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January 9, 2020

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Volume 24, Issue 2

LOCAL

Area hospitals ranked

Will FritzStaff Writer

When Fallbrook Hospital closed in 2014, Fallbrook residents who had been served by a hospital in town for half a century found that they to go out of town for health care

The closest hospitals to Fallbrook are in southwest Riverside County to the north or south along the state Route 78 corridor of north San

see AREA, page A-8

LOCAL

FPUD and Rainbow to work together on new supply

Joe Naiman

Village News Correspondent

The Fallbrook Public Utility District and the Rainbow Municipal Water District now have a Memorandum of Understanding to work with each other on new water resource development and emergency supply.

see FPUD, page A-9

Four displaced after fire breaks out in garage of Fallbrook home



Firefighters battle a garage fire on Pomegranate Lane.

Jacob Sisneros

City News Service

FALLBROOK (CNS) – Four residents were displaced Tuesday, Jan. 7, when a fire broke out in the garage and damaged part of their

Fallbrook home, authorities said.
The blaze was reported shortly

The blaze was reported shortly before 6:30 a.m. at a home in the 2000 block of Pomegranate Lane, off South Stage Coach Lane north of Fallbrook Union High School, according to North County Fire

Protection District spokesman John Choi.

Firefighters from the Oceanside and Camp Pendleton fire departments responded to the scene along with Cal Fire San Diego personnel to help douse Village News/Bruce Stowell photos

the blaze, which fully engulfed the garage and extended into portions of the home and the attic, Choi said

Crews knocked down the flames

see **FIRE**, page A-8

LOCAL

Planning group to vote on School of the Arts murals, Sandia Creek Drive gates

Will FritzStaff Writer

The Fallbrook Community Planning Group will vote on items including an application to continue using an existing facility

see VOTE, page A-6

Myrtle Creek closes its doors to the public



Myrtle Creek Botanical Gardens and Nursery closed its doors Dec. 30.

Jeff Pack

Staff Writer

Myrtle Creek Botanical Gardens and Nursery, a Fallbrook landmark

settled in the late 1800s which had been transformed into one of Fallbrook's hidden gems, recently announced it would be closing its doors to the public.

"It has been a fabulous and successful 40 years," according to a statement on Myrtle Creek's website. "Thank you so much for your support over those years. We

Village News/Shane Gibson photo

have made the difficult decision to close our gates to the public." The statement continued to

see **CREEK,** page A-8



Lucy Powell tries to run through a tackle during the U15 game against Rhinos Academy in Irvine. See article and more photos on D-1.

Opinion Real Estate . Sheriffs Log Sports

thisweek

Announcements.....

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VILLAGE NEWS



ANNOUNCEMENTS

FHS cheerleaders to host Winter Jr. **Cheer Clinic**

FALLBROOK – The Fallbrook High School Cheer Team is sending a "shoutout" to all young girls and boys to come join them at their first Winter Jr. Cheer Clinic for young, aspiring cheerleaders Saturday, Jan. 25.

The clinic will be held at Christ the King Lutheran Church, 1620 S. Stage Coach Lane, in Fallbrook from 9 a.m. to 3 p.m. Registration fee is \$50, and all participants must register for the clinic and provide proof of insurance. A keepsake bow, lunch, drinks and snacks will be served.

Girls and boys in grades K-8

can participate in this event. Each cheerleader will need to wear appropriate workout attire and wear their hair in a high ponytail or bun. They will learn a variety of cheers, stunts and a dance that they will perform at the end of the event. Parents are welcome to watch the performance that will start at 3 p.m.

All funds are used to cover Fallbrook High School cheer program costs. Contact Zoe Caro at (760) 415-2842 or zcaro@att.net for a registration form. Last day to register is Jan. 22.

Submitted by Fallbrook Cheer Booster Association.

Performance Poet Karla Cordero launches Writers Read 2020 Season



Karla Cordero headshot

FALLBROOK - Writers Read at

Fallbrook Library, a free monthly

author series with open mic, will

launch its 2020 season Tuesday,

Jan. 14, with a visit from award-

winning performance poet Karla

Cordero. Cordero will read from

her new collection, "How to Pull

Apart the Earth," from Not a Cult

in 2019. Her new book is a 2019

San Diego Book Award winner and

a finalist for the 2019 International

Book Awards. The reading is 6-7:30

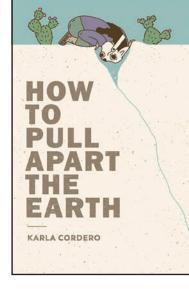
p.m., and begins with open mic.

A descendant of the Chichimeca people from Northern Mexico, Cordero is a Chicana poet, educator, activist and two-time Pushcart nominee, raised along the borderlands of Calexico. She teaches creative writing and composition at San Diego City College and MiraCosta College, and she is the author of the chapter book, "Grasshoppers Before Gods,"

Village News / Courtesy photos

Copies of "How to Pull Apart the Earth" will be available for sale and

from Dancing Girl Press in 2016.



signing, as will stickers of some of the book's illustrations.

Fallbrook Library is located at 124 S. Mission Road, between Alvarado and Fig streets.

The Feb. 11 Writers Read will feature Anthony Award-winning crime novelist Matt Coyle of Escondido.

For more information, contact K-B Gressitt at kbgressitt@gmail. com or (760) 522-1064.

Submitted by Writers Read.

Garden club to learn about building better soils

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FALLBROOK – The Fallbrook Garden Club's Tuesday, Jan. 28. program will feature Mary Matava, president and agronomist of Agri Service. The meeting starts with a social time and potluck at 12:30 p.m., followed by the business meeting at 1 p.m. and program at 2 p.m., at the Fallbrook Community Center, 341 Heald Lane.

Matava obtained her degree in agronomy from Oregon State University in 1979. After moving to California, she started an agricultural consulting and laboratory business. The laboratory afforded her a unique opportunity to study the local soils and diversified

Without Me!

Southern California crops.

In response to her observations that organic matter was a limiting factor for plant health, Agri Service entered the green waste recycling industry in 1994 as the operator of El Corazon Compost Facility. She currently operates two compost facilities processing over 100,000 tons per year.

The public is welcome to attend. For more information relating to the club and its activities, visit www. fallbrookgardenclub.org.

Submitted by the Fallbrook Garden Club.

Bitter to be guest artist for FAA

FALLBROOK - The public is invited to the Jan. 18 meeting of the Fallbrook Art Association, at 9:15 a.m., at the Fallbrook Woman's Club, 238 W. Mission Road, in Fallbrook.

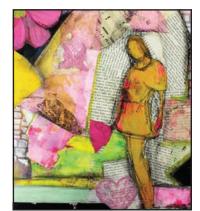
The meeting will include a critique by guest artist Gabriele Bitter for members, one work each, from 9:15-10:15 a.m., followed by a demonstration in acrylics. After the demonstration, she will also conduct a workshop from 1-4 p.m.

This event is open to members and nonmembers; to register, call Carol Reardon at (760) 731-6677.

About her art, Bitter said, "I love to make marks and arrange them, like a musician composes a song, like a choreographer organizes dancers, like a chef combines flavors. Inspiration for my paintings comes from many places, but it often happens right in the studio, sparked by play. That's what's happening on the surface, anyway. Below the surface is a whole different story. Taking risks, experimenting, and playing is a part of the painting process that thrills me."

At FAA's The Gallery, the volunteer show take-in, for anyone who has volunteered this past year, will be Monday, Jan. 20, from 10 a.m. to 2 p.m. along with the monthly show change-out. Volunteers are allowed to bring one painting each.

Submitted by Fallbrook Art Association.



"Lady in Village News/Courtesy photos Pink" is a painting by Gabriele Bitter, the upcoming guest artist demonstrator at the Fallbrook Art Association Jan. 18 meeting.

THE POWER OF SOLAR

Professionally & aesthetically installed solar systems by Mark Kirk



"We had a difficult time deciding which of the two Solar Companies to sign with that we had narrowed down to. We finally decided to go with Mark and WOW. What happened next far exceeded our expectations. His first day on the job was a little slow. The Roofing Contractor came in, pulled the roof tiles, rolled out a layer of 40 lb felt and then installed composition shingles on both sections of roof. The second day, an army of men came on to the property and were working from one end to the other. The workmen were like a well-organized precision operation. Each man knew what he was supposed to be doing and the job went very systematically smooth. Petros came in to install the water heaters and literally remodeled both spaces where they were located. On the inside unit he put in a beautiful black granite floor in that closet that matches our living room accents. Rafael came in and installed a light in that closet. The unit below the house would not fit, so Mark had his workers did a hole that was 30 inches deep and five foot by five foot square. He then poured a concrete floor in that space and installed a concrete block wall around the perimeter of the hole. The water heater slipped in as though it was made to fit with enough room left to work around. We had complained about the previous water heater

being extremely slow to deliver the hot to the kitchen, so Mark installed a recirculating pump that works very well. Mark not only installed the water heaters and solar system, but also fixed multiple other items as well. He went around the property and corrected other work that was not so good and made it perfect. Everything happened unbelievably fast. Mark personally coordinated every movement with precision timing and quality. Mark explained that one of the reasons he gets such good performance from these different teams is that in 2020 he plans to separate the solar business in to a separate Corporation owned solely by the employees, with only a small percentage being retained by himself. The company plans to stay small and focus on the Fallbrook and Bonsall areas with some penetration in to the North Escondido and Temecula area. His company will not only provide the Solar, but can also re-energize the entire home. Changing out propane burning water heaters and furnaces shifts a lot of dirty energy over to clean energy. The payback is great on the Water Heaters, but the furnaces take a little

longer on the payback. He changed six of the energy burning bulbs in our kitchen to LED trims on the cans and what a difference. We plan to change all of the bulbs now to the more energy efficient LED's. Mark has incredible talent performing this work for him and by making them equal owners in the new company assures keeping them around. These guys were all perfect gentlemen to work with and Valerie in Mark's office also appears to be equally as accommodating. We both highly recommend that you consult with this company before moving forward with any of your solar or related energy needs." – Tom & Cindy Konkel, New Residents, Fallbrook, CA

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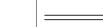
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must be submitted to the Office of

by the final introduction deadline,

we finally adjourn.

Major issues include wildfires



vested interest and would benefit

fire-prone areas where there is no

as far as we can find in primary

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and Pacific Southwest Association

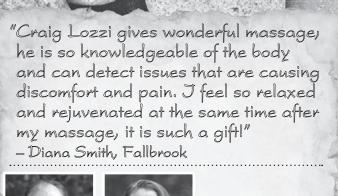




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Village News

Don't miss a beat on what is happening in Fallbrook, Bonsall, Pala, De Luz and Rainbow. Whether it is breaking news, local youth sports, or information on events and activities, you will } nd it quickly and easily at Village News

760



Fallbrook Woman's Club to hold two fundraisers



The King's Joyful Ringers from Christ the King Lutheran Church in Fallbrook play Christmas carols for the Fallbrook Woman's Club, Dec. 10.

Village News/Courtesy photo

FALLBROOK – The Fallbrook Woman's Club will be holding its annual member auction Tuesday, Jan. 14, at 11 a.m. This fundraiser will be a live auction of about 30 new or gently used items. Members are encouraged to donate a high-end item for the cause. Payment of cash or checks will be accepted, but no credit cards.

The woman's club will also hold

their biannual event, "Mahjong with Friends," at the clubhouse Friday, Jan. 31, from 11:30 a.m. to 3:30 p.m. Doors open at 11:15 a.m. The entrance fee is \$20. Lunch will be served, and raffles will be conducted after the game. To sign-up, contact Lee Johnson at leejohnson512@gmail.com or (760) 723-8286.

December festivities included

The King's Joyful Ringers from Christ the King Lutheran Church in Fallbrook. The bell choir not only provided the club members with several Christmas carols but gave a brief history of the various bells along with history of the song selections was shared.

Members of the bell choir included Loretta Gosting, Kay Lautenschlager, Lee Johnson, Kurt Lautenschlager, Valerie Long, Cheryl Zales, Peggy Wells and director Nancy Bernardi.

The Fallbrook Woman's Club is a member of the California Federation of Women's Clubs and the General Federation of Women's Clubs International.

Its goal is to encourage women to improve their community, state and the nation through volunteering

their time, talents and interests. General meetings are held at 11 a.m. on the second Tuesday of each month except July and August at the Fallbrook Woman's Club, 238 W. Mission Road, in Fallbrook. For additional information, visit www.fallbrookwomansclub.org.

Submitted by the Fallbrook Woman's Club.

Cut the carbon, plant a tree



Planting trees on the Reche schoolhouse grounds are, from left, Don McLean and Village News/Courtesy photos Mary Belton of the Fallbrook Historical Society and Russ Heyneman, Save Our Forest along with some Rotary Club of Fallbrook volunteers. The trees were donated to Save Our Forest by the La Jolla Garden Club from their Jacaranda Tree program in 2018.

FALLBROOK — The controversy about climate goes on, but why sit on the fence, Jackie Heyneman of Fallbrook Land Conservancy's Save Our Forest committee said. The simple act of planting a tree has been shown to provide numerous benefits for communities and is one of the best, and easiest, ways to join in the battle against climate change.

Save Our Forest invited residents to join the battle against climate change and cut the carbon by planting a tree.

The Arbor Day Foundation as well as numerous other state and national tree organizations have set as their goal for 2020 the planting of millions of trees across the nation to curb the effects of climate change.

With a similar goal, Save Our Forest is partnering with the Fallbrook Climate Action Team to offer a program to homeowners, which will provide information on the benefits of trees, as well as a tree suited for their property.

Details of this initiative will be presented Saturday, Jan. 11, at 1 p.m. at the Palomares House, 1815 S. Stage Coach Lane in Fallbrook.



Hanting replacement trees are 11m O Leary, 1eft, and Jackie Heyneman in front of the Fallbrook Art Center in 2018.

This program offers individuals a way to fight the battle against climate change, while enhancing their community's rural character.

The program, which will run through the cool winter and spring months, is to offer a tree that is specifically identified as "The Right Tree in the Right Place."

Each property will be evaluated to determine correct directional

location for planting which may in turn provide energy saving shade in the summer and warming sun in the winter.

A list of suggested trees, identifying each by its mature height, type – deciduous or evergreen – and drought tolerance will be available. This program will also provide residents with information on defensible space.

The tree planting program will provide all information to homeowners through easy to understand brochures and diagrams, a 15-gallon tree, evaluating site visit and a follow-up visit if necessary.

It also includes a gift of a 1-year "Friends" membership with Fallbrook Land Conservancy. Members receive monthly emails with activities and information about the more than two thousand acres of open space protected by the Fallbrook Land Conservancy, hiking and walking trails open to the public and invitation to special members only events.

The cost for this program is \$50. Anyone who is interested but cannot attend the Jan. 11 presentation can reach out to Heyneman by leaving a message at the Fallbrook Land Conservancy office at (760) 728-0889.

Join the battle, plant a tree.

Submitted by Fallbrook Land Conservancy.



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Computer classes for seniors begin next week



Volunteer instructor Bob Cebulski teaches a class on iPhone and iPad. A separate class is offered for Android smartphones.

Village News-Courtesy photo

 $FALLBROOK-The \, Foundation$ for Senior Care will sponsor a series of computer classes taught by volunteer computer technicians at the Crestview Estates Clubhouse. Registration is open online at www.foundationforseniorcare. org or at the Foundation for Senior Care,135 S Mission Road, Fallbrook (the corner of Mission and Fig) from 8:30 a.m. to 4:30

The five classes being offered are: Android smartphone & Tablet, iPad & iPhone, Google Maps, Basic Computer File Management and Solving Spreadsheet Problems.

Classes are one, two or four weeks long and meet for two hours once a week. Classes start Monday, Jan. 13, and cost between \$10-\$40. Classes are held at Crestview Estates Clubhouse located at 1120 E. Mission Road, Fallbrook.

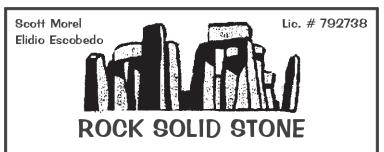
For a description of classes or more information visit www. foundationforseniorcare.org or call Foundation for Senior Care at (760) 723-7570.

"This is a great opportunity to learn more about your smartphone, how to find your files, what Google Maps is all about or how to work with tricky spreadsheets right here in Fallbrook," said instructor Obie

In addition to classes held at Crestview Estates Clubhouse, the Foundation for Senior Care hosts a weekly open lab on Fridays from 1-3 p.m. called Fix it Friday where seniors can walk in for help with software or hardware problems. There is no charge for this service but donations are encouraged.

Learn more about The Foundation for Senior Care at http:// www.foundationforseniorcare.org.

Submitted by Foundation for Senior Care.



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Daughters of Norway to learn about Ellis Island

FALLBROOK - Daughters of Norway Hulda Garborg Lodge 49 will see "Ellis Island" by the History Channel for its cultural program, Saturday, Jan. 11. The episode is hosted by Mandy Patinkin and shows rare photographs and film covering the history of Ellis Island as an immigration center.

Interviews from the Ellis Island Oral History Project reveal firsthand accounts of what it was like leaving home, crossing the sea and arriving in America at the turn of the last century.

The business meeting starts at 10 a.m. followed by the cultural program at 11 a.m. and a potluck lunch at noon. All women of Scandinavian heritage are welcome to attend the Daughters of Norway meetings held the second Saturday of each month at the Fallbrook Woman's Club, 238 W. Mission Road, in Fallbrook.

For more information, contact Denise Benson at (714) 926-8362 or retroruthie@gmail.com.

Submitted by Daughters of Norway Hulda Garborg Lodge 49.

EVENTS CALENDAR

Jan. 11 – 1 p.m. – Save Our Forest partners with the Fallbrook Climate Action Team to offer information on the benefits of trees to homeowners, as well as a tree suited for their property. Details will be presented at Palomares House, 1815 S. Stage Coach Lane. Anyone who cannot attend can reach out to Jackie Heyneman by leaving a message at the Fallbrook Land Conservancy office, (760)

Jan. 11 - 6 p.m. – The Election Integrity Project of California is holding a fundraiser by showing the movie "Man of The Year," starring Robin Williams at Mission Theater, 231 North Main. Doors open at 5 p.m. Tickets can be purchased at Sun Realty, 431

South Main, from 9 a.m. to 6 p.m. Monday through Friday. Tickets are \$10 if purchased in advance, \$15 at the door.

Jan. 18 – 8:30-10:30 a.m. – The Keeping Fallbrook Litter Free Group Cleanup will be held at Don Dussault Park and surrounding area, 832 Alturas Road. RSVP to Marta Donovan (760) 405-4054.

Feb. 15 – 8:30-10:30 a.m. – The Keeping Fallbrook Litter Free Group Cleanup will be held at Santa Margarita River Hiking Trail and surrounding area. Directions: DeLuz Rd north to Sandia Creek Drive. Continue on Sandia Creek Drive to the Santa Margarita River and the trailhead is on the right. RSVP to Marta Donovan (760) 405-4054.



