

Find nature's presents
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Fallbrook & Bonsall VILLAGE NEWS

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August 22, 2019

www.VillageNews.com

Volume 30, Issue 34

BUSD extends Jones' contract, superintendent declines raise

Joe Naiman
Village News Correspondent

The Bonsall Unified School District extended the contract of BUSD superintendent David Jones, who declined the raise the school board offered.

Jones, who was hired in 2017, was given a three-year contract at the time which paid \$165,000 annually. A performance evaluation earlier this year led to an extension of his contract.

"They did a positive performance evaluation at the June meeting," Jones said.

That evaluation led to a 5-0 vote to offer Jones a new three-year contract which will expire June 30, 2022.

"They just extended it to a three-year contract," Jones said.

The replacement of the final year of the original contract with a new contract was initially at a different salary.

"The board offered me a \$10,000 salary increase, and I declined it," Jones said.

Jones requested that the new contract be for \$165,000 annually rather than \$175,000 annually, and a 5-0 BUSD board vote, Aug. 14, approved his new contract at his existing salary.

"We want to get into a better financial situation for the district," Jones said.

The school district's teachers received a 1% raise for the 2018-

see *BUSD*, page A-6

Lockers make a 'comeback' at Fallbrook High



Students at Fallbrook High School must fill out a locker request online if they want to receive a locker for school this year.

Shane Gibson photo

Jeff Pack
Writer

When Fallbrook High School opened for its 126th school year Aug. 12, there was one thing missing that students noticed almost immediately.

Nobody had issued them a locker.

For the 2019-2020 school year, for the first time anyone could remember, students wouldn't be receiving a place to put their personal and school items.

However, by Aug. 15, it was announced that students could receive a locker if they requested one.

"If you would like a locker, please fill out the following request by next Wednesday, Aug. 21,"

according to a post on the school's Facebook page. "Students must be logged in to their school account for the form to work."

The Village News reached out to new principal Narciso Iglesias, Ph.D., to find out what happened after he announced in an email that the lockers were "making a comeback."

He said a decision was made to eliminate locker usage before he accepted the position at Fallbrook High.

"The thought evolved from taking into consideration the following: We have a 1:1 computing initiative districtwide, all students are provided a school-issued Chromebook for schoolwork," Iglesias said in an email response.

FPUD considering affiliating with EMWD rather than CWA

Joe Naiman
Village News Correspondent

The Fallbrook Public Utility District has been part of the San Diego County Water Authority since SDCWA was formed in 1944, but FPUD is now investigating the possibility of detaching from the CWA and becoming part of the Eastern Municipal Water District.

FPUD general manager Jack Bebee gave a presentation on the possibility at FPUD's July 22 board meeting.

"We just provided an update on the process and where we stand," Bebee said.

The Metropolitan Water District of Southern California and the CWA began delivering water to San Diego County in 1947. MWD's San Diego Aqueduct conveys water to a delivery point 6 miles south of the Riverside County line. That arrangement allowed MWD and the CWA to provide equal contributions to connect from MWD's Colorado River Aqueduct to the San Vicente Reservoir in Lakeside. The CWA northern boundary is the county line.

All but one of FPUD's connections are from MWD pipelines rather than from CWA pipelines. The Rainbow Municipal Water District was formed in 1953 to serve the Bonsall Heights Water District, which remained a separate retail agency until it was dissolved in 1975, and the Vallecitos, Cononita, Morro, San Luis Rey Heights and Yucca mutual water companies. Four of

see *FPUD*, page A-6

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A heroie lived in Fallbrook



Reverend William Pittenger, a Civil War hero, was the minister of the Fallbrook Methodist-Episcopal Church in Fallbrook.



The General, the original locomotive, is preserved at the Southern Museum of Civil War and Locomotive History in Kennesaw, Georgia.



William Pittenger is buried in the Fallbrook Odd Fellows Cemetery.

Fallbrook remembers William Pittenger

FALLBROOK – The best kept secret in Fallbrook just might be the Fallbrook Historical Society Heritage Center. The museum complex includes an 1895 farmhouse built by William Pittenger, a decorated Civil War hero who was one of six men awarded the Congressional Medal of Honor, the first time it was ever given in 1863.

Pittenger was one of a Union army band of spies called "Andrews Raiders." Their mission was to commandeer a confederate train named, "The General," behind enemy lines, and destroy bridges and telegraph wires to ruin the rebels' supply line to Chattanooga, Tennessee.

The Raiders were caught, and eight of them were hanged. Pittenger and the others were sent to Confederate prison camps. He

was later released in a prisoner of war exchange. Pittenger wrote his personal account of the mission, originally published as "Daring and Suffering" and later as "The Great Locomotive Chase."

Two different movies were made from his book, including a Walt Disney version featuring actor Fess Parker and a silent film starring Buster Keaton called, "The General," which was said to have been the most expensive silent movie ever made.

In later years, Pittenger moved to Fallbrook and became the minister of the Fallbrook Methodist-Episcopal Church. That building, now the home of the First Christian Church, still stands today at South Mission Road and First Street.

Pittenger was an active member of the town. He was an organizer of the Fallbrook High School District and served as president of the school board. He also petitioned state legislators to



The Pittenger House, where William Pittenger once lived, is part of the Fallbrook Historical Society's museum complex.

create the Fallbrook Irrigation District. Pittenger died in 1904 and is buried in the Fallbrook Odd Fellows Cemetery.

Visit the Pittenger House at the Fallbrook Historical Society

Heritage Center, 1730 Hill Avenue, on Thursdays or Sundays from 1-4 p.m. Admission is free.

Submitted by Fallbrook Historical Society.

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VILLAGE NEWS



ANNOUNCEMENTS

GriefShare open to all who need it

FALLBROOK – Anyone who is grieving the death of a loved one or friend does not have to suffer alone. Christ the King Church is hosting a 13-week program designed to help them. GriefShare is Christ-centered, but all are welcome...faith, no faith, in-between or whatever. There is a one-time fee of \$20, which includes the book. The next cycle is Thursday, Aug. 29, to Dec. 12. The group meets in the Egge

Library from 1-3 p.m. or 7-9 p.m. Each meeting consists of a DVD, some discussion and discussion questions which can be done during the week. For more information call (760) 728-3256 or go to GriefShare.org. Participants are also welcome to join the group on any Thursday, at Christ the King Lutheran Church, 1620 S. Stage Coach Lane. Submitted by Christ the King Lutheran Church.

AAUW to hold mahjong tournament

FALLBROOK – The Fallbrook branch of American Association of University Women will hold its annual mahjong tournament fundraiser Thursday, Sept. 26. The tournament is open to all in the community who play mahjong. It will be held at the Veterans of Foreign Wars Post 1924 at 1175 Old Stage Road in Fallbrook starting at 11:15 a.m. The entrance fee for players is \$20. Tickets for items in the opportunity drawing

will be sold at the door. Lunch will be served, and play starts at noon. The overall winner will receive a cash award. The opportunity drawing will take place at the end of play. To sign up, contact Araxy Moosa at (760) 723-2262. Proceeds from the tournament help support AAUW programs which benefit girls and young women in the community. Submitted by Fallbrook AAUW.

Fallbrook Quilt Guild to meet Sept. 5

FALLBROOK – The Fallbrook Quilt Guild will host guest speaker Pam Hadfield at the Sept. 5 meeting. Hadfield is a beginning quilt teacher at Saddleback Community College. Her quilts have been in Quiltmania magazine and have won awards including shows at Paducah and Road to California. Hadfield's presentation is called "Beyond the Quarter Inch," which features quilting alternatives besides quilting a quarter inch from the seam or fabric design. Hadfield's trunk show presentation can be seen Sept. 7, at 6 p.m. at the Community Center.

Hadfield will conduct a workshop called "Pyramids," Sept. 7, from 9 a.m. to 3 p.m. The pieced pattern is great for learning color values, she said. The workshop will be held at Fallbrook Public Utilities District offices. Additional information can be found on the Fallbrook Quilt Guild website at <https://fallbrookquiltguild.com/index.html>, and Hadfield's website at www.mamapquilts.com. Visitors are welcomed. The cost for the meeting is \$5 and \$45 for the workshop. Submitted by Fallbrook Quilt Guild.

Bunco fundraiser to benefit cancer fight

FALLBROOK – The Fallbrook VFW Auxiliary invites the public to join them in the fight against breast cancer with a Bunco Fundraiser Sunday, Sept. 8, from 12:30 to 3:30 p.m. at the VFW Post 1924, 1175 Old Stage Road. A \$20 donation includes lunch,

bunco and prizes! All proceeds will go directly to the San Diego Susan G. Komen 3 Day Walk. Any questions can be directed to Midge Thomas at (760) 805-4193. Submitted by Fallbrook VFW Auxiliary.

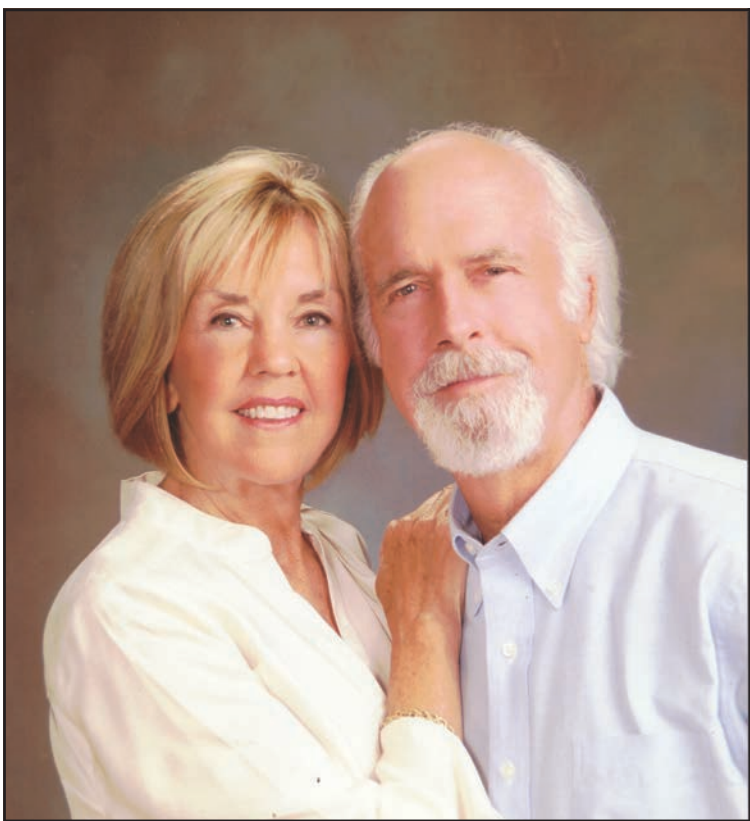
Bird club to learn about wild parrots

VISTA – North County Aviculturists, a club for pet bird owners and breeders, welcomes SoCal Parrot's operation manager Sarah Mansfield to talk about the group's work Saturday, Sept. 7, at 5:30 p.m. at the Vista Masonic Center, 761 Eucalyptus Ave., in Vista. The wild urban parrots from SoCal Parrot are naturalized rather than feral. Mansfield will be bringing along Hilo, a lilac-

crowned Amazon, and Nene, a red-masked conure. Both of them were injured as babies and were unable to be released. Refreshments will be served after the presentation. North County Aviculturist is a nonprofit social and recreation club. For more information, visit www.ncabirdclub.com. Submitted by North County Aviculturist.

Roarks to celebrate 60th anniversary

FALLBROOK – Mike and Cindy Roark are celebrating their 60th wedding anniversary this month. They met on the ski slopes of Colorado and married in Denver. In 1962, they moved to Southern California where Mike had been born. The Roark's were blessed with three children, Pamela Anne, Patrick Michael and Paige Coleen. Pamela and Paige are now with the Lord; Patrick and his wife, Lori, live in Cardiff-by-the Sea. Mike and Cindy have lived in Fallbrook for 45 years.



Cindy and Mike Roark are celebrating their 60th anniversary. Courtesy photo

BWC meeting to have Hawaiian theme

BONSALL – The Bonsall Woman's Club will begin its new season Thursday, Sept. 5, with a special program and lunch. The Fallbrook Ukulele Strummers, brought back by popular demand, will be an integral part of the program. To complement the "Strummers," there will be Hawaiian hula dancers. The luau-style lunch will be perfect for this most entertaining event. The Bonsall Woman's Club meets the first Thursday of the month at The Golf Club of California, 3742 Flowerwood Lane, in Fallbrook. The doors open at 9 a.m. for coffee and tea. The meeting starts at 10 a.m. Each month, the meeting is followed by a program and lunch. The cost is \$23. To reserve a seat, send a check made payable to Bonsall Woman's Club to hospitality chair Barbara Hartloff, 4202 Palomar Drive, Fallbrook, CA 92028. The deadline is Tuesday, Sept. 3. For information on Bonsall Woman's Club, visit www.Bonsallwomensclub.org. Submitted by Bonsall Woman's Club.



The Fallbrook Ukulele Strummers will provide entertainment at the Sept. 5 Bonsall Woman's Club lunch. Courtesy photo

FHS to host blood drive

FALLBROOK – Fallbrook High School is hosting a blood drive in partnership with the San Diego Blood Bank, Tuesday, Sept. 3,

from 7:30 a.m. to 12:30 p.m. The blood drive will take place in the high school gym, 2400 S. Stage Coach Lane.

Submitted by San Diego Blood Bank.

EVENTS CALENDAR

Aug. 23 – 7 p.m. – Fallbrook Historical Society hosts a showing of Buster Keaton's classic film "The General" about William Pittenger, a Civil War hero who lived and died in Fallbrook. The fundraiser's social hour starts at 6 p.m. at the historic Mission Theater. Food, beer and wine are available. Movie tickets are \$10 in advance, info@fallbrookhistoricalsociety.com, www.themissiontheater.info or at Sun Realty, 431 S. Main Ave.; \$12 at the door.

Aug. 24 – 9-11 a.m. – Keeping Fallbrook Litter Free Group Cleanup will be held at Ingold Sports Park, 2551 Olive Hill. All ages welcome.

Sept. 10 – 10-11 a.m. – Foundation for Senior Care hosts Alzheimer's Association's Alzheimer's Disease Education Series, continuing with "Understanding and Responding to Dementia-Related Behaviors." The workshop will be held at 135 S. Mission Road To register, call (760) 723-7570.

Sept. 26 – 11:15 a.m. – AAUW to

hold annual Mahjong tournament at the VFW, 1175 Old Stage Road. Entrance fee is \$20 and includes lunch. Tickets for items in the opportunity drawing will be sold at the door with drawing at end of event; play starts at noon. The overall winner will receive a cash award. To sign up, contact Araxy Moosa at (760)723- 2262. Proceeds benefit girls and young women in the community.

Oct. 3 – 5:30-10 p.m. – Rally for Children hosts "Rally 'Round the World," your passport to fun at Pala Mesa Resort's Cliff Terrace 2001 Old Highway 395. Event includes drinks, dinner, dancing, a world class silent auction and entertainment by Hot Pursuit. Raffle features a \$1000 cash prize. For reservations, visit www.rallyforchildren.org. Proceeds support Arts in the Park and other community nonprofits serving children.

Oct. 19 – 5-9 p.m. – "Not the Usual Suspects," the Foundation for Senior Care's 14th annual fall benefit is an interactive evening

with both live and silent auctions, opportunity raffles, brain teasers and a "who dunnit" mystery! Also includes appetizers, signature cocktail, dinner and wine. Tickets are \$120, available at <https://foundationforseniorcare.org/underEvents>. At Pala Mesa Resort, 2001 Old Hwy 395.

Oct. 20 – 11 a.m. to 3 p.m. – Fallbrook Alumni Association holds annual Picnic in the Park at Live Oak Park. All former FUHS students are invited. An optional tri-tip lunch will be prepared and served by FUHS Ag students, (\$20), plus there will be an opportunity drawing. Contact Jan Mahr Owen for reservations, (760) 421-8038.

Nov. 12 – 12-1:30 p.m. – Foundation for Senior Care so-hosts Senior Concern Seminar, "Taking the Handcuffs Off the Surviving Spouse" at Christ the King Lutheran Church, 1620 S Stage Coach Lane. Free of charge and lunch will be provided. Register at www.SCInstitute.org/FSC or call (760) 723-7570.

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OPINION

A letter to Rainbow Municipal Water Board

This short fact sheet gives an overview of my concerns and those of others who question the efficacy, the dangers and the “why” of adding fluoride to our water supply. It is time to re-examine that decision.

Of course, there is science on all sides of this issue that will conflict, but we must question the policy. Without getting into the arguable science, I have listed a few points that don’t require opinion. Should you like more scientific data, I am happy to provide it.

Fluoride Facts

1. Fluoride is added to the water, not for the purpose of improving water quality, but rather for the alleged purpose of preventing tooth decay. The Food and Drug Administration qualifies the use of fluoride for this purpose as a drug.
- We are therefore drugging unsuspecting users without informed consent. This is not legal. Many are exposed against their will. Filtering drinking water is not the answer as showering and other uses are exposing humans to the drug.
2. The use of fluoride is not universally accepted. Most of Western Europe has refused fluoride because of the controversy surrounding it and the concept of mass drugging.
3. If in fact fluoridation was a positive influence, water is not the correct method for dosing. People consume water based on need of the water itself and without regard to the amount of the drug being consumed. It is easy to see that the amount of fluoride taken into a body cannot be regulated via the municipal water supply. We must be able to calculate the amount of fluoride that is absorbed during showering via the skin or through crop watering which is impossible for a user. We must also consider a bottle fed infant that ingests levels of fluoride equal to those of an adult. There is no research to warn what the outcome of this might be in the future.
4. According to fluoridealert.com, fluoride is not an essential nutrient and no disease or tooth decay is caused by the lack of fluoride. They also state that fluoride interferes with many

enzymes and biological processes in the body. They quote many studies that prove fluoride interferes with the body’s biochemistry in fundamental ways.

