

moving up

Due to the Village News' printer moving to Phoenix, all deadlines for submissions are now earlier. Press releases are due by 3 p.m., Thursday, and legal notices are due by 4 p.m., Friday (legals@reedermedia.com) for the following week's paper. Letters to the Editor are due by 9 a.m., Monday and obituaries by noon, Monday, for that week's paper. All of these are to be emailed to villageeditor@reedermedia.com.

Voter Registration Day is Sept. 22

Americans will celebrate National Voter Registration Day with a massive cross-country effort to register voters Tuesday, Sept. 22, ahead of Election Day in November. In Fallbrook, volunteers will host two sites.

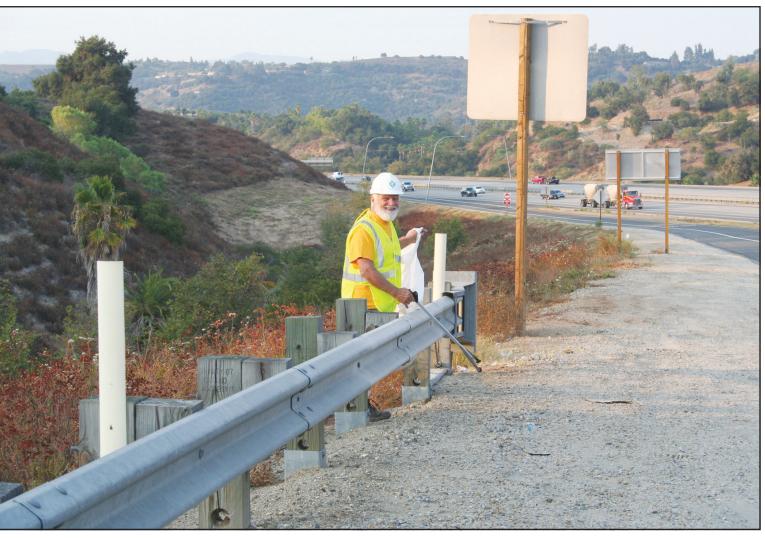
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Bonsall school board discusses reopening

The Bonsall Unified School District Governing Board Wednesday, Sept. 9, heard from district representatives and employee unions on a variety of issues, but the majority of the discussion centered around the reopening of Bonsall schools.

USPS Residential Customer

Deadlines are Rotarians make Fallbrook welcoming



Rotary Club of Fallbrook member Budd Sutliff picks up trash along the off-ramp of Interstate 15 in August. The club Village News/Courtesy photo works once a month to clean the community's roadways and make Fallbrook a welcoming place. See story and more photos on page C-2.

Couple receives support after losing home in fire

Lexington Howe Staff Writer

Fallbrook locals Joel and Laurel Towart lost their home to a large fire in Fallbrook recently.

The fire, which is still being investigated, started from propane gas and engulfed the house. The Towarts were only able to get out



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with their car keys, wallet and purse and their dog.

"We were sitting in the library and we heard a window crash and it sounded like somebody threw a brick through it," Joel Towart said. "I went out in the kitchen to see what was going on and there was just a wall of flames."

Since the fire happened, the Towarts have moved into their garage on-site, not attached to the house as it remained untouched by flames. They've recently hooked up electricity and water to it.

Dawnett Ingrassi, who owns Got Gold Coin and Pawn in Fallbrook

Joel Towart stands inside his and wife Laurel's burned house after a fire destroyed their Fallbrook home Aug. 26.

Village News/Shane Gibson photo

see **FIRE**, page A-9

Celebrate the foundation of America during Constitution Week

FALLBROOK - Local members of the Daughters of the American Revolution, Monserate Chapter, encourage Americans to reflect on the United States Constitution during this month's annual observance in honor of this foundational document of national governance.

Constitution Week was initiated by the National Society Daughters of the American Revolution, a patriotic organization that encourages education and historic preservation in communities across America. Officially declared by President Eisenhower in 1956, Constitution Week is an annual commemoration of the living document that upholds and protects the freedoms central to our American way of life.

This year, the annual celebration begins Sept. 17 and continues through Sept. 23.

Although the coronavirus has limited opportunities for public gatherings and programs, local Daughters continue to support Constitution Week and remind the public of its importance. Throughout the community they

see **CELEBRATE**, page A-5



DAR member Maureen Hudson poses with a display on the Constitution at the Village News/Courtesy photo reopening of the Fallbrook Historical Society Museum; she took her mask off just for the photo.

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ANNOUNCEMENTS

Volunteers wanted for Haunted Hallows

FALLBROOK – The Haunted Hallows of Fallbrook will return to town next month, Oct. 23-31, from 6-9 p.m., in support of "Hope for Marilyn."

With his Halloween creation, Jeff Woodrey plans to raise money for a 12-year-old girl named Marilyn who lives in Rainbow with her family. Marilyn was diagnosed with stage 3 Hodgkin's lymphoma and is currently going through aggressive treatments to fight the disease.

To volunteer to help, contact *Woodrey at under36.taker@gmail. com.*

Admission is free, but donations are welcomed to help the family.

All state and county safety precautions will be in place; social distancing and all rules must be followed.

Haunted Hallows of Fallbrook is located at 451 S. Stage Coach Lane. Parking is not provided so visitors are asked to find a place close by and safely walk over; volunteers will greet them and help them cross the street if necessary. No parking is allowed at nearby SonRise Church.

To donate to the GoFundMe campaign for Hope for Marilyn, visit <u>https://gf.me/u/ydftdu</u>

Submitted by Jeff Woodrey.

VILLAGE NEWS

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The Haunted Hallows of Fallbrook features a variety of scary figures for Halloween.

FRHD to offer drive-up coronavirus testing again

Will Fritz Staff Writer

The Fallbrook Regional Health District, North County Fire Protection District and other agencies are offering drive-up coronavirus testing again this month.

The health and fire districts, along with Cal Fire San Diego and in cooperation with the San Diego County Health and Human Services Agency, will set up a drive-up testing site from 9 a.m. to 2 p.m. Tuesday, Sept. 29, at the FRHD Wellness Center property, 1636 E. Mission Road in Fallbrook. Drive-thru testing was already offered at the Wellness Center Sept. 15 and has been conducted at the location semi-regularly since June.

Registration typically opens four to six days before the testing date.

The testing is offered free of charge.

Those who are unable to register online, <u>211sandiego.org</u>, may do so by calling 211.

Anyone seeking more information can call the Fallbrook Regional Health District at 760-731-9187.

Will Fritz can be reached by email at wfritz@reedermedia.com.

Now it's up to the governor

OPINION



Assemblymember Marie Waldron AD-75 (R)

With the final adjournment of the Legislature Monday, Aug. 31, hundreds of bills were forwarded to the governor, who now has until Wednesday, Sept. 30, to decide their fate.

There's often lots of controversy in Sacramento, but contrary to what may be a common impression, many bills pass with overwhelming support from both parties. This session was no different.

For example, we passed Assembly Bill 1710, written by Assemblymember Jim Wood, D-Santa Rosa, to allow pharmacists to administer FDAapproved COVID-19 vaccines. We also passed Assembly Bill 1577, written by Assemblymember Autumn Burke, D-Inglewood, conforming state law to federal law to exclude CARES Act and Paycheck Protection Program loans from state income taxes.

Senate Bill 1447, written by Sen. Steven Bradford, D-Gardena, provides tax credits for small businesses that hire new employees, and in another effort to help workers and small businesses, we passed Assembly Bill 1731, written by Assemblymember Tasha Boerner Horvath, D-Encinitas, to ease the availability of the work sharing program so that workers can remain on the job. And Senate Bill 872, written by Sen. Bill Dodd, D-Napa, expands homeowners' insurance protections during states of emergencies.

Bills impacting animal welfare included Senate Bill 573, written by Sen. Ling Ling Chang, R-Diamond Bar, which requires microchipping of shelter dogs and cats, along with Assembly Bill 1974, written by Assembly members Adam Gray, D-Merced, and Edwin Chau, D-Monterey Park, to help protect and advance the health, safety, welfare and aftercare of race horses.

We passed Senate Bill 803, which I co-wrote with Sen. Jim Beall, D-San Jose, to support a mental health peer specialist certification program for counties that wish to help workers dealing with mental health or substance abuse issues.

Other bipartisan bills included Assembly Bill 2421, written by Assemblymember Bill Quirk, D-Hayward, a bill to speed installation of stand-by generators for cell towers in hard-pressed rural areas, and Assembly Bill 1138, written by James Gallagher, R-Yuba City, to require parental consent before an online user account can be created for a child.

It's now up to the governor to decide the fate of these bills. If you'd like to request that any bill be signed or vetoed, the governor's office can be reached at <u>https://govapps.gov.ca.gov/gov40mail</u>/.

Assembly Republican Leader Marie Waldron, R-Escondido, represents the 75th Assembly District in the California Legislature, which includes the communities of Bonsall, Escondido, Fallbrook, Hidden Meadows, Pala, Palomar Mountain, Pauma Valley, Rainbow, San Marcos, Temecula, Valley Center and Vista.

There Are No "Warriors" in Fallbrook

Recently, my attention was caught by the energetic voice of a young woman who briefly spoke about how racism in America is "endemic, multifaceted and selfmaintaining." And that was it. The next moment it was on to some other commercial subject matter on National Public Radio. But these words echoed in my head, and I repeated them out loud so I wouldn't forget the simplicity of their truthfulness. I was amazed at how directly they were spoken and was relieved to know that racism in its many forms was finally being publicly discussed. There is a vast array of political issues in America today. Their content is everywhere in the news and media, and when it comes to racism, for the individual, it just comes down to which side they'll choose. A person either stands with racism or against it. Despite these chaotic times, much has changed just in the forms of racially charged stereotypes alone: the images of Aunt Jemima on pancake syrup bottles, to Uncle Ben on rice boxes and the Native American woman depicted on Land-O-Lakes Butter containers. These long-established images have all been done away with. Even the most abhorrent example of racist American Indian imagery and practices, the NFL's Washington Redskin's team name and mascot, has been abolished. Thirteen years ago, when I first wrote to this paper speaking out against Fallbrook High School's team name and logo, I remember the statistics for the total number of American Indian stereotypes in American schools, as mascots and sport team names throughout the 50 states, to be more than 2,000.

Now, roughly 1,000 remain. "Endemic, multifaceted and self-maintaining," she said.

Powerful, yet simplistic words to apply to the legacy of racism here in America and to Fallbrook High School's "Warrior" name and mural depicted mascot of Plains

Over 88% of households counted so far in 2020 census

PRODUCTION -

Karina Ramos Young, Art Director Forest Rhodes, Art Director, IT, Web Samantha Gorman, Graphic Artist

SERVICES

ADJUDICATION

Village News has been granted by the courts of San Diego County the right of adjudication, legal No. GIN013243. We can accept legal notices for publication.

PREVIOUS ISSUES -

A limited number of previous issues of the Village News (more than one month old) are available for \$1.50 each, plus \$1.00 postage and handling (\$2.50 total cost). Call 760-723-7319 to order.

LETTER TO THE EDITOR -

Please submit all correspondence to our corporate office by e-mail, villageeditor@ reedermedia.com, or by fax, (760) 723-9606. All correspondence must be dated and signed and include the writer's full address and phone number in order to be considered for publication. All letters are subject to editing to fit the the publication's format. Word limit 350.

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Postmaster send postal change of address to: 111 W. Alvarado St Fallbrook, CA 92028 WASHINGTON – Over 88% of housing units have been accounted for in the 2020 census as of Sept. 8, with 22.7% counted by census takers and other field data collection operations and 65.5% of housing units responding online, by phone or by mail.

Every day, the U.S. Census Bureau releases the 2020 census housing unit completion rate for the nation, all 50 states, the District of Columbia and Puerto Rico. In addition, the census bureau releases the completion rates for the nonresponse, follow-up operation by area census office. The Census Bureau is committed to a complete and accurate count and urges every household to respond when a census worker visits or to respond on their own by using their census ID online, by phone at 844-330-2020 or by mail – send completed questionnaire to U.S. Census Bureau, National Processing Center, 1201 E. 10th Street, Jeffersonville, IN 47132.

Visit <u>http://2020census.gov</u> to respond now and for more details.

Submitted by U.S. Census Bureau.

Fallbrook Library to reopen

FALLBROOK – The San Diego County Library will begin offering in person service at all 33 County Libraries beginning Thursday, Sept. 10, 2020. In person service will be available Tuesday, Wednesday and Thursday from 10 a.m. to 4 p.m. with a one-hour break in service from 12:30 p.m.

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SECTIONS

Entertainment

to 1:30 p.m. for sanitation of equipment.

All customers will be required to wear facial covering. In person services will include access to public-use computers, access to free high-speed Wi-Fi, and access to the library's collection of over 1 million items.

Door-side pickup will be available on Mondays and Fridays. The libraries will be closed Saturday and Sunday. No plans have been announced yet for the reopening of the Bottom Shelf bookstore. The Fallbrook Library is located at 124 S. Mission Road. For more information, visit <u>www.</u> <u>sdcl.org</u> or call (760) 731-4650. <u>Submitted by the Friends of the</u> Fallbrook Library.



Indian culture.

Racism in its truest form is ignorance because the descendants of the "warriors" that the Plains Indian warbonnet speaks to, live faraway in the Midwest. The actual "warriors" that wore the regalia of warbonnets in real life, died generations ago fighting for their ways of life, their people and their lands.

They fought against what has given way to today's versions of racism that are connected to classism, White privilege, corruption, greed, etc. All symptoms of a system that is truly "endemic, multifaceted and self-maintaining," giving us the realities, we know today and contend with.

When I think of the little bustling town of Fallbrook, I intuitively know there are no "warriors" that reside there. There never have been. Whether they know it or not, there are only people who support racist stereotypes and local Native people who participate in their own exploitation of cultural images that don't belong to them. It's that simple.

The time is now to eradicate these long-standing symbols of racism. FHS, you can either change as soon as you can or you can wait as the scrutiny of your school's racist legacy increases.

Anson Black Calf

Thank you to our communities

As I am not running for reelection for the Fallbrook Planning Group, I thought it appropriate for me to thank our communities for the honor of serving.

The Fallbrook Planning Group is a vital part of our community and best serves us all with a varied and diverse group of dedicated, impartial and knowledgeable people.

Everyone needs to pay attention to the local political races and make an informed decision for the best future of our region. Thanks.

Bill O'Connor

OPINION

The hypocrisy of COVID-19 versus economy



Supervisor Jim Desmond 5th District

Everyday tens of thousands of people safely shop at big box retail and grocery stores where respectful San Diego shoppers obey the mask, social distancing and sanitation protocols. Churches, museums, restaurants and the zoo are now open, but to a limited 25% capacity. Legoland, street fairs and wedding venues have yet to open while liquor stores and marijuana dispensaries operate unabated.

While big box retailers thrive, many small businesses are not afforded the same opportunity to serve customers and put their employees back to work.

If the safety protocols work for businesses with thousands of customers and hundreds of employees, why shouldn't the same safety protocols work for all businesses?

Under the guise of a reopening plan, the state's latest action actually keeps many business sectors closed and workers out of work. San Diego County just got off the watchlist and the state, again, changed the standards.

The state's tiered system is deeply flawed. Even if a vaccine is developed and implemented, it would be statistically impossible to get to the least restrictive yellow tier, which only allows 50% capacity openings. The new criteria to get to yellow is one positive case per 100,000 people. Even a vaccine, when readily available, cannot guarantee those results.

The state's new tiered system, disguised as a reopening plan, really keeps businesses closed and prevents people from earning income to pay for food and housing. It was simply a rearranging of the deck chairs on our economic Titanic, and if changes don't come soon, San Diego residents will feel the impacts for years to come. Business owners will rise to the occasion and do the right thing. Let's give them the opportunity to put our workforce back to work.

Kicking It against cats and politicians

Elizabeth Youngman-Westphal

Special to Village News

Should anyone be confused by the following rant, please recognize these words constitute only my opinion.

I started out last year writing about my adventures in exercise, which also was "my opinion." Consequently, my birthday plans crashed when I couldn't leave this wonderful country due to the coronavirus.

Consequently, I now write this column to purge my mind of empty useless trivia, random thoughts and unsolicited opinions for which it appears I have many.

As it turns out, I have much in common with Maxine. We both have lots of uninvited wisdom to share.

Is it just me or does anybody else

Like the other cats in the area, this one cannot read that they are invading a sanctuary.

All of these sneaky felines skulk in hiding just a leap away from the bunnies and birds breakfasting under the bird feeder. No doubt, they are more illiterate wanderers. Wildlife's lives matter, too.

Self-righteous cats and rioters have a lot in common. Apparently, they need not abide by the same rules that govern the rest of us, aka the maskless Ms. Nancy Pelosi.

Mostly I'm also talking about the rioters accosting our major cities. Of them all, my least favorite people include the Portland mayor and his district attorney.

But the funniest thing, if thugs can ever be considered funny, is the mob doesn't like or respect the Portland mayor either. They came after him at his home.

Which is ironic, since it's his

Our Republic is in peril

For reasons beyond my comprehension, the Democratic party insists that the government will solve all problems for everyone, especially minorities. Ronald Reagan said that the 10 most dangerous words are "I'm from the government and I'm here to help you." Government is the problem.

What has happened to individual responsibility and independent thinking? Open your minds, Democrats, and see what is happening in this country to the jurisdiction of Democratinfluenced cities. Do you want to be a socialist country? I don't think so. Socialism is just a step before communism. Think, people, think!

The Democrats have ruined this beautiful state. I am a native Californian but lived in Texas for 25 years. Some friends had suggested that I move back to Texas and I said "No, someone has to stay and fight for California."

Think about Pelosi, Harris, Schiff, Waters and Feinstein, all millionaires who care little about their constituents, who don't have a wall around their homes. Keep these things in mind.

Some people may not like the things the president says, but who wants political correctness as opposed to "straight talk." God bless the president and God bless the United States of America..

Orolie Gubser

Re: 'Why Vote for Trump' [Village News, Letter, 9/3/20]

I am not voting for Trump – for all the reasons you listed as your reasons to vote for him. Perhaps not the 'murder' thing. If you know any Democrats who are murderers or are plotting murder, you should call the police.

I have a few more reasons, though. By voting for Biden and Harris, I also get:

A highly developed sense of empathy and ethics.

A history of service to others before self.

A belief in the checks and balances the constitution put in place, and which are currently

under severe strain.

I get the ability to tell truth from lie.

The ability to benefit from the lessons of history.

The ability to benefit from the advances in science.

The ability to listen to and benefit from the knowledge and expertise of others.

The ability to see through the tricks and manipulations of autocrats and dictators.

A leader who does not admire autocracy as a form of government over democracy.

A leader who will defend the

United States against foreign interference.

A leader who knows that winning at all cost is a certain recipe for failure.

A leader who believes that voting is an American right - not a privilege reserved for friends and supporters.

A leader who listens to and learns from the message of protestors.

A leader who will represent all Americans.

And I get to keep the flag.

Cynthia Young

Re: 'Reparations, systemic racism and the Democratic Party' [Village News, Letter,

Trying to politicize racism is a cheap-shot and trying to rewrite history to support that position is uncalled for. That said, there's way more than enough racism to go round. Maynard manages to go off the rails fairly quickly, invalidating his position entirely. For example, he mentions the Northern Democrats in passing, not noting how significant their influence was on the Party.

The slavery issue divided the Democrats: the North Democrats stood fast – and so did the Southern Democrats, precipitating the Civil War. Eleven states formed the Confederacy: Alabama, Arkansas, (North and South) Carolina, Florida, Georgia, Louisiana, Mississippi, Tennessee, Texas and Virginia.

Later, subsequent to the passage of civil rights legislation, many white southerners switched to the Republican Party at the national level. Many scholars argue that Southern whites shifted to the Republican Party due to racial conservatism. In particular, look at the Republicans Southern Strategy to increase political support among white voters in the South by appealing to racism against African Americans, according to Wikipedia. In those former Confederate states, nostalgia still runs high for the "good old days." For many, the Civil War wasn't and isn't over; they have fought tooth and nail every step of the way against equality for Blacks. Is it any wonder Blacks prefer the **Democratic Party?**

Those former Confederate states are red, not blue, so it's no coincidence that 10 of those 11 states voted for Trump.

John H. Terrell

How radical historian's revisionism and lies led to 2020's unrest

Jarrett Stepman The Daily Signal

Center for American Studies. Grabar laid out how Zinn who was debunking myths created about American history using newly uncovered sources.

clipping out entire sentences or pages to change their meaning, she portrayed himself as a truth-teller said. This made Columbus seem

9/10/20]

find happy hour arriving earlier every day?

Originally, I wanted to discuss wandering cats and the damage they do within my certified wildlife habitat garden. After all, I paid the requisite \$50 to the National Wildlife Society for the sign that says it is a certified wildlife habitat.

Then I became so miffed at the mayor of Portland, I had to include a snarky personal observation about him. More about that later.

But first, the cat. This particular cat has a black back, white belly and sports white socks. He resides mere blocks away from us and freely roams up our hill at leisure. If only this wanderer would snatch a germ-laden ground squirrel or a gopher - said same feline would be a hero instead of being a marauding pirate shushed from our yard.

As it is, this particular feline kills baby bunnies and attacks our migrating feathered friends just for sport. He is not hungry. He is a predator and an animal-killing machine, also known as a cat.

fault for not bringing peace to the former rose capitol of the Northwest.

Instead, of protecting the citizens in his condo-association, this yo-yo abandoned his neighbors leaving the rest of them to be burned out by the same mob he allowed to infiltrate this once glorious city.

Portland's now former beautiful downtown must be in vulgar ruins thanks to the elected scum coward posing as its mayor.

Alas, until the police are awarded praise and funds for their brave heroics and/or until this dude is recalled, which will no doubt constitute both, I guess the city of Portland wants this spineless, left-wing stupid head.

That is really all I have to say. Besides, kindly keep your wild animal-killing felines under lock and key.

Oh, and drive to the polls this year to vote. That is my last and final prayer.

Elizabeth Youngman-Westphal can be reached at eyoungman@ reedermedia.com.

"The violence in the streets today would have made him very happy," says Mary Grabar, author of a book debunking radical historian Howard Zinn's assertions about America's past.

The war on history is about overturning America's constitutional system.

So says Mary Grabar, a resident fellow at the Alexander Hamilton Institute and author of the book "Debunking Howard Zinn: Exposing the Fake History That Turned a Generation Against America."

Zinn was a radical historian whose book, "A People's History of the United States," has been widely influential since its first publication in 1980.

Grabar spoke at a Heritage Foundation event in late August on "The Perils of Revisionist History" as a part of an ongoing series of presentations called "The Power of Trial and Triumph." The event's hosts were Angela Sailor, vice president of Heritage's Feulner Institute, and Allen C. Guelzo, a visiting fellow at Heritage's Simon

"He claimed to be revealing new evidence, everything from Christopher Columbus' diary to a Harper's Magazine article about Japanese internment camps published at the end of World War II to the Pentagon Papers," she said. "But what I discovered in going through Zinn's book is, he did no such thing."

Instead, according to Grabar, Zinn distorted his sources to fit his narrative, took subject matter out of context and frequently outright lifted his material from other authors.

"In terms of Columbus, he mostly copied from passages quoted in a book he plagiarized, a book for high school students written by a fellow Marxist and anti-Vietnam War organizer who was not a historian, but a novelist, by the name of Hans Koning,' Grabar said.

Columbus' diary was quoted deceptively, she said. Zinn added ellipses to sentences while also

ruthless and cruel, but the actual direct passages from Columbus tell a different story.

The missing passages, she said, show that Columbus tried to convert the Indians "through love, not force and certainly was not intent on murder or genocide as is claimed."

It wasn't just the story of Columbus that Zinn distorted, Grabar said. He engaged in revisionism about the Vietnam War in much the same way.

"The top-secret documents about Indochina were also quoted deceptively," she said. "For example, references to fears about communist imperialism were cut off at the ends of sentences by Zinn in order to make it appear that American leaders were motivated by imperialistic greed."

Those were not just isolated distortions in Zinn's book, she said, yet some have called his work a "moral authority" on history.

How does Zinn portray himself as a moral authority?

see LIES, page A-9

Bonsall Woman's Club champions schoolhouse restoration again

This spring and summer have been a busy time for the restoration of the Bonsall Schoolhouse. The interior restoration is almost complete; work included the rebuilding of a wall, installation of beadboard, painting all the interior beadboard and refinishing/ repairing the existing hardwood flooring. The only things left inside are the doors, chalkboards and baseboards, which will be completed this fall.

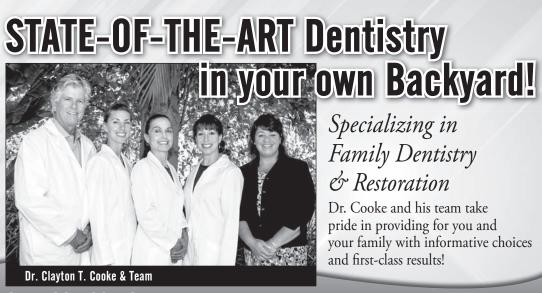
To say that this restoration effort is only possible because of the Bonsall Woman's Club is not overstating. The Bonsall Education Foundation supplies the volunteer work to oversee this project but without financial support, the building's restoration would only be a dream, not a reality. And we're delighted to receive their latest donation of \$25,000 to finish the building.