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> Please RSVP to (760) 728-8880

Come Meet Our Family!

Chamber Member Business Expo set for Jan. 15

FALLBROOK – Everyone is invited to attend the Fallbrook Chamber's Business Expo Wednesday, Jan. 15, at Pala Mesa Resort from 4-7 p.m. to "Discover Your Community." Chamber member businesses have a lot to offer, and the chamber wanted to ensure that whatever residents are looking for, it can most likely be found in Fallbrook.

Exhibitor booths are for chamber business members only and can be

reserved by calling the Fallbrook Chamber of Commerce office at (760) 728-5845. Members of the Fallbrook chamber who wish to market their business without being an exhibitor may provide flyers or coupons for all attendees for a very nominal fee. Details for the expo can also be found at www.fallbrookchamberofcommerce.

The event is free to all attendees. There will be free food, a no-host bar, giveaways and more.

Other chamber events this month include the Lunch Mob at Café Des Artistes, at noon, Friday, Jan. 24, as well as Wine Down Wednesday at Toasted Oak Vineyards and Winery, from 4:30-7:30 p.m., Jan. 29.

Call the chamber for more details on any of these events at (760) 728-5845.

Submitted by Fallbrook Chamber of Commerce.

VOTE from page A-1

as a wedding venue and a proposal for new murals at the Fallbrook School of the Arts at the group's next meeting Monday, Jan. 20, at

the village beat

Don't miss a beat on what is happening in Fallbrook, Bonsall, Pala, De Luz and Rainbow. Whether it is breaking news, local youth sports, or information on events and activities, you will find it quickly and easily at **thevillagenews.com**Check it out. Often.

Village News

7 p.m., at Live Oak School, 1978 Reche Road, in Fallbrook

The owners of the Fallbrook Hacienda are applying for a major use permit to use the site as a wedding venue. It's already used for that purpose, but new improvements are proposed for the 20.42-acre site.

Fallbrook Arts Inc. is requesting a waiver for two murals at the School of the Arts. One replaces a mural on the door of the ceramics studio, which faces the sheriff's station, that had to be removed to repair the door. The other proposed mural is intended to be of a tree with glass leaves on the front of the Warm Glass Studio, which faces south on Alvarado Street, to

Dec. 26

recognize school donors.

Homeowners along Sandia Creek Drive in De Luz are asking to install two gates along the private roadway near the Riverside County line.

The planning group does not make any final decisions on its voting items, but its recommendations go to the San Diego County Board of Supervisors for final approval.

The planning group will also vote on its officers and committee assignments for 2020 at the same meeting.

Will Fritz can be reached by email at wfritz@reedermedia.com.

The wonder of it all: Dog meets Frosty



Ronald C. Shattuck's shelter dog, Kila, experiences Village News/Elke Petras photo snow for the first time at Big Bear Lake with his daughter's family, Dec. 30.

SHERIFF'S LOG

Dec. 20	
3100 block S. Old Highway 395	Stolen vehicle
300 block Sky Vista Wy	Petty theft
2000 block James Gaynor	Vehicle burglary
St	
100 block N. Ridge Dr	Grand theft
Dec. 21	
900 block Canyon Heights	Arrest: Domestic battery
Rd N. Main Ave @ E. Ivy St	child cruelty Arrest: Outstanding
	felony warrant
E. College St @ S. Main Ave	Arrest: Public intoxication
700 block S. Wisconsin Ave	Vehicle vandalism
Dec. 22	
100 block S. Mercedes Rd	Arrest: Public intoxication
35200 block Rice Canyon Rd	Arrest: Domestic abuse
2900 block Overland Trl	Arrest: Violation of cour
1200 block Via Encinos Dr	Vandalism
400 block Alturas Rd	Domestic abuse
1400 block S. Mission Rd	Petty theft
100 block S. Mercedes Rd	Arrest: Public intoxica-
	tion
35200 block Rice Canyon Rd	Arrest: Vandalism, do- mestic abuse
600 block S. Mission Rd	Petty theft
800 block Morro Rd	Child abuse
1000 block E. Fallbrook St	Grand theft
Dec. 23	
1000 block S. Main Ave	Arrest: Possession of controlled substance
	paraphernalia
700 block W. Fallbrook St	Vehicle vandalism
1000 block S. Main Ave	Arrest: Misdemeanor bench warrant
700 block S Mission Rd	Arrest: Misdemeanor bench warrant
1100 block S. Vine St	Vehicle vandalism
100 block Ammunition Rd	Battery
Dec. 24	
1000 block Charlyn Ln	Missing person
4700 block Pala Rd	Shoplifting
600 block Poets Square	Arrest: Elder abuse
800 block La Palma Dr	Vandalism
4800 block Dulin Rd	Death
300 block Alvarado St	Found narcotics
4100 block Old Stage Rd	Vehicle burglary
3100 block S. Old High-	Arrest: Under the influence of controlled
way 395	substance

Dec. 25

2300 block Morro Rd

600 block De Luz Rd

Battery

Arrest: Domestic abuse

200 block Deddie Ter	Arrest: Failure to obey juvenile court order
400 block Ammunition Rd	Violation of domestic order
31900 block Del Cielo E.	Arrest: Domestic abuse
400 block W. Fallbrook St	Vandalism
Sandia Creek Dr @ Rocky Mountain Dr	Vehicle burglary
Dec. 27	
1100 block S. Main Ave	Arrest: Public intoxication
1400 block Farrand Rd	Arrest: Public intoxication
1100 block Rainbow Crest Rd	Grand theft
2800 block Rainbow Glen Rd	Fraud
1900 block Acacia Ln	Arrest: Vandalism, arson
1400 block S. Mission Rd	Petty theft
1000 block S. Mission Rd	Robbery
Dec. 28	
41300 block De Luz Rd	Arrest: Under the influence of controlled substance, child cruelty
200 block N. Pasadena Ave	Vehicle burglary
400 block Ammunition Rd	Stolen vehicle
4600 block Dulin Rd	Stolen vehicle
3200 block Via de Todos Santos	Stolen vehicle
1000 block E. Mission Rd	Shoplifting
400 block Ammunition Rd	Violation of court order
1000 block E. Mission 4100 block Holly Ln	Shoplifting Vandalism
Dec. 29	
1100 block S. Mission Rd	Arrest: Under the influence of controlled substance
1100 block Old Stage Rd	Arrest: Domestic battery
100 block E. Alvarado St	Vandalism
500 S. Main Ave	Fraud
1100 block Alturas Rd	Arrest: Assault with deadly weapon, domestic abuse
Pala Rd @ Via Monserate	Arrest: Possession of controlled substance
200 block E. Dougherty St	Burglary
D 40	
Dec. 30	Arrest: Assault with
900 block Buena Capri	deadly weapon
2600 block Live Oak Park Rd	Burglary
N. Old Highway 395 @ Sterling View Dr	Arrest: Possession of controlled substance, controlled substance paraphernalia, outstand- ing warrant
3500 block Rosa Wy	Vandalism
31900 block Del Cielo Este	Vehicle vandalism
100 block S. Main Ave	Vandalism
700 block N. Vine St	Arrest: Under the influence of controlled substance

Dec. 31 1300 block Rice Canyon	Vehicle theft
Rd	venicie men
1100 block S. Vine St	Vehicle vandalism
600 block S. Mission Rd	Vehicle burglary
40300 block Sandia Creek Dr	Missing person
100 block E. Fig St	Vandalism
T 1	
Jan. 1	Arrest: Possession of
1200 block Pepper Tree Ln	controlled substance, controlled substance paraphernalia
200 block Pankey Rd	Vehicle burglary
Jan. 2	
2000 block Rio Vista Dr	Death
1100 block Old Stage Rd	Vandalism
300 block Calabrese St	Arrest: Battery
1000 block Overbrook Ln	Arrest: Under the influence
	of controlled substance, obstructing an officer
S. Mission Rd @ Highway 76	Arrest: Public intoxication
4800 block 5th St	Arrest: Possession of
	burglary tools
Jan. 3	
500 block Alturas Rd	Arrest: Domestic abuse
200 block E. Alvarado St	Vandalism
500 block S. Main Ave	Vandalism
800 block E. Alvarado St	Vehicle vandalism
1600 block Calavo Rd	False imprisonment
800 block S. Main Ave	False imprisonment, child molestation
100 block E. Alvarado St	Vandalism
400 block Potter St	Vehicle vandalism
1100 block Old Stage Rd	Vehicle vandalism
Jan. 4	
200 block Ash St	Arrest: Possession of controlled substance
3400 block S Old Highway 395	Arrest: Possession of controlled substance, controlled substance paraphernalia
200 block E. Dougherty St	Burglary
3400 block S. Old Highway 395	Arrest: Possession of controlled substance, controlled substance paraphernalia
2200 block Corner Creek Ln	Death
4700 block Silent Knoll Dr	Burglary
Jan. 5	
N. Vine St @ E. Haw-	Arrest: Under the
thorne St	influence of controlled substance
800 block Shady Ln	Death
Via Altamira @ Via de Todos Santos	Arrest: Violation of court order
4700 block Pala Rd	Arrest: Possession of controlled substance, controlled substance paraphernalia, misdemeanor bench warran
800 block E. Elder St	Missing person

January 9, 2020 www.VillageNews.com | The Fallbrook Village News | A-7

Fundraiser features Christmas trees

BONSALL - The Bonsall Woman's Club's annual Christmas event held at The Golf Club of California featured several fully decorated small Christmas trees about 3 feet tall, wreaths and themed baskets, Dec. 11. This signature event enjoyed an "O Christmas Tree" theme.

Each item was raffled off. The sellout event welcomed a crowd of 200 attendees. Each person enjoyed lunch with a crowdfavorite chocolate cake for dessert.

The program featured Team Violin and Team Cello, a group of young string musicians, led by Bridget Dolkas. Committee Chair Marcia Sawyer and her team organized the afternoon.

For 27 years running, this event has been ringing in the holiday season with a holiday theme, seasonal entertainment, luncheon and festive atmosphere. Each table is uniquely set and decorated with a member's crystal and china.

The monies from this major fundraiser will benefit several local charities. For more information, visit www.bonsallwomansclub.

Submitted by Bonsall Woman's Club.



Bonsall Woman's Club President Arlene Rutherford holds flowers to be given to thank Marcia Sawyer,



Chair Marcia Sawyer welcomes attendees to the Bonsall Woman's Club's annual Christmas event.



Geri Sides and Sydne Gilbert are ready to sell raffle tickets.



Each table at the luncheon is uniquely set and decorated with a member's crystal and china.



Trees and a wreath are three of the items available in the Christmas raffle.

Village News/Courtesy photos



Members of the Bonsall Woman's Club Craft Group sell handmade



A row of trees and wreaths, each decorated by members of the Bonsall Woman's Club, are part of the big raffle at the annual fundraiser.



Entertainment is provided by Team Violin and Team Cello, a group of youth stringed musicians.



Please include your name and phone number. Photos must be high resolution to be considered for print. No limit on number of photo entries per person. All winners will be notified by email



prior to Sourcebook publication.

Don't miss a beat on what is happening in Fallbrook, Bonsall, Pala, De Luz and Rainbow. Whether it is breaking news, local youth sports, or information on events and activities, you will find it quickly and easily at

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Village News 760723-7319

AREA from page A-1

Diego County. But how good is each of these hospitals?

The Leapfrog Group, a nonprofit that represents health care purchasers such as employers, releases hospital safety grades annually. Each of more than 2,000 hospitals across the country are assigned a letter grade from A-F. These rankings are accessible online at www.hospitalsafetygrade.

Here is how the hospitals closest to Fallbrook fared:

Riverside County

Temecula Valley Hospital, Temecula – B

This hospital has received A

scores since 2016, but dropped down to a B in fall 2019. It had some problems with infections, including with MRSA, a type of staph bacteria that is resistant to antibiotics. It also had some difficulty in practices to prevent errors, like handwashing. However, it mostly avoided major problems with surgery and mostly had good communication and leadership from staff.

Rancho Springs Medical Center, Murrieta - B

This hospital has earned C grades in the past and scored as low as an F in 2016, but has recently gotten its scores up to A's in 2018 and 2019 before dropping back down to a B in fall 2019. Rancho Springs did not fare as well as Temecula Valley in terms of communication and responsiveness of health care staff, but otherwise was mostly similar. Its ranking is a mixed bag, with some surgery and infections problems, but no across-the-board poor ratings.

Inland Valley Medical Center, Wildomar - B

The oldest hospital in southwest Riverside County, this hospital received several C grades and one F between 2016 and 2017. It increased its scores to A and Bs over the last two years. It scored mostly well with infections, but had some surgery problems such as accidental cuts and tears. It scored well in handwashing but poorly in communication about medicine and hospital discharge. It also had some safety problems with bed sores and patient falls and injuries.

Loma Linda University Medical *Center, Murrieta – C*

This hospital has received mostly C scores since 2016, with a couple of Bs between 2016 and 2017. It had an issue with urinary tract infections but otherwise fared well with infections. It had issues with objects left in bodies after surgery and with breathing problems developing after surgery, as well as problems with bed sores, patient falls and communication from health care staff.

San Diego County

Tri-City Medical Center of Oceanside - C

This hospital's scores have been declining in recent years, with it receiving an A score in 2016 and dropping down into C territory by 2019. Tri-City had some problems

with infection and a handful of problems with surgery, such as leaving an object in a patient after surgery. It scored well in preventing safety problems like bed sores and patient falls.

Palomar Medical Center, Escondido - B

This hospital has improved from mostly C grades between 2016 and 2018 to consistent B grades since fall 2018. It had problems with MRSA and clostridium difficile (c. diff) infections, as well as blood infections. Like many of the other hospitals, it had some reported surgery problems like objects being left in a body after surgery but no across-the-board issues. It scored well in preventing safety problems.

Will Fritz can be reached at wfritz@reedermedia.com.

CREEK from page A-1

share that the facility will continue to operate its farm and growing grounds for wholesale trees and shrubs. The ownership group dispelled any rumors that they are selling the property to developers "or anyone else."

Locals and visitors to the area loved to visit the business situated amongst an oak forest and featuring a clear-running, springfed stream that flows year-round through the compound that helps to feed the full nursery business and gardens.

The business was a popular meeting spot and featured a small bistro on the grounds. Photographers flocked from all over Southern California to shoot at the location.

When contacted for comment, Myrtle Creek's marketing director, Kevin MacGregor explained some of the factors that went into the decision to close.

"The elders in the family still live on the property. They're retired," MacGregor said. "They never left – they've been there since 1976. (That) didn't factor into the decision because nothing changed in that sense.

"Some of the factors were that we've had 40 fabulous years, in 1979 we started as a roadside stand, and we grew and grew

- we found that a few of our neighbors complained and didn't like the traffic impact on the neighborhood," he said. "The private and internal factors that showed us the way included the loss of our general manager, beloved father and grandfather."

MacGregor is referring to the passing of Bill Goodson.

"He is deeply missed," he said. "He was one of the kindest and most insightful people I've ever had the privilege of knowing."

MacGregor also explained the sudden closure of the facility.

"We felt that since the neighbors were already concerned about the traffic that if we had done a send-off weekend, it could've made things worse," he said. "We wanted to be remembered fondly. We didn't want to take what the community was complaining about already and make it worse.'

Though the closing took people by surprise, MacGregor wanted to thank longtime patrons officially.

"Thank you," he said to Myrtle Creek fans. "It was our sincere pleasure to serve them and we view each one like family – we appreciate them allowing us a graceful exit. We hope that we live in their hearts, in memories and photos because they live in ours."

Signs posted outside the business's gates suggested that the public should visit Myrtle's Restaurant, Bar and Boutique at the former location of San Luis Rey Downs Golf Club in Bonsall.

The plans for Myrtle's Restaurant, Bar and Boutique were announced back in October 2018 and had expected to open earlier this year. The new facility is not open officially, but MacGregor said they will be opening "within

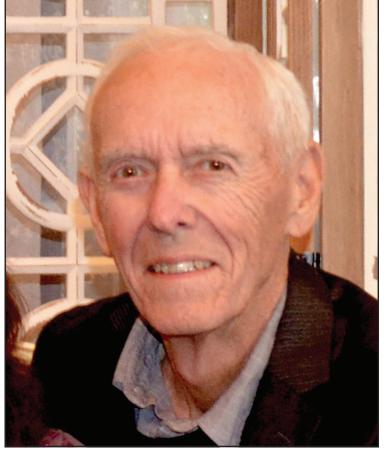
"In December 2019 we started private soft opens with menu tastings for entrees, share-plate desserts and cocktails," he said. "We are putting the final touches on the gift shop. The entire property will be open by the end of January.

MacGregor said he is excited for people to see what they've done to the building and the services they will offer.

"Harlow's is our fantastic 1940s-themed cocktail bar/lounge and restaurant on the property," he said. "(It will feature) a shareplate menu, entree menu and full bar, and indoor and outdoor garden room seating. (We will be) featuring gelato from Escogelato, our award-winning chef with over 35 years' experience, award-winning myrtleberry pie, myrtleberry lemonade. (We will be) featuring a casual atmosphere and introducing myrtleberry martinis and myrtleberry margaritas."

Myrtle Creek has plans for the 23-room hotel on the property as

"Our 26-room boutique hotel and gathering spaces for weddings and events are also coming soon," MacGregor said. "It has received



The loss of Myrtle Creek Botanical Courtesy photo/Myrtle Creek photo Gardens and Nursery general manager Bill Goodson factored into the decision to close the facility to the public.

a fresh new remodeling inside and out, and we're excited to open soon. Our design team has been working tirelessly on this property since day one and we're so excited

He wanted to thank their new

neighbors in Bonsall, as well.

"They've been so kind and supportive that we're bringing the property to its former glory and beyond," MacGregor said.

Jeff Pack can be reached by email at jpack@reedermedia.com.









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The fire on Pomegranate Lane burns in the home's garage, spreading to parts of the house and its attic.

Village News/Bruce Stowell photo

from page A-1

within 35 minutes, but the fire caused extensive damage to the garage and minimal damage to the home, he said.

No injuries were reported. The American Red Cross

was called to the scene to help the displaced residents - four adults and one pet - arrange for temporary lodging.

The cause of the fire was under investigation.

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FPUD from page A-1

The Dec. 3 Rainbow board meeting included a 4-0 vote with Michael Mack absent to approve the Memorandum of Understanding with FPUD while FPUD's Dec. 9 board meeting approved the MOU on a 4-0 vote with Don McDougal absent. The MOU provisions include both collaborating on long-term water supply development and working together to improve emergency water supply capabilities.

"It's just a good opportunity for us to work together and try to save money for our ratepayers," FPUD general manager Jack Bebee said.

