Fallbrook & Bonsall

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Surveillance equipment stolen from vacant building

October 21, 2021



A reward Village News/Julie Reeder photo for the return of stolen surveillance equipment hangs on the fence outside the former McDonald's building on South Main Avenue.

Rick Monroe

Special to Village News

The theft of surveillance equipment from the former McDonald's building on South Main Street has resulted in a large "CASH REWARD" sign on the fence the thief used to climb to gain access to the property.

Charlie Snowder, owner of MVW General Contractors, said the theft occurred the evening of Monday, Oct. 11. His alarm went off saying the security equipment was off-line, but he said he assumed it was a loss of power. The next morning when he returned, he realized a thief took a recorder, camera, DVR system and other equipment.

Snowder is offering a \$500 reward for the return of equipment, no questions asked. There is also a \$1,000 reward available for the arrest and conviction of the person responsible. The phone number on the sign is 760-535-8823.

"It looks like the person or persons climbed over the fence using buckets," Snowder said. "The McDonald's building had no doors, making it easy for the thief."

see STOLEN, page A-9

USPS Residential Customer



VILLAGE NEWS

Anti-mandate rally draws 250 participants

Rick Monroe

Special to Village News

The signs told the story: "Stop the Mandate," "Say NO to Tyranny," "I am not an experiment," "Not Anti-Vax, Anti-Mandate," and "Mama Bears Are Awake." And many more, all hand-made. Others carried American flags.

About 250 moms, dads, grandparents, and children participated Friday, Oct. 15, in the first anti-mandate rally sponsored by Fallbrook Freedom Fighters, a newly formed group that is opposed to the state mandates for school children to be vaccinated for COVID-19.

The rally was held at the corners of Mission Road and State Route 76 in Bonsall.

The organizers, Courtney Stevens and Lindsay Jones, were interviewed on KUSI-TV the day prior to the rally. The independent station also had news coverage on Friday night.

Stevens and Jones each said they were not comfortable with their

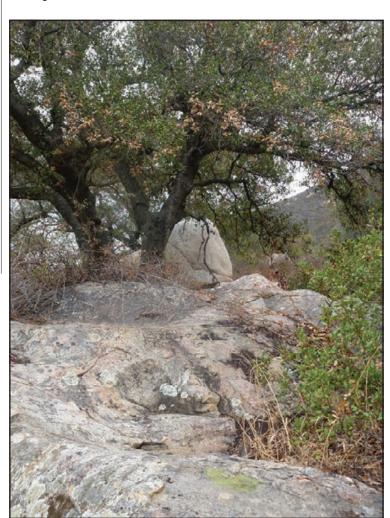
see **RALLY**, page D-1



Parents and children protest the vaccine mandate for students.

Village News/Rick Monroe photos

Issa-sponsored bill to protect tribal land clears key House Committee



Village News/Ron Jonason photos At the base of Gregory Canyon, this area is known as Medicine Rock, a spiritual site of prayer, ritual, and healing for the Luiseno People.

WASHINGTON – Bipartisan legislation to facilitate the Pala Band of Mission Indians' work to protect the sacred San Diego County site known locally as Gregory Mountain cleared a key House Committee, Oct. 14, by unanimous consent. H.R. 1975 -The Pala Band of Mission Indians Land Transfer Act of 2021 – was authored by Congressman Darrell Issa (CA-50) and cosponsored by Congressman Juan Vargas (CA-51).

The legislation authorizes the Secretary of the Interior to transfer approximately 720 acres of land acquired by the Pala into trust for the benefit of the tribe and its members.

Rep. Issa said, "Our tribal communities play a vital role in supporting the local economy, creating jobs, and providing essential services. That's why it is so important to preserve their sacred and heritage sites so current and future generations continue to learn and revere each tribe's culture and legacy. My thanks to my friend Rep. Vargas for his support in making this legislation a reality.

Rep. Vargas said, "I'm proud to join Rep. Issa to help protect the Pala Band of Mission Indians' ancestral lands. Through H.R. 1975, we put these lands into a federal trust and ensure that Chokla, the sacred mountain to the Pala Band, is respected and protected for future traditions."

Robert Smith, Chairman of the tribe said, "The Pala Band of Mission Indians would like to express our gratitude to Congressman Darrell Issa for the work he has done to help us protect our sacred ancestral lands. We are also grateful to Congressman Juan Vargas for his long-standing partnership in our fight to protect Chokla, our sacred mountain. Putting these lands into federal trust through H.R. 1975 ensures that the people of Pala can continue to steward our lands and traditions as we have since time

see TRIBAL, page A-9

Monserate Winery holds

'soft' opening Owners strives to attain 'world class' facility to preserve Gird Valley



Village News/Shane Gibson photo Joel Work, right, of Monserate Winery serves wine to guests at the new winery in Gird Valley in Fallbrook.

Rick Monroe

Special to the Village News

Monserate Winery is open. Long-time Fallbrook residents Jade and Julie Work purchased the former Fallbrook Golf Course in 2016 for \$4.1 million with the desire to preserve the beauty and integrity of the land, dotted with 100-year-old oaks, towering sycamore trees, and tranquil lakes.

After 56 years, the public golf course had fallen on hard times and developers were ready to snatch it for homes. "It would be tragic to turn all this into houses or condos," said Jade Work.

He proposed a winery for the property and for the past five years has worked on county and state for permits to create a first-class facility. At last, he's been able to open a temporary facility for up to 250 people including patio seating. The temporary buildings will be torn down when the other projects are completed.

Last Friday and Saturday, Oct. 15-16, marked the "soft" grand opening, a memorial tribute to the project. It's been a lengthy journey that the Works have stayed true to their vision.

"Our dream is for something special for Fallbrook, something beautiful and that will preserve Gird Valley," he explained. "Our vision is for sustainable conservation with a winery."

About half of Monserate's 116 acres are planted with a variety of grapes. Work said that compares to most of the Temecula wineries having 20-30 acres.

"I'm grateful that so far we have the permit to begin operations,"

And while the temporary buildings here are adequate, the plans for the permanent buildings are extensive. Interviewed the day of the soft opening, Work was excited about the future.

"We're sparing no expense with the property, from irrigation, a world-class winemaker, wine tanks from Italy, and the work of architect Richard Krantz, who has designed the property to have the look of a custom Tuscany village."

"If you want to see a world-class winery, this is the opportunity,'

see WINERY, page A-8

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ANNOUNCEMENTS

FCAT presents The Greywater Project



Shreya Ramachandran founded the Great Village News/Courtesy photo Water Project in 2016 to ensure availability and sustainable management of water and sanitation for all.

FALLBROOK - Fallbrook Climate Action Team will host a talk about The Greywater Project on Tuesday, Oct. 26 at 6:30 p.m. on Zoom. Meet Shreya Ramachandran who, as a teen, found low-tech ways to save water.

Ramachandran founded the Grey Water Project, a non-profit, in 2016. She received the Children's Climate Prize in 2019 and was named International Bio Genius in 2020. She was also seen in National Geographic and The Weather Channel. Her goal is to teach others how to save and reuse household water. She is currently a student at Stanford.

"My vision is to have grey water reuse become like paper and plastic recycling – something everyone knows how to do," she said. The Grey Water Project is also working towards the achievement of Sustainable Development Goal 6. SDG6 is one of 17 Sustainable Development Goals established by the United Nations General Assembly in 2015, the official wording is: "Ensure availability and sustainable management of water and sanitation for all." Specifically, SDG 6.3, 6.4 and 6.a work to substantially increase recycling and safe reuse of water globally, reducing the number of people suffering from water scarcity, and expanding international work for water efficiency, wastewater treatment and reuse technologies.

FCAT presents monthly presentations about climate change and mitigation, usually on the last Tuesday of the month on Zoom. To receive the Zoom link, sign up for the group's eblast at fallbrookclimateactionteam.org.

Submitted by Fallbrook Climate Action Team.

Balboa Park will be the subject of garden club program

FALLBROOK - Lucy A. Warren will be the speaker at the Fallbrook Garden Club Oct. 26 General Meeting. Guests will learn about both the popular public gardens and secret spots at Balboa Park enjoyed by those in the know. A brief history of Balboa Park will set the stage and carry one through to the latest developments in this local treasure.

Warren has been a UCCE certified Master Gardener since 1994. As a former editor of California Garden magazine, she wrote feature articles and a gardening column on edible plants for the San Diego Union Tribune, and many articles for other gardening publications. She collaborated on the University of California public information pamphlet on killer bees.

Warren was assistant coordinator for the flower and garden show at the San Diego County Fair for many years and still works with the Spring Home/Garden Show. She was a founding member of the California Garden and Landscape History Society and the San Diego Horticultural Society, serving on their boards and others.

She is also co-author of two books on California native



Balboa Park contains public gardens and Village News/Courtesy photo secret spots, which will be shared at the next Fallbrook Garden Club meeting.

plants with Greg Rubin: The California Native Landscape: The Homeowner's Guide to Restoring its Balance and Beauty and The California Drought-Defying Garden. As Horticulture Chair of Forever Balboa Park, her Adopt-A-Plot program has resulted in many upgrades in the gardens of Balboa Park. She will share some of the results of this program.

The meeting is held at the Fallbrook Community Center, 341

Heald Lane; 12:30 p.m. is social time, 1 p.m. business meeting, with the program starting at 2 p.m. Masks are required for the non-vaccinated, recommended for vaccinated people. Water, tea and coffee will be available. The public is welcome.

For further information relating to the club and its activities visit www.fallbrookgardenclub.org.

Submitted by Fallbrook Garden Club.

Bonsall Woman's Club hosts "Painting with a Purpose" fundraiser



This is the picture that participants duplicated at the Bonsall Woman's Club fundraiser.

FALLBROOK - A "Painting with a Purpose" fundraiser was held at a Bonsall Woman's Club member's home, Oct. 14. All painting supplies were provided by the club.

The BWC's Thursday, Nov. 4 meeting will be held at the Bonsall Community Center, 31505 Old River Road, in Bonsall. The doors will open at 9:30 a.m. for a social hour with the business-portion starting at 10 a.m. Program chairs Laurie Criscenti and Cheri Marie Poulos chose an acoustic duo from Carlsbad, "The Journeybirds" to provide the entertainment. This November meeting has become a customary way to kick off the upcoming holiday season.

Snacks will be available.

Reservations and snack orders must be made no later than Oct. 28 by emailing bonsallwomansclub@ gmail.com.

A Christmas fundraiser will be held Thursday, Dec. 2 and Friday, Dec. 3 at 100 Main Street in Fallbrook. Items available include 3-4 foot fully decorated trees, for which the club has become well known. There will also be wreaths and themed baskets to be raffled or sold. There will be many other items for your holiday gifts.

All proceeds from these fundraisers will be designated to local 501@3 entities as well as high school scholarships.

Submitted by Bonsall Woman's Club.





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VFW is hosting a Veterans Day ceremony

FALLBROOK - Charles E. Swisher VFW Post 1924 regrets to inform the community of Fallbrook that there will not be a Veterans Day Parade this year. The VFW will still host a Veterans Day Ceremony and free lunch at the Post located at 1175 Old Stage

The public is welcomed to attend the ceremony that will begin at 11 a.m. on Thursday, Nov. 11, followed by a free lunch and activities. The Post Commander expressed sincere regret about not being able to host the Parade for the second straight year due to Pandemic reasons. Commander

Ingraham said, "We are already working on planning the 2022 Parade.

Ingraham went on to say, "It is important that each community recognizes all veterans on Veterans Day, for if it was not for those who chose to serve or have served our great country in the military, we would not have this great country."

If anyone would like to help the VFW in its mission to serve, feel free to contact the Post at info@ fallbrookvfw.org or visit www. fallbrookvfw.org and click the "donate now" button.

Submitted by Fallbrook VFW.





COMING SOON

3126 Via Del Cielo, Fallbrook - Panoramic views over Monserate Winery. 4,816 sf on 4.69 acres. Single story with pool/spa. Offered at \$1,748,747



4489 Fallsbrae, Fallbrook

Peace and tranquility meets sophistication and convenience. This south Fallbrook single story dream property enjoys million dollar views from nearly every room! Gated, on 2.14 acres and perfectly positioned at the end of a cul-de-sac.

Sold for \$1,310,000



Fixer in Fallbrook

Location and views in Bonsall! Here is where you want to bring your ideas and creativity to complete your new Panoramic view home. Horses are allowed on this 7.96 ac view parcel. This home has been in a partially complete remodel for over 12 years.

Offered at \$674,747



Hialeah Estates

Where the Red Hawk Soars! Thoughtfully perched on the crest of the hill in sought after Hialeah Estates area of Bonsall you will find your one level retreat. Captivating views in the front of the home and panoramic views.

Sold for \$1,370,007



Morro Hills

One level quality 4150 SF custom home and detached 1068 SF guest house in sought after Morro Hills community of Fallbrook. Meticulously maintained and manicured 2.09 acs that is fenced, cross fenced and has a private gated entry.

Sold for \$2,300,000



Single Level in Fallbrook

Country one level close to town. Spacious .78 acre lot. Convenient floor plan and garage converted to living quarters. 3BD, 3BA, 2278 sq.ft.

Offered at \$598,747

COMING SOON

11657 Alps Way, Escondido Offered at \$1,748,747

Ken's Corner

Without a doubt this has been a banner year for real estate sales in our area, and for most areas in our country. It has been very frustrating for buyers who continue to make offers and get outbid...or for some reason their offer was not chosen. If you are one of those buyers and are interested in making your offer stronger...let us help vou make the best offer presentation possible. We are your negotiation experts! Our goal is to have you win!

At Your Service! - Ken









224 Tom McGuinness, Fallbrook

Beautifully upgraded 4BD, 3BA, 3,285 sf single story home with paid solar, located in the pristine gated "Shady Grove" neighborhood in Fallbrook. Custom floor-to-ceiling windows along the entire back of the home create an open ambience to take in the view. The modernized sliding glass door leads you to the gardening areas with various fruit trees including avocado, apple, fig, and orange. Read a book on the new outdoor shaded patio to relax and unwind. The firepit, planters, trellis/table seating area and artificial grass for easy maintenance create a tranquil backyard environment. Newly constructed full white wall entertainment center.

Offered at \$948,747



Spectacular Newly Remodeled

4BD, 4BA country estate with upstairs bonus room and balcony welcomes you to paradise as you take in the panoramic views from every room! Enjoy all the modern convenience while relaxing on your own private 3.38 acres. A new paid solar system, installed on the new roof, an irrigation well, new upgraded flooring, new Milgard windows, a kitchen with a Viking prof range and other upgraded stainless appliances set the stage.

Sold for \$1,650,000

Sharon's Corner

Staging - yes or no? I say "Definitely Yes!"

We help our clients stage their homes to get the best possible photos, as this will draw potential buyers to the property! First impressions DO matter and are part of why we get top dollar for our listings.

We include staging services for all our listings, and that is just one way what we do is different from the rest! For more information or to talk about selling your home, call me! Let's talk! - Sharon

LAND / INVESTMENT



Dollar General

Dollar Generals In Escrow Michigan. 4.3 Million represented the Buyer!

Call for details on investing in properties like this! 6% Cap rate.



Dollar General

HOLT, Missouri - NNN inguaranteed by vestment BBB+ rated Dollar General Corporation. 7.5 years remaining on initial 15 year lease with 4X5 year options. 6.8 CAP rate at:

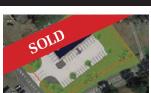
Offered at \$1,269,560



Dollar General

Leighton, Alabama - NNN investment guaranteed by BBB+ rated Dollar General Corporation. 9.9 years remaining on initial 15 year lease with 4X5 year options. 6.35 CAP rate at:

Offered at \$1,092,500



Dollar General

Alexander City, Alabama-NNN investment guaranteed by BBB+ rated Dollar General Corporation. 9.5 years remaining on initial 15 year lease with 4X5 year options. 6.35 CAP rate at:

Offered at \$1,213,400



Panoramic Views

Via Cuesta Arriba, Bonsall in Hialeah Estates. Panoramic views to the ocean and all surrounding mtn ranges from the top of this exceptional building parcel. Coveted Bonsall location. Includes water meter.

Offered at \$498,747



Westport Manor

A highly upgraded 8 unit apt. building located in a superior rental area of Anaheim, CA. All units have garage parking. Improvements include roll-up garage doors with openers, dual paned windows, wall a/c.

Sold for \$1,920,000

Business Spotlight



Clear Intentions Window Washing, Bonsall

Clear Intentions came out and cleaned my windows last week and they were amazing! 5 stars! I will be recommending them to all my clients! They are a family-owned professional residential window cleaning company and they offer thoroughly clean windows and superior personal service to our customers.

When you call Clear Intentions Window Washing you will speak directly with the owners. Elizabeth will be glad to help with an estimate and schedule your appointment over the phone. Our team will arrive in our signature yellow and black uniform for your scheduled service in a truck professionally wrapped to identify who we are and what we do and equipped with the tools

and ladders necessary to do the job. Call/text them at 858-232-8212

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Charity Spotlight



Fallbrook Music Society

Sunday, October 24, 2021 Social Hour 2pm, Doors Open 2:30pm 3:00pm Concert

Come on down this Sunday, October 24th, to the Fallbrook Mission Theatre, and enjoy a free concert by Aviara Trio presented by Fallbrook Music Society!

 $Check\ out\ \underline{www.fallbrookmusicsociety.org}$ for more details on their 43rd concert sea-

Food and drinks can be purchased at the snack bar! See you there!

OPINION

No offshore oil drilling



Supervisor Jim Desmond 5th District

Last week, I got a call that I knew was a possibility, but I hoped I wouldn't get. Oil balls had been found in Oceanside and Carlsbad. Despite not knowing if they were from the Long Beach oil spill, we jumped into action. I joined many colleagues from throughout North County for a press conference on Carlsbad State Beach, providing

information to the public. Most importantly, there is no immediate threat to the public. A boom has been deployed around several sites, including the Agua Hedionda Lagoon that leads into the desalination plant in Carlsbad.

The Carlsbad Desalination Plant continues to operate normally with no oil detected at the site, and there are no plans to shut it down. If the public observes tar balls or an oil sheen along the coastline, they are encouraged to report it by calling 866-985-8366. If members of the public observe wildlife impact by the oil spill, they can call 877-823-6926.

Those are the immediate facts, but this served as a stark reminder that we always need to reaffirm our opposition towards offshore oil drilling in our region. The destructive process associated with offshore drilling poses too great of a risk to the state's coastal economy and environment.

In 2019, the Board of Supervisors opposed offshore oil drilling off our coast and sent a letter to the federal government to reject any proposal that would allow an expansion of offshore oil drilling in the coastal waters.

I will continue to keep you updated with the recent oil spill, but we must do all we can to protect our beaches, and our marine life. We have all seen the disturbing images from Orange County and we do not want to see that same devastation in San Diego County.

Re: 'Vaccine mandates, what to do response' [Village News, Forrest Letter, 10/14/21]

Did you even read what I wrote and do your own research or are you just relying on NBC, ABC, CBS, CNN, MSNBC for your misinformation? All of these paid professional liars have a political agenda that you are feeding right into. I would be mad if my news media were gaslighting, manipulating, disrespecting me and outright lying to me to further their agenda! Kinda like the lying reporter telling us that the BLM and Antifa were "peaceful protestors" while we watched the burning down of Portland.

Did you read Ms. Julie Reeder's wonderful informative article on "Mandates"? Please read! You failed to go and research for your own so do not chastise and attack me for your own faults and misgivings. You have a bad case of confirmation bias and that is something only you can fix with real facts, but you have to have an open mind to digest everything out there!

FACT: Israel confirmed cases with highest infections, July 4 to 31. Age 20 to 90+, Cases fully vaccinated: 15,634. Cases unvaccinated: 3038. Israel is 86% vaccinated.

So all these countries including England, Israel, Iceland and more are lying? All these nurses and doctors are lying? How are fully vax'd people being counted? All the inexpensive drugs that are proven (some for years and decades) to be better than the vaccines is false information? Fauci was part of the engineering of this virus with the Chinese and our tax dollars paid for

it. Fauci is a pathological liar and covered this up while the Liberals make him out to be some hero.

The CDC's own website changes almost daily. The FDA is being coerced and strong-armed by the Biden/Harris administration into feeding you their lies.

Big Pharma is feeding their data to the FDA and you want to call that truth? The VAERS data reports of side effects and deaths are being manipulated. Countless big corporations are all on board the Vax train. Why is Bill Gates so adamant about taking the vaccine? Because he is making millions of dollars from his investment! I have more facts, but we are supposed to limit our words here.

Here's another fact. I spoke to a friend of mine the other day. Her dad recently died in another state and was being cremated with his ashes being shipped back to her. When Neptune Society picked up his body and delivered it to their mortuary, the paperwork sent to her to sign for the body to be cremated was marked in the upper right hand corner "COVID." She balked at that as she had proof he was not COVID positive at any time and had been tested constantly as he was in an assisted living facility. The facility was willing to show all their tests to prove it. She refused to sign the paperwork for cremation until the lie was removed. It was a fight, but she got that removed from the paperwork before it was stated on the death certificate.

So, tell me why they are still counting every death as COVID? Trying to increase the numbers to scare you? Does the mortuary

get a kickback from the federal government? I did my own research and I see where our federal government will help anybody with their funeral costs up to \$9,000. But

that's another sad story. You did not research one thing I wrote, so don't tell me to "expand" my multiple resources. There are

never two sides to the truth! The science that is being put out there is not science and many doctors, nurses and real scientists have stepped forward to prove them liars, but now they are being threatened physically, verbally, mentally and emotionally. So tell me why?

I had the virus and was down for about two days, so it doesn't affect everyone the same way. People are not dying in the streets like some TV program. Again, over 99.5% of the people who get this China virus come through just fine, so I'll take my chances of not putting an unproven, rushed through, skewed, unapproved, tested, fetal cell tested/ filled vaccine into my body.

Never in history have we been mandated to take medicine for a flu virus. Getting the shot doesn't stop you from passing the virus along, so if you get the shot and still feel scared, then wear a mask, keep your distance if needed, but leave me alone.

I would like to think that you are probably an intelligent person who has been hood-winked and feeds into all this hysterical misinformation by your news sources. As my friends say ... I think you should grab a hold of your ears and pull your head out.

Shanika Benson

A salute to agriculture



Assemblymember Marie Waldron

At the San Diego County Farm Bureau's annual celebration, I was proud to present Ken Altman with an Assembly Resolution honoring him as "Farmer of the Year." As owner of Altman Plants, the largest nursery in the United States, located right here in the 75th Assembly District, Ken has been active in California agriculture for decades. He represents the best of San Diego agriculture. His service includes the Dean's Advisory Committee for California Polytechnic State University, San Luis Obispo, and the San Diego County Farm Bureau Executive Committee, with two years as president.

Committed to his employees and the environment, Ken Altman provides for employee growth through continuing education and internal training, including scholarships to employees and their families. Altman Plants' environmental commitment is ongoing. The company relies on solar panels to power its Texas facility, and 250 million gallons of water is recycled each year at its Riverside facility.

San Diego County leads the country in nursery crops and avocados, we're fifth in lemons, ninth in strawberries, 10th in egglaying hens. We're number one in part-time farmers and small family farms, number two in farms operated by women. San Diego is the 19th most productive farm county in the nation.

But California agriculture faces monumental issues, including drought and wildfires. This session, I authored legislation to restore Lake Wohlford Dam to its full capacity, and I will continue to advocate for additional water storage and conveyance in the state budget. I also secured almost \$3 million to fund local fire districts in rural North County to help ensure this region's farms and surrounding communities are safe from wildfires.

