

Community
Breakfast with
Santa
R-1



Business
Christmas
fundraiser
D-1

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Volume 27, Issue 51

Favela to lead FUESD's vision as governing board president

December 21, 2023



Ricardo Village News/FUESD photo Favela is the new president of the Fallbrook Union Elementary School District Board of Trustees.

FALLBROOK – The Fallbrook Union Elementary School District Governing Board concluded its Monday, Dec. 11, regular meeting by unveiling a new organizational structure that promises a new leadership framework for the upcoming year.

In a collective decision, the board members voted in favor of Ricardo Favela as the new governing board president. Suzanne Lundin was appointed vice president, while Mary McBride will serve as clerk, bringing together a team rich in experience, vision and dedication.

As Favela steps into his new role, the board said he is poised to lead the district with his leadership acumen and commitment to enhancing educational standards. As a native of Fallbrook, Favela offered his connections and engagement with the community spanning decades, characterized by his influential leadership and advocacy efforts.

see FAVELA, page A-2

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VILLAGE NEWS

Helen Wilson celebrates 100 years

www.VillageNews.com

FALLBROOK – Helen Wilson celebrated her 100th birthday Dec. 16 with more than 125 family members and friends at Zion Lutheran Church. It was a wonderful day filled with good food, tributes, music and family skits.

She was born in San Diego, Dec. 22, 1923, and graduated from Hoover High School in 1942. She went to work for Navy Housing during WWII and also attended San Diego State College. In 1945, she met her husband, Hugh Wilson, a Marine pilot, on a blind date. They married 10 months later, March 8, 1946.

Hugh joined United Airlines as a pilot that same year and the couple moved around a lot in those early years. Their first child, Peggy, was born in Illinois, August 1947; Buddy was born in New York, March 1950; Robby was born in California October 1951, and David was born in New York, February 1960.

In 1973, Helen and Hugh moved one last time and built a home on North Stage Coach Lane in Fallbrook. Helen immediately joined Zion Lutheran Church and to this day is a loyal member with many friends there.

Hugh finished his flying career in 1981 retiring as a captain from United Airlines. They traveled around the world after that and explored the USA more in their

see WILSON, page A-7



Getting a bit of fresh air before the 100th birthday party for Helen Wilson begins Village News/David Landry photo are, from left, David Wilson, Peggy Armstrong, Helen Wilson, Bud Wilson, and Rob Wilson.

Bonsall woman arrested for nationwide Ulta Beauty shoplifting ring

Village News Staff

Bonsall resident Michelle Mack was arrested on Dec. 6, when federal agents raided Mack's residence, arresting her and seizing hundreds of parcels and a large quantity of alleged stolen goods.

Mack is accused of orchestrating a national shoplifting operation targeting Ulta Beauty stores, resulting in over \$8 million in stolen merchandise, according to Ulta. Mack allegedly hired as many as 12 people to commit thefts across various Ulta locations, shipping the stolen goods to Bonsall, where it was reported by CBS 8 that the goods were sold from her Amazon store at a 50% discount.

Federal agents identified Mack as the mastermind behind this

elaborate scheme. She is accused of funding the travel expenses, including flights, car rentals, and hotel stays, for her team of shoplifters. This information emerged from federal search warrants, as reported by CBS 8.

Ulta Beauty confirmed their collaboration with law enforcement in the investigation. A spokesperson stated that their team of investigators worked closely with various agencies to address organized theft operations, emphasizing their commitment to safety for employees and customers.

Mack allegedly sold the stolen items through her Amazon Marketplace store, registered under the business name 95 &

see ARREST, page A-7



Ulta Beauty is a nationwide big-box beauty Village News/Courtesy photo store. Bonsall resident Michelle Mack was arrested Dec. 6, accused of leading a nationwide shoplifting ring.

Joint Missile Maintenance Facility coming to Fallbrook

ROCK ISLAND, Illinois – The Letterkenny Munitions Center (LEMC) and the Naval Air Systems Command, Program Executive Office, Unmanned Aviation and Strike Weapons, have joined forces to co-operate the state-of-the-art NAVAIR Armament Repair Facility at the Seal Beach – Naval Weapons Station Detachment Fallbrook.

The U.S. Navy will furnish the essential equipment, core staff, and facilities, while the U.S. Army will contribute the specialized personnel necessary for the workforce. In this partnership, the Navy and the Army will leverage their unique capabilities to efficiently manage the armament systems maintenance operation.

"This strategic collaboration embodies a harmonious blend of knowledge, resources, and unwavering commitment to enhancing the upkeep and preparedness of vital missile systems," said Lt. Col. Kimberly Deaton, LEMC's commander.

see FACILITY, page A-6



The Letterkenny Munitions Center and the Naval Air Village News/Jeffrey Ignatowski, Letterkenny Munitions Center photo Systems Command, Program Executive Office, Unmanned Aviation and Strike Weapons, have joined forces to co-operate the state-of-the-art NAVAIR Armament Repair Facility in Fallbrook, California.



Read Independent News. Village News.com

CALENDAR

Dec. 21 – Dec. 23 – 10 a.m. – Fallbrook Library's Bottom Shelf Bookstore holds its annual Holiday Boutique exemplary books of all genres, 124 S. Mission Road. Proceeds go to Friends of the Fallbrook Library to be used for programs presented by the library. For more info, call 760-451-9606 or visit www.

FallbrookLibraryFriends.org.

Jan. 27 – 10 a.m. to 12:30 p.m. – The Monserate Chapter of the DAR will be offering a free genealogy seminar at Fallbrook Library. Registration is requested by emailing maureen.hudson@monserate.californiadar.org or calling 760-207-9399. Walk- ins will be welcome.

FAVELA

from page A-1

Favela's passion for the district's success is not only professional but also personal, he said, as his three children are enrolled in Fallbrook schools.

"I am very honored and excited to step into this role, especially at this moment," Favela said. "With our new superintendent and district leadership, there is renewed energy and focus on student achievement and success. We are already witnessing progress, and I am confident that we will continue to improve. I am proud to be part of such a dynamic team effort working to move our district forward together."

SECTIONS

Suzanne Lundin, as the incoming vice president, will offer invaluable expertise in strategic planning and organizational development, according to the board.

Mary McBride was appointed as clerk, bringing a diverse educational journey to the board with experience as a Spanish teacher, teacher's aide, preschool teacher and six years as a classroom volunteer.

FUESD Superintendent Monika Hazel shared her enthusiasm for the future of FUESD's new leaders.

"With the appointments of Favela, Lundin and McBride, I am confident in the capability of our new leadership team to steer FUESD towards continued success," Hazel said. "Their collective experience and passion for education will undoubtedly make a positive impact on our students and community."

The governing board's next regular meeting will take place in the new year, scheduled for Thursday, Jan. 18, at 6 p.m.

Submitted by Fallbrook Union Elementary School District.



THE ANGEL SHOP OF FALLBROOK

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16 Saddle Creek Road, Fallbrook **Sold for \$1,600,000**



477 Morro Hills Road, Fallbrook Offered at \$578,747



1630 Kings Way, Vista Sold for \$1,500,000



307 Lemonwood Drive, Fallbrook

Spacious 4,105 sf home on extra large 3.48 acre lot. Plenty of room to add additional garage, pickleball court or ADU. The community of Hill Ranch in Fallbrook is known for its excellent location and easy access to Hwy 76, the 15 and 5 freeways, and the beach. This property sits in the perfect spot to enjoy the Fallbrook microclimate and ocean breezes. 5BD and 4.5BA including a downstairs bedroom and bathroom provides plenty of living space. Upgraded wood flooring, granite countertops and stainless appliances. Entry courtyard with fireplace! You won't want to leave these gorgeous, private parklike grounds with fruit trees and views. Tesla battery charger installed in garage.

Offered at \$1,448,747

Ken's Corner

MERRY CHRISTMAS!

Merry Christmas to all of you this wonderful Christmas Season. It is a perfect time to forgive those who vou feel have wronged you and spread happiness and good cheer to everyone. May your Christmas be filled with good food, good memories and lots of good cheer. Please remember the reason for the season...The celebration of the birth of Jesus.

AT YOUR SERVICE! - Ken

Business Spotlight









474 Solana Real, Fallbrook

Located in the highly desirable Morro Hills area of Fallbrook you will find your one level destination home overflowing with charm, character and easy quality living. Located down a country knoll, this pristine setting includes dramatic mountain and neighborhood panoramic views and amenities we all want. Quality kitchen appliances, solar that is owned, newer HVAC sysTEM. Lush landscaping that helps you feel one with nature. Large oak trees, exterior storage shed and detached art studio, firepit, separate spa and a pool perched upon an amazing view oriented site to soothe your senses. So many outdoor destination sites and granite walking trails to enjoy the natural surroundings.

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John Graef

Realtor® | DRE# 01012451 john.graef@compass.com 760-453-1491

John lives and works in Fallbrook. As a Realtor® for over 34 years, he is proud to have served a number of Fallbrook homeowners. Some were already here, and many others came to our town through his hard work and local knowledge of all things Fallbrook. He stands ready to serve you!





100 N. Main Avenue, Fallbrook Office 760-451-6191



Stunning, turnkey, 4,658 sf single story PANORAMIC VIEW + ride inride out horse property on 2.44 usable acres in Bonsall. 4 large BD + an office. New complete HVAC system, new Sub-Zero, new Bosch dishwasher, travertine flooring and backsplashes, granite countertops, stainless apples including a Thermador dble oven and a Butlers Pantry with a wine/ refrigerator. drink Thermador professional range with pot filler, spacious breakfast area, high ceilings throughout and a a 64 panel PAID solar system! The primary suite has a retreat area, amazing views, high end finishes, spacious custom closet. Gorgeous custom designed pool. Bonsall school district.

Offered at \$2,073,747

Sharon's Corner

We currently have some amazing listings for you to consider as well as some coming up in 2024!

Stay in touch with us for all the latest on what's available to buy in Fallbrook! You can always check out our modern and up to date website at www. kenfollisandsharonrobinsongroup. com for the latest details!

Or better yet, just give us a call!

LET'S TALK! - Sharon

Charity Spotlight



VFW Post 1924 FREE CHRISTMAS LUNCH

DECEMBER 25TH • 12-2PM

If you can volunteer cooking, serving or cleanup, please contact us at vfwchristmas2023@yahoo.com. The VFW is accepting hams, pies or monetary donations. Please drop donations at the VFW any day after 3pm.

> 1175 Old Stage Road, Fallbrook vfwchristmas2023@yahoo.com

OPINION

Two items



Supervisor Jim Desmond 5th District

At our last board meeting, I proposed legislation for the county to take a stand against the income-based fixed-rate electricity proposal. Unfortunately, my colleagues voted against this and are in favor of charging people based on their income.

The proposed fixed-rate bill fundamentally operates on an income-based charging model, where the more one earns, the higher the flat-rate electricity charges, even if you have solar.

I'm completely against this proposal for several reasons, one of the biggest is that the utility companies will have access to your tax return, and your energy bill will be based on income and not usage.

Here's a breakdown of what this could mean for San Diegans:

- Households earning between \$28,000 to \$69,000 would face a monthly charge of \$34.
- · Those with incomes ranging from \$69,000 to \$180,000 would see a monthly charge
- Households earning above \$180,000 would encounter a monthly charge of \$128.
- On a separate issue, but also important we passed crucial action regarding homelessness. The escalating crisis of homelessness has reached a critical point, not just within San Diego County but across the entire State of California. This multifaceted issue has led to over 10,000 people living on the streets, often in conditions that hinder their ability to make sound decisions for their well-being.

Take a drive through downtown, and you will see the stark reality of individuals caught in the grip of substance abuse, causing harm to both themselves and the community at large. The responsibility for this situation lies, in part, with the State of California and its lenient stance on crime and homelessness.

Thankfully, enough people have spoken out, and it's time for a change. The state has responded to public outcry by providing a tool our county is poised to implement. This policy allows law enforcement officers to place individuals who are gravely disabled due to severe substance use disorder on an involuntary hold. At its best, this policy will force people to get the help they need.

Although the initiation of this program prompted some debate regarding the timing, there is a collective eagerness to see it commence as swiftly as possible.

The careful execution of this initiative is crucial, as we must avoid overwhelming our emergency rooms. Striking the right balance is paramount, but I am committed to launching this program promptly, envisioning a positive transformation that will enhance the quality of life in San Diego.

The joy of giving - Merry Christmas



Julie Reeder Publisher

Forest, one of our paginators and chaos coordinators in the office, told me yesterday that he read something interesting. He said that when someone is greeted kindly by a stranger it causes them to feel like the world is an okay place and gives them hope that everything is going to be ok, or something to

Last Sunday night, my family enjoyed going to the neighborhood Christmas parade, lights and block parties in the Horsecreek and Citro neighborhoods. It was really fun. Plenty of people walked around saying Merry Christmas to their neighbors and people they didn't know yet.

I'm sure the happy hormones were soaring for everyone. I feel like that's what Christmas is about, in addition to the hustle and bustle and the tradition of spending time with family and friends and of course, giving.

There are a lot of ways to give and be generous. There are obvious ways like giving to the nonprofits in town, but we can make cookies or food for each other, for our neighbors. We can tell stories, go caroling and just share kindness with each other. I think some years that's more important than other years.

Maybe you can lend a helping hand. Giving and generosity not only boost the receiver, but the giver gets a little boost as well. It improves the mental health and physical health of both parties.

Maybe it's a smile or a hug. It doesn't have to be a physical present to have mental and emotional benefits.

Then I like to encourage my family to look to the Christ of Christmas who gave the ultimate gift for all of us as an example of sacrificial love. Let's remember to love each other the way we want to be loved and be open to those little opportunities to love each other and spread some joy and mental health.

Merry Christmas!

A Speaker who doesn't speak for me

Previously, I suggested that Mike Johnson, the newly elected Speaker of the House, might be a "wolf in sheep's clothing." I can now say without doubt, he is that and more.

In recent remarks, he quoted two of our Founding Fathers. George Washington: "Of all the dispositions and habits which lead to political prosperity, religion and morality are indispensable supports," and Samuel Adams: "Our constitution is made only for a moral and religious people...."

That caught my eye because the quotes properly recognize that morality and religion are two separate things and both are separate from government.

Apparently those quotes are meaningless to him, because he believes we should have a "biblically sanctioned government." The government of Israel in biblical times was decidedly theocratic. I am categorically opposed to that position.

Currently, we can practice whatever faith, or non-faith we choose. Mike Johnson professes to be a Christian, but he has made it clear that he doesn't love all his neighbors and he is driven to harm many of his fellow citizens.

He says we have misunderstood the separation of Church and State. According to him, they are separate: but biblical law, meaning Old Testament Mosaic Law, takes precedence. Accordingly, he is prepared to legislate religious proscriptions (as he sees them) as federal law. This would, in effect, create a de facto theocracy.

Additionally, as an avowed evangelical Christian, he supports a literal reading of the Genesis creation account. This is in keeping with the Republican Party's rejection of science. He doesn't appear to have had any formal education in any area of science or technology.

In addition to his inherent ignorance, he has a professional ignorance of Global Warming and associated climate change, bought and paid for by Big Oil. Big Oil, the agency that has paid billions on propaganda and lobbying Republican legislators in an effort to suppress knowledge of Global Warming and Big Oil's contribution to it.

Our democracy and all the hardwon advances we've made for same sex marriage, reducing the stigma on the LGBTQ+ minority, reducing the bias on women in the workplace, and more are at stake. He can do a lot of damage as Speaker, but the fact that he is now second in line in the succession to the Presidency is a more chilling thought. Let's make his time as Speaker a brief one.

John H. Terrell

Fiscal responsibility?



Assemblymember Marie Waldron

75th District

Two years ago, California had a surplus of almost \$100 billion – no state in history had ever amassed such a huge surplus.

But we spent that money on things like high speed rail, billions to solve homelessness that only got worse, and at least \$30 billion in

fraudulent unemployment claims. Despite the fact that our sales, income and gasoline tax rates are among the highest in the nation, our massive surplus has now morphed into a \$68 billion deficit, with \$30 billion annual shortfalls projected to continue years into the future.

This precarious financial situation has been analyzed by the nonpartisan Legislative Analyst's Office (LAO), which forwards its analysis to the Legislature for use in debates over drafting the final budget plan.

Under California's Constitution, the Governor must introduce a budget by Jan. 10, the Legislature must pass it by June 15, and it must be signed into law by June 30.

