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Fallbrook & Bonsall





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Housing, public safety, energy among Jacob's topics at State of the County address

Joe Naiman

Village News Correspondent

San Diego County Board of Supervisors chair Dianne Jacob gave the State of the County address Feb. 6 and focused on housing, public safety, and energy.

'This spot right here, 1600 Pacific Highway, is a long way from 1600 Pennsylvania Avenue," Jacob said a day after the national State of the Union address. "Here it's not about red versus blue. It's about nuts and bolts governing. Here we can turn up our civic sleeves and actually do our jobs and put people before politics."

The contrast between the federal government and the non-partisan county government includes the early 1990s when the county was on the brink of declaring bankruptcy. Jacob, who was first elected to the Board of Supervisors in 1992 and had previously been on the staff of Supervisor George Bailey, noted that a partial shutdown for budget reasons forced county workers to take time off without pay. "It took a new crop of supervisors and managers to turn things around, and we did, and today the state of

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thisweek

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VILLAGE NEWS



Leon, Arias, Zinniger and Hanson named Students of the Month



The Students of the Month for February are, from left, Kelssea Hanson, Eric Leon, Joshua Zinniger and Ariana Arias.

Jeff Pack photo

Jeff Pack Writer

Eric Leon, Ariana Arias and Joshua Zinniger of Fallbrook High School and Kelssea Hanson of Oasis High School were honored as the Students of the Month for February at the Student of the Month Breakfast at North Coast Church, Feb. 7.

Nominated by Cindy Riley and Chaila Archuleta-Moya, Eric Leon was honored first.

"He's always had this quiet, intelligent presence, just kind of a deep patience, such a great listener, intellectual curiosity," Riley said of Leon. "Recently he served as a tutor in one of my English 10 classes and it was really remarkable to see him work with young people. The way that quiet presence inspired them to step up. Younger kids do look up to these Students of the Month."

"I can't even put it into words,

but he's so polite and so willing to work and help others," said Archuleta-Moya. "One of the things I like about Eric is he likes to be challenged. He's up for any challenge. This semester he's tutoring our AVID students and I know he's finding joy in that."

Leon thanked his teachers and counselors for helping him in his academic journey.

"They've been very, very significant to me being here," he said. "I've had a passion for helping people and leading people. My passion comes from helping others. Whatever it is that I do, you will see me have a smile because others have a smile. That's my motivation in life."

Leon plans to major in business and minor in political science in college.

"My goal is to bring society together," Leon said. "My desire is to see people bond together and I believe if we want peace among each other then we have to have connections with each other.'

Arias was nominated by Stephen Scheidel and Alana Milton.

"When Ari was my senior class vice president this year, I had pretty high expectations for her," Milton said. "What she's done is blow those expectations out of the water and she's created her own little niche in my world.

"Ari is very quiet; she's very humble; she will never brag about what she does. The only reason I find out things that she does outside of class is that others tell

"Every day I got a consistent effort from Arianna," Scheidel said. "She is a teacher's dream to work with because there was no fight with, 'Ah, did you get your work done?' She just did it and that effort just really, really pays off."

"I'm so proud of you, honey, for

see STUDENTS, page A-10

Judge rules jury can see CNN interview of Merritt

Jeff Pack

Before Charles "Chase" Merritt was arrested for the murders of Joseph and Summer McStay and their two young sons, CNN's Randi Kaye interviewed him in relation to the killings.

In the interview, Merritt claimed to be the last person Joseph McStay saw before his disappearance. "When he left Rancho Cucamonga, nobody else, or I think there was another person he talked to," Merritt said.

"But you were the last person he saw," Kaye said.

"I'm definitely the last person he saw," Merritt responded.

On Tuesday, Feb. 6, San Bernardino County prosecutor Britt Imes sought to admit the interview into evidence and allow the jury to see the interview.

Superior Court Judge Michael A. Smith ruled if the prosecution lays the basic foundation, they can show it to the jury.

"It doesn't seem like it would be that hard to get someone from CNN to say Mr. Merritt was interviewed on such and such a date, here is the interview," Smith said in response to defense counsels' objections. "If you want to bring out there was more of the interview, do you have the rest of the interview? Fine, you can do all that. But I think there has to be a basic foundation. Basic foundation

see CNN, page A-10



Superior Court Judge Michael A. Smith reads court documentation during a discussion about whether or not he would allow a CNN video interview with Charles "Chase" Merritt to be shown. Smith allowed the



Leonid Rudin, of Cognitech Inc., testifies Photos courtesy of Law & Crime Network about his company's role in determining whether Merritt's truck matched the truck seen in a McStay neighbor's security camera video recorded near the time of the family's disappearance.

BUSD approves final trustee area map

County education board to hold Feb. 28 hearing in Bonsall

Joe Naiman

Village News Correspondent

The Bonsall Unified School District plan to transition elections from at-large to by-trustee area needed a map of trustee areas as well as approval of the transition itself, and the BUSD board voted 5-0 Jan. 8 to approve a map option which had been presented by a demographic consultant.

"I'm hoping it will be a good system for Bonsall," said BUSD superintendent David Jones.

The election transition still must be approved by the San Diego County Office of Education, whose board will hold a Feb. 28 hearing at the Bonsall Community Center and will make a decision on approving the change at a subsequent meeting.

In 2002, the state legislature and Governor Davis amended the California Elections Code to prohibit the use of at-large elections of school district governing board members if the at-large elections impair the ability of a politically protected class to elect candidates of its choice or to influence the outcome of an election.

An attorney has been sending multiple letters at a time to school districts threatening lawsuits if those districts do not change to trustee area elections, and the Bonsall school district received such a letter.

On Oct. 13, the BUSD board voted 5-0 to adopt a resolution to initiate the transition to a by-trustee area election system beginning with the November 2020 elections while also approving the legal and

see **BUSD**, page A-6

Fallbrook family tells a cautionary tale

Jeff Pack Writer

> Susan and Gilbert Jimenez of Fallbrook thought they were doing some good for the veterans community when they agreed to let someone claiming to be working for a veterans group onto their property to dismantle an RV they had gifted to the man.

> The Jimenez's initially listed their RV on the LetGo app for sale, then reduced the price, before ultimately listing it for free or

> That's when a man saying he worked for a "veterans project" responded to the ad, expressing interest. After agreeing to the deal, the man came to the property to have the pink slips signed over to him and check out the RV.

"He came and looked at it, he looked a little shoddy," Susan said. "But we thought, hey, it's for veterans. My husband is a veteran, so."

At that point, Susan said, she thought the man would have the RV towed off the property and take it apart off-site.

"The next morning, we look in our yard and there's another RV there," she said. "We thought, 'What is this?'"

Susan said the man told the couple that the RV was a little more difficult to disassemble than he thought and if he could stay there on the property, get up early and work on it all day, he could get it done faster.

The couple agreed.

As it turns out, Susan said, the

see TALE, page A-10

ANNOUNCEMENTS

Save the date for Arts in the Park, April 28



The Rally for Children board includes, from left, Nancy Ruis, treasurer; Brenda Carden, vice president and ways and means; Louise Small, president; BJ Maus, philanthropy; Robin Parker, membership; Guity Balow, community projects; Pat Dales, secretary; Kathy Gausepohl, community projects; Donna Reisbeck-Stoewer, ways and means.

FALLBROOK – The new board of directors of Rally for Children announces that this year's Arts in the Park event will be held on Sunday, April 28 at Live Oak Park. Rally for Children recently donated \$12,000 to fund several

non-profit groups providing programs and projects to children in the local community.

For membership information, visit www.rallyforchildren.org.

Submitted by Rally for Children.

FGMS program to show mining on volcanoes



The Aogashima volcano in Japan will be featured in the Courtesy photos FGMS February program.

FALLBROOK - Fallbrook Gem and Mineral Society invites the public to a truly adventurous presentation at its meeting on Thursday, Feb. 21. Geologist and mineral dealer Alfredo Petrov will speak about "Collecting minerals and gemstones on active volcanoes in Japan!"

Part of the Pacific "Ring of Fire", Japan has over 100 active volcanoes and is a favorite location for Petrov to seek rare minerals, some of which can be faceted into gemstones. He will share his adventures to these exotic and dangerous places.

Petrov is a mineral mining expedition leader, organizing international collecting tours and is a German/Spanish/English translator of mineralogical articles

The FGMS meeting is free of charge and begins at 7 p.m. at the FGMS building, 123 W. Alvarado Street, between Main Street and Pico Avenue. Free parking is available in the lot across the street. A selection of minerals will be offered for sale at a 20 percent discount. An opportunity



Alfredo Petrov, geologist and mineral dealer, will speak at the FGMS meeting Feb. 21.

raffle will also be held. Light refreshments will be served. For questions, contact the FGMS office at (760) 728-1130.

Submitted by the Fallbrook Gem and Mineral Society.

Sawyer given Big Heart Award

BONSALL - At the Bonsall Woman's Club Feb. 7 meeting, the Big Heart Award was presented to coincide with Valentine's Day.

This year's recipient was Marcia Sawyer who epitomizes, by her every action, the essence of having a "Big Heart." Sawyer has been an active member since 2006. She has held the position of fourth vice president and is a past recipient of the Volunteer of the Year Award.

Sawyer's leadership skillfully led a team of volunteers who were responsible for the success of the club's most recent Christmas Luncheon. In the words of Joan Kaford, a founding member and past president, "the best Christmas Luncheon ever." Over \$15,000 was raised from this event and will be distributed to local charities as well as to local scholarship recipients. It is special to have a leader who also has a big heart.

Sawyer is usually ready to selflessly give of her time and pitch in where help is needed. She exemplifies the essence of charity, willingness to help others, and demonstrates an applaudable caring for her club and community. The award is presented to that member who has more than demonstrated her willingness to go above and beyond what is expected. She can be relied on to do her best in whatever endeavor she undertakes. The BWC is blessed to have Sawyer

The group meets the first Thursday of the month at The Golf Club of California, in Fallbrook. The doors open at 9 a.m. with the meeting starting at 10 followed by



BWC President Arlene Rutherford, right, presents the Big Heart Award to Marcia Sawyer.

Courtesy photo

an enjoyable program and lunch. This month's program will be a display from the Palomar District Arts Festival.

The March meeting's lunch will be Shepherd's Pie, salad, a starch, and warm rolls. The cost is \$23 all inclusive. To attend, send a check made payable to BWC, for \$23, to P.O. Box 545, Bonsall, CA 92003. The deadline is Feb. 28.

For information on BWC, visit Bonsallwomansclub.org.

Submitted by Bonsall Woman's

Mah Jong winner and next fundraiser announced

FALLBROOK - Barb Guida racked up 16,900 points to win the top prize of \$50 in the Jan. 25 Mah Jong Tournament sponsored by the Fallbrook Woman's Club. Fortyeight players competed for that top spot. The public is welcome to play in the next tournament set for June 21. For more information, call Loraine Genovese at (760) 419-9730.

The Fallbrook Woman's Club will hold its annual Attic Sale fundraiser on Saturday, March 2 from 8 a.m. to 2 p.m. in its clubhouse, 238 W. Mission Road. Antiques, collectables, jewelry, art, clothes, toys, tools, plants and other household items will be offered for sale to support the club's ongoing scholarship program and other philanthropic

The club's general meeting and luncheon are on the second Tuesday of the month, 11 a.m., from September until June. The cost of



Barb Guida, left, is the top winner in the Jan. 25 Mah Jong Tournament hosted by the Fallbrook Woman's Club. FWC member Araxy Moosa, right, is a Mah Jong teacher who encourages Mah Jong participation throughout the area.

the lunch is \$12 with no charge in September and June. For planning purposes, anyone interested in attending is asked to RSVP to Lee Johnson, leejohnson512@ gmail.com or (760) 723-8286.

For more information, visit www. <u>fallbrookwomansclub.org</u> or call the club at (760) 728-1758.

Submitted by Fallbrook Woman's

NCFPD and MRCD are hosting a free chipping event.

FALLBROOK - North County Fire and Mission Resource Conservation District will be hosting an educational and functional chipping event that will feature free chipping services, Saturday, Feb. 16 at the old Fire Station 3, 4157 Olive Hill Rd., from 8 a.m. to 12 p.m.

Informational materials on wildfire preparedness will be available to the public. Firefighters and members

of MRCD will be on site to answer questions and advise on preparing one's home and property against a wildland fire. Residents may bring their yard and tree trimmings with them, where it will be chipped at no cost.

This is a great opportunity for residents to reduce the threat of wildfire by removing their yard waste and provide defensible space around their homes. Removing weeds, brush and other vegetation creates a buffer that helps keep the fire away from a home and reduces the risk from flying embers. Being ready for the next fire is the best defense. Call or visit MRCD at missionred.org to learn more about how to help reduce the

risks. Visit North County Fire to find out more about how to be prepared at ncfire.org or at any of its stations throughout Fallbrook, Bonsall and Rainbow.

There are some restrictions on what will be accepted for chipping: no dirt, bamboo, palm fronds or branches larger than 4" in diameter. Chipping services are for private citizens only; load amounts may be limited. Residents should be prepared to offload their trimmings as resources may be limited. Contractor reserves the right to refuse service.

Submitted by North County Fire Protection District.



With my extensive area knowledge and experience selling homes in your neighborhood I will provide you with up to date market information and assist you with a plan that will meet or exceed your goals.

Get the tools you need to make the right decision for you. Call or email me to schedule a private meeting.

Marilee Lowe

Windermere 760-685-5405 realtormarilee@gmail.comDRE #01420576

every day is richer with you in my life. Happy Valentine's Day, Richard Goble, DDS

To my lovely wife Madeyln,

LOCAL

911 painting travels to Fallbrook

FALLBROOK – The "Traveling 911 Memorial Painting"by Carlsbad artist Kelly Lucas was delivered to local firefighters at the North County Fire Protection District's administration building,

Over the last four years, the painting has traveled to and been on display at other San Diego County fire departments and will be on display for the public to see for the next three months at NCFPD, 330 South Main Ave.

Lucas was commissioned to paint and deliver her painting to Ground Zero in New York to be auctioned off to raise money for the families of the fallen firefighters. It was purchased for over \$26,000 by a restaurateur who said when he hung it in his restaurant it made people too sad, so he returned it to the artist, yet still pleased with his donation.

Years later, Lucas organized a

fundraising event for Wounded Warriors in Encinitas. This time the painting was purchased by Wendy Moldow, a local Realtor. Moldow knew this very special work of art did not belong in her home and deserved to be shared. Thus the idea of the "Journey of the Traveling 911 Memorial Painting" began.

It has already been hosted by fire stations in Encinitas, Rancho Santa Fe, Solana Beach, Carlsbad, San Marcos, Vista, Oceanside, Santee, Escondido, La Mesa, and even El Centro! And welcomed by city mayors, council members, first responders and their ever important staff members. They are allowed to choose how to display it, whether for the public or in their lunchroom, as it is simply there to honor them.

Submitted by North County Fire Protection District.



Wendy Moldow, center, presents her "Traveling 911 Memorial Painting" by artist Kelly Lucas to North County firefighters at the fire district's administration building in Fallbrook, Feb. 5.

Shane Gibson photos

North County Fire holding public hearing on move to district-based elections

 $FALLBROOK\ -\ The\ North$ County Fire Protection District is holding a public hearing on district-based elections at 8:30 a.m., Tuesday, Feb. 19, at the Fallbrook Public Utility District, 990 E. Mission Road.

Community members within the district boundaries are welcome to attend. The district includes the communities of Bonsall, Fallbrook and Rainbow. Residents can help represent their neighborhoods by providing feedback and input as NCFPD moves from at-large to district-based elections to allow for the best representation of the communities served by the district.

Submitted by North County Fire Protection District.



NCFPD Division Chief Kevin Mahr, left, and NCFPD Chief Stephen Abbott place the "Traveling 911 Memorial Painting" into position in the foyer at the fire district's administration building.

CALENDAR

Feb. 16 – 6-9 p.m. – Friends author Craig Johnson for its 2019 Community Read. He is the author of 12 Walt Longmire mystery novels, the basis for the Netflix original series, "Longmire," Reservations are required by Feb. 11. Tickets, \$35 a person, can be purchased online at https://foflcommunityread. brownpapertickets.com or at the Bottom Shelf bookstore, left of the library's main entrance, 124 S. Mission Road.

Feb. 16 – 7 p.m. – Fallbrook Pregnancy Resource Center hosts its annual "Love Life" event at SonRise Christian Fellowship, 463 S Stagecoach Lane. To attend, make reservations early by calling (760) 728-4105, ext. 10, or email carolyn@fallbrookprc. com. Registration forms and more info are available at http://www. fprcforlife.com/Events/Love-Life-Fundraiser.

Feb. 20 – 9 a.m. to 12 p.m. – Keeping Fallbrook Litter Free will hold a Olive Hill Road Cleanup with a Senior Volunteer Patrol escort. Volunteers are to meet at Ingold Sports Park, 2551 Olive Hill Road. RSVP to Marta Donovan, (760) 405-4054.

March 23 – 9:30 a.m. to 2 p.m. of the Fallbrook Library host - The Bark in the Park fundraiser will support the off-leash dog area at Live Oak County Park, 2746 Reche Road. Registration begin at 9:30 a.m., and a Blessing of the Animals starts at 10 a.m., followed by a community dog walk through the park. Contests begin at 10:45 a.m. and Best in Show announced at 1:30 p.m. For more info, visit www.liveoakdogpark.org.

April 27 – 5:30 p.m. – The Boys & Girls Clubs of North County will hold its Forever Young Prom Night dinner and auction at Pala Casino. Ticket prices start at \$185. Visit www.bgcnorthcounty.org for more details.

Mav 4 – 9 a.m. to 3 p.m. – Fallbrook Garden Club's 2019 Garden Tour & Plant Sale starts at the historical society with tickets being exchanged for maps and the club selling plants. Seven Fallbrook gardens are on the tour. Tickets go on sale March 1 at the Chamber of Commerce, Major Market and BrownPaperTicket. com. Cost is \$20 in advance or \$25 the day of the tour. Proceeds fund scholarships and community projects. For more information see fallbrookgardenclub.org.





www.SellFallbrookBonsall.com



ADDRESS

from page A-1

the county is much better because we're no longer debating where to cut. We're looking at where to spend. And we are. More on services. More on facilities. More on critical programs," Jacob said.

That doesn't mean that the county in 2019 is without challenges. "And right now two of them are on a collision course," Jacob said. "We need affordable housing. And we need to better protect the region from our greatest natural threat, wildfire. But how do we allow more housing in the unincorporated area while also doing all we can to protect people and property?"

Approximately 60,000 homes

in the unincorporated county are on land considered to be at high risk for a wildfire. "We're facing a conflict between shelter and safety, and we must find some balance in this battle," Jacob said.

Two years ago the county created a \$25 million trust fund to help finance homes for the homeless and for seniors and veterans at risk of becoming homeless. Two of the projects have broken ground, and funding will allow for a total of 453 homes. "It doesn't sound like a lot, but it's a start," Jacob said.

Jacob noted that in January the county waived permit fees for accessory dwelling units, which is expected to reduce the cost for each dwelling by approximately \$15,000. "This is a pretty good

incentive to get shovels in the ground," Jacob said.

Minimizing the number of homes near wildland does not prevent wildfires from spreading. Since the October 2003 fires, the county has spent more than half a billion dollars on fire protection and emergency medical services. "We're talking about new engines, new stations, new technology, and a bigger fleet of aircraft. We're talking about a more unified and better trained firefighting force," Jacob said. "Because we know how bad it can get we have brought more muscle to the fight."

Jacob and Supervisor Jim Desmond, the two county supervisors with the greatest unincorporated territory in their districts, plan to bring to the board a proposal to offer grants or other incentives to encourage existing homeowners in high-risk areas to install safer walls, vents, and other fire-resistant materials.

Jacob also called for increased defensible space inspections, expanded wood chipping programs, and a strengthened Fire Safe Council network. She emphasized teaming with state and federal agencies on a joint plan for controlled burns and fuel breaks including streamlined environmental review and called for increased technology and mapping to protect high-risk communities.

Jacob added that the county is working with the City of San Diego and other agencies to place dispatchers in the same building. "This would not only save money, but it will improve response times, and that means saving lives," she said.

"All of these measures will make existing homes safer and help us prepare for new homes

and communities. But we can't stop there," Jacob said. "The fact is, like it or not, San Diego County remains one Santa Ana wind away from a disaster. New homes and communities must be built to give people and property the greatest chance of survival."

Jacob noted that when fire code standards are next upgraded, the county will seek a tougher set of criteria for development in high-risk areas of unincorporated San Diego County. Additional housing on existing lots might be accomplished by additional financial incentives for accessory dwelling units, Jacob proposed. Encinitas already has free pre-approved permit-ready building plans for a secondary dwelling unit, saving homeowners up to \$18,000 per unit, and Jacob suggested that the county consider such streamlining.

"We want affordable housing, we need affordable housing, and we are wired for it here in the county," Jacob said.

Additional housing will also help address homelessness and the long-term needs of those dealing with substance abuse or other behavioral issues. The county currently has nearly 1,200 shortterm and long-term beds for those in crisis. "Just adding more beds is not the solution," Jacob said. "We need to focus on the individual, not the programs, and come up with a coordinated system of care."

Jacob cited Sheriff's Department figures that at least 100 people with behavioral health problems are in jail more than 14 times a year, which equates to nearly 1,500 arrests. "These people don't belong behind bars. These people need treatment," she said. "Instead

of winding up in jail, more folks would get the help they need where they need it."

The county recently increased the amount of money available for intensive residential and outpatient treatment from \$54 million to more than \$150 million. "It's not just about more money. We are radically transforming the delivery of care, ending a limited and fragmented structure. We're now working directly with emergency rooms to connect patients with addiction services," Jacob said.

Jacob noted that approximately one-third of San Diego County's homeless are seniors. "Housing is not the only big challenge facing our oldest residents," she said.

Alzheimer's disease is the third leading cause of death in San Diego County, behind heart disease and cancer. In 2014, the Board of Supervisors initiated The Alzheimer's Project which brought together government, scientific, health care, and nonprofit organization leaders. Jacob announced a new county program which will provide families with matching funds to cover the expense of hiring caregivers to give family members an occasional break; the county and family will each pay half of the cost and the county will have \$1 million available for the program.

Jacob also noted that the county plans to expand to a countywide basis the Alzheimer's Response Team which brings together first responders, social workers, and others to ensure that those with Alzheimer's receive the right type of help in an emergency. The program is currently being utilized in East County. "The team is only a few months old and is already making a big, big difference," Jacob said. "The Alzheimer's Project is stepping it up and pushing for change. And change is good; it's helping.'

Change in how residents receive electricity is another desire for Jacob, whose Second District includes San Diego Gas & Electric's Sunrise Powerlink transmission line. Jacob has battled with SDG&E on the location of the transmission line as well as on energy costs, and she has also combated the utility regarding liability for wildfires caused by downed power lines.

Community Choice Aggregation, which is also known as Community Choice Energy, allows communities to band together to buy and sell electricity while creating competition. Nineteen community choice programs statewide, including one in Solana Beach, serve eight million residents. "Many have been able to offer highly competitive rates compared to the big utilities," Jacob said.

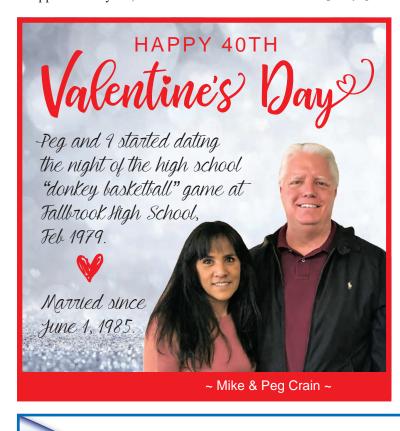
The county is already allowed to select its energy provider and purchases most of its electricity from providers other than SDG&E. The county saved approximately \$3.4 million in 2018 from that alternative purchase arrangement. "If the county can shop for energy, why not the rest of us? Why not ratepayers, school districts, and others?" Jacob said.

Eight other incorporated cities in San Diego County are taking steps toward developing a community choice program. "It's time the County of San Diego does the same," said Jacob, who noted that she and Supervisor Nathan Fletcher will partner on a plan to develop a community choice program. "We want to look at teaming with San Diego and other local governments on a joint effort. Everyone deserves freedom of choice and that's what we're going to try to promote for this region."

Jacob also called for the county to lobby against a new fee for community choice programs which went into effect for 2019.

"We have a great opportunity to dig deep on energy and other big issues. We're able to do this because of our solid finances and fiscal discipline, and we've got cash on hand and we're ready to spend it where it will do the most good for the most people," Jacob said.

More than \$745 million of county projects will be completed or started during the next two years. In addition to a new nature center in Santa Ysabel, a new library in Lakeside, a Tijuana River Valley campground, and a Live Well Center in southeastern San Diego, the projects include an enhanced regional emergency communications system. "When all is said and done, public safety must remain the top priority. Above all else, folks in our region expect government to protect their families and their neighborhoods," Jacob said. "I talked this morning about several major issues. Nearly all of them are tied to public safety."



Fallbrook Regional HEALTH DISTRICT

REQUEST FOR PROPOSAL (RFP) BANKING SERVICES

Fallbrook Regional Health District ("FRHD") is a government entity under the Local Health Care District Law (Statutes 1945, Chapter 932; Health and Safety Code, Division 23, Sections 32000 et seq., of the State of California). The FRHD serves residents of the Fallbrook, Bonsall, Rainbow and De Luz areas of northern San Diego County. Fallbrook is located approximately four miles west of Interstate 15, accessible from Mission Road, which traverses the center of downtown Fallbrook and terminates at California State Highway 76 near the community of Bonsall.

INTRODUCTIONS

FRHD is currently seeking proposals from qualified financial institutions interested in providing banking services. The primary objective of requesting proposals is for FRHD to determine which financial institution can offer the highest quality of service, using new technology at the most reasonable cost. This process also provides FRHD the opportunity to explore alternative procedural methods that could improve its banking efficiencies.

FRHD intends to establish a relationship with a local community-oriented bank. As a matter of policy, FRHD may conduct an RFP for banking services. Either party may cancel the agreement for any reason.

Given the ongoing changes in the banking industry and evolving technologies, FRHD has determined that a review of the services offered by qualifying institutions is appropriate. FRHD is seeking a financial institution that provides overall value by creating efficiencies, taking advantage of new technologies, and provides competitive pricing. It is FRHD's intent to maintain all banking services with one financial institution to maximize cash flow and minimize administrative costs. As such, banking service proposals must include services for the entire scope of the relationship outlined.

QUALIFYING REQUIREMENTS – GOVERNMENTAL BANKING SERVICES

A. Qualified Depository/Member of FDIC

Any bank submitting a proposal must be a qualified public "depository," as defined by California Government Code Section 53630, and must perform its obligation under this proposal in compliance with all applicable federal and state laws and regulations, statutes, and policies. In addition, the bank must be a FDIC Insured Bank and be in good standing. This would include, but is not limited to, the ability to collateralize all collected balances, in excess of balances insured by the FDIC, as required by Sections 53630 et. seq. of the California Government Code.

B. <u>Federal Reserve Member</u>

FRHD prefers a bank that is a member of the Federal Reserve System. Banks that are not members of the system shall identify their correspondent member bank.

SCOPE OF SERVICES

FRHD is seeking to enter into a contract with a bank that has demonstrated its ability to provide the following services:

- Relationship Banking Demand Deposit Accounts ACH, Wire, and Other Transfers Deposit Activity Account Reconciliation
- · Balance & Detail Reporting · Online Banking · Mobile Banking · Free Checking · No Check Processing Limit

GENERAL PROPOSAL INFORMATION

For specific information, please refer to the Request For Proposal document posted on the Fallbrook Regional Health District website: https://www.fallbrookhealth.org/

ANTICIPATED PROPOSAL SCHEDULE

FRHD has identified anticipated key dates as follows:

<u>Issue Solicitation</u> – Thursday, December 13, 2018

Proposal Due – On or before 5:00 p.m. on Thursday, December 27, 2018

Interview of Selected Finalists - Wednesday, January 2, 2019 at 5:00 p.m. at 1636 E. Mission Rd., Fallbrook CA 92028.