Future work includes the replacement of the bell tower and landscaping. We hope that all work will be completed by the end of 2021.

We are so grateful for the BWC's continued support and patronage.

Thank you, ladies.

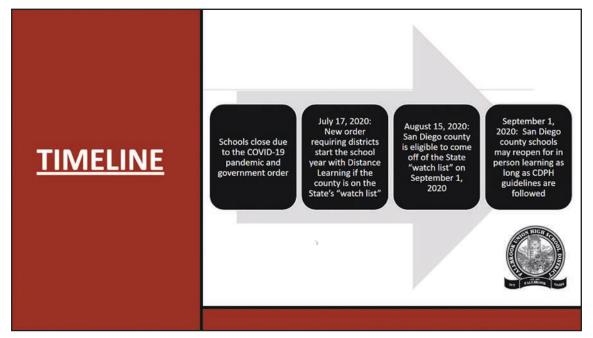
Jennifer Leung, Director of the Bonsall Schoolhouse Restoration and Bonsall Education Foundation



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FUHSD votes to extend distance learning through November 9



Village News/Courtesy photo Fallbrook Union High School District Superintendent Ilsa Garza-Gonzales showed a timeline slide during her presentation of a proposal to extend distance learning through the second grading period. The board of trustees voted to approve the proposal.

Jeff Pack Staff Writer

During the Monday, Sept. 14 meeting of the Fallbrook Union High School District Board of Trustees, the board voted to extend the distance learning model through Nov. 9.

As of Sept. 1, San Diego County schools are permitted to reopen for in-person learning as long as the county department of public health guidelines can be followed.

According to Superintendent Ilsa Garza-Gonzalez, the district isn't yet prepared to meet all of the guidelines and proposed that the board approve her request to extend distance learning until on Nov. 9. "At this time, our philosophy

is that we will not transition for the sake of transitioning," Garza-Gonzalez said. "We will transition when the experience we can create for our students is better than our current model and when we can implement all department of public health guidelines. At this moment, there are some guidelines that are of concern to us.

"The first one being implementing distancing in and outside of the classroom."

She said the school has ordered furniture for the classrooms, and they feel comfortable saying they can ensure distancing in a classroom.

"We cannot ensure the distancing on a school bus," Garza-Gonzalez said.

She said the school is not able to keep its students in small, stable cohorts as mentioned by state guidelines, where teachers would move room to room instead of the students.

"The reason for that is with the exception of English and social science, all of our classes are mixed grade," Garza-Gonzalez said. "Because of the specialization of the different curriculum that is

offered, each teacher really needs to be in their own classroom."

She also said there would be difficulties minimizing the movement of students between classes, as well as before and after school. She said even on a block schedule, with 1,900 students at Fallbrook High, it can't be mitigated at this time.

Finally, staff would have to be tested for COVID-19 every other month.

"What isn't clear is when that would happen, how it would happen, and where it would happen," Garza-Gonzalez said.

"We are able to pivot once we hit these guidelines at any moment."

Trustee Lee De Meo said during the discussion that he was likely to vote no on extending the distance learning saying, "I think we should move into a hybrid model as soon as possible. ... At some point, we need to open back up.

"I think the risk of our students passing it to each other is low," he said. "I think the risk to the adult population of our school is mitigated."

De Meo said he understood that the liability for the district still needs to be addressed but stressed that he wanted to have schools back open before the new year.

Nora Maier spoke earlier during the public comment section of two public hearings regarding the district's Sufficiency of Instructional Materials and the Learning Continuity & Attendance Plan (LCAP) for the 2020-21 school year.

Most of her comments

surrounded the plan to continue with distance learning.

"I am really asking the board to consider their actions and how they are affecting the students," she said.

"It's really hard to learn when you're getting bumped off your class four or five times. You're just hoping to make roll call, let alone be open to whatever the teacher's trying to teach.

"This is not how kids are meant to learn and they're falling more and more behind. And it really concerns me that other kids like Poway, Scripps, Ranch, Eastlake are going back in session to see their teachers, even in a hybrid model and we're not."

She complained that parents and students were not included in the discussion about whether to extend distance learning.

"On the LCAP, it states that you're supposed to be taking our opinions on what we want as parents and students," Maier said. "No one's asked and people are making unilateral decisions and the kids hate this."

When asked by board member Diane Summers if parents and students could be asked whether they want to go back to campus or not, Garza-Gonzalez gave the reason as to why they haven't been asked already.

"We did not ask the parents because we know that we cannot meet all of the guidelines earlier than that," she said. "But we can meet those guidelines by Nov. 9, unless they change again."

Going back to the action item, De Meo sought to modify the proposal to give a target date of Nov. 9 to open with a hybrid model, but the motion died for the lack of a second.

The board voted 5-0 to approve the extension of distance learning with De Meo saying he voted yes in the spirit of showing a united front.

In other action items, the board approved a new temporary position, Online Learning Partner, and approved the first reading of revisions to board policy and administrative regulation.

The trustees also approved resolution No. 03-2021: Appropriations Limit (Gann Limit); the 2020-21 Unaudited Actuals Financial Reports; and the food services student and staff lunch price for the 2020-21 school year.

The board also heard an information item pertaining to the LCAP and approved Resolution No. 04-2021: Sufficiency of Instructional Materials. They also approved a memorandum of understanding with Alpha Omega for the 2020-2021 school year. The board also unanimously approved consent agenda items that included a personnel report, surplus property, financial reports for July and August, a renewal of a performance agreement with HM Systems Physical Therapy, the certificated personnel: 2020-2021 credential authorizations, an agreement for the transfer of kitchen equipment to Vallecitos Union School District, and revisions to the board policies and administrative regulations. The board also welcomed two new student representatives for this school year, Paul Ramano of Fallbrook High and Laquan Patrick from Ivy High.

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Jeff Pack can be reached by email at jpack@reedermedia.com.

CELEBRATE from page A-1

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Submitted by Daughters of the American Revolution, Monserate Chapter.

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September 17, 2020

Bonsall school board hears updates, perspectives on reopening schools

Jeff Pack

Staff Writer

The Bonsall Unified School District Governing Board Wednesday, Sept. 9, heard from district representatives and employee unions on a variety of issues, but the majority of the discussion centered around the reopening of Bonsall schools.

In the superintendent's report, Superintendent David Jones swore in a student representative to the board and gave an update on the district's progress in having students return to campus in the near future.

"We have a great interest in getting the kids back to school as soon as possible in this situation. I also want to thank the students, the teachers, people have been very flexible and doing everything they can to learn everything they need to the site principals to make the best of the situation. It's absolutely not ideal. We get it, we hear you, and we are very concerned and we want to do the best we can to get the kids back to school as soon as possible."

He said the next step is negotiations that the district is currently engaging in with the Bonsall Teachers Association.

That's the next step and that's what we're in the midst of," Jones said. "And when that's finalized we'll be able to bring the kids back. Our plan has been approved by the board and we are ready to bring kids back. ... And we're prepared to do that as soon as we possibly can."

He said the district is attempting

to survey the parents to find out which model of learning they would prefer for their children.

"But the earliest we'd be able to do so would be the beginning of the second quarter of the school year," Jones said. "We also want to know is, what do the parents want? Would it be better for you to come for half days or would it be better for you to come full days, one to two days a week or two to two and a half days a week? Full days or half days? That's the purpose of the survey. In addition to getting an idea of how many would want to keep their kids at home, because we're going to take that feedback and work on developing the schedule to the best of our ability that will meet the needs of the majority of our parents."

During the reports section of the meeting, a Bonsall Teachers Association representative talked about the prospect of bringing students back to campuses.

"I am a full-time classroom teacher and have been working 12 to 16 hour days to ensure the best educational experience for my students in this virtual environment while also working to ensure our members are protected and valued during this trying time," she said. "I love both of my jobs, but at this time, one is being made much more difficult as I am consistently having to fight for the things we have been promised. As we continue to progress throughout the year, we ask the board, our site, and district administrators and our families to temper the excitement of returning to in person classes.

With the knowledge that school will look significantly different for staff and students, there are bound to be a new array of challenges yet unknown, and that the health and safety of every individual that walks onto our campus must be our first and top priority."

In board reports, governing board member Michael Gaddis expressed a desire to embrace certain aspects of virtual learning and explained how it might help the district.

"I want to look at this from a different perspective, just for a minute," he said. "I think that this distance learning, this virtual learning, is an opportunity for Bonsall Unified School District because what we're doing to create during the COVID is a good infrastructure. If we really took an opportunity, we could try to create a virtual learning system to appeal to kids in the future. Maybe this is a good model for them because while some might not like virtual learning, there are a lot of kids out there maybe that are homeschooled or that do other things that might be interested in doing virtual learning in the future.

"If we took what we learned through this COVID situation and we created a virtual learning department where we could try to appeal to students, maybe not just in our district, but from other districts and throughout the state. I know there are schools that do this, where they can offer a virtual learning system and they can grow. They can grab students and it could help us with our ADA and in the future.

"I'd hate to create all of this infrastructure and have all of these ideas and systems in place and then once this COVID situation is over just to just get rid of it. I think there's an opportunity here for us to kind of think outside the box and create something for this school district that might be unique that might appeal to a lot of kids."

In closed session, board member Larissa Anderson reported that the board considered the appointment, employment, evaluation of performance, discipline, transfer or dismissal of employees; discussed its position regarding collective bargaining with the Bonsall Teachers Association and the California School Employees Association in order to direct the Superintendent as chief negotiator for contracts; and conferenced with real property negotiators regarding the Ocean Breeze Ranch Project and the Gird Road property owned by BUSD.

The board of trustees unanimously approved the consent agenda, which included the ratification of the personnel register, revolving cash report, commercial warrant report, purchase order report, the adoption of the fiscal year 2020-21 updated annual resolution authorizing designated agents, and made a declaration of obsolete curriculum supporting documents.

The board held a public hearing about the district's learning and continuity attendance plan

In action items, the board approved a memorandum of understanding between BUSD and the Bonsall Teachers Association

regarding schools reopening and the work year as it relates to COVID-19, approved an MOU between the district and the California School Employees Association Regarding Cal-OSHA regulation covering wildfire exposure, and approved the 2019-20 Gann Limit Resolution 20-09-01.

They also heard and approved the fiscal year 2019-20 unaudited actuals financial report, approved the 2020-21 Consolidated Application for funding for Title I, II, II and IV, and approved a contract with Infinity Communications & Consulting, Inc. for district e-rate services.

The board also approved the renewal of independent contractor agreements with Tamra Simpson and Rodrigo Perez, ratified tuition agreements for special education students who attend out-of-district programs in Vista, approved a renewal agreement with the Regents of the University of California, and approved a nonpublic agency master contract with North County Family Counseling.

They also approved the CSBA Exception Report Checklist and a resolution updating and amending BUSD's conflict of interest code.

A special teleconference meeting of the governing board will be held Wednesday, Sept. 23, to approve the district's LCAP.

Jeff Pack can be reached by email at jpack@reedermedia.com.

COVID-19 shutdown causes TOT revenue losses

Joe Naiman

Village News Reporter

The coronavirus shutdown included the entire fourth quarter of fiscal year 2019-20, and the loss of Transient Occupancy Tax revenue for the April through June period contributed to a fullyear decline from 2018-19 of \$1,611,590.45, or 27.9%.

The county collected \$5,784,173.63 of TOT revenue for 2018-19 and \$4,172,583.18 for 2019-20. The county's 2017-18 annual revenue was \$5,105,749.14. The fourth quarter decrease of \$914,496.83 from \$1,344,106.50 in 2019 to \$429,609.67 during 2020 equates to a 68.0% drop; the county had collected \$1 131 140 09 of fourth

facilities on Indian reservations or other areas where the county has no taxing power.

Some community losses for 2019-20 are due to a revision in the community definitions rather than to losses for a specific establishment. One of the revisions separated Valley Center and Palomar Mountain from Pauma Valley; fourth quarter revenue for the combined three communities in 2020 actually exceeded the total for what was called Pauma in 2019.

For the fourth quarter of 2018-19 the largest TOT collections were \$337,775.24 in Rancho Santa Fe, \$227,456.20 from Borrego Springs lodgers, \$165,836.52 generated in unincorporated Escondido, \$144,185,33 for unincorporated San Marcos, and \$114,085.56 from Fallbrook. For the fourth quarter of 2019-20 collections fell by 86.8% to \$44,492.08 in San Marcos, 84.7% to \$34,802.01 for Borrego Springs, and 71.9% to \$40,466.35 in unincorporated San Marcos. Unincorporated Escondido revenue for the fourth quarter dropped by 44.8% to \$91,619.22, which made Escondido the community with the largest TOT revenue for the fourth quarter of 2019-20. Because the Welk Resort provides much of unincorporated Escondido's revenue generation and because increased use by timeshare ownership partners decreases available rentals to the general public which are subject to the TOT, fluctuations in unincorporated Escondido revenue are often due to that factor. Excluding communities not listed in the 2018-19 report, Escondido was one of three communities whose third quarter revenue increased for 2020.

hotels, motels, bed-and-breakfast venues, mobile home parks, private campgrounds, and other structures occupied or intended for occupancy by nonresidents for lodging or sleeping purposes.

Fallbrook lacks the luxury resorts Rancho Santa Fe and Borrego Springs have, so Fallbrook was somewhat insulated from the losses due to the shutdown. The Friendly Village collected \$85,341.16 of fourth quarter TOT revenue in 2020, which is a 25.5% decline from the previous quarter.

"There's not a whole lot of places to stay here," said Fallbrook Chamber of Commerce Chief Executive Officer Lila MacDonald.

"We have a lot of vacation rentals," McDonald said. "We wouldn't be impacted by that as much."

homeless has contributed to a lower decline.

"We also have less capacity," McDonald said.

The coronavirus shutdown canceled Fallbrook's Avocado Festival, which is held in the fourth quarter of the fiscal year. McDonald noted that many Avocado Festival vendors use Temecula lodging facilities, so the cancellation of the Avocado Festival likely affected Temecula's lodging room tax revenue more than the County of San Diego's.

For the entire fiscal year Fallbrook revenue declined 35.5% from \$540,602.11 to \$350,468.17. First quarter revenue dropped 47.8% from \$236,569.00 to \$123,511.41 although the lateprocessed payments inflated the 2018 figure from \$137,731.64 during 2017. The 4.5% drop for the second quarter was from \$100,848.39 to \$96,261.62. The coronavirus shutdowns began March 12 and impacted three weeks of the 13week fiscal year 2019-20 third quarter, and the 2020 Fallbrook revenue of \$45,354.28 is a 49.1% decrease from the 2019 figure of \$89.099.16. Bonsall revenue was also down significantly for the entire fiscal year. The 2018-19 total of \$23,355.44 declined by 85.1% to \$3,487.83. That covers an 87% decrease from \$10,174.30 to \$1,326.40 for the first quarter, a 79.7% drop for the second quarter from \$6,535.82 to \$1,325.71, an 86.7% reduction from \$4,467.85 to \$593.77 for the third quarter, and an 84.3% decline for the fourth quarter from \$2,177.57 to \$241.95. In 2019, Pauma had an annual collection of \$75,514.63 consisting of \$25,529.60 for the first quarter, \$14,412.98 paid in the second quarter, \$20,809.09 generated during the third quarter, and \$14,951.96 in the fourth quarter. Pauma Valley had 2019-20

annual TOT revenue of \$32,337.12 comprised of \$8,824.04 of first quarter collections, \$8,239.83 from second quarter lodgers, \$10,121.08 paid during the third quarter, and \$5,152.17 for the fourth quarter.

The annual Valley Center figure of \$23,637.23 covered quarterly amounts of \$2,509.48, \$12,293.09, \$1,366.48, and \$7,468.18. The Palomar Mountain quarters of \$2,634.56, \$4,698.75, \$1,364.39, and \$2,549.37 produced an annual total of \$32,337.12.

The three communities combined for \$15,109.82 of fourth quarter TOT payments in 2020, which made the area one of two to have a fourth quarter increase over 2019.

The county collected

quarter TOT revenue in 2018.

"The COVID-19 really did play a role in business losses," said San Diego County Treasurer-Tax Collector Dan McAllister.

"It's the most logical explanation for the dip, there's no question about that," McAllister said. "They're off significantly in many sectors.

Various reasons other than decreased lodging can cause a decline of TOT revenue on a quarterly or annual basis from one year to the next. A facility may be closed for renovations or may outright cease business.

A timeshare unit used by an ownership partner or an owner's guest is not subject to the TOT, although if a unit is rented to the general public it is subject to the tax for that period, and if a private campground has a membership program a member or a member's guest is exempt from the TOT.

A late payment or a payment postmarked by the deadline but not processed by the sixth of the following month will be reported for the following quarter, which can cause annual fluctuations. The TOT is not collected for lodging

The Transient Occupancy Tax, which was reduced from 9% of the unit rate to 8% in October 2007, is collected from occupants of

Campgrounds at county parks are not subject to the TOT. A federal or State of California officer or employee on official business does not pay the TOT, nor does any foreign government officer or employee exempt under federal law or international treaty.

The tax is not collected if the regular rent is four dollars a day or less or if the lodger receives a free room where the only compensation received is publicity for the lodging site. A unit which is occupied or rented by the same person for more than 30 consecutive days is not subject to the TOT.

The county has been issuing housing vouchers which allow homeless residents to stay in motels or hotels. The agreement between the city or county and the facility may limit the amount the establishment can charge per room, but that amount would include all fees and taxes charged for a stay. Thus, a housing voucher for no more than 30 consecutive days is subject to the TOT, and McDonald noted that the use of Fallbrook lodging facilities to shelter the \$1,169,171.01 for the second quarter of 2017-19 and \$1,184,690.39 for that guarter in 2018-19. The amount increased by 11.8% to \$1,342,438.23 for 2019-20.

"We were on a steady stream of increases every year," McAllister said.

The third quarter of the fiscal year covers January through March. In 2019 the county collected \$1,491,782.64 of TOT revenue, but that figure dropped 36.5% to \$947,175.31 for the 2020 quarter in which the coronavirus shutdown began.

"I think we reasonably had to anticipate there would be a drop," McAllister said.

The annual revenue is the lowest since the county collected \$4,128,274.69 during 2015-16. The revenue for April through June is the lowest fourth quarter revenue this century.

"An awful lot of entrepreneurs are having a difficult time," McAllister said. "We just have to keep marching forward hoping that things turn around."

Celebrate Voter Registration Day by registering to vote in Fallbrook

will celebrate National Voter Registration Day with a massive Day in November.

FALLBROOK - Americans cross-country effort to register voters Tuesday, Sept. 22, ahead of Election



In Fallbrook, volunteers will host two sites where voters can register, update their registration information and learn more about voting in the upcoming election while socially distancing.

Northgate Market, 1346 S. Mission Road, in Fallbrook will be open from 9 a.m. to noon.

Fallbrook High School, 2400 S. Stagecoach Lane, in Fallbrook will be open from 2-5 p.m.

The group reminded everyone to complete their census form by Sept. 30.

With a presidential election approaching, every eligible American voter should exercise their right to be heard at the ballot box, and National Voter Registration Day is the right day to start by getting registered. Voters should also know about their options for voting including how to vote by mail, drop off locations, voting in person at Super Polls and elections by districts.

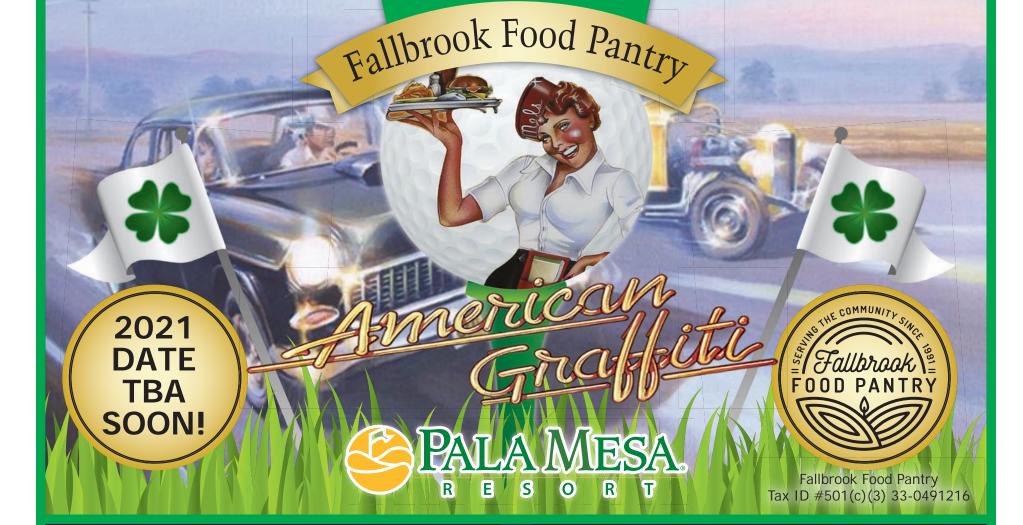
Thousands of national, state and local organizations and volunteers will participate in National Voter Registration Day 2020. Partner organizations will coordinate hundreds of National Voter Registration Day events on and offline nationwide and leverage the hashtag #NationalVoterRegistrationDay in all social media platforms to drive attention to voter registration.

Founded in 2012, National Voter Registration Day is designed to create an annual moment when the entire nation focuses on registering Americans to exercise their most basic right – the right to vote. Nearly 3 million Americans have registered to vote on the holiday since the inaugural National Voter Registration Day in 2012.

Learn more about the nationwide effort through the website, <u>http://www.</u> NationalVoterRegistrationDay.org, which provides a listing of National Voter Registration Day events across the country, in communities and held virtually.

For more information, contact Ricardo Favela at 760-468-4519 or ricardo@ricardofavela.com. Submitted by Joy Frew.





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Hats in the Garden Tea and Auction to benefit Hope Clinic for Women



Kristen Lascola is the speaker for the Hats in the Garden fundraiser.

FALLBROOK – Hope Clinic for Women will host its annual Hats in the Garden Tea and Auction Saturday, Oct. 10, from 11 a.m. to 2 p.m., online this year due to COVID-19. The speaker for the event is Kristen Lascola, a pastor at North Coast Church in Fallbrook. She hosts the "Ministry Coach Podcast" with her husband Jeff.

Funds raised at the event will support HCW's newly licensed free primary care medical clinic for free testing for pregnancy and ultrasounds and support resources



A pet-themed basket is one of the items in the Hats in the Garden Tea silent auction.

for over 800 anticipated clients visits from local mothers and fathers in their programs.

HCW's demographic of 17-24-year-olds is 10.9% of the Fallbrook population. They have the greatest risk for unplanned pregnancy, unhealthy relationships, the lack of education and children at home adding additional stress to their lives. Hope's fundraising goal for Hats in the Garden is \$40,000.

HCW will provide a "Party in a Box" for sponsors of \$250 or more to host an outdoor patio party for Village News/Courtesy photos

eight or to have their guests enjoy the event from the comfort of their own homes.

Guests may bid on auction items from their phones, iPads, laptops or computers. Passes for the auction are only \$10. Upon registration, HCW will provide the link that takes guests to the online event and auction site.

To make this year's Hats in the Garden Auction one to remember, the HCW auction committee asked that the community consider donating any variety of items for



This wheelbarrow full of garden supplies is available in the silent auction part of the fundraiser for Hope Clinic for Women.

the auction, such as gift packages, gift certificates, original art or crafts, skin care products, services such as haircuts and massages, overnight stays at hotels, toys, books, men's items, children's activity baskets, etc.

Donors to the auction receive recognition in HCW's social media, including Facebook, Twitter, website and e-newsletter, and at the event. HCW requests that all auction donations be dropped off at 125 E. Hawthorne St. in Fallbrook no later than Sept. 30. Anyone who has questions or wants to arrange a donation drop off or pick up may call Carolyn at 760-728-4105, ext. 10, or email *carolyn@hopefallbrook.com*. Sponsorships and in-kind gift donations for the event are tax deductible and are appreciated.

Those interested may visit <u>http://</u><u>www.fprcforlife.com/Events/</u> <u>Hats-in-the-Garden</u> for additional information.

Submitted by Hope Clinic for Women.

23 new coronavirus cases in Fallbrook since last week

Will Fritz

Staff Writer

Fallbrook is reporting 497 coronavirus cases as of Sept. 14, an increase of 23 cases over the week prior.

More than 1% of the population of the 92028 ZIP code has now tested positive for the coronavirus since the start of the pandemic, a threshold the area crossed for the first time this week. 92028 includes Fallbrook as well as Rainbow and De Luz.

The 92028 ZIP code currently has San Diego County's 34th highest rate of coronavirus infections per 100,000 people, as well as the 45th lowest rate in the county – unchanged from last week.

Nearby Bonsall's 92003 ZIP code reported 43 coronavirus cases as of Sept. 14, the same as





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Lee-ism's: Life's Golden Nuggets by Lee Hulsey

"Who Is"

Who is getting all the getting!! Who is giving all the giving!!



Staff from North County Fire Protection District and Cal Fire San Diego help Village News/Shane Gibson photo Fallbrook Regional Health District offer drive-up coronavirus testing. The next testing date is Sept. 29.

last week. As has been the case since the start of the pandemic, San Diego County cannot estimate an infection rate for Bonsall because of the low number of cases and low population.

Countywide, public health officials reported 265 new COVID-19 infections and no new deaths Sept. 13, bringing the county's totals to 42,679 cases and 734 fatalities.

