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www.VillageNews.com Decemeber 23, 2021 Volume 25, Issue 52

Redistricting completed by county commission

Rick Monroe

Special to the Village News

It's official. Fallbrook will remain in District 5 of the County of San Diego for the next 10 years. Last Thursday, Dec. 16, the Independent Redistricting Commission finalized its vote on the boundaries and plan.

Local residents and leaders who urged the area remain in District 5 were rewarded when the current plan prevailed instead of an alternative that would have placed the greater Fallbrook area in the East County district that stretched 75 miles to the south.

This was the first time that district boundaries were set by an independent commission. The 14 members completed their final public hearing and meeting on Dec. 15, right on the deadline to make the final approval and present the document to the state. During the year, the commission held 49 public meetings, at least one in each of the county's five districts. They heard from more than a thousand people live at the hearings, virtually, or by email.

The five districts in the county will be for the County Board of Supervisors, as well as the County Board of Education and other county services. The districts are re-established every 10 years based on new U.S. Census data to ensure voting districts contain roughly the same number of people.

Commissioners considered 35 draft maps during the process and the final two weeks were spent fine-tuning the districts, with the snag being what district to place El Cajon in. The Catholic Chaldean community with an estimated 25,000 members in El Cajon, successfully lobbied to be in East County District 2. However, when nearby Rancho San Diego was left

see DISTRICT, page A-8

USPS Residential Customer

Santa comes for breakfast



Natalie Santillan, 4, meets Santa at the Fallbrook Community Center during the Breakfast with Santa event, Dec. 18. Village News/Shane Gibson photo See page A-2 for more photos.

Waldron presents check to NCFPD

Joe Naiman

Village News Reporter

State Assemblywoman Marie Waldron attended the Dec. 14 North County Fire Protection District board meeting and presented a \$900,000 check to the

"That was a big deal," said NCFPD fire chief Keith McReynolds. "We certainly appreciate that Assemblymember Waldron worked with state advocates to secure funding for our district."

The money will be used to replace NCFPD Station 3 in Rainbow. The North County Fire Protection District was created in 1986 when the Fallbrook Fire Protection District merged with the county service area which provided fire protection to Rainbow and Gavilan Mountain was added to the new district.

The Rainbow Volunteer Fire Department retained its autonomy, and the Rainbow fire station

see WALDRON, page A-2



Present for the check presentation to North County Fire are, from left, board Village News/Courtesy photo member |eff Egkan, board vice-president David Kennedy, board member Ken Munson, Fire Chief/CEO Keith McReynolds, Assemblywoman Marie Waldron, board president John Van Doorn and board member Cindy Acosta.

Fallbrook Food Pantry provides food and gifts for those in need

Lynn Sakamoto-Kay

Special to the Village News

No Scrooge, Grinch or even COVID can dim the holiday spirit at the Fallbrook Food Pantry, which this year will provide more than 180 local needy families with not only food, but Christmas gifts, thanks to the generous donations of local organizations and individuals.

"Our Adopt-A-Family program has been in existence for more than 20 years," said Carolina Miller, FFP Programs and Operations Manager, "and this year we are so pleased to be able to match up 140 families with our amazing donors. At least another 40 families will benefit from our Santa's Workshop program."

Miller has been spearheading the program for the past three years and is credited with the continued growth of the community-wide

Village News/Lynn Sakamoto-Kay photo Fallbrook Food Pantry Programs and Operations Manager Carolina Miller, left, and FFP Case Manager and Volunteer Coordinator Nancy Rocha display some of the food available for food pantry clients.



VILLAGE NEWS

see PANTRY, page A-8

ANNOUNCEMENTS

Soroptimists to hold walkathon to fight human trafficking

VISTA - Soroptimist International of Vista and North County Inland invites the public to sign up now for their "30 Miles in 30 Days to Fight Human Trafficking" virtual walkathon fundraiser. The Walkathon will begin Jan. 1, 2022 and end on Jan. 30. Participants can register online at bit.ly/3Fbp7ID.

Proceeds raised from the walkathon will be given out as Soroptimist Live Your Dream Education and Training awards to one or more victims of Human Trafficking, depending on the amount raised. Recipients may use the cash award to offset any costs associated with their efforts to attain higher education, such as books, childcare, tuition and transportation. "We give out several of these awards each year, and some of our past Live Your Dream Awards recipients have been victims of trafficking, so we decided to dedicate at least one award specifically to a trafficking survivor," said Walkathon co-chair Jackie Huyck. "The more money we raise this January, the more survivors we'll be able to help."

"We're asking our supporters locally and nationwide to pledge online to walk, run or bike a total of 30 miles in January, and to pledge \$1 per mile. They can also choose to just donate without walking" said Huyck, the Vista club's director of public awareness. Participants can pledge individually, join an existing team, or form their own team. "People can get in shape, at a time and place of their own choosing during the month of January, while helping a worthy cause at the same time," said Huyck.

In addition to the walkathon, the club will be hosting their 16th Annual Human Trafficking Awareness Walk and Event on Saturday, Jan. 29, 2022 from 10 a.m. to 12 noon at United Methodist Church of Vista at 490 S. Melrose Drive, Vista, with guest speaker San Diego District Attorney Summer Stephan. Stephan will speak at around 10:30 a.m. and participants will walk down Melrose Drive about 1-1/2 miles round-trip from the church. Information tables, water and Stop Trafficking signs will be provided and the event is free to the public. Masks will be required for the indoor portion.

January is Human Trafficking Awareness month and similar events are being held throughout the county. For more information visit www.soroptimistvista.org or email soroptimistinternationalvista@ gmail.com or call 760-683-9427.

Submitted by Soroptimist International of Vista and North County Inland.

CALENDAR

Dec. 24 - 4-5 p.m. - Christmas Eve in the Vineyard. Join us for a live nativity, the story of Christmas, fun fellowship, praise and worship Fallbrook Vineyard Church style! If it rains, everything will be in the huge barn. If not, it will be outside on the vineyard grounds. Candlelight closing of service. Come early and bring chairs, 1924 East Mission. Details are at www. fallbrookvineyardchurch.com.

Dec. 24 – 6-7 p.m. – CrossWay Community Church is offering a live nativity, petting zoo, Christmas carols, crafts for kids and hot chocolate followed by a candlelight service at 7:00, 731 S Stage Coach Lane.

VFW presents a New Years' Gatsby Casino Night for anyone

over the age of 21. With gaming until 11 p.m., raffle prizes and an \$80 entry free, the public is encouraged to wear their best Gatsby outfit. Complimentary champagne will be served at midnight. Visit www.fallbrookvfw. org for more information.

Jan. 22 – 11:30 a.m. – Friends of the Fallbrook Library is holding a book launch event for T. Jefferson Parker's new book A Thousand Steps. A light lunch will be served at 12 p.m. at Pala Mesa Resort. The author will speak and sign copies of his new book. Tickets for the event are \$35 and are available at the Bottom Shelf bookstore in the Fallbrook library, 124 S. Mission Road or at www. **Dec. 31** – 7 p.m. – The Fallbrook <u>fallbrooklibraryfriends.org</u> until Jan. 7.

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Santa comes for breakfast from A-1



Families and friends enjoy breakfast while the Fallbrook High School Madrigals Village News/Shane Gibson photos sing Christmas songs during the Breakfast with Santa event at the Fallbrook Community Center.



Cousins Brisa Rodriguez, 4, and Matthew Rodriguez, 2, enjoy breakfast with Santa at the Fallbrook Community Center.

WALDRON from page A-1

became NCFPD Station 6. The station was renamed Station 3 in 2018 when the original Station 3 in Olive Hill was closed due to the relocation of Station 5 in Bonsall. The Rainbow Volunteer Fire Department was consolidated into the North County Fire Protection District in 2018. Because the Rainbow fire station utilized a volunteer fire department, living quarters were not incorporated into the design.

The October 2020 NCFPD board meeting included approval of a

Merry Christmas

Facilities Replacement Plan which calls for a temporary Station 3 facility. The new modular building will have about 2,000 square feet of living space. The existing fire station will remain and will be used for such functions as storage, laundry facilities, and an exercise and a fitness area.

The state funding will allow for permanent fire station. "We're developing a plan right now," McReynolds said.

McReynolds has targeted the Jan. 25 NCFPD board meeting for district approval of that plan.

"We certainly appreciate our local representatives advocating

PRO-TIRE

for special districts," McReynolds The County of San Diego has

a Neighborhood Reinvestment Program which is intended to provide grants to nonprofit organizations for the furtherance of public purposes at the regional and community levels. In addition to non-profit organizations, county supervisors can also fund schools and fire departments, and supervisors can also use money from their budgets to supplement other county funding for specific county projects such as parks, roads, and libraries. Each county supervisor recommends the allocation of his or her Neighborhood Reinvestment Program funds, although those allocations must be approved by a majority of the board. Supervisor Jim Desmond recommended the use of some of his District Five budget for NCFPD needs.

"Their efforts make a huge impact on our funding for operations, and we appreciate their support," McReynolds said. "We're very appreciative of the local and state representatives who are advocating for us."



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Panoramic Views

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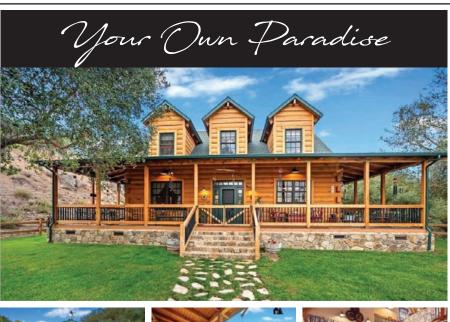
Sold for \$1,748,747

Ken's Corner

The Christmas season is upon us for sure! I love this time of vear. Let this be a time of giving, healing and forgiveness. It is most importantly a time to Rejoice and Celebrate the Birth of our savior...Lord Jesus Christ. I pray blessings and good tidings to vou all.

MERRY CHRISTMAS!!

-Ken





4443 La Canada, Fallbrook

Welcome to your own paradise conveniently located in South Fallbrook. Exceptional quality and attention to every detail will be found in this magical log home with soaring 2 story ceilings with tongue and groove vaulted and exposed beams all framed by a dramatic covered wrap around 3 sided porch. Enjoy the convenient breezeway flanked by electric awnings for added shade and comfort. You can bring your horses, RV's or car collection...or all 3 and more! 1040 SF Detached shop which could hold 4 or more cars is finished in the same detail as the main home, and an active working outhouse hooked up to sewer for outside convenience. Seasonal creek.

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LAND / INVESTMENT



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Business Spotlight



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OPINION

Merry Christmas



Supervisor Jim Desmond 5th District

I'm focused on reflection and gratitude this holiday season. As I reflect on the changes brought in 2020 and 2021, there's a lot I've missed in light of our new normal. I've missed going out to our different communities in District 5 and interacting with all of our wonderful constituents. While we've returned to some normal activites, it's still not feeling entirely the same. I am grateful, because this year we've been able to hold some revitalization meetings in person. I've attended numerous Christmas parades and lighting of Christmas trees. Last year was hard, but it feels like we are making progress.

One of the biggest things I've learned during the COVID-19 pandemic is not to take the small things for granted. Three years ago, we were having a holiday open house in my Vista office with constituents coming together and spending time with our District 5 team. Last year, we weren't able to have a similar event, but this year we had a wonderful Holiday Open House!

Politics in 2021 were inescapable for most of us. This is the perfect time of year to set our differences aside and come together. In the coming year, while COVID will surely still be prevalent, I'm going to get back to basics of county government for the people of North County. Safe communities, quality roads and infrastructure, addressing homelessness, mental health and addiction for families and those who can't help themselves, protecting taxpayers...we will continue to work for the people of North County!

Merry Christmas to all. I can't wait for the new year. I can't wait to see everyone out in our community, and I can't wait to see you, in person, again!

School board meetings are a place for all opinions

Many of us have regularly attended Fallbrook Unified HIgh School Board meetings, particularly since they started meeting in person toward the end of last year's school year. There have been multiple issues discussed during the public comment segment of the board meetings. The comments made have been fact based, emotional and respectful communications made by our community parents and residents.

Cumulatively, there have been well over 1,000 people attending and 100's of people speaking. Through this time, I am only aware of one adversarial confrontation of which we are all very sorry that it occurred. Emotions sometimes get away from all of us, but in a public setting it is not acceptable.

I do not want to downplay the seriousness of the incident, but I want to thank all the others through all these months of emotion, that all the others have been able to act respectfully to those they have disagreed with on very deep seeded opinions.

I am sorry that the person negatively involved is still feeling threatened in the auditorium when it has been well over a month since it's occurrence and many people have voiced apologies for the wrongdoing.

The December board meeting public comments from several people validated that this feeling is still raw and, unfortunately, a very negative comment was "thrown" across the aisle. This comment went so far as to accuse "...only White women are against masks and vaccine mandates and they don't care a bit about us (Hispanics)."

This is a very unfair characterization, particularly using race as the collective noun. At no time has anyone speaking about the mandates said that anyone who wants their child to wear masks is wrong....People are requesting that their families, their children, have the choice. If you feel more protected wearing a mask, that should be your choice and your decision, but let it be a choice. No one wants to hurt another in this school community, so please don't use race to divide us.

Those who are against the mandates feel it's their Constitutional right to choose, just as many feel it's a women's right to choose whether to keep a fetus.... They claim "It's my body"...... and so the same should apply to the vaccine.

As far as the mask issue, it's been proven over and over that masks do not give you the protection you wish and with children it's even more an issue about their emotional and physical well being. Rarely do children get COVID and when they do it is slight and the death rate can hardly be calculated.

As Benjamin Franklin wrote: "Those who desire to give up freedom in order to gain security will not have, nor do they deserve, either one. Any society that would give up a little liberty to gain a little security will deserve neither and lose both. He who sacrifices freedom for security deserves neither."

I so hope at our next board meeting, all people will respect each other's right to speak their "opinion" and applause or lack of does not mean the audience is "intimidating opposing views." I request that the board joins with other boards in our state, to ask our Governor to rethink all mandates and listen to our wise Founding Father.

Judy Willis

Fentanyl trafficking is out of control



Assemblymember Marie Waldron

According to the CDC, over 100,000 people died from drug overdoses in the United States in the 12 months ending in April, 2021. That's a new record, exceeding the previous record of 93,331 in 2020. That is not acceptable. Much of this increase is driven by fentanyl, a drug similar to morphine, but 50 to 100 times more potent.

Treating drug-addicted persons can break the cycle of dependency for many, and can significantly reduce overall crime rates and recidivism. That's why I introduced Assembly Bill 653, which recently became law, to support Medication Assisted Treatment programs for persons incarcerated in county jails and under community supervision.

While effective, treatment is just one tool. Those trafficking in poisons like fentanyl need to face severe legal consequences. Over the past several years, legislation has been repeatedly introduced in both the Assembly and Senate to crack down on drug trafficking. The bills would have substantially increased penalties, including imprisonment in county jails for up to 13 years. Other legislation would have allowed a manufacturer or distributor of controlled substances, including fentanyl, to be charged with voluntary manslaughter or murder, if trafficking resulted in death.

One of my bills, AB 3105, made trafficking a detectable amount of fentanyl subject to life imprisonment without possibility of parole (depending on circumstances) if a death or great bodily injury resulted from use of the drug. But AB 1305, like most recent legislation to increase penalties for drug trafficking, failed in the Public Safety Committee.

While Sacramento legislators seem to agree that those addicted to fentanyl and other substances should receive treatment, the majority can't bring themselves to increase penalties for the drug dealers responsible for so much death and devastation.

That must change.

For more information and resources on the fentanyl crisis, please visit: www.dea.gov/resources/facts-about-fentanyl.

Thank you to all

Thank you all for supporting the Fallbrook Chorales Christmas gift to the community Saturday, Dec. 11. We had such a good time singing, and to see all the smiling faces in the audience made it

perfect.

Again, thank you, and we look forward to seeing you for our "Fallbrook Joe" fundraiser on Saturday, April 2., and our Spring Concert on Saturday, May 21. The Fallbrook Chorale is a not-for-profit organization.

Ann Frederick Fallbrook Chorale

Kicking It with the joy of Christmas



Elizabeth Youngman-Westphal

Special to The Village News

It doesn't matter what you celebrate in December. You might wish to celebrate the National Fruitcake Month, or Hanukkah, even the winter solstice. I like Humbug Day, National Hamburger Day, Twelfth Night, and National Twins Day. Some folks have a good time during Kwanzaa but, in my house, it's called plain ol' Christmas. And I love it. Every little

thing about it.

I love the lights, the tree, the carols, especially writing Christmas cards to friends; but mostly, I love the gift giving. Presents to and from me. I like to gift wrap, too.

Admittedly, I do not fuss about wrapping as much as I once did when I would use double-stick tape to hide between the seams of each package. That was back when every item was boxed in order to make perfect corners. Naturally, each box had a contrasting tissue liner so other than the gifts inside, every package that came from me looked identical.

As the holiday approaches each year, my biggest concern is finding the perfect gift wrap paper. This year every gift I give has the same green and red plaid paper. If you are a girl, you'll get a red velvet ribbon while boys get a green velvet ribbon

I've practiced this since 1979, the very year I became a single mother. It was my strategy to keep the kids from peeking into their presents. Without name tags, they could not identify their presents. And if caught, they had to open every present right then leaving nothing for Christmas morning. For me, Christmas morning is when gifts are opened. Not before then.

Each December, I haul out the artificial tree and weigh it down with treasured ornaments. Most years I unpack the Christmas dishes for this month since they look nice on the red plaid placemats. Naturally, there are matching napkins to go with the brass reindeer candle holders, and, of course, our homemade Christmas stockings

Several years ago, one of my husband's LL Bean plaid shirts was sacrificed for his stocking. The stocking front is graced by the button placket along with the label. My stocking on the other hand is all glittery and white.

When I met my husband online in November 2004, we decided that elaborate gift giving at our age was probably unnecessary. (Actually, what he said was "I'm not going to do it.") But he did agree to exchange Christmas morning stockings filled with surprises. And more than once, I discovered a fancy pair of earrings.

I'd probably be fussy too if my birthday fell on the 25th of December like his does. So, we celebrate my husband's birthday every year after 6 p.m. at supper with family.

As an official Pollyanna, the wonder of Christmas still remains in my heart. Just like when I was in the third grade. I believed in Santa because for me, there wasn't any reason not to believe. After all, when you get what you want, why not trust your heart and believe? That year, I got exactly what I asked for.

Because our small town didn't have a shopping mall for Santa's headquarters like they do today, I do not recall where I thought he was. It seems Santa just lived in my heart. I may have written him a list. Certainly not a letter. But, on Christmas Eve, I know I left out homemade sugar cookies for him and they were gone in the morning, so it had to have been Santa coming in the night.

Christmas morning, I was the happiest toe-headed sprite in all of Kansas. I had asked for and got a pair of Roy Roger cap pistols with silver studded holsters. They hung low on my hips and tied around my legs. Just like Roy's. Everybody knew Dale (Evans) only wore one gun, I wanted to be more like Roy. If only I'd asked for a horse.

There is a picture in the family album of me from that happy Christmas sitting on top of the refrigerator wearing the pistols with a baseball cap stuck over my blonde rat's nest. I believe my Uncle Charles put me there after I smacked him squarely in the middle between his shoulder blades and announced, "Guess who's back?"

Even today I'd call myself a brat. Some might say I've not outgrown that distinction. That's okay. Better to have a spark in the gait and a twinkle of mischief than to forget the joys of being alive.

This is certainly the time to rejoice with family, friends, and to pass along a smile to a stranger.

This year as we come upon this celebrated time for the birth of Christ, does it matter whose God we praise? Be it Allah, the Almighty, our Creator, Jehovah, King, Yahweh, Lord, Jahveh, Father, or Supreme Being?

What really matters is in our hearts and by our deeds. Does it matter if we seek our personal peace on a mountain top or prayer rug? Are we all not made with the same parts?

What makes us alike is all that is important. We all wish to be warm on a cold night, cool on a summer's day, and surrounded with those who care for us.

And if we feel self-pity, it's because we are not doing enough for others. If we feel sad, then we only need to bend our knees and pray for forgiveness.

It's official. The holiday season is upon us. God bless us everyone. Let peace be in our hearts and around the world. Put aside hate and mistrust and replace them with love. Loving is a choice. Make it yours. As for today, just sit back and wait until you hear, "Now, Dasher! now Dancer, now Prancer and Vixen!" Santa Claus is coming to town!

Elizabeth Youngman-Westphal can be reached at eyoungman@ reedermedia.com.



But while he thought on these things, behold, the angel of the LORD appeared unto him in a dream, saying, Joseph, thou son of David, fear not to take unto thee Mary thy wife: for that which is conceived in her is of the Holy Ghost. And **she shall bring forth a son, and thou shalt call his name JESUS**: for he shall save his people from their sins.

Now all this was done, that it might be fulfilled which was spoken of the Lord by the prophet, saying, Behold, a virgin shall be with child, and shall bring forth a son, and they shall call his name Emmanuel, which being interpreted is, God with us.

Matthew 1:20-23

Sponsored by Ana Iturralde

A Thank you to the Fallbrook Animal Sanctuary

The Spay-Neuter Action Project commends the Fallbrook Animal Sanctuary for its tireless work in finding homes for orphaned dogs and cats and for supporting the community of Fallbrook.

Our partnership with FAS began in early 2021 when SNAP implemented "SNAP North" to serve Escondido, Fallbrook, Oceanside, and Tribal Nations. FAS has limited medical capacity thus we perform important spay and neuter surgeries on intact dogs and cats from their facility aboard our Neuter Scooter mobile surgical unit.

Our deeply discounted spayneuter fees are helpful to the Fallbrook residents and also to FAS who depends solely on donations to support their facility. Jose Espinoza at Fallbrook Fertilizer, Feed & Farm Supply, donates parking space on clinic days.

Through the generosity of donors, FAS was able to sponsor a quarterly spay-neuter clinic in 2021 on the Neuter Scooter, free of charge to disadvantaged pet owners in Fallbrook. The response was remarkable, therefore an extra free clinic was added to accommodate more pet owners.

In addition to a spay or neuter, pets receive a general health assessment, and when needed, nail trimming, flea/tick treatment, deworming, rabies vaccination, wound care, loose teeth extractions, simple hernia repairs, and microchips. All animals receive pain medication.

The Fallbrook Animal Sanctuary

has shown its commitment to the community by giving access to much needed veterinary care in the interest of responsible pet ownership. Our partnership is one of mutual benefit where they support our mission of saving lives by reducing pet overpopulation and we support their mission of rehoming unwanted pets.

We are honored to work alongside the Fallbrook Animal Sanctuary and publicly recognize their contributions to animal wellbeing. They lead by example.

Spay-Neuter Action Project can be reached at www.snap-sandiego. org or info@snap-sandiego.org.

> Dorell Sackett Executive Director

Re: Re: 'How can so many be duped? [Village News, Terrell letter, 12/16/21]

I read with interest John H. Terrell's commentary in the opinion section on Dec. 16. Since a fetus is a living thing, when does it stop being "no one else?" When it is born? When it is given a name? When it is weaned? When

it is no longer dependent on adults for survival?

These are questions people have been asking and answering in different ways since the beginnings of the human race. I like to think, we, in a modern society, can be a little more compassionate about the sanctity of human life than Mr. Terrell.

