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October 18, 2018

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Volume 22, Issue 42

County to
apply for state
funds to help
homeless
people

Jose A. Alvarez
County of San Diego
Communications Office

The county Board of Supervisors voted Oct. 9 to allow the Health and Human Services Agency to apply for state emergency funds to address homelessness in the region.

The California 2018-2019 State Budget includes \$53 million for the California Emergency Solutions and Housing Program, which provides grants to local communities to develop programs that assist people who are homeless or at risk of not having a stable place to live.

Funds from this program will be distributed in two rounds, potentially bringing San Diego County about \$2.5 million during the first distribution.

The money can be used for rental assistance, housing relocation and stabilization services or homeless prevention. The funds can also be used for subsidies for new and existing affordable permanent housing units for people and families who are experiencing or are at risk of homelessness.

Over the past few years, the county has made significant investments in outreach, treatment

see FUNDS, page A-8

thisweek

Announcements.....	A-2
Business.....	D-4
Business Directory.....	C-8
Calendar.....	A-2
Classifieds.....	C-10
Dining & Food.....	D-6
Education.....	D-5
Entertainment.....	B-4
Health & Fitness.....	B-2
Home & Garden.....	C-2
Legals.....	C-10
Legal Matters.....	C-11
Obituaries.....	C-9
Opinion.....	A-5
Real Estate.....	C-2
Senior Page.....	B-7
Sheriff's Log.....	C-9
Sports.....	D-1
Wine.....	D-7

Lightning strikes down football game

Tom Ferrall
Staff Writer

The Fallbrook High football team hosted its first home game in more than a month Oct. 12 and the varsity contest against Ramona lasted less than five minutes thanks to Mother Nature.

Lightning prompted officials to suspend the game with 7:33 remaining in the first quarter and Ramona holding a 6-0 lead, the result of a touchdown scored immediately before play was halted (the Bulldogs never had the chance to kick the PAT).

CIF rules state that if lightning can be seen within 10 miles of a stadium, play is to be halted and players are to be removed from the field. Thirty minutes is put on the scoreboard clock and if there isn't any lightning during that period, play can resume.

With 14 minutes left on the clock, more lightning could be seen and the clock was reset to 30 minutes. It was announced that if any more lightning occurred during the second 30-minute break, the game would be suspended for the night. That is exactly what happened.

The head referee huddled with Fallbrook High head coach Darius Pickett, Ramona head coach Damon Baldwin (who is also Ramona's athletic director) and Fallbrook High athletic director Patrick Walker in midfield and stated, "This is not a safe environment for playing football. We're seeing lightning from every direction."

The referee offered a couple of options to the coaches, such as trying to resume the game Saturday (Oct. 13) or Monday (Oct. 15). The forecast for more possible lightning made Saturday



Lightning lights up the sky Oct. 12 and prompts officials to call off Fallbrook High's football game against Ramona less than five minutes into the contest.

Wayne Taylor photo

undesirable, and neither coach wanted to play Monday, which is when teams start preparing for their next opponent.

The next step was determining what to call the game – a "no contest" (which means the greatly-shortened game essentially never happened) or a 6-0 win for Ramona. Due to power rankings, Ramona, a Division II team who entered the game with 5-2 overall mark and a 2-0 league record, preferred to have the game called a "no contest" because a win against Division IV Fallbrook (2-5 and 0-2) would adversely affect Ramona in the rankings. Fallbrook, conversely, would benefit in the strength

see LIGHTNING, page A-12



Fallbrook and Ramona players get ready for the snap of the ball for what would be the final play of the night. The Oct. 12 varsity football game was suspended with 7:33 remaining in the first quarter due to lightning and eventually was declared a no contest.

Shane Gibson photo

Fallbrook High to celebrate
125 years at 2018 homecoming



The Fallbrook Union High School 2018 Homecoming Court includes, from left Photo courtesy of Fallbrook Highschool to right, standing, Craig Person, Jake McBroom, Luke Conley, Jonathan Anaya, and Jakey Braungel; sitting, Honey Diaz, Kathy Hernandez, Karina Fonseca, Auggie Chavez, and Ariana Arias.

Jeff Pack
Writer

This weekend, Fallbrook High is inviting the public and alumni from all over the country to "not forget old Fallbrook, And the dear old red and white." The school will celebrate its 125th anniversary during a homecoming weekend that's packed with activities.

For the uninitiated, "little" Fallbrook Union High School is the second oldest high school in San Diego County, a fact that surprises many, even those that attended the school.

But it's true, Fallbrook High was established in 1893, just months after Russ High School (now San Diego High) opened and two years after Elsinore High School was

opened in 1891.

When school opened in 1893, there were 20 high school students learning on the second floor of the West Fallbrook Elementary School. It moved to its current location in the 1950s.

That's where a celebration of the school's anniversary will take place on Friday, Oct. 19 after the end of the junior varsity football game. Alumni will be invited down to the field to cut and enjoy a cake celebration.

"There are lots of alumni coming back, so we're going to invite them to come down to the field and celebrate with us," Alana Milton, ASB Director at Fallbrook High, said. "We always want our alumni to feel comfortable coming back to enjoy a football game with us, and

since this is a big anniversary, the more the merrier."

According to Milton, the classes of 1958, 1978 and 1988 will be hosting their reunions in town this weekend, so she expects a big crowd.

As many know, Fallbrook High is famous for its homecoming celebrations. Since the first float was created in 1958, the school's student body has created floats that are presented during the homecoming game.

The theme this year is "The Elements." Milton said each class has been working on their respective floats for weeks and will be ready by Friday.

That's when the judging of

see CELEBRATE, page A-10

Supervisors
provide
direction on
increased
housing
options

Joe Naiman
Village News Correspondent

The San Diego County Board of Supervisors has given direction to county staff to advance 19 options to increase the supply of affordable housing in unincorporated San Diego County.

Separate Board of Supervisors votes were taken on each of the options during the Oct. 10 hearing; the votes were to refine the possibilities for subsequent action rather than to approve any specific proposal. The supervisors voted 5-0 to receive the report and to find the preliminary planning actions exempt from California Environmental Quality Act review.

"It's a good starting point," said Supervisor Dianne Jacob. "I think staff did a pretty good job of coming back with what we had asked for: a lot of options."

The Board of Supervisors updated the county's general plan in August 2011, and that update included principles to place development in the most appropriate areas such as near town or village centers and transportation corridors. The density calculations were based on the expected increase in population for unincorporated San Diego County.

Projects with density lower than the general plan stipulates decrease the amount of available housing and thus create a shortfall. That housing shortage tends to be not at the expense of luxury homes but at the expense of more affordable

see OPTIONS, page A-8

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VILLAGE NEWS



ANNOUNCEMENTS

Food Pantry’s 5K Thanksgiving Walk/Run is Nov. 10



Participates in the Food Pantry’s 2017 5-kilometer Thanksgiving Walk/Run hit the road to raise money for the less fortunate in the community. Courtesy photo

FALLBROOK – It’s time for residents to get out their walking or running shoes to participate in the Fallbrook Food Pantry’s annual 5-kilometer Thanksgiving Walk/Run at 8:30 a.m. Saturday, Nov. 10. The event is being held earlier than usual this year.

The event will follow the same route that has been used in the past, which is as follows: begin at the Food Pantry at 1042 South Mission Road, walk or run east on Aviation Road to Main Avenue, then north on Main Avenue, crossing East Mission Road, to Dougherty Street. At Dougherty Street, proceed east to Olive Avenue, then follow Olive Avenue north to the cul-de-sac at the end of the road.

Volunteers will be handing out bottled water at the end of Olive Avenue, and runners will return to the Food Pantry by the same route. The roads will not be

closed to automobile traffic, so all participants must follow the rules of road safety and be attentive to instructions from members of the Sheriff’s Senior Volunteer Patrol.

Participants will gather at the Food Pantry at 8:30 a.m. to turn in sponsor sheets and financial donations before beginning the walk. Also, for those with donations of \$10 or more, T-shirts will be given out on a first-come, first-served basis. The shirts will have a Thanksgiving theme, designed by a student from Fallbrook High School.

Sponsor forms can be picked up at the Food Pantry, at several of the local churches or at the Fallbrook Chamber of Commerce during the entire month of October. Look for the flyers at many of the stores along Main Avenue for details.

Submitted by the Fallbrook Food Pantry.

BWC to host ‘A Storybook Christmas’ event

BONSALL – The community is invited to attend The Bonsall Woman’s Club 26th annual Christmas luncheon from 11 a.m. to 3 p.m., Wednesday, Dec. 12, at The Golf Club of California. “A Storybook Christmas” provides a festive event for friends and family as The North County Dance Academy will perform selections from the “Nutcracker.”

The luncheon tables will be set with BWC’s members’ own crystal and china, with place settings for 10 at each table. Lunch will consist of guest’s choice of either pork loin with rosemary demi-glace or chicken breast with mushrooms and Marsala wine sauce. An alternative vegetarian and gluten-free entree of grilled portobello mushroom will also be available. The mixed greens salad with walnuts and raspberry sauce is accompanied by warm rolls, potatoes and vegetables. Dessert will be served to end the meal.

Raffle items will consist of designer-decorated, 4-foot Christmas trees and wreaths, plus themed baskets. To win one of these items, guests can purchase a ticket, place it in the container next to the item they wish to win and wait for the opportunity drawing.

There will be several items to purchase: handmade one-of-a-kind



A guest at the 2017 Bonsall Woman’s Club Christmas luncheon picks up the tree she won in the raffle. Courtesy photo

gifts, embroidered kitchen towels, kitchen cuties that look like little dresses and more.

Silent auction items will also be available, such as earrings, original art and golf packages, etc.

To reserve seats, mail a check for \$55 per person, made payable to BWC, P.O. Box 545, Bonsall CA 92003. Write the chosen entrees in the memo section.

At the Nov. 1 BWC meeting, lunch will be turkey with gravy and garlic mashed potatoes, tossed spinach salad with dried cranberries and candied pecans. Rachel Mason will discuss resources for seniors in the area. Checks for \$23 need to be mailed to the P.O. Box listed above by Oct. 24.

Submitted by Bonsall Woman’s Club.

Fire safety & prevention will be the topic for garden club

FALLBROOK – A representative from North County Fire Protection District, which provides services to Fallbrook, Bonsall and Rainbow, will speak at the Fallbrook Garden Club’s general meeting, Tuesday, Oct. 30, on the latest happenings at the fire department, fire safety and prevention.

This is a change in the previously scheduled program. The meeting will be held at the Fallbrook Community Center, 341 Heald Lane. Social time with refreshments begins at 12:30 p.m., the business meeting at 1 p.m. and the program starts 2 p.m.

The public is welcome. For more information relating to the club and its activities, visit www.fallbrookgardenclub.org.

Submitted by the Fallbrook Garden Club.

‘Shrek The Musical’ comes to Fallbrook

FALLBROOK – The Fallbrook High School Vocal Music and Drama Club will be presenting “Shrek The Musical” Thursday, Oct. 25, and Friday, Oct. 26, at the Bob Burton Center. Show times will be 7 p.m.

The cast will feature several students who recently received recognition by the Southern California Vocal Association including Allyse Besne, Grace Wade and Roseline Sanchez.

Visual and Performing Arts

Department chair at Fallbrook High School Heather Smith has combined the talents of her choirs, including the Madrigals with the Drama Club to bring this musical production to life.

Tickets will be available at the box office for \$10 before the shows, and the funds raised will support performing arts at FUHS.

Submitted by Fallbrook High School.

Packed shoeboxes needed for Operation Christmas Child

FALLBROOK – In November, the Samaritan’s Purse’s Operation Christmas Child collects shoebox gifts filled with fun toys, school supplies and hygiene items and delivers them to children in need around the world.

For many of these children, the gift-filled shoebox is the first gift they have ever received and demonstrates God’s love in a tangible way, according to the organization’s website. Samaritan’s Purse is a nondenominational Christian organization providing spiritual and physical aid to hurting people around the world. Samaritan’s

Purse has also helped meet needs of people who are victims of war as well as those that are suffering from natural disasters, disease and famine.

Anyone can pack a shoebox and drop it off at the Community Baptist Church during the national collection week, Nov. 12-19. Any organization or church that would like to learn more about this program or would like to pack shoeboxes may contact Ed Langston at (703) 395-0608 or at ed.langston1305@gmail.com.

Submitted by Community Baptist Church.

Halloween carnival offered at community center

FALLBROOK – San Diego County Parks is hosting a family-friendly Halloween carnival for all ages, Saturday, Oct. 27, from 5-7 p.m. Residents of all ages are invited to come dressed to impress for an evening full of trick-or-

treats, music, food, games and prizes at Fallbrook Community Center, 341 Heald Ave. For more information, call (760)-728-1671.

Submitted by San Diego County Parks.

Medicare Annual Election Period (AEP) is October 15, 2018-December 7, 2018 (for January 2019 benefits)



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CALENDAR

Oct. 19, 20, 21 – Fallbrook High School’s 40th class reunion is being put on by the classes of ‘77 to ‘80, but all alumni are invited. For details, visit tinyurl.com/FUHSreunion or tinyurl.com/registrationfuhs, or contact Lani Quisenberry at (760) 419-2045.

Oct. 27 – 5-7 p.m. – Fallbrook Community Center offers a family-friendly Halloween carnival with free trick-or-treats, music, food, games and prizes. At 341 Heald Ave. For more info, call (760) 728-1671.

Oct. 27 – 5 - 9 p.m. – Foundation for Senior Care Fall Benefit – The Big Show – A Vintage Circus Affair will be held at The Vineyard at 1924. Includes cocktail reception, carnival games, appetizers, silent & live auctions and buffet dinner. Tickets are \$110 and can be purchased at www.foundationforseniorcare.org or by calling (760) 723-7570. For sponsorship or donation info, contact Theresa at the number above or tgeracitano@foundationforseniorcare.org.

Nov. 4 – 4-7 p.m. – Knights of Columbus Fallbrook Council 7069 holds its annual Ben & Lea Spaghetti Sunday dinner at St. Peter the Apostle Catholic Parish Hall, 450 S. Stage Coach

Ln. Includes spaghetti with meat sauce, salad, garlic bread and ice cream for only \$8 for adults, \$6 for children.

Nov. 10 – 8:30 a.m. – Thanksgiving 5k Walk/Run To Feed The Hungry. Start and finish at Fallbrook Food Pantry, 1042 S. Mission Rd. Registration at 8:30 a.m.; start at 9 a.m. All donations go directly to the Fallbrook Food Pantry. For more information, call the pantry at (760) 728-7608 or Jean Dooley at (760) 728-5682. For more information about the pantry, or to make a donation to the pantry, visit www.fallbrookfoodpantry.org.

Nov. 11 – 10 a.m. – VFW Post 1924 Veterans Day Parade marches down Main Avenue from Fallbrook to Alvarado streets. Staging begins at 9 a.m. near Denny’s restaurant. Parade steps off at 10 and a ceremony takes place at the Village Square at 11 honoring the 100th Anniversary of Armistice Day.

Nov. 13 – Noon - 1:30 p.m. – Foundation for Senior Care hosts “Getting Your Legal Affairs in Order in a Changed World – Pitfalls and Options”. A no-cost educational seminar about effective planning that preserving family relationships as well as family assets presented by attorney Scott Stewart. Lunch will be provided. Space is limited and registration is required, call (760) 723-7570 or go to scinstitute.org/fscc/.

Nov. 30 – 5 - 7:30 p.m. – Annual Tree Lighting will be held at Fallbrook Community Center. Nonprofits and merchants will have booths; food and shopping will be available. Local performers will provide free entertainment throughout the night.

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LOCAL

Fallbrook man hosting haunted house fundraiser for last time



Jeff Woodrey poses for a photo with one of his gruesome cast members while preparing for his annual haunted house in Fallbrook where visitors can donate money to help a child in need. This will be the last year he hosts the haunted house.

Jeff Pack
Writer

According to Jeff Woodrey, this is the last time you'll have the opportunity to let him scare you, gross you out, and help him raise funds for a worthy cause at the same time.

"I have been the one that built it and put it on the last few years," Woodrey said. "But, this is the last year I am going to be doing it."

Woodrey said he's built a bunch of new scenes for this year, including cemetery, witch, babydoll and boogeyman settings.

"People don't realize what I do until they see it, it's pretty big," he said. "The experience takes up the entire house and property."

Woodrey said he started building in April in preparation for this

year's haunted house. He said he has 16 animated props and over the years has spent about \$15,000 on decor.

He can only estimate how much time he's spent putting it all together.

"I can't even tell you...a lot," Woodrey said. "At least 20 hours a week working on it right now and, in the beginning, probably 30 hours a week. Basically, every day I am off of work, I put in about 12 hours of the day."

For the last three years, Woodrey has asked for donations from visitors to the haunted house as a fundraiser for an individual in need. Last year, proceeds were donated to a little girl with leukemia.

This year, the beneficiary is a little boy who Woodrey said has



There are some recognizable faces at Jeff Woodrey's haunted house.



Jeff Woodrey's haunted house will begin welcoming visitors this weekend.

been dealing with brain cancer for the past five years since his diagnosis at 2 years old. The boy is in need of a seeing eye dog.

Woodrey said each evening the haunted house is open, there are volunteers at the front that inform visitors of the opportunity to donate.

"(Three years ago) I was thinking I could raise money by doing this," he said. "It's fun for them to come through and it's also a good way to raise money and help somebody out."

The haunted house is completely free for anyone who wishes to attend, whether they want to make a donation or not.

Woodrey said there is no age minimum or limit to visit.

"But minors need to be accompanied by an adult and we have some ground rules that we inform everyone about before they enter," he said. "The first hour of the night – we call it 'no scare' – and that's for families where we don't jump out and scare people. After that it's full scare."

Visitors in recent years have told Woodrey his haunted house is quality.

"Last year I was told that my

haunted house was better than the Haunted Hotel and Haunted Trail in San Diego and those are professional haunts," he said. "So, they say mine is a pretty cool thing."

"More so than that, it will be helping a little boy, that's the primary thing," continued Woodrey. "And people need to come this year if they ever want to see it or go through it."

Woodrey's haunted house is open from 6 to 9 p.m. Oct. 19-20, and Oct. 26-31 (Halloween). It is located at 451 South Stage Coach Lane in Fallbrook.

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- Enthusiastic supporter of the Marine Junior ROTC program at Fallbrook High School. Through the Board's leadership, going into its 3rd year with 160 cadets promoting leadership development, self-confidence, discipline, and academic achievement. A cadet in the Class of 2018 was accepted and is attending the US Naval Academy.
- Ensured passage of Bond Measure AA in the November 2016 election. The \$45M bond is overhauling the infrastructure at the High School and upgrading the library, cafeteria, restrooms, and building a Science, Technology, Engineering, and Math (STEM) building. This measure did not add a new tax, but extended the previous tax from the bond passed in the late 80's. This provides funds back to the students where it belongs.
- Have an ongoing relationship with the Department of Homeland Security to collaborate with the District on a continual basis to carefully review school safety and make adjustments as we develop and remodel the campus.
- Continue to have a positively certified fiscally responsible budget. We work with the San Diego County Office of Education to make sure that the budget is certified.
- Providing a pathway to career areas of interest in: Cyber Security, Engineering, Robotics, Advanced Manufacturing, Product Innovation and Design, Transportation Technology, and Agriculture through our STEM Program. Working collaboratively with the San Diego Workforce Advisory Committee to ensure we are providing students with courses that lead them to college degrees and then to high-wage, high-demand, high-growth careers.
- Guaranteed Admission Agreement with California State University, San Marcos for all FUHSD students who meet the minimum entrance requirements
- Fully supporting the Palomar College Dual Enrollment/Palomar Promise Programs. Fallbrook students can take college-level, general education courses that can be credited to an Associate or Bachelor Degree program in a college of their choice. Some 200 students are enrolled.
- I am a retired Lieutenant Colonel USMC, Vietnam Veteran, Bronze Star/ "V." I know about leadership, determination, and love of country and I love every student at FUHS.

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Sherry Ludwig and Jim O'Donnell

PAID POLITICAL AD

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TABLE 15-10 (continued)



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OPINION

Editor's Note:

No political letters will be published in the Nov. 1 issue. The deadline for letters for the Oct. 25 issue is Friday, 4 p.m., no exceptions. The word limit is 350 words. Letters should be emailed to villageeditor@reedermedia.com.

Correction: In the letter “Bonsall High School fights to pass Measure EE” (10/11/18), the writers mistakenly wrote that 98 percent of this year’s graduates were college bound. The correct amount is 86 percent. Heather Holdo, Sara Barclay and Maddison Walsh apologize for the error.

Re: ‘Residents ask questions about CBD [Village News letter, Gryg, 10/11/18]

The question by a resident, Eugen Gryg, is not a question at all. It is a statement of distrust based on a tremendous lack of knowledge. To compensate for benefits the CBD could provide, I have a list of duties that Mr. Gryg must assume immediately to eliminate the need for this \$5 a month investment in the community.

- For Save Our Forest:
1. Be at two work parties a month to prune and maintain hundreds of the 2,750 trees planted on the streets of Fallbrook and Pico Promenade,
 2. Volunteer to Adopt-A-Tree(s) to hand water trees. Offer cash to the merchants who allow use of water for trees and FBA pots. Monitor and solicit volunteers to sustain that program. Recruit volunteers for work parties. Donate to SOF to cover cost of employee to work in difficult locations. Fund professional pruning for trees beyond the scope of volunteers, and diagnosis sick trees.
 3. Be there when we must replace failed trees, cry with us when we cut down a tree we have nurtured for 20 years.
 4. Help us recruit donors to cover these costs. I hate doing this, you can do it for us. Recruit new

- donors and ask the few who donate year after year. For Fallbrook Beautification Alliance (what I know), donate funds to cover:
- A. Median maintenance on South Mission
 - B. Graffiti removal, paint – big money
 - C. Water and maintain flower pots (I have a 150’ hose I am getting too old to lift. You can use it.)

For the Fallbrook Land Conservancy (some basics I know): Donate for maintenance of safe, walking trails in some the nine nature preserves enhancing the rural qualities of Fallbrook. Less than 500 members actually support this huge asset. Thousands use these spaces every year? They need to contribute too. Consider how \$5 a month will allow new assets to benefit the residents. Also consider how other ways to fund is to create a real tax administered through a County Special District. They would take 30 percent of the income off the top. Not a great alternative.

*Signing for your personal fairies,
Jackie Heyneman*

Re: ‘RMWD approves ordinance to assign water rights’ from the Sept. 20 Village News

I wanted to provide some additional context to an article that was published in the Village News recently. In the article, an impression was made that the new ordinance would affect individuals who currently have small wells or were planning to drill new small wells. This is not the case. The ordinance deals with large scale properties that hold actual water rights as determined by the state of California. The vast majority of small domestic or irrigation wells on private property are not registered as having water rights with the state of California. Under state law, a small domestic or irrigation well is one that produces under 4,500 gallons per day or under 10 acre feet per year. Technically, even these small wells are required to register with the state, but the state database on water rights only shows one small water right registration in the San Luis Rey Valley, according to <http://ciwqs.waterboards.ca.gov/ciwqs/ewrims/EWServlet?RedirectPage=EWWaterRightPublicSearch.jsp&Purp ose=getEWAppSearchPage>. To further clarify, it is economically infeasible to extract and treat to municipal standards

small amounts of water; the district is interested in larger water rights that are held in and around the San Luis Rey River area. There are several of these rights in our area – some of which are pre-1914 water rights which are the highest priority rights under state law. In addition, the article did not convey clearly that the district would not simply “take” anyone’s water rights. The process of transferring the rights will include negotiations about the relative value of the rights and some form of compensation for those rights would be agreed upon. It was discussed specifically during our meetings but did not make it into the article. As our imported supplies become more expensive and less reliable, it is critical for the future water supply of our region that we identify and develop a local resource. The ordinance was intended to bring that discussion with rights holders who wish to access municipal services. We welcome anyone with concerns about this ordinance to contact me at their convenience.

