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Volume 26, Issue 33

Election filing period ends for local races

Deadline extended for FUHSD as three incumbents don't file

Rick Monroe
Special to the Village News

Fallbrook Union High School District board incumbents Lita Tabish, Elana Sterling and Diane Summers didn't file for the Nov. 8 general election, meaning the election period for those campaigns – geographic areas – was extended from Aug. 12 to Aug. 17.

At Monday's newspaper deadline, the county Registrar of Voters was still reviewing paperwork submitted by candidates in many of the local races and the final candidate list is pending. However, there will be no additions, a spokesperson said. Numerous candidates are "in process" "pending" for being qualified for the ballot, but they are not official – but likely will be, the spokesperson explained.

In Area 1 of the FUHSD, Jim Dooley is designated as qualified and Courtney Hilborn as pending. In Area 2, no one has filed. In Area 3, Karen Weisberger has qualified, Jennifer Sexton pending, and Paul Christiansen has taken out papers but not filed. The deadline for each area was extended to Wednesday, again past the newspaper deadline.

In all of the school districts, as well as most of the other districts, there are five board members, each serving four years but on a

see DEADLINES, page A-7

FFP Nutrition to Grow On program brings students to Kendall Farms



Fallbrook Food Pantry board member Young Milton, left, helps a Boys & Girls Club member pick some sunflowers during the pantry's Nutrition to Grow On program field trip to Kendall Farms. See story and more photos on page C-1.

Village News/Courtesy photo

NCPFD extends agreement for basic life support ambulance in Vista

Joe Naiman
Village News Reporter

The agreement in which the North County Fire Protection District stations and staffs a basic life support ambulance in Vista has been extended for another three months.

The three-month extension was approved on a 5-0 NCFPD board vote July 26. The ambulance is based at the Vista Fire Department's Station 6 off of East Vista Way.

"That was an ambulance to help shore up our ambulance boundary drop program," said NCFPD fire chief Keith McReynolds.

"It's an ambulance for the region," McReynolds said. "We put it in Vista because it's centrally located there."

What is known as the "North Zone" has an automatic aid program where the closest available resource is deployed regardless of the city or fire district where the call for service is needed. Vista is among the fire agencies participating in the boundary drop agreement, but the location of Vista causes Vista Fire Department resources to be deployed to other cities or unincorporated communities. The automatic aid calls have left Vista itself without ambulance service, and the City of Vista had considered withdrawing from the ambulance

boundary drop agreement.

(The Vista Fire Department is an agency of the City of Vista. The Vista Fire Protection District, which includes part of southern Bonsall as well as unincorporated Vista, contracts with the City of Vista for fire protection and emergency medical services so the Vista Fire Department is also the primary agency providing service within the Vista Fire Protection District boundaries.)

The North County Fire Protection District fleet includes three NCFPD ambulances based at fire stations and three reserve ambulances. On March 22, the NCFPD board voted 5-0 to station and staff a basic life support ambulance in Vista for a 30-day trial period. The NCFPD ambulance based in Vista is staffed from 9 a.m. to 9 p.m. seven days a week.

"We added an ambulance to the North Zone boundary drop system," McReynolds said.

Because the ambulance in Vista is for basic life support it is staffed by emergency medical technicians rather than paramedics. "It handles the lower-priority calls," McReynolds said. "It kept the Vista ambulances available for the high-priority calls."

The NCFPD ambulances stationed at NCFPD Station 1 (Ivy Street), Station 4 (Pala Mesa) and Station 5 (Bonsall) are all advanced life support ambulances. "We still have our three paramedic ambulances here in Fallbrook," McReynolds said.

The use of single-role emergency medical technicians means that no NCFPD firefighters are based outside of the NCFPD boundaries.

The BLS ambulance at Station 6 has two emergency medical technicians who are NCFPD employees. In addition to providing service to the Vista and NCFPD coverage areas the ambulance has also responded to calls in Oceanside

and Carlsbad.

The ambulance was first placed into service April 11. The period from April 11 through June 11 allowed for two months worth of data to be collected and analyzed. During that time the NCFPD ambulance responded to 354 calls including 166 incidents in which the ambulance transported a patient.

The 30-day trial period was intended to confirm or refute the belief that ambulance billing would recover the NCFPD operational expenses. Over the first two months, the personnel costs were approximately \$29,000 while other operating expenses such as fuel and supplies totaled approximately \$10,000. Based on information from the NCFPD third-party billing administrator, the ambulance transport revenue for that period was approximately \$48,000.

"We're keeping all the revenue from it," McReynolds said.

Time to go back to school




Zion, age 8 and Isreal, age 7, on their first day of school, are excited to start second and third grade in Fallbrook, Aug. 15.

Village News/Andrew Reeder photo

USPS Residential Customer

VILLAGE NEWS



8 0 4 8 7 9 1 9 6 4 8 8

SECTIONS

Announcements.....	A-2
Business.....	C-7
Business Directory.....	D-2
Calendar.....	A-2
Classifieds.....	D-5
Dining.....	None
Education.....	C-8
Entertainment.....	B-5
Health & Fitness.....	B-2
Home & Garden.....	C-2
Legals.....	D-6
National.....	D-3
Obituaries.....	B-7
Opinion.....	A-4
Regional.....	D-5
Real Estate.....	C-2
Sheriffs Log.....	None
Sports.....	B-4

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Ken’s Corner

DECISIONS
I was reminded today of all the criteria we think about when we have decisions to make. How will I benefit? Am I supporting my community? What will the effect be on my family? What do other people choose in that situation? How convenient will my decision be? How quick will I see results?
When all the data is considered, when deciding to market and SELL your home, we would like the opportunity to discuss our marketing plan and results with you. The recorded data does support this declaration: WE NET YOU MORE MONEY IN A SHORTER PERIOD OF TIME!
AT YOUR SERVICE! – Ken

Sharon’s Corner

Fallbrook real estate is still active!
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Let’s Talk! – Sharon

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SOLD



1923 Riviera Dr, Vista
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SOLD FOR \$112,253 OVER LIST PRICE!



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OPINION

The deadline for Letters to the Editor is Monday, 9 a.m.; acceptance is based on space availability. Email to villageeditor@reedermedia.com.

A nightmare for a community



Supervisor Jim Desmond
5th District

“A mother’s worst nightmare,” these were the words from Terrie Kellmeyer, Borrego Springs resident ahead of the trial

placement for Sexually Violent Predator Douglas Badger. On Friday, Aug. 5, I spent the morning with Terrie and her daughter Poppy, doing the media rounds about the potential ramifications of having a Sexually Violent Predator live in their neighborhood. For Terrie, it hits even closer to home. Terrie is the mother of three, including two children who are deaf. She lives right across the street from the house where Douglas Badger could be placed. Their entire world has been turned upside down the last month, by the placement of one Sexually Violent Predator and the potential for another. The proposed placement of Douglas Badger is in a community with 19 families including four kids that are special needs.

It’s not right for the State and Liberty Healthcare to hold these trials during these summer months when most of Borrego Springs is out of town. As I mentioned on the news, once Borrego Springs is filled with Sexually Violent Predators, they’re going to continue to look for other communities in San Diego County. We must keep fighting these proposed placements and I’m going to work with our State legislatures to see if there’s something we can do to house these SVP’s on State prison grounds. These people should not be allowed to terrorize any more people. I am hopeful the judge will also see this and now allow Douglas Badger in any community in San Diego County. I will keep you updated.

Supporting veterans



Assemblymember Marie Waldron
District 75

Our veterans have never failed us, but sometimes we fail them. Adrian Darren Bonar, a U.S. Army Veteran, is a tragic example. After serving three tours of duty in Iraq, he returned home to North County

suffering from PTSD. But due to poor consistency of local treatment services, turning to drugs, he was ultimately murdered. Sadly, his case is not that unusual. VFW statistics from 2019 indicate that the Veteran’s Administration system is tracking more than 64,000 veterans with opioid disorders, and this number has more than doubled since 2002. Wait times for mental health services are delaying badly needed care. In San Diego, one VA clinic stopped accepting new patients, and others have reported wait times of over 25 days. That’s why I introduced Assembly Joint Resolution 17 (AJR 17). AJR 17 highlights the problems involving mental health and drug abuse suffered by veterans and how they can be curtailed with better resources and proper treatment. AJR 17 calls upon the Biden

administration, Congress and the Department of Veterans Affairs to take swift action to alleviate the mental health and substance abuse scourges now plaguing those who have served our county. Making more resources available will take time, but many veterans need help now. The VA has just established a 24/7 crisis line phone number for veterans – Dial 988 and press 1. The hotline connects veterans with caring, qualified responders who can provide immediate support. There are also many resources available at the state level. CalVET offers benefits and services for veterans and their families ranging from business opportunities, home loans, healthcare and many others. To reach CalVET, go to <https://www.calvet.ca.gov/>. When our veterans, like Adrian Bonar, return home, we must step up to protect them.

GOP alternative facts [Maynard and Stagg letters, Village News, 8/11/22]

And now we see Mr. Maynard doing what he does best: denigrating the Democratic Party and its constituents. As I have noted, he never speaks of the great things the Republican Party has done, only of what great ideals it has. And he never has to cite any sources, since he’s only presenting his opinion, which of course, he is welcome to do. I will not speak ill of the Republican Party’s constituents. I want only to say they have been sorely misled, but otherwise ignored, by their leaders. The recent abortion referendum in Kansas confirms that. The Republican leadership has been relentless in pursuing total abortion bans. Kansas is a decidedly red state, yet its voters voted 58 to 42 to retain abortion rights. The Democratic Party and

constituents very much want to retain our democracy, where every adult citizen has the right, and obligation, to vote. We came that close to losing that right just seven months ago, on Jan. 6. Then-president Trump led an abortive bloodless coup in an attempt to overthrow our government and our democracy and reign as ruler for life. If he had been supported by the army or other armed force, you wouldn’t be reading this letter. Mr. Stagg asks: “did you know that people are 4x more likely to be killed from a knife than they are from a gun?” No, we don’t know that, because it is not true. However, it might be interesting to note that there were four times more homicides by knife than by rifle. Still, homicide by firearm is more prevalent by far, with 12,892 victims in the United States in

2020. For citation, search on “Statista Number of murder victims in the United States in 2020, by weapon used.” He also states: “The mainstream media wants to hide the fact that armed, American citizens stop over 2 million crimes yearly.” There’s no national agency that collects data on this topic, so this is merely an opinion. For citation, search on: “npr How Often Do People Use Guns In Self-Defense?” Here’s a statistic he didn’t mention: In 2020, firearm related injuries became the leading cause of death for U.S. children and teens. For citation, search on “US News Guns Are Top Cause of Death for Kids in 2020.”

John H. Terrell

CDC updates COVID-19 recommendations during busy news cycle

Julie Reeder
Publisher

This week, in the middle of much controversial news, the U.S. Senate passed the Inflation Reduction Act, which was reportedly called that for marketing purposes and is now being called a climate bill by many news outlets. Then there was the historic raid on Mar-a-Lago, former President Donald Trump’s Florida home. Trump, it should be noted, is likely a political opponent for President Biden in 2024. There will continue to be controversy over that raid until there is more transparency from beginning to end, especially in light of how the DNC and the security agencies wrongly went after Trump and misused even the Foreign Intelligence Surveillance court. It appears as though Durham’s investigation of the security agencies involve some of the same characters that are again involved in the raid of Mir-a-Lago. Also in the news, former FBI lawyer Kevin Clinesmith who pleaded guilty to falsifying a document that the FBI used to obtain a FISA warrant on former Trump campaign adviser Carter Page was just granted his law license again. A slap on the wrist for blatantly committing fraud in collusion to initiate an investigation of the President of the United States. This fraud action was one of many that helped fuel the divide in the country, cost over \$32 billion, and further eroded the trust the American people have in our government and our security agencies. The political climate is getting worse as the leadership in the FBI and political leaders get even more desperate to find something on former President Trump and keep him from running in 2024. What I personally found very important this week, also getting very little coverage in light of all the other news, was the updated guidance last week from the Centers for Disease Control and Prevention and COVID-19 quarantine recommendations and guidelines.

The CDC issued updated guidance stating, in part, that risk for illness from COVID-19 “is considerably reduced by immunity derived from vaccination, previous infection, or both” and that “persons who have had COVID-19 but are not vaccinated have some degree of protection against severe illness from their previous infection.” The CDC funded one study indicating the protection is higher than that from the COVID-19 vaccines and there have been studies from other countries as well that have shown vaccination is effective, but protection drops significantly in the three months after the shot, whereas people who have natural immunity have it for years. The CDC is still pushing “vaccines” as the most effective defense against COVID-19 in spite of the studies worldwide showing you need a booster every three months for it to be effective and the fact there have been millions of adverse effects and 30,000 deaths from the vaccines and boosters alone. Entities who have held on to their COVID-19 mandates will need to pay attention to CDC guidance or face lawsuits, according to Mark Chenoweth, president and general counsel at the New Civil Liberties Alliance. He said in a recent press release that lawsuits are coming for entities that don’t change COVID-19 mandates after the CDC update. The issue is that these entities who have won lawsuits against their employees have previously used the CDC guidance as the basis of their legal position. Now as the CDC rolls back their quarantine recommendations for people, regardless of vaccination status, citing the high amount of immunity in the U.S. population from vaccination, prior infection, or both, businesses, schools and other entities will need to change their policies as well. I’m sure there will be more on this to come, but it just seemed like it was relegated to the back of the room while higher profile news was dictating the news cycle. It’s a little late, but I’m glad they are finally following the science.

Re: Re: ‘America’s Border Wall Part Three’ [Terrell letter 8/04/22]

Filling in America’s border wall gaps We are still anxiously waiting to hear from “JT” why Democrats are so eager to facilitate this unprecedented carnage unfolding at our southern border. Nor have we learned from him why it is okay for these foreign trespassers to breach our borders and break our immigration laws. Or, for that matter, why are Democrats impervious to the rights and lives of their fellow Americans, especially those who have been victimized by undocumented aliens? Perhaps he can also explain why he misrepresented my letter “Remembering Kate,” as I neither stated nor implied illegal aliens killed 30,000 Americans annually. I simply wrote the facts without embellishment or exaggeration, unlike Democrats, who have a propensity for telling lies or omitting pertinent facts whenever it serves their interests. Here are the facts, illegal aliens kill, on average more than 2,000 Americans annually. So, how many Americans must die from illegal migrants before the Democrat party finally secures our southern border? Predictably “JT” omitted facts that call into question the Zarate jury’s verdict in the murder of Kate Steinle. When San Francisco PD first questioned Zarate, he claimed he was aiming the gun at a sea lion. His statement then morphed into the ricochet theory, which the jury ultimately believed. But a forensic investigator for the prosecutor testified that Zarate had to point the weapon in Kate’s direction for the bullet to travel in the path it did. Incidentally, after firing the weapon, Zarate tossed the gun in the bay and fled the scene. Not exactly the behavior of an innocent person whose defense attorney argued Kate’s death was just an unfortunate accident. “JT” also surmised that justice

was served since the jury acquitted Zarate. Au contraire, mon ami. There is little doubt that a San Francisco jury would ever convict one of their own, especially for a gun-related crime. Zarate’s jury had little appetite to convict him of murder; after all, in the corners of their twisted minds, Zarate’s gun went off by itself. For the simpletons that populate the Democrat Party, and there are too many to count, a handgun does not go off by itself; it only fires when the safety is off and someone pulls the trigger. Got it? In keeping with San Franciscan values, if they do indeed exist, I suspect if Zarate had killed the sea lion instead of Kate, he would still be making license plates in jail. By the way, did you know the Biden Administration is quietly completing portions of “America’s Border Wall” in Arizona? There are some closely contested congressional races in the offering and a Senate seat that is up for grabs in November. But I’m sure the upcoming election has nothing to do with the Biden Administration’s sudden reversal in immigration policy and its urgency to complete the gaps in the unfinished areas of the border wall in Arizona. As White House Press Secretary Karina Jean Pierre so eloquently pontificated, we’re just cleaning up the mess left by the previous administration. You’ve got to love the audacity of these Democrats. Speaking of audacity, we have come to accept JT’s rancorous tirades, his lack of impartiality, and his futile attempts to defend the indefensible exploits of his party. For my tastes, I hope he will return to the good ole days when he treated us with his dissertation on the idiosyncrasies of water flossers, a riveting subject that dental hygienists across America are still drooling over.

Dave Maynard

ARISE & Shine

“The Kingdom of Heaven”

Have you not known?

“Have you not heard?
The everlasting God, the Lord,
The Creator of the ends of the earth,
Neither faints nor is weary.
His understanding is unsearchable.
He gives power to the weak,
And to those who have no might He increases strength.
Even the youths shall faint and be weary,
And the young men shall utterly fall,
But those who wait on the Lord
Shall renew their strength;
They shall mount up with wings like eagles,
They shall run and not be weary,
They shall walk and not faint.”

Isaiah 40:28-31

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High school district in lottery for free electric buses

Rick Monroe
Special to the Village News

Superintendent Ilsa Garza-Gonzalez has initiated paperwork to enter a lottery for seven free electric buses — 25% of its fleet — for the Fallbrook Union High School District. Trustees heard a report at the Aug. 8 board meeting from Kevin Mathews of First Student Transportation Services, a company contracted by the district to coordinate services.

Mathews explained that the EPA has received \$500 million in federal funding this year for “electrification” of school bus fleets. Thousands of districts across the U.S. are interested in getting the free replacement buses

and a lottery will determine which districts will receive the awards, Mathews explained.

The rebate program opened on May 20, Mathews said, and the deadline for applicants is Aug. 19. EPA will review applicants in September and applicants will be notified in October. Garza-Gonzalez turned in the paperwork through First Student and the board will receive more information if it is one of the lottery winners.

Fallbrook is among 7,600 districts that meet the qualifications of being in a high need school district of low-income areas (20% or more students living in poverty), as well as being a rural school district and tribal school district.

Based on the district’s fleet

of 29 buses it would be eligible to be awarded six Type A buses (\$285,000 each) and one Type D bus (\$375,000).

Mathews said First Student would also work with the district in options for EV-charging infrastructure with SDG&E on its “make ready” programs. He added that the goal is to replace buses older than 2011 models.

