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9024371  
Name of Business  
**4WDINC**  
147 Brandenburg Ln, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
4WDINC, 147 Brandenburg Ln, Fallbrook, CA 92028  
This business is conducted by a Corporation  
This Corporation is located in the state of CA  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/04/19  
**LEGAL: 5131**  
**PUBLISHED: October 10, 17, 24, 31, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9024063  
Name of Business  
**ARTIFICIAL GRASS DISTRIBUTORS LIMITED LIABILITY COM**  
2281 Harvest Rd, San Diego, CA 92154  
County: San Diego  
This business is registered by the following:  
Artificial Grass Distributors Limited Liability Com, 2281 Harvest Rd, San Diego, CA 92154  
This business is conducted by a Limited Liability Company  
This LLC is located in the state of California  
Registrant first commenced to transact business under the above name as of 10/1/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/01/19  
**LEGAL: 5132**  
**PUBLISHED: October 10, 17, 24, 31, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9025479  
Name of Business  
**FALLBROOK JAZZERCISE**  
122 West Ash Street, Fallbrook, CA 92028  
Mailing address: 3970 Lake Circle Drive, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Lindsay Jones, 3970 Lake Circle Drive, Fallbrook, CA 92028  
This business is conducted by an Individual  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/21/19  
**LEGAL: 5141**  
**PUBLISHED: October 31, November 7, 14, 21, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9026000  
Name of Business  
**CABRERA'S CLEANING SERVICES**  
2648 Imperial Ave., San Diego, CA 92102  
County: San Diego  
This business is registered by the following:  
Rosario Flores Ayala, 2648 Imperial Ave., San Diego, CA 92102  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name as of 06/01/96  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/28/19  
**LEGAL: 5142**  
**PUBLISHED: October 31, November 7, 14, 21, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9024929  
Name of Business  
**HAHN PROFESSIONAL CONSULTING**  
1718 Tecalote Dr. #12, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Patrick James Hahn, 1718 Tecalote Dr. #12, Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name as of 06/01/96  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/11/19  
**LEGAL: 5143**  
**PUBLISHED: October 31, November 7, 14, 21, 2019**

NOTICE OF SALE OF ABANDONED PERSONAL PROPERTY

NOTICE IS HEREBY GIVEN THAT PURSUANT TO SECTIONS 21701-21715 OF THE BUSINESS AND PROFESSIONAL CODE SECTION 2328 OF THE COMMERCIAL CODE SECTION 535 OF THE PENAL CODE TAYLOR SELF STORAGE 1200 EAST TAYLOR ST. VISTA CA 92084 WILL SELL BY COMPETITIVE BIDDING ON NOVEMBER 20 2019 AT 3:00 PM AUCTION TO BE HELD AT THE ABOVE ADDRESS, PROPERTY TO BE SOLD AS FOLLOWS:MISC GOODS, PERSONAL ITEMS, FURNITURE AND CLOTHING

MALLOREY HICKEY  
JANETTE YANEZ  
LILLINOI MARTINEZ  
JESSICA JONES  
DAVID ALVAREZ  
ESPERANZA ASCENCIO  
SHANDIE MENDEZ  
JESUS CASTRO  
MARTIN PADILLA  
JOSEPH BRYAN

Published October 31, November 7, 2019

Fictitious Business Name

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9024685  
Name of Business  
**FALLBROOK THE PLACE**  
201 North Main Avenue, Fallbrook, CA 92028  
Mailing address: 2938 Mackey Drive, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Fallbrook The Place, 201 North Main Avenue, Fallbrook, CA 92028  
This business is conducted by a Corporation  
This Corporation is located in the state of California  
Registrant first commenced to transact business under the above name as of 10/24/14  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/09/19  
**LEGAL: 5136**  
**PUBLISHED: October 17, 24, 31, November 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9023353  
Name of Business  
**FLUID AUDIO SOLUTIONS**  
4285 Clearview Drive, Carlsbad, CA 92008  
County: San Diego  
This business is registered by the following:  
Kevin Edward Zuccaro, 4285 Clearview Drive, Carlsbad, CA 92008  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name as of 01/01/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 09/23/19  
**LEGAL: 5137**  
**PUBLISHED: October 17, 24, 31, November 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9024885  
Name of Business  
**GRACE CREEKSIDE SPA**  
2809 S. Mission Rd. #A, Fallbrook, CA, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Yanhui Lee, 2139 Kirkcaldy Rd., Fallbrook, CA 92028  
This business is conducted by an Individual  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/11/19  
**LEGAL: 5138**  
**PUBLISHED: October 17, 24, 31, November 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9025363  
Name of Business  
**BONILLA'S PROFESSIONAL**  
727 Live Oak Dr., El Cajon, CA 92020  
County: San Diego  
This business is registered by the following:  
Brian Josué Lopez Bonilla, 727 Live Oak Dr., El Cajon, CA 92020  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name as of 10/18/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/18/19  
**LEGAL: 5139**  
**PUBLISHED: October 24, 31, November 7, 14, 2019**

PUBLIC NOTICE OF ORDINANCE ADOPTION - ORDINANCE NO. 2019-01

AN ORDINANCE OF THE NORTH COUNTY FIRE PROTECTION DISTRICT, WHICH ADOPTS THE 2019 CALIFORNIA FIRE CODE AND THE 2018 INTERNATIONAL FIRE CODE WITH CERTAIN AMENDMENTS, ADDITIONS AND DELETIONS

An Ordinance of the North County Fire Protection District, adopting the 2019 California Fire Code and 2018 International Fire Code with Certain Amendment, Additions and Deletions, regulating and governing the safeguarding of life and property from fire and explosion hazards arising from the storage, handling and use of hazardous substances, materials, and devices and from conditions hazardous to life or property in the occupancy of buildings and premises erection, construction, enlargement, alteration, repair, moving, removal, conversion, demolition, equipment use and maintenance of buildings and structures, including that providing for the issuance of permits and collection of fees therefore, has been adopted. A summary of the Ordinance is as follows:

Chapter 1	Scope and Administration
Chapter 2	Definitions
Chapter 3	General Requirements
Chapter 4	Emergency Planning & Preparedness
Chapter 5	Fire Service Features
Chapter 6	Building Services & Systems
Chapter 7	Fire and Smoke Protection Features
Chapter 8	Interior Finish, Decorative Materials & Furnishings
Chapter 9	Fire Protection Systems and Life Safety Systems
Chapter 10	Means of Egress
Chapter 11	Construction Requirements for Existing Buildings
Chapter 12	Energy Systems
Chapter 13-19	Reserved
Chapter 20	Aviation Facilities
Chapter 21	Dry Cleaning
Chapter 22	Combustible Dust-Producing Operations
Chapter 23	Motor Fuel-Dispensing Facilities and Repair Garages
Chapter 24	Flammable Finishes
Chapter 25	Fruit and Crop Ripening
Chapter 26	Fumigation and Insecticidal Fogging
Chapter 27	Semiconductor Fabrication Facilities
Chapter 28	Lumber Yards and Agro-Industrial, Solid Biomass& Woodworking Facilities
Chapter 29	Manufacture of Organic Coatings
Chapter 30	Industrial Ovens
Chapter 31	Tents Temporary Special Even Structures & Other Membrane Structures
Chapter 32	High-Piled Combustible Storage
Chapter 33	Fire Safety During Construction and Demolition
Chapter 34	Tire Rebuilding and Tire Storage
Chapter 35	Welding and Other Hot Work
Chapter 36	Marinas
Chapter 37	Combustible Fibers
Chapter 38	Reserved
Chapter 39	Processing and Extraction Facilities
Chapters 40-47	Reserved
Chapter 48	Motion Picture & Television Production Studio Sound Stages, Approved Production Facilities & Production Locations
Chapter 49	Requirements For Wildland-Urban Interface Fire Areas
Chapter 50	Hazardous Materials – General Provisions
Chapter 51	Aerosols
Chapter 53	Compressed Gases
Chapter 54	Corrosive Materials
Chapter 55	Cryogenic Fluids
Chapter 56	Explosives and Fireworks
Chapter 57	Flammable and Combustible Liquids
Chapter 58	Flammable Gases and Flammable Cryogenic Fluids
Chapter 59	Flammable Solids
Chapter 60	Highly Toxic and Toxic Materials
Chapter 61	Liquefied Petroleum Gases
Chapter 62	Organic Peroxides
Chapter 63	Oxidizers, Oxidizing Gases and Oxidizing Cryogenic Fluids
Chapter 64	Pyrophoric Materials
Chapter 65	Pyroxylin (Cellulose Nitrate) Plastics
Chapter 66	Unstable (Reactive) Materials
Chapter 67	Water-Reactive Solids and Liquids
Chapters 68-79	Reserved
Chapter 80	Referenced Standards
Appendix -	Chapter 4 - Special Detailed Requirements Based on Use & Occupancy
Appendix A	Board Of Appeals
Appendix B	Fire-Flow Requirements For Buildings
Appendix BB	Fire-Flow Requirements for Buildings
Appendix C	Fire Hydrant Locations & Distribution
Appendix CC	Fire Hydrant Locations and Distribution
Appendix D	Fire Apparatus Access Roads
Appendix E	Hazard Categories
Appendix F	Hazard Ranking
Appendix G	Cryogenic Fluids — Weight & Volume Equivalents
Appendix H	Hazardous Materials Management Plans (HMMP) & Hazardous Materials Inventory Statement (HMIS) Instructions
Appendix I	Fire Protection Systems — Noncompliant Conditions
Appendix J	Building Information Sign
Appendix K	Construction Requirements for Existing Ambulatory Care Facilities
Appendix L	Requirements for Fire Fighter Air Replenishment Systems
Appendix M	High-Rise Buildings — Retroactive Automatic Sprinkler Requirements
Appendix N	Indoor Trade Shows & Exhibitions
Appendix O	Temporary Haunted Houses, Ghost Walks & Similar Amusement Uses

Ordinance Number 2016-02 of the North County Fire Protection District is hereby repealed.

BY ORDER OF THE BOARD OF DIRECTORS OF THE NORTH COUNTY FIRE PROTECTION DISTRICT.

VOTING: AYES: Directors Harris, Hoffman, Luevano, Munson and Van Doom. Noes: None.  
Fred Luevano, Board President  
October 22, 2019

This Ordinance is on file in the Office of the Board Secretary and the Fire Marshal at 330 S. Main Avenue, Fallbrook, California 92028-2938; and may be viewed any business day between the hours of 7:00 a.m. and 5:00 p.m. and the website at <https://www.ncfire.org/prevention-codes-ordinances>.  
Loren A. Stephen-Porter, Board Secretary

Published October 31, 2019

T.S. No. 19-57602 APN: 175-305-07-00  
**NOTICE OF TRUSTEE'S SALE**  
**YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 12/26/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.**

A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale.

Trustor: **GREGORY M HOWARD AND TANYA I HOWARD, HUSBAND AND WIFE AS JOINT TENANTS**

Duly Appointed Trustee: ZBS Law, LLP fka Zieve, Brodnax & Steele, LLP Deed of Trust recorded 1/4/2007, as Instrument No. 2007-0005273, of Official Records in the office of the Recorder of San Diego County, California,  
Date of Sale:**11/18/2019** at 10:30 AM  
Place of Sale:  
AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY STATUE, 250 E. MAIN STREET, EL CAJON, CA 92020  
Estimated amount of unpaid balance and other charges: **\$207,928.10**  
Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt owed.

Street Address or other common designation of real property:

**185 OCEANVIEW DRIVE  
VISTA, California 92084**

Described as follows:

As more fully described on said Deed of Trust.

A.P.N #.: **175-305-07-00**

The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale.

**NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

**NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (714) 848-9272 or visit this Internet Web site [www.elitepostandpub.com](http://www.elitepostandpub.com), using the file number assigned to this case 19-57602. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale.

Dated: **10/11/2019** **ZBS Law, LLP fka Zieve, Brodnax & Steele, LLP, as Trustee**  
**30 Corporate Park, Suite 450**  
**Irvine, CA 92606**  
**For Non-Automated Sale Information, call: (714) 848-7920**  
**For Sale Information: (714) 848-9272** [www.elitepostandpub.com](http://www.elitepostandpub.com)

**Michael Busby, Trustee Sale Officer**

This office is enforcing a security interest of your creditor. To the extent that your obligation has been discharged by a bankruptcy court or is subject to an automatic stay of bankruptcy, this notice is for informational purposes only and does not constitute a demand for payment or any attempt to collect such obligation. EPP 30146 10/24, 10/31, 11/7/2019.