Recommendation to Board – TBD

RESPONDENT QUESTIONS, REQUESTS FOR CLARIFICATION, AND EXCEPTIONS

All questions and responses will be posted to https://www.fallbrookhealth.org/. So that all Respondents will continue to have a fair and equal opportunity in this solicitation, any exception(s) will only be considered to correct errors or if all proposals submitted take exactly the same exception(s). FRHD's consideration of any exception shall not, in any way, be construed as FRHD's intent to grant said exception. Exceptions will be evaluated on a caseby-case basis and will be granted only to correct errors in the documentation or when it is deemed to be in the best interest of FRHD.

SUBMISSION OF RFP

All responses to this RFP must be delivered to the point of contacts shown below. All questions and requests for additional information must be in writing and received through the point of contacts shown below (email is acceptable)

Qualified firms are required to submit seven (7) hard copies of the RFQ letter of response to:

Bobbi Palmer MBA, MSW, CEO Fallbrook Regional Health District 138 S Brandon Rd Fallbrook, CA 92028 (760) 731-9187

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OPINION

Human trafficking in California



Assemblymember Marie Waldron

AD-75 (R)

Last month I introduced House Resolution 7 (HR 7), which is jointly authored with Assemblymember Eloise Gómez Reyes (D - San Bernardino). HR 7 declares January Human Trafficking Awareness Month in California, part of a nationwide effort to combat this growing menace.

A form of modern slavery, human trafficking has grown 842 percent in the United States since 2007. Unfortunately California and Nevada have become the primary location for human trafficking in the western United States. Worldwide, it is a \$150 billion per year industry, with 40.3 million victims - 25 percent are children, and 75 percent women and girls.

Human trafficking is a growing

threat throughout this region. Riverside County is considered a human trafficking "artery" from Mexico and South America to Los Angeles. San Diego has been identified by the FBI as a "High Intensity Child Prostitution Area,' on a list of the top 13 US cities for child prostitution.

There are at least 3,000 trafficking victims each year in San Diego County, and the actual numbers may be much higher. Victims, with an average entry age of 16, are frequently trafficked for three years before being discovered. Street gangs are heavily involved and prostitution has become the main source of income for some gangs.

To help combat this repugnant criminal industry, the Riverside County Anti-Human Trafficking Task Force (RCAHT) recently received federal grants totaling \$1.4 million to expand the Task Forces' victim service and outreach efforts. In San Diego County, new programs have been launched aimed at educating students throughout the county about the dangers of Human-Trafficking under a newly established San Diego Trafficking Prevention

HR 7 is just a small part of this ongoing battle. With heightened law enforcement, increased awareness, education and vigilance, we can rein in human trafficking and hopefully, prevent more shattered lives.

Thank you to longtime 4H leader

The Fallbrook 4H swine group would like to thank Ms. Lynn Orcutt for her 39 years of service to the Fallbrook 4H community.

She helped many student succeed luck, and happy retirement. in their swine projects.

We will miss have her at the meetings, and we wish her good

Marshall Jordan Parliamentarian

FUESD ignores community input

Let's set the record straight regarding the FUESD elections maps article of Feb. 7.

FUESD's attorney, Daniel Shinoff, said that three maps were initially submitted for consideration and that our community map was submitted later. Not true. At the time of the Jan. 16 Community Workshop, meant to get community input, the demographer NDC presented only two maps, 101 and 102. Every community member at that meeting was against both maps and asked for a third map that would not favor the current trustees.

We submitted the community map that night, thinking it would be the third map. However, when our map was posted the following night, NDC included a fourth map, map 103, still favoring the trustees and worst than their other two demographically.

Shinoff also stated that "Respecting the will of Fallbrook's voters in recent board elections by maintaining continuity . . . is a. . . legally defensible consideration when creating maps based on community input." No one has said or implied that the trustees shouldn't be allowed to serve their terms.

We believe they should. But to create maps that gives them the advantage in future elections and deprives the Latino district an election until 2022 or longer, delaying the remedy of CVRA violation against the Latino population, is wrong. And was not legally defensible in the Jauregui vs. City of Palmdale case. The judge was clear in his decision against the city for trying to use that criterion of incumbent protection above others. Not only did Palmdale have to change their map but also they had to conduct a new election and they had to pay \$4.7 million.

Shinoff speaks of taking into consideration "community input" in creating the maps. We feel that the input the community gave was ignored in its entirety. There was not one person at any meeting or public hearing that spoke up in support of any of the maps submitted by NDC, only the Favela/Ortiz/Stamos Community Map was supported by the community present, the community that this violation

One board member stated that she "spoke with many, many people" about the maps, another said, "there were lots of emails sent to the district" in support of the trustee-favored maps. We ask, "Who are these people? Why didn't they bother to come to the meetings? Why do their comments carry more weight than those who came out in the rain and cold to each meeting? Do these people who emailed even live in Fallbrook?" No, we do not believe map 103 was created with community input, and certainly not by the community affected by the CVRA violation.

Meanwhile, down the street other jurisdictions are having their public hearings. There we are seeing open, participatory, engaging conversation, and genuine interest and commitment to doing the right thing by the Latino community. What a difference from the FUESD's attitude and thus, their process. Amazing! This gives us all hope. Thank you FRHD and FUHSD for your example and leadership!

Leticia Maldonado/Stamos

Fixing San Diego County's poor response to 2018 Hepatitis-A outbreak

Nothing that our local, state or national government does is more important than responding to public health and safety. Nothing.

In 2017-2018, the County of San Diego Health and Human Services Agency announced a detected increase in hepatitis-A cases. According to the U.S. Centers for Disease Control and Prevention, hepatitis-A is a highly contagious liver disease that can range in severity from a mild illness lasting a few weeks to a severe illness lasting several months.

During this outbreak in San Diego County, 587 cases were reported, 402 patients were hospitalized and 20 patients died as the result of this deadly infectious disease. The disease was disproportionately affecting the homeless population and also created high risk to all our communities in North County.

Hepatitis-A is transmitted in a number of commonly occurring ways, such as, when infected individuals do not wash their hands adequately after using the restroom and touch objects or food that others subsequently touch or

The transient nature of the homeless and illicit drug-using populations, as well as challenges in building trust and engaging with these individuals, requires that county officials collaborate with local community and other public organizations to prevent a widespread epidemic. Despite its infectious characteristics, hepatitis-A is a preventable disease with a safe and effective vaccine. A single dose of the vaccine within two weeks of contact with the virus may prevent a person from developing the disease and spreading it to others.

So what happened? How did hepatitis-A spread from San Diego to Orange, Los Angeles and Santa Cruz counties? Simply stated, San Diego County did not take critical steps in the early months of the outbreak and the result was the disease quickly spread, including to reported patients in Escondido and Fallbrook.

Had the county health officer declared a local health emergency sooner, the county could have significantly accelerated the procurement process and contained the health risk of many infected. As the result, the San Diego County Grand Jury issued a report in May 2018, recommending that the county and local cities immediately declare a local public health emergency and revise its emergency operations plan. These findings were followed and restated by recommendations by the California State Auditor in December 2018.

This week, the California State Assembly introduced AB 262, adding Section 120175.5 to the California Health and Safety Code and creating a state mandated local program requiring a local health officer to notify and update the local public entities within the health officer's jurisdiction about communicable disease outbreaks that may affect them, and make relevant information available to

those entities, as specified. By avoiding delay, this bill would allow the county health officer to issue directives to other local cities within that jurisdiction to take any action the health officer deems necessary to control the spread of the communicable disease. This is a common sense fix and responds to the state auditor's findings promptly to avoid any repeat to the hepatitis-A experience last year.

Call our state representatives, Assemblymember Waldron (916-319-2075) and Senator Jones ((916) 651-4038), and ask them to support AB 262.

Alan Geraci

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Re: "The truth about Proposition 13" [Village News letter, 2/7/19]

Whack-a-mole is used colloquially to denote a repetitious and futile task: each time an adversary is "whacked", it only pops up again somewhere else.

We need to use Whack a Mole to deal with each new proposal to increase our California taxes. We can't stop the proposals from coming, but at least we can whack them down.

Apparently, we have not done a very good job knocking down these tax increases in the past because we currently rank in the top tier of all states in the nation in taxes.

The latest tax increase proposal. which I call the 'Make it Unfair' tax, proposes a \$9 billion tax increase on California businesses.

This is ridiculously unfair and would lead to all California consumers paying more for everything as these businesses are forced into significant price increases for their services and products.

We do not have a lack of taxes or income problem in California. We do have a spending problem. An example is the bullet train which siphons billions of our tax dollars for very dubious benefits. We need

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to cancel the Bullet train project to reduce our spending

Mr. Geraci mentions Chevron as a company he wants to tax more. Chevron has been in business in California for over 100 years providing us with goods and services that we need, jobs for thousands of Californians, and umpteen millions in taxes paid to the state over the years. Please do not penalize Chevron or any other California businesses with this ill-advised, counter-productive, wasteful 'Make it Unfair' tax. If anything we should cut business taxes to spur innovation, research and development.

Please join me in whacking down this latest California tax increase mole. The money you save is your own.

Thank you to our Assemblymember, Marie Waldron, for representing us in the state assembly.

Please pick up your mallet and be ready to whack.

For more factual information on California taxes, go to www. hjta.org.

Bob Newkirk

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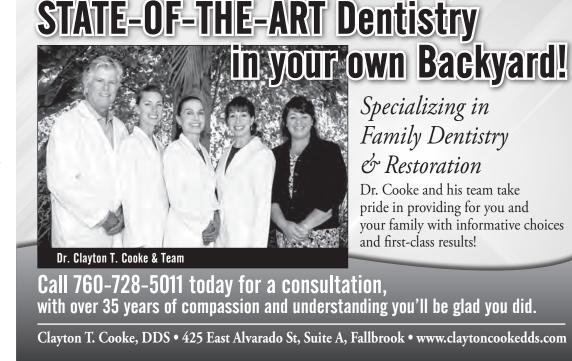
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BUSD

from page A-1

demographic consultant services to create trustee areas. Fagan, Friedman and Fulfroft provided legal counsel while Cooperative Strategies provided the demographic services including the development of maps with trustee areas.

The school district held four hearings, calling special meetings for Oct. 25 and Dec 6 as well as regular meetings on Nov. 8 and Dec. 13. "I do appreciate that there were several community members who showed up," Jones said. "That was helpful to the board."

Three maps were presented. In the approved scenario, Trustee Area 1 has a total population of 3,457, Trustee Area 2 has 3,316 residents, Trustee Area 3 has

3,350 people, Trustee Area 4 has a population of 3,318, and Trustee Area 5 has 3,646 people. The maximum allowable variance between the highest-populated and lowest-populated district is 10 percent, and the variance for the adopted Bonsall map is 9.66 percent.

"It made sense in the way it's broken up," Jones said.

Trustee Area 1 is the area west of Sleeping Indian Road. Its population is 49.09 percent Caucasian, 25.22 percent Hispanic, 17.36 percent Asian, Hawaiian, or Pacific Islander, 4.08 percent black, and 1.68 percent American Indian with multiple or other races constituting 4.11 percent.

Trustee Area 2 is the rest of the area west of State Route 76 at its bend as well as land east of State Route 76 and south of

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Camino Del Rey. The residents are 69.72 percent white, 20.78 percent Hispanic, 5.13 percent Asian or Polynesian, 1.15 percent black, 0.12 percent American Indian, and 3.11 percent multiple race or other.

Some of the land south of Camino Del Rey is in Trustee Area 3 which also includes most of the district area south of West Lilac Road. The racial breakdown is 70.69 percent white, 22.15 percent Hispanic, 2.33 percent Asian or Polynesian, 1.28 percent black, 0.60 percent American Indian, and 2.96 percent multiple race or other.

Trustee Area 4 is mostly north of West Lilac Road and extends east of Interstate 15. The population is 75.89 percent white, 17.90 percent Hispanic, 3.49 percent Asian or Polynesian, 0.60 percent black, 0.21 percent American Indian, and 1.90 percent multiple or other

All of Trustee Area 5 is east of Interstate 15, and the Pala Indian Reservation is in that territory. Trustee Area 5 is 39.00 percent Caucasian, 34.17 percent Hispanic, 15.30 percent American Indian, 5.54 percent Asian or Polynesian, 2.29 percent black, and 3.73 percent multiple or other

"I think the public liked them," Jones said of the trustee areas.

Population figures to ensure

voters or in the case of a school district the percentage of students. For the 2018-19 school year, the Bonsall Unified School District has 2,525 students of which 1,089 (43.13 percent) are white, 893 (35.37 percent) are Hispanic, 210 (8.31 percent) are Asian including Filipino and Pacific Islander, 139 (5.50 percent) are American Indian, 39 (1.54 percent) are black, 222 (8.79 percent) are considered multi-ethnic, and 37 (1.47 percent) have unknown ethnicity.

The majority of Hispanic and American Indian residents in Trustee Area 5 increases the chance that a Hispanic or Luiseno will be elected. "Those ethnicities will have a better opportunity to run for the board," Jones said.

A person with a Spanish surname may be Latin American, Kumeyaay or Luiseno Indian, Filipino, or Spaniard and it is also possible for a Caucasian woman to have married into a Spanish surname. Eric Ortega, who is a member of the Pala tribe, was appointed to the Bonsall board to fill a vacancy but was defeated in his re-election attempt. The only person with a Hispanic surname to have been elected to a Greater Fallbrook school district board is Nelda Leon, who married into that last name. Leon served on the Vallecitos School District board which elects its trustees at large.

While territorial unit areas are

risk also exists that most nonwhite residents will be included in one area and white voters will dominate the remaining territorial units. The Bonsall map provides a range of 17.90 percent to 34.17 percent for Hispanic voters in an

"Part of the job of the demographic company is doing a good job of spreading out equal opportunities for different ethnicities," Jones said. "They did a good job of doing that."

Elections by-trustee area require candidates to live in that trustee area and the election for that seat is by voters within that trustee area. While an ethnic group can be considered a special interest, by-trustee area elections are more likely to protect a district against geographical, professional, or ideological special interests.

In the case of a geographical special interest it would no longer be possible for three candidates from that neighborhood to run for the board, sweep the election, and hold a majority. Although professional or ideological special interests could still win three individual seats and could still run as a slate, elections bytrustee area increase the chance of an independent candidate being elected.

In at-large elections in which voters select no more than two or no more than three candidates, an independent running against a slate is at a considerable disadvantage since a voter can select that independent plus one (in the case of two seats) or two (in the case of three seats) slate members or the voter could cast a ballot for the slate members. A single candidate against two or three incumbents also has that disadvantage with at-large elections, so elections by trustee area increase the chance of one challenger unseating an

Even under an at-large system separate recall petitions are needed to obtain a recall election against more than one board member. Separate recall petitions are still possible if the board is elected by trustee area, but only voters within that trustee area would be able to sign the petition and vote in the recall election. The minimum number of valid signatures for a recall election is based on the number of registered voters rather than the population.

If a trustee area has between 1,000 and 10,000 registered voters, the signatures of at least 25 percent of the voters are necessary for a recall election to occur. The signatures of at least 20 percent of the number of registered voters are required for a district or territorial unit with between 10,000 and 50,000 registered voters.

The California Elections Code authorizes the State Board of Education to waive the voter approval requirement for a school district to transition from at-large to by-trustee area elections, which reduces the cost to the school district of the transition as well as the risk that the voters may reject elections by trustee area.

Local agencies are allowed to revise their trustee area boundaries, contingent upon the areas having approximately equal population and the boundaries not being drawn to disenfranchise any specific group, as the district feels is warranted. Development projects in the northeast portion of the school district will likely shift the trustee area boundaries eastward, and while a district normally utilizes the census every 10 years to revise its boundaries, the Bonsall Unified School District could change the boundaries earlier if growth in an area creates an unequal population.

"We're going to have to monitor that," Jones said.

Trustee Area 4 includes the land immediately north of State Route 76 and east of Interstate 15 where approved development projects are in various stages.

Because the change takes effect with the 2020 elections, if Richard Olson, who was most recently elected to the board in 2016, chooses to run for re-election he will do so under the by-trustee area system. Larissa Anderson, who won a two-year term in the November 2018 election, will also run in a by-trustee area if she seeks a full term. The seats of the board members elected for fouryear terms in 2018 will change to by-trustee areas in 2022 although if any candidate dies, resigns, or is recalled prior to the filing deadline for the November 2020 election, the remainder of that term will be filled through a by-trustee area election.

"I'm just very pleased that the board was responsive," Jones said.



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3,061 sq ft single story home with 3 bedrooms and 2.5 baths. Home enjoys 1.1 acres of mature water efficient trees and colorful landscape. Home features oversized 2 car garage with dedicated guest parking as well as an oversized drive with additional parking. Interior has been updated. Fresh paint inside and out. Seller has meticulously maintained the home and landscaping.

Seller will entertain offers between \$795,000 & \$875,000



2,876 sq ft home with 3 bedrooms and 2.5 baths. 3.5 acres boasts a very active well with income producing avocado grove. Seller has done extensive remodeling throughout and has added seller owned solar. Huge energy efficient windows showcase views to the Santa Margarita River Valley. Home is also suitable for horses and enjoys immediate access to the Santa Margarita trail system.

Seller will entertain offers between \$750,000 & \$825,000



2,298 sq ft single story, 3BD, 2BA with 2 car garage nestled down a country lane on 2.25 level acres. Property has a 1,600 sq ft barn with concrete floor. Property has grandfathered well. Inside the home you will enjoy, granite counters in the kitchen, newer appliances, vaulted exposed wood ceilings in most rooms. Architectural features throughout. Views to the west and beautiful sunsets over the Pacific daily.

Seller will entertain offers between \$625,000 & \$700,000



This country charmer backs up to the Monserate Winery and is sure to go up in value once the tasting room and restaurant are built. All the romance of owning your own vineyard without the cost, headaches or farmer's hours. This 2,799 sq ft. 3BD, 3.5BA custom built home lives like a single story with a guest suite on the 2nd floor. Master suites on both 1st & 2nd floor. Buy a home that will be easy to update over time or all at once. Charm never goes out of style.

Seller will entertain offers between \$575,000 & \$650,000



1,893 sq ft, 3 bedroom, 2 bath, single story custom home with oversized 2+ car garage. Home sits on a .99 lush acre with colorful mature water tolerant landscape and is accessed by the circular drive. Home enjoys many upgrades throughout including new granite counters, custom cabinets, new stainless appliances, HVAC, 2 hot water heaters, and much more. Home is turn key ready!

Seller will entertain offers between \$570,000 & \$640,000



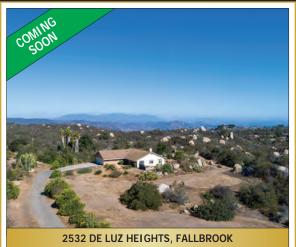
1,819 sq ft custom built single story home with 2 bedrooms, 2.5 baths and a wood burning fireplace. Home sits on .78 acres with oversized 2 car garage. Single owner home is last property on the lane with no HOA. View deck on back of the home has outdoor kitchen hook-ups and also enjoys afternoon breeze and beautiful sunsets. Perfect for 1st time home owner or easy care investment rental.

Seller will entertain offers between \$475,000 & \$550,000



2,500 sq ft 3BD, 3BA with 2 car garage, carport and work shop is on sewer and situated at the end of a quiet cul-de-sac on .5 acre. This historic early Fallbrook home was built in 1887. Veranda porch on 3 sides of the home, 12' ceilings, original hardwood floors, 2 ornate wood burning pot belly stoves, 2 claw foot tubs, spacious rooms, new roof, newer HVAC, new hot water heater, pool, room to garden and more.

Seller will entertain offers between \$650,000 & \$725,000



40+ acre property with well maintained 2,076 sq ft single story 3 bedroom, 2 bath home and oversized 3 car garage. Property is private, secluded and is excellent for farming protea, vineyard, cash crops, livestock, and more. Property is gentle, usable and is elevated to enjoy ocean breezes with a peak of the ocean. Home sits well off De Luz Heights Road and doesn't share a drive.

Seller will entertain offers between \$625,000 & \$700,000



1,367 sq ft 2 bedroom, 2 bath single story detached condo with oversized 1 car garage. Home has been upgraded with new granite counters throughout, new flooring in the kitchen and living areas. Vaulted ceilings, LED flush can lighting and a warm and inviting fireplace makes this an amazing place to call home. Home also enjoys courtyard entry and elevated views from the very lush and private patio backyard.

Seller will entertain offers between \$425,000 & \$500,000

6 weeks into the new year, our Concierge Brokerage is off and running with 5 sold and 9 more in escrow.

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Fallbrook Blanket Project receives \$2,000 grant

FALLBROOK – The Fallbrook Blanket Project, a 501(c)3 nonprofit organization, recently received a grant of \$2,000 from the Graef Family Foundation.

The Fallbrook Blanket Project was begun in November 2014 with the mission to provide blankets and other knitted or crocheted items to persons in need. To date, the project has created and given away over 350 twin-sized blankets and over 3,000 lap blankets, afghans, baby blankets, and other items.

Completed blankets and items have been given to worthy agencies including Fallbrook Senior Center Home Meals Delivery Program, Camp Pendleton Hospital, Operation Homefront, Serenity House, Solutions for Change, Operation Hope, Center for Community Solutions, Project Safe House, Women's Resource Center, Fallbrook VFW, and Polinsky Center for Child Protective Services.

Additionally, more than 60 blankets, afghans and other items were sent to aid the Houston and Rockport, Texas flood victims. Blankets were also given to Lilac fire victims. The project is currently preparing to send over 60 blankets, afghans, lap blankets and baby blankets to the Paradise, California fire victims.

Other items are regularly donated to fundraising events for REINS, Foundation for Senior Care, Fallbrook Senior Center, Fallbrook Pregnancy Resource Center, Women's Resource Center, Fallbrook Food Pantry and the Boys and Girls Clubs of North County.

The project welcomes anyone interested in knitting or crocheting to come to its two weekly sessions: Mondays from 10 a.m. to noon and Friday, same times, at the Fallbrook Public Library. Both groups include English- and Spanish-speaking individuals. Yarn, hooks and needles are provided along with instruction for those just learning.

Submitted by the Fallbrook Blanket Project.

Taking part in the grant presentation are, from left, Carmen Willard, Blanket Project founder and president; Cate Graef Prest, project participant and board member of the Graef Foundation; and Cathy Wick, project vice-president and founder of the Hooks and Needles group supporting the project. Not pictured is Brian Graef, a Graef Foundation Board member who, in addition to Cate, was instrumental in the grant-making process.

Courtesy photo





Help eradicate hunger in our community.

Volunteer at the Fallbrook Food Pantry by going to our website and clicking on our "Volunteer Hub". Everyone benefits when we all work together.



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Mon-Fri 9:30am-12:30pm www.Fallbrookfoodpantry.org

Rotarians volunteer at food pantry

FALLBROOK - On Feb. 2, Rotary Club of Fallbrook members spent the morning serving the community at the Fallbrook Food Pantry. Donated food items were sorted, boxed, and prepared for distribution to those with hunger needs.

Both the Rotary Club of Fallbrook and the Fallbrook Food Pantry appreciate the community for its thoughtfulness and generosity in donating these food items.

Community service is a priority for the Rotary Club of Fallbrook and is part of Rotary International's motto of "Service Above Self". For more information, see www. fallbrookrotary.org.

Submitted by the Fallbrook Food Pantry



Rotary Club of Fallbrook members volunteering at the Fallbrook Food Pantry include, from left, Jean Trygstad, Anne Klentz, Penny Johnson, Bonnie Lentz, Bob Halibozek, Connie Fish, Dale Mitchell and Bud Sutliff

Rotarians, from left, Anne Klentz, Jean Trygstad, Penny Johnson, and Bonnie Lentz place canned goods on shelves while Walt Parry opens boxes.

Courtesy photos



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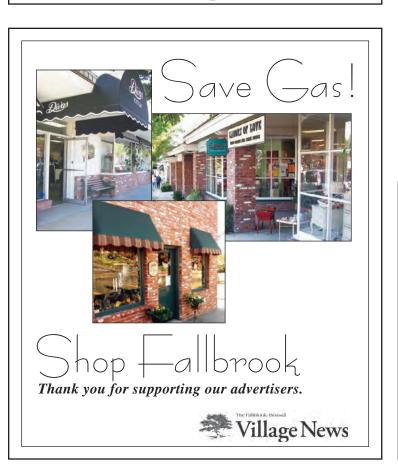


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Langer Baker earns three awards

FALLBROOK - The Fallbrook Art Association's January-February show featured 98 works of art, and Karen Langer Baker entered three pieces and was awarded three prizes. This month's judge was Marsha Gertenbach-Meers.

The show can be seen at The Gallery, 127 N. Main Ave., on Sundays from noon to 5 p.m. and Tuesdays through Saturdays from 11 a.m. to 5 p.m. until Feb. 17.

New shows are featured every month, starting on the Tuesday following the association's general meeting at the Fallbrook Women's Club on the third Saturday.

Submitted by Karen Langer

A watercolor by Karen Langer Baker, "Effulgence," is a second place winner in Fallbrook Art Association's January-February show.



Karen Langer Baker's raku ceramic "Ebb and Flow" is a first place winner.

Courtesy photos

Fallbrook man in Oceanside crash that killed three family members

City News Service

VISTA - A 19-year-old Oceanside man who allegedly plowed a pickup truck into an extended family's crowded car at an intersection near Buccaneer Beach while under the influence of drugs, killing a senior citizen and her two adult daughters and injuring three of their other relatives, was charged Feb. 7 with three counts of gross vehicular manslaughter while intoxicated.

Mason Robert Fish, who also faces felony and misdemeanor counts of DUI causing injury, possession of a controlled substance and driving without a license, faces 13 years in state prison if convicted as charged.

Fish entered a not guilty plea and had his bail upped from \$602,000 to \$800,000. He made bail and was released from jail Feb. 9 but is due back at the Vista courthouse on March 27 for a readiness conference.

The Feb. 5 afternoon crash killed 74-year-old Rufina Arango Rodriguez of Oceanside, and her daughters, 40-year-old Petra Arango of Oceanside, and 56-yearold Eloina Arango of Mexico.

Three other family members were injured, including Petra Arango's 13- year-old daughter; Arango's father, 82-yearold Aquilino Arango Ojeda of Fallbrook, and Arango's husband, 43-year-old Rey David Velasco Herrera of Oceanside. The octogenarian and the girl were released from the hospital Feb. 6, according to police, while an update on Herrera's condition was

unavailable. Fish was heading south on South Coast Highway shortly before 1 p.m. when he allegedly ran a red light at Oceanside Boulevard, crashing his 2007 Toyota Tacoma into the driver's side of an eastbound 2003 Mazda sedan, according to police. The broadside impact sent the sedan spinning "violently" across the road crossing and ejected two of the four backseat passengers, Petra Arango and her daughter, onto the

pavement, Sgt. Rick Davis said.

Medics took the teenager, whose name was not released, and her mother to hospitals. Physicians pronounced Petra Arango dead about an hour after the crash.

The two men in the front seats of the Mazda -- Ojeda and Herrera -wound up trapped in the wreckage. After firefighters freed them, they were taken to trauma centers for treatment of what were described as moderately serious injuries.

It appeared that none of the

family members were wearing seat belts at the time of the collision, Davis said. Fish was uninjured in the crash. Davis declined to specify what kind of drug Fish allegedly had in his system at the time of the deadly crash, but the criminal complaint alleges he was in possession of cocaine.

Family members are currently trying to raise \$25,000 for funeral costs, with a GoFundMe page created for Remedios Arango, identified online as the brother and

son of the deceased victims.

James C. Alvord

https://www.gofundme.com/remy-To contribute to the family, visit arango-family-fund.