Richard H. Mills

Re: 'Promises: empty words or real commitments?' [Village News, Lewis letter, 12/16/21]

Thank you to Mr. Lewis for his response to Mr. Terrell. I had a retort in mind, but couldn't muster up the energy or the proper attitude to respond. Mr. Lewis said all the right things as far as I am concerned and I would venture to say many others in the community would agree.

President Trump did indeed keep promises. I recall when I complained about gas prices (early on) and was reprimanded for indicating that the Biden administration was responsible, it was just the beginning.

The Biden group has put this country in so many unfortunate if not dangerous situations in this world of confusion and on the road to communism. I'm sure I will get some flack for this observation, but if we don't recognise it and confront it, we will be in it.

We have to pray and know that God is in charge for good. God bless the United States of America and keep it great for all of us. I have had an opportunity to leave California, but some of us have to stay and fight for what used to be a wonderful place to live. I am a native Californian, lived 25 years in Texas, but at age 84 am still willing to fight for California. Please join me.

Orolie Gubser

Christmas dinner — avoiding religion, politics and now 'science'

Julie Reeder

Publisher

Christmas is a special time in our culture when we connect as a family and friends. We spread love and good cheer and catch up on each other's lives. We give gifts to each other after the model of Christ's birth and the gift of salvation to everyone.

But family has always been complicated. Everyone has their own individual beliefs. Last year, Christmas was pretty much canceled due to COVID-19 and this year, with the emergence of the omicron variant, we are being urged to be very careful.

If we were in Florida, we wouldn't have any restrictions and we would probably be fine.

So this year, if your family is like ours, a mix of pro-vaccine, pro-mask, anti-mask, pro-choicevaccine and anti-mandate, you have to find a way to have honest discussions about those things that are important, without pushing anyone's buttons. If you can't do that, it might be better to not discuss these things at the dinner

table at all

We joke about people coming to dinner with political shirts saying things like "Unvaccinated and ready to talk politics" or "You can't comply your way out of tyranny!"

But honestly, we just have to love each other and continue to respect each other's opinions just like we have to do with two other very important topics: religion and politics. The challenge with this vaccine mandate topic is that it is politics, health and religion combined. It's like the perfect storm.

This year "trust the science" seems like it's more of a religion or a cult, but definitely political.

We have been asked to trust something that affects our personal health, our family, our children's health and our civil liberties. Pfizer doesn't want to tell us what the ingredients of the jab are for 75 years. If we research online about COVID vaccines, it's censored. Doctors and scientists are censored.

It's crucial to think critically and be skeptical. It is the right thing for

an intelligent responsible person to do. It is the burden of a free person. Citizens of authoritarian led countries don't have the right or the opportunity.

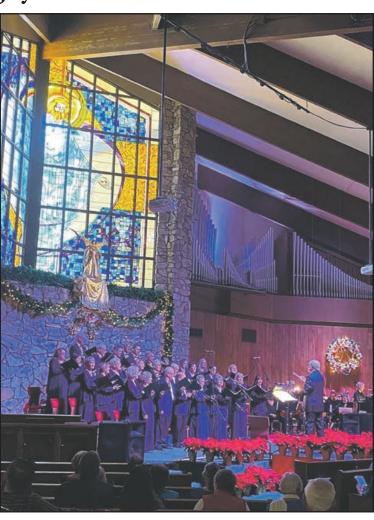
But we don't need to discuss it at Christmas dinner.

If people want to share or are interested in what we've learned or found, we can talk at a different time than the holiday.

That's been our solution, and it works, so if your family is struggling too, consider not talking about it at the dinner table. Save the discussions on hot button issues for a more opportune time.

Merry Christmas!

Fallbrook Chorale presents the joy of Christmas



The Fallbrook Chorale performs a "Christmas Festival of Songs and Carols," their annual Christmas show, to a crowd of joyful audience members at Sonrise Christian Fellowship Church, Dec. 11.



"when you are hungry, nothing else matters."





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County reminds people about Federal Internet Discount Program



Residents and families who apply by Dec. 31 will receive internet discounts through March 2022.

Gig Conaughton

County of San Diego Communications Office

The county is reminding the public about a Dec. 31 deadline for low-income residents and families to apply to receive discounted high-speed internet service through the Federal Communications

Eligible residents and families who apply by Dec. 31 can receive Federal Communications Commission high-speed internet discounts through March 2022 through local providers – up to \$50 a month for households and \$75 a month on qualifying tribal lands.

The FCC created its Emergency Broadband Service discount program during the COVID-19 pandemic to help eligible residents and families get or stay connected to high-speed internet service. The program is being replaced

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in March 2022 by a new FCC discount program.

For general information about the program and links to relevant websites, be sure to go to the FCC's emergency broadband benefit website, https://www. fcc.gov/broadbandbenefit. FCC officials have warned the public that a fraudulent website falsely offered enrollment in the program to collect people's information.

How to apply

Enrollment is a two-step process. First, g o GetEmergencyBroadband.org to print out a mail-in application or submit an application online.

Contact your preferred participating provider to select an eligible plan and have the discount applied to your bill.

Note: Eligible households must apply for the program and contact a participating provider to select a high-speed internet program.

Who is eligible?

A household is eligible if a member of the household meets one of the following:

Has an income at or below 135% of the Federal Poverty Guidelines, or who participates in certain assistance programs, such as SNAP (Supplemental Nutrition Assistance Program), Medicaid, or Lifeline, the FCC's Lifeline Support for Affordable Communications program

Is approved to receive benefits under the free and reduced-price school lunch program or the school breakfast program, including through the USDA Community Eligibility Provision in the 2019-2020, 2020-2021, or 2021-2022

Received a Federal Pell Grant during the current award year

Experienced a substantial loss of income due to job loss or furlough since Feb. 29, 2020 and the household had a total income in 2020 at or below \$99,000 for single filers and \$198,000 for joint

Meets the eligibility criteria for a participating provider's existing low-income or COVID-19 program.

Ensuring that all San Diegans have access to high-speed internet is important to the County. The County is a member of the San Diego Association of Government's Regional Digital Divide task force and is working on a plan to develop wider highspeed internet infrastructure throughout the unincorporated areas. County Supervisors also voted unanimously in May to commit up to \$1.4 million to a SANDAG/Caltrans project to expand fiber optic cable along state route 67.

For more information about the program go to https://www.fcc. gov/broadbandbenefit.

Fallbrook native serves aboard USS Pearl Harbor



Samantha Murphy, Navy Petty Officer 1st Class, is serving on the USS Pearl Harbor; she was born and raised in Fallbrook and was part of Fallbrook High's MCJROTC program its first year on campus.

MILLINGTON, Tenn. - A Fallbrook, California, native is serving aboard USS Pearl Harbor, a U.S. Navy dock landing ship, currently deployed in support of naval operations to ensure maritime stability and security in the Mediterranean and western Indian Ocean.

Petty Officer 1st Class Samantha Murphy is a Navy operations specialist responsible for managing the ship's radars, navigational systems and providing a strategic advantage for the ship's combat capabilities.

"My favorite part about being an operations specialist is being able to control aircraft and fire missiles all at the same time from a U.S. Navy warship," said Murphy.

She is the first one in her family to join the military.

"I always knew I wanted to join the military, but I couldn't decide on a branch," said Murphy. "Through trials and tribulations, my only option was the Navy, and it ended up being a blessing in disguise."

According to Murphy, the values required to succeed in the military are similar to those found in Fallbrook.

"During my senior year at Fallbrook High School, I had the chance of being in charge of a squadron for the MCJROTC program," said Murphy. "It was the first year of the program, and it taught me professionalism and introduced me to leadership skills that excelled once I enlisted into the U.S. Navy."

Homeported in San Diego, California, USS Pearl Harbor is a Harpers Ferry-class dock landing ship named after the attack on Pearl Harbor Dec. 7 1941.

According to Navy officials, LSDs support amphibious operations including landings via Landing Craft Air Cushion, conventional landing craft and helicopters, onto hostile shores

by transporting and launching amphibious craft and vehicles with their crews and embarked personnel in amphibious assault operations.

Serving in the Navy means Murphy is part of a team that is taking on new importance in America's focus on rebuilding military readiness, strengthening alliances and reforming business practices in support of the National Defense Strategy.

"The Navy contributes to national defense by demonstrating show of force across multiple fleets," said Murphy. "We are able to prove our warships can sustain out to sea and withstand anything that comes our way.'

Though there are many opportunities for sailors to earn recognition in their command, community and careers, Murphy is most proud of advancing in rank and receiving numerous awards.

"I have a lot to be thankful for in the Navy but my most proudest moments have been advancing in rank from seaman recruit to petty officer first class in four years, being named 2019 Junior Sailor of the Year and earning both a Navy and Marine Corps Achievement Medal and Military Outstanding Volunteer Service Medal," said Murphy.

As a member of the U.S. Navy, Murphy, as well as other sailors, know they are a part of a service tradition providing unforgettable experiences through leadership development, world affairs and humanitarian assistance. Their efforts will have a lasting effect around the globe and for generations of sailors who will

"Serving in the Navy means being able to make a difference through my shipmates' lives and the civilians that I encounter anywhere in the world," added Murphy.





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Fallbrook school boards elect new officers

Rick Monroe

Special to the Village News

New officers were elected Monday, Dec. 13, at meetings of both the elementary and high school boards in Fallbrook. Trustees traditionally select new board officers each December.

For the Fallbrook Union Elementary School District, Suzanne Lundin was reelected president. She served this position the second half of this year, replacing Caron Lieber. Also chosen by the board on Dec. 13 were Susan Liebes as vice president and JoAnn Lopez as

Eddie Jones was selected to be new president by fellow board members of the Fallbrook Union

High School District. Jones served as vice president last year and began his four-year term as a trustee in 2020.

Diane Summers served this year as school board president and trustees voted her to be vice president next year. Trustee Oscar Caralampio was selected to be clerk and Superintendent Ilsa Garza-Gonzalez was chosen to be secretary.

Jones, a captain with the North County Fire Protection District, led most of the Dec. 13 meeting, but was also on duty. His crew watched the meeting in the audience as the fire engine sat outside and, midway through the meeting, he excused himself and left with the firefighters for nonemergency business.

the village beat

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Village News/Lynn Sakamoto-Kay photos Fallbrook Food Pantry Executive Director Shae Gawlak, standing center, is flanked by her staff, from left, warehouse coordinator Gilman Lykken, lead volunteer Karen Austin, case manager and volunteer coordinator Nancy Rocha (in van), board member and volunteer Jean Dooley, receptionist Cel Emerson, and volunteers Christine Jameson and Jake Wood.

PANTRY from page A-1

effort. In 2020, 105 families were adopted; in 2019, 92 families benefited from the program.

She begins in the fall, reviewing her database of previous donors – which includes several businesses and churches - and soliciting their continued support. In the meantime, regular pantry clients are encouraged to sign up for the Adopt-A-Family program. The only requirement is that each family has at least one child under the age of 18.

These families are at or below poverty level," said Miller. "It's hard enough for them to put food on the table, much less gifts for their children. Adopt-A-Family makes a huge difference in their holidays."

Once a family registers, the big job of interviewing each applicant falls in the capable hands of receptionist Araceli "Cel" Emerson who, said FFP Executive Director Shae Gawlak, "exudes love and compassion with every ounce of her being."

Emerson calls each family and captures their "wish list," noting specific toys and types of clothing (and sizes) requested by each child. Although requests from parents are not taken, they are typically provided with gifts such as blankets, perfume for the moms and general household items.

"In talking to these families, I am often brought to tears," she said. "They are struggling and so many of these families have nothing. One woman was recently abandoned by her husband, who left her with their three small children. Another family has an infant hospitalized with cancer. How can we not do our best to help them?"

Emerson said she is touched

by the conservative nature of

'These families are very conscious of the costs involved and most of their requests are very basic," she said. "The little ones just want a toy and the teenagers ask for things like a backpack or a pair of shoes. Many have only one pair."

The lists compiled by Emerson are then matched with donors who do their best to make every wish

"We have several regular local donors like North Coast Church who every year donates at least 50 sweaters and gifts for the kids," said Miller. "And, The Church of Jesus Christ of Latter-day Saints each year adopts at least 25 families. They are amazing."

Once the lists are distributed and gifts purchased, it is up to each donor to personally contact their family, or families, and arrange for delivery.

"This is the magical part," said FFP Case Manager and Volunteer Coordinator Nancy Rocha. "COVID has us disconnected and isolated. By giving our donors the opportunity to see exactly where their donations are going, it provides them with an incredibly personal and touching interaction.

These connections also encourage donors to repeat their acts of kindness and generosity. Jessie Goble is one such person.

"My family has participated in the Adopt-A-Family program several times over the past 20 years," she said. "I grew up in Fallbrook, my parents still live there and the town is near and dear to our hearts. We consider Fallbrook our hometown and will

continue to support the program." Goble, who now lives in Scottsdale, said her parents, sister (who lives in Los Angeles) and brother (who lives in San Diego) all pitch in to ensure every item, and more, on their assigned wish list is purchased for their adopted family.

"It's so rewarding to make someone else's holiday season a little better," she said. "Last year when we delivered our gifts, it was so cute to see the children peeking out their windows before they came out to help us unload. I hope more families decide to participate in this event next year. I fully recommend it."

Families who happened to miss the Adopt-A-Family registration deadline are not without assistance.

The Santa's Workshop program identifies those families approximately 40 this year – who are provided with gift cards and other donated items that were received after the Adopt-A-Family program closed. Gifts will be distributed Dec. 20-23 at the pantry.

Gawlak, sitting in her office last week, waved an envelope filled with 150 Albertson's gift cards, each valued at \$50.

"This is so fantastic," she said. "We just received these from the San Diego Food Bank and we will give them to our Santa's Workshop families. It's another blessing.'

Gawlak acknowledges the ard work of her five paid staff members and the approximately 50 volunteers whose energy and enthusiasm continue to grow the pantry's outreach.

"Everyone here is so positive," she said. "We are all very proud to be a helpful part of our community. We are making a difference and that means everything."

The Fallbrook Food Pantry, located at 140 N. Brandon Road, provides food to approximately 500 families each week. It has served low-income and disadvantaged families since 1991 and each year distributes nearly 1 million pounds of food to those in need in the greater Fallbrook area.

A surprise visitor shows up in De Luz



Village News/Ken Hennell photo Ken Hennell, Fallbrook resident, receives a visitor in De Luz. This bobcat was about 40 feet from his house.





DISTRICT

from page A-1

in District 4 with Spring Valley and east San Diego communities, the vocal Chaldeans were upset. They said the 25,000 members from Rancho San Diego were splitting their community and have threatened litigation.

Keeping Rancho San Diego in District 4 helped make that area a stronger voice for the Black community, said Commissioner Ramesses Surban.

"This is the best possible outcome," he said. "I'm proud of what we accomplished.'

Commissioner Ken Inman noted that all municipalities, as well as most planning groups and fire districts, were not split.

"We've been flying this plane while we were building it," said Vice Chair Rosette Garcia at the final meeting. "And now we're getting ready to land it."

Garcia called on fellow commissioners with "eagle eyes" to bring anything else to discuss, which resulted in minor tweaks that commissioners said were insignificant but noted and corrected.

Commissioner John Russ said it

was an excellent job by all. Kristine Kruglyak reminded fellow commissioners of an earlier goal to write about "lessons learned" as a help for the next commission in 10 years. This was the first time there was an independent commission. In previous decades, Supervisors

made the decisions. Chair David Bame said the commission would meet again on Jan. 12 to develop a "lessons learned" report. At the conclusion of the meeting, Bame emotionally thanked his fellow commissioners, all volunteers.

"It was my humbling pleasure to be your chair," he said. "It was even more important to be part of such a great team."

Here is are how the districts are now aligned:

- District 1, currently represented by Supervisor Nora Vargas, is a majority Latino district, with 61.4% of the population and 58.2% of the voting age population identified as Latino. District 1 includes unincorporated areas and the cities of Imperial Beach, National City and Chula Vista.
- District 2, currently represented by Supervisor Joel Anderson, is mainly an eastern district and includes unincorporated areas and the cities of El Cajon, Poway and Santee.
- District 3, currently represented by Supervisor Terra Lawson-Remer, is mainly a coastal district stretching from Carlsbad to Coronado.
- District 4, currently represented by Chair Nathan Fletcher, includes unincorporated areas around parts of the cities of San Diego, Lemon Grove and La Mesa.
- District 5, currently represented by Supervisor Jim Desmond, is mainly a northern district and includes unincorporated areas and the cities of Escondido, Oceanside, San Marcos and Vista, as well as Camp Pendleton, Fallbrook, Bonsall, Rainbow, De Luz and east to Imperial County. It includes all the Tribal lands.
- District 2 and District 5 are the largest geographic districts.

The redistricting commission's final maps and reports are available on the county's redistricting web page, https://www. sandiegocounty.gov/ redistricting/.



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December 23, 2021 $\underline{www.VillageNews.com}$ | The Fallbrook Village News | $\mathbf{A-9}$

Silvergate Fallbrook Awarded Caring Super Star For 2022

Fallbrook, CA – December 23, 2021 — Silvergate Fallbrook is excited to announce it has been named a 2022 Caring Super Star for outstanding care in senior living by Caring.com, a leading senior living referral service and the nation's top site for retirement community reviews. This is the third award for excellence that Silvergate Fallbrook has won in the last year, including one from SeniorAdvisor.com and San Diego Union Tribune who cast their votes for "Favorite."

"We strive daily to provide the highest quality care and services for our residents, and this award validates our delivery on that promise," said Patricia Martinez, Executive Director of Silvergate Fallbrook. "Silvergate is the only community in Fallbrook to win this award three years running. Our more than 30 years of experience in caring for seniors, the longevity of our staff, our hands-on local ownership and the outstanding care we offer are all reasons why we continue to be recognized by organizations like Caring.com. On behalf of our community staff and leadership, we want to thank those who shared positive feedback about us."

Online review sites help Americans research and select the best senior living communities. Seniors and their families often turn to the internet and consumer reviews when narrowing their options among senior

living communities in their area. They rely on these peer perspectives as much as personal recommendations from friends, geriatric professionals and medical personnel.

"Congratulations to Silvergate Fallbrook for being among these highly-rated communities achieving such significant praise from their customers in online reviews," Caring. com's CEO Jim Rosenthal said. "They stand out as being among the best and most experienced in senior living care in the nation."

To be considered for the award, Caring Stars communities meet a set of criteria based on ratings and reviews from senior living residents and their family members. Some of the positive feedback that led to Silvergate Fallbrook being named a Caring Star of 2021 includes:

"My mother was a resident of Silvergate for nearly two years. I have nothing but excellent memories of her time living there," said Phil Leonelli, who spends time at Silvergate as a piano performer and recently left a touching online review about the community. "We chose Silvergate because of the caring staff and excellent food! Have you seen the activity calendar? There is something for everyone. My mother really enjoyed the art classes, the sing-along activities and especially looked forward to the monthly Can-



Once again, the caregivers at Silvergate Fallbrook retirement community have been recognized for their outstanding level of care and service to seniors. The team has just received the "SUPER STAR of 2022" award from Caring.com, a leading senior living review site that rates retirement communities nationwide.

dlelight dinners. Highly recommended!"

The award from Caring.com is one of many accolades Silvergate Fallbrook has received in the recent past, including the prestigious SeniorAdvisor. com award for 2021 Best of Assisted Living, as well as being named a 2021 Favorite in

both the Independent Living and Assisted Living Community categories in the San Diego Union Tribune's Annual Reader Poll.

"We are the only community in this region to have won all three of these awards, proving that families in Fallbrook really trust Silvergate to care for their loved ones and choose us overwhelmingly to care for Mom and Dad," said Helen Gray, Marketing Director for the community. "We are so overjoyed with all of the positive feedback we received online from our residents, their families and the community. While managing through this pandemic, it means even more to us this year."

About Silvergate Fallbrook

Located in a tranquil setting within the rolling hills of Fallbrook, Silvergate is a full-service retirement community offering independent living, assisted living and memory care. The community has recently completed major renovations and currently has two-bedroom, one-bedroom and studio models available for private viewing.

For information about availability and pricing, call Helen Gray to arrange a private tour of the property at 760-728-8880.
Silvergate Fallbrook is located at 420 Elbrook Drive, Fallbrook, CA 92028. www. SilvergateRR.com/FB.





Silvergate Fallbrook -- the only retirement community in the area to be awarded all three senior living care awards -- has just been named a 2022 Caring Super Star.

Thank you Fallbrook for once again choosing Silvergate as your favorite!

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The Christmas Story

The Christmas Story as told by Luke

Luke 2:1-20

¹ In those days Caesar Augustus issued a decree that a census should be taken of the entire Roman world. ² (This was the first census that took place while Quirinius was governor of Syria.) ³ And everyone went to their own town to register.

⁴ So Joseph also went up from the town of Nazareth in Galilee to Judea, to Bethlehem the town of David, because he belonged to the house and line of David. ⁵ He went there to register with Mary, who was pledged to be married to him and was expecting a child. ⁶ While they were there, the time came for the baby to be born, ⁷ and she gave birth to her firstborn, a son. She wrapped him in cloths and placed him in a manger, because there was no guest room available for them.

⁸ And there were shepherds living out in the fields nearby, keeping watch over their flocks at night. ⁹ An angel of the Lord appeared to them, and the glory of the Lord shone around them, and they were terrified. ¹⁰ But the angel said to them, "Do not be afraid. I bring you good news that will cause great joy for all the people. ¹¹ Today in the town of David a Savior has been born to you; he is the Messiah, the Lord. ¹² This will be a sign to you: You

will find a baby wrapped in cloths and lying in a manger."

¹³ Suddenly a great company of the heavenly host appeared with the angel, praising God and saying,

¹⁴ "Glory to God in the highest heaven, and on earth peace to those on whom his favor rests."

¹⁵ When the angels had left them and gone into heaven, the shepherds said to one another, "Let's go to Bethlehem and see this thing that has happened, which the Lord has told us about."

¹⁶ So they hurried off and found Mary and Joseph, and the baby, who was lying in the manger. ¹⁷ When they had seen him, they spread the word concerning what had been told them about this child, ¹⁸ and all who heard it were amazed at what the shepherds said to them. ¹⁹ But Mary treasured up all these things and pondered them in her heart. ²⁰ The shepherds returned, glorifying and praising God for all the things they had heard and seen, which were just as they had been told.

Merry Christmas & God Bless!

- The Murphys



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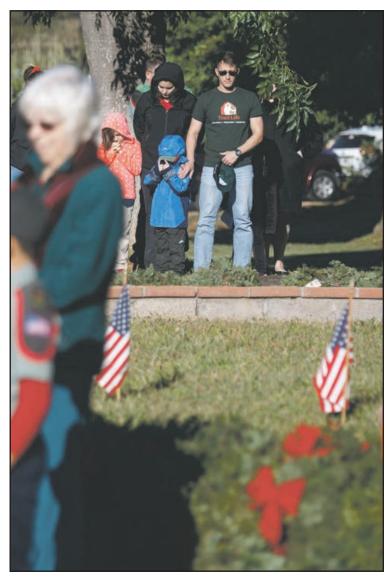




Wreaths Across America event remembers deceased veterans



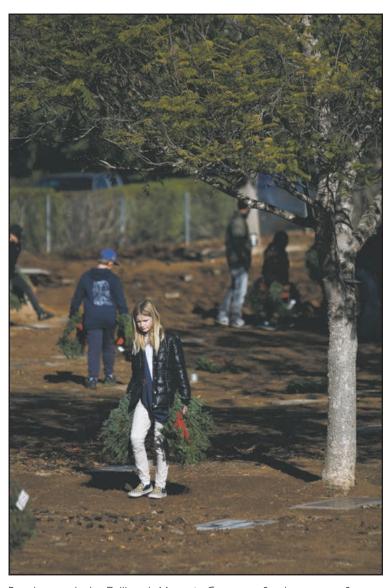
Active duty U.S. Coast Guard member Bobby Davis with his daughter Claire, Village News/Shane Gibson photos 8, and Joey, 9, place a wreath in honor of all U.S. Coast Guards members during the Wreaths Across America event at the Fallbrook Masonic Cemetery, Dec. 18.