As an Assemblymember representing one of the nation's leading agricultural counties, I am proud to recognize outstanding leaders like Ken Altman. I will continue to do all I can to encourage and support California agriculture.

Patriots unite

Why are we allowing this beautiful country of ours to go to hell in a handbasket? Are we cowards? Afraid to stand up to evil, which is what the progressive left is? Speaking of progressives, did you know that Progressive Insurance is owned by George Soros? To me, that is frightening. Too much influence – too much influence over the masses.

What about one hundred million dollars worth of "wall" equipment laying in rusted piles, paid for by "we the people?" Now it's wasted by the Biden decimation of our country. What do we do? If we impeach Biden, then we have "no action" Harris, with her kid actor, inane video. How could half of this citizenry who voted for Biden possibly not see what is happening to our country?

Personally, I miss President Trump. I'm sure many have expressed faults, but the man got

things done. God bless him. Our country needs him now. Just look at what Biden has wrought.

I have to include our despicable governor who after winning back the governorship is really on a roll with his insane mandates. We. who have a brain are still here fighting for California. It is not an easy task, so join in the fight for California and for our country. God Bless America!

Orolie Gubser

How the peacock preserved his power

indiscriminately, it's become just another year without the leadership and the prudent forest stewardship required to bring these cataclysmic fires to an end. Of course, the Governor continues to conveniently blame Climate Change to deflect his ineptitude and lack of managerial acumen.

And while our farming communities urgently request the precious water resources and infrastructure repairs they need to

While Northern California burns feed our state, the Governor defiantly Trotskyites just waiting for their ignores their impassioned pleas for help. And yes, even with the mushrooming homeless population, and despite his repressive COVID edicts, the Governor somehow managed to survive the recall effort with his scalp intact and without even one hair amiss from his carefully coiffed hairdo.

So how did he magically defeat the recall effort? Some pundits claim the GOP's loss was tied to insufficient campaign funding, while others charge that the Republican candidates lacked the credentials and gravitas to vanquish the "Boy King." Perhaps attrition contributed to his victory, with so many conservatives and moderates fleeing the state from the Dems repressive regulations and authoritarian governance. Or just maybe the \$600 stimulus bribes, I mean stimulus checks from Newsom,

had something to do with his victory. I'm sure the last-minute generosity from the Biden Administration coupled with the state's increases to welfare and SNAP benefits may have moved the results in Newsome's favor as well. But most likely, the mail-in ballot scheme made it possible and is directly responsible for defeating his recall election.

After all, Democrats have found a way to place ballots in the hands of the least engaged voters among us, those who prefer spending their days in a self-induced cannabis coma rather than being bothered with pesky civic duties. It is a masterful ploy to spoon-feed ballots to habitually unemployed citizens who struggle to get out of bed in the morning, much less who would ever go to a polling place to cast their vote in person. And with these newly minted voters, there is now far less pressure on the "Deceased" to win elections for Democrats. Additionally, they no longer need to rely so heavily on the teachers' unions, or the everexpanding public sector, or for that matter, the illegal alien's votes, to carry them across the election end zone.

And with Newsom's victory, the teachers can get back to the vital work of indoctrinating yet another generation of navel-gazing

marching orders from their Maois Masters. It's no wonder our public schools don't produce critical thinkers anymore when promoting Critical Race Theory is the preferential curriculum for most public-school teachers who would otherwise be developing reasoned thinkers.

After all, it's not about expanding individualism with Democrats; it's all about broadening collectivism. And yes, Newsom's gaggle of goose-stepping marionettes can now resume dismantling our Godgiven inalienable rights and mocking our Constitution to further their power and control over us, thanks to their legislative machinations in Sacramento.

You see, in Newsom's contorted universe, farmers, ranchers, small business owners, contractors, truck drivers, and those of us who live and work in rural communities across California are irrelevant and unworthy of his attention or consideration. We are simply political orphans without any political capital for him to spend. His sole concern is for his party's future and, most assuredly, for his future while he toys with our collective fates. But then we are the ones who resist his highnesses COVID mandates; we are the ones who are appalled by the deteriorating condition of our once beautiful state, and we are the ones who reject and refuse to become dutiful subjects of his lordship's domain.

For those of us who have lived long enough to witness the cataclysmic changes in our state, we must not allow those who came before us, whose sacrifices carried us to this day, to be dishonored by the Democrats. It is up to us as Republicans, Conservatives, Libertarians, and if any still exist, moderate Democrats, to eradicate this liberal plague that infects our state. We must resist their caustic actions and their insidious governance, which threatens our lives, no matter what it takes, no matter how high the stakes, so we may return California to the magical place we once called our "Golden

Dave Maynard



I lift up my eyes to the mountains – where does my help come from? My help comes from the Lord, the Maker of heaven and earth.

> He will not let your foot slip he who watches over you will not slumber; indeed, he who watches over Israel will neither slumber nor sleep.

The Lord watches over you – the Lord is your shade at your right hand; the sun will not harm you by day, nor the moon by night.

The Lord will keep you from all harm – he will watch over your life; the Lord will watch over your coming and going both now and forevermore.

Psalm 121

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COVID — prevention is the cure



Julie Reeder

Publisher

I lost a cousin last week to COVID-19. If you are losing a loved one to COVID, you shouldn't have to fight the hospital as well

His children weren't allowed to see him until the end, and just for five minutes. They were also asking the hospital to treat him with Ivermectin, but the hospital refused. From what I've learned, early intervention with Ivermectin is the most useful, but honestly, if someone is dying, what's the risk? They're dying! It reminds me of an employee I had 20 years ago that was dying of cancer and we were asking the doctors to give her more morphine for pain and they refused. \bar{I} asked, " \hat{W} hat are you afraid of? She's going to get hooked? She's dying!"

I read one law firm has 60 cases right now, representing families with loved ones in the hospital who are being refused this Nobel prize-winning drug.

This is one of the topics that is covered in a two-page spread in this week's paper, which I expect will be too much for short attention spans. But it is important to listen to doctors who know what they are doing. It is a transcription of a roundtable discussion between nine doctors and scientists about the present state of COVID and how to fight it.

The roundtable participants include an inventor of mRNA technology, a statistician, a psychiatrist, and several well-respected doctors and scientists who have treated thousands of COVID patients.

Most of them agree that the COVID pandemic is a pandemic of undertreatment and a lack of preventative strategy using medicines that have been utilized by billions of people all over the world. Medicines that are on the World Health Organization's list of essential life-saving medications. The problem with these off-label medications is they don't make people rich. They are cheap and available. You can likely take them long-term preventatively. Other countries, much poorer than the U.S., are using them with much

The doctors also are sounding the alarm because, while they all are pro-vaccine, they warn that the vaccines and the boosters we are using now are not effective against the Delta and other variants, and in fact may cause problems, especially to children and pregnant women. They didn't address the loss of personal freedom to control what you have injected into your own body, and it was kept completely unpolitical, which I appreciated.

Dr. Pierre Kory, who has testified before the U.S. Senate, said he has never seen anything like COVID. He's never seen floors of hospitals full of people with ventilators for the same disease and he takes it very seriously.

It's a mistake to censor and

shut out the opinions of doctors who have successfully treated thousands of patients. They made the point that it's how doctors work. They share information.

It also may be wise to talk with your doctor and have a proactive strategy in place since they say there are now just as many people getting COVID who are vaccinated as unvaccinated. They also confirmed that people who get COVID have superior

immunity to not only COVID-19 but the variants as well.

"Getting Covid is only caused by one thing – a lack of preventative strategy. The good news is we have those strategies." Kory said. "My colleagues are now talking about even scarier variants that are coming. And so, we need more tools to fight this. We need more weapons to fight this. And guess what? The positive message is. We

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Blanket Project says 'Thank you'

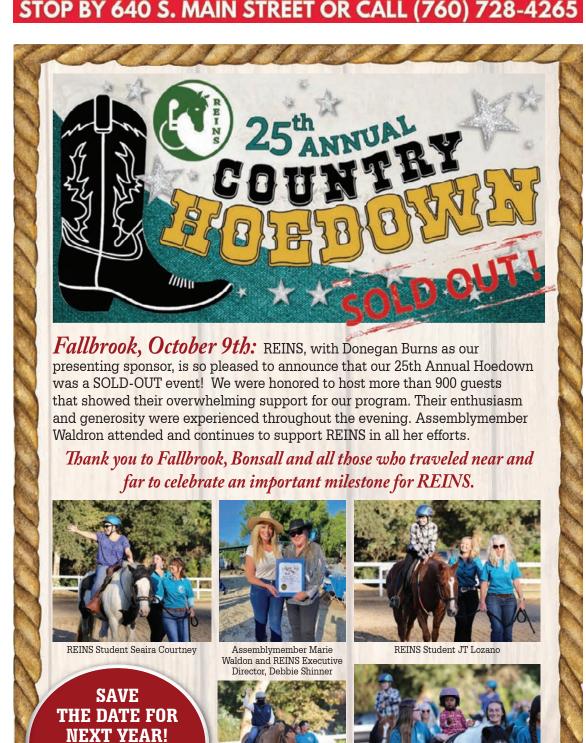
The volunteers with the nonprofit Fallbrook Blanket Project extend our thanks to local thrift stores for their generous donations of yarn; thank you St. Peter's Thrift Store, Angel Thrift Shop, Hidden Treasures Thrift Store and St.John's Thrift Shop. They have all contributed yarn to help us knit and crochet all sizes of blankets and items for those in need. We also thank those who have housed our weekly gatherings to socialize as we make our creations. Thank you to the Fallbrook Library, the Fallbrook Village Association for our use of Village Square and, now, our present meeting place at Living Waters Church donated by Pastor Slater. The wonderful people involved with these agencies have made it possible for us to have a good

supply of yarn and always a place for us to work together that we may give to others.

Another thank you goes to many different people for contributing yarn and also the colorful bags we use to donate our blankets. Thanks to the many ladies who join us at our free meetings and to those who knit and crochet at home for our project, each contributing her own talents. It truly takes a village, a Fallbrook Village.

Anyone wanting more information about the Blanket Project can visit fallbrookblanketproject.org or email fallbrookblanketproject@gmail.com.

Carmen Willard President, Fallbrook Blanket Project







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REINS long time Student and Volunteer, Sarah Nystrom

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SAT, OCT 8,

2022

Waldron honors Favela during Hispanic Heritage Month

ESCONDIDO - Assembly Republican Leader Marie Waldron joined civic leaders and dignitaries from across San Diego County to recognize Hispanic Heritage Month, Oct. 15. Lido Favela, Fallbrook Honorary Mayor in 2018, was honored for her years of dedicated service to Fallbrook

nonprofits including the Fallbrook Senior Center and Thrift Shop, the Homebound Meal Program, and many other groups that serve the community.

Submitted by the office of Assembly Republican Leader Marie Waldron, R-Escondido.

Marie Waldron, left, recognizes Lido Favela for her years of service to Fallbrook and her ongoing support of the Hispanic community.

Village News / Courtesy photo



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Regal Medical Group

October 21, 2021 www.VillageNews.com / The Fallbrook Village News / A-7

Silvergate Fallbrook to Host Fall Open House on November 9

FALLBROOK - Silvergate Fallbrook, the area's premier senior living community, is proud to announce the completion of major renovations to its expansive outdoor court-yard and all common activity rooms. The community is excited to host a Fall Open House at 1:00 p.m. on Tuesday, November 9, 2021 to debut the latest upgrades.

Local seniors and families are invited to come meet the management team, tour the community, and join in with the festivities, including: elegant hors d'oeuvres, signature cocktails, exciting raffle prizes and a ribbon cutting ceremony conducted by the Fallbrook Chamber of Commerce. This event will also debut the newest apartment design renderings for which construction begins later this fall.

The largest portion of Silvergate's renovation efforts were focused on the original interior courtyard. It was rebuilt from the ground up to create a brand new outdoor environment for resident enjoyment and the opportunity for year-round activity. Improvements included a beautiful new year-round outdoor patio dining venue, outdoor living room with fire pit, all new walking paths and uplighting, an outdoor bar and beverage station, a live entertainment stage, outdoor gaming areas, and lush landscaping with beautiful water features.



Silvergate Fallbrook residents Bettye McKim (left) and Sandee Star (right) enjoying the new Star Terrace Courtyard

"Our residents have been so excited with all of the new choices they have now in newly renovated courtyard," said Carie Hensley, Activities Director for Silvergate Fallbrook who has been leading the communities onsite events for nearly a decade. "It's going to be an exciting hub of activity and fun for the entire community."

One of the most anticipated portions of the courtyard renovation is the opening of its newly constructed outdoor dining venue -- The Star Patio. The beautiful new, trellis-covered patio venue provides residents with an outdoor dining experience in a comfortable courtyard setting that encourages meaningful connections among residents.

"We are so fortunate to have such an expansive area within our picturesque 5-acre campus to build something like this," said Patricia Martinez, Executive Director for Silvergate Fallbrook. It just could not have turned out nicer."

A host of new activity programs is being launched this fall to take advantage of the newly redesigned space, including: Fireside chats, family Sunday brunches, outdoor game days & tournaments, tai chi classes, walking club, courtyard sip & paint, lawn bowling, concerts, wine tastings, and more.

In addition to the courtyard expansion, Silvergate renovated nearly every internal activity room in their main building with the help of a nationally recognized interi-

or design firm specializing in senior living. A fresh new contemporary design was brought into Silvergate's dedicated card room, theater room, craft & activity room, café, and on-site hair salon.

During the Open House, Silvergate will also unveil design renderings of its newest luxury one- and two-bedroom apartment plans. Construction will begin later this fall on select apartments offering larger square footages and a long list of upgraded features, including an open kitchen-living room design, larger master bedrooms, in-room laundry, walkin closets, and more. Advance reservations are now being taken on Phase I of the new units.

Silvergate's major renovations also occurred in their Silvergate's Suites building

– a separate building on campus dedicated to seniors with memory care related needs including Alzheimer's and dementia. The secure outdoor patio was significantly expanded by nearly 100% to allow for more outdoor activities, seating, and walkways.

To RSVP

To RSVP for Silvergate's Fall Open House event, or to be placed on the Interest List for the new one- and two-bedroom apartments, call Helen Gray at (760) 728-8880. General information about the independent living, assisted living and memory care accommodations at Silvergate can be found at Silvergate RR. com/FB. Silvergate is located at 420 Elbrook Drive, Fallbrook, CA 92028.



Major Renovations Completed!

Spectacular New Star Terrace Courtyard!

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Tuesday, November 9th 1:00 p.m. – 4:00 p.m.

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WINERY

from page A-1

he added, saying it will be the largest, or one of the largest three, wineries in San Diego County. "Our theme is to try to be excellent in everything we do."

Work noted that studies show people will travel two hours for a quality winery experience, which will bring guests in not only from San Diego, but wine connoisseurs from Orange and Los Angeles counties.

Monserate is seeking permits from the county for 25,000 square feet in buildings, representing the first phase of the permanent buildings. Work said approval should come in 30-50 days, with the grand opening still 1.5 to two years away.

When all permits are granted, the buildings will be 50,000 square feet and designed to resemble the architecture of Tuscany, Italy. It will include three wedding venues. Weddings can be scheduled now in the temporary building.

The Works are very appreciated in southern Fallbrook. Along with replacing what had become brown fairways with attractive vineyards, they have also promised to place a conservation easement on 80 acres of the property outside of the winery, guaranteeing that it will never be developed.

Those who lived around the golf course were panicked that they were about to lose their peaceful views and lifestyle, and possibly see their home values decrease.

The neighbors sent letters of support with the county for approval of the winery. Work said there were 3,800 responses to the county and all but three were positive.

"The county said they'd never seen anything like it," he said. "It's astonishing support and I'm very humbled."

The primary key to success for any winery is obvious: great wine.

"The key to choice wine is great fruit from choice variations." Work said. "The climate of Fallbrook so much resembles Tuscany. The weather in both places is perfect for creating the best grapes for winemaking." Another key is the winemaker. Work said Justin Mund is that

"He has had a myriad of experience in winemaking and winegrowing from Sonoma County to the Central Coast and for the past 11 years in San Diego County," Work noted. 'Justin has worked with well-known producers ranging from boutique operations to large production, multi-label producers. His 24 years of experience at all levels has played an integral role in establishing his proficiency and philosophy toward winemaking and winegrowing.'

The wines at Monserate Winery are estate grown and bottled in Fallbrook. "We take pride in producing quality wines and pay close attention to every detail,' Work said.

Sixteen grape varieties are grown at Monserate Winery, featuring many Italian varieties.

Jade and Julie grew up in Fallbrook, grade school through high school. As a teenager, he worked at the golf course and later in life, ironically, he was a professional golfer for a brief period before becoming a golf course developer. Instead of keeping the property a golf course, he knew it would not work and made it a winery.

"My wife and I are low key," he said. "It's not about us."

Monserate has become a family business, with the Work's three sons and daughter-in-law



People enjoy wine, food and the view at Monserate Winery after opening to the public on October 15. Monserate Winery is serving their first vintage bottles of wine after planting their first vineyard in 2016.

committed to the project.

"I appreciate the support of community and the happy neighbors," Work said. "The best way to support the winery is through joining the Wine Club, detailed on the web page."

The winery is open Thursday through Monday, 11 a.m. to 5 p.m. Reservations are not necessary. For more information, call 760-268-9625 or visit monseratewinery.com.



A spacious lawn with games is available to guests at Monserate Winery in Gird Valley.

Village News/Shane Gibson photos



Two popular wines at Monserate Winery are Fiore, left, a falanghina white wine and Fedele, an Italian red blend.

The Medicare Open Enrollment Period is Oct. 15 - Dec. 7







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Inaugural North County Cup is a huge hit

FALLBROOK - On Oct. 1, golfers from Riverside and San Diego County came to Journey at Pechanga for the inaugural North County Cup benefiting the Boys & Girls Clubs of North County. The event, which included 18 holes at Journey and an awards banquet at Pechanga, helped raise over \$55,000 for the Club.

"We had such an incredible response from the community for this inaugural event," said Allison Barclay, CEO of the B&GC of North County. "None of this would have been possible without the dedication of our committee, board and the support of our sponsors."

For the tournament, golfers were given exclusive access to one of the best public golf courses in California, according to Golfweek. The challenging course is filled with beautiful views of the Temecula valley and pristine fairways and greens.

Immediately following the tournament, guests were treated to live music courtesy of a Fallbrook favorite, The Way Brothers. The banquet also included a delicious BBQ spread, a live auction with a trip to anywhere, and the presentation of awards to the



Donna Reisbeck-Stoewer, left, and Allison Barclay welcome guests at the inaugural North County Cup benefiting the Boys & Girls Clubs of North County.

tournament winners. With a score of 51, Josh Underseth, Patrick Coughlin, Grant Morgan and Matt Cecil took home the first North County Cup. Linda Edelstein powered through the rest of the field and won the long drive contest; Patrick Lucy won the putting contest by sinking a tricky putt, and Brian Kaplan was closest to the pin, knocking it 3 feet 4 inches away from the hole.

With the success of this event,

the club has already begun planning for next year's North County Cup, for Sept. 30, 2022. All proceeds of this event directly support the programs and services of the Boys & Girls Clubs of North

To find out more about how the Boys & Girls Club helps the kids in the community, visit www. bgcnorthcounty.org.

Submitted by the Boys & Girls Clubs of North County.



Patrick Lucy sinks the winning putt for the putting contest.



The Way Brothers rock out at the awards banquet at Pechanga Casino.

TRIBAL from page A-1

immemorial. We would also like to thank the House Natural Resources Committee for moving H.R. 1975 forward and look forward to its speedy passage."

Darrell Issa is the Representative of California's 50th Congressional District. The District encompasses the central and northeastern parts of San Diego County and a portion of Riverside County, including the communities of Fallbrook, San Marcos, Valley Center, Ramona, Escondido, Santee, Lakeside,

El Cajon, Temecula, and the mountain and desert areas of the San Diego-Imperial County line. Issa served as the Chairman of the House Committee on Oversight and Government Reform from 2011-2015.

STOLEN from page A-1

The contractor said the renovated building on the property will be for retail office spaces.

Snowder reported the incident to the Sheriff's Department. Detective Ronald Bushnell said there are no working leads but that he is waiting to hear back from the video recording company that monitors the videos produced by the equipment.

The property is located across the street from Grocery Outlet, Kahoots and Dollar Tree. The former McDonald's building is being renovated as a new office complex.





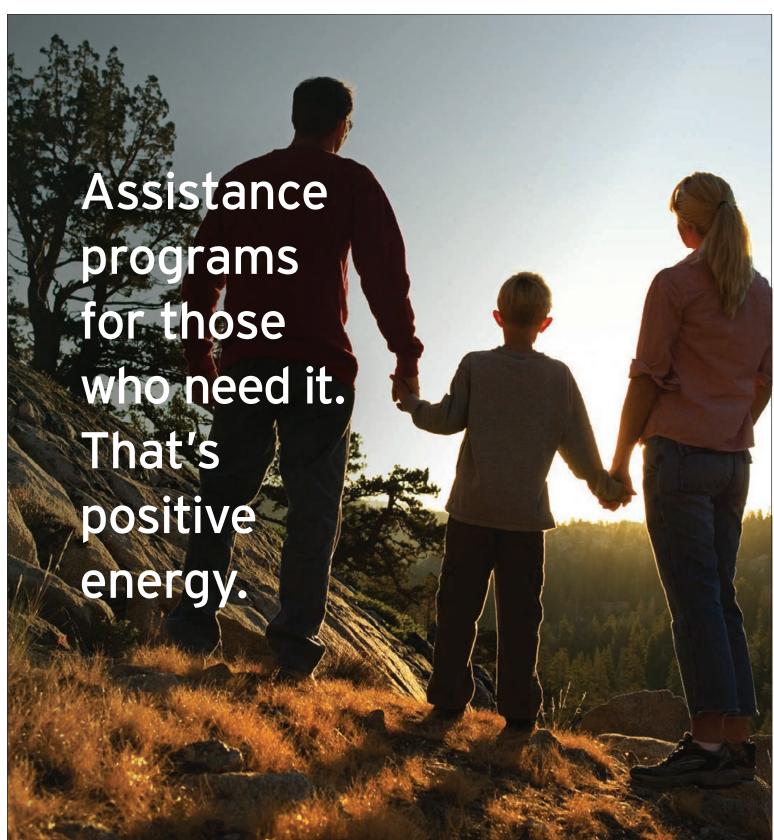
advertiser in the Village News & Valley News for many years, I've been working with my ad representative Michele Howard for a long, long time. She is very knowledgeable about the communities served by her newspapers, and always has fresh ideas about how to attract, and keep, new business. Looking at my advertising budget, her newspapers stand out as the best ad buy I can make.

- James C. Alvord, Attorney at Law

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Seller will entertain offers between \$1,675,000 & \$1,850,000

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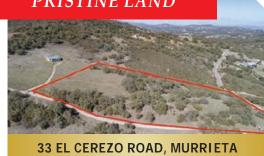


Fully Remodeled

Beautiful 2009 SF, single story, 3 bedroom, 2.5 bath, plus den with attached 2+ car garage. This home sits on 1 acre and is privately tucked away in the gated community of Beavercreek Estates. Home is light and bright with all new paint, carpet and kitchen appliances. Family fruit trees. Fenced in backyard. Paid for solar. Ready for the most dis-

Seller will entertain offers between \$725,000 & \$795,000

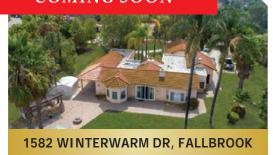
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Seller will entertain offers between \$310,000 & \$345,000

COMING SOON



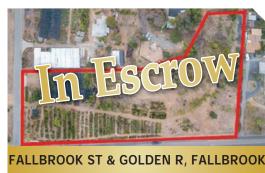
Car collectors delight! 6 car garage with 6 automatic overhead doors. Electronic gate with double entry circular drive. Home has been completely upgraded with gourmet kitchen, new appliances, updated looring throughout and select energy efficient dual glazed low E windows. Double sided fireplace in liv rm and family room, as well as a fireplace in the master. Backyard has a outdoor bar and kitchen to take in the dramatic western sunsets. Prof landscaped with beautiful tropical palms and year round blooming flowers.