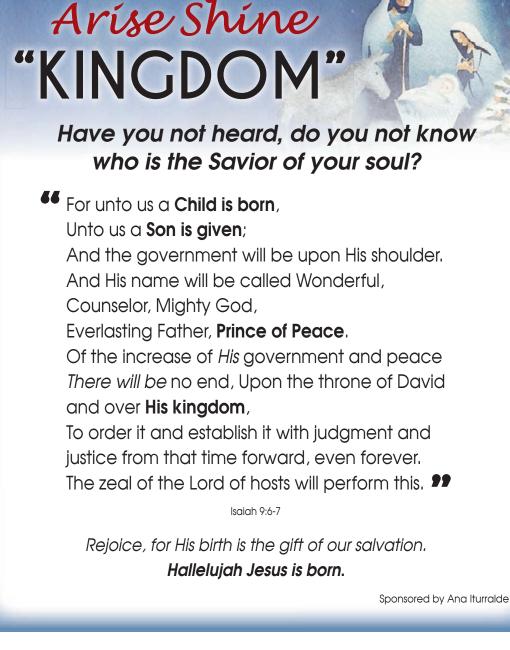
But how to overcome such a huge deficit? Here are a few solutions offered by the LAO:

- Tap into the Rainy Day Fund (the Governor would need to declare a budget emergency)
- Do not exceed Prop 98 minimum guarantees for education funding
- Cost shifts and special fund loans
- 4. Pull back one-time limited term spending
- Overall spending cuts

In past fiscal emergencies, the state has taken other steps as well, including reducing state employee costs through furloughs and even cutting court funding and spending on higher education.

State leaders and policymakers must agree on priorities and focus on those. Actual needs must be prioritized over politically expedient wants. The cuts proposed by the LAO will be considered along with other proposals likely to be introduced, including the Governor's budget in January. Putting our fiscal house in order will be priority number one next











We hope you all have the best Christmas ever and spend a little time reflecting on the true meaning of Christmas. Blessings to you all!

- Ken Follis & Sharon Robinson Group

THE BIRTH OF JESUS

LUKE 2: 1-20

In those days Caesar Augustus issued a decree that a born to you; he is the Messiah, the Lord. 12 This will be a census should be taken of the entire Roman world. sign to you: You will find a baby wrapped in cloths and (This was the first census that took place while Quirinius was governor of Syria.) ³ And everyone went to their own town to register.

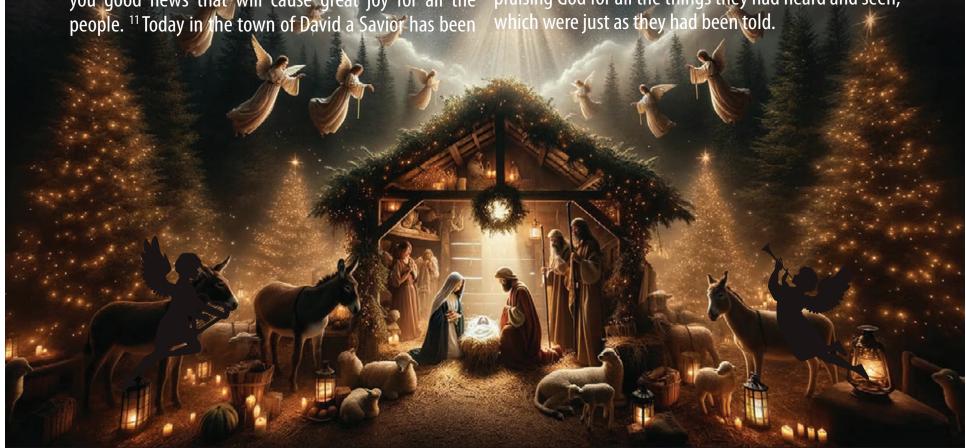
⁴ So Joseph also went up from the town of Nazareth in Galilee to Judea, to Bethlehem the town of David, because he belonged to the house and line of David. ⁵ He went there to register with Mary, who was pledged to be married to him and was expecting a child. 6 While they were there, the time came for the baby to be born, ⁷ and she gave birth to her firstborn, a son. She wrapped him in clothes and placed him in a manger, because there was no guest room available for them.

⁸ And there were shepherds living out in the fields nearby, keeping watch over their flocks at night. 9 An angel of the Lord appeared to them, and the glory of the Lord shone around them, and they were terrified. ¹⁰ But the angel said to them, "Do not be afraid. I bring you good news that will cause great joy for all the

lying in a manger."

- 13 Suddenly a great company of the heavenly host appeared with the angel, praising God and saying,
- ¹⁴ "Glory to God in the highest heaven, and on earth peace to those on whom his favor rests."
- ¹⁵ When the angels had left them and gone into heaven, the shepherds said to one another, "Let's go to Bethlehem and see this thing that has happened, which the Lord has told us about."

¹⁶ So they hurried off and found Mary and Joseph, and the baby, who was lying in the manger. ¹⁷When they had seen him, they spread the word concerning what had been told them about this child, ¹⁸ and all who heard it were amazed at what the shepherds said to them. 19 But Mary treasured up all these things and pondered them in her heart. 20 The shepherds returned, glorifying and praising God for all the things they had heard and seen,



FACILITY from page A-1

"With LEMC's well-established expertise in munitions support and PEO U&W's unmatched proficiency in aviation and missile systems, this cooperative endeavor holds the potential to establish ground-breaking benchmarks in the industry.

"This alliance unites the competencies of both organizations to stimulate advancements and uphold exceptional standards in the realm of missile systems. Additionally, it provides joint warfighters with the advantage of heightened operational readiness by extending their technical expertise," Deaton added. "In essence, this collaboration not only fosters innovation but also enhances operational efficiency for

Key highlights of the joint missile maintenance facility include:

those on the front lines."

- Cutting-edge technology: The facility will be equipped with the latest in missile and armament maintenance technology, ensuring precision, reliability, and efficiency in servicing a diverse range of weapon systems.
- Highly skilled workforce: Experts from both LEMC and PEO (U&W) will work in tandem to uphold the highest standards of quality and safety in all operations.
- Enhanced capabilities: The facility will possess the capacity to conduct comprehensive maintenance, repair, overhaul, and testing of various missile platforms and armament systems, bolstering national defense preparedness by offering a strategically important West Coast maintenance capability.
- Sustainment innovation hub: LEMC and PEO (U&W) are committed to fostering an

environment of innovation and continuous improvement, where sustainment research and development efforts are directed towards advancing and improving missile system operational availability.

Streamlined Processes: The collaboration between LEMC and PEO (U&W) will result in optimized supply chain management, reducing lead times and ensuring timely availability of critical components.

"We have every reason to believe that this collaboration will not only strengthen our individual competencies, but also establish a fresh precedent for cooperative initiatives within the Organic Industrial Base," said Col. Ronnie Anderson Jr., the commander of the Joint Munitions Command. "Collectively, we are well-positioned to assume a crucial role in ensuring munitions readiness."

LEMC, located in Chambersburg, Pennsylvania, is a subordinate of JMC. The installation conducts regional and contingency distribution of munitions, precision-guided munitions maintenance and munitions demilitarization for Army requirements in support of all Department of Defense and international partners to provide readiness to the Warfighter.

JMC provides precise and predictive conventional munitions sustainment and life cycle management to an expeditionary global force from 17 arsenals, depots, and ammo plants across the spectrum of conflict in support of the Joint Force.

The NAVAIR Armament Repair Facility in Fallbrook is a maintenance facility that already

Submitted by the U.S. Army Joint Munitions Command.

Blanket project donates to seniors



Blankets donated by the Fallbrook Blanket Project Village News/Courtesy photo are being displayed by Nickie Williams, president of the Fallbrook Senior Center board, and Susie Gonsalves, director of the senior center.

FALLBROOK - Recently 20 crocheted items were donated to the Fallbrook Senior Center to be given to some of the home meal delivery seniors. These folks requested twin size blankets, Afghans, lap blankets, shawls, scarves and hats, all knitted or crocheted by members of the Fallbrook Blanket Project.

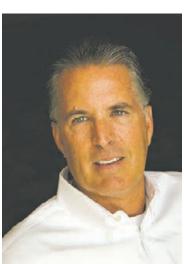
The senior center provides a place for seniors, age 50 and above, to gather and enjoy many activities such as bridge, pinochle, pool, exercise classes and line dancing.

It provides nutrition services, a home lunch program and lunch at the Fallbrook Community Center, referral for legal and financial services, educational and cultural programs and more. Located at 399 Heald Lane, the center can be contacted at 760-728-4498. For more information, visit https:// www.fallbrookseniorcenter.com/.

The free nonprofit Fallbrook Blanket Project always welcomes new members and donated yarn. They meet every Monday at Living Waters Church and Fridays at the Fallbrook Public Library, both from 10 a.m. to noon. For more information, visit https:// fallbrookblanketproject.org/.

Submitted by the Fallbrook Blanket Project.

Who was that baby?



Rick Koole LifePointe Church

Who was that baby born 2,000 years ago in an obscure manger in Bethlehem? That's really the most important question people should be asking as much of the world prepares to celebrate Christmas in honor of his birth. We call the baby Jesus; however, 700 years before the baby's birth, the prophet Isaiah shared some additional names that describe some important attributes of that tiny baby.

"For unto us a Child is born, unto us a Son is given; and the government will be upon his shoulder. And his name will be called Wonderful, Counselor, Mighty God, Everlasting Father, Prince of Peace," in Isaiah 9:6.

We can learn a lot from that one short verse. We learn that God was giving his son to us as a gift. And we also learn that he would be born as one of us. Additionally, the verse said that a tiny little baby would someday rule, and that the government would be on his shoulders. Then the verse goes on to give us names that describe his attributes.

He will be called Wonderful. The baby was wonderful

because of what he came to do. The Bible said he shall save his people from their sins.

Walter A. Maier explained, "There is the glorious wonder of this wonderful Child - no sin too great, no offense too vile, no wrong too oppressive to be removed freely and completely and for all time by his priceless, deathless

God also promised he would give us a wonderful sign so we could recognize the baby when he said, "Therefore the Lord Himself will give you a sign: Behold a virgin shall conceive and bear a Son, and shall call his name Immanuel," in Isaiah 7:14.

He will be called Counselor.

He is a loving counselor who is never more than a prayer away for those who seek him. He promises that if any of us seek wisdom, we should ask and he will supply wisdom generously and without finding fault, in James 1. Never has his counsel failed, and there is no problem too difficult for him to handle.

He will be called Mighty God.

The Book of John begins by declaring that God became flesh and dwelt among men. Baby Jesus was in fact Mighty God, and in that same chapter, John explains that as Mighty God, Jesus was the creator of all things: All things were made by him; and without him was not anything made that was made in John 1:3.

He will be called Everlasting

I believe in one God who in a way only fully understood by himself, is present in the trinity of Father, Son and Holy Spirit. With that being said, when Philip requested, "Lord, show us the Father," Jesus the Son replied, 'He that has seen me has seen the Father," in John 14.

He will be called Prince of

One of the sweetest parts of the Christmas message comes in Isaiah's final name for the Christ child as The Prince of Peace. Above all the hatred in a war-torn world, the Christmas anthem of peace on earth rings out.

He will be called Immanuel.

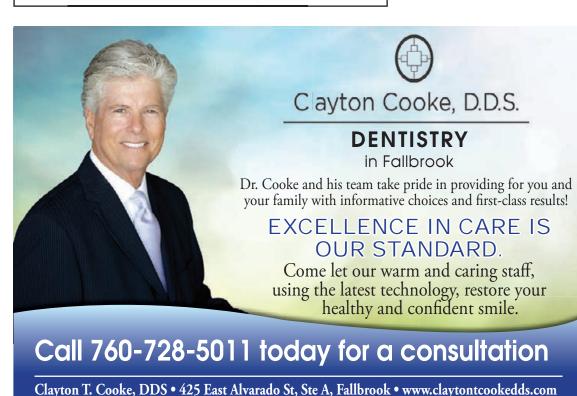
In addition to saying that the virgin would conceive and bear a son, the prophet Isaiah shared another name for the baby when he said that he shall be called Immanuel in Isaiah 7:14. The Hebrew word translates "God with us." Thus did the Son of God become one of us so that he could provide forgiveness for our sins and salvation for those willing to believe and accept him.





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Boys & Girls Clubs celebrate the holidays



B&GC members have fun at the Fallbrook Christmas Parade.

FALLBROOK – Boys & Girls Clubs of North County announces the tremendous success of its annual toy drive, which saw an outpouring of generosity from the local community. Through the collective efforts of dedicated individuals, businesses, and organizations, over 1,000 toys were distributed to club members, bringing joy and smiles to local children during this holiday

season.

The B&GCNC extends its heartfelt gratitude to the residents, businesses, and organizations that threw their support behind the toy drive. By working together, they were able to ensure that every child at the B&GCNC received a gift.

"These toys will bring happiness to our club members," said President & CEO Allision Barclay, "Often this is the only toy the child will receive during the holidays, and we are so appreciative of the community of Fallbrook for supporting our toy drive."

Village News/Courtesy photos

This impressive undertaking is cheerfully managed by the staff of B&GCNC and is possible through donations collected at the North County Fire District, the Fallbrook Chamber of Commerce, local businesses and churches, and the Fallbrook Library. "A special



La Paloma Elementary School Club members display donated gifts given out for Christmas.

thanks goes out to the ladies from the Women's Golf Club of California and the Fallbrook Women's Golfers," said Barclay.

Adding to the fun of the season, the North County Fire District brought their donations on their vintage firetruck, giving a group of club kids a special thrill as they happily helped unload the truck

B&GCNC has a 60-year

history of serving the youth of Fallbrook and has many exciting programs planned for the second half of the school year, as well as into the summer! For more information about the Club or to make a donation please visit www.bgcnothcounty.org or call 760-728-5871.

Submitted by the Boys & Girls Clubs of North County.



WILSON

from page A-1

Cessna 182. Hugh gave flying lessons at Fallbrook Airpark for many years.

Helen moved to Oceanside in June 2016 to an assisted living apartment after Hugh died in December 2006. She continues to live life to the fullest and is still sharp aa a tack. She is very close to all four of her children and their spouses as well as her nieces and nephews. She has been blessed with 12 grandchildren and nine great-grandchildren.

Submitted by David Wilson.



Village News/David Landry photo Julie Sullivan poses with the birthday cake she made for her grandmother Helen Wilson's 100th birthday. The cake has white almond raspberry filling.

ARREST

from page A-1

Sunny Inc. The investigation, initiated in September 2021, linked Mack to over 230 thefts at Southern California Ulta stores.

Upon arresting two suspects

on the East Coast, investigators discovered messages on a suspect's phone from Mack, detailing the theft operations. Mack's Amazon store, operational since 2012, had documented nearly \$8 million in sales, with 2022 alone accounting for approximately \$2 million.





Don't miss a beat on what is happening in Fallbrook, Bonsall, Pala, De Luz and Rainbow. Whether it is breaking news, local youth sports, or information on events and activities, you will find it quickly and easily at

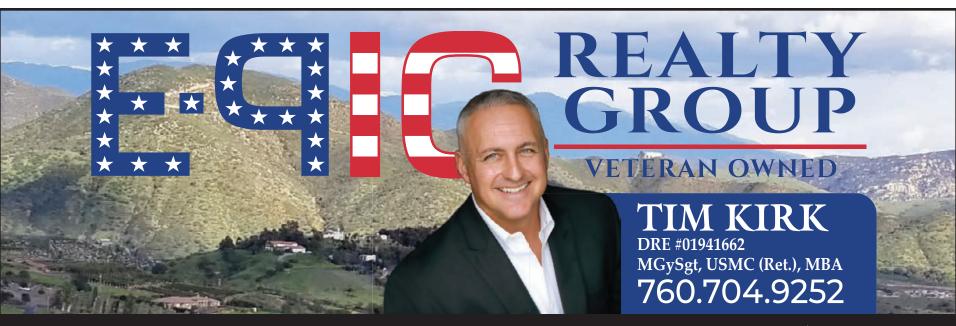
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Christmas Tree Recycling Guide

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WasteFreeSD.org/TreeRecycling



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Community enjoys Breakfast with Santa event



Santa welcomes guests to Breakfast with Santa at the Fallbrook Community Center, Dec. 16.





Dozens of people enjoy breakfast and other holiday festivities during the Breakfast with Santa event at the Fallbrook Community Center.



Fallbrook Ballet Folklorico performers dance for guests at the Breakfast with Santa event at the Fallbrook Community Center.



Six year old Abi Carroll, left, and her sister Evie, 4, meet Santa during the Breakfast with Santa event at the Fallbrook Community Center.



William Howard receives his breakfast plate during the Breakfast with Santa event at the Fallbrook Community Center.



Chloe Maddison, 4, enjoys her pancake breakfast at the Breakfast with Santa event at the Fallbrook Community Center.



Members of the Fallbrook Ballet Folklorico group arrive to perform for guests at the Breakfast with Santa event at the Fallbrook Community Center



Nico Lara, 5, smiles as he arrives with Fallbrook Ballet Folklorico for a performance at the Breakfast with Santa event at the Fallbrook Community Center.



Carter Hunt, 3, paints at an arts and crafts table during the Breakfast with Santa event at the Fallbrook Community Center.

HEALTH

Writer is praised as a pioneer at Fallbrook's new wellness center



Three certificates show Tim O'Leary's involvement at the Wellness Center.

Village News/Courtesy photos

Tim O'Leary

Special to the Village News

I rarely consider myself a pioneer, but recently I was praised as one and I have three certificates to prove it. For my volunteer work with Fallbrook Regional Health District's Wellness Center, I received a certificate of recognition signed by state Assemblymember Marie Waldron, which said, "In honor and gratitude of your commitment to providing

quality health education and services ..."