"The district is always interested in developing local supplies, and we're excited to partner with FPUD and Camp Pendleton in achieving potential new supply for our customers," Rainbow general manager Tom Kennedy said.

The Santa Margarita Conjunctive Use Project being pursued by FPUD, U.S. Marine Corps Base Camp Pendleton and the U.S. Bureau of Reclamation will enhance groundwater recharge and recovery capability within the lower Santa Margarita River basin and develop a program which will increase available water supplies for FPUD and Camp Pendleton.

The Conjunctive Use Project is expected to be complete in 2022, and for a normal water year based on the average over the past 50 years, FPUD can expect an additional 3,100 acre-feet of supply from the project.

FPUD is also pursuing an indirect potable reuse pilot project which would recharge recycled water in the Santa Margarita River basin. The project would place recycled water, which is currently discharged into the ocean, into the groundwater basin. The indirect potable reuse program would be separate from the Santa Margarita River Conjunctive Use Project but would enhance the additional supply provided by storing water in that basin.

Both FPUD and Rainbow were affected when repairs to a San Diego County Water Authority pipeline where it crosses Moosa Creek caused two shutdowns of that SDCWA facility to install and remove isolation bulkheads.

The MOU said that in the event of a CWA or Metropolitan Water District of Southern California pipeline failure which deprives at least one FPUD or Rainbow connection of imported water supply the two water districts will work together to provide emergency supply to FPUD and Rainbow customers.

"Rainbow and us have a lot of common boundaries," Bebee said. "We need to coordinate together for emergency conditions."

In addition to having common boundaries Rainbow and FPUD also have common interconnections. Both districts also have substantial storage capacity within their systems, and the MOU calls for the two districts to coordinate support for emergency supply through interconnects and available

The two districts will also work together to identify opportunities to rehabilitate and maintain existing interconnects and to establish new interconnections where appropriate, and the cost of those projects would be shared based on an agreement by both

The Conjunctive Use Project will give FPUD access to emergency supplies. The MOU between FPUD and Rainbow calls for FPUD to coordinate with Camp Pendleton to identify and to make available sufficient emergency supplies for Rainbow in an emergency situation to the extent water beyond FPUD's emergency supply needs is available.

FPUD's general manager will make the determination that a surplus of available water would allow such supply to be provided to Rainbow.

In the event that one district has to provide the other with emergency supply the providing district will be reimbursed at the wholesale cost of the imported water provider which serves the supplying district.

FPUD and Camp Pendleton currently discharge approximately 2.6 million gallons per day of treated water into the Pacific Ocean through the Oceanside Outfall. The Conjunctive Use Project constructed facilities to convey water from the Santa Margarita River basin, so it is possible that water undergoing tertiary treatment could also be stored in the groundwater basin and later extracted and treated to meet potable water standards.

The current discharge total would equate to approximately 3,000 acre-feet per year should feasibility studies and permits lead to construction of an indirect potable reuse project.

The state's Department of Water Resources has a grant program for Integrated Regional Water Management projects. The CWA administers grants for member agencies and other applicants.

The November 2014 election included the passage of Proposition 1, which allocates \$510 million for IRWM projects including \$37 million to the San Diego County portion of the San Diego hydrologic region.

DWR does not issue the entire amount of IRWM funding in one grant application process but utilizes rounds of grant applications and awards. Because the grant funding is allocated by region, the San Diego region will receive the full amount but DWR must approve the specific projects.

The current round of Proposition 1 funding will include \$687,500 to FPUD for the indirect potable reuse pilot project. The CWA board approved that grant application Sept. 26. The grant application process includes consultation with DWR, and the application may be refined. The estimated total cost of the pilot project including a feasibility study is \$1.5 million.

FPUD has budgeted \$700,000 over a two-year period for the pilot

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project and studies. Although the studies will identify the expected allocation of flows from the project Rainbow has agreed to fund 15% of the non-grant share, or \$105,000.

The MOU stipulates that Rainbow will participate in the feasibility study including assisting in the development of technical data related to the district's customer demands to identify the potential amount of water from the project Rainbow could use.

The MOU said that FPUD will charge Rainbow the pro-rata share of the feasibility study costs after the grant funding is deducted, so the \$105,000 is an estimate.

If FPUD desires amendments to the agreement with the consultant performing the feasibility study FPUD will confer with Rainbow about the proposed amendments although FPUD has the power to approve reasonable amendments without specific Rainbow approval.

The clauses of the MOU also include that FPUD and Rainbow will work together on evaluating other alternative water supply development and recycled projects within the combined jurisdiction of the two agencies.

"We'll work on opportunities to work together," Bebee said.



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Volume 24, Issue 2

JUNIOR WILDLIFE ART

FALLBROOK – Fallbrook Art Center and Fallbrook School of the Arts present the Junior Wildlife Art Show until Jan. 19. Visitors will see over 150 works created by students grades K-12 from Fallbrook and Bonsall and have a chance to vote for their favorite artwork

Participating schools include Fallbrook High, William H. Frazier Elementary, Fallbrook School of the Arts and Sullivan Middle School. The show is open daily, Monday through Saturday from 10 a.m. to 4 p.m. and Sunday from noon to 3 p.m.

The show and parking are free. The art center is located at 103 S. Main Ave. at Alvarado Street. For other information on the show, supporting center programs or volunteering, call (760) 728-1414 or visit www.fallbrookartcenter.org.

Submitted by Fallbrook Art Center.

2020 Jr. Wildlife Art Show Award Winners

Grades K-2

Best of Show: "Winter Fox" by Jocelyn Tronosco, Grade 2, William H. Frazier Elementary

First Place: "A Swim in the Ocean" by Wavie Derderian, Grade 2, Fallbrook School of the Arts

Second Place: "Monkey" by Camila Gonzalez, Grade 2, WHFE

Third Place: "Toucan" by Roberto Garcia, Grade I, WHFE

Grades 3-5 – all from William H. Frazier Elementary School

Best of Show: "The Loyal Lion" by Austin Miller, Grade 3

First Place: "Feathers of Delight" by Maya Arena, Grade 5

Second Place: "Sunset Seal Bay" by Natalie Arena, Grade 3

Third Place: "A Koala" by Jimena Gomez, Grade 4

Grades 6-8 – all from Sullivan Middle School

Best of Show: "Great Horned Owl" by Emma Donaldson, Grade 7

First Place: "African Bush Viper" w by Jayda Van Alfen, Grade 8

Second Place: "Untitled" by Connor Ayersman, Grade

Third Place: "Untitled" by Camila Cruz, Grade 6

Grades 9-12 - all from Fallbrook High School

Best of Show: "Soul Seeker" by Jessica Besne, Grade 10 First Place: "Frogs Are Our Friends" by Jade Anicete, Grade 9

Second Place: "Ozzy the Orangutan" by Maiya Ramero, Grade 12

Ramero, Grade 12

Third Place: "Untitled" by

Ana Salvador, Grade 12



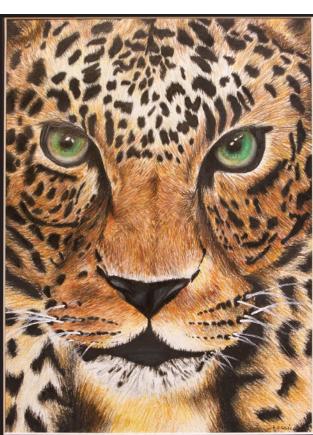
Second grader Jocelyn Tronosco's oil pastel

Shane Gibson photos fox is the Best of Show winner for grades K-2 in the Junior

Wildlife Art Show at the Fallbrook Art Center through Jan. 19.



William H. Frazier Elementary School student Maya Arena shows her family her first-place winning peacock art for grades 3-5 at the Fallbrook Art Center Junior Wildlife Art Show.



Fallbrook High student Jessica Besne's leopard, drawn with colored pencil, is the Best in Show winner for grades 9-12 in the Fallbrook Art Center Junior Wildlife Art Show.



Sullivan Middle School student Camila Cruz is seen with her magazine collage picture of a lesser panda on display at the Junior Wildlife Art Show.



Sullivan Middle School student Emma Donaldson stands next to her owl sculpture made with repurposed items which won Best of Show for grades 6-8 in the Junior Wildlife Art Show.



Fallbrook High School student Rachelle Roderick's turtle art is on display at the Fallbrook Art Center Junior Wildlife Art Show.



Frazier Elementary School third grader Austin Miller's lion is the Best of Show winner for grades 3-5 in Junior Wildlife Art Show. The reception at Fallbrook Art Center was held Jan. 4.



Fallbrook School of the Arts student Russell Watson poses with his fish art displayed at the Fallbrook Art Center Junior Wildlife Art Show.



A monkey picture created by William H. Frazier Elementary student Molly LaLonde is on display at the Fallbrook Art Center Junior Wildlife Art Show.

HEALTH & BEAUTY

Kicking it XI



Elizabeth Youngman Westphal

Special to Village News

At a time when everything is considered political, here is one

thing which women can all agree: women's clothing sizes. Why can a man buy a size 16-inch neck shirt anywhere around the world yet, women cannot find consistency in our sizes? Sorry, after shopping for the holidays, I just had to rant.

Just returned from a quick jaunt to San Francisco; it was good to get home and back to the gym. My go-to exercise is the hip abductor. While it sounds eerie, it is an exercise to strengthen the back

For the last month, I've added ab crunches and side lifts for the intercostal muscle on, around and through both sides of the ribcage. You know where that bulging glob lives just above the brassiere under the arm pit. Mine is finally disappearing.

Other disappearing body parts

include my double chin, my belly and the saggy, flappy under-thearm skin, and my waistline is inches smaller. I am delighted to announce to date I am now 10 inches smaller than when I started and 13 pounds lighter. It seemed like it took forever except when looking back four months doesn't seem like such a long time. Day by day, it gets a bit grueling though.

Still, more needs to happen. It became apparent after trying on some of my skinny ensembles I've saved for just this reunion. As you may know, they live in the far back recesses of the closet.

Need I say, my goal is to appear chic and svelte on the Orient Express? Of course not. Everyone knows me to be shallow. I must tighten, tone, lift and lose more for a glamorous silhouette.

Well, I go back to my old mantra: "If it were easy, everybody would be doing it.'

So, you and I know better. It ain't easy. What is easy is doing nothing. Here is the thing. Nothing against anyone, it's just if you've ever been slighted, snubbed or casually dismissed, left behind or you've bumped into an old beau or worse even your nemesis... being in shape says in-your-face "I have moved on and past this." Whatever it is, was or used to be, I believe that getting in shape is the best revenge.

It is a selfish thing to do, and one of the best things to do for building self-esteem. If you get depressed – go to the gym. If you have something to celebrate – go to the gym. If you are mad – go to the gym. If you want to cry - go

to the gym. It is your go-to place to get centered.

Wait. I bet you are thinking, "I don't have that kind of time." I am too busy. There is work, school, the children, the house. Blah. Blah. Blah.

And these are just a few of my old excuses. Actually, you do have time. It only takes about 25 minutes to do a daily routine. Really, that is it. Not that occasionally one might spend longer, the average time is between 22 and 35 minutes. Trainer days are 30 minutes.

So, quit lying to yourself, you do have 30 minutes a day. Babysitting is available too. Be like a soldier and be the best you can be. Only 60 days left to departure.

Elizabeth Youngman Westphal can be reached by email at eyoungman@reedermedia.com.

Critical need for blood and platelet donors after the holidays

Red Cross and NFL team up to offer donors a chance to win a trip to the Super Bowl

SAN DIEGO - The American Red Cross currently has a critical need for blood donors of all blood types - especially type O - and platelet donors to make an appointment now to give and help replenish the blood supply after the holiday weeks.

Right now, the Red Cross has less than a three-day supply of type O blood. To help tackle the critical need, the Red Cross and NFL are working together to offer one lucky winner a trip to Super Bowl LIV in Miami.

During the weeks of Christmas and New Year's, about 500 fewer blood drives were hosted by volunteer sponsor groups than required to meet patient needs. Many groups postpone blood drives during the winter holidays when travel and holiday activities may make it challenging for many donors to give. In fact, AAA estimated that a record 115.6 million Americans traveled during the holiday period of Dec. 21 through Jan. 1.

"Lifesaving medical treatments and emergencies never take a holiday," said Paul Sullivan, senior vice president, Red Cross Biomedical Services. "Declines in donations can affect patient care. That's why the Red Cross is encouraging eligible donors to make an appointment to give now and help those sidelined by illness and trauma."

Two local donation opportunities are coming up, Jan. 14, 8:30 a.m. to 2:30 p.m. at Bonsall High School, 7350 Lilac Road and Jan. 21,10 a.m. to 3 p.m., at Fallbrook Library, 124 South Mission Road.

Donors are urged to make an appointment to give now using the Red Cross Blood Donor app, visiting RedCrossBlood.org, calling 1-800-RED CROSS (1-800-733-2767) or enabling the Blood Donor Skill on any Alexa Echo device.

As a special thank-you, those who come to give blood or platelets Jan. 1-19, will automatically be entered for a chance to experience the Super Bowl live. The Red Cross and NFL have teamed up to offer one winner two tickets to Super Bowl LIV, entry to the official NFL Tailgate, tickets to Super Bowl Experience at the Miami Beach Convention Center, round-trip airfare to Miami, threenight hotel accommodations at The Alexander® - All Suite Oceanfront Resort (Jan. 31 to Feb. 3), and a \$500 gift card for expenses. Additional details are available at RedCrossBlood.org/SuperBowl.

"The Red Cross appreciates the NFL's support during this crucial time of year when every donation – and every donor – matters. We hope this may inspire some to make regular blood and platelet donation one of their New Year's resolutions," said Sullivan.

Who blood donations help This fall, 13-year-old Josh Roy and his family learned the importance of blood donations firsthand. In October, Josh contracted a severe case of influenza B and necrotizing staph pneumonia. He was transported to the hospital, was put on an extracorporeal membrane oxygenation machine that circulates blood through an artificial lung and eventually needed a tracheostomy tube. Josh has received multiple blood transfusions during his treatment.

"You never know when someone you love might end up needing a blood transfusion," said Jaqueline Bakehorn, Josh's aunt. "We are so thankful for those who have given blood and would love to see more people donate."

Josh is still hospitalized but is making slow, gradual progress. He faces a long road to recovery and may need additional blood transfusions along the way.

Submitted by the American Red

Parkinson's disease movement problems can be treated

FALLBROOK - The Fallbrook Parkinson's Support Group will hold their monthly meeting, Friday, Jan. 24, from 10 a.m. to noon. The meeting will be held in the Fellowship Hall of Christ the King Lutheran Church, 1620 S. Stage Coach Lane, in Fallbrook.

The meetings are held the fourth Friday of each month. The guest speaker this month is Sherrie Gould, a movement disorders nurse practitioner at the Scripps

Clinic Center for Neurorestoration in La Jolla.

Her passion is empowering

people with Parkinson's disease, and she leads trips around the globe for her patients with Parkinson's disease to Mount Kilimanjaro, the base camp of Everest, Machu Picchu, Peru, and the Camino de Santiago in Spain, and she is presently organizing a trip to the Italian Dolomite Mountains in

All of her treks raise money for Parkinson's disease research or community resources for people with Parkinson's disease. She was awarded the Health Hero Award in both 2011 and 2013 for her commitment to the Parkinson's disease community.

The topic she will be discussing is titled "Movement Problems in Parkinson's disease." It will focus on dyskinesia and Gocovri, the first and only Food and Drug Administration-approved medication indicated for the treatment of dyskinesia in patients with Parkinson's disease receiving levodopa-based therapy. Visit www.gocovri.com for additional

The Fallbrook Support Group announced that it has a new coleader coming on board, Caryl Bonnell, a staff research associate for University of California San Diego. Bonnell has served as the study therapist delivering interventions to the caregivers for the past three years.

Bonnell received her master's degree in social welfare from University of California Los Angeles and has worked in mental health research for the past 15 years. She is dedicated to improving caregiver mental health and physical well-being and enjoys serving the communities

of Fallbrook and North County, where she has lived most of her

Breakout groups will be held for a time of sharing. Coffee and refreshments follow the program.

The meeting is held in support of people with Parkinson's disease. care partners and people interested in improving the world of those affected by Parkinson's disease. Fallbrook Parkinson's Support Group is an affiliate group of North County Parkinson's Support Group. For more information, visit www.NCPSG.org or call Irene at (760) 731-0171 or Vicki at (760) 728-7117.

Submitted by Fallbrook









(760) 731-0133 Mornings and Evenings

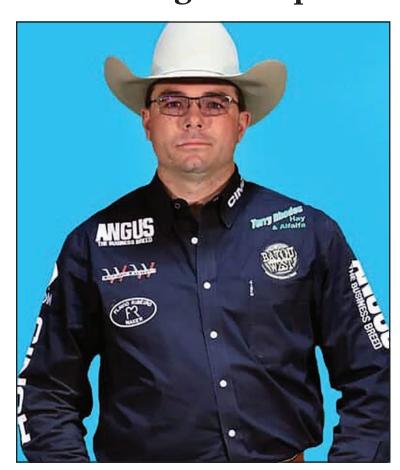
Child Care Available



WWW.CLUBPARADISEFITNESS.COM

January 9, 2020 <u>www.VillageNews.com</u> / The Fallbrook Village News / **B-3**

NFR average championship makes Reeves role model for diabetics



Matt Reeves became the newest athletic inspiration for diabetics and their families when he won the steer wrestling average at the 2019 National Finals Rodeo with a 10-head average of 48.4 seconds.

Joe Naiman

Village News Correspondent

Five-time world steer wrestling champion Luke Branquinho

bulldogs with an insulin pump, and his championships made him an athletic role model for diabetics and their families. Although Branquinho has not qualified for the National Finals Rodeo since 2015, Matt Reeves became the newest athletic inspiration for diabetics and their families when Reeves won the steer wrestling average at the 2019 National Finals Rodeo.

Reeves had a 10-head average of 48.4 seconds. Riley Duvall was second in the average at 54.8 seconds on 10 head.

"It may not have been what I wanted when I came here, but this is an unbelievable deal," Reeves said. "We all want the other buckle, but that's the second best saddle I'm ever going to get."

Reeves only placed in four gorounds at NFR. His time of 4.7 seconds was fifth in the second go, he split third through fifth in the seventh performance with a time of 3.9 seconds, his time of 4.8 seconds in the eighth go-round placed sixth and his final run of 4.0 seconds was also the sixthplace time. His worst time was 6.6 seconds in the sixth go-round, and he had only two other runs requiring more than five seconds.

"I placed on some steers no one placed on," Reeves said.

Reeves is now 41.

"I wanted to do it a lot quicker than this, but I'll take it," he said of winning the NFR average.