Seller will entertain offers between \$1,050,000 & \$1,200,000

3310 LIVE OAK PARK, FALLBROOK

Privately gated family compound with a Live Oak Park address. Unless you know how to find it, it is hidden in plain sight! GPS can't figure out where it is located. Beautiful open floor plan alifornia Bungalow style home has 2BD, 2BA, with a den or study and stunning landscape. Home has been completely refurbished. Compound also has 22'x24' 1BD guest house with full kitchen. Both homes have central air and heat. Property enjoys a 28'x34' 3 car garage with half bath. With current Jr ADU code, the 3 car garage might be able to be converted into living space.

Seller will entertain offers between \$825,000 & \$899,000



3.97 acre lot Zoned Village 7.3 is at the corner of Fallbrook St and Golden Rd is currently the Fallbrook Garden Center. Seller will sell property including current inventory or will negotiate to customize transaction for your needs. Directly across Golden is the location for Fallbrooks newest county park. Plans have been drawn up for this property to divide it into 15 residential lots. The lot split hasn't been completed and is only a concept drawn up by an engineer for future 15 lot housing project.

Seller will entertain offers between \$599,000 & \$699,000

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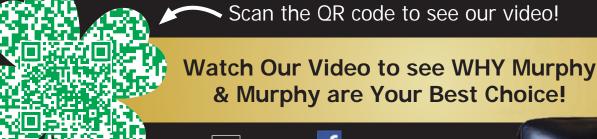


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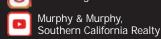


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A bounty of gems and minerals found in Fallbrook



The Fall Festival of Gems includes a wheel of fortune which allows visitors to try their luck at winning a variety of gems and minerals, some of them made into jewelry. The festival was hosted by the Fallbrook Gem & Mineral Society, Oct. 10.



A vendor explains the history, meaning, and path of his gems and minerals at his booth in the big parking lot below the library.



Local crafts are showcased at some of the festival booths, allowing visitors to browse and try on the jewelry.



Patrons of the Fall Festival of Gems come from all over San Diego County, and beyond, to see the wide variety of specimens available there.



Vendors say they have been preparing for this festival all year, as it is one of the best selling markets they go to.



A variety of gems, minerals, and other Village News/Chloe Shaver photos related crafts were available from a multitude of vendors.



Many vendors say they often sell out of their entire stock at this event, even after preparing for more than their normal sales elsewhere.



In 2021, the Fallbrook Gem and Mineral Society hosts its largest Fall Festival of Gems yet, featuring 34 vendors.

Sheriff's log

Sept. 29	
1200 block Alturas Road	Missing juvenile/runaway
Oct. 1	
1600 block S. Mission Road	Get credit/etc others ID
Oct. 6	
700 block W. Fallbrook St.	Petty theft
2000 block Rainbow Valley Blvd.	Obtain money/etc by false pretenses
Oct. 7	
00 block Via Casitas	Grand theft
2400 block S. Stage Coach Lane	Arrest: Possess weapon/etc on campus: not firearm
1100 block E. Alvarado St.	Miscellaneous fire investigation
S. Mission Road @ W. Fallbrook St.	Arrest: Poss controlled subs paraphernalia
2400 block S. Stage Coach Lane	Arrest: Possess marijuaan on grounds during school activity
00 block Via Casitas	Arrest: Likely to cause harm/death of elder/dependent adult
Oct. 8	
400 block S. Stage Coach Lane	Grand theft
500 block Ammunition Road	Battery: Spouse/ex spouse/date/etc
900 block Alturas Road	Vandalism
5500 block Mission Road	Arrest: Poss narcotic controlled subs
1100 block Alturas Road	Missing adult

1700 block Reche Road	Arrest: Brandishing firearm replica
1000 block S. Main Ave.	Grand theft
1600 block S. Mission Road	Vandalism
Oct. 9	
Pala Road @ Nb Interstate 15	Arrest: Misdemeanor other agency's warrant
300 block E. Alvarado St.	Found narcotic, narcotic seizure
32100 block Caminito Quieto	Arrest: Contempt of court: disobey court order
Oct. 10	
100 block Ammunition Road	Arrest: Poss controlled subs paraphernalia
2200 block S. Mission Road	Arrest: Misd cite and release on active warrant
S. Mission Road @ Winter Haven Road	Arrest: Possess controlled substance
Oct. 11	
2500 block Rainbow Valley Blvd.	Arrest: Drunk in public: alcohol, drugs, combo or toluene
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Oct. 13	
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HEALTH

Crime specialist's medical episode demonstrates 'We need community just as much as they need us'

Rick Monroe

special to Village News

When Heather Mitchell gave her Oct. 13 presentation at Aurora Heights about Neighborhood Watch and crime prevention, she brought pink cookies to thank the residents for their help with a "little" medical episode she had

The treats were to thank the residents for their help in September.

"That evening, I was scheduled to do a Neighborhood Watch/ Crime Prevention Presentation for this community," the crime prevention specialist said. "That community had had a series of break-ins and reached out to our department for help and guidance."

Mitchell never made it entirely to the scheduled meeting.

"As I was getting ready to get out of my vehicle in front of the community clubhouse, I began to lose my vision and both of my eyes started vibrating to the left. I immediately got nauseous and could not sit up," she recalled. "I called my sergeant and told him that I was having a medical issue and called the point of contact for the community meeting. I informed her I was in front of the venue, and I would have to reschedule, but said she could come to my car to get the resource bags.'

"In my mind, she would just come get the bags and go back to the clubhouse," Mitchell continued. "That is not what happened. As I was sitting in my car with my seat reclined waiting for my sergeant to come to my location and my family to come pick me up, I hear a knock at the window. I opened my eyes and see at least 20 faces in my windshield and a lady knocking on the driver window asking me if I was OK.

"I rolled my window down and told her I just needed to keep my eyes closed, that I thought I was having a medical issue. She told me they were not going to leave me and that they were going to wait until help arrived."

"At this point I was completely horrified that this was happening to me and scared as to what was going on. I felt completely vulnerable. As I briefly opened my eyes, it seemed that the whole community was gathered around my car waiting with me. A deputy and my sergeant showed up and I was still not doing good. North County Fire was dispatched to our location to do an evaluation, and at that point my husband and twins had come to the location.

"All I could hear was a community member say, 'OMG her babies are here!' It was the most surreal experience to know my kids were there and the community was so caring and reassuring that their 'Mommy was going to be OK."

North County Fire evaluated me and luckily my vitals were good, so it was decided that I would go home with my family to be evaluated by my doctor. Long story short, I had a reaction to new medication. After my dose was lowered, I was fine."

Mitchell said in the following days, many of the Aurora Heights community members reached out to see if she was OK.

"It was incredible to think that perfect strangers cared enough to see how I was doing," she shared. At the Neighborhood Watch redo

on Oct. 13, things got emotional.

"Even though I had never met these people face-to-face, I was greeted with hugs and well wishes. The meeting was a success. They learned about the effectiveness of reporting suspicious activity, and resources that are on our main Sheriff's webpage. I discussed the importance of locking up vehicles

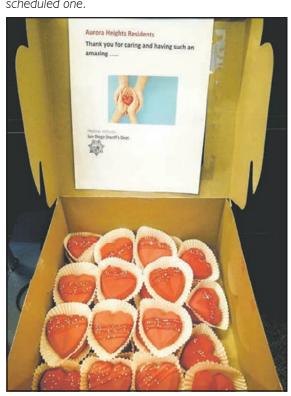
crime trends.' The deputy who patrols their area also made a visit. Residents were reassured by the deputy that he provides regular extra patrol in their area during his graveyard shift, and a community relationship quickly began, Mitchell noted.

and belongings based on area

"This community is unique



Crime Prevention Specialist Heather Mitchell, second from left, poses with some of the residents of Aurora Heights where she returned to give a presentation after a medical episode cancelled the originally



Heather Mitchell shows her appreciation for the residents' concern about her health with the cookies Heights at night talks to the residents during the

she took to her rescheduled presentation. because it is right at the I-15 and

said. "Residents were extremely appreciative of his time."

"The message to this story is



A deputy who patrols Aurora Village News/Courtesy photos crime prevention meeting Oct. 13.

that we need the community just as much as they need us," she concluded.

The pandemic within the pandemic

Joseph Kertis

Special to the Village News

October is here, and that means Domestic Violence Awareness Month is upon us. This month is a designation that is observed annually in America to spread awareness about the important issue of domestic violence. The intent is to spread awareness and information and help people connect with resources. But this year, with so many serious public health issues afflicting our nation, it would be easy for the event to pass by without receiving the attention it deserves.

In October 1987, the first Domestic Violence Awareness Month (https://www.rescue.org/ announcement/october-domestic-<u>violence-awareness-month</u>) was observed. That same year marks the inception of the first national domestic violence tollfree hotline. In 1989 the U.S. Congress passed a law designating October as National Domestic Violence Awareness Month. And it is still relevant today, as over 10 million adults experience domestic violence annually.

But domestic violence is an issue that often comes second to other problems, like the COVID-19 pandemic of 2020. Yet, we find that almost twice as many women were murdered by their current or ex-partner between 2001 and 2012 than American lives were lost in the war in Afghanistan and Iraq during the same period. Statistics like these clearly show the magnitude of the problem (https:// nationaldaycalendar.com/nationaldomestic-violence-awarenessmonth-october/) compared to the public attention the topic receives.

With attention comes education. Many people have been surprised to learn that the pandemic has made domestic violence more common and often more severe. (https://time.com/5928539/ domestic-violence-covid-19/) Worldwide, surveys have shown domestic abuse rates spiking

since January of 2020, jumping markedly compared to the same period in 2019. In cities across the U.S., police departments have reported increases in domestic violence incidents. For example, there was a reported increase of 18% in San Antonio, 22% in Portland, Oregon, and 10% in New York City.

This pandemic within the COVID-19 pandemic is being exacerbated by another public health emergency known as addiction. While 2020 brought the highest death toll our country has ever seen, thanks to the coronavirus, drug overdose rates played a major part as well. More than 93,000 people died by overdose last year, also a recordbreaking tragedy. (https://www. cnn.com/2021/07/14/health/drugoverdose-deaths-2020/index.html) More people died last year from addiction than during the height of the opioid epidemic, which many experts believe is actually happening now.

Is it simply a coincidence that the COVID-19 pandemic worsened the rates of both domestic violence and substance abuse? No, it isn't.

According to the American Society of Addiction Medicine, (https://www.asam.org/Quality-Science/publications/magazine/ <u>read/article/2014/10/06/</u> intimate-partner-violence-andco-occurring-substance-abuseaddiction) as many as 60% of domestic violence crimes are committed by someone who struggles with substance use disorder. And this phenomenon isn't just isolated to the perpetrators. Another report, (https://www.harrishousestl.org/ domestic-violence-substance-<u>abuse-volatile-mix/</u>), shows that 42% of victims used alcohol or drugs the day they were assaulted. Among those fatally attacked, toxicology screening found that around one-third of victims had

one-quarter had used drugs. According to Marcel Gemme

alcohol in their system and around

of addicted.org, a former intake specialist for substance abuse treatment facilities, there is a strong link between addiction and domestic violence, (https://www. addicted.org/substance-use-covid-19-and-domestic-violence.html). "Individuals become intoxicated and or under the influence of drugs, and violent and hostile emotions come to the surface. Alcohol and other drugs act on brain mechanisms that cause a high-risk individual to engage in aggressive and violent behavior." In other words, using substances increases the chances of becoming both a perpetrator and a victim of domestic violence.

Highway 76, behind a Quality

Inn and park and ride," Mitchell

One of the problems that make it so difficult to eliminate domestic violence is fear. Victims are often cowed into staying in an abusive relationship and even shielding the abuser because they are afraid of the repercussions of attempting to leave or seek help. But thankfully, since 1987, there have been advances that have made it easier than ever for people to find support and get help with domestic violence.

The National Domestic Violence Hotline offers a website, https:// www.thehotline.org/, where anyone can get help anonymously. The person can call, chat, or text and access templates to create a "Safety Plan." This tool helps potential victims lower the risk of being hurt by their partners. These tools can mean the difference between life and death for someone.

Whether it's substance abuse, domestic violence, or both, don't wait. Help is available.

Joseph Kertis is an experienced healthcare professional turned journalist. His experience in the field of substance abuse and addiction recovery provides a unique insight into one of our nation's most challenging epidemics. He utilizes this knowledge in his writing to give an expert viewpoint that spreads awareness through education.

Survey finds young adults with mood disorders often don't receive care

ARLINGTON, Virginia – Young adults with a mood disorder are having a much harder time than adults when it comes to addressing their mental health, according to new analysis of national survey data. The 2021 Mood Disorder Survey was conducted by The Harris Poll on behalf of the National Alliance on Mental Illness. Younger adults (18–34) experience greater concerns about the judgment and stigma they may experience from seeking out treatment. When they do seek out treatment, they have greater difficulty in accessing affordable, professional care.

"Many people develop mood disorders as young adults, at a time of life when they are juggling living on their own, launching careers and starting families," said NAMI Chief Medical Officer Ken Duckworth, M.D. "They are often profoundly sensitive to the shame of mental illness, have unrealistic ideas about treatment options and are blindsided by the cost of care, which can be a significant barrier."

The survey, intended to understand the impact of mood disorders, included three audiences: those who have been diagnosed with a mood disorder, caregivers to those who have been diagnosed with a mood disorder and those with no experience with these conditions.

Poorer mental health: Findings revealed that younger adults (ages 18-34) with a variety of mood disorders - bipolar, major depressive disorder and depression reported greater negative impacts from living with these conditions, and poorer overall mental health, than their older counterparts. Nearly half (49%) of respondents aged 18-34 described their mental health as fair or poor, a larger percentage than those aged 35-64 (40%) or those 65 and over (37%).

Difficulties accessing affordable treatment: More than two-thirds of those aged 18-34 (68%) reported that, despite being open to getting treatment, there was a time when they couldn't get it – significantly more than their older counterparts (54% among those ages 35-64 and 37% among those 65 and over).

Battling stigma: Young adults also experienced the greatest fear of stigma and judgment from family and friends. While stigma is a barrier to care for people of all ages, 38% of respondents aged 18-24 who had gone without mental health treatment when they wanted it say fear of judgment prevented them from seeking help, compared to 23% of those aged 35-64 and 19% of those aged 65 and over.

Burden of mood disorders: While most respondents of all ages (84%) reported negative impacts as a result of having a mood disorder, respondents aged 18-24 were more likely than any other age group to report experiencing difficulties at 93%.

"We commissioned this important survey during the pandemic to get a clearer understanding of how different communities are faring – including young adults experiencing emotional distress," said NAMI CEO Daniel H. Gillison Jr. "Young people have always been acutely affected by barriers to care, including fears of being judged and stigmatized. The data points underscore how far we have to go to reach people with a message that there are effective, outpatient therapeutic interventions and talk therapies that can be lifechanging."

Additional information about the mood-disorder survey – which includes a broader focus on cost, access and other barriers to care, as well as widely held misperceptions about mood disorders - and its methodology is available at https://nami.org/home. Further information on mental health and youth and young adults is also available there.

Submitted by the National Alliance on Mental Illness.

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UCLA doctor says diabetes on the rise; global obesity escalates

Shelby Ramsey

Special to the Village News

Diabetes has reached "a crisis level over the last several decades," according to Dr. Rashmi Mullur, an endocrinologist with UCLA Health. A common link appears to be the primary culprit.

"We are still experiencing what we consider our 'obesity epidemic' that has been in motion since the early 80s," said Mullur. "This, in turn, has fueled an increase in [Type 2] diabetes."

Although a slight plateau in obesity was noted in 2010, Mullur said it has "started to climb up again." This is a global problem, not a localized one.

According to reports from the Centers for Disease Control, in 2018 it was estimated that the staggering number of diabetics (diagnosed and undiagnosed) equated to "34.2 million people of all ages – or 10.5% of the U.S. population."

On both a global level and within the U.S., Mullur explained that "in the prevalence we are seeing, we are seeing not only diabetes rising, we are seeing it affecting our BIPOC (Black, Indigenous, and people of color) communities." Diabetes knows no boundaries when it comes to the wide-ranging numbers, regardless of ethnicity.

"In 2017, diabetes was the seventh leading cause of death in the United States."*

From a treatment standpoint, Mullur said that "the use of race-based medicine is inappropriate in our communities of color and our black indigenous populations are experiencing higher levels of diabetes and morbidity from diabetes due to inequitable healthcare."

First and foremost, Mullur said the most important thing "is just access to care."

It's not uncommon for individuals to be diagnosed with diabetes in their "late 50s or -60s age and some of those patients might have been diagnosed earlier if they had access to care," she said. "I think access to care is going to be most important as the

first step. As we add access to care, you get preventive medicine." Preventive medicine can add many years to a diabetic's life.

Structural inequity is a large component of access to care and management of health conditions. Mullur explained that doctors can "tell people all day and all night to [integrate] what we call 'healthy lifestyle' choices." It's not that simple though.

"If they are in an area where they don't have access to food, because it's a food desert, or they can't go exercise outside because it's not a safe area or the climate prevents it, or if they live in an area where they have increased air pollution, they are at higher risk for developing diabetes and other chronic conditions," Mullur said.

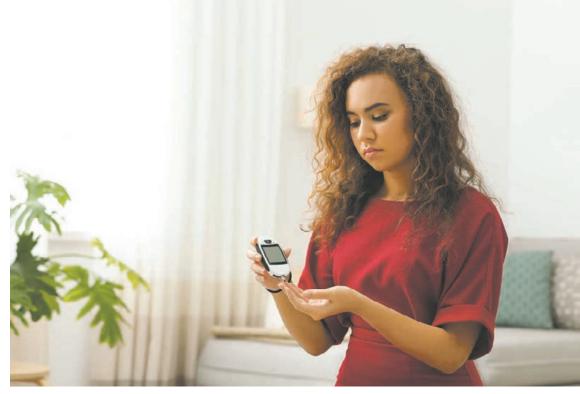
As we've learned through the pandemic, access to digital health care can, at times, be extremely beneficial for patients – that is, patients who can access it. It can lessen the burden when one lives with chronic illness, is disabled, has caregiver issues, and in many more scenarios. But not everyone has had access to it during this time.

Mullur also holds the position of Chief of Telehealth at the Greater Los Angeles Veterans Administration and magnified the lack of digital health care access among the population. She said that it "[will be] a huge benefit once we get it working." Most importantly, she stressed how imperative it is "to make sure we reach our patients that live in remote areas."

Getting to that point is not an easy path as investment-wise and structurally there's much progress to still be made. "That infrastructure is going to take real public policy and change," said Mullur.

Living with diabetes tends not to be exclusive. In her practice, Mullur said it's quite common to treat an individual with diabetes and a secondary condition. "Most of my population doesn't just have diabetes. They have diabetes and..." she said.

"The large cohort has diabetes plus the diabetes-related chronic



Many diabetics report secondary symptoms of high or low blood pressure; understanding symptoms is an important aspect of diabetes treatments.

conditions – hypertension, heart disease, high cholesterol, etc.," she clarified.

It's not limited to just those secondary conditions, Mullur said, as there are many conditions that are comorbid, such as "diabetes and thyroid disorders, diabetes and migraine..."

When a diabetic patient presents with a headache and/or migraine, Mullur said "In my practice as an integrative doctor, it's all together. I can't treat one condition separate from another."

Patients often tell her "they can feel when their sugar is off. Many times, patients will report they have a headache."

High and low blood sugar can bring on migraine. She suggests her patients check their blood sugar level and sometimes, but not all times, it's been reported to be high when experiencing headache symptoms.

"The classic symptoms of low blood sugar are shaking, sweating, trembling, palpitations, and feeling on edge," she said. "But as patients [experience] more low blood sugar episodes, their bodies get used to it. It's called hypoglycemia unawareness and sometimes they don't get symptoms." That can be dangerous territory.

When one experiences hypoglycemia unawareness "sometimes the only thing they'll notice is perhaps confusion or a headache," Mullur said. She immediately asks patients these questions: "Have you ever had a low blood sugar reading? Do you wake up in the morning with a headache?"

She explained that, "If they are asleep at night and they have slept through their low blood sugar level, sometimes they can wake up with a low level and it'll feel like a headache. Those are the ways I've really seen diabetic headaches." This would be different from a person with diabetes experiencing a true migraine.

Education and communication are at the forefront of Mullur's doctor-patient approach, both which garner immense respect.

Education insofar as "help[ing] the patient understand the symptoms of high and low blood sugar that contribute to feeling

not right (whether it's a migraine or a tension headache) and really teasing out if this is blood sugarrelated, is this exercise related, is this something related to my diabetes or is this something else [is important]," she explained.

And this isn't easy. In successfully managing diabetes or any other chronic condition, trying to identify the 'why' behind a symptom can be a full-time job, stressful, confusing, and uncertain.

Mullur said, "That tends to be hard for not only doctors, but patients. It's really challenging."

In addition to her positions with UCLA Health and the Greater Los Angeles VA, Dr. Mullur has pioneered several clinical programs using integrative medicine techniques for the management of chronic disease and is a national leader on the use of integrative medicine for patients with diabetes.

Shelby Ramsey is the author of the <u>www.thehonestmigraine.</u> <u>com</u> blog, which also features interviews with migraine sufferers and medical experts.





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135 S. Mission Rd, Fallbrook FoundationForSeniorCare.org

County announces \$9 million in funding for childhood obesity programs

Katie Cadiao

County of San Diego Communications Office

The County of San Diego and its partners announced \$9 million in funding to address childhood obesity. The funding is a combination of three separate grants that will support programs that address the root causes of childhood obesity, including barriers to healthy eating and exercising.

The grants will fund the work of several organizations within the San Diego County Childhood Obesity Initiative, a public-private, multi-sector partnership bringing together over 400 entities to address youth health through a collective impact model.

"I am so proud of these partnerships we have formed as a County and the work that is being done to make sure children can live healthy lives," said Board of Supervisors Vice Chair Nora Vargas. "It is through these partnerships that we have an opportunity to transform policies so that our communities not only have access to healthy foods but that at a young age we help kids understand the nutritional value of

what they're eating."
The funding includes:

- A \$4 million COVID-19
 Health Literacy grant from
 the U.S. Department of Health
 and Human Services Office
 of Minority Health that will
 allow COI partners to create
 culturally inclusive COVID-19
 health literacy initiatives to
 support vaccination, testing, and
 contact tracing efforts among
 racial and ethnic minority
 and other socially vulnerable
- communities.

 A \$2 million Centers for Disease Control and Prevention-funded partnership between the San Diego County Office of Education and the County Health and Human Services Agency to address COVID-19 health disparities by improving the health literacy of students in traditionally underserved
- communities.

 A \$3 million grant from the California Governor's Office of Research & Planning to address adverse childhood experiences, build resilience against stress and reduce childhood obesity in the Latino community.

