

# Avocados to have company

Lucette Moramarco  
Associate Editor

People who love avocados will find plenty of booths offering guacamole and other avocado products on Main Avenue this Sunday, but Fallbrook's 33rd Annual Avocado Festival has more to offer than the green fruit also known as an alligator pear, 9 a.m. to 5 p.m., April 14.

According to Fallbrook Chamber of Commerce CEO Lila MacDonald, besides 450 vendors, there will be an expanded agriculture presence, new children's activities in the Fun Zone and sculpture demonstrations on the Artisan Walk besides all kinds of entertainment at three locations including the Univision Radio Stage at Ivy and Main. (for details on the other stages, see the music preview on page B-13).

In the agricultural department, Fallbrook Winery will have a booth for the first time at the festival along with a raisin company. Fallbrook 4H will have its own booth again with small farm animals on display. Offerings in the Beer & Wine Garden at College and Main will also include the products of Prohibition Brewery and Green Flash Brewing Company.

While avocados are no longer the top crop in the Fallbrook area, they will still be featured at their namesake event. Three local packing houses will be represented: Del Rey Avocado, McDaniel Fruit Company and Canonita Canyon Farms. Besides



Cassandra Woolum grabs her purchase of Holy Guaca-Moly at one of the many guacamole booths at the Avocado Festival, April 15, 2018.

Shane Gibson photos



Elise Maldonado, then 4, constructs her Avo 500 avocado car during the 2018 Avocado Festival.

eating guacamole, festival goers can also see the results of the annual guacamole contest where both amateur and professional chefs enter their culinary efforts at the Community Stage in Vince Ross Village Square.

Another popular Fallbrook product is art, so the Artisan Walk on Alvarado, just east of Main, is not to be missed. Besides local artists selling and demonstrating their art, new this year are sculpting demonstrations by members of the Green Art House. Entries in the Art of the Avocado competition can be viewed at the chamber office, 111 S. Main Ave. while the Jr. Art of the Avocado artwork is on display at the Fallbrook Art Association's The Gallery, 127 N. Main Ave.

The Fun Zone will have several new activities this year including

a rock climbing wall, games, an obstacle course and Zorb balls (human hamster balls), as well as a paintball area run by the Paintball Park on Camp Pendleton, all in the parking lot of Joe's Hardware at the southern end of the festival.

There will also be several contests for children, including The Avocado 500 Races (cars made with avocados), the "Little Miss" and "Little Mister" Avocado Contest and the Best Dressed Avocado Contest (brought already decorated). For more information, visit [www.fallbrookchamberofcommerce.org](http://www.fallbrookchamberofcommerce.org).

Car lovers will find the Vintage Car Club's display next to the Caboose at Main and Elder, with

see **AVOCADOS**, page A-11

## Quiet, yet determined scholars recognized at Fallbrook Student of the Month



Fallbrook's Students of the Month for April are from left, seniors Jackson Kuran, Carlos Mejia, Kelly Hanlon and Ishmael Guadarrama.

Cari Hachmann photo

**Cari Hachmann**  
Staff Writer

Four students were honored at Fallbrook's Student of the Month Thursday, April 4, at North Coast Church. The Fallbrook High School seniors were nominated by various teachers at their school because they stood out among their classmates as exemplary. Ishmael Guadarrama, Kelly Hanlon, Jackson Kuran and Carlos Mejia were presented medals by Marines of MAG-39 before they were each brought onstage with their families and teachers for community recognition.

Ishmael Guadarrama was nominated by Stephanie Osowski, Spirit House principal, who said he was an "amazing kid." He is quiet, but determined and self-motivated, she said. The type of student who keeps his head down and gets his work done. Osowski said the young man got a job to help out his family financially and also bought his brother a lap top.

"That to me says a lot about him and his family," Osowski said.

Guadarrama played on the Fallbrook High School soccer team for four years. He plans to attend Palomar College and transfer to either San Diego State University

or University of California San Diego, where he aims to major in civil or mechanical engineering. After that, he will likely become a pilot, he said.

Guadarrama said he's not the type who likes receiving recognition, because "I know other people in this world deserve it a lot more than me."

Guadarrama's father, Gregorio, said it's been a challenge for the family, as English isn't their first language and they were not familiar with the school system.

"Maybe that's why he is so self-

see **STUDENTS**, page A-11

## Supervisors approve list of roads funded by gas tax

Joe Naiman  
Village News Correspondent

The state gas tax and vehicle registration fee increase which is part of the Road Repair and Accountability Act passed by the state Legislature in 2017 survived an initiative petition to repeal those increases, so local governments are still providing the California Transportation Commission with a list of projects the tax revenue will be funding.

The list of projects San Diego County plans to fund during fiscal year 2019-2020 was approved on a 5-0 San Diego County Board of Supervisors vote, March 27. The roads total 144.11 centerline miles and include 33 road segments in Fallbrook, seven in Bonsall and one in Rainbow.

Senate Bill 1, which was signed by former Gov. Jerry Brown in April 2017, increased the gas tax by 12 cents a gallon effective November 2017 and increased vehicle registration fees between \$25 and \$175 based on vehicle value effective spring 2018. The legislation also requires local governments to submit a list of projects the tax revenue will be funding to the California Transportation Commission. The tax increases are expected to provide local governments with an additional \$7.5 billion of funding over the next 10 years including \$538 million for San Diego County. The county expects to receive \$37.9 million of Road Maintenance and Rehabilitation Account funding during fiscal year 2018-2019 and \$39.5 million during 2019-2020.

see **TAX**, page A-10

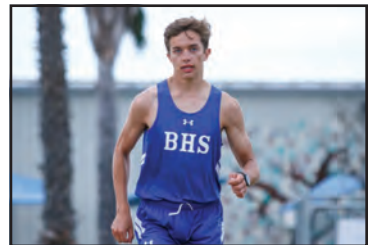
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# ANNOUNCEMENTS

## Rubin to speak about ‘Landscaping with California Native Plants’ at FGC meeting



Horticulturist Greg Rubin is the upcoming speaker at the Fallbrook Garden Club’s meeting, April 30, at the Fallbrook Community Center.

FALLBROOK – The Fallbrook Garden Club announced Greg Rubin as the guest speaker at their April 30 general meeting. Rubin was named Horticulturist of the Year for 2018 for his work with California native plants. “Landscaping with California Native Plants” covers what it takes to landscape successfully with the local plant palette. Many approaches defy conventional horticultural practice, yet they

have been tested in hundreds of landscapes over more than 25 years. Topics of discussion will include a brief overview of native ecology and the importance of capturing it in the home landscape. Basic design principles, garden styles, plant selection, installation, irrigation and maintenance will also be covered. Of special interest will be a description of the No. 1 cause of death in native landscapes and how to deal with it. The presentation will finish by showcasing established native landscapes, with question and answer session to follow. The meeting takes place at the Fallbrook Community Center, 341 Heald Lane. Social time and refreshments begin at 12:30 p.m., and the business meeting starts at 1 p.m. with the program starting at 2 p.m. The public is welcome. For further information relating to the club and its activities, visit [www.fallbrookgardenclub.org](http://www.fallbrookgardenclub.org).

Submitted Fallbrook Garden Club.

## Public forums on transition to zone elections announced

Lucette Moramarco  
Associate Editor

North County Fire Protection District and Fallbrook Regional Health District are both voluntarily moving away from an at-large election system for their boards and shifting to a five zone-based election system for the 2020 election to help strengthen community representation. NCFPD is holding its fourth public hearing with its board meeting, 8:30 a.m., Tuesday, April 16, to review, discuss and take action on its final maps for redistricting. The draft redistricting

maps are available for review at <https://www.ncfire.org/transition-to-district-based-area-elections>. The meeting will be held at the Fallbrook Public Utility District Boardroom. According to its website, “It is anticipated that before May 1, the District Board of Directors will vote on a final map that divides the District into the five new zones to go into effect for the 2020 elections.” FRHD is holding its fifth Public Forum, Thursday, April 18, 6 p.m., as part of the process of transitioning to zone-based elections. The board will provide an overview of the mapping tools

used by North County Fire to do their District Mapping. Following the drafting of the proposed zone maps, the public will be invited to additional Public Hearings on dates to be announced. FRHD board meetings are held at the district office, 138 South Brandon Road. For more information, visit <https://www.fallbrookhealth.org/board-of-directors> or call (760) 731-9187. Both districts encourage the public to attend their Public Hearings as the zone-based election system will provide better representation of the communities they both serve.

## Easter bunny to visit REINS

FALLBROOK – REINS is holding its fourth annual Spring Hop, April 13, from 11 a.m. to 1 p.m. The special guest, the Easter Bunny, arrives at 11:30 a.m., when the Egg Hunts start with three age divisions. The event also includes games,

music, food, photos with the bunny, a bake sale, petting zoo, bounce houses and face painting. Admission is \$10 per person, all ages, or \$30 for a family pack of four tickets, includes baskets for egg hunt. Children 2 and younger are free. All proceeds benefit

REINS Therapeutic Horsemanship Program. For more information, visit [www.reinsprogram.org](http://www.reinsprogram.org) or call (760) 731-9168. REINS is located at 4461 S. Mission Road. Submitted by REINS Therapeutic Horsemanship Program.

## “The Passion of the Christ” play offered in Spanish

FALLBROOK – The Seventh-day Adventist Church will be hosting “The Passion of the Christ,” a play, musical and gifts Saturday, April 27, at 5 p.m. at Maie Ellis Elementary School, 400 W. Elder St., in Fallbrook. The

play will depict the life and death of Christ, entirely in Spanish. The free event is open to the public. Children are welcome. For more information, call Estelle Quirioz at (760) 317-3649.

## Volunteer to tutor English as a second language

SAN DIEGO – Anyone who speaks English can make a difference in someone’s life. Laubach Literacy Council of San Diego County provides tutors for adult learners of English as a second language with tutoring locations countywide. No experience is needed. The next free training will be two consecutive Saturdays, May 4 and May 11. Attendance is required at both for Laubach certification. The training will be held at Clairemont

Covenant Church, 5255 Mt. Ararat Drive, in San Diego. Many of their locations across San Diego County need trained tutors. Registration deadline is April 27. Register online at [www.laubachsandiego.org/volunteer.htm](http://www.laubachsandiego.org/volunteer.htm). For questions, contact Katie at [katieesltd@gmail.com](mailto:katieesltd@gmail.com) or Lana at [lamariesmith@gmail.com](mailto:lamariesmith@gmail.com). Laubach Literacy Council of San Diego County Inc. is a

100-percent volunteer operated nonprofit organization providing free tutors to adult learners since 1961. As one of San Diego’s oldest operating literacy groups, Laubach trained tutors have a history of serving their local community. To learn more, visit [www.laubachsandiego.org](http://www.laubachsandiego.org). Submitted by Laubach Literacy Council of San Diego County.

## La Iglesia Adventista del Septimo Dia, invita a un drama

FALLBROOK – “La Pacion de Cristo,” musica, regalos y mas habra. Toda la comunidad de Fallbrook esta cordialmente invitada a disfrutar de este evento.

Sera en la escuela Mae Ellis Elementary, 400 W. Elder Street, Fallbrook, Abril 27 a las 5 p.m. Para mas informacion, llame a Estelle Quiroz (760) 317-3649.

# EVENTS CALENDAR

**April 12** – 5-7 p.m. – The Knights of Columbus host their annual ‘Lenten Fish Fry’ at St. Peter the Apostle Catholic Parish Hall, 450 S. Stage Coach Lane. Dinner prices range from a \$5 child’s plate to \$8 and \$10 fish plates. Options are fried cod, salmon, beer-battered shrimp, fried shrimp and cod combo along with a side order of homemade fries for \$2. For more info, call (760) 689-6200.

**April 12** – 11 a.m. – The Fallbrook Woman’s Club presents its Mystery Luncheon performed by the Carriage Players, “Murder at the Earl of Grey’s Hound Manor” at Fallbrook Woman’s Club 238 W. Mission Road. April 6 date is sold out. Tickets are \$25. For reservations, contact Linda Lovett, [lovettsl@pacbell.net](mailto:lovettsl@pacbell.net) or (310) 569-1905 or visit [fallbrookwomensclub.org](http://fallbrookwomensclub.org).

**April 13** – 11 a.m. to 1 p.m. – REINS holds its 4th annual Spring Hop with special guest: the Easter Bunny arriving at 11:30 which is when the Egg Hunts start with three age divisions. Admission is \$10 per person, all ages, or \$30 for a family pack of four tickets, includes baskets for egg hunt. Children 2 and younger are free. For more info, visit [reinsprogram.org](http://reinsprogram.org) or call (760) 731-9168. REINS is at 4461 S. Mission Road.

**April 14** – 9 a.m. to 5 p.m. – Fallbrook Chamber of Commerce holds its 33rd annual Avocado Festival on Main Avenue between Fallbrook Street and East Mission Road. Event includes craft and food booths, an artisan walk, free shuttles, beer and wine garden, community stage entertainment, live bands and fun zone. Includes contests for children. For more info, visit [www.fallbrookchambercommerce.org](http://www.fallbrookchambercommerce.org).

**April 27** – 2-4 – A Spring Tea and Fashion Show celebrating women and empowering widows and hosted by The Widows and Widowers Ministry and The White Rainbow Project, will be held on the front lawn of Riverview Church. Tickets will be \$10 general public and \$5 for widows to cover costs of event. (909) 205-3310 or visit [whiterainbowproject.org](http://whiterainbowproject.org).

**April 27** – 5-9 p.m. – Rockin’ For Rescue, a fundraiser to benefit

the Fallbrook Animal Sanctuary, features The Fallbrook Kid, Classic Rock and Blues at the Fallbrook VFW Hall, 1175 Old Stage Road. Tickets are \$25 in advance and \$30 at the door (if available). Food and drinks will be available for purchase. For tickets, call Karen Estes at (760) 468-4244 or visit the Fallbrook Animal Sanctuary, 230 W Aviation Road

**April 27** – 5:30 p.m. – The Boys & Girls Clubs of North County will hold its Forever Young Prom Night dinner and auction at Pala Casino. Ticket prices start at \$185. Visit [www.bgcnorthcounty.org](http://www.bgcnorthcounty.org) for more details.

**April 28** – 11 a.m. to 4 p.m. – Rally for Children’s 26th annual Arts in the Park will be held at Live Oak Park. Event is free and includes painting, mask making, puppet shows, music, walking sticks, clay modeling, dancing and more. Food will be available for purchase. Free bus shuttle available, see <http://www.rallyforchildren.org/> for more details.

**April 30** – 9-11 a.m. – Keeping Fallbrook Litter Free Group Cleanup will take place at Live Oak Park, 2746 Reche Road. Note: there is a \$3 parking fee. RSVP to Marta Donovan, (760) 405-4054

**April 30** – 6:30-8 p.m. – Jackie Heyneman will speak about Save Our Forest and show the 1995 film “Necklace of Leaves,” produced via a grant from California Department of Forestry and Fire Protection, at the Fallbrook Library, 124 S. Mission Road. Free admission and parking. For more information, visit [FallbrookClimateActionTeam.org](http://FallbrookClimateActionTeam.org).

**May 4** – 9 a.m. to 3 p.m. – Fallbrook Garden Club’s 2019 Garden Tour & Plant Sale starts at the historical society with tickets being exchanged for maps and the club selling plants. Seven Fallbrook gardens are on the tour. Tickets are on sale at the Chamber of Commerce, Major Market and [www.BrownPaperTicket.com](http://www.BrownPaperTicket.com). Cost is \$20 in advance or \$25 the day of the tour. For more information, see [www.fallbrookgardenclub.org](http://www.fallbrookgardenclub.org).

**May 4** – 12-4 p.m. – Horses, Hats & Hope, A Kentucky Derby

Party benefiting Foundation for Senior Care and REINS will be held at 4461 S. Mission Road. Event includes southern fare lunch, mint juleps, craft beer and bourbon tastings, prizes for race raffles and awards for Best Hat and Best Dressed Gent. Tickets are \$95 each (21 & over, includes endless drinks) and available at <http://foundationforseniorcare.org/>.

**May 17** – 12 p.m. – Murphy & Murphy Southern California Realty’s fifth annual charity event benefits the Fallbrook Food Pantry at Pala Mesa Resort. Golf check-in starts at noon, cocktail hour/live music from Old School at 5 p.m., and dinner/live auction at 6:30 p.m. For ticket and sponsorship information, visit Charity Dinner at [www.murphy-realty.com](http://www.murphy-realty.com) or call Chris Murphy, (760) 310-9292.

**May 26** – 9:30 a.m. to 4 p.m. – The 54th annual Fallbrook Vintage Car Show will be held on the grass at the Pala Mesa Resort, 2001 Old Highway 395. Show and parking are free to visitors. Hot rods and customs are this year’s featured cars. Vendors, food and beverages will also be available.

**May 27** – 11 a.m. – VFW Post 1924 hosts a Memorial Day Ceremony on at the Masonic Cemetery located at 1177 Santa Margarita Dr.

**June 10** – 12-1:30 p.m. – Foundation for Senior Care so-hosts Senior Concern Seminar, “Caregiver Economics” at Christ the King Lutheran Church, 1620 S Stage Coach Lane. Free of charge and lunch will be provided. Register at [www.SCInstitute.org/FSC](http://www.SCInstitute.org/FSC) or call (760) 723-7570.

**Aug. 13** – 12-1:30 p.m. – Foundation for Senior Care so-hosts Senior Concern Seminar, “The 5 Essential Documents” at Christ the King Lutheran Church, 1620 S Stage Coach Lane. Free of charge and lunch will be provided. Register at [www.SCInstitute.org/FSC](http://www.SCInstitute.org/FSC) or call (760) 723-7570.

**Nov. 12** – 12-1:30 p.m. – Foundation for Senior Care so-hosts Senior Concern Seminar, “Taking the Handcuffs Off the Surviving Spouse” at Christ the King Lutheran Church, 1620 S Stage Coach Lane. Free of charge and lunch will be provided. Register at [www.SCInstitute.org/FSC](http://www.SCInstitute.org/FSC) or call (760) 723-7570.



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– Candace Kienitz, RscP, Reiki Master, San Diego



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OPINION

Equal pay is a no-brainer



Assemblymember Marie Waldron  
Special to Village News

April 2 was National Equal Pay Day, which marks the extra time an average woman has to work to take home what a man earned last year. As a member of the California Pay Equity Task Force, I am working with my colleagues to identify the causes of the pay gap.

California passed an Equal Pay Act in 1949. The act banned companies from paying anyone less than a co-worker doing the same work, solely because of their gender.

Even so, women continue to earn significantly less than their male counterparts. In California, where people pride themselves on treating others fairly, women take home 86 cents for every dollar earned by men. While that is the smallest pay gap nationally, it still

means women in this state lose a combined total of \$76.8 billion each year.

We can, and we must do better.

If we close the wage gap, a woman could pay for 9.5 more months of child care, 48 weeks of food for her family or more than three months of mortgage and utility payments.

As part of the effort to promote equal pay, the California Pay Equity Task Force worked with its valued partners to launch the #EqualPayCA awareness campaign. The goal is to educate the public and provide resources to both employers and job seekers on the causes of the pay gap and how they can join the effort to close it. To set an example, we have partnered with 13 major

companies that have pledged to conduct annual reviews of their pay structures and promotion policies to ensure women are being treated fairly in the workplace.

We all can play a part in making sure women receive the pay they deserve. For more information about how you help close the pay gap, visit [www.women.ca.gov/CaliforniaPayEquity](http://www.women.ca.gov/CaliforniaPayEquity).

*Assembly Republican Leader Marie Waldron, R-Escondido, represents the 75th Assembly District in the California Legislature, which includes the communities of Bonsall, Escondido, Fallbrook, Hidden Meadows, Pala, Palomar Mountain, Pauma Valley, Rainbow, San Marcos, Temecula, Valley Center and Vista.*

Police interactions should not be deadly

I was a trained prosecutor earlier in my legal career. I start there because I had the privilege of receiving much of the same “use of force” training that police officers receive. Every police officer and most prosecutors are trained on the “use of force continuum,” from mere physical presence, to verbal commands, to hand control, to baton and chemical force and lastly, deadly force. Every situation is different; every police officer is different. Escalated interactions take seconds for trained officers to react correctly so training and experience are key.

Additionally, district attorneys and internal affairs currently investigate officer misuse of

force allegations. Invariably, they rely on evidence and testimony from other officers who have an interest in protecting their colleagues. This testimony often contradicts itself or lacks logic, or both. Without independent investigations or citizen review, conflicts of interest often exist when a district attorney prosecutes an officer whose cooperation may be needed in another case. Thus, officer testimony is frequently used to substantiate the claims that deadly force was reasonable and necessary. Victims end up taking the blame and are further pathologized, dehumanized and vilified by the local media. The public comes to see the victims,

rather than the overreacting officer, as culpable for their own deaths.

Our communities are now replete with examples of excessive force cases. Citizens of color are statistically more likely to have escalated violence and brutality. For example, interactions with Latino or African American citizens move to hand control almost instantly whereas white citizens receive extended presence and verbal commands. It is also statistically true in our north county communities.

Police officers must avoid using deadly force whenever possible. Common sense, right? But, right now, officers can legally use deadly force and kill someone

even when they have other alternatives. Assembly Bill 392: The California Act to Save Lives, which was introduced this year by Assemblymember Shirley Weber, D-San Diego, will make clear that police officers should only use deadly force when they do not have other options. I have encouraged our Assembly to include an amendment that will require citizen review commissions for each police department’s internal affairs divisions. I support this legislation and urge you to make voice your support to our legislators when this bill arrives to the floor for a vote.

Alan Geraci

SHERIFF'S LOG

March 19	
3000 block Oak Cliff Dr.	Burglary: Residential
March 27	
300 block E. Alvarado St.	Found narcotics
March 31	
500 block De Luz Rd	Burglary: Residential: Purse, jewelry, I.D. cards
300 block N. Main Ave.	Burglary: Grand theft from building: Auto parts
600 block E. Alvarado St.	Suspicious circumstance: Misc. incidents
3000 block Foxglove Ln.	Grand theft: Fruit/Fowl/Etc. Over \$250
April 1	
500 block De Luz Rd.	Vandalism to Vehicle: \$400 or less
April 2	
200 block W. Clemmens Ln	Follow up investigation: Petty theft from vehicle
2000 block S. Stage Coach Ln.	Lost property
1000 block Reche Rd.	Arrest: Possession marijuana on school grounds
800 block S. Main Ave.	Arrest: Burglary: Shoplifting
200 block Almond St.	Arrest: Assault with a deadly weapon
6000 block Via Mariposa Norte	Disturbance (family): Missing juvenile/runaway
5000 block S. Mission Rd.	Suspicious person: Vandalism: \$400 or more
April 3	
300 block S. Main Ave.	Vandalism to Property: \$400 or more
900 block Alturas Rd.	Arrest: Suspicious person: Fail to obey court order
5000 block S. Mission Rd.	Arrest: Suspicious person: Drunk in public
300 block Womack Ln.	Assault to person with a semiautomatic firearm
April 4	
40000 block Calle Roxanne	Stolen Vehicle and Trailer
500 block Stewart Canyon Rd.	Arrest: Misdemeanor bench warrant

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# Michael McStay called by defense team in Merritt trial

**Jeff Pack**  
Writer

The murder trial of Charles “Chase” Ray Merritt, accused of killing the McStay family, Joseph, Summer and their two young boys who lived in the Lake Rancho Viejo housing development east of Interstate 15 in Fallbrook kicked back into gear Wednesday, April 3, in San Bernardino Superior Court. Recalled to the stand by the

defense was Joseph McStay’s brother, Michael McStay, who testified at the beginning of the trial in January at the request of the prosecution. In January, Michael McStay said that he and Merritt went to his brother’s home in the days after the family went missing in 2010 and testified that Merritt didn’t want to go into the home because of his criminal record. Michael McStay could not recall whether Merritt went



Michael McStay was called to testify by Chase Merritt’s defense team Thursday, April 4. Photo courtesy of Law & Crime Network

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inside or not. Another line of questioning centered around when the family’s Isuzu Trooper was found in a parking lot in San Ysidro and investigators theorized that the McStays had walked into Mexico. But during his January testimony, Michael McStay said Summer McStay wouldn’t do that with her boys, indicating that she thought it was too dangerous. “Summer would never take the boys to Mexico,” Michael McStay said. When called to the stand Thursday, April 4, Merritt’s defense team asked Michael McStay about a computer he took out of the McStay household after the family went missing and whether that was before or after he was interviewed by San Diego County detectives. “I took the computer out on the 15th,” Michael McStay said. “It would be a Monday, the day of, Dugall (investigator) was there because I asked him would I be in trouble for taking anything. I took the SIM card, I took the external hard drive, and I took the Emachines of which I didn’t have the power cord and I couldn’t power them up.” “Did you ever see the laptop when you were in the house on the 13th?” the defense asked. “It might have been in his office, but I paid no interest to it,” Michael McStay said. “Did you have a discussion about a missing laptop with detectives from San Bernardino?” the defense followed. “I don’t know,” Michael McStay responded. The defense team asked Michael McStay whether he purchased a power cord in order to boot up the computer and he said he did not because he had other pressing issues at the time. Michael McStay agreed with the defense in the explanation that he took the computer to get financial data from it to give to investigators. “There (were) other things pressing, so I did not get into the computer, at all,” Michael McStay said.

Michael McStay said at the time he thought it was a missing persons case and wanted to help the detectives. “So, I was doing whatever I could for my family,” he said. The defense then came back to why Michael McStay hadn’t purchased a power cord if he was trying to help investigators. “Considering an entire family was missing, so I didn’t feel it was urgent as other things, like getting all the pictures extracted, getting them on the website that I had made and generating leads for the detectives,” Michael McStay said. “So, ya, I was a little busy, and raising my family, this is all in my other testimony.” The defense team then talked about a loan Joseph McStay had made to Michael McStay. “Did you go to your brother’s home in the beginning February 2010 to talk to him about this loan?” the defense team asked. “This loan wasn’t even on the radar,” Michael McStay said. “I have no idea why you’re even asking this question. I didn’t

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talk to him about this loan or anything for that.”

The defense team then asked about the vehicle Michael McStay drove at the time the family went missing.

“I owned a white Chevrolet 2007 3500 HD,” Michael said.

“That is the same exact model as Chase’s truck ...” the defense responded.

“No, it’s not,” Michael McStay said. “His is a single axle, mine is a double axle. And I had a dually.”

The defense team then asked if Michael McStay had ever given detectives his cell phone records.

“I’m pretty sure they could get them if they wanted them,” Michael McStay said.

The defense asked about Michael McStay’s relationship with Summer McStay and a disagreement July 4, 2009, between the two.

“Like I think I testified, every family has squabbles,” Michael McStay said. “The Aranda family’s been drug through the mud, so I am going to answer this the best I can. There was a strain, like any friction in a family, between Summer and myself.

“She made a comment to my wife about my children at the time, I let it go. And then finally July 4 when we were running late to the party, I confronted her on it.

“But Summer is the mother of my murdered nephews and I would have done anything for her. No matter what,” Michael McStay said.

“You did other things that caused friction with Summer?” the defense asked.

“Did I do it?” Michael McStay answered. “Maybe.”

“Do you recall telling the detectives Dugall and Smith in February 2010 that Summer divided your whole family?” the defense asked.

“I believe so,” Michael McStay said.

Forensic DNA consultant and Laboratory Director Suzanna Ryan was called by the defense to testify Thursday, April 4.

Ryan used an M-Vac System, which collects DNA from porous

and rough items for evidence, to test items collected at the alleged crime scenes and contested some of the findings presented by prosecutors.

“Is it safe to say based off of your processing of the items and the results from the analysis done by (inaudible) that the presence of DNA on some of the items is consistent with the detection of a traditional method done by Don Jones, where he also found some DNA leftover on the (inaudible)?” the defense asked.

“So, while Mr. Jones was not able to get a DNA profile as we discussed,” Ryan said. “There were a couple of samples where extremely low levels of DNA were detected. He was using a swabbing method and selecting kind of discreet areas, smaller areas. I was using a method that’s more sensitive and testing the entire item. So, it could be consistent that the reason we’re getting results with the M-Vac is because it’s a more sensitive collection method and I was able to test larger areas.”

The McStay family was last seen alive Feb. 4, 2010, and relatives reported them missing a few days later. Detectives thought initially that the family had gone on a trip and would return.

Over the course of the next two years, the case gained national attention with tips coming in from all over the United States and the world.

Then, in November 2013, the skeletal remains of the four family members were discovered in shallow graves by a motorcyclist in the Mojave Desert.

Records show that all four were beaten to death, most likely with a sledgehammer owned by Joseph McStay.

At that point, the investigation was taken over by the San Bernardino County Sheriff’s Department.

Investigators announced the arrest of Merritt Nov. 7, 2014, and charged him with four counts of murder.

Investigators believe that the McStays were killed at their

home and transported by Merritt to the San Bernardino desert.

Prosecutors maintain that greed was the basis for Merritt committing the murders and have stated they will be seeking the death penalty in the case.

Defense attorneys have said that investigators zeroed in on Merritt early on in the case and never looked at anyone else. It is expected that the defense will continue to point the finger at another business

associate of Joseph McStay, Daniel Kavanaugh, who the defense said was overlooked by investigators.

Jeff Pack can be reached at [jpack@reedermedia.com](mailto:jpack@reedermedia.com).

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# MSCP land acquisition, San Luis Rey River Park among Capital Improvement Needs Assessment Program projects

**Joe Naiman**  
*Village News Correspondent*

An updated Capital Improvement Needs Assessment Program list was approved by the San Diego County Board of Supervisors.

The supervisors' 5-0 vote, March 27, approved the five-year needs assessment provided by the county's Department of General Services. Although the approval of the needs assessment itself did not include funding for the projects on the list the supervisors also directed county Chief Administrative Officer Helen Robbins-Meyer to determine timing and funding mechanisms to implement the individual projects.

"Well-maintained infrastructure is critical to our ability to maintain delivery of services," April Heinze, the county's deputy chief administrative officer for the Community Services Group and Department of General Services, said.

The plan includes \$1.35 billion of active projects, fully funded future projects and partially funded or unfunded projects along with \$167 million of recently completed projects. Funding totaling \$727 million has already been earmarked for the active and future projects with an additional \$208 million identified for funding consideration, which leaves an unfunded amount of \$624 million.

The updated needs assessment covers facilities projects slated for implementation between 2019 and 2024. The capital planning process which includes the Capital Improvement Needs Assessment Program focuses on facilities, so road projects are not included on the capital improvements list.

A Facilities Planning Board prioritizes projects based on criteria including benefits and linkage to the county's strategic plan and ranks projects. Additional projects

which have been identified but which require further analysis to define their scope will be brought to the board of supervisors in the future for addition onto the Capital Improvement Needs Assessment Program list.

"It's a great demonstration today of the investments that we put into capital projects," Supervisor Dianne Jacob said.

The list includes 64 fully funded projects, 21 partially funded projects and 93 unfunded projects. The county's Department of Parks and Recreation has 140 projects on the list totaling \$709 million including \$243 million already funded and \$43 million identified for funding during fiscal year 2019-2020.

"A significant portion of the CINA is parks and recreation capital programs," Brian Albright, director of the Department of Parks and Recreation, said.

The highest priority among the partially funded projects is the Multiple Species Conservation Program.

"The MSCP is an extensive preserve system that provides public access and nature-based recreation," Albright said.