People pray at the Fallbrook Masonic Cemetery during an invocation at the annual Wreaths Across America event.



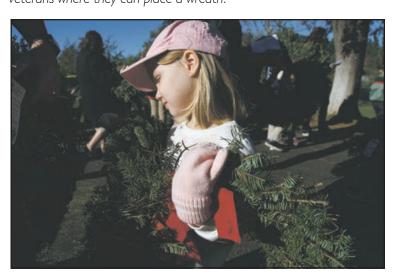
People gather at the Fallbrook Masonic Cemetery during the annual nationwide Wreaths Across America event. Wreaths Across America honors all those who have served in the military and are deceased when participants place wreaths at their graves during the holiday season.



People search the Fallbrook Masonic Cemetery for the graves of veterans where they can place a wreath.



Suzanne Lemoine of the National Society Daughters of the American Revolution places a wreath in honor of all POW/MIA during the Wreaths Across America event at the Fallbrook Masonic Cemetery.



Amelia Bitton, 4, grabs wreaths with her family to place on the gravesites of veterans during the Wreaths Across America event at the Fallbrook Masonic Cemetery.



Wreaths Across America participants grab wreaths to place on the graves of veterans at the Fallbrook Masonic Cemetery.



Boden Layton, left, 6, and his brother Dylan, 4, place a wreath on a veteran's grave during the Wreaths Across America event in Fallbrook.

HEALTH

NCFPD changes employee wellness programs

Joe Naiman

Village News Reporter

The North County Fire Protection District has changed

employee wellness program providers.

The fire district had been using the SACFIT Wellness Program, but a 5-0 NCFPD board vote Dec.



14 approved a transition to the On-Duty Health Firefighter Health and Fitness Assessment.

"That's our hope that we can provide our folks with a wellness program that will keep them mentally and physically healthy and strong throughout their career," said NCFPD fire chief Keith McReynolds.

North County Fire had been using SACFIT for more than a decade, but SACFIT has been limited to employee fitness evaluations. "Historically we have provided a fitness-based wellness program," McReynolds said. "This new program will actually provide medical testing for our folks."

On-Duty Health will also provide audiometric testing, vision evaluation, a cardiac stress test and maximum oxygen consumption rate measurements, ultrasound testing which includes early cancer detection, and behavioral health assessments. On-Duty Health provides health specialist physicians, nurse practitioners, exercise physiologists, and ultrasound and x-ray technicians who are trained in National Fire Protection Association health standards.

"It really is cutting edge," McReynolds said.

Each employee will receive a fully electronic and secure online portal with all assessment results which are stored for the user's ongoing access.

The additional annual cost for the fire district is \$15,000, although studies have shown that fire departments using Wellness Fitness Initiative programs spend only one-third of the amount for injured or ill fire service employees that departments without a WFI program spend.

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Early warning signs of Alzheimer's disease

FALLBROOK - Alzheimer's disease is an insidious illness that slowly robs individuals of their memories, personalities and relationships. The Mayo Clinic said Alzheimer's disease is a progressive neurological disorder that causes brain atrophy and cell death, which contributes to continuous decline in thinking, behavioral and social skills. It eventually affects a person's ability to live independently.

The most common form of dementia is Alzheimer's disease, which is believed to affect approximately 5.8 million Americans age 65 and older. While there currently is no cure for Alzheimer's disease and other dementias, there are strategies that can help mitigate symptoms. An ability to recognize dementia symptoms early can help millions take proactive steps to improve quality of life.

Below are some early warning signs of Alzheimer's disease, courtesy of notable health organizations, including MJHS Health System, the Alzheimer's Association, Alzheimer's New Zealand and the Mayo Clinic.

• Recent memory loss that affects

- While it is normal to forget where you left keys, names or telephone numbers from time to time, a person with dementia may have difficulty remembering recent events or where they live.
- Personality changes
- Individuals may begin to show subtle differences in their personalities, including mood swings. For example, a person who is easygoing may become reluctant to interact with others.
- Difficulty with familiar routes
- A person with dementia may have regular difficulty driving familiar routes or finding the way home.
- Trouble finding the right words
- Finding words to converse freely can be difficult for people with Alzheimer's. Such individuals may experience particular difficulty finding the right words to express their thoughts or identify objects.
- · Disorientation with time
- Someone with Alzheimer's disease may be confused about the time of day and what is appropriate for that time.
- Decreased or poor judgement



An ability to recognize dementia symptoms early can help millions take proactive steps to improve quality of life.

Village News/Metro photo

- · Individuals with dementia may make consistently poor decisions and may start paying less attention to their physical appearance.
- Difficulty following a plan

A person with Alzheimer's disease may have challenges solving problems, such as working with numbers, following a recipe or keeping track of finances.

Early signs of dementia may be

confused as normal age-related changes; however, when such signs present themselves, it is critical to speak with medical professionals to get a clear diagnosis.

Enact long-term solutions to protect joint health

FALLBROOK – Periodic aches and pains can affect anyone. Individuals who are physically active and those who live largely sedentary lifestyles may experience pain from time to time. In fact, many professional and amateur athletes experience minor, short-term injuries at one point or another, and rest is often the best remedy to overcome such obstacles.

Though minor tweaks may be somewhat normal, long-term issues like persistent joint pain should not be written off as par for the course. It can be tempting to write joint pain off as a concern only serious athletes need to worry about. Terms like "tennis elbow" and "runner's knee" can give less physically active individuals a false impression of joint pain and what causes it. But the Mayo Clinic said that lack of exercise can contribute to pain and stiffness in the joints. That's because exercise strengthens the muscles and tissues that surround the joints. That added strength puts less stress on

In recognition of the threat posed by chronic joint pain, the Arthritis Foundation recommended individuals take various steps to protect their joints over the long haul.

Focus less on fashion in regard to footwear. High heels may be the epitome of glamorous footwear, but women who routinely wear high heels will pay a steep price. The Arthritis Foundation said that heels put added stress on the knees and increase risk for osteoporosis, and experts indicate



The Arthritis Foundation recommends individuals take various steps to protect their joints over the long haul.

ones whose footwear fashion sense could be hurting their joints. Men also must pay attention to what they're putting on their feet. For example, sandals without a

that 3-inch heels are seven times back strap force toes to over grip more stressful on feet than 1-inch the edge of the sandal, putting lengthy periods of time sitting or heels. But women aren't the only needless strain on each foot and potentially causing issues with the toes.

> Alternate between sitting and standing throughout the day. Joint stiffness and strain can

develop when individuals spend standing The Arthritis Foundation recommended taking a break to stand up or sit down every 30 minutes. Professionals who sit at a desk all day may want to switch to height-adjustable desks that make it easy for them to transition from sitting to standing and still get their

work done. Maintain a healthy weight. Being overweight causes a ripple effect that impacts the entire body, including the joints. The Arthritis Foundation said that researchers have determined that losing 11 pounds can reduce risk for osteoarthritis of the knee by 50%. On the flip side, each extra pound an individual carries puts four times the stress on his or her knees. Exercising to lose weight can provide the added benefit of preventing joint stiffness.

Opt for low-impact activities. Low-impact activities like cycling and swimming are easier on the joints than fitness classes that involve high-intensity dancing and kickboxing. In addition, when choosing between a treadmill and elliptical machine, the Mayo Clinic said that ellipticals are generally considered low-impact machines that are less stressful on the knees, hips and back than running on a treadmill or even outdoors.

Various strategies can help individuals maintain healthy, painfree joints over the long haul.





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Mouse tests positive for Hantavirus



if it passes to humans.

Gig Conaughton County of San Diego Communications Office

One western harvest mouse collected in routine monitoring in the Black Mountain Ranch area has tested positive for hantavirus, county environmental health

officials said Dec. 17. The discovery prompted county officials to remind people never to sweep up or vacuum up after rodents if they find them in their homes, garages, sheds or cabins. People should use "wet-cleaning" methods instead, to keep from potentially breathing in the virus

and getting sick. It is not uncommon to find hantavirus in wild rodents in San Diego County. This is the 10th detection this year and there were 25 detections in 2020. The virus can cause deadly infections in people and there is no vaccine or cure. However people are rarely exposed to it because wild rodents tend to live away from people. People can be exposed to hantavirus when wild rodents shed the virus in their urine, feces and saliva, the matter dries, is stirred into the air and people

breathe it in. Because of that, county officials said people should never sweep or vacuum up if they find rodent nests or signs of rodents in their homes. If people must clean they should use "wet cleaning" methods - using bleach, disinfectants, rubber gloves

and bags. Here are tips for people to prevent being exposed to wild rodents and hantavirus, and how to use wetcleaning methods.

Avoid exposure to hantavirus

- · Seal up all external holes in homes, garages and sheds larger than a dime to keep rodents from getting in.
- Eliminate rodent infestations immediately.
- · Avoid rodent-infested areas and do not stir up dust or materials that may be contaminated with rodent droppings and urine.
- Clean up rodent droppings and urine using the wet cleaning method described below.
- Use "wet-cleaning" methods to prevent inhaling the virus
- Do not sweep or vacuum infested Ventilate affected areas by
- opening doors and windows for at least 30 minutes. Use rubber gloves. Spray a
- 10 percent bleach solution or other disinfectants onto dead rodents, rodent droppings, nests, contaminated traps, and surrounding areas and let the disinfectant stand for at least 15 minutes before cleaning.
- Clean with a sponge or a mop that has been soaked in disinfectant.
- Place disinfected rodents and debris into two plastic bags, seal them and discard in the trash.
- Wash gloves in a bleach solution, then soap and water, and dispose of them using the same doublebag method.
- · Thoroughly wash your hands with soap and water.

For more information, contact the County Department of Environmental Health and Quality at 858-694-2888 or visit www. sandiegocounty.gov/content/sdc/ deh/pests/hantavirus.html.

Health benefits of folic acid go beyond pregnancy

FALLBROOK - Women of childbearing age are urged by doctors to maintain ample amounts of folic acid in their bodies through supplementation and consumption of foods with folate. The Centers for Disease Control and Prevention indicated that folate/folic acid is essential to preventing major birth defects of the baby's brain and spine. Folic acid is not just beneficial for pregnant women and their growing babies. There are several benefits behind this B vitamin.

Folic acid and folate are different. Although the terms folic acid and folate often are used interchangeably, they are not exactly the same thing. Folate is a general term to describe many different types of the vitamin b-9, including dihydrofolate, tetrahydrofolate and more that generally occur naturally in foods. Folic acid is a synthetic type of folate that does not occur naturally. It is more stable than some other natural food folates, according to the CDC, and it is better suited for food fortification and supplement manufacture because it will not break down under heat and when exposed to light.

In natural sources, folate is found mainly in dark green, leafy vegetables. It also can be obtained by eating beans, peas and nuts. Fruits also have folate, including lemons, oranges, bananas, melons and strawberries. A combination of natural folate and folic acid can ensure that individuals get the recommended levels of folate to avoid deficiency.

In addition to the reduction of neural tube, brain and spine defects, there are other reasons why folic acid or folate is necessary for lifelong health.

Prevents folic acid deficiency.

Many foods, like cereals and breads, are fortified with B vitamins so folic acid deficiency no longer is a problem in many countries, according to the Mayo Clinic. If folic acid deficiency is diagnosed, however, supplementation can help.



Village News/Courtesy photo Many foods, like cereals and breads, are fortified with B vitamins so folic acid deficiency no longer is a problem in many countries, according to the Mayo Clinic.

Helps the heart.

Folic acid works with both vitamins B6 and B12 to control high levels of homocysteine in the blood. Elevated homocysteine might increase the risk of diseases of the heart and blood vessels.

Makes new cells.

Folate aids the body in producing and maintaining new cells, including the formation of red blood cells. People who do not have enough folate may develop anemia, according to the health supplement company PRMedica.

Reduces depressive symptoms. The Mayo Clinic said there is some evidence that folic acid might be helpful in treating depression.

Improves memory and thinking.

While more evidence is needed to make a definitive claim, WebMD said that folate may help prevent a decline in memory and thinking

Folate is an essential B vitamin that serves many functions in the body. Maintaining healthy levels may prevent a wide variety of conditions.

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SPORTS

Warriors 2-3 to start girls water polo season



Fallbrook's Marissa Pearce makes a pass to a teammate during the varsity girls water polo match against the Classical Academy Caimans, Dec. 16.

Village News/Shane Gibson photos



Joe Naiman

Village News Reporter

Fallbrook High School's girls water polo team played five games in December and ended the calendar year with a 2-3 record.

"Actually kind of encouraging," said Fallbrook co-coach Sean Redmond.

Redmond has been the Warriors' girls coach since the 2011-12 season. Ken Brower, who has more than 45 years of coaching various Fallbrook High School teams including the 1977 boys team which won the CIF championship, asked Redmond if he could help coach the Warriors this season. Redmond made Brower a cocoach.

"It's been a win-win all the way around," Redmond said.

"He has years of experience," Redmond said. "I can't come anywhere close to that with the knowledge he has.'

Fallbrook's 11 varsity players will need knowledge. The roster consists of two seniors, two juniors, and seven sophomores. This season, Fallbrook is in the Palomar League, and the Warriors will begin league competition Jan. 4 at Westview. Redmond and Brower are viewing the preleague games as experiments on which players work best with which other players.

Because all Division I teams qualify for the CIF playoffs and because Fallbrook's pool does not meet playoff standards, non-league games are relevant for experience but have minimal impact on postseason status. The 2021-22 Palomar League also includes Del Norte, Poway, Rancho Bernardo

and Valley Center.

Fallbrook's season began Dec. 1 at University City. The Warriors were on the desired end of the 15-5 final score. "It was a surprise. I was not expecting it to be that large of a margin," Redmond said.

"I expected it to be a pretty hard fought battle," Redmond said. "We came out pretty strong right from the beginning and we were able to take control."

A Dec. 2 trip to Granite Hills resulted in a 12-4 Eagles victory, and the Dec. 8 match at Helix was a 9-8 Highlanders win. "That was a really close game all the way through," Redmond said.

Fallbrook's second win of the season occurred Dec. 10 against San Dieguito Academy, which is in Encinitas but plays home matches at Alga Norte Aquatic Center in Carlsbad. "Swimming in the big pool is pretty cool,' Redmond said.

The 13-9 Fallbrook victory was also enjoyable for the Warriors. "It was close in the beginning, but our girls settled down and were able to execute what we're trying to get them to do," Redmond said. "The girls were able to put pressure on them, and that helped us a lot."

Fallbrook's Dec. 16 game against Classical Academy was supposed to be in Escondido, but pool issues moved the match to Fallbrook. The Caimans prevailed by a 9-6 score.

The league match at Westview will be followed by non-league home games Jan. 6 against Torrey Pines and Jan. 7 against Oceanside. "I'm looking forward to the rest of the season and see how we do,' Redmond said.

Lady Warrior Kacey Sanchez looks for an opening to take a shot against the Caimans. Fallbrook lost the varsity girls water polo match, 6-9.



Fallbrook's Lucy Loomis battles against Classical Academy opponents during a home





Fallbrook's Grace Goode searches for an open teammate against Classical Academy.

Lady Warrior goalkeeper Kayla Herbert attempts to block a Caiman's shot.



McFarland 95th at state meet



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Joe Naiman Village News Reporter

Bonsall High School senior Ethan McFarland concluded his high school cross-country career by finishing 95th among the 205 Division V boys who competed at the CIF state meet Nov. 27 at

The Woodward Park course was 5,000 meters (3.1 miles). McFarland had a time of 17:49.8.

Woodward Park in Fresno.

"It wasn't a good race for me, but at that point I'm just happy that I made state," McFarland said.

The three Division V boys teams with the best finish at the CIF San Diego Section meet Nov. 20 at Morley Field in San Diego qualified for the state meet as teams, and the five fastest runners whose team did not qualify earned individual runner berths at the state race. McFarland was ninth overall in that race and finished fourth among runners whose school did not qualify as a team.

Other Bonsall runners along with parents gave up part of their Thanksgiving weekend to support McFarland in person. "We actually had a few surprise guests from my team come up, so that was kind of nice," he said.

Woodward Park is a relatively flat course, so runners who have an advantage on ascents are denied that benefit. "It was kind of an unfamiliar setting," McFarland

The competition consisted of the top schools and runners from all of California's sections. "It's the state meet. It's the highest level meet," McFarland said.

That disrupted McFarland's normal race plan. "With most races

I'm out in the front," he said. McFarland didn't have the room to maneuver that he had in other races. "You're getting pushed

around inside like these huge walls of people," he said. "It's something I'm kind of unfamiliar with."

A cramp in the first mile augmented McFarland's struggles, but he continued to the end of the

"I'm glad I got the experience nonetheless," McFarland said. "I'm happy with the result."

Francis Parker senior Kenan Pala, who won the San Diego Section meet, also finished first in the state race with a time of 14:51.0. McFarland finished immediately behind Windward (Los Angeles) freshman Max Kobayashi, whose time was 17:49.1, and immediately ahead of New West Charter (Los Angeles) junior William Bujake, who completed the course in

"I didn't really have a goal once I got to state. My main goal was to get to state," McFarland said.

Three FAST swimmers compete in Coronado

Village News Reporter

Three members of the Fallbrook Associated Swim Team competed in the Dec. 3-5 Winter Age Group meet at the Brian Bent Memorial Aquatic Complex in Coronado.

Nine-year-old Grayson Legg was in the boys 10-and-under division. Twelve-year-old Ellajean

Martinez was in the 11-12 girls division while 12-year-old Lukas Loehrmann swam in the 11-12 boys class.

Legg swam in five events. He placed fourth in the 200-yard freestyle with a time of 3:16.77, fifth in the 100-yard freestyle after completing his laps in 1:31.69, seventh in the 50-yard butterfly which took him 59.50 seconds, 11th in the 50-yard freestyle race he completed in 39.87 seconds, and 11th in the 50-yard backstroke with a time of 50.51 seconds.

This is Legg's first year swimming. "He's still learning the game and figuring out how to do the races," said FAST director of coaching Sean Redmond.

Martinez had the sixth-place time of 2:35.10 in the 200-yard

freestyle. "She's still learning how to swim that race because it's not an easy race to do," Redmond said.

"I think the 200 free is probably the hardest race there is in swimming," Redmond said. "If you go out too fast you pay for it. If you don't go out fast early you're going to have a hard time trying to catch back up."

Martinez also placed 11th in

the 100-yard breaststroke which took her 1:40.75 and 13th in the 50-yard freestyle with a time of 32.30 seconds.

In his second career meet, Loehrmann placed 14th in the 50yard freestyle with a time of 36.00 seconds and 19th in the 50-yard butterfly which he swam in 55.14 seconds.

Straight Up G first, Finneus second in King Glorious Stakes

Joe Naiman

Village News Reporter

San Luis Rey Training Center colts finished first and second in the King Glorious Stakes race Dec. 12 at Los Alamitos Race Course.

Straight Up G, who is trained by Richard Baltas and was ridden by Ricardo Gonzalez, led for the entire one-mile dirt race for California-bred 2-year-olds and won by a 3 1/2-length margin over Finneus, who is trained by Walther Solis and had Umberto Rispoli for his jockey.

The nine horses in the race included four who train at San Luis Rey. Thirsty Always is also trained by Solis and was with jockey Abel Cedillo. So I'm Told is trained by Edward Freeman and was underneath Mario Gutierrez.

Finneus finished 1 3/4 lengths in front of third-place Fast Draw Munnings. Thirsty Always finished eighth, two lengths behind seventh-place Socal Red and 22 1/4 lengths behind Straight Up G. So I'm Told was the final horse across the finish line and trailed Thirsty Always by a neck.

Gonzalez and Straight Up G broke first. "The horse broke real sharp," Baltas said.

Gutierrez and So I'm Told left the gate fourth. Cedillo and Thirsty Always were the fifth entry out of the gate.

Rispoli and Finneus, who as the No. 1 rider and horse had the post position at the rail, broke eighth. Other jockeys moved inside to minimize distance around the turns. "Riz had to go around to be able to make his run," Solis said.

The first quarter of a mile took Straight Up G 23.99 seconds, and after two furlongs he led Thirsty Always by one length while Thirsty Always was a head in front of third-place Moose Mitchell.So I'm Told held the fourth position, a length behind Moose Mitchell and a head in front of fifth-place Fast Draw Munnings. Finneus was in seventh, 5 1/4 lengths in back of Straight Up G and two lengths behind sixth-place Fowler Blue.

In horse racing, "speed" refers to horses with fast starts who win if they build up enough of a lead to hold off the horses who excel at closing. "We didn't have anybody to go with the 4 horse," Solis said of Straight Up G. "That cost us a little bit of the race.'

Baltas and Gonzalez didn't intend for Straight Up G to be the speed, but they had no plans to restrain the colt if he took the lead. "He's just got a lot of natural speed," Baltas said. "In this scenario it worked out."

Gonzalez opted not to take his mount back. "He just kind of sat on him," Baltas said. "He did the

Straight Up G needed 47.92 seconds to travel the first half of a mile. At that point Moose Mitchell was in second and a head behind Straight Up G while Thirsty Always was in third, a length behind Moose Mitchell and a length in front of fourth-place Fast Draw Munnings. So I'm Told had fallen to sixth, trailing fifth-place Fowler Blue by half a length and Straight Up G by three lengths while leading Finneus by 1 1/2 lengths. Finneus had a half-length lead over eighth-place Divine Feminine.

"He had a couple of challenges," Baltas said of Straight Up G. "I thought he'd be close."

The first five horses remained in those positions over the next two furlongs with Finneus taking over sixth place from So I'm Told. Thirsty Always trailed Straight Up G by 1 1/2 lengths and Moose Mitchell by one length while holding a half-length lead over

Fast Draw Munnings. Finneus was 3 1/2 lengths behind Straight Up G and a length in back of fifth-place Fowler Blue while So I'm Told was two lengths behind Finneus and four lengths in front of eighth-place Divine Feminine. Straight Up G completed the first six furlongs in 1:12.30.

Rispoli and Finneus gained ground approaching the stretch and moved into second, entering the stretch four lengths behind Straight Up G and a length in front of third-place Fast Draw Munnings. Thirsty Always dropped back to sixth by the beginning of the stretch while So I'm Told was eighth at that point. Straight Up G reached the stretch 1:24.31 after he left the starting

The winning time for Straight Up G was 1:36.88. "I thought he ran a good race," Baltas said.

Straight Up G made his racing debut Oct. 9 at Santa Anita Park and finished fourth in that 5 1/2-furlong race. Baltas then entered the horse in a Nov. 21 maiden special weight competition at the Del Mar Thoroughbred Club. Straight Up G and Gonzalez won that six-furlong race.

"He came back in three weeks.

He ran two turns for the first time," Baltas said of Straight Up G's first stakes race.

"He's a very nice horse," Baltas said. "We have very high hopes for him.'

Straight Up G was foaled in Northern California May 7, 2019. He was sired by Straight Fire out of Gidget Girl. The King Glorious Stakes purse including starter bonuses was \$102,000, and first place was worth \$60,000 to bring Straight Up G's career earnings to \$105,660.

