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Fallbrook & Bonsall

**Local gardens** on tour





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www.VillageNews.com

# **County holds** community meeting to prioritize Fallbrook issues

Cari Hachmann Staff Writer

San Diego County officials joined Fallbrook community members Thursday, April 11, at the first Fallbrook-county Revitalization Committee meeting at the Fallbrook Public Utilities Department.

County Supervisor Jim Desmond announced the meeting as a way to bring public resources to the unincorporated area of Fallbrook.

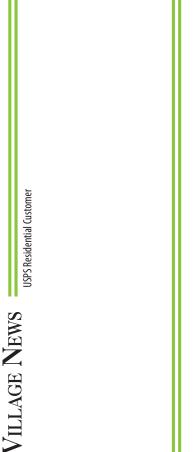
Shaina Richardson, community liaison and policy aide for the county, said the meeting was a success and representatives heard a lot of important issues and goals from the community.

"Overall, it was a great first step in establishing this program. We're really excited to see where this will go," Richardson said. "There are many community organizations and efforts working hard for the betterment of Fallbrook and Bonsall. Our Revitalization program is meant to support the good work they are already doing by providing a structure for County resources to connect and coordinate with community organizations and leaders."

see MEETING, page A-8

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# Avocados shine at festival



Linda Commuso receives her chips and guacamole during the 33rd annual Fallbrook Avocado Festival, April 14.



lackson Pate, 7, winner of the Avo Cari Hachmann photo 500 Final Race, poses with his trophy and winning avocado race car after the awards ceremony.



Shane Gibson photo An Avocado Festival guest displays her affinity for avocados during the annual Fallbrook event on Main Avenue. For more photos from festival, see page C-1.

# Military widows fight for fair benefits in Congress

Cari Hachmann Staff Writer

Michele Linn was 27 years old when her husband was killed in combat in 2003 serving in the U.S. Marine Corps. Their only child had just turned 1 year old. Linn said it was a horrible time in her life. Each day after his death, she awoke to a fog and confusion, at times losing track of space and time. Linn had nightmares and said she couldn't think straight for years.

Now the 43-year-old Bonsall woman is struggling to raise her 16-year-old daughter on her own.

She is one of thousands of surviving military spouses speaking up across the country about an offset that they said has left them without the financial security they were promised.

The discrepancy is between two separate military benefit programs.

One is the Survivor Benefit Plan, provided by the Department of Defense, and the other is the Dependency Indemnity Compensation, given by the Department of Veterans Affairs.

Linn explained that the survivor benefit plan is an insurance annuity that military members pay into on a monthly basis, and the benefits are meant to kick in to help their family survive if they die.

But due to the offset, a military spouse can't receive both benefits at the same time.

'There's a loophole," Linn said. "If you are receiving the DIC benefit, they are going to take away a dollar



From left, Michele Linn, 43, of Bonsall and Melanie Meluat, 36, of Fallbrook both lost their U.S. Marine husbands to war in Iraq. Now struggling to support their families, the military widows are among 65,000 other surviving spouses petitioning across the country to end the Survivor Benefit Plan -Dependency Indemnity Compensation offset, which they said denies them military survivor benefits in full.

for dollar of your SBP annuity. That means all of the money a spouse paid into SBP just gets usurped by the government and it doesn't reach the family, leaving most of us with zero dollars for SBP," she said.

There are currently two companion bills in Congress, Senate Bill 622 and House Resolution 553, that if passed, would fix the offset, Linn said, allowing surviving spouses to receive both benefits

"My husband served for nearly a decade in the U.S. Marine Corps," Linn said. Her husband, Aaron White, died in Iraq just two days after their only daughter's first

Linn said White paid into his survivor benefit plan for 10 years, yet now, she has no idea where the money went, because it's not going to their family.

"Every year, we try to get this fixed, but it only affects 65,000 citizens in America. Our voice isn't big enough," she said.

Linn isn't the only local family affected by the offset.

Fallbrook military widow, Melanie Meluat, said she was never even told about her possible

see WIDOWS, page A-8

#### Don Dussault Park, revitalization committee allocated **CDBG** funding

Joe Naiman

Village News Correspondent

The projects selected for 2019-2020 Community Development Block Grant funding include Phase III of the Don Dussault Park improvements and costs of the Fallbrook Revitalization Committee.

The San Diego County Board of Supervisors voted 5-0, April 9, approved the plan and authorized the acceptance of the funds expected to be awarded. An additional recommendation directed the county's chief administrative officer to review the list of alternative projects to see if funding might be available from the CDBG program or from other sources. The allocations include \$303,120 for Don Dussault Park and \$10,714 for eight revitalization committees including the one which will be created for Fallbrook.

Community Development Block Grant projects are intended to revitalize lower-income communities. The proposals were selected based on criteria which include benefit to lowerincome residents, health and safety considerations, the ability to leverage block grant funds into additional revenue and availability of alternate funding sources. The allocations are based on 2019-2020 entitlement figures from the U.S. Department of Housing and Urban Development, which provides funding for the programs.

The supervisors allocated \$681,680 for the Don Dussault

see CDBG, page A-8

## **DNA** analysis takes center stage at McStay trial

Jeff Pack Writer

The murder trial of Charles "Chase" Ray Merritt, accused of killing the McStay family, Joseph, Summer and their two young boys who lived in the Lake Rancho Viejo housing development east of Interstate 15 in Fallbrook resumed Tuesday, April 9, in San Bernardino Superior Court.

Kathy Sanchez, the cousin of Summer McStay, was called by Merritt's defense team to testify April 9.

Sanchez, who is Summer McStay's cousin, testified about going to the McStay residence in Fallbrook with Summer's mother and Susan Blake, who is Joseph McStay's mother, to clean the house in spring or summer 2010.

Sanchez testified that she thought she had cleaned off a palm print she found on the outside of a kitchen window, but after a review of a transcript of her interview with detectives, she changed her testimony.

Sanchez also testified to seeing a futon cover that was falling apart, and she said it looked as though it had been shrunk in the washing machine after it was washed by Blake.

She testified that she was not able to put the covers back onto the futon.

In cross-examination, Sanchez admitted that it had been so many years after the date they did the cleaning, she couldn't

see MCSTAY, page A-9

### ANNOUNCEMENTS

#### Join Miss Bonsall for one of the biggest cleanups of the year

BONSALL - The community is invited to help clean up Bonsall Saturday, April 27, from 9 a.m. to noon. The Bonsall site is part of the greater San Diego County 17th annual "Creek to Bay Cleanup" day. Meeting point is the Bonsall Community Church, 31552 Old River Road, in Bonsall.

Last year, they had 6,464 volunteers come out to 116 sites countywide and remove 145,622 pounds of litter and debris. Instead of turning a blind eye to the abundance of litter found in the community, volunteers channel their passion into action for San Diego County's environment to protect and enhance it.

Contests available this year include Sony Photo Contest and Bling Your Bucket Contest. Participants must bring their own buckets. Scout patches will also be available for any participating troops after the event.

Registration is now open at www.CreektoBay.org,or email the Miss Bonsall site captain for details and a waiver and entry form at missbonsallpageant@ gmail.com.

Submitted by San Diego County.

#### Recovery program offered for food addicts

FALLBROOK - Anyone who is having trouble controlling the way they eat can get help in Fallbrook. Food Addicts in Recovery Anonymous is a free 12-step recovery program for anyone suffering from food obsession, overeating, undereating or bulimia. Meetings are held Wednesdays at 6:30 p.m. at

the Boys and Girls Club, 445 E. Ivy St, in Fallbrook.

For more information or a list of additional meeting locations, call (781) 932-6300, locally at (925) 980-5558 or visit www. foodaddicts.org.

Submitted by Food Addicts in Recovery Anonymous.









#### Bendel to showcase Antique Hats at Britannia Connection luncheon

FALLBROOK - Britannia Connection Inc. announced their upcoming meeting and luncheon Thursday, April 25, where women of either British or Commonwealth heritage, or those with a strong interest in British culture, gather for friendship, fun and philanthropy.

BCI member Jayne Bendel will display part of her antique hat collection and would love to see members and guests wear their own hats for this meeting. All interested ladies are invited to wear their favorite hat as the best hat will win a prize.

BCI meetings are held the last Thursday of the month at The Golf Club of California, 3742 Flowerwood Lane, in Fallbrook. Meet and greet starts at 11 a.m. with coffee and tea available. The official meeting, including the presentation, begins at 11:45 a.m. and a hot lunch with dessert follows the meeting. The cost is

For more information and reservations, call Vanessa Caldwell on (208) 871-9644 by 5 p.m., Saturday, April 20.

BCI is a registered nonprofit and holds fundraisers throughout the year with proceeds going to local charities. Past donations have benefited the Fallbrook Animal Sanctuary, Fallbrook Food Pantry, Fallbrook Wounded Warriors, Fallbrook Senior Center, Fallbrook Marching Band, SSNAAPE and the Foundation for Senior Care.

Submitted Britannia Connection

# **Fallbrook Community Center hosts**

FALLBROOK – Fallbrook Community Center is hosting a blood drive in partnership with the San Diego Blood Bank Thursday, April 25, from 12:30 pm to 5:30 p.m. in their parking lot at 341 Heald Lane in Fallbrook.

Anyone 17 and older, who weighs at least 114 pounds and is in good health may be eligible

Merrill Lynch

before donation. All donors must show picture identification. an appointment to donate, but walk-ins are welcome.

To schedule an appointment or for more information, visit www. sandiegobloodbank.org or call (800) 469-7322.

Life's better when we're connected

# blood drive with San Diego Blood Bank

Donors are encouraged to schedule



#### FWC donates to local groups, to install officers

FALLBROOK - The Fallbrook Woman's Club presented donations to a host of groups in support of the Fallbrook community, April 9, at the regular luncheon meeting at the FWC clubhouse on West Mission

A representative of each group was on hand to explain how each donation would be applied within the nonprofits. Benefiting from the funds raised by the FWC were the Fallbrook Animal Sanctuary's spay and neuter efforts, REINS therapeutic horseback riding program aiding people with problems such as autism spectrum disorder and cerebral palsy, the Fallbrook Senior Center's homebound meals, the Fallbrook Citizens' Crime Prevention Committee's GANAS youth mentoring program, the Fallbrook Land Conservancy maintenance works, Our Fallen Soldier veterans support and the North County Fire Protection Explorers' program. Each group received \$500.

The Friends of the Fallbrook Library received \$100, and PTSA, a Fallbrook High School group that helps homeless students, received \$500. FWC also funded three \$1,000 scholarships.

The recent annual Attic Sale was one of the most important fundraising events this year, and FWC said they are grateful to all who donated items, volunteered to help or purchased items.

The Fallbrook Woman's Club meets at 11a.m. on the second Tuesday of each month except July and August and hosts a variety of activities to support community organizations and student scholarships while offering opportunities to learn new skills and make new friends.

Guests and prospective members are encouraged to get involved with this group. To learn more about the club, call Barbara Judd at (760) 722-3435 or visit www. fallbrookwomansclub.org. The next luncheon meeting will be Tuesday, May 14. New officers will be installed.

Submitted by Fallbrook Woman's



Join us and discover the amazing love & hope Easter brings to your life!

6:30 a.m. — Outdoor Sunrise Service 8:30 a.m. — Traditional Easter Service 10:30 a.m. — Contemporary Easter Service 6:00 p.m. — THE BROOK Outdoor Sunset Service

7:30-10:00 a.m. — Pancake Breakfast • 5:00 p.m. — THE BROOK Easter BBQ

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## LOCAL

# Children find eggs and horses at Spring Hop



Christopher Faustina, 2, of Spring Valley runs with his egg and spoon at the fourth annual REINS Spring Hop Egg Hunt April 13, as children and families joined in numerous Easter-themed activities.



Brothers Shane Fortmeyer, 4, left, and Justin Fortmeyer, 5, look sharp as they pose for a picture in front of the Easter Egg Hunt sign at REINS horse ranch.



Sisters Harper Firnhaber, 2, left, and Kinsley Firnhaber, 5, of Temecula race to the finish line at the Egg and Spoon Race at a REIN's Easter celebration.



Harper Hilken, 4, carries her basket of eggs wearing a lovely Batman dress.



Warner Trimble, 4, and Xarianna Cari Hachmann photos Henson, 5, take turns petting a horse at the REINS Spring Hop Egg Hunt in Fallbrook.



Lilyanne Kaschak, 2, fishes for ducks at REINS Spring Hop Egg Hunt.

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# Winners announced for 14th Annual Art of the Avocado competition Sponsored by Fallbrook Propane Gas Co.

#### 2-Dimensional Category

First place "The Bird-Friendly Village of Fallbrook (with guac on the side)" Hajime Ohno, Fallbrook

Second place "Fallbrook Heaven" Joan Boone, Fallbrook

Third place "Will The Avocado Seed Hatch" Rikki Reinholz, Carlsbad

#### **3-Dimensional Category**

First place "Lou.T.Cado" Lou Taucher, Valley Center

Second place "Guardian Of The Grove" James Farrant, Huntington Beach

Third place "Dos Avocados" Kimberly Voge, Corona

#### **Photography Category**

"Cashie's Avocado Eyes" -Aunjelique Andersen, Fallbrook

Merrill Everett Memorial Award "Linda Vista" - Noel Glaser, Fallbrook

George Bamber Memorial Award "Grab A Spoon!" - Jan Greenwald, Fallbrook

Chamber's Pick "Painter's Block" - Debbie Forbes. Fallbrook

Honorary Mayor Award "El Mercado" - Danny Martinez,

Avocado Festival Chairman Award "On A Pedestal" - Madhuri Jarwala, San Diego

Brandon Gallery Director's Award "Avocado & Polka Dots" - Vicki Pedersen, Riverside

Holy Guaca-Moly Award "Ta-Da" - Gabriella Rodriguez, Oceanside



Art of the Avocado winners at the awards reception are, from left, Debbie Forbes, Fallbrook Chamber's Pick; Hajime Ohno, first place 2D Category; Daniel Martinez, Honorary Mayor Award; Rikki Reinholz, third place, 2D Category; Joan Boone, second place, 2D Category; Noel Glaser, Merrill Everett Memorial Award; Madhuri Jarwala Avocado Festival Chairman Award; Kimberly Voge, third place, 3D Category, and Lou Taucher, first place, 3D Category.

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Village News 760723-7319

**Come Celebrate the** Resurrection of Jesus at Fallbrook **United Methodist Church!** 

Join us on Good Friday April 19th for the Stations of the Cross moon to 7:30pm in the Sanctuary (A self directed worship experience)

#### **Easter Sunrise Service**

7:00 a.m. in the Amphitheater (Dress according to the weather)

#### Easter Breakfast

Fundraiser for our Scholarship Fund) 8:00-9:30 a.m. **Donation Requested:** \$7/adults, \$3/children under 12

**Easter Worship Celebration** 10:00 a.m. in the Sanctuary

**Easter Egg Hunt** (Children under 12)

11:15 a.m.

Fallbrook United Methodist Church 1844 Winterhaven Rd., Fallbrook (760) 728-1472

Corner of Winterhaven & Green Canyon



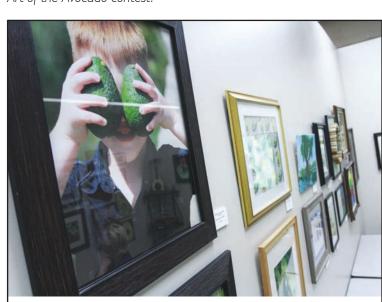
"Where's the Guac" by Jan Greenwald is an entry in the 3D category.



"Lou.T.Cado" by sculptor Lou Taucher is the first place winner in the 3D category in the Fallbrook Art of the Avocado contest.



Various avocado inspired artwork is on display at the Fallbrook Chamber of Commerce, done by artists participating in the annual Art of the Avocado contest.



"Cashie's Avocado Eyes," left, by Aunjelique Andersen Shane Gibson photos is the winner of the photography category award in the Fallbrook Art of the Avocado contest.



# Guests treated to USO dinner show



Fallbrook Chorale members pose in period costume for their WWII USO Canteen and Dinner Show fundraiser, March 30.



Guests at the USO show include, from left, Rick and Janny Ligtenberg, Richard Kidwell (kneeling), Mary Williams, Ruth Watto and Judy Ambrose.

#### "Best of Enemies:" best film of the year thus far

Ian Murdock

Special to Village News

Based on a true story surrounding school desegregation in 1971 North Carolina, "Best of Enemies," starring Taraji Henson and Sam Rockwell, brilliantly and emotionally portrays those extremely heated and controversial times.

After an unexplained or inexplicable event, Rockwell, who is the leader of the local Klu Klux Klan, and Henson, who is a local black activist, are cleverly forced to face each others viewpoints and demons. Simply divine writing of this nature engrosses the viewer throughout the film.

Henson's gritty, fiery and deeply passionate performance is juxtaposed by Rockwell's somewhat ironically mild mannered but seemingly entrenched racial biases and belief systems – while the writer, step after clever step, uncovers both of their caring human sides. Equally memorable, though smaller performances by Rockwell's wife, played by Ann Heche, and the mediator, played by Babou Ceesay, add more glitter to this already shining gem.

An absolutely divine musical soundtrack fills the air throughout the film, as "conflict and compromise" evoke anger, empathy and, most of all, the hope of progress.

After last year's top Oscar contenders - "The Wife" being my favorite by far - were filled with great acting, but plots that just seemed flawed in one area or another, "Best of Enemies" eclipses all of them, delivering a deeply heartfelt and multifaceted storyline with acting, music and wardrobes that left the audience breathless.

You know you have witnessed an all-time great film when wordless character expressions can send shivers down your spine. Such is the case with this priceless piece of work.

\*\*\*\*1/2/\*\*\*\*

# Sanchez placed on Valley League first team

Juarez, Kendall, Aguila, Hernandez, Montoya on second team

Joe Naiman

Village News Correspondent

Six of Fallbrook High School's wrestlers were given all-league recognition by the Valley League coaches including junior Kevin Sanchez, who was placed on the league's first team.

The second team included sophomore Uriel Juarez, sophomore Matthew Kendall, freshman Ethan Aguila, junior Carlos Hernandez and junior Javier Montoya.

"They were all neck and neck with every single team this year," Fallbrook coach Cristian Vera said of his all-league wrestlers.

Escondido and Ramona shared the 2018-2019 Valley League wrestling championship with one loss apiece. Valley Center had two losses, including one to Fallbrook by two points. The Warriors lost to Orange Glen and San Pasqual high schools as well as to Escondido and Ramona high schools, but Fallbrook forfeited at least one weight class in all meets and two weight classes against Orange Glen and San Pasqual.

This year the league competition was pretty intense," Vera said.

Sanchez, who received firstteam honors for the 126-pound weight bracket, had a 5-0 record in league meets.

"Kevin has done everything that a coach could ask for. He's wrestled at a high caliber all year," Vera said. "He represented us very

Kendall was selected for the 140-pound weight class and had

a 4-1 record in league dual meets. Aguila also had a 4-1 league record and was named the secondteam wrestler for the 145-pound bracket which included Ramona senior Jeff Ramsthaler, who placed second in the CIF San Diego Section's all-division masters tournament to qualify for the state meet and seventh at the state meet to qualify for the national tournament. Hernandez was given second-team designation for the 195-pound division and was also 4-1 in league matches.

Juarez was named to the second team as a 132-pound wrestler, but he also competed in 138-pound bouts during the league season. He was 3-2 against league opponents, losing once at the 132-pound level and once to a 138-pound opponent.

FALLBROOK - The Fallbrook Chorale held their annual fundraiser March 30 in the activities center at SonRise Christian Fellowship. This year's theme was a World War II USO Canteen and Dinner Show and it was sold out.

Guests were treated to a delicious tri-tip dinner and lots of fun music from the 1940s, along with the Chorale members in period costume. A great time was had by all.

Their Spring Concert, "Broadway's Biggest Hits," will be held Saturday, June 1, at 2 p.m. in the main sanctuary at SonRise Christian Fellowship. Tickets will be available soon at Major Market and online at www. fallbrookchorale.org.

The Fallbrook Chorale is a nonprofit entity.

Submitted by the Fallbrook



The Fallbrook Chorale performs in its sold out WWII Courtesy photos USO Canteen and Dinner Show at SonRise Christian Fellowship.

#### Ticks test positive for tularemia, first detection in county this year



Several ticks along Lopez Canyon Trail in Sorrento Valley have tested positive for tularemia, also known as "rabbit fever," a bacterial disease potentially dangerous to humans.

Gig Conaughton

County of San Diego Communications Office

Several ticks trapped in routine monitoring along Lopez Canyon Trail in Sorrento Valley have tested positive for tularemia, prompting San Diego County Vector Control officials to urge people to remember to protect themselves and their pets when hiking.

The best way to do that, county officials said, is to start by wearing insect repellent, proper clothing and by using insect control products on their pets that kill fleas and ticks.

Tularemia, also known as "rabbit fever," is a bacterial disease. Tularemia can be successfully treated with antibiotics, but it can make people seriously ill and even kill them. It can be found in San Diego County in wild hares, rabbits and rodents, but there hasn't been a reported case of a person infected with tularemia here since 2005.

The national Centers for Disease Control and Prevention says the most common way for people to be exposed to tularemia is through the bite of infected ticks. The ticks feed off infected animals and pass

it on to people by biting them when people and pets hike or walk through grassy backcountry areas, on trails and in the wild.

The ticks trapped along Lopez Canyon Trail are the first reported finding of tularemia in the county this year, although county Vector Control found numerous infected ticks there last year as well.

The county's Vector Control Program monitors the population of vectors - animals like ticks, rodents and mosquitoes – that can transmit diseases to people.

Ticks are tiny, eight-legged parasites related to spiders. They crawl out on leaves and vegetation and extend their hooked front legs to latch onto passing animals and people, then bite and feed on blood. Ticks have been known to carry other diseases in addition to tularemia, including Lyme disease and spotted fever illnesses, although tick-borne diseases are rare in San Diego County.

County public health officials said anyone who is bitten by a tick should not panic but carefully remove it. They said if a person develops a rash or fever within several weeks of being bitten they should see a doctor, tell them about the tick bite, when they were bitten and where they think it happened.





