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Operation Thanksgiving Pie expands to dinner



A young Fallbrook boy who just received a pie poses with Fallbrook Sheriff Lt. Hernandez, left, Detective Botz and Captain Rick Lopez. They were delivering Thanksgiving meals and pies. "This was part of Operation Thanksgiving Pie, which started two years ago as a way to bring smiles to the community during the holiday season in hopes of spreading cheer," said Crime Prevention Specialist Heather Mitchell.



"Thanks to Nancy Santillan from the Fallbrook Community Center (pictured above with a recipient of a Thanksgiving dinner) we were able to partner with San Diego County Parks and Recreation to provide not only pies, but full Thanksgiving meals to 23 families," said Heather Mitchell.

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Remembrance Day recalls historic Gettysburg events

FALLBROOK – The annual Remembrance Day event, sponsored by the Sgt. William Pittenger Camp 21 of the Sons of Union Veterans of the Civil War, took place Nov. 19 on the porch of the Pittenger House, located at the Fallbrook Historical Society's Heritage Center.

"We typically celebrate in November with the reading of Lincoln's famous Gettysburg Address," said Jerry Sayre, past department commander of the organization. "This year, our event is taking place exactly on the 159th anniversary of the greatest speech in American history."

The address was read by Mark Goodman, following remarks by Peter Huelsenbeck and Fred Hall, all members of the local camp of Union Veterans of the Civil War.

Sayre acknowledged the appropriateness of holding the event at the Pittenger House, built by the Rev. William Pittenger in 1895. Pittenger was one of the first six Americans to receive the Medal of Honor for his participation in what has become known as "Andrews' Raid" and "The Great Locomotive Chase." He later

see **GETTYSBURG**, page A-7



Members of the Sgt. William Pittenger Camp 21 of the Sons of Union Veterans of the Civil War pose with the new display case containing Sgt. William Pittenger memorabilia at the Fallbrook Historical Society, from left, Peter Huelsenbeck, Camp Commander Elect; Jerry Sayre, Past Department Commander; Fred Hall, SVR Commander; Dimas Lovato; John May, Sec/Treas.; John Keenan, Camp Commander; Gary Keenan; Ron Sheehan, Newsletter Editor; and Mark Goodman, 2nd Lt. SVR.

Green Canyon signal goes live after eight years

Julie Reeder and Joe Naiman
Village News

The traffic light on South Mission and Green Canyon went active on Tuesday, Nov. 22. The light has been in the works for eight years. Community requests to have a signal at Green Canyon stemmed from multiple accidents and deaths at the intersection.

The proposed signal at Green Canyon and South Mission Road was first slated to be discussed during a Department of Public Works (DPW) Traffic Advisory Committee (TAC) in December 2014 but was pulled off that agenda to allow the Fallbrook Community Planning Group to provide input. Although the intersection met signal warrants in 2014, the planning group was concerned about potential adverse impacts to the traffic flow and recommended that the DPW consider potential alternatives to signalization.

A multi-day October 2014

see **SIGNAL**, page A-7



The signal at Green Canyon and South Mission went live on Tuesday, Nov. 22. Travelers into town were caught in the new traffic sometimes as far south as Hwy 76 and Bonsall's River Village.

ANNOUNCEMENTS

The deadline for all announcements and press releases is Friday, 3 p.m.
Email to villageeditor@reedermedia.com.

Holiday brunch offers carols, the greatest gift, and shopping

FALLBROOK – Fallbrook Women’s Connection invites all families and children to attend a holiday brunch in the ballroom of the Beverly Mansion at Grand Tradition Estates and Gardens, Friday, Dec. 16 from 10 a.m. to noon, doors open at 9:15 a.m.

The program will feature The Fallbrook Children’s Choir, directed by Sandra Kopitzke of NVoiceStudios, who will usher in the holiday spirit with everyone’s favorite carols. There will be two groups in the music program. The Neighbor Tones is made up of girls and boys ranging from ages to 7-11The Glee Club is made up of girls and boys ranging from ages to 12-17. Both groups sing and dance to popular holiday songs.

An added holiday attraction will be Farah’s Collection with fashionable handbags, wallets, rings and more. Shopping can begin at 9:15 am.

The guest speaker Pam Hage, a born shopper who loves Christmas, buying, wrapping and giving of gifts, shares how she found her “Greatest Gift.”

The cost per ticket is \$30, cash or check, which includes a delicious brunch prepared by The Grand



The Neighbor Tones children's choir will perform at the Fallbrook Women's Connection brunch, Dec. 16.

Tradition, 220 Grand Tradition Way, located at the corner of South Mission Road and Grand Tradition Way near the Econo Lodge.

Free child care will be provided for younger children with reservations which are encouraged. To make a reservation, call Ginny at 760-723-3633 or email: Fallbrookcwc@gmail.com. Sponsored by Stonecroft Ministries.

Submitted by the Fallbrook Women's Connection.

Santa is coming to town, Dec. 10

FALLBROOK – Groupe N. County is holding its second annual Christmas Toy Drive & Cruise Saturday, Dec. 10 from 4-9 p.m. at Happy Jug, 138 S. Main Ave. The group is asking residents to donate a new unwrapped toy or \$20.

Santa Claus will make a special guest appearance from the North Pole, from 5-8 p.m. The event is planned to bring a little joy to children in the community.

Submitted by Groupe N. County.

Republican Women hosting Christmas Gala

FALLBROOK–The Republican Women of California – Fallbrook club will be hosting their members only Christmas Gala Friday, Dec. 9 at the Fallbrook Community Health and Wellness Center located at 1636 E. Mission Rd.

The club will recognize its outstanding community members as well as the installation of its incoming officers. The cost is \$35 which includes lunch and songs by Sandra Kopitzke and her children’s choir. Members and their guests are always welcome.

Submitted by the Republican Women of California – Fallbrook.

Teens and tweens can learn how to make snow globes

FALLBROOK – The Fallbrook Library will hold a free holiday event for teens and tweens, ages 8 to 17, Tuesday, Dec. 13 at 5 p.m. They can join library staff who will show the process of snow globe making. Materials will be provided.

Snow globes will make a festive addition to holiday decorating or as a gift! Space is limited. Sign-up at the Ask Desk or call 760-731-4650. For more information, visit <http://www.sdcl.org>. The library is located at 124 S. Mission Road. The event is sponsored by the Friends of the Fallbrook Library.

Submitted by the Friends of the Fallbrook Library.

Garden club presents ‘From Tin to Tinsel’

FALLBROOK – All are welcome to attend the Fallbrook Garden Club’s Dec. 13 general meeting and be dazzled by the guest speaker, David Root. His career as a floral designer was a natural outgrowth of his 11 years as a hair designer.

In 1990, Root’s creative instincts spontaneously led him to become one of the hundreds of volunteers, known as “petal pushers,” who work on the spectacular floats in Pasadena’s Rose Parade. Since that time, his talent and subsequent widespread recognition in the floral industry have literally bloomed.

Placing second in his first design competition, Root’s imaginative ideas and unique creations have captured more than 175 awards,

from New York to California. In 2017, he was the recipient of one of the most prestigious awards on the West Coast, California State Floral Association Top Ten winner. He won the coveted Designer of the Year award at the San Diego County Fair in 1992.

Root’s dynamic stage presence, combined with his intensive studies in the art of floristry, have made him a highly sought after lecturer/demonstrator/instructor with such prominent businesses and publications as University of California San Diego, FTD, San Diego Home/Garden Magazine and many garden clubs throughout southern California.

FGC meetings are held at the Fallbrook Community Center,



341 Heald Lane; social time at 12:30 p.m., business at 1 p.m.; and program at 2 p.m. The public is welcome. For further information relating to the club and its activities, visit www.fallbrookgardenclub.org.

Submitted by Fallbrook Garden Club.

Fallbrook Chamber to hold Christmas of Giving Open House:

FALLBROOK – The Fallbrook Chamber of Commerce is pleased to announce its Open House of Giving, scheduled for Saturday, Dec. 17 at its office located at 111 S. Main, from 11 a.m. to 1:30 p.m.

The purpose of this annual event is to support four local nonprofit Chamber member charities – the four chosen by the chamber staff this year are Empowering Latino Futures, Good Dog! Service Canines, Neighborhood Healthcare and REINS.

Donations of cash or check made payable to the specific charity of one’s choice is kindly requested and can be dropped off at the chamber anytime beginning Dec. 1 through Dec. 19.

On the 17th, each charity will be represented to personally collect donations and provide information about their causes and needs.

For further information about these nonprofit members, refer to www.fallbrookchamberofcommerce.org or call the chamber office at 760-728-5845.

Submitted by the Fallbrook Chamber of Commerce.

Fallbrook Historical Society Christmas Open House coming Dec. 4

FALLBROOK – The holidays are just around the corner and it’s evident with preparations well underway for this year’s Fallbrook Historical Society Christmas Open House scheduled to take place Sunday, Dec. 4, from 1 to 4 p.m. This year’s theme is “A Toyland Christmas” and will feature activities in every building at the Heritage Center, located at the corner of Rocky Crest and Hill Avenue.

One of the highlights will be a visit from Santa and Mrs. Claus in the Donald J. Rivers Interpretive Center, also known as “The Barn.” Guests will be welcome to pose with and take “selfies” with the famous pair. In addition, there will be crafts for the kids, and hot cocoa and cookies will be served.

The open house also will feature docent-guided tours of the Main Museum, the popular Pittenger House and the Gem and Mineral Museum.

Entertainment will be provided by the local Slacker Hill Band. In addition, the popular “Silent Auction” will be featured. Winners need not be present.

Admission is free; however, donations are more than welcome. Donations also are needed for the silent auction. Questions? Contact Pat Saunders at 442-226-6294 or Lynn Kay at 949-291-8684.

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FPUD news

Keeping Fallbrook informed

Special Board Meeting/Public Meeting

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Now we’re working on the next 5.

CELEBRATING 100 YEARS OF SERVING FALLBROOK

We’re holding a public hearing. The board of directors will vote on whether to adopt new or increased miscellaneous fees. Please come be a part of this process and attend the meeting.

Monday, Dec. 5 at 4:00pm

at FPUD, 990 E. Mission Road, Fallbrook

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Offered at \$1,798,747

Ken's Corner

It sure seems like 2022 has gone by super fast! So many changes to our market, and we are implementing many new strategies to continue to provide First Class Service.

Our goal remains the same: First Class Service and representation for your home sale and/or purchase.

We have the experience and tools to negotiate the best offer and terms for you! Come on by our office and let's discuss your real estate goals.

AT YOUR SERVICE! – Ken



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Sharon's Corner

We are still processing escrows and talking to our clients about the best strategies in the current market to MAXIMIZE RESULTS!

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We want to talk to you! Give us a call!

LET'S TALK! – Sharon



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Business Spotlight



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- Kristen and Gracie L.

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Suzie's electric personality coupled with integrity and leading knowledge in new and emerging Real Estate markets ensures that her clients have all the information needed to make their best choices when buying or selling property. Timing and relationships are everything in today's everchanging and more competitive Real Estate environment.

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Travis Tysor is a licensed California Realtor® whose grit and determination have earned him a reputation as a go getter in his community. Armed with an extensive background in marketing, mortgages, negotiation, and photography, his mission is to make all of his client's real estate goals a reality.



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Charity Spotlight



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OPINION

We’re here to serve you



Assemblymember Marie Waldron
District 75

As the Assemblymember for the new 75th Assembly district, I want to reach out and let you know how my office can be of assistance to you. We are honored and excited to be able to represent you in Sacramento and we are here to be of assistance.

Helping people navigate the state’s massive bureaucracy is an important function of my District Office (DO). The most common constituent issues involve state agencies like the Department of Motor Vehicles (DMV) and the Employment Development Department (EDD). For example, during the pandemic we were able to assist over 3,000 constituents with problems resulting from the almost total collapse of EDD.

In addition to helping constituents get their EDD benefits, my office handles

hundreds of other cases involving the Franchise Tax Board, licensing delays for nurses, long delays for background checks, including for firearms purchases, and many more.

Government is extremely complex with multiple jurisdictions and layers of authority, and we frequently get inquiries about non-state issues. These include inquiries about federal spending policies, passport issues, county land use policies, city zoning, border security, calls from veterans dealing with the VA, and many other topics. If you need help and don’t know where to turn, always feel free to contact us and we’ll point you in the right direction.

Another important DO responsibility involves updating me regarding the opinions of constituents. Emailing or calling the DO to register an opinion on an important issue or piece of legislation will help guide me as I review bills in Sacramento.

To ask for assistance or to share your opinion, please visit my website at <https://ad75.asmrc.org/> or call my DO at (760) 480-7570. My staff and I take our responsibility to assist residents of the 75th Assembly District seriously. We look forward to serving you.

Note: Legislative websites will be temporarily out of service until December 5 while the database is updated to ensure that constituent records coincide with newly redrawn district boundaries. As always, feel free to call my DO if you need assistance.

Kicking It with wisdom



Elizabeth Youngman-Westphal
Special to The Village News

They say, “wisdom comes with age” which should make me one of the wisest people around.

As it turns out, life presents numerous lessons along the road to wisdom. Therefore, why not learn from others?

For instance, when someone offers you help, take it. Drop your overblown worthless pride and say, “thank you.” What you will discover is your load gets lighter.

The second thing I learned was to accept praise. Like thank you, it can be awkward in the beginning. It will start to feel good when you just take it. All that is required

after someone praises you is to say “thank you.”

Here is another bit of unsolicited wisdom. Make it your new resolution to pay off your credit card(s) each month. (No one can be debt free while paying credit card interest.) Until you can pay off the debt – transfer the balance to an interest free card, and start making smaller-twice-monthly payments which will lower your interest fees.

We’ve all heard that old adage “when life gives you lemons...” well, that’s the way I view the many uses for the disinfectant wipes I hoarded during Covid. Now, I use them in the water closet. Actually, I never stocked disinfectant wipes before which is why I still have gobs of them. They are great to wipe down the commode for a quick company-clean-up.

I still have 190 pairs of clear latex gloves (out of a box of 200) and figured out a new use for them. Last week I wore a pair to prepare beets for roasting. That was a good idea. My hands were not permanently dyed.

Because I am prone to knife cuts, when I nick my finger now, I grab a pair of latex gloves to wear over the band aid. It not only keeps the injury dry, but it also keeps the blood out of the food.

More wisdom that comes with age means I no longer fret about living up to other people’s expectations.

Raised by frugal parents, everything needed a second use. Such as those plastic vegetable bags from the grocery store. I use them as trash can liners for small waste baskets, as a tote for vegetable scraps for the grandchildren’s chickens, or for storing and packing shoes in suitcases.

Lastly, the hardest lessons I’ve had to learn always cost me money. The more money it cost me, the better I have retained the lesson.

One such lesson is that a posted speed limit is not a suggestion but the law. Just like stop signs are to stop at because a rolling-stop can cost upwards of \$450.

Having fulfilled my lifetime quota of traffic fines long ago, I am bewildered by the number of folks zooming past me on South Mission coming in to town. After all, the posted speed limit is 35mph.

What I know is to ignore your dirty looks as you speed past me barreling up the street, I will without fail catch up to you at the first stoplight. And that my dears is the very essence of wisdom.

Elizabeth Youngman-Westphal can be reached at eyoungman@reedermedia.com.

Artemis leads the way back to the moon

With all the arguing and bickering constantly being stirred up by political partisans and the reporting of such by all media including even the war of words being perpetrated by a couple of regular Village News Opinion writers, we can forget that our country and those willing to work with us can do great things.

If you have even an inkling of curiosity about what sort of team building, scientific innovation, and overwhelming technological achievement our country is capable of, then you need to get familiar with NASA’s Artemis lunar mission project.

For the last 10 years, engineers, scientists, technicians, suppliers, innovators, the list goes on, for the United States and other world partners have been working on returning humans to the moon.

Right now, as you read this, the first phase of this 10-year endeavor, an unmanned spacecraft, has been launched, destination the moon. It will soon return to earth, landing in the ocean off the coast of San Diego. In two more years, the plan is for humans to take the

same trip and a couple years later have humans land on the moon.

Those executing the Artemis mission stand on the shoulders of others for the inspiration to explore and learn and we should applaud their grit to succeed and their achievement.

History informs us about others like Marco Polo, Magellan, Columbus, Livingston, Shackleton, Amelia Earhart, Neil Armstrong, etc., and now Artemis. We should not lose sight of the incredible courage and endurance it takes to achieve these sort of undertakings.

The Artemis mission is something we Americans should feel proud about. Few have dared or are even capable of attempting what we are doing, and we are doing it for a second time with a much broader vision of what is possible and a more inclusive approach to achieving a successful mission.

Check it out. You and your children and grandchildren will be inspired by Artemis.

Steve Smith

Helping seniors



Supervisor Jim Desmond
5th District

Seniors are the fastest growing population in North County and we must do all we can to help those living on fixed incomes. With the cost of basic necessities continuing to rise, we want to make sure our senior population has resources available to them. I’m pleased to say, this week we took a couple of major steps toward helping our

senior citizens.

Last week, we voted unanimously to establish a rental subsidy pilot program for seniors who are at risk of becoming homeless.

The Pilot Shallow Rental Subsidy Program will provide a monthly rental subsidy of \$500, paid directly to the landlord of a low-income senior San Diegan.

To qualify, an applicant must be at least 55 years old and the head of household. The applicant’s household income may not exceed 50% of the area median income, and the household must be severely rent-burdened, which is defined as paying more than 50% of household income towards housing.

The application window will open by the beginning of next year and rental subsidies will be paid starting in March 2023. If the pilot program is successful, the county will pursue additional funding opportunities to support the sustainability and expansion of the program.

We are also continuing to make progress when it comes to affordable senior housing. The reality is, without affordable housing, our homeless population will continue to grow, and our society will suffer.

A few months ago, I mentioned the Board of Supervisors approved several county-owned properties to be transformed into affordable housing units. The property in North County is located in Escondido at 600-620 E. Valley Parkway, which includes 1.88 acres of vacant land that once housed the North Inland Family Resource Center. I continue to have discussions with the Escondido City Council on the timeline for this property.