He said \$5 billion has been

dedicated to the EPA for zero-emission and clean school buses through 2026. That includes the \$500 million for 2022. There have been 91 electric buses deployed and \$10 million in grants awarded to date.

Mathews noted that advantages of electric buses are not only savings on fuel and maintenance, but that they also reduce noise pollution protect the environment.

He said one electric bus reduces health costs by \$150,000 per year.

Mathews said First Student represents 1,100 school districts and has 42,500 vehicles in 460 operating locations in 37 states and 7 Canadian provinces. The company accounts for 5 million student journeys a day and is the world’s largest school transportation provider.

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WORKSHOP: UNDERSTANDING YOUR BLOOD SUGAR LEVELS
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Sept. 3, 10, 17, 24 & Oct. 1, 8, 15





ST. PETER THRIFT STORE

St. Peter Thrift Store is an active Ministry of St. Peter The Apostle Catholic Parish. Since the year 2000, our organization has provided financial assistance to families and individuals in the communities of Fallbrook, Bonsall and Rainbow.

Our Community Assistance Program (CAPS) is funded through the sales handled at the thrift store, by volunteers. Volunteers are always welcomed and needed. The countless hours the volunteers have spent provides the opportunities to assist individuals in their time of need regardless of race, nationality or social status.

SPTS is a monthly contributor to our Fallbrook Food Pantry. We are supportive of other local agencies when occasions arise.

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Open 10am-2pm – Closed Fridays & Sundays
Contact us at 760-728-7012 for donation pickups of furniture

Residents can vote for Wings of Change in cash grant program

FALLBROOK – Wings of Change, a nonprofit based in Fallbrook, has been nominated for the Harrah’s Resort SoCal All-in 4 Change cash grant program. Harrah’s Resort Southern California is celebrating the seventh year of its unique “All-in 4 Change” cash grant program by giving lucky local nonprofits a chance to earn a share of \$150,000. Voting for the 2022 program opened Aug. 15 and ends Aug. 29.

Wings of Change is committed to educating the community on the importance of incorporating native plant species in order to fulfill its main mission of providing critical habitat for butterflies, moths, and pollinators. They are re-introducing now endangered native plant species such as White Sage and Willowy Mint, providing the biodiversity needed to support butterflies as well as other native species. It helps to provide a balanced landscape, which improves drought- resistance, and fire-safety.



Butterflies start off a whole chain reaction to life; Village News/Canva photo as pollinators, they not only provide beauty but are also an important food source for other species, acting as a keystone species in a thriving ecosystem.

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SHOWTIMES FOR FRIDAY 8/19 - THURS 8/25

BEAST R			
Fri-Sun, Tues	2:45pm	5:15pm	7:45pm
Mon, Wed, Thurs	5:15pm	7:45pm	
DRAGON BALL SUPER SUPER HERO (DUBBED) PG13			
Fri-Sun, Tues	2:00pm	7:30pm	
Mon, Wed, Thurs	7:30pm		
DRAGON BALL SUPER SUPER HERO (SUBTITLED) PG13			
Fri-Thurs	4:45pm		
MACK AND RITA PG13			
Fri-Sun, Tues	1:30pm	4:30pm	
Mon, Wed, Thurs	4:30pm		
EASTER SUNDAY PG13			
Fri-Thurs	7:25pm		
BULLET TRAIN R			
Fri-Sun, Tues	1:15pm	4:15pm	7:15pm
Mon, Wed, Thurs	4:15pm	7:15pm	
DC LEAGUE OF SUPER-PETS PG			
Fri-Sun, Tues	1:45pm	4:25pm	7:05pm
Mon, Wed, Thurs	4:25pm	7:05pm	
TOP GUN: MAVERICK PG13			
Fri-Sun, Tues	1:00pm	4:00pm	7:00pm
Mon, Wed, Thurs	4:00pm	7:00pm	

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Not only do these native plants require less water, but also attract and provide critical habitats for all our native species. Butterflies and moths serve as important keystone species in the ecosystem, next in importance after honeybees. They are an important food source for various other species including birds, frogs, and toads among other animals.

Director Stephanie Holbrook said, “Together, we can be the Wings of Change. Please consider supporting our nonprofit to learn, grow and change together by voting for us.” Votes are tabulated to count for 50% of the overall scores to win an “All-in 4 Change” grant. The remaining 50% of the score is determined by a committee at Harrah’s Resort SoCal, who will judge based on predetermined criteria including

how significantly the projects are impacting their community, their long-term objectives. and how those align with their future goals.

To learn more and vote online, go to <https://harrahssocal.com/vote> from Aug. 15- 29. Repeat votes are encouraged.

Wings of Change would like to procure the grant to continue its ongoing free Butterfly of the Month event that is published online and in person. It introduces a new butterfly each month and teaches people how to create a habitat by introducing the host plant(s) that butterfly species depend upon for their survival, along with education on how to sustain it in their yard. It also talks about invasive weeds each month and discusses why each plant is detrimental to the environment and how to eradicate it.

Create a Yard That Loves Fallbrook as Much as You Do.

“After living for a while in Fallbrook, I realized the green grassy landscape would have to be replaced to conserve water...getting an irrigation checkup and participating in the Water Authority’s classes and resources are the gifts that keep on giving.”

- Fallbrook resident Adriana Monteiro

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BEFORE



AFTER



DEADLINES

from page A-1

different cycle. Trustees elected in 2020 will serve through 2024. Most districts converted from at-large elections to geographic voting areas after the 2018 election, so most “incumbents” were elected at-large.

All three incumbents in the Fallbrook Union Elementary School District have qualified for the ballot for re-election. In Area 1, Caron Lieber is being challenged by Diane Sebal (pending). In Area 4, incumbent Susan Liebes will be on the ballot with Krystal Lee and Stacey McRae. In Area 5, JoAnn Lopez is challenged by Mary McBride (pending).

In the Bonsall Unified School District, two of the three incumbents up for election are running again. In Area A, incumbent Lou Riddle has not taken out papers and there is only one challenger, Pascal Lapoirie. However, that area’s filing period was extended to Aug. 15, past the newspaper deadline, because the incumbent didn’t take out papers. In Area B, incumbent Michael Gaddis has filed but his status is pending. His opponent is Richard Bruck. In Area D, incumbent Roger Merchat has qualified and there are two challengers, Beth Klopfenstein and Mark Jones.

The deadline for the short-term Area 1 of the Vallecitos School District was extended since incumbent Heather Reinhardt and no challenger took out papers. In Area 3, incumbent Martin Kurland alone qualified for the ballot, and likewise in Area 5 with appointed incumbent Melissa Cox alone on the ballot.

Norma Miyamoto of Fallbrook is seeking re-election to the Palomar College Board of Trustees representing Area 5. Her qualification is pending, as is that of challenger Jacqueline Kaiser.

The candidate filing process also concluded Friday in other local special districts including fire, health care, water, community planning, etc.

For the Fallbrook Community Planning Group, there are seven seats up for election with 15 potential candidates. Qualified for the ballot are incumbents Steve Brown, Jeniene Domercq and Mark Mervich. Also qualified are challengers Krystal Lee and Peter Wilson. Incumbent Eileen Delaney, group chairperson, is on the pending list, along with Lisa Lynn Geffeney, Kelly Hansen, Keri Ann Hoyer, Michele McCaffery, J.J. Neese, Tauna Rodarte, Scott Spencer, Victoria Stover, and Debbie Williams. Tara Enyeart took out papers, but they were not filed. This race is decided by voters at-large.

The Rainbow Community Planning Group, also elected at-large, has seven candidates seeing five positions. The qualified list includes incumbents Douglas Gastelum, Martin Kurland and Frederick Rasp, as well as appointed incumbents Lynne Malinowski and Michele Sheehan. There are two challengers listed as pending: Erin Maturo and Guy Maturo.

Each of the three seats on the Fallbrook Regional Health District will have an incumbent (one appointed) facing a single challenger. In Zone 1, incumbent Jennifer Jeffries is challenged by Sydney Lay (pending). In Zone 3, appointed incumbent William Leach faces Margie Mosavi. In Zone 5, director Howard Salmon is opposed by Terry Brown.

In the Fallbrook Public Utility District, incumbents Kenneth Ender in Division 2 and Charley Wolk in Division 5 are seeking another term and there are currently no challengers.

There are also contested races for two seats on the North County Fire District board. Appointed director Ross Pike’s qualification is pending in Division 1 and Chris Shaw has qualified in Division 2.

In the Rainbow Municipal Water District, there are two races: In Division 3, appointed director Miguel Gasca is challenged by Greg Irvine. In Division 4, appointed incumbent Bill Stewart is challenged by Patricia Townsend-Smith (both pending qualification).

In the San Luis Rey Municipal Water District, incumbents William Pankey and Thomas Veysey are both unopposed in Divisions 1 and 3, respectively. No one has taken out papers for Division 4 (short term) or Division 5 at the Aug. 12 deadline, so it was extended to Aug. 17 (past deadline).

In the District 5 Board of Supervisors race, Jim Desmond is being opposed by Tiffany Boyd-Hodgson.

For updated information, go to <https://www.sdvote.com> and search for the Candidate List.

National Night Out recognizes heroes

Sen. Brian Jones
District 38

My office was honored to attend several National Night Out events across Senate District 38. National Night Out is an annual campaign that enhances the relationship between the community and law enforcement. Our law enforcement officers are our heroes, and far too often we overlook the many sacrifices they make to keep us safe.

Importantly, these events throughout the county provide fantastic opportunities to bring law enforcement and neighbors together with positive activities such as food, games, music, public safety displays, and much more. The San Diego Police and San Diego County Sheriff partner with several local organizations to create safe and engaging community events.

My staff and I were honored to present Senate Certificates of Recognition to community volunteers and law enforcement officials in Alpine, Santee, Lakeside, Fallbrook and North County for all the work they do to make our communities safer.

National Night Out events have been hosted by law enforcement agencies across the nation for



The Sheriff’s Department poses for a photo at a National Night Out event, Aug. 2.

about four decades. Every year, this event serves as a reminder about the importance of fostering strong relationships with those that keep our community safe.

As a State Senator, I often work with law enforcement groups on a variety of issues from legislation to constituent services. I am looking forward to another great year

of building strong partnerships and neighborhood camaraderie between law enforcement and San Diegans!

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35828 SHETLAND HILLS EAST, FALLBROOK

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Beautiful little 4BD, 2BA home with big floorplan. Home features include 2 car garage, concrete tile roof, central AC, skylight, fireplace in living room, fresh paint and vaulted ceilings on large pool size lot. White on white kitchen with eat in bar, newer appliances and vaulted ceiling. Plush carpet throughout with tile floors in entry, baths, laundry and kitchen. Well maintained home with pride of ownership in manicured neighborhood. Close to schools, shopping, and restaurants. FHA, VA, Conventional financing or cash. No HOA or Mello-Roos.

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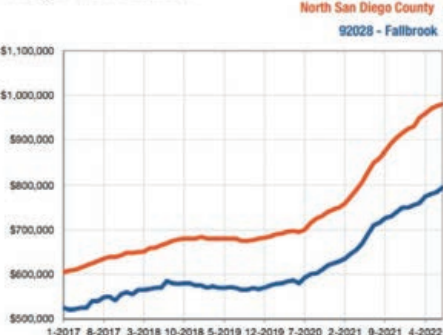
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Median Sales Price – Detached Single-Family

Rolling 12-Month Calculation



FALLBROOK MARKET SUMMARY

 Lowest Mortgage Delinquency Rate OF ALL TIME (Since Tracking)	 Median Home Price \$880,000 July 2022 +14.6% since July 2021	 Average Home Price \$917,667 July 2022 +1.3% since July 2021
 New Listings 969 -13.3% since July 2021	 Pending Sales 794 -19.9% since July 2021	 Average Days on Market 18 Days -28% since July 2021

Stats used from North San Diego County Realtors HomeDex Market Statistics

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– Jenny and Ron G., Lakeside

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– Tyson and Candice S., Escondido

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After being in the Marine Corps for 25 years and moving every three to four years, you really begin to appreciate having a safe and loving place to call home. Being able to give that same feeling to someone else is my passion. I just love helping my clients find a house and make it a home. I really understand that every client has a unique situation which requires flexibility, active listening, patience, and a vast amount of current residential real estate knowledge. I'm passionate about giving back to my community, whether it be through volunteering with local non-profits or helping people find a place to call their own. Because of all the effort and dedication that my team and I put into each client, we have really built our business based on referrals from past clients and the relationships we build. It's a blessing to be able to do what I do each day. You can trust your Real Estate investment to Murphy & Murphy! We have a proven track record of maximizing the equity in our client's homes. More and more, Fallbrook is benefiting from the California migration. A record number of people are moving out of California. Buyers who need to remain in California for business are moving from congested cities to communities like Fallbrook for a spacious country lifestyle. Local knowledge and experience have never been more important. Now more than ever, the unique Murphy & Murphy marketing and concierge service is our strength. Our personal attention to your specific needs gives you peace of mind. Our many years of experience can achieve results for you at the highest possible sale price. Murphy & Murphy care about property values and have been community minded Realtors in the N. San Diego County since 1997. In times like these you need specific marketplace knowledge and experience representing you. We also have trusted brokerage relationships across the nation to help you secure your next home. Give us a call for all of your real estate needs.

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Summer event offers fun and games, besides a movie



Layla Landers of Fallbrook loves blowing bubbles and brought them to the showing of “Encanto” at the Fallbrook Community Center, Aug. 12.



Brayden Bender, left, and Alexis Fieri enjoy pizza on the lawn before the Summer Movie in the Park hosted by the San Diego County Parks & Recreation Department.



Movie goers could dress up and take a picture at the Photo Stand, including Emilena Ibanez, left, and Stella Hernandez.



Families play with a Rainbow Parachute at the Fallbrook Community Center.



Before the movie in the park, Nancy Goss, Village News/David Landry photos her daughter Zoe, husband Jimmy Goss, and their son Theodore watch other kids playing with big rainbow parachute.



Kids play with Giant Janga blocks, from left, Fatima Nieto, Edvarado Nieto, and Mynor, supervised by park staff member Celeste Angeles, all from Fallbrook.



Natalie Santillan colors a picture, one of the many activities for children provided by the county at the Summer Movie event. Popcorn and snow cones were available.



Recreation program director Nancy Santillan gives instructions to Juanita Lopez, a Fallbrook High School volunteer, at the Summer Movies at the Park event.

HEALTH

Migraine still widely under-diagnosed, expert says

Part 2 of a 2-part series

Shelby Ramsey
Special to the Village News

A very painful and disabling condition, migraine affects all genders and ages. Since it is recognized as a widespread ailment by medical experts, why is it so tremendously under-diagnosed? “Of people with migraine in population studies, only about half of the people with migraine have ever been told by a healthcare professional that they have migraine,” said Dr. Richard Lipton. Lipton is an international expert in headache medicine and seven-time winner of excellence in headache research. He serves with distinction in numerous roles at the Albert Einstein College of Medicine.

There are certain factors that contribute to the under-diagnosing of migraine. Unfortunately, the first one relates to seeking medical advice. “I think our biggest diagnostic challenge is either because people aren’t going to the doctor at all or because they’re seeking treatment in primary care settings and the diagnosis is simply not made,” Lipton said. He noted that many people treat themselves with over-the-counter medications very successfully. “Whether you know you have migraine or not, if you’re taking Excedrin or ibuprofen and it rapidly relieves your pain, and you’re not taking it too often, I think that’s okay,” Lipton said. The biggest problem, “A lot of people with undiagnosed migraine don’t have effective treatments and they have high levels of unmet needs,” he said. “Migraine is so common and so disabling.” Seeking a proper diagnosis and treatment plan is critical. Lipton said, “We know migraine with aura is a risk factor for stroke.” Migraine with aura is defined by the International Classification of Headache Disorders (third edition), as “Recurrent attacks, lasting minutes, of unilateral fully-reversible visual, sensory or other central nervous system symptoms that usually develop gradually and are usually followed by headache and associated migraine symptoms.” Aura symptoms can include visual, sensory, motor, retinal, speech, and more. “Preventive medications reduce the frequency of migraine attacks, including attacks of migraine with

aura,” said Lipton, who speculates that “effectively managing migraine with aura and reducing the attack frequency could reduce the risk of stroke and the risk of cognitive decline” in one’s lifespan. While migraine is three times more common in women than men, Lipton said cluster headache “is more common in men than in women.” Headache medicine involves many conditions and is indeed a complex practice area. If migraine is ineffectively diagnosed, one can only imagine how they would find out they have a different, but significant other disorder.

Given the expansive research Lipton has been involved in, along with his solid clinical experience, there are certain conditions that he feels are even more under-diagnosed and under-represented in headache medicine. “My favorite condition to diagnose is a condition called Hemicrania Continua,” he said. This condition presents as “continuous one-sided headaches that wax and wane in severity.” “During severe exacerbations, people often get drooping of the eyelid, or redness or tearing of the eye, or nasal stuffiness,” Lipton said. In addition “to the cluster-like features, [patients] can also have nausea and sensitivity to light and sound.” Lipton explained that Hemicrania Continua “is sometimes misdiagnosed as migraine; or if the doctor only focuses on the severe exacerbations with drooping of the eyelid or tearing, that condition is sometimes misdiagnosed as cluster headache.” His passion for diagnosing Hemicrania Continua is based on the positive outcome and improvement in health for the patient, as the condition “responds quite brilliantly to Indomethacin and nothing else.”

Having a neurologist identify the cause of something so debilitating like Hemicrania Continua, and be able to quickly remedy/control it, would be life changing. With headache medicine having such broad scope, “Most often [Hemicrania Continua] is mistaken for chronic migraine,” Lipton said. This condition, while less known, is notably prevalent as, “In adults of everyone who presents with a primary headache disorder with 15 or more headache days a month, it’s about 15% of those patients.”