"The pandemic has highlighted how health disparities have been

magnified in our region, with our communities of color experiencing the worst impact," said Wilma J. Wooten, M.D., M.P.H., county public health officer. "Funding from these grants will support communities most vulnerable during the pandemic, improve access to COVID-19 resources and enhance programs related to food security and resilience against stress to support the overall health of children and their families."

Even before the COVID-19 pandemic, 30% of local children were considered obese. According to a recent study in the Journal of the American Medical Association, child and teen obesity rates further increased over the past 18 months of the pandemic.

"It is hard to eat a nutritious diet when healthy foods like fruits and vegetables are hard to afford and it is hard to be active when your neighborhood does not have enough sidewalks or parks," said Kelly Motadel, M.D., M.P.H., County child health officer. "We need to work together to make changes that lead us to healthier living and multi-sector, public-private partnerships like the Childhood Obesity Initiative are critical to make this happen."

Waldron bill to expand addiction treatment signed into law

SACRAMENTO – Assembly Republican Leader Marie Waldron announced Oct. 11 that her bill to fund Medication Assisted Treatment programs for people in jail or community supervision who struggle with substance use disorder has been signed into law. Assembly Bill 653 will create a grant program to give counties flexible funding to provide addiction treatment to a population where it can do the most good.

"We need to break the cycle of addiction and incarceration, and this bill is a step in the right direction," said Waldron. "MAT is one of the most effective ways of treating people with addiction and with this grant program, counties will have the resources to administer it to people who are incarcerated or on parole."

incarcerated or on parole."

Nearly 80% of incarcerated Californians have substance use disorder, including 26% who struggle with opiate addiction. Individuals with substance use disorders are at high risk of fatal drug overdoses in the period after release from custody (a three to eight fold increased risk of drug related deaths within the first two weeks of release from prison), and relapse into substance use is a common reason that former

inmates reoffend.

Medication Assisted Treatment is a "whole-patient" approach that uses medication in combination with counseling and behavioral therapies to treat substance use disorders, reducing drug use and overdose deaths, and improving retention in treatment.

AB 653 was supported by the California Consortium of Addiction Programs and Professionals, County Behavioral Health Directors Association of California, California State Sheriffs' Association and the County of San Diego.



577 E Elder Street, Suite I, Fallbrook

www.AllStarPhysicalTherapy.net

ENTERTAINMENT

Aviara Trio to perform in an engaging afternoon of music

FALLBROOK - It's been several years since Fallbrook has hosted the Aviara Trio, an exciting ensemble that has made an indelible impression on the musical landscape of Southern California for the past decade. Presented by Fallbrook Music Society, the trio returns to Fallbrook on Sunday, Oct. 24.

"This concert will offer our audience a program that promises to be engaging with works by three of classical music's favorite composers - Brahms, Shostakovich and Schubert," said Bob Freaney, president of Fallbrook Music Society.

The Aviara Trio brings one of the highest levels of perfection and expression to the perfect combination of instruments: pianist Ines Irawati, cellist Erin Breene and violinist Robert Schumitzky. This group has earned enormous praise for its performances, and strives to engage, exchange and connect with audiences, and will offer a lively Q and A session following the performance.

Known for her expressivity, virtuosity and versatility, Irawati is in demand both as a solo recitalist and a collaborative pianist. Born in Indonesia, she began piano and composition instruction at age 6. At age 12, she made her official debut playing Beethoven and Chopin with the Indonesian Youth Symphony. Irawati is currently enjoying a richly varied performance career, excelling in solo performance, chamber music, collaborative piano and operatic vocal coaching.

Violinist Breene is in great demand as both a chamber and orchestral musician, and is currently a member of the

Hollywood Bowl Orchestra and Long Beach Opera Orchestra. She performs regularly with the Pacific Symphony and the Los Angeles Opera Orchestra, and has served as Principal Cellist with the Opera Pacific Orchestra.

Schumitzky performs on the "Ex-Halir" Stradivarius made in 1694. This violin is named after its most prominent owner, Karl Halir, and has played in many concerts over its lifetime, including those in the 1800's with Tchaikovsky conducting. He is a member of the First Violin Section of Pacific Symphony and the Hollywood Bowl Orchestra. He currently holds the Concertmaster position of the Long Beach Opera Orchestra and performs regularly with the San Diego Symphony. Schumitzky is an active chamber musician and has performed around the world, including in the great concert halls of Vienna, Cologne, Munich, Tokyo, and Carnegie Hall in New

Tickets for this performance are free for all concertgoers, and no tickets are required. Donations are always welcome to help support the music society's tradition of delivering excellence in live music performances to Fallbrook and its surrounding communities.

The concert will be held at 3 p.m. in Fallbrook's historic Mission Theater, 231 North Main Ave. Social hour at the theater begins at 2 p.m. and the auditorium doors open at 2:30 p.m. For more information, go to fallbrookmusicsociety.org, or call 760-451-8644.

Submitted by the Fallbrook Music Society.



The Aviara Trio will perform at 3 p,m. Sunday, Oct. 24 at Mission Theater; the ensemble includes, from left, Erin Breene, cello; Ines Irawati, piano; and Robert Schumitzky, 1694 Stradivarius violin.

Fallbrook Vintage Car Club camps out for a car show



FALLBROOK - Members of the Fallbrook Vintage Car Club recently spent 10 days camping in Bishop and Lone Pine, California. The annual Bishop Fall Colors Car Show was held at the City Park on Saturday, Oct. 2. There were 125 cars from all over the West in attendance, including a Nash Metro that had been electrified; it stole the show.

That afternoon they drove up to Lake Sabrina for some "leaf-

Members of the Fallbrook Vintage Car Club attend the Bishop Car Show, Saturday, Oct, 2.

peeping" and fishing. Sunday, the group went to Convict Lake for more fishing and sightseeing on a pontoon boat and personal watercraft. Next up was a drive to see the Ancient Bristlecone Pine Forest, up at 9,000 ft. in the White Mountains. The trees are up to 4,000 years old. Crowley Lake and Silver Lake were fished on Tuesday.

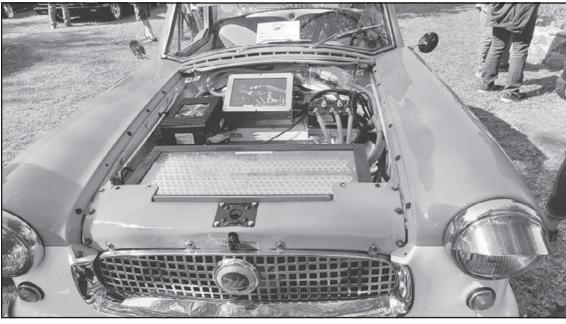
Wednesday, it was off to Lone Pine, about an hour south on 395. Friday was the start of the 31st Annual Lone Pine Film Festival featuring the history of the Alabama Hills and its use for scenes and locations for hundreds of Western movies starting in the 1930's. Members took guided tours of the set locations of many popular Westerns of that era. Beside the film tours, there was

an Ansel Adams excursion that took them to the exact places where he took some of his finest photographs of the Sierra's and his career. His film developing process and use of filters was discussed.

The geology tour was a hiking trip that explained how the Owens Valley was formed and the jagged Sierra's of that area, with Mt. Whitney as the backdrop. The John Wayne tour covered his most popular movies made in Lone Pine The afternoons included more fishing, at the Owens River and Diaz Lake.

It was a wonderful trip, enjoyed by all. To gain more information about the FVCC, email kathy@ fallbrookvintagecarclub.org.

Submitted by the Fallbrook Vintage Car Club.



A Nash Metro that has been electrified is seen at the Bishop Fall Colors Car Show.



Kathy Hesser, president of the FVCC, fishes on the Owens River during the group's trip to Bishop and Lone Pine.







SoCal's Entertainment Japital

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OCTOBER 23
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Totally Go-Go's
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Pat Benatar
Tribute by
The Pat Benatar
Experience
Showtime 8PM • \$15



OCTOBER 31
Banda El
Recodo
Showtime: 6PM
\$55/\$75



NOVEMBER 7
Los Caminantes
with King Clave
Showtime 6PM

\$20/\$35



Billy Joel & Elton John Tribute by Kenny Metcalf

Showtime 8PM • \$15

NOVEMBER 12



NOVEMBER 13

The Modern
Gentlemen
Formerly of Frankie Valli
& The Four Seasons
Showtime 8PM • \$15



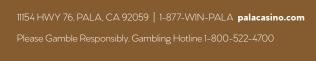
NOVEMBER 20
The Spazmatics
80's Night!
Showtime 8PM • \$15

DECEMBER 3
Pink Floyd

Tribute
Showtime 8PM • \$15

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Families and friends enjoy REINS' Country Hoedown



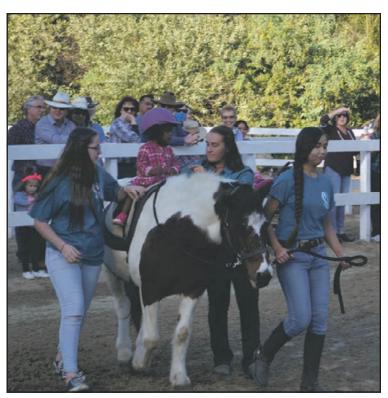
At REINS' Country Hoedown, a demonstration showcases JT Lozano riding in two-point position with Hoagie. The fundraiser was attended by a sold-out crowd.



Sarah Nystrom demonstrates a trot with Konah during the fundraiser for REINS Therapeutic Horsemanship Program, Oct. 10.



Seaira Courtney's balance is outstanding as she airplanes with Bonnie. REINS provides weekly therapy to nearly 200 students with a wide variety of conditions.



Gracie Ramirez challenges herself with an "around the world" ride while riding Cookie, one of the therapeutic horses at REINS.



Two young spectators are mesmerized by the show at the Country Hoedown fundraiser, which included dinner, a horse riding demonstration and a live band.



Miles Brothers and Ashley Hasson enjoy the Clay Colton Band with Avery, Jodi, Zane and Nicholas Wheeler.



The Kuri and Carter Family wait in line for their BBQ dinner.



Village News/Michelle McCormick photos REIN

A couple dance the night away to the Clay Colton Band during the REINS Country Hoedown.

REAL ESTATE & HOME and GARDEN

30 War heroes donate time to build a free roof for fellow vet



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broadpoint PROPERTIES



FALLBROOK - Leading residential metal roofing manufacturer Todd Miler, CEO of Isaiah Industries, created the "Roofs of Love" campaign to build and donate free roofs for families in need nationwide.

Corona contractor and veteran himself, Ignacio Cesar Peinado, regional manager of Howard & Sons, Inc., along with 15 veterans, kicked off the Roofs of Love campaign with the "tear off" phase for fellow veteran Ernesto Aquino, Saturday, Oct. 16.

Aquino, GySgt/USMC Ret., lives in Fallbrook. The volunteers were from the Veterans of Foreign Wars California Motorcycle Club San Diego Chapter. Peinado, who is a member of VFW CAMC, and Miguel Núñez (production

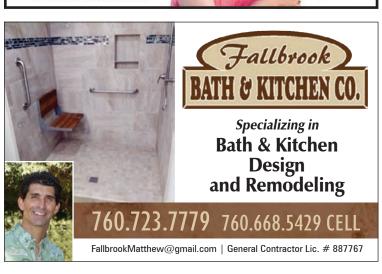
manager) from Howard & Sons. Inc. were both present at the event

as well. The work continued Monday, Oct. 18. The final outcome of the work project will be unveiled in approximately two weeks.

Submitted by Howard & Sons,



A slide is used to transport the heavy concrete tiles from on top of the roof to the people on the ground who were stacking them. The volunteers created a bucket brigade type line to help carry the heavy tiles from the top of the roof to the pallets on the ground.







A volunteer on the roof helps take ridge tiles off the roof after all the other tiles have been removed.

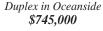
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Coldwell Banker names top agents for September



Coldwell Banker Village Properties recently announced Jerry and Linda Gordon are its Top Listing Agents for the Month of September.



Coldwell Banker Village Properties Village News/Courtesy photos recently announced Abby Elston is its Top Selling and Top Producing Agent for the month of September.

5 Home features buyers are looking for

Jane Kepley

Special to Village News

The housing market typically slows down in the fall, so if you're thinking of selling in the near future, it may take a little more effort to stand out from the crowd.

Knowing what buyers want and making a few smart updates can help make your home more marketable and improve your selling price.

Are you considering a home sale soon? Here's what potential buyers might be looking for this fall:

Safety features You might consider upgrading your garage door, adding an alarm system or repairing your fence. Anything that improves the safety and security of your home is an automatic value-add.

Energy-efficient enhancements

Making your home more energyefficient has a two-fold benefit: It helps the environment and cuts down on utility bills. Most buyers are happy to pay extra for both.

Plenty of storage

Storage space is always worth a premium. If you can, find ways to add additional storage to your property before listing it, maybe with a set of garage shelves, a closet system or a more streamlined pantry.

Functional fun Can you make your home

more enjoyable? This might

mean adding an outdoor kitchen,

building a theater room or

Homes equipped with no-touch faucets, mudrooms, air filtration systems and other health and comfort-focused items are sure to align with modern buyers' needs. Of course, it's always important

installing a small fire pit in the

backyard. As we've learned over

the last several months, outdoor

Health-forward add-ons

areas are practically essential.

to keep up with your home's general maintenance and perform any major repairs that may be necessary as well.

Need more guidance about selling your home? Get in touch today.

Reach out to Jane Kepley with CR Properties at 760-622-0204 or kepleyrealestate@att.net.



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Effort by local water districts to change water suppliers moves into next phase

FALLBROOK - The advisory committee, established by the San Diego County Local Agency Formation Commission to analyze applications from the Fallbrook and Rainbow water districts to change water suppliers, is expected to complete its work by the end of this year and forward its recommendation to the full commission.

After enduring years of soaring water costs from the San Diego County Water Authority and having to pay for infrastructure projects that don't serve the districts and that they don't need, Fallbrook Public Utility District and Rainbow Municipal Water District are seeking to detach from the Water Authority and begin purchasing their water at a reduced rate from Eastern Municipal Water District.

Over the last decade, the Water Authority has raised water costs on

the Fallbrook and Rainbow districts by an average of 8% each year. By purchasing their water from Eastern, the districts expect to save their ratepayers between \$7 to \$10 million a year collectively.

"Our ratepayers have been burdened by escalating costs for quite some time," said Jennifer DeMeo, board president of the Fallbrook water district. "They've been paying the Water Authority for infrastructure projects that offer no benefit to them, and it's taken a heavy toll on our ratepayers, especially those with limited incomes, as well as our agricultural users, who are the cornerstone of our local economy."

At the most recent LAFCO advisory committee meeting on Oct. 4, members were presented with a draft report that addressed two key issues: water reliability and whether the Fallbrook and Rainbow

districts should pay any departure fee to the Water Authority. The report was prepared by Dr. Michael Hanemann, who was retained by LAFCO to help analyze the proposals.

With regard to water reliability, while Hanemann stated that there are benefits to the Water Authority's supplies, he also determined that there are future uncertainties with these supplies that make it difficult to quantify a difference in water

"I cannot quantify the difference at this time," he said. "My assessment is that I don't feel I can say that the difference in supply reliability is material. That's both because the hydrology is uncertain, but it's also because water marketing will play a bigger role on the stage, and it may turn out that water supply reliability morphs from being not having enough quantity of water to having to pay more dollars for water."

"We believe that Eastern has a more reliable supply of water than the Authority because Eastern is less dependent on imported water from the Colorado River, which also

Scott Morel

Elidio Escobedo

provides water to other California communities, and because Eastern produces a greater share of its water locally," said Tom Kennedy, general manager of the Rainbow district. "In fact, Eastern produces 40% of its water locally through recycling and desalination and with groundwater supplies, while the Water Authority generates only 13% of its supply locally and is reliant on the Colorado River and other imported sources for 87% of its water.'

In addition, Eastern Deputy General Manager Nick Kanetis told committee members, "We have looked at this under every scenario that we can, and Eastern is confident that we will 100% be able to provide the water (to Fallbrook and Rainbow)."

With regard to whether or not the Fallbrook and Rainbow districts should have to compensate the Water Authority for any investments the agency has made, Hanemann provided two possible options: an annual departure fee or a potential commitment by the Fallbrook and Rainbow districts to continue

Lic. # 792738

buying some amount of water from the Authority at a cost yet to be determined.

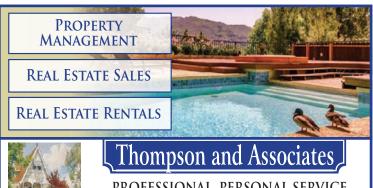
"Our district does not believe the departure fee option, which would require us to pay for water we wouldn't even receive and that the Water Authority could resell, is consistent with existing state laws," said Jack Bebee, general manager of the Fallbrook district. "The other option is an interesting topic that deserves further discussion."

Whether or not the Fallbrook and Rainbow districts can switch water providers will be up to LAFCO, which is governed by local appointed and elected officials, and is responsible for overseeing the establishment, expansion and boundary changes of cities and special districts, including water districts. The LAFCO board is expected to vote on the matter early next year. If approved, Fallbrook and Rainbow voters would have the final say in an election held in each of the two districts' service areas.

Last month, the Fallbrook Chamber of Commerce voted to support the change of water suppliers. The group says the ongoing cost increases from the Water Authority have hurt local businesses, which are already struggling due to the pandemic.

Eastern, which was established in 1950, provides water to more than 850,000 people living and working in Riverside County, including Temecula, Murrieta, Perris, Menifee and several other cities and unincorporated communities.

Submitted by Fallbrook Public Utility District and Rainbow Municipal Water District.



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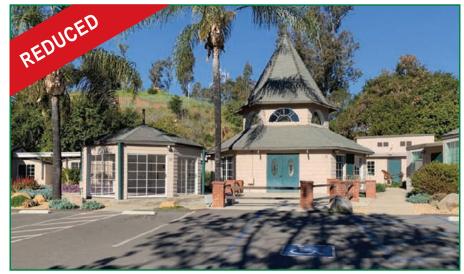
1798 Vista Del Lago, Fallbrook | \$1,279,500

Custom home with panoramic, incredible views. Front entrance level - the main home operates as a single level 3BD, 2BA, large open floorplan. Downstairs flex space can be 4th bdrm/3rd bath or rented out. It has separate entrance and kitchenette. It also has an outdoor view deck. It is currently rented for \$1500/mth and tenant would love to stay. Exceptional views of the Santa Margarita River Canyon.



30816 Chihuahua Valley Rd, Warner Springs | \$315,000

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300 North Brandon, Fallbrook | \$1,790,000

8404 sf, 80% leased retail building in Fallbrook. Located between Alvarado and E. Mission – both high car count streets. Many of the units renovated as recently as 2015. 27 units totaling 8404 sq ft under roof, ranging in size from 100 sq.ft. to 1835 sq.ft. 1.7 parking spots per unit. Zoned commercial the property includes a 3BR, 1BA house and a 1BR, 1BA house; both currently rented as residential.

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SDG&E sets new goals and accelerates actions to drive toward net zero GHG emissions by 2045

SAN DIEGO – San Diego Gas & Electric Company released its annual sustainability strategy update, Oct. 18, highlighting what it has accomplished over the past year to help create a clean, resilient and equitable future, as well as outlining new and accelerated goals to help meet its pledge to reach net zero greenhouse gas emissions by 2045.

"Over the past year, we spent a lot of time listening to a wide cross section of stakeholders so that we could incorporate their feedback into our long-term strategy to move our region closer to carbon neutrality," said SDG&E CEO Caroline Winn. "We recognize we still have much work to do and that we can't do it alone. Community partners who support and challenge us in our work to develop sustainability solutions are invaluable as we focus on strengthening climate equity and community resilience where we all call home."

SDG&E's new sustainability goals include:

Operating a Zero Emissions Fleet by 2035

Recognizing the transportation sector is the single largest source of GHG emissions[1], SDG&E seeks to operate a 100% zero emissions vehicle (ZEV) fleet by 2035 -

five years ahead of the company's original goal.

Achieving Zero Net Energy Facilities by 2030

Buildings account for 25% of GHG emissions in the state[2]. As part of SDG&E's work to ensure its own operations are sustainable, the company set a new goal to achieve zero net energy3 for all companyowned facilities in San Diego and southern Orange County.

Piloting a Virtual Power Plant by 2022

In an effort to boost grid reliability, flexibility and resilience, SDG&E will accelerate its timeline to deliver a virtual power plant by 2022, instead of 2025 as originally planned. This innovative demonstration project will integrate multiple types of customer-owned distributed energy resources, including energy storage systems, into a planned renewable microgrid in Shelter Valley, a community in eastern San Diego County. The primary goal of the VPP is to coordinate the dispatch of customer DERs in concert with microgrid energy needs and allow those resources to be dispatched to the regional grid when supplies are tight. Results of the demonstration will inform future initiatives and grid management system needs.

SDG&E released a comprehensive sustainability strategy in October 2020, which included several aspirational goals. In the interest of accountability and transparency, the company committed to providing an annual update on its progress toward meeting its sustainability goals. Highlights of the company's accomplishments over the past year include:

- · Adding two energy storage facilities (totaling 50 MW) by year end and starting construction
- Acquiring three large-scale mobile batteries, which can be deployed as backup power during emergencies
- Finishing construction of a renewable microgrid by year end to support a rural community in a high fire-threat area that is subject to Public Safety Power Shutoffs and starting construction on a second microgrid that will provide backup power to CAL FIRE and U.S. Forest Service aerial firefighting assets
- Helping launch a regional collaborative called Accelerate to Zero Emissions to align and attract public and private investment

to expand the infrastructure necessary to support widespread adoption of electric vehicles and fuel cell vehicles

- Completing a decade-long project to harden electrical infrastructure inside the Cleveland National Forest – replacing more than 2,300 wood poles with steel poles
- Issuing \$750 million in green

bonds to raise the capital needed to deliver some of the projects outlined in its sustainability

To view SDG&E's sustainability strategy update and learn more about its programs, visit sdge.com/

sustainability. Submitted by San Diego Gas &

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- Bonsall School District
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BUSD to advertise soils and geotechnical testing for potential Citro school

Joe Naiman

Village News Reporter

The future Citro development was called Meadowood when the San Diego County Board of Supervisors approved the subdivision map. That map included 13 acres for an elementary school which will be built by the Bonsall Unified School District. The school district and Tri Pointe Homes are in negotiations for the acquisition of that land, and the specific location is still a closed session matter for the school board, but on Oct. 13 a pair of 5-0 BUSD board votes authorized district staff to advertise requests for qualifications and requests for proposals for analysis of soils testing and geotechnical services and for architectural services.

There are over 2,000 new homes already approved to be built within Bonsall Unified School District in the next five to 10 years. The board and administration are committed to making sure that facilities meet the needs of the significant population increase and empower all students to achieve their maximum learning

potential," said BUSD Board President Larissa Anderson.

"The due diligence is to ensure that the land is suitable," said BUSD Superintendent Joseph Clevenger.

The school district will establish a committee to review the requests for qualifications and requests for proposals. The committee will consider firms with proven performance records for timely and expedient completion of services, and for the architectural firms the consideration will also include the capabilities to engage community and key stakeholders meaningfully. BUSD staff will recommend a pool of soils testing and geotechnical firms and a pool of architectural firms. The district staff will also provide a recommendation for a specific firm to perform soils testing and geotechnical services and a specific firm to perform architectural services.

"At this point we're still gathering pools of potential candidates," Clevenger said.