The county has already purchased more than 19,600 acres for the MSCP and anticipated the acquisition of nearly 12,500 additional acres. The estimated cost to acquire that remaining amount is \$294 million and \$147 million of that has already been funded with an additional \$94 million leveraged from partners.

The San Luis Rey River Park ranks fourth on the list of partially funded projects. The needs assessment plan addresses land acquisition and development of the planned recreation areas. The river park boundaries are yet to be determined and land will be acquired only from willing sellers, so the total acquisition cost estimate may require adjustment.

The river park will encompass approximately 1,600 acres and the linear park will stretch for approximately 9 miles.

"It's a great addition," Supervisor Jim Desmond said.

The San Luis Rey River Park acquisition and improvement plan requires an expected \$63,378,883 including \$15,989,040 which has already been funded. In July 2005 the board of supervisors appropriated \$5 million to purchase land for the river park, and the county's 2006-2007 budget provided an additional \$3 million. The county has already acquired 668 acres, and approximately 700 acres will be transferred to county ownership as part of the California Department of Transportation mitigation requirements for the widening of state Route 76. The estimated cost covers the acquisition of an additional 250 acres, including 40 to 60 acres for an active recreation site.

The future San Luis Rey River Park will provide open space areas including trails, staging areas and habitat preservation. Since those open space areas are for the most part within the draft MSCP boundaries, the MSCP funding will be available to purchase open space land within the river park. The park will also include active recreation land such as ball fields, play areas and picnic facilities; the active recreation areas will not be eligible for MSCP funding.

A phased approach to provide a trail system, a staging area and both active recreation nodes does not restrict those phases to being constructed in any order. The construction of trails throughout the park including land acquisition, design and environmental analysis has a \$29 million cost estimate. Development of the 40-acre Dulin Road active recreation node including design, environmental analysis and road

improvements has an expected cost of \$20.6 million for the sports fields, sports courts, recreation building and parking lot. The 55-acre Moosa active recreation node would include disc golf, playgrounds, a staging area and other active recreation amenities and is expected to cost \$12.95 million including design and environmental expenses. The design, environmental analysis and construction of the Flowerwood staging area which would also include fencing, trash cans, hitching posts, shade structures and picnic tables has a \$750,000 estimate.

Improvements to Don Dussault Park were on last year's priority list, but the \$285,000 cost for Phase II of the improvements was funded Jan. 9 and the park is now on the list of fully funded projects. Phase II is expected to include an adult outdoor exercise area, picnic areas with tables, additional paths meeting Americans with Disabilities Act standards, additional security lighting, landscaping and irrigation. The Phase II improvements are now officially considered speculative because the actual improvements and their locations have not yet been designed. A construction contract will be awarded after the design and environmental review work has been completed.

A regional fire training center ranks eighth on the list of unfunded projects. The state-of-the-art training center with a \$2 million cost estimate is currently in the planning stage.

A skateboarding park in Fallbrook would require \$582,000 and an agreement with the entity managing the land. That planned park ranks 10th on the list of unfunded projects.

A new park in Fallbrook with a size of approximately 5 acres ranks 11th. The eventual improvements would include a

soccer field, sports courts and a playground. The estimated acquisition and development cost is \$2,000,000.

Acquisition and development of a new local park in the Pala-Pauma area, which would be approximately four acres and include a sports field and a playground, ranks 48th on the list and has an estimated cost of \$1,500,000.

The 49th-ranked unfunded project is parks maintenance buildings. The \$1,500,000 estimated cost would cover the design, environmental review and construction of storage buildings with security systems at up to four county parks.

A bicycle skills course at an undetermined North County location ranks 61st on the list. The environmental analysis, permitting, design and construction phases have a total cost of \$2,000,000. The course would include a jump track, progressive jumps and other skills elements.

The Keys Creek Preserve work would realign Via Piedra Road to create a staging area driveway off West Lilac Road and install staging area amenities to include parking spaces, fencing, benches, signage, kiosks and trash receptacles. That is ranked 64th among the unfunded projects and will require an estimated \$700,000.

Constructing a pickleball court and picnic improvements at Rainbow Park is ranked 85th and the estimated cost is \$300,000.

Last year's list but not this year's included a playground on the Bonsall Elementary School campus which would cost \$250,000 and would also require an agreement between the county and the Bonsall Unified School District.

"I'm sure we're going to get a lot more done," Jacob said.

## Fire mitigation fee rates unchanged

**Joe Naiman**  
*Village News Correspondent*

The fire mitigation fee rates paid by developers to fund the cost of fire department facilities serving the new development will remain unchanged for the next year.

The San Diego County Board of Supervisors voted 4-0, March 26, with Greg Cox at a National Association of Counties meeting, to accept the Fire Mitigation Fee Review Committee's annual report and find that the 19 participating fire agencies were in conformance with the county Fire Mitigation Fee Ordinance for fiscal year 2017-2018.

"Glad the board approved everything," Herman Reddick, director of San Diego County Regional Fire Authority, said.

The county established the Fire Mitigation Fee Program in 1986 to provide funding for fire protection and emergency medical services in the unincorporated communities. Although local fire

agencies lack the legal authority to impose mitigation fees on new development, the county collects a fee from building permit applicants on behalf of 17 independent fire protection districts and one county service area with fire protection responsibility. A second county service area with 2017-2018 revenue was dissolved in November 2018 with two neighboring fire protection districts taking over responsibility. The mitigation fees are distributed quarterly to agency accounts and must be used for capital projects or to purchase firefighting equipment or supplies which will serve new developments.

The Fire Mitigation Fee Review Committee reviews the annual reports of the participating agencies to confirm that the improvements are necessary to serve new development. The committee members consist of two fire chiefs, currently Bill Paskle of the Alpine Fire Protection District and Fred Cox of the Rancho Santa

Fe Fire Protection District; one elected director of a fire protection district, currently Ken Munson of the North County Fire Protection District; one County Service Area staff member, currently Susan Quasarano; one San Diego County Fire Authority staff member, currently Kelsey Chesnut, and one representative apiece from the Building Industry Association, currently Matt Adams; the San Diego County Farm Bureau, currently executive director Eric Larson, and the county's Planning Commission, currently David Pallinger.

The county Fire Mitigation Fee Ordinance allows fee ceilings to be increased or decreased in proportion to changes in the Cost of Construction Index. The ordinance also requires an evaluation of the base fee every five years based upon dividing the average cost in current dollars to construct a fully equipped fire station within the county's unincorporated area by the average square footage of

structures served by that average fire station. That result becomes the new base fee and was last adjusted in October 2014.

The fee for nonagricultural construction will remain at 58 cents per square foot and the fee for agricultural buildings without sprinklers will still be 16 cents per square foot. The fee for agricultural buildings with fire sprinkler systems was unchanged at two cents per square foot, and the fee for poultry and greenhouse buildings is still one cent per square foot.

"There's no change in fees," Reddick said.

During fiscal year 2017-2018, the North County Fire Protection District received \$690,030.06 of Fire Mitigation Fee Program revenue, which was the highest total among the fire agencies. The Rancho Santa Fe Fire Protection District had the second highest revenue at \$598,117.84. The San Diego County Regional Fire Authority, which includes DeLuz,

had \$281,182.02 of mitigation fund revenue which was the third highest total. The Vista Fire Protection District, which covers part of Bonsall as well as unincorporated Vista, collected \$46,765.28.

Because the funding is used for capital improvements, it is not required to be spent in a particular fiscal year. The fiscal year 2019-2020 planned capital expenditures approved by the Fire Mitigation Fee Review Committee include construction of the North County Fire Protection District's replacement Station 4, for which Fire Mitigation Fee Program revenue will be allowed for 75 percent of the estimated \$6,581,165 total cost, which equates to \$4,935,874; NCFPD debt payback for the construction of Station 5 and for apparatus; construction of a new Vista fire station and renovation of the San Diego County Regional Fire Authority's Mt. Laguna station.

## TAX

*from page A-1*

The Road Repair and Accountability Act stipulated that the new funding shall be prioritized for expenditures on basic road maintenance and road rehabilitation projects and on critical safety projects, although the funding is also allowed to be used for railroad grade separations, street segment completions, pedestrian and bicycle safety projects, transit facilities, drainage and stormwater capture projects in conjunction with another allowable road project, traffic control devices and local match requirements for state or federal funding.

The county policy has been to include all roads planned for resurfacing, and the county may choose to use funding other than the gas tax and vehicle registration fees for some of the resurfacing work. A subsequent board of supervisors action will authorize the advertisement for bid and award of a contract for the resurfacing.

The county's Department of Public Works maintains

nearly 2,000 miles of road in unincorporated San Diego County, and road crews inspect the roads and prioritize them for preventative maintenance. DPW utilizes a pavement management system which incorporates field review, resident and community input, and mechanical test data collection to determine which roads are most in need of resurfacing. The structural deterioration of pavement is measured visually by assessing the degree and type of cracking, the surface deterioration and surface defects.

The road maintenance program also evaluates the preferred rehabilitation strategy. Asphalt concrete pavement overlays are used for severely degraded roads with extensive cracking or potholes, although if the road has only minor cracking and no significant surface damage a thinner layer of slurry seals may be applied to protect the road.

The Fallbrook road portions to be resurfaced are 0.12 miles of Avocado Park Lane between Avocado Vista Lane and the cul-de-sac, 0.08 miles of Avocado Park Way between Avocado Vista Way and the cul-de-sac, 0.08 miles

of Avocado Vista between Lake Circle Drive and Avocado Vista Lane, 0.36 miles of Avocado Vista Lane between Dulin Road and the cul-de-sac, 0.20 miles of Brandon Road between Alvarado Street and East Mission Road, 0.98 miles of Dulin Road between Shearer Crossing and Old Highway 395, 0.74 miles of Fallsbrae Road between Via Monserate and the cul-de-sac, 0.25 miles of Fig Street between East Mission Road and Orange Avenue, 0.39 miles of Green Canyon Road between Winterwarm Drive and Winter Haven Road, 0.25 miles of Hawthorne Street between South Mission Road and Orange Avenue, 0.16 miles of Hillrise Road between Fallsbrae Road and Ramona Drive, 0.06 miles of Iowa Avenue between East Mission Road and Ivy Street, 0.13 miles of Iowa Avenue between Dougherty Street and Porter Street, 0.25 miles of Ivy Street between Pico Avenue and Iowa Street, 0.06 miles of Kentucky Street between Olive Avenue and Iowa Avenue, 0.08 miles of Lake Circle Court between Dulin Road and Lake Shore Court, 0.30 miles of Lake Circle Drive between Dulin Road

and Lake Circle Avenue, 0.13 miles of Lake Park Court between the western cul-de-sac and the eastern cul-de-sac, 0.08 miles of Lake Shore Court between the western cul-de-sac and the eastern cul-de-sac, 0.13 miles of Olive Avenue between Dougherty Street and Porter Street, 0.06 miles of Orange Avenue between Fig Street and Elder Street, 0.13 miles of Orange Avenue between Hawthorne Street and East Mission Road, 0.13 miles of Orange Avenue between Dougherty Street and Porter Street, 0.06 miles of Pico Avenue between Fig Street and Elder Street, 0.18 miles of Pico Avenue between Alvarado Street and East Mission Road, 0.32 miles of Porter Street between Orange Avenue and Olive Avenue, 0.10 miles of Porter Way between Porter Street and the cul-de-sac, 1.77 miles of Ranger Road between East Mission Road and Reche Road, 0.76 miles of Reche Road between Stage Coach Lane and Green Canyon Road, 0.63 miles of Sycamore Drive between Green Canyon Road and the end of Sycamore Drive, 0.18 miles of Vine Avenue between Alvarado Street and East Mission Road, 0.06 miles of the alley west of

Main Avenue between Alvarado Street and Fig Street and 0.11 miles of the alley east of Main Avenue between Ivy Street and East Alvarado Street.

Bonsall motorists will see the resurfacing of 1.16 miles of Camino Del Rey between Via Marina Elena and Camino Del Los Caballos, 0.06 miles of Curtis Drive between Barsby Street and the end of the paved road, 0.26 miles of Dentro De Lomas between Gopher Canyon Road and the cul-de-sac, 0.08 miles of Felicia Way between Dentro De Lomas and the cul-de-sac, 0.58 miles of Guajome Lake Road between the Vista city limit and the Oceanside city limit, 0.99 miles of Mason Road between East Vista Way and the end of the county-maintained road, and 0.12 miles of Nella Lane between Gopher Canyon Road and the cul-de-sac.

Old Highway 395 in Rainbow will be resurfaced for the 1.36-mile segment between Second Street and the Riverside County line.

All of the resurfaced roads in Greater Fallbrook will have a post-resurfacing expected service life of 10 to 15 years.



# STUDENTS

from page A-1

motivated and self-challenging,” he said. Gregorio Guadarrama thanked the roomful of people, and said, “We are proud to be here. We are proud to be Ishmael’s parents.” Athletic director and English teacher Patrick Walker had nothing but great things to say about senior student athlete Kelly Hanlon. Walker admired the young woman’s strength and resiliency as a newcomer to Fallbrook. As part of a military family, Hanlon and her sisters moved around the country every two years. But Walker said Hanlon adapted immediately after joining the high school’s dance team, where she bonded with other student athletes. “She’s just such a great example of a student coming into class, being focused and taking care of business,” Walker said. Hanlon was a three year varsity diver and was named twice as Valley League champion. She worked as a lifeguard and swim instructor, maintained a 4.16 GPA and was involved in equestrian, Fellowship of Christian Athletes and the California Scholarship Federation.

Hanlon has been accepted into the honors program at West Virginia University in the fall, where she said she plans to become an elementary school teacher, because she loves working with children. She said she also hopes to ride on the college’s equestrian team. Her father Jay Hanlon said his daughter was angry after she recently fell off her horse and broke her arm, leaving her unable to ride, dance or dive. “A week later, she’s back on her horse,” he said. “She isn’t afraid of anything. She dusts herself off and gets back in. We are very proud of you, Kelly.” Hanlon’s grandfather said he couldn’t me more proud of his oldest granddaughter. “She’s focused, determined and she knows where she’s going,” he said. Math teacher Debbie Berg nominated senior Jackson Kuran, calling him an outstanding student who is well-liked by his classmates and respected as a person of high character. “He’s honest, respectful and motivated. He is kind to others and cares deeply about their well-being. These personality traits will serve him well through all

the things life throws his way,” Berg said. Kuran is the fourth sibling in his family to earn the Student of the Month title. He plans to pursue a career in criminal justice and possibly become a special agent for the FBI. Berg said she wasn’t surprised Kuran chose a career where he would protect people. Kuran’s exceptional character was further emphasized by his high school pastor, the Rev. Spencer Osborn. “Character is the one thing that consistently shines through with Jackson,” Osborn said. Kuran’s family read text messages of encouragement from the young man’s siblings who could not all be there. His dad attributed Kuran’s solid character to his son’s strong faith in God. “We know the future has a lot for him,” he said. His mother said after Kuran suffered a sports-related injury, he wasn’t able to play lacrosse or varsity basketball, but he still went to games to cheer on his teammates and show support. “He was always the quiet leader and support system for his friends. It’s always been important for him to reach out to his friends and be

there for people. He’s never one to judge,” she said. Kuran said the nomination was a surprise to him and thanked everyone for it, including his parents, siblings, friends, girlfriend, pastor and God. Marin Pinnell, who could not be present at the ceremony, nominated senior Carlos Mejia. In a letter she wrote that Berg read aloud, Pinnell called Mejia an exceptional student athlete who has completed nine Advanced Placement classes during his four-year tenure. She said Mejia has maintained close to a 4.0 GPA while not receiving a grade lower than a B. More than grades, Pinnell said Mejia is a model student among his peers. “He collaborates with his peers, is polite to teachers and respectful to everyone around him,” she said. The young man excelled at cross country, track and football since his freshman year, and “dominated on the rugby field.” He also served as editor-in-chief of Fallbrook’s Tomahawk newspaper. “Fallbrook should be proud that we helped raise an amazing young man,” Pinnell said. Mejia’s older sister, Citli, spoke in high regard of her younger brother.

“He really is a wonderful kid. I’m so excited to see his accomplishments and I’m so proud of him. He’s one of my best friends,” she said. Citli Mejia said her brother Carlos is a cool teen who loves the arts and taught himself to play guitar and the keyboard. Mejia returned the praise for his sister and family. “They’ve always supported me in everything I did, even when I doubted myself,” he said. He called his sister his “emotional rock” and “the best thing that’s ever happened to him.” The Fallbrook senior said he might attend University of California Santa Barbara, study journalism and try out for the college’s rugby team. Mejia’s father said of his son, “He was a blessing for us. Thank you.” Fallbrook High School Principal David Farkas ended the ceremony with a few words. He said, “I just want to say thank you to everyone that’s involved in this. It’s very important to recognize and keep momentum in the community. By you coming out every month, it really goes a long way. It speaks volumes about Fallbrook.”

# AVOCADOS

from page A-1

the Shafters Car Club on the other side of the street. So, there is something for everyone to enjoy at the festival. MacDonald encourages visitors and locals alike to go in the shops while at the festival. Many of them also have avocado related items like avocado oil and avocado tea towels. She hopes they will check out the shops and “come back when there aren’t as many people. That’s the whole reason we do this,” she said. Besides free admission to the festival, there are also free shuttles with four pickup and drop off places with parking: Frazier Elementary on Gum Tree Lane, Fallbrook Community Center on Fallbrook Street and Heald Lane, Northgate Market on South Mission and at Fallbrook High School on South Stage Coach Lane. Drop off and pick up points with no parking are at the north and south ends of the festival on Main Avenue. *Note: No pets are allowed at the festival due to the large crowds. Pet owners should leave their pets at home.*

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detached as those first few days may be noisy and dramatic. Usually the parent who remains calm and unconcerned will see the benefit of the lessons during the second week, provided the child enters the water four or more times per week. If a child is fearful of new experiences and is scared to go underwater or get their eyes wet or simply terrified, get an instructor who is experienced. These issues can be turned into a growing experience. Be assured that respect for water and love of swimming



Char Snyder teaches students of all ages how to swim.

is only a few days away. The most important part is respect and tolerance for the instructor and patience for the child. Above all, children need to learn to swim. Help your children learn a long-life skill. Help them be competent and learn life's lessons.

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# BWC prepares for annual luncheon and fashion show

BONSALL – The Bonsall Woman’s Club is hosting their annual luncheon and fashion show at the Vista Valley Country Club Friday, May 10, from 11 a.m. to 3 p.m.

The theme of this year’s event is “A Fashion Fantasy.” BWC members will model the fashions from Aston’s Boutique in Bonsall. Background music throughout the event will be provided by Cory Carrier. The fashions and accessories will be available for sale at the conclusion of the event.

The community is invited to celebrate Mother’s Day and to avoid the crowds around town May 12. So, gather friends and family as each table will hold eight ladies. The tables are sponsored by BWC members and local businesses.

The centerpieces are created by BWC members and embellished with Mike’s Flowers in Fallbrook. Lunch will consist of the signature Vista Valley pear salad, with grilled chicken, Asian pears, blue cheese, candied walnuts, butter lettuce and sweet onion dressing. Warm rolls and a gluten-free chocolate cake will complete the meal.

The luncheon will offer a variety of silent auction items up for bid: jewelry, designer handbags and

art, just to name a few. There will also be 16 raffle items and at least 10 baskets will have a spring or outdoors theme. One of the baskets, sponsored by the event committee, called “Diez de Mayo,” will be centered around margaritas; a couple of hand-painted margarita glasses, tequila, margarita mix, etc. Another will have a picnic theme with mostly money sponsored by BWC’s past presidents. The BWC’s book club basket will be called “All things chocolate.” Another is “An Afternoon Tea.” The baskets range in value from \$200 to \$300. To win one of these baskets, simply place purchased tickets in the container next to the basket and wait for the drawings.

The cost is \$55 per person, all inclusive. All proceeds will benefit local charities and high school scholarships. To reserve seats, mail a check, payable to Bonsall Woman’s Club, to Robin Scheuer, 29413 Integrity Court, Vista, CA 92084-2231. For more information, call Robin at (760) 639-0942. The deadline for reservations is May 2. For more information on the Bonsall Woman’s Club visit [www.BonsallWomensClub.org](http://www.BonsallWomensClub.org).

*Submitted by Bonsall Woman’s Club.*



The fashion show committee poses for a photo after the April Bonsall Woman’s Club meeting. Courtesy photo



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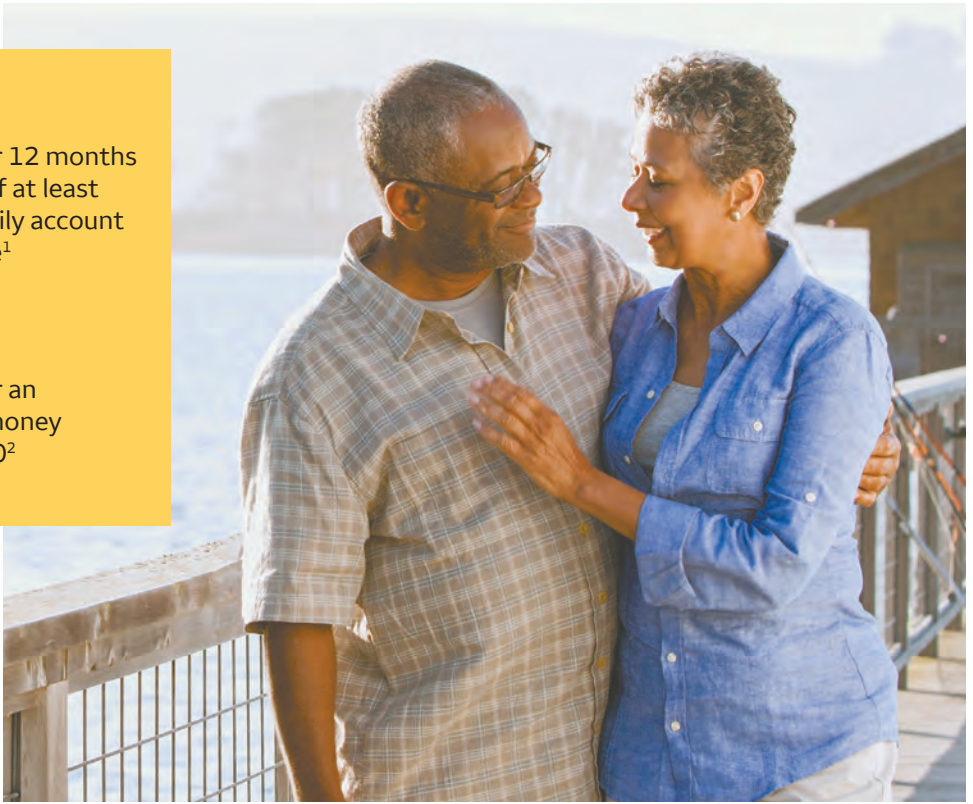
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# Fallbrook man sentenced for man's fentanyl overdose death

City News Service

A Fallbrook man who sold heroin laced with fentanyl to a man who fatally overdosed on the drugs was sentenced to more than a dozen years in federal prison.

Corey Bernard Green, 42, was sentenced in San Diego federal court Friday, April 5, for providing the laced drugs to 34-year-old Joseth Adam Sellars, who died Nov. 3, 2017. Sellars, who had reached about 100 days of sobriety by the date of his death, was found by his wife, lying face down on the couple's living room floor, according to prosecutors.

Authorities said text messages between Green and Sellars indicated that Green provided him with the laced heroin and that Sellars took an Uber to Green's home to pick up the drugs. Following Sellars' death, prosecutors said Green made internet searches related to Sellars' death, with keywords including Fallbrook and Nov. 3.

Green was arrested Nov. 30, 2017, and later pleaded guilty to a manufacturing a controlled substance charge filed by the San Diego County District Attorney's Office. He later also pleaded guilty to a distribution of fentanyl count filed by federal prosecutors.

At Friday's sentencing hearing, Sellars' wife, Rebecca, said she had repeatedly told Green to "leave my husband alone" while Sellars was going through drug treatment.

On the day she found her husband dead, she said "I woke up in a very good mood because I believed my husband was 102 days sober."

Sellars' wife was quoted in the government's sentencing papers that "in an instant, the earth stopped spinning, the sun ceased shining and all I could see was a world that I didn't want to live in anymore."

The sentencing papers also said that the case was a "prime example of the extraordinarily devastating impact that fentanyl, a drug far more potent than heroin, has on lives."



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# Friends of the Fallbrook Library to meet April 17

FALLBROOK – Members of the Friends of the Fallbrook Library and potential future members are invited to attend its annual meeting Wednesday, April 17, at noon in the community room at the library. At that time, the membership will vote on the incoming board of directors for 2019-2020 and on the operating budget for that year. These decisions affect all aspects of the ongoing business

of the organization and the general membership. Attendees are invited to enjoy lunch, which will be provided by the board. Those who arrive a few minutes early can view the current outstanding art exhibit “Life Doesn’t Frighten Me: Hope Inspired Through Art” in the library community room on display through May 4. For questions, call President Tom

Mintun of Friends of the Fallbrook Library at (760) 723-8475. Also visit <http://falbrooklibraryfriends.org> for more information about the organization. The library is located at 124 S. Mission Road.

*Submitted by Friends of the Fallbrook Library.*

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Map

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## Fallbrook Art Association celebrates 50 years of supporting artists

**Lucette Moramarco**  
Associate Editor

The residents of the Fallbrook area have many interests, pursuits and hobbies that include horses, vintage cars, wineries, gems and minerals, gardening and art. The many artists here specialize in a variety of mediums as varied as watercolor and printmaking to sculpture and photography. For inspiration, support and education, the artists get together in clubs, groups and associations.

Fallbrook Art Association, a nonprofit organization, was launched in 1962, then incorporated in 1969, so it is celebrating its 50th year of incorporation this year. The association has supported art in the community in many ways, by sponsoring demonstrations, workshops, festivals, exhibit opportunities, scholarships and both open judged and juried shows.

Some of its early programs, including art experiences for

elementary school students through "Art Assist," are still offered today. Support of artists of all ages has grown to include college scholarship awards and San Diego Fair Fine Art competition donor awards.

For artists of all abilities, well-known guest artists provide critiques, demonstrations and workshops at the association's monthly meetings, the third Saturday of each month, at the Fallbrook Women's Club.

In its early days, FAA began holding art shows in the Fallbrook High School band room, cafeteria, local bank offices, and outdoor venues and later graduated to exhibiting in the Fallbrook Art Center and Brandon Gallery. Its open judged and/or juried shows are held twice each year, with cash award winners chosen by renowned international and national award-winning artists.

Now, 50 years later, FAA recently opened a new space to showcase



In a photo dated April 1969, FAA Past President Clarence Dusch is seen with art show winners Mary McLeod and Debbie Sievers, who has returned to Fallbrook as a teacher at the Fallbrook School of the Arts.



Debra Sievers paints a portrait at a local store during a Wine & a Bite Art Walk, June 2018. That storefront is now FAA's The Gallery.



In this photo from 1980, FAA Past President Clarence Dusch, 1968-1973, welcomes the 200th FAA member Barbara Parlan. Dusch signed the incorporation documents and remained active with FAA for more than 20 years. The association has 149 members, as of April 5.



FAA member and longtime Fallbrook resident Shirley Calvert poses with one of her three paintings that are currently on display at The Gallery. Courtesy and Lucette Moramarco photos

the artwork of members as well as non-members. The displayed art is judged by a different experienced artist each month and winners are awarded ribbons in several categories. Classes in various media and techniques are also offered throughout the month.

The gallery is staffed by FAA members. Many of these volunteers have a long history with FAA, such as current co-presidents Julie Compton and Ruth Parker who are co-directors of the gallery and past presidents Susan Frommer, Patricia Hartman, Karen Langer Baker, Carol Reardon and Anne Youngblood, who have each served in many capacities before and after they served as president.

FAA members are dedicated to the arts and supporting their community. One such artist is Ray Fedorchak, a Fallbrook resident since 1977 and former co-owner of El Jardin Restaurant, who currently exhibits his work at The Gallery. The Gallery offers monthly shows of emerging and established well-known artists including Shirley Calvert, Jack Ragland and Lynn Gertenbach.

Calvert was the member on duty at The Gallery April 5. She grew up in Fallbrook and raised her family here. She has also been an artist her whole life and an FAA member almost since it started. She has three watercolor paintings on display this month, one of which was awarded a second place ribbon. She remembers when the association met at the high school and has taken art classes all over San Diego County.

Besides the art of adult artists,

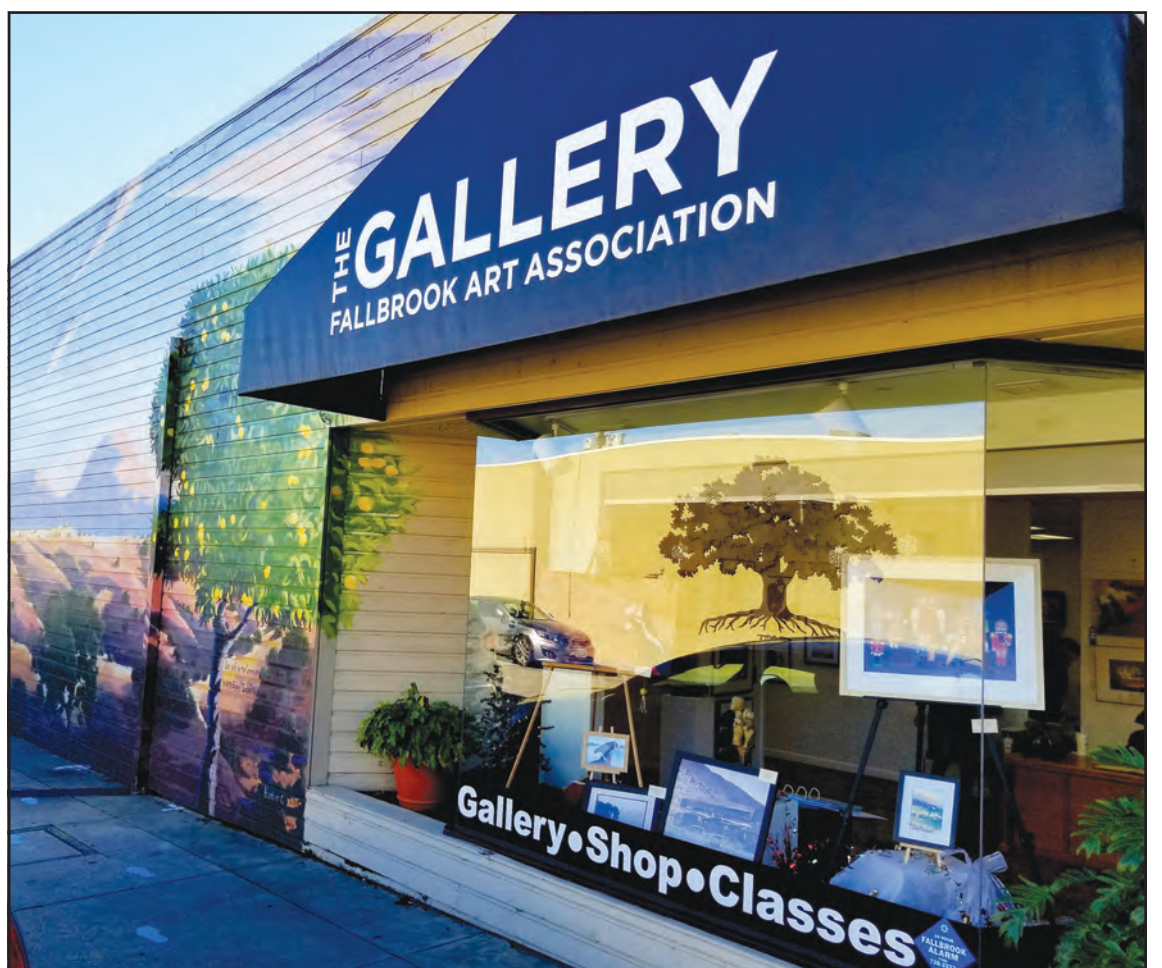
The Gallery is displaying the Jr. Art of the Avocado entries. Visitors can vote for their favorite entry; winners will be announced April 25. The Gallery is located at 127 North Main Street in Fallbrook and is open Tuesday through Saturday, 11 a.m. to 5 p.m., and Sundays, noon to 3 p.m. For more information, call The Gallery at (760) 645-0491.