The cluster headache is more common in men than in women. Village News/Courtesy photo

An example of a significant condition of which awareness appears to be minimal, Lipton said, “It’s not rare.” In his practice, if Lipton thinks a patient has “Hemicrania Continua and they have spent years with a migraine or cluster diagnosis, I can give them a two-week trial of Indomethacin and either change their life, which is so wonderful, or find out I’m wrong and move on to try something else” to improve their health. He said he commonly sees patients “with really difficult-to-treat chronic migraine,” and what is satisfying for him is “making the [proper] diagnosis.” Another set of conditions in headache medicine Lipton is passionate about are under the family of trigeminal autonomic cephalalgias and called “Paroxysmal hemicrania: Episodic and Paroxysmal hemicrania.” He informed that these disorders “are more common in women than men, and the headaches are much shorter than cluster headaches.” They commonly range from five to 20 minutes in duration, and on occasion, 30 minutes or longer. In his practice he said, “If I see a woman with a cluster headache, I always ask myself could this be Paroxysmal hemicrania?” “The pain is agonizing and those disorders don’t respond to cluster therapy, but [like Hemicrania Continua] respond to Indomethacin,” he noted. Lipton’s experiences with

patients have included various scenarios. “Often times before I’ve seen [a patient], they’ve seen very good [doctors] who have tried really appropriate medicines and then I have to work very hard to be helpful, which of course I’m very happy to do, but it’s so much fun to diagnose diagnostic errors and then be pretty confident that I’m going to make a big difference without putting them through multiple therapeutic trials and without struggling myself to find the combination that works for the patient in front of me.” When looking at medical conditions, we must recognize the prevalence of migraine in our society. According to The American Headache Society: One in four homes are impacted by migraine.* On a global level, one billion individuals suffer from migraine, and one in 11 children experience migraine.* Now understanding how far behind the primary care sector can be in assigning a migraine diagnosis, do we assume those statistics only represent half of the cases out there? While statistics are calculated with the best data available at the time, we are learning that this highly painful, debilitating condition is more prevalent than we would have ever guessed. To find a top-notch specialist like Lipton is unique. He is not only eager to solve complicated headache conditions but is also

actively engaged in research studies focusing on cognitive function. He is the principal investigator of the Einstein Aging Study, through which significant findings have been made as to the relationship between chronic pain, stress, illness and early decline in cognitive function. For those who know someone that suffers from recurring headaches, please share this information and encourage them to seek answers. Dr. Richard Lipton is the Edwin S. Lowe Professor and Vice Chair of Neurology, Professor of Epidemiology and Population Health, and Professor of Psychiatry and Behavioral Science at the Albert Einstein College of Medicine. He is a highly-respected headache researcher who focuses on migraine and a five-time winner of the H.G. Wolff Award for excellence in headache research from the American Headache Society and a two-time winner of the Enrico Greppi Award from the European Headache Foundation. Dr. Lipton is the Chair of the Scientific Advisory Board at Biohaven Pharmaceuticals and a past president of the American Headache Society. *https://americanheadachesociety.org/wp-content/uploads/2019/03/GENERALMIGRIANE_11x14.pdf Shelby Ramsey is the author of the blog, thehonestmigraine.com, which also features interviews with patients and medical experts.

Delta Dental Community Care Foundation provides funding to VCC’s dental and optometry program

VISTA – The dental and optometry needs of over 700 local diabetic patients have been met through the Vista Community Clinic and Delta Dental Foundation partnership. The Delta Dental Community Care Foundation partners with local communities to increase access to care, support

dental education, fund research that advances the oral health field, and respond to disasters or other community needs as they arise. In 2021, VCC’s dental and optometry program was selected to receive funds that would go directly toward patient outreach, staff training, and patient education.

Under the leadership of chief dental officer, Dr. Rebecca Cornille, the program has identified patients with diabetes who are at risk of oral and eye health problems and ensures that they are evaluated for, educated about, and when needed treated for the oral and eye diseases that diabetes can cause.

VCC has added an integration coordinator, trained staff, printed educational materials for patients, and distributed kits that include toothbrush, toothpaste, floss, timer, alcohol prep pads, glucose tablets, cooler bag, and ice pack. VCC is honored to have been chosen by the Delta Dental

Community Care Foundation to continue their partnership for another year. The staff said they look forward to working together towards their shared goal of meeting the oral and healthcare needs of the community. Submitted by Vista Community Clinic.

All San Diego emergency departments now officially senior-friendly

José Eli Villanueva
County of San Diego
Communications Office

Officials from the County’s Health and Human Services Agency, local hospitals and healthcare agencies gathered Aug. 11 to celebrate the county becoming the first in the nation

to earn a region wide “senior-friendly” emergency department accreditation for all 18 of its hospitals. The geriatric emergency department accreditation means that emergency room visits will be more effective and less stressful for local seniors. Elderly patients make nearly one-third of all local

emergency room visits. The geriatric emergency departments are designed to treat and care for seniors and the unique medical complications they may present when they come to emergency rooms. Those include frailty and mobility issues, dementias and the use of multiple medications for chronic medical conditions.

The ERs also feature staff trained and dedicated to emergency care for older adults including nurses, case managers and social workers. The accreditation means 100% of seniors in the county will have access to senior-friendly emergency room care. Officials said only about 15% of seniors have that access nationwide.

The regional geriatric emergency department accreditation effort was part of the San Diego Senior Emergency Care Initiative, a first-of-its kind public-private partnership spearheaded by the County of San Diego and West Health at the end of 2019 as part of the County’s inaugural Aging Roadmap.



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Change Your Mind festival is coming Sept. 10

CARLSBAD – Change Your Mind is Interfaith Community Services’ inaugural mental health festival, where they are creating a space to openly and safely challenge the stigma surrounding mental health and self-care as a community. Set for Sept. 10 from 11 a.m. to 4 p.m., Change Your Mind is a free, one-day event that focuses on creating and sustaining mental wellness through workshops, demonstrations, presentations,

and hands-on experiences led by experts from Interfaith Community Services and some of the leading voices in the San Diego mental health & Self-Help communities. Open to all, a family-friendly event that welcomes all ages, it will be held at Viasat 6155 El Camino Real, Carlsbad. Area residents are invited to come experience wellness activities such as art therapy, live music including a performance by Reggae Group Sensi Trails, cultural dance

performances, breath work, four distinct sensory activities, yoga, sound baths, and more. There will also be booths showcasing art and products from a variety of local vendors/makers. This event is free to the community, but those who want to attend must secure their spot by registering at <https://www.interfaithservices.org/>. Submitted by Interfaith Community Services.

Drum Circle finds new home at Wellness Center

Rick Monroe
Special to the Village News

The Fallbrook Community Drum Circle has met in downtown Fallbrook since it was founded 22 years ago. However, they needed to relocate this month and the new location makes perfect sense.

Thomas Rondeau and Daniel Ide, two of the leaders of the gatherings, believe their monthly activity is all about community, wellness and health.

Their new location is at the Community Health & Wellness Center at 1636 E. Mission Road. The location is just a couple blocks east of downtown and the gatherings will continue to be on the third Sunday of month – that’s this Sunday – from 2 to 4 p.m.

Previously, the gatherings were held at Vince Ross Village Square at Main and Alvarado Streets. However, the group was told recently by the Fallbrook Village Association that business owners near the location complained about the noise and the circle would have to relocate.

Rondeau, 76, who started the gatherings in 2000, said he liked the downtown setting but believes the new location will be just fine. Ide, who joined the group when he moved to Fallbrook in 2003, was also enthusiastic about the new setting.

“We’re very appreciative of Theresa Geracitano and the board at the Fallbrook Regional Health District for having the vision and the mind-set to value Fallbrook Community Drum Circle and in providing for its continued success in our community,” Ide said.

Rondeau noted the group is able to meet outside at the Wellness Center under an awning and they will no longer have to pay a user fee. Now, they only need to cover



Thomas Rondeau, left, is seen drumming at Vince Ross Village Square in an undated photo.

the cost of liability insurance.

Ide said there are usually 30-40 participants at the gatherings – sometimes up to 50 – and visitors are always welcome.

“I have a few drums I can let visitors use or they can bring their own instrument,” he added. “We’re very family friendly. I tell people to bring their grandkids or their grandparents.”

In addition to multiple types of drums and other percussion instruments, flutes are often used.

Ide said the Fallbrook group has 5-6 strong leaders. “We get the group going like a freight train with a solid rhythm,” he said “Sometimes we amaze ourselves with the spirit of the moment. We’re very organic and playful.”

Rondeau, who learned about drum circles as a young adult hippie in the 1960s in the mountains of Big Sur, had another thoughtful description of the Fallbrook group: “The drumbeat is the heartbeat of

the community.”

“Drumming is the simplest way to bring unity,” he added. “We circle to bring us together. It’s also great recreation and therapy. It’s therapeutic.”

Rondeau, owner of Rainbow Designs in Fallbrook, noted that people of all ages and backgrounds participate. “We keep it simple and have fun,” he said. “We also leave all agendas outside the gate.”

Ide agreed, explaining it is an ecumenical gathering – “all faiths are welcome as well as people with or without,” he said. “What they have in common is a love of drumming their hearts out.”

He said he believes in the healing capability of music, saying there has been a lot of research on the subject. In fact, he describes himself as a sound healing practitioner.

Ide plays multiple drums, some that he built himself, but his primary drums are congas, known



All are invited to attend the drum circle, to play or to dance, with the group.

as the cornerstone of countless Latin rhythms. The conga is of Afro-Cuban origin, and the conga player is referred to as a conguero or conguera.

Drum circles started as an extension of the native American pow-wow ceremony — which was held in a circle – but Ide noted there are plenty of other influences, including Cuban, Australian, Celtic and African.

Ide, about 20 years younger than Rondeau, said much of the growth of the drum culture was influenced by the slave trade. Later, Nigerian drummer Babatunde Olatunji, who protested against racial segregation in the southern states of America, earned an enduring musical legacy with a Grammy nomination and compositions for Broadway and Hollywood. “The Beat of My Drum” was published in 2005, two years after his death.

Ide said that drum circles have been popular in San Diego at Balboa Park and Black’s Beach, Solana Beach, Laguna Beach, Venice Beach and Santa Cruz. Another popular place in North County was at Moonlight Beach in

Encinitas with Vista resident John Clauder, a drummer who did studio work for the Mamas and Papas.

The cancellation by the Fallbrook Village Association led to extensive responses on Facebook with comments like “Guess they didn’t get the ‘Friendly Village’ memo” and “Dummy! This type of event attracts people who shop.”

However, Ray Moosa, president of the FVA, said the discussion with the drum circle principals was a matter of the noise complaints of neighbors in the area.

“We offered Heyneman Park as an alternative, but they declined,” Moosa said.

A final message from Rondeau and Ide:

“Play drums, learn to drum, meet people. Drumming builds community, immunity, and happiness. Come on out and enjoy yourself with us. We love to drum and dance to the rhythm of the music flowing from within! Come to drum, play a shaker, bang a gong, or whatever floats your soul.”

Aging population linked to increased need for select health care and social assistance services

Adam Grundy
U.S. Census Bureau

The nation’s 73 million baby boomer population is aging, helping boost revenues of select industries designed to help them navigate their later years.

The U.S. Census Bureau projects that in 2050, the U.S. population ages 65 and over will be 83.9 million, nearly double what it was (43.1 million) in 2012. Baby boomers, who began turning 65 in 2011, are largely responsible for the nation’s swelling older population.

Assisted Living Facilities for the Elderly saw a 34.4% increase in revenue from 2013 to 2020. Home Health Care Services experienced an even larger increase – 50.5% – during the same period.

The Service Annual Survey (SAS) provides data across select service industries that serve the nation’s elderly – and experienced an increase in revenues from 2013 to 2020.

Five key health care industries:

Continuing care retirement communities. This industry is made up of establishments that provide a range of residential and personal care services with on-site nursing care facilities for the elderly and others who are unable to fully care for themselves and/or do not want to live independently. Individuals live in a variety of residential settings that offer meals, housekeeping, social, leisure, and other services. Assisted living facilities with on-site nursing care are also included.

Assisted living facilities for the elderly. Made up of establishments that provide residential and personal care services without on-site nursing care, this industry primarily offers services for the elderly or other people who can’t fully care for themselves or don’t want to live independently. The care typically includes room, board, supervision, and assistance in daily living, such as housekeeping services.

Services for the elderly and persons with disabilities. These establishments provide nonresidential social assistance services to improve the quality of life for the elderly, people diagnosed with intellectual and developmental disabilities, and people with physical disabilities.

They include day care, nonmedical home care or homemaker services, social activities, group support, and companionship.

Home health care services. These establishments primarily provide skilled nursing services in the home, along with a range of the following: personal care services; homemaker and companion services; physical therapy, medical social services; medications; medical equipment and supplies; counseling; 24-hour home care; occupation and vocational therapy; dietary and nutritional services; speech therapy; audiology; and high-tech care, such as intravenous therapy.

Nursing care facilities (skilled nursing facilities). These establishments provide inpatient nursing and rehabilitative services, usually for an extended period. They have a permanent core staff of registered or licensed practical nurses who, along with other staff, provide nursing and continuous personal care services.

How revenues have risen

The 2020 SAS shows estimated revenues for employer firms across this series of select Health Care and Social Assistance services for seniors rose from 2013 to 2020.

For example, Assisted Living Facilities for the Elderly saw a 34.4% increase in revenue from 2013 to 2020. Home Health Care Services experienced an even larger increase – 50.5% – during the same period.

Measuring growth of select health care services

Revenue growth for employer firms in each industry:

Services for the Elderly and Persons with Disabilities had an estimated revenue of \$57.4 billion in 2020, up 62.1% from \$35.4 billion in 2013.

The Home Health Care Services industry also showed notable growth. Estimated revenue was \$102.7 billion in 2020, up 50.5% from \$68.3 billion in 2013.

Nursing Care Facilities (Skilled Nursing Facilities) had the largest revenues of the five industries but the slowest revenue growth: \$130.1 billion in 2020, up 17.4% from \$110.8 billion in 2013.

The growth in revenue across these selected industries may offer insight into the care choices the nation’s seniors and their families are making.

Adam Grundy is a supervisory statistician in the Census Bureau’s Economic Management Division.

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Healthy Habits for Bonsall & Fallbrook Folks – Almond butter vs peanut butter – the nut debate

Dr. Megan Johnson McCullough
Special to the Village News

Both taste amazing for those of us who always have enjoyed a good spread. Most of us can eat almond butter or peanut butter right out of the jar. We grew up on peanut butter and jelly sandwiches. Celery and peanut butter. Peanut butter cookies. Almond Joy candy bars. Chocolate covered almonds. Roasted almonds. Licking your lips yet??

Actually, this gooey goodness loves to get stuck in your teeth. A popular choice for sure, the National Peanut Board said that 90% of homes has peanut butter in their cabinet. So, let's see which one stacks up as the better choice on your fitness journey.

Both of these butters are heart-healthy monounsaturated fats. These are the types of fat that help lower cholesterol and reduce the risk of heart disease and stroke. Almond butter has 5 grams of monounsaturated fats versus 3.3 grams in peanut butter of this fat type per tablespoon. Winner: Almond butter.

Fiber is a very important component of our eating, and most people don't get enough. A good digestive tract requires adequate fiber. We need 21 to 38 grams per day depending on age and gender, so every little bit helps. Almond butter has 1.6 grams of fiber per tablespoon versus 0.9 grams in peanut butter. Winner: Almond butter.

Vitamin E has many antioxidants, and these butters contain this fat-soluble vitamin. Vitamin E is also important for our immune system. Almond butter has 4x the amount of vitamin E than peanut butter. Winner: Almond butter.

Both butters contain minerals we need including iron, zinc, potassium, and calcium. Almond butter is a better source of all of these minerals. Winner: Almond butter.

Check out this calorie comparison.... If you took one cup of peanuts, it has 854 calories versus one cup of almonds which has 546 calories. So, take these grounded and you see the calorie difference. Winner: Almond butter.

I'm an advocate for almond butter. Every better decision adds up. There isn't much bad to say about it except maybe the pool of liquid that forms at the top of a new container. Other than that, almond anything and I'm in. Of course, in moderation and with portion control.

Everyone can incorporate almond butter on their fitness journey, provided they have no nut allergies. Read the labels, find the best brand available to you, and top a rice cake with some almond butter.

Megan Johnson McCullough, EdD, recently earned her doctorate in physical education and health science, is a professional natural bodybuilder and is a National Academy of Sports Medicine master trainer.

Classic peanut butter or popular almond butter are both forms of healthy fats, but one may be "healthier" than the other.

Village News/Courtesy photo



SPORTS

Go Joe Won relaxes and wins

Joe Naiman
Village News Reporter

Go Joe Won, who trains at the San Luis Rey Training Center, won the fourth race Aug. 4 at the Del Mar Thoroughbred Club.

The 3-year-old ridgling had a winning time of 1:37.58 in the one-mile dirt race for horses 3 years old and upward with no previous wins. Go Joe Won finished a head in front of second-place Hero Status.

"The race was a good one," said trainer Paula Capestro.

Capestro expressed her appreciation to owner Eric Hurst, who is based in Ohio, for allowing her to train Go Joe Won. Capestro also thanked breeder International Equities Holding, Inc. Go Joe Won was sired by Protonico, who also sired 2021 Kentucky Derby horse Media Spirit.

"Maybe that fire, the fire in Medina Spirit, is helping and coming through," Capestro said.

Behavioral Finance is Go Joe Won's dam. Go Joe Won was foaled in Kentucky on March 12, 2019.

A 6 1/2-furlong dirt competition March 26 at Santa Anita Park was Go Joe Won's first race. He finished fifth, 12 3/4 lengths behind winner High Connection.

Capestro and Hurst suspected that Go Joe Won is more of an endurance horse than a sprinter, so he was entered in a 1 1/16-mile dirt race April 17 at Santa Anita. He finished second, half a length behind Got Thunder, and led for most of the race before being overtaken just before the start of the stretch.

Go Joe Won also led most of the one-mile dirt race May 14 at Santa Anita before finishing third, 4 3/4 lengths behind winner Troubadour. "He got too nervous in the beginning of the race," Capestro said.

The Aug. 4 race was the fourth of Go Joe Won's career, and Capestro felt that eliminating the nervousness would be the difference. "That was the important thing, to keep him relaxed, and that worked out real well," she said.

Capestro's pre-race instructions to jockey Jose Valdivia, who has been Go Joe Won's jockey for all four of the horse's races, focused on avoiding the hazards of having

the inside post position. "The most important thing for us that day was to stay off the rail," Capestro said.