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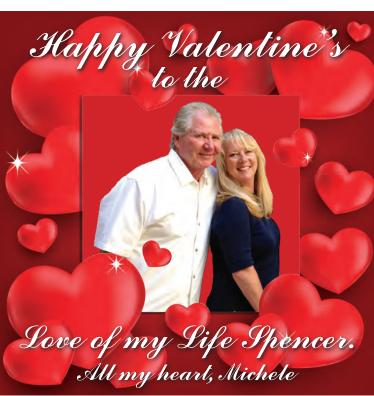
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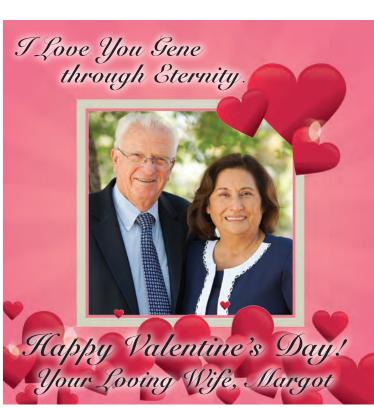
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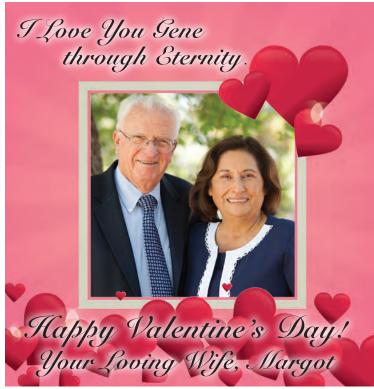


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CNN

from page A-1

and I don't have a problem with it."

Merritt, 61, of Homeland, is accused of murdering the Fallbrook family and burying their bodies in a San Bernardino desert.

The McStay family, who lived in the Lake Rancho Viejo housing development east of Interstate 15, was last seen alive Feb. 4, 2010. Relatives reported them missing a few days later.

The San Diego County Sheriff's Department and FBI handled the investigation into the family's disappearance in the early years with no resolution.

In November 2013, the skeletal remains of the four family members were discovered in shallow graves by a motorcyclist in the Mojave desert. Records show that all four were beaten to death, most likely with a sledgehammer.

At that point, the investigation was taken over by the San Bernardino County Sheriff's Department.

Investigators contend that Merritt, who designed and built custom fountains for McStay's business, Earth Inspired Products, was in debt to the tune of \$30,000 to Joseph McStay at the time of the murders.

Prosecutors maintain that greed was the basis for Merritt committing the murders.

The jury of eight women, four men, and six alternates are hearing the case that is expected to last three to four months and began on Jan. 7.

On Tuesday, Feb. 5, the prosecution called a forensic media image processing reconstruction expert, Leonid Rudin, of Cognitech Inc. who said the headlights and taillights line up with the truck that prosecutors say Merritt owns in a video provided by a neighbor around the time the McStay family's disappearance took place.

Rudin said while he cannot eliminate Merritt's truck as the same one in the video, he cannot also confirm that it was his truck.

"At this point, we would not call it consistent or inconsistent," Rudin said.

"The bottom line is, you cannot eliminate it," Judge Smith asked. "I cannot eliminate it, no,"

Rudin responded. Also on Feb. 6, Ryan Baker, a former QuickBooks customer service representative testified via

TALES

from page A-1

RV that the man brought to their property was towed in and the man planned to take the engine that the Jimenezes gave him and put it into his RV.

Then everything went south from there, according to Susan.

"At first it was just him, then his wife moved in, then his offspring," Susan said. "Then other people came to visit and stay. Before you know it, they acted as if they own the place."

Gilbert, who suffers from Post Traumatic Stress Disorder, got

"My husband told them, 'you need to move now," Susan said. "They said, they didn't need to. They said they had rights so they could live there. Tenants rights."

Susan contacted their lawyer who told her that they may be considered at-will tenants, even though no money had been exchanged between the two parties.

Over the next few weeks and months, each party called the sheriff's on each other several times until the man and his family decided to leave.

'We had the Sheriff come and look inside the RV," Susan said. "He said there's nobody here, so we had the RV towed out."

Susan said now the couple is dealing with the mess left behind and the county that wants that mess removed, as well as permitting issues.

"Did we go about this all wrong?" Susan asked. "Here we thought we were doing something good for our veterans, but we got shafted. I am just worried that he's going to do this to somebody else."

Skype from Virginia about a call he received on Feb. 8, 2010, from a man who identified himself as Joseph McStay, four days after the McStay family is alleged to have gone missing.

Baker said the man asked Baker to delete the business account and that Baker sent an email to the address listed on the Earth Inspired Products account, which McStay owned, asking for more information.

Baker said he never received a response from that email account, nor did he receive a response to follow up emails several days later, until a final email he sent indicated he was going to close the request case.

Also on Tuesday, Feb. 6, San Bernardino County Sheriff's Department Crime Scene Specialist Michael Russ testified about the FARO scanner and how it worked.

Russ testified in crossexamination that he found no evidence of blood in the cargo and cab portions of Merritt's truck during a test done in 2014.

Also on Friday, San Bernardino County Sheriff's detective Jason Schroeder, Hi-tech Crime Division, Hesperia Police Department, testified about the contents of computers and devices associated with the investigation.

His testimony was halted by an early break for the court and there was no testimony given on Friday, Feb. 8 or Monday, Feb. 11 or Tuesday, Feb. 12 due to Abraham Lincoln's birthday.

Jeff Pack can be contacted at jpack@reedermedia.com.

STUDENTS

from page A-1

the young lady that you are, your confidence, your caring nature makes me very happy and proud of you," Arianna's mother, Ana Arias, said. "I'm so excited to see all the greatness that you have in your heart and all of the greatness and everything that awaits for you in the future."

Arias thanked the committee for their hard work in putting on the event and told the audience she plans to pursue her dream of becoming a pediatrician.

Joshua Zinniger was nominated by Jacob Bagnell.

Bagnell talked about the paper he gives to nominees to write about things they are proud of. Zinniger wrote down that he's the vice president of Skills USA and platoon sergeant of the campus' ROTC program.

"But then it started getting to really cool stuff," Bagnell said. "So, for instance one of the things he's proud of in high school is that he was helping other kids succeed, making new friends in all of his classes, helping out with the community after the Lilac fire. They went out and helped with cleanup, putting others needs in front of his own. That's a high school kid saying what he's proud of in high school, learning new techniques to things I already know, opening myself up to new ideas using creativity and make others laugh and smile and teaching others new ways to

"His proudest moments in high school are making other people smile and helping other people."

"I think that college isn't for everybody and I really think we're fortunate at Fallbrook High to have these programs where students can learn a trade like metal shop and welding and CAD engineering and ROTC," said Josh's father, Michael Zinniger. "It's really turned my son's life around and he's found a passion and he's already got a job in the community because of that. I'm just really proud of Josh and the turnaround he's had; he's just the happy-go-lucky kid and he's apparently popular.'

Zinneger congratulated the other students of the month, the committee, his teachers and family and friends for the support.

"Everybody that's helped me in getting here and starting this new career path," he said. "I hope everybody gets to have that with their life.

Bennielyn Verrett

nominated Hanson.

"One of the joys of being a teacher and being an educator is to be able to see students grow," Verrett said. "To see them just strive and succeed and do their best this is one of those young ladies that's standing right here in front of you.

"Most of all, Kelssea is just a great person. She has a heart for others, she is very committed to her work, her tasks, she really tries the best that she can in everything that she does."

After she graduates, Hanson plans to attend Palomar College to complete her general education and then move on to college.

"I'd like to go to college and get a career path in interior design or architecture," Hanson said. "It's always been a really big thing that I wanted to go into, it's always interested me. It's what I want to do with my life; thank you guys again."



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Dreams come true at 'Night to Shine' event

Cari Hachmann

Special to the Village News

On the night of Feb. 8, North Coast Church in Vista was one of nearly 700 churches around the world to host an unforgettable prom night for people with special

The 2019 Night to Shine event, sponsored by the Tim Tebow Foundation, welcomed more than 230 guests with special needs aged 14 and older free of charge.

Tebow, a former Florida Gators quarterback and Christian, launched Night to Shine in 2014 as a way to show God's love to those who are not often celebrated

A Fallbrook mother said it was like a dream come true for her 21-year-old daughter to attend the event as she was never able to at her high school due to her special needs.

Kerri McDaniels is mother

to the young woman with autism, mild cerebral palsy and developmental delays. She and her husband heard about 'Night to Shine' through the North Coast Church they attend in Fallbrook.

She said Friday's event was "amazing" and her daughter had a great time. The young woman was especially excited at the chance to wear a favorite dress she wore once before for a Cinderella

"It was their opportunity to shine and have a night that was special to them," McDaniels said. Many dresses and tuxedos were

donated for the attendees to wear. "It was set up to meet everyone's needs," said McDaniels.

At the prom, each individual was paired up with an enthusiastic volunteer for the night, while parents got to enjoy a little respite – a private dinner on the church grounds accompanied by jazz music.



Volunteer Darcy Kuran, center, accompanies two "Night to Shine" guests on their limousine ride.

Courtesy photos



Guests create keepsake pictures with funny props in two photo booths at the prom.

The event began at 5 p.m., but guests could come early to get their hair and make up done or shoes shined, all by volunteers who helped make the magic happen that evening. Volunteers ranged from friends and family members to churchgoers and even some local Marines looking sharp in uniform.

All volunteers had to undergo a background check and complete special training for the night.

At 6:30 p.m. the red carpet was rolled out and attendees were cheered on by volunteers dressed like paparazzi and their favorite Disney princesses and comic book heroes as they walked into the church.

Meanwhile, nearly 100,000 other dressed-up guests across the country and globe in places like Mexico, Kenya and New Zealand were sharing similar experiences on the same night.

North Coast Church agreed to be a part of the Night to Shine program as part of a movement to celebrate those who are "differently-abled."

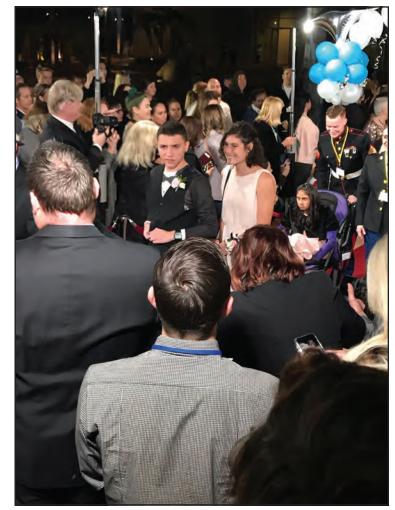
Those in attendance were pampered with all the royal treatment of a proper prom including corsages and boutonnieres, limousine rides, a catered dinner, karaoke, prom favors and a dance floor with a DJ.

The night glistened to an end when each person was crowned king or queen of the prom.

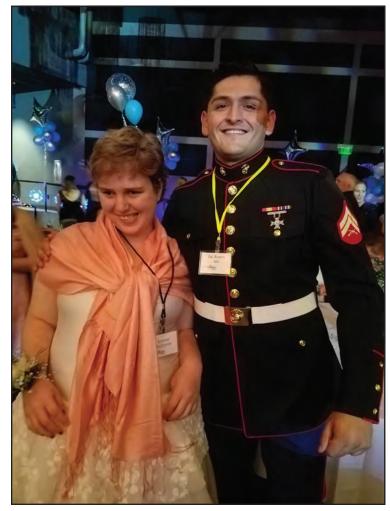
Parents were able to watch all the fun shake down from a giant screen in a separate church building where they were served an Italian-style dinner.

Aside from a much-needed opportunity to relax, McDaniels said it was also a time to get to know other parents and families who shared the reality of raising a child or adult with special needs.

"A lot of time our days are filled with behavior challenges, doctor appointments, therapy... and there's just not much time for socialization," she said. "It was really neat to have the time to not be a caregiver for a while and just enjoy."



Sam Britton attends "Night to Shine" with his buddy Audrey.



Cpl. Ricardo Ixta, one of several volunteers from Camp Pendleton, pauses for a photo, making guest Summer McDaniel feel very special.



Fallbrook residents attending "Night to Shine" include, from left, John Feskanich, Ryan Hampel, Tony McCumbers and Evan White.



Tony McCumbers enters North Coast Church in Vista wearing a boutonniere from The Social Flower which also donated corsages for the ladies.

HEALTH

Advanced Slimming Technology helps to naturally slim, shape and tone

Julie Reeder Publisher

Omega Brain Health Nutrition and Wellness Center offers a low-level laser therapy to help naturally slim, shape and tone areas including the waist, hips, thighs and upper arms. It also increases collagen and elastin formation while contouring the body and creating a slimmer appearance.

According to Dr. Terry Rondberg, Omega Brain Health Nutrition and Wellness Center founder, LLLT has also been shown to enhance the body's ability to heal itself while reducing pain. It is safe and painless, and results are often rapid with no side effects.

During treatment, those who choose LLLT will be placed lying down on a treatment table. Special pads will be positioned in strategic places on the body as the patient receives a 25-minute session.

Rondberg explained that the unique light emitted from

Lipo-Melt causes the fat cell membranes to temporarily alter the permeability of the cell wall. This brief change allows some of the fat contents to seep out to where it can be processed by the body. The process also increases collagen and elastin in the skin while creating a slimmer appearance.

After being released, the fat, which shrinks to a fraction of its regular size, is broken down into free fatty acids and glycerol and enters the bloodstream. Once in the bloodstream, the fatty acids can be either used as fuel or quickly eliminated by the body.

Rondberg said LipoMelt treatment can be effectively used on essentially every part of the body where localized fat deposits exist that are resistant to diet and exercise. This includes the waist, hips, upper legs, thighs and upper arms, and results can be seen after just one treatment

For best results, Rondberg also recommended a detox or liver cleanse.

"Your liver is the ultimate filter



In LipoMelt treatment, the patient receives a 25-minute session of low-level laser therapy.

Courtesy photos

to remove toxins and nutrient byproducts from the body," he explained. "The fast release of fat can sometimes overwhelm the liver, and for this reason a high quality liver cleanse is recommended."

According to Rondberg, the results can be long-lasting; however, Lipomelt does not destroy fat cells but releases some of their contents. If a client's caloric intake is significantly higher than they require, their body will eventually store fat again. For this reason, he recommends a maintenance program of once or twice per month after the desired results are attained.

Rondberg said there are no risks or side effects involved in using LipoMelt. It is considered a safe alternative to invasive procedures such as traditional liposuction. The LipoMelt treatment is 100 percent non-invasive and does not cause any bruising or scarring.

Although LipoMelt is safe, there are the usual contraindications which include pregnancy, active cancer, pacemaker, HIV/AIDs, and Hepatitis C.

"No changes to the diet are required," Rondberg said. "But patients can expect better results if they reduce their caloric intake somewhat and increase their water consumption.'

According to Rondberg, each session should be followed by 10 minutes of exercise or whole body vibration to stimulate circulation and help burn the fat that has been released. Omega Brain Health provides whole body vibration to patients who choose LLLT as a weight loss option.

Clients undergoing LipoMelt, which is based on over 40 years of research beginning with NASA experimentation, have noticed great improvement with cellulite as well as skin tone and texture.

LLLT achieved safe and significant girth loss sustained over repeated treatments and cumulative over four weeks of eight treatments. The girth loss from the waist gave clinically and statistically significant cosmetic improvement.

For more information that LLLT works, see the National Institute of Health's webpage at www. ncbi.nlm.nih.gov, and click on "PubMed." From there, search "low-level laser therapy."

For more information and links to research verifying the validity of LLLT, visit www.myvalleynews.

Julie Reeder can be reached by email at jreeder@reedermedia.



The LipoMelt treatment increases collagen and elastin formation while contouring the body and creating a slimmer appearance.

How to avoid cancer causing plastics

Ty Bollinger

Special to the Village News

Chemical companies promised the world that they would change the way people lived through science with plastics. They're in everything these days, and avoiding them completely is next to impossible. So which types are relatively safe and which are the cancer-causing plastics to avoid?

The question is common with

health-minded folks who are most commonly used plastics increasingly asking as they dig in consumer products. These through their pantries whether or not they should keep drinking water out of plastic bottles or consume meal leftovers stored in plastic containers. It's a battle of convenience versus toxicity, but one that science can help mediate.

The Society of the Plastics Industry created a classification system back in 1988 that differentiates between the seven include the following, which can be identified on the bottoms of plastic containers inside a triangular recycling insignia:

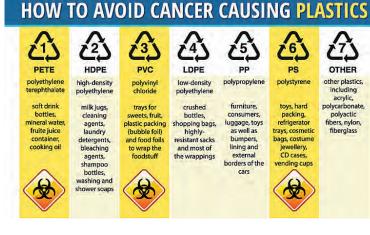
1: PETE or PET (polyethylene

terephthalate) 2: HDPE (high-density

polyethylene)

3: PVC (polyvinyl chloride) 4:LDPE (low-density

polyethylene)





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5: PP (polypropylene)

6: PS (polystyrene, or styrofoam) 7: Other (includes polycarbonate and polylactide)

Each of these plastic types comes with its own set of risks, but some are far safer than others. The first category, PETE or PET, is a common plastic material often used to store beverages. It's considered a higher-risk plastic intended for single use only because it can potentially leach heavy metals and other chemicals into fluid.

German researchers discovered back in 2009 that PET plastic is much like the infamous bisphenol-A chemical in that it can interfere with proper hormone expression and production. The consequences of such exposure, if left unchecked, can increase one's risk of developing cancer.

The third category, PVC, also poses an elevated risk of cancer and other health issues. Often used in plastic food wrapping, cooking oil containers and toys for both animals and pets, PVC is classified by the Environmental Protection Agency as a "major concern" when it comes to cancer risk.

Then there's category 6, polystyrene, which is recognized as a possible human carcinogen. Also known by the brand name Styrofoam, this plastic material

is a staple in to-go cups and takeout containers, and studies have linked it to reproductive health problems. Research out of Harvard University suggests exposure to polystyrene may cause abnormal pulmonary function. chromosomal damage and various types of cancer. As of July 1, 2015, New York City banned polystyrene or Styrofoam containers.

Stick with HDPE and LDPE, if plastic is a must.

The best bet is to use only No. 2 high-density polyethylene and No. 4 low-density polyethylene plastics to minimize the risk of health problems. HDPE plastic is most commonly used in milk cartons – the semi-transparent, whitish kind - and detergent bottles, while LDPE is often used in shrink wrap, plastic bags and condiment bottles.

The Natural Resources Defense Council also contends that No. 5 polypropylene plastic is a safer option as well; however it must be noted that a survey conducted by the Milwaukee Journal Sentinel found that supposedly "microwave-safe" food packaged in No. 5 PP still contained leached

Article courtesy of https:// thetruthaboutcancer.com.

Loma Linda University Health expects to have greater impact on federal policy in 2019

Heather Reifsnyder

Special to the Village News

Just blocks from the U.S. Capitol, the Adventist Health Policy Association, an affiliation of five Seventh-day Adventist healthcare systems including Loma Linda University Health, has opened a new office in Washington. From the new office, AHPA President Carlyle Walton will lead the association's efforts to advance crucial policy and advocacy priorities that ensure member hospitals can provide high quality, accessible healthcare.

"AHPA's board of directors decided recently that it's essential to develop a presence in Washington, D.C., in order to have the influence we envision on a national level. We are establishing clear objectives for helping to shape the federal agenda," Dr. Richard Hart, president of Loma Linda University Health and AHPA board member, said.

Loma Linda University Health provides the association's principal research and academic center through the Institute for Health Policy and Leadership, which is devoted to innovative scholarship and service in health policy. The Loma Linda institute partners in AHPA's national efforts by mobilizing policy expertise, stimulating evidencebased discussions and developing practical ideas that create better health for whole communities.

AHPA serves as the policy and advocacy voice for more than 90 hospitals in 17 states. Affiliated health entities include more than 350 other provider organizations such as associated medical groups, nursing homes, outpatient centers and home care entities.

The organization aims to ensure existing and new federal legislation, policies, rules and guidelines allow its members to fulfill their mission of outstanding, faith-based healthcare; to analyze the impact of proposed federal policy and regulations on Adventist hospitals, focusing on five to six common issues each year and to demonstrate a united voice for health policy issues in which members have common interests.

The board of directors will soon finalize AHPA's strategic priorities for 2019, a blend of the imperatives of Loma Linda University Health and the other health systems AHPA serves.

"Seventh-day Adventist hospitals represent a major sector of the U.S. health system and working together on key issues allows us to have a meaningful



Helen Jung, senior policy analyst at Loma Linda University Health's Institute for Health Policy and Leadership, center, visits the new Washington office of the Adventist Health Policy Association to collaborate with association president Carlyle Walton and executive assistant Keila Byass.

impact in crafting and advancing a whole-person, patient-focused national healthcare agenda that includes strong input into the policies and issues affecting our healthcare system," Walton said.

Walton was appointed president of AHPA this summer. He previously served as CEO of Metroplex Health System, which is part of AdventHealth which was formerly Adventist Health System

and a founding member of AHPA. To learn more about AHPA, visit www.adventisthealthpolicy.org.

Submitted by Loma Linda University Health.

Parkinson's disease support group to hear about visceral manipulation

 $FALLBROOK-The\ Fallbrook$ Parkinson Support Group will hold their monthly meeting Friday, Feb. 22, from 10 am to noon. The meeting will be held in the fellowship hall of Christ the King Lutheran Church, 1620 S. Stage Coach Lane. The meetings are held the fourth Friday of each month.

This month's speaker, Roeshan Shadravan, Ph.D., is osteopathic manual practitioner of integrative functional medicine, cellular nutrition, detox, natural pain resolution and brain and gut health. Shadravan is a performance, movement and manual sports medicine practitioner and educator with a focus on pain management, neural communication, nutrition, cellular health and detox, biomechanics, breathwork, fascia and joint health. Shadravan also holds a master's degree in athletic therapy and is currently completing her second doctorate in naprapathic medicine.

In addition to being featured in the Huffington Post, numerous publications and podcasts, Shadravan is featured in the MELT Method self-care videos, teaches internationally and assists in teacher trainings. Over the past two decades, Shadravan has worked with a broad range of clientele from Olympians and corporate executives to infants, sports teams, professional athletes, seniors, teens and everything in between.

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Submitted by San Diego Blood

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therapeutic techniques to address the root cause of disharmony and miscommunication in the brain, nervous system, joints, muscles and the connective tissue system of the body, Shadravan works to restore balance and neural communication, remove stress and relieve pain in the body improving quality of life, posture and performance.

Shadravan's motto in life is, 'You deserve to feel your best and keep doing what you love in happiness and good health for a

She has trained, mentored and studied globally with world-renowned movement specialists, manual therapists, fascia researchers, osteopaths and naturopathic doctors.

A therapy of particular interest in approaching Parkinson's disease is visceral manipulation, an osteopathic technique used to locate and solve problems throughout the body. It encourages the body's own natural healing for managing this stress, which

functioning of organs, dissipate the negative effects of stress, enhance mobility of the musculoskeletal system through the connective tissue attachments and influence general metabolism health.

Visceral manipulation assists functional and structural imbalances throughout the body including musculoskeletal, vascular, nervous, urogenital, respiratory, digestive and lymphatic dysfunction. It evaluates and treats the dynamics of motion and suspension in relation to organs, membranes, fascia and ligaments. Visceral manipulation increases proprioceptive communication within the body, thereby revitalizing a person and relieving symptoms of pain, dysfunction and poor posture.

Experts estimate that upwards of 90 percent of disease is stressrelated. And perhaps nothing ages people faster, internally and externally, than high stress. mechanisms to improve the translates into: decreased anxiety, enhanced sleep quality, greater energy, improved concentration, increased circulation and reduced

A time of sharing, coffee and refreshments will follow the program. The meeting is held in support of persons with Parkinson's disease, care partners and people interested in improving the world of those affected by Parkinson's disease.

For more information, call Irene at (760) 731-0171 or Vicki at (760) 728-7117.

Submitted by Fallbrook Parkinson's Support Group.



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ENTERTAINMENT

Joe's Cafe is Smokin'

Elizabeth Youngman-Westphal

Special to the Village News

"Smokey Joe's Café" swings! It is a happy, sassy, hard-hitting rock & roll triumph!

A reprisal of Broadway's longest running hit show with over 2,000 performances, this show will go down as one of NVA's best. Maybe

You watch. New Village Arts will sell out "Smokey Joe's Café".

If it isn't too late to get a seat this is what will happen. First, you'll be overcome by uncontrollable toe-tapping. Second, you'll be encouraged to join into choreographed bursts of group clapping which will, no doubt, result in spontaneous, unruly seat-dancing.

The song list embodies the very heart of rock 'n' roll. Songwriting's royalty Jerry Leiber and Mike Stoller were together for over 60 years writing tunes for genre legends. They were to rock & roll what Moss and Hart, Rogers and Hammerstein, and the Gershwin brothers were to Broadway.

In 1990, Rolling Stone Magazine wrote about the team of Leiber and Stoller, "(they)... initiated ...the sensual and spiritual intimacies of urban black culture that fueled the birth of rock & roll. Their music captured the essence and nuances... cool hilarity...while transcending it – heavy-duty R&B with a pop sensibility and lyric universality."

This team wrote some of the alltime best rock and roll songs ever recorded! Who could ever forget "Ruby Baby," "Fools Fall in Love," "Jailhouse Rock" or "Stand by Me"? Oh, wait. They also wrote "Hound Dog" and "I Am a Woman." By the way, in this show, there are 39 of these hit songs. It's like a generation of American Bandstand in one night.

Each of the nine performers gets to showcase his or her talent along the way.

Without a written dialogue, everything flows evenly from one song to the next with each one seeming to get better than the last. Until the next to the last number.

"Stand by Me" is sung by Kyle Leatherbury. Finally, Leatherbury gets to shine. A knock-it-out-of-thepark performance.

Earlier, Jasmine January is full of mischief when she reminds us she is "Trouble" and fall down hilarious when telling the story about "Don Juan." She is a diva.

New to the area is NVA's latest find, Philip David Black and his booming bass voice. An excellent singer/dancer even though here he is only in the ensemble, Black still shines throughout. He is leading man material. The man's got swag.

Natasha Baenisch is back at NVA taking off some time from her year-round gig at Lego Land. She has more voice and spunk than her opening outfit suggests but is dressed to suit as the show rolls on. While too young for any of the big girl songs, she holds her own in "I Am A Woman" and when she does the shimmy or dancing with Trevor Rex to Leatherbury's "Spanish Harlem". The only thing missing would be castanets. While Baenisch is extremely lithe and limber and itty bitty, she is still a firecracker.

Kevin "Blax" Burroughs is another local guy with a long performance resume, which is one of many things making this such a great show. Blax gets a chance to shine going so far as to tackle "Treat Me Nice" (once covered by Elvis) and made it his own.

Trevor Rex is a superb dancer and vocalist. Rex's moment happens when he perfectly mimics the iconic Elvis hip swivel in the opening down beat from Presley's first movie "Jailhouse Rock" in 1957. A blazing triumph.

Another surprise is NVA



Performing "I Am a Woman" at New Village Arts production of "Smokey

Darren Scott Photography photos Joe's Café" are, from left, Melissa Fernandes, Jasmine January, Natasha Baenisch, and Eboni Muse.

newbie Isaac Kalimo. Last seen in "Shockheaded Peter" at the Cygnet, it needs to be said, his talent was overshadowed by the production.

Director Houck has done a really, really good job pulling this remarkable cast together. Allowing the artists to do be their best. As Kalimo is here.

Playing next to him is veteran Melissa Fernandez. Always showing up with her A-game, she does so here too. Her performances are always courageous and front forward, never holding anything back. A delight to watch.

Saving a favorite for last, Eboni Muse is true to herself. I get her. I am a fan. Part of the fun is waiting to see what she will bring this time to top her last performance. Never has she disappointed. Again, Miss Muse gives her every thing. First comes her hair and then her smile before her eyes start to sparkle indicating she is about to fill the air with the ultimate joy of her voice.