Our seniors have done so much for our region, it’s time for us to make sure they’re being taken care of, especially low-income seniors. I’m hopeful these new programs will help and if you ever need any assistance, please don’t hesitate to reach out.

Questions about superintendent leaving FUESD

With regards to Candace Singh leaving FUESD as superintendent and her “settlement,” I have two questions.

First, Dr. Singh claims she is leaving because she is being

harassed by a single school board member. If she were so devoted to FUESD and this were truly the only reason she felt she needed to leave, why not wait until after the election? As it turns out, that particular board member is losing her reelection bid. Come Dec. 12 when the new board members take over, her problem should end.

Second, if Dr. Singh, an individual, is suing Caron Lieber, an individual, why does the district need to pay her a settlement? The statement by Board President Suzanne Lundin said it was cheaper than paying legal fees. Dr. Singh was not suing the school board or FUESD as a district. She was suing an individual who had

secured her own legal counsel. So why would FUESD need to get their legal team involved at all? Unless Dr. Singh was threatening behind closed doors to sue the district? Was this extortion? Pay me and I’ll go away quietly? Pay me or I’ll embarrass the district by airing dirty laundry?

Both sides have been tight lipped and very little in the way of details have been released publicly. None of us knows the real story except Dr. Singh and Ms. Lieber. What a shame. The community, the parents, the students, and the employees of FUESD deserve better.

Stephanie Gaddis

Arise Shine
“KINGDOM”

Who is guarding your hearts?

“Be anxious for nothing, but in everything by prayer and supplication with thanksgiving, let your requests be made known to God, and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.”

– Phillipians 4:6-7

Sponsored by Ana Iturralde

A Thank You from St. Peter Thrift Store

I would like to thank everyone that participated in the inaugural St. Peter Thrift Store sale held at the St. Peter the Apostle Church plaza last weekend. It was a huge success and we welcome everyone to visit our St. Peter Thrift Store on Main Street and see more of what we have.

I would also like to inform

anyone that purchased a village from the sale to please stop by our thrift store and pick up the lighted cord you left behind.

Thank you to all the volunteers who helped make this sale successful!

Margaret Larson
Board President

Smog Brothers

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Appeals Court rules against SDUSD COVID-19 vaccine mandate for students

Julie Reeder
Publisher

The 4th Circuit Court of Appeals last week ruled against the San Diego Unified School District in a precedent-setting decision for the State of California regarding COVID-19 vaccine mandates to attend school in person.

A lower state court found in December 2021 that school districts cannot impose vaccine mandates on their own, in addition to the vaccines required by the state as a precondition for in person attendance. No doubt the California legislature will be working feverishly to pass the Covid vaccine mandate asap, even though the risk doesn't make sense against the benefit for a disease that literally no healthy child has died from and, as a matter of fact, there have been documented thousands of adverse events and death, especially for young men aged 14 to 24, which is the age of many of our military men.

A lawsuit was filed by Let Them Breathe, a San Diego County-based nonprofit advocacy group challenging SDUSD's mandate.

According to Let Them Choose, this was the first COVID-19 vaccine mandate in the U.S. to be struck down in a final ruling, and the new decision upholding the original court ruling "sets precedent for all California school districts."

Remarking on the decision, Mary Holland, president and general counsel of Children's Health Defense (CHD) said, "It is great news that the California appellate court affirmed that vaccine mandates under California law must come from the state, not the school district.

"This is especially welcome news as the injection in question, the COVID-19 shot, is neither safe nor effective, nor even a vaccine in any normal sense as it fails to prevent infection and transmission. Kudos to ICAN [Informed Consent Action Network] and its lawyers for a critical win."

According to the case history accompanying the court's December 2021 ruling, a similar lawsuit was filed by the parent of a 16-year-old student in the SDUSD. The two lawsuits were then consolidated into a single case.

Attorneys for ICAN, an Austin-based advocacy group active in challenging various COVID-19-related mandates across the U.S. and pressing for the release of government data related to COVID-19 vaccine injuries, represented the parent who sued the SDUSD.

While medical exemptions were permitted, exemptions for religious and personal reasons were not, in line with stipulations set forth in California Senate Bill 277 (SB 277).

In May 2022, the SDUSD paused the mandate until at least July 2023, although the reasons cited for this pause included "the vaccines' lower effectiveness against the virus' Omicron variant and amid delays in full federal approval of the vaccine for children under 16 years old," the San Diego Union-Tribune reported.

The 4th District Court's 19-

page decision rejected multiple arguments by SDUSD, including the school district's claim that its mandate was aligned with its responsibility to keep students healthy and safe and that school districts can develop policies to "meet local needs."

According to the ruling, the SDUSD mandate "unlawfully seeks to usurp [the] authority" of the California state legislature in enacting vaccine requirements for school children in the state.

It looks like discrimination to me. Parents are tired of bad science, discrimination, and forcing their kids to get an experimental vaccine that is neither safe nor effective and in fact, is potentially dangerous. Sudden deaths have massively increased since 2021 and it's not from Covid, according to Edward Dowd, an ex BlackRock Manager that has had a team studying the data in the last few months that has amassed evidence from the insurance industry, funeral home industry, and government databases showing an alarming increase in deaths of young healthy people in 2021 versus 2020. Dowd has a book being released mid December 2022.

There's a reason that parents have fought hard to win school board races across the country. I don't expect the fight will get easier, especially when the industries funding our federal regulatory agencies, like the CDC and the FDA, are funded by the very companies they are supposed to be regulating and because they are the largest financiers of politicians and lobbyists.

I'm sure some of our readers are tired of the subject and wish I would stop reporting on this, but what is more important than the health of our kids? Let Them Breathe has proven that it's worth it to stay in the fight and not give up. The health of our kids is worth

it. Our kids are worth it. It's not time to ease up. Keep educating yourself and be skeptical and vigilant while we still have those freedoms which are being defended in courtrooms across the country.

One way to stay informed is to

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Hat Bash Fundraiser benefits Arts in the Park

FALLBROOK – Rally for Children’s “Hat Bash Fundraiser,” held on Oct. 20 at 127 West Social House, was a great success thanks to the wonderful support of the community, Rally members, friends, and family. Attendees enjoyed the music of Slacker Hill Band, the opportunity to bid on wonderful auction items, delicious food provided by Faro Trupiano of 127 West Social House and spending a great evening visiting with friends. Rally for Children President said, “Thank you to those who so generously donated towards Arts in the Park.”

Because of the support it received, Rally for Children will be able to continue providing Arts in the Park to the families of Fallbrook, Bonsall and Vallecitos. Residents can mark their calendars for Sunday, April 30, 2023, when the 28th Arts in the Park will be held at Live Oak Park. Admission to this event is free. The day is filled with art, music, entertainment and endless activities for children and their families. Many wonderful local organizations and schools participate in this event. More information will be coming closer to the event.

For more information, visit www.rallyforchildren.org and click on the “contact us” tab.

Submitted by Rally for Children.



Rally for Children members, from left, Donna Reisbeck-Stoewer, BJ Maus, Pat Dales pose for a photo with their hats on at their Hat Bash Fundraiser, Oct. 20.



Chuck and Judi Sanacore attend Village News/Courtesy photos the Rally for Children’s fundraiser at 127 Social House.



Rally for Children members, from left, Nancy Ruis, Louise Small, Siegrid Stillman and JoAnn Lopez participate in the fundraiser for next year’s Arts in the Park.



Robin and Steve Martin enjoy a drink at 127 West Social House during Rally for Children’s Hat Bash Fundraiser.

CWA vote entitlement down for RMWD, FPUD, and Camp Pendleton

Joe Naiman
Village News Reporter

The weighted vote at 2023 San Diego County Water Authority board meetings will decrease slightly for the Rainbow Municipal Water District, the Fallbrook Public Utility District, and Marine Corps Base Camp Pendleton.

The Nov. 17 SDCWA board meeting approved the 2023 weighted vote allocations for the CWA member agencies. The share of the weighted vote includes 3.892% for Rainbow, 2.205% for FPUD, and 0.078% for Camp Pendleton. During 2022 meetings, Rainbow had 3.926% of the weighted vote; FPUD had a weighted vote of 2.238%, and the Camp Pendleton weighted vote was 0.081%.

The member vote entitlement is calculated based on the total cumulative financial contribution from each agency since the CWA was formed in 1944. The contribution amount includes all taxes, assessments, fees, and charges paid to or on behalf of the CWA by property located within the member agency’s boundary by the June 30 end of the previous fiscal year.

The cost of water treatment is not included in the total financial contribution, but the totals include standby charges, capacity charges, infrastructure access charges, readiness-to-serve charges, connection and maintenance fees, and annexation fees as well as charges for water delivered and sold to CWA member agencies.

The total cumulative financial

contribution of all 24 CWA member agencies was \$16,166,693,662 for the period ending June 30, 2022. The 2020-21 cumulative total was \$15,420,418,340. Rainbow’s cumulative contribution through the end of fiscal year 2021-22 was \$629,152,426 while the district’s total through the end of 2020-21 was \$605,396,744. FPUD had total 2021-22 cumulative contributions of \$356,419,324 and had made \$345,069,149 of payments through June 30, 2021. Camp Pendleton had total payments of \$12,607,898 as of June 30, 2022, and \$12,525,886 at the end of the 2020-21 fiscal year.

For the 2021 board meetings, Rainbow had a weighted vote of 3.923%; FPUD’s share was 2.256%, and the Camp Pendleton weighted vote was 0.084%. In

2020, Rainbow had a 3.975% share; FPUD’s share was 2.275%, and the Camp Pendleton weighted vote was 0.088%. The weighted vote allocation for 2020 also included a change in the increment from 1/100 of a percent to 1/1000 of a percent.

The Rainbow weighted vote was 3.99% for 2019, 4.00% in 2018, 4.04% for 2017 meetings, 4.07% during 2016, 4.08% for 2015, 4.06 % at 2014 meetings, 4.09 % during 2013, 4.11 % in 2012, 4.14 % during 2011, 4.16 % for 2010 meetings, 4.19 % during 2009, 4.20 % in both 2007 and 2008, and 4.21 % for 2006.

FPUD’s share was 2.30 % during 2019, 2.32 % in 2018, 2.35 % for 2017, 2.37 % in 2016, 2.39 % at 2015 meetings, 2.41 % during 2014, 2.43 % in 2013, 2.45 % during 2012, 2.46 % for 2011 meetings, 2.49 % in 2010, 2.50 % during 2009, 2.51 % in both 2007 and 2008, and 2.52 % during 2006.

Camp Pendleton’s allocation was 0.09 % for 2018 and 2019, 0.10 % in 2016 and 2017, 0.11 % during 2015, 0.12 % for 2013 and 2014, 0.13 % at 2011 and 2012 meetings, 0.14 % in 2009 and 2010, 0.15 % during 2008, 0.16 % for 2007, and 0.17 % in 2006.

FCPG approves PLDO priority recommendations

Joe Naiman
Village News Reporter

The Fallbrook Community Planning Group approved a priority list for Park Land Dedication Ordinance funding.

The planning group’s 13-0 vote Nov. 21, with Tom Harrington and Jim Loge absent, approved a prioritized list of recommendations which will be provided to the county’s Department of Parks and Recreation. The planning group’s Parks and Recreation Public Facilities Committee did not have a quorum either in October or in November but had an unofficial agreement on the priorities at the committee’s November meeting.

Park Land Development Ordinance fees are collected from developers to fund park improvements in the area of the development. In 1965, the State of California adopted the Quimby Act which authorizes local governments to assess impact fees on new residential development to provide funding for park and recreation facilities to serve the new development.

The Quimby Act allows fees sufficient to provide three acres of park land per 1,000 residents, although a local government may adopt a higher standard of five acres per 1,000 residents. The county has been collecting PLDO fees from developers since 1973. Developers have the option to dedicate parks instead of paying PLDO fees, and a combination of park dedication and PLDO fees is also potentially acceptable. PLDO funding must be spent in the area of the development for which the money is collected.

“It’s primarily used for active recreation,” said Stephani Baxter, who chairs the planning group’s Parks and Recreation Public Facilities Committee.

Initially the fees could only be used for active recreation parks. In 2018, the San Diego County Board of Supervisors approved

revisions to the Park Land Dedication Ordinance, and one of the revisions allows up to 25% of a fiscal year’s PLDO revenue to be used for the acquisition of land for trails or to develop new trails.

PLDO funding still cannot be used for open space. The fees can be used for acquisition of land but not for maintenance or operation, and they can be used for replacement of playground equipment but not for the restoration of historic structures.

“It’s very specific how the funds can be allocated,” Baxter said.

A trail or pathway along Stage Coach Lane from Reche Road to South Mission Road is the top priority. Pathways are within the right-of-way of a road, and PLDO funding cannot be used for pathways. Trails are outside of the right-of-way.

Some of the Stage Coach Lane trail or pathway may be a pathway ineligible for PLDO funding. The planning group acknowledged that possibility but still designated the trail or pathway as the highest priority. “We wanted to continue to have the Stage Coach trail and pathway on the list so the county does know the importance of it,” said planning group chair Eileen Delaney.

The second-highest priority is also a trail or pathway which would be along Gird Road between Reche Road and State Route 76. “This will be a connection someday to the San Luis Rey River Park,” Baxter said.

Skate park improvements were next on the priority list followed by sports courts and fields. The final item on the priority list is a recreational water facility such as a splash pad. The recreational water facility has not previously been on the planning group’s PLDO priority list.

“It will be a good addition to the priority list,” Baxter said. “I think there’s nothing more fun than playing in the water on a hot day.”

Give From the Heart this Holiday Season

In 2022, well over 311 kids were adopted by local individuals, families, churches, and organizations. Adopt-A-Family is a special program that the Fallbrook Food Pantry has been doing for more than 25 years. Uniting families living at or well below the Federal Poverty Level with those who can and would like to share in the Spirit of giving.

This year, the Fallbrook Food Pantry is adjusting the Program and asking for gift card donations. COVID-19 has brought lots of obstacles for our families...with inflation prices reaching the roof, unaffordable rent, and food prices skyrocketing, we want to give a chance to the families to shop according to their needs. They now more than ever need your help.

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SIGNAL
from page A-1

traffic survey revealed a two-way average daily volume of 10,570 northbound vehicles on South Mission Road south of Green Canyon Road; 10,230 southbound vehicles on South Mission Road north of Green Canyon Road, and 1,160 westbound vehicles on Green Canyon Road east of South Mission Road.

The speed limit on South Mission Road at Green Canyon Road was 50 mph. South Mission Road was classified as a Boulevard in the Mobility Element network of the county’s general plan.

Two years later, on Oct. 28, 2016, the county’s TAC recommended that the intersection of South Mission Road and Green Canyon Road be placed on the county’s Traffic Signal Priority List. Caltrans passed the project with eight members present and voting in support of the signal, which sent the proposal to the county board of supervisors for a final vote.

On Jan. 11, 2017, the supervisors added the Green Canyon/South Mission Road project to the list of intersections where traffic signals would be installed when funding and design issues allowed.

This added the signal to the Traffic Signal Priority List, which is based on priority points rather than the length of time on the list determining the next intersection to be signalized when funding becomes available.

Priority points are based on vehicular volume, pedestrian volume, flow interruption reduction, hazard reduction, coordinated movement potential, and special conditions. The county’s DPW reviews intersections on the priority list annually to revise priority points. Design readiness issues may allow a lower-ranked intersection to be signalized first, as can grant funding for a specific intersection.

During that Jan. 11, 2017 Board of Supervisors meeting, Jeannine Huffman spoke about losing her father in an accident at that intersection.

Village News reported that on the morning of Dec. 15, 2016, Bonsall resident Patrick Germon was killed when he attempted to make a left turn from Green

Canyon Road onto South Mission Road and was hit by a vehicle traveling along South Mission Road.

“We ask that you pass it for Fallbrook,” said Huffman. “We’ve lost too many lives.”

Germon and his wife, Elizabeth, had been married for 45 years. “This is something not only for us, but anybody who goes there,” Elizabeth Germon said. “There are quite a few people in Fallbrook that are very concerned about this.”

Huffman informed the supervisors that two additional accidents at that intersection occurred after her father’s death.

On Aug. 25, 2020, the Board of Supervisors approved San Diego County’s fiscal year 2020-2021 budget which included funding for traffic signals at the intersections of East Mission Road and Santa Margarita Drive, South Mission Road and Green Canyon Road, and Old Highway 395 and Rainbow Glen Road.

The Old Hwy. 395 and Rainbow Glen Road signal, as of printing, was supposed to go live on Thursday, Dec. 1, 2022.

The traffic signal at Green Canyon has caused many traffic backups, sometimes from the signal all the way down to River Village and Hwy 76.

The next story will include what DPW is doing to calibrate or set the timing on the signals to decrease traffic on South Mission.

Most of the information in this story was taken from several stories over the last eight years by award-winning journalist Joe Naiman who covers county issues for the Village News.

Chamber donates proceeds to food pantry



The Fallbrook Chamber of Commerce presents the Fallbrook Food Pantry with its portion of the proceeds from its Charity Golf Tournament in October, from left, Anne Klentz, Jackie Toppin from the chamber and Shae Gawlak, director of the food pantry. The donation was \$2,000.

GETTYSBURG
from page A-1

settled in Fallbrook and served as pastor of the Methodist Episcopal Church, which still stands on the corner of Mission and Fig.

Following the Remembrance Day ceremonies, members of the Civil War organization unveiled a collection of historic memorabilia, including Pittenger’s sword and his handwritten journal, that are on permanent loan to the historical society.

“These priceless mementos were procured by my dear friend, the late attorney Phil Arnold,” explained Sayre. “His estate has agreed to appropriately house them at the historical society. It’s where they belong.”

The event concluded with a generous donation presented to the historical society by Camp Commander John Kennan, in recognition of the organization’s “outstanding efforts to preserve the history of Fallbrook and its many honored veterans.”

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Yellow Jackets defeat Warriors for CIF grid championship



Fallbrook's wide receiver Peyton Van Eik carries the ball into the end zone to bring the Warriors score to 14-28 in the third quarter.



Warrior Anthony Thomas Jr. receives the CIF sportsmanship award along with a Yellow Jacket player.

Joe Naiman
Village News Reporter

Palo Verde Valley High School defeated Fallbrook High School to win the CIF San Diego Section Division IV football championship.