*Tom Kennedy
General Manager of the
Rainbow Municipal Water
District*

Campa-Najjar has her vote

I am a relatively new Fallbrookian, having lived here for four years. I love this community, the people, and the land. I’ve taken special interest recently in the local issues and candidates in the upcoming election. I am saddened by the polarity in our country, but do not feel this way about our friendly village. On Oct. 9, I decided to attend a candidate forum sponsored by CSU San Marcos. Local candidates from both parties were invited to speak. As a retired business owner, I have voted for both Republicans and Democrats in the last 44 years. I came away with a particularly strong reaction to one race, the 50th Congressional District, which is ours. Ammar Campa-Najjar, the Democratic candidate, is young (only 29), and I was interested to hear his responses. He is running against a Republican, Duncan Hunter, who has held the office for many years. It is concerning to me that Hunter was recently indicted for illegally spending campaign

funds (and even more worrisome, isn’t accepting responsibility and is blaming his wife for it). How could someone effectively govern if he were to be convicted? Unfortunately, Duncan Hunter did not make an appearance. However, I was quite impressed with the responses and energy from Ammar Campa-Najjar. Ammar’s conscientious work ethic and devotion to public service are impressive and it was clear that his upbringing was an important foundation. Kudos to his mother for raising a respectful son and a devoted citizen. His passion was palpable and the audience was responsive. His references for cooperation between parties was reassuring to hear. Regardless of your party preference, the importance of exercising our right to vote was never more important. Ammar earned my vote.

Martha Hutchings

BUSD financial concerns

In August of 2018, the Bonsall Unified School District board approved borrowing \$2.7 million to cover cash outflows for October and November of 2018. The interest is expected to cost the district \$15,000. Last year the board also approved borrowing \$2.7 million to cover expenses. It was recently discovered that the district has \$5.5 million in Capital Appreciation Bonds which will mature for \$18.4 million. With Capital Appreciation Bonds, no payments are made until maturity, but the interest continues to accrue each year. These CAP bonds were

issued in 2007 as part of the 2005 bond measure. This means the taxpayers will have to pay \$12.9 million in interest for \$5.5 million in bond proceeds. In a 2013 Village News article, the superintendent stated that the district had not issued any CAP bonds. On top of this, BUSD has been deficit spending for the past seven years. Last year’s deficit was \$631,320.59. BUSD had to make cuts in their budget the last two years. The district is in the process of making budget cuts for this year due to lower than projected revenue. This was caused by 100

fewer students than the district projected for this school year’s budget. They are also heavily in debt. These financial difficulties will not be solved by passing a bond. In fact, constructing an additional campus that the district cannot afford to operate would only add to the financial woes of the district. The district needs to get its financial house in order before even thinking about constructing a new campus. At this time, EE is not in the students’ or district’s best interests.

Kerry Patterson

Support safe and strong Bonsall schools – Yes on EE

Six years ago, Fallbrook and Bonsall school district voters approved the unification of the Bonsall school district. Historically, Bonsall schools served students in grades K-8; with unification, local voters voiced their support for local control over their own Bonsall Unified School District to serve students in grades 9-12. Bonsall High School opened in 2014 and added a new grade each year, proudly graduating its first senior class in June 2018. Eighty-six percent of these graduates are pursuing college degrees; 6 percent serve in our military; and 4 percent are in the workforce. BHS has outgrown the building it currently occupies on the Sullivan Middle School site. There is an urgent need to construct an independent campus. Two schools are too many for West Lilac Road

as we witnessed recently during the Lilac fire. Passing Measure EE would give our high school students the ability to excel in a safe environment with endless STEAM (Science, Technology, Engineering, Arts, and Mathematics) education, career technical and extra-curricular opportunities. The Measure EE project list includes only the absolute essentials: building Phase 1 of a high school campus. Only if the population increases and enrollment demands will Phases 2 and 3 be built. A school can add to the bucolic setting of a rural area if it is done right with the support of the community. The opportunity exists to build a beautiful campus that will add intrinsic value to the area, will expand academic and career opportunities for future

generations, and offer joint use facilities for local residents. As any local real estate agent will tell you, the quality of Bonsall schools adds value to homes located within the BUSD boundaries. Building a safe campus for high school students will raise property values into the foreseeable future and beyond. BUSD will continue to provide an outstanding education for all students residing within its boundaries. The quality of the school facilities will depend on support from the community. It is time to provide Bonsall High School students the campus and the opportunities they deserve. Vote Yes on EE.

*Tim Coen, M.D.
President, BUSD Governing
Board*

These Sycamore Ranch residents say Yes on EE

In four years, BHS has developed into a first-rate public high school. Students, teachers, staff, administrators, parents and community members have worked to make this happen. Our daughter is a 2018 Bonsall graduate and is a freshman at UCSD. BHS and their focus on project-based learning has helped prepare her for her next steps. Sometimes students had to go back to the drawing board. Sometimes things didn’t go as planned, but persevering, dealing with setbacks, and not giving up was and is an integral part of the educational process. When we moved into Sycamore Ranch in 1998 we were notified, verbally and in writing, that the adjacent property was dedicated

for a future high school. The property for the proposed high school campus was purchased and has been set aside for that specific use since the 1960’s. The need for a high school to serve the area has been anticipated for decades. In 2012, I spoke with a woman’s political club in town about unification. I ran into one of their members afterwards. She told me that when her Mom would drive her to Bonsall Elementary along Gird Road, her Mom would point at the property and tell her this is where she would attend high school someday. It’s time for this property to serve its intended use! I recently attended The Teacher of the Year celebration to support Val Latimer, BUSD’s teacher of the year candidate. It was an

inspirational evening! One of the teachers spoke of schools as “living assets” in the community. I love this term! Schools are assets and great high schools need a dedicated space to call their own. Think back to your own high school experience. Community members paid for that school so that you and your friends could attend. Even our Bonsall schoolhouse was built because community members voted and approved a bond in 1895. Building and maintaining public schools is a compact passed down from generation to generation. Now it’s our turn to provide for future students.

Jennifer and Dwight Leung

The Olson plan for BUSD

Recently I talked with a BHS student about the proposed EE bond. I asked her, “How can the district afford to operate and maintain another large campus given its spending deficits and the downward trend in enrollment?” She couldn’t answer the question. so she politely pivoted and replied, “Well, what other choice do we have?” Actually, there are several good answers to her question but the best longterm solution comes from BUSD Trustee Richard Olson, and it makes total sense. First, reject the EE bond, then sell the Gird property. It does not have to be used as a school site. Second, move the Sullivan sixth-graders to a Bonsall elementary school that has excess classroom space and is a better “fit” for that age


student. That leaves plenty of room for both a two-year middle school and a high school. Then when necessary, construct another two-story building for more HS classrooms at a cost of around 8 million. Land for playing fields can be purchased from Ocean Breeze for no money, just non-interest bearing future builder’s credits, which may never be cashed. When overall enrollment increases and district financials permit, a 17-18 acre parcel could be purchased using Gird Road proceeds and a middle school would be constructed, leaving Sullivan as a stand-alone high school. The community would, I believe, support such a prudent long-term plan, with the proceeds from Gird paving the way and a small bond

used to make up the difference. It would also make sense to build a small emergency road north of Sullivan that would intersect Dulin Road. That would give three separate routes for possible evacuations. (There has only been one evacuation in the past 12 years while Gird has had four.) This is a financially sensible plan that voters should seriously consider. Remember that EE is only the first of several planned bonds that could cost over 200 million (with interest) if EE opens that door. That’s too much tax and debt for our small district to bear. Please vote NO on EE. (This letter approved by BUSD Trustee Richard Olson.)

Pete Kunasz

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Julie Reeder
Publisher

Upon signing the bill, then-Governor Schwarzenegger said "I couldn't be more proud to sign this

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see **ANDERSON**, page A-11

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JUST LISTED



OPEN HOUSE SUNDAY 10/21
12:00PM-1:00PM

1560 VISTA DEL LAGO, FALLBROOK

2,876 sq ft home with 3 bedrooms and 2.5 baths. 3.5 acres boasts a very active well with income producing avocado grove. Seller has done extensive remodeling throughout and has added seller owned solar. Huge energy efficient windows showcase views to the Santa Margarita River Valley. Home is also suitable for horses and enjoys immediate access to the Santa Margarita trail system.

Seller will entertain offers between
\$775,000 & \$850,000

JUST LISTED



1741 GLENN CRAWFORD, FALLBROOK

3,285 sq ft 3BD, 2.5BA single story home with oversized 3 car garage in gated Shady Grove estates. Home is highly upgraded and features clear maple wood floors. Kitchen has granite counters with upgraded custom cabinetry and tile floors. Home has additional cabinetry and storage from original builder design. Community enjoys tennis, pickle ball, basketball, secure RV parking, walking trails, parks and more.

Seller will entertain offers between
\$695,000 & \$760,000

JUST LISTED



1059 SCHULLER LANE, FALLBROOK

3,061 sq ft single story home with 3 bedrooms and 2.5 baths. Home enjoys 1.1 acres of mature water efficient trees and colorful landscape. Home features oversized 2 car garage with dedicated guest parking as well as an oversized drive with additional parking. Interior has been updated. Fresh paint inside and out. Seller has meticulously maintained the home and landscaping.

Seller will entertain offers between
\$825,000 & \$900,000

COMING SOON



4225 LOS PADRES, FALLBROOK

Pala Mesa Golf Course living! 1,196 sq ft corner lot single story 2BD, 2BA home with sit down view to the 14th green. Home has been highly upgraded with slab granite counters throughout, newer cabinets, new tile floors, fresh paint, interior washer/dryer, and new energy efficient windows. Garage has new roll-up door, fresh epoxy floors, newer hot water heater and utility sink. New fencing and lush landscape.

Seller will entertain offers between
\$425,000 & \$500,000

COMING SOON



25323 DE LUZ HEIGHTS, FALLBROOK

40+ acre property with well maintained 2,076 sq ft single story 3 bedroom, 2 bath home and oversized 3 car garage. Property is private, secluded and is excellent for farming protea, vineyard, cash crops, livestock, and more. Property is gentle, usable and is elevated to enjoy ocean breezes with a peak of the ocean. Home sits well off De Luz Heights Road and doesn't share a drive.

Seller will entertain offers between
\$625,000 & \$700,000

COMING SOON



10222 PASO DE FLORA, ESCONDIDO

2,298 sq ft single story, 3BD, 2BA with 2 car garage nestled down a country lane on 2.25 level acres. Property has a 1,600 sq ft barn with concrete floor. Property has grandfathered well. Inside the home you will enjoy, granite counters in the kitchen, newer appliances, vaulted exposed wood ceilings in most rooms. Architectural features throughout. Views to the west and beautiful sunsets over the Pacific daily.

Seller will entertain offers between
\$625,000 & \$700,000

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VOTE for Kim Murphy

Fallbrook Community
Planning Group

I am running for a position on the Fallbrook Community Planning Group and would appreciate your vote. If you have read my articles over the past 9 months, you should have a personal understanding of how I think and how I feel about Fallbrook. My knowledge of the laws that impact California real estate combined with my love for Fallbrook provide me with the kind of perspective needed to move into the future.

– Kim Murphy

PAID POLITICAL AD



OPTIONS

from page A-1

housing, and the county currently does not have a mechanism to compensate for projects which do not utilize the full density allowed. A May 2017 Public Policy Institute of California report indicated that San Diego County has a shortfall of more than 140,000 available affordable rental homes. Some San Diego employees have moved to southwest Riverside County to obtain affordable housing, which impacts San Diego County roads while providing no traffic mitigation funding for San Diego County. On March 28, the county supervisors voted 5-0 to direct the county's chief administrative officer (CAO) to investigate the means of establishing a Transfer of Development Rights (TDR) program, a density transfer credit program, or an equivalent program for unincorporated San Diego County and to return to the board within 180 days with findings and

options for consideration. A 4-0 vote April 18 with Ron Roberts in Asia directed the CAO to investigate other options to promote the expedient building of homes in unincorporated San Diego County and the closing of the housing gap through incentive programs and/or regulatory relief and to return within 180 days with appropriate recommendations. The 19 potential actions were divided into five categories. Three of those were in the process and streamlining category focused on reducing the time and cost associated with the permit process while four possible actions apiece were in the regulatory reform category to correct inconsistent or outdated regulations which inadvertently act as barriers in housing production, the participation and incentives category to explore incentives to stimulate production of diverse housing types, the general plan and community plan category to implement general plan goals and policies related to maintaining general plan housing capacity, and the land development code

category which would consolidate and modernize zoning and use regulations. "I'm in agreement with every one of their recommendations," Roberts said. Informational presentations were made to the community planning group and community sponsor group chairs on July 14 and to the county's Planning Commission on Aug. 3, and two community planning groups requested presentations which were provided in August. One process and streamlining action is to expand upon the county's previous business process re-engineering efforts to reduce processing times and thus the applicant's cost. Another action in that category would improve the community engagement and public review process by receiving public input at key points in the process to develop balanced recommendations. The other processing and streamlining action would improve project scoping, communication, issue identification, application processing, tracking and archiving, and coordination and partnering between county departments. Because the actions are already ongoing, no further Board of Supervisors direction is needed. Three of the regulatory reform actions involve previous direction from the Board of Supervisors: a site implementation ordinance which would establish agreements between the developer and the county to consolidate and defer conditions of approval, removing potential redundancies in the Resource Protection Ordinance and the Biological Mitigation Ordinance to avoid duplicated work efforts, and revising permit review procedures including an expansion of on-line permit processing as well as streamlined decision-making authority. A density bonus program is one of four participation and incentive recommendations. A developer granted a density bonus would provide a deed restriction limiting the housing to families with extremely low or very low income (less than 50 percent of the region's average median income), low income (50 to 80 percent of the AMI), or moderate income (80 to 120 percent of the AMI) for a period of at least 55 years. County staff provided two density bonus options: one to allow additional incentives for a project and one to expand the density program to include middle-income earners with a family income between 120 and 150 percent of the AMI. (The region's 2018 AMI is \$81,000 while the median price of

a home is estimated to be \$550,000; 120 percent of the AMI is \$98,151 which would allow purchase of a \$315,000 home.) "I like both of them," Supervisor Bill Horn said of the bonus incentives. "It's cost-prohibitive to build lower-income units if you don't have enough of a bonus to make it worthwhile." The supervisors voted 5-0 to direct county staff to develop both density bonus options further and return to the board for consideration of adopting those density bonus programs. Inclusionary housing policies link approvals for market-rate housing to the creation of affordable homes for low-income and moderate-income households. The program criteria and implementation procedures must be designed carefully to avoid unintended consequences including a reduction in overall housing creation or increases in market-rate prices. Because homebuyers or renters absorb the costs associated with inclusionary housing programs, a program without the correct market conditions could reduce the overall housing production. A motion to direct county staff to prepare both an economic feasibility analysis flexible compliance program and an ordinance with a minimum 10 percent affordable housing requirement passed on a 3-2 vote with Greg Cox, Roberts, and Horn in favor and Jacob and Kristin Gaspar opposed. A 5-0 vote on the accessory dwelling unit options directed county staff to prepare plans and implement programs to reduce permitting time and costs by providing pre-approved plans to property owners and expediting the plan check review process, to develop a program for future Board of Supervisors consideration which would waive development impact fee costs for a five-year trial period, to prepare an ordinance to create a Junior Accessory Dwelling category for additional units derived by converting existing space and which do not require additional parking, and to monitor the results of other jurisdictions' pilot programs to encourage construction of accessory dwelling units by providing a grant or loan to the property owner in exchange for renting the additional dwelling unit at an affordable rate through a deed restriction or other similar mechanism. The fourth participation and incentive recommendation directed county staff to prepare a study to evaluate a change in development impact fees, which are currently based on dwelling units, to fees

based on total square footage of the dwelling which would reduce the development cost for smaller units and thus the housing cost. A 5-0 Board of Supervisors vote advanced that option to the study stage. Improved coordination with military branches and other jurisdictions to accommodate an anticipated increase in military members and dependents living in the region is one of two general plan and community plan actions already ongoing and not requiring a Board of Supervisors vote; the other action in that category is monitoring general plan attainment by tracking housing permitting, production, and capacity changes. Exploring options to retain general plan capacity and a Transfer of Development Rights program, in which development credits are transferred from one location to increase development potential at another location, included five options and the supervisors voted 4-0 to explore four of them further. Developing a program to track unrealized residential units from downzoned properties or developments built out below the maximum density allowed would allow the Board of Supervisors to allocate unrealized residential units on a case-by-case basis. Other options include development of a TDR program with defined criteria for identifying sending and receiving sites to be evaluated by the county supervisors on a case-by-case basis, developing a transaction-based TDR program to facilitate private-to-private market rate transactions to transfer development rights between properties, and monitoring the initiative which was placed on the March 2020 ballot and would prohibit density transfers from higher-density parcels to lower-density parcels so that the county can determine the impact passage of that initiative would have on a TDR program. County staff also brought forth the possibility of requiring residential development to be constructed to a minimum percentage of the allowed density but did not recommend that option, and the Board of Supervisors also voted 5-0 not to pursue such policy further. Two of the land development code proposals warranted a 5-0 vote for staff to pursue the options further: updates to the grading ordinance which would streamline grading and clearing permits for common projects while also considering the elimination of grading permits for non-development actions such as digging a well or landscaping improvements (the activities would also separate the agricultural grading and residential grading processes) and expanding the range of housing types and lot sizes permitted. The two ongoing land development code actions are allowing the rounding up of allowable units and restructuring land development ordinances into a consolidated Land Development Code. "It's nice to see that some of the suggestions have made it to the Power Point," said Building Industry Association of San Diego vice president for government affairs Matthew Adams. "All of this has to do with the economics," Adams said. "We have to find the appropriate incentives to move forward."



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Zion's 10th Annual Golf Tournament Fundraiser which was held last month at Pala Mesa Resort & Golf

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All Star Physical Therapy	Jay Nelson, Esq.	Mark & Ana Carsey
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‘Daughters’ celebrate anniversary of signing of Constitution



Monserate Chapter Regent Betty Mathias, seated, is pictured with “Daughters” left to right, Carol Anderson, Pat Hall and Cindy Greer, California State Society D.A.R. Regent Adele Lancaster and “Daughters” Mary Lou Montez and Dawn Byrd-Beresovoy. Courtesy photo

FALLBROOK – Local members of the Daughters of the American Revolution, Monserate Chapter, recently attended the National Society Daughters of the American Revolution District XIV September meeting in celebration of the 231st anniversary of the signing of the Constitution of the United States.

The Sept. 22 meeting took place at Admiral Baker Clubhouse in San Diego, and the attendees learned about the creation of the Constitution. Guest speaker retired U.S. Navy Capt. Thomas J. Marshall Jr. of the Medical Corps spoke about “The Importance of the Bill of Rights to the Ratification of the Constitution.”

Marshall, who also has a master’s degree in American history, reviewed the cultural and political tone of the 1700s, the Articles of Confederation in 1789 and the creation of the Bill of Rights in 1791. The Articles of Confederation served as the basis for the government’s formation, but it omitted the rights of citizens. After much compromise, the Bill of Rights was created to speak to the citizens’ civil rights, liberties and privileges, which allowed the Constitution to be ratified.

The attendees – for the most part – were members of the Daughters of the American Revolution, the Sons of the American Revolution and the Children of the American Revolution. They enjoyed brunch and heard proclamations about the Constitution’s 231st anniversary from a variety of leaders. Monserate members who joined Regent Betty Mathias were Carol Anderson, Mary Lou Montez, Cindy Greer, Pat Hall and Dawn Byrd-Beresovoy.

The next monthly meeting of the Monserate Chapter DAR will be held Thursday, Oct. 18, and women interested in membership in the DAR are invited to attend. Contact the regent at bettybee35@gmail.com for information.

DAR is a lineage organization; members must prove direct familial lineage to an American colonist who fought in the Revolutionary War or who gave supplies and food to the troops of that war. Monserate Chapter supports the National Society’s commitments to education, patriotism and historic preservation. The chapter meets on the third Thursday of the month at Pala Mesa Resort in Fallbrook.



Submitted by DAR.

CELEBRATE

from page A-1

the floats will happen and a parade of the floats, led by 2018 Homecoming Grand Marshal Ken Brower, will happen.

During the parade of floats, there will be one big band and dance team performance. The homecoming king and queen will be announced at halftime.

This year’s homecoming court consists of Craig Person, Jake McBroom, Luke Conley, Jonathan Anaya, Jakey Braungel, Honey Diaz, Kathy Hernandez, Karina Fonseca, Auggie Chavez, and Ariana Arias.

The Fallbrook Alumni Association has planned a tour of the high school from 10 a.m. to noon on Saturday, Oct. 20. For more information, contact Bob Johnston at (760) 723-3037 or rcjohnston@earthlink.net.

The association will also host the Alumni Picnic in the Park Sunday, Oct. 21, from 11 a.m. to 3 p.m. at Live Oak Park. Students of FHS’s Agriculture Department will serve a tri tip lunch at \$15 per person.

For more information on the picnic, contact Jan Mahr Owen at (760) 451-9035 or fallbrookalumni@gmail.com.

the
village
beat

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“ My husband is cared for and respected. They treat him with dignity. ”

– Linda Hopkins, Temecula resident

As John’s Alzheimer’s progressed, he began wandering at night and couldn’t be left alone during the day. That’s when his wife Linda knew she needed help, and her “prayers were answered” when she found Highgate. “The other places were very disappointing. But the care partners at Highgate are compassionate, professional, encouraging – they truly care.” She learned how the Highgate team follows Teepa Snow’s “Positive Approach to Care” philosophy and has been “so impressed with their holistic approach,” as well. “One time John was agitated and I suggested getting a prescription from his doctor to calm him down, but they suggested first trying aromatherapy and massage. It was so relaxing to him! He didn’t need the medication.” Linda’s mom is now considering a move to Highgate, though she doesn’t yet need assisted living. “She talks about all the fun activities and social opportunities there. She’s trying to get all her friends to move!”

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from page A-6

It's clear Anderson worked hard to build relationships with all of his colleagues from both sides of the aisle, as evidenced by the number of successful and often landmark measures he jointly wrote with democrats, such as what WIRED Magazine called

Carlos Flores, executive director of the San Diego Regional Center of San Diego said, "Senator Joel Anderson has demonstrated exemplary support for persons with developmental disabilities and the people who provide their services. In 2016, Anderson was very influential in securing the first-rate increase for service providers in a decade, when our entire system was on the brink of collapsing. We have been fortunate to have him as a champion for our cause. Senator Anderson's advocacy and support have ensured that persons with developmental disabilities and their families receive

On one of the last days of legislative session, Senator Anderson's colleague, Senator Nancy Skinner (D-Berkeley), stood up during floor session to praise his accomplishments and bid him farewell. She shared how working with him on the Public Safety Committee (Skinner and Anderson

Although the worthy goal of term limits is to keep our elected representative closer to the people, there are true statesmen like Anderson who have so distinguished themselves during their tenure that it seems a shame they have to leave when their term expires.

For the last 12 years, Anderson served as a pillar of our community, maximizing his time in office to make government work for the people he serves, and if he continues his public service in the future we know he will continue to serve with distinction.