Annual FAA membership for

artists and non-artists is offered to individuals, families and students. FAA has won many awards and certificates of appreciation for art demonstrations and art exhibits over the decades. A monthly newsletter is mailed out and can also be found, along with newsletters from past years, photos and information about the shows and their winners at [www.fallbrookartasn.org](http://www.fallbrookartasn.org).



Historical photo of Mrs. Alta Anders shows the FAA past president at 'Dog Patch' outdoor art venue on South Mission Road.



Current day photo of The Gallery window on the corner of North Main and East Hawthorne.



HEALTH

Enjoy the practicalities of pleasure



Laurel Lozzi is a member of the Fallbrook Wellness Directory and currently practices massage and craniosacral therapy at Transcendent Touch Healing Massage in Fallbrook.

**Laurel Lozzi**  
Special to Village News

What if pleasure was on the to-do list? As Tony Hoagland said in his poem “The Word,” “Down near the bottom, Of the crossed-out list, Of things you have to do today, Between ‘green thread,’ And ‘broccoli,’ you find, That you have penciled ‘sunlight. To remind you that, Among your duties, pleasure, Is a thing, That also needs accomplishing. Do you remember? That time and light are kinds, Of love, and love, Is no less practical, Than a coffee grinder, Or a safe spare tire?”

What a great reminder that pleasure is indeed practical, and yet as the world speeds up and people’s lives become full of impossible to-do lists and endless notifications pinging for attention, pleasure is shoved aside. At a superficial layer, it’s easy to agree that pleasure is good, yet to live and act as such is counter cultural. People are rewarded for working hard, accumulating intellectual

knowledge, status and sacrificing themselves for the greater good. Only in some subcultures are

What a great reminder that pleasure is indeed practical, and yet as the world speeds up and people’s lives become full of impossible to-do lists and endless notifications pinging for attention, pleasure is shoved aside.

people encouraged to slow down, trust their bodies and enjoy a life of sensation. It takes time, space and attention to cultivate a life with pleasure.

Fundamentally, pleasure comes from sensory experiences. It’s of this world, of the earth and of the body. However, pain is also a sensory experience. So what distinguishes the two?

Simply put, people’s preferences. One they like and one they don’t. At their essence,



Laurel Lozzi, a Fallbrook massage and craniosacral therapist, gives a massage to a client. Shane Gibson photo

both pleasure and pain are sensations people experience in their bodies. Consider a personal experience of not knowing whether something is painful or pleasurable because the sensation was simply so intense. That’s exactly it, it’s intense sensation that goes beyond known preferences.

In my massage work, there are two primary ways to affect pain or discomfort. One is to lean into it, open toward it, breath and see if the sensation moves and releases. It’s best done without an agenda, with considerable

that pain creates a pathway, a habit or groove, and it becomes a solid accepted part of their life. If they experience a new sensation or movement, and it’s repeated enough, the cellular memory shifts, and thus they shift as well. Experiencing a pleasurable sensation is enough to shift this experience and reality by imprinting a new memory or a remembering in the cells.

Which leads to the second and less common way to affect pain or discomfort: experiencing pleasure or the absence of pain. It’s subtle and requires a

in healing and changing pain. Craniosacral therapy fits into this category.

Both methods work, both are great and it takes discernment and listening skills to know which method to use at any particular time.

So what would happen if people’s everyday lives were woven with pleasure? No longer squeezed and pressured for air time. Something they trusted as a practical thing.

I’m inclined to believe that one benefit of pleasure is increasing someone’s health and quality of life. It may be the mindset that shifts their orientation toward preventative health care rather than the current symptomatic health care system. It may heal their relationships with their bodies, as a place to enjoy rather than control. It may lead to less consumption and overspending, as people take in and absorb their sensual world as nourishing and enlivening. It may be just the thing needed to reclaim joy and spiritual fortitude in their lives.

*Laurel Lozzi is a member of the Fallbrook Wellness Directory and currently practicing massage and craniosacral therapy at Transcendent Touch Healing Massage in Fallbrook with her father Craig Lozzi. Her sessions are intuitive and restorative, often touching into both pain and pleasure.*

Yes, people can age gracefully

American Counseling Association

As people age, things change. Some of those changes are obvious in the mirror, while others become evident when a flight of stairs leaves them out of breath or when they can’t remember the name of that cousin in Omaha.

Accepting the physical and mental changes that occur as people get older can be stressful. The aging process can be frightening in some ways, especially if they aren’t prepared for the gradual changes that everyone faces. But people can prepare for the inevitable changes that aging brings and take some actions to help minimize the effects of those changes.

Becoming older brings a variety of physical changes. Bones become smaller and weaker, the heart pumps blood at a lower rate and their metabolism and digestive system slow down. They face more dental problems, and their skin begins to wrinkle and become less elastic.

So what’s the good news? Simply that there are ways to fight back. No, people can’t stop all the changes that getting older brings, but they can accept those changes and take action to minimize the negative effects.

It means people can be proactive in terms of aging. Staying healthy at any age doesn’t just happen. Diet, for example, is an important part of feeling good and staying

healthy regardless of age, but it is especially important as people get older. A diet rich in fruits, vegetables and whole grains is one way to assist a slowed down digestive system and to increase overall energy.

People can also check with their family physician about whether vitamin and mineral supplements might be a good idea. And seeing that physician on a regular basis can help minimize the risk of suddenly facing a serious health problem.

People can also fight the aging process by staying physically and mentally active. Exercises like muscle training and resistance work can help reverse bone loss and fight the back problems that often come with aging. The local YMCA or physical trainer can help set up a program that is appropriate.

Maintaining social contacts, learning something new like a musical instrument or foreign language or just playing word games or doing crossword puzzles can all help keep the brain active.

Getting older may not always be fun, but people can take actions to help minimize the stress it can bring and overcome the limitations aging might otherwise put on their life.

Counseling Corner is provided by the American Counseling Association. Comments and questions to ACAcorner@ counseling.org or visit [www.counseling.org](http://www.counseling.org).

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# Thinking About Health: Drug company payments to doctors may influence prescription choices



**Trudy Lieberman**  
*Rural Health News Service*

Recently Peggy, an Indiana woman and reader of this column, sent me a lengthy email about her 94-year-old mother who is rapidly spending down her minimal savings to pay for prescription drugs.

Peggy didn't hold out much hope that prices would come down before it was too late for her mom. But she succeeded in lowering her mom's drug costs and what she learned along the way can be helpful to others strapped by high pharmaceutical bills.

Her mother is typical of many women in old age who have only a tiny financial cushion to absorb the continual price hikes imposed by the drug makers. She was raised

during the Depression, didn't work much outside the home, lived in a condo her son bought and moved to an assisted living facility almost two years ago.

The facility's \$3,100 monthly fee plus drug copays bit into her savings, which totaled about \$30,000 when she moved to assisted living. Government benefits earned by Peggy's father who served in the Korean War, a small pension from a former employer and Social Security benefits covered all but about \$600 of the assisted living fee. The rest came from her savings, which now are about half of what they were in 2017.

While most of her mother's drug copays and other out-of-pocket pharmaceutical expenses have been manageable, Peggy said it was the \$313 copay for a three-month supply of a well-known, heavily advertised blood thinner a cardiologist had ordered that was the biggest culprit causing her mother's savings to shrink.

That was the price her mom was paying when she hit Medicare's infamous doughnut hole last year.

Peggy said every time her mom visited the physician, the doctor told her she was lucky to take the expensive blood thinner instead of the other "stuff" which he called "rat poison" implying a cheaper drug was inferior, even dangerous. Peggy said at every visit he told her that she was fortunate to be

taking something better.

Then a family member discovered [www.openpaymentsdata.cms.gov](http://www.openpaymentsdata.cms.gov), a database maintained by the Medicare program that reveals the amounts of money pharmaceutical companies pay to doctors in speaking and consulting fees, in research fees and for food and drink expenses. Her mom's cardiologist had received nearly \$80,000.

Peggy had a bad feeling about the doctor and switched her mom to another physician who kept her on the high-priced drug for a couple of months. Then she was diagnosed with anemia, taken off blood thinners and prescribed low-dose aspirin.

In the meantime, Peggy's husband had a heart attack and developed a blood clot. His doctor prescribed a low-cost blood thinner that's been on the market for years. She said he's doing just fine on the "rat poison" disparaged by her mother's former doctor. His cost is

a \$6 copay every 30 days.

For a long time, impartial medical experts have thought that the choice of drugs and devices may be related to payments doctors receive from drug and device companies.

Since 2014 the Physician Payments Sunshine Act requires drug and device makers to report to the government the payments they make to doctors. The Medicare database is a treasure trove of some 11 million payments to physicians.

The online publication ProPublica found that drug and device makers gave more than 1 billion to doctors and hospitals from August 2013 to the end of 2016. Some doctors have received payments totaling millions of dollars.

However, the drug and device database may be one of health care's best-kept secrets.

A study published in the British Medical Journal found that only about 3 percent of respondents

said they knew if their own doctor had received payments from the medical industry. Unlike Peggy's family, they had no idea that Medicare's Open Payments database existed.

Most Americans don't readily switch doctors sometimes – even in the face of overwhelming evidence that the doctor performed badly. The Lown Institute, a Boston medical think tank, reporting on the BMJ study, concluded, "maybe we should be more open to switching doctors based on their relationship with industry."

Peggy had some advice of her own to share.

"Do the research," she said. "Did the doctor receive money to push the drug? Ask questions? How much does the drug cost? Is it really a better alternative?"

*Do you have an experience about health insurance you'd like to share or a question you'd like to ask? Write to Trudy at [trudy.lieberman@gmail.com](mailto:trudy.lieberman@gmail.com).*

## CROSSWORD PUZZLE

by Myles Mellor

- Across**
- 1. Chose
  - 6. Asian desert
  - 10. Basis of matter
  - 14. Urbane
  - 15. Rent-\_\_\_
  - 16. Tile construction piece
  - 17. Jack who ate no fat
  - 18. Mustang reservoir
  - 19. "Tis the Season" refrain starter
  - 20. Miscalculate
  - 23. Prefix with sphere
  - 24. Beginning for "lateral"
  - 25. Gray shade
  - 28. Sounds of disapproval
  - 31. Canadian peninsula
  - 35. Henna and others
  - 37. Old French coins
  - 39. Musical production
  - 41. "Hup, two, three, four" caller
  - 44. Moses-related mountain
  - 45. "Let's Get It On" singer
  - 46. Helper in the Capitol
  - 47. Central Mexican civilization, once
  - 49. Part of a guitar
  - 51. Earl Grey for one
  - 52. Angelina Jolie biopic about a fast-living model
  - 54. Body soother
  - 56. Just drifting
  - 63. Former Big Apple bigwig Ed
  - 64. Tour de France no-nos
  - 65. Andalusian appetizers
  - 67. Stickum
  - 68. Brother of Fidel
  - 69. Elicit
  - 70. "I should \_\_ lucky"
  - 71. Estimator's phrase
  - 72. Revisit the laces
- Down**
- 1. C.I.A. forerunner
  - 2. Polynesian menu platter
  - 3. Mountain pool
  - 4. Duck
  - 5. Ascertain
  - 6. Means of access
  - 7. Edible tubers
  - 8. African language
  - 9. Annoying
  - 10. Goes with Romeo
  - 11. Milk source
  - 12. Look at flirtatiously
  - 13. Flightless bird
  - 21. Martini's wine partner
  - 22. Cat sound
  - 25. Does math
  - 26. Neighbor of Turkey
  - 27. Ketchup maker
  - 29. Big ape
  - 30. Lazy or black-eyed one
  - 32. Shelter grp.
  - 33. Small
  - 34. Eat away at
  - 36. Timber
  - 38. Eye problem
  - 40. District
  - 42. Lord's worker
  - 43. Scouting outing
  - 48. "O tempora! O mores!" orator
  - 50. You don't want to be out of this
  - 53. How some stocks are sold
  - 55. Take off
  - 56. Pineapple name
  - 57. Critical hosp. areas
  - 58. Stat start
  - 59. Markers
  - 60. City where Nobel Peace Prizes are awarded
  - 61. Good name for a Dalmatian
  - 62. "Tobermory" writer
  - 63. Cold war grp.
  - 66. Visit

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13. Flightless bird
21. Martini's wine partner
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66. Visit

## Answers

E	I	T	E	R		O	S	R	O		O	S	E	B
E	K	O	V	E			U	A	R		E	U	L	G
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O	G	E	L		R	A	C	A		E	V	A	U	S
M	O	T	A		I	B	O	G		D	E	T	P	O



# Electronic data helps protect the public from influenza

**José A. Álvarez**  
County of San Diego  
Communications Office

How bad is the flu season? Were any flu-related deaths reported last week? Did the number of flu cases go up or down? How about the percentage of people at local emergency rooms with influenza-like symptoms?

These are the main questions that Brit Colanter, an epidemiologist with Public Health Services at the San Diego County Health and Human Services Agency, must find answers for year-round to determine how influenza is impacting residents in the region.

To do that, she turns to several county systems that collect electronic health information and lab results from the local medical community on influenza and dozens of other infectious diseases.

These systems include a communicable disease registry and other electronic health data systems. Colanter and her colleagues analyze the data on a weekly basis to determine how influenza is impacting the local community.

The analysis is turned into HHSA’s weekly Influenza Watch report, which tracks key flu indicators and summarizes influenza activity in the region. The report is issued every Wednesday from October to April primarily to the medical community, but members of the public and the media can also register to receive it.

The data crunching requires a lot of packaging that results in spreadsheets, tables and graphs that inform county doctors about influenza activity at any week during the season and what trends are being detected.

“Now we have more robust electronic records which allow us to have comparable data from season to season,” Colanter said.

For Colanter, the data behind the Influenza Watch report are like pieces of a puzzle that help to describe for the medical community what is happening in relationship to influenza.

“I love it,” Colanter said, who has been with HHSA for 15 years and has a master’s degree in public health epidemiology from San Diego State University. “Public health is a great place to be. I have always been interested in infectious diseases.”

### Data on Influenza Deaths

On influenza-related deaths, the county collects as much data as possible, but privacy is protected, and the information released to the public is limited. What is reported is the date of death, the age and gender of the person who died, the type of influenza involved, as well as the region of the county where they lived and whether they had underlying medical conditions or had been vaccinated.

To get all this info, Colanter looks at electronic medical records, the San Diego Regional Immunization Registry and death certificates that are filed with the county’s Office of Vital Records and Statistics.

The lab-confirmed influenza cases come from local hospital labs and private medical labs, as well as the county Public Health Lab and community clinics, which also serve as influenza sentinel sites. Much of the lab data are reported through electronic lab interfaces with local hospital labs.

The cases are then divided by flu strain, which this season has predominantly been influenza A Pandemic H1N1, although the region has now started to see an increase in influenza A H3N2.

Local emergency departments also report the percentage of patients reporting influenza-like illness, which Colanter compiles to provide a weekly percentage for the region.

### Protecting the Public’s Health

Although only pediatric deaths and influenza outbreaks are required to be reported to local health departments in California, the county encourages voluntary reporting of all lab-confirmed influenza cases so it can provide a more detailed and accurate picture of flu activity. These reports help to identify flu outbreaks and deaths. The close connection to the local medical community allows the county to provide extensive analysis on influenza.

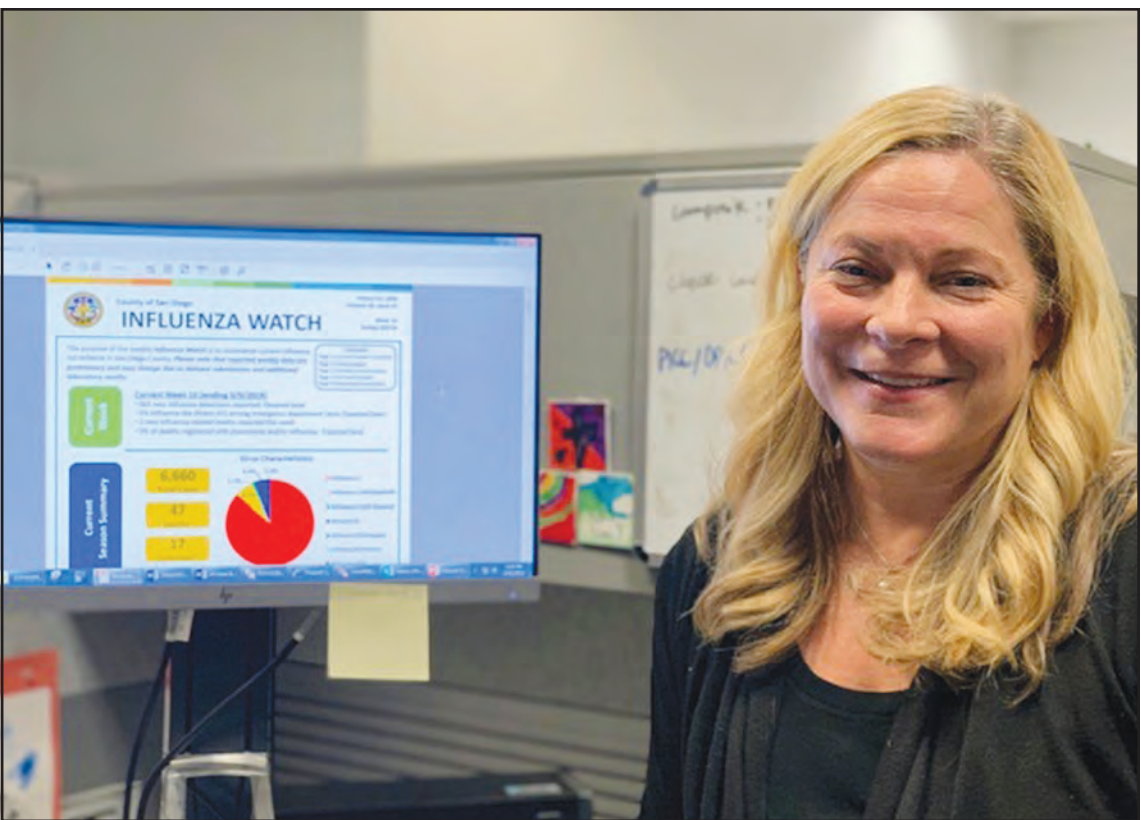
“We have really good

relationships with our local hospitals and providers,” Colanter said, who in years past had to call emergency departments each week to collect their percentage of influenza-like illness. “Now we have more robust electronic records which allow us to have comparable data from season to season.”

The county’s electronic data collection enables Colanter and other county epidemiologists to provide timely and detailed internal and external reports, not just on influenza, but on other infectious diseases that occur in the region.

Recently, Colanter prepared an extensive flu case count and influenza-like illness report for each week of the past 11 influenza seasons. Both reports were created at the request of the local daily newspaper.

“The data we provide helps inform local residents and to protect the public’s health,” Colanter said.



Brit Colanter is an Epidemiologist with Public Health services at the county Health and Human Services Agency.

Courtesy photo

Get a second

opinion without

going to a

second location.

If you have serious health questions, you need a doctor who is serious about getting answers. Palomar Health is part of the Mayo Clinic Care Network, giving us special access to Mayo Clinic knowledge, expertise and resources — and giving you the confidence of knowing you’ll receive high-quality health care, close to home.

To find a doctor near you or learn more, visit [PalomarHealth.org/Mayo](https://www.palomarhealth.org/mayo) or call **800.628.2880**.

PALOMAR  
HEALTH

MAYO CLINIC  
CARE NETWORK

Member



# LEGALS

## Fictitious Business Name

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9007141  
Name of Business

#### PICTURE IT RENOVATED

3650 Linda Vista Drive, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Lauren Lynn Kelly-Hill, 3650 Linda Vista Drive, Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name as of 03/01/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/19/19  
**LEGAL: 4970**  
**PUBLISHED: March 28, April 4, 11, 18, 2019**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9006675  
Name of Business

#### MOODYYS

5332 Olive Hill Trl, Bonsall, CA 92003  
Mailing address: PO Box 969, Bonsall, CA 92003  
County: San Diego  
This business is registered by the following:  
Bonsall Petroleum Construction, Incorporated, 5332 Olive Hill Trl, Bonsall, CA 92003  
This business is conducted by a Corporation  
This Corporation is located in the state of California  
Registrant first commenced to transact business under the above name as of 3/21/15  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/13/19  
**LEGAL: 4971**  
**PUBLISHED: March 28, April 4, 11, 18, 2019**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9007179  
Name of Business

#### LL PHOTOGRAPHY

2532 Katherine Ct, El Cajon, CA 92020  
County: San Diego  
This business is registered by the following:  
Lee Dennis Landes, 2532 Katherine Ct, El Cajon, CA 92020  
This business is conducted by an Individual  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/19/19  
**LEGAL: 4972**  
**PUBLISHED: March 28, April 4, 11, 18, 2019**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9007248  
Name of Business

#### TRES HERMANOS LANDSCAPING AND TREE SERVICES

1455 Alturas Rd. Spc. 87, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Ignacio Resendiz-Jimenez, 1455 Alturas Rd. Spc. 87, Fallbrook, CA 92028  
This business is conducted by an Individual  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/20/19  
**LEGAL: 4973**  
**PUBLISHED: March 28, April 4, 11, 18, 2019**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9006393  
Name of Business

#### FALLBROOK TREASURES

2644 Vista de Palomar, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Victoria R. Cicalo, 2644 Vista de Palomar, Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name as of 03/10/2019  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/11/19  
**LEGAL: 4974**  
**PUBLISHED: March 28, April 4, 11, 18, 2019**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9007638  
Name of Business

#### MICROTEK SWISS

560 Industrial Way, Ste. A, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Hector Antonio Santana, 460 Debby St., Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name as of 03/25/2019  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/25/19  
**LEGAL: 4976**  
**PUBLISHED: March 28, April 4, 11, 18, 2019**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9008387  
Name of Business

#### NEXT GENERATION PAINTERS

236 N. Pico Ave Apt C, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Mateo Alvaro Jr., 236 N. Pico Ave Apt C, Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name as of 11/01/2018  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 04/02/19  
**LEGAL: 4990**  
**PUBLISHED: April 11, 18, 25, May 2, 2019**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9007999  
Name of Business

#### DONUT PANTRY

833 So. Main St #F, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Thavy Ly, 302 Arroyo Vista, Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name as of 3/27/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/27/19  
**LEGAL: 4991**  
**PUBLISHED: April 11, 18, 25, May 2, 2019**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9007624  
Name of Business

#### CLOSE NOW PROCESSING

815 Mission Ave Suite 209, Oceanside, CA 92054  
County: San Diego  
This business is registered by the following:  
Lizbeth Rodriguez, 150 Mayfair St, Oceanside, CA 92058  
This business is conducted by an Individual  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/25/19  
**LEGAL: 4977**  
**PUBLISHED: March 28, April 4, 11, 18, 2019**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9005495  
Name of Business

#### APEX HOME IMPROVEMENTZ

1325 Reche Rd, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Herman Pedro Enciso Jr, 1325 Reche Rd, Fallbrook, CA 92028  
This business is conducted by an Individual  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/04/19  
**LEGAL: 4959**  
**PUBLISHED: March 21, 28, April 4, 11, 2019**

## Fictitious Business Name

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9006205  
Name of Business

#### DRAVES PIPELINE

1030 Linda Vista Dr., San Marcos, CA 92069  
Mailing address: PO Box 1051, Bonsall, CA 92003  
County: San Diego  
This business is registered by the following:  
Dale Donald Draves, 727 Burma Road, Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name as of 06/15/79  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/11/19  
**LEGAL: 4957**  
**PUBLISHED: March 21, 28, April 4, 11, 2019**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9005079  
Name of Business

#### DAVE DALEY INTERNATIONAL

3457 Hillside Ln, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Brightside Cleaning Restoration Inc., 3457 Hillside Ln, Fallbrook, CA 92028  
This business is conducted by a Corporation  
This Corporation is located in the state of California  
Registrant first commenced to transact business under the above name as of 10/15/15  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 02/26/19  
**LEGAL: 4958**  
**PUBLISHED: March 21, 28, April 4, 11, 2019**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9008172  
Name of Business

#### JUNEAU ARCHITECTS AND CONSTRUCTION LLC

2211 Encinitas Blvd Ste 200, Encinitas, CA 92024  
County: San Diego  
This business is registered by the following:  
Continuity LLC, 2211 Encinitas Blvd Ste 200, Encinitas, CA 92024  
This business is conducted by a Limited Liability Company  
This LLC is located in the state of California  
Registrant first commenced to transact business under the above name as of 3/15/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/29/19  
**LEGAL: 4994**  
**PUBLISHED: April 11, 18, 25, May 2, 2019**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9005051  
Name of Business

#### NORTH COUNTY BUILDING SERVICES

125 Shelby Ln, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Patrick Reynoso, 125 Shelby Ln, Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name as of 04/18/2005  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 02/26/19  
**LEGAL: 4960**  
**PUBLISHED: March 21, 28, April 4, 11, 2019**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9006034  
Name of Business

#### VILLAGE INTERIORS

115 E. Hawthorne St, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
a. Sharon Lo Reen Stika, 243 N. Wisconsin St., Fallbrook, CA 92028  
b. Curtis Edward Stika, 243 N. Wisconsin St., Fallbrook, CA 92028  
This business is conducted by a Married Couple  
Registrant first commenced to transact business under the above name as of 1/1/1961  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/07/19  
**LEGAL: 4961**  
**PUBLISHED: March 21, 28, April 4, 11, 2019**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9007012  
Name of Business

#### ALL MAKES ALL CARS AUTO REGISTRATION SERVICES

936 E Mission Rd #C-1, Fallbrook, CA 92028  
Mailing address: PO Box 2196, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Lorena Barboza, 28437 Tulita Ln, Menifee, CA 92584  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name as of 03/18/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/18/19  
**LEGAL: 4963**  
**PUBLISHED: March 21, 28, April 4, 11, 2019**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9006604  
Name of Business

#### OLIVE TIRE SHOP INC.

365 Olive Ave, Vista, CA 92083  
Mailing address: 604 Tatum St, Vista, CA 92083  
County: San Diego  
This business is registered by the following:  
Olive Tire Shop Inc., 365 Olive Ave, Vista, CA 92083  
This business is conducted by a Corporation  
This Corporation is located in the state of California  
Registrant first commenced to transact business under the above name as of 01/29/18  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/13/19  
**LEGAL: 4975**  
**PUBLISHED: March 28, April 4, 11, 18, 2019**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9008652  
Name of Business

#### H2O BOTANICALS, LLC

1317 Sycamore Hts., Fallbrook, CA 92028  
Mailing address: 5256 S. Mission Rd. #703-336, Bonsall, CA 92003  
County: San Diego  
This business is registered by the following:  
H2O Botanicals, LLC, 1317 Sycamore Hts., Fallbrook, CA 92028  
This business is conducted by a Limited Liability Company  
This LLC is located in the state of California  
Registrant first commenced to transact business under the above name as of 3/1/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 04/04/19  
**LEGAL: 4992**  
**PUBLISHED: April 11, 18, 25, May 2, 2019**

## Fictitious Business Name

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9007771  
Name of Business

#### DISCOVER VISTA VILLAGE

209 E. Broadway Suite B, Vista, CA 92084  
County: San Diego  
This business is registered by the following:  
Vista Village Business Association, 209 E. Broadway Suite B, Vista, CA 92084  
This business is conducted by a Corporation  
This Corporation is located in the state of California  
Registrant first commenced to transact business under the above name as of 01/01/2019  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/25/19  
**LEGAL: 4982**  
**PUBLISHED: April 4, 11, 18, 25, 2019**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9007780  
Name of Business

#### BEAUTIFUL BLINDS

1066 Little Gopher Cyn. Rd., Vista, CA 92084  
County: San Diego  
This business is registered by the following:  
Boost Resources Inc, 31576 Cottontail Ln., Bonsall, CA 92003  
This business is conducted by a Corporation  
This Corporation is located in the state of California  
Registrant first commenced to transact business under the above name as of 8/1/1986  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/26/19  
**LEGAL: 4983**  
**PUBLISHED: April 4, 11, 18, 25, 2019**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9008060  
Name of Business

#### M&L RENTALS

1455 Alturas Rd. Spc. 87, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
1066 Little Gopher Cyn. Rd., Vista, CA 92084  
County: San Diego  
This business is registered by the following:  
Boost Resources Inc, 31576 Cottontail Ln., Bonsall, CA 92003  
This business is conducted by a Corporation  
This Corporation is located in the state of California  
Registrant first commenced to transact business under the above name as of 10/1/1998  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/28/19  
**LEGAL: 4984**  
**PUBLISHED: April 4, 11, 18, 25, 2019**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9007100  
Name of Business

#### CERTAPPO OF CARLSBAD

1311 Sunset Grove Road, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
EAJ, Inc, 1311 Sunset Grove Road, Fallbrook, CA 92028  
This business is conducted by a Corporation  
This Corporation is located in the state of California  
Registrant first commenced to transact business under the above name as of 1/14/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/19/19  
**LEGAL: 4985**  
**PUBLISHED: April 4, 11, 18, 25, 2019**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9007181  
Name of Business

#### J. ELIAS PAINTING

923 Alturas Rd. #35, Fallbrook, CA, 92028  
Mailing address: P.O. Box 35, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Juan Elias Lopez, 923 Alturas Rd. #35, Fallbrook, CA, 92028  
This business is conducted by an Individual  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/19/19  
**LEGAL: 4986**  
**PUBLISHED: April 4, 11, 18, 25, 2019**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9005870  
Name of Business

#### a. CRESCENT HALO b. SACRED FACTORY

11020 Bachelor Lane, Escondido, CA 92026  
County: San Diego  
This business is registered by the following:  
Josiah Lee Sharmahd, 11020 Bachelor Lane, Escondido, CA 92026  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name as of 12/10/18  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/06/19  
**LEGAL: 4987**  
**PUBLISHED: April 4, 11, 18, 25, 2019**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9007242  
Name of Business

#### THE MORTGAGE HUB

5256 South Mission Rd # 118. Bonsall, CA 92003  
County: San Diego  
This business is registered by the following:  
Todd Gavin Enterprises, Inc., 5256 South Mission Rd # 118. Bonsall, CA 92003  
This business is conducted by a Corporation  
This Corporation is located in the state of California  
Registrant first commenced to transact business under the above name as of 10/10/2009  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/20/19  
**LEGAL: 4978**  
**PUBLISHED: March 28, April 4, 11, 18, 2019**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9007396  
Name of Business

#### DC PLUMBING AND CONSTRUCTION

750 Otay Lakes Road #326, Chula Vista, CA 91910  
County: San Diego  
This business is registered by the following:  
a. David E. Gooch, 1774 Yale Street, Chula Vista, CA 91913  
b. Carol A. Gooch, 1774 Yale Street, Chula Vista, CA 91913  
This business is conducted by a Married Couple  
Registrant first commenced to transact business under the above name as of 01/01/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/21/19  
**LEGAL: 4979**  
**PUBLISHED: March 28, April 4, 11, 18, 2019**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9006447  
Name of Business

#### FALLBROOK TRACTOR WORK

2864 live oak park rd., Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Troy Andrew O'Brien, 2864 live oak park rd., Fallbrook, CA 92028  
This business is conducted by an Individual  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/12/19  
**LEGAL: 4962**  
**PUBLISHED: March 21, 28, April 4, 11, 2019**

## Fictitious Business Name

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9006974  
Name of Business

#### TIANYE VILLAGE SPA LLC

936 E. Mission Rd Ste E, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Tianye Village Spa LLC, 936 E. Mission Rd Ste E, Fallbrook, CA 92028  
This business is conducted by a Limited Liability Company  
Registrant first commenced to transact business under the above name as of 3/15/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/18/19  
**LEGAL: 4964**  
**PUBLISHED: March 21, 28, April 4, 11, 2019**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2019-9005915  
Name of Business

#### LIFEWEST SOUTHERN CALIFORNIA

4223 Ponderosa Ave, Suite A, San Diego, CA 92123  
Mailing address: 5225 N. Scottsdale Rd., Suite 102, Scottsdale, AZ 85250  
County: San Diego  
This business is registered by the following:  
LIFEWEST Southern California, 4223 Ponderosa Ave, Suite A, San Diego, CA 92123  
This business is conducted by a Corporation  
This Corporation is located in the state of California  
Registrant first commenced to transact business under the above name as of 03/7/2019  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 03/07/19  
**LEGAL: 4965**  
**PUBLISHED: March 21, 28, April 4, 11, 2019**

## Public Notice

### NOTICE TO CREDITORS OF SHARON A. MULLIN aka SHARON AMBROSINE MULLIN

**Case #:** 37-2019-00010764-PR-NC-CTL  
**SUPERIOR COURT OF CALIFORNIA COUNTY OF SAN DIEGO**

Notice is hereby given to the creditors and contingent creditors of the above-named decedent, that all persons having claims against the decedent are required to file them with the Superior Court, at the Central Courthouse, Probate Business Office, located at 1100 Union Street, Third Floor, San Diego CA 92101, Telephone:(619) 844-2676, and deliver pursuant to Section 1215 of the California Probate Code a copy to May Lorah, as trustee of the trust dated October 31, 2017 wherein the decedent was the settler at 35767 Via Las Ramblas, Temecula, California 92592, with the later of four months after 3/21/2019 (the date of the first publication of notice to creditors), or, if notice is mailed or personally delivered to you, 60 days after the date this notice is mailed or personally delivered to youm or you must file a late claim as provided in Section 19103 of the Probate Code. A claim form may be obtained from the court clerk. For your protection, you are encouraged to file your claimby certified mail, with return receipt requested.