Finneus was foaled at Lovacres Ranch in Warner Springs March 24, 2019. His sire is Stay Thirsty and his dam is My Fiona. Finneus now has two wins and three second-place results in seven career races. The \$20,000 secondplace share of the King Glorious Stakes purse increased Finneus' career earnings to \$266,366.

Baltas expects Straight Up G to make his debut as a three-year-old Jan. 15 at Santa Anita Park in the 1 1/16-mile California Cup Derby stakes race for three-year-old California-bred horses. Solis is also targeting the California Cup Derby as the next race for Finneus.

Aguila wins Carter Classic

Joe Naiman

Village News Reporter

Fallbrook High School's first wrestling competition of 2021-22 was the Carter Classic tournament Nov. 20 at Carter High School in Rialto, and senior Ethan Aguila became the first-ever Fallbrook High School wrestler to win a weight class championship at that tournament.

Aguila pinned all three of his opponents, concluding the tournament by pinning Ruben Romero of Birmingham High School (Van Nuys) with eight seconds remaining in the second period.

"That was a very good strong showing on his part," said Fallbrook coach Cristian Vera.

During the 2019-20 season. Aguila won all five of his league matches, placed third in the CIF Division II tournament, and had a 2-2 record in the all-division masters tournament. Coronavirus restrictions delayed the start of the 2020-21 wrestling season, participation quantity restrictions eliminated tournaments, and two positive coronavirus tests caused two 14-day shutdowns of the Fallbrook program.

"It feels really good to be back to somewhat normal this year," Vera said.

"Last year was obviously hard for all sports," Vera said. "We got hit harder than most because we actually had back-to-back shutdowns of our team."

The second quarantine began two days after the first two-week quarantine ended, and the Warriors were prohibited from practicing as well as from competing. "It just murdered our season," Vera said.

Practice for the 2021-22 season began Nov. 6. "We're actually up and running pretty well," Vera

The compressed 2020-21 seasons forced many multisport athletes to choose between sports. This year the seasons are back to normal, although postseason fall sport activity delayed the wrestling practice of some Fallbrook matmen.

Fallbrook's water polo team reached the CIF Division II semifinal before being eliminated Nov. 11, the Warriors' football team lost in the CIF Division V semifinal Nov. 19, and the CIF San Diego Section cross country meet was Nov. 20. "It's definitely really easier to get kids," Vera said.

While not all wrestlers were practicing at the start, this year's program has approximately 30 grapplers. "We're headed in the right direction again," Vera said. "I was more than pleased with the turnout that we had.'

Fallbrook returned to precoronavirus tradition by opening the season at the Carter Classic. "It's been a tournament that we go to annually," Vera said.

Most of the other schools are in the CIF Southern Section. "It's a nice way to start the season with competition that we don't regularly see," Vera said.

A school may enter more than one wrestler in a weight class at the Carter Classic, although if more than one matman is in the same weight class, only one is counted towards team points. High school wrestling has 14 weight classes, and Fallbrook had 11 wrestlers at eight different weight classes in the Carter Classic. Six of those placed in the top eight.

"We actually had a very strong showing there," Vera said.

Aguila received a first-round bye and began competition against Aram Babayan of Los Osos High School (Rancho Cucamonga). Aguila pinned Babayan 49 seconds into the match. In the semifinal, Aguila pinned Zachary Chacon of Laguna Hills High School with one second left in the first period.

"Ethan is one of those kids you don't have to worry about working hard enough," Vera said.

"That kid has tremendous potential," Vera said. "He definitely has the making of being one of the top dogs in the county in his weight class."

The two semifinals winners in the double-elimination tournament have a match to determine first and second. Those who advanced far enough in the consolation bracket faced each other for third and fourth, and those who lost the match for a top four position were given a share of fifth place due to the one-day tournament this year and the rule limiting wrestlers to five matches in a day.

Two Fallbrook wrestlers, senior Marco Arias and junior Xavier Pacheco, earned a share of fifth in their division. Arias was in the 138-pound bracket and needed 24 seconds to pin his first-round opponent before losing to eventual second-place finisher Jacob Balingit of Etiwanda High School (Rancho Cucamonga). He pinned his first consolation bracket opponent 57 seconds into the match, won an 8-7 decision, and was pinned 20 seconds into the second period during his match against eventual third-place

finisher Isaiah Castellanos. Pacheco wrestled in the 113-pound division as did sophomore Nick Brockson. A pin 1:29 into his first match advanced Pacheco to a bout against eventual weight class champion Luis Solis of Carter High School, who pinned Pacheco 1:07 after the start. Pacheco began the consolation bracket with two victories by pin, the first 57 seconds into the second period and the second 11 seconds after the start of the third period. Ian Gutierrez of Yucaipa High School won an 8-1 decision against Pacheco in the match whose winner would battle for third and fourth place.

Brockson had a first-round bye and began competition with an 8-1

loss to Gutierrez. His consolation bracket matches were a win by pin and a loss by pin. The results gave Brockson a share of seventh place.

Fallbrook had two other grapplers, both juniors, who shared seventh place: Sylvester Bautista in the 160-pound class and Jon Nelson in the 182-pound This is the fourth high school

wrestling season for Aguila and Arias and the second for Pacheco, Brockson, and Bautista. Nelson is a first-year wrestler, and he was also on Fallbrook's water polo team. "We have some very athletically talented kids," Vera

The Carter Classic was thus the first high school wrestling tournament for Nelson. "He was very excited about it," Vera said.

Vera was excited that Nelson placed in his first high school tournament after starting

practice late due to his water polo commitment. "I couldn't be happier with his work ethic," Vera said.

Fallbrook's other five wrestlers in the tournament were also making their high school debut. Fallbrook had two heavyweight wrestlers although junior Nathan Fang and sophomore Francisco Andraca (who was on the team last year but broke his leg prior to any matches) were both winless. Oscar Espinoza, a junior, won his first 126-pound match before losing twice. Roger Ramirez began his 195-pound competition with a win prior to the junior's two losses. Derek Yap was in the 138-pound bracket; the junior was pinned by Castellanos in the second period and lost a 10-3 decision.

"Everyone did well," Vera said. "I don't know how it can get any



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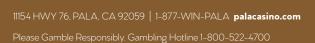
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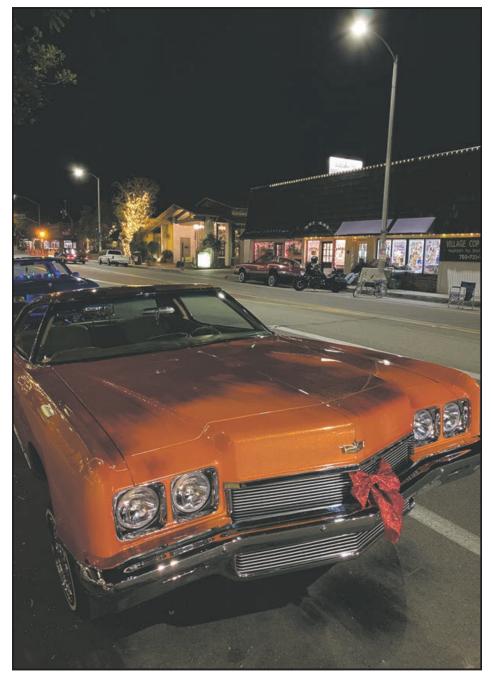




Groupe N. County Toy Drive/Cruise gives back to the community



Jasmine Degroat is dressed in an elf costume to appear with Santa Claus during the Groupe N. County toy drive/cruise event.



An orange classic car with a red bow for the holidays is parked at the Groupe N. County toy drive/cruise event.

Village News/Hannah Hanford photos

Hannah Hanford Writer

The Groupe N. County car club hosted an event on Main Avenue at the Happy Jug, Dec.11. This event brought various car clubs out to participate in a toy drive while celebrating the season of Christmas.

This event had vendors, food, music, and also a special appearance from Santa! The vendors at this event included Beyond A Cup selling desserts and Moonlight Cocktails selling specialized candies to margarita mixes. There was a food truck, Burgers & Tacos, and there was a variety of music. This brought the community of Fallbrook enjoyment and also the spirit of Christmas.

Individuals were able to come out to this event with a \$20 unwrapped toy or a \$20 donation and enjoy a fun time while also seeing classic cars, hot rods, lowriders, and motorcycles. The proceeds went to a local charity, "Toys for Tots."

All of this was done for one meaningful reason. "Give back to the community," said Saul Echeverria, vice president of Groupe N. County car club.

Individuals were able to enjoy an occasion full of fun and conversation, and also know they were making a difference by contributing a gift for the less fortunate children of North County.

From bringing a gift to taking pictures with Santa, to watching the different cars cruise around Fallbrook, this experience gave individuals a time to connect with others from Fallbrook and enjoy a fun event.

"I loved to see everyone take pictures with Santa. Everyone was just hanging out which was cool to see," vendor Dianah Lopez with Beyond A Cup said. She also added, "I really enjoyed it! Loved meeting new people and seeing some people I haven't seen in years."

This celebration brought Fallbrook the spirit of Christmas while giving back to the community.



Moonlight Cocktails vendor Elisabeth Esparza holds up her mango margarita mixer (non-alcoholic) during the Groupe N. County toy drive/cruise event Dec. I I.



Burgers & Tacos food vendor offers food and drinks at the Groupe N. County toy drive/cruise event.



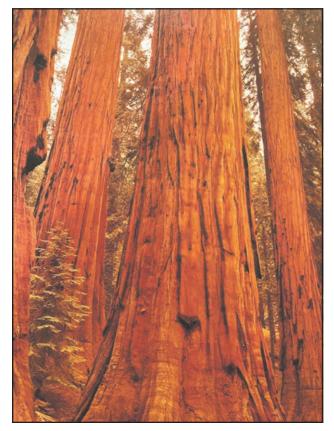
Beyond A Cup vendors Dianah Lopez and Julianna Lopez put their dessert items in bags.



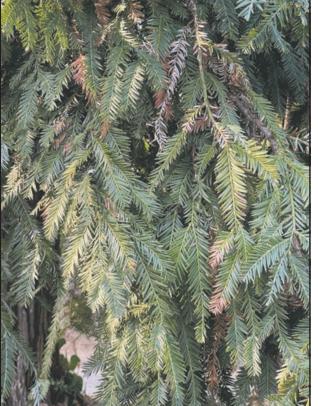
The toys for the charity, "Toys for Tots," are collected and displayed in a convertible.

REAL ESTATE & HOME and GARDEN

How the weather affects California's giant redwood trees



Redwoods, the tallest trees in the world, live in Northern California.



Redwood leaves look a little like some fern foliage and are similar to pine needles but not as sharp.



Redwood bark is thick and spongy.

Roger Boddaert

Special to the Village News

Early in my childhood, my parents would take summer outings to explore the many parks and natural wonders within California. On one of those exploring excursions, we traveled to the northern section of California to camp among the giant redwood trees.

At that camping experience, I first saw the giant and majestic sequoia sempervirens or California Coastal Redwood trees. That aweinspiring happening was to plot the forming and governing of my future journey within the world's plant kingdom.

Imagine standing in a grove of giant trees and looking upward to the sky above, over 300 feet from the forest floor, and feeling the incredible spirit of those redwood trees as a young lad.

The coastal redwoods grow today along the northern Pacific coast of California and are survivors of the forests that existed some 140 million years ago.

The iconic redwood forest is about a 500 mile stretch along the Northern California coastal belt. They are rarely found far from the sea and enjoy the moist temperate rains and coastal fog that shroud foil around the base of General these trees throughout the year.

The tallest of those trees grows in the flood plains of the creeks and rivers that are subject to periodic colossal flooding.

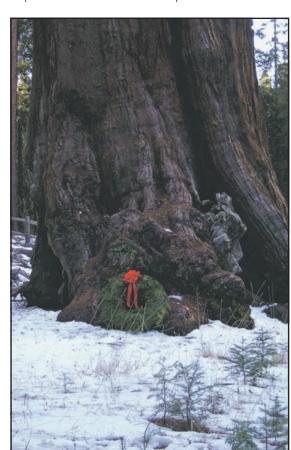
The fog plays a significant role as it hovers over these tall giants and supplies summer moisture that condenses on the uppermost branches. This water source is valuable, so the tree does not have to transport water up to its top from the ground below.

Within the tops of the redwoods is a unique ecosystem of living organisms all to themselves, like ferns, salal, frogs, birds, invertebrates, mushrooms and many species of mosses and fungi living in harmony.

Both in circumference and volume, the most massive trees on earth are the sequoiadendron giganteum trees. These are often called the Big Tree or Sierra redwoods of California's Sierra

The General Sherman redwood is located in the high Sierra Mountain range. A few years ago, I attended a holiday wreath-laying ceremony at that iconic tree with some friends; we had to trek through the snow to pay homage to this giant tree.

The firefighters of last summer heroically wrapped aluminum Sherman, and it was saved from the



A wreath sits at the base of the General Sherman tree in the Sierra's.

surrounding fires, thank goodness. in her way.

Our beloved redwoods are now experiencing significant climate changes, with less rainfall and dried under canopy vegetation on the forest floor, fueling fires with more frequent lighting strikes throughout the dry seasons of the

These giants have played a significant role in fighting climate change as a carbon sink, and I pay sincere gratitude that they have helped protect our delicate planet now changing in many directions.

The redwood trees have very thick spongy bark ranging up to 12 inches and range in color from reddish-brown to grey, making them reasonably resistant to fires and insect invasions.

But when trees of any type go through a drought cycle, their immune and defensive systems start to break down and are vulnerable to outside invasive circumstances, just like you and me. I have often said trees are like people, with no two exactly alike.

Last summer's fires in Northern California have scoured these stands of trees, and it is estimated that over 10 to 15,000 redwood trees have been lost this year alone.

Some new trees will sprout from the tree's base, but we will have to

specialized forests, the hillsides become denuded, erosion can wash away the precious topsoil, organic matter, and the eroding silt can build up in rivers, changing the water quality for flora and fauna in that region and drinking water as well.

Earth's forests contain thousands of species of trees, each of which is distinguished by its seeds, leaves and growth. Regardless of species, all trees have the same general structure and requirements for survival.

They all utilize water, soil, air and light to manufacture food and to grow and produce seeds for the next generation in their species.

These giant root systems only grow to about five to eight feet in depth but extend as much as 300 feet wide from the original tree trunk, collecting water and nutrients to sustain life.

The seed cones of these mighty giants are only the size of a dime but produce trees about onethird the size of the Empire State Building, which is a towering 1,454 ft in height from the floor of the Manhattan cityscape.

The fibrous root network has miles of mycorrhizae mycelium

Roger Boddaert meets his first redwood tree in Northern California as a young lad. tree. This communication system When trees are lost in these transports various information

amongst all living trees and is a wealth of valuable data as the trees co-exist in forests and woodland settings.

The timber industry started in 1800 in California to cut and harvest these giants for the demanding lumber needs of the gold rush.

But today, only 3% of redwoods remain under local, state, and national protection through parks, preserves, and private holdings.

Wilderness needs the protection of all types, for we have lost so many species of flora and fauna globally, and the future of our planet lies within all of our hands.

The ecological clock is ticking, and it is now or never for all of us to do our part in not only caring for our earthly mother but stepping up to the plate, for we all hold part of that commitment.

There are so many ways that you can pitch in with time, energy, or monies to plan, protect, and plant again and again, as the simple act of planting trees globally aids in the cooling of our planet.

The best time to plant a tree was 20 years ago, and the next best time is today. You can contact Roger Boddaert at 760-728-4297.



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Time extension granted for Fallbrook Oaks

Joe Naiman

Village News Reporter

The County of San Diego has granted a time extension for the Fallbrook Oaks subdivision tentative

The time extension now allows until Dec. 7, 2022, to record a final map. A preliminary decision granting the time extension was approved Nov. 30 by county Department of Planning and Development services director Dahvia Lynch. The time extension was docketed for the Dec. 10 meeting of the county's Planning Commission and, when no commissioner or member of the public requested a hearing, Lynch's decision became final and

The San Diego County Board of Supervisors approved the Fallbrook Oaks subdivision in December 2011. Although the Planning

Commission has the authority to approve a tentative map and a site plan, a portion of the 27.2-acre property at the northwest corner of Ranger Road and Reche Road had C36 general commercial zoning and any rezone must be approved by the Board of Supervisors. That C36 portion was changed to the A70 limited agricultural zoning which covers the rest of the property. The Planning Commission had voted 7-0 to recommend approval of the tentative map and site plan in October 2011.

The original tentative map subdivided the parcel into 18 lots ranging in gross size from 1.0 to 3.3 acres and having one-story and two-story residences. An administrative permit, which was also approved, allows for lot area averaging easements reducing the smallest lot size to 0.9 net acres. The map approved in 2011 also included 5.6 acres of permanent open space. The semi-rural residential land use designation allows for up to 24 dwelling units.

The environmental Mitigated Negative Declaration was circulated for public comment in fall 2009. The MND was circulated during a Level 2 drought, under which the Rainbow Municipal Water District will not provide new water service or turn on existing services which have been locked for more than a year, but the water district noted that a service letter would be provided if the drought response condition was decreased to Level 1 or lower or if substantial evidence was provided of an enforceable binding commitment that water demands would be offset prior to new water meters being provided.

The Rainbow Municipal Water District subsequently provided a service letter for both water and sanitation while service letters were also received from the North County Fire Protection District, the Fallbrook Union Elementary School District, and the Fallbrook Union High School District.

A tentative map becomes a final map after all conditions of the tentative map, other than those for which permits cannot be issued until a final map is recorded, are fulfilled and all fees and deposits have been paid. The tentative map initially expired Dec. 7, 2012, although state legislation provided two automatic two-year extensions.

The actual building and grading permits must comply with current stormwater, drainage, and other environmental requirements, and changes to state stormwater standards led to an application for a revised tentative map in November 2015 and a request for a time extension was submitted in

November 2016. If an application for a time extension is filed prior to the expiration the project is not in default if the extension is granted after the expiration date.

The revised tentative map converts one of the residential lots on the site's eastern boundary into a remainder lot, reducing the number of residential lots from 18 to 17. Improvements to Ranger Road along that frontage which were part of the original approval will not be included in the revised requirements. The revisions also modify a lot line so that the driveway for one of the lots will not bisect another lot.

Other changes reflect updates to current requirements. The revised tentative map was provided to the Fallbrook Community Planning Group, although in January 2020 the planning group informed county staff that the change was not significant enough to warrant further review.

Bonsall CSG approves Lawrence Welk Court yield sign

Joe Naiman

Village News Reporter

The Bonsall Sponsor Group

approved a yield sign for Lawrence Welk Court at Lawrence Welk Lane.

Normally a sponsor group

action is advisory, but because the change involves signage rather than an actual regulatory change the sponsor group's support will allow the county's Department of Public Works to post that signage. The sponsor group voted 5-0 in favor of the yield sign Dec. 7.

Two fatal accidents at the intersection of Lawrence Welk Court and Lawrence Welk Lane have recently occurred. Both were attributed to excessive speed along with failure to yield. DPW noticed the two fatality accidents within a relatively short period of time and sought to improve the situation.

Lawrence Welk Court and Lawrence Welk Lane is a T-intersection, so Lawrence Welk Court motorists must yield to the through traffic on Lawrence Welk Lane and no signage had been posted. Guidelines call for a stop sign if the safe approach speed is less than 10 mph and a yield sign if the safe approach speed is between 10 mph and 20 mph. The two drivers involved in the fatal accident were exceeding 20 mph at the intersection.

Review by the county's Traffic

Advisory Committee would only have been necessary had the Bonsall Sponsor Group not provided support for the yield sign. County traffic engineer Zoubir Ouadah asked the sponsor group to take action on the yield sign. The sponsor group's Oct. 5 and Nov. 2 meetings were canceled, so the yield sign wasn't approved until Dec. 7.

DPW will install the yield sign after reviewing the sponsor group



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Our hope and prayer for you is safety if you are traveling, comfort and joy wherever you spend the day, and most of all, that you would take some time with your family to remember the miracle of this Holiday and thank GOD for the birth of our Savior, JESUS CHRIST.

Ken Follis & The Robinson Group

The Birth of Jesus

- 8 And there were shepherds living out in the fields nearby, keeping watch over their flocks at night. 9 An angel of the Lord appeared to them, and the glory of the Lord shone around them, and they were terrified. ¹⁰ But the angel said to them, "Do not be afraid. I bring you good news that will cause great joy for all the people. 11 Today in the town of David a Savior has been born to you; he is the Messiah, the Lord. 12 This will be a sign to you: You will find a baby wrapped in cloths and lying in a manger."
- ¹³ Suddenly a great company of the heavenly host appeared with the angel, praising God and saying,
- 14 "Glory to God in the highest heaven, and on earth peace to those on whom his favor rests."
- 15 When the angels had left them and gone into heaven, the shepherds said to one another, "Let's go to Bethlehem and see this thing that has happened, which the Lord has told us about."
- ¹⁶ So they hurried off and found Mary and Joseph, and the baby, who was lying in the manger. ¹⁷ When they had seen him, they spread the word concerning what had been told them about this child, 18 and all who heard it were amazed at what the shepherds said to them. 19 But Mary treasured up all these things and pondered them in her heart. 20 The shepherds returned, glorifying and praising God for all the things they had heard and seen, which were just as they had been told.

Luke 2:8-20 | New International Version (NIV)



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Monarch butterfly sees 100X increase in numbers



The monarch was officially listed as an endangered or threatened species under the Endangered Species Act, Dec. 15, 2020.



Volunteers have counted over 200,000 monarch butterflies this year clustering among trees along the California Coast.



Village News/Canva photos The annual migration of the monarch butterfly is a phenomenon that's been happening for centuries.

FALLBROOK – The Monarch the coast of California every Butterfly is making a comeback. This year, thanks to the help of environmental organizations like Wings of Change here in Fallbrook, and many others throughout the country, the beautiful iconic butterfly may not be endangered after all. Volunteers have counted over

200,000 monarch butterflies this year clustering among trees along the California Coast. That is a 100% increase over last year's count of 198. These numbers have not been seen for the last five years here in California. These numbers were collected by the Xerces Society, established in 2006.

Volunteers count monarch butterflies clustering among trees in overwintering sites along

year. There are 2 counts: the Thanksgiving Count, (Nov. 13 -Dec. 5) and the New Year's Count, (Dec. 25 - Jan. 9). Last year, in 2020, less than 200 monarchs were counted here in California, a continuation of the rapid decline since 2017. This caused alarm with scientists and activists across the world. Thankfully, Dec. 15, 2020, the U.S. Fish and Wildlife Service announced that the monarch was officially listed as an endangered or threatened species under the Endangered Species Act.

This year, thanks to conservation efforts across the nation, the Thanksgiving Count totaled over 200,000. Even better news, there have been some newly discovered overwintering sites in Pismo Beach, Santa Cruz, Big Sur, Monterey, Ventura, and Los Angeles. Some have over 20,000 monarchs in one location counted already this year, with more expected before the next count at the end of the year. For a link to all the overwintering sites identified by the Xerces Society, visit https://wingsofchange.us/.

The annual migration of the monarch butterfly is a phenomenon that's been happening for centuries. The monarch is the only butterfly that makes a twoway migration similar to the way birds do. Monarchs overwinter to protect themselves from cold weather, and can fly up to 3,000 miles to reach their winter vacation destinations. Here in California, the overwintering sites are along

the coast of California and in recent years they've seen overwintering clusters in the middle of the state rather than the northern parts of the state as seen in previous years.