Finishing strong rather than starting strong usually takes precedence, but a fast start would avoid Go Joe Won being boxed in at the rail. "He doesn't have to have the lead. He just had to have the lead that day because we were in the one hole," Capestro said.

Go Joe Won broke third with Hero Strike breaking first and Donner Lake being the second horse out of the gate.

"Jose rode good. We were in the one hole, so we had to go," Capestro said. "He got to the front and the rest is history."

Hero Status and jockey Edwin Maldonado dropped back. Go Joe Won led second place Palagio by a half a length after the first quarter of a mile, which took Go Joe Won 22.85 seconds.

Palagio stayed in second place before being overtaken by Hero Status prior to the start of the stretch. Go Joe Won covered the first half-mile in 47.04 seconds and the first three-quarters of a mile in 1.11.97 and had half-length leads over Palagio at both poles. Go Joe Won entered the stretch 1:24.86 after the start of the race and had a half-length lead over Hero Status.

"He likes it up there," Capestro said.

Capestro believes Go Joe Won was aware of the horses just behind him. "When it started to come close, he'd open it up a little bit more," Capestro said.

"He's a smart horse," Capestro said. "He's just immature. He's just learning."

Physically Go Joe Won had no trouble winning a one-mile race. "He came out of it great," Capestro said. "When he came back, he wasn't tired. We have to keep him relaxed and subtle before he runs."

Now that Go Joe Won is no longer eligible for maiden races, Capestro and Hurst will need to find another race whose distance, surface, and conditions will allow Go Joe Won to compete. "We'll just rest him a little bit, 30 days or whatever, and we'll see if there's another race for him at Del Mar," Capestro said.

(The Del Mar meet concludes Sept. 11.)

This year Del Mar has a 25%



Go Joe Won, in back, holds on to his lead to win the fourth race at Del Mar, Aug. 4.

Village News/Benoit Photo photos



Jockey Jose Valdivia congratulates Go Joe Won on winning his first race, a head in front of second-place Hero Status.

purse bonus for maiden races on the dirt. That bonus gave Go Joe Won \$60,000 of earnings for his first-place finish. "He's a nice horse and he's developing, so I anticipate him getting better each time," Capestro said.

ENTERTAINMENT

D’Vine Path hosts second annual Talent Show



D’Vine Path staff and students perform a choreographed dance to the song “Fireball.”



D’Vine Path staff gather to welcome attendees to the second annual talent show.



D’Vine Path Executive Director Lenila Lingad Batali and Village News/Christal Gaines-Emory photos her husband, D’Vine Path Board Treasurer Brent Batali, pose in front of the new mural painted by D’Vine Path Arts Studios.



D’Vine Path Culinary Arts students present and serve appetizers to attendees at the Talent Show.

FALLBROOK – D’Vine Path staff and students hosted the second annual D’Vine Path Talent Show, Saturday, July 30. D’Vine Path staff, family and friends gathered to celebrate the many great achievements and talents of the students. This year, the theme was “The best day of my life,” signifying the great days D’Vine Path has experienced since moving facilities.

Attendees were welcomed to the property by students, staff, and the new D’Vine Path therapy donkeys. They had the opportunity to tour the facility, visit the vineyard and check out the art pieces in the Arts Studio before being served appetizers prepared by the D’Vine Path Culinary Arts program as well as beer and wine provided by local businesses. Guests were able to spend time shopping for D’Vine Path merchandise before the show began.

The talent show began with an introduction by D’Vine Path Executive Director Lenila Lingad Batali and Board President Randy

Anderson before transitioning to the performances.

This year’s Master of Ceremonies was Trellis student Andrew Lilly and he kept the audience lively and entertained throughout the duration of the show. The performances consisted of a mural unveiling by the Arts Studio, a therapy animal presentation by students Monica Sellier and Austin Staack, a viticulture introduction by Trellis student Collin Rotzinger with assistance from JJ Legg Lauve, as well as a variety of singing and dancing performances.

During the introduction, lead facilitator Serena Batali expressed her love for the program and all of her students.

“D’Vine Path is a very special place, not just because of this beautiful fairyland we get to work at or because of our amazing staff. D’Vine Path is special because all of our students carry a bright light inside of them all and turn everything into magic,” she said. “Because of them, every day at work is the best day of my life.”

This year, more than 25 students performed their hearts out, from singing original songs to hula dancing. The crowd seemed to enjoy the performances, clapping along to every song or getting up and dancing with the students.

Students had a great time demonstrating their many unique talents and interests. Singer and songwriter Joseph Zubec entertained the audience with two original songs, while other students such as JJ Legg Lauve expressed his passion for bow-making.

The annual talent show is a private event that gives the students a chance to practice public speaking, teamwork and social skills. It also provides them with the opportunity to share their passions and their artistic side to their friends and family.

LEAFF program student Evan Williams invited his brother, sister-in-law and niece and nephew to attend the talent show and watch his performances. His brother, Taylor Williams.

“The positive change our family

has seen in Evan since he began at D’Vine Path is so encouraging,” said Williams. “My younger brother has more confidence, he’s happier and he refers to his new friends at D’Vine path as his second family.”

Many of the performances brought tears to the eyes of attendees, such as Joseph Zubec’s original song “Dancing in the moonlight” and the final act “Best day of my life” by American Authors performed in American Sign Language. The passion and dedication showcased by all the students struck a chord with attendees and they were all eager to congratulate the performers.

Attendee Kasey Howell enjoyed seeing the students perform and express their individuality during the talent show.

“D’Vine Path cultivates grapes, people and talent through their program,” she said. “There was a gifted MC who kept us laughing while students in the programs entertained our hearts and minds, they all shined so bright. I’ll be attending the D’Vine Path talent

show for the rest of my life.”

As the night came to a close, many attendees helped to support D’Vine Path students by purchasing items from a wishlist or donating funds to help the organization in their future endeavors. D’Vine Path students and staff are grateful for the public support that helps the nonprofit continue to thrive and provide adults with disabilities a comprehensive, vocational education.

On Sept. 10, D’Vine Path will be hosting its fourth annual soiree to raise money for future endeavors and to celebrate a successful year of hard work by staff and students. This event will consist of vineyard tours, grape stomping, local beer and wine, as well as student performances and a live auction.

Anyone interested in attending the soiree or learning more about D’Vine Path can visit <https://www.dvinepath.org/>.

Submitted by D’Vine Path.

‘Cabaret’ is wonderful

Elizabeth Youngman-Westphal
Special to The Village News

Call it what you will, “Cabaret” (French) or “Kabarett” (German), it is playing at The Cygnet Theatre in Old Town San Diego and it’s wonderful.

The Kit Kat Kabarett manager Max (Luke Jacobs) is deliciously seedy and smarmy. He is the ringmaster for a merry band of misfits and wayward dancers headlined by a coke sniffing chanteuse Sally Bowles (Megan Carmitchel). Carmitchel owns her character, exposing all of her flaws at Sunday’s performance. It was raw, gritty, and just great.

This sordid story comes to life nightly as the club’s Emcee (Karson St. John) introduces the naughty dancers and performers, exposing debauchery while relishing in its sleaziness.

Without shame, the saucy Kit Kat dancers flaunt their many favors: Rosie (Alyssa Anne Austin), Frenchie (Alyssa Junious), Texas (Carolyn Lupin), Fritzie (Tamara Rodriguez), and Helga (Allen Lucky Weaver). All of the dancers were deliciously trappy and solicitously costumed.

Arriving by train to Berlin on the other side of the city is struggling American writer Cliff Bradshaw (Wil Bethmann). He meets fellow passenger Ernst Ludwig (Gerry Tonella).

Seeking a cheap room, Ludwig refers Bradshaw to Fraulein Schneider’s (Linda Libby) boarding house. Other guests include Fraulein Kost (Jasmine January) and her various hourly gentlemen guests, along with Herr Schultz (Eddie Yaroch) a Jewish fruit merchant.

Bethmann breathes life into his character with visible passion while Tonella radiates subliminal evil from his. They play off each other well.

At the boarding house, Libby captures the subtlety of an overworked hausfrau with guile as she asserts to protect her respectability even as the saucy January sashays her repeat customers through the front parlor.

As Frau Schneider’s intended, German-Jew Herr Schultz exudes his naivete about the current political condition urging her to marry him as he denies any perceived danger in his pursuit to win Frau Schneider.

It’s a complicated history lesson around the rise of the Nazi party in the 1930’s. While the hard driving music elicits the times, it is the many characters that bring the story to life, like Marc Caro and Trevor Cruse who transform themselves with alacrity.

Kate Banville shines as choreographer along with Zoe Trautmann’s costume designs. Both of these spectacular designs provided an enchanting forefront for Sean Fanning’s perfectly executed set. Evan Eason is sound designer and for some reason on that particular Sunday, the balance was off until the second half. Even though dialect coach Vanessa Dinning worked wonders, it was hard to understand on that day in the first act.

Another superlative triumph for musical director Patrick Marion. He led Alyssa Keene on trumpet, Kyle Patrick Bayquen on bass, Matt Gill on reeds, with Devin Bumworth on trombone, and Nathan Hubbard on drums and percussion through the sassy score

Choosing not to expose the



Sally Bolles (Megan Carmitchel) with the Kit Kat dancers now playing in Old Town San Diego at The Cygnet Theatre.

harsh-hatred of the fast-rising political party when he softened the ending, director Sean Murray pulled off a hit.

“Cabaret” is now playing at The Cygnet Theatre in Old Town San Diego until Aug. 21. You are “Willkommen” to join in the fun at the Kit Kat Klub. To reserve your place, call 619-337-1525 or go online to <https://www.cygnettheatre.com/>. Rated 9.5 out of 10.

Elsewhere around town is

“Million Dollar Quartet” at the Lamb’s Playhouse in Coronado until the 28th. Box office can be reached at 619-437-6000.

Broadway San Diego is opening with “Disney’s The Lion King” on the 24th. Box office can be reached at 619-564-3000.

La Jolla Playhouse continues with “Here There Are Blueberries” until Aug. 21 followed by “Fandango for Butterflies (and coyotes)” on the 30th. Box office can be reached at 858-550-1010.

A new imagining is happening at The Old Globe’s Shakespeare presentation of “A Midsummer Night’s Dream”. Call 619-234-5623 or visit <https://www.theoldglobe.org/>.

Diversionary Theatre LGBTQ+ continues with live Clark Cabaret acts. Box office can be reached at 619-220-0097 or sign in for notices at <https://www.diversionary.org/>.

Elizabeth Youngman-Westphal can be reached at eyoungma@reedermedia.com.

Renowned trio “TAKE3” opens Fallbrook Music Society’s 45th season

FALLBROOK – The genre-bending trio TAKE3 – lauded as “one of the best new trios in the music business today” – opens Fallbrook Music Society’s 45th concert season Sunday, Aug. 21 at 2 p.m. Although the group is only in its fourth touring season, it has already performed with orchestras in most of the 50 states and will appear in more than 60 performances around the globe this coming season.

With a flair for the wild and unexpected, TAKE3 (violin, piano, cello) brings the refinement of a rigorous classical background and infuses it with rock-star charisma. Trained at the world’s top conservatories such as Colburn and Juilliard, TAKE3 has expanded their repertoire from Beethoven to the Beatles, Leonard Cohen to Willie Nelson, and more. With a perfect assortment of the classics, pop culture and virtuosity, this threesome leaves an indelible mark on captivated audiences around the country.

“We anticipate a large audience for this unique performance,” said Bob Freaney, president of Fallbrook Music Society. “Members of the trio are known for their unmistakable style, their joy in music-making, and their down-to-earth onstage personalities – our audience can expect a brilliant display of technique and musicianship for our 45th Season Opener,” he added.

TAKE3 was created by violinist/vocalist Lindsay Deutsch, Yanni’s violin soloist, with whom she has traveled most of the seven continents. Deutsch can be heard throughout Netflix’s popular show, “The Witcher” and the Hulu series “All About Pam.” Her performances on these Sony soundtracks reached No. 1 on the Billboard charts and received millions of streams worldwide.

Hailed by San Francisco’s Civic Center for her “.... professional and highest caliber of playing,” Los Angeles-based cellist Mikala Schmitz is an avid performer of many different styles of cello playing. She continues to find herself crossing over into a variety of musical genres from Americana folk, to classical, jazz, electronic and baroque with new and fascinating collaborative avenues.

The third member of the trio, pianist Anton Smirnov began his piano playing at the age of 7 in Russia. He received his artist diploma from Oberlin Conservatory, his master’s degree in piano performance from Yale, and has performed world-wide at venues that include Carnegie Hall, Lincoln Center’s Avery Fischer Hall, Walt Disney Hall, and Metropolitan Museum of Art.

This instrumental feast will take place at 2 p.m. Sunday, Aug. 21, in Fallbrook’s historic Mission Theater, 231 N. Main Ave. Concert hall doors open at 1:30, and the concert begins at 2 p.m. And the best news of all – this concert is free admission.

More information is available at <https://fallbrookmusicsociety.org/> or 760-451-8644.

Internationally known musical artists TAKE3 (piano, violin, cello) take center stage at Fallbrook’s Mission Theater Sunday, Aug. 21 at 2 p.m. Admission is free. This Season Opening concert launches Fallbrook Music Society’s 45th anniversary year.



Wine & A Bite Art Walk resumes

FALLBROOK – Residents can mark their calendar for two fun Fridays for 2022 – Sept. 9 and Dec. 9. Guests will taste, stroll and nibble their way through this popular event. Featuring food and wine from local restaurants and wineries, all tastings at each stop are included in the price. Wines are served in a keepsake wine glass.

The Fallbrook Chamber of Commerce is gathering commitments from venues, restaurants, wineries and artists to ensure another great time for participants.

The ticket price for Sept. 9 is \$25 per person in advance, \$30 at the door and an Active Military price of \$15. Designated drivers are also \$15. The regular ticket price increases to \$30/\$35 for the Dec. 9 date.

Anyone wanting to participate may stop by the chamber or call 760-728-5845 to register for the September date. Online registration is also available at www.fallbrookchamberofcommerce.org. There are no refunds –the event will happen rain or shine.

Submitted by the Fallbrook Chamber of Commerce.



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OBITUARIES



Russell Vatnsdal was born on Jan. 9, 1931, to Leslie and Dorothy Vatnsdal. Russell’s mother was the daughter of a pioneer family of the Stewarts that came to Fallbrook in 1884. Russell attended schools in Fallbrook starting from the fifth grade when his father and mother had moved to Fallbrook to the small lemon ranch they had on Gum Tree Road.

In high school, he was active with sports, school band and was the Class President in his senior year. Russell was part of the football team of Fallbrook High that won the Football CIF Championship in 1948. He was part of the Shafter’s Car Club founding members being #9.

He continued his education at Palomar College in Vista and then went to Humboldt State before he joined the service to

serve his country, finally ending up with the Air Force. After his military service, he went back to Humboldt State to finish his degree for teaching.

Russell loved to farm, having a large ranch he ran up on the North Coast of California, with sheep, apple orchard and walnut orchard. His last ranch was a vineyard in Lodi, California.

Russell and his wife Brenda moved back to Fallbrook in 1999 and lived at Rancho Monserate CC where he enjoyed the view of Fallbrook mountains of Rainbow. After returning to Fallbrook, Russell worked with the Fallbrook Historical Society, doing many writings of his early years in Fallbrook. Russell was a member of the Fallbrook Order of Masonic Lodge #317 for over 60 years.

Russell passed on July 20, 2022 and is survived by his wife Brenda Vatnsdal, his sons Charles Vatnsdal and Daynan Coleman, and many close friends at Rancho Monserate CC. Preceded in death by his father Leslie Vatnsdal, mother Dorothy Vatnsdal, brother Kenneth Vatnsdal, first wife Virginia Vatnsdal and daughter Karen Vatnsdal.

There will be a private service on Aug. 17, 2022 at Rancho Monserate CC. Donations in his name can go to the Fallbrook Historical Society and the Fallbrook Food Pantry.

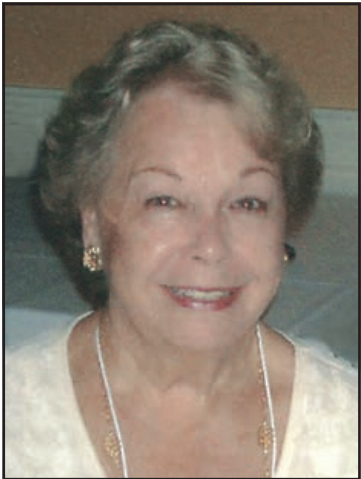


Delbert E. Brumley passed onto Heaven on July 12 at home with his family. Born in Randall, New York July 26, 1927, his family moved to California and ran an avocado and cattle ranch in San Luis Rey Heights.

He married Frances Tolerton in 1952 and they raised their family on the ranch. Delbert later began a business as a backhoe operator and put in water lines for new housing developments.

He was preceded in death by his son, Doug Brumley, and daughter Debbie Casserly. He is survived by his wife of 70 years Frances Brumley; daughters Bev Terregrossa and Cathy Casserly; eight grandchildren, and seven great-grandchildren.

He will be greatly missed.



Carrie Jacobus, 78, passed peacefully in her home on Aug. 9, 2022.

She was born on Nov. 6, 1943, in Vallejo, California, and was a graduate of Vallejo Senior High School and Vallejo Junior College.

She was a long-time resident of Fallbrook since 1974 and had a number of successful businesses in town: The Bobby Pin Beauty Supply, Here’s Happiness, and HairLites Salon.

She is survived by her devoted husband of 57 years, Robert Jacobus; her three daughters, Jennifer, Jill, and Janet; her two grandchildren, Chase and Kelsey, and her great-granddaughter, Presley.

Services will be held at Berry-Bell & Hall Mortuary on Aug. 20, 2022, from 11 a.m. to 1 p.m.



Marymae Fern Liermann, 67 years old, passed away unexpectedly Friday, July 29, 2022, after winning a courageous fight with cancer which began with diagnosis on New Year’s Eve. With her passing, there is a large tear in the fabric of Fallbrook.

Mary was born at the old hospital on Main St. to parents Francis (Parky) and Rose Marie Parkinson, July 18, 1955.