Of the 8,281 tests reported Saturday, 3% returned positive, moving the 14-day rolling average of positive tests to 4.4%, well below the state's 8% guideline. The seven-day average number of tests performed in the county is 7,200.

Please note that the Fallbrook Food Pantry is taking the Coronavirus (COVID-19) very serious and here is how we are addressing/preventing the food insecurity concern. As of MONDAY MARCH 16, 2020, we made our food distributions a "NO TOUCH" service.

HERE'S HOW:

- Moving our market style distribution to the LEARNING CENTER (which is located at the pantry – 140 N. Brandon Road, Fallbrook) for food pick up only: all food (dry goods, canned, frozen meats, dairy items, bread and fresh produce) will be pre-bagged.
 SERVING: MON-FRI 9:30AM-12:30PM
- 2.) No one is allowed to open bags and remove items that are unwanted we cannot risk contamination. All food in bags must leave with each family/individual.
- 3.) Asking clients to stand 6 feet apart while standing in line for food.
- 4.) Asking both volunteers and clients to wear gloves at all times while in the pantry.
- 5.) Any new clients will be treated as an "emergency" and will be able to receive food with just an ID (YOU MUST HAVE either a driver's license, state ID, military, school, etc.).
- 6.) Our hours of operation will remain the same: Monday-Friday 9:30-12:30. If clients show up early to stand in line – we will begin serving them as soon as possible – even earlier than 9:30 to prevent "loitering" or too much contact with others.
- 7.) As long as staff/volunteers are willing and able to serve, we will not have to change days and/or hours of operation but in the case of this situation changing due to a variety of possible obstacles, we will keep the public apprised of our decisions and make it known if and when we need EXTRA HELP from the community!

If you are interested in helping, please go to FALLBROOKFOODPANTRY.ORG, for volunteering or to make a donation. Thank you all so very much for your support and concern for our community in-need...your generosity and compassion is beyond philanthropic – it is pure LOVE! – In good health, Shae Gawlak, Executive Director



Monday-Friday 9:30am-12:30pm 140 N. Brandon Rd., Fallbrook, CA 92028 760.728.7608 <u>www.fallbrookfoodpantry.org</u> "when you are hungry, nothing else matters." Of the total positive cases in the county, 3,296 - or 7.7% - have required hospitalization since the pandemic began, and 781 - or 1.8% - were admitted to an intensive care unit.

On Sept. 12, county health officials reported five new community outbreaks. Three were in restaurants, one in a restaurant/ bar and one in a business.

In the past seven days – Sept. 7 through Sept. 14 – 14 community outbreaks were confirmed. The number of community outbreaks remains above the county's goal of fewer than seven in a sevenday span. A community setting outbreak is defined as three or more COVID-19 cases in a setting and in people of different households in the past 14 days.

Under the new state monitoring metrics, San Diego County was in Tier 2, also called the Red Tier, as of press time, though San Diego County Public Health Officer Dr. Wilma Wooten said on Sept. 15 the county's case rate was high enough that it could fall back to the lowest tier of the state reopening system if it remains high for another week . San Diego's state-calculated unadjusted case rate at press time was 6.9 per 100,000 residents and the testing positivity percentage was 4.2%.

Will Fritz can be reached by email at wfritz@reedermedia.com.

City News Service contributed to this report.



FIRE from page A-1

with her boyfriend, has known the family for 30 years.

Ingrassi posted pictures of the house after the fire was put out on a community group on Facebook, and the Fallbrook community rallied around them in support.

"It got approved first thing Saturday morning I think it was, and I would say by 8 o'clock Saturday morning I had people here with car loads of stuff," Ingrassi said. "Kahoots Pet Store supplied a bag of dog food and a bed; Major Market came through with some gift certificates for their store."

Ingrassi said that Thai Thai Restaurant, Jersey Mike's and Great China helped as well.

"Joel, the gentleman whose house burned – one of his favorite places to go is the Coffee, Corks and Cuisine," Ingrassi said. "He meets his car club there, and they knew who he was and so they gave a very substantial gift certificate there."

Java Time Coffee Shop and Pedro's Tacos helped also.

"It was kind of helpful because I actually deliver for DoorDash as well, and so all these restaurants that I went to are all the restaurants I deliver for," Ingrassi said, who has been helping deliver donations to the house for the family. "It was really neat to see them come through. I didn't expect them to come through as well as they did."

Shortly after the house burned down, the Towarts were robbed.

"Someone cut the lock on the gate and came in and stole some tools out of the garage," Joel Towart said. "It's just (adding) insult to injury."

"I was just devastated," Ingrassi said when she'd heard the news of them being robbed.

"We were very fortunate cause I was there the night before; we had pretty much secured a good majority of that stuff (donations)," she said.

The Fallbrook community, even after the robbery, has continued to show support.

"I could not get over the amount of people that came through and are still coming through," Ingrassi said. "They supplied clothes, a CPAP machine which I was very concerned that we wouldn't be able to get for him, a refrigerator, a couch and loveseat.

"A lot of people came through with gift cards, Visa gift cards, Albertson gift cards, some more Major Market and Joe's Hardware," Ingrassi said. "We had one gentleman; he donated three big totes full of clothes that will fit him and had two ladies come in and they literally went to Ross and just bought a whole bunch of stuff for them."

The Towarts said they have been amazed by the support.

"We had probably two pickup truck loads and that was the initial carry off, and after that things just kept coming and coming," Joel Towart said. "They donated money – they donated Home Depot gift cards and food gift cards; the fire department gave us a gift card, Red Cross came and gave us a gift card and just the outpour was amazing."

Joel Towart said that he's never had the opportunity to witness something like this outpouring before.

"The generosity of people, the kindness," Joel Towart said. "It's way beyond my expectations. It's just something that I had no idea would happen, but it sure makes you love Fallbrook."

Lexington Howe can be reached by email at lhowe@reedermedia. com.



An area on the outdoor deck is where the fire started, igniting the house, half of which was in flames when firefighters first arrived at the blaze.

Village News/Shane Gibson photos



A bronze Tiffany clock from the late 19th century is badly damaged after a fire destroyed the Towart's home in Fallbrook. Joel Towart is an avid collector of antiques and had an extensive collection of clocks that were lost to the fire.





Members of the community have donated a variety of items to help the Towart's who have been displaced after a destructive fire destroyed their Fallbrook home.

Joel Towart holds a stack of stereograph picture cards that survived the fire at his Fallbrook home. His great-grandfather, Hawley White. founded the H.C. White Company in Vermont in 1879 where the company produced a wide variety of stereoviews.

LIES from page A-3

"He does this by presenting himself as the revealer of truth, the champion of the oppressed who finally tells their story," Grabar said. "The historians who came before him were the deceivers, he says."

On why Zinn distorted history and his goal in creating false perceptions about America's past, Grabar said:

"For Zinn, communism is the solution. He acknowledges that Stalin was an authoritarian, but points to the day when the right people will implement communism. In fact, many times, local communist governments in Europe, Central America and Vietnam have attempted to do so, only to be quashed by the American military," according to Zinn.

In Zinn's telling, America is an exceptional country only if one sees it as exceptionally bad. Even the country's greatest triumphs over undisputed evil are questioned, such as the victory over Nazi Germany in World War II.

"In fact, we did not defeat fascism during World War II, but had its, quote, 'essential elements: militarism, racism, imperialism absorbed into our already poisoned bones," Grabar said of Zinn's narrative. "In other words, we were no better than the Nazis." What Zinn's book does is craft a narrative to fit the ideological points he was trying to make to transform society, and it's a narrative of oppressors versus oppressed and resistance to systematic exploitation, Grabar said, adding:

"This is Howard Zinn's narrative in 'A People's History of the United States.' It is fraudulent history, one that uses bad sources, such as a book by a Holocaust denier, anonymous diaries, works of fiction and mythical speeches."

He plagiarizes and quotes deceptively. Inequality, oppression, police brutality, racism, sexism and injustice are presented as the inevitable outcomes of the system or the establishment.

In other words, they are baked into the founding and the Constitution.

Grabar noted that Zinn constantly was railing against the "system" in his book. The word system or "systemic" appears 168 times, she said. The struggle against the system is unending until that system is overthrown.

According to Zinn, she said, "there is no such thing as pure fact innocent of interpretation. Behind all facts are judgments – that this fact is important and that other facts are not important."

Grabar said that Zinn pretended to choose facts about the oppressed that long were overlooked by other historians in his "bottomup" retelling of the past, but that's off base. The problem is, she said, many of the oppressed people used as examples by Zinn are either "anonymous mouthpieces spouting communist slogans, dupes or famous Marxist radicals."

What Zinn ultimately wants, she said, is an overturning of the system.

"In Zinn's history, the only glimmer of hope comes from mass protest, and the more violent, the better. Martyrs are heroes. Riots define the civil rights movement," Grabar said.

For Zinn, she said, voting and elections are not a solution to injustice. The "entire system is rotten and needs to be torn down."

That narrative has become disturbingly relevant in 2020 as cities across the country have been hit with mass protests, violence and unrest.

"That is what is being done this summer in Portland, in Minneapolis, Kenosha and other cities across the country," Grabar said. "Young people of all races, educational levels and economic classes are in the streets. They began with statues and monuments. They have moved on to businesses and government buildings. They are harassing people in public who refuse to join them."

That's the unsavory result of the teaching of Zinn and those who have followed him, Grabar said.

"For those who believe Zinn's history, revolution is the only solution," she said. "Zinn died in 2010, but the violence in the streets today would have made him very happy."

Jarrett Stepman is a contributor to The Daily Signal and co-host of "The Right Side of History" podcast. Send an email to Jarrett. He is also the author of the new book, "The War on History: The Conspiracy to Rewrite America's Past." Reprinted with permission. Read more at: <u>https://www.dailysignal.</u> com/2020/09/13/how-radicalhistorians-revisionism-andlies-led-to-2020s-unrest?utm source=revcontent.

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Volume 24, Issue 38

City to pay millions to Breonna Taylor's mother, reform police

Dylan Lovan

The Associated Press

The city of Louisville will pay millions to the mother of Breonna Taylor and reform police practices as part of a lawsuit settlement months after Taylor's slaying by police thrust the Black woman's name to the forefront of a national reckoning on race.

A person who has seen the settlement told The Associated Press it is the largest sum paid by the city for a police misconduct case. The source asked not to be identified because the settlement has not been announced publicly.

Taylor's death sparked months of protests in Louisville and calls nationwide for the officers to be criminally charged. The state's attorney general, Daniel Cameron, is investigating police actions in the March 13 fatal shooting.

The lawsuit, filed in April by Taylor's mother, Tamika Palmer, alleged the police used flawed information when they obtained a "no-knock" warrant to enter the 26-year-old woman's apartment in March. Taylor and her boyfriend were roused from bed by police, and her boyfriend, Kenneth Walker, has said he fired once

see MILLIONS, page B-7



Signs are held up showing Breonna Taylor during a rally in her honor on the steps of the Kentucky State Capitol in AP photo/Timothy D. Easley, file photo Frankfort, Kentucky, Thursday, June 25.

Trump presides as Israel, 2 Arab states sign historic pacts

Deb Riechmann, Matthew Lee and Jonathan Lemire The Associated Press

Declaring "the dawn of a new Middle East," President Donald Trump signed historic diplomatic pacts Tuesday, Sept. 15, with Israel and two Gulf Arab nations that he hopes will lead to a new order in the Middle East and cast him as a peacemaker at the height of his reelection campaign.

Hundreds of people massed on the sun-washed South Lawn to witness the signing of agreements between Israel and the United



Arab Emirates and Bahrain. The bilateral agreements formalize the normalization of the Jewish state's already thawing relations with the two Arab nations in line with their common opposition to Iran and its aggression in the region.

"We're here this afternoon to change the course of history," Trump said from a balcony overlooking the South Lawn. "After decades of division and conflict, we mark the dawn of a

see PACTS, page B-6

President Donald Trump, center, with from left, Bahrain Foreign Minister Khalid bin Ahmed Al Khalifa, Israeli Prime AP photo/Alex Brandon photo Minister Benjamin Netanyahu and United Arab Emirates Foreign Minister Abdullah bin Zayed al-Nahyan, celebrate the Abraham Accords signing ceremony on the South Lawn of the White House, Tuesday, Sept. 15, in Washington.

Navalny posts hospital photo of himself, plans Russia return

Vladimir Isachenkov and David Rising

The Associated Press

Russian opposition leader Alexei Navalny posted a picture of himself Tuesday, Sept. 15, from his hospital bed in Germany where he's recuperating from being poisoned with a nerve agent, wryly joking about being able to breathe on his own.

"Hi, this is Navalny," he said in the Russian-language post on Instagram in the first image of the 44-year-old since he was taken to Berlin's Charite hospital.

The photo shows him being given a hug by his wife Yulia and flanked by his two children as he sits upright in his bed in a hospital gown.

"I have been missing you. I still can't do almost anything on my own, but yesterday I managed to breathe on my own for the entire day," he said in the post, which got over 1.1 million likes in several hours.

Separately, Navalny's representative Kira Yarmysh tweeted that once he has recovered, Navalny plans to return to Russia, where he has supported opposition candidates and waged anti-corruption battles. "No other option has ever been considered," she said.

Navalny fell ill on a flight from Siberia to Moscow Aug. 20, and was treated at a hospital in the city of Omsk. Two days later, he was flown to the German hospital, where he was kept in an induced coma for more than two weeks as he was treated with an antidote. On Sept. 7, doctors said his condition had improved enough for him to be brought out of the coma.

On Monday, the hospital said he had been removed from a ventilator and was able to leave his bed for "short periods of time."

In his Instagram statement, Navalny displayed his well-known sarcastic humor when he talked about being able to breathe without a ventilator.

"Just on my own, no extra help, I didn't even use the simplest valve in my throat," he said. "I liked it very much. It's a remarkable process that is underestimated by many. Strongly recommended."

Despite his recovery, doctors have said they cannot rule out long-term health issues associated with the poisoning.

Leonid Volkov, a top associate

see NAVALNY, page B-7



This handout photo, published by Russian opposition leader Alexei Navalny AP photo/Navalny Instagram photo on his Instagram account, shows himself, center, and his wife Yulia, right, daughter Daria and son Zakhar, top left, posing for a photo in a hospital in Berlin, Germany.

REGIONAL

Amid smoke and ash, wildfire-scarred Paradise rebuilds



This Dec. 3, 2018, file photo shows the homes leveled by the Camp Fire line the Ridgewood Mobile Home Park retirement community in Paradise.

AP photo/Noah Berger file photo

Adam Beam

The Associated Press

When flames chased Chuck and Janie Dee down the mountain two years ago, they thought they'd never be back.

Yet there they were Sunday, Sept. 13, parking a camper next to their dirt lot and the shell of what had been their swimming pool, excited for their role in restoring their hometown of Paradise to what it was before the deadliest wildfire in California history destroyed their home and most of the community.

They installed a septic tank. They filed for a building permit. They were really doing it.

The couple made it three days before they had to flee again. They awoke after daybreak Wednesday to darkness, the sky blackened by law letting people live on their property if they meet certain requirements. But that law is set to expire at the end of the year, and it's unclear if the town council will extend it because of opposition from homeowners.

"I've got people from standing homes and new construction saying, 'We didn't do this to live in an RV park," Crowder said.

Town leaders are also wrestling with how to make the town safer by both preventing wildfires and making it easier for people to flee.

The Paradise Parks and Recreation District is looking into building a buffer zone around the town by buying land and turning it into parks that would limit trees and other fuel for wildfires.

The evacuation plan before the Camp Fire split the town up into zones and had them leave at different times. But the 2018 fire came so quickly everyone had to leave at once, clogging the few roads out of town - a scenario that briefly happened again Wednesday. The council is weighing plans to connect various roads throughout town to give people more avenues of escape. Communication is still a problem. The latest fire to threaten the town came when Pacific Gas & Electric had shut off power in Paradise and parts of more than 20 counties for fear of high winds causing power lines to spark fires - as happened in 2018.



smoke as the ridge above them glowed orange. Their minds went blank as fear reintroduced itself.

Heading down the mountain again, Janie Dee couldn't help but doubt their decision to return.

"I wondered if we were really doing the right thing," she said.

The fire never made it to Paradise as other foothill communities bore the terrible brunt, suffering thousands of destroyed structures. But the flames paused the hopeful, exciting and – at times – frustrating work of rebuilding a town that has become synonymous with heartbreak.

In the nearly two years since the Camp Fire, Paradise has tried to entice people back. The road sign heading into town still boasts of a population of more than 26,000. But the reality is closer to 4,000 now, local leaders said.

The 2018 fire struck two weeks before Thanksgiving, destroyed roughly 19,000 structures in and around Paradise and killed 85 people. Before the fire, the town averaged about 25 to 30 new homes built per year, according to Vice Mayor Steve Crowder. As of Wednesday, the town has issued 1,051 building permits for single-family homes and 345 of them are built.

With so much demand, Paradise hired a private company to act as the city's building department, which they set up in a building donated by Bank of America.

Many local governments shut down when the coronavirus hit. But Paradise kept its building department going – with a few modifications – to prevent a slowdown in permits.

But rebuilding is expensive. New homes must have special fire-resistant siding and roofs, and property owners have to pay to clear their lots of debris before they can rebuild. A government program to pay for the removal of thousands of hazardous trees has been delayed for months by a dispute over the contract.

Meanwhile, the town is covered with RVs – the result of a local No electricity made it harder for people to know what was happening and whether they needed to leave. The town has plans to install siren system but is waiting on funding.

All of those issues have framed the November election. It's the first local election in Paradise since the fire, giving residents a chance

Councilmember Steve Crowder stands on his property in Paradise, Thursday, AP photo/Adam Beam photo Sept. 10, 2020. Crowder lost his home in a 2018 wildfire that destroyed most of the town. But he has since built a new house and moved back.

to weigh in on the town's future. Three of the five town council seats are on the ballot, and 15 people are running for them.

They include Steve Oehler, who moved to Paradise six months before the 2018 fire and has since rebuilt and moved back. He said the current council doesn't respect property rights.

"Paradise was built by pioneers," he said. "The people that are coming back are the pioneers of 2020. They're the people that are taking nothing and turning it into something." Construction resumed in Paradise, Thursday. Cement mixers poured a foundation for one house as falling ash from nearby fires swirled around the construction workers. It's a reminder of the danger of living in some of the most beautiful parts of California and a potential deterrent to bringing people back.

But the Dees' second thoughts about returning to Paradise didn't last long. They thought of their son and daughter-in-law – who have bought the lot across from them – and their friends who stayed in Paradise and welcomed them back with such excitement.

One day after they fled, the Dees were back, sitting in lawn chairs outside their camper beneath the smoky skies.

"Just like tornado alley. We see this on television. Oh, that whole town got torn up by tornadoes. We ask each other, 'Why do they keep living there?'" Chuck Dee said. "And here we are, we want to continue living here with the threat of fires. I guess it just depends on what you like."



This Dec. 3, 2018, file photo shows homes leveled by the Camp Fire line Valley Ridge Drive in Paradise.

AP photo/Noah Berger, file photo

REGIONAL

New California law helps former inmate firefighters get jobs

Don Thompson The Associated Press

California's inmate firefighters will have a shot at becoming professional firefighters once they complete their sentences, under a bill Gov. Gavin Newsom signed into law Friday, Sept. 11.

The new law will allow state and county inmates who train as firefighters to seek to erase the criminal records that often are a bar to employment as firefighters or in other professions.

The measure "will give those prisoners hope of actually getting a job in the profession that they've been trained," Newsom said as he signed the bill against a backdrop of gray ash and charred trees near Lake Oroville, site of one of the most devastating of the many fires that have charred the state in recent weeks.

About 500 inmate firefighters were on the front lines of that fire, authorities said.

California has been struggling in recent years to field enough inmate firefighters because of changes in

state law that have reduced the number of lower-level offenders in state prisons. Court rulings also ended some of the incentives for inmates to risk their lives fighting fires when they could earn similar early release credits with less dangerous duties.

The shortage grew this year, as thousands more inmates were released early in a bid to slow the spread of the coronavirus through prisons, pushing the number of inmate firefighters down about 30% from last year.

The new law may create a new incentive, by allowing former inmate firefighters, after their release, to ask a judge to withdraw their plea of guilty. The judge could opt to then dismiss the accusations.

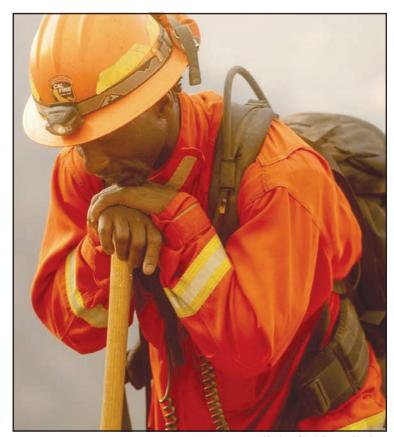
The measure excludes those convicted of certain violent felonies and sex offenses, and the ex-offender would still have to disclose the conviction if they apply to become a teacher.

The expungement would give the former firefighters the ability to apply for any of more than 200 occupations that require a state license, an opportunity lost to most people with criminal records, according to Assemblywoman Eloise Reyes, a Democrat from San Bernardino who wrote the bill.

"These individuals have received valuable training and placed themselves in danger to defend the life and property of Californians," she said in a legislative analysis. "Those individuals that successfully complete their service in the fire camps should be granted special consideration relating to their underlying criminal conviction."

The bill's passage was hailed by criminal justice reform groups, and Newsom said it was backed by various unions, though the union representing professional firefighters said it had not supported the measure.

The district attorneys association had argued against the bill, saying that expungement of criminal records should be limited to lowerlevel offenders, few of whom remain in state prisons. It said the incentive should be limited to those who are sent to county jails and not state lockups.



AP photo/Noah Berger, file photo In this Aug. 17, 2020, file photo, an inmate firefighter rests during a break from battling the River Fire in Salinas.

More than 2,000 rape kits from 12 county agencies sent to lab for testing

City News Service

More than 2,000 rape kits from a dozen local law enforcement agencies have been sent to an independent lab for testing, with test results received on nearly 90% of the kits, the San Diego County district attorney's office announced.

The district attorney's office said the 2,030 kits represent all the previously untested kits from 12 agencies dating back to 1990. The figures do not include San Diego Police Department kits, as the department conducts its own testing.

Of the 2,030 kits sent to Bode

Cellmark Forensics of Lorton, Virginia, results have come back on 1,818 kits as of Aug. 19.

Among those results, about 36% of the SART kits tested produced a full or partial DNA profile that belongs to a person who is not the victim, according to the district attorney's Office, which said the testing efforts were part of a three-year project to cut into San Diego County's untested rape kit backlog.

The results are being uploaded to the FBI's Combined DNA Index System - or CODIS - to see if there are potential offender matches, possibly leading to new investigations.

Agencies involved in the project include: San Diego County Sheriff's Department, with 777 kits; Escondido Police Department, with 414 kits; Oceanside Police Department, with 303 kits; Chula Vista Police Department, with 141 kits; El Cajon Police Department, with 134 kits; Carlsbad Police Department, with 101 kits; National City Police Department, with 93 kits; San Diego State University Police Department, with 23 kits; La Mesa Police Department, with 21 kits; University of California San Diego Police Department, with 16 kits; California State University San Marcos Police Department, with four kits; Coronado Police Department, with three kits.

The district attorney's office says \$1.6 million has been spent on testing, to date.

"As a special victims' prosecutor, I saw the devastation and long term physical and emotional trauma that victims of sexual assault and exploitation suffer," district attorney Summer Stephan said. "I vowed we would test every sexual assault kit and we did. As a part of bringing dignity to victims and accountability to perpetrators, rape kits must be tested.

'Even if just a few sexual assault cases are solved, it is

worth it. We should not put a price on justice. Information in these sexual assault kits may contain powerful evidence that can speak on behalf of victims and prevent a future assault. In the meantime, I hope sexual predators out there get the message that we will use every available tool to stop them. I'm grateful to the sheriff for his partnership and dedicating many of his resources to this project, along with the collaboration by the police chiefs that made this critical milestone possible," Stephan said.





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REGIONAL

Comic Con Museum details released, slated for summer 2021 grand opening

City News Service

San Diego Comic-Con released new details Thursday, Sept. 10, on the Comic-Con Museum, slated for a grand opening summer 2021 in Balboa Park.

Though it is on track to open its doors at the 68,000-square foot Federal Building in the park's Palisades section in mid-2021, the museum will not completed until 2024, with portions of it opening in phases until then.

Comic-Con officials said the

museum has reached the halfway mark toward its \$34 million funding goal, with funds raised so far from larger corporate contributions and sponsorships, as well as donations from thousands of charter members, who have made contributions ranging from \$10 to \$1,200 to the cause.

Organizers said the museum is a way to expand Comic-Con's accessibility beyond the limited window of the annual convention and will operate as a major tourism driver for the San Diego region, particularly after the COVID-19 pandemic abates.

"The Comic-Con Museum brings an exciting and innovative new attraction to Balboa Park and San Diego, for residents and visitors alike," Patti Roscoe, chair of the museum's steering committee, said. "Cultural tourism is on the rise, and we want to contribute to the city's standing as a leader in popular culture, the creative arts and Balboa Park's overall resurgence."