(Date of mailing this notice if applicable)

JOHN W. CRAWFORD, ESQ., CSBN: 076149  
LAW OFFICES OF JOHN W. CRAWFORD, APC  
205 West Alvarado Street, Suite 3  
Fallbrook, California 92028  
(760) 728-5799  
Attorney for May Lorah, Trustee

(Amended by Stats. 2017, Ch. 319, Sec. 102. (AB 976) Effective January 1, 2018.)  
**Legal #4967**

**Published: March 21, 28, April 4, 11, 2019**

## Abandonment of Biz Name

### NOTICE OF PETITION TO ADMINISTER ESTATE OF

**ROSA LYDIA CANNELLA aka ROSA L. CANNELLA aka ROSA CANNELLA aka ROSE CANNELLA**  
CASE NO. 37-2019-00012870-PR-LA-CTL

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: **ROSA LYDIA CANNELLA aka ROSA L. CANNELLA aka ROSA CANNELLA aka ROSE CANNELLA**

A Petition for Probate has been filed by **SARAH CANNELLA and ANDREANA CANNELLA** in the Superior Court of California, County of SAN DIEGO

The Petition for Probate requests that **SARAH CANNELLA and ANDREANA CANNELLA** be appointed as personal representative to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

**A hearing on the petition will be held in this court as follows:**

Date: 5/7/2019 Time: 11:00 a.m. Dept. 504  
Address of court: 1100 Union Street, San Diego, CA 92101, New Central Courthouse- Probate

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) **four months** from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) **60 days** from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.  
**Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law**



Abandonment of Biz Name

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

File Number: 2019-9008368

Fictitious Business Name(s) To Be Abandoned: NEW GENERATION PAINTERS

236 N. Pico Ave Apt C, Fallbrook, CA 92028

County: San Diego

The fictitious business name referred to above was filed in San Diego County on 11/1/2018 and assigned File No. 2018-9027403

The fictitious business name is being abandoned by: Petrona Juan, 236 N. Pico Ave Apt #C, Fallbrook, CA 92028

This business is conducted by an Individual

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Apr. 02, 2019

LEGAL: 4989

PUBLISHED: April 11, 18, 25, May 2, 2019

NOTICE OF LIEN SALE

Notice is given that pursuant to sections 21700-21713 of the Business and Professions Code, Section 2328 of the Commercial Code, Section 535 of the Penal Code that Citrus Plaza Self Storage LLC, at 202 West College Street, Fallbrook, CA 92028 will sell by competitive bidding, on or after May 08, 2019 at 12:00pm, property belonging to those listed below. Auction to be held at the above address. Property to be sold as follows: Household, office & business goods, furniture, appliances, personal items, clothing, electronics, tools, duffle bags/suit cases, electronics, sporting and exercise equipment, miscellaneous boxes, containers & bags with unknown contents belonging to the following: Jacobs, Lillian

Cornejo, Efrain

Searle, Tammy

Mathews, Yvonne

Published April 11, 18, 2019

the village beat

Don't miss a beat on what is happening in Fallbrook, Bonsall, Pala, De Luz and Rainbow. Whether it is breaking news, local youth sports, or information on events and activities, you will find it quickly and easily at

thevillagenews.com

Check it out. Often.

 Village News

760723-7319

NOTICE OF TRUSTEE'S SALE TS No. CA-18-839768-RY Order No.: 180421123-CA-VOI

YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 10/13/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): **LUIS CRUZ AND NATALIA CRUZ, HUSBAND AND WIFE AS JOINT TENANTS** Recorded: **10/19/2006** as Instrument No. **2006-0744071** of Official Records in the office of the Recorder of **SAN DIEGO** County, California; Date of Sale: **5/13/2019 at 10:00 AM** Place of Sale: **At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020** Amount of unpaid balance and other charges: **\$374,636.21** The purported property address is: **225 COPPER AVENUE, VISTA, CA 92083** Assessor's Parcel No.: **164-083-15-00** **NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call **619-846-7649** for information regarding the trustee's sale or visit this Internet Web site <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: **CA-18-839768-RY**. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: **Quality Loan Service Corporation 2763 Camino Del Rio South San Diego, CA 92108 619-645-7711** For **NON SALE** information only **Sale Line: 619-846-7649** Or **Login to: http://www.qualityloan.com** **Reinstatement Line: (866) 645-7711 Ext 5318** Quality Loan Service Corp. TS No.: **CA-18-839768-RY** IDSPub #0151205 3/28/2019 4/4/2019 4/11/2019

FALLBROOK COMMUNITY PLANNING GROUP

And

DESIGN REVIEW BOARD

Regular Meeting

Monday 15 April 2019, 7:00 P.M., Live Oak School, 1978 Reche Road, Fallbrook

AGENDA as of 4/3/2019

1. Open Forum. Opportunity for members of the public to speak to the Planning Group on any subject matter within the Group's jurisdiction but not on today's agenda. Three minute limitation. Non-discussion and Non-voting item.

2. Approval of the minutes for the meeting of 18 March 2019. Voting Item.

3. Aviation Road Sidewalk Improvements project. The project proposes construction of 228 feet along West Aviation Road, curbs, gutters and pedestrian ramps at driveways. Associated drainage facilities and retaining wall will be constructed as necessary. The project is scheduled to go to the Board of Supervisors on May 22, 2019, to establish appropriations, authorization to advertise and award construction contract for the project. Environmental permitting is being processed (Notice of Exemption), and all work is within the County ROW. Advertising of the project is anticipated in late spring 2019 and construction in summer 2019. County Planner Nael Areigat, 858-694-2815, Nael.areigat@sdcounty.ca.gov. **Circulation Committee.** Community input. Voting item. (3/21)

4. Ammunition Road Sidewalk Improvements project. The project proposes construction of 175 feet of sidewalks along Ammunition Road, curbs, gutters and pedestrian ramps at driveways. Associated drainage facilities, retaining walls and storm water facility will be constructed as necessary. The project is scheduled to go to the Board of Supervisors on June 5, 2019, to establish appropriations, advertise and award construction contract for the project. Environmental permitting is being processed (Notice of Exemption), and all work is within the County ROW. Project funding is Pedestrian Gap special funding. Advertising of the project is anticipated in late spring 2019 and construction in summer 2019. County Planner Nael Areigat, 858-694-2815, Nael.areigat@sdcounty.ca.gov. **Circulation Committee.** Community input. Voting item. (3/21)

5. MUP19003 Request for a Major Use Permit for the Dragon Point Project. A proposed project for outdoor events such as weddings, wedding rehearsal dinners, family reunions, yoga/wellness, educational, and corporate events, located at 135 Avo Drive, APN 108-020-61. Owner Francis Hsu, 714-883-6988. Applicant and contact person Alan Hsu, 760-927-1531, edragobpoint88@gmail.com. County Planner Denise Russell Denise.russell@sdcounty.ca.gov. **Land Use and Design Review Committees.** Community input. Voting item. (3/14)

6. Request for waiver for the B Designator Design Review requirement for an office addition to the existing 2<sup>nd</sup> story office at the Grand Tradition, 220 Grand Tradition Way, APN 104-3590-14. Owner Grand Tradition, 760-728-6466, don@grandtradition.com. Contact Michael Robinson, 760-728-5380, merarchitect@gmail.com. County Planner Michael Johnson, 858-694-3429, Michael.johnson1@sdcounty.ca.gov. **Design Review Committee.** Community input. Voting item. (3/21)

7. Request for waiver for the B Designator Design Review requirement for the installation of one 8.52 illuminated sign for an existing AT&T store located at 1113 South Mission Road APN 104-390-02. Owner Sudberry Properties (Manny Hurrera), 858-546-3000. Contact person Steve Theriault, 619-571-9675, Steve@signtech.Com. County Planner Michael Johnson, 858-694-3429, Michael.johnson1@sdcounty.ca.gov. **Design Review Committee.** Community input. Voting item. (3/21)

8. Request for waiver for the B Designator Design Review requirement for an interior remodel and addition for the existing Pala Mesa Market at 4775 Via Belmonte, APN 125-050-54. Contact person Mike Mitchel, 760-484-0181, residentialdesigns@yahoo.com. County Planner Michael Johnson, 858-694-3429, Michael.johnson1@sdcounty.ca.gov. **Design Review Committee.** Community input. Voting item. (3/25)

9. On March 7, 2019, members of the Parks and Recreation Committee met with Margret Diss, SD County Trails Coordinator to discuss priorities for Fallbrook's pathways and trails. Our goal is to develop a plan that connects Fallbrook's existing and planned trails/paths to the downtown area and connect to the San Luis Rey Riverbed. We believe that utilizing pathways and trails is a large part of maintaining the character and feel of Fallbrook's equestrian and agricultural history. We ask for your help to fast-track these enhancement projects for the good of our community. Below is the list of priorities we would like to have presented to the County, referencing the existing Master Plan for Fallbrook's pathways and trails. In addition to the list below, we ask that the County consider pathways in areas where new sidewalks are planned. We believe this accomplishment will add value and help Fallbrook maintain its unique identity as the community grows.

A. # 05

N. Mission - E. Mission

The focus between S. Mission and Reche Road is a safety issue for High School athletes that train on the open road currently. This would connect the Santa Margarita River Trails from Stage Coach all the way to South Mission along Stage Coach Lane.

Connect Santa Margarita Open Space Preserve to Downtown

B. # 20

Gird Road between Live Oak Park and Monserrat Winery Pathway

Connect the community park to new winery and vineyard

C. #8

Gird Road between Monserrat Winery and San Luis Rey River Trails

First connection between the Fallbrook community and SLR pathways.

E. #07A - #20

Connecting open space to Bonsall on Mission

This would be Fallbrook's second connection to SLR Park Trails

F. #08A

Don Dessault Park to 05 Stagecoach to Reche Road to Live Oak Park

Connect Downtown to parks and wineries

G. #07C

Horse Creek Ranch - San Luis Rey River Park

Planned growth along the SLR area

**Parks and Recreation Committee.** Community input. Voting item. (3/25)

10. Waiver of B Designator Site Plan. Project: New fence and landscaping. Applicant & Location: Mission Resource Conservation District, 130 E. Alvarado St. APN 103-264-20-00 Contact: Courtney Provo, courtney@missionrcd.org. County Planner: Dag Bunнемeyer dag.bunнемeyer@sdcounty.ca.gov. **Design Review Committee.** Voting Item. (3/27)

NOTE: The Planning Group occasionally has openings on its **Land Use** (Jack Wood 760-731-3193), **Circulation** (Roy Moosa 760-723-1181), **Parks & Recreation** (Donna Gebhart 760-731-9441), **Public Facilities** (Roy Moosa 760-723-1181), and **Design Review** (Eileen Delaney 760-518-8888) Committees for non-elected citizens. Interested persons please contact the Chairman. This is a preliminary agenda. If any changes are made, a final agenda will be posted at the North County Fire District, 315 E. Ivy Street, Fallbrook, at least 72 hours prior to the meeting.

Jim Russell, Chairman, 205 Calle Linda, Fallbrook, California 92028, (760) 728-8081

Cell (760) 580-5516, russellfarms@roadrunner.com

Published April 11, 2019

NOTICE OF PUBLIC HEARING

PROPOSED CHANGE OF ELECTION SYSTEM AND ESTABLISHMENT OF TRUSTEE AREAS

FOR THE GOVERNING BOARD OF THE FALLBROOK UNION ELEMENTARY SCHOOL DISTRICT

You are hereby notified that resolutions have been filed with this office in accordance with Education Code section 5019 for a change of election system and the establishment of trustee areas for the Governing Board of the Fallbrook Union Elementary School District.

YOU WILL THEREFORE TAKE NOTICE that this matter will come before the Board of Education, San Diego County, acting as the County Committee on School District Organization, on Tuesday, April 23, 2019, at 6 p.m. at:

Fallbrook Union Elementary School District

Board Room—District Office

321 N. Iowa Street

Fallbrook, California 92028

Guidelines for conduct of the public hearing are available at [www.sdcoe.net/fallbrookelementaryupdates](http://www.sdcoe.net/fallbrookelementaryupdates) or by contacting Carmen Aguilar, administrative assistant to the superintendent, at [CPAguilar@sdcoe.net](mailto:CPAguilar@sdcoe.net) or 858-292-3515.

March 13, 2019

PAUL GOTHOLD, Ed.D.

County Superintendent of Schools

San Diego County, California

Published April 11, 2019

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# Don't let your Social Security check go on vacation

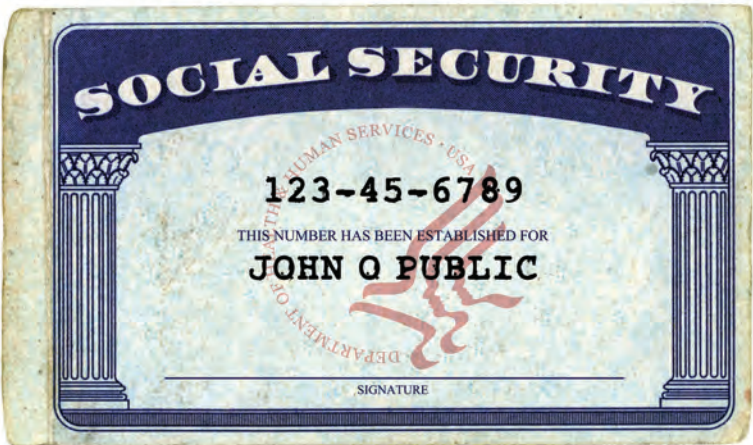
BOCA RATON, Fla. — Most people on Social Security need that check every month to buy groceries and to keep a roof over their heads, but believe it or not, for a fortunate few that check is essentially bonus money, totally unnecessary for day-to-day survival.

“That situation is not as unusual as many may think,” Jeffrey Eglow, the chief investment officer for Guardian Wealth Advisory, said. “Some people may have inherited an income, won a lottery or had investments that did really well.

“But just because they don't need that Social Security money to live on, it doesn't mean they shouldn't make the most of it. There are some specific things they should do to make sure they are getting the maximum benefit,” he said.

Eglow said that many baby boomers see their investments and retirement income differently than they did before the 2008 recession. They are looking for sources of guaranteed income instead of more risky investments. While Social Security is guaranteed income, if they are wise about how they leverage it, they can have even

more guaranteed income, he said. Eglow said strategies for people who are in this situation include: Don't take Social Security until they are 70. This tip is the best strategy since there are few



investments that offer a similar low risk, guaranteed 8 percent annual growth. By waiting until age 70 to receive benefits, their monthly payments may increase by as much as 32 percent, not including any cost of living increases that may be added to this amount. For example, someone who could get \$2,000 a month at the “full retirement age” of 66 would get \$2,640 if they postponed taking Social Security until they were 70.

Spend the Social Security check instead of 401(k) or individual retirement account funds. Most people are taxed on only 50 percent to 85 percent of their

Social Security benefit. But they are taxed on 100 percent of any withdrawals from traditional IRAs or 401(k) accounts.

Give it to the children. Use the Social Security checks to pay premiums on life insurance policies so their heirs will receive a larger inheritance. Their heirs will receive this death benefit tax free.

Don't delay getting Social Security past 70. Since the benefit stops growing at 8 percent once the beneficiary reaches 70, it makes no sense to delay the start of getting the checks past that age.

Eglow said even if some people don't need their Social Security check for day-to-day living, it is still foolish to not maximize its value so it can benefit them and their families.

Jeffrey Eglow is the chief investment officer for Guardian Wealth Advisory, [www.guardianwealthadvisory.com](http://www.guardianwealthadvisory.com), and has more than 30 years of investment management experience.

## OBITUARIES



**Albert “Al” Hawthorne Sr.** died in his sleep, Friday, March 22.

He was born March 4, 1935, in Hartford, Alabama, to Isaiah and Elizabeth Hawthorne before moving to Panama City, Florida, at 2 years old, where he lived until he joined the Army at 17.

He met and married Vera in 1955 in Yakima, Washington, before going to Korea. Upon his return they moved to Fallbrook. He worked for the Fallbrook Public Utility District for 13 years before going to work for Crystal Silica

Sand Co. in Oceanside, where he worked for 20 years.

He was preceded in death by his parents and nine siblings.

He is survived by his wife of 63 years, Vera; his son Albert and his wife, Katherine; his daughter Mary Nadine and Mark Peterman of Cabot, Arkansas; sister-in-law Mary Ann Westbury; sister-in-law Ellen and Dale Maygra of Selah, Washington; sister-in-law Joan Shaw and Dave of Tennessee; brother-in-law Jim and Deb Ramsey of Fallbrook; brother-in-law Cliff and Denise Larson of Walla Walla, Washington, as well as three grandchildren, four great-grandchildren and numerous nieces and nephews.

A memorial service will be held April 27, at 11 a.m. at LifePointe Church in Fallbrook.

To read more and share a memory, visit [www.mem.com](http://www.mem.com) and input “Hawthorne.”

Donations in lieu of flowers can be sent to: Parkinson's Association of San Diego, P.O. Box 1633, Solana Beach, CA 92075 or to LifePointe Church, 221 N. Pico Ave., Fallbrook, CA 92028.

## First Fridays to begin in Fallbrook May 3

**Cari Hachmann**  
Staff Writer

A new event is coming to downtown Fallbrook.

In an effort to boost business and bring more shoppers to Main Street, “Fallbrook First Fridays in the Village” will begin May 3 and continue throughout several dates in the summer.

Shop owners will stay open late until 7 p.m. so customers have time to shop after work and enjoy all that downtown has to offer. Merchants plan to have specials or treats offered, but the details are still being worked out, Lila MacDonald, CEO at Fallbrook Chamber of Commerce, said.

MacDonald said the main intent is to allow people who work until 5 p.m. a chance to discover Fallbrook. The event, she said, is for all stores, and not just the three blocks of downtown.

“We hope to bring awareness to all the cool and unique stuff we have here,” MacDonald said.

The idea came up a couple of years ago when the Fallbrook Chamber of Commerce met with some downtown merchants. That led to the formation of an action group under the chamber that included various entities around town.

Those entities included the Chamber, Fallbrook Village Association, Fallbrook Art Center, Fallbrook Library, Fallbrook Land Conservancy's Save Our Forest program, downtown merchants, the Village News and the Mission Theater.

“Now with the collaboration of all the entities, we are excited to work together and spread the word,” MacDonald said.

The idea is to create a fun atmosphere for downtown Fallbrook that will invite locals and tourists into all of its stores,

art galleries and library events, as well as pubs and restaurants.

Mission Theater is also on board and plans to show a concert or movie on First Fridays.

Dates for Fallbrook First Fridays are scheduled for May 3, June 7, July 5, Aug. 2 and Sept. 6.

The Fallbrook Chamber of Commerce has compiled a list of local events that are available on its website's community calendar. The chamber plans to keep it updated and keep adding to it.

“We are planning more events to bring people into town,” MacDonald said.

For more information, visit [www.fallbrookchamberofcommerce.org](http://www.fallbrookchamberofcommerce.org).



**Debra Tylinski** died March 29, surrounded by her family. She was 64 years old.

Debra was born in Kittery, Maine, in 1955. Her father's military career brought the family to the west coast. She became a California native after graduating Fallbrook High School in 1973.

Debra dedicated her life to her husband of 46 years, Dennis, and their two sons, Peter and Matthew.

Later in life, Debra followed her passion and became a licensed practical nurse. She was devoted to her profession and adored by her patients. She loved plants, gardening and spending time with her grandchildren. Debra was a bright light and leaves loving memories to be cherished by all.

Debra is survived by her husband, Dennis Meza; sons Peter (Alice) Meza, Matt (Angie) Meza; stepdaughter Jennifer (Jim) Cook and seven grandchildren, Peter Jr, Ana, Madilyn, Mason, Madison, Samantha and Jaxden as well as many other relatives and treasured friends.

The family will gather to celebrate Debra's life Saturday, April 27, at Live Oak Park in Fallbrook. Please join them between 11 a.m. and 4 p.m.

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**Easter Sunday Morning, April 21<sup>st</sup>, 2019**  
**Easter Sunrise Service**  
7:00 a.m. in the Amphitheater  
(Dress according to the weather)  
**Easter Breakfast**  
(Fundraiser for our Scholarship Fund)  
8:00-9:30 a.m.  
Donation Requested:  
\$7/adults, \$3/children under 12  
**Easter Worship Celebration**  
10:00 a.m. in the Sanctuary  
**Easter Egg Hunt**  
(Children under 12)  
11:15 a.m.

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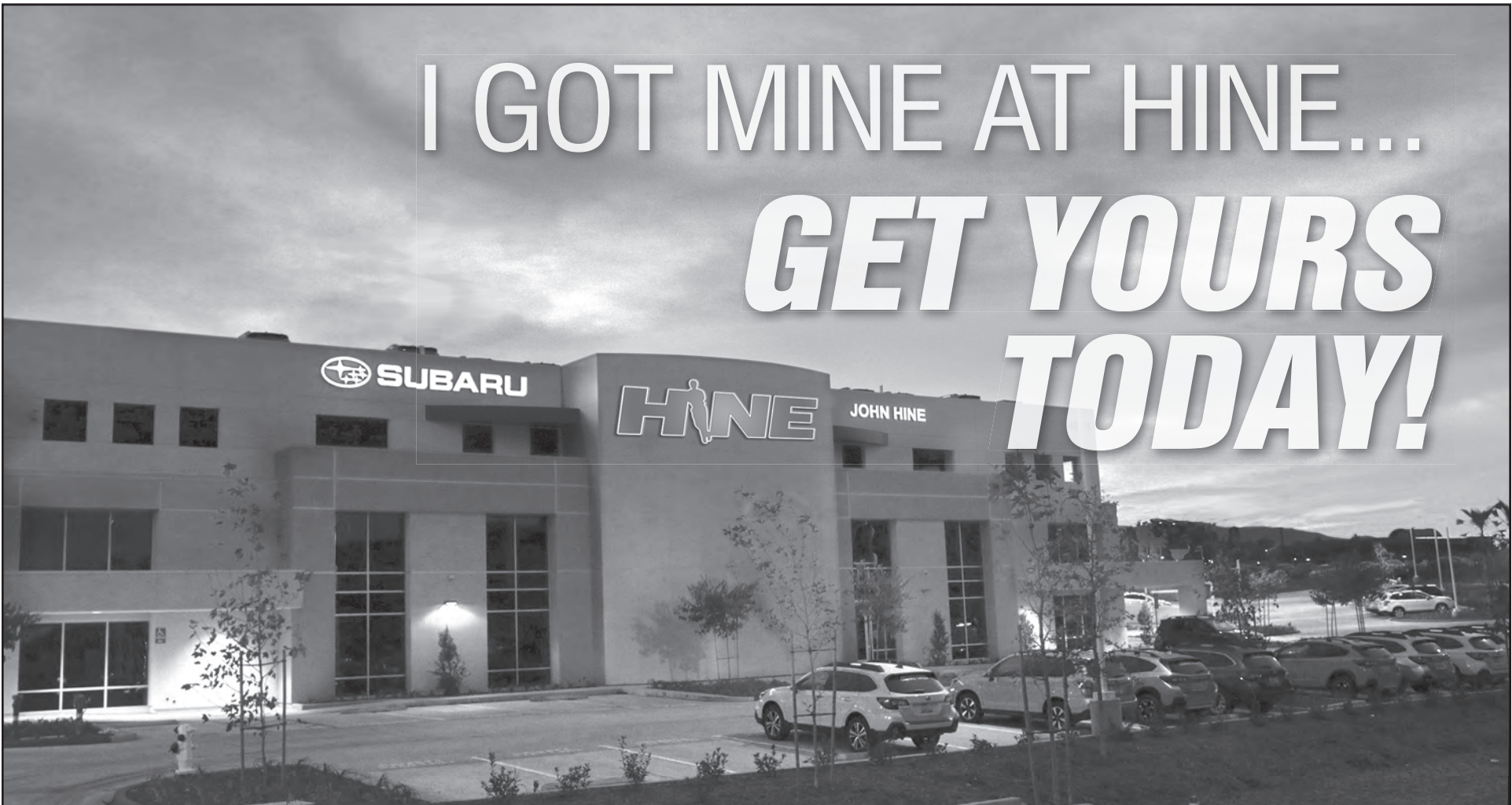
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ENTERTAINMENT

World of Watercolor and Beyond runs through April 21



The Impression of Zacatecas, Jansen Chow AWS,NWS,PWS,LWS – Malaysia

FALLBROOK – World of Watercolor and Beyond, the 10th annual Signature American Watermedia International Exhibition and Sale, opened Feb. 9 at the Fallbrook Art Center and runs through April 21.

This year’s show features 120 original works selected from 320 submissions. The artists represent 27 of the 50 states as well as Canada, Malaysia and Singapore.

Featured works are all originals in a wide range of subject matter,

techniques and styles from experimental to traditional and were selected by show juror Soon Y. Warren, NWS, SWS, SWA, TWSA, TWS, of Fort Worth, Texas.

This show is the only one of its kind in the U.S., as only artists who have attained “Signature Level Membership” status in one or more U.S. societies are eligible to submit works, “the best of the best” in watercolor and watermedia works created by national and

international contemporary working artists. Over \$15,000 in cash and merchandise awards were bestowed by the show juror to 25 artists.

Since the show’s opening, 19 tour groups, including those traveling from Orange County, San Diego and the desert areas have toured the show, as well as students from Maie Ellis Elementary School in grades 3-6.



Big Birds of Paradise, Best of Show, Jerry Bowman  
WWW,RMNW,MoVS,WHs - Michigan

Courtesy photos

The art center is open daily, 103 S. Main Ave. at Alvarado Street, Monday through Saturday, 10 a.m. to 4 p.m.; Sundays, from noon to 3 p.m. Admission is \$6 and free to members.

For other information on

the show, supporting center programs or volunteering, call (760) 728-1414 or visit [www.fallbrookartcenter.org](http://www.fallbrookartcenter.org).

Submitted by Fallbrook Art Center.

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Reality Rally to raise funds for Michelle’s Place

TEMECULA – Reality Rally returns May 2-4, for the ninth annual “Fun for Funds” fundraising event filled with unique events to help support services at Michelle’s Place Cancer Resource Center.

Reality Rally is one of the biggest gatherings of reality TV celebrities in the country, all coming to Temecula to help support a deserving charity and to meet with visitors.

The May 2 Celebrity Reception and Evening of Entertainment is at Wilson Creek Winery with a live

band karaoke, blackjack, poker, Old Town photo station, food and more, from 6 p.m. to 10 p.m.

The Celebrity and Public Lip Sync Showdown is May 3, from 6-9:30 p.m. at Pechanga Resort Casino.

The Reality Rally has teams of four race through 12 Challenge Checkpoints located all over Old Town Temecula May 4, from 8 a.m. to 1 p.m. Running is not required.

Also, May 4 is the Celebrity Chef Showcase featuring stars

from “Hell’s Kitchen,” “Master Chef” and more. Reality Rally Inc. is entirely produced by volunteers to raise funds for the benefit charity and to highlight and promote Temecula and surrounding towns and supported by the city of Temecula.

Explore the website, <http://realityrally.com>, for full information, ticket sales, list of reality TV stars, volunteer needs, sponsorship and more.

Submitted by Reality Rally.



# Avo Fest Musical Entertainment roundup

Cari Hachmann  
Staff Writer

Plenty of entertainment is scheduled Sunday, April 14, at the 33rd annual Fallbrook Avocado Festival, including live bands, family-friendly performances and a beer and wine garden.

Entertainment begins with a performance by the TCA Vista Jr. High Flag team from 9:30 a.m. to 10:15 a.m. at the festival's Community Stage, located on the corner of Main Avenue and Alvarado Street in the Village Square.

Later in the day, the Community Stage will host performances by Charlene's Dance 'N' Cheer from 1-2 p.m., The JourneyBirds from 2:15-3:15 p.m., followed by the Ballet Folklorico el Tapatio de San Dieguito from 3:30-4:30 p.m. The Community Stage closes at 5 p.m.

A festival beer and wine garden will be available to adults 21 and over next to the Main Stage, located at Main Avenue and East College Street near Scrappy's Tire and Auto Repair.

Beverages will be provided by Prohibition Brewing Company, Green Flash Brewing Company and Fallbrook Winery.

Live bands will also be playing music all day at the festival's Main Stage area.