The selection criteria for the soils testing and geotechnical firms will include timeliness and completeness of the Statement

of Qualifications, professional experience in performing services of a similar nature and scope, staffing capability and the ability to meet schedules, reliability and continuity of the firm, location of the firm in proximity to the school district, quality and relevance of recently-completed or ongoing work, education and experience of the key personnel assigned, and knowledge of applicable standards, regulations, codes, and technology.

The selection criteria for the architectural firm will include timeliness and completeness of the Statement of Qualifications, technical qualifications and competence, past performance record, the firm's approach to the work, and cost control measures. Interviews will also be held with firms being considered for the BUSD contract.

Clevenger noted that the Oct. 14 board authorization is one of several steps required before the school board can make a decision whether to purchase the property. "We're still early in this one," he

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SPORTS

Phillips second in middle school cross country race

Wildcats second with both sixth/seventh grade teams

Joe Naiman

Village News Reporter

The Oct. 7 North County Middle School Cross Country League meet at San Marcos Middle School included a second-place finish by Sullivan sixth-grader Finn Phillips and second-place team finishes by the Sullivan sixth/seventh grade boys and Sullivan sixth/seventh grade girls.

The 2021 Wildcats have 10 boys and 10 girls on the team. "This is my smallest team I've ever had, but they're solid younger runners," said Sullivan coach Tamara Miller.

Miller, who began teaching at Sullivan in 2014, founded the Wildcats' cross country team in 2015. The 2015 team had 15 runners, and Miller increased the 2016 total to 33 harriers. "Usually I have 50 plus runners," Miller said.

The coronavirus shutdown eliminated 2020-21 competitions for the North County Middle School Cross Country League, so Sullivan has only one runner who previously participated although five of the current harriers have older siblings who ran for the Wildcats in the past.

Cross country team scores add the positions of a school's first five finishers; the sixth and seventh runners are not scored but can add points to opponents' totals. A minimum of five runners in a race is required for a team score, and this year Sullivan only has three eighth-grade boys and two eighth-grade girls. The North County Middle School Cross Country League has races for sixth/seventh grade boys, sixth/seventh grade girls, eighth-grade boys, and eighth-grade girls.

"I have pretty solid sixth/seventh grade boys," Miller said.

All races Oct. 7 utilized a 1.65-mile course. San Marcos Middle School won the sixth/seventh grade boys race with 43 points. Sullivan accumulated 57 points. San Elijo Middle School in San Marcos was third with 81 points.

The North County Middle School Cross Country League championship meet will take place Oct. 28 at Kit Carson Park. "The boys I feel have a real strong shot at securing first," Miller said. "I've been working with the boys on starting and improving their endurance."

Lyndon Morelos of Double Peak



Coach Miller, center, poses with her sixth/seventh-grade girls team.

Middle School in San Marcos won the race in 10:36.44. "We're working on a strategy where Finn is staying behind him," Miller said.

Phillips had a time of 10:40.36 and decreased Morelos' lead in the final 800 meters. "He definitely closed in on him in the last 800," Miller said. "I'm working a lot with Finn on his sprinting, his final sprint."

The third-place finisher, Nathan Smith of Double Peak, had a 10:55.46 performance.

Sullivan had two other runners in the top 10: seventh-grader David Peel had the eighth-place time of 11:30.36 and seventhgrader Austin Deschamps took 10th place with a time of 11:34.77. A time of 12:04.46 gave seventh-grader Isaac Tyler 17th place. Seventh-grader Hunter Dean had a time of 12:53.03 which was worth 26th place. Sixth-grader Dylan Ortega completed the course in 13:46.02 for 42nd place. Seventh-grader Shay Marsaglia was the 52nd finisher and took 15:15.25.

Improvement rather than a championship is this year's goal for the Sullivan sixth/seventh grade girls. "I'm really working to build them as runners and getting them closer to first place," Miller said



Sullivan's sixth/seventh grade girls race in the North County Middle School Cross Country League meet.

Village News/Ava Papoulias photo

The sixth/seventh grade Sullivan hove team poses at its cross

The sixth/seventh grade Sullivan boys team poses at its cross country meet where they placed second.

The fifth San Elijo runner, Sierra Thornbury, had a time of 12:05.10. Sullivan seventh-grader Trulie Eisenhauer finished in 12:05.71 for seventh place. Sullivan also had the 10th, 11th, 14th, and 20th finishers with seventh-grader Scarlett Zaleschuk taking 12:31.53, sixth-grader Hayley Rocha completing the course in 12:33.25, sixth-grader Nylee Huntington finishing in 12:47.41, and seventh-grader Shailyn Cope posting a time of 13:16.34.

Sullivan's sixth finisher, seventh-grader Emma Votaw, was 46th overall with a time of 14:44.22. Seventh-grader Anjali Rameschwar became the 55th finisher 15:20.24 after the race

began. The 58th overall finisher, sixth-grader Isabell Gunther, posted a time of 15:37.33.

Sullivan's fastest eighth-grade boy, Henry Walter, was 38th overall at 13:13.07. Colton Gullo was the 46th finisher in that race and had a time of 14:41.22. Alan Smith finished 57th and took 19:05.86.

Alice Ho finished 10th in the eighth-grade girls race with a time of 13:00.94. Isabella Homberger was 16th and took 13:53.00.

"I adore this team. They work so hard. They show up every day. They continually listen and improve," Miller said. "I look forward to watching their growth over the next two to three years."

Legionnaires start volleyball season 4-2 on court

Joe Naiman

Village News Reporter

The Bonsall High School girls volleyball team had to forfeit two matches because the Legionnaires didn't have enough players, but the Legionnaires won four of the first six matches they played on the court.

The Legionnaires had played six matches as of the end of September. "We got a late start this year," said Bonsall coach Justin Hargrove.

Initially the volleyball program had six girls, but Hargrove desired the option of substitutes – or alternates if a girl was unable to play – before beginning competition. "We waited for a couple of more," he said.

That resulted in forfeit losses to St. Joseph Academy and Del Lago Academy to start the season. A scheduled game against Fallbrook was declared a no contest rather than a forfeit.

Bonsall's team has nine players. Four of those were on the 2019 team (Bonsall did not have a 2020-21 volleyball team), one is a transfer from Otay Ranch High School, one is an exchange student from Brazil who has some volleyball experience in her home country, and three had no volleyball experience prior to the start of the season.

"For not having a season last year, I'm really proud that we were able to get on the court," Hargrove said.

The Legionnaires traveled to Vista to open their season Sept. 17 against High Tech High North County, whose home matches are played at Brengle Terrace Park. Bonsall won in five games.

"It was really good," Hargrove said.

"We played really well," Hargrove said. "Things turned our way and we were able to pull off the win."

A team must win a game by at least two points. If each team wins two sets, the fifth game is to 15 points. Bonsall won that game by a 17-15 overscore. "It was a really tight ballgame and the girls played really well and came out on top," Hargrove said. "We may not be the best team, but we are definitely a well-oiled and a competitive scrappy team and that definitely showed in that match."

Guajome Park hosted the Legionnaires in a Sept. 20 contest which ended as a four-game win for the Frogs. "We struggled a little bit more. They were a better overall team," Hargrove said. "It was a good match. We just didn't come out on top."

Bonsall's first home match of the season, Sept. 22, was against Cornerstone Christian, and the Legionnaires took a three-game victory against the Wildomar visitors. "They played really good," Hargrove said. "It was a good match to focus on the fundamentals and focus on getting better."

The second match of the season between Bonsall and Guajome Park was played Sept. 27 in Bonsall. "We actually ended up winning that one. We made a couple of adjustments," Hargrove said.

Not only did Bonsall address the Frogs' strengths from the previous match, but the additional experience allowed the Legionnaires to work together better. "Those variables and factors kind of helped as well," Hargrove said.

Bonsall won in four games. "We made a good adjustment," Hargrove said.

When St. Joseph Academy traveled to Bonsall for a Sept. 29 match, the Crusaders had an 18-2 record and were ranked first among all Division V teams in the CIF San Diego Section. "They were doing really well this year," Hargrove said.

St. Joseph won the match in three games. "They're a pretty good team, but I thought we played really well," Hargrove said.

"I was happy with the way we fought," Hargrove said. "I thought we did a good job."

Bonsall's Sept. 30 match was at home against Escondido Adventist. The Hawks won the first set, but Bonsall won the next three games. "It was pretty close," Hargrove said. "We really battled."

The fourth game had a 27-25 overscore. "They took the advantage and they almost beat us," Hargrove said.

Bonsall overcame game point to win by the necessary two points. "We were able to keep fighting," Hargrove said.

"I think we did a really good job in executing," Hargrove said. "We competed. I was proud of the way they came back from a loss to a good team."

All four of the returning players from 2019 are seniors, as is the Otay Ranch transfer and one player new to the sport. Two of the seniors, Dani Leung and Hanna Smith, are the team captains this

"I'm really proud of the girls we have," Hargrove said. "I couldn't ask for a better team."

San Diego County

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Warrior netters 5-1 after three weeks of league play

Joe Naiman

Village News Reporter

The first three weeks of Valley League play gave Fallbrook High School's girls tennis team a 5-1 league record.

The Warriors began the second round of league competition at home Sept. 30 against Ramona. A 13-5 Fallbrook victory gave the Warriors an overall mark of 9-3 along with the 5-1 league figure.

'We're getting a lot of our points from the top end of our lineup," said Fallbrook coach Bill Lenaway.

Three singles players from each school play sets against each of the other school's singles players while three doubles tandems from each team face each of their doubles counterparts. The winner of each set receives one team

"We haven't lost a set in singles except for Mission Hills," Lenaway said.

Lenaway has been using senior Alexa Guadarrama, sophomore Angie Palmerin, and freshman Leyla Homuth as his singles players. Fallbrook's #1 doubles team consists of senior Carly Hawkins and junior Samantha Hanlon, and they lost only two sets during the Warriors' first six league matches. Tracy Lopez and Erin Rowan, who are both juniors, comprise Fallbrook's #2 doubles team.

The #3 doubles tandem varies from match to match and in some cases from set to set if Lenaway substitutes. Other than junior Cynthia Flor, all of those players are freshmen.

Fallbrook was supposed to host Ramona in the Sept. 14 league opener, but due to a tournament at the Riviera Oaks Racquet Club where Ramona's home matches are played, the Sept. 30 match was moved to Fallbrook and the Sept.



Fallbrook's Samantha Hanlon plays in a doubles match against San Pasqual during a girls tennis meet, Oct. 14.

14 match was moved to Ramona. The Warriors took a 12-6 victory in their league opener.

The Warriors obtained a 16-2 triumph Sept. 16 at Escondido. The Cougars' two points were from Escondido's top doubles team of Carolina Cruz Delgado and Lauren Ice winning two sets. "Escondido we beat pretty badly," Lenaway said.

Valley Center traveled to Fallbrook High School for a Sept. 21 match. The Warriors won by a 13-5 margin.

Mission Hills allowed six points, five to San Pasqual and one to Escondido, in the Grizzlies' first three league matches. Fallbrook and Mission Hills were both undefeated in league play prior to the Sept. 23 competition at Mission Hills. The Grizzlies' 12-6 victory gave the Warriors their first league loss of 2021.

"Their strengths are kind of the same as our strengths," Lenaway

Lenaway explained that Fallbrook and Mission Hills both have strong singles contingents. "Their doubles are deeper than ours," he said.

Mission Hills won five of the nine singles sets. Homuth won two sets and had a 6-4 loss while Guadarrama and Palmerin captured one set apiece with each having a 6-3 loss. Hawkins and Hanlon had the only two doubles wins for Fallbrook and lost their other set by a 6-3 score.

Fallbrook won all nine singles sets in the 12-6 victory Sept. 28 at San Pasqual High School while prevailing in three doubles sets. Hawkins and Hanlon won two sets. If the players split the first 12 games, a tie breaking game to seven points, with the requirement that a player or doubles team must win by at least two points, is played. When Hawkins and Hanlon played senior Savannah Parke and junior Ella Nosti, a tie breaking game was needed. Parke and Nosti won that 10-8 game to win a 7-6 set.

In the 2020-21 league tournament, Hawkins and Hanlon needed three sets to defeat Parke and Nosti in the quarterfinals. The Fallbrook players began the match with a 6-4 win. Parke and Nosti prevailed in the 7-5 second set. Hawkins and Hanlon won the 11-9



Lady Warrior Leyla Homuth takes a forehand shot against her Eagle opponent.

Village News/Shane Gibson photos



Lady Warrior Olivia Searle serves the ball during a doubles match against San Pasqual.

tie breaker. Parke and Nosti won two backdraw matches to capture fifth place and a berth in the CIF tournament.

Lopez and Rowan obtained Fallbrook's other doubles point against San Pasqual with a 7-5 victory.

Hawkins and Hanlon swept their sets during the Sept. 30 match against Ramona. Lopez and Rowan won a 6-4 set for the other doubles point.

Lenaway acknowledges the weakness of his #3 doubles players. "They're just very inexperienced players," he said. "They need to just play more tennis."

More experience will likely improve the bottom of Fallbrook's lineup, which could include lessons and local tournaments if the players are willing. "It's going to get solved in the off-season," Lenaway said. "Hopefully they'll spend some time playing."

Warriors come back, hold on for football win at Escondido

Joe Naiman

Village News Reporter

The Fallbrook High School football team had to come from behind and then maintain a slight lead Oct. 15 at Escondido for the Warriors to win the 28-23 game.

"The kids found a way to win. That's what I'm most happy with," said Fallbrook head coach Troy

Fallbrook sophomore Chris Bausch scored on an 11-yard run in the first quarter, and senior Josh McBroom kicked the extra point for a 7-0 Warriors lead. The first quarter also included an interception by Fallbrook junior Caleb Quintero. "We gave it right back on a fumbled snap," Everhart

A second-quarter fumble was more costly, as Escondido converted the turnover for a touchdown. Cougars quarterback Xavier Terrazas threw touchdown passes of 9 and 65 yards in the period, and successful extra points created a 14-7 Escondido advantage.

"Fortunately Josh had a long run right before halftime," Everhart said.

McBroom scored on a 35yard run with about 90 seconds remaining in the half, and his extra point tied the game.

A one-yard run by McBroom and his conversion kick opened third-quarter scoring. Escondido countered with a field goal before junior Marcus Washington scored on a 30-yard run and McBroom's extra point created a 28-17 score.

In the final two minutes of the game Terrazas completed a 32yard touchdown pass to Abraham Perez, who also caught the 65-yard scoring reception. "In the passing game we weren't very aggressive,"

Everhart said. "We were playing scared," Everhart said. "We were playing not to get beat deep."

Everhart noted that the Fallbrook efense wasn't challenging receivers. "You've got to want to actually either intercept or deflect the ball," he said.

Escondido tried for a two-point conversion, but the Warriors' defense prevented that. The Cougars then tried an onside kick. "We recovered the onside. We had to get two first downs in order to kneel it out," Everhart said.

Fallbrook obtained those two first downs and let the clock run to zero with the kneel downs.

"Just nice to win. The kids played hard," Everhart said.

The victory was the first in Valley League play this season for Fallbrook, whose Valley League record is now 1-2. The Warriors improved their overall mark to 3-5.

Senior Night festivities will precede tomorrow's home game against San Pasqual, who is also 1-2 against Valley League opponents albeit 4-4 overall. The Warriors will close out their regular season Oct. 29 at Rancho Buena Vista, and the Oct. 30 CIF playoff seeding and selection meeting will determine whether the Warriors will have a postseason home game.

[right] Quarterback Josh McBroom looks back as he takes a clear path right into the endzone for a Warrior TD, Oct. 15.

Village News/Shelby Ahrend photo

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BUSINESS

BWC members show their wares during business fair



Criscenti shows a variety of her handcrafted Green Goddess body care products at her table.



Village News/Julie Reeder photos Bonsall Woman's Club past president Phyllis Zenk displays her wine glass charms at the club's business



BWC member Cheryl Zales, right, visits the table of Tuula Hukkanen, owner of 100 Main, who brought some of her products to show



Bonsall Woman's Club President Mary Jane Poulter, left, and member Geri Sides open the club's business fair, Oct. 7.



Artist and BWC member Marlene Rantanen shares her jewelry and how she makes it at the business fair.

Fallbrook Music Society adds to its leadership team

FALLBROOK - The Fallbrook Music Society Board of Directors is pleased to announce the recent appointments of two new executives to its leadership team. Liz Jamieson-Dunne joins as a member of the organization's board of directors, and Judy Siodmak has

been appointed executive director. "I'm thrilled to welcome Liz and Judy, two proven leaders, to Fallbrook Music Society," said Bob Freaney, FMS President. "Both of these talented women bring skill, expertise and business acumen, which will further bolster and augment the many talents of our organization," he added.

Jamieson-Dunne said "I am pleased to be joining Fallbrook Music Society's board of directors and look forward to building on the great work of the organization, particularly along the path of furthering music education for children in our schools."

Jamieson-Dunne has extensive experience as a successful marketing executive with Fortune 500 companies in building businesses and products domestically and internationally within the consumer packaged goods and direct response marketing arenas. She created a social platform and network called Finding Hidden Courage, which is dedicated to helping others through a spiritual path of service, and she is also publishing her first book "... Finding Hidden Courage," which will be available later this year.

She has also held positions as CEO of Marketing That Works, senior VP marketing worldwide with Vidal Sassoon, Max Factor, Procter & Gamble, and Space Bag, a division of S.C. Johnson. Her background also includes advertising and creative development with international agencies.



Village News/Courtesy photos Siodmak is the new executive director for Fallbrook Music Society.

Jamieson-Dunne has been a resident of Fallbrook since 2000, and has served on the board of Fallbrook Arts, Inc., and currently serves at Hilltop Center for Spiritual Living. She is also an accomplished

Siodmak recently assumed the music society's executive director role after a six-year hiatus from the organization.

"Judy is the perfect fit for us," said Freaney. "From 2006-2015, she served Fallbrook Music Society, initially as an independent consultant to spearhead development of the organization's long term strategic planning. Her expertise in educational initiatives, management, marketing and fundraising activities will greatly help solidify our organization," he added.

During her earlier tenure with the organization, Siodmak's responsibilities expanded to



A new member of the Fallbrook Music Society Board of Directors, Liz Jamieson-Dunne plans to focus on music education.

include roles as interim executive director and general manager. She also served as a member of the Endowment Campaign Cabinet in the development and implementation of the music society's \$1.6 million endowment fund.

Siodmak's professional career includes a variety of marketing/ advertising executive positions in Seattle, Los Angeles and Pomona, including 18 years as vice president for marketing and strategic planning for the Los Angeles County Fair Association (Fairplex).

Siodmak and her husband Geoff have been residents of Bonsall for the past 21 years, and have volunteered for various local nonprofit organizations including Fallbrook Arts Inc., and the Fallbrook Food Pantry.

Submitted by Fallbrook Music

Sheriff's Department gets a grant to battle alcohol-related crime

SAN DIEGO – The San Diego County Sheriff's Department has been awarded a \$97,500 grant from the California Department of Alcoholic Beverage Control to battle alcohol-related crime. The grant is one of several awarded in California to local law enforcement agencies through ABC's Alcohol Policing Partnership Program.

These grants strengthen local law enforcement efforts by combining the efforts of local deputies, police officers and ABC agents. ABC agents have expertise in alcoholic beverage laws and can help communities reduce alcoholrelated problems.

The Alcohol Policing Partnership Program was created in 1995 to

strengthen partnerships between ABC and local law enforcement agencies. The program is designed to put bad operators out of business, keep alcohol away from minors and bring penalties such as fines, suspensions or revocations against businesses that violate the law.

The funds will be used to reduce the number of alcoholic beverage sales to minors, obviously intoxicated patrons, illegal solicitations of alcohol and other criminal activities such as the sales or possession of illegal drugs at ABC licensed establishments. The APP Program has distributed more than \$50 million to local law enforcement to combat alcoholrelated crime.

Local dentist sponsors girls soccer team



Dr. Flores, third from right, donates to the Village News/Courtesy photo Fallbrook High girls soccer team; he is seen with some of the soccer players, from left, Abby Petersen, Paige Gartner, Mikayla Gioia, Flores, Adriana Madrigal and Rori Gartner.



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FPUD news

Keeping Fallbrook informed





We're accepting applications for customers to receive free, drought-tolerant succulents. Approved applicants will receive the plants, free of charge, to transform their landscape and save water.

The plants will be sourced locally from Silverthorn Nursery, which uses FPUD's recycled water to irrigate. The free plant giveaway is made possible thanks to grant funding from Metropolitan Water District of Southern California.

How Do I Apply? All that is required is filling out an online application, providing your name, address and FPUD account number. The applications will be processed on a first-come, first-served basis.

When and how do I get my free plants?

The plants will be available at a pickup event Nov. 6, from 9 to 11 a.m. in the FPUD parking lot.

Participants will receive empty flats, then will select an assortment of 3-inch potted succulents to fill their flats during the pickup event. The brightly colored, sturdy plants are a great way to save water, beautify gardens and ease the workload of gardening.

The application is available on the FPUD website, www.fpud.com.



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EDUCATION

County to use \$2M of coronavirus relief funds for youth sports and camps

Joe Naiman

Village News Reporter

The County of San Diego will use \$2 million of American Rescue Plan Act funding for youth sports and camps at county parks.

The San Diego County Board of Supervisors voted 5-0 Oct. 5 to appropriate the \$2 million of coronavirus relief funding for youth sports and camps. The funding will provide \$1,800,000 for fee waivers and reimbursements while \$200,000 will be used for county Department of Parks and Recreation staff salaries and benefits to cover the administrative costs.

"It's a great opportunity," said Board of Supervisors Chair Nathan

The Department of Parks and Recreation facilitates more than 40 youth camps and programs, and county sports fields and courts are used by more than 120 outside youth sports organizations.

"We all know covid put a big hit not only on businesses but also on kids playing sports and on families who are in the service industries in those businesses that were shut down," said Supervisor Jim Desmond.

The funding will be used to offset registration costs for camps and sports leagues led by the Department of Parks and Recreation, and organizations who lease facilities on county parks will also be eligible for reimbursement. The Department of Parks and Recreation estimates that 15,000 to 20,000 juveniles will benefit from the program.

We're incredibly proud of our county parks system, our county parks team. They do incredible work," Fletcher said.

The county will prioritize funding to assist families and communities most impacted by the coronavirus

restrictions. Participants, facilities, and organizations in ZIP codes within the bottom half of the California Healthy Places Index will be eligible for full waivers and reimbursements for up to \$100 of registration costs while organizations in the top half of the index will be eligible for reimbursement of half the costs.

One of the challenges we have in District 1 is that we do have a lack of county services and county parks, so some of these funds will not be going to those who are most in need, which is what ARPA funds were created for," said Supervisor Nora Vargas.

"I would encourage as we move forward to look for opportunities to partner with perhaps non-profit organizations and others because the reality is a lot of where our parks are geographically located are not in the areas that have the highest density of population," Fletcher said. "Perhaps we can reach out to some groups so groups of kids can be able to go up to a county park."

"There's a lot of work to do in the system to make it equitable so that people who need it the most are the ones that receive it, but I'm okay with supporting this," Vargas said. "I just want to emphasize how important it is that we're moving forward."

The Department of Parks and Recreation will work with recreational youth sports and camp organizations prior to their next registration period to ensure that the registrants' families will receive the benefits. Requests will be processed in the order received. The Department of Parks and Recreation will review requests to determine eligibility and will work with a single contact at each organization to provide the reimbursement.