A certificate of commendation signed by Jim Desmond, the local representative on the San Diego County Board of Supervisors, praised my "... steadfast commitment and dedication to the betterment of the community of Fallbrook ...'

A certificate of recognition signed by state Sen. Brian W. Jones underscored my "... outstanding efforts at building community wellness through education and services ..."

I was trying to get a cockamamie karate course I created off the ground: Fun Fu.

It's a proprietary self-protection program created after years of studying martial arts and the means and prevalence of violence in America today. My goal is to teach - along with playing pickleball and my other timewasting activities – a crash course in self protection and situational



Tim O'Leary poses with his certificates outside the Wellness Center's appreciation lunch.



Health care leaders and teachers look on as certificates are distributed at the Wellness Center's appreciation lunch.

My belief is that such skills are of a benefit to most folks, and they can learn the basics without all the rigamarole of uniforms, colored belts, bruises, testing and tournaments. The classes are designed as fun-filled workouts punctuated by snippets of Eastern and Western philosophies.

It was offered at the Fallbrook Senior Center. Initially, there was a flurry of interest for my free course, and 12 people showed up for my first class. Interest, however, waned until the eightweek class wobbled to a close with a mere three die-hard souls.

In my defense, the dropouts said they were too busy to practice, the classes were offered at a bad time or they were too worried about losing their balance and tipping

The course was next offered to the community at large at the Wellness Center.

The 4.5-acre center is the brainchild of the Fallbrook Regional Health District, which was formed in 1950 to build and operate a community hospital. It is one of 3,400 special tax districts in California, and it serves a 110.5-square-mile area that takes in Fallbrook, Rainbow, Bonsall and De Luz.

An array of financial difficulties and competition from large health care complexes led to the hospital's demise in 2015. The hospital building and grounds were later sold to a company that provides inpatient behavioral health services.

To continue its mission of health promotion and disease prevention, the district spent \$1.8 million in 2018 to purchase the former St. Stephen's Lutheran Church campus. The church congregation folded long ago, and the district is making use of its former classrooms, fellowship hall, sanctuary, three-bedroom

house, shade structure and open space.

I first became acquainted with the Wellness Center when I attended separate multi-week workshops there. The initial workshop explored the lasting impacts of COVID-19. The second workshop examined personal boundaries.

More recently, I've been participating in a bereavement group that is offered by Hospice of the Valleys, a more then 40-yearold nonprofit based in Murrieta. I've also taken part in some events sponsored by Michelle's Place Cancer Resource Center founded in the Temecula area in 2001.

District officials were amenable to my switching Fun Fu to the Wellness Center. They said I could use a classroom for free if I did not charge students to attend the sessions.

I took out ads in the newspaper, and interest grew slowly. I graduated three students that session.

I didn't proceed with a second round of classes, opting to recover as much of my \$1,000 liability insurance premium as possible. I was left licking my wounds, wondering whether I should blame the misfire on myself, the material or a busy or apathetic public.

So it was, amid all the confusion, that I attended the Friday, Dec. 8, appreciation lunch that the district sponsored to honor the "pioneer" programs and classes that have utilized the facility in its first full year of operations.

In that period, more that 11,000 people have visited for one service or another. More than 1,100 events or offerings have occurred. Nearly 500 people have received free health screenings or education. About 60 community clubs or organizations have offered services.

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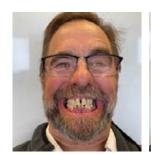
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December 21, 2023 $\underline{www.VillageNews.com}$ / The Fallbrook Village News / $\mathbf{B-3}$

5 ways seniors can exercise their minds in 2024

Brittany Tran

Special to the Village News

Research has shown there are steps we can take to maintain our health as we age. In my work with UC San Diego's Osher Lifelong Learning Institute, I meet seniors every day who are taking a proactive approach to aging by enrolling in the continuing education courses we offer.

The approaching new year brings exciting possibilities and opportunities to continue the journey of cognitive well-being. How can older adults keep their minds sharp in an era of constant change and innovation? Here are five enjoyable and accessible ways older adults can exercise their minds for an enriching 2024.

1. Pursue learning opportunities

Is there a subject you've always been curious about but never had the time to pursue? The time to follow those curiosities is now! Not only is it rewarding to learn something new, but it may also improve your thinking ability. One study found that older adults who learned quilting or digital photography had more memory improvement than those who only socialized or engaged in less cognitively demanding activities.

Whether you simply want to explore an interest or finish your degree, there are more continuing education options available than ever to fit your budget and schedule. The Osher Lifelong Learning Institute offers lectures and seminars by the outstanding faculty and researchers of the UC San Diego community, as well as local leaders, artists, and musicians.

Class topics span everything from medicine to arts and humanities and much more. Check out our upcoming open house event to learn more, https://extendedstudies.ucsd.edu/olli/membership/open-house.

2. Keep reading

Cultivating the habit of regular reading is a timeless exercise for the mind. Reading not only stimulates the brain but also provides a constant source of new information. Whether it's fiction, non-fiction, or staying updated on current events, regular reading contributes to cognitive vitality and keeps older adults informed and engaged.

3. Solve puzzles

Yes, solving puzzles in a literal sense is good training for your brain. Think crossword puzzles, Sudoku, or chess. But there are other mental exercises that go beyond traditional puzzles, too. Consider learning an instrument, practicing mindfulness, or even engaging in improvisational theater to engage your brain in new ways.

4. Explore new hobbies

Being intellectually engaged can benefit the brain. People who engage in personally meaningful activities say they feel happier and less depressed. Some examples might include volunteering with a charitable organization, taking up crocheting, or starting a neighborhood walking group. Participating in hobbies and other activities may also lower your risk of developing certain health problems, including dementia, heart disease, stroke, and some types of cancer.

5. Maintain social connections

You've heard it before; social connections play a vital role in mental well-being. Older adults can make a conscious effort to stay socially active by engaging in conversations, attending gatherings, and joining clubs or discussion groups. Meaningful interactions with others stimulate different areas of the brain, fostering emotional intelligence and communication skills and helping to keep the mind sharp.



The Osher Lifelong Learning Institute offers lectures and seminars by the outstanding Village News/Courtesy photo faculty and researchers of the UC San Diego community, as well as local leaders, artists, and musicians.

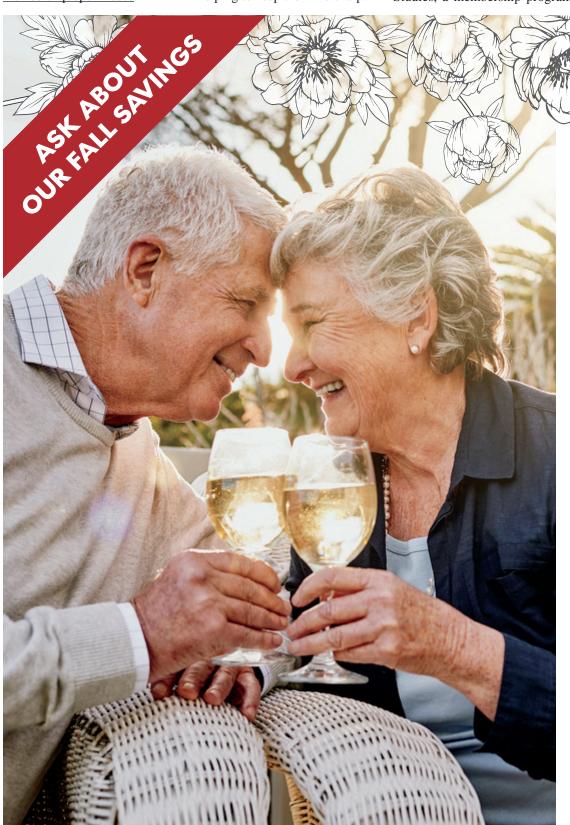
Caring for our minds is as important as caring for our bodies, especially as we age. My wish for all older adults is to maintain and enhance their cognitive abilities by incorporating these brain-boosting exercises into their daily lives. Remember, this should be fun, not stressful! What works for one person may not work for the next.

These activities – whether it's solving puzzles, learning new skills, staying socially active, or doing anything else that engages your intellect – contribute to a healthier and more vibrant brain in the golden years. Get a jump start on the new year by weaving more of these activities into your schedule today.

Brittany Tran is the program manager for the Osher Lifelong Learning Institute at UC San Diego Division of Extended Studies, a membership program for adults over 50 who want to be part of a learning community with peers. To learn more, visit https:// extendedstud home where you winter 2024 c

extendedstudies.ucsd.edu/olli/ home where you can check out the Winter 2024 course catalog.





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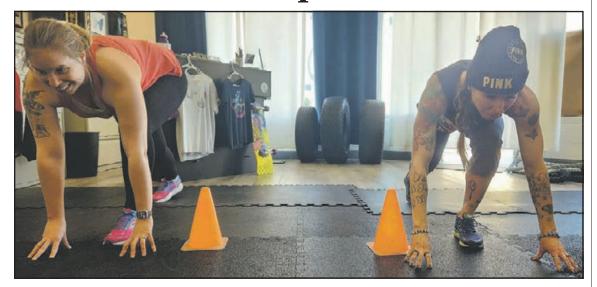


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Healthy Habits for Bonsall & Fallbrook Folks – Running fast – How to increase speed



Megan Johnson McCullough

Special to the Village News

Some people have the gift of speed when it comes to running. What makes a person get from point A to point B faster than others, has a few factors to keep in mind. Physical fitness ability certainly plays a role, mindset towards running and technique can be influential to speed.

Physiological factors are big indicators of speed. The circulatory system with your heart and lungs are the oxygen pumpers, so their health and capability are important. Genetics have their role with this process of getting oxygen to the muscles, but effective practice and training can assist.

Speed comes down to slowtwitch versus fast-twitch muscle fibers. Slow-twitch muscle fibers are used for endurance and fasttwitch muscle fibers are recruited for more explosive movements such as sprinting. There can be extensive examination done to someone's body to know which you are more prone to be better at, endurance versus sprinting, but most people know their abilities.

Gait is the movement pattern that can be trained for performance improvement to run fast. Gait training is often used in physical therapy to improve the ability to walk and stand. Gait the movement pattern the leg and foot follow with each step. It's the cyclical pattern the motion makes to propel you forward.

There's a stance and swing phase. Stance is when the foot initially makes contact with the ground until the body is over the foot. As the body moves forward and over the foot, the swing phase takes place when the foot has left the ground and before it makes contact with the ground once again. During this time, the hip and knee are flexing.

The next moment is when the foot is in the air; it is called the float stage. The foot and body are not touching the ground, and it is the difference between walking and running. The more efficient you are with the gait movement pattern the faster you can run.

Typically, consistent gait training

for six to 10 weeks can contribute to noticeable improvement. Some example drills include running with high knees, "A" skips and "B" skips – high knee with dorsiflexion versus high knee then extend the leg forward – butt kicks, power skips, carioca, bounding and strides. These exercises are good to do even for the general runner because better form is a proactive approach to preventing injury.

There's an entire running community that exists and for most, distance and endurance become the preferred style of running with age. There's no doubt watching sprinters compete is an amazing sight to see, and it literally happens so "fast."

There are a multitude of apps and devices that track and motivate running as well. Walk, trot, jog, run or sprint: movement is medicine to the body whether it be fast, slow, short or long.

Megan Johnson McCullough, Ed.D., recently earned her doctorate in physical education and health science, is a professional natural bodybuilder and is a National Academy of Sports Medicine

Tips to avoid excessive drinking during the holidays

Marcel Gemme

Special to the Village News

During the holidays, the time before Christmas and New Year's Day accounts for some of the highest rates of alcohol consumption. Christmas week especially creates a number of opportunities for drinking.

Whether you are attending family gatherings, work parties or other celebrations, there is endless temptation to consume alcohol. Even those individuals who are social drinkers tend to find themselves drinking more alcohol. Fortunately, there are practical tips that you can use to politely decline drink offers and avoid excessive drinking during the holidays.

Whether you are in your golden years, middle-aged or young, the key to success is to practice saying "no" to alcohol. Whether it is a legitimate reason or a wild madeup excuse, it all works.

You can try saying, "No thank you," "I'm driving tonight," "I've got a workout planned tomorrow morning," "I'm embracing a healthier lifestyle," "I have an early workday" or "I'm taking medication that doesn't mix with alcohol," these are all practical reasons.

There are also light-hearted approaches to consider, such as "No thanks, I become belligerent and rude when I drink," "Before I accept, I should warn you I brought a guitar with me," "No thanks, I left my small children at home with an angry dog" or "A few more of these and I'll be ready to describe my unpublished novel to you."

The goal of saying "no" or having a cut-off is to feel empowered by what you say, and practicing saying the words in advance can make a huge difference. Overall, drinking alcohol should feel like a choice and not an obligation.

Another successful alternative is to bring your own non-alcoholic beverages. It can be the perfect time to try some holiday mocktails. For many people, having a drink in hand makes them feel more comfortable in social situations. It also makes it less likely that someone else will pressure them to drink alcohol, such as relatives.

Finally, it is essential to know when to leave a party. Most people have experienced holiday parties or family functions that have gotten out of control. Giving themselves permission to leave early is OK, and it can be a huge relief. Plan an exit strategy, which can be especially important at family functions if everything spirals out of control.

Spending the holiday season avoiding alcohol can have real benefits, such as creating new memories that are actually remembered. It can also be nostalgic, and without the influence of alcohol, families can rediscover the things they loved about the holiday season.

Marcel Gemme is the founder of DRS and has been helping people struggling with substance use for over 20 years. His work focuses on a threefold approach: education, prevention and rehabilitation.



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ENTERTAINMENT

Madrigals entertain Rotarians at Regency



The FUHS Madrigals sing Christmas carols to Rotary members, Dec. 12.

Village News/Sandy Maruca photos



Assisted living residents Steve Achard, front left, and Audrey Dagne, center, enjoy the Madrigals' Christmas carols.

FALLBROOK – Fallbrook Village Rotary was delightedly entertained by the Fallbrook High School Madrigals at Regency Fallbrook Assisted Living, on Dec. 12

The choir sang Christmas carols to Rotary members and Regency residents.

Resident George Barlow told the Rotarians how Rotary years ago left a positive impact on his high school education and budding career.

He explained that when he was graduating from high school, he won a Rotary award for an engineering design of his and celebrated by going to lunch with those Rotarians. Later, he became a civil engineer, working for many years for the City of Los Angeles designing and configuring road infrastructures.

Submitted by Fallbrook Village Rotary.



FUHS Choral Director Heather Smith, far left, poses with her Madrigals, from left, standing, Meadow Breese, Ayse Taskin, Sam Beltran, Magen Neumann, Kelycera Lebrun and, sitting, Erik Shaver.

FAA announces winners in first show at new location



Krentz Johnson poses with her Best of Show winner, "Rancho Remains," painted in casein, for the Fallbrook Artists Association's



Thom Lingle displays his Honorable Mention ribbon won in Photography for his "Lunar Rings."



George Compton, left, is the first place winner in Photography for "Holiday Village News/Courtesy photos Blooms," middle, bottom, while Ray Fedorchak is the first place in Pastels for "Nutty Crackers," top.



Virginia Harris holds her Honorable Mention ribbon for her oil painting, "Joshua Tree."

Mission Theater to offer more movies and a comedy show

FALLBROOK – The Mission Theater is holding a Fallbrook New Year's Eve party where guests can dance to music of all ages, drink free champagne and get party favors, Sunday, Dec. 31. They will watch the ball drop at 9 p.m. Doors open at 6 p.m. and the

party starts at 7:00. Tickets are \$20 in advance, \$25 at the door. Tickets can be bought at https://fallbrookmissiontheater.com/.

fallbrookmissiontheater.com/.

The theater at 231 N. Main Ave.
will continue its 6:30 p.m. Friday
night movies with Michael J. Fox
in "Back to the Future," Friday,

Jan. 5, 2024, followed by Cary Grant and Ingrid Bergman in Alfred Hitchcock's "Notorious" on Jan. 12.

The Jan. 12.

The Jan. 19 movie features Tom Hanks and Shelley Long in "The Money Pit" followed on Jan. 26 by Paul Newman in "Cool

Hand Luke."

The first comedy show of the new year will be on Saturday, Jan. 13, with comedian Eric Schwartz. Tickets are \$20 online (or \$25 at the door; there will be a red carpet welcome at 5 p.m. The show starts at 7 p.m. with host/MC

Ref Kimbrough and special guest comedians Stephanie Lamm and Jose Estrada. Tickets are available at https://fallbrookmissiontheater.com/.

For more information, visit the website or call 760-253-8904.

SPORTS

Lady Warriors battles Great Oak in soccer



Lady Warrior Abby Peterson kicks a pass to a Fallbrook teammate against Great Village News/Shane Gibson photo



Lady Warrior Anay Garcia takes a pass during the varsity girls soccer game against Great Oak, Dec. 15.