5. In 60 years of forced fluoridation there are still no studies to prove efficacy or safety and still the FDA classifies it as an “unapproved new drug.” This should make the addition of fluoride without consent a criminal act.

Although rather unscientific, I would also say that not one dentist has gone out of business because of fluoridated water. There is no apparent threat to the dental industry and no data that proves dwindling numbers of patients.

6. In 2001 the Centers for Disease Control and Prevention concluded that the benefits of fluoride were topical and not systemic. With this in mind, why are we risking what could be a horrific outcome?

7. Studies of those fluoridated in comparison to those not fluoridated, show that each group has similar dental health in my research. Even the NIH has studied fluoride and determined that there is no significant relationship between tooth decay and fluoride among children.

8. Research shows that tooth decay does not increase when fluoridation is discontinued.

9. Many resources agree that the studies that brought us fluoridation were flawed. There is consistent evidence of potential harm and many resources, including the National Research Council, believe it may damage the brain.

10. Thirty-three independent studies from countries other than the USA report that exposure to fluoride will lower IQ. Other studies focus on damage to the pineal gland, thyroid function, arthritis, bone density loss, kidney damage, bone cancer and infertility with fluoride contamination.

Is this not enough to ask yourself why we continue this practice?

I am asking this Board to reconsider our use of fluoride in the water supply and to ask that we begin purchasing non-fluoridated water.

Susan Trump

I am ashamed

I, too, love my country deeply, and I also, for the first time in my life, am ashamed of what we are becoming as a country.

I am ashamed of a president who is a habitual liar at 10,000 lies and counting; who is a known sexual predator; who calls women “pigs” and “dogs;” who openly mocks the disabled; who dehumanizes entire classes of people; who rips families apart and puts babies in cages; who uses his office to revenge himself on his “enemies;” who promotes baseless and dangerous conspiracy theories; who punches down on the defenseless and those unable to fight back which is always the mark of a coward and bully; who promotes hate and division, and who has defiled the office he occupies.

I am ashamed of a president who stood on a stage in a foreign capital and sold out our country, while the brutal leader of an enemy nation stood next to him, smirking in glee as the world watched in amazement. I call this treason.

I am ashamed of a president who

has embraced dictators, alienated our longtime friends and allies and embarrassed our country around the world.

I am ashamed of a Congress largely peopled with spineless sycophants and toadies, who were ostensibly elected to serve the people they represent but instead serve only their corporate masters; who have no problem accepting help from a known hostile power to win an election, despite long years of wrapping themselves in the American flag and hurling accusations of “un-American” and “soft on defense” at the opposing party.

I am ashamed of a government that denies science and the effects of climate change.

I have faith that it will not and cannot continue; the American people are better than this; I hope they will come to see reason and once again remember that “E Pluribus Unum” is not a hollow promise.

Georgiana Silvestro

More parks are coming to District 5

Supervisor Jim Desmond
District 5

Parks play an important role in our community. The San Diego County park system is one of the best in the country and part of what makes San Diego County such a magnificent place to live. It’s my goal as a county supervisor to provide as many parks and recreation centers to District 5.

Below is an updated list of upcoming parks in District 5. The list includes parks that are either funded or partially funded, in design or going through environmental review.

In Bonsall, San Luis Rey Rio Prado Park will be a 45-acre community park with recreational amenities that support all park users; San Luis Rey Bonsall Community Park will be a 55-acre community park with recreational amenities that supports all park users and San Luis Rey Middle Row Trail will have 1.5 mile trail from the Bonsall bridge along state Route 76.

In Borrego Springs, Borrego Springs Shadeway will have intermittent shade from Christmas Circle to Borrego Springs Park.

In Fallbrook, Clemmens Lane Park will include design and construction of a new restroom, turf soccer field, ball stop netting and safety padding for existing soccer field; Don Dussault Park is in Phase 2 with plans for design and construction of exercise equipment, picnic area and Americans with Disabilities Act-compliant pathways; Fallbrook Local Park and Skate Park will be a four-acre park with sports fields, sports courts, playground and skatepark.

In North County, Felicita Trail, Sports Courts and Shade will have a new trail, two new bridges, two pickleball courts and new shade sails over the playground.

In San Dieguito, Four Gee Park will be a new park consisting of dog park, children’s play area, open turf area and restroom; Sage Hill will have new trails and staging area at Sage Hill Preserve and San Dieguito Park will include development of four-acre park with sports fields, sports courts and playground.

In Twin Oaks, Twin Oaks Park will develop a four-acre park with sports fields, sports courts and playground.

Re: ‘Hello fellow residents of Fallbrook’ [Village News, letter, 8/15/2019]

Mrs. Wilson feels comfortable enough as a “local” now to dictate how often a “local” can address “resistors” in her local paper.

With all this excess time on your hands, maybe you could count how many people were murdered by “your” candidate and her husband, with complete impunity.

You could start with Arkansas, then Waco and D.C., then

Benghazi, and end up with the kid face down in D. C. at 3 a.m. with two bullets in the back of his head.

And who knows, maybe even Epstein who knew too much about a certain male nymphomaniac.

I wouldn’t publish that number though, because it may grow by one, comrade.

J. Schembri

Help for first responders

Assemblymember Marie Waldron
AD-75 (R)

Our first responders make lots of sacrifices to protect the rest of us and this can take a toll on them, as well as their families. In a 2016 behavioral health study, roughly three-fourths of the surveyed peace officers reported having experienced a traumatic event, but less than half reported it to their agency.

Even more troubling, about half of the officers reported personally knowing a peer who changed after experiencing a traumatic event, and about half reported knowing an officer who committed suicide.

First responders are trained to deal with very stressful, emotional and life-threatening situations. The culture is natural to internalize mental/emotional stress. Removing the stigma encourages them to be proactive within the workplace and reach out to peers to improve their mental and emotional health.

The Iverson Foundation for Active Awareness (IFFA), founded by Ashley Iverson, the widow of CalFirefighter Cory Iverson, age 32, who died in 2017 battling the Thomas Fire, assists first responders by creating strong support systems for those dealing

with Post Traumatic Stress.

IFFA seeks to decrease anxiety and depression, improve relationships in personal and professional lives, and most importantly, reduce the suicide rate among first responders. For more information or to donate, contact: <https://iversonfaa.org>.

Hopefully, California will soon be providing more help. I have joined Assemblyman Timothy Grayson (D – Concord) to co-author two bills, AB 1116 and AB 1117, which provide peer support and counseling for firefighters and police officers dealing with emotional stress. This bipartisan legislation passed the Assembly in May, and is now progressing in the Senate.

Our first responders’ burden is heavy. We owe them our respect, support and cooperation, as well as our heartfelt thanks for their willingness to put their lives on the line for our safety each and every day.

Assembly Republican Leader Marie Waldron, R-Escondido, represents the 75th Assembly District in the California Legislature, which includes the communities of Bonsall, Escondido, Fallbrook, Hidden Meadows, Pala, Palomar Mountain, Pauma Valley, Rainbow, San Marcos, Temecula, Valley Center and Vista.

Re: ‘Hello fellow residents of Fallbrook’ [Village News, letter, 8/15/2019]

I am a little dismayed and confused by the fact that this newspaper has been publishing another resident’s very liberal opinion repeatedly, almost weekly for many years now and then I decided to voice my conservative opinion with fact based evidence and I am attacked with repeat complainer airing her issues, disgruntled citizen, vent on her soap box, repeated assaults, etc. Really??

I know we are East from West on most issues but what is wrong with you people.... You liberals? As long as it is what you want to hear then its wonderful news. If someone’s opinion is different from yours, then you don’t want to hear it! Well, guess what, you are free to not read this

section, free to voice your opinion like you did but not free to silence my opinion and voice. Skip over my opinion when you see my name.

Debate is a wonderful tool to get people to thinking and talking about the issues. At least I listen to the liberal side and value their thoughts even if I don’t agree. The problem with liberals, they always want to shut down the conservative side. Stop watching fake news, get the facts from another news source and try hearing the other side’s view and think for yourself.

That’s what makes this country so great.

Diana Miller

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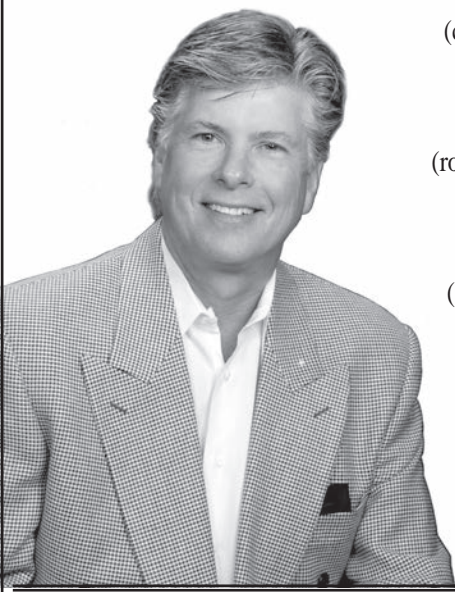
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Thank you to a good Samaritan

As I was driving toward town on Reche Road, the tire on my car had a major blow out. It was entirely shredded. I managed to pull over to the side of the road across from Potter Jr. High school.

When attempting to call AAA, my cellphone created problems for me. As I was getting ready to take a long hike to the nearest phone, a man and his daughter stopped to offer help.

I used his phone to call AAA and he insisted on staying with me until help arrived. I really didn’t take enough time to thank him properly for his good Samaritan deed. His name was Bill.

Please accept my sincere belated thank you. God Bless.

Pat Hensley

www.villagenews.com

Village News

A limited number of previous issues of the Village News (more than one month old) are available for \$1.50 each, plus \$1.00 postage and handling (\$2.50 total cost). Call 760-723-7319 to order.

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LOCAL

Senior center selected as honorary mayor partner

FALLBROOK – The Fallbrook Senior Center has announced that Lido Favela has again selected the center as her partner in running for Honorary Mayor.

Favela, owner of ACE Party Rental, is a very active Fallbrook Chamber of Commerce member as well as an active community member. The chamber benefits from the proceeds of the race, as does the nonprofit organization the candidate selects.

The senior center has a meals program which benefits many Fallbrook seniors. It serves an average of 90 meals per day, Monday through Friday, 34 are congregate meals and 56 are home-delivered.

FSC Congregate Meals are served at the Fallbrook Community Center each day, Monday through Friday at 11:15 a.m. All meals are prepared fresh daily by FSC executive chef.

The program provides seniors with a nutritious meal, as well as an opportunity for social connection with others each day. The Fallbrook Senior Center is a great place for seniors to connect and socialize.

Submitted by Fallbrook Senior Center.



Lido Favela, center, poses with Fallbrook Senior Center Board members, from left, Jack Schirner, president; Irma Ciotti, Favela, Phyllis Sweeney, Special Projects Mgr.; and Nickie William, secretary, at a fundraiser held at the Grand Tradition Orchid Bar. Favela's race for Honorary Mayor benefits the Chamber of Commerce and Fallbrook Senior Center Meals Program for local seniors.

Courtesy photo

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Here are a few of my favorite summer tips to help you save between 4pm and 9pm when energy prices are highest:

- Use a portable or ceiling fan to save big on AC.
- Keep blinds and curtains closed during summer days to block out direct sunlight and reduce cooling costs.
- Cool down your home until 4pm; set your AC 7° higher until 9pm. Take advantage of off-peak period pricing.
- Charge an electric vehicle before 4pm or after 9pm.
- If you have a pool, run the pump before 4pm or after 9pm.

Find more tips at [sdge.com/whenmatters](https://www.sdge.com/whenmatters)



Time to save.

State of the Chamber Dinner to celebrate success

FALLBROOK – Reservations are being taken for the annual State of the Chamber Dinner, scheduled for Wednesday, Sept. 18, at Pala Mesa Resort at the beautiful Cliff Terrace.

“Celebrating Success in Fallbrook,” the event will feature many of our nonprofit Chamber members with networking booths filled with displays and valuable information.

Participating organizations are Angel Society of Fallbrook, Christ the King Lutheran Church, D’Vine Path, Deeper Still, Fallbrook Beautification Alliance, Fallbrook Family Health Center, Fallbrook Food Pantry, Fallbrook Gem & Mineral Society, Fallbrook Senior Center, Fallbrook Scarecrow Committee, Fallbrook Skatepark, Inc., Fallbrook VFW Post 1924, Foundation for Senior Care, Hope Clinic for Women, Hospice of the Valleys, Michelle’s Place Cancer Resource Center, Neighborhood Healthcare, Rally for Children, REINS, Temecula Valley Symphony and The Gallery/ Fallbrook Art Association.

Enjoy a delicious Hawaiian-style meal, listen to presentations by Chamber leadership and witness a very special presentation for this year’s Community Builder Award.

To top the night off, learn who will be our new Fallbrook Honorary Mayor! An opportunity drawing will conclude the evening and tickets will be sold by the Miss Fallbrook and Miss Teen Fallbrook courts.

To attend, register online at www.fallbrookchamberofcommerce.org or contact the Chamber at (760) 728-5845. Dinner is \$35 per person.

Submitted by Fallbrook Chamber of Commerce.

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‘Honoring Our Heroes’ to be displayed at The Gallery

Community invited to vote for People’s Choice Award



The 2018 “Honoring Our Heroes” entries are seen at Brandon Gallery. The artwork is dedicated to the memory of Sept. 11, 2001.

Courtesy photo

Motorcyclist killed by suspected drunken driver on I-15

City News Service

A motorcyclist was struck from behind and killed by a suspected drunken driver on the Interstate 15 freeway in Fallbrook, authorities said.

It happened around 4:30 a.m. Saturday, Aug. 17, on northbound I-15, south of Mission Road, California Highway Patrol Officer Kevin Smale said.

The unidentified motorcyclist was riding a Harley-Davidson motorcycle northbound when

a 24-year-old man driving a Hyundai Sonata approached him from behind at a faster speed, Smale said.

The Hyundai driver struck the motorcyclist from behind, knocking the rider to the ground, where the person was run over by the Hyundai, the officer said.

The victim, who has not yet been identified, was pronounced dead at the scene, he said.

Officers evaluated the Hyundai driver at the scene and arrested him on suspicion of driving under

the influence, Smale said, adding that the man, whose name was not immediately available, was booked into the Vista Detention Facility.

All northbound lanes were closed, with traffic diverted onto state Route 76, until 7:40 a.m., at which time the No. 4 lane was opened. All lanes were opened at 9:55 a.m.

The incident remains under investigation.

FALLBROOK – The community is invited to visit The Gallery at the Fallbrook Art Association to view the fourth annual exhibition and art competition, “Honoring Our Heroes.” A piece of the Pentagon will also be on display.

Visitors to the gallery can vote for the People’s Choice Award in the art competition until Sept. 8, from 11 a.m. to 5 p.m. Tuesday through Saturday, and noon to 3 p.m. Sundays. The Gallery is located at 127 North Main Avenue in Fallbrook.

The winners will be announced at a reception at the gallery Sunday, Sept. 8, from 4-6 p.m. The community is welcome. Linda Stewart, widow of Stephen

Stewart and owner of the piece of the Pentagon, will be sharing her husband’s reflections of that day.

Fallbrook Propane Gas Company is the competition sponsor. Phyllis Sweeney of The Encouragement Factor created the event. Sweeney said she wanted to ensure that future generations would “Never Forget” what happened Sept. 11, 2001.

Entry fees from the competition will benefit the Charles E. Swisher Veterans of Foreign Wars Post 1924 in Fallbrook.

For more information, contact event coordinator Anita Kimzey at (714) 222-2462 or register@fallbrookchamberofcommerce.org.

Submitted by Anita Kimzey.

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County Climate Action Plan is being contested

FALLBROOK – The Fallbrook Climate Action Team will host San Diego Sierra Club Executive Committee Chair Peter Andersen at the Fallbrook Library Community Room Tuesday, Aug. 27, at 6:30 p.m.

Andersen will talk about why environmental groups are contesting the County’s Climate Action Plan in court. The library is at 124 S Mission Road

Andersen (Ph.D., Florida State University, 1975) is Professor Emeritus in the School of Communication at San Diego State University. He has been a member of the Sierra Club for over 40 years. In the 1990s he served three terms as chair of the San Diego Chapter Political Committee. In the late 1990s and early 2000s he served two terms on the San Diego Chapter Executive

Committee.

Andersen successfully stopped the Jamul Quarry in California, prevented the flooding of Canaan Valley in West Virginia, and led the fight to preserve the Volo Bog in Illinois.

The Sierra Club and other environmental groups successfully challenged San Diego County’s 08-22-19-LOCAL-Climate Action Plan and a provision in the blueprint’s environmental document that would allow developers to pay their way around limits on greenhouse gases.

The County Board of Supervisors has appealed the ruling. In a 3-2 vote, Supervisors Nathan Fletcher and Dianne Jacob voted against appealing.

Fallbrook Climate Action Team (FCAT) is a local group of volunteers promoting discussion and action to mitigate the effects of climate change. The presentation is open to the public.

Submitted by Fallbrook Climate Action Team.

Courtesy photo
Peter Andersen



Local authors celebrate

SAN DIEGO – Local authors Gwen Wendy Hammarstrom of Fallbrook and L.A. Nicholson of Escondido announced that they will participate in the third annual San Diego Festival of Books

Saturday, Aug. 24, from 10 a.m. to 5 p.m., at 2850 Dewey Road in San Diego.

Hammarstrom will sign copies of her book, “Circles of Healing, a guide to healing ourselves and



Authors Gwen Wendy Hammarstrom, left, and L.A. Nicholson will participate in the third annual San Diego Festival of Books, Aug. 24.



each other,” a compendium of her 40-plus years in the holistic health field working with the full spectrum of students and clients.

L.A. Nicholson will sign copies of her adventure trilogy, “Magick The Awakening.”

The free event is open to the public and will celebrate San Diego’s vibrant reading community while joining thousands of local readers, writers and word lovers.