APN: 102-660-15-00 TS No: CA07000354-19-1 TO No: 190745868-CA-VOI NOTICE OF TRUSTEE'S SALE (The above statement is made pursuant to CA Civil Code Section 2923.3(d) (1). The Summary will be provided to Trustor(s) and/or vested owner(s) only, pursuant to CA Civil Code Section 2923.3(d)(2).) YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED April 8, 2017. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On November 22, 2019 at 09:00 AM, Entrance of the East County Regional Center, East County Regional Center, 250 E. Main Street, El Cajon, CA 92020, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust recorded on April 11, 2017 as Instrument No. 2017-0162423, of official records in the Office of the Recorder of San Diego County, California, executed by JOSEPH M MOWRY JR, AND TAYLOR M MOWRY, HUSBAND AND WIFE, AS JOINT TENANTS, as Trustor(s), in favor of MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC., as Beneficiary, as nominee for PLAZA HOME MORTGAGE INC. as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 1029 RAINBOW VALLEY COURT, FALLBROOK, CA 92028 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$583,168.66 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call Auction.com at 800.280.2832 for information regarding the Trustee's Sale or visit the Internet Web site address www.Auction.com for information regarding the sale of this property, using the file number assigned to this case, CA07000354-19-1. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 10/10/2019 MTC Financial Inc. dba Trustee Corps TS No. CA07000354-19-1 17100 Gillette Ave Irvine, CA 92614 Phone:949-252-8300 TDD: 866-660-4288 Myron Ravelo, Authorized Signatory SALE INFORMATION CAN BE OBTAINED ONLINE AT www.Auction.com FOR AUTOMATED SALES INFORMATION PLEASE CALL: Auction.com at 800.280.2832 Trustee Corps may be acting as a debt collector attempting to collect a debt. Any information obtained may be used for that purpose. Order Number 65365, Pub Dates: 10/24/2019, 10/31/2019, 11/07/2019, VILLAGE NEWS

T.S. No. 19-0505-11 NOTICE OF TRUSTEE'S SALE NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED 注：本文件包含一个信息摘要 참고사항: 본 첨부 문서에 정보 요약서가 있습니다. NOTA: SE ADJUNTA UN RESUMEN DE LA INFORMACIÓN DE ESTE DOCUMENTO TALA: MAYROONG BUOD NG IMPORMASYON SA DOKUMENTONG ITO NA NAKALAKIP LUVU Ý: KEM THEO ĐÂY LÀ BẢN TRÌNH BÀY TÓM LƯỢC VỀ THÔNG TIN TRONG TÀI LIỆU NÀY PLEASE NOTE THAT PURSUANT TO CIVIL CODE § 2923.3(d)(1) THE ABOVE STATEMENT IS REQUIRED TO APPEAR ON THIS DOCUMENT BUT PURSUANT TO CIVIL CODE § 2923.3(a) THE SUMMARY OF INFORMATION IS NOT REQUIRED TO BE RECORDED OR PUBLISHED AND THE SUMMARY OF INFORMATION NEED ONLY BE MAILED TO THE MORTGAGOR OR TRUSTOR. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 3/1/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: A. JOSEPH PERRY, AN UNMARRIED MAN Duly Appointed Trustee: The Wolf Firm, A Law Corporation Recorded 3/9/2007 as Instrument No. 2007-0164365 of Official Records in the office of the Recorder of San Diego County, California, Street Address or other common designation of real property: 342 SPRING CANYON WAY OCEANSIDE, CA 92057 A.P.N.: 158-740-28-00 Date of Sale: 11/25/2019 at 10:00 AM Place of Sale: At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 Amount of unpaid balance and other charges: \$461,841.75, estimated The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this Internet Web site www.nationwideposting.com, using the file number assigned to this case 19-0505-11. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 10/16/2019 The Wolf Firm, A Law Corporation 2955 Main Street, 2nd Floor Irvine, California 92614 Foreclosure Department (949) 720-9200 Sale Information Only: 916-939-0772 www.nationwideposting.com Sindy Clements, Foreclosure Officer PLEASE BE ADVISED THAT THE WOLF FIRM MAY BE ACTING AS A DEBT COLLECTOR, ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION YOU PROVIDE MAY BE USED FOR THAT PURPOSE. NPP0362405 To: VILLAGE NEWS INC 10/31/2019, 11/07/2019, 11/14/2019

# Shoot to WIN!

## photo contest!

### 2020 THE GREATER FALLBROOK AREA SOURCEBOOK

*We're looking for photos that represent our area!*

Capture the beauty of Fallbrook & Bonsall - from landscapes to popular events. Winning photos will be featured in the 2020 Sourcebook!



**1st Prize: \$100** Plus photo credit in Sourcebook  
**2nd Prize: \$50** Plus photo credit in Sourcebook  
**Featured Photos:** Receive a gift certificate to a local restaurant plus photo credit in Sourcebook if your photo is chosen for print. (If you have multiple photos chosen, you'll receive one gift certificate for every two photos that appear in print.)




Email your photo submissions by 2/1/20 to [sourcebook@reedermedia.com](mailto:sourcebook@reedermedia.com)

No limit on number of entries!

Please include your name and phone number. Photos must be high resolution to be considered for print. No limit on number of photo entries per person. All winners will be notified by email prior to Sourcebook publication.

NOTICE OF TRUSTEE'S SALE UNDER DEED OF TRUST TITLE ORDER NUMBER: 1307315CAD LOAN: HGF 401K/0252 FILE: PFI-191330 A.P.N.: 149-100-37-00 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 02/15/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NOTICE is hereby given that PLACER FORECLOSURE, INC., as trustee, or successor trustee, or substituted trustee pursuant to the Deed of Trust executed by: OLAA CANTWELL AN UNMARRIED WOMAN AND PATRICK ANDREW BRYMER, A SINGLE MAN AS JOINT TENANTS Recorded 02/27/2007 as Instrument No. 2007-0133382 in book , page of Official Records in the office of the Recorder of SAN DIEGO County, California, and pursuant to the Notice of Default and Election to Sell thereunder recorded 7/15/2019 in Book, Page, as Instrument No. 2019-0282862 of said Official Records, WILL SELL on 11/18/2019At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 at 10:00AM AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at the time of sale in lawful money of the United States), all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State hereinafter described: As more fully described on said Deed of Trust. The property address and other common designation, if any, of the real property described above is purported to be: 223 FOWLES STREET, OCEANSIDE, CA 92054 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown herein. Total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$217,109.26 In addition to cash, the trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. In the event tender other than cash is accepted the Trustee may withhold the issuance of the Trustee's Deed until funds become available to the payee or endorsee as a matter of right. Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to satisfy the indebtedness secured by said Deed, advances thereunder, with interest as provided therein, and the unpaid principal balance of the Note secured by said Deed with interest thereon as provided in said Note, fees, charges and expenses of the trustee and the trusts created by said Deed of Trust. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this Internet Web site www.nationwideposting.com, using the file number assigned to this case PFI-191330. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 10/17/2019 PLACER FORECLOSURE, INC., as said Trustee 12190 Herdal Drive, Suite 9 Auburn, California 95603 (530) 888-8411 By: SHANNON WINFORD, TRUSTEE SALE OFFICER DIRECTIONS MAY BE OBTAINED PURSUANT TO A WRITTEN REQUEST SUBMITTED TO THE BENEFICIARY C/O PLACER FORECLOSURE, INC., 12190 HERDAL DR., SUITE 9, AUBURN, CA 95603, WITHIN 10 DAYS OF THE FIRST PUBLICATION OF THIS NOTICE. PLACER FORECLOSURE, INC. IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. NPP0362487 To: VILLAGE NEWS INC 10/24/2019, 10/31/2019, 11/07/2019

NOTICE OF TRUSTEE'S SALE T.S. #: 02019-154 LOAN #: GSD00-0232-V APN #: 1635400700 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED AS SHOWN BELOW. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under the pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, interest thereon, fees, charges, and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be as set forth below. The amount may be greater on the day of sale. Trustor: JOHNNIE L. FORTUNE JR., AN UNMARRIED MAN Duly Appointed Trustee: GUILD ADMINISTRATION CORP., A CALIFORNIA CORPORATION Trust Deed Date: 08/30/2012 Recording Date: 08/31/2012 Instrument Number: 2012-0527275 Book: --- Page 29458 Recorded in County: SAN DIEGO State of CA Date and Time of Sale: 11/25/2019 at 10:00AM Place of Sale: At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 Estimated Sale Amount: \$419,773.61 Legal Description of Property: AS MORE FULLY DESCRIBED ON SAID DEED OF TRUST. Street Address of Property (or Other Common Designation, if any): 804 CUESTA COURT, VISTA, CA 92083 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this Internet Web site www.nationwideposting.com, using the file number assigned to this case 02019-154. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 10/16/2019 GUILD ADMINISTRATION CORPORATION AS SAID TRUSTEE 5898 COPLEY DRIVE, SAN DIEGO, CA 92111 (858) 492-5890 BY: GAIL WINDUS, ASSISTANT SECRETARY NPP0362415 To: VILLAGE NEWS INC 10/31/2019, 11/07/2019, 11/14/2019



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EDUCATION

Fallbrook High teacher wins \$50K award from Harbor Freight

Jeff Pack  
Staff Writer

Dennis Johnson, a transportation technology teacher at Fallbrook Union High School, said he thought there were far too many people in the Bob C. Burton Performing Arts Center for a meeting about plastics. He was right. The students, staff, band members and colleagues in attendance Thursday, Oct. 24, were there to see Johnson surprised with the news that he was a second-place winner of the 2019 Harbor Freight Tools for Schools Prize for Teaching Excellence. As one of 18 second-place finishers, Johnson earned \$35,000 for the school's skilled trades program and \$15,000 for himself. "I was thinking, 'Man, this is a big event for plastics,'" Johnson said explaining how he had been surprised by the announcement. "I do want to say this. My premise is pretty simple. I'm a very competitive person and what I do in business whether it's an engine, a car that we're building for SEMA, I want the best. I always want to represent the best. I take that and I look at all my students as my VIP customers. That customer, that student that sits in my seat, they're not an aggravation; they are the reason that I am here and I want to give them my best." Johnson graduated from Cal State San Bernardino with a bachelor's degree in career and technical studies and spent 30 years working in the automotive

industry before becoming a teacher in 2003. He came to Fallbrook in 2017. He's been providing top-flight education to his students ever since. Johnson teaches students with Automotive Service Excellence Education Foundation standards, and his custom curriculum recently qualified to fulfill the University of California A-G requirements from the University of California. That rare designation means Johnson's class is officially a college preparatory course. Fallbrook is one of the only high schools in the country to have a Mainline DynoLog chassis dynamometer, an innovative vehicle testing and evaluation tool that lets students simulate road conditions in their classroom. Johnson teaches students applied science, mathematics, technology and engineering and leads students as they themselves teach fellow students about vehicle maintenance. "I'll tell you, Mr. Johnson, myself included, shop class has impacted me," Alex Drago, regional manager for Harbor Freight Tools said. "I had the opportunity to have shop class in high school and it ultimately turned into a four-year career in the automotive industry. Not as qualified as you are, sir, but I do have myself two ASE certifications and it's because of a teacher like you. So, thank you." Drago said everyone at Harbor Freight Tools is behind what Johnson is doing at Fallbrook High

and mentioned that trades like the one Johnson teaches are going to be in high demand in the very near future. "The work that you're doing here today in preparing your students for a bright future is incredibly important," Drago said. Drago said Johnson's application for the award was one of 750 from across the country that was scrutinized by three different panels and judges and he is one of 18 teachers sharing in the \$1 million in award money doled out by Harbor Freight Thursday. "Mr. Johnson not only sees doors of opportunity for his students, but he opens those doors of opportunity and he escorts his students through those doors," Fallbrook Union High School District Superintendent Ilsa Garza-Gonzalez said. "So that they know there's someone who cares, someone who believes in them and someone who recognizes in them what they may not even recognize in themselves. Dennis Johnson is not only a teacher but a mentor that shows a genuine interest in his students and has a passion for what he teaches." Johnson listened and smiled as people talked about him during the event, laughed a little when his father came onstage to talk about his son. He was most animated when his students sitting in the audience roared with applause and cheers during the event, often pointing to them in the audience. He wiped away tears as a video was played with messages recorded by students talking about



Alex Drago, regional manager for Harbor Freight Tools, laughs as Fallbrook High Transportation Technology teacher Dennis Johnson reacts to being named a second-place winner of the 2019 Harbor Freight Tools for Schools Prize for Teaching Excellence award. the impact he has had on them. "I look at this scholarship like a student applying for a scholarship," Johnson said. "If I'm going to encourage them to apply for a scholarship, I need to apply for a scholarship to help our students. So, that's what it's all about. It's not about me, it's what can we do to help our students." Jeff Pack can be reached by email at [jpack@reedermedia.com](mailto:jpack@reedermedia.com).