The cowboy from Cross Plains, Texas, joined the PRCA in 2003, and the 2019 NFR was his seventh qualification and his first since

2016. Reeves first qualified for a rest as well as allowed Reeves NFR in 2007 and also qualified in 2009, 2010, 2012, 2013 and 2016. He won the second go-round in 2007 and the seventh go-round in 2013. He was fifth in the average in 2013 and third in the average in 2016, and he finished second in the world standings both years. Reeves placed 21st in the 2017 standings and 26th in the 2018 standings.

Reeves entered NFR with 2019 season earnings of \$79,490, which placed him 12th in the standings. The first-place average payout of \$67,269.23 contributed to \$103,641.02 of NFR earnings and brought Reeves' season earnings to \$183,131.24 to place him sixth in the final standings.

The American Quarter Horse Association chose Reeves' mare Rattle as the Horse of the Year for steer wrestling. Reeves also trained Rattle, who was seventh during NFR, and the 2019 season was Rattle's second as a PRCA bulldogging horse.

Due to equine health reasons Reeves only rode Rattle for the final six go-rounds of NFR.

"It was just a virus and then she got a little infection," Reeves said.

Reeves owns both Roy and Rattle. He rode Roy for the first four performances.

"He was good. He didn't do anything wrong," Reeves said. The switch to Rattle gave Roy

to use the horse on which he feels most comfortable.

"She's just so much fun," Reeves said. "She just runs so hard."

The combination of Roy and Rattle gave Reeves the average

"The horses were outstanding," he said.

Reeves said he blames himself rather than Rattle for his Dec. 12 time of 6.6 seconds.

"I made a mistake the sixth round," he said.

The average championship was Reeves' first NFR win since he placed first in the go-round six years earlier.

"It is good. That's the first saddle I've won since '13," he said. "It took 24 more steers to do it."

Kodie Jang, who was from Townsville, Australia, before enrolling at Western Texas College in Snyder, Texas, hazed for Reeves

Reeves was 17 when he was diagnosed with Type I diabetes. One of his sponsors is Bacon Bash Texas, which occurs in the Central Texas town of Cranfills Gap and raises money for Type 1 diabetes programs along with a program to provide coats and blankets for people in need.

"It is an unbelievable organization that gives a pile of money," Reeves said.

North County CERT offers free disaster preparedness classes

FALLBROOK - The citizens of Bonsall, DeLuz, Fallbrook and Rainbow have an opportunity to take free classes in disaster preparedness, Jan. 11 and 18. The community can learn how to be prepared for any type of disaster, whether natural or man-made, such as fire, earthquake or terrorist attack.

These free classes are offered as a two-Saturday session starting with classroom instruction and concluding in a disaster simulation drill on the final Saturday. Classes will be held at North County Fire Protection District's Scout Hut at 231 E. Hawthorne in Fallbrook from 9 a.m. to 6 p.m., Jan. 11

Students will be taught wildfire prevention, basic first aid, light search and rescue, fire suppression, how to put together a go-bag, assess and triage the wounded, lift or "crib" heavy objects off people and learn about the psychological impact of disasters as well as other vital training.

Community members 16 or older who are interested in attending the classes should contact Linda at (760) 330-7979.

The North County Community Emergency Response Team will teach these classes, which are sponsored by North County Fire Protection District and provided through grants from the San Diego County Board of Supervisors, Fallbrook Regional Health District and San Diego Gas and Electric.

North County CERT public information officer Mike Crain said that, "CERT training is an easy way to help understand what to do right after a disaster whether large scale or local. You can meet the amazing volunteer neighbors that have gone through the training and have peace of mind knowing you are prepared when you might need to be. It is truly an amazing organization."

North County CERT has trained 632 volunteers in the community and those who have taken CERT are eligible to attend monthly potluck meetings with interesting speakers and ongoing training available to the volunteers.

Submitted by North County Community Emergency Response



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ENTERTAINMENT

Two new art exhibits come to Fallbrook Library

FALLBROOK - The new art shows at Fallbrook Library, "What is Abstract Art (and why should I care?)" presented by various artists and "Abstract Figurative Sculpture" by Julia S. Rasor, are hosted by the Friends of the Fallbrook Library from Jan. 12 to March 6.

Abstract art does not represent reality but uses visual language to make an effect on viewers. In other words, what is painted may not be something realistic and recognizable. The works in this show will make viewers think, feel and pay attention to the world in a whole new way. As Jackson Pollock said, "It is energy in motion made visible - memories arrested in space."

The artists featured in the show are Javier Arreguin, Carlos Castrejón, Christina Curiel, Joseph Curiel, Martin Facey, Justin Jehle, Alicia Mutlu, Sydney Moore, Yvonne Obregon, Caleb Smith, Chad Smith and Sarah Spinks.

Each of these invited artists bring their explorations of form, color, line, pattern, composition and process to their large pieces, giving them the freedom to experiment and give in to their most imaginative selves. In turn, the viewers bring their own imaginations to each piece, keeping them on their toes.

The pieces chosen for this show explain why these artists create abstract thought-provoking work. Obregon has limited mobility; Jehle works in the cinematography industry; Facey was the dean of University of Minnesota; Moore and Christina Curiel are East Asian historians; Arreguin 's work is politically motivated; Spinks owns a gallery and is the chair of the Arts Commission in Vista; Smith utilizes construction fundamentals and Mutlu designs album covers for musicians.

The sculpture display on the Reading Patio features bronze abstract figures by Rasor who is an award-winning professional figurative sculptor living in

Her edgy and dramatic works reveal her artistry along with her understanding of human anatomy and physiology from her life-long profession as a medical device inventor. Rasor's sculptures range from realistic to highly stylized. She holds open studio, workshop and artist retreat events at her Fallbrook Mountaintop avocado ranch, studio and gallery.

The community is invited to a reception Friday, Jan. 17, from 6-8 p.m. to meet the artists, chat with them and enjoy live music and snacks. The event is free and open to all. The library is located at 124 S. Mission Road in Fallbrook.

Submitted by Friends of the Fallbrook Library.

Village/News/Courtesy photos

"Jack in the Pulpit" by Martin Facey is acrylic on



"Fütts Nuchk" is mixed media on canvas by Caleb Smith and Joseph Curiel.



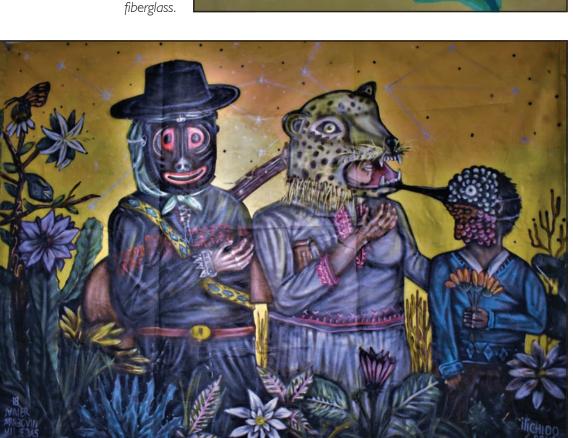
"Danseur Danseuse" is a sculpture by Julia S. Rasor.



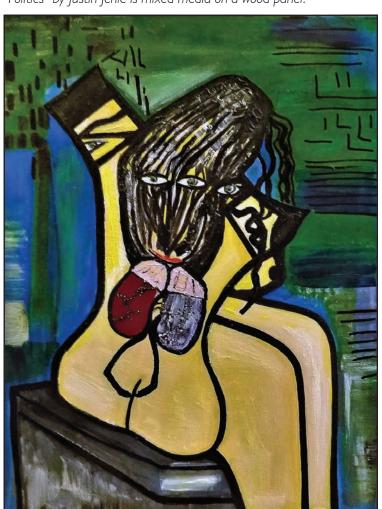
"Honey Plum First Flower Dream" by Martin Facey is done in acrylic on fiberglass.



"Politics" by Justin Jehle is mixed media on a wood panel.



"Ilichido rey" is done in acrylic and enamel on canvas by Javier Arreguin.



"Perennial" by Yvonne Obregon is oil on canvas.



January 9, 2020 <u>www.VillageNews.com</u> / The Fallbrook Village News / **B-5**

Encore celebrates the holidays



Friends gather at the Encore Christmas luncheon held at Vista Valley Country Club, from left, Courtesy photos Mari Guthrie, Bea Valverde, Kim Croker, Sandi Barmasse and Mary Westphal.

FALLBROOK - Fallbrook Encore Club ended the year with many holiday festivities while also looking forward to a fun filled New Year. This is a social club that welcomes members from the Fallbrook, Bonsall, Rainbow and DeLuz communities.

Meetings are held on the third Thursday of each month, at Christ the King Lutheran Church, 1620 Stage Coach Lane in Fallbrook.

Coffee and conversation begin at 9:30 a.m. followed by the business meeting at 10 a.m.

Members can sign up for the upcoming monthly activities appealing to a variety of interests. There are many game groups, a book club, RV group, Happy Diggers for gardeners and many opportunities to dine together both days and evenings.

"Mystery Adventures" and "GO" events give members something new and different to do each month, too. Happy Diggers will visit the famous Great Oak Tree on Pechanga Tribal land later this month. It is believed to be the oldest and largest coast live oak tree in California. They will take a guided tour and learn some of its history.

The Newcomers RV group will be making a trip to Visalia and Sequoia National Park in late May, with many things to do together while there. This group draws from both Encore Club and Newcomers Club and makes several exciting trips each year.

The next regular Encore meeting will be Jan. 16. New members are welcome at any time. For more information, those considering joining may contact co-chairs Bobbi Bixby at (562) 673-1250 or Bea Valverde at beavalverde62@ yahoo.com or visit http://www. falbbrookencoreclub.com. Or prospects can just drop in at a meeting and get acquainted.

Submitted by Fallbrook Encore Club.



Encore members, Earl Kinnamon, Carol and Wayne King enjoy the club's Christmas luncheon at Vista Valley Country Club.



Top 10 library book and movie checkouts of 2019 **Katie White**

San Diego County Communications

The beginning of the new year is the perfect time to set some reading goals for the months ahead. San Diego County Library has released its Top 10 checkout list for 2019. Get some inspiration for your 2020 reading list and see if your favorite books, e-books and $\ensuremath{\mathsf{DVDs}}$ from last year made the cut.

Ready to leave the last decade behind and start this one off with some fresh recommendations? County librarians can tell you what to watch for in 2020 and help you find your next favorite book or movie. For recommendations, visit the library in person or visit www. sdcl.org/hot-right-now.html#new.

The items below all fall under the "grown-up" category and do not include children's books.

Books

- "Where The Crawdads Sing" by Delia Owens
- "Dark Sacred Night" by Michael Connelly
- "Becoming" by Michelle Obama "The Great Alone" by Kristin Hannah
- "The Reckoning" by John Grisham "Nine Perfect Strangers" by Liane
- Moriarty "Long Road to Mercy" by David
- Baldacci "Past Tense: A Jack Reacher Novel" by Lee Child
- "Crazy Rich Asians" Kevin Kwan 'The President is Missing: A Novel" by James Patterson

EBooks

- "The Great Believers" by Rebecca Makkai
- "Where the Crawdads Sing" by
- Delia Owens "Becoming" by Michelle Obama "Educated: A Memoir" by Tara

- Westover
- "Nine Perfect Strangers" by Liane Moriarty
- "Past Tense: A Jack Reacher Novel" by Lee Child
- "The Reckoning" by John Grisham "Crazy Rich Asians" by Kevin Kwan
- "Little Fires Everywhere" by Celeste Ng
- "The Great Alone" by Kristin Hannah

Movies (Based on DVD and Bluray checkouts)

- "The Greatest Showman"
- "Avengers, Infinity War"
- "Jumanji, Welcome to the Jungle" "Ant-Man and the Wasp"
- "Crazy Rich Asians"
- "Star Wars Solo: A Star Wars Story'
- "Black Panther"
- "Jurassic World: Fallen Kingdom" "Spider-Man Homecoming"
- "A Star is Born"



LEGALS

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9029621

Name of Business a. MARLA HOPE DESIGNS, LLC

b. MARLA HOPE DESIGNS 6908 Avocet Ct, Carlsbad, CA 92011 Mailing address: 270 N. El Camino Real Ste F345, Encinitas, CA 92024 County: San Diego

This business is registered by the following: Marla Hope Designs LLC, 6908 Avocet Ct, Carlsbad, CA 92011

This business is conducted by a Limited Liability Company

This LLC is located in the state of California Registrant first commenced to transact business under the above names as of

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/14/19

LEGAL: 5176 PUBLISHED: December 19, 26, 2019, January 2, 9, 2020

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9029184

Name of Business GD GIRL WT

1708 E. Mission Rd, Apt B, Fallbrook, CA 92028 County: San Diego

This business is registered by the following: Norma A. Aguirre, 1708 E. Mission Rd, Apt B, Fallbrook, CA 92028 This business is conducted by an Individual

business under the above names as of THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN

Registrant first commenced to transact

LEGAL: 5177 PUBLISHED: January 2, 9, 16, 23, 2020

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9029140

Name of Business **RANCHO SOLEDAD** 39695 Berg Rd, Fallbrook, CA 92028

DIEGO COUNTY ON 12/09/19

County: San Diego This business is registered by the following: a. Emma S. Urueta-Ruiz, 39695 Berg Rd,

Fallbrook, CA 92028 b. M. Cristina León, 39695 Berg Rd, Fallbrook, CA 92028

This business is conducted by Co-Partners Registrant first commenced to transact business under the above names as of

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/09/19

LEGAL: 5178 PUBLISHED: January 2, 9, 16, 23, 2020

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2020-9000014 Name of Business

TEAM PROKENNEX 2872 South Santa Fe Avenue, San Marcos, CA

92069 County: San Diego

This business is registered by the following: Event Management Solutions, Inc., 2872 South Santa Fe Avenue, San Marcos, CA 92069 This business is conducted by a Corporation This Corporation is located in the state of California

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jan. 02, 2020 LEGAL: 5179

PUBLISHED: January 9, 16, 23, 30, 2020

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2020-9000015 Name of Business

a. THE PAINTBALL PARK AT CAMP

PENDLETON b. CAMP PENDLETON PLAYLAND

1700 T1 Vandegrift Blvd., Oceanside, CA 92058 Mailing address: 2872 South Santa Fe Avenue, San Marcos, CA 92069 This business is registered by the following:

Event Management Solutions, Inc., 2872 South Santa Fe Avenue, San Marcos, CA 92069 This business is conducted by a Corporation This Corporation is located in the state of California

Registrant first commenced to transact business under the above names as of 07/22/09 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF DIEGO COUNTY ON Jan. 02, 2020 LEGAL: 5180

PUBLISHED: January 9, 16, 23, 30, 2020

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9029739

CALIFORNIA PORSCHE RESTORATION INTERNET SALES

311 Industrial Way #1, Fallbrook, CA 92028 County: San Diego

This business is registered by the following: Andrea Nicole Doherty, 3192 Caminita Cortina, Fallbrook, CA 92028 This business is conducted by an Individual

Registrant first commenced to transact business under the above names as of 04/18/2008
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF DIEGO COUNTY ON Dec. 17, 2019 LEGAL: 5181

PUBLISHED: January 9, 16, 23, 30, 2020

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9030327 Name of Busines

MG FINANCIAL & INSURANCE SOLUTIONS 100 E. San Marcos Blvd, Suite 400, San Marcos, CA 92069 County: San Diego

This business is registered by the following: Marathon Group Financial, Inc., 100 E. San Marcos Blvd. Suite 400. San Marcos. CA 92069 This business is conducted by a Corporation This Corporation is located in the state of California

Registrant first commenced to transact business under the above names as of 06/02/2015
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF DIEGO COUNTY ON Dec. 24, 2019 LEGAL: 5182

PUBLISHED: January 9, 16, 23, 30, 2020 FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2020-9000153 Name of Business

a. BE4VETS b. BIRDIES AND EAGLES FOR VETERANS

248 Calle Bolero, Oceanside, CA 92057 County: San Diego This business is registered by the following:

Rodaylin Mina, 248 Calle Bolero, Oceanside, CA 92057 This business is conducted by an Individual

Registrant first commenced to transact business under the above names as of 1/2/20 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jan 03, 2020

LEGAL: 5183 PUBLISHED: January 9, 16, 23, 30, 2020

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9028313

Name of Business STRAIGHT UP PILATES

2809 South Mission Rd, Fallbrook, CA 92028 County: San Diego This business is registered by the following:

Straight Up California LLC, 2809 South Mission Rd, Fallbrook, CA 92028 This business is conducted by a Limited Liability

This LLC is located in the state of California Registrant first commenced to transact business under the above names as of 01/01/2015 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 11/25/19

LEGAL: 5168 PUBLISHED: December 19, 26, 2019, January 2, 9, 2020

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9029065

Name of Business a. BUCK'S DECLUTTERING SERVICE b. EILERS CONSULTING

1924 Cresthaven Dr, Vista, CA 92084 County: San Diego This business is registered by the following: a. Steven Matthew Eilers, 1924 Cresthaven Dr,

Vista, CA 92084 b. Marcella Marie Eilers, 1924 Cresthaven Dr, Vista, CA 92084 This business is conducted by a Married Couple

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN

DIEGO COUNTY ON 12/06/19 LEGAL: 5169 PUBLISHED: December 19, 26, 2019, January 2, 9, 2020

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9029199 Name of Business

ENERB

3772 Cameo Lane, San Diego, CA 92111 County: San Diego

This business is registered by the following: a. Fabiola Murillo, 3772 Cameo Lane, San Diego, CA 92111

b. Adriana Orozco Vega, 3772 Cameo Lane, San Diego, CA 92111 This business is conducted by a General Partnership

Registrant first commenced to transact business under the above names as of 12/09/2019 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/09/19

LEGAL: 5170 PUBLISHED: December 19, 26, 2019, January 2, 9, 2020

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9029345 Name of Business

LACOUR'S LIONS DEN BARBERSHOP 3753 Mission Ave, Ste 112, Oceanside, CA

92058 Mailing address: 5345 Gooseberry Way,

Oceanside, CA 92057 County: San Diego This business is registered by the following: Coby Brazil LaCour, 5345 Gooseberry Way,

Oceanside, CA 92057 This business is conducted by an Individual Registrant first commenced to transact business under the above names as of 12/11/19 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN

DIEGO COUNTY ON 12/11/19 LEGAL: 5171 PUBLISHED: December 19, 26, 2019, January 2, 9, 2020

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9029499

Name of Business **FLUFF AND FLOSS**

900 N. Cleveland St. Spc 68, Oceanside, CA 92054

This business is registered by the following: Janet Cheryl Acuna, 900 N. Cleveland St. Spc

This business is conducted by an Individual THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/12/19 LEGAL: 5172

PUBLISHED: December 19, 26, 2019, January 2, 9, 2020

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9028853

Name of Business OASIS LAVENDER FARM

3073 Ridge Way, Fallbrook, CA 92028 County: San Diego This business is registered by the following: Connie Sue McCollom, 3073 Ridge Way, Fallbrook, CA 92028

This business is conducted by an Individual THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/04/19

LEGAL: 5173 PUBLISHED: December 19, 26, 2019, January 2, 9, 2020

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9029618

Name of Business **GOTCHA GOPHER** 2993 Clay Avenue, San Diego, CA 92113 County: San Diego

This business is registered by the following: a. Maile Elizabeth Soon, 2993 Clay Avenue, San Diego, CA 92113 b. Eduardo Marmolejo, 2993 Clay Avenue, San

Diego, CA 92113 This business is conducted by a General

Partnership THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/14/19

LEGAL: 5174 PUBLISHED: December 19, 26, 2019, January 2, 9, 2020

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2019-9028478

BONSALL RED 4582 Valle del Sol, Bonsall, CA 92003 County: San Diego

This business is registered by the following: Hueftle Inc., 1106 Second Street, #863. Encinitas, CA 92024 This business is conducted by a Corporation

This Corporation is located in the state of

Registrant first commenced to transact business under the above names as of 9/1/2019 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 11/26/19

LEGAL: 5175 PUBLISHED: December 19, 26, 2019, January 2, 9, 2020

FALLBROOK COMMUNITY PLANNING GROUP PRELIMINARY AGENDAS FOR SUB-COMMITTEE MEETINGS

FALLBROOK COMMUNITY PLANNING GROUP will meet at Live Oak School, 1978 Reche Road, Fallbrook, CA

7 PM, Monday, 20 January 2020

Jim Russell, Chair 760-728-8081

Land Use Committee will meet 14 January 2020 10AM at the Fallbrook Land Conservancy's Palomares House 1815 S. Stage Coach,

Open Forum. Opportunity for members of the public to speak to the Land Use Committee on any subject matter within the committee's jurisdiction but not on today's agenda. Three-minute limitation. Non-voting item. No discussion

Approval of the minutes for the last meeting.

