

April 4, 2024

www.VillageNews.com

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A Beacon of Hope: The story of Hope House Fallbrook

Julie Reeder Publisher

In the "Friendly Village" of Fallbrook, a series of events unfolded, leading to the birth of a beacon of hope for many women in dire circumstances.

It all began in November when Bonnie Vice reached out to the community in search of a dresser for a newcomer to their men's homeless ministry, the Jesus House. What came next was nothing short of a miracle, a testament to how a simple act of kindness can evolve into a monumental project aimed at serving the most vulnerable.

Barry Wallace, upon seeing Vice's request, sent a rather unexpected text message. Instead of offering a dresser, he presented an opportunity that would soon transform into a community-wide mission. Wallace and his wife, Stephanie, had a large home they thought could serve a future ministry. While initially there seemed to be no immediate need for such a large space, the very fabric of this narrative was about to change.

The very next day, Vice and her team met with Carolyn Koole, executive director of the Fallbrook Hope Clinic for Women. The meeting was shrouded in mystery, with no clear agenda, yet what emerged from this conversation was a glaring need within the

A Beacon | Blanket Project helps the less fortunate



Receiving blankets at Solutions for Change are, from left, Tara Bender, Andrea Caratachea, Staff member Christine Village News/Tim Willard photo Amely and Megan Martinez.

FALLBROOK – Program parents at Solutions for Change were given hand-made blankets donated by the Fallbrook Blanket Project. Solutions for Change, a women's and family shelter in Vista, is a full service leadership development residential program with the mission to solve family homelessness.

Over 60 blankets of all sizes

and a dozen children's hats were donated to this shelter. For more information on the program, visit https://solutionsforchange.org/.

The nonprofit Fallbrook Blanket Project consists of anyone who wants to knit or crochet blankets, hats, scarves, shawls, etc. and donate them to the less fortunate. Some folks do their work at home, but about 20 or more ladies meet every Monday from 9 a.m. to noon at Living Waters Church on Reche Road.

Thousands of blankets and items have been donated in the past 10 years, going to North County charities and their fundraisers. The group depends on donations of yarn and also accept financial contributions.

Anyone can join them anytime

for an occasional or regular visit, the group provides free yarn and instructions if desired. For more information, email fallbrookblanketproject@ gmail.com or visit <u>https://</u>fallbrookblanketproject.org/.

Submitted by the Fallbrook Blanket Project.

community.

Koole shared heart-wrenching stories of women arriving at the clinic in desperate conditions, with nowhere to go, often caught in the vicious cycle of domestic violence. This revelation struck a chord with Vice, steering her heart

see HOPE, page A-7

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VILLAGE NEWS



El Jardin building to be demolished



A trailer-load of discarded belongings Village News/AC Investigations photos is ready to go to the dump; the items were left behind by homeless people who had been living at the old El Jardin property.

Village News staff and AC Investigations

The saga continues with the empty El Jardin restaurant property that has often been used as a homeless encampment. On multiple occasions the fire

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department, sheriff's department have dealt with the chaos happening there.

Last Friday, March 29, Leo from Allstar Landscaping and Tree services and Junk Haul cleaned up the mess from the homeless camp that had taken residence inside the El Jardin building and outside on the patio. Found were kids toys, clothing, an old fireplace, chairs, and furniture that had all been brought to the premises in shopping carts which were still on the property.

There were three people in the building that morning that had to be removed by the Fallbrook Sheriff's Department.

On Monday, April 1, Scott Youngren from Youngren Construction was on the scene boarding up the doors and securing the building with a representative of the property, Marisol.

Youngren said they were hoping to get the contract to demolish the building and scrape the property and make it harder for homeless people to utilize it.

Gas leak leads to road closure in Fallbrook



Deputy Bell with the San Diego Sheriff's Village News/AC Investigations photos Department's Fallbrook Substation, referred to the road closure at "soft" saying residents were still allowed to pass.



A gas leak at 948 E Elder Street in Fallbrook led to a road closure Friday, March 29.

Village News Staff

A gas leak at 948 E Elder Street in Fallbrook led to a road closure Friday, March 29.

The leak was first reported just before 8:30 a.m., according to a post on the non-profit Pulse Point app. The road closure, according to Deputy Bell with the San Diego Sheriff's Department's Fallbrook Substation, referred to the road closure at "soft" saying residents were still allowed to pass.

While the gas leak was under control, SDG&E remained on the scene of the incident.

ANNOUNCEMENTS

The deadline for all announcements and press releases is Friday, 3 p.m. Email to villageeditor@reedermedia.com.

Medal of Honor Day marked at Pittenger's grave



Sgt. William Pittenger Camp 21 holds their Annual Medal of Honor Day Ceremony Village News/Courtesy photo at the gravesite of Sgt. William Pittenger, Medal of Honor recipient, March 25, from left, Garrett Keenan, SVR Adjutant; Captain Fred Hall; Ron Sheehan - Editor of The General; John Keenan PCC; Jerry Sayre PDC; Mark Goodman CC, and Dimas Lovato.



FALLBROOK – The Fallbrook Woman's Club is presenting a production, "The Fallbrook Follies," on June 2 at the Mission Theater. It will be an afternoon of entertainment with music, dance, vaudeville acts, comedy and more with local talent. If anyone loves sharing the stage, there is space for them.

The FWC is one of a few clubs to have the designation of owning its clubhouse. The Fallbrook Woman's Club Carriage House is a historical building and is in need of updating and repairs. The purpose of this fundraiser is to preserve the Carriage House not only for the club but for the community. It is open for residents to use for small venues at the most reasonable rate in town.

Anyone who would like to sing, dance, play an instrument, tell a joke or juggle a ball can visit <u>https://fallbrookwomansclub.org/</u> for more information. Also call or text 760-908-6913 or 909-997-1622. Everyone is welcome to participate.

Submitted by Fallbrook Woman's Club.

Revised Draft Fallbrook Sub Area Plan up for review

SAN DIEGO – The County of San Diego Planning & Development Services would like local residents' feedback on the revised draft Fallbrook Sub-Area Plan.

The plan aims to provide a long-term vision to revitalize Fallbrook's village core by improving pedestrian mobility, access and safety, attracting and retaining residents, businesses, and visitors while maintaining the rural community character.

The plan involves several components including:

- Fallbrook Village Zoning Amendments
- Updated Community Design Guidelines
- Main Avenue Streetscape Plan Comments on the plan will be accepted until Friday, April 12. To

review the revised plan and find out how to submit comments, go to <u>https://www.sandiegocounty.</u> <u>gov/content/sdc/pds/advance/</u> <u>fallbrookrevitalization.html</u>.

If anyone would like this document translated into their preferred language, they can email Timothy Vertino at *timothy*. *vertino@sdcounty.ca.gov* for a translated copy by April 5.

To sign up for updates on the Project, visit <u>https://public.</u> govdelivery.com/accounts/ CASAND/subscriber/new?topic_ id=CASAND 469 to subscribe.

For more information, contact Vertino by email or at 858-505-6677.

Submitted by the County of San Diego Planning & Development Services.

Autoheim Service & Repair For ALL European & Import Autos 760-728-2338 1236 S. Main St. Fallbrook We do most extended warranties!

CALENDAR

April 7 – 2 p.m. – Fallbrook Music Society presents the 32-member Redlands Symphony Orchestra – with featured violinist Lara St. John. The program pairs Vivaldi's best-known work, "The Four Seasons," with Astor Piazzolla's "Four Seasons of Buenos Aires." Advance tickets are \$20 adult; \$25 after 12 p.m. on April 5. Children 18 and under are free. Concert location: Bob Burton Center for the Performing Arts (Fallbrook High), 2400 S. Stage Coach Lane. For more info and to purchase tickets: www. fallbrookmusicsociety.org. **April 13** – 10 a.m. to 2 p.m. Friends of Willow Tree invite the community to their Art and Garden Festival which includes crafts and games for children, food trucks, live music, local vendors, and a silent auction, at 6893 West Lilac Road in Bonsall. For more info, check out https:// friendsofwillowtree.org/art-andgarden-festival. April 13 – 5:30 p.m. – Boys & Girls Clubs of North County hosts its annual Great Futures Gala at Pechanga Resort & Casino, featuring live music, performances from Club members, a live and silent auction featuring many unique items, and great food and company. Tickets are \$199 per person at www.bgcnorthcounty. org. Call 760-728-5871 for more information. Sponsorships available.

April 21 – 9 a.m. to 5 p.m. – Avocado Festival will be held on Main Avenue, between Hawthorne and Fallbrook streets, with vendors, food, entertainment, Artisan Walk and contests. Admission and parking are free. No pets allowed. For more info, go to fallbrookchamberofcommerce. org/avocado-festival/ or call

COOKING CLASSES

Join Karen Houghton, R.N., on a lifechanging journey that will alter the way you think about "healthy" foods. Space is limited, so please pre-register. Call **760-387-7311** or email a **office@fallbrookadventist.org** Leave a message with

> your name and number attending. Registration closes at 3 p.m. on April 12th. Learn how to boost your immune system. Your body will thank you and so will your tastebuds!

Sunday, April 14, at 2 pm

Registration is \$20 Includes recipes, food samples and handouts.

Bring a friend!

Fallbrook Seventh-day Adventist Church 1200 Rainbow Valley Blvd. Fallbrook CA

SUBMISSION DEADLINES

OPINION PAGE

The deadline for Letters to the Editor is Monday, 9 a.m.; acceptance is based on space availability. Email to villageeditor@reedermedia.com.

OBITUARY PAGE ______ The deadline for Obituaries is Monday, noon. Email to villageeditor@ reedermedia.com.

EDITORIAL DEADLINE -

The deadline for all announcements and press releases is Friday, 3 p.m. Email to villageeditor@reedermedia. com.

LEGAL NOTICES — The deadline for Legal notices is Monday, noon. Email to legals@ reedermedia.com.

Fallbrook Chamber of Commerce, 760-728-5845.

April 28 – 11 a.m. to 3 p.m. – Rally for Children holds its 29th year of "Arts in the Park" at Live Oak Park. Admission is free! The event offers art, music, entertainment and endless activities for children and their families. Free bus shuttles are provided from 10:45 a.m. to 3:30 p.m., from both the Maie Ellis Education Center and Potter Jr. High to Live Oak Park and back every 30 minutes. Event cosponsored by the Fallbrook Union Elementary School District.

May 11 – 9 a.m. to 2 p.m. – Fallbrook Garden Club's Spring Flower Faire Extraordinaire takes place at the Fallbrook Historical Society. 1730 S. Hill Ave. Entrance on Rocky Crest Road. All varieties of plants, vegetables, and garden art for sale. Funds support community beautification projects, club activities and scholarships.

May 26 – 10 a.m. to 3 p.m. – The Fallbrook Vintage Car Club's Car Show and Swap Meet happens in Downtown Fallbrook using the same streets and boundaries as the annual Harvest Faire. Eight restaurants will be open as well as two local food trucks, with live entertainment at Alvarado Street and Main Avenue plus a beer and wine garden in Vince Ross Square. Theme is "Decades of Fords."

Oct. 4 – Boys & Girls Clubs of North County hosts its annual North County Cup at Journey at Pechanga. Golfers of all levels are welcome; all proceeds benefit the Boys & Girls Clubs of North County. Tickets are \$250 per golfer, sponsorships available. For more information visit <u>www.</u> <u>bgcnorthcounty.org</u> or call 760-728-5871.



Our success stems from Team Leadership, Market Knowledge, Being Local Experts, Experience in Negotiating and Understanding the Individual Needs of Our Buyers & Sellers.

What we value to most is the trust that they have in us, to ensure a successful outcome for them. We always remember we work for you!

Put us to work for you in 2024!



3904 Limber Pine, Fallbrook **Offered at \$1,698,747**



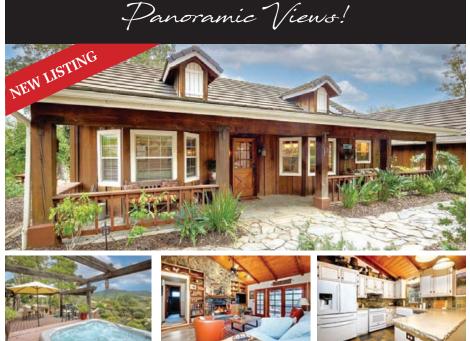
3307 Mendenaro Ct, Fallbrook Offered at \$1,698,747

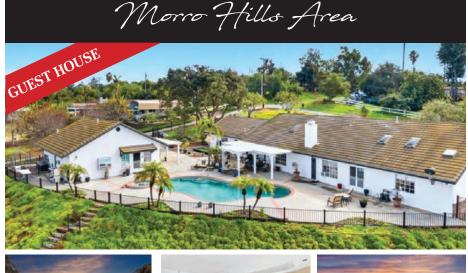


307 Lemonwood Dr, Fallbrook Offered at \$1,398,747



4045 Limber Pine Rd, Fallbrook Sold for \$1,800,000













4273 Via El Dorado, Fallbrook

Fallbrook Hidden Country Gem! Tucked away on a private street on 2.28 acres is your custom, upgraded home! Gated and fully fenced with spectacular panoramic views! The epitome of indoor and outdoor living is enjoyed day and night from the expansive deck and covered patio areas! Enjoy evenings in your outdoor spa under the stars! Plenty of room to add an ADU, Shop or Horse Facilities! Country living but actually close to downtown Fallbrook and Temecula for all your shopping, dining and entertainment. Don't miss this special opportunity!

Offered at \$1,098,747

158 Calle Linda, Fallbrook

Nestled down a quiet street in the Morro Hills area of Fallbrook, you will find this charming one level home and detached guest house. Enjoy all of the benefits of quiet, serene country living and an amazing 2.53 ac parcel. There is paid solar as well as a Hunter Hydra-wise wi-fi irrigation system for efficient watering. Enjoy your own private pool and spa at your leisure. Your guests will enjoy being in the detached guest house as it is also quick access to the pool. The lot is studded with magnificent Oak Trees as well as an established vineyard of approx. 800 vines including Chardonnay, Cabernet, Merlot and more varieties.

Offered at \$1,598,747

Ken's Corner

We have several new listings coming up and we will be hosting open houses in the upcoming weeks to enhance the availability to see them. The inventory is very low, and we truly have more buyers than properties to present to them. If you are thinking of selling anytime soon.. NOW is the time! We would love to talk to you and we can show you first hand how we sell get our listings sold FASTER for our sellers and generally FOR MORE MONEY! We would love to sit down and talk with you about your real estate goals!

AT YOUR SERVICE! - Ken



Rosa's Mexican

Your senses will come alive with the aroma of authentic Mexican cooking as you order your food either on the patio or to go. Enjoy the carne asada, chicken, fresh fish, shrimp, or carnitas - in burritos, tostadas, or tacos. Treat yourself to the best tasting chile rellenos, and seven seas soup. Salsas, red and green, are so good you'll take some home. 1075 S. Main Ave, Fallbrook 760-728-8006 Breakfast, Lunch and Dinner



Sharon's Corner

The "Spring Real Estate Market" is going strong with heavy attendance at Open Houses and early offers from Buyers keeping time on market short and sweet for our Seller's. We can give you key pricing data to obtain the highest and best market price for your home. Having an experienced agent WILL make a difference in your transaction. There are many moving parts that can increase or decrease your profit margin - we can navigate that to your advantage.

Give us a call to talk about your home and what we can and will do for you!!

LET'S TALK! - Sharon



Fallbrook Regional HEALTH DISTRICT

What is 24 hours could cut your chance of developing diabetes in half? The Lifestyle Change Program is just one of our offerings to help our local community. It is offered at no cost to our district residents. More info online.

> 138 S Brandon Rd, Fallbrook 760-731-9187 www.fallbrookhealth.org

OPINION

A plethora of mistruths and lawsuits

We are witnessing a demonic force meddling in our body politics one intent on extinguishing our Judeo-Christian foundations and our nation's constitutional underpinnings. Light years from its centrist beginnings, the Democrat Party has forsaken its guiding principles once grounded in liberalism - principles now buried in Montesquieu's hallowed grave alongside the scattered remains of his visionary insights.

It's hard to imagine how the fabled Party of Camelot has become so tarnished and far removed from reality that it openly conspires to dismantle America. But the unthinkable is indeed happening.

No longer the defenders of the working class, the Democrat party has devolved into a cadre of Marxist misfits, resolute in their mission to collapse the structural foundations of our legal and cultural institutions as they race toward an untoward destiny with tyranny.

We have become hostages in our own country. Trapped in a topsy-turvy world blanketed by deceit and deception, a tortured reality where Democrat party elitists conspire to crucify their political rivals using a plethora of mistruths and lawsuits. These are the evil undertakings and maniacal incantations of witches and warlocks, not the actions of honorable men and women.

President Trump is facing a flurry of scurrilous lawsuits to divest him of his most prized possessions, to prosecute and incarcerate him, and persuade MAGA supporters to abandon him. If only he would withdraw from the presidential race, he could end all this lawfare nonsense.

But then, Trump is not a tofueating, latte-drinking, white-flagwaving beta male, is he? That is one of the many reasons we love the guy and will never stop supporting him.

Who among us could weather the maelstrom of politically driven abuses he faces? And to think a series of misdemeanors can be twisted and conjured into felony prosecutions to impugn an innocent man, silence his voice, and limit our political choices! Shamefully, there are no limits to the Democrats' wickedness and unabashed cruelty when it comes to Trump.

Paradoxically, the legacy media no longer serves as impartial arbiters to safeguard our republic. Instead, they steer the public's attention away from the uncanny nature of the Democrats? convoluted and imprudent ideas, perfectly content to publish false narratives and drive voters into the arms of Democrats with every stroke of their poisonous pens.

This, of course, reeks of journalistic malpractice, with the expressed purpose of persuading political illiterates to vote for Biden and to dissuade the politically astute from voting for Trump.

Final thoughts: As Trump readies himself to secure the border and prepares to restore the economy when he returns to the White House, Democrat fanatics press on with their farcical indictments, confident they will torpedo his presidential ambitions.

But I suspect Americans will ignore the vile political trickery that epitomizes today's Democrat party and will rise by the millions to preserve our founding principles and avert this imminent threat to our democracy by electing... Donald J. Trump!

Dave Maynard

The climes they are a-changin'

We need to seriously address the very real problem of global warming and the resultant climate change.

Of the 195 nations in the world, 175 are of one accord regarding the Paris Climate Accords (4/11/2015) whose "central aim is to strengthen the global response to the threat of climate change by keeping a global temperature rise this century well below 2 degrees Celsius [3.6 degrees F] above pre-industrial levels and to pursue efforts to limit the temperature increase even further to 1.5 degrees Celsius [2.7 degrees F]."

There's only one known way to do that: a major global decrease in the use of fossil fuels.

The most notable country not officially in accord is America. The Republican Party's fossil fuel corporate sponsors have spent enormous sums of money on propaganda to convince us that global warming is a hoax, while knowing full-well the effects of fossil fuel use. For source, search on: " BBC ExxonMobil: Oil giant predicted climate change in 1970s'

Here are some tangible, documented evidence that global warming is real, things that everyone really ought to know (if they don't already).

1. Global warming is causing glaciers and ice sheets in

Term limits

Assemblymember Marie Waldron

75th District

There are 99 legislative chambers throughout the 50 states. Of these, 16 states have enacted term limits, including California. Other term limited states include Ohio, Florida, Missouri, Michigan, Arizona, Kansas and Nevada.

Proposition 28, which was approved by 61% of California's voters in 2012, established our current term limit system. California legislators may serve a total of 12 years – Senate terms are four years and Assembly terms are two. I'm now serving my sixth Assembly term – my 12th and final year. Prior to 2012, legislators could serve a total of 14 years, but only three terms in either house. According to a report by Ballotpedia, there are 1,973 state senate seats and 5.413 state assembly (house) seats in the United States - 7,386 total; 85 of those state legislative chambers will be holding elections in 2024 - 12 senate chambers and 10 house

chambers. Of those 22 chambers, term limits are affecting 2,071 seats that are up for re-election. That's 28% of the total. To view the full Ballotpedia report, visit https://ballotpedia.org/Impact_of_ term_limits_on_state_legislative_ elections in 2024.

In California, nine out of the 20 seats up for election this year are term limited. In San Diego County, only the 75th District, which I serve, and the 76th District, now served by Assemblyman Brian Maienschein, are termed out.