The increase in monarchs overwintering is a very positive move in the right direction, however they are far from where they used to be. Back in the 1980s, hundreds of thousands of monarchs overwintered in California and in Mexico. Many of the new overwintering sites that have been identified are located on private properties, hats off to all of the advocates that are helping bring the butterflies back. Everyone can help, with a few simple steps:

· Provide milkweed plants for the monarch to lay her eggs on.

- Trim back non-native milkweed at least twice per year to prevent OE infection.

The monarch is only one of

 Provide a nectar source nearby. Do not use pesticides.

approximately 150 butterflies that can be hosted in yards here in San Diego, and their cousin the moth has many more. Pollinators are essential to the environment, ecosystem and they beautify neighborhoods. Wings of Change staff invite everyone to join them,

as they discuss a new butterfly every month, in their Butterfly of the Month Series. Text BOTMticket to 41444 or join them online at www.

WingsofChange.us.

Submitted by Wings of Change.

Christmas tree recycling guide: how and where to recycle real christmas trees in San Diego County

SAN DIEGO COUNTY – Cut or living Christmas trees are more environmentally friendly than plastic trees. Selecting the real deal reduces the use of toxic materials and fossil fuels to produce their lifelike counterparts. Moreover, real trees can be returned to the earth as mulch or through composting, which returns valuable nutrients to the earth, reduces landfill space and greenhouse gas emissions.

For this year's Christmas tree collection, the County of San Diego and I Love A Clean San Diego make it easy for residents to recycle their real Christmas trees.

The countywide Christmas Tree Recycling Guide at WasteFreeSD. org, has a 2021 listing for curbside and drop-off locations in the

According to the Environmental Protection Agency, organic materials like Christmas trees, food, and yard clippings are the number one material sent to landfills, composing two-thirds of the solid waste stream.

In California, a new state law (SB 1383) changes organic waste recycling in 2022. It will require the recycling of Christmas trees as well as other organic waste-food scraps, food-soiled paper, yard trimmings and non-hazardous wood waste (i.e., lumber, pallets, etc.). To learn more, contact your local city or county and/or waste and recycling hauler about organic waste recycling in your area.

Before a tree is turned into mulch or composted, follow some simple tips to ensure they can be fully recycled.

Christmas tree recycling tips

Do not flock or buy flocked trees. Fake snow (flock) contains chemicals that interfere with the composting process

If you choose to use tinsel it must be completely removed (and placed in the trash) from your tree before it can be recycled. Best option, don't buy tinsel. It is a wasteful single-use plastic.

Make sure to remove all ornaments, garland, lights, nails, tree bags, and tree stands (metal or plastic) before recycling.

For areas where curbside tree recycling is available, trees taller than 4 feet should be cut in half. It is recommended that pieces be under 4 feet.

Reuse or donate artificial trees that are in good condition. Purchasing new plastic trees creates more waste and greenhouse

Don't let real trees sit around too long after the holidays. They can dry out and become fire hazards.

Organic wreaths and similar decorations can be recycled with

For more information, visit CleanSD.org or call 619-291-

Submitted by I Love a Clean San Diego.



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It's the most recyclable time of the year!



Recycling Christmas and holiday decorations is a sustainable and ecofriendly way of enjoying the holiday season without sacrificing waste.

Gig Conaughton

County of San Diego Communications Office

It's the most – recyclable – time of the year!

Think about it. The holiday season brings all kinds of recyclable things into our homes, from wrapping paper and packages,

to yes, even our Christmas trees if you're using a real one.

And these days, having blue bins for recyclable materials right at home, recycling is a snap. With that in mind and in keeping with the holiday spirit, the County's Department of Public Works would like to give everyone a gift some handy recycling tips, what to recycle and what not to put into your blue bins!

Remember, don't take a holiday from recycling!

Christmas trees

If you have a real Christmas tree, you'll eventually have to bid it goodbye. The County urges you to recycle it the right way. Check with your waste hauler to find out if they offer curbside pickup; many do. You can also cut your real tree up and put it in your green organics bin or go to the County's recycling and hazardous waste database WastefreeSD.org to find Christmas tree drop-off sites near you. Make sure to remove all ornaments, garland, lights, nails, tree bags, tree stands (metal or plastic) and tinsel before recycling.

Real tree wreaths can also be recycled by placing them in your green organics bin. Leaving them lying in your backyard can turn them into fire hazards. Properly recycled trees and wreaths can be turned into mulch that will improve soil health and help soil retain moisture at our parks, farms,

home gardens and landscapes.

Know what packaging can and can't – be recycled

Gift-giving and online shopping typically means collecting lots of packaging. Not all packaging can be recycled. For example, cardboard boxes can be recycled; just break them down and put them into your recycling bin. And non-metallic wrapping paper can go into your blue bin. But other items can't - manila envelopes, padded plastic mailers and cushioning material, and traditional gift-wrapping materials including ribbons, bows, twine, tissue paper and cellophane. So please do not put them in your blue recycling bins; consider reusing them instead. To learn more about how to Recycle Right during the holidays and every day, go to www.countynewscenter.com/ county-launches-recycle-rightcampaign/.

Christmas and holiday card recycling

Like packaging materials, not

all holiday cards should be added to your recycling bin. Simple paper cards and envelopes can be added to your blue bins. But cards that have glitter, foil, metallic inks (inks made with tiny metal flakes) or other adornments can't. If there's a glitzy front and plain paper backing, tear the cards in two. Recycle the backs and put the glitzy fronts into the trash.

Holiday light recycling

Please don't put old holiday lights in your recycling bins. They can tangle up recycling equipment and they also pose a danger to workers in those recycling centers. For recycling options, visit WasteFreeSD.org, or contact a scrap metal or e-waste recycler.

So there you have it. Remember, if you have other questions about what can and can't be recycled, go to www.sandiegocounty. gov/content/sdc/dpw/recycling. <u>html</u> or to <u>www.facebook.com/</u> CountyofSanDiegoRecycling/.

Planning Commission approves proposed Citro map revisions

Joe Naiman

Village News Reporter

The county's Planning Commission approved revisions to the tentative subdivision map for the Citro development.

The Planning Commission voted 5-1 Dec. 10, with Thomas Hough in opposition and Yolanda Calvo absent, to approve the revised vesting tentative map along with an addendum to the project's Environmental Impact Report.

"The scope of this revised map doesn't have any expanded development footprint and would actually result in the removal of the requirement to build Pala Mesa Road as well as removal of improvements at Pankey Drive and Pankey Lane," said county Department of Planning and Development Services project planning division chief Ashley Smith. "There would be no additional impacts related to this revised map.'

Citro was called Meadowood in January 2012 when the San Diego County Board of Supervisors approved the vesting tentative map, general plan and specific plan amendments, rezone, Major Use Permit, site plans, and Environmental Impact Report for the 384-acre development. The original approved map included 397 single-family homes, 447

multi-family homes, 13 acres for an elementary school which will be built by the Bonsall Unified School District, four acres of park land, 128 acres of biological open space, 47 acres of agricultural open space, 5.9 miles of trails, and a wastewater treatment plant.

In order to avoid impacts to sensitive environmental resources, a public park was relocated and the residential component is now expected to consist of 473 singlefamily and 352 multi-family homes while the public park size has increased to 9.1 acres with the trail length reduced to 5.6 acres. The Board of Supervisors must approve any zoning, general plan, or specific plan changes, but the PDS director may approve minor modifications to a tentative map and the Planning Commission has the authority to approve or modify a tentative map.

The original vesting tentative map required off-site road improvements and right of way dedication for Pankey Road, Pankey Place, and Pala Mesa Drive. Those road improvements would provide for emergency vehicle access and allow the North County Fire Protection District to meet the five-minute response time stipulated in the public safety element of the county's general plan. Pala Mesa Drive runs through the planned Campus Park West project, which was approved by the Board of Supervisors in June 2014.

Tri Pointe Homes is now the owner of the Meadowood/ Citro land and Tri Pointe Homes and the North County Fire Protection District approved an updated agreement Aug. 10. The construction of Pala Mesa Drive was deleted while an interim design of Pankey Road and Pankey Place will connect to Pala Mesa Drive. An interim traffic signal will be installed at Old Highway 395 and Pala Mesa Drive near NCFPD Station 4, and signalized intersections along Old Highway 395 and State Route 76 will be upgraded.

Horse Ranch Creek Road will be upgraded to standards for a public boulevard with a raised median, and the new agreement calls for those to be constructed fully within 18 months. Tri Pointe Homes provided a focused traffic analysis showing that removing Pala Mesa Drive and the interim road designs for Pankey Place and Pankey Road will not result in a significant traffic impact.

A preliminary decision approving the changes had been issued Oct. 19 by Kathleen

Flannery, who had been the acting PDS director until Dahvia Lynch was named as the PDS director. The approval was included as an informational item at the Oct. 29 Planning Commission meeting. Had no Planning Commission member or member of the public requested a hearing, Flannery's decision would have become final, but the Campus Park West ownership expressed concerns and the request for a hearing gave Pappas Investments time to review the details and to work with PDS staff to address the concerns.

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Heidi Dickens 808-265-9823 DRE #01268111

EDUCATION

How being bilingual benefits children

FALLBROOK - Bilingualism has long been advantageous to adults who like to travel. An ability to speak a foreign language fluently can ease travelers' concerns when visiting a new country, and it also can help professionals advance their careers and expand their networks. But the benefits of bilingualism aren't exclusive to adults.

According to Waterford.org, a 501(c)(3) organization that seeks to blend aspects of learning science, mentoring relationships and innovative technology to help learners, bilingualism benefits students in myriad ways.

 Bilingualism is advantageous to emergent readers. Waterford.org reports that bilingualism has long suffered from a misconception that knowing two languages makes learning to read difficult. However, a 2012 article in Cerebrum Magazine noted that bilingual students develop metalinguistic skills at an earlier age than most other children. Metalinguistics is the understanding of the structure of a language on both a verbal and written level. Waterford. org notes that linguists believe bilingual kids' exposure to multiple languages at a young age sharpens their ability to

pick up on word structure, thus helping them develop the tools necessary to learn to read faster than their monolingual peers.

- Bilingualism improves children's vocabulary. A 2014 study published in the Journal of Experimental Child Psychology found that bilingual children have a higher vocabulary range than monolingual children. Because of that heightened familiarity with words, spelling and learning the alphabet comes more naturally to bilingual youngsters.
- Bilingualism may improve attention spans and working memories. A 2010 review published in the journal Review of Educational Research found that bilingual students usually have stronger working memories and attention spans than monolingual students. Working memory is an executive function of the brain that holds new information in place so the brain can work with it and ultimately connect it with other information. A strong working memory is a significant advantage for students, as is a longer attention span.
- Bilingualism affects students' self-discipline and perseverance. Self-discipline and an ability to



Bilingualism benefits students in myriad ways.

persevere can benefit students as they learn to study and work to understand potentially complex subjects. A 2011 study published in the Canadian Journal of Experimental Psychology

found that bilingual students outperformed their monolingual counterparts on tasks that required self-discipline, perseverance and other skills. Long thought to adversely affect

young students learning to read, bilingualism has since been shown to do just the opposite. That's just one of the many ways in which fluency in two or more languages benefits students.

Village News/Metro photo

University of Cumberlands announces fall dean's list

WILLIAMSBURG, Kentucky - In recognition of academic performance, the Office of the Vice President for Academic Affairs at

University of the Cumberlands has announced the students named to the dean's list for the fall 2021 semester.

Those students who made the

dean's list include two Fallbrook residents, Christian Miller and Caitlin Miller.

To be eligible for the dean's list, grade-point average of 3.50, and be *Cumberlands*.

students must be enrolled in at least 12 credit hours (a full course load), maintain a minimum cumulative

in good academic standing.

Submitted by the University of the

Child development courses may make comeback at FHS

Rick Monroe

Special to the Village News

Child development classes may be returning to Fallbrook High School. Superintendent Ilsa Garza-Gonzalez presented options at the Dec. 13 regular monthly board meeting of the Fallbrook Union High School District.

Career Technical Education classes in child development were eliminated in 2017, as well as classes in home economics and fashion design. However, at

supported by other board members, the superintendent gave a report about the interest of students in the program and its feasibility.

Garza-Gonzalez said the child development program would teach skills and knowledge needed to pursue careers in child care and related fields.

She said it would teach students about child growth and development, safety and emergency procedures, nutrition and health practices, positive interaction and guidance the request of Diane Summers, techniques, learning theories, a child development pathway at to transition to a block schedule this year's board president, and and developmentally appropriate the school.

practices and curriculum activities.

The program would also allow students to apply this knowledge in a variety of early childhood programs, such as public and private preschools, family day care settings, and recreational facilities. It would also enable a student to apply for a Child Development Assistant Permit from the California Commission on Teacher Credentialing.

Garza-Gonzalez said that a survey in October indicated 187 students would be interested in

The superintendent suggested the district could identify and develop a pathway(s) through instructional council by November 2022 and promote the pathway(s) during registration for 2023-2024. This timing would allow for enrollment projections and clear sequence, she explained.

If adopted, she said the program could begin with a part-time position until it grows.

Waiting for the 2023-2024 school year is important, she said, because plans are for FUHS

River Village

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1:10pm

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7:45pm

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SING 2PG

with a greater need for enrichment courses.

The board also discussed the option of an educational pathway which would prepare students to become teachers, and directed Garza-Gonzalez to pursue both programs, possibly with a single full-time teacher. Garza-Gonzalez explained

that it would focus on designing the programs and then finding a teacher that would fit it, rather than selecting a teacher first who may not be a fit.

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FOOD ~ DRINKS **MOVIES** ~ FUN

4:10pm

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Movieline and Text Showtimes 760-214-9792 SHOWTIMES FOR FRIDAY 12/24 - THURS 12/30

1:10pm

4:10pm

1:10pm

1:30pm

4:15pm

1:30pm

11:00am

5:30pm

2:15pm

8:45pm

11:00am

5:30pm

SPIDER-MAN NO WAY HOME PG13











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ENTERTAINMENT

Pala Casino Spa Resort supports Toys for Tots as a national donor

PALA - The Pala Band of Mission Indians and Pala Casino Spa Resort are proud to support Toys for Tots this holiday season as a National Donor through a \$5,000 donation. The Toys for Tots program provides toys for children in need during the holidays.

We know the severe effects that COVID has had on children and families in our community and around the world," said Robert Smith, chairman of the Pala Band of Mission Indians. "Pala is happy to help support an organization that makes such a great difference."

Members of the Pala Tribe and Pala Casino presented the donation to members of the U.S. Marine Corps Thursday, Dec. 9. The U.S. Marine Corps presented Pala with a Commander's Award certificate in recognition of the donation.

"Toys for Tots is extremely thankful for the generosity shown by Pala Casino and the Pala Band of Mission Indians that helps the Marine Corps spread holiday cheer to children in need," said Staff Sergeant Nunez.

The Pala Tribe and Pala Casino are committed to providing support for local communities and organizations during the holidays and throughout the year.

For more information about Toys for Tots, visit <u>www.toysfortots.org/</u>.

To learn more about Pala Casino Spa Resort, visit www.palacasino.

Submitted by Pala Casino Spa Resort.



Members of the Pala Tribe and Pala Casino present a donation of \$5000 to members of the U.S. Marine Corps for Toys for Tots, Dec. 9.

Village News / Courtesy photo

Theatre Talk

Elizabeth Youngman-Westphal

Special to the Village News

Sometimes you just need to put your money where your mouth is. Which is why we bought tickets to see Dea Hurston's world premiere play "1222 Oceanfront, A Black Family Christmas" again. It is the best holiday show around this year and it is close by at New Village Arts Theater in Carlsbad until Dec. 26.

Just so you know, after reviewing more than 200 shows (I get two

free tickets for each review), we have only paid to see four shows a second time in the past five years. This is the first one at New Village Arts. The others included "Benny and June" at The Old Globe, Steinbeck's "Of Mice and Men" at North Coast Repertory, "Cabaret" and "Oklahoma" at The Welk Resort. That's it.

While many shows have been good, these five were exceptional. You'll not want this holiday to go by without joining the fun at Dorothy Black's house at "1222 Oceanfront, A Black Family Christmas." Tickets can be purchased online at nva.org or call 760-433-3245.

Another top show for the holiday is in full swing at North Coast Repertory in Solana Beach; "Always...Patsy Cline," a nostalgic listen from Nashville, runs until Jan. 2, 2022. Tickets can be ordered at 619-544-1000 or www.northcoastrep.org.

Moonlight Stage is going inside to the AVO Playhouse for "Miracle on 34th Street: A Musical Radio Play." Tickets are on sale now for this show which continues through

Dec. 23, at Moonlightstage.com or 760-724-2110.

The Old Globe in Balboa Park is still running Dr. Seuss's "How the Grinch Stole Christmas" until Dec. 31, plus "Ebenezer Scrooge's BIG San Diego Christmas Show" until Dec. 26. For tickets, visit Theoldglobe.org or call 619-234-

At The Cygnet in Old Town, you can catch Dickens' "A Christmas Carol" until Dec. 26. Call 619-337-1525 or visit the cygnettheatre.

Broadway San Diego has 2 upcoming events - Dec. 27 is "A Magical Cirque Christmas" and Dec. 30 is "Mannheim Steamroller Christmas." The season opens officially in March 2022. For more information, call 800-982-2787 or email info@broadwaysd.com.

Elizabeth Youngman-Westphal can be reached at eyoungman@ reedermedia.com.



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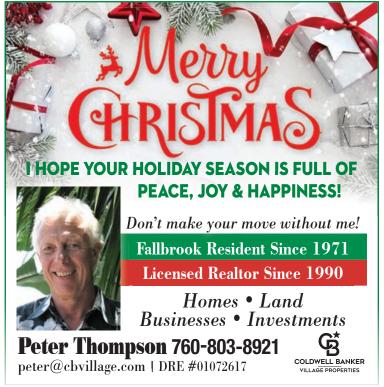
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OBITUARIES



Joyce Phyllis Miller passed away at her beloved home in Fallbrook, on a beautiful day, full of sunshine and birds singing on Tuesday morning, Nov. 30,2021. She was surrounded by love with her children Leonard and Lynne at her side and her dog Jack lying next to her. Just as she had hoped for.

Joyce was born Aug. 5, 1937, in Los Angeles and raised in Ellicott and Colorado Springs, Colorado as a young girl. She grew up on a farm which is where her love for animals began. In her late teens, Joyce moved to Coronado,

Dec. 6

5600 block Solstice Way

In Memoriam

He said, "If ever there is a tomorrow when we're not together, there is something you should always remember. You are braver than you believe, stronger than you seem, and smarter than you think. But the most important thing is, even if we're apart, I'll always be with you." A.A. Milne

California where she met and fell in love with her husband. Buck Miller. They were married on Jan. 9, 1957, in a small ceremony at the Santa Barbara Courthouse. Five years later, Joyce, Buck and their children moved to Fallbrook where her home is today.

Joyce loved being a mother and was very active in her children and grandchildren's lives. She attended sporting events, was a Den Mother for Scouts, President of the PTA and volunteered for many causes in her lifetime. As her children got older, Joyce started a career with the Fallbrook School District.

She brought much joy to children throughout her more than 20 years as "Mrs. Miller, the Librarian" at Maie Ellis Elementary and Potter Junior High. She organized events such as the Chess Club, Book Fair, Be Kind to Animals Week, and Halloween Costume Parades. After her retirement, Joyce volunteered at the Friends of the Fallbrook Library Book Store and numerous animal welfare

foundations.

Joyce is survived by her daughter, Lynne Padilla of Oceanside and son Leonard Miller of Dana Point, California. Joyce had seven grandchildren: Alan, Mark, Madison, Mackenzie, Laurene, Landon and Leighton. She had two great grandchildren, Benjamin, and Charlotte.

Joyce was able to spend this Thanksgiving with her entire family. It was a blessing for all. Joyce's children would like to thank Care and Support Hospice, specifically Jennifer, her nurse, who provided compassionate, empathetic, and exceptional care.

The family welcomes you to join them for a "Celebration of Joyce's Life" at her home in Fallbrook on Thursday, Dec. 30, 2021, at 2 p.m. In lieu of flowers, the family suggests donations to the Fallbrook Animal Sanctuary at 230 W. Aviation Road, Fallbrook, CA 92028 or https:// fallbrookanimalsanctuary.org/.



Lucy Warren Smyth passed away peacefully on Tuesday, Dec. 7, 2021, in San Diego, California. She was 93 years old.

Born in Echo, Oregon, on Nov. 7, 1928, to Preston Smith Hollomon and Ruth Melissa Nichols Hollomon, she graduated from Hermiston High School in 1946 as class valedictorian. Lucy was a musician at heart and during high school played trumpet in the concert band and also played piano, accompanying the chorus and playing swing music in a dance band. She attended the University of Oregon for three years, then moved to California and finished her education with a bachelor's degree in English from the University of Redlands.

Lucy's career began as an elementary school teacher and continued for several years when she met Faus Argo Smyth. They married on Jan. 29, 1963, and moved to Fallbrook, California in 1968 where they lived for over

During this time, Lucy had a successful career in real estate and loved it so much that she continued to list and sell properties until the remarkable age of 80. During her active years as a broker, she loved nothing more than helping people find the right home to fulfill their family dreams and would work tirelessly to make sure that each client was truly delighted with their purchase.

Throughout her life, Lucy was engaged with the community. She loved to sing in the church choir and would regularly burst into song at random times when the spirit moved her. She was an avid reader, an attribute instilled by her father, and was a member of the same book club for close to 50 years.

She was a passionate bridge player and played with two clubs, but perhaps her greatest commitment was to the philanthropic sisterhood P.E.O., which she joined in 1963, and over the years held every office at least once. including vice-president at the age of 84.

Above all, Lucy loved her family and was a devoted wife, mother, grandmother and great grandmother, characterized by her family as "the sharp-witted, strong-headed and bold-hearted matriarch of the family who never missed an opportunity to make you laugh and fill you with love." She will be greatly missed but her spirit will live on in everyone who knew and loved her.

She is survived by her three children: daughter Cynthia Parker of West Warwick, Rhode Island; daughter Dianne (John) Lefferts of San Diego: and son Matthew (Mia) Smyth of Fallbrook; grandchildren Jennifer (David) Tetley, Natalie (Christopher) Bridle, and Melyssa (Joseph) Picciano; greatgrandchildren Ethan Bostic, Madelynne Tetley, and Cameron Bridle; nephew Michael (Lynne) Hollomon of Milwaukie, Oregon; and many nieces and nephews from the Smyth side of the family.

The family will host a Celebration of Life for Lucy in Fallbrook at the Sonrise Christian Fellowship in Fallbrook on Saturday, Jan. 29, 2022, at 1 p.m., reception immediately following. In lieu of flowers, the family suggests donations to one of her favorite charities: Father Joe's Villages, St. Vincent de Paul Inc., located at 3350 E Street, San Diego, CA 92102.