Gallegos selected to perform with National FFA Chorus



INDIANAPOLIS - Damon Gallegos, a member of the Fallbrook FFA chapter, will be on stage and in the spotlight Oct. 27-30 during the 2021 National FFA Convention & Expo in Indianapolis.

Gallegos, a senior at Fallbrook High School, and the son of Dennis and Karen Gallegos, has been selected to be a member of the National FFA Chorus.

The National FFA Chorus will perform several times during the national convention and expo, adding excitement and motivation to the sessions through their music.

Gallegos will join fellow chorus members in Indianapolis for rehearsals three days before the convention and expo begins.

Corteva AgriscienceTM sponsors the National FFA Chorus.

Submitted by Fallbrook High

FHS senior Damon Gallegos is singing with the National FFA Chorus in Indianapolis, Oct. 27-30.

Village News/Courtesy photo

BUSD approves design contract to improve Bonsall ES traffic flow

Joe Naiman

Village News Reporter

The Bonsall Unified School District board approved an agreement with AlphaStudio Design Group to develop studies for improving traffic flow at Bonsall Elementary School.

A 5-0 vote Oct. 13 awarded the Carlsbad company a \$5,275 contract for the studies. The work will include visual observations of current traffic patterns, analysis of potential revisions, and evaluation of minor on-campus drive improvements to decrease congestion during pickup and dropoff periods.

'This is a much-needed comprehensive review and planning strategy to improve the traffic flow around Bonsall Elementary School," said BUSD Superintendent Joseph Clevenger.

The traffic flow optimization will take into account the Rio

Estrella development, which was called Golf Green Estates when the subdivision map for 94 residential lots was approved, and the future Bonsall Community Park.

"Superintendent Clevenger and district office staff are proactively working with San Diego County officials and other experts to address traffic considerations around Bonsall Elementary School to maximize flow with consideration of the new neighboring home development and the upcoming community park construction across Camino Del Rey," said BUSD Board President Larissa Anderson.

"We're partnering with the county," Clevenger said. "We're looking of course to ensure student safety but also to be good neighbors.'

The county's Department of Public Works addresses road issues while the county's Department of Parks and Recreation will manage

Zion Christian

Bonsall Community Park, which will total 63 acres including 55 acres to be developed.

"What we're looking at is how we can be more efficient and effective in our dropoff," Clevenger said. "We want to make sure we have our ducks in a row as far as safety for students."

AlphaStudio Design Group will conduct field work comprised of visual observations to document the existing pickup and dropoff traffic congestion conditions, compile and analyze the findings to determine deficiencies in the current traffic flows, hold information gathering meetings with BUSD staff and outside agencies as necessary, identify potential revisions to automobile and pedestrian traffic patterns and drive improvements, provide a preliminary construction cost estimate, and develop a report summarizing all findings and recommendations.

Locals named to dean's list at Biola University

LA MIRADA, Calif. - More than 1,800 students were named to the Biola University dean's list in spring 2021. Biola students are placed on the dean's list to honor those with a GPA of 3.6 or higher while enrolled in 12 or more credits and whose cumulative GPA is at least 3.2.

The following local residents were named to the dean's list:

- Noah Bedard of Fallbrook majoring in philosophy
- · Lily McGill of Bonsall majoring in business administration
- · Zachariah Schroeder of Fallbrook majoring in cinema and media arts
- Hannah Strege of Fallbrook

majoring in sociology

"Inclusion in Biola University's Dean's List is reserved for students who demonstrate exceptional performance in their academic studies. This honor signifies hard work, engagement, and investment in scholarship," said Tamara Anderson, associate provost of academic effectiveness and administration. "These attributes are the building blocks of continued success, not only in the classroom, but in the workplace and in the student's personal lives. We celebrate these students and their achievement, looking forward to their future accomplishments."

Submitted by Biola University.

Fonseca makes dean's list at University of Maryland Global Campus

ADELPHI, Maryland - Hector Fonseca of Fallbrook made the dean's list for the summer term at University of Maryland Global Campus. To be eligible for the honor, a student must have completed at least six credits during the term, earned a grade point average of at least 3.5 for the term, and maintained a cumulative GPA of 3.5 at UMGC.

With an enrollment of some

90,000 students, UMGC offers open access with a global footprint and a specific mission-to meet the learning needs of students whose responsibilities may include jobs, family, and military service. The university offers both undergraduate and graduate degree and certificate programs, including doctoral programs.

Submitted by University of Maryland Global Campus.

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Anti-mandate rally draws 250 participants



children being forced to have the

vaccine shots and wanted to keep them in school. The options of moving to another state or homeschooling are being considered, rather than a vaccine that may not be safe or needed.

A statewide protest was scheduled for Monday, Oct. 18, to pull children out of classes for the day.

There were no counter-protests at the rally. However, the property manager for River Village shopping center was not pleased. She had signs stating "no rally parking" posted and turned on the water sprinklers along the east side of Mission at the corner of Hwy. 76. She also blocked the entrance to the dirt lot on the west side of Mission.

"I represent the owners and it is our feeling that this is not an appropriate place for this type of event," said Una Murphy, who said she has worked as property manager for more than 20 years. "This is such a hot social or political topic, and we really don't want a rally happening on our property."

She said the past few days she has had as many people calling her opposed to the rally as the number of protesters. She also cited liability issues and her concern about children being so close to the busy traffic on Mission.

Around 250 local residents make their opinions known on South Mission Road at State Route 76.

Village News / Rick Monroe photos



Jen Lara participates in the anti-mandate rally with her children, Kyle, left, and Gwen, Oct. 15.



NATIONAL

Current lifesaving COVID-19 information shared between doctors, scientists

The following is a transcript of a Roundtable discussion between professionals with experience regarding COVID-19, including one of the original architects of the mRNA technology, frontline doctors and surgeons who have actually treated thousands of COVID patients, a psychiatrist and a statistician. They discuss treatments, the vaccines, natural immunity, pregnancy, children, Delta, and other variants, and a proven strategy to successfully fight COVID.

Panelists included Dr. Robert Malone, Inventor of mRNA technology, Dr. Ryan Cole, Mayo Clinic-trained, board certified pathologist who has diagnosed 300,000 patients, Dr. Pierre Kory, M.D, M.P.A, a Pulmonary and Critical Care Specialist and President, Frontline COVID-19 Critical Care Alliance, leader in intensive care and author of medical student textbooks used across the world. Kory has influenced the standard of care for COVID and given US Senate testimony.

Also on the panel were Dr. Richard Latell, a Family practice doctor, Dr. Heather Gessling, MD, FABFM, a Hospital Chief of staff that has been working with children and families around COVID since the beginning of the pandemic, Dr. Mark MacDonald, Psychiatrist, Dr. Brian Tyson, who has possibly treated more COVID patients than anyone in the world, seeing over 6,000 of them, Dr. Richard Urso, an Ophthalmologist and inventor of FDA-Approved wound healing drug and an eye surgeon with one of the largest clinics in the country and has spent the last year and a half deep in COVID, Mathew Crawford, a Biomedical statistician with Metaprep Education Group and Moderator Rob Nelson.

Moderator: We are seeing a spread of Delta right now. Officials say we're all going to get Delta. Should we be scared? Is Delta upon us? Are we in a permanent pandemic right now?

Dr. Richard Urso, MD FAAO: It's like the same song, second verse. We're going to keep seeing variants. It's normal. I don't expect that to change. We're vaccinating in a very narrow framework. And so when you vaccinate just the spike, you're going to get variants because we are doing very specific treatments, what you're seeing now in the Delta variant is you're seeing the same thing. Just a small change will allow the virus to mutate and get around that and you're going to see this happen over and over again.

Moderator: Dr. Malone, We're seeing all these variants and I think the question people often ask is, why?

Dr. Malone: This is really controversial. There's a lot of discussion that this is a pandemic of the unvaccinated and the unvaccinated are the ones that are driving these escape mutants. That from a fundamental evolutionary standpoint, as a molecular virologist, doesn't make sense. This virus now is known to mutate and throw off mutants at a much higher rate than we expected it to be. So there are very many mutants. The virus is evolving very rapidly. This is akin to what happens if you overuse antibiotics. So in sum, what we're doing with universal vaccination is driving towards this end point of vaccine resistant mutants. We don't have to.

Moderator: So it sounds like we're on the defensive. We're trying to defensively vaccinate our way out of something that we're already deeply in.

Dr. Cole: Here's my optimistic view on Delta. Yes. Delta's new, it's shaped differently. Technically it has escaped the antibodies from the vaccine. So we give a shot, give another shot and say, we're going to give a booster with the same shot for a virus that existed five variants ago. It's like saying to healthcare workers, we're going to give you a flu shot for the upcoming flu season, but we have leftover flu vaccines from four or five years ago in the freezer. Illogical, no common sense in that whatsoever. So the variant has escaped it. And if you use a vaccine only approach you select for these variants, my optimistic point is Delta is a wildfire. A lot of people are going to get it. If you look at countries that handled it right, the death rates from Delta in most countries were far lower from this variant than other variants. So I want to give that optimistic message. Does it mean people aren't going to get sick, not be hospitalized, not going to die? No, it doesn't mean that, but what we do need to look at, is early treatments because if you've been vaccinated, I think scientifically we need to be 100% honest with everybody and say, even if you're vaccinated or you're not. We can get the virus now, vaccinated or not. And the vaccinated can carry equal or higher viral loads.

Dr. Kory: This path that we're on, which is this sort of monolithic vaccine only strategy. We're explaining the science, why that can't be the only solution. We can not vaccinate ourselves out of this problem. The positive that I want to say is that there we know of strategies. They're actually largely being ignored and suppressed. And I don't want to sound conspiratorial about this, but the reason why is because there's still a firmly held belief that the vaccines will solve this. The evidence that you just articulated is that it's becoming increasingly clear that that's not true. And so my hopes are that more and more attention is going to be paid to the other strategies, which have so far been ignored, which is that of early treatment. Especially now that the vaccinated are getting sick. Many of the vaccinated, many people were led to believe that if you get your vaccine, we're going to end this thing. You don't have to worry about it. You can carry on with your lives. But guess what, we're talking about variants. My colleagues are now talking about even scarier variants that are coming. And so we need more tools to fight this. We need more weapons to fight this. And guess what the positive message is. We have them. And I'll tell you the strategies that we have are independent of the variants. They can handle any variant that comes at us. We just need to get that message out.

Moderator: None of you are against vaccinations in general, meaning the idea of vaccinating, you probably all have vaccinations. Your kids have vaccinations, your family, right? Is that a fair statement?

Dr. Cole: That's a fair statement. I've had all my childhood vaccines as have my children. I've had plenty of military vaccines back in the day. I'm not anti-vaccine, never have been, but I am pro good science. And right now there's science that's very questionable with something that's very quick and we're seeing things that we've never seen before. So I'm hesitant in this regard.

Dr. Malone: I think that the vaccines need to be used intelligently. That's my objection. And as Dr. Cole has mentioned this set of vaccines that we have right now, Moderna, Pfizer and J & J, they're all gene therapy based vaccines. And they all have a common problem. They only have one antigen: the spike antigen. And when they were developing them, they didn't realize that spike was biologically active--no fault of theirs. Everybody was in a rush. It was the fog of war and they made decisions on the fly. But now it's time to take a breath and say, 'Hey, does this really make sense? And where does it make sense?' We don't have to be just left or right. Pro or anti-vaccine, there's a middle ground. And I'm suggesting, and I think we all are aligned that what we're talking about is intelligent deployment, strategic and tactical deployment of vaccines. We, as a community, need to protect these people at high risk, not just here in our community, in our states, in my opinion, we need to protect the elders throughout the world. We don't need to hoard all the vaccine for people that don't really need it. We need to make it available across the world for all cultures, for those people that are at very high risk.

Moderator: Dr. McDonald, you've talked a lot about fear and about how you feel the pandemic has created almost an incurable

Dr. McDonald: I think fear has really been the driving force of this pandemic from the very beginning. I said, as early as may of 2020, that we're not in a medical pandemic, we're in a fear of pandemic. I think that it is evolved. However, a bit beyond fear. I think that what's driving the fear now is propaganda.

Moderator: Your point is it's really messed kids up. And that struck me the first time I heard



Valley News/Courtesy photo

you say that, that, that kids, unlike adults, don't just bounce back. That's your point kids. And you said, you think an entire generation of kids has been screwed by this, that they will not get their psychological health back, which is really depressing. If that's true.

Dr. McDonald: I work with children. I see kids all day long. I'm a child psychiatrist. This is happening all the time. Every day in my practice. My concern is that the developmental stage that children need to go through: babies. toddlers, young adults, is being foreclosed on them. Brown university department of pediatrics published a study two weeks ago that found that babies born after January 1st, 2020, which is when this whole pandemic started, have a IQ point drop of 20 points compared to babies born before January 1st, 2020. That's huge. Why? They don't see faces. They don't play, they don't have exposure to friends. They don't go to school. They're basically locked in their homes, looking at their parents for a year and a half. And their brains have not developed. My concern is that we are building a generation of young people who are so traumatized that they will never fully recover from this. And even if we give them therapy and treatment, they're always going to be damaged. They're always going to be scarred emotionally. I don't mean for it to be depressing. I mean, for it to be alarming so that everyone can finally say "stop." We've got to stop the damage and then figure out what to do about it.

Moderator: What does the damage to you guys actually mean?

Dr. Heather Gessling: I'll speak to that. I think stopping the damage means to acknowledge what we have done wrong. I think that we should reverse all of the measures that have been implemented. I feel like patients, families, and parents should take it upon themselves to feel empowered. We need to get back to the basics because we've done this wrong for so long. It's been so damaging. One of the books that I had in medical school and that we all had in medical school was Harrison's principles of internal medicine. This is basic medicine. This is what we have forgotten. "Many specific host factors, (That's us) influence the likelihood of acquiring an infectious disease, age, immunization history, prior illnesses, level of nutrition, pregnancy status, coexisting illnesses, and perhaps emotional state all have some impact on the risk of infection after exposure to a potential pathogen. All we have done is focus on one of those--immunization history. And so the factors level of nutrition, emotional state, as we have discussed can not be underestimated. The ability to provide early effective treatment should make us feel empowered. We should not feel afraid anymore.

Moderator: Are kids more at risk? The numbers don't seem to suggest that. I mean, the number of deaths of kids from COVID was lower than the number of deaths from the flu. But now people are saying Delta's more severe. So are kids at risk?

Dr. Urso: I'll just give a few statistics. There are about 330 children that have died of COVID in a year and a half. There's typically about 50,000 children per year, who die. Many more have died of drowning and car accidents. So if we look at the relative risks, COVID has killed about 330 children in the last year and a half. So I think you need to look at that as you look forward to the risk to

children. Do they spread? No, they don't spread. There's at least seven different studies that show that essentially the spread of children to adults is close to zero. So children are not super spreaders and children don't die from the disease.

Dr. Tyson: I own three urgent cares in the Imperial valley area, which is one of the hotbeds for COVID-19 because Mexicali sits right across from us. That's two and a half million people. So we see about 200 to 300 patients a day. I don't do telemedicine. We do straight face-to-face encounters. So one of the things that I wanted to differentiate was,'Are these infections truly COVID?' because they have the cough, cold and rhinitis and sore throat. Or, are there other viruses going on? So I decided to buy a \$100,000 PCR machine, and we've been running these PCR tests. And recently I can tell you, we've seen 90% of rhinovirus and also RSV in the kids. So RSV typically is a winter illness. It causes pulmonary symptoms. It causes pulmonary bronchiolitis, not bronchitis, but bronchiolitis in the lower, lower airways. And that's why the kids are having trouble right now. It's not in my opinion from COVID, but from RSV.

Moderator: Clearly, kids are being hospitalized. I know the CDC recently said it's actually not a higher proportion, it's the same proportion, but kids are getting sick.

Dr. Tyson: You're correct to say, kids are getting sick. And, under that CDC data that Dr. Ursa was talking about, healthy children didn't die from COVID-19. Okay. It was those children who had four or five risk factors, morbid obesity being number one, diabetes being number two and weakened immune system being number three, kids on chemotherapy and things like that. So, it's no different than RSV, rhinovi-

"This is a pandemic of un-

dertreatment. Long haul covid

undertreatment. Getting Covid

is only caused by one thing - a

lack of preventative strategy.

those [strategies]," Dr. Pierre

The good news is we have

is only caused by one thing-

rus, influenza, that would normally take out these kids anyway, unfortunately. But yes, we are seeing a higher number of COVID cases in the morbid obese and the severity of ill-

ness in the morbid obese in kids is problematic.

Moderator: Do healthy people die of COVID? I mean, is it all comorbidities? Is it obese people? Is it people with, you know, immunocompromised?

Dr. Kory: Greatest predictor for dying from COVID is age. With every decade of life, your risk goes up and it's a straight line. Then you have to worry about comorbidities, right? So, the diseases that they have make them more prone like obesity and diabetes. However, we are seeing younger people now coming into ICU. We are seeing relatively healthy people die. We're now seeing people with less comorbidities than before in the first wave last spring, almost everybody was either obese or diabetic. Now we're seeing much less of that. You know? So when my colleagues said not one healthy kid died of COVID, I would also like to say, I don't believe that there's anybody who's died who's gotten an effective early treatment.

Dr. Urso: People don't die of the virus. They die of inflammation and they die of thrombosis. Do we have drugs for inflammation that are not off-label, steroids? There's a bunch of drugs that are on-label that can be used for the purpose of

inflammation in this disease. These are not controversial topics. There are many, many different products we can use: Lovenox, Aspirin, Eliquis, XARELTO® . There's a bunch of drugs for thrombosis. So when people say they died of COVID, they died of an inflammatory thrombotic disease. They didn't die from the virus running through their body. Hopefully at some point we'll have a really good early, early treatment that's directed to the virus itself. Right now, we have other treatments as Dr. Kory said, they weren't originally designed for this virus, but they are very effective against this virus.

Dr. Latell: What we're seeing now is that patients are getting early treatment with medications, such as Ivermectin, Hydroxychloroquine, and a host of other medications because of this free exchange of ideas and this group of physicians and others around the world.

Moderator: One thing I think we've all seen, Ivermectin is a great example, where the media has politicized the issue. So depending on your politics, you're going to see one or two different things. And you're going to hear, "oh, well, it's horse medicine. People are taking horse medicine. But Ivermectin is an FDA approved drug for human treatment.

Dr. Kory: It's how the system is designed, which is largely against the use of repurposed drugs. If you know what a repurposed drug is, it's generally a drug that's off patent and not profitable. It's been approved for use in another disease for which it's found to be effective. So Ivermectin is well known as an anti-parasite. In fact, the discoverers won the Nobel prize because it eradicated two globally endemic parasitic diseases. I mean, it transformed the health status of good portions of the world. We knew on the

ground that corticosteroids were going to work. We knew it because of our experience treating severe lung disease. We started using it. And guess what we started to use

ed to see? As we started to use steroids, people started to come off ventilators.

People who were needing oxygen were coming off oxygen, getting discharged. The entire landscape changed. And I went into the US Senate, and I testified to the world that it was critical we use corticosteroids in the hospitalized patient. And I did that at a time where every national international healthcare agency was recommending against its use because they thought it would increase mortality. And I got heavily criticized for that. It's now the standard of care worldwide. Everything else that we've discovered, everything that's in our protocols is because we have used good clinical sense, lots of experience. And we've used trial and error using our best judgments of risks and benefits. We don't want to cause harm, but undertreatment and nontreatment is harm, I think this is a pandemic of undertreatment. Long-haul COVID is only caused by one thing--undertreatment. Hospitalized COVID is only caused by one thing--undertreatment. I'm even going to push the envelope here. Getting COVID is only caused by one thing, which is a lack of an effective preventative strategy.

I thought, everyone thought and hoped it was going to be the vaccine. It's not.

Moderator: You're saying getting COVID itself is completely preventable?

Dr. Kory: There's a number of agents that have been shown, if you take them regularly, your chances of getting COVID are far lower. For me the most effective is Ivermectin. There are dozens of trials. We're now up to 14 trials with thousands of patients. In the trials which you take it the most frequently, you're nearly perfectly protected from getting COVID. It is a highly effective agent. The reason why Ivermectin is so important in this disease is that it has numerous mechanisms of action. The most important mechanism is that we know it binds tightly to the spike protein. The spike protein on this virus is how it gets into our cell, how it's allowed to replicate. If you can bind it, you can block it and you can prevent yourself from getting sick. The one caveat though, is what we've learned is that in the Delta variant, just like the vaccines, we have started seeing breakthroughs. So we have to change our dosing strategy of all of the trials done on Ivermectin. The strongest evidence is actually in prevention. It is a wickedly effective, highly potent preventative agent. You, if you take it regularly, your chances of getting sick or near nil.

Moderator: Matthew, you've done a lot of statistical research, particularly around the success of early treatments and it hasn't gotten a lot of attention. Why don't you take a second and talk about your findings?

Mathew Crawford: So early on, I was a little frustrated, not seeing much analysis. And so I started to reach out to doctors that I knew and said,"What do you see? And, numerous doctors told me "I'm using this and it looks good" and there wasn't much data out. So I kept reaching out to more and more doctors around the world and eventually collected about 20,000 data points. And this is almost a year and a half ago. And it looked like those who were using Hydroxychloroquine, and especially if they included Azithromycin and zinc, or possibly another macrolide other than azithromycin, but with the zinc in particular, it looked to everybody in their communities about a 98% lower mortality rate. And this was across like seven different nations I got this data from, so put all this together and it was tens of thousands of data points by the end of last year. But it's difficult to get a lot of this data published. I'm working on Dr. Tyson's data right now, and we've had the results for months, but it's difficult to get it published. Anything that goes against the narrative takes longer in peer review.

Moderator: Is that a valid thing that it would take longer? I mean, is that understandable or is that politics?

Mathew Crawford: "I think there's some politics involved."

Moderator: Dr. Tyson you've said you have how many deaths out of the 6,000 people you've

Dr. Tyson: So with treatment starting from day one to 7, zero.

Moderator: Zero deaths. **Dr. Tyson:** Right. With treatment starting from day seven to 14, I have four. Two died the same day they showed up at the clinic and

two died in the hospital. Dr. Gessling: And I want to say, my numbers exactly match up with Brian's. I've treated about 1500 and I have had one death. And it was because there was some delay in treatment. And I know that several physicians who have treated didn't have any deaths until approximately July, August. And that was with the change in the virus. Within a week or two, all of us were saying the exact same thing--something has changed. What do we need to do to change the protocol?

Moderator: Dr. Gosling, you're treating vaccinated and unvaccinated.

Dr. Gessling: Absolutely. Vaccinated and unvaccinated. And so I would say in July, the majority of my sicker patients were unvaccinated. And then I noticed in August, it seemed to be about 50-50, and now it's more vaccinated. And so it happened as a very quick change in my practice.

Dr. Latell: Dr. Tyson, Dr. Gosling and myself are family physicians. Okay. So we are the folks who have been in those front lines, getting the phone calls in the middle of the night from concerned parents. And what you've just heard from Dr. Kory is that if you take the right preventive plan

of medications, either hydroxychloroquine or ivermectin or both, you're approaching 0% mortality.

Moderator: I hear your passion and understand where you guys are out there in the trenches. It's bizarre that we are facing a pandemic that has left us where we are clearly divided about the simplest thing of treatments. They're not all going to work. Some are going to fail. You're going to experiment, but in most diseases, doctors get in there and you figure it out. And in this one, for some reason, we got blocked into this thing where it's like, no, no, no. And I think you have an opinion, partly why.

