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Parents
to protest
alleged
injustices
of Child
Protective
Services

Patrick Howley
The Epoch Times

A group of California parents will stage a mass demonstration at the State Capitol in Sacramento to protest perceived injustices on the part of Child Protective Services (CPS) agencies against families across the United States.

Bay Area Families United is partnering with more than 30 groups nationwide to stage the Oct. 4 rally, which organizers hope will shed light on the disenfranchisement of parents by what they view as a profit-driven system that's incentivized to place children in foster care. The rally is slated for noon local time.

"I started protesting after I got my son back," Adolfo Gonzalez, the rally's chief organizer, told The Epoch Times, saying that "CPS conspired with the mother and the police department to take my son."

"I expect thousands" of parents at the event, Gonzalez said.

"Right now, we are at 35 groups and growing. So many people want to come from L.A., San Diego, Fresno. I have so many strong

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thisweek

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Injured soldier to get
adapted home



Spc. Joseph Paulks, right, talks to the crowd of volunteers who installed landscaping at his new home, with Scott Youngren of Youngren Construction, left, who was in charge of the construction of the house.

FALLBROOK – The national nonprofit organization Homes for our Troops will donate a home in Fallbrook to Army Spc. Joseph Paulk Saturday, Sept. 7. Paulk was severely injured while serving in Afghanistan.

Shuttles will transport attendees to the home site from Fallbrook High School, 2400 S. Stage Coach Lane, beginning at 8:45 a.m. The ceremony will begin at 10 a.m. The public is welcome to attend and tour the home after the ceremony.

During his first deployment, Paulk was serving with the 546th Military Police Company in southern Afghanistan when his convoy was struck by an improvised explosive device, July

5, 2007. Paulk sustained burns to over 80% of his body and lost all of his fingers.

Paulk's new home features more than 40 major special adaptations such as widened doorways for wheelchair access, a roll-in shower and kitchen amenities that include pull-down shelving and lowered countertops. The home will also alleviate the mobility and safety issues associated with a traditional home, including navigating a wheelchair through narrow hallways or over thresholds, riding on carpets or reaching for cabinets that are too high.

Homes for our Troops will donate the home to Paulk, thanks to contributions from donors,

supporters and corporate partners.

"I greatly appreciate what Homes for our Troops and its supporters are doing for veterans by helping them have homes that are adapted to their needs and enable them to live more comfortably and independently," Paulk said.

Currently, there are 85 active projects in need of funding to complete. To find out more on how to get involved or make a donation, visit www.hfotusa.org.

Learn more about Paulk's story and watch his video at www.hfotusa.org/paulk.

Submitted by Homes for our Troops.

Google
engineer
leaks nearly
1,000 pages
of internal
documents,
alleging bias,
censorship

Petr Svab
Epoch Times

A former Google engineer has released nearly 1,000 pages of documents that he said proves that the company, at least in some of its products, secretly boosts or demotes content based on what it deems to be true or false, while publicly claiming to be a neutral platform.

The software engineer, Zach Vorhies, first provided the documents to Project Veritas, a right-leaning investigative journalism nonprofit, as well as the Justice Department's antitrust division, which has been investigating Google for potentially anti-competitive behavior.

"I thought that our election system is going to be compromised forever by this company that told the American public that it was not going to do any evil," he told Project Veritas in a video published Aug. 14. "And I saw that they were making really quick moves. ... They were intending to scope the information landscape so that they could create their own version of what was objectively true."

Going Public

Vorhies said he worked for Google for eight years, making \$260,000 a year, when counting in the gains from the Google stock he owns.

"I had every incentive in the world to stay at the company and just collect the paycheck," he said, noting that most others would do that.

"But I could never live with myself knowing that, if Google was able to implement the plans that they were planning, that I, at the moment of choice, backed out because I was selfish."

Vorhies first came to Project Veritas more than a month ago, disclosing some documents and answering questions with his face hidden and his voice disguised.

When he returned to work, however, Google sent him a letter demanding, among other things, that he turn over his employee badge and work laptop, which he did and "cease and desist" from disclosing "any non-public Google files." Afraid for his safety, he posted on Twitter that if something would happen to him, all the documents he took would be released to the public.

Google did a "wellness check" on him, he said. The San Francisco police received a call that Vorhies may be mentally ill. A group of officers waited for him outside his house and put him in handcuffs. "This is a large way in which they intimidate their employees that go rogue on the company," he said.

Vorhies decided that it would be safer for him to go public.

Vorhies called Google a "political machine" bent on preventing anybody like President Donald Trump from getting elected again. He said there are other Google employees who "see what's going on and they are really scared."

Changes at the company that worried him started in 2016, he said.

The documents indicate that Google has ramped up emphasis on suppressing what it deems "fake news." That has led it to review news content using a

Early education makes a
better world



A mother takes her son to the Head Start center as early childhood education is the key to a child's future.

Christine Eastman
Special to Village News

Diane and Paul Garrett of Fallbrook, through their family foundation BetterWorld Trust, commissioned University of California San Diego's School of Education and NP Strategies to research what early childhood education looks like in Fallbrook.

The study is called "Early Care and Education in Rural Communities: Opportunities and Impediments to Improve Access in Fallbrook." It looks at the direct needs of a community, as voiced by licensed Fallbrook preschool and day care teachers – both center and home-based – at 16 facilities, who participated in focus groups and surveys over a three-month period this year.

Major findings include according to WalletHub's report on "2019's Best & Worst States to Have a Baby," California ranks 38th with 1 being the best and 25 being average on having enough child care centers per capita; privatized daycares and schools are under-enrolled; subsidized and partially subsidized facilities are maxed out with waiting lists due to dramatic increase in immigrant population over last decade; need more Spanish-speaking education providers and Fallbrook's median household income went from \$42,000 to \$59,000 from 2000 to 2010 while the number of families living in poverty increased by over 500 families in the same period, which means a widening socioeconomic gap between upper and lower income families.

"There are approximately 4,000 children aged 0 to 5 in Fallbrook, but we see low overall enrollment in preschools here in Fallbrook," Garrett said. "We want to figure out where those kids are that aren't enrolled and see how we can help educate their parents or grandparents on the importance of early childhood education. We want to make Fallbrook a place people want to have and raise their children because we do in fact have amazing preschools and day care facilities already."

Zion Preschool and Daycare, which currently serves 60 preschool children, is in the process of increasing their school capacity to 128 by the end of

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VILLAGE NEWS



ANNOUNCEMENTS

Women’s program to feature fitness, music and fire survivor



Harpist Kylene Evans of Canyon Lake will play at the Fallbrook Women’s Connection brunch.

Courtesy photos



Cheryl Rice will give fitness tips at the brunch at the Grand Tradition Estate and Gardens.

FALLBROOK – Fallbrook Women’s Connection will welcome Cheryl Rice to demonstrate personal fitness along with Kylene Evans who will play the harp, Friday, Sept. 20. Brunch will be served at the Grand Tradition Estate and Gardens in the Beverly Mansion, from 10 a.m. until noon.

The Fallbrook Women’s Connection invited all ladies to come and enjoy the Rice’s presentation.

She has been in the fitness industry for 36 years, starting with Jazzercise, Pilates and currently in personal fitness. Her inspiration and passion to guide and teach others the benefits of exercise have been an important part of her life, she said.

Evans, 15, has been playing the harp since she was 7 years old. She has played with The Colony Chorus group in Murrieta for five years for Christmas and other events. She also has played with the Canyon Lake Choraleers,

under the direction of Lorilee Bajema. Evans was recently named Arts Council Meniffee’s Artist of the Month for September.

Guest speaker Melodi Shumate will share her story of narrowly escaping death in the arsonist-set Holy Jim Fire. Pianist Jean Dixon will provide music.

The cost per ticket is \$25, cash or check, which includes brunch prepared by The Grand Tradition, 220 Grand Tradition Way, located at the corner of Mission Road and Grand Tradition Way near Econo Lodge.

Free child care will be provided for younger children with reservations. To make a reservation, call Ginny at (760) 723-3633 or Marilyn at (760) 728-2866 or email Fallbrookwomen@roadrunner.com. The event is sponsored by Stonecroft Ministries.

Submitted by Fallbrook Women’s Connection.

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Plans underway for “Rally ’Round the World” fundraiser



Rally for Children Fundraiser committee members are packing their bags in preparation for “Rally ‘Round the World” fundraiser event, including from left, Kathy Bierbrauer, chair of ways and means; Donna Reisbeck-Stoewer, Diane Goodrich, Maureen Bevans, Colleen Jackson, Marcy Pesceone and Lee Johnson.

Courtesy photo

FALLBROOK – Rally for Children members are packing their bags in preparation for the “Rally ‘Round the World” fundraiser event at Pala Mesa Resort’s Cliff Terrace Thursday, Oct. 3, from 5:30-10 p.m.

Guests are encouraged to wear their international best from their favorite destination. Fare includes drinks, dinner, dancing and live entertainment by “Hot Pursuit.” The itinerary also includes an opportunity drawing, featuring a \$1,000 prize and a silent auction.

Reservations are \$80 per person or \$800 for tables of 10 and may be purchased online by visiting www.rallyforchildren.org. Proceeds help fund Arts in the Park and donations to other community nonprofits serving children. Of the ticket price, \$35 is tax deductible.

Submitted by Rally for Children.

FFA offers tri-tip dinner before football games

FALLBROOK – The Fallbrook High School National FFA Organization will host their tri-tip barbecue dinners before all home football games for the 20th year.

Dinner will be served from 5:30-7 p.m. at the agriculture department, which is located at the east end of the football field. The first home game and dinner is Friday, Sept. 13. Each meal includes tri-tip, beans, salad, dinner roll and a drink. The price for each dinner is \$10.

Call the agriculture department (760) 723-6300, ext. 2508, for more information. The fundraiser provides for FFA leadership development activities throughout the school year.

The community is asked to come and support their nationally recognized FFA and cheer their local football team. The other home football games will be played Sept. 20 and 27; Oct. 4 for homecoming and Nov. 1.

Submitted by the Fallbrook High School.

All are welcome to Sunday Funday barbecue

FALLBROOK – Families are invited to Sunday Funday Sept. 8, 11:30 a.m. at Fallbrook United Methodist Church, 1844 Winterhaven Road.

The church community welcomes everyone to attend and invites them to bring family and friends for an afternoon of food and fun.

There will be a bounce house and fun games for the young and young at heart. All will enjoy a no-cost barbecue hamburger lunch and top it off with an ice cream sundae.

For more information, call the church office at (760) 728-1472.

Submitted by Fallbrook United Methodist Church.

FWC to learn about weed abatement

FALLBROOK – The Fallbrook Woman’s Club is gearing up to start their new season with its first meeting Tuesday, Sept. 10. To kick off this season, members will be hearing from the Fallbrook Fire Safe Council on the topic of “weed abatement.” All are invited to come and learn how to be a responsible citizen of Fallbrook.

The Fallbrook Fire Safe Council has been chosen to be the President’s Project, sponsored by club president Roxann Clouse. The club will raise money for this project with their monthly birthday raffles and present a check to the council in May 2020.

Fallbrook Woman’s Club held its “Alice in Wonderland Get Acquainted Tea,” Aug. 13. The tea party was held to invite ladies to learn more about how local members provide service to the community while developing leadership skills and forming new friendships.

A special invitation is going out to new members, potential new members and any visitors that are interested in joining the woman’s club; lunch will be provided by the board at the September meeting. To RSVP, contact Lee Johnson at (760) 586-8308 or leejohnson512@gmail.com.

For additional information, visit www.fallbrookwomensclub.org.

Submitted by the Fallbrook Woman’s Club.



Barbara Judd, vice president of membership with the Fallbrook Woman’s Club, welcomes guests and members to the “Alice in Wonderland Get Acquainted Tea Party,” Aug. 13.

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LOCAL

Morris shows champion ewe and goat at Del Mar



Alan Morris, right, displays his grand champion wether dam ewe, Blue, while his brother, Oscar Ledesma, holds the ewe's blue ribbon.

Courtesy photos



Alan Morris, right, shows his supreme reserve champion market goat while friends hold all the banners he won with Nibbles at the San Diego County Fair.

Joe Naiman
Village News Correspondent

Alan Morris concluded his first showing year in Fallbrook 4-H Club with the San Diego County Fair's grand champion wether dam ewe and the supreme reserve champion market goat.

Morris, who completed third grade at Fallbrook STEM academy in June, also won showmanship competitions with three different animals and placed second in master showmanship for all large animals.

The 2018-2019 year was Morris' fourth in 4-H Club, but 4-H Club members cannot show animals at the county fair until they are 9 years old. Morris turned 9 years old, Nov. 23.

"I had never gone to the fair showing," Morris said.

The Pee Wee 4-H Club level allows 4-H Club members under 9 years old to show small animals, but that does not include place competition.

The county fair's livestock breed show for sheep took place June 5-8.

Morris entered Blue, a Hampshire cross, in the commercial grades and unregistered division. Blue won champion yearling honors and was selected as the grand champion wether dam ewe.

"It was really exciting. I was really happy," Morris said.

The Morris family purchased Blue from Hild Brothers Show Stock, which is in the central Iowa town of Webster City, in June 2018. She was 16 months old when she was shown at the county fair.

Morris showed Hassy, a Hampshire cross who was born on the Morris ranch in March 2019, in the ewe spring lamb competition and took first place in that division. Morris competed in the breed livestock showmanship competition with Hassy and won the junior showmanship division.

"I was excited about that," Morris said. "I had never gotten first place."

The fair's market livestock show took place June 25-30, and Morris entered a goat and two lambs. His goat, Nibbles, was eight months old when he was taken to the county fair, and the Boer cross weighed 85 pounds on the fair scales. Morris and his family purchased Nibbles from Brem Livestock in Porterville, which is in Tulare County, in January.

Nibbles won the 4-H Club medium-weight class.

"I was really excited because I worked so hard with Nibbles," Morris said.

The 4-H Club weight class champions and reserve champions compete for the 4-H Club grand champion and 4-H Club reserve champion awards.

"There was a lot of tough competition," Morris said.

Karstin Wagner of Japatul 4-H Club in Alpine raised a 91-pound goat which received 4-H Club grand champion honors. Morris and Nibbles took 4-H Club reserve champion status.

"I was excited about that, too," Morris said. "I've never gotten a banner and a ribbon."

The 84-pound goat raised by Megan Kelly of Ramona FFA was the National FFA Organization grand champion. El Capitan FFA member Connor Bast earned FFA reserve champion recognition for his 79-pound goat. The 4-H Club grand champion, the 4-H Club reserve champion, the FFA grand champion and the FFA reserve champion then compete for supreme grand champion and supreme reserve champion.

"They were all really good goats," Morris said.

The competition for the top four took place June 27.

"I was ready to go in the big ring," Morris said. "It was exciting. It was really tough competition."

Wagner's goat was declared the supreme grand champion. Nibbles was given supreme reserve champion distinction.

"When the judge shook my hand that was a really fun moment and then I heard the applause," Morris said.

The livestock auction occurred June 29. Nibbles was purchased by RCS Family for \$1,400. RCS stands for Ray Cammack Shows, which provides games, rides and food for the San Diego County Fair.

Morris won the market goat showmanship with Nibbles.

"I worked really hard with him every day," he said.

Both of the lambs Morris showed during the market livestock competition were acquired by the Morris family in March and were six months old at the fair. The 126-pound lamb was named Fortnite and the 136-pound lamb was given the name Drop the Mic. The two male lambs were both in the medium-weight class.

Although neither of the lambs received medium-weight champion or reserve champion designation, Morris won the market lamb showmanship with Drop the Mic.

"I was really happy and excited," he said.

The winners of the showmanship competition for each large animal advance to the master showmanship event for all large animals. Because Morris won the showmanship in multiple classes he was in the master showmanship as the breed lamb winner, while the market goat and market lamb runners-up represented those classes in the master showmanship. Morris was one of seven competitors in the master showmanship competition, June 30.

The master showmanship competitors don't bring their own animals but instead show each of the animals provided. Because breed lambs and market lambs are shown similarly, there were not separate classes in the master showmanship which involved dairy cattle, dairy goats, market steers, market goats, lambs and swine.

Morris placed second in the junior division of the master showmanship competition.

"I did good," he said.



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OPINION

American Thought Leaders

Warren Farrell on ‘The Boy Crisis’

Irene Luo and Jan Jekielek
The Epoch Times

“Ninety-three percent of our prisoners are male, but of those 93% males, more than 90% of them are dad-deprived males,” Warren Farrell, an American educator and a prolific author on men’s and women’s issues, said in an interview with The Epoch Times for the “American Thought Leaders” program.

In his view, the lack of a father figure in the home is the single greatest predictor of what he describes as “the boy crisis:” across developed nations, boys are doing worse than girls in every academic subject but especially in reading and writing. And more boys suffer from a lack of purpose, mental illness and addiction to various kinds of immediate gratification.

His most recent book is titled “The Boy Crisis: Why Our Boys Are Struggling and What We Can Do About It.”

“When I started doing the research for ‘The Boy Crisis,’ I found that in 56 of the largest developed countries, boys were having problems,” Farrell said.

In these countries, he said, it’s more socially permissible for married couples to divorce and for unmarried women to have children. And the boys who grew up in such fatherless families tend to fare worse than their counterparts in intact families.

For a variety of different reasons, they might “feel like they’ve been a loser at school, that nobody’s paying attention to them,” Farrell said. “They haven’t had their testosterone channeled well. They’re trying to get attention in one way or the other, depending on their community and their culture.

“At some point, they say, ‘I’ll get people to wish that they paid attention to me and value me,’” he said.

“Since Columbine, about 90%

of the mass shooters are not just boys, but they’re dad-deprived boys.”

And the same is true with ISIS recruiting, “More than 90% of the ISIS recruits are dad-deprived. Both the males and the much smaller percentage of females who are ISIS recruits are dad-deprived,” Farrell said.

Consider the importance of father figures.

“The problem isn’t mothers not working hard enough. Mothers work extremely hard and they’re some of the hardest working people in the world,” Farrell said.

But single mothers are often overwhelmed, working around the clock at their workplace and at home.

And in a fatherless home, although a child might grow up with a nurturing, sensitive and caring mother, he doesn’t have an authoritative male role model to look up to, especially if most of his teachers are also female.

Furthermore, he said, boys – unlike girls – are socially less encouraged to cry out, ask for help and express their feelings. And in a mother-only home, they miss out on the special bond between father and son.

Generally more tough-loving than mothers, fathers tend to parent by roughhousing. The father might say, “OK, kids, jump off the couch and onto my back and your job is to pin me before I pin you down,” Farrell said.

Such a dynamic creates a bond with the child that most good dads can then use to enforce rules and boundaries, he said.

The father might say, “OK, yes, you can pin me, but Jimmy, you stuck your elbow into your sister’s eye. You’re not allowed to do that. That’s not OK. So if you do that again, there’ll be no more roughhousing.”

Along the way, Farrell said a child learns boundaries as well as empathy for others.



Warren Farrell, author of “The Boy Crisis,” is seen in Washington.

Samira Bouaou-Epoch Times photo

And because fathers tend to be stricter, they are better able to teach children about patience and postponed gratification.

As an example, Farrell offered a scenario in which a mother promises ice cream to her child if he finishes his peas. The child will likely try to minimize how many peas to eat before they get the ice cream. After eating 10 peas and whining a bit, the mother might concede because she doesn’t want to get into a fight over a few peas.

“The child at least tried,” the mother might think. Upon seeing this, the child might even try to get away with eating just five peas the next time.

But in the same situation, “Dad is more likely to say, ‘Excuse me, we have a deal. You know the deal. I know the deal. You know that I know the deal. And the deal is to finish the peas,’” Farrell said.

The child might whine, “‘Oh, Dad, you’re so mean. You know, Mom isn’t like that,” but fathers are more inclined to put their foot down.

“You can continue complaining by the way too, and then there’ll be no ice cream tomorrow night or tonight,” a father would say, and upon realizing he can’t bargain with his father, the child slowly learns postponed gratification, Farrell said.

In Farrell’s view, it partially explains why children raised predominantly by fathers are half as likely to have ADHD.

“The child learns from the dad that she or he has to pay attention,” he said.

Different parenting styles play a major role because “postponed gratification is the single biggest predictor of success,” Farrell said.

Of course, mothers can also roughhouse and be strict with children, Farrell said, but generally, mothers are less likely to do so

than fathers. When a boy isn’t taught postponed gratification, he finds it much harder to accomplish his goals for himself, and instead is distracted by the next text message, the next video game or the next television show, he said.

“The result is they feel more ashamed of themselves. The teacher doesn’t give them praise. The kids don’t respect them, as well. And when it comes to boy-girl time, girls go out with winners, not losers,” Farrell said.

“That’s when you start having the addiction to drugs, alcohol and pornography of many types, addiction to video games. And you have boys that just can’t get their lives together,” Farrell said.

Farrell moves from feminist to advocate for boys.

“Since Columbine, about 90% of the mass shooters are not just boys, but they’re dad-deprived boys.”

Earn More:
The Startling Truth Behind the Pay Gap – And What Women Can Do About It.”

Although Farrell is now a vocal advocate for boys and men, he was actually once a leading male feminist. He was the only man ever elected three times to serve on the board of the National Organization for Women in New York City.

“At the beginning, when I was involved with the feminist movement, the basic message was ‘I am woman, I am strong.’ And now it’s much more likely to be ‘I am woman, I’ve been wronged.’ And when you start focusing on women and all the ways they’ve been wronged and all the ways they’ve been victims, you start getting victim power. And you begin to hone victimhood as a fine art,” Farrell said.

“Historically speaking, the world was not about patriarchy and privilege,” Farrell said. “To survive, both mothers and fathers had obligations and responsibilities. Mothers risked their lives in childbirth and dads risked their lives in war to protect the children.”

Men and women shared the same goal, which was: “I will do what I need to do to sacrifice myself in order to make my children’s lives better than mine,” Farrell said.

But now, “Feminism 101 in almost all countries in the world says basically that we live in a patriarchal world dominated by men who made rules to benefit men at the expense of women,”

Farrell said. “Nothing could be further from the truth. Having male-only draft registration even today in the United States is not a benefit to men. It’s saying ‘I’m willing to sacrifice myself, so you will be protected.’”

If men could really create the rules to their benefit, why didn’t men decide that women should be the ones expected to pay for dates and engagement gifts and to earn money to support the family?

Instead, these social rules apply to men, not women, Farrell said, and men are expected to earn much more to support the family than women.

And this perspective also helps to explain the so-called gender-wage gap. In 2005, Farrell wrote a book on the topic, titled “Why Men

He argued that as breadwinners in the family, men are more likely to take on more dangerous and less desirable positions or work longer hours to earn higher pay.

“Dads quit jobs like being a musician and actor or whatever – the love jobs – and they go into jobs that pay more,” he said.

After having a child, men tend to put more time in the workplace to support the family, while women tend to split their time between home and the workplace.

Another key piece of evidence that debunks the narrative of a gender wage gap, he said, is to compare the incomes of women and men who have never married or had children. Women in such a situation earn 117% of what their male counterparts earn.

Yet, the gender wage gap is constantly used as evidence of gender discrimination and a male patriarchy.

“Feminism has become its own form of toxicity. And this really needs to be confronted,” Farrell said. “When only one sex wins, both sexes lose.”

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OPINION



Help for loved ones

Assemblymember Marie Waldron

Special to Valley News

Assisted outpatient treatment is one of the most effective tools available for treating severely mentally ill persons. Legislation known as Laura’s Law was introduced in 2001 by Assemblymember Helen Thomson, D-Davis, in an effort to make assisted outpatient treatment available throughout California. My subsequent legislation, Assembly Bill 59, extended the sunset date an additional five years.