#### Fallbrook Pregnancy Resource Center to host western style Hats in the Garden

FALLBROOK - Fallbrook Pregnancy Resource Center will host the fifth annual Hats in the Garden, a fun, fanciful tea and silent auction, May 4. Funds raised at the event will help furnish the new free primary care medical clinic opening soon at FPRC offering limited pregnancy services along with their traditional educational programming.

Last year 42 babies were born to moms in their programs and 450 educational classes were offered where over 2,676 free resources were provided such as diapers, formula, baby furniture, strollers, high chairs, etc.

The speaker at this year's Hats in the Garden is Rachel Anne Ridge, an artist, writer and donkey wrangler from Texas. Ridge will share how adopting a stray donkey named Flash has taught her about life, faith, second chances and rediscovering her purposes in the midst of everyday life.

Small Town Kitchen, new to Fallbrook, will cater the tea bringing a western flair to this year's Hats in the Garden. All hats are welcome and cowgirl hats and boots are encouraged.

The tea and auction will be hosted from 11a.m. to 2 p.m. at the Fallbrook Community Center, 341 Heald Lane. Cost is \$25 per person with children 10 and under free. Reservations include lunch and an auction number. Tables seat eight and sponsorships and underwriting are available. Groups are welcome. Seating is limited so early registration is encouraged.

Auction donations are appreciated and will be accepted until April 26. Items already donated include (but are not limited to) original art and handwork from local artists and shops, enchanting gift baskets and gift certificates featuring tea, coffee, chocolate, wine, literature, beauty, cooking, family fun, photography, home

décor, collector items, theater, holidays, health and of course hats!

Guests can shop ahead for birthdays, anniversaries and holidays. To donate an auction item or to make a reservation,

contact Carolyn Koole at (760) 728-4105 or email her at carolyn@ fallbrookprc.com.

Submitted by Fallbrook Pregnancy Resource Center.



Rachel Anne Ridge, guest speaker for Hats in the Garden, will talk about what she has learned from her adopted donkey.

#### Superintendent search down to semi-finalists

Cari Hachmann

Staff Writer

A search for a new superintendent to oversee the Fallbrook Union High School District is down to semi-finalists, according to board President Diane Summers.

A meeting will be held Saturday, April 27, on the high school campus for select community members and the FUHSD board to interview the final candidates.

Community members invited will come from a variety of backgrounds, Summers said. They will have a chance to ask the candidates questions along with

Summers couldn't say how many semi-finalists there are but said the search has been narrowed down from a pool of 26 candidates.

"The right person will emerge," Summers said.

She said she felt good about the chosen recruits and praised the consultants for their positivity throughout the process.

"The energy with the board is good. We are doing everything by the book," she said.

The FUHSD board hired consultants McPherson & Jacobson, partners with the California School Boards Association, to conduct the state and nationwide search for qualified candidates.

The California School Boards Association is an organization that provides districts and county offices of education with a streamlined process for hiring, from recruiting possible candidates to the selection of a superintendent. CBSA's focus is on recruiting

candidates from a pool of superintendents and experienced educators in California, whereas other search firms recruit for private and business sector positions.

The Fallbrook Union High School District Board of Trustees said they hoped to install a new and permanent superintendent by May 6.

Current interim superintendent Lou Obermeyer, Ph.D., started work Jan. 7 and only planned to lead the district through the end of March.

Summers said the board has recently held its stakeholder meetings that involve staff, students, parents and community members for people to voice what they are looking for in a new superintendent.

"The consultants vetted and they gave us the semi-finalists," Summers said. "We are running out of time and we want to get somebody in. We should know by our first meeting in May."



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Sr. Accountant

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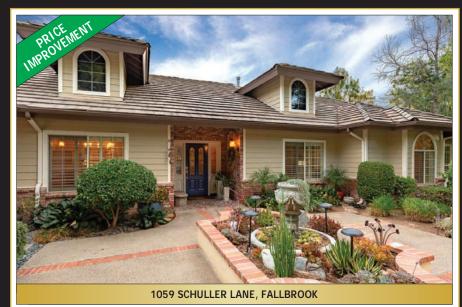


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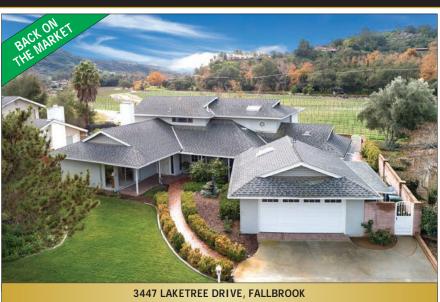
3,061 sq ft single story home with 3 bedrooms and 2.5 baths. Home enjoys 1.1 acres of mature water efficient trees and colorful landscape. Home features oversized 2 car garage with dedicated guest parking as well as an oversized drive with additional parking. Interior has been updated. Fresh paint inside and out. Seller has meticulously maintained the home and landscaping.

> Seller will entertain offers between \$750,000 & \$820,000



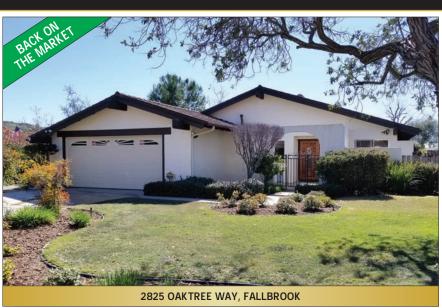
2,500 g ft 3BD, 3BA with 2 car garage, carport and work b op is on b wer and is tuated at the end of a quiet cul-de-a c on .5 acre. This his oric early Fallbrook home was built in 1887. Veranda porch on 3 is des of the home, 12 ceilings, original hardwood floors, 2 ornate wood burning pot belly stoves, 2 claw foot tubs **p** acious rooms new roof, newer HVAC, new hot water heater, pool, room to garden and more.

> Seller will entertain offers between \$575,000 & \$650,000



This country charmer backs up to the Monserate Winery and is sure to go up in value once the tasting room and restaurant are built. All the romance of owning your own vineyard without the cost, headaches or farmer's hours. This 2,799 **q** ft. 3BD, 3.5BA cus om built home lives like a single story with a gues so ite on the 2nd floor. Master suites on both 1st & 2nd floor. Buy a home that will be easy to update over time or all at once. Charm never goes out of \$ yle.

> Seller will entertain offers between \$575,000 & \$640,000



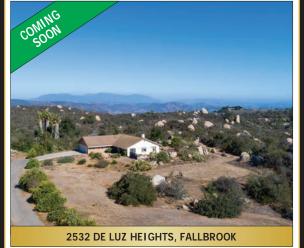
1,600 sq ft single story home with 3BD and 2BA and a 2 car garage with a peek of the Monserate Winery Vineyard. Quiet location down a cul de sac lane. Backyard has 2 patios. One off of the family room and the other w/access to the master. Family fruit trees in the yard. Small side-yard for family pet. Home features a fireplace in the family room. Fresh paint inside and out. Home is clean and move in ready. Home enjoys Bonsall School District.

> Seller will entertain offers between \$450,000 & \$520,000



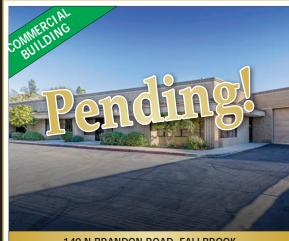
2,600 g ft single story with 3 bedrooms 2.5 baths, fireplace, 2 hobby rooms, wine cellar, obe rvatory and overeized 3 car garage. Vaulted ceilings cus om built in cabinetry, overs zed rooms Big open great room kitchen and family concept. Chefs entertainment kitchen with dining bar that seats eight, overlooking the magnificent views to Rock Mountain and the Santa Margarita River Valley. All is tting on 3 very private acres

Seller will entertain offers between \$665,000 & \$735,000



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#### *MEETING*

from page A-1

Close to 100 people attended the 9 a.m. meeting, as 16 representatives from various county departments arrived to hear from locals about their concerns and priorities for

Local Realtor Roy Moosa, who runs Fallbrook's revitalization committee meeting the first Thursday each month, said he thought the event was successful and the public was appreciative.

"Everyone was impressed by the fact that the county was reaching out to the community because they were not used to that in the past,' Moosa said. "Our hope is that this will be continued, so we will be able to work on our projects with the county's help and get things done much faster.

The joint meetings are planned to be held twice a year in Fallbrook; however, as a result of the meeting, new committees were established that will meet once a month to address issues of local concern and report them back to county officials.

Lisa MacDonald, CEO of Fallbrook Chamber of Commerce, said with the county's help, four committees were created: Housing, Infrastructure, Public Health and Public Safety.

MacDonald said the committees were created to better organize and prioritize the many issues residents brought up at the meeting, from homelessness to road and sidewalk repairs to the possibility of a local skate park.

"This was a great way to get everybody at the same table and prioritize what we as a community think is most important,' MacDonald said.

Resident participants were asked to put stickers by a list of issues they felt were should be addressed first. The county recorded the information and planned to use it for future projects, they said.

MacDonald said no issues were solved at the meeting, but the committees were put together in preparation for the next meeting, which will be held Sept. 17 at Fallbrook Public Utilities District, 990 E. Mission Road.

A few of the issues brought up were: homelessness, fixing sidewalks, repaving certain streets and things relative to downtown including slowing down traffic, encouraging more businesses to open up and the possibility of a public restroom, since there isn't one available.

Moosa said locals were given the opportunity to join committees that addressed issues about which they felt passionate.

"I put my name in for infrastructure, because I'm interested in slowing traffic down and the homeless issue," Moosa said. "I have a feeling I'm going to be involved in all of them."

Moosa said he told county representative Shaina Richardson that if she needs a catalyst to keep the committees moving, the Fallbrook Revitalization Committee would be happy to do it.

"My fear is if you leave things alone, they will fall apart. Some group has to override it and make sure it keeps moving and produces results," Moosa said.

#### **CDBG**

from page A-1

Park improvements, a sidewalk project in Lincoln Acres, and disabled access improvements for Ramona Town Hall. An additional \$2,333,640 was earmarked for eight regional projects including housing projects and the revitalization committees throughout the county. The CDBG allocations also include \$667,000 for planning and administration. The county also administers the CDBG program for six incorporated cities as well as for the unincorporated area and for regional projects.

Although the projects will likely be exempt from California Environmental Quality Act review, the federal funding makes them subject to National Environmental Protection Act review which could include a finding of no significant impact.

Don Dussault Park is a 3/4-acre recreational facility off Alturas Road near the intersection of Aviation Road. The planned improvements were divided into phases for funding reasons. Phase I, which was constructed in 2014, included the replacement of the children's playground structure with one meeting Americans with Disabilities Act standards, a new tot lot, a picnic shade pavilion, ADA-compliant parking stalls, ADA-accessible exercise stations placed intermittently along an ADA-accessible path, perimeter fencing, irrigation, picnic tables, a barbecue and a drinking fountain.

The 2018-2019 CDBG allocations included \$302,945 for the Phase II improvements at Don Dussault Park. Phase II is expected to include an adult outdoor exercise area, picnic areas with tables, additional paths meeting ADA standards, additional security lighting, landscaping and irrigation. The Phase II improvements are now officially considered speculative because the actual improvements and their locations have not yet

been designed. A construction contract will be awarded after the design and environmental review work has been completed.

Phase III will include a playground structure for children between the ages of 5 and 12, perimeter fencing, additional paths meeting ADA standards, security lighting, landscaping and irrigation. The Phase III improvements are expected to be complete in June 2020.

"Very pleased to be able to move forward on that project," Department of Parks and Recreation Director Brian Albright

In February 1996, the board of supervisors activated a community revitalization program for several unincorporated communities in San Diego County. The committees include regular meetings, coordination of community resources and direct connection to county staff and resources. After the committee establishes goals committee members work with county staff to achieve those goals based on available resources.

Community revitalization committees are currently active in Alpine, the East County backcountry, Lakeside, Ramona and Spring Valley. A March 12 board of supervisors' vote directed the county's chief administrative officer to establish and activate revitalization committees for Fallbrook, Valley Center and Borrego Springs.

The \$10,714 CDBG allocation for the revitalization committees includes \$714 for environmental review.

"These will bring county resources to the community, Supervisor Jim Desmond said. "These communities don't have locally elected officials, so we want to make sure their voice is being heard."

The alternative list consists of 13 projects with a total estimated cost of \$4,133,976. The alternative projects consist of three regional projects, three Fallbrook sidewalk projects totaling \$1,320,000, three San Diego County Regional Fire Authority projects totaling \$195,000, a Ramona sidewalk, an asphalt overlay for the Ramona Senior Center, a Lakeside sidewalk and a Spring Valley sidewalk.

Although the official motion was to direct the chief administrative officer to review the entire list to determine if funding was available, the board of supervisors' discussion focused on the San Diego County Regional Fire Authority projects.

"They depend on us 100%," Desmond said. "I'd like to see that they are taken care of."

One of those county Fire Authority projects would purchase security boxes to allow fire and emergency response vehicles to enter residential and business gates with security boxes. The \$125,000 estimated cost would provide such security boxes for the DeLuz, Boulevard, Campo, Jacumba, Pine Valley, Potrero, Shelter Valley, Sunshine Summit and Warner Springs stations. A \$40,000 project would provide photovoltaic electricity systems for the Shelter Valley and Sunshine Summit stations. The purchase of an extractor and commercial dryer for the Boulevard station which would clean carcinogens from firefighter turnout gear has a \$30,000 cost estimate.

The alternative list project which would design and construct approximately 600 feet of sidewalk including curbs, gutters, and pedestrian ramps along the north side of West Aviation Road between South Mission Road and South Main Avenue has a \$550,000 cost estimate. The design and construction of approximately 450 feet of sidewalk from 229 West Alvarado Street to 111 West Alvarado Street has an expected price of \$430,000. Design and construction of approximately 230 feet of sidewalk between 410 Ammunition Road and 420 Ammunition Road has an anticipated cost of \$340,000.

A citizen request to fund a Street to Success Program in Fallbrook was deemed not to be an eligible project.



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#### **WIDOWS**

from page A-1

Survivor Benefits Plan after her husband was killed in Iraq in 2004. Meluat's husband was U.S. Marine Jaygee Meluat, who died on their daughter's third birthday, 21 days before he was scheduled to come

The 36-year-old mother said she just found out that she could be receiving these payments, because her husband paid into it, as all military members do.

Now she believes she may be owed 14 years' worth of back payments.





[left] U.S. Marine Staff Sgt. Aaron White was killed in Iraq in May 2003, two days after his only daughter's first birthday. White was married to Michele Linn of Bonsall. [right] U.S. Marine Cpl. Jaygee Meluat was killed in Iraq in 2004 on his only daughter's third birthday and 21 days before he was scheduled to come home. Jaygee Meluat was married to Melanie Meluat of Fallbrook.

Numerous phone calls to government entities have led to her nothing but dead ends.

"I don't know why I am having to fight for this," Meluat said.

Linn and Meluat are not alone. In San Diego County, there are about 1,600 surviving military spouses like them.

There are many organizations designed to assist people like her, Linn said, but none of them address the daily needs of a surviving family.

Right now the women are part of a movement trying to get cosponsors for the two companion bills in Congress.

"The more co-sponsors we have, the more Congress becomes educated and, the likeliness of this offset being repealed snowballs into success," Linn said. "It's damaging lives."

The widows' goal is to help spread the word and engage more people to care.

"Nobody knows that this is happening," Linn said. "The presumption is that we, the surviving spouse, are taken care of for the rest of our lives. That's incorrect."

The military widow is denied about \$1,000 extra dollars a month that she could use to pay her bills. If the offset doesn't get fixed, Linn said she could lose her house.

"I've gone to food banks to get food for my child. Her school donated to us once. Sometimes I don't make the electric bill, and it gets turned off. I buy groceries at the beginning of the month when I get a paycheck, and when food runs

out, it just runs out." Linn works a part-time job as a personal assistant for a local author but said she is actively seeking more

work to supplement her income.

"I was a typical military spouse," she said. "After my husband died, I went back to college and earned my master's degree, but I have no relevant work history."

Linn said now that she is older, she is struggling to find a highpaying job, after making sacrifices to stay home and raise her daughter.

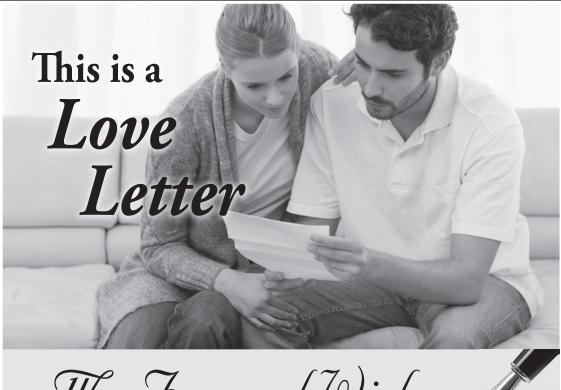
"It's extremely depressing and difficult," she said.

Meluat said her 17-year-old daughter, who attends Bonsall High School with Linn's daughter, was accepted into college at the University of Hawaii, but she is worried she won't be able to afford her tuition.

Meluat is back in school herself, taking classes at Palomar College for business and interior design. Each day, she said she is just trying to keep her head above water. She talked about the stress and financial hardship of raising her teenage daughter alone, not to mention the pain of losing her husband to war.

"I thought we were somehow supposed to be taken care of," Meluat said. "We don't expect America to totally take care of us... but our husbands gave their lives, and this is one of the benefits we are supposed to get. Why are they not giving it to us?"

If people want to get involved, Linn said they can call their local representatives and ask them to cosponsor the bills, S.B. 622 and H.R. 553. Use the capital switchboard number toll free at (866) 272-6622 to be connected. People can also visit www.change.org and sign the petition at http://chng. it/YzbZ6sNNhb. Find Linn on Instagram at "endthewidowstax."



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April 18, 2019 <u>www.VillageNews.com</u> / The Fallbrook Village News / **A-9** 



Chase Merritt is on trial for the deaths of the McStay family of Fallbrook after the family disappeared in February 2010.

Joseph McStay.

Department.

of murder.

At that point, the investigation

Investigators announced the

arrest of Merritt, Nov. 7, 2014,

and charged him with four counts

Investigators believed that the

McStays were killed at their home

and transported by Merritt to the

Prosecutors maintain that

greed was the basis for Merritt

committing the murders and have

stated they will be seeking the

Defense attorneys said that

investigators zeroed in on Merritt

early on the case and never looked

at anyone else. It is expected that

the defense will continue to point

the finger at another business

associate of Joseph McStay, Daniel

Kavanaugh, who the defense said

was overlooked by investigators.

Jeff Pack can be reached at

San Bernardino desert.

death penalty in the case.

was taken over by the San Bernardino County Sheriff's

#### MCSTAY from page A-1

be completely confident in her recollection.

The defense called Sgt. Ryan Smith regarding his interview with Sanchez and attempted to infer that Sgt. Smith had inserted his opinion into the report he made regarding the interview.

"Is it fair to say Miss Sanchez' statement didn't match the theory you had at the time?" the defense team asked.

"No, I believe Miss Sanchez' statement is that she didn't know and that's not really one way or the other," Sgt. Smith responded.

Later in the day, San Bernardino County Superior Court Judge Michael A. Smith spoke directly to the jury and alternates about discussions between jurors in the courtroom regarding testimony, the length of the trial and other trial-related subjects.

"Basically, you really shouldn't be discussing or speculating about any of that," he said. "The reason for that is, it may not seem like you're talking about the case itself or deciding things, but when you start talking about things like that, it can affect the way you look at the evidence."

The defense also called Senior DNA Analyst Christina Nash regarding the DNA evidence that her lab tested and indicated that on several items collected there was not enough DNA on the items to make a comparison to come to a conclusion on whose DNA was on the items.

The defense called forensic analyst Beatrice Pujols and Dr. Mark Perlin with CyberGenetics for testimony Wednesday, April 10, on the DNA samples collected in evidence.

"Just to be clear, all the match statistics from all five known samples are exclusionary in nature?" the defense asked.

"Yes, they are," Perlin responded.

"From a statistical comparison of probabilistic genotyping analysis, the DNA you're seeing is more likely to found in a random sample than any of the known samples?" the defense asked.

"Correct and with anyone to be compared with," Perlin said.

On cross-examination, the prosecution attempted to discredit the testing at CyberGenetics and highlighted the fees being paid to the company and Perlin.

Perlin came back Thursday, April 11, for more testimony and questioning from the defense team before the court was dismissed for the weekend.

The bailiff announced Monday, April 15, that court was canceled for the day with no explanation.

Court was expected to resume

Tuesday after press time.

The McStay family was last seen alive Feb. 4, 2010, and relatives reported them missing a few days later. Detectives thought initially that the family had gone on a trip and would return.

Over the course of the next two years, the case gained national attention with tips coming in from all over the United States and the world.

Then, in November 2013, the skeletal remains of the four family members were discovered in shallow graves by a motorcyclist in the Mojave Desert.