In my view, term limits are beneficial, though excessively short term limits are counterproductive. California's previous system that allowed assembly members to serve only six years (your first term you learn the job, your second term you do the job, and in your last term you look for a job), is a perfect example. And term limits should never be a substitute for involved and informed citizens who vote out unsuitable officials, and vote in the good ones.

More trees in San Diego



Supervisor Jim Desmond 5th District

A few weeks ago, we made a significant stride by expanding our proactive tree planting program in the unincorporated area.

The Board of Supervisors allocated \$2 million towards procuring around 4,000 trees from various vendors. Alongside tree acquisition, these funds will be utilized for essential tasks such as removing dead or diseased trees and installing watering systems and necessary equipment. These trees are scheduled to be planted

between spring and winter 2024. In the 2023 calendar year, the county not only met but surpassed its objective of planting 10,000 trees, with 11,010 trees added to parks and facilities across the region. This included 5,744 new trees in county parks and facilities, 1,637 trees planted through partnerships with nongovernmental organizations, and 3,629 trees planted by incorporated cities.

Since 2016, the county has been committed to planting over 35,000 trees in county parks. This endeavor has been made possible through various volunteer initiatives. Additionally, the Sheriff's Department's Reentry Services Community Involved Vocational Incarcerated Crew Services Program has contributed by planting over 2,500 oak trees at county parks in the last five years.

By planting a diverse array of healthy native and climateready trees, the county enhances air quality and combats tree infestations by pests. Moreover, these trees provide crucial shade and cool the surrounding environment.

over 147 million trees lost since 2010, according to the U.S. Forest Service. In county open spaces alone, an estimated 20 trees per acre have been lost across 50,000 acres.

To streamline tree management efforts, the county employs a tree plotter system to monitor tree inventory and plantings across the region. Additionally, citizens are encouraged to participate by reporting trees they plant independently through the Tree Plotter web page, https://pg-cloud. <u>com/sdc/</u>.



happening in Fallbrook, Bonsall, Pala, De Luz and Rainbow. Whether it is vs local youth sports information on events and activities, you will find it quickly and easily at

Greenland and Antarctica to melt at accelerated rates, contributing to rising sea levels, threatening coastal cities and low-lying areas. This is true globally, not just in the U.S. For some island countries, such as those in the Caribbean, the threat is immediate and dire.

2. Warming of the oceans promotes ever more evaporation into the air. Also, warmer air is able to carry more water vapor, leading to more and more severe weather events, including flooding, mudslides, and tornadic wind storms. The extreme wet areas are counter-balanced somewhat by extremely dry areas with drought and wildfires.

3. There is a mass, global population migration away from the Equator to the cooler North as their environments become progressively unlivable. Plants and wild animals are also migrating as fast as they can.

The bottom line is that we, the U.S., should be leading the effort to combat global warming. We are the most capable of coordinating our efforts with those of the other 175 nations to achieve the goals of the Paris Climate Accords. We must not let the anti-science Republican Party continue to block our way forward on this effort.

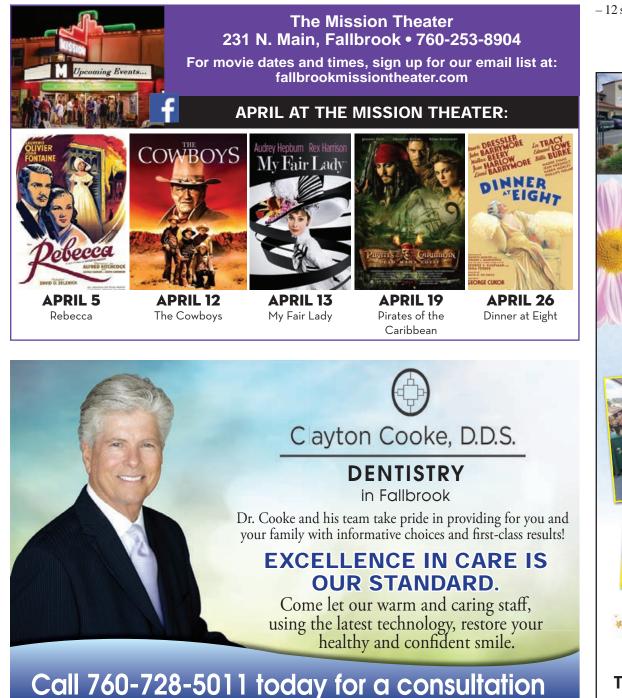
John H Terrell

California has witnessed a substantial loss of trees, with

villagenews.com

Check it out. Often.

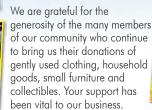
Village News 760.723.7319



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more than 4.5 million in funds for local nonprofits and other worthy causes through the operation of our Angel Shop.





ngel Society of Fallbrook The Angel Shop is Open Tues-Sat 10am to 2pm Donations are gratefully accepted Tues-Sat 10am to 1:30pm 760-728-6513 | www.theangelsociety.org

Newcomers visit Beyond Van Gogh: The Immersive Experience Exhibit



Newcomers Club members pose in front of one part of the Beyond Van Gogh Exhibit, from left, Mike Williams, Modeste Williams and Eileen Weeks.

FALLBROOK – Fallbrook Newcomers recently held an enjoyable Girls Just Want to Have Fun event led by member Eileen Weeks. The popular Girls Just Want to Have Fun events are a great way to make new friends while engaging in a variety of fun and creative activities which include get togethers at members' homes as well as attending local attractions and special events.

The Beyond Van Gogh Exhibit tour took place Feb. 22 at the Del Mar Fairgrounds. The Newcomers thoroughly enjoyed the exhibit which provides viewers with a visually stunning and evocative immersive experience by incorporating both still and moving art to showcase over 300 of Van Gogh's paintings as they flow across every surface, accompanied by a moving symphonic score that includes an instrumental version of Don McLean's 1971 ode to the painter, "Vincent."

Following the Beyond Van Gogh Exhibit, the Newcomers also enjoyed a lively meal at the nearby El Pueblo Mexican Restaurant, including the delicious \$1.19 fish tacos special!

The Girls Just Want to Have Fun events provide well planned enriching activities each month. Fallbrook Newcomers extends a warm welcome

Newcomers Club members Ursula Gaines, left, and Alice Johnson take a rest during the tour of the Beyond Van Gogh Exhibit.

> to all future Newcomers. Social meetings are held on the second Thursday of the month at Christ the King Church at 10 a.m. The upcoming April 11 meeting will feature Marci Eisenstadt, publicity co-chair for the Fallbrook Garden Club.

the village

beat

The presentation will include a discussion of tips and tricks that make gardening fun, along with a list of helpful resources for gardening enthusiasts.

For more information about Fallbrook Newcomers and upcoming events, visit <u>https://</u>

Newcomers Karen Scarpace, Patty Village News/Courtesy photos Daum, Lois Somohano, and Bertha Duncan enjoy the Beyond Van Gogh Exhibit.

> www.fallbrooknewcomers.com or email fallbrooknewcomers@ hotmail.com.

Submitted by the Fallbrook Newcomers Club.

Don't miss a beat on what is happening in Fallbrook, Bonsall, Pala, De Luz and Rainbow. Whether it is breaking news, local youth sports, or information on events and activities, you will find it quickly and easily at

villagenews.com

CHAMBER NEWS & EVENTS: APRIL 2024

Bonsall Chamber of Commerce • 5256 S Mission Rd, # 311, Bonsall, CA 92003 (760) 630-1933 | www.bonsallchamber.org

Thank You to Tracey Lubben for teaching our Canva 101 Class



Our Canva Class was a great success!

Welcome to our New Member Partners:

Mountain Mikes Pizza www.mountainmikespizza.com Wickman & Wickman Attorney's at law www.wickmanlaw.com Forever Clear Solar Panel Cleaning 760-645-5366

North County Academy of Dance www.northcountyacademyofdance.com Jensen Shirley, Philanthropic Partner

Bonsall Legacy Bricks The Bonsall Chamber of Commerce is proud to offer a opportunity of a lifetime. For the first time ever, we are offering residents, businesses and organizations the chance to leave a lasting legacy in the Bonsall community. The Bonsall Chamber will be selling a limited amount of personalized Legacy Bricks. The bricks will be displayed in The River Village Shopping Center in front of the Chamber office and around the roundabout. Do not miss out on this amazing opportunity. Bricks are for sale from March 1, 2024 through September 1, 2024 or until sold out. The brick laying ceremony date TBA. Legacy Brick Prices Chamber Member Partners: \$150 Non Chamber Members SCAN ME nted price for additional Bricks er Member Partners: \$125 er of Co Non Chamber Members: \$150 For more information or to purchase a brick please visit our website at www.bonsallchamber.org sallchamber.org For questions call the office at 760-630-1933 or email admin@bonsallchamber.org P Ŷ È D COMMUNITY COFFEE & 2 (00 (6000 Notestin CONVERSATIONS T 0 **Hosted** by 1 P 宜山 0 THE BONSALL CHAMBER OF COMMERCE ٥ G330 T 000 Ja Tuesday, April 9, 2024, 8:30 - 9:30 am Backdraft Bar & Grill 宜口 0 "What Employers & Parents Want to Know about th Adolescent Brain?" \mathbb{D} Go (6000 2 Sometimes we think that young people have an "attitude" or don't understand when in reality their brains are still developing.... sometimes up into their 20s. Dr. Pamela Nevills has consulted in the United States and outside the C 0 2 try on the science of neurology and how it impacts lear mela combines information about how the brain develo È Ø nges, and functions for child, adolescent, and adult lea

Chipping Day helps make Fallbrook fire safe

FALLBROOK – The Fallbrook Fire Safe Council sponsored a "chipping day" Saturday, March 16, in the open area at the corner of Alturas Road and West Aviation Road from 7:30 a.m. to 1:30 p.m.

The event supports the Council's community outreach program of creating a venue for local residents to bring their cut vegetation to a central site for disposal and ultimately supporting the effort to help make Fallbrook fire safe.

Throughout the event, more than 24 residents from the Fallbrook, Bonsall, De Luz and Rainbow areas took advantage of this free event. They brought more than 43 truck and trailer loads of branches, trimmed brush, palm branches and other cut vegetation from their properties to have chipped/shredded into mulch.

One of the participants, John Duling, said, "This event provides an opportunity to help clear out areas in the canyons and areas around my property to help prevent a recurrence of the 2002 Gavlin fire where I lost my home. I appreciate what the council is doing for the community."

The event was supported through the efforts of 12 volunteers from U.S. Marine Corps Base Camp Pendleton who dedicated their time and energy.

As Sgt. Jacob Zarzycki, one of the volunteers, said, "It was a blast doing it. We had a great group of Marines and you guys were awesome. Thank you for giving us the opportunity."

A total of over 1,200 cubic feet of chipped/shredded material was collected and has been transferred to the San Diego Recycle Center in Clairemont for processing into processed mulch that will be distributed throughout San Diego County. Additionally, over 500 cubic feet of trash was collected and removed from the property. This material was taken to the local EDCO Disposal Services facility for disposal. The Marine volunteers also trimmed approximately 5,000 square feet of weeds and brush on the property to help reduce the fire potential.

This is the second event sponsored by the Fire Safe Council this year after sponsoring six such events in the last 16 months. The council is planning on sponsoring several more chipping events in the early summer and fall seasons.

Once these dates and locations are finalized, information will be provided to the public. So be sure to watch for these dates and mark your calendars to take advantage of these free events to help residents dispose of cut/trimmed vegetation and help make Fallbrook fire safe.

The event was supported by a grant from the San Diego Regional Fire Foundation and SDG&E. The council also acknowleges the property owner, Northwest Building LLC in Kirkland, Washington, for allowing the event to take place on their property; California Tree Services in Vista for providing the chipper and crew; the volunteer sheriff's team for assisting in traffic control; Fallbrook Rentals for the use of their equipment and EDCO Disposal Services for the timely delivery and pickup of the container.

The Fire Safe Council is a nonprofit organization that meets the first Thursday of each month at the North County Fire Protection District's offices at 330 Main St. at 9 a.m. Visitors are welcome. Also, follow the council's events, visit http://fallbrookfiresafecouncil.org.

Submitted by Fallbrook Fire Safe Council.

More than 43 truck and trailer loads of branches, trimmed brush, palm branches and other cut vegetation are chipped/shredded into mulch during the Chipping Day.



The March 16 Chipping Dayis supported through the efforts of 12 volunteers from Village News/Courtesy photos the U.S. Marine Corps Base Camp Pendleton.





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Where Every Day Matters

HOPE from page A-1

and purpose towards a direction she hadn't anticipated – women's ministry.

Reflecting on this pivotal moment, Vice recalls, "God told me this was something I needed to be involved in." This divine nudge was all it took for a vision to crystallize. The team revisited Wallaces' offered house, seeing it through a new lens. It wasn't just a house; it was the perfect haven for a women's shelter, a sanctuary for healing and hope.

The discovery of a shared need among north county clinics for housing pregnant women and their children further solidified their resolve. Vice took a leap of faith, establishing a nonprofit, Two Sandwiches, and registering a DBA, Hope House Fallbrook. The mission was clear: to create a home, not just a shelter, where women could find safety, support, and a chance to rebuild their lives.

The rallying cry for community support was met with overwhelming positivity. Local businesses, churches, and residents came together, embodying the spirit of unity and compassion.

Fundraising efforts were launched, with a target goal of \$75,000 by the end of April,

2024 to open the doors of Hope House Fallbrook. The campaign leveraged the platform Givesendgo.com where people are invited to donate any amount to <u>https://hopehousefallbrook.org/</u>.

Hope House Fallbrook represents more than just a shelter; it is a testament to the power of community, faith, and the belief that everyone deserves a chance at a safer, better life.

It is a sanctuary where women can heal from their emotional and spiritual wounds, receive comprehensive care, and become part of a nurturing family. The initiative underscores the community's commitment to being a part of the solution, offering a ray of hope and a path toward healing and independence for women and their children facing great challenges.

As Vice reflected on the journey, she noted, "This is not just a project. It's a calling, a community effort where the need is so great. Who wouldn't want to contribute to such a worthy cause?"

Hope House Fallbrook stands as a shining example of what can be achieved when compassion, faith, and community converge to address the needs of the most vulnerable among us.

For more information or to offer help, email *Hopehousefallbrook@* gmail.com.



The living room at Hope House has a perfect spot for a Christmas tree.



Hope House Fallbrook, a sanctuary for women, has a big kitchen suitable for multiple residents.



One of the cozy bedrooms at Hope House even has a fireplace.

Village News/Courtesy photos

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April 4, 2024



VILLAGE NEWS

Award winners named for 2024 Annual Signature Watermedia International Exhibition

FALLBROOK – The Fallbrook Art Center's 15th annual Signature American Watercolor International Exhibition & Sale runs through April 14 in tThe Janice Griffiths Gallery.

The center is open Tuesdays through Saturdays, 10 a.m. to 4 p.m., Sundays, 12-3 p.m. Admission is free daily for children and the military, \$10 per person Wednesdays - Sundays for other

community members and there is no admission fee on Tuesdays

Docent tours are available by appointment. The exhibition and sale runs through April 14 at Fallbrook Art Center in The Janice Griffiths Gallery. The gift store is newly expanded with more artful gifts available. Award winners include Best of Show:

- Tom Herbert "Going North" First place: Jerry Smith "Spring Convergence"
- Second place: Stephen Zhang "Taking It All In"

• Third Place: Dean Mitchell "St. Augustine Shadows"

APRIL 4, 2024

The awards in the show totaled \$7,000; the judges were Keiko Tanabe and Charles Henry Rouse. For more information, visit <u>https://</u> fallbrookartcenter.org/catalog. php?CatalogID=18.





First place: Jerry Smith "Spring Convergence"





Best of Show: Tom Herbert "Going North"

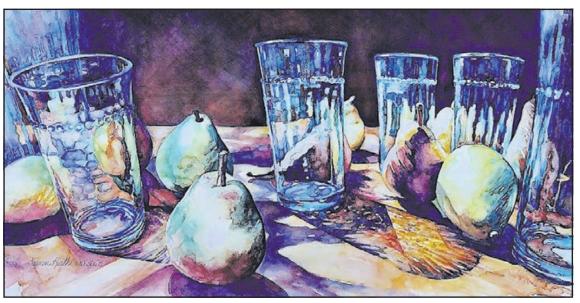


Second place: Stephen Zhang "Taking It All In"



Third Place: Dean Mitchell "St. Augustine Shadows"

Honorable Mention: Xiaochang Zhang "Sunshine'



Honorable Mention: Susan Keith "Brighter Days Ahead"



Honorable Mention: Richard Glassman "A Walk on Maui"

HEALTH

"It's not magic, it's science:"

Eric Rodgers

The Brain Energy Movement -Advocacy Medical Review by Chris Palmer, MD

Eric Rodgers

When I was in my 40s and 50s, everything was going well. I had a happy life with my wife and son. My optometry business was successful.

But I wanted to die.

I would ask my psychiatrist again and again: if everything is great, why can't I appreciate it?

I never got a good answer to that question from my doctor. But luckily, I discovered the work of Dr. Chris Palmer, and I began to understand the connection between mental and metabolic health. That's when my life started to change for the better.

My story of poor metabolic health began in childhood. By third grade, I was overweight and concerned about my appearance. I ate processed food and snacked on junk food. By junior high, kids were teasing me about being fat. In 12th grade, I reached 215 pounds and had an epiphany of sorts. I didn't want to go to college overweight. I cut out all snacking, lost a lot of weight, and felt better. worse than ever.

The signs that poor metabolic health was affecting my mood also appeared early in my life. I was a worrier. I remember having insomnia as early as 8th grade. I would go days in a row with poor sleep and felt extremely stressed. Though, overall, I had a happy childhood with a great home life and good friends, my underlying

anxiety was building. In my early 20's I was prescribed medication for high blood pressure. Today, we know that's a good indicator of metabolic syndrome, but at the time, I was young and a runner. I didn't suspect my metabolism was impaired.

By the time I was 30, the stress of running an optometry practice contributed to my first bout of depression, which was coupled with severe insomnia. Sleeping pills did provide some relief and I got past that bout of depression mostly unscathed.

Ten years later, I wasn't as fortunate. I changed my practice location and became the sole owner of a small practice. My anxiety increased. I began training for marathons. The exercise helped with my anxiety. The depression, however, reappeared, and it was

That's when I started seeing a psychiatrist. I took Paxil which made me

much worse, then switched to Lexapro, which did provide relief, but only masked symptoms and did nothing helpful for the underlying cause of my depression. I remained on SSRIs from the ages 40-55 with some degree of success, but significant underlying anxiety.

In 2015, a job change triggered a third episode of severe depression. I thought about suicide all the time. I was on a number of psychiatric medications, and was getting worse, not better. I stopped running due to poor mood and sleep. I gained some weight.

My doctor diagnosed me with prediabetes.

Next, she said to eat less fat and exercise more...

That wrong advice, it turns out, was helpful because it led me to learn about metabolic health. And I started to learn about the role of diet in metabolic disease.

It wasn't long before I found out about Dr. Palmer's work with ketogenic diets. I decided to try it and quickly began to lose weight. My mood improved. I was still taking an antidepressant, but I began to feel better and better. In 2017, a fully ketogenic diet

was treating my decades-long severe depression.

I have now been medication-free and depression-free for about 7 years.* I'm in a better mood than I was for most of my adult life.

I know someone hearing my story might not believe a diet cured my depression. But it did. And it's not magic or good luck, it's science, which is clearly explained in the book, Brain Energy.

I also know I'm not alone in my recovery. There's a growing movement of people who have repaired severe mental disorders with dietary and other metabolic strategies. And I'm sharing my story to tell you that there is hope for healing.

Dr. Palmer and the Brain Energy Movement are a catalyst for change. We're a community where people from all walks of life come together to prioritize and enhance our metabolic health, which leads to positive transformations in our mental health.

*Disclaimer: Although Eric was able to adjust his medications and start a ketogenic diet safely on his own, not all people can. There are



their healthcare providers to adjust medications and/or start therapeutic/ketogenic diets as a treatment for mental health conditions. The Brain Energy movement is working to educate more healthcare professionals to be able to offer these treatments.

Reprinted with permission from Chris Palmer, MD. Copyright 2024.