For more information about the San Diego Festival of Books, contact Gwen Wendy Hammarstrom at Innerworks1@aol.com or Laurel Nicholson at AuthorLANicholson@gmail.com.

Submitted by Gwen Wendy Hammarstrom.



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A blue Subaru Impreza sedan is shown from a front-three-quarter view. The car is parked on a light-colored surface against a plain white background. The image is positioned on the right side of the page, partially overlapping the right edge of the main content area.

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A blue Subaru Impreza sedan is shown from a front three-quarter view. The car is parked on a light-colored surface against a plain white background. It features a black roof rack, black side moldings, and black multi-spoke wheels. The Subaru logo is visible on the front grille.

\$255

A green Subaru SUV, likely a Forester, shown from a front three-quarter view. The vehicle is parked on a light-colored surface against a plain white background.

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Brandon Rodriguez, 9, leaps onto a giant slide at the north end of Main Avenue during the Fallbrook Summer Nights event, Aug. 16.



Artist Chris Singleton draws a caricature of U.S. Navy veteran Robert Styles during Fallbrook Summer Nights. Shane Gibson photos



Visitors view military vehicles on display during the Fallbrook Summer Nights Military Appreciation event, sponsored by the Fallbrook Village Association.



Passersby view military vehicles on display during the Fallbrook Summer Nights Military Appreciation event.



From left, Ethan Williams, 7, and Rhylee Turner, 7, watch as Tyler Williams, 10, attempts to slide shut a U.S. Marine Corps Humvee window on display at the Military Appreciation event in downtown Fallbrook.



Jonathan Roberts, 8, gets to try on US Marine gear during the Fallbrook Summer Nights Military Appreciation event.



U.S. Marine Corps LS3 Jamie Brewer helps exhibit a retired ambulance Humvee on display during Fallbrook Summer Nights, the last one of the summer.



Chad Everett and his sons, Gavin, 8, and Garrett, 4, sit on a restored bomb on display on Main Avenue.

HEALTH & BEAUTY

Lucette Moramarco
Associate Editor

The Woman of Wellness program for August was about the differences in three healthcare options: homecare, palliative care and hospice. The guest speaker was Toni Kisgen, LVN, from Destiny Home Health, Palliative and Hospice Care.

Kisgen said there are three options in paying for these services, Medicare, veterans benefits or health plans whether HMO or PPO.

She gave examples of why people would need each kind of service.

Home health would be needed if a person fractures a hip or has a serious illness and is making progress in getting better.

A home health aide helps homebound patients with bathing, changing sheets and applying lotion. Home health services also include a home-health nurse, nurse practitioner, physical therapist, occupational therapist and medical social worker who can aid the patient in staying at home and out of a hospital.

A patient would get two or three visits a week for individualized one-on-one assistance and support including management of pain, disease and medication; infection prevention and wound care.

Some patients also need education in eating well and in understanding why they need to take their medication. This help is offered at the beginning of recovery. Besides medical observation and assessment, these services also help maintain communications with the patient's doctor.

If a person is mostly homebound – only going out for church services, short lunches or doctor's appointments, they qualify for home health services. They also

have to be under the care of a doctor and have to keep their appointments, Kisgen said.

The service provider needs to be a Medicare-approved agency. Also, Medicare will only cover home health as long as the patient is improving fast enough. It will not cover slow improvement but does cover outpatient therapy and helps patients stay out of the hospital.

Destiny has a special accreditation for palliative care, Kisgen said. For this service, a patient must have a diagnosis of a serious illness like cancer, be undergoing chemotherapy or blood transfusions.

Palliative care allows the patient to seek care to cure a serious illness. A nurse makes sure their medication is working and helps them deal with side effects. This care allows aggressive treatment and care from a home health aide and nurse practitioner as well as the patient's doctor, social worker and pharmacist.

Those who need palliative care include someone with Lou Gehrig's disease or anyone on a vent or trach. Patients can get treatment and remain at home so they are not in and out of the hospital.

Palliative care is appropriate at any age and at any stage of a serious illness including congestive heart failure, stroke, Alzheimer's, kidney or liver disease and cancer.

The battle to extend the patient's life includes help with managing care and symptoms with the goal of improving quality of life for both patient and family.

This kind of care treats pain, depression, shortness of breath, fatigue, constipation, nausea, loss of appetite, difficulty sleeping and anxiety.

The next phase of care is hospice which embraces both the patient and their family, usually after a terminal diagnosis of six months or less. Hospice care involves a team-oriented approach of pain management, emotional and spiritual support tailored to the patient's wishes, Kisgen said.

She gave the history of hospice care which was developed in the early 60s in London.

A woman named Cicely Saunders was a social worker who became a nurse and then a doctor. She created hospice care at a time when dying patients were placed in the back wing of St. Christopher's Hospital with minimum care.

Saunders moved the patients to the front of the hospital and involved social workers, aides and volunteers in their care and they lasted much longer than expected because of it. Saunders started promoting St. Christopher's hospice program which attracted a group of Yale medical students who visited around 1970.

The Yale students returned home and started the first hospice in America in New Haven, Connecticut.

By 1972, the program was saving money and allowing people to stay at home.

Kisgen explained that by 1982 hospice services were benefiting hospitals because it was the height of the AIDS epidemic and people were dying fast.

Because of that, hospice is connected with the dying.

However, "It's an amazing benefit to help us live longer; it's about the quality of life, not quantity," Kisgen said. Patients can live at home as it doesn't matter where they are, hospice is available to them. She recommended people plan for end of life care and decide how they want to die.

Chaplains are also an important part of hospice care, she said. It



Toni Kisgen, LVN, speaks about healthcare services at the August Women of Wellness event. Lucette Moramarco photo

also provides equipment to make care easier, including beds, lifts, commodes, anything to make them comfortable.

Hospice cares for the patient's family, making sure they are okay and not forgotten. Respite care is offered, moving the patient temporarily to a facility so the caregiver can rest.

Patients get to choose which hospice service they want to use, so they should interview two or three of them. "Make them tell you what they are going to do for you; it is your right, your entitlement," Kisgen advised.

The patient's doctor has to write an order for hospice, but the patient can choose the hospice first, she said. Also, according to Kisgen, it takes two doctors to verify hospice is appropriate for the patient; the attending physician and the hospice director.

Patients can graduate from hospice if their condition improves; they do not always die. At the center of hospice is the belief that each person has the right to die pain-free and with dignity, and that the family will receive the necessary support to allow them to do so, she said.

Stage 1 of hospice care is planning for one's end of life care. Stage 2 is spiritual and emotional care while Stage 3 is help at home and Stage 4 is inpatient care if needed at hospitals and nursing homes.

Stage 5 is bereavement support for family members and caregivers.

WOW is provided by Fallbrook Regional Health District; the next program will be Sept. 5. An adult education specialist from I Love A Clean San Diego will explain "What zero waste means" at Fallbrook Library.

Wendy Hammarstrom
Special to Village News

Several weeks ago I had the pleasure of participating in a cacao offering at the new Sage Yoga in Bonsall. Enicia Fisher and Leslie Boyd led the offering which was followed by several restorative yoga poses and meditation.

The room was dim except for the flickering of a circle of candles surrounding the altar of flowers and fruit, and I became immediately intrigued by cacao.

Cacao is a small tropical South American and West African evergreen tree. Cocoa, cocoa butter and chocolate are made from cacao seeds. It is considered a superfood due to its high levels of magnesium, zinc, iron, calcium, beta-carotene,

omega 6 fatty acids, protein and fiber.

Due to the phenylethylamine, cacao is associated with elevated mood and higher energy levels, due to the interaction between PEA and the neurotransmitter dopamine.

Chocolate comes from Aztec word, "xototlotl." Cacao comes from Aztec word "cacahuatl." The Aztecs learned from the Mayans how to cultivate and prepare it. The Mayans called it "kuku," meaning sacred or more than sacred. In Mayan civilizations, Kuku was only consumed by nobility, as it was considered the drink of the gods. Today anyone can enjoy cacao.

Cacao offerings are widespread in Mexico and the U.S., though not necessarily in line with the original ancestral Mayan traditions. They are



Cacao seeds come from a small tropical South American and West African evergreen tree.

originally from the Mayan regions of Southern Mexico including Chiapas and the Yucatan.

In the ancient ceremonies, a ceremonialist, shaman or medicine person led the group in prayers, songs and offerings. They would start with raw beans, toast them over a fire and peel every seed individually while imbuing them with prayers and blessings. Many hours of preparation by hand were enhanced by the power of intention.

In the offering at Sage Yoga, attendees passed around the raw beans, the roasted beans and the actual drink, which I thought was rather bitter.

As each person passed it to their neighbor, they said, "Te lo doy con amor," or "I give it to you with love." As they accepted the gift, they said, "Yo receivo con amor," or "I receive with love."

Traditionally, cacao is not sweetened and is drunk plain, and if needed, a drop of honey is licked off the back of the hand.

Traditionally, pre-Hispanic instruments were played as the four elements of nature were thanked: earth, air, water and fire or sunlight that helped the cacao tree grow, and are also present in the cacao being served: earth in the beans themselves, fire in the roasting, water and air in boiling the drink into concentrated form.

Fisher said that when people connect to Mother Earth she represents love, abundance and beauty. Mother Earth is the heart of the altar, which also includes representations of the four elements of nature.

At the gathering, Fisher dedicated the time together, praying for healing in the situation at the Mexico-U.S.



A group participates in a cacao ceremony at Sage Yoga including Fallbrook residents, center front, Anna Willard Alcorn; right front, Katherine Economou and center back, teacher Leslie Salmon.



Participants face east during the cacao ceremony at Sage Yoga Bonsall, July 28. Courtesy photos

border, supporting immigrants who are in distress and asking to bring progress, resolution and healing.

She also spoke of her partner, Paolo Ruben, who co-leads the cacao ceremonies at Sanadora Sanctuary with her in Tulum, Mexico, also called the Mayan Riviera. Ruben is unable to cross the border with her, as she travels back and forth to U.S.

Native indigenous people see North and South America as one land, and call it Turtle Island, Fisher said. They want to spread the message that it is one land, she said. Fisher said that she has been welcomed into Mayan communities and would like to see that reciprocated here in U.S.

Leslie Boyd, who teaches at Sage Yoga and led the restorative yoga and meditation, takes a group of her students on an annual yoga retreat hosted by Fisher and Ruben at Sanadora Sanctuary.

Boyd brings students to Mexico from Sage Yoga to participate in a week of yoga, meditation and connection to nature, along with some Mayan-inspired ceremonies and visits to Mayan sacred sites, including the famous Tulum Archeological Site. Their next retreat is coming up in November.

Fisher has been teaching yoga in the Temecula area since 2005. For more information, visit www.sanadorasanctuary.com.

FREE YOGA FOR
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Photo credit: Aimee LaJoie

Child's Pose (Balasana) - benefits of pose:

- Gently stretches the hips, thighs, and ankles.
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Remember that silly movie, “If It’s Tuesday, it must be Belgium?” For me, if it’s Tuesday, I must weigh in.

It has been decades since I last walked past a gym – let alone walked in to one.

Like many of you, I am a cancer survivor. I only mention it because should you feel defeated by the disease, car screaming is the thing. It saved me, that and radiation. Here is how it works. Turn the radio up to full blast. And then scream at the top of your lungs. This vocal exercise helps to cast the disease out of your body.

However, the therapy does come with a warning... do not, I repeat, do not scream when at a stop light and someone is next to you.

Cancer patients often turn to God and make “what-if” deals. Mine was “What if you let me reach 40 when my youngest will be out of high school?”

Here I am now anticipating my 75th birthday. As a celebration of it – go figure – I am fulfilling my life’s dream which is to step aboard

the Belmond-Templeton Orient Express. I have booked a single cabin for the overnight train ride from Venice to London.

This is a private journey. One earned through countless minutes, hours, days, weeks and years of worrying about dying. After running from death for over 35 years, the worry is gone. I kinda feel like I am winning. Which brings me to this moment.

After the washing machine shrunk yet another pair of new pants, it hit me. This isn’t the woman I want to take to Milan, Venice or London.

United Healthcare provides a free membership at Paradise Fitness. Yes, I said free.

“Exercise” is the only answer I have ever gotten from my all-too-smug young doctor. Every time I

suggest my thyroid might be out of whack, he responds with the same old tired answer, “exercise.” Well, we will see who is right. The thyroid or exercise.

I am committed to getting in shape to celebrate my 75th birthday. Even if I prove that little pup of a doctor right, I promised myself to be worthy of this journey. To take the woman I am supposed to be.

My trainer is Kellen. A talkative guy with a solid understanding of how the muscular system works. He has developed a program specifically for the physically disinclined – which would be me. To date, I have not had one day of debilitating muscle soreness. Kellen is not a bodybuilder, he is more of a body shaper.

I admit to being a bridge player.

We sit mostly. Unless we walk to the refreshment table. That being our primary form of exercise, in 19 years, I have added as many pounds. Bridge stimulates the mind but does nothing for the figure.

When you read this, I will be on Day 16. Since I leave March 20, 2020, I have plenty of time to find my perfect woman.

Just so you know, after these two weeks of training, often twice a day, Tuesday was my weigh in. I did not drop an ounce.

Although, my husband has lost 10 pounds from our improved diet. Go figure.

I will report every two weeks until I leave. Wish me well and with any luck, I’ll see you at the gym. Toodles.

Comments can be sent to eyoungman@reedermedia.com.

FALLBROOK – This year’s free prostate cancer screening is scheduled for Saturday, Sept. 7, from 7-9 a.m. at Fallbrook Family Health Center, 1328 S. Mission Road, next to Northgate Market.

Prostate cancer is the most common cancer among men in the United States after skin cancer. It competes with lung cancer as the leading cause of death among men.

Early diagnosis and treatment are the best defense. There are varying opinions on the value and importance of screenings for this disease condition. The opinions are just that – opinions. Determination of treatment is a matter to be decided by the individual in consult with his physician.

A screening is an indicator that additional medical attention may be warranted. Just as an electrocardiogram, a Pap smear, a mammogram or a high cholesterol reading may be an indicator that additional medical attention is warranted, the free screening, which includes a blood test and an exam, informs that there may be health concerns that should be attended.

Dr. Philip Brodak of the Tri-Valley Urology Medical Group is the physician in charge. He and the Fallbrook Regional Health District are again teaming up this year with the Fallbrook Family Health Center to offer a free prostate cancer screening opportunity.

The PSA blood study and digital

exam are provided at no charge to men who live in Bonsall, De Luz, Fallbrook or Rainbow. It is recommended that men over the age of 50 have a prostate screening on an annual basis. Men who have a family history of prostate cancer should begin to have evaluations at least by age 40.

Brodak and many others volunteer their time to make this program possible. Results of the exam and blood study are confidentially provided to each participant. Follow-up on the results of the studies is the responsibility of each individual.

The majority of those tested during these free screenings have been within normal range on both components of the screening.

There are, however, each year, those whose test findings indicate the need for additional evaluation due to abnormal findings in one or both areas of the screening.

Brodak’s office contacts all individuals with abnormal findings so that they can contact their physician. It is crucial that each individual follow-up with his physician when abnormal results are reported to him.

If an individual does not have a physician, they can follow up with Brodak, the Fallbrook Family Health Center or a professional of their choice.

The Fallbrook Regional Health District sponsors this annual program for the men of this community as the offering aligns

with the district’s mission of promoting the health of the people of the district.

The district urges all men to consider the screening as it applies to them – either by age or by family history – and to invest their time in their personal health and well-being.

Appointments are required to assure participation. Call to schedule an appointment in English or Spanish at (760) 731-9187. Walk-ins might not be accepted after 8 a.m.

Submitted by Fallbrook Regional Health District.

ESCONDIDO – Leaders from Palomar Health and Kindred Healthcare broke ground recently to start construction on a new 52-bed acute rehabilitation hospital, the Palomar Health Rehabilitation Institute, on the campus of Palomar Medical Center Escondido. The joint venture realizes a commitment Palomar Health has made to provide leading health care services in North San Diego County. Once completed near the end of 2020, the 58,000 square-foot, two-story building will serve an estimated 1,200 plus patients

per year experiencing a loss of function from injury or illness.

“This facility expands our ability to serve our community’s health care needs in one convenient location,” Palomar Health President and CEO Diane Hansen said. “Keeping services close to home provides measurable benefits to both the supporting family members and patients, aiding them in their recovery process.”

The Rehabilitation Institute will provide physiatry, physical and occupational therapy; speech-

language pathology; rehabilitation nursing; internal medicine; medical and surgical subspecialty consultation; and nutritional services serving patients suffering from neuro disorders, stroke, brain injury, spinal cord injury and amputation.

The hospital will contain 52 private rooms; a secured acquired brain injury unit with private dining and therapy gym; a dialysis suite; large interdisciplinary gyms; a therapeutic courtyard with golf, basketball and varied surfaces; and a transitional living apartment

designed to simulate a residential home to prepare patients for their daily living tasks before they are discharged home.

Currently Kindred Healthcare and Palomar Health operate a 25-bed acute rehabilitation unit at Palomar Medical Center Downtown Escondido, which will be closing in the spring of 2020 to make way for a housing development.

“We look forward to continuing our quality-focused collaboration with Palomar Health in building a state-of-the-art hospital to

serve the San Diego County and Southern California region,” said Jason Zachariah, President of Kindred Rehabilitation Services, a division of Kindred Healthcare. “We believe the Palomar Health Rehabilitation Institute will enhance health care services in the area and meet a growing need in this community “

Submitted by Palomar Health Rehabilitation Institute.

Trudy Lieberman
Rural Health News Service

Last month The New York Times ran a cautionary tale about the heart surgery and care astronaut Neil Armstrong received and his death two weeks later at a community hospital in a Cincinnati suburb in 2012.

The Times had received documents from an anonymous tipster who said they were “compelled to share this information” so “others can be saved as a result of the dissemination of this information to the public because this American hero did not have to die an untimely death.”