Some of the museum's features outlined in Comic-Con's plans include utilizing 25,000 square feet for rotating exhibits, a yearround schedule of programs such as meet-and-greets with creators, concerts, watch parties and an Education Center offering programs for literacy, visual and performing arts, STEAM and career readiness.

An online museum will also be available for those who cannot travel to San Diego, and

organizers said the museum will offer Americans with Disabilities Act accessibility, interpreters on hand and sensory-reduced experiences when needed, making it accessible to a wide variety of fans.

Many of the new details included in the museum's longrange comprehensive plan had not previously been shared with the public, but can be viewed at https://www.comiccon.org/museum/long-rangecomprehensive-plan.

California governor signs bill changing sex offender law

The Associated Press

California Gov. Gavin Newsom signed a law Friday, Sept. 11, that would give judges a say on whether to list someone as a sex offender for having oral or anal sex with a minor.

The bill would expand the discretion currently granted judges in statutory rape cases and was promoted as bringing fairness under the law to LGBTQ defendants.

The current law, in place for decades, permits judges to decide

whether a man should be placed on California's sex offender registry if he had voluntary intercourse with someone 14 to 17 years old and was no more than 10 years older than the person.

But that discretion only applied to a man who had vaginal intercourse. The new change permits judges to use that same discretion when the case involves voluntary oral or anal sex.

The measure won't apply when a minor is under 14, when the age gap is larger than 10 years or when either party says the sex wasn't consensual.

The bill was introduced by state Sen. Scott Wiener, a San Francisco Democrat.

The law ends discrimination "by treating LGBTQ young people the exact same way that straight young people have been treated since 1944," Wiener said in a statement. "Today, California took yet another step toward an equitable society."

Equality California, a nonprofit civil rights group that co-sponsored the bill with the Los Angeles County district attorney's office, also applauded Newsom's signing. "If we want a California for all,

then we need a justice system that

treats all Californians fairly and equally - regardless of who they are, what they look like or whom they love," Rick Chavez Zbur, executive director of Equality California, said in the statement released by Wiener's office.

The bill passed the Assembly and Senate on split votes, with some members objecting to what they saw as an easing of punishments against those who have sex with minors.

"I cannot in my mind as a mother understand how sex between a 24-year-old and a 14-year-old could ever be consensual, how

it could ever not be a registrable offense," Assemblywoman Lorena Gonzalez, D-San Diego, said before the bill's passage. "We should never give up on this idea that children should be in no way subject to a predator."

Online critics had falsely blasted the measure as legalizing pedophilia.

The bill was supported by civil rights groups as well as the California District Attorneys Association and California Police Chiefs Association.

More than 70% of San Diegans have experienced issues with 4 basic needs

City News Service

A study released Thursday, Sept. 10, by the San Diego Association of Government found that more than 70% of survey respondents in San Diego County were experiencing issues with food, housing, utilities or employment at some point during the coronavirus pandemic.

SANDAG partnered with the newly formed Recovery Coalition and surveyed 3,527 San Diegans living throughout the county in seven "Major Statistical Areas," including 44% from the South Bay, 26% from an area including San Diego and La Mesa and 14% from an area including San

the county, 8%); an area including Oceanside and Carlsbad, 5%, and the northern portion of the city of San Diego, including La Jolla, Del Mar and Rancho Santa Fe, 2%.

About two-thirds of respondents said their employment was negatively affected by COVID-19, according to the study. The most common job-related issues were reduced hours, 58%; job loss, 27%; being at-risk of losing their job, 22%, or having to stop working or limit hours because of child care issues, 14%.

More than half of respondents, 52%, had some type of housing instability as a result of the pandemic, with 66% of those they were unable to pay rent or mortgage.

One in four households that had housing instability said they had already received mortgage or rent assistance and 9% had losing housing, resulting in homelessness or living with a friend or family member.

"While we are all in the same storm of this pandemic, these data show that everyone is not in the same boat," Cynthia Burke, director research and program management of SANDAG, said. "Our neighbors who were struggling financially before the health crisis are now struggling even more with the most basic needs. Our hope is that the data a way that is equitable to those hardest hit."

Also, while a majority of parents and caregivers reported that preschool and elementary teachers and middle, junior and high school teachers were in communication with them, about three in five parents had challenges with distance learning.

Additionally, four in five of parents surveyed said that a computer or other digital device is always available, 58%, or usually available, 23%, to their children for educational purposes. However, 19% of parents and caregivers with children in preschool and elementary school and 15% with children in middle. not provide any.

The top four responses to a question asking what parents wanted for their children to return to in-person learning were safety measures, 79%; a consistent schedule, 38%; a full-time schedule, 29%, and before- and after-school care, 20%.

Other notable findings about the respondents included more than four in five respondents, 82%, said that at least one member of the household identified as Latino, and 52% said the primary language as Spanish.

The average household size of respondents was 4.3.

Just over two-thirds of respondents, 71%, said the

Marcos, Vista and Escondido. were from the eastern portion of

saying they needed assistance to generated from this report can junior and high school said they The remaining respondents pay the upcoming month's rent be used by local leaders as we did not have electronic equipment or mortgage and 45% saying discuss solutions to recover in for the children and the school did

highest level of adult education in the household was a high school diploma, the GED exam or less than 12th grade.

More than four in 10 respondents, 42%, had an annual household income of less than \$25,000, while 44% reported income between \$25,000 and \$49,999 and 14% had earning \$50,000 or more per year.



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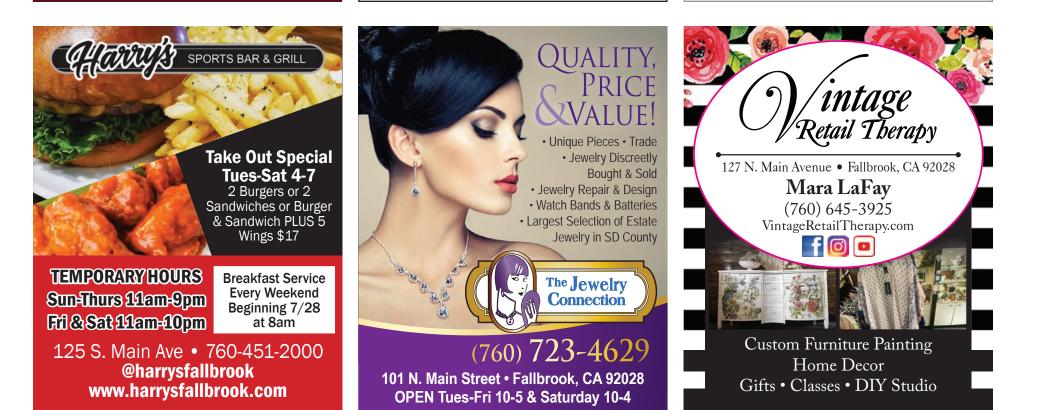




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NATIONAL

California fitness centers sue state over health closures

The Associated Press

California fitness centers have filed a lawsuit alleging Gov. Gavin Newsom's measures aimed at curbing the spread of the coronavirus unfairly target the industry and are demanding they be allowed to reopen.

The California Fitness Alliance, which represents nearly 300 businesses, filed the suit in Los Angeles County Superior Court, Scott, a lawyer for the group, said Tuesday, Sept. 15.

The suit accuses state and Los Angeles County officials of

requiring gyms to close without providing evidence that they contribute to virus outbreaks and at a time when staying healthy is critical to California's residents. The prolonged closure is depriving millions of people the ability to exercise as temperatures soar and smoky air from wildfires blankets much of the state, said Francesca Schuler, a founding partner of the alliance.

"We are not looking for a fight," Schuler, who is CEO of In-Shape Health Clubs, said. "We are committed to being as safe as possible. We are in the health business. That's what we care about more than anything."

Messages were sent seeking comment from the California Department of Public Health and Los Angeles County Department of Public Health.

The suit is one of many filed by California sectors walloped by closures due to the pandemic. Newsom's administration let many businesses reopen in spring but shut them again in July as coronavirus cases surged, and is allowing reopenings to take place in phases as counties see virus cases diminish. Under state rules, fitness centers can reopen indoors at 10% of capacity when a county's infections drop from widespread to substantial. In counties with minimal infections, gyms can reopen indoors at 50% capacity.

The closures have devastated the fitness industry, which could see between 30% and 40% of businesses close for good, Schuler said. They have also worsened the health of many residents who rely on gyms for exercise at a time when the public is being urged to stay healthy to protect themselves against COVID-19, she said. The alliance also questioned why fitness centers are facing more restrictive measures than restaurants when gym equipment can be spaced out and patrons required to wear masks.

Statewide, California's coronavirus infection rate has dropped steadily for weeks. As of Tuesday, Sept. 8, however, 33 of the state's 58 counties still had widespread infection levels, which require schools to only offer distance learning and most businesses to limit indoor operations.

PACTS from page B-1

new Middle East."

The agreements do not address the decadeslong Israeli-Palestinian conflict. While the UAE, Bahrain and other Arab countries support the Palestinians, the Trump administration has persuaded the two countries not to let that conflict keep them from having normal relations with Israel.

Trump's political backers are looking for the agreements to

boost his standing as a statesman with just seven weeks to go before Election Day. Until now, foreign policy has not had a major role in a campaign dominated by the coronavirus, racial issues and the economy. The pandemic was in the backdrop of the White House

ceremony, where there was no social distancing and most guests didn't wear masks.

"There's no more powerful response to the hatred that spawned 9/11 than this agreement," Trump told reporters at the White House.

"This is a historic breakthrough to further peace in the Middle East," Trump, Israeli Prime Minister Benjamin Netanyahu and Bahrain's King Hamad said in a statement. "Opening direct dialogue and ties between these two dynamic societies and advanced economies will continue the positive transformation of the Middle East and increase stability, security and prosperity in the region."

The agreements won't end active wars, but supporters believe they could pave the way for a broader Arab-Israeli rapprochement after decades of enmity and only two previous peace deals. Skeptics, including many longtime Middle East analysts and former officials, have expressed doubts about their impact and lamented that they ignore the Palestinians, who have rejected them as a stab in the back by fellow Arabs.

During the ceremony, Emirati Foreign Minister Sheikh Abdullah bin Zayed Al Nahyan, the brother of Abu Dhabi's powerful crown prince, thanked Israel for "halting the annexation of Palestinian territories," although Netanyahu has insisted that Israel has only temporarily suspended its plans to annex West Bank settlements.

"Today, we are already witnessing a change in the heart of the Middle East – a change that will send hope around the world," al-Nahyan said.

Even the harshest critics have

UAE and Bahrain, all three are signing a document dubbed the "Abraham Accords" after the patriarch of the world's three major monotheistic religions.

"This day is a pivot of history," Netanyahu said. "It heralds a new dawn of peace."

"Despite the many challenges and hardships that we all face – despite all that, let us pause a moment to appreciate this remarkable day."

The Palestinians have not embraced the U.S. vision. Palestinian activists held small demonstrations Tuesday in the West Bank and in Gaza, where they trampled and set fire to pictures of Trump, Netanyahu and the leaders of the UAE and Bahrain.

A poll released Tuesday found that 86% of Palestinians believe the normalization agreement with the UAE serves only Israel's interests and not their own. The poll, carried out by the Palestinian Center for Policy and Survey Research, was carried out Sept. 9-12, and surveyed 1,270 Palestinians in the occupied West Bank and Gaza. It has a margin of error of plus or minus 3 percentage points.

Even in Israel, where the accords have received widespread acclaim, there is concern they might result in U.S. sales of sophisticated weaponry to the UAE and Bahrain, thus potentially upsetting Israel's qualitative military edge in the region.

Trump said he is OK with selling military aircraft to the UAE. House Speaker Nancy Pelosi also welcomed the agreements but said she wants to learn details, specifically what the Trump administration has told the UAE about buying American-made F-35 aircraft and about Israel agreeing to freeze efforts to annex portions of the West Bank. Bahrani Foreign Minister Abdullatif al-Zayani said Bahrain would stand with the Palestinians. "Today is a truly historic occasion," he said. "A moment for hope and opportunity." And while the UAE and Bahrain have a history of suppressing dissent and critical public opinion, there have been indications that the agreements are not nearly as popular or well-received as in Israel. Neither country sent its head of state or government to sign the deals with Netanyahu. Bahrain's largest Shiitedominated opposition group, Al-Wefaq, which the government ordered dissolved in 2016 amid a yearslong crackdown on dissent, said there is widespread rejection of normalization. Al-Wefaq said in a statement that it joins other Bahrainis who reject the agreement to normalize ties with the "Zionist entity," and criticized the government for crushing the public's ability to express opinions "to obscure the extent of discontent" at normalization. The ceremony follows months of intricate diplomacy headed by Jared Kushner, Trump's son-inlaw and senior adviser, and the president's envoy for international negotiations, Avi Berkowitz. On Aug. 13, the Israel-UAE deal was announced. That was followed by the first direct commercial flight between the countries, and the Sept. 11 announcement of the Bahrain-Israel agreement.

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allowed that the agreements could usher in a major shift in the region should other Arab nations, particularly Saudi Arabia, follow suit, with implications for Iran, Syria and Lebanon. Other Arab countries believed to be close to recognizing Israel include Oman, Sudan and Morocco.

"We are very down the road with about five different countries," Trump told reporters before the ceremony.

In addition to the bilateral agreements signed by Israel, the



AP writers Aya Batrawy in Dubai, United Arab Emirates, and Joseph Krauss in Jerusalem contributed to this report.

NATIONAL

NAVALNY from page B-1

of Navalny, refused to give any details on his condition or his possible return when reached by The Associated Press.

A German military lab has determined that Navalny was poisoned with Novichok, the same class of Soviet-era agent that Britain said was used on former Russian spy Sergei Skripal and his daughter in Salisbury, England, in 2018. On Monday, the German government said independent tests by labs in France and Sweden backed up its findings.

The Hague-based Organization for the Prohibition of Chemical Weapons also is taking steps to have samples from Navalny tested at its designated labs, Germany has said.

The Kremlin has bristled at calls from German Chancellor Angela

Merkel and other leaders to answer questions about the poisoning, denying any official involvement. French President Emmanuel

Macron's office said he had expressed "deep concern over the criminal act" that targeted Navalny directly with Russian President Vladimir Putin Monday. The Kremlin said Putin in the call "underlined the impropriety of unfounded accusations against the Russian side" and emphasized Russia's demand for Germany to hand over analyses and samples.

Kremlin representative Dmitry Peskov told reporters Tuesday that Russia is puzzled by Germany's refusal to share Navalny's analyses and other medical data or compare notes with the Russian doctors who said they found no trace of poison in his system while he was at a hospital in the Siberian city of Omsk.

"Russia has been absolutely open for cooperation in determining what happened," Peskov said. "Russia needs cooperation with the German side in getting the patient's biological samples to be able to advance."

Russian Foreign Minister Sergey Lavrov, who canceled a scheduled trip Tuesday to Berlin, said Russian authorities have conducted a preliminary inquiry and documented the meetings Navalny had before falling ill, but he emphasized they need to see the evidence of his poisoning to launch a full criminal investigation.

Lavrov said Navalny's life was saved by the pilots of the plane who quickly landed in Omsk after he collapsed on board and by the rapid action of doctors there. He accused the West of trying to smear Russia and use the incident as a pretext for new sanctions against Moscow.

In a phone call Tuesday with German Foreign Minister Heiko Maas, Lavrov warned him against politicizing the situation with Navalny, the Russian Foreign Ministry said. Lavrov said Moscow would view Germany's continued stonewalling of Russia's request for analyses and samples as a "lack of desire to help determine the truth as part of an objective and thorough investigation."

Berlin has rejected suggestions from Moscow that it is dragging its heels on sharing evidence. Asked why no samples from Navalny have been given to Russia, a German Foreign Ministry representative said Monday that "Mr. Navalny was in Russian treatment in a hospital for 48 hours."

Sergei Naryshkin, the director of Russia's Foreign Intelligence Service, said that studies by Russian labs found no indication Navalny was poisoned while still in Russia.

"It's a fact that at the moment when Navalny was leaving Russia, there were no toxic agents in his body," Naryshkin said in remarks carried by Russian news agencies. "In that context, we have many questions to ask the German side."

He emphasized that Russia has fully met its obligations under the international chemical weapons ban and completely destroyed its chemical weapons stockpiles.

"It's disinformation to say that Russia has production assets or old stockpiles of military nerve agents," he said.

Most of Germany's political parties have joined Merkel in calling for an investigation, but leaders in the far-right Alternative for Germany, known for its pro-Moscow sympathies, have said Berlin should not be involved. On Tuesday, it invited the media to a discussion with a Russian lawmaker on "the Russian view of the Navalny case."

Isachenkov reported from Moscow.

MILLIONS from page B-1

at the officers thinking it was an intruder. Investigators said police were returning fire when they shot Taylor several times. No drugs were found at her home.

Palmer has said she is trying to be patient about the results of Cameron's criminal investigation and the long wait, which is now six months since her daughter's death.

In that time, her daughter's slaying – along with George Floyd and others – has become a rallying cry for protesters seeking a reckoning on racial justice and police reform. High-profile celebrities like Oprah Winfrey and LeBron James have called for the officers to be charged in Taylor's death.

Palmer's lawsuit accused three Louisville police officers of blindly firing into Taylor's apartment the night of the March raid, striking Taylor several times. One of the officers, Jonathan Mattingly, went into the home after the door was broken down and was struck in the leg by the gunshot from Walker.

The warrant was one of five issued in a wide-ranging investigation of a drug trafficking suspect who was a former boyfriend of Taylor's. That man, Jamarcus Glover, was arrested at a different location about 10 miles away from Taylor's apartment on the same evening.

The settlement includes reforms on how warrants are handled by

police. The city of Louisville is expected to announce the details Tuesday afternoon, Sept. 15, after press time.

The city has already taken some reform measures, including passing a law named for Taylor that bans the use of the no-knock warrants. Police typically use them in drug cases over concern that evidence could be destroyed if they announce their arrival.

Mayor Greg Fischer fired former police Chief Steve Conrad in June and named Yvette Gentry, a former deputy chief, as the new interim police chief. Gentry would be the first Black woman to lead the force of about 1,200 sworn officers. The department has also fired Brett Hankison, one of the three officers who fired shots at Taylor's

apartment that night. Hankison is appealing the dismissal.

The largest settlement previously paid in a Louisville police misconduct case was \$8.5 million in 2012, to a man who spent nine years in prison for a crime he did not commit, according to news reports.

 Image: Constraint of the constraint

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Volume 24, Issue 38

Ada 'Chick' Mahr celebrates her 100th birthday



Chick Mahr, a resident of Silvergate Fallbrook, celebrates her 100th birthday with her fellow residents outside during a drive-thru celebration, Sept. 11.

Christal Gaines-Emory Intern

If you were driving through Fallbrook and ended up at North Brandon Road Sept. 11, 2020, you would have been met by an endless line of extravagant old cars, balloons, and posters leading up to the Silvergate Fallbrook. This socially distanced parade was a celebration for the 100th birthday of longtime Fallbrook resident Ada "Chick" Mahr.

Mahr has lived in Fallbrook since 1923, she graduated from Fallbrook High School and she and all that Fallbrook has to offer.

This year, when she woke up on the morning of her birthday, Mahr had no idea what she was in for. When she went outside, there were cars wrapped around the parking lot and on the street, all patiently waiting in line to celebrate with her. As they passed by, they waved signs, honked horns, and wished her a very happy birthday. Many of the other residents from the retirement home were also outside to watch the parade with Mahr. "I was very surprised to see

everyone," she said. She was most excited to spend time with her family on her special day. A few family members even came from Florida to see her. She was very happy to see them, she said "Florida is a long ways away." Mahr said that it feels great to be 100. She went on to say, "I don't like the aches and pains, but I feel good. I feel really good." When asked what her favorite part of her day is, she exclaimed "Breakfast!" At 100 years old, Mahr looks forward to her breakfast of poached eggs every morning. Along with insight as to why breakfast is easily the best meal of the day, Mahr offered some advice to the young people living in Fallbrook. She said, "Have a lot of fun living. Be safe but have some fun."



The residents of Silvergate enjoy a variety of classic cars during a drive-thru celebration for neighbor Chick Mahr's 100th birthday.

Village News/Shane Gibson photos



Family members of Chick Mahr celebrate her 100th birthday with Silvergate residents in Fallbrook.

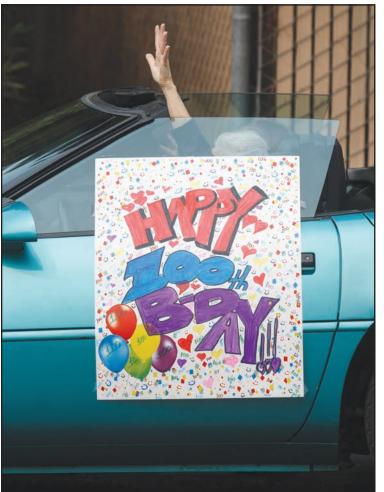
worked all over our friendly village. First, she worked in a lemon packing house, and then she moved on to work in the cafeteria at Fallbrook High School where she continued to work for 28 years. Not only that, Mahr even helped build the cafeteria building that still stands today.

Mahr said that her favorite part about working at Fallbrook High was the students. Since she spent so long working there, she was able to meet thousands of Fallbrook High students, and this brought her joy. She said, "I liked getting to know all the kids."

One thing she enjoys about Fallbrook is being close to all her friends. She said, "I love living in Fallbrook with my friends."

She also enjoys the community





People drive their cars with happy 100th birthday signs for Chick Mahr at Silvergate Retirement Residence in Fallbrook.

Bud Roberds, who turned 100-years-old March 30, 2020, wishes Silvergate senior living resident Chick Mahr a happy 100th birthday in Fallbrook.



Silvergate senior living resident Mike Rose enjoys a drive-thru celebration for Chick Mahr's 100th birthday in Fallbrook.

HOME & GARDEN AND REAL ESTATE

Rotary Club of Fallbrook keeps it clean

FALLBROOK - On a warm Saturday morning in August, members of the Rotary Club of Fallbrook worked to clean the community's roadways. Rotarians spread out across the intersection of Old Highway 395 and the Interstate 15 to pick up trash and debris that had been tossed out along the roadside.

Armed with pickup tools, trash bags provided by Caltrans, and a positive attitude, they spent a few hours hiking the on- and off-ramps picking up litter and refuse.

The Rotary Club of Fallbrook adopted the intersection as a part of the Caltrans Adopt-A-Highway program. The club has a long history with the program. Members estimate the club has been involved in Adopt-A-Highway for over 30 years.

Rotarian Jack Wood has coordinated the club's Adopt-A-Highway program for the past 18 years. Club members volunteer their time one Saturday a month to clean up the intersection.

Wood shared that they have found some interesting items cast off along the highway, including car keys, credit cards, a mailbox, tools and car parts. Club members bag the trash as they work, and Caltrans sends a truck to pick up the bags once the work is finished. Items like credit cards are handed



Jack Wood, the Rotary Club's Adopt-A-Highway Village News/Courtesy photos coordinator, cleans up the roadside along the intersection of Old Highway 395 and the Interstate 15, Aug. 22.

off to the authorities to be returned to the owners.

On one occasion, the Rotarians assisted a driver that passed out after pulling off the highway. They called paramedics who then transported her to the hospital. The driver borrowed Wood's phone to call a family member but did not return it to him. He had to track the ambulance down to get his phone back.

When asked why this work is important, Wood referenced the Rotary motto, "Service Above Self.'

"I like to think we make Fallbrook a welcome place by having clean roads leading into our village," Wood said. "It says



Jack Wood, the Rotary Club's Adopt-A-Highway coordinator, cleans up the roadside along the intersection of Old Highway 395 and the Interstate 15, Aug. 22.

we have a village that cares."

For information about the Rotary Club of Fallbrook, visit their website at http://www. fallbrookrotary.org.

The club meets Thursdays at noon at Grand Tradition Estate and Gardens. For health and safety

reasons, meetings are currently being held online via Zoom. If you are interested in receiving a link to future meetings, send an email to RotaryClubFallbrook@ outlook.com.

Submitted by the Rotary Club of Fallbrook.

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• Home Inspections

T.E. Roberts to replace pipelines for **RMWD**

Joe Naiman

Village News Reporter

The Aug. 25 Rainbow Municipal Water District board meeting included the award of two pipeline replacement contracts to T.E. Roberts.

The company based in Orange was given a \$280,399 contract for the Sagewood Road pipeline and a \$301,734 contract for the Nella Lane pipeline. The two contracts were awarded on separate 4-0 votes with Helene Brazier abstaining from both.

Many of Rainbow's pipelines were originally constructed within easements, alleys and other locations which are difficult to access. Those access obstacles make maintenance more difficult and pipe failures more costly.

replacements and rehabilitations. Harris & Associates has completed design of the Nella Lane water main replacement project.

The Sagewood Road pipeline will construct approximately 633 feet of 12-inch diameter polyvinyl chloride plastic pipe along with associated appurtenances including a new fire hydrant and an air release and vacuum relief assembly.

"That one is to abandon the old line and replace it with a new line," Tom Kennedy, general manager of Rainbow, said.