Records show that all four were beaten to death, most likely with a sledgehammer owned by

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Don't miss a beat on what is happening in Fallbrook, Bonsall, Pala, De Luz and Rainbow. Whether it is breaking news, local youth sports, or information on events and activities, you will find it quickly and easily at

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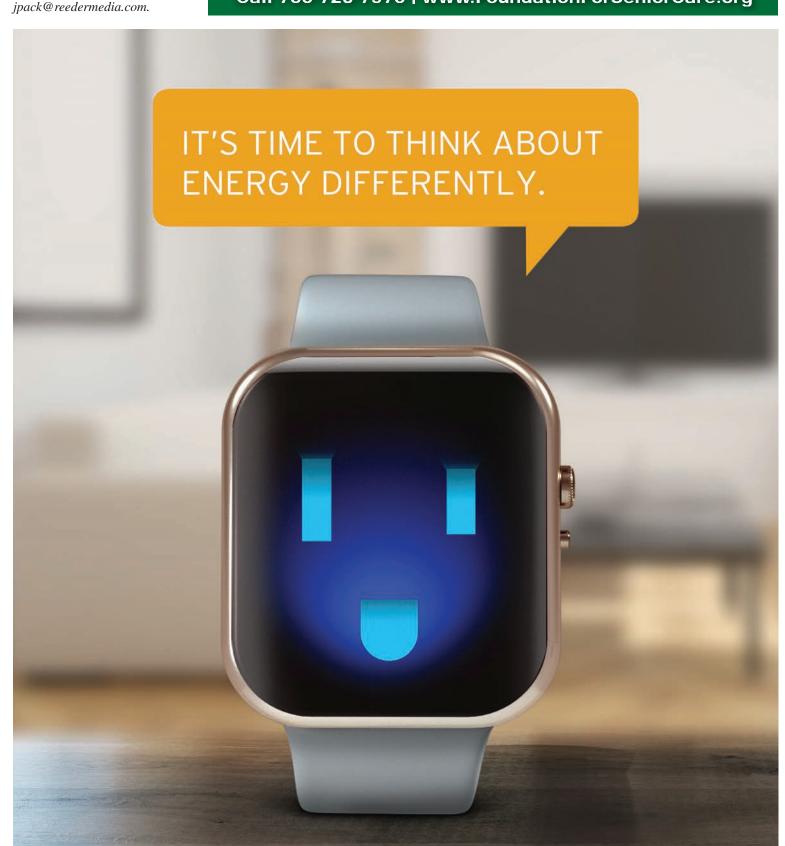
CLASS SCILLOCE I ON MAI AND JONE				
CLASS	DAY	DATES	TIME	COST
Smartphone & Tablet (Androids) Instructor: Irv Rudderow	Mon	5/13, 5/20, 6/3 6/10	9:30-11:30 AM	\$40
Ipad & Iphone Instructors: Bob Cebulski & Len Tevebaugh	Thurs	6/6 – 6/27	9:30-11:30 AM	\$40
Google Maps Instructor: Obie Weeks	Thurs	5/16	1:00-3:00 PM	\$10
Solving Spreadsheets Problems Instructor: Obie Weeks	Mon	5/13, 5/20	1:00-3:00 PM	\$20
Basic Computer File Management Instructor: Obie Weeks	Thurs	6/13	1:00-3:00 PM	\$10
Cutting The Cable Cord Instructor: Bob Cebulski	Mon	6/17	9:30-11:30 AM	\$10
Moving Photos From Camera To Computer Instructor: Russ Hatfield	Mon	6/17 & 6/24	1:00-3:00 PM	\$20

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Model code JZE-01 Limited Manual Transmission, MSRP \$30,212. See John Hine Temecula Subaru for complete details. For well-qualified applicants only. Cannot be combined with any other incentive. Offer



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\*Lease: \$1,755 total due at Signing. 36 months. 10k miles per year. \$0 security deposit. Code KFB-01 for well qualified applicants only. Tier 1 and 2. \*\*Financing: Well qualified applicants only. Tier 1 and 2. Cannot be combined with any other incentive. See dealer for full details. Offer expires 4/30/19.



\*Lease: \$3,999 total due at Signing. 36 months. 10k miles per year. \$0 security deposit. Code KCA-O1 for well qualified applicants only. Tier 1 and 2. \*\*Financing: Well qualified applicants only. Tier 1 and 2. Cannot be combined with any other incentive. See dealer for full details. Offer expires 4/30/19.

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# VILLAGE NEWS

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April 18, 2019 www.VillageNews.com Volume 23, Issue 16

# Mock crash leaves impact on Fallbrook students, families



Fallbrook High School students watch as first responders and participating students portray victims of a drunken driving accident.

#### Cari Hachmann

Staff Writer

The consequences of drinking and driving were the focus of a two-day program called "Every 15 Minutes," held at Fallbrook High School, April 3-4. Made possible through a grant from the California Highway Patrol, the program's goal is to reduce alcohol-related deaths among youth.

Presented only to junior and senior students, the program began in the 1990s when every 15 minutes a life was lost from a DUI-related crash. That number has since improved to every 50 minutes, California Highway Patrol Officer Mark Latulippe said.

"While that's an improvement, it is still unacceptable," he said.

Students watched fellow classmates participate Tuesday, April 2, in a dramatic mock car crash that resulted in the pretend death of two students and a DUI arrest of a third.

The mock collision was followed by an assembly Wednesday, April 3, at the Fallbrook High School gymnasium. Junior and seniors, along with parents and families of the crash participants, watched a mock funeral procession for one of the young women killed.

A bagpiper played "Amazing Grace" as a band of students wearing matching black T-shirts carried in the casket of fellow classmate, Vanessa Hernandez.

The group of 25 students wearing black made up the "Living Dead." Nominated by staff and other students as being leaders on campus, they represented the number of FHS students who would die if one died every 15 minutes to an alcohol-related car crash.

"This is to make an impact on our campus so students really think about how many people pass away each day," Alana Milton, Associated Student Body director at Fallbrook High School, who helped coordinate the event, said.

A uniformed volunteer or officer went to each "Living Dead" student's third period class to read their obituary. The obituary and a rose were placed on their desk to give other students a visual reminder that someone from their class had "died."

At the assembly, audience members viewed a film presentation of the events leading up to the DUI crash, and its aftermath. Featuring Fallbrook student actors, the film showed teenagers drinking at a party before two drunk party-goers decided to leave and drive home.

The drunken-driving escapade led to a head-on-collision with a car full of other high school students returning from a soccer game. Footage was shown from the previous day's mock crash at the high school, including the real-life response of police, firefighters, ambulance and a life-flight helicopter.

Fallbrook High School Principal David Farkas said the staged scenario was a reflection of real incidents.

"This is exactly what happens all across our country to teenagers every single day," Farkas said. "As a principal for the past 11 years, I've lost more than a few students."

One of the big messages for students was how a single incident can affect the whole community.

an affect the whole community.

Latulippe said drinking and

driving is like playing Russian roulette: a person takes the chance of hurting themselves or others.

In his case, he lost three family members

Latulippe told a tragic personal story involving his cousin, cousin's wife and their two children. The family was driving back to the airport from vacation in Austin, Texas, when a suspected drunken driver collided with them head-on. The mother, Nancy Latulippe, and her son Jackson died on the scene, while the father, Scott Latulippe succumbed to his injuries a week later. Ten-year-old Keira was her family's only survivor.

"Losing them all in one moment would be the worst thing that could happen to me," Latulippe said. "My professional life and my personal life became one, all because of a choice."

The highway patrol officer asked students in the auditorium to remember his story when thinking about the choices they make.

"My hope is that if you decide to drink, you don't drive," Latulippe said.

Fallbrook High School partnered with the California Highway Patrol, San Diego Sheriff's Office, North County Fire Protection District, Mercy Air and other local businesses to put on the program, which takes place every other year at the high school.

The Fallbrook student who played the role of drunken driver was Caiden Metts.

Metts said he volunteered to be in the program because he felt it was important to keep teens from drinking and driving.

"It felt surprisingly real," said Metts, 18.

He said the crash and courtroom scenes were nerve-wracking and intense.

"It really hits home for some students, who have a background with drinking, or whose parents drink or people they know," Metts said.

Hernandez, who was voted this year's Miss Fallbrook, played one of the students who died.

"It was really impactful for me and very emotional," she said.

The young woman read a letter in front of the entire assembly, addressing her family and friends. She said the whole experience allowed her to put herself in her family's shoes.

"It made it very powerful and real," the Fallbrook senior said.

For extra impact, the "Living Dead" students were asked to turn in their cell phones and cut off communication with their families after the accident.

Some parents said even though the crash wasn't real, it was hard not hearing from their children for a 24-hour period.

"It didn't hit us until yesterday, when I picked up my other kids from school, and she (Vanessa) didn't come home," Hernandez's mother Veronica said. "The last thing we saw was the accident, and then they were gone. It was so hard. I hope they get the message."

Another parent noted how assemblies at the high school can usually be pretty rowdy, but not this one, he said. Students were very somber and serious.

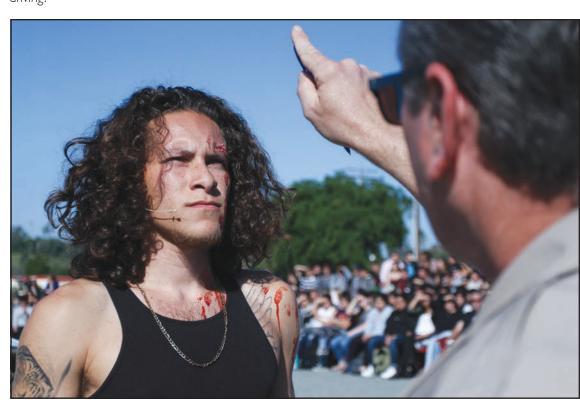
Tim Mings, who's 17-year-old daughter Emma was a participant, said, "It was an emotional 24 hours or so. I think it will make a big impact on the kids."



During the "Every 15 Minutes" presentation at Fallbrook High School, April 2, Fallbrook Shane Gibson photos High School students watch as first responders demonstrate the response to an accident with victims from a drunken driver.



Senior Vanessa Hernandez portrays a deceased victim of a drunken driving accident. The "Every 15 Minutes" program intends to teach teens about the extreme dangers and consequences of drunken driving



Senior Caiden Metts portrays a drunken driver while a CHP officer conducts a field sobriety test during the "Every 15 Minutes" presentation.



Metts is handcuffed and put in the back of a squad car while acting as a drunken driver.

## HEALTH

# All Star Physical Therapy is a step above the rest in Fallbrook

Cari Hachmann

Staff Writer

Born and raised in Fallbrook. William Atkins of All Star Physical Therapy has served the community for more than 30 years as a physical therapist, not to mention successfully growing his business to include 26 offices across Southern California.

The All Star Physical Therapy clinic in Fallbrook is located at 577 E. Elder St., Suite 1. With five therapists at the office, the clinic sees between 60 and 100 patients a day.

As a physical therapist and orthopedic certified specialist, Atkins has focused on treating musculoskeletal injuries and disorders since 1996. He also focuses on back pain, shoulder pain and knee disorders, and most recently, he helps people improve their balance and vestibular issues.

Atkins said he is passionate about the field of physical therapy and its role in living a healthy lifestyle. He also loves the community he serves, he said.

"I have spent my entire life here," Atkins said. "I'm committed to doing what's best for the Fallbrook community."

Atkins first became interested in therapy when his father, a great athlete and professional boxer, developed a neurological disorder and could no longer run the family's avocado ranch in Fallbrook. Atkins was a student athlete in junior high at the time. His family was the original owners of Atkins nursery. As a young man, Atkins thought he might like to become a biology or physical education teacher, or even a youth

It wasn't until college that he discovered physical therapy and decided to follow his dream.

Atkins earned his bachelor's degree in physical therapy in 1981 from California State University Long Beach. That same year, he began his career at Fallbrook Hospital. In 1984, he opened his own practice in the Temecula area.

In 1990, Atkins returned to Fallbrook and started the successful and well-known Rancho Physical Therapy, which he directed until 2013. Atkins went on to open All Star Physical Therapy in September 2013, which started out with only four clinics before growing to 26 locations.

Currently, there are 20 All Star locations. Six locations fall under the name Elite Physical Therapy, located throughout the greater Palm Springs area.

Atkins and his wife of 35 years, Lori, raised their three children in Fallbrook. Both sons, Andrew Atkins, 31, and Aaron Atkins, 28, were student athletes and are now physical therapists. They work at separate clinics in Temecula and Murrieta, respectively. Atkins' 19-year-old daughter, Lauren, is studying to become an attorney.

Football has always been Atkins' choice of sport. He grew up enjoying the workouts and trainings necessary to play on his high school football team. The active and healthy lifestyle he developed as a young man stuck with him throughout his career.

As a certified strength and conditioning specialist, Atkins served as strength coach for Fallbrook High School from 2005 to 2010. He also has enjoyed covering Fallbrook High School's football games since 1981. Atkins continues to screen injuries and assist with prevention at football games. He also conducts physicals for the high school's athletic



William Atkins, owner and physical therapist at Fallbrook's All Star Physical Therapy, works with local Tricia Thompson, who injured her ankle in a car accident.

Cari Hachman photos

department.

Open five days a week, All Star Physical Therapy in Fallbrook serves a large clientele of all ages, but Atkins said almost 50% of his patients are 65 and older.

The clinic focuses on the treatment of musculoskeletal conditions for knee, back and shoulder pain, as well as post surgical rehabilitation for hips and knees, ACL repairs and shoulder rotator cuff and labral repairs. They also focus on all kinds of sports injuries.

All Star accepts most health insurances, including Kaiser, HMO, private insurance, Medicare, workers' compensation and motor vehicle accidents.

"One of the things that people don't know, is our physical therapy office is now able to get direct access to patients," Atkins said. "People don't necessarily need a referral from their doctor, but they can be self-referred."

Atkins is joined at his Fallbrook clinic by two longtime friends and physical therapists. They are Carrie Loomis and Amanda Lucy; they have worked alongside Akins for more than 20 and 15 years,

"They are a big part of this business," Atkins said. His wife, he said, has also been supportive, handling marketing for the company.

"We are always looking to maximize the functional outcome of each person," Atkins said when asked about the philosophy behind

his treatments. "People will have different potentials based on their prior level of function. Our goal is to get each person into their own

independent program, so they are not wholly dependent on the physical therapist and are working to take care of themselves."



Atkins works with many clients on balance, including Ruth Watto of Fallbrook, who practices standing on a foam mat.





(760)731-0133

### FPS group to hear about deep brain stimulation

FALLBROOK - The Fallbrook Parkinson's Support group will hold their monthly meeting, Friday April 26, from 10 a.m. to noon. The meeting will be held in the fellowship hall of Christ the King Lutheran Church, 1620 S. Stage Coach Lane.

The meetings are held the fourth Friday of each month.

This month, Anna Danilenko, clinical specialist with DBS Boston Scientific, will speak on "DBS - the newest technology and advancement."

Many people with Parkinson's disease explore the option of deep brain stimulation to treat their symptoms of Parkinson's disease including tremors, rigidity and bradykinesia. With early enough intervention, deep brain stimulation can improve quality of life and even allow patients to reduce the amount of medication they have to take reducing medication induced side effects, Danilenko said.

"My background as a neurological clinical specialist with a doctorate of physical therapy led me to explore the technology that can help patients living with Parkinson's disease," Danilenko said. "Now, as a Boston Scientific DBS clinical specialist, I am dedicated to supporting and educating patients regarding any questions they may have about DBS therapy."

Her company's product offers the smallest battery available but lasts

a minimum of 15 years without

Silver Sneakers

replacement surgery, she said. It charges about one hour per week with a wireless charging collar and has a directional lead with independent current control to give more precise control to neurologist for more consistent therapy delivery to patient. Explore the patient stories on www.dbsandme.com.

The support groups will have a time of sharing and coffee and refreshments will follow the program. The meeting is held in support of persons with Parkinson's disease, care partners and people interested in improving the world of those affected by Parkinson's disease.

For more information, call Irene at (760) 731-0171 or Vicki at (760)

April is Parkinson's Awareness month. To show support, the group is asking people to wear silver or gray throughout the month. Over 60,000 individuals in San Diego county are affected by Parkinson's disease.

April 11 was World Parkinson's Day of Giving, but it is not too late to donate to the cause. Some suggestions of giving sites include the one for the Parkinson's Support Group – <u>www.NCPSG.org</u>, for San Diego Parkinson's Association, http://parkinsonsassociation.org and the Michael J Fox Foundation, leader in Parkinson's Disease research https://www.michaeljfox.org

Submitted by Fallbrook Parkinson's Support group.

# on Alzheimer's disease in San Diego

**José A. Álvarez**County of San Diego Communications Office

The San Diego County Board of Supervisors received a report on the impact that Alzheimer's disease and related dementias are having on San Diegans and the progress that has been made to stop or slow the disease.

The update was provided during the release of the Alzheimer's Project 2019 Annual Report which is presented to the board every spring. The Alzheimer's Project has been leading innovative work at the local level to address the toll this disease takes on people, their loved ones and the community.

"We've come a long way since we launched the Alzheimer's Project five years ago," Chairwoman Dianne Jacob, who spearheaded the initiative, said. "For all the progress we've started to make, we need to make a lot more. We are facing an epidemic, a public health crisis, and it's taking a devastating toll on families across our entire county."

This year's report included some highlights.

To date, the Collaboration4Cure has identified and funded 12 drug discovery projects led by local researchers. Of the 12 projects, five are currently in progress. Collaboration4Cure unites local government, research institutions and philanthropists around a single goal: finding a cure for Alzheimer's disease.

In 2018, over 1,100 local physicians learned more about Alzheimer's through in-person presentations and workshops at local conferences, including the annual San Diego Academy of Family Physicians conference. Primary care physicians see the vast majority of patients with Alzheimer's disease.

A specialty website was created that acts as a repository

of information for physicians who can also access on-demand webinars on various topics related to Alzheimer's disease and other dementias. In 2018, this website was viewed over 3,800 times and two new on-demand webinars were added. Nearly 200 physicians completed webinars last year.

More than 500 providers received copies of the second edition of the Physician Guidelines in 2018, and over 230 new providers have downloaded and used the app for assessments.

The Alzheimer's Response Team was launched in East County. ART is a public-private partnership between San Diego County, Grossmont Healthcare District, Sharp Grossmont Hospital and Alzheimer's San Diego. The aim of the pilot is to prevent older adults who are living with dementia from ending up in the emergency room or criminal justice system when diversion might be the best course of action.

Since its launch in June 2018, over 70 calls have been received and triaged to ART. In addition, 350 first responders were trained on when to call on ART for assistance in emergency situations.

#### Alzheimer's in San Diego

Alzheimer's disease and related dementias remain the third-leading cause of death among Californians and residents of San Diego County.

Approximately two out of every 20 adults age 55 and older is estimated to be living with dementia. One of them is discharged from an emergency department or hospital each year.

In 2015, over 84,000 adults age 55 and older were estimated to be living with some form of the disease. The number is expected to increase to 115,000 by 2030 and 214,000 in 2060, unless a cure or disease-modifying treatment is identified.

# Board gets annual report | 'Keeping our Brains Healthy' is the topic for Regency Fallbrook support group

FALLBROOK - Regency Fallbrook hosts monthly support group meetings on the third Thursday of each month at 5:30 p.m. as a source of information and resources for those families and caregivers who know or are caring for a loved one with dementia or Alzheimer's disease.

For many, the best source of support is through regular support group meetings. Not only is it an opportunity to understand they are not alone in the daily struggles of caring for someone with Alzheimer's disease or another dementia, but they can build relationships and learn from others who understand what they are going through, develop new coping strategies and find comfort, strength and hope in a compassionate and safe environment.

This month's topic will be "Keeping our Brains Healthy," presented by licensed vocation nurse Johnny Clay. Clay graduated from University of California Irvine with a bachelor's degree in psychology. His 25year experience working with Alzheimer's disease and dementia patients has given him much knowledge about the impact of the disease on the patient and their

This support group is open to anyone to attend and is free. Come Thursday, April 18, at 5:30 p.m. at Regency Fallbrook, 609 E. Elder Street, in Fallbrook. Please RSVP with Michelle Way: mway@ regencyfallbrook.com or (760) 728-8504.

Submitted by Regency Fallbrook.

# County reports 4 new flu deaths, cases down in San Diego

José A. Álvarez

County of San Diego Communications Office

An additional four flu deaths were reported in the region last week; at the same time, however, the number of influenza cases went down significantly, the San Diego County Health and Human Services Agency announced April

The ages of the four people who died ranged from 69 to 90 years of age and all had underlying medical conditions. The new deaths bring this season's total to 59. In comparison, 333 flu fatalities had been reported at the same time last year.

The number of lab-confirmed cases dropped to 313 cases last week, from 556 cases the week before. To date, 8,764 flu cases have been reported this season, compared to the 20,362 cases that had been reported last year.

Like the rest of the country, the most commonly identified flu strain causing local illnesses is now influenza A H3N2, which tends to sicken the elderly and the young, as well as those with

chronic medical conditions. Influenza A Pandemic H1N1 continues to circulate and a low number of influenza B viruses are also being reported.

"While influenza appears to be waning, it is still important for people to continue taking precautions to avoid getting sick," Dr. Wilma Wooten, county public health officer, said.

The county Health and Human Services Agency publishes the weekly Influenza Watch report, which tracks key flu indicators and summarizes influenza surveillance in the region.

For the week ending April 6, the Influenza Watch report showed that emergency department visits for influenza-like illness were 4 percent of all visits, compared to 5 percent as the previous week.

People should do the following to avoid getting sick: wash hands thoroughly and often; use hand sanitizers; stay away from sick people; avoid touching your eyes, nose and mouth; clean commonly touched surfaces and if they are sick, stay home and avoid contact with others.





# ENTERTAINMENT

# 'The Ark' brings a modern twist to an old tale

Cari Hachmann

Staff Writer

Christ the King's musical production "The Ark" is a fresh take on a familiar tale that will hit the stage in Fallbrook at 7:30 p.m. April 26-27 and through May 3-4.

There will also be daytime showings at 2 p.m., April 27 and May 4.

"It is a light-hearted musical about how Noah and his family get along being stuck together for a long time on the ark with a bunch of animals," Mary Fry said, who is the play's director and doubles in the show as Eliza, Noah's wife.

The new musical is for audiences of all ages. The church is at 1620 S. Stage Coach Lane. Audience members see through the eyes of the animals, as the theater is transformed into Noah's

The musical production is written and composed by Michael McClean, renowned for more than 20 best-selling albums. For "The Ark," McClean presents an uplifting score, ranging from pop music to gospel, with songs that will have viewers dancing or singing along in their seats.

Accompaniment tracks featuring sheet music and animal noises are produced by church member Conrad Linberg.

With special permission from Miracle or 2 Publishing, the production is put on by the King's Players, the church's theater ministry group. The Ark's eightmember cast ranges in age from 18 to 75 years old.

God instructs Noah to build a vessel that will hold the people of Earth and all of its animals during a rainstorm that will ensue for 40 days and 40 nights. After the ark is built, Noah must collect a male and female of every animal on Earth. After the flood, the animals are to be able to leave the ship in order to recreate the world.

Fry said the musical humorously portrays the family's struggles on the ship while they must wait out the flood for more than a year. Noah and Eliza have three sons, Japeth, Ham and Shem, who each bring their wives, Sariah, Egyptus and Martha, aboard the ark.