Deputies help children pick a pumpkin



A little girl picks out her pumpkin with Deputy Barajas at the Decorating with Deputies event at Lavender Hill Farm, Oct. 18.



Fallbrook Detective Billieux is the carver of this jack-o'-lantern.



A boy gets deputized by Lt. Lopez with a junior deputy sticker and is commissioned to pick out his very own pumpkin and decorate it with San Diego sheriff's deputies.



A child gets a ride from San Diego sheriff's deputies in a wheelbarrow during the Decorating with Deputies event.



This little guy has a great time getting his pumpkin just right.

Students to get creative cutting air pollution



The San Diego County Air Pollution Control District is asking students to submit their artwork with clean air messages and ways people can help to reduce air pollution, such as this cover art design by eighth-grader Kimberly D. from Roosevelt Middle School.

**Katie White**  
County of San Diego  
Communications Office

This fall, student artists can show what it means to be a part of the solution to air pollution. The San Diego County Air Pollution Control District is asking students to submit their artwork with clean air messages and ways people can help to reduce air pollution. The art can include words and messages about our air, including how to clean it up and protect it. The messages can be in English or Spanish. The 13 most creative submissions will be featured in the district's official 2020 wall calendar. The artwork should be 8 1/2 inches by 11 inches in size and created in a lengthwise, or landscape, layout. The artwork

should not be folded or stapled. Kindergarteners through 12th graders in San Diego County are eligible to enter the contest. Those interested in participating are asked to mail their original artwork, along with the entry form to: San Diego County APCD, Attn: Calendar Contest, 10124 Old Grove Road, San Diego, CA. 92131. In addition to selecting 13 winners, one for each month of the year, plus one for the cover page of the calendar, APCD is giving away two \$50 Target gift cards in a drawing. All participants will be eligible to win a gift card, regardless of whether they are selected for the calendar. Everyone entering the contest will also receive a copy of the 2020 calendar. A panel of judges from the

district will select the finalists for the calendar, which will be available to the public in mid-December. All the art submitted for the contest will be showcased in a gallery on the district's website. Entries into the contest are limited to one per student and must be postmarked by Friday, Nov. 22. For more information about the contest or to download the entry form, visit [www.sdapcd.org](http://www.sdapcd.org).

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## Halloween comes early at Maie Ellis Elementary



Kyara Yanez, 8, plays one of the many carnival games at the Maie Ellis Elementary School's annual Fall Festival sponsored by the PTSA, Oct. 25.

Shane Gibson photos



Allison Saunders, 6, throws darts at balloons during her school's fall event. The PTSA raised funds with a bake sale and refreshments booth.



Children dressed in costumes gather for fun and games at the Maie Ellis Fall Festival. All the games and prizes at the festival were completely free for the students and their families.



Alastar Jameson, 6, dresses as a weather for Maie Ellis Elementary School's Fall Festival. Local businesses that supported the event include the AMC River Village Theatres, Fallbrook Equipment Rentals and Tire and Service Center.



Children view a Ghostbusters hearse on display at the Maie Ellis Elementary School Fall Festival. Mountain Mike's, Panda Express, Albertsons and Northgate Market also contributed supplies for the event.



Fallbrook High School District student volunteers run the game booths at the Fall Festival. They also helped make balloon animals and paint faces.



Milagros Maldonado, 7, has her face painted by a high school student while attending the Maie Ellis Elementary School Fall Festival.



# REAL ESTATE AND HOME & GARDEN

## PaintCare celebrates 10 years with 10 paint recycling programs



Since 2009, PaintCare has set up 1,765 paint drop-off sites, the majority at conveniently located paint retail and hardware stores and hosted 206 paint drop-off events. Courtesy photo

WASHINGTON – PaintCare celebrates 10 years of providing consumer education and recycling opportunities for households, businesses and institutions that purchase paint, stain, and varnish for use in their projects and operations. PaintCare, the national nonprofit organization created by paint manufacturers to operate paint stewardship programs in states that have passed paint stewardship laws, provides a convenient network of locations where the public can recycle postconsumer or leftover paint, stain and varnish.

“I am proud of the energy, time, and resources that paint manufacturers and the American Coatings Association have invested in addressing management of leftover paint, providing a needed service to the public and passing a significant savings to local governments.” Andy Doyle, president and CEO of American Coatings Association, said.

Paint stewardship laws ensure that everyone involved in the production, sale and use of paint work together to manage the entire product life cycle of paint. The program is funded by a fee on sales of new paint and remitted to PaintCare by paint manufacturers to operate the program. The fee revenue funds all aspects of the program in each state, including paint collection, transportation,

processing and public education.

In July 2009, Oregon passed the nation’s first such law, leading to PaintCare’s establishment in October 2009. Over the past 10 years, PaintCare has launched programs across the country following the passage of similar laws in California, Colorado, Connecticut, District of Columbia, Maine, Minnesota, Rhode Island, Vermont and most recently, Washington State, where a new program is expected to begin operation in 2020.

“Leftover paint accounts for a large portion of the material collected by government-run household hazardous waste programs,” PaintCare President Marjaneh Zarrehparvar said. “In addition to reducing the burden on local governments by supporting their paint collection, our network of paint retail sites creates new options for residents, businesses, and institutions to dispose of leftover paint responsibly.”

“Our customers participate in PaintCare because keeping millions of gallons of leftover paint out of the landfill is the right thing to do for the environment and paint consumers,” Steve Dearborn, CEO and president of Miller Paint in Portland and current chairman of the PaintCare board of directors, said. “We have been proud to champion getting this legislation passed and establishing

the infrastructure of the program throughout Oregon.”

Since 2009, PaintCare has set up 1,765 paint drop-off sites, the majority at conveniently located paint retail and hardware stores and hosted 206 paint drop-off events. In addition, the organization has provided 3,597 large volume pickups, a free, direct pickup service for customers with 200 gallons of paint or more.

PaintCare works with its haulers to ensure “highest, best use” for paint collected in the program, making sure that as much as possible is given away as-is, recycled or put to some other beneficial use. Most of what PaintCare collects is latex paint that can be remixed into recycled paint by processors, while some is used as fuel or made into other products. A small portion of what is collected is unusable and is safely landfilled. Of the approximately 38.2 million gallons of paint collected to date, 80% was latex paint and 20% was oil-based paint, 60% of the latex paint was recycled back into paint and 4.6% of the paint collected was made available for reuse.

To learn more about PaintCare, visit [www.paintcare.org](http://www.paintcare.org), or follow “WeRecyclePaint” on Facebook, Instagram and Twitter.

Submitted by PaintCare.

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## Nature’s presents include the ficus

Roger Boddart stands in front of a ficus macrophylla, Morton bay fig, which lives at the train station in Santa Barbara. It was planted in 1877. This fig species has massive buttress roots exposed above ground. There is one in Fallbrook, next to Carl’s Jr., which is about a quarter in size as the one in Santa Barbara. There is another big one in Balboa Park in San Diego. Courtesy photo

## Holidays are coming; use these tips to get rid of junk mail

**Gig Conaughton**  
San Diego County Communications Office

The holidays are coming, bringing friends, family – and unfortunately, more junk mail than residents can probably imagine.

Want to keep the friends and family but get rid of the junk mail? San Diego County’s Department of Public Works has some tips to help out.

And these tips won’t just slim down a mailbox and cut mail-sorting time. They can also help the environment by saving millions of trees that absorb millions of tons of greenhouse gas a year and by keeping paper that was not recycled from filling up local landfills.

County Public Works said that the average American receives 40 pounds of catalogs and direct marketing mail a year, about 848 pieces of junk mail per person. With that in mind, here are five tips to help lose a little junk-mail weight and help the environment:

First, resident can remove their name from mailing lists, such as direct mailer registries through the National Do Not Mail List, weekly grocery mailers through Red Plum and RetailMeNot and weekly coupon mailers through Valpak.

DMA Choice is an inexpensive paid service from the Direct Mail Association that removes a resident’s name from their members’ direct mail lists. Their members include thousands of major brands. Removing a name from all categories takes just a few minutes. A credit card is needed to sign up. DMA Choice costs \$2 for

San Diego County Public Works say that the average American receives 40 pounds of catalogs and direct marketing mail a year, about 848 pieces of junk mail per person. Courtesy photo

10 years of service.

To permanently opt out from receiving credit and insurance offers, residents can remove their name from the mailing list at [www.OptOutPreScreen.com](http://www.OptOutPreScreen.com) or send a written request to each of the three national credit reporting agencies in the U.S.: Equifax, TransUnion and Experian.

Residents can remove their name from specific catalog lists by visiting [www.CatalogChoice.org](http://www.CatalogChoice.org).

To reduce junk mail even more, contact companies directly. Residents can ask companies to remove their name from their mailing lists or tell them not to sell their name or send promotional materials and be sure to sign up for paperless billing.

Don’t forget to opt out of receiving a phonebook and use online search engines to the phone. Use the free

service at Yellow Pages Opt-Out. Just enter the five-digit ZIP code to view which directories are distributed in any area and use a name and address to opt out of the unwanted selections at [www.YellowPagesOptOut.com](http://www.YellowPagesOptOut.com).

Follow the easy steps above and residents can prevent up to 90% of junk mail from finding its way to their doorstep. Remember to be patient It may take six to eight weeks to see the results. And always remember to “Reduce, Reuse and Recycle.”

For more recycling information and tips for how to cut food waste, about residential recycling, where to recycle, upcoming recycling events, composting and other recycling-related topics, visit Public Works’ Solid Waste Planning and Recycling at [www.sandiegocounty.gov/content/sdc/dpw/recycling.html](http://www.sandiegocounty.gov/content/sdc/dpw/recycling.html) or connect with them on Facebook.

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# Real Estate Round-Up: The fabric of our community



**Kim Murphy**  
Murphy and Murphy Southern  
California Realty

Last week I reported on five legislative bills that have been signed by the Gov. Gavin Newsom that will potentially have a huge impact on housing in California, specifically, Assembly Bill 68, Assembly Bill 881 and Senate Bill 13 which all provide incentives and reduce restrictions for accessory dwelling units.

On the face of it, considering the shortage of housing, they seem an appropriate next step to get additional units for people who need homes. But, and the big but, is they all provide rental housing.

Don't get me wrong, we need housing. But what we need desperately is single family homes so more residents can obtain the dream of homeownership. California's homeownership rate is 55.2% which is 9.6% lower than the national homeownership rate of 64.8%. California reached a peak homeownership rate in 2006 with 60.7%. Why does this matter?

There are some statistically relevant benefits to homeownership for a community, a state and the nation. The housing sector directly accounts for 15-18% of the U.S. gross domestic product. The total value of the U.S. housing market is \$33.3 trillion. After subtracting mortgage liabilities, net real estate household equity totaled \$25.9 trillion.

In addition to tangible financial benefits, homeownership brings

substantial social benefits for families, communities and the country. Because of these societal benefits, policy makers have promoted homeownership through several channels.

Homeownership has been an essential element of the American Dream for decades and continues to be so even today. Which is why the recent legislation promoting increasing rental units is a concern to me.

According to a National Association of Realtors survey conducted fourth quarter of 2016, 86% of current renters want to own a home in the future and for younger renters, age 34 and younger, this share was 96%. The desire for homeownership remains strong.

The new legislation indirectly hurts minorities the most. Fewer than half of African American and Hispanic households own homes. If California Legislators had addressed and created legislation to promote the development of single-family homes with the same vigor that they are promoting rental units, all demographic groups would benefit.

Homeownership and stable housing go hand in hand. Homeowners move far less frequently than renters and hence become embedded in the same neighborhood and community for a longer period. Residential stability strengthens social ties with neighbors. These social connections are paths through

which resources for social control are made.

Homeownership makes a significant impact on educational achievement. Homeownership requires one of the largest financial commitments most households will undertake. Homeowners tend to pass that commitment along to their children. The awareness of the responsibility for the care of the home also seems to pass on to the children.