Scheduled entertainment includes jazz musicians, Jill and Leo, who will play 10-10:45 a.m., followed by the classic rock and soul family band, Daring Greatly, playing 11 a.m. to 1 p.m. The five-piece bluegrass band B.K. Nicholson and Desperado will play from 1:15-2:45 p.m., followed by a final round of groovy tunes from Daring Greatly from 3-5 p.m.

For maps and more details about the Fallbrook Avocado Festival events, visit [www.fallbrookchamberofcommerce.org](http://www.fallbrookchamberofcommerce.org).

Prohibition Station, 136 N. Main Ave., will be open for business with extended hours April 14. The taphouse featuring beers crafted by Vista's Prohibition Brewing Company will open at 9 a.m. and close around 9 p.m. Sunday. Prohibition owner Kyle Adams said there won't be any avocado-themed beers because that might taste weird, but there will be plenty of other original flavors on tap, like the chocolate and hazelnut-infused Nitro Stout. Guests are also welcome to bring outside food into the pub.

Harry's Sports Bar and Grill, 125 S. Main Ave., will be open from 8-11 a.m. for breakfast and from 11 a.m. for lunch with a limited food menu available. Musical entertainment will be provided by a DJ starting around 11 a.m. With plenty of beers on tap and cocktails at the ready, the sports pub will also be showing the last round of the Masters golf tournament all day. Compared to last year's turnout, Harry's owner Scott Little said he is expecting nothing short of a big crowd.

"It's going to be really busy this year," he said.

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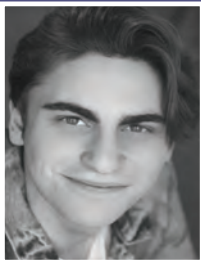
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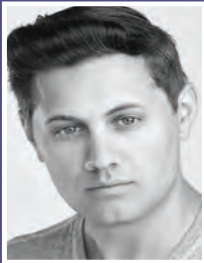
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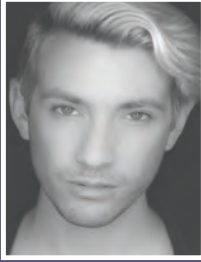
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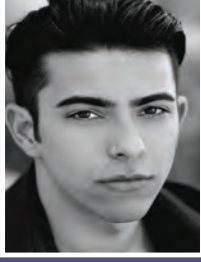
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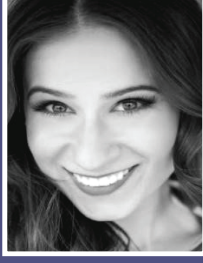
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EDUCATION

AAUW holds annual speech contest



American Association of University Women’s mentoring group held its annual speech contest in the community room of Fallbrook Library, March 29. The winners pose with mentoring group director Karen Langer Baker, center; with winners, from left, Lily Mendoza, second place; Lizette Mendoza, third place; Lizeth Luciano, fourth place, and Dolores Pascual, first place.



The four judges for the American Association of University Women’s speech contest are all members of Fallbrook ToastMasters, seated from left, Pam Eskue, Cynthia Pizzuto, Carole Hodges and Paul Schumann. Standing behind them is Karen Langer Baker, director of the AAUW mentoring group.

SDSU offers free summer language camps for students in grades 9-12

SAN DIEGO – San Diego State University’s Language Acquisition Resource Center offers free four-week summer language camps to students entering ninth through 12th grades. STARTALK Language Camps offers an engaging and creative experience for motivated students who have no prior knowledge or understanding of language study. Students may choose Arabic, Persian, Portuguese, and for the first time, Russian camps held on the campus of San Diego State University. Students will practice

communicating in their chosen language through a variety of fun, engaging and meaningful, activities while learning about the life of young people in the target language country. In addition to being immersed in the language, students will participate in a variety of cultural activities that will deepen their understanding and appreciation of the culture.

Catherine, a past camp attendee said, “Everyone should try to learn another language and understand other people’s culture.”

Another past participant said, “I went from knowing literally nothing in Arabic to being able to form sentences and have basic conversation in a short period of time where I enjoyed every part of it.”

STARTALK language summer camps have been provided by the university for the past 11 years. Class sizes are small, with only 12 seats available in each language camp. Instructors have extensive knowledge in the language they teach, and some are first-language speakers.

“These free summer camps are an exciting opportunity for high school kids to learn a language from scratch, a language that is normally not offered at high schools. These courses are at the level of a first-semester university language course and students can receive credit for it,” LARC Director, Mat Schulze, said. “Cultural activities, sports, role playing, and just plain fun are an integrative part of these camps.”

“Students can work/play with technology to develop linguistic proficiency and communicative competence in the target language, which also helps shy students to participate more and gives the students a feeling of pride and achievement,” Ghassan Zakaria, Arabic instructor, said.

Classes begin July 8 and registration is open through April 15. For more information, visit <https://larc.sdsu.edu/startalk-multilanguage-students>.

Submitted by San Diego State University.

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# Young artists prepare for Art of the Avocado



Friends Ezra Daley, left, and Landon Courtemanche work on collages at The Gallery.



Courtesy photos  
Ember Mills, 5, shows her framed artwork with the encouragement of sister Navy Mills, 10, after the art workshop.



Eden Mills, 12, looks for inspiration before starting her drawing.

FALLBROOK – Fallbrook Art Association volunteers worked with young budding artists at The Gallery Saturday, March 30. Art students were working on their masterpieces to enter into the Art of the Avocado Junior Show. All art supplies and materials were provided. The junior “Art of the Avocado” competition is sponsored by the Fallbrook Propane Gas Company.

The children’s art show will run through April 25, including the day of the Avocado Festival, at The Gallery, located at 127 N. Main. The artwork will be judged by the community.

Submitted by Fallbrook Art Association.

## Learn to let your children make mistakes

**American Counseling Association**  
*Special to Valley News*

What parent doesn’t want to protect their children, to see them safe, healthy and happy? Such concerns are part of their DNA, inherited from their ancestors and their dangerous world.

While today’s children don’t need protection from saber-toothed tigers, there are still numerous ways for children to make mistakes. Parents need to realize that some mistakes are “good mistakes,” errors in decision making that may result in the

wrong outcomes but that can be valuable learning experiences for children.

Parents always have a responsibility to try and keep truly dire, life-threatening consequences from occurring. But trying to ensure that children never make a bad decision, whether as toddlers, teens or even young adults, is really not doing them any favors.

The modern term for overprotective mothers and fathers is “helicoptering.” It describes parents who are hovering constantly over their child, trying to ensure that all goes well. It’s parents who keep in constant

contact and try to help their child make all the right decisions.

Unfortunately, being overprotective can inhibit a child’s natural growth and independence. When their father is up all night finishing that school science project, it isn’t helping prepare the child for the future. Children with overprotective parents often have trouble making their own decisions because they know their parents are always there to jump in with answers. Such children can also end up rebelling strongly as their desire and need for independence grows.

And no, it isn’t always easy

to give children room to make their own decisions, good or bad. However, it’s important that they do so for healthy development. And parents can still be involved. They can be there while they work through their dilemmas and help point them toward good solutions, but a parent’s job isn’t to find the solutions for them.

Yes, parents should be ready to step in when a child’s decision could be dangerous or life threatening, but giving children more space helps build confidence and independence. It encourages them to try new things, even things that might seem scary.

Parents want to offer sympathy and understanding when things go wrong, but they shouldn’t always try to make things right.

When a child is allowed to face possible failure, and even sometimes to experience it, they will learn valuable lessons about growing up.

Counseling Corner is provided by the American Counseling Association. Comments and questions to [ACACorner@counseling.org](mailto:ACACorner@counseling.org) or visit the ACA website at [www.counseling.org](http://www.counseling.org).

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# Consider a variety of ornamentals for the garden

by **Cari Hachmann**, Staff Writer

There are a myriad of reasons why cacti and succulents have taken the limelight when it comes to home gardens and landscape design in Southern California. One reason is these water-storing plants are incredibly resilient. Present on six continents, they can grow in some of the most inhospitable places on Earth, including water-scarce climates like ours.

For the amateur growers, they are easy to cultivate and require minimal maintenance. They are fire-resistant and grow year-round. Ranging in size from ground cover to trees, there are about 2,000 varieties of cactus and about 20,000 varieties of succulents across 60 families. While cactus plants are appealing for their beautiful blooms and protective nature, succulents may take the cake for their wide array of colors, unique textures and funky shapes.

Anyone who knows Fallbrook, knows the area is an agricultural oasis brimming with nurseries of all kinds. Recent reports showed the top crops for the area include ornamental trees and shrubs, indoor flowering plants, bedding plants and avocados.

Anyone who is interested in growing a garden or redesigning their yard for a more drought-tolerant landscape, look no further than Fallbrook.

The Madd Potter at 136 Ranger Road specializes in succulents, palms and plumeria, with a large display of ceramic pottery and water features.

"We grow our own succulents," Michelle Price, manager at Madd Potter, said. "They are super easy and drought-tolerant."

The succulents are started from cuttings and grown in greenhouses on the nursery grounds. They range in all varieties and sizes, colors and textures.

Smaller succulents start from as low as \$1.99 up to \$6.99, with some larger-sized succulents in 5-gallon pots priced from \$18.99 to \$21.99.

Madd Potter also carries plants for the more experienced gardener, such as protea, which produce large, striking cone-like flowers that can be easily dried for flower arrangements. Price said the protea come from a grower in Rainbow.

"Everything we bring in is locally grown from Fallbrook, Rainbow or Valley Center," Price said.

For more information, visit [www.maddpotter.com](http://www.maddpotter.com).

If someone is looking to spice up their yard with spiky, rare and unusual cactus plants, check out Silverthorn Ranch at 1826 S. Alturas St. in Fallbrook.

The wholesale nursery is one of the area's largest growers of African plants. Specializing in cactus and other drought-tolerant species, they have African saguaros, agaves, aloes, vactus, dasylirion, palms, succulents and yucca rostrata Blue Velvet. Guests are welcome to visit the grounds by appointment only and some can take advantage of grower-direct wholesale prices.

"We've been around a long time," Wayne Loomis, whose grandfather opened the business in 1976 when he started planting barrel cactus on his property, said.

Loomis now runs the business with his father and they export their cacti all over the world.

"If people want to redo their landscape, I can walk around with them, and they can pick out whatever they like," Loomis said.

With eight growing grounds on 45 acres in Fallbrook, Silverthorn is one of few nurseries that propagates all its own cactus from seeds. They also save on expenses, by using reclaimed water to grow them.

Loomis said cacti are more than drought-tolerant, they require basically no maintenance.

"There's nothing to trim, and they leave no debris," Loomis said.

People can also consider using cacti as a fence to protect their homes against intruders or coyotes. It provides added security with the benefit of flower blooms.

To make an appointment with Loomis, call (760) 535-9824 or for more information visit [www.silverthornranch.com](http://www.silverthornranch.com).

Looking to add extra foliage or flowers to the garden or landscape? Think about visiting Roseland Nursery, 4802 Fifth St., across the street from replace with: Rainbow Oak Restaurant.

Open seven days a week, Rosland specializes in general ornamentals and specimens.

Florencio Rodriguez, nursery manager at Roseland, said many flowering plants are just about ready to bloom this spring, if they haven't already.

Consider planting any of these flowering perennials in the garden: roses, ground orchids, Indian hawthorn, red tip photinia, hydrangeas, kangaroo paw, Little John dwarf bottlebrush, lavender, calla lilies and gardenias. For scented flowers, try the white-flowering jasmine vine or purple "Cooke's special" wisteria.

"We try to have a little bit of everything," Rodriguez said.

Aside from perennials, the nursery also supplies trees, live oaks, palms, shrubs, some annuals and pottery.

For more information about Roseland Nursery, call (760) 728-9909 or email [roselandtree@att.net](mailto:roselandtree@att.net).



Succulents come in a charming array of shapes, sizes, colors and textures, like these *Graptopetalum* "ghost plants" that change colors in the sunlight. Mad Potter grows succulents like these at its nursery in Fallbrook.



Barrel cacti more than 40 years old provide an interesting backdrop at Silverthorn Ranch's nursery in Fallbrook.



Protea flowers from Madd Potter nursery are challenging to grow, but offer beautiful and bright spiky flower blooms.



African daisies from Roseland Nursery provide a stunning floral display throughout the long summer blooming season.

Cari Hachmann photos



REAL ESTATE & HOME AND GARDEN

Building custom homes leads to installing solar

Mark Kirk  
Special to Village News

I began building custom homes in Fallbrook in 1990. I had just finished 14 beautiful big houses in Atlanta, Georgia, when I decided to move to California. I worked with Mike and Mack Wilson, who were building gorgeous huge homes in Rancho Santa Fe at the time. They put me in charge of developing the Fallbrook market with them, and eventually Mike Wilson handed it over to me. His dad had retired, and his business in RSF kept him as busy as he wanted to be. Even though none of the big Rancho Santa Fe houses were under my direct supervision, I was involved with them indirectly and was able to bring some of those appointments to the houses I was involved with in the Fallbrook and Bonsall areas.

I purchased my office building in 1996 and pulled my contractor's license that same year. Mike Wilson and I concluded the jobs we were working on together and we parted as friends and on good

terms. We are friends to this day.

I have been privileged and honored to have been involved in designing and building some of the most beautiful homes built in this area during the last 30 years.

I began installing solar power on my homes long before it became the thing to do. I have felt for many years that this method of generation was a better way to go for electricity. I ran into a lot of problems dealing with solar companies and trying to get good installations done in my new homes. All of the solar companies I dealt with in the early years knew nothing about the construction of a new home or remodel of an existing home. They knew nothing about placing the conduits in the attic and having a "clean" installation from my point of view. I literally had to pre-install the conduits myself in order to keep them from running conduits and boxes all over the outside of my newly built houses. They would drill holes in the new stucco and just leave a horrible site of boxes and conduits. I finally threw up



Mark Kirk builds homes and installs solar systems in Fallbrook. Courtesy photo

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my hands about six years back and decided to start doing the solar installs myself. Since then, I have installed new solar on all of my houses and additionally have installed many referrals on existing houses. I am proud to know that all of my installs are what I consider to be very clean by industry standards. We set up monitoring on all of my systems in my office as well as the clients home office.

I am now working on many installs per month and am installing more solar than building new houses. I have pursued this direction after having developed a passion for this product. It just works.

I also have done many retrofits in conjunction with installing the solar. For example, if the water heater and furnaces are nearing their 10-year life expectancy, then I will change out those systems to the much more efficient hybrid water heater and heat pump furnaces. Some clients have additional remodel work they need done, and I have the ability to just wrap it all into one project.

More recently, I had a request for a drive under type of structure for the solar. In researching the type of structures seen supporting the solar in a Walmart parking lot, I determined that these

structures were very expensive and they did not stop the rain from passing through. I worked with my structural engineer and designed a four pole structure the size of a double car garage and put a framed roof on it with shingles and waterproofing. We will install the panels on the top of the structure. The owner will have the ability to come back later and frame in the four walls for a completely enclosed garage. The newly designed structure was less than half the cost of the structures supporting the Walmart panels, and I was able to pull the permit over the counter. Just this morning, I received a request for a similar structure that a motor home could pull under. Once completed, I will have two different-sized plans that are already approved through the county that can be utilized as a ground mount rack for a roof mount solar system.

I receive a huge amount of respect for my solar installs. By managing the systems on my company's computers as well as the owner managing them on theirs spotting a problem happens immediately. Both parties get an email if even one panel starts to underperform. For example, if San Diego Gas and Electric shuts down the power, an email is sent saying that the panels are no longer reading. The company researches the problem and fixes most of them over the internet. In this example, there is nothing to fix other than to wait until the power gets back up. The system is still producing; however, the company and owner are unable to read it while a shutdown is occurring.

The next generation of solar will include batteries. The large utility companies are fighting solar as much as they can and are upset that they are being forced to store the excess power that most systems produce during the daytime and feed it back to customers at night for free. The batteries will play a big part of that equation in the future. The batteries will store the excess power on-site and return it back to the house when the solar panels are no longer generating electricity after sunset.

I look forward to continuing to work in this community I adopted 30 years ago and hope to be installing these solar systems for many years to come.

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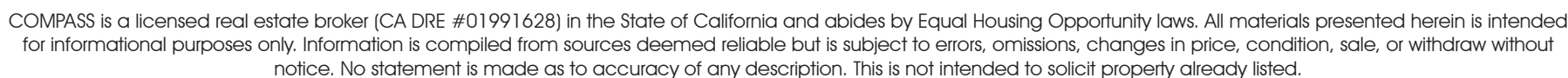
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Talk to a mortgage lender



Elisabeth Lentulo  
Special to Village News

A pre-approval or pre-qualification from two years ago is not going to do the trick when someone is buying a property now. Lender programs and guidelines change all the time. Additionally, a buyer's personal financial situation changes as well. Both of these factors make it necessary to continually update that pre-qualification or pre-approval.

What's the difference between a pre-qualification and a pre-approval?

A pre-qualification letter is issued by a lender based on a brief telephone review of a stated financial situation. A pre-approval is based upon a review of submitted financial documentation, and is more official and complete. It is entirely possible for a person to have a pre-qualification and later learn after a review of the documents that they are not approved for the loan. It may be because the facts on paper do not provide evidence of what came up in the phone conversation when the pre-qualification was issued.

A local Realtor can provide homebuyers with the names of some professional lenders whose programs may meet their personal needs. Since agents are constantly working with lenders to get deals closed, a real estate agent is a great source for a lender referral, especially for a lender that can get the deal closed in a timely manner.

If you or anyone you know is seeking to buy or sell, we can help. Feel free to contact me.

The post "Why You Need To Talk to a Mortgage Lender Now" appeared first on Broadpoint Properties.

I had a former co-worker call me the other day. She isn't local, and she isn't a San Diego homebuyer. Nevertheless, she wanted to touch base because she was ready to put an offer on a home in another part of the state. This former co-worker had done all of her research and wanted to write an offer on a property immediately. However, she hadn't been pre-qualified by a lender. Actually, she had been pre-qualified a few years back, but she hadn't been pre-qualified lately. Lately is the operative word in that sentence.

Whether someone is a local homebuyer or a homebuyer in another part of the United States, they definitely need to secure lender pre-qualification or even pre-approval before shopping for homes for sale or before writing an offer. Of course, that's not the case if they are paying cash for the property that they want to purchase.



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Pete Hagen760-717-8163

New Listing



Fallbrook

2900 Via Del Robles  
\$699,000

Ever dream about living in a Tree house? A private, magical retreat, perched high above the New Monserate Winery, overlooking a natural pond, rows of lush grapes & landscaping. Fantastic floorplan, 3BD/3BA, 3,023 sq.ft. w/ master on main level. Large kitchen w/ skylight letting in natural light. A separate BD w/ entire separate living area perfect for extended family members or guests on the lower level. Entertain & enjoy the views while sitting in the jacuzzi.

Virginia Gissing949-292-2850

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3553 Rosa Way  
\$1,575,000

Get ready to be wowed in every way-this gorgeous sprawling 2-acre fully fenced/gated estate home w/ panoramic breathtaking views has everything you never knew you wanted. Nestled in the hills of one of the most desirable neighborhoods in Fallbrook & w/ easy access to the 15 you'll be only minutes away from numerous shopping & dining options while still enjoying extensive privacy in a beautiful natural setting. Step inside the leaded glass front doors of this 5B/5.5B stunner & you'll be awed at the numerous upgrades.

Virginia Gissing949-292-2850

In Escrow



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4121 Oak Island  
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Pala Mesa Villas, downstairs unit 2BD/2BA, 1308 SF, excellent location w/ golf course views, quiet side of complex. Master bath remodeled, tile/carpet/wood flooring. Well designed kitchen for the cook in the family features: white cabinets, breakfast counter open to the dining & living room areas. Extended patio with shade tree & views makes outdoor entertaining easy. Includes two car garage.

Rich Heimback & Jane Wilson760-805-6822 or 760-805-3460

In Escrow



Fallbrook

1942 Winterwarm Drive  
\$674,999

Desirable Rancho Monserate 3BD, 3BA, 2114 sf home on 1 acre. Single story, well maintained property. Enjoy the sparkling pool and spa, plus a new gazebo. 2 car garage plus double RV pad and 2 sheds. The beautiful kitchen has granite counters & stainless applcs, dble oven. Kit opens to the FR with a cozy wood burning stove. Horses allowed.

Janine Hall | team760-822-7528 or 7527

New Listing



Fallbrook

513 Hilbert Drive  
\$828,000

First time on the market. 4BD, 3.5BA, 3 car garage, 3,510 sq.ft. single story home, custom built in 1990. Located in the desirable Santa Margarita neighborhood, savor ocean breezes w/ Santa Margarita Canyon views. Perfect for entertaining w/ a spacious kitchen. Dream of having your own vineyard or grove? This 4.45 acre parcel is waiting for you. Zoned for horses, w/ a pet run & offers many possibilities.

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Reduced Again



Fallbrook

5027 Sleeping Indian  
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Lynn Stadille-James & Lisa Stadille760-845-3059

Reduced Again



Fallbrook

906 Ridge Heights  
\$449,000-\$479,000

Desirable EAST RIDGE, over 55 gated development. 3BD plus library, 2BA. One bath, bdrm on entry level. Community boasts lovely entertainment center, swimming pool, tennis ct, walking trails, community garden area. Very private lot which takes advantage of sunrises & sunsets.

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# Real Estate Round-Up: Fallbrook, the Friendly Village



**Kim Murphy**  
*Murphy & Murphy*

It is a great weekend for Fallbrook as the town celebrates the 33rd Avocado Festival. Many local artists, craftsmen and small businesses participate in this fun event. It is a way for visitors to see Fallbrook’s quaint downtown and get to know “The Friendly Village.”

To the visitors who are captivated by Fallbrook, I’d like to tell you a little bit about “our town.” If you are looking for a unique community with everything from cute country farmhouses to luxury estates that provide style, privacy and security, Fallbrook should be at the top of the list.

A diverse group of people have found the lifestyle they’re seeking in the rolling hills of Fallbrook in North San Diego County.

The community of Fallbrook hails back to 1869 and has many historical buildings dating back to the late 19th century. Celebrities seeking a quiet lifestyle have settled here. It is a rurally situated town but offers all the modern amenities anyone could want including a private air park, numerous golf courses, a tennis club and many equestrian trails and facilities.

Groves of avocado, lemon and macadamia nut trees all add to the rural feel. Live Oak Park, Los Jilgueros Preserve and Dinwiddie Preserve also echo the community’s rural feel. Avocados and wine grapes are the staple crops in Fallbrook, although exports include citrus, flowers, nuts and various fruits and vegetables.

The average daytime high in Fallbrook is 76 degrees, although in the summer, temperatures sometimes exceed 90 degrees. Most of the area is frost-free; during the coldest periods the average nighttime temperature is about 52 degrees. Due to its proximity to the ocean, days

sometimes start with early morning fog; afternoons can be breezy.

Fallbrook is located at 33 degrees 22 minutes 18 seconds north latitude and 117 degree 14 minutes 10 seconds west longitude, at an elevation of 500 and 1,500 feet, with an average around 685 feet. Annual rainfall is roughly 16 inches (41 cm) and comes mostly between November and April. Rainfall is higher in the surrounding hills, up to 20 inches (51 cm).

The area is ideal for avocados, wine grapes, strawberries, tomatoes, coffee and many other subtropical fruits, vegetables and flowers. Native evergreen oak trees are common in the Fallbrook area, and in places form continuous woods, such as the Live Oak Park area). Chaparral brush is the

with palm trees and vineyards, evoking typical Californian landscape.

Famous residents of Fallbrook area include, former and current residents, Rita Coolidge, Dave Mustaine, Bill Goldberg, Bill Murray, Huey Lewis, Duke Snider, Frank Capra, John Wayne, Tony Hawk, Tom Selleck, Tori Spelling, Sandra Bullock, Jessie James, Edward Faulkner, Shane Peterson, Leo Howard, Martin Milner, Andre Agassi, Gabe Keating, Howard Keel, Jason Mraz, Kris Kristofferson, T. Jefferson Parker, Christie Repasy, Jack Ragland, Les Perhacs, Rick Founds – a Christian songwriter best known for writing “Lord I Lift Your Name On High,” Thomas McGuinness who was a former resident who was the first officer on American Airlines Flight

## A diverse group of people have found the lifestyle they’re seeking in the rolling hills of Fallbrook in North San Diego County.

other common vegetation type in the area. Avocados, palm, pine, orange, lemon and eucalyptus are the most common introduced tree species in the area. The Fallbrook area covers approximately 44 square miles.

Golf courses in the area include Pala Mesa Golf Resort, Golf Club of California, Pauma Valley CC, Vista Valley CC, Redhawk Temecula, Temecula Creek, Cross Creek GC and Journey at Pechanga Resort Casino.

Anonymity is a draw to celebrities. Over the years, actors, artists, musicians, athletes and writers have enjoyed disappearing in the verdant hills of Fallbrook where they can get away from the hectic pace of their high-profile public lives. Fallbrook embraces privacy and gives their local celebrities their space.

Frank Capra was the American Dream personified, and he called Fallbrook home. Maybe it means he felt the small rural community was the epitome of the American Dream. Fallbrook is unusual, with its microclimates and country charm. Neighborhoods can be reminiscent of the Midwest, with babbling brooks and wooden bridges, while other neighborhoods around the corner are brimmed

11 and most recently, it is rumored, Johnny Depp.

Now that you are thoroughly enticed by Fallbrook and the unique lifestyle available, I hope you will select Murphy and Murphy Southern California Realty to help you find the perfect property for you. There is a homestead that is perfect for everyone.

Fallbrook has charming bungalows, close to town. It has estate properties in gated neighborhoods or on large private parcels. It has planned neighborhoods with newer construction and homeowners associations. It has properties with equestrian facilities, properties with car barns or properties with workshops. The homes are as diverse as the population that lives here. Murphy and Murphy Southern California Realty would love to help you find your happy place in “The Friendly Village,” we call Fallbrook.

*Kim Murphy can be reached at [kim@murphy-realty.com](mailto:kim@murphy-realty.com) or (760) 415-9292 or at 130 N. Main Avenue, in Fallbrook. Her broker license is #01229921, and she is on the board of directors for the California Association of Realtors.*

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# Property SPOTLIGHTS!



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3,061 sq ft single story home with 3BD and 2.5BA. Home enjoys 1.1 acres of mature water efficient trees and colorful landscape. Home features oversized 2 car

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To view call Chris Murphy  
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### Idyllic Horse Property Coming Soon!

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and roomy trailer parking on 2 shaded acres. Exquisite kitchen remodel just completed in the 2,280 SF, 3 bed-2.5 bath 1-level home. Privately gated. Please call for details. Horseman's Paradise!



To view call Amelia Smith  
760-505-1553  
DRE #01017964



### Morro Hills with Sweeping Views

This single story beauty located in one of Fallbrook's best neighborhoods features a gated entry, a light and open

floorplan, a large kitchen with center island, and a spacious master with ensuite bath, his and hers vanities and 2 walk in closets. The home has an owned solar system, 4 car garage, and a separate RV garage. 4BD, 3BA, 3,585 SF. \$799,000



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### Heartwarming View Home on a Hilltop

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own well. 48 solar panels provide power, making this home and grove very affordable to maintain. Kitchen is a cook's dream. Entertainment deck from the kitchen, private deck from the master suite, \$950,000



To view call Maggie Stewart  
760-703-4788  
DRE #00908726



## A large, stylized sculpture of a bird, possibly a peacock, stands in a grassy field. The bird is depicted with brown and blue feathers, and its tail feathers are fanned out. It is surrounded by trees and foliage, including a tree with red berries in the background. The sculpture is made of a material that looks like wood or metal, and it is supported by a wooden post. The background shows a dense line of trees and a path leading into the distance.

One of the recent art sculpture additions is on display on the Pica Promenade.

*Submitted by Fallbrook  
Beautification Alliance.*



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**33 Acre Avocado Grove with 2 Wells**

This grove is in the middle of being rehabbed. Formerly 3000 Hass avocado trees. 25 acres have been removed, 18 acres have been replanted with DUSA rootstock, 6 acres cleared and ready for replanting. 6 acres of the old Hass trees in good condition. This grove has been watered for the last 20 years from well water only! NO CITY WATER NEEDED! 150 GPM RO plant installed in 2017. 3 Separate Parcels 16-acres, 8-acres, & 8-acres. 3 water meters, 4 power meters. 2 wells, one is 180 gallons per minute continuous, the other 30 gallons per minute. If you are going to be in the avocado business this is the farm you want to buy! The 16-acre parcel has a 3/4 acre flat engineered pad with fantastic views.

**Offered at \$798,000**



**Adobe in Valley Center**

**Beautiful Pool Home with Views**

On 3.27 acres, home was custom built in 1977 and sits on a knoll with panoramic views of San Luis Rey River Valley. Very well built home with courtyard entry, Mexican pavers thruout, wood beam ceilings, beehive brick fireplace, open kitchen & huge master closet. Covered red wood deck surrounds two sides of home. **\$619,000**



**Whispering Heights in Winchester**

**On the End of a Quiet Cul-de-Sac**

Beautiful home close to the 79, schools, parks & shopping. This is a perfect family home. 3212 sf with 4BD, 3BA & a huge lot that could be enclosed for 5th BD. 3 car tandem garage. Downstairs boasts open floor plan, granite counters & kitchen island. The large backyard has a covered patio and lots of grass. **\$459,000**



**20 Acres with Avocados**

**Panoramic Views of De Luz Valley**

Fantastic 20-acre parcel has approx. 950 Hass avocado trees with additional room to plant another 250. The grove is prof maintained and in excellent condition. Located at the end of the cul-de-sac on a very private street. This HOA's min. lot size is 20 acs, min. home size is 3,000 sf. Water meter on property, power & phone. **\$289,000**



**Sold Within 7 Days**

**Turn Key Home in Redhawk Community**

With views of Golf Course on quiet cul-de-sac. Home is light & cheerful w/new paint & carpet, high ceilings, separate dining area & family room w/cozy fireplace. Open bright kitchen w/granite counters, center island, walk in pantry & paver tile floors. Finished 2 car garage w/epoxy coating. **Listed at \$498,500 Sold at \$496,000**



**Coming Soon**

**De Luz - Temecula**

King of the hill in this gorgeous Spanish Hacienda with resort pool/spa on 5+ acres. Gated entrance, very private, 2800 sf and 4 car garage. **\$898,000**



**Coming Soon**

**Fallbrook**

4 bedrooms + office, 2240 sf. Beautiful gentle parcel at end of road with plenty of oak trees, seasonal stream and lush landscape. Wilt Road area. **\$569,000**



# Keep cool on the grill

**Family Features**  
*Special to Valley News*

Keep the kitchen cool and comfortable with grilled meals that banish the heat to the outdoors. Crisp, fresh greens and a perfect blend of spices and savory ingredients make each of these refreshing dishes perfect solutions for toasty days.

Featuring ingredients across the food groups, these dairy-fueled recipes from Milk Means More are ideal for well-rounded meals filled with nutritious flavor. Zesty mustard, spicy sriracha and rich buttermilk lend a marinated flavor upgrade to traditional grilled chicken, while homemade pesto, fresh corn and ham create a perfect harmony for a cheesy grilled pizza. Or make a salad the star of the dinner table with a simply seasoned sirloin steak, plenty of veggies and a tart twist on a creamy dressing made with yogurt and milk.

Find more refreshing meal solutions at [www.milkmeansmore.org](http://www.milkmeansmore.org).