For instance, Martha and Shem are newlyweds, and Martha is attempting to win Shem's heart through his stomach, although she isn't the greatest cook. Aware of her culinary shortcomings, Shem continues to sneak and eat his mother's food, while trying to hide his hunger from Martha.

In other comedic aspects, brothers Ham and Egyptus don't believe it's really going to rain, so while the rest of the family comes prepared for the rainstorm, they show up in Hawaiian shirts and flip flops.

"It's been a lot of fun," Jim Haines, who plays the character of Noah, said.

While the cast has been amused by the script, Haines said the play still offers a universal message: "God is always there to support you even though you might not realize it at the time. He won't give us any challenge that he won't give us the strength to overcome."

Erika Torrescano, who plays Ham's wife Egyptus, said she started acting in plays when she was 8 years old. The 19-year-old said she is looking forward to opening night of "The Ark."

"I hope people enjoy the comedic side of it," Torrescano said. "It still has the same storyline, but I like that it has fun little twists that make it more contemporary. And I hope people enjoy that side of it as well."

Purchase "The Ark" tickets for \$10 available now at Major Market in Fallbrook, or visit www.ctklc-fallbrook.org, or call (760) 728-3256.



From left, Mary Fry as Eliza, Cianna Garrison as Sariah, Christian Blackburn as Shem, Hayley Bendixon as Martha, Erika Torrescano as Egyptus and Jack Fry as Japeth rehearse songs for Christ the King Lutheran Church's musical production of "The Ark" to take the stage April 26-27 in Fallbrook.



Cianna Garrison, who plays beauty queen Sariah, pouts to her husband in the show, Japeth, played by Jack Fry, during a rehearsal.



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# 'Timing is Everything' teases the brain



In the opening scene, Betty, played by Noelle Marion, Aaron Rumley photo meets Bill, played by Christian Pederson, in a coffee shop with different results based on his timing. "All In the Timing" is now playing at North Coast Repertory Theatre in Solana Beach.

#### Elizabeth Youngman-Westphal

Writer/Intern

When six actors come together onstage it is anybody's guess what will happen. In the case of "All in the Timing," the show is comprised of six scenes tied together through the pen of David Ives.

Ives' is famous for his short narratives. "All in the Timing" is comprised of six of Ives' original 14 vignettes which make up the current show at North Coast Repertory.

Ideal for a sophisticated audience, the quick-witted humor clips from one scenario to the next in less than 90 minutes.

The actors move seamlessly from one character to the next while keeping a straight face. The humor flows easily through the brain-teasing narratives.

Thanks to the deft direction of David Ellenstein, the six pulled together a memorable performance. The actors are Taylor Renee Henderson, Uma Incrocci, Noel Marion, David McBean, Christian Pedersen and Omri Schein.

"All in the Timing" is about just that. How bits of people's lives can be and probably are changed with each tick of the clock.

Up next is "A Walk in the Woods," a Pulitzer Prize and Tony award dramatic comedy opening

"All in the Timing" is at North Coast Repertory, 987 Lomas Santa Fe, in Solana Beach with free parking. For tickets, contact the box office, (858) 481-1055, or visit www.northcoastrep.org.

Rated 8 out of 10.

Now playing until May 5 at New Village Arts in Carlsbad in the bawdy style of commedia dell'arte is "The Servant of Two Masters," a play influenced by Carlo Goldoni who is the author of "Il Servitore di due Padroni," circa 1746. Content is R rated. Entertainment value 4 out of 10.

Elizabeth Youngman-Westphal can be reached at eyoungman@ reedermedia.com.

# Fallbrook Music Society presents 'Opera Exposed!' as season finale



American soprano Michelle Law is in her second year in San Diego Opera's apprentice artist program. Her repertoire includes the roles of Donna Anna in Wolfgang Amadeus Mozart's "Don Giovanni," Fiordiligi in Mozart's "Così fan tutte," Mimi in Giacomo Puccini's "La bohème" and the title role in Franz Lehar's "The Merry Widow.

FALLBROOK - Fallbrook Music Society closes out its 41st annual concert season Sunday, April 28, with its largest ensemble of the year featuring "Opera Exposed!" the foundation of San Diego Opera's community engagement effort. The 3 p.m. concert will be held in the community room of the Fallbrook Public Library and is free to the general public. No tickets are required.

San Diego Opera has undergone a significant transformation over the past several years. As concert attendance has plummeted, the company has undertaken an aggressive program to develop new audiences and promote the art form. An Indonesian-born pianist, Ines Irawati serves as music and artistic director of San Diego Opera's Young Artists Training Programs as well as its community engagement concert series "Opera Exposed!" She has worked as a vocal coach at Point Loma Nazarene University and at the Institute for Young Dramatic Voices. Irawati is a member of Aviara Trio and the founder of a house concert series, MusiKamar.

"People might remember Ines when she was with Fallbrook Music Society in January 2018. I am especially pleased to have her with us again in this capacity. Our patrons will have the opportunity to experience opera through the faces of the future," Ann Murray, executive director of Fallbrook Music Society, said.

Opera apprentice artists come to San Diego Opera primarily from University Partnership programs. They are exceptionally promising young artists who provide engaging and exciting performances to communities throughout San Diego. Their yearlong goal is not only to work

hard to master their craft, but also to promote classical opera as an art form.

"Ines is bringing nine different vocalists to Fallbrook," Murray said. "It is their last concert of the season, and she wants to really bring down the house. The concert will be quite something.'

The program will be a collection of exciting arias and scenes from operas by Bizet, Verdi, Donizetti and many more. The concert begins with a program preview at 2:30 p.m. A free a reception follows the concert on the Poet's Patio. More information is available through the Fallbrook Music Society website, www. FallbrookMusicSociety.org or by calling Fallbrook Music Society at (760) 451-8644.

Submitted by Fallbrook Music





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## BUSINESS

# Chamber event features potato dishes and beer



Delos Eyer, left, of Firehouse Que and Brew serves Shane Gibson photos potato food samplings to guests participating in the Papas and Brew event in downtown Fallbrook.



Green Flash Brewing craft beer is served at the Fallbrook Art Center during the Papas and Brew art walk.



Alpine Beer Company is served to guests during the Fallbrook Chamber's Papas and Brew event in downtown Fallbrook

# Local residents earn degree from WGU

Fallbrook residents have earned a degree from Western Governors University. The online, nonprofit university held four commencements ceremonies, its 67th in Austin, Texas; its 68th in Washington; its 69th in Indianapolis, Indiana, and its 70th in Orlando, Florida, last fall and earlier this year to celebrate the recent graduation of nearly 22,000 students from across the country.

Colleen Molen of Fallbrook earned a bachelor's degree in marketing management, and David Tovar of Fallbrook earned his bachelor's degree in nursing.

Western Governors University

SALT LAKE CITY - Two has recognized 12,920 undergraduate and 8,885 graduate degree recipients, who have completed their degrees since June 1, 2018. Their areas of study include business, K-12 education, information technology and health professions, including nursing. The average time to graduation for those earning a bachelor's degree was two years and five months, while the average time to degree for graduate programs was one year and seven months. The average age for those who graduated is 38 years old.

Learn more at www.wgu.edu. Submitted by Western Governors University.

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Jean Trygstad serves Stone Brewing Company craft beer inside Mimi's Spoiled Avocado Boutique to guests participating in the Fallbrook Chamber of Commerce's Papas and Brew event, April 5.



Papas and Brew guests taste seasoned house fries with secret sauce or lemon garlic aioli provided by Firehouse Que and Brew. Downtown businesses hosted stops on the art walk event.

# Chamber announces upcoming events

FALLBROOK – The Fallbrook Chamber of Commerce is holding the following upcoming events.

The Dinner Mob meets at Brother's Bistro, 5 p.m., Thursday, April 25.

Celebrate Cinco de Mayo with the chamber at Casa Estrella Cocina de Mexico, 5 p.m. Friday,

First Monday Coffee meets at the chamber office, 8:30 a.m. Monday, May 6.

The SunUppers meet at Veterans of Foreign Wars Post 1924, hosted by Arlan Knutson Insurance Agency, 8 a.m., Thursday, May 9.

The chamber will hold their annual Awards and Installation Luncheon at Grand Tradition Estate and Gardens Wednesday, May 15. Seating begins at 11:30 a.m. and the program begins at

The Spring Into Action! Women's Networking Luncheon

will be held at LifePointe Church from 11:30 a.m. to 1 p.m., Wednesday, May 22.

Wine Down Wednesday is held at Roadrunner Ridge Winery, 4:30 p.m., Wednesday, May 29.

Call the chamber for more details on any of these events at (760) 728-5845.

Submitted by Fallbrook Chamber of Commerce.

# Focus on community allows independent grocers to compete

Joe Naiman

Village News Correspondent

The National Grocers Association annual conference at the San Diego Convention Center included a session called "Thriving as an Independent" in which four industry leaders told the audience why independent retailers will continue to be successful even with chain mergers, discount department stores expanding into groceries and online only companies.

Independent Grocers Alliance president and CEO John Ross, Associated Wholesale Grocers president and CEO David Smith, UNFI/SuperValu executive vice president for wholesale Mike Stigers and Affiliated Foods president and CEO Randy Arceneaux were the panelists who explained why wholesalers are optimistic about independents, especially those who are strategic, disciplined, innovative and willing to make tough decisions. Stigers and Smith are also both on the NGA executive committee; Stigers is the vice chair and Smith is the

Arceneaux said that a closer connection between shoppers and store decision-makers is responsible for the ability of independent grocery stores to maintain customer loyalty.

"They're in touch with the consumer and understand what the needs are of the community they serve," he said.

That connection includes adjusting to issues area customers

"The independent operator I believe will always come out on top," Arceneaux said. "It's because we continue to figure it out."

Smith remarked that independent stores are compatible with customers' desires to eat fresh

"Their stores reflect that," he

"Perishables has always been the backbone of the independent operator," Arceneaux said. "The perimeter of the store is what differentiates us."

Grocery stores often place produce and other perishable food along or near walls. Nonperishable goods are sometimes referred to as "center store" items.

"It's part of their identity. It's health. It's wellness," Ross said. "They are looking for partners to help them and who better to do that than independents."

The consolidation of many large chains and the expansion of discount department stores into groceries creates competition.

"There's concern, but there's also opportunity for those who are prepared," Smith said.

The consolidation of the large chains has led to consolidation and thus contraction of stores, which allows independent stores to take over those locations.

"They rebuild and develop and they continue that location for that neighborhood," Smith said. "They do well in those locations. Those are opportunities for independent groceries."

Stigers attributed community connection as a factor in the survival of independent grocers. "They're in the communities," he said. "They're relevant to what they're doing. The independent grocer beings the passion of the community."

Customers will pay more at an independent grocery store than they would with a large chain whose volume allows for smaller profit margins, but minimizing expenses allows independent stores to have reasonable profit margins.

"It is sure a lot easier to make money when you don't spend it," Stigers said. "You have to have efficient operations to do that. It's just taking every single line item and walking through it."

### **EDUCATION**

# BUSD names its employees | Pala Tribe donates of the year



Cindy Pagett, office manager at Bonsall West Elementary School, poses with her family and Bonsall West principal Tina Calabrese after Pagett was named the district's 2019 Employee of the Year.

#### **Heather Holdo and Sara Barclay**

Writer and Intern

The Bonsall Unified School District recently announced their selections for the 2019 certified and classified Employees of the Year, including Melissa Ledri, a teacher at Sullivan Middle School, and Cindy Pagett, the office manager at Bonsall West Elementary School.

These employees have been recognized for all that they do for the school district and the students they impact from all the educators and staff members in the district. Staff members at each of the five school sites nominate a certified and classified employee for their outstanding interest in the wellbeing of the students and school. These nominations are sent to the district along with a description of the candidates; the district management team votes for the representatives.

A teacher of art, yearbook, language arts and social studies, Ledri works with other teachers, her students and their parents, supporting them in and out of the classroom.

"I like to think that I have made an impact on the students I have taught throughout the years at Sullivan. I hope to have been a part of keeping the culture at SMS one of community and commitment, but also a positive place to be a middle school student," Ledri said.

She also employs teaching methods which are structured for impactful and flexible learning.

"I was given good advice and put in many hours of planning and working to develop teaching strategies, lessons, projects which



Melissa Ledri, middle school teacher at Sullivan Middle Courtesy photo School, poses with her family, Principal Joseph Clevenger and BUSD Superintendent David Jones, after Ledri was named the district's 2019 Employee of the Year.

constantly change and should change to help and guide middle school students. I knew middle school was where I wanted to be,"

Much of what makes stepping foot on a school campus welcoming is the first face visitors see, which, in the case of Bonsall West Elementary, is Pagett, as the office manager. In addition to clearing attendance, writing tardy slips and answering phone calls, Pagett registers and greets new students, attends to the needs of teachers and students and deals

with the parents' concerns. "Always be positive, be a team player and always give your all to everything you do," Pagett said, when asked to provide advice to other BUSD employees.

Ledri said, "I enjoy working here because it is an awesome place to collaborate with teachers and staff throughout the district. They are real, fun, intelligent, and care for the education of all students."

# funds to BUSD



Courtesy photo Chairman Robert Smith, Pala Band of Mission Indians, presents David Jones, Bonsall Unified School District superintendent, with a \$50,000 donation earmarked for the transportation department, April 10. The money will help offset transportation costs for bus pass fees for Pala students.

# Is competition bad for children?

**American Counseling** Association

Special to Village News

Competition is a fact of life, especially for children. It may include anything from who did best on the spelling test, to organized sports in or out of school. And while competition can bring stress about doing well, or disappointment when efforts come up short, healthy competition is actually a good thing for children.

Child development experts advise that healthy competition helps children develop skills needed in adulthood. They learn to take turns, to work hard for success, perhaps to be a team player and how to deal with both winning and losing.

It's important for parents to help guide their children in handling competitive experiences. The first question shouldn't be, "Did you win?" but rather, "Did you have a good time?" When parents always emphasize winning and coming out on top they are increasing the pressure that makes competition a negative experience.

Is your child involved in healthy competition? If so, parents will find the child asking to participate in the activity again and being able to win or lose gracefully. They will be interested in learning new skills and be willing to work to improve. Simply participating will be appealing, regardless of the outcome.

When competition is proving

unhealthy for a child, however, their parents will see different attitudes and behaviors. The child will often not want to participate or may fake an illness to avoid the activity or simply refuse outright to play. The activity may promote anxiety resulting in difficulty sleeping or eating, or cause worry that affects other areas of the child's life.

So how does a parent encourage healthy competition? One starting point is to model good behavior. In sports, don't blame the coach or referees for a losing outcome, but instead praise the child for the effort put forth, regardless of the outcome.

Experts advised that one key to healthy competition is to show children that the most important competitor is themselves. Did the child learn some new skills? Did they do better in their performance this time compared to past times? Praising the children's improvements moves the focus to their efforts, not the competitive outcome, and helps build confidence and self-esteem.

Emphasize the fun in the experience of participating, not in simply winning, and you'll have a child who is getting the most from competitive experiences.

Counseling Corner is provided by the American Counseling Association. Send comments and questions to ACAcorner@ counseling.org or visit www. counseling.org.

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# Dog bites: What dog bite victims and dog owners should know



Attorney Morton J. Grabel & Attorney Mark R. Denning

Law Offices of Morton J. Grabel

As I am sure you can imagine, all dog bites are shocking to the victim especially if it was unexpected and unprovoked. Further, some dog bites result in serious injuries, and in the worst case, death can result from the most vicious attacks. Also, a dog bite can result in permanent scarring, nerve damage and a significant risk of infection. Often there is residual psychological harm that extends far beyond the physical injury. Therefore, laws have been passed to protect or compensate the victim of a dog attack based on the legal theories of strict liability and negligence.

I) Note that in California, there is no "one free bite" rule.

II) California code imparts strict liability. Certain California dog bite statutes impute strict liability on the dog owner for damages to any person bitten by the dog. It is not even necessary to show the owner was negligent or had knowledge the animal was

#### California Civil Code section 3342 provides:

(a) The owner of any dog is liable for the damages suffered by any person who is bitten by the dog while in a public place or lawfully in a private place, including the property of the owner of the dog, regardless of the former viciousness of the dog or the owner's knowledge of such viciousness, etc.

This statute is "designed... to prevent dogs from being a hazard to the community," as per Davis v. Glaschler (1992) 11 Cal. App. 4th 1392, 1399. The policy behind the law is that innocent victims should have their damages covered by those who choose to own dogs that bite. In essence, "the owner is virtually an insurer of the dog's conduct;" a dog owner is expected to be vigilant in preventing his dog from biting anyone.

Under the dog bite statute, all the victim needs to show to recover from the dog owner is the victim was "in a public place or lawfully in a private place" when bitten. See Delay v. Braun (1944) 63 Cal. App. 2d 8, 146 P.2d 32, the plaintiff was lawfully on the defendant's property when bit by defendant's dog while walking on the driveway of the home to find the defendant to discuss defendant's tutoring of plaintiff's grandchild.

III) There is also a second theory of strict liability when the dog owner defendant knows of certain propensities, for example a tendency to bite, attack, scratch

Courtesy photo

muzzled, as per Smith v. Royer (1919) 181 Cal. 165, 170.

IV) Negligence: Another theory of liability is to show the dog owner was negligent. One way to show negligence is when the owner allowed the dog to run uncontrolled in violation of

"A dog bite can result in permanent scarring, nerve damage and a significant risk of infection. Often there is residual psychological harm that extends far beyond the physical injury."

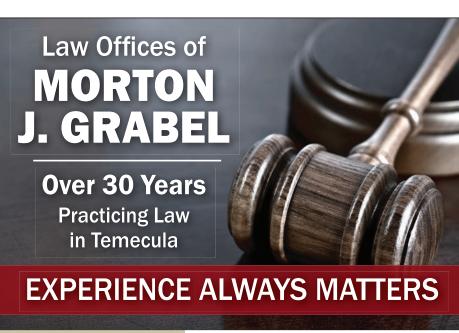
or aggressively jumping on humans, such as a leaping dog. See Drake v. Dean (1993) 15 Cal. App. 4th 915, 19 Cal. Rptr. 2d 325. This theory is useful when there is no actual bite. For example, if the dog jumped and knocked the victim down as in Drake v. Dean. The owner's or keeper's knowledge of a dog's vicious or dangerous propensities may be inferred by the general reputation of the dog, the size and breed of the dog or the fact that the dog is kept chained or the local leash law; for example in both Temecula and Murrieta, there are municipal codes, and often other local laws intended to protect the public from animals that are unleashed. This is called "negligence per se" and places the burden on the defendant to give explanation for the violation of the local law.

V) Landlord's liability: A landlord can be held liable for failure to remove a tenant's dangerous dog from the property. In Portillo v. Aiassa (1994) 27 Cal. App. 4th 1128, the court said, "We hold that a landlord has a duty to exercise reasonable care in the inspection of his commercial property and to remove a dangerous condition, which includes a dog, from the premises, if he knew, or in the exercise of reasonable care would have known, the dog was dangerous and usually present on the premises." In that case, the plaintiff was bitten in a liquor store by a dog owned by the tenant who was operating the business. The court said it is reasonably foreseeable that guard dogs in commercial establishments open to the public will injure someone. The court also held the landlord could not avoid liability by failing to inspect the premises and thereby claim that he had no knowledge

A residential landlord with actual knowledge of a tenant's dangerous dog can be held liable to an injured victim, but the landlord has no duty to inspect the premises for such an animal. The landlord is under no duty to inspect the premises for the purpose of discovering the existence of a tenant's dangerous animal; only when the landlord has actual knowledge of the animal, coupled with the right to have it removed from the premises, does a duty of care arise," as per Uccello v. Laudenslayer (1975) 44 Cal. App. 3d 504.

\*The Office of Morton Grabel, APLC, represents dog bite victims under civil tort law. This office has recovered millions of dollars for our clients in Riverside County.

Please note by reading the information above and herein, no attorney-client relationship has been created. Moreover, the information provided herein is not be relied upon as legal advice for your specific legal needs. Should you have legal questions feel free to contact Attorney Morton J. Grabel in Temecula at (951) 695-7700. Mort, originally from Philadelphia, attended an ABA Law School, has an MBA, a real estate broker's license, a CA nursing home administrator's license and is a member in good standing of various local chambers of commerce.



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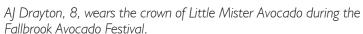
# Avocados attract a crowd to Fallbrook



Locally owned Holy Guaca-Moly serves chips and guacamole to guests attending the annual Fallbrook Avocado Festival, April 14.



Shane Gibson and Cari Hachmann photos





Juliana Brockson, 6, is crowned Little Miss Avocado at the Community stage during the annual festival.



All eyes are on the Avo 500 Race, where young contestants raced their own hand-built avocado-styled race cars. The boy on the far right is Harry Moore, 2, whose avocado earned him second place in the final race.



Jude Asaad, 10, poses with her trophy for "Best Dressed Avocado" with the Miss Fallbrook court, including from left, Miss Teen Second Princess Veronica Romero, Miss Teen First Princess Madi Golden, Miss Teen Fallbrook Stefanie Puerta, Miss Fallbrook First Princess Yvonne Damian and Miss Fallbrook Vanessa Hernandez.



Richard Stergulz, master figurative and portrait painter, provides a free demonstration of his painting techniques during the Avocado Festival. Stergulz teaches painting for The Green Art House, a nonprofit organization, art school and artist retreat in Fallbrook.



Avocado Toast Bros serve avocado toast to guests attending the 33rd annual Fallbrook Avocado Festival.



Thousands of people fill downtown Fallbrook for the annual Avocado Festival along Main Avenue.

# REAL ESTATE & HOME AND GARDEN

# Tour Fallbrook gardens May 4

FALLBROOK – The community is invited to spend a day with family and friends at the Fallbrook Garden Club's 2019 Garden Tour and Plant Sale which starts at the Fallbrook Historical Society, 260 Rocky Crest, where tickets are exchanged for maps. Visitors can also purchase an assortment

Seven beautiful and unique home gardens in the Fallbrook area will be featured. Docents will be present at each garden to assist with any questions.