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REQUEST FOR PROPOSALS

Internal Connections, E-Rate YR 22 – RFP #18-124

The Fallbrook Union Elementary School District is inviting proposals from qualified companies, partnerships, or corporations to provide internal connections for the switches and routers at all sites. The District is seeking proposals for a service provider to supply, install, configure, test, start-up, and on-going costs for security/firmware updates. Response to this Request for Proposal (RFP 18-124) shall include one (1) original and one (1) copy and one (1) digital copy of proposal. Requested materials to be forwarded to: Fallbrook Union Elementary School District, Attention: Kara Allegro, 321 N Iowa Street, Fallbrook, CA 92028-2108. Questions regarding the RFP may be directed to Kara Allegro, Purchasing Agent at (760) 731-5434 or kallegro@fuesd.org and technical questions must be submitted to erate@fuesd.org. The deadline to submit proposal responses is November 16, 2018 by 2pm. Proposals received after 2pm will be returned to the proposer unopened. A Non-Mandatory Pre bid meeting will be held on October 15, 2018 at 2pm. The meeting will be conducted at the District Office in the Technology Department located at 321 N Iowa St, Fallbrook, CA 92028.

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PAID POLITICAL AD

Howard Salmon

San Diego County,
Fallbrook Regional Health District



*I am a candidate
for the Board of The
Fallbrook Regional
Health District*

Proposed Objectives for Fallbrook Regional Health District

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- Pursue initiatives, such as Blue Zones, to live longer and better
- Partnerships with community organizations and businesses

Qualifications

- Master's Degree in Healthcare Management, University of Minnesota, School of Public Health
- Fellow, American College of Healthcare Executives
- Treasurer and Vice-President, Fallbrook Regional Health District Board
- Chairman of the Board, Association of California Healthcare Districts (77 districts in CA)
- Lieutenant Commander, United State Public Health Service
- Commissioned Officers' Assn. - USPHS
- Entire career in healthcare management - Federal, state and county government hospitals and healthcare systems
- Healthcare Management Advisor to major healthcare systems

I respectfully request your vote to work together to enhance our community's Health and Well-being

PAID POLITICAL AD

LIGHTNING
from page A-1

of schedule category for having played a Division II opponent and preferred that the contest be counted as a game.

In the end, after discussions over

the weekend between Walker and Baldwin, the game was declared a no contest.

“That was the agreement because it really hurt them in the power rankings if they made it a game that counted, and since we only went four minutes into the first quarter, it would not be fair to take that as an actual contest,” said Walker.

Some interesting plays occurred during the brief game that won’t be documented in the record books. Fallbrook, on its second play from scrimmage in its only possession, tried a little razzle-dazzle that



Warrior Daniel Cedillo (No. 4) knocks the ball loose from a Ramona player with a big hit at the 1-yard line. Fallbrook recovered the fumble, however, Ramona maintained possession after an official ruled the ball had gone out of bounds before being picked up.

fooled the Ramona defense but an overthrown pass negated the chance for a big gain or potential touchdown.

Ramona started its only possession at its own 29-yard line and scored eight plays later on a 2-yard touchdown run by Josh Fletcher. The drive was aided by what many observers believed to be a missed call of a Ramona fumble that Fallbrook recovered at the 1-yard line. The official ruled that the fumbled ball had gone out of bounds before being recovered by Fallbrook, and thus Ramona maintained possession.

When the announcement was made that the game was being called, boos could be heard from the crowd – likely because the lightning appeared far off and it wasn’t raining. However, the lightning show and rain that ensued all across Fallbrook and most of San

Diego County a little bit later proved it was the right decision.

“It’s disappointing,” said Pickett immediately following the announcement that the game had been suspended. “The kids came out fired up and I thought they were playing decent ball. I know they’re going to be disappointed too.”

An assistant coach provided a little ray of sunshine when he informed Pickett that the players had been requested to report to the concession stand for an important assignment – to consume the hot dogs, hamburgers and tacos that had been stranded by the departing crowd. “Coaches too?” asked Pickett, who apparently hadn’t lost his appetite over the cancellation.

Fallbrook High, weather permitting, will play its homecoming game Friday, Oct. 19, against San Pasqual, which is 4-4 overall and 1-2 in league play. Kickoff is 7 p.m.

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Heroes of all ages support mothers and babies



More than 90 people participate in the Fallbrook Pregnancy Resource Center's Heroes Walk for Life fundraiser at Live Oak Park, Oct. 6. All funds raised will be used to furnish the center's medical clinic, to open later this year, and to train new medical staff.

Lucette Moramarco photos



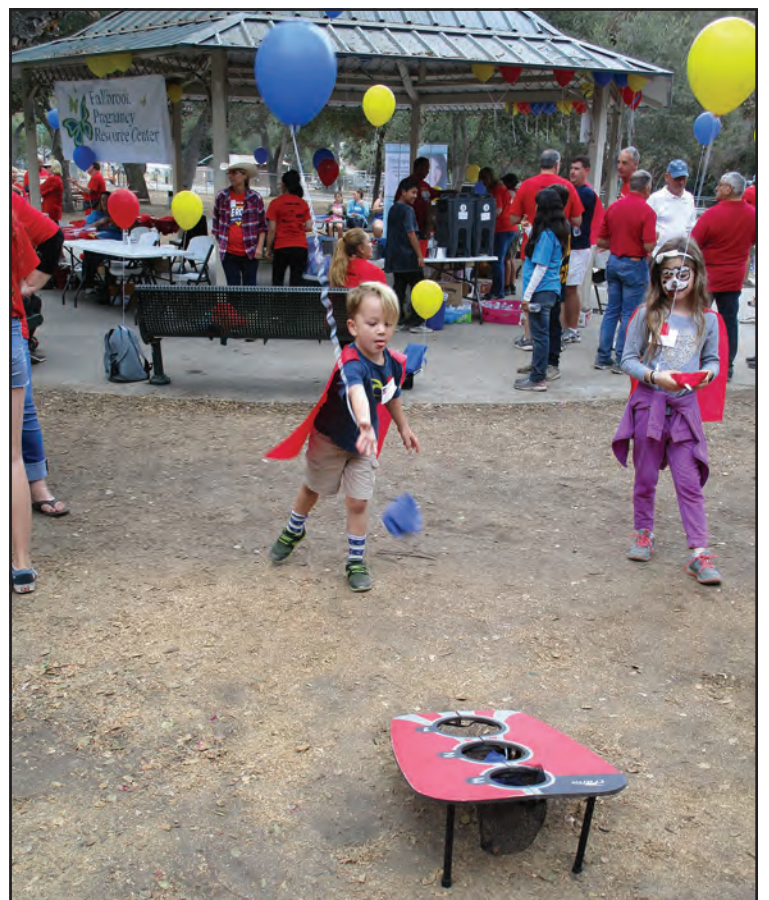
Walkers of all ages follow the path through Live Oak Park for the Heroes Walk for Life fundraiser in support of the free programs offered to mothers and their babies at the Fallbrook Pregnancy Resource Center.



Wonder Woman talks to one of her fans, Kaia, before the Heroes Walk starts at the park. Children were given their own super hero cape to wear for the event.



Super heroes show up for the Heroes Walk for Life fundraiser, including, from left, in back, Thor Girl, Wonder Woman; in front, Spiderman, and walkers Amelie and Lorelei. For those not able to attend, donations may be mailed to PO Box 1588, Fallbrook CA 92088 or at www.fprcforlife.com.



Devereux, center, plays the bean bag toss game while his sister Lorelei watches. Other activities offered for children at the event included face painting and a bounce house.



The Duffy's dog Chloe wears a super hero cape as she walks with her family in the Heroes Walk for Life at Live Oak Park. The event included snacks, drinks, a raffle and lunch.



One of several mother-child teams participating in the walk is Teresa and Ezekiel. The pregnancy resource center is closed until Oct. 23 as it relocates to a newly-renovated location at 125 E Hawthorne St.

HEALTH

Palomar’s EME program continues to thrive under new director



Sarah DeSimone is the director of the Emergency Medical Education program at Palomar College.



The job market for paramedics is projected to grow by 25 percent in the next five years. Courtesy photos

ESCONDIDO – For Sarah DeSimone, the memorable patients come to mind quickly and vividly. There was the gentleman who was having a heart attack, flatlined in the ambulance and was brought back by DeSimone and her colleagues en route to the hospital. She remembers him saying “thank you” when they arrived.

Later, as a Mercy Air medic, she saved a 12-year-old girl who was choking and about to go into cardiac arrest but was talking by the time they landed. These are the kinds of moments DeSimone knows her students will remember for the rest of their lives once they leave Palomar’s Emergency Medical Education

program and enter the field of life-saving medical work. When DeSimone took over as director of the EME program with its rigorous Paramedic Academy in August, she inherited an academic program with deep roots in the community and a 100 percent employment rate. After five years of teaching at Palomar, DeSimone has heard from a variety of fire departments and ambulance companies that Palomar’s graduates are consistently among the best new hires in their field.

“We’re very proud of how well-prepared our students are,” she said. “The people who come out of our academy are all either with one of the private ambulance companies, or they’re picked up by a fire department.” Palomar’s graduates will be especially sought after in the near future, as the number of careers in the field is projected to grow by 25 percent statewide over the next five years.

The EME program offers a range of courses, beginning with EME 100 – in which students with no previous experience can earn their CPR certification – and culminating in the intensive, full-time Paramedic Academy that requires not only academic prerequisites but at least six months of experience working in the field as an EMT. Located at the Escondido Education Center, the academy accepts 36 students at a time, and there are two cohorts every year, so at any given time there are 72 students pursuing a career as a paramedic. Shane Applegate, who started in the academy last month after working for a year and a half at North County Fire in Fallbrook, said that he knew coming in that Palomar had one of the highest-ranked programs in the area.

“I’d heard nothing but great things,” Applegate said between classes on a recent morning. “I know (prospective employers) like it when they see you went through this program – it gets their attention, and they know you’re well-prepared.” Across San Diego County, hundreds of medics and emergency medical technicians who graduated from Palomar’s program are staffing ambulances and fire engines, saving lives with the training they received at the college. DeSimone said she savors the opportunity to help young medics realize the dream she once pursued. Recalling her eight years with Mercy Air, she said working in the belly of a helicopter is a unique experience. “It’s cramped; it’s a confined space,” she said. “You just get used to it, I guess. But you never

get tired of flying. “You look out the window and think, ‘Man, I have the best job in the world,’ I miss flying a lot, but you have to make grown-up decisions sometimes,” she said with a laugh. DeSimone earned her paramedic license in 2004 and landed her dream job with Mercy Air three years later. She worked as a flight paramedic for eight years, finishing with a crew based in El Cajon and retired in 2016 to pursue teaching at Palomar. “Being in the ambulance was awesome – I would say the job isn’t as glamorous as people think, but it’s a calling,” DeSimone said. “And teaching is not a job, it’s a calling. I think I was just fortunate enough to have two callings in my life.”

Submitted by Palomar College.

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Understand and overcome road rage

American Counseling Association

Today’s streets and highways are more crowded than ever. Drivers almost anywhere these days often encounter bad drivers, traffic jams and road construction. The stress and anger that go along with driving frustrations is a fairly common occurrence, but when they build to the point that a person become an aggressive driver themselves, it’s a real problem. “Road rage” is generally described as uncontrolled anger at the actions of another driver. In extreme cases, it’s more than simply being angry and upset. It can lead to aggressive and violent behavior behind the wheel, including intentionally hitting the car of the driver who has upset them, or getting out of their car to engage in a physical confrontation. In some cases, the angry driver will have a weapon and will threaten or harm the other driver. Clearly any such out of control actions are illegal, dangerous and likely to cause harm to the driver and those around them. When someone has experienced out of control road rage, it is vital that they seek professional assistance. It is a condition that needs anger management help. A professional counselor has a variety of techniques to help someone understand and control such reactions.

For most people, however, the anger they feel behind the wheel doesn’t result in violent behavior, but it can lead to dangerous driving. A driver might find themselves cutting off others, tailgating, speeding, flashing their lights or honking their horn. All are signs of aggressive driving and dangerous, as they are likely to provoke the other driver. And remember, none of those actions are going to change anything about how that other person drives. Instead, it’s important for people to control their anger. Drivers can take a second to remember that what is happening isn’t their fault and that it’s outside their control. Next, take action to relax. Tune in to something soothing and enjoyable on the radio. Take the time to slowly count to 10. Try concentrating on individual parts of the body and consciously think about relaxing those muscles. When anger controls a person, they become less alert in relation to their driving and traffic situations that might occur suddenly. And if anger while driving happens frequently, even if not escalating to road rage, and they can’t control it, consider learning about relaxation training or an anger management course. Counseling Corner is provided by the American Counseling Association. Comments and questions to ACAcorner@ counseling.org or visit the ACA website at www.counseling.org.

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FRHD provides 71 free prostate screenings

FALLBROOK – Fallbrook Regional Health District recently offered free prostate screenings to any man wanting the exam, drawing 71 participants. Of those screenings, 13 percent returned abnormal results requiring subsequent medical analysis.

“Early intervention is key in fighting cancer,” Bobbi Palmer, CEO of Fallbrook Regional Health District, said. “We offer these prostate screenings annually because knowledge is power and making it free might just offer the push folks need.”

The event is made possible by Dr. Philip Brodak, a board-certified urologist who provides the exams on a Saturday each September at no cost. The collaborative effort is made possible by the Fallbrook Regional Health District and the Fallbrook Family Health Center, which hosted the screening event and provided the credentialed staff to facilitate the blood draws.

“Offering free screenings of such a sensitive nature requires caring, dedicated professionals volunteering their expertise,” Palmer said. “We work with the best on this vitally important cause because it’s about saving lives.”

Nursing students with California State University San Marcos assisted Brodak, along

with former Fallbrook Hospital Auxiliary members for logistics and paperwork needs and Youth Advocacy Coalition students from Mental Health Systems who assisted with translation services.

Of the 71 men screened, 31 percent spoke Spanish while the remaining spoke English. Brodak contacted each of the 13 percent, or nine men, with their abnormal exam results, abnormal labs or both. A confidential envelope was mailed to all participants with their results.

“We emphasize that they should provide the results to their regular physicians,” Palmer said. “If anyone shares that they do not have a regular physician, we put them in touch with the folks at Fallbrook Family Health Center who can help them locate a doctor and discuss their insurance particulars.

The Fallbrook Regional Health District is a special district covering affordable community health needs for residents of Bonsall, De Luz, Fallbrook and Rainbow. The roughly \$1.6 million collected in voter-approved taxes supports more than \$1 million annually in full spectrum community health services addressing top health disparities, including behavioral health, cancer, diabetes, heart disease and stroke, as well as



Free prostate exams were provided in late September to 71 area men by Dr. Philip Brodak, a board-certified urologist. The collaborative effort is made possible by the Fallbrook Regional Health District and the Fallbrook Family Health Center, which hosted the screening event and provided the credentialed staff to facilitate the blood draws.

extended hour urgent care. If someone received abnormal results from the recent prostate screening or wished to discuss

other health needs, they can call the Fallbrook Family Health Center at (760) 451-4720 or stop by the center at 1328 S. Mission

Road in Fallbrook. Submitted by Fallbrook Regional Health District.

Look beyond premium costs when choosing a Medicare plan

Trudy Lieberman
Rural Health News Service

Making decisions about Medicare coverage has never been easy. Over the years the task has become more complicated as congress has moved to privatize the system.

Open enrollment, the time for evaluating coverage and making changes, opens Oct. 15 and runs through Dec. 7 this year. This is the first of two columns that address decisions people about to become eligible for Medicare and those already on the program will have to make.

While some 57 million people are still in traditional Medicare, which remains a social insurance program, the number of beneficiaries in privatized Medicare known as Medicare Advantage has grown steadily. Today one-third of all beneficiaries have joined private plans, many of them responding to sales pitches – sometimes questionable ones – from insurance companies that now regard their Medicare Advantage business as a major profit center.

With a Medicare Advantage plan, generous payments from the federal government to private

insurers allow them to provide a person’s Medicare benefits along with some extras like eyeglasses, limited dental care and gym memberships. The government payments have been so rich they’ve also allowed the plans to entice people to join by offering coverage with no monthly premium or a very low one.

So the first basic choice is whether to select traditional Medicare – and buy a supplement to fill in what Medicare doesn’t pay – or to select a Medicare Advantage plan.

Increasingly, though, some people may not have a choice. More employers who fund part of their retirees’ health insurance are automatically enrolling their workers about to retire in Medicare Advantage plans, and those workers may not understand what they are getting, according to Tricia Neuman, a senior vice president of the Kaiser Family Foundation.

“Employers may see this as an attractive way to shift some of the risk to employees,” Neuman said.

A few years ago, I met a retiree of a computer firm in California who had developed Parkinson’s disease and was seeking help from the state’s insurance

counseling program to switch out of the employer’s retiree Medicare Advantage plan. He was having trouble seeing the specialists he needed to treat his disease.

Counselors told him he had few options. He could easily drop his Medicare Advantage plan and return to traditional Medicare. But he was no longer eligible to buy a Medigap policy, which he sorely needed.

California, like almost every other state, said insurers offering Medigap policies may scrutinize senior applicants’ health status once those seniors have passed their initial eligibility period. That period is generally the first six months after they sign up for Medicare Part B, which pays for physician services and hospital outpatient care. After that, if they have a preexisting condition, they’re out of luck. Only New York, Connecticut, Massachusetts and Maine allow seniors to buy a Medigap policy anytime. A few other states allow seniors to buy them under certain conditions – like losing retiree coverage. Seniors living outside those states, though, could be making an irrevocable decision by choosing a Medicare Advantage plan or allowing themselves to be placed

in one automatically.

Yet the allure of no monthly premium or a cheaper premium than a Medigap policy would require draws seniors to Medicare Advantage plans. A cheaper premium or no premium sounds good when you’re well, but what happens when you’re sick? That’s when many seniors find they want to go back to traditional Medicare. “Premiums are not a good way to choose a plan,” Neuman said. “It’s important to look beyond the premium.”

Still, not much is known about how seniors in Medicare Advantage plans fare when they have a really serious illness. But in late September the Office of the Inspector General reported that insurers offering Medicare Advantage plans may be inappropriately denying services to seniors and called on Medicare to step up its oversight of those plans.

The Office of the Inspector General found that Medicare Advantage plans overturned 75 percent of their denials between 2014 and 2016, raising questions about why seniors were denied in the first place.

“The high number of overturned denials raises concerns that some

Medicare Advantage beneficiaries and providers were initially denied services and payments that should have been provided,” the report said. “This is especially concerning because beneficiaries and providers rarely used the appeals process.”

Seniors may be denied services but never register any complaints.

As with all insurance, people make a trade-off. Pay less upfront and more when they get sick or minimize their risk by paying more in premiums to have better coverage when illness strikes. That is the great-unknown seniors must consider.

Traditional Medicare plus a good Medigap can become a senior’s best friends if they have a hospitalization for a serious illness, as I had when an infection came out of the blue and kept me in the hospital for four months earlier this year. For doctor, hospital and rehabilitation charges that totaled some \$3.5 million, we paid only about \$2,500 out of pocket.

My next column will address finding a good drug benefit.

What experience have you had with Medigap policies or Medicare Advantage plans? Write to Trudy at trudy.lieberman@gmail.com.

Child passenger safety is a CHP priority

SACRAMENTO – The California Highway Patrol and the California Office of Traffic Safety are working together to focus on child safety through the California Restraint Safety Education and Training, which is also called the CARSEAT II campaign.

Reducing the number of children killed in collisions because they were not properly restrained is the goal of the yearlong CARSEAT II campaign. The CHP will host educational seminars, classes and child safety seat inspections throughout California to help meet the goal.

“Making sure every child in your vehicle is buckled up in an appropriate car seat for their age and size is the easiest way to prevent serious injury or even death in the event of a crash,” CHP Commissioner Warren Stanley said. “Drivers should set an example by always buckling up and requiring everyone in the vehicle to wear their seat belt, no matter how short the trip.”

California law requires a child be properly restrained in an appropriate child safety seat in the rear seat of a vehicle until they are at least 8 years of age. For the best protection, all children should ride rear-facing until they reach the upper weight and height limits of their car seat.

Child passenger safety seats reduce the risk of fatal injury by 71 percent for infants and by 54 percent for toddlers in passenger

cars, the National Highway Traffic Safety Administration has reported. In California, preliminary 2017 data from the Statewide Integrated Traffic Records System of the CHP recorded 17 unrestrained children age seven and younger killed in traffic collisions in the state.

In addition to educational efforts, the CHP will be conducting enforcement operations concentrating on seat belt violations throughout the year with a special emphasis during the national “Click It or Ticket”

campaign of OTS and national Child Passenger Safety Week.

More information regarding child passenger safety, child safety seats and seat belt regulations is available at any local CHP area office.

Funding for the program was provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

Submitted by the California Highway Patrol.

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ENTERTAINMENT

Dallas International Guitar Festival award, Grammy Camp among Cullins' achievements

Joe Naiman
Village News Correspondent

This year for Fallbrook musician Anthony Cullins has included taking first place at the Dallas International Guitar Festival's 10 Under 20 competition, playing at Don's Celebrity Theater in Don Laughlin's Riverside Resort Hotel and Casino Celebrity Theater in Laughlin, Nevada and attending the 2018 Grammy Camp in Los Angeles.

"I'm just playing all over the place," Cullins said.

Cullins, who turned 17 in December, was one of 10 contestants in the 10 Under 20 contest May 6 at Dallas Market Hall. Each contestant played one song of his or her own choosing. "I'm from California and I was going to play Texas, so I did a surf song," Cullins said.

The guitarists were allowed to use a medley as a single song, and Cullins' song was a medley utilizing Pipeline and Miserlou.

The contestants were judged on technique and stage presence. Cullins was selected as the winner. "It was just an honor, and it was really shocking," he said.

Cullins noted that his competitors also provided high-quality performances. "None of them were slouches," he said. "All

of the kids there actually knew what they were doing."

Cullins relished being on the stage with such talented colleagues. "It was really cool to be a part of that," he said. "It was really an honor, just a good experience."

Jimmy Wallace and David Malone are the organizers of the Dallas International Guitar Festival. Cullins attended the National Association of Music Merchants convention in January at the Anaheim Convention Center and met Wallace and Malone. "We just started talking about guitars and stuff and just hit it off," Cullins said.

Wallace and Malone informed Cullins of the 10 Under 20 contest as well as the festival itself. "It was definitely like a huge thing," Cullins said of the festival.

His performance at the Dallas International Guitar Festival would have been his first show outside of California, but Cullins joined the Six String Society for five nights at Don's Celebrity Theater so his April 11-15 performances were his first outside of his home state. "It was really a lot of fun," Cullins said of playing in Laughlin.

Cullins is legally too young to be a casino patron. "There were no issues. It was all figured out," he said. "It all went smoothly."

What Cullins didn't expect was



Anthony Cullins is the winner of the Dallas International Guitar Festival's 10 Under 20 competition.

to meet a patron from Fallbrook – who was unaware that local musicians were performing. "There were so many people there that didn't know about the show," he said.

The Six String Society still attracted an audience. "There were just people from all over," Cullins said. "People are paying money to get into these events, so obviously they really want to be there."

Don's Celebrity Theater differed

from local venues in how much of an audience Cullins had. "It's definitely bigger crowds," he said.

"It's been a lot of fun," Cullins said of playing in Laughlin. "Everybody I met there were really cool."

The Grammy Camp was at the University of Southern California and is a music industry camp for high school students. "You have to apply and you have to hope you get picked," Cullins said. "You just hope you get the call back."

The application includes a video essay. "I just talked about why I want to be in the music business track and how I would benefit from it," Cullins said.