She was raised and attended

school in Fallbrook except for a short time in Lakeside as a child. She thought of Fallbrook as home and would not consider moving or living anywhere else until recently when her daughter moved to Colorado.

She is survived by her devoted husband, Ken ‘Dear’; daughter Donna Wiedenhaupt; sister Dolores Patterson; grandson Trevor Morel, and numerous aunts, uncles, cousins, nieces, and nephews. She was preceded in death by her sons Justin and Daniel Liermann.

A public viewing will be held for Mary on Aug. 20 from 4-8 p.m., with a prayer service starting at 6:30 p.m., Berry Bell and Hall Mortuary, 333 N Vine St, Fallbrook.

A Celebration of Life will be held at Live Oak Park on Sept. 25, 1-5 p.m. Bring a potluck dish to share. Donations will be taken through GoFundMe at <https://www.gofundme.com/f/maryl-liermann-memorial-fund>

To see the full obituary, go to berry-bellandhall.com.

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Summer program offers Nutrition to Grow On

FALLBROOK – Every Thursday morning from 9-10:30 a.m. for eight weeks in June and July, between eight and 16 third and fourth grade student members of the Boys & Girls Clubs of North County traveled by bus to garden areas at the Fallbrook Wellness Center on East Mission Road to learn how to plant and grow fruits and vegetables.

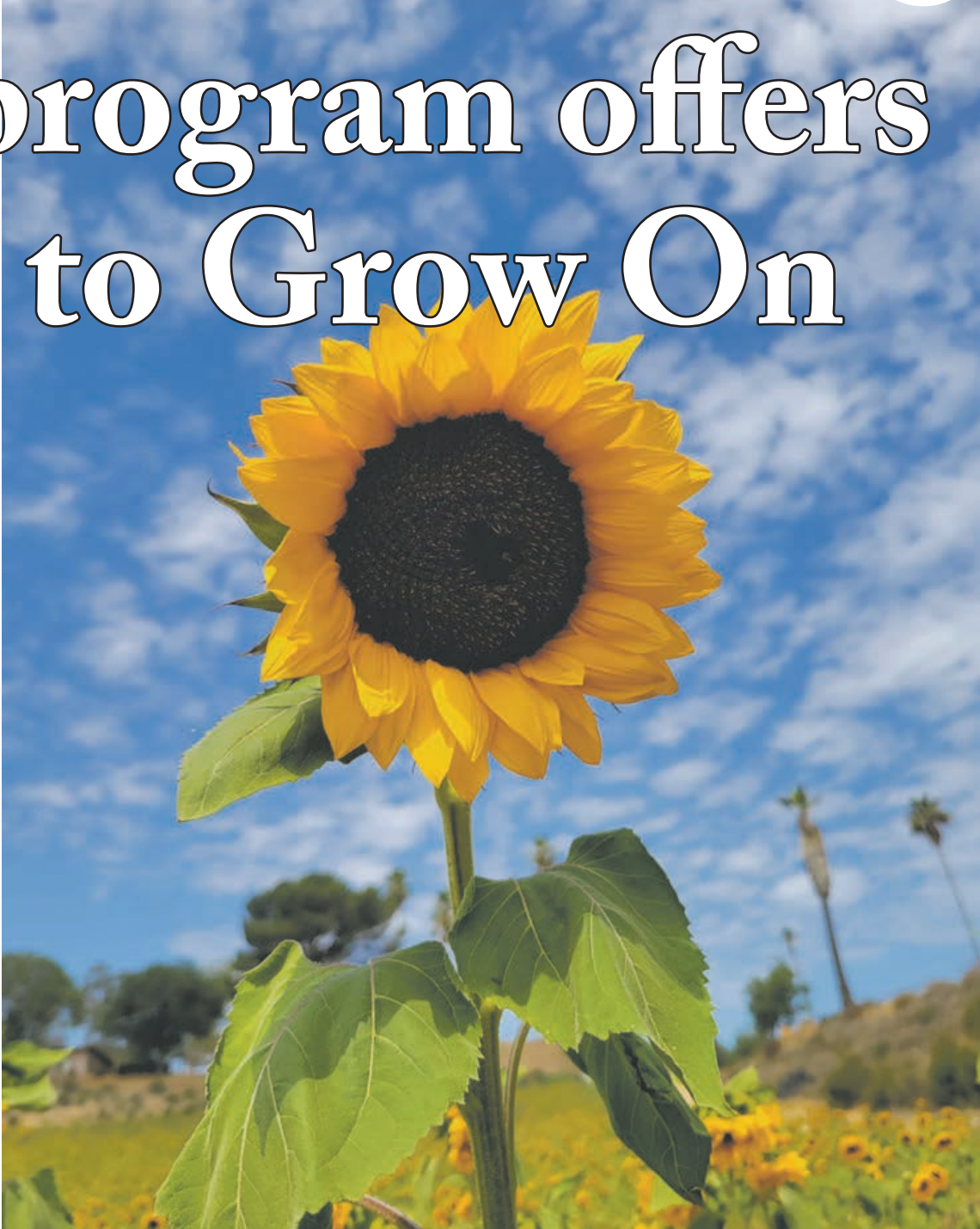
Nutrition to Grow On is a collaborative program of the Fallbrook Food Pantry, Fallbrook Regional Healthcare District and the Boys and Girls Clubs of North County.

Young Milton and Jean Dooley, board members of the Fallbrook Food Pantry, helped to organize and lead the program curriculum, provided by Food Pantry Executive Director Shae Gawlak, with the valuable assistance of Fallbrook Garden Club members Rose Peralta and Maria Escala, community member Hergard

Class discussions, recording their plants’ weekly growth, as well as analyzing and reporting insects or other plants in their garden plots provided the foundation of the program. Additional craft activities such as painting and adding rocks to the gardens, selecting group names for each of the four raised garden areas and decorating wooden flower replicas were also part of the program.

At the next-to-the-last class, Gawlak and three firemen from North County Fire instructed the students on how to prepare a delicious pancake breakfast with strawberries! Certificates of achievement were given out to the students and a delightful recognition and appreciation was enjoyed by all.

On July 28, the last day of class, Gawlak also arranged for the students and teachers to visit and tour Kendall Farms, led by Jason Kendall, owner,



Raised garden areas at the Fallbrook Wellness Center on East Mission Road are being prepared for children to learn how to plant and grow fruits and vegetables.



The students in the Nutrition to Grow On program are growing strawberries, their favorite fruit, at the Wellness Center. They also planted tomatoes, their favorite vegetable.



Rocks painted by the students sit among their tomato plants in their garden.

Village News/Courtesy photos

Ebehard and bus driver Chuck Reeder working as the “hands on” program teachers.

Lessons on the nutritional value of including fruits and vegetables in their daily diet and a discussion of the students’ favorites provided the basis for the student plantings. They unanimously chose strawberries as their favorite fruit and agreed on tomatoes as a favorite vegetable.

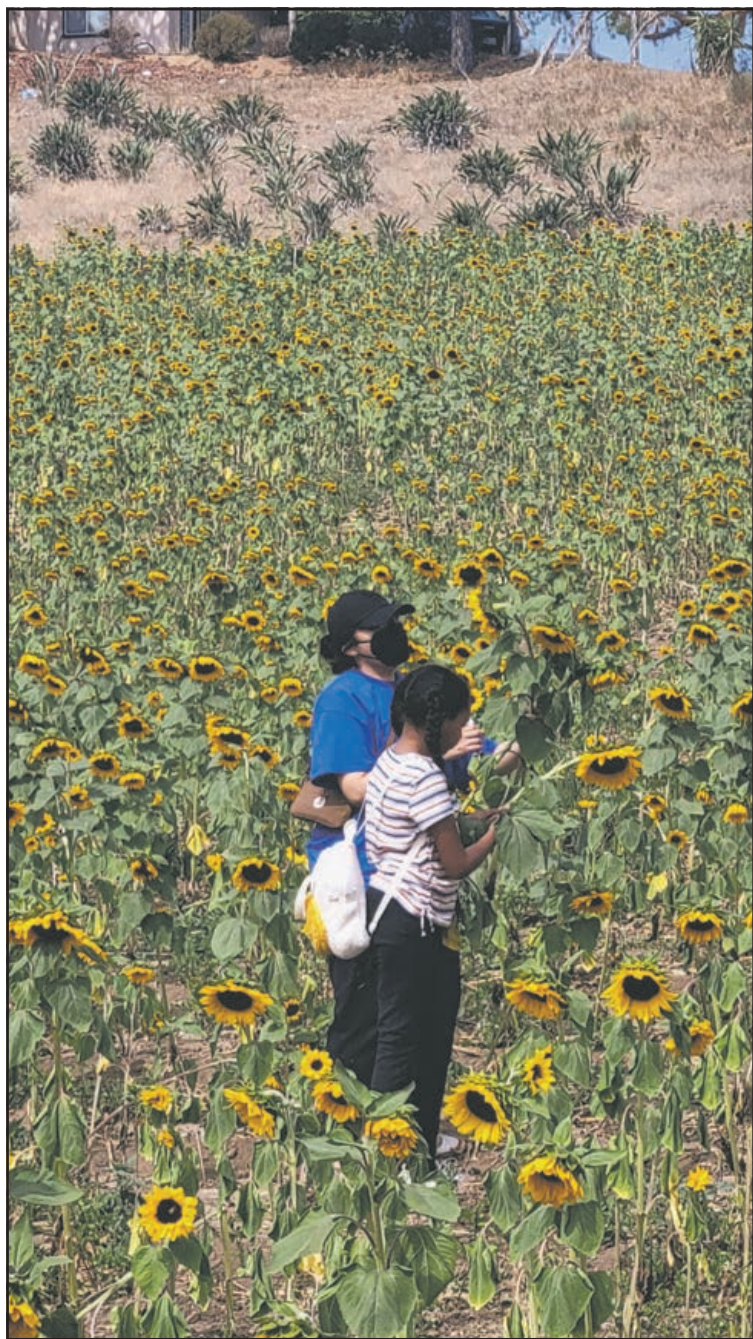
where they learned about the farm and how it operates. Students and teachers were invited to pick sunflowers to take home and later got to see where Kendall Farms grows fresh fruits and vegetables on their 500-acre property, an operation called Outreach Farmers Project, that provides fresh produce to the pantry, as well as several other nonprofits locally. This initiative is run

primarily by volunteers from Rancho Christian Church out of Temecula, thanks to Troy Kendall, Jason’s cousin who also works for their family owned and operated farm.

The Fallbrook Food Pantry members are hoping to start another Nutrition to Grow On class soon, so stay tuned for more fun and exciting news about this program and others launching this fall and winter.



At the next-to-the-last class, the students learn how to prepare a delicious pancake breakfast with the strawberries they grew themselves.



The sunflower field at Kendall Farms in Rainbow is part of the farm tour taken by the Nutrition to Grown On students.

REAL ESTATE & HOME and GARDEN

County launches Experience the Outdoors Program



County staff will teach newcomers to the outdoors hiking and mountain-bike safely, how to camp, fish, kayak and even rock climb.



Mountain-bike safety will be one focus of the new Outdoor Program. Screenshot from County of San Diego Parks and Recreation Outdoor Program



County Supervisor Chair Nathan Fletcher stands beside Brian Albright, Director, San Diego County Parks and Recreation while he addresses the group.



School-aged children are given a tour and introduced to the new program. Screenshot from County of San Diego Parks and Recreation Outdoor Program.

Andy Tolley
County of San Diego
Communications Office

County Board of Supervisors Chair Nathan Fletcher, parks officials and others officially kicked off “Experience the

Outdoors,” Wednesday, Aug. 10, a campaign to give more San Diegans opportunities to enjoy nature and the County’s regional parks.

The campaign is designed specially to attract people, children, teens and families, who

haven’t been to parks, whether it’s because they don’t have outdoor equipment or aren’t aware of the free programs the county offers.

The campaign will include a RAD regional parks events series that features a different County regional park and at least

three events each month; a Ride On Mountain Biking Challenge and a Parks 101: first timer series. The latter series will teach participants outdoor essentials, under the direction of County staff, including things like how to hike and mountain-bike safely, how to

camp, fish, kayak and even rock climb. It’s designed specifically for those people, who for various reasons, are newcomers to outdoor experiences. Fees are waived and all equipment is provided.

For more information go to <https://www.sdparks.org/>.

What to know about the housing market

Jane Kepley
Special to the Village News

Anyone who lived through the 2008 recession and subsequent housing market crash is likely feeling a little worried. After all, home prices have risen quite a bit in the past few years, and inflation is at a 40-year high.

But does that mean we’ll find ourselves in a situation similar to

the late 2000s?

Likely not – because today’s market conditions are starkly different from what was happening in that period.

And in fact, the 2022 housing market is quite strong. Here’s why:

Demand far outweighs supply. Housing inventory is extremely low, and demand continues to surge. Demand will likely remain strong for the foreseeable future

as the practices of remote work and buying and selling online continue. These two factors keep home values up and provide a steady stream of buyers as properties hit the market.

Lending standards are stricter. It was much easier to get a mortgage 15 years ago. After the crash, lenders created more rigorous standards for borrowers and the financial situation they need to be in to take on a mortgage. Due to these tighter requirements, most homeowners aren’t at risk of foreclosure if the economy heads toward a recession.

Homeowners have a lot of equity. The average homeowner gained over \$55,000 in equity in 2021 alone. In the event of a recession, most homeowners could sell their homes and still make a healthy profit.

There’s no crystal ball to predict the future, but the housing market is on strong footing, even through the ups and downs.

Want to discuss your goals for buying or selling real estate in today’s market? Reach out to Jane Kepley with CR Properties at 760-622-0204 or kepleyrealstate@att.net.



Housing inventory is extremely low, and demand continues to surge, likely to remain strong for the foreseeable future as the practices of remote work and buying and selling online continue. Village News/Metro photo



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Review of all things Real Estate



Bob Hillery
CR Properties

What is an I-buyer and what should consumers know about them?

i-Buyers are investment buyers who look to purchase inexpensively below market value then turn around and resale the property at prevailing prices. There are differences in some of the programs but mostly they do not intend to hold the property for rental purposes. An i-Buyer will generally offer to pay cash for the home, sight unseen. If the offer is accepted, the transaction can often close in as little as a few days.

Selling directly to i-Buyers sounds very attractive especially when they advertise that there are no commissions to pay, which equates to saving the seller money. While it sounds attractive, please refer to my article from last week

which indicated the Federal Trade Commission and Open Door, the industry’s largest i-Buyer with assets exceeding \$2.5 billion, agreed to a fine for Open Door of \$63 million for deceptive advertising.

The FTC decided the savings of no commission was exceeded by the requirement to pay a 7.5% “convenience fee, but the consumer was not advised that the aggregate of the fees charged by Open Door actually gave the sellers less total proceeds from the sale of the property.”

Other i-Buyers charge different amounts, some actually have fees up to 11% which is certainly impactful in comparison to saving 6% in commissions. I will show a side by side comparison below which visibly demonstrates the difference using “just” a 7.1% convenience fee.

While i-Buyers are cash offers which will close faster than traditional methods, using just a 7.1% service fee, the seller in the i-Buyer example will make considerably more proceeds using traditional sales method (16.8%). The i-Buyer programs that charge higher service/ convenience fees only make the differences that much more stark.

Another benefit to using traditional sales methods (employing a real estate brokerage/ agent) is protection for the seller. Agents know what disclosures are required to be provided from the seller to the buyer. If there are no agents involved, how does the seller know what they are required by law to provide? It’s not the escrow or title’s job to know these disclosures, much

	Realtor	i-Buyer
Price	\$750,000 (list/ sold price)	\$705,000 (94% of list price)
Balance of mortgage	\$350,000	\$350,000
Closing costs (based on sale price)	\$9,834	\$9,715.50
Prorated taxes (based on sale price)	\$1,642.19	\$1,230.76
Commission (6%)	\$45,000	\$0.00
Service/ convenience fee	\$0.00	\$50,055
Repairs	\$3,000	\$3,000
Holding costs (escrow length)	\$1,510.27	\$748.66
Final net to seller (\$350,000 payoff)	\$339,013.54	\$290,250.08
Net gain with traditional sale	\$48,763.46, 16.8% more than i-buyer proceeds to seller	
*Above analytics courtesy of Fidelity National Insurance comparison calculator		

less to provide them to the seller. Lack of or incomplete disclosures are the leading cause of real estate law suites.

Here’s a direct sale i-Buyer scenario to be concerned about. Mary sells her home to an i-Buyer that pays cash and the deal is closed without any agents or agent commissions. Mary gets her proceeds and heads to the beach. The i-Buyer turns around and sells the house to Jose who later discovers there is a cracked slab, so Jose contacts the i-Buyer regarding lack of disclosure. I-buyer informs Jose they have no responsibility since they never received disclosures from Mary (no agents involved so who knew?). Jose sues Mary who is laying on the beach in Mexico completely unaware that she has legal trouble.

Can this happen? Without agents in the transaction, it certainly can. I suspect this is why Zillow got out of the i-Buyer business because they wisely foresaw future, costly legal issues. Even if a lawsuit

isn’t successful, it is stressful, time consuming and expensive to have to prepare to defend against a lawsuit.

In short, when a homeowner gets an unsolicited offer to purchase the home for cash and a quick closing, the homeowner must think that it is too good to be true. And when things appear too good to be true, they often are.

Here in the Fallbrook/ Bonsall area there are lots of knowledgeable, experienced and honest real estate agents. Should you get an i-Buyer solicitation, I

strongly suggest that you get at least one (two would be better) opinion of value to include a net proceeds amount from a reputable local agent who knows this market. Saving the expense of commission but leaving money on the table and losing the protections that working with an agent provides is not a good deal. I suspect that you will be glad that you did consult with local real estate agents.

Next week, we’ll discuss the recent “partnership” of Open Door and Zillow; what does that mean for the consumer?

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Chipping day promotes fire safety



Philip Maupin, an active duty Marine, volunteers his time in helping at a chipping event at North County Fire Station 4 on Pala Mesa Drive, Aug. 13. The Village News/Shane Gibson photo free chipping day sponsored by the Fallbrook Fire Safe Council allows property owners to bring branch cuttings to be processed for free in a wood chipping machine.