Laura’s Law allows court-ordered assisted outpatient treatment for mentally ill patients in participating counties. It is aimed at individuals who are at risk of danger to themselves and others with the goal of helping mentally ill individuals return to productive lives, while also improving public safety. The law is named after Laura Wilcox, a

19-year-old college student and volunteer who was fatally shot along with two others at a Nevada County mental health clinic by a mentally ill individual who was being treated sporadically at the facility. His family had unsuccessfully tried to require that he receive regular treatments, but under laws existing at that time he could not be compelled to participate. Laura’s Law changed that bringing more treatment options to counties.

Seventeen counties, including Nevada, Los Angeles, Orange and San Diego, have adopted Laura’s Law. And it’s been very successful. In Nevada County where the law was first implemented, hospitalization was reduced by 46%, incarceration by 65% and homelessness by 61%. In Los Angeles County, incarceration was reduced by 78% and hospitalization by 86%. Here in San Diego County, just threatening to invoke Laura’s Law has resulted in dozens of patients voluntarily agreeing to treatment. Laura’s Law has saved lives and millions of taxpayer dollars in participating counties.

As a member of the Assembly Health Committee, I will continue to work on bipartisan solutions that address mental health and public safety issues facing our state and region.

Assembly Republican Leader Marie Waldron, R-Escondido, represents the 75th Assembly District in the California Legislature, which includes the communities of Bonsall, Escondido, Fallbrook, Hidden Meadows, Pala, Palomar Mountain, Pauma Valley, Rainbow, San Marcos, Temecula, Valley Center and Vista.

Back-To-School

Jim Desmond

5th District Supervisor

By now most kids are back in school, the house is probably a little quieter (good or bad) and the summer starts to fade away.

For the kids, whether you’re going to middle school, high school or off to college enjoy these days. You may not know it now, but these are the simpler times. Don’t stress over trying to make the team, or getting a bad grade. Try your best and know that there are bigger responsibilities ahead.

For the parents, love your kids unconditionally. Soon they’ll be

off with their own friends, annoyed at their parents. Make sure to cherish every moment. My wife, Kerri, and I still talk about the days when our kids and their friends were all over at the house causing a raucous. Those were great days.

The next generation represents the future of San Diego County for many years to come. Let’s make sure they have all the resources they need to thrive.

The beginning of the school year can be a stressful time for everyone involved, but it doesn’t have to be. Enjoy the days, enjoy your family and let’s have a great rest of the year!

My take on mass shootings — the bigger problem

Here’s my take on mass shooting issues. I invite you to convince me I am wrong.

I have been a gun owner for 75 years, shot at in combat, a concealed carry permit holder for more than 30 years, recipient of death threats while conducting investigations and the up close and personal victim of an attempted car-jacking in which my handgun caused the perpetrator to turn and run. I’ve conducted lots of background checks, and I have been the subject of very thorough government background checks that took months to complete.

I am convinced that demands to “do something” about mass shooters offer no real, workable solutions and that only “feel good” rules are on the table while voluminous research data show that enacting more gun laws will be meaningless.

Red flag laws are all about politicians looking for reasons to remove firearms from a person, and many proposals violate constitutional guarantees. San Diego County has some red flag laws that may or may not be working. You might want to check them out.

Can an “expanded background check” help identify potential shooters without violating constitutional rights? Probably not. Actually, the current background check is pretty comprehensive, but it is not a predictor of violent behavior. The real question is how much intrusion will you allow into your personal life?

There is a wide variety of behavior today that is deemed socially acceptable, including disrespect of our laws and law enforcement. So how can we expect individuals who have problems to put a limit on their activities or cause civic leaders to take charge and mitigate violence such as antifa?

Cops have to be allowed to do their jobs without political forces turning them in wusses.

Mass shooters are evil, have severe mental issues or are so intellectually impaired they just don’t understand the value of life. Maybe it is all three. And stricter gun control measures of any kind, including expanded background checks, will have no effect on future mass shooters.

Finally, here is what I believe to be the root cause of mass shootings. Negative societal behavior. Cultural shifts since the 1960s specifically include failure to have cohesive family units, strong parenting has disappeared, illicit drug use has skyrocketed and the dark side of the internet continues to enslave younger generations.

In a liberal world, these are problems which are hard to correct.

But don’t yell at me. I am fairly reasonable. If you disagree, offer up some better solutions.

Ken Munson

Re: ‘I am ashamed’ [Village News, Letter, 8/22/19]

I have to tell you I am rolling on the floor laughing hysterically, wherever do you people get your news?

You hear some fake news sound bite about one millionaire or one billionaire who associated with a child molesting billionaire and somehow President Donald Trump is a known child molester? You do know they call that slander, right?

You overlooked former President Bill Clinton’s association with Epstein and said nothing?

So just because you know someone, now you are the same as them? So what you are saying is Clinton and Trump molested children? Insane.

Liberals accepted that a sitting President was committing adultery in the Oval Office with his despicable episode with a cigar and lied to Congress about it. Another president tells a Russian president to sit tight until after he is reelected, and he can be more flexible. This comment was made on a hot microphone with video footage and yet you said nothing. Talk about collusion and conspiracy with the Russians. Read the Mueller report; they found nothing.

Aside from your fake news channels, can you please prove 10,000 and counting lies? He openly mocked the disabled? That was a hack job of video by the liberal media and that is a proven fact.

As I continue to read your baseless accusations and downright lies, I shake my head that people are so gullible and don’t bother to fact-check their news source. I did it constantly with former President Barack Obama.

Even though I did not support his policies, I respected him as our president and stood up when lies abounded. It’s called truth. The left has not had one civil word for Trump since he announced he was running for president.

You’re ever so slight climate change is nothing more than a natural climate evolution cycle. Yes, we have some man-made smog as you would expect in an industrial society, but with good business regulations, we will be fine. What I don’t accept is the doom and gloom of the world ending in 10 years or the shocking evidence of scientists who “cooked the books” and made up data to support their agendas. They basically lied to the world about their “findings.”

When global warming was proven false, they changed the talk to climate change. It’s not about the climate at all. It’s about the money, power and control of everything in your life.

Hey, Rep. Alexandria Ocasio-Cortez, let’s eliminate the meat industry like you have the lumber, coal, steel and so many other industries. She is an idiot, and this is insanity on steroids.

Dianna Miller

Re: Road problems

Dear Supervisor Jim Desmond, I am a constituent in Fallbrook. I have a complaint about some road repair problems in Fallbrook.

The problems are at Stagecoach Lane and Reche Road. The road folks have been working on adding a few hundred feet for an additional lane at this intersection for months. I believe that the project first started early last fall almost a year ago. The county sign at each end of the project shows it is a project costing \$772,000.

It seems like there is a crew out there to work on it for a day or two at a time every week or two. Then another week or two goes by, and another crew comes out for a day. At this point they could probably complete the project in 10 working days, if they ever worked on it.

I have to say, this project has been very poorly managed.

In addition, along Reche Road between Stagecoach and Green Canyon Road, a crew marked about 50 places on the street where the asphalt needs to be removed and replaced. I assume that the road will be sealed after that work is done.

Those spots were marked about three months ago, and nothing has happened. Reche Road runs in front of two schools. I was hoping that the repairs on both Stagecoach and Reche Road would have both been completed before school started. It is going to be a mess during school hours while these projects are completed.

I hope that you can look into these things and get back to me with a schedule as soon as possible.

Thank you,
Mike Reardon

www.villagenews.com
Village News

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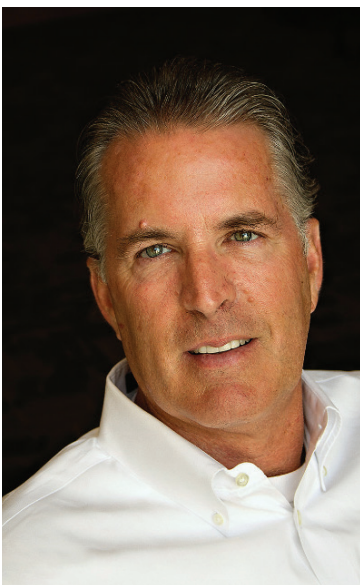
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Honoring Our First Responders



Dr. Rick Koole
LifePointe Church

What were you doing when you first heard about the 9/11 attack on the Twin Towers and the Pentagon? It's hard to believe but that was 18 years ago, and yet I remember it as if it was yesterday. I was a school superintendent at the time and spent the rest of the day with our high school students following the news on televisions in the school library.

We must never forget the courage of the "first responders." While others fled from the burning infernos, the courageous men and women from police as well as fire and rescue did what they

were trained to do. They placed duty ahead of personal safety and rushed into the flames to try and save others.

What better time to honor these American heroes than the 18th birthday of a day that changed America. The Bible is clear in telling us to "give honor where honor is due." And in various parts of the Bible we are told specifically who we should honor. Appropriately, the list starts with a command to honor God for all he has done for us. But the Bible also reminds us that children are to honor their fathers and mothers; and all of us are to give honor to the elderly.

This past year our church took

seriously the command to "give honor where honor is due" by singling out throughout the year some groups we felt deserved to be honored. They included:

- Mother's Day: Honoring mothers
- Fathers' Day: Honoring fathers
- Memorial Day: Honoring those who died defending our country
- Veteran's Day: Honoring those who served in the military
- Independence Day: Honoring those currently serving in the military
- Sanctity of Life Day: Honoring the defenders of the unborn

The church will hold a special service Sunday, Sept. 8, at 9:30

a.m. to honor key first responders in Fallbrook. Receiving primary accolades will be the men and women of law enforcement as well as those of fire and rescue.

In addition, we will be acknowledging the staff and volunteers of the Fallbrook Food Pantry. They are the first responders in our community when people are hungry. As they like to say, "When you are hungry, nothing else matters."

Many people will attend their own church that Sunday; however, if you are free that morning at 9:30 a.m., please join us for an hour as we "give honor to whom honor is due" by saying thank you from a grateful community.



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GOOGLE

from page A-1

variety of manual and automated means to make calls on what is true and what is “misinformation” and sort results accordingly.

Most of the documents appear to pertain to Google News, an aggregator featured prominently at the top of the page for news-related search results.

Google News

One document describes “Project Purple Rain: Crisis Response & Escalation,” the goal of which is to establish “processes to detect and handle misinformation across products during crises” and “install 24/7 team of trained analysts ready to make policy calls and take actions across news surfaces including News, News 360 and Feed.”

“News” appears to pertain to “Google News” and “Feed,” a rebrand of the former “Google Now” product, showing news articles below the search bar on the Google mobile app.

Another document, a presentation that appears to date back to late 2017, explains that websites that apply to be included in Google News results need to pass an automated review that checks their technical parameters, and also a manual review of their “processes, policies and editorial guidelines.” If accepted, the sites are then repeatedly checked and given “demotion penalties” for infractions.

Then, however, the presentation presents “potential” next steps, which included expanding its screening policies to cover “fringe/controversial” content, such as that which is “factually incorrect, fake, irrelevant.” Furthermore, the document suggests that Google should also address “sensitive” content, such as that which involves “hate,” “diversity,” and “bias” or is “geo-politically sensitive.”

One of the goals of the effort was a “clean & regularly sanitized news corpus,” it reads.

It’s not clear whether these steps have been implemented.

‘Fringe Ranking’

One of the documents said that Paul Haahr, Google’s principal engineer, leads the effort on “fringe ranking” with the goal of “not showing fake news, hate speech, conspiracy theories or science/medical/history denial unless we’re sure that’s what the user wants.”

Combined with information from other documents, “fringe ranking” appears to mean that unless a user already knows what specifically to look for, Google will hide from the user anything it labels “fake news, hate speech, conspiracy theories or science/medical/history denial.” Such information would then be effectively obscured from users who haven’t yet been exposed to it.

Feed Blacklist

Yet another document lists websites whose content is manually banned from showing up in the “Feed.”

It includes a number of fringe sites on the political right, the more prominent ones including thegatewaypundit.com, truepundit.com, and redstate.com.

It also includes some sites on the progressive left, including [mediamatters.org](#), [forwardprogressives.com](#), [occupydemocrats.com](#), and [learnprogress.org](#).

But it also includes relatively mainstream right-leaning sites such as [dailycaller.com](#), [louderwithcrowder.com](#), and [newsbusters.org](#).

The list indicates it’s because those are “sites with high user block rate.” It’s not clear though why these sites would need to be blacklisted manually if a high block rate alone was to automatically place them on the list.

Videos Manually Rated

One presentation slide, apparently photographed from a computer screen, bears the title “Fake news & other fringe: Trashy recap” and says that “every day, top 250 videos [on YouTube] in top 26 locales are rated by multiple human raters” and that “Trashy filtering launched on [YouTube’s]



Former Google software engineer Zach Vorhies. Courtesy of Project Veritas

Courtesy photo

Home [page], Search, Trending [list], and Suggested [videos list].” This has led to a 50% decline in user complaints, it states.

Tech companies that cave too easily to complaints have been mentioned by some conservatives as one of the underlying reasons for disproportionate censorship of right-leaning content. People on the political left are much more likely to call a variety of statements “hateful,” while those on the right tend to call the same statements “offensive, but not hateful,” a 2017 Cato survey found.

Google, as well as other major tech companies, prohibit content they consider “hate speech”—itself a subjective standard impossible to enforce fairly, according to Nadine Strossen, a law professor and former president of the American Civil Liberties Union.

Google hasn’t responded to a request for comment.

Bias

The documents Vorhies provided previously, together with his explanations and hidden camera recordings by Project Veritas of

other Google employees, indicate that the company has created a concept of “fairness” through which it infuses the political preferences of its mostly left-leaning workforce into its products.

Several studies have shown that Google News, in particular, is biased to the left.

Google has repeatedly denied political bias in its products. Vorhies suggested, though, that Google tries to present itself as a neutral platform to preserve legal protection under Section 230, which shields internet services from liability for user-generated content.

“Google is playing both sides of the game,” he said. “On the one hand, they’re saying they are a platform and that they are immune from being sued for the content that they host on their website. On the other hand, they’re acting as a publisher, in which they’re determining the editorial agenda of these certain companies, and they are applying that. If people don’t fall in line with their editorial agenda, then their news articles get deboosted and deranked. And

if people do fall in line with their editorial agenda, it gets boosted and pushed to the top.”

Robert Epstein, a psychologist who has spent years researching Google’s influence on its users, has published research showing that just by deciding the sequence of top search results, the company can sway undecided voters.

Epstein determined that this has led to 2.6 million votes shifting in the 2016 presidential election to Trump’s opponent, former Secretary of State Hillary Clinton. He warned that in 2020, if companies such as Google and Facebook all support the same candidate, they will be able to shift 15 million votes - well beyond the margin most presidents have won by.

Trump has reportedly been working on an executive order to address politically biased censorship by social media companies.

Story reprinted with permission of [www.theepochtimes.com](#).

PROTEST

from page A-1

advocates flying in,” including a documentary crew.

“The sheriff just called me and said we have to increase presence because there’s going to be a pro-CPS group to protest you guys,” Gonzalez said. “They said we’re going to need more sheriffs to guard you.” Gonzalez also noted the presence of many pro-CPS social media trolls on pages he frequents. “These people don’t stop.”

“CPS is legally kidnapping children,” Toni Triano of Boise, Idaho, told The Epoch Times, noting that she’s flying to Sacramento for the Oct. 4 rally. “It’s picking up momentum with advocates and victims across the country. People are saying enough is enough.

“There’s so much corruption and people are tired of it,” Triano said. “I think CPS needs to be shut down.”

Many parents express contempt for the Adoption and Safe Families Act (ASFA), signed by then President Bill Clinton in 1997, which mandates that states

terminate most parents’ rights after their children spend 15 months in foster care. Activists also bristle at the lucrative opportunities available for foster parents, courtesy of the states, and at family court mandates that parents must cover their court costs throughout their custody battles.

“They tried to get me to pay a professional to talk to my daughter,” Barry White, a military veteran who is attending the rally, told The Epoch Times, adding that he has not seen his daughter in four years and that he’s reaching out to the NAACP for help with his case. “My daughter said several times she wants to come home, but they said I couldn’t record that or show anybody that.”

“Recent reports have consistently indicated that a large number of victims of child sex trafficking were at one time in the foster care system,” the U.S. State Department stated in its 2019 report on human trafficking, which has increased parents’ fears about the system.

“People don’t want to get involved until it happens to them, because they don’t get it,” Katherine Lester, a mother of an addict who lost her grandchild to



A group of California parents will stage a mass demonstration at the State Capital in Sacramento in October to protest perceived injustices on the part of Child Protective Services agencies against families across the United States.

Courtesy photo

a closed adoption after a prolonged fight with CPS, told The Epoch Times. “Why isn’t anyone in Congress bringing this up? I took in six families for a meeting with (Democrat congressman) Jimmy Panetta. He said he would get back to me. He never has, but he’s doing work on behalf of illegal immigrant families.”

“I keep writing [Sen.] Kamala Harris. I keep writing [Sen.] Dianne Feinstein,” Lester said, but with no commitment from lawmakers to advocate for families.

“Every single parent that I have worked with who has a viable case ends up having a gag order placed on them,” Breauna Sagdal, a regional director of the parental rights advocacy group Punished 4 Protecting and a speaker at the event, told The Epoch Times.

“When it is abundantly clear

the state has made a mistake, the judge will admonish the court and prevent any further disclosure even if any identifying information is removed. The story itself is still considered a breach of privacy, and so really what the court is doing is covering for Child Protective Services. I think my biggest concern in all of this is we’re seeing a breakdown of trust in our justice system and our government in general with the general public,” she said.

“Children are put on multiple psychotropic antipsychotic drugs. When children come into this system with any kind of behavioral thing, they are pumped full of meds,” Sagdal said.

“I see such a consistent pattern of abuse,” Sagdal said, referring to children being placed in out-of-state facilities where they

often can’t be contacted by their biological families. “Our state is not only benefiting significantly from out-of-state facilities, these children are going missing without a trace.”

The Epoch Times recently reported on a series of child molestation allegations arising from the Contra Costa County foster care system in California; that county’s Department of Children and Family Services is reeling from the arrests of a father-son duo accused of molesting their foster care children.

The state of California records all missing foster care children as “runaways,” with no possibility for the children to be categorized as kidnap victims.

“The California Department of Social Services receives reports from California counties via the statewide child welfare data system,” Adam Weintraub of the California Department of Social Services wrote The Epoch Times in an email.

“There is no separate category for ‘missing’ children - all children who leave the system without explanation, are grouped together under the category of ‘runaway.’ (Running away is the most common reason for leaving the foster care system without explanation, and many of these children eventually return to a foster home, their parent or a relative.)”

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August Events



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W.I.N. (Women in Networking) strolling through downtown Fallbrook, stopping at the historic caboose.

Applications Being Accepted For the Harvest Faire



Sunday, October 20
Downtown Fallbrook

The Harvest Faire is an autumn-themed downtown faire featuring handmade crafts and area goods, local foods and treats, a petting zoo, pony rides, scarecrow display, pumpkin contests and so much more!

There will also be a beer and wine garden in the Village Square, as well as an opportunity to do some bourbon tasting!

Show off your pie-making talents by entering the Pie Bake-off. Break out your best “sweet” or “savory” pie recipes and fill out the entry form.

Look for demonstrations by local artists, as well as food and

craft vendors. Miss Fallbrook and Miss Teen Fallbrook will be on hand to facilitate pumpkin and costume contests, and more!

This event will take place during Scarecrow Days, which runs through the entire month of October. Watch for handmade scarecrows hanging out downtown during the Faire.

The Fallbrook Chamber of Commerce is still accepting certain types of applications for vendors at the Harvest Faire. Call us at 760-728-5845 or download the application on the Chamber website.

State of the
CHAMBER
2019

Wednesday, September 18 ~ 5:30 pm
Pala Mesa Resort ~ Cliff Terrace

This month, the Fallbrook Chamber of Commerce will host the Annual State of the Chamber Dinner, in lieu of the evening SunDowner.

Members and prospective members alike are invited to come to this event, which will include a Hawaiian style dinner and dessert, provided by Pala Mesa Resort.

The new Honorary Mayor will also be announced, becoming the next chief ambassa-

dor of the Chamber of Commerce.

Some of the Chamber member non-profit organizations will have informational tables at this event, so stop and say hello!

Find out just how much your Chamber of Commerce has worked hard for you in the last year. Admission is \$35 per person, which includes the dinner. Reservations and prepayment are required.

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Village
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Saturday, November 23

An outdoor wonderland of handmade crafts, art objects and holiday delights, the Village Artisan Faire, at Main and Elder Street on the Saturday before Thanksgiving, is the perfect alternative to exhausting black Friday shopping.

The Fallbrook Chamber of Commerce is now accepting applications for exhibitors with original, handcrafted work from local artisans to participate in the Village Artisan Faire. Apply now online! Exhibitors must have a resale certificate.

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Computer classes offered for seniors

FALLBROOK – The Foundation for Senior Care will sponsor a series of computer classes taught by volunteer computer technicians at the Crestview Estates Clubhouse. Registration is open online at www.foundationforseniorcare.org or at the Foundation for Senior Care, 135 S. Mission Road, at the corner of Mission Avenue and Fig Street, from 8:30 a.m. to 4:30 p.m.

The five classes being offered are: Android Smartphone and Tablet, iPad and iPhone, Taking and Managing Photos on your Android Smartphone, Google Maps, Basic Computer File Management and Solving Spreadsheet Problems. Classes are one, two or four weeks long and meet for two hours once a week. Classes start Monday, Sept. 9, and cost between



Volunteer instructor Irv Rudderow teaches a class on Android smartphones. Classes are offered for both iPhone and Android phones. Courtesy photo



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Solving Spreadsheet Problems, we work with students to resolve any issues they are experiencing in their own programs. Another opportunity for one-on-one help is through our Fix It Friday program.” In addition to classes held at Crestview Estates Clubhouse, the Foundation for Senior Care hosts a weekly open lab Fridays called Fix it Friday where seniors can walk-in for help with software or hardware problems. There is no charge for this service, but donations are encouraged. Learn more about The Foundation for Senior Care at <http://www.foundationforseniorcare.org>. Submitted by The Foundation for Senior Care.

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9/11

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EVENTS CALENDAR

Sept. 7 – 7 a.m. – Fallbrook Firefighters Association holding the 9th annual 9/11 Memorial Hill Climb, a 5K hike honoring the memories of those lost during the attacks of Sept. 11, 2001. Opening ceremony at Monserate Mountain Preserve, 243 Horse Ranch Creek Road. Registration costs is \$50 per hiker. Proceeds to benefit an injured Vista firefighter. For more info, call John at (608) 609-3727.

Sept. 7 – 7-9 a.m. – Free prostate cancer screenings are offered at Fallbrook Family Health Center, 1328 S. Mission Road, next to Northgate Market. Appointments are required to assure participation. Call to schedule an appointment in English or Spanish at (760) 731-9187. Walk-ins might not be accepted after 8 a.m.

Sept. 10 – 10-11 a.m. – Foundation for Senior Care hosts Alzheimer’s Association’s Alzheimer’s Disease Education Series, continuing with “Understanding and Responding to Dementia-Related Behaviors.” The workshop will be held at 135 S. Mission Rd. To register, call (760) 723-7570.

Sept. 14 – 4-10 p.m. – D’Vine Path, Inc. presents it inaugural Vineyard Soiree, an evening of grape stomping, local wine, handcrafted local beer, buffet, silent auction and special live performances at Batali Ranch, 353 Morro Hills Road. Tickets are \$50 adult, \$25 13-18 year olds and free under 12. Tickets and more info at www.divinepath.org.

Sept. 26 – 11:15 a.m. – AAUW to hold annual Mahjong tournament at the VFW, 1175 Old Stage Road. Entrance fee is \$20 and includes lunch. Tickets for items in the opportunity drawing will be sold at the door with drawing at end of event; play starts at noon. The overall winner will receive a cash award. To sign up, contact Araxy Moosa at (760)723- 2262. Proceeds benefit girls and young women in the community.