Benjamin Goniea is the conductor/ keys for the onstage band and a thank you note needs to be written to his parents for paying for all those lessons. As in this case, a good conductor brings together only the best musicians to join him. Marc Akiyama is on percussion/drums; Kyle Bayquen simply stole my heart on bass; Andrew Snyder is on guitar and at this performance Matt Gill was on sax.

Christopher Scott Murillo is the creative set designer on this show, Bryon Anderson handles sound with Chris Renda on lights. Lastly, Samantha Vesco needs a bigger costume budget to dress this cast appropriately. Somebody needs to step up the wardrobe account because it appears this cast is dressed from their own closets. Meanwhile, choreographer Michael Mizerany leads the cast in every kind of dance including The Floss but somehow, he didn't have time to teach them how to jitterbug. But, every other dance was fantastic.

All said, this show will rank high amongst the season's winners."Smokey Joe's Café" runs until March 10 at NVA in Carlsbad at 2787 State Street with plenty of free parking at the Coaster lot just behind the theatre.

Tickets may be hard to come by for this show so hurry. Contact the Box office at (760) 433-3245 or www.newvillagearts.org. What a great evening of entertainment. This show is rated 9.25 out of 10.

By the way, New Village Arts is replacing their next show with "Little Shop of Horrors" opening April 13.

The writer can be reached at eyoungman@reedermedia.com.

Tour adobe homes from 'Mission to Modern' in Pauma Valley

PAUMA VALLEY – The Eighth Annual Adobe Home Tour includes an adobe mission, an adobe church, a classic rancho-style adobe and four modern-design adobe homes, hence the theme – Mission to Modern. The tour will take place March 24 from 11 a.m. to 4 p.m.

Cost of tickets is \$27. To order, visit http://adobehometour.com, or the Escondido History Center, 321 N Broadway, Escondido, 92025, http://escondidohistory.com. Ticket holders will pick up their program at St. Francis Episcopal Church. The tour program lists the addresses and directions to the Pauma Valley homes and the Pala Mission.

Proceeds from the tour benefit the Escondido History Center, St. Francis Episcopal Church and Pala Mission. The legacy of the Pauma Valley area is interwoven with the history of Spanish Missions, Native American tribes, Hollywood celebrities and wealthy executives.

For centuries Pauma Valley has been home to the Pauma Band of Luiseño Mission Indians and the La Jolla Band of Luiseño Indians. Pauma is an Indian word meaning "I bring water" or "a place where there is water."

It was the abundance of water and fertile valley that attracted an exploration party from the San Diego Mission, led by Father Juan Mariner to the area in 1795. They were the first group of white men to come to Pauma Valley.

In 1816, the Pala Mission was established as one of the asistencia" (extension or sub-mission) missions to Mission San Luis Rey de Francia built in 1798 closer to the coast. The site was chosen because it was a natural congregating place for the large Native population.

Between 1955 and 1959, the Pala Mission was restored by Father Janarius Carillo with the help of Larry Weir, well-known builder of adobe homes and a band of Luiseño and Cupeño Indians. The mission is one of the few missions that continues to hold regular Sunday services and is available for viewing after 1 p.m. as part of the Adobe Home Tour.

The Lazy H Ranch of Pauma Valley, started in 1920, was



The bell tower at Pala Mission can be seen on the Eighth Courtesy photo Annual Adobe Home Tour, March 24.

originally a working ranch. In 1950 it became a private resort known as the Lazy H Sky Ranch and attracted local celebrities to the area. It was operated by Thomas Colby who owned an adobe home next door designed by Larry Weir and built by Weir Bros. Adobe Construction Co. The home, which features a swimming pool in the living room will be one of the homes on the 2019 Adobe Home Tour.

In the late 1960s, the Utah Mining Company chose the beautiful Pauma Valley with its mountain views as a site to develop several hundred homes, a country club, golf course and a private landing strip. The developers encouraged the use of adobe bricks and natural building materials for residential construction and the Country Club.

Of the several hundred homes within the Pauma Valley Country Club Estates, about 80 are adobes, many designed by Don Brandenburger incorporating a unique Modern design. The houses feature cathedral ceilings, openbeam construction and soaring windows to take in the incredible views. The residential enclave attracted celebrities and wealthy executives from all over the U.S. looking for a secluded and serene location for vacation homes.

While three of the homes inside the gates of the Pauma Valley Country Club on the tour feature the Modern design, one of the homes is a classic rancho-design adobe that wraps around an open courtyard complete with a fountain. The home was built by Jack Weir in 1970 and all the fixtures and cabinetry are

Recognizing the Native American heritage of Pauma Valley, many of the streets have Indian names: cahuka, meaning Indian spirit, katkat, meaning duck, moyla meaning moon and womsi meaning snowbird, among others.

Just outside the private gates of the Pauma Valley Country Club Estates is St. Francis Episcopal Church, built of adobe in 1975 and open during tour hours. Ray Person, real estate agent for the Utah Mining Company worked with architect Richard Lamsden of Fallbrook and builder John Halper of Escondido. Halper learned adobe construction from working with Jack Weir. The church features stained glass windows based on the poem, "Canticle of Brother Sun" written by St. Francis Assisi.

The Eighth Annual Adobe Home Tour is a project of the San Diego Adobe Heritage Association, whose mission is to inspire the appreciation and understanding of adobe heritage.

For more information, visit http://adobehometour.com.

Submitted by the San Diego Adobe Heritage Association.

King's Players are looking for actors

FALLBROOK - Christ the King Lutheran Church's "King's Players" are in need of two young men actors for their production of "The Ark". Actors between the ages of 15 and 35 are needed. "The Ark" is a musical and all performers will be called upon to sing and dance.

Rehearsals are Monday and Friday evenings and performances will be May 10, 11, 17 and 18 at Christ the King.

Interested actors are asked to contact the director, Mary Fry, at mefry0713@yahoo.com immediately as rehearsals have already started.

San Diego Golf & Craft Beer Festival arrives at Pala Mesa Resort March 1

SAN DIEGO - The San Diego Golf & Craft Beer Festival lands at Pala Mesa Resort in Fallbrook on Friday and Saturday, March 1 and 2 between 10 a.m. and 4 p.m. each day. The festival will feature all of the latest golf has to offer, some of the top craft beers in the valley for those over 21 years of age, free golf clinics and much more.

Golfers of all ages and skill range will have the opportunity to test out the latest gear by the top club makers and receive hands-on training from PGA pros. If that's not enough, there'll be a variety of vendors displaying all the latest in golf clothing, shoes, bags, clubs and more with special pricing.

As part of the admission, attendees will receive a certificate good for a free round of golf at Pala Mesa Golf Club (tee time restrictions and a small cart fee apply) just for attending. They will also get to see "Capt'n Crush" Lynn Ray's amazing golf trick shot and long drive shows at 11 a.m. and 1 p.m. each day and free golf clinics by Pala Mesa Resort PGA professionals at noon each day.

Some of the featured beers include Alesmith Sublime, Mexican Lager, Stone IPA, Refuge Blood Orange Wit, Iron Fist Renegade Blonde, and more. There will be lots of food and beverage available during the show for purchase as well as live music following the show at the Pala Mesa

Here are just a few of the things happening at the Festival:

- The first 250 attendees each day get a free sleeve of Srixon golf
- Sample the top craft beers in the

- valley (12 oz. pours for just \$8)
- Meet the reps from TaylorMade, PING, Cobra, Callaway, Cleveland/Srixon, Wilson and
- Get some amazing deals on name brand clubs, apparel, bags, shoes by Puma, Callaway, Foot Joy, Matte Grey, Ping, Black Clover, Oxford and Bermuda Sands
- Take your best shot in a Putting Challenge to support the Special Olympics and win an exclusive Stay and Play package at the Pala Mesa Resort
- Check out the hottest new putters on the market by Musty Putters
- Enjoy some great food served up by Pala Mesa Resort
- Get a free ticket to see the San Diego Sockers and the LPGA KIA Classic just for entering the putting contest or raffle
- Rock out to some live music at Pala Mesa Resort following the

The San Diego Golf & Craft Beer Festival is sponsored in part by The Mighty 1090 Radio Station, KIA Classic, San Diego Sockers, Fox TV 5, Pala Mesa Resort and Welk Resort. Admission is \$20 for adults over 21 (tickets purchased online prior to the show are just \$15 at www. golffestshows.com), \$15 for 11-20 year olds, and children under 10 are admitted free. Show hours are from 10 a.m. to 4 p.m. both days and there will be live music following the show.

Pala Mesa Resort is located at 2001 Old Highway 395, Fallbrook and tickets can be purchased at www. golffestshows.com.

Submitted by Golf Fest.

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FALLBROOK COMMUNITY PLANNING GROUP

DESIGN REVIEW BOARD

Regular Meeting Monday 18 February 2019, 7:00 P.M., Live Oak School, 1978 Reche Road, Fallbrook AGENDA as of 1/27/2019

- Vice-chairman Jack Wood to administer the oath of office to our recently elected
- Open Forum. Opportunity for members of the public to speak to the Planning Group on any subject matter within the Group's jurisdiction but not on today's agenda. Three minute limitation. Non-discussion, & Non-voting item. Approval of the minutes for the meeting of 21 January 2019. Voting Item. Request to remove the eucalyptus tree at 1492 N. Stagecoach Lane from Travis Evan,
- Department of Public Works, 760-510-2447, travis.even@sdcounty.ca.gov, because the tree is destroying the road. **Circulation committee**. Community input. Voting item. (1/16) AD18-025 Phan Ag Clearing Permit. Request for an ag permit to clear 1.21 of the 10.5 acres located at 3589 Sage Road for growing dragon fruit, a 1250 SqFt greenhouse for growing oyster mushrooms plus a 500 ft. chain length fence. Owner, applicant and contact person, Tai Phan, 562-341-1370, timphan09@gmail.com. County planner John
- Leavitt, 858-495-5448, john.leavitt@sdcounty.ca.gov. Continued at the 21 January 2019 FCPG meeting. Land Use Committee, Community input. Voting item. (1/3) ZAP19-001 a minor use permit for the Fluency Fallbrook Energy Storage System (BESS) proposed Address: 1405 East Mission Road, APN: 105-410-19-00 by AES would help SDG&E meet their energy storage mandate while also providing local area capacity for electrical system reliability and flexibility. AES and SDG&E have already entered into an agreement for SDG&E to purchase the system from AES once operational. As part of the California Public Utility Commission's (CPUC's) energy and environmental policies for the electricity sector, which mandate that SDG&E must procure and maintain a minimum amount of electric power capacity, the Fallbrook BESS project ("project") would be part of
 - a sustainable solution to:
 - Ø Enable increasing amounts of intermittent renewable energy generating sources to be accessed: Ø Reduce greenhouse gas (GHG) and criteria air pollutant emissions from the electricity
 - sector; Ø Reduce marine impacts from once-through-cooling power plants; Ø Upgrade aging infrastructure; and Ø Support incre ased and new electricity demand from non-traditional users such as transportation. Battery-based energy storage provides flexibility to the electrical grid by storing energy produced during periods of oversupply and discharging to the electrical grid during periods of high demand. A battery system can provide instantaneous response, as

compared to a slower ramping rate of a traditional gas-fired generation resource and can

provide this response repeatedly in all hours. Energy storage speed of response se

to reduce the total amount of reserve power needed to manage the grid effectively, providing savings and reliability benefits. By building the proposed project, a clean,

- reliable resource would be gained to help integrate renewables, reduce dependence on aas-fired generation, eliminate ocean water for cooling, reduce fresh water consumption, and reduce GHG and criteria air pollutant emissions. This project meets SDG&E's capacity requirements and contributes to their energy storage mandate. Contact persons Haley and Aldrich, Shruti Ramaker, 805-570-5566, sramaker@haleyaldrich.com, Land
- 7. Election of a Fallbrook Community Planning Group member to the I-15 Design Review Board. Voting item. (1/31) NOTE: The Planning Group occasionally has openings on its Land Use (Jack Wood 760-731-3193), Circulation (Roy Moosa 760-723-1181), Parks & Recreation (Donna Gebhart 760-731-9441), Public Facilities (Roy Moosa 760-723-1181) and Design Review (Eileen Delaney 760-518-8888) Committees for non-elected citizens. Interested persons please contact the Chairman. This is a preliminary agenda. If any changes are made, a final agenda will be

Use and Design Review Committees. Community input. Voting item. (1/2/19)

posted at the North County Fire District, 315 E. Ivy Street, Fallbrook, at least 72 hours prior to Jim Russell, Chairman, 205 Calle Linda, Fallbrook, California 92028, (760) 728-8081

Cell 760-580-5516, russellfarms@roadrunner.com Published February 14, 2019

Public Notice NOTICE OF PUBLIC HEARING PROPOSED CHANGE OF ELECTION SYSTEM AND ESTABLISHMENT OF TRUSTEE AREAS

FOR THE GOVERNING BOARD OF THE

BONSALL UNIFIED SCHOOL DISTRICT You are hereby notified that resolutions have been filed with this office in accordance with Education Code section 5019 for a change of election system and the establishment of trustee areas for the Governing Board of the Bonsall Unified School District. YOU WILL THEREFORE TAKE NOTICE that this matter will come before the Board of Education, San Diego County, acting as

Organization, on Thursday, Feb. 28, 2019, at 4 p.m. at: Bonsall Unified School District Board Room—District Office 31505 Old River Road Bonsall, California 92003

Guidelines for conduct of the public hearing are

the County Committee on School District

available at www.sdcoe.net/bonsallupdates or by contacting Carmen Aguilar, adminis assistant to the superintendent, at CPAguilar@sdcoe.net or 858-292-3515. PAUL GOTHOLD, Ed.D. County Superintendent of Schools San Diego County, California

Published February 14, 2019 **Abandoment of Name**

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

File Number: 2019-9000786 Fictitious Business Name(s) To Be Abandoned: AUTO LAVISH OF SOUTHERN **CALIFORNIA**

39642 Hearthstone Ct., Murrieta, CA 92562 County: Riverside The fictitious business name referred to above was filed in San Diego County on 11/21/2018 and assigned File No. 2018-9029036 The fictitious business name is being

abandoned by: San Diego Auto Lavish Inc., 39642 Hearthstone Ct., Murrieta, CA 92562 This business is conducted by a Corporation This Corporation is located in the state of

RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jan. 09, 2019 LEGAL: 4892 PUBLISHED: January 24, 31,

February 7, 14, 2019

THIS STATEMENT WAS FILED WITH THE

Public Notice

PUBLIC NOTICE NOTICE IS HEREBY GIVEN THAT THE BOARD OF DIRECTORS OF THE NORTH COUNTY FIRE PROTECTION DISTRICT, 330 South Main Avenue, Fallbrook, California, County of San Diego, will conduct two Public Hearings to initiate the District's transition from At-Large

elections to District-Based elections

In order to strengthen community representation, the District is voluntarily moving away from the At-Large election system for its Board of Directors makeup, shifting to a five District-Based election system for the 2020 election. Community members within the District boundaries are encouraged to attend and represent your neighborhoods by providing input and feedback as North County Fire Protection

District moves forward in this transition. These first two date/time certain meetings will be held as follows

- Tuesday, February 19, 2019, at 8:30 a.m. at the Fallbrook Public Utility District. 990 East Mission Road, Fallbrook, California, 92028.
- Tuesday, February 26, 2019, at 5:30 p.m. at the Fallbrook Public Utility District, 990 East Mission Road, Fallbrook, California, 92028.

THE

DIRECTORS OF THE NORTH COUNTY FIRE

BOARD OF

Questions or comments should be directed to:

Fire Chief/CEO Stephen Abbott Email: sabbott@ncfire.org Phone: (760) 723-2012

ORDER OF

PROTECTION DISTRICT.

Loren Stephen-Porter, Board Secretary February 12, 2019

Published February 14, 21, 2019

LEGALS

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9002981 Name of Business

a. THE FITNESS BEAUTY BAR

b. MARILYN JOY ESTHETICS 707 Civic Center Dr. Unit 106, Vista, CA 92084 County: San Diego This business is registered by the following:

Marilyn Joy Kettl, 640 W. Fig St., Fallbrook, CA This business is conducted by an Individual

Registrant first commenced to transact business under the above name on 08/15/16 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 02/01/19

LEGAL: 4914 PUBLISHED: February 14, 21, 28, March 7, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9003227 Name of Business

SUBTROPICA NURSERIES LLC 2929 E. Mission Rd, Fallbrook, CA 92028 County: San Diego

This business is registered by the following: Subtropica Nurseries LLC, 2929 E. Mission Rd, Fallbrook, CA 92028 This business is conducted by a Limited Liability

This LLC is located in the state of California Registrant first commenced to transact business under the above name on 2/4/19 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN

DIEGO COUNTY ON 02/05/19 **LEGAL: 4915** PUBLISHED: February 14, 21, 28, March 7, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9003131 Name of Business

NENA VEGANA 1046 Riverview Dr., Fallbrook, CA 92028

County: San Diego This business is registered by the following: a. Reyna Estephania Flores, 1046 Riverview

Dr., Fallbrook, CA 92028 b. Fernanda Fajardo, 16594 Arrow Blvc, Apt 60, Fontana, CA 92335

This business is conducted by a Co-Partners Registrant first commenced to transact business under the above name on 02/04/2019 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 02/04/19 LEGAL: 4916

PUBLISHED: February 14, 21, 28, March 7, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9003228 Name of Business

HOOPS WELDING & FABRICATION 305 Industrial Way #4, Fallbrook, CA 92028

County: San Diego This business is registered by the following: Michael Raymond Mensing, 376 Natalie Way, Fallbrook, CA 92028 This business is conducted by an Individual

Registrant first commenced to transact business under the above name on 2/3/19
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK DIEGO COUNTY ON 02/05/19 LEGAL: 4917

PUBLISHED: February 14, 21, 28, March 7, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9003313 Name of Business

BONSALL FARMS 31621 Via Puerta Del Sol, Bonsall, CA 92003 County: San Diego

This business is registered by the following: a. Richard Royal Day, 31621 Via Puerta Del Sol, Bonsall, CA 92003

b. Karen Thane Day, 31621 Via Puerta Del Sol, Bonsall, CA 92003 This business is conducted by a Married Couple

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 02/06/19 LEGAL: 4918

PUBLISHED: February 14, 21, 28, March 7, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9001803 Name of Business

THAI FACIAL 1588 S. Mission R.D., Fallbrook, CA 92028

County: San Diego
This business is registered by the following: Rattanaporn Garrett. 1753 E. Alvarado St. Fallbrook, CA 92028 This business is conducted by an Individual THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN

DIEGO COUNTY ON 01/22/19 LEGAL: 4900 PUBLISHED: January 31. February 7, 14, 21, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9001678

Name of Business **REST & RELAX RESPITE AGENCY** 131 E. Fig Street, Ste 4, Fallbrook, CA 92028

County: San Diego This business is registered by the following: a. Miguel H. Echávarri, 31651 Corte Esparza,

Temecula, CA 92592 b. Guadalupe Echávarri. 31651 Corte Esparza.

Temecula, CA 92592 This business is conducted by a Married Couple Registrant first commenced to transact business under the above name on 8/1/2006 THIS STATEMENT WAS FILED WITH THE

RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/18/19 LEGAL: 4901

PUBLISHED: January 31. February 7, 14, 21, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9001606 Name of Business

SAN DIEGO RUSTIC 9350 Trade PI #C, San Diego, CA 92126 County: San Diego

This business is registered by the following: Carl Frank, 6261 Via Regla, San Diego, CA 92122 This business is conducted by an Individual

Registrant first commenced to transact business under the above name on 1/1/19 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/18/19

LEGAL: 4902 PUBLISHED: January 31, February 7, 14, 21, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9000538 Name of Business

TIMELESS TIM 1903 555 W. Country Club Ln, Ste B2, Escondido,

CA 92026 County: San Diego This business is registered by the following:

Timoteo Perez, 1007 Iowa St., Fallbrook, CA

This business is conducted by an Individual Registrant first commenced to transact business under the above name on 1/1/19 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/08/19

LEGAL: 4903 PUBLISHED: January 31. February 7, 14, 21, 2019

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9003489

Name of Business FLYDOWN CUSTOM CALLS 640 W. Fig St., Fallbrook, CA 92028

County: San Diego This business is registered by the following: Joshua Allen Kettl, 640 W. Fig St., Fallbrook, CA

ness is conducted by an Individual Registrant first commenced to transact business under the above name on 1/1/17 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 02/07/19

LEGAL: 4919 PUBLISHED: February 14, 21, 28, March 7, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9003192

LEGENDARY RESTAURANTS, INC. 3745 Keri Way, Fallbrook, CA 92028

Mailing address: 43172 Business Park Drive, Suite 102, Temecula, CA 92590 County: San Diego This business is registered by the following:

Legendary Restaurants, Inc., 3745 Keri Way, Fallbrook, CA 92028 This business is conducted by a Corporation

This Corporation is located in the state of California Registrant first commenced to transact business under the above name on 9/17/2009 THIS STATEMENT WAS FILED WITH THE

> LEGAL: 4920 PUBLISHED: February 14, 21, 28, March 7, 2019

RECORDER/COUNTY CLERK OF SAN

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9003646 Name of Business

RAINBOW BREWERY

DIEGO COUNTY ON 02/05/19

3879 Aspen Rd, Fallbrook, CA 92028 County: San Diego This business is registered by the following: a. Crystal Deuling, 4020 Backshore Ct., Carlsbad, CA 92010

b. Dale Deuling, 3879 Aspen Rd, Fallbrook, CA This business is conducted by Joint Venture

Registrant first commenced to transact business under the above name on 03/07/13 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 02/08/19

LEGAL: 4921 PUBLISHED: February 14, 21, 28, March 7, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9002837 Name of Business

HEALING TOUCH MASSAGE 317 E. Mission Rd, Fallbrook, CA 92028

County: San Diego This business is registered by the following: Thitapha Savarod, 4788 Calle Estrella, Oceanside, CA 92057

This business is conducted by an Individual THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/31/19

LEGAL: 4922 PUBLISHED: February 14, 21, 28, March 7, 2019

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9002005 Name of Business

DOUBLE DOWN EVENTS 112 Spanish Spur, Fallbrook, CA 92028

County: San Diego

ered by the following: This business is regis Mackenzie Richard Stevens, 112 Spanish Spur, Fallbrook, CA 92028 This business is conducted by an Individual

Registrant first commenced to transact business under the above name on 1/24/19 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/24/19 LEGAL: 4904

PUBLISHED: January 31, February 7, 14, 21, 2019

Summons

SUMMONS/CITATION FILED 10/29/2018 CASE NUMBER: 37-2018-00054726-CU-OR-NC JUDGE: Earl H. Maas, III DEPARTMENT N-28

NOTICE TO DEFENDENT: BRIAN BOOTH, and individual; RONALD H. FRESHMAN, and DOES 1 through 50, inclusive YOU ARE BEING BY SUED BY PLAINTIFF:

EAGLE VISTA EQUITIES, LLC NOTICE! You have been sued. The court may

decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this

summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form it you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services website (www. lawhelpca.org), or by contacting your local county bar association. **NOTE:** The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. The name and address of the court are:

San Diego Superior Court North County, 325 S. Melrose Dr, Vista, CA 92081 The name, address, and telephone number of plaintiff's attorney is: Wedgewood, Elaine Yang, 2015 Manhattan Beach Blvd., Ste 100,

Redondo Beach, CA 90278, 310-640-3070

February 7, 14, 21, 2019

DATE: October 29, 2018 Clerk, by V. Navarro, Deputy LEGAL #: 4908 PUBLISHED: January 31,

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9000785 Name of Business

AUTO LAVISH PROFESSIONAL DETAILING 39642 Hearthstone Ct, Murrieta, CA 92562

County: Riverside This business is registered by the following:

San Diego Auto Lavish Inc, 39642 Hearthstone Ct, Murrieta, CA 92562 This business is conducted by a Corporation

This Corporation is located in the state of CaliforniaRegistrant first commenced to transact business under the above name on 1/1/19 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/09/19

LEGAL: 4893 PUBLISHED: January 24, 31, February 7, 14, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9000368

Name of Business MUSTARD SEED PUBLISHING 3454 Caballo Ln, Fallbrook, CA 92028

County: San Diego This business is registered by the following: a. Daniel Enoch Norton, 3454 Caballo Ln, Fallbrook, CA 92028 b. Melissa Ann Norton, 3454 Caballo Ln.