SHERIFF'S LOG

Burglary

Dec. 7			
S. Mission Road @ W. Fallbrook	St.	Arrest: Poss controlled	d subs paraphernalia
3200 block Via De Todos Santos		Found property	
1500 block Rice Canyon Road		Arrest: Trespassing	
Dec. 8			
1500 block Macadamia Drive		Grand theft: fruit/fowl	l/etc.
2100 block Brooke Road		Burglary	
400 block S. Main Ave.		Vandalism	
1000 block S. Mission Road		Simple battery	
5400 block W. Lilac Road		Cite: Possess/purchase substance	e for sale narcotic/controlled
400 block W. Elder St.		Child abuse incident	
2200 block Huffstatler St.		Burglary	
6400 block W. Lilac Road		Cite: Possess/purchase substance	e for sale narcotic/controlled
2600 block S. Mission Road		Arrest: Receive/etc kn	nown stolen property
Dec. 9			
7300 block W. Lilac Road		Threaten crime with in	ntent to terrorize
500 block Ammunition Road		Domestic violence inc	eident
700 block N. Vine St.		Miscellaneous inciden	nts
1100 block Big Oak Ranch Road		Burglary	
1600 block Tecalote Drive		Miscellaneous inciden	nts
Dec. 10			
1600 block S. Mission Road	5150: Mental observation	disorder 72 hr	100
7300 block W. Lilac Road	Simple battery		200 - All A
300 block W. Clemmens Lane	Missing adult		T4 1
2200 block Mil Sorpresas Drive	Death		It may be
Dec. 11			C. 1 4
800 block S. Main Ave.	Petty theft		It may be painful to
3600 block Paseo Del Olivos	5150: Mental disorder 72 hr observation		about you
2000 block S. Old Highway 395	Spousal/cohabitant abuse with minor injury		funeral, b
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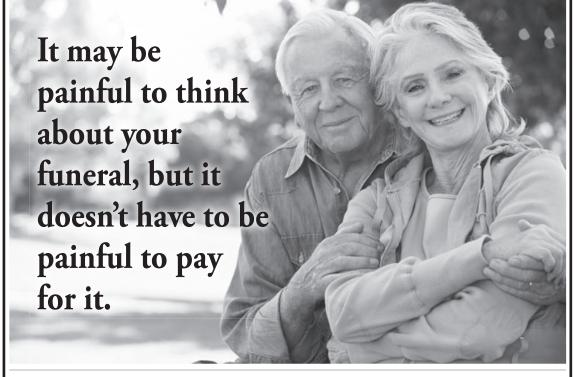
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Manchin not backing Dems' \$2T bill, potentially dooming it

Alan Fram and Hope Yen *The Associated Press*

WASHINGTON (AP) – Democratic Sen. Joe Manchin said Sunday he cannot back his party's signature \$2 trillion social and environment bill, dealing a potentially fatal blow to President Joe Biden's leading domestic initiative heading into an election year when Democrats' narrow hold on Congress was already in peril.

Manchin told "Fox News Sunday" that after five-and-a-half months of negotiations among Democrats in which he was his party's chief obstacle to passage, "I cannot vote to continue with this piece of legislation. I just can't. I've tried everything humanly possible. I can't get there."

Manchin's choice of words seemed to crack the door open to continued talks with Biden and top congressional Democrats over reshaping the legislation. But the West Virginia senator all but said the bill would die unless it met his demands for a smaller, less sweeping package, something that would be hard for many Democrats in the narrowly divided Congress to accept.

The bill would provide hundreds of billions of dollars to help millions of families with children by extending a more generous child tax credit, creating free preschool and bolstering child care aid. There is more than \$500 billion for tax breaks and spending aimed at curbing carbon emissions, which experts consider the largest federal expenditure ever to combat climate change.

Other provisions would limit prescription drug price increases, create hearing benefits for Medicare recipients and bolster aid for the elderly, housing and job training. Nearly all of it would be paid for with higher taxes on the wealthy and large corporations.

In an unusually hardball re-

sponse to a lawmaker whose vote is crucial in the 50-50 Senate, White House press secretary Jen Psaki called Manchin's announcement "a sudden and inexplicable reversal in his position" and "a breach of his commitments" to Biden and congressional Democrats. She pointedly said that Manchin, whose state is among the nation's poorest, "will have to explain" why many families will have to cope with higher health and child care costs the bill is intended to address.

Psaki said in a statement that Manchin had "in person" given Biden a written proposal Tuesday, Dec. 14, that was "the same size and scope" of a framework for the bill that Democrats rallied behind in October, and agreed he'd continue talks. That framework had a 10-year cost of \$1.85 trillion. Officials hadn't previously disclosed that Tuesday meeting.

"We will continue to press him to see if he will reverse his position yet again, to honor his prior commitments and be true to his word," Psaki said.

A Manchin aide gave the White House about a 20-minute notice before the lawmaker announced his position on national television, said a person familiar with the senator's actions who described them only on condition of anonymity.

The legislation's collapse would deepen bitter ideological divisions between progressive and moderate Democrats. That would imperil the party's ability to get behind any substantial legislation before the November congressional elections, when their control of Congress seems in doubt. And it would add a note of chaos just as Democrats need to demonstrate accomplishments and show a united front to voters.

Manchin's declaration was a stunning repudiation of Biden's and his party's top goal, and its delivery, a last-minute heads up from a staffer, seemed little short of a slap in the face to Biden. A rejection of the legislation has been seen by many as unthinkable because of the political damage it could inflict on Democrats.

It is rare for a member of a president's own party to administer a fatal blow to their paramount legislative objective. Manchin's decision called to mind the famous thumbs-down vote by Sen. John McCain, R-Ariz. that killed President Donald Trump's 2017 effort to repeal the health care law enacted under President Barack Obama.

Manchin's comments, as Congress was on a holiday recess, drew fury from Democratic colleagues he already has enraged and frustrated for months. Other problems have arisen, caused by another moderate Democrat, Arizona Sen. Kyrsten Sinema, and bickering between progressives and centrists, but none has approached the magnitude of Manchin's stands.

Senate Budget Committee Chairman Bernie Sanders, I-Vt., said in a written statement that if Manchin wants to oppose the legislation, "He should have the opportunity to do so with a floor vote as soon as the Senate returns." Rep. Pramila Jayapal of Washington state, a leader of House progressives, said Manchin can no longer say "he is a man of his word."

Senate Finance Committee Chairman Ron Wyden, D-Ore., said it would be "extremely disappointing" to abandon top priorities but that a package helping families, containing health care costs and creating clean energy jobs "would go a long way toward addressing our challenges."

Rep. Suzan DelBene, D-Wash., reiterated moderates' desire to see the bill refocused on fewer programs. "Failure is not an option," she said.

South Carolina Sen. Lindsey



Sen. Joe Manchin, D-W.Va., walks to a (AP Photo/J. Scott Applewhite, file) caucus lunch at the Capitol in Washington, Dec. 17. Manchin said Sunday, Dec. 19, he cannot back a \$2 trillion social safety net bill, dealing a potentially fatal blow to President Joe Biden's signature legislation.

Graham, top Republican on the Senate Budget Committee, had spent weeks trying to turn Manchin against the bill by saying it was too expensive. "I very much appreciate" Manchin's opposition, Graham said.

Manchin said he was opposing the 10-year, roughly \$2 trillion bill because of his concerns about inflation, growing federal debt and a need to focus on the omicron COVID-19 variant. He accused Democrats in a written statement later of trying to "dramatically reshape our society in a way that leaves our country even more vulnerable to the threats we face," seemingly delineating an ideological gap between himself and his party.

He also wants the bill's initiatives to last the measure's full 10-year duration. Democrats made many of them temporary to limit the bill's cost, which Manchin says is misleading.

The bill's extension of enhanced child tax credit benefits, including monthly checks to millions of families, would only be extended one year. The nonparti-

san Congressional Budget Office projected the credit's full 10-year cost at \$1.6 trillion, nearly the size of the entire package Manchin says he'd accept. To fit, any compromise would likely have to reduce the tax credit's benefits and deeply cut many other proposals.

Democrats dismiss Manchin's assertions that the bill would fuel inflation and worsen budget deficits.

They say its annual spending would be a tiny percentage of the country's \$23 trillion economy and have little impact on prices. Its job training, education and other initiatives would spur economic growth and curb inflation long-term, they say.

Democrats note that CBO estimated the bill's savings would leave it adding \$200 billion to federal deficits over the coming decade, small compared to the \$12 trillion in red ink already projected.

Associated Press writer Josh Boak in Wilmington, Delaware, and AP Congressional Correspondent Lisa Mascaro in Washington contributed to this report.

Pushback to U.S. Health agencies grows over handling of COVID-19 vaccine boosters

Zachary Stieber

The Epoch Times

Pushback to two top U.S. health agencies is growing over how officials handled clearing and recommending COVID-19 vaccine boosters.

The Food and Drug Administration last month authorized boosters of all three vaccines available in the United States for all adults. Soon after, the Centers for Disease Control and Prevention recommended that any American 18 or older should get a booster, regardless of prior infection or underlying health conditions.

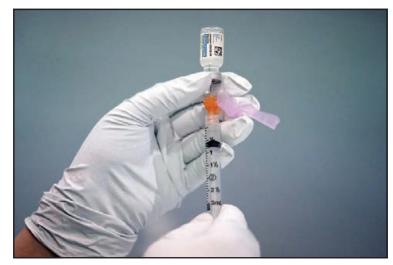
Then, earlier this month, regulators cleared a booster of Pfizer's shot for 16- and 17-year-olds.

The agencies did not convene their vaccine advisory panels before making the major decisions, stoking pushback.

Philip Krause and Luciana Borio, two former top FDA officials, said in a recent op-ed the bypassing of the panels means "the costs and benefits of these policy moves, from a medical perspective, were not fully aired publicly and discussed in advance."

"At this point in the pandemic, the world faces a host of new questions related to vaccines and boosting. The recommendations of experts on the outside advisory committees are needed more than ever, so the scientific community can understand the empirical bases for decisions, and so the public can be assured that science, not politics, is driving vaccine policy," they added.

An FDA spokeswoman told The Epoch Times in an email: "As we said in our Nov. 19 press release, the FDA has determined that the currently available data support expanding the eligibility of a single booster dose of the Moderna and Pfizer-BioNTech COVID-19 vaccines to individuals 18 years of age and older. Streamlining the eligibility criteria and making booster doses available to all



In this March 26 file photo a member of the (AP Photo/Matt Rourke, File) Philadelphia Fire Department prepares a dose of the Johnson & Johnson COVID-19 vaccine at a vaccination site setup in Philadelphia.

individuals 18 years of age and older will also help to eliminate confusion about who may receive a booster dose and ensure booster doses are available to all who may need one."

The CDC did not respond to requests for comment.

Push for Boosters

The FDA and CDC have assumed greater importance in people's day-to-day lives during the COVID-19 pandemic. Medicines and vaccines are only available after receiving clearance from the FDA, while the CDC makes recommendations that have been widely adopted by state and local authorities. Most vaccine mandates, for instance, cite the CDC and use its definition of fully vaccinated.

Strong political influence over key agency decisions has been recorded in internal documents later made public, including major teachers' unions that helped craft guidance on school reopenings. Continuing a trend started during the Trump administration, the most Americans hear from top health officials is during press briefings moderated by the White House. In the case of boosters, top administration officials in August announced all adults

should get one, even though the FDA had only cleared them for the immunocompromised.

Krause and another top FDA official resigned amid the push for widespread boosters.

That push was rejected the following month by the Vaccines and Related Biological Products Advisory Committee, which advises the FDA on vaccines. Members said there was little evidence backing the widespread use of boosters. The FDA adopted the recommendation from the panel, which widened authorization for boosters but fell short of clearing the additional shots for all Americans. However, after the CDC's vaccine advisory panel recommended narrowing who could get a booster, Dr. Rochelle Walensky, the CDC's director, overrode the recommendation.

recommendation.

Instead of consulting the panel anew, the FDA in November authorized boosters for all adults. The CDC did convene its panel before saying all adults may get boosters, but did not call a meeting before later recommending all adults get an additional shot. The FDA this month cleared boosters for 16- and 17-year-olds without convening a meeting of VRBPAC, and the CDC rec-

ommended all teenagers in the population get an additional shot without consulting with its panel.

The FDA said in a release that it didn't convene VRBPAC because no new questions arose "that would benefit from additional discussion by committee members" since an earlier meeting already went over boosting.

Krause and Borio said that was "unpersuasive, given the previously expressed views of panel

members."

The effectiveness of COV-ID-19 vaccines against the new CCP virus variant, omicron, has waned considerably, particularly against infection. Early studies show the vaccines provide little defense against the virus but that boosters restore some of the lost protection.

The CDC cited the recent data in announcing it was recommending boosters for all adults. But the case for boosters for teenagers is much weaker, since young, healthy adults are at little risk from COVID-19, and are at elevated risk of heart inflammation after getting vaccinated with the Moderna or Pfizer vaccines.

Surprised

Some experts were caught off guard by the clearance and recommendation of boosters for the 16- and 17-year-olds, especially given the lack of data on safety and efficacy in the age group. Some said it was clear panelists would have pushed back against the expansion proposals, and the panels may have rejected them.

"I'm surprised to see the CDC push boosters in healthy 16- and 17-year-olds just after Germany is reporting that no child 5-17 has died (most unvaccinated) of COVID in that country," Dr. Marty Makary, chief of the Johns Hopkins Islet Transplant Center, wrote on Twitter.

The surprise deepened when the agency released a review memorandum explaining Pfizer's application relied on a clinical trial that included just 78 individuals, some of whom received a placebo. Even more concerning, one of the 78 experienced postvaccination heart inflammation.

Dr. Paul Offit, professor of pediatrics at the Children's Hospital of Philadelphia, is a member of VRBPAC.

He reviewed the memo and found it lacking.

"I believe that the booster dose is safe and that it increases the level of neutralizing antibodies. But where is the evidence in the U.S. that it is necessary for prevention of serious illness in young healthy people?" Offit told The Epoch Times in an email.

Central to the FDA's decision was a risk-benefit calculus from Pfizer that predicted boosting 1 million 16- and 17-year-olds would avert 29 to 69 hospitalizations but cause 11 to 54 heart inflammation cases. Pfizer predicted the boosters would also avert as many as 43,143 COVID-19 cases.

Pfizer assumed a higher vaccine effectiveness than seen in some studies and assumed rates of myocarditis by taking reports to two U.S. reporting systems and reducing the estimate based on data from Israeli 16- to 19-year-olds.

The figures suggest that boosting "is not associated with an unacceptable risk of myocarditis and pericarditis," two forms of heart inflammation, the FDA said.

Dr. Paul Alexander, a former adviser to the World Health Organization/Pan-American Health Organization and to the Department of Health and Human Services during the Trump administration, disagrees.

He told The Epoch Times in an email that the FDA's decision "is misguided and not based on any science."

"This age group do not even need the first and second shots and a booster makes no sense and this is all risk and no benefit especially when you consider the heightened risk of myocarditis in this age group," Alexander added.

NATIONAL

Fentanyl-related overdoses become leading cause of death in adults aged 18 to 45

Charlotte Cuthbertson

The Epoch Times

Fentanyl-related drug overdoses in 2020 became the top killer in adults aged 18 to 45, overtaking suicide, vehicle accidents and gun violence, according to an analysis of Centers for Disease Control and Prevention data by the nonprofit group Families Against Fentanyl.

Fentanyl is a synthetic opioid that's 50 to 100 times more potent than morphine, highly addictive and deadly. Buyers may be unaware that the drugs they buy contain illicit fentanyl, a 2 milligram dose of which can be fatal.

The substance is most often manufactured in Mexico using chemicals supplied from China and trafficked across the southern border by Mexican drug cartels. Fentanyl is mixed with other narcotics to increase potency as well as pressed into counterfeit pain pills that are made to look like blue Oxycodone prescription pills and are commonly known as 'Mexican oxys."

Families Against Fentanyl is advocating for the U.S. govern-



From left, Scottsdale Police Chief Jeff Walther, Arizona Attorney General Mark Brnovich and Cheri Oz, special agent in charge of the DEA's Phoenix field division, at a news conference in Scottsdale, Arizona, Dec. 16. (Scottsdale PD)

ment to designate fentanyl and its analogs as a weapon of mass destruction under federal statute.

The statute defines "weapon of mass destruction," in part, as "any weapon that is designed or intended to cause death or serious bodily injury through the release, dissemination, or impact of toxic or poisonous chemicals, or their precursors."

More than 100,000 Americans, a record amount, died of drug overdoses in the 12-month period ending in April, according to CDC data. Fentanyl was involved in almost two-thirds of those deaths.

During 2020, as lockdowns became prolonged and widespread as a response to the pandemic, overdose fatalities accelerated.

"This represents a worsening of the drug overdose epidemic in the United States," the CDC stated in an emergency health advisory issued more than a year ago, Dec. 17, 2020.

An analysis by the Well Being Trust in May 2020 estimated a possible 75,000 additional "deaths of despair," including suicide as well as drug and alcohol abuse over the ensuing several years, due to the shutdown measures.

Record Volume

This year, as the southern border became more porous, record amounts of drugs have been seized by authorities.

During fiscal year 2021, which ended in September, Customs and Border Protection confiscated 11,200 pounds of fentanyl, up from 2,150 pounds the year prior.

In addition, the Drug Enforcement Administration seized a record-breaking 20 million-plus counterfeit pills containing fentanyl this year, according to Cheri Oz, DEA special agent in charge of Figure 58. United States: Areas of Influence of Major Mexican

Areas of influence of major Mexican cartels within the United States. (DEA report 2021)

the Phoenix field division.

Almost half of those were seized in Arizona, she said.

"The Sinaloa Cartel primarily uses the trafficking routes that run through Arizona," Oz said during a Dec. 16 news conference. "Phoenix is historically known as a repackaging and distribution area."

At the news conference, Oz announced the results of a two-month joint DEA and local Scottsdale, Arizona, drug trafficking operation run by the Sinaloa Cartel.

"In total during the two-month surge, we seized 3 million pills, 45 kilos of fentanyl powder, over 35 firearms, and arrested over 40 drug traffickers," she said.

Oz said drug traffickers are using social media platforms, posting emojis and coded language that has specific meanings related to selling drugs more efficiently.

"Traffickers are using technology to get into your homes and sell pills to your children and loved ones," Oz said. "Watch their social media and educate yourselves on the dangers and lingo of the online emojis being used."

At least 76 recent cases involved drug traffickers using social media applications, including Snapchat, Facebook, Facebook Messenger, Instagram, TikTok and YouTube, according to the DEA. The agency provides emoji decoding information on its website.

Scottsdale Police Chief Jeff Walther said, "It's not just a drug," it's an "intended destabilizing influence in our country" wrought by the cartels and their partners.

"And if those across the border can continue to push this destabilizing influence in our country, we're going to continue to see ... these record numbers of seizures, because this is just flowing like a river into Arizona and then it has tendrils that go around the country," Walther said during the news

Congress has failed to pass legislation that would designate Mexican drug cartels as foreign terrorist organizations.

VILLAGE NEWS

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COVID-19 outbreak reported on Royal Caribbean cruise despite fully vaccinated adult passengers



Royal Caribbean's Symphony of the Seas docks Wilfredo Lee/AP photo in the Port of Miami. Forty-eight people onboard the cruise ship tested positive for COVID-19 despite being vaccinated.

Jack Phillips

The Epoch Times

Forty-eight people who were onboard the Royal Caribbean Symphony of the Seas cruise ship tested positive for COVID-19, although Royal Caribbean requires everyone aged 12 and older to show proof of vaccination in order to board their ships.

The cruise operator said Sunday, Dec. 19, that each person who

tested positive for the virus immediately went into quarantine. Another six people who had tested positive disembarked the ship when it docked in Florida and were taken home, the company said.

Passengers who tested positive for COVID-19 had mild symptoms or were asymptomatic, Royal Caribbean spokeswoman Lyan Sierra-Carro confirmed to local

"We were notified by the (Centers for Disease Control and Prevention) that a guest on board our Dec. 4 cruise tested positive and it was identified as omicron," Sierra-Caro added in a statement to outlets. "They asked us to notify guests on the sailing, the one that ended today, and the current one."

It's not clear if there were any children under the age of 12 onboard the ship. The Epoch Times has contacted Royal Caribbean for comment.

According to a statement published on Royal Caribbean's website, guests who are aged 12 and older have to show proof they've been vaccinated for COVID-19 in order to embark on the cruise.

"All Royal Caribbean guests age 12 and older must present proof of COVID-19 vaccination, with the final dose of their vaccine administered at least 14 days before sailing. Children ages 5 to 11 who have been vaccinated may present proof of full vaccination and follow the protocols for vaccinated guests," Royal Caribbean said.

It added: "Each guest's regimen must include at least two doses of vaccine unless the guest received the single dose Johnson & Johnson vaccine. This guidance is per the U.S. CDC, and no exceptions will be made, even if the guest's resident country has authorized a single-shot regimen for a two dose

In a statement, the CDC confirmed it is aware of the Royal Caribbean outbreak and is "working with RCI to gather more information about the cases and possible exposures, and RCI will be collecting specimens from the current voyage for genetic sequencing."

Sierra-Caro said that future cruise trips have not been impacted by the outbreak.

Earlier in December, COVID-19 cases were reported on a Norwegian Cruise Lines ship, according to the Louisiana Department of Health. The Norwegian Breakaway cruise ship had left New Orleans Nov. 28, making stops in Mexico, Honduras and Belize.

Norwegian Cruise Lines said at the time that it requires everyone on board to be fully vaccinated.

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REGIONAL

Governor Newsom unveils Public Safety Plan to aggressively fight and prevent crime in California

DUBLIN - Building on the Administration's work in partnership with local law enforcement to bolster public safety, Governor Gavin Newsom today unveiled a multipronged plan to fight and prevent crime in California. The Governor's Real Public Safety Plan focuses on new investments that will bolster local law enforcement response, ensure prosecutors hold perpetrators accountable and get guns and drugs off our streets.

"We're doubling down on our public safety investments and partnerships with law enforcement officials up and down the state to ensure Californians and small businesses feel safe in their communities - a fundamental need we all share," said Newsom. "Through robust new investments and ongoing coordination with local agencies, this plan will bolster our prevention, deterrence and enforcement efforts to aggressively curb crime, hold bad actors to account and protect Californians from the devastating gun violence epidemic."

While long-term crime trends in California are down in almost every category, states across America have seen a recent uptick in organized retail theft and other violent crimes, particularly those involving a firearm. The governor's Real Public Safety Plan will support existing efforts and new initiatives, including a permanent Smash and Grab Enforcement Unit led by CHP, funding for a statewide organized theft team in the Attorney General's Office to prosecute cross-jurisdictional theft-related crimes, the largest gun buyback program in the country and grants for local law enforcement, prosecutors, and small businesses victimized by retail theft.

Newsom announced the plan Dec. 17 alongside Attorney General Rob Bonta, CHP Commissioner Amanda Ray, Alameda County District Attorney Nancy O'Malley, CAL OES Director Mark Ghilarducci and other state and local leaders at the CHP's Dublin Area Office.

"Every family in every neighborhood in California deserves to feel safe and be safe as they live, work, and play in their communities," said Bonta. "That's what the Real Public Safety Plan is about - keeping Californians safe by doubling down and allocating additional resources to fight and prevent crime. My office is proud to partner with the governor in this effort, and build upon our existing work to combat organized retail crime, dismantle gangs, defend our common sense gun laws, and hold those who commit crime accountable."

"On behalf of retailers across California, I want to thank Governor Newsom for his commitment to addressing the growing problem of organized retail crime," said California Retailers Association President and CEO Rachel Michelin. "The Smash and Grab Enforcement Unit and other state- level theft teams will provide more regions of the state with the vital expertise necessary to bring resolution to these often challenging and complex crimes without further compromising local resources."