The Yellow Jackets scored on five of their nine possessions in the 33-14 victory Nov. 25 at Escondido High School. Two of the other four possessions ended as the half expired; Palo Verde only punted twice and did not turn the ball over.

"They earned it," Fallbrook coach Ross Johnson said of the Yellow Jackets' championship. "They've got a great team over there."

Fallbrook was given the top seed in the CIF Division IV playoffs. Palo Verde was seeded seventh. The Yellow Jackets had a first-round home game against 10th-seeded Mount Miguel and won that by a 36-27 score. Palo Verde then won a 27-21 quarterfinal at second-seeded La Jolla Country Day and a 35-15 semifinal at third-seeded Coronado. The Yellow Jackets thus not only defeated the three top seeded teams in the Division IV playoffs but also made the trip from Blythe for all three games.

"They're a tough team," Johnson said. "They're lightning fast."

Palo Verde Valley did not throw a pass the entire game. The 10 plays following the return of the opening kickoff gained 65 yards. An 11-yard run by Markus Macon with 6:37 left in the first period gave the Yellow Jackets their first touchdown, and Joshua Perez kicked the extra point for a 7-0 score.

Fallbrook gained six yards on the Warriors' first three offensive plays. A 58-yard Josh Gomez punt started the next Yellow Jackets possession on their own 4-yard-line, but only six plays were needed for Palo Verde to gain those 96 yards for the touchdown. Macon ran 26 yards into the end zone with 2:07 left in the first quarter and Perez made the score 14-0 with his conversion kick.

On the Warriors' next possession, a 36-yard pass from Evan Thomas to Peyton Van Eik advanced the ball to the Palo Verde 20, but a bad snap on the next play cost the Warriors 12 yards. The next two plays gained seven yards, but Thomas' fourth-down pass was broken up for a turnover on downs. Two plays later Macon gained 57 yards on a carry to move the ball to the Fallbrook 16, and on the play after that, Xzavier Bejarano ran the final 16 yards into the end zone. The kick for the point after was low, maintaining the 20-0 score.

The kickoff was out of bounds, giving the Warriors possession at their own 35. Chris Bausch then gained 10 yards on the next two plays. He also incurred what is believed to be a broken rib and did not play for the rest of the game.

Bausch and Alan Leon were normally Fallbrook's starting halfbacks. After Bausch's injury, Jackson Christopherson complemented Leon. "Jackson could be a number one running back for a lot of teams in the

county," Johnson said. "He did everything that we expected him to do."

After a one-yard loss, Leon and Christopherson combined for nine carries to gain the necessary yardage for the touchdown. Christopherson crossed the goal line on a one yard run with 4:21 remaining in the half. Gomez kicked the extra point to reduce the Yellow Jackets' lead to 20-7.

Six plays following the kickoff gave Palo Verde Valley a touchdown with 1:44 left in the half. Bejarano scored on a three-yard run.

Fallbrook lost three yards on the first play following the second-half kickoff, and after a two-yard gain, Thomas threw 24 yards to Sam Bruton for a first down at the Palo Verde 42. Christopherson then had rushing gains of 6 and 16 yards to bring the ball to the 20. Although the next three plays gained only three yards, Thomas found Van Eik in the end zone on the fourth-down play and threw a 17-yard touchdown strike with 7:03 left in the third period. Gomez made the score 26-14 with the conversion kick. The 65-yard scoring drive required nine plays.

The first Palo Verde run after the kickoff return was a two-yard loss, and the Warriors' defense then held Palo Verde for no gain. The only Palo Verde passing play of the game ended with a Kaleb Collings sack for a nine-yard loss rather than with a throw.

"It was just a good experience," Collings said. "It was just a really big thing for me."

Fallbrook obtained two first downs after the Yellow Jackets' punt but lost a fumble. "It was unfortunate that we were a little sloppy with the ball tonight," Johnson said.

Palo Verde ran the final three plays of the third quarter and the first 12 plays of the fourth period during the 66-yard scoring drive which included a fourth-down conversion and a one-yard touchdown run. Perez kicked the extra point to give Palo Verde Valley a 33-14 cushion.

The win gives Palo Verde Valley a 13-1 season record and also gives the Yellow Jackets two consecutive CIF championships. Last year Palo Verde, Fallbrook, and Mission Valley were all in Division V; Palo Verde defeated Fallbrook in a semifinal and Mission Bay in the 2021 championship game. This year, Fallbrook reached the CIF Division IV final with a 21-3 semifinal triumph over Mission Bay which followed a 47-21 quarterfinals win against Francis Parker. Fallbrook finished the season with a 9-4 overall record, and the Warriors were 4-1 in Valley League play to share the league championship.

"We're really proud of the team overall," Johnson said. "We had a really good run this year."

Johnson was an Escondido High School assistant coach for 14 years before becoming the Warriors' head coach this year. "It was a very fun first year, and hopefully we'll be able to build on some of the success we had this year," he said.



Fallbrook's Joshua Gomez kicks an extra point after the Warrior's second touchdown.



Quarterback Evan Thomas, #8, hands the ball off to running back Alan Leon, #18, who will run the ball for the Warriors.



Warrior Jackson Christopherson runs the ball, dragging a Yellow Jacket with him..

HEALTH

The Office of Traffic Safety and Caltrans encourage you to ‘go safely’ this holiday season



ON: Between holiday shopping, festive outings and gathering with loved ones, there are several opportunities to “Go Safely” while traveling this season. Village News/Metro photo

SAN DIEGO COUNTY – As the holiday season approaches, the Office of Traffic Safety and Caltrans want to make sure drivers are prepared to travel safely. Between holiday shopping, festive outings, and gathering with loved ones, there are several opportunities to “Go Safely” this season. Even as the days get cooler and shorter, it seems residents’ calendars are busier than ever. Attend all those holiday gatherings safely by planning ahead before getting behind the wheel. Drowsy, impaired and distracted driving are deadly – but they are also preventable. The National Highway Traffic Safety Administration estimated that in 2020, 633 people lost their lives to drowsy driving. Studies have shown that drowsy

driving can impair your ability to drive in the same way that drinking and driving does. The best way to prevent drowsy driving is to recognize the signs. Yawning, daydreaming, missing an exit and drifting from a lane are all signs that a driver needs to pull over safely and rest up. Even a quick 30-minute nap can do wonders to refresh a driver before the next leg of their trip. It is important to get enough sleep, take a break every two hours or 100 miles and avoid alcohol or medications that can make them sleepy. While preparing for celebrations this season, remember to prepare holiday safety plans as well. Driving under the influence of alcohol or drugs is a deadly choice, so plan accordingly. Designate a sober driver or schedule a rideshare to get home safe and sound. When hosting a party, don’t let friends or family drive impaired. Ensure that all guests have a designated sober driver or alternative, sober transportation to get them safely to their destinations. If a driver suspects that another driver may be driving impaired, call 911. It could save a life. It can be easy to get caught up in the busy holiday schedules, but make sure to also take the time to limit distractions while

driving. Silence that cell phone and concentrate on the road as driving conditions tend to worsen in the winter months. When texting behind the wheel, the amount of time a driver’s eyes are off the road averages five seconds. When driving at an approximate speed of 55 mph, a driver could essentially cover the length of a football field, blindfolded. The text can wait until they safely arrive at their destination – silence that phone and focus on the road. Though it seems people are constantly on the go during the holidays, take some time to remember the home safety plan. Rest up. Don’t drive drowsy and take breaks from driving every two hours or 100 miles. If celebrations include drinking, designate a sober driver and never let friends or family drive under the influence. If someone sees a drunk driver on the road, call 911. Limit distractions, silence your phone and focus on getting to and from destinations safely. Drowsy, impaired and distracted driving are all preventable. Make sure to be prepared so everyone can “Go Safely” this holiday season. For more safety tips, visit <http://www.gosafelyca.org>.

Active tuberculosis reported at California State University San Marcos

County News Center
County of San Diego
Communications Office

Students and staff at California State University San Marcos may have been exposed to tuberculosis (TB) during this Fall Semester 2022 session, the San Diego County Health and Human Services Agency announced Nov. 23. HHSA Public Health Services and CSUSM officials have worked in close collaboration to identify and notify those with a higher risk of exposure to tuberculosis and will be providing no-cost testing to individuals at increased risk for infection. The period of exposure was from Aug. 30 to Nov. 8. Tuberculosis is an airborne disease that is transmitted from person to person through inhalation of bacteria from the air, which spreads when someone sick with TB coughs, speaks, sings or

breathes. People with frequent and prolonged indoor exposure to a person who is sick with TB should get tested. “Symptoms of active TB include persistent cough, fever, night sweats and unexplained weight loss,” said Wilma J. Wooten, M.D., M.P.H., county public health officer. “Most people who become infected after exposure to tuberculosis do not get sick right away. Some who become infected with tuberculosis will become ill at some point in the future, sometimes even years later. Blood tests and skin tests are effective to determine whether someone has been infected. All those notified of a high risk of exposure are encouraged to receive no-cost testing.” Effective treatments are available to treat people who are sick from active TB. It is especially important for individuals with symptoms of active TB and those

who are immune-compromised to see their medical provider to rule-out active tuberculosis, and to discuss treatment. People who test positive for TB but who don’t have symptoms of active TB should get a chest x-ray and talk to a medical provider, as they most likely have “latent TB infection” or LTBI. People with a latent TB infection are infected with the TB germs, but the infection is essentially dormant or sleeping. Taking medicines for latent TB infection, or LBTI, can prevent people from getting active TB in the future. Individuals who would like more information on this potential exposure should contact: Cal State San Marcos: email csumasone@csusm.edu County TB Control Program at 619-692-8621 The number of annual TB cases in San Diego County has decreased since the early 1990s



Skin tests are effective to determine whether someone has been infected with tuberculosis. Village News/CDC.gov photo

and has stabilized in recent years. There were 192 cases reported in 2020 and 201 cases 2021. As of the end of October, a total of 150 cases have been reported

this year. An estimated 175,000 people in San Diego County have latent TB infection and are at risk for developing active TB without preventive treatment.

Silvergate Fallbrook hosts Alzheimer’s Association discussion on ‘10 warning signs of dementia’

FALLBROOK – Seniors looking to understand the difference between age-related forgetfulness and memory loss that leads to dementia turned out for an informative presentation by the Alzheimer’s Association of San Diego on Nov. 17 at Silvergate Fallbrook. The organization walked attendees through the “10 Warning Signs of Alzheimer’s Disease” in order to familiarize family members with what behavior to watch for in their loved one and when remaining alone in the family home may be no longer be a safe option. “Caregiving for a loved one who is living with Alzheimer’s disease, dementia, or memory loss at home is often overwhelming and exhausting for family members,” said Patricia Martinez, executive director for Silvergate Fallbrook. “We partnered with the Alzheimer’s Association to share resources with seniors and their families in order to help them assess a loved one’s cognitive status and navigate the path to better care, which is all anyone wants for their mom or dad.”

Speaker Rebecca Turman, program and education specialist for the San Diego Chapter of the Alzheimer’s Association, gave attendees a comprehensive overview of the top 10 warning signs to watch for as well as an update on the latest research under development for families concerned about a loved who may be experiencing the onset of Alzheimer’s disease or dementia. According to the Alzheimer’s Association, key signs to look for include: 1. Memory loss that disrupts daily life 2. Challenges in planning or solving problems 3. Difficulty completing familiar tasks 4. Confusion with time or place 5. Trouble understanding visual images and spatial relationships 6. New problems with words in speaking or writing 7. Misplacing items and losing the ability to retrace steps 8. Decreasing or poor judgment 9. Withdrawal from work or social activities 10. Changes in mood and personality

Turman continued, saying that although the scientific community is no closer to a cure, early detection is now possible and depends largely on seniors being assessed by a physician at the onset of one or more of these key warning signs. Families are encouraged to note what they’re seeing, become educated and seek guidance from trusted sources like the experts at the Alzheimer’s Association and Silvergate. “I came to this event today to become more acquainted with this troubling disease because my father is starting to experience memory loss issues that have me concerned,” said Eugene Capitano, Jr., who lives in Fallbrook and accepted Silvergate’s invitation to hear about what constitutes symptoms versus what can be considered normal challenges with aging. “The information presented was really helpful. I hope other families who have the same concerns about loved ones educate themselves at events like this or talk with one of Silvergate’s experts.” Guests also heard from Greg Petree, president of AmeriCare Health & Retirement – Silvergate’s parent company. “Although we all continue to hope for a cure to Alzheimer’s in our lifetime, until that day, what we do know is that there is a lot seniors can do now to help delay the onset of dementia-like symptoms. Staying active, developing new friendships, continual learning, and proper nutrition all help the brain stay healthy. Independent senior living communities like



The “10 Warning Signs of Alzheimer’s Disease” were explained by Alzheimer’s Association educator, Rebecca Turman, at a recent Memory Care Lunch & Learn event at Silvergate Fallbrook.

Silvergate Fallbrook specialize in just that.” After the presentation, guests were invited to book an appointment to tour Silvergate’s Memory Care Suites, a separate building on the property specifically designed for seniors diagnosed with Alzheimer’s and memory loss. Participants were introduced to Silvergate’s unique concept of “neighborhood” design which provides a more personalized, home-like environment where residents enjoy the highest level of comfort, engagement, and supervision without the possibility of wandering in corridors or long hallways. With one of the highest caregiver-to-resident ratios in the

senior living industry, Silvergate Fallbrook’s experienced memory care team provides high-touch care 24 hours a day, seven days a week. With more eyes on fewer residents, families can rest assured that the greatest standard of care and the highest level of supervision will ensure the safety and security of a loved one residing at the community’s Memory Care Suites. For those actively looking for a proven memory care solution for their loved one, families can call Helen Gray, marketing director for Silvergate Fallbrook, at 760-728-8880 for more information about the community’s Memory Care Suites or visit www.SilvergateRR.com/FB. Submitted by Silvergate Fallbrook.



Nearly at capacity, Silvergate Fallbrook is currently taking final reservations in its Memory Care Suites building. Village News/Courtesy photos

Naturopathic insight with food antibody testing, more

Shelby Ramsey
Special to the Village News

Are you familiar with allergic reactions to food? You know, when someone eats a particular food then immediately breaks out with a rash, has trouble breathing, or becomes ill? Those are very obvious.

What about foods you ingest that create a delayed reaction within your body? How do you know that a food is giving you a problem if the reaction isn't immediate?

Dr. Kaycie Grigel, ND, is well-versed in this as she has been working with patients in naturopathic medicine since 1999.

The key to understanding how a food can create a delayed reaction in the body is antibodies. "If you're not familiar with antibodies, they are something your immune system produces to tell your body to have a reaction," she said.

Grigel performs specific testing for these. "It's called IgG: That's a delayed sensitivity antibody."

How delayed could these sensitivities/unpleasant symptoms appear? She said, "You may eat something and ... you may not react for a few hours or even a couple of days."

If you're one that has constant and ongoing inflammatory issues – Grigel said this testing can be a rewarding one, resulting in positive change.

Some of the common symptoms her patients come in for include "chronic skin issues – like itchy eczema, any chronic joint or muscle pain; migraines certainly can fall into that category," she said.

For individuals who live with migraine, she confirmed that migraine "often has that underlying inflammatory component."

There are a multitude of symptoms that the food antibody testing can provide much clarity on. For example, those who experience:

- Chronic digestive issues
- Chronic allergies
- Chronic sinus infections
- Asthma

Grigel said she has found "even taking out common allergens will relieve things like fatigue for folks."

The food antibody testing can be done using 96 different foods or a broader test is available with 144 foods. It is performed via a blood test.

When asked what has been the most surprising food(s) out of the 96/144 upon receiving testing results that patients would never have guessed could be the culprit of their unpleasant immune reactions, her answer shocked me.

"The #1 allergen which people are sometimes unaware of is egg."

This is more complicated than one might initially think. As "eggs are sneaky because they are not just scrambled or fried, but they are in all sorts of baked goods; there are components of eggs put into all sorts of processed goods," she said.

Of course many of us are aware that dairy and gluten play a role in a lot of individuals' immune reactions. She confirmed those two are quite common to see in individuals' results.

But the food antibody testing results frequently return elevated amounts when it comes to "almonds, bananas or things people put frequently in their breakfast or lunch but may not have an immediate [thought like]: 'Oh yeah, that's an allergen too.'"

When individually reflecting, it may be hard to figure out why your stomach is upset or why you experienced a different unpleasant reaction when it potentially could have been a small baking ingredient from two days prior. Now might be the time to examine ingredients.

When undergoing the more expansive (144 foods) testing, it takes a look at vegetables, quinoa, nuts etc. Getting a clear picture of 12 dozen foods is magnificent and could really serve as a powerful catalyst when compiling our meal plans to adhere to what best suits our internal system.

Grigel's priority, she said, is to "help optimize hormone function by supporting whole body health."

A few of the conditions she works with include hormone imbalance following breast cancer treatment, hypothyroidism, adrenal fatigue and burnout, menopause, and anxiety.

Grigel worded it succinctly, "We are looking for this long-term healthy journey." She uses a multitude of tests, depending on the individual's symptoms.

Another option she uses is



Dr. Kaycie Grigel

neurotransmitter testing. This "is a test that looks for metabolites" via urine samples. The neurotransmitter testing "measures the chemicals in your brain that influence mood, energy, wakefulness etc."

Educating us on metabolites, Grigel explained, "Metabolites are found in the urine [and are] chemicals that your body breaks down."

Results from neurotransmitter testing offer patients the ability to take actionable steps to aid in their wellness.

What exactly are practitioners analyzing within the results? "One of the really important things about hormones and neurotransmitters is they have to balance relative to one another," Grigel said. This involves them looking "back at the biochemistry."

"One of the great things about the neurotransmitter testing is that when we look at these metabolites, we can see what's elevated relative to one another (in terms of elevated or depressed) [regarding] all these different neurotransmitters that [a person] makes," she said.

Through this testing and post analysis, remedial options may include suggesting "extra vitamins, minerals, or other sort of components of the neurotransmitters themselves, to build more or balance out the different levels for folks." This is of course on a patient-by-patient basis with a practitioner.