One stop on the tour is a fiveacre parcel, just minutes from Live Oak Park. It has its own live oak mini forest which makes a unique and inviting backdrop to the rest of the garden. The homeowners' use of terra cotta planters, integrated succulents, handmade and other found objects, results in a Mediterranean feel with an eclectic and creative series of breathtaking views.

The front yard of another

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property is an example of how to transform a steep slope into a garden oasis, complete with a waterfall and 30-foot meandering stream. In the backyard, a unique greenhouse, handmade out of upcycled French doors, creates a lovely potting area and backdrop for the white picket fenced-in vegetable and herb garden.

The third spectacular garden covers 2 acres, which contains many outdoor "rooms" representing a wide-range of garden themes. Visitors will see a tropical sanctuary, a woodland garden and an Asian-inspired retreat along with beautiful and unique drought-tolerant specimens. This abundant property has been profiled in several garden magazines and is well-known by local garden enthusiasts.

Another stop showcases unusual gardens with a combination of drought tolerant flowering plants, grasses and trees that are not found in most gardens. Succulents and



A meandering 30-foot stream attracts wildlife at one stop on the Fallbrook Garden Club Garden Tour, May 4.

Courtesy photos



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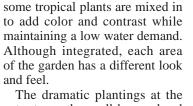


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entry to another well-known local garden give only a hint of the exotic abundance that waits inside. Numerous pathways wind their way through an otherworldly landscape of succulents, cacti and many other unusual droughttolerant plants, complemented by unique artworks. Most of the garden is designed to subsist on little or no irrigation at all. The extensive desert-themed garden has been profiled in numerous newspapers and national magazines.

Not all high impact yards are massive. The sixth garden shows what can be created in just half an acre by using the owner's collection of unique and special specimen plants artfully arranged to provide a strong sense of color and form. These homeowners leveraged their expertise and love of drought tolerant plants to create a fascinating, yet peaceful backyard retreat. In addition, the large, semi-private side yard has been creatively designed as a potting and nursery area perfect for the active home gardener, while a newly planted front yard ensures consistency within this lovely, but traditional, gated community.

A walk through the seventh garden on a two-acre rustic property will delight any gardener interested in seeing the fruit of this homeowners' extensive knowledge





Upcycled French doors create a bright and airy greenhouse at one of the gardens on the tour.



Even a small garden can feature lovely native and Australian succulents

of plants that drink responsibly. Anyone who loves rare and unique plants should make sure to visit this garden.

Gates open at the historical society at 8:30 a.m. Gardens will be open from 9 a.m. to 3 p.m. Tickets are \$20 in advance from the Fallbrook Chamber of Commerce, Major Market's Fallbrook location only and www. BrownPaperTicket.com. Tickets will be \$25 the day of the tour.

The garden tour is held every

other year and is the club's major fundraiser. Proceeds will benefit the scholarship fund and numerous community projects. It is the ninth garden tour in the club's 88-year history. More than 60% of the more than 180 members volunteer with the event. Additional information is available at fallbrookgardenclub. org or for questions email fallbrookgardenclubevents@ gmail.com.

Submitted by Fallbrook Garden Club.





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#### They're back! Spring is crane fly season in San Diego County

Gig Conaughton

County of San Diego Communications Office

They're back. San Juan Capistrano may have its swallows, but during the springtime in San Diego County, there are crane flies. Especially after wet winters like the one that passed.

Crane flies look like giant mosquitoes, but they're not. Some people think they eat mosquitoes, hence the nicknames "mosquito hawks" and "skeeter eaters," but they don't.

What they do is fly around crazily like creepy-crawly bumper cars, bouncing off walls, ceilings and especially lights, like the porch lights in front of houses.

Even though they can freak people out, crane flies are nothing to be worried about, Chris Conlan, the county's supervising vector ecologist, said.

They're harmless to people, Conlan said. They don't bite, and they can't transmit any diseases.

Conlan said the county has crane flies around all year long, but people notice them more in spring because it's their peak breeding season after winter rains. He said residents can probably expect to see more than usual this spring, however, because it was one of the wettest winters seen in years.

"We've already had people calling us (Vector Control) about them," he said. "They think they're big mosquitoes."

Crane flies are big for bugs. Their bodies can reach an inch or more in length and their pole-like, spiderylong legs can make them seem even bigger. Conlan said if someone is worried that the bug they're seeing is a mosquito, there's a fairly easy way to tell if it's a crane fly instead. If it's bigger than a dime, he said, it's too big to be a mosquito.

Here are a few myths to be dispelled about crane flies.

Crane flies are not giant mosquitoes. Conlan said crane flies are related to mosquitoes, but they are not mosquitoes. They don't bite; they don't suck blood. In fact, most adult crane flies don't eat at all.



A crane fly is related Courtesy photo to a mosquito, but they are not mosquitoes. They also don't bite and don't transmit diseases.

Those that do, he said, drink nectar.

Crane flies can't transmit disease. They're not a public health issue like mosquitoes or other vectors, which are the main concern for Conlan and the county's Department of Environmental Health.

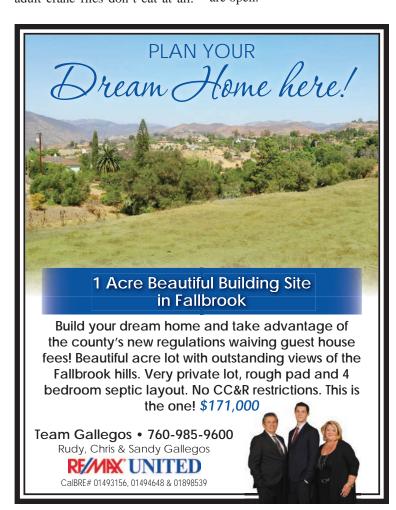
Crane flies do not eat mosquitoes. Nicknames like "mosquito hawks" and "skeeter-eaters" are colorful but totally inaccurate. Their wormlike larvae generally live in wet or moist soil, feeding off decaying organic matter. Some even live underwater. Adult flies don't live long, about 10 days at the most, unless they're gobbled up before that by birds, lizards or other creatures.

Because crane fly populations are high in the spring, and especially because they're naturally drawn to lights like the ones next to front doors or porches, it is the time of year that crane flies can get into houses.

"They're very attracted to lights, so if you have any around openings to your home, it's very easy for them to get accidentally swept into the house," Conlan said. "And then they end up freaking you and the cat out."

Again, crane flies aren't harmful. But Conlan said that if they really unnerve people or their family members, turn off the front door and porch lights or retrofit them with yellow bug lights and try to limit any outside lighting.

That way, he said, fewer crane flies and bugs in general will be drawn to the lights, where they can fly into the house when the doors are open.





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# Working group to determine possible road treatment innovations

Village News Correspondent

A working group to determine options to extend the life of San Diego County road pavement will continue.

A 5-0 San Diego County Board of Supervisors vote, March 27, received a report from the Building Better Roads working group, accepted the findings and directed the working group to continue providing potential solutions.

This working group was a great exercise in collaboration," Supervisor Kristin Gaspar said. "This is truly something that looks to benefit the entire region long-term."

The county's Department of Public Works maintains nearly 2,000 miles of road in unincorporated San Diego County, and road crews inspect the roads and prioritize them for preventative maintenance. DPW utilizes a pavement management system which incorporates field review, resident and community input and mechanical test data collection to determine which roads are most in need of resurfacing. The structural deterioration of pavement is measured visually by assessing the degree and type of cracking, the surface deterioration and surface defects.

The road maintenance program also evaluates the preferred rehabilitation strategy. Asphalt concrete pavement overlays in which two to 3 inches of new asphalt are laid over deteriorated asphalt roads are used for severely degraded roads with extensive cracking or

potholes. If the road has only minor cracking and no significant surface damage, a thinner layer of slurry seals is a less expensive option to extend the pavement life.

The asphalt overlays include reclaimed asphalt pavement material, or old asphalt which was removed from a deteriorated road, ground up and used as a substitute for new sand and rock which would otherwise have been needed for the new asphalt. DPW has used both reclaimed asphalt pavement and recycled concrete in road base materials for new road construction.

If a road is in very poor condition, DPW will likely use a cold-in-place recycling process. Several inches of existing asphalt are removed from the road, the removed material is mixed at the project site to make new asphalt and the new asphalt is placed on that same road.

The county has also used rubberized asphalt concrete for the top layer in the past. Although rubberized asphalt concrete is approximately 10% more expensive than ordinary asphalt concrete the rubberized surface has proven to be more durable than normal asphalt concrete. Over the long term asphalt concrete decreases noise by four to six decibels, so the benefit is maximized on roads with high traffic volumes which are close to residential streets. The other advantage of rubberized asphalt concrete is that it allows former tires to be recycled, and the county's use of rubberized asphalt concrete has included grant applications to the state Department of Resources Recycling and Recovery to subsidize

The use of recycled material has benefits other than landfill diversion. Using recycled asphalt and concrete reduces the need for new material processing and mining locations which also decreases the amount of transportation and manufacturing required for production.

Future potential methods of treating roads including increased use of reclaimed asphalt pavement, cold-in-place recycling and microsurfacing, which uses a polymer additive, as well as rubberized asphalt. In September 2018, the board of supervisors directed the county's chief administrative officer to create a working group comprised of industry associations, public agencies and county staff to identify innovative and cost-effective pavement preservation treatments which can be used on county roads. The chief administrative officer was directed to return to the board of supervisors within 180 days based on the working group's findings.

The working group included representatives from DPW, the California Department of Transportation and various jurisdictions in the region as well as from private industry. Eleven working group meetings were held between Nov. 17 and Feb. 26, and representatives from nine incorporated cities and the San Diego Association of Governments attended meetings

as did representatives from the county, Caltrans, the Associated General Contractors Association of America's San Diego Chapter, the California Asphalt Pavement Association, the California Construction and Industrial Materials Association, the California Nevada Cement Association, the construction materials education group Project Cornerstone and various general contractors, specialty pavement contractors and material suppliers. The working group formed subcommittees to evaluate specific topics.

The number of cities involved allowed an evaluation of different materials and contracting methods used throughout the region. The subcommittees determined that efficiencies and cost savings could be gained by exploring four focus areas: asphalt mix design, reclaimed asphalt pavement, alternative pavement materials and local agency contracting. Next steps were recommended for each of the four focus areas.

The next steps for asphalt mix design are to identify regional asphalt mix designs and to increase use of warm mix asphalt which can be produced at a lower temperature. Standardized regional mix designs would allow asphalt producers to be more efficient as fewer varieties of asphalt would be produced. Warm mix asphalt costs more although that option can be cost-effective in remote locations where additional time is needed to place the asphalt.

The reclaimed asphalt pavement next steps are increasing the use up to 25 percent; in 2018 Caltrans revised its specifications to increase the allowable percentage of recycled pavement in asphalt from 15 percent to 25 percent. Other steps are increasing reclaimed pavement use to up to 40 percent on shoulder lanes, bike lanes or parking areas, increasing reclaimed pavement use to up to 100 percent on seal treatment projects, providing best management practices for the processing and storage of reclaimed asphalt pavement and expanding the time recycled materials can be stored and stockpiled. Some of those next step recommendations will require concurrence from state agencies and from the county's Department of Environmental Health.

The alternative pavement materials next steps will be to conduct a pilot project using fiber reinforced asphalt pavement, which adds synthetic fibers to asphalt to resist cracking and improve the durability and life span of a road and to conduct a pilot project using roller compacted concrete.

The local agency contracting next steps are to increase the use of electronic bidding including the immediate provision of contract updates, creating a regional bid calendar to coordinate economies of scale and to reduce peak demand which increases prices, allowing flexible start dates to maximize the available workforce and reviewing traffic control requirements.

#### Here's the skinny on real estate commissions

ESCONDIDO – After receiving calls for real estate advice or consultations, I've heard these words many times.

"Thanks so much. How much do I owe you?'

People are always surprised by the response – nothing.

The general public, I believe, is under the misconception that if someone charges for a service then it must be a better quality than a service that is free. For example, many lawyers and accountants charge upward of \$250 per hour. Realtors also provide a service, yet in most cases they do not charge by the hour.

A Realtor represents either a buyer or a seller in a real estate transaction. Traditionally, sellers agree to offer a previously determined percentage of the sales price in exchange for a successful closing and all that goes along with it. For example, a seller could sign a listing agreement and offer to pay 6% of the purchase price in real estate commission. This 6% would

be shared in equal parts between the buyer's brokerage and the listing agent's brokerage, and it is reduced from the seller's net at the end of the transaction.

Say, for example, that the sales price is \$500,000. Six percent of \$500,000 would be \$30,000. The \$30,000 would be shared between the brokerages of the listing agent and the selling agent.

Agents make a lot of money is a common reaction when people hear that an agent will be make about \$15,000 for what sure sounds like a lot of money for one transaction. And, \$15,000 is a lot of money; however, that \$15,000 does not go directly to the agent who represents the buyers or sellers. The agent must share it with the brokerage and pay for advertising, errors and omissions insurance, office fees and any other expenses associated with the transaction. Additionally, as an independent contractor, the agent will pay income taxes on the net

real estate commission. Believe it or not, Realtors do a lot of things for free. Since agents do not charge by the hour and only make money when deals close, they frequently prepare comparative market analyses, attend and host open houses and prepare marketing materials – all without being paid

While it is always nice to hear the phrase, "How much do I owe you?" My answer is simply, "You do not owe me anything for this appointment. I do hope that you will please keep me in mind for any future real estate needs and feel free to refer me to anyone you know who might benefit from my

If you or anyone you know is seeking to buy or sell, my office can help. Feel free to contact me if you have any further questions.

The post "Spotlight: The Skinny on Real Estate Commission' appeared first on Broadpoint Properties' website, https:// servingsandiegocounty.com.

Submitted by Elisabeth Hartig Lentulo, broker associate.

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# Real Estate Round-Up: Champion or Chump, only time will tell



Kim Murphy Murphy & Murphy Southern California Realty

There has been a failure to launch in the Fallbrook housing market. Since the Great Recession of 2006, housing has not rebounded to fully recover from the losses that occurred. Housing serves as a propellant for expansion for the local economy, so when housing stalls, so does the economy. So, what's the problem?

Interest rates did creep up in 2018 but have recently declined. The Fed said that they do not anticipate any interest rate increases and that possibly, future reductions will occur. This factor alone should stimulate Fallbrook housing sales. It seems to be creating more activity but not more closed sales.

Nationwide, there is a high level of student debt that has impacted millennials getting into the market. Baby boomers are choosing to age in place, which is keeping housing units off the market. Jobs are being created close to high cost metropolitan areas, which is causing those market prices to climb, and is also pushing buyers out of those markets into lower cost areas, further away from the jobs. Environmental and zoning restrictions are choking the development of additional supply. All these factors are having a major impact on housing sales.

There is one additional factor that is not being discussed by the real estate pundits but is heavily discussed within the rank and file, who work every day selling real estate: the buyers. The most aggressive, unrealistic group of buyers I can recall experiencing is the buyer in today's market who wants to "steal" a property, expects the seller to do all repairs requested and may still bail on the transaction.

We've personally experienced a buyer walking when the appraisal

came in low, even when the seller and the Realtors agreed to make up the difference for them. In a separate instance, a buyer canceled when they decided that they wanted to be able to see the backyard from the front door, even though they entered escrow on a home that never offered that. Other Realtors have shared similar experiences of buyers canceling over minor issues that in the past would have easily been resolved by compromise or negotiating to find a suitable fix for the problem. Not today. I guess the buyer would rather pay for a second home inspection and appraisal, and continue searching for that perfect home, than find some common ground that allows the transaction to be completed.

We have been in a sellers' market for the past few years. Perhaps this knee jerk reaction comes from buyers getting back at sellers who in the past held all the cards and called all the shots. I cannot personally recall a time that sellers showed as much disdain for buyers during the process of selling a home. A phrase we use in the profession that encourages negotiation and compromise, is "Sellers want to sell, and buyers want to buy" so let's help them get there. Today, sellers want to sell, but buyers "kind of" want to buy.

The importance of pricing a home correctly has never been more important. Hiring an experienced Realtor with exceptional negotiation skills is a must. Sellers will need to develop thicker skin, because this market may be here for a while, so buckle in, hold on and brace for a wild

Can this attitude be fixed? Probably not, but hearing it and realizing it is not personal, should help sellers proceed with caution. Sellers should be prepared for a bumpy ride. My personal plea to buyers, "Only enter into a purchase transaction if you are fully committed to the process, which always has and always will have bumps along the way, and then commit to finding resolution, rather than bailing." A robust housing market helps everyone. Buyers have an opportunity to be a champion or a chump. Only time will tell, which title they choose to embrace.

Kim Murphy can be reached at kim@murphy-realty.com or (**6**) **4**5 9292 or at 10 N. Main Avenue, in Fallbrook. Her broker license is \$\mathbf{\textit{9}}1229921, and she is on the board of directors for the California Association of Realtors.

# Fire Authority, community agencies partner to provide free smoke alarms



A volunteer tests a new smoke alarm installed during a recent "Sound the Alarm" event.

American Red Cross San Diego-Imperial Counties photo

#### Yvette Urrea Moe County of San Diego

Communications Office

If someone is unlikely to install a smoke alarm in their home due to issues with mobility or financial constraints, then they could qualify for a program that will install them at no cost. More than a hundred homeowners in the county's rural areas have already qualified as part of a recent and expanding campaign to equip households with the lifesaving equipment.

Each home could qualify for up to three smoke alarms and perhaps a carbon monoxide alarm, Bob Uribe, community liaison coordinator for the San Diego County Fire Authority, said. This service for homes in the unincorporated county areas is provided through a partnership between the San Diego County Fire Authority, the American Red Cross, the Burn Institute and the Fire Safe Council of San Diego County.

"I think it's made a significant difference for those homeowners who have had the alarms installed," Uribe said. "The program is making smoke alarms available to more people because everybody's lives are important to us."

Uribe said the American Red Cross supplies all the smoke alarms, which come with a 10-year lithium battery, to the Burn Institute, and that agency distributes them as needed for the program.

In the rural areas, the Fire Authority also may provide a combination carbon monoxidesmoke alarm with a 10-year lithium battery. Both the Fire Authority and the Fire Safe Council schedule requests from homeowners. The firefighters even install the alarms personally if they have the time, but they also train community members with the Fire Safe Council to install the alarms.

Firefighters or trained volunteers installing the alarms also take the opportunity to talk to homeowners about other winter and fire prevention recommendations such as not placing a heater near something flammable like curtains, being watchful of food on the stove and getting fireplaces inspected to make sure they don't have a buildup that can catch fire inside the chimney.

They also discuss other safety information with homeowners such as having an evacuation plan and meeting place in the event of a fire or other emergency, practicing evacuating and getting pets used to being there crate in case of an evacuation. Uribe said they bring informational material and answer

Melissa Altman, regional preparedness manager for the American Red Cross of San Diego

and Imperial counties, said the national Sound the Alarm program started out in 2014 and locally focused on the San Diego area at first but has now been expanded to the rural areas. The local Red Cross office said it expected to exceed its goal of installing 5,800 alarms in the region during this current fiscal year which will end in June.

"We are making a difference," Altman said. Last May, three smoke alarms were installed in a Bayview mobile home, and in December, a fire sparked in a bedroom. The homeowner and her two adult children were able to safely escape the fire after the beeping smoke alarms alerted them of the fire. Across the nation, 552 lives have been saved because of alarms installed as part of the program, Altman said.

The Burn Institute does specialized outreach to seniors, people age 62 and up, who have mobility or financial issues and maintain records on the program.

"You are 50% more likely to survive a home fire if you have a working smoke alarm in your house," Altman said.

To find out if you are qualified for the program, contact the Burn Institute at (858) 541-2277 or sign up for a free smoke alarm installation at www.soundthealarm. org/sandiego.

# A special day for special names

FALLBROOK - It might be expected to plant a tree during California Arbor Week, but naming trees? The March 5 Save Our Forest/Fallbrook Land Conservancy Arbor Day Celebration event was capped off with "naming" three newly planted Cersis or Redbud trees. Some folks thought that giving them a name would ensure people gave extra care and attention to the new flowering beauties.

Of those attending, some 35 people participated in the naming contest. The winners are Peggy Brown, who named the Ruby Hill tree "Barbie;" Judy Justin, who named the Forest Pansy tree, "Varado" and Jean Dooley who named the Avondale Redbud tree, "Rosie."

The miniature park at Vine and Alvarado streets features a live oak surrounded by the new trees. A carved wood bench will be placed there soon by Save Our Forest and the Fallbrook Land Conservancy in honor of Roger Boddaert, "The Tree Man Of Fallbrook."

The celebration during California Arbor week was made possible by a California ReLeaf grant to support and recognize Arbor Day. National Arbor Day is the last Friday in April; this year it falls on April 26.

The Fallbrook Climate Action Team invited Save Our Forest to present their group's history and to promote the benefits of trees and plants for a healthful environment all the while combating climate change at their next meeting.

The meeting is at the Fallbrook Library Community room April 30 at 6:30 p.m. During the meeting they will show the "Necklace Of Leaves." This film was produced and distributed in 1997 through a grant from The California Department of Forestry and Fire



The Cersis or redbud trees at the new park at Vine and Courtesy photo Alvarado streets have names: Peggy Brown named the Ruby Hill variety, "Barbie;" Judy Justin named the Forest Pansy variety, "Varado," and at the far right, Jean Dooley named the Avondale variety, "Rosie." In the center are park designers Roger Boddaert and lackie Heyneman.

Protection. It has been shared throughout the western United States.

Save Our Forest, Fallbrook Land Conservancy and Chairwoman, Jackie Heyneman, are featured in the film that is endorsed by the National Arbor Day Foundation.

For more information, visit www.fallbrookclimateactionteam. org and www.fallbrookland conservancy.org/saveourforest.

Submitted by Fallbrook Land Conservancy.