Dr. Kory: If we have a solution or we have effective treatments. Why aren't they being recognized and disseminated across the world? And there's really two forces that I think we're up against. The first force is that in general, our health agencies are suffering what's called regulatory capture. They're largely driven by financial interests, external financial interests that are really influenced in making sure that the solution to the pandemic is one that is profitable. Vaccines are profitable. The other challenge that we were having, which is somewhat overlapping is that academia, which we call the ivory towers, the big academic institutions in the last 10 years, there's been this increasing belief into the idea that the only proof of efficacy of a drug has to come out of a large double-blind randomized controlled trial. When you do a randomized control trial, you have to first make the diagnosis. Everyone has to have a positive test. They have to have symptoms. They have to be enrolled consented, randomized, and then the drug is delivered. Each one of those steps takes time. And so by the time they do these randomized control trials, oftentimes it's very delayed. And oftentimes it's underdosed because they're using doses that I was using six months ago. We move with this pandemic because we can't prove it with the one tool that we need to prove it, we are getting suppressed. And that message is getting suppressed.

Moderator: Who funds big randomized controlled trials?

Dr. Kory: That would be pharma generally. Now there is philanthropy and there is the NIH. But the NIH and pharma are quite tightly linked.

Moderator: Let's just take a minute and address some of the vaccine related questions that I think people have. And I want to start with you, Dr. Malone, if that's okay, because you are the one of the architects of mRNA technology. And if I were to ask you Dr. Malone, are you against the vaccine for COVID? I know your answer would be absolutely not, but you do have some issues with this particular vaccine. Why?

Dr. Malone: So thanks for that opportunity to make the point that I'm not an anti-vaxxer. I'm a guy who spent the majority of my adult life developing vaccines and trying to get vaccines licensed. For example, the Ebola vaccine that we call the Merck vaccine. This is a technology platform (m RNA) that I believe and many believe has enormous promise. And right now it's in its infancy. The safety of the underlying technology is not yet fully demonstrated. It hasn't been fully characterized and that will come, that's good news. However, in the fog of war and the need to come up with something, as soon as possible, some decisions were made to move things forward very rapidly. They were based on incomplete information. People did what they did in good faith and focused on a protein that they thought was fully safe--spike protein. But now over a year later, we know that, in the virus, this protein is responsible for much of the disease that the virus causes, the pathology in your vascular endothelial cells, the coagulation. And it's unfortunate that this particular protein in what appears to be a biologically active form, was used in these vaccines.

Moderator: What is the result of that? What does that mean?

Dr. Cole: This is a thromboembolic disease. COVID is a clotting disease. Now, when we give a spike protein to Dr. Malone's point, that is an active biologic molecule. We chose the wrong molecule that causes disease. So what do I see under the microscope? You see these COVID skin cases, you know, these weird CO-VID rashes. What is that? That's clotting in the skin.

We unfortunately have doctors that say there's no damage from the vaccines and no deaths from the vaccines. We should use the French legal system. When we have a new product that's never been used on humanity in the market. It's guilty until proven innocent.

Every time there is damage or disease from that product, we need to assume that it is guilty until we prove it isn't. So under the microscope, we see clotting in the lungs. We see clotting and the vessels. We see clotting in the brain, not from the virus, but from the spike, from the vaccine itself. Now consider the numerator and the denominator are most people going to be fine? Yes. And I want to emphasize that in our data, around the world, from the United States, from the UK, from the Euro vigilance in Europe, we have seen more death and damage from this one medical product than all other vaccines combined in the last several decades. In just a short eight month window of time, it has done more damage than any other medical product therapy, shot, um, modality of anything we've ever allowed to stay on the market to this point. Do I mean to a sound alarmist? No, I'm being factual. And when I look at it under the microscope, and I see the parts

of people or people that are no longer with us, the damage and the disease is caused by that spike protein. It is present.

Moderator: we're going to give you a Common sense would tell me a vaccine's efficacy is debatable, flu vaccines from four or but you couldn't possibly know if it's safe because you would need

five, 10 years to really know.

Dr. Malone: I love your approach of, 'let's just think for a minute, let's just apply common sense.' It normally takes a decade or more to produce a vaccine that is safe and effective. And to demonstrate that it's safe, the usual standard with the FDA is that you allow at least two years after you have administered the phase three material to at least 3,000 people for a vaccine. Often the FDA wants many more people than that. And you follow them for two years at least to see whether or not they're generating auto immune problems, et cetera. And you're dead on. I mean, you can do the math. Okay. Have shortcuts been taken? Normally it takes three years to evaluate the data. This vaccine was deployed in, you know, eight months. Six months or less after the phase three trials were completed. So it doesn't take a genius to figure out the common sense that we don't have the information. In terms of safety in pregnancy, reproductive, toxicology, reproductive risks, potential birth defects. The honest truth is whatever they tell you, we don't have the data. So whomever is speaking, if they're telling you that it's safe, but they haven't actually done the studies. I think you can figure out that means that they're not being truthful with you.

Moderator: Were pregnant women even included in the clinical trials?

Dr. Malone: Of course they weren't. The NIH just funded the study like a week ago on reproductive toxicology and birth defects in children. The major study on potential risks in pregnancy wasn't started until almost a month after the CDC said it's okay to go ahead

and start taking the vaccine. **Dr. Ursa:** For those who don't know, a good percentage of the COVID vaccine, the spike protein, I'm sorry, the lipid nanoparticles actually goes to the ovaries. They knew this before they started, that this was what happens. So I do think while there might not have been intent, anybody who did that kind of work would know that they [lipid nanoparticles] would actually go to those places. That's what they do. They go through those very easily. And of course they're carrying spike protein, and spike protein we know is going to cause inflammation in the ovaries. What do we know about that? Well, as Dr. Malone said, we don't know what that means. Is that going to affect fertility? We don't know. We've got to hope and pray that it doesn't because many people have taken that and they now have significant inflammation that has gone to those organs.

And so we literally have pregnant women coming in. One woman had two miscarriages during her 10th week and her OB actually told her to go get the vaccine. And he cannot know that that's safe. It's impossible. So she just happened to have miscarriages. She's at high risk for another miscarriage. It's a high risk pregnancy. There's no reason to introduce any new therapeutic of any sort in this patient. So this is what we're seeing: a one size fits all policy. That makes no sense, and we need to stop it. And we need to adopt early treatment and other measures.

Moderator: What if your CO-VID recovered? You may be vaccinated, but unvaccinated and COVID recovered is a whole unique group that you actually would argue has actually more immunity and is more valuable than all the others together.

Dr. Cole: A hundred percent true if you've had COVID, you're done with COVID. We don't need to modify mother nature. And if you think of what a vaccine is, a vaccine mimics a small portion of a natural infection. So to say, a natural infection is not equal to a vaccination is insanity. In vaccinology, we're trying to mimic a part of nature, whereas mother nature does it right. If you have had COV-ID you may get it again, but you're going to get it in a much more mild manner. So as to this two tier polarization of our society--a virus

"So we give a shot, give a

booster with the same shot

for a virus that existed five

variants ago. It's like say-

ing to healthcare workers,

flu shot for the upcoming flu

season, but we have leftover

five years ago in the freezer.

Illogical," Dr. Ryan Cole.

isn't politically red or blue or purple --a virus is a humanitarian issue.

And when we divide ourselves in thought and don't listen to science anymore, we're going down the wrong path. When we look at what's happened to the children, going

back to the children point, half of kids in the U S have already had COVID, we're not antibody testing. We're treating everybody with this terrible oppression of you've got to wear a mask. It doesn't matter that you had COVID, you know, you've got to stay home. If somebody in your classroom tests positive, it denies basic science. And this isn't upper level immunology. This is basic immunology 1 0 1. And we are forgetting what our amazing immune system does. How many of you had chickenpox when you were a kid? Probably a lot. Okay. How many have you ever gotten them again? Yeah, no. Did you need a shot? No. Have any of you had a grandma who had measles and ever got measles again? No, because her immune system works.

Dr. Malone: This gets back to common sense. Why are they telling us that natural infection isn't protective? Why are they telling us that those of us covered still got to get the jab. There is a financial incentive here. And if there are a few examples that make it so abundantly clear one is this crazy labeling of Ivermectin as a horse paste drug. I give ivermectin to my horses, but I don't take the horse version for myself. You know? Um, and, And the other thing is this crazy messaging about natural infection. Why are they saying these things that make no sense?

Dr. Cole: If you are under age of 50 with no comorbidities your chance of dying from this disease are about nil. And if you get early treatment, they're even closer to nil. So if you recovered, which half of the young people in North America are, you don't need a shot and the shot can damage the heart of children. There are more children who've had myocarditis, and there's never such a thing as mild myocarditis. That's inflammation of the heart. Once you get inflammation, get scarring, those kids' hearts are damaged for life. There are more kids, like 5, 10, 15 kids now that have died of heart attacks after the shots. 400 plus kids that have had myocarditis, that have damaged hearts for life. That's more than the kids that have died from COVID. Now the ratio to damaged children is much higher than due benefit. And children survive this virus at a statistical 100%. Age zero to 18 - 99.97% of children survive

this virus. So why are we punishing kids for a virus they survive? It's illogical.

Moderator: There's lots of people who got the vaccine and are wondering how risky it is.

Dr. Malone: Here's what I do know about multiple boosters. The immune system is really, really complex. And it's as complex as the nervous system, which by the way, comes from the same cell type--incredibly complex. And one thing as somebody that's been in this business and had all this training for 30 years--more is not better. The assumption that another dose is going to boost your immunity, to levels that it was previously needs to be demonstrated clearly. And the safety of that needs to be demonstrated, because as immunologists, we know darn well, there's a thing called high zone tolerance. More is not better. More can actually suppress the immune response.

Dr. Cole: After the extra shots, we're seeing the depletion of certain cell types. To your point, we're starting to document it and are studying it. And to his question, why give a third shot to a virus that was gone in January and February of this year? We're on to Delta. The booster is not something new. It's the same shot for the virus that's gone. Delta's a new virus, essentially. So is there any logic to boost something that's not even here anymore? No.

Moderator: So we're vaccinating for COVID and we're already on to Delta now.

Dr. Cole: The strain that we made the sequence for the spike against isn't even circulating anymore, it's not even here. We're, you know, 1, 2, 3, 4, 5 variants on from that. Delta is behaving as a new virus. The antibodies don't neutralize it anymore, especially at the end terminal domain of the spike. It's a wrong approach at this point. It is the wrong protein now, it's not even a virus that's

Dr. Littell: Everyone in my practice wishes and prays every day that COVID goes away. We don't want to treat another patient with COVID ever, ever again, to be honest with you, my other patients have been neglected because of COVID. It's impossible for us to keep up with the displaced.

Dr. Urso: We don't have to know what pharma's motives are. It doesn't matter to me. I'm not interested. What I'm interested in is a comprehensive plan. I'm interested in contagion control. I'm interested in vaccination. I'm interested in prophylaxis. I'm interested in early treatment. The motivation side doesn't matter. It's the data that matters in a comprehensive plan that matters. So we don't have to fight and say, they're bad. We're good. It doesn't matter. It's a comprehensive plan that we need to emphasize that encompasses everything

The fact of the matter is what really matters is we need to do everything all at the same time, because that's how we do it. That's how we've always done it. We've never done it differently. It was a shock to us to find that people were not emphasizing early treatment. That is just something that is incomprehensible. And we still don't know the answer and we don't care. I don't care. We're just going to go forward.

Audience question: After 2020 do you think there was an emergency. Is there an emergency,

now? **Dr. Kory:** I'm an intensive care unit physician. I take care of the patients who come at the end of the line, and I will tell you, we still are having an emergency. This is an emergency situation. If you look around the United States, there are dozens of cities and areas where the hospitals are filling. The ICU's are filling. This is an emergency of undertreatment. There's undertreatment early. There's undertreatment late in the hospital using low doses of corticosteroids

see COVID, page D-5



REGIONAL

Fatal DUIs Continue to Spike

San Diego County District Attorney Summer Stephan said today that the county has already set a grisly record of 35 people killed in DUI crashes so far this year, representing the most fatal DUIs recorded in 20 years of record keeping.

Last year, despite the decrease in traffic on the roadways due to the ongoing COVID -19 pandemic, San Diego County saw its worst year in over two decades with 30 DUI fatality cases that killed 33 people. This year, there are already 34 such cases with 35 victims. Historically, the county averages between 15 and 20 DUI-related fatalities each year.

In addition, data shows average blood-alcohol levels are also higher than last year – increasing to .18%. Prosecutors say that more than half of individuals being arrested for driving under the influence have both alcohol and drugs in their system—a deadly combination.

"Drivers know the risks and the dangers of driving under the influence of alcohol or drugs, yet it seems more than ever they're being reckless and putting lives at risk by then they drink, abuse drugs drinking excessively and/ or using drugs and then getting behind the wheel," said DA Summer Stephan. "Prosecuting and investigating these serious cases require a specialized team of prosecutors and investigators, who are working every day to hold offenders accountable and deter this deadly behavior."

For the eighth year in a row the San Diego County District Attorney's Office is receiving a grant from the Office of Traffic Safety to prevent and prosecute impaired driving deaths and DUI -drugs. This year's grant funding total is \$530,600. For cases in which someone dies at the hands of a DUI driver – alcohol or drug impairment— the cases are investigated as potential murders, instead of approaching the case as a DUI car crash in which someone died

Funding from the DUI Prosecution Grant supports the District Attorney's Office in handling cases through each step of the criminal process. In fatal and major injury DUI vehicle collisions, members of the team may respond to the crash scene in person to assist in the investigation. The program allows the District Attorney to focus specifically on holding those who decide to drive impaired accountable for their

dangerous actions. To date, the Office of Traffic Safety has given more than \$3.2 million in grants to the DA's Office. This year, the DA is expanding the grant to include specialized training and prosecution of DUI drug cases.

"Experience and knowledge are critical for prosecutors to build successful impaired driving cases," OTS Director Barbara Rooney said. "This program provides resources, tools and a strong training network for DUI prosecution teams that hold people who drive under the influence accountable for their actions."

While fatal DUI crashes continue to increase, non-fatal DUIs have gone down. More than 5,130 DUI-related cases were prosecuted last year, a decrease of about 55% from the 9,400 two years ago. When you include DUI crashes with injuries into the number of fatal crashes, the District Attorney's Office prosecuted 396 DUI cases with injuries or fatalities – which is a decrease of 12% from the 445 injury crashes of 2019.

As part of the grant and with assistance from the State's Traffic Safety Resource Program, the DUI Homicide Unit coordinates and participates in DUI prevention and awareness in schools, military

bases and colleges. It also provides training to local law enforcement agencies.

"By getting the message out, we are hoping for voluntary compliance from motorists," said California Highway Patrol Border Division Chief Omar Watson. "However, officers will be looking for anyone who is driving impaired and posing a danger on the roadways. As a reminder to the motoring public, don't drive impaired, have a ride plan or predesignate a driver, and remember, one bad decision is not worth a lifetime of repercussions."

The DUI Homicide Unit, which launched in 2014, streamlines complex DUI cases by creating expertise within the DA's Office. The specialized unit creates uniformity in sentencing among the four adult courthouses. In addition, the unit helps law enforcement adapt to changes in technology by having a designated DA Investigator who is trained in the latest techniques in collision reconstruction. Since its inception, the unit has prosecuted more than 170 cases.

In recent years, California has seen an increase in drugimpaired driving crashes statewide. The District Attorney's Office supports OTS' efforts to remind the public that "DUI Doesn't Just Mean Booze." If you take prescription drugs, particularly those with a driving or operating machinery warning on the label, you might be impaired enough to be cited for DUI. Marijuana use can also be impairing, especially in combination with alcohol or other drugs, and can result in a DUI arrest and conviction.

"In the wake of the deadly increase of DUI and Drug related crashes that result in death, we are calling on all drivers to take a pledge today to not drive after drinking alcohol or consuming drugs including marijuana," said DA Stephan. "We are also calling on our community to take all reasonable measures to stop anyone from driving under the influence. We will continue to bring stiff accountability for those who harm others through reckless driving under the influence, but the real win is when we can together prevent death and injury in the first place. Grant funding from the California Office of Traffic Safety through the National Highway Traffic Safety Administration helps us be better, more efficient and increasingly effective in how we handle these challenging cases."





the village beat

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villagenews.com

OBITUARIES



Aarre Matti Armas Silvola passed away peacefully on July 14, 2021, in Fallbrook (Rainbow), California at 83 years of age with his wife at his side. He was born Oct. 3, 1937, in Köyliö, Finland to Eeva (Mäki) and Ole Silvola and was the fifth of 10 siblings. He married Salme (Yli-Moijala) on July 4th, 1965, and together they have five children, Minna (Richardson), Juha, Marianne (Woller), Joanne (Rouvali) and Martti.

Aarre was born and raised in a small town in western Finland. He had a great personality, always positive and optimistic. He had persistence, courage, and determination. He had SISU. He was not afraid of anything and he had faith and inner strength that served him well.

Aarre also had an adventurous spirit which took him to many places on the globe. Early in life, in his 20s, he traveled from Finland to England and worked there to learn the English language while being embedded in British culture. He also traveled to Switzerland and worked there in the gardens of Zurich in order to learn the German language all the while learning the culture

Later, he traveled to America and attended the University of Minnesota as an international student studying horticulture, including helping out with the planting at the Minnesota Landscape Arboretum. He became good friends with the original owners of Bachman's Nursery, Larry and Louise. He also made many other friends with his great personality and gift of gab. His adventures included riding his motorcycle around the lower 48 states in the early 60s with his friend Raimo Lehto.

Perhaps, most significantly, Aarre was an entrepreneur who at the age of 37 transplanted his family to California in 1974 where he had bought land and opened a business, Finnamex nursery. While busy running his business, he earned a Bachelor's degree in business and then a Masters in international business. Later, he added a Juris Doctorate to his accomplishments.

He had a strong Lutheran heritage. He was a founding elder of St. Stephen's Lutheran church and served there for many decades in many capacities.

His spirit of optimism, faith and inner peace will forever be remembered in our hearts. He will be dearly missed.

Preceded in death by parents Ole & Eeva Silvola; sisters Kirsti and Terttu; brothers Kalervo and Erik; and grandson Michael.

He is survived by his loving family, wife, Salme; children, Minna (Kevin), Juha (Kimberly), Marianne (Neil), Joanne (Esa), Martti (Kandace); as well as many grandchildren, Benjamin and Annika Richardson; Kelsey, Brianna and Anna-Liisa Silvola; Katherine and Kristianna Woller; Jeremy, Ethan, and Amelie Rouvali; Hailey, Anja, Kalervo, Leevi and Angeliina Silvola.

He is survived by his sisters Eira, Aira and Tellervo; brothers Torsten and Arto, and many nieces and nephews.

Service of Christian funeral was held July 22, 2021 at Berry-Bell & Hall Mortuary, Fallbrook.

VILLAGE NEWS

Copyright Village News, 2021 A Village News Inc. publication Julie Reeder, President

STAFF

PUBLISHER

ADMINISTRATION

Carolina Miller Samantha Cokeley, Project Manager

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ucette Moramarco, Associate Editor Shane Gibson, Staff Photojournalist Diane Rhodes, Writer/ Copy Editor Joe Naiman, Correspondent (Ind.) Chloe Shaver, Writer Rick Monroe, Independent

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E-MAIL

villageeditor@reedermedia.com sales@reedermedia.com

PHONE

Phone (760) 723-7319 Fax (760) 723-9606

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CALENDAR

Oct. 1-31 - Scarecrows of all genres will be displayed at local businesses- residences and the surrounding area for Fallbrook Scarecrow Days. New are the Wizard of Oz and Ring Around The Rosy displays. Pumpkin heads and silent people are returning. Workshops are available. Contact the Fallbrook Chamber of Commerce at info@ chamberofcommerce.org.

Oct. 22 - The Fallbrook Chamber of Commerce will host its Annual Charity Golf Tournament at Pala Mesa Resort on Old Highway 395. Lunch will be included- along with an opportunity drawing and awards for the top golfers. A portion of the proceeds will benefit Michelle's Place Cancer Resource Center. For more info, to make a donation or sign up to play, contact the Fallbrook Chamber office at 760728-5845.

Oct. 23 - 9 a.m. to 2 p.m. -Bonsall Chamber of Commerce is hosting a Fall Festival at Bonsall River Village. This family-friendly event will host a costume contest, crafts, and other fall fun. Anyone interested in hosting a booth can contact admin@bonsallchamber. org for an application.

Oct. 26 – 11 a.m. to 4 p.m. – Fallbrook Regional Health District will be holding a blood drive together with San Diego Blood Bank at the Community Health & Wellness Center Parking Lot (1636 East Mission Rd). Appointments are strongly encouraged. Make one today at http://bit.ly/givefallbrook or call 619-400-8251.

Oct. 30 - 6:30 p.m. - TheFallbrook VFW and American Legion is hosting a Halloween party at 1175 Old Stage Coach Road. The cost is \$10 in advance

infection, not preventing disease.

and \$15 at the door, and is open to the public age 21 and over. There will be best costume prizes, grazing station, dancing, and a no host bar. Music will be from Powers of Sound. For more information, visit

www.fallbrookvfw.org. **Nov. 9** – 1-4 p.m. – Silvergate is hosting an open house to unveil new apartment designs. There will be a ribbon cutting to a new Star Terrace Courtyard, snacks and cocktails, guided tours, and door prizes. There will be limited seating, so RSVP to Helen Gray at 760-728-8880.

Nov. 11 – 11 a.m. - The Fallbrook VFW will host a Veterans Day Ceremony and free Lunch at the Post, located at 1175 Old Stage Road. The public is welcome to attend the ceremony, which will be followed by a free lunch and activities.

Nov. 25 - 8 a.m. – Fallbrook Village Rotary holds its annual Thanksgiving Day Turkey Trot at the Grand Tradition Estate & Gardens. Registration opens at 7 a.m. The 5K (3.1 mile) stroll/ walk/run also loops through Los Jilgueros Preserve. Come do something fun outside and help benefit our Fallbrook Animal Sanctuary, Fallbrook Land Conservancy and Fallbrook's Village Rotary Foundation. To register, go to www.active.com/ orgs/fallbrook-village-rotary-clubfoundation.

Nov. 27 - 9-4 p.m. - The Village Artisan Faire will be held in downtown Fallbrook. The event will host handmade artisan crafts - art objects - live music and holiday delights. Visit www. fallbrookchamberofcommerce.org for more information.

Dec. 10 – 5:30 p.m. – Fallbrook's beloved Wine & A Bite art walk resumes where you and your family and friends can stroll Main Street- drink and nibble your way through town sampling food and wine from local restaurants and wineries. All tastings are included in the price and you even get a keepsake wine glass. The regular ticket price is \$30/\$35. Stop by the Chamber or call 760-728-5845 to sign up.

Dec. 31 – 7 p.m. – The Fallbrook VFW presents a New Years' Gatsby Casino Night for anyone over the age of 21. With gaming until 11 p.m., raffle prizes and an \$80 entry free, the public is encouraged to wear their best Gatsby outfit. Complementary champagne will be served at midnight. Visit www.fallbrookvfw.org for more information.

COVID from page D-3

when we have immense amounts of data, showing higher doses are lifesaving. Combinations of therapies are life saving. We know how to get these patients better, but we have to be more aggressive at every phase. Everyone is being restricted to following the protocols that come from the top. They're not working, they're failing. And that's the emergency.