When we look at the tools at our disposal for our overall health – do you draw from many different pockets? Many of us have primary care available, along with the general diagnostics our health insurance companies are willing to cover a portion of costs for; we each choose our daily habits and influences (food, movement, stress, sleep); and then there is (certainly last but not least) natural remedies like Grigel's practice offers.

As you continue to learn more about the featured testing in this article and how quickly the unpleasant symptoms you may have been experiencing for years could be flipped on their head – in a very short time period – it is my hope that it inspires you and your inner circle to seek out consultation and/or continued care from a naturopathic provider.

Taking a cursory review at these types of tests that are offered by naturopathic providers may open up a new, helpful window.

The type of tests offered by Grigel and other talented naturopaths can help "find things that are out of balance [in a person] and then we can really move forward to help people feel better in a more profound way," she said.

Once again, stress emerges as a major player in one's health.

"As we all know, stress is a very big component of our modern lifestyle," said Grigel. "And we all are impacted by the stressors that come with our modern life."

The stress center within the human body is our adrenals, she said. "They make all our hormones that are associated with the stress response."

The neurotransmitter testing offers a plethora of information and can "certainly start to elucidate the health of our adrenal glands," Grigel said.

This is where adaptogens come into the conversation. "An adaptogen is any sort of vitamin or supplement that will help your adrenals get stronger and our adrenals are our stress centers," she stated.

If you've been wondering whether to incorporate adaptogens into your wellness regime, Grigel said, "Adaptogens are really, really valuable for healing up the adrenals."

There are three types of adaptogens she uses in practice:

- Relaxing adaptogens: "Generally botanicals that we can use that will help our adrenals to get



Food can cause delayed allergic reactions through antibodies.

Village News/Courtesy photos

healthier, by telling them this is a good time to rest"

- Balanced adaptogens: "That help the adrenals get a little more energy, but also just help keep them getting healthier over time"
- Stimulating adaptogens: "Almost a little more coffee-like that they give you energy at the time. [These tend to be] particularly for people who are extremely fatigued."

The interesting thing about adrenal glands is it's "an overarching condition – adrenal fatigue," she said. And "It's not an on or off sort of a thing; it's a process."

The adrenals are two glands that sit atop the kidneys. "Adrenal glands produce hormones that help regulate your metabolism, immune system, blood pressure, response to stress and other essential functions."*

Grigel simplified the stages of adrenal fatigue:

- Earlier in the process: "A lot of times your adrenals are over-functioning" and symptoms can include feeling anxious, having trouble sleeping, your brain having difficulty calming down, or feeling overwrought. Her approach: Relaxing adaptogens.
- Later in the process: "People just get exhausted" from "this prolonged stress for over a long period of time." Her approach: Stimulating adaptogens.

A test in her practice she really places high regard on is stool testing, specifically microbiome testing.

The National Institute of Environmental Health stated, "Microbiome is the collection of all microbes, such as bacteria, fungi, viruses, and their genes, that naturally live on our bodies and inside us."

Stool testing, i.e. microbiome testing, looks at three things:

- 1) Beneficial flora – What is "supposed to be growing [i.e.] probiotic bacteria."

When analyzing a person's beneficial flora, Grigel said it makes it really nice that if it is low, she can easily match you with a probiotic that is a good individual fit to "grow your microbiome." This is instead of the alternative of trying various probiotics wondering if they are really helping you.

- 2) Dysbiosis bacteria – What can "make you sick" – think along the lines of yeast.

At this sector, Grigel said it entails testing "both prescription and natural types of microbials against that stool sample" in order to pinpoint what is growing there and approach appropriate treatment.

As she said, "It's really nice to get that specificity."

- 3) Imbalanced flora – "Which won't make you sick but can indicate that your microbiome is out of balance."

There are many contributors to our healthy/unhealthy levels of microbiome. A few include what we consume, any medications we take, stress, our environment, and the way in which we were born.

"Our diet absolutely impacts our microbiome because we have to eat [certain items] to grow a healthy microbiome," she said. Helpful foods that have healthy bacteria include fermented foods like kefir and yogurt, she said. In addition, fiber is important as that is "what our microbiome likes to eat."

Any prescription medications we take, whether short or long term, "can definitely impact the microbiome, especially if taking a bunch of antibiotics," Grigel said.

And never to be overlooked by its powerful impact, "Stress itself will decrease the microbiome," whether it be environmental, chemical, or just feeling stressed.

Understanding how full circle microbiome really is, she explained that "our first exposure

a huge difference." Of course if your system gets out of balance, re-testing a year or more later is always an option.

With plentiful experience in naturopathic medicine, Grigel is passionate about women's health, in particular hormonal health.

One of her priorities is helping women "get back to health after breast cancer treatment." The numbers alone are staggering as "1 in 8 women will have breast cancer in the US (12.5%)," she said.

Grigel said, "There are so many good, natural options after you go through [breast cancer] treatment" to get back to a natural state of balanced health.

"Hormones play a very big piece of the puzzle," she said. Grigel is a breast cancer survivor herself.

For interesting reading, Grigel's website is <https://www.goldenholisticmedicine.com/>.

She also said that the Natural Medicine Journal is an up-to-date reliable source on the latest research.

"I know it can be very frustrating and feel very lonely to figure out what is going on for you," she said. But "having some of these more nuanced types of tests can really make a difference in finding your path back to health." *<https://www.hopkinsmedicine.org/health/conditions-and-diseases/adrenal-glands#:~:text=Adrenal%20glands%2C%20also%20known%20as,stress%20and%20other%20essential%20functions.>

Shelby Ramsey is the author of the blog, thehonestmigraine.com, which features interviews with patients and medical experts.

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*Submitted by Fallbrook Encore
Club.*



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Sun, Wed	4:30pm	7:00pm	
I HEARD THE BELLS NYR			
Sat, Sun	4:00pm		
STRANGE WORLD PG			
Fri, Mon, Wed, Thurs	5:00pm	7:20pm	
Sat, Sun, Tues	1:05pm	5:00pm	7:20pm
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Sat, Sun, Tues	1:00pm	4:05pm	7:10pm
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Fri, Mon, Thurs	4:15pm	7:15pm	
Sat, Tues	1:15pm	4:15pm	7:15pm
Sun	1:15pm	7:15pm	Wed 7:15pm
MENU R			
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Sat, Tues	1:20pm	7:25pm	
Sun	1:20pm		Wed 4:45pm
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Newcomers have fun at their fall event

FALLBROOK – It was a night to remember at the Fallbrook Newcomer’s Rootin’ Tootin’ Fall Event. A backyard shindig like none other was held at the home of Barbara and Steve Fowler. Complete with a (rubber band) shooting gallery, saloon, saloon girls and plenty of rustlers ready to “shoot up the town,” howl at the moon and learn to line dance with all the pretty ladies. Good times were had by all.

Fallbrook Newcomers is a club dedicated to promoting fun and friendship among new residents in the community. With over 17 regular monthly activities, everything from pickleball, card games, golf, to cooking and book clubs, Newcomers has something for every interest and provides countless opportunities for meeting others and getting to know the community.

Meetings are held on the second Thursday of the month at Christ the King Church at 10 a.m. The Dec. 8 meeting will be a Festive Holiday Potluck Brunch featuring Fallbrook’s own Chorale Octet delighting members with carols and other holiday favorites.

Anyone who is a resident of Fallbrook, De Luz, Bonsall or Rainbow and wishes to learn more about Fallbrook Newcomers Club, to attend a meeting as a guest or inquire about membership can visit <https://www.fallbrooknewcomers.com> or send an email to fallbrooknewcomers@hotmail.com.

Submitted by the Fallbrook Newcomers Club.



A motley crew attends the Village News/Karen Portner Photography photos Fallbrook Newcomer’s Rootin’ Tootin’ Fall Event, from left, Ron Bruning, Les Luczyk, Vasilica Vacu, Doru Vacu and Steve Fowler.



Newcomers friends visit during chow time at their fall event, from left, Rose Marie Peralta, Henry Portner, Grace and Phil Vanderwerf, Carolyn and Rich Larson.



Guys and their guns at the Newcomers backyard shindig include, from left, Les Luczyk, Tom Moser and Ron Bruning.



The Saloon Gals are nine of the Newcomers at their western-themed event.

Pala Casino presents Leann Rimes – Joy: The Holiday Tour

PALA – Pala Casino Spa Resort will present international multi-platinum selling acclaimed singer and ASCAP award-winning songwriter LeAnn Rimes Thursday, Dec. 22, performing live indoors at the Events Center.

Rimes sold more than 48 million units globally, won two Grammy Awards; 12 Billboard Music Awards; two World Music Awards; three Academy of Country Music

Awards; two Country Music Association Awards and one Dove Award. At 14, Rimes won “Best New Artist” making her the youngest solo artist to take home a Grammy Award, and at 15, she became the first country artist to win “Artist of the Year” at the Billboard Music Awards.

Out of the 42 singles she has released throughout her expansive career, her ballad “How Do I Live”

holds the record as Billboard’s Hot 100 all-time No. 1 hit by a female artist and continues to rank No. 4 on Billboard’s “Greatest of All Time: Hot 100 Song.” Fifteen of her multi-genre singles are top-10 hits, including “Can’t Fight the Moonlight,” which went No. 1 in 11 countries.

In fall 2018, Rimes revealed a new EP for her fans titled “Re-Imagined” that featured five new

versions of some of her record-breaking hits, including an epic duet with the music icon Stevie Nicks. The Grammy-winning superstar also unveiled her first-ever live recording as an exclusive vinyl release in honor of the 2019 Record Store Day titled “Rimes: Live at Gruene Hall” where Rimes celebrated music of all genres. She released her latest studio album, “God’s work,” in September 2022.

The show will start at 8 p.m. Tickets are on sale now, with no service charge, at the Pala Box Office, www.palacasino.com and 1-877-WIN-PALA (1-877-946-7252). Tickets are also available at www.etix.com and 1-800-514-3849. Must be 21 or older to attend.

Submitted by Pala Casino Spa Resort.



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SPORTS

Warrior harriers 15th at CIF meet



Fallbrook's Jose Rivera is the lead Warrior in the CIF Division II race, in which he finished in 37th place, Nov. 12.



Sophomore Jaden Herrera, center, is on his way to a 73rd place finish in the CIF race at Morley Field.



Senior Drew Tegt, left, battles through an illness to stay in the 2.96 mile race and take 81st place.

Joe Naiman
Village News Reporter

The CIF San Diego Section cross-country championship meet took place Saturday, Nov. 12, on the Morley Field course in San Diego, and Fallbrook High School's boys finished 15th among Division II schools.

"I think we've had a pretty successful day today," Fallbrook head coach Marco Arias said. "I'm pleased. It actually made my day that we finished in that spot. Finishing up in the top 15, that's not bad. We beat some teams."

Division II had 19 teams. Cross-country team scores are obtained by adding the positions of a school's first five finishers; the sixth and seventh runners are not scored but can add points to other schools' totals. Fallbrook had 376 points. Southwest High School of El Centro had the 14th-place score of 366 points. Chula Vista High School placed 16th with 440 points.

The course was 2.96 miles. Mount Carmel High School senior Tom Bell won the race in 15 minutes, 16 seconds and 3 tenths. Fallbrook junior Jose Rivera finished 37th at 17:22.9.

"It was a good race. I pushed myself," Rivera said.

Rivera had not run cross-country before this year.

"Now he understands what it's going to take to make that next jump up," Arias said.

A time of 18:23.3 gave sophomore Jaden Herrera 73rd

place. Drew Tegt, who is a senior, had the 81st-place time of 18:45.0. The time for sophomore Timothy Rouse was 19:20.5, which was worth 91st place. Abraham Hughes took 94th place after the senior completed the course in 19:23.7. The 19:34.7 posted by junior Braden West gave him 99th place.

"For all these guys it was their first time running CIF," Arias said.

Fallbrook's seventh finisher, sophomore Daniel Wilson, was the lone Warrior to compete in both the 2021 and 2022 CIF meets. This year he finished 101st and had a time of 19:35.9. Wilson was also 101st in the 2021 CIF meet when his time was 19:37.8.

Two members of this year's Fallbrook team ran at the CIF championship meet last year, but current sophomore Connor MacMillan was too ill to run Nov. 12. Rouse and Tegt were battling illness but completed the course at the championship meet.

Hughes had been on the team for three seasons, but the CIF meet only allows seven runners from each school and Hughes had previously not been one of Fallbrook's top seven harriers.

"The one that had a great race was Abraham Hughes," Arias said. "When he came out to us he was a 10-minute miler."

Tegt, Hughes, Tyler Dudley and Daniel Macedo were the only seniors on this year's team.

"Pleased where we finished, but excited where we're going," Arias said.

Warriors chase the Tigers on court



Fallbrook's Ashton Hanna attempts to get the rebound during the varsity boys basketball game against Escondido Charter, Nov. 22.



Warrior Xavier Charland makes a drive to the net against an Escondido Charter Tiger.



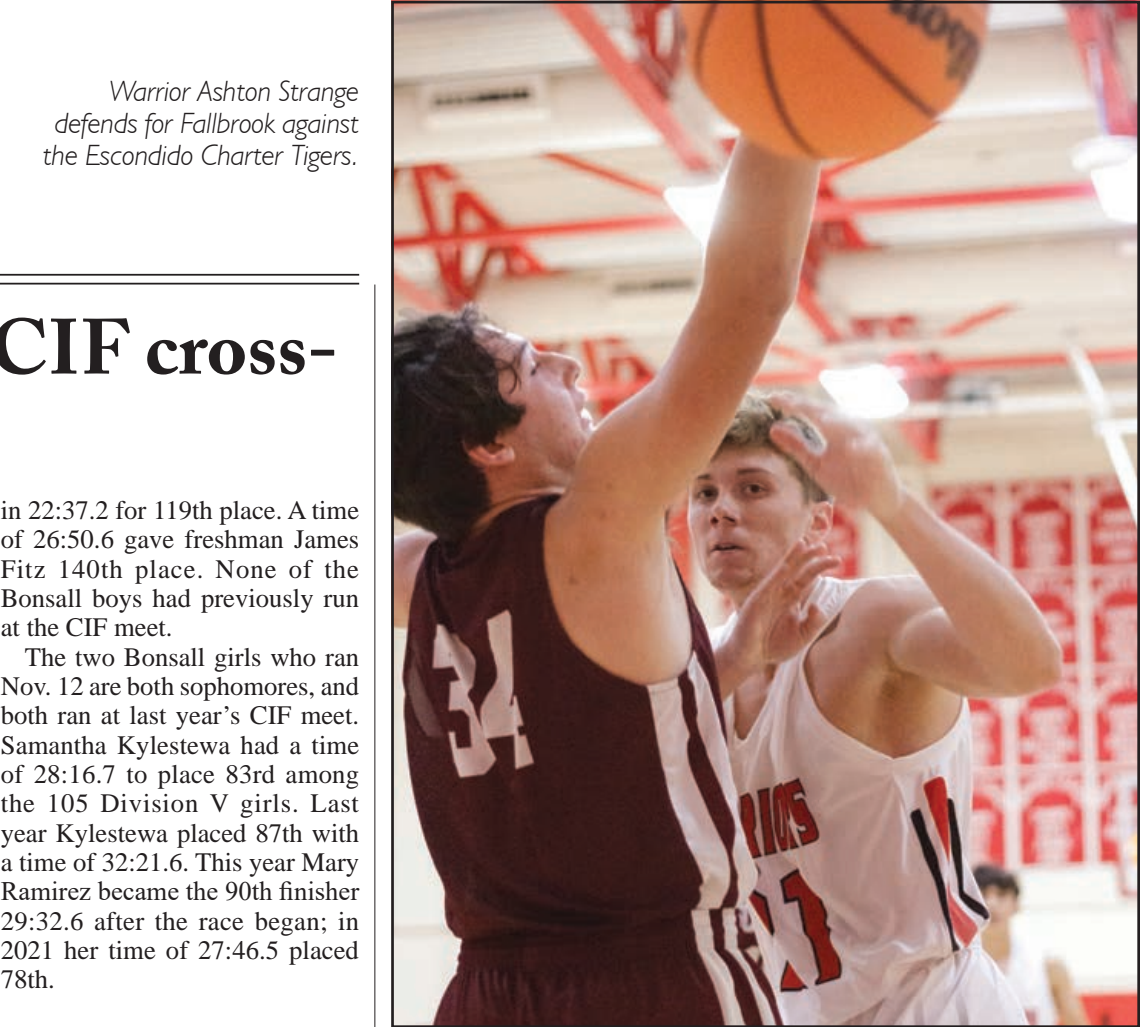
Warrior Samuel Carmona takes the ball to the net against the Tigers. Fallbrook lost the varsity boys basketball game, 75-55.



Fallbrook's Luke Moran takes a jump shot against Escondido Charter.



Warrior Cameron Johnson aims for the basket during the game against the Tigers.



Warrior Ashton Strange defends for Fallbrook against the Escondido Charter Tigers.

Six Legionnaires run at CIF cross-country meet

Joe Naiman
Village News Reporter

A minimum of five runners is needed for a cross-country team score, so Bonsall High School had no team score at the CIF San Diego Section cross-country meet Saturday, Nov. 12, at Morley Field in San Diego, but four Bonsall boys and two Legionnaires girls ran at the meet.

"I'm happy that we're here, participating, having a team," Bonsall head coach Manuel Ramirez said. "Proud of the ones who made it out and pushed through."

Both the boys and the girls utilized a 2.96-mile course. Bonsall participated in the Division V races.

"I'm proud of everyone's performance today," Ramirez said. "They finished strong despite not having a lot of hill training. Today they endured it."

The Division V boys race had 147 runners. Bonsall's first finisher, sophomore Devin Duke, took 75th place with a time of 19 minutes 43 seconds and 2 tenths. The 90th-place time of 20:31.5 was posted by junior Brayden Duke. Jason Martinez, who is a sophomore, completed the course

in 22:37.2 for 119th place. A time of 26:50.6 gave freshman James Fitz 140th place. None of the Bonsall boys had previously run at the CIF meet.

The two Bonsall girls who ran Nov. 12 are both sophomores, and both ran at last year's CIF meet. Samantha Kylestewa had a time of 28:16.7 to place 83rd among the 105 Division V girls. Last year Kylestewa placed 87th with a time of 32:21.6. This year Mary Ramirez became the 90th finisher 29:32.6 after the race began; in 2021 her time of 27:46.5 placed 78th.