Oct. 3 – 5:30-10 p.m. – Rally for Children hosts “Rally ’Round the World,” your passport to fun at Pala Mesa Resort’s Cliff Terrace 2001 Old Highway 395. Event includes drinks, dinner, dancing, a world class silent auction and entertainment by Hot Pursuit. Raffle features a \$1000 prize. For reservations, visit www.rallyforchildren.org. Proceeds support Arts in the Park and other community nonprofits serving children.

Oct. 5 – 8:30 a.m. – Hope Clinic for Women (formerly Fallbrook Pregnancy Resource Center) hosts Walk 4 Life at Live Oak County Park, 2746 Reche Road. For more info, call (760) 728-4105 or visit www.hopefallbrook.com.

Oct. 12 – 4-10 p.m. – REINS is hosting its 35th annual Country Hoedown with live music by Clay Colton Band, silent auction, BBQ catered by Firehouse Que & Brew, carnival game area and riding demonstrations. Tickets are \$75; military/senior, \$60, and children,

\$25, at reinsprogram.org. REINS is at 4461 S. Mission Road.

Oct. 19 – 5-9 p.m. – “Not the Usual Suspects,” the Foundation for Senior Care’s 14th annual fall benefit is an interactive evening with both live and silent auctions, opportunity raffles, brain teasers and a “whodunit” mystery! Also includes appetizers, signature cocktail, dinner and wine. Tickets are \$120, available at [https:// foundationforseniorcare.org/](https://foundationforseniorcare.org/) under Events. At Pala Mesa Resort, 2001 Old Hwy 395.

Oct. 20 – 9 a.m. to 4 p.m. – Fallbrook Chamber of Commerce offers Harvest Faire on Main Avenue in Downtown Fallbrook, with handmade crafts, local foods and treats, petting zoo, pony rides, pumpkin contests, pie baking contest, live music in beer &

wine garden, bourbon tasting and scarecrows on display.

Oct. 20 – 11 a.m. to 3 p.m. – Fallbrook Alumni Association holds annual Picnic in the Park at Live Oak Park. All former FUHS students are invited. An optional tri-tip lunch will be prepared and served by FUHS Ag students, (\$20), plus there will be an opportunity drawing. Contact Jan Mahr Owen for reservations, (760) 421-8038.

Nov. 12 – 12-1:30 p.m. – Foundation for Senior Care so-hosts Senior Concern Seminar, “Taking the Handcuffs Off the Surviving Spouse” at Christ the King Lutheran Church, 1620 S Stage Coach Lane. Free of charge and lunch will be provided. Register at [www.SCInstitute.org/ FSC](http://www.SCInstitute.org/FSC) or call (760) 723-7570.

County board meetings temporarily moving to new location



The meetings will be held in the Campus Center Chambers, within the building seen to the left. The public can park in the structure seen to the right.

Tracy DeFore
County of San Diego
Communications Office

Starting Sept. 10, San Diego County board of supervisors meetings will be temporarily held at the County Operations Center in Kearny Mesa.

The meetings typically take place downtown at the County Administration Center, but the building’s board chamber is currently closed for renovation.

The next 12 board meetings are scheduled to take place at the Campus Center Chambers, 5520 Overland Ave.

Anyone who plans to attend should allow for extra time to find a parking space and pass through security screening. The nearest parking structure is located at 5515 Overland Ave. across from

the Campus Center Chambers. The most direct route to the building is from an entrance on Farnham Street; park in the visitor or white spaces on the lower levels of the parking structure. The chambers’ building is west of the structure; gain entry to the meeting by passing through the Commons Cafe.

Live video is available while the meetings are in progress and archived several hours later at www.sandiegocounty.gov/content/sdc/general/board-meeting-video.html. Board agendas are also available online the Wednesday before scheduled meetings, at www.sandiegocounty.gov/content/sdc/cob/bosa.html.

The board is expected to resume meetings at the County Administration Center in January 2020.

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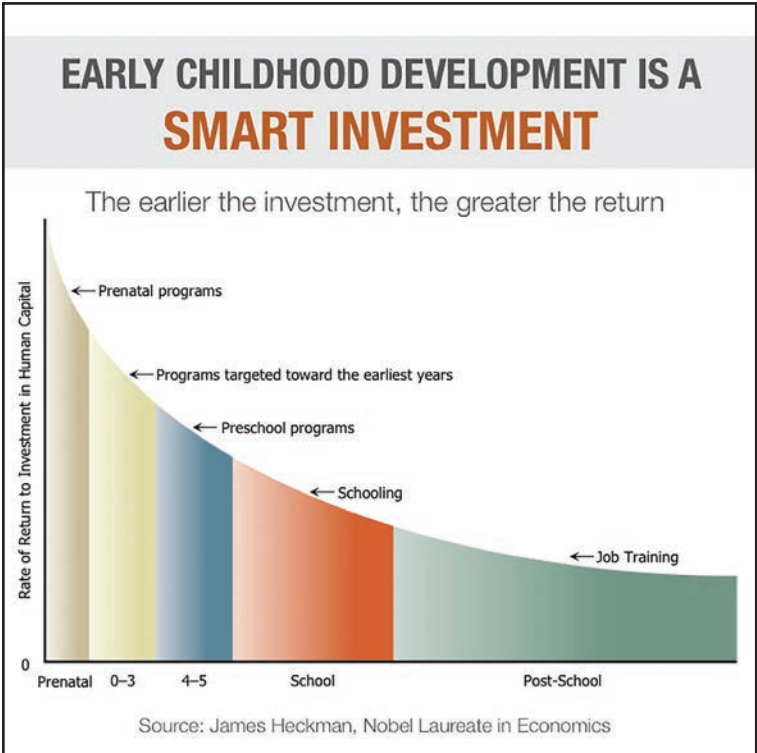
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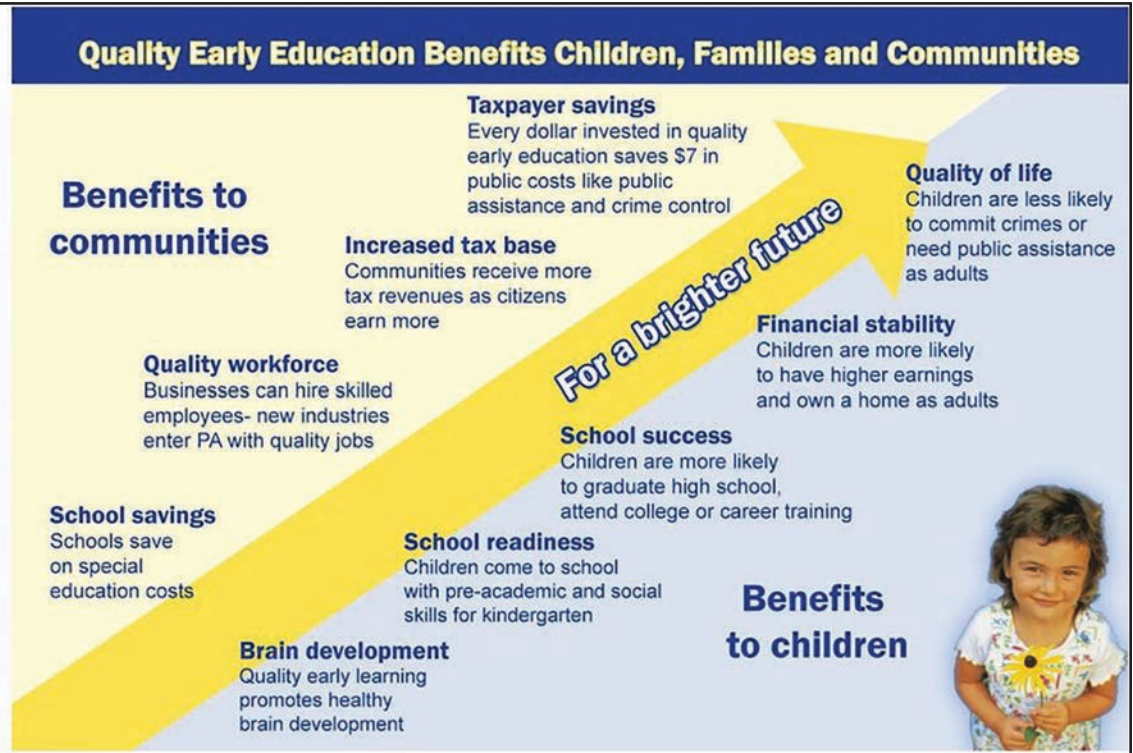
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These statistics are from the work of Nobel Laureate James J. Heckman, an expert in early childhood development.



There are many societal benefits of early childhood education.

EDUCATION

from page A-1

September 2019, according to Preschool Director Lana Janey. In response to how Zion can help low income families who may want their children to have a private preschool experience, she said, “There is State assistance through Child Development Associates. They base the assistance on income and they will also pay for before and after school daycare if you qualify. The link to apply is <https://cdasd.org/families/cda-preschools/tuition-and-tuition-assistance/>.”

In direct response to the study, BetterWorld Trust reached out to all the local preschools and day care centers to get their opinions on how to move forward. One of their suggestions was for BetterWorld to host quarterly professional development sessions.

The first session, held recently, was themed “How to revitalize your spirit,” and was attended by 20 local early education administrators and teachers. The topics of these events are chosen by the administrators and teachers themselves and based on the chosen topics. BetterWorld hires related guest speakers and hosts the sessions.

In addition to the professional development sessions, BetterWorld also hosts quarterly meetings for the administrators and teachers to talk with each other about how collectively the early childhood education arena in Fallbrook can be improved. It’s a time for participants to get together and



Rosie and Linnea play in the puppet theater at Zion Christian Preschool.

network with each other.

Why do this? BetterWorld Trust is trying to educate the educators from a collaborative standpoint, meaning nurturing the teachers as well as the whole child academically, creatively and socially – a mantra of Ralph Waldo Emerson, one of BetterWorld Trust founders Paul Garrett’s favorite philosophers, he said.

This philosophy, also a badge of many charter schools, takes the principles of early childhood education seriously, as do pediatric physicians. It’s no secret that doctors and hospitals push “First 5” type ECE programs.

Scores of research has been

done over the years that show the benefits of reading to unborn children, teaching them colors, numbers, the alphabet and such before kindergarten – things that don’t always happen in low-income, immigrant and foster families who face a host of societal challenges as well.

The social costs of children who haven’t had the benefit of early education are expensive, frustrating, time-consuming and even overwhelming to the children themselves, as well as their parents and teachers.

Most of the time, these compounded issues can be avoided with the right targeted program

– which is why the BetterWorld Trust is busy at work, launching the inaugural quarterly education program.

Next up from BetterWorld will be the creation of an early education program that serves expectant mothers in Fallbrook, and University of California San Diego has committed to reevaluate BetterWorld Trust’s programs each

year to determine what tangible impact they are having on the town and its children.

For parents and school administrators who would like more information on BetterWorld Trust’s early childhood education programs, events or facilities, contact Cari Zamora at czamora@betterworldtrust.org.

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Singing, dancing and playing shinny at Pala gathering



Tatum Cagey, 2, performs with bird singers and dancers at the inaugural Pala Honoring Traditions Gathering. The new gathering replaces the competition-oriented powwow and will focus on Native American cultures and traditions of the southwest. Shane Gibson photos



Young bird dancers with the Kupa Song and Dance Group perform at the Honoring Traditions Gathering at Pala Rey Youth Camp.



Boys play a game of shinny during the inaugural Pala Honoring Traditions Gathering held at Pala Rey Youth Camp.



Bird dancers perform in bare feet during at Pala Rey Youth Camp, during the Honoring Traditions Gathering.



Bird singers with the Pala Indian Reservation Kupa Song and Dance Group sing and dance for guests attending the Pala Honoring Traditions Gathering, Aug. 31.



Guests listen to a group of bird singers from the region at the inaugural Honoring Traditions Gathering hosted by the Cupa Cultural Center.



David Duro III performs with his family in the Kupa Song and Dance Group during the Pala Honoring Traditions Gathering.



Layla Duro, left, 5, and her cousin, Chamish Duro, 7, play with a bow-and-arrow after performing with the Kupa Song and Dance Group at Pala Rey Youth Camp.

HEALTH & BEAUTY

Loma Linda University Medical Center – Murrieta recognized for excellence in wound care Hospital is awarded the RestorixHealth’s Patient Satisfaction award

MURRIETA – Loma Linda University Medical Center Murrieta’s Wound Care and Hyperbaric Medicine Center is a recipient of RestorixHealth’s Patient Satisfaction Award. Recipients of this award meet or exceed national patient satisfaction benchmarks over a six-month period.

RestorixHealth launched its Center Recognition Award for patient satisfaction program to recognize those centers that have met or achieved a patient satisfaction score of 96% or higher.

The Wound Care and Hyperbaric Medicine Center is dedicated to optimizing outcomes and preventing lower limb loss in those patients with non-healing wounds. The approach to wound care is aggressive and comprehensive, coordinating traditional and advanced therapies and techniques that are proven to reduce healing time and improve healing rates.

Dr. Yoshinobu Mifune, senior medical director at Wound Care and Hyperbaric Medicine Center at LLUMC-Murrieta, said he is proud of the staff who works day in and day out to ensure their standards guarantee excellent patient care.

“This achievement reaffirms the commitment to the patient experience and the quality of care that Loma Linda University Medical Center – Murrieta provides its patients every day,” Mifune said. “We are proud to be a recipient of an award that recognizes the hard work and dedication of our staff.”

The Wound Care and Hyperbaric Medicine center first opened in 2011 and offers a multitude of specialty treatments for wounds and ulcers related to diabetes, pressure ulcers, venous and arterial diseases, soft tissue and bone infections, burns, failed skin grafts, effects of radiation, surgical and traumatic wounds and other atypical causes. Accredited by the Undersea and Hyperbaric Medical Society, the center has consistently met the highest standards of care and patient safety with satisfaction score of 98%.

“I am very proud of the

outstanding team of clinicians and staff at our Wound Care and Hyperbaric Medicine Center,” Peter Baker, senior vice president and administrator at LLUMC – Murrieta, said. “This achievement exemplifies their strong commitment to helping our patients heal and to improving their quality of life.”

The multidisciplinary team of physicians, nurses and technicians with advanced training in wound care and hyperbaric medicine are dedicated to optimizing outcomes and preventing lower limb loss in those patients with non-healing wounds. Utilizing advanced therapies and techniques the staff at the Wound Care and Hyperbaric Medicine center have successfully treated over 3,000 wound patients.

For more information about the services and treatments at the Wound Care and Hyperbaric Medicine center visit www.murrieta.lluh.org or call (951) 290-4061.

Submitted by Loma Linda University Medical Center Murrieta.



Loma Linda University Medical Center Murrieta is recognized for excellence in wound care by RestorixHealth with Patient Satisfaction Award. Courtesy photo

Kicking it: Week 4



Elizabeth Youngman-Westphal
Special to the Village News

It’s official. I am a gym rat. You know you are when you arrive 15-minutes before the club opens at 4:30 a.m.

Week 3 had some measured success. First, I am experiencing a considerable total-body-inch loss. Remember, I started this journey Aug. 7, and just 20 days later, I’ve shrunk 2.25 inches in the chest or I should say in the back, 2.5 inches in the waist, 1.5 inches in the hips, 1.25 inches around the upper thigh, 0.5 inches around the calf and gained 0.5 inches in my upper arm. It’s a net loss in body bulk of 7.5 inches.

I have tripled my daily stamina as summarized by my new Fitbit watch. It tracks my steps,

workouts, pulse and reminds me to get off my dead backside after sitting too long. I strive for 5,000 daily steps. Unless I get a job as a caddy, I do not expect it to go up much.

Furthermore, my posture has improved. My head now resides over my ears. My leg “neuropathy” is better, and some nights I don’t even need the pillow between my calves.

My attitude certainly is friskier and commencing to become totally obnoxious.

Additionally, my dental hygiene has improved. I’m using my Waterpik twice a day along with my new – dental hygienists recommended – Braun Oral-B

toothbrush that is available at Costco for \$100 a pair.

During the week, I go to the gym twice a day. The afternoon trip is a half-workout to release tired muscles, once Saturday and I rest Sunday.

My resting metabolic rate fat burn is 1,300 calories a day. Without exercise, it takes a daily reduction of 500 calories times seven days to lose 3,500 calories, which translates to lose a pound of fat weekly or maximum of 800 calories a day for me to drop a pound a week.

No wonder, it’s hard to lose weight with just dieting. On gym days, I eat less than 1,100 calories a day.

One internet site even suggested eating 217 Big Macs yearly would produce enough caloric energy to drive a vehicle 22 miles. Which poses the question, are people killing themselves with their teeth?

Lastly, I am happy to report my husband is holding at his 10-pound weight loss. I have lost 5.4 pounds so far. I’ll be hitting week four soon with only 196 days left before I depart for Italy.

Thanks for keeping me on track. Hope to see you in paradise.

Elizabeth Youngman-Westphal can be reached at eyoungman@reedermedia.com.

Heartworm: The silent killer

Maggee Gardea
Special to Village News

Often unknown for its devastating seriousness, heartworm is one of the most overlooked diseases among pet owners. Although not limited to, heartworm disease is most commonly found in dogs and is contracted through the bite of an infected mosquito. Larvae travel through the bloodstream and eventually reside in the heart and lungs. The larvae then grow into the adult parasite, *Dirofilaria immitis*.

Heartworm can be fatal and nearly 300,000 dogs are infected yearly. Along with the increased precipitation Fallbrook has experienced, there will be increased breeding amongst

mosquitoes and other insects, such as fleas and ticks, so precautionary action is especially important this year.

In addition, families may unknowingly travel to heartworm prone areas where their pets can contract this disease and bring it home to infect other animals in the area.

The amount of worms that live within the infected animal’s heart is referred to as the worm burden and can range from 1 to 250 adult worms. Typically adult worms vary from 10 to 12 inches. Once the adult worms have matured and begun mating, the female releases immature worms into the bloodstream of the infected animal. At this point, a mosquito bites the infected animal



Maggee Gardea poses with her dog Sarah at Avocado Animal Hospital. Courtesy photo

both of which test the blood for indications of adult worms. It takes approximately five to six months for either test to be able to detect the adult worm. This period is due to the time it takes for the larvae to travel to the heart and lungs and mature into adults.

If a pet is infected with heartworm, there are two treatment options. Melarsomine dihydrochloride, which is Food and Drug Administration approved to kill adult worms is injected into the patient through the back muscles. The second treatment option, Advantage Multi, which is FDA approved is applied topically and used to kill the immature worms. Each of these treatments poses a risk for blood clots and are expensive.

The best way to treat heartworm is through prevention. It is important to note that prevention works to kill larvae before they mature into adult worms, but is not effective after the worm has grown into an adult.

Pets must first be tested for heartworm, and only those that have negative results can use prevention. Giving pet prevention while they are possibly infected can cause the prevention to kill any immature worms; however, it may cause a pet to experience a shock-like reaction and perhaps death. As such, it is a safe option to always have a pet on a preventative.

Maggee Gardea is an employee of Avocado Animal Hospital.

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and is now infected with the | immature worms.

The mosquito is a necessary host for the development of the immature worms into larvae that are capable of infecting dogs. Once the mosquito bites another unaffected animal, the larvae are injected under the skin and migrate to the heart, where they develop into adults.

Perhaps one of the greatest dangers of this disease is that the symptoms do not always show. As the disease progresses, the symptoms, along with pets’ health, will begin to worsen. Common symptoms include coughing and decreased activity, but in more severe cases will include lost body composition, exhaustion after little activity, worsening cough and signs of heart failure.

More severe cases develop Caval syndrome, a condition where the adult worms interfere with proper blood flow within the heart. Unfortunately, many infected animals show no signs at all and can appear completely healthy.

Because of the often silent symptoms, it is important to test pets yearly for heartworm. There are two types of tests,

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Village News
760723-7319

Women hold 76% of all health care jobs, gaining in higher-paying occupations

Jennifer Cheeseman Day and Cheridan Christnacht
Special to Village News

Women have driven 80% of the overall growth in the booming health care field since the turn of the century.

The number of full-time, year-round workers in health care occupations has almost doubled since 2000, increasing from 5 million to 9 million workers, according to the U.S. Census Bureau’s American Community Survey.

Women account for three-quarters of full-time, year-round health care workers.

Since 2000, median earnings for women in health care have increased, in part from their growing numbers in higher earning occupations and longevity on the job.

This rapid increase is expected to continue, as many health care occupations are projected to grow even faster than average.

More women in higher-paying jobs

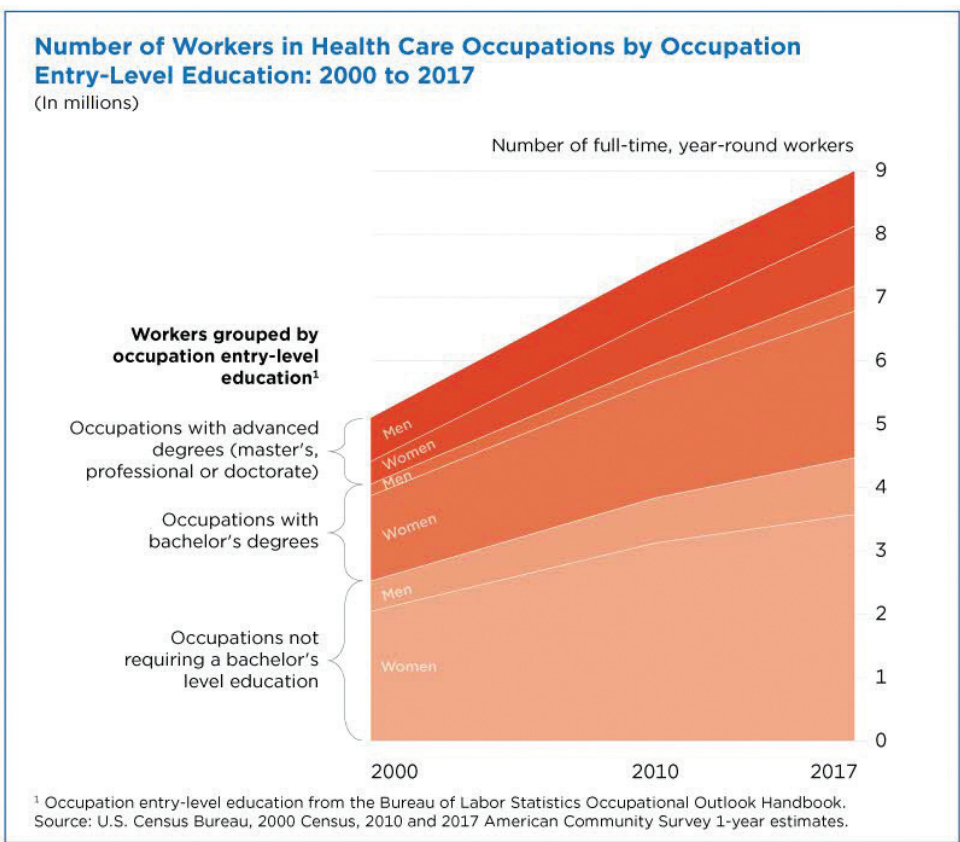
About half of full-time, year-round health care workers have at least a college degree and almost a quarter have an advanced degree.

It often translates into earnings differences across occupations.

Combining the occupation entry-level education information from the Bureau of Labor Statistics with data from the American Community Survey illustrates the relationships between education, occupation and earnings.

While women in lower education jobs have seen little change in their earnings, women moving into higher-education occupations have gained opportunities for higher earnings.

Women have increased their participation in record numbers



in health care occupations that require higher education, including dentists, optometrists, pharmacists, physicians and surgeons and veterinarians.