The additional stability that comes with children being able to remain in the same school district adds support to the fact that children of homeowners tend to have more positive educational outcomes. The data are so strong that some experts believe that residential stability should be considered part of any strategy to improve education.

Homeownership provides a way for homeowners to reap financial gain due to the appreciation of their home, so they tend to spend more time and money maintaining their home, which contributes to the quality of the surrounding neighborhood and community.

Homeowners tend to be more involved in their communities because they understand the correlation to the health and vibrancy of a community and the value it adds to their home. A study was done that measured participation in elections and found that 77% of homeowners vote in local elections compared with 52% of renters.

Studies also report that homeowners tend to have a greater membership in voluntary organizations and church attendance. It might be derived from the importance of social networks and the value it adds to the social capital of homeowners. Through these social connections, homeowners can more readily access the connections that are helpful in promoting their personal and business interests.

Homeownership has an impact on both physical and psychological health. Since homes of owners are generally in better condition, the additional benefit of wealth building of homeownership and the sense of control a homeowner has on their life, has a positive effect on the physical and mental health of homeowners and their children.

Crime also reports to be lower in neighborhoods with the greatest percentage of homeowners. Homeowners are more aware of the people who live nearby and are therefore more apt to implement voluntary crime prevention programs which deter crime.

Owning a home is different from renting. With a home purchase comes the pride of ownership and a sense of belonging in a community where one has a financial stake in the neighborhood. Perhaps homeowners are "happier" just from having achieved the

American Dream.

Also, ownership entails greater financial and ongoing maintenance responsibility, which is long-term and may positively alter the human psyche and behavior.

Given all these benefits, I believe state legislators would have been wise to consider laws that promote the development of single-family homes for homeownership rather than promoting opportunities that increase rental housing.

As I said last week, I believe the passage of these bills, was the easiest path for legislators to take. Rather than do the hard work of finding solutions to the burdensome permitting process or the cost associated with building homes, the legislators opened the floodgates to individuals having free reign to change the very fabric of our communities.

Time will tell if the incentive to build ADUs and junior ADUs for rental housing will ultimately negatively impact our communities. This moment is one time I hope my concerns are wrong.

*Kim Murphy can be reached at kim@murphy-realty.com or (760) 415-9292 or at 130 N. Main Ave., in Fallbrook. Her broker license is #1229921, and she is on the board of directors for the California Association of Realtors.*



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To view call Chris Murphy  
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Via Mariposa Norte \$920,000 SOLD	Shella Lane - \$700,000 SOLD
Green Canyon \$355,000 SOLD	Lucienaga - \$570,000 SOLD
Green Blar Circle \$420,000 SOLD	Camino del Cielo - \$935,000 SOLD
Los Padres \$390,000 SOLD	Mountain Way \$995,000 SOLD
Deer Springs \$990,000 SOLD	W. Lilac \$350,000 SOLD
Green Blar Circle \$545,000 SOLD	W. Lilac \$850,000 SOLD
Dos Rios \$421,000 SOLD	Via Puerta del Sol \$660,000 SOLD
Osoyoos Place \$595,000 SOLD	Nira Lane \$765,000 SOLD
Del Valle \$920,000 SOLD	Alta Vista \$740,000 SOLD
Sleeping Indian \$1,150,000 SOLD	Hannalei \$532,500 SOLD
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\*MLS data thru September 2019.  
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Fallbrook **\$1,995,000-\$2,395,000**



24 Country Glen,  
Fallbrook **\$1,895,000**



3091 Via Montevina,  
Fallbrook **\$1,625,000**



2703 Via Rancheros,  
Fallbrook **\$1,399,000**



3562 Yucca Way,  
Fallbrook **\$1,249,900**



5686 Lake Vista Dr,  
Bonsall **\$1,199,000**



31432 Lake Vista,  
Bonsall **\$1,188,800**



4114 Tierra Vista,  
Bonsall **\$1,175,000**



3903 Limber Pine Rd,  
Fallbrook **\$1,150,000**



3921 Concordia,  
Fallbrook **\$1,150,000**



31338 Lake Vista,  
Bonsall **\$1,099,000**



3891 Wendi Ct,  
Fallbrook **\$1,050,000**



2181 Summer Bloom,  
Fallbrook **\$999,000-\$1,099,000**



2842 Lakemont,  
Fallbrook **\$950,000**



3847 Alta Vista,  
Fallbrook **\$899,900**



3006 Skycrest Dr,  
Fallbrook **\$775,000**



2082 Fuerte Street,  
Fallbrook **\$749,000**



1560 Vista Del Lago,  
Fallbrook **\$699,900**



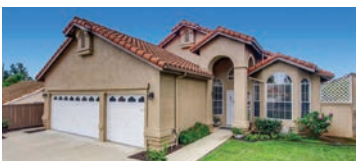
4927 Conejo Road,  
Fallbrook **\$699,900**



965 Morro Road,  
Fallbrook **\$649,900**



1026 Ferrand Court,  
Fallbrook **\$599,000**



1045 Funquest,  
Fallbrook **\$525,000**



Ridge Lot 6,  
Fallbrook **\$350,000**

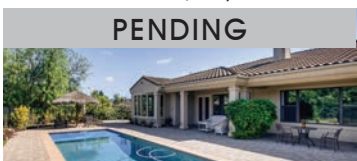


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PENDING

6181 Villa Flora,  
Bonsall **\$1,595,000**



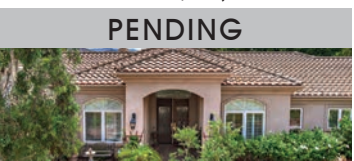
PENDING

3307 Mendenaro Ct,  
Fallbrook **\$1,145,000**



PENDING

3949 Wendi Court,  
Fallbrook **\$1,100,000**



PENDING

4055 Millagra Dr,  
Fallbrook **\$799,000**



PENDING

197 Morro Hills Rd,  
Fallbrook **\$750,000**



PENDING

1991 Sloan Drive,  
Fallbrook **\$725,000**

## RECENTLY SOLD



215 S Pacific St,  
Oceanside **\$2,500,000**



2704 Via Rancheros,  
Fallbrook **\$1,925,000**



2634-36 Ocean St,  
Carlsbad **\$1,625,000**



5789 Lake Vista,  
Bonsall **\$1,265,000**



3617 Canonita Drive,  
Fallbrook **\$1,161,500**



414 N Tremont,  
Oceanside **\$1,064,644**



5606 Hidden Grove,  
Bonsall **\$980,000**



3890 Flowerwood,  
Fallbrook **\$945,000**



1202 N Pacific 402B,  
Oceanside **\$891,100**



1608 Prince,  
Fallbrook **\$829,000**



1836 S Tremont,  
Oceanside **\$815,000**



169 Mission Oaks,  
Fallbrook **\$800,000**



2386 Via del Aquacate,  
Fallbrook **\$740,000**



974 Via Hillview,  
Fallbrook **\$700,000**



2923 Canonita Dr,  
Fallbrook **\$700,000**



2855 Dos Lomas,  
Fallbrook **\$700,000**



1629 Crown Court,  
Fallbrook **\$685,000**



1144 Lydia,  
Fallbrook **\$639,000**



312 Spanish Spur,  
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1755 Via Entrada,  
Fallbrook **\$599,000**



2449 Summerhill,  
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631 W Alvarado,  
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1718 Woodlark Lane,  
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## Continued on C-8



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THE HEIGHTS Brand new Custom Home, in excellent area of Fallbrook, near schools, Sports Park and shopping. Nestled on net . 56 acre ( . 76 acre gross), interior of home features great room with corner fireplace in LR, beautiful kitchen featuring granite, center island, wood cabinets, and pantry. Interior floor plan includes 4BD (one could be a den).

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BUSINESS

Both residents and staff are at home at Silvergate

Lucette Moramarco  
Associate Editor

Silvergate Retirement Residence in Fallbrook is not only home to 114 seniors; it is also home for 106 employees.

The first location built by AmeriCare Health and Retirement Inc., the retirement home in Fallbrook opened its doors in 1990, and that is when Melinda Mastrangelo started working there. Today, she is supervisor of both the dining room and housekeeping.

“I’ve been here since the beginning and I love it,” she said.

Patricia Martinez, executive director, worked as business office manager at the Silvergate San Marcos location for 10 years before moving out of state. After 10 months, she and her husband decided to move back to California. She was offered the administrator position at Silvergate in 2014.

“I felt so fortunate to be welcomed back with open arms,”

Martinez said.

Nurse Mia Pacia, director of resident care, worked at Silvergate San Marcos for eight years, when Martinez was there, before working at three different assisted living facilities over a six-month span.

“I realized Silvergate was a top-notch company and was happy to be called back,” she said.

She started working at Silvergate Fallbrook six years ago as assistant director.

“I always say I believe integrity starts at the top, and we are locally owned. The owner (David Petree) invests in us, our community and our residence. He makes it a great place to work,” Martinez said.

Mastrangelo said, “I go home and work. Here isn’t work; here is home.”

Of the more than 100 employees, 15 of them have been working for Silvergate for 10 years or longer. Many of the residents have lived there as long, at least one for 17

years. Martinez attributes the longevity of both to Petree.

“He does care what goes on and has direct contact with our residents and staff,” she said.

In this home-like environment, several residents have passed the 100-year mark, the current oldest resident is 102. Because it is a residential care facility for seniors, residents have to be at least 60 years old, with few exceptions, when they move in.

Martinez said that a couple of employees recently retired after 19 years, and the company promotes from within. Pacia originally started as a medication tech, moving up to floor nurse and assistant director, before she became director of resident care.

No matter their position, the employees all feel like family, Martinez said. They are all close to the residents and care about people, making it a fun place to work.

see SILVERGATE, page C-9



Seen in front of a fireplace at Silvergate Fallbrook are longtime employees, from left, Melinda Mastrangelo, Patricia Martinez and Mia Pacia.

New annual report reflects new era

Tracy DeFore  
San Diego County Communications Office

San Diego County saw a changing of the guard this last fiscal year. Two new supervisors joined the ranks of longtime veterans on the county board of supervisors, and they raised the stakes on overcoming the region’s challenges.

The newly released 2018-2019 annual report offers highlights of how the county is making strides on new priorities while still maintaining the services San Diegans have come to expect.

The report looks at the year’s accomplishments through six major themes, such as helping the region’s most vulnerable residents. This last year, the county expanded services to help those experiencing homelessness, mental illness and substance abuse disorder.

The section on housing affordability discusses doubling the Innovative Housing Trust Fund to \$50 million, plans to develop four county excess properties, and other programs that together will add as many as 3,200 new affordable housing units in coming years.

The county is taking greater strides toward helping juveniles get out and stay out of the criminal justice system. And more adults with criminal histories are getting help with a fresh start, a program that reduces convictions and clears records.

Increased air and beach water quality monitoring are among the ways the county is helping protect natural resources. And the county continued to invest in neighborhoods with a new Live Well Health Center, a library, parks and fire stations with still more to

come.

The annual report shows what the county is doing to live up to its vision of Live Well San Diego: a region that is building better health, living safely and thriving. The annual report also allows residents to meet the county board

of supervisors, outlines how its departments are organized and lists the top awards. Easy-to-read financial charts show where tax dollars go.

For in-depth information about the county’s latest budget plans, read the adopted operational plan.

Check out the annual report online at [www.sdcountyannualreport.com](http://www.sdcountyannualreport.com) and see just how the county is creating a stronger, vital region for all who call San Diego County home.

Palomar students receive scholarships to attend national conference

SAN MARCOS – Three students from Palomar College attended a national technology summit in Washington from Oct. 23-25, as part of a National Science Foundation grant program to promote educational opportunity for students interested in technology.

The students who attended from Palomar College are Isaac Hernandez and Diana Perez, both from the college’s drone technology program, and Quin Smith, who is in his last semester in the geographic information systems program here. All three received scholarships from the NSF and American Association of Community Colleges to cover transportation, lodging and conference fees.

“It’s really exciting to have our students share their work and their experience – not only with other students from around the country, but also with the faculty and NSF

program officers who will be at the conference,” Wing Cheung, a geography professor at Palomar College who helped launch the drone technology program, said.

It is the second year in a row that students from Palomar College have been invited to attend the Principal Investigators’ Conference of the NSF’s Advanced Technical Education program.

While attending the conference, Hernandez, Perez and Smith had the opportunity to share their work with other students from around the country while learning about the latest in careers and development from the nation’s foremost innovators. The theme of the conference was “Innovation and Impact.”