## Grilled Buttermilk Chicken

*Recipe courtesy of Lori Yates of Foxes Love Lemons on behalf of Milk Means More*  
*Start to finish: 2 1/2 hours, 30 minutes active time*  
*Servings: 4*

**Ingredients:**  
*1 1/2 cups buttermilk*  
*1 tablespoon mustard powder*  
*1 tablespoon sriracha*  
*2 teaspoons minced garlic*  
*2 teaspoons paprika*  
*4 chicken drumsticks, bone-in, skin on*  
*4 chicken thighs, bone-in, skin on*  
*vegetable oil, for grill*  
*1/4 cup chopped fresh parsley*  
*1 lemon, cut into wedges (optional)*

**Directions:**  
In a medium bowl, whisk buttermilk, mustard powder, sriracha, garlic and paprika. Place chicken in large zip-top bag; pour buttermilk mixture over chicken. Seal bag and refrigerate

2 hours or overnight. Heat outdoor grill for direct grilling over medium heat. Remove chicken from marinade, shaking off excess; discard marinade. Lightly oil grill grates. Transfer chicken to grill and cook, turning occasionally, 16-18 minutes, or until internal temperature reaches 165 F. Transfer chicken to a serving platter. Sprinkle with parsley and serve with lemon wedges, if desired.

## Grilled Steak Salad with Chive Yogurt Dressing

*Recipe courtesy of Kirsten Kubert of Comfortably Domestic on behalf of Milk Means More*  
*Start to finish: 25 minutes*  
*Servings: 6*

**Ingredients:**  
**Dressing:**  
*1 cup plain yogurt*  
*3 tablespoons freshly squeezed lime juice (3 small limes)*  
*2 tablespoons milk*  
*2 tablespoons chopped fresh chives*  
*1 clove garlic, peeled and minced*  
*1/4 teaspoon kosher salt*  
*1/8 teaspoon black pepper*

**Steak:**  
*1 teaspoon kosher salt*  
*1/4 teaspoon black pepper*  
*1/4 teaspoon granulated garlic*  
*20 ounces boneless petite sirloin steak*

**Salad:**  
*3 cups baby spinach*  
*3 cups chopped romaine lettuce hearts*  
*1/2 cup sweet red pepper rings*  
*1/2 cup sweet yellow pepper rings*  
*1 cup avocado chunks*  
*1/4 cup thinly shaved red onion*

**Directions:**  
To make the dressing, in blender, combine yogurt, lime juice, milk, chives, garlic, salt and pepper. Blend on low until smooth consistency forms and chives are completely incorporated. Transfer dressing to jar with tight-fitting lid and refrigerate until serving. Heat grill to medium. To prepare steak, combine



Zesty mustard, spicy sriracha and rich buttermilk lend a marinated flavor upgrade to traditional grilled chicken. Courtesy photos

kosher salt, black pepper and granulated garlic to create rub. Sprinkle half of seasoning mix over one side of steak, pressing it into meat. Repeat with remaining seasoning on opposite side of steak. Grill steak over direct medium heat to desired level of doneness, approximately 4-5 minutes per side for medium pink center. Remove steak from grill and let rest 7-10 minutes on cutting board.

To make salad: Toss spinach and romaine on large platter. Scatter red and yellow peppers, avocado and onion over greens. Slice grilled sirloin thinly against the grain. Arrange meat slices along center of salad. Drizzle dressing over salad just before serving.

## Grilled Pizza with Arugula Pesto, Corn and Ham

*Recipe courtesy of Rachel Gurf of Rachel Cooks on behalf of Milk Means More*  
*Start to finish: 30 minutes*  
*Servings: 6*

**Ingredients:**  
**Arugula Pesto:**  
*2 cups fresh arugula, tightly packed*  
*1 clove garlic*  
*1 tablespoon lemon juice*  
*pinch red pepper flakes, (optional)*  
*1/3 cup shredded Parmesan cheese*  
*1/2 cup extra-virgin olive oil*  
*salt, to taste*  
*pepper, to taste*

**Grilled Pizza:**  
*2 tablespoons flour, divided*  
*1 pound pizza crust dough (at room temperature if using refrigerated dough)*  
*vegetable oil, for grill*  
*1/2 cup arugula pesto*  
*1/2 cup part-skim ricotta cheese*  
*1/2 cup diced deli ham*  
*1/2-3/4 cup fresh corn kernels (about 1 cob)*  
*1/4 cup thinly sliced red onion*  
*1/4 cup shredded Parmesan cheese*

**Directions:**  
Heat grill to medium heat, 350-400 F. To make arugula pesto, in a food processor, combine arugula, garlic, lemon juice, red pepper flakes and Parmesan cheese.

Pulse until combined; with food processor on, drizzle in olive oil until pesto forms, scraping down sides as needed. Taste and season with salt and pepper.

To make grilled pizza, flour pizza dough lightly and stretch or roll to about 1/2-inch thickness or 14-16-inch diameter. Sprinkle remaining flour on large rimless baking sheet, pizza peel or pizza stone. Transfer dough to baking surface. Clean grill grate and grease with oil-soaked paper towel and tongs. Slide dough off baking surface onto grill. Cover and cook until dough is bubbling on top and golden brown on bottom, 2-3 minutes. Carefully flip dough over using peel or tongs. Remove crust from grill to add toppings. Spread arugula pesto over dough. Top with ricotta, ham, corn kernels, onion and Parmesan cheese. Return pizza to grill, cover and cook until toppings are heated through and bottom of crust is crispy, 5-7 minutes. Remove from grill, slice and serve.

# Tackle these 9 troublesome weed zones this spring

**Family Features**  
*Special to Valley News*

Weeds are opportunists that take advantage of bleak growing conditions to set root. If anyone has ever seen a weed growing out of a crack in the driveway or other paving, they know that weeds, by nature, can adapt to almost any spot.

As homeowners work to get their yard in shape for spring, keep an eye on the following areas that often offer ideal conditions for weeds to grow and reproduce. Pathways made from loose materials, such as bark mulch, decomposed granite or stones, can act as seeding beds and offer a natural spot for weeds to grow. Underneath shrubs can be hard to reach, shady and moist – a perfect place for weeds. Unpaved driveways and parking areas, whether grassy, muddy or filled with gravel, often roll out the welcome mat for weeds. Cracks and crevices between paving stones, bricks or slabs of concrete provide natural entry points for weeds. If the weeds are not dealt with, roots can lift pavers or bricks, creating dangerous

uneven spots while potentially ruining the clean look of a patio or walkway. Despite sparse sunlight conditions, weeds may still grow under decks. They often thrive at the base of downspouts too, where moisture is abundant. Heavy rains can wash seeds from these weeds into other areas of the yard such as along fences and foundations. Often out-of-sight and out-of-mind, these areas are natural spots for weed buildup. Freshly tilled soil is a haven for weeds. Anytime gardeners turn the soil or an animal digs a hole, they expose buried weed seeds, creating an area to watch for new seedlings. Keep a close watch on the yard for dead spots or open areas. Fill them in as soon as possible, adding new plants, seeds or mulch. Bare spots in lawns should be seeded over with grass seed. In new plantings, cultivate often to uproot new weed seedlings. There are many ways to control weeds, including hand-pulling, hoeing, mulching or using herbicides. People often try homemade, natural weed killers like vinegar to avoid herbicides.



If the weeds are not dealt with, roots can lift pavers or bricks, creating dangerous uneven spots while potentially ruining the clean look of a patio or walkway. Getty Images photo

These “natural” techniques often don’t kill the roots of the weeds, however, so they quickly regrow. Alternatively, consider an environmentally friendly option

like Natria Grass and Weed Control With Root Kill. Results are usually seen within minutes, and weeds are not likely to come back from their roots, unlike when

using homemade solutions. For more information on controlling weeds, visit [www.natria.com](http://www.natria.com).

# How color can affect the garden

TEMECULA – Flower gardens can add color and awe-inspiring appeal to a property. The National Gardening Association said that gardeners can find nearly every color of the spectrum in flowering perennials. So whether homeowners prefer soft pink, are partial to bright red or want to relax in a garden and gaze at something deep blue, chances are they’ll find a perennial to tickle their fancy. The National Gardening Association offered the following breakdown of colors to help

gardeners learn how their gardens can set the mood they’re looking for. A garden full of bright colors like red, orange, magenta and yellow can provide a landscape with vigor and energy. The association said that brightly colored flowers can withstand especially bright sunshine, meaning gardeners can marvel at their appearance even when the sun might be adversely affecting other plants and flowers. Pastels, which include soft pink, powder blue, lavender and peach, create a tranquil feeling in

a garden. These colors are perfect for those who want their gardens to be a relaxing, peaceful respite from the hustle and bustle of everyday life. The association said that pastels may looked washed out in the midday sun, so they might be best enjoyed early in the morning or late in the afternoon. Complementary colors are those that are opposite one another on the color wheel. Orange and blue are examples of complementary colors. According to the association, complementary colors can add creative energy and

vitality to a garden. Harmonious colors are those that are next to each other on the color wheel, such as orange and red. The National Gardening Association recommended harmonious colors for gardeners looking to create a unifying feel in their gardens without resorting to a monochromatic color scheme. Harmonious colors give off a gentle feeling that can make for a relaxing garden atmosphere. Monochromatic gardens can be awe-inspiring even though they stick to a single color and don’t

provide an array of colors. The organization said that gardeners with monochromatic gardens make them interesting by using plants of various sizes, shapes and textures. When planting a garden, gardeners can choose whichever color scheme they prefer. To learn more about the effects of color on a garden, visit the National Gardening Association website at [www.garden.org](http://www.garden.org).



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# Caring for roses after a wet winter

**Frank Brines**  
ARS Master Consulting Rosarian

What a year it's been so far. In most areas, gardeners had to work in a pruning schedule between rain storms. Even with late pruning, many gardeners are having or are about to have their first flush of blooms. Climate change is influencing the weather and affecting the usual pruning schedule. The erratic temperatures also have a bearing on the growth of plants.

Periods of heat encouraged lush vegetative growth and bud formation even though rains kept the soil cool. Now the conditions for fungi are present and rust and mildew which will need control with fungicides and stripping infected leaves if the disease is heavy.

For the fullest blooms possible, supply plenty of water to plants, but don't flood them. For larger blooms apply a greater amount of water when buds begin to swell and show color. But pay attention to the drainage of the soil – roses like plenty of water but they don't respond well to soggy soil. The optimum time to irrigate is early in the day.

Roses love food. Preferably good quality food on a regular basis. Not all fertilizers include all the micro and macro nutrients needed, so read the label on the packaging. Alternating the major fertilizer with fish emulsion every two weeks will help provide some of the micro nutrients. Continue fertilizing.

As I always say, organics are much better for soil and ultimately for the garden and the environment. Adding 1 cup of Epsom salt, which is magnesium sulfate, to large size plants, 1/2 cup for smaller plants, once in the spring and once in the fall can assist in getting new basal breaks, the new canes from the bud union.

The soil needs a supply of organic material such as hummus incorporated into the depths. That supply isn't easily accomplished in established gardens, however adding a 3-4 inches of a good composted mulch over the entire garden, leaving a 12-foot diameter circle open around the base of each bush will go a long way to



The Temecula Valley Rose Society's Rose Haven Heritage Garden, 30592 Jedediah Smith Road in Temecula, is open to the public from dawn to dusk. Lucette Moramarco photos

enriching the soil overall because earthworms help transport that mulch down into the soil where the microbiology is complex and multi-tiered.

A healthy garden soil system is teeming with beneficial microbes that inhibit, compete with and consume disease-causing organisms. This environment creates a sustainable soil "immune system." In fact, plants grown with organic fertilizers are themselves more resistant to pests and diseases. In addition, when gardeners feed those beneficial organisms, they feed the garden's roses because they are busy breaking down organic matter and releasing mineral nutrients slowly and reliably.

I've recently learned that extra



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phosphate in the fertilizer used is the most important in assisting in creating a soil environment that aids immensely in helping plants to be resistant to pest and diseases. Also it helps plants to develop hardier root systems and larger blooms.

Many gardeners become discouraged when they first experiment with organic treatments while still using chemical fertilizers. It is difficult – in fact, almost impossible – to have it both ways. Chemical fertilizers negatively impact the soil food web by poisoning entire portions of it. The fact is, chemical fertilizers are salts. What gardener hasn't seen what table salt does to a slug or snail? Salts absorb water and dehydrate the soil microbes which are the foundation of the soil nutrient system.

Once a chemical fertilizer has been used regularly they must keep being added because the soil microbiology is weakened and unable to do its job of releasing naturally available nutrients to the plants. Rains help to leach accumulated soil salts from the soil, provided there is sufficient good drainage.

Organic fertilizers and





Watered by irrigation hose, this rose bush has several buds waiting to flower, March 30.



After a wet winter followed by spring heat, the rose bushes at the TVRS garden are displaying bright colors.



Orange roses bloom at Rose Haven Heritage Garden.

amendments such as manure, compost or mulch break down slowly, generally staying where they are put, and they don't contribute to groundwater pollution, as long as the gardener prevents the run off from going into the drains. In addition, they improve the soil food web, so in the long run it ends up using less product.

Chemical fertilizers are artificial growth stimulants and, in the long run, harm the soil and pollute local waterways because as dissolved salts they quickly leach through the soil becoming unavailable to plants and enter the groundwater. How about swearing off chemical fertilizers for the rest of the year and starting to use organics? Give it a year. The results are rewarding. Fish emulsion is also a good amendment to apply either foliarly or onto the soil around each bush.

It may be that a rose bush has some blooms already. Keep spent blooms cut away. Cut the cane back to an outward facing bud at a 3-5 leaflet leaf for new growth. Air circulation is important to help prevent fungi diseases. The small spurs growing inside the bush can easily be finger prune to keep the center of the bush free of extraneous growth.

Giving the bush an early morning shower to rinse off the leaves may help to avoid powdery mildew. Do this early enough that the leaves will dry before the hot sun arrives. It is possible that with nighttime dew a disease called botrytis can appear on the blooms, especially on blooms with 40 petals. Remove these as soon as disease is noticed.

Even with great observations and preventive methods, fungi may become a problem and chemical treatment may be needed to keep disease at bay. Make sure to deep water. An extended slow watering is more beneficial than a frequently short application.

There are many opportunities in the next month or two to attend local rose shows and see, learn, smell different varieties. The Pacific Southwest District Rose Show and Convention held in L.A., Arboretum is April 26-27, and the San Diego Rose Society will hold their 92nd annual Rose Show, May 4, Ronald Reagan Community Center in El Cajon.

For more ideas, visit TVRS' Rose Haven garden at 30592 Jedediah Smith Road in Temecula or visit [www.TemeculaValleyRoseSociety.org/index.shtml](http://www.TemeculaValleyRoseSociety.org/index.shtml).



Sharon's Delight is a shrub rose, this one planted in 1996.



Mellow Yellow is a hybrid tea rose planted in 2000.

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# What’s in your garden, Fallbrook?



**Maggie Stewart**  
Special to the Village News

Avocados are in the garden, of course. Fallbrook is known for hillsides of avocado trees and the Avocado Festival. The festival started 33 years ago and just keeps getting better on the fun scale.

Shane McSheehy is fond of avocados. Actually, all plants that can provide food for his creative palate. He is a pilot and can live anywhere, but he knows Fallbrook is where gardeners can grow most anything you place in the ground and nurture.

McSheehy, his son Thomas and his wife Victoria, decided that Fallbrook is where they want to grow roots. I had the honor of helping them find just the right property. They selected a home with a little more than 2 acres, perfect for planting their own garden and family fruit trees. It’s a large enough space to corral an active family and provide for entertaining friends.

Fallbrook holds a ton of great memories for McSheehy, since he grew up here. Beyond the fact that his parents still live in Fallbrook, he said he knows how to climb into an avocado tree and how to make really good guacamole. When he was younger, he won second place for his guacamole at the Avocado

Festival. Then in 2008, with the help of his son, Thomas, he was awarded first place in the Amateur Most Creative Dish with “Avocado Chicken Egg Rolls.”

Here is McSheehy’s winning recipe:

**Ingredients:**

- 1 pound cooked, diced chicken breast or leg meat
- 1 8-ounce package cream cheese, room temperature
- 1 whole avocado, peeled and sliced into 24 pieces
- 1 package large, square egg roll wrappers
- 1/2 tomato, diced
- 2 tablespoons white onion, diced
- 2 tablespoons cilantro, finely chopped
- 1/2 teaspoon sea salt
- 1 tablespoon lime juice
- 1 clove garlic, minced
- 1/2 teaspoon cumin
- 1 tablespoon Serrano pepper, finely chopped
- 2 green onions, chopped

**Directions:**

1. Preheat deep fryer to 375 F.
2. Combine all ingredients, except avocado, in large mixing bowl. Add 3 tablespoons of filling and one slice of avocado to egg roll wrapper. Roll and form egg rolls.
3. Deep-fry at 375 degrees for approximately 5 minutes. Remove and place on a paper towel to drain and cool. Serve.
4. Who is going to submit an entry April 14 at this year’s Avocado Festival? The McSheehy family will be found downtown that day, celebrating and sampling locally grown produce and products from the Fallbrook community.

Maggie Stewart is a family farm-to-table specialist with CR Properties, Real Estate Services. She can be reached at (760) 703-4788.



The McSheehy family, from left, Victoria, Shane and Thomas, are ready for to make guacamole from homegrown produce from their garden.

Courtesy photos

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# ‘Mission to Modern’ tour explores Pauma Valley adobes



In the classic California Rancho design, visitors enter the Francis and Marguerite Pusateri adobe through a wooden gate, which is set in an adobe block wall.

Pam Vuytowecz photos



The large, circular courtyard of the Pusateri adobe has a Spanish tiled fountain as its centerpiece.



The current owner of the Pusateri adobe maintains the home, respecting the original work of Jack Weir of Weir Bros. The wood and metal in the bar area highlight the Spanish influence seen throughout the home.

**Kathryn Adams**  
Special to Village News

The eighth annual San Diego Adobe Home “Mission to Modern” tour was held Sunday, March 24, in Pauma Valley. The San Diego Adobe Heritage Association, whose mission is to inspire the appreciation and understanding of adobe heritage in San Diego County, presented the tour. Adobe construction was periodically popular into the late 1970s in San Diego County, and the largest compilation of modern-day adobe construction lies within the gates of Pauma Valley Country Club, which was the focus of the 2019 tour. Proceeds from the tour went to the Mission San Antonio de Pala, the St. Francis Episcopal Church in Pauma Valley and the Escondido History Center.

After checking in for the tour at St. Francis Episcopal Church, visitors were handed a tour guidebook and informed that they may visit the sites in any order. Four of the adobe homes on the tour were inside the gates of Pauma Valley Country Club, while the other adobe home on the tour was near Lazy H Ranch

off Highway 76. The St. Francis Episcopal Church and the Mission San Diego de Pala were on the tour as well.

Once inside the gates of Pauma Valley Country Club, visitors were able to enjoy the many charming aspects of the country club, weaving their way through the hills and Robert Trent Jones golf course. One of the first things many visitors noticed were the unique street names, which are all authentic Native American names, due to the close proximity to the Luiseño tribe. Some of the unique street names include: Katkat (duck) Court, Wiskon (chipmonk) Way West, Womsi (snowbird) Road, Ushla (wild rose) Way.

Many visitors began the tour at the Pusateri Adobe, which was built in 1970 by Jack Weir, of the well-known Weir Bros. The Weir brothers have been building adobe homes in San Diego County since 1947. The Pusateri Adobe is a classic California Rancho design style, which embodies the classic Weir Bros. style as well. The current owner has maintained the home with respect to the original work, so visitors who walked

through it said they felt like they were taking a step back in time.

Another interesting home on the tour was the Hines Adobe, built in 1961 by Thomas W. Thornburg. This home originally served as a guest cottage for guests at Pauma Valley Country Club, but after it was no longer needed for guests, it was sold in 1966 as a single-family residence. The tour guide recommended visitors imagine how the original guest suites looked, with each having its own patio overlooking the golf course, while sharing a common area for socializing and cooking.

Anyone who is interested in learning more about adobe homes, anyone who owns an adobe home or anyone who would like to be considered for a future tour can contact the San Diego Adobe Heritage Association at [info@adobehometour.com](mailto:info@adobehometour.com) or visit <http://adobehometour.com> for more information. For those interested in next year’s tour, more information about the ninth annual San Diego Adobe Home Tour will be added to the website in December 2019, but in the meantime, interested parties are encouraged to take advantage of the resources on the website.

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# Four former Warriors have played Major League Baseball

Joe Naima

Village News Correspondent

Mike Leake is the only former Fallbrook High School baseball player who is currently playing Major League Baseball, but three other former Warriors subsequently played in the majors.

Matt Chico, Troy Cate and Donny Lucy all played their first major league game in 2007. Leake made his major league debut in 2010. Chico and Cate were pitchers, as is Leake. Lucy was a catcher.

Cate graduated from Fallbrook High School in 1998 and continued his baseball career at Ricks College in Idaho. In 2000 Ricks College became Brigham Young University Idaho, transitioned from a two-year college to a four-year university and dropped intercollegiate athletics. Cate undertook a mission service with The Church of Jesus Christ of Latter-day Saints and was selected by the Seattle Mariners in the sixth round of the 2002 baseball draft.

The Mariners' Northwest League affiliate in 2002 was in Everett, Washington, and Cate began his professional career there. He had 13 starts and three relief appearances for Everett and posted a 6-1 record including his only complete game and only shutout in professional baseball. He had 25 starts and two relief appearances for Inland Empire of the California League in 2003, and he also had one start for Tacoma of the Pacific Coast League and was the winning pitcher in that game. In 2004, Cate posted a 3-0 record in three starts and four relief appearances with Inland Empire and pitched 12 games for San Antonio of the Texas League. His 23 games with Inland Empire in 2005 were all relief appearances.

Cate was released by the Mariners after the 2005 season and signed with the St. Louis Cardinals' organization as a minor league free agent in January 2006. The 2006 season for Cate included 34 relief appearances for Palm Beach in the Florida State League and 10 relief outings for Springfield in the Texas League.

In 1998 baseball's Class AAA minor leagues were contracted and the American Association was disbanded, so Memphis was in the Pacific Coast League in 2007 when Cate started the season there. He was called up to the Cardinals and made

his major league debut May 29, 2007. Cate had 14 major league appearances and threw 16 innings. He had no pitching decisions and posted a 3.38 earned run average.

transferred to Palomar College and was on the Comets' 2003 team.

If a player is with a National Collegiate Athletic Association program, he cannot be drafted until his third year out of high school, but because Chico had transferred to a junior college he was eligible for the 2003 draft. The Arizona Diamondbacks selected him in the third round.

Chico began his minor league career with Yakima of the Northwest League in 2003. His 2004 season included games with South Bend of the Midwest League and El Paso of the Texas League. During 2005 Chico played with Lancaster of the California League and Tennessee of the Southern League. Chico also spent parts of 2006 with Lancaster and Tennessee. The

Diamondbacks had the opportunity to obtain veteran pitcher Livan Hernandez from the Washington Nationals, and Arizona traded minor league pitchers Chico and Garrett Mock to the Nationals for Hernandez, Aug. 7, 2006. Mock and Chico would both eventually pitch for Washington. The trade to the Nationals' organization sent Chico to Harrisburg of the Eastern League to conclude his 2006 season.

The Nationals kept Chico on the major league 25-man roster to begin the 2007 season, and Chico made his big league debut April 4, 2007. Chico started

31 games for the Nationals in 2007 and posted a 7-9 record with a 4.63 earned run average in 167 innings. He struck out 125 opposing batters. Chico also had two starts with the Nationals' Columbus farm team in the International League that year, winning one and losing one.

Chico returned to the Nationals to begin the 2008 season but lost all six decisions and posted a 6.19 earned run average in eight starts and three relief appearances. He threw four innings in a start with Columbus before undergoing elbow reconstruction surgery. In 2009 Chico had three

starts for Hagerstown of the Southern League, not garnering a decision but having a 2.45 earned run average, and started 12 games

for Harrisburg while posting a 2.99 earned run average.

One final major league start for Chico occurred in 2010. He allowed two runs in five innings and did not receive a decision. In his last major league game, he struck out three and did not walk a batter. Chico also pitched for Harrisburg and for Syracuse of the International League during the 2010 season.

The 2011 season for Chico was split between Gulf Coast of the Gulf Coast League, Harrisburg and Syracuse. He closed out his playing career in the independent minor leagues in 2012, pitching for New Jersey of the Canadian-American League and York of the Atlantic League.

Chico's major league career consisted of 40 starts and three relief appearances. He had a 7-15 record and a 4.95 earned run average. He struck out 128 batters in 222 innings. While at the plate he had 10 hits and three runs batted in while also executing 11 sacrifice bunts. His major league

in 2009. He was with Charlotte for most of the 2010 season before returning to the White Sox and playing in seven games, and he hit his only major league home run that year. He was also with Charlotte for most of 2011 but played six games with the White Sox.

The 21 games Lucy played in the majors resulted in 10 hits in 40 at-bats for a .250 average, four doubles, one home run, three runs scored, three runs batted in and one stolen base. Lucy's 501 minor league games included 412 hits, 72 doubles, four triples, 25 home runs, 202 runs scored, 151 runs batted in, 51 stolen bases and a .241 batting average.

Leake is a 2006 Fallbrook High School graduate who played collegiate ball at Arizona State University. The Cincinnati Reds made Leake the eighth overall pick in the first round of the 2009 draft. The Reds opted to rest him for the remainder of the 2009 season.

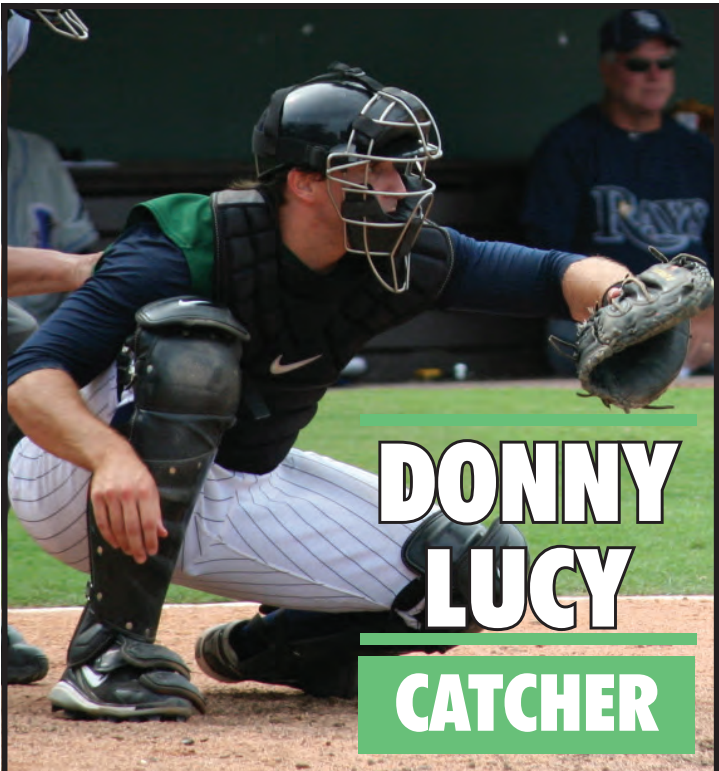
In 1967 Mike Adamson, who had played at University of Southern

California for two years after graduating from Point Loma High School in 1965, was selected by the Baltimore Orioles in the June draft and started his professional career with the Orioles. Adamson thus became the first player since the 1965 inception of the draft to skip the minor leagues, at least initially, and start his professional career in the majors. Adamson

was also the only San Diego County player since the start of the draft to begin his professional career in the majors without minor league experience until Leake made the Reds' pitching staff for the start of the 2010 season. Leake made his major league debut April 11, 2010.

Leake pitched for the Reds from 2010 to 2015 and was traded to the San Francisco Giants during the 2015 season. He signed with the Cardinals and played for St. Louis in 2016 and part of 2017 before being sent to the Mariners. Leake concluded 2017 with the Mariners and was also with Seattle for 2018.

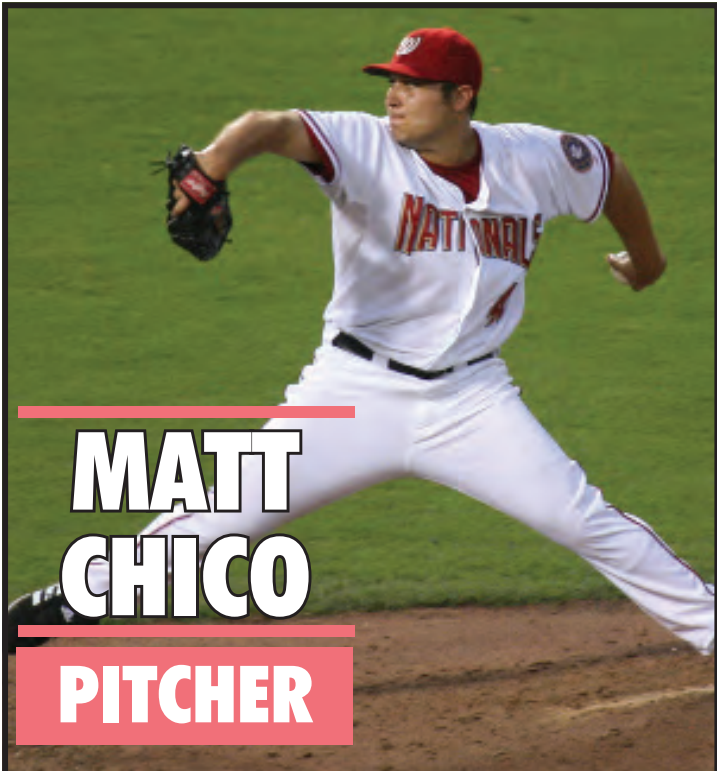
For his first nine major league seasons Leake has posted a 93-87 record in 264 starts and five relief appearances, not including a first-round playoff game in 2012 in which Leake pitched against the Giants. Leake has thrown four complete games, including one shutout, and as of the end of the 2018 season he had 1,104 strikeouts in 1,632 innings pitched. He has a .198 batting average at the plate with 92 hits including 18 doubles, one triple and six home runs. An additional 44 plate appearances were successful sacrifice bunts. Leake has scored 46 runs and driven in 31 runs.



STATISTICS										
YEAR	TEAM	G	AB	R	H	AVG	2B	HR	RBI	SB
2007	CHW	8	15	0	3	.200	0	0	0	0
2010	CHW	7	15	2	5	.333	3	1	2	1
2011	CHW	6	10	1	2	.200	1	0	1	0
Career	21	40	3	10	.250	4	1	3	1	

He struck out 12 of the 24 major league batters he faced. Cate had one major league at-bat but did not hit safely.

Cate was granted free agency after the 2007 season and signed with the Oakland Athletics' organization. He pitched for the A's Pacific Coast League team in Sacramento and pitched for the Milwaukee Brewers' Southern League team in Huntsville and the Brewers' PCL farm club in Nashville that year. During 2009, Cate pitched for the Toronto Blue Jays' New Hampshire affiliate in the Eastern League before concluding his career with independent minor league baseball. He was with the Atlantic League's Long Island team for the other part of the 2009 season and played for the Canadian-American League's Quebec franchise in 2010.