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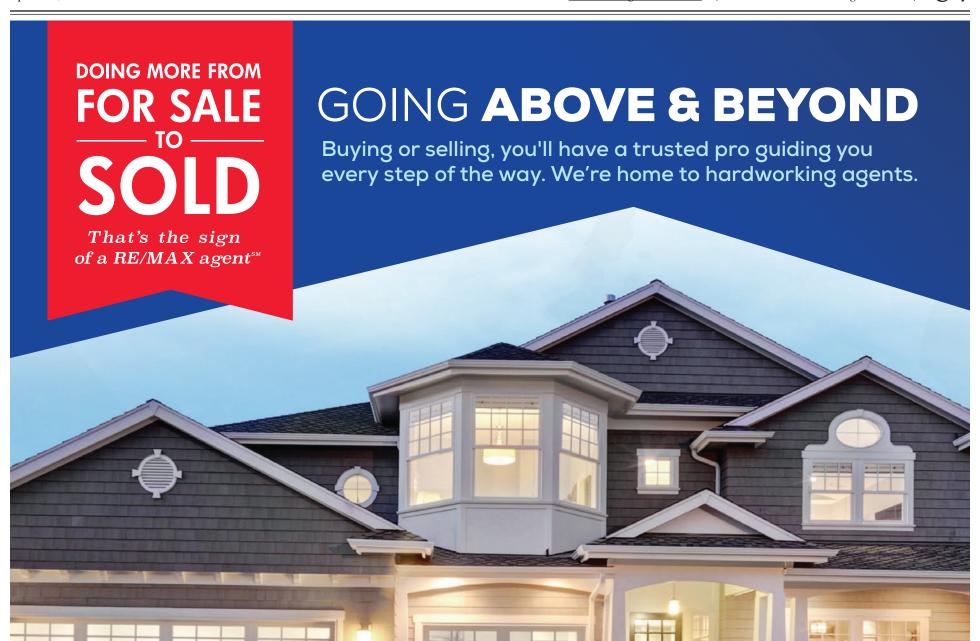


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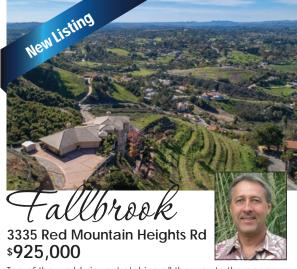
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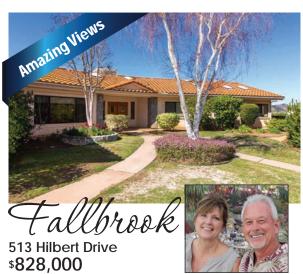
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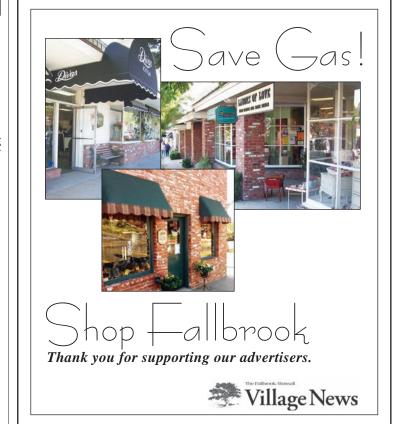
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# **CLASSIFIEDS**

# **OPINION**

#### **Preventing Wildfires**



Assemblywoman Marie Waldron

Special to Village News

Over the past few years, the Ceder, Witch, Cocos, Guejito, Paradise and Lilac fires have taught us a lot. The need to be proactive is critical. That's why I introduced Assembly Bill 19, for fire prevention and roadway vegetation management.

Auto-related wildfires are a major problem in California. In 2016 and 2017, almost 25% of local wildfires were vehicle-related. The seventh most destructive fire in state history, last year's Carr Fire in Northern California, killed eight people, burned over 229,000 acres and destroyed more than 1,500 structures. The fire started when sparks caused by a flat tire ignited brush along the highway.

We can prevent many of these fires by eliminating the fuel source. AB 19 will establish a General Fund grant program to

help county road maintenance departments and local fire districts purchase vegetation management equipment to mow brush along county-maintained streets and roads within High Fire Hazard Severity Zones.

Poor vehicle maintenance, a falling catalytic converter, dragging metal, sparks from flat tires or simply pulling over to the side of the road can ignite dry brush. These sorts of vehicle mishaps probably can't be prevented, but fires can be prevented by simply clearing the brush.

AB 19 will help local agencies purchase equipment they need to prevent nearly one quarter of all wildfires. The bill is supported by a growing list of Fire Districts including the North County Fire Protection District, The Valley Center Fire Protection District, the Bonita - Sunnyside fire Protection District, along with statewide agencies such as the California Forestry Association, Rural Counties Association and Cal Fire Chiefs.

The heavy rain we had also means more dry fuel along our roadways this summer. With AB 19, we can significantly reduce wildfires in our state and region.

Assembly Republican Leader Marie Waldron, R-Escondido, represents the 75th Assembly District in the California Legislature, which includes the communities of Bonsall, Escondido, Fallbrook, Hidden Meadows, Pala, Palomar Mountain, Pauma Valley, Rainbow, San Marcos, Temecula, Valley Center and Vista.



#### Affordable Care Act — revisit ad absurdum

Health care is just too attractive a topic for some politicians. So here we go again. Former President Barack Obama's health care law, the Affordable Care Act, is the law of the land. It was born in a 900plus page bill passed by Congress in 2010. For the next nine years, it underwent a relentless attack, for the mainly uninformed and polemically based, to dismantle or discredit it. Once again, we have to "get real" about health care for the nation. The "Obamacare" is not that "terrible "Obamacare"" or "socialism" but a comprehensive attempt to find ways to provide health care for everyone and to arrest the rise in health care costs for the patient and for the government. And health care is not simple. We had an inkling of this fact in the attempt to keep our hospital open in 2013. There is no way to write a 20page comprehensive health care law, and you can't conjure it up

Back in 2014, I wrote a letter

to the editor to the effect that the whole issue is too complex and why duplicate another large investment in man hours, including those for Congress and its support staff. My preferred path was to allow the dust to settle and tune "Obamacare" to make it perform more efficiently, improving it for patients, making it universally available and affordable.

Voiding "Obamacare" would be a grave error. The health care law is made up of 10 titles or functions. In about 20% of the health care law, Title 10 lays out coverage provisions. A huge part lies in Title II, and therein lies health care for a huge number of people – Medicaid. So when you talk about repealing "Obamacare", be careful about what you're aiming to do. There's that other 80% of the health care law, the other nine Titles that provide standards and benefits as well. Spare us all the consternation of a redo. Government, just do your job.

John Watson

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#### Jones and other Senate Republicans author measure condemning governor's hypocrisy on the death penalty

SACRAMENTO - Sen. Brian Jones, R-Santee; Sen. Jim Nielsen, R-Tehama; Sen. Jeff Stone, R-Riverside County; Sen. Mike Morrell, R-Rancho Cucamonga and Sen. John Moorlach, R-Costa Mesa, introduced Senate Concurrent Resolution 38, which condemns Gov. Gavin Newsom for giving a blanket reprieve to all 737 inmates on death row.

"Gov. Newsom's actions are hypocritical and unconstitutional," Jones said. "He made multiple commitments during his campaign that he would enforce the death penalty if elected, yet now he flipflops. The voters have reiterated their support for using the death penalty in cases of heinous crimes. If the governor disagrees, he ought to put it back on the ballot and let the voters decide.

"Whatever his newly expressed feelings about the death penalty, to abuse the voters and the reprieve process as he has, is not only wrong, but it also shows a disturbing lack of political courage," he said.

View Jones' "Are You Kidding Me?" video on death penalty at https://youtu.be/yqy7fpfwkiU.

Sen. Brian W. Jones is chair of the Senate Republican Caucus and was elected to the California State Senate in 2018 representing the 38th Senate District which includes Alpine, Escondido, Lemon Grove, El Cajon, La Mesa, Santee, Poway, San Marcos, Lakeside, Valley Center, Rancho Santa Fe, Julian, Ramona, Rancho San Diego, Bonsall, Fallbrook, Borrego Springs and parts of the city of San Diego.

# EVENTS CALENDAR

**April 20** – 10 a.m. to 4 p.m. – The Friends of the Fallbrook Library, Bottomshelf Bookstore, will be holding its quarterly special fundraiser. All gently used books, audio and video donations will be priced at half their normal low price. Proceeds go to The Friends of the Fallbrook Library to be used for programs presented by the library for the benefit of all. For more info, call (760) 451-9606 or visit www. FallbrookLibraryFriends.org.

April 25 – 6 p.m. – Fallbrook Library's Book to Action program starts with a screening of the "Mother Nature's Child" documentary at the library, 124 S. Mission Road

**April 27** - 9 a.m. to noon - The Bonsall meeting site for the greater San Diego County 17th Annual "Creek to Bay Cleanup" Day is the Bonsall Community Church, 31552 Old River Road Registration is now open at CreektoBay.org, or email the Miss Bonsall site captain for details and a waiver/entry form at missbonsallpageant@gmail.

**April 27** – 2-4 – A Spring Tea and Fashion Show celebrating women and empowering widows and hosted by The Widows and Widowers Ministry and The White Rainbow Project, will be held on the front lawn of Riverview Church. Tickets will be \$10 general public and \$5 for widows to cover costs of event. For more information, call (909) 205-3310 or visit whiterainbowproject.org.

**April 27** – 5-9 p.m. – Rockin' For Rescue, a fundraiser to benefit the Fallbrook Animal Sanctuary, features The Fallbrook Kid, Classic Rock and Blues at the Fallbrook VFW Hall, 1175 Old Stage Road. Tickets are \$25 in advance and \$30 at the door (if available). Food and drinks will be available for purchase. For tickets, call Karen Estes at (760) 468-4244 or visit the Fallbrook Animal Sanctuary, 230 W Aviation Road.

**April 27** – 5:30 p.m. – The Boys

& Girls Clubs of North County medical clinic opening soon at will hold its Forever Young Prom FPRC. Event catered by Small Night dinner and auction at Pala Town Kitchen at the Fallbrook Visit www.bgcnorthcounty.org for

**April 28** – 11 a.m. to 4 p.m. – Rally for Children's 26th annual Arts in the Park will be held at Live Oak Park. Event is free and includes painting, mask making, puppet shows, music, walking sticks, clay modeling, dancing and more. Food will be available for purchase. Free bus shuttle available, see http://www. rallyforchildren.org/ for more

**April 30** – 9-11 a.m. – Keeping Fallbrook Litter Free Group Cleanup will take place at Live Oak Park, 2746 Reche Road. Note: there is a \$3 parking fee. RSVP to Marta Donovan, (760) 405-4054

**April 30** - 6:30-8 p.m. -Jackie Heyneman will speak about Save Our Forest and show the 1995 film "Necklace of Leaves," produced via a grant from California Department of Forestry and Fire Protection, at the Fallbrook Library, 124 S. Mission Road. Free admission and parking. For more information, visit  $\underline{Fall brook Climate Action Team.org}.$ 

**May 4** – 9 a.m. to 3 p.m. – Fallbrook Garden Club's 2019 Garden Tour & Plant Sale starts at the historical society with tickets being exchanged for maps and the club selling plants. Seven Fallbrook gardens are on the tour. Tickets are on sale at the Chamber of Commerce, Major Market and www.BrownPaperTicket. com. Cost is \$20 in advance or \$25 the day of the tour. For more information, see www. fallbrookgardenclub.org.

**May 4** – 11 a.m. to 2 p.m. Going Western at Fallbrook Pregnancy Resource Center's Hats in the Garden Tea and Auction, a fun, fanciful tea and silent auction. Funds raised at the event will help furnish the new free primary care

**May 4** – 12-4 p.m. – Horses, Hats & Hope, A Kentucky Derby Party benefiting Foundation for Senior Care and REINS will be held at 4461 S. Mission Road. Event includes southern fare lunch, mint juleps, craft beer and bourbon tastings, prizes for race raffles and awards for Best Hat and Best Dressed Gent. Tickets are \$95 each (21 & over, includes endless drinks) and available at https:// foundationforseniorcare.org/.

**May 9** – 6 p.m. – Author Talk: The Nature-Rich Life with Richard Louv. He will identify basic concepts that can help residents reshape their lives by tapping into the restorative powers of nature. There will also be nature crafts for children, at Fallbrook Library, 124 S. Mission Road

May 17 - Noon - Murphy & Murphy Southern California Realty's fifth annual charity event benefits the Fallbrook Food Pantry at Pala Mesa Resort. Golf check-in starts at noon, cocktail hour/live music from Old School at 5 p.m., and dinner/live auction at 6:30 p.m. For ticket and sponsorship information, visit Charity Dinner at www.murphy-realty. com or call Chris Murphy, (760) 310-9292.

**May 26** – 9:30 a.m. to 4 p.m. – The 54th annual Fallbrook Vintage Car Show will be held on the grass at the Pala Mesa Resort, 2001 Old Highway 395. Show and parking are free to visitors. Hot rods and customs are this year's featured cars. Vendors, food and beverages will also be available.

May 27 - 11 a.m. - VFW Post 1924 hosts a Memorial Day Ceremony on at the Masonic Cemetery located at 1177 Santa Margarita Dr.

**June 10** - 12-1:30 p.m. -Foundation for Senior Care sohosts Senior Concern Seminar, "Caregiver Economics" at Christ the King Lutheran Church, 1620 S Stage Coach Lane. Free of charge and lunch will be provided. Register at www.SCInstitute.org/ FSC or call (760) 723-7570.

**Aug. 13** - 12-1:30 p.m. -Foundation for Senior Care sohosts Senior Concern Seminar, "The 5 Essential Documents" at Christ the King Lutheran Church, 1620 S Stage Coach Lane. Free of charge and lunch will be provided. Register at www.SCInstitute.org/ FSC or call (760) 723-7570.

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www.VillageNews.com April 18, 2019 Volume 24, Issue 16

# Fallbrook Girls Rugby Club U18s take second place in Nor Cal Invitational

Jeff Pack Writer

With a couple of starters missing and two physical, hard-fought victories coming the day before, the Fallbrook Girls Rugby Club's U18 team came up short against the South Bay Lady Spartans, 22-5, in the Championship Match of the Rugby Nor Cal Girls Invitational Sunday, April 14, in Livermore.

With that loss, the Warriors are now 2-1 on the season against the rival Spartans, and both teams are expected to contend for the Club National Championship next month in Utah.

The Warriors got the tournament started Saturday by shutting out Lamorinda Rugby 36-0 after getting off to a slow start.

Four hours later, they squared off with Sac-Pal Amazons, a team the Warriors last lost to at the 2016 National Championships in Washington.

This time around, it was the Warriors who raced out to an early lead and never looked back, shutting out the Amazons 25-0.

The Braves, FGRC's middle school division or U 14s team, took home the sevens tournament title, defeating the Kahuku Red Raiders 24-10 after trailing early in the game 10-0.

The Braves went undefeated on the weekend.



Fallbrook Girls Rugby Club coaches and players receive their second place medals after finishing second in the Rugby Nor Cal Girls Invitational.

Stacey Savin photos



Capt. Nathalie Celis looks to pass the ball against Lamorinda.







Capt. Abbey Savin attacks a Lamorinda defender.



Tiahna Padilla breaks through for a try versus the Amazons.



Warriors ruck over their teammate in the game against the Amazons.

### **SPORTS**

#### Athlete of the week

# Contreras leads Legionnaire golf team with positivity

Jeff Pack Writer

The Bonsall High School Boys Golf team has won league for the past two seasons and a big part of that team has been senior Joe Contreras, a four-year starter for the young program.

His leadership on and off the course is the reason his coach, Eddie Van Hoosear nominated Contreras for Athlete of the Week.

"Joe has been a consistent source of leadership for his teammates all four years that he's been on the team," Van Hoosear said. "He has helped coach our beginner players as well as constructively and positively pointed out ways that our other players can improve. On the course and off, he has modeled the positive behavior and attitude that I want to see from all athletes, inspiring them to play better and be better."

The relationship between coach and player is a strong one, one that Van Hoosear said he valued.

"Joe is very hardworking and always looking to improve, not just at golf, but at school and as a person," Van Hoosear said. "We have a great relationship and he's not afraid to ask questions if he doesn't know what to do, golf or

"One time, while out with his friends, the battery on his car died. So, instead of calling his parents or another friend, he called me. I walked him through how to use jumper cables and got him on his way. But that moment showed some of the trust that he puts in me.'

Contreras signed a letter of intent to play golf next year for Providence Christian College after winning league individual championships for the past four

A player with that kind of talent, people might think that Contreras has been playing all of his life. Not so, he only began playing about five years ago when he was 12

"My uncle took me out one day and I fell in love with the game,' Contreras said. "Golf brings me peace. Being a senior in high school is super stressful and golf allows me to escape and relax everyday.'

Contreras also plays basketball and soccer and participates in the school's theater program, where he runs the sound backstage.

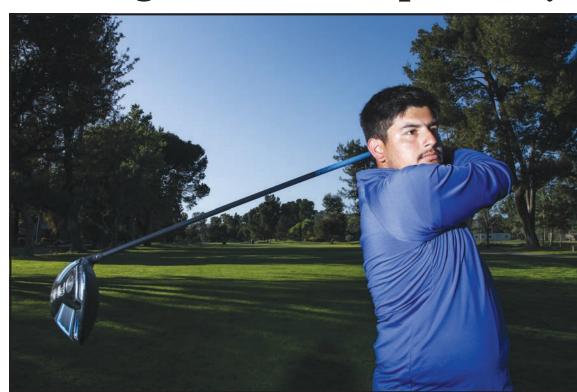
His goal is for Bonsall High to bring home another league title and lists the two previous team league championships as some of his proudest accomplishments.

"My personal goal is to make it to the second day of the CIF tournament," he said.

Contreras said his favorite memory of the sport is playing golf in Hawaii and hopes to someday play golf for a career.

"Whether as a pro making money in tournaments or an instructor growing the game of golf," he said.

Jeff Pack can be reached at jpack@reedermedia.com.



Joe Contreras is in his fourth season as a varsity golfer for Bonsall High School and recently Shane Gibson photo signed to play golf with Providence Christian College next year.

# Warriors challenge Longhorns in the pool



Fallbrook High School Lady Warrior Paris Dowden comes up for air during the breaststroke portion of the 200-meter medley relay against the Rancho Buena Vista High and San Pasqual High, April 9.

Get to know Joe Contreras

Faur ite subject?

"My favorite subject is communications, because I like to learn about the ethical issues we see in society.'

Faur ite team?

LA Chargers and LA Lakers Faur ite athlete?

Tiger Woods or Xander Schaufelle Faur ite artist? Frank Ocean

Faur ite TV show? The Office

Faur ite moiv e? "All of the 'Avengers' movies."

# Fallbrook's lady golfers win Citrus Cup



Renee Reichle, captain of the Golf Club of California Fallbrook, left, accepts the Citrus Cup trophy from Pauma Valley CC captain Heidi Person. The two-day team event is held at each club, April 3 and 4 this year. A total of 48 ladies made up the teams and,





Fallbrook's Chase Williamson swims the butterfly during the 200-meter medley relay against Rancho



Lady Warrior Kaiah McNutt swims the butterfly against the Lady Longhorns and Eagle during the 200-meter individual medley. Fallbrook girls won against Rancho Buena Vista but lost to San Pasqual.

# Petersen chosen as Valley League girls soccer player of the year

Village News Correspondent

Nine members of Fallbrook High School's girls soccer team were given all-league honors by the Valley League coaches including league player of the year Audrey Petersen.

"That was really exciting for me," Petersen said. "That was something I had dreamed about getting. For me, it was really an honor when I found out that was

Petersen was joined on the Valley League first team by Karina Bulli and Hannah Diverde. The second team included Jade Kennedy, Galilea Medina and Judith Urbina. Valerie Juarez, Delia Tapia and Nikel Villa were recognized at the honorable mention level.

"I think we've got the most spots out of the league," Fallbrook coach Sergio Garcia said. "I felt like a couple of them deserved a spot on first or second."

The Warriors won the league championship with a 7-1-2 record in Valley League competition. Fallbrook's overall record of 10-7-4 includes a loss in the first round of the CIF Division II playoffs.

Petersen, Bulli and Diverde all made Fallbrook High School's varsity as freshmen, and all three of those players received allleague honors during each of their four seasons with the Warriors. "Those three have been the core of the team," Garcia said.

Ironically Petersen had never previously received first-team Valley League recognition. She had honorable mention designation both as a freshman and as a sophomore and was on last year's all-league second team.

Although being the league's player of the year was one of Petersen's goals for the season, her primary goal was a league championship.

"We had always been so close to getting it," she said.

In both 2016-2017 and 2017-2018 San Pasqual High School won the league championship and Fallbrook placed second. This year the Warriors obtained 1-0 and 4-2 victories over the Golden Eagles. During the first round of league play, Fallbrook won three games, lost a road match against Mission Vista High School and tied Valley Center. During the second half of league competition the Warriors won four games and tied Ramona High School.

"It was incredible and just a

relief," Petersen said of winning the league championship.

"That was definitely our goal for this year, and I'm proud to say that we did that," Petersen said. "We're all proud to say that we were able to claim that."

Petersen played coed soccer before being a participant in an organized soccer league. She had eight years of club experience with the Oceanside High School

Petersen attended Bonsall Elementary School and then spent three years at Sullivan Middle School. She was on the Wildcats' soccer team for all three of her middle school years.

"That was really fun," she said. During her freshman soccer season, Petersen was an outside defender. She was moved to the midfield position for her sophomore season and played mostly center midfield with some outside midfield activity as a sophomore and junior.

Garcia placed Petersen at the sweeper position to make up for the loss of the two all-league defenders who graduated in 2018.

"I knew this was kind of my shoes to fill," Petersen said. "That was kind of my role to take on the team. I really enjoyed playing defense and being able to help my

"We knew she was strong defensively. We knew she was fast," Garcia said. "She just excelled in the position."

The Warriors had seven shutouts during league play and nine shutouts overall.

"That was really awesome," Petersen said.

"I think she was the major factor for us," Garcia said of Petersen's role in the shutouts.

"I'm thankful for the players and coaches I got to be with all four years," Petersen said. "I'm sad to see it all come to an end, but I'm thankful for an amazing experience."

"She definitely will be missed and tough shoes to fill," Garcia

Petersen will make her college choice based on academics rather than soccer but will play on a club team if she is unable to participate in National Collegiate Athletic Association or National Association of Intercollegiate

Athletics competition. "I'm definitely going to still play in college," she said. "I love soccer. I love the sport."