Gearhart fifth in season’s final race, eighth in points standings

Joe Naiman
Village News Reporter

Barona Speedway’s season concluded Oct. 29, and Fallbrook driver Jeff Gearhart finished fifth in that night’s Pure Stocks main event and took eighth place in the season point standings.

“I was hoping for better, especially the last race of the season,” Gearhart said. “I was hoping to get a win in my rookie season.”

Gearhart won a heat race during his first year of racing but not a main event. His best main event finish was a third-place result July 23.

Heat races at Barona Speedway are eight laps. Gearhart began his Oct. 29 heat on the outside of the second row and finished third.

“I was OK with third in the heat. I was just trying to get a feel for the car since it had been a month since we raced,” he said.

Gearhart was also third in his Oct. 1 heat but finished 13th in that night’s main event. The Pure Stocks were on the Barona Speedway schedule for Oct. 15, but rain canceled that night’s races.

The Oct. 29 Pure Stocks main event was 20 laps on Barona’s quarter-mile dirt oval. Gearhart started on the inside of the third row and his finishing position matched his fifth starting position.

Polo Zetina was Gearhart’s crew chief this year and was the sole crew member assisting Oct. 29.

Barona Speedway had a Trunk or Treat activity Oct. 29 where the drivers handed out candy. Gearhart also brought his racecar to an Oct. 31 Trunk or Treat in Fallbrook at Servant Church and was joined by Sport Modified driver Jake Triska, who lives in El Cajon.

During the season Santee driver Rick Chavez accumulated 457 Pure Stocks finishing position points to win the 2022 track championship. Lucas Bond of Imperial Beach had the seventh-place total of 346 points. Gearhart had 341 points. The ninth-place driver, Greg Perry of San Diego, had 292 points.

The Pure Stocks had 12 Barona races in 2022 including two in which Gearhart did not compete.

“There was a potential 80 points that I could have gotten that I did not get,” he said. “Next year I plan on running every single race.”

Next year Gearhart will also incorporate the lessons he learned during his rookie season.

“I learned that I’ve never raced before in my life,” he said.

The 41-year-old Gearhart was raised in Valley Center and moved to Fallbrook three years ago. Although he attended Cajon Speedway races during his childhood he didn’t begin competition as a driver until this year after he discovered a 1999 Ford Crown Victoria for sale. Gearhart’s stepfather, Brian Griffin, raced at Cajon Speedway in the 1990s although Cajon Speedway was an asphalt track so Griffin’s driving experience didn’t necessarily translate to a dirt surface.

“I had to learn everything from scratch,” Gearhart said.

That included taking corners, braking, driving in traffic, and passing.

“There are just things that you learn with seat time, and I feel like I’ve learned a lot of that stuff this year,” Gearhart said.

The Pure Stocks are called Factory Stocks at Perris Auto Speedway, and Gearhart made his

racing debut March 19 at Perris and finished sixth in the main event. In Gearhart’s first Barona Speedway race April 2, he was sixth in his heat race and eighth in the feature. Six of Gearhart’s Barona Speedway main event finishes were in the top five.

The highlights of his rookie season also included all three of Gearhart’s children watching him race. Misty is currently 16, Keira

is 11 and Gavin is six.

This year Gearhart was sponsored by Dependable Alarm, El Cajon Ford, Griffin Designs, Guy Smith Welding, Ingrained Woodworking, Ken Krauss Trucking and Sam’s Alignment. He is hoping for more sponsor interest during the 2023 season.

The off-season activities for Gearhart also include rebuilding

the Crown Victoria.


“Now we’re going to start taking the car apart and rebuilding the motor and doing stuff different,” he said.

The Crown Victoria had previously been raced, and the motor had two seasons prior to this year.


“I ran it hard all year,” Gearhart said.

With three seasons on the motor Gearhart deemed that it should be rebuilt.


“I’m hoping that’s going to give me the little edge I need,” he said. “I’m hoping that with the improvements I do with the car this off-season that next year I’ll be a legit competitor for the win every single race.”




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Turkey Trot brings fun to fundraising



The first runner to arrive at the finish line of the Turkey Trot is Vern Cushenberry. Fallbrook Village Rotary hosted more than 250 runners in its annual 5k fun run, Nov. 24. Village News/Hannah Reynoso photos



Turkey Trot participants cheer as they cross the finish line, having fun as they raise money for local nonprofits.



Fallbrook's royal court is ready to greet runners when they arrive at the finish line at the Grand Tradition Estate and Gardens; from left are Miss Fallbrook Third Princess Briana Hernandez, Miss Teen Fallbrook First Princess Jasmine Hernandez, Miss Fallbrook Yareli Albino and Miss Teen Fallbrook Maya Khoury.



Mariko Palmieri is the first woman to finish the Turkey Trot 5k fun run that ran from the Grand Tradition through Los Jilgueros Preserve and back.



A runner and her two corgis finish the Turkey Trot 5k fun run with energy to spare.



Fisher Phillips is the second runner to complete the 5k course; the event raised more than \$10,000 which will benefit several local nonprofits, including the Fallbrook Land Conservancy and the Fallbrook Animal Sanctuary.



The third female runner to arrive at the finish line is Virginia Gissing of Fallbrook. Volunteers at the event included the Miss Fallbrook Court, the North County Fire Explorers, and members from Fallbrook Village Rotary, Fallbrook Land Conservancy, and Fallbrook Animal Sanctuary.

REAL ESTATE & HOME and GARDEN

Tips to cut back on holiday season food waste

Gig Conaughton
County of San Diego
Communications Office

‘Tis the season – for food!
But it’s also a time, as our holiday feasts run from Thanksgiving through New Year’s, that it’s easier than ever to waste food – when it’s served up but not eaten, or spoils before we can eat it.
The United States Department of Agriculture and County of San Diego estimate that up to 40% of the total food supply in the United States is wasted every year.
That can be really hard on your wallet. The Environmental Protection Agency estimates the average family of four spends \$1,500 a year on food they end up not eating. That also wastes the land, water, energy and things used to produce, transport, prepare and store food.

On top of all of that, food waste also worsens climate change.
That’s because when you toss organic matter – like food waste – into landfills to decompose, it creates methane, a greenhouse gas pollutant. The EPA says methane traps 80 times the heat carbon dioxide does and is responsible for roughly one-third of the warming from greenhouse gasses occurring today.
How can you help? Here are some simple steps you can take to stop wasting food, save money and help fight climate change.

Reduce wasted food – shop and plan wisely
The easiest way to reduce wasting food, during the holidays or just day to day, is to not cook too much, right? To help, plan ahead, shop smart and serve just enough food to make everyone happy. Of course, that sounds easy. But it can be hard to do. How do you know how much food is enough? SaveTheFood.com (<https://savethefood.com>) has a “Guest-imator” that can help you calculate how much food you need to prepare, based on how many people you’re serving and how much they typically eat, even for Thanksgiving. And yes, it can even calculate having leftovers if you want them.

Freeze or find ways to reuse leftovers
Of course, even the best planners can end up with leftovers sometimes, especially at a big event like Thanksgiving. But you don’t have to let them go to waste. If you have guests, provide to-go containers, or invite your guests to bring their own, so they can take leftovers home with them. Rethink your leftovers and use them as ingredients for new meals. Leftover meat and vegetables can make a great soup or casserole. Or turn mashed potatoes into potato pancakes. And of course, you can freeze leftovers to use in future meals.

Compost what’s left
And don’t forget to compost leftovers. If you don’t have your



own compost pile or bin, you can place any remaining food scraps and organic waste into your curbside green bin! (Note: If you do have your own compost bin at home, you probably want to avoid composting meats and bones; they can attract unwanted pests.)
Recycling and cutting down on wasting food can keep your pipes clean
Believe it or not, recycling and cutting back on wasting food can even protect your house. That’s because cooking oils and grease can gunk up your plumbing and

even cause sewage overflows if you discard them down your sink’s drain. Making sure you’re not over-preparing food can cut down on the amount of cooking oils you’re using. And keeping used oils out of your plumbing by collecting them and recycling them can keep your pipes clean and your house protected. Contrary to popular belief, mixing used oils with soap, or pouring hot water down the drain after discarding oils in the sink, doesn’t prevent fat clogs that can back up your pipes.
There are free drop-off locations for used cooking oils all around

the county. Just collect your used cooking oils in a secure container with a lid and label it “used cooking oil.” Don’t mix chemicals or other liquids in with them. To find the nearest drop-off location, visit the County’s Recycling and Household Hazardous Waste database, <https://WasteFreeSD.org>, or call 1-877-R-1-EARTH (1-877-713-2784).
To learn more about reducing wasting food, visit the county’s Solid Waste Planning and Recycling website, <https://www.sandiegocounty.gov/content/sdc/dpw/recycling.html>.

BUSD approves additional boring, time for soils and geotechnical testing contract for potential Citro school

Joe Naiman
Village News Reporter

The Bonsall Unified School District may be adding an elementary school on the Citro property and has contracted with Construction Testing and Engineering for soils testing and geotechnical services to determine whether a site on the Citro property

will be suitable for a school. The Nov. 19 BUSD board meeting included a contract amendment to address unforeseen conditions.
The 4-0 board vote, with Michael Gaddis absent, increases the boring depth from 20 feet to 34 feet, increases the contract amount from \$24,935 to \$39,435, and extends the contract end date from June 30, 2022, to June 30, 2023.

“This again is the school district doing its due diligence to ensure the feasibility of building an additional school on the Citro property to serve that community,” said BUSD Superintendent Joseph Clevenger.
The future Citro development was called Meadowood when the San Diego County Board of Supervisors approved the subdivision map which included 13 acres for an elementary school which will be built by the Bonsall Unified School District. The school district and Tri Pointe Homes are in negotiations for the acquisition of that land, and the specific location is still a closed session matter for the school board.
In December 2021, the BUSD board voted 5-0 to award the soils and materials inspection services contract to Construction

Testing and Engineering, which is headquartered in Escondido. The contract amount was \$24,700, and the school district budgeted a 5% contingency to cover unforeseen conditions.
The school district and Construction Testing and Engineering worked with Tri Pointe Homes to obtain access to the land being tested. “I appreciate Tri Pointe Homes. They’ve been very strong partners,” Clevenger said.
The Construction Testing and Engineering scope of work included researching available maps and literature on the site area, reviewing documents relevant to site history and development, coordinating with BUSD officials to mark out proposed exploratory borings, procuring a boring permit from the County of San Diego’s

Department of Environmental Health and Quality, drilling 10 exploratory borings to depths of 20 to 50 feet below the ground surface or until practical drilling is prevented by underground material, drilling five additional percolation test borings to a depth of five feet below the ground surface, backfilling the exploratory borings, logging and classifying virtually the materials encountered during the borings, performing laboratory testing on samples, and preparing a report.
Unforeseen conditions were discovered, and it became necessary to perform the additional borings to 34 feet in order to assess the rockfall hazard noted in the report provided by the Tri Pointe Homes and site percolation for stormwater management.

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BUSD approves contract for Phase II of Bonsall ES traffic improvements

Joe Naiman
Village News Reporter

Phase II of the Bonsall Elementary School operational traffic improvements will be constructed by Weir Construction Corporation.
The Bonsall Unified School District board voted 4-0 Saturday, Nov. 19, with Michael Gaddis absent, to approve a \$296,319 contract with Weir Construction. The amount matches the Escondido company’s bid and is under the engineer’s estimate of \$350,000 for Phase II of the traffic improvements.
“This will allow us to ensure that we’re maximizing the safety for our students as they come and go to school,” BUSD Superintendent Joseph Clevenger said. “It’s going to help with the ingress and egress of that traffic significantly.”
The work is intended to relieve traffic congestion around Bonsall Elementary School. In October 2021, the BUSD board approved an agreement with AlphaStudio Design Group to develop studies for improving traffic flow at the school.
AlphaStudio Design Group conducted field work comprised of visual observations to document the existing pickup and drop-off

traffic congestion conditions, compiled and analyzed the findings to determine deficiencies in the current traffic flows, held information gathering meetings with BUSD staff and outside agencies, identified potential revisions to automobile and pedestrian traffic patterns and drive improvements, provided a preliminary construction cost estimate and developed a report summarizing all findings and recommendations.
The Jan. 19 BUSD board meeting included a presentation by AlphaStudio principal architect Paul Gallegos on the operational plan which focuses on traffic flow on Old River Road and Camino Del Rey.
The plan included a vehicle entry left turn and a vehicle entry right turn on Old River Road, a future traffic circle at Old River Road and Camino Del Rey, a fire access lane to the Bonsall Community Center, a pedestrian crosswalk, a vehicle traffic flow dual lane for loading and passing, a drop-off and pick-up zone, a bollard barrier on each side of the drive, a vehicular gate 20 feet from Camino Del Rey, a signalized intersection at Calle de las Brisas which will be optimized at drop-off and pickup times and a vehicle

exit from Calle de las Brisas to Camino Del Rey.
The traffic flow optimization takes into account the Rio Estrella development, which was called Golf Green Estates when the subdivision map for 94 residential lots was approved, and the future Bonsall Community Park. Because a county park will be involved, the school district has been working with the San Diego County’s Department of Parks and Recreation as well as the county’s Department of Public Works and the office of County Supervisor Jim Desmond.
Performing the work in phases not only spreads out the expense over multiple fiscal years but also allows the work to be performed when school is not in session. The Phase I work was performed this summer. The pedestrian access improvements will be part of Phase II, and any improvements involving county right of way will need to undergo the county process.
The contract stipulates that construction will be completed by March 31, 2023. Substantial completion is estimated to occur by Dec. 29.
“We are again committed to ensuring the safety of our students and parents,” Clevenger said.

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Review of all things Real Estate: The third quarter earnings season just wrapped up, and yikkers, the reports are brutal!



Bob Hillery
CR Properties

Over the past few weeks, publicly traded real estate companies revealed how much money they made or lost between July and September, which was one of the most tumultuous times in recent housing history. Though mortgage rates have been rising for much of the year, they shot up past 6% during the third quarter, which at the time was a stunning development and far above what most experts had predicted at the beginning of 2022 when interest rates languished in the 3% neighborhood. Predictably, the rising rates also led to falling homebuyer activity. The result was that the third quarter made it abundantly clear that the housing market downturn would likely be more severe and last longer than many forecasts predicted.

The expectation was that most real estate companies’ earnings reports would be disappointing. But even with low expectations factored in, this quarter nevertheless delivered some shocking numbers. There were massive losses, a lot of dour predictions about the near future and the realization that there would be many requirements to cut costs. There were a few positive surprises as well, and not every company is feeling the pain to the same extent. But overall, this earnings season was the first detailed glimpse into the financial costs of the downturn, and the takeaway was that the housing industry is facing some serious challenges. Here are the biggest threads to come out of this season: iBuyers are facing an existential moment Probably the single most significant number that came out of this earnings season was \$928 million. That number, just shy of \$1 billion (with a “B”), is the amount that Opendoor lost in the third quarter alone. The company was quick to point out that the losses weren’t purely in cash, but rather were due to adjusting the valuation of the homes the company had in its inventory. Still, it’s a startlingly large loss which sent Opendoor shares plummeting to a new all-time low of \$1.46. Rival Offerpad reported earnings a day earlier, and revealed that it lost \$80 million; a much smaller number but also one that reversed several months of profitability for the second-largest dedicated iBuyer. That news also sent Offerpad’s shares tumbling.

These numbers highlight two issues for the iBuyers. The longer-term issue is whether or not the iBuying model works in a market where home prices are static or falling. Significantly, Redfin, the third of the remaining big three iBuyers announced this earnings season that it is shutting down its iBuying operations. CEO Glenn Kelman described iBuying as requiring “a staggering amount of money and risk for a now-uncertain benefit.” Similarly, Zillow’s Rich Barton said in his company’s earnings report that he’s glad to have abandoned iBuying last year. The second issue is more immediate: If the iBuyer’s can’t turn around their stock performance, they face the risk of getting kicked out of the stock market. That’s because if a company spends more than a month with shares trading below \$1, it can be delisted; something that would make it far harder to trade and attract investors, and which would be a devastating symbolic blow. Offerpad shares last rose above \$1 earlier this month. Opendoor’s shares haven’t fallen below the \$1 mark yet, but they’ve been heading in that direction and came dangerously close after this latest earnings report. Both companies’ share prices were up somewhat last Friday, but if iBuyers can’t entice Wall Street traders in a major way, they could be facing bigger problems sooner rather than later. This downturn may last a while While the downturn was a ubiquitous topic in this season’s earnings report, a number of executives also went on the record

with predictions of how long the hard times might last. Anywhere CEO Ryan Schneider, described “a challenging macro housing outlook for the rest of 2022 and 2023.” Compass CEO Robert Reffkin made a similar prediction, saying the housing market will “remain challenged during 2023 before returning to stability and growth in the future.” Zillow CEO Rich Barton described both near and medium term “headwinds.” CR Properties Real Estate

Services Broker/owner (that would be me) thinks that the market will be challenging for sellers but with market awareness, proper pricing and awareness of the value of concessions to buyers, the market will still be “winnable” for both sellers and buyers; particularly if the interest rates continue their recent downward trending. All parties will need to be cooperative, respectful, and negotiable but there can be win-win real estate transactions in our future.

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SOLD

3652 Flowerwood Lane, Fallbrook

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REVERSE MORTGAGES

Supervisors approve time extension for Bonsall Oaks

Joe Naiman
Village News Reporter

The San Diego County Board of Supervisors approved a time extension for the Bonsall Oaks development.

The supervisors’ 3-0 vote Wednesday, Nov. 16, with Nora Vargas and Terra Lawson-Remer absent, extended the deadline to complete the infrastructure improvements to Nov. 16, 2024. The performance completion date is when road, water, sewer and other infrastructure improvements must be completed although homes or other lot improvements themselves are not required to be completed by that date.

The project was called the Polo Club in 1999 when the county board of supervisors approved a final map to subdivide the 449.54-acre parcel on the north side of Gopher Canyon Road at Vista Valley Road into up to 165 dwelling units with two open space lots. The development was conditioned to obtain permits from the U.S. Army Corps of Engineers, the U.S. Fish and Wildlife Service, the California Fish and Wildlife Service and the Regional Water Quality Control Board before construction could begin.