Lady Warriors from left, Stephanie Ruiz, Karen Ruiz and Anay Garcia prepare to defend a Great Oak free



Fallbrook's Kirra Deforest races with the ball against Great Oak.



Fallbrook's Anahi Briones battles for the ball against a Great Oak



Lady Warrior Karen Ruiz receives a pass from a Fallbrook teammate against Great Oak. Fallbrook lost the varsity girls soccer game, 2-0.

Warriors reach field hockey quarterfinals

Joe Naiman

Village News Reporter

Being in what might have been the toughest league in the county adversely affected the win-loss record of Fallbrook High School's field hockey team, but the Warriors won their first-round CIF playoff game before losing to the top-

seeded Division I team in the quarterfinals.

"Very pleased," said Fallbrook coach Debbie Berg.

Fallbrook had a 1-9 record in Avocado League play. Torrey Pines and Poway shared the league championship with 9-1 records. Torrey Pines had an overall record of 18-5-1 and the Falcons were 16-3 against California teams. Poway was 22-4-1 overall. Torrey Pines won the CIF Open Division championship and was seeded second in that division while Poway was seeded fourth in the Open Division and reached the semifinals.

Mission Vista and San Marcos both had 4-6 league records to share third place while Valley Center was fifth in the standings with a 3-7 record in league competition. San Marcos, whose overall record was 9-13-2, had the top seed in the Division I playoffs and defeated Fallbrook in the quarterfinals before losing to fourth-seeded Valley Center in the semifinals.

Mission Vista had the fifth seed among Division I playoff teams and a quarterfinals loss to Valley Center gave the Timberwolves an overall record of 10-13. Valley Center won the Division I championship and, with the playoff results, the Jaguars were 18-7 overall for the season.

"We were playing the top of D-I and Open teams throughout our entire league," Berg said.

Torrey Pines was the only team to defeat the Warriors by more than two goals in league play. The Falcons defeated top-seeded La Costa Canyon in the Open Division final, and La Costa Canyon was the only opponent to defeat the Warriors by more than one goal in non-league competition.

"We were in every game, so I was pretty pleased with that," Berg said.

"Our girls played tough in every single game," Berg said. "They held their own in every game. There was not a single game we got blown out."

Including the playoff loss, the Warriors were 1-10 against Avocado League schools. Their overall record of 8-14-1 equates to a 7-4-1 performance against all other opponents.

Fallbrook had seven shutouts during the season including a 0-0 tie against Glendora in tournament play Sept. 23, a 1-0 overtime victory Oct. 25 at San Marcos for the Warriors' only league win, and a 1-0 triumph over Rancho Buena

Vista in the first round of the CIF playoffs.

Fallbrook had three consecutive shutouts with a 1-0 win Sept. 7 at Rancho Buena Vista, a 4-0 triumph Sept. 12 at Del Norte, and a 4-0 victory Sept. 14 at home against Mira Mesa.

"We're a defensive team," Berg

Fallbrook was seeded eighth in the Division I playoffs and Rancho Buena Vista had the ninth seed, so the Longhorns traveled to Fallbrook for the first-round game Nov. 6. "It was a tough game and our girls rose to the occasion to move on to the quarterfinals," Berg said of the 1-0 result.

San Marcos and Fallbrook split a pair of 1-0 games during league play with the Knights prevailing in the Oct. 6 matchup at Fallbrook. "They're a great team," Berg said.

Although the final score was 2-0 in San Marcos' favor, both goals were scored in the second half. "It was very close," Berg said. "We played really well, and it could have been either team moving on."

VILLAGE PRICE CHANGE News Effective Jan. 1, 2024



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Struyck, Pauley medal at middle school cross country championship meet

Wildcats fourth among 6/7 girls, fifth for eighth grade boys

Joe Naiman

Village News Reporter

The North County Middle School Cross Country League championship meet was held Oct. 25 at Walnut Grove Park in San Marcos, and two Sullivan Middle School runners received medals for finishing among the top 20 in their race.

Seventh grader Sienna Struyck finished sixth among the 95 sixth grade and seventh grade girls who competed in the championship race. Jackson Pauley is in seventh grade but ran in the eighth-grade boys race and placed 14th.

Sullivan's sixth and seventh grade girls placed fourth as a team while the Wildcats' eighth-grade boys were the fifth-place team.

"The kids really grew confident,' said Sullivan coach Ennis Pipe.

This year Sullivan had 19 runners. "It was kind of a rebuilding year," Pipe said.

The North County Middle School Cross Country League had four meets prior to the championship meet. The first of those took place Sept. 21 at Woodland Park Middle School in San Marcos, and the runners used a 1.55-mile course. Cross country team scores add the positions of a school's first five finishers; the sixth and seventh runners are not scored but can add points to other teams' totals.

Sullivan's eighth-grade boys placed fifth as did the Wildcats' sixth/seventh grade girls. The Sullivan sixth/seventh boys were sixth. No eighth grade girls were on this year's Sullivan team.

Struyck had a time of 12:03.76 to place 10th in the sixth grade and seventh grade girls race. A sixth grade or seventh grade student can run in an eighth grade race; Pauley was the only seventh grader in the eighth-grade boys race Sept. 21 and had the 14th-place time of 10:26.49.

Sullivan's first finisher in the sixth grade and seventh grade boys race, seventh grader Elijah Tyler,



Sullivan Middle School participate in the North County Middle School Cross Country League Championship meet.

Village News/Courtesy photo

was 51st with a time of 11:49.30 while seventh grader Alexander Nord finished 52nd at 11:50.05.

The course Sept. 28 at San Elijo Middle School was 1.65 miles. Sullivan's sixth/seventh girls were fourth; the Wildcats placed fifth among eighth grade boys, and the sixth/seventh boys took sixth place. San Marcos Middle School hosted the Oct. 5 meet, whose course was 1.85 miles; the Wildcats had the same team positions they had the previous week.

A minimum of five runners is required for a team score, and Sullivan did not have that number of sixth/seventh boys Oct. 19 at Valley Center Middle School. The sixth/seventh girls and the eighthgrade boys both placed fourth.

Although Sullivan only had four

boys, Nord finished the 1.7-mile course in 12:05.26 for a season-best 32nd place; he was not among the top 50 finishers in any of the first three races. Struyck took 10th among sixth/seventh girls with a 12:03.76 performance. Pauley finished in 10:26.49 for 14th place in the eighth-grade boys race.

Sullivan had three sixth-grade boys, four seventh-grade boys, and four eighth-grade boys along with six sixth-grade girls and two seventh-grade girls. None of the sixth-grade boys competed in the championship race while Pauley, Nord, and Tyler comprised the Wildcats' seventh-grade boys contingent and three of the eighth-grade boys competed. Pipe placed all of his seventh-grade boys in the eighth-grade race, and they were

the only seventh graders in that competition.

The course at the championship meet was 2.0 miles. Struyck had a time of 14:11.93. "She's just a natural runner," Pipe said. "She's just got a natural running ability."

Sullivan had a sixth/seventh girls team score of 112 points. San Elijo Middle School had the third-place total of 71 points. Valley Center Middle School was fifth with 120 points.

Sixth grader Faith Smith finished in 15:25.78 for 26th place. The 33rd-place time of sixth grader Olivia Gold was 16:07.91. Seventh grader Cassandra Mencias completed the course in 16:13.04 for 34th place. Sixth grader Madison Payne became the 74th finisher 19:10.66 after the race began.

Pauley finished in 12:53.69. "He got progressively faster as the season went on," Pipe said. "He really enjoys running."

Nord placed 28th and had a time of 14:00.53. Tyler took 34th place with a 14:26.90 performance.

"The seventh graders really held their own," Pipe said.

Sullivan's other three runners in that race are eighth graders. Daniel Montejo posted a time of 14:36.55 for 35th place, Qiuyi Yan finished 37th and had a time of 14:59.05, and Emmanuel Monsalvo was 48th with a time of 16:40.46.

This was Pipe's first season as Sullivan's cross country coach. "They were a good group of athletes," he said. "Very excited to see what we'll be able to do next year."

Madison Rae wins Soviet Problem Stakes



the Soviet Problem Stakes at Los Alamitos Race Course.



Madison Rae leads all competitors in the race for two-yearold California-bred fillies, Sunday, Dec. 10.

Village News/Benoit Photo photos

Joe Naiman

Village News Reporter

San Luis Rey Training Center filly and Ocean Breeze Ranch foal Madison Rae won the Sunday, Dec. 10, Soviet Problem Stakes at Los Alamitos Race Course.

Madison Rae, who is trained by Peter Miller, won the 1-mile dirt race for two-year-old California-bred fillies by half a length over second-place Loretta Lynn. She led throughout the race and had a winning time of 1 minute, 38 seconds, 52 tenths.

"She ran very well," Miller said. The race was the fourth for Madison Rae, and she has been ridden by four different jockeys. Juan Hernandez rode her Sept. 9, at the Del Mar Thoroughbred Club, where she began her racing career with a third-place finish in a 5 1/2-furlong dirt race. She broke her maiden Oct. 8, with a win at Santa Anita Park; Madison Rae and jockey Antonio Fresu took the lead as they approached the stretch and won the six-furlong dirt race by a neck.

Flavien Prat was her jockey Nov. 3, when she was sixth in the seven-furlong Golden State Juvenile Fillies Stakes at Santa Anita. Edwin Maldonado was atop Madison Rae for the Soviet

Problem Stakes.

A veterinarian scratch reduced the Soviet Problem Stakes field to five horses. Madison Rae had the inside post position. The risk of being stuck behind another horse on the rail was eliminated when Maldonado and Madison Rae broke out of the gate first.

"We wanted to be on the lead," Miller said.

The first quarter of a mile took Maldonado and Madison Rae 24.38 seconds. They had a onelength lead over Ocean Breeze foal Petit Filet, who was in second and stayed in that position until the

approach to the stretch. Madison Rae and Maldonado needed 48.50 seconds for the race's first half of a mile, and at that point they led Petit Filet by half a length. That margin was unchanged 1:13.23 into the race when Maldonado and Madison Rae completed three-quarters of a mile.

Asada Fries was in second at the beginning of the stretch and was a length behind Madison Rae, who reached that point 1:25.53 after the starting gate was opened. Loretta Lynn took over second place during the stretch and finished half a length in front of Asada Fries, who was three lengths ahead of

fourth-place Petit Filet.

"Great ride by Edwin," Miller said.
Pavel, who stands at Ocean

Pavel, who stands at Ocean Breeze Ranch, sired both Madison Rae and Petit Filet. Taffeta is Madison Rae's dam. The filly was foaled March 30, 2021.

The Soviet Problem Stakes had a \$100,000 total purse. First place paid \$60,000 to bring Madison Rae's career earnings to \$109,940.

Joe Naiman can be reached by email at jnaiman@reedermedia. com.

Sanchez, Alvarez-Lindenmayer placed on all-league second team

Joe Naiman

Village News Reporter

Two Fallbrook High School field hockey players were given all-league recognition by the Avocado League coaches.

Kasey Sanchez and Gianna Alvarez-Lindenmayer were both placed on the second team. Sanchez is a senior who played goalkeeper for the Warriors. Alvarez-Lindenmayer is a junior and was Fallbrook's low midfielder.

All-league selections often include a formula based on the team's position in the league standings. Fallbrook was 1-9 in Avocado League play to trail the league's other five teams.

"Had we been in a different league, we would have had a number of girls who would have been deserving of all-league," said Fallbrook coach Debbie Berg.

The Warriors had an overall record of 8-14-1 including a CIF first-round win over Rancho Buena Vista and a quarter finals loss to league opponent San Marcos. Last year, Fallbrook shared the Palomar League championship and had nine all-league players including five seniors

five seniors.

Sanchez was on last year's

Palomar League second team. "Kacey's been playing goalie since she was in seventh grade and she has, especially in the last year, really developed," Berg said. "She's put in the time and it shows

in her skills."
Six of Fallbrook's victories were by shutout, including the overtime game which accounted for the Warriors' only league victory and the playoff match against Rancho

Buena Vista. The Warriors also had a tournament game which ended as a scoreless tie, giving Fallbrook seven shutouts for the season.

Alvarez-Lindenmayer was on the 2022 Palomar League first team. "Gianna was the heartbeat of our team. She has a huge competitive nature. She also shows her leadership on the field," Berg said.



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Children find Santa at the Masonic Cemetery



Sofia Morelia is happy meeting with Santa at the Masonic Cemetery and all she is asking Santa for is a panda water bottle for Christmas, Dec. 16.



Santa asks Eric Ortiz what he wants for Christmas; Eric said he wants an iPod. Village News / David



The kids are so excited to see Santa that they are all talking together at the same time.



Kathy McGoldrick, manager of the Masonic Cemetery, is Santa's helper as Santa waits for children to show up.



David Bogan, Masonic Lodge Senior Warden, and Santa just finished placing wreaths on graves to remember and honor veterans buried in the cemetery as part of the national Wreaths Across America event.



Santa has his hands full meeting with the Wendling and Colores families together. They told Santa they wanted a real unicorn, a new wash cloth (funny but true), a Jackie Robinson baseball card, and lots of toys

REAL ESTATE & HOME and GARDEN

What's happening at 7/11?



A bare piece of ground in front of 7/Eleven is seen before being enhanced by Save Our Forest and the Fallbrook Historical Society.

Village News/Courtesy photos

FALLBROOK - What's Save Our Forest/Fallbrook Land happening at 7/Eleven? It's another Conservancy. Maintaining the enhancement project taken on by

CALL FOR FREE INSPECTION

trees SOF planted some years ago

at 7/11 led to the owner, Mr. Singh, asking Save Our Forest about some landscape improvements at

The owner suggested that they would support placement of some plants and maybe an antique piece of farm equipment which is significantly part of Fallbrook's agricultural heritage. Thus, the partnership of Save Our Forest and the Fallbrook Historical Society came about.

The historical society's role of selection and placement of an antique plow, over 100 years old, the SOF work reshaping of the dry creek bed, and installation of a state of the art irrigation system are ready for the next step of this

Using those words that everyone has heard before, "it takes a Village," Jackie Heyneman was quoted as saying that as in all things that SOF has been involved in over the years, it takes the support of local property owners to get the permit to plant the tree, other volunteers to maintain, and the most important contributor, Fallbrook Equipment Rentals.

Another important contributor to the project is Scott Spencer of the historical society, who helped plan the venture and provided the

antique plow.

In this case, moving a large piece of farm equipment provided by the historical society was not an issue. With Russ Heyneman driving a backhoe, Jon Payne and Tim O'Leary helping load and unload, steering the piece to its new location at the site, was a piece of cake. Heyneman also said, "Thank you, Rick Windbigler, for 30 years of support."

More coverage of this project is to come soon.

Submitted by Save Our Forest.



Posing with the antique plow now in place in front of 7/Eleven are, from left, Fallbrook Historical Society and Save Our Forest volunteers Jon Payne, Tim O'Leary and Russ Heyneman.

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How to care for fresh holiday wreaths

Majestic Christmas trees garner the lion's share of the decorative fanfare when the holidays arrive. Trees may be the focal points of holiday decor, but the humble wreath adorning the front door is the first decoration guests are likely to see when visiting a

Wreaths may need some care to maintain their beauty all month long. Here are some tips to help holiday wreaths last as long as possible.

Choose a wreath wisely

When shopping for a wreath, choose freshly cut greenery that you assemble yourself; otherwise, look for wreaths made from freshly cut boughs with their foliage intact. Make sure not too many needles or leaves are falling off. Heavily decorated, preassembled wreaths may be convenient, but ornaments can make it challenging to give the wreath

oisture it needs to survive.

Moisture/water

Access to moisture will help to keep the wreath fresh. While a Christmas tree trunk may sit inside of a stand filled with water, wreaths require a little ingenuity. According to the wreath and garland retailer Club Botanic, if you will not be hanging a freshly purchased wreath right away, keep it in a plastic liner in a cool, dark place to help it retain moisture. Just make sure you don't seal that liner closed.

Before hanging, lay the wreath in a couple of inches of water for about an hour or up to a day so that the cut stems can soak up water. Once the wreath is hanging on a door or elsewhere, spritz it with water every few days to prevent it from drying out.

Location, location

Where you hang the wreath is key to its longevity. Wreaths and garlands hung indoors likely won't last as long as those hung outside, advises the floral retailer Bouqs.com. Evergreen boughs tend to require a colder climate to thrive, and indoor heat can prematurely zap moisture from the wreath. Using a humidifier indoors or misting the wreath may help.

It's probably best to hang fresh wreaths outdoors, but avoid direct sunlight, which can dry out the greenery. Slightly shaded spots are best. If your front door is bathed in full sun for hours, hang an artificial wreath there instead of a fresh one.

Maintain airflow

Another factor that can affect the wreath's longevity is an ample flow of oxygen. Wreaths tend to last much longer when kept on an outer door, indicates Harbor Farm in Ellsworth, Maine. Wreaths sandwiched between a front door and a storm door will probably perish faster due to lack of oxygen.