Support teens to build healthy habits

Stephanie Rubino, ND

Special to the Village News

As teens face rapid physical growth, puberty, and mood changes, they also develop increased autonomy and selfawareness. Engaging in healthpromoting habits may not interest the typical teen; however, nutrition and lifestyle choices during this critical time influence their current health and impact their well-being as adults.

As their key supporters, we can teach our teens how to live healthy lives today for a strong and confident future.

Healthy eating for teens

Getting your teen to consume nutritious food can be a struggle. As adolescents gain more independence over their food choices and eating behaviors, commonly influenced by their peers, social media, and convenience, it gets harder for caregivers to provide nutrition advice.

Habits such as skipping meals, following fad diets, inadequate

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intake of healthy food, and overconsumption of unhealthy food can put teens at risk of not getting the nutrients needed for growth, development, and disease prevention.

Food insecurity is another challenge adolescents may encounter. Resulting malnutrition and poor eating habits can influence the time of puberty, impair cognitive function, increase school absences and stress, and contribute to health conditions, such as diabetes, obesity, and cardiovascular diseases.

Supplements	Males	Females
Multivitamins with minerals	use as	directed
Vitamin D	600 IU (15 mcg)	600 IU (15 mcg)
Iron	11 mg	15 mg
Zinc	11 mg	9 mg
Calcium	1300 mg	1300 mg
Potassium	3000 mg	2300 mg
Magnesium	410 mg	360 mg
Omega-3 fatty acids (alpha- linoleic acid)	1.6 g	1.1 g

Support your teen's nutrition habits by:

- · Teaching the importance of choosing healthy instead of Reduced technology use for teens unhealthy food
- Reading and understanding food labels together
- Involving them in making

anxiety, stress, insomnia, and reduced physical fitness. Confiscating your teen's phone isn't the solution and may be more harmful than helpful.

Alternatively, communicate about the drawbacks of excessive technology use, and how limiting social media can decrease loneliness and depression Additionally, educate about the importance of taking breaks, which can serve as opportunities to exercise and participate in other hobbies. Encourage your teens to find an activity they enjoy, whether it's a simple walk outside, a team sport, swimming, biking, or volunteering. A family activity also provides an opportunity for connection with the teen in your life.





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YOUR SAFETY IS OUR #1 PRIORITY. Our team strictly follows CDC, OSHA & ADA guidelines for sterilization & patient safety to safeguard your health.

- grocery lists, shopping, and food preparation
- Being a role model by consuming a nutrient-rich diet, including healthy proteins and fat, whole grains, and plenty of fruits and vegetables
- Encouraging the intake of three meals (don't skip breakfast!), plus 2-4 snacks daily
- Replacing caffeine and sugarladen beverages with water
- Eating together as a family, which improves dietary intake among youth
- Acknowledging positive changes and routinely discussing any challenges

Nutrient support for teens

Nutrient deficiencies are an unfortunate consequence of poor eating habits. Research confirms that many adolescents are not meeting the recommended daily requirements for nutrients such as vitamin C, vitamin D, calcium, magnesium, potassium, and zinc. In addition, nutrients such as vitamin B6, vitamin B12, folate, and iron are often deficient in adolescent girls because of higher requirements for menstruation.

Addressing nutrient deficiencies with food is an important first step; however, if your teen isn't on board with this, nutritional supplements are the next best solution. Work with your teen's healthcare provider to determine if they require specific supplements to prevent and/or treat nutrient deficiencies.

Teens may benefit from nutritional supplements with the minimum recommended daily amounts, such as:

These days, teens' lives revolve around technology. Excessive smartphone use and engagement in social media have been linked to low self-esteem, depression,

Start your teen's morning off right

Teens need a nutritious breakfast to help fuel their day, but hectic mornings often leave little time for a balanced meal. Smoothies offer a wholesome solution! Jam-packed with nutrients, smoothies can be consumed while on the go.

Try this recipe and encourage your teen to experiment with different kinds of milk (or water), protein powders, fruits, and veggies!

Chocolate Raspberry Smoothie

- 1 cup almond milk
- 1 scoop of chocolate whey or plant-based protein powder
- ¹/₂ cup frozen raspberries
- 1 tsp almond butter
- 1 frozen banana

• 1 tsp of your favorite fish oil

Combine all ingredients in a blender and blend until smooth. In case of nut allergies, remove almond butter. Garnish with cacao powder and fresh raspberries. Enjoy on the go!

Dr. Stephanie Rubino operates a general naturopathic practice with a focus on women's health, and digestive health. She has a special interest in educating the public and other health professionals about a range of health topics and natural health product issues.



April is Parkinson's Awareness Month

Submitted by Irene Miller

Parkinson's Awareness Month is observed in April. It is an opportunity to increase awareness about the disease and its symptoms, as well as to support those that are affected.

Parkinson's is a long-term disorder where the central nervous system degenerates and that affects the motor system. Motor symptoms like trembling, stiffness, and rigidity are usually associated with Parkinson's disease.

Symptoms typically occur slowly. One side is often affected first, but as Parkinson's disease progresses, both sides are affected. Celebrities such as Muhammed Ali and Michael J. Fox were diagnosed with Parkinson's.

April is Parkinson's Disease Awareness Month because it is the birth month of James Parkinson. He was the London physician who published "An Essay on the Shaking Palsy" in 1817. He was the first physician to describe Parkinson's disease.

At a summit in Luxembourg on April 11, 2005, the red tulip was unveiled as the global symbol of Parkinson's disease.

Parkinson's disease is a neurodegenerative disease that primarily affects dopamineproducing neurons in a certain part of the brain. It is a mobility disorder caused by a degenerative neural system dysfunction. Symptoms appear over time

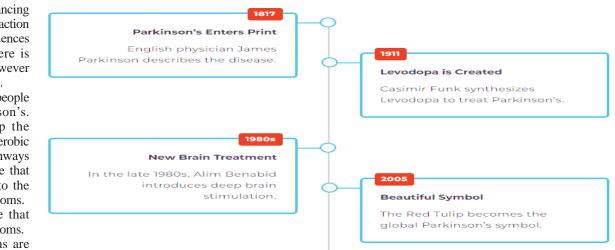
Tremors, movement, and

balance difficulties, limb rigidity, and delayed muscle action are all symptoms of this slowly advancing illness. While each person's reaction to the disease differs, consequences are frequently serious. There is no cure for this disease, however extensive research is ongoing.

Approximately 10 million people in the world have Parkinson's. Exercise can greatly help the symptoms of Parkinson's. Aerobic exercise helps build new pathways in the brain to replace those that were damaged. This leads to the improvement of motor symptoms.

- There are no two people that experience the same symptoms.
- Non-movement symptoms are more difficult to deal with than motor symptoms.
- Loss of smell and small handwriting are some early symptoms of Parkinson's.
- At least \$25 billion is spent per year on treatments for patients.
- More men are affected by Parkinson's than women.
- How to observe Parkinson's Awareness Month
 - Attend a local event-Throughout April, towns, businesses, healthcare professionals, and Parkinson's support groups will be voicing support, staging B.B.Q.s, organizing events, and giving information and access to education for those living with Parkinson's disease. Participate at a local event to show your support.
- Show your support on socials-

Parkinson's Timeline



Join millions of people on Facebook, Instagram, Linked In, and Twitter. Share your messages of support using the hashtag #parkinsonsawareness to help increase awareness.

- Visit the neurologist -Make this the month you finally schedule that neurologist visit you've been putting off. It's better to be safe than sorry.
- Show your support financial giving to your local Parkinson's non-profit organization. <u>https://ncpsg.org/</u> or <u>https://</u> parkinsonsassociation.org/.

Parkinson's Timeline

Why the red tulip? The Parkinson's red tulip started in 1980 when W.S. Van der Wereld, a Dutch horticulturist who had Parkinson's disease, developed a red and white tulip and named his prized tulip the 'Dr. James Parkinson' in honor of the man who first described his medical condition and to honor the International Year of the Disabled.

The European Parkinson's Disease Association uses a red tulip as their logo based on the Dr. James Parkinson tulip. On April 11, 2005, the Red Tulip was launched as the Worldwide Symbol of Parkinson's disease at the 9th World Parkinson's disease Day Conference in Luxembourg.

The red tulip you see here today was designed by an early-onset Parkinson's patient named Karen Painter and her friend Karen. This stylized tulip has leaves that are shaped like the letter's 'P' and 'D'. Karen and Jean started a grassroots movement to make this tulip design become recognized as the symbol for Parkinson's Disease Awareness, the way the pink ribbon has done for breast cancer.

"We have a dream that Karen's stylized tulip will become the symbol not for one Parkinson's organization or event, but for the Parkinson's community nationwide," Jean said. "It will serve as a reminder that we all must work together to find a cure for the millions of people living with Parkinson's disease."

The PD Tulip is a symbol that represents all people with Parkinson's, all organizations and all scientists in the U.S. who are working for the cure.

County recommends syphilis screenings during pregnancy as infant cases rise

Fernanda Lopez Halvorson

County of San Diego Communications Office

Cases of babies born with syphilis have increased in San Diego County, reaching a record 35 in 2022, according to new data from County Public Health officials.

Syphilis is a contagious bacterial infection that can be spread through sexual contact or from a birthing parent to a baby during pregnancy. That is called congenital syphilis and can lead to miscarriage, stillbirth, major health problems in babies, and even death, if not treated.

The number of congenital syphilis cases in 2022 is up from 30 in 2021 and includes two stillbirths. Since 2013, the rate of congenital syphilis has increased by almost 1,200%.

Cases of syphilis in women of potential childbearing age, between 15 to 49 years, have also increased from 369 in 2021 to 424 cases in 2022.

County public health officials are reminding those who are pregnant or planning to become pregnant to talk to their healthcare provider about getting tested.

"You can protect your baby by getting tested during your first prenatal visit to your doctor and during your third trimester visit, and then getting treatment during your pregnancy if you do have syphilis." said County Public Health Officer Wilma J. Wooten, M.D., M.P.H. "It's important to get tested because you can have syphilis and not know it and unfortunately pass it on to your baby."

Syphilis symptoms can be mild or feel like symptoms for other health problems. It can be treated with antibiotics, even during pregnancy.

Sexual partners of a person with syphilis should also be tested and treated to prevent the pregnant person from getting infected again. Syphilis in babies causes bone abnormalities, severe anemia, enlarged livers or spleens, and brain and nerve problems like loss of vision or hearing.

Overall, syphilis cases, including congenital syphilis, have steadily risen nationwide since the early 2000s with the exception of a slight decrease from 2021 to 2022.

Resources for syphilis and other STD testing is available at County Public Health centers.

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Seven ways on how to stop constant worrying in your life

Stan Popovich

Special to the Village News

Do you find yourself worrying about everything that is going on around you?

It can be very tiring and depressing to constantly worry about your family, your job, your health, and everything else that is happening. Having things out of your control is very scary.

As a result, here are seven tips on how to overcome the cycle of worry and fear in your life.

1. Focus on the facts of your situation; not your thoughts: When people are stressed out, they rely on their fearful and depressing thoughts. Your fearful thoughts are exaggerated and are not based on reality. When you are anxious, focus on the facts of your current situation and not on what you think.

2. You can't predict the future: Remember that no one can predict the future with one hundred percent certainty. Even if the thing that you are afraid of does happen, there are circumstances and factors that you can't predict which can be used to your advantage.

For example, you miss the deadline for a project you have been working on. Everything you feared is coming true. Suddenly, your boss tells you that the deadline is extended and that he forgot to tell you the day before. This unknown factor changes everything.

3. Take a break: Take a deep breath and try to find something to do to get your mind off of your anxieties and stresses. A person could take a walk, listen to some music, read the newspaper, watch TV, play on the computer, or do an activity that will give them a fresh perspective on things. This will distract you from your current worries.

4. Take it one day at a time: Instead of worrying about how you will get through the rest of the week or month, focus on today. Each day can provide us with different opportunities to learn new things and that includes learning how to deal with your problems.

5. Learn how to manage your thoughts: Challenge your negative thinking with positive statements and realistic thinking. When encountering thoughts that make you fearful, challenge those thoughts by asking yourself questions that will maintain objectivity and common sense.

6. Things change over time: Regardless of your circumstances, your current situation will not stay the same. Everything changes over time. Knowing that your situation will improve will help give you the confidence that things will get better.

7. Get some help: Sometimes, it helps to be able to talk to someone about your stressful situations. Talking to a trusted friend, counselor, or clergyman can give you additional advice and insights on how to deal with the fear of the unknown. Remember that there is nothing wrong in asking for assistance.

Stan Popovich is the author of "A Layman's Guide to Managing Fear" which covers a variety of techniques that can drastically improve your mental health. For more information, visit <u>http://www.managingfear.com</u>.



Second measles case of 2024 confirmed



A lab worker runs blood tests for the County Public Health Services.

Cassie N. Saunders

County of San Diego Communications Office

The second case of measles this year in San Diego County has been confirmed in a 47-yearold resident who had recently traveled overseas, the County of San Diego Health and Human Services Agency announced Sunday, March 31.

The most recent confirmed measles case in the county was in February 2024 in an unvaccinated infant who had also traveled overseas. These cases are not linked.

The adult is currently hospitalized, but may have exposed others at a number of locations in Encinitas and Carlsbad. County Epidemiology and Immunization Services Branch Immunization Unit staff members are working with Scripps Encinitas Hospital and Scripps Coastal Medical Center to identify and follow up with patients and staff.

In addition, County Public Health Services is working with the multiple sites listed below, and potentially others, to identify and follow up with staff who may have been exposed. March 22, 2024 Naked Café 288 N El Camino Real, Suite C Encinitas, CA 92024 9 a.m. to 12:30 p.m.

Ralph's Market 125 N. El Camino Real Encinitas, CA 92024 10:30 a.m. to 1:30 p.m.

March 23, 2024 Leo Mullen Sports Park 951 Via Cantebria Encinitas, CA 92024 1 p.m. to 4 p.m.

March 24, 2024 Trader Joe's 115 N El Camino Real Encinitas, CA 92024 11 a.m. to 1:30 p.m.

Kingdom Hall Jehovah's Witness 1821 S Camino Real Encinitas, CA 92024 6 p.m. to 9 p.m.

March 25, 2024 Tinleaf Fresh Kitchen 6985 El Camino Real #108 Carlsbad, CA 92009 1 p.m. to 4 p.m.

Ralph's Market 125 N El Camino Real Village News/Courtesy

Encinitas, CA 92024 2 p.m. to 5 p.m.

March 28, 2024 Scripps Coastal Medical Center Encinitas 477 N El Camino Real CA 92024 8:45 a.m. to 11:30 a.m.

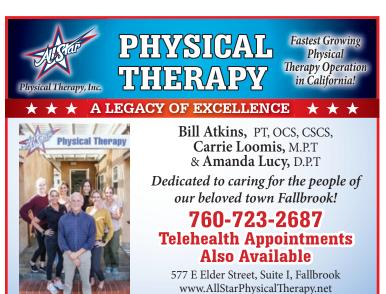
March 29-30, 2024

Scripps Encinitas Hospital Emergency Department 354 Santa Fe Drive Encinitas, CA 92024 4:10 p.m. on March 29 to 1:30 a.m. on March 30

Public Health will determine if people at the above locations have been vaccinated and their potential for developing measles.

"Measles is a very contagious disease that can be spread easily by coughing, sneezing, or being in the same room with an infected person," said Ankita Kadakia, M.D., county deputy public health officer. "Anyone who was at any of the specific locations and at the dates and times listed above should watch for symptoms and call their health care provider if they show any signs of the disease."

People with symptoms are asked to call their doctor's office in advance, rather than visit an office directly, so that infection control measures may be activated to prevent exposure to others. Measles develops seven to 21 days after exposure. Early symptoms include fever, cough, runny nose and red eyes. The distinctive red rash usually appears one to four days after early symptoms appear. A person is considered contagious four days before and four days after the rash appears. The rash typically begins on the face and head, then proceeds downward and outward to the hands and feet. It fades in the same order it began, from head to foot. "The best way to prevent measles is by getting the measles vaccine," said Kadakia. "With measles outbreaks occurring in several countries, it is very important that all international travelers get vaccinated. Infants between 6 and 12 months of age who travel should get one dose, and travelers over 12 months of age should get two doses at least four weeks apart." Complications from measles are more common in children younger include diarrhea, ear infection, and pneumonia. Death can occur from severe complications and the risk is higher among younger children and adults. There is no treatment for measles. Bed rest, fluids, and fever control are recommended. People with complications may need treatment for their specific problems. For more information about measles, other vaccine-preventable diseases and the shots that protect against them, call the HHSA Immunization Branch at 866-358-2966 or visit www.sdiz.org.



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APRIL	FRI 5	SAT 6	SUN 7	TUE 9	WED 10	THU 11
GHOSTBUSTERS: FROZEN EMPIRE PG-13	1:45 PM 4:25 PM	1:45 PM 4:25 PM	1:45 PM 7:00 PM	1:45 PM 4:25 PM	4:25 PM	1:45 PM 4:25 PM
GODZILLA X KONG: THE NEW EMPIRE PG-13	2:00 PM 4:50 PM	2:00 PM 4:50 PM 7:30 PM	4:25 PM 6:45 PM	2:00 PM 4:50 PM 7:30 PM	1:45 PM 3:15 PM	2:00 PM 4:50 PM 7:30 PM
GONE WITH THE WIND 85TH ANNIVERSARY G			1:00 PM		6:00 PM	
SOMEONE LIKE YOU PG-13	7:00 PM	7:00 PM		7:00 PM	7:00 PM	7:00 PM
THE FIRST OMEN R	2:15 PM 4:45 PM 7:15 PM					
WICKED LITTLE LETTERS	2:10 PM 4:35 PM 7:00 PM	2:10 PM 4:35 PM	2:10 PM 4:35 PM 7:00 PM			
YAMNUSKA: THE RAGGED EDGE NR	7:30 PM				7:30 PM	

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ENTERTAINMENT

Avocado Festival offers entertainment, vendors and guacamole



One of the contests at the Avocado Festival is the Guacamole Contest; for more information, visit http://www.fallbrookchamberofcommerce.org.



The Avocado Festival has activities for all ages to enjoy.

Village News/Courtesy photos

FALLBROOK – Fallbrook has long been known for growing avocados and sharing its love for them at their annual Avocado Street Festival. Held each year in the spring, this festival highlights the community's agricultural roots in a friendly, small-town atmosphere. Hundreds of booths line Fallbrook's Main Avenue, attracting thousands of people for a day of fun, food, music and avocado-themed contests. This year's festival will be held Sunday, April 21, from 9 a.m. to 5 p.m. Vendors are encouraged to have avocado-themed products, foods and specialty goods. A favorite is the "official" guacamole of the festival made by local provider Holy Guacamole. Though avocados are the celebrated food of the day, you will find a wide variety of dining options at the festival. Those with a sweet tooth will find an array of desserts offered at the festival, including ice cream, funnel cakes, and cookies. Plenty of ice-cold drinks are available at the booths as well,

including ice cold beer and local wine in the Main Stage area.

Don't expect to leave the Fallbrook Avocado Festival emptyhanded. With over 450 booths, there is a lot of shopping available. Unique crafts, jewelry, bath and body products, clothing and more. There is a farmers market area in the festival where you can find avocados, a variety of locally grown fruits and vegetables, as well as gorgeous flowers, plants and herbs. The Artisan Walk on Alvarado Street features local handmade artisan goods and foods.

There's never a dull moment at the festival, which offers entertainment and activities for everyone. Local music performances at both the Main Stage beer and wine garden and the community stage are provided for your enjoyment. Contests abound at the Fallbrook Avocado Festival, including Best-dressed Avocado, children's avocado derby racing called the "Avocado 500," Best Guacamole, Little Mr. and Miss Fallbrook, Avocado Holding Contest and Avocado Costume Contest.

Fallbrook is located between the major cities of San Diego, Palm Springs and Los Angeles and is a great day-trip experience. Convenient shuttles are available. Check the website for shuttle stops and parking and more information on <u>http://www.</u> fallbrookchamberofcommerce. org.

Submitted by Fallbrook Chamber of Commerce.

Plentiful St. Patrick's outings a treat for ears, tongue and feet

Tim O'Leary

Special to the Village News

And so I was clad in green with plenty of places to be seen. It was a St. Patrick's Week to behold. An Irish soul with four places to go.