These occupations were dominated by men in 2000. Women now make up the majority of veterinarians and pharmacists, and have made strong gains, doubling their representation, in other occupations such as dentists and optometrists.

At the same time, the number of men who are dentists or veterinarians decreased over the two decades. Even so, today men still make up more than half of dentists, optometrists, EMT/paramedics, and physicians and surgeons.

In some health care occupations,

such as nurse midwives, speech pathologists, dental assistants and medical assistants, women account for at least 90% of workers.

Where women dominate

By far, the largest health care occupation is registered nurses, with over 2.4 million workers, followed by nursing, psychiatric and home health aides with 1.2 million workers. Women make up more than 85% of workers in both of these large occupations.

There are about 763,000 physicians and surgeons working full time, year-round, and about a third are women.

Uneven earnings gains for women

Median earnings for women range from \$172,000 for physicians and surgeons to

\$25,000 for veterinary assistants and laboratory animal caretakers.

Women working as registered nurses, the most common health care occupation, earn on average \$66,000. In contrast, women working as nursing, psychiatric and home health aides, the second most common health care occupation, earn only \$27,000.

Since 2000, median earnings for women in health care have increased, in part from their growing numbers in higher earning occupations and longevity on the job.

Yet, gains have been uneven.

Most of the positive changes in median earnings are found in higher-educated occupations, leaving workers in lower-educated occupations, such as nursing,

psychiatric and home health aides, with little or no gains in median earnings since 2000.

As the nation’s population continues to grow older and demands for health care continue to increase, women working in health care occupations will likely play a key role in addressing these needs.

Statistics in this story are from the 2017 and 2000 Detailed Occupation Tables based on data from the 2017 American Community Survey.

Jennifer Cheeseman Day is a demographer in the Census Bureau’s Communications Directorate. Cheridan Christnacht is a survey statistician in the Social, Economic and Housing Statistics Division.

How I overcame the vicious cycle of worry and fear in my life

Stan Popovich
Special to Village News

Ever get stuck into that vicious cycle of worrying and get overwhelmed with worrying and fearful thoughts? In return, this cycle creates more panic and worry and eventually the person can’t function because they are a basket case.

As the author of a managing fear book, I struggled with fear, anxiety

and stress for over 20 years. Eventually, I was able to overcome the endless cycle of fear and anxiety. Here is a brief summary of what I did to get better.

1. I got advice from the professionals. The first thing I did was to talk to various counselors since they knew how to deal with fear and anxiety. Whenever I talked to the counselors, I would always bring a notebook and take notes so I would not forget the

advice that was given to me. I then used their advice to overcome my anxiety issues.

2. I became an expert on dealing with fear and anxiety. I did everything possible to learn as much as I could in how to deal with my fears and anxiety. As a layman, I talked to professionals, read books, joined support groups and learned from my experiences. I never stopped learning on how to handle my anxieties.

3. I surrounded myself with helpful people. I made it a habit of surrounding myself with supportive people who understood what I was going through. During some of my anxious times, one of my good friends gave me a hard time and was not very supportive. I tried to explain my situation to him, but he would not listen. One day, I got mad and told him to leave me alone if he was to continue getting on my case. He later apologized and was more understanding.

4. I learned how to manage my fearful thoughts. The key in overcoming the cycle of worry and fear is overcoming your fearful thoughts. Whenever I would get a negative and fearful thought, I would challenge that thought with positive statements and realistic thinking. I also made it a habit to focus on the facts of my current situation and not on my negative thoughts.

5. I was persistent. There were many times I felt like giving up because my fears and anxieties were so powerful and I didn’t know what to do. I worried about what would happen and that just made my fears that much stronger. During those times, I would consult with a professional and I made it a point to learn from my experiences so that I would be better able to handle these situations in the future.

6. I did not make excuses. With a lot of practice, I became good at dealing with my fears

and anxieties. I realized that the answers to my problems were out there, however it was up to me to find those techniques that would get rid of my fears and anxieties. I realized that making excuses for not getting help wasn’t going to make things any better.

7. I made the choice to get better. If you struggle with fear and anxiety there is hope, however you need to make the effort in getting better. The answers will not come to you. You have to make the effort to find the answers to overcome your situation. It will not always be easy, but you can overcome the cycle of fear and worry with hard work and a willingness to learn from your everyday experiences.

Stan Popovich is the author of “A Layman’s Guide to Managing Fear.” For more information about Stan and to get some more free mental health advice, visit Stan’s website at www.managingfear.com.

New programs offered to prevent suicide

HENDERSONVILLE, Tenn. – In California, suicide is the second leading cause of death for ages 10-24 and every 0.65 or less than one young person per day is lost to the silent epidemic of youth suicide.

September is Suicide Prevention Awareness Month. The National Suicide Prevention Week is Sept. 8-14, climaxing the World Suicide Prevention Day Sept. 10. All around the nation, suicide prevention organizations, volunteers, individuals and other interested groups will be conducting prevention and awareness events.

The Jason Foundation Inc. is currently planning events and activities to help spread awareness as well. In addition to various speaking engagements and events, JFI will be promoting several initiatives for the month of September.

Hashtag #IWONTBESILENT is an ongoing awareness campaign from Jason Foundation Inc. that encourages the community to raise the national conversation of youth suicide prevention. The campaign encourages and offers suggestions to conduct awareness

events in schools, businesses, churches and other organizations. For more information, visit www.iwontbesilent.com.

B1 Project is a collaborative effort between Jason Foundation Inc. and the music entertainment group Rascal Flatts. The positive, peer support program encourages youth through the slogan, “Someone you know may need a friend, B1.” For more information, visit www.rascalflattsbl.com.

To reach their crisis text line, text “Jason” to 741741 to speak with a compassionate, trained crisis counselor.

The crisis support team is a free resource for guidance and advice when dealing with traumatic events that could affect a young people’s emotional health in a school, church, youth organization or other setting.

Visit www.jasonfoundation.com to learn about the programs are offered, where the nearest Jason Foundation Inc. affiliate office is and how to become involved in Suicide Prevention Awareness Month.

Submitted by The Jason Foundation Inc.

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ENTERTAINMENT

Library events include classes, concerts and lectures

FALLBROOK – The Fallbrook Library will host many free events in September including lectures, concerts and a floral design class.

Monday, Sept. 9, 1-2:30 p.m. – The Insight Book Club will meet to discuss Catherine Kerrison’s novel “Jefferson’s Daughters?” which tells the remarkable untold story of Thomas Jefferson’s three daughters; two white and free, one black and enslaved. Sponsored by the Friends of the Fallbrook Library.

Tuesday, Sept. 10, 9:30 a.m. to 3:30 p.m. – Red Cross Blood Drive: Every day, blood donors help patients of all ages: accident and burn victims, heart surgery and organ transplant patients, and those battling cancer.

Thursday, Sept. 12, at 6 p.m.: Lecture: Apollo: Bridge to the Moon. Mark Carlson shares triumphs and tragedies of the space race as we celebrate the 50th anniversary of the lunar landing. Sponsored by the Friends of the Fallbrook Library.

Monday, Sept. 16, 12:30-2 p.m.: Make a big difference: Come learn about becoming a volunteer

mentor to a military child.

Wednesday, Sept. 18, 4 p.m. – Adult Art Class: Space is limited and sign-up is required at the Front Desk or call (760) 731-4650.

Thursday, Sept. 19, 4 p.m.: Fall Floral Design: Learn classic techniques of floral design. Space is limited and sign up is required at the front desk or by calling (760) 731-4650.

Thursday, Sept. 19, 7 p.m.: Friends Concert: Come hear local cover band Blackbyrd. They will play classic Beatles favorites. Sponsored by the Friends of the Fallbrook Library.

Sunday, Sept. 22, 3 p.m. – Classical Sundays: The concert will feature the Grigorian-Gubenko piano duo. They will perform romantic works by Tchaikovsky, Debussy and Ravel. Sponsored by the Fallbrook Music Society. Call (760) 451-8644.

Thursday, Sept. 26, 1 p.m. – Concert: Freaney & Friends. Freaney’s guest this month will be Naomi Nakamura Hobbs. Her recital will include music by French composer Francois Poulenc, Argentinian

Carlos Guastavino and as well as many other composers. Supported by the Friends of the Fallbrook Library.

Sunday, Sept. 29, 3 p.m. – Concert: The Fallbrook Chamber Orchestra will play classical music for their fall concert. The orchestra is comprised of musicians as well as students of music.

Sunday, Oct. 6, 2 p.m. – Sunday Concert: Nathan James is a true original American roots music artist who makes a lot of sound pickin’ and scratchin’ on his handmade invention of washboard guitar while singing and blowing harmonica or kazoo to his own original music

The Fallbrook Library is located at 124 S. Mission Road. For more information about these and additional scheduled activities, visit www.sdcl.org or call (760) 731-4653. Visit www.fallbrooklibraryfriends.org for Friends of the Fallbrook Library sponsored events.

Submitted by Friends of the Fallbrook Library.



Naomi Nakamura Hobbs and Bob Freaney will perform a Freaney & Friends concert Sept. 26, beginning at 1 p.m. at Fallbrook Library. Courtesy photo

Library’s most checked out items

FALLBROOK – The San Diego County Library recently announced the list of the Top 10 checked out items for the month of August. They are:

Fiction

1. Nine Perfect Strangers by Liane Moriarty
2. Where the Crawdads Sing by Delia Owens
3. Dark Sacred Night by Michael Connelly
4. Long Road to Mercy by David Baldacci
5. Redemption by David Baldacci
6. The Reckoning by John Grisham

7. One Good Deed by David Baldacci
8. Look Alive Twenty-five by Janet Evanovich
9. The Great Alone by Kristin Hannah
10. Someone Knows by Lisa Scottoline

Nonfiction

1. Becoming by Michelle Obama
2. Educated by Tara Westover
3. Born a Crime by Trevor Noah
4. 12 Rules for Life by Jordan Peterson
5. The Whole30 by Melissa Hartwig

6. Spark Joy by Marie Kondo
7. 50 Best Short Hikes: San Diego by Jerry Schad
8. Whiskey in a Teacup by Reese Witherspoon
9. Homebody by Joanna Gaines
10. Girl, Wash your Face by Rachel Hollis

Movies

1. Green Book
2. The LEGO Movie 2
3. Bohemian Rhapsody
4. The Greatest Showman
5. Wonder Park
6. Bumblebee
7. Mission: Impossible Fallout

8. Glass
9. Crazy Rich Asians
10. A Star is Born

Children’s

1. Diary of a Wimpy Kid by Jeff Kinney
2. Dog Man by Dav Pilkey
3. Elephant & Piggie by Mo Willems
4. Big Nate by Lincoln Peirce
5. Up in the Air by Mary Tillworth
6. Pete the Cat by James Dean
7. Captain Underpants by Dav Pilkey
8. The Poison Jungle by Tui Sutherland

9. My First Bedtime Storybook by Disney
10. Break the Ice by Courtney Carbone

EBooks

1. An American Marriage by Tayari Jones
2. The Gown by Jennifer Robson
3. Where the Crawdads Sing by Delia Owens
4. Nine Perfect Strangers by Liane Moriarty
5. The Reckoning by John Grisham

Submitted by Fallbrook Library.

The Nicavangelists to perform at Temecula Masonic Center

Street children from Nicaragua, as a part of the talent development group “The Nicavangelists,” are coming to Southern California and will be performing in Temecula Sunday, Sept. 8.

The Nicavangelists are at-risk youths from the streets of Managua, Nicaragua, and through a talent-development program, they receive food, housing, clothing, an education and the chance to develop skills in performance arts.

The Nicavangelists will perform at 3 p.m. at the Temecula Masonic Center, 27895 Diaz Road, across the street from the DMV. There is no charge for admission, but a free-will offering will be taken to support The Nicavangelists. The Nicavangelists seek to share their hope, talents and culture with the world. Their street theater productions focus on current cultural conditions in the context of a biblical story. The core components of the production are Miskito folkdance; tricking, which is an art form evolved from African slaves which incorporates elements of martial arts and gymnastics; break dance; Latino ballroom-styled dance genres; modern dance; drama and song. The production is completely choreographed by The Nicavangelists’ troupe members,

with assistance from the director of Nicaragua’s premier Academy of Dance. The dance troupe performs with high energy and precision. Visit www.nicavangelists.com to see them in action.

To highlight the socio-political crisis in Nicaragua, The Nicavangelists perform all over the U.S., Europe and Central America. They will also share their views and personal experiences of the current situation in Nicaragua, the government repression, genocide, etc. Last year their people were attacked in Nicaragua with gunfire, confronted by paramilitaries and followed home by masked men carrying large weapons.

The director, mentor and teacher of The Nicavangelists, Jed Brian’s described them as “Kids, teenagers, youth... living in poverty, forced into prostitution, fighting for survival in gangs... the fatherless, the orphaned, the rejected and abused... each one is special and possesses potential for greatness.”

For more information, contact United Church of the Valley at (951) 698-1520 or email Lynne Bradley at lbradley93168@gmail.com.

Submitted by United Church of the Valley.



Soon to dance into Temecula, The Nicavangelists dance troupe from Managua, Nicaragua, performs Miskito folkdance; tricking, which is an art form evolved from African slaves which incorporates elements of martial arts and gymnastics, break dance, Latino ballroom-styled dance genres, modern dance, drama and song. Courtesy photo



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Concert to feature song and dance

FALLBROOK – Violinist Richard Conviser is offering a series of occasional concerts with pianist Dustin Callahan on the patio of his Pot of Gold at 750 Stewart Canyon Road, Fallbrook.

Their next concert will be Sunday, Sept. 8, at 4:30 p.m. and is called “Song and Dance (and Then Some).” It will feature songs by Cole Porter and George Gershwin, plus “Spanish Dances” by Moritz Moszkowsky, as well as Robert Schumann’s “Fantasiestücke,” all performed on violin and piano.

Conviser is a seasoned performer and violin teacher as well as a composer. He and Callahan are collaborating on a project with soprano Camila Lima, recording 30 songs he composed for soprano, violin, and piano based on poems written by 13th century Persian mystic Jelaluddin Rumi. Conviser has performed several of the songs at events headlining poet and Fallbrook resident Craig Lozzi at both the Library and Hilltop House.

Callahan moved to Fallbrook

from Orange County a year ago and both teaches and performs on the piano. He has his bachelor’s and master’s degrees in piano performance and composition.

There is a nominal admission charge to attend the concerts; wine, water and locally produced citrus juice will be available. For more information, contact Conviser at (760) 666-0826 or pitchfixer@mac.com.

Submitted by Richard Conviser.

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Photo credit: Aimee LaJoie

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FALLBROOK COMMUNITY PLANNING GROUP
PRELIMINARY AGENDAS FOR SUB-COMMITTEE MEETINGS

FALLBROOK COMMUNITY PLANNING GROUP will meet at Live Oak School,
1978 Reche Road, Fallbrook, CA
7 PM, Monday, 19 August 2019
Jim Russell, Chair 760-728-8081

Land Use Committee will meet Tuesday, 10 September 2019 10AM at the Fallbrook Land Conservancy's Palomares House 1815 S. Stage Coach, Fallbrook. There will be a site tour. Meet at the Palomares House at 8:30 AM to visit both locations.

1. Open Forum. Opportunity for members of the public to speak to the **Land Use Committee** on any matter within the committee's jurisdiction but not on today's agenda. Three minute limitation. Non-voting item. No discussion.

2. Approval of the minutes of the last meeting.

3. MUP76-141W2 Request for a modification to an existing Major Use Permit on the 4.5 acres at 1636 East Mission Road. The Health District does not have any immediate plans to make any changes or significant alterations. Only minor improvements such as landscaping, painting and refurbishment are planned. The property has been used as a church, small school and parsonage with attendant parking. The requested land use as a small school would provide similar intermittent as classes begin and end at varying times. The facility will also be open to the public for hours that have yet to be determined.

The facility is intended to serve the residents of Fallbrook, De Luz, Bonsall and Rainbow to provide health-focused community benefits. The planned activities are:

Health & Wellness Education/Activities; Healthy Cooking Classes; Walking Paths/Par Course; Community Garden; Nonprofit Fundraising Events; Non-profit Partnering Health Screenings; Summer Camps (Fitness); Telemedicine Clinic; Financial Literacy & Education; Meditation Garden; Community Meeting Space.

Owner Fallbrook Regional Health District, 760-731-9187, bookkeeper@fallbrookhealth.org. Contact person Tyler Martin, 619-683-5546, tyler@jwhalen.net. County planner Sean Oberbauer, 858-495-5747, sean.oberbauer@sdcounty.ca.gov. **Land Use Committee**. Community input. Voting item. (7/30)

4. VAR19-015. Request for a variance to reduce the front yard setback from 40 ft to 24 feet on the 2.73 acres located at 1598 Winterwarm Drive, 123-050-81. Owner/applicant Leslie Sterbernk, 760-468-1897. Contact person Brittney Lushanko, 760-728-9897, Brittney@lushankolaw.com. County Planner Tabina Tonekaboni, 858-495-5418, tabina.tonekaboni@sdcounty.ca.gov. **Land Use Committee**. Community input. Voting item. (8/1)

Jack Wood, Chair 760-731-3193

Circulation Committee will meet Tuesday, 10 September 2019 2 PM at the Fallbrook Land Conservancy's Palomares House 1815 S. Stage Coach, Fallbrook.

1. Open Forum. Opportunity for members of the public to speak to the Circulation Committee on any matter within the committee's jurisdiction but not on today's agenda. Three minute limitation. Non-voting item. No discussion.

2. Approval of the minutes of the last meeting.

3. Presentation by Jan Scott, twincranh.js@gmail.com, on ADA compliant sidewalks and bike paths. **Circulation committee**. Community input. Voting item. (7/10)

Roy Moosa, Chair 760-723-1181

Design Review Committee will not meet Wednesday, 11 September 2019 9:30 AM at the Fallbrook Sheriff's Station, 388 E. Alvarado.
Eileen Delaney, Chair 760-518-8888

Parks and Recreation Committee will not meet Wednesday, 11 September 2019 11:00 AM at the Fallbrook Sheriff's Station, 388 East Alvarado Street.
Eileen Delaney, Chair 760-518-8888

Public Facilities Committee will not meet Wednesday, 11 September 2019 1:00PM at the Fallbrook Sheriff's Station, 388 East Alvarado Street.
Roy Moosa, Chair 760-723-1181




Published September 5, 2019

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LEGALS

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9019370
Name of Business
SEVEN STUDIO
1410 S. Mission Rd, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
a. Guadalupe Jeanette Barragan, 1410 S. Mission Rd, Fallbrook, CA 92028
b. Alvaro Barragan, 1410 S. Mission Rd, Fallbrook, CA 92028
This business is conducted by a Married Couple
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/07/19
LEGAL: 5084
PUBLISHED: August 15, 22, 29, September 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9019634
Name of Business
a. BOOKSMART BUSINESS SERVICES
b. BBS
5433 Triple Crown Drive, Bonsall, CA 92003
PO Box 703, Bonsall, CA 92003
County: San Diego
This business is registered by the following:
Joyce M. Jackson, 5433 Triple Crown Drive, Bonsall, CA 92003
This business is conducted by an Individual
Registrant first commenced to transact business under the above name as of 7/15/2019
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/09/19
LEGAL: 5085
PUBLISHED: August 15, 22, 29, September 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9019656
Name of Business
OCEANGATE PROPERTY MANAGEMENT
8250 Camino Santa Fe #A, San Diego, CA 92121
County: San Diego
This business is registered by the following:
Oceangate Management Inc., 8250 Camino Santa Fe #A, San Diego, CA 92121
This business is conducted by a Corporation
This Corporation is located in the state of California
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/09/19
LEGAL: 5086
PUBLISHED: August 15, 22, 29, September 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9019852
Name of Business
SAN DIEGO CUSTOM CARPENTRY
524 Moa Dr., Vista, CA 92083
County: San Diego
This business is registered by the following:
Zachary Aaron Knox, 524 Moa Dr., Vista, CA 92083
This business is conducted by an Individual
Registrant first commenced to transact business under the above name as of 08/13/19
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/13/19
LEGAL: 5099
PUBLISHED: August 29, September 5, 12, 19, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9020357
Name of Business
LIV'S KAFE
1281 N. Santa Fe Drive, Vista, CA 92084
County: San Diego
This business is registered by the following:
Liv Karin Skog Cahoun, 432 Taylor Street, Vista, CA 92084
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/19/19
LEGAL: 5096
PUBLISHED: August 22, 29, September 5, 12, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9021198
Name of Business
SPOT FREE CLEANING
1101 Alturas Rd #5B, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Elizabeth Janet Sketchley, 1101 Alturas Rd #5B, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first commenced to transact business under the above name as of 08/26/19
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/28/19
LEGAL: 5102
PUBLISHED: September 5, 12, 19, 26, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9019969
Name of Business
STALLMAN INSURANCE AGENCY
3022 Camino Cielo, Fallbrook, CA 92028
Mailing address: P.O. Box 6580, Oceanside, CA 92052
County: San Diego
This business is registered by the following:
Nicola Lynn Stallman, 3022 Camino Cielo, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first commenced to transact business under the above name as of 05/01/2011
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/13/19
LEGAL: 5103
PUBLISHED: September 5, 12, 19, 26, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9021186
Name of Business
REAL ESTATE BROKERS GROUP
4216 Olivos Ct., Fallbrook, CA 92028
Mailing address: P.O. Box 128, Bonsall, CA 92003
County: San Diego
This business is registered by the following:
Patricia Ann Moss, 4216 Olivos Ct., Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first commenced to transact business under the above name as of 07/01/19
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/28/19
LEGAL: 5104
PUBLISHED: September 5, 12, 19, 26, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9021261
Name of Business
PINKTOWER MONTESSORI SCHOOL
203 Laurine Ln, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Pinktower Montessori School LLC, 203 Laurine Ln, Fallbrook, CA 92028
This business is conducted by a Limited Liability Company
This LLC is located in the state of California
Registrant first commenced to transact business under the above name as of 08/27/2014
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/29/19
LEGAL: 5105
PUBLISHED: September 5, 12, 19, 26, 2019

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9019511
Name of Business
a. KIN HOMES
b. KIN HOME SALES
1649 Calavo Rd, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Peter Giles Gladkin, 1649 Calavo Rd, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first commenced to transact business under the above name as of 8/8/19
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/08/19
LEGAL: 5092
PUBLISHED: August 22, 29, September 5, 12, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9019119
Name of Business
FALLBROOK HOUSE CLEANING
405 Solana Real, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Brittany Nicole Lee Brennan, 405 Solana Real, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first commenced to transact business under the above name as of 8/5/2019
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/05/19
LEGAL: 5093
PUBLISHED: August 22, 29, September 5, 12, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9020156
Name of Business
a. ORFILA VINEYARDS AND WINERY
b. ORFILA VINEYARDS
13455 San Pasqual Rd, Escondido, CA 92025
County: San Diego
This business is registered by the following:
Orfila Vineyards Inc., 13455 San Pasqual Rd, Escondido, CA 92025
This business is conducted by a Corporation
This Corporation is located in the state of California
Registrant first commenced to transact business under the above name as of 8/15/2019
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/15/19
LEGAL: 5094
PUBLISHED: August 22, 29, September 5, 12, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9019691
Name of Business
CITRUS PEONY ROAD GROUP
3922 Peony Dr., Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
a. Tina Andruss, 3922 Peony Dr., Fallbrook, CA 92028
b. Susan Hays, 4232 Citrus Dr., Fallbrook, CA 92028
This business is conducted by an Unincorporated Association-Other than a Partnership
Registrant first commenced to transact business under the above name as of 8/12/19
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/12/19
LEGAL: 5088
PUBLISHED: August 15, 22, 29, September 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9021124
Name of Business
SENIOR CRUISING CARE
3235 Green Canyon Rd, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Yolanda C. Vega, 3235 Green Canyon Rd, Fallbrook, CA 92028
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/28/19
LEGAL: 5106
PUBLISHED: September 5, 12, 19, 26, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9021507
Name of Business
AAA AUTO SALES
121 N. Andreasen Dr., Escondido, CA 92029
County: San Diego
This business is registered by the following:
AAA Corporation, 121 N. Andreasen Dr., Escondido, CA 92029
This business is conducted by a Corporation
This Corporation is located in the state of California
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 09/03/19
LEGAL: 5107
PUBLISHED: September 5, 12, 19, 26, 2019