The ownership negotiated with the regulatory agencies, and the project has undergone multiple design changes so that the required permits could be obtained. The subdivision was renamed Bonsall Oaks when Bonsall Oaks LLC agreed to purchase the project from Vista Villas Development L.P.

Bonsall Oaks will be constructed in phases. Phase 1 consists of a winery, a tasting room and a bed and breakfast off Oak Bridge Drive. The tasting room and bed and breakfast will be across Gopher Canyon Road from the entrance to the Vista Valley Country Club. Phase 2 will include 59 residential lots, Phase 3 will provide 57 residential lots; Phase 4 will build 41 residential lots and Phase 5 will construct seven custom homes.

The conditions of a final map include secured agreements to ensure that the infrastructure will

be built and that payment for labor and materials used to build the infrastructure will be made. The improvement agreement included Rainbow Municipal Water District sewer and water infrastructure as well as county road, drainage, and monumentation work.

The approval of the final map in 1999 also included approval of the security agreement in which a joint performance bond of \$7,826,500 was placed with the clerk of the board. That bond covered \$5,176,000 for the streets and drainage facility improvements, \$2,427,800 for improvement of the sewer and water facilities for the Rainbow Municipal Water District, \$90,000 for setting of final monuments and \$132,000 for the Park Land fee.

An additional Joint Labor and Material Bond of \$3,913,250 was placed with the clerk of the board to guarantee payment for labor and material involved in the construction of the improvements.

The developers also deposited a check for \$5,900 into the Department of Public Works Road Fund for the fair share cost of a future traffic signal at the intersection of Gopher Canyon Road and Interstate 15 and a check for \$4,400 in the Department of Public Works Road Fund for the fair share of a future signal at Old River Road and Highway 76. An additional \$25,400 construction fee was paid to the county for road improvements on East Vista Way between Mission Road and Osborne Street.

Improvements identified in a secured agreement are required to be completed within two years of the approval of the final map, although if circumstances prevent the improvements from being completed by the agreement’s expiration additional time may be requested to complete the infrastructure. Existing agreements and their bonding requirements are reviewed by county staff to determine if time extensions are warranted and if the security agreement amounts are still adequate to guarantee completion of the remaining work.

The first two-year time extension may be approved administratively, although subsequent time extensions require Board of Supervisors approval and any amendments to the security agreement must also be approved by the county supervisors. If an application for a time extension is filed prior to its expiration, the owner is not in default if the extension is granted.

The county board of supervisors granted a time extension for the Vista Valley development in August 2012. Another time extension was granted in October 2014 which extended the completion date to October 2016. That time extension also included the approval of a lien contract to replace the performance bond. A lien contract prohibits the construction of any improvements, the selling of any lots in the subdivision or the issuance of permits before the lien contract is replaced by a security bond. The county may release a lien contract only after the property owner provides a substitute security. The security bond will cover 150% of the costs of the estimated security at the time the lien contract is replaced with the bonds.

A request for a time extension was filed prior to the October 2016 expiration date but was not completed. In 2019, Vista Villas Development L.P. informed the county of a pending sale. In January 2020, the county board of supervisors approved an agreement which reflects the ownership change of the property.

Bonsall Oaks LLC assumed the responsibility and liability for all obligations covered in the joint improvement agreement, the joint lien contract and the holding agreement. That vote also approved a time extension until Jan. 15, 2022, for the Bonsall Oaks development. A September 2020 county board of supervisors vote released the lien contract on 16 of the lots and extended the performance completion date to Aug. 5, 2022.

Because the lien contract prevents work on that portion of the project including infrastructure improvements county staff recommended the time extension.

This holiday season, don’t pack a pest

Gig Conaughton
County of San Diego
Communications Office



This holiday season, be sure you don’t ship or bring back a present nobody wants – a harmful pest!

The holiday season means it’s time to ship gifts to faraway friends and family, or maybe even travel to deliver them in person and bring gifts back home in return.

Whatever you do, be sure you don’t ship or bring back a present nobody wants – a harmful pest!

It can happen if you’re not careful. The gifts you send or receive could be carrying hitchhiking pests or plant diseases that could potentially damage the county’s \$1.75 billion agricultural industry and our environment.

That homemade wreath you brought home from grandma’s could be carrying spongy moth eggs; that citrus you picked from your backyard to send to a friend could be carrying huanglongbing – a destructive citrus disease. Or that beautiful fruit basket you made from scratch to send to a friend could be hiding mealy bugs.

So, remember, don’t pack a pest!

Every year San Diego County’s Department of Agriculture, Weights and Measures inspectors – human and detector dogs – work hard to stop the spread of invasive pests like the emerald ash borer, glassy-winged sharpshooter, and South American palm weevil.

- How can you help?
- Here are some simple guidelines:
- Don’t pack a pest

If you’re traveling – whether it’s out of state or out of the country – leave whatever you find on your trip right where

you found it. Don’t bring home a keepsake clipping from Aunt Penny’s holiday wreath, or those bulbs you found in Florida, any citrus branches, leaves or stems from anywhere, or avocado leaves from Mexico.

Don’t transport any fresh, raw, uncooked, untreated foodstuffs. Same for seeds, beans, nuts, rice, dried fruit, decorative greenery, untreated wood items, animal products or soil from almost any foreign country.

If you are traveling and think you may have accidentally packed some plant or animal item away, declare those products when you’re asked by an agricultural inspector if you have anything in your luggage.

For more information about harmful insects, plant diseases, and Agriculture, Weights and Measures – and everyone’s – role in protecting our local environment and agriculture, visit https://www.sandiegocounty.gov/content/sdc/awm/ipd_info.html.

SDG&E customers urged to take advantage of rebates of up to \$500

Rebates available for smart thermostats, room air conditioners and water heaters

SAN DIEGO – San Diego Gas & Electric customers looking to save money are encouraged to take advantage of a new statewide program offering rebates of \$20-\$500 for energy-efficient water heaters, room air conditioners, and smart thermostats.

The newly launched Golden State Rebates program offers instant discounts to eligible residential customers for the purchase of certain products and appliances at a variety of online and brick-and-mortar retail outlets, including Best Buy, Home Depot, Lowe’s, Google Store and <http://ecobee.com>.

Residential customers served by local Community Choice Aggregation Programs, such as San Diego Community Power and the Clean Energy Alliance, are eligible for the rebates.

“Beyond the immediate savings from the rebates, energy-efficient products can help customers save in the long run on their gas and electric bills by reducing their

energy consumption,” said SDG&E Director of Customer Programs Hollie Bierman. “By replacing older models of appliances with ultra-efficient ones, families can potentially save hundreds of dollars per year, while also reducing their carbon footprint.”

According to the U.S. Environmental Protection Agency’s Energy Star program, ultra-efficient Energy Star certified heat pump water heaters can save a household of four about \$470 per year on their electric bills compared to a standard electric water heater and more than \$4,500 over the equipment’s lifetime.

Heating, ventilation and air conditioning systems (HVAC) connected to a smart thermostat with room sensors could potentially help a customer save up to 10%. Smart thermostats can be remotely managed by a smartphone app, so it’s easy for users to adjust room temperatures or turn off their AC on the go.

How does the program work?

Customers simply sign up for an account on <https://goldenstater rebates.clearresult.com>, verify their eligibility, then receive a coupon via email for the selected product to be redeemed at a participating in-store or online retailer of their choice. Set to run through December 2024, Golden State Rebates is the only statewide instant rebate program that works with retailers directly to make purchasing energy-efficient products more convenient and affordable.

SDG&E contracted with CLEARresult to implement the Golden State Rebates program on behalf of itself and three other major utilities in California: Pacific Gas & Electric, Southern California Edison and SoCalGas.

For more information, visit <http://www.sdgenews.com>.

Submitted by San Diego Gas & Electric.

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- Good Dog! Service Canines
- Neighborhood Healthcare
- REINS

Cash or check made payable to the charity of your choice is kindly requested. Accepting donations at the Chamber daily until Dec. 17th.

Call with any questions 760-728-5845
info@fallbrookchamberofcommerce.org

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SunUpper hosted by Moonlite Chic



Sundowner hosted by the Fallbrook Regional Health District

The Fallbrook Chamber of Commerce will be closed at noon Friday, December 23rd through Monday, January 2. We will reopen on Tuesday, January 3.

January Events



January 12

SunUpper

Hosted by Kaiser Permanente Senior Advantage
111 S. Main Ave.
9:00 am



January 18

Red Eye Saloon
1448 S. Mission Rd.
5:30 pm



January 27

Mountain Mike's Pizza
1125 S. Mission Rd.
12:00 pm

Information on this page is provided by the Fallbrook Chamber of Commerce.

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www.fallbrookchamberofcommerce.org

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Happy Holidays!

BUSINESS

Holiday shopping has begun, be sure to check your receipts



Gig Conaughton
County of San Diego
Communications Office

Black Friday and Cyber Monday remain the traditional “start” of holiday shopping, but advertising campaigns have already begun, and retail associations say in-person, in-store shopping is on the rise.

That means it is the perfect time to remind all you Santa Clauses out there to always double-check your receipts so you don’t get accidentally overcharged by faulty cash register price scanners.

It can happen. If you’re not paying attention, you could end up paying more than you should. Every year, to make sure local consumers are being charged accurately, the county department of Agriculture, Weights and Measures inspects more than 1,400 local businesses and 30,000 price-scanning devices, scales that charge for items by weight, and other equipment that set prices.

And even the best businesses have occasional overcharges.

This year, between January

and October, just over one out of every six stores, 17.7%, that were inspected had overcharge errors. And the average overcharge was \$1.51. An extra buck and a half may not sound alarming, but in the holiday shopping season, even tiny overcharges can add up to make big dents in your wallet or pocketbook.

So, be like Santa! Check your lists (receipts) and check them twice to make sure you have a merry holiday season. Here are some other tips to help you shop smartly and safely:

Protect against overcharging:

- Always verify receipts and immediately notify store management of any price discrepancies.
- Stores are required to display the price of an item, as you are buying it, before the transaction is complete. Watch the display screen as your items are scanned.
- Take sales advertisements with you when shopping to verify prices.
- Know that stores cannot legally charge more than their lowest advertised, posted or

quoted price.

Shop smart:

- Plan ahead. Start watching out for store sale fliers, flea markets, garage sales, clearance sales, etc.
- Make a list of what you need.
- Comparison shop with at least five different sources for the best values.
- Don’t buy everything at once. Establish a spending plan and timetable to buy what you need over several weeks or months to take full advantage of future sales and true bargains.

Download and use the county’s Tell Us Now app to contact Agriculture, Weights and Measures, or call AWM at 1-888-TRUE SCAN (1-888-878-3722) or email to sdcawm@sdcounty.ca.gov to report overcharges you can’t resolve with a store.

For more information, go to <https://www.sandiegocounty.gov/content/sdc/awm/> - under Menu, click on Weights and Measures, then on Price Accuracy.\

In the holiday shopping season, even tiny overcharges can add up to a lot of money. Village News/Metro photo

Rainbow Water named a top workplace for the second year in a row

FALLBROOK – Rainbow Municipal Water District has been awarded a Top Workplaces 2022 honor by U-T San Diego Top Workplaces. The list is based solely on employee feedback gathered through a third-party survey administered by employee engagement technology partner Energage, LLC. This is the second consecutive year that the district has received this award.

Specific strengths highlighted by Rainbow Water’s employees

were inclusion, transparency, and employee development. The district started conducting workplace culture surveys in 2017 and included employees in the process of creating an action plan to address feedback.

“Listening to our workforce gives us important insights about our strengths and opportunities as an employer,” said Rainbow Water Human Resources Manager Karleen Harp. “Seeking regular feedback helps us focus our efforts

on the topics most important to our team members in our pursuit of continuous improvement.”

Energage LLC conducts confidential employee surveys that measure 15 culture drivers that are critical to the success of any organization: including alignment, execution, and connection. “Earning a Top Workplaces award is a badge of honor for companies, especially because it comes authentically from their employees,” said Eric

Rubino, Energage CEO. “That’s something to be proud of. In today’s market, leaders must ensure they’re allowing employees to have a voice and be heard. That’s paramount. Top Workplaces do this, and it pays dividends.”

Rainbow Water’s workforce of 56 team members maintains the infrastructure that includes over 320 miles of pipeline, seven pump stations, four reservoirs, and 13 storage tanks to deliver water to its customers. The district also provides sewer service to parts of the district and maintains six

lift stations and 60 miles of sewer main. “Our workforce is small, but mighty,” said Rainbow Water General Manager Tom Kennedy.

“With such a small team, it’s essential for each team member to be fully engaged. Our staff continually goes above and beyond in service to our rate payers, and we try to recognize their efforts as often as we can,” said Kennedy. The district introduced a challenge coin employee recognition program in 2017 that awards coins for employees who demonstrate the district’s core values of teamwork, professionalism, integrity, innovation, and responsibility.

Rainbow Municipal Water District offers career opportunities in a variety of job categories, including customer service, finance, engineering, and water and wastewater operations. The district’s current job openings can be found at www.rainbowmwd.com/careers.

Submitted by Rainbow Municipal Water District.

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EDUCATION

Palomar named a ‘Top College’ for Latinx students in the U.S.



SAN MARCOS – Palomar College has again been identified among the “Top 100 Colleges and Universities for Hispanics” across the U.S. by The Hispanic Outlook on Education Magazine.

“This national recognition highlights one of Palomar’s great strengths, which is our commitment to the success of all students, including the large population of Latinx and Spanish-speaking individuals who are an integral part of our campus community,” said Superintendent/President Dr. Star Rivera-Lacey.

The rankings, based on data provided in U.S. Department of Education surveys, place Palomar 21st in overall Latinx enrollment for the 2020-21 school year, and 59th in total associate degrees conferred on Latinx students in 2021.

The results were published in the Oct. 11, 2022, edition of Hispanic Outlook, which is a “national monthly magazine that provides education news, innovations, networking, resources and the latest trends impacting students from kindergarten through graduate school all while maintaining a unique Hispanic perspective.”

Submitted by Palomar College.

Palomar College is ranked 21st nationally in overall Latinx enrollment for the 2020-21 school year.

Village News/Courtesy photo

BUSD staff to issue RFP for audio/visual and public address upgrades

Joe Naiman
Village News Reporter

The Bonsall Unified School District will be issuing a request for proposals to upgrade the audio/visual systems and public address systems at two BUSD elementary schools and at the Bonsall Community Center.

The BUSD board voted 4-0 Nov. 16, with Michael Gaddis absent, to direct district staff to advertise the district proposals. “It’s important that the facilities match the caliber of our programs,” said BUSD Superintendent Joseph Clevenger.

The Bonsall Community Center is on BUSD property. Upgrades

will also take place at Bonsall Elementary School and Bonsall West Elementary School.

“As part of our commitment to the arts and to music in all of our schools we need to make sure we have sound systems,” Clevenger said.

Because the cost of the upgrades may exceed \$60,000, they are subject to a formal procurement process rather than eligible for an administrative contract award without BUSD board approval. The school district currently has 21 contractors registered with the required licensing classification of C-7 Low Voltage Systems Contractor.

BUSD approves RFP for inspection of BHS/SMS fence

Joe Naiman
Village News Reporter

A security fence will be constructed around the campus shared by Bonsall High School and Sullivan Middle School, and the BUSD board meeting Wednesday, Nov. 16, included authorizing district staff to issue a request for proposals for inspection services for the fencing.

The 4-0 board vote, with Michael Gaddis absent, authorized BUSD staff to issue the RFP. A separate RFP for the construction of the school security fencing project was authorized for bid Aug. 17.

“We’re putting in an additional perimeter fence that will create a single point of entry on campus,” BUSD superintendent Joseph Clevenger said.

Currently the middle school and high school can be accessed from the south, west and east portions of the school grounds. The fencing will filter visitors to a single point where school staff can monitor and verify visitor entry. The fence will be 7 feet high and will be ornamental steel and chain link fencing. The design and eventual construction will also include a double pedestrian gate at the main campus entry which will include a camera and buzzer system, a motorized vehicular gate at the main entrance, an access system for pedestrian gates and electrical engineering to ensure operation.

On June 15, the BUSD board voted 5-0 to award a design contract to AlphaStudio Design Group, which is based in Carlsbad, for architectural services related to fencing around the campus. The design contract has a Dec. 31, 2022, expiration date and AlphaStudio Design Group will

be paid \$16,750. Any construction involving a public school in California must be approved by the Division of the State Architect, so the AlphaStudio tasks also include processing the project through DSA for review and approval. A visual survey will document existing observable conditions and determine the extent of work required. AlphaStudio will also assist the school district during the bid phase of the project including pre-bid meetings and responses to requests for information. The design phase will also determine whether modification of the existing irrigation system is warranted.

On May 18, the BUSD board authorized district staff to advertise a request for qualifications inspection firms to establish a pre-approved pool of inspection service providers. At the Aug. 17 meeting the board approved three firms to be placed on the pre-approved list. Construction Inspection Services, Quality Control Consultants and TYR IOR are the three firms on the list.

“It will be an additional step to ensuring the safety of all of our students during the school day,” Clevenger said.

After the bids have been received and reviewed, the BUSD board will consider the award of a construction contract to the lowest responsible bidder. The work has an estimated cost of \$200,000.

The actual construction timeframe will be contingent upon DSA approval.

“Spring break’s our target goal,” Clevenger said.

Joe Naiman can be reached by email at jnaiman@reedermedia.com.

County awarded grant for Child Safety Seat Education Program



A California Office of Traffic Safety grant will fund education for parents and caregivers in underserved communities on how to properly install and use child safety seats.

Fernanda Lopez Halvorson
County of San Diego
Communications Office

A \$250,000 grant from the California Office of Traffic Safety will fund education for parents and caregivers in underserved communities on how to properly install and use child safety seats.

“The protection of our youngest residents is of upmost concern, and it is critical that all communities have access to quality child safety seats and access to the instruction of how they can best be used,”

said San Diego County Health and Human Services Agency Community Operations Officer Barbara Jiménez.