The hospital had made a secret \$6 million settlement with the family, the Times reported, and consulted cardiac experts who pointed out numerous trouble spots in Armstrong’s care.

One of those experts Dr. Ashish Jha, a professor of medicine at Harvard University, told the paper, “It feels to me like his death was wholly preventable. It’s not completely clear to me he needed the cardiac surgery that he got.”

The Times noted that the records did not say why Armstrong or his family chose a community hospital rather than the University of Cincinnati Medical Center, a larger academic institution that perhaps had more experience dealing with patients like Armstrong.

That’s the takeaway for countless others considering surgeries and procedures, especially ones that are complex. You want your surgeries done at facilities by surgeons who have experience and expertise at doing them.

Shortly before the Times published its stories, a Washington-based organization, The Leapfrog Group, released a report on minimum volume requirements for eight high-risk procedures.

Leapfrog is one of many organizations that make public information about hospital safety. I believe it is one of the most credible. Its warnings about hospitals performing too few complicated procedures that carry a high risk of complications, even death, are to be taken seriously.

Now Leapfrog has a new standard that sets minimum targets that both hospitals and individual surgeons should meet for patient safety. Previously they had standards only for hospitals.

“Studies that have looked at correlation show you have a greater risk of dying when you’re at a lower volume hospital,” Leah Binder said who heads the group.

Her group does not believe it is safe for patients if their surgeons have not done a minimum number of eight complicated procedures. Those are surgeries, she said, where compelling evidence shows that volume is crucial to positive outcomes.

The procedures are: bariatric surgery for weight loss; carotid endarterectomy; esophageal resection for cancer; lung resection for cancer; mitral valve repair and replacement; open abdominal aortic aneurysm repair; pancreatic resection and rectal cancer surgery.

For example, for a cancer lung resection, only about 22% of hospitals and 17% of surgeons met Leapfrog’s standard for adequate experience with these procedures. Bariatric surgeries for weight

loss had the best numbers with about 68% of hospitals meeting the standard and 51.5% of the surgeons doing the same.

I asked Binder why bariatric surgeries had the best results. She explained that health insurers have imposed regulations for covering the procedure, and they may require preauthorization and other checks. “Because of that scrutiny, we think they are better,” she said.

In other words, insurance company oversight may be a good thing, especially since three-quarters of hospitals overall had not established criteria to determine whether the other seven procedures on Leapfrog’s list were appropriate for the patient.

Binder said that rural hospitals were most likely to fall short of the volume requirements. They struggle because sparse populations in their areas mean they don’t perform the same procedure often enough to gain expertise.

“The priority has to be not the hospital but the people served by their hospital,” she said.

Patients must understand the level of risk they face if they choose to have complicated procedures done at a hospital with such low volume.



“Some people may not want to drive to a facility that’s further away but at least they should understand that the procedure is not that safe,” Binder said.


The hospital industry maintains that attributing surgical expertise only to the numbers of procedures performed ignores other safety improvement strategies.

Binder said she can’t say performing 100 surgeries is better

than 90, but “I do know that 100 is better than one, two or three. People in health care know it, and it’s time the rest of the people know that, too,” she said.


What’s been your experience with hospitals or surgeons harming a loved one? Write to Trudy at trudy.lieberman@gmail.com.





the village beat

Don't miss a beat on what is happening in Fallbrook, Bonsall, Pala, De Luz and Rainbow. Whether it is breaking news, local youth sports, or ZWc Rz _ _ Vg edR URbzZdJ f hZj) _UZbf ZVj R.UVRZj Re

760

ENTERTAINMENT

FALLBROOK – Encore Club has a new season planned under the leadership of incoming co-presidents Nancy Downs and Carol Johnson.

The first meeting of the new year will be Sept. 3, with the coffee social time at 9:30 a.m. followed by the business meeting at 10 a.m.

These meetings are held on the first Tuesday of each month at the Masonic Center, 203 Rocky Crest, in Fallbrook. Everyone is welcome to sign up for their choice of activities each month. Those interested in learning more about the club and activities are encouraged to attend.

As a social club, Encore Club draws members from

the communities of Fallbrook, Bonsall, Rainbow and De Luz. Anyone considering membership may also contact either of the co-membership chairs Bobbi Bixby at (562) 673-1250 or Bea Valverde at beavalverde62@yahoo.com, or visit www.fallbrookencoreclub.com.

There are many social activities available to members, including some that continue through the summer season. The “GO” activity offers club members something different to do each month, planned by a different member. For example, 25 ladies visited the Valley Center Museum together in July to learn more about history. They enjoyed brunch under the

Encore Club members Terry Derry and Sue Beld are seen with the famous Betty Crocker cookbook.

Courtesy photos



BETHANY HAMILTON

"I don't need easy, I just need possible."

Bethany Hamilton:

Unstoppable

A Documentary by Aaron Lieber

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oaks at the Yellow Deli before taking a guided tour of the museum. Highlights included the home of Agnes White, aka Betty Crocker. The museum houses handwritten recipes and a recording of one of her radio shows. The group visited her former home and old barn which is filled with antiques.

Recently another “GO” group visited the Stuart Collection of outdoor art on the University of California San Diego campus. The walking tour included visiting the “Fallen Star” small home which appears to be dangling from the roof of the Jacobs School of

Engineering. Entering the little home was a study in disorientation.

Regular activities include an RV group, book club, cooking or dining together, many game groups, and other activities taking members out and about on various outings such as Mystery Adventure, Happy Diggers for gardeners or Walkabout for hikers.

The club is open to new activity suggestions to keep expanding their horizons and drawing the interest of a growing membership. Fun and friendship are the Encore Club goals.

Submitted by the Encore Club.

The “Fallen Star” home balances on the roof of the Engineering Building at University of California San Diego.

Encore Club members pose in front of the “Fallen Star” home before touring it, from left, Carol Shrider, Sheila Peterson, Janice Bauman, “GO” leader Linda Johnson, Gloria Potter, Judie Erickson and Carol Kidd.

A giant teddy bear sculpture made of 180 tons of stones over 23 feet high sits on the University of California San Diego campus.

Elizabeth Youngman-Westphal
Special to The Village News

William Shakespeare’s work can now be seen locally from two perspectives. The original story of forbidden love opened Aug. 17, at The Old Globe Theater Under the Stars, while the more modern version has already debuted at The Moonlight Amphitheatre Under the Stars in Vista Wednesday, Aug. 14.

The most beloved of Shakespeare’s 38 plays, “Romeo and Juliet” tells the tale of two feuding families and the heart-breaking tragedy that comes from senseless violence.

The modern version known as “Westside Story” was the vision of Jerome Robbins. He collaborated with Arthur Laurents to write the book, Leonard Bernstein

wrote the music and Stephen Sondheim added lyrics. Together they recreated Shakespeare’s heart-breaking tragedy and created a new classic about forbidden love.

Set in the upper West Side of New York City, choreographer Hector Guerrero holds true to the Jerome Robbins original choreography. Guerrero’s faithful reproduction sparkles with every finger snap, high kick or fight scene. It is as it was opening night on Broadway July 31, 1957, and it is simply dazzling.

Theatergoers are treated to one of the finest productions of the year. It is a must-see, if only to hear Michael James Byrne as Tony sing “Maria.”

The 5-star production uses only the best talent on the planet and plays through Aug. 31 at Moonlight Stage in Vista. Opening next is “Victor/Victoria,” Sept. 11. For

tickets, call the box office, (760) 724-2110 or visit moonlightstage.com. Rated 10 out of 10.

Telling the ageless tale of star-crossed lovers inside colliding cultures, the original version opened Aug. 17 at The Old Globe 2019 Summer Shakespeare Festival. Touted as the “greatest love story of all time,” it is hard to disagree.

While I didn’t get to see the opening night production, this one is set in modern times with Barry Edelstein directing; it will be an evening to remember.

While set 400 years apart, both “Romeo & Juliet” and “Westside Story” share a story about hate and the sorrow connected with it.

Playing outdoors in the Lowell Davies Festival Theater, 1363 Old Globe Way, in San Diego, tickets start at only \$30. Ask about the \$14 prepaid parking. It’s worth



“West Side Story” is an updated version of Shakespeare’s “Romeo and Juliet,” and can be seen at The Moonlight Amphitheatre Under the Stars in Vista.

it. For tickets, call the box office, (619) 234-5623, or visit www.TheOldGlobe.org. Unrated to date.

Elizabeth Youngman-Westphal



Performers for the Aug. 10 concert are, from left, Jack Ragland, Natasha Ragland, Nanette Smets, Roxanne Constandse, Crystal Lopez, Carleigh Grant, Margaret Singleton, the Rev. Walt Leverette and Marilee Ragland.

FALLBROOK – Singers and pianists gave a free concert for the public at the Christian Science Church, Aug. 10. The selections included comedy songs by Cole Porter from “Dubarry Was a Lady,” “Kiss Me Kate” and “Jubilee”

and hits from “West Side Story,” “Brigadoon,” “Damn Yankees,” “My Fair Lady,” “Carmen,” “Breakfast at Tiffany’s,” “Cinderella,” “William Tell,” “Orpheus and the Underworld,” African-American spirituals, pop

songs by Maren Morris and Zed Grey, Elvis Presley, John Denver, contemporary Christian songs by Cory Asbury and classical favorites by Ludwig von Beethoven and Franz Liszt.

Submitted by Natasha Ragland.



The Fallbrook Chorale performs their spring concert of Broadway’s Biggest Hits, June 1, to a packed house.

FALLBROOK – Fallbrook Chorale is starting up rehearsals for its upcoming Christmas show, which will be held Saturday, Dec. 14.

Anyone interested in joining is invited to call or email for further information, (760) 390-9726 or fallbrookchorale@gmail.com.

This season’s first rehearsal is Tuesday, Sept. 3, at 7 p.m. at Fallbrook Community Baptist Church, 731 S Stage Coach Lane. Newcomers are asked to come at 6:30 p.m. to register, sing a few scales for part placement and to pick up their music.

Submitted by Fallbrook Chorale.

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LEGALS

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9018305
Name of Business
a. JEAN GENIE DENIM
b. CASSIDY MICHELLE
3095 State Street, Carlsbad, CA 92008
County: San Diego
This business is registered by the following:
Cassidy Michelle Elison, 1643 Reche Rd, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first commenced to transact business under the above name as of 7/1/19
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 07/25/19
LEGAL: 5080
PUBLISHED: August 8, 15, 22, 29, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9019370
Name of Business
SEVEN STUDIO
1410 S. Mission Rd, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
a. Guadalupe Jeanette Barragan, 1410 S. Mission Rd, Fallbrook, CA 92028
b. Alvaro Barragan, 1410 S. Mission Rd, Fallbrook, CA 92028
This business is conducted by a Married Couple
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/07/19
LEGAL: 5084
PUBLISHED: August 15, 22, 29, September 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9019634
Name of Business
a. BOOKSMART BUSINESS SERVICES
b. BBS
5433 Triple Crown Drive, Bonsall, CA 92003
PO Box 703, Bonsall, CA 92003
County: San Diego
This business is registered by the following:
Joyce M. Jackson, 5433 Triple Crown Drive, Bonsall, CA 92003
This business is conducted by an Individual
Registrant first commenced to transact business under the above name as of 7/15/2019
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/09/19
LEGAL: 5085
PUBLISHED: August 15, 22, 29, September 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9019656
Name of Business
OCEANGATE PROPERTY MANAGEMENT
8250 Camino Santa Fe #A, San Diego, CA 92121
County: San Diego
This business is registered by the following:
Oceangate Management Inc., 8250 Camino Santa Fe #A, San Diego, CA 92121
This business is conducted by a Corporation
This Corporation is located in the state of California
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/09/19
LEGAL: 5086
PUBLISHED: August 15, 22, 29, September 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9019275
Name of Business
a. APEX INDUSTRIES
b. APEX SOLUTIONS
c. APEX LOGISTICS
d. APEX SUPPLY
e. APEX WHOLESALE
4653 Carmel Mountain Road, Ste. 308, Unit 88, San Diego, CA 92130
County: San Diego
This business is registered by the following:
McMaverick, Inc., 4653 Carmel Mountain Road, Ste. 308, Unit 88, San Diego, CA 92130
This business is conducted by a Corporation
Registrant first commenced to transact business under the above name as of 06/04/19
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/06/19
LEGAL: 5087
PUBLISHED: August 15, 22, 29, September 5, 2019

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9019511
Name of Business
a. KIN HOMES
b. KIN HOME SALES
1649 Calavo Rd, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Peter Giles Gladkin, 1649 Calavo Rd, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first commenced to transact business under the above name as of 8/8/19
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/08/19
LEGAL: 5092
PUBLISHED: August 22, 29, September 5, 12, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9019119
Name of Business
FALLBROOK HOUSE CLEANING
405 Solana Real, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Brittany Nicole Lee Brennan, 405 Solana Real, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first commenced to transact business under the above name as of 8/5/2019
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/05/19
LEGAL: 5093
PUBLISHED: August 22, 29, September 5, 12, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9020156
Name of Business
a. ORFLIA VINEYARDS AND WINERY
b. ORFLIA VINEYARDS
13455 San Pasqual Rd, Escondido, CA 92025
County: San Diego
This business is registered by the following:
Orflia Vineyards Inc., 13455 San Pasqual Rd, Escondido, CA 92025
This business is conducted by a Corporation
This Corporation is located in the state of California
Registrant first commenced to transact business under the above name as of 8/15/2019
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/15/19
LEGAL: 5094
PUBLISHED: August 22, 29, September 5, 12, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9018802
Name of Business
MARKS TARTS
344 Hutchison St, Vista, CA 92084
County: San Diego
This business is registered by the following:
a. Patricia Anne Marks, 344 Hutchison St, Vista, CA 92084
b. Steve David Marks, 344 Hutchison St, Vista, CA 92084
This business is conducted by a Married Couple
Registrant first commenced to transact business under the above name as of 7/23/16
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 07/31/19
LEGAL: 5079
PUBLISHED: August 8, 15, 22, 29, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9019691
Name of Business
CITRUS PEONY ROAD GROUP
3922 Peony Dr., Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
a. Tina Andruss, 3922 Peony Dr., Fallbrook, CA 92028
b. Susan Hays, 4232 Citrus Dr., Fallbrook, CA 92028
This business is conducted by an Unincorporated Association-Other than a Partnership
Registrant first commenced to transact business under the above name as of 8/12/19
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/12/19
LEGAL: 5088
PUBLISHED: August 15, 22, 29, September 5, 2019

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9018841
Name of Business
BEAR NATIVE LANDSCAPES
4719 Via Inca, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Kevin McKernan, 4719 Via Inca, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first commenced to transact business under the above name as of 06/17/19
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 07/31/19
LEGAL: 5077
PUBLISHED: August 8, 15, 22, 29, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9018206
Name of Business
DARKHORSE TREE AND LANDSCAPING SERVICES
686 Washington Ave, Pomona, CA 91767
County: Los Angeles
This business is registered by the following:
Luis Junior Chavez, 686 Washington Ave, Pomona, CA 91767
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 07/24/19
LEGAL: 5072
PUBLISHED: August 1, 8, 15, 22, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9018540
Name of Business
TLP CONSULTING SERVICES
605 Highland Park, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Leslie A. Palasty, 605 Highland Park, Fallbrook, CA 92028
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 07/29/19
LEGAL: 5073
PUBLISHED: August 1, 8, 15, 22, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9017484
Name of Business
WES TECH ROOFING
1109 E. Alvarado, Fallbrook, CA 92028
Mailing address: P.O. Box 1942, Fallbrook, CA 92088
County: San Diego
This business is registered by the following:
Granado & Beatty LLC, 1109 E. Alvarado, Fallbrook, CA 92028
This business is conducted by a Limited Liability Company
This LLC is located in the state of California
Registrant first commenced to transact business under the above name as of 5/15/19
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 07/15/19
LEGAL: 5074
PUBLISHED: August 1, 8, 15, 22, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9019046
Name of Business
MEGA.FISH
330 Rancheros Drive, Suite 258, San Marcos, CA 92069
Mailing address: 1217 Corte Zafiro, San Marcos, CA 92069
County: San Diego
This business is registered by the following:
Tech-Antics, Inc, 1217 Corte Zafiro, San Marcos, CA 92069
This business is conducted by a Corporation
This Corporation is located in the state of California
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/02/19
LEGAL: 5081
PUBLISHED: August 8, 15, 22, 29, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9018535
Name of Business
TIANYE VILLAGE SPA
936 E. Mission Rd Ste E, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Die Qing Huang, 9453 Guess St., Rosemead, CA 91770
This business is conducted by an Individual
Registrant first commenced to transact business under the above name as of 7/29/2019
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 07/29/19
LEGAL: 5078
PUBLISHED: August 8, 15, 22, 29, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9019459
Name of Business
COFFEE, CORKS & CUISINE
139 So. Main Ave., Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
K+L Enterprises, LLC, 1958 Gum Tree Lane, Fallbrook, CA 92028
This business is conducted by a Limited Liability Company
This LLC is located in the state of CA
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/08/19
LEGAL: 5089
PUBLISHED: August 15, 22, 29, September 5, 2019

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9020001
Name of Business
MCNICHOLS CONSTRUCTION
121 Alva Lane, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Andrew Dillon McNichols, 121 Alva Lane, Fallbrook, CA 92028
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/14/19
LEGAL: 5095
PUBLISHED: August 22, 29, September 5, 12, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9020357
Name of Business
LIV'S KAFE
1281 N. Santa Fe Drive, Vista, CA 92084
County: San Diego
This business is registered by the following:
Liv Karin Skog Cahoun, 432 Taylor Street, Vista, CA 92084
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/19/19
LEGAL: 5096
PUBLISHED: August 22, 29, September 5, 12, 2019