PDS2018-MUP-18-003. Application for a Major Use Permit for Fallbrook Hacienda at 4103 Mission Rd., Fallbrook 92028 (APNs: 108-372-04-00, 108-372-05-00, and 108-372-07-00). Request for a Major Use Permit to use existing facilities as a wedding venue. New improvements are proposed for the project located on the 20.42 acres. Owner, Fruilla, Inc, 951-375-9052. Contact person Roberto Fruilla, 951-375-2052, Roberto@fallbrookhacienda.com. County Planner Nicholas Koutoufidis, Nicholas Koutoufidis@sdcounty.ca.gov 858-495-5329. Land Use Committee. Community Input. Voting item. (12/2)

Circulation Committee will not meet Tuesday, 14 January 2020 2 PM at the Fallbrook Land Conservancy's Palomares House 1815 S. Stage

Design Review Committee will meet Wednesday, 15 January 2020 9:30 AM at the Fallbrook Sheriff's Station, 388 East Alvarado Street.

Open Forum. Opportunity for members of the public to speak to the Design Review Committee on any subject matter within the committee's jurisdiction but not on today's agenda. Three-minute limitation. Non-voting item. No discussion.

Approval of the minutes for the last meeting.

Waiver request by Jerri Patchett, fjpatchett@sbcglobal.net. Fallbrook Arts, Inc. is planning two murals at the School of the Arts. The first replaces a mural on the exterior door of the ceramics studio (east wall, facing the Sheriff's Dept.). The door had to be repaired, which involved removing the mural. The second is to add a mural of a tree with glass leaves to the front of the Warm Glass Studio that faces south on Alvarado recognizing school donors. Design Review Committee. Community Input. Voting item. (12/24)

PDS2019-STP-91-032M1 Minor deviation request adding to existing sign at United Oil Station, APN 104-341-09-05, at 1202 S. Main Ave., Fallbrook. Domingo Rocha, domingo@promotionplusinc.com, 818-963-2613. County planner, Chloe Hird, chloe-hird@sdcounty. ca.gov, 858-495-5201. Design Review. Community Input. Voting Item. (12/30)

Eileen Delaney, Chair 760-518-8888

Parks and Recreation Committee will not meet Wednesday, 15 January 2020

Eileen Delaney, Chair, 760-518-8888

Public Facilities Committee will not meet Wednesday, 15 January 2020

Roy Moosa, Chair 760-723-1181

Published January 9, 2020

Notice of Sale

NOTICE OF SALE OF ABANDONED PERSONAL PROPERTY

IS HEREBY GIVEN THAT PURSUANT TO SECTIONS 21701-21715 OF THE BUSINESS AND PROFESSIONAL CODE SECTION 2328 OF THE COMMERCIAL CODE SECTION 535 OF THE PENAL CODE TAYLOR SELF STORAGE 1200 EAST TAYLOR ST. VISTA CA 92084 WILL SELL BY COMPETITIVE BIDDING ON JANUARY 23, 2020 AT 1:00 PM AUCTION TO BE HELD THE ABOVE ADDRESS, PROPERTY TO BE SOLD AS FOLLOWS:MISC GOODS PERSONAL ITEMS, FURNITURE AND

ANDRE ROLDAN MARK HILDERBRAND JAMES JARAMILLO CLAUDIA ROCHA DANIELA RODRIGUEZ HAL HLAVA MATTHEW ESPINOZA NEIGHBORHOOD FIRE PROTECTION RICARDO GUTIERREZ **RUBEN PADILLA** JONATHAN ZITTLE JESUS CASTRO

SUSAN POLICE

Temecula Valley Hospital to host a New Year Open House

TEMECULA - For anyone looking to start the 2020 New Year learning more about their health, Temecula Valley Hospital has them covered. They are invited to come to a special free Open House at Temecula Valley Hospital, Thursday, Jan. 9, from 3-7 p.m., to learn about its new and innovative services.

This community hospital has advanced treatments available so residents no longer need to leave the area for care. Visitors are welcome to Temecula Valley Hospital's Heroes Community Room for light refreshments and raffle prizes at the event.

Health and service information will include cardiovascular, neurosciences, orthopedics, emergency services, nutritional services, outpatient imaging, inspire sleep apnea procedure, LINX procedure, job openings, volunteer opportunities, medical records, patient portal and more.

Submitted by Temecula Valley Hospital.



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to sourcebook@reedermedia.com

Please include your name and phone number. Photos must be high resolution to be considered

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Don't miss a beat on what is happening in Fallbrook, Bonsall, Pala, De Luz and Rainbow. Whether it is breaking news, local youth sports, or information on events and activities, you will find it quickly and easily at

thevillagenews.com

Check it out. Often. 760**723-7319**

No limit on

number of

OBITUARIES



On Thursday, December 12, 2019, Joseph Donald Bator passed away with his wife Barbara by his

Joe was born May 6, 1941, in Detroit, Michigan. The eldest of six, he was a proud alumnus of St. Mary's of Orchard Lake High School and Wayne State University.

Joe enjoyed a distinguished career in the automobile industry working for Cadillac Motors in Detroit and then for the American Sunroof Corporation. After a 25-year career with ASC, he retired as President of Worldwide Sales and Distribution.

During retirement in Fallbrook, Joe enjoyed many activities. His love of travel, golf, classic cars and a tumbler of scotch was well known. He loved time spent with family and friends. Always one for a party, Joe enjoyed sharing good food and wine, lively conversation and laughter, lots of laughter.

A proud veteran of the United States Coast Guard, Joe believed in God, family and country. This commitment to service and good works continued with his involvement with the Knights of Columbus becoming a Grand Knight as well as a Faithful

During his life, Joe struggled with Multiple Sclerosis yet he remained optimistic, strong and brave.

Married for 55 years to his beloved wife Barbara, he was father to Anne Southwick and Mary Marsh. He leaves behind sons-in-law Timothy Southwick, Patrick Marsh and his three grandchildren, Grace Southwick, Ryan and Matthew Marsh as well as three brothers and

We will celebrate a great man and his wonderful life Monday, January 13, at a 10 a.m. Mass at St. Peter's Catholic Church in Fallbrook. A reception will follow in the Church Hall.

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Employment

Bobtail Driver Wanted: Anza Gas is looking for a bobtail driver, Applicants will need a commercial license with Haz mat, tank, and air brake endorsements. Must be 21 or older, and pass a drug test. Hours will be Monday - Friday 8-5. For more job details and applications inquire with our office. 56380 HWY 371 Anza, CA 92539 (951) 763-4422. Between La Cocina and the Anza Valley Liquor store behind Danielle's skin care.

Employment

Looking For Driver: Anza Gas is looking for a bobtail driver, Applicants will need a commercial license with hazmat, tank, and air brake endorsements. Must be 21 or older, and pass a drug test. Hours will be Monday - Friday 8-5. For more job details and applications inquire with our office. 56380 HWY 371 Anza, CA 92539. (951) 763-4422. Between La Cocina and the Anza Valley Liquor store behind Danielle's skin care.

CAREGIVERS NEEDED: Seniors Helping Seniors is hiring immediately for a caring and compassionate caregiver in Fallbrook and Temecula areas who are available to work weekends. If interested, please call 760.884.4111 for more information.

Miscellaneous

For Sale - Oak office desk: 24" x 48", wheelchair, power lift chair (excellent condition), shower chair - never used. 760-723-7704

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Bonsall, Pala, De Luz and Rainbow. Whether it is breaking news, local youth sports, or information on

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smoker, like football and rock & roll. Like to cook? Call Jan for more info.951-698-5357 East Ridge Home for Rent: over 55 gated community, 80 homes in Fallbrook. 2Brm/2B, 1750 sq' traditional, fireplace, W/D, 2car

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NATIONAL

6.4 quake strikes Puerto Rico amid heavy seismic activity

Danica Coto

The Associated Press

A 6.4-magnitude earthquake struck Puerto Rico before dawn Tuesday, Jan. 7, killing one man, injuring at least eight other people and collapsing buildings in the southern part of the island.

The quake was followed by a series of strong aftershocks, part of a 10-day series of temblors spawned by the grinding of tectonic plates along three faults beneath southern Puerto Rico. Seismologists said it's impossible to predict when the quakes will stop or whether they will get stronger.

The 6.4 magnitude quake cut power to the island as power plants shut down to protect themselves. Authorities said two plants suffered light damage and they expected power to be restored later Tuesday. Puerto Rico's main airport was operating normally, using generator power.

"I've never been so scared in my life," Nelson Rivera, a 70-year-old resident who fled his home in the city of Ponce, near the epicenter of the quake, said. "I didn't think we would get out. I said, 'We'll be buried here.'"

Puerto Rico's governor, Wanda Vásquez, declared a state of emergency and activated the territory's National Guard. She said some 300,000 households remained without running water by late Tuesday afternoon, and several hundred people were in shelters in affected municipalities. She said she had not spoken to President Donald Trump by late morning.

Teacher Rey González told The Associated Press that his uncle was killed when a wall collapsed on him at the home they shared in Ponce. He said 73-year-old Nelson Martínez was disabled and that he and his father cared for him.

Eight people were injured in Ponce, Mayor Mayita Meléndez told WAPA television. Hundreds of people sat in the streets of the city, some cooking food on barbecue grills, afraid to

damage and aftershocks.

The U.S. Geological Survey said the quake hit at 4:24 a.m. just south of the island at a shallow depth of 6 miles (10 kilometers). It initially gave the magnitude as 6.6 but later adjusted it. At 7:18 a.m., a magnitude-6.0 aftershock hit the same area. People reported strong shaking and staff at a local radio station said live on air that they were leaving their building

A tsunami alert was issued for Puerto Rico and the U.S. Virgin Islands after the initial quake, then canceled.

U.S. President Donald Trump was briefed on the earthquakes in Puerto Rico in the past month, including the one Tuesday, Judd Deere, White House deputy press secretary, said.

"Administration officials, including Federal Emergency Management Agency administrator Pete Gaynor, have been in touch with the governor and her team today, and we will continue to monitor the effects and coordinate with Puerto Rico officials," Deere said.

In the historic district of Ponce, authorities evacuated more than 150 people from two buildings they said were in danger of collapsing. Among them were more than two dozen elderly patients from a nursing home who sat in their wheelchairs in silence as the earth continued to tremble.

Amir Señeriz leaned against the cracked wall of his Freemason Lodge in Ponce and wailed.

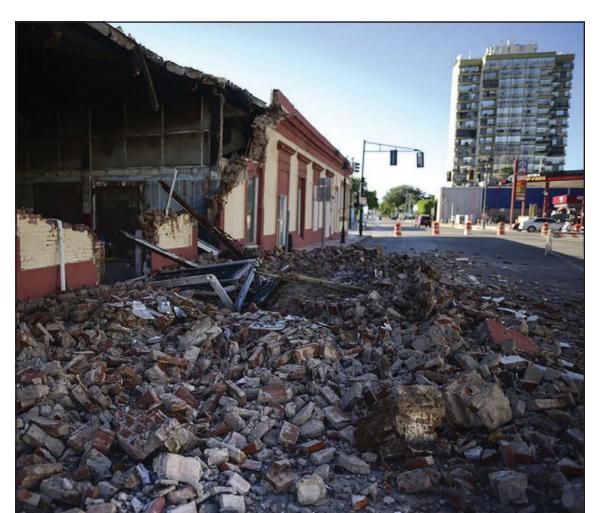
The roof of the 1915 building was partially collapsed and dust and debris lay around him.

Outside, he had already carefully placed 10 large historic paintings. The earth continued trembling as he went back into the building to recover more artifacts.

Helping him was artist Nelson Figueroa, 44, who said he slept in his street clothes.

"It was chaos," he said, adding that there was a traffic jam in his coastal neighborhood as terrified

Much of the damage was return home for fear of structural reported in the southwest coastal challenge," he said.



Debris from a collapsed wall of a building litters the ground after an earthquake struck Puerto Rico before dawn, in Ponce, Puerto Rico, Tuesday, Jan. 7.

AP photo/Carlos Giusti

town of Guayanilla, where the mayor said the municipality won't have power for at least two weeks.

A 19th-century church in Guayanilla partially collapsed.

Ruth Caravallo, 73, held on to the church's wrought-iron gate

"My sister was the secretary here," she said. "My husband died two months ago, and I held services for him here."

Around the corner, Father Melvin Díaz spoke to a friend on the phone and described damage to the church's icons.

"The Virgin fell, Saint Judas is intact," he said, chuckling.

Díaz surveyed the collapsed church and said he was optimistic about rebuilding.

"This isn't a problem; it's a

Some people rode their bicycles around the public plaza while others sought shade under lush trees that shook occasionally as the aftershocks continued.

In one corner of the plaza, 74-year-old Alvin Rivera paused as he scrutinized the damage

"It's terribly sad," he said. "People are panicked."

A 5.8 magnitude quake that struck early Monday morning collapsed five homes in Guánica and heavily damaged dozens of others. It also caused small landslides and power outages. The quake was followed by a string of smaller temblors.

The shake collapsed a coastal rock formation that had formed a sort of rounded window, called Punta Ventana, which

Guayanilla.

Residents in the south of the island have been terrified to go into their homes for fear that another quake will bring buildings down.

The flurry of quakes in Puerto Rico's southern region began the night of Dec. 28. Seismologists said that shallow quakes were occurring along three faults in Puerto Rico's southwest region: Lajas Valley, Montalva Point and the Guayanilla Canyon, as the North American plate and the Caribbean plate squeeze Puerto

One of the largest and most damaging earthquakes to hit Puerto Rico occurred in October 1918, when a magnitude 7.3 quake struck near the island's northwest coast, unleashing a

Australia to pay 'whatever it takes' to fight wildfires

The Associated Press

Special to Village News

Australia's government said Jan. 6 it was willing to pay "whatever it takes" to help communities recover from deadly wildfires that have ravaged the country.

Prime Minister Scott Morrison said the government was committing an extra 2 billion Australian dollars (\$1.4 billion) toward the recovery effort in addition to the tens of millions of dollars that have already been

"The fires are still burning. And they'll be burning for months to come," Morrison said. "And so that's why I outlined today that this is an initial, an additional investment of \$2 billion. If more is needed and the cost is higher, then more will be provided.'

Morrison's announcement of the funds, which will go toward rebuilding towns and infrastructure destroyed by the fires, came as the death toll from the disaster rose with the discovery of a body in a remote part of New South Wales. The body is believed to be that of a 71-year-old man who was last seen on New Year's Eve moving equipment on his property on the state's south coast, police said in a statement. Police found the body Jan. 6, between the property and a car, both of which had been destroyed by fire.

Another person in southern New South Wales was reported missing, New South Wales Premier Gladys Berejiklian said.

Nationwide, at least 25 people have been killed and 2,000 homes destroyed by the blazes, which have so far scorched an area twice the size of the U.S. state of

Maryland. Rain and cooler temperatures

Jan. 6 were bringing some relief to communities battling the fires. But the rain was also making it challenging for fire crews to complete strategic burns as they tried to prepare for higher temperatures that have been forecast for later in the week.

'With the more benign weather conditions, it presents some wonderful relief for everybody, the firefighters, the emergency services personnel, but also the communities affected by these fires," Shane Fitzsimmons, commissioner of the New South Wales Rural Fire Service, told reporters. "But it also presents some real challenges when it comes to implementing tactical and strategic back-burns and other techniques to try and bring these fires under control."

More than 135 fires were still burning across New South Wales, including almost 70 that were not contained. Officials have warned that the rain won't put out the most massive and most dangerous blazes before conditions deteriorate again.

Victoria state Emergency Services Minister Lisa Neville said at least 200 millimeters (8 inches) of rain would need to fall over a short period to snuff out the fires – around 20 times what has fallen across the region in the past day. And officials warned that Australia's wildfire season, which generally lasts through March, was nowhere near its end.

"No one can be complacent. We've got big fire danger coming our way toward the end of this week," Victoria state Premier Daniel Andrews told reporters in Melbourne. "We are by no means out of this. And the next few days, and indeed the next few months, are going to be challenging."



Village News/Twitter@NSWRFS via AP photo New South Wales Rural Fire Service crew members from Horsley Park RFS carry the casket of NSW RFS volunteer Andrew O'Dwyer during his funeral service at Our Lady of Victories Catholic Church in Horsley Park, Sydney, Tuesday, Jan. 7. O'Dwyer, 36, and RFS colleague Geoffrey Keaton were killed six days before Christmas when a tree fell in the path of their truck at the stillburning Green Wattle Creek fire, causing it to roll.

New South Wales Premier Gladys Berejiklian also urged Australians not to let their guard

Australia's capital, Canberra, had the worst air quality of any major city in the world for much of Jan. 6. The Department of Home Affairs, which is responsible for coordinating the country's response to disasters, told all noncritical staff to stay home because of thick smoke choking the city.

The prime minister said the military was attempting to get food, fuel and water to burnedout communities, and engineers were working to reopen roads and resupply evacuation centers.