Funds will be used for a variety of education classes and outreach events, along with the distribution of child safety seats and training on the installation and use of child safety seats.

The car seat safety program includes:

- Child safety seat inspection events and education classes.
- Child Passenger Safety Technician training and

recertification courses.

- Child safety seats at no-cost for families in need.
- Partnering with local organizations on car seat safety community outreach efforts in underserved communities.
- The program runs through September 2023.

Funding for this program was provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

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Christmas tree lights up River Village



Hazel Scott, 10 months old, meets Santa during the Bonsall Tree Lighting event at River Village, Nov. 26.



Members of the Neighbor Tones group from NVoice Studios sing Christmas songs for guests at the Bonsall Tree Lighting event. Village News/Shane Gibson photos



Members of the Glee Club group from NVoice Studios perform Christmas songs for guests at the Bonsall Tree Lighting event.



People enjoy the Christmas festivities before the tree is lit at River Village in Bonsall.



Irelyn DiBacco, 2, enjoys the view from her mom Ashley DiBacco's shoulders during the Bonsall Tree Lighting event.



North County Fire Chief Keith McReynolds meets Santa during the Bonsall Chamber's tree lighting event at River Village.



Children play under the newly lit Christmas tree at River Village in Bonsall.



Guests attending the Bonsall Tree Lighting event take horse drawn wagon rides around the River Village plaza.

NATIONAL

Elon Musk Says Releasing Internal Discussions On Hunter Biden Laptop Story Is ‘Necessary To Restore Public Trust’



Nicole Silverio
Daily Caller News Foundation

Elon Musk revealed late Wednesday, Nov. 24, that it is “necessary” to release internal discussions about the censorship of the New York Post’s Hunter Biden laptop story prior to the 2020 election.

Twitter locked The New York Post’s account in October 2020 for posting a now-confirmed report of emails contained on Biden’s laptop that detail a meeting between him and his father, President Joe Biden, with an executive of Ukrainian gas company Burisma in 2015. The laptop contained caches of emails detailing business dealings with Burisma and state-owned CEFC China Energy Co, from which his firms received \$4.8 million in wire transfer payments from its founder, Ye Jianming, according to a Senate report.

A Twitter user called on Musk to release these discussions “in

the interest of transparency” in a Wednesday tweet, to which the new Twitter CEO nodded in agreement.

“Raise your hand if you think @ElonMusk should make public all internal discussions about the decision to censor the @NYPost’s story on Hunter Biden’s laptop before the 2020 Election in the interest of Transparency,” Twitter user ALX tweeted.

“This is necessary to restore public trust,” Musk replied.

The platform restricted any Twitter user from sharing links of the Post’s article either publicly or through direct message. The social media site further locked former White House press secretary Kayleigh McEnany’s personal account and the official account for former President Donald Trump’s campaign for sharing the link.

The New York Times and Washington Post both confirmed the authenticity of the laptop story earlier this year after the corporate

media consistently denied the reports. CBS News verified the authenticity of the laptop Monday, nearly two years after the Daily Caller News Foundation’s forensic analysis of the computer’s hard drive.

Musk, who took over Twitter on Oct. 27, previously called Twitter’s censorship of the New York Post’s accurate reporting “incredibly inappropriate.” (RELATED: ‘Incredibly Inappropriate’: Musk Rips Twitter For Suspending The New York Post For Their Hunter Biden Story)

Former Twitter CEO Jack Dorsey later issued an apology for censoring the accounts, providing the explanation that the company’s “communication” surrounding the article was insufficient.

“Our communication around our actions on the @nypost article was not great,” Dorsey said. “And blocking URL sharing via tweet or DM with zero context as to why we’re blocking: unacceptable.”

Elon Musk
Village News/Courtesy photo

US Bans Chinese Tech That Allegedly Lets China Spy On Military Sites

Micaela Burrow
Daily Caller News Foundation

The Federal Communications Commission (FCC) on Friday announced a ban on new imports of Chinese-owned telecommunications equipment, including the equipment suspected of surveilling sensitive U.S. military sites.

The new rules, prohibiting U.S. sales and imports of equipment from companies including Huawei and ZTE, are the first to be implemented on the grounds they pose “unacceptable risk to national security,” FCC Commissioner Brendan Carr said Friday. U.S. authorities have expressed concerns that Beijing could exploit the companies’ telecommunications installations

across the country to collect data from U.S. sites, including nuclear and military sites in the U.S.

“While we’ve flagged equipment as posing a national security risk, prohibited companies from using federal funds to purchase them, and even stood up programs to replace them, for the last several years the FCC has continued to put its stamp of approval on this equipment through its equipment authorization process,” FCC Chairwoman Jessica Rosenworcel said in a statement.

“But that does not make any sense,” she added.

The FCC’s new regulations prohibit authorization of any new equipment from companies already listed on an existing log of communications and services that the FCC determines pose an

“unacceptable” national security threat, and includes Huawei, ZTE, Hytera, Hikvision and Dahua.

The decision “sounds the death knell for all five companies and their operations in the United States,” Conor Healy, director of government research at surveillance research firm IPVM, told the Daily Caller News Foundation.

“This decision was not taken lightly,” Healy added. “This is one of the few issues in the last couple of years that Republicans and Democrats completely agree on, and the reason for that is that the security threats are real.”

An FBI investigation in July found that Huawei equipment on cell towers could potentially capture Department of Defense communications, including those

related to nuclear launch sites, CNN reported.

However, the investigation preceded CNN’s reporting in July; concerns over Beijing co-opting Chinese-made communications technology, and the resulting federal probes, extend to at least the Obama administration, according to CNN, and intensified under the Trump administration.

The investigation may not have definitively proven that Huawei equipment actually intercepted classified communications and relayed them back to China, a relatively difficult task, sources familiar told CNN.

However, Carr, the senior Republican on the Federal Communications Commission (FCC), told Reuters in July that Huawei equipment near military

bases, including Malmstrom Air Force Base in Montana, could allow the Chinese government to surveil troop movements and other electronic activities. This could give away preparations for any future missile strike on China, he added.

The Commerce Department subpoenaed Huawei in April 2021 for disclosures on the technology giant’s data collection and sharing policies, according to a 10-page document seen by Reuters. Huawei could access information related to cell phone usage, including message contents and geolocation data.

Huawei and the Chinese Embassy in the U.S. did not immediately respond to the DCNF’s request for comment.

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Growing body of evidence shows ‘social influence’ is causing teens to undergo sex changes

Laurel Duggan
Social Issues and Culture Reporter
Daily Caller News Foundation

The number of young people identifying as transgender has soared in recent years, and females have come to make up the vast majority of patients seeking gender transitions, reversing a longstanding trend.

Some view this rapid demographic shift as evidence that peer influence is driving young people, females in particular, to transition.

“Adolescents are very susceptible to peer influence, so to suggest there can be no influence on young people is preposterous and flies in the face of everything we know about teenagers,” Dr. Erica Anderson, a psychologist who works with transgender children, told the Daily Caller News Foundation.

The recent surge in transgender identification is caused in part by peer influence, a growing body of evidence suggests, and some transgender advocates are acknowledging this issue.

Many activists argue that transgenderism has become more prevalent because growing social acceptance allows more transgender people, who would otherwise keep their gender identity a secret, to live openly. Critics of youth gender transitions, however, argue that the growing rate of transgender identification in adolescents, along with rapidly changing demographics of transgender people, are evidence that peer influence is driving young people to identify as transgender who otherwise wouldn’t.

Gender dysphoria, a deep sense of discomfort with one’s biological sex which may drive a person to become transgender, used to be observed primarily in males, according to Reuters. That trend has been fully reversed over the past 15 years; among adolescents seeking transgender medical interventions, biological females outnumber biological males by a factor of 2.5 to 7.1.

This drastic change in the transgender population was driven by peer influence, some medical professionals argue. Dr. Erica Anderson, a psychologist who works with transgender children, told the Daily Caller News Foundation that peer influence, particularly through social media as a result of teens’ social isolation, is at least partially to blame for soaring rates of gender identity issues among adolescent girls.

“I think the people who are on the far right who say it’s all social influence are wrong. But people on the far left who say there can be no social influence are also wrong,” Anderson, a psychologist who works with transgender children, told the Daily Caller News Foundation. “Adolescents are very susceptible to peer influence, so to suggest there can be no influence on young people is preposterous and flies in the face of everything we know

about teenagers.”

A study published in the scientific journal Plos One surveyed 256 parents whose children experienced rapid onset of gender dysphoria. The vast majority (86.7%) of adolescents either started spending more time

who believe they’re transgender, acknowledged the social contagion phenomenon in its newest standards of care. The guidelines acknowledged a sudden surge in “nonbinary” identities as well as a growing number of patients who didn’t experience gender

Childhood gender dysphoria diagnoses rose 70% from 2020 to 2021.

online or were in a friend group with at least one other transgender person prior to identifying as transgender, according to the study.

The study was meant to explore growing reports from parents of their children suddenly adopting transgender identities after puberty after apparent peer influence. In 36.8% of the friendship groups reported in the study, parent participants said the majority of its members identified as transgender. Parents also reported a decline in their children’s mental health and in parent-child relationships following adoption of transgender identities.

Childhood gender dysphoria diagnoses rose 70% from 2020 to 2021, according to medical records of 330 million Americans analyzed by Komodo Health Inc. From 2017 – 2021, childhood diagnoses more than doubled, according to the same data set.

Anderson, who is transgender,

dysphoria in childhood, both signs of possible peer influence.

“For a select subgroup of young people, susceptibility to social influence impacting gender may be an important differential to consider,” the standards of care read. “However, caution must be taken to avoid assuming these phenomena occur prematurely in an individual adolescent.”

WPATH is careful to avoid suggesting doctors should be skeptical of young people’s transgender identities or assume social influence is driving them.

“One of the false narratives is that young people are being lured in and directed somehow against their will to become transgender, which is not at all the case,” Dr. Dan Karasic, professor emeritus of psychiatry at the University of California San Francisco and lead author of the mental health chapter in WPATH’s new Standards of Care, told Reuters.

A growing group of so-called

Dr. Erica Anderson, a psychologist who works with transgender children said, “Peer influence, particularly through social media as a result of teens’ social isolation, is at least partially to blame for soaring rates of gender identity issues among adolescent girls.”

is generally supportive of gender transitions but has voiced criticism of doctors who put minors through medical interventions without thorough psychological screening. Anderson rejects the notion that surging rates of transgender affiliation are driven wholly by social acceptance.

“I do not believe that there was this huge hidden number of transgender people in previous generations,” Anderson said.

The World Professional Association for Transgender Health (WPATH), which supports medical interventions for children

detransitioners — individuals who underwent cross-sex medical procedures but eventually came to regret it — have come out against childhood transitions, and many of them say they were influenced by social media and online communities.

“I would definitely say social media played a role in keeping the process of everything going, as well as some issues with being groomed and preyed upon by people online,” Luka, a 20-year-old detransitioner, recently told the Daily Caller News Foundation.

The youth-dominated platform



Alex Ramos, 13, a biological female, identifies as a transgender male, poses for a photograph in a park near his home in Homestead, Fla. Ramos realized in sixth grade he wasn’t at peace with his biological female gender. He struggled to come to terms with it, afraid of how people at school would react. Ramos has since come out, and has the support of his mother and friends. (AP Photo/Lynne Sladky)

TikTok is flooded with content promoting medical interventions, including surgeries, as the solution to common adolescent woes such as discomfort with one’s body.

“Rising rates of transgender identification are driven by a combination of factors: the pandemic, social isolation and a huge upswing in consumption of social media. Deplorably, there are medical providers on TikTok telling kids that if they’re unhappy with their body, maybe they’re in the wrong body and should consider transition,” Anderson told the DCNF. “It’s horrible that kids are getting this kind of advice from unvetted strangers on the internet, most of whom have no medical qualifications.”

WPATH did not respond to the Daily Caller News Foundation’s request for comment.

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5500 blk Mission Rd.	Report of threatening communications - Repeated phone calls with intent to harass/annoy	
Nov. 16		
400 blk Ammunition Rd.	Report of domestic violence - Violation of domestic violence court order	
1300 blk S. Mission Rd.	Missing person - Adult	
Nov. 17		
2400 blk S. Stage Coach Ln.	Report of criminal threats - Misc. incidents	
1100 blk S. Mission Rd.	Arson - Property - Arrest made	
3200 blk Brook Hollow Rd.	Arson - 5150 - Mental disorder - 72 hr observation	
1100 blk S. Mission Rd.	Arson - Property - Arrest made	
100 blk S. Pasadena Ave.	Family disturbance - Simple battery	
Nov. 18		
3000 blk Rainbow Glen Rd.	5150 - Suicide - Actual or Attempt - Mental Disorder - 72 hr observation	
Nov. 19		
34700 blk Criollo Way	Grand theft - From building	
200 blk Spotted Saddle Way	Vandalism - Grand theft - From building	
3500 blk Blossom Place	Residential burglary - Grand theft - From building	
35100 blk Cooper Place	Burglary - Grand theft - From building	
300 blk N. Orange Ave.	Lost property/article	
Alturas @ W. Clemmens	Vandalism - \$400 or more	
1200 blk S. Main Ave.	Shoplifting - Petty theft	
300 blk N. Main Ave.	Fraud - Conspiracy to commit crime - Burglary - Commercial	
Nov. 20		
31200 blk Old River Rd.	Missing person with Dementia or Alzheimer's	
5500 blk Mission Rd.	Under the influence of drugs/ alcohol - Simple battery - Citizen's Arrest was made	
3700 blk Flowerwood Ln.	Simple battery	
3700 blk Flowerwood Ln.	Simple battery - Vandalism - \$400 or more	
Nov. 21		
5400 blk Meridian Place.	Domestic violence - Obstruct/ resist peace officer/emergency medical technician - Spousal/ Cohabitant abuse with serious injury - Arrest made	
300 blk Arroyo Vista	Medical examiners case - Death	
Nov. 22		
900 blk Alturas Rd.	Simple battery	
1100 blk S. Mission Rd.	Grand theft - Robbery	
1000 blk Carryll Park Ct.	Burglary - Residential	
2300 blk Via Monserate	Recovered stolen vehicle	
1100 blk S. Mission Rd.	Disturbance - Felony bench warrant - Arrest made	
Nov. 23		
2400 blk Reche Rd.	Domestic violence - Spousal/ cohabitant abuse with minor injury - Arrest made	

CALENDAR

Dec. 1 – 11 a.m. to 4 p.m. – Blood Drive at Fallbrook Regional Health District’s Community Health & Wellness Center, 1636 E. Mission Road. Donate and save a life. Registration is preferred but walk-ins are also welcome. To register, visit <https://www.fallbrookhealth.org/2022-12-01-blood-drive>.

Dec. 2 – 5-7:30 p.m. – The 10th Annual Fallbrook Tree Lighting Festival will be held at Fallbrook Community Center with music and live entertainment, shopping and resource booths, free activities for all ages, food for purchase and the lighting of the 20-foot cedar tree, at 341 Heald Lane.

Dec. 3 – 5 p.m. – “Rockin’ Around the Christmas Tree” is the theme for this year’s Christmas Parade on Main Avenue. The parade route begins at Ammunition Road and ends at Ivy Street. There is a limit of 100 entries; the deadline for entries is Wednesday, Nov. 16. pick up an entry application at the chamber office, 111 S. Main Ave. or download an entry form at www.fallbrookchamberofcommerce.org and click on the EVENTS tab, Christmas in the Village, Christmas Parade.

Dec. 10 – 2 p.m. – Fallbrook

Chorale’s Christmas Concert, “Sing of a Merry Christmas,” will be held at SonRise Christian Fellowship, 463 S Stage Coach Lane. Tickets are \$20 each, \$10 for military and students with ID, and free for children 10 and under, and are available at <https://fallbrookchorale.org/>, at Major Market or from any chorale member. Unused tickets from the canceled Spring Concert will be honored for this one.

Dec. 11 – 2-4 p.m. – “Festiva” with Camarada Christmas concert, a magical afternoon of Baroque treats and popular holiday music will showcase soprano Tasha Koontz with a featured performance of Ave Maria. Tickets: \$20 adult advance; \$25 after noon on Dec. 9; children 18 and under free with one paid adult. At Mission Theater, 231 N. Main Ave. Purchase tickets: <https://www.fallbrookmusicsociety.org> or <https://fallbrookmissiontheater.com>.

Dec. 17 – 8:30-10:30 a.m. – Breakfast with Santa is offered at the Fallbrook Community Center, \$5 admission, \$3 photos with Santa. At 341 Heald Lane. For more info, 760-728-1671, <https://www.sdparks.org/>.

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OBITUARIES

Lucy M. Taylor, 94, “The Cake Lady,” went peacefully home to be with her Savior on Nov. 17, 2022, at Regency Assisted Living Memory Care Center, surrounded by her loved ones.

Lucy was born on Aug. 19, 1928, in Alabama, but after moving to Fallbrook the first time in the 60’s, she considered Fallbrook to be her home and never wanted to leave.

After the death of her son Glenn in 1983, Lucy felt called by the Lord to serve her community by helping others struggling with the loss of a loved one. This began her long career of serving as a volunteer Auxiliary Member of Fallbrook Hospital. Many will remember her as the pink lady who walked the halls singing her favorite gospel songs and smiling at everyone she met.

She then became the volunteer Chaplain serving the Fallbrook and Temecula hospitals, Fallbrook Skilled Nursing and Regency and Silvergate assisted living facilities as well as volunteering her time as the Auxiliary’s Courier Service driver providing transportation to residents in need of assistance getting to and from their healthcare related appointments. In 2010, Lucy received the Healthcare Hero Award from the Fallbrook Healthcare District.

Lucy dedicated her life to serving others. Whether it was buying groceries, giving a ride, just stopping to pray for someone or baking a cake to deliver to her favorite departments at the hospital (which was every department), she felt it was her

A photograph of an elderly woman with short, wavy white hair, wearing glasses and a light green short-sleeved shirt. She is smiling and holding a round, golden-brown bundt cake on a white plate in front of her.

A close-up portrait of the same woman, Lucy M. Taylor, smiling warmly at the camera. She is wearing a light-colored, patterned top.