Cullins submitted his essay in November and was notified of his acceptance in March. He was one of 87 high school students from 21 different states selected for the July 17-21 Grammy Camp. "I was really stoked to be accepted," he said.

The Grammy Camp program has eight different tracks: audio engineering, electronic music production, instrumental performance, music business, music journalism, songwriting, video production and motion graphics, and vocal performance. Cullins had also attended the 2017 Grammy Camp. "Last year I took a guitar track and this year I took a music business track," he said.

"It was really an honor to go there again because I learned so much the year before," Cullins said. "I knew I was going to take

away so much from it."

Attending for a second year but on a different track complemented Cullins' 2017 experience. "I just learned different things than I did last year," he said. "They still apply to each other."

Cullins noted that he was among dozens of young musicians seeking a career in the industry. "You're surrounded by people who have the same drive you do," he said.

"The staff is really cool, really helpful, and really easy to talk to," Cullins said. "It's just really cool; you get a lot out of it."

Cullins was born at Tri-City Hospital and is a lifelong Fallbrook resident who attended William Frazier Elementary School and Potter Junior High School. He is now a senior at Mission Vista High School.

Cullins formed his first band, Lucid, when he was 12. He was in Lucid for approximately a year and then formed a band called the Vigilantes. He formally uses Anthony Cullins for his solo projects but is also known as The Fallbrook Kid. Cullins released an extended play album in spring 2016, and in April 2017 he released his first full CD which is titled "Hittin' All Cylinders".

Between his Dallas International Guitar Festival and Grammy Camp activities Cullins joined Fallbrook musician Casey Hensley's band for the June 16 Julian Blues Festival, and Cullins also was with Hensley for the Sept. 1-2 Long Beach New Blues Festival.



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Fallbrook native Anthony Cullins is also known as The Fallbrook Kid. Courtesy photos



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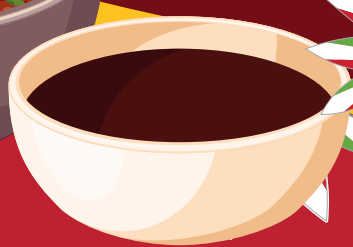
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Camarada presents the art of harp

FALLBROOK – Camarada returns to Fallbrook 3 p.m., Sunday, Oct. 28, for a performance featuring Elena Mashkovtseva on harp, Beth Ross Buckley on flute and Travis Maril on viola.

The performance will be held in the community room of the Fallbrook Library and is free to the public.

“Fallbrook Music Society is working hard to stretch the scope of classical music concerts we bring to our community and this concert has a wow factor of 10,” executive director Ann Murray said.

Mashkovtseva is the “go to” harpist in the Western region. A graduate from the Moscow State Tchaikovsky Conservatory, Mashkovtseva has performed with the National Symphony Orchestra of Russia, the Moscow State Symphony Orchestra, the Bolshoi Theatre and the National Radio and Television Orchestra of Moscow.

Since immigrating to the United States, Mashkovtseva has served as the principal harpist for Orchestra Nova, Baja California Orchestra, San Diego Symphony and appears frequently with San Diego Chamber Orchestra and San Diego Opera.

“Harp literature is especially diverse as the instrument lends itself to unique interpretation, so I hope this concert brings out people interested in learning about the harp, up close and personal, from someone who is truly, truly gifted,” Murray said.

Joining Mashkovtseva is Camarada executive director Beth Ross Buckley. Buckley received her bachelor’s degree in flute performance from St. Olaf College and her master’s of music from the University of Minnesota. Buckley served as principal flute of the former San Diego Chamber Orchestra/Orchestra Nova and performs regularly for Broadway San Diego.

The program also features Travis Maril on violin and viola. Maril was a top prize winner at the Fischhoff National Chamber Music Competition and appears routinely in La Jolla Music Society’s SummerFest and Mainly Mozart.

The concert begins with a 2:30 p.m. program preview. A reception immediately follows the concert on the Poet’s Patio. For more information, visit FallbrookMusicSociety.org.

Submitted by Fallbrook Music Society.



Harpist Elena Mashkovtseva is set to perform with Beth Ross Buckley on flute and Travis Maril on viola Oct. 28, at the Fallbrook Library as part of the Fallbrook Music Society’s concert series. *Courtesy photos*

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Library hosts reception for artists Oct. 19

FALLBROOK – The Friends of the Fallbrook Library is currently hosting an exhibition titled “Sanctuary,” which will be on display through Nov. 2.

The exhibition artists address the issue of finding a safe place – a sanctuary – in these times when violence and fear threatens people in many parts of the world. Artists from around Los Angeles are featured in the show.

The library will host a reception Friday, Oct. 19, from 6-9 p.m., providing an opportunity to meet the artists. Musica Sin Fronteras will perform Latin American music, and appetizer bites will be provided.

The event is free and open to the public. The library is located at 124 South Mission Road in Fallbrook.

Submitted by Friend of the Fallbrook Library.

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Fallbrook senior dog walkers

After a wonderful rain and a night of Santa Ana winds Monday morning, one of Fallbrook’s morning dog walk groups, stops to socialize and sniff. Left to right: Diane (former school secretary) and her dog Mandy, Bob (former Alaska commercial fisherman) with Chloe and Spirit, Bob (former software engineer) with Dixie, Melinda (Big Bear Solar Observatory) with Skipper, Jen (new in town - Welcome! former accountant) with Archie, Ray (former Disneyland employee) with Angel, Don (former food distributor) with Layla and Roxie.

Courtesy photo

Call Gretchen at (760) 315-0555 with Senior news

Answers to last week’s crossword,
10/11/18 edition.

1	P	L	U	S	5	H	A	R	T	9	R	A	S	P	S																																
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46	A	N	C	47	S	H	H	48	C	O	M	E	D	O	51	W	N	T	O	E	53	A	R	T	H	54	C	H	O	U	56																
57	O	V	A	R	Y	58	H	O	U	R	59	C	H	O	U	60	R	E	T	I	E	61	I	S	N	T	62	H	E	W	S	63	K	N	E	E	D	64	P	E	G	S	65	Y	A	N	K

AARP Fraud Watch Network: Scam alert tip

It seems that everyone over-shares on social media sites these days. But sharers beware! Scammers have become increasingly smart and sneaky, using information people share online to find targets for their next scams. For example, if you share photos and status updates about your vacation out of the country, scammers may use this opportunity to contact your listed relatives pretending to be you, say you’re in trouble and ask for money. While social media is a useful tool to keep distant family and friends up-to-date on your life, it is important to adjust the privacy settings on



Courtesy photo

your account and be mindful of who can see your posts. Exercise discretion in what you post online to avoid being the target of a scam. Be a fraud fighter! If you can spot a scam, you can stop a scam.

Report scams to local law enforcement. For help from AARP, call 1-877-908-3360 or visit the AARP Fraud Watch Network at www.aarp.org/fraudwatchnetwork.

Crossword by Myles Mellor

1	2	3			4	5	6	7		8	9	10	
11			12		13					14			
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	18						19						
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57							58	59					60
61						62					63		
64						65							

- Across
- 1. Watson makers
 - 4. Cry of eagerness
 - 8. Chemical suffix
 - 11. Uzbekistan’s ___ Sea
 - 13. “Gladiator” main scene location
 - 14. Suitcase
 - 15. Beijing language
 - 18. Prefix with “graphy”
 - 19. Better

- 20. Some shoe widths
- 22. Has debts
- 23. Bulova rival
- 27. Remove a bottle top
- 31. Dealer represents it
- 32. Corp. heads
- 33. ___ hunch
- 36. Country hound?
- 40. Ed.’s in-box filler
- 41. Canape spread

- 42. Actress Massey of “Frankenstein Meets the Wolf Man”
- 43. Lowest pitched persons
- 44. Stringed instruments
- 45. Japanese instrument
- 48. Lobster eggs
- 50. “The Bald Soprano” playwright
- 53. Uncle Sam feature
- 57. Hearty first course
- 61. Family problem
- 62. State subjectively
- 63. Cultivator
- 64. Talk noisily
- 65. Jr.’s exam
- 66. ___ Jeanne d’Arc

- Down
- 1. “___ a Rock” (1966 hit)
 - 2. Bric-a-___
 - 3. Authority
 - 4. “... ___ quit!”
 - 5. Barnyard pecker
 - 6. Story starter
 - 7. Chemistry Nobel Otto
 - 8. She pounded the East Coast in 2011
 - 9. Spinal column features
 - 10. Fencing weapon
 - 12. “Bad” cholesterol, initially
 - 13. Soul singer India ___
 - 14. Act the rodent
 - 16. Cosmonaut Leonov, the first human to walk in space
 - 17. Pancake maker
 - 21. Like
 - 23. Those over there
 - 24. They’re charged and exchanged
 - 25. Faces
 - 26. Night school subj.
 - 28. Retreats
 - 29. One who will inherit, with someone else
 - 30. Chemist’s suffix
 - 33. Emanation
 - 34. ___ of the above
 - 35. “What ___!”
 - 37. Mudbath locale
 - 38. Former space shuttle commander Collins
 - 39. Badger
 - 43. Anjou alternative
 - 45. “M*A*S*H” setting
 - 46. Slightly ahead
 - 47. Watch
 - 49. Instrument in a wind quintet
 - 50. Uncertain
 - 51. Use a butcher’s block
 - 52. Butterfinger’s cry
 - 54. Silvery gray
 - 55. Little hoppers
 - 56. The Everly Brothers, e.g.
 - 58. Actress, Long
 - 59. QB’s failure, abbr.
 - 60. Ante-

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Work continues to work on Monserate Winery

Tom Ferrall
Staff Writer

Jade Work will always remember the only time he got fired, especially because he got the boot on the very property he owns today and is transforming into Monserate Winery.

“I rolled a golf cart,” said Work, who as a teenager performed many duties while working at Fallbrook Golf Club before his “having too much fun” driving a cart resulted in a wipeout and a pink slip.

“I worked in the kitchen, parked carts and painted the range balls – put the stripe on them,” recalled Work.

Work could have no idea back then that he would one day buy the 116-acre property, which he did Nov. 15, 2016, a few months after the financially-failing golf course had

A big garden area with a “huge fountain in the center” will be located where the old putting green was positioned, providing a beautiful setting for people to sit, relax and enjoy a glass of wine.

A winemaking and barrel room will be built into the hillside of the old ninth green, and nearby will be a courtyard venue for corporate events, weddings or parties. The courtyard area will overlook a pond (which will replace the old equipment area) and feature a nice view of Oak trees.

There will be two other event venues – one on the old 17th green and the other on the old 11th green – that will include lakes with waterfall features, providing a perfect backdrop for a wedding or special event.

Work plans immaculate



Jade Work, owner and developer of Monserate Winery, stands among a variety of Italian grape vines planted in Fallbrook's Gird Valley.



Monserate Winery vineyards are replacing fairways on the “back nine” of the former Fallbrook Golf Club property. Shane Gibson photos

closed. The property was falling into the hands of housing development-minded individuals when Work and his wife, Julie, saved the day with their successful purchase of the 18-hole layout for \$4.1 million.

Work, who as owner and operator of Integrity Golf has directed construction of majestic golf courses throughout the U.S., had crews working on the old Fallbrook Golf Club property the day after escrow closed. The action has continued ever since, slowed only by county regulations and permitting processes.

“We’ve gotten a helluva lot of work done in the last year and a half,” said Work, noting the huge cleanup of the property, the removal of non-native species, the installation of a new irrigation system, the drilling of two new wells and, of course, the planting of vines.

Forty-five acres of Italian wine grapes were planted on the “front nine” (the east side of Gird Road) of the former golf course in 2017 and another 45 acres are going in on the “back nine.” Fifteen varieties of grapes are planted, including Falanghina, Montepulciano, Barbera, and Negroamaro.

Work said the Italian grapes were chosen based on the climate of the Gird Valley, stating, “these varieties should do very well here.” He also

landscaping throughout the property and that includes some vines that will be head-pruned (creating canes that get big and fat) to provide a natural landscape barrier that will hide grove roads from view.

Work said his background in constructing golf courses has helped him with the Monserate Winery project.

“Whenever you design a golf course, you walk around before it’s ever routed and you look for the most incredible (natural) features and you figure out how to work with it,” said Work. “This property has legit natural beauty.”

The million dollar question – make that, the multi-million dollar question – is when is Monserate Winery going to be completed and open to the public?

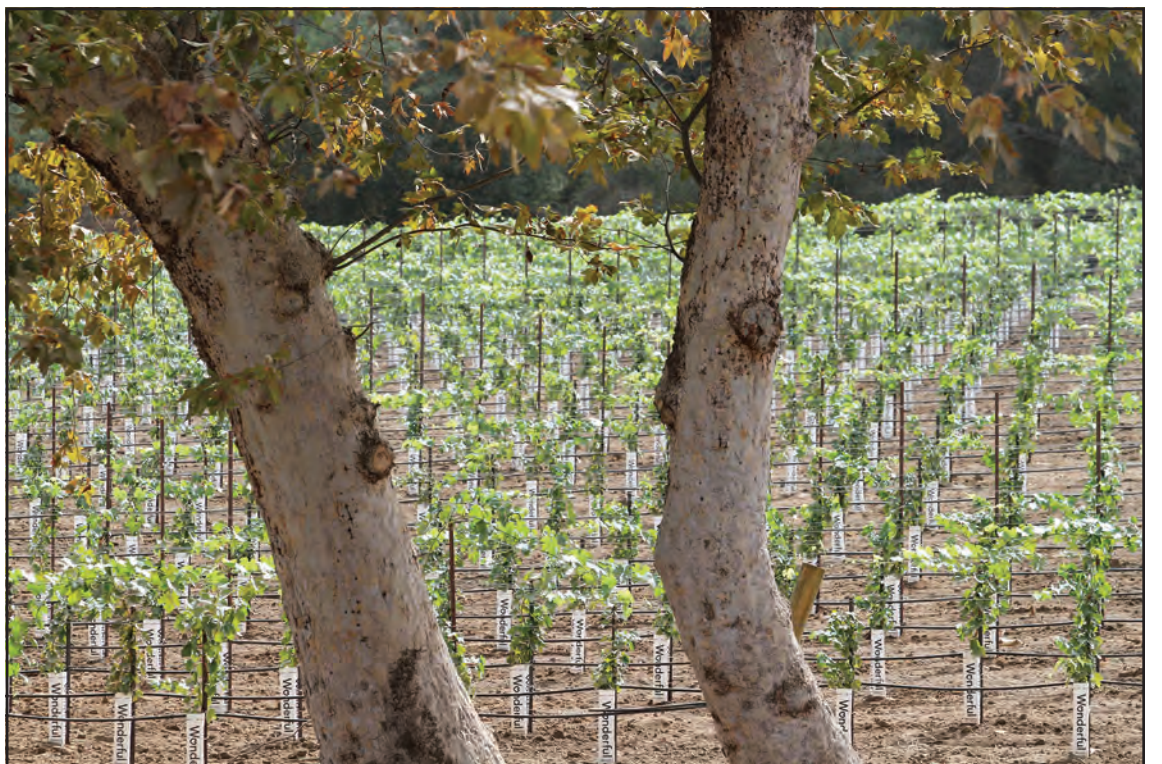
“I honestly don’t know how to answer that because I don’t know what the county is going to say next,” said Work, who has repeatedly had to make revisions to his plans before turning in the major use permit modification.

As soon as all plans are approved (estimates are it will likely take a year), construction of facilities will begin. Work said he is hoping for a grand opening in late 2020.

Work is also working with the Fallbrook Land Conservancy on



Monserate Winery vines planted in 2017 on the former “front nine” of the old Fallbrook Golf Club continue to mature.



Vines planted near majestic Oak trees make for a beautiful setting at Monserate Winery.



Owner Jade Work looks over design plans for his Monserate Winery property.

likes the idea of Monserate being a “very specialized winery.”

By having 90 acres of grapes, Work said there will be no need for outsourcing.

“We’re going to grow all of our own grapes and harvest them ourselves,” said Work. “We will be in complete control of hopefully producing something that’s really, really spectacular.”

Making something spectacular is what drives Work, who has said from the beginning that his goal is to build a “world-class” winery that is “just beyond beautiful.”

Those plans include a restaurant built in old world Italian design that will offer indoor and outdoor dining. The restaurant building will be built where the old golf course restaurant/bar/pro shop and offices once stood and will include a separate wine tasting room (located where the old dining room was) that will offer indoor and outdoor wine tasting.

finalizing conservation easements, which will protect the property from sprawling development in perpetuity.

Saving the property is one of the reasons Work purchased it.

“When I come here, I’m ecstatically happy,” said Work, who added that the land’s beauty reassures him that all the effort is worth it.

“The 10 or 20 emails a day with all the different engineering groups and consultants trying to get the project to be in conformity of the rules of the county, sometimes that becomes overwhelming,” said Work. “You know, it’s like how do you eat an elephant – just take a bite, take a bite, take a bite.”

For the investment he’s made in Monserate Winery and Gird Valley, it would only be fair that when Work does open the winery he hears guests say, “I’ll take a bottle, I’ll take a bottle, I’ll take a bottle.”



Jade Work, owner of the new Monserate Winery in Fallbrook, looks over head-pruned vines that will grow to provide a natural landscape barrier on the property.

REAL ESTATE & HOME AND GARDEN

The first three seconds



Amelia Smith Courtesy photo

Amelia Smith
Amelia Smith & Associates

According the National Association of Realtors, it takes online home shoppers three seconds to view the initial photo of your home and decide whether to “click through” to the entire presentation. How important is the primary photo an agent selects? It is critical.

Personally, I call it the “money shot.” When I collaborate with my photographer to shoot a property, it is the one we agonize over. That photo must be captivating, of the highest quality and framed just right to make an exciting capture.

According to studies, it should be a front elevation of the home.

Buyers prefer to see curb appeal first. Sometimes it comes from a drone-mounted camera. The careful selection of a winning photograph is equally important for use in print advertisements and brochures.

Also important is the order of the following shots. They should compel a viewer through the entire presentation. Each shot should make the homebuyer curious about the next. If there is an amenity that is particularly valuable or unique, it may warrant more than one view.

Is the kitchen the heart of your home? Shoot it from every angle. Does the great room offer the best views? Capture them in photography showing the relationship of the room to the

view. Presentation is everything!

I am often asked whether I prefer to stage homes. Your taste in furnishing and design may be far superior to mine. But, I know what sells. And, from experience, I know what the camera likes. I usually suggest ways to maximize what is already present in a client’s home. The importance of sale-preparation and staging cannot be overestimated.

How important is high-quality photography? Seventy percent of homebuyers are seeing the home they eventually buy for the first time online and 60 percent of their time is spent looking at photos. Photography can influence the time it takes for your home to sell and the quality of the leads

generated. An agent should always be meticulous about photography and even humble properties deserve more than cellphone shots.

Through our online real estate portals we have a limited number of photo fields. Limited opportunities to cause a homebuyer to pick up the phone, make the call and buy your home. That first three seconds may be the most important time-frame of your entire transaction. Make sure they are utilized wisely. Please call on me today to learn more.

For more information contact Amelia Smith at (760) 505-1553, amelia4079@gmail.com or SellFallbrookBonsall.com.

Fair Housing News: Reasonable modifications and requirements placed on requesting tenants

SAN DIEGO – A reasonable modification to a rental home is defined as a structural change made to existing premises, occupied or to be occupied by a person with a disability, in order to afford such person full enjoyment of the premises.

Reasonable modifications can include structural changes to interiors and exteriors of dwellings and to common and public use areas, according to Joint Statement of the Department of Housing

and Urban Development and the Department of Justice, Reasonable Modifications Under the Fair Housing Act of March 5, 2008.

A tenant renting from a private housing provider is responsible for paying the cost of the reasonable modification. A housing provider that receives federal financial assistance is responsible to pay for the cost of the reasonable modification.

One common reasonable modification is a tenant asking

for a ramp to enter the rental unit. Persons who use wheelchairs or who have difficulty walking up steps may need a ramp if the only entrance to the unit has a steps or a large threshold into the unit.

Housing providers may recognize the need of the tenant to have a ramp but deny the reasonable modification request because the housing provider is concerned about the construction of the ramp or its aesthetics.

If a permanent ramp is being

installed, the housing provider can ask the tenant to have it performed in a “workman-like manner,” which usually means involving a licensed contractor to install the ramp; however, the housing provider cannot require the tenant to use a specific contractor or other professional.

A housing provider cannot require the tenant to only use a certain kind of ramp. If the tenant is going to install a ramp that the housing provider does not like for

its aesthetics, the housing provider may pay the difference to install a ramp the housing provider prefers.

For more information, call The Legal Aid Society of San Diego Inc. at (844) 449-3500 or TTY (877) 735-2929 or visit www.lassd.org.

Submitted by Fair Housing Center of the Legal Aid Society Of San Diego Inc.

Communities benefit from solar plants

SAN DIEGO – A newly built solar plant is providing clean, renewable energy to customers signed up for San Diego Gas & Electric’s EcoChoice and EcoShare programs.

The new solar plant and two more that are in development will deliver a combined 42.4 megawatts of additional renewable energy to the San Diego region, enough to power about 31,800 homes.

“SDG&E is committed to

providing our customers with renewable, community-based energy choices,” Kendall Helm, vice president of energy supply for SDG&E, said. “These new solar plants will deliver sustainable energy options to customers regardless of their ability to access private solar systems and represent a growing investment in the regional economy.”

The Midway Solar III project, owned by Greenbacker Renewable Energy Company, began

delivering energy in September. The 20-megawatt solar power plant, which is located in the Imperial Valley, is the first to be built to serve customers enrolled in SDG&E’s EcoChoice program.

Residents and businesses who sign up for EcoChoice can elect to purchase between 50 and 100 percent of their electricity from renewable energy sources. Next, SDG&E buys renewable energy on their behalf from generating facilities built specifically

for the program.

The California Public Utilities Commission recently approved two additional solar plants through the Green Tariff Shared Renewables Program.

The first, which is being developed by Ormat Nevada Inc. in the Imperial Valley, will deliver 20 megawatts of renewable energy for the EcoChoice program. The solar plant is scheduled to be completed in late 2019.

The second project, located in

Campo, will be the first community solar plant approved for SDG&E’s EcoShare program, which allows customers to purchase renewable energy directly from a local renewable energy developer. The 2.4-megawatt plant is being developed by Forefront Power and is scheduled to begin delivering power in spring 2020.

The National Renewable Energy Laboratory estimates that nationwide approximately 49 percent of households lack adequate rooftop space for solar systems. Additionally, according to the California Center for Sustainable Energy, 29 percent of San Diego residents live in multi-family homes.

The EcoChoice and EcoShare programs provide most residents and businesses the option to buy renewable energy, even if they don’t own their home, can’t afford the upfront cost of solar or do not have the ability to put private solar panels on their roof. For more information, visit www.sdge.com.

Submitted by SDG&E.