There was dance and song, corned beef galore, brews, stews and much, much more. A wee church tossed a big bash on a wing and a prayer, with hopes it will flourish beyond compare.

The four events made me ponder



Redlands Symphony to perform in Fallbrook



what it means to be a son or daughter of the Emerald Isle. It is a land of rocky soil and rugged beauty. There is joy, laughter, language, song and dance. But all that pleasure was born of pain and perseverance.

If you would be so kind, dear reader, please take my hand as together we wind our way back through those four local events that touched my cultural treasures.

The first fete opened the week with comfort food, conversation, a bit of canned music and a reel and a jig at the Fallbrook Community Center. There the Fallbrook Senior Center paired its monthly birthday lunch with a St. Pat's party.

Chef Rodolfo "Rudy" Pedroza prepared corned beef and cabbage, carrots and potatoes and the place was a sea of green amid a colorful scene. I bedecked myself in shamrock tights, a pendant, a Celtic cross and a matching ball cap. I decorated the place with my Irish flag, a banner and my ethnic brag.

Those weekday lunches are subsidized by the senior club and other groups and government at agencies. Thus the March 14 gathering was cheap fun for us old folks on the run.

On the next day came a treat at the Gloria McClellan Senior Center in Vista. The menu was a similar subsidized meal and my flag, banner and a cloth map traveled to those walls as well.

The treat came in the form of the Clan Rince School of Irish Dance – an array of young performers clad in traditional costumes that ignited the stage and electrified the audience. The school has branches in San Diego and San Marcos, and its dancers were prepping for a domestic trip to compete against international talent.

Those performances are in such high demand that school administrators recommend interested parties book them by December for the following year.

There's a reason why this form of Irish dance calls for its performers to keep their arms glued to their sides. Ireland's colonial masters had outlawed dancing, but the tradition Your humble narrator poses with St. Patrick at the March 17 bash.

survived because the furtive style masked those movements when viewed from afar.

My third outing required a bit of exercise of the Irish tongue. A companion and I had missed the deadline to register for the St. Pat's Party at Silvergate Fallbrook. Thus it became necessary for us to talk our way into that March 15 gathering.

There I taped my flag to a courtyard wall, and we joined a cadre of friends in listening to an Irish band, watching some young dancers, eating some superb finger foods and quaffing Guinness and wine.

We chatted and danced with residents and eventually slipped out of the place with two bags of swag that included note pads, fanny packs and specially-decorated and wrapped CeCe's Cookies. Those delicacies were apparently home baked in Fallbrook and are simply too adorable to eat.

And finally came the March 17 bash hosted by Christ Church, a small congregation that worships in a modular building along Reche Road. It was the trial run for what organizers hope will become an annual affair. Every member of that tight-knit group juggled a ton of tasks as they planned and pulled off the party.

The event featured foods, face painting and a jump house for kids, adult games, a treasure hunt, bluegrass bands and an opportunity to meet St. Patrick himself. Father Don Kroeger, the rector emeritus at the church, filled that role with great dignity and distinction. Village News/Courtesy photos

In addition to hanging my flag, map and banner, I found myself drafted into an Irish stew-cooking competition that pitted eight competing churches and nonprofits. My pal Steve Britschgi cooked up our brew and I supplied the books and other paraphernalia that decorated our booth.

I displayed a sign that my dad had passed onto me. Dated Sept. 11, 1915, the item was produced by the Boston Sign Co. Some onlookers passed the sign off as a bit of tonguein-cheek humor. In reality, those NINA signs (Help Wanted – No Irish Need Apply) were a harsh reality for waves of ragged immigrants who had fled their native soil.

But this day was one of celebration, not causes. And thus Father Brian Capanna, the senior pastor, told the story of St. Patrick.

Patrick was a lad from a wealthy family who was kidnapped and sold into slavery in Ireland. He escaped after six years of servitude and returned to Britain, where he had a vision that compelled him to return to Ireland to preach the gospel. There he served as a missionary and a bishop and was credited with bringing Christianity to the land before his death about 460 A.D.

An ancestor of mine, a chieftain at the island's south, was among the converted. A famous prayer – St. Patrick's Breastplate – stemmed from the encounter amid that wild setting.

The bash closed with Father Brian reciting an Irish blessing. My wishes are that warmth, wisdom and wit all come to you.

The Redlands Symphony concert will feature Village News/James Farley photo Lara St. John, a violin soloist and musical maverick For tickets and more information, visit http://www.fallbrookmusicsociety.org.

FALLBROOK – A symphony in rural Fallbrook? Fallbrook Music Society is always evolving and presenting new and exciting programming to the area, and the concert Sunday, April 7, will be no exception.

After a 10-year hiatus, the Redlands Symphony will be back in Fallbrook by popular demand, presenting a performance that pairs Vivaldi's "The Four Seasons" with Piazzolla's "Four Seasons of Buenos Aires."

"We look forward to sharing this experience with our community to spark more excitement about classical music," Bob Freaney, president of Fallbrook Music Society, said. "This concert will be the grand finale of our 47th season as these talented classical musicians play beloved favorite pieces in a casual atmosphere that everyone can, and will, enjoy."

Antonio Vivaldi's" The Four Seasons" was completed in 1720 and stands as one of the most celebrated and recognizable works in the baroque repertoire. This collection of four violin concertos, each representing a different season of the year, showcases Vivaldi's innovative approach to both musical form and programmatic expression.

Vivaldi's gift for melody, his vivid imagination, and his ability to convey the characteristics of each season make "The Four Seasons" a timeless and enchanting musical journey.

Astor Piazzolla's "Four Seasons of Buenos Aires" is a testament to his innovative spirit and his desire to push the boundaries of traditional genres. By fusing the passionate rhythms of tango with the sophistication of classical music, Piazzolla created a work that transcends cultural boundaries.

The "Four Seasons of Buenos Aires" takes listeners on a thrilling journey as they experience the soul and culture of Buenos Aires in a vibrant and emotional dialogue between tradition and innovation.

Canadian-born Lara St. John is a violin soloist and musical maverick. She was described as "a volcanic violinist with a huge, fabulous tone" by The Los Angeles Times and "a highpowered soloist" by The New York Times.

She has performed as a soloist nationally with the orchestras of Cleveland, Philadelphia, Seattle, San Francisco and the Boston Pops, to name a few, and internationally in Switzerland, France, Germany, Ireland and the Netherlands, among others. St. John owns and performs on the 1779 "ex-Salabue" violin by Giovanni Battista Guadagnini.

The Redlands Symphony concert will take place Sunday, April 7, at 2 p.m. in the Bob Burton Center for the Performing Arts, 2400 S. Stage Coach Lane, in Fallbrook. Tickets are \$20 adult advance; \$25 at the door, and children 18 and under are free.

For tickets and more information, visit <u>http://www.</u> fallbrookmusicsociety.org.

Submitted by Fallbrook Music Society.

April 4, 2024

SPORTS

runner since Edgar Ortega won

the boys race in 2018. That year,

the Vallecitos boys were second

while the Vallecitos girls had

Vikings sweep first at Anza cross-country meet Rochelle Hernandez wins girls race

Joe Naiman

Village News Reporter

Cottonwood Elementary School of Aguanga hosted a crosscountry meet Thursday, March 14, for the small K-8 elementary schools and middle schools in northern San Diego County and southern Riverside County which participate in athletic tournaments, and Vallecitos Elementary School took first place as a team for both the boys and the girls while Vallecitos seventh-grader Rochelle Hernandez was the first girls individual finisher.

"I'm really impressed with how well they did, especially under the conditions they ran," Vallecitos coach Ray Hanbeck said.

The meet was based at Hamilton High School in Anza. The races were originally scheduled for Thursday, March 7, but rain in Anza delayed the competition by a week. The rain makeup date also allowed Vallecitos to make up for practices lost due to rain.

'We lost a week of practice," Hanbeck said. "We had an extra week to prepare."

The boys race began at 10 a.m. The weather as the Vallecitos teams arrived was less than ideal. "There were flakes of snow coming down," Hanbeck said.

The weather was noticed from the parking lot below the field.

"You could feel the cold already," Hanbeck said. "I've never seen it this cold. These are the worst conditions we've had."

The temperature was 41 degrees when the meet began. The weather became warmer later in the morning, although the temperature did not rise as much as expected.

"It was really hard to compete," Hanbeck said. "It was really, really challenging."

Cross-country team scores are derived by adding the positions of a school's first five finishers, so at least five runners are needed for a team score. The sixth and seventh runners are not scored but can add points to other teams' totals.

"I don't think the boys have gotten first place before," Hanbeck said. "I don't think the girls have gotten first place, either."

Hernandez's individual victory was the first for a Vallecitos



the Vikings boys placed last, and

that year the temperature was 42

The coronavirus shutdown

This year Vallecitos had a

Both the boys and the girls ran on

"He was right behind him,"

Moreno Salazar was also second

Pauma's Azael Robles was

boys team score of 32 points.

The Vallecitos boys team takes first place in a cross country meet for the first time.

Village News/Ray Hanbeck photos

only four runners. In 2019, the of 55 points. Vallecitos girls were second while

The winning time for Hernandez was 15:39.

"She was behind the first-place girl coming into the last leg of the race," Hanbeck said.

The leader slowed down.

"She didn't have anything left. She ended up walking," Hanbeck said.

It allowed Hernandez to take over the lead.

"She always keeps a steady pace when she runs," Hanbeck said. "A steady pace wins the race."

Cottonwood's Hayden Ortego finished second with a time of 16:02. The third-place time of Cottonwood's Taaryle Langdon was 16:31. Pauma had the next two finishers with Yamileth Hinojosa taking 16:36 and Aaliyah Hernandez finishing in 16:37.

Cross-country coaches often emphasize pack running. Hanbeck told his girls to try to stay together and try to stay close to the front.

"That's exactly what they did. They stayed pretty close together," he said.

The other five Vallecitos girls finished sixth through 10th. Seventh-grader Ana Juan Pedro completed the course in 16:43; fifth-grader Rya Van Gompel had a 16:46 performance; seventhgrader Bianey Linares finished in 17:01; eighth-grader Dalina Hernandez posted a time of 17:10 and sixth-grader Madelyn Yanez crossed the finish line 17:22 after the race began. "They all came in really close together," Hanbeck said."I didn't know if they had it in them." Pauma's other four runners finished 13th, 14th, 19th and 20th. Yaretzy Saldana took 18:22, Diana Mora had a time of 18:50, Emily Delgadillo had a 20:03 performance and Maria Lizbeth Oros completed the course in 20:05. "I'm real proud of them for how they did," Hanbeck said of the Vallecitos boys and girls. "They pulled everything together and they really came through. They really came through under tough circumstances." The schools will next convene in Warner Springs for the Warner Softball Tournament which will be played Thursday, April 18, contingent upon satisfactory weather. The cross-country meet was the fifth of this academic year's seven tournaments. Vallecitos did not have a girls team for the Borrego Springs Basketball Tournament, but the Vikings girls won the Pauma Volleyball Tournament, the Vallecitos Soccer Tournament and the Cottonwood Flag Football Tournament. The Hamilton School in Anza participated in the league through last year but has transitioned to competition against schools with larger enrollments. Hamilton had hosted the cross-country meet, and Cottonwood has taken that over. The Vallecitos boys won the soccer and flag football tournaments while placing second in the volleyball and basketball tournaments. "We've got either first or second in all our tournaments," Hanbeck said. "I'm really happy with the way the season is shaping up."



The Vallecitos girls pose with their first-ever first place trophy in cross country.



www.fallbrookfoodpantry.org/dine-n-dash

third and finished in 13:02. Julian runners took fourth and fifth, and Vallecitos had the next four finishing positions.

"We were dominant in the top 10," Hanbeck said.

Fifth-grader Tiago Lopez edged seventh-grader James Sharkey for sixth place. Lopez had a time of 13:19.32 while Sharkey finished in 13:19.87. Seventh-grader Iker Yanez placed eighth at 13:52 while seventh-grader Leo Fuentes had the ninth-place time of 13:53.

"I'm just really impressed with how well they did," Hanbeck said. Sharkey placed 11th both in 2022 and 2023. His 2022 time was 16:11 and he completed the course in 15:34 last year. Yanez was 12th in the 2023 race and had a time of 15:42.

Vallecitos had ten boys in this year's race and Pauma had seven boys. The only Vallecitos eighthgrader, Jesus Perez, was 11th with a time of 15:02. Pauma took the next two positions with Albeyron Rivera posting a time of 15:18 and Jose Diaz finishing in 15:19. The seventh Vallecitos finisher, sixth-grader Andre McLaughlin, was 14th overall and had a time of 15:37. Vallecitos seventh-grader Miguel Diaz had the 20th-place time of 16:31.

Pauma's Manuel Grajeda was 21st at 17:38. The fifth Pauma finisher, Jesus Santiago, posted the 24th-place time of 19:04. Pauma's Gideon James finished in 19:37 for 26th place, and 27th-place Moises Torres of Pauma had a time of 19:43. Vallecitos runner Michael Alvarez became the 28th finisher 21:57 after the start of the race. A time of 22:01 for Eduardo Allegra of Vallecitos gave him 29th place.

The Vallecitos girls won the race with 31 team points.

"That was a complete surprise," Hanbeck said. "I was not expecting them to do as well as they did. We only had six girls, and none of them had actually run before."

Cottonwood placed second with 44 points. Pauma, which also had six girls, had the third-place score

FUESD to celebrate 51st annual Dornon Games with tradition and athletic excellence

FALLBROOK - The legacy continues as the 51st annual Dornon Games Track Meet will take place Saturday, April 20, at the Fallbrook Union High School stadium. This event, deeply rooted in Fallbrook tradition, promises to be a celebration of youth athletics and community spirit. The Dornon Games trace their origins back to the Fallbrook Street PTA and student council, under the visionary leadership of Don Dornon, a beloved teacher at the school. Following Dornon's death in 1976, a memorial fund was established to ensure the perpetuity of the track meet.

In 1977, the event was renamed the Dornon Games in honor of Don Dornon's profound dedication to the youth of Fallbrook, thus cementing his legacy in the community. What began as the Fallbrook Invitational Track Meet has evolved into a cherished annual tradition, culminating in a year-end celebration of the Physical Education program and a platform for showcasing the exceptional talents of young athletes in the region.

This year's event is set to host 450 4th-6th grade student athletes from all of the Fallbrook Union Elementary School District's Elementary Schools. The Dornon Games owe much of their success to the unwavering support of over 70 dedicated volunteers, some of whom have generously contributed their time for over 35 years.

We are thrilled to announce the 51st Annual Dornon Games Track Meet," Seth Trench, director of communication for FUESD, said. "It's a testament to the enduring spirit of Fallbrook and the



Competition was fierce at last year's Don Dornan Games.

commitment of our community to nurturing young talent. We invite everyone to join us on April 20th for a day filled with excitement,

athletic competition."

The 51st annual Dornon Games Track Meet promises to

camaraderie, and the thrill of be an unforgettable experience for participants and spectators alike. Join us as we honor the legacy of Don Dornon and celebrate the

Village News/FUESD photo

boundless potential of Fallbrook's vouth.

Submitted by Fallbrook Union Elementary School District.

Warriors girls dominate first two swim meets

Joe Naiman

Village News Reporter

A thunderstorm March 15 canceled Fallbrook High School's swim meet against Valley Center that afternoon, but the Fallbrook girls began the season with two league victories.

two relay teams from a school are scored.

A swimmer or diver is limited to no more than four events at a meet and no more than two individual events, and a diver may also swim if she does not exceed the maximum number of events at a meet.

the two league wins may or may not contribute to a Valley League championship for the Warriors.

Individuals or relay quartets rather than teams qualify for the CIF meet and, during the first two Fallbrook meets, the Warriors posted consideration qualifying times in all three relay events while four Fallbrook girls had consideration times in at least one

individual event.

Kela Kendall, who is a senior, met consideration standards in the 100-yard backstroke, the 100yard butterfly, and the 200-yard individual medley. Consideration times in the 50-yard freestyle, 100-yard freestyle, and 200-yard freestyle were posted by senior

freshman, began her high school career with consideration times in the 100-yard freestyle, 200yard freestyle, and 500-yard freestyle. Last year current senior Ava Dowden was the individual league champion in the 100yard breaststroke, and during the season's first week she posted a

The Warriors opened their season March 5 at home against Mission Hills and won that 111-54 meet. The March 7 home win over Pacific Ridge had a 123-41 score.

"It was good to see where we're at and what we can do," said Fallbrook coach Sean Redmond.

A school can enter up to three swimmers or divers in each individual event. Each school can have three quartets for each relay race, although no more than

Fallbrook has 33 girls, including two who dive exclusively and three who both swim and dive, so the Warriors can fill all varsity lanes and most junior varsity allocations.

This year's Valley League consists of eight teams. Regularseason standings account for half of the formula which determines the final league positions with the other half based on positions at the league championship meet, so

Senior softball players needed

FALLBROOK – Fallbrook Senior Softball is currently looking for new players who are 50 plus years of age. Games are played at Ingold Sports Park Mondays thru Thursdays at 4 p.m. with warmups beginning at 3:30. Each team is scheduled to play two games per week.

Potential players must show for a screening prior to being placed on a team so that appropriate placement can be made.

The league is currently in season

#2 which will end near the middle of June. The deadline for season #3 registration is June 15. The season #3 draft will be held at that time.

Interested players may email Commissioner Chuck at ChuckMattes19@gmail. com. Additional preliminary information including registration forms and an overview of the league can be found at http:// fallbrookseniorsoftball.org/.

Submitted by Fallbrook Senior Softball.

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Ava Papoulias. Ella Jean Martinez, who is a

consideration time in that event.

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following the presentation.

Fallbrook Gem & Mineral Society

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Information on this page is provided by the Fallbrook Chamber of Commerce. 111 S. Main Avenue • Fallbrook, CA 92028 760.728.5845

www.fallbrookchamberofcommerce.org

VILLAGE NEWS Gala dinner helps grow Hope

Lucette Moramarco Associate Editor

Hope Clinic for Women held its 19th Annual Inspiring Hope Gala March 15 at SonRise Christian Fellowship. With the support of the community, HCW has continued to offer its free services but needs help to keep growing along with the needs of its clients.

Executive Director Carolyn Koole reported that on the services provided in 2023: 23 babies were born to moms in the program; 1,040 client visits provided 4,050 free services; 71 free pregnancy tests and 88 free ultrasounds were given along with 789 individual educational classes.

Besides those services, nine abortion pill rescue treatments were given and over 2,500 volunteer hours were performed. Koole added that 80% of their clients have an annual income of less than \$15,000, 69% are single and 52% are under the age of 24.

Last year, God blessed HCW with a matching grant through Zion Lutheran Church. It was also able to replace its 12-year old ultrasound machine and to start a fatherhood program which celebrated its first anniversary the next day. Eight father coaches are currently volunteering their time.

There are new challenges this year; Koole said they have three mountains to move. The first is political forces as the California Attorney General has accused pro life centers of fraud in regard to the abortion reversal pill. Constant prayer is needed here, she said.

At the beginning of the program at the Gala, testimony was given by a client who was forced, by her boyfriend, to take the abortion pill. She said she thought, "there was nothing I could do," but she researched her options online and found HCW.

She rushed there the next day where an ultrasound was given along with the progesterone treatment which allowed her to keep her baby. She had to move out of state and get a restraining order against her abusive boyfriend but her daughter is now 1 year old and recently took her first steps. The young mother is a college student and president of her campus'

Students for Life group.

a volunteer-based ministry that operates on donations.

A young mother, Michelle, told about her experience with HCW, saying she really blessed by all the support she received, saying she didn't have to buy diapers for six months. But it was more than that; she said her advocate is more than just that; she's my friend who has done so much to support me in this.

Michelle recommends the program for its resources and weekly sessions that include 20 minute videos on subjects like teething. She brough her daughter Adeline with her for the event.

The main speaker was Heather Gemmen who was a young mother of two boys, living in an inner city neighborhood, when she was raped by an intruder one night when her husband was late in coming home, 28 years ago. She later discovered that she was pregnant because of the rape.

She knew she had three choices, she said. First, she felt that she couldn't keep the child, so that wasn't a choice. Second was abortion, which was tempting, but she grew up going to pro-life marches and couldn't do it. The third choice was adoption and her best friends were unable to conceive a baby, so she offered her baby to them.