God-given duty to be of service to anyone and everyone she met. You would rarely find Lucy just sitting, she didn’t know how.

After the close of Fallbrook Hospital in 2014, Lucy felt she had to find another way to serve her community. This began her daily routine of baking 4-6 bundt cakes every morning and delivering them to various businesses around town. She knew who liked what flavor and she made sure to keep them on a schedule.

In 2018, Lucy became very ill and shortly after, her family discovered she had been plagued with Dementia. Lucy slowly began to lose the ability for the things she loved; reading her bible every morning and baking her cakes for her friends, but this still didn’t cause her to sit down. The staff at Regency will remember her as the resident that constantly walked the halls, even during the night. She kept them on their toes.

Lucy was preceded in death by her son, David Glenn Taylor; her daughter Sherry Taylor and her love of 64 years, James H. Taylor.

Lucy is survived by her children: Miriam Bolding, Randy (Donna) Taylor, James C. Taylor, Terry (Bob) Neuzil, Steve (Honey) Taylor, Raymond Taylor, Paul Taylor and Stacy (Carlos) Adame; 22 grandchildren, 39 great-grandchildren and seventeen (17) great-great-grandchildren.

No matter what capacity you saw or met Lucy in, one thing was for sure, she served and loved people as much as she served and loved her Lord. Her light and legacy will live on through all of those that she touched.

“Well done, thou good and faithful servant.”

Funeral services will be held Saturday, Dec. 3, 2022 at Crossway Community Church, 731 S. Stage Coach Lane, Fallbrook. Viewing from 12-1 p.m., service at 1 p.m.

A black and white portrait of an elderly man with a receding hairline, smiling. He is wearing a light-colored collared shirt.

With a saddened heart we share the passing of **James Max Stewart**, beloved husband, father, uncle, grandfather and admired friend on Nov. 7, 2022. Born Oct. 17, 1941, in Borger, Texas, his parents Minnie Bell and Harvey along with brother Gregory John, made their way

to Southern California. He graduated from Redondo High.

Jim served in the Air Force as a cryptanalyst in Okinawa and later transferred to Maryland to join the NSA team in this capacity. Jim always surprised everyone when he spoke Chinese. In 1965 he joined his mother’s Real Estate firm in Redondo Beach, but really, he played golf.

He later sold race cars and finally settled down to law school. He received his Juris Doctorate from Mid-Valley School of Law in 1976. He was one of the youngest members to join the Elks Club. He continued to serve them and, in 2000-2001, he held the chair of Exalted Ruler at the Vista Elks Lodge # 1968.

He moved to Mammoth Lakes where he later met Maggie in 1983. It is there he practiced law, skied, fished, snowmobiled, hunted, played golf and became a pilot. He was a founding member of the Mammoth Air Force, a local flying club that brought

speakers and years of very successful air shows to town.

Jim and Maggie later moved to Temecula and again opened a law office. In 1992, they finally moved to their forever home in Fallbrook. Jim continued to follow his passions, golfing with friends, hunting, camping and fishing with family. He was a great cook and generous host.

He is survived by his wife, Maggie Stewart; sons and daughters-in-law Kyle Christian and Shirlene Stewart, Scott Harvey and Christine Stewart; daughters Alexis Katrina and Anastasia Elena Stewart; four grandchildren Giovanni, Angel-Lena, Sophia and Ellyson; and his nephews, Randy, Reed, John and Dana Stewart. He will be missed.

Jim will be laid to rest at the Fallbrook Masonic Cemetery on Dec. 3, at 11 a.m., followed by a Celebration of Life at the VFW Post 1924.

This is a

Love Letter

My Funeral Wishes...

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LEGALS

The deadline for Legal notices is Monday, noon. Email to legals@reedermedia.com.

NOTICE OF TRUSTEE'S SALE TS No. **CA-22-937811-NJ** Order No.: **220342915** **YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 3/23/2018. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.** A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): **MICHAEL ANGELO CIRIGNANO JR, a MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY** Recorded: **3/23/2018** as Instrument No. **2018-0116567** and modified as per Modification Agreement recorded 1/16/2020 as Instrument No. 2020-0025474 of Official Records in the office of the Recorder of **SAN DIEGO** County, California; Date of Sale: **12/16/2022 at 10:00 AM** Place of Sale: **At the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA 92020** Amount of unpaid balance and other charges: **\$661,285.77** The purported property address is: **2167 REINEMAN RD, FALLBROOK, CA 92028** Assessor's Parcel No.: **106-152-52-00** **NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call **1-866-539-4173** for information regarding the trustee's sale or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: **CA-22-937811-NJ**. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. **NOTICE TO TENANT:** You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call **1-866-539-4173**, or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: **CA-22-937811-NJ** to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. **NOTICE TO PROSPECTIVE OWNER-OCCUPANT:** Any prospective owner-occupant as defined in Section 2924m of the California Civil Code who is the last and highest bidder at the trustee's sale shall provide the required affidavit or declaration of eligibility to the auctioneer at the trustee's sale or shall have it delivered to Quality Loan Service Corporation by 5 p.m. on the next business day following the trustee's sale at the address set forth in the below signature block. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: **Quality Loan Service Corporation 2763 Camino Del Rio S San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 1-866-539-4173 Or Login to: http://www.qualityloan.com** **Reinstatement Line: (866) 645-7711 Ext 5318** Quality Loan Service Corp. TS No.: **CA-22-937811-NJ** IDSPub #0182288 11/24/2022 12/1/2022 12/8/2022

NOTICE OF TRUSTEE'S SALE UNDER DEED OF TRUST T.S. No.: 22-0134 Loan No.: ROLLS Other: 2165826CAD APN: 204-251-20-03 **YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 06/22/2018. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.** NOTICE is hereby given that Witkin & Associates, LLC, as trustee, or successor trustee, or substituted trustee, or as agent for the trustee, pursuant to the Deed of Trust executed by Bonnie R. Rolls, an unmarried woman recorded 07/13/2018 as Instrument No. 2018-0286501 in Book n.a., Page n.a., of Official Records in the office of the County Recorder of San Diego County, California, and pursuant to the Notice of Default and Election to Sell thereunder recorded 07/13/2022 in Book n.a., Page n.a., as Instrument No. 2022-0287637 of said Official Records, **WILL SELL** on 12/14/2022 at 10:00AM At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 **AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH** (payable at the time of sale in lawful money of the United States), all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State hereinafter described: As more fully described on said Deed of Trust. The property address and other common designation, if any, of the real property described above is purported to be: 185 Juniper Ave, Carlsbad, CA 92008 The undersigned Trustee disclaims any liability for any incorrectness of the property address and other common designation, if any, shown herein. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$372,903.39* *The actual opening bid may be more or less than this estimate. (NOTE: If there is any type of pre-payment premium or other fee or charge that, under the terms of the secured obligation, becomes due on the date of sale, said fee or charges IS included in the above estimate). In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed until funds become available to the payee or endorsee as a matter of right. Said sale will be made, but without covenant or warranty, express or implied regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed of Trust including advances authorized thereunder and also including, without way of limitation, the unpaid principal balance of the Note secured by said Deed of Trust together with interest thereon as provided in said Note, plus the fees, charges and expenses of the trustee and the trusts created by said Deed of Trust. **THIS PROPERTY IS BEING SOLD IN AN "AS-IS" CONDITION.** **NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (916) 939-0772 or visit this Internet Website WWW.NATIONWIDEPPOSTING.COM, using the file number assigned to this case 22-0134. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Website. The best way to verify postponement information is to attend the scheduled sale. **NOTICE TO TENANT:** You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (916) 939-0772, or visit this internet website WWW.NATIONWIDEPPOSTING.COM, using the file number assigned to this case 22-0134 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. **FOR SALES INFORMATION AND STATUS 24 HOURS A DAY, SEVEN DAYS A WEEK, GO TO: WWW.NATIONWIDEPPOSTING.COM OR CALL (916) 939-0772.** **ADDITIONAL INFORMATION, DISCLOSURES AND CONDITIONS OF SALE:** (1) At the time of sale, the opening bid by the beneficiary may not represent a full credit bid. The beneficiary reserves the right, during the auction, to increase its credit bid incrementally up to a full credit bid. The beneficiary may also bid over and above its credit bid with cash, cashier's checks or cash equivalents. (2) The Trustee's Deed Upon Sale (TDUS) will not be issued to the successful bidder until the bidder's payment has been deposited in the trustee's bank and cleared (all holds released). The bidder may have to take additional actions as required by trustee's bank in order to facilitate the deposit and clearance of bidder's funds. (3) If, prior to the issuance of the TDUS, the trustee shall become aware of any deficiency in the foreclosure process, or if the trustee becomes aware of any bankruptcy or other legal issue affecting the validity of the foreclosure process, or if the trustee becomes aware of any bankruptcy or other legal issue affecting the validity of the foreclosure sale, then, after consultation with its attorneys, the trustee, in its sole discretion, may decline to issue the TDUS and return the bidder's funds, without interest. If, subsequent to the issuances of the TDUS, the trustee shall become aware of any deficiency in the foreclosure process, or if the trustee becomes aware of any bankruptcy or other legal issue affecting the validity of the foreclosure sale, then, after consultation with its attorneys, the trustee, in its sole discretion, may rescind the TDUS pursuant to Civil Code Section 1058.5(b) and return the bidder's funds, without interest. (4) When conducted, the foreclosure sale is not final until the auctioneer states "sold". Any time prior thereto, the sale may be canceled or postponed at the discretion of the trustee or the beneficiary. A bid by the beneficiary may not result in a sale of the property. All bids placed by the auctioneer are on behalf of the seller/beneficiary. This communication may be considered as being from a debt collector. To the extent your original obligation was discharged or is subject to an automatic stay of bankruptcy under Title 11 of the United States Code, this notice is for compliance and/or informational purposes only and does not constitute an attempt to collect a debt or to impose personal liability for such obligation. However, a secured party may retain rights under its security instrument, including the right to foreclose its lien. Date: 11/09/2022 Witkin & Associates, LLC 5805 Sepulveda Blvd., Suite 670 Sherman Oaks, California 91411 Phone: (818) 845-4000 By: April Witkin, Trustee Officer NPP0418104 To: VILLAGE NEWS INC 11/24/2022, 12/01/2022, 12/08/2022



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LEGALS

The deadline for Legal notices is Monday, noon. Email to legals@reedermedia.com.

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9023054
Name of Business
SAN DIEGO PRO ELECTRIC
1119 S. Mission Rd, Fallbrook, CA 92028
Mailing address: 1119 S. Mission Rd, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
San Diego Pro Electric, LLC, 1119 S. Mission Rd, Fallbrook, CA 92028
This business is conducted by a Limited Liability Company
This LLC is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Oct 18, 2022
LEGAL: 6013
PUBLISHED: November 10, 17, 24, December 1, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9022903
Name of Business
INTEGRITY INSPECTIONS
4656 Briar Ridge Rd, Oceanside, CA 92056
County: San Diego
This business is registered by the following:
I C Integrity Construction Inc., 4656 Briar Ridge Rd, Oceanside, CA 92056
This business is conducted by a Corporation
This Corporation is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Oct 14, 2022
LEGAL: 6014
PUBLISHED: November 10, 17, 24, December 1, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9023189
Name of Business
REVIVE & THRIVE
125 S. Main Ave, Fallbrook, CA 92028
Mailing address: 855 S. Main Ave #K104, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Kristine Elizabeth Eliza Vanderstock, 4308 Diegos Court, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Oct 19, 2022
LEGAL: 6015
PUBLISHED: November 10, 17, 24, December 1, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9023800
Name of Business
a. GRACED GALA
b. HJT CAR RENTALS
c. YOUR LOCAL MOVERS INC.
1508 Laurelwood Way, Oceanside, CA 92056
County: San Diego
This business is registered by the following:
Your Local Movers Inc., 1508 Laurelwood Way, Oceanside, CA 92056
This business is conducted by a Corporation
This Corporation is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of 10/27/2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Oct 27, 2022
LEGAL: 6024
PUBLISHED: November 24, December 1, 8, 15, 2022

Abondment Fict. Biz. Name

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

File Number: 2022-9025895
Fictitious Business Name(s) To Be Abandoned:
Name of Business
a. EPIC REALTY GROUP
b. EPIC REALTY TEAM
130 N. Main Ave, Fallbrook, CA 92028
Mailing address: SAME AS ABOVE
County: San Diego

The fictitious business name referred to above was filed in San Diego County on 10/06/2022 and assigned File No. 2022-9022192
The fictitious business name is being abandoned by:
Epic Realty Group, 2121 Castlebay, Fallbrook, CA 92028
This business is conducted by a Corporation
This Corporation is registered in the state of California

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Nov 29, 2022

LEGAL: 6026
PUBLISHED: December 1, 8, 15, 22, 2022

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9024975
Name of Business
RAKUICHI RAKUZA
1323 Partridge Ave, El Cajon, CA 92020
Mailing address: 2840 Fletcher Pkwy #525, El Cajon, CA 92020"
County: San Diego
This business is registered by the following:
Sarina Ohki, 1323 Partridge Ave, El Cajon, CA 92020
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Nov 15, 2022
LEGAL: 6025
PUBLISHED: November 24, December 1, 8, 15, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-905896
Name of Business
a. EPIC REALTY GROUP
b. EPIC REALTY TEAM
130 N. Main Ave, Fallbrook, CA 92028
Mailing address: SAME AS ABOVE
County: San Diego
This business is registered by the following:
Epic Realty Group, Inc, 2121 Castlebay, Fallbrook, CA 92028
This business is conducted by a Corporation
This Corporation is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Nov 29, 2022
LEGAL: 6027
PUBLISHED: December 1, 8, 15, 22, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9024359
Name of Business
a. BABSIE BABY PHOTOGRAPHY
b. BABSIE LY PHOTOGRAPHY
3508 Seagate Way Ste 150, Oceanside, CA 92056
Mailing address: 4251 Old Grove Rd, Oceanside, CA 92057
County: San Diego
This business is registered by the following:
Fixated Concepts, LLC, 3508 Seagate Way Ste 150, Oceanside, CA 92056
This business is conducted by a Limited Liability Company
This LLC is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of 10/01/2017
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Nov 03, 2022
LEGAL: 6028
PUBLISHED: December 1, 8, 15, 22, 2022

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9025112
Name of Business
GIRD VALLEY FARM
2446 Gird Road, Fallbrook, CA 92028
Mailing address: 2446 Gird Road, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Phillip Driesler, 2446 Gird Road, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of January 1, 2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Nov 16, 2022
LEGAL: 6021
PUBLISHED: November 24, December 1, 8, 15, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9025103
Name of Business
THE PAINT CONNECTION
920 E Mission Rd Apt 15, Fallbrook, CA 92028
Mailing address: 920 E Mission Rd Apt 15, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Cortave Enterprises, 920 E Mission Rd Apt 15, Fallbrook, CA 92028
This business is conducted by a Corporation
This Corporation is registered in the state of CA
Registrant first began to transact business under the fictitious name listed above as of 10/11/2017
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 16, 2022
LEGAL: 6022
PUBLISHED: November 24, December 1, 8, 15, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9025412
Name of Business
CARMEN SAN DIEGO
1020 Dorado Ct, Chula Vista, CA 91910
Mailing address: "
County: San Diego
This business is registered by the following:
Carmen Hernandez, 1020 Dorado Ct, Chula Vista, CA 91910
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 11/18/2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Nov 18, 2022
LEGAL: 6023
PUBLISHED: November 24, December 1, 8, 15, 2022

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9023441
Name of Business
CHABAD UCSD
8818 Cliffridge Ave, La Jolla, CA 92037
Mailing address: SAME
County: San Diego
This business is registered by the following:
Jewish UCSD, 8818 Cliffridge Ave, La Jolla, CA 92037
This business is conducted by a Corporation
This Corporation is registered in the state of CA
Registrant first began to transact business under the fictitious name listed above as of 8-18-22
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Oct 24, 2022
LEGAL: 6018
PUBLISHED: November 17, 24, December 1, 8, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9023156
Name of Business
a. FALLBROOK FOURSQUARE CHURCH
b. CENTRO CRISTIANO DE VICTORIA C.C.V.
405 W. Fig St., Fallbrook, CA 92028
Mailing address: PO Box 26902, Los Angeles, CA 90026
County: San Diego
This business is registered by the following:
International Church of the Foursquare Gospel, 1132 Glendale Blvd., Los Angeles, CA 90026
This business is conducted by a Corporation
This Corporation is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of 02/14/2019
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Oct 19, 2022
LEGAL: 6019
PUBLISHED: November 17, 24, December 1, 8, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9023900
Name of Business
AMANDA'S BUNDLES
8254 Via Umer Way, Bonsall, CA 92003
Mailing address: 8254 Via Umer Way, Bonsall, CA 92003
County: San Diego
This business is registered by the following:
Amanda Jayne Carita, 8254 Via Umer Way, Bonsall, CA 92003
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 10/3/2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Oct 28, 2022
LEGAL: 6020
PUBLISHED: November 17, 24, December 1, 8, 2022

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case Number: 37-2022-00044043-CU-PT-CTL
TO ALL INTERESTED PERSONS
Petitioner:
ANZHELIKA KIRICHENKO
Present Name:
ANZHELIKA KIRICHENKO
Proposed Name:
ANGELIKA OSMAN

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.*
NOTICE OF HEARING
Date: 12-15-22 Time: 8:30 AM Dept: C-61
The address of the court is 330 W Broadway, San Diego, CA 92101
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News
NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE.
The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120).
If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to the petitioner.
If all requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions.
If a timely objection is filed, the court will set a remote hearing date and contact the parties by mail with further directions.
A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified date. The court will notify the parties by mail of a future remote hearing date. Date: NOV 02 2022 Signed: Michael T. Smyth, Judge of the Superior Court.
LEGAL: 6016
PUBLISHED: November 17, 24, December 1, 8, 2022

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case Number: 37-2022-00044051-CU-PT-CTL
TO ALL INTERESTED PERSONS
Petitioner:
NIKHAD TEYUUBZADE
Present Name:
NIKHAD TEYUUBZADE
Proposed Name:
NIHAT OSMAN

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.*
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LEGAL: 6017
PUBLISHED: November 17, 24, December 1, 8, 2022



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