“This is going to help me learn how to break into the field and see what I want to do because we’ll get to see all kinds of applications (for drone technology) we wouldn’t have even thought about,” Perez

said. “I feel very honored, for sure. We want to give back and represent Palomar well.”

“I’m really looking forward to networking with industry professionals and other students with similar career goals,” Smith said.

Cheung said last year’s attendees, Mikayla Garza and Gerardo Perez, have gone on to further success at Palomar College and beyond. Garza now assists in the drone technology program at Palomar College while finishing her associate degree, while Gerardo Perez recently completed an internship with a local company that Cheung said was “very happy” with Perez’s work and has opened more internships to Palomar College students as a result.

Submitted by Palomar College.



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Chamber announces November events

FALLBROOK – The Fallbrook Chamber of Commerce is sponsoring several events in November.

**Nov. 4** – First Monday Coffee at the Chamber office; 8:30 a.m.

**Nov. 7** – Dinner Mob at Garden Center Café; 5 p.m.

**Nov. 13** – WIN Event at Brooktown Kitchen and Coffee; 5-8 p.m.

**Nov. 14** – SunUpper at Angel Shop; 8 a.m.

**Nov. 20** – SunDowner at Mission Resource Conservation District; 5:30 p.m.

**Nov. 23** – Village Artisan Faire on the corner of Main Avenue and Elder Street; 10 a.m. to 4 p.m.

Call the chamber for more details on any of these events, (760) 728-5845. The chamber is located at 111 S. Main Avenue in Fallbrook.

Submitted by Fallbrook Chamber of Commerce.

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NATIONAL

Crews battle California blazes before windstorms return

Stefanie Dazio and Brian Melley  
The Associated Press

Crews fought Tuesday, Oct. 29, to drown, slash and smother wildfires that have incinerated dozens of homes in Northern and Southern California before returning windstorms can blow them back into furious life.

In California’s wine country, firefighters worked to reinforce fire lines in western Sonoma County while rushing to shore up the eastern side that could be the new focus as winds switched direction.

“We’re playing both offense and defense right now on two different sides of the fire,” Jonathan Cox of the California Department of Forestry and Fire Protection said.

Bulldozers carved firebreaks, hand crews attacked hot spots with hoses and shovels, and aircraft painted hillsides with fire retardant.

The fire that began last week near the town of Geyserville had destroyed 57 homes and damaged another dozen, with 90,000 homes and other buildings considered threatened. About 156,000 people were under mandatory evacuation orders.

The blaze was 15% contained.

Evacuation orders were downgraded to warnings for some 30,000 people in the west but new warnings were issued to people in the east, with Calistoga in Napa County and Middletown in Lake County – a community badly damaged by a 2015 wildfire.

Winds were expected to hit 20 to 30 mph (48 kph) Tuesday, with gusts of up to 50 mph (80 kph) by afternoon. The winds will peak by midnight before easing, forecasters said.

In the south, a brief lull in the wind helped crews attacking a blaze that swept through the star-studded hills of Los Angeles Monday. The fire roared up a steep hillside near the J. Paul Getty Museum in the Brentwood section. It destroyed at least eight homes and damaged at least six, forcing LeBron James and thousands of others to flee.

The Getty, with its collection of priceless art, was not threatened, fire officials said.

Much of the blaze was reduced to smoldering ruins and hot spots but hot, dry Santa Ana winds that

could blow them to life and spread embers were predicted beginning Tuesday night. Red flag warnings of extreme fire danger were issued for much of Southern California into Thursday, with gusts up to 75 mph (120.7 kph) possible in some areas.

With no rain and more wind in the forecast, the coming days could be grim.

The flames didn’t discriminate. In wine country, vineyard farmworkers were among those displaced. In Los Angeles, James and former Gov. Arnold Schwarzenegger were driven from their homes along with tens of thousands of others.

“Man, these LA (fires) are no joke,” the Los Angeles Lakers star tweeted, using an emoji for the word “fires.” “Crazy night.”

Joann Killeen packed up her important papers, medicine, power bars and her dog Riley and fled as soon as she got an evacuation call from the fire department on her cellphone at about 2 a.m. Monday. Her hilly neighborhood is vulnerable to fires, and Killeen said she has been evacuated five times in 18 years.

“The most important thing is your life,” she said, “so you always have your go-bag ready to go and you just go. The rest of it is just stuff and stuff can be replaced.”

Utilities in the north and south repeatedly cut power to hundreds of thousands of customers in



Los Angeles County firefighter Collin Bashara takes rest with his fire truck in Los Angeles, Monday, Oct. 28. AP Photo/Ringo H.W. Chiu photo

recent weeks because of concerns that winds would knock down lines and spark fires. Officials warned of yet another round of safety shut-offs.

Pacific Gas and Electric Co. said some 1.5 million people will be hit with more shut-offs starting Tuesday. PG&E also has said its transmission lines may have been responsible for the Sonoma County fire.

Southern California Edison had cut off power to about 800 people as of Monday night and warned that it was considering disconnecting about 400,000 more as winds return midweek.

SILVERGATE

from page C-8

Mastrangelo has young people working in the dining room.

“They are learning to be compassionate and caring,” she said, even the boys. “I tell them to treat (the residents) like your grandparents.”

Martinez pointed out that the residents get attached to those young people because they see them three times a day. The residents come first, with the staff and with the owner. They can all go directly to the top with their concerns and are listened to, she said.

Each of the three communities – the third Silvergate is in Rancho Bernardo – has a different flavor which changes with its population according to Martinez. They have input into the remodeling and upgrading of the facilities which is done regularly in an effort to make senior living at Silvergate the best in Fallbrook and North County.

“We take pride in our work and like supporting local businesses too,” Martinez said.

That includes community nonprofits. Silvergate provided food for Fallbrook Senior Center’s Volunteer Appreciation Lunch, Tuesday, Oct. 22. The residents also enjoy taking part in fundraising events benefiting nonprofits.

“It is most rewarding to see the residents happy and thriving,” Martinez said.

“And see them blossom,” Mastrangelo said.

Events for the residents, like monthly candlelight dinners and the end of summer barbecue, are fun for the employees too, adding to the family, home-like atmosphere.

To learn more about Silvergate Fallbrook, call (760) 728-8880 and arrange a tour or visit <https://silvergaterr.com/silvergate-fallbrook-elder-care/>.

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**Joe Naiman**  
*Village News Correspondent*

Fallbrook High School head volleyball coach Jason Dale would have preferred to end his first season as the Warriors’ coach with a loss in the CIF playoffs rather than with a win to conclude the regular season, but Dale and his players settled for a victory

“We ended our season with a win. We had a great home win against Valley Center our Senior Night,” Dale said. “It was a good kind of finish to the season.”

The three-game victory over the Jaguars took place Oct. 25. “That was a nice home win,” Dale said. “It just kind of all came together.”

Fallbrook’s Oct. 4 win over Valley Center required five games. The Warriors won the Oct. 25 match in three sets. Fallbrook followed 26-24 and 25-12 wins in the first two games with a 28-26 triumph to close out the match. “It doesn’t get much closer than that,” Dale said.

Although the Warriors only dominated in one set, the ability to win close games is a positive for Dale. “For the most part I think we got things ironed out,” he said.

Fallbrook concluded the season with a 12-26 overall record and the Warriors’ 3-7 statistic in Valley League play gave them fifth place in the six-team standings.

“We’re fighting against teams

that are competitive,” Dale said.

Dale noted that increased experience allowed the Warriors to hold leads and be on the preferred side of the score at the end of the game. “The wins will come,” he said.

“We’re really proud of the girls,” Dale said. “They fought back.”

Dale cited attitude as well as resilience for the Warriors’ improvement. “They kind of just built each other up,” he said. “Everyone whether they were on the court or off the court supported each other.”

The losses included six in two days when Fallbrook failed to win a match during the Sept. 27-28 Scripps Ranch Tournament. “We had that really bad tournament,” Dale said. “That was a tough one.”

The Warriors had four seniors. That includes Olivia Christopherson, who was injured and made her 2019 Valley League debut on Senior Night. “It was a great way for her to kind of at least get her last game in,” Dale said.

Christopherson, who was an outside hitter, was also one of the team captains. “Olivia going down really hurt,” Dale said.

Outside hitter Sonsi Jarvis, libero Kendall Sprint and defensive specialist Maggie Walker were also honored during the Senior Night ceremonies.



Lady Warrior Ashlynn Craven returns a San Pasqual during the varsity girls volleyball game, Oct. 23.



Fallbrook’s Sonsi Jarvis knocks the ball over the net against San Pasqual. Fallbrook lost 3-0.



Lady Warrior Kendall Sprint watches the ball after getting a dig against the Golden Eagles.



Lady Warriors Maile Risko, left, and Sara Latimer attempt to block a San Pasqual shot.

Shane Gibson photos



Lady Warrior Sophia Badillo leaps and makes an attack against San Pasqual.



Lady Warriors Grace Bell, left, and Sophia Badillo attempt to block a San Pasqual attack.



Fallbrook’s Annie Riley, left, and Sara Latimer attempt to block a San Pasqual shot.



SPORTS

Athlete of the Week:  
Love of competition drives Jarvis

Jeff Pack  
Writer

According to senior Sonsi Jarvis, she's had a love of competition since the second grade. "I have always been competitive," she said. "I love the thrill of the game and the thrill of doing really well. Competing on the court makes me feel like this is what I am meant to be doing. I think what inspires me to compete is the satisfaction of playing well and it brings out a side of me that is not seen elsewhere."

Jarvis' competitive spirit is why she was chosen as Athlete of the Week by the Village News.

According to Fallbrook Union High School Varsity Girls Volleyball Coach Jason Dale, Jarvis is a powerful hitter and, perhaps more importantly, captain of the team.

"Everyone looks up to her and she can single-handedly change the course of a game," said Dale.

On the season, she has a team-leading 129 kills to go with 15 serving aces and 127 digs.

Jarvis said she had always competed in multiple sports since the second grade, she even lettered in basketball and softball during her freshman year.

But since then, she's starred only for the Warriors volleyball team.

She's been on varsity for three years now.

"This season has been stressful, but it has also been a great learning experience," said Jarvis. "Considering the lack of experience that comes with such a young team, we have been performing incredibly well."

Overall, the Warriors have a record of 12-26 and are 3-7 in league play.

She said she knew with a young roster there could be trying times, but she had a goal to improve the team's "drive and confidence, and to work efficiently together on the court."

Personally, Jarvis said she is working on keeping her fierce competitive drive in check.

"(My goal is to) keep a stable head when playing and not let my emotions get the best of me," she said. "For having taken on new roles and facing new challenges, I feel like I have done pretty well."

Jarvis hasn't decided whether she will continue to play volleyball after she graduates in June and hasn't settled on plans after high school.

She said she wanted to thank her parents and coaches for helping her along the way.

Get to know  
Sonsi Jarvis

- Favorite Movie?**  
"48 Hours"
- Favorite TV show?**  
"Mindhunter"
- Favorite Musical Artist?**  
"I love too many to name one."
- Favorite Athlete?**  
Carli Lloyd
- Favorite Subject?**  
Art
- Favorite Teacher/Coach?**  
Galen Tomlinson

Jeff Pack can be reached by email at [jpack@reedermedia.com](mailto:jpack@reedermedia.com).

Fallbrook Union High School Varsity Girls Volleyball outside hitter and captain Sonsi Jarvis has been chosen as Athlete of the Week.

Shane Gibson photo



BHS volleyball wins on Senior Night

Heather Holdo and Sara Barclay  
Writer Interns

On Oct. 15, Bonsall High School's Girls' Volleyball Team played their last home game of the season against The Cambridge School's Griffins. Many students showed up in the audience to show their support, with the game taking the place of a traditional homecoming game, seeing as how there currently isn't a Bonsall High football team.

The sides of the volleyball court were filled with students, teachers, and parents, most of whom either wore the school's blue colors, pink in support of breast cancer awareness, or sported spirited face paint, organized by the school's Associated Student Body and the team spirit captain.

Before the match took place, some attendees grabbed a bite to eat at Panda Express in Fallbrook, as a fundraiser for the school was being held in which 20% of the sales would be donated.

Being the last of the Bonsall High seniors' games hosted on campus, the school celebrated their Senior Night, honoring the graduating players on the team. As the game was about to start, the seniors were called up one by one to be recognized for their time on the team, reflecting on their volleyball experience and

taking pictures with their attending family members.

As for the match itself, the Bonsall girls set the tone of the game by scoring the first point of the night. By showcasing strong communication with each other during the first set, they created a strong offense that provided them with many points and kept the other team from scoring. In addition, the Legionnaires' accurate and powerful serves helped them lock in a 25-7 win for the first set against the Griffins.