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case Number: 37-2019-00041679-CU-PT-NC
TO ALL INTERESTED PERSONS
Petitioner:
BLANCA TINAJERO, ANTHONY BOJORQUEZ
Present Name:
JOSEPH RAY JANIS
Proposed Name:
JOSEPH BOJORQUEZ
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: 9/24/19 Time: 8:30 am Dept: 23
The address of the court is North County Division, 325 S. Melrose Dr., Vista, CA 92081
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News
Date: 8/9/19 Signed: Sim von Kalinowski, Judge of the Superior Court.
LEGAL: 5097
PUBLISHED: August 22, 29, September 5, 12, 2019

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9020001
Name of Business
MCNICHOLS CONSTRUCTION
121 Alva Lane, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Andrew Dillon McNichols, 121 Alva Lane, Fallbrook, CA 92028
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/14/19
LEGAL: 5095
PUBLISHED: August 22, 29, September 5, 12, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9019275
Name of Business
a. APEX INDUSTRIES
b. APEX SOLUTIONS
c. APEX LOGISTICS
d. APEX SUPPLY
e. APEX WHOLESALE
4653 Carmel Mountain Road, Ste. 308, Unit 88, San Diego, CA 92130
County: San Diego
This business is registered by the following:
McMaverick, Inc., 4653 Carmel Mountain Road, Ste. 308, Unit 88, San Diego, CA 92130
This business is conducted by a Corporation
Registrant first commenced to transact business under the above name as of 06/04/19
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/06/19
LEGAL: 5087
PUBLISHED: August 15, 22, 29, September 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9019459
Name of Business
COFFEE, CORKS & CUISINE
139 So. Main Ave., Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
K+L Enterprises, LLC, 1958 Gum Tree Lane, Fallbrook, CA 92028
This business is conducted by a Limited Liability Company
This LLC is located in the state of CA
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 08/08/19
LEGAL: 5089
PUBLISHED: August 15, 22, 29, September 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2019-9018787
Name of Business
MICHAEL SYKES ENTERPRISES
1535 Zutano Ln, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
a. Michael Rodney Sykes, 1535 Zutano Ln, Fallbrook, CA 92028
b. Catalina Victoria Sykes, 1535 Zutano Ln, Fallbrook, CA 92028
This business is conducted by a Married Couple
Registrant first commenced to transact business under the above name as of 08/14/2014
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 07/31/19
LEGAL: 5101
PUBLISHED: August 29, September 5, 12, 19, 2019

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case Number: 37-2019-00041120-CU-PT-NC
TO ALL INTERESTED PERSONS
Petitioner:
DAWN SUE GUNTHER GONZALEZ
Present Name:
DAWN SUE GUNTHER GONZALEZ
Proposed Name:
DAWN SUE GONZALEZ
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: 9-24-19 Time: 8:30 am Dept: 23
The address of the court is North County Division, 325 S. Melrose Dr., Vista, CA 92081
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News
Date: AUG - 7 2019 Signed: Sim von Kalinowski, Judge of the Superior Court.
LEGAL: 5090
PUBLISHED: August 15, 22, 29, September 5, 2019

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case Number: 37-2019-00044852-CU-PT-NC
TO ALL INTERESTED PERSONS
Petitioner:
BONNIE HOWARD LANSING
Present Name:
BONNIE HOWARD LANSING
Proposed Name:
BONNIE SUE HOWARD
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: OCT 08 2019 Time: 8:30 AM Dept: 23
The address of the court is North County Division, 325 S. Melrose Dr., Vista, CA 92081
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News
Date: AUG 26 2019 Signed: Sim von Kalinowski, Judge of the Superior Court.
LEGAL: 5100
PUBLISHED: August 29, September 5, 12, 19, 2019

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARK F. SCUDDER

CASE NO. 37-2019-00041754-PR-PL-CTL

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of:

MARK F. SCUDDER

A Petition for Probate has been filed by **MARGARET ANN SCUDDER** in the Superior Court of California, County of SAN DIEGO
The Petition for Probate requests that **MARGARET ANN SCUDDER** be appointed as personal representative to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.
The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows:

Date: September 17, 2019 Time: 11:00 a.m. Dept. 504
Address of court: 1100 Union Street, San Diego, CA 92101, Central Courthouse

If you **object** to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) **four months** from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) **60 days** from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: Danielle C. Humphries, 600 W. Broadway, Suite 1500, San Diego, CA 92101, (619) 810-4300

Legal: 5091

PUBLISHED: August 22, 29, September 5, 2019

NOTICE OF PETITION TO ADMINISTER ESTATE OF MOLLY ARROWSMITH

CASE NO. 37-2019-00041899-PR-PW-CTL

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of:

MOLLY ARROWSMITH

A Petition for Probate has been filed by **EDITH ARROWSMITH** in the Superior Court of California, County of SAN DIEGO

The Petition for Probate requests that **EDITH ARROWSMITH** be appointed as personal representative to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows:

Date: September 25, 2019 Time: 1:30 p.m. Dept. 502
Address of court: 1100 Union Street, San Diego, CA 92101, Central Courthouse

If you **object** to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) **four months** from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) **60 days** from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: Holly M. Emge of Chapman, DeLesk & Emge, LLP, 28202 Cabot Rd., Suite 300, Laguna Niguel, CA 92677, (949) 365-9000

Legal: 5098

PUBLISHED: August 22, 29, September 5, 2019

Trustee Sale No. 18-005618 730-1800897-70 APN 158-422-06-00 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 11/18/13. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 09/27/19 at 9:00 am, Aztec Foreclosure Corporation as the duly appointed Trustee under and pursuant to the power of sale contained in that certain Deed of Trust executed by Susan T. Phillee, an unmarried woman, as Trustor(s), in favor of Mortgage Electronic Registration Systems, Inc. as nominee for CitiBank, N.A., as Beneficiary, Recorded on 12/03/13 in Instrument No. 2013-0701366 of official records in the Office of the county recorder of SAN DIEGO County, California; WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state), East County Regional Center, 250 E. Main Street, Entrance of the East County Regional Center, El Cajon, CA 92020, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California described as: 265 ARGUS WAY, OCEANSIDE, CA 92057 The property heretofore described is being sold "as is". The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the Terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$89,825.67 (Estimated) Accrued interest and additional advances, if any, will increase this figure prior to sale. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call or visit the Internet Web site, using the file number assigned to this case 18-005618. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. www.Auction.com or call (800) 280-2832 Or Aztec Foreclosure Corporation (877) 257-0717 www.aztectrustee.com DATE: 8/19/2019 AZTEC FORECLOSURE CORPORATION Amy Connolly Assistant Secretary / Assistant Vice President Aztec Foreclosure Corporation 3636 N. Central Ave., Suite #400 Phoenix, AZ 85012 Phone: (877) 257-0717 or (877) 257-0717 Fax: (602) 638-5748 www.aztectrustee.com NPP0359566 To: VILLAGE NEWS INC 08/29/2019, 09/05/2019, 09/12/2019

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NATIONAL NEWS

California governor announces deal to cap rising rent prices

Kathleen Ronayne
The Associated Press

SACRAMENTO – California Gov. Gavin Newsom reached a deal with apartment owners and developers Friday on legislation that would cap how rapidly rents can rise as the state grapples with a housing crisis.

The deal would cap annual rent increases at 5% plus inflation, with a 10% maximum increase. That’s lower than the 7% threshold lawmakers had previously negotiated amid strong resistance from the real estate and development industries. Staff members Newsom’s office shared details of the deal, which is not yet in print.

It marks a victory for renters who say they are being priced out as rents rise, though many renters and social justice groups likely want an even stricter proposal. Democratic Assemblyman David Chiu of San Francisco, the bill’s author, had made numerous concessions to the real estate and development industries to even get the bill to the state Senate.

While the new deal is in renters’ favor by lowering the allowable rent increase from 7% to 5%, it changes the exemption for newer properties from those built within the last 10 years to within the last 15. The rent caps would sunset in 2030. The cost of inflation would be determined on a regional basis,



In this July 23, file photo, Gov. Gavin Newsom talks to reporters at his Capitol office, in Sacramento. Newsom reached a deal with apartment owners and developers Friday, Aug. 30, on legislation that would cap how rapidly rents can rise as the state grapples with a housing crisis.

AP Photo/Rich Pedroncelli, File

meaning it could be a different percentage in San Francisco than in the Central Valley.

The proposal still needs to clear the state Legislature, which adjourns for the year in two weeks. The California Apartment As-

sociation said it will not oppose the bill.

“Now we must get serious about moving forward on production, which is the only way we address our housing crisis,” Debra Carlton, senior vice president for

public affairs, said in an email.

The California Building Industry Association is also neutral on the bill, Newsom’s office said.

“The bill will protect millions of renters from rent-gouging and evictions and build on the Legis-

lature’s work this year to address our broader housing crisis,” Newsom, Chiu and legislative leaders said in a statement.

A rent cap is different than rent control, which California law bans on apartments built after 1995 and single family homes. An effort to lift those restrictions failed at the ballot last November. Backers of that ballot measure have threatened to mount another initiative if lawmakers don’t act. It wasn’t immediately clear if were satisfied with Newsom’s proposal, which would not change that state law.

California needs to build about 180,000 new homes each year to meet demand for its nearly 40 million people. But the state has averaged 80,000 new homes in each of the past 10 years, according to a report from the California Department of Housing and Community Development.

This year, lawmakers proposed a number of bills that would have addressed the crisis. But many of them failed to pass. One high-profile measure by Democratic Sen. Scott Wiener would have over-ridden local zoning rules to allow for more housing in some areas, including near transit. It failed to get out of the state Senate.

Associated Press writer Adam Beam contributed.

Humanitarian crisis unfolds in hurricane-stricken Bahamas

Ramon Espinosa, Dánica Coto and Michael Weissenstein
The Associated Press

FREEPORT, Bahamas (AP) - U.N. and Red Cross relief officials rushed to deal with an unfolding humanitarian crisis in Hurricane Dorian’s wake Tuesday after the most powerful storm ever to hit the Bahamas devastated thousands of homes, crippled hospitals and trapped people in attics. At least five deaths were reported, with the full scope of the disaster still unknown.

Relief workers reported scenes of utter ruin, while emergency authorities struggled to reach victims amid conditions too dangerous even for rescue workers and urged people to hang on.

“We wanted to go out there, but that’s not a risk we’re capable of taking,” Tammy Mitchell of the Bahamas’ National Emergency Management Agency told ZNS Bahamas radio station. “We don’t want people thinking we’ve forgotten them. ... We know what your conditions are. We know if you’re stuck in an attic.”

Practically parking over the Bahamas for a day and a half, Dorian pounded the islands of Abaco and Grand Bahama with winds up to 185 mph (295 kph) and torrential rain before finally moving into open waters on a course for Florida. Its winds were down to a still-dangerous 110 mph (175 kph).

Over 2 million people along the coast in Florida, Georgia and North and South Carolina were warned to evacuate. While the threat of a direct hit on Florida had all but evaporated, Dorian was expected to pass dangerously close to Georgia and South Carolina — and perhaps strike North Carolina — Thursday or Friday.

In the Bahamas, Red Cross spokesman Matthew Cochrane said more than 13,000 houses, or about 45% of the homes in Grand Bahama and Abaco, were believed to have been severely damaged or destroyed. U.N. officials said more than 60,000 people on the hard-hit islands will need food, and the Red Cross said some 62,000 will need clean drinking water.

“What we are hearing lends credence to the fact that this has been a catastrophic storm and a catastrophic impact,” he said.

Lawson Bates, a staffer for Arkansas-based MedicCorps, flew over Abaco and said, “It looks completely flattened. There’s boats way inland that are flipped over. It’s total devastation.”

The Red Cross authorized a half-million dollars for the first wave of disaster relief, Cochrane said. And U.N. humanitarian teams stood ready to go into the

stricken areas to help assess the damage and the country’s needs, U.N. spokesman Stéphane Dujaric said. The U.S. government also sent a disaster response team.

Abaco and Grand Bahama islands, with a combined population of about 70,000, are known for their marinas, golf courses and all-inclusive resorts. To the south, the Bahamas’ most populous island, New Providence, which includes the capital city, Nassau, and has over a quarter-million people, suffered little damage.

Bahamian officials received a “tremendous” number of calls from people in flooded homes, and desperate callers trying to find loved ones left messages with local radio stations.

One station said it got reports of a 5-month-old baby stranded on a roof and a woman with six grandchildren who cut a hole in a roof to escape rising floodwaters. At least two storm shelters flooded.

The U.S. Coast Guard airlifted at least 21 people injured on Abaco. Rescuers also used jet skis to reach some people as choppy, coffee-colored floodwaters reached roofs and the tops of palm trees.

“We will confirm what the real situation is on the ground,” Health Minister Duane Sands said. “We are hoping and praying that the loss of life is limited.”

Sands said that Dorian rendered the main hospital on Grand Bahama unusable, while the hospital in Marsh Harbor in the Abaco islands was in need of food, water, medicine and surgical supplies. He said crews were trying to airlift five to seven kidney failure patients from Abaco who had not received dialysis since Friday.

The Grand Bahama airport under 6 feet (2 meters) of water.

As of 2 p.m. EDT, Tuesday, Sept. 3, Dorian was centered about 65 miles (105 kilometers) north of Freeport and 105 miles (170 kilometers) east of Fort Pierce, Florida. It was moving northwest at 5 mph (7 kph). Hurricane-force winds extended up to 60 miles (95 kilometers) from its center.

The coastline from north of West Palm Beach, Florida, through Georgia was expected to get 3 to 6 inches of rain, with 9 inches in places, while the Carolinas could get 5 to 10 inches and 15 in spots, the National Hurricane Center said.

NASA satellite imagery through Monday night showed some spots in the Bahamas had gotten as much as 35 inches (89 centimeters) of rain, said private meteorologist Ryan Maue.

Parliament member Iram Lewis said he feared waters would keep rising and stranded people would lose contact with officials as their cellphone batteries died.

Dorian also left one person dead



Matthew Aylen wades through waist deep water as he is rescued from his flooded home during Hurricane Dorian in Freeport, Bahamas, Tuesday, Sept. 3. Practically parking over the Bahamas for a day and a half, Dorian pounded away at the islands Tuesday in a watery onslaught that devastated thousands of homes, trapped people in attics and crippled hospitals.



Julia Aylen wades through waist deep water carrying her pet dog as she is rescued from her flooded home during Hurricane Dorian in Freeport, Bahamas, Tuesday, Sept. 3. Practically parking over the Bahamas for a day and a half.

in its wake in Puerto Rico before slamming into the Bahamas Sunday, Sept. 1, it tied the record for the strongest Atlantic storm ever to hit land. It matched the Labor Day hurricane that struck Florida Gulf Coast in 1935, before storms were given names.

Scientists said that climate change generally has been fueling more powerful and wetter storms but that linking any specific hurricane to global warming would require more detailed study.

Across the Southeast, meanwhile, interstate highways leading away from the beach in South Carolina and Georgia were turned into one-way evacuation routes. Several large airports announced closings, and hundreds of flights were canceled. Walt Disney World in Orlando planned to close in

the afternoon, and SeaWorld shut down.

Police in coastal Savannah, Georgia, announced an overnight curfew. North Carolina Gov. Roy Cooper ordered a mandatory evacuation of the dangerously exposed barrier islands along the state’s entire coast.

Having seen storms swamp his home on the Georgia coast in 2016 and 2017, Joey Spalding of Tybee Island decided to empty his house – and stay at a friend’s apartment nearby – rather than take any chances with Dorian.

He packed a U-Haul truck with tables, chairs, a chest of drawers, tools – virtually all his furnishings except for his mattress and a large TV – and planned to park it on higher ground. He also planned to shroud his house in plastic wrap up

to shoulder height and pile sandbags in front of the doors.

“In this case, I don’t have to come into a house full of junk,” he said. “I’m learning a little as I go.”

In Folly Beach, South Carolina, many restaurants and shops wasted no time boarding up, but some hurricane-hardened residents had yet to decide whether to heed the evacuation order.

“If it comes, it comes. You know, God always provides y’all,” Sammye Wooded said.

Coto reported from San Juan, Puerto Rico and Weissenstein from Nassau, Bahamas. Associated Press reporters Tim Aylen in Freeport; Russ Bynum in Georgia; and Seth Borenstein in Washington contributed to this report.

Finishing touches are preparing Palomar College Arboretum for reopening

Julie Reeder
 Publisher

Palomar College, with the help of Proposition M funding, is near completion of a six-month renovation of the Edwin and Frances Hunter Arboretum, a public nature preserve on the eastern edge of the San Marcos campus.

“It’s a place for people to go and relax and be in nature,” Antonio Rangel, grounds services supervisor and Palomar College Arboretum president, said. “But more importantly, it’s for species conservation and education – to educate the public about the different species that can grow here, and to educate the public on the status of these species in the wild.”

After the current improvements, he said, the trees and plants that college staff and volunteers have carefully cultivated for decades will be better showcased than they were in the past.

Dennis Astl, manager of construction and facilities planning at Palomar College,



Friends of the Palomar College Arboretum President Antonio Rangel and Palomar College Superintendent and President Joi Lin Blake lead a group of local reporters to introduce the newly renovated Edwin and Frances Hunter Arboretum at the Palomar San Marcos campus. Julie Reeder photo

said the greatest challenge in planning the improvements was routing the trails in order to avoid taking out any trees, while meeting the grade and width requirements of the Americans with Disabilities Act.

“The original design had a

tremendous amount of concrete stairs and retaining walls to get it done,” Astl said. “We were able to play around with the trails and ... they are now built with natural rock retaining walls.”

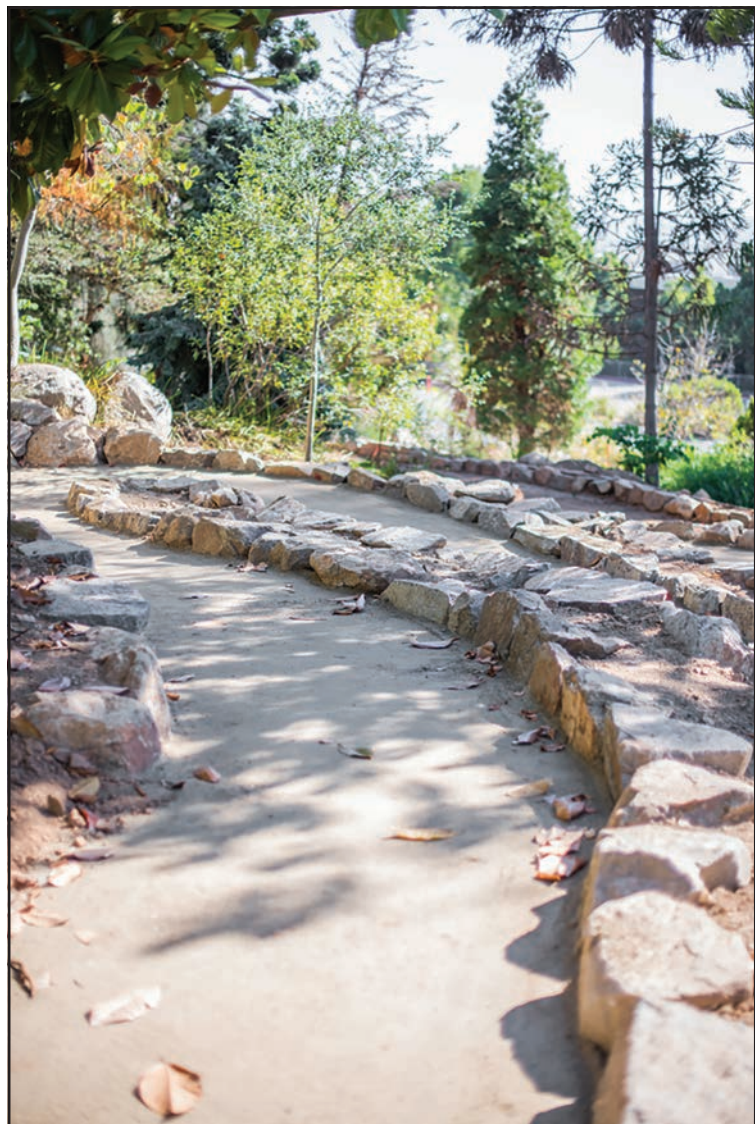
The new rock retaining walls on the slow-rising switchback



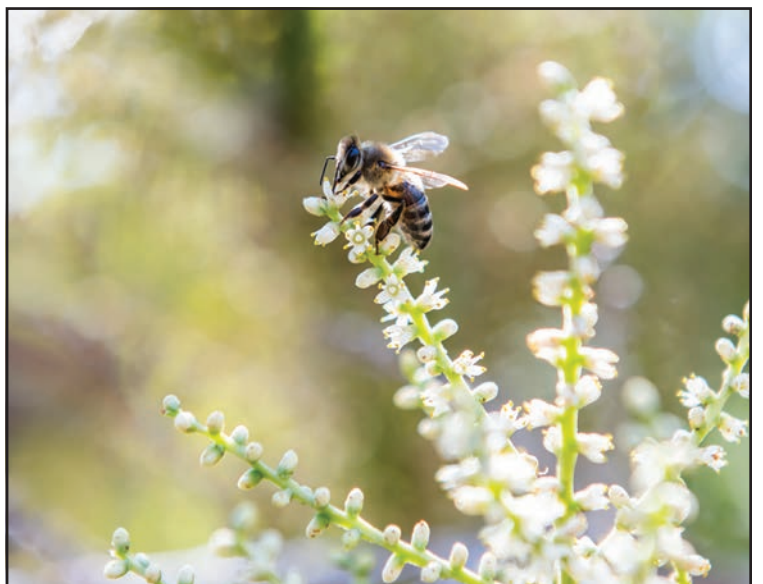
The Bamboo Garden is among the areas that will be accessible by Americans with Disabilities Act-compliant pathways when the Edwin and Frances Hunter Arboretum reopens at Palomar College, Sept. 26. Palomar College photos



In the northeast corner of the arboretum, visitors will find a stunning grove of palm trees of different sizes and varieties.



Among the improvements recently completed are thousands of feet of natural stone retaining walls and path edges, sourced entirely on-site.



With its wide variety of trees and plants, the Edwin and Frances Hunter Arboretum at Palomar brims and buzzes with life from pollinators to raptors nesting and hunting among the trees.

trails were created with rocks unearthed during the process and the trails themselves consist of decomposed granite. The trails are flatter, better defined now and can be enjoyed by all ages, including those on foot, in strollers or in wheelchairs.

“It’s almost hard to describe how different it will be for visitors,” Astl said. “Before, it was kind of like, ‘I think I’m on a path, but I’m not quite sure.’ Now, you know when you’re

on the path.”

The improvements have helped create a beautiful experience for everyone, including those with disabilities. The grand reopening ceremony will be held at 2 p.m., Thursday, Sept. 26, with tours of the newly renovated public nature trails.

Additional renovations include a new irrigation system, wells capable of pumping up to 300 gallons of water per minute, new entrance signage and nearly 1 mile of lower area trails compliant with the Americans with Disabilities Act.

In a sneak preview tour for the media, Aug. 6, primitive plants, rare and endangered palm trees and bamboo sections, as well as the Hubble Sculpture area, were showcased throughout newly created trails.