On Kangaroo Island, a refuge off the coast of South Australia state for some of the country's most endangered creatures, teams arrived to help euthanize livestock and wild animals injured in the blazes. Hundreds of millions of animals are believed to have died already in the fires across the

Heavy smoke, meanwhile, was hampering the navy's efforts to airlift people out of Mallacoota, a coastal town in Victoria cut off for days by fires that forced as many as 4,000 residents and tourists to shelter on beaches over the weekend. Around 300 people were still waiting to be evacuated, Jan. 6.

The prime minister's announcement of relief funds comes as he finds himself under siege for what many Australians have viewed as his lax response to the crisis. On Jan. 4, he announced he would dispatch 3,000 army, navy and air force reservists to help battle the fires and committed 20 million Australian dollars (\$14 million) to lease firefighting aircraft from overseas.

Wildfires are frequent during the Southern Hemisphere summer, and Australians generally take a pragmatic view of them. But this year's fires arrived unusually early, fed by drought and the country's hottest and driest year on record.

Fallbrook & Bonsall AGE NEWS

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www.VillageNews.com Volume 24, Issue 2 January 9, 2020



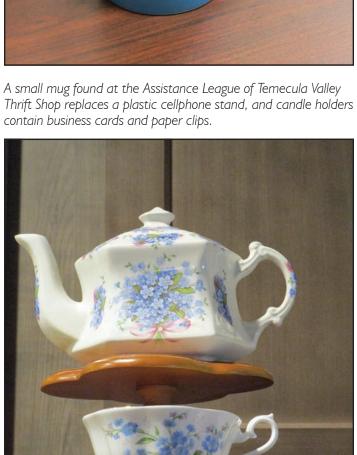
These little tea cups hold just the right amount of dessert; they were found at the



A single plate from St. Peter's Thrift Store adds a bright note to breakfast and is microwaveable.

Learn the art of thrifting*





While this teapot and cup look like a set, one came from the Angel Shop and the other from St. Peter's Thrift Store.



The Scandinavian tine box features hand painted with rosemaling and was found at an antique mall in Arizona.

Lucette Moramarco Associate Editor

Thrift stores thrive on the fact that "one man's junk is another man's treasure." Visiting thrift stores can not only satisfy a yen to shop, but also save shoppers money and put discarded objects to good use.

As many people donate items to these stores, there is an endless supply of "new" stock to look at. Back in May, when I took several car loads of stuff to the local thrift stores, I wasn't the only one cleaning house while moving as a few of the thrift stores temporarily stopped accepting donations. Their storage rooms were overflowing.

While I am trying to downsize my possessions, the urge to go shopping does strike once in a while, and I have found going to thrift stores to be a good alternative to going to other kinds of stores. If I take a few boxes and bags of donations with me, it is all the better. Besides, you never know what you will find, so just looking is a fun experience.

Reusing items is also fun. When my plastic cellphone stand broke, I decided to look for something at a thrift store to hold my phone on my desk. Finding a small blue mug that was just the right size worked great to hold my flip phone.

I am trying to use fewer paper plates, so finding a pretty plate with hydrangea on it, which is one of my favorite flowers, was another good score.

Finding items for the opportunity table at my Daughters of Norway meetings is another goal for my thrift shopping. My twin sister and I have found several Norwegian Christmas plates decorated with scenes in shades of blue to donate to our lodge.

We are always on the lookout for Scandivavian-looking sweaters too. Five years ago, I found my favorite one at a Goodwill Store near Denver, which is a much better place to look for sweaters. We were visiting our youngest sister who lived there at the time. Thrifting also yields unique souvenirs when you travel.

Antique malls are another good place to look for items you might not find elsewhere. When we visit our oldest brother in Tombstone, Arizona, there are antique malls in a nearby town that we like to visit. One time, I found a Scandinavian tine box, handmade and painted with rosemaling, for a very good price. That's one item I am keeping.

While I don't have time to remake items into something else, I did find an angel figurine missing its wings at St. John's Thrift Store, for a fraction of its original price. I plan on making her some new wire wings.

The Bottom Shelf Bookstore at Fallbrook Library is another place to find treasures. I like to look for books in some of the mystery series I am reading. You can't beat the price compared to the cost of new books.

Reusing preowned items is also another form of recycling and keeps still useful items out of the dump. With many Marines families moving in and out of town, I have seen dumpsters at apartment complexes filled with unwanted items that could have been donated to a thrift store. At least two local ones will pick up large items if you call them – Fallbrook Senior Center Thrift Store and St. Peter's.

Whenever you want to get rid of your stuff, remembering to take it to one of the many thrift stores in our area will not only give you more room, it will benefit many area residents as all the stores donate their proceeds to local

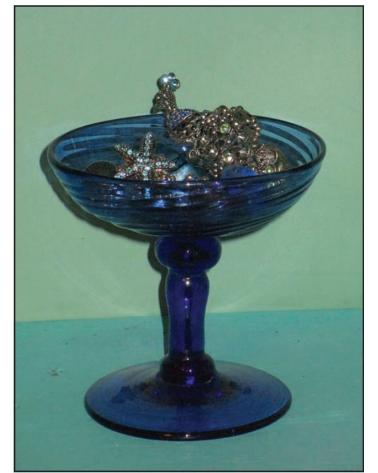
For more information, contact the thrift stores

Angel Shop, 1002 S. Main Ave., (760) 728-6513 Fallbrook Senior Center Thrift Shop, 399 Heald Lane, (760) 723-4602

Hidden Treasures Thrift Store, 913 S. Main Ave., (760) 723-2800 St. John's Thrift Shop, 1075 S. Mission Road,

(760) 723-9520 St. Peter's Thrift Store, 520 S. Main Ave., (760)

Bottom Shelf Bookstore, 124 S. Mission Road, (760) 451-9606.



An orphaned dessert cup, picked it up at a thrift store in Arizona, makes a pretty ring holder.



This lamp and shade are from two Village News/Lucette Moramarco photos different thrift stores, Hidden Treasures and St. Peter's; the shade will be painted to match the lamp.

Thrifting, noun / 'THriftiNG'/

Thrifting refers to the act of shopping at a thrift store, flea market, garage sale, or a shop of a charitable organization, usually with the intent of finding interesting items at a low price.

REAL ESTATE AND HOME & GARDEN

Get ready for late-winter pruning

Frank Brines

ARS Master Consulting Rosarian

Happy New Year! This month I'm going to help you get ready for the major late-winter pruning that garderners should do in midto late-February. I'll provide details on pruning in my February column. Gardeners are welcome to join me for an in-person rose care workshop at Rose Haven Heritage Garden, 30592 Jedediah Smith Road, in Temecula, Saturday, Jan. 25, from 10 a.m.

week's weather forecast for the Temecula Valley and other inland valleys is for some rain in most areas and lows in the 30s. In the Temecula Valley, the last average frost date is March 31, so it's probably safe pruning in mid- to late-February. Of course, it's always a gamble. The best advice is to watch the weather.

But this month is the time to get those tools ready. Gardeners need a good pair of "bypass" hand pruners that fit comfortably in their hand. "Bypass" pruners



Bypass pruners are needed for pruning rose bushes.

to noon. Bring your questions.

In this area – the corridor from Riverside to San Diego - this major annual pruning should be done around mid-February. It resets the plants' biological clock, acting as a wake-up call to begin a new life cycle. Gardeners can expect the first flush of blooms about 10 weeks after pruning.

As much as they'd like to have blooms as soon as possible, gardeners must not jump the gun on this. Some gardeners think pruning in December or early January will give them a head start on flower production, but that's a delusion. First, even if January brings exceptionally warm air temperatures, the soil will still be quite cold, so the roots and stems will not be "revved up" for much active growth - the head start won't amount to much. More importantly, if early pruning is followed by a hard frost they'll probably lose the tender young growth and have to prune again. Will the remaining canes be long enough and have enough stored energy for vigorous spring growth? Will they have enough outward-facing buds? Probably not. Simply stated, pruning too early will set back stem growth and flower production and can ruin the chances of strong, wellformed plants.

I think you'll be able to hold off after experiencing the recent storms that brought plenty of cold rain and freezing -or near freezing – nighttime temperatures to the Temecula Valley. Next

have a sharp curved cutting blade which slices through the cane and a dull curved non-cutting blade which holds the cane in place during the cut. The sharp blade "bypasses" or slides over the dull curved blade. This style is in contrast to pruners that have a sharp flat blade that comes to rest against a flat dull blade; toss those pruners out.

At minimum, also have at least one pair of sturdy loppers handy. Each size has a maximum diameter it can cut efficiently. Using pruners or loppers that are too small on a too-large cane can damage both the tool and the cane. A hand saw with a narrow blade can also be handy if the garden has some older plants with large canes that may need to be

All tools should be kept clean. Rubbing alcohol and cotton balls are ideal for cleaning cutting blades, before and during the job. This treatment helps prevent disease transmission from plant to plant and it can be used it as first aid on any personal cuts, scratches and punctures too. On that note, a good pair of leather gloves is necessary with long sleeves or separate pair of sleeves to protect the gardener's arms.

Before starting the job, apply a little light oil, such as 3-in-1 oil, to each tool's moving parts and make sure they operate without resistance. Sharpen each blade with a small diamond file, which is available at garden centers, trying as much as possible to



January is time to plan for future roses.

match the original bevel of the blade. While actually pruning, swipe the file over the blade a few times every 100 cuts or so to keep it sharp. If a gardener notices that their pruners are crushing the stems or leaving a tail, it's past time to sharpen them. To minimize damage to the cane, keep this rule in mind: The sharp blade should always face the part of the plant that will be left. This position will minimize the crushing of the cane or stem as it will be the part that is discarded. This rule also works for preparing stems for arranging or putting

January and February are excellent months for planting new roses in the valley. Still, gardeners can usually wait until March to plant and still expect the roots to form relationships with beneficial soil fungi and become showstoppers as early as May, well ahead of the summer heat. Potted rose bushes will be optimal for late plantings.

For now, be thinking about adding one or two new roses to the garden in spring. Roses offered for sale are rated by quality. I recommend buying only No. 1 roses - they are the surest guarantee of success, with all horticultural methods employed to provide satisfaction – don't waste time and money on anything lower. Higher quality plants have a higher chance of success, require less effort and acclimate faster. Also, the cost of any rose is a very small fraction of what a gardener will eventually invest in that plant over the years in water, fertilizer, pest control and effort, so why not start with



Pruning requires a good pair of gloves and long sleeves.

a first-quality plant?

Roses may arrive as "bare root," potted or packaged. Bare root plants are just that, usually packed in wood chips to keep the roots damp and viable. They are slower to thrive, and it is best to get them early and planted immediately so they have the maximum amount of time to become established. When planting a bare root rose, be sure to soak its roots in water for 24 hours, then plant promptly. Packaged roses are the slowest to thrive as they have been drastically root pruned to fit into the plastic sleeves. Potted roses make the quickest and most successful transition to the garden, but they also tend to be more expensive and not as plentiful in selection, but as I said, the initial cost will pale against what is put into the plant in the years to come.

Rose plants are beginning to be

stocked at nurseries and retailers now. There might be some good values from many sources: local nurseries and reputable online retailers who specialize in roses. New stock will begin appearing in nurseries this month, and online suppliers usually ship in mid-January. But be sure to shop early for the best selection – and if possible, be sure to consult the "American Rose Society Buyer's Guide," which gardeners will receive with their annual ARS membership or renewal. I received my ARS 2020 Rose Annual edition a month or two ago, and in my opinion it is one of the best issues published so far. It is full of rose information

As I said earlier, I will provide guidance on that allimportant annual pruning in the February column. Also, check local newspapers and nursery websites for schedules of handson pruning classes at different locations, and the TVRS Rose Society will have hands-on pruning demonstrations Jan. 25, at Rose Haven Heritage Garden, 30592 Jedediah Smith Road, in Temecula. Bring clean, sharp, bypass pruners in good working condition, and be prepared to learn and to lend a hand pruning under experienced direction. It will be a great opportunity to get questions answered, hone skills and boost confidence.

and tips and new varieties to try.

Visit www.temeculavalley <u>rosesociety.org</u> for information on future programs and events in the garden. And spread the joy of roses!









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Pacific Hydrotech to rehabilitate FPUD's Overland Trail Lift Station

Joe Naiman

Village News Reporter

Pacific Hydrotech will be rehabilitating the Fallbrook Public Utility District's Overland Trail Lift Station.

A 4-0 FPUD board vote Dec. 9, with Don McDougal absent, awarded the Perris company a \$2,490,150 contract.

"We're combining two lift stations into one more reliable lift station," FPUD general

manager Jack Bebee said.

The existing Anthony's Corner Lift Station will be demolished, and the existing Overland Trail Lift Station will be rehabilitated. The capacity for the Overland Trail Lift Station will be increased to handle the flows currently handled at the Anthony's Corner Lift Station.

The rehabilitation of the Overland Trail Lift Station will include replacing the pumps, electrical and controls equipment and backup generator. The existing wet well will be expanded, and modifications will be made to the existing controls building.

"It's an older facility that needs some rehabilitation work," Bebee said.

The expansion of the Overland Trail Lift Station will eliminate the need for work other than demolition on the Anthony's Corner Lift Station.

"That also needed significant

rehabilitation," Bebee said.

FPUD staff along with Infrastructure Engineering Corporation prepared a design package and solicited bids. Nine bids were received by the Nov. 20 deadline.

Pacific Hydrotech of Perris submitted the low bid of \$2,490,150. The second-lowest bid amount of \$2,538,032 was from Rainbow's SCW Contracting Corporation. The past Pacific Hydrotech work for

FPUD includes the construction of the district's ultraviolet disinfection facility.

FPUD's total budget over a two-year period for the project is \$3,000,000, which will include administration and construction management costs. The capital budget calls for expenses of \$1,500,000 during fiscal year 2019-2020 and \$1,500,000 in 2020-2021.

FPUD amends Silverthorn Ranch Nursery lease

Joe Naiman

Village News Reporter

Silverthorn Ranch Nursery leases approximately 7 1/2 acres of Fallbrook Public Utility District property, and Dec. 9 FPUD's board approved an amended lease.

The 4-0 board vote with Don McDougal absent reduced the leasehold from 7.57 to 7.51 acres and authorized the cultivation and harvesting of additional legal agricultural crops.

"It was just to coordinate with the Santa Margarita Conjunctive Use Project and also allow them

to utilize the property for any approved agriculture purposes,' FPUD general manager Jack Bebee said.

The lease is on FPUD's Alturas Road property and is just south of the area for FPUD's Santa Margarita River Conjunctive Use Project facilities. FPUD initially approved a six-year lease with Silverthorn Nursery in October

The original lease was for 7.57 acres. On July 22, the FPUD board approved a construction contract with Filanc Alberici JV to build FPUD's portion of the Santa Margarita River Conjunctive Use Project.

The U.S. Marine Corps Base Camp Pendleton infrastructure will include piping to deliver the water to the boundary of the Naval Weapons Station and Fallbrook behind the FPUD solar facility site on Alturas Road; construction of the facilities from the NWS boundary is FPUD's

responsibility. The water will be treated at the Alturas Road plant and delivered into FPUD's distribution system. A construction road will access the main worksite at the Alturas plant, and the boundary of the lease with Silverthorn Ranch

Nursery needed to be adjusted. Silverthorn owner Wayne Loomis agreed to the reduction of the lease area by 0.06 acres.

Loomis is also interested in growing industrial hemp on the leased property. "Under the current language

you couldn't do that," Bebee

The lease language before the amendment limited the agricultural activities to operations necessary for the cultivation and harvest of ornamental plants, palm trees and cacti. The new lease allows the harvest and cultivation of any

legal agricultural crop.

The cultivation of industrial hemp will require government permitting.

"There's a whole permitting process they have to do if they want to do that," Bebee said. "They're responsible for all the permitting."

The lease amendment also added a sentence that any necessary permits to cultivate a specific agricultural crop will be the sole responsibility of Silverthorn. The lease previously prohibited on-site sales, and that sentence was unchanged.

NFPA encourages prompt removal of Christmas trees

QUINCY, Massachusetts – If residents are having trouble parting with their Christmas tree, here's a fact to motivate them: Nearly one-third, or 29%, of U.S. home fires that begin with Christmas trees occurs in January.

With this potential fire hazard in mind, the National Fire Protection Association strongly encouraged everyone to remove Christmas trees from their homes promptly after the holiday season.

"Christmas trees are combustible items that become increasingly flammable as they continue to

dry out," Lorraine Carli, NFPA's vice president of outreach and advocacy, said. "The longer you keep one in your home, the more of a fire hazard it becomes."

NFPA statistics showed that Christmas tree fires are not common, but when they do occur, they're much more likely to be serious. On annual average, one of every 52 reported home fires that began with a Christmas tree resulted in a death, compared to one death per 135 total reported home structure fires.

All Christmas trees can burn,

but a dried-out tree can become engulfed in flames in a matter of seconds," Carli said. "In recent years, we've seen tragic incidents where Christmas tree fires have resulted in deadly consequences for multiple family members, including young children."

NFPA recommended using the local community's recycling program for tree disposal, if possible; trees should not be put in the garage or left outside. The association also offered these tips for safely removing lighting and decorations and storing them properly to ensure that they're in good condition the following season:

Use the gripping area on the plug when unplugging electrical decorations. Never pull the cord to unplug any device from an electrical outlet, as this strain can harm the wire and insulation of the cord, increasing the risk for shock or electrical fire.

While packing up light strings, inspect each line for damage, throwing out any sets that have loose connections, broken sockets or cracked or bare wires.

Wrap each set of lights and put them in individual plastic bags or wrap them around a piece of cardboard.

Store electrical decorations in a dry place away from children and pets where they will not be damaged by water or dampness.

For more information on home fire safety all winter long, visit "Put a Freeze on Winter Fires," a winter safety campaign NFPA promotes annually with the U.S. Fire Administration, https://www. usfa.fema.gov/.

Prevent the hazard of overloaded electrical circuits

FALLBROOK - A home is a safe haven for its residents. No matter what's going on at school or the office, many people know they can relax in comfort and safety when they arrive home at the end of a day.

Safety at home is something that can be taken for granted until it's too late. The National Fire Protection Association said that each year more than 47,000 home fires in the United States are caused by an electrical failure or malfunction.

Overloaded electrical circuits are a frequent culprit in residential fires. Fortunately, overloaded circuits are preventable.

According to the Electrical Safety Foundation International, the following are some potential indicators that circuits are overloaded: flickering, blinking or dimming lights; frequently tripped circuit breakers or blown fuses; warm or discolored wall plates and cracking, sizzling or buzzing from receptacles.

Also look for a burning odor coming from receptacles or wall switches and a mild shock or tingle from appliances, receptacles or switches.