STATISTICS							
YEAR	TEAM	APP	W	L	ERA	IP	SO
2007	WAS	31	7	9	4.63	167	94
2008	WAS	8	0	6	6.19	48	31
2010	WAS	1	0	0	3.60	5	3
CAREER	40	7	15	4.95	222	128	

Chico graduated from Fallbrook High School in 2001. He pitched for the University of Southern California during the 2002 season,

MIKE LEAKE PITCHER										
STATISTICS										
Year	Team	APP	W	L	ERA	CG	SHO	IP	SO	
2010	CIN	24	8	4	4.23	0	0	138 1/3	91	
2011	CIN	29	12	9	3.86	0	0	162 2/3	118	
2012	CIN	30	8	9	4.58	2	0	179	116	
2013	CIN	31	14	7	3.37	0	0	192 1/3	122	
2014	CIN	33	11	13	3.70	0	0	214 1/3	164	
2015	CIN	21	9	5	3.36	1	0	136 2/3	90	
2015	SF	9	2	5	4.07	1	1	55 1/3	29	
2016	STL	30	9	12	4.69	0	0	176 2/3	125	
2017	STL	26	7	12	4.21	0	0	154	103	
2017	SEA	5	3	1	2.53	0	0	32	27	
2018	SEA	31	10	10	4.36	0	0	185 2/3	114	
Career	269	93	87	4.03	4	1	1632	1104		



batting average was .159, and he scored three runs. During his minor league career he pitched in 171 games, including 140 starts and posted a 51-49 record with a 3.87 earned run average while striking out 657 opponents in 798 1/3 innings.

Lucy followed his 2001 Fallbrook High School graduation with three years on the Stanford University baseball team. The Chicago White Sox selected him in the third round of the 2004 draft, and Lucy began his minor league career in 2004 with Great Falls of the Pioneer League. He was with Kannapolis of the South Atlantic League in 2005 and played for both Winston-Salem of the Carolina League and Birmingham in the Southern League during 2006. When the major league teams had 25-man rosters, Lucy was with Birmingham and with Charlotte of the International League for 2007.

Major League teams can expand their active rosters from 25 to 40 players on Sept. 1 each year. Lucy was one of the players called up by the White Sox in 2007, and he made his major league debut Sept. 5, 2007. Lucy appeared in eight games for the White Sox that year and had three hits in 15 at-bats.

Lucy returned to Charlotte for the 2008 season and played for both Birmingham and Charlotte



SPORTS

Athlete of the Week

# Alanis named BHS's Athlete of the Week



**Jeff Pack**  
*Writer*

Every team needs a coach, but sometimes athletes on the team are so good at leading teammates in workouts and practices, the coach's job becomes a whole lot easier.

Bonsall High School's Austin Alanis is that kind of athlete.

His leadership and responsibility are just two of the reasons why Alanis was nominated by his coach for Athlete of the Week.

"Austin is completely trustworthy," track and field coach Alan Greene said. "There are days that I'm not available for practice due to my day job. Our field coach provides overall adult supervision but Austin leads the workouts for the runners. This week, in fact, he's covering for me for two days.

"Truly, without this young man, my job as a coach would be much more difficult," he said.

Greene said Alanis also possesses superior leadership abilities.

"In addition to being a superb athlete, his teammates elected him team captain for the (track & field) team and cross country, in the fall," Greene said. "He's responsible for preparing the team for practice and for post-workout routine. He leads by example both on and off the field. He contributes to our workouts by suggesting to me ways that he thinks we can make practice better. He's passionate about the sport and about ensuring his teammates excel in their events."

The junior team captain competes in the 1,600-meter, 800-meter and 4x400-meter relay for the Legionnaires, and it is his second year on varsity. He was a member of the 2017 boys' cross country team that captured a league title.

"One of my favorite memories is when we had the first team for our school to ever go to a state competition," he said. "It was a huge honor and something that I will remember for the rest of my life. Another favorite team accomplishment was seeing our relay teams become league champions last year in the 2018 track season."

He started running as a freshman at his previous high school in North Carolina.

"I started playing this sport because I wanted to play a sport and feel fulfilled, which I wasn't at the time," Alanis said. "I then found out that running gave me a confidence and pride that I had never really felt before.

"It is so fulfilling to me. When I finish a run, I feel fantastic. I also love this sport because it makes you set goals for yourself, and then work to achieve those goals.

"In addition, the teams I have had the honor of running with are like my families. We take care of each other, and look out for each other.

"Finally, running teaches you discipline. It teaches mental discipline for when you run, and the discipline to train right, to eat right and to live right," Alanis said.

While he doesn't play other sports besides track and cross country, he is a member of the National History Day Club.

As any true leader does, Alanis has high hopes for his teammates this season – and high expectations for himself.

"My goal for the team this season is that we emerge with a few league champions as we have in previous years and that we have representatives at CIF San Diego Prelims, particularly from our distance runners," he said. "I really want to break five minutes in the mile and make it to CIF San Diego prelims for some event."

Alanis is proud of his accomplishments so far.

"I have quite a few personal favorite memories in the sport," Alanis said. "My first ever 1600 stands out because I had set a season goal of running under six minutes, but I ended up running 5:45," he said. "Another favorite personal memory was my first 5k race for cross country."

Even though it isn't a lifelong dream since he began running three years ago, Alanis said he wants to run in college. He hasn't received any college scholarship offers but has his eye on several colleges he'd like to attend.

"I am considering University of California San Diego, Texas A&M, Northern Arizona University, University of South Carolina, College of William and Mary, and Wake Forest University," he said.

Alanis said he'd like to study kinesiology and become a cross country and track coach or pursue a military career.

"I also have interests in becoming a musician or a historian," he said.

Alanis said his favorite subject in school is a tie between history and chemistry.

"Both of which I find fascinating and really connect with," he said. "History has so many great stories and lessons, whereas chemistry enriches my understanding of my environment and nature."

Get to know  
Austin Alanis

- Favorite team?**  
"I love all the great universities and their running teams. Notre Dame Fighting Irish is my favorite college football team. My favorite professional team is the Los Angeles Dodgers."
- Favorite athlete?**  
Eliud Kipchoge or Mo Farah
- Favorite band?**  
Metallica, Megadeth, Anthrax, Def Leppard, Journey
- Favorite TV show?**  
"Family Guy"
- Favorite movie?**  
"Ferris Bueller's Day Off"

[above] Bonsall High School's Austin Alanis is a leader on and off the track for the Legionnaires.  
  
Shane Gibson photo

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# Viking girls second at Hamilton cross country meet



Vallecitos girls' cross country team is the second place winner at the meet at Hamilton High School in Anza.

**Joe Naiman**  
*Village News Correspondent*

Vallecitos Elementary School coach Ray Hanbeck and several of his athletes traveled to Anza for a March 14 cross country meet hosted by Hamilton Elementary School.

The Vikings placed second among girls teams at the meet, which involved a 2-mile course and was based at Hamilton High School in Anza. Although the Vallecitos boys placed last as a team, Vallecitos seventh-grader Edgar Ortega placed second among individuals in the boys race.

A minimum of five runners are needed for a team score. The meet included four girls teams from among the seven small elementary schools in northern San Diego County and southern Riverside County which have monthly competitions with each school hosting a different sport and five boys teams. The positions of a school's first five finishers were used to obtain the team score. Vallecitos had six girls and five boys.

Cottonwood Elementary School, which is in Aguanga, was the girls team champion with 44 points. Vallecitos took second place with 54 points. Hamilton had the third-place total of 55 points.

"We beat them by one point," Hanbeck said.

Pauma Elementary School accumulated 66 points for fourth place.

The highest-finishing Vallecitos girl was eighth-grader Kelsey Rossi, who finished fourth and had a time of 16:20. Fifth-grader Berenice Yanez had the fifth place time of 16:47.

"The next ones were the ones that really made a big difference," Hanbeck said.

The concept of pack running is taught to teams which participate in cross country over a full season, but seventh-grader Cheyenne Crowe took 14th place and the next three finishers were Vallecitos fifth-graders.

"That helped out a lot. We were very happy, surprised and happy that they were able to do so well," Hanbeck said.

Crowe finished the race in 20 minutes, 48 seconds. Yamilee Rico completed the course in 21:35, Neyda Olvera posted a time of 21:40, and Cailey Crowe took 21:47.

Ortega had a second place time of 13:00 in the boys race. The winning time of 12:36 was posted by an eighth-grader from Julian Elementary School.

Julian Elementary School runners have more hills near their elementary school to train while Vallecitos Elementary School is in a flat part of Rainbow. Due to rain, the Vallecitos runners had three practices as a team.

"The kids had to do some running on their own to get in shape for the competition," Hanbeck said.

The competitors at the Hamilton cross country meet didn't face rain, but the 42 degree temperature and strong winds didn't make for an ideal meet.

"The conditions were really, really bad," Hanbeck said. "It was very, very cold and it was very, very windy. The conditions were not good for running."

The previous tournament for the seven schools was a basketball tournament at Borrego Springs Elementary School which was supposed to have been played Feb. 14. Heavy rains that day which closed schools and blocked travel routes forced that tournament to be postponed to Feb. 27, so practice for the cross country meet didn't begin until after the basketball contests.

"We only had two weeks to prepare," Hanbeck said.

Preparing for basketball games enhances the execution of plays, but height or lack thereof cannot be mitigated by practice. The six Vallecitos boys were all sixth grade or fifth-grade students and lost both of their games.

"They were really competitive, especially for the first game," Hanbeck said.

The games were 20 minutes and utilized a running clock. The Vallecitos boys lost a 22-11 contest to Pauma Elementary School and a 20-2 match against Hamilton.

The Vallecitos girls team consisted of five players.

"We only had one seventh-grader and the rest were fifth-graders," Hanbeck said. "They had a lot going against them."

The Vikings were given a first-

round bye, lost in the semifinal and won the third place game.

"They did well," Hanbeck said.

The semifinal was against Hamilton, which eventually won the championship. The Bobcats took a 20-2 victory at the Vikings' expense. Cheyenne Crowe scored the two Vallecitos points.

Hamilton defeated Julian in the championship game. Vallecitos prevailed over Warner Springs in

the third place game. The score was 11-7 with Rico scoring five points and Cailey Crowe, Cheyenne Crowe and Yanez adding two points apiece.

A softball tournament will be the next competition for the seven schools. Hanbeck does not have enough girls to have a girls team, so the Vallecitos girls will play on the boys team.



Vallecitos cross country teams consist of five boys and six girls.



Eighth-grader Kelsey Rossi runs to a fourth place finish as the fastest Vallecitos runner in the girls race.



Fifth-grader Berenice Yanez stays on pace to finish fifth in the girls race.

Courtesy photos

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# Lady Warriors girls' softball falls to Point Loma



Shortstop Jessica Wilbert fields a Point Loma ground ball in the Lady Warriors game against the Pointers, March 3.

**Kate Calhoun**  
Writer/Intern

The Point Loma High School Pointers pulled off a 6-1 win in girls softball after facing off against the Fallbrook High School Lady Warriors.

The Warriors and Pointers held each other to zero runs through the fifth inning, until Point Loma was able to adjust to a change in pitching and broke the scoring silence, getting the upper hand on Fallbrook with a 2-0 lead to end the fifth. The Pointers continued to gain momentum, earning an additional three runs in the sixth and another in the seventh and leaving the Warriors behind with one run scored in the sixth due to challenging pitching from Point Loma.

Despite the loss, second-year head coach Rey Harmon is ready to continue his method of rebuilding

the softball program and hopes to facilitate growth and success amongst his players, he said.

His process begins before high school, when he and assistant coach Dan Howley develop future Warriors' skills by providing clinics with the local recreation league, Fallbrook Girls Softball. Upon reaching high school, the girls will be well prepared for the highly competitive level of softball his current team is facing, he said.

"Our system of softball is designed around playing against the best, toughest, and most experienced teams willing to play us," Harmon said.

Harmon teaches his team that challenges will encourage them to progress by teaching them the ability to overcome, he said. League play for Fallbrook began April 9 at Mission Vista High School.



Lady Warrior batter Mila Rodriguez swings at a Point Loma pitch.



Lady Warrior Melany Becerra makes the catch out in center field. Fallbrook lost the game, 6-1.

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Lady Warrior Jessica Wilbert winds up and delivers a pitch to a Point Loma.

Shane Gibson photos



Lady Warrior shortstop Jaylyn Leeman makes a throw to Mila Rodriguez at second base for the out against the Pointers.



Lady Warrior Bayley Howley attempts to catch a pop fly in center field in the game against the Pointers.



Lady warrior batter Faith Stehle makes contact with a Point Loma pitch.



Fallbrook lady Warrior batter Jaylyn Leeman makes contact with a pitch and runs for first base against Point Loma, March 3.



A Pointer hit gets past Lady Warrior shortstop Jessica Wilbert.



Lady Warrior Jessica Wilbert makes contact with a Point Loma pitch.



# Warriors lose a close match to Eagles



Warrior Noah Potraz prepares to make a forehand shot against a San Pasqual Eagle, March 4.



Fallbrook's Ethan Lenaway serves the tennis ball to his San Pasqual opponent during a home match at the Fallbrook Tennis Club.



Warrior Anthony Vazquez serves the ball in a doubles match with his partner Chase Che against a pair of Eagles.



Fallbrook's Nash Youngren returns a shot during a doubles match against San Pasqual, with his partner Cole Traut.



Warrior Cole Traut returns a shot at the net during a doubles match. Fallbrook lost the varsity boys tennis match to San Pasqual, 10-8.



Warrior Richard Herrera swings a backhand shot against an Eagle opponent.



Fallbrook varsity boys tennis player Noah Potraz attempts to return a San Pasqual opponent's shot.



Warrior Ethan Lenaway returns a shot to his Eagle opponent.

Shane Gibson photos



Fallbrook's Chase Che covers the net during a doubles match against San Pasqual.



Warrior Cole Traut serves the ball in a double match against the Eagles.



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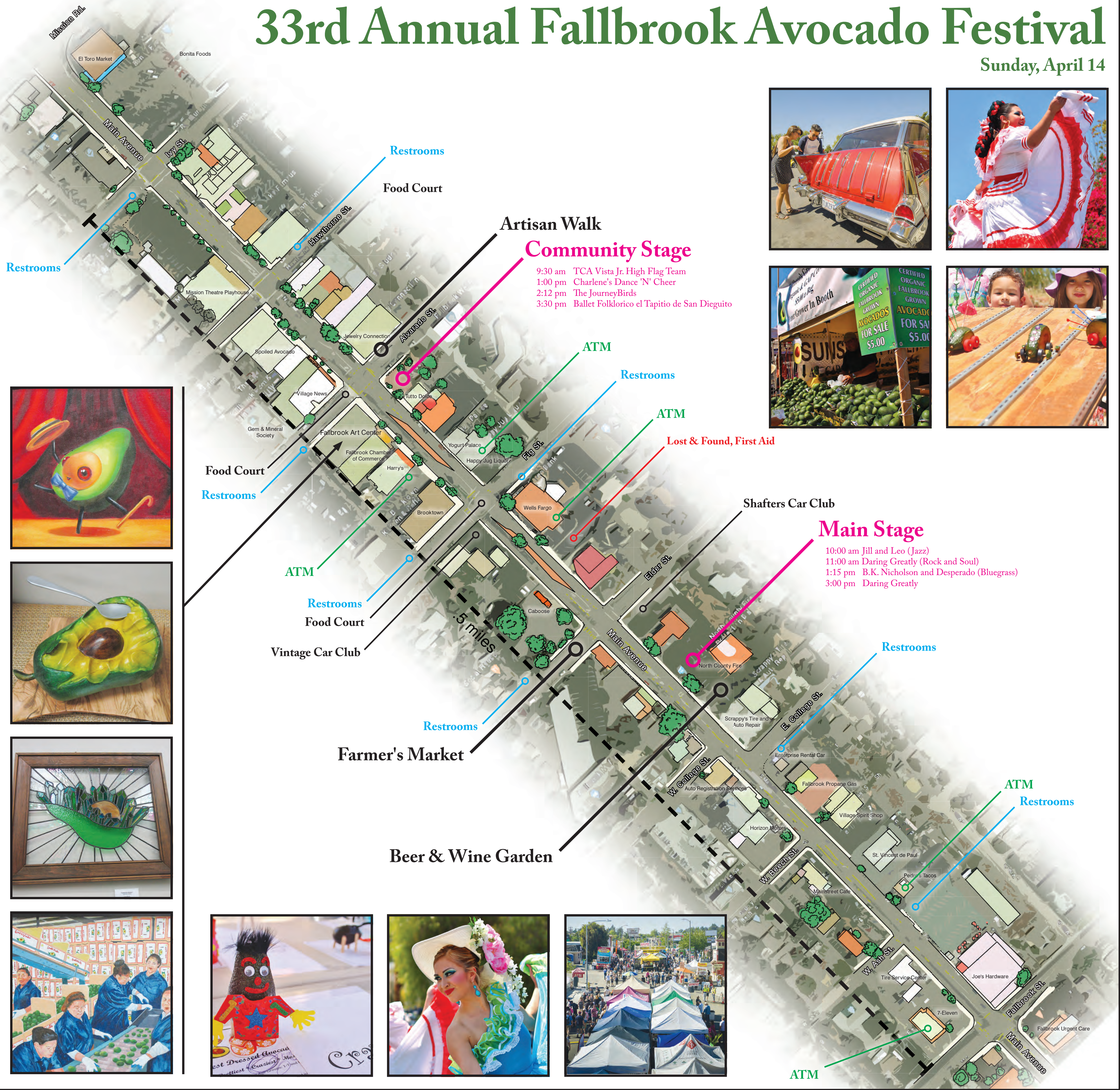
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## Sunday, April 14





MOTOR

# 2019 Mazda6 brings safety to the forefront

## Full suite of I-Activsense safety features now standard

IRVINE – Mazda vehicles are designed with the driver in mind and having an active approach to safety can help build upon a premium driving experience with even more peace of mind. Confident driving is better driving, and the updates to the 2019 Mazda6 demonstrate Mazda’s commitment to providing its customers with advanced safety technologies.

In the previous model year, the two top-tier trims, Signature and Grand Touring Reserve, allowed customers to enjoy another level of sophistication with plenty of premium features for the midsize sedan. Likewise, customers were excited about the turbocharged Skyactiv-G 2.5T engine being added to the powertrain lineup. Following that success, for the first-time ever, all 2019 Mazda6 trim levels are now standard with the entire suite of i-Activsense safety and driver-assisting technologies.

G-Vectoring Control Plus is also standard for 2019 and further improves the steering response to help the driver and all occupants experience a smooth, premium driving experience.

Mazda6 Sport comes with an efficient Skyactiv-G 2.5 engine rated to deliver 187 horsepower and 186 lb-ft of torque. Cylinder-deactivation technology is standard on Mazda6’s 2.5-liter engine, which shuts off its two outside cylinders in cruising conditions for even more efficiency. A quick-shifting Skyactiv-Drive six-speed automatic transmission is equipped on all Mazda6 models and includes a Sport Mode that recalibrates the gear ratios for more spirited driving.

As mentioned, the i-Activsense safety features now standard in the Mazda6 Sport include Advanced Smart City Brake Support with Pedestrian Detection, Lane Departure Warning with Lane-Keep Assist, Smart Brake Support and Mazda Radar Cruise Control with stop and go function. This is in addition to other standard safety features such as Blind Spot

Monitoring with Rear Cross-Traffic Alert, rearview camera and a new seat belt reminder indicator for all passengers. Automatic on/off headlights, High Beam Control, rain sensing windshield wipers join standard LED headlight with auto-leveling, LED taillights, 17-inch alloy wheels and dual exhaust outlets. Inside, occupants can enjoy the Mazda Connect™ infotainment system with eight-inch full color, touch screen display, six-speaker audio system, Bluetooth phone and audio pairing, two USB audio inputs, leather-wrapped steering wheel and shift knob, dual-zone climate control, push-button start, remote keyless entry and electronic parking brake, amongst other standard features.

Mazda6 Touring includes all of the convenience and safety features in the Mazda6 Sport, but upgrades to integrate Apple CarPlay™ and Android Auto™ capabilities, leatherette-trimmed seats, heated front seats, six-way power driver’s seat with manual lumbar support, Mazda Advanced Keyless Entry System power moonroof, 19-inch alloy wheels and two rear seat USB charging ports.

Further heightening the premium experience, Mazda6 Grand Touring boasts the aforementioned turbocharged Skyactiv-G 2.5T engine, which can generate a robust 310 lb-ft of torque from just 2,000 RPM and up to 250 horsepower with 93 octane gasoline (227 horsepower with 87 octane gasoline). Mazda6 Grand Touring trim levels and above are upgrade with larger front ventilated brake discs; increasing to a diameter of 12.6-inches from to the outgoing model’s 11.7-inches. This trim level also adds a BOSE® 11-speaker premium audio system, SiriusXM satellite radio with three-month trial subscription, auto-dimming interior mirror and driver-side mirror, heated side mirrors and paddle shifters mounted on the steering wheel.

Building upon the previous



The gunmetal front grille on the 2019 Mazda6 provides an aggressive appearance inviting all to step inside. Courtesy photo

trim level, Mazda6 Grand Touring Reserve incorporates many premium features typically found in luxury midsize sedans. These includes a windshield-projected, full-color Active Driving Display head-up unit with Traffic Sign Recognition, Adaptive Front-lighting system, black or Parchment leather-trimmed seats, ventilated front seats, heated rear seats, heated steering wheel, new automatic power folding side mirrors, eight-way power and memory driver’s seat with power lumbar support and six-way power passenger’s seat. The styling is also enhanced with a sophisticated, yet sporty bright silver finish 19-inch alloy wheels, LED signature lighting headlights and rear lip spoiler.

Finally, the upper echelon for this midsize sedan is the Mazda6 Signature, an aspiration trim level brimming with premium amenities. One can’t help but notice the gunmetal front grille that helps provide an aggressive appearance inviting all to step

inside. The sophisticated interior is available in either Parchment or Deep Chestnut Nappa leather and adorned with authentic Japanese Sen wood and gilded UltraSuede interior accents. A 360 degree View Monitor with front and rear parking sensors, seven-inch TFT reconfigurable digital gauge display, Mazda navigation system and SiriusXM three-year Traffic and Travel Link subscription add to the convenient and safety features of the Mazda6. The black headliner, frameless rearview mirror, LED ambient lights and unique stitching on the leather-wrapped steering wheel complete the heightened look and feel.

As Mazda continues to build a strong, emotional bond with its customers, it understands that there are still many fans of midsize sedans and is dedicated to providing refined, premium options. With its unique combination of driving character, safety technology and premium accommodations, the 2019 Mazda6, arriving in dealerships nationwide in April

2019, continues to provide a compelling choice.

MSRP for the 2019 Mazda6 is as follows:

Mazda6 Sport	\$23,800
Mazda6 Touring	\$26,400
Mazda6 Grand Touring	\$29,500
Mazda6 Grand Touring Reserve	\$32,000
Mazda6 Signature	\$35,100

**PREMIUM PAINT COLORS:**

Soul Red Crystal	\$595
Machine Gray Metallic	\$300
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Mazda North American Operations is headquartered in Irvine, California, and oversees the sales, marketing, parts and customer service support of Mazda vehicles in the United States and Mexico through nearly 700 dealers.

# Subaru Ascent and Forester named to Parents 10 Best Family Cars Of 2019

## Both vehicles recognized for safety, convenience and value

Subaru of America, Inc. announced that the 2019 Ascent and Forester earned spots on Parents 10 Best Family Cars of 2019 for meeting the needs of the modern family with emphasis on safety, convenience and value.

Parents, the most trusted brand and leading voice for millennial moms, evaluated 30 vehicles focusing on safety, comfort, convenience, features and value. The top 10 vehicles were organized into three categories: Best Minivans, Best 2-Row SUVs and Best 3-Row SUVs.

“Second to the home, the car is at the center of our parenting universe,” said Liz Vaccariello, Editor-in-Chief of Parents. “Moms and dads need a vehicle that can handle their squad and haul all of their stuff. In developing this list, we wanted to evaluate what’s important to families at a level that exceeds other car rankings. This meant understanding the fundamental features needed in a vehicle, while also keeping in-car entertainment, and of course, safety top of mind.”

With safety as a top priority, all 2019 Ascent and Forester trim levels come standard with EyeSight Driver Assist Technology that includes Automatic Pre-Collision Braking, Adaptive Cruise Control, Lane Departure and Sway Warning. Both SUVs were named a 2019 Insurance Institute for Highway Safety (IIHS) TOP SAFETY PICK+ (when equipped with available Steering Responsive Headlights) and achieved the highest possible rating of “Superior” for front crash prevention from IIHS with standard EyeSight. The family-focused SUVs are also equipped with five LATCH points in the

second row for greater flexibility for child seat installation.

The 3-row Ascent and 2-row Forester offer high-resolution touch screen multimedia systems with smartphone integration featuring Apple CarPlay™ and Android™ Auto and Bluetooth® hands-free phone connectivity and audio streaming. Available in-car Wi-Fi connectivity provides smooth internet access via high-speed LTE™ communications, broadening the range of entertainment options available to passengers using smart devices.

The all-new Ascent, with a 113.8-in. wheelbase, is the largest Subaru ever built and is the mobile headquarters for the entire family. With ample passenger and cargo volume, the Ascent provides room for every passenger and their gear.

The 3-row SUV is powered by an all-new turbocharged 2.4-liter BOXER engine that achieves outstanding performance and offers exemplary fuel economy with more than a 500-mile range on a single tank. All trim levels are paired with a high-torque Lineartronic CVT as well as X-Mode® with Hill Descent Control. This powertrain delivers up to 5,000-lb. towing capacity, the most of any Subaru in history. The Ascent has a starting price of \$31,995.

The all-new Forester is equipped with standard Subaru Symmetrical All-Wheel Drive and Active Torque Vectoring and is powered by a new version of the 2.5-liter SUBARU BOXER engine. Producing 182 hp, the 2.5-liter is paired with standard Lineartronic® CVT (continuously variable transmission, and not only yields quicker acceleration but also up to 33 mpg highway fuel

economy.

The 2019 Forester boasts cargo space of 76.1 cu. ft. with the 60:40 split rear seatbacks lowered, a gain of 1.4 cu. ft from the previous generation. The load floor sits flatter, and the cargo area’s squared-off shape has been further optimized for ease of carrying large objects. Notably, the maximum width for the rear gate opening is now 51.2 inches wide, a 5.3-inch increase over the previous generation and up to 8 inches wider than on some competitive SUVs.

Also available on Forester is the segment-exclusive DriverFocus Distraction Mitigation System that uses a dedicated infrared camera and facial recognition technology to identify signs of driver fatigue or distraction, and the provides audio and visual warnings to alert the driver and passengers. The Forester has a starting price of \$24,295.

“We are thrilled Ascent and Forester made Parents 2019 10 Best Family Cars,” said Thomas J. Doll, president and chief operating officer, Subaru of America, Inc. “This accolade underscores our commitment to providing customers with vehicles made to the highest standards of safety, versatility and value.”

**About Parents**

Parents magazine helps busy moms raise healthy, happy children. This 90+ year old brand offers trusted content with a familiar voice, empowering today’s parents to make the best decisions for their families while connecting with readers on an emotional level and celebrating moments big and small. Parents reaches more than 12 million readers monthly



The all-new Subaru Forester, named to Parents 10 Best Family Cars of 2019 list, is equipped with standard Subaru Symmetrical All-Wheel Drive and Active Torque Vectoring and is powered by a new version of the 2.5-liter SUBARU BOXER engine.

through an award-winning magazine and extends to millions of users through digital and social platforms. Parents magazine is the flagship of the Parents Network, which includes FamilyFun and Parents Latina as well as Parents.com, and Parenting.com. Parents magazine is published 12 times a year by Meredith Corporation with a rate base of 2.2 million.

**About Subaru of America, Inc.**

Subaru of America, Inc. (SOA) is a wholly owned subsidiary of Subaru Corporation of Japan. Headquartered at a zero-landfill office in Camden, New Jersey, the company markets and distributes Subaru vehicles, parts and accessories through a network of more than 630 retailers across the

United States. All Subaru products are manufactured in zero-landfill production plants and Subaru of Indiana Automotive, Inc. is the only U.S. automobile production plant to be designated a backyard wildlife habitat by the National Wildlife Federation. SOA is guided by the Subaru Love Promise, which is the company’s vision to show love and respect to everyone, and to support its communities and customers nationwide. Over the past 20 years, SOA has donated more than \$120 million to causes the Subaru family cares about, and its employees have logged more than 40,000 volunteer hours. As a company, Subaru believes it is important to do its part in making a positive impact in the world because it is the right thing to do.



# All-new Ford Escape Brings style and substance to small SUVs with class-leading hybrids, flexibility and exclusive technology

DEARBORN, MI – With the recent reveal of the stylish new Escape, featuring the small SUV’s best-ever performance, flexibility and smart new technology, Ford is reinventing the model that helped drive the popularity of the segment.

Escape, which debuted the world’s first hybrid SUV in 2005, brings back two hybrid choices for 2020, a standard hybrid and a plug-in variant, and introduces technologies ranging from drive modes and driver-assist features to electric vehicle ingenuity and onboard connectivity.

“This all-new Escape brings a sleeker, sportier design with the capability to take you on just about any of your life’s adventures,” said Kumar Galhotra, Ford’s president, North America. “With our class-leading hybrid powertrains, customers will spend less time at the gas station and more time on the road.”

To create a sportier look for the all-new Escape, designers turned to some of the most high-profile sports cars in the Ford showroom. The shield-shaped trapezoidal grille is inspired by the sixth-generation Mustang, while the lower front end borrows from Ford GT. Compared to the current model, the all-new Escape stands lower, wider and longer.

With a sloped roofline, optimized liftgate spoiler and strake, and efficient underbody, the all-new Escape is the most aerodynamic to date. Meanwhile, it sheds more than 200 pounds from the current model, due in part to the extensive use of high-strength, lightweight steel.

Every model in the lineup, whether powered by one of two EcoBoost engines or the all-new hybrid powertrains, targets an EPA-estimated range of at least 400 miles per tank. The standard hybrid with front-wheel drive targets best-in-class EPA-estimated range of more than 550 miles.

**Best-performing Escape ever**

New powertrains and transmission systems, a reduction in weight, improved aerodynamics and updated suspension system all contribute to one undeniable fact: this is the best-performing, most fun-to-drive Escape ever.

Gas engine-powered models as well as the standard hybrid are available with all-wheel drive. EcoBoost-equipped models get a new quick-shifting 8-speed automatic transmission for smooth, responsive shifting, while every Escape receives an all-new suspension and improved isolation with a new isolated rear subframe.

“This new vehicle performs like no other Escape before,” said Jim Hughes, Escape chief program engineer. “It’s quick, it’s responsive and, in staying true to the standard set by three

generations of Escapes before it, it’s a heck of a lot of fun to drive.”

The new 2.0-liter EcoBoost engine, available on Titanium, is projected to produce 250 horsepower and 275 lb.-ft. of torque using 93 octane fuel, while turning in a 0-60 mph time up to 10 percent faster than the outgoing Escape 2.0-liter. When properly configured, it is rated to tow 3,500 pounds.

The all-new 1.5-liter EcoBoost, standard on S, SE and SEL, is projected to produce 180 horsepower and 177 lb.-ft. of torque using 93 octane fuel. When properly configured, it is rated to tow 2,000 pounds. To help conserve fuel, the 1.5-liter EcoBoost debuts cylinder deactivation, a Ford first for North America, which senses when one cylinder isn’t needed and shuts it down automatically. The system can activate or deactivate a cylinder in 14 milliseconds to maintain a smooth ride.