According to Rangel, the students at Palomar are in process of geographical information system mapping all the plant species on the property with the goal of all the trees and plants in the arboretum having information for visitors through GPS on their cellphones.

While the entire campus is technically inside a botanical garden, the 9-acre arboretum was created in 1973 and renamed in 2015 for Edwin and Frances Hunter, the late co-founders of Hunter Industries in San Marcos. Their estate donated \$500,000 to the Palomar College Foundation four years ago for the long term care and maintenance of the garden.

REAL ESTATE AND HOME & GARDEN

Understand the home inspection process

FALLBROOK – The process of buying a home can be unlike any experience prospective buyers have ever had. After finding a home they like and coming to an agreement on a sale price with the seller, buyers can expect to add many items to their to-do list. One of the first things to jot down on that list is scheduling a home inspection.

Home inspections are a vital part of the home buying process. Such inspections can protect buyers as they're on the cusp of making what will likely be the most significant investment of their lives. Understanding the home inspection process can help buyers during an exciting yet potentially nerve-racking time in their lives.

What is a home inspection?

The American Society of Home Inspectors defines a home inspection as an objective visual

examination of the physical structure and systems of a house. Inspectors will conduct visual examinations from the roof to the foundation of the home. Additional structures on the property, such as sheds or detached outdoor living areas, are not typically included in the examination.

What do inspectors examine?

The American Society of Home Inspectors noted that inspectors will examine the condition of various parts of the home. The heating system, central air conditioning unit, interior plumbing and electrical systems, roof, attic and insulation will be examined. Inspectors also will examine walls, ceilings, floors, windows, doors, the foundation of the home, basement or crawl space and structural components. Inspectors will not climb onto the roof.



Understanding the home inspection process can help buyers during an exciting yet potentially nerve-racking time in their lives. Courtesy photo

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Can a home fail inspection?

Homes cannot fail home inspections, which are just assessments of a home's existing condition. Municipal inspections are separate inspections conducted by government agencies to verify that a property is in compliance with local codes. Home inspectors will provide detailed reports describing the condition of a home and indicate if any repairs

are in order.

Do I really need a home inspection?

A home inspection is a vital component that can help buyers make the most informed decision possible. Forgoing an inspection can leave buyers vulnerable to potentially costly repairs and issues with a home that might have been detected with a proper

home inspection. In addition, some lenders insist that buyers have home inspections conducted before they will allow them to borrow money.

Home inspections can protect homebuyers as they prepare to make the most significant financial investment of their lives. More information about inspections can be found at www.homeinspector.org.

County adds sites, faster tests to check beach water quality

Katie White
County of San Diego
Communications Office

Local beachgoers can feel more confident about frolicking in the ocean, thanks to a couple of enhancements to the San Diego County's beach water testing program.

San Diego County's Department of Environmental Health now has a testing tool that allows officials to alert beachgoers faster than ever before when the water is not safe

due to potentially harmful levels of bacteria. The tool, implemented countywide at the beginning of summer, is the fastest standard test approved by the state.

"This testing method allows us to confirm dangerous bacteria levels within 24 hours, when before it took between two and four days for test results to come back," Lars Seifert, Land and Water Quality Division Chief for the County's Department of Environmental Health, said. "The test also enables us to lift

beach closures a lot faster once sample results confirm the water is meeting state health standards."

In addition to speeding up the process, DEH has also expanded its testing locations in the South county. This summer, the county's beach water quality program is sampling water quality along southern beaches at nine locations, compared to four locations in previous years.

This doubles the number of testing locations between Coronado and Tijuana. DEH will also increase the testing frequency during the winter, when the risk of sewage-contaminated Tijuana River flows is higher due to rains.

By then, test results may come back even sooner, thanks to a new and even faster water sampling method that is awaiting final approval from the Environmental Protection Agency and State Water Board. That test would speed up the reporting process to within a few hours.

The public can see beach water conditions at any time on the county's "Check In Before You Get In" website at sdbeachinfo.com.

The county's beach water quality program works alongside local cities and wastewater agencies, who sample weekly and report results to the county. The county also operates its own testing facility at the Health and Human Services Agency's Public Health Laboratory, where staff analyze ocean water samples collected by DEH staff.

In all, the county's beach water quality program protects residents and visitors by testing and evaluating water conditions for harmful bacteria levels at more than 90 local beaches and bays.

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Get the financial facts
about timeshares



Learn how to navigate timeshare purchases to find out if they're a smart purchase for you.

FALLBROOK – Many people turn to timeshares as a way to enjoy annual vacations. But is investing in a timeshare a financially sound decision? That depends on who you ask.

Getting the facts about how timeshares work and learning a few tricks can help anyone make an educated decision about timeshares.

In a timeshare, individuals purchase a place to stay in vacation property. They typically can then use this room and the surrounding amenities once per year, and often must travel to the same location time and again. Timeshares long have held appeal because they are marketed toward people who may not be able to buy a vacation home, but still want to vacation each year.

There are some advantages to timeshares. They provide a guaranteed vacation destination each year in a familiar place. This is great for people who value familiarity. Timeshares also make it possible to afford a vacation in an expensive resort. Sometimes a person can trade times or locations with other timeshare owners, enabling more versatility and new destination experiences. For those who must skip a year, it may be possible to sublet the timeshare or let family and friends use it if the agreement allows.

Timeshares have some notable drawbacks as well. Cost-efficiency is one notable drawback of timeshares. The American Resort Development Association, a trade group for timeshare companies, offers that the average cost of a timeshare is around \$20,000, with an annual maintenance fee of \$660. Those fees are paid even if the resort isn't used that year. Chances are a person can get a comparable vacation elsewhere for a lower cost – especially with the abundance of vacation property rentals available from traditional hotels as well as sites such as Airbnb.

A timeshare is not like a traditional real estate investment. According to Investopedia, it is an illiquid asset that is likely to lose value over time. Those who decide to sell their timeshares often find they must do so at a deep discount. Furthermore, those who sell a timeshare at a loss may find the Internal Revenue Service doesn't let them claim a capital loss, which is often the case with other investments and property.

To make timeshares work, individuals can opt to buy used, which is often at a fraction of the cost offered new by resort developers. Also, realize that a timeshare is a lifestyle purchase, not exactly a real estate investment. Timeshares are not a way to turn a profit. Try to purchase in desirable locations as well. Doing so increases the likelihood of resale in the future.

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Real Estate Round-Up: Lighting in a Bottle- Take 2



Kim Murphy

Murphy & Murphy Southern California Realty

I published a similar article to this one a few weeks ago. After receiving interesting questions and comments, I decided to elaborate.

You're probably thinking that I'm fresh out of ideas and, with the long holiday weekend, wanted to find an easy way to be in print this week. I can assure you, I am never out of information to share, and the holiday comes after my deadline.

Why then am I writing on this topic again? I want to make sure you understand the urgency at hand.

Right now, we're in a perfect storm for real estate. The 30-year fixed-rate mortgage fell to 3.60% from 3.75%. The interest rates for a mortgage are now hovering around a full percentage point lower than they were a year ago, making it less expensive and more attractive to borrow for a similarly priced home. This is great news if you are a buyer or seller.

Buyers make a purchase based on payment. Often, buyers are approved for a higher monthly payment than they are comfortable paying. When interest rates drop,

a buyers' buying power increases. The opposite occurs if interest rates rise, even if prices drop.

Let me give you an example. If a buyer purchases a home for \$650,000 and puts 20% down, and the interest rate is 3.6%, amortized over 30 years, the principle and interest payment would be \$2,364. If that same home dropped in price by 5% to \$617,500 but the interest rate rose to 3.85%, the principle and interest payment would be \$2,316.

That same home with a 10% drop in price to \$585,000 with an interest rate increase to 4.2% would produce a principle and interest payment of \$2,289.

Year over year, Fallbrook had a price reduction of 3% and over the same time period, interest rates dropped 1%. It is reasonable to surmise that the scenario I provided could become a reality by this time next year.

If you're a buyer sitting in the wings waiting for the big drop, I think you will be disappointed, because financially not much will have changed in the overall purchasing power you have, but that home you're holding out on, will probably be sold to a buyer that understands their buying power today versus waiting.

Sellers, on the other hand, have already seen price decreases over the past year; 38% of all homes sold in California over the past 12 months had a price reduction, before receiving an accepted offer.

Moving into late 2019 and into 2020, the National Association of Realtors and the California Association of Realtors, Chief Economists both expect prices to mirror that previous 12 months, until the third quarter of 2020, when an adjustment is expected.

So, if selling is in your plans in

the next few years, it would seem to make sense to do it during this somewhat stable period. Prices are still strong and interest rates are low, which means that a larger pool of buyers can afford to purchase your home. Seems like a good time to catch lighting in a bottle, right?

One more component to consider is that, currently, the daily yield for both the 2-year Treasury note and the 10-year Treasury note are only .03% apart. As recently as Aug. 1, they were .27 points apart. The 2-year note has dropped .2%, while the 10-year notes has dropped .4%.

I'm not an economist, but I'm sure that many of you reading this understand that this lack of disparity between a 2-year note and a 10-year note is not a harbinger of good news. Since 2011 the U.S. economy has been experiencing a historically long and steady growth cycle. All up cycles eventually lead to a down cycle. Economists believe the timing of this recession will be late 2020 and last for approximately 18-24 months.

I'm not spelling doom and gloom. I believe I'm sounding the alarm, to get off the fence and get into the game. If you are a buyer who is reading this, now's a great time to take advantage of low interest rates and reasonably priced properties. You could wait until the end of 2020, but interest rates will not stay this low forever, so even a 10% drop in prices will easily be absorbed by a .6% increase in interest rates.

If you are a seller, put your best foot forward, price your home correctly and take advantage of stable prices and the larger buyer pool available to you. In the hands of an experienced, knowledgeable, professional Realtor, you will be

able to maximize your selling price.

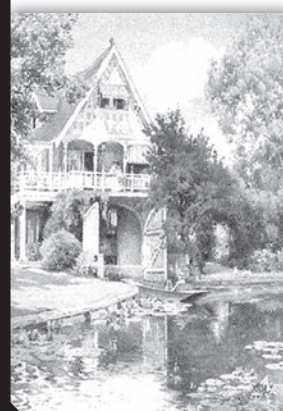
If you're a homeowner and are planning on selling, now is the time. If you think you have the luxury of waiting it out, remember 2008. If the economists are correct, and if we have additional price adjustments, we are potentially looking at a drop in price and an increase in interest rates.

The housing market peak was the second quarter of 2018. The adjustment in pricing has started. By lowering the interest rate, Federal Reserve is attempting to prop the economy up. At Murphy

and Murphy, we believe there is an eight-month window of opportunity to maximize your equity. Learn from history. Take advantage of lower interest rates and serious buyers. Murphy and Murphy Southern California Realty is here to help you navigate your best decision.

Kim Murphy can be reached at kim@murphy-realty.com or (760) 415-9292 or at 130 N Main Avenue, in Fallbrook. Her broker license is #01229921, and she is on the board of directors for the California Association of Realtors.

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Lake Vista Estates in peaceful Bonsall. Tons of natural light throughout the home, with large windows, high ceilings and custom finishes. Backyard oasis has pool/spa, pavilion, BBQ, and a panoramic view! \$1,165,000



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Nature’s presents come in pink

Toilet paper cleans up the competition



An amacrinum drought-tolerant bulb blooms in midsummer in Fallbrook. It is a cross between amaryllis belladonna and crinum moorei on stout evergreen leaves and is fragrant. It blooms about the same time as the naked pink lady’s bulbs do.

Roger Boddaert photo

FALLBROOK – According to a recent survey conducted by TopCashback.com, a cross section of 2,55 adults aged 18 and over were polled and found that 85% of Americans buy in bulk, which increased by 2% from last year’s survey.

Do Americans believe that they are better off financially by bulk buying as opposed to buying what you need, when you need it?

- Yes (87%)
- No (13%)

Bulk buying can help save people money on large quantities of their favorite items but be careful to not let it get wasteful. Below, please find some tips from Rebecca Gramuglia, Shopping Expert at TopCashback.com:

- Bulk buying can help save people money on large quantities of their favorite items but be careful to not let it get wasteful. Below, please find some tips from Rebecca Gramuglia, Shopping Expert at TopCashback.com:
- Consider a wholesale club membership. If you’re an avid bulk buyer, a wholesale club membership might be a great fit for you. You can have access to large quantities of popular brand name items, as well as generic goods. Plus, these clubs also have discounts on normal items like household appliances, clothing and more. Typically, a standard, annual membership can cost under \$100.
- Make a list. Whether you are stocking up on groceries or bulk buying, don’t forget to make a list. I can’t stress enough how important it is to plan your shopping day ahead of time and the savings it can have on your wallet. By planning ahead, you can jot down the items you need to buy to prevent spontaneous purchases when shopping. You can also search for the best sales

Why do Americans buy in bulk? (top three reasons)

- To save money (88%)
- To have a stock of products (57%)
- Fewer shopping trips (45%)

How much do Americans spend on weekly bulk buying?

- \$50 to \$100 (37%)
- \$101 to \$200 (27%)
- Less than \$49 (25%)

Most popular items that Americans buy in bulk

- Toilet paper (95%)
- Laundry detergent (72%)
- Soap (50%)
- Toothpaste (47%)
- Shampoo and conditioner (41%)

These are the same top five items from last year’s survey and they are all non-perishable goods that can have a longer shelf life. Americans have become less wasteful with bulk buying. Only 31% say that some of their bulk buys have gone unused, which is less than last year’s percentage (35%).

and promotions. This will help you save money and time.

- Utilize coupons and apps. If you want to save more, download your local grocery store’s app for digital access to coupons, fliers and sales. If you’re going to shop online, use a cash back site like TopCashback.com to receive cash back on your groceries or shop at wholesale clubs like BJ’s and Sam’s Club.
- Avoid perishable goods (to an extent). Fresh fruits and veggies are always the first items that start to go bad. But if you’re making lunches for your children for the week or throwing a party, bulk fruits and veggies are a great way to save money. Otherwise, only buy the perishable items you need.
- Don’t bulk buy an item you haven’t tried. Don’t waste your time and money bulk buying an item unless you know it works for you. If you’re curious about a product, test it out by purchasing a single unit, and if it meets your expectations then purchase it in bulk.
- Do the math. When buying in bulk, never assume you are getting a better deal without doing the math. Analyze the cost per unit and see if it is worth buying the larger option. For example, loose avocados are usually cheaper than purchasing a grouped bag. Also, be wary of 10-for-\$10 deals. Most people don’t realize you can buy less than 10 items and still receive a discount.
- Shop generic, not brand. Pay less by purchasing generic options rather than name-brand products. More often than not, the difference is just the price tag and generic products are just as tasty or reliable as notable, name brands. If you’re skeptical of the two, check the ingredients or materials before purchasing a generic brand to be reassured you’re getting the same product.
- Make sure you have the storage space before you buy. Before buying bulk, make sure you have an adequate storage area. If you can’t fit your food in the fridge or freezer, then where is it going to go? Probably in the garbage.



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Fallbrook

513 Hilbert Drive
\$785,000

First time on the market. 4BD, 3.5BA, 3 car garage, 3,510 sq.ft. single story home, custom built in 1990. Located in the desirable Santa Margarita neighborhood, savor ocean breezes w/ Santa Margarita Canyon views. Perfect for entertaining w/ a spacious kitchen. Dream of having your own vineyard or grove? This 4.45 acre parcel is waiting for you. Zoned for horses, w/ a pet run & offers many possibilities.

Janine Hall | team 760-822-7528 or 7527

Just Reduced



Fallbrook

3949 Citrus Drive
\$895,000

Spectacular, first time on the market, gated estate home located on a paved, private driveway in the popular Wilt Road/Citrus Drive area. Secluded but conveniently situated. 3+1 opt. BD, 3.5BA, 3744sf on 6.7 acres with breathtaking panoramic views. 2 car garage + 1200 sf outbuilding. Brazilian mahogany hardwood floors, dual fireplace.

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4BD • 2.5BA



Fallbrook

1410 Camino De Nog
\$620,000

THE HEIGHTS Brand new Custom Home, in excellent area of Fallbrook, near schools, Sports Park and shopping. Nestled on net .56 acre (.76 acre gross), interior of home features great room with corner fireplace in LR, beautiful kitchen featuring granite, center island, wood cabinets, and pantry. Interior floor plan includes 4BD (one could be a den).

Rich Heimback & Jane Wilson 760-805-6822 or 760-805-3460

Price Improved



Fallbrook

2037 James Gaynor
\$752,500

Tuscan beauty in Shady Grove. 3500 s.f. one level, 4BD plus library, delightful courtyard, turreted interior front entry, formal LR/DR, terrific split floor plan, perfect for live-in family or in-laws, plus separate very private master suite with sitting room. Expansive rear covered patios, upgraded custom hardscape incl full privacy walls a & fountain! Large laundry room, **BONUS! SOLAR IN AND PAID FOR!** Large 3-car garage.

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New Listing



Fallbrook

1863 Mil Sorpresas
\$1,499,000

A French Country masterpiece nestled in the hills of Fallbrook. Built in 2003, single story, 4,704 sqft, 5 BD, 4.5 BA (main hs + gst hs) w/Old World Euro-accent, remodeled Kitchen, Solar sys, salt water infinity pool, 4-hole putting green, gated entry, no HOA, Gst hs has kitchen and laundry all on 2.2 view acres.

Pete Hagen 760-717-8163

Gentle 11 Acres!



Fallbrook

411 Yucca Road
\$799,000

Weir Brothers adobe with 3BD, 2BA. Great condition & some nice updates, including all new windows. 2680 s.f. with ocean views. All useable land. 2" meter! New price! Grow a vineyard, nursery stock, or horses, livestock with extra out-building with utilities. Room for all the toys/RV!!

Lynn Stadille-James & Lisa Stadille 760-845-3059



Fallbrook

411 Yucca Road
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Weir Brothers adobe with 3BD, 2BA. Great condition & some nice updates, including all new windows. 2680 s.f. with ocean views. All useable land. 2" meter! New price! Grow a vineyard, nursery stock, or horses, livestock with extra out-building with utilities. Room for all the toys/RV!!

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New Listing



Fallbrook

539 Morro Road
\$600,000

The moment you drive up to the stamped driveway you'll be amazed. Remodeled from top 2 bottom only 4 years ago with hardwood flooring, kitchen, baths & more! Enjoy mtn views from the living areas & master. Lounge on 1 of the 3 view decks during the day & enjoy the gorgeous sunsets at night. Basement!

Virginia Gissing 949-292-2850

Views, Views, Views



Fallbrook

3553 Rosa Way
\$1,495,000-\$1,550,000

This gorgeous, sprawling 2-acre, fully fenced/gated estate home w/ panoramic breathtaking views has everything you never knew you wanted. Nestled in the hills of one of the most desirable neighborhoods in Fallbrook & w/ easy access to the 15, you'll be only minutes away from numerous shopping & dining options, while still enjoying extensive privacy in a beautiful, natural setting. 5B/5.5B stunner & you'll be awed at the numerous upgrades.

Virginia Gissing 949-292-2850

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Fallbrook

Riverview Dr. Lot
\$171,000

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I Love A Clean San Diego opens registration for cleanup day

SAN DIEGO COUNTY – The 35th annual Coastal Cleanup Day is nearly here. I Love A Clean San Diego is seeking 800 volunteers to help beautify more than 100 sites across San Diego County Saturday, Sept. 21, 9 a.m. to noon, including Live Oak Park, 2746 Reche Road, in Fallbrook.

ILACSD has coordinated this event regionally for the past 34 years, successfully mobilizing thousands of volunteers throughout the county. Volunteers of all ages and abilities are encouraged to sign up for a site in their neighborhood and help leave a positive impact on the entire region. Online registration is now open at <http://cleanupday.org/>.

Coastal Cleanup Day covers more than just the shoreline. ILACSD focuses the majority of its cleanup efforts along inland waterways and canyons. With 80% of marine debris coming from inland territories, volunteers learn firsthand the importance of keeping trash out of the region’s waterways, which can carry trash and pollutants directly to the ocean through the storm drain system.

In 2018, 9,174 volunteers removed over 148,000 pounds of trash, recyclables, and green waste from San Diego and Tijuana regions that otherwise would have polluted the beloved coastline and the Pacific Ocean.

ILACSD invites volunteers to take waste reduction into their own hands by pledging to “Bring Your

Own” reusable items when they register at <http://cleanupday.org/>.

Each volunteer who brings a reusable water bottle, work gloves, and/or a bucket to collect litter significantly reduces the need for single-use bags and disposable gloves. Prizes will be awarded to the best decorated buckets entered into this year’s Bling Your Bucket contest.

The CleanSwell app is another option for volunteers to help cut back on waste produced at this year’s Coastal Cleanup Day. Volunteers are encouraged to download the Clean Swell app to be used in place of paper data cards to track the debris collected on event day. The app is free and available to download for both iOS and Android devices.

Sony Electronics has returned to sponsor this year’s Coastal Cleanup Day Photo Contest where volunteers have the opportunity to win a Sony Cybershot Camera. Volunteers are encouraged to submit a photo of their Coastal Cleanup Day experience that best fits the theme, “Blast From The Past.”

ILACSD organizes Coastal Cleanup Day in San Diego County in partnership with the California Coastal Commission as part of a global international event led by the Ocean Conservancy.

For more information about sites and volunteer registration, please visit www.CleanupDay.org or call (619) 291-0103.

Submitted by I Love A Clean San Diego.

OBITUARIES



Long time Fallbrook resident **Nancy Carol Riley** died peacefully at her home Sunday, Aug. 18. Nancy was born Sept. 4, 1939, in New Brighton, Pennsylvania, to Helen and John Barton.

She attended Antioch High School in California and went on to receive her bachelor’s degree in sociology from Chico State University. Her first job was as a writer and researcher with Sunset Magazine where she nurtured her lifelong love of gardening and gourmet cooking. She later had an extended career as the director of the Information Technology Department at Long Beach Medical Center.

Nancy and Donald Eugene Riley were married in 1968. Before retiring in Fallbrook, they lived

in the Netherlands, Los Angeles and Palos Verdes Estates.

Nancy was an active member of the Fallbrook Newcomers and Encore clubs. She

was a loyal volunteer at Keep Fallbrook Clean and Green events. She joined the Fallbrook Garden Club in 1999 where she served as a volunteer in each and every Garden Tour and Garden Show. For almost all of the garden shows, she was either a chairperson or co-chair of major committees.

In addition to being an avid reader, she had a special affection for all wildlife critters. She once set out water for a new litter of coyote pups so they wouldn’t fall into her pool.

Nancy is survived by Don Riley, her husband of 51 years, and her sister, Jane Williams. She is also survived by her niece, Elizabeth Williams Stagner; nephews Christopher Williams (Kathy) and Jeffrey Thornhill; sister-in-law and brother-in-law Jackie and Tom Condon; grandnieces Lily Stagner and Sarah Williams and grandnephew Jonathan Williams. Her nephew, Paul Thornhill, preceded her in death.

Nancy leaves a legacy of family and friends who will remember her gentle spirit and kindness to all.

Per her request there will be no services. “In nature nothing exists alone...” Rachel Carson.

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BUSINESS

Rosa’s Cantina closes its doors after 28 years in Old Town Temecula

Jeff Pack
Writer

After serving up Mexican food to locals and tourists in Old Town Temecula for more than 28 years, Rosa’s Cantina announced it was closing its doors Sunday, Aug. 25.

The news was announced on a Facebook post on the restaurant’s page.

“We want to thank everyone who has supported Rosa’s throughout the years!” the post read. “It is the patrons who make being in the restaurant industry so special. At this time, we have decided to close Rosa’s doors as of Aug. 25, 2019. However, we have chosen to move on to other endeavors and can’t wait to bring Temecula new and exciting adventures in years to come.”