Notice

NOTICE IS HEREBY GIVEN THAT PURSUANT TO SECTIONS 21701-21715 OF THE BUSINESS AND PROFESSIONAL CODE SECTION 2328 OF THE COMMERCIAL CODE SECTION 535 OF THE PENAL CODE TAYLOR SELF STORAGE 1200 EAST TAYLOR ST. VISTA CA 92084 WILL SELL BY COMPETITIVE BIDDING ON AUGUST 27 2019 AT 10 AM AUCTION TO BE HELD AT THE ABOVE ADDRESS, PROPERTY TO BE SOLD AS FOLLOWS:MISC GOODS, PERSONAL ITEMS, FURNITURE AND CLOTHING

CRISTAL LUIS
ANDY CORONADO
DANIELA RODRIGUEZ
NATASHA DILORENZO
VICTORIA OLSEN
BRIAN/ MICHELLE DI PRIEST
JUAN AVINA
MICHAEL BABCOCK
JACQUE SAULPAW

Published August 15, 22, 2019

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case Number: 37-2019-00041679-CU-PT-NC
TO ALL INTERESTED PERSONS
Petitioner:
BLANCA TINAJERO, ANTHONY BOJORQUEZ
Present Name:
JOSEPH RAY JANIS
Proposed Name:
JOSEPH BOJORQUEZ
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: 9/24/19 Time: 8:30 am Dept: 23
The address of the court is North County Division, 325 S. Melrose Dr., Vista, CA 92081
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News
Date: 8/9/19 Signed: Sim von Kalinowski, Judge of the Superior Court.
LEGAL: 5097
PUBLISHED: August 22, 29, September 5, 12, 2019

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case Number: 37-2018-00035960-CU-PT-NC
TO ALL INTERESTED PERSONS
Petitioner:
GABRIELLE LIA GAGLIARDI filed a petition with this court for a decree changing names as follows:
Present Name:
GABRIELLE LIA GAGLIARDI
Proposed Name:
GABRIELLE LIA GAGLIARDI-ESCALANTE
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: September 3, 2019 Time: 8:30 a.m.
Dept: 23
The address of the court is 325 South Melrose Drive, Vista, CA 92081
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News
Date: Jul 12, 2019 Signed: Sim von Kalinowski, Judge of the Superior Court.
LEGAL: 5075
PUBLISHED: August 1, 8, 15, 22, 2019

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case Number: 37-2018-00039353-CU-PT-NC
TO ALL INTERESTED PERSONS
Petitioner:
MARIAH HOPE KALLIMANES filed a petition with this court for a decree changing names as follows:
Present Name:
a. MARIAH HOPE KALLIMANES
b. TOBY REX MCCLANAHAN
Proposed Name:
a. MARIAH HOPE KALLI
b. TOBY REX KALLI
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: 9-17-19 Time: 8:30 a.m. Dept: 23
The address of the court is 325 South Melrose Drive, Vista, CA 92081
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News
Date: Jul 30, 2019 Signed: Sim von Kalinowski, Judge of the Superior Court.
LEGAL: 5076
PUBLISHED: August 1, 8, 15, 22, 2019

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case Number: 37-2019-00041120-CU-PT-NC
TO ALL INTERESTED PERSONS
Petitioner:
DAWN SUE GUNTHER GONZALEZ
Present Name:
DAWN SUE GUNTHER GONZALEZ
Proposed Name:
DAWN SUE GONZALEZ
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: 9-24-19 Time: 8:30 am Dept: 23
The address of the court is North County Division, 325 S. Melrose Dr., Vista, CA 92081
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News
Date: AUG -7 2019 Signed: Sim von Kalinowski, Judge of the Superior Court.
LEGAL: 5090
PUBLISHED: August 15, 22, 29, September 5, 2019

NOTICE OF TRUSTEE'S SALE UNDER DEED OF TRUST TITLE ORDER NUMBER: 19-288864 LOAN: P0744 FILE: PFI-191282 A.P.N.: 126-200-40-00 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 02/22/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NOTICE is hereby given that PLACER TRUSTEE SERVICES, as trustee, or successor trustee, or substituted trustee pursuant to the Deed of Trust executed by: LEOBARDO MORA, A MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY Recorded 03/27/2007 as Instrument No. 2007-0203751 in book , page of Official Records in the office of the Recorder of SAN DIEGO County, California, and pursuant to the Notice of Default and Election to Sell thereunder recorded 5/6/2019 in Book, Page, as Instrument No. 2019-0168142 of said Official Records, WILL SELL on 09/04/2019 At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 at 10:00AM AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at the time of sale in lawful money of the United States), all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State hereinafter described: As more fully described on said Deed of Trust. The property address and other common designation, if any, of the real property described above is purported to be: 1390 LITTLE GOPHER CANYON ROAD, VISTA, CA 92084 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown herein. Total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$117,031.11 In addition to cash, the trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. In the event tender other than cash is accepted the Trustee may withhold the issuance of the Trustee's Deed until funds become available to the payee or endorsee as a matter of right. Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to satisfy the indebtedness secured by said Deed, advances thereunder, with interest as provided therein, and the unpaid principal balance of the Note secured by said Deed with interest thereon as provided in said Note, fees, charges and expenses of the trustee and the trusts created by said Deed of Trust. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this Internet Web site www.nationwideposting.com, using the file number assigned to this case PFI-191282. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Dated: 08/06/2019 PLACER TRUSTEE SERVICES, as said Trustee 12190 Hermal Drive, Suite 9 Auburn, California 95603 (530) 888-8411 By: SHANNON WINFORD, TRUSTEE SALE OFFICER DIRECTIONS MAY BE OBTAINED PURSUANT TO A WRITTEN REQUEST SUBMITTED TO THE BENEFICIARY C/O PLACER FORECLOSURE, INC., 12190 HERMAL DR., SUITE 9, AUBURN, CA 95603, WITHIN 10 DAYS OF THE FIRST PUBLICATION OF THIS NOTICE. PLACER FORECLOSURE, INC. IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. NPP0358954 To: VILLAGE NEWS INC 08/15/2019, 08/22/2019, 08/29/2019

NOTICE OF TRUSTEE'S SALE T.S. No.: 19-0136 Loan No.: *****313 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 07/24/2006 AND MORE FULLY DESCRIBED BELOW. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check payable at the time of sale in lawful money of the United States (payable to Attorney Lender Services, Inc.) will be held by the duly appointed Trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: CHRIS COLLEEN DOWNS, A MARRIED WOMAN Trustee: ATTORNEY LENDER SERVICES, INC. Recorded 08/03/2006 as Instrument No. 2006-0552185 of Official Records in the office of the Recorder of SAN DIEGO County, California, Date of Sale: 09/11/2019 at 10:00AM Place of Sale: At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 Estimated amount of unpaid balance and other charges: \$320,723.76 estimated - as of date of first publication of this Notice of Sale The purported property address is: 2202 BAUTISTA AVE VISTA, CA 92084-1639 A.P.N.: 159-170-07-00 The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county wherein the real property is located and more than three (3) months have elapsed since such recordation. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Trustee's Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (916) 939-0772 for information regarding the trustee's sale or visit this Internet Web site www.nationwideposting.com for information regarding the sale of this property, using the file number assigned to this case, 19-0136. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 07/31/2019 ATTORNEY LENDER SERVICES, INC. Diane Weifenbach, President 5120 E. LaPalma Avenue, #209 Anaheim, CA 92807 Telephone: 714-695-6637 Sales Line: (916) 939-0772 Sales Website: www.nationwideposting.com This office is attempting to collect a debt and any information obtained will be used for that purpose. NPP0358039 To: VILLAGE NEWS INC 08/15/2019, 08/22/2019, 08/29/2019

Petition to Administer

NOTICE OF PETITION TO ADMINISTER ESTATE OF
MARILYN JANE COLBURN aka MARILYN J. COLBURN aka MARILYN COLBURN
CASE NO. 37-2019-00039608-PR-LA-CTL

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: **MARILYN JANE COLBURN aka MARILYN J. COLBURN aka MARILYN COLBURN**

A Petition for Probate has been filed by **GLENNYS SUE NELSON** in the Superior Court of California, County of SAN DIEGO

The Petition for Probate requests that **GLENNYS SUE NELSON** be appointed as personal representative to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows:
Date: 09/05/19 Time: 1:30 p.m. Dept. 503
Address of court: 1100 Union Street, San Diego, CA 92101, Central

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the **later** of either (1) **four months** from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) **60 days** from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A form is available from the court clerk.

Attorney for Petitioner: Philip G. Arnold, Esq., 405 South Main Street, Suite A, Fallbrook, California 92028, 760-728-6335

Legal: 5082
PUBLISHED: August 8, 15, 22, 2019

NOTICE OF PETITION TO ADMINISTER ESTATE OF
BETTY JEAN GARZA aka BETTY J. GARZA aka BETTY GARZA
CASE NO. 37-2019-00039549-PR-LA-CTL

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: **BETTY JEAN GARZA aka BETTY J. GARZA aka BETTY GARZA**

A Petition for Probate has been filed by **CRAIG GARZA** in the Superior Court of California, County of SAN DIEGO

The Petition for Probate requests that **CRAIG GARZA** be appointed as personal representative to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

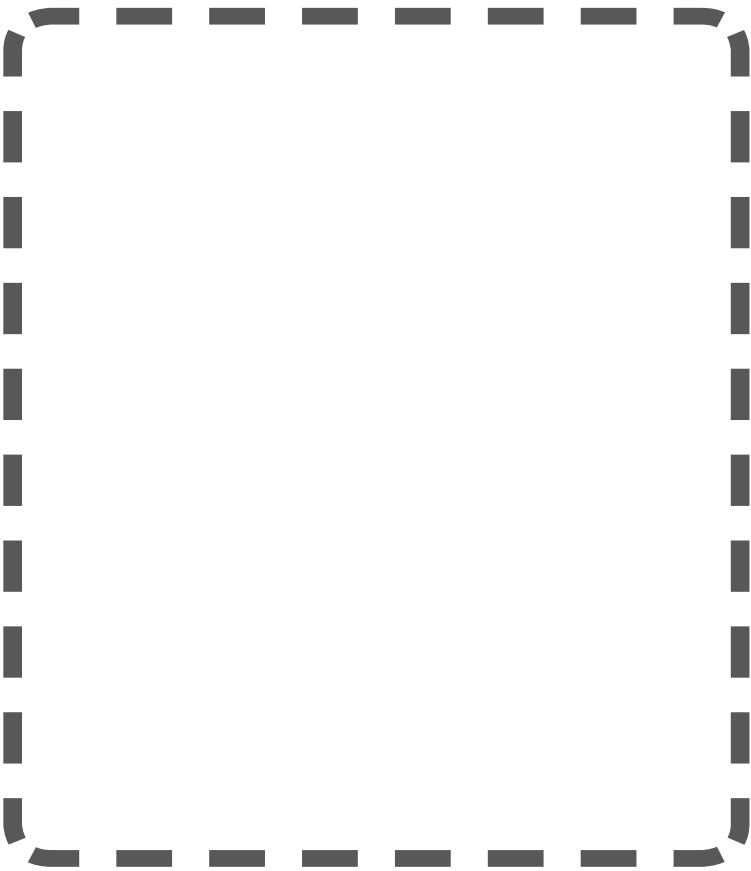
A hearing on the petition will be held in this court as follows:
Date: 09/11/19 Time: 1:30 p.m. Dept. 502
Address of court: 1100 Union Street, San Diego, CA 92101, Central

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the **later** of either (1) **four months** from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) **60 days** from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A form is available from the court clerk.

Attorney for Petitioner: Philip G. Arnold, Esq., 405 South Main Street, Suite A, Fallbrook, California 92028, 760-728-6335

Legal: 5083
PUBLISHED: August 8, 15, 22, 2019

T.S. No.: 9462-4922 TSG Order No.: 190635535-CA-VOI A.P.N.: 218-373-61-00 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 03/23/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Affinia Default Services, LLC, as the duly appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded 03/29/2006 as Document No.: 2006-0218811, of Official Records in the office of the Recorder of San Diego County, California, executed by: YOLANDA REYES, A MARRIED WOMAN, AS HER SOLE AND SEPARATE PROPERTY, as Trustor, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable in full at time of sale by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and state, and as more fully described in the above referenced Deed of Trust. Sale Date & Time: 08/28/2019 at 10:00 AM Sale Location: At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 The street address and other common designation, if any, of the real property described above is purported to be: 629 CORTE GALANTE, SAN MARCOS, CA 92069 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made in an "AS IS" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$124,347.68 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to sale. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call, 916-939-0772 for information regarding the trustee's sale or visit this Internet Web site, www.nationwideposting.com, for information regarding the sale of this property, using the file number assigned to this case, T.S.# 9462-4922. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet Web site. The best way to verify postponement information is to attend the scheduled sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Affinia Default Services, LLC 301 E. Ocean Blvd. Suite 1720 Long Beach, CA 90802 833-290-7452 For Trustee Sale Information Log On To: www.nationwideposting.com or Call: 916-939-0772. Affinia Default Services, LLC, Omar Solorzano, Foreclosure Associate This communication is an attempt to collect a debt and any information obtained will be used for that purpose. However, if you have received a discharge of the debt referenced herein in a bankruptcy proceeding, this is not an attempt to impose personal liability upon you for payment of that debt. In the event you have received a bankruptcy discharge, any action to enforce the debt will be taken against the property only. NPP0357541 To: VILLAGE NEWS INC 08/08/2019, 08/15/2019, 08/22/2019



NOTICE OF PETITION TO ADMINISTER ESTATE OF
MARK F. SCUDDER
CASE NO. 37-2019-00041754-PR-PL-CTL

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: **MARK F. SCUDDER**

A Petition for Probate has been filed by **MARGARET ANN SCUDDER** in the Superior Court of California, County of SAN DIEGO

The Petition for Probate requests that **MARGARET ANN SCUDDER** be appointed as personal representative to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows:

Date: September 17, 2019 Time: 11:00 a.m. Dept. 504

Address of court: 1100 Union Street, San Diego, CA 92101, Central Courthouse

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the **later** of either (1) **four months** from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) **60 days** from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A form is available from the court clerk.

Attorney for Petitioner: Danielle C. Humphries, 600 W. Broadway, Suite 1500, San Diego, CA 92101, (619) 810-4300

Legal: 5091

PUBLISHED: August 22, 29, September 5, 2019

NOTICE OF PETITION TO ADMINISTER ESTATE OF
MOLLY ARROWSMITH
CASE NO. 37-2019-00041899-PR-PW-CTL

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: **MOLLY ARROWSMITH**

A Petition for Probate has been filed by **EDITH ARROWSMITH** in the Superior Court of California, County of SAN DIEGO

The Petition for Probate requests that **EDITH ARROWSMITH** be appointed as personal representative to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows:

Date: September 25, 2019 Time: 1:30 p.m. Dept. 502

Address of court: 1100 Union Street, San Diego, CA 92101, Central Courthouse

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the **later** of either (1) **four months** from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) **60 days** from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A form is available from the court clerk.

Attorney for Petitioner: Holly M. Emge of Chapman, DeLesk & Emge, LLP, 28202 Cabot Rd., Suite 300, Laguna Niguel, CA 92677, (949) 365-9000

Legal: 5098

PUBLISHED: August 22, 29, September 5, 2019

SHERIFF’S LOG

Aug. 2	
300 block of East Alvarado Street	Narcotics
Aug. 4	
2000 block of Old Highway 395	Petty Theft
5300 block of Pala Road	Grand Theft
Aug. 5	
5500 block of Mission Road	Vehicle Burglary
0 Block of Golden Meadow Lane	Rape
Pankey Road @ Shearer Crossing	Spousal Abuse
Aug. 6	
700 block of West Fallbrook Street	Spousal Abuse
Aug. 7	
1100 block of Alturas Road	Psych Evaluation
1300 block of South Mission Road	Under the Influence of Narcotics
Aug. 8	
200 North Stage Coach Lane	Under the Influence of Narcotics
1500 block of South Hill Avenue	Petty Theft
West Dougherty Street @ De Luz Road	Possession of a Controlled Substance
1400 block of Alturas Road	Vehicle Theft
Aug. 9	
1400 block of Alturas Road	Possession of a Controlled Substance
200 block of South Brandon Road	Carrying Concealed Dirk or Dagger
South Main Avenue @ Elder Street	Possession of a Controlled Substance
100 block of South Mission Road	Petty Theft
1400 block of Rainbow Valley Boulevard	Domestic Violence
Aug. 10	
31100 block of Old River Road	Misc. Incidents
800 block of De Luz Road	Grand Theft
1000 block of East Mission Road	Shoplifting
Aug. 11	
2200 block of Lindsay Court	Residential Burglary
700 block of Alturas Road	Stolen Vehicle
3400 block of South Old Highway 395	Felon in Possession of Firearm
Aug. 12	
Old Stage Road @ Palomino Road	Possession of a Controlled Substance
1300 block of South Mission Road	Robbery
400 block of Woodcrest Drive	Fraud
Aug. 13	
Pala Road @ Mission Road	Possession of a Controlled Substance
3500 block of Rosa Way	Fraud
South Pico Ave. @ Ash Street	Possession of a Controlled Substance
Aug. 14	
500 block of East Dougherty Street	Possession of a Controlled Substance
2400 block of South Stage Coach Lane	Vandalism
Aug. 15	
400 block of South Stage Coach Lane	Drunk in Public
30000 block of Disney Lane	Commercial Burglary
Aug. 16	
2700 block of Reche Road	Simple Battery
Westmond Road @ Gird Road	Battery
500 block of De Luz Road	Stolen Vehicle
1600 block of South Mission Road	Petty Theft
200 block of Ash Street	Drunk in Public
3400 block of South Old Highway 395	Possession of a Controlled Substance
Aug. 17	
800 block of East Elder Street	Possession of a Controlled Substance
Aug. 18	
4900 block of Sweetgrass Lane	Spousal Abuse
400 block of South Main Avenue	Spousal Abuse

EDUCATION

FALLBROOK – The summer break has been a busy time as leadership at Fallbrook Union Elementary School District has been working to fill each classroom with new teachers.