Residents wait in line with truckloads of branch cuttings to be broken down during a chipping day event at North County Fire Station 4. The event promotes fire safety for property owners in the community.



De Luz resident Phil Hernandez prepares a truck load of branch cuttings to be processed at the North County Fire chipping event.



Workers and volunteers move branch cuttings into a wood chipping machine at North County Fire Station 4 during the chipping day in Fallbrook. The chipping day event happens once every year.



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A wood chipping machine spews cut-up pieces of tree branches into a truck during the chipping day sponsored by the Fallbrook Fire Safe Council.

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Fallbrook & Bonsall

VILLAGE NEWS

False assumptions about real estate agents

FALLBROOK – Driving nice cars, looking at homes all day, and going to fancy lunch meetings – ah, what a sweet life a real estate agent has, right? Hate to break it to you but these stereotypes are far from reality. Today, we debunk some common assumptions about real estate agents.

They make huge commissions
Your agent isn't pocketing that money all to himself to spend on a new car or a holiday trip. To illustrate, say, that the home is listed for \$500,000. The total commission is shared between the buyer's brokerage and the seller's brokerage –the divided funds are then split between the brokerage and the individual agent. From that, he or she pays their advertising fees, taxes, insurance, membership fees, and advertising costs among other fees.

Real estate agent commission can seem like a huge chunk of your home sale profit, but we've heard it time and time again, the added cost is worth it as your agent can help ease the home buying and selling process.

They are shady
Real estate agents share a bad rep when it comes to trustworthiness with other professions like politicians, salespeople, and lawyers. But that is unfair to assume. Most Realtors® take the Code of Ethics and their fiduciary obligation to their clients very seriously. Real estate agents are one of the most hardworking people and put their clients' best interests at all times.

All they care about is the deal
Agents do want to do business with you and close the deal. But a good real estate agent wants to be your lifelong real estate advisor and be remembered to have given you a smooth transaction and excellent service. Believe it or not, Realtors® do a lot of things for



Realtors® do a lot of things for free since they do not charge by the hour and only make money when deals close .Village News/Metro photo

free. Since we do not charge by the hour and only make money when deals close, we frequently prepare Comparative Market Analyses, attend and host Open Houses, and prepare marketing materials – all without being paid a penny.

They have a lot of free time
There is no such thing as overnight success or easy money in real estate. Most successful real estate agents work hours that

would drive most people up the wall. You could be working on real estate marketing in the morning, contracts in the afternoon, and showing properties all evening. Sometimes, agents waste months on deals that don't close.

You're better off going on Zillow or FSBO
Zillow and other similar websites only provide rough estimates on the valuation of a home but are

not the actual appraised values. Also, according to the National Association of Realtors, the average for sale by owner home sold for \$260,000 compared to \$318,000 for agent-assisted home sales. That's a \$58,000 difference! So, trust your agent, after all, what's more important to them is that you sell or buy a home for the best value as much as possible.

We hope this helps you shake off real estate agent stereotypes.

Looking for an agent? Feel free to contact the team at Broadpoint Properties.

This article first appeared on Broadpoint Properties' website, <https://servingandiegocounty.com>.

Submitted by Elisabeth Hartig Lentulo, broker associate, who can be reached at 760-532-1057, elisabeth@ehlentulo.com or <http://www.ehlentulo.com>. CalBRE #01904564

Defaulted bills being mailed to over 25k property taxpayers

99.10% of taxes paid for over 1 million properties

SAN DIEGO – San Diego County Treasurer-Tax Collector Dan McAllister announced that starting today his office will begin mailing defaulted tax bills to property owners who have prior year unpaid property taxes.

"We're sending about 700 fewer defaulted bills than we sent last year," said McAllister. "We appreciate San Diegans for paying what they owe; these taxes fund our public schools, first responders, and other essential services."

The Treasurer-Tax Collector's Office sent reminder notices to late taxpayers in June, warning them that they will have to pay more if their taxes go into default. Those parcels that remained unpaid will

receive their defaulted bill in the coming week.

"We work hard to inform homeowners of the late fees that incur as a result of nonpayment, warning them along the way that additional penalties are coming," said McAllister.

"The results of this effort are underscored by our 99.1% collection rate this fiscal year – one of the highest in the state – which shows that the majority of San Diegans take the responsibility to pay on time seriously."

The defaulted bills total over \$139 million. The deadline to pay the 2021-2022 annual tax bill was June 30. Per California Revenue and Taxation Code, beginning July 1, each late bill will incur a

1.5% penalty each month (18% per annum) that it remains unpaid. That is on top of the 10% penalty added for each late installment.

Threat of increased penalties is not the only incentive for people to pay their taxes. Under California State law, the Tax Collector may sell any or all portions of

properties that have been in default for five or more years. McAllister encouraged taxpayers to make future payments via the free e-check payment system at www.sdttc.com.

Reasons to pay property taxes online:

- The www.sdttc.com website is

- secure.
- Paying online is better for the environment.
- The payment system is fast and easy to use.

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BUSINESS

First-term Marine reenlists

CAMP PENDLETON – U.S. Marine Cpl. Morgan Armstrong reenlisted for another four years of active duty service on Aug. 2. She is serving as a data systems administrator (MOS 0671) at Marine Corps Systems Support Activity and was deemed to be in the top 10% of her peer group of those eligible for continued service. Armstrong will receive a monetary bonus of more than \$15,000 as part of the Commandant’s Retention Program which is focused on retaining the most talented first-term Marines by streamlining the reenlistment process and offering meaningful incentives to reenlist.

Maj. Cliff Plass performed the oath of enlistment at the MCTSSA flagpole and said it was an honor to be the re enlisting officer for Armstrong and looks forward to seeing her grow and continue her career uniform.

Submitted by the Marine Corps Tactical Systems Support Activity.



U.S. Marine Cpl. Morgan Armstrong re-enlists for another four years of active duty service.

Village News/ Public Affairs Officer Amy Forsythe photo

Ribbon cutting held for home businesses



Bonsall Chamber of Commerce members show up to support independent energy expert Michael Faelin, center, in the ribbon cutting for his home-based business, July 21.



Gabriel Madrigal of West Coast Wash, LLC Power Washing, center, is ready to cut the ribbon recognizing his home-based business, at a Bonsall chamber gathering at River Village.

FPUD approves change order for Olive Hill valve replacements

Joe Naiman
Village News Reporter

The contract the Fallbrook Public Utility District awarded to Chi Construction to replace the air and vacuum valves and mainline drains on Olive Hill Road warranted a change order, and that change order was approved by the FPUD board July 25.

The board’s 5-0 vote authorized an additional \$68,904.71 to the contract, changing the total contract amount to \$180,904.71 from the original \$112,000.00.

“The excavation ended up much bigger than anticipated,” said FPUD senior engineer Aaron Cook.

The air and vacuum valves and mainline drains on Olive Hill

Road and Winter Haven Road were selected for replacement due to their age which exceeded the expected service life for that equipment. The valve and drain assemblies were also in buried vaults, which made access difficult. The project removed the vaults and installed the new valves and drains to current standards which will make access and maintenance easier.

“We’ll be able to isolate some sections,” Cook said.

In October 2021, FPUD’s board awarded the contract to Chi Construction, whose headquarters office is in Anaheim. During the construction process significant groundwater was encountered at two locations, which required additional excavation, dewatering, and paving. The additional \$68,904.71 compensates Chi Construction for the additional time and materials.

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EDUCATION

Rotary Club of Fallbrook holds BBQ for FUESD staff



Rotarians Phil Forbes, left, and Jack Wood grill the hamburgers for the BBQ lunch the Rotary Club of Fallbrook held for FUESD staff, Aug. 10.

FALLBROOK – The Rotary Club of Fallbrook welcomed 187 Fallbrook Union Elementary School District teachers, support staff, and administrators back to school with a BBQ at Ingold Park on Thursday, Aug. 10. Twenty-five Rotarians and family members served hamburgers, pasta salad, chips, cookies, and condiments to staff who were both eager to eat and excited about the coming school year.

A tradition for several years, the Rotary-hosted BBQ had been on hiatus since 2019 due to the COVID epidemic. Supporting the Rotary Club of Fallbrook were Grocery Outlet which donated

hamburger buns, chips, water, and ice; the Grand Tradition which supplied an ice table, coolers for ice and water, and metal serving trays; and Ingold Park which provided the site, the BBQ grills, and food preparation space.

The BBQ is part of the Rotary Club of Fallbrook’s “Service Above Self” support of the local community. Members of the public interested in learning more about Rotary and possibly joining can go to fallbrookrotary.org. In person meetings are held twice monthly at the Grand Tradition.

Submitted by the Rotary Club of Fallbrook.

Fallbrook Union Elementary School District staff enjoy their BBQ lunch courtesy of the Rotary Club of Fallbrook.



Rotarians ready to serve lunch are, from left, Tom Buscemi, Rita Burke, Ed Grant, Greg Munro, Patti Sutliff and Tina Langham-Smith at Ingold Park.

Village News/Courtesy photos



Car club supports Students of the Month program

FALLBROOK – The Fallbrook Vintage Car Club recently made a donation to the Fallbrook Union High School District Student of the Month Program. The club uses proceeds from its annual car show to support local groups and programs such as schools, senior community outreach programs, sports programs, military families, and other worthy local causes that work to keep our community thriving.

FVCC also has a scholarship program for seniors at Fallbrook High which donates funds to

selected individuals by semester as they progress to their selected post-high school education.

All donations are made possible by proceeds from the Annual Memorial Day Weekend Car Show, Sunday of the holiday weekend. To apply for a donation for a Fallbrook nonprofit group, go to www.fallbrookvintagecarclub.org and submit an application that can be found under “Download a Donation Request.”

Submitted by the Fallbrook Vintage Car Club.

Vintage Car Club Board Member Chuck Pedigo presents a donation check to Lynne Grantham, President of the FUHSD Student of the Month Program. North Coast Church donates their meeting hall one morning a month during the school year for an awards breakfast for the chosen students.

Village News/Courtesy photo



Palomar honors 2022 class of ‘Rising Scholars’

SAN MARCOS – Twenty-one formerly incarcerated scholars gathered with family, friends, and faculty at Palomar College to celebrate the Summer 2020 completion ceremony on July 22.

During the ceremony, the college unveiled plans to provide the five-year-old program with a permanent building on campus.

It was the latest honor among a growing list of achievements for Palomar’s Transitions program, which will change its name to Rising Scholars in keeping with the launch of similar community college programs across the state, and its recent designation as part of the Rising Scholars Network. The ceremony was characteristically moving, lively, and deeply emotional, as a variety of speakers shared personal stories, gratitude and encouragement for their fellow students.

“The Transitions program has helped me stay on track, out of a world of chaos and oppression,” said Cynthia Murillo, a 2022 cohort graduate who spoke during the ceremony. “It’s not just a cohort of formerly incarcerated individuals – to me, it’s a family that has come from a similar background as mine.”

Palomar’s Superintendent/President, Dr. Star Rivera-Lacey,

spoke to an audience of around 100 people, emphasizing the importance of Rising Scholars to the campus community.

“This is a crown jewel for Palomar College, and to our fifth cohort, congratulations! I’m so overwhelmingly happy that you have found an academic home with Palomar,” said Rivera-Lacey. “This is your casa – you belong here, you are valued here, and this institution would not be the same without you.”

Rivera-Lacey also presented the inaugural Paulo Freire Liberation Through Education Award to Martin Leyva, who founded Transitions at Palomar, and similar programs at MiraCosta College and Cal State San Marcos.

“I cannot think of a more well-deserving recipient of this award,” she said. “Martin Leyva’s profound commitment to his students, and to this program, is to be commended. It is because of his vision that we’re able to be here to celebrate the achievement of our fifth cohort.”

Leyva accepted the award and spoke of his own experiences as a formerly incarcerated student, which led him to form the first program of its kind at Santa Barbara City College in 2008.

“I walked out of prison 15 years



Village News/Courtesy photo

The summer cohort of formerly incarcerated students, known as Transitions but soon to be Rising Scholars, gather for a celebration of completion and new beginnings.

ago terrified of what society had in store for me,” said Leyva, who teaches in the summer program at Palomar. “Many of us are re-entering a society that pushes us away and marginalizes us, and so when we re-enter, often, we go back to our addictions, our ways of living, and back to prison, because we don’t know how to function out here. But 15 years ago, I found education and fell in love with it.”

Leyva added: “Thank you, especially, to our students – this work doesn’t exist, it means nothing, unless you take that brave step to walk in the door.”

The July 22 ceremony concluded with a presentation of the new RS

Building (for “Rising Scholars”), which will take an unmistakable location along the driveway of the main entrance to campus, with lights illuminating the word “RISE” as visitors arrive. The project, with indoor and outdoor study and gathering spaces and resources for Rising Scholars students, is scheduled for opening in Spring 2023.

The Rising Scholars program helps previously incarcerated individuals adjust to a college campus and successfully begin or resume their higher education. It also serves currently incarcerated students in the Vista Detention Facility.

The summer session, for which the July 22 ceremony served as a graduation, introduces students to the program and includes tutoring, weekly team building activities, guest speakers, two for-credit classes, and various other forms of support.

The statewide Rising Scholars movement was established in October 2021 following the unanimous passage of California Assembly Bill 417, which included funding for “services in support of postsecondary education for justice-involved students” throughout the California Community College system.

Deadline looms for western states to cut Colorado River use



A formerly sunken boat sits upright into the air with its stern stuck in the mud along the shoreline of Lake Mead at the Lake Mead National Recreation Area, Friday, June 10, 2022, near Boulder City, Nev. Lake Mead water has dropped to levels it hasn't been since the lake initially filled over 80 years earlier. Prolonged drought, climate change and overuse are jeopardizing the water supply that more than 40 million people rely on. States are acknowledging that painful cuts are needed, but also stubbornly clinging to the water they were allocated a century ago. (AP Photo/John Locher, File)

Sam Metz and Felicia Fonseca
Associated Press

SALT LAKE CITY – Banks along parts of the Colorado River where water once streamed are now just caked mud and rock as climate change makes the Western U.S. hotter and drier.

More than two decades of drought have done little to deter the region from diverting more water than flows through it, depleting key reservoirs to levels that now jeopardize water delivery and hydropower production.

Cities and farms in seven U.S. states are bracing for cuts this week as officials stare down a deadline to propose unprecedented reductions to their use of the water, setting up what's expected to be the most consequential week for Colorado River policy in years.

The U.S. Bureau of Reclamation in June told the states – Arizona, California, Colorado, Nevada, New Mexico, Utah and Wyoming – to determine how to use at least 15% less water next year, or have restrictions imposed on them. The bureau is also expected to publish hydrology projections that will trigger additional cuts already agreed to.

Tensions over the extent of the cuts and how to spread them equitably have flared, with states pointing fingers and stubbornly clinging to their water rights despite the looming crisis.

Representatives from the seven states convened in Denver last week for last minute negotiations behind closed doors. Those discussions have yet to produce concrete proposals, but officials party to them say the most likely targets for cuts are Arizona and California farmers. Agricultural districts in those states are asking to be paid generously to bear that burden.

The proposals under discussion, however, fall short of what the Bureau of Reclamation has demanded and, with negotiations stalling, state officials say they hope for more time to negotiate details.

“Despite the obvious urgency of the situation, the last sixty-two days produced exactly nothing in terms of meaningful collective action to help forestall the looming crisis,” John Entsminger, the General Manager of the Southern Nevada Water Authority wrote in a letter on Monday. He called the agricultural district demands “drought profiteering.”

The Colorado River cascades from the Rocky Mountains into the arid deserts of the Southwest. It's the primary water supply for 40 million people. About 70% of its water goes toward irrigation, sustaining a \$15 billion-a-year agricultural industry that supplies

90% of the United States' winter vegetables.

Water from the river is divided among Mexico and the seven U.S. states under a series of agreements that date back a century, to a time when more flowed.

Less snowmelt has contributed to hotter temperatures and more evaporation. As the river yielded less water, the states agreed to cuts tied to the levels of reservoirs that store its water.

Last year, federal officials for the first time declared a water shortage, triggering cuts to Nevada, Arizona and Mexico's share of the river to help prevent the two largest reservoirs – Lake Powell and Lake Mead – from dropping low enough to threaten hydropower production and stop water from flowing through their dams.

The proposals for supplemental cuts due this week have inflamed disagreement between upper basin states – Colorado, New Mexico, Utah and Wyoming – and lower basin states – Arizona, California and Nevada – over how to spread the pain.

The lower basin states use most of the water and have thus far shouldered most of the cuts. The upper basin states have historically not used their full allocations but want to maintain water rights to plan for population growth.

Gene Shawcroft, the chairman of Utah's Colorado River Authority, believes the lower basin states should take most of the cuts because they use most of the water and their full allocations.

He said it was his job to protect Utah's allocation for growth projected for decades ahead: “The direction we've been given as water purveyors is to make sure we have water for the future.”

In a letter last month, representatives from the upper basin states proposed a five-point conservation plan they said would save water, but argued most cuts needed to come from the lower basin. The plan didn't commit to any numbers.

“The focus is getting the tools in place and working with water users to get as much as we can rather than projecting a water number,” Chuck Cullom, the executive director of the Upper Colorado River Commission, told The Associated Press.

That position, however, is unsatisfactory to many in lower basin states already facing cuts.

“It's going to come to a head particularly if the upper basin states continue their negotiating position, saying, ‘We're not making any cuts,’” said Bruce Babbitt, who served as Interior secretary from 2003-2011.

Lower basin states have yet to go public with plans to contribute, but officials said last week that the



Visitors view the dramatic bend in the Colorado River at the popular Horseshoe Bend in Glen Canyon National Recreation Area, in Page, Ariz., on Sept. 9, 2011. Some 40 million people in Arizona, California, Colorado, Nevada, New Mexico, Utah and Wyoming draw from the Colorado River and its tributaries. This week, although after presstime, the U.S. Bureau of Reclamation is expected to publish hydrology projections that would trigger agreed-upon cuts to states that rely on the river. (AP Photo/Ross D. Franklin, File)



Farmer John Hawk looks over his land as his seed onion fields are watered in Holtville, Calif., Sept. 3, 2002. For the seven states that rely on the Colorado River that carries snowmelt from the Rocky Mountains to the Gulf of California, that means a future with increasingly less water for farms and cities although climate scientists say it's hard to predict how much less. The U.S. Bureau of Reclamation is expected to publish hydrology projections on Tuesday, Aug. 16, 2022, that will trigger agreed-upon cuts to states that rely on the river. (AP Photo/Reed Saxon, File)

states' tentative proposal under discussion fell slightly short of the federal government's request to cut 2 to 4 million acre-feet.