Following these tips can help keep fresh wreaths as vibrant as the day they were brought home.

It's best to hang fresh wreaths outdoors, but avoid direct sunlight, which can dry out the greenery.

Village News/Adobe Stock photo





Bob Hillery 760-696-7482

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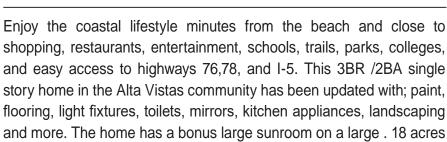
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4053 Lonnie Street, Oceanside



and windows are approximately 7 years old. Solar system and HERO loan attached to taxes will be paid off at closing. Offered at \$648,000







3513 Northcliff Drive, Fallbrook

This home is a rare gem, located among the vines of Monserate Winery in Live Oak Estates, in the Gird Valley area of Fallbrook. This home was custom built to be an entertainer's delight. Set at the far end of a culde-sac, there are no views of neighboring homes, just endless views of the vineyard from every window. A charming gated front courtyard greets guests and provides an intimate open-air vignette for morning coffee. The home has been well maintained, and flooring has been upgraded to provide hard flooring consistent throughout the home. 3BD, 2BA, 2041 sq.ft.

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Pepper Tree/Calavo speed limit to be lowered

Joe Naiman

Village News Reporter

The speed limit on Pepper Tree Lane and Calavo Road between McDonald Road and Stage Coach Lane will be lowered.

A 4-0 San Diego County Board of Supervisors vote Wednesday, Dec. 6, with Terra Lawson-Remer absent, approved the first reading and introduction of an ordinance to reduce the speed limit from 40 mph to 35 mph and certify the new speed limit for radar enforcement. The second reading and adoption of the ordinance is scheduled for Wednesday, Jan. 10. If the second reading and adoption is approved the new speed limit for the 0.55-mile segment will be effective Friday, Feb. 9, although the county's Department of Public Works may erect signage earlier.

For a speed limit to be enforced

by radar, a speed survey must show that the speed limit is within an adjacent 5 mph increment to the 85th percentile speed. Periodic recertification, including a supporting speed survey, is required for continued radar enforcement. DPW or a contractor typically conducts speed surveys for a specific road segment every seven years. The speed limit may be rounded either up or down from the 85th percentile speed. The speed limit may also be rounded down an additional 5 mph if findings are made that the road has conditions which would not be apparent to a motorist unfamiliar with the road.

Pepper Tree Lane and Calavo Road are both striped two-lane undivided highways with a double yellow centerline which prohibits passing. Pepper Tree Lane ranges in width from 20 to 28 feet and is posted with an arrow advisory sign for a turn in the road and 15 mph turn intersection advisory signs. Pepper Tree Lane is currently classified as a light collector in the mobility element of the county's general plan. Calavo Road ranges in width from 24 to 40 feet wide and includes stop ahead signs, an arrow advisory sign and curve advisory signs. Calavo Road is not classified in the mobility element.

A June 15 traffic survey indicated a two-way average daily volume of 2,020 vehicles, consisting of 1,034 westbound and 986 eastbound motorists, on Pepper Tree Lane 160 feet east of McDonald Road. The volume of 2,020 drivers matches that of the previous traffic survey taken in July 2015. No collisions were reported on Pepper Tree Lane and Calavo Road between McDonald Road and Stage Coach Lane

during the 36-month period from April 1, 2020, to March 31, 2023.

The speed survey was taken on Calavo Road 460 feet south of Pepper Tree Lane. A June 2015 speed survey indicated an 85th percentile speed of 37.0 mph with 69% of the 199 drivers traveling within a 10 mph pace of 28-37 mph. In July 2015, the county's Traffic Advisory Committee recommended retaining the 40 mph speed limit rather than lowering it to the nearer 5 mph increment of 35 mph due to the sentiment not to change the speed limit based on a one-time survey, although if a subsequent speed survey supported a lower speed limit the TAC would solicit community input for a potential change. The board of supervisors ratified that 40 mph speed limit in September

The 2023 speed survey was

taken June 27 between noon and 1:06 p.m. The 105 vehicles had an 85th percentile speed of 36.7 mph with 80% of the drivers within a 29-38 mph pace. No driver exceeded 40 mph and only three motorists were clocked at 40 mph. The most common speeds were 32 mph with 15 drivers, 31 mph with 13 drivers, 33 mph with 12 drivers and 29 mph with 10 drivers. The slowest motorist crossed the survey point at 24 mph.

The Fallbrook Community Planning Group was notified of the data and chose not to express a preference for the speed limit. The July 28 TAC meeting included a unanimous vote to recommend lowering the speed limit to 35 mph and certifying the new speed limit for radar enforcement.

Joe Naiman can be reached by email at jnaiman@reedermedia.

Tommy's Restaurant



1940s – Tommy's Restaurant was a landmark in Fallbrook from 1935-1960 on the west side of Main Avenue. The corner of Fig Street is at the left. The two story El Real Hotel can be seen next door to Tommy's at the far right.



Village News/Fallbrook Historical Society photos Tommy's Café was once located here in this space between the 1930 El Real Hotel and the coffee shop at Fig Street and Main Avenue.

Tom Frew Courtesy of the Fallbrook Historical Society

Tommy was Thomas Elias Morris (1878-1966), an England born long-time resident of Fallbrook. The first mention of Tommy's Restaurant is when the Fallbrook Chamber of Commerce announced a luncheon meeting at Tommy's on October 22, 1935. (1)

Tommy's began as a small café renting a narrow space in what was then known as the Tiffany building just a few feet away from the coffee shop located in the southeast corner of the older 1930 El Real hotel. (2)

Tommy's sat on the less savory side of Main Ave. On the south side of the restaurant was a pool hall. A liquor store anchored the corner of Fig Street.

Apparently, Tommy's with its menu of complete lunch and dinner with wine and beer was able to thrive in between these competitors. In December of 1936, Morris was able to purchase the whole building that he was renting space in. He expanded his dining room, taking over the space of other tenants. (3)

In the 1940s, Morris took on a partner named Sam Kostich (1896-1992) who took on the more visible role of managing

Tommy's Restaurant. At the 131 S. Main Ave. Tommy's Restaurant, Kostich installed two shuffleboard tables, a mammoth jukebox, and red leather bar stools in 1951. (4)

Shuffleboard tournaments were organized. Fallbrook trophies won against Vista or Oceanside shuffleboard teams were publicly displayed in the restaurant.

Fallbrook's varying dining preferences and demographics were reflected in Tommy's changing menus over the years. Tommy's would always be a place to get a steak dinner or BBQ sandwich and some cold beer. In 1949, spaghetti dinners were featured. Tommy's began to advertise "Spanish food," including tacos. By 1958, pizza pie was on the menu along with "Mexican food." Pizza delivery was offered. (5)

Tommy's Restaurant ended when it was sold in 1959 to Charles White. The restaurant then became known as Whitey's Café. By 1969, the hotel coffee shop next door became known as Whitey's Bar. (6)

The history gets murky after this. The business changed hands a couple more times. It is not clear when the old Tiffany building, a.k.a. Tommy's/ Whitey's Restaurant was torn

down, leaving the vacant space that is a parking lot today.

Footnotes: (1) Fallbrook Enterprise October 18, 1935

(2) Fallbrook Historic Resources Inventory item #54, September 1991 prepared by Susan H. Carrico & S. Kathleen Flanigan for San Diego County

(3) Fallbrook Enterprise December 4, 1936

(4) Fallbrook Enterprise August

(5) Fallbrook Enterprise August

7, 1958.

(6) San Diego Union Tribune, June 19, 2005, by Betty Johnston

EDCO to observe the Christmas and New Year holidays

FALLBROOK - EDCO will observe the Christmas holiday on Monday, December 25, 2023, and the New Year holiday on Monday, January 1, 2024. As a result, EDCO will not perform commercial or residential curbside collection services, and all recycling buyback centers, public disposal sites, and customer service offices will be closed.

Collection services will be delayed by one day all week following each holiday in Coronado, Del Mar, El Cajon, Encinitas, Escondido, Fallbrook, Imperial Beach, La Mesa, Lemon Grove, National City, Poway, Ramona, San Diego, San Marcos, Solana Beach, Valley Center, Vista, and the unincorporated areas of San Diego County. This includes Fallbrook Waste & Recycling Services.

EDCO would also like to remind its customers to recycle this holiday season. Paper gift wrap, gift boxes, greeting cards, cardboard and glass, metal and plastic beverage containers can all be recycled in their blue recycling containers.

Food scraps, Christmas trees, fresh wreaths and garlands, and cut flowers can also be recycled. After removing all lights and decorations, customers can simply place live decorations and organics in their designated green carts. For more holiday information, visit https://www. edcodisposal.com/.

Submitted by EDCO.





Peppertree Park

Gated community of Peppertree Park. Lower level features Primary BD, with access to the patio, plus 2nd BD/Ofc. 2 BD + Bonus room upstairs. Kitchen opens

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Supervisors increase security bond amount, grant time extension for Palisades Estates

Joe Naiman

Village News Reporter

The San Diego County Board of Supervisors approved an increase of the security bond amount for the Palisades Estates subdivision which includes a portion of the Bonsall Community Planning Area while also extending the time to complete the required improvements.

The supervisors voted 4-0 Wednesday, Dec. 6, with Terra Lawson-Remer absent, to approve the amendment to the security agreement. The time extension creates a Dec. 6, 2025, deadline to complete the infrastructure improvements although homes or other lot improvements themselves are not required to be completed by that date.

In March 2006, the county board of supervisors approved the tentative map for the 383-acre subdivision located east of the intersection of Elevado Road

and Pleasant Heights Road in the area north and east of Vista. The supervisors also approved an administrative permit to allow for lot area averaging or clustering. The project is partly in the Bonsall Community Planning Area and partly in the North County Metropolitan Subregional Planning Area.

The original approval called for 36 residential lots, which range in size from 2.19 to 9.68 acres. The current plan calls for 19 residential lots, one lot reserved for future development and two open space lots. Most of the homes are in the Bonsall Community Planning Area while much of the open space easement is in the North County Subregional Planning Area.

The project will also complete the connections of a north-south emergency route which will connect the development, along with other properties north of the development, to Gopher Canyon Road. Access to the site, which is currently undeveloped and consists of moderate to steeply sloping hillside terrain with large rock outcroppings, will be provided by Elevado Road easterly from the intersection with Pleasant Heights Road.

The steep slopes and rock outcroppings will be part of the open space easement, which will also preserve biological resources and function as a wildlife corridor. The residences would be at the top of steeply sloping terrain and would be visible from a wide area had a requirement to mitigate adverse aesthetic impacts not been implemented. The visual mitigation includes minimizing the grading required for building pads and requiring three of the houses located along a prominent ridgeline to be only one story with a maximum height of 20 feet.

All manufactured slopes of more than 15 feet will require enhanced landscaping, and other conditions of approval such as

control of exterior colors and height limitations will ensure that the development blends with the natural topography and vegetation.

A tentative parcel map becomes a final map after all conditions of the tentative map, other than those for which permits cannot be issued until a final map is recorded, are fulfilled. The conditions of a final map include secured agreements to ensure that the infrastructure will be built and that payment for labor and materials used to build the infrastructure will be made. A subdivision map only creates legal lots and does not grandfather a project against updated stormwater or other regulations enacted before grading and building permits are obtained.

In August 2018, a time extension for Palisades Estates was granted administratively by the director of the county's Department of Planning and Development Services. Program Resources Inc., which owns the land, now anticipates beginning construction on the public improvements in April 2024 and requested an additional time extension.

Existing agreements and their bonding requirements are reviewed by county staff to determine if time extensions are warranted and if the security agreement amounts are still adequate to guarantee completion of the remaining work.

Although county staff recommended the time extension, the security amount was deemed to require an update. The \$2,184,000 Faithful Performance Bond which ensures completion of the infrastructure was replaced by a \$2,806,964 bond. The Labor and Material Bond which guarantees payment for labor and materials involved in the construction was increased from \$1,092,200 to \$1,403,482.

Joe Naiman can be reached by email at jnaiman@reedermedia.

Have a happy and sustainable holiday season

Gig Conaughton

County of San Diego Communications Office

The holiday-and-gift seasons are back! Giving them and receiving them help put happiness in the holiday season.

But remember to consider sustainability this year as you make your gift-giving plans. That is, finding ways to meet our needs and be generous and happy today while still protecting our resources for the generations to come.

The gift-giving season – from all the wrapping paper, packages and new items that may never be used – can be tough on sustainability.

But there are ways to be jolly and sustainable. Like by using fewer single-use items and consuming less stuff we may never use.

The County of San Diego thinks a lot about sustainability. In October, it released its new draft Climate Action Plan for the public to review and comment on and the plan could be brought to County supervisors for consideration in fall 2024. The county is also leading a regional effort to reduce green-house gas emissions beyond its unincorporated area and communities.

But we don't just think about the big things in sustainability, but also the day-to-day ways we all can do our part. So, here are some handy Holiday Season Sustainability tips!

Gifts

Give experiences instead of things: One thing you can do to cut down on the accumulation of unnecessary stuff is to give gifts of "experiences" rather than items that will eventually be tossed out. For example, give someone tickets to a show, free lessons in something they'd enjoy, or a gift card to a local restaurant. For a list of experiences, you can go to WasteFreeSD's "resources" page, https://wastefreesd.org/resources/,

do a word search for "experiences" and click on their "Gift Ideas-Experiences Instead of Things" webpage.

Donations: Another thing you can give, or receive, instead of more physical stuff (do you really need another tie or blouse?) is to ask family and friends to donate to an animal rescue or a cause you're interested in. Many animal organizations allow you to "sponsor" or "adopt" an animal virtually to rescue it and ensure it is loved and cared for.

Like the kitchen? Bake a gift! Everyone loves food at the holidays. And you don't need to be a world-renowned chef to put a smile on someone's face. You know, banana bread is really easy to make. Cookies, cakes, quick breads – you got this!

Green thumbs? If you have any friends or family who like to garden or grow their own herbs, you can re-use portions of the empty cardboard tubes from paper towels to create planting "pots" for seedlings!

Shopping

Shop local: Shopping locally, especially at businesses that feature sustainable and handcrafted gifts, can cut back on a lot of the carbon emissions that you'll emit driving hither and yon to shop, or that are emitted shipping items to the stores you're visiting.

Shop online, give yourself time: If you do shop online, plan ahead and order early so items can be shipped by ground – truck, trains and ships – rather than having to be rush-shipped by air, which leaves a much larger carbon footprint.

Look for gifts without a lot of packaging: Items like candles, soaps, coffee mugs, water bottles, cooking utensils, oils and sauces are attractive enough to be given with just a homemade bow or come in containers that can be reused again and again.

Give gift certificates to zero

waste stores: There's a movement in retail to create "zero-waste" stores – retailers that sell mostly in bulk or using compostable packaging, to customers carrying their own reusable containers.

Wrapping

Ditch the fancy wrapping paper: There are a lot of ways you can wrap holiday gifts without getting the fancy paper wrapping. In fact, a lot of fancy paper wrapping can't be recycled. Here are some alternatives. If you're into crafts, you can sew your own bags to wrap gifts in, then reuse them every year! Not into sewing? You can use fabric scraps to wrap gifts. And remember to reuse ribbons and bags again in the future.

Another option is to use holiday decorative kitchen towels: Tie them up with a ribbon. They're reusable and who doesn't want a new kitchen towel?

Recycled wrapping paper: If you do use wrapping paper, choose wrapping paper that is made from recycled materials and can be recycled again.

Holiday cards

Go digital: Instead of buying and sending paper cards, send ecards, or post on social media like Instagram and Facebook to send holiday greetings to friends and family.

Display the cards you receive for year-round artwork: If you receive paper holiday cards from friends and family, you can display them around your home to keep the holidays and your loved ones in your heart all year around!

Food and gatherings

Inviting friends over for food? Plan ahead, shop smart and serve just enough to make everyone happy without wasting food. Of course, figuring out how much food to make can be difficult. However, https://savethefood.com/ has a "Guest-imator" that can

help you calculate just how much food you need to prepare, based on how many people you're serving and how much they typically eat, even during holiday feasts.

Invite your guests to BOYRFCs (Bring Your Own Reusable Food Container): Yeah, that abbreviation is unlikely to catch on. However, asking guests bring their own reusable "to go" containers is an idea that should catch on. That way if there are leftovers, it's easy as pie for your guests to bring some home! No waste and no one-time-only food containers.

Remember to compost: And don't forget to compost leftovers if you do have them. If you don't have your own compost pile or bin, you can place any remaining food scraps and organic waste into your curbside green bin! (Note: If you have your own compost bin at home, don't compost meat and bones; they can attract pests.)

The tree!

Ornaments: A lot of us are familiar with stringing popcorn and cranberry garlands to hang on the Christmas tree, but there are other alternatives as well. For example, you can cut slices of oranges, let them dry out and hang them from your tree!

Craft ornaments: You can also make your own craft ornaments from paper, pinecones, seashells and other items.