Bulli was a center midfielder

"Karina is small but mighty, a player that anybody who loves soccer would enjoy watching her play. She's very versatile in the field that she can pretty much play any position," Garcia said.

During the 2015-2016 season, Bulli played as a back, a midfielder and a forward and was a Valley League second-team selection as a freshman. Bulli was also on the allleague second team as a sophomore and played both midfield and forward during the 2016-2017 season. Bulli was both a midfielder and a forward as a junior, when she was on the Valley League first team for 2017-2018.

"She's not one to back down on any 50-50 ball and nine times out of 10 come out with it," Garcia said of Bulli.

Bulli also received consideration for league player of the year honors. "This year Audrey had the edge,"

Diverde split 2015-2016 between the forward, midfielder and defender positions and was an honorable mention all-league selection. This season's firstteam Valley League designation is the third for Diverde, who was recognized at that level when she was a midfielder as a sophomore and when she played both midfielder and forward during her junior year.

"A type of player that I like to call a game changer," Garcia said of Diverde. "Her shots are incredible, I think one of the best in the league. She can score and has scored from 40 yards out. A very aggressive and motivated player."

Kennedy and Urbina were on last year's honorable mention list and thus repeated their all-league status. Kennedy played the left midfielder position this year and is a sophomore. Urbina, who is also a sophomore, was Fallbrook's primary right defender for 2018-

Medina, who earned all-league designation for the first time, is a senior. She was a center midfielder for this season's Warriors.

Villa was an all-league honorable mention selection last year as well as for this season. She was a defender on the 2017-2018 team and was placed in a center midfielder role for 2018-2019. Villa is a senior.

Juarez and Tapia are first-time recipients of all-league honors. They are both sophomores. Juarez was Fallbrook's goalkeeper, and Tapia played stopper.

# Vazzana named Valley League girls water polo player of the year

Wallace also on first team, three Warriors on second team



Gabby Vazzana is seen in action in Coggan Pool in La Jolla during the CIF playoffs.



Sophia Wallace keeps a Mar Vista player at bay during **Courtesy photos** Fallbrook's CIF quarterfinals match.

#### Joe Naiman

Village News Correspondent

The Valley League's girls water polo coaches selected Fallbrook High School senior Gabby Vazzana as the league's player of the year.

"I'm honored to receive that," Vazzana said. "I was very surprised."

"It was a surprise to me to be honest because there are some very good players," Fallbrook coach Sean Redmond said.

The all-league first team also included Fallbrook junior Sophia Wallace. Three Warriors were placed on the second team: junior Anna Draves, junior Naomi Wood and sophomore Paris Dowden.

"That was exciting. It showed the level of depth and talent that we had," Redmond said.

This year the Valley League did not have honorable mention all-league players so the Warriors had five of the 14 total all-league selections.

Vazzana played primarily set defense and led all Valley League players with 174 steals for the entire season. She was second among Fallbrook players with 56 goals and added 58 assists.

"She was definitely very versatile, and without her, especially those steals, it would have hurt us," Redmond said.

"I want to say thank you to my coaches," Vazzana said. "Everyone has taught me so much.'

Fallbrook joined the Valley League in 2014, and Vazzana is the fourth Warrior to earn league player of the year honors for girls water polo. Jordann Heimback was the 2014-2015 league player of the year, Taylor Dowden received the league's top honor for 2015-2016, and Caitlyn Batty was the 2016-

2017 player of the year. Taylor Dowden is Paris Dowden's older sister. She is also the younger sister of 2009-2010 senior Cassie Dowden and 2013-2014 senior Kierstin Dowden. Vazzana also benefited from the water polo experience of an older sibling; Anthony Vazzana was on Fallbrook's boys water polo team before graduating in 2018.

The Fallbrook Associated Swim Team has a water polo program, and when Gabby Vazzana was in sixth grade both Vazzana siblings were on a coed team.

"I was one of the only girls so playing boys teams kind of toughened me up and got me prepared for high school," she said. "It was pretty easy to come back and play with girls."

Vazzana was on the junior

varsity volleyball team as a Fallbrook High School freshman, eventually making that sport's varsity as a junior, and she was on the Warriors' varsity water polo and swim teams as a ninth-grader. She did not receive Valley League water polo all-league honors in ninth or 10th grade.

The Valley League coaches placed Vazzana on the all-league first team for 2017-2018. Her junior year included 130 steals, 43 goals and 40 assists. The swim league champions for each event also receive first-team Valley League honors, and Vazzana was part of Fallbrook's 200-yard medley relay team which won the 2018 league championship.

Fallbrook posted a 5-0 record in Valley League water polo matches this season to win the league championship. The Warriors advanced to the CIF Division II final, which ended as a 4-2 loss to Poway. The Warriors finished the 2018-19 season with an overall record of 19-10.

"I'm so happy that everyone on our team was so dedicated." Vazzana said. "Everybody just wanted to improve."

Vazzana hopes to play water polo in college. She has not made a decision on her collegiate plans. Vazzana attended Sullivan Middle School before her four Fallbrook High School years.

Wallace led the team with 64 goals. She also had 29 assists and 62 steals. She played primarily a driver while also playing other positions during the season.

"She was probably one of our spark plugs," Redmond said. "Sometimes she'd go into set, sometimes she'd go someplace else, and it caused a lot of confusion for the other team."

Draves played set offense and contributed 55 goals, 35 assists and 70 steals. Dowden's season included 49 goals, 34 assists and 83 steals from primarily the driver position. Wood, who was Fallbrook's goalkeeper, made 188 saves while adding 85 steals and eight assists.

Draves was on the 2017-2018 first team. Wood was recognized at the honorable mention last year. Fallbrook's four all-league players for the 2017-2018 season also included 2018 graduate Ella Hearn.

Fallbrook's all-league contingent consists of one senior, three juniors and one sophomore.

'That one senior's going to kind of hurt," Redmond said of losing Vazzana.

# Nine Warriors named to allleague teams in boys soccer

loe Naiman

Village News Correspondent

The Valley League boys soccer coaches placed nine Fallbrook High School players on all-league

Julian Cortes, Matt Bridgeman and Omar Diaz were named as members of the Valley League first team. Jake McBroom and Eric Ruiz were recognized at the second-team level. Honorable mention distinction was bestowed upon Ishmael Guadarrama, Roberto Ortega, Andres Ramos and Camillo Ruiz. All nine of those players are seniors.

"I'm very happy," Fallbrook coach Jorge Rojas said of having nine all-league players.

Fallbrook finished second in the league standings with a 6-1-3 record. The loss was in the final game to CIF Division IV champion Mission Vista.

"It speaks for itself," Rojas said of nine of his players earning allleague accolades from the other coaches.

Fallbrook had an overall record of 8-9-5 and overcame a 2-8-2 record entering league play to challenge San Pasqual High School for the Valley League

championship. "I believe that earned them the recognition," Rojas said of the team's turnaround.

Cortes played defender for the Warriors. He was the runner-up for

league player of the year honors. "Julian was consistent. As a

defender he definitely competed at a very high level," Rojas said. "Athletically he competed among the top scorers. He shut a couple of them down, which impressed a lot of coaches. We were proud of the effort and time Julian invested

in our team this season."

Bridgeman was also a defender. "Matthew Bridgeman is an exemplary student-athlete, extremely disciplined," Rojas said. "He's been a pleasure to work with."

Diaz was a center midfielder. "I think Omar was a very dynamic center midfielder," Rojas said. "He's a good person to have

on the field because he takes on a leadership role." McBroom played center back. Eric Ruiz was a center midfielder as was Ramos. Guadarrama was a defender. Ortega was Fallbrook's

forward. Fallbrook had six league shutouts during 2018-2019, including five in which the Warriors were victorious, and 10 shutouts for the overall season including seven shutout wins.

goalkeeper. Camillo Ruiz played

The Warriors had five consecutive shutouts, including four consecutive shutout wins, during league play. The 2018-2019 season also included three consecutive shutouts in December although two of those were scoreless ties.

"They definitely polished their game in the back," Rojas said.

The Warriors had not had five

consecutive shutouts or four consecutive shutout wins since Rojas became Fallbrook's head coach in 2012. "It was definitely a great

achievement," Rojas said. "Overall I'm very proud of the team the way they responded after a tumultuous The Warriors lost their first five games of the 2018-2019 season

performance to conclude preleague competition. "The boys took some time to really reflect," Rojas said. "They polished a lot of their technical

abilities. That set us up to make a

good run."

and followed that with a 2-3-2

The Warriors were outscored by a cumulative 21-10 margin in their first 12 games. Fallbrook had a 13-9 cumulative scoring advantage in the Warriors' 10 league games. The Warriors were 1-4 in preleague games decided by one goal and 5-0 in Valley League contests with a one-goal

"I couldn't be more proud to have a great group of young men to pull it together, be proactive and finish the season with almost a perfect run for the league championship," Rojas said.

This year's Fallbrook team included 14 seniors including the nine all-league players.

"We will be missing all of the seniors," Rojas said. "I look forward to the young ones stepping

# **LEGALS**

#### **Fictitious Business Name**

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9007141 Name of Business

Name of Business
PICTURE IT RENOVATED
3650 Linda Vista Drive, Fallbrook, CA 92028

County: San Diego This business is registered by the following: Lauren Lynn Kelly-Hill, 3650 Linda Vista Drive, Fallbrook, CA 92028

This business is conducted by an Individual Registrant first commenced to transact business under the above name as of 03/01/19 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/19/19

LEGAL: 4970

PUBLISHED: March 28, April 4, 11, 18, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9006675 Name of Business

MOODYS 5332 Olive Hill Trl, Bonsall, CA 92003 Mailing address: PO Box 969, Bonsall, CA 92003 County: San Diego

This business is registered by the following: Bonsall Petroleum Construction, Incorporated, 5332 Olive Hill Trl, Bonsall, CA 92003 This business is conducted by a Corporation This Corporation is located in the state of Ca

Registrant first commenced to transact business under the above name as of 3/21/15
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/13/19

LEGAL: 4971 PUBLISHED: March 28, April 4, 11, 18, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9007179

Name of Business LL PHOTOGRAPHY 2532 Katherine Ct, El Cajon, CA 92020

County: San Diego
This business is registered by the following:
Lee Dennis Landes, 2532 Katherine Ct, El
Cajon, CA 92020

This business is conducted by an Individual THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/19/19

LEGAL: 4972

PUBLISHED: March 28, April 4, 11, 18, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9007248 Name of Business

TRES HERMANOS LANDSCAPING AND TREE SERVICES

1455 Alturas Rd. Spc. 87, Fallbrook, CA 92028 County: San Diego This business is registered by the following: Ignacio Resendiz-Jimenez, 1455 Alturas Rd.

Spc. 87, Fallbrook, CA 92028
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE
RECORDER/COUNTY CLERK OF SAN
DIEGO COUNTY ON 03/20/19

LEGAL: 4973

PUBLISHED: March 28, April 4, 11, 18, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9006393

File Number: 2019-9006393 Name of Business FALLBROOK TREASURES

2644 Vista de Palomar, Fallbrook, CA 92028 County: San Diego This business is registered by the following: Victoria R. Cicalo, 2644 Vista de Palomar, Fallbrook. CA 92028

This business is conducted by an Individual Registrant first commenced to transact business under the above name as of 03/10/2019
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/11/19

LEGAL: 4974

PUBLISHED: March 28, April 4, 11, 18, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9007638 Name of Business

Name of Business

MICROTEK SWISS

560 Industrial Way, Ste. A, Fallbrook, CA 92028 County: San Diego This business is registered by the following:

Hector Antonio Santana, 460 Debby St., Fallbrook, CA 92028 This business is conducted by an Individual Registrant first commenced to transact business under the above name as of 03/25/2019

under the above name as of 03/25/2019
THIS STATEMENT WAS FILED WITH THE
RECORDER/COUNTY CLERK OF SAN
DIEGO COUNTY ON 03/25/19
LEGAL: 4976

PUBLISHED: March 28, April 4, 11, 18, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9008387 Name of Business NEXT GENERATION PAINTERS

236 N. Pico Ave Apt C, Fallbrook, CA 92028 County: San Diego This business is registered by the following: Mateo Alvaro Jr., 236 N. Pico Ave Apt C,

Fallbrook, CA 92028

This business is conducted by an Individual Registrant first commenced to transact business under the above name as of 11/01/2018
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 04/02/19

LEGAL: 4990 PUBLISHED: April 11, 18, 25, May 2, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9007999
Name of Business

DONUT PANTRY
833 So. Main St #F, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:

This business is registered by the following: Thavy Ly, 302 Arroyo Vista, Fallbrook, CA 92028 This business is conducted by an Individual

Registrant first commenced to transact business under the above name as of 3/27/19 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/27/19

LEGAL: 4991

PUBLISHED: April 11, 18, 25, May 2, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9007624 Name of Business

CLOSE NOW PROCESSING
815 Mission Ave Suite 209, Oceanside, CA
92054
County San Diago

County: San Diego
This business is registered by the following:
Lizbeth Rodriguez, 150 Mayfair St, Oceanside,
CA 92058

This business is conducted by an Individual THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/25/19

LEGAL: 4977

PUBLISHED: March 28, April 4, 11, 18, 2019

#### Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9008172 Name of Business

JUNEAU ARCHITECTS AND CONSTRUCTION LLC

92024 County: San Diego This business is registered by the following: Continuity LLC, 2211 Encinitas Blvd Ste 200,

2211 Encinitas Blvd Ste 200, Encinitas, CA

Encinitas, CA 92024
This business is conducted by a Limited Liability
Company

This LCC is located in the state of California Registrant first commenced to transact business under the above name as of 3/15/19 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/29/19

LEGAL: 4994 PUBLISHED: April 11, 18, 25, May 2, 20199

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9006604 Name of Business

OLIVE TIRE SHOP INC.

365 Olive Ave, Vista, CA 92083 Mailing address: 604 Tatum St, Vista, CA 92083 County: San Diego This business is registered by the following: Olive Tire Shop Inc., 365 Olive Ave, Vista, CA

This business is conducted by a Corporation This Corporation is located in the state of California

Registrant first commenced to transact business under the above name as of 01/29/18 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/13/19

LEGAL: 4975

PUBLISHED: March 28, April 4, 11, 18, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9008652 Name of Business

H2O BOTANICALS, LLC
1317 Sycamore Hts., Fallbrook, CA 92028
Mailing address: 5256 S. Mission Rd. #703336, Bonsall, CA 92003

336, Bonsali, CA 92003
County: San Diego
This business is registered by the following:
H2O Botanicals, LLC, 1317 Sycamore Hts.,
Fallbrook, CA 92028

Fallbrook, CA 92028 This business is conducted by a Limited Liability Company This LCC is located in the state of California

Registrant first commenced to transact business under the above name as of 3/1/19
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 04/04/19

LEGAL: 4992 PUBLISHED: April 11, 18, 25, May 2, 20199

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9008734 Name of Business

MBA PRODUCE GROUP INC. 3815 Mission Ave. Ste 203, Oceanside, CA 92058

Mailing address: P.O. Box 4918, Oceanside, CA 92052

County: San Diego
This business is registered by the following:
MBA Produce Group Inc, 3815 Mission Ave. Ste
203, Oceanside, CA 92058
This business is conducted by a Corporation

This Corporation is located in the state of CA Registrant first commenced to transact business under the above name as of 8/1/18
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 04/04/19

LEGAL: 4995

LEGAL: 4995 PUBLISHED: April 18, 25, May 2, 9, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9007384 Name of Business a. STAGEPRO ENTERTAINMENT GROUP

INTEGRATION DUSINESS

STAGEPRO ENTERTAINMENT GROU

b. SEG

c. STAGEPRO

d. JUST 4 KIDZ
e. JUST 4 KIDZ ENTERTAINMENT
f. ADVENTURE PICNICS
g. HYPNOSUCCESS
4046 Craven Rd #41, Oceanside, CA 92057
Mailing address: PMB 369 3784 Mission Ave.

Mailing address: PMB 399 3784 Mission Ave. #148, Oceanside, CA 92058 County: San Diego This business is registered by the following: Cameron Garrett South, 4046 Craven Rd #41,

Oceanside, CA 92057
This business is conducted by an Individual
Registrant first commenced to transact business
under the above name as of 03/01/2019
THIS STATEMENT WAS FILED WITH THE
RECORDER/COUNTY CLERK OF SAN

DIEGO COUNTY ON 03/21/19 LEGAL: 4996 PUBLISHED: April 18, 25, May 2, 9, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9009567 Name of Business

INTERNATIONAL DENTAL CONSORTIUM 1541 Ranchero Dr., Oceanside, CA 92057 County: San Diego This husiness is registered by the following:

This business is registered by the following: a. Steven Michael Solseth, 1541 Ranchero Dr., Oceanside, CA 92057 b. Barbara Jo Solseth, 1541 Ranchero Dr., Oceanside, CA 92057

This business is conducted by a Married Couple Registrant first commenced to transact business under the above name as of 04/11/19 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 04/11/19

LEGAL: 4998

PUBLISHED: April 11, 18, 25, May 2, 2019

# Abandonment of Biz Name STATEMENT OF ABANDONMENT OF USE

OF FICTITIOUS BUSINESS NAME
File Number: 2019-9008368
Fictitious Business Name(s) To Be Abandoned:
NEW GENERATION PAINTERS

236 N. Pico Ave Apt C, Fallbrook, CA 92028 County: San Diego The fictitious business name referred to above was filed in San Diego County on 11/1/2018 and assigned File No. 2018-9027403

The fictitious business name is being abandoned by:
Petrona Juan, 236 N. Pico Ave Apt #C, Fallbrook, CA 92028

Fallbrook, CA 92028
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE
RECORDER/COUNTY CLERK OF SAN
DIEGO COUNTY ON Apr. 02, 2019

LEGAL: 4989 PUBLISHED: April 11, 18, 25, May 2, 2019

Cornejo, Efrain

Searle, Tammy

Mathews, Yvonne

#### Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9007711 Name of Business

Name of Business DISCOVER VISTA VILLAGE 209 E. Broadway Suite B, Vista, CA 92084 County: San Diego

This business is registered by the following: Vista Village Business Association, 209 E. Broadway Suite B, Vista, CA 92084 This business is conducted by a Corporation This Corporation is located in the state of

Registrant first commenced to transact business under the above name as of 01/01/2019
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/25/19

LEGAL: 4982 PUBLISHED: April 4, 11, 18,25, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9007780

Name of Business

1066 Little Gopher Cyn. Rd., Vista, CA 92084 County: San Diego This business is registered by the following: Boost Resources Inc, 31576 Cottontail Ln., Bonsall, CA 92003

BEAUTIFUL BLINDS

This business is conducted by a Corporation
This Corporation is located in the state of
California
Registrant first commenced to transact

Registrant first commenced to transact business under the above name as of 8/1/1986 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/26/19

LEGAL: 4983

PUBLISHED: April 4, 11, 18, 25, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9008060 Name of Business

M&L RENTALS

1455 Alturas Rd. Spc. 87, Fallbrook, CA 92028
County: San Diego

This business is registered by the following: 1066 Little Gopher Cyn. Rd., Vista, CA 92084 County: San Diego This business is registered by the following: Boost Resources Inc, 31576 Cottontail Ln.,

Bonsall, CA 92003
This business is conducted by a Corporation
This Corporation is located in the state of
California

Registrant first commenced to transact business under the above name as of 10/1/1998
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/28/19

LEGAL: 4984 PUBLISHED: April 4, 11, 18, 25, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9007100 Name of Business

CERTAPRO OF CARLSBAD

1311 Sunset Grove Road, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:

EAJ, Inc, 1311 Sunset Grove Road, Fallbrook, CA 92028 This business is conducted by a Corporation This Corporation is located in the state of

California
Registrant first commenced to transact business under the above name as of 1/14/19
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/19/19

LEGAL: 4985 PUBLISHED: April 4, 11, 18, 25, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9007181 Name of Business

J. ELIAS PAINTING
923 Alturas Rd. #35, Fallbrook, CA, 92028
Mailing address: P.O. Box 35, Fallbrook, CA
92028

County: San Diego This business is registered by the following: Juan Elias Lopez, 923 Alturas Rd. #35, Fallbrook, CA, 92028 This business is conducted by an Individual

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/19/19 LEGAL: 4986

PUBLISHED: April 4, 11, 18, 25, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9005870 Name of Business a. CRESCENT HALO

b. SACRED FACTORY

11020 Bachelor Lane, Escondido, CA 92026 County: San Diego This business is registered by the following: Josiah Lee Sharmahd, 11020 Bachelor Lane,

Escondido, CA 92026
This business is conducted by an Individual Registrant first commenced to transact business under the above name as of 12/10/18
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/06/19

LEGAL: 4987 PUBLISHED: April 4, 11, 18, 25, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9007242

Name of Business
THE MORTGAGE HUB
5256 South Mission Rd # 118. Bonsall, CA

92003
County: San Diego
This business is registered by the following:
Todd Gavin Enterprises, Inc.., 5256 South
Mission Rd # 118. Bonsall, CA 92003
This business is conducted by a Corporation
This Corporation is located in the state of

California
Registrant first commenced to transact business under the above name as of 10/10/2009
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/20/19

LEGAL: 4978 PUBLISHED: March 28, April 4, 11, 18, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9007396 Name of Business DC PLUMBING AND CONSTRUCTION

750 Otay Lakes Road #326, Chula Vista, CA 91910 County: San Diego This business is registered by the following:

b. Carol A. Gooch, 1774 Yale Street, Chula Vista, CA 91913
This business is conducted by a Married Couple Registrant first commenced to transact business under the above name as of 01/01/19
THIS STATEMENT WAS FILED WITH THE

RECORDER/COUNTY CLERK OF

a. David E. Gooch, 1774 Yale Street, Chula

Vista, CA 91913

DIEGO COUNTY ON 03/21/19 LEGAL: 4979 PUBLISHED: March 28, April 4, 11, 18, 2019

#### NOTICE OF LIEN SALE

Notice is given that pursuant to sections 21700-21713 of the Business and Professions Code, Section 2328 of the Commercial Code, Section 535 of the Penal Code that Citrus Plaza Self Storage LLC, at 202 West College Street, Fallbrook, CA 92028 will sell by competitive bidding, on or after May 08, 2019 at 12:00pm, property belonging to those listed below. Auction to be held at the above address. Property to be sold as follows: Household, office & business goods, furniture, appliances, personal items, clothing, electronics, tools, duffle bags/suit cases, electronics, sporting and exercise equipment, miscellaneous boxes, containers & bags with unknown contents belonging to the following:

Jacobs Lillian

Published April 11, 18, 2019

#### Change of Name

AMENDED ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 37-2019-00014317-CU-PT-NC TO ALL INTERESTED PERSONS

Petitioner: THOMAS STEVEN ARBUCKLE filed a petition with this court for a decree changing names as follows:

Proposed Name

THOMAS STEVEN STRAIGHT

#### names as follows: Present Name: THOMAS STEVEN ARBUCKLE

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING

Date: 06/25/2019 Time: 8:30 a.m. Dept: 23
The address of the court is North County
Branch, 325 South Melrose Drive, Vista, CA

92083
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News
Date: APR 04, 2019 Signed: Sim von

Date: APR 04, 2019 Signed: Sim v Kalinowski, Judge of the Superior Court. **LEGAL: 4999** 

PUBLISHED: April 18, 25, May 2, 9, 2019

ORDER TO SHOW CAUSE FOR CHANGE

OF NAME

Case Number: 37-2019-00018954-CU-PT-NC
TO ALL INTERESTED PERSONS
Petitioner:
SYDNEY LEE MARSHALL filed a petition

with this court for a decree changing names as follows: Present Name: SYDNEY LEE MARSHALL Proposed Name:

SYDNEY LEE CONN

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the neutring without a hearing

petition without a hearing.