The existing 12-inch pipeline near Sagewood Road and Dentro De Lomas Road was constructed in 1958. The tar-wrapped steel water pipeline is no longer active due to needed repairs. The physical location of the pipeline is on an easement, which is not aligned with the roads. The Sagewood Road pipeline allows looping in the Morro pressure zone, thus retaining service even if a portion of the pipeline is shut down, by connecting the pipeline in Dentro De Lomas Road to the pipeline in Little Gopher Canyon Road. Rainbow staff identified a new location for the pipeline which is aligned with Sagewood Road and obtained the necessary easements along the route. The new pipeline will serve the same hydraulic purpose for the distribution system as the pipeline which will be replaced, but the new pipeline's location within a roadway will allow for easier access and maintenance.

of 8-inch cement CML&C steel water pipeline on Nella Lane will be abandoned.

The existing Nella Lane pipeline was constructed in 1979 and has been identified as a high-priority pipeline for replacement in Rainbow's Water Pipeline Condition Assessment. The pipeline is located within the roadway on Nella Lane and received a high project risk score because of its recent break history, its location in highly corrosive soils and its high pressure.

Rainbow is in the process of constructing a pressure reducing station near the intersection of Nella Lane and Gopher Canyon Road in order to reduce the pressure of the pipeline on Nella Lane. The addition of a pressure reducing station makes it feasible

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Rainbow has plans to relocate pipelines from those areas to more typical locations such as roadways, and the district is also working on managing high water pressure in the system so some of the pressure issues can be resolved with new pipe configurations connecting to different pressure zones.

In January 2018, Rainbow completed the Water Pipeline Condition Assessment which created a model to prioritize existing pipelines for rehabilitation and replacement based on likelihood and consequence of failure.

In October 2018, Rainbow's board awarded a design contract to Omnis Consulting Inc. for Pipeline Upgrade Project 1 which consists of Sagewood Road, Disney Lane, Eagles Perch and Via Vera north of West Lilac Road. Those segments will be bid individually, and Omnis has completed the design of the Sagewood Road water pipeline improvements.

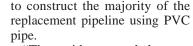
Pipeline Upgrade Project 2 consists of the Nella Lane, Via Monserate, Rice Canyon Road, Tecalote Drive, North River Road, Rainbow Glen and Thibodo pipelines.

A 4-0 vote, Jan. 28, with Brazier absent, awarded Harris & Associates Inc. the design contract for the Pipeline Upgrade Project 2

The replacement with PVC pipe makes the pipeline less vulnerable to corrosion as well as less expensive to construct.

The Nella Lane pipeline project will construct approximately 90 feet of 8-inch diameter cement mortar lined and coated steel pipe and 560 feet of 8-inch diameter PVC pipe along Nella Lane.

The work will also include associated appurtenances such as water services, fire hydrant assemblies and automatic air release and vacuum relief valves. The existing 660-foot segment



'The residents won't have to deal with water pressure in excess of 250 psi (pounds per square inch)," Kennedy said. "When we reduce the pressure, we can replace the pipeline with a PVC plastic which won't be susceptible to corrosion."

Rainbow advertised the construction portion of the Sagewood Road pipeline project to bid July 23. The construction contract for the Nella Lane pipeline was advertised for bid Aug. 7. The engineer's estimate was \$425,000 for the Sagewood Road pipeline and \$350,000 for the Nella Lane pipeline.

On April 28, Rainbow's board awarded T.E. Roberts a contract to construct the transmission line which will serve Olive Hills Estates. That work, which is expected to be complete this fall, will construct approximately 2,550 feet of 14-inch diameter ductile iron pipe along with fittings and approximately 30 feet of 12-inch diameter ductile iron pipe between Olive Hill Road west of state Route 76 and Via Caballero. The presence of equipment nearby allowed T.E. Roberts to bid the Sagewood Road and Nella Lane projects below the engineer's estimates.

"We're viewing this as good news," Chad Williams, acting district engineer of Rainbow, said.

Joe Naiman can be reached by email at jnaiman@reedermedia. com.



Redundancy reliability advantage of CWA regional conveyance system

Joe Naiman

Village News Reporter

The San Diego County Water Authority is considering a regional conveyance system which would provide the SDCWA with water directly from Imperial County and eliminate the "wheeling" charge the Metropolitan Water District of Southern California charges the CWA to transport water through MWD's Colorado River Aqueduct. MWD is neutral on the proposed conveyance system but doubts that the CWA would save any money by building its own infrastructure.

"I don't see any justification for the project on a cost savings basis," Jeffrey Kightlinger, general manager of MWD, said.

Kightlinger said that redundancy would increase reliability in the event the Colorado River Aqueduct or MWD's San Diego Aqueduct are unable to transport water.

"There are other factors," he said.

The Colorado River Aqueduct benefits from Hoover Dam and Parker Dam hydroelectric power contracts.

They would be missing out on the cheaper power," Kightlinger said. "I don't see that there could be any real savings. You can justify the project based on redundancy and reliability."

Although MWD would lose the revenue from the wheeling charge if the CWA builds the regional conveyance system, MWD also

would not have the transportation expenses.

'We are neutral on it. It's not going to have a big impact for Metropolitan one way or another, so it's a pure San Diego decision at the end of the day," Kightlinger said.

The Hoover Dam infrastructure includes a hydroelectric power system, and initially 15 governmental entities or public utilities including MWD signed 50-year contracts for hydroelectric energy. The hydroelectric generation began in 1937. A subsequent renewal extended the contracts to 2017, and the most recent renewal gives MWD hydroelectric power from Hoover Dam until 2067.

"It gives us inexpensive hydroelectric power from Hoover Dam over that 50-year period," Kightlinger said.

MWD has a percentage rather than a specific quantity of hydroelectric energy from Hoover Dam, specifically 16% of the total output.

"It depends on the flow," Kightlinger said of the specific megawatt purchases.

The Colorado River Aqueduct runs from Parker to Lake Mathews. MWD also has a contract for 50% of the hydroelectric power generated from Parker Dam, and MWD will receive that energy in perpetuity.

The two hydroelectric projects provide enough energy to power approximately 700,000 acre-feet of water conveyance. MWD's total conveyance, including the San Diego Aqueduct, State Water Project infrastructure and conveyance from Lake Mathews or other MWD reservoirs, is approximately 1 million acre-feet. MWD obtains market prices to generate power for the 300,000 acre-feet not supplied by the hydroelectric contracts.

MWD uses a melded rate which melds hydroelectric contract power and market purchases to determine power costs.

"Our melded rate is about \$140 per acre-foot," Kightlinger said.

The melded rate is for all of MWD's conveyance, although the Colorado River Aqueduct is the largest power user.

The CWA would not have the hydroelectric power and would need to purchase energy at market costs.

"It would be about \$200 per acre-foot," Kightlinger said.

The actual conveyance rate MWD charges is based on system maintenance costs as well as power costs. Currently the rate is \$482 per acre-foot. Approximately two-thirds of that is system maintenance while the other third recovers electricity expenses.

The Hoover Dam hydroelectric contract has an inflation escalator. "It's still significantly cheaper

than the market," Kightlinger said. A CWA conveyance system from Imperial County wouldn't include State Water Project costs in its operational expenses.

"They wouldn't be paying for the costs of lifting water over the Tehachapis," Kightlinger said.

Hydroelectric energy is also generated from State Water Project facilities, so the CWA wouldn't have that discounted electricity.

"They don't get the benefits of the State Water Project," Kightlinger said.

MWD sought voter support for a bond to build the Colorado River Aqueduct in 1932, and after that was approved the building of the aqueduct commenced. The first delivery of water from the Colorado River Aqueduct was in 1941.

In the early years, the MWD expenses for the aqueduct included the repayment of the bonds to cover the capital costs. The CWA would likely have that expense but not maintenance expenses in the early years of a regional conveyance system.

"They would be having a new system built, so they would be paying heavily on the bonds," Kightlinger said. "In the beginning the maintenance costs would be lower. Maintenance would probably be fairly low over the first 40 years because it's a brand-new facility.'

As facilities age more maintenance is needed.

"Our capital spending even as late as 2000 was about 70% on new facilities, 30% on maintenance," Kightlinger said. "Our maintenance costs have gone up over the past 20 years. Seventy

percent of our capital spending is now on maintenance."

Kightlinger has been MWD's general manager since 2006 but has historical data on MWD rates and expenditures.

"You see a lot of rate increases in the 40s," he said.

That was due to the paying off the bonds which were sold to build the Colorado River Aqueduct. Rates were stable in the 1950s and early 1960s.

"That's because our system was paid for and our maintenance was low," Kightlinger said.

The State Water Project brought water from Northern California and was constructed in the 1960s and early 1970s. MWD paid its share of the State Water Project construction cost and also built infrastructure to deliver that supply. Once those bonds were paid off MWD had new facilities, and rates returned to stability in the 1980s and 1990s.

"There was one decade where we had no rate increases," Kightlinger said.

Diamond Valley Lake and other facilities were built at the turn of the century, which created debt cost followed by stable rates.

"That cycle is kind of over," Kightlinger said. "We are spending more on maintenance now than we had to previously. You're now seeing $3 \frac{1}{2}$, 4% rate increases in perpetuity."

Joe Naiman can be reached by email at jnaiman@reedermedia. com.

Suez to improve Rainbow tank staircases

Joe Naiman

Village News Reporter

Suez Water Technologies and Solutions will install additional tank fall protection improvements at Rainbow Municipal Water District reservoirs.

Rainbow's board voted 4-1, with Helene Brazier casting the dissenting vote, Aug. 25, to approve a change order to the 2018 contract.

'This adds some additional safety enhancements for our steel reservoirs," Tom Kennedy, general manager of Rainbow, said.

In October 2018, Rainbow approved a \$1,528,626 contract with Suez to install staircases in the district's steel water tanks and railing systems on the top of those tanks. The contract covered all 12

not be constructed properly, and the anchor points might not allow adequate inspection of the edges of the tanks. The necessity of staff having proper safety gear doesn't allow for a tank to be inspected immediately if a problem is suspected.

The ladder is difficult to maneuver even without safety gear, and the bulk and weight of the safety gear increases that difficulty. The use of restraints also requires special training, and since it is not feasible to train all staff members in the proper use and implementation of the fall protection devices and procedures only a limited number of personnel are able to access the top of the tanks.

The system of ladders and safety harnesses requires two staff members to be present for tank inspections. The staircases and railings will allow monthly inspections to be performed by one person and will also create a time savings due to eliminating the need to put on and take off safety gear. The elimination of the need to wear and carry safety gear will also make carrying tools and equipment easier for employees or contractors.

of the tanks around the stairway and railing installation of the specific tanks. The schedule for installing the staircases and railings also involved keeping the tanks in operation during months of high

Suez has completed the staircase and railing for the Gomez Tank. As the staircase was being installed both Rainbow and Suez realized that it lacked the proper landings which ensure that if a person falls they do not fall all the way down. The stairs were also constructed at too steep of an angle to meet state Occupational Safety and Health Administration requirements.

The drawings for the stairs were reviewed by Rainbow staff before the start of construction. The landings and steepness were not addressed during the design phase. "It was not caught at the staff level," Kennedy said. Rainbow and Suez agreed on a division of the cost to redesign, demolish and construct new stairs at the Gomez Tank. Suez will pay for two-thirds of the overall cost, and Rainbow will pay for one-third. That cost sharing is only for the Gomez Tank since the drawings and construction for the other tanks under the contract have not yet begun.

the contract.

"Staff has identified some other items that need additional work," Chad Williams, acting district engineer for Rainbow, said.

During the work on the Gomez Tank district staff noticed that the existing conduits and cables for the tank radio communications were mounted to the existing ladder mounts. Those conduits and cables run to a radio antenna mounted on top of the tank. Solar panels which provide power for the Supervisory Control and Data Acquisition system are also mounted on top of the tank with the conduits, and cables connect to the SCADA system

The conduits for the SCADA system are attached to the ladder mounts on most of the tanks, as is the radio equipment mounted to

the existing guardrails. As these are removed for the addition of the new stairways and railings, the addition of new rigid conduits mounted to the side of the tank will be necessary. The contract amendments include relocating and replacing the existing conduits with rigid steel conduits.

Rainbow staff has also identified security measures at three of the tank locations. Metal cages which encompass the stairway and have a locked gate will increase the level of security and discourage if not outright prevent the public from climbing to the top of these tanks.

The additional features will add \$248,849.22 to the contract amount.

Joe Naiman can be reached by email at jnaiman@reedermedia.

water usage.

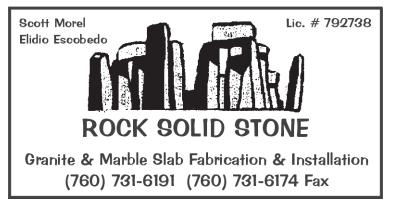
of Rainbow's steel reservoirs and will install the staircases and railing systems over a seven-year period.

Rainbow staff members currently must climb ladders to reach the top of the water tanks, and with no railing at the top the staff members must wear safety harnesses while climbing the ladder and must attach a cable to an anchor point on the center once they are on the roof. It requires the performance of multiple safety tasks both correctly and in the proper order to avoid falls or other accidents.

Anchor points corrode or might

Suez had a contract to provide tank maintenance, and when Suez submitted the proposal for the staircases and railings the company addressed scheduling the repainting

The landing and the angle of the stairs will not be the only change to







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Country Style

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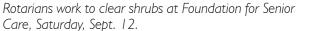
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To view call Virginia Gissing 949-292-2850 DRE #01857605

Rotarians clean up yard of Foundation for Senior Care





BONSALL - The Rotary Club of Bonsall provided service to the Fallbrook Foundation for Senior Care. The club turned out Saturday morning, Sept. 12, to help conduct the delayed spring cleaning at the

site.

Members and supporting volunteers did a major demolishing of the front yard shrubs, pressure washed both buildings and did a little painting. The front yard

Avenue, the site is ready for new landscaping. was being prepared for new

landscaping. "I want to give you a heartfelt thank you for your hard work at the Foundation for Senior Care yesterday," acting director Karen Geuy said. "Your efforts are step one in making our property look amazing. It always humbles and amazes me that there are people who give of their time, expertise and even funds to help us. You are

Village News/Courtesy photos After the cleanup at Foundation for Senior Care at West Fig Street and South Mission

appreciated more than my words can express. So, I will just say thank you from the bottom of my heart for your help.'

Submitted by the Rotary Club of Bonsall.

ACLU and UCSD reach settlement in satirical student newspaper's lawsuit

City News Service

Special to Village News

The American Civil Liberties Union and University of California San Diego have reached a settlement in a lawsuit filed on behalf of a satircal student-run newspaper, which alleged that its funding was cut off following the publication of a controversial article in violation of the First Amendment.

The case involves The Koala and a November 2015 article it published satirizing "safe spaces" and "trigger warnings," leading UCSD's student government to disqualify student newspapers from eligibility for campus activity funds.

At the time, UCSD issued a statement calling the paper "profoundly repugnant, repulsive, attacking and cruel" and denouncing "the offensive and hurtful language it chooses to publish."

A federal judge dismissed the ACLU's lawsuit in 2017, but the 9th Circuit Court of Appeals reversed the decision in 2019.

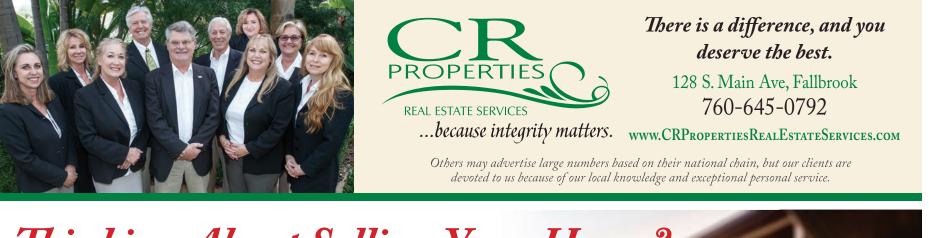
Under terms of the settlement, UCSD will pay \$15,000 in attorney fees and provide \$12,500 in funding for The Koala. The settlement also said that the Associated Students of the University of California, San Diego agreed that The Koala's status as a print media organization does not preclude it from receiving funding.

UCSD could not immediately be reached for comment regarding the settlement.

"We're pleased the university agreed to a resolution that respects the First Amendment principles upheld by the Ninth Circuit and allows the student press to continue to flourish,'

David Loy, legal director of the ACLU Foundation of San Diego and Imperial counties, said.

Ryan T. Darby, ACLU cocounsel said, "This settlement protects student media from censorship at UCSD, and the Ninth Circuit's ruling creates a precedent that will help protect student speech across the country.'



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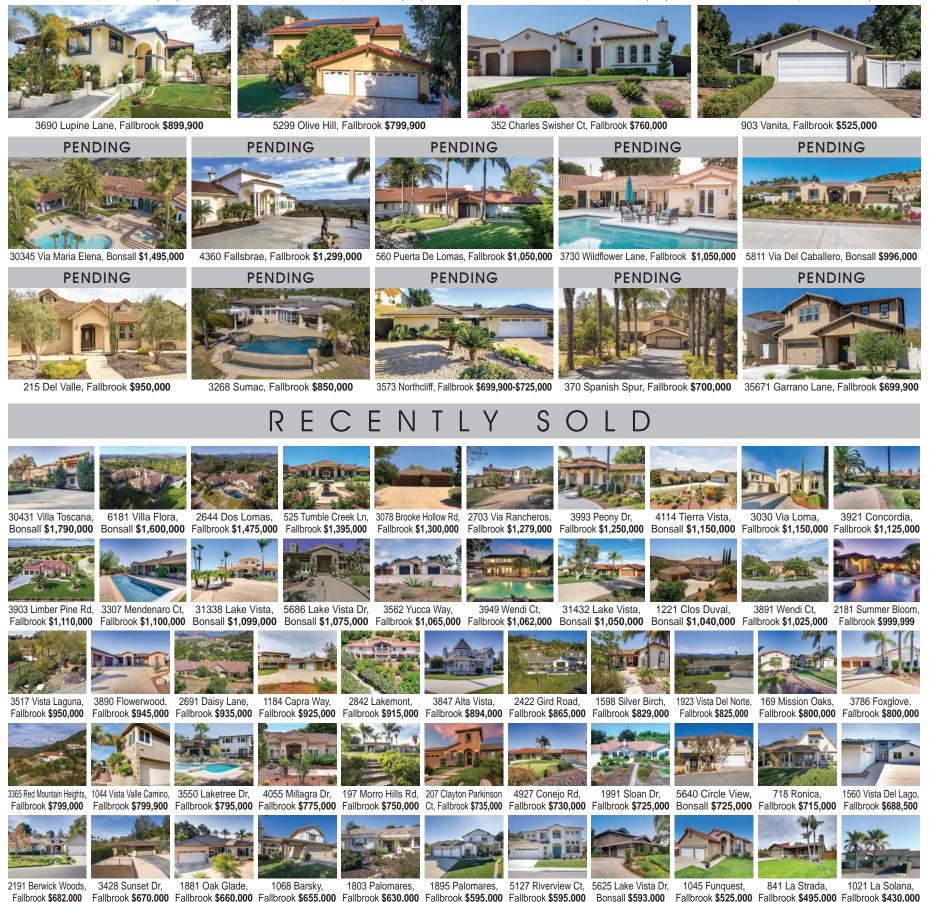
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LEGALS

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2020-9013658 Name of Business

TAYLOR CUSTOM DESIGN 2860 Hwy 76, Fallbrook, CA 92028 County: San Diego This business is registered by the following:

Kaarina Chanel Towey, 2860 Hwy 76, Fallbrook. CA 92028 This business is conducted by an Individual

Registrant first commenced to transact business under the above name as of 08/04/2020 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Aug 15, 2020 LEGAL: 5304

PUBLISHED: August 27, September 3, 10, 17, 2020

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2020-9012760

Name of Business a. TECHNOVATION SOFTWARE

b. TECHNOVATION 2988 Ridgefield Ave., Carlsbad, CA 92010

County: San Diego This business is registered by the following: Charles Ryan Carter, 2988 Ridgefield Ave.,

Carlsbad, ĆA 92010

This business is conducted by an Individual Registrant first commenced to transact business under the above name as of 01/01/1995 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Jul 30, 2020

LEGAL: 5306 PUBLISHED: August 27, September 3, 10, 17, 2020

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2020-9012893

Name of Business 342 INDUSTRIAL

342 Industrial Way, Fallbrook, CA 92028 Mailing address: 1507 Via Vista, Fallbrook, CA 92028

County: San Diego

This business is registered by the following: a. Anne Odermatt, 1507 Via Vista, Fallbrook, CA 92028

b. Oscar Lomeli, 170 Mercedes Road, Fallbrook, CA 92028

This business is conducted by Co-Partners Registrant first commenced to transact business under the above name as of 07/15/2020 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Aug 1, 2020 LEGAL: 5307

PUBLISHED: August 27 September 3, 10, 17, 2020

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2020-9013403 Name of Business

AQVATIKAA 716 Silver Dr, Vista, CA 92083 County: San Diego This business is registered by the following: Claudia Aker, 716 Silver Dr, Vista, CA 92083 This business is conducted by an Individual THIS DUSTRESS IS CONCIDENTED BY AN INVIDUAL THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Aug 11, 2020 LEGAL: 5305

PUBLISHED: August 27, September 3, 10, 17, 2020

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2020-9014440 Name of Business

SOLIS TRACTOR 1332 E. Fallbrook St, Fallbrook, CA 92028

County: San Diego This business is registered by the following:

Ramiro Solis, 1332 E. Fallbrook St, Fallbrook, CA 92028 This business is conducted by an Individual

Registrant first commenced to transact business under the above name as of 03/12/2020 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 29, 2020

LEGAL: 5309

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2020-9014149 Name of Business

a. HIDDEN HILLS EQUESTRIAN RANCH **b. HIDDEN HILLS RANCH**

31943 Via Ararat Dr., Bonsall, CA 92003 County: San Diego This business is registered by the following: a. Marilyn Payne, 31943 Via Ararat Dr., Bonsall,

CA 92003 b. Kevin Michael Payne, 31943 Via Ararat Dr.,

Bonsall CA 92003 This business is conducted by a Married

Couple Registrant first commenced to transact business under the above name as of 5/1/2015 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN

DIEGO COUNTY ON Aug 27, 2020 LEGAL: 5311

PUBLISHED: September 17, 24, October 1, 8, 2020

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2020-9013515 Name of Business

FALLBROOK COFFEE COMPANY 622 S. Mission Road, Fallbrook, CA 92028

County: San Diego This business is registered by the following: Stephen Hunt, 1094 Avenida Campana, Fallbrook, CA 92028 This business is conducted by an Individual

Registrant first commenced to transact business under the above name as of 7/3/2020 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 13, 2020 LEGAL: 5312

PUBLISHED: September 17, 24, October 1, 8, 2020

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2020-9014842 Name of Business

ISLAND CANVAS 1855 E Vista Way Ste. 14, Vista, CA 92084

County: San Diego This business is registered by the following: Kerry Roy Kevil, 1855 E Vista Way Ste. 14, Vista, CA 92084

This business is conducted by an Individual Registrant first commenced to transact business under the above name as of 8/25/20

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Sep 03, 2020

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 37-2020-00029803-CU-PT-CTL TO ALL INTERESTED PERSONS Petitioner: CASSANDRA JOAN KING

Present Name

a. CASSANDRA JOAN KING b. CARLISLE THOMAS KING Proposed Name:

a. CASSANDRA JOAN CALIFORNIA b. CARLISLE THOMAS CALIFORNIA THE COURT ORDERS that all persons inter-

ested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.*

NOTICE OF HEARING

Date: 10/8/2020 Time: 8:30 am Dept: 61 The address of the court is Superior Court 330 West Broadway, San Diego, CA 92101 *No hearing will occur on the date specified. If a timely objection is filed, the court will set a remote hearing date and contact the parties by FALLBROOK COMMUNITY PLANNING GROUP And

DESIGN REVIEW BOARD Regular Meeting

Monday 21 September 2020, 7:00 PM, ONLINE: www.zoom.us. See log-in information below

AGENDA as of 08/31/2020

NOTES: Seat # 15 is open on the Fallbrook Community Planning Group. Interested individuals should contact the chair (see below) to receive an application

In keeping with San Diego County Board of Supervisors Guidelines, the Fallbrook Community Planning Group will conduct the September committee and full Planning Group meetings using the online meeting site: Zoom. Please download the app from www. zoom.us and log into the below meeting "room" at least ten minutes prior to the 7PM start. Topic: September Fallbrook Community Planning Group

Time: 21 September 07:00 PM Pacific Time (US and Canada)

Join Zoom Meeting

https://us02web.zoom.us/j/83754214979?pwd=SGloQzRWY2Z3M0Y0ZEpGays2c0tGUT09

Meeting ID: 837 5421 4979 Passcode: 816338

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Open Forum. Opportunity for members of the public to speak to the Planning Group on any subject matter within the Group's jurisdiction but not on today's agenda. Three-minute limitation. Non-discussion and Non-voting item. Approval of the minutes for the meeting of 17 August 2020. Voting Item.

Presentation by Eric Lardy, Chief of Advanced Planning, and PDS Staff who will present two options for revitalization of a subject area in downtown Fallbrook with the approximate boundaries of View Street to the north, Fallbrook St. to the south, Mission to the west, and Brandon St. to the east.

Option 1: Form Based Code

Option 2: Update Zoning Ordinance, Update Design Guidelines & street-scape plan for Main Ave. Supervisor Desmond's Community Revitalization subcommittee has been studying the options and recommends Option 2. Community input.