The second set went much like the first, as the BHS girls quickly scored the necessary 25 points to claim a second win. The Cambridge School Griffins only managed to score 6 points in between Bonsall's successful offense, defense and serving, but they came back in the third set to put up a good fight.

With an improved defense, the Griffins kept the Legionnaires on their toes, resulting in a more balanced game during the first half of the set. Ultimately, BHS fought even harder and finished their third set with a 25-13 win, securing themselves a 3-0 victory for their last home.

Players and attendees alike were excited for, and proud of, Bonsall's success. Ashlin Smith said, "It was an amazing game, I love my team, and I'm glad that it ended with a win."

The seniors on the BHS volleyball team, as well as their coach John Hargrove, had much to say about the season. Lamb said, "I'm very sad to see it end, but overall I am extremely proud and happy it went the way it did. [From being on the team] I've learned how to be compassionate." Lamb is looking forward to playing volleyball in college in the upcoming year.

Bristow said, "Our last home game was very emotional. Right before the game, I got very teary-eyed with my whole team, and everybody was sobbing, but I'm very appreciative of every fan that came out. I love my team beyond anything could compare, and I couldn't ask for a better team or better game."

All of the seniors on the team felt thankful for the connections they made and the great times that they had, but were sad to think that it would be the last time they played a volleyball match in the school's multi-purpose room.

"Their work ethic goes to show the season that we're having, and they're a great group of girls. The seniors as well set the tone, all of their hard work and dedication really shows," said Coach Hargrove.

BHS recognizes Najia Lamb, Taylor Bristow, and Ashlin Smith for being outstanding members of the team in the previous years.


Heather Holdo photos



After the match, Najia Lamb poses with a sign she was presented with acknowledging her serving.



The Bonsall High Legionnaires are down on the ground enthusiastically performing their pregame chant to build excitement and team spirit.




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# Turnovers bite Warriors in loss to San Pasqual



Fallbrook's Hunter Keller and Andre Web make a hole for Dru Calloway to carry the ball during the game against the San Pasqual Eagles.



Warriors Delvon Williams and Max Meisterlin face off with the Eagles ball carrier.

Shelby Ahrend photos

**Jeff Pack**  
Writer

ESCONDIDO – Big plays and turnovers hurt the Fallbrook Warriors varsity football team when they visited Valley League-leading San Pasqual on Friday, Oct. 25.

The Golden Eagles 63-0 shutout win over the Warriors last week means that San Pasqual (8-1, 4-0) claimed at least a share of the Valley League title with Escondido (3-1), who lost to Valley Center on Saturday and will host the Golden Eagles this Friday night.

The Warriors (0-9, 0-4), on the other hand, will be fighting to finish the season on a high note and stay out of last place in the league when they play host to winless Rancho Buena Vista (0-9, 0-4) on Friday night.

The Longhorns are coming off a 41-6 loss to Ramona.

Against San Pasqual, the Warriors fell behind early on a 40-yard touchdown reception and

a 20-yard touchdown run by San Pasqual in the first quarter.

Leading 14-0 heading into the second quarter, the Golden Eagles rattled off 35 straight points in the second quarter – two touchdowns on the ground, one coming after a fumble inside the Warriors’ 10-yard line, another on an interception return, another through the air and another on a punt return for a touchdown.

San Pasqual scored once more in the third quarter and again in the fourth quarter to finish the scoring on the evening.

Freshman update: The Fallbrook Warriors freshman team continued their winning ways, thrashing San Pasqual 49-0 at home on Thursday, Oct. 24.

The young Warriors will travel to Vista to take on RBV (7-2) on Thursday, Oct. 31 looking to trick the freshman Longhorns and treat themselves to an undefeated season.

Jeff Pack can be reached by email at [jpack@reedermedia.com](mailto:jpack@reedermedia.com).



Sophomore David Dudley picks up a first down for Fallbrook.

# Two Fallbrook students picked for all-female Athena Racing team

**Jeff Pack**  
Writer

Two Fallbrook Union High School students were chosen by Athena Racing to be part of the all-female auto racing team formed by Loxley A. Brown and based in San Diego County.

The team was created for high school students who are on career paths related to automobiles, engineering, robotics, or design.

Senior Stephanie Salgado and sophomore Maddy Gaul were chosen for the team.

“This is the beginning of it all here in San Diego County,” Brown said. “I just basically came up with the concept six months ago. This has been very fast forward work. The prerequisites were they had to have an interest in motorsport, a proven track record of either wrenching or racing, something related to automotive transportation motorsports.”

Brown’s organization is working toward creating a bright future for these young motorsports enthusiasts.

“I’m taking them behind the scenes to all of the different manufacturers and aeronautical, marine, train, automotive, everything you can think of and showing them how all of this works,” Brown said. “You know, most of them when I started talking to them were like, ‘Oh, well you can either be a professional driver or you can be a mechanic.’ I’m like, no, there’s a whole lot more to it than that.”

Brown said the one year program consists of 10 tracks to be completed in that year.

“They learn the driving and the mechanics and the safety,” Brown said. “But there’s also another seven tracks that are just like the basic building blocks of life skills that you need that aren’t really taught to you in high school. And

this is to open up doors so, if they do want to go to university, we kind of show them the different options of how to get there so they don’t get out with this huge, massive student debt. Or if they do want to become technicians, then I automatically link them up with an apprenticeship and a dealership pays for them to go get their certifications and then they get out and they’re going to have a six-figure job within three to five years.”

Salgado is excited to get started.

“I’ve always been into cars and my dad is a mechanic,” she said. “Every time something would go wrong on our personal vehicles, I was there. I was always watching him and I really liked the fact that he took it apart and was able to put it back together at the same way it came out.”

She said she’s also a big fan of the “Fast and the Furious” movies too.

“I’ve always been that child that liked the adrenaline rush,” she said. “Just watching that and knowing that, ‘Oh my God, like that’s possible that someone can actually do that.’ It just really like sparked that little spark plug in my brain and then Mr. Johnson (FUHS automotive technology teacher) introduced me to it, brought it to my attention and I was like, ‘There it is. That’s what I’ve been looking for.’”

Gaul has been oval racing since she was 8 years old.

“We kind of took a break from it a little bit and I just kinda want to get back into a racecar and improve my engineering skills,” she said. “Because those are very useful skills.”

She said she is interested in the racing and engineering part of the program.

“(I wanted to join) to pursue my dreams and hopefully I’ll learn a couple more things about working

on cars,” Gaul said.

“They’re gonna be on a path that’s a decade ahead of their peers after being in this for a year because they’re going to be connected to all the heads of the industries of everything in transportation,” Brown said. “It’s just like creating that personal Rolodex at an age of 17 so that you’re on this better trajectory through college and career than anyone else would be. It’s girls only and it’s really just giving them that safe place to learn because they don’t really have that right now.”

For more information on Athena Racing, visit [athenaracing.org](http://athenaracing.org).

Jeff Pack can be reached by email at [jpack@reedermedia.com](mailto:jpack@reedermedia.com).



From left, Loxley A. Brown, Fallbrook Union High School Principal Narciso Iglesias, Stephanie Salgado, Maddy Gaul and FUHSD Superintendent Ilsa Garza-Gonzalez pose for a group photo. Salgado and Gaul were chosen to participate on the Athena Racing team this month.

the

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beat

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# Guadarrama, Dulin, Bulli-Eastom qualify for CIF tournament

Joe Naiman  
Village News Correspondent

Two Fallbrook High School singles players and one Fallbrook doubles team qualified for the CIF girls individual tennis tournament which if weather permits will be played Nov. 11-15 on the Morley Field courts in San Diego.

The Valley League tournament took place Oct. 21-24 at San Pasqual High School. All singles and doubles quarterfinals winners qualified for the tournament and the quarterfinals losers played two backdraw rounds to determine the fifth-place singles player and doubles team which would advance to the CIF tournament.

“They did okay,” Fallbrook coach Bill Lenaway said of his team.

“We had a few things that went a little bit unexpected,” Lenaway said. “Nothing major, though.”

During dual matches each of the school’s three singles players has a set against each of the other school’s three singles players and each of the three doubles tandems plays each opposing doubles team. The league tournament allows each school four singles players and four doubles pairs, and players can be brought up from the junior varsity squad.

Since Mission Vista does not have tennis the Valley League has only five teams and schools with enough players were allowed an additional singles player and an additional doubles team. Fallbrook had five singles players and four doubles teams in the league tournament.

The top eight singles seeds had first-round byes. Three of those seeds are Fallbrook players: sophomore Alexa Guadarrama was given the second seed, freshman Nina Del-Zio was seeded fifth and senior Nicole Dulin had the sixth seed.

Ryan Geffeney is a Fallbrook High School freshman who made her league tournament debut in the first round. She lost a 6-0, 6-1 match to Ramona junior Amanda Barrett.

Current sophomore Carly Hawkins played doubles in last year’s league tournament and lost

in the first round, but this year she opened singles play with a 6-0, 6-1 victory against Escondido junior Kaylyn Ly. That pitted Hawkins against eighth-seeded Rania Price of Valley Center, who won two 6-1 sets in that second-round match.

Del-Zio began play in the second round with a 6-3, 6-0 triumph over San Pasqual freshman Ella Nosti. She then faced Ramona junior Kiera Duffy, who was the fourth seed. Del-Zio won the 6-2 first set, but Duffy responded with 6-1 and 6-2 victories to advance to the semifinals and send Del-Zio to the backdraw.

Barrett’s win over Geffeney gave her a round of 16 match against Dulin, who prevailed in 6-2 and 6-4 sets. Dulin then faced Valley Center senior Isabel Stehly, who was the third seed, in the quarterfinals. Stehly’s 6-0, 6-0 victory sent Dulin to the backdraw.

Stehly would also defeat Guadarrama, but not until the semifinals. Guadarrama’s first match was a 6-0, 6-0 victory against Ramona junior Lauren Simonson. Guadarrama then faced Ramona senior Natalie Tucker and won that 6-0, 6-0 quarterfinals match.

Guadarrama’s second seed and Stehly’s third seed were based on head-to-head competition during a league match. “Alexa was seeded higher, but they only played one set,” Lenaway said.

Stehly won 6-4 and 6-1 sets against Guadarrama. “Alexa played pretty well,” Lenaway said.

San Pasqual senior Acacia Denton had not lost a game in the league tournament prior to her 6-4, 6-2 victory over Stehly in the championship match. Denton advanced to the final with a 6-0, 6-0 win over Duffy, so Guadarrama and Duffy faced each other in the third-place match.

Guadarrama defeated Duffy in 6-2 and 6-2 sets to take third place in the league tournament. “Kiera’s a good little player, but Alexa’s got more weapons in her game than Kiera does,” Lenaway said.

Last year Duffy and Dulin played each other in the fifth-place match for the final CIF singles berth. A full third set was played after Dulin’s 6-4 win was followed

by Duffy’s 7-5 triumph, and Duffy captured the CIF berth with a 6-4 victory in the final set. During this year’s league dual matches Dulin defeated Duffy in the first round Sept. 12 in Ramona while Duffy won her Oct. 1 match against Dulin on the Fallbrook Tennis Club courts.

In the first round of the backdraw Del-Zio faced Price and Dulin played Tucker. Del-Zio defeated Price in the 6-3 first set, but Price won the second set six games to three. In the backdraw if the first two sets were split a tie breaking game to 10 points rather than a full third set decided the match. Price won that third game by a 10-8 score.

“I believe a lot of it was really precipitated by the long three-set match she had with Kiera,” Lenaway said of Del-Zio’s loss to Price.

Price was Denton’s quarterfinals victim. The 6-0, 6-0 match gave Price a longer break than Del-Zio had. “Nina came out that much more tired,” Lenaway said.

Dulin won a pair of 6-1 sets against Tucker. “She’s played her before and she’s always beaten her,” Lenaway said.

A 6-3 set in Dulin’s favor began the fifth-place match with Price. The second set was tied at six games apiece, triggering a tiebreaking game to seven points with the requirement that a player must win by at least two points. Price forced a tie breaking third-set game with a 13-11 victory in the tiebreaker to end the second set.

The winner-take-all tie breaking game in lieu of a full third set was to be to 10 points, but the game was tied at 9-9 before Dulin scored the final two points for an 11-9 victory and fifth place.

“They’re just both super consistent. They just keep the ball going back and forth,” Lenaway said. “Neither one of those girls are power hitters. They’re just consistent.”