The new teacher orientation took place days before the start of the new school year.

With a growing number of students at every school site, FUESD is welcoming 52 new classified employees, 48 new certificated employees and over 30 new substitute teachers to the district for the start of the new year.

These positions range from facility technicians to teachers, speech-language pathologists and counselors among many others.

Associate Superintendent Bill Billingsley said he was excited about the new hires and the talents they will bring to the classrooms of Fallbrook.

“We are so thrilled to be welcoming over 100 new staff members to the FUESD family,” Billingsley said. “Many of these new teachers have served as student teachers in our district and all



New teachers attend Fallbrook Union Elementary School District's orientation for the new school year.

Courtesy photo

of these new employees bring their passion, fresh ideas and

amazing talents to the classrooms of FUESD. We could not be more

proud to welcome these outstanding professionals to Team FUESD.”

Submitted by Fallbrook Union Elementary School District.

WASHINGTON – Every year, a select group of undergraduate and graduate students embark on an internship with the FBI. To earn a spot in this highly competitive, paid 10-week program ,more than 13,000 students applied for 1,200 positions this year, each applicant must pass a complete background investigation – which includes a polygraph examination and drug test—before receiving a top secret clearance and beginning a summer of in-depth experience and a close-

up look at the FBI and its mission.

Honors interns have diverse academic backgrounds—including public relations, legal studies, biology and computer science—and bring valuable skills to an agency with an equally diverse variety of positions, from accountants and engineers to helicopter pilots, psychologists and more.

One former intern, Brian, was offered a full-time position after his 2018 summer internship and now works for the FBI as an

operational support technician in in the Philadelphia Field Office. Brian is one of more than 300 interns who were hired by the Bureau last year. “I knew that I wanted to work for an organization that helped people and the country, and I wanted do something meaningful,” he said.

The 2019 Honors Internship program ended Aug. 16 with a ceremony for the outgoing class. Students interested in the FBI’s 2020 summer internship program

can apply at fbijobs.gov. The application period opened Aug. 16 and ends Sept. 15.

An applicant must be:

- A U.S. citizen
- Enrolled full time in an undergraduate, graduate or postdoctoral program at an accredited U.S. college or university with a GPA of at least 3.0
- Able to obtain a top secret security clearance

The following will disqualify any applicant:

- A felony conviction
- Drug use (See FBI Employment Drug Policy)
- Default on a student loan insured by the U.S. government
- Review the full list of eligibility requirements at <https://fbijobs.gov/working-at-FBI/eligibility>

Submitted by FBI.

SAN DIEGO – As students across the state head back to class, the American Red Cross offered these steps to help make the trip back to the classroom a safe one.

Get to school safely.

If a student rides a bus to school, they should plan to get to their bus stop early and stand away from the curb while waiting for the bus to arrive.

Students should board the bus only after it has come to a complete stop and the driver or attendant has instructed them to get on. They should only board their bus, never an alternate one.

All students should stay in clear view of the bus driver and never walk behind the bus.

Cross the street at the corner, obeying traffic signals and staying in the crosswalk.

Never dart out into the street or cross between parked cars.

If children ride in a car to get to school, they should always wear a seat belt. Younger children should

use car seats or booster seats until the lap-shoulder belt fits properly, typically for children ages 8-12 and over 4-foot-9, and ride in the back seat until they are at least 13 years old.

If a teenager is going to drive to school, parents should mandate that they use seat belts. Drivers should not use their cellphone to text or make calls and avoid eating or drinking while driving. Some students ride their bike to school. They should always wear a helmet and ride on the right in the same direction as the traffic is going.

When children are walking to school, they should only cross the street at an intersection and use a route along which the school has placed crossing guards.

Parents should walk young children to school, along with children taking new routes or attending new schools, at least for the first week to ensure they know how to get there safely. Arrange for children to walk to school with a

friend or classmate.

When school is in session, slow down.

Drivers should be aware that children are out walking or biking to school and slow down, especially in residential areas and school zones. Motorists should know what the yellow and red bus signals mean.

Yellow flashing lights indicate the bus is getting ready to stop and motorists should slow down and be prepared to stop.

Red flashing lights and an extended stop sign indicate the bus is stopped and children are getting on or off. Drivers in both directions must stop their vehicles and wait until the lights go off, the stop sign is back in place and the

bus is moving before they resume driving.

Keep little ones safe.

Keeping all students safe is the primary concern for everyone, but there are special steps for parents of younger children and those going to school for the first time.

Make sure the child knows their phone number, address, how to get in touch with their parents at work, how to get in touch with another trusted adult and how to dial 911.

Teach children not to talk to strangers or accept rides from someone they don’t know.

Be prepared for emergencies.

Know what the emergency plan is at each child’s school in case a disaster or an unforeseen event occurs. Develop a family

emergency plan so everyone will know who to contact and where to go if something happens while children are at school and parents are at work. Details are available at www.redcross.org/prepare.

The Red Cross First Aid app provides instant access to information on handling the most common first aid emergencies whether it be before, during or after school. Download the app for free by searching for “American Red Cross” in the app store or at www.redcross.org/apps.

Learn and practice First Aid and CPR/AED skills by taking a course; find one at www.redcross.org/takeaclass and help save a life.

Submitted by Red Cross.

FALLBROOK – Rally for Children, a nonprofit organization dedicated to supporting children’s programs and projects in the Fallbrook and Bonsall area, is accepting written requests for funding. The deadline to request funds is Sept. 30.

Rally for Children makes annual philanthropic donations. Last year, organizations receiving funding included Fallbrook Food Pantry, La Paloma Elementary PTA,

Boys and Girls Club of Fallbrook, Fallbrook Music Society, Fallbrook Child Development Center and Fallbrook School of the Arts.

Requests must be written and provide specific details of how the funds received will benefit children in Fallbrook and Bonsall. Mail requests to: Rally for Children, Attn: Philanthropy, P.O. Box 2575, Fallbrook, CA 92088-2575.

Submitted by Rally for Children.



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August 23, 2019

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Volume 23, Issue 34

FALLBROOK – Fallbrook’s Foundation for Senior Care joined with other nonprofits to host and honor local veterans whose service spanned the most recent five wars on the 74th anniversary of the end of World War II.

Dr. Robert Pace, president of the Foundation for Senior Care and a Navy officer during the Vietnam-era, welcomed veterans representing the five branches (Air Force, Army, Coast Guard, Marine Corps and Navy) of the armed forces and their families for a morning of ceremonies.

Active duty and retired members of those branches of the armed forces as well as representatives from the county, state legislature and the U.S. Congress were also on hand to present commemorative certificates to the veterans. In attendance were two veterans of World War II.

According to Keith Birkfeld, the foundation’s executive director, John Cardona’s artwork was featured at the Foundation for Senior Care on South Mission Road in a mini “showing.”

Birkfeld also noted that Ashley McKay, who is on his staff, worked with Elizabeth Hospice

and members of the Fallbrook chapter of the Veterans of Foreign Wars to honor Foundation for Senior Care clients and volunteers who have served the country.

The VFW’s Ladies Auxiliary donated the lunch and Chris Ingram, commander of the Fallbrook post, gave the opening speech.

The event was part of Elizabeth Hospice’s We Honor Veterans program that focuses on respectful inquiry, compassionate listening and grateful acknowledgment.

“On behalf of the board of directors, leadership, staff and volunteers of The Elizabeth Hospice, it is a privilege to spend time with veterans and their families and thank them for their service to our country,” said Jan Jones, CEO of The Elizabeth Hospice. “The Elizabeth Hospice is proud to recognize those who have done our country a great honor, by allowing our organization to thank them at a pinning ceremony.”

For more information about Foundation for Senior Care, visit www.foundationforseniorcare.org.

Submitted by Foundation for Senior Care.



U.S. Coast Guard veteran Art Bursch receives an American flag pin from U. S. Marine Corps veteran Frank Hernandez during a pinning ceremony held at the Foundation for Senior Care, Aug. 14.



U.S. Navy veteran Shirley McLaughlin stands while being honored during the pinning ceremony at the Foundation for Senior Care.

Shane Gibson photos



Samuel Nehemiah sings the “Star Spangled Banner” at the beginning of the veterans pinning ceremony at the Foundation for Senior Care hosted by The Elizabeth Hospice.



U.S. Navy veteran Julian Smith salutes after being recognized at the pinning ceremony hosted by The Elizabeth Hospice at the Foundation for Senior Care.



Rachel Allen performs “Taps” at the conclusion of a veterans pinning ceremony at the Foundation for Senior Care.



U.S. Army veteran Pamela Godin receives an American flag pin during the pinning ceremony for veterans on the 74th anniversary of the end of WWII.



Fallbrook VFW Post 1924 Commander and U.S. Marine Corps veteran Chris Ingraham receives an American flag pin from Fallbrook VFW Auxiliary member Lora Torres.

REAL ESTATE AND HOME & GARDEN

Gig Conaughton
County of San Diego
Communications Office

They're big. They're scary looking. And they spin enormous, circular webs that can stretch between trees, from a tree to your house, or your house to your car.

It's orb weaver spider time again in San Diego County – and this year could yield a bumper crop.

Stumbling into an orb weaver web is an unmistakably creepy feeling. You could be hiking around the neighborhood, working in the yard, or walking out to the car.

Suddenly, you're smacked right in the face, your hair, your arm or other exposed bit of skin by a large, sticky strand of web! Your spider-senses scream. You flail, stumble, try to peel the web away, and as passersby stare you're doing what County supervising vector ecologist Chris Conlan calls "the crazy spider dance."

Conlan, who has loved insects, spiders and critters since he was a kid, has been the County's most visible "bug guy" for years as part of the County's Vector Control Program.

Conlan said this week that county residents could see more orb weavers this year than they have in years. He said that's because spiders—including orb weavers— have more little bugs to eat this year because we had a lot of rain, which created more vegetation and insects overall.

"So, you're probably going to be running into a lot of spider webs very soon, if you haven't already," Conlan said.

Fortunately, Conlan said, orb weaver spiders are generally harmless to people. He said orb weaver spiders, like many spiders

and insects, can bite, but they generally only do if they feel very threatened—even if they look scary.

"A well-fed female can be a pretty imposing spider," Conlan said. "But they're generally nothing to be worried about. In all honesty, if you run into their web, their general reaction is to bail off quick. They don't like to hang around once something that's big enough to smash through their web hits it. They know it's not anything they want to tackle and wrap up to eat."

Orb weaver's webs are one of their most fascinating features. In fact, orb weaver spiders are not a singular species. They're a family of spiders, classified by their web spinning that come in various sizes and colors.

Orb weaver spiders are a family, rather than a species, and come in a variety of size and color.

Conlan said many spiders spin small, undistinctive strands of webs tucked into corners to catch prey. But orb weaver spiders spin large, circular, often beautiful webs, the classic kind Conlan said that we often see depicted in "kid's books and children's stories." Orb weaver spider webs are often so big they seem to defy logic. They can literally stretch from one tree to another, or between large objects like houses and cars.

"It's pretty amazing," Conlan said. "They have a few ways of doing that. They can just walk down one tree and to another. Typically, they'll spin a single strand of silk and a gust of wind will blow it to another branch or object. It will stick and the spider can now walk back and forth on that strand that's now attached to the far-away object."

Beauty aside, not many people

are thrilled to run into an orb weaver spider web. The general reaction is revulsion, even for bug lovers like Conlan.

"Of course!" Conlan said. "I mean, you can't help it, it's only natural."

So what can people do to dodge the orb weaver webs?

Conlan said this is the time of the year he risks looking "like

a weirdo" around his house by walking everywhere with his hand out in front of him.

"You can either try to limit the number of objects you walk between that they can use as anchor points," Conlan said, "or you just need to get used to walking either with a hand out in front of you, or a stick out in front of you, to clear them out of the way. You're not

hurting the spider by knocking the web out of the way."

And it's better than doing the crazy spider dance.

For more information about the County's Vector Control Program, spiders and other vectors and critters, go to <https://www.sandiegocounty.gov/content/sdc/deh.html>.



It's orb weaver spider time again in San Diego County. Courtesy photos



Orb weaver spiders are a family, rather than a species, and come in a variety of sizes and colors.





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Joe Naiman
Village News Correspondent

The San Diego County Water Authority repairs to Pipeline 5 were completed under budget.

The SDCWA board approved a notice of completion July 25, which releases the remaining funds to the contractor. Although J.F. Shea Construction, Inc., bid the project at \$25,304,375, the Walnut-based company was able to work with CWA staff to reduce the cost and the final cost of the work was \$24,748,135.61.

“The project was completed on time and within budget,” said CWA senior construction manager Gary Olvera.

The CWA has an asset management program which uses both an acoustic fiberoptic monitoring system as well as internal inspections during aqueduct shutdowns to detect and monitor deterioration of CWA aqueduct facilities.

The condition assessment of a portion of Pipeline 5 prioritized that segment for rehabilitation due to the pipeline’s diminishing service life and the potential damage if a pipeline failed. The relining process installed steel lines inside corroded pre-stressed concrete cylinder pipe, which extends the service life of a pipeline.

The project relined two sections of 96-inch pipeline along Pipeline 5: a 10,000-foot segment from the delivery point where the CWA obtains its Metropolitan Water District of Southern California supply to Sage Road and a 2,300-foot portion just north of the Twin Oaks Valley Treatment Plant. In July 2018 the CWA approved a contract with J.F. Shea for the company’s bid of \$25,304,375.

Two aqueduct shutdowns were required; one of those isolated Pipeline 5 to accomplish the work and the other shutdown was to put the pipeline back in operation. The

CWA’s Second Aqueduct includes Pipelines 3, 4 and 5. Pipeline 4 conveys treated water while Pipelines 3 and 5 deliver untreated supply.

The Fallbrook segment was to have developed eight access portals, but only six were needed. The San Marcos segment originally included two portals and only one was part of the actual work.

“They were able to delete several portals,” Olvera said.

Design modifications also included redesigning the microduct size, installation locations and support method. The overall reduction of \$556,239.29 from the bid amount was achieved despite encountering unanticipated utilities which caused a change order covering additional utility relocation. The only time extension needed was a seven-day addition due to inclement weather, and that did not change the cost of the project.

“This is a perfect example of thinking outside the box,” said Barry Leonard, who is Poway’s representative on the CWA board. “It’s a good relationship with a contractor that found a way to save us money rather than cost money.”

During the construction the CWA retained 5% of the total contract amount to ensure completion of the work. That money will be released 60 days after the notice of completion and a signed waiver from J.F. Shea releasing the CWA from liens and claims. J.F. Shea Construction has also posted a faithful performance bond which will remain in force for the construction’s two-year warranty period.

“I really applaud not only the staff but also Shea Construction for their efforts,” said Lois Fong-Sakai, who is one of the City of San Diego representatives on the CWA board. “I hope this will serve as an example to all contractors and clients of how work should be done.”



Kim Murphy
Murphy & Murphy Southern California Realty

What if someone told you that the perfect time to travel to one of your favorite vacation spots was the next eight months, because prices are low and may even go lower during that time period and, after that, the price to travel would most likely be going up and the weather historically will be inclement.

Would you go now, or would you delay and plan your trip for later next year? Most of us, if we could take advantage of this perfect situation would go, right?

Right now, we’re in a similar time period for real estate. The 30-year fixed-rate mortgage fell to 3.60% from 3.75%. The interest rates for a mortgage are now hovering around a full percentage point lower than they were a year ago, making it less expensive and more attractive to borrow for a similarly priced home. This is great news if you are a buyer.

Buyers make a purchase based on payment. Buyers know their personal budget reflects more what they can afford than their tax returns reflect. Often, buyers are approved for a higher monthly payment than they are comfortable paying.

When interest rates drop a point, a buyer’s buying power increases approximately \$75,000. A buyer approved to purchase a \$650,000 home last year, when mortgage rates were at 4.6%, could purchase a \$725,000 home this year, and have the same payment, assuming they could provide the same percentage of down payment.

Many more homes become available for their consideration because during this time of lowering interest rates, prices have stayed nearly the same. We’ve had slight increases and then slight decreases.

Fallbrook’s overall price average is down just under 3%. Sounds like a winning situation for buyers. Lower interest rates mean lower monthly payment or being able to purchase more home for their money.

Sellers, on the other hand, have already seen price decreases over the past year. Thirty-eight percent of all homes sold in California over the past 12 months, had a price reduction, before receiving an accepted offer.

Moving into late 2019 and into 2020, the National Association of Realtors and the California Association of Realtors, Chief Economists, both expect prices to remain stable until the third quarter of 2020.

So, if prices remain stable and interest rates remain lower, a larger pool of buyers can afford to purchase your home. Seems like a good time to catch lighting in a bottle. What do you think?

One more component to consider is that currently a yield curve inversion exists, which means that the 10-year Treasury note is yielding less than the two-year Treasury note. The last time the yield curve inverted was back in 2007, just as the Great Recession was taking hold.

Economists believe that this inversion could signal that the U.S. could face a recession. We are currently experiencing one of the longest economic growth periods. All good cycles eventually lead to a down cycle. Economists believe the timing of this recession will be late 2020 and last for approximately 18-24 months.

I’m not spelling doom and gloom. I believe I’m sounding the alarm, to get off the sidelines and take action. If you are a buyer who is reading this, now’s a great time to take advantage of low interest rates and reasonably priced properties. You could wait until the end of 2020, but interest rates will not stay this low forever, so even a 10% drop in prices will easily be absorbed by a 1% increase in interest rates.

If you are a seller, put your best foot forward, price your home correctly and take advantage of stable prices and the larger buyer pool available to you. In the hands of an experienced, knowledgeable, professional Realtor, you will be able to maximize your selling price.