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Actual installation, Mark explains work that has been done with owner Toni

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– Ray and Toni Mendoza, Fallbrook



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 3490 Via Zara Ct, Fallbrook \$1,199,000	 4205 Via Rancho Del Lago, Bonsall \$1,150,000	 3192 Los Alisos, Fallbrook \$1,150,000	 3891 Wendi Ct, Fallbrook \$1,100,000	 3763 Keri Way, Fallbrook \$1,050,000	 2869 Dos Lomas, Fallbrook \$1,050,000	 3012 Ridge Creek, Fallbrook \$1,029,900
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 1821 Winterwarm, Fallbrook \$1,290,000	 5789 Lake Vista, Bonsall \$1,265,000	 3961 Citrus Drive, Fallbrook \$1,225,000	 3154 Reche Road, Fallbrook \$1,200,000	 2026 Gird, Fallbrook \$1,150,000	 30452 Luis Rey Heights, Bonsall \$1,150,000	 1210 Clos Duval, Bonsall \$1,148,888
 2560 Wilt Road, Fallbrook \$1,100,000	 3874 Wendi Court, Fallbrook \$1,085,000	 1085 Camino Alisos, Fallbrook \$1,050,000	 3617 Logwood Place, Fallbrook \$1,025,000	 3045 Via del Cielo, Fallbrook \$990,000	 3646 Paseo de Olivos, Fallbrook \$905,000	 2848 Mesa Grove, Fallbrook \$879,900
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 3127 Alta Vista, Fallbrook \$677,000	 3255 Alta Verde, Fallbrook \$675,000	 642 Norwynn Lane, Fallbrook \$675,000	 2130 Castlebay, Fallbrook \$662,000	 2824 Rainbow Valley, Fallbrook \$650,000	 2749 E. Mission, Fallbrook \$649,900	 850 Maravilla, Fallbrook \$649,900
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Offered at \$897,000

Fallbrook Market Update

Data from CRMLS.

	Sept 2017	Sept 2018	Sept 2016-2017	Sept 2017-2018
LISTINGS	56	61	1024	971
PENDING SALES	57	45	704	585
SOLDS	55	38	701	596
DAYS ON MARKET	37	46	42	45

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Real Estate Round-Up: Where have all the buyers gone?



Kim Murphy
Murphy & Murphy Southern California Real Estate

California's housing market has faltered for the fourth straight month in September. Home sales in San Diego County declined by 10.4 percent in August in a year over year comparison. In Fallbrook, only 38 detached homes closed escrow this September compared to 55 in September 2017. These numbers projected over an annualized number would put total sales in the state at under 400,000 units. So, what is going on?

Active listings, in comparison, have risen for five consecutive months, after 33 months of straight declines, increasing 17.2 percent from 2017. This increase in inventory has led to an increase in price discounts. Interest rates have risen to 4.55 percent in August, up from 3.88 percent in August 2017.

San Diego has record unemployment, falling to 3.4 percent in August. This is below the state average of 4.2 percent and the national level of 3.9 percent. For the first time in 20 years, there are more job openings than there are people looking for work. There are more jobs than people out of work. The U.S. economy has never experienced that before. There are 6.7 million job openings and 6.4 million workers available to fill them, according to the Bureau of Labor Statistics. So, what is going on?

Consumer debt has risen only 5 percent annually for the last few years. Past recessions were preceded by debt increases of 10 percent or more. More importantly, the largest part of that debt is home mortgages.

Consumer confidence this year is at an index level of 127, the highest reading in more than 20 years, (100 is considered neutral). Gross domestic product is 4.2 percent for the second quarter of 2018. GDP in the United States averaged 3.22 percent from 1947 until 2018. So, what is going on?

This lack of activity is unprecedented. The Fallbrook market is historically strong from Sept. 15 through the end of the year. Most buyers are retired, so they're done visiting their families and seeing their grandchildren, they are done with their vacations, and ready to find that new home before the holidays.

I'm writing this from Long Beach, California, while attending the fall board of directors meeting for the California Association of Realtors. I spoke with Leslie Appleton Young, CAR's chief economist to get her read on this stall we are experiencing. She believes that the market is re-calibrating. Many of the buyers experienced the 2008 dramatic drop and are not willing to take that risk again. Interest rates are also slightly up, so buyers trying to get in the market, are being priced out. It is happening across the state and the nation.

We appear to be heading into a level market; one where neither the sellers nor the buyers have the upper hand.

My suggestion is: If you are a seller 1) Do not overprice your home. If you price your home slightly below market, you could end of with multiple offers which will push your price up. You can't underprice your home, but you definitely can overprice your home, which will only lead to frustration for you. Statistically, homes that are overpriced eventually end up selling, once reduced, but for much less than if they had been priced correctly from the beginning.

2) Work with an experienced Realtor who can help you determine that price and negotiate strongly for you.

If you are a buyer 1) Work with an experienced Realtor who can help you understand the correct value of a home and will negotiate strongly for you.

Sellers and buyers can win in this level market. We're here to help!

Kim Murphy can be reached at kim@murphy-realty.com or (760) 415-9292 or at 130 N Main Avenue, in Fallbrook. Her broker license is #01229921, and she is on the board of directors for the California Association of Realtors.





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Areas in Fallbrook and Bonsall are slated for increased density

Joe Naiman
Village News Correspondent

Four Fallbrook areas and two Bonsall areas are slated for dwelling unit density increases.

The San Diego County Board of Supervisors heard property-specific requests for general plan amendments and rezones Sept. 12 and directed county staff to prepare the necessary documentation for the actual rezones and general plan amendments.

“We do have to consider increased units in some places,” board of supervisors’ chair Kristin Gaspar, whose 3rd District had a request for increased density only in unincorporated Escondido.

In some cases, a property-specific request covered multiple parcels to allow for consistency. The 23 requests covered 882 parcels, totaling 9,336 acres. Staff from the county’s Department of Planning and Development Services made recommendations on the requests based on consistency with the county’s general plan, an analysis of the site and how the changes would conform to county policies including general plan elements, consistency with community plans, consistency with the county’s Zoning Ordinance, California Environmental Quality Act compliance and public outreach response.

The county’s planning commission heard the property-specific requests for general plan amendments and rezones during hearings June 22 and June 29. Tentative planning commission votes were taken on each property-specific request before an overall vote incorporating all but one of the tentative vote results was taken.

The 7-0 vote to recommend the overall changes or lack thereof was followed by a 6-0 vote for a Valley Center area whose applicant’s previous business relationship with planning commission member Michael Edwards required Edwards’ recusal for that proposal.

One of the Bonsall analysis areas covers 120 parcels totaling approximately 921 acres. The area just west of Interstate 15 has semi-rural, one dwelling unit per 10 acres, land use designation, which would allow for 129 dwelling units. The proposal sought semi-rural, one dwelling unit per 4 acres, land use, which would allow 196 dwelling units. An alternative map which provided for the SR-4 designation only in the northeastern portion equates to 165 dwelling units. A 6-1 planning commission tentative vote recommended the density proposed by the property owner.

PDS staff had recommended the alternative map while the

Bonsall Community Sponsor Group supported retaining the existing SR-10 designation. SR-4 land use throughout the area was deemed inconsistent with the general plan policies which require land use mapping to minimize exposure to hazards, especially fire hazards and with the policy which requires development to be consistent with the community development model and close to existing infrastructure and services.

The southern and western portions of the reviewed area include steep slopes with habitat constraints, multiple dead-end roads and roads not built to fire access standards. Some of those roads have steep drop-offs on one side, which would preclude improving those roads to compliance. The northeastern portion near Calle de Talar is adjacent to a public road, has multiple roads currently built to fire access standards, is one-quarter of a mile from an I-15 on-ramp and has few steep slope or habitat constraints.

The constraints will likely result in fewer than 196 residences being built.

“You can’t build on all these slopes anyway,” Supervisor Bill Horn said.

Mount Ararat Way resident and property owner Bob Drowns, who had 7 acres of avocados on his property before increased water costs made the grove unsustainable, proposed the change to SR-4.

“It’s consistent pretty much with what’s there already,” Drowns said.

“It’s adjacent to existing SR-4,” Horn said.

A 4-1 board of supervisors’ vote, with Dianne Jacob opposed, approved changing the land use designation to SR-4.

One of the Fallbrook study areas is south of Pala Mesa Heights Drive and west of Rice Canyon Road. The 23 parcels total 491 acres. The general plan currently has rural lands, one dwelling unit per 20 acres and RL-40 land use designations, which would allow for 26 dwelling units.

The property owner request including additional parcels for consistency will change the RL-20 designation on the northwest part of the land to SR-4 and upzone the RL-40 land to RL-20, which will allow for up to 42 dwelling units. The proposed density received the planning commission’s 6-1 vote in favor of that recommendation.

PDS staff had recommended an alternative map which provided an RL-20 designation for the entire property and would have allowed 37 homes. The Fallbrook Community Planning

Group recommended an SR-10 designation for the entire area, although that recommendation was not analyzed by PDS.

“I think staff got this one right,” Jacob said.

Although the analyzed area is near higher-density specific plan areas on the east side of I-15, a mountainous area of habitat preserves and agricultural preserves separates the analysis area from the specific plan areas.

“This is not going to affect a wildlife corridor at all,” Horn said.

Horn noted that significant development surrounds the area.

“The property includes the Gregory Canyon landfill and Meadowood,” Horn said.

In January 2012, the board of supervisors approved the 384-acre Meadowood development which will include 397 single-family homes and 447 multi-family dwelling units, along with 13 acres for an elementary school which will be built by the Bonsall Unified School District. Although the Gregory Canyon area is still zoned for a solid waste facility, Gregory Canyon Limited never received all of the necessary permits to operate a landfill, and in 2016, the Pala Band of Mission Indians purchased the Luiseno sacred site on Gregory Mountain and eliminated the possibility of a landfill being constructed on the site which also included a buffer area. GCL retained approximately 1,000 acres and plans residential and commercial development for that land.

A 3-1 vote, with Jacob opposed and Ron Roberts abstaining, approved the property owner request.

The planning commission’s 6-1 tentative vote recommended retaining the SR-2 land designation for six parcels of Fallbrook land north of Reche Road between Camino Zara and Ranger Road which total approximately 107 acres. The existing land use designation equates to 49 potential dwelling units. The proposed change to SR-1 and SR-2 densities would have allowed up to 82 dwelling units. An alternative map to consolidate the SR-1 zoning on the northeast side will allow 64 potential dwelling units.

PDS staff recommended the alternative map and the Fallbrook Community Planning Group recommended retaining the existing density. The central portion of the area includes wetlands areas along the public road frontage, and areas of steep slopes and coastal sage scrub are outside the wetlands. The Fallbrook Public Utility District does not have latent sewer service powers for the area.

“It really doesn’t seem to

make a lot of sense,” Fallbrook Community Planning Group chair Jim Russell said of the proposed change.

Paul Garrett has lived on his Garrett Ranch Road property for 21 years and had been farming since he purchased the property.

“It is not paying off,” Garrett said. “Water is too high. Labor is almost impossible to get.”

Wilt Road resident Noel Glaser said that the evacuation during the December 2017 Lilac fire took residents more than an hour to leave the area and that the increased traffic would also adversely affect emergency travel since there is no nearby hospital.

“The thought of trying to get out of there sometimes is really getting kind of crazy,” Glaser said.

“There is no way to get out of Fallbrook in the afternoon or the mornings without tremendous delay,” Via Zara Court resident Michael Trinkle said.

Peony Drive resident Tina Andruss has lived in Fallbrook for 17 years.

“There’s no reason to increase the density of this parcel other than to satisfy the desire of the owner,” Andruss said. “It was enacted for a reason.”

Horn grows grapefruit, tangelos and avocados on his grove in Valley Center and understands that former agricultural land may no longer be feasible for farming.

“We’re an industry that’s on its way out,” Horn said. “You can’t afford to grow enough avocados to pay the water bills.”

The county supervisors voted 4-1 to approve the alternative map with Jacob opposed.

Horn said that any development would require existing roads to be improved to current standards.

“It’s better access for both the roadway and for fire,” Horn said.

“We have to create a careful balance between private property rights and also what’s right for the community overall,” Gaspar said.

Gaspar said that statutory residential density limits are reviewed when applications are processed.

“That number always goes down from there,” Gaspar said.

“I, too, respect private property rights and also the rights of those who live in the area,” Jacob said.

The evaluated area by Stewart Canyon Road covered 61 parcels, totaling approximately 579 acres. All of the parcels have an RL-20 designation which allows for 61 units. Because of steep slopes in the area, only one of those properties would be able to subdivide into two parcels if the land use was upzoned to SR-10, so the proposal which would increase the potential dwellings by only one residence had a 7-0 planning commission recommendation in favor.

No alternative map was provided, and the proposed change had the support of both PDS staff and the Fallbrook Community Planning Group. Because the applicant, the planning group, PDS

see *DENSITY*, page C-6

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To view call Patrick Marely
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To view call Viktoriya Mack
760-468-5795

DRE #02033885

North San Diego County real estate prices soften and market times increase going into the fourth quarter of 2018

Median time on market for Fallbrook 35 days, Bonsall 46

FALLBROOK – North San Diego County real estate continues an expected slowdown in number of homes sold and homes are taking longer to sell heading into fall. The average price per square foot has increased year over year continuing to make Real Estate a great investment tool, Jean Esop, a Realtor with Coldwell Banker Village Properties in Bonsall, reported last week.

Some economists state that 2018 might be the final period in a long string of happy years for the housing industry. Although residential real estate should continue along a mostly positive line for the rest of the year, rising prices and interest rates coupled with a generational trend toward home purchase delay or disinterest could create an environment of declining sales.

Here in the Bonsall – Fallbrook marketplace, we represent a unique pocket and cannot be compared with other areas in Southern California or even San Diego county.

Esop said the average sale price in Fallbrook for September was down 1.2 percent while Bonsall was down 13 percent as compared to one year ago. However, the average price per square foot was up for both Bonsall and Fallbrook when compared to 2017! According to Esop, 4 percent of the homes sold at prices equal

to or greater than their original listing price. Short sales were up 29.7 percent in the last 12 months while foreclosures were down 19.5 percent.

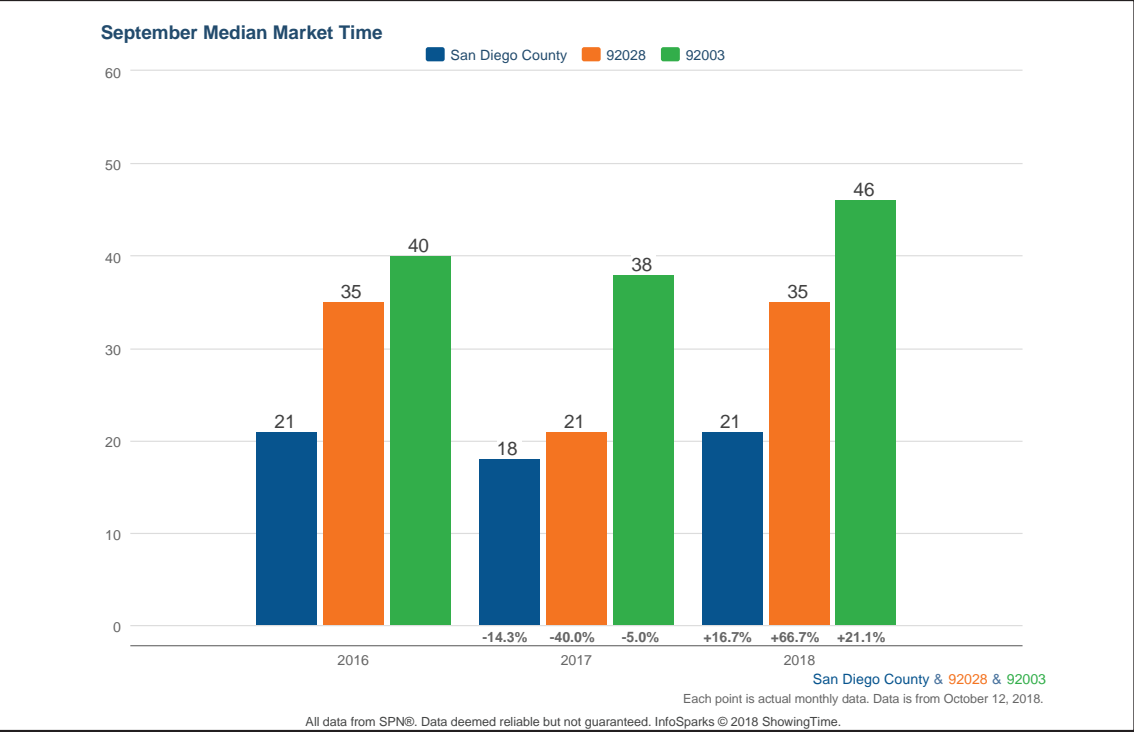
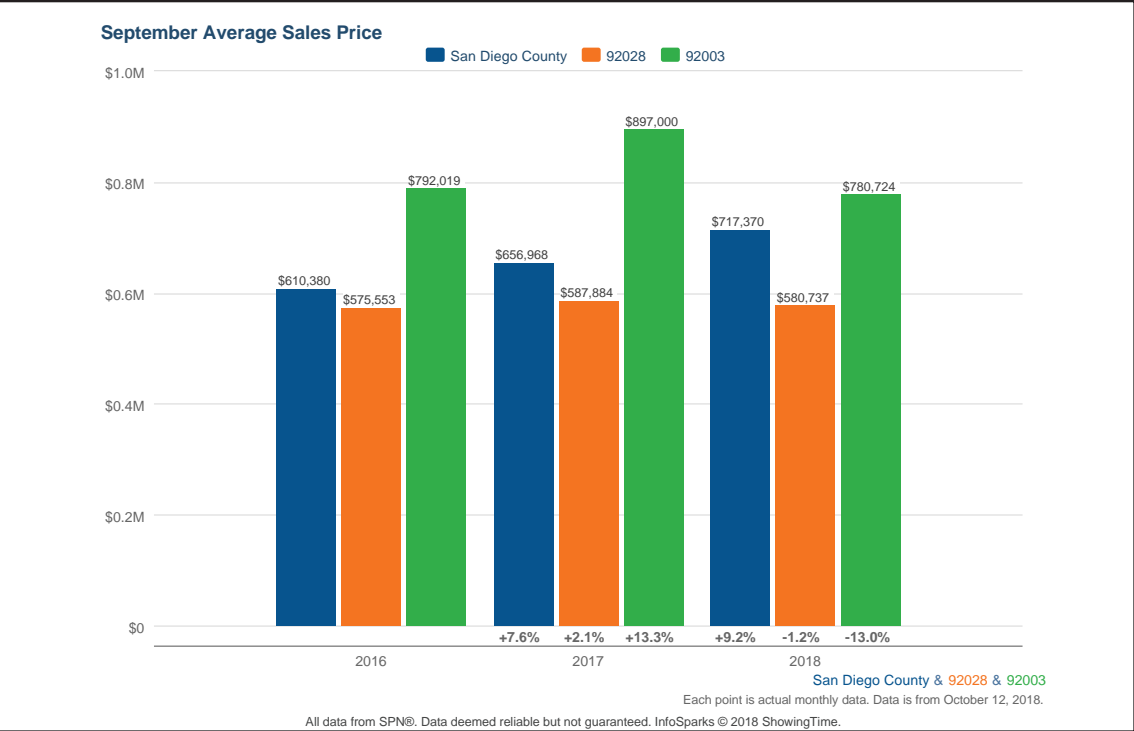
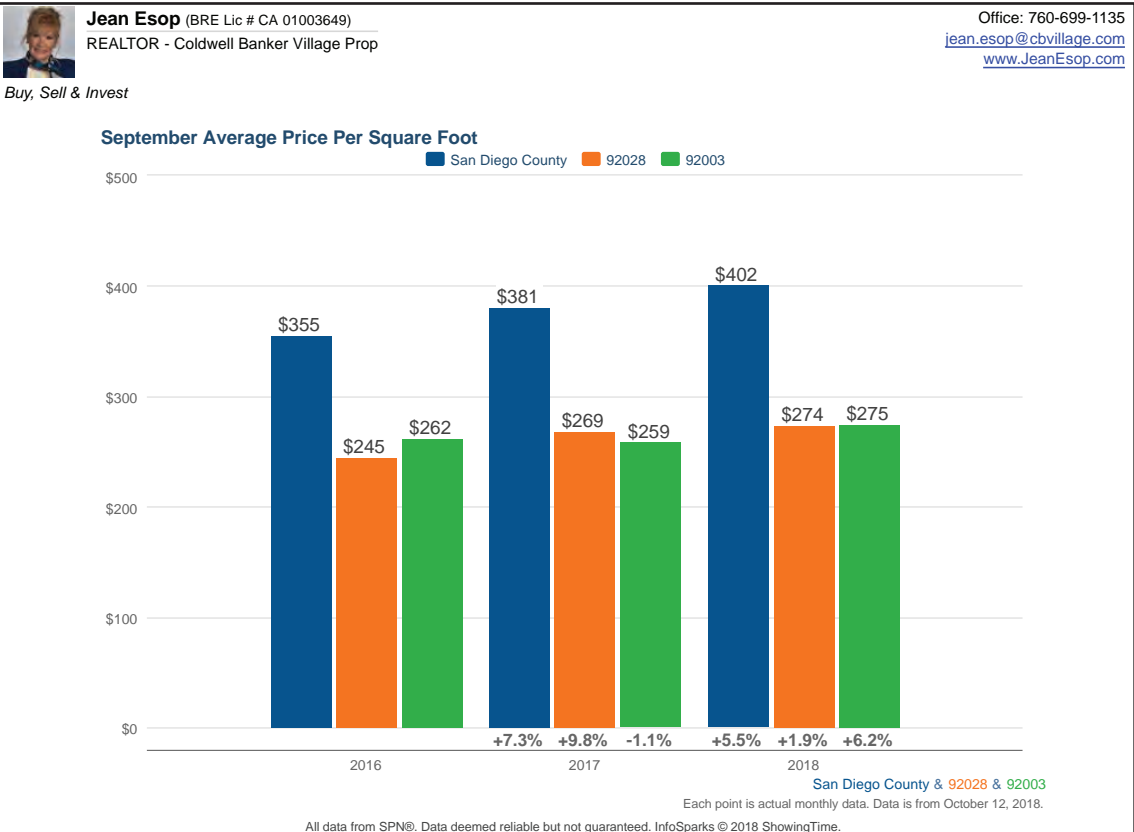
Entering October, approximately 230 homes were in active inventory for Fallbrook and Bonsall had 29 homes listed for sale. Fallbrook had 59 sales in September while Bonsall logged eight of which one was a foreclosure sale.

Esop’s data for the reporting period ending Sept. 30, 2018, and reported by Oct. 8, 2018, came from Sandicor, Inc. and San Diego county multiple listing service for Realtors. This report represents properties listed or sold by various brokers in the region.

She uses this information as a community service to analyze market trends and provide professional insight into real estate activity. Esop is a licensed Realtor (Calif. BRE#01003649) in the North County office of Coldwell Banker Village Properties, 5256 S. Mission Road, Ste 310, Bonsall, at (760-699-1135) (voice or text) or Jean.Esop@CBVillage.com.

Coldwell Banker Village Properties, founded in 1917, has 30+ agents locally, closed over 6000 transactions generating \$2 billion locally in sales, and more than 92,000 agents in 47 countries with over 3000 offices worldwide.

Submitted by Coldwell Banker Village Properties



DENSITY

from page C-5

staff and the planning commission were all in agreement, a 5-0 board of supervisors vote adopted the change to SR-10 without discussion.

The 51 parcels by Sandia Creek Drive and West Sandia Creek Trail total approximately 679 acres, and all currently have RL-20 zoning which allows for up to 61 dwelling units. The proposal to upzone the land to SR-10 will increase the maximum potential dwelling units to 68 residences, while an alternative map with an SR-10 designation east of Sandia Creek Drive and RL-20 density west of Sandia Creek Drive could allow 63 dwelling units. A 4-3 planning commission tentative vote recommended the alternative map.

The Fallbrook Community Planning Group recommended retaining the existing general plan designations while PDS staff recommended the proposed map. The area is constrained by Sandia Creek, tributary wetlands, steep slopes and native upland habitats. The analyzed area lacks public roads and Sandia Creek Drive, which is the main private access road, has sharp curves and steep roadside drop-offs.