An acre-foot of water is enough to serve 2-3 households annually.

Bill Hasencamp, the Colorado River resource manager at Southern California's Metropolitan Water District, said all the districts in the state that draw from the river had agreed to contribute water or money to the

plan, pending approval by their respective boards. Water districts, in particular Imperial Irrigation District, have been adamant that any voluntary cut must not curtail their high priority water rights.

Southern California cities will likely provide money that could fund fallowing farmland in places like Imperial County and water managers are considering leaving water they've stored in Lake Mead as part of their contribution.

Arizona will probably be hit hard with reductions. The state over the past few years shouldered many of the cuts. With its growing population and robust agricultural industry, it has less wiggle room than its neighbors to take on more, said Arizona Department of Water Resources Director Tom Buschatzke. Some Native American tribes in Arizona have

see **DROUGHT**, page D-5

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NATIONAL

Judge unseals Mar-a-Lago raid warrant, reveals why FBI is investigating Trump

Jack Phillips
The Epoch Times

The seven-page warrant that authorized the FBI to search former President Donald Trump’s property earlier this week was unsealed Friday, Aug. 12, and it shows that Trump is under federal investigation for obstruction of justice and other alleged violations.

Trump is under investigation for alleged violations of 18 USC 2071, concealment, removal or mutilation; 18 USC 793 of the Espionage Act, gathering, transmitting or losing defense information; and 18 USC 1519, destruction, alteration or falsification of records in federal investigations, according to the warrant, which was unsealed by Judge Bruce Reinhart Friday afternoon. A conviction under these statutes can lead to imprisonment or fines.

The search and seizure warrant shows FBI agents targeted “the ‘45 Office,’ all storage rooms and all other rooms or areas within the premises used or available to be

used by FPOTUS (former president of the United States) and his staff and in which boxes or documents could be stored, including all structures or buildings on the estate.”

Agents were granted authority to seize “all physical documents and records constituting evidence, contraband, fruits of crime or other items illegally possessed,” according to the warrant. That includes documents with classification markings and presidential records that were drafted between Jan. 20, 2017 and Jan. 20, 2021, when Trump was in office.

The FBI didn’t try to obtain access to search private guest rooms, including members of Mar-a-Lago, according to the warrant. Earlier this week, the judge ordered the Department of Justice to file a response after several groups requested the warrant unsealed.

Federal agents also took a set of alleged “top secret/SCI” documents, four sets of “top secret” documents, three sets of “secret” documents and three sets of “confidential” documents, according to a

property receipt unsealed alongside the warrant Friday. It’s not clear what the documents entailed.

Response

Trump’s lawyers have argued that the former president used his authority as president to declassify the material before he departed office in early 2021.

“The Biden administration is in obvious damage control after their botched raid where they seized the President’s picture books, a ‘hand-written note’ and declassified documents,” Trump spokesman Taylor Budowich told Fox News as the warrant was unsealed Friday. “This raid of President Trump’s home was not just unprecedented, but unnecessary, and they are leaking lies and innuendos to try to explain away the weaponization of government against their dominant political opponent. This is outrageous.”

The Department of Justice Thursday, Aug. 11, filed a motion to unseal the warrant unless Trump objects to the move. The filing came around the same time Attorney General Merrick Garland

announced that he personally approved the FBI’s search in Florida.

“Not only will I not oppose the release of the documents,” Trump wrote Thursday, referring to the FBI’s warrant. “I am going a step further by encouraging the immediate release of those documents,” he said.

And Friday, Trump posted that the documents the FBI alleged seized were “all declassified” and agents “could have had [the documents] anytime they wanted without playing politics and breaking into Mar-a-Lago.” He added, “It was in secured storage, with an additional lock put on as per their request.”

Trump also wrote that former President Obama “kept 33 million pages of documents, much of them classified. How many of them pertained to nuclear? Word is, lots!”

The Washington Post, citing unnamed sources, reported Thursday, Aug. 11, that some documents relating to nuclear weapons were among the items sought by the FBI. But Trump Friday morning said the

report is a hoax and a continuation of the Trump-Russia collusion narrative that was pushed by legacy news outlets starting in late 2016.

Republicans have said the unprecedented FBI raid is a politicized attempt to target a former president who is currently mulling a 2024 run. Since Monday, several GOP lawmakers have called on federal agencies to release the affidavit, which would provide more details as to what information the FBI was acting upon when it attempted to obtain the warrant.

Sen. Lindsey Graham (R-S.C.) wrote on Twitter Friday that the Department of Justice “must release the information as to why a warrant was necessary, not what was taken ... they can redact the names and other sensitive information, but DOJ must lay their cards on the table.”

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Shipping problems will persist for years, fueling cost-of-living crisis, warns logistics giant

Katabella Roberts
The Epoch Times

Global shipping problems that have driven up the price of food and goods may continue to wreak havoc for much longer than anticipated with no relief in sight, according to logistics giant EV Cargo.

EV Cargo is one of the largest providers of transport, logistics and freight forwarding services across the world and operates in 150 countries, carrying \$60 billion of merchandise a year, according to its official website.

EV Cargo is the result of a merger between six major logistics companies with operations across the UK: Adjuno, Allport Cargo Services, CM Downton, Jigsaw, NFT and Palletforce.

Heath Zarin, founder and CEO of the London-headquartered company, told the Independent that the problems that have plagued the shipping industry and impacted prices, such as higher fuel prices and continued COVID-19 lock-

downs in China, will likely take years to fully resolve.

“It’s going to take a period of years to stabilize and get back to normal,” Zarin said. “It’s very serious overall and another reason why inflation and higher prices are likely to be with us for longer than anybody would like.”

He added, “There will be ups and downs but there won’t be a massive form of relief from elevated prices.”

The Consumer Price Index rose by 9.4% year-over-year in June in the UK, where EV Cargo is based. In the United States, the CPI showed that inflation was at 8.5% in July 2022, down from 9.1% in June.

However, a new poll by Rasmussen Reports published Aug. 9 showed that inflation is crippling American households, with 89% of the 1,000 U.S. adults surveyed saying they’re paying more for groceries now than they were a year ago, while 61% anticipate the amount they spend on groceries to be even higher a year from now.

Inflation Reduction Act

In an effort to curb inflation, House Democrats passed the \$700 billion Inflation Reduction Act in a strictly party-line vote Aug. 12 and it now awaits final approval from President Joe Biden.

The bill, which was negotiated chiefly by U.S. Sen. Joe Manchin (D-W.Va.) with Senate Majority Leader Chuck Schumer (D-N.Y.), was passed by the Senate Aug. 7 via the reconciliation process, which overrides the 60-vote filibuster threshold for a simple majority.

Democrats have touted the bill, which they say will bring in \$725 billion in new revenue to the federal government and reduce the deficit by around \$292 billion annually.

“Rather than risking more inflation with trillions in new spending, this bill will cut the inflation taxes Americans are paying, lower the cost of health insurance and prescription drugs and ensure our country invests in the energy security and climate change solu-

tions we need to remain a global superpower through innovation rather than elimination,” Manchin said while announcing his support for the IRA July 27.

However, opponents of the act argue that the IRA may further harm the economy.

Finance professor Michael Busler from Stockton University said in a recent interview with NTD that the U.S economy is currently in “stagflation” and as such, “the worst thing to be doing at this time when you have excess demand is to continue to government spend and add more excess demand.”

“That’ll make the inflation problem worse. Now, they’re gonna argue ‘We’re gonna raise taxes, so the inflation problem won’t be worse.’ All the tax increase will do is slow down the recovery,” Busler said.

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Report claims supercharged IRS will collect \$20 billion more from Americans making less than \$400,000 under Inflation Reduction Act

Tom Ozimek
The Epoch Times

Republicans on the House Ways and Means Committee say they have received information from the non-partisan scorekeeper at the Congressional Budget Office challenging the Biden administration’s narrative that Americans making less than \$400,000 a year won’t see higher IRS audit rates.

The remarks came in an Aug. 12 statement that was published as the Democrat-controlled House passed the Inflation Reduction Act, which includes nearly \$46 billion in additional funding for IRS enforcement of the \$80 billion or so total funding boost to the tax agency.

Committee Republicans said that the CBO statement they were provided with confirms that, under the new legislation, lower and middle-income Americans will be squeezed harder by the tax man to the tune of at least \$20 billion.

‘Supercharged IRS’ coming for middle-income Americans

This figure was arrived at by calculating how much less tax revenue would flow into government coffers if legislators had accepted amendment 5404 proposed by Sen. Mike Crapo (R-Idaho) that explicitly called for none of the funds appropriated under the Inflation Reduction Act to be used to audit taxpayers making less than \$400,000 a year.

“The Congressional Budget Office confirms that had this amendment passed and lower- and middle-income taxpayers been

protected, revenue in Democrats’ bill would have been reduced by at least \$20 billion,” Committee Republicans said.

This confirms that “at least \$20 billion of the \$124 billion in new revenue expected by a supercharged IRS will be coming from higher audits on low- and middle-income Americans” and that this would be “in addition to existing audits on these income levels.”

The Epoch Times has reached out to the CBO with a request for confirmation of the scorekeeper’s assessment and comment, with no response received by publication.

‘Absolutely not’ increasing audit scrutiny?

Republicans said the CBO statement proves that members of the Biden administration are misleading the public by claiming that lower- and middle-income Americans won’t face additional tax audits.

Treasury Secretary Janet Yellen has insisted Republican claims that tax auditors will target lower- and middle-income Americans at higher rates are false and politically motivated.

“I direct that any additional resources, including any new personnel or auditors that are hired, shall not be used to increase the share of small business or households below the \$400,000 threshold that are audited relative to historical levels,” Yellen said in an Aug. 10 letter to IRS Commissioner Charles Rettig.

“This means that, contrary to the misinformation from opponents

of this legislation, small business or households earning \$400,000 per year or less will not see an increase in the chances that they are audited,” she added.

The IRS chief, too, has insisted that the tax agency would “absolutely not” be increasing audit scrutiny on small businesses or middle-income Americans relative to “recent years,” according to a letter to members of the Senate Aug. 4.

More audits ‘almost certain’

A previous CBO analysis indicated that, under basically the same funding plan as is featured in the Inflation Reduction Act, audit rates would be restored to levels around 10 years ago and that audit rates would rise “for all taxpayers,” though ones with higher incomes would face the biggest increase.

IRS audit rates have fallen sharply over the past decade, with the Government Accountability Office saying in a report that rates in 2019 were about one-third of those in 2010 for all income groups, dropping from 0.9% down to 0.25%.

A CBO estimate shows that the additional \$80 billion in funding will bring in around \$204 billion in new revenues, including from enforcement.

Despite Yellen’s and Rettig’s insistence that audit rates wouldn’t jump for those making under \$400,000, Rachel Greszler, senior research fellow at the Grover M. Hermann Center, wrote in an op-ed for the Heritage Foundation that this is likely not the case.

“Despite the Biden administra-

tion’s claims, it’s almost certain that households making less than \$400,000 a year would face increased audits under Democrats’ bill,” Greszler wrote.

“And despite estimates from official congressional scorekeepers that the Schumer-Manchin-Biden tax increase indeed would raise taxes on those Americans, the administration has doubled down on the claim,” she added.

Rep. Kevin Brady (R-Texas) said on the House floor that the way Democrats can manage to raise \$200 billion in new tax revenues is “with thousands of new agents targeting what I would call Walmart shoppers.”

“They’re real hard working American families. They are my constituents, they are my neighbors in my district. They’re living paycheck to paycheck, struggling with inflation and high gas prices,” Brady said.

“They will be hit with over 700,000 new audits thanks to a skyrocketing surge in IRS agents,” he added.

“Higher taxes, harassing IRS audits on our Walmart shoppers, no relief from inflation, all as America battles a recession,” Brady said.

The Inflation Reduction Act passed in a strictly party-line vote Aug. 12, with the bill next headed to President Joe Biden’s desk for final approval.

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VILLAGE NEWS

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ADJUDICATION

Village News has been granted by the courts of San Diego County the right of adjudication, legal No. GINo13243. We can accept legal notices for publication.

PREVIOUS ISSUES

A limited number of previous issues of the Village News (more than one month old) are available for \$2.00 each, plus \$2.00 postage and handling (\$4.00 total cost). Call 760-723-7319 to order.

LETTER TO THE EDITOR

Please submit all correspondence to our corporate office by e-mail, villageeditor@reedermedia.com. All correspondence must be dated and signed and include the writer's full address and phone number in order to be considered for publication. All letters are subject to editing to fit the publication's format. Deadline is Monday, 9 a.m.

The opinions expressed in Fallbrook/Bonsall Village News do not necessarily reflect the opinions of Fallbrook/Bonsall Village News staff.

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REGIONAL

Postcards go out to registered voters

Tracy DeFore
County of San Diego
Communications Office

The Registrar of Voters has mailed over 1.9 million postcards to registered voters in San Diego County listing voting options for the Nov. 8, 2022, Statewide General Election.

Every active registered voter will automatically receive a ballot in the mail and will have three options for returning that ballot: by mail, to one of the Registrar’s secure ballot drop box locations, or at any vote center. Ballots begin going out in the mail on Oct. 8, giving voters nearly a month to mark their ballot and return it before Election Day.

Voters also have the choice to vote in-person at any one of over 200 vote centers located across the county, which will be open over multiple days. Elections are no longer a one-day event, and there is no need to wait until Election Day to vote.

The Registrar’s office anticipates opening 132 ballot drop box locations starting Oct. 10. Over

200 vote centers will open for four days starting Nov. 5. Nearly 40 of those vote centers will open earlier, Oct. 29, giving voters 11 days to cast their ballots in-person.

A list of ballot drop box and vote center locations will be available by Sept. 9 at sdvote.com.

What do you need to do?

Check your voter registration information. Make sure your residence address is up to date, and if you have a separate mailing address, check that too. If accurate, no further action is needed. If different, you need to fill out a new voter registration.

Have you recently moved or changed your name? Whether you’re new to San Diego County or just moved down the street, you need to re-register to vote. You can do this by completing a new registration online at sdvote.com.

Not registered? Register to vote – it takes less than two minutes.

Learn more about voting in the general election at sdvote.com, call 858-565-5800 or toll free at 800-696-0136.



Soaring inflation impacting all aspects of feeding San Diego’s operations

While costs are up across the board, so is the need for food assistance in San Diego County

SAN DIEGO – With the inflation rate sitting at a four-decade high, Feeding San Diego is facing increased operating costs across nearly all aspects of the organization, including purchasing food, transporting donated food, energy for cold storage, and other costs including fuel, wages, and even vehicle maintenance seeing significant increases.

The cost of purchased food alone is up 20% for the organization, testing its ability to provide as much food assistance as needed through San Diego County. More people are seeking help from hunger relief organizations like Feeding San Diego, many of them for the first time, and the non-profit is calling on the local community to show support like they did during the early days of the COVID-19 pandemic.

“We are seeing more people at our food distributions who say they need help because their income just isn’t covering their basic expenses anymore,” said Dan Shea, CEO of Feeding San Diego. “At the same time, pandemic era government funding and programs are expiring, and donations are down from the height of the pandemic. It’s important that our community knows that the crisis is not over.”

A survey conducted by the Urban Institute found that food insecurity, after falling sharply

in 2021, rose to roughly the same level this June and July as it reached in March and April 2020. Feeding San Diego has tracked the same trend at its Together Tour drive-through food distributions – there are 11 sites across San Diego County – that started in February 2021 as a response to the economic fallout started by the pandemic. While numbers dipped briefly mid-year, by the end of 2021 they were climbing again.

Take for example Feeding San Diego’s food distribution at Southwestern College in Chula Vista, started back in April of 2021. These are held every month and are open to anyone in need and people can drive through to receive fresh produce, pantry staples, and a frozen meat protein. While there were initially 1,008 households that drove through the first distribution in April 2021, over time the numbers went down, dipping to 675 in September of 2021. Since then, attendance has been steadily climbing back up and last month the site served nearly 1,500 households, the highest number ever served at that site. This trend is indicative of what the nonprofit is seeing across the board at Together Tour distributions throughout the county.

Inflation is wreaking havoc on the American household, whether it was a household that struggled with food insecurity before or



not. Household budgets are very tight – anything that increases costs can have a negative effect on food budgets, leading individuals and families to turn to food banks to make ends meet. People are making tough choices between putting food on the table or paying

for medicine or putting gas in their cars.

According to the USDA, households with a lower income spend a larger portion of their budget on food – nearly 30%. Feeding San Diego is working around the clock to try to meet the

need but right now, more than ever, needs the help of the community.

Those who would like to support the life changing work of Feeding San Diego can visit <https://feedingsandiego.org/to> make a donation, start a fundraiser or sign up for a volunteer shift.

Soroptimists Donate to Ukraine Relief

VISTA – Soroptimist International of Vista and North County Inland has donated \$1,000 from the club’s general fund to aid Ukrainian refugees in Hungary and Ukraine through Soroptimist International of Europe’s War Zone Initiative projects. The money was wired directly to Soroptimist International of Szombathely (Hungary) which will use it to provide families who have fled the war in Ukraine with basic medical supplies. Many Soroptimist clubs in

Hungary, Poland, Romania and Moldova have set up funding mechanisms to provide assistance to the 3.2 million refugees who have fled their Ukrainian homeland. Individuals and clubs who wish to donate to any of the Soroptimist global relief efforts can donate to a specific project of their choosing here <https://soroptimist-projects.org/explore-projects/>

SI Vista NCI is part of Soroptimist International, a worldwide service organization

with the mission of working at local, national and international levels to educate, empower and enable opportunities for women and girls. There are more than 72,000 members in 121 countries and 5 federations worldwide. The local club meets twice a month and new members are always welcome. See soroptimistvista.org or call 760-683-9427 for more information.

Submitted by Soroptimist International of Vista and North County Inland.