Moderator: I think there is a perception because it's been very politicized. This whole COVID thing has just been exaggerated. Your issue is we're not treating it. Not that it's not a real deadly disease

Dr. Kory: Yeah. I have to tell you my perspective is quite different. I've never, ever walked into an ICU that's full of every patient on a ventilator with the same disease. I've never seen 24 patients on a ventilator with the flu at any one time. I've never seen dermatologists taking care of patients on ventilators in regular hospital floors. It is getting better. We're not in that catastrophic phase, but this is the most complex and most violent disease that I've seen. And the most difficult to treat in the ICU. The trick is to avoid getting into the ICU.

Moderator: Can we VAX our way out of this? Is that possible? Dr. Malone: Now, you can run the numbers. In order to get to

herd immunity, you have to have

a vaccine that's generally more

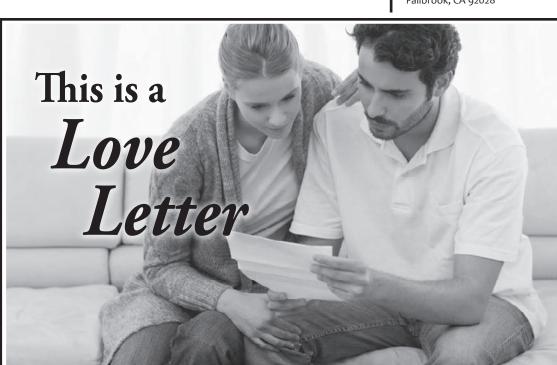
than 80% effective in preventing

To block the spread in the CDC slide deck that they leaked to the Washington post, they showed clearly, even with Delta, let alone the new variants, we cannot stop the spread of Delta. If we were to vaccinate with these leaky vaccines, which efficacy in terms of prevention of infection is something between 40 and 60%. You could vaccinate the whole world with that and you still won't stop the spread. What you will do is select for even more potent escape, okay. That are going to blow through those vaccines. And who's going to die? The people that we wanted to protect in the first place. No, we can't stop it. Can we make it worse? Yes.

Dr. Cole: Again, I'm going to put it in layman's terms. You can't play whack-a-mole with a vaccine with the variant. Because by the time you get vaccinated against the next variant, the new one's here and then the new ones here, and you're not going to roll out a new one every time. So to that point, you have to focus on treating early.

Moderator: It's not as black and white or as simplistic as it seems. We need more than anything in this country right now, in this world right now, to start having conversations we're not having and be willing to have them. Have the guts, to have them and hear what we're not comfort-

The full video can be accessed online at, www.youtube.com/ watch?v=4IeVy7jQoz0.



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Affinia Default Services, LLC, as the duly appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded 02/02/2007 as Document No.: 2007-0077003, of Official Records in the office of the Recorder of San Diego County, California, executed by: ALEXANDER RODRIGUEZ, A MARRIED MAN, as Trustor, WILL SELLAT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable in full at time of sale by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and state, and as more fully described in the above referenced Deed of Trust. Sale Date & Time: 11/01/2021 at 10:00 AM Sale Location: At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 The street address and other common designation, if any, of the real property described above is purported to be: 2159 COUNTRY PLACE, ESCONDIDO, CA 92026 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made in an "AS IS" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$140,628.44 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to sale. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call, 916-939-0772 for information regarding the trustee's sale or visit this internet website, www.nationwideposting.com, for information regarding the sale of this property, using the file number assigned to this case, T.S.# 9462-5869. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eliqible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 916-939-0772, or visit this internet website www.nationwideposting.com using the file number assigned to this case, 9462-5869, to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Affinia Default Services, LLC 301 E. Ocean Blvd. Suite 1720 Long Beach, CA 90802 833-290-7452 For Trustee Sale Information Log On To: www.nationwideposting.com or Call: 916-939-0772. Affinia Default Services, LLC, Samantha Snyder, Foreclosure Associate This communication is an attempt to collect a debt and any information obtained will be used for that purpose. However, if you have received a discharge of the debt referenced herein in a bankruptcy proceeding, this is not an attempt to impose personal liability upon you for payment of that debt. In the event you have received a bankruptcy discharge, any action to enforce the debt will be taken against the property only. NPP0396073 To: VILLAGE NEWS INC 10/07/2021, 10/14/2021, 10/21/2021

NOTICE OF TRUSTEE'S SALE T.S. No.: 21-0033 Loan No.: *****FZA YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 09/26/2012 AND MORE FULLY DESCRIBED BELOW. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check payable at the time of sale in lawful money of the United States (payable to Attorney Lender Services, Inc.) will be held by the duly appointed Trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed plied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: TAGHI AZARFZA, A MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY Trustee: ATTORNEY LENDER SERVICES, INC. Recorded 10/10/2012 as Instrument No. 2012-0621369 in book —, at Page — of Official Records in the office of the Recorder of SAN DIEGO County, California, Date of Sale: 11/15/2021 at 10:00AM Place of Sale: At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 Estimated amount of unpaid balance and other charges: \$341,522.74 estimated - as of date of first publication of this Notice of Sale The purported property address is: 2131 EAST VISTA WAY VISTA, CA 92084 A.P.N.: 171-240-01-00 The beneficial visits and of the county of the status of the s ciary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county wherein the real property is located and more than three (3) months have elapsed since such recordation. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Trustee's Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. If the sale occurs after 1/1/2021, the sale may not be final until either 15 or 45 days after the sale date - see Notice to Tenant. Further, no TDUS can be issued until the sale is final. Your bid is subject to being over bid by the Tenant or "eligible bidder" after the sale and if your bid is over bid, your only remedy is to the refund of your actua bid amount without interest or payment of any other costs, expenses or funds of any kind or nature incurred by the initial successor bidder. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (916) 939-0772 for information regarding the trustee's sale or visit this Internet Website www.nationwideposting.com for information regarding the sale of this property, using the file number assigned to this case, 21-0033. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (916) 939-0772, or visit this internet website www.nationwideposting.com, using the file number assigned to this case 21-0033 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the add of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible budder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: 10/06/2021 ATTORNEY LENDER SERVICES, INC. KAREN TALAFUS, ASSISTANT SECRETARY 5120 E. La Palma Avenue, #209 Anaheim, CA 92807 Phone: 714-695-6637 This office is attempting to collect a debt and any information obtained will be used for that purpose. NPP0396480 To: VILLAGE NEWS INC 10/21/2021, 10/28/2021, 11/04/2021



TAKE OUT AVAILABLE AT EL PARQUE ~ 7 DAYS!



2659 Reche Rd, Fallbrook (760) 731-2775 Mon-Fri 9am-7:30pm Sat & Sun 7am-7:30pm el-parque.edan.io



LEGALS

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9023036 Name of Business

a. VITTEKPR b. SHEPTONE

822 Windward Drive, Julian, CA 92036 Mailing address: P.O. Box 1510, Julian, CA 92036

County: San Diego This business is registered by the following: Wattson Joules, Inc., 822 Windward Drive, Julian, CA 92036

This business is conducted by a Corporation This Corporation is registered in the state of

Registrant first began to transact business under the fictitious name listed above as of

THIS STATEMENT WAS FII FD WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Oct 13, 2021

LEGAL: 5645 PUBLISHED: October 21, 28, November 4, 11, 2021

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9022960

Name of Business DAY BY DAY WELLNESS 530 Lomas Santa Fe Dr., M, Solana Beach, CA

92075 Mailing address: PO Box 22338, San Diego, CA

92192-2338 County: San Diego This business is registered by the following

Kirsten Brown, 530 Lomas Santa Fe Dr., M, Solana Beach, CA 92075 This business is conducted by an Individual Registrant first began to transact business

10/12/2021 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Oct 12, 2021

under the fictitious name listed above as of

LEGAL: 5646 PUBLISHED: October 21, 28, November 4, 11, 2021

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9020985

Name of Business ADITYA CONSULTINS 960 Ranger Road, Fallbrook, CA 92028 Mailing address: 960 Ranger Road, Fallbrook,

CA 92028 County: San Diego This business is registered by the following: Beth Desmarais, 960 Ranger Road, Fallbrook,

CA 92028 This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of N/A THIS STATEMENT WAS FILED WITH THE

RECORDER/COUNTY CLERK OF SAN DI-

EGO COUNTY ON Sep 20, 2021 LEGAL: 5647 PUBLISHED: October 21, 28, November 4, 11, 2021

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9022871

PERCEPTIVE BUSINESSES 5207 Fino Drive, San Diego, CA 92124

County: San Diego This business is registered by the following: Kimberly Herrera, 5207 Fino Drive, San Diego.

This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of 10-01-2021

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-FGO COUNTY ON Oct 12 2021

LEGAL: 5648 PUBLISHED: October 21, 28, November 4, 11, 2021



advertiser in the Village News & Valley News for many years, I've been working with my ad representative Michele Howard for a long, long time. She is very knowledgeable about the communities served by her newspapers, and always has fresh ideas about how to attract, and keep, new business. Looking at my advertising budget, her newspapers stand out as the best ad buy I can make.

- James C. Alvord, Attorney at Law

Call 760-723-7319 to advertise!

Village News

sales@reedermedia.com

www.villagenews.com

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9021823

a. COASTAL CAR CARE b. COAST CAR CARE

1292 W. San Marcos Blvd. Suite 120, San Marcos, CA 92078 Mailing address: 1292 W. San Marcos Blvd. Suite 120, San Marcos, CA 92078 County: San Diego

This business is registered by the following: Coastal Car Care, Inc., 1292 W. San Marcos Blvd. Suite 120, San Marcos, CA 92078 This business is conducted by a Corporation This Corporation is registered in the state of

California Registrant first began to transact business under the fictitious name listed above as of 1/1/2016

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Sep 30, 2021

LEGAL: 5636 PUBLISHED: October 14, 21, 28, November 4, 2021

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9021828

Name of Business a. OVERDRIVE INDUSTRIES b. OVERDRIVE FABRICATION

1292 W. San Marcos Blvd. Suite 120, San Marcos, CA 92078 Mailing address: 1292 W. San Marcos Blvd.

Suite 120, San Marcos, CA 92078 County: San Diego

This business is registered by the following: Overdrive Industries, LLC., 1292 W. San Marcos Blvd. Suite 120, San Marcos, CA 92078 This business is conducted by a Limited Liability Company This LLC is registered in the state of California

Registrant first began to transact business under the fictitious name listed above as of N/A THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Sep 30, 2021 LEGAL: 5637

PUBLISHED: October 14, 21, 28, November 4, 2021

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2021-9020034 Name of Busine

SIGNATURE SERIES

358 Misaki Way Fallbrook, CA 92028 Mailing address: PO Box 3785, Vista, CA 92085 County: San Diego

This business is registered by the following: Garva, LLC, 358 Misaki Way Fallbrook, CA 92028

This business is conducted by a Limited Liability This LLC is registered in the state of California

Registrant first began to transact business under the fictitious name listed above as of 12/02/2015

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Sep 08, 2021

LEGAL: 5638 PUBLISHED: October 14, 21, 28, November 4, 2021

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9021611

Name of Business PB WATER STORE

4450 Lamont St., San Diego, CA 92109 Mailing address: 3860 Hines St., Unit G, San Diego, CA 92109 County: San Diego

This business is registered by the following: Manifesting Enterprises, LLC, 3860 Hines St., Unit G, San Diego, CA 92109 This business is conducted by a Limited Liability

This LLC is registered in the state of California Registrant first began to transact business unthe fictitious name listed above as of N/A THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-

EGO COUNTY ON Sep 28, 2021 LEGAL: 5639 PUBLISHED: October 14, 21, 28, November 4, 2021

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9018796 Name of Business

WENDYAM AFRICAN HAIR BRAIDING

1294 Jamestown Drive, Chula Vista, CA 91913 County: San Diego

This business is registered by the following: Awa Zombra, 1294 Jamestown Drive, Chula Vista, CA 91913 This business is conducted by an Individual Registrant first began to transact business

under the fictitious name listed above as of THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-

EGO COUNTY ON Aug 23, 2021 LEGAL: 5627 PUBLISHED: September 30, October 7, 14, 21, 2021

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9020234

a THE BEJOCA COMPANY b. BEJOCA

c. BEJOCA GROVE MANAGEMENT d BEJOCA FARM MANAGEMENT e. BEJOCA GROVE & LANDSCAPE f. BEJOCA GROVE & LANDSCAPE MAN-

AGEMENT g. BEJOCA LANDSCAPE h. BEJOCA LANDSCAPE MANAGEMENT 1236 Havencrest Drive, Fallbrook, CA 92028

Mailing address: P.O. Box 2168, Fallbrook, CA County: San Diego This business is registered by the following:

Charles J. Wolk, Jr., 1236 Havencrest Drive, Fallbrook, CA 92028 This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Sep 10, 2021

LEGAL: 5628 PUBLISHED: September 30, October 7, 14, 21, 2021

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9021635 Name of Business

MACINTEK

1120 Mission Rd. #51, Fallbrook, CA 92028 Mailing address: 1120 Mission Rd. #51, Fall-

County: San Diego This business is registered by the following: Miles Bryant Smith, 1120 Mission Rd. #51, Fallbrook, CA 92028 This business is conducted by an Individual

Registrant first began to transact business under the fictitious name listed above as of 01/01/2003 THIS STATEMENT WAS FILED WITH THE

RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Sep 28, 2021 LEGAL: 5630

PUBLISHED: October 7, 14, 21, 28, 2021

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9021379 Name of Business

JOHN'S TOWING

2401 Industry Street, Oceanside, CA 92054 Mailing address: P.O. Box 2966, Vista, CA County: San Diego

This business is registered by the following: Victor M Macedo, #635 Mercantile St, Vista, CA This business is conducted by an Individual Registrant first began to transact business

under the fictitious name listed above as of 03/18/2003 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Sep 24, 2021

LEGAL: 5631 PUBLISHED: October 7, 14, 21, 28, 2021

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9021182 Name of Business

XANDER'S ORGANIC COFFEE 139 Pawnee St., San Marcos, CA 92078 Mailing address: 7702 Caminito Puerto, unit 201, Carlsbad, CA 92009 County: San Diego

This business is registered by the following: Alexander Bryant Smith-Davila, 7702 Caminito Puerto, unit 201, Carlsbad, CA 92009 This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of N/A THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Sep 22, 2021

LEGAL: 5632 PUBLISHED: October 7, 14, 21, 28, 2021

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9021604 Name of Business

FALLBROOK BARBELL CLUB 1135 E. Mission Rd, Fallbrook, CA 92028 Mailing address: 635 Golden Rd., Fallbrook, CA 92028

County: San Diego This business is registered by the following: a. William Luck, 635 Golden Rd., Fallbrook, CA

92028 b. Nichole Luck, 635 Golden Rd., Fallbrook, CA

92028 This business is conducted by a Married Couple Registrant first began to transact business under the fictitious name listed above as of 9/01/2021

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Sep 27, 2021 LEGAL: 5633

PUBLISHED: October 7, 14, 21, 28, 2021

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9021855

Name of Business **GORILLA MOVERS** 7310 Miramar Rd Suite 330, San Diego, CA

92126 County: San Diego This business is registered by the following: Six eight logistics Inc, 7310 Miramar Rd Suite

330, San Diego, CA 92126 This business is conducted by a Corporation This Corporation is registered in the state of

Registrant first began to transact business under the fictitious name listed above as of N/A THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Sep 30, 2021

LEGAL: 5634 PUBLISHED: October 7, 14, 21, 28, 2021

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9022483 Name of Business

TRAVEL TO

1627 Parvenu Ln, Fallbrook, CA 92028 County: San Diego

This business is registered by the following: a. Paul T. Herron, 1627 Parvenu Ln. Fallbrook. b. Paula R. Herron, 1627 Parvenu Ln, Fall-

brook, CA 92028 This business is conducted by a Married Couple Registrant first began to transact business under the fictitious name listed above as of

01/01/2021 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Oct 06, 2021

LEGAL: 5641 PUBLISHED: October 14, 21, 28, November 4, 2021

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9021850

Name of Business SIGNED SEALED DELIVERED 445 Camino del Rios, San Diego, CA 92108 Mailing address: P.O. Box 421416, San Diego,

County: San Diego This business is registered by the following: Artnita Walker, 3860 Murphy Canyon Rd, San Diego, CA 92123

CA 92142

This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of June

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Sep 30, 2021 LEGAL: 5642

PUBLISHED: October 14, 21, 28,

November 4, 2021

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 37-2021-00040796-CU-PT-CTL

TO ALL INTERESTED PERSONS Petitioner: CHRISTINE MAE FOUST Present Name:
CHRISTINE MAE FOUST Proposed Name:

CHRISTINE MAE JONG
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing."

NOTICE OF HEARING

Date: 11/09/2021 Time: 8:30 am Dept: 61 The address of the court is Superior Court, 330

West Broadway, San Diego, CA 92101 A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News *Due to the COVID-19 pandemic, which poses a substantial risk to the health and welfare of court personnel and the public, rendering presence in, or access to, the court's facilities unsafe, and pursuant to the emergency orders of the Chief Justice of the State of California and General Orders of the Presiding Department of the San Diego Superior court, the following Order is made:

NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE.

The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120).

If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to the petitioner.

If all requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions.

If a timely objection is filed, the court will set a remote hearing date and contact the parties by mail with further directions.

A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN **OBJECTION AT LEAST TWO COURT DAYS** (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified date. The court will notify the parties by mail of a future remote

Date: SEP 24 2021 Signed: Lorna A. Alksne, Judge of the Superior Court.

LEGAL: 5643 PUBLISHED: October 14, 21, 28, November 4, 2021

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 37-2021-00041858-CU-PT-CTL TO ALL INTERESTED PERSONS

> Petitioner CANDACE ANN HIDDLESTONE Present Name CANDACE ANN HIDDLESTONE

Proposed Name:

CANDACE ANN BARRY THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matat the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition

without a hearing. NOTICE OF HEARING

Date: 11/16/21 Time: 8:30 am Dept: 61 The address of the court is Superior Court, 330

West Broadway, San Diego, CA 92101 A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW

CAUSE. The court will review the documents filed as of the date specified on the Order to Show Cause

for Change of Name (JC Form #NC-120). If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to the petitioner.

If all requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions If a timely objection is filed, the court will set a remote hearing date and contact the parties by

mail with further directions. A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN **OBJECTION AT LEAST TWO COURT DAYS** (excluding weekends and holidays) $\ensuremath{\mathsf{BEFORE}}$ THE DATE SPECIFIED. Do not come to the court on the specified date. The court will notify the parties by mail of a future remote hearing date.

Date: OCT 01 2021 Signed: Lorna A. Alksne,

Judge of the Superior Court. **LEGAL: 5635** PUBLISHED: October 7, 14, 21, 28, 2021

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2021-9022329 Name of Business

MISSIONS BASEBALL CLUB 2320 Caringa Way, Carlsbad, CA 92009 Mailing address: 2320 Caringa Way, Carlsbad, CA 92009 County: San Diego

This business is registered by the following: Louis Merlo, 2320 Caringa Way, Carlsbad, CA 92009 This business is conducted by an Unincorporated Association-Other than a Partnership

Registrant first began to transact business un-

der the fictitious name listed above as of 10/5/21

THIS STATEMENT WAS FILED WITH THE

RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Oct 05, 2021 LEGAL: 5640 PUBLISHED: October 14, 21, 28, November 4, 2021

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 37-2021-00041659-CU-PT-NC TO ALL INTERESTED PERSONS

Petitioner: BERTHA CECILIA LOPEZ HART BERTHA CECILIA LOPEZ HART Proposed Name:

CECILIA LOPEZ MCGUINNESS

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition

without a hearing.* NOTICE OF HEARING

Date: 11/16/2021 Time: 8:30 am Dept: 25 The address of the court is North County Division, 325 S. Melrose Dr., Vista, CA 92081

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News *Due to the COVID-19 pandemic, which poses a substantial risk to the health and welfare of court personnel and the public, rendering presence in, or access to, the court's facilities unsafe, and pursuant to the emergency orders of the Chief Justice of the State of California and General Orders of the Presiding Department of the San Diego Superior court, the following Order is made:

NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE The court will review the documents filed as of

the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120). If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One certified copy of the Order Granting the Petition will

be mailed to the petitioner. If all requirements have not been met as of the date specified, the court will mail the petitioner a

written order with further directions. If a timely objection is filed, the court will set a remote hearing date and contact the parties by mail with further directions.

A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN **OBJECTION AT LEAST TWO COURT DAYS** (excluding weekends and holidays) **BEFORE THE DATE SPECIFIED**. Do not come to the court on the specified date. The court will notify the parties by mail of a future remote hearing

Date: SEP 30 2021 Signed: Pamela M. Parker, Judge of the Superior Court. LEGAL: 5644 PUBLISHED: October 14, 21, 28,

November 4, 2021

OF NAME Case Number: 37-2021-00039902-CU-PT-NC TO ALL INTERESTED PERSONS Petitioner: EDUARDO HERNANDEZ, MARIA DE JESUS HERNANDEZ

Present Name:

a. EDUARDO HERNANDEZ

b. MARIA DE JESUS HERNANDEZ

ORDER TO SHOW CAUSE FOR CHANGE

Proposed Name: a. EDUARDO VIZCARRA b. MARIA DE JESUS VIZCARRA THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the ten objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection

is timely filed, the court may grant the petition without a hearing.* NOTICE OF HEARING

Date: 11/9/21 Time: 8:30 am Dept: 25 The address of the court is North County Division, 325 S. Melrose Dr., Vista, CA 92081 A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of

general circulation, printed in this county: Village

News *Due to the COVID-19 pandemic, which poses a substantial risk to the health and welfare of court personnel and the public, rendering presence in, or access to, the court's facilities unsafe, and pursuant to the emergency orders of the Chief Justice of the State of California and General Orders of the Presiding Department of the San Diego Superior court, the following

Order is made: NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE. The court will review the documents filed as of

the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120). If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One certified copy of the Order Granting the Petition will

be mailed to the petitioner. If all requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions. If a timely objection is filed, the court will set a

remote hearing date and contact the parties by mail with further directions. A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN **OBJECTION AT LEAST TWO COURT DAYS** (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the

court on the specified date. The court will notify

the parties by mail of a future remote hearing Any Petition for the name change of a minor that is signed by only one parent must have this Attachment served along with the Petition and Order to Show Cause, on the other non-signing parent, and proof of service must be filed with

Date: SEP 20 2021 Signed: Pamela M. Parker, Judge of the Superior Court. LEGAL: 5629

PUBLISHED: September 30, October 7, 14, 21, 2021

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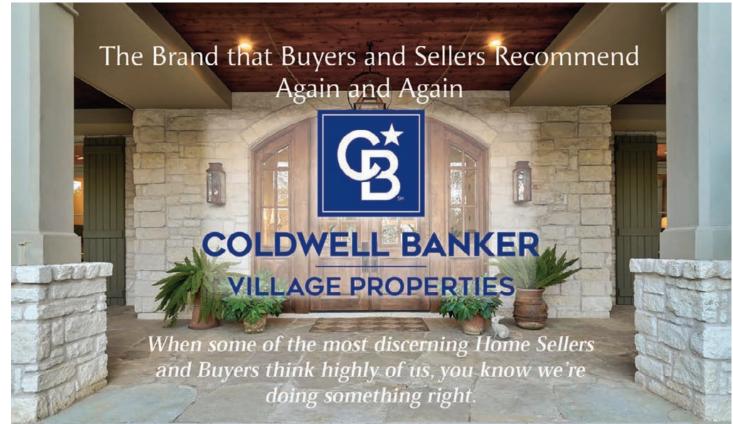
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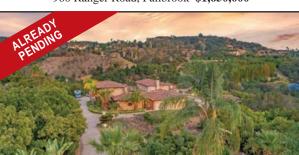
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