Learning to recognize the signs of overloaded circuits is an important step in making homes safe, as the NFPA said that home fires contribute to hundreds of deaths and more than 1,500 injuries each year. Such fires also hit homeowners in their pocketbooks, causing an estimated \$1.4 billion in property damage annually.

Prevention is another key component when safeguarding a home and its residents from fires sparked by electrical failures of malfunctions. The ESFI offers the following tips to prevent electrical overloads.

Never use extension cords or multi outlet converters for appliances.

All major appliances should be plugged directly into a wall receptacle outlet. Only one heatproducing appliance should be plugged into a receptacle outlet at any given time.

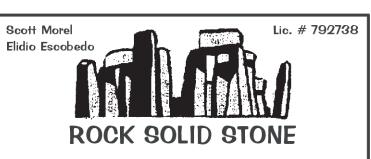
Consider adding new outlets

to the home. Heavy reliance on extension cords indicates that the home does not have enough outlets. Bring in a qualified electrician to inspect the home to determine if more outlets are necessary.

Recognize that power strips only add additional outlets; they do not

change the amount of power being received from the outlet.

Fires sparked by electrical circuit overload pose a significant threat. Thankfully, such fires are preventable. Learn more at www. esfi.org.



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Real Estate Round-Up: Read first, then sign



Kim Murphy Murphy & Murphy Southern California Realty

It's a new year, and I want to start out with a column about a tool most real estate practitioners use on a very regular basis, to help streamline the process of selling or buying property: DocuSign.

DocuSign was founded in 2003 and began selling the product in 2005 when zipForm, now zipLogix, integrated DocuSign into its virtual real estate forms.

In 2010, DocuSign added support for iPhone, iPad and phone-based user authentication. By 2012, 90% of Fortune 500 companies signed up to utilize DocuSign. In 2013, DocuSign and Equifax partnered to simplify the electronic delivery of the Requests for Transcript of Tax Return Form 4506-T to the United States Internal Revenue Service.

DocuSign has become a mainstay in the real estate transaction. It has made the process of executing documents between buyer and seller, expedient and seamless. It provides a complete record of every document that is completed to all parties who signed the document and lives in the "cloud" for historic preservation and includes certificates of authentication to provide validity to the signors.

Knowing this information, why is it my first topic of 2020? The ease of everything has created a passive participation by many signors. Let me explain. I became a licensed Realtor in 1997. Way back then, Realtors had to meet face to face with most of their clients.

There was the occasional buver or seller who was out of the area, which meant that "faxing" was the means of formalizing contracts. Mostly, however, Realtors met with their clients and met with the Realtor who represented the other party to exchange documents so that the other party could evaluate the document and respond to the document. All done in "wet signatures." It was cumbersome but personal. It was time consuming but deliberate. Relationships were built, communication was clear, questions were answered and transactions were completed.

Back to my position that DocuSign has created a wave of passive signors. When we meet with sellers, we make our presentation when we interview for the listing. If we are fortunate enough to secure the listing at that meeting, we present the listing documents, face to face, making sure to explain in detail the contract, answering any

questions and ultimately executing the document.

If, however, the listing occurs after the first meeting, it can be executed via DocuSign. Despite the attempt to explain the document via email or to request that the sellers contact us with questions before signing, we truly don't know what the sellers do when they receive the document. We don't know if they review the document at all.

A similar experience exists to a greater degree with buyers. Many buyers prepare for purchasing a property by getting pre-qualified and accessing proof of funds from their financial institutions. Buyers start the process of viewing property until they find the right home.

After days or weeks of viewing homes, often buyers feel the need to "go home to digest everything and make a decision." That need sounds great. I would want to digest and discuss everything with my husband before I made a big financial decision like purchasing a home. But then, DocuSign becomes the tool to formalize the purchase agreement. Once again, the face to face experience is eliminated for efficiency.

Don't get me wrong. I love DocuSign. It makes everything easier for all parties involved. But it must never achieve that goal without prudent questions and informed answers so that all parties truly understand what they are signing.

The ease of the process reminds me of what it is like when you sit in front of the finance guy at an auto dealership. They put pages of documents in front of buyers to sign. They explain, minimally, what the documents are stating, the buyer signs and walks out with a car. It's a little different because other than price and terms, there's not a lot to negotiate over when leasing or purchasing a car. With a home, there are many additional items that can be negotiated.

Here's my concern. Sellers and buyers generally trust their Realtor, so it is based on this trust that they too often just click through DocuSign, without reading the documents at all.

Sellers and buyers should trust their Realtor; we have a fiduciary to our clients. Trust is listed as the No.1 characteristic client expect from their Realtor. The thing is, what's important to me, could be entirely different from what is important to my client.

As homeowners plan for 2020 and the potential selling or buying of property, they should continue to trust their Realtor, but they should also remember to read all documents before signing them. The power and responsibility are ultimately belong to the buyers and sellers. They shouldn't take it lightly.

Happy 2020! We are here to help you and your friends and family with their real estate needs.

Kim Murphy can be reached at kim@murphy-realty.com or (760) 415-9292 or at 130 N Main Avenue, in Fallbrook. Her broker license is #01229921, and she is on the board of directors for the California Association of Realtors.



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EDUCATION

Menard joins the Peace Corps Overall postsecondary

FALLBROOK - Joel and Johanna Menard, the parents of Jeffrey Menard, announced his acceptance into the Peace Corps to serve in Albania. Jeffrey is a December 2019 graduate of Northern Arizona University with a bachelor's degree in biology and a minor in psychological sciences.

He is also a member of the Landshark Rugby team. Jeffrey Menard graduated from Fallbrook Union High School in 2015.

His duties in Albania will include serving as a health services volunteer. He will be working in elementary and middle schools and hopes to develop a local rugby program while he is there.

Jeffrey Menard intends to enroll in a physician assistant program upon his return to the United States in April 2022.

He departs for Albania in mid-

Submitted by Joel and Johanna Menard.

Jeffrey Menard, a graduate of Northern Arizona University, will serve with the Peace Corps in Albania.

Village News/Courtesy photo

Former Olympian prepares for Palomar College Fire Academy



Lynda Morales, a former three sport athlete at Fallbrook High who competed at the Village News/Courtesy photo 2016 Olympics in volleyball, now plans on making it into the Palomar College Fire Academy.

SAN MARCOS – At the age of 31, Lynda Morales has already lived the kind of highlight reel most athletes only ever dream of, culminating in Rio de Janeiro in

Now she's ready for her next act as a firefighter – with some beach volleyball on the side.

"The physicality of the sport correlates well with being a firefighter – you need to be in good shape and working in the sand is really good for your joints and strengthens your legs," Morales said. "It's perfect."

Morales, 31, spent the fall 2019 semester preparing for the Palomar College Fire Academy – a regimen that included physical training and learning about fire science. She said she hopes to get into the 2020

academy that begins in August. A three-sport athlete at Fallbrook High School, Morales took up volleyball in her sophomore year only to be approached the following season by a scout from California State University Northridge offering a full scholarship. Then, while in her final college season, she got an email from a manager of a professional team in Puerto Rico, asking if she had any Puerto Rican descent in her family.

She is half Puerto Rican - one of an elite few Puerto Rican women who are 6-foot-2, she said - and within months she was living in the Caribbean and playing professional volleyball as a middle

Being on the Puerto Rican professional volleyball circuit also meant being part of the national team, which was preparing for an Olympic run when she arrived. The team made history by earning one of 12 qualifying spots in the 2016 Summer Games in Rio, and Morales recalled the experience as one of surreal encounters and intense competition. China's team won the women's indoor volleyball gold that year.

"It was phenomenal: I enjoyed all of it – living in the Village, going to the Opening Ceremony, going to the games," she said. "You're surrounded by the best athletes in the world, and I kind of went, wow, that's amazing - the pinnacle of my volleyball career."

After the Olympics, she started thinking of what would come next. Her family was in Southern California, near what she calls "the mecca of U.S. beach volleyball" better known as the Los Angeles beachfront – and she was attracted to firefighting as a career.

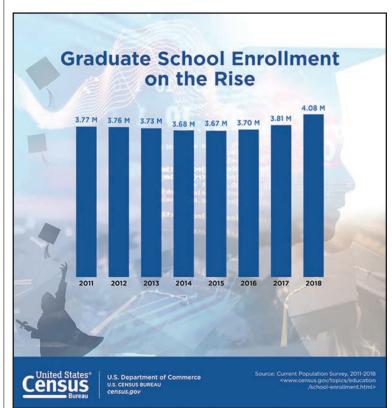
"I knew I wanted a job that was physical," she said. "I went on a ride-along about a year ago with the San Diego City Fire Department and loved it, the whole experience – the rush of getting a call, jumping on the engine, going out and helping people. And then hanging out in the station."

When the time came, she chose Palomar College: "It's very well known, in a positive way, as having one of the top fire academies in Southern California."

Morales may have retired her Olympic jersey - YouTube highlight reels show Puerto Rico's No. 18 driving the ball and blocking dominantly –but her days of working as part of a team in a challenging physical environment

are far from over. "Palomar made it possible for

school enrollment dips since 2011



Courtesy of U.S. Census Bureau

Erik Schmidt

Special to Village News

Despite an overall decline in school enrollment, the number of people enrolled in graduate and professional schools in the United States jumped 8.1% from 2011 to

From October 2011 to October 2018, the total number of people enrolled at all levels of school declined by 2.2 million to 76.8 million people, according to recently released data from the U.S. Census Bureau's Current Population Survey School Enrollment Supplement.

Over the same period, the number of students in graduate and professional school increased by 307,000 to 4 million.

Among those in graduate school, 38% were in their first year and half were working full time.

Fewer college students

In October 2018, 18.9 million people were enrolled in college, 1.5 million fewer than in 2011.

From 2011 to 2018, undergraduate college enrollment dropped by 1.8 million. During the same period, the number of students enrolled in two-year colleges dipped by 25%, or 1.4 million, to 4.3 million.

The decline in two-year college enrollment was not statistically different from the decrease in total undergraduate enrollment and neither decrease was significantly different from the 1.5 million decrease in the number of people enrolled in college.

me to pursue firefighting," she

More student diversity

Over the past 15 years, there has been a notable shift in the race and Hispanic origin makeup of students: Among all people enrolled

in school, non-Hispanic white students made up 62% of total enrollment in 2003. Their share declined to 52% of enrollment

- Hispanic enrollment went from 16% to 24% during the same period.
- Black enrollment did not differ significantly at 15% in both 2003 and 2018.
- Asian enrollment increased from 4% in 2003 to 6% in 2018.
- The race and Hispanic origin composition of college enrollment also changed from 2003 to 2018:
- Non-Hispanic white students declined from 68% to 54% of total college enrollment.
- College enrollment of black students increased from 13%
- Hispanic college enrollment rose from 10% to 19%.
- Asian enrollment increased from 7% to 9%.

Information about school enrollment can be found in the 2018 school enrollment tables, https:// census.gov/data/tables/2018/ demo/school-enrollment/2018cps.html.

Erik Schmidt is a survey statistician in the Census Bureau's Social, Economic and Housing Statistics Division.



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BUSINESS

Look for changes in retirement plans



Edward Jones financial adviser Brian Schrock

FALLBROOK - It might not have made the headlines, but a recently passed piece of legislation could affect the IRAs and 401(k) s of millions of Americans beginning in 2020. So, if you have either of these accounts, or if you run a business, you'll want to learn more.

The new laws, collectively called the Setting Every Community Up for Retirement Enhancement Act, include these noteworthy changes:

• Higher age for RMDs – Under current law, you must start taking withdrawals - known as required minimum distributions, or RMDs - from your traditional individual retirement account and 401(k) or similar employer-sponsored plan once you turn 70 1/2. The new law pushes the date to start RMDs to 72, which means you can hold on to your retirement savings a bit longer.

 No age limit for traditional IRA contributions - Previously, you could only contribute to your traditional IRA until you were 70 1/2, but under the SECURE Act, you can now fund your traditional IRA for as long as you have taxable earned income

• Limitation of "Stretch IRA" provisions – Under the old rules, beneficiaries were able to stretch taxable RMDs from a retirement

account over his or her lifetime. Under the SECURE Act while spouse beneficiaries can still take advantage of this "stretch" distribution, most non-spouse beneficiaries will have to take all the RMDs by the end of the 10th year after the account owner passes away. Consequently, nonspouse beneficiaries who inherit an IRA or other retirement plan could have tax implications due to the need to take larger distributions in a shorter timeframe.

• No early withdrawal penalty for IRAs and 401(k)s when new child arrives. Typically, you must pay a 10% penalty when you withdraw funds from your IRA or 401(k) before you reach 59 1/2. But now, with the new rules, you can withdraw up to \$5,000 from your retirement plan without paying the early withdrawal penalty, as long as you take the money within one year of a child being born or an adoption becoming final.

Some provisions of the SECURE

Act primarily affect business owners:

• Multi-employer retirement plans - Unrelated companies can now work together to offer employees a 401(k) plan with less administrative work, lower costs and fewer fiduciary responsibilities than individual employers now encounter when offering their own retirement plans.

• Tax credit for automatic enrollment - The new law provides a tax credit of \$500 for some smaller employers who set up automatic enrollment in their retirement plans. And a tax credit for establishing a retirement plan has been increased from \$500 to \$5,000.

• Use of annuities in 401(k) plans - It will now be easier for employers to consider including annuities as an investment option within 401(k) plans. Previously, many businesses avoided offering annuities in these plans due to liability concerns related to the

annuity provider, but the new rules should help reduce these concerns.

The SECURE Act is the most significant change to our retirement savings system in over a decade. We encourage you to contact your financial adviser, tax professional and estate planning attorney to assess the potential impact on your investment strategies and determine any possible tax and estate planning implications of the SECURE Act.

Edward Jones financial adviser Brian Schrock is located at 1434 S. Mission Road, Suite B, in Fallbrook. For more information, call (760) 731-3234.

This article was written by Edward Jones for use by your local Edward Jones Financial Adviser.

Edward Jones, its employees and financial advisers cannot provide tax or legal advice. You should consult your attorney or qualified tax adviser regarding your situation.

FPUD awards contract for Winter Haven Road pipeline replacement

Joe Naiman

Village News Correspondent

The Fallbrook Public Utility District pipeline along Winter Haven Road will be replaced.

FPUD's 4-0 board vote Dec. 9, with Don McDougal absent, approved the contract with Kirtley Construction for the San Bernardino company's bid of \$750,400.

"It's just replacement of an old pipeline with a new one," Jack Bebee, FPUD general manager,

FPUD has a pipeline and valve replacement program which includes a priority list based on pipelines' ages and rates of past

"Every year we have pipelines we target for replacement," Bebee said. "What we're working on doing is getting away from unplanned outages.'

Not only did the age, condition and leak history of the Winter Haven Road pipeline justify its replacement, but its location in a wooded area makes access difficult so a new pipeline will reduce maintenance needs. The Winter Haven Road pipeline replacement project consists of approximately 1,950 linear feet of

12-inch cement mortar lined and coated steel pipe and associated appurtenances along with 620 linear feet of six-inch polyvinyl chloride pipe.

Eight bids were received by the Nov. 20 deadline. Kirtley Construction had the low bid, and TE Roberts of Orange submitted the second-lowest bid at \$844,950. In 2016 Kirtley Construction, which does business as TK Construction,

replaced the isolation valves on the main transmission line from Red Mountain Reservoir so FPUD has previous experience with the contractor.

Even with construction management and other administration costs the project is expected to be completed within the \$860,000 budget previously established for the capital program.

Reducing conflicts with your boss

American Counseling Association

Special to Village News

If you're in a work situation where you have a strong, positive relationship with that supervisor or boss above you, congratulations. While it definitely does happen, this is not always the case for many of us in our jobs.

Good relationships with a supervisor require effort on your part, but it's effort that pays dividends. Studies have shown that one of the most important things affecting someone's job

performance, stress levels, and overall job satisfaction and happiness is the relationship they have with the person above them.

Your work relationship will usually improve when you take a more proactive role in creating that relationship. You can start by trying to understand what is important to him or her as a person. Are there pet peeves or things about your department or company that matter greatly to him or her? Is your boss stuck with having a difficult boss?

A basic rule is to try to understand what your supervisor actually expects from you. It isn't always obvious. You may need to ask questions and seek clarification. Does he or she value timely reports, meeting deadlines and showing initiative? Is a certain dress code important? Are there things that may seem trivial to you but that matter to him or her? Understanding what's important to your boss makes it easier to meet those goals or to discuss alternatives that will keep him or her satisfied.

It also helps to be flexible and understanding. It may not be clear why a meeting was rescheduled or that deadline moved, but it wasn't done simply

to upset you. Understand that your boss also faces deadlines and pressure. Most bosses appreciate employees who can accept that there was usually a good reason for the changes.

It's important to open up communication. Take the initiative. Keep him or her up to date on how things are progressing and make it easy for your boss to talk to you. Share ideas and concerns and give weight to the things that your boss seems troubled by.

Make building a positive relationship with your boss part of your responsibilities. you. None of us is capable of changing another person, only ourselves. Working to establish a relationship with your boss that shows your understanding and flexibility can lead to a more positive, enjoyable work environment where sharing ideas and positive accomplishments can flourish.

Recognize that it starts with

Counseling Corner is provided by the American Counseling Association. Comments and questions to ACAcorner@ counseling.org or visit www. counseling.org.

Rainbow approves meter replacement contract

Joe Naiman

Village News Correspondent

The Rainbow Municipal Water District approved a contract with Concord Utility Services for a districtwide meter replacement.

Rainbow's 4-0 board vote Dec. 3, with Michael Mack absent, authorized Rainbow general manager Tom Kennedy to execute a professional services contract with Concord Utility Services. The

cost of the contract is \$1,528,492, and some water services may require reconstruction which will carry a cost to be determined.

"This will allow us to start our water service upgrade project sometime after the first of the year. It will improve water service for all our customers," Kennedy said.

In 2015 the Rainbow district conducted a water audit using the American Water Works

Association water audit software. *Fallbrook's* Friendly Lawyer with Friendly Fees

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The audit compared the quantity of water Rainbow purchased from the San Diego County Water Authority with the water sold through customer meters to determine the amount of water which was purchased but not sold. That process also accounts for water placed in or withdrawn from district reservoirs.

Approximately 7% of the water Rainbow purchased was not accounted for through sales or storage addition. Based on 1,260 acre-feet of loss and a wholesale rate, not including fixed charges, of \$1,305 per acre-foot Rainbow staff estimated that the losses were costing the district approximately \$1.6 million annually.

District staff assessed whether the lost volume was due to leaks or to meter inaccuracies. Rainbow's largest leaks divert approximately 1 acre-foot of water, so the average of 3.5 acre-feet per day ruled out leaks as the cause and led to a review of the district's meters.