The restaurant was established in 1991 by Mike Theising, his wife Rosa and son Mike Junior and promised to serve “only the highest quality authentic Mexican food available for their customers at reasonable prices.”

“Rosa’s Cantina was an iconic destination in Old Town Temecula and will be deeply missed by those of us who felt the warmth and community spirit of the wonderful Theising family,” Jeff Comerchero, former mayor and longtime Temecula city councilman, said. “I’m sure many people like me will feel sad that another nostalgic piece of our memories has moved on, but it’s also exciting that it will be replaced by another opportunity for new memories to be made.”

The location of the building was the site of the original Temecula Hotel since 18 and was known for years as the Escallier Hotel and Saloon.

Craig Puma, owner of The Bank Mexican Restaurant and Bar, said the two restaurants were

more teammates than competitors, even though Rosa’s also served Mexican food just steps away.

“Rosa’s has been my neighbor across the street since I’ve owned this place,” Puma said. “Mike and Rosa were always very gracious; we had a great relationship. They could come over and get straws, cups or anything they needed, and I could go over there and grab a Coke or a Sprite, whatever. We would help each other. The relationship was always very good.

“We believe that what was best for Old Town was most important. Mike was always a big proponent of the Old Town Association, which I started in 2009, and he was always an active member.

“He has the same philosophy that I had, which is restaurants in Old Town are not competition, we are all there to support the community and create a restaurant district.

“There are some people that have come in here with an attitude of ‘No, every restaurant is a competitor,’ Mike and I always looked at it like ‘We’re a restaurant district and we’re part of that, we want people to come down and try different things,’” Puma said.

Rosa Theising died last year, and the restaurant had been acquired fairly recently by Richard Leigh, owner of 1909 with his son Ricky Leigh. They are currently listing the building as available for lease through Front & Main, and there are some indications that a deal is pending.

“We again thank everyone for your continued support,” according to Rosa Cantina’s Facebook page. “We still have 1909 and Toast, so hopefully we will see you there. Adventures await ... stay tuned.”

Jeff Pack can be reached by email at jpack@reedermedia.com.



After more than 28 years in business in Old Town Temecula, Rosa's Cantina announced it was closing its doors Sunday, Aug. 25. Jeff Pack photo




The Rosa's Cantina property is listed as available. Jeff Pack photo



This photo shows how Rosa's Cantina looked before renovations by new owners. Courtesy photo



The side patio at Rosa's Cantina has a mural that has been there for decades. Jeff Pack photo



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Interested in fixed annuities? Beware of common misconceptions



Brian Schrock is an Edward Jones financial advisor.

FALLBROOK –Between your 401(k) or pension, an individual retirement account and Social Security, many hope to have enough to enjoy a comfortable retirement lifestyle. Yet, those planning their

retirements may want or need, to find other financial resources – one of which might be a fixed annuity, which offers a guaranteed interest rate and can be structured to provide a lifetime income stream.

Some may be nervous about investing in annuities because of some negative things they have heard about them. How concerned should an investor be?

To help answer that question, let’s consider some common misconceptions about fixed annuities:

“I won’t be able to touch any of my money if I need some of it before I retire.”

A fixed annuity is designed to provide you with income during your retirement years. But if you want to withdraw a significant amount of your money before you retire – when your annuity is in what’s called the “accumulation phase” – you’ll likely

face a surrender charge, as well as a 10% federal tax penalty.

Withdrawals may also be subject to a market value adjustment. However, to access a small percentage of your allocated funds, you might not encounter any fees. And some annuity contracts allow a 10% withdrawal with no penalty.

“Annuities cost too much.”

Many annuities are actually low in cost. Be sure to compare the cost against the value of each additional guarantee, feature and benefit – and only pay for what you need.

“A deferred annuity isn’t worth the wait.”

If you set up a deferred annuity, it’s true that you won’t immediately start receiving income. You will, however, be able to factor future expected payments into your retirement plan.

“When I die, the insurance company keeps my money.”

If the payout plan includes a beneficiary agreement, your beneficiaries will receive the remaining amount of money in the contract. Read the terms and conditions listed with an annuity, as they will spell out where the remaining money will go after you pass away.

Of course, even if the above concerns are simply misconceptions, it doesn’t mean there are no issues about which investors must be aware when considering fixed annuities.

For one thing, the safety of a lifetime income stream and guarantees will depend on the claims-paying ability of the insurer that issued the annuity, so choose a company that has demonstrated financial strength and stability.

One other concern about fixed

annuities: They typically don’t carry a cost of living adjustment, such as that found in Social Security. Investors can find annuities that do offer some inflation protection, but this feature can reduce early payments significantly.

If it’s appropriate for an investor’s situation, a fixed annuity can be a valuable addition to retirement income. Before purchasing one, though, potential investors need to weigh all the potential benefits and issues. But don’t be swayed by misconceptions – base your decision on facts, rather than fears.

Edward Jones Financial Advisor Brian Schrock is located at 1434 S. Mission Road, Suite B, in Fallbrook. For more information, call (760) 731-3234.

Submitted by Edward Jones.

State of the Chamber Dinner to be held Sept. 18

FALLBROOK – Fallbrook Chamber of Commerce has two special events planned for September. Reservations are being taken for the annual State of the Chamber Dinner, scheduled for 5:30 p.m., Wednesday, Sept. 18, at Pala Mesa Resort at Cliff Terrace.

Titled “Celebrating Success in Fallbrook,” the event will feature many nonprofit chamber members with networking booths filled with displays and valuable information.

Participating organizations include Angel Society of Fallbrook, Christ the King Lutheran Church, D’Vine Path, Deeper Still, Fallbrook Beautification Alliance, Fallbrook Family Health Center, Fallbrook Food Pantry, Fallbrook Gem and Mineral Society, Fallbrook Senior Center, Fallbrook Scarecrow Committee, Fallbrook Skatepark Inc., Fallbrook Veterans of Foreign of Wars Post 1924, Foundation for Senior Care, Hope Clinic for Women, Hospice of the Valleys, Michelle’s Place Cancer Resource Center, Neighborhood Healthcare, Rally for Children, REINS, Temecula Valley Symphony and The Gallery/ Fallbrook Art Association.

Attendees will enjoy a Hawaiian-

style meal, listen to presentations by chamber leadership and witness the presentation for this year’s Community Builder Award.

To top the night off, attendees will learn who will be named the new Fallbrook Honorary Mayor. An opportunity drawing will conclude the evening, and tickets will be sold by the Miss Fallbrook and Miss Teen Fallbrook courts.

To attend, register online at www.fallbrookchamberofcommerce.org

or contact the chamber at (760) 728-5845. Dinner is \$35 per person.

The chamber’s annual Charity Golf Tournament at Pala Mesa Resort will be held Sept. 27. This month’s SunUpper will be Sept. 12, at 8 a.m., at the chamber office, hosted by Martin Quiroz-Essex Mortgage. Call the chamber for more details.

Submitted by Fallbrook Chamber of Commerce.

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Warriors win first two tennis matches

Joe Naiman
Village News Correspondent

Fallbrook High School’s girls’ tennis season began Aug. 22, with a match at Orange Glen High School, and the Warriors won that match as well as Fallbrook’s season home opener, Aug. 27, against El Camino High School.

Fallbrook defeated Orange Glen by an 18-0 score and took a 12-6 victory over El Camino.

“I’m always happy to win,” Fallbrook coach Bill Lenaway said.

Lenaway is also always happy when his team improves, he said. “We’re progressing,” he said. “The teams we’re getting ready to play are going to start getting a little tougher.”

Fallbrook’s final match before Valley League play, contingent upon favorable weather, will take place Sept. 10, at Westview High School. Valley League play begins Sept. 12 when Ramona High School hosts the Warriors on the Riviera Oaks Resort and Raquet club courts.

Fallbrook has 10 varsity players, and Nicole Dulin and Gabby Bulli are the only seniors. Dulin is the Warriors’ No. 2 singles player while No. 1 singles netter Alexa Guadarrama and No. 3 singles representative Carly Hawkins are sophomores. Bulli and junior Vronnie Serrano comprise Fallbrook’s No. 1 doubles team. The No. 2 doubles tandem is junior Luci Bolduc and sophomore Elizabeth Eastom. Two freshmen,

Reid Biland and Sam Hanlon, team for the No. 3 doubles position. The substitute is freshman Ryan Geffeney.

Guadarrama, Dulin and Hawkins swept their singles sets at Orange Glen. Bolduc and Eastom won all three of their doubles sets as did Biland and Hanlon. Bulli and Serrano won two doubles sets before Lenaway rested Bulli, and Serrano and Geffeney won their set.

Orange Glen was in the Valley League before the Patriots were transferred to the Coastal Conference in 2016. Britney Chau was an Orange Glen freshman in 2015 when she lost to Fallbrook junior Alyssa Karavitch in the Valley League singles final. Chau graduated in May, so the current Orange Glen team played Fallbrook without a premier player.

A higher level of competition rather than a decline in Fallbrook’s performance was thus responsible for the closer score against El Camino, and the Warriors showed improvement in their match against the Wildcats.

“The next match they played they got a little bit better,” Lenaway said.

All six positions were 2-1 against their El Camino counterparts with Geffeney joining the No. 2 doubles slot for one set.

“We’re learning,” Lenaway said. “We have things to learn, how to go through matches efficiently and correctly. There’s lots to learn. It’s not all just hitting the ball.”



Lady Warrior Alex Guadarrama returns shot during a varsity tennis match against the El Camino Wildcats, Aug. 27.

Shane Gibson photos



Fallbrook’s Nicole Dulin serves to her El Camino opponent.



Lady Warrior Carly Hawkins prepares to return a backhand shot to her Wildcat opponent.



Fallbrook doubles teammates Veronica Serrano, left, and Gabby Bulli play against El Camino.



Lady Warrior Lucienne Bolduc returns a volley shot during a doubles match against the Wildcats.



Lady Warrior Elizabeth Eastom serves to the Wildcats during a doubles match.



Lady Warrior Reid Biland, right, returns a Wildcat shot during a doubles match.

Pop Warner season begins



The Fallbrook Pop Warner 10U team takes the field with pride and support from their cheer squad, as head coach Antonio Gomez leads them into their first game of the season against Oceanside Pirates. Players are Benjamin Perry (99), Bridger Andreasen (19), Courtney Swinney (49), Enrique Quezada (11), Hank Kaipio (10), Jadon Gomez (14), Jameson Haughey (12), Jason Yáñez (2), Jayden Peet (60), Jesse Bidwell Jr. (28), Justice Handy (51), Lincoln Brunson (33), Lucas Uresti (16), Trevor Crellin (9), Tristan Ballis (22), Vincent Collier (13), Zachary Wright (8); Cheer members Devin Beebe, Bree Bird, Charlotte Brunson, Leilani Curo, Brooklyn Davis, Natalie Mendoza, Penelope Perez, Anna and Katie.

FALLBROOK – Fallbrook Pop Warner, Warrior football teams and cheer squads had their first games, Aug. 24. They played against some competitive teams and have been working these last two weeks to perfect their plays and passes and to strengthen their defensive line, according to their coaches.

The teams will have another weekend of home games to take on at Fallbrook High School Saturday, Sept. 7, while the 10U and flag teams will play out of town.

Over the season, Fallbrook Pop Warner invited the community to come out to support their players. They ask that residents follow the teams on social media and get current game schedules and scores on the Zorts sports app. There’s no need to sign up, just request to be a fan and follow the Palomar Conference, Fallbrook League and one or all the teams in the drop down selection.

Submitted by Fallbrook Pop Warner.



Fallbrook Pop Warner flag cheer squad supports the flag football players as they kick off the season with a run through banner. Coach Abby Uresti and the Fallbrook Pop Warner’s cheer squad, including Kylie Moreno, Auriana Gomez, Eden Bumcrot, Ava Christman and Lauren Robinson.



Fallbrook Pop Warner 14U Quarterback Sam Bruton (15) looks for his opening. On the line with him are, from left, Noah Anzures (3), Joseph Falcon (18), Quitin Johnson (17), Tank Benitez (55), Jayden Martin (45), James McAdoo Jones III (50), as they continued to fight against Temecula Attacking Grizzlies during their first game of the season, lead by their head coach L.T. Morgan.

Warriors open water polo season with win

Joe Naiman
Village News Correspondent

The Aug. 22-24 Rancho Bernardo Invite tournament began Fallbrook High School’s water polo season, and although the Warriors had a 1-3 record in the tournament, Fallbrook opened the 2019 season with a 10-9 victory over Patrick Henry High School in the Aug. 22 game at Rancho Bernardo High School.

“Good to get off on a good start,” Fallbrook coach Bill Richardson said.

This year Fallbrook and Patrick Henry are both in Division II for CIF playoff purposes, so the win over another Division II team will have playoff seeding implications for the Warriors.

“Patrick Henry’s been a good program over the years,” Richardson said.

Five different players scored against the Patriots. Three goals apiece were placed into the net by sophomore Doug Pearce and senior Jackson Richards; sophomore Kayden Trafford scored twice while senior Owen Hearn and sophomore Kai Maestas had a goal apiece.

The win to open the tournament placed Fallbrook in the upper half of the bracket for subsequent matches. The Warriors’ Aug. 23 game at Rancho Bernardo High School was a 5-4 loss to Poway.

“The boys really played well all-around,” Richardson said.

The Titans took a 2-0 lead, but Fallbrook nearly came back.

“It just kind of came together,” Richardson said. “We just ran out

of time.”

Poway and Fallbrook played a non-tournament game last year which ended as a 21-7 Titans victory.

“Big improvement,” Richardson said of the 2019 game.

Fallbrook’s regular season will end Oct. 30 with a Valley League game against Classical Academy at Washington Park Pool in Escondido. Fallbrook and Classical Academy also played an Aug. 24 tournament game at Rancho Bernardo High School, and the Caimans were on the preferred end of the 8-3 final score.

“We didn’t play up to the same level we did on Friday,” Richardson said.

Rancho Bernardo High School was also the site of Fallbrook’s Aug. 24 game against Del Norte which was a 10-5 Nighthawks triumph. Because Fallbrook’s first match was a win, the Warriors placed ninth among the 20 teams in the tournament.

“The boys played a good opening tournament,” Richardson said.

Fallbrook returned to Rancho Bernardo High School for an Aug. 29 non-tournament game against Rancho Bernardo. The Broncos defeated Fallbrook in an 11-10 contest.

“Pretty close game,” Richardson said.

Rancho Bernardo held a 7-5 halftime lead, although the score was 9-9 after three periods.

“There’s no give up in these boys,” Richardson said of his players.

Warriors’ boys’ cross-country, girls’ golf ready for season

Jeff Pack
Writer

The Fallbrook High School boys’ cross-country team finished fifth in the Valley League last season, but a good group of seniors could help them reach even higher in 2019.

“We have a good group out for summer training and the kids are in great shape coming into the season,” head coach Marco Arias said. “We have a good group of seniors led by Josh Hernandez and we will be making a run for a league title this year.”

Hernandez placed 49th with a time of 16 minutes 41.4 seconds at the Division II CIF San Diego Section meet on Morley Field course in San Diego last fall and expects to be better this year.

“He is in midseason form and will have a great season,” Arias said.

Another senior, John Regan, a transfer to Fallbrook High School from North Carolina last season is back.

“He has acclimated to California running and should be a strong force this season,” Arias said.

Junior Danny Contreras, who medaled at last year’s CIF Championships, is expected to contribute this season as well.

“Danny will be the next No. 1 runner next year and he is

developing into that role,” Arias said.

The Warriors will compete in the Bronco Round-up at Kit Carson Park starting at 8 a.m. Saturday, Sept. 7. They will travel to the Laguna Hills Invitational Saturday, Sept. 14.

Girls’ Golf

Fallbrook High School girls’ golf head coach Neil Medlock said he is working hard to build the program, despite a low turnout of athletes trying out for the team this year.

“(We are) low on numbers and trying to build up the program,” Medlock said. “Most of the girls are new to golf and (I am) looking forward to seeing them improve.”

The Warriors were 2-8 last season under Medlock, who is entering his 12th year as head coach.

Returning for the Warriors this year is Dahlia Zermenio, and Medlock said he is “happy to have her back after missing last year.” He also said Trinity Canon also has a lot of potential.

The Warriors will compete in their first match Tuesday, Sept. 17, against Mission Vista High School at Pala Mesa and will play host to San Pasqual High School at Pala Mesa again Sept. 19.

Jeff Pack can be reached by email at jpack@reedermedia.com.

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EDUCATION

Community Partners work together to provide service to youth in Fallbrook

FALLBROOK – Boys & Girls Clubs of North County in partnership with Community HousingWorks and The BetterWorld Trust opened a new club site at Turnagain Apartments Monday, Aug. 12.

Members of Community HousingWorks approached the club to discuss a potential partnership to serve the youth at the apartment complex. Community HousingWorks has been operating two after-school programs in Fallbrook including the one at Turnagain Apartments and their goal this year was to partner with an organization that would help them to increase their service hours and attendance at the after-school program.

With eight afterschool sites in Fallbrook, Boys & Girls Clubs of North County seemed a natural fit for the partnership.

Funding was made available from Community HousingWorks for one club staff member to serve approximately 15 children. Knowing that there were nearly 30 children, not including teens in the apartment complex, the club reached out to one of its long-standing community partners for help.

Diane Garrett and her husband, Paul Goldring Garrett, from the BetterWorld Trust agreed to provide funding for an additional staff. The BetterWorld Trust works with innovative and transformative organizations whose programs are sustainable, regenerative and which have measurable and beneficial results.

Now with two dedicated staff members at the after-school program, the club will be able to serve upward of 40 youth.

“We are so grateful for the wonderful partnerships that have made this opportunity possible,” Allison Barclay, CEO of the Boys & Girls Clubs of North County, said. “We are excited to see the growth that has already taken place and can’t wait to see the impact this program will have for the residents here at Turnagain Apartments.”

The Boys & Girls Club program at Turnagain Apartments will provide members computer access to use for homework, a kitchen for cooking classes, gardens, basketball courts and a terrific outdoor space for members to play after-school.

During the first two weeks of the program, more than 20 members



Seen at the opening of the new Boys & Girls Club site at Turnagain Apartments are, from left, Diana Flores, Lisa Ware, Paul Goldring Garrett, Diane Garrett, Allison Barclay and Michael Lopez.

Courtesy photo

attended daily, up from the 12 children served daily last year. The club believes with time and some more teen-centered events that they will be able to raise the number of those being served to 40 youth by the end of the year.

For more information on ways to give to the club, call their offices at (760) 728-5871 or visit www.bgcnorthcounty.org.

For more information on Community HousingWorks visit <https://chworks.org>.

Submitted by Boys & Girls Clubs of North County.

Zion Christian School becomes a blended learning center

FALLBROOK – Zion Christian Learning Center has embraced a new education model called “Blended Learning.” For those who are unfamiliar with the concept of blended learning, the term refers to the incorporation of online curriculum, project-based learning, face-to-face instruction and flexible scheduling. This innovative education model has become increasingly popular in California over recent years.

Parents who appreciate the benefits of both online learning and the traditional classroom model often feel that blended learning combines the best of both worlds. Specifically, both online learning and project-based learning allows students to learn at their own pace and pursue personal interests.

Traditional classroom instruction, on the other hand, fosters peer learning, collaboration opportunities and better communication and social skills as students work together

to solve problems.

At Zion, “learning coaches,” otherwise known as teachers, fill a crucial role, providing specialized academic support to students in their core classes. Learning coaches also provide guidance and encouragement to students who are engaged in project-based learning.

The typical school day includes time in the morning for students to focus on core subjects, and enrichment activities in the afternoon. Enrichment activities include music, art, PE and chapel, to name a few.

Parents of Zion students partner with their choice of independent study charter schools. Many of these parents, who considered their children to be “homeschoolers” in the past, appreciate the opportunity Zion gives their children in terms of academic support, tutoring, peer socialization and enrichment.

Other benefits of Zion’s Blended Learning Program include low



Zion Christian Learning Center students pose for a group photo during their first week of school.

Courtesy photos

teacher to student ratios, low monthly fees, curriculum resources that Learning Coaches can tailor to each student’s learning style, flexible seating and flexible scheduling.

Zion Christian School and Learning Center serves students from first to 12th grade. For more information, contact the school at (760) 723-3500 or visit www.zcslc.org.

Submitted by Zion Christian School.

September is Campus Fire Safety Month

Quincy, Mass. – September means new classes, new friends and often new living spaces; NFPA and The Center for Campus Fire Safety are partnering up to help ensure those living spaces are as safe as possible through their Campus Fire Safety for Students campaign.

The campaign raises awareness about the threat of fire among college students in both on- and off-campus housing, and puts relevant information in the hands of parents, staff and students, who are encouraged to take proactive measures to protect themselves and their peers against fire. Many of the resources offered are designed to be shared through

social media, school newspapers, college websites, and posted in dormitory common areas. These resources include videos, checklists, infographics, tip sheets and more.

According to NFPA, from 2013-2016, local fire departments responded to an average of 4,070 structure fires in dormitories, fraternities, sororities and barracks properties, causing an average of one civilian death, 32 civilian injuries and \$15 million in direct property damage each year. Approximately three out of every four of these fires began in a kitchen or cooking area. Such fires are responsible for nearly half of the injuries in these properties.

In addition, the likelihood of a fire is much greater on weekends and on weekdays from 5-9 p.m. September and October have the highest incidences for fires in dormitories.

NFPA and the Center offer these tips to students to help reduce the risk of fire:

- Know and practice your buildings evacuation plan, as well as alternate routes.
- Cook in intended areas only, and never leave cooking equipment unattended when in use, even briefly.
- Test smoke alarms monthly in an apartment or a house. Ensure smoke alarms are installed in all sleeping areas, outside of

all sleeping areas, and on every level of the apartment or house. never remove or disable smoke alarms.

- Keep combustible items away from heat sources and never overload electrical outlets, extension cords or power strips. Many fires are caused by portable light and heat sources, like space heaters and halogen lamps.
- Keep common areas and hallways free of possessions and debris.

“Campus Fire Safety Month provides a great opportunity to share materials and action steps and foster a culture of awareness and preparedness about fire

safety on our college campuses,” Lorraine Carli, vice president of Outreach and Advocacy for NFPA, said. “The more prepared students are, the more we can reduce fire risk. As students settle into campus housing this fall, we encourage them to review fire safety tips to learn how to prevent fires, check smoke alarms and prepare escape plans, and to share this important information with their friends and peers.”

Learn more about the campaign and find additional resources at www.nfpa.org/campus or on www.campusfiresafety.org/.

Submitted by National Fire Protection Association.

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Library offers afterschool program

FALLBROOK – Fallbrook Library will kick off its Kids Afterschool STEAM program Monday, Sept. 9, at 4 p.m. STEAM is a program to enhance kindergarteners through fifth-graders’ knowledge of science, technology, engineering, art and mathematics.

Every Monday in September, STEAM students will learn and be entertained with a different STEAM activity.

The programs all begin at 4 p.m. and are as follows:

- Sept. 9 – Art instruction with pastel chalk
- Sept. 16 – Avian (bird) behavior international
- Sept. 23 – ‘E’ for Engineering
- Sept. 30 – ‘M’ for Math

The programs are free so all children can enjoy the fun and educational events. For more information call (760) 731-4650. The library is located at 124 S. Mission Road.

Submitted by Friends of the Fallbrook Library.

WINE & DINING

The differences between vegan and vegetarian diets

FALLBROOK – A nutritious diet is an essential element of a healthy lifestyle. Everyone from small children to fully grown adults have their own dietary preferences and the choices people ultimately make can go a long way toward ensuring their long-term health.