Building on the Administration's ongoing efforts, the Real Public Safety Plan's three core areas of focus crack down on crime to keep communities safe by:

Bolstering local law enforcement response to stop and apprehend criminals

Increased Local Law Enforcement to Combat Retail Theft: The Real Public Safety Plan includes \$255 million in grants for local law enforcement over the next three years to increase presence at retail locations and



Governor Newsom announces Real Public Safety Plan today in Dublin alongside state and local leaders, law enforcement Village News/Courtesy photo

combat organized retail crime so Californians and small businesses across the state can feel safe.

Smash and Grab Enforcement Unit: Newsom's Plan includes a permanent Smash and Grab Enforcement Unit. Operated by the California Highway Patrol, the unit will consist of enforcement fleets that will work with local law enforcement to crack down on organized retail, auto and rail theft in the Bay Area, Sacramento, San Joaquin Valley, Los Angeles and San Diego regions.

Keeping Our Roads Safe: With the Real Public Safety Plan, CHP will now be able to strategically deploy more patrols based on real-time data to help keep our roads safe. Governor Newsom will also work with the Legislature to upgrade highway camera technology to gather information to help solve crimes.

Support for Small Businesses Victimized by Retail Theft: Newsom's Plan will create a new grant program to help small businesses that have been the victims of smash-and-grabs to get back on their feet quickly.

More prosecutors to hold perpetrators accountable

Dedicated Retail Theft Prosecutors: The plan will ensure District Attorneys are effectively and efficiently prosecuting retail, auto and rail theft-related crime by providing an additional \$30 million in grants for local prosecutors over three years.

Fighting Crime Statewide: The Real Public Safety Plan will allow the Attorney General to continue leading anti-crime task forces around the state, including High Impact Investigation Teams, LA interagency efforts and task forces to combat human trafficking and

Statewide Organized Theft Team: Newsom's plan includes \$18 million over three years for the creation of a dedicated state team of special investigators and prosecutors in the Attorney General's office to go after perpetrators of organized theft crime rings that cross jurisdictional

Getting guns and drugs off our

The Largest Gun Buyback Program in America: The governor's plan will create a new statewide gun buyback program, working with local law enforcement to provide matching grants and safe-disposal opportunities to get guns off our streets and promote awareness of gun violence.

Holding the Gun Industry Accountable: In light of the recent U.S. Supreme Court decision, the Governor is working with the California Legislature to propose a nation-leading law that would allow private citizens to sue anyone who manufactures, distributes or sells unlawful assault weapons, as well as "ghost guns," ghost gun kits or their component parts.

Leading the Nation's Gun Violence Research Efforts: When Congress refused to allow America to study the impacts of gun violence, California stepped up. The Real Public Safety Plan includes additional funding for California's nation-leading gun violence research center at UC

Intercepting Drugs: The governor's plan will keep drugs off our streets and includes \$20 million to support the National Guard's drug interdiction efforts, targeting transnational criminal organizations.

Protecting public safety and addressing organized retail crime has been a top priority for the Administration. Newsom last month directed CHP to increase its presence in highly-trafficked shopping areas through the holiday season to assist allied partners in the apprehension of criminals. In

July, the governor took action to extend the California Highway Patrol Organized Retail Crime Task Force, which coordinates with allied law enforcement agencies and district attorneys to identify

and prosecute organized theft rings, recover lost merchandise and collaborate with the retail industry to reduce theft and improve safety for shoppers.









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UnitedHealthcare Community Plan of California to address health equity and expand access to health care with investments in 17 San Diego-based organizations

SAN DIEGO – UnitedHealthcare Community Plan of California announced Dec. 13 a \$1.5 million investment in community-based programs aimed to reduce health disparities and improve health equity in San Diego. The funding will support initiatives from 17 San Diego organizations, including communityand faith-based organizations, educational institutions, federally qualified health centers and nonprofits, to address specific health needs of underserved members of the community and gaps in access

The funding will provide support to Interfaith Community Services; Champions for Health; Chicano Federation of San Diego County; San Diego County Promotores Coalition; San Diego Youth Services; Family Health Centers of San Diego; Neighborhood Healthcare; South Bay Community Services; HealthCorps; SAY San Diego; La Maestra Community Health Centers; Cajon Valley Union School District; Oceanside Unified School District; San Diego Rescue Mission; TrueCare; San Ysidro Health; and Father Joe's Villages.

"The challenges facing San Diego and the state disproportionately impact communities of color, and the path to sustainable solutions is best achieved through building community relationships with outstanding organizations whose missions closely align with ours," said Kevin Kandalaft, CEO, UnitedHealthcare Community Plan of California. "We are proud to collaborate with passionate and driven organizations toward the expansion and delivery of accessible health care."

According to America's Health Rankings, a comprehensive assessment of the nation's health on a state-by-state basis compiled by the United Health Foundation, California ranks 48th nationally in access to primary care providers and 49th for severe housing problems (including lack of working facilities and overcrowding).

UnitedHealthcare Community Plan of California will collaborate with the local organizations to target specific population health issues including housing insecurity and homelessness, access to primary care services, health equity training, youth-specific services, school-based services and mental health supports, and mobile care capabilities.

"Addressing health equity requires intentional actions by government, nonprofits and the private sector, and I am excited UnitedHealthcare has committed to using its resources to support 17 entities who are on the front lines of behavioral health, helping the unsheltered and uplifting our youth," said Nathan Fletcher, chair, County of San Diego Board of Supervisors.

Front linesFamily Health Centers of San Diego, a federally qualified health center that cared for more than 285,200 patients through nearly 1 million visits last year, is the largest provider of safety-net health care in San Diego County. It received funding for the purchase of two electric mobile units "Tiger Teams" that will provide basic primary care, vaccinations and other mobilecapable services in underserved communities, targeting populations unable to leave their home to access

"We are grateful for UnitedHealthcare's support of our Tiger Team Project. With this funding, our mobile health care team will bring critical care to vulnerable, low-income San Diegans in their own homes, ensuring they maintain optimal health," said Fran Butler-Cohen, CEO, Family Health Centers

of San Diego.

UnitedHealthcare Community Plan of California will also support Chicano Federation's mission to invest in under-resourced communities with programming aimed at building resiliency and promoting self-sufficiency, including addressing critical needs like care for infants and toddlers, early childhood education and housing. The funding will provide for the development of a community service center in collaboration with a Latinx community-based organization.

"Chicano Federation has a long history of responding to our diverse community's concerns. To advance our mission of promoting selfsufficiency, we have partnered with UnitedHealthcare to launch the Chicano Federation Community Resource Center to ensure that our community has a safe space to get the support they need," said Nancy Maldonado, president and CEO, Chicano Federation of San Diego County. "We are excited to be working alongside UnitedHealthcare to continue to advance health equity for San Diego in a meaningful and holistic manner."

This initiative is one part of UnitedHealthcare's ongoing efforts to address health equity, promote positive health outcomes and expand access to all. The company, which is one of the businesses of UnitedHealth Group, is also investing in programs and partnerships focused on food, transportation and social isolation, including \$80 million to fight the pandemic and support vulnerable minority populations disproportionately impacted by COVID-19. In October 2020, UnitedHealth Group also awarded \$4 million to University of California San Diego to expand the state's mental health workforce.

California takes next major step for data system to improve supports for students and families

SACRAMENTO - Following a collaborative 18-month planning process involving over 100 public meetings with government leaders, community members and data experts, California's Cradle-to-Career Data System is now entering its next phase of development with the hiring of its first director, Mary Ann Bates. Governor Gavin Newsom championed the unprecedented collaboration to move California from one of only eight states without such a system to building the nation's most robust system to date.

"Thanks to the dedicated efforts of our public leaders, community partners and data experts, California is now poised to launch a transformative system that will enable us to both learn more about how - and do more - to serve students and families in an equitable way," said Newsom. "Mary Ann has spent her entire career laser-focused on closing the equity gap and is the perfect choice to lead this effort."

An important component of the governor's California Comeback Plan, the Cradle-to-Career System will link existing education, workforce, financial aid and social service information to better equip policymakers, educators and the public to close opportunity gaps and improve outcomes for all students throughout the state. Public dashboards and other tools will provide transparency into how students are educated and enter the workforce, along with corresponding insights into how policies and programs can better serve more students and families. The system will also expand and scale a onestop resource - CaliforniaColleges. edu - for students to receive free, individually tailored support for career planning, financial aid and college applications.

In July 2021, Newsom signed AB 132, which established the California Cradle-to-Career Data System within the Government Operations Agency. The system is overseen by a governing board representing perspectives across the state, along with processes that ensure substantial public representation. The board earlier this week hired Bates to serve as the first director of the Office of Cradleto-Career Data.

"This is a huge step forward in establishing the leadership so the work can begin in earnest to build a data system for all Californians. The board selected Mary Ann as the best candidate to bring the Cradle-to-Career system to reality," said Amy Fong, chair of the governing board for the Office of Cradle-to-Career Data. "High-quality, connected data is the cornerstone of informed, effective and equitable decisionmaking. Mary Ann is a collaborative leader and will ensure data are seen in the context needed to shape policy and advance educational equity, and I'm excited to work with her.'

Bates is currently serving as a senior fellow in the White House Office of Management and Budget, and previously served as the executive director of the North America Abdul Latif Jameel Poverty Action Lab at the Massachusetts Institute of Technology, which aims to reduce poverty by ensuring that policy is informed by scientific evidence. She launched and cochaired the J-PAL State and Local Innovation Initiative, which brings state and local governments and academic researchers together to design studies and analyze data on how to effectively reduce poverty and advance opportunity.

"I am thrilled to see California's progress in the development of the Cradle-to-Career Data System,' said Jennifer Bell-Ellwanger, president and CEO of Data Quality Campaign. "California's approach aligns with the best practices DQC has identified working with a variety of states to break down silos and get people the information they need to help students succeed. We look forward to working with Mary Ann to ensure that California is making data work for students.'

"The Cradle-to-Career system will help ensure all parties have the information needed to do what's best for students. We are excited to work with Mary Ann to achieve this important vision for California," said Ted Lempert, president of Children Now. "All California's students deserve equitable opportunities for

For more information about the data system, visit c2c.ca.gov and cadatasystem.wested.org.

County, city open shelter for people with substance use disorders

José A. Álvarez

County of San Diego Communications Office

The county and the City of San Diego Dec. 15 opened a new, 44bed shelter for people experiencing homelessness and who are struggling with substance use disorders or mental health issues or both.

The Community Harm Reduction Team shelter is in a former retail store in the Midway community.

The county has committed initial funding for five years but would continue providing outreach to eligible clients and connect them with shelter, behavioral health

services, case management, permanent housing and medical care for as long as it's necessary. The goal is to get San Diegans who are homeless on a path to wellness, stability and finding a permanent place to live.

Outreach and case management, which includes naloxone distribution to reverse narcotic overdoses, fentanyl testing and sterile syringe access, will be handled by Family Health Centers of San Diego through a contract with the county.

Family Health Centers of San Diego will provide substance use counselors, peer support, mental health clinicians and nurse practitioners for medical

Upon initial engagement by outreach workers, clients are welcomed to the new shelter with day-to-day operations provided by Alpha Project which is offering 24-hour staffing to support 44 beds.

The new shelter is part of the county's regional effort to improve access to behavioral health services with its sites and in partnership with others. The County recently expanded mobile crisis response teams, crisis stabilization units and is working to maximize mental and substance use services throughout the region.

California's nation-leading mortgage relief program receives federal approval

SACRAMENTO – Governor Gavin Newsom announced Dec. 20, that California's plan to provide \$1 billion in mortgage relief grants to tens of thousands of homeowners who have fallen behind on housing payments or reverse mortgage arrearages during the COVID-19 pandemic has been approved by the U.S. Department of the Treasury, clearing the way for a full program launch in the coming weeks.

Under Newsom's plan, the California Mortgage Relief Program will help an estimated 20,000 to 40,000 struggling homeowners, with funds reserved for homeowners in socially disadvantaged and underserved communities often hit hardest by the pandemic.

'We are committed to supporting those hit hardest by the pandemic, and that includes homeowners who have fallen behind on their housing payments," said Newsom. "No one should have to live in fear of losing the roof over their head, so we're stepping up to support struggling homeowners to get them the resources they need to cover past due mortgage payments. Our Housing is Key program has already provided renters and landlords with the assistance and resources they need to stay afloat. Now, with our California Mortgage Relief Program, we are extending that relief to homeowners."

Through the mortgage relief program, past due housing payments will be covered in full - up to a maximum of \$80,000 per household with a direct payment to qualified homeowners' mortgage servicers. The financial support is provided as a one-time grant that qualified homeowners will not have to repay, so that they can get caught up and have a fresh start. Funding for the program is allocated through President Biden's American Rescue Plan Act's Homeowner Assistance

"During this pandemic, Californians have lost their jobs or had their paychecks cut, leading many to wonder how they can keep up with their housing payments,' said Lourdes M. Castro Ramírez, secretary of the Business, Consumer Services and Housing Agency. "This program will help families keep their homes and provide the stability they need to recover from the financial, physical and emotional toll caused by the pandemic."

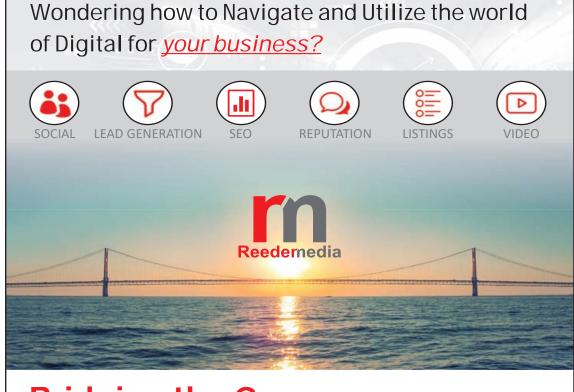
The California Mortgage Relief Program will be a part of California's Housing is Key program and is designed to work in tandem with several existing state and federal initiatives and programs to support residents facing difficulties as a result of the COVID-19 pandemic.

"Homeowners who have had their mortgage payments paused during the pandemic are now facing the end of those forbearance periods," said Tiena Johnson Hall, executive director of the California Housing Finance Agency, "The California Mortgage Relief Program will alleviate some of that anxiety and give eligible homeowners a chance to get caught up on those housing payments and regain that sense of security."

Californians at or below 100 percent of their county's Area Median Income, who own a singlefamily home, condo or manufactured home (permanently affixed) and faced a pandemic-related financial hardship after Jan. 21, 2020, may be eligible.

The California Mortgage Relief Program will begin accepting applications in the coming weeks through an online portal at CaMortgageRelief.org. Interested applicants can visit the website to review program and eligibility information leading up to the launch of the application portal.

A detailed description of California's program, as approved by the U.S. Department of the Treasury, can be viewed here, https:// camortgagerelief.org/documents/ termsheet.pdf.



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BUSINESS

Michelle's Place benefits from chamber | Joe's Paving given Vallecitos golf tournament



Taking part in the Fallbrook Chamber of Commerce's \$1,000 check presentation to Village News/Courtesy photo Michelle's Place Cancer Resource Center, (a portion of the proceeds from the chamber's Annual Charity Golf Tournament), are, from left, Marc Sigmon, Yvonne Hirota, Laura Cuevas Lawrence, Jackie Toppin, Anne Klentz and Lila MacDonald.

NCFPD board approves slightly modified election zone map

Joe Naiman

Village News Reporter

The North County Fire Protection District board adopted an election zone map with minor revisions to the current boundaries.

A 4-0 NCFPD board vote Dec. 14, with David Kennedy absent, approved what is known as Map Number 4. The boundaries will be used in the 2022, 2024, 2026, 2028, and 2030 elections.

"This buttons up the redistricting process for North County Fire," said NCFPD fire chief Keith McReynolds.

In April 2019, the NCFPD board approved a change from elections at large to seats by election zones. Elections by zone require candidates to live in that zone, and the election for that seat is by voters within that zone. The maximum allowable variance between the highest-populated and least-populated election area is 10% based on the most recent census data.

When the map was adopted based on the 2010 census the variance between the most populated and least populated zones was 4.8% with no zone deviating from an equal share of the total population by more than 2.3%.

A new census triggers a review of the election zone map. The census update revised Fallbrook's population from 49,355 to 55,317, which would require approximately 11,000 residents in each trustee area. Much of the growth has been along the Interstate 15 corridor. New election zones were on the agenda of the Sept. 21 NCFPD board meeting, and the board decision was to begin with a public

A community workshop on proposed redistricting maps was held Oct. 5. Three maps were provided at the meeting, including a map with the existing boundaries. NCFPD apparatus engineer Dustin Glasgow is also a geotech specialist and was able to create boundary changes in real time, so a fourth map with minor changes to accommodate population equality was created

"It cleaned up our edges," McReynolds said.

Zone 1 covers the Downtown Fallbrook area, including NCFPD Station 1 on Ivy Street. Zone 2 covers the eastern end of the town and also covers Reche Road and Stage Coach Lane, and NCFPD Station 2 in the Winterwarm area of Fallbrook is in that zone. Zone 3 covers Rainbow and other NCFPD territory north of East Mission Road and includes NCFPD Station 3 in Rainbow. Zone 4 east of Gird Road and north of State Route 76 includes Live Oak Park and Pala Mesa, and Station 4 is in Pala Mesa. Zone 5 covering Bonsall and southern Fallbrook including the Olive Hill area is where Station 5 in Bonsall is located. The revised maps retain one fire station in each election zone.

"I was very pleased with the adjustments that were made," McReynolds said. "We really did maintain our communities of

In the adopted map, Zone 1 has 11,002 residents including 8,045 who are Latino; Zone 2 has 11,467 including 4,065 Latino residents; Zone 3 has a population of 11,005 with 4,573 Latinos; Zone 4 has 11,197 people including 2,640 of Latino ethnicity, and Zone 5 has 10,646 residents including 1,923 Latino ones.

The Oct. 5 meeting was a public workshop with no board vote. The Oct. 26 meeting provided a board preference and a 4-0 vote that day with Kennedy absent supported Draft Map Number 4.

A final hearing was required which occurred Dec. 14.

"It was a very smooth process," McReynolds said.

Elementary School parking lot resurfacing contract

Joe Naiman

Village News Reporter

Joe's Paving Company has been given the Vallecitos School District contract to resurface the parking lots at Vallecitos Elementary School.

A 3-0 Vallecitos School District board vote Dec. 14, with Terese Kristensen and Martin Kurland absent, approved the contract for the asphalt work. Joe's Paving, which is based in Valley Center, will be paid \$51,627.

"We don't want them to become a hazard, so we're going to be

proactive and get some repairs done," said Vallecitos School District Business Manager Linda Miller.

Joe's Paving will remove 10,130 square feet of failed asphalt in the parking areas, pave the open areas with 3 inches of hot mix asphalt, and roll the asphalt for compaction. The parking spaces will be restriped to the existing layout and will include up to 40 parking spaces and one space meeting Americans with Disabilities Act standards. Tree roots will be removed to a maximum depth of

Financial Focus: Give yourself some 'paychecks' for retirement

FALLBROOK – During your working years, you've probably met the costs of living through your salary. But once you retire, where will the money come from? Is there a way to give yourself a "paycheck" for retirement?

There is indeed – but you'll have to do a good job of managing your available income sources. Here are some moves that can help:

 Accept dividends and interest payments. Instead of automatically reinvesting all your dividends and interest payments into your portfolio - which is an excellent strategy for building wealth - you might want to begin receiving these payments as part of your income. Keep in mind, though, that companies can lower or discontinue dividends at any time. However, it's also true that some companies have consistently paid, and even increased, dividends over many years, and even decades.

 Choose an appropriate withdrawal rate. Once you're retired, you'll likely need to begin withdrawing from your investment accounts. But you'll need to avoid taking out too much early in your retirement - you don't want to risk outliving your portfolio. For many people in their mid-60s, a 4% annual withdrawal rate is a good starting point, but everyone's situation is different, and your ideal rate will depend on several factors: your age, the size of your portiono, other sources of income, and so on. Once you turn 72, you'll be required to take at least a minimum amount from your traditional IRA and 401(k), but you can choose to withdraw more, if necessary.

• Maximize your Social Security. You have significant control over the amounts you'll receive from Social Security. You can begin taking these payments at age 62, but they will be much larger if you wait until your full retirement age, which will likely be between 66 and 67. (You will receive the maximum amount if you wait until you reach 70.) So, if you think you have enough income from other sources, you might decide to delay taking Social Security – but if you need the money, you may not be able to wait. And here's something else to think about: If your spouse had considerably higher earnings than you did, you may be eligible for spousal benefits.

• Consider an annuity. You might want to consider purchasing an annuity that provides lifetime payments. Some annuities are even indexed for inflation, meaning payments will increase or decrease each year, keeping pace with the Consumer Price Index. Annuities are not suitable for everyone, though, so, before investing in one, you should consult with a financial professional who is familiar with your situation.

Finally, don't rule out the possibility of earned income. Just because you've retired from your full-time job doesn't mean you can't work in some capacity, perhaps by doing some parttime work or consulting or even opening your own small business.

Look at all these ideas when thinking about putting together an income plan for your retirement. You may find that your diligence will pay off.

Edward Jones financial adviser Brian Schrock is located at 1434 S. Mission Road, Suite B, in Fallbrook. For more information, call 760- 731-3234 or visit https:// www.edwardjones.com/Brian-Schrock.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC, California Insurance License OC24309.

Abbott now LAFCO's fire consultant

Joe Naiman

Village News Reporter

Steve Abbott retired as the North County Fire Protection District fire chief at the end of July, and he is now the fire consultant for San Diego County's Local Agency Formation Commission.

Abbott replaces former NCFPD deputy fire chief Ed Sprague as LAFCO's fire consultant. Sprague, who has been an instructor in the Fire Technology department of Palomar College, has been promoted to department chair and resigned as LAFCO's consultant due to his additional Palomar College duties.

"I'm certainly looking forward to the new challenge and opportunities," Abbott said.

Abbott was with the North County Fire Protection District for 31 years and was the NCFPD fire chief for 5 1/2 years. "I think I've got a good perspective," he said.

"I think Steve's an excellent choice," said Jim Desmond, who is one of two county supervisors on the LAFCO board.

In 1999, LAFCO created the Task Force on Fire Protection Funding to address the inability of a fire district to serve additional territory and receive the appropriate

funding. The initial goal of the task force was to address funding, but it also addressed other needs of fire agencies and their fire protection and emergency medical service functions. The task force activities included countywide response time information, and LAFCO desires to update that.

"What they're after is to develop performance benchmarks," Abbott said. "Our plan is going to be to reach out to the fire chiefs and work with them to come up with these parameters so we can come up with something that's measurable and realistic and consistent."

If LAFCO staff can process public comments in time, the Feb. 7 LAFCO meeting will include consideration of a municipal service review update for the North County Fire Protection District. A municipal service review evaluates services and anticipated needs while a sphere of influence study determines the boundaries best served by a particular agency.

Municipal service review and sphere of influence updates are prerequisites to a jurisdictional change other than annexation of land within the sphere of influence, and LAFCO also periodically conducts municipal service review

and sphere of influence updates for all cities and special districts. Abbott assisted with the draft NCFPD update and will assist in municipal service review updates for other fire districts.





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Join us Christmas Eve for a Live Nativity plus a Petting Zoo with rabbits, horses and more at a farm around the corner. We will sing Christmas carols, drink hot chocolate and hear an inspiring message. Meet at CrossWay Community Church, 731 Stage Coach Lane, Fallbrook from 6-7pm, for Christmas drinks, crafts for kids and a shuttle to the farm where the Live Nativity will be hosted with a Candlelight Service beginning at 7pm.