Fallbrook, CA 92028 This business is conducted by a Married Couple THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK DIEGO COUNTY ON 01/04/19 LEGAL: 4894

PUBLISHED: January 24, 31, February 7, 14, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9001179 Name of Business STEVE BAILEY AIR CONDITIONING AND

HEATING 9464 Palomino Ridge Dr., Lakeside, CA 92040 County: San Diego This business is registered by the following: Steve Bailey Contracting Inc., 9464 Palomino Ridge Dr., Lakeside, CA 92040 This business is conducted by a Corporation This Corporation is located in the state of Ca. Registrant first commenced to transact business under the above name on 01/19/05
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK DIEGO COUNTY ON 01/14/19 LEGAL: 4895

PUBLISHED: January 24, 31, February 7, 14, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9000618 Name of Business

SASSYBEE BOUTIQUE

254 E. Grand Suite 100, Escondido, CA 92025 County: San Diego This business is registered by the following: a. Melissia Jackson Marshall, 6865 W. Lilac Rd, Bonsall, CA 92003

b. David Bruce Marshall, 6865 W. Lilac Rd, Bonsall, CA 92003 This business is conducted by a Married Couple

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/08/19 LEGAL: 4896 PUBLISHED: January 24, 31, February 7, 14, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9001318

Name of Business a. HOUSE OF TARU

b. TARU 1762 Pala Lake Dr, Fallbrook, CA 92028

County: San Diego This business is registered by the following: Saija Inkeri Marie Salminiitty Cleary, 1762 Pala

Lake Dr, Fallbrook, CA 92028 This business is conducted by an Individual Registrant first commenced to transact business under the above name on 01/01/2019 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF

DIEGO COUNTY ON 01/15/19 LEGAL: 4897 February 7, 14, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9001185

Name of Business KDL GROUP CAJON STREET 232 Cajon Street, Redlands, CA 92373 Mailing address: P.O. Box 1531, Bonsall, CA

92003 County: San Bernardino This business is registered by the following: a. Kendell H Ricks, 1555 Dentro De Lomas,

Bonsall CA 92003 b. Denise M Ricks. 1555 Dentro De Lomas. Bonsall, CA 92003 c. Loretta Ricks, 1406 Vista De Lomas, Bonsall,

CA 92003 This business is conducted by a Joint Venture THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/14/19

> **LEGAL: 4898** PUBLISHED: January 24, 31, February 7, 14, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9001186

VILLAGE DENTAL CENTER 8895 Lawrence Welk Dr, Escondido, CA 92026 County: San Diego

Name of Business

This business is registered by the following: Kendell H Ricks, 1555 Dentro De Lomas, Bonsall, CA 92003 This business is conducted by an Individual Registrant first commenced to transact business

under the above name on 5/1/1999
THIS STATEMENT WAS FILED WITH THE

RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/14/19 LEGAL: 4899 PUBLISHED: January 24, 31, February 7, 14, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9002053 Name of Busine THE GIRLZ WAY

1638 Calavo Rd. Spc#50, Fallbrook, CA 92028

County: San Diego This business is registered by the following: Joana Esperanza Lopez, 1638 Calavo Rd. Spc#50, Fallbrook, CA 92028 This business is conducted by an Individual THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN

DIEGO COUNTY ON 01/24/19 LEGAL: 4905 PUBLISHED: January 31, February 7, 14, 21, 2019

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9000679 Name of Business **JENNYFACE**

1360 Hodges Road, Oceanside, CA 92056 County: San Diego This business is registered by the following: Jennifer Lynn Fitzpatrick, 1360 Hodges Road,

Oceanside, CA 92056 This business is conducted by an Individual Registrant first commenced to transact business under the above name on 01/01/2018 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/09/19

LEGAL: 4906 PUBLISHED: January 31, February 7, 14, 21, 2019

NOTICE OF TRUSTEE'S SALE T.S. No.: 18-01656 Loan No.: ***173 APN: 102-570-51-00 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 07/14/2017 AND MORE FULLY DESCRIBED BELOW. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check payable at the time of sale in lawful money of the United States (payable to Attorney Lender Services, Inc.) will be held by the duly appointed Trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: ELENA MICHELLE DORSHA, A MARRIED WOMAN, AS HER SOLE AND SEPARATE PROPERTY Trustee: ATTORNEY LENDER SERVICES, INC. Recorded 07/17/2017 as Instrument No. 2017-0320448 of Official Records in the office of the Recorder of SAN DIEGO County, California Date of Sale: 03/11/2019 at 10:00AM Place of Sale: At the entrance to the East County Regiona Center by the statue, 250 E. Main St., El Cajon, CA 92020 Estimated amount of unpaid balance and other charges: \$353,497.55 estimated - as of date of first publication of this Notice of Sale The purported property address is: 4287 ROSA RANCHO LN FALLBROOK, CA 92028 A.P.N.: 102-570-51-00 The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county wherein the real property is located and more than three (3) months have elapsed since such recordation. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Trustee's Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources you should be aware that the same lender may hold more than one mortgage or deed of trust or the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (916) 939-0772 for information regarding the trustee's sale or visit this Internet Web site www.nationwideposting. com for information regarding the sale of this property, using the file number assigned to this case, 18-01656. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 01/28/2019 ATTORNEY LENDER SERVICES, INC. KAREN TALAFUS, TRUSTEE SALE OFFICER 5120 E. LaPalma Avenue, #209 Anaheim, CA 92807 Telephone: 714-695-6637 Sales Line: (916) 939-0772 Sales Website: www.nationwideposting.com This office is attempting to collect a debt and any information obtained will be used for that purpose. NPP0348483 To: VILLAGE NEWS INC 02/14/2019, 02/21/2019, 02/28/2019

NOTICE OF TRUSTEE'S SALE TS No. CA-17-774867-BF Order No.: 170253548-CA-VOI YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 10/12/2015. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): MANUEL R GOMEZ, A MARRIED MAN, AS HIS SOLE AND SEPARATE PROPERTY Recorded: 10/16/2015 as Instrument No. 2015-0544032 of Official Records in the office of the Recorder of SAN DIEGO County, California; Date of Sale. 3/15/2019 at 9:00 AM Place of Sale: At the Entrance of the East County Regional Center, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$351.296.02 The purported property address is: 629 ONLEY DR, VISTA, CA 92083 Assessor's Parcel No.: 163-081-07-00 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 for information regarding the trustee's sale or visit this Internet Web site http://www.qualityloan.com, using the file number assigned to this foreclosure by the Trustee: CA-17-774867-BF. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason. including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: Quality Loan Service Corporation 2763 Camino Del Rio South San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 800-280-2832 Or Login to: http://www.qualityloan.com/Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-17-774867-BF IDSPub #0150165 2/14/2019 2/21/2019 2/28/2019

T.S. No. 14-3648-11 NOTICE OF TRUSTEE'S SALE NOTE: THERE IS A SUMMARY OF THE

INFORMATION IN THIS DOCUMENT ATTACHED 注:本文件包含一个信息摘要 참고사항:

본 첨부 문서에 정보 요약서가 있습니다 NOTA: SE ADJUNTA UN RESUMEN DE LA

INFORMACIÓN DE ESTE DOCUMENTO TALA: MAYROONG BUOD NG IMPORMASYON SA DOKUMENTONG ITO NA NAKALAKIP LƯU Ý: KÈM THEO ĐÂY LÀ BẢN TRÌNH BÀY TÓM LƯỢC VỀ THÔNG TIN TRONG TÀI LIỆU NÀY PLEASE NOTE THAT PURSUANT TO CIVIL CODE § 2923.3(d)(1) THE ABOVE STATEMENT IS REQUIRED TO APPEAR ON THIS DOCUMENT BUT PURSUANT TO CIVIL CODE § 2923.3(a) THE SUMMARY OF INFORMATION IS NOT REQUIRED TO BE RECORDED OR PUBLISHED AND THE SUMMARY OF INFORMATION NEED ONLY BE MAILED TO THE MORTGAGOR OR TRUSTOR. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 6/23/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU. YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: GREGORY DEAN WANLASS AN UNMARRIED MAN Duly Appointed Trustee: The Wolf Firm, A Law Corporation Recorded 6/28/2006 as Instrument No. 2006-04551117 of Official Records in the office of the Recorder of San Diego County, California, Street Address or other common designation of real property: 4062 CREST HTS FALLBROOK, CA 92028 A.P.N.: 108-160-05-00 Date of Sale: 2/25/2019 at 10:00 AM Place of Sale: At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 Amount of unpaid balance and other charges: \$407,351.85, estimated The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a iunior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this Internet Web site www.nationwideposting.com, using the file number assigned to this case 14-3648-11. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 1/16/2019 The Wolf Firm, A Law Corporation 2955 Main Street, 2nd Floor Irvine, California 92614 Foreclosure Department (949) 720-9200 Sale Information Only: 916-939-0772 www.nationwideposting.com Sindy Clements, Foreclosure Officer PLEASE BE ADVISED THAT THE WOLF FIRM MAY BE ACTING AS A DEBT COLLECTOR, ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION YOU PROVIDE MAY BE USED FOR THAT PURPOSE NPP0347470 To: VILLAGE NEWS INC 01/31/2019, 02/07/2019, 02/14/2019

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 37-2019-00001907-CU-PT-NC TO ALL INTERESTED PERSONS Petitioner:

URSZULA DUARTE BONI filed a petition with this court for a decree changing names as follows:

GIA MARIE ARIZMENDI Proposed Name:

GIA MARIE DUARTE BONI THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING

Date: 3/12/19 Time: 8:00 a.m. Dept: 23 The address of the court is 325 South Melrose Dr., Vista, CA 92081

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News

JAN 11, 2019 Signed: SIM von KALINOWSKI, Judge of the Superior Court. **LEGAL: 4907** PUBLISHED: January 31,

February 7, 14, 21, 2019 ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 37-2018-00065479-CU-PT-CTL TO ALL INTERESTED PERSONS Petitioner

ALEJANDRA SAYAKA VILLANUEVA filed a petition with this court for a decree changing names as follows: Present Name

ALEJANDRA SAYAKA VILLANUEVA Proposed Name

ALEXANDRA SAYAKA LINARES THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause. if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written obiection is timely filed, the court may grant the

NOTICE OF HEARING Date: 2/28/2019 Time: 9:00 a.m. Dept: 903 The address of the court is 1100 Union Street,

San Diego, CA 92101 A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News

Date: Dec. 28, 2018 Signed: Peter C. Deddeh, Judge of the Superior Court.

LEGAL: 4875 PUBLISHED: January 31, February 7, 14, 21, 2019

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 37-2019-00005433-CU-PT-CTL TO ALL INTERESTED PERSONS

Petitioner: HEE JUN PARK and SO YOUNG KIM on behalf of minor child filed a petition with this court for a decree changing names as follows:

Present Name SANGHYUN PARK Proposed Name BENJAMIN SANGHYUN PARK

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written obiection is timely filed, the court may grant the

NOTICE OF HEARING

Date: MAR 21, 2019 Time: 9:00 a.m. Dept: 903 The address of the court is 1100 Union Street, San Diego, CA 92101

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News Date: JAN 29, 2019 Signed: Peter C. Deddeh,

Judge of the Superior Court I FGΔI · 4913

PUBLISHED: February 7, 14, 21, 28, 2019

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case Number: 37-2019-00002757-CU-PT-NC

TO ALL INTERESTED PERSONS Petitioner:

ALFARO filed a petition with this court for a decree changing names as follows:

Present Name **EVONIE ARIEL ALFARO** Proposed Name:

EVONIE ARIELLE ALFARO THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the

petition without a hearing NOTICE OF HEARING

Date: MAR 19, 2019 Time: 8:30 a.m. Dept: 23 The address of the court is North County Division, 325 South Melrose Drive, Vista, CA 92081-6827

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News Date: JAN 16, 2019 Signed: Sim von

Kalinowski, Judge of the Superior Court. LEGAL: 4923

PUBLISHED: February 14, 21, 28, March 7, 2019

Notice to Administer

NOTICE OF PETITION TO ADMINISTER ESTATE OF LORI D. BARKER CASE NO. 37-2018-00062973-PR-LA-CTL

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: LORI

D. BARKER A Petition for Probate has been filed by CHARLEY-JO DONATI in the Superior Court

of California, County of SAN DIEGO The Petition for Probate requests that CHARLEY-JO DONATI be appointed as personal representative to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not

A hearing on the petition will be held in this

grant the authority.

court as follows:Date: 02/14/2019 Time: 1:30 p.m. Dept. 503 Address of court: 1100 Union Street, San Diego, CA 92101, Central - Probate Division

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner: Ronald R. Webb, 5440 Morehouse Dr., Ste. 3700, San Diego, CA 92121, (858) 558-1191

Legal: 4891 PUBLISHED: January 24, 31, February 7, 14, 2019

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9002140

Name of Business **KRAKEN BARBER TRADE & COMPANY** 173 Harrison St., Oceanside, CA 92057

County: San Diego This business is registered by the following: a. Marcos Cardona, 173 Harrison St., Oceanside, CA 92057

b. Corinne Jasmine Cardona, 173 Harrison St., Oceanside, CA 92057 This business is conducted by a Married Couple Registrant first commenced to transact business under the above name on 01/24/19
THIS STATEMENT WAS FILED WITH THE

RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/24/19 LEGAL: 4909

PUBLISHED: February 7, 14, 21, 28, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9002731 Name of Business

NEWELL TECHNOLOGIES 199 Bluff Post Rd, Fallbrook, CA 92028

County: San Diego This business is registered by the following: a. Patricia Newell, 199 Bluff Post Rd, Fallbrook. CA 92028

b. Dennis Newell, 199 Bluff Post Rd. Fallbrook.

This business is conducted by a Married Couple Registrant first commenced to transact business under the above name on 09/16/2011 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/30/19

LEGAL: 4910 PUBLISHED: February 7, 14, 21, 28, 2019

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9001815 Name of Business **ELEGANTIQUE** 10220 Valley Waters Dr., Spring Valley, CA

91978 County: San Diego This business is registered by the following: Farah Shamoun, 10220 Valley Waters Dr., Spring Valley, CA 91978

This business is conducted by an Individual Registrant first commenced to transact business under the above name on 10/01/2018 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/22/19 LEGAL: 4911

PUBLISHED: February 7, 14, 21, 28, 2019

File Number: 2019-9002914 Name of Business FALLBROOK AUDIO

FICTITIOUS BUSINESS NAME STATEMENT

31226 Old River Road, Bonsall, CA 92003 Mailing address: P.O. Box 1513. Bonsall, CA 92003

County: San Diego This business is registered by the following: Fallbrook Audio LLC, 31226 Old River Road.

This LLC is located in the state of California THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 02/01/19

This business is conducted by a Limited Liability

LEGAL: 4912 PUBLISHED: February 7, 14, 21, 28, 2019

a California corporation, as duly appointed Trustee under and pursuant to the power of sale conferred in that certain Deed of Trust executed by HERMINE MURRA, A SINGLE WOMAN recorded on 06/26/2012, in Official Records of SAN DIEGO County, as Recorder's Instrument No. 2012-0369444, by reason of a breach or default in payment or performance of the obligations secured thereby, including that breach or default. Notice of which was recorded 08/22/2017 as Recorder's Instrument No. 2017-0382613, WILL SELLAT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH, lawful money of the United States, evidenced by a Cashier's Check drawn on a state or national bank, or the equivalent thereof drawn on any other financial institution specified in section 5102 of the California Financial Code, authorized to do business in the State of California, ALL PAYABLE AT THE TIME OF SALE, all right, title and interest held by it as Trustee in that real property situated in said County and State, described as follows: See Exhibit A attached for complete Legal Description. EXHIBITA – RESS 76266 All that certain real property situated in the County of San Diego, State of California, described as follows: Parcel A: Parcel 4 of Parcel Map 10067, in the County of San Diego, State of California, filed in the Office of the county Recorder of San Diego County, May 29, 1980 as file no. 80-173992 of Official Records Excepting therefrom that portion conveyed to the State of California in Deed recorded October 20, 1997 as file no. 1997-0523444 and lying Southeasterly of course "(6)" through "(8)" of the following described line: Beginning at a point on the Westerly boundary of Tract A of Rancho Monserate, distant North 09°13'06" West, 52.64 feet from a concrete nail and disk stamped "RCE 8195", as shown on Map 6526, recorded October 27, 1969 in the Office of said County Recorder as File No. 197454 of Official Records, said concrete nail also being at the centerline of State Highway 11-SD-76, thence (1) leaving said Westerly boundary North 31°21'49" East, 276.46 feet thence, (2) North 32°03'45" East, 95.93 feet; thence, (3) North 22°29'15" East, 66.51 feet thence, (4) North 08°14'34" East, 71.38 feet thence, (5) North 22°22'38" East, 249.43 feet thence (6) North 39°15'28" East 181.18 feet thence (7) North 41°39'49" East 110.13 feet to the Northerly sideline of an existing irrevocable offer to dedicate real property for roadway purposes thence (8) along said sideline North 30°46'13" East, 44.13 feet, to the beginning of a curve concave Southerly, having a radius of 1462.92 feet thence, (9) Easterly along said curve a distance of 403.40 feet, through a central angle of 15°47'16", to the point of terminus in the Northerly boundary of the Parcel shown on Parcel Map No. 709, recorded December 15, 1938 in the Office of said County Recorder as File No. 68499 of Official Records, a radial to said point bears North 43°26'31" West, said point being distant along said boundary North 89°27'36" West, 348.15 feet from a 1" steel pin accepted as the Northeast corner of said Parcel. Parcel B: An easement and right of way for road and public utility purposes over, under, along and across the Easterly 40 feet of Parcels 2 and 4 of Parcel Map No. 10187, in the County of San Diego, State of California, filed in the Office of the County Recorder of San Diego County, July 3, 1980 as file no. 80-211463 of Official Records. Parcel C: An easement and right of way for ingress and egress for road and public utility purposes over, under, along and across that portion of Parcels 3 and 4 of Parcel Map No. 10187, in the County of San Diego, State of California, July 3, 1980 as file no. 80-211463 of Official Records, lying within a strip of land 40 feet in width, the Southeasterly line of said 40 foot strip being described as follows: Beginning at the most Easterly corner of said Parcel 4 herein described being a point on the arc of a 949 foot radius curve, concave Northwesterly; thence Southwesterly along the arc of said curve and along the boundary of said Parcels 4 and 3 herein described through a central angle of 9°22'57" a distance of 155.40 feet; thence tangent to said curve South 44°36'20" West, 280.00 feet. Parcel D: An easement for water line purposes and appurtenances thereto over, under, along and across that Easterly 3 feet of Parcels 2 and 4 of Parcel Map No. 10187, in the County of San Diego, State of California, filed in the Office of the County Recorder of San Diego County, July 3, 1980 as file no. 80-211463 of Official Records Parcel E: An easement for water line purposes and appurtenances thereto over, under, along and across that portion of Parcels 3 and 4 of Parcel Map No. 10187, in the County of San Diego, State of California, filed in the Office of the County Recorder of San Diego County July 3, 1980, as file no. 80-211463 of Official Records, lying within a strip of land 3 feet in width the Southeasterly line of said 3 foot strip of land being described as follows: Beginning at the most Easterly corner of said Parcel 4 herein described, being a point on the arc of a 949 foot radius curve, concave Northwesterly; thence Southwesterly along the arc of said curve and along the boundary of said Parcels 4 and 3 herein described through a central angle of 9°22'57" a distance of 155.40 feet thence tangent to said curve South 44°36'20" West 280.00 feet. The street address or other common designation of the real property hereinabove described is purported to be: SAID LAND HAS NO KNOWN STREET ADDRESS OR OTHER COMMON DESIGNATION. Directions thereto may be obtained by making written inquiry of the undersigned within 10 days of the initial date of publication of this Notice. Requests MUST contain the RESS Order No. shown hereon. Said sale will be made without warranty, express or implied regarding title, possession, or othe encumbrances, to satisfy the unpaid obligations secured by said Deed of Trust, with interest and other sums as provided therein; plus advances, if any, thereunder and interest thereon; and plus fees, charges, and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of said obligations at the time of initial publication of this Notice is \$112,059.23. In the event that the deed of trust described in this Notice of Trustee's Sale is secured by real property containing from one to four single-family residences, the following notices are provided pursuant to the provisions of Civil Code section 2924f: NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the

highest bid at a trustee auction does not automatically entitle you to free and clear ownership of

the property. You should also be aware that the lien being auctioned off may be a junior lien. If you

are the highest bidder at the auction, you are or may be responsible for paying off all liens senio

to the lien being auctioned off, before you can receive clear title to the property. You are

encouraged to investigate the existence, priority, and size of outstanding liens that may exist on

this property by contacting the county recorder's office or a title insurance company, either of

which may charge you a fee for this information. If you consult either of these resources, you

should be aware that the same lender may hold more than one mortgage or deed of trust on the

property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be

postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to

Section 2924g of the California Civil Code. The law requires that information about trustee's sale

postponements be made available to you and to the public, as a courtesy to those not present at

the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the

rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this

Internet Web site www.nationwideposting.com, using the file number assigned to this case 76266. Information about postponements that are very short in duration or that occur close in time

to the scheduled sale may not be immediately reflected in the telephone information or on the

Internet Web site. The best way to verify postponement information is to attend the scheduled

sale. Dated: 01/29/2019 RESS Financial Corporation, a California corporation 1780 Town and

Country Drive, Suite 105, Norco, CA 92860-3618 (951) 270-0164 By: BRUCE R. BEASLEY PRESIDENT 1780 Town and Country Drive, Suite 105, Norco, CA 92860-3618 (SEAL) Tel.

(951) 270-0164 or (800)343-7377 FAX: (951)270-2673 Trustee's Sale Information: (916) 939-0772 or www.nationwideposting.com NPP0348216 To: VILLAGE NEWS INC 02/07/2019

02/14/2019. 02/21/2019

NOTICE OF TRUSTEE'S SALE UNDER DEED OF TRUST Loan No.: 12012 - MURRA RESS

Order No.: 76266 A.P. NUMBER 125-080-17-00 YOU ARE IN DEFAULT UNDER A DEED OF

TRUST, DATED 05/31/2012, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY.

IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE

OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NOTICE IS

HEREBY GIVEN, that on 03/04/2019, at 10:00AM of said day, At the entrance to the East County

Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020, RESS Financial Corporation

NOTICE OF TRUSTEE'S SALE. APN: 147-075-08-00. Batch ID: Foreclosure HOA YOU ARE IN DEFAULT UNDER A NOTICE OF DELINQUENT ASSESSMENT. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Date of Sale: 03/06/2019 at 10:00 AM Place of Sale: AT THE ENTRANCE TO THE EAST COUNTY REGIONAL CENTER BY THE STATUE, 250 E. MAIN ST., EL CAJON, CA 92020. NOTICE is hereby given that First American Title Insurance Company, a Nebraska Corporation, 1 First American Way, Santa Ana, CA in care of: 400 S. Rampart Blvd, #290 Las Vegas, NV 89145 - Phone: (800) 251-8736, duly appointed Trustee under Notice of Delinquent Assessment ("NDA"), and pursuant to Notice of Default and Election to Sell ("NOD"), will sell at public auction for cash, lawful money of the United States of America, (a cashier's check payable to said Trustee drawn on a state or national bank, a state or federal credit union, or a state or federal savings and loan association, or savings bank as specified in section 5102 of the Financial Code and authorized to do business in this state) all right, title and interest now held under said NDA, to wit: Multiple Timeshare Estates as shown as Legal Description Variables on Schedule "1" (as described in the Declaration recorded on 08/02/2006 as Instrument No. 2006-0547090 as amended) located at 333 N Myers St, Oceanside, CA, 92054 with APN shown herein. The Trustee disclaims any liability for any incorrectness of the street address shown herein. All recording references contained herein and on Schedule "1" attached hereto are in the County of San Diego, California. Said sale will be made, without covenant or warranty, expressed or implied, as to title, possession, or encumbrances, to pay the remaining principal sum due under said NDA, plus accrued interest thereon to the date of sale, estimated ees, charges, as shown in sum due on **Schedule** "1" together with estimated expenses of the Trustee in the amount of \$600.00. The claimant, Oceanside Vacation Owners Association Inc., a California nonprofit mutual benefit corporation, under NDA delivered to Trustee a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. Dated: February 7, 2019. First American Title Insurance Company, a Nebraska Corporation. SCHEDULE "1": NOD RECORDING DATE AND REFERENCE. 11/06/2018; 20180465112, LIEN RECORDING DATE AND REFERENCE: 11/02/2018 ; Inst: 20180460510. Contract No., Legal Description Variables, Owner(s), Sum Due; 1120603741. POINTS: 168000, FREQUENCY: Odd, UNDIVIDED INTEREST: 84000/647452000, ALICE NAVA and MOISES NAVA, \$628.25; 1230701468, POINTS: 168000, FREQUENCY: Odd, UNDIVIDED INTEREST: 84000/647452000, SUZETTE L KELLEY, \$627.27; 1230713471 POINTS: 168000, FREQUENCY: Even, UNDIVIDED INTEREST: 84000/785316000, JOYCE JONES and DAVID JONES, \$628.25; 1230817629, POINTS: 168000, FREQUENCY: Odd, UNDIVIDED INTEREST: 84000/785316000, ALAN MUMMERT and KATHY OWENS MUMMERT, \$595.70; 410640106, POINTS: 157500, FREQUENCY: Annual, UNDIVIDED INTEREST: 157500/647452000, BRIAN C WILLIAMS, \$869.06; 410733141, POINTS: 175000, FREQUENCY: Odd, UNDIVIDED INTEREST: 87500/785316000, SHERRY WHITE and KENNETH C WHITE, \$721.08; 411109325, POINTS: 77000, FREQUENCY: Annual UNDIVIDED INTEREST: 77000/647452000, WILLIAM M. MEYERS, \$752.65; 430906636, POINTS: 605000, FREQUENCY: Annual, UNDIVIDED INTEREST: 605000/785316000 BEVERLEY J SCHLAPPER, \$3,345.56; 570702936, POINTS: 210000, FREQUENCY: Even, UNDIVIDED INTEREST: 105000/647452000, JACK SHACKELFORD and TERESA SHACKELFORD, \$865.35; 580710945, POINTS: 168000, FREQUENCY: Even, UNDIVIDED INTEREST: 84000/785316000, TIMESHARE TRADE INS, LLC, \$627.27; 731212262. POINTS: 210000, FREQUENCY: Odd, UNDIVIDED INTEREST: 105000/647452000, LETICIA KOLLGAARD, \$701.40; 731307633, POINTS: 605000, FREQUENCY: Annual, UNDIVIDED INTEREST: 605000/647452000, BETTY NIELSEN and PATTI BLANKENBECKLER, \$2,400.78; 731403374, POINTS: 210000, FREQUENCY: Annual, UNDIVIDED INTEREST: 210000/647452000, KATHY STRAHORN, \$1,242.60. Published 2/14/2019, 2/21/2019,2/28/2019

TSG No.: 8703154 TS No.: CA1700279565 FHAVA/PMI No.: APN: 218-302-18-00 Property Address: 838 BLACKBERRY COURT SAN MARCOS, CA 92069 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 10/06/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 02/27/2019 at 10:00 A.M., First American Title Insurance Company, as duly appointed Trustee under and pursuant to Deed of Trust recorded 10/17/2005. as Instrument No. 2005-0893888, in book, page,, of Official Records in the office of the County Recorder of SAN DIEGO County, State of California. Executed by: REBECCA H. MURRAY AN UNMARRIED WOMAN, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH. CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (Payable at time of sale in lawful money of the United States) At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 All right, title and interest conveved to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED IN THE ABOVE MENTIONED DEED OF TRUST APN# 218-302-18-00 The street address and other common designation, if any, of the real property described above is purported to be: 838 BLACKBERRY COURT, SAN MARCOS, CA 92069 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$15,526.63. The beneficiary under said Deed of Trust has deposited all documents evidencing the obligations secured by the Deed of Trust and has declared all sums secured thereby immediately due and payable, and has caused a written Notice of Default and Election to Sell to be executed. The undersigned caused said Notice of Default and Election to Sell to be recorded in the County where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call (916)939-0772 or visit this Internet Web http://search. nationwideposting.com/propertySearchTerms.aspx, using the file number assigned to this case CA1700279565 Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. Date: First American Title Insurance Company 4795 Regent Blvd, Mail Code 1011-F Irving, TX 75063 First American Title Insurance Company MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE FOR TRUSTEES SALE INFORMATION PLEASE CALL (916)939-0772NPP0348256 To: VILLAGE NEWS INC 02/07/2019. 02/14/2019. 02/21/2019

APN: 218-461-34-00 TS No: CA05000278-18-1 TO No: 18-182530 NOTICE OF TRUSTEE'S

SALE (The above statement is made pursuant to CA Civil Code Section 2923.3(d)(1). The Summary will be provided to Trustor(s) and/or vested owner(s) only, pursuant to CA Civil Code Section 2923.3(d)(2).) YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED October 11, 2000. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On February 20, 2019 at 10:00 AM, at the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA 92020, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust recorded on October 18, 2000 as Instrument No. 2000-0560504, of official records in the Office of the Recorder of San Diego County, California, executed by RICHARD E. PATTERSON AND NINA J. PATTERSON, HUSBAND AND WIFE AS JOINT TENANTS, as Trustor(s), in favor of CMG MORTGAGE, INC., A CALIFORNIA CORPORATION as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 752 WEST BEL ESPRIT CIRCLE, SAN MARCOS, CA 92069 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$214,070.10 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civi Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call In Source Logic at 702-659-7766 for information regarding the Trustee's Sale or visit the Internet Web site address listed below for information regarding the sale of this property, using the file number assigned to this case, CA05000278-18-1. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: January 11, 2019 MTC Financial Inc. dba Trustee Corps TS No. CA05000278-18-1 17100 Gillette Ave Irvine, CA 92614 Phone: 949-252-8300 TDD: 866-660-4288 Myron Ravelo, Authorized Signatory SALE INFORMATION CAN BE OBTAINED ON LINE AT www.insourcelogic.com FOR AUTOMATED SALES INFORMATION PLEASE CALL: In Source Logic AT 702-659-7766 Trustee Corps may be acting as a debtISL Number 55353, Pub Dates: 01/31/2019, 02/07/2019,

02/14/2019. VILLAGE NEWS

SENIOR PAGE

Avoid these 5 exercise myths for people 55 and older

SAN DIEGO - While it's expected that most older people tend to slow down with age, the notion that seniors and soonto-be seniors should trade in exercise and their active lifestyles for bingo and rocking chairs is definitely antiquated, San Diego-Carlsbad physical therapist Brett Bloom said.

And yet, when it comes to exercise for the 55-and-older population, plenty of myths continue to drive people's actions - or rather, inactions - when it comes to putting in the right amount of sweat equity to stay healthy and active.

"From a purely physiological perspective, sure, you're going to start to slow down a little here and there as you get older, but that doesn't mean you just roll over and accept these so-called consequences of age," Bloom, owner of Longevity Physical Therapy, said. "As they say, age is just a number. You want to be smart about how you adapt activity to certain agerelated limitations, sure, but regular exercise remains just as critical now as when you were younger - perhaps even more so. At Longevity Physical Therapy, our core philosophy is 'everyone is an athlete.' This is just as true for our geriatric population as our high school population."