LED lights: Of course, using LED tree lights instead of the older traditional bulbs not only uses less energy, but they are more environmentally friendly.

Recycle the tree and wreaths: If you're using a real tree and natural wreaths, remember to recycle them instead of tossing them out where they can end up in landfills to decompose and generate climate-changing methane.

Recycled trees and wreaths can be turned into mulch to improve soil at parks, farms, home gardens and landscapes. Check with your waste hauler to find out if they offer curbside pickup. Or go to the county's recycling and hazardous waste database, https://wastefreesd.org, to find Christmas tree drop-off sites near you. It's easy.

So, remember, sustainability is a gift for the earth, your children and their children. And have a Happy Sustainable Holiday Season!







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BUSINESS

Out of the Ashes Fund benefits from golf tournament



The Fallbrook Chamber of Commerce presents a check in the amount of \$4,500 Village News/Courtesy photo to representatives of Legacy Endowment Community Foundation for the benefit of the Out of the Ashes Fund. The amount represents a portion of the proceeds from our Sept. 29 Annual Charity Golf Tournament; from left, Joan Eberle, Honorary Mayor; Anne Klentz, golf committee member; Rachel Mason, board president for Legacy Endowment Community Foundation; Lila MacDonald, CEO, Fallbrook Chamber of Commerce; Jean Larsen, executive director for Legacy Endowment Community Foundation; Tami Schlumpberger, golf committee member, and Camille Fjeld Castano, golf committee member.

Don't give your information away during the holidays

Scam alert warning

WASHINGTON – The Drug Enforcement Administration is warning the public of a widespread fraud scheme in which scammers impersonate DEA agents in an attempt to extort money or steal personal identifiable information.

DEA personnel will never contact members of the public or medical practitioners to demand money or any other form of payment, will never request personal or sensitive information, and will only notify people of a legitimate investigation or legal

action in person or by official letter. In fact, no legitimate federal law enforcement officer will demand cash or gift cards from a member of the public.

You should only give money, gift cards, personally identifiable information, including bank account information, to someone you know.

Anyone receiving a call from a person claiming to be with DEA should report the incident to the FBI at www.ic3.gov. The Federal Trade Commission

provides recovery steps, shares information with more than 3,000 law enforcement agencies and takes reports at https://reportfraud.ftc.gov/#/.

For any victims who have given personally identifiable information like a social security number to the caller, can learn how to protect against identity theft at www.identitytheft.gov.

Submitted by the Drug Enforcement Administration.

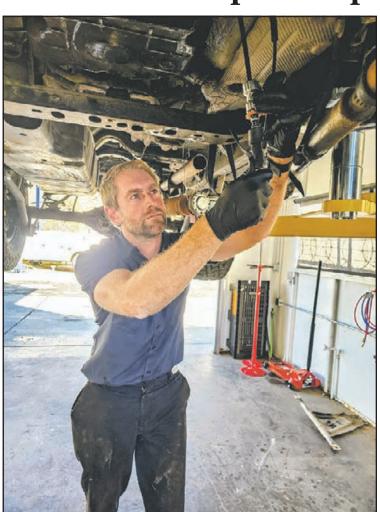
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Worker of the Week runs his own repair shop



Chris Bevan works on a car at his general Village News/David Landry photo automotive repair shop which he just opened on Nov. 1. Bevan Family Auto is located at 312 South Main Ave. With 15 years of experience, he services cars and trucks, foreign and domestic, operated by gas or diesel. At this time, Bevan Family Auto is taking appointments only at 760-782-5700. Bevan's goal is to have a successful business and be a great role model for his children.

Shop safely on last-minute holiday gifts online

FALLBROOK – With \$8.8 billion lost to fraud in 2022, it is more important than ever to stay safe when last-minute online shopping this holiday season.

And according to a recent survey conducted by TopCashback.com, exactly one-third of Americans, or 33%, are last-minute holiday shoppers

Whether people are starting their holiday shopping, or just picking up a few last-minute gifts, here are four tips for safe last-minute shopping from Samantha Landau, consumer expert at TopCashback. Go digital.

"With only days left until Christmas, the window for finding the ideal gift is quickly closing, Landau said. "So rather than worrying about finding a physical present, consider going with a digital gift card. While it may seem impossible to find ways to save money on a gift card, you'll have to know where to look."

Score discounts through TopCashback gift cards, which offers cash back on digital gift cards for over 300 retailers, including Target, Nordstrom and Walmart. Last year, Dec. 18 saw the largest spike in gift card transactions through TopCashback Gift Cards leading up to Christmas with thousands of transactions expected this year to take advantage of this last-minute gift idea, she said.

Beware of scams.

"This year, last-minute holiday shopping scams are at an all-time high," she said. "Be cautious with deals you see on social media. Don't click on links if you don't see the full URL and check for the 'https://' at the beginning (if it doesn't have an 's' before the backslashes, avoid it). Take advantage of reputable cash back websites to save money and ensure you're shopping safely."

These websites, such as TopCashback, partner directly with retailers to create secure links directly to the partner retailer so

shoppers can be confident they're not getting scammed. Plus, they'll get some money back in the

process, Landau said.
Use the right credit card.

"Regardless of where you shop, it's crucial to make sure you're using the right credit card, she said. "Start by looking into the terms of your credit card's program to see if you can get increased rewards on certain purchase categories and/or exclusive offers for stores you plan to shop at."

These awards can help people determine where to shop for gifts to get the most out of their holiday spending. And once they've shopped, use those earned rewards towards a statement credit depending on the card's terms.

Buy online for in-store pickup. While it may be too late to have items delivered home before

have items delivered home before Christmas, many retailers now offer in-store and curbside pickup options.

"And by shopping online, you can score some extra savings when using a cash back site, like TopCashback, which guarantees the highest percentage of your money back at over 7,000 stores nationwide, including Sephora, Macy's and Best Buy," Landau said. "In December 2022, TopCashback members earned over 10 million dollars in cash back worldwide. The most popular categories to shop for were fashion and health/beauty retailers."

If shoppers download TopCashback's free browser extension, it will automatically notify them when they're shopping on a site that offers cash back and/or coupons, including deals for free shipping. When people are browsing the web for a last-minute gift, the extension will apply these savings with the click of a button so they can be confident they're not missing out on any additional savings.

 $Submitted\ by\ Top Cashback.com.$



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EDUCATION

Perez shines bright as a "Celebration of Leadership" award winner

FALLBROOK – The Fallbrook Union Elementary School District (FUESD) announces the recognition of Lillian Perez, Director of Expanded Learning, who has been honored with the Celebration of Leadership Award by the California Department of Education (CDE). This distinguished award underscores Perez's commitment and innovative leadership in advancing afterschool educational opportunities for the students of Fallbrook.

Under her guidance, FUESD has experienced a transformative shift in its approach to afterschool programs, emphasizing collaboration, community engagement, and the nurturing of positive relationships between district staff and community-based

Monika Hazel, superintendent of FUESD, expressed her deep pride in Perez's achievements, saying, "Lillian Perez's work in reimagining our Expanded Learning Opportunities in Fallbrook has been truly exceptional. Her leadership has brought our district and community partners closer together, creating a collaborative and supportive environment to serve our students and families. Lillian's efforts have improved the culture and attendance of our after-school programs, ensuring our students have access to outstanding opportunities.'

Perez, in response to receiving the award, said, "I am deeply honored and humbled to receive this recognition from the California Department of Education. This award is a testament to the incredible collaborative efforts of our district staff, CBOs, and the dedication of the entire Fallbrook community. Together, we have created a supportive and enriching environment for our students. I am inspired to continue our work, striving to provide even more extraordinary opportunities for our young learners.'

Her recognition as the recipient of the Celebration Leadership Award by the CDE underscores her inspiring impact in the field of after-school education, Hazel said, "FUESD commends Lillian Perez for her remarkable contributions and eagerly anticipates her continued leadership in creating extraordinary opportunities for our students.

Submitted by Fallbrook Union Elementary School District.



For her work in expanding FUESD's after school program, Lillian Perez a winner of the state's Celebration of Leadership Award.

Village News/FUESD photo

Soroptimists to hold virtual fundraiser in January

VISTA - Soroptimist International of Vista and North County Inland invited the public to sign up for their "30 Miles in 30 Days" virtual fitness challenge fundraiser. The challenge will begin Monday, Jan. 1, and end Saturday, Jan. 30. Participants can register online at https:// bit.ly/3Ppocfd or text the code "3030WALK" to 44-321.

"We're asking our supporters locally and nationwide to pledge online to walk, run or bike a total of 30 miles in January, and to pledge \$1 per mile. They can also choose to just donate without walking," event chair Jackie Huyck said.

Participants can pledge individually, join an existing team or form their own team.

"It's a great way to get back in shape after the holidays, at a time and place of your own choosing, while helping a worthy cause at the same time," Huyck said..

Proceeds raised from the monthlong event will be given out as Soroptimist Live Your Dream Education and Training Awards to local women who are their head of household and who are enrolled in colleges or trade schools and need assistance. Recipients may use the cash award to offset any costs associated with their efforts to attain higher education, such as books, childcare, tuition and transportation.

"We give out several of these awards each year, and most of our past Live Your Dream Awards recipients have been single moms who have been victims of domestic abuse, homelessness and human trafficking," Huyck said. "The more money we raise this January, the more women we'll be able to

Founded in 1921, Soroptimist International is a global volunteer movement with a network of around 66,000 club members in 120 countries. Advocating for human rights and gender equality, at the heart of Soroptimist International's advocacy is its work across seven UN Centers, where our UN representatives ensure that the voices of women and girls are heard.

Members work on grassroots projects that help women and girls achieve their potential, realize aspirations and have an equal voice in their communities. The Vista club includes members from Escondido, Fallbrook, Bonsall and San Marcos and meets twice per month. New members are welcome. For more information, visit http://soroptimistvista.org or call 760-683-9427.

Submitted by Soroptimist International of Vista and North County Inland.

Voices for Children: Help create a happier holiday season for children in foster care as a CASA

SAN DIEGO - For many people, the holiday season is full of excitement, celebration, family, warmth and community. Voices for Children urged the community to support children in foster care in their community who are spending the holidays away from those they love and consider how each person can make a difference. Voices for Children recruits and trains caring volunteers, known as Court Appointed Special Advocates, to provide supportive services for youth in foster care and advocate for their needs.

"Sadly, for the children we serve, the holidays can evoke complicated feelings and memories. This is where CASA volunteers can step in and make an impact by giving our community's children moments of joy," Jessica Muñoz, president and CEO at Voices for Children, said.

When a family is in crisis that creates an unsafe situation, children are often removed from their homes and placed in foster care, far from everyone and everything they know. This holiday season, some of these children are spending the season in emergency shelters, group homes or residential treatment centers. Those who are living with relatives or foster families over the holidays are still missing their homes and can feel sadness or loneliness during this time of year.

Appointed by a judge, a CASA volunteer's priority is to advocate for what families need to stay together whenever safe and possible. When it is not possible, they can recommend that children live with another relative or close family friend to ensure that they can maintain connections to their family and community.

Take this true story for an example of the impact of CASA volunteers. Brothers Luis and Sean abruptly entered foster care in 2000 when they were 7 and 5 years old. Feeling lost and angry, the boys would go on to live in 11 different placements.

Things began to change, however, when they were matched with CASA Art Tabanao.

"CASA Art was the first true male role model that we had, advocating for us, making sure we were OK. That's all we wanted: someone that was going to support us," Luis said.

Experiences like these are why CASA volunteers are so imperative in the lives of children and families in the child welfare system. They need someone who can get to know them and their unique situation, advocate for them and help ensure they are surrounded by caring people who will support them even after their case ends.

According to the San Diego County Department of Health and Human Services, in the fiscal year 2022-2023, an average of 563 new child welfare cases were opened each month in San Diego alone, out of 791,797 children in our community. In the fiscal year 2021-2022 in Riverside County, 7,241 children were served.

This past year, over 1,300 CASAs and Voices for Children staff supported more than 2,300 youth in foster youth between San Diego and Riverside counties. But more children come into care across the region and need a CASA every day. Voices for Children is inviting more community members to become a part of the solution by becoming a CASA volunteer.

CASA volunteers get to know a child or sibling group on an individual level and speak with other important people in the child's life, such as their parents and family, teachers, therapists, foster parents and more.

With the information they gather, they develop a holistic understanding of their circumstances and needs and make recommendations to the court. They advocate first for family reunification whenever safe and possible. They also help find and engage family members and other adults who can serve as a network of support for the child and their parent or parents.

Consider becoming a CASA volunteer to look out for a child and give them and their family a better chance at a brighter future – and the happy holiday season they deserve. To learn more and sign up for an information session, visit https://speakupnow.org.

Submitted by Voices for Children.

Rodriguez earns dean's list honor at Lee University

University announces that Aaliyah Rodriguez of Fallbrook has earned dean's list honors during the fall 2023 semester.

Dean's list recognition is earned by full-time undergraduate

CLEVELAND, Tenn. - Lee students with a semester grade point average between 3.7 and 4.0.

Lee University is a private, Christ-centered university located in Tennessee, in the foothills of the Appalachian Mountains.

Submitted by Lee University.

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BWC hosts successful Christmas fundraiser

BONSALL - Bonsall Woman's Club welcomed 181 attendees to their 31st annual Christmas fundraiser, "A Wonderful Time of the Year," Dec. 6 at the Golf Club of California.

BWC members Judy Bresnahan and Emily Manley co-chaired this event, helped by a committee of 18 members who organized the venue, food, table settings and centerpieces, entertainment, raffle baskets, Christmas tree and wreath raffles, silent auction, craft sales, and door prizes.

"This event was a work in progress from May to December with the efforts of awesome volunteers donating their time and contributing donations," Bresnahan said. "Reservations for the event were sold out almost immediately. It was fun, entertaining and successful, enjoyed by all who attended."

Part of the success can also be attributed to event sponsors like River Village Properties, Robert and Susan Lucy, Robert Feindt Jr. Consulting, Coldwell Banker Village Properties, Stanton & Carlson Dental Partnership and Angel Society of Fallbrook. In addition to these sponsors, other local businesses in Bonsall and Fallbrook donated items for the silent auction, raffles and prizes.

BWC President Mary Jo Pfaff said the success of this event was important for meeting the goals of the club. "My presidential theme of 'Philanthropy, Friendship and Fun While Fundraising' offers opportunities for current and future members to join an organization that has a place for everyone. Our main goal is the charitable donations we make to the community. This annual fundraiser is a huge boost to helping us meet that goal," Pfaff

Since its inception in 1980, BWC has been raising funds for the Bonsall and Fallbrook area to support other 501(c)3 organizations and education. Last year, the club distributed more than \$30,000 to 23 nonprofits, awarded 18 scholarships to graduates, and donated \$75 to every BUSD elementary teacher for use in their classrooms.

BWC meetings welcome women and their guests to monthly meetings, which feature educational and fun programs. Meetings are held the first Thursday of the month at the Bonsall Community Center. The next BWC meeting is Jan. 4, starting at 9:30 a.m. Additional information about the club can be found at https://www. bonsallwomansclub.org/.

Submitted by the Bonsall Woman's Club.



BWC charter member Mary Forbess (seated, right) is joined by fellow club members to enjoy "A Wonderful Time of the Village News/Courtesy photos Year" luncheon.



Judy Bresnahan, Christmas fundraiser co-chair, is ready to welcome guests to the table set by BWC member Gini Brooks.



BWC President Mary Jo Pfaff uses bright red poinsettias for her table settings and centerpiece.



Fallbrook Ukulele Strummers perform for 181 attendees at the annual BWC fundraiser.



Radiating Christmas cheer are BWC raffle ticket sellers Geri Sides

(left) and Sydne Gilbert.

REGIONAL

Poll workers needed for March 5 Presidential Primary

Tracy DeFore

County of San Diego Communications Office

Poll workers, especially those who are bilingual in any one of 10 specific languages, are needed for the March 5 Presidential Primary

The Registrar's office is required by federal law to provide bilingual speakers and voting materials to voters who speak Spanish, Filipino, Vietnamese and Chinese.

In addition, state and county requirements show a need for Arabic, Japanese, Korean, Laotian, Somali and Persian (Farsi and Dari) speakers at select vote centers across the county, so the Registrar's office is also recruiting poll workers who are bilingual in those languages.

Poll workers play an essential role in elections and can receive a daily stipend while serving their community. Under the Voter's Choice Act, vote centers replace traditional polling places.

Vote centers are open throughout the county for an extended period before Election Day. Rather than a single day of service, poll workers are now needed to staff vote centers for up to 11 days in the two weeks before Election Day.

Depending on the assignment,

poll workers will receive a stipend ranging from \$135 to \$160 for each day of service at a vote center between Feb. 24 and March 4.

On Election Day, March 5, poll workers will receive a stipend ranging from \$220 to \$270 due to the extended hours. Those who are bilingual will receive an additional \$5 for each day of service at the vote center with an increase to \$10 on Election Day.

- Responsibilities include:
- Providing excellent customer service
- Assisting voters

vote center.