731 South Stage Coach Lane, Fallbrook | www.crosswayfallbrook.com

LEGALS

T.S. No. 19-00316-FS-CA Title No. 1052387 A.P.N. 103-055-43-00 NOTICE OF TRUSTEE'S SALE. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 08/23/2018. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER, A public auction sale to the highest bidder for cash, (cashier's check(s) must be made payable to National Default Servicing Corporation), drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state; will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made in an "as is" condition, but without covenant or warranty, expressed or implied, regarding title possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Levi Santiago, A Single Man Duly Appointed Trustee: National Default Servicing Corporation Recorded 08/28/2018 as Instrument No. 2018-0353659 (or Book, Page) of the Official Records of San Diego County, CA. Date of Sale: 01/14/2022 at 9:00 AM Place of Sale: Entrance of the East County Regional Center, East County Regional Center, 250 E. Main Street, El Cajon, CA 92020 Estimated amount of unpaid balance and other charges: \$594,039.98 Street Address or other common designation of real property: 935 lowa Street Fallbrook, CA 92028 A.P.N.: 103-055-43-00 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successfu bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The requirements of California Civil Code Section 2923.5(b)/2923.55(c) were fulfilled when the Notice of Default was recorded. 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If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call or visit this Internet Web site www.ndscorp.com/sales, using the file number assigned to this case 19-00316-FS. CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 11/24/2021 National Default Servicing Corporation c/o Tiffany & Bosco, P.A., its agent, 1455 Frazee Road, Suite 820 San Diego, CA 92108 Toll Free Phone: 888-264-4010 Sales Line 855-219-8501; Sales Website: www.ndscorp.com By: Rachael Hamilton, Trustee Sales Representative 12/09/2021, 12/16/2021, 12/23/2021 CPP351739

TSG No.: 170072988 TS No.: CA1700278253 APN: 157-841-26-00 Property Address: 5727 DARTMOOR CIRCLE OCEANSIDE, CA 92057-5650 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 12/13/2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PRO-CEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 01/14/2022 at 09:00 A.M., First American Title Insurance Company, as duly appointed Trustee under and pursuant to Deed of Trust recorded 12/22/2004, as Instrument No. 2004-1201852, in book , page , of Official Recorded in the office of the County Recorder of SAN DIEGO County, State of California. Executed by: JOSEPH CAPOZZOLI AND KRISTIE J. CAPOZZOLI, HUSBAND AND WIFE AS JOINT TENANTS. WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (Payable at time of sale in lawful money of the United States) Entrance of the East County Regional Center, East County Regional Center, 250 E. Main Street, El Cajon, CA 92020 All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED IN THE ABOVE MEN-TIONED DEED OF TRUST APN# 157-841-26-00 The street address and other common designation, if any, of the real property described above is purported to be: 5727 DARTMOOR CIRCLE, OCEANSIDE, CA 92057-5650 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$658,409.27. The beneficiary under said Deed of Trust has deposited all documents evidencing the obligations secured by the Deed of Trust and has declared all sums secured thereby immediately due and payable, and has caused a written Notice of Default and Election to Sell to be executed. The undersigned caused said Notice of Default and Election to Sell to be recorded in the County where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 or visit this internet website www.Auction.com, using the file number assigned to this case CA1700278253 Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction if conducted after January 1, 2021, pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 855-976-3916, or visit this internet website https://tracker.auction.com/sb1079, using the file number assigned to this case CA1700278253 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid, by remitting the funds and affidavit described in Section 2924m(c) of the Civil Code, so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. I the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. Date: First American Title Insurance Company 4795 Regent Blvd, Mail Code 1011-F Irving, TX 75063 First American Title Insurance Company MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE FOR TRUSTEES SALE INFORMATION PLEASE CALL 800-280-2832NPP0397307 To: VILLAGE NEWS INC 12/09/2021, 12/16/2021, 12/23/2021

NOTICE OF TRUSTEE'S SALE TS No. CA-21-893130-AB Order No.: EOR20210806-2914050 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 5/16/2019. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. JONES AND ANNE-MARIE JONES, HUSBAND AND W COMMUNITY PROPOERTY Record Instrument No. 2019-0186593 of Official Records in the office of the Recorder of SAN DIEGO County, California; Date of Sale: 1/14/2022 at 10:00 AM Place of Sale: At the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$832,619.43 The purported property address is: 3281 RECHE ROAD, FALLBROÓK, CA 92028 Assessor's Parcel No.: 107-330-40-00 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 1-866-539-4173 for information regarding the trustee's sale or visit this internet website http://www.qualityloan.com, using the file number assigned to this foreclosure by the Trustee: CA-21-893130-AB. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 1-866-539-4173, or visit this internet website http://www.qualityloan.com, using the file number assigned to this foreclosure by the Trustee: CA-21-893130-AB to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: Quality Loan Service Corporation 2763 Camino Del Rio S San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 1-866-539-4173 Or Login to: http://www.qualityloan.com Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: CA-21-893130-AB IDSPub #0175794 12/23/2021 12/30/2021 1/6/2022

Public Notice of Adoption of Resolution 2021-13

Providing for the Election of Members of the Board of Directors By Five Electoral Districts, Establishing the Boundaries and Identification Number of Each Electoral District and Establishing the Election Sequence of Each Electoral District

The Board of Directors has held a final public hearing to review the four draft maps on December 14, 2021 at 4:00 p.m. at Fallbrook Public Utility District, 990 East Mission Road, Fallbrook, California, 92028, at which the Board accepted oral and written testimony regarding the matters contained in this Resolution. Thereafter the Board approved and adopted Version Four of the Draft Maps as the final revised Election Districts Map and approved an election sequence. As summary of the Resolution is as follows:

Section 1. Incorporation of Recitals Section 2. Adoption of Resolution

Section 3. Transition to Revised By-District Elections Section 4. Establishment of Election By-District

Section 5. Election Process Section 6. Implementation

Section 7. Adjustment of Boundaries

Section 8. Signatures Section 9. Validity of Remainder of Resolution

Exhibit A: Approved Schedule for Re-Districting Hearings

Exhibit B: Approved Re-District Map Districts by Number

Exhibit C: Approved District Voting Sequence

On a motion by Director Munson, seconded by Director Acosta, a motion was made to accept and adopt Map Version 4 and to adopt the voting sequence as follows: for 2022: Districts 2 and 3 and every four years thereafter; and for 2024, Districts 1, 4 and 5 and every four years thereafter which motion passed by the following roll call vote:

Ayes: Directors Acosta, Egkan, Munson and van Doorn Noes: None Absent: Director Kennedy

December 14, 2021

The full Resolution with map is on file in the Office of the Board Secretary at 330 S. Main Avenue, Fallbrook, California 92028-2938; and may be viewed any business day between the hours of

7:00 a.m. and 5:00 p.m., Monday through Thursday and the website at https://www.ncfire.org/transition-to-zone-based-elections.

Loren A. Stephen-Porter, Board Secretary

Published December 23, 30, 2021

T.S. No.: 21-5370

Notice of Trustee's Sale Loan No.: *****8620 APN: 237-130-75-00 You Are In Default Under A Deed Of Trust Dated 6/22/2006. Unless You Take Action To Protect Your Property, It May Be Sold At A Public Sale. If You Need An Explanation Of The Nature Of The Proceeding Against You, You Should Contact A Lawver, A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Saadi Mansour And Alia Mansour, Husband And Wife As Joint Tenants Duly Appointed Trustee: Prestige Default Services, LLC Recorded 6/30/2006 as Instrument No. 2006-0466333 of Official Records in the office of the Recorder of San Diego County, California, Date of Sale: 1/14/2022 at 9:00 AM Place of Sale: Entrance of the East County Regional Center East County Regional Center, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$1,062,696.99 Street Address or other common designation of real property: 605 Zlatibor Ranch Terrace Escondido, California 92025 A.P.N.: 237-130-75-00 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Notice To Potential Bidders: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. All checks payable to Prestige Default Services, LLC. Notice To Property Owner: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 793-6107 or visit this Internet Web site www.auction.com, using the file number assigned to this case 21-5370. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Notice To Tenant: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (800) 793-6107, or visit this internet website www.auction.com, using the file number assigned to this case 21-5370 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: 11/10/2021 Prestige Default Services, LLC 1920 Old Tustin Ave. Santa Ana, California 92705 Questions: 949-427-2010 Sale Line: (800) 793-6107 Briana Young, Trustee

Sale Officer 12/16/21, 12/23/21, 12/30/21

TSG No.: 191292673-ca-msi TS No.: CA1900286107 APN: 125-182-04-00 Property Address: 3211 VIA ALAMONTE FALLBROOK, CA 92028-9377 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 05/23/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 12/29/2021 at 10:00 A.M., First American Title Insurance Company, as duly appointed Trustee under and pursuant to Deed of Trust recorded 07/05/2007, as Instrument No. 2007-0451522, in book , page , , of Official Records in the office of the County Recorder of SAN DIEGO County, State of California. Executed by: ANTONIA I NICIPHOR TRUSTEE OF THE NICIPHOR FAMILY TRUST UTD DECEMBER 6TH, 1973, VIRGINIA L NICIPHOR TRUSTEE OF THE NICIPHOR FAMILY TRUST UTD DECEMBER 6TH, 1973, VIRGINIAL NICIPHOR, ANTONIA I NICIPHOR, WILL SELL AT PUBLIC AUCTION TO HIGH EST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (Payable at time of sale in lawful money of the United States) At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED IN THE ABOVE MENTIONED DEED OF TRUST APN# 125-182-04-00 The street address and other common designation, if any, of the real property described above is purported to be: 3211 VIA ALAMONTE, FALLBROOK, CA 92028-9377 The undersigned Trustee disclaims any liability for any incorporate α rectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$ 163,807.63. The beneficiary under said Deed of Trust has deposited all documents evidencing the obligations secured by the Deed of Trust and has declared all sums secured thereby immediately due and payable, and has caused a written Notice of Default and Election to Sell to be executed. The undersigned caused said Notice of Default and Election to Sell to be recorded in the County where the real property is located. NOTICE TO POTENTIAL ering bidding on this property are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear titl to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call (916)939-0772 or visit this internet website http://search.nationwideposting.com/propertySearchTerms.aspx, using the file number assigned to this case CA1900286107 Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be re flected in the telephone information or on the Internet Website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction if conducted after January 1, 2021, pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (916)939-0772, or visit this internet website http://search.nationwideposting.com/propertySearchTerms.aspx, using the file number assigned to this case CA1900286107 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale Third, you must submit a bid, by remitting the funds and affidavit described in Section 2924m(c) of the Civil Code, so that the trustee receives it no more than 45 days after the trustee's sale. It you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. Date: First American Title Insurance Company 4795 Regent Blvd, Mail Code 1011-F Irving, TX 75063 First American Title Insurance Company MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COL-LECTA DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE FOR TRUSTEES SALE INFORMATION PLEASE CALL (916)939-0772NPP0397389 To: VILLAGE NEWS INC 12/09/2021, 12/16/2021, 12/23/2021



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LEGALS

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9024473 Name of Business

IVAN'S DETAILING 1080 Funguest Dr. Fallbrook, CA 92028

Mailing address: 1080 Funquest Dr, Fallbrook, CA 92028 County: San Diego

This business is registered by the following: Ivan Robert Cubacaro, 1080 Funquest Dr, Fallbrook, CA 92028

This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of N/A THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Nov 01, 2021

LEGAL: 5683 PUBLISHED: December 2, 9,16, 23, 2021

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9024316

Name of Business ACOSTA & SON'S TRANSPORT 933 Vanita St, Fallbrook, CA 92028

County: San Diego This business is registered by the following: a. Diego Acosta, 933 Vanita St, Fallbrook, CA

92028 b. Diocelina Acosta, 933 Vanita St, Fallbrook,

CA 92028 This business is conducted by a Married Couple Registrant first began to transact business under the fictitious name listed above as of

3/17/2017 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Oct. 28. 2021

LEGAL: 5684 PUBLISHED: December 2, 9,16, 23, 2021

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9025770

Name of Business DRAW NEAR

1205 Magnolia Avenue, Carlsbad, CA 92008 Mailing address: 1205 Magnolia Avenue, Carlsbad, CA 92008 County: San Diego

This business is registered by the following: a. Rachelle Marie Walton, 1205 Magnolia Avenue, Carlsbad, CA 92008

b. Megan Van Beuge, 3539 Mt. Ariane Dr., San Diego, CA 92111

This business is conducted by a General Partnership Registrant first began to transact business

under the fictitious name listed above as of 10/03/2021 THIS STATEMENT WAS FILED WITH THE

RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Nov 18. 2021 **LEGAL: 5685**

PUBLISHED: December 2, 9,16, 23, 2021

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9025622

Name of Business

a. GDS CONSULTANTS, INC. b. GDS CONSULTANTS 1831 Green Canyon Road, Fallbrook, CA

Mailing address: 1831 Green Canyon Road, Fallbrook, CA 92028

County: San Diego This business is registered by the following:

GDS Consultants, Inc., 1831 Green Canvon Road, Fallbrook, CA 92028 This business is conducted by a Corporation

This Corporation is registered in the state of Registrant first began to transact business

under the fictitious name listed above as of THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Nov. 17, 2021

LEGAL: 5686 PUBLISHED: December 2, 9,16, 23, 2021

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9026078

ADVANCED ELECTRIC SERVICE 2002 Fowler Place, Mount Vernon, WA 98274 County: Skagit

This business is registered by the following Chris Alan Timme, 2002 Fowler Place, Mount

Vernon, WA 98274 This business is conducted by an Individual Registrant first began to transact business un-

der the fictitious name listed above as of 03-31-THIS STATEMENT WAS FILED WITH THE

RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Nov 23, 2021 **LEGAL: 5687**

PUBLISHED: December 2, 9,16, 23, 2021 FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2021-9025986 a. UNIVERSITY NETGROUP INC

b. TATSUYA SUDA & COMPANY 4122 Oak Island Ln, Fallbrook, CA 92028

Mailing address: P.O. Box 1288, Fallbrook, CA

County: San Diego This business is registered by the following: University Netgroup Inc, 4122 Oak Island Ln, Fallbrook, CA 92028

This business is conducted by a Corporation This Corporation is registered in the state of

Registrant first began to transact business under the fictitious name listed above as of

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Nov. 20, 2021

LEGAL: 5688 PUBLISHED: December 2, 9,16, 23, 2021

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9025127 Name of Business

CAVELLI

2740 Luciernaga St, Carlsbad, CA 92009 County: San Diego

This business is registered by the following: Carla Vanessa Elias, 2740 Luciernaga St, Carlsbad, CA 92009

This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of NOV/9/2021

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Nov 09, 2021

LEGAL: 5689 PUBLISHED: December 2, 9,16, 23, 2021

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9026453

Name of Business a. FOREVER CLEAR SOLAR b. FOREVER CLEAR SOLAR PANEL

CLEANING SERVICE 2959 Mackey Drive, Fallbrook, CA 92028 County: San Diego

This business is registered by the following: a. Matthew S. Nutt, 9167 W. Lilac Rd, Escondido, CA 92026

b. Ryan O'Farrell, 2959 Mackey Drive, Fallbrook, CA 92028 This business is conducted by a General Part-

Registrant first began to transact business under the fictitious name listed above as of N/A THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-

EGO COUNTY ON Nov 30, 2021 LEGAL: 5690 PUBLISHED: December 9,16, 23, 30, 2021

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9026559 Name of Business

COVER FILTERS 120 N. Pacific St. G5, San Marcos, CA 92069 Mailing address: 120 N. Pacific St. G5, San

Marcos, CA 92069 County: San Diego This business is registered by the following: Purearth2o Technologies, Inc., 120 N. Pacific

St. G5. San Marcos, CA 92069 This business is conducted by a Corporation This Corporation was registered in the state of

Registrant first began to transact business under the fictitious name listed above as of June THIS STATEMENT WAS FILED WITH THE

RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 01, 2021 LEGAL: 5692 PUBLISHED: December 23, 30, 2021,

January 6, 13, 2022 FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9026896

Name of Business SUNFOREST LUXURY SPA

300 N. Brandon Road #7, Fallbrook. CA 92028 Mailing address: 300 N. Brandon Road #7, Fallbrook, CA 92028 County: San Diego

This business is registered by the following: Savannah R. Castillo, 300 N. Brandon Road #7, Fallbrook CA 92028 This business is conducted by an Individual

Registrant first began to transact business under the fictitious name listed above as of THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN

DIEGO COUNTY ON Dec 06, 2021 LEGAL: 5693 PUBLISHED: December 23, 30, 2021, January 6, 13, 2022

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9027137 Name of Business

WIN WIN SOLUTIONS REALTY 1041 Sundial Court, Oceanside, CA 92057 Mailing address: 1041 Sundial Oceanside, CA 92057

County: San Diego This business is registered by the following: Steve Ybarra, 1041 Sundial Court, Oceanside,

This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF DIEGO COUNTY ON Dec 09, 2021 LEGAL: 5694

PUBLISHED: December 23, 30, 2021, January 6, 13, 2022

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9027608 Name of Business

BILLET CRAFT DESIGNS 2063 E. Alvarado St, Fallbrook, CA 92028

Mailing address: 2063 E. Alvarado St. Fallbrook. CA 92028 County: San Diego

This business is registered by the following:

Andrew Miller, 2063 E. Alvarado St, Fallbrook, CA 92028 This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of N/A THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF

DIEGO COUNTY ON Dec 14, 2021 **LEGAL: 5695** PUBLISHED: December 23, 30, 2021, January 6, 13, 2022

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9026848

Name of Busines SIMPLY AMAZING STUDIO 3315 2nd Ave, San Diego, CA 92103

Mailing address: same as above County: San Diego theZmedia Inc, 3315 2nd Ave, San Diego, CA

This business is conducted by a Corporation This Corporation was registered in the state of

Registrant first began to transact business under the fictitious name listed above as of N/A THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 06, 2021

LEGAL: 5696 PUBLISHED: December 23, 30, 2021, January 6, 13. 2022

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9026995 Name of Business

SAVVY MACS 1524 Willow Glen Rd. Fallbrook, CA 92028 Mailing address: Same

County: San Diego This business is registered by the following: Courtney Sahagun, 1524 Willow Glen Rd, Fallbrook, CA 92028

This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of 12/31/2017

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 07, 2021

LEGAL: 5697 PUBLISHED: December 23, 30, 2021, January 6, 13. 2022

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9025789

YOGA IN BEAUTIFUL PLACES

2849 Reche Rd. Fallbrook, CA 92028 Mailing address: 2849 Reche Rd, Fallbrook, CA 92028 County: San Diego

This business is registered by the following: Kathleen Hornsveld, 2849 Reche Rd, Fallbrook, CA 92028 This business is conducted by an Individual

Registrant first began to transact business under the fictitious name listed above as of THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN

DIEGO COUNTY ON Nov 18, 2021 LEGAL: 5698 PUBLISHED: December 23, 30, 2021.

January 6, 13, 2022

Change of Name

2ND AMENDED ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 37-2021-00041050-CU-PT-NC

TO ALL INTERESTED PERSONS Petitioner MADELINE IVELISSE LAMARCHE ROSA-

Present Name MADELINE IVELISSE LAMARCHE ROSA-

Proposed Name:

MADELINE IVELISSE REYNOLDS THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING Date: JANUARY 18, 2022 Time: 8:30 AM

Dept: 25 The address of the court is 325 S. Melrose Dr,

Vista, CA 92081 A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE.

The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120)

If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified). the Petition for Change of Name (JC Form #NC 100) will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to the petitioner.

If all requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions. If a timely objection is filed, the court will set a

remote hearing date and contact the parties by mail with further directions. A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN **OBJECTION AT LEAST TWO COURT DAYS** (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified date. The court will notify the parties by mail of a future remote

Date: DEC - 3 2021 Signed: Pamela M. Parker, Judge of the Superior Court.

hearing date.

LEGAL: 5691 PUBLISHED: December 9, 16, 23, 30, 2021

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE

OF NAMECase Number: 37-2021-00051943-CU-PT-NC TO ALL INTERESTED PERSONS

Petitioner:
ROBERT MICHAEL GAVIN Present Name ROBERT MICHAEL GAVIN ROBERT MICHAEL PHILLIPS

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.*

NOTICE OF HEARING

Date: 2/1/2022 Time: 8:30 Dept: 25

The address of the court is 325 S. Melrose Dr, Vista. CA 92081 North County Regional Center A copy of this Order to Show Cause shall published at least once each week four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, in this county: Village NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE.

The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120).

If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC 100) will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to the petitioner.

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mail with further directions.

A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN **OBJECTION AT LEAST TWO COURT DAYS** (excluding weekends and holidays) **BEFORE** THE DATE SPECIFIED. Do not come to the court on the specified date. The court will notify the parties by mail of a future remote hearing date.

Date: 13 DEC 2021 Signed: Pamela M. Parker, Judge of the Superior Court. LEGAL: 5699

PUBLISHED: December 23, 30, 2021, January 6, 13, 2022



As a consistent advertiser in the Village News & Valley News for many years, I've been working with my ad representative Michele Howard for a long, long time. She is very knowledgeable about the communities served by her newspapers, and always has fresh ideas about how to attract, and keep, new business. Looking at my advertising budget, her newspapers stand out as the best ad buy I can make.

- James C. Alvord, Attorney at Law

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Sourcebook Helped My New Business Grow Legs 22

I began installing solar systems in my new homes in about 2012. I soon began to get referrals and started installing new systems for other clients besides my new

houses. The word began to spread that my abilities went beyond just slapping up panels and wiring them in. I have the ability and the tradesmen to fully integrate the solar for the benefit of all the mechanical systems in the house, such as the furnaces, water heaters etc.

This business was crawling along until I decided to participate in the Sourcebook 2018 with a full page ad. Along with the ads, I ran a full length editorial in the Village News and the Temecula Valley News, which is owned by the Village News.

Suddenly my business "grew legs" and went from a crawl to a walk and is now jogging along at a fairly good pace. The ads and editorial got the word out that I could solve a number of other issues for homeowners while integrating the Solar in to their home. I started getting calls right away from the Fallbrook and Temecula areas for Solar quotes.

I have since installed several projects that were a direct result of the Sourcebook Ad. I have upped the size of my bi-weekly newspaper ads to a half page as a result of this great response. Using a combination of the Sourcebook and the informational ads, the public is beginning to realize and appreciate the difference between a company that simply knows how to stick solar panels on the roof and connect the wires from a company that is very conscientious about the aesthetics of the not very attractive addition to a property.



I plan to run three pages in next year's Sourcebook and am

Mark Kirk, MBK Solar - a division of Mark B. Kirk, Inc.

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considering a fourth.



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ERICA WILLIAMS



JUDY & PATRICK DRE# 00949710, DRE# 00582591



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JANE FELTON



4771 Caminito de los Cepillos, Bonsall \$1,649,000





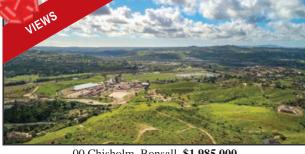
1722 Woodlark Lane, Fallbrook \$595,000



960 Ranger Road, Fallbrook **\$1,595,000**



1020 Pepper Tree Lane, Fallbrook \$898,000



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Thank you for your support during

the past year. I value the opportunity to serve you and look forward to doing so in the future. May your Christmas be happy and blessed.









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