“Any subdivisions would have to conform with the wildlife corridor,” Horn said.

A 3-2 board of supervisors vote

supported the property owner request with Greg Cox, Gaspar and Horn in favor and Jacob and Roberts opposed.

“It only increases the density by seven units,” Horn said. “This is negligible.”

The Western Champagne Gardens area is on the eastern edge of the Bonsall Community Planning Area, whose eastern boundary at that point is Old Highway 395 rather than I-15, which is west of the property. The reviewed area covered eight parcels and approximately 44 acres.

The existing land use map has some of that land as a specific plan area and the rest of that land with RL-20 density, which would allow one dwelling unit. A 7-0 planning commission vote recommended the requested change to SR-10 density with rural commercial areas, which would allow for up to eight dwelling units.

The Champagne Gardens Specific Plan was adopted by the board of supervisors in 1999 and allows visitor-serving commercial uses on both sides of Champagne Boulevard north and west of the Welk Resort, although the necessary implementing actions were not taken before the plan expired in 2007.

The 2011 general plan update retained the specific plan area land use designation and zoning for Champagne Gardens. The western portion of Champagne Gardens

is in the Bonsall Community Planning Area and the eastern portion is in the Valley Center Community Planning Area. The two portions were reviewed separately during the property-specific request process.

The alternative map was identical to the proposal, although PDS staff also reviewed an environmentally superior map which would have created an SR-10 designation for the entire property and allowed up to seven parcels. A dwelling unit may be built on an existing parcel even if that parcel size is less than the density size. The proposed alternative map was found to be consistent with the general plan goals and policies as the area between I-15 and Champagne Boulevard is highly constrained.

The area is mostly in the Pre-Approved Mitigation Area of the county’s draft North County Multiple Species Conservation Program because of the presence of coastal sage scrub and the potential to host California gnatcatcher birds in the area. The rural commercial land use designation which will have C42 Visitor Serving Commercial zoning will be in areas which have previously been cleared or which have mostly non-native grassland vegetation and will also be near existing commercial uses.

The county supervisors voted 5-0 to change the Western Champagne Gardens land use designation to SR-10 and rural commercial.



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\$171,000



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New Land Listing



Fallbrook

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\$350,000



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Guest House



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\$224,000



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SHERIFF'S LOG

October 2	
3000 block Overland Trl.	Miscellaneous incidents
700 block Alturas Ln.	Robbery

October 6	
900 block E. Mission Rd.	Arrest: Misdemeanor bench warrant
1600 block Calavo Rd.	Death

October 7	
N. Old Hwy 395 @ W. Rainbow Valley Blvd.	Stolen motorcycle
700 block La Palma Dr.	Petty theft from vehicle

October 8	
300 block N. Main Ave.	Arrest: Possess controlled substance paraphernalia; possess controlled substance; misdemeanor bench warrant
4700 block S. Mission Rd.	Commercial burglary
1600 block S. Mission Rd. (1)	Arrest: Felony probation violation; rearrest/revoke
1600 block S. Mission Rd. (2)	Possess controlled substance paraphernalia; possess controlled substance
300 block N. Main Ave.	Arrest: Possess controlled substance paraphernalia; possess controlled substance; misdemeanor bench warrant

October 9	
700 block S. Stage Coach Ln.	5150/Mental disorder
4900 block Dulin Rd.	Residential burglary
31900 block Wrightwood Rd.	Residential burglary
1700 block Canyon Heights Rd.	Domestic violence incident (call)
1400 block Los Conejos Rd.	Residential burglary
300 block E. Alvarado St.	Found narcotic, narcotic seizure
400 block Ammunition Rd.	Battery
1900 block Acacia Ln.	Residential burglary
35700 block Asturian Way	Arrest: Felony, spousal abuse with minor injury

October 10	
500 block S. Main Ave.	Burglary (for purpose of fraud/forgery); pass completed check with intent to defraud
300 block E. Alvarado St.	Miscellaneous incidents
500 block E. Fallbrook St.	Missing juvenile/runaway
500 block Ammunition Rd.	Miscellaneous incidents
1300 block S. Mission Rd. (1)	Arrest: Possess narcotic controlled substance; possess controlled substance paraphernalia; possess controlled substance; use/under influence of controlled substance; false identification to peace officer; misdemeanor other agency's warrant
1300 block S. Mission Rd. (2)	Arrest: Felony, other agency's warrant; use/under influence of controlled substance
3200 block Avocado Vista	Petty theft from vehicle
3300 block Red Mountain Heights Dr.	Obtain money/etc. by false pretenses

October 11	
2400 block S. Stage Coach Ln.	5150/Mental disorder
1100 block S. Mission Rd.	Theft by use of access card information

October 12	
1500 block Knoll Park Ln.	5150/Mental disorder
800 block Porter Way	Arrest: Battery
1700 block S. Old Hwy 395	Grand theft
2600 block Gum Tree Ln. (1)	Arrest: Misdemeanor bench warrant
2600 block Gum Tree Ln. (2)	Arrest: Misdemeanor bench warrant
600 block Norwynn Ln.	Missing adult

October 13	
500 block Ammunition Rd.	Stolen vehicle
1300 block Sunny Heights Rd.	Violate domestic relations court order

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OBITUARIES



William J. Karnauskas, better known as Bill Karn, passed away peacefully at his home on Oct. 13, 2018 at the age of 94. Bill was well known in the Fallbrook Community.

Born in Niles, Ohio, he was the youngest of five children. He served in the Army from 1946-1949. He married Catherine Mills on Aug. 20, 1960 and they made their home in Fallbrook.

Bill owned Wm Karn Surveying, Inc. until his retirement. His claim to fame was he walked every hill in Fallbrook.

Bill and Cathy had no children

but leave behind dear friends, Margaret, Paul, Lucy and Sam Larson and a few relatives.

A viewing will be held on Oct. 18 at 9:30 a.m. at St. Peter The Apostle Catholic Church with Mass immediately following officiated by his dear friend Father Eamon Flynn of Scotland. Burial will be at Masonic Cemetery and a celebration of life will follow at St. Peter Hall.

In lieu of flowers, donations can be made to Alzheimer's of San Diego, 6632 Convoy Ct. San Diego, CA 92111.

Charlene Bodmer Craig passed away at her home in Fallbrook, Calif. at the age of 89 on October 5, 2018 after a second battle with Lymphoma. The youngest of three daughters, Charlene was born in San Diego, on April 11, 1929, to Herman Louis Bodmer and Faughn LuDean Merz Bodmer.

Charlene graduated from Hoover High School. During her junior year of college at BYU-Provo, she met Robert Ernest Craig Sr. who played basketball

for BYU, and they married the following year, in 1950. While Charlene was in college, her father insisted that she take courses in bookkeeping and accounting.

She was adept at personal finances and helped many people learn to manage their own. She was an excellent seamstress and sewed the wedding dresses and bridesmaids' gowns for each of her five daughters' weddings. She enjoyed gardening and could coax even the most reluctant plants to grow. Evidently, she used this

talent with her large and growing family, too.

She was preceded in death by her husband, Robert Craig Sr., and her sister, Myrle. She is survived by seven children, 37 grandchildren, 49 great-grandchildren and her sister, Claire Moss, age 95, who resides in St. George, Utah.

A celebration of her life will be held at The Church of Jesus Christ of Latter-day Saints at 621 S. Stagecoach Ln. Fallbrook at 10 a.m.

Statement of Ownership, Management, and Circulation (Required by 39 U.S.C. 3885)

1. Title of publication--Fallbrook/Bonsall Village News

2. Publication Number: 019-456

3. Date of Filing: 10/18/2017

4. Issue Frequency: Weekly

5. Number of Issues Published Annually: 52

6. Annual Subscription Price: \$69.95

7. Mailing Address: 111 W. Alvarado St., Fallbrook, CA 92028, Contact Person Julie Reeder, Telephone (760)723-7319.

8. Location of General Business Office: 111 W. Alvarado St., Fallbrook, CA 92028

9. Publisher: Julie Reeder, 111 W. Alvarado St., Fallbrook, CA 92028, Managing Editor, Kim Harris, 111 W. Alvarado St., Fallbrook, CA 92028

10. Owner is Village News, Inc. 111 W. Alvarado St., Fallbrook, CA 92028. The names and addresses of stockholders owning or holding 1 percent or more of the total amount of stock are: Julie Reeder, 111 W. Alvarado St., Fallbrook, CA 92028; Michele Howard, 111 W. Alvarado St., Fallbrook, CA 92028; Phil & Eileen Delaney, 111 W. Alvarado St., Fallbrook, CA 92028 Fallbrook, CA 92028; Lucile Reeder, 111 W. Alvarado St., Fallbrook, CA 92028.

11. Known Bondholders, Mortgages, & Other Security Holders owning or holding 1 percent or more on the total amount of bonds, mortgages, or other securities: NONE

12. Tax Status: Has Not Changed During Preceding 12 Months

13. Publication Title: Fallbrook/Bonsall Village News

14. Issue Date for Circulation Data Below: 10/4/2018

15. Extent & Nature of Circulation: Newspaper of General Circulation

a. Total Number of Copies:	5700	5600
b. Paid circulation:		
(1. Mailed Outside-County Paid Subscriptions Stated on Form 3541.	82	72
(2. Mailed In-County Paid Subscriptions Stated on Form 3541	2869	4572
(3. Paid Distribution Outside the Mails Including Sales Through Dealers and Carriers, Street Vendors, Counter Sales, and other Paid Distribution Outside USPS	1973	870
(4. Paid Distribution through other classes of mail through the USPS	0	0
c. Total Paid Distribution	4924	5514
d. (1. Free or Nominal Rate Outside-County copies included on PS Form 3541	0	0
(2. Free or Nominal Rate In-County Copies Included on PS Form 3541	0	0
(3. Free or Nominal Rate Copies Mailed at Other Classes Through the USPS	28	30
(4. Free or Nominal Rate Dist. Outside the Mail	680	40
e. Total Free or Nominal Rate Distribution	708	70
f. Total Distribution	5632	5584
g. Copies not Distributed	68	16
h. Total	5700	5600
i. Percent Paid and/or Requested Circulation	87%	98%
16. Electronic Copy Circulation		
a. Paid Electronic Copies	0	0
b. Total paid print copies + paid electronic copies	5700	5600
c. Total print distribution + paid electronic copies	5700	5600
d. Percent paid --both print and electronic copies	87%	98%

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I certify that all information furnished above is true and complete. I understand that anyone who furnishes false or misleading information on this form or who omits material or information requested on the form may be subject to criminal sanctions (including fines and imprisonment) and/or civil sanctions (including civil penalties).

Julie Reeder, Publisher

Dated October 16, 2018

Published: October 18, 2018

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LEGALS

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9023075
Name of Business
ELEGANTIQUE
10220 Valley Waters Dr., Spring Valley, CA 91978
County: San Diego
This business is registered by the following:
a. Farah Shamoun, 10220 Valley Waters Dr., Spring Valley, CA 91978
b. Angela Najor, 1138 Dawnridge Ave., El Cajon, CA 92021
This business is conducted by a General Partnership
Registrant first commenced to transact business under the above name as of 09/11/2018
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 09/11/2018
LEGAL: 4815
PUBLISHED: September 27, October 4, 11, 18, 2018

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9023479
Name of Business
GOIN POSTAL FALLBROOK
1374 S. Mission Rd., Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Sharri Sesslin, 1433 Meredith Rd., Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first commenced to transact business under the above name as of 10/07/13
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 09/14/2018
LEGAL: 4816
PUBLISHED: September 27, October 4, 11, 18, 2018

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9023711
Name of Business
MY HELPFUL HANDYMAN
6989 W. Lilac Rd, Bonsall, CA 92003
County: San Diego
This business is registered by the following:
Nathan Scott Simpson, 6989 W. Lilac Rd, Bonsall, CA 92003
This business is conducted by an Individual
Registrant first commenced to transact business under the above name as of 09/16/2018
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 09/18/2018
LEGAL: 4817
PUBLISHED: September 27, October 4, 11, 18, 2018

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9024280
Name of Business
TRUE TO YOU MEDICAL AESTHETICS
3848 Lake Park St., Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
AJH Medical 3 APC, 3848 Lake Park St., Fallbrook, CA 92028
This business is conducted by a Corporation
This Corporation is located in the state of California
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 09/25/2018
LEGAL: 4821
PUBLISHED: October 4, 11, 18, 25, 2018

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9024744
Name of Business
AFSHAR INVESTMENTS
1882 W. El Norte Pkwy, Escondido, CA 92026
Mailing address: 930 Rainbow Crest Rd., Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Hamid Tony Afshar, 930 Rainbow Crest Rd., Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first commenced to transact business under the above name as of 05/01/2018
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/01/2018
LEGAL: 4822
PUBLISHED: October 4, 11, 18, 25, 2018

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9023529
Name of Business
a. SUPERIOR PATIO COVERS
b. FALLBROOK PATIO COVERS
c. SUPERIOR RAINGUTTERS
d. FALLBROOK RAINGUTTERS
e. SUPERIOR RAIN GUTTERS AND AWNING INC.
f. CUSTOM AWNINGS
1605 E. Mission Rd, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Superior Rain Gutters and Awning Inc., 1605 E. Mission Rd, Fallbrook, CA 92028
This business is conducted by a Corporation
Registrant first commenced to transact business under the above names as of 04/01/1990
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 09/14/2018
LEGAL: 4818
PUBLISHED: September 27, October 4, 11, 18, 2018

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9023952
Name of Business
IVORY POINTE DENTISTRY
319 Civic Center Dr., Vista, CA 92084
County: San Diego
This business is registered by the following:
Miller B.D.S., A Dental Corporation, 319 Civic Center Dr., Vista, CA 92084
This business is conducted by a Corporation
This Corporation is located in the state of California.
Registrant first commenced to transact business under the above names as of 08/25/18
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 09/20/2018
LEGAL: 4819
PUBLISHED: September 27, October 4, 11, 18, 2018

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9024774
Name of Business
MARBETH ZALMAN HOUSEKEEPING SERVICES
3909 Reche Rd., Spc. 70 Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Marbeth Lynne Zalman, 3909 Reche Rd., Spc. 70 Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first commenced to transact business under the above name as of 10/01/2018
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/01/2018
LEGAL: 4823
PUBLISHED: October 11, 18, 25, November 1, 2018

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9023925
Name of Business
THE HUNTER COMPANY
17610 Plaza Arica, San Diego, CA 92128
County: San Diego
This business is registered by the following:
Stephen Hunter Albertson, 17610 Plaza Arica, San Diego, CA 92128
This business is conducted by an Individual
Registrant first commenced to transact business under the above name as of 11/07/1990
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 09/20/2018
LEGAL: 4824
PUBLISHED: October 11, 18, 25, November 1, 2018

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9024541
Name of Business
VERA'S HAIR SALON
764 El Caminito Road, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Elvira Minijares Maldonado, 764 El Caminito Road, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first commenced to transact business under the above name as of 12/01/1992
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 09/27/2018
LEGAL: 4825
PUBLISHED: October 11, 18, 25, November 1, 2018

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9025063
Name of Business
WELLS ASSET RECOVERY
1101 Alturas Road, 1D, Fallbrook, CA 92028
Mailing address: P.O. Box 4189, Oceanside, CA 92052
County: San Diego
This business is registered by the following:
Anthony, La Rue, Wells, 1101 Alturas Road, 1D, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first commenced to transact business under the above name as of 09/01/18
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/03/2018
LEGAL: 4826
PUBLISHED: October 11, 18, 25, November 1, 2018

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9025280
Name of Business
BZS CONSULTING
3615 Kearny Villa Rd. Suit #101, San Diego, CA 92123
Mailing address: 4110 Mt. Alifan Dr, Unit F, San Diego, CA 92111
County: San Diego
This business is registered by the following:
Ben Zachary Sharon, 4110 Mt. Alifan Dr, Unit F, San Diego, CA 92111
This business is conducted by an Individual
Registrant first commenced to transact business under the above name as of 10/5/18
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/05/18
LEGAL: 4827
PUBLISHED: October 11, 18, 25, November 1, 2018

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2018-9025220
Name of Business
DORA'S CLEANING
920 3rd Ave #308, Chula Vista, CA.91911
County: San Diego
This business is registered by the following:
Ivonne Santiago Lopez, 920 3rd Ave #308, Chula Vista, CA 91911
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 10/04/18
LEGAL: 4828
PUBLISHED: October 18, 25, November 1, 8, 2018

NOTICE OF SALE OF ABANDONED PERSONAL PROPERTY

Notice is given that pursuant to sections 21701-21715 of the Business and Professions Code, Section 2328 of the commercial code, Section 535 of the Penal Code, Brandon Street Mini Storage, 307 N. Brandon Rd, Fallbrook, Ca, will sell by competitive bidding on or after Wednesday, October 31, 2018, 10:30 am. The auction is to be held at above address. Property stored and to be sold can be, but not limited to: miscellaneous household goods, furniture, major appliances, personal items and clothing, possible collectables/antiques, miscellaneous, etc. belonging to the following:

Tenant Name

Anthony Duarte
Amy Gifford
Jose Morales
Jose Paz
Dania Pederson

West Coast Auctions
State License No. 137857
Published October 11, 18, 2018

NOTICE OF PETITION TO ADMINISTER ESTATE OF JENNIFER ELIZABETH COWMAN CASE NO. 37-2018-00050482-pr-pw-ctl

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: **JENNIFER ELIZABETH COWMAN, JEN COWMAN**

A Petitioner for Probate has been filed by **ROBERT L. COWMAN** in the Superior Court of California, County of SAN DIEGO

The Petition for Probate requests that **ROBERT L. COWMAN** be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.
The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows:
Date: 11/29/2018 Time: 1:30 p.m. Dept. 503
Address of court: 1100 Union Street, San Diego, CA 92101, Central Branch

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the **later** of either (1) **four months** from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) **60 days** from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a *Request for Special Notice* (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A *Request for Special Notice* form is available from the court clerk.

Petitioner: Robert L. Cowman, 1637 Stanford Ave., Redondo Beach, CA 90278, 310-529-9305

Legal: 4829
PUBLISHED: October 18, 25, November 1, 2018

www.villagenews.com

Village News

A limited number of previous issues of the Village News (more than one month old) are available for \$1.50 each, plus \$1.00 postage and handling (\$2.50 total cost). Call 760-723-7319 to order.

VILLAGE NEWS IS ADJUDICATED

Village News has been granted by the courts of San Diego County the right of adjudication, legal No. GIN013243. We can accept legal notices for publication.

PUBLISHER
Julie Reeder, *Publisher/Editor*
Margot Meese, *Front Desk/Classifieds*

EDITORIAL
Lucette Moramarco, *Associate Editor*
Tom Ferrall, *Staff Writer*
Tim O'Leary, *Staff Writer*
Shane Gibson, *Staff Photojournalist*
Joe Naiman, *Correspondent (Ind.)*
Christine Rinaldi, *Photojournalist (Ind.)*

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Samantha Gorman, *Graphic Artist*
Mylena Matheny, *Graphic Artist*

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Julie Reeder, President

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Subscriptions: Fallbrook/Bonsall Village News weekly edition is published by Village News, Inc. The price is \$69.95 per year. We only accept cash, checks, money orders, visa, or Mastercard.

Letters to the Editor: Please submit all correspondence to our corporate office by e-mail, villageeditor@reedermedia.com, or by fax, (760) 723-9606. All correspondence must be dated and signed and include the writer's full address and phone number in order to be considered for publication. All letters are subject to editing to fit the publication's format. Word limit 350.

Fallbrook/Bonsall Village News
Published weekly
Periodical postage paid at

111 W. Alvarado St
Fallbrook, CA 92028

Phone (760) 723-7319
Fax (760) 723-9606

ISSN# 153-35-208
USPS# 019-456

Postmaster send
postal change of address to

111 W. Alvarado St
Fallbrook, CA 92028

Village News E-mail
villageeditor@reedermedia.com

circulation@reedermedia.com
sales@reedermedia.com

VALLECITOS SCHOOL DISTRICT GOVERNING BOARD VACANCY ANNOUNCEMENT

The Vallecitos School District is seeking applications from interested residents within the school district's boundaries to serve as a member of the Governing Board.

Because no candidates have filed for the November 6, 2018, election to fill a two-year term on the Vallecitos School District Governing Board, the Board is required, under Education Code section 5328, to make an appointment to fill the seat. Interviews will be conducted at a special board meeting prior to November 6, 2018, and the appointment will be made immediately following the interviews. The successful candidate will be sworn into office at the Annual Organizational Meeting on December 11, 2018, and will serve for a term, ending in December 2020.

If you are interested in being considered for appointment to this vacancy, you can obtain an application from the District office or the District website at www.vallecitosd.net. If you would like more information please contact Linda Miller in the District office at 760-728-7092 or email lmiller@vallecitosd.net.

Please submit your application to:
Secretary of the Board/Superintendent
Vallecitos School District
5211 5th Street
Fallbrook, CA 92028
Fax: 760-728-7712

Applications must be received in the Superintendent's Office not later than 3:00 p.m. on October 26, 2018.

PUBLISHED: October 18, 2018

CLASSIFIEDS

Appliances

Maytag Gas Drier: Maytag gas drier almost new, barely used, for \$ 100.00. Call David 760-419-0456.

Automotive

MINIVAN TOYOTA: 2000 Minivan Toyota, one owner runs good 40 KM on New Engine. \$2200 OBO. 858-337-7049

Business Services

Pet Sitting In My Home: Cage free, social environment, day care + long term. Large rooms for exercise and play. References. Call for details. Paulette. 760-723-6675

Employment

News Paper Delivery Person: NOW HIRING! looking for a confident, friendly, and motivated individual to deliver Valley Newspapers to Businesses every Thursday in Temecula. Must be a licensed insured driver with reliable transportation and over 18 years old. Call if interested 760-723-7319

Clerical Office Assistant PT: Clerical office assistant PT Part-time clerical assistant needed for the Fallbrook Child Development Center. Must have computer skills/Microsoft word, excel. MUST be Bilingual/Spanish. High school Diploma, fingerprints. Position may become full-time. Pay based on experience. Fax resume to 760-728-5337.

Garage Sales

FUNDRAISING YARD SALE: Fundraising Yard Sale Sat, Oct 20 8 am - Noon at Rainbow Valley Grange, 2160 Rainbow Valley Blvd, Small appliances, heat blankets, baskets, purses, casserole dishes, plants, misc housewares and knickknacks, proceeds to maintain the grange hall.

Garage Sales

Garage Sale - Tools, guy stuff: Saturday 10/20/18, 6:30am - 11:30am. 3331 Sunset Dr. Fallbrook. Sale includes tools from Late (estate) Carpenter. Bowflex, bikes, surfboards.

Gifts /Novelty Items

Peaceful Dove Crystals Now Open: A NEW shop in Downtown Fallbrook. Located at 110 S. Main Ave. Crystals from around the world. Reiki and Readings. www.peacefuldovecrystals.com

Health/Nutrition/Beauty

MOBILITY PRIDE LEGEND SCOOTER #3: Mobility Pride Legend Scooter #3, New batteries, \$400.00 OBO. 951-696-0785

Real Estate - For Sale

28 Acres, for sale in De Luz, Fallbrook: Beatful views, own your own valley and hills. Oak trees, sycamore, eucalyptus, a small of field of protea flowers. Power, working well, 28ft trailer, 1/2 way between Temecula and De Luz, quite, remote. Must sell by OWNER \$299,000. Robert 310-612-3574

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beat

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The Fallbrook/Bonsall

Village News

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Bankruptcy folklore and other tales of fantasy



Attorney Morton J. Grabel
Law Offices of Morton J. Grabel

Many people stay away from filing for bankruptcy because of inaccurate information from friends, family, co-workers and the media. This misinformation usually stops people from seeking the assistance of a bankruptcy lawyer who can help them understand how bankruptcy can help. The following is a list of common concerns and myths that have stopped many people from seeking the help of a bankruptcy attorney.