If you’re a homeowner and are planning on selling, now is the time. If you think you have the luxury of waiting it out, remember 2008. If the economists are correct, and if we have additional price adjustments, we are potentially looking at a drop-in price and an increase in interest rates.

The housing market peak was in the second quarter of 2018. The adjustment in pricing has started. By lowering the interest rate, Federal Reserve is attempting to prop the economy up.

At Murphy and Murphy, we believe there is an eight-month window of selling opportunity. Learn from history. Take advantage of lower interest rates and serious buyers. Murphy and Murphy Southern California Realty is here to help you navigate the best decision for you.

Kim Murphy can be reached at kim@murphy-realty.com or (760) 415-9292 or at 130 N Main Avenue, in Fallbrook. Her broker license is #01229921, and she is on the board of directors for the California Association of Realtors.

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Joe Naiman
Village News Correspondent

A Sept. 11 hearing will determine whether San Diego County acquires two agricultural easements including on a 143.41-acre property in Rainbow.

A 5-0 San Diego County Board of Supervisors vote, Aug. 7, set the hearing date. The potential Rainbow easement covers five parcels, and the easement would be purchased for \$305,000.

The Rainbow parcels are owned by the Ralph and Samee Foster 2001 Revocable Trust. The land is northeast of Rainbow Road and Mt. Olympus Valley Road.

In August 2011, the board of supervisors approved an update to the county's general plan. The update directed county staff to develop a pilot Purchase of Agricultural Conservation Easement program to compensate willing property owners for placing an agricultural easement on their property which would limit future uses and eliminate future development.

The resulting PACE program includes three eligibility requirements: the property must have been actively farmed or ranched for at least two years before the application, the general plan update must have reduced the property's density, and the property must have had the ability to be subdivided before the general plan update.

Between 500 and 600 property owners expressed interest in taking part in the program, and 60 property owners submitted applications for the pilot program. The applications were ranked on criteria established by the PACE advisory group.

The primary ranking factor was the density reduction due to the general plan update, and other ranking criteria included agricultural viability and the ability to contribute to the assemblage of the Multiple Species Conservation Program.

The pilot program included a \$2 million allocation covering \$212,000 for independent third-party appraisals and \$15,000 for title and escrow expenses as well as the funding to purchase the easements.

The appraisal which determined the value of the agricultural easements used the California Farmland Conservancy Program traditional approach which estimates the market value of the land if unencumbered and the market value of the land with the conservation easement and

determines the easement value by subtracting the encumbered appraisal value from the value of the unencumbered property.

The 10 properties with the highest ranking were appraised during the pilot program. The property owners ranked second and fifth declined the easement offers while the owners of five properties totaling 10 legal parcels provided "willing seller letters" including two Fallbrook ownerships with a combined 138.17 acres.

The acceptance of those five property owners exhausted the available funding, so offers were not made for the remaining ranked properties and appraisals were not made for the properties not ranked in the top 10. In July 2013, the board of supervisors approved the purchase of the five properties totaling 738 acres for a cumulative price of \$1,694,000.

The 2013-2014 budget process allocated \$620,000 to complete the purchase of the 10 ranked properties. Two of those owners declined the easement offers while the owner of a 44-acre parcel in Lakeside accepted the easement purchase agreement. The remaining \$560,000 was added to the unused \$94,000 from the original \$2 million to cover future purchases.

In December 2013, the county supervisors directed staff to work on acquiring easements from the 16 properties not funded during the pilot program, while referring the acquisition costs of those properties to the 2014-2015 budget process. In September 2014, the supervisors approved the acquisition of easements on eight properties for \$1,319,850 including a 19.14-acre Bonsall parcel whose easement was valued at \$190,000, and that action also directed staff to include up to \$1.5 million for PACE acquisitions in the 2015-2016 budget.

The intent of that budget direction was to have an ongoing program, and the PACE program now has an annual \$1.5 million funding allocation. In November 2016, the board of supervisors approved the purchase of an agricultural easement on a 211.54-acre property in Pauma Valley for \$608,470.

If the Rainbow parcel and the 154.84-acre Dehesa parcel are both acquired, the county's total agricultural acreage conserved under the PACE program would increase to 2,333.21 acres. The easements would be the 29th and 30th acquired under the PACE program and would bring the county's total purchase payments to \$5,990,470.

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 1407 Singletree Pl, Fallbrook \$1,610,000	 2568 Dos Lomas, Fallbrook \$1,310,000	 5789 Lake Vista, Bonsall \$1,265,000	 4205 Via Rancho Del Lago, Bonsall \$1,150,000	 2793 Dos Lomas, Fallbrook \$965,000	 2935 Mesa Grove, Fallbrook \$949,900	 604 Via Cumbres, Fallbrook \$940,000
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adjacent to family room with artistically designed fireplace surround, high ceilings, plus formal living room and dining room, all overlooking a majestic parklike setting with Gazebo, also relaxing Pergola off Master Retreat, rose garden,




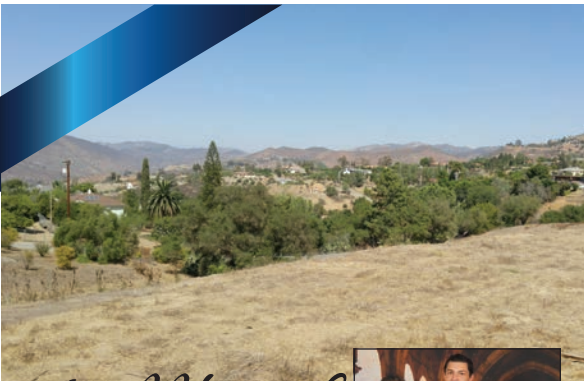
Fallbrook

Great curb appeal, check out this clean, move-in ready 4BD, floors. Kitchen w/range, refig, DW & snack bar seating. Master & BD4 offer walk-in closets & in-suite baths. Private covered patio. Low water landscaping & garden shed.



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Get ready to be wowed in every way-this gorgeous, sprawling 2-acre, fully fenced/gated estate home w/ panoramic breathtaking views has everything you never knew you wanted. Nestled in the hills of one of the most desirable neighborhoods in Fallbrook & w/ easy access to the 15 you'll be only minutes away from numerous shopping & dining options while still enjoying extensive privacy in a beautiful, natural setting. Step inside the leaded glass front doors of this 58/5.58 stunner & you'll be awed at the numerous upgrades.



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Beautiful acre lot with outstanding views of the Fallbrook hills. Very private lot, rough pad and 4 bedroom septic layout. No CC&R restrictions. This is the one!

Rudy, Chris & Sandy



Fallbrook

Brand new custom built home on .71 acre gross, (.51 acre net), with country views. Interior great room features handsome fireplace & high for: granite counter tops, white wood cabinets & stainless steel applcs. Spacious and light filled master bath has separate tub and shower.





Fallbrook

First time on the market. 4BD, 3.5BA, 3 car garage, 3,510 sq.ft. single story home, custom built in 1990. Located in the desirable Santa Margarita neighborhood, savor ocean breezes w/ Santa Margarita Canyon views. Perfect for entertaining w/ a spacious kitchen. Dream of having your own vineyard or grove? This 4.45 acre parcel is waiting for you. Zoned for horses, w/ a pet run & offers many possibilities.



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Spectacular, first time on the market, gated estate home located on a paved, private driveway in the popular Wilt Road/Citrus Drive area. Secluded but conveniently situated. 3+1 opt. BD, 3.5BA, 3744sf on 6.7 acres with breathtaking panoramic views.. 2 car garage + 1200 sf outbuilding. Brazilian mahogany hardwood floors, dual fireplace.



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One of a kind multi generational home or buisness opportunity. 2 Dwellings, complete w/their own kitchens, living areas & bedrooms. One home is currently being run as an Air B & B w/ a Super-1 Flat acre w/ an above ground pool & views from the deck.



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Who says you can't have it all? Situated off Olive Hill in Lake Ridge Estates, this home is a horse person's Dream! Relax by the pool while watching your mares bask in the sun or take refuge in the mature trees overlooking miles of hills. Trail right off your backyard! Remodeled kitchen, 4BD, 4.5BA, 3559 sq.ft.



Fallbrook

Tuscan beauty in Shady Grove. 3500 s.f. one level, 4BD + library, delightful courtyard, turreted interior front entry, formal LR/DR, terrific split floor plan, perfect for live-in family or in-laws, plus sep very private master suite w/sitting rm. Expansive rear covered patios. Large 3-car garage.

Lance Cpl. Andrew Cortez
Marine Corps Installations West
Marine Corps Base Camp Pendleton

Service members and Southern California residents came together for a dedication ceremony to mark the completion of a project to rebuild and renovate the cottages at San Onofre Beach on Marine Corps Base Camp Pendleton, California, Aug. 15.

The Camp Pendleton Cottages Project was a combined effort between Marine Corps Community Services and several charity organizations to replace beach trailers that were beyond repair with manufactured homes and provide service members with a place to relax.

“When our Marines and sailors get done with their training, get done with their career, when they get done with their day, they now have the opportunity to come here,” said U.S. Marine Brig. Gen. Daniel B. Conley, the commanding general of Marine Corps Installations West, Marine Corps Base Camp Pendleton, during the dedication ceremony. “For our wounded warriors, they now have a place to detach from what may be a pretty hard time in their lives, and this becomes part of their recovery.”

Charities like the San Diego

Nice Guys contributed time and money to help rebuild the cottages.

“The Nice Guys have been longtime supporters of the military and their families,” said Jeff Schreiber, the Nice Guys president. “This project is another way to show that we recognize and appreciate those who have sacrificed so much for us.”

Each cottage was built to last, using metal roofs, composite siding and railings, stainless-steel appliances and new furniture. The new cottages offer wider doorways, walk-in showers, bigger patios, and wheelchair accessible doorways to improve the accessibility to get in and out for wounded service members or those with disabilities. In a single year, over 3,200 Marines, sailors and their families will use the cottages on their off time to relax and relieve stress.

“The cottages are a facility where Marines, sailors and their families and friends can take advantage of the beautiful San Onofre Beach,” said Anthony Cisneros, assistant chief of staff for Marine Corps Community Services Camp Pendleton. “If they want to take a break from the day-to-day grind of the Marine Corps or whatever training opportunity they have, this provides it for them.”



U.S. Marine Brig. Gen. Daniel B. Conley, right, the commanding general of Marine Corps Installations West, Marine Corps Base Camp Pendleton, with representatives from Marine Corps Community Services and the San Diego Nice Guys charity, cuts a ribbon during a dedication ceremony for beach cottages at San Onofre Beach, Aug. 15.



Amaryllis belladonna erupts from hot baked soil in Fallbrook. Roger Boddart photo

EDITOR’S NOTE: Photos of nature’s surprises can be sent to villageeditor@redermedia.com. Please include a brief description of the photo as well as the location it was taken.



A newly built beach cottage overlooks the ocean before a dedication ceremony at San Onofre Beach on Marine Corps Base Camp Pendleton. The ceremony marked the completion of renovations for the last two of 13 cottages to be rebuilt at San Onofre.



Newly built beach cottages overlook the ocean before a dedication ceremony at San Onofre Beach on Marine Corps Base Camp Pendleton. The updated cottages are designed to be more accessible to wounded service members or those with disabilities.

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OBITUARIES



Long time Fallbrook resident **Darlene J. Dakovich** passed away peacefully in her home Sunday, August 11, 2019, surrounded by her loving family.

Darlene is survived by her husband, Dan; her son, Steve (Frances) Hood; her daughter, Gayleen Marmarelis, and her son Kent (Bonnie) Hood. She is also survived by six grandchildren, Sam (Mechelle) Hood, Elizabeth (Craig) Hood Greene, David (Andrea) Hood, Adam (Shaila) Hood, Melina (Sam Takvorian)

Marmarelis and Eleni (Brendan) McGeehin, and 10 great-grandchildren.

Darlene was born November 3, 1931, in Los Angeles, California to Willard and Estella Bren. She attended UCLA and her first marriage was to Samuel E Hood, Jr. They raised three children in Long Beach.

Darlene married Dan Dakovich in 1980 and they moved to Fallbrook. She had a successful 30 year career in the fashion industry. She was an accomplished artist

and creative designer who built eight custom homes, four of which are in Fallbrook.

Darlene was also an avid ice skater, tennis player and she loved hiking in the High Sierra. She loved to read and often focused on history, which was a passion. She was active in The Church of Jesus Christ of Latter-day Saints and loved teaching Relief Society lessons to her sisters in the gospel.

Darlene will be remembered by all as a warm, loving, giving and compassionate woman. She will

be missed by those who knew and loved her.

Services will be scheduled at a later date. In lieu of flowers, the family requests that donations be made in her memory to the Sarcoma Research Foundation: <https://www.charitynavigator.org/index.cfm?bay=search.summary&orgid=12457>; donation page: <https://www.curesarcoma.org/donate/>



Anne Victoria Burdick, 78, died peacefully surrounded by her family in Altadena, August 5, 2019.

She was a devoted sister, daughter and Fallbrook Community Volunteer.

Born Oct. 10, 1940, Anne grew up in Glendale and Pasadena with her parents Dunbar and Janet Burdick, sister Susan and brother Bruce Burdick.

After graduating from Pasadena High School, Anne attended Dominican College in San Rafael and then volunteered for the Peace Corp. She taught English and government in a Catholic Girl's

School in Sierra Leone for two years and then went to work for Senator Thomas Kuchel in his Washington D.C. office.

After several years with Senator Kuchel, Anne taught history and government at Roosevelt High School in East Los Angeles. She was devoted to her students and especially enjoyed her AP History and journalism students.

Anne was married to Rex Kehler for several years in the 1980s and together they spent time near U.C. San Diego and U.C. Santa Barbara where Anne earned a Ph.D. in Spanish literature.

After teaching, Anne moved to

Fallbrook and became an active volunteer. She organized the information on her father's grove and made that into an exhibit for the Fallbrook Historical Society. This information is summarized in an article detailing her father's work on Page 12 of the following website https://www.californiaavocadogrowers.com/sites/default/files/From-the-Grove-Spring-2012_0.pdf

Anne started the battery recycling project for Fallbrook Clean and Green, served as a member of the Fallbrook Community Planning Group for 12 years and was the Chair of the

Circulation Committee for five years.

Near the end of her life, Anne developed dementia. Luckily her niece, Rebecca Kutzer, organized a move to an assisted living facility near her sister Susan in Altadena. Anne died peacefully surrounded by family. She will be missed.

She is survived by her sister, Susan Burdick Caldwell and her family, and her brother Bruce Burdick and his family.

Donations may be made in her honor to the Nature Conservancy or the charity of your choice.








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August 22, 2019

www.VillageNews.com

Volume 23, Issue 34



Hobbyists gather at Johnson Field in Fallbrook for the National Model Aviation Day event hosted by the Palomar Radio Control Flyers, Aug. 17.



A variety of RC planes are on display and seen in demonstrations put on by the Palomar Radio Control Flyers in celebration of National Model Aviation Day.



Palomar Radio Control Flyers member Chris Thompson removes the wreckage of his jet from the runway at Johnson Field after the wing broke off in midair during an aerial maneuver. Shane Gibson photos



Palomar Radio Control Flyers member and expert RC pilot Chris Avellino performs an aerial demonstration of complex maneuvers during the National Model Aviation Day event.



Pancho Castillo carries his RC Warplane off the runway after an aerial demonstration at Johnson Field, east of I-15 and north of State Road 76.



RC plane pilots demonstrate their flying skills during the National Model Aviation Day celebration at Johnson Field.



Palomar Radio Control Flyers President Steve Gebler uses goggles to pilot a drone which was photographing the National Model Aviation Day event from above Johnson Field.



A radio-controlled plane flies vertically in a complex maneuver at Johnson Field.

SPORTS



Lady Warrior field hockey players participate in condition drills during a preseason practice, Aug. 15.

Shane Gibson photos



Fallbrook High field hockey players work together in moving a goal net to the other side of the field for practice.



Lady Warrior Erin Murray practices a series of drills during a preseason field hockey practice.



Field hockey players listen to instructions during practice drills before the start of their 2019 season.



Lady Warrior goaltender Abby McCarthy entertains her teammates with a dance during their preseason practice.

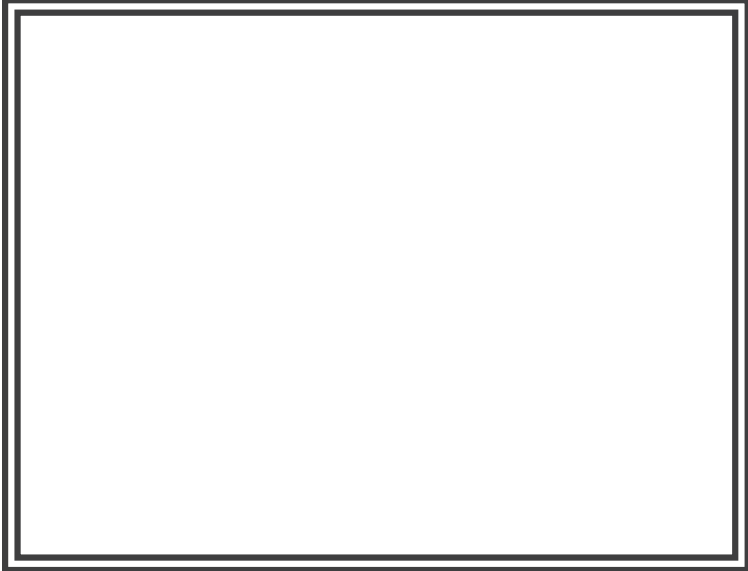
FALLBROOK – All golfers can register now for the Fallbrook Chamber of Commerce’s annual Charity Golf Tournament at Pala Mesa Resort Friday, Sept. 27.