- Voting item. (8/14)
- Review of the current Park Land Dedication Ordinance (PLDO) priority list for the Fallbrook area. In a County document available at https://www.sdparks.org/content/sdparks/en/AboutUs/Plans/pldo.html, the Parks and Recreation Department staff outline requirements and specifications for setting priorities for funding and maintenance of parks in the County. Embedded in the annual report are criteria for establishing and maintaining parks and tables outlining fees and metrics for determining park allocations for Fallbrook as well as other county areas. That document with links to other documents and reports is too long to add to the packet. Interested parties and committee/planning group members should download pertinent portions before their respective meetings. County planner Emmet Aquino, Park Project Manager, emmet.acquino@sdcounty.ca.gov, 858-966-1351, and Nina Pasano, nina.pisano@sdcounty.ca.gov, 858-966-1353. Parks and Recreation Committee. Community Input. Voting Item. (8/22)
- Request for exemption from site plan processing requirements for B Special Area Regulation. Illuminated wall sign for Metro by T-Mobile at 840 S. Main (APN 104-132-08-00). Applicant is Peter Lapsiwala, peterlapsiwala@permitdsandmore.com, 619-323-4048 for Deborah Ramsey (owner). County planner Vanessa Pash, vanessa.pash@sdcounty.ca.gov, 858-694-3291, Design Review. Community input. Voting item. (8/4)
- Request for Minor Deviation for Rite-Aid sign placement at 1331 South Mission Rd., Fallbrook (APN 104-200-79-00). The requested signs would be placed facing South Mission Rd. on the façade of the building. Applicant is Kasey Clark, senior project manager, AKC Permit Co., Kaseyuc@akcservices.net, 951-471-8419 for the owner, Jay Hwang, 17761 Old Winery Way, Poway, CA 92064. County planner Vanessa 6.
- Pash, vanessa.pash@sdcounty.ca.gov, 858-694-3291. Design Review. Community input. Voting item. (8/6) Discretionary permit application PDS 2020-ER-20-02-003 and PDS 2020-STP-20-021 for development of two new 6000 sq.ft. commercial retail buildings consisting of a 3250 sq.ft. convenience store with a six-pump gas station and associated parking at 3233 Old Highway 395, Fallbrook (APN 125-50-54-00). The existing commercial center consists of a 9075 sq.ft. commercial building, hamburger stand and nursery. A car wash on the premises is no longer in the proposal. Owner is Rafid Haimlka, 370 Bridgeton Ct., Las Vegas, NV 89148, 702-340-5116, epmnlv@
- yahoo.com, and applicant is Jason Greminger, CCI, 760-471-2365, Jason.greminger@cciconnect.com. County Planner Bradley Sonnenburg, 858-694-3640, Bradley.sonnenberg@sdcounty.ca.gov. **Design Review. Community Input. Voting Item. (8/20)** Presentation of the final draft of by-laws with recommended revisions and updates from various members of the Planning Group. **Ad-Hoc By-**Laws Committee. Community input. Non-voting item. (8/31)
- NOTE: The Planning Group occasionally has openings on its Land Use (Eileen Delaney 760-518-888), Circulation (Roy Moosa 760-723-1181), Parks & Recreation (Jim Loge 760-712-2773), Public Facilities (Roy Moosa 760-723-1181), and Design Review (Eileen Delaney 760-518-8888) committees for non-elected citizens. Interested persons please contact the Chairman. This is a preliminary agenda. If any changes are made, a final agenda will be posted at the North County Fire District, 315 E. Ivy Street, Fallbrook, at least 72 hours prior to the meeting. Jack Wood, Chair, 760-715-3359

Published September 17, 2020

APN: 121-270-10-00 TS No: CA05001144-16-2 TO No: 8764984 NOTICE OF TRUSTEE'S SALE (The above statement is made pursuant to CA Civil Code Section 2923.3(d)(1). The Summarv will be provided to Trustor(s) and/or vested owner(s) only, pursuant to CA Civil Code Section 2923.3(d)(2).) YOU ARE IN DEFAULT UNDER À DEED OF TRUST DATED Àpril 16, 2009. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On November 2, 2020 at 10:00 AM, at the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA 92020, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust recorded on May 6, 2009 as Instrument No. 2009-0239179, of official records in the Office of the Recorder of San Diego County, California, executed by JUDITH L. MESSMANN, TRUSTEE FOR THE TRUST OF JUDITH L. MESSMANN, TRUST DATED SEPTEMBER 21, 2004, as Trustor(s), in favor of SECURITY ONE LENDING as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: PARCEL A:PARCEL 2, IN THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, OF PARCEL MAP NO. 2860, RECORDED JULY 18, 1974 AS DOCUMENT NO. 74-193397 OF OFFICIAL RECORDS.PARCEL B:AN EASEMENT AND RIGHT OF WAY FOR ROAD SEWER, GAS, POWER, TELEPHONE LINES ANDAPPURTENANCES THERETO, OVER UNDER, ALONG AND ACROSS A STRIP OF LAND 40.00 FEET INWIDE LYING WITHIN PARCELS 1, 2, AND 3, AS SAID PARCELS ARE SHOWN ON A PARCEL MAPFILED IN BOOK OF PARCEL MAPS AT PAGES 2041, IN THE OFFICE OF THE COUNTY RECORDER OFSAN DIEGO COUNTY ON NOVEMBER 1, 1973 BEING A PORTION OF THE NORTH 50.00 ACRES OF THEEAST HALF OF THE SOUTHEAST QUARTER OF SECTION 12, TOWNSHIP 10 SOUTH, RANGE 4 WEST, SAN BERNARDINO BASE AND MERIDIAN, IN THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, ACCORDING TO THE OFFI-CIAL PLAT THEREOF, SAID 40.00 FOOT, STRIP OF LAND BEINGDESIGNATED AS "PROPOSED PRIVATE 40.00 FOOT ROAD AND UTILITY EASEMENT.PARCEL C:AN EASEMENT AND RIGHT OF WAY FOR ROAD, SEWER, WATER, GAS, POWER, TELEPHONE LINES, AND AP-PURTENANCES THERETO, OVER, UNDER, ALONG AND ACROSS A STRIP OF LAND 40.00FEET IN WIDTH, LYING WITHIN PARCELS 2 AND 4 AS SAID PARCELS ARE SHOWN ON A PARCELMAP FILED IN BOOK OF PARCEL MAPS AT PAGE 2041 IN THE OFFICE OF THE COUNTY RECORDEROF SAN DIEGO COUNTY ON NOVEMBER 1, 1973 BEING A PORTION OF THE NORTH 50.00 ACRES OFTHE EAST HALF OF THE SOUTHEAST QUARTER OF SECTION 12, TOWNSHIP 10 SOUTH, RANGE 4WEST, SAN BERNARDINO BASE AND MERIDIAN IN THE COUNTY OF SAN DIEGO, STATE OFCALIFORNIA, ACCORDING TO THE OFFICIAL PLAT THEREOF, THE CENTERLINE OF SAID 40.00FOOT STRIP OF LAND BEING DESCRIBED AS FOLLOWS: BEGINNING AT THE EASTERLY TERMINUS OF THAT CERTAIN 40.00 FOOT STRIP OF LANDDESCRIBED IN PARCEL 2 ABOVE, BEING A POINT ON THE ARC OF A 200.00 FOOT RADIUS CURVE, CONCAVE SOUTH-(ESTERLY, A RADIAL OF WHICH BEARS NORTH 26° 47 $^\circ$ 12 $^\circ$ EAST TO SAID POINT, THENCE ALONG THE ARC OF SAID CURVE THROUGH A CENTRAL ANGLE OF 69° 45' 47" ADISTANCE OF 243.52 FEET; THENCE TANGENT TO SAID CURVE SOUTH 6" 32' 59" WEST 541.64 FEETTO A TANGENT 200.00 FOOT RADIUS CURVE, CONCAVE NORTHWESTERLY; THENCESOUTHWESTERLY AND WESTERLY ALONG THE ARC OF SAID CURVE THROUGH A CENTRALANGLE OF 84° 09° 10° A DISTANCE OF 293.75 FEET; THENCE TANGENT TO SAID CUR VENORTH 89° 17' 51" WEST 255.05 FEET TO THE BEGINNING OF A TANGENT 138.42 FOOT RADIUSCURVE, CONCAVE NORTHEAST-ERLY, THENCE NORTHWESTERLY ALONG THE ARC OF SAIDCURVE THROUGH A CENTER ANGLE OF 87° 59' 40" A DISTANT OF 212.58 FEET TO A POINT OFTERMINATION. THE SIDELINES OF SAID STRIP OF LAND ARE TO BE PROLONGED OR SHORTENED TO TERMINA. TEIN THENORTH IN THE EASTERLY LINE OF PARCEL 2 HEREINABOVE DESCRIBED, AND IN THESOUTH IN A LINE WHICH BEARS SOUTH 88° 41' 49" WEST THROUGH SAID POINT OF TERMINATION.EXCEPTING THEREFROM THAT PORTION LYING WITHIN PARCELA HEREINABOVE DESCRIBED. The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 240 SPANISH SPUR, FALLBROOK, CA 92028 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the

LEGAL: 5313 PUBLISHED: September 17, 24, October 1, 8, 2020

Abandonment of FBNS STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME File Number: 2020-9014836 FICTITIOUS BUSINESS NAME TO BE ABANDONED: H & L AUTO SALES Located at: 9625 Black Mountain Rd #317, San Diego, CA 92126 Mailing address: 212 N. Riley St Apt: 3, Lake Elsinore, CA 92530 The fictitious business name referred to above was filed in San Diego County on Aug. 02, 2019 and assigned File No. 2019-9019035. The fictitious business name is being aban- doned by: Ramiro Solis, 1332 E. Fallbrook St, Fallbrook, CA 92028 This business is conducted by an Individual THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI- EGO COUNTY ON SEP 03, 2020 LEGAL: 5310 PUBLISHED: September 17, 24, October 1, 8, 2020	mail with further directions. A copy of this Order to Show Cause shall be published at least once each week for four suc- cessive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News Date: AUG 26 2020 Signed: Lorna Alksne, Judge of the Superior Court. LEGAL: 5308 PUBLISHED: September 10, 17, 24, October 1, 2020	Trustee and of the trusts created by said Deed of Trust. The total amount of the unpial balance of the obligations secured by the property to be so and reasonable estimated. However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, check drawn by a state or federal credit union or a check drawn by a state or federal credit union or a check drawn by a state or federal credit union or a check drawn by a state or federal credit union or a check drawn by a state or federal credit union or a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or saving bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptat to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until fund become available to the payee or endorsee as a matter of right. The property offed for sale excludes all funds held on account by the property review; fapplicable. If the Trustee is unable to convey title for any reason, the successful bidder's flow are considering bidding on the property flew, you should understand that there are risks involved in bidding at a Trustee auction does not automatically entitive you to free and clear ownership of the property. You should also be awat that the lien being auctioned off may be a junior lien. If you are the highest bidder at the same Lender may hold more than or mortgage or Deed of Trust on the property to you can receive clear title to the property. You should also be awat that lien being auctioned off, before you can receive clear title to the property for a title insurance company, either of which ma charey or deef or this information. If you cons
	I TO No: 95312638 NOTICE OF TRUSTEE'S SALE Y per 22, 2006. UNLESS YOU TAKE ACTION TO PRO	

INGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On September 23, 2020 at 10:00 AM, at the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA 92020, Special Default Services, Inc., as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded on Decembe 1, 2006 as Instrument No. 2006-0853430 of official records in the Office of the Recorder of San Diego County, California. executed by Adalberto Salazar and Amelia Gonzalez husband and wife as joint tenants, as Trustor(s), in favor of INDYMAC BANK, F.S.B., A FEDERALLY CHARTERED SAVINGS BANK as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 323 Markell Ln, Fallbrook Area, CA 92028. The undersigned Trustee disclaims an liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$117,584.77 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call In Source Logic AT 702-659-7766 for information regarding the Special Default Services, Inc. or visit the Internet Web site address listed below for information regarding the sale of this property, using the file number assigned to this case, CA01000306-19. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: August 21, 2020 Special Default Services, Inc. TS No. CA01000306-19 17100 Gillette Ave Irvine, CA 92614 (949) 225-5945 TDD: 866-660-4288 Susan Earnest, Authorized Signatory SALE INFORMATION CAN BE OBTAINED ON LINEAT www.insourcelogic.com FOR AUTO-MATED SALES INFORMATION PLEASE CALL: IN SOURCE LOGIC AT 702-659-7766 SPECIAL DEFAULT SERVICES, INC. MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE.Order Number 72536, Pub Dates: 09/03/2020, 09/10/2020, 09/17/2020, VILLAGE NEWS

n No. 39228 Title Order No. 1524136CAD APN 183-TRUST DATED 01/31/2020. UNLESS YOU TAKE A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER, MORTGAGE LENDER SERVICES, INC. as the duly appointed Trustee WILL SELLAT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loar association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do pusiness in this state) all right, title and interest conveyed to and now held by it under said Deed of Trust, described as follows: Trustor(s): ALAN REES. MARIA C. BRETON-REES AND REES INVESTMENT GROUP. LLC Deed of Trust recorded on 02/03/2020 as Document No. 2020-0054289 of official records in the Office of the Recorder of SAN DIEGC County, California, Date of Trustee's Sale: 10/14/2020 at 10:00AM Trustee's Sale Location: At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 Parcel A of Parcel Map No. 20596, in the City of Vista, County of San Diego, State of California filed in the Office of the County Recorder of San Diego County, November 26, 2008 as Instrument No. 2008 0610513 of Official Records. The property heretofore described as being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 1010 MIRAMAR DRIVE, VISTA, CA 92081. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust to-wit: \$2,841,221.76 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to sale The Beneficiary may elect to bid less than the full credit bid. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. NOTICE TO POTENTIAL BIDDERS: If you are consid ering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this Internet Web site www.nationwideposting.com, using the file number as signed to this case 131144-11. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The besi way to verify postponement information is to attend the scheduled sale. Date: 09/09/2020 MORTGAGE LENDER SER-VICES, INC. 11707 Fair Oaks Blvd., Ste 202 Fair Oaks, CA 95628 (916) 962-3453 Sale Information Line: 916-939-0772 or www.nationwideposting.com MARSHA TOWNSEND, CHIEF FINANCIAL OFFICER MORTGAGE LENDER SER-VICES, INC. MAY BE A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. NPP0371414 To: VILLAGE NEWS INC 09/17/2020, 09/24/2020, 10/01/2020

Coldwell Banker names its top agents for August



Coldwell Banker Village Properties recently announces that Tom Van Wie is its top selling and top producing agent for August.

Coldwell Banker Village Properties recently announces that Don Bennetts and Heidi Dickens are its top listing agents for August.

Village News/Courtesy photos

RWQCB rescinds waste discharge order for Fallbrook Kamp Retreat

Joe Naiman

Village News Reporter

The Regional Water Quality Control Board rescinded the waste discharge order for Fallbrook Kamp Retreat.

The Aug. 12 RWQCB action replaces the waste discharge order for the specific facility with a general order which allows reporting for individual facilities to be consolidated.

Fallbrook Kamp Retreat is located in the 41300 block of De Luz Road and has an on-site wastewater treatment system. The facility includes 23 sewered recreational vehicle spaces, 10 unsewered recreational vehicle spaces, a public restroom with showers, laundry facilities and a recreational vehicle dump station which is not connected to the sewage disposal system. An on-site well provides potable water to the facility.

In 1976, the RWQCB made all campgrounds with the potential for recreational vehicles to discharge holding tank contents into the subsurface disposal system subject to waste discharge requirement orders. In August 1978, the RWQCB issued requirements for Fallbrook Kamp Retreat pertaining to the discharge of domestic sewage from the septic tanks and leach line systems. That permit was amended in May 1992 to reflect the ownership change from Glen Wilcox to Mark and Bertha Kirtland. In May 1994, the RWQCB adopted updated waste discharge requirements for Fallbrook Kamp Retreat. An August 2000 amendment to the updated permit reflected the ownership change from Mark and Bertha Kirtland to Kathie Morris, and a September 2004 amendment reflected the ownership change from Morris to Fredrick Gorman and Laura Prutch.

The only lack of compliance for the permit was the failure to submit the 2001 and 2002 annual monitoring reports. A staff enforcement letter was issued in March 2003, and no violations have occurred since then. Before the rescission of the waste discharge order for the individual facility RWQCB staff inspected the onsite wastewater treatment system and did not observe any violations of the waste discharge order requirements.

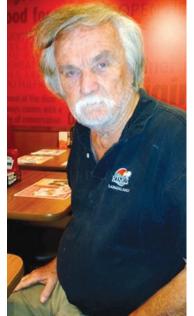
In 2014, the State Water Quality Control Board approved a waste discharge requirement general order for small domestic wastewater treatment systems. Discharges from small domestic wastewater treatment systems have certain common characteristics such as similar constituents, concentrations of constituents, disposal techniques and flow ranges and they require the same or similar treatment standards.

Fallbrook Kamp Retreat is eligible for the statewide order, which will provide a more consistent and streamlined statewide approach to regulating small domestic wastewater treatment systems. The monitoring requirements of the general order are not as stringent as the requirements for the regulation of the specific facility, but the monitoring and reporting program required by the general order is more consistent with facilities of similar size and discharge across the state.

The elimination of individual discharge orders allows the RWQCB to utilize its resources for higher-priority projects which are more of a threat to water quality.

Joe Naiman can be reached by email at jnaiman@reedermedia. com.

OBITUARIES



In memory of Fallbrook's "GTO Man," Warren Lee Stuber In today's COVID-19 lifestyle, he might say, "Keep calm and burn rubber."

examine it, espouse new ideas with enthusiasm, grasp life aggressively, and squeeze every drop of excitement, satisfaction, joy and usefulness to unleash life's



Warren was born outside Detroit, Michigan, Sept. 15, 1935. He lost his life in a vehicle accident in Fallbrook, Feb. 5, 2019. He would have turned 85 this year.

Having served in post-Korean War U.S. Army from 1955-59, he was a concerned veteran. His family legacy is auto engineering. He is survived by cousin Gerry Stuber and son Karl Stuber.

Warren's many good friends often remember and still ask about him and his renowned dragster, the GTO.

A quote that epitomizes his life is: "Don't live life as a spectator, potential" – F. Baumgartner. Rest in peace, Warren, you are not forgotten.



of women surveyed said they bought a pre-need funeral plan to make the funeral easier on their children.

• of their children are extremely grateful.

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SPORTS

High school sports teams navigating season preparations

Jeff Pack Staff Writer

Marco Arias, head coach of the Fallbrook High School boys' varsity cross-country team, said he is fortunate to be coaching the sport he is.

"We're one of the programs that actually is pretty fortunate that they give us a class for the team," Arias said. "I've been able to engage them through the classroom, the Google Classroom, setting up training schedules for them and making sure that they have training logs. Since we're not a club and we technically can't be on campus, on Saturdays we meet at Christ the King, Los Jilgueros; we meet there Saturday mornings kind of to connect with one another."

Arias said he's pleased with how his athletes have responded.

"It's going really well; training is going well," Arias said. "I'm looking at their times, and they're better than what I expected from them at this point of the year. We just had to make a big switch from summer training to start now to get ready to run in December. I think by the time we get to December I think they're going to be in great shape just because I have more of a pulse on them. In summer, we kind of turned them loose, and they're running on their own and so forth. But right now, it's keeping them more on the logs and keeping abreast of any injuries that are coming up. I like it. I like it a lot." He said that he gave the runners



Sean Redmond, head coach of the Fallbrook High School girls' water polo team, says he hasn't had much contact with his athletes this offseason but is hoping they will be able to get into the pool soon.

a bit of a break when they found out the season wouldn't start until December, three months later than the season regularly starts.

"I kind of laid them off and (said), 'Hey, relax, take a week or two off. And then we'll go back when we start school and that'll give us enough," he said. "'Because I don't want your legs being shot.' Because after cross-country, literally right after cross-country, we start track. I said, 'I don't want your legs shot completely because generally the legs need a couple of months or so to recoup.'

"That's gotta be a little more planning on my part as far as how much, how much in what quantity," he said.

Arias said his athletes were excited to find out they would have a season after all.

"They're very excited," he said. "Especially my couple of seniors, like Denny Contreras; he was worried that he wasn't going to get to finish out. He was excited. Believe it or not, they are actually looking forward to a lot more in the winter than they are December. Especially like last week where you got 100-plus (temperatures). Normally we'd have to train through that. So, it'll be a different experience running in the cool of As far as athletes having to make choices between sports given the tightening of the seasons from two to three, "at this point we haven't lost anything," Arias said. "The loss is going to be in the transition when we go from cross-country to track, because then we merge with the winter sports, doing them with the spring sports. And that's where it's going to be real tricky.

"I'll use my own son. He came out and started to pole vault last year, but he does wrestling in the winter. So, he's like, 'OK, do I have to make a choice between the two?' I said, 'Well, I'm willing to let you go to wrestling as much as you need to. Then if you can come out here to make sure you don't hurt yourself in the pole vault, that would be fine.""

Arias said coaches are going to have to work together.

"We got to share these kids and be together on what it is we want to accomplish," he said. "Because, ultimately, the idea of every single kid's going to go and participate in college. We need to give them the experience to be able to participate in more than one sport, if they choose to."

For Sean Redmond, head coach of Fallbrook High's girls' varsity water polo team, whether or not his athletes will be allowed back into the school pool before the official start to the season is still up in the air. from (athletic director) Pat Walker, they're looking at trying to allow the fall (and) winter teams to come in starting on the 28th of September," Redmond said. "I haven't got confirmation about getting in (the pool) from the superintendent, so I'm not sure where that stands. So, I know that that is the possibility.

"I've been trying to get our club team in and haven't gotten contacted about whether or not we can get in. So, I'm not sure," Redmond said.

Redmond said that Bill Richardson, the boys' varsity water polo head coach, has all his girls water polo players in his sixth period class. As of yet, Redmond hasn't had much contact with his athletes that are officially allowed to begin practice in early December and will start playing later that month.

"I've been in contact with a few of the kids, but, I know that for a number of the boys they've been going down to the Rancho Bernardo area to practice with Pacific Water Polo a couple of nights a week," he said. "I don't know what the girls are doing. I have one swimmer who is going down to Escondido and training with a club down there for swimming. But that's about it."



Marco Arias, head coach of the Fallbrook Village News/Shane Gibson photo High School boys' varsity cross-country team, says his athletes have been training on their own and registering their log times with him in preparation for the upcoming season.



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the winter, so we'll see. Some days we're going to get a lot of rain, so we have to make sure that we train accordingly."

"According to an email I got

Have stock questions? Let's talk.



Edward Jones

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1434 S. Mission Rd, Suite B Fallbrook, CA 92028 760-731-3234 CA Lic #0C24309 www.edwardjones.com Redmond wondered whether the Sept. 28 floated idea will actually happen because he's heard that the Fallbrook Union High School District may not allow students back on campus until the end of the first quarter.

"That would take it into November sometime, I think," he said. "If we're not allowing students on campus, how are we doing this?"

Walker was scheduled to give a report during the district's board meeting Monday, Sept. 14, after press time.

Jeff Pack can be reached by email at jpack@reedermedia.com.

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Miller achieves Del Mar trainer championship, stakes win on final weekend

Joe Naiman Village News Reporter

Peter Miller, who trains his horses at the San Luis Rey Training Center when he does not have them at the track where the meet is being held, is the trainer champion for the 2020 Del Mar Thoroughbred Club summer meet.

"Thankful and grateful," Miller said. "I'm very appreciative of my team, everyone on the team."

Miller ended the meet with 28 wins, including six victories in stakes races. His final stakes win of the meet occurred September 4 when Good With People won the I'm Smokin Stakes for Californiabred two-year-olds. Miller had 116 starts during the meet and added 25 second-place results and six third-place finishes to his 28 wins.

Phil D'Amato, who has some of his horses at San Luis Rey, was second in the final trainer standings with 20 wins. Bob Baffert had 15 victories for third place. Doug O'Neill, who stables some of his horses at San Luis Rey, totaled 13 wins for fourth place in the trainer standings. Richard Baltas, who has horses at San Luis Rey and elsewhere, had 12 victories as did John Sadler, although Baltas was listed as the fifth-place trainer because 13 of his horses finished second while Sadler took second place 11 times during the meet.

The combination of six stakes victories and 22 wins in other races also made Miller the leading trainer in earnings as well as in victories. "That was a really nice accomplishment and a credit to our team. Everyone worked very hard this year," he said.

Miller's horses earned a total of \$1,499,572 during the meet. Baffert was second in trainer earnings with \$1,432,102. The trainer championship is based on victories only rather than earnings, although the owner title is based on earnings for the meet.

The Del Mar summer meet championship is the fourth for Miller including one shared title. He won 31 races in 2018 when his \$1,438,446 in trainer earnings was second to Sadler's \$1,716,005. Miller won his first Del Mar trainer championship in 2012 and shared the 2014 summer meet championship with Jerry Hollendorfer. Del Mar began its fall meet in 2014 and Miller won the fall trainer championships for



Good With People and jockey Abel Cedillo, right, outleg Touchdown Brown (Juan Hernandez), left, to win the \$100,000 I'm Smokin Stakes Sept. 4 at Del Mar Thoroughbred Club, Del Mar.

the race.

Abel rode a great race. Very happy 1 for the owners," Miller said. f Good With People is owned by a

Kirk and Judy Robison.