BANKRUPTCY CONCERNS:

1. Can I keep my home if I file for bankruptcy?
If you are current on your mortgage payments and there is no equity in your home, then generally you can keep your home when you file for bankruptcy. If you are behind in your mortgage payments then Chapter 13 bankruptcy may be available to help you catch up on your payments

and keep your home.
Even when your home has equity in various instances, some if not all of the equity can be protected in a bankruptcy.

2. Can I keep my car if I file for bankruptcy?
If you are making payments on your vehicle, in the majority of instances, as long as you continue to make payments on your vehicle and sign a reaffirmation agreement, you will generally keep your vehicle. If your vehicle is paid in full, in a number of circumstances the equity in your vehicle can be protected.

3. Will my credit be ruined for the next 10 years if I file for bankruptcy?
Although a Chapter 7 and 13 can legally remain on your credit report for 10 years, this does not mean your credit will be ruined for the next 10 years. Most people are able to get their credit score to a good level after only 3 years.

4. Will my clothes, furnishings, and household goods be taken away if I file for bankruptcy?
In the majority of cases, your household goods and furnishings will not be touched by the bankruptcy court or your creditors. These items are generally protected by California bankruptcy exemptions which stop creditors from taking them to satisfy your debts.



Misinformation about bankruptcy law can prevent people from seeking assistance. Courtesy photos

5. If I file for bankruptcy and get a discharge, will they be able to ask for payment in the future?
If you provided accurate and non-fraudulent information on your bankruptcy petition and obtained a discharge from the bankruptcy court, afterward creditors cannot seek to collect on any debts that were discharged, once the case is closed.

6. Will I be able to obtain credit after I file?
Most people have no problem obtaining credit cards after

bankruptcy. In fact there are companies that cater specifically to extending credit to people who have filed bankruptcy.

7. Is it unethical or immoral to file for bankruptcy?
Federal bankruptcy law was created specifically to help people when they cannot afford to pay their debts. There is nothing unethical or immoral about using federal law to legally eliminate your debts.

8. I understand I will not be

able to purchase a home if I file for bankruptcy?
Generally most individuals who have filed for Chapter 7 bankruptcy are able to qualify to purchase a home after 3-4 years. In Chapter 13 bankruptcy, you will have to seek the permission of the court if your bankruptcy case is still pending.

9. I recently moved to California, do I have to file for bankruptcy in the state I moved from?
Federal venue rules allow you to file for bankruptcy where you have resided for the greater part of the 180 days prior to filing for bankruptcy. This means you can have resided in California for as little as 91 days and still file for bankruptcy in California.

“Federal bankruptcy law was created specifically to help people when they cannot afford to pay their debts. There is nothing unethical or immoral about using federal law to legally eliminate your debts.”

Samantha Berryessa Attorney at Law

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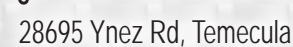
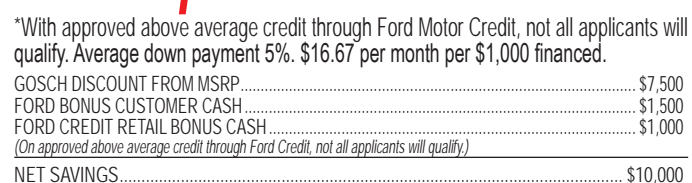
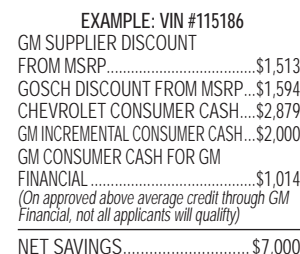
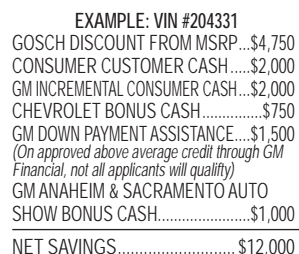
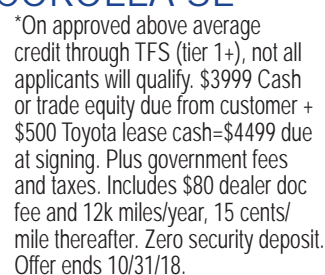
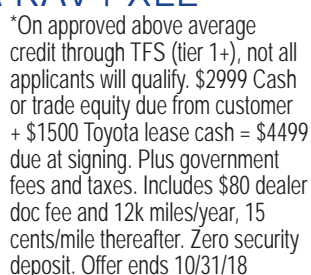
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Warriors split first two league matches



Fallbrook High's Jackson Richards takes a shot on goal against Classical Academy, Oct. 11.

Shane Gibson photos

Joe Naiman
Village News Correspondent

None of Fallbrook High School's varsity boys water polo players were on the Warriors' varsity in 2016 when Fallbrook lost a league match to Valley Center, which is a major reason the Warriors lost their first league match in two years when Classical Academy visited the Fallbrook pool Oct. 11 and returned home with a 13-8 victory.

This year's team has 14 players not including Cameron Batty, whose shoulder injury has kept him from playing this year, and excluding Batty, only three of those players were on last year's varsity. The primary goal this year for Fallbrook coach Bill Richardson is to develop the players – the six 2018 seniors as well as the juniors, sophomores and two freshmen on the varsity – and to prepare the team for 2019 play.

"We're just trying to find our

way at this point," Richardson said.

A 5-4 overtime victory Oct. 12 at home against Escondido gave the Warriors a 1-1 record to begin Valley League play along with a 4-16 overall record. Classical Academy improved to 2-1 in league play with the win over Fallbrook while San Pasqual's 12-11 victory over Ramona Oct. 12 gave the Golden Eagles a 3-0 league record and the Bulldogs a 2-1 mark.

"I think San Pasqual is the team to beat," Richardson said.

Fallbrook's Oct. 26 home match against San Pasqual will be Senior Night for the Warriors.

The Aug. 23-25 Rancho Bernardo Invite tournament began the season for Fallbrook, and the Warriors' third game was against Classical Academy in the Rancho Bernardo High School pool. The Caimans prevailed in the Aug. 24 tournament game by a 10-3 margin.

"We made some improvements," Richardson

said of the five-goal loss Oct. 11.

The game against Escondido was rescheduled twice. The North County Conference originally scheduled the game for Oct. 23 but by mutual agreement the date was changed to Oct. 4. A water main break near Fallbrook High School that day forced a second rescheduling to the day after the game against Classical Academy.

Fallbrook held a 4-2 lead but the Cougars scored the final two goals of regulation. The 4-4 score at the end of four quarters triggered two three-minute mandatory overtimes, and 15 seconds into the second overtime freshman Doug Pearce scored the winning goal.

The CIF playoff selection and seeding meeting will take place Oct. 27. Because all Division I teams participate in the playoffs, the eight Warriors expected to return next year will have post-season experience even though Fallbrook is currently ranked last among the 20 Division I teams.



Warrior Tiane Maestas is ready to take a shot on goal.



Warrior Tiane Maestas attempts a backhand shot against Classical Academy.



Warrior Doug Pearce keeps possession of the ball in Fallbrook's offensive end of the pool.



Fallbrook High's Mo Abdelrahman makes a pass during Fallbrook High's Oct. 11 match against Classical Academy.



Fallbrook High's Joe Moran gets ready to make a pass while being closely defended.



Owen Hearn brings the ball into scoring position for Fallbrook High.

SPORTS

Pop Warner sports pink in support of Breast Cancer Awareness Month

FALLBROOK – Fallbrook Pop Warner participants are joining people across the world in recognizing October as Breast Cancer Awareness Month by wearing pink.

Breast Cancer Awareness Month is an annual campaign to increase awareness of the disease and educate people about the importance of early screening and tests. Fallbrook Pop Warner is showing its support of the campaign by having its participants wear pink socks during all October football games.



Junior Pee Wee players show off their socks before going out and winning a home game. Players facing the camera are, from left, Austin Ward (No. 9), Nathaniel Perrington (No. 11), Kannon Craig (No. 6, behind No. 32), Roco Burley (No. 32), Carter Sanchez (No. 55), and Nicholas DeLaRosa (No. 25).



Fallbrook Mitey Mites player Enrique Quezada (No. 11) runs with the ball while teammates provide some solid blocking while wearing pink socks in support of Breast Cancer Awareness Month.



Flag Cheerleaders – from left, Abigail Anderson, Elena Dacre, Emma Russell, Juliana Brockson, Peyton Luhrs, Brylee Luhrs, Natasha Taylor and Alessandra Timmons – proudly show their support of Breast Cancer Awareness by sporting pink bows and socks.



Flag Force Warrior players show their muscles in support of Breast Cancer Awareness Month. Striking a pose are, from left, Luke Dudley, Gordon Hansen, Anthony Mendez, Ace Navarro, JC Russell, Dominick Blackman, Kenneth Mose, Matthew Bausch, Rio Burley, Carson Hickman, Abell Navarro and Miles Davis. Coaches in the back row are, from left, Lief Hansen, Joey Navarro, Shaun Davis and Brennan Hickman.



Fallbrook Pop Warner Flag Guard team members display their pink camouflage socks, from left, Kingston Ward, coach Chris Bumcrot, Peyton Haider, Bracken Bucklin, Juan Tomas, Ian Perrington, Ethan Bumcrot, Carlos Guerrero, Colton Alter, Jeremiah Anderson, and Elijah Bruton.

Local girls triumph at Poway tennis tourney

FALLBROOK – Local junior tennis players Ruth Herman, Sofia Echeverria and Kaedin Kluis participated in a junior tennis tournament at the Rancho Arbolitos Swim and Tennis Club in Poway last month. All three players train at the Fallbrook Tennis Club.



Local junior tennis players take time for a photo, from left in front row, Lily Bassett, Keerslee Bledsoe, Sofia Echeverria, Ruth Herman, Kaedin Kluis and Atticus Glain; second row, Daryl Batac and pro/coach Mike Amador. Echeverria and Herman are holding the trophies they earned at a tournament in Poway.

Herman, a fifth-grader at Zion, won the Girls 10 and under. “I’m planning on playing more tournaments, so I can get ranked in Southern California,” said Herman after the victory.

Echeverria attends Live Oak and won the Girls 12 and under. “Sofia has been my most improved student not only on the tennis court but also in the classroom at school,” said coach Mike Amador. “To be successful in any sport requires consistency, self motivation and discipline, and that carries over into school performance.”

Kaedin, a sixth-grader who attends Springs Charter School, had a tough first round singles match in the Boys 10’s, losing to the player who swept the tournament.

Amador said congratulations should go out to all children who participate in competitive sports. “There is a lesson in every loss if you look for it,” said Amador. “Champions lose until they get it right. Never quit.”

Submitted by Michael Amador.

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Wildcats open cross country season with a win



In the girls sixth and seventh grade race, Abby Peterson, left, and Rori Gartner race their way to second and third place. Their team won the race.



Running the girls eighth grade race, Avery Lynas, left, and Maya Papoulas head for the finish line in third and fifth place.



In the boys sixth and seventh grade race, Beckett Payne, left, and Wilson Christopherson run in the league meet at Woodland Park Middle School, helping their team to a third place finish.



Sullivan Middle School Wildcats Jayelon Rogers and Shawn Sidley race against the other boys eighth grade teams, finishing in 26th and 36th place.

Joe Naiman
Village News Correspondent

The first North County Middle School Cross Country League meet of 2018 was contested Sept. 20 at Woodland Park Middle School in San Marcos, and Sullivan Middle School won the race for sixth-grade and seventh-grade girls.

Cross country team scores are derived by adding the positions of a school's first five finishers; the sixth and seventh runners are not scored but can add points to other teams' totals. Sullivan's sixth-grade and seventh-grade girls finished with 58 team points. San Marcos Middle School, which took second place, had 93 points.

"I knew my girls would finish high," Sullivan coach Tamara Miller said.

Last year both Sullivan's sixth-grade and seventh-grade girls and the Wildcats' eighth-grade girls won the North County Middle School Cross Country League championships. Five of this year's Sullivan seventh-grade girls competed last year, including Ashley Fawcett, who ran in other races but missed the championship race due to a cold.

"I definitely had a pretty strong team coming back," Miller said.

Those five runners do not include Avery Lynas, who is a

seventh-grader this year but ran in the eighth-grade race.

"Avery runs better if she has competition around her," Miller said.

The Woodland Park course was 1.55 miles. Ashley Purcell of San Elijo Middle School in San Marcos was the individual winner with a time of 10 minutes 9 seconds. Sullivan seventh-grader Abby Peterson finished second at 10:11.

"Abby was right with her at the beginning of the race," Miller said.

Purcell eventually established a slight lead and was able to maintain it.

Sullivan seventh-grader Rori Gartner had a time of 10:16 for third place. Miller is counting on Peterson and Gartner to challenge Purcell at the league championship meet.

"Rori is just as strong," Miller said. "I'm looking to finish 1-2 in that race."

The first three San Marcos finishers placed fifth, ninth and 10th.

"I could tell it was between us and San Marcos," Miller said.

The third Sullivan finisher, seventh-grader Anay Garcia, finished 14th overall with a time of 11:00.

Three first-year Sullivan runners were the next Wildcats across the finish line. Jordyn Rogers is a

sixth-grader this year and had a time of 11:07 for 14th place.

The Khoury twins are seventh-graders and first-year runners. "They're going to work really well together," Miller said. Sahara Khoury placed 23rd at 11:19, and Maya Khoury had a time of 11:21 for 25th place.

"I knew with Jordynn and Sahara coming pretty close behind Anay that we had it," Miller said of winning the team portion of the race.

Fawcett completed the course in 11:23 for 27th place. Ava Papoulas, who is also a seventh-grader, obtained 38th place with an 11:45 performance.

Miller said that her objective for the initial race was to assess her runners. "Winning was an extra bonus," she said.

The race for sixth-grade and seventh-grade girls included 14 Sullivan harriers, although two of those did not finish.

Sullivan's eighth-grade girls placed second as a team. San Elijo had 52 points, the Sullivan runners totaled 67 points and Diegueno Middle School of Encinitas had the third-place score of 97 points.

"I was thrilled they got second," Miller said. "Only three of my girls have ever been a part of Sullivan cross country. I just really wanted to see how well we came out of

this race."

Lynas is one of those three veteran runners. She took third place with a time of 9:49. Maya Papoulas, who last year was in seventh grade and ran with the eighth-grade team, finished fifth in her first race as an actual eighth-grader and completed the course in 10:06. Mikayla Gioia, who had not previously run cross country, took ninth place at 11:01. Ariel Adicoff, who was with the sixth-grade and seventh-grade girls last year, had the 35th-place time of 11:52. The 38th-place finisher, Samantha Amador, posted a time of 11:58. Alexis Martinez had the 55th-place time of 12:30. Jordyn Williams finished the race in 14:12 for 78th place. April Johnson was the 79th of 100 finishers and had a time of 14:13.

Sullivan's sixth-grade and seventh-grade boys accumulated 135 points for third place in that race. Martin Luther King Middle School of Oceanside won the race with 66 points, San Elijo had 85 points and San Marcos was fourth with 146 points.

"Third place for the 26 schools is a success," Miller said. "I was thrilled."

Eight of the 20 Sullivan runners finished in the top 50 of the 245-runner field. Wilson Christopherson had a time of 10:16

for 22nd place; Jacques Rogers posted the 26th-place time of 10:19; a time of 10:24 gave Devin Huntington 30th place; Fisher Phillips was the 34th finisher and had a time of 10:27; Beckett Payne completed the course in 10:32 for 38th place; Austin Nord took 42nd place with a time of 10:39; Lucas Adams earned 44th place with a 10:40 performance and Sam Vanni was 50th at 10:47.

"It's a good start for them," Miller said.

That gave Sullivan third place or better in three of the day's four races.

"Our team goal is to bring home a trophy for each race," Miller said.

Sullivan only had five runners in the eighth-grade boys race where the Wildcats placed sixth as a team. Ashton Strange finished 25th with a time of 9:55; Jayelon Rogers posted a time of 9:56 for 26th place; Shawn Sidley finished in 10:02 for 36th place; Carlos Lobatos placed 59th at 10:26 and Michael Bailey was 119th among the 137 finishers with a time of 13:27.

This year's Sullivan team has 53 runners, including six who were not able to participate Sept. 20.

"It's increasing every year," Miller said.

Timberwolves edge Lady Warriors



Fallbrook High varsity volleyball players honored Oct. 9 during Senior Night are, from left, Skyler Traut, Gabby Vazzana, Madison McCarty, Madison Nachtsheim and Vanessa Dalton.



Lady Warrior Olivia Christopherson returns a Mission Vista serve.



Fallbrook High's Sonsi Jarvis goes up for a kill against Mission Vista. The Lady Warriors lost the match to the Timberwolves 3-2.



Fallbrook High's Madison Nachtsheim gets a dig against Mission Vista. Shane Gibson photos

Horse racing media to honor Bellocq

LEXINGTON, Ky. – The National Turf Writers and Broadcasters will present Martine Bellocq, a lifelong horsewoman who rushed into a burning barn trying to save her horses when the Lilac fire swept through the San Luis Rey Training Center in Bonsall in December, with the Bill Mooney Award for displaying courage in the face of tremendous adversity.

Bellocq suffered severe burns over 60 percent of her body and endured the amputation of her lower leg, multiple skin-grafting surgeries and dialysis throughout 2018. She joins two prior Mooney winners – the award's namesake who died after a long battle with cancer in 2017 and retired jockey and owner Rene Douglas.

Bellocq will be honored at the NTWAB's 59th annual Awards Dinner at Whiskey Dry in Louisville, Kentucky, Oct. 31.

Bellocq was honored with the Laffit Pincay Jr. Award at Del Mar earlier this year, as well as the Spirit of Courage Award from San Diego's Burn Institute.

Submitted by the NTWAB.

BUSINESS

Early voting begins for Nov. 6 election

Tracy DeFore
County of San Diego
Communications Office

Voters interested in casting their ballots early for the Nov. 6 Gubernatorial General Election can now do so at the county Registrar of Voters office, 5600 Overland Ave., on the County Operations Center campus in Kearny Mesa.

Early voting began Oct. 8 and will continue 8 a.m. to 5 p.m., Monday through Friday, and until the polls close 8 p.m. on Election Day. The office will also be open, 8 a.m. to 5 p.m., Saturday, Nov. 3, and Sunday, Nov. 4, for weekend voting.

Over 1.1 million mail ballots

were sent out through the U.S. Postal Service Oct. 8, and voters could find them in their mailboxes as early as that same day. For the Nov. 6 election, voters will receive a two-card ballot. Contests will be listed on the front and back of each page.

The two-card ballot also weighs a bit more, so it will take 71 cents in postage. Considering the length of the ballot, voters who requested their ballot by mail are urged to act early.

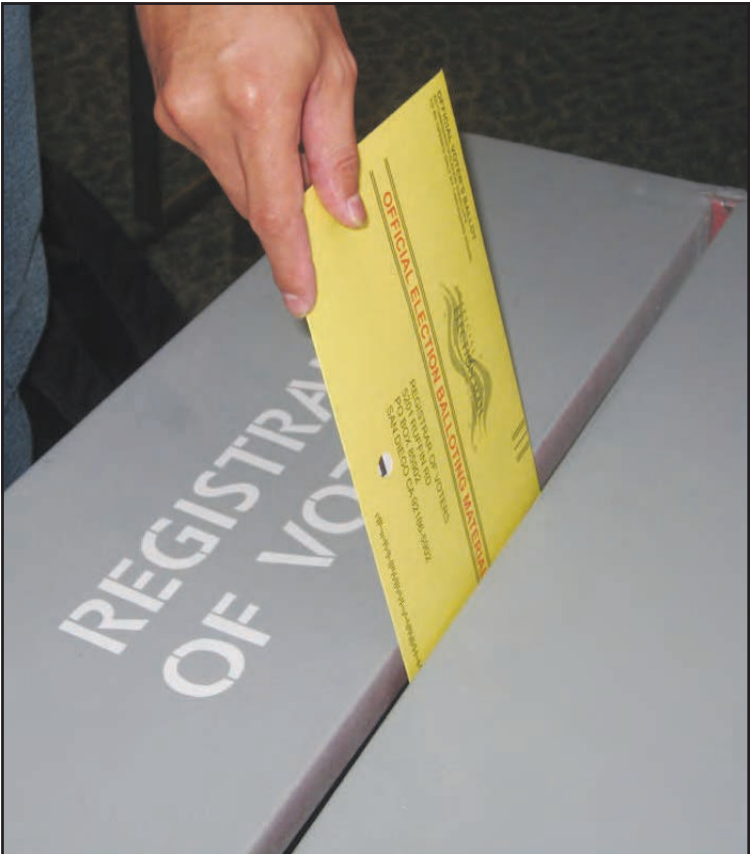
“If you know how you want to vote, grab that mail ballot when you get it, mark it and send it back in right away,” Registrar Michael Vu said. “The sooner we get the ballot back, the sooner we can start processing it so it will be counted

right when the polls close at 8 p.m. on Nov. 6.”

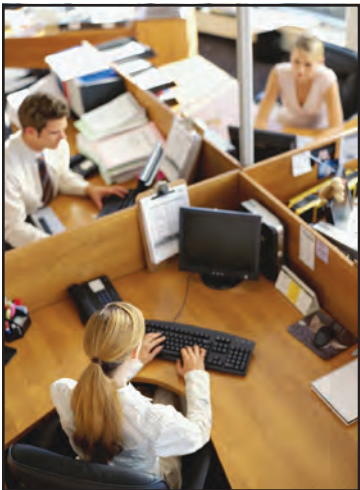
Mail ballots are available for voters who’d rather not make a special trip to the Registrar of Voter’s office to cast their ballots or wait for the polls to open on Election Day. Registered voters can request a mail ballot until Oct. 30.

Meantime, the registrar is still looking for poll workers, especially bilingual poll workers. Anyone fluent in English and Vietnamese is needed in Fallbrook. For more information, call (858) 565-5800 or visit www.sdvote.com.

Submitted by the San Diego Registrar of Voters office.



Seven steps to leave a job gracefully



FALLBROOK – Deciding to leave a job is seldom an easy decision. However, it’s a more

common decision than many people may know, as the U.S. Bureau of Labor Statistics indicates the average worker holds 10 different jobs before age 40.

People change jobs for a variety of reasons. Some do so because of better opportunities elsewhere, while others simply need a change. Regardless of what’s motivating a job change, leaving a place of employment can elicit various emotions, including some that may contribute to negative thoughts about a current employer. But it’s always best to leave a job gracefully, which can pay dividends down the road. The following are seven strategies people can employ as they leave their jobs to ensure those exits go

as smoothly as possible.