All the fun starts midday, with check-in at 11 a.m. and shotgun start at 1 p.m. Tournament play is followed by an awards dinner, silent auction and an

opportunity drawing. A portion of the proceeds will benefit D’Vine Path, a local nonprofit and comprehensive program for adults with autism, developmental delays and learning disabilities providing vocational and life skills in agriculture, hospitality and arts. Additionally, the putting contest

will be coordinated by the Friends of the Fallbrook Library to benefit Fallbrook Special Olympics. Several sponsorships are being offered, including the opportunity to sponsor a Wounded Warrior to play. Guests are welcome to attend the dinner and awards banquet for \$40 per person. For more information

regarding the tournament, to make a donation or sign up to play, contact the Fallbrook Chamber of Commerce office at (760) 728-5845 or online at www.fallbrookchamberofcommerce.org. Submitted by Fallbrook Chamber of Commerce.



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Jeff Pack
Writer

Two seasons removed from a league championship campaign, Fallbrook High School Warriors boys' water polo head coach Bill Richardson might have good reason to believe the Warriors are headed back in the right direction.

A fourth-place finish in the Valley League in 2018 and a first-round exit from the from CIF playoffs was an unusually low year for the Warriors. But while the varsity team was struggling to a 7-22 record, the junior varsity Warriors went undefeated in league play and finished 11-12 overall on the season.

That young talent is moving up to varsity this season, and their abilities are already starting to make noise.

"The summer club season went well," Richardson said. "Our 16 and under team placed 19th at Junior Olympics, and coaches Austin Farcus and Doug Pearce did an outstanding job getting the boys ready for the season."

In 2019, a lot of responsibility will be on the shoulders of senior driver Jackson Richards, the only

returning all-league performer from last year's squad. Richards was an honorable mention selection.

“Jackson is our most experienced returning player,” Richardson said. “He will be a player opposing teams will have to account for and a vocal leader for the team.”

Sophomore 2-meter man Doug Pearce returns to the varsity team this season looking to build on a strong freshman year in 2018.

"Doug started on the varsity as a freshman last season," Richardson said. "He was one of the team leaders in steals, assists and goals."

Another senior that will be counted on in the upcoming season is driver Chase Glick.

“Chase is a smart player who will help lead a young team,” Richardson said.

Richardson said sophomores Matthew Herbert as goalie, Kai Maestas as driver, Kayden Trafford as 2-meter defender and Roman Hanovar as driver will be a strong team for the Warriors' success.

Seniors Joe Moran and Owen Hearn are both senior utility players expected to contribute.

The Warriors participated in a scrimmage with San Marcos and



A Warrior varsity water polo player takes a shot during a scrimmage with San Marcos High School, Aug. 14.

Photos courtesy of Time Stood Still Photography

Rancho Bernardo high schools last week and will play in the Rancho Bernardo Invitational starting Thursday, Aug. 22, against

Patrick Henry High School and Helix Charter School at a varsity tournament next weekend before kicking off the league season Sept.

10, at home against Mission Hills High School.

Jeff Pack can be reached by email at jpack@reedermedia.com.



The Warriors will participate in the Rancho Bernardo Invitational this weekend.



The Warriors will have a lot of young players on the squad this year, but they are coming off a successful summer club season.



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BUSINESS



Stephani Baxter, right, receives a sample of Fallbrook's Moody Creek Winery wine inside the Fallbrook Art Center during the Wine & a Bite Art Walk, Aug. 9.



Painter Shirley Calvert demonstrates her art at Fallbrook Art Association's The Gallery during the Wine & a Bite Art Walk.

Shane Gibson photos



Wine & a Bite Art Walk guests sample mojo pork provided by Brooktown Kitchen & Coffee inside The Gallery.



Local luthier (guitar maker) Shawn Weimer plays one of his custom guitars inside the Fallbrook Art Center during Wine & a Bite.



Enjoying wine provided by Fallbrook's Estate d'Iacobelli Winery are, from left, Brian Mellen, Jo Ellen Baca, Bob Baca and Cliff Papik.



SAN DIEGO – San Diego County Treasurer-Tax Collector Dan McAllister announced Aug. 13 that his office is mailing nearly 23,000 defaulted bills to property taxpayers who failed to pay all their 2018-2019 property taxes.

“We are sending 22,850 bills this week, which is 2,449 fewer than we sent last year,” said McAllister. “These numbers are a positive sign that our economy is continuing to improve.”

The Treasurer-Tax Collector’s Office sent over 36,000 reminders to late taxpayers in June, warning them that they will have to pay more if their taxes go into default.

The default deadline was July 1, so each late bill will incur an extra 1.5% penalty each month (18% each year) it goes unpaid. That is on top of the 10% penalty added for each late installment. The total amount due is \$106,463,760.

“We hate to see people have to pay significantly more in late fees, so we try to warn them at every step that higher penalties are coming,” said McAllister. “Still, we had a 99.2% collection rate last fiscal year – one of the highest in the state – which shows me that the majority of San Diegans take the responsibility to pay on time seriously.”

Threat of increased penalties is not the only incentive for people to pay their taxes. Under California State law, the TTC may sell any or all portions of properties that have been in default for five years.

Submitted by San Diego County Treasurer-Tax Collector’s Office.



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WINE & DINING

FALLBROOK – Over 50 members, family and friends attended the Fallbrook Garden Club’s annual summer picnic at Live Oak Park, Aug. 8. The picnic tables, under the shade of the live oaks trees, were covered with appetizers, salads and desserts, as well as contest entries for best tomatoes, vegetables and food dishes.

The winners all received a potted vegetable, herb or plant. Winners in the food category were Carolyn Buchman for mint lemonade and mini quiches; Pauline and George Webber for fresh garden salsa; Hanh DeMore for tomato pie; Priscilla Lyons for spicy garlic ginger pickles; Joanne Ferguson for pickled cucumbers; Gwen McConaughy for “Outrageous Brownies;” Gail Eastman and granddaughter, Sarah Eastman and her friend, Emma Dunn for chocolate brownies with peanuts and Jessica Lyle for both strawberry cake and apple cake.

For further information relating to the club and its activities, visit www.fallbrookgardenclub.org or follow the club on its new Facebook page, “The Fallbrook Garden Club” and Instagram.

Tomato Pie by Hanh DeMore

Start to finish: 1 hour
Serves: 8

Ingredients:

- 1 pie crust, single
- 3/4 cup mozzarella cheese, divided
- 1/2 cup cheddar cheese, divided
- 3 large tomatoes
- 1 teaspoon salt
- 1/2 teaspoon garlic powder
- 1/2 teaspoon oregano
- 1/3 cup fresh basil leaves
- 1/4 cup mayonnaise
- 1 cup grape tomatoes, halved

Directions:

Preheat oven to 450 degrees.
Peel tomatoes and slice into thin slices, about 1/4-inch thick.
Lightly salt tomato slices and spread over a double layer of paper towels to dry.
Poke pie crust with a fork. Sprinkle 1/4 cup mozzarella cheese on the bottom and bake for 10 minutes until lightly browned. Cool completely.
Combine 1/4 cup cheddar cheese and 1/4 cup mozzarella cheese in a

small bowl.

Sprinkle tomato slices with garlic powder, oregano and black pepper to taste. Layer half the tomato slices, half the cheese mixture and half the basil. Repeat layers. Top with halved grape tomatoes.

In a small bowl, combine remaining 1/4 cup cheddar cheese, 1/2 cup mozzarella cheese and 1/4 cup mayonnaise. Dot over grape tomato mixture.

Reduce heat to 350 degrees and bake uncovered for 30-35 minutes. Cool before serving.

Spicy Garlic-Ginger Pickles by Priscilla Lyons

Start to finish: 6 1/2 hours, 30 minute active time
Serves: 1-4

Equipment:

- 1 one-pint jar with cap
- Small pot for boiling liquid

Ingredients:

- 1/2 cup white vinegar
- 1/2 cup water
- 1/2 teaspoon sugar
- 1/2 teaspoon sea salt
- 1 cucumber, sliced thinly
- 2-3 cloves garlic, sliced thinly
- 1 tablespoon fresh ginger, peeled and grated
- 1 jalapeno, seeds removed, sliced into rings, 5 rings or to taste (optional)
- 1/8 teaspoon red pepper flakes, crushed

Directions:

Mix white vinegar, water, sugar and sea salt in a small pot. Bring to a boil and remove from heat. Pour 1/4 cup of the boiled liquid into jar.
Add garlic, ginger, jalapeno, if using, and crushed red pepper flakes to jar and stir.
Add cucumber slices and cover with remaining liquid, leaving 1-inch space at top. Discard unused liquid or add a bit more white vinegar to jar, if needed to cover cucumbers.
Place cap on jar and shake to distribute all ingredients. Cool mixture to room temperature, shake again and refrigerate for at least 6 hours, preferably overnight.

Submitted by Fallbrook Garden Club.



Winners of the vegetable category at the Fallbrook Garden Club’s annual summer picnic are, from left, Jim Lyle with his “blush” tomatoes; Sausan Fahmy with her spaghetti squash; Mary Jo Bacik with her “Better Boy” tomatoes and Jane Carpenter with her “San Marzano” tomatoes.



Priscilla Lyon’s spicy garlic pickles are a winner at the Fallbrook Garden Club’s annual summer picnic.



Hanh DeMore’s tomato pie is a winner at the Fallbrook Garden Club’s annual summer picnic.

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TEMECULA – South Coast Winery Resort and Spa announced its annual Grape Stomp will take place in the courtyard Sunday, Sept. 15, from 5-9 p.m. South Coast winemakers Jon McPherson and Javier Flores will be on-hand to meet and greet guests as they enjoy live music, a gourmet buffet and the Grape Stomp competition.

Mike Pearson from 1024 Productions will serve as master of ceremonies. The Grape Stomp is a two-person competition, which requires one team member to be in the barrel stomping ripe grapes and the other team member to collect the stomped grape juice in a bottle. During each of six rounds of timed one minutelong stomping, the team that fills up its bottle the fastest will win two bottles of South Coast Wine and compete in a final stomp-off. The stomp-off champs for 2019 will be awarded the grand prize of a one-night stay at idyllic South Coast Winery Resort and Spa with dinner at The Vineyard Rose Restaurant. A barrel photo op is set up to capture and share the fun.

Festivities start with a sparkling wine or cider toast for the harvest

blessing, conducted by Monsignor Don Webber. Throughout the event, award-winning rock ‘n’ roll band Endeavor of Temecula will perform.

Event tickets include a gourmet dinner buffet and a preselected glass of South Coast Winery’s red or white wine. South Coast Winery’s award-winning wines are available for purchase by the glass or bottle. Buffet dishes include roasted salmon with chorizo rice, grilled scallions and lime beurre blanc; garlic herb rubbed tri tip with caramelized Brussels sprouts and sweet potatoes and grilled chicken with sage velouté and garden seasonal vegetables. Desserts are assorted mini cookies, brownies and bars.

General admission ticket is \$85 and includes sparkling wine toast for harvest blessing, glass of preselected white or red wine, buffet dinner and Grape Stomp. Guests must be 21 or older. Tickets can be purchased at www.SouthCoastWinery.com/stomp or by calling (866) 204-5896.

South Coast Winery Resort and Spa is located at 34843 Rancho California Road in Temecula.

Submitted by South Coast Winery Resort and Spa.



South Coast Winery Resort and Spa's annual Grape Stomp is a two-person competition, which requires one team member to be in the barrel stomping ripe grapes and the other team member to collect the stomped grape juice in a bottle, Sunday, Sept. 15. Courtesy photo



Bluewater Grill will celebrate National Beer Lover's Day all day Sept. 7. Pints of High Spot draft beer are available for the Happy Hour price all day. Courtesy photos

BEL VINO

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TEMECULA – Bluewater Grill in the heart of Temecula Wine Country has announced the following monthly tasting and holiday specials in September and October.

Bluewater Grill will celebrate National Beer Lover’s Day all day Sept. 7. Pints of High Spot draft beer are available for the Happy Hour price of \$5 all day, Sept. 7

only.

“Taste of Spain” will be featured for the Second Tuesday Tasting Sept. 10, from 6:30-10 p.m. Bluewater celebrates the seafood legacy of Spain by combining its own version of paella, made with rice, saffron, seafood and shellfish, with a seafood tapas starter and wines from the country’s famous grape-growing regions.

The cost of the tasting event is \$40 per person, a \$13 savings off the regular \$53 menu price. The same meal without the wine pairing is available for \$40 from Sept. 11-30.

National Lobster Day will be celebrated all day Sept. 25. Celebrating their New England roots, Bluewater owners and chefs pair a steaming Bluewater lobster roll – the iconic Maine delicacy consisting of fresh made lobster salad consisting of chunks of Maine lobster meat, light mayonnaise, chopped celery and finely diced onion stuffed in a butter-grilled “East Coast-style” brioche bun – with a cup of housemade New England clam chowder for just \$20. That’s an \$8.50 savings off the menu price.

“Bluewater Seafood Boil” will be featured for the Second Tuesday Tasting Oct. 8, from 6:30-10 p.m. A seafood boil describes any number

of regional food and social events in which just-boiled shellfish is the main ingredient. Bluewater’s version combines boiled clams, mussels and shell-on shrimp with one-half an Alaskan snow crab, spicy kielbasa sausage, corn on the cob and red potatoes. Guests are given a bib and crab cracker to fully enjoy the celebration.

The Oct. 8 feast is paired with two glasses of hand-selected white wine for \$40. The same meal without the wine pairing is available for \$40, from Oct. 9-31.

Consistent with Bluewater Grill’s strict commitment to seafood sustainability, the shellfish served at Bluewater Grill complies with sustainability standards established by the Monterey Bay Aquarium, Aquarium of the Pacific in Long Beach and other third-party organizations dedicated to fish-origin certification.

For menus, locations, hours of operation, phone numbers and other information about the eight unique Bluewater restaurants in Southern California and Arizona, visit www.bluewatergrill.com or follow each restaurant on Facebook or the Bluewater family on Instagram.

Submitted by Bluewater Grill.



Celebrating their New England roots, Bluewater owners and chefs pair a steaming Bluewater lobster roll – the iconic Maine delicacy consisting of fresh made lobster salad consisting of chunks of Maine lobster meat, light mayonnaise, chopped celery and finely diced onion stuffed in a butter-grilled “East Coast-style” brioche bun for National Lobster Day, Sept. 25.

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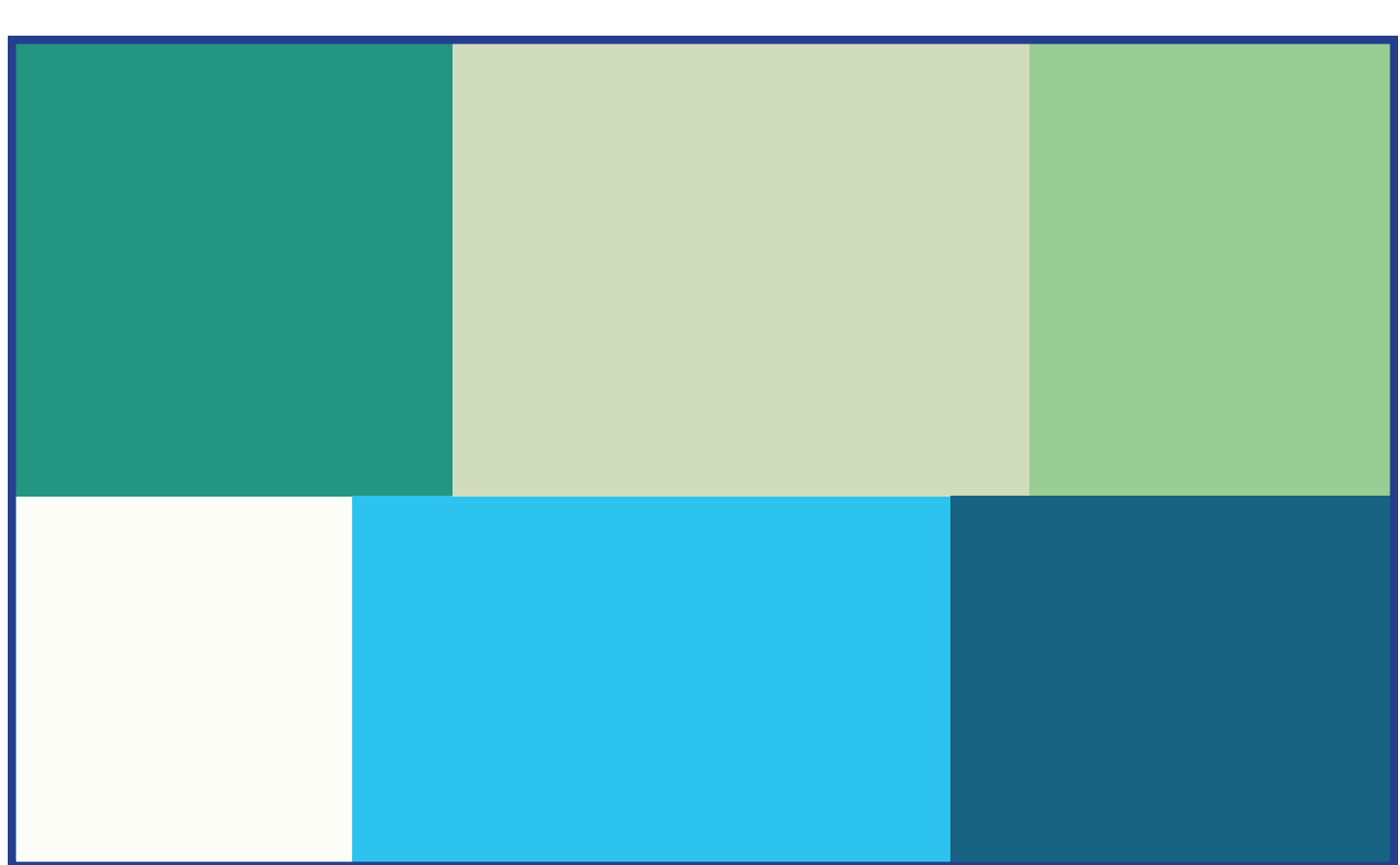
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