Six horses were scratched from the I'm Smoking Stakes, leaving a four-horse field. Not only did that create fewer opponents for Good With People, but it also gave all four horses more room and reduced the chance of a horse being stuck behind another competitor.

"It certainly didn't hurt," Miller said of the smaller field.

Cedillo had ridden Good With People in the colt's two previous races, so Miller didn't plan a specific strategy for the I'm Smokin Stakes. "I kind of left it up to the jockey," Miller said.

Tacoflavoredkisses and jockey Umberto Rispoli broke first. Good With People and Cedillo were the second horse-jockey combination out of the gate. The first quarter of a mile took Good With People 22.48 seconds. He reached that point half a length in front of Tacoflavoredkisses, who was second after two furlongs.

Good With People was half a mile away from the starting gate 45.59 seconds after the race began. Touchdown Brown had moved into second by the end of the first half-mile but was a length in back of Good With People.

Touchdown Brown was two lengths behind Good with People as the horses entered the stretch. Good With People reached the stretch 57.51 seconds after the start of the race.

Good With People finished half a length in front of Touchdown Brown, who was 4 1/4 lengths ahead of third-place Tacoflavoredkisses. Good With People completed the race in 1:10.37. "The horse ran very well, much better than his last race, and hopefully he can go onward and upward," Miller said. Good With People's previous race Aug. 2 was the 5 1/2-furlong Graduation Stakes. He held the lead from the end of the first quarter-mile to the start of the stretch but was unable to hold first place and finished second, half a length behind Positivity.

12 at Del Mar. He won that fivefurlong contest by 3 1/4 lengths and held the lead for nearly all of U

Good With People was foaled in Smokin

California on April 26, 2018. He was sired by Curlin to Mischief out of Gator Prowl.

Jockey Abel Cedillo rides Good With

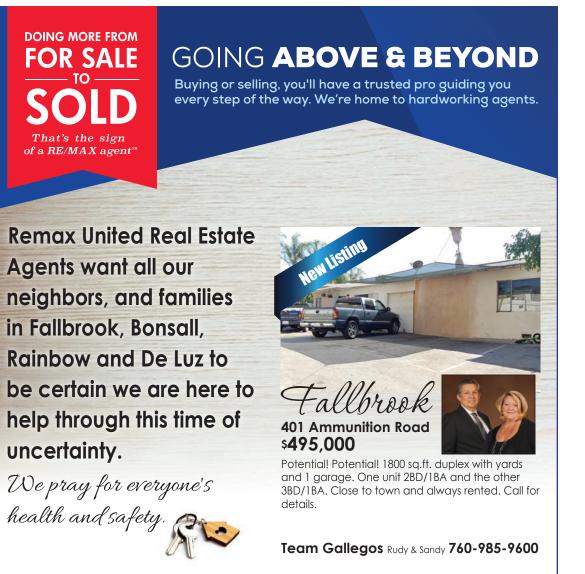
People to the finish line ahead of Touchdown Brown.

The total purse for the I'm Smokin Stakes was \$94,000.

First place paid \$57,000 and brought Good With People's career earnings to \$106,000.

Village News/Benoit Photo photos

The next race for Good With People is to be determined.



2014, 2016, 2017, and 2018.

O'Neill won the 2019 summer meet trainer title while Miller was second, Baltas was third, and D'Amato had the fifth-most trainer wins. O'Neill was second in wins behind Miller for the 2018 summer meet while D'Amato and Baltas matched each other in wins with second-place finishes giving D'Amato fourth and Baltas fifth in the final standings.

The I'm Smokin Stakes is six furlongs on Del Mar's dirt track. Abel Cedillo was Good With People's jockey.

"The horse ran a great race and

The only other previous race for Good With People occurred July

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BUSINESS

Joe's Hardware serves Fallbrook throughout the pandemic

Christal Gaines-Emory Intern

When the restrictions from the Coronavirus pandemic were first put in place, businesses had to make adjustments to continue providing their service to the public. In Fallbrook, one of these businesses was Joe's Hardware.

Joe's Hardware was opened by Joe Deroast in 2005 and they have been serving the people of Fallbrook ever since. However, when the pandemic hit, Joe's Hardware was forced to adapt quickly to the new changes. Some changes they made include having to reduce their business hours during the first wave, closing on Sundays and making sure they had someone designated to cleaning the baskets and carts after every use.

The assistant manager, Kevin Sotelo, said that one of the hardest adjustments was losing many workers at the beginning of the pandemic because they were at high risk of contracting the virus. "We were so busy. We had more customers than we had employees," he said.

Not only that, management noticed that some customers had trouble remembering to wear their masks inside the store. This problem added even more pressure to the manager and assistant managers. Sotelo said, "Management had to police the mask issue, we weren't allowed to let anyone in that wasn't wearing a mask."

Another problem they had was getting their supplies from the



Daniel Kohler and his wife Vanessa shop around the garden section at Joe's Village News/Shane Gibson photos Hardware in Fallbrook. The home improvement store has seen a rise in shoppers as people have more time for home projects while abiding by stay-at-home guidelines during the pandemic.

manufacturers. During the first wave, Sotelo said that many supply chains ran out of many select products, including name brand cleaning supplies, but luckily the supply chains provided generic alternatives.

Now that they've had time to adjust, Sotelo said that things are slowly starting to go back to normal, and he's thankful to have all the employees back at work again. "It's gotten easier now that we have everyone back," he said.

One thing he has noticed since the pandemic started is that people have been buying more garden supplies and home renovation supplies. "Everyone is more motivated to work on their homes and gardens; they've been buying many seeds to grow their own food, soil, mulch, and anything they need to work around their homes," he said, "And they've been buying lots of cleaning supplies too!"

Sotelo also expressed his gratitude to Deroast for his involvement in the day to day activities when the pandemic hit. Soteleo said, "We were short handed, and he really stepped up to help us."

Since Deroast and his wife were more active at the store during business hours, Sotelo said that having them around was a great boost in morale for the employees. They were struggling without all of the workers, but having the owners around really helped keep them positive and motivated. Sotelo said, "It was great to have them around all the customers, they're the face of the business."

Sotelo hopes that this experience will help Joe's Hardware acquire a new variety of diverse clientele. Joe's Hardware stayed open and served the public during the pandemic, and Sotelo hopes that the residents of Fallbrook continue to make use of everything the store has to offer them. "We're here, we're local, and we're ready to help our neighbors."

County offers Business Revitalization and Assistance Grant program

SAN DIEGO – The San Diego County Board of Supervisors has established the Business Revitalization and Assistance Grant program, a grant initiative administered by Planning and Development Services that provides funding to small-business and commercial property owners in the county's unincorporated area to improve the front exterior of their buildings.

For permanent upgrades such as painting, landscaping, lighting and the addition of outdoor dining or workspace, qualifying applicants can be awarded up to \$8,000 and registered historic properties are eligible for a grant of up to \$12,000. Grant funds will be provided as a reimbursement. Applications will be accepted from Oct. 1-15.

The goal of the grant program is to add value to the local economy and enhance the community experience by creating a positive visual impact and increasing customer traffic to community-based businesses in the unincorporated county.

Additionally, these funds are intended to assist businesses recover from impacts to their operations incurred from COVID-19 by helping them comply with current public health orders.

For more information on the application process, eligibility

and general grant guidelines, visit <u>https://www.sandiegocounty.</u> <u>gov/pds/BRAP.html</u>. If you have any additional questions, contact Michael De La Rosa at 858-495-5308 or *Businessgrant@sdcounty. ca.gov.*

Submitted by San Diego County Planning and Development Services.



Joe DeRoest opened Joe's Hardware in 2005 serving as an oldfashioned style hardware store in Fallbrook.

The bigger question: when and how can businesses begin to reopen?

Lexington Howe Staff Writer

Effective as of Aug. 31, California now has colored tiers which depict which county is more apt to be widespread in transmitting COVID-19 among its population than others.

Tier 1 (widespread; purple) defines the "widespread" areas of COVID-19 transmission and has impacted most of Southern California as of data released Aug. 29. San Diego County moved itself out of Tier 1 and into Tier 2 Aug. 31, with Orange County following suit, Sept. 8.

Tier 2 (substantial; red) is somewhat better than Tier 1, but the tier is still high up on the ranking for easily transmitting COVID-19 to populations.

With Tier 3 (moderate; orange), the counties have a considerably lower amount of plausibility for passing on COVID-19 as quickly as some of the higher risk areas.

Tier 4 (minimal; yellow) includes two counties as of Aug. 29 data, with the lowest, "minimal" area of COVID-19 impact.

The tier framework as outlined by Gov. Gavin Newsom also depicts when and how businesses can reopen safely and within guidelines.

Riverside County: Tier 1

Most nonessential indoor businesses remain closed. Concert venues, bars/breweries where no meal is provided, convention centers, festivals, live theater and other businesses that have large gatherings remain closed.

Progress has been made, however, as salons were allowed to resume business indoors with modifications as of Monday, Aug. 31. Another addition to the new framework was that indoor retail can only operate at a maximum of 25% capacity.

Museums, zoos and aquariums also can operate, but outdoors only. Places of worship must remain outdoors, along with movie theaters, gyms, restaurants and wineries.

Riverside County schools TK-6 can apply for a waiver to have in-person instruction, permitting the waiver is granted and all state guidelines are followed, including the California Department of Public Health state educational framework.

The waiver can be revoked, and though schools may apply for the waiver, it's not guaranteed they will receive a green light. The application is submitted to the Riverside County University Health System – Public Health.

San Diego County: Tier 2

Where Riverside County, being a Tier 1 county, has most indoor businesses closed, San Diego County is now allowing aquariums, museums and zoos to open indoor with indoor activities at a maximum of 25% capacity, while bars, distilleries, concert venues, convention centers or large crowd gathering activities remain closed.

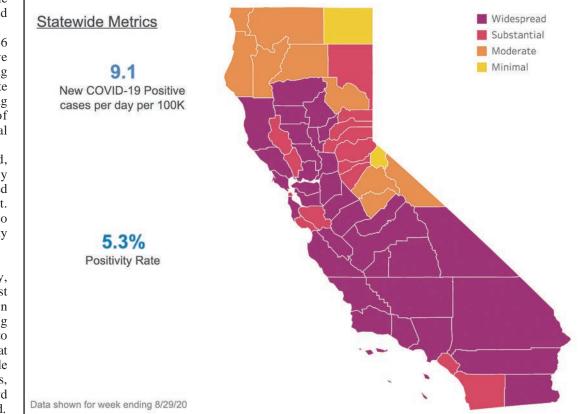
Gyms in San Diego County are allowed to open with indoor modifications at a maximum of 10% capacity.

For higher education institutions, indoor lectures and student gatherings are limited to 25% or 100, whichever is less – while some courses, like labs, may be able to open at regular capacity.

It's important to note that counties can restrict further, and residents should check in with their local health department's website for more localized restrictions. For a full list of what can be open and the current guidelines depending on the county, visit <u>https://covid19.ca.gov/</u> safer-economy/#reopening-data.

How does a county move to a new tier?

According to the guidelines, a county must meet the criteria for the next tier for both measures for the previous two consecutive weeks to move to the next tier. A county's



Gov. Gavin Newsom brings forward a new tier system for California, which can be accessed by the public at <u>https://covid19.ca.gov/safer-economy</u>/.

tier is determined by case rate and test positivity.

It's also important to note that counties can regress back into a previous tier if numbers increase for a consecutive amount of time.

For businesses that can reopen, there is a list of items outlined by http://www.covid19.ca.gov that must be followed including the industry guidance, a detailed risk assessment and a worksite-specific protection plan.

From that point, businesses and facilities will train employees on how to limit the spread of COVID-19, including setting up screening and sanitation protocols, with face coverings and physical distancing measures in place.

For a more in-depth look at guidance to follow per business, employer policies and resources, visit <u>https://covid19.ca.gov/</u> <u>industry-guidance</u>/ or to see CDPH's Blueprint Activity and Business Tiers at <u>https://www.cdph.</u> <u>ca.gov/Programs/CID/DCDC/</u> <u>CDPH%20Document%20Library/</u> COVID-19/Dimmer-Framework-

Lexington Howe can be reached by email at lhowe@reedermedia. com.

August 2020.pdf.





September 17, 2020

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Volume 24, Issue 38

Celebrating the 23rd annual Galaxy of Glass Show runs daily through Oct. 25

FALLBROOK – Galaxy of styles by Jolene Vanyo in The Glass, one of Fallbrook Art Center's longest running and most popular shows, continues to attract new artists eager to participate as well as collectors and art appreciators alike.

Presented in the center's main exhibition space, The Janice Griffiths Gallery, the show features over 200 pieces of original glass art created by 19 regional glass artists selected to participate.

Using a myriad processes including hot blown, cast, fused, slumped, carved and assembled, the works run the gamut from large to intimate - variety abounds. The shop section of the show features jewelry, tumblers, wineglasses, cheese boards, mosaics, paperweights, garden art, vases, animal figures and much more.

This show offers visitors a wonderful opportunity to experience fine art glass in a beautiful gallery setting affording them the ability to begin or expand their collection. As with all center presentations, staff are very grateful for their sponsors who make these exhibitions possible.

In addition to the Galaxy of Glass, visitors will enjoy "Pastiche," featuring a compilation of paintings of varied subjects and

Salon & Lehmann Galleries.

The show continues daily through Oct. 25, Monday-Saturday, 10 a.m. to 4 p.m. and Sundays from Noon to 3 p.m. Admission is free to all members, center patrons, active military, those under 18 and students with ID; admission for others is \$6. Now is a good time to take advantage of their new membership special as the admission charge will be credited to one's membership fee. For as little as \$35 a year, members can enjoy free admission to all the shows.

Founded in 1996, Fallbrook Art Center is one of five projects governed by the Fallbrook Arts Inc., a 501(c)(3) nonprofit. Fallbrook Art Center is a distinguished, accessible, and welcoming institution that offers a diverse range of exemplary art exhibitions, educational programs and community outreach events.

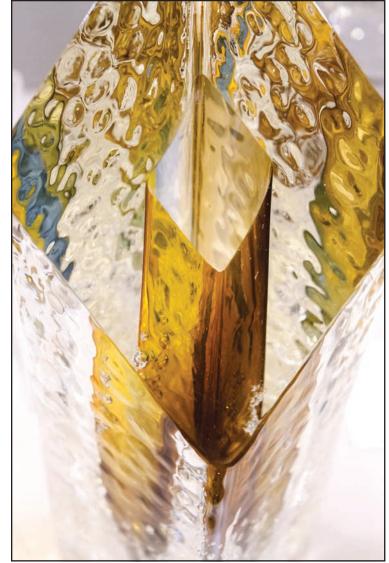
The center is in Fallbrook's Historic Downtown District at 103 South Main at Alvarado. For other information on the show, supporting center programs or volunteering, call 760-728-1414 or visit www.fallbrookartcenter.org.

Submitted by Fallbrook Art Center.



Village News/Shane Gibson photos A glass monarch butterfly collection by artist Nic McGuire is one of many works of art at the Fallbrook Art Center Galaxy of Glass show.





"Eternal Tusk" by glass artist Nic McGuire can be seen at the Fallbrook Art Center.

Visitors can take a detailed look at a triangular bud vase by artist Buzz Blodgett at the Fallbrook Art Center Galaxy of Glass show.



"Secret Squirrel" by artists Leslie Wilton and Scott Kempton is one of over 200 pieces of original glass art in the Galaxy of Glass art show.



"Trees in Twilight" by artist Paul Messink is on display at the Fallbrook Art Center Galaxy of Glass show.



"Changing Boundaries" by artist Tana Simmons can be seen at the Fallbrook Art Center Galaxy of Glass show.

HEALTH

Hope Clinic for Women is now a licensed, free, primary care medical clinic

FALLBROOK – Hope Clinic for Women is a charitable nonprofit organization committed to provide safe, confidential, supportive medical care that promotes sexual health and well-being. Its demographic, 17-24-year-olds, is 10.9% of the Fallbrook population.

Many local residents may know HCW better by its former name of Fallbrook Pregnancy Resource Center, which has been in Fallbrook for over 20 years serving young women facing a planned or unplanned pregnancy.

HCW clients receive free pregnancy testing and first trimester ultrasounds, previously via a mobile clinic, to confirm pregnancy and gestational age of the baby, educational resources for childbirth, parenting, safe relationships, etc., and resource support or referrals in caring for children under the age of two.

In 2019, HCW hosted 629 client visits where young moms and dads received over 2,425 free services. The clinic welcomed 31 babies who were born to moms in its programs. These clients benefited from one-on-one time with trained, caring volunteers who listened, learned and shared valuable education resources, physical resources, referrals and spiritual encouragement.

In the middle of the COVID-19 pandemic, HCW received its state of California Department of Public Health license to open a free primary care medical clinic at 125 E. Hawthorne St. in Fallbrook. It took a year from the time of application before the final site survey July 31, for HCW to receive notice that their application was approved.

Licensure has been a goal for HCW for over nine years. It was not an easy process, but the board of directors, HCW staff, volunteers and faithful donors to the organization will tell you that the wait was well worth it.

Leading the charge for HCW's licensure with oversight of medical director Dr. Theresa Stigen was nurse manager Brenda Robinson, along with nurse practitioner Gabriella Carenza. Ultrasound technician Kelly Roane joined the team to assist Robinson and Carenza in their hands-on ultrasound training which should be completed by the end of the year. HCW looked forward to a ribbon cutting at its "Home on Hawthorne" with the Fallbrook Chamber of Commerce Thursday, Sept. 16.

Carolyn Koole, executive director of HCW, said that for HCW to be successful in uniquely meeting the needs of the community as a free primary care medical clinic initially offering free pregnancy testing and ultrasounds, everything had to align at the right time.

They needed administrative and medical staff with specific skills and training, a building of their own that was constructed as a medical facility and accessible to their demographic with off street parking, which HCW purchased in 2016 and completed a full remodel in October 2018.

Finally, they needed a faithful group of supporters who assured sustainability. As a private, faithbased nonprofit charitable free primary care medical clinic, HCW receives little to no government funding. Koole said that for HCW to reach its potential – fully staffed and open five days a week with possible evening and weekend hours - they will need to double their financial support in the year to come.

Koole said that as a Christian organization it leaves a lot of room for God to accomplish what seems impossible.

For more information about HCW, contact Koole at 760-728-4105, ext. 10, or visit http://www. hopefallbrook.com and HCW on Facebook.

Submitted by Hope Clinic for Women.



Hope Clinic for Women's medical staff, from left, Kelly Roane, ultrasound tech; Gabriella Carenza, nurse practitioner, and nurse manager Brenda Robinson take part in an ultrasound training session.



The new sign for Hope Clinic for Women is the work of Gary Votapka, a former board member and former resident of Fallbrook who now lives in Montana.

Village News/Courtesy photos



Parkinson's support group to discuss exercise

FALLBROOK – The Fallbrook Parkinson's Support Group invites everyone to meet virtually Friday, Sept. 25, at 10 a.m. via Zoom webinar. There is no cost associated with this webinar. Anyone interested can contact Irene Miller at 760-731-0171 or NCPSGF@gmail.com with any questions, concerns and the link to join in. Patrick LoSasso, the guest speaker for September, will be sharing information on "How Parkinson's Exercise is Different." LoSasso is a personal trainer, certified strength and conditioning specialist and corrective exercise specialist who has been working in an exercise capacity to improve function for individuals with Parkinson's disease. He developed his signature style of exercise over the past 20 years and has named it "SmartXPD" for "Strength, Mobility, Agility, Reaction, Technique, eXercise for Parkinson's disease." In addition to teaching classes and

developing individualized training programs, LoSasso provides inservice educational sessions to rehabilitation and physical therapy facilities where he demonstrates his unique approach. SmartXPD integrates fine motor skill, cognition, memory challenges, attention span strategies, and hand eye coordination to maximize the results of evidence-based exercises.

symptoms.

LoSasso is an advocate and serves as president of Parkinson's Community Los Angeles and said nothing brings more meaning to his life than advocating for those living with Parkinson's disease.

One of his primary objectives is to deliver a component of fun and excitement to exercise and rehab, which can at times become tedious.

LoSasso is also a firm believer in motivating individuals to become proactive in their management of their condition by providing education and demonstrations that inspire. He has an extensive line of DVD programs designed to help manage the symptoms and developed The Parkinson's Exercise Ball and The Brain & Body Bar, two exercise products that when incorporated into the workouts can help improve motor

Contact him at *patrick*@ patricklosasso.com with questions regarding achieving one's objectives.

NCPSG Fallbrook meeting is held in support of persons with Parkinson's disease, care partners and people interested in improving the world of those affected by Parkinson's disease.

Fallbrook Parkinson's Support Group is an affiliate group of North County Parkinson's Support Group. More information can be found at https://www. NCPSG.org and https://www. facebook.com/NorthCounty ParkinsonsSupportGroup/.

Submitted by Fallbrook Parkinson's Support Group.

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VCC to hold a virtual fundraiser to support **COVID-19 recovery fund**

VISTA – A virtual "Magical Mystery Tour," a take on the Beatles' classic album, will kick off an online, fun-packed fundraiser from 6:30-7 p.m. Sept. 26, to benefit Vista Community Clinic. Established in 1972, VCC has evolved over the years to become a federally designated Community Healthcare Center serving Southern California.

"We're doing what we can to pick up the pieces from COVID-19 and offset the deep losses we've experienced," Fernando Sañudo, the VCC's CEO, said.

There will be no charge to register for the virtual event, but everyone who signs up by the deadline will receive a free gift in the mail before showtime so they can participate in the magical event. A virtual celebrity appearance is scheduled, but the clinic has not announced them.

"With no venue to arrive to, nor dress code to abide by, we have instead created an entertaining,

magical mystery event to rally our base of loyal community members, past donors and new people to ensure health care for so many who've lost jobs and health insurance, and others who are uninsured or under insured," Sañudo said.

The first-ever virtual event will include silent and live auctions, including items like a Catalina Island getaway, electric bikes, golf club fitting and much more, with high interest items posted ahead of time for viewing and bidding purposes.

As the primary care safety net for over 70,000 families and individuals at nine locations from Los Angele to San Diego, VCC has grown to become a critical care resource. But personal protective equipment supplies for front-line workers, a drop in patient visits, heightened safety measures and staff needs have rendered a significant blow to the clinic's funds over the past six months, with no end in sight. The

pinch creates concerns about the future of services and programs and maintaining staff who deliver on the promise to provide top quality care daily.

Lori Roach, manager of nursing services, said, "Being a nurse is part of who I am, it's not a job title. When crisis hits, I go into nurse mode. I get straight down to business and push the emotions to the side because the safety of so many depends on me getting this done and getting it right."

The clinic is extending an open invitation to everyone to join them in the fight to secure access to health care when it's needed most. For tickets and more information, visit http://aesbid.co/ ELP/VCCSEPT20k or email Betsy Heightman, chief development officer of VCC, at Betsy@vcc.org, or call 760-631-5000, ext. 1139, for more information or sponsorship opportunities.

Submitted by Vista Community Clinic.

Healthy Habits for Bonsall & Fallbrook Folks: Preventing E. coli infections

Megan Johnson McCullough Special to Village News

E. coli is a bacterium found in the intestines of humans and the gut of animals. The technical term is "Escherichia coli." This bacterium has warranted itself quite the bad reputation.

Most of the time E. coli is harmless and helps the digestive system; however, when the bad type of E. coli strikes, havoc ensues, resulting in diarrhea. These strains of the bacteria are found in contaminated foods or drinks.

When E. coli strikes, food poisoning, pneumonia and breathing problems can occur. In fact, 75-95% of urinary tract infections are caused by these bacteria. There are different strains of the bacterium that vary in severity.

Shiga is a toxin that forms from E. coli which damages the lining of the intestine. One of the worst strains is called O157:H7 and its damage makes people extremely sick. This terrible strain can cause abdominal cramping, bloody diarrhea, seizures and kidney failure.

The most common food culprits for diarrhea include ground meat, fruits and vegetables, untreated milk and water. Ground meat must be cooked enough to kill the

bacteria.

Ground meat typically comes from more than one animal, so it is more prone to containing E. coli. The bacterium is found in the animals' intestines.

Fruits and vegetables become tainted by the water they are grown with or interact with. Untreated milk has not been heated to kill the bacteria. Swallowing water with the bacteria, typically from a pool or lake, can also cause an E. coli infection. This bacterium can be passed from person to person, so it is important to be wary of this when caring for someone who has been infected. Be sure to keep a clean kitchen and wash any items that come into contact with raw meats.

The onset of symptoms will begin within two to five days of contact with the bacteria. Diarrhea, nausea, abdominal cramps and fatigue set in. Most people feel better and back to life after about one week.

The only test that can determine if a person has E. coli is a stool sample. Antibiotics can be prescribed, but fortunately E. coli goes away on its own. The body will work to get all these bacteria out, and once it has passed, symptoms start to subside. It is important to stay hydrated and rest. Avoiding foods with dairy is important during the sick time to not further aggravate the digestive system.

Washing your hands, washing your kitchen wear and washing your produce are three easy steps to help prevent infections. Be sure to fully cook meat. Drink pasteurized milk. Always be aware of your water source.

It only takes a small dose of these bacteria to make its danger ignite, so always handle food appropriately. It is easy to overlook and think this would never happen, but it can happen to anyone, so be proactive to keep your intestines clear and free of E. coli.