1. Watch out for social media. It’s best to keep resignation plans to yourself and off social media. You never know who is reading your posts and bad-mouthing a soon-to-be-former employer can lead to hurt feelings and poor references. Resist the urge to rant about what’s making you unhappy at work or brag about a new position to your social network.
2. Play by the rules. Your employer may have a plan in place for how the company prefers resignations to be handled. The standard two- to three-week’s notice is a guideline. Visit with human resources if you need more information, such as whether or not a resignation letter or other documentation is required.
3. Speak with your manager first. It’s respectful for your immediate manager or supervisor to learn of your departure first. This gives him or her ample time to put a plan in place to fill your position. The more notice you can give, the more goodwill you’re building on your way out the door. Schedule a meeting for this purpose; do not make it an informal chat by the water cooler. Resist the urge to quit via email or text. Resigning requires face-to-face communication. Present a concise letter of resignation as well. Don’t call out colleagues or air your grievances in the letter.
4. Announce your departure. Work collectively with your manager and other higher-ups to decide how to best handle the announcement to other employees.
5. Train your replacement and prepare final assignments. Volunteer to train or assist with getting your replacement set up. If you have any outstanding projects or documents, be sure to tie up any loose ends before leaving. Leave behind instructions or a guidebook if you think it will help your replacement perform their duties more effectively.
6. Keep the momentum. It can be tempting to phone it in as you near departure day, but this is inadvisable. Do your job to the best of your ability up until you say your goodbyes.
7. Pack on your own time. Cause as little disruption as possible by packing belongings before or after office hours. Respect the working environment, recognizing that your co-workers still need to get their jobs done.

Quitting a job can be full of mixed emotions. Just be sure to time it correctly and leave in as positive a way as possible to maintain a strong professional network.

Fallbrook’s caboose gets a conductor



ScareCrew member Jean Benson poses with the recently installed conductor scarecrow at the Railroad Heritage Park at Main Avenue and Elder Street, Oct. 1.

Women in Networking win with chamber program

FALLBROOK – The Fallbrook Chamber of Commerce has introduced a new opportunity for business women in the community and they are invited to attend for some fun and valuable events on a quarterly basis.

Networking is vital in the Fallbrook community and the aim for hosting these activities exclusively for women is to provide a forum to make connections with each other on an elevated level.

It will be an opportunity for the

women to learn about each other’s needs, goals and experiences. Sharing their visions and ideas in a comfortable setting will better acquaint them with each other and create bonds which will help them attain their goals and success.

Women in Networking win by learning about each other and working together! Any interested business women can contact the chamber with questions about this new networking opportunity, (760) 728-5845.

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EDUCATION

William H. Frazier Elementary aids monarch butterflies

FALLBROOK – William H. Frazier Elementary is becoming a monarch butterfly sanctuary as the school starts a project to attract and protect this species of butterfly.

Amy Miska, who teaches third grade, has been educating her students about the monarch life cycle and migration for several years. This year she was able to procure a large Monarch Migration Station, paid for through the organization, Donor’s Choose.

With this station, Miska and her students hope to host monarch butterflies over the winter, in the spring and into next school year. Monarch butterflies are an endangered species and need help to survive.

William H. Frazier Elementary is working to help the butterflies. Lead custodian Josue Corona took out the current landscaping near Miska’s classroom and leveled the ground to create a safe space for the butterfly sanctuary.

The school will also develop a milkweed garden in order to further support the butterflies whose caterpillars only consume the milkweed plant leaves.



A Monarch Migration Station is in place at William H. Frazier Elementary School.



Frazier botanists Isaac Suarez, Charlee Davis and Isabella Lozano work together to create a habitat for monarch butterflies.

Submitted by the Fallbrook Union Elementary School District.

Courtesy photos

Palomar upgrades testing center for students with disabilities



Palomar College’s renovated testing center allows students with disabilities to complete exams in a setting with less noise and less traffic.

Courtesy photo

SAN MARCOS – Palomar College opened a newly renovated testing center for students with disabilities – a reduced-distraction environment featuring a variety of accommodations to help all the college’s students pursue their higher education goals.

Students who are registered with the Disability Resource Center can book appointments in advance to take their tests in the new space, and they receive extra time to complete exams in a setting with less noise and less traffic.

The testing center also features specialized equipment to serve those with specific disabilities.

“Students with disabilities, who make up over 10 percent of our richly diverse Palomar College student community, are participating in degree and certificate programs with goals of transferring and entering the workforce,” DRC director Shauna Moriarty said. “The testing center helps ensure the student’s disability does not get in the way of their educational success.”

Moriarty said many of the DRC’s students will only take their tests in the center because of how quiet and calm it is compared to a standard classroom. DRC staff administered more than 4,000 tests with accommodations last year.

The center is open Monday through Thursday, 8 a.m. to 6 p.m., and Friday, 8 a.m. until 2 p.m. Tests are administered by appointment only because exam materials must be coordinated with professors ahead of time.

Submitted by Palomar College.

Mosaic class offered for special needs students

FALLBROOK – Art instructor Suzette Phillips is offering a beginning mosaic class for special needs students and others at The Green Art House. The classes are held Tuesdays, from 2-4 p.m.

The art class is a six-week class that will teach the fundamentals of mosaic art. The classes are \$140, plus \$30 for materials, which include boards, frame, tile and grout. Safety equipment is provided.

If a student needs help, they must bring their own assistant. Email Leslie Sweetland at Leslie@thegreenarthouse.org for more information.

Phillips has years of experience teaching art to special needs students and welcomes others who want to learn mosaics. The Green Art House is located at Pala Mesa behind the tennis courts. Visit www.thegreenarthouse.org for more information.

Submitted by The Green Art House.



Music lover Alec Macias displays his mosaic creation of a guitar, following a class at The Green Art House in Fallbrook.

Courtesy photo

Don’t let tests overwhelm your child

American Counseling Association
Special to Village News

Testing is a fact of life for students from elementary through high school. Whether it’s a school system required standardized test or an exam or quiz from the teacher to measure progress and understanding, tests can be a source of stress and anxiety for many students.

There is no cure to remove all the anxiety from testing, but there are strategies to reduce stress levels and to maximize test performance.

The starting point is being physically prepared for not only test-taking, but all aspects of the school day by being well-rested and eating healthy foods.

Studies find that the average teen should be getting eight to 10 hours of sleep per night, especially on school nights. Those studies, however, find that only about 15 percent of teens get at least eight hours of sleep on most school nights. That doesn’t make for a well-rested brain when that algebra pop quiz appears in the morning.

Similarly, good nutrition plays an important role in brain function. Skipping breakfast will always impair brain function. Junk and high-sugar foods almost always guarantee a sugar high that will be followed by a crash during the school day. Drinks high in

caffeine, like coffee, soda and energy drinks, may help a student feel alert but can also make them feel jittery and nervous, making concentration is much more difficult.

While getting enough sleep and eating well are important, another critical key to reducing test anxiety is to be prepared. It means staying on top of the subject, keeping up with assigned readings and being aware of when tests are coming up. By maintaining a more constant understanding of the subject matter, students can avoid having to do last-minute “cramming,” which almost always raises anxiety levels and doesn’t improve grades much.

Parents can also help their child by teaching them some relaxation techniques, such as taking a few deep breaths before and during the exam and thinking positive thoughts about doing well.

Doing well on tests requires planning, studying and relaxing. But if these things don’t help a child, they may be suffering from some degree of test anxiety. In such cases, the school counselor or an outside professional counselor, can provide help in overcoming the problem.

Counseling Corner is provided by the American Counseling Association. Send comments and questions to ACACorner@counseling.org or visit the ACA website at www.counseling.org.

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DINING

Lunch for seniors is more than just food

Lucette Moramarco
Associate Editor

Local seniors who have retired from cooking can frequently be seen eating out, at restaurants, at club fundraisers and at the Fallbrook Community Center where Fallbrook Senior Center staff serve lunch at 11:15 a.m., Monday through Friday.

The meals are geared nutritionally for people over 60 years old and a \$4 donation for the meal is requested, but those who cannot afford to pay are not turned away. Diners who are under 60 are welcome to come eat but are required to pay \$5, which is still a bargain for a full lunch including beverages (milk, coffee or juice) and dessert.

Many of the seniors eat there often enough that the staff and volunteers who serve the meal know them by name. The social interaction at these meals is another benefit for those who live alone.

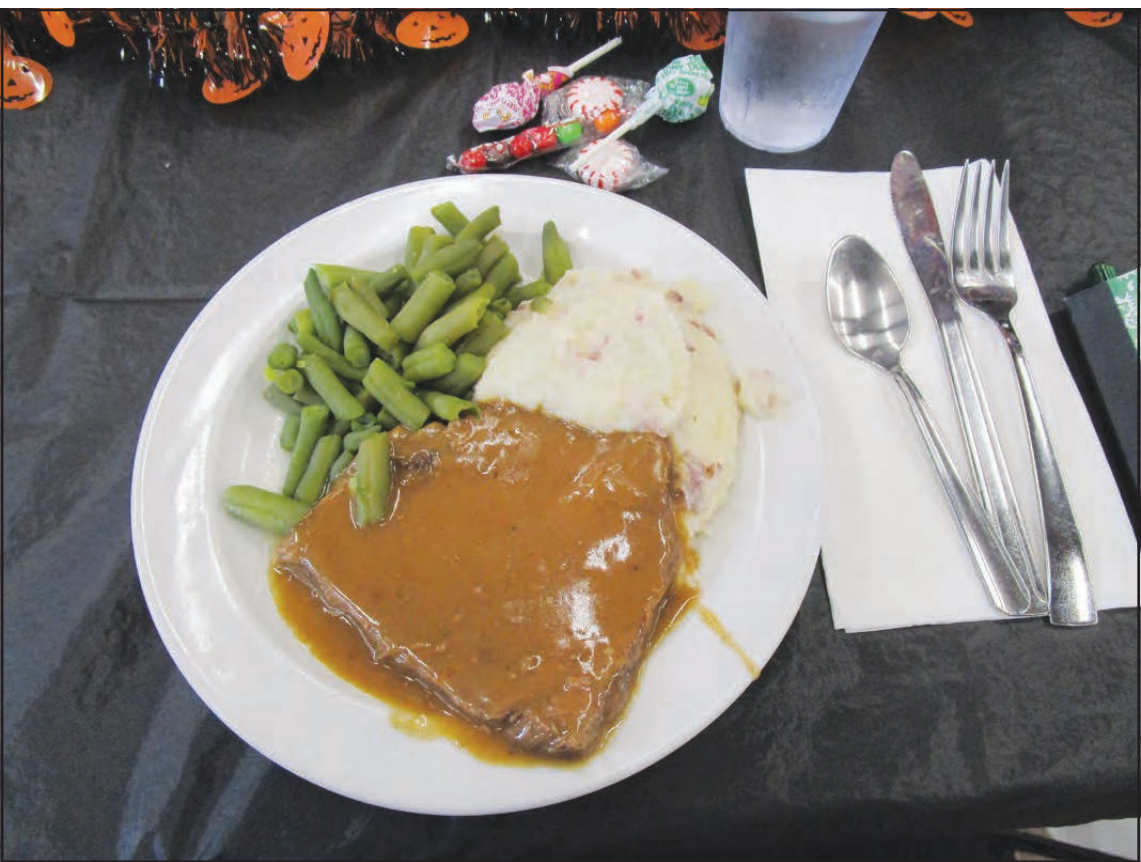
Residents as young as 50 can become members of the Fallbrook Senior Center (also known as the Fallbrook Senior Citizens Service Club) and the fee is only \$15 a year. On the second Thursday of

the month, senior center members who have a birthday or anniversary that month are recognized. The tables are specially decorated for the occasion too.

This month's birthday lunch was Oct. 11 with a Halloween theme. Each lunch starts with a green salad that includes chunks of cucumber and tomato, purple cabbage and garbanzo beans. While they do not offer a salad bar anymore, the staff does have a few other options, including beet slices, that they will add to one's salad plate when requested, along with a roll. There are also four salad dressings to choose from.

The birthday menu featured roast beef in a tasty, but not salty, brown gravy and mashed red-skin potatoes accompanied by green beans. The plateful is enough to satisfy hungry diners, but not all seniors can eat that much. So, some of them do bring their own containers to put leftovers in and take home.

On the monthly menu, each lunch ends with dessert/fruit; birthday lunches include a birthday cake donated by a local business. October's half chocolate/half white cake was served courtesy of Carlos Perez of Quality and



The roast beef lunch is full of flavor and makes good leftovers. Lucette Moramarco photos



The birthday cake was half chocolate with chocolate mousse filling and half white cake with raspberry filling, all covered in whipped cream.



Salads for seniors are filled with nutritious ingredients; the beets are optional.

Affordable Home Care, who attended the lunch with his wife.

Like the rest of lunch, the cake was delicious! To top it off, longtime resident Bud Roberds played a snazzy rendition of "Happy Birthday" on the piano for the occasion after playing oldies but goodies prior to the serving of the cake.

The lunch is usually served in the main hall; on Oct. 11, the tables had been pushed back to the western side of the hall

because of work going on up on the roof. Susie Gonsalves, the senior center's operating manager, let everyone know that the main hall was going to be unavailable for two weeks due to the repair work. Starting on Oct. 12, diners were to use the entrance at the other side of the building as lunch would be served in the north room in the meantime.

Gonsalves said they serve an average of 42 lunches a day although there were almost 60

people attending the birthday lunch. The same meals, minus the beverage, are also served in the center's Home Delivered Meals Program with 60 meals a day delivered to homebound seniors.

The menu for October's lunch shows a wide variety of food being served, from stuffed cabbage and lasagna to beef fajitas and Swedish meatballs. Some kind of fish or seafood is served on Fridays; upcoming options this month are baked fish with lemon, quinoa, baked yams on Oct. 18 and fish and chips with peas, Oct. 25, both with salad and dessert/fruit. The Halloween lunch sounds good: split pea soup, turkey sandwich and broccoli.

Menus are subject to change without notice but it is comforting to know that there is someplace seniors can go where everyone knows their name.

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Z CAFE

Variety of varietals is working for Cougar Vineyard & Winery



Jennifer and Rick Buffington are the owners and operators of Cougar Vineyards & Winery in Temecula.

Jeff Pack photos

Jeff Pack WRITER

Rick and Jennifer Buffington started out making wine like so many others do – with a wine kit. Rick Buffington and a buddy who made craft beer back in Texas decided to give wine a shot, and the rest is history – sort of.

“So he and I made the next batch,” Jennifer Buffington said, pointing at Rick Buffington. “We had this Italian restaurant saving us all these weird bottles and this whole mismatched thing. (The wine) was OK.”

Since Rick and Jennifer Buffington met in San Diego, the software developers jumped at the chance to move back to the West Coast with an opportunity to work at Boeing near Seattle.

“Since we were contractors, we had the opportunity to join the Boeing beer and wine amateur group,” Jennifer Buffington said. “Then you had access to grapes, they had pressure destemmers and presses you could borrow and buy through them. So, we immediately got a press which is actually still here. We still use it for itty bitty batches.”

Rick Buffington said through the group people could get grapes from eastern Washington or they could go pick them up.

“The harvest comes in at about the same time, so everybody would be at the Boeing beer and wine making clubhouse trying to use the equipment, so you’d have to stand in line. We did that one year, and I said, ‘you know what, we’re buying our own little press.’”

Now, how did Cougar Vineyards & Winery come to be Cougar Vineyards & Winery? Visitors might think it’s a brilliant marketing ploy in a name, but they’d be wrong.

“We were living in Bellevue, Washington, at the time on Cougar Mountain,” Jennifer Buffington said. “People have many ideas where the name comes from – it’s a horse, it’s a car, it’s an older woman,” Jennifer Buffington said. “Hey, whatever, it gets them in the door.”

“We had Cougar Software Solutions, a software company, so everything we did had ‘cougar’ in it – cougar this, cougar that – so that’s how it all came about,” Rick Buffington said.

They initially started making wine in a tiny little space in their house, they said.

“We had the brilliant idea of knocking out the support of our house and creating a 400-square-foot winery for our equipment barrels and everything, just for fun,” Jennifer Buffington said.

“Her idea, not mine,” Rick Buffington said.

Once that was done, they had their own private wine cave and wine-making operation.

“We didn’t have to chill or anything; it was perfect temperature for winemaking,” Jennifer Buffington said. “So that’s how we got started.”

While they loved their home and their friends in the Seattle area, they wanted to move again to a warmer climate.

“Let’s go back to where we want to live, which is Southern California,” Jennifer Buffington said.

They searched for land for putting in a vineyard, since they had the bug.

“I had never even heard of Fallbrook,” Jennifer Buffington said. “We found this house, and it was finally something we liked and it had land, so we moved in Thanksgiving of 2000, hauled all of our winemaking equipment and started talking about putting in a vineyard.”

Initially they were going to plant only sangiovese on their 3 1/2 acres, but they were talked into planting montepulciano on the property by a nursery friend they had made in Napa.

“‘Ooh,’ I said, ‘100 percent estate montepulciano – The Full Monte,’” Jennifer Buffington said. “(The friend) said, ‘You better trademark that,’ so I trademarked it.”

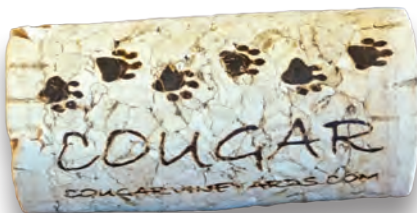
The next year they put in malbec, cabernet and syrah. Then in 2004, they sold wholesale out of their home.

“It was a serious little operation as amateurs,” Jennifer Buffington said.

“We got good shelf space though. We went down to Daniel’s Market, places like that,” Rick Buffington said. “Almost every place we contacted took the wine that wasn’t an issue, but we weren’t going through a distributor, so we had to drive our truck down to deliver a case of wine and figured this wasn’t going to work out.”

So, in 2005 they purchased the raw property where Cougar Vineyards & Winery sits today and graded and planted and put up the metal building for wine production.

“A lot of them start with the pretty. Well, we opened up with production, because that’s what we were good at,” Jennifer Buffington said. “And we opened our doors Thanksgiving of 2006. We didn’t have any landscaping, but the vineyard was coming in and we had our



Cougar Vineyards & Winery gets its name from Cougar Mountain, which was near the Buffington’s home in Bellevue, Washington, where they initially made wine.

grapes from Fallbrook and buying grapes from around the valley.”

“We’ve always made our wine right here or in Fallbrook,” Rick Buffington said. “In the beginning when we opened up, nobody really knows you’re

there, so it was slow, and we’re doing barrel tastings on the bar, because we didn’t have much here.”

When they opened their doors, they were doing 80 cases per year, next year was 880, then they did 1,200 and then 1,500. Now almost to their 12th anniversary, they will be doing about 8,500 cases.

“For the first time ever, we had to put some of our barrels at an off-site facility,” Jennifer Buffington said. “We ran out of room, so that’s good that we have people that have extra room.”

When they first planted, they put in sangiovese, aglianico, montepulciano and vermentino, since then they’ve added falanghina, coda di volpe, canaiolo nero, cilieggiolo, prosecco now known as glera since 2009 and piediroso.

Next door, at a property known as “La Vigna a Destra,” they have planted primitivo, arneis, malvasia bianca, pinot grigio, sagrantino, nero d’avola, piediroso and lambrusca di alessandria.

“Little old Cougar,” Jennifer Buffington said.

“We got four varietals recognized by the TTB (Tax and Trade Bureau),” Rick Buffington jumped in.

“We got brachetto, falanghina, lambrusca di alessandria and coda di volpe recognized,” Jennifer Buffington said. “It takes a commercial winery growing it, producing it and selling it.”

They had to produce a wine from the grapes and send cuttings up to University of California Davis, and next it goes to Milan, Italy, where they match up the DNA from the cuttings they provided to cuttings from Italy. Then they had to apply to the Tax and Trade Bureau with the data they provided to have it recognized.

With so much going on at a growing winery, they rarely get a break, the couple said.

“I remember our real estate agent saying, ‘OK, I can’t sell anymore properties like yours because everything looks at you guys and you’re still working,’” Jennifer Buffington said. “Well, we’re not millionaires. We’re winemakers that bought something with an SBA loan.”

“We could sell this place right now and be set,” Rick Buffington said. “But what would I do? Go back home and make wine I guess.”

With so much going on, the couple still finds time to make something new.

“We have a new product, our Sangio Sparkling Peach Sangria that we’re canning,” Jennifer Buffington said. “And we also have it on tap and kegs. So, we’re playing with that market.”

Through a partnership with Black Market Brewing Company in Temecula, they have two wines

and the sangria on tap over there and sell Black Market beers in the winery deli.

“Through them we are going to distribute it and see where it goes,” Jennifer Buffington said.

The tasting room is open 11 a.m. to 6 p.m., Sundays through Thursdays; 11 a.m. to 8 p.m., Fridays and 11 a.m. to 7 p.m., Saturdays.

Cougar Winery & Vineyards is at 39870 De Portola Road in Temecula. Call (951) 491-0825 or visit www.cougarvineyards.com.

Jeff Pack can be reached by email at jpack@reedermedia.com.

Wine Country Events Calendar

FRIDAY, OCTOBER 19	
11 a.m. to 5 p.m.	Craft Faire, Maurice Carrie Winery
Noon to 2 p.m.	Gourmet Cheese Artisanal Tour & Wine Tasting, Avensole Winery
1-2:30 p.m.	Behind the Scenes Wine Tour, South Coast Winery
3-5:30 p.m.	Happy Hour, Vineyard Rose, South Coast Winery
5-8 p.m.	Live Music, Paula Arlich, Cougar Vineyard & Winery
5:30-8:30 p.m.	Live Music, Buzz Campbell, Restaurant at Ponte Vineyard
6-9 p.m.	Live Music, Mickie Arnett, Miramonte Winery
6-9 p.m.	Live Music, Those Guys, Lorimar Winery
6-9 p.m.	Live Music, Charles Curinga, Avensole Winery Restaurant
7-11 p.m.	Live Music, Diana Rein, Cellar Lounge at Ponte Vineyard
SATURDAY, OCTOBER 20	
11 a.m. to 5 p.m.	Craft Faire, Maurice Carrie Winery
1-4 p.m.	Live Music, Astra Kelly, Avensole Winery Tasting Room
1-5 p.m.	Live Music, John Rankin, Fazelli Cellars
3:30-5:30 p.m.	Happy Hour, Vineyard Rose, South Coast Winery
5:30-8:30 p.m.	Live Music, Jason Webber, Restaurant at Ponte Vineyard
6-9 p.m.	Live Music, Big Truth, Lorimar Winery
6-9 p.m.	Live Music, Indica Roots, Miramonte Winery
7-11 p.m.	Live Music, Sophisticados, Cellar Lounge at Ponte Vineyard
SUNDAY, OCTOBER 21	
10 a.m. to 3 p.m.	Bubble Brunch Buffet, Wilson Creek Winery
11 a.m. to 2 p.m.	Brunch Specials at Meritage Restaurant, Callaway Winery
11 a.m. to 5 p.m.	Craft Faire, Maurice Carrie Winery
11:30 a.m. to 2:30 p.m.	Dog Day Sundays, Carol’s Restaurant at Bailly’s Winery
1-4 p.m.	Live Music, Sheila Sondergaard, Avensole Winery
1-4 p.m.	Live Music, TBA, Lorimar Winery
1-5 p.m.	Live Music, Justin Paul Sanders, Fazeli Cellars
2-5 p.m.	Live music, Don Brennan, Cougar Vineyard & Winery
3:30-5:30 p.m.	Happy Hour, South Coast Winery
5:30-8:30 p.m.	Live Music, Buzz Campbell, Cellar Lounge at Ponte Vineyard

UPCOMING EVENTS

Oct. 19, Halloween Dance Party, Bel Vino Winery
Oct. 26, Halloween Party, Lorimar Winery
Oct. 27, Hall-Wine Party, Masia de la Vinya Winery
Oct. 27, Haunted Masquerade Ball, Fazeli Cellars
Oct. 29, Movie in the Vines, “Casper,” Lorimar Winery

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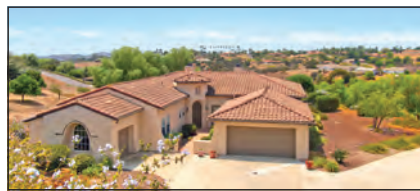


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