They were ecstatic, but in the end, Gemmen couldn't give her baby away. She named her Rachel and the baby was so loved, adored and welcomed in the neighborhood. "She was always into things, into trouble, 'Gemmen said, but "she reminded me of God's power, God's greatness."

Her husband loved Rachel like she was his and they adopted one of the neighbor boys when he was left homeless. Even though her husband left her later on, her family causes her to "stand in awe of God" for the life he has given her. Rachel has given her two grandchildren and they live a mile away from Gemmen.

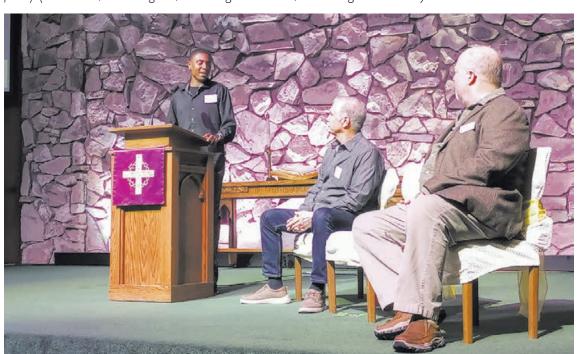
Her power point presentation includes this quote, "For I know the plans I have for you," declares the Lord, "plans to proper you and not to harm you, plans to give you hope and a future," - Jeremiah 29:11

She ended her talk by saying that "by standing side by side and supporting people, we feel God's beauty. It is a story of hope and grace.'



Heather Gemmen's powerpoint presentation included this photo of her and her family (three sons, one daughter, two daughters-in-law, and two grandchildren).

Village News / Courtesy photo



Eddie Robinson, pictured at the mic, delivers his testimony of how the

Village News / Jenna Ortiz photo

Fatherhood Mentorship Program at Hope Clinic provides an opportunity to glean the experience of fatherhood through those who have gone before him and come alongside to share their experiences of fatherhood. Also pictured, Mark Haskell, Eddie's coach, and Laurent Perkins, head of the mentorship



The second mountain HCW faces is financial challenges in the state, in healthcare, and the minimum wage going up 56%. So, for 2024, HCW needs to add 20 new \$100 monthly donors and 10 churches with monthly support. It also needs support to remodel its building, \$1,279,000 and for a 2-year campaign to pay off its building and secure its future, for \$364,200.

The third mountain is the need for volunteers. For program services, male and female volunteers are needed, four to six Spanish speaking and four English speaking.

The clinic also needs two volunteer RNs to train in ultrasound, training to provide STD testing and treatment, and to add eight hours of evening and weekend pregnancy support and medical services. HCW is

As of March 27, HCW's fundraising was at \$170,140 of the goal of \$175,000. Koole said, "We've had wonderful responses from those attending for the speaker and our client and dad. Rape is such a difficult message to address. Heather was able to demonstrate God's ability to display his grace in her life leaving her with awe in the love she had for her daughter concerned by rape. Heather's daughter has blessed her with grandchildren adding to the legacy of her decision for life. So beautiful."

Anyone interested in volunteering or wanting more information about HCW can call 760-728-4105, ext. 10 or visit http://www.hopefallbrook.com/.



Hope Clinic volunteers, from left, Makenzie Fearno, Emily Cardona, Darlene Village News / Jenna Ortiz photo Rodriguez, and Ariana Gastelun provide excellent cuisine catered by Trupiano's Italian Bistro



Hope Clinic volunteer Lauren Robinson shows a friendly smile as the crew begins to clean up after dinner.

Village News / Jenna Ortiz photo

Finishing up their chat as the crowd clears and dinner ends, friends Lisa Courtemanchu and Tammy Strand pause and smile as the night continues.

Village News / Jenna Ortiz photo

REAL ESTATE & HOME and GARDEN

Use pest control to protect your roses

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March greeted southwest Riverside County with an abundance of fresh new foliage and hopes for beautiful blooms to come. Maybe that's got you wondering: "How can I get better results this year?" Has doing the same thing year after year lived up to your expectations of good roses?

Gardening is a partnership between you and your plants: How about letting your garden and your roses "speak" to you? Take a daily walk around your garden and get to know all that lives there.

For example, take careful note of what's typical of each variety of rose in your garden. Is the foliage of one variety usually shinier than others? Maybe more purple when young or more green? How about the number, size and length of stems and buds? Do some varieties seem to need more frequent watering than others?

This awareness will help you notice earlier when something is going wrong. For example, you'll be better at recognizing when a given variety's foliage is starting to look dull – low water? – or has a white cast – mildew? – or orange spots on the underside of the leaves – rust?

You'll notice insect damage sooner too, such as the yellow or bronze color and distorted or stunted growth caused by chilli thrips, the webs and "graininess" from spider mites or the holes in petals nibbled by hoplia beetles.

Have a plan for what to do when you begin to notice the signs of stress, insect damage or fungal disease. One approach that has become very popular over the past few decades is called "Integrated Pest Management." It "integrates" mechanical, biological and chemical controls to take an environmentally gentler approach for safe and successful gardening.

Mechanical pest control

Your first line of defense is also the simplest and cheapest. For rose gardeners, these include early spring pruning that allows more ventilation through the center of the plant and reducing fungal infection; stripping off diseased leaves regularly, picking dead leaves from the garden bed and disposing them in the green waste bin and applying a 3-4 inch layer of composted mulch or other to the entire bed to reduce evaporation and keep the soil moisture and temperature more uniform to avoid water stress and build robust root systems that strengthen the plant overall.

Rinse down foliage to wash away dust and the fungal spores that adhere to it, directing a strong spray of water to the undersides of foliage to blow away spider mites which are usually on lower branches and aphids and thrips which are usually on the ends of stems and buds. Aphids are the first pest in spring, so check for them early and often. Females are born pregnant and reproduce quickly, so every time you spray them away, you prevent hundreds more.

Picking gray/black Hoplia beetles, which are most notable on light colored blooms, from between the petals light colored roses and drowning them in a cup of soapy water.

Watching for "lacy" leaves and manually squishing the tiny rose slugs on the undersides of the leaves.

Biological pest control

Your next line of defense involves marshaling help from your friends in the garden. Birds and insects, such as ladybugs, praying mantises, minute pirate bugs, assassin bugs and fly larvae, all eat some garden pests. Attract more of them by growing a diverse range of annual plants. Add a water feature such as a birdbath. Buy and release ladybugs and/or praying mantises.

Examine branches you prune off for praying mantis egg cases and setting them aside in a protected spot in the garden where they can mature without being trampled or tossed out.

Chemical pest control

The last line of defense allows the use of pesticides – that is, anything that kills insects - insecticides, mites - miticides or mildew and other fungi - fungicides. First identify and target only that pest. For personal safety and for minimal negative impact to pollinators and the environment, integrated pest management advocates only the least toxic products - those labeled "Caution." It's always recommended to spray in the early morning or late in the day when there is no bee activity. I know gardeners who use pesticides as their first and only defense. This method is costly, time consuming and can backfire by harming the good guys: the



pollinators and other beneficials, along with other harmless insects. Not only does regular and exclusive use of powerful pesticides help your pest population develop genetic resistance to the chemicals, it kills off the other insects that would otherwise eat those pests. Also, broad-spectrum insecticides don't kill mites - so you can create an infestation of spider mites that will be delighted to have their insect predators eliminated. For more on the problems associated with using only pesticides, visit http:// ipm.ucanr.edu/PMG/GARDEN/ PLANTS/rose.html. Gardeners who prefer to not spray often apply granular allin-one products that combine fungicide, fertilizer and a broadspectrum pesticide. It kills all insects, including pollinators, and it likely kills off beneficial fungi in the roots and soil. In addition, you can't use any parts of the rose for any edible product for fragrance, cooking or tea.

washes off dust and spores, may be offsetting that issue. In the next few incorporated into the depths. It isn't

Village News/Pexels.com photo

incorporated into the depths. It isn't easily accomplished in established gardens, but adding a 3-4 inches of a good composted mulch over the entire garden, leaving a 12 inch diameter circle open around base of each bush will go a long way to enriching your soil overall because over time earthworms help transport that mulch down into the soil where the microbiology is complex and multi-tiered. Adding a handful of worm castings now is a good idea for improving the soil biome. A healthy garden soil system is teeming with beneficial microbes that inhibit, compete with and consume disease-causing organisms. It creates a sustainable soil "immune system." In fact, plants grown with organic fertilizers are themselves more resistant to pests and diseases. In addition, when you feed those beneficial organisms, they feed your roses. That's because they are busy breaking down organic matter and releasing mineral nutrients slowly and reliably. I've recently learned that extra phosphate in the fertilizer that you use is most important in assisting in creating a soil environment that aids immensely in helping plants to be resistant to pests and diseases. Also helping plants to develop hardier root systems and larger blooms. Many gardeners become discouraged when they first experiment with organic treatments while still using chemical fertilizers. It is difficult – in fact, almost impossible – to have it both ways. Chemical fertilizers negatively impact the soil food web by poisoning entire portions of it. The fact is, chemical fertilizers are salts. What gardener hasn't seen what table salt does to a slug or snail? Salts absorb water and dehydrate the soil microbes which are the foundation of the soil nutrient system. Once you've used chemical fertilizers regularly you must keep adding more because the soil microbiology is weakened and unable to do its job of releasing naturally available nutrients to your plants.

Rose garden care this month

Now let's talk about how you can apply many of these techniques this month in your garden.

You might expect that more moisture automatically means more disease especially with fungal diseases such as powdery mildew, downy mildew and rust, but the lower temperatures and the cleansing action of the rain, which

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weeks, gardeners may begin to see some powdery mildew and rust.

Under these wet conditions, pay closer attention to the drainage of your soil. Roses like plenty of water but they don't respond well to soggy soil. If you see pools of water standing in your rose beds for a few hours after a downpour, you might do well to provide a temporary path for drainage using a hoe or shovel.

Like most people, roses love food-preferably good quality food on a regular basis. Not all fertilizers include all the micro/macro nutrients needed, so read the label on the packaging. Alternating the major fertilizer with fish emulsion of "Better Than Fish" every two weeks will help provide some of the micro nutrients. Organics are much better for your soil and ultimately for your garden and the environment. I'm told that sprinkling 1/2 cup of Epsom salt – magnesium sulfate - around large size plants, 1/4 cup for smaller plants, once in spring and once in fall can assist in getting new basal breaks, which are new canes from the bud union. I've done this many times, but I'm not sure it works. However, recently I've read that Epsom salt helps plants assimilate other mineral fertilizers in the soil and assists in "greening" up vegetation.

For general health and aeration, the soil needs a supply of

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Rains help to leach accumulated soil salts from the soil if there is sufficient drainage. Organic fertilizers and amendments, such as manure, compost or mulch, break down slowly, generally staying where you put them, and don't contribute to groundwater pollution as long as you prevent runoff into drains.

In addition, they improve the soil food web, so in the long run you end up using less product.

Chemical fertilizers are artificial growth stimulants and, in the long run, harm your soil and pollute local waterways because as dissolved salts they quickly leach through the soil becoming unavailable to your plants and enter the groundwater. How about swearing off chemical fertilizers for the rest of the year and starting to use organics? Give it a year. See if your roses don't reward you.

Fish emulsion diluted in water is also a good amendment, applied either foliarly or onto the soil around each bush.

You may have had some blooms already. Prune off the spent blooms. Cut the cane back to an outward facing bud at a three to five leaflet leaf for new growth. Air circulation is important to help prevent fungi diseases. The small

spurs growing inside the bush can easily be finger pruned to keep the center of the bush free of extraneous growth.

Giving the bush an early morning shower to rinse off the leaves may help to avoid powdery mildew. Do this early enough that the leaves will dry before the hot sun. It is possible that with night time dew a disease called botrytis can appear as discolored spots on the blooms, especially on blooms with 40 or more petals. Remove these as soon as disease is noticed.

Even with great observations and preventive methods, fungi may become a problem and chemical treatment may be needed to keep disease at bay. Make sure to deep water. An extended slow watering is more beneficial than a frequently short application.

The San Diego Rose Society is planning a rose show Saturday, May 4, so plan to attend to see, smell and learn about different varieties and find a new one for your garden. For more information, visit https://www. sandiegorosesociety.com/.

For more ideas, visit TVRS' Rose Haven Heritage Garden, 30592 Jedediah Smith Road, in Temecula, as well at http://TemeculaValleyRoseSociety.org/ index.shtml.

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FLC's Save Our Forest Environmental Education Program connects students with nature

FALLBROOK - Fallbrook is known for its lush groves and open spaces, but many young people have little to no interaction with nature. Fallbrook Land Conservancy's Save Our Forest committee has been addressing this inequity by connecting students with the local ecosystem through its Environmental Education Program for 19 years.

This volunteer-run program introduces students in local public schools to the benefits of native plants, while teaching natural resources conservation and promoting community volunteerism. The program, first envisioned and led for many years by SOF Chair Jackie Heyneman, not only educates students but also restores FLC preserves.

The program begins with volunteer leader Gizella Nyquist presenting an interactive lesson to the fourth grade students at Fallbrook Union Elementary School District schools and Vallecitos Elementary School. Students learn that the FLC provides open space preserves to the public for recreation and wildlife habitat, and how native wildlife depends on the native plants that are adapted to our local environment.

One of the most important tenets of the program is to help students understand that as an unincorporated community, Fallbrook depends on nonprofits like the FLC to provide important services, made possible by volunteers.

The students are then invited to volunteer personally and are given hands-on experience potting native plant seedlings. Holding a living plant and getting their hands dirty in soil solidifies the memory of the lesson they just received.

These student volunteers increase the depth of their knowledge through the Program in the fifth grade when they travel on a field trip to one of FLC's local preserves. This year, students visited Los Jilgueros Preserve, in the heart of Fallbrook and just a few minutes from each school.

This is a big adventure for students, who are greeted by program founder Jean Dooley and led to the entrance of the preserve. There, FLC Chair Susan Liebes gives the students an orientation, explaining how the preserve is the home to many plant and animal species and as visitors people need to be respectful of them by staying on trails, packing out trash, and not removing any flowers or other natural features. The fifth grade students then embark on an expedition, learning about the types of habitats found in the preserve as they hike about one mile through to the area where they will be volunteering once again, this time as part of a habitat restoration project. The seedlings the fourth graders potted are now big enough to be planted in the ground, and the fifth graders are instructed on how to do so. Adult volunteers are assigned to small groups of students to assist,



Village News/Gizella Nyquist photo FLC volunteer Janet Archey helps a Fallbrook STEM Academy fourth grader prepare to pot up a California black sage seedling.

and the kids get started digging to nourish their plant.

holes.Each student picks a native plant, this year from the coastal sage scrub ecosystem, either a California buckwheat, California sagebrush, black sage, coastal bush sunflower, coyote bush, or white sage.

It is the student's responsibility to carefully unpot the plant, make sure the hole is the correct depth, and get the plant situated in the ground. Students complete their work by carrying water and mulch

The field trip culminates with the hike back to the school bus, as students are asked to consider what the area they planted will look like in 100 years. Many guess that by then the plants will have grown to full size, filled in, and created

beautiful wildlife habitat. Some students worry that someday it will become a parking lot or a strip mall, but they are promised that, because the preserve is owned by the FLC, it A Fallbrook STEM Academy fourth grader shows off the white sage she transplanted into a 1 gallon pot. will be protected forever. In fact, they will be able to come here with their children or even their

grandchildren and show them

where they planted back when they

The SOF Environmental

Education Program reaches over

1,000 students in local schools

every year. The joy of this

experience is multiplied not only

by the students participating in the

program, but also by the dozens of

volunteers who make it possible.

were in fifth grade!

Village News/Susan Liebes photo

This outdoor educational experience creates vibrant memories for all who are involved and, as the plants grow, so will their connection with their natural environment.

For more information on the program and Fallbrook Land Conservancy, visit www. FallbrookLandConservancy.org.

Submitted by the Fallbrook Land Conservancy.





Volunteer Adam Bishop supervises fifth grade students as they dig holes for their plants pot.

Village News/Gizella Nyquist photo



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State works to better adapt to extreme dry, wet periods

Ching Lee

California Farm Bureau Federation

As California farmers struggle through impacts of rapid swings between intense drought and severe deluge, the state's water chief emphasized the need to better manage flood flows and groundwater during wet periods to improve water supply reliability during dry periods.

Karla Nemeth, director of the California Department of Water Resources, highlighted some of the work already underway during the state's weather whiplash in recent years. She also outlined long-term plans to help the state adapt more broadly.

Nemeth spoke during the California Farm Bureau Capital Ag Conference in Sacramento last month.

With reduced surface water supplies during the drought and implementation of the Sustainable Groundwater Management Act limiting groundwater pumping, California farms faced "dual pressures" that threatened their survival, Nemeth said. She also acknowledged that investments in water infrastructure -which farmers have urged for years – have been slow coming.

The atmospheric river storms that pummeled California in 2023 provided relief from the multiyear drought. The big rain events also tested how the state responded as it went from the driest three years on record to the wettest three weeks on record, Nemeth said.

Working with the state Water Resources Control Board and the U.S. Bureau of Reclamation, DWR managed to divert floodwaters and start recharging groundwater basins. Nemeth said the department learned a lot about how to streamline permitting and used tools such as satellite data to map out the best places for groundwater recharge. As a result, the San Joaquin Valley saw "incredible rebound of groundwater basins," with 300,000 acre-feet of groundwater recharged on the west side, she noted.

"It was a really important moment for us to roll up our sleeves and work directly with growers in the irrigation districts and flood agencies to figure out how do we get this project in the ground out on this timeline to take advantage of these storm events," Nemeth said.

Impacts of climate change and rising temperatures mean more of the state's water supply will come as rain rather than snow, with Southern California experiencing drier conditions over time and big pulses of water coming from more tropical storms, she said. The state's challenge, she added, is capturing that water with its existing water infrastructure and technology.

"Tools helping us understand water supply availability is going to be huge," Nemeth said. They include aerial snow observations that measure snow water and implementation of forecastinformed reservoir operations, which maintain flood space in reservoirs by releasing water at a particular pace as storms come in. Such strategies improve flood protection and the ability to store water, she said, and are "generating real results."

With the 10-year anniversary of the passage of SGMA, Nemeth said the state still must address land subsidence, particularly in the Central Valley, or "run into a lot of roadblocks" if it wants taxpayers to fund rehabilitation without having adequately arrested the problem.

In operating the State Water Project and the Central Valley Project, DWR and the U.S. Bureau of Reclamation must continue to comply with state and federal laws that protect endangered and threatened species, such as chinook salmon.

Nemeth said the department is using new genetic technology to help manage endangered species protection. Use of environmental DNA testing, she said, allows DWR to identify protected fish more accurately at pumping facilities. This is important because only winter-run and spring-run chinook salmon are protected. Before genetic testing, the old approach sometimes led to misidentification of the type of juvenile salmon, potentially triggering mandatory pumping restrictions. The improved accuracy of the genetic tests prevents unnecessary reduction in water capture.

Looking to the future and how the state manages weather extremes and their impacts on water supply, Nemeth said she thinks forecasting improvements, along with monitoring and understanding the availability of snowmelt over time, will be key. Forecastinformed reservoir operations and reinvestment in the CVP and the SWP are also part of the "big picture," she said.

A revised version of the California Water Plan, which is updated every five years, was released in September. The updated plan places "heavy emphasis on watershed scale management and how we bring both groundwater agencies and flood management agencies more fully into the water planning process, because that kind of watershed scale integration is where the solutions lie," Nemeth said.

San Bernardino County farmer Scott Hudson asked Nemeth about the long-term prospects of water companies that buy water from Northern California for groundwater recharge projects but also increasingly to expand housing.

Even though they may not be popular for everyone, Nemeth said she thinks water trading from the North State to regions where water is less abundant is here to stay. There is more precipitation in the north, she noted, and "we do have housing needs and housing goals too, and those homes need to be served."

She said she thinks the agricultural community and urban water users need to fully explore more flexibility in long-term water transfers that help generate revenue, which supports investment in infrastructure that makes those

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California Department of Water Resources Village News/Matt Salvo photo Director Karla Nemeth speaks at the California Farm Bureau Capital Ag Conference.

transfers possible.

"I am very much in favor of improving the flexibility of the transfer market," Nemeth said. "We are going to have some opportunities if we have the right infrastructure to move that water out and to engage the transfer market."