Megan Johnson McCullough holds a master's degree in physical education and health science, is a candidate for her doctorate, is a professional natural bodybuilder and is a National Academy of Sports Medicine master trainer.

> Most E. coli strains are harmless, but others can cause serious food poisoning and stomach discomfort.

Village News/Hank Strause photo



Estancia Senior Living to host dementia education event

FALLBROOK – Opening in late fall 2020, Estancia Senior Living will serve the memory care needs of the Fallbrook community by offering a Montessori-based memory care program to its residents. As part of its outreach to caregivers and families whose loved ones are affected by Alzheimer's disease or other dementias, Estancia Senior Living will host a free dementia education virtual workshop, "What is Dementia?" Wednesday, Sept. 23, at 1:30 p.m.

This workshop is vitally important as the global impact of dementia is staggering. According to the Alzheimer's Association, as of 2015 there were 9.9 million new cases worldwide with one diagnosed every three seconds. With that in mind, all of us will be affected by Alzheimer's in one way or another and understanding the disease becomes increasingly important to capably deal with afflicted family members and loved ones.

This virtual workshop is based on Estancia Senior Living's exclusive memory care program, Montessori Moments In Time. The goals of MMIT at Estancia Senior Living are to enhance living for those with memory impairment by the guidance of the program's five directional paths. Each directional path has the resident and family in mind to encourage independence and help deal with the progression of Alzheimer's disease and other related dementias. These paths include family connections, health and wellness, dining experience, life engagement and team promise. Family connections focus on the well-being of our families through virtual workshops, social connections, volunteer opportunities, support and education. Health and wellness is based on providing satisfying experiences, promoting independence and encouraging positive behavior while maintaining respect and dignity. The dining experience leverages meals as a time to reminisce, create new memories, maximize independence and promote socializing, all in an inviting, safe environment. Life engagement includes scheduled programs that support the whole person allowing residents to function at their highest potential, giving them a sense of purpose and overall well-being. Team promise focuses

on developing care partnerships through ongoing education and training.

"When someone in the family has dementia, life can take a traumatic detour," Sue Johnston, national director of memory care of Meridian Senior Living, said. "We recognize the obstacles you face and know that it is critical for you to have support, education and an understanding of how vital it is to take care of yourself.'

The virtual workshop: "What is Dementia?" is the first of a series of free dementia workshops at Estancia Senior Living. In this workshop, Johnston will present different types of dementia, how symptoms manifest, what happens to the brain and what to expect as a caregiver or loved one of someone with dementia. Memory

care experts who understand the challenges caregivers of those who suffer from Alzheimer's disease or dementia face daily, will lead these free dementia workshops that cover topics of importance to caregivers. Each workshop covers a different topic regarding memory impairment such as, "Engaging the Memory Impaired" and "Three Main Stages of Dementia."

Since there are limited spaces in this workshop, interested participants should call 760-645-0238 or visit the Facebook page at least one day before the event. For more information about Estancia Senior Living, visit http://www. estanciaseniorliving.com or call 760-645-0238.

Submitted by Estancia Senior Living.

San Diego County suicide rates drop for 2019

José A. Álvarez

San Diego County Communications Office

The number of people who died from suicide in the region dropped in 2019, according to the San Diego County Suicide Prevention Council's 2020 Report to the Community released Thursday, Sept. 10.

In 2019, there were 429 deaths by suicide, 36 fewer than the 465 reported in 2018.

The annual report provides a

comprehensive look at suicide in the region and brings together data from multiple sources for the years 2015 through 2019.

Other findings in the report include the suicide rate per 100,000 population: 12.8 in 2019 compared to 13.9 in 2018. The 2019 suicide rate for the state was 11.0 and 14.5 for the nation.

Emergency department discharges due to self-inflicted injury increased slightly to 3,163 in 2018, the most recent year available, compared to 3,091 in 2017. The percentage of suicide crisis calls, as opposed to calls about other mental health issues, to the county's access and crisis line saw an increase from 47.6% in 2018 to

55.05% in 2019. The great majority of people who die by suicide show warning signs. Knowing how to spot them

and what you can do may help save a life.

To help curb suicide in San Diego, the county has several ongoing prevention efforts, including the It's Up to Us campaign; the annual Check Your Mood Day; Question, Persuade and Refer trainings; and the access and crisis line, a confidential counseling and

Zion Christian

referral hotline for people who feel overwhelmed or are experiencing a mental health crisis.

If you or someone you know needs help, call the access and crisis line at 888-724-7240, seven days a week/24 hrs. a day and multiple languages available.



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September 17, 2020

Start building a holiday fund now

Rebecca Gramuglia

Special to Village News

Timing is everything when it comes to saving for the holidays. So, to help you prepare financially - and mentally - for the most wonderful time of the year, here are 10 ways to start building a holiday fund.

1. Determine how much you're willing to spend on the holidays. The holiday season can be stressful and expensive if you don't have a strategy in place. To ensure your holiday season stays on budget, it's important to set financial expectations and research items in advance. From gifts to food and anything in between, the costs of the holidays can add up quickly.

And while this holiday season may look a little different from past ones, it's still important to prepare as best as you can. When it comes to your holiday fund, make sure you calculate your budget by separating it into different categories: presents, food/decor and misc.

First, determine who you are purchasing gifts for and how much you want to spend per person. Then, add everything up to get your gift budget. As far as food and decor, determine how much you need to spend for the respective categories. Of course, you'll want to leave room in any of the spending areas for any additional costs and mark-ups.

Before you can start saving, you must know where your money is going. Take a hard look at your monthly expenses and narrow down where you're overspending so you can eliminate any costs. Whether you perform a subscription cleanse, negotiate your monthly bills, stop the frivolous shopping or skip out on the daily takeout orders, there are endless ways to cut costs and save money. Any money you "save" can go toward your holiday savings fund.

2. Cut unnecessary costs.

3. Implement a budget. To save money, you need to learn how to prioritize your finances and limit your spending. If you're unsure where to start, consider adopting the 50/20/30 rule. Make sure you can afford rent/mortgage and any additional expenses such as cable, electric, etc. and spend no more than 50% of your after-tax income on essentials; 20% on financial priorities, such as debt repayments and savings and 30% on lifestyle choices, such as any personal expenses like shopping and takeout.

4. Commit to a no-spend month. Consider putting more toward your holiday savings by trying a "no-spend" week or month. The key to a no-spend period is to eliminate any extra spending during a specific time frame. Your spending should be limited to the bare necessities such as gas, groceries and utilities. So, create a list of essentials and avoid buying anything else for a designated period of time. If you're a beginner, start slow and set a specific time frame to prepare – say, the first two weeks of October.

5. Set up weekly savings goals. Take out your calendar, planner or simply a piece of paper and count down how many weeks you have until the holidays. For each week, write down a set amount you want to save. It can range from \$50 to \$100 to even more. The goal is to save enough to cover your holiday expenses, which you can determine by setting financial expectations and researching items in advance.

6. Shop smart. It's important to plan any large holiday purchases ahead of time to make the most of your budget without compromising quality. And thanks to end-ofsummer clearance events, Labor Day sales and Black Friday/Cyber Monday deals, you can purchase gifts, decorations and more ahead of time without breaking the bank. Don't forget to maximize your savings potential by comparing prices, stacking coupons and shopping through a cashback site like http://TopCashback.com to earn a percentage of your purchase back in cashback on qualifying purchases.

7. Pay in cash. If you find that having a credit card in your wallet when you are shopping is too tempting, then only carry cash. By limiting yourself to a certain dollar amount, you'll be able to shop smartly. And of course, it's enticing to buy whatever you want knowing that you have your credit card to cover the cost, but by limiting yourself to a certain dollar amount, you're forced to ask yourself, "How much is this?" and "Is this product worth X amount of dollars?" These questions can help differentiate a "need" from a "want," which can ultimately save you money.

8. Start earning rewards now. Contrary to the cash-only tip, if you use your credit card wisely, make sure you're taking advantage of all of the rewards. Whether you put your rewards back in your bank account, use them during checkout while shopping online or opt for a statement credit, you can easily enjoy these benefits simply by using your credit card.

If you are able to choose categories that you can earn cashback on, make sure it is the one you will earn the most rewards on. For example, if you are doing the majority of your online shopping right now, using a credit card like the Bank of

America Cash Rewards credit card can score you 3% cashback on online shopping purchases. Or if you're planning to do your shopping closer to the holidays in October, you can score 5% cashback on online purchases from Amazon, Walmart and Target with the Discover it Cash Back Credit Card. As always, it's important to weigh your options and make sure you're aware of all the rewards and savings opportunities.

9. Stop paying for convenience. Paying for convenience might seem beneficial in the moment, but you're paying for someone to do what you can do for free. Whether you are signed up for a food delivery subscription service like HelloFresh or purchase precut veggies and fruits, sometimes what seemingly sounds like a "good deal," actually costs you more. Save money by doing simple tasks on your own and not paying others to do them for you.

10. Save your change. One of the easiest ways to build your savings is by keeping the change. Whenever you break a big bill and get \$1 and \$5 bills back, for example, drop them in a jar at home. The loose change will eventually add up, and you can move it into your holiday fund.

Rebecca Gramuglia is a personal finance expert at TopCashback. com.

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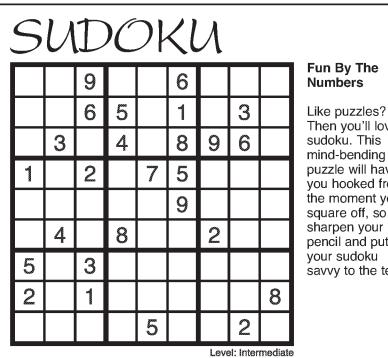
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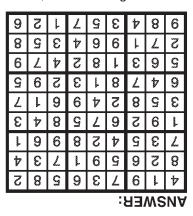




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ENTERTAINMENT

FAA open juried show calls for entries







Helen Shafer Garcia is the juror for the Fallbrook Art Association's Fall Show.

FALLBROOK – Fallbrook Art Association is holding its fall 2020 Open Juried Cash Awards Show, Oct. 21 to Nov. 21. The theme is "Find the Silver Lining in the 2020 Cloud."

Show juror is Helen Shafer Garcia, a painter, mixed media, book arts, ceramics artist and an award-winning illustrator. Her watercolor illustrations have graced the covers, brochures, garden articles and advertisements of numerous international resorts and magazines for more than 30 years. As a bit of a break for

Fallbrook art fans, Shafer Garcia's

international commitment in France was canceled due to the pandemic, so she is available to be a judge for the fall show at The Gallery, at the corner of Main and Hawthorne. Because she also teaches technique classes at the nearby Fallbrook School of the Arts, artists know her too.

Shafer Garcia is again working in clay. She loves "the smell and feel of the clay." In a previous lifetime, Shafer Garcia crafted clay miniature home structures on a commission basis as an outgrowth of her professional illustrations for many years in the resort and hotel industry.

These ceramic creatures are the work of artist Helen Shafer Garcia.

"The ability to manipulate items in a 3D way while applying architectural aspects is great fun. All my rejects end up with happy second homes in my garden," Shafer Garcia said.

Shafer Garcia has become part of several collaborative book projects and groups. "The Traveling Book Project," "The Bay Area Book Artists" and "Paper Works" of Tucson, Arizona, are all in process and one of the books is based on tarot cards.

It works like this: "One artist begins the first page, then it's mailed to a second person, and eventually it comes back to the originator. They are referred to as 'traveling books.'"

Heldn Shafer Garcia.

This watercolor painting is a commissioned work by

Awards she has won include four San Diego Press Club First Place Awards of Excellence in Illustration for San Diego Home/ Garden; Art, Cloth, Paper, Scissors; San Diego Home and Garden Lifestyles and Studios Magazines.

Shafer Garcia holds a bachelor's degree in fine arts with an emphasis in illustration and ceramics. She is a signature member of San Diego Watercolor Society and teaches watercolor and mixed media workshops internationally and across the U.S.

Entry date for the show is Oct. 19, from 10 a.m. to 2 p.m., at the Gallery, 127 N. Main Ave. Entry forms can be downloaded at http:// www.fallbrookartassn.org.

Village News/Courtesy photos

The gallery is open Tuesday, Thursday and Saturday from 1-3 p.m. and participating in the Fallbrook Chamber of Commerce's closed streets open air program Friday evenings 3-7 p.m. For more information, call 760-645-0491 or visit <u>http://www.</u> Fallbrookartassn.org.

Submitted by Fallbrook Art Association.

GI Film Festival San Diego announces film lineup for virtual showcase

SAN DIEGO – The GI Film Festival San Diego, a militarythemed film festival that solely presents films and events for, by and about military service members and veterans, announced a diverse film lineup for its firstever virtual showcase Thursday and Friday, Oct. 1-2.

Films presented are curated by members of the GI Film Festival San Diego advisory committee. The lineup will focus on current events, women in the service and treatment of Black service members post-World War II.

Admission is \$10, and all proceeds support the festival. Each ticket holder will receive post-screening discussions.

The two-day virtual showcase will feature up to six documentary films, including features, shorts and local productions. After each film block, a post-screening discussion will be held where viewers can hear from filmmakers, subjects and local experts to explore the important topics and issues raised in the films. All of the films selected highlight a different aspect of the military experience, from World War II to the Vietnam War to current events.

The Rifleman's Violin," Thursday, Oct. 1, at 5 p.m., tells the story of a 90-year-old virtuoso violinist Stuart Canin who recounts his deployment to the German front as a 19-year-old GI with his rifle and violin on his back during World War II. "Rescue Men: The Story of the Pea Island Life Savers," Thursday, Oct. 1, at 5 p.m., tells the story of a Black lifeguard station that performed many daring rescues from 1880 to the closing of the station in 1947. A former slave and Civil War veteran, Richard Etheridge served as captain and the only Black man to lead a lifesaving crew.



a unique URL that will take the user to the virtual screening room on the GI Film Festival San Diego website. The featured content and post screening discussion will all happen in the virtual screening room. Tickets will be available until Sept. 18, at <u>http://</u> gifilmfestivalsd.org.

The GI Film Festival San Diego has active support from several local military-related organizations, such as Project Recover, Workshops for Warriors, Travis Manion Foundation, Elizabeth Hospice, Challenged Athletes Foundation, Blue Star Families San Diego, American History Theatre, San Diego Military Family Collaborative, Armed Services YMCA, Southern Caregiver Resource Center, Courage to Call and Joan & Art Barron Veterans Center at San Diego State University.

Members of the advisory committee come from various military backgrounds, including veterans of the Marine Corps, Air Force, Navy, Army and Coast Guard, as well as Air Force Reserves and several military spouses, who volunteer their time, talent and expertise to ensure the festival provides an authentic view of the military experience and engages its audience through "No Greater Love," Thursday, Oct. 1, at 7 p.m., depicts the combat deployment of the legendary "No Slack" Battalion, 101st Airborne Division, during the Afghanistan War through the eyes of Army chaplain Justin David Roberts.

"In Their Own Words: The Tuskegee Airmen," Friday, Oct. 2, at 5 p.m., tells the story of the first African American pilots of the U.S. Army Air Force who protected the flying bombers during World War II.

"She Wore Silver Wings," Friday, Oct. 2, at 5 p.m., offers insights into the Women Airforce Service Pilots who served during World War II, told through Jean Landis, a San Diego County resident who was part of this elite group. The film won the Mary Bowe and Dorset Anderson, who are featured in the "Donut Village News/ Donut Dollies Documentary photo Dollies" documentary at the GI Film Festival San Diego, listen as Vietnam veteran Bob Johnston tells them how important the Donut Dollies were to the soldiers serving in Vietnam at his cafe in Tuy Hoa, Vietnam.

"Audience Choice" award in the 2015 GI Film Festival San Diego.

"Donut Dollies," Friday, Oct. 2, at 7 p.m., is a poignant documentary that follows two best friends and former Red Cross Donut Dollies back to Vietnam to retrace their steps and ask whether they made a difference. The film won "Best Documentary Feature" at the 2019 GI Film Festival San Diego.

Since its inception in 2015, the GI Film Festival San Diego has presented more than 164 films and attracted thousands of attendees from various backgrounds. As a community effort to help bridge the military-civilian divide, each film selected tells a compelling and unique story that may challenge notions about what it means to serve and goes beyond one-dimensional depictions of

veterans, service members, their caregivers and families.

In addition to filmmakers from around the world, the festival also honors San Diego area filmmakers through the festival's local film showcase, organized in partnership with the Film Consortium San Diego. The festival has also hosted several celebrities that took part in films selected for the festival, including documentary filmmakers Ken Burns and Ric Burns; actor and activist George Takei; actor Matthew Marsden; actor, producer and director Jeffrey Wright and actor and director Brenda Strong.

The coronavirus pandemic accelerated plans to reschedule the GI Film Festival San Diego, which usually happens in the fall. Organizers moved the full festival to May 18-23, 2021.

"For six years the GI Film

Festival San Diego has brought authentic military stories to the big screen," Nancy Worlie, associate general manager of content and communications for KPBS, said. "Not only do the films selected amplify the underrepresented voices of our active duty military, veterans, spouses and caregivers, but also our local filmmakers who have an opportunity to showcase their work nationally. We're excited to present our virtual showcase to provide a preview of what's to come in spring 2021."

The early bird deadline for the 2021 GI Film Festival San Diego is Wednesday, Oct. 7. For more information on how to participate in the GI Film Festival San Diego, visit <u>http://GIFilmFestivalSD.org</u>.

Submitted by GI Film Festival San Diego.



EDUCATION

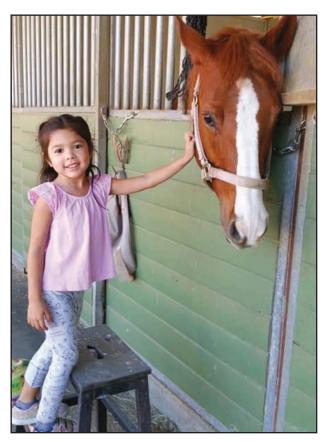
Blue Lotus Nature School offers children a world of new discoveries



The "waterwall" is a wall that has different kinds of tubes where children can pour water from the top and watch it go down the tubes in unique ways.



The children at Blue Lotus Nature School can help feed and take care of the horses.



Blue Lotus Nature School student Finley poses for a photo with Megan, a rescue horse.



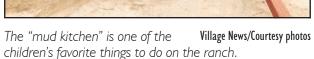
Blue Lotus Nature School does a variety of unique crafts and activities with the children.

Lexington Howe Staff Writer

Horses, chickens, rabbits and more – these are just some of the fun, outdoor aspects to experience at Fallbrook's Blue Lotus Nature School.

Owner and founder Stacie Stricker first experienced an outdoor preschool for herself when her daughter attended one in Santa Barbara 10 years ago.

At the time, people had thought she had lost her mind but now, the idea is more widely accepted, according to Stricker. "I found that outdoor schooling fostered a long-term connection with nature," Stricker said. "We fell in love with the Reggio Emilia teaching philosophy. Reggio



outdoor preschool experience is becoming more mainstream now,

especially due to COVID-19. "Their kids are breathing fresh air; they're outside," Stricker said.

They also encourage social distancing and sanitation procedures.

"Once the numbers of the county started going down and they started opening everything up around the county, I thought I'm ready to go; let's go ahead," Stricker said.



Miniature ponies Macaroni and Cheese are just two of five horses on the ranch.

COVID-19," Stricker said.

While they are a licensed day care and were not mandated to close, she felt it was the safest option. The feedback so far has been great, according to Stricker.

"They're learning their letters. They're painting. They're doing it with natural materials," Stricker said. "They go for hikes around the property and they pick up sticks, pine needles and stones and whatever, and they come back in and instead of writing the No. 2 to begin, they're forming it with of that exact same stuff, that kindergarten readiness that they would learn in a traditional classroom environment," Stricker said.

Their preschool program currently runs Tuesday to Friday, from 8:30 a.m. to 1 p.m., They give tours Tuesday to Sunday by appointment; they also offer pony parties in the afternoons and on weekends, where groups of up to 12 children can ride.

For more information on Blue Lotus Nature School and what they have to offer, visit <u>http://</u>www.bluelotusnatureschool.com.

"They walk around; they see the bunnies. They get to see the baby chicks; they get to pet the ponies," Stricker said. "They can walk up and pet (the ponies. They're in box stalls) and they help feed and everything."

focuses on learning through the

experiences children have and the

They found their mini 2.5-acre

ranch home in Fallbrook, and

Stricker knew she had to have it.

They have five horses, hens, baby

chicks, rabbits and a barn cat to

"The kids spend the half-day

Stricker said that it's like taking

session always outside, with the

class meeting in our barnyard,"

environment they are in."

keep the mice away.

the children to the zoo.

Stricker said.

Stricker said the idea of an

The Blue Lotus Nature School is currently half full, and they just reopened their doors a few weeks ago.

"We opened the summer of 2019. So, summer 2020 would have been our second summer but we were closed because of

pine needles. Then they work up to writing it."

Stricker said parents ask if their children will get the same fundamentals here as they would within a traditional classroom, and her answer is yes.

"They're still learning all

Lexington Howe can be reached by email at lhowe@reedermedia. com.

Vallecitos School District obtains 100 wi-fi hot spots

Joe Naiman

Village News Reporter

The Vallecitos School District approved a contract with T-Mobile to provide 100 hot spots for students who need wireless internet connections for distance learning.

The school board's 4-0 vote Tuesday, Sept. 8, with Sally Forester unable to participate in the meeting, actually approved two contracts. A grant gave the school district three months of free service for 75 hot spots and one contract funds those hot spots for 12 months. The other contract adds 25 hot spots for the 12-month period.

"We're excited that we're going to provide this to all of our students who need them," Maritza Koeppen, superintendent of the Vallecitos School District and principal of Vallecitos Elementary School, said.

A grant program to small schools provided Vallecitos with 75 hot spots for the three-month duration.

"It's working out great, but sometimes we have some issues," Koeppen said. Some of the issues involved synchronization between the school district's end and the students' end. Another issue was that 75 hot spots turned out not to fulfill the entire needs of the student population.

"They all went very quickly," Koeppen said.

That need led to the decision to obtain 25 additional hot spots.

"We ended up looking at the data," Koeppen said.

The school district will pay T-Mobile \$20 per month per hot spot, including the three months of free service the total expected expense will be \$19,500.

Joe Naiman can be reached by email at jnaiman@reedermedia. com.

Helping children with school work while figuring out Zoom

Simona Valanciute

Special to Village News

Children may have a very different "back to school" experience this year, and most likely they will need help with their school work more than ever with virtual learning. Older adults and grandparents can help the school-age children in their life succeed in school – and in fact, intergenerational tutoring can benefit both parties.

You might be very well-versed in homework help already, especially if you are one of the millions of grandparents in the U.S. raising their grandchildren. But some older adults might have some understandable hesitations about assisting a child with school work right now.

If you're not 100% confident about your own skills with videoconferencing technology, it can feel intimidating to even try to help a grandchild or other loved one with distance learning homework. Or, perhaps, you might simply feel like you're out of the loop or fear you don't have the patience or knowledge to help them out.

However, by following a few simple tips, anyone can help the student in their life get the most from their education.

• Remember your advantages: time and life experience.

If you're retired, or working less, you have a precious resource that many parents and teachers lack, time. Just spending the time to give children one-on-one help with their schoolwork gives them something they don't often have access to, even during a normal school year.

And no matter how different the technology children use to learn might be from what you used growing up, you have valuable life experience to offer.

• Tell them how you overcame difficult problems at their age. Some struggles, like feeling

confused by a homework assignment or being afraid of reading aloud in class, are timeless. Draw from all that life experience you have to tell them about a time you faced a similar difficulty when you were their age and inspire them with a story about how you overcame it.

Admit when you don't know something, then use your "village."

You can't be an expert on everything, but there's likely someone in your network of friends and family members who might know more about a particular subject.

For example, if you are truly baffled by a math problem, freely admit you don't know the answer – then, call up your friend who became a math professor, and ask them for tips on how to explain the concept to a child. It takes a village, right?

• Build your own skills while you help children build theirs.

If you're still figuring out Zoom and want to help your grandchild remotely, it's easy to find free or low-cost resources for learning about videoconferencing. At San Diego Oasis, they have many classes that are free or low cost that help older adults improve their technology and other skills all from the comfort of their own homes.

Tutoring can give older adults a sense of purpose and help them build bonds with children who might not be able to get individualized attention in school. If you're inspired to use these intergenerational tutoring tips, but don't have a school-age child in your life, consider becoming an Oasis tutoring volunteer.

The San Diego Oasis tutoring program matches older adults with students in kindergarten through fourth grade who need one-on-one support with reading and writing – and many volunteer tutors said that the experience has helped them as much as it helped the child. During this pandemic, tutors have been superstars helping students virtually, especially as students and parents navigate distance learning.

Children who were already struggling risk falling even farther behind because of COVID-19 school closures – and many older adults who are separated from their families may be experiencing the negative health effects of social isolation. Tutoring a child, whether in your home or remotely, can make a major difference in both of your lives.

For more information about the tutoring program at San Diego Oasis, visit <u>http://www.</u> <u>sandiegooasis.org</u>.

Simona Valanciute is the president and CEO of San Diego Oasis, an award-winning nonprofit organization serving people age 50 and better, who pursue healthy aging through lifelong learning, active lifestyle and community service.



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