To help encourage the 55-andolder crowd to continue making exercise a standard aspect of their everyday lives, Bloom provided a list of his top five exercise myths for older adults:

Myth 1: "It's too late to start." – It doesn't matter what you've done before now, Bloom said. Even if a senior has never had a regular exercise routine before, it's never too late to start. "Better late than never" when it comes to exercise isn't just an adage; it's a statement backed by multiple studies. Exercising later in life can lower the risk of heart disease, high blood pressure, diabetes and some types of cancer.

Myth 2: "My body's too frail," aka, "I might break a hip." - Unless a senior has been told this information by a medical professional such as a physician or physical therapist based on a

specific condition or injury, this statement is likely fear talking. Not only does regular exercise help strengthen the body's stability, balance and flexibility, reducing the chances of a fall, but Bloom said it can also help strengthen

Myth 3: "I have joint pain, so I should stay away from exercise." - Again, the opposite is true. According to Bloom, it's crucial people with arthritis partake in regular exercise. Not only does it improve strength and flexibility, but exercise can also reduce joint stiffness and pain while helping sufferers ward off fatigue.

Myth 4: "I'm too old for weight training." - Weight training, also known as resistance and strength training, actually takes on a more critical role as people age. According to Bloom, not only does a stronger body help seniors stay upright and confident, but weight-bearing exercise can also ward off the onset of osteoporosis by helping maintain bone density.

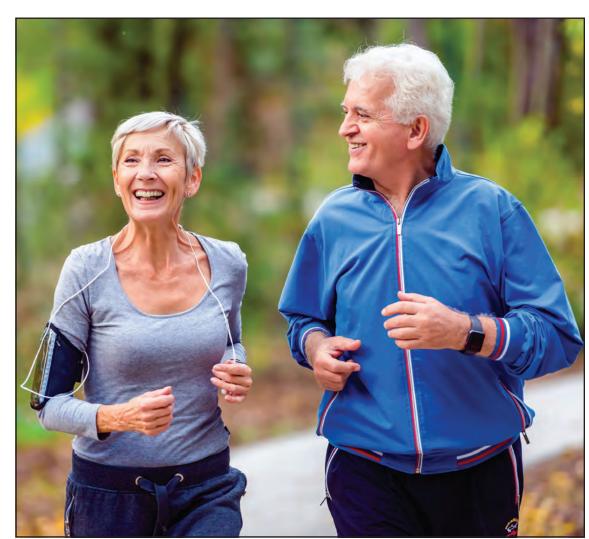
Myth 5: "I'm better off focusing on my mind, not my body." -Fact is, focusing on the body is focusing on the mind, Bloom said. According to multiple studies, including one published last month in Nature Medicine, exercise improves brain health, helps ward off dementia and may even slow the progression of dementia. In addition, exercise reduces stress and anxiety, and staying active often equates to a better social life.

According to 2018 physical guidelines by the U.S. Department of Health, older adults should shoot for 150 minutes of moderateintensity aerobic activity each week, plus weekly balance and muscle strengthening exercises.

And while fitness levels and certain limitations shouldn't keep most older adults from exercise, some exercises may require modifications based on such conditions, Bloom said. Fortunately, a physical therapist can provide personalized guidance based on individual health conditions, movement limitations and physician recommendations.

Submitted by Longevity Physical





The calf muscle: It's back there working

Megan Johnson McCullough

Special to the Village News

The calf muscle is actually made up of two muscles: the

gastrocnemius and the soleus. The gastrocnemius is the larger muscle that people see bulging out of the leg. It is a superficial muscle,



Exercise is the best approach to build strength and endurance for the calf muscle.

Sonja Hults photo

of the skin, that has two heads. The soleus lives underneath the larger muscle. The two muscles taper together the bottom and head into the Achilles tendon. The Achilles tendon leads down to the heel. When movement occurs, such as walking, running or jumping, the calf muscle takes the lead and pulls the heel up for motion.

The calf muscle plays a major role in lower body movement, so when its function is disrupted, it is cause for concern. A pulled calf muscle occurs when the calf has been stretched beyond its limit. It can lead to a strain caused by the over stretch that tears some of the fibers. These tears can be partial or complete and range in severity.

Rhabdomyolosis can also occur when there has been long term pressure on the muscle, although this condition usually affects more than just one muscle in the body. A "Charley Horse" in the calf muscle is common cramping condition. These cramps can result from fatigue, diet, dehydration and muscle imbalance. Stretching, massaging, wearing proper footwear and good diet are important factors. Exercise is the best approach to build strength and endurance for this muscle especially when someone's occupation involves constant standing.

To strengthen the calf muscle, different variations of raises can be done with body weight or added weight. Exercises can be done on one or both legs. Exercises can be done seated or standing.

The calf muscle can often go neglected when the common focus for exercise is on the major muscle groups; however, when the calf muscle isn't happy, it will let the body know. Soreness to this area

can happen after a night in high heels, running after a long break from exercise, repetitive jumping and stair climbing.

Sometimes the hardest workers need attention too, and the calves should not be undervalued. In order to put one foot in front of the other, the calf has to move the body forward. So just because they live behind the leg doesn't mean they aren't worthy of making the to-do list at the gym. The body is a kinetic chain, and it is only as strong as its weakest link. So don't let those calves be the weak link to performance or movement

Megan Johnson McCullough holds a master's degree in physical education and health science, is a candidate for her doctorate, is a professional natural bodybuilder and is a National Academy of Sports Medicine master trainer.

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VILLAGE NEWS

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February 14, 2019 www.VillageNews.com Volume 23, Issue 7

World of Watercolor and Beyond opened Feb. 9

FALLBROOK – World of Watercolor & Beyond, the 10th annual Signature American Watermedia International Exhibition & Sale opened with a reception at the Fallbrook Art Center on Feb. 9.

Show winners are:

Best of Show – \$2,500 cash award:

"Big Birds of Paradise" by
Jerry Bowman of Michigan
First place – \$2,000 cash award:

"Veiled Smile" by Janice
Cipriani-Willis of California
Second place – \$1,500 cash
award: "Kent, West Texas" by
John Salminen of Minnesota
Third place – \$1,000 cash award:

"Autumn Quilt" by Jerry Smith
of Indiana.

In addition, Show Juror Soon Y. Warren of Texas selected 21 additional paintings to receive cash and merchandise awards. Total awards given exceeded \$15,000.

For a complete list of award winners, please see the online show catalog at www.fallbrookartcenter. org.

The show is open daily through April 21, Monday-Saturday, 10 a.m. to 4 p.m., Sundays, noon-3 p.m. Admission is \$6, free to Premier & Friends Level Members, Show Sponsors, and Patrons. Join as a new member and admission will be credited. The center is located at 103 S. Main at Alvarado, (760) 728-1414.

Submitted by the Fallbrook Art Center.

Guests view the watercolor paintings on display during the Fallbrook Art Center's World of Watercolor & Beyond show reception, Feb. 9.





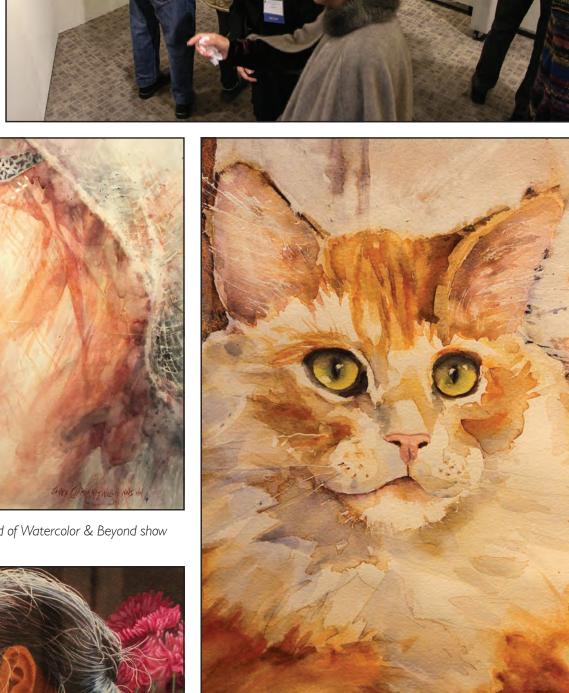
"Veiled Smile" by artist Janice Capriani-Willis wins first place at the World of Watercolor & Beyond show which will be displayed until April 21.



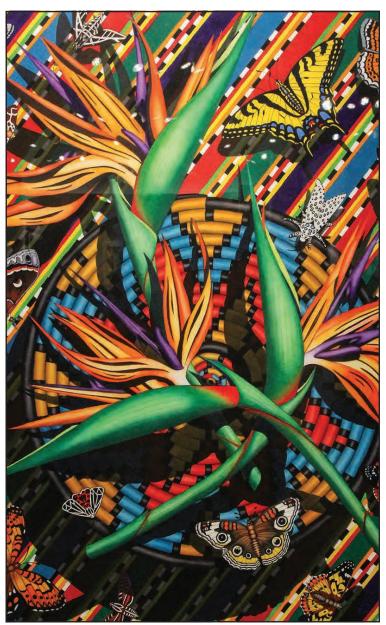
"Arranging Beauty," a watercolor by artist Matthew Bird, displays bright colors at the Fallbrook Art Center.



"James" by artist Kathleen Giles looks out on visitors to the Fallbrook Art Center's World of Watercolor & Beyond show.



Detail of "Beauty and the Beast" by artist Vickie Nelson is on display at the 10th Annual World of Watercolor & Beyond show.



"Big Birds of Paradise" by artist Jerry Bowman wins Best of Show at the Fallbrook Art Center World of Watercolor & Beyond show.

Shane Gibson photos

REAL ESTATE & HOME AND GARDEN

Preliminary work for new Sandia Creek Drive bridge is starting

Sandra Jacobson of California **Trout, George Sutherland** and Bob Blankenship of Trout Unlimited

Special to the Village News

The Sandia Creek Drive bridge replacement project over the Santa Margarita River, two miles north of Fallbrook, is a long-awaited community improvement.

The new bridge will be built about 150 feet downstream of the existing structure and will straighten out the curve near the trailhead parking lot. It will make it safer for trail users and motorists to use this high traffic area. It will also allow safe passage for endangered Southern steelhead upstream to spawning and rearing habitat in the river.

Another key benefit is that the new bridge provides reliable and safe access for residents during high flows that flood the existing bridge. The new structure is designed to allow 100-year flood flows to pass beneath it. The current Sandia Creek Drive bridge is slated for demolition after the new bridge is completed.

As part of the design phase, residents and recreationists will see temporary grading at the project site to enable crews to get access for soil borings and bedrock analysis to ensure bridge stability the week of Feb. 11. There will be traffic control at the site while the larger equipment crosses the road and bridge, but delays will

The bridge design has been

vetted through the hydraulic, civil and structural engineering team in collaboration with San Diego County. This alternative was selected in consultation with Fallbrook Trails Council, Fallbrook Public Utility District, Fallbrook Community Forum and the new landowner The Wildlands Conservancy.

The key message for people that know and love the Santa Margarita River Trail system as a local jewel is that this bridge project won't cause trail usage restrictions.

The design phase is funded by California Department of Fish and Wildlife and State Coastal Conservancy. It is an example of how to integrate endangered species management into community infrastructure projects that benefit fish, water and people.

Construction is anticipated to start in 2020. Fundraising is underway by nonprofits California Trout and Trout Unlimited, who are leading the project, by applying for competitive state and federal

The new bridge will be a valuable addition to the Santa Margarita River Trail Preserve, recently acquired by The Wildlands Conservancy. A full-time ranger is on-site to help trail users explore the trail system and understand the unique qualities of the preserve.

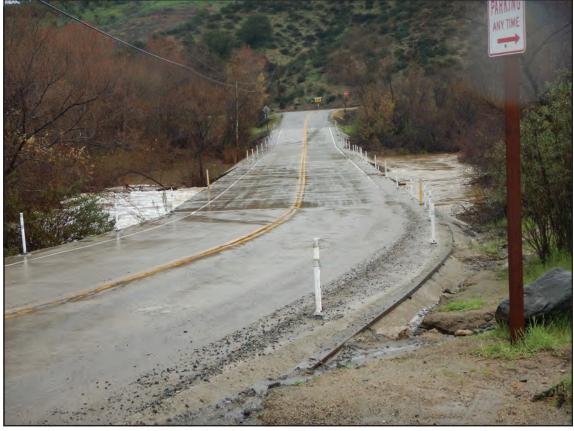
This is an update to the Sandia Creek Drive bridge article published in the Village News in May 2018.

Courtesy photos

[top]The Santa Margarita River barely clears the Sandia Creek Drive bridge crossing after a recent rainstorm.

[left] Zach Kantor-Anaya is the regional director of South Coast Preserves and The Wildlands Conservancy.

[right] Taylor Burnell, a ranger with South Coast Preserves and The Wildlands Conservancy, stands next to the Santa Margarita River.







FPUD awards contract for Sandia and Bucknell reservoirs

Joe Naiman

Village News Correspondent

The Fallbrook Public Utility District re-bid the re-coating of the district's Sandia and Bucknell reservoirs, and the second round of bids gave FPUD a satisfactory expenditure to award.

A 5-0 FPUD board vote Jan. \$700,848.

about \$150,000 lower by going back out to bid," Jack Bebee, FPUD

28 approved a contract award to AMP United for the National City company's bid amount of

continued service life of the reservoirs and avoids the need for general manager, said. "That was more costly replacements. "We're just finishing up our program, the final couple of

programs," Bebee said. Advancing the Sandia and Bucknell reservoirs to the contract stage leaves only the 2.8 million gallon reservoir in DeLuz to be re-coated since FPUD adopted the program.

definitely the appropriate action."

10-year program to re-coat all of

the district's steel reservoirs. Re-

of the tanks protects the steel

from corrosion, which ensures

In 2012, FPUD developed a

"We have one coat to do next year and then a break before we start over again," Bebee said. "We have a pause for about five years and we start over."

Both the interior and the exterior of the Sandia Reservoir will be re-coated. The Bucknell Reservoir

in DeLuz will be removed from service due to its deteriorated condition and seismic risk, so only the exterior of the tank will coating the interior and exterior be re-coated and the reservoir will continue to house wireless communications facilities.

"Bucknell's going out of service. It's a very small tank," Bebee said. "It's just going to have some cell antennas on it.

FPUD staff prepared a bid package for the re-coating and repair of the reservoirs, and Paso Robles Tank Inc. provided the only bid by the initial Dec. 5 deadline. Paso Robles Tank submitted a bid of \$839,707. The bid was approximately 25 percent higher than the engineer's estimate which was based on unit costs from past FPUD tank coating projects. Although increased demand for construction projects and higher material prices may be a factor in the higher bid price, FPUD staff believed that the project could be

re-advertised more widely and rebid to obtain competitive bids from multiple contractors. A 5-0 FPUD board vote Dec. 13 rejected the Paso Robles Tank bid and directed staff to re-bid the project.

"Because we only got the one bid, we just re-bid it," Bebee said.

Six companies, including AMP and Paso Robles Tank, submitted bids by the Jan. 9 deadline for re-bidding the project. AMP has previously performed work for FPUD which was completed to the district's satisfaction.

The re-bid did not affect the schedule.

"It will start sometime in the next 60 days, and they have several months to complete it," Bebee

That will include the peak summer months, so FPUD will rely

on reservoirs other than Sandia. "Sandia will be out of service for the coating," Bebee said.

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Bresnahans named top agents for CBVP



Coldwell Banker Village Properties recently announced Pat and Judy Bresnahan were its Top Selling and Top Producing Agents for the month of December.

Courtesy photo





PATRICK MARELLY Founder/REALTOR DRE #01054284 *MLS data thru December 2018.

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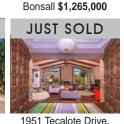
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Real Estate Round-Up: Affordable owner-occupied workforce housing



Kim MurphyMurphy & Murphy Southern
California Realty

Two weeks ago, I was in Indian Wells for the California Association of Realtors state directors meeting. As I reported in last week's column, there are topics that are either coming forward in the form of discussion or in the form of pending legislation. This week I want to dig deeper into "affordable workforce housing" which is central to housing availability, as well as transportation gridlock, across the state.

What exactly is "affordable workforce housing"? What is "affordable owner-occupied workforce housing"? Both terms came out of the conversation surrounding the housing crisis. The availability of housing, or in the case of California, the unavailability of housing, is the root cause of the affordability problem.

Much of the conversation over affordable housing is focused on developing much needed housing for those who would like to live in the communities in which they work. In fact, "affordable owner-occupied workforce housing" and "affordable workforce housing" are often referenced in policy discussions with this goal in mind. In simple terms, homes need to exist in the same community as the jobs and at a price, whether it is for sale or for rent, that the holders of those jobs can live in.

Let me provide you with a little history. The concept of workforce housing has its roots in the ski towns of Telluride and Aspen, Colorado. In 1974, in response to locals not being able to purchase homes due to the disparity between their wages and cost of homes and land rising sharply due to the influx of buyers from New York and Hollywood, a conference was organized at the Aspen Institute.

At that time, the problem seemed to be a ski resort anomaly. It was made worse due to the limited land available for development and the vast quantity of federally owned land, which made "sprawling" unrealistic. This problem has now become California's problem. The cost of land, plus the cost of development, puts most private sector development financially out of reach for most of California's

working families.

Since the mid 2000's, California has continued to search for tools to help private developers successfully solve the housing shortage, without assistance from the government. No solutions have been developed. Without the ability to fund initiatives or to create incentives or mandates, the housing availability and the resulting lack of affordability has not improved. In fact, it has gotten worse.

In order to address the issue, the term must first be defined. A uniform definition could help the state establish new programs in order to bridge the state's housing supply and affordability gaps. In 2017, SB 2 (Atkins) was passed. It put a fee of \$75 per document, up to a maximum of \$225 for multiple documents, on the recording fees collected on real estate transactions, excluding purchase escrows. Twenty percent of the funds received from SB 2 (Atkins) are allocated specifically for affordable owner-occupied workforce housing.

In 2016, the California Housing Finance Agency established income limits to 140 percent of AMI (area median income) for conventional loans in 35 high cost counties in California. In 2017, CalHFA determined that this limit remained too low to qualify a substantial number of persons to buy housing, which resulted in an increased limit of 150 percent AMI in all 58 counties and created a single household size, establishing a single income limit per county.

The AMI (the mid-point of the area's income) in San Diego County for 2018 was \$63,400. Increasing the income limit to 150 percent of this number, or up to \$95,100, still presents a big challenge to rent or purchase property in the county.

The California Association of Realtors (CAR) is sponsoring legislation to statutorily define "affordable owner-occupied workforce housing" and "affordable workforce housing" so the state can begin the process of creating programs that will stimulate building for the 70 percent of our population impacted by the current shortage of housing. Once that is established, we can begin the discussion of what kind of housing will be built, some for ownership and others for rental.

Being able to provide affordable housing for the workforce in the area, will decrease traffic congestion and stabilize communities. When people live where they work, they invest their time and money in the community. Next week I'll write about "rent stabilization".

Kim Murphy can be reached at kim@murphy-realty.com or (760) 415-9292 or at 130 N Main Avenue, in Fallbrook. Her broker license is #01229921, and she is on the board of directors for the California Association of Realtors.





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Time to wake up rose bushes

Frank Brines, Master **Consulting Rosarian**

Special to Village News

Nature lies fallow in winter in preparation for the new year. All life needs rest in order to grow with greater strength. Winter is the time of withdrawal that precedes renewal. But now it's time to take a few simple steps to wake roses up for a great year.

There is no magical specific date to prune. According to all accounts and professional rosarians, the proper time is "late winter." This time has many meanings, but the bottom line is to prune late enough that there's little risk of frost damage to the tender growth that will emerge from pruning. In the Temecula Valley, last average frost date is March 31, so that means it's probably safe pruning in mid- to late-February.

Of course, it's always a gamble. The best advice is to watch the weather. Generally speaking a little later is best when there's been winter rain since the rains are cold and the ground is wetter and colder than usual. This year, even with the rains, the weather hasn't been severe enough yet to actually prevent new growth on the roses.

I have observed that pruned or not, new growth is appearing. Different parts of the yard may have other conditions. A south facing wall backing the plants will be warmer than a shadier area. The composition of the soil will have differing effects. Whether there is still a generous layer of mulch can affect soil conditions.

If a gardener hasn't began or finished pruning, don't fear there is still plenty of time to have blooms for rose shows or special spring events. I would suggest from what I've been seeing lately as a result of the rainy periods and warmer than usual weather which has created a great environment for fungi diseases, that gardeners investigate their roses and if they find any rust to remove all the leaves at once and discard them into their green waste bin.

The main reason for the major late-winter pruning is to reset the plants' biological clock. A wake up call to begin a new life cycle that is like restarting a factory setting.

After this pruning, gardeners can usually expect a flush of blooms 8 to 12 weeks later, depending on the temperatures during that period the warmer it is, the shorter the time to blooms. But all things being equal, if gardeners prune in the latter half of February they will likely have blooms for 2019 rose shows scheduled in mid- to late-April. If they would like blooms for a specific date, they should

count backwards approximately 10 weeks from that date. Pruning should be complete on this date.

The following procedures mostly apply to hybrid teas and floribundas, but they are reasonably serviceable for minis. They are not really applicable to climbers, ground cover roses, trailers, or shrub roses – all those types have their own pruning methods.

In general, it is recommended to have good pruning tools and gloves with arm protectors, long handle loppers and sharp clean "bypass" hand pruners. What does "bypass" mean? Take a look at the pruners. Bypass pruners have a sharp cutting blade which slices through the cane and a dull curved non-cutting blade which holds the cane in place during the cut.

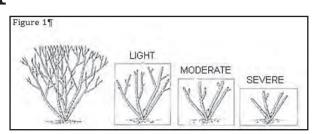
The sharp blade "by passes" or over shoots the dull curved blade. It's a good idea to have a range of pruner sizes handy. Each size has a limit to the diameter thickness for which it is most efficiently used: using too small a pruner on too large a cane can damage both. At minimum, have a pair of loppers and a standard-sized pair of hand pruners that fit comfortably in a hand. A saw can be handy if there are some older plants with large canes that may need to be removed.

All tools should be kept clean, sharp and in good repair. Rubbing alcohol is ideal for cleaning cutting blades, before and during the job. It also helps prevent transmitting diseases from plant to plant, and use it as first aid for punctures and scratches to the skin. A good pair of leather gloves are necessary with long sleeves or separate pair of sleeves to protect arms.

Before starting the job, lubricate the moving parts with a little light oil, such as 3-in-1 oil, and make sure they operate without resistance. Sharpen each blade with a small diamond file that is available at garden centers, trying as much as possible to match the original bevel of the blade.

Every 100 cuts or so, swipe the file over the blade a few times to keep it sharp. If the pruners are crushing the stems or leaving a tail, it's past time to sharpen. To minimize damage to the cane keep this rule in mind. The sharp blade should always face the part that will be left. It will minimize the crushing of the cane or stem as it will be the part that is discarded. This rule also works for preparing stems for arranging or putting into a vase.

Now, decide what style of pruning to do, see Figure 1. I find this works well with the way buds are distributed along the cane.



Buds are found in the "axil" where a leaf meets the cane; leaves spiral around the cane at about 1.5-inch intervals. It places outward-facing buds about 4-inches apart. Prune lightly to moderately, and if frost damages the tender young growth, then it can still be re-pruned to the next bud down.

In Southern California, rose bushes can grow quite large, so start with some gross pruning to bring the project down to size. I use loppers to cut every bush down to about 3 feet high. It lets gardeners examine the structure of the bush, and to use hand pruners to more easily remove canes that are twiggy, dead, crossing other canes or passing through the center of the plant. Also remove old leaves so the structure of the plant is easy to see. After removing all that stuff from the interior of the bush, do the final pruning. Attempt to leave a domed top to the degree possible so the plant will bush out in a pleasing, balanced manner.

Pruners will make two kinds of cuts. Some cuts remove an entire branch; make these flush with the surface of the parent cane. Other cuts simply shorten a cane. It is important to position the pruners to minimize damage to the plant. Position pruners so the non-cutting blade is in contact with the portion of the cane that will be removed, and the cutting blade is on the side of the cut that will remain on the plant. See Figure 2. It will make more sense while actually holding the pruners and getting ready to cut. Also, always prune above an outward facing bud with an angled cut. See Figure 3.

For shrub roses, cut them back to conform to the space to fill, inspect and clean out dead and diseased material from the center, shorten canes and remove about one third of the growth.

A word of caution when pruning. Look for the small nests of hummingbirds, as it is the nesting period for two varieties in the area. Also, look for praying mantis egg cases on any branches, find a place to put them where they will be undisturbed and hatch out. The offspring are beneficial.

Clean the ground thoroughly of all rose debris and dispose of all cuttings and other materials in the green waste bin and put it on the street. Do not compost it. Apply a dormant spray to the plants and the soil surface to ward off diseases. Then apply 2-4-inches of composted mulch to cover the entire garden area.

The first fertilizing will be when new growth is about 2 inches long. I recommend lower values of the three elements (Nitrogen 3, Phosphate 4, K Potassium 3) with slightly higher value for phosphate. In two weeks begin with heavier feeding every two

weeks for great blooms or at least monthly. Now would be the best time to asses the irrigation system for any needed repairs while there is no new growth and mulch has not been spread.

Be sure to visit Rose Haven Heritage Garden, 30592 Jedediah Smith Road in Temecula. The cross street is Cabrillo Avenue. Visit www. TemeculaValleyRoseSociety.org.



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SHERIFF'S LOG

Jan. 18	
200 block of East Dougherty Street	Battery
Jan. 19	
1000 block of S. Mission Road	Battery
Jan. 21	
3600 block of Luneta Lane	Spousal Abuse
Jan. 24	
2600 block of Huffstatler Street	Spousal Abuse
Jan. 25	
Old River Road @ Dentro De Lomas Road	Vandalism
700 block of Rainbow Hills Road	Vehicle Burglary
3200 block of South Old Highway 395	Commercial Burglary
Jan. 27	
4800 block of Lake Park Place	Stolen Vehicle
Jan. 28	
Jeremy Way and Gomez Creek Road	Vandalism
3400 block of Gird Road	Verbal Gang/Terrorist Threats
1600 block of South Stage Coach Lane	Vandalism
200 block of South Main Street	Vandalism
100 block West Elder Street	Vandalism
2400 block of South Stage Coach Lane	Simple Battery
Jan. 29	
1000 block of S. Mission Road	Battery
1100 block of Old Stage Road	Lewd or Lascivious Acts with Child Under 14/Burglary
1000 block of South Mission Road	Simple Battery
400 block of South Main Avenue	Vandalism
1100 block of North Stage Coach Lane	Fraud/Soliciting for Charitable Contributions
1100 block of Riverview Drive	Grand Theft
200 block of West Clemmens Lane	Child Abuse
Jan. 30	
32100 block of Caminito Quieto	Violation of Restraining Order
1100 block of Via Encinos Drive	Vandalism
1100 block of Via Encinos Drive Jan. 31	Vandalism
	Vandalism Drunk in Public
Jan. 31	

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Feb. 1 600 block of East Alvarado Street Commercial Burglary

Commercial Burglary

Miscellaneous Incidents

Threat with a Weapon

Repeated Phone Abuse

Domestic Violence

Simple Battery

Shoplifting

Extortion

Petty Theft

Petty Theft

Weapon

Simple Battery

Spousal Abuse

Substance

Violation

Fraud

Fraud

Assault with a Deadly

Assault with a Deadly

Forgery/Identity Fraud

Possession of Controlled

Juvenile Court Order

Vehicle Burglary

Spousal Abuse

Drunk in Public

Spousal Abuse

Elder Abuse

Drunk in Public

Domestic Relations Violation

Under the Influence of Drugs

200 block of North Wisconsin Avenue Stolen Vehicle Feb. 2

4700 block of Pala Road Battery 2800 block of East Mission Road

3200 block of South Old Highway 395

Peony Drive, Wilt Road, Citrus Drive

700 block of W. College Street

Residential Burglary 3400 South Old Highway 395 Stolen Vehicle 500 block of De Luz Road Vandalism

Feb. 3

Vista Del Pacifico

100 block of Brandenburg Lane Battery 30500 block of North River Road Missing At-Risk Adult

Feb. 4

1100 block South Main Avenue Fraud Threat with a Weapon 5500 block Mission Road Vehicle Theft 2600 block Huffstatler Street 5000 block Lake Circle Road **Grand Theft** 700 block West College Street Threat With a Weapon

Feb. 5

1100 block South Mission Road Petty Theft 200 block W. College Street Petty Theft 1100 block South Mission Road Taking of Bike 5700 block Camino Del Cielo Petty Theft 3300 block Sunset Drive Elder/Dependent Abuse 600 block Poets Square Simple Battery

1000 block South Mission Road 1100 block South Mission Road 1400 block Alturas Road 1000 block North Orange Avenue 200 block East Fallbrook Street

Feb. 7 2000 block Reche Road

2400 block South Stage Coach Lane 5200 block South Mission Road 1700 block Acacia Lane

1000 block Winter Haven Road 5200 block South Mission Road 5000 block Pala Road

300 block Industrial Way Feb. 8

500 block South Main Avenue 200 block Pippin Court

39000 block De Luz Road

1600 block South Mission Road Feb. 9

35000 block Persano Place 700 block Alturas Lane East Alvarado Street @ North Main Ave.