- Submitting stipend paperwork • Attending a two-day, paid poll worker training (\$95 daily
- Opening/closing a vote center · Answering voter questions

Applicants must be 18 years old, a U.S. citizen and registered to vote in California, or lawfully admitted for permanent residence in the United States. Applicants must also provide their own transportation to their assigned

The Registrar is seeking people who are team players, exhibit strong leadership and customer service skills, and display flexibility, patience and the highest level of integrity at all times. Poll workers must represent the Registrar of Voters in a professional, nonpartisan

Applications are available at https://www.sdvote.com. For more information, call 858-565-5800 or email pollworker@sdcounty. ca.gov.



Poll workers play an essential role in elections and can receive a daily stipend while serving their community.

Village News/Courtesy photo

VILLAGE NEWS

Copyright Village News, 2023 A Village News Inc. publication Julie Reeder, President

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ADJUDICATION

Village News has been granted by the courts of San Diego County the right of adjudication, legal No. GIN013243. We can accept legal notices for publication.

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County launches community-driven initiative to address inequity

County News Center

County of San Diego Communications Office

The County's Office of Equity and Racial Justice (OERJ) has launched a new initiative that will invest \$2 million over two years into community-driven initiatives that address inequity.

The Equity Impact Grant (EIG) program will provide small, local organizations with general operating funds, tailored coaching and capacity-building support.

to strengthen the County of San Diego's commitment to racial equity and with the intent that race no longer be a determining factor in any person's life outcomes. This requires addressing structural racism - the ways that racism operates within and across systems, institutions and history to reinforce and maintain racial

Following its creation, the office held a series of listening sessions to understand how the County could while helping counteract the effects of structural racism on the region's Black, Indigenous and people of color (BIPOC) communities and other marginalized groups.

A common point of feedback was the suggestion that ways to address the challenges that small, grassroots and minority-led organizations experience when applying for government contracts and philanthropic funding should be identified.

As a result, OERJ developed this d capacity-building support. take action to meet the immediate pilot program with The Nonprofit needs of community members Institute at the University of San pilot program with The Nonprofit

Diego (NPI) to build capacity among smaller organizations and bridge the gaps expressed by the community.

Each year, 10 San Diego-based social impact organizations will receive a grant of \$100,000 in general operating funds alongside workshops and coaching from NPI on topics like leadership, nonprofit governance, social change and innovation, fundraising, powerbuilding, collective impact and organizational resiliency.

The EIG program was created to invest in community-driven efforts while complementing the strengths, expertise and cultural wisdom that many BIPOC-led andcentered organizations possess to reduce inequity across sectors and systems within the County," said Andrew Strong, director of OERJ. "We look forward to seeing the breadth of opportunities through this program to aid in rooting out systemic racism."

To make the most impact, the EIG program will target organizations with fewer than five employees and an operating budget of less than \$500,000 in the San Diego region.

The EIG program seeks organizations that are addressing inequalities and forms of systemic marginalization in the following categories:

- Education & youth empowerment (early childhood through higher/continuing education)
- Civic engagement and movement building
- Arts, narrative change & culture Housing & community development
- Restorative justice & alternatives to incarceration
- Health and healing
- Wealth building, workforce & economic development
 - Food systems and environmental justice

The application period runs from Dec. 11, 2023, to Jan. 26, 2024, with award announcements scheduled for early March. There will be in-person and virtual information sessions with representatives from OERJ and NPI in January. More information is available on the Equity Impact

Grant program page, https://www.

sandiegocounty.gov/content/sdc/

cao/oerj/equity-impact-grant.html.

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County supports sustainable, equitable and local food sourcing



Cassie N. Saunders County of San Diego Communications Office

The San Diego County Board of Supervisors voted Dec. 11 to adopt a policy that emphasizes value-based food sourcing for county-provided meals through the continued monitoring of food and beverage data.

Spending about \$27 million

each year, the county is a large buyer of food.

The Sustainable, Equitable and Local Food Sourcing Program and Policy Framework prioritizes locally sourced, equity-informed, organic or regenerative-certified food that is produced with low carbon emissions and has nutritional benefits for both people and the environment.

The policy inherently supports

the local economy. It helps local farmers, reduces carbon emissions, and provides healthy food. Local food producers, workers, and businesses owned and/or operated by people in underserved communities are prioritized.

Over the past year, the county served about eight million meals to vulnerable populations. These groups include older adults, foster youth, individuals living with HIV/AIDS and youth and adults residing in public hospitals and detention facilities.

Prioritizing locally sourced food is consistent with the region's Food Vision 2030, a 10-year

strategic plan created in 2021 to reimagine the food system in the San Diego region.

Among the objectives of Food Vision 2030 is to scale local, sustainable and equitable food value chains by leveraging the purchasing power of institutions.

Apply for county's civil grand jury

Tracy DeFore

County of San Diego Communications Office

Residents interested in acting as a watchdog over local government agencies can now apply to serve on the county's 2024-25 civil grand jury.

Nineteen people are selected every year for a term that starts July 1 and runs through June 30.

The civil grand jury isn't the same as a criminal grand jury. Prosecutors will summon people for a criminal grand jury to decide whether there is enough evidence to press criminal charges.

The civil grand jury monitors county and city governments, special legislative districts and joint powers agencies. The civil grand jury may also investigate public complaints.

Jurors work Monday through Thursday from 9 a.m. to 3 p.m. The pay is \$25 a day, plus mileage and free parking.

Applicants must meet several

qualifications. Among them they must be:

- · A U.S. citizen
- Over age 18
- · A county resident for at least
- · Able to speak and write English
- You cannot apply if you:
- Serve as an elected public officer • Serve as a trial juror in any California court
- Have been a grand juror in a California court since July 1
- Have been convicted of malfeasance in office, a felony or other high crime

From the applications, Superior Court judges will nominate a pool of grand jury members. Nineteen grand jurors and 11 alternates will be selected in a random drawing

Anyone interested in serving on the civil grand jury must apply by Jan. 12. For more information and to apply, go to https:// sdcourt.ca.gov/sdcourt/jury2/ grandjury#selection.



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OBITUARIES



Julie Norberg departed this world on Nov. 27, 2023, at her home surrounded by her family. Her journey's end brings both sorrow and gratitude for the profound impact she had on the lives she touched.

Born on March 10, 1940, Julie was a loving wife to Paul Norberg, a devoted mother to her daughter, Debby Kirkwood, and sons, Brian Caspino and David Caspino. Her family grew to include her beloved son-in-law, Fred Kirkwood, and cherished daughter-in-law, Michelle Glover. Julie's heart swelled with pride and joy for her grandchildren; Alex, Ashley, Mason, Parker, Landon, and Briana who brought boundless happiness into her life.

In her final days, Julie found solace in the company of her sisters, Peggy Maddock and Patti Conlin, who stood by her side with unwavering support and love. The bonds of sisterhood remained unbroken, a testament to the enduring strength of family. Surrounded by the embrace of friends, Julie drew comfort from the presence of her best friend, Mary Ann Moore, and the shared camaraderie of her AAUW friends.

Julie was born in East Lansing Michigan to Charles and Mary Ellen Conlin. The family moved to Oakland when she was a teenager. She graduated from Piedmont HS and received her degree in Mathematics from UC Berkeley. She moved to LA in 1968 to work as a software engineer. There were few women working in this field at the time.

A woman of extraordinary intelligence, a Mensa member and math genius, she helped develop

one of the first missile air defense systems. She was instrumental in securing a lucrative government contract to sell the missile air defense system to other countries. She was responsible for training high ranking military officers. Her contributions were not only limited to the workplace; she was a devoted mother to her children, and her home was always filled with laughter, love, and warmth.

In 1991, she met her soul mate, Paul, it was love at first site. They married in 1994. They loved to hike, gaze at stars, spend time in Hawaii with family, travel around the world and entertain. She retired in 2005 and moved to Fallbrook.

She immersed herself in the community. She served as treasurer and co-president for AAUW where she cultivated many new friendships. She mentored HS students. She enjoyed her movie group and book club. She volunteered regularly for the Fallbrook Land Conservancy and was a founding member of the Native Plant Restoration Team. Her true passion was music, she was in the choir at St. Peter's Church and the Fallbrook Chorale. She sang with Rita Coolidge at a concert in Fallbrook.

Julie's legacy lives on in the hearts of her survivors: her devoted husband, Paul Norberg; her siblings, Patti, Peggy, and Chuck; her four children whose lives she enriched immeasurably, and her six grandchildren, who will carry forth her legacy.

Julie Norberg will be fondly remembered for her loving spirit, contagious laugh, and remarkable intelligence. Her impact on the lives of those around her is immeasurable, and she leaves behind a legacy of kindness and wisdom that will continue to inspire and uplift. As her last selfless act, she donated her body to UCSD Medical Center for medical research.

A celebration of Julie's life will be held on Jan. 4, 2024, at St. Peter's Catholic Church in Fallbrook, the service will begin at 11:00 followed by a reception in the church hall. In lieu of flowers, donations to Fallbrook AAUW or the charity of your choice would be appreciated.

31500 blk Calle De Las Rosas

Dec. 17

2700 blk Gird Rd.

1200 blk S. Main St.

Johnnie L. Newton, of Fallbrook, California, died Nov. 25, 2023, at the Veterans Administration Hospital in San Diego after a brief hospitalization. He was 76 years old.

Johnnie was a career Judge Advocate, retiring from the U.S. Marine Corps in 1995 after serving as a Trial Counsel (prosecutor), Defense Counsel and later Military Judge at Camp Pendleton, as a staff officer at Headquarters USMC and in several positions during multiple tours in Okinawa, Japan, including a period as Staff Judge Advocate.

Among Colonel Newton's roles at HQMC was as the Commandant's representative in the highly classified security investigations arising from Clayton Lonetree's compromise by the KGB while a member of the Marine Security Guard Detachment at the U.S. Embassy in Moscow.

Prior to joining the Marine Corps, Johnnie served in the U.S. coast Guard during the Vietnam War, on icebreakers in the North Atlantic and as a machine gunner on river patrol craft, part of the "Brown Water Navy" in South Vietnam. He was involved in riverine operations from "Breezy Cove," an advanced tactical support base on the Ong Doc

Following a discharge from the Coast Guard, Johnnie completed college and then graduated law school (with honors) at the University of San Diego, during which he joined the Marine Corps and was commissioned, and was sworn in by his father, Col George 1. Newton (USMC Retired.)

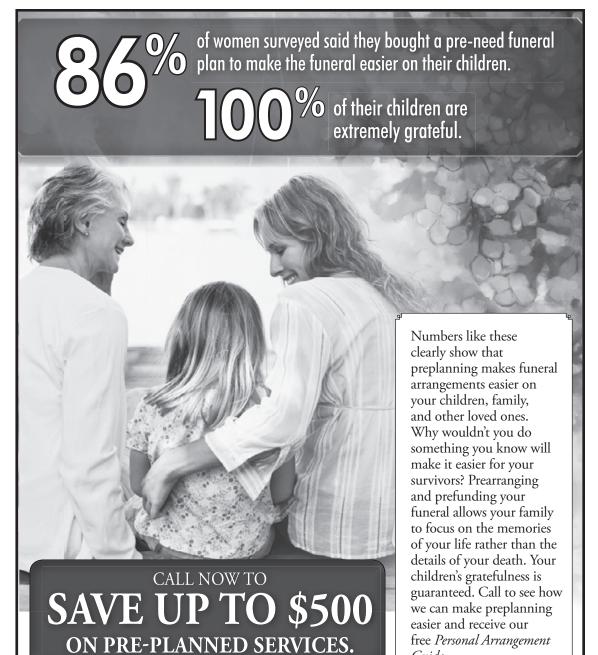
Following retirement from the Marines, Johnnie returned to Fallbrook, building a home near his parents and pursuing scholarly and philanthropic interests as (in his words) a "gentleman farmer." He possessed an incredible intellectual curiosity, studying and debating subjects from quantum physics to pharmacological science to epistemology and monetary theory.

Johnnie diligently cared for his mother (the recently departed Eva Rose Newton) during her battle with Alzheimer's disease and assisted his father, George Newton, also a retired Marine Colonel who still resides in Fallbrook. Johnnie was preceded in death by his brother, Barrie, a Marine Lance Corporal killed in action in Vietnam.

Johnnie will be interred at Miramar National Cemetery.

SHERIFF'S LOG

Dec. 9	
600 blk Iowa St.	Fraud Stolan identity case
OUU DIK IUWA St.	Fraud - Stolen identity case
Dec. 10	
600 blk E. Elder St.	Missing at rick adult
500 blk S. Main St.	Missing at risk adult
300 DIK S. IVIAIN St.	Arrest - Assault w/ deadly weapon other than firearm, felon/addict possess/ etc. firearm, prohibited person to own/possess etc. ammunition
Dec. 11	
100 blk Potter St.	Traffic stop - Arrest - Possession of controlled substance and para-
	phernalia
1100 blk S. Mission Rd.	Suspicious vehicle - (2) Arrests - possession of narcotic controlled substance, controlled substance and paraphernalia
4800 blk 5th St.	Arrest - Attempted murder and assault w/ deadly weapon other than firearm
5500 blk Mission Rd.	Grand theft - Shoplift
Dec. 12	
500 blk W. Fallbrook St.	Extortion - Stolen bills/currency/coins etc.
700 blk Inverlochy Dr.	Fraud - Obtain money/etc by false pretense
3900 blk Sleeping Indian Rd.	Burglary - Residential
7300 blk Lilac Rd.	Threaten crime w/ intent to terrorize
200 blk W. Clemmens Rd.	Grand theft
2500 blk Round Meadow Ct.	Assist other agency - Death
100 blk E. Aviation Rd.	Arrest - Violation of temporary restraining order and felony bench warrant
200 blk Pippin Rd.	Petty theft
5500 blk Mission Rd.	Robbery
Dec. 13	
2000 blk Lemon Blossom Ln.	Petty theft from building
1400 blk Alturas Rd.	5150 - Mental health disorder - 72 hr observation
500 blk S. Main Ave.	Under the influence of drugs and alcohol - Disorderly conduct: alcohol
900 blk Alturas Rd.	Arrest - Violation of domestic violence court order, felony bench warrant, and possession of controlled substance
Dec. 14	
1800 blk Via Entrada	Elder abuse/neglect
E. Alvarado / Del Sureno	Found juvenile
Dec. 15	
700 blk E. Mission Rd.	Grand theft - Construction/heavy equipment vehicle
1400 blk Banyan Dr.	Burglary - Residential
Dec. 16	
200 blk E. Dougherty St.	Take vehicle w/out owner's consent/vehicle theft



Burglary - Vehicle

Petty theft - From building

Citizens Arrest - Disorderly conduct: disturb by loud or unreasonable

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Guide.

LEGALS

The deadline for Legal notices is Monday, noon. Email to legals@reedermedia.com.

TSG No.: 170072988 TS No.: CA1700278253 APN: 157-841-26-00 Property Address: 5727 DARTMOOR CIRCLE OCEANSIDE, CA 92057-5650 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 12/13/2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 01/26/2024 at 09:00 A.M., First American Title Insurance Company, as duly appointed Trustee under and pursuant to Deed of Trust recorded 12/22/2004, as Instrument No. 2004-1201852, in book , page , , of Official Records in the office of the County Recorder of SAN DIEGO County, State of California. Executed by: JOSEPH CAPOZZOLI AND KRISTIE J. CAPOZZOLI, HUSBAND AND WIFE AS JOINT TENANTS, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (Payable at time of sale in lawful money of the United States) Entrance of the East County Regional Center East County Regional Center, 250 E. Main Street, El Cajon, CA 92020 All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED IN THE ABOVE MENTIONED DEED OF TRUST APN# 157-841-26-00 The street address and other common designation, if any, of the real property described above is purported to be: 5727 DARTMOOR CIRCLE, OCEANSIDE, CA 92057-5650 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$ 703,395.50. The beneficiary under said Deed of Trust has deposited all documents evidencing the obligations secured by the Deed of Trust and has declared all sums secured thereby immediately due and payable, and has caused a written Notice of Default and Election to Sell to be executed. The undersigned caused said Notice of Default and Election to Sell to be recorded in the County where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 or visit this internet website www.Auction.com, using the file number assigned to this case CA1700278253 Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction if conducted after January 1, 2021, pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exerc this right of purchase. First, 48 hours after the date of the trustee sale, you can call 855-976-3916, or visit this internet website https://www.auction.com/sb1079, using the file number assigned to this case CA1700278253 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid, by remitting the funds and affidavit described in Section 2924m(c) of the Civil Code, so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. Date: First American Title Insurance Company 4795 Regent Blvd, Mail Code 1011-F Irving, TX 75063 FOR TRUSTEES SALE INFORMATION PLEASE CALL 800-280-2832NPP0444033 To: VILLAGE NEWS INC 12/14/2023, 12/21/2023, 12/28/2023

APN: 225-652-22-00 TS No.: 23-05215CA TSG Order No.: DEF-517242 NOTICE OF TRUSTEE SALE UNDER DEED OF TRUST YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED MAY 13, 2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Affinia Default Services, LLC, as the duly appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded June 1, 2005 as Document No.: 2005-0459742 of Official Records in the office of the Recorder of San Diego County, California, executed by: Patrick Clarke and Pauline Clarke, husband and wife, as Trustor, will be sold AT PUBLIC AUCTION TO THE HIGHEST BIDDER for cash (payable in full at time of sale by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). All right, title and interest conveyed to and now held by it under said deed of trust in the property situated in said county and state, and as more fully described in the above referenced deed of trust. Sale Date: January 3, 2024 Sale Time: 10:00 AM Sale Location: At the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA 92020 File No.:23-05215CA The street address and other common designation, if any, of the real property described above is purported to be: 1289 Dos Hermanos Glen, Escondido, CA 92027. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein Said sale will be made in an "AS IS" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$212,214.69 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to sale. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call, (800) 758-8052 for information regarding the trustee's sale or visit this internet website, www.xome.com, for information regarding the sale of this property, using the file number assigned to this case, T.S.# 23-05215CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (800) 758-8052, or visit this internet website www.xome.com, using the file number assigned to this case 23-05215CA to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. File No.:23-05215CA If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. For Trustee Sale Information Log On To: www.xome.com or Call: (800) 758-8052. Dated: November 15, 2023 By: Omar Solorzano Foreclosure Associate Affinia Default Services, LLC 301 E. Ocean Blvd., Suite 1720 Long Beach, CA 90802 (833) 290-7452 NPP0443419 To: VILLAGE NEWS INC 12/07/2023, 12/14/2023, 12/21/2023

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Act now to subscribe at 2023 rates — call 760-723-7319

or subscribe online at www.villagenews.com/subscribe by December 31, 2023

The deadline for Legal notices is Monday, noon. Email to legals@reedermedia.com.