There are also opportunities for other types of investments, including water recycling, ocean desalination and brackish water desalination, she said.

Norm Groot, executive director of Monterey County Farm Bureau, asked Nemeth about costs associated with SGMA. He noted DWR approved six groundwater sustainability plans in the region that identified nearly \$600 million worth of projects that include brackish water desalination. But the cost of those projects could balloon to a billion dollars in the next 14 years, he pointed out.

"That's going to be a daunting task to fund that," Groot said. "We're really looking at how do we do that without bankrupting our communities and causing economic

havoc within our communities."

Nemeth said there will be economic impact in implementing sustainability plans, and "there aren't any silver-bullet answers." Projects that can demonstrate benefits to public safety, the environment and fish will have the best chance of getting funded, she said.

She also acknowledged the need for a funding plan that "looks at what communities can sustain, such as through pumping fees and property taxes," with support from state and federal dollars.

"There are opportunities there," Nemeth said. "How we pull them together just needs a lot of work, and I would recommend that you continue to voice that to our groundwater management folks because we talk a lot about what the solution sets are, including funding.'

Ching Lee is an assistant editor of Ag Alert. She may be contacted at clee@cfbf.com.

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Update your outdoor space for spring

Jane Kepley Special to Village News

Spring is an excellent season for spending more time outdoors. And if your home has a sizable outdoor space, that's even better.

A patio or yard presents so much opportunity: You can play with your kids or pets, invite the neighbors over for a cookout, or simply relax and enjoy the weather as it warms.

Before you do all of that, though, you should think about updating your outdoor space. Need help getting ready for spring? Here are some ideas:

Install string lights. Give your deck or patio some ambience while also adding functionality. You can hang out and chat with neighbors long after the sun goes down, and string lights look great during the daytime, too.

Refinish your deck. If you've had your wooden deck for a while, it may look pretty worn down, especially if you live somewhere with harsh weather. Refinishing it and adding a new coat of stain is a good way to give it a facelift.

Add elements of an outdoor kitchen. Full-on outdoor kitchens are trendy, but they can be expensive to install. For a more affordable option, consider adding a few small elements, like a highend grill or a small pizza oven. These are great to have if you like to entertain.

Invest in some yard games. Having a bocce or ladder ball set can keep kids and adults busy in the yard. You could also build a small horseshoe throwing pit or a mini putting green for more fun options.

Upgrade your seating. Outdoor furniture that's been in the elements for a while is likely in rough shape. You could get new furniture – maybe a multifunctional sectional or an outdoor dining set.

If you'd like to find a new home with more outdoor space, reach out to Jane Kepley with CR Properties at 760-622-0204 or *kepleyrealestate@att.net*.

Financial checklist for home buyers

FALLBROOK – Planning to buy a home in San Diego? Let's ensure you're financially prepared with this Financial Checklist for Home Buyers.

Financial checklist for home buyers

Do a financial checkup. Know your credit score, debt-to-income ratio, and savings. This will give you a clear picture of your financial readiness and help you set a realistic budget for your home purchase. It's best to reach out to a mortgage officer or financial adviser.

Get pre-approved. Submit financial documents to a lender, who will assess your creditworthiness and determine how much they are willing to lend you for a home purchase. Having a pre-approval letter gives you a plus points to sellers, letting them know that you are a serious and qualified buyer. Save for a downpayment. You don't need 20% down to buy a home and there are options available for home buyers with smaller down payments. Explore different loan programs and down payment assistance options to find the best fit for your financial situation. Review loan options. Familiarize yourself with available assistance programs for homebuyers in San Diego, such as first-time home buyer programs, and governmentbacked loan programs. Follow us on our social media channels to stay in the loop about these incentives. Factor in closing costs. The cost includes fees for services such as attorney's fees, appraisals,

title insurance, escrow, etc. This is around 2-5% of the home's purchase price.

Other homeownership costs. Aside from the mortgage payments, budget for ongoing home expenses like property taxes, homeowners insurance, and potential maintenance expenses.

Understand the mortgage terms. Thoroughly review the terms of the loan, including any potential fees or penalties. Clarify and ask questions about something you don't understand. Make sure you are 100% comfortable with the terms and fully understand your financial obligations as a homeowner.

Keep yourself in check. It might be tempting to plan on upgrades on the home right away or go on a home shopping spree before and even after closing. Go ahead if you have disposable income to do so, but if you're someone on a tight budget, it might be best to avoid making major purchases or opening a new credit card account to maintain your financial stability. Buying a home is an exciting milestone and entails big decisions that will change your life forever. Have the pros by your side – work with a trusted real estate agent so you can navigate the home buying process with confidence and peace of mind.

Rebecca

The Cowboys

My Fair Lady

Pirates of the Caribbean Dinner at Eight

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This article first appeared on Broadpoint Properties' website, <u>https://servingsandiegocounty.</u> <u>com</u>.

Submitted by Elisabeth Hartig Lentulo, broker associate, who can be reached at 760-532-1057, elisabeth@ehlentulo.com or <u>http://www.ehlentulo.com</u>. CalBRE #01904564



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EDUCATION

Potter Jr. High salutes its Rotary Students of the Month

FALLBROOK - The Fallbrook Union Elementary School District announced the commendation of two Potter Junior High School students, Isabella Magana and Bentley Nash, as Rotary Students of the Month by the esteemed Rotary Club of Fallbrook.

Recognizing the significance of acknowledging students who demonstrate exceptional academic prowess and exemplary leadership qualities, the Rotary Club selects two students from a local school each month. Isabella Magana and Bentley Nash, both students of Potter Junior High, have been selected for their achievements, commitment to learning and contributions to the school environment.

Isabella Magana has demonstrated dedication to academic excellence and serves as a role model to her peers with

consistent academic achievements and natural leadership abilities.

Bentley Nash is recognized for his academic accomplishments and leadership skills demonstrated within the school community.

Seth Trench, director of communications for Rotary Club, said, "Celebrating Isabella and Bentley as the Rotary Students of the Month is a testament to the exceptional talent and leadership within our student body. Their recognition underscores the dedication and commitment our schools uphold in shaping well-rounded, accomplished individuals. We are immensely proud of their achievements and the positive impact they continue to make within our school community."

Submitted by Fallbrook Union Elementary School District

Attending the Rotary Club of Fallbrook meeting are Potter Jr High Principal Alejandro Gonzalez, Students of the Month Isabella Magana and Bentley Nash, FUESD Superintendent Monika Hazel and Rotary Club of Fallbrook President Dale Mitchell.

Village News/FUESD photo

Scouts BSA is starting a new female Troop in Fallbrook



In Scouts BSA, girls can go kayaking and learn other outdoor skills.

FALLBROOK – Scouts BSA ethics and life skills. Girls ages Wednesday's from 6:30-8 p.m. is the all-girl version of the Boy 10 to 18 are welcome to join and at the VFW. Interested girls are Troop731GFallbrook@gmail. Article by Scout Abrielle



Village News/Courtesy photos

The Troop email is adventure with us.

Scouts – the Scouts in Troop 731G earn merit badges, camp, learn outdoor skills, hike, backpack, attend summer camp, do local fun activities such as bowling and earn Eagle rank just like a traditional Boy Scout Troop.

In addition, Scouts BSA is an organization that teaches morals, explore their interests, serve their communities and discover new talents.

The Scoutmaster for Troop 731G is Amber Gilliland, who is also a Cubmaster for a local Pack. Both Troop 731G and 731B are sponsored by the Veterans of Foreign Wars Post 1924 and meet welcome to attend a meeting and see what we are all about.

com. Come and discover your new talents and explore a new

Boucher, Senior Patrol Leader.

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Quotes from brothers Jameson, 7, and Seamus 5, over the years. Submitted by their mother Kathy Custer.

(Cuddling on the sofa, near bedtime)...

Jameson, age 5: "Is there such a thing as a Son Day?"

(Excited that Jameson has finally taken an interest in the days of the week, after an entire school year of reviewing it every day)

Mom: "Yes! There is a Sunday!" Jameson: "When is it?"

Mom: "Tomorrow. Today is Saturday, so tomorrow is Sunday."

Jameson: "No, no, not Sunday. Son Day."

Mom: "Yeah, Monday, Tuesday, Wednesday ... "

Jameson, interrupting: "I mean we celebrate moms, then dads. When do we celebrate sons? When

is Son Day? Mom: "Hahaha. Ummm, I think

every day is Son Day?"

Jameson in a flat deflated voice: "It doesn't feel like it."

(Mom is lecturing Jameson about choosing vegetables to eat) ...

Jameson, age 5: "Even though I have no idea what you just said, you're right."

(Mom is singing, "Hakuna Matata! What a wonderful phrase ... ") ...

Mom: "I've got that song stuck in my head. Have you ever had a song stuck in your head?"

Seamus, age 3: "No, but I've had one stuck in my body, in my belly button."





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VILLAGE NEWS

APRIL 4, 2024 (

Dr. McCaughan works in the world of equine athletes

FALLBROOK – Amid the rustling avocado groves and rolling hills in Fallbrook lies a sanctuary for a particular breed of athletes often overlooked - horses. Here in the community and throughout San Diego and Riverside counties, Dr. Marc McCaughan, a devoted equine veterinarian, makes it his choice every day to care for these athletes.

For McCaughan, the journey into the world of equine medicine began long before he set foot in Fallbrook. Raised amid the avocado groves of Los Angeles, his fascination with horses was sparked at a young age, igniting a lifelong dedication to their care and well-being.

After completing his studies at the University of California. Irvine, McCaughan embarked on a journey that would take him across borders and continents in pursuit of his passion. He pursued a degree in veterinary medicine at the University of Prince Edward Island in Canada, specializing in equine and sports medicine, honing his skills in the art of healing and nurturing these large animals.

After returning to California, McCaughan practiced for the Southern California racing circuit for three years before serving Orange County and then found his way to Fallbrook.

Today, his expertise extends far beyond the confines of a traditional veterinary clinic. As an equine veterinarian serving the Fallbrook area and beyond, he is entrusted with the care of some of the world's most amazing athletes, horses.

From the thundering hooves of racehorses on the track to the precision and grace of hunter jumpers in the arena, McCaughan bears witness to the remarkable athleticism and resilience of these animals on a daily basis. Despite their silent strength and unwavering determination, horses often go unrecognized for the extraordinary feats they

riders move in perfect harmony, executing intricate movements with grace and precision. Behind the scenes, McCaughan plays a pivotal role in ensuring the health and well-being of these equine athletes, offering tailored care and treatment to keep them performing at their peak.

He attends dressage shows throughout Southern California as an FEI certified veterinarian. In the realm of western pleasure, where the bond between horse and rider is celebrated through fluid movements and effortless transitions, McCaughan's expertise is sought after to address the unique needs of these athletes, from preventive care to rehabilitation.

But perhaps what sets McCaughan apart is not just his skill as a veterinarian, but his appreciation for the deep bond between humans and horses. Beyond the realm of medicine, he understands the importance of nurturing this connection, fostering a sense of trust and partnership that transcends words.

While McCaughan continues to serve the local equine community, he sheds light on the hidden greatness of horses and the profound impact they have on people's lives. Afterall, "McCaughan" does mean "friend of the horse."

McCaughan resides in Bonsall with his wife, Ashley, a local from Fallbrook. They enjoy traveling the world and riding horses everywhere they can.

To schedule an appointment with Dr. McCaughan, he can be reached at Temeku Equine Inc., 562-400-3298 and is available for emergency calls and to work together with owners, farriers, trainers, and riders to meet the common goal for the horse's success.

McCaughan also does a high volume of pre-purchase evaluations before buyers invest in these equine athletes and other services including X-rays,



Dr. Marc McCaughan offers mobile veterinarian services in San Diego and Riverside counties.

Village News/Courtesy photos



accomplish.

Take, for instance, the world of dressage, where horses and

ultrasound and gastroscopy. Submitted by Temeku Equine Inc..



Dr. Marc McCaughan examines the hoof on one of his patients.



Fallbrook native Ashley Colburn McCaughan, left and her husband, Dr. Marc McCaughan, Dr. Marc McCaughan specializes in the care of horses. ride horses while on a trip in Africa.



BUSINESS

Social Security and OIG hold annual National Slam the Scam Day

Security Administration and its Office of the Inspector General (OIG) partnered once again to raise public awareness about Social Security imposter scams during their fifth annual "Slam the Scam" Day on March 7.

"As public servants, we must use every tool at our disposal to raise awareness and protect the American people against Social Security imposter scams," said Martin O'Malley, Commissioner of Social Security. "Scammers use

VILLAGE NEWS

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ADJUDICATION

Village News has been granted by the courts of San Diego County the right of adjudication, legal No. GIN013243. We can accept legal notices for publication.

WASHINGTON – The Social fear and deception to scare people out of their critical benefits. We urge everyone to protect their personal information, remain vigilant, do not give money, and report any scam attempts to https://oig.ssa.gov.'

> Social Security scams - where fraudsters mislead victims into making cash, gift card, or wire transfer payments to fix alleged Social Security number problems or to avoid arrest – are an ongoing government imposter fraud scheme.

> Social Security impersonation scams have been one of the most common government imposter scams reported to the Federal Trade Commission. Social Security continues to make concerted efforts to address this issue, through extensive outreach and investigative initiatives.

Criminals use sophisticated tactics to trick potential victims into disclosing personal and financial information. Typically, they use these P's - Pretend, Prize or Problem, Pressure, and Payment. For example, scammers pretend they are from Social Security in phone calls, texts, emails, and direct messages on social media, and claim there is a problem with the person's Social Security number.

The scammer's caller ID may be spoofed to look like a legitimate government number. Scammers may also send fake documents to pressure people into complying with demands for information or money. Other common tactics include citing "badge numbers," using fraudulent Social Security letterhead, and creating imposter social media pages to target individuals for payment or personal information.

"On our fifth National Slam the Scam Day, we are just as committed as we were in 2020. The scammers have not stopped, and we will not stop in our commitment to increase public awareness of these pervasive scams," said Gail S. Ennis, Inspector General for SSA. "We are grateful for the many partnerships we have formed over the last 5 years in support of this initiative and the collaborative efforts that have come forth. We must continue to work together to slam the scam.'

Social Security will never tell you that your Social Security number is suspended; contact you to demand an immediate payment; threaten you with arrest; ask for your credit or debit card

numbers over the phone; request gift cards or cash; or promise a Social Security benefit approval or increase in exchange for information or money.

Social Security employees do contact the public by telephone for business purposes. Ordinarily, the agency calls people who have recently applied for a Social Security benefit, are already receiving payments and require an update to their record, or have requested a phone call from the agency. If there is a problem with a person's Social Security number or record, Social Security will typically mail a letter.

To report a scam attempt, go to https://oig.ssa.gov. For more information, visit http://www. ssa.gov/scam and http://www.ssa. <u>gov/fraud</u>.

County Employees give \$102K in grants

Shauni Lyles County of San Diego Communications Office

The County Employees' Charitable Organization distributed \$101,507 in grants to 58 local nonprofit programs and the Employee Crisis Fund at its annual awards ceremony at the County Operations Center, Friday, March 29.

Several local nonprofits, including health clinics, homeless service providers, after school programs and more, received grants. Among them was the Fallbrook Land Conservancy was given \$1,037 to buy gardening tools (shovels, hoes) for its Environmental Education & Restoration Program.

CECO has been the charitable arm of the County of San Diego since 1956 and strives to lend a hand to the community by way of grants to local nonprofit programs and assistance to employees and retirees in need. One hundred percent of donations made to CECO are distributed back to the community.

Submitted by the County Employees' Charitable Organization.



PREVIOUS ISSUES

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Village News/David Landry Katie Acosta serves drinks during lunch at Café des Artistes, 103 South Main Ave. Acosta's goal is to complete her PhD in psychology at Mount San Jacinto College. Prior to coming to the restaurant, she had completed Culinary Lab School in Orange County and graduated as chef.

REGIONAL

FCC to move ahead with rural wireless broadband plan

Rosenworcel, chair of the Federal Communications Commission, called on the agency to move ahead with plans to make targeted investments in the deployment of wireless broadband multi-round reverse services in rural communities. Wednesday, March 20.

The proposed rules shared with her fellow commissioners would, if adopted by a vote of the full commission, relaunch the 5G Fund for Rural America. The FCC's new and improved broadband coverage map, which the 5G Fund will use. shows that over 14 million homes and businesses lack mobile 5G coverage.

"For the first time in our history of supporting wireless networks through the universal service system, this agency has comprehensive data about where service is and is not all across the country,"

WASHINGTON - Jessica Rosenworcel said. "This will be the foundation of our plan to expand the 5G service in rural America to where it is needed most - where people live, work and travel."

> The 5G Fund Phase I auction would distribute up to \$9 billion to bring voice and 5G mobile broadband service to rural areas of the country unlikely to otherwise see unsubsidized deployment of 5G-capable networks. Additionally, to promote the deployment of Open Radio Access Network technology and its benefits for competition, national security and supply chain reliability, the 5G Fund would include up

to \$900 million in incentives for incorporating Open RAN in 5G Fund-supported networks.



auctions will be based on the mobile coverage data obtained in the Broadband Data Collection and reflected on the FCC's National Broadband Map. To ensure that the Phase I auction reflects the most accurate data possible regarding areas in need of

5G service, parties are encouraged to promptly file challenges through the Broadband Data Collection mechanism where appropriate.

The Second Report and Order circulated today would take a number of steps to improve the program, including modifying the definition of areas eligible for the auction and ensuring that areas in Puerto Rico and the U.S. Virgin Islands that meet the criteria would be included in the 5G Fund auction;

increasing the budget for Phase I of the 5G Fund auction and the Tribal reserve budget – a set-aside portion of the fund to support connecting Tribal communities; and requiring 5G Fund support recipients to implement cybersecurity and supply chain risk management plans as a condition of receiving support.

Submitted by Federal Communications Commission.





Village News

We were just looking through this week's and last week's publications with joy :) ... It is wonderful to have a community newspaper that supports education in our community the way the Village News does. Thank you to you and your entire staff for keeping all of the best of Bonsall USD in the news, we appreciate it. Thank you! 🗨 🗬 Gina McInerny

Executive Assistant to the Superintendent Bonsall Unified School District

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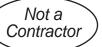
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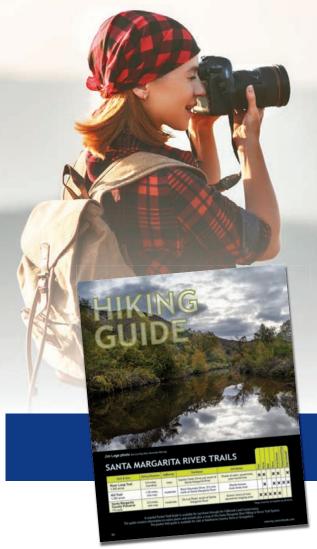


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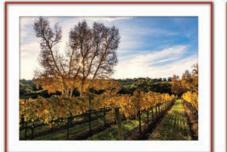
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LEGALS

T.S. No.: 23-9387 Notice of Trustee's Sale

Loan No.: ******5375 APN: 161-692-57-00 You Are In Default Under A Deed Of Trust Dated 9/2/2022. Unless You Take Action To Protect Your Property, It May Be Sold At A Public Sale. If You Need An Explanation Of The Nature Of The Proceeding Against You, You Should Contact A Lawyer. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: David Banks and Siena Park Banks, Husband And Wife As Joint Tenants Duly Appointed Trustee: Prestige Default Services, LLC Recorded 9/2/2022 as Instrument No. 2022-0352430 in book ---, page --of Official Records in the office of the Recorder of San Diego County, California, Date of Sale: 4/19/2024 at 9:00 AM Place of Sale: Entrance of the East County Regional Center East County Regional Center, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$971,922.25 Street Address or other common designation of real property: 656 Montage Road Oceanside CA 92057 A.P.N.: 161-692-57-00 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Notice To Potential Bidders: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. All checks payable to Prestige Default Services, LLC. Notice To Property Owner: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 793-6107 or visit this Internet Website www.auction.com, using the file number assigned to this case 23-9387. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site The best way to verify postponement information is to attend the scheduled sale. Notice To Tenant: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (800) 793-6107, or visit this internet website <u>www.auction.com</u>, using the file number assigned to this case 23-9387 to find the date on which the trustee's sale was held the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder, you should consider contacting an attorney or appropriate real estate professional immediately r advice regarding this potential right to purchase. Date: 2/13/2024 Prestige Default Services LLC 1920 Old Tustin Ave. Santa Ana. California 92705 Questions: 949-427-2010 Sale Line: (800) 793-6107 Tina Suihkonen, VP of Operations and Compliance Published: 3/28/24, 4/4/24, 4/11/24

Petition to Administer

NOTICE OF PETITION TO ADMINISTER ESTATE OF IRENE M TREMBLAY CASE NO. 37-2023-00047938-PR-PW-CTL

To all heirs. beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: **IRENE M TREMBLAY**

A Petition for Probate has been filed by MICHAEL E LACKO

in the Superior Court of California, County of SAN DIEGO

The Petition for Probate requests that MICHAELE LACKO be appointed as personal representative to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows:

Date: 04/18/2024 Time: 1:30pm Dept. 503 Address of court: 1100 Union St, San Diego, CA 92101 Central Courthouse

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

f you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk

Petitioner: Michael E Lacko, 985 Kensington Ave, Lemoore, CA 93245, (559) 347-4801 Legal: 6466

PUBLISHED: April 4, 11, 18, 2024

ORDINANCE NO. 357

AN ORDINANCE OF THE BOARD OF DIRECTORS OF THE FALLBROOK PUBLIC UTILITY DISTRICT SETTING THE AMOUNT OF PER DIEM COMPENSATION FOR THE BOARD OF DIRECTORS

WHEREAS, Public Utilities Code Section 16002 provides that the Board of Directors may increase the amount of per diem compensation that may be received by members of the Board by an ordinance adopted pursuant to Water Code Section 2020 of section 2020 20200. et seq.; and

WHEREAS, on February 26, 2023, the Board of Directors adopted Ordinance No. 355, setting per diem compensation at \$127.63 per day; and

WHEREAS, Water Code Section 20202 provides that the District may increase the amount of compensation which may be received by members of the Board of Directors in an amount not to exceed five percent (5%) for each calendar year since the effective date of the last adjustment: and

WHEREAS, a public hearing to consider an increase in the compensation of the members of the Board was duly noticed in accordance with Water Code Section 20203 and Government Code Section 6066, and said hearing was held on the date hereof.