500 block Morro Road 1400 block South Mission Road

1100 block South Main Avenue 1700 block South Hill Avenue

Feb. 11 3400 block South Old Highway 395

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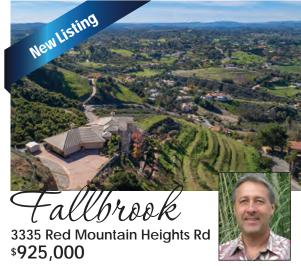
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OBITUARIES



Nicholas Michael Flasch came into this world on July 22, 1996 to parents Pete and Karen Flasch. He was a devoted and loving brother to Brian Flasch, Karvon Croney, and Logan Flasch. He was loved deeply by his grandparents, Ed and Judy Flasch, Peter and Jerol Riley, and Lawrene Thomas.

Nick spent his school years in Fallbrook, California and graduated in Surprise, Arizona. He enjoyed camping, riding dirt bikes with his friends and exploring the outdoors. Music was at the core of his person, he was a self-taught guitar player constantly writing original songs as well as playing classic favorites, especially around the campfire with those close to him.

He loved to make other people happy, whether it was using his quick sense of humor to make people laugh or being the first to show up when someone needed help, he was always there. He made sure everyone around him felt loved and appreciated, no one ever left without a hug. He was everyone's favorite "ginger"!

Nick's career in the construction industry was impressive to say the least. His unparalleled work ethic, quick learning, and natural talent on the job site helped him became one of the youngest grading foreman at TNT Blanchard, even managing to beat his dad's record by a few years.

He was an easy-going, kindhearted, private person; an old soul if there ever were one. At times in this world, his heart had been broken and bruised, yet he continually got up, dusted off, and gave his best again and again.

Nick left this world on the morning of Feb. 1, 2019. He will be dearly missed by all whose lives he'd impacted. Nick's funeral service will be held on Saturday, Feb. 16 at 10 a.m. at the Masonic Cemetery in Fallbrook. A celebration of life memorial will take place afterwards at The Garden of Life Hall in Bonsall.



It is with the deepest sorrow that the family of **Donald Edison** Thompson Hambric informs his friends that Don passed away Tuesday, Feb. 5, 2019, at 1:30 p.m. at the age of 75. In December, he suffered a seizure and, complicated by long standing heart problems, he continued in an incapacitated state until mid-January when his decline visibly worsened. His passing was peaceful, and he was prepared to meet his creator.

Don was born Oct. 15, 1943, in Nacogdoches, Texas, to Edison Dewitt Thompson of Lumbee Indian heritage and Lorraine Helen Wayland who were married in Jacksonville, Florida.

Following a job lead provided

by Edison Howe Wayland, his maternal grandfather, the family, consisting of him, his sister, Marion Annette Thompson and their mother and father, moved to Lubbock, Texas, where Dewitt secured a job in a foundry. The couple divorced after a year, and Lorraine and the two kids moved to California to seek fame or fortune.

Don grew up in Long Beach and later Garden Grove, where he graduated from Rancho Alamitos High School. While in high school, he played on the varsity football team and joined the 4-H Club. It was also during that time that he was introduced to his two lifelong passions, raising pigeons and Native American lore.

As a pigeon fancier, his perfectionist nature led to him becoming a recognized expert and judge. His membership in the Wawoyaka Indian Lore Club led to a lifetime of achievements as an accomplished artist, dancer, Sacred Pipekeeper and elder in the Native American Community.

Under the tutelage of his stepfather James C. Hambric, whose last name Don adopted, he was introduced to weight lifting and his congenital heart condition repaired itself.

This training led to his enlistment in the Marine Corps at age 20 which changed his life completely. There he discovered the joy of physical strength, emotional stability and the camaraderie of his fellow Marines that became the hallmark of his life going forward.

With the Marine Corps and college at California State University Fullerton behind him, he met his wife Judith Sharon Swan (Haddock) at Honeywell where they were both working. She had one son, Trevor Austin, who would later become Don's adopted son. They married in 1974, and from that union one son was born, Aaron Austin Hambric.

Don was preceded in death by his mother Lorraine Helen Hambric (Wayland); his father Edison Dewitt Thompson; his wife Judith Sharon Hambric (Haddock) and his sister Diane Elizabeth Orozco.

He is survived by his son Trevor Austin Hambric and wife Wendy Hambric (Wallace); his grandson Joshua Hambric; his son Aaron Austin Hambric; his sister Marion A. Falgren; his brother Julio Enrique Orozco III and wife Kathleen "Kate" (Alcock) and his sister Gloria "Lori" Hunter

Don's many nieces, nephews, great nieces and great nephews as well as his brother and sisters join in honoring Don's life, and according to the traditions Don followed, they ask that all his ancestors join in a Circle of Life to acknowledge his passing.

Following Don's instructions and the wishes of his son, there will be no funeral or memorial service. In lieu of flowers, those who wish may donate to the Fallbrook Animal Sanctuary at 230 W. Aviation Road in Fallbrook.

If you won't listen to us about the benefits of pre-need planning, listen to your accountant.

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Clarence M. Nejo "Louchie" was born on March 30, 1951 to Mary Nejo and Carl Siva. He passed away on Feb. 8, 2019 at his home on the Pala Indian Reservation surrounded by his loving family. Louchie was preceded in death by his parents and brother, Clifford Nejo.

Louchie was raised on the Pala Indian Reservation.He married Bonnie Nejo (Blanton), of Fallbrook, California and had four children, Pearl Nejo, Joe Nejo, Sam Nejo and Carla Nejo, all of Pala. Together, they raised their family on the reservation.

Louchie worked for over 20 years as a heavy equipment operator for Con-Rock Sand & Gravel Co. He enjoyed classic cars, golf and time spent with family and friends.

Louchie is survived by his

three sisters, Kathy Siva, Lydia M. of Palm Springs, Cecelia McElhone of Pala and brother Jude Siva of Palm Springs; his companion of 23 years, Vicky Carey of Mesa Grande; four children, 19 grandchildren and one great-grandchild. Louchie also had numerous nieces, nephews and godchildren.

His strong presence will be sorely missed.

Rosary will be on Friday, Feb. 15 at 7 p.m., Berry Bell Mortuary-Fallbrook; Funeral service, Saturday, Feb. 16, at 10 a.m., Word of God Fellowship

35374 Pala Temecula Road, Pala CA 92059 with burial immediately

Pala Indian Cemetery. Lunch will be served at Pala Administration Building.

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EDUCATION

Teens showcase projects at youth leadership camp

JULIAN - Eight youth advocates recently took on the role of mentors sharing step-bystep details and tips learned from two successful projects, with 200plus peers at a Youth Leadership Institute in Julian.

The opportunity required the teens - four Fallbrook residents and four from San Marcos - to give two separate presentations eight times each to fellow youth rotating by in small groups. Fallbrook High School freshman and institute presenter Yareli Albino said the experience was hectic but fun.

'Obviously, if you get a room full of teenagers, things are going to get a little crazy, but it went very well," she said. "They actually seemed very intrigued by what we were saying.'

The San Diego County Office of Education hosted the two-day leadership institute as it does each year for high school students involved with the agency's Friday Night Live Partnership. The partnership provides positive training and opportunities that build teens' leadership and advocacy skills and encourage them to avoid alcohol, tobacco, drugs and violence.

Albino and the other local teens - Brandon Bazan, Robert Escobar, Marcos Fonseca, Daniel Mendez, Jaime Salas, Justin Soto and Gisselle Zamora – represented the Youth Advocacy Coalition at the camp-style program.

Sponsored by North Inland Community Prevention and the Fallbrook Regional Health District, the 20-member coalition works to reduce alcohol and drug use among young people aged 12 to 24 in San Diego County's North Inland region.

The group of North County teens, who are Youth Advocacy Coalition members, were one of nine groups that presented on Day 2 of the leadership institute. Salvador Garcia, a youth development project specialist with the County Office of Education, said institute organizers wanted to offer attendees a sampling of other youth groups' work.

"Some of them might want to do

Palomar College



Fallbrook High School freshman and Youth Advocacy Courtesy photos Coalition member Yareli Albino fields fellow teen advocates' questions about a recent coalition project that saw seven North County high school football players and others sporting red ribbons at games with rivals, to remind everyone present not to provide alcohol or a drinking venue to anyone under 21.

the same thing in their own area, or it might spark ideas that are similar but can be customized to fit their own interests or communities,"

The Youth Advocacy Coalition reps used photos, PowerPoint presentations, sample posters and other materials to explain how they organized and carried out their projects. The coalition tackled the first one, the "Red Ribbon Helmet Project," after learning nearly half or 48.3 percent of San Diego County 11th graders who participated in the 2013-2015 California Healthy Kids Survey reported they had used alcohol at least once.

The youth advocates got football players and others at seven local high schools to wear red ribbons and make special announcements during football games last fall to remind people present at the games not to provide alcohol to or a drinking venue for anyone under 21. The project emphasized social host laws that protect everyone from the hazards common to underage drinking.

The second project presented by the Youth Advocacy Coalition

Spectacular new library opens at

highlighted a successful campaign to ask the county board of supervisors and four North Inland cities to proclaim December "Drugged Driving Prevention Month," to promote the fact that drugged driving is a huge threat to area residents. California Office of Traffic Safety statistics show that in 2013, 32 percent of all drivers killed in motor vehicle crashes who were tested, came up positive for legal and illegal drugs.

The youth and volunteers then held rallies in six communities. Participants used signs and chants to urge people to support measures to reduce drugged driving, including high visibility enforcement of drugged driving laws, to send a strong message that drugged driving is dangerous and illegal.

Justin Soto, a junior from Mission Hills High School and institute presenter, said he really liked sharing the coalition's projects with fellow youth who might be motivated to launch similar prevention efforts.

"The goal is to spread a positive message (drugged driving is preventable) to the community



Teen advocates from high schools throughout San Diego County take notes during a Youth Advocacy Coalition presentation at the San Diego County Office of Education's recent Youth Leadership Institute in Julian. Coalition members served as mentors who shared details of two of their successful projects with more than 200 fellow teen advocates at the two-day leadership program.



Mission Hills High School students and Youth Advocacy Coalition members, from left, Robert Escobar, Gisselle Zamora and Jaime Salas explain how the group organized and carried out a successful project promoting the fact that drugged driving is a huge threat to area residents.

like a virus," he said.

View the reports at https:// calschls.org/reports-data/querycalschls/157/alcohol-use-in-<u>lifetime-by-grade-level</u> and at

www.ots.ca.gov/OTS_and_ <u>Traffic_Safety/Score_Card.asp.</u>

Submitted by North Inland Community Prevention Program.

Boxer-Capitano earns degree from Miami University

OXFORD, Ohio - Adena "Public Ivies" in the country, Boxer-Capitano of Fallbrook was among more than 1,000 students from Miami University

a master's degree in biology.

Miami University is located in Oxford, Ohio. The university is consistently ranked by U.S. News and World Report for its commitment to undergraduate teaching and is the number one college town according to Forbes.

Submitted by Miami University.

who received degrees during fall commencement exercises Friday. Dec. 14, at Millett Hall. Boxer-Capitano graduated with

Considered one of eight original

Wright is named to Simpson University dean's list

REDDING - Madison Wright of Fallbrook has been named to the dean's list at Simpson University for the fall 2018 semester.

Wright's major is psychology. To be eligible for the dean's list, a student must have a semester GPA of 3.50 or higher.

Simpson University, founded in 1921, offers undergraduate degrees in about 25 majors. From its beginnings, Simpson University has sought to be a Christ-centered learning community committed to developing each student in mind, faith, and character for a lifetime of meaningful work and service.

Submitted by Simpson *University.*

The new library at Palomar College will have its grand opening on Friday, Feb. 22.

SAN MARCOS - From the fourth-story views to state-ofthe-art computer labs to reference desks, book stacks and study nooks on every floor, the new Library Learning Resource Center at Palomar College was bustling with students during the first week of the spring 2019 semester.

"This beautiful new building is a stellar example of Palomar's commitment to innovation and building for the future," Dr. Joi Lin Blake, superintendent and president of Palomar College, said. "We were proud to welcome

our students into their new library this week, and we look forward to welcoming the community to celebrate its official grand opening later this month."

The ceremony, scheduled for 2 p.m., Friday, Feb. 22, will be held on the plaza in front of the new building, with refreshments and remarks by Palomar College officials, as well as tours for guests.

The first week of school was also the facility's long-awaited campus debut, after library and facilities staff spent the holiday

Courtesy photo break putting the finishing touches

on and moving into the building. At 85,000 square feet and four stories tall, the structure is a striking new presence on a campus that has been transformed over the last decade, with the implementation of Proposition M, the \$694 million ballot measure approved by voters in 2006.

To view a gallery of photos of the new building, visit http:// www2.palomar.edu/pages/news/ <u>lrc-first-week</u>.

Submitted by Palomar College.

the village beat

Don't miss a beat on what is happening in Fallbrook, Bonsall, Pala, De Luz and Rainbow. Whether it is breaking news, local youth sports, or information on events and activities, you will find it quickly and easily at

thevillagenews.com

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Zieber named to dean's list at Army and Navy Academy CARLSBAD - Army and Navy higher are named to the dean's list. for-profit institution that provides Academy announced that Reid "I am incredibly proud of the an academically robust, character-

Zieber of Fallbrook has been named to the dean's list for the first, second and third grading periods of the 2018-2019 school year.

Zieber is from the class of 2019. Students with a GPA of 3.80 or

students who made the dean's list," Ethan Segovia, dean of academics, said. "They have worked hard, and it shows.'

Founded in 1910, the Army and Navy Academy is a private notbased education for young men, grades 7 through 12. Learn more about Army and Navy Academy at https://armyandnavyacademy.org.

Submitted by Army and Navy Academy.









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February 14, 2019 Www.VillageNews.com Volume 24, Issue 7

Warriors tame the Eagles



Fallbrook's Miguel Rojas attempts to stop San Pasqual's advance, Feb. 6. The Warriors won 2-0.



Warrior Jeron Rollins knocks the ball away from the Golden Eagles' possession in a home game at Warrior stadium.



Warrior Ishmael Guadarrama kicks the ball to a teammate in the game against the Golden Eagles.



Fallbrook's Andres Ramos battles for the ball against a San Pasqual opponent.



Warrior Andres Ramos heads the ball against the Golden Eagles.



Fallbrook's Omar Diaz dribbles the ball past San Pasqual defenders in the Warriors' win over the Golden Eagles.



Fallbrook's Matthew Bridgeman heads the ball to his teammates against San Pasqual.



Warrior Jeron Rollins dribbles the ball against San Pasqual. Fallbrook won the varsity boys soccer game, 2-0.

Shane Gibson photos

SPORTS

Athlete of the Week: Celis leads Warriors girls' rugby with love



Nathalie Celis

PRIOR

Nathalie Celis weaves her way through tacklers during a game against Fallbrook High Warriors rugby players.

Fetzer hits hole in one





Local resident Steven Fetzer shoots a hole in one on hole No. 7 at Golf Club of California, Dec. 26, 2018. He played the round with his cousin Tommy Knippleberg, center, and his father George Murray, right.

Jeff Pack

Writer

Shane Gibson photo

Nathalie Celis has been the captain of the Fallbrook High School Warriors girls' rugby team for two seasons now, and the diminutive but hard-charging senior open-side flank can go from menacing scowl to huge smile at any moment when she is on the field.

Not only that, she's quick.

"Nathalie has great feet and a wicked step that leaves players dead on their feet," head coach Craig Pinnell said. "She is a player that leads by example but also has the vision to play off others at the right moment."

It's obvious her teammates love her, but the love they have for her doesn't compare to the love Celis has for her team. "I love playing rugby because of all the girls who play with me on the field," Celis said. "My teammates are some of the most courageous girls I have ever met. I have created so many friendships, due to the immense amount of respect all players have for each other and the sport overall."

She started playing rugby in eighth grade after a friend introduced her to the sport.

"I chose to play rugby because it is like no other sport," Celis said. "It takes a lot of hard work and dedication. Rugby is a pretty physical sport, and I am always willing to put my body on the line for my teammates any day. It was the best thing that has ever happened to me."

Anyone who watches her athleticism and toughness on the field will realize Celis could play any sport she wanted; however, she doesn't play any other sports at Fallbrook.

"Rugby is my favorite sport hands down," she said. "It is just such a beautiful sport with all the skill and technique it takes to play. I love those butterflies I get right before stepping on the field and the adrenaline you get after making that first tackle. Being a female rugby player is the coolest thing ever."

She has big goals for her senior season and for the Warriors, she said, but it started with one simple request.

"My goal for the team is to have fun," Celis said. "I hope for my last year in high school to be the best year yet. I want to set up my teammates and help them find that fire to ignite their flame. Lastly, I want to leave everything I learned from my coaches out on the field. I want to leave high school knowing that I did everything I could for my team and they do the same for me."

Celis said she is proud of the championship the Warriors won when she was a sophomore.

"I was young and extremely intimidated by the other team," she said. "However, my teammates and my coaches never failed to remind me that I was on varsity for a reason. They always believed in me even when I didn't, they are the reason I am the player I am today. I always strive to be that player for the younger girls because I know they are capable of so much."

Her favorite memory in rugby so far is going to Nationals in 2017 where the Warriors finished second.

"I connected with all the girls that year and had such a fun time, even under all that pressure," Celis said. "My best friend and I went together, making the experience so much better. Being able to play rugby at such a high level really makes you a better player."

After the high school season and following club season with Fallbrook girls' rugby, she said she hopes to attend Lindenwood University and continue playing rugby.

"I know a couple of player from the team that used to play with Fallbrook," Celis said. "They are also currently the No. 1 team at the college level so it would be tremendous to be on the team.

"Becoming a nurse has been a dream of mine since I was a young girl. Although, it would be amazing if I ever get the chance to become an Eagle and play rugby for my nation," Celis said.

Get to know Nathalie Celis

Favorite Subject

Art

"Because I love being creative and learning new art techniques. It also helps me take my stress away from my academic classes. I can't forget about my friends and teacher which make the class even more enjoyable."

Favorite Team

Fiji Men's Rugby team

"Especially their 7s team is unbelievable. They work so well off each other and a very high work rate. They know how to play smart and are very successful when trying new things. Watching them inspires me to try new thing with my teammates."

Favorite Athlete

Waisale Serevi

"Last summer, I met Waisale Serevi, former Fijian men's rugby player. He was humble and so fond of being a team player. He told me all about his experience playing with the team. He never gave up and was always finding a way to better himself. He taught me that if you want something thing in life you have to truly want to work for what you love."

Favorite Band/Musical Artist *Rex Orange County*

Favorite TV Show

"The Office"

Favorite Movie "Beauty and the Beast"



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loe Naiman

Village News Correspondent

Fallbrook High School's wrestling team concluded Valley League and dual meet competition Jan. 24 at Valley Center High School with a 41-39 win over Valley Center

"We finished with a win," Fallbrook coach Cristian Vera said.

A high school wrestling meet consists of matches in 14 different weight classes. During each match a wrestler is awarded one point for an escape, two points for a takedown, a reversal or a near fall lasting at least two seconds, and three points for a near fall lasting at least five seconds. Penalty points may also be awarded if the opponent commits an infraction.

A match decided by decision is worth three team points to the winner, a major decision which means a win by at least eight points gives the team four points, a technical fall which is awarded if one wrestler achieves a 15-point advantage provides five team points, and a fall, also known as a pin, or forfeit win adds six points to the team's total.

A forfeit win usually occurs when a team does not provide a

wrestler for a weight class rather than when a wrestler commits disqualifying activity, and a forfeit is also awarded if one wrestler is injured during the match and is unable to continue.

Fallbrook's Valley League season began Jan. 10 with a tridual in Escondido in which the Warriors wrestled a full slate of matches, minus forfeited weight classes, against both Escondido and Ramona high school. Escondido defeated Fallbrook by a 48-30 score, and Ramona was victorious over the Warriors by a 43-30 margin.

Because Mission Vista High School does not have wrestling, Orange Glen High School is a Valley League member for wrestling. Fallbrook's first home league meet of 2019 took place Jan. 15 against Orange Glen. The Patriots obtained a 39-31 victory.

Fallbrook does not have a 170-pound wrestler. A wrestler may compete in the weight class immediately higher than what he scales but not in a lower weight bracket, and the Warriors only have one 160-pound grappler so Fallbrook forfeited either the 160-pound or the 170-pound class in all of the Warriors' meets. One of Fallbrook's other wrestlers was overweight for his match against Orange Glen; he and his Patriots counterpart were allowed to compete but the match was automatically a forfeit in favor of Orange Glen. The Patriots forfeited one weight division. Orange Glen's twelve forfeit points exceeded the Patriots margin of victory.

"It was still right there for us, but we couldn't make up that difference," Vera said.

The Jan. 17 meet in which the Warriors hosted San Pasqual was a 48-34 Golden Eagles win. Fallbrook once again forfeited a second weight class due to an overweight grappler while San Pasqual High School forfeited one weight division.

"We couldn't close up the gap," Vera said.

Valley Center fielded wrestlers in all 14 weight classes. Fallbrook had an overweight grappler who was allowed to wrestle with the Jaguars automatically receiving six points, and the Warriors also forfeited the 160-pound bracket.

Six Warriors pinned their Valley Center opponent: freshman Ethan Ellefsen in the 106-pound class, freshman Chris Beltran in the

113-pound division, junior Kevin Sanchez in the 126-pound bracket, freshman Ethan Aguila in the 145-pound match, sophomore Johnny Bermudez in the 220-pound bout and junior Javier Montoya in the 285-pound competition. Although junior Carlos Hernandez was unable to pin his 195-pound opponent, with Hernandez holding a 14-0 lead his opponent was able to free one shoulder to avoid a pin but not both shoulders. Hernandez was awarded three points for a near fall lasting five seconds, and the 17-0 advantage ended the match as a technical fall.

"When we got a chance to put them away we needed to put them away," Vera said. "The guys pulled through, and they did everything I needed from them to get the win."

The Jaguars won four matches by pin. Although sophomore Uriel Juarez was unable to take down his 132-pound opponent, the decision score was 7-0 so the Jaguars only received three points.

"We've always been really close with them," Vera said. "This year we finally beat then."

Fallbrook had not defeated Valley Center High School since the Warriors joined the Valley League for the 2014-2015 season.

Escondido and Ramona shared the Valley League championship with 4-1 records; Escondido was responsible for Ramona's only loss and Valley Center was the only team to defeat Escondido. A Jaguars win against Fallbrook would have created a trichampionship, as Ramona was previously the only Valley League team to have defeated Valley Center, so the Fallbrook win deprived Valley Center of a share of first place in the final standings.

Vera said that the victory over the Jaguars showed that the Warriors were better than what their 1-4 league record would

"I think there was some kind of vindication with the win against Valley Center," he said.

Fallbrook won all four dual meets before league competition, so the win against Valley Center gave the Warriors an overall dual meet record of 5-4.

"It's always nice to end on a high note, and with that win we finish another season with a winning record," Vera said.

Editor's note: Look for CIF coverage in next week's issue, Feb. 21.

Dale selected as Warriors' girls volleyball coach

Joe Naiman

Village News Correspondent

Fallbrook High School named Jason Dale as the Warriors' new girls' volleyball head coach.

Dale was officially notified of the position Jan. 31.

'We're excited to have him as our volleyball coach," Fallbrook athletic director Patrick Walker said.

"I want to try to build a program from the ground up. I want to make it a fun and enjoyable experience for every girl who has a passion for volleyball," Dale said.

Chip Patterson had been the head volleyball coach of both the Fallbrook High School girls and the Warriors' boys. He will remain the coach of the Warrior boys, whose 2019 season begins with a Feb. 26 match at Point Loma High School.

"I'm trying my very best to get more on-campus coaches who are part of the staff who can be more involved with the kids that are there every day. They can hold tutorials and meetings in their classroom," Walker said. "That's the best deal to

have a teacher who is also a coach and on campus."

Dale teaches math at Fallbrook High School. He was hired by the Fallbrook Union High School District in 2014.

Patterson, who is an off-campus coach, took over as head coach of the girls program in 2014. He was an assistant coach on the girls team in 2013, when Robin Reese was the Warriors' head coach. Patterson has been the boys' head coach since

Dale coached Fallbrook's girls' junior varsity team in 2014 and 2015 and has also coached the Temeculabased Viper club.

"He's also highly qualified," Walker said of Dale. "He coached the JV girls a few years ago for a couple of years and did a great job."

Dale, who is now 33, graduated from Valley High School in 2003. His father, Alan, was the Jaguars' boys volleyball coach. Dale played for the Jaguars and attended California State Polytechnic University San Luis Obispo, which has club but not National Collegiate Athletic Association men's volleyball. Dale played on the university's club team before graduating with a business

The emphasis of Dale's business degree was accounting and finance, and he worked as a certified public accountant in Orange County for two years.

"I wanted to go back and become a teacher," he said.

Dale obtained his teaching credential from the University of California Irvine and began his teaching and coaching career at Aliso Niguel High School in Aliso Viejo. He coached the Wolverines' junior varsity boys team for two years before returning to San Diego County. Dale taught at Rincon Middle School in Escondido before the Fallbrook High School teaching position became available.

His daughter is now 5 1/2 and in kindergarten at La Paloma Elementary School, but Dale stepped down both as the Warriors' junior varsity coach and as a Viper coach to spend more time with his daughter and took a three-year absence from volleyball.

The advantages of an on-campus coach include being available to athletes throughout the day, being able to monitor grades and other academic issues, being able to work with school administrators on financial and schedule issues and being able to develop a yearround sports program which allows athletes and potential athletes to participate in the off-season.

"He's trying to get more teachers involved in athletic programs," Dale said of Walker. "He let me know that what we were trying to build was a long-term program.

Dale's desire to return to volleyball gave Walker an opportunity.

"I was interested in the program and he was looking for that kind of position and it just kind of worked out," Dale said.

The 2019 CIF girls volleyball season will begin in August - the first permissible day of practice will be Aug. 1 and the first permissible match can take place no earlier than Aug. 8. A team's 2019 schedule must be submitted to the CIF by

June 1. Dale's presence on campus will allow for the development of a physical education class emphasizing volleyball.

"We can build a program for all levels," he said.

Athletes on Fallbrook's CIF team can participate in the physical education class during the winter and spring CIF seasons, as can students who were not on the varsity, junior varsity or novice teams during the fall but might be interested in volleyball. Although the CIF prohibits club competition during the CIF season, a player may participate both in an off-season physical education class and a club team during the same weeks.

The physical education class will also teach volleyball knowledge and skills to those who may be involved in volleyball in a nonplaying capacity such as business management, health and fitness training, or announcing.