SE Sport and Titanium models come standard with Ford’s innovative fourth-generation hybrid propulsion system, which includes an all-new 2.5-liter Atkinson cycle hybrid engine and electronic continuously variable transmission. The front-wheel-drive hybrid model is projected to produce a combined system horsepower of 198, and a top speed of 85 mph in electric-only mode.

The plug-in hybrid variant, available on every trim level except S and SE Sport, projects a best-in-class EPA-estimated range of at least 30 miles in electric-only mode. Escape Plug-In Hybrid has a Level 1 / Level 2 AC charging port. Using a 110-volt Level 1 charge, the estimated time to fully charge the battery is 10 to 11 hours. Using a 240-volt Level 2 charge, charge time drops to roughly 3.5 hours.

Hybrid models feature four EV modes that allow customers to select the settings most suitable for their individual needs. This means:

In Auto EV mode, the vehicle decides whether to run on gas or electric power

In EV Now mode, drivers can operate on all-electric driving

In EV Later mode, drivers can switch to full gas-powered driving to conserve electric miles for later

In all-new EV Charge mode, drivers can continue to charge the battery while driving and generate electric-only miles to use later

**Unrivaled flexibility**

Sliding second-row seats in gas engine-powered models allow rear-seat passengers to enjoy best-in-class maximum second-row legroom with the seats in the full rearward position, plus increased knee clearance and footwell length for a more comfortable ride.

With the second-row seats in the full forward position, the rear cargo area extends roughly 6 inches to offer 37.5 cubic feet of cargo space in gas engine-powered



With a sloped roofline, optimized liftgate spoiler and strake, and efficient underbody, the all-new Escape is the most aerodynamic to date. Courtesy photo

models (cargo and load capacity limited by weight and weight distribution). The cargo area was designed to accommodate four sets of golf clubs or a full-size dog crate. Second-row sliding seats are standard across the 2020 Escape line-up.

The all-new Escape Hybrid packages its liquid-cooled lithium-ion battery smartly below the second-row seats rather than occupying a significant portion of the cargo area. The briefcase-shaped battery in the standard hybrid measures approximately one-third the size of the old Escape Hybrid battery.

Despite a slight drop in vehicle height and with the hybrid battery packaged below, the engineering team was able to increase headroom throughout. First- and second-row headroom, shoulder room and hip room all improve versus the current Escape.

**Smartest Escape Ever**

With a selectable drive mode system standard across the lineup, Escape makes it easy for Escape owners to create the driving experience they desire – or the one that conditions demand. Modes are tailored for normal, eco, sport and slippery, plus snow and sand conditions.

Titanium models are available with an all-new heads-up display, a first-for-Ford in North America. The feature that projects information onto a 6-inch screen, giving drivers easy access to important information such as vehicle speed without taking their eyes off the road.

Class-exclusive driver-assist technologies include available Active Park Assist 2.0 and Evasive Steering Assist. Active Park Assist 2.0 allows the driver to park in a parallel or perpendicular spot with the touch of a button, without having to work the steering wheel, gear shifter, gas or brake pedal. Evasive Steering Assist detects

a slower-moving or stationary vehicle ahead and provides steering support that can assist the driver to avoid an imminent collision.

Escape comes standard with Ford Co-Pilot360 and makes available other driver-assist features such as Adaptive Cruise Control with Stop-and-Go and Lane-Centering.

FordPass Connect is a standard feature that provides 4G LTE Wi-Fi for up to 10 mobile devices with compatible wireless subscription service. FordPass Connect also gives drivers remote access to their Escape, allowing them to use their smartphone to lock, unlock, locate and start the vehicle, as well as monitor key vehicle diagnostics.

Drivers and passengers can keep compatible mobile devices charged with an available wireless charging pad in the front center console. Also available are type A and type C USB charging ports as well as three 12-volt charging sockets.

An 8-inch touch screen – standard on SE models and above – shares information with the available 12.3-inch all-digital instrument cluster, which displays important vehicle information such as speedometer and fuel level. It uses 3D animated graphics to indicate the drive mode.

Available SYNC 3 is compatible with available features such as Apple CarPlay, Android Auto, Ford+Alexa and Waze navigation. For music lovers, Escape offers an available 575-watt 10-speaker B&O Sound System by Bang & Olufsen.

The all-new Escape, available in S, SE, SE Sport, SEL and Titanium series trim levels, is built at Louisville Assembly Plant in Kentucky. Vehicles are due to reach showrooms this fall. Plug-in hybrid units are due to arrive next spring.

**History of Escape**

Escape debuted on North American roads for the 2001 model year, introducing drivers to a unique blend of style, convenience, efficiency and capability. In its first full year on sale, Escape became America’s best-selling small SUV.

For the 2005 model year, Ford became the first U.S. manufacturer to offer a hybrid when it introduced the Escape Hybrid, the world’s first-ever hybrid SUV. Between 2004 and 2012, 114,000 Escape Hybrids were sold.

For the 2013 model year, Ford introduced a third-generation Escape, with European styling shared with its global cousin, Kuga. The change proved popular, and Escape remained one of the top-selling vehicles in the Ford showroom – and in the fast-growing small SUV segment. To date, Ford has sold more than 4.5 million Escapes in North America; more than 98 percent of them are still on the road today.

Escape is the company’s second best-selling vehicle in the United States, trailing only F-Series, based on IHS Markit total Vehicles in Operation (VIO) as of October 2018 for Model Years 2008 - 2019 versus total new registrations of those vehicles.

**About Ford Motor Company**

Ford Motor Company is a global company based in Dearborn, Michigan. The company designs, manufactures, markets and services a full line of Ford cars, trucks, SUVs, electrified vehicles and Lincoln luxury vehicles, provides financial services through Ford Motor Credit Company and is pursuing leadership positions in electrification, autonomous vehicles and mobility solutions. Ford employs approximately 199,000 people worldwide. For more information regarding Ford, its products and Ford Motor Credit Company, please visit [www.corporate.ford.com](http://www.corporate.ford.com).

## How to reduce vehicle maintenance costs

FALLBROOK – Major repairs to a vehicle can be expensive. When unanticipated repairs are necessary, drivers’ budgets can be thrown out of whack, potentially causing a domino effect that compromises their ability to pay their bills on time.

Whether your vehicle is brand-new, a few years old or reaching milestones on its odometer with every mile driven, there are ways to care for the vehicle so you aren’t caught off guard by costly repairs down the road.

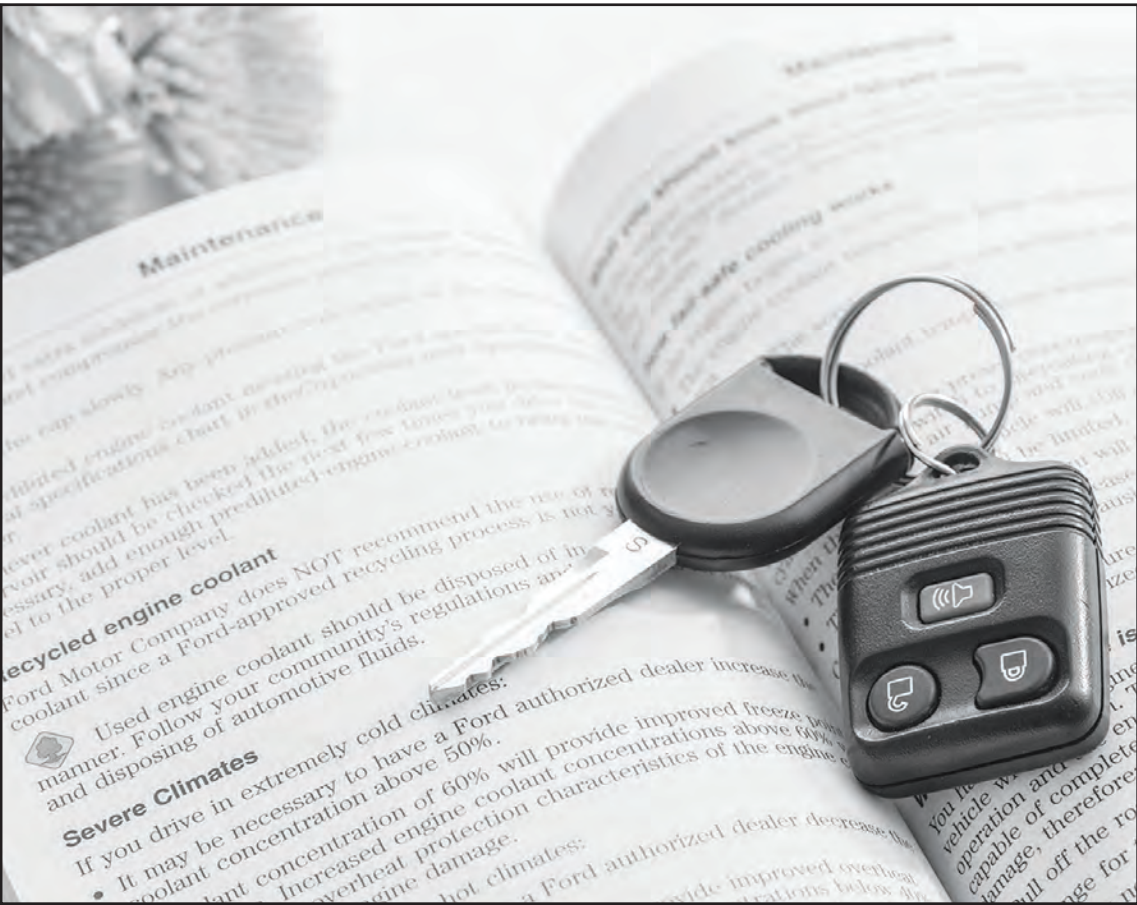
Read your owner’s manual. A vehicle owner’s manual is a great resource that can help drivers keep their cars and trucks running strong for years. Every vehicle, whether it’s purchased brand-new from a dealership or preowned from a preowned dealer or private citizen, should come with an owner’s manual. Don’t worry if you purchased a preowned vehicle from a private citizen who lost the manual, as many manufacturers have manuals available for free on their websites. Print manuals may cost some money. Drivers may be able to find their manuals elsewhere online on a site such as [Justgivemethedammanual.com](http://Justgivemethedammanual.com), which has thousands of manuals from various automakers available. Once you have the manual in hand or on your computer, visit the maintenance section to familiarize yourself with

the manufacturer’s recommended maintenance guidelines. Adhering to those guidelines is a great way to keep your car running strong for years on end, and it might just save you from the hassle of sudden expensive repairs.

Protect the engine. The engine is arguably the most expensive part of your vehicle to replace, so protecting it should be a priority. Routine oil changes and oil filter replacements is a great way to protect the engine. Manufacturer guidelines vary in regard to oil change and oil filter replacement intervals, but such recommendations can be found in your manual.

Hone your DIY skills. Drivers also can save money on maintenance by doing some of their own minor vehicle repairs. YouTube is home to many DIY tutorials that can teach drivers how to change their own oil and replace the filters on their vehicles. Routine repairs are relatively easy, and many tutorials can walk you through them step-by-step. Depending on how much you drive, learning to do your own minor vehicle repairs may save you hundreds of dollars per year.

Perform routine inspections. Older vehicles may or may not alert drivers via noises or leaks that they’re in need of repair. Routine inspections of hoses, brakes and tires, which should



Whether your vehicle is brand-new, a few years old or reaching milestones on its odometer with every mile driven, there are ways to care for the vehicle so you aren’t caught off guard by costly repairs down the road. Courtesy photo

always be properly inflated, can let drivers know if their vehicles are experiencing problems before those problems grow and become something costly.

Vehicle maintenance costs tend to be most expensive when drivers ignore routine maintenance or miss signs that their cars and trucks might be struggling. By adhering

to manufacturer maintenance guidelines and paying attention to their vehicles, drivers can reduce the cost of keeping their cars on the road.



WINE & DINING

De Portola Trail winery owners  
prepping for Big Red Fest

by Jeff Pack, *Writer*



Sitting on the Adirondack chairs at Cougar Winery offers a peaceful scene during Big Red Fest.



Leoness Cellars will be pouring its best red wines at Big Red Fest.

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More than 750 fans of big, bold red wines will converge on the De Portola Wine Trail Sunday, April 28, and the owners are readying their properties to put their best foot forward.

Christina Lesch, co-owner of Gershon Bachus Vintners and lead contact for the Big Red Fest, is excited to get the party started.

“I love the camaraderie of our winery owners as we band together with our staff to show off De Portola’s best wines and our welcoming spirit,” she said. “For the guests, it’s like a big block party and I love the fact that everyone loves our offerings and stays to chat with us about their experience.”

The trail will be celebrating the 10th anniversary of the festival and will feature member wineries Fazeli Cellars, Robert Renzoni Winery, Gershon Bachus Vintners, Oak Mountain Winery, Leoness Cellars, Danza Del Sol Winery, Frangipani Winery, Cougar Winery and Masia De La Vinya Winery.

Lesch said the winery owners will be available at each winery during the event.

The nine-winery wine tasting adventure is big and bold and very, very red and offers guests three 3-ounce tastings of each winery’s best varietals with a paired appetizer.

“Some of us will venture out for a little bit to our neighboring wineries to taste their food fare,” she said. “Many of the winery owners are the winemakers.”

Tickets are \$59.99, and designated driver tickets are \$29.99, one per group only. Groups planning on arranging for limousine service are asked to call ahead to wineries before making reservations.

“This is a casual, self-motivated wine tasting event and we have managed to keep it safe and sane for all,” Lesch said. “We like our guests to be conscientious of their driving and manage their tastings to that they can enjoy and learn about the wines.

“It’s not a race. Everyone will get served. It is a long day for the wait staff, please be courteous to them,” she said.

Of course, everyone on the trail is hoping once their guests get a taste of what they have to offer, they will come back again and again.

“We hope that our newcomers will be encouraged to come back and visit the wineries for a full tasting experience and tell their friends,” Lesch said. “We hope they will choose membership programs that will suit their wine tasting preferences.

“We hope that they spread the word that ‘the road less traveled’ is in beautiful wine country with sprawling hills, wineries and horse ranches. The views from each of the wineries are spectacular and their next staycation can be enjoyed on the De Portola Wine Trail.”

Tickets are available now at [www.deportolawinetrail.com](http://www.deportolawinetrail.com).

Jeff Pack can be reached by email at [jpack@reedermedia.com](mailto:jpack@reedermedia.com).

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Sun – Caesar Salad

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De Portola Wine Trail’s nine member wineries will be participating.





De Portola Wine Trail's 10th Big Red Fest, April 28, is a great opportunity to gather up friends and taste of the best of what the trail's wineries have to offer.



The views from the trail's member wineries like the one at Gershon Bachus Vintners are spectacular.

Photos courtesy of De Portola Wine Trail

### Cellar Masters Golf Tournament, Grape Day upcoming

A fun-filled day of golf will kick off two days of wine-focused events hosted by the Temecula Valley Winegrowers Association at the Cellar Masters Golf Tournament, Wednesday, April 17, at Temecula Creek Inn. The next day, Thursday, April 18, is TVWA's annual Grape Day 2019 at South Coast Winery Resort, a one-day conference featuring in-depth seminars on the latest advances and developments in enology and viticulture. The event is for winery and vineyard owners and managers – as well as anyone with an interest in the wine industry. It will cost \$150 per golfer for the tournament and \$95 for Grape Day and tickets are available [www.temeculawines.org](http://www.temeculawines.org).

### Renzoni launches dinner service

Robert Renzoni Vineyards & Winery started offering dinner service Friday, April 5, at Mama Rosa's Trattoria at the winery. On Fridays and Saturdays, the tasting room will be open until 8 p.m. as well. Dinner seating will take place from 6 to 8 p.m. Fridays and Saturdays. The winery is located at 37350 De Portola Road in Temecula. Visit [robertrenzonivineyards.com](http://robertrenzonivineyards.com) or call (951) 302-8466 for more information about seated dinners.



Guests can taste three 3-ounce tastings of each winery's best varietals with a paired appetizer at the Big Red Fest.



Spots are still available at the Cellar Masters Golf Tournament, Wednesday, April 17.



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# Steak n’ Shake coming to Great Oak Marketplace at Pechanga



Steak n’ Shake is planning to open at the Great Oak Marketplace at Pechanga Resort Casino along Temecula Parkway.



A sign for Jack’s Donuts and Blends Coffee Bar will anchor the other end of the Great Oak Marketplace strip center, on the northern side.

**Jeff Pack**  
Writer

Devoted fans of David Letterman in southwest Riverside County will soon have an opportunity to try the fast-food chain that the former late-night talk show host spoke so fondly about.

Steak ‘n Shake, which has been serving up hamburgers and hand-dipped milkshakes since founder Gus Belt opened up the first restaurant in Normal, Illinois, in 1934, will open at the Great Oak Marketplace, according to signage hanging on the building and local jobs posting boards.

The strip center, located

southeast of the casino resort on Pechanga Parkway, already has commitments from Papa’s Pizza Grotto, Haute Nails, Jack’s Donuts and Blends Coffee Bar, according to WestMar Commercial Real Estate.

Steak n’ Shake will occupy the southern end unit comprising of more than 2,950 square feet with a drive-thru.

“We are very excited to bring Steak n’ Shake to Pechanga,” Jared Munoa, president of the Pechanga Development Corporation, said. “This new restaurant marks a first for Pechanga and Steak n’ Shake in that it is our first venture into the franchise world, and we are

also the first Tribe to enter into a franchise agreement with Steak n Shake.”

Just across Pechanga Parkway, sits more than 2,100 homes in the Wolf Creek development and more than 3,000 homes in nearby Redhawk, Vail Ranch and Morgan Hill.

Some of Great Oak High School’s more than 3,100 students will likely welcome the addition of the burger shop, as well as visitors to nearby Patricia H. Birdsall Park that flood in each weekend for sporting events.

An estimated 5,000,000 visitors per year and an average of 30,000 visitors per day on weekends and

holidays make visits to Pechanga Resort Casino, the largest casino in California.

Pechanga is also Temecula’s largest employer with more than 4,100 employees working at the property.

Steak ‘n Shake Operations, Inc. is a wholly owned subsidiary of Biglari Holdings Inc. with 626 locations and 413 are company operated. Steak ‘n Shake recently shifted its focus to turning many of its current locations and new locations over to franchisees.

The chain sees franchisees as an opportunity to turn around falling sales numbers in recent years.

There are currently five Steak

‘n Shake locations in Southern California, the nearest being Riverside and Alisa Viejo, as well as locations in Santa Monica, Burbank and Compton.

“We know Steak n' Shake will be a big hit with the local community, our resort guests and the sports park,” Munoa said.

The restaurant is expected to open by the fall.

For menu items and more information, visit [www.steaknshake.com](http://www.steaknshake.com). For more information on Pechanga Resort Casino, visit [www.pechanga.com](http://www.pechanga.com).

Jeff Pack can be reached at [jpach@reedermedia.com](mailto:jpach@reedermedia.com).

## Easter Champagne Brunch to be served at Pinnacle Restaurant April 21

TEMECULA – Now with being voted “Best Restaurant” for 12 years in a row from readers of Inland Empire Magazine and the “Diner’s Choice Award for 2018” from Open Table diners, the hilltop Pinnacle Restaurant at Falkner Winery announced their Easter Champagne Brunch instead of their normal menu will be served April 21.

This year the menu will include many Mediterranean-style food offerings since recent health studies have shown the dietary benefits that Mediterranean food offers. The brunch will consist of multiple food stations and be available for reservations from 10 a.m. to 3 p.m. All food will be prepared by Executive Chef Jason Barradas and staff. As the name implies, Champagne will be part of the meal along with other beverage options including discounted wine by the glass. Live entertainment will also be provided. Easter gifts will be given to all children upon arrival.

The brunch menu includes fresh seafood including cocktail shrimp, crab claws and smoked salmon; carving station featuring prime rib of beef with Falkner Amante au jus and creamy horseradish all sliced to order; omelet and egg station for made-to-order selections; blueberry or chocolate pancakes

with maple syrup, berry compote, whipped cream and powdered sugar; breakfast sausage and bacon; assorted selection of fresh sliced fruits with honey-cinnamon yogurt sauce; seared salmon with miso beurre blanc with shrimp and slipper lobster; roasted pork tenderloin in a mushroom sherry demi-glaze; chicken bruschetta with mozzarella, tomatoes, balsamic glaze with fresh basil; chef’s selection of assorted vegetables; country potatoes with sauteed bell peppers and onions; salads with various lettuces, tomatoes, mushrooms, garlic croutons, parmesan and balsamic and riesling dressings; assorted imported and domestic cheese display with dried fruit and nuts; assorted breads, bagels, muffins and danish pastries.

The dessert station will feature a “create your own” ice cream sundae station with vanilla bean and chocolate ice creams, pineapple and strawberry toppings, chocolate fudge sauce, whipped cream, peanuts and sliced bananas and assorted cakes, pastries, cookies and tarts.

Children items include chicken tenders and penne pasta.

All guests over 21 will receive a complimentary glass of Champagne. As a special offer for guests seated before

10:30 a.m., they will receive unlimited Champagne or mimosas. Nonalcoholic beverages are included for the under 21 crowd. Cost is \$59.95 per person plus tax; Wine Club members and their guests are \$54.95 plus tax. Children 3-10 are \$26 plus tax or \$21 for Wine Club members, and it is free for children under 3. Reservations should be made by calling (951) 676-8231, ext. 4, or online at [www.falknerwinery.com](http://www.falknerwinery.com). Reservations are available from 10 a.m. to 3 p.m.

Falkner Winery is a premier winery in the Temecula Valley Wine Country offering great food, high-quality wines and spectacular wine country views. Since opening in July 2000, the winery has gained distinction in Wine Country for its award-winning wines, great Mediterranean and American food at their Pinnacle Restaurant, tours and wine-tasting classes and private venues such as parties and weddings. The tasting room is open daily from 10 a.m. to 5 p.m. with tours available on weekends and by appointment. The restaurant serves lunch daily from 11:30 a.m. to 3:30 p.m. Visit their website for more information at [www.falknerwinery.com](http://www.falknerwinery.com).

Submitted by Falkner Winery.

WINE CALENDAR

Friday, Apr. 12

11 a.m. to 5 p.m.	Craft Faire, Maurice Car'rie Winery
1-2:30 p.m.	Behind the Scenes Wine Tour, South Coast Winery
3-5:30 p.m.	Happy Hour, Vineyard Rose, South Coast Winery
5-8 p.m.	Live Music, Jerry Gontag, Cougar Vineyard & Winery
5-9 p.m.	Live Music, Corey Clark, Masia de la Vinya
5:30-8:30 p.m.	Live Music, Brian Stodart, Restaurant at Ponte Vineyard
6-9 p.m.	Live Music, Michael Edon, Avensole Winery
6-9 p.m.	Live Music, Endeavor, Miramonte Winery
6-9 p.m.	Live Music, Big Truth, Europa Village
6-9 p.m.	Live Music, Midnight Satellites, Lorimar Winery
6-9 p.m.	Live, Music, James Wells, Lorimar Winery in Old Town
6-9 p.m.	Live Music, Shea Givens, Avensole Winery Restaurant

Saturday, Apr. 13

11 a.m. to 5 p.m.	Craft Faire, Maurice Car'rie Winery
Noon to 4 p.m.	Live Music, Jillian Calkins, Masia de la Vinya
1-4 p.m.	Live Music, Sheila Sonderguard, Avensole Winery
1-5 p.m.	Live Music, Don Johnson, Fazeli Cellars
3:30-5:30 p.m.	Happy Hour, Vineyard Rose, South Coast Winery
5:30-8:30 p.m.	Live Music, Ron Freshman, Restaurant at Ponte Vineyard
6-9 p.m.	Live Music, Natalie Kirkwood, Avensole Winery
6-9 p.m.	Live Music, Mrs. Jones' Revenge, Lorimar Winery
6-9 p.m.	Live Music, Carmen Adame, Lorimar Winery in Old Town

Sunday, Apr. 14

11 a.m. to 2 p.m.	Brunch Specials at Meritage Restaurant, Callaway Winery
11 a.m. to 5 p.m.	Craft Faire, Maurice Car'rie Winery
11:30 a.m. to 2:30 p.m.	Dog Day Sundays, Carol's Restaurant at Bailly's Winery
1-4 p.m.	Live Music, Midnight Satellites, Lorimar Winery
1-4 p.m.	Live Music, ShaShaty, Europa Village
1-4 p.m.	Live Music, Michael LeClerc, Avensole Winery
1-5 p.m.	Live Music, John and Patrick, Fazeli Cellars
2-5 p.m.	Live Music, Evan Diamond, Cougar Vineyard & Winery
3:30-5:30 p.m.	Happy Hour, South Coast Winery 2w

Upcoming

April 24 is Cougar Winery Craft Night.

April 28 is the Big Red Fest on the De Portala Wine Trail.

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# A local taste of avocado-inspired eats

**Cari Hachmann**  
Staff Writer

Whether you're a local or from out-of-town, the 2019 Avocado Festival is a time to taste test all the avocado-themed foods coming to Fallbrook Sunday, April 14. While vendors have spent all year perfecting their guacamole and avocado-infused goods, local restaurants are stepping up with their own avocado-inspired dishes. Some of which, people can experience all year around. Here's a fresh look on where to find them:

**Avocado Toast at Brooktown Kitchen & Coffee**

Perhaps most well-known for its hearty and savory breakfast and lunch sandwiches, Brooktown Kitchen & Coffee, 139 S. Main Ave., always has what diners need. And sometimes what they need is a simple coffee paired with avocado toast. But where else, aside from perhaps their own kitchen, can someone get five different flavors of California's go-to breakfast favorite? Patrons can start basic with Brooktown's "Nice Hass" avocado toast, which comes with extra-virgin olive oil, salt and pepper for \$5. Or take it up a notch, with the "Row your Goat," smeared with goat cheese and bacon for \$8. Or, if a breakfast hunter is really hungry and wants more luxurious avocado toast, taste the "Hokey Poke," which for \$10 is layered with diced ahi tuna, mango salsa, cilantro, sesame seeds and sriracha aioli drizzle.

Brooktown Chef Rob Leftkowitz said almost everything on the menu comes with avocado.

"I love avocados," Leftkowitz said. "We are after all in the avocado capital of the world."

**1/2 Avocado Special at The Yogurt Palace**

The Yogurt Palace, 130 S. Main Ave., offers one of the best lunch deals in town. Patrons have the option of a chicken or tuna salad sandwich, or they can go for the 1/2 Avocado Special. For \$8, customers get a half-slice of avocado stuffed with a generous helping of chicken or tuna salad and topped with sprouts. The meal also comes with a bag of chips and a junior-sized frozen yogurt. Folks around town have said how crunchy, juicy and flavorful the protein-rich salads are and of course, they are made fresh daily. Chili is served seasonally. The Yogurt Palace is a local favorite, proven by the hundreds of photos of local patrons posted on its inside walls. Plus, the ladies working behind the counter are always friendly and smiling.

**Fried Avocado Street Tacos at Small Town Kitchen**

Small Town Kitchen will be opening its doors at 118 N. Main Ave. for a limited take-out menu during the Avocado Festival. The fine-dining trained chefs, Fallbrook native Carlo Guardado and Belgium-born Jan van Meerveld, plan to have several avocado-themed dishes for the big occasion. With a focus on local farm fresh ingredients, the chefs are making mouth-watering Fried Avocado Street Tacos, topped with smoked chile mayo, cilantro, cabbage and lime. They will also feature their vegan Avocado Escabeche Tostada, which comes with coriander refried beans, radish and chile oil. Unique beverages will include avocado and lemon agua frescas. Be sure to stop by the restaurant to try other delectable creations by the two talented chefs.

**Avocado Gelato at Tutto Dolce**

Tutto Dolce makes its own avocado gelato. Located on 110 S. Main Ave., Tutto Dolce – A Sweet Taste of Italy sells gelato, chocolate and candies. Gelato is handmade fresh by Italian chef and store owner Fabio Peraro. The 81-year-old claimed to have first introduced gelato to the United States in San Francisco in 1982. He has since been serving his famed gelato all throughout Southern California until he opened a shop on the corner of downtown Fallbrook.

Peraro was born and raised in the aristocratic city of Padua, Italy. Peraro said nobody is making gelato the way it's supposed to be made – the Italian way. His gelato consists of four simple ingredients, he said, but the delicious taste comes from the work he puts into it.

"When you make it, you have to make it good," Peraro said, his Italian accent in full effect. Stop by for some bright green avocado gelato, made fresh daily by the finest gelato chef around.



Brooktown Kitchen & Coffee sells five different kinds of avocado toast, including its "Hokey Poke" with diced ahi tuna, housemade salsa and sriracha aioli drizzle for \$10.



A large helping of tuna salad and sprouts atop a half-slice of avocado is offered on the lunch menu at The Yogurt Palace, 130 S. Main Ave. in downtown Fallbrook.



Tutto Dolce owner and gelato chef Fabio Peraro will serve up avocado-flavored gelato at his taste of Italy store at 110 S. Main Ave.



A sample of Tutto Dolce's avocado gelato, available at this year's Avocado Festival in Fallbrook.



With a focus on local farm fresh ingredients, Small Town Kitchen chefs at 118 N. Main Ave. are busy creating several avocado-themed dishes, including Fried Avocado Street Tacos, topped with smoked chile mayo, cilantro, cabbage and lime.

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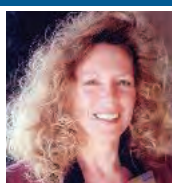
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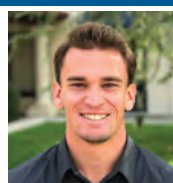
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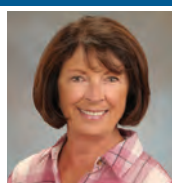
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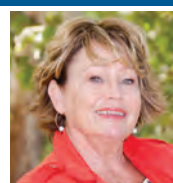
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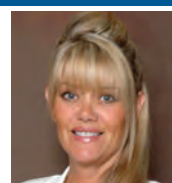
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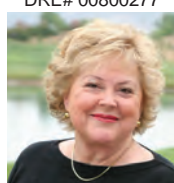
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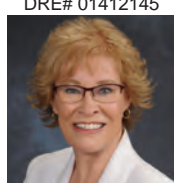
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DRE# 00584175



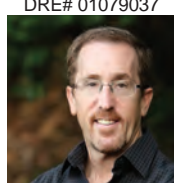
VICKI ROBERTSON  
DRE# 01172404



TOM VAN WIE  
DRE# 01412145



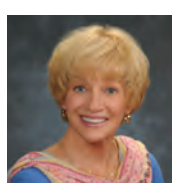
SUSIE EMORY  
DRE# 01079037



RICH KRAUS  
DRE# 01934791



NANCY SCHRIMPF  
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LORENE JOHNSON  
DRE# 00612840



LAUREN HENNING-EMORY  
DRE# 02070772



KIM SELZNICK  
DRE# 02066292



JUDY & PATRICK  
BRESNAHAN  
DRE# 00949710  
DRE# 00582591



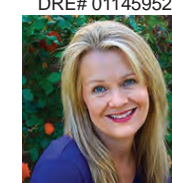
JERRY & LINDA  
GORDON  
DRE# 01140954  
DRE# 01035328



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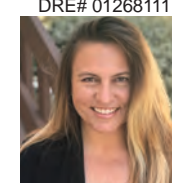
DRE# 01357818



GERI SIDES  
DRE# 00414751



HEIDI DICKENS  
DRE# 01268111



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