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2023-9024592

Name of Business FLOUR FIELDS BAKERY 2255 Green Canyon Rd, Fallbrook, CA 92028

Mailing address: 2255 Green Canyon Rd, Fallbrook, CA 92028 County: San Diego

This business is registered by the following: a. Fruzsina Hope McGuinness, 2255 Green Canvon Rd. Fallbrook, CA 92028

b. Blake Alan McGuinness, 2255 Green Canyon Rd, Fallbrook, CA 92028 This business is conducted by a Married Couple Registrant first began to transact business

under the fictitious name listed above as of 11/18/2023 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Dec 07, 2023

LEGAL: 6374 PUBLISHED: December 21, 28, 2023, January 4, 11, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9023444 Name of Business SKYN WITH ANDREA

504 E. Alvarado St, Suite 205, Fallbrook, CA 92028 Mailing address: 1162 Camino Alisos, Fallbrook, CA 92028 County: San Diego

This business is registered by the following: Andrea Colgan, 1162 Camino Alisos, Fallbrook,

This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of

11/11/2023 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Nov 20, 2023

I FGAL: 6375 PUBLISHED: December 21, 28, 2023, January 4, 11, 2024

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2023-9023216

Name of Business D&D MOTOR TECH INC 1020 Beverly Dr, Vista, CA 92084 This business is registered by the following: D&D Motor Tech, 1020 Beverly Dr, Vista, CA

This business is conducted by a Corporation This Corporation is registered in the state of CA Registrant first began to transact business under the fictitious name listed above as of 07-01-

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Nov 16, 2023

LEGAL: 6365 PUBLISHED: December 7, 14, 21, 28, 2023

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2023-9024305

Name of Business NIAZ SECURITY

7490 Opportunity Road, San Diego, CA 92111 County: San Diego This business is registered by the following:

Safe Land Security, 7490 Opportunity Road, San Diego, CA 92111

This business is conducted by a Corporation This Corporation is registered in the state of California

Registrant first began to transact business under the fictitious name listed above as of N/A THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Dec 04, 2023

LEGAL: 6366 PUBLISHED: December 7, 14, 21, 28, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9023100 Name of Business

MOTOLIFE 5221 Reynolds Street, San Diego, CA 92114 This business is registered by the following:

Diego, CA 92114 This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of 11/14/2023 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 14, 2023

LEGAL: 6364 PUBLISHED: November 30. December 7, 14, 21, 2023

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2023-9023437 Name of Business

WYNN SPA

3846 Mission Ave Suite A-1, Oceanside, CA

Mailing address: 3846 Mission Ave Suite A-1, Oceanside CA 92058 County: San Diego

This business is registered by the following: a. Thomas Kongming Fong, 1717 Corte Viejo, Oceanside, CA 92056 Van Fong, 1717 Corte Viejo, Oceanside,

CA 92056 This business is conducted by a Married Couple Registrant first began to transact business under the fictitious name listed above as of 11/17/2023 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO

LEGAL: 6368 PUBLISHED: December 14, 21, 28, 2023, January 4, 2024

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2023-9024548 Name of Business

a. 86 IT INC b. 86 IT

1827 Law St., San Diego, CA 92109 County: San Diego

COUNTY ON Nov 20, 2023

This business is registered by the following: 86 lt Inc, 1827 Law St., San Diego, CA 92109 This business is conducted by a Corporation This Corporation is registered in the state of

Registrant first began to transact business under the fictitious name listed above as of N/A THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 06, 2023

LEGAL: 6369 PUBLISHED: December 14, 21, 28, 2023, January 4, 2024

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2023-9023732 Name of Business

RELAX AND RESTORE MASSAGE AND WELLNESS 1588 S. Mission Road, #115, Fallbrook, CA

92028 Mailing address: 1435 Sycamore Way, Fallbrook,

CA 92028 County: San Diego

This business is registered by the following: Charlotte Ljungquist Alpas, 1435 Sycamore Way, Fallbrook, CA 92028 This business is conducted by an Individual

Registrant first began to transact business under the fictitious name listed above as of N/A THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 27, 2023

LEGAL: 6370 PUBLISHED: December 14, 21, 28, 2023, January 4, 2024

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2023-9024413 Name of Business

A FASTRACK SOLUTION 27350 Valley Center Rd, Valley Center, CA 92082

County: San Diego This business is registered by the following: Shella B. Samson, 27350 Valley Center Rd, Valley Center, CA 92082 This business is conducted by an Individual

Registrant first began to transact business under the fictitious name listed above as of 12/05/2023 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 05, 2023

LEGAL: 6371 PUBLISHED: December 14, 21, 28, 2023,

January 4, 2024 FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9024414 Name of Business A FASTRACK REFERRAL SERVICES

27350 Valley Center Rd, Valley Center, CA 92082 County: San Diego

s is regis Shella B. Samson, 27350 Valley Center Rd, Valley Center, CA 92082

This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of 11/15/2023 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 05, 2023

LEGAL: 6372 PUBLISHED: December 14, 21, 28, 2023, January 4, 2024

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case Number: 37-2023-00052126-CU-PT-CTL

TO ALL INTERESTED PERSONS

FEREYDOON BAZADEH KHORRAMSHAHI Present Name: FEREYDOON BAZADEH KHORRAMSHAHI

way, San Diego, CA 92101 A copy of this Order to Show Cause shall be

NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW

The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120).

If all requirements for a name change have timely written objection has been received (required at least two court days before the date Form #NC-100) will be granted without a hearing. One copy of the Order Granting the Petition will be mailed to the petitioner.

To change a name on a legal document, including a birth certificate, social security card, driver license, passport, and other identification, certified copy of Decree Changing Name (JC Form #NC-130) or Decree Changing Name and Order Recognizing Change of Gender and for Issuance of New Birth Certificate (JC Form #NC-230) may be required. Contact the agency(ies) who issue the legal document that needs to be changed, to determine if a certified

copy is required. A certified copy of Decree Changing Name (JC Form #NC-130) or Decree Changing Name and Order Recognizing Change of Gender and for Issuance of New Birth Certificate (JC Form #NC-230) may be obtained from the Civil Business Office for a fee. Petitioners who are seeking a change of name under the Safe at Home program may contact the assigned department for information on obtaining certified copies If all requirements have not been met as of

the date specified, the court will mail the petitioner a written order with further directions. If a timely objection is filed, the court will set a

remote hearing date and contact the parties by mail with further directions.

A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified date. The court will notify the parties by mail of a future remote

Date: 04 DEC 2023 Signed: Michael T. Smyth,

PUBLISHED: December 7, 14, 21, 28, 2023

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2023-9023945

380 Hacienda Drive, Vista, CA 92081

County: San Diego This business is registered by the following:

This business is conducted by a Corporation This Corporation is registered in the state of California

RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Nov 29, 2023 LEGAL: 6373

PUBLISHED: December 21, 28, 2023, January 4, 11, 2024

Petitioner:

Proposed Name: FEREYDOON BAZADEH

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.*
NOTICE OF HEARING

Date: 17 JAN 2024 Time: 8:30 AM Dept: 61 The address of the court is 330 West Broad-

published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Vil-

CAUSE.

been met as of the date specified, and no specified), the Petition for Change of Name (JC

hearing date.

Judge of the Superior Court. LEGAL: 6267

ORODS AIR DUCT CLEANING Mailing address: 380 Hacienda Drive, Vista, CA

Blue IAQ and Life Safety Services, LLC, 380 Hacienda Drive, Vista, CA 92081

Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE

T.S. No.: 230905306

Notice of Trustee's Sale Loan No.: Hanumant Order No. 2364885CAD APN: 172-250-01-00 Property Address: 29848-29856 Circle R Way Escondido. CA 92026 You Are In Default Under A Deed Of Trust Dated 8/31/2022. Unless You Take Action To Protect Your Property, It May Be Sold At A Public Sale. If You Need An Explanation Of The Nature Of The Proceeding Against You, You Should Contact A Lawver, A public auction sale to the highest bidder for cashier's check drawn on a state or national bank, cashier's check drawn by a state or federal credit union, or a cashier's check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied. regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s) advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. No cashier's checks older than 60 days from the day of sale will be accepted. Trustor: Hanumant Inc. a California corporation Duly Appointed Trustee: Total Lender Solutions, Inc. Recorded 9/1/2022 as Instrument No. 2022-0351262 in book, page of Official Records in the office of the Recorder of San Diego County, California, Date of Sale: 1/8/2024 at 10:30 AM Place of Sale: by the statue at entrance to East County Regional Center, 250 East Main Street, El Cajon, CA Amount of unpaid balance and other charges: \$2,613,775.93 Street Address or other common designation of real property: 29848-29856 Circle R Way

Escondido, CA 92026 A.P.N.: 172-250-01-00 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Notice To Potential Bidders: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. Notice To Property Owner: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (877) 440-4460 or visit this Internet Web site www.mkconsultantsinc.com. using the file number assigned to this case 230905306. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Notice To Tenant: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (877) 440-4460, or visit this internet website site www.tlssales.info, using the file number assigned to this case 230905306 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. When submitting funds for a bid subject to Section 2924m, please make the funds payable to "Total Lender Solutions, Inc. Holding Account". If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase Date: 12/7/2023 Total Lender Solutions, Inc. 10505 Sorrento Valley Road, Suite 125 San Diego, CA 92121 Phone: 866-535-3736 Sale Line: (877) 440-4460 By: Rachel Seropian, Trustee Sale Officer Published: 12/14/23, 12/21/23, 12/28/23

NOTICE OF TRUSTEE'S SALE UNDER DEED OF TRUSTT.S. No.: 23-0172 Loan No.: HUDSON Other: 05949374 APN: 162-441-23-00 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 03/25/2022. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINSTYOU, YOU SHOULD CONTACT ALAWYER. NOTICE is hereby given that Law Offices of Richard G. Witkin APC, as trustee, or successor trustee, or substituted trustee, or as agent for the trustee, pursuant to the Deed of Trust executed by BONNEY K. HUDSON, A WIDOW, recorded 04/01/2022 as Instrument No. 2022-0145417 in Book N.A., Page N.A. of Official Records in the office of the County Recorder of SAN DIEGO County, State of California, and pursuant to the Notice of Default and Election to Sell thereunder recorded 09/05/2023 as Instrument No. 20230239324 of said Official Records, WILL SELL on 12/27/2023 at 10:00 AMAt the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at the time of sale in lawful money of the United States), all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State hereinafter described As more fully described on said Deed of Trust. The property address and other common designation if any, of the real property described above is purported to be: 3565 STARBOARD CIRCLE, OCEANSIDE, CA 92054 The undersigned Trustee disclaims any liability for any incorrectness of the property address and other common designation, if any, shown herein. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$233,313.00**The actual opening bid may be more or less than this estimate. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed until funds become available to the payee or endorsee as a matter of right. Said sale will be made, but without covenant or warranty, express or implied regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed of Trust including advances authorized thereunder and also including, without way of limitation, the unpaid principal balance of the Note secured by said Deed of Trust together with interest thereon as provided in said Note, plus the fees, charges and expenses of the trustee and the trusts created by said Deed of Trust. THIS PROPERTY IS BEING SOLD IN AN "AS-IS" CONDITION. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction. that the lien being auctioned off may be a junior lien. If you are the nignest bloder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property you may call (916) 939-0772 or visit this internet website WWW.NATIONWIDEPOSTING.COM. using the file number assigned to this case 23-0172. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale you can call (916) 939-0772, or visit this internet website WWW.NATIONWIDEPOSTING.COM. using the file number assigned to this case, 23-0172 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. FOR SALES INFORMATION AND STATUS 24 HOURSADAY, SEVEN DAYSAWEEK, GO TO: WWW.NATIONWIDEPOSTING. AND STATUS 24 HOURS ADAY, SEVENDAYS AWEEK, GO TO: WWW.INATIONWIDEPOSTING.
COM OR CALL (916) 939-0772. ADDITIONAL INFORMATION, DISCLOSURES AND
CONDITIONS OF SALE: (1) At the time of sale, the opening bid by the beneficiary may not
represent a full credit bid. The beneficiary reserves the right, during the auction, to increase its
credit bid incrementally up to a full credit bid. The beneficiary may also bid over and above its
credit bid with cash, cashier's checks or cash equivalents. (2) The Trustee's Deed Upon Sale
(TDUS) will not be issued to the successful bidder until the bidder's payment has been deposited
in the trustee's back and description of the payment of the codditional in the trustee's bank and cleared (all holds released). The bidder may have to take additional actions as required by trustee's bank in order to facilitate the deposit and clearance of bidder's funds. (3) If, prior to the issuance of the TDUS, the trustee shall become aware of any deficiency in the foreclosure process, or if the trustee becomes aware of any bankruptcy or other legal issue affecting the validity of the foreclosure process, or if the trustee becomes aware of any bankruptcy or other legal issue affecting the validity of the foreclosure sale, then, after consultation with its attorneys, the trustee, in its sole discretion, may decline to issue the TDUS and return the bidder's funds, without interest. If, subsequent to the issuances of the TDUS, the trustee shall become aware of any deficiency in the foreclosure process, or if the trustee becomes aware of any bankruptcy or other legal issue affecting the validity of the foreclosure sale, then, after consultation with its attorneys, the trustee, in its sole discretion, may rescind the TDUS pursuant to Civil Code Section 1058.5(b) and return the bidder's funds, without interest. (4) When conducted, the foreclosure sale is not final until the auctioneer states "sold". Any time prior thereto, the sale may be canceled or postponed at the discretion of the trustee or the beneficiary. A bid by the beneficiary may not result in a sale of the property. All bids placed by the auctioneer are on behalf of the seller/ beneficiary. (5) NEW — SEVERAL CITIES IN CALIFORNIA, INCLUDING THE CITY OF LOS ANGELES (GOOGLE "MEASURE ULA"), HAVE IMPOSED VERY LARGE, NEW TRANSFER TAXES ON SALES OF CERTAIN HIGH VALUE PROPERTIES. THESE TAXES CAN AMOUNT TO HUNDREDS OF THOUSANDS OF DOLLARS OR EVEN MORE. AS A CONDITION OF THIS SALE, THESE TAXES WILL NOT BE PAID BY THE FORECLOSING LENDER NOR BY THE FORECLOSURE TRUSTEE. THESE TAXES, IF AND WHEN CHARGED, ARE THE RESPONSIBILITY OF THE SUCCESSFUL PURCHASER AT THE FORECLOSURE SALE. This communication may be considered as being from a debt collector. To the extent your original obligation was discharged or is subject to an automatic stay of bankruptcy under Title 11 of the United States Code, this notice is for compliance and/or informational purposes only and does not constitute an attempt to collect a debt or to impose personal liability for such obligation. However, a secured party may retain rights under its security instrument, including the right to foreclose its lien. Date: 12/01/2023 Law Offices of Richard G. Witkin APC 5805 Sepulveda Boulevard, Suite 670 Sherman Oaks, California 91411 Phone: (818) 845-4000 By: APRIL WITKIN TRUSTEE OFFICER NPP0444155 To: VILLAGE NEWS INC 12/07/2023, 12/14/2023, 12/21/2023

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LORENE JOHNSON DRE# 00612840

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