Vegan and vegetarian diets are two popular, yet sometimes misunderstood, approaches to eating. In fact, vegan and vegetarian diets are sometimes mistaken as one and the same. However, the Vegetarian Society notes there are some distinctive differences between vegan and vegetarian diets.

Vegan diet

While veganism is often mistaken as simply an approach to diet, it is much more than that. The Vegan Society defines veganism as a way of living that seeks to exclude, as far as is possible and practicable, all forms of exploitation of, and cruelty to, animals for food, clothing or other purposes.

While avoiding animal-based food products is an important component of a vegan lifestyle, committed vegans attempt to avoid all animal products, including clothing, and products that might have been tested on animals.

So, what do vegans eat? The Vegan Society notes that a vegan diet is diverse and includes fruits, vegetables, nuts, grains, seeds, beans and pulses. Thanks to the internet, delicious recipes for vegan dishes, including vegan pizzas and desserts, are never more than a few clicks away.

In fact, vegans and prospective vegans can find a host of recipes on The Vegan Society website at www.vegansociety.com.

Vegetarian diet

The Vegetarian Society defines vegetarians as people who do not eat fish, meat or chicken. It might come as a surprise to some people to learn that vegetarians do not eat fish.

Pescatarians are people who avoid meat and chicken but do eat fish. While pescatarians are similar to vegetarians, a true vegetarian diet does not include fish.

Many vegetarians choose to be so for a variety of reasons. Like



vegans, many vegetarians avoid animal products to prevent the exploitation of animals. Another reason some people follow vegetarian diets is to reduce their impact on the environment.

The Vegetarian Society notes that vegetarian diets result in 2.5 times less carbon emissions than meat diets.

So what do vegetarians eat? A vegetarian diet includes fruits,

vegetables, grains, pulses, nuts, seeds, eggs, dairy products, and honey.

Vegan and vegetarian diets are healthy approaches to eating that are embraced by millions of people across the globe.

Vegetarian-friendly foods high in protein



Vegetarians have several non-meat choices to get their recommended protein allowances.

FALLBROOK – People choose a vegetarian lifestyle for a number of reasons. Some individuals have an aversion to eating meat because they’re concerned about animal welfare, while others find that a low-calorie, vegetarian diet promotes long-term health.

Vegetarianism can certainly

be a healthy option, but those who eschew meat and sometimes eggs often have to find alternative sources of protein to meet dietary needs. According to the Dietary Reference Intakes, the average sedentary man should have 56 grams of protein per day, while an average sedentary woman should

consume 46 grams per day. The amount of protein needed will increase if a person is more active, advises Healthline.

Protein helps a person feel fuller, longer, and it is crucial for all cells in the body. Protein is used to build and maintain bones, muscles, skin and much more. The Academy of Nutrition and Dietetics also states that protein is very important as one ages because aging men and women don’t absorb or metabolize amino acids, which are the building blocks of protein, as well as they did when they were younger.

Those adhering to vegetarian diets will find there are plenty of non-meat protein sources. Meatless protein sources that offer the biggest health bang for one’s buck are “complete proteins,” which have the essential amino acids the body requires.

Some complete proteins include eggs, milk, cheese, soy and quinoa.

Some other great protein sources may not have all of the amino acids, but they can be paired with other foods to get a fuller nutrient package.

Seitan: This is a meat alternative made from wheat gluten.

Lentils: Lentils pack 18 grams of protein per cooked cup.

Beans: Many forms of beans contain a high amount of protein

per serving.

Nutritional yeast: This is a strain of yeast that has a cheesy flavor. It can be sprinkled on foods to add a protein punch.

Ancient grains: Ancient grains include spelt, teff, barley, sorghum, farro and einkorn. These ancient grains are higher in protein than common grains.

Hemp seeds: These seeds come from hemp, which is in the same family as marijuana. However, hemp will not cause a high because it only has trace amounts of the THC compound that produces that

effect. Hemp seeds contain 50% more protein than chia seeds and flax seeds, offers Healthline.

In addition to these foods, peanuts and other legumes, almonds, peas, oatmeal, spirulina, broccoli, Brussels sprouts, and sweet corn also are good protein sources for vegetarians.

Even though it may seem like skipping meat products would leave vegetarians lacking for protein, there really are quite a number of alternative protein sources out there.

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Black Tie Bottaia raises critical funds for Rancho Damacitas



Julie Ngo, the chair of Rancho Damacitas Children and Family Services board, addresses the crowd assembled for the Black Tie Bottaia event at Bottaia Winery Tuesday, Aug. 27.

Jeff Pack
Writer

More than 100 people donned their finest to attend Black Tie Bottaiia, a fundraising dinner to support the efforts of Rancho Damacitas Children and Family Services Tuesday, Aug. 27, hosted by Ponte Winery at Bottaiia Winery in Temecula Wine Country.

"This is absolutely amazing," Cal Winslow, CEO for Rancho Damacitas, said. "It's a lifetime event; it really is. There's a lot of new wineries being built, but to have the experience of trying one out right at the very beginning and

to have a beautiful night like this
— it's a gorgeous setting."

Ponte Winery and Bottaia Winery provided a five-course, wine-paired dinner for every ticketholder that included a butter lettuce salad with Bottaia's 2017 Verdicchino; a diver scallop with black lentils paired with a 2014 Barbera; a cucumber and gooseberry granita for intermezzo; a filet mignon and potato ragu paired with a 2017 Sangiovese and strawberry shortcake paired with a 2017 Toppiano.

The dinner was held on Bottai's Club Terrace as the sun went down.



More than 100 supporters of Rancho Damacitas Children and Family Services attended a five-course Bottaia wine-paired dinner with live music by the Temecula Valley Symphony and the Temecula Valley Players. Jeff Pack photos

“We’re just grateful that (Ponte and Bottai) are generous enough to make this available and help us out because it’s so important,” Winslow said. “That saying, ‘It takes a village.’ Well, it does take a village to do some of the things we’re doing with the young families and the moms over at Rancho Damacitas and we’re just really grateful.”

Julie Ngo, the chair for Rancho Damacitas Children and Family Services board of directors, came up with the idea to create an elevated event that would serve as the ultimate fundraising event for the nonprofit.

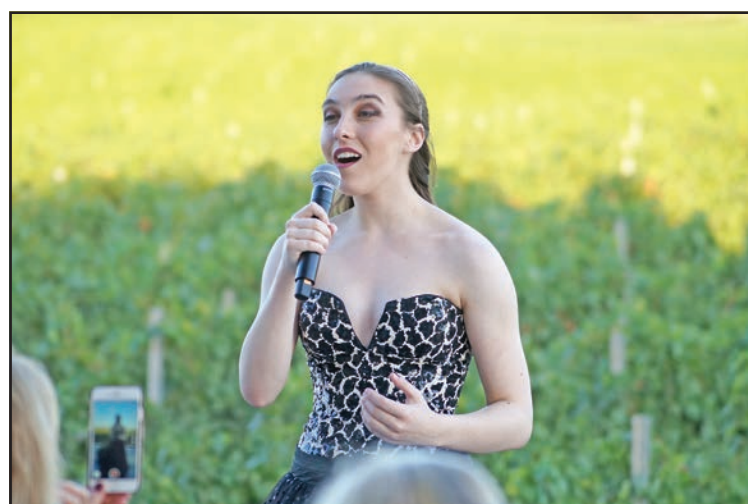
"I wanted to do a different type of fundraiser," Ngo said. "I wanted to up the game a little bit; I wanted to incorporate elements that people never see. The Temecula Valley Players, Temecula Valley Symphony, a beautiful venue and then just ... people."

At that point, she said, she wasn't sure where it was going to be held.

“Bottaia stepped in and said, ‘We’ll take over. We will host the event. We will take care of everything, every dime, every ticket you sell will go back to Rancho Damacitas,” Ngo said.

According to Ngo, Ponte Winery and Bottaiia Winery donated more than \$40,000 in food, wine and services for the event.

“We’ve been involved with Rancho Damacitas for 10 years, we do a couple of events a year, this being our formal event,” Michael Martin, chief operating officer of Ponte, Hawks View and Bottaita wineries, said.



Temecula Valley Players' Ava Sarnowski performs during the Black Tie Bottaja event at Bottaja Winery.



A patron finishes one of the five wines served at the Black Tie Bottai event at Bottai Winery.

“We looked at multiple charities throughout the years. We actually got together as a group years ago and decided the one thing we wanted to do was support local children and the advancement of

children. That's very important to the Ponte family. So, that's why Rancho Damacitas stood out."

During the course of the evening, close to \$100,000 was raised for Rancho Damacitas' Empowerment Village.

“The more we get people to understand the kids and the moms,” Ngo said. “When you build a strong parent, a strong mom, you build strong children. I always say between Empowerment Village with moms and their children and Project Independence with aged-out foster kids, and then you go to Enrichment Fund for current foster kids, and then you go to the New Heights Educational Scholarship ... I mean, it’s a cycle that we’re trying to break. Start at the foundation – get these moms strong, get these kids strong and break the cycle of foster care and abuse and all of these things that they’re facing.

"They don't have a choice in life and we're going to give them a choice," she said.

Ngo thanked Temecula Valley Players and Temecula Valley Symphony for answering her call for help and the community for coming out to support.

"I mean, look at this," Ngo said. "Look at this community. They all came out here to support. The ticket prices weren't cheap, but yet they came out because they know it's going to go to good, a great cause."

For more information about Rancho Damacitas Children and Family Services, visit www.4kidsfirst.org.

Jeff Pack can be reached by email at jpack@reedermedia.com.



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Woodie and the Longboards bring classics to Wine Country



Jack Anderson and his wife Barbara dance to the live music of Woodie and the Longboards during a performance at Churon Winery in Temecula, Aug. 31. Shane Gibson photos

Lexington Howe
Intern

It was a warm night as the sun began to sink behind the low rolling hills and quiet, cool tones resonated off the electric guitars as an all-too-familiar tune began to play.

Known as Woodie and the Longboards, John “Woodie” Keating created the cover band back in 2007, harking back to playing songs from old bands such as The Beatles, Eagles and The Beach Boys, among other popular 50s, 60s and 70s bands.

Keating and bass player Joe Manchego start off a quick riff, progressing into the chorus of an all-time classic, singing, “I wish they all could be California girls,” as he launched into “California Girls” by The Beach Boys in 1965.

Woodie and the Longboards is composed of five members, who



Woodie and the Longboards keyboardist Jude Wright performs with his band mates during a live performance at Churon Winery.

wore red Hawaiian shirts and khaki pants as they played at Churon Winery, Saturday, Aug. 31.

“It feels like we’re on vaca-

tion here,” Andy and Patti Sinay, members with Churon Winery for the past year and a half, said. They have lived in Wildomar since 1991,

but said they enjoy the views that wine country has to offer.

“We had been here many years ago, and we came here to check it out again and liked it because we’ve been to France a number of times and it reminds us of that,” Andy Sinay said. “We like the setting, the view, and so we joined.”

Sheldon and Carol Mazo came out to the winery to see Woodie and The Longboards play from their home in Burbank, as they celebrate their 29th wedding anniversary.

“We came for the music, food, wine and an opportunity to celebrate,” Carol Mazo said.

After sunset, the band sang “California Dreamin’” by The Mamas and The Papas.

Churon Winery provided an outside seating, a catered meal that consisted of chicken, rice, rolls and salad. Guests enjoyed their meal while listening to the band sing “I Get Around,” by The Beach Boys, and soon after, guests began to get up and dance.

“I had been in a previous band, we were a house band from high school and we played for Disney,” Keating said. Eventually he said he left Disney and formed his own band.

“We started doing 70s, but it didn’t work so we started playing

songs from The Beach Boys and haven’t stopped playing since,” he said. “We did 107 shows last year, and by the end of the year we will probably surpass that.”

Each member of the band sings, carefully crafting their harmonies and tone to match that of the original sounds of these beloved bands.

“I am a teacher, I’ve always loved to play, that’s what I do best,” Keating said. “I wish I was as good a teacher as I am a musician,” he said, laughing. “When you’re a musician and you play with other good musicians that is always a highlight.”

Keating has many different types of guitars but said he mainly enjoys playing Fender guitars because they are so versatile.

“We’ve got four sets tonight so we’re going to mix it up quite a bit,” Keating said. “We may ease into it. It all varies on the audience. Like anything, if you are going to be there a while, you want to hear some variety.”

Churon Winery will host rock, blues and country singer JD Priest next, Friday, Sept. 6, at 7 p.m., and more information can be found at <https://innatchuronwinery.com>.

Lexington Howe can be reached by email at valleystaff@reedermedia.com.

Wine Country Events Calendar

FRIDAY, SEPTEMBER 6	
11 a.m. to 5 p.m.	Craft Faire, Maurice Car’rie Winery
1-2:30 p.m.	Behind the Scenes Wine Tour, South Coast Winery
3-5:30 p.m.	Happy Hour, Vineyard Rose, South Coast Winery
5-8 p.m.	Live Music, Son and Reynolds, Cougar Vineyard and Winery
5-9 p.m.	Live Music, Astra Kelly, Masia de la Vinya
5:30-7:30 p.m.	Live Music, Tony Suraci, Callaway Winery
6-9 p.m.	Live Music, Michael Edon, Avensole Winery
6-9 p.m.	Live Music, Walk it Down, Miramonte Winery
6-9 p.m.	Live Music, Lifetime Rocker, Lorimar Winery
6-9 p.m.	Live Music, Guitar Bob, Lorimar Winery in Old Town
6-10 p.m.	Live Music, Daring Greatly, Bel Vino Winery
7-9:30 p.m.	Shakespeare in the Vines, “Comedy of Errors,” Baily Vineyard
SATURDAY, SEPTEMBER 7	
11 a.m. to 5 p.m.	Craft Faire, Maurice Car’rie Winery
Noon to 4 p.m.	Live Music, Gin Piston, Bel Vino Winery
Noon to 4 p.m.	Live Music, Jessica Jones, Masia de la Vinya
1-4 p.m.	Live Music, Michael LeClerc, Avensole Winery
1-5 p.m.	Live Music, Astra Kelly, Fazeli Cellars
3:30-5:30 p.m.	Happy Hour, Vineyard Rose, South Coast Winery
6-9 p.m.	Live Music, Rayford Bros., Miramonte Winery
6-9 p.m.	Live Music, Vince Mendoza, Avensole Winery
6-9 p.m.	Live Music, Bodie, Lorimar Winery
6-9 p.m.	Live Music, Buzz Campbell, Lorimar Winery in Old Town
6:30-10:30 p.m.	Salsa Night, Fazeli Cellars
7-9:30 p.m.	Shakespeare in the Vines, “Comedy of Errors,” Baily Vineyard
SUNDAY, SEPTEMBER 8	
11 a.m. to 2 p.m.	Brunch Specials at Meritage Restaurant, Callaway Winery
11 a.m. to 5 p.m.	Craft Faire, Maurice Car’rie Winery
11:30 a.m. to 2:30 p.m.	Dog Day Sundays, Carol’s Restaurant at Baily Winery
Noon to 4 p.m.	Live Music, Shoot4Tuesday, Bel Vino Winery
Noon to 4 p.m.	Live Music, 45 RPM, Masia de la Vinya
1-4 p.m.	Live Music, Robert Simon, Europa Village
1-4 p.m.	Live Music, Rocky J. Norris, Avensole Winery
1-5 p.m.	Live Music, Eric French, Fazeli Cellars
2-5 p.m.	Live Music, Dylan Keawe, Cougar Vineyard and Winery
3-6 p.m.	Live Music, Roadhouse Brothers, Lorimar Winery in Old Town
3:30-5:30 p.m.	Happy Hour, South Coast Winery
7-9:30 p.m.	Shakespeare in the Vines, “Comedy of Errors,” Baily Vineyard

UPCOMING:
Sept. 12 is Wine and Dogs at Cougar Winery.
Sept. 19 is Laugh Your Glass Off from 6-9 p.m. at Lorimar Winery.
Sept. 22 is Cougar Winery’s Craft Night.

Warrant stays in style

Jim Dail
Special to Valley News

There is no doubt that classic rock is popular, especially when it comes to live shows. Bands from the 70s and 80s continue to sell out shows across the country.

“The songs, all those classic rock songs, have stood the test of time,” Warrant guitarist Erik Turner said. “I think it’s filling a void. We play the kind of style of melodic hard rock, and I can’t name a new band in last 10 years that fits in our genre that fits in a big way.”

Warrant will play at Wiens Family Cellar, 35055 Via Del Ponte, Friday, Sept. 6, at 6 p.m. in Temecula.

The band emerged on the Los Angeles rock scene in the early 80s, signing with Columbia Records in 1988 and releasing their first album, “Dirty Rotten Filthy Stinking Rich,” the following year. The album was a huge success, spawning four hits: “Heaven,” “Sometimes She Cries,” “Down Boys” and “Big Talk.”

“It’s the 30th anniversary of ‘Dirty Rotten,’ so we are doing the first nine out of 10 songs in a row from that record, and then we dig in with some from ‘Dog Eat Dog’ and ‘Cherry Pie’ and one new song,” he said. “The songs take you back, and I think we have a good set list and it’s really a good time.”

Early on, Turner was influenced heavily by such bands as Led Zepelin, Aerosmith and AC/DC.

“If I was sent to a deserted island and could only take three records with me it would be ‘Toys in the Attic,’ ‘Highway to Hell’ and ‘Physical Graffiti,’” he said. “Of course, I go into everything else as well. I wasn’t just a strict metal head, but I got into the British metal scene to, into Judas Priest, Iron Maiden and Saxon.”

But those early influences stay strong.

“Ironically, the last two days at the gym I’ve been listening to (AC/DC’s) ‘High Voltage,’” he said. “AC/DC’s lyrics are just so colorful



Warrant will play at Wiens Family Cellars, 35055 Via Del Ponte, Friday, Sept. 6, at 6 p.m. in Temecula. Courtesy photo

and politically incorrect.”

Of course, being in the business so long, Turner can point to a lot of interesting elements to the whole process.

“Here’s a cool story,” he said. “Jani (Lane) wanted his brother to have a chance to play on a record, so he flew Rick into L.A., and he’s an acoustic player and we needed an intro to ‘Uncle Tom’s Cabin.’ We put him in the booth and his playing sounded great, but then the producer hit the record button and he just tightened up, didn’t feel loose. So our producer just told him to keep warming up, and he hit the record button without telling him, and he laid down a great intro.”

Neil Schon’s classic solo to “Who’s Cryin’ Now” and Slash’s opening riff – and the one played throughout the song – to “Sweet Child ‘O Mine,” share similar stories.

“I was told Slash would do that to warm up, and someone in the band said they needed to use that in a song and it became one of the most iconic riffs,” he said.

He said he never knows where a song will come from.

“There are times when I will pick up my guitar with music in

mind and stuff comes out of nowhere,” he said. “That’s happened a lot. I did have a dream one night that I was at a concert backstage and I started writing something. I woke up and had the riff and laid it down before I forgot it. That turned into ‘Velvet Noose.’ One minute I have no idea what I’m doing, and then the next minute I feel like I am going to create the light bulb.”

Ultimately, it’s about having fun at work.

“You just get to self-indulge and create music and it’s fun to record,” he said. “You get to create something you are proud to play for your friends.”

And there are no limits to where the band can go for inspiration, such as recording the Merle Haggard song, “I Think I’ll Just Stay Here and Drink.”

“That was a request from the PBR, the Professional Bull Riders Association,” he said. “They asked us to do a cover of it. We’ve been

close friends for a long time and it’s a really fun sport, incredible to see in person, and it can be scary. There are people who get killed doing it, just like racecar driving. Well, they think we are a bunch of drinkers so they asked us to do that song.”

For Turner, the band’s success is built around flexibility and fun, but also consistency.

“We have always gone out and toured and kept writing songs,” he said. “There are bands that hung it up, but others didn’t and that’s the key to our longevity. We go out and tour every year wherever we can.”

Tickets for general admission are \$60; VIP tickets are \$99; a VIP table of four is \$395 and a VIP table of 10 is \$950. For more information, call (951) 658-2411 or visit <https://www.wienschellars.com/Reservation-Events>.

Jim Dail is an English professor and longtime freelance writer in the Temecula area covering performances at local wineries, casinos, Old Town Temecula and other venues. His specialty is pop, rock, country and jazz performers, as well as stage performances. His writing can be found at www.temeculaentertainment.com.

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1429 Los Amigos, Fallbrook \$525,000



5511 Alexandrine Ct, Oceanside \$750,000



724 E. Elder Street, Fallbrook \$435,000



2946 Vista del Rio, Fallbrook \$749,000



2635 Kingridge Drive, Fallbrook \$875,000



6683 Morro Heights Road, Oceanside \$1,225,000



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Monet's Water Lily Pond Here in Fallbrook
One of the most well-known properties in Fallbrook is on the market! Enjoy the serenity and beauty of an 80x80 ft private pond in your own front yard. This highly sought after home boasts a truly breath-taking setting with mature trees, lush landscaping, lily pond w/ dock & so much more, all framed with a charming white picket fence. The entire property is just shy of one acre, providing an in ground jacuzzi, gazebo for dining al fresco.
Offered at \$818,000



Custom Built Home Shows Like a Model
Views to the west towards "Sleeping Indian" with a distant view of the ocean. Enter through custom leaded glass double doors to spacious foyer w/travertine tile floors & 10 ft ceilings. Formal living & dining room. Large Family room with fireplace opens to gourmet island kitchen w/custom birch cabinets, pantry, granite counters and travertine floors. And so much more.
Offered at \$749,000

Call **Nancy Schrimpf**
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PENDING!
REMEMBERING THE OLD NEIGHBORHOOD
This home brings back memories located on a quiet tree-lined street with room to play on summer afternoons. Large .43 acre lot perfect for gardening and fruit trees. Comfortable single story 3BD, 2BA home. **\$480,000**

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2019 Transitional Ranch home custom built by Youngren Construction of Fallbrook. This beauty offers quality, 2.13 oak studded acres, views, a 928 s.f. Trex deck, wood tile flooring throughout, 3250 s.f., 3 large BD, 3BA, large laundry/craft rm, ofc/dining or 4th BD w/custom barn doors, Dacor appls, stone fplc, hand hewn beams, horses welcome. Owned solar & so much more.
Offered at \$1,049,000



Gorgeous & spacious single story estate home on 1.73 acres with exquisite views of surrounding mountains and valleys in desirable Winter Haven area. 4BD/2.5BA with 3,562 sq.ft. Parcel may be ideal for a guest house or workshop. Spacious light & bright kitchen. 3 car garage, RV parking.
Offered at \$849,000



Beautiful Poets Square former model home w/many upgrades. Private cul-de-sac location with additional parking. 3BD+ ofc w/separate entrance (possible 4th BD). Upgrades include cork flooring and commercial grade patterned carpet, counter tops, lg sink, wine rack, below counter wine cooler & slide out microwave + range hood. Master closet built ins + oversized closets in BDs. Private back & side yard.
Offered at \$509,000



Welcome to Exclusive Malabar Ranch in Fallbrook's Countryside
Built in 2015, single story living with 2nd story loft for recreational purposes. 4 accordion folding doors open to spectacular panoramic views. Entertain outdoor w/built-in BBQ & firepit. 2 guest rooms w/en-suite bathrooms & walk-in closets. Grand chef's kitchen with Sub-zero fridge & sep freezer. Exquisite upgrades.
Offered at \$1,374,000

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Gird Valley
Located on .94 acres across from the vineyard on Gird Rd. 2BD plus den/office, 2.5BA. This home is very private and surrounded by family fruit & natural trees. Features hardwood floors & tile throughout, tons of storage, extra rooms plus workshop, fplc in living room, roof only 2 years old, Bio air filter a/c, circular drive, 2+ car garage plus a lot of parking. **\$523,900**



Call Tom Van Wie
760.703.6400

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