NOTICE OF HEARING

Date: June 11, 2019 Time: 8:30 a.m. Dept: 23 The address of the court is North County Regional Center, 325 South Melrose Dr., Vista, CA 92081

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News
Date: APR 12, 2019 Signed: Sim von Kalinowski, Judge of the Superior Court.

LEGAL: 5000 PUBLISHED: April 18, 25, May 2, 9, 2019

PROPOSED CHANGE OF ELECTION SYSTEM AND ESTABLISHMENT OF TRUSTEE AREAS FOR THE GOVERNING BOARD OF THE FALLBROOK UNION HIGH SCHOOL

DISTRICT

NOTICE OF PUBLIC HEARING

You are hereby notified that resolutions have been filed with this office in accordance with Education Code section 5019 for a change of election system and the establishment of trustee areas for the Governing Board of the Fallbrook Union High School District. YOU WILL THEREFORE TAKE NOTICE that this matter will come before the Board

of Education, San Diego County, acting as

the County Committee on School District

Organization, on Wednesday, May 1, 2019,

Fallbrook Union High School District
Board Room—District Office
2400 South Stage Coach Lane

Fallbrook, California 92028
Guidelines for conduct of the public hearing are available at www.sdcoe.net/fallbrookhighupdates or by contacting Carmen Aguilar, administrative assistant to the superintendent, at CPAguilar@sdcoe. net or 858-292-3515.

April 10, 2019PAUL GOTHOLD, Ed.D. County Superintendent of Schools San Diego County, California

Published April 18, 2019

#### Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 37-2019-00015202-CU-PT-NC TO ALL INTERESTED PERSONS

Petitioner:

BRENDA BARRERA filed a petition with this court for a decree changing names as follows:

Present Name:

MELINDA ROSE BARRERA CAMACHO

Proposed Name:

MELINDA ROSE BARRERA

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING

The address of the court is North County Division, 325 S. Melrose Dr., Vista, CA 92081 A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News

Date: 5-21-19 Time: 8:30 a.m. Dept: 23

Date: MAR 22, 2019 Signed: Sim von Kalinowski, Judge of the Superior Court.

LEGAL: 4980

PUBLISHED: March 28, April 4, 11, 18, 2019

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 37-2019-00016906-CU-PT-CTL
TO ALL INTERESTED PERSONS
Petitioner:
YVONNE MARIE GILL filed a petition with this

YVONNE MARIE GILL filed a petition with this court for a decree changing names as follows:

Present Name:

YVONNE MARIE GILL

Proposed Name:

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING

Date: 05-30-19 Time: 09:00 a.m. Dept: 903
The address of the court is Civil Division, 330
W. Broadway San Diego, CA 93101

W. Broadway, San Diego, CA 92101
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News
Date: APR 02, 2019 Signed: Peter C. Deddah,

Judge of the Superior Court. LEGAL: 4993 PUBLISHED: April 11, 18, 25, May 2, 2019

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case Number: 37-2019-00016031-CU-PT-CTL

TO ALL INTERESTED PERSONS
Petitioner:
KATHLEEN ELIZABETH HIATT filed a
petition with this court for a decree changing
names as follows:

KATHLEEN ELIZABETH HIATT

Proposed Name:

KATHLEEN ELIZABETH PHILLIPS

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must

petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING

Date: 5/23/19 Time: 9:00 a.m. Dept: 903

appear at the hearing to show cause why the

The address of the court is 1100 Union Street,
San Diego, CA 92101

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News

Date: MAR 27, 2019 Signed: Peter C. Deddah, Judge of the Superior Court. LEGAL: 4988 PUBLISHED: April 4, 11, 18, 25, 201

YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under the pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, interest thereon, fees, charges, and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be as set forth below. The amount may be greater on the day of sale. Trustor: FRANK RODRIGUEZ, A MARRIED MAN, AS HIS SOLE AND SEPARATE PROPERTY Duly Appointed Trustee: GUILD ADMINISTRATION CORP., A CALIFORNIA CORPORATION Trust Deed Date: 11/27/2017 Recording Date: 11/28/2017 Instrument Number: 2017-0550904 Book: --- Page Recorded in County: SAN DIEGO State of CA Date and Time of Sale: 05/15/2019 at: 10:00AM Place of Sale: At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 Estimated Sale Amount: \$641,386.64 Legal Description of Property: AS MORE FULLY DESCRIBED ON SAID DEED OF TRUST. Street Address of Property (or Other Common Designation, if any): 645 MATAGUAL DRIVE, VISTA, CA 92081 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this Internet Web site www.nationwideposting.com, using the file number assigned to this case 02018-318. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date 04/03/2019 GUILD ADMINISTRATION CORPORATION AS SAID TRUSTEE 5898 COPLEY DRIVE, SAN DIEGO, CA 92111 (858) 492-5890 BY: GAIL WINDUS, ASSISTANT SECRETARY NPP0351620 To: VILLAGE NEWS INC 04/18/2019, 04/25/2019, 05/02/2019

NOTICE OF TRUSTEE'S SALE T.S. #: 02018-318 LOAN #: GZX00-1109-F APN #: 164231500

YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED AS SHOWN BELOW UNLESS

## SHERIFF'S LOG

February 5	
300 block S. Main Ave.	Arrest: Felony bench warrant
	•
March 16	
2000 block Via Del Verde	Residential Burglary: Four stolen pistols, misc.
	household goods
March 17	
2000 block Joan Ln.	Petty Theft: Electronic notebook
March 24	
900 block S. Santa Fe Ave.	Stolen Vehicle
March 27	
2000 block S. Stage Coach Ln.	Suspicious Person: Misc. incidents
March 29	
800 block E. Alvarado St.	Fraud: Obtain money by false pretenses: \$950 or
	more
March 30	
4000 block S. Mission Rd.	Spousal Abuse: Apparent minor injury
April 3	
1000 block Gum Tree Ln.	51/50: Mental disorder with 72 hr. observation
2000 block S. Stage Coach Ln.	Arrest: Possession of illegal weapon at school
300 block Womack Ln.	Assault with a Deadly Weapon: Attempted murder
April 4	
100 block E. College St.	Found Property
31000 block Old River Rd.	Phone threat of Violence: Misc. incidents
6000 block Via De La Reina	Petty Theft: Stolen mail
100 block W. Ash St.	Arrest: Simply battery
Nuestra Lane @Gird Road	Vandalism: \$400 or less
3000 block Reche Rd.	Fraud: Forgery: False checks/records/certificates
400 block Ranger Rd.	Burglary: Residential
500 block Stewart Canyon Rd.	Arrest (Three): Failure to obey juvenile court
April 5	
300 block E. Alvarado St.	Found property: U.S. currency: bills, coins
400 block N. Main Ave.	Arrest: Suspicious person: Felony, other agency

Found Narcotics

300 block E. Alvarado St.

April 6	
3000 block Paseo De Olivos/	Threat with a Deadly Weapon: Vandalism: \$400 or less
Hwy 76 and Olive Hill Rd.	
600 block E. Elder St.	Vandalism to Property: \$400 or less
April 7	
200 block W. Ash St.	Arrest: Armed Suspicious Person: Drunk in public
4000 block Via Belmonte	Found Property: Wallet
300 block E. Alvarado St.	Found Property
500 block Alturas Rd.	Arrest: Under the influence of controlled substance
500 block S. Main Ave.	Arrest: Receive/Etc. known stolen property: \$950 or less
700 block E. Mission Rd.	Violation of Temporary Restraining Order: Contempt of court
300 block E. Alvarado St.	Found Property
April 8	
S. Main Ave. @Ammunition Rd.	51/50: Mental disorder with 72 hr. observation
700 block Passiflora Ave.	Stolen Vehicle
1000 block Rabbit Hill Dr.	Fraud: Obtain money by false pretenses: \$950 or more
April 9	
4000 block Dulin Rd.	Family Disturbance: Domestic violence incident
400 block Debby St.	Petty Theft: \$450 or more
500 block Rice Canyon Rd.	Suspicious Person: Found property: ATM cards
600 block W. Elder St.	Gang/Terrorist: Miscellaneous incidents
1000 block S. Mission Rd.	Arrest: Suspicious Person: Fugitive from justice
5000 block Fifth St.	51/50: Mental Health Disorder with 72 hr. observation
April 10	
1000 block S. Mission Rd.	Recovery of Stolen Vehicle
31000 block Del Cielo Este.	Petty Theft: From Vehicle: \$450 or less
400 block Ranger Rd.	Grand Theft: From Vehicle: \$950 or more
500 block Teran Dr.	Follow up Investigation: Miscellaneous Reports
April 11	
1000 block Malaga Way	Arrest: Suspicious person: Felony bench warrant
1000 block Via Monserate	Arrest: Spousal Abuse: Battery



CALVARY FALLBROOK

"Come and Worship The Resurrection of Our Savior"

EASTER SERVICES at 6:30 and 10:15:

**6:15 am** at Village Square Corner of Alvarado & Main

10:15 am Calvary Chapel Fallbrook (Child Care Available) 488 Industrial Way Fallbrook, CA 92023 760.728.9138 Spanish Service Also Offered



# Wine and dining

# Guacamole contest winners announced at 2019 Fallbrook Avocado Festival



Sandra Orozco, right, and her husband, Doug Gastelum, from Cultura con Sabor pose with their certificate for earning first place in the professional division's best tasting guacamole at the 2019 Fallbrook Avocado Festival's Guacamole contest Sunday, April 14.





Avocado Festival's professional division is Cultura con Sabor.





Erika Mota, left, and Adriana Alva from Northgate Market pose with their certificate for earning first place in the professional division's best presentation of guacamole at the 2019 Fallbrook Avocado Festival's Guacamole contest.





First place dish for best presentation of guacamole for the 2019 Fallbrook Avocado Festival's professional division is Northgate Market.



First place dish for best tasting guacamole for the 2019 Fallbrook Avocado Festival's amateur division was made by Scott and Lori Anders.



Second place dish for best tasting guacamole for the 2019 Fallbrook Avocado Festival's amateur division was made by Sandra Orozco



First place dish for best presentation of guacamole for the 2019 Fallbrook Avocado Festival's amateur division was made by Catherine Young.



Second place dish for best presentation of guacamole for the 2019 Fallbrook Avocado Festival's amateur division was made by Robert Silva and Melanie Betts.





www.VillageNews.com | The Fallbrook Village News | **D-7** April 18, 2019

# South Coast prays for the best at Blessing of the Vines event

Jeff Pack Writer

Whether or not Monsignor Tom Burdick's blessing at South Coast Winery's Blessing of the Vines event Sunday, April 7, worked or not will only be known six months from now.

The monsignor offered blessings for a fruitful growing season in 2019 and said that the blessings he performed last year seemed to work considering the amount of rain the region got this past winter.

"I was praying for rain and we got good rain this year," Burdick said. "I'm hoping the blessing takes the vintage one level higher, but it's always a hope and a prayer, and all the credit over to God."

Winemaker Javier Flores said he thought the blessing was a good one and that it will work.

"It will; I believe, I have faith," Flores said. "This year, I think with this kind of weather, we have a very successful harvest.

"With the rain from last year we have enough water underground, the set of the vines, it looks like it's going to be a nice set," he said.

Flores said as long as temperatures continue to trend the way they have been - not too hot and hot too cold with good differentials from night to day – the harvest should be better than last year.

"But we need to wait another six to eight weeks to find out about the quality of the fruit," Flores said.

South Coast hosts a Blessing of the Wines later in the year - a sort of moment of truth – but Burdick, who has done the blessing for the past several years, isn't feeling any pressure.

"But I always want to be sincere



Monsignor Tom Burdick delivers his blessing of the vines at South Coast Winery's Blessing of the Vines event Sunday, April 7.

in my prayer for the blessings of the vines and the harvest as much as possible," he said. "So, we'll see in six months when I come back for the harvest to find out whether or not this really worked."

Jeff Carter, chief financial officer for South Coast Winery, said this is the 16th year the winery has hosted the event. He said blessing the vines has gone on for thousands of years around the world and that they took notes from regions such as Napa on how to do it.

"As a Christian family, we wanted to bring that blessing down here," Carter said. "For us, you work all year for the wine to come out the way you want it to and it all starts right now. So, it's really celebrating a kick off the growing

"You start to see the bud break come out and that life start to show in those vines, so we try and celebrate it by getting music out here and having a lively event,"

After the blessing, guests headed down to the courtyard where they enjoyed four wine and food pairings, as well as a dinner and dessert buffet. Entertainment was provided by Big Truth in front of a well-used dance floor.

"We hope to have everyone come back and see what the 2020 vintage tastes like," Carter said.

South Coast Winery and Carter Estate owner Jim Carter was on hand as well, taking a break from his work at his newest winery, Carter Creek Winery Resort & Spa in Johnson City, Texas.

Jim Carter said he thought the blessing would work too.

"Yes, God has blessed me all my life," Jim Carter said. "I'm just a poor kid that worked my little tail end off all my life, and I have been blessed beyond. I have 12 great grandchildren, I got 30 grandchildren, I got 13 children and I got the most wonderful wife

'We got an award-winning



The vines at South Coast Winery have already experienced the bud break for 2019.

South Coast Winery photos

winery here, and I'm building one in Texas right now. And we're making great wines out of Texas

"Jon (McPherson) and Javier

(Flores) are great winemakers, so I'm blessed with good people around me," Jim Carter said.

Jeff Pack can be contacted at jpack@reedermedia.com.

# Wine Country **Events Calendar**

	FRIDAY, APRIL 19				
11 a.m. to 5 p.m.	Craft Faire, Maurice Car'rie Winery				
1-2:30 p.m.	Behind the Scenes Wine Tour, South Coast Winery				
3-5:30 p.m.	Happy Hour, Vineyard Rose, South Coast Winery				
5-8 p.m.	Live Music, Tim Apple, Cougar Vineyard & Winery				
5-9 p.m.	Live Music, TBD, Masia de la Vinya				
5:30-8:30 p.m.	Live Music, Buzz Campbell, Restaurant at Ponte Vineyard				
5:30-8:30 p.m.	Festa! Europa with Mrs. Jones' Revenge, Europa Village				
6-9 p.m.	Live Music, Shea Givens, Avensole Winery				
6-9 p.m.	Live Music, Mickie Arnett, Miramonte Winery				
6-9 p.m.	Live Music, Groov Underground, Lorimar Winery				
6-9 p.m.	Live, Music, Apryle Dalmacio, Lorimar Winery in Old Town				
SATURDAY, APRIL 20					
11 a.m. to 5 p.m.	Craft Faire, Maurice Car'rie Winery				
Noon to 4 p.m.	Live Music, Danielle Taylor, Masia de la Vinya				
1-4 p.m.	Live Music, Gil Guillen, Avensole Winery				
1-5 p.m.	Live Music, Michael LeClerc, Fazeli Cellars				
3:30-5:30 p.m.	Happy Hour, Vineyard Rose, South Coast Winery				
5:30-8:30 p.m.	Live Music, Joe Baldino, Restaurant at Ponte Vineyard				
6-9 p.m.	Live Music, Lauren Arasim, Avensole Winery				
6-9 p.m.	Live Music, The Counterfeits, Miramonte Winery				
6-9 p.m.	Live Music, Tom McNeary, Lorimar Winery				
6-9 p.m.	Live Music, Fear of Phobias, Lorimar Winery in Old Town				
6:30-10 p.m.	Salsa Night at Fazeli Cellars				
SUNDAY, APRIL 21					
11 a.m. to 2 p.m.	Brunch Specials at Meritage Restaurant, Callaway Winery				
11 a.m. to 3 p.m.	Live Music, Ben Bostick, Fazeli Cellars				
11 a.m. to 4 p.m.	Live Music, Faye and the Fella, Lorimar Winery				
11 a.m. to 5 p.m.	Craft Faire, Maurice Car'rie Winery				
11:30 a.m. to 2:30 p.m.	Dog Day Sundays, Carol's Restaurant at Baily's Winery				
11:30 a.m. to 4:30 p.m.	Live Music, Ron Freshman, Restaurant at Ponte Winery				
1-4 p.m.	Live Music, Jeff Brinkman, Avensole Winery				
2-5 p.m.	Live Music, Will Sumner, Cougar Vineyard & Winery				
3:30-5:30 p.m.	Happy Hour, South Coast Winery				

**UPCOMING:** 

April 28 is the Big Red Fest on the De Portala Wine Trail.



# Bluewater Grill celebrates Earth Day as marine stewardship leader

NEWPORT BEACH - The Bluewater Grill family of seafood restaurants has been a leader in sustainable seafood practices since the first restaurant was founded in Newport Beach in 1996. Since then, both the company's footprint and commitment to marine stewardship have expanded.

This year, Bluewater Grill celebrates Earth Day as one of the West's most influential forces in seafood sustainability. While the company continues to expand, recently adding it's seventh and eighth restaurants in Carlsbad Village and on the Santa Barbara beachfront, its ultimate goal remains to serve only the freshest fish that is certified sustainable, either by the prestigious Monterey Bay Aquarium's Seafood Watch program or similar organizations.

Bluewater Grill was one of the first west coast seafood restaurants to apply a full-disclosure menu philosophy and publish a Fish Origins Chart showing the specific farmed or wild source of every item on the menu. Bluewater co-founder and co-owner Jimmy Ulcickas has helped shape nationwide sustainability policy, speaking at Seafood Expo North America in Boston, the world's largest seafood show, and profiled on the cover of SeaFood Business, the nation's leading trade publication for seafood restaurants and other buyers.

"As a company founded by fishermen and those who are passionate about the sea, Bluewater Grill is dedicated to maintaining the rich traditions of our fishing forefathers and to ensuring the ocean for the next generation," Ulcickas said. "We owe all of our success - and our ability to cultivate new seafood lovers – to a healthy ocean teeming with seafood and shellfish."

"Bluewater has been honored to lead the seafood restaurant industry to adopt the most responsible fishing and harvesting practices that will ensure this future for all of us," he said.

Bluewater Grill is also one of the few seafood restaurants in the country to operate its own harpoon seafood boat, Pilikia, to ensure it can humanely provide sustainably caught, pristine-quality swordfish directly to consumers in-season. Pilikia Capt. Sean Burke targets only mature fish without the use of nets or long lines, harpooning the freshest most humanely harvested local swordfish in Southern California waters.

When harpooning isn't possible, Bluewater Grill uses deep-set buoy gear. Both methods minimize the wasteful killing of other Pacific marine life.

Currently, seafood and shellfish purchased by Bluewater Grill is selected to fit criteria of sustainability, environmental impact and ethical and best aquaculture practices and harvest guidelines. The restaurant is leading the industry use of fisheries and farming operations that meet standards established by Seafood Watch and other organizations, and working closely with its vendors to meet 100% of its objectives.

"Our goal is to source only fish from sustainable fisheries, predominantly from those recognized by science-based certification and advisory programs at the Monterey Bay Aquarium, Marine Stewardship Council, Aquarium of the Pacific and Sustainable Fisheries Foundation. We also choose seafood and shellfish species that we are confident are sustainable in the ocean area from which they are harvested," Ulcickas said.

Ulcickas said that as a leader in the seafood sustainability movement, Bluewater Grill has an obligation to educate its customers and the general public about the benefits of responsible fishing practices – and the simple fact that sustainable seafood and shellfish almost always leads to a fresher, tastier and more complete dining experience.

In addition to making the Fish Origins Chart available to guests upon request, Bluewater Grill routinely prints the wild or farmed source of many of the up to 40 varieties of fresh seafood and shellfish it serves in season annually. It has included sustainable seafood feasts among its popular Second Tuesday Tasting series during which chefs from each restaurant present a seasonal seafood or shellfish paired with a hand-selected wine, beer, sake or other drink.

Bluewater Grill also ensures that its seasonal specials, featuring the most popular seafood and shellfish in season including the current redfish and gumbo, comply with best aquaculture practices.

"More than anything, we want our customers to consider the source of everything they eat and remember that seafood and shellfish supplies must be protected if they are going to meet the demands of a growing population - especially in the face of a new, global appreciation for fresh fish," Ulcickas said. "While our goal is to cultivate new seafood fans for our growing family of restaurants, we simultaneously need to ensure the fresh fish to keep them satisfied and coming back."

"It's a never-ending cycle – and it's only possible if we all practice sustainability. Those of us at Bluewater are proud to be leading the fight," he said.

Submitted by Bluewater Grill.





951-676-5250 | Please visit us at www.bellavistawinery.com

# ANKER 5

#### **VILLAGE PROPERTIES**

Each Office Is Independently Owned and Operated



**CHRIS HASVOLD** 

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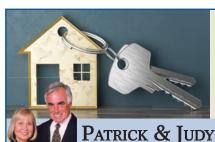
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