"It gives them an opportunity to still shine," Dale said. "I'm excited to start. I love the game, so it will be a really fun new adventure."

CIF reduces enrollment factor for football divisions

Joe Naiman

Village News Correspondent

The CIF Board of Managers approved a change in the enrollment factor used to determine football divisions.

The Jan. 16 approval reduces the enrollment factor by half.

"I think it was a good compromise," CIF commissioner Jerry Schniepp said. "Reducing that factor was the right thing."

In January 2013, the CIF Board of Managers approved a proposal to replace enrollment-based playoff divisions with divisions based on competitive rankings for each sport. The competitivebased divisions took effect in spring 2013 for baseball, boys lacrosse and girls lacrosse and were applied to the other CIF team sports for the 2013-2014 seasons. A review of the competitive-based divisions after one year allowed for modifications, and in June 2014, the board of managers made two changes. One was to eliminate the open division for the regular season, place all highest-tier teams in Division I and have the season's top teams compete in the open division playoffs and the rest in the Division I playoffs. The other was to add an enrollment factor for football. The enrollment factor was to enhance roster size equity, as the size of a school theoretically had an impact on depth which is considered more important in football than in other CIF sports.

The rankings use a weighted average based on win-loss record, strength of schedule and playoff wins. Originally the CIF used a five-year weighted average, and in June 2017 that was changed to a three-year weighted average with the previous season accounting for 50 percent, the season before that being weighed at 30 percent and the first year of the three-year period comprising 20 percent.

The enrollment factor adjustment had been 7 minus the number of students divided by 500 for schools with enrollment above 2,500, 13.11 minus the number of students divided by 225 for schools with 1,600 to 2,499 students, 18 minus the number of students divided by 133.3 for schools with 800 to 1,599 students, 24.8 minus the enrollment divided by 62.5 for schools with between 300 and 799 students and 32 minus the number of students divided by 25 for schools with no more than 299 students.

"The fewer the students, the higher the enrollment factor,' Schniepp said.

The new enrollment factor divides the previous adjustment in half. Some small private schools have significant turnout for football while cultural factors often create small rosters at some larger public schools. The initial proposal presented to the City Conference was to remove the enrollment factor. An ad hoc committee consisting of Schniepp and the athletic directors of The Bishop's School, Christian High School, Madison High School and Morse High School agreed to reduce the enrollment factor by 50 percent.

"Many schools, especially the ones that brought this proposal forward, believe that the size of the school had too much of an impact," Schniepp said. "The size of a roster was more important than the size of the school.'

The change allows smaller schools with strong football programs to compete in higher playoff divisions while allowing larger schools with low participation or inferior talent to be placed in a division more appropriate to the program's competitive level.

"Small schools can move up faster. Large schools can drop

faster," Schniepp said. Because the first reading of the enrollment factor modification took place before the end of the 2018 season, the listed changes based on the reduced enrollment factor were based on the 2018 divisions. Fallbrook, which was ranked second among the 17 Division IV teams when the 2018 divisions were posted, would have been sixth for the 2018 season. The Warriors' 2018 record in conjunction with the enrollment factor change places Fallbrook 13th among the 17 Division IV teams for 2019 and 62nd among the 83 schools with 11-man football. Enrollment numbers are based on the previous season since the divisions are set during that academic year; the enrollment of Fallbrook High School and Oasis High School, whose students are

allowed to play for the Warriors, was 2,039 at the beginning of the 2018-2019 academic year.

Have stock questions? Let's talk.



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DINING

Soups and Sweaters keep Daughters of Norway warm

Lucette Moramarco

Associate Editor

The sisters of Daughters of Norway Hulda Garborg Lodge #49 have had a "Soups & Sweaters" luncheon at their January or February meeting every year since 2010. Norway has long cold winters so the theme fits with the group's mission to learn and share the Scandinavian culture.

However, there have been several years when the temperature was too warm to wear Scandinavian sweaters. This year, though, the weather cooperated with a rainy morning and a cool 58° high for Feb. 9.

Lodge sisters signed up ahead of time for soups, salads, bread and butter, cheese and crackers and desserts. Scandinavians love butter, cheese, whipped cream and, most especially, desserts. It is not unusual to have more desserts than entrees for lunch after their monthly meetings.

The soups this year included

split pea, cream of broccoli, cream of mushroom, cod fish and potato leek. Salads included Waldorf, kale, broccoli, sweet potato and bacon potato salads. Desserts included a triple chocolate cake, red velvet cake, heart-shaped peanut butter cookies topped with chocolate kisses, Swedish almond cake (my favorite) and apple pie.

The split pea soup, made by the sister's husband, has only four ingredients, she said: dried green and yellow peas, onion, a ham hock and chicken stock. It was very flavorful. The cream of mushroom soup had lots of veggies blended in with the mushrooms, vegetable stock and cream. I like mushrooms but being lactose intolerant can not eat any soups with cream in them, including the cream of broccoli soup which happens to be a keto diet recipe, according to Louise Cobb who made it. So, even vegetarians and dieters could enjoy some soup, while wearing their warm Scandinavian sweaters.



The Cream of Broccoli soup is low in carbohydrates and a popular choice for Daughters of Norway sisters.

Cream of Broccoli Soup from Louise Cobb

- 4 cloves of garlic minced
- 4 cups chopped Broccoli florets, fresh or frozen
- 3.5 cups broth, either chicken or vegetable
- 1 cup heavy cream
- 3 cups shredded cheese, pre-shredded in the bag is best because it doesn't clump.

Sauté the minced garlic in a tablespoon of olive oil or butter. Add the broccoli and broth and bring to a boil. Simmer until the broccoli is soft, about 20 minutes. Add the cream and stir until soup comes back to a simmer. Simmer 5 minutes stirring so cream doesn't burn.

Shut the heat off before adding cheese. You don't want it too hot or the cheese will clump. Sprinkle cheese over soup about a cup at a time and stir until melted in.

You can reheat the soup but stir so it doesn't burn.

Cod Fish Soup Recipe from Diane Teeter

12 ounces of cod cut in small chunks

- 6 cups of water
- 2 leeks, thinly sliced.
- 2 large carrots, thinly sliced 1/4 onion, diced
- 2 tablespoons olive oil
- 1 clove garlic, minced
- 1 bay leaf 2 tablespoons parsley
- 2 tablespoon lemon juice salt and pepper to taste

Start by boiling the water, cutting up the ingredients while waiting for the water to boil

- Put carrots in pot, boil 10 minutes, then simmer
- Sauté onions in olive oil in a small pan 7 minutes, then add to pot Chop fish and mince garlic, add both to soup
- Add parsley, bay leaf and lemon juice
- Simmer additional 7 minutes until the fish is done



Split pea soup is always on the table for the annual Soups and Sweaters lunch; this one has both green and yellow peas in it.



The cod soup Lucette Moramarco photos includes leeks, carrots, onion and garlic.



Scandinavians love dessert from apple pie and almond loaf to cakes and cookies. Some sisters visit the dessert table before getting their main dishes and salads.







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BUSINESS

memory care residents



Sing-a-longs are held with the residents at Highgate Senior Living.

TEMECULA – Highgate Senior Living recently opened the second floor of its Cottage for new residents. The suites will accommodate an additional 18 memory care residents.

Highgate at Temecula opened its doors just over a year ago to positive reception in the community.

"We had always planned the second floor, but didn't expect to open it this quickly," Adam Bryan, vice president of Highgate Senior Living, said. "Our suites are large, beautiful and many offer very unique living styles. In addition to two purpose-built memory care courtyards, our second-floor residents will enjoy a secured balcony for outdoor access."

With the growing need for quality memory care options in and around Temecula, Bryan said they expect to fill the suites quickly.

"In addition to elegance and spaciousness, we offer a unique approach to dementia care. Our team is trained and certified in Teepa Snow's internationally renowned 'Positive Approach to Care' that has produced great outcomes by focusing on what's left, not what's

Bryan said. "And we're the only providers in town who are truly offering this approach. Beyond our own team, we have trained well over 100 medical and community professionals who interact with our residents. This way we know they are well served, even when receiving services from

an outside provider such as home health or hospice."

Highgate's philosophy of care differs from many traditional facilities in taking a more holistic approach, offering aromatherapy and spa treatments to aid in mood and sleep, as well as nutritious foods, hydration and exercise to

"We believe in keeping everyone as physically, mentally and socially engaged as possible. And we take the time and energy to get to know each resident as an individual, so that we can best serve their unique needs," Bryan said. "Beyond that,

we act as health advocates, working

with families and physicians to

keep residents as healthy as possible.

provide a personalized program of As Linda Hopkins, the spouse of one of our first memory care residents in Temecula put it, "John is cared for and respected. They treat him with dignity. One time he was agitated, and I suggested getting a

him down, but they suggested first trying aromatherapy and massage. It was so relaxing to him. He didn't need the medication." Highgate also takes steps to keep

prescription from his doctor to calm

family members together. "We have sisters living together, and married couples who are able to stay together. With family living, there is a renewed sense of normalcy once we have removed that burden

of care," Bryan said. Highgate is a privately owned company with nine senior living communities in four western states. It is known for its focus on purposeful living regardless of age or ailment and expertise in caring for those with complex medical issues or cognitive impairment. Highgate at Temecula offers both assisted living and memory care.

Highgate Senior Living is located at 42301 Moraga Road in Temecula. For more information, call (951) 308-1885 or visit www. HighgateSeniorLiving.com.

Submitted by Highgate Senior Living.



Highgate Senior Living is located at 42301 Moraga Road in Temecula.

Highgate opens new suites for | NCN supports local nonprofits with funds



North County Networking donates money to three local non-profits. Representing the non-profits are, front row from left, Rachel Mason of Foundation for Senior Care, Jeremy Ridgeway of 4 Paws 4 Patriots and Janet Lucore of the Fallbrook Animal Sanctuary; back row, NCN members Bill Ahrend, Ahrend Studios; Roberta Clark, Attorney at Law; David Thompson, Action Designs; Sharon Stika, Village Interiors; Kathy Tomacelli, Right at Home; Sandra Tatzer, Mary Kay; Marianne Nolte, Imagine Financial Services; Allen Sargent, CR Properties; Karen Estes, Hatter, Williams & Purdy Insurance, Inc. For more information on NCN, visit http://ncnetworking.net/.

County library offers free financial wellness classes

Tracy DeFore

County of San Diego Communications Office

Those holiday bills are rolling in, and money might be a bit tight right now. Or it's the New Year, and residents have resolved to manage their finances in 2019, rather than letting the bills manage

Whatever the case, the San Diego County Library can help residents meet their financial goals. For the fourth year in a row, the County Library is partnering with San Diego County Credit Union to offer Financial Wellness Wednesdays, a series of free classes designed to help residents manage their money.

To get started, SDCCU has five tips residents can use right now to stretch dollars: get organized, set a goal, create a budget, pay off debt and stick to it.

Financial Wellness Wednesdays classes are available at county libraries from Fallbrook to Bonita to Borrego Springs and more than a dozen others.

SDCCU finance experts cover a wide range of topics such as "Building a Better Budget," "10 Simple Ways to Financial Success," "30 Ways to Trim Your Budget," "College Financing 101," "Teens and Money," and



Financial expert George Chamberlin gives a presentation Courtesy photo on financial wellness.

"Raising a Money Smart Kid." Other topics cover internet safety like "Preventing Identity Theft and Scams," "Safeguarding Kids' Identity" and "Online Privacy." "The county library is a lot more than just books; our branches are more like community centers," Migell Acosta, director of the county library, said. "We offer a wide variety of classes in health, education and fitness. Financial Wellness Wednesdays is just another way we help customers improve their daily lives."

"As with anything else, such as eating healthier or losing weight, having a road map is the first step in achieving financial success," Sarah Bilyeu, the senior vice president of SDCCU Business Development and Community

Relations, said. "Identify your goals, jot them down and make a road map on how to get there." Bilyeu said income doesn't determine financial success, but the choices on how resider spend their money do. In other words, living within their means. Sometimes life circumstances like divorce, foreclosures and medical bills can lead to severe budget problems, but there is a class that addresses that too: "Rebuilding after a Financial Crisis. Financial Wellness Wednesdays classes run from now through March. Registration isn't necessary, and visitors can take one class or the entire series. To find times and locations, visit www.sdcl.org.

FPUD to replace two crew support utility trucks

Joe Naiman

Village News Correspondent

The Fallbrook Public Utility District will be replacing two crew support utility trucks.

FPUD's board voted 5-0, Jan. 28, to approve the purchase of two Ford F550 pickup trucks along with a valve and vacuum system. The \$237,444.80 expenditure covers \$173,809.80 for the two trucks and \$63,635.00 for the valve and vacuum system. One of the trucks will be used for the wastewater collection crew, and the other truck will be used for the annual valve maintenance program and for emergency shutdowns.

"The existing ones were at the end of their life and were becoming very expensive to maintain, so we replaced them with newer vehicles," Jack Bebee, the FPUD general manager, said.

FPUD's board approved a Vehicle and Heavy Equipment Replacement Program to ensure reliability of the district's vehicles and equipment in March 2015, and in April 2017 the board approved an updated plan to prioritize equipment replacement. FPUD has scoring criteria to determine the appropriate timing and priority of equipment replacements.

The wastewater collection crew support utility truck which will be replaced is a 2005 Chevrolet 3500 which had 92,654 miles as of Jan.

7. It has had two transmissions and multiple engine mounts, and it is considered undersized for the body application which was installed on the chassis.

The 2007 Chevrolet 3500 FPUD uses for its valve maintenance program and emergency shutdowns had 58,118 miles as of Jan. 15. The transmission has been replaced, motor mounts have broken and the truck is at its weight limit.

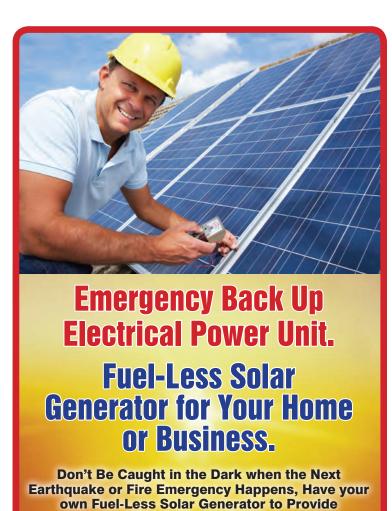
In November, FPUD staff sent a request for proposals for the replacement of the two trucks to two Ford dealers, four Chevrolet dealers and five Dodge dealers. Fritts Ford of Riverside and Sierra Chevrolet of Monrovia responded. Fritts Ford offered a Ford F550 wastewater collection crew support utility truck with a Scelzi utility and crane body for \$105,437.36 including sales tax, while Sierra Chevrolet bid \$108,131 for a Chevy CK56403 wastewater collection crew support utility truck with a Scelzi utility and crane body. Fritts Ford offered a price of \$68,372.44 for a Ford F550 to be the valve maintenance and emergency shutdown truck with a Scelzi flatbed, while the Sierra Chevrolet price for the Chevy CK56403 valve maintenance and emergency shutdown truck with a Scelzi flatbed was \$69,788.

FPUD has not experienced any performance or maintenance issues with any of the current Ford vehicles in its fleet, so the Fritts Ford bids were approved for both replacement trucks. The valve maintenance and emergency shutdown truck being replaced has a Wachs valve and vacuum unit. Because the equipment integrates with FPUD's software and asset inventory system and has proprietary data FPUD can only obtain that specific equipment through Wachs and a sole-source contract rather than a bid process was warranted. Information from the Wachs valve machine is imported into FPUD's geographic information system valve system to update FPUD's valve data. FPUD requested a quotation from Wachs Jan. 10 and was offered the valve and vacuum unit for \$63,635, and FPUD staff determined that amount to be reasonable for the purchase from Wachs to be approved.

The 2007 Chevrolet will be reassigned and used for unplanned emergency shutdowns or for shutdowns requiring a large number of valves. The standby application will limit the vehicle's usage and mileage.

"We may keep the old valve truck as a backup during emergencies," Bebee said.

The 2005 Chevrolet is expected to be declared surplus and sold at auction after FPUD receives the new wastewater collection crew support utility truck.



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Plan ahead for the area's biggest wine events in the first half of 2019



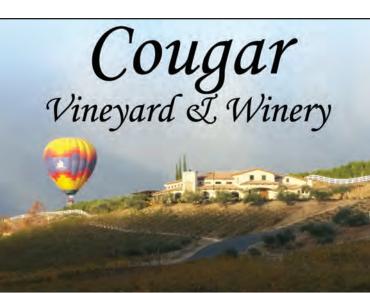
Wine Country

Don't miss the opportunity to get the friends together and attend the area's biggest wine-related events of 2019. De Portola Wine Trail's annual Big Red Fest is one of the biggest. Meghan Taylor photo



The nine-winery De Portola Wine Trail's wine tasting adventure offers guests three, 3-ounce tastings of each winery's best varietals with a paired appetizer. Meghan Taylor photo





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WRITER

"Oh my gosh, why didn't we go

There's nothing worse than hopping on social media on a Sunday morning to find a bunch of photos featuring your friends at extravagant wine-related events that you had no idea were even happening.

Coming a close second is finding out about those events in the week leading up to them, trying to buy tickets and finding out that they are sold out.

Well, the Valley News is here to help.

Below, readers will find a listing and description of the biggest and best wine-related events happening in the Temecula Valley during the first half of 2019. Best of all, tickets are on sale and available now.

The 11th annual Wine Festival and Chocolate Decadence

Friday, March 1 and Saturday, March 2

This event is one that a lot of local people miss, and it happens at Pechanga Resort Casino. It's too bad because who doesn't like to eat a huge array of chocolates and decadent treats while tasting wines and sparkling wines from local, regional, national and international winemakers?

Friday's Chocolate Decadence Event is from 7 to 10 p.m. and features enough chocolate and treats to satisfy any sweet tooth along with live music all night long. VIP tickets are \$80 and include early entry, upgraded souvenir wine glass, sliced seasonal fruit, international and domestic cheese and tray-passed hors d'oeuvres. General admission tickets are \$60, and designated drivers can come and eat for \$35.

Saturday's 11th annual Wine Festival from 1 to 5 p.m. features the most notable wineries from Napa Valley, Sonoma County, Temecula, France, Italy, Spain, Argentina, Chile, Australia, New Zealand and beyond offering their finest vintages.

When the attendees get hungry, there will be a variety of distinguished dishes from the awardwinning chefs of Pechanga Resort Casino and plenty of chocolate from the day before. There's live music on stage too.

The \$90 VIP tickets include entry beginning at noon for early access to wine and restaurant tastings and an upgraded souvenir wine glass. General admission tickets are \$65, and designated drivers get in for \$40.

If someone wants to go both days, combo VIP tickets are \$140, and



Chocolate desserts – in many forms – attract chocolate lovers at the Chocolate Decadence event at Pechanga Resort Casino.

Photos continued on the next page. Paul Bandong photo

general admission combo tickets are \$100 each.

The best part? Both events benefit a local charity, Habitat for Human-

ity Inland Valley. Attendees must be age 21 and

older with valid identification to enter the events.

Pechanga Resort Casino is at 45000 Pechanga Parkway in Tem-

Tickets are available at www. pechanga.com or by calling the box office at (888) 810-8871.

Annual Grape Day 2019

7:30 a.m. to 4:30 p.m. Thursday, April 18

Okay, so this one isn't so fun, but it is very important, especially if someone has dreams of working in the wine industry.

Each year, the Temecula Valley Winegrowers Association puts on the annual Grape Day at South Coast Winery Resort, a one-day conference featuring in-depth seminars on the latest advances and developments in enology and viticulture.

The event is for winery and vineyard owners and managers – as well as anyone with an interest in the wine industry.

Sponsorship opportunities are available by emailing info@temeculawines.org. Tickets aren't available yet, but when they are, purchase them at www.temeculawines.org.

2019 DWT Big Red Fest

10 a.m. to 5 p.m. Sunday, April 28 Temecula Wine Country's bestkept secret is fast becoming not-sosecret, so locals better not miss out on this special experience.

Celebrate the 10th anniversary of the De Portola Wine Trail's Big Red Fest, featuring member wineries Fazeli Cellars, Robert Renzoni Winery, Gershon Bachus Vintners, Oak Mountain Winery, Leoness

Cellars, Danza Del Sol Winery, Frangipani Winery, Cougar Winery and Masia De La Vinya Winery.

The nine-winery wine tasting adventure is big and bold and very, very red and offers guests three 3-ounce tastings of each winery's best varietals with a paired appetizer.

Do not be surprised if the winery owners are greeting guests at the door and even tasting along too. It is a very cool event.

Tickets are \$59.99, and designated driver tickets are \$29.99, one per group only.

Groups planning on arranging for limousine service are asked to call ahead to wineries before making reservations.

Tickets are available now at www.deportolawinetrail.com or by emailing christina@gershonbachus.com.

Temecula Valley Balloon & Wine Festival

May 31 to June 2

Tickets are on sale now. That's right. Tickets for the Temecula Valley Balloon & Wine Festival are currently on sale.

Typically, general admission tickets to the festival don't sell out, but specialty event tickets and reserved concert seating always do, so plan ahead and get those tickets early.

This year will be the festival's 36th presentation and signals the start to Temecula Valley's summer season. More than 30,000 people attend the event each year.

As the name suggests, there's plenty of wine tasting available from Temecula area and Southern California wineries. For the nonwine drinking types, there's plenty of beer options available too.

Of course, there are hot air balloon rides each morning and the famous Balloon Glow on Friday and Saturday nights. Tethered balloon rides are just \$5 for the less adventurous.

There's also live entertainment all day on the Wine Country Stage and big-name entertainment on the main stage. As of yet, none of the artists have been announced.

There's plenty to do besides drink and dance at the festival located at Lake Skinner, including a kids fair, arts and crafts and vendor shopping and - most importantly - lots and lots of festival food.

The festival is open from 3 to 10 p.m. Friday; 6 a.m. to 10 p.m. Saturday and 6 a.m. to 6 p.m. Sunday. General admission tickets range in price from \$30 to \$65 and tickets to food pairing, reserve seating and special event packages all vary in price.

For more information and to purchase tickets, visit www.tvbwf.com. Alex Groves and Kim Harris contributed to this report.

Jeff Pack can be reached at jpack@reedermedia.com.



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Plot plan, MND, noise exception adopted for planned winery and hotel in Temecula

Joe Naiman WRITER

There are plans for a winery and hotel in unincorporated Temecula west of Pauba Road, southeast of Avenida Verde, and west of De Portola Road. The Riverside County Board of Supervisors, Jan. 15, approved the plot plan, an environmental Mitigated Negative Declaration and a noise exemption for the proposed winery and hotel.

The supervisors voted 5-0 to approve the actions for the development of the 20.86-acre site. The facility will include a trellis stage area where weddings and other special events will take place, and the noise exemption allows for those outdoor events.

The project will be constructed in two phases. The first phase will include a two-story wine tasting room, a bar with a restaurant and covered patio, restrooms, a wine production building, a wine laboratory, a conference area, employee restrooms and storage areas. The first phase will also include outside production equipment such as vats, coolers, de-stemmers and crush pads. The trellis stage area is also part of the first phase.

The second phase will build the three-story Wine Country Hotel which will have 44 guest rooms, a public lounge area, a restaurant, a spa facility, offices, conference room suites, VIP suites and a roof deck viewing patio. The hotel will also have outdoor pool, spa and fire pit areas.

County staff has determined that the architecture, layout, design, color and vineyard planting is similar to other existing wineries in the Temecula Valley Wine Country Policy Area. The plot plan includes a "Modern Spanish" design theme with white and accent colors.

The facility will initially have

an on-site wastewater treatment system which will have a limit of 500 milligrams per liter of total dissolved solids. The conditions of the hotel development require connection to a sewer system, further treatment of total dissolved solids along with a Regional Water Quality Control Board permit or other documentation for the groundwater interface of effluent from the project which would require approval from the county.

The county's Planning Commission held a hearing on the winery development Dec. 19 and voted 5-0 to recommend approval.

The facility will also require a type 42 Alcoholic Beverage Control license which provides on-sale wine for a public premises. That process will involve the state board.

Joe Naiman can be reached by email at jnaiman@reedermedia.

WINE EVENTS photos continued from the previous page



These ladies enjoy the wines at Cougar Vineyards during last year's Big Red Fest.

Meghan Taylor photo



Experts in winemaking and viticulture will attend at the annual Grape Day at South Coast Winery Resort.

Courtesy photo

Guests enjoy the hot air balloons as they fill the sky during the evening Balloon Glow in 2018.

Shane Gibson photo





Guests are invited to bring their kids to enjoy the warm summer temperatures at Lake Skinner at the Temecula Valley Balloon & Wine Festival.

Shane Gibson photo

The Temecula Valley Balloon & Wine Festival marks the unofficial start of summer in the Temecula Valley.

Shane Gibson photo



Wine Country Events Calendar

	FRIDAY, FEBRUARY 15			
11 a.m. to 5 p.m.	Craft Faire, Maurice Car'rie Winery			
1-2:30 p.m.	Behind the Scenes Wine and Cupcake Tour, South Coast Winery			
3-5:30 p.m.	Happy Hour, Vineyard Rose, South Coast Winery			
5-7 p.m.	Live Music, John Carlson and Patrick Clark, Meritage Restaurant, Callaway Winery			
5-8 p.m.	Live Music, Jerry Gontang, Cougar Vineyard & Winery			
5-9 p.m.	Live Music, Terry Scheidt, Masia de la Vinya			
5:30-8:30 p.m.	Live Music, Joe Baldino, Ponte Winery			
6-9 p.m.	Live Music, Astra Kelly, Lorimar Winery in Old Town			
6-9 p.m.	Live Music, Big Truth, Lorimar Winery			
6-9 p.m.	Live Music, John Evans, Avensole Winery Restaurant			
SATURDAY, FEBRUARY 16				
10-10:30 a.m.	Live Music, Tim Apple, Fazeli Cellars			
11 a.m. to 3 p.m.	Live Music, Carol's Restaurant at Baily Winery			
11 a.m. to 5 p.m.	Craft Faire, Maurice Car'rie Winery			
Noon to 4 p.m.	Live Music, George and Grace, Masia de la Vinya			
1-4 p.m.	Live Music, Michael LeClerc, Avensole Winery			
3:30-5:30 p.m.	Happy Hour, Vineyard Rose, South Coast Winery			
5:30-8:30 p.m.	Live Music, Sophisticados, Ponte Winery			
5:30-8:30 p.m.	So-Fond-Of-Ue, Masia de la Vinya			
6-9 p.m.	Live Music, Mrs. Jones' Revenge, Lorimar Winery			
6-9 p.m.	Live Music, Michael Edon, Avensole Winery			
6:30-9:30 p.m.	Valentines Dinner, Fazeli Cellars			
SUNDAY, FEBRUARY 17				
11 a.m. to 2 p.m.	Brunch Specials at Meritage Restaurant, Callaway Winery			
11 a.m. to 5 p.m.	Craft Faire, Maurice Car'rie Winery			
11:30 a.m. to 3 p.m.	Dog Day Sundays, Carol's Restaurant at Baily Winery			
Noon to 4 p.m.	Live Music, Vince Mendoza, Masia de la Vinya			
1-4 p.m.	Live Music, Ben Bostick, Avensole Winery Tasting Room			
1-4 p.m.	Live Music, Travis Miller, Lorimar Winery			
1-5 p.m.	Live Music, Jillian Calkins, Fazeli Cellars			
2-5 p.m.	Live Music, Tim Apple, Cougar Winery & Vineyard			
3:30-5:30 p.m.	Happy Hour, Vineyard Rose South Coast Winery			

UPCOMING:

Feb. 20 is Cougar Winery Craft Night, 4-6 p.m.

Feb. 20 is Wine Wednesdays-Bubbles of the World, Avensole Winery, 4-5:30 p.m.

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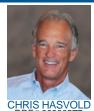
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