Dulin’s win also earned her a court at Morley Field. “I’m happy for her. She hasn’t gotten to go there yet,” Lenaway said.

The league doubles tournament had only 20 tandems so four unseeded duos as well as the eight seeds received first-round byes. Fallbrook had two seeded doubles teams: senior Gabby Bulli and sophomore Elizabeth Eastom had the seventh seed while junior Vronnie Serrano and freshman Reid Biland were seeded eighth. The unseeded team of junior Luci Bolduc and freshman Sam Hanlon also had a first-round bye.

Fallbrook’s doubles team, which played in the first round, consisted of freshmen Cynthia Flor and Tracy Lopez. “They’re absolutely

beginning players,” Lenaway said.

Ramona sophomores Emma Creason and Avalon Shelton eliminated Flor and Lopez in a 6-0, 6-0 match, but Flor and Lopez now have league tournament competition which could benefit them during their next three years. “It was a good experience for them to go out and play,” Lenaway said.

The third-seeded Ramona team consisting of seniors Sidney Din and Cambria Jeffers faced Bolduc and Hanlon in the round of 16 and won a pair of 6-0 sets. “They got a tough draw,” Lenaway said of his players. “They just got beaten by a team that’s better than they were.”

Serrano and Biland defeated the Escondido duo of Gabriela Gonzalez and Kendall Hoang in the 6-4 first set, but Gonzalez and Hoang won the 6-3 second set. Serrano and Biland won the 10-7 game which constituted the third set.

“They played a team that’s

pretty good,” Lenaway said. “In the third set, the game was really close and they pulled it out again, which was really good to see.”

That advanced the Fallbrook partners to the quarterfinals – contingent upon Biland being healthy enough to play. “When she came off of that match she was in pretty bad shape,” Lenaway said.

Flu-like symptoms including a headache and a sore throat kept Biland from playing the following day and forced the Fallbrook partners to default in the quarterfinal match against the top-seeded Ramona team of juniors Charlotte Boss and Emily McCrory. Biland was also unable to play in the first round of the backdraw, so Serrano and Biland defaulted to Valley Center seniors Jenna Stehly and Sophia Cox.


Bulli and Eastom first played Ramona juniors Chloe Breed and

see *CIF*, page D-5

## SHERIFF’S LOG

Oct. 14	
4200 block Citrus Dr	Grand theft
Oct. 16	
3300 block Gird Rd	Grand theft
Oct. 17	
2000 block Avocado Knoll Ln	Battery
100 block N. Ridge Dr	Arrest: Possession of controlled substance paraphernalia
Oct. 18	
200 block E. Fig St	Burglary in progress
Oct. 21	
S. Mission Rd @ Pepper Tree Ln	Arrest: Possession of controlled substance
900 block Alturas Rd	Stolen vehicle
Mission Rd @ Thoroughbred Ln	Arrest: Possession of controlled substance
Oct. 22	
5200 block S. Mission Rd	5200 block S. Mission Rd
700 block Daria Lane se	Arrest: Spousal abu
200 block Pippin Dr	Vehicle burglary
200 block E. Alvarado St	Missing juvenile
1800 block Santa Margarita Dr	Vandalism
400 block E. Aviation Rd	Petty theft
3000 block Rainbow Peaks Tr	Recovered stolen vehicle
400 block E. Fallbrook St	Petty theft
500 block Twin Palm Dr	Vehicle burglary
1100 block Senwood Wy	Arrest: Under the influence of controlled substance, receiving stolen property
Oct. 23	
300 block E. Elder St	Petty theft
5200 block S. Mission Rd	Fraud
1100 block Vantage Pl	Death
200 block S. Wisconsin Ave	Petty theft
400 block W. Elder St	Vandalism
Oct. 24	
32000 block Del Cielo Oeste	Petty theft
1800 block Dentro de Lomas Rd	Fraud
700 block W. Fallbrook St	Violent threat
200 block W. Clemmens Ln	Petty theft
400 block W. Aviation Rd	Petty theft
4400 block Stewart Canyon Rd	Death
1000 block S. Main Ave	Arrest: Possession of controlled substance, sale of controlled substance
Oct. 25	
1600 block Pala Lake Dr	Burglary, grand theft
W. Clemmens Ln @ S. Mission Rd	Petty theft
200 block Ammunition Rd	Arrest: Possession of controlled substance
Canonita Dr @ Pala Lake Dr Vehicle burglary	
Oct. 26	
1000 block E. Alvarado Rd	Burglary
1500 block S. Mission Rd	Shoplifting
Wrightwood Rd @ W. Lilac Rd	Arrest: Possession of controlled substance, possession of paraphernalia
700 block W. Fallbrook St	Arrest: Possession of controlled substance, possession of paraphernalia
2200 block Cannon Gate	Stolen vehicle
Oct. 27	
Mission Rd @ Olive Hill Rd Arrest:	Possession of controlled substance, possession of paraphernalia, possession of shuriken
400 block W. Clemmens Ln	Death
1400 block Alturas Rd	Stolen vehicle
3900 block Lake Park St	Petty theft
1100 block E. Fallbrook St	Burglary
Oct. 28	
900 block Alturas Rd	Grand theft
2500 block Olive Hill Rd	Battery

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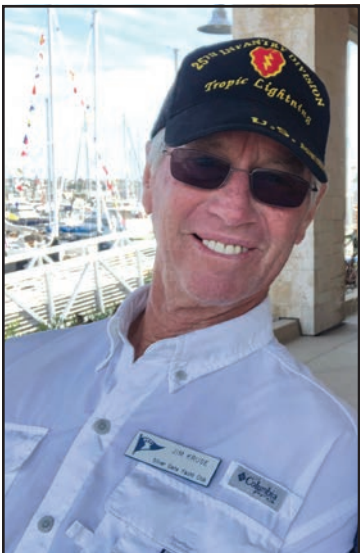
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OBITUARIES



**James Sands Kruse** was born in Los Angeles in 1950. He grew up surfing and sailing the shores of California and making many friends who shared his love of

the ocean.  
Jim had a kind heart and was loved by many, always with a big beautiful smile on his face. He entertained all of us with his guitar and ukulele and enjoyed camping, sailing and riding his Indian motorcycle.  
Jim worked part-time at Wellspring Herbs and Vitamins and enjoyed helping others.  
He is survived by his wife, Kathy Richer-Kruse; two step-children Noella and Ian Richer and his three sons, Travis, Sean and Kevin Kruse and his sister Kathy Kruse-Owens.  
Jim was an American Hero, receiving two Purple Hearts, The National Defense Service Medal, Vietnam Campaign Medal and The Bronze Star.  
There will be a service at Miramar National Cemetery Friday, Nov. 1, at 2:30 p.m.

**James William Goldsberry Jr.** was born March 21, 1946, and died at home, July 8, after a two-year battle with Agent Orange and diabetes. The son of Hazel Marian Goldsberry and James William Goldsberry Sr.; he lived in Fallbrook for 25 years.  
James served in the Marine

Corps from 1962 to 1982. He was a logistician and Vietnam veteran.  
He leaves his wife, Christine Pimm Goldsberry; daughters Sheila Joaux Goldsberry of Oceanside and Lisa Marie Gardner; several nieces; nephew Jamie Goldsberry, and his children, Lyda and Brennen Goldsberry.

CIF  
from page D-4

Jamie Sothman, who prevailed in the 7-5 first set. Bulli and Eastom won the 6-3 second set and then the 10-7 tiebreaking game.  
“It was just a really close match. They pulled it out at the end,” Lenaway said.  
Belair and senior Delaney Esselman were seeded second but won the league doubles championship. Their path to the finals included a 6-0, 6-0 quarterfinals victory over Bulli and Eastom.  
Din and Jeffers had to defeat their own teammates to advance to the semifinals, so Bulli and Eastom began the backdraw with a match against Creason and Shelton. Bulli and Eastom won 6-1 and 6-4 sets to eliminate the Ramona sophomores.  
Fifth place and the final CIF tournament berth was thus decided by the match in which Bulli and Eastom played Jenna Stehly and Cox. Bulli and Eastom followed their 6-4 triumph in the first set with a 6-3 win in the second set to capture the match.  
“They did a really good job going through the backdraw,”

Lenaway said.  
When the season began Bulli played doubles with Serrano and Bolduc was Eastom’s doubles partner. “My doubles teams have been switched up quite a bit,” Lenaway said.  
Bulli and Eastom were paired together in the middle of the season. “I think it took them a little while to get used to each other,” Lenaway said. “I think every match they played they got better.”  
Lenaway credits the ability of the two to work with each other for the improvement. “I think Gabby showed good leadership,” he said. “I think they communicated well.”  
Last year Guadarrama qualified for the singles portion of the CIF tournament. She finished fourth in the league tournament after losing the third-place match to Makena Larson, who was a Fallbrook senior last year. Larson and Guadarrama were the only Warriors who qualified for the 2018 CIF tournament.  
This year’s CIF tournament will thus be the first not only for Eastom but also for the only two seniors on the Fallbrook roster, so Dulin and Bulli will close out their high school careers at Morley Field. “Both of them qualified to go,” Lenaway said.

WINE & DINING

October is National Popcorn Month

Cranberry and Chocolate Spiced Popcorn

**Start to finish: 30 minutes**  
**Yield: 8 cups**  
**Ingredients:**  
8 cups popped popcorn  
1 cup dried cranberries  
1 cup toasted pumpkin seeds  
1 1/2 tablespoons coconut oil, melted  
3/4 teaspoon ground cinnamon  
1/2 teaspoon ground nutmeg  
4 ounces dark chocolate, melted  
1/2 teaspoon coarse sea salt

**Directions:**  
In large bowl, toss together popcorn, cranberries, pumpkin seeds, coconut oil, cinnamon and nutmeg.  
Lay mixture flat on parchment paper-lined tray. Drizzle with melted chocolate and sprinkle with sea salt.  
Let stand at room temperature for about 20 minutes or until chocolate sets. Break apart into chunks.



Popcorn Board photos

Cranberry-Orange Caramel Corn

**Start to finish: 45 minutes**  
**Yield: 10 cups**  
**Ingredients:**  
10 cups popped popcorn  
1 cup dried cranberries  
1/2 cup whole almonds  
1/2 cup (1 stick) butter  
1/2 packed brown sugar  
1/4 cup corn syrup  
2 tablespoons frozen orange juice concentrate, undiluted  
1 teaspoon orange or vanilla extract  
1/2 teaspoon baking soda

**Directions:**  
Preheat oven to 300 degrees. Place popcorn, cranberries and almonds in a large bowl; set aside.  
In a medium saucepan, heat butter, brown sugar, corn syrup and orange juice concentrate over medium heat until butter is melted. Bring to a boil and boil 2 minutes. Remove from heat. Stir in extract and baking soda; the mixture will foam.  
Pour syrup mixture over popcorn mixture in bowl; stir to coat well. Spread evenly in a large, rimmed baking sheet or roasting pan, lined with foil and sprayed with nonstick spray. Bake 30 minutes, stirring twice during baking time. Stir caramel corn as it cools on baking sheet. Store in an airtight container.



FALLBROOK – Popcorn is good to eat all year round, not just in Popcorn Month. It can be eaten plain or seasoned for any occasion. Below are two recipes especially

for fall, courtesy of the Popcorn Board. Sit by the fire and warm up with this fall-inspired popcorn blend that’s sure to be a hit with your family and friends.

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# De Portola Wine Trail’s Harvest Fest leads fun week in wine country



There will be plenty of wine to taste during the De Portola Wine Trail Harvest Fest Sunday, Nov. 3, at 10 participating wineries including Leoness Cellars.

Courtesy photos

**Jeff Pack**  
Writer

The fall season is one of the best times to visit Temecula Wine Country, and this weekend, wine lovers are encouraged to take the road less traveled to enjoy the De Portola Wine Trail Harvest Fest from 10 a.m. to 5 p.m. Sunday, Nov. 3.

Located on the southwestern side of wine country, the pace is a little slower and drivers are even likely to be required to give way to a horse or two meandering down a path.

Ten wineries will participate, each pouring three varietals with cuisine prepared by their artisan chefs. Sip wine while munching on food specialties and take in some of the best views in wine country.

If guests are lucky, some of the wineries might be tapping barrels and tanks for some fresh tastings.

Participating wineries include Somerset Vineyard and Winery, Fazeli Cellars, Robert Renzoni Vine-

yards, Gershon Bachus Vintners, Oak Mountain Winery – the Cave Winery, Leoness Cellars, Danza del Sol, Frangipani Winery, Cougar Winery and Masia de la Vinya.