BE IT ENACTED BY the Board of Directors of Fallbrook Public Utility District as

<u>SECTION I.</u> The Board of Directors of the District hereby amends Ordinance No. 327, "An Ordinance of the Board of Directors of the Fallbrook Public Utility District Authorizing an Increase in Compensation of Governing Board Members," Section 4, "Director Compensation," to read as follows:

Section 4. DIRECTOR COMPENSATION

Compensation for the Directors of the Governing Board for regular, adjourned compensation meetings, to include occurrences set forth in Socion 2.12 of the Administrative Code, is established at One Hundred Thirty Four Dollars (\$134.00) per day for each day's attendance. A Director shall not receive compensation for more than 10 days of service in a month. Increases will be subject to the requirements of California Public Utilities Code Section 16002 and California Water Code Section 20200 et seq.

SECTION II. All other provisions of Ordinance No. 327, as adopted on January 26, 2009, shall remain unchanged and in full effect.

SECTION III. Ordinance No. 355, adopted February 27, 2023, is hereby repealed and shall no longer be of any force or effect.

SECTION IV. Section 2.12 of the District's Administrative Code shall be revised To replace 'One Hundred Twenty Seven Dollars and Sixty-Three Cents (\$127.63)' with 'One Hundred Thirty Four Dollars (\$134.00)." All other provisions of Section 2.12 shall remain unchanged and in full force and effect.

SECTION V. If any clause or provision of this Ordinance is found to be void or unenforceable by a court of competent jurisdiction, the remaining provisions of this Ordinance shall nonetheless continue in full force and effect.

SECTION VI. This Ordinance shall be posted at three public places in the District and shall be caused to be published pursuant to Section 6061 of the Government Code in the Fallbrook Village News, a newspaper of general circulation. This Ordinance shall take effect on April 29, 2024, which date is at least one year from the operative date of the last adjustment and is no less than 80 days after its passage.

PASSED AND ADOPTED by the Board of Directors of the Fallbrock Public Utility District at a regular meeting of the Board held on the 26th day of February, 2024, by a roll call vote, as follows:

AYES: Directors Baxter, DeMeo, Endter, McDougal, and Wolk NOES: ABSTAIN: ABSENT:

ATTEST erns

Published March 14, 21,28, April 4, 2024

Sheriff's log

NOTE: While these reports have been taken straight from the Sheriff's Office, individuals are innocent until proven guilty. These addresses reveal the block number, not an exact location.

March 26	
1400 blk S. Mission Rd.	Arrest - Felony bench warrant our agency
35600 blk Asturian Way	Vandalism [\$400 or less]

March 27

2300 blk Via La Orilla

Arrest - Obstruct/resist executive officer with minor injury, possess controlled substance, use/under influence of influence of controlled substance, manufacture/sale/possess etc. brass knuckles, possess controlled substance in prison/jail

CLASSIFIEDS

Business Services

Premier Choice Management - Your Trusted PEO! Discover seamless service solutions with PCM: Payroll Excellence HR Support Robust Risk Management Comprehensive Insurance Coverage With 15+ years of industry expertise, become a part of the PCM Family! Join us for excellence in service and support. Contact us today to elevate your business: (760) 804-8000 or visit us today at premierchoicemanagement.com

Real Estate - For Rent

FREE RENT! Every 4th Mo. Free for 1 Year (3 Months Free Total!) Park Model Homes Rent-to-Own Available! \$567/Month + Space Rent Bingo, Shuffleboard, Square Dancing, Card Room, Pickleball, Resort Style Pool/ Spa & amp: More! Call 1 (858) 504-1222

3 MONTHS FREE RENT! RENT TO **OWN PARK COTTAGES! FROM \$649/** MO + Space Rent RESORT LIVING! Heated Pool + Spa Pickleball & amp MORE! 858-504-1222 CALL TODAY!

	controlled substance in prison/jail
Interstate 15/Pala Rd.	Arrest - Felony other agency's warrant
5200 blk S. Mission Rd.	(2) Arrests - (1) False identity to police officer, (2) Possess controlled substance and narcotic controlled substance, paraphernalia, and possession of controlled substance without prescription
100 blk W. Fig St.	Death
March 28	
1200 blk Old Stage Rd.	Arrest - Possess controlled substance paraphernalia, use/under the influence of controlled substance
S. Mission Rd.	Simple battery
200 blk Ash St.	Arrest - Possession of controlled substance paraphernalia
1100 blk E. Mission Rd.	Strong arm robbery
3100 blk S. Old Hwy 395	Simple battery
600 blk W. Elder St.	Burglary - Vehicle
100 blk E. Dougherty St.	Suicide - Attempt - 5150 - 72 hr observation
1600 blk S. Mission Rd.	Arrest - Obstruct/resist executive officer with minor injury, carry concealed dirk or dagger, possess controlled substance paraphernalia
March 29	
2300 blk Live Oak Park Rd.	Violate domestic violence court order
1500 blk S. Mission Rd.	Mental health observation - 5150 - 72 hr observation
1100 blk Sea Larke Dr.	Simple battery
1100 blk Old Stage Rd.	Obtain money/ect. by false pretenses [over \$950]
700 blk Glenhart Pl.	Prevent/dissuade victim/witness
500 blk Alturas Rd.	Vandalism [\$400 or less] and simple battery
1300 blk E. Mission Rd.	Arrest - Violate domestic violence court order, take vehicle without owner's consent/vehicle theft
March 30	
2000 blk Rice Canyon Rd.	Located other agency missing adult/juvenile
2300 blk Green Valley Rd.	Arrest - Felony other agency's warrant, contempt of court: disobey court order
1100 blk Alturas Rd.	Simple battery
1600 blk Dentro De Lomas Rd.	Suicide - Attempt - 5150 - 72 hr observation
March 31	
200 1 11 E E 111 1 C	

200 blk E. Fallbrook St.	Arrest - Spousal/cohabitant abuse with minor injury
1100 blk Alturas Rd.	Take vehicle without owner's consent/vehicle theft
1700 blk Vista Del Lago Dr.	Get credit/others I.D. etc.
35800 blk Bay Sable Ln.	Burglary - Vehicle
400 blk Ammunition Rd.	Simple battery

April 1

1100 blk Alturas Rd. Mental health evaluation - 5150 - 72 hr observation 2300 blk Paige Circle Arrest - Assault with a deadly weapon, contempt of court: disobey court order Employment

Fallbrook Window Washing Co. is now hiring the right person for a part-time window washing position. Healthy adults who would enjoy outdoor work and working inside people's homes are welcome to apply. Most of our business is residential and we usually stay in the Fallbrook/Bonsall area. Our schedule is partial days Monday through Thursday with occasional Fridays. We are proud of the fact that we have been serving Fallbrook for over 50 years. Please contact Janet at (760)728-8116 or fallbrookwindowwashing@yahoo.com

Home & Garden

Government study proves barn owls kill 2.000 gophers, rats and mice per year. Owl nest boxes installed by Arborist/ Falconer. 33 years in business. Tom (760) 445-2023 barnowlboxes.com

Military Stuff

Old military stuff bought Buy old military stuff - all types & condition. Call or text Bob 760-450-8498 historybuyer.com

Services Offered

Wellspring Herbs and Vitamins -Offering a large selection of high quality Herbs and Herbal Combinations. Vitamins, CBD Oils, Salves and Capsules, Essential Oils, Homeopathic Remedies, Bach Flower Emotional Essences, Teas, Organic Lotions and Skin and Hair Care products, etc. We offer Nutritional Consultations with Iridology and Live-Cell Analysis. Come on in for a FREE Bio Scan. We are open from 10-5 Monday thru Friday and 10-4 on Saturday. We are located at 1223 S. Mission Rd.

Transportation

Veterans Taxi Cab Service. Discounts for the elderly, veterans, and disabled. USA Veteran owned. Competitive pricing, maybe even the best! 40 years experience. Currently servicing the areas between Perris and Temecula, Moreno Valley, and Palm Springs Nick (951) 391-7503



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Village News IN PRINT AND ONLINE

Subscribe at: WWW.VILLAGENEWS.COM/SUBSCRIBE NOTICE OF TRUSTEE'S SALE Trustee Sale No. 132354-5 Loan No. 23-113CF - San Diego

LEGALS

Title Order No. 95313818 APN 228-420-35-00 TRA No. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 08/15/2023. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. MORTGAGE LENDER SERVICES, INC. as the duly appointed Trustee WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state) all right, title and interest conveyed to and now held by it under said Deed of Trust, described as follows: Trustor(s): IDEAL PROPERTY INVESTMENTS, LLC Deed of Trust: recorded on 08/24/2023 as Document No. 2023-0230245 of official records in the Office of the Recorder of SAN DIEGO County, California, Date of Trustee's Sale: 04/17/2024 at 10:00 AM Trustee's Sale Location: At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 The property situated in said County, California describing the land therein: LOTS 3 AND 4 IN ESCONDIDO TRACT NO. 151, IN THE CITY OF ESCONDIDO, COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, ACCORDING TO MAP THEREOF NO. 6396, FILED IN THE OFFICE OF THE COUNTY RECORDER OF SAN DIEGO COUNTY, JUNE 17, 1969. The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 530 OPPER STREET, ESCONDIDO, CA 92029. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$8,001,770.71* (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to sale. The Beneficiary may elect to bid less than the full credit bid. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this internet website <u>www.nationwideposting.com</u>, using the file number assigned to this case 132354-5. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. Date: 03/15/2024 MORTGAGE LENDER SERVICES, INC. 7844 Madison Ave., Suite 145 Fair Oaks, CA 95628 (916) 962-3453 Sale Information Line: 916-939-0772 or <u>www.nationwideposting.com</u> Lauren Meyer, Vice President MORTGAGE LENDER SERVICES, INC. MAY BE A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. NPP0458231 To: VILLAGE NEWS INC 03/28/2024, 04/04/2024, 04/11/2024 NOTICE OF TRUSTEE'S SALE T.S. No.: 2023-2141 Loan No.: EADDY/MOUSER YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 09/13/2021. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: WILLIAM BRAD EADDY Duly Appointed Trustee: ZTS Foreclosure Services, LLC Recorded 09/23/2021 as Instrument No. 2021-0669914 in book, page of Official Records in the office of the Recorder of SAN DIEGO County, California, Date of Sale: 04/11/2024 at 10:00 AM Place of Sale: At the entrance to Zenith Trustee Services, 217 Civic Center Drive #2, Vista, CA 92084 Amount of unpaid balance and other charges: \$266,000.76 Street Address or other common designation of real property: 11030 CADENCE COURT ESCONDIDO, CA 92026 A.P.N.: 187-461-16-00 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and successful bidder shall have no further recourse. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 760-758-7622 or visit this Internet Website WWW.ZENITHTRUSTEE.COM, using the file number assigned to this case 2023-2141. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call, 760-758-7622 or visit this internet website WWW.ZENITHTRUSTEE.COM, using the file number assigned to this case 2023-2141 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: 02/28/2024 ZTS Foreclosure Services, LLC A CA Limited Liability Company 217 Civic Center Drive # 2 Vista, California 92084 Sale Line: 760-758-7622 DANA A. FAZIO TRUSTEE OFFICER NPP0458203 To: VILLAGE NEWS INC 03/21/2024, 03/28/2024, 04/04/2024

FALLBROOK COMMUNITY PLANNING GROUP

Eileen Delaney, Chair Eileen.fallbrook@gmail.com

APRIL 2024 COMMITTEE MEETINGS AGENDAS

Para leer este agenda en español, copia y pega este texto en https://translate.google.com/ "No podemos garantizar la precisión de información que está traducido por medio de Google™ Translate. Este servicio de traducción se ofrece como recurso adicional para información."

LAND USE COMMITTEE Chair: Steve Brown steve.fallbrook@aol.com

LAND USE COMMITTEE WILL NOT MEET THIS MONTH

CIRCULATION COMMITTEE Chair Roy Moosa roymoosacalifornia@gmail.com

CIRCULATION COMMITTEE WILL NOT MEET THIS MONTH

DESIGN REVIEW BOARD COMMITTEE Chair Eileen Delaney Eileen.fallbrook@gmail.com

Wednesday, Aril 10, 2024 8:45 AM

Fallbrook Health District Wellness Center 1636 East Mission Road, Fallbrook, CA 92028

Agenda 1. CALL TO ORDER

2. ROLL CALL

3. PUBLIC FORUM. Opportunity for members of the public to speak to the Committee on any subject matter within the Committee's jurisdiction but not on today's agenda. Three-minute limitation. Non-discussion and non-voting item

 A. Request for Exemption of the Site Plan Permit process for the re-branding of signage. Location: 130 W. Fallbrook St. (Pacific Western Bank)
Applicant/Contact: Kasey Clark, AKC Permit Co., *info@akcservices.net*. DESIGN REVIEW BOARD COMMITTEE. Community input. Voting item.
5. Review of the updated proposed Fallbrook Revitalization Design Review Standards. Community input. Voting item. 6. ADJOURNMENT

PARKS & RECREATION COMMITTEE

Chair Stephani Baxter stephani.fallbrook@amail.com

PARRKS & RECREATION COMMITTEE WILL NOT MEET THIS MONTH

PUBLIC FACILITIES COMMITTEE Chair: Jeniene Domerca jeniene.fallbrook@gmail.com

PUBLIC FACILITES COMMITTEE WILL NOT MEET THIS MONTH

FALLBROOK COMMUNITY PLANNING GROUP OFFICERS AND CHAIRS MEETING Chair Eileen Delaney

eileen.fallbrook@gmail.com

TUESDAY, April 23, 2024 10:30 AM

Fallbrook Chamber of Commerce Board Room 111 S Main Ave. Fallbrook, CA 92028

AGENDA

1. CALL TO ORDER.

2. PUBLIC FORUM. Opportunity for members of the public to speak to the Committee on any subject matter within the Committee's jurisdiction but not on today's agenda. Three-minute limitation. Non-discussion and non-voting item. 3. DISCUSSION / VOTING ITEMS AS NEEDED:

Committees and Members/ Changes

- Agenda items.
- Community Concerns
- Website
- Social Meeting
- County Updates on new ordinances, State laws 4. ADJOURNMENT

NOTE: The Fallbrook Planning Group occasionally has openings on its Committees for non-elected community members. Interested parties should

contact the respective Committee Chairs: Land Use Committee Chair Steve Brown steve.fallbrook@aol.com, Circulation Committee Chair Roy Moosa: 760-723-1181), Parks & Recreation Committee Chair Stephani Baxter: (stephani.fallbrook@gmail.com), Public Facilities Committee Chair Roy Moosa: (760-723-1181), and Design Review Committee Chair Eileen

Delaney: (eileen.fallbrook@gmail.com), Ad-Hoc Cannabis Committee Chair, Jeniene Domercq, jeniene.fallbrook@gmail.com

This is a preliminary agenda. If any changes are made, a final agenda will be posted at the Fallbrook Chamber



We were just looking through this week's and last week's publications with joy :) ... It is wonderful to have a community newspaper that supports education in our community the way the Village News does. Thank you to you and your entire staff for keeping all of the best of Bonsall USD in the news, we appreciate it. Thank you!

Gina McInerny Executive Assistant to the Superintendent **Bonsall Unified School District**

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of Commerce (111 S Main Avenue) at least 72 hours prior to the meetings)

Eileen Delaney, Chairperson, Fallbrook Community Planning Group & Design Review Board. Email: Eileen.Fallbrook@gmail.com

OFFICIAL

PLANNING GROUP AGENDAS, MINUTES AND INFORMATION

Website: www.fallbrookplanninggroup.org FaceBook: https://www.facebook.com/Fallbrook-Planning-Group-109111577938214

Agendas and other information can also be found at:

https://www.sandiegocounty.gov/pds/gpupdate/comm/fallbrook.html.

Published April 4, 2024

NOTICE OF TRUSTEE'S SALE T.S. No.: 2023-7374 Loan No.: LOUTTIT/LEONE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 11/08/2022. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: SALLY SARMIENTO LOUTTIT Duly Appointed Trustee: ZTS Foreclosure Services, LLC Recorded 11/14/2022 as Instrument No. 2022-0434410 in book, page of Official Records in the office of the Recorder of SAN DIEGO County, California, Date of Sale: 04/11/2024 at 10:00 AM Place of Sale: AT THE ENTRANCE TO ZENITH TRUSTEE SERVICES, 217 CIVIC CENTER DRIVE #2, VISTA, CA 92084 Amount of unpaid balance and other charges: \$89,054.29 Street Address or other common designation of real property: 3152 BEVEN DRIVE ESCONDIDO, CA 92027 A.P.N.: 225-810-1400 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee in unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 760-758-7622 or visit this Internet Website WWW. ZENITHTRUSTEE.COM, using the file number assigned to this case 2023-7374. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call, 760-758-7622 or visit this internet website WWW.ZENITHTRUSTEE. COM, using the file number assigned to this case 2023-7374 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. ALL BIDDERS MUST HAVE CRETIFIED FUNDS PAYABLE TO ZTS FORECLOSURE SERVICES, LLC, IN ORDER TO BID AT THE SALE. Date: 03/12/2024 ZTS Foreclosure Services, LLC A CA Limited Liability Company 217 Civic Center Drive # 2 Vista, California 92084 Sale Line: 760-758-7622 Dana A. Fazio, Trustee Officer NPP0458114 To: VILLAGE NEWS INC 03/21/2024. 03/28/2024. 04/04/2024

Legal Notice

LEGAL NOTICE THE PEOPLE OF THE STATE OF CALIFOR-NIA FILED A PETITION FOR A TEMPORARY RESTRAINING ORDER AND A PRELIMI-NARY INJUNCTION IN ORDER TO PRO-TECT AND PRESERVE THE PROPERTY AND ASSETS DESCRIBED BELOW

The People of the State of California (through the California Attorney General's Office) are petitioning the San Diego County Superior Court for a preliminary injunction to preserve and protect property owned and controlled by MICHELLE MACK and KENNETH MACK, for the purpose of using existing and future assets and income to pay victim restitution and fines for fraud alleged in the San Diego County Superior Court case of People v. Mack, et al., Case No. CD302211.