CLASSIFIEDS

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Beautiful BMW 128i 4 seat convertible 20,000 miles. Excellent condition inside and out. Gray with black top. Asking \$20,000 pmr09@yahoo.com

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DROUGHT
from page D-1

also contributed to propping up Lake Mead in the past, and could play an outsized role in any new proposal.

Irrigators around Yuma, Arizona, have proposed taking 925,000 acre-feet less of Colorado River water in 2023 and leaving it in Lake Mead if they’re paid \$1.4 billion, or \$1,500 per acre-foot. The cost is far above the going rate, but irrigators defended their proposal as fair considering the cost to grow crops and get them

to market.

Wade Noble, the coordinator for a coalition that represents Yuma water rights holders, said it was the only proposal put forth publicly that includes actual cuts, rather than theoretical cuts to what users are allocated on paper.

Some of the compensation-for-conservation funds could come from a \$4 billion in drought funding included in the Inflation Reduction Act under consideration in Washington, U.S. Sen. Kyrsten Sinema of Arizona told the AP.

Sinema acknowledged that paying farmers to conserve is not a long-term solution: “In the short-term, however, in order to meet our

day-to-day needs and year-to-year needs, ensuring that we’re creating financial incentives for non-use will help us get through,” she said.

Babbitt agreed that money in the legislation will not “miraculously solve the problem” and said prices for water must be reasonable to avoid gouging because most water users will take be impacted.

“There’s no way that these cuts can all be paid for at a premium price for years and years,” he said.

Fonseca reported from Flagstaff, Arizona. Associated Press reporter Kathleen Ronayne contributed from Sacramento, California.

Watch www.villagenews.com for updates.

LEGALS

The deadline for Legal notices is Monday, noon. Email to legals@reedermedia.com.

NOTICE OF TRUSTEE'S SALE T.S. No.: 2021-7175 Loan No.: RICHARDSON/MORPHEW YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 01/04/2019. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: JERRY DALE RICHARDSON Duly Appointed Trustee: Foreclosure Specialists, Inc., A California Corporation Recorded 01/08/2019 as Instrument No. 2019-0007555 in book , page of Official Records in the office of the Recorder of SAN DIEGO County, California, Date of Sale: 09/01/2022 at 10:00 AM Place of Sale: At the entrance to Zenith Trustee Services, 217 Civic Center Drive #2, Vista, CA 92084. Amount of unpaid balance and other charges: \$315,969.60 Street Address or other common designation of real property: 29547 YELLOW BRICK ROAD VALLEY CENTER, CA 92082 A.P.N.: 188-225-37-00 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 760-758-7622 or visit this Internet Website WWW.ZENITHTRUSTEE.COM, using the file number assigned to this case 2021-7175. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you may purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call, 760-758-7622, or visit this internet website WWW.ZENITHTRUSTEE.COM, using the file number assigned to this case 2021-7175 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: 08/02/2022 Foreclosure Specialists, Inc., A California Corporation DBA Zenith Trustee Services 217 Civic Center Drive # 2 Vista, California 92084 Sale Line: 760-758-7622 DANA A. FAZIO, TRUSTEE OFFICER NPP0414513 To: VILLAGE NEWS INC 08/11/2022, 08/18/2022, 08/25/2022

T.S. No. 22-00662-QQ-CA Title No. 2121791 A.P.N. 185-442-16-00 NOTICE OF TRUSTEE'S SALE. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 07/09/2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, (cashier's check(s) must be made payable to National Default Servicing Corporation), drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state: will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made in an "as is" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Carolyn M. Bowen, an unmarried person Duly Appointed Trustee: National Default Servicing Corporation Recorded 08/16/2004 as Instrument No. 2004-0776519 (or Book, Page) of the Official Records of San Diego County, CA. Date of Sale: 09/14/2022 at 10:00 AM Place of Sale: At the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA 92020 Estimated amount of unpaid balance and other charges: \$75,734.94 Street Address or other common designation of real property: 12703 Lonesome Oak Way Valley Center, CA 92082 A.P.N.: 185-442-16-00 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sale and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The requirements of California Civil Code Section 2923.5(b)(2923.55(c) were fulfilled when the Notice of Default was recorded. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call or visit this Internet Web site www.ndscorp.com/sales, using the file number assigned to this case 22-00662-QQ-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you may purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 888-264-4010, or visit this internet website www.ndscorp.com, using the file number assigned to this case 22-00662-QQ-CA to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Pursuant to Section 2924m of the California Civil Code, the potential rights described herein shall apply only to public auctions taking place on or after January 1, 2021, through December 31, 2025, unless later extended. Date: 07/29/2022 National Default Servicing Corporation c/o Tiffany & Bosco, P.A., its agent, 1455 Frazer Road, Suite 820 San Diego, CA 92108 Toll Free: 888-264-4010 Sales Line 855-219-8501; Sales Website: www.ndscorp.com By: Gabriela Sanchez, Trustee Sales Representative 08/11/2022, 08/18/2022, 08/25/2022 CPP352887

T.S. No.: 22-6337
Notice of Trustee's Sale
Loan No.: *****922 APN: 217-023-11-00 You Are In Default Under A Deed Of Trust Dated 9/7/2005. Unless You Take Action To Protect Your Property, It May Be Sold At A Public Sale. If You Need An Explanation Of The Nature Of The Proceeding Against You, You Should Contact A Lawyer. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Eleuterio Castellanos, A Married Man As His Sole And Separate Property Duly Appointed Trustee: Prestige Default Services, LLC Recorded 9/9/2005 as Instrument No. 2005-0781770 of Official Records in the office of the Recorder of San Diego County, California, Date of Sale: 9/2/2022 at 9:00 AM Place of Sale: Entrance of the East County Regional Center East County Regional Center, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$218,643.85 Street Address or other common designation of real property: 2066 Thibodo Road Vista California 92081 A.P.N.: 217-023-11-00 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Notice To Potential Bidders: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. All checks payable to Prestige Default Services, LLC. Notice To Property Owner: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 793-6107 or visit this Internet Web site www.auction.com, using the file number assigned to this case 22-6337. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Notice To Tenant: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (800) 793-6107, or visit this internet website www.auction.com, using the file number assigned to this case 22-6337 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: 7/29/2022 Prestige Default Services, LLC 1920 Old Tustin Ave. Santa Ana, California 92705 Questions: 949-427-2010 Sale Line: (800) 793-6107 Briana Young, Trustee Sale Officer Published: 8/11/22, 8/18/22, 8/25/22

T.S. No.: 22-5926
Notice of Trustee's Sale
Loan No.: *****455 APN: 157-110-94-01 You Are In Default Under A Deed Of Trust Dated 11/15/2004. Unless You Take Action To Protect Your Property, It May Be Sold At A Public Sale. If You Need An Explanation Of The Nature Of The Proceeding Against You, You Should Contact A Lawyer. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Robert Shawn Aguilar, A Single Man Duly Appointed Trustee: Prestige Default Services, LLC Recorded 11/29/2004 as Instrument No. 2004-1120490 of Official Records in the office of the Recorder of San Diego County, California, Date of Sale: 9/2/2022 at 9:00 AM Place of Sale: Entrance of the East County Regional Center East County Regional Center, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$241,862.09 Street Address or other common designation of real property: 1500 Circle Ranch Way #407 Oceanside California 92057 A.P.N.: 157-110-94-01 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Notice To Potential Bidders: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. All checks payable to Prestige Default Services, LLC. Notice To Property Owner: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 793-6107 or visit this Internet Web site www.auction.com, using the file number assigned to this case 22-5926. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Notice To Tenant: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (800) 793-6107, or visit this internet website www.auction.com, using the file number assigned to this case 22-5926 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: 7/29/2022 Prestige Default Services, LLC 1920 Old Tustin Ave. Santa Ana, California 92705 Questions: 949-427-2010 Sale Line: (800) 793-6107 Briana Young, Trustee Sale Officer Published: 8/11/22, 8/18/22, 8/25/22

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2022-9016307

Name of Business

NLD DESIGNS

4141 Linda Vista Dr, Fallbrook, CA 92028
Mailing address: (same)

County: San Diego

This business is registered by the following:
Nathalie Lynn Antonelli, 4141 Linda Vista Dr, Fallbrook, CA 92028

This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 07/01/2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 20, 2022

LEGAL: 5932

PUBLISHED: July 28, August 4, 11, 18, 2022

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2022-9018315

Name of Business

DISTINCTIVE PROPERTIES GOOSEHEAD INSURANCE SOLUTIONS

2792 Gateway Rd. Ste 100, Carlsbad, CA 92009
Mailing address: 1374 S. Mission Rd. Ste 525, Fallbrook, CA 92028

County: San Diego

This business is registered by the following:
Professional Realty Consulting Inc., 2792 Gateway Rd. Ste 100, Carlsbad, CA 92009

This business is conducted by a Corporation
This Corporation is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of N/A

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 04, 2022

LEGAL: 5943

PUBLISHED: August 18, 25, September 1, 8, 2022

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2022-9018275

Name of Business

SUPER SIMPLE GREENS

2063 Rainbow Glen Road, Fallbrook, CA 92028
Mailing address: 2063 Rainbow Glen Road, Fallbrook, CA 92028

County: San Diego

This business is registered by the following:
Krissy M Everett, 2063 Rainbow Glen Road, Fallbrook, CA 92028

This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 08/01/2022

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 15, 2022

LEGAL: 5944

PUBLISHED: August 18, 25, September 1, 8, 2022

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T.S. No.: 22-6202

Notice of Trustee's Sale

Loan No.: *****844 APN: 302-180-49-00 You Are In Default Under A Deed Of Trust Dated 9/23/2004. Unless You Take Action To Protect Your Property, It May Be Sold At A Public Sale. If You Need An Explanation Of The Nature Of The Proceeding Against You, You Should Contact A Lawyer. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Arnold Katz, And Wendy Katz, Husband And Wife As Joint Tenants Duly Appointed Trustee: Prestige Default Services, LLC Recorded 9/29/2004 as Instrument No. 2004-0926474 of Official Records in the office of the Recorder of San Diego County, California, Date of Sale: 9/23/2022 at 9:00 AM Place of Sale: Entrance of the East County Regional Center East County Regional Center, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$900,029.45 Street Address or other common designation of real property: 16150 El Camino Real Rancho Santa Fe California 92091 A.P.N.: 302-180-49-00 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Notice To Potential Bidders: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. All checks payable to Prestige Default Services, LLC. Notice To Property Owner: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 793-6107 or visit this Internet Web site www.auction.com, using the file number assigned to this case 22-6202. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Notice To Tenant: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (800) 793-6107, or visit this internet website www.auction.com, using the file number assigned to this case 22-6202 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: 7/14/2022 Prestige Default Services, LLC 1920 Old Tustin Ave. Santa Ana, California 92705 Questions: 949-427-2010 Sale Line: (800) 793-6107 Briana Young, Trustee Sale Officer Published: 8/25/22, 9/1/22, 9/8/22

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LEGALS

The deadline for Legal notices is Monday, noon. Email to legals@reedermedia.com.

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case Number: 37-2022-00028201-CU-PT-NC TO ALL INTERESTED PERSONS
Petitioner:
ANDREW ISAAC TEMPLETON
Present Name:
ANDREW ISAAC TEMPLETON
Proposed Name:
ANDREW ISAACS DART

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.*

NOTICE OF HEARING
Date: 9/6/22 Time: 8:30 am Dept: 25
The address of the court is 325 S. Melrose Dr., Vista, CA 92081

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News

NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE.

The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120).

If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to the petitioner.

If all requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions.

If a timely objection is filed, the court will set a remote hearing date and contact the parties by mail with further directions.

A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) **BEFORE THE DATE SPECIFIED.** Do not come to the court on the specified date. The court will notify the parties by mail of a future remote hearing date.

Date: 7/19/22 Signed: James E. Simmons, Jr., Judge of the Superior Court.
LEGAL: 5933
PUBLISHED: July 28, August 4, 11, 18, 2022

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9016742
Name of Business
CENTER HOME IMPROVEMENT
333 Silk Mill Pl, San Marcos, CA 92069
County: San Diego
This business is registered by the following:
a. Spencer Fowler, 554 Idaho Ave, Escondido, CA 92025
b. Luc Neesby, 333 Silk Mill Pl, San Marcos, CA 92069
This business is conducted by a General Partnership
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 22, 2022
LEGAL: 5934
PUBLISHED: August 11, 18, 25, September 1, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9017645
Name of Business
AM/PM APPLIANCE REPAIR LLC
201 Wilshire Road, Oceanside, CA 92057
Mailing address: 201 Wilshire Road, Oceanside, CA 92057
County: San Diego
This business is registered by the following:
AM/PM Appliance Repair LLC, 201 Wilshire Road, Oceanside, CA 92057
This business is conducted by a Limited Liability Company
This LLC is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 04, 2022
LEGAL: 5935
PUBLISHED: August 11, 18, 25, September 1, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9016907
Name of Business
STREAK FREAKS WINDOW CLEANING
931 La Rue Ave, Fallbrook, CA 92028
Mailing address: 931 La Rue Ave, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
a. Jordan Alan Willis, 931 La Rue Ave, Fallbrook, CA 92028
b. Courtney Lynn Willis, 931 La Rue Ave, Fallbrook, CA 92028
This business is conducted by a Married Couple
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 26, 2022
LEGAL: 5936
PUBLISHED: August 11, 18, 25, September 1, 2022

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9017558
Name of Business
DESIGN INNOVATIONS
3747 Kelton Dr, Oceanside, CA 92056
Mailing address: 3747 Kelton Dr, Oceanside, CA 92056
County: San Diego
This business is registered by the following:
Larry Baker Vaughan, 3747 Kelton Dr, Oceanside, CA 92056
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 8/3/2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 03, 2022
LEGAL: 5939
PUBLISHED: August 18, 25, September 1, 8, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9017830
Name of Business
SILVER POOL SERVICES
304 Elbrook Dr., Fallbrook, CA 92028
Mailing address: 304 Elbrook Dr., Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Benjamin Lupericio, 304 Elbrook Dr., Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 08, 2022
LEGAL: 5940
PUBLISHED: August 18, 25, September 1, 8, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9017217
Name of Business
JAZZY WORMS
7250 Rainbow Heights Road, Fallbrook, CA 92028
Mailing address: same
County: San Diego
This business is registered by the following:
Daniel Rojas, 7250 Rainbow Heights Road, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 7/29/22
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 29, 2022
LEGAL: 5941
PUBLISHED: August 18, 25, September 1, 8, 2022

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9017339
Name of Business
a. WELLNESS FOR CHILDREN PROJECT
b. COMPASSIONATE ARTS IN ACTION
2450 Wintergreen Ln., Fallbrook, CA 92028
Mailing address: 2450 Wintergreen Lane, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Kira Carrillo D. Corser, 2450 Wintergreen Lane, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 01, 2022
LEGAL: 5937
PUBLISHED: August 11, 18, 25, September 1, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9017409
Name of Business
THE ORGANIC PUPUSAS
965 Laguna Drive #13, Carlsbad, CA 92008
Mailing address: same as above
County: San Diego
This business is registered by the following:
a. M. Soledad Reaves, 965 Laguna Drive #13, Carlsbad, CA 92008
b. Eric Reaves, 965 Laguna Drive #13, Carlsbad, CA 92008
This business is conducted by a Married Couple
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 02, 2022
LEGAL: 5938
PUBLISHED: August 11, 18, 25, September 1, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9017389
Name of Business
BLUE INTEGRITY POOLS
5224 Silver Bluff Dr, Oceanside, CA 92057
County: San Diego
This business is registered by the following:
Bradley E. Woodward, 5224 Silver Bluff Dr, Oceanside, CA 92057
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 8/18/18
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 02, 2022
LEGAL: 5942
PUBLISHED: August 18, 25, September 1, 8, 2022

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case Number: 37-2022-00030597-CU-PT-NC TO ALL INTERESTED PERSONS
Petitioner:
RENEE BLANCHARD MCINTYRE
Present Name:
RENEE BLANCHARD MCINTYRE
Proposed Name:
RENEE SUZANNE BOLLN

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.*

NOTICE OF HEARING
Date: 9/20/22 Time: 8:30 am Dept: 25
The address of the court is 325 S. Melrose Dr., Vista, CA 92081

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News

NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE.

The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120).

If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to the petitioner.

If all requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions.

If a timely objection is filed, the court will set a remote hearing date and contact the parties by mail with further directions.

A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified date. The court will notify the parties by mail of a future remote hearing date.

Date: AUG 03 2022 Signed: James E. Simmons, Jr., Judge of the Superior Court.
LEGAL: 5945
PUBLISHED: August 18, 25, September 1, 8, 2022

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case Number: 37-2022-00032142-CU-PT-NC TO ALL INTERESTED PERSONS
Petitioner:
SAMUEL OLUADARE AWE, FOLASADE JULIANAH
For minor JASON OLUWAPEMISIRE ADEYEMI
Present Name:
JASON OLUWAPEMISIRE ADEYEMI
Proposed Name:
JASON OLUWAPEMISIRE AWE

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.*

NOTICE OF HEARING
Date: September 27, 2022 Time: 8:30 am Dept: 25
The address of the court is 325 S. Melrose Dr., Vista, CA 92081

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News

NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE.

The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120).

If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to the petitioner.

If all requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions.

If a timely objection is filed, the court will set a remote hearing date and contact the parties by mail with further directions.

A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified date. The court will notify the parties by mail of a future remote hearing date.

Date: AUG 12 2022 Signed: James E. Simmons, Jr., Judge of the Superior Court.
LEGAL: 5946
PUBLISHED: August 18, 25, September 1, 8, 2022

Legal Advertising



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- Application Order for Publication of Summons/Citation..... \$400 for 4 Weeks
- Notice of Petition to Administer Estate \$300 for 3 Weeks
- Order to Show Cause for Change of Name..... \$90 for 4 Weeks
- Fictitious Business Name Statement \$48 for 4 Weeks
- (Each additional name after two \$3.00 each)
- Abandonment of Fictitious Business Name Statement..... \$48 for 4 Weeks
- Notice of Sale of Abandoned Property \$80 for 2 Weeks

Deadline: Fridays at 3pm for following week’s publication.