Tickets are available for \$79.99, and designated driver tickets are \$29, which includes all cuisine, and can be purchased at [www.deportolawinetrail.com/festivals-and-events](http://www.deportolawinetrail.com/festivals-and-events).

For more information, visit [www.deportolawinetrail.com](http://www.deportolawinetrail.com).

**Get your salsa on at Bel Vino.**

Free beginner salsa and bachata lessons can be had in this fun event at Bel Vino Winery from 7-10 p.m. Friday, Nov. 1.

Dance the salsa, bachata, cha chat and merengue all night long on Bel Vino’s outdoor dance floor and hosted by SalsaFama.

Bel Vino Winery is located at 33515 Rancho California Road in Temecula. Call (951) 676-6414 for more information.

**Enjoy dinner with Drew Deckman.**

Vindemia Estate Winery will present “Dinner and Wine” with sustainable food expert Drew Deckman from 4:30-8 p.m. Saturday, Nov. 2.

Deckman, the man behind Deckman’s En El Mogor in Guadalupe Valley, will be preparing a four-course meal paired with Vindemia wines.

There will be live music, tastings from wines not yet on the market, raffles and more.

Vindemia Estate Winery is at 33133 Vista del Monte in Temecula.

Tickets are \$75 for wine club members and \$95 for non-members. To RSVP, email [wineclub@vindemia.com](mailto:wineclub@vindemia.com).

**Take in the Autumn Winemaker’s dinner at Monte De Oro**

Monte De Oro Winery is celebrating the end of the harvest season with an Autumn Winemaker’s Dinner from 7-9 p.m. Saturday, Nov. 2, at the winery.

A five-course dinner paired with Monte De Oro’s award-winning wines will feature a guided dinner with culinary and wine experts that will take you through each course and its wine pairing.

During the dinner, Monte De Oro’s winemaker will be giving guests the inside scoop on how 2019 harvest went for not only Monte De Oro, but the whole Temecula Valley.

Monte De Oro Winery is located at 35820 Rancho California Road in Temecula, and tickets are available at [www.shop.montedeoro.com](http://www.shop.montedeoro.com).

**Hello MotoGP.**

Get up early and catch all the thrilling corner-to-corner action of the Malaysia MotoGP at a watch party hosted by MotoDoffo at Doffo Winery at 9 a.m. Sunday, Nov. 3.

Round 18 takes racers to Sepang International Circuit in Sepang, Malaysia, where Marquez bested Rins and Zarco in 2018. It is free to attend and there will be coffee, pastries, food and wine will be available for purchase at the event.

MotoDoffo is at 36083 Summitville Street in Temecula.

**Macrame is back.**

Join Lara from Macramama will be conducting a Wine & Macrame Workshop at Peltzer Winery from 11 a.m. to 1 p.m. Sunday, Nov. 3.

Drink wine and make your own macrame plant and wall hang during the two-hour workshop.

Peltzer Winery is at 40275 Calle Contento in Temecula.

Reserve your spot by visiting [www.facebook.com/events/2402928919786869](http://www.facebook.com/events/2402928919786869).

**Tacos on a Tuesday?**

Nobody says no to tacos, and Akash Winery and Vineyards invites diners to do what they want to do already at their Taco Tuesday event from 4-8 p.m. Tuesday, Nov. 5.

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Check it out. [Often.](#)

Village News

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Vindemia Estate Winery will present “Dinner and Wine” with sustainable food expert Drew Deckman Saturday, Nov. 2.

grilled carne asada or find Akash Winery and Vineyards at 39730 Calle Contento in Temecula.

Visit [www.akashwinery.com](http://www.akashwinery.com) for more information or questions.

**Lorimar hosts fall clambake.**

This family-friendly event at Lorimar Winery is a four-course experience of clambake favorites and includes games, live music by the Bayou Brothers and more from 5-9 p.m. Thursday, Nov. 7.

Tickets are \$55 for adult non-members, \$49.50 for adult members and \$30 for children ages 4 to 12 years old. For \$25 more for general admission or \$22.50 more for wine club members, add a whole steamed lobster to an order too.

Tickets are on sale now at [www.shop.lorimarwinery.com](http://www.shop.lorimarwinery.com).

Lorimar Winery is located at

39990 Anza Road in Temecula.

**South Coast, Carter and JUSTIN team up.**

South Coast Winery Resort and Spa and Carter Estate Winery and Resort will host a wine-paired, five-course dinner from 6-9 p.m. Thursday, Nov. 7, presented by Vineyard Rose Executive Chef José Esparza and Justin Baldwin, founder and proprietor of JUSTIN Vineyards and Winery.

Tickets are \$175 per person and available at [www.store.wineresort.com](http://www.store.wineresort.com).

The Vineyard Rose Restaurant is at South Coast Winery Resort and Spa, 34843 Rancho California Road in Temecula.

Jeff Pack can be reached by email at [jpack@reedermedia.com](mailto:jpack@reedermedia.com).



Monte De Oro Winery is celebrating the end of the harvest season with an Autumn Winemaker’s Dinner Saturday, Nov. 2.



Reserve a spot at the Wine and Macrame workshop at Peltzer Winery Sunday, Nov. 3.



Get that taco fix at Akash Winery and Vineyards Tuesday, Nov. 5.



Indulge at Lorimar Winery’s fall clambake Thursday, Nov. 7.

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# New fall menu rolls out at Pinnacle Restaurant



The Pinnacle Restaurant rolled out additional menu items Oct. 25, to better suit the cooler months that are approaching. These items largely fit into a “Mediterranean diet” along with being part of their dining philosophy of encouraging diners to have their “big meal of the day” at lunchtime.



The Pinnacle Restaurant at Faulkner Winery offers crab tartar consisting of lump crab seasoned with fresh anise, chopped tomato, avocado, crispy onion, and housemade Louie sauce served with grilled crostini and seared lemon.

Courtesy photos



Finish a meal at the Pinnacle Restaurant at Faulkner Winery with the chef’s newest housemade dessert: “The Pinnacle of Bread Pudding” with brioche bread soaked in a sweet custard and baked until golden brown with vanilla sauce, fresh berries and a scoop of bourbon ice cream and powdered sugar.

TEMECULA – The Pinnacle Restaurant has always been known for great Mediterranean and American food, spectacular Wine Country views and great service.

The Pinnacle Restaurant rolled out additional menu items Oct. 25, to better suit the cooler months that are approaching. These items largely fit into a “Mediterranean diet” along with being part of their dining philosophy of encouraging diners to have their “big meal of the day” at lunchtime.

Having been voted “Best Restaurant” from 2007-2019 by Inland Empire Magazine, the Pinnacle Restaurant at Falkner Winery continues to impress and improve.

Executive Chef Jason Barradas and his staff are introducing numerous delicious and healthy new items to the menu. Coinciding with this new menu release will be the fall launch of their Hot Lips wine with great wine sales in our tasting room.

The new menu includes many new small plates, large plates, sandwiches and desserts. Staying with their Mediterranean and American food theme, Barradas is introducing new small plates: crab tartar consisting of lump crab seasoned with fresh anise, chopped tomato, avocado, crispy onion, and housemade Louie sauce served with grilled crostini and seared lemon; and Mediterranean chicken wings consisting of deep-fried wings coated with housemade Catalan lime sauce and a drizzle of hibiscus reduction, feta cheese and served with creamy Italian dressing dipping sauce.

A sure hit is the new spicy avocado bacon burger of Black Angus beef with melted cheddar cheese, half of avocado, cherrywood bacon, lettuce and jalapeno cilantro lime aioli sauce served with fries.

Also try the new flat iron steak entrée served with roasted asparagus, baby heirloom tomatoes, mix marble potatoes and topped with herbed garlic compound butter.

Finish a meal with the chef’s newest housemade dessert: “The Pinnacle of Bread Pudding” with brioche bread soaked in a sweet custard and baked until golden brown with vanilla sauce, fresh berries and a scoop of bourbon ice cream and powdered sugar.

To accompany all the dishes, the Pinnacle has a specific Falkner Winery wine recommendation for each item. Diners at the Pinnacle can relax in in-door air-conditioned comfort or on our outside hill-top balcony while enjoying the spectacular views of Temecula Wine

Country from this restaurant.

Falkner Winery is a premier winery in the Temecula Valley Wine Country offering great food, high quality wines, spectacular views and spectacular service. Since opening in July 2000, the winery has gained distinction in Wine Country for its high quality wines with over 90% of the wines earning gold or silver medals in international competitions, great food at their “Best Restaurant in Inland Empire” award-winning Pinnacle Restaurant, wine tasting classes,

private tours and wine tastings and private venues such as parties and weddings.

The tasting room is open daily from 10 a.m. to 5 p.m. with tours and private tastings available on weekends and by appointment (951) 676-8231, ext. 106.

The restaurant serves lunch daily from 11:30 a.m. to 3:30 p.m. daily. Pinnacle reservations and other information are available by calling (951) 676-8231, ext. 4, or online under “Restaurant Reservations” at [www.falknerwinery.com](http://www.falknerwinery.com).

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# Wine Country Events Calendar

FRIDAY, NOV. 1	
11 a.m. to 5 p.m.	Craft Faire, Maurice Car'rie Winery
1-2:30 p.m.	Behind the Scenes Wine Tour, South Coast Winery
3-5:30 p.m.	Happy Hour, Vineyard Rose, South Coast Winery
5-8 p.m.	Live Music, Astra Kelly, Cougar Vineyard and Winery
6-9 p.m.	Live Music, Michael Edon, Avensole Winery
6-9 p.m.	Live Music, Endeavor, Miramonte Winery
6-9 p.m.	Live Music, Rebel Souls, Lorimar Winery
6-10 p.m.	Live Music, Andre Perez – Latin Night, Bel Vino Winery
7-11 p.m.	Haunted Masquerade Ball, Fazeli Cellars
SATURDAY, NOV. 2	
11 a.m. to 5 p.m.	Craft Faire, Maurice Car'rie Winery
Noon to 4 p.m.	Live Music, Sweet Mischief, Bel Vino Winery
12:30-3 p.m.	Live Music, Charles Sacayan, Carol's Restaurant at Baily Winery
1-4 p.m.	Live Music, Gil Guillen, Avensole Winery
1-5 p.m.	Live Music, Desert Rose, Danza del Sol Winery
1-5 p.m.	Live Music, Jillian Calkins, Fazeli Cellars
3:30-5:30 p.m.	Happy Hour, Vineyard Rose, South Coast Winery
6-9 p.m.	Live Music, The Counterfeits, Miramonte Winery
6-9 p.m.	Live Music, Robert Simon, Avensole Winery
6-9 p.m.	Live Music, Shoot 4 Tuesday, Lorimar Winery
6-10 p.m.	Live Music, Full Effect, The Inn at Churon Winery
SUNDAY, NOV. 3	
10 a.m. to 5 p.m.	Harvest Festival, De Portoa Wine Trail
11 a.m. to 2 p.m.	Brunch Specials at Meritage Restaurant, Callaway Winery
11 a.m. to 5 p.m.	Craft Faire, Maurice Car'rie Winery
11:30 a.m. to 2:30 p.m.	Dog Day Sundays, Carol's Restaurant at Baily Winery
Noon to 4 p.m.	Live Music, Common Ground, Bel Vino Winery
1-4 p.m.	Live Music, Michael LeClerc, Europa Village
1-4 p.m.	Live Music, Rocky J. Norris, Avensole Winery
1-4 p.m.	Live Music, Hlndr, Lorimar Winery
1-5 p.m.	Live Music, Corey Clark, Danza del Sol Winery
1-5 p.m.	Live Music, Wayne Trabelsi, Fazeli Cellars
2-5 p.m.	Live Music, Helena Holleran, Cougar Vineyard and Winery
3:30-5:30 p.m.	Happy Hour, South Coast Winery
6-10 p.m.	Rhythm on the Vine, David Benoit, South Coast Winery
UPCOMING	
Nov. 2 sees Vindemia Winery host Superchef Drew Deckman from Ensenada who will be grilling a four-course meal paired with their estate wines, live music and more. RSVP to <a href="mailto:wineclub@vindemia.com">wineclub@vindemia.com</a> or call Vindemia for more questions.	
Nov. 17 is Masia de la Vinya's Wood Burnish Workshop at 11:30 a.m.	
Nov. 20 is Cougar Winery's Craft Night from 4-6 p.m.	

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