The following assets are subject of the PETI-TION FOR A TEMPORARY RESTRAINING ORDER AND A PRELIMINARY INJUNCTION:

REAL PROPERTY: 30434 Montrachet Street. Bonsall, CA 92003; APN: 1264811500; Owners Michelle Mack and Kenneth Mack.

BANK ACCOUNTS: Bank of America accounts associated with the above parties ending in: 0059; 3175; 6423; 8489; 8502.

IF YOU ARE A VICTIM OF THE ALLEGED FRAUD, YOU NEED NOT TAKE ANY ACTION PURSUANT TO THIS NOTICE.

IF YOU CLAIM ANY INTEREST IN ANY of the above-mentioned ASSETS AND WISH TO PROTECT THAT INTEREST, YOU SHOULD FILE A VERIFIED CLAIM WITHIN THIRTY (30) DAYS AFTER ACTUAL KNOWLEDGE OF THIS NOTICE. Pursuant to Penal Code Section 186.11(d)(6) your verified claim should be filed with the San Diego County Superior Court in case CD302211, and should identify each asset in which you claim any interest and state the nature and amount of your interest in such asset

You must serve a copy of the verified claim on Deputy Attorney General Aseil Mohmoud, Special Prosecutions Section, Office of The Attorney General, 600 W Broadway, San Diego, CA 92101. IF YOU DO FILE A CLAIM YOU MAY ALSO REQUEST A HEARING under Penal Code section 186.11(f)(2) with notice to the Attorney General as described above. SEE PENAL CODE SECTION 186.11(F)(2).

IF YOU KNOW OF THESE PROCEEDINGS AND DO NOT FILE A VERIFIED CLAIM AS PROVIDED BY PENAL CODE SECTION 186.11(d)(6) YOUR INTEREST IN THE AS-SETS LISTED HEREIN MAY BE ELIMINATED OR ADVERSELY AFFECTED

Published March 21, 28, April 4, 2024

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT

a. WHOLESALE TUBE BENDING

b. WTB MUFFLER AND AUTOMOTIVE

Frank Arcis, 257 N. Emerald Dr #C, Vista, CA

Registrant first began to transact business under

the fictitious name listed above as of 9/30/2009

THIS STATEMENT WAS FILED WITH THE

RECORDER/COUNTY CLERK OF SAN DIEGO

LEGAL: 6458

PUBLISHED: March 28, April 4, 11, 18, 2024

FICTITIOUS BUSINESS NAME STATEMENT

a. HOPE BEYOND BORDERS

b. LOVE SERVE HOPE

Mailing address: PO Box 6592, Oceanside, CA 92052

The Circle of Concern, Inc, PO Box 6592,

This Corporation is registered in the state of

Registrant first began to transact business under

the fictitious name listed above as of N/A THIS STATEMENT WAS FILED WITH THE

RECORDER/COUNTY CLERK OF SAN DIEGO

LEGAL: 6459

PUBLISHED: March 28, April 4, 11, 18, 2024

FICTITIOUS BUSINESS NAME STATEMENT

VINTOX

4140 Oceanside Blvd. Ste 159-407, Oceanside,

Mailing address: 4140 Oceanside Blvd. Ste 159-

This business is registered by the following: Vintox, LLC, 4140 Oceanside Blvd. Ste 159-407,

This business is conducted by a Limited Liability

This LLC is registered in the state of California

Registrant first began to transact business under the fictitious name listed above as of N/A

THIS STATEMENT WAS FILED WITH THE

RECORDER/COUNTY CLERK OF SAN DIEGO

LEGAL: 6460

PUBLISHED: March 28, April 4, 11, 18, 2024

FICTITIOUS BUSINESS NAME STATEMENT

O'SIDE CARPET CLEANING

245 Franciscan Way, Oceanside, CA 92051 Mailing address: PO Box 444, San Luis Rey,

This business is registered by the following:

This business is conducted by an Individual

the fictitious name listed above as of N/A

Eric Shawn Doherty, 245 Franciscan Way,

Registrant first began to transact business under

THIS STATEMENT WAS FILED WITH THE

RECORDER/COUNTY CLERK OF SAN DIEGO

LEGAL: 6461

PUBLISHED: March 28, April 4, 11, 18, 2024

Change of Name

AMENDED ORDER TO SHOW CAUSE FOR

This business is conducted by a Corporation

790 Grey Haek Ct, Oceanside, CA 92057

This business is registered by the following:

257 N. Emerald Dr #C, Vista, CA 92083

This business is registered by the following:

This business is conducted by an Individual

File Number: 2024-9006169

COUNTY ON Mar 19, 2024

File Number: 2024-9005713

Name of Business

Oceanside, CA 92052

COUNTY ON Mar 13, 2024

File Number: 2024-9005778

407, Oceanside, CA 92056

COUNTY ON Mar 13, 2024

File Number: 2024-9006303 Name of Business

Oceanside, CA 92056

Name of Business

CA 92056

Company

CA 92068

County: San Diego

Oceanside, CA 92051

California

Name of Business

County: San Diego

92083

LEGALS

The deadline for Legal notices is Monday, noon. Email to legals@reedermedia.com.

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT

CS KITCHEN SAFETY & TRAINING

1265 Breakaway Drive, Oceanside, CA 92057

Mailing address:1265 Breakaway Drive,

This business is registered by the following:

This business is conducted by an Individual

Sean Patrick Ryan, 1265 Breakaway Drive, Oceanside, CA 92057

Registrant first began to transact business under the fictitious name listed above as of N/A

THIS STATEMENT WAS FILED WITH THE

RECORDER/COUNTY CLERK OF SAN

LEGAL: 6448

PUBLISHED: March 14, 21, 28, April 4, 2024

FICTITIOUS BUSINESS NAME STATEMENT

WHATEVER THE DAYS

4015 Park BLVD Suite 215, San Diego, CA

Mailing address: 6576 Guava Way, San Diego,

This business is registered by the following:

This business is conducted by an Individual

Davina Agyemang-Donkor, 6576 Guava Way, San Diego, CA 92130

Registrant first began to transact business under the fictitious name listed above as of 1/6/2024

THIS STATEMENT WAS FILED WITH THE

RECORDER/COUNTY CLERK OF SAN

LEGAL: 6449

PUBLISHED: March 14, 21, 28, April 4, 2024

FICTITIOUS BUSINESS NAME STATEMENT

CARMEL MOUNTAIN REHABILITATION

AND HEALTHCARE CENTER

11895 Avenue of Industry, San Diego, CA 92128

Mailing address: 29222 Rancho Viejo Road,

Suite 127, San Juan Capistrano, CA 92675

This business is registered by the following:

Bernardo Heights Healthcare Inc, 29222 Rancho

Viejo Road, Suite 127, San Juan Capistrano,

This business is conducted by a Corporation

This Corporation is registered in the state of

Registrant first began to transact business under

the fictitious name listed above as of 3/1/2008

THIS STATEMENT WAS FILED WITH THE

RECORDER/COUNTY CLERK OF SAN

LEGAL: 6450

PUBLISHED: March 14, 21, 28, April 4, 2024

FICTITIOUS BUSINESS NAME STATEMENT

UV PROTECTION SYSTEMS

4971 El Mirlo Drive, Oceanside, CA 92057 Mailing address: 4971 El Mirlo Drive, Oceanside,

This business is registered by the followina:

This business is conducted by an Individual

the fictitious name listed above as of N/A

Registrant first began to transact business under

THIS STATEMENT WAS FILED WITH THE

RECORDER/COUNTY CLERK OF SAN

LEGAL: 6451

PUBLISHED: March 14, 21, 28, April 4, 2024

Chad Mansell, 4971 El Mirlo Drive

DIEGO COUNTY ON Mar 07, 2024

DIEGO COUNTY ON Feb 28, 2024

File Number: 2024-9005278

Name of Business

County: San Diego

CA 92057

DIEGO COUNTY ON Feb 07, 2024

File Number: 2024-9004431

Name of Business

County: San Diego

CA 92675

Nevada

DIEGO COUNTY ON Feb 29, 2024

File Number: 2024-9002840

Name of Business

CA 92130-5662 County: San Diego

92103

File Number: 2024-9004499

Name of Business

Oceanside, CA 92057

County: San Diego

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2024-9006484

Name of Business FION SEN ENTERPRISES 1916 Green Vista Lane, Fallbrook, CA 92028 Mailing address: 1916 Green Vista Lane, Fallbrook, CA 92028 County: San Diego This business is registered by the following:

Fictitious Biz. Name

a. Cheryl Marie Garvin, 1916 Green Vista Lane, Fallbrook, CA 92028

b. David Bruce Garvin, 1916 Green Vista Lane, Fallbrook, CA 92028

This business is conducted by a Married Couple Registrant first began to transact business under the fictitious name listed above as of N/A THIS STATEMENT WAS FILED WITH THF RECORDER/COUNTY CLERK OF SAN DIEGO

COUNTY ON Mar 22, 2024 LEGAL: 6464 PUBLISHED: April 4, 11, 18, 25, 2024

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2024-9007051

Name of Business PEOPLE OF THE HORSE

3807 Valle Del Sol, Bonsall, CA 92003 Mailing address: 3807 Valle Del Sol, Bonsall, CA 92003 County: San Diego

This business is registered by the following:

a. Michele Calandrino, 3807 Valle Del Sol, Bonsall, CA 92003 b. Sara Lynn Hogan, 3807 Valle Del Sol, Bonsall,

CA 92003 This business is conducted by a General

Partnership Registrant first began to transact business under the fictitious name listed above as of 4/4/2023 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Mar 29, 2024

LEGAL: 6465 PUBLISHED: April 4, 11, 18, 25, 2024

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2024-9004670

Name of Business CALIFORNIA VASCULAR HEALTH

8273 Top O The Morning Way, San Diego, CA 92127 Mailing address: PO Box 5000-54, Rancho Santa Fe, CA 92067

County: San Diego This business is registered by the following: Entersurg, PO Box 5000-54, Rancho Santa

Fe CA 92067 This business is conducted by a Corporation

Registrant first began to transact business under the fictitious name listed above as of N/A THIS STATEMENT WAS FILED WITH THE

LEGAL: 6452

Public Notice

Copyright number 00087346-1

Title

Received on 2024-02-24 20:47:20 Sole Author Yes

Category Other > Other

My name

Description ANNA MARIE EVANS Anna Marie Evans ANNA M EVANS Anna M Evans EVANS, ANNA MARIE Evans, Anna Marie Any and all variations of including misspellings FICTITIOUS BUSINESS NAME STATEMENT File Number: 2024-9004882 Name of Business a. MOTHER NATURE'S GEMS **b. MY FAVORITE ANIMAL RIDES** 5 Plaza Viejas, Alpine, CA 91901 Mailing address: same County: San Diego This business is registered by the following: Universal Meditation & Healing Center, 5 Plaza Viejas, Alpine, CA 91901 This business is conducted by a Corporation This Corporation is registered in the state of CA Registrant first began to transact business under the fictitious name listed above as of N/A THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Mar 05, 2024

LEGAL: 6455 PUBLISHED: March 21, 28, April 4, 11, 2024

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2024-9002898 Name of Business

WESTLAKE REALTY AND FINANCIAL GROUP

1236 1/2 Hornblend St, San Diego, CA 92109 Mailing address: Same above County: San Diego

This business is registered by the following: James Doody, 1236 1/2 Hornblend St, San Diego, CA 92109

This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of 2/7/2024 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Feb 07, 2024 LEGAL: 6456

PUBLISHED: March 21, 28, April 4, 11, 2024

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2024-9005896 Name of Business

RRA

208 e. Mission Rd., Fallbrook, CA 92028 Mailing address: 201 Morro Rd, Fallbrook, CA 92028

County: San Diego

This business is registered by the following: Dolores Gaona, 201 Morro Rd, Fallbrook, CA This business is conducted by an Individual

Registrant first began to transact business under the fictitious name listed above as of N/A THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Mar 15, 2024 LEGAL: 6457

PUBLISHED: March 21, 28, April 4, 11, 2024

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2024-9005530 Name of Business

AURYN OAKS

3555 Rosecrans St. Suite 114-106, San Diego, CA 92110

County: San Diego This business is registered by the following: Golden Oaks Enterprises LLC, 3555 Rosecrans St. Suite 114-106, San Diego, CA 92110 This business is conducted by a Limited Liability

Company This LLC is registered in the state of California Registrant first began to transact business under the fictitious name listed above as of N/A THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO

COUNTY ON Mar 11, 2024 LEGAL: 6453 PUBLISHED: March 14, 21, 28, April 4, 2024

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case Number: 37-2024-00010154-CU-PT-NC

CHANGE OF NAME Case Number: 37-2024-00007290-CU-PT-

COUNTY ON Mar 20, 2024

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case Number: 37-2024-00011431-CU-PT-NC TO ALL INTERESTED PERSONS

Petitioner: EDWARD TRUONG

Present Name: EDWARD TRUONG

Proposed Name: TUONG TRUNG TRUONG

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.*

NOTICE OF HEARING Date: 4-26-24 Time: 8:30 am Dept: 25 The address of the court is 325 S. Melrose Dr, Vista, CA 92081 North County

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village

NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE

The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120).

If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified). the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One copy of the Order Granting the Petition will be mailed to the petitioner.

To change a name on a legal document, including a birth certificate, social security card. driver license, passport, and other identification, a certified copy of Decree Changing Name (JC Form #NC-130) or Decree Changing Name and Order Recognizing Change of Gender and for Issuance of New Birth Certificate (JC Form #NC-230) may be required. Contact the agency(ies) who issue the legal document that needs to be changed, to determine if a certified copy is required.

A certified copy of Decree Changing Name (JC Form #NC-130) or Decree Changing Name and Order Recognizing Change of Gender and for Issuance of New Birth Certificate (JC Form #NC-230) may be obtained from the Civil Business Office for a fee. Petitioners who are seeking a change of name under the Safe at Home program may contact the assigned department for information on obtaining certified copies.

If all requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions.

If a timely objection is filed, the court will set a remote hearing date and contact the parties by mail with further directions.

A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified date. The court will notify the parties by mail of a future remote hearing date.

Date: MAR 12 2024 Signed: Brad A Weinreb, Judge of the Superior Court. LEGAL: 6462 PUBLISHED: March 28, April 4, 11, 18, 2024

SPECIALISTS 92028 This Corporation is registered in the state of CA

RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Mar 01, 2024

PUBLISHED: March 14, 21, 28, April 4, 2024

Petitioner: MICHELLE MIRACLE MONTGOMERY

ALL INTERES

Present Name: MICHELLE MIRACLE MONTGOMERY Proposed Name **RUTH DAILEY**

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matis scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING

Date: 4/19/24 Time: 8:30 am Dept: 25 The address of the court is 325 S. Melrose Dr,

Vista, CA 92081 North County A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village

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If all requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions.

If a timely objection is filed, the court will set a remote hearing date and contact the parties by mail with further directions.

RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OB-JECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified date. The court will notify the parties by mail of a future remote hearing date. Date: MAR 05 2024 Signed: Brad A. Weinreb, Judge of the Superior Court. LEGAL: 6454

PUBLISHED: March 14, 21, 28, April 4, 2024

TO ALL INTERESTED PERSONS Petitioner: BRITTANY AMBER MOLNAR Present Name: BRITTANY AMBER MOLNAR Proposed Name: BRITTANY AMBER DONNAN

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.* NOTICE OF HEARING

Date: 5/6/24 Time: 8:30 AM Dept: C-61 The address of the court is 330 West Broadway, San Diego, CA 92101

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News

NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE.

The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120).

If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC 100) will be granted without a hearing. One copy of the Order Granting the Petition will be mailed to the petitioner.

To change a name on a legal document, including a birth certificate, social security card, driver license, passport, and other identification, a certified copy of Decree Changing Name (JC Form #NC-130) or Decree Changing Name and Order Recognizing Change of Gender and for Issuance of New Birth Certificate (JC Form #NC-230) may be required. Contact the agency(ies) who issue the legal document that needs to be changed, to determine if a certified copy is required.

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If all requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions.

If a timely objection is filed, the court will set a remote hearing date and contact the parties by mail with further directions.

A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified date. The court will notify the parties by mail of a future remote hearing date.

Date: MAR 21, 2024 Signed: Maureen F. Hallahan, Judge of the Superior Court. LEGAL: 6437

PUBLISHED: March 28, April 4, 11, 18, 2024

Petition to Administer

NOTICE OF PETITION TO ADMINISTER ESTATE OF LESLIE ANN THOMPSON CASE NO. 24PE000057C To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: LESLIE ANN THOMPSON A Petition for Probate has been filed by

ERIN ARCHBOLD in the Superior Court of California, County

of SAN DIEGO

The Petition for Probate requests that ERIN ARCHBOLD be appointed as personal representative to administer the estate of the decedent

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows:

Date: 04/25/2024 Time: 1:30 P.M. Dept. 503 Address of court: 1100 Union St, San Diego,

CA 92101

Central Courthouse

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner: Rachel King, 34859 Frederick Street, Suite 108, Wildomar, CA 92595, 951.834.7715

Legal: 6463 PUBLISHED: April 4, 11, 18, 2024

T.S. No.: 230901297 Notice of Trustee's Sale

Loan No.: 101922-B Order No. 95527994 APN: 156-180-20-00 Property Address: 1241 Carlsbad Village Drive Carlsbad, CA 92008 You Are In Default Under A Deed Of Trust Dated 10/19/2022. Unless You Take Action To Protect Your Property. It May Be Sold At A Public Sale. If You Need An Explanation Of The Nature Of The Proceeding Against You, You Should Contact A Lawyer. A public auction sale to the highest bidder for cashier's check drawn on a state or national bank, cashier's check drawn by a state or federal credit union, or a cashier's check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s) advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. No cashier's checks older than 60 days from the day of sale will be accepted. Trustor: 1241 Carlsbad Village Drive, LLC, a California limited liability company Duly Appointed Trustee: Total Lender Solutions, Inc. Recorded 11/21/2022 as Instrument No. 2022-0445147 in book , page of Official Records in the office of the Recorder of San Diego County, California, Date of Sale: 4/15/2024 at 10:30 AM Place of Sale: by the statue at entrance to East County Regional Center, 250 East Main Street, El Cajon, CA Amount of unpaid balance and other charges: \$1,667,094.14 Street Address or other common designation of real property: 1241 Carlsbad Village Drive Carlsbad, CA 92008 A.P.N.: 156-180-20-00 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Notice To Potential Bidders: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. Notice To Property Owner: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (877) 440-4460 or visit this Internet Web site www.mkconsultantsinc.com, using the file number assigned to this case 230901297. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Notice To Tenant: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (877) 440-4460, or visit this internet website site www.tlssales.info, using the file number assigned to this case 230901297 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. When submitting funds for a bid subject to Section 2924m, please make the funds payable to "Total Lender Solutions, Inc. Holding Account". If you think you may qualify as an "eligible tenant buyer" or "eligible bidder, you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: 3/13/2024 Total Lender Solutions, Inc. 10505 Sorrento Valley Road, Suite 125 San Diego, CA 92121 Phone: 866-535-3736 Sale Line: (877) 440-4460 By: Kim Lokey, Trustee Sale Officer Published: 3/21, 3/28, 4/4

Published March 14, 21, 28, April 4, 2024

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View Parcel to Build Your Dream Home On Great 4.8 Acre parcel with amazing views including the Ocean and incredible Property consists of 2 APN's 107-Sunsets. Private and peaceful, Corners 020-11-00 (1.17 Acre with house) & 107-020-66-00 (10.41 Acres). Seller were recently marked, Septic layout on file for 3 bedroom structure (Will has started Tentative Parcel Map process TM 21168 for 4 Parcel's plus require updating). Fire hydrant on site. Plenty of room to spread out and take advantage of the varied terrain. Recent weed abatement and rough cut pad and Appx 1806 Sq Ft structure (Fixer/Will

Offered at \$275,000

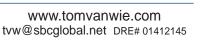
Offered at \$350,000

1 Remainder Parcel which has expired. Existing home on raised foundation access roads throughout the property. require upgrading). Amazing views.



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Classic Fallbrook!

A single level home on .91 acre with pastoral views and a BIG BONUS! The 24"x40" workshop on the property provides endless opportunities for a shop, at home business or storage. Originally part of an avocado grove there are still producing avocado trees. This





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