In 2016 and 2017, Rainbow and ABM Building Solutions performed meter testing which involved the random testing of 333 meters of various sizes. Each meter was tested at low, medium and high flow scenarios. The analysis determined that approximately 6.4% of water delivery was not

recorded due to inaccurate meters. New meters register near 100% accuracy, but the district has nearly 8,000 service connections and its meter services staff has day-to-day customer service and metering tasks while also installing new meters to accommodate growth in the district. The testing of the 333 meters took a full year due to the other activities of the meter crews, so the use of internal staff to replace 8,000 meters would not solve the problem in a timely manner and Rainbow also lacks the project management staffing to contract labor for the project.

Rainbow's August 2018 board meeting included a vote to approve a contract with ABM Building Services to purchase the meters and manage the project, and ABM used Concord Utility Systems as its vendor. Concord has an office in Murrieta, and Rainbow previously had experience with that company.

The previous contract with ABM determined the scope of work required for each service when ABM or Concord arrived at the site for the work. That was identified as a risk factor since the conditions encountered could pose problems in terms of the tools and materials needed at each service, and more rigorous project management and inspection would have been needed to ensure that unnecessary work was not being performed and billed to the district.

The ABM contract has been completed. Rainbow staff subsequently identified a more efficient process in which the district would contract directly with Concord while using in-house staff, temporary labor and a highpower vacuum excavation system. Under that procedure, Rainbow utilizes limited-term temporary employees before the Concord

installation and the vacuum excavation system cleans out and excavates the meter boxes. The inhouse team prepares the work site for Concord and collects specific information about each service so that Concord will have the full information for each service's unique scope of work.

The new meters will include a customer shut-off valve just downstream of the meter which will allow customers to shut off their water rather than using the curb stop which is difficult to operate without special tools and has more severe consequences if broken.

"The customers can shut their own valves off," Kennedy said. "Until 2011, the district never installed a valve on the customer side. When they need to shut off their valves, they have to call us."

A separate project will replace and upgrade meter boxes, replace pressure regulators and install customer ball valves for services which do not have a backflow regulator.

"We will also be replacing pressure regulators in highpressure areas," Kennedy said.

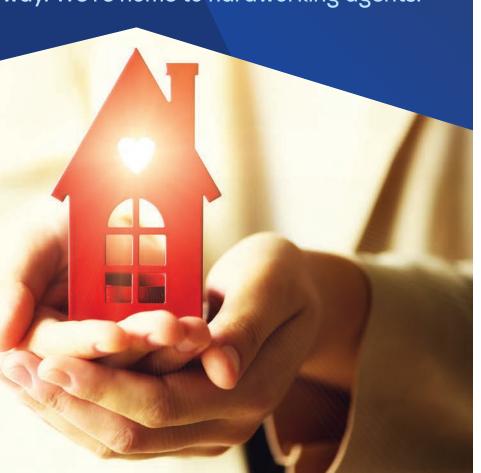
The Concord employees will be paid prevailing wages, and since labor costs are part of the contract amount an adjustment in the prevailing wage rates may require an increase in the contract amount. If a change in the contract amount is needed a change order for the contract will be brought to the Rainbow board for approval.

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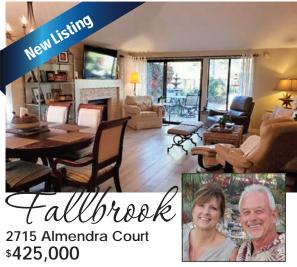
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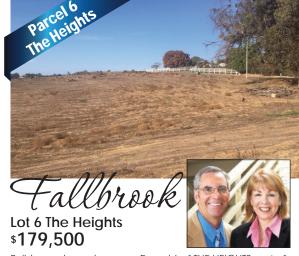
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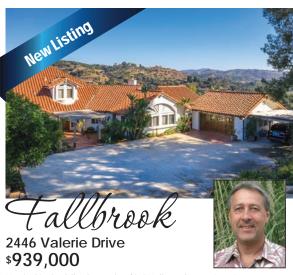
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www.VillageNews.com January 9, 2020 Volume 24, Issue 2

Rhinos fail to trample Fallbrook

Fallbrook girls win World Youth Rugby Festival featured match with Rhinos

Jeff Pack

Staff Writer

Though they started slow, the Fallbrook Union High School girls' varsity rugby team came back from a 12-5 halftime deficit to run away from a Rhinos Academy team 24-12 in the featured girls U18 match at the World Youth Rugby

Festival in Irvine Friday, Jan. 3.

"We started off like deer in the headlights and let the Rhinos play," Coach Craig Pinnell said. "We woke up in the second half and showed confidence in imposing our quick playing style on them. (It was) a good showing with a new group blooding some of our very young players."

Elaine Jiminez, Tiahna Padilla, Jordan Duncan and Neveah Rivera all scored one try each. Seniors Shelby Tippin and Abbey Savin added conversions for the Warriors.

"Tiahna Padilla did well looking for space and taking on defense before setting up others," Pinnell said. "Julia Tippin did well carrying the ball and taking some big hits."

Fallbrook played the Rhinos again in a U15 game and this time it was the academy that came out on top, 24-10.

Eighth grader Lucy Powell captained the team and scored both of the Warriors tries in the match.

"Lucy took on leadership responsibility, communicated and kept everyone accountable, comfortable kicking in play and chasing," Pinnell said.

The varsity and junior varsity Warriors will play on the road in their next two matches – at Rancho Bernardo High School at 8 a.m., Jan. 18, and at Torrey Pines High School at 1 p.m., Jan. 25.

Jeff Pack can be reached by email at jpack@reedermedia.com.

Village News / Stacey Savin photos

Abbey Savin makes a try-saving tackle during the Warriors win over Rhinos Academy at the World Youth Rugby Festival in Irvine.



Jordan Duncan smiles after scoring a try during the Warriors' win over Rhinos Academy at the World Youth Rugby Festival in Irvine Friday, Jan. 3.



Neveah Rivera takes on a would-be tackler during the Warriors' win over Rhinos Academy at the World Youth Rugby Festival in Irvine.



The Warriors' defense gets ready to bring down a Rhinos Academy runner at the World Youth Rugby Festival in Irvine.



Scrumhalf Tiahna Padilla waits to put the ball into the scrum during the Warriors' win over Rhinos Academy at the World Youth Rugby Festival in Irvine.



Amanda Ware runs hard against a defender during the Warriors' win over Rhinos Academy at the World Youth Rugby Festival in Irvine.



Tiahna Padilla fends off a defender on her way to scoring a try during the Warriors' win over Rhinos Academy.

SPORTS

Lady Warriors overpower the Patriots



Lady Warrior Elley Ahrend dribbles the ball past the Patriots' defense. Fallbrook won the game against Orange Glen, 47-38.



Village News/Shane Gibson photos Lady Warrior Kate Calhoun takes a jump shot against the Patriots.



Lady Warrior Taylor Evans gets the rebound and looks to pass to a teammate against Orange Glen.



Fallbrook's Faith Pilbin dribbles the ball into scoring position against Orange Glen, Jan. 3.



Lady Warrior Antonia Rosario battles for a shot against the Patriots' defense.



Fallbrook's Naiya Kurnik takes an underhand layup attempt against Orange Glen. Fallbrook won the varsity girls basketball game, 48-37.



Fallbrook's Juliana Blas races to keep the ball in bounds against Orange Glen.



Fallbrook defends against Orange Glen.

the · village · beat

Don't miss a beat on what is happening in Fallbrook, Bonsall, Pala, De Luz and Rainbow. Whether it is breaking news, local youth sports, or information on events and activities, you will find it quickly and easily at

Fallbrook boys rugby varsity team rebuilding



Fallbrook Warrior boys' rugby player Nathan Bannister practices with his teammates at Potter Jr. High School, Dec. 31.

Jeff PackStaff Writer

Coach Steven Hernandez has been around the Fallbrook High School boys' rugby program for the past 12 years either as a coach or an administrator.

So, he knows where the program has been and where it needs to go.

This season, the young Fallbrook High School boys' varsity rugby team is winless, but progress is being made.

"Last season the junior varisty team was 3-5," Hernandez said. "As the season went on the boys learned to play as a team as several had never played rugby before. They also learned to never give up no matter what the score, which is a valuable lesson.

"The varsity team went 0-7," he said. "They had a tough season with injuries and boys midseason decided not to play anymore."

Though they are once again a young team, Hernandez said the Warriors have 40 boys involved in the program with 14 upperclassmen and 26 freshmen and sophomores.

"Although we have several players who have played at Potter or with Fallbrook Youth Rugby, overall, we are a very young team," he said.

That doesn't mean there aren't expectations.

"The team's expectations are to improve as individuals and as a team each and every practice and game," Hernandez said. "We also want the boys to have fun and



The Fallbrook boys' rugby team practices their skills at Potter Jr. High School.

Village News/Shane Gibson photos

enjoy playing rugby."

The Warriors play in the Southern California Interscholastic Rugby Federation in the Open Division, which Hernandez said is very competitive.

"The boys are improving each game and we can tell they are trying hard to put into play what they have learned in practice," he said. "Success will come when all the players trust what they have learned and apply it to the game."

Hernandez said senior scrumhalf Christian Bellamy is one of the leaders of the team.

"(He is) one of the players that has continually improved his play," the coach said. "He started playing at Potter Junior High School when he was in eighth grade. He was a junior varsity player last year and is now starting on the varsity team at scrumhalf. This season Christian has a real understanding of rugby and his overall skill and his read of the game has not only helped him but the entire team has grown."

Hernandez said freshman center Thomas McSheehy is a true rugby player.

"Thomas has been playing rugby for the last four years with Fallbrook Youth Rugby and at Potter," he said. "He was selected to play with the Eagle Impact Rugby Academy U15 All-star team that traveled to Denver, in June to compete in the Western Regional Tournament against all-star teams from other western states. His experience, skill, attitude and tenacity has greatly helped the junior varsity team this season."

Freshman prop and forward Nathan Hanson, Hernandez said, is in his first year of playing rugby.

"Nathan is an example of a first-year player that comes to each practice wanting to learn more," he said. "His work rate and willingness to learn different positions will not only help him but benefit the team as the season continues."

The Warriors will play at La Costa Canyon High School at 7 p.m. Friday, Jan. 10, and at Fallbrook High School against Mira Costa High School at 11 a.m. Saturday, Jan. 18. The times are subject to change.

Jeff Pack can be reached by email at jpack@reedermedia.com.



game.



The Fallbrook High School boys' rugby team practice drills at Potter Jr. High School.

Montoya reaches El Cajon Invitational championship match

loe Naimai

Joe Naiman Village News Correspondent

The El Cajon Invitational high school wrestling tournament retained its name after it was moved from Valhalla High School to San Ysidro High School. The 49th annual El Cajon Invitational tournament, Dec. 13-14, included a second-place result for Fallbrook High School senior Javier Montoya, and three other Warriors placed in the top eight.

Fallbrook placed 10th among the 50 teams which won at least one match at the tournament and sixth among CIF San Diego Section schools. The tournament had 14 weight classes, and Fallbrook only took eight wrestlers to San Ysidro.

"For us to have made it that far speaks volumes for our program," Fallbrook coach Cristian Vera said.

Five of the eight Fallbrook grapplers reached the quarterfinals, although one lost in the medal round of the double-elimination tournament.

"We didn't go with very many guys," Vera said.

Montoya wrestled in the heavyweight division. He received a first-round bye and began the competition by pinning Steven Segovia of Cienega High School from Vail, Arizona, 1:42 into the match. Juan Cobian of San Diego's Southwest High School was Montoya's next opponent, and Montoya won that match by fall 1:48 after it began. Sebasia Valdez of Monte Vista High School defaulted his quarterfinal

match with Montoya.

The semifinal match between

Montoya and Saul Villa of Moses Lake High School in Washington went the full three periods. Montoya won a 5-4 division to meet Frontier High School junior Jake Andrews of Bakersfield in the final.

"It was a tough one, but he pulled through," Vera said.

Andrews, who was the division's second seed, pinned the fifth-seeded Montoya 1:02 into the championship match.

Montoya defeated the first and fourth seeds.

"That was impressive to me," Vera said. "It's about who shows up and how bad you want to win. Seeding doesn't matter, and he finally convinced himself of it."

Vera wrestled for Fallbrook High School and was a freshman during the 2007-2008 season. Montoya became the first Fallbrook High School wrestler to reach the final of the El Cajon Invitational in any weight class since Vera became involved with the program 12 years earlier.

The 195-pound division included senior Carlos Hernandez. After a first-round bye he pinned Brett Laing of San Ysidro High School 13 seconds into the match. Hernandez's next match lasted 59 seconds and ended when he pinned Zayne Higuera of Mountain Empire High School. In the quarterfinals Hernandez won a 9-3 decision against Michael Miller of Bonita Vista High School.

Nicholas Pira of Guajome Park High School was Hernandez's semifinal opponent. The secondseeded Pira won by fall 1:06 into the second quarter. "He struggled after that to come back," Vera said.

The tournament had a double elimination format, although the consolation semifinals losers competed for fifth and sixth place and the consolation quarterfinals losers had a bout for seventh and eighth place. Hernandez was placed in the consolation semifinals against Lionel Turner of Vista, who won a 9-6 decision. That put Hernandez into the match for fifth and sixth place against Miller, who pinned Hernandez 37 seconds into the match and relegated Hernandez to sixth place.

"He did make it very far in the tournament. He did win his quarterfinal match in a very

impressive manner," Vera said. Hernandez began wrestling as a junior, so this is his second season in the sport.

"I'm very impressed with how well he was able to do at this event," Vera said.

Johnny Bermudez won his seventh-place match in the 220-pound division. The junior had a first-round bye and pinned Bryan Avila of Sweetwater 49 seconds into that contest. Bermudez won a 7-4 decision against Marcos Andrade of Imperial High School.

Marcos Nguyen of Rancho Bernardo High School pinned Bermudez 1:24 into the second period of the quarterfinal match.

"It was a tight match, and he

made a little mistake," Vera said.

Bermudez pinned Liam Clark
of Santana 1:24 into that match.
That placed Bermudez into the
losers' bracket quarterfinals, and
Kisione Taufa of San Marcos won

a 2-1 decision.

Bermudez faced Owen Firm of
Sultana High School of Hesperia
in the seventh-place match. A
victory by fall 1:26 into the bout

gave Bermudez seventh place.

A wrestler may compete in the weight class above what he scales but not in a division below his weight. Vera and senior Kevin Sanchez chose to enter Sanchez in the 138-pound division rather than in the 132-pound bracket.

"We wanted to test the waters at

138 pounds," Vera said.

At the end of the season a two-pound weight allowance is granted to recognize that wrestlers will grow before the CIF division, all-division masters and state tournaments. That would allow Sanchez to compete in the 132-pound division if he weighed no more than 134 pounds, but Sanchez and Vera expect that by the end of the season Sanchez will be a 138-pound grappler.

"We wanted to see how well he wrestled at his natural weight," Sanchez said. "We just wanted to test and see what 138 looked like and felt like for Kevin."

Sanchez had a first-round bye. His match against Caidan Romenesko of Granite Hills ended 1:54 into the bout when Sanchez pinned Romenesko. Enzo Alpinieri of Cathedral Catholic High School was Sanchez's next opponent but only for 30 seconds before Sanchez was declared the victor by pin.

Sanchez was seeded fifth in the weight bracket. Steele Canyon matman Ezra Cardenas was given the fourth seed. Cardenas sent

Sanchez to the losers' bracket with a 13-6 decision in the quarterfinals. The first consolation match for Sanchez was against Elias Munoz of Rancho Buena Vista High School, and Sanchez pinned Munoz five seconds into the third period. An 8-6 decision loss to Ricardo Castillo put Sanchez into the bout for seventh and eighth place. That match went into overtime before Jacob Ramirez of Rancho Mirage High School scored two points on a takedown and won by a 6-4 decision.

"He fell a little bit short there," Vera said.

Sanchez still received a medal for eighth place.

"He went up a weight class to challenge himself and still managed to place," Vera said.

Fallbrook had two wrestlers in the 138-pound division. Ramirez pinned Uriel Juarez in the second round after Juarez received a first-round bye. Juarez then lost a 4-2 decision to Sunniboy Motas of

Matthew Kendall competed in the 152-pound bracket. He reached the quarterfinals before losing and then lost in the match whose winner was given a position among the top eight.

Rancho Buena Vista.

"They were both against tough kids," Vera said. "We have to learn from the mistakes we made. Little mistakes can be easily fixed with practice and repetition."

Vera, his assistant coaches, and his wrestlers will be working on that throughout the season.

"I think we'll impress a lot of people in the community," Vera said.

Alanis places 54th at state cross-country meet

Joe Naiman

Village News Correspondent

Bonsall High School senior Austin Alanis concluded his high school cross-country career by placing 54th among the 203 Division V boys at the CIF state cross-country meet Nov. 30, at Woodward Park in Fresno.

Alanis had a time of 16 minutes 59.6 seconds on the 5,000-meter (3.1-mile) course.

"It was a fun experience and challenging as well," Alanis said. "It was definitely a humbling experience, but I enjoyed myself."

The top three Division V boys teams at the CIF San Diego Section meet qualified for the state meet as did the top five individuals not affiliated with a qualifying team contingent upon those individuals

finishing no lower than 12th. Alanis placed seventh overall and was third among runners whose school did not qualify as a team, which gave him entry into the

"It was a lot of fun. I got to hang out with some of the competitors from the league," Alanis said.

Drake Prince of High Tech High Chula Vista had the third-place time of 15:44.2. The 50th finisher, Pablo Chapman of High Tech High North County, posted a time of 16:57.8. Aiden Ramirez of High Tech High Chula Vista finished in 17:09.4 for 70th place. Riley Burns of Maranatha Christian High School was the sole individual qualifier not from a Frontier Conference school.

Stella Gladden of High Tech High North County was the Frontier Conference's only girls qualifier for the state meet, where she finished 60th.

"I feel like I could have performed better if I had raced smarter," Alanis said.

Woodward Park is a relatively flat course.

"I went out at the same pace that I normally go out," Alanis said. "I went out too slow," Alanis

said. "That just sent me back a whole bunch of places.'

Alanis was able to pass more than 20 runners during the race.

"I gave it my all," Alanis said. "I can't be too mad about the performance."

The state meet was the second for Alanis. Bonsall placed third among Division V schools at the 2017 San Diego Section meet to qualify as a team for the state meet. Alanis was 43rd among the Division V boys at the 2017 section meet.

"Getting to go as a team would have been even cooler," Alanis said. "It's a lot more fun than going as an individual."

Alanis explained that other teammates and their families joined him in Fresno for the 2017 state meet.

"It's not a very familiar place," he said.

The 2017 state Division V boys race had 207 runners. Alanis placed 175th and completed the course in 19:20.9.

In 2018 Alanis was the 28th finisher in the section Division V boys' race. Alanis attended Lejeune High School in Camp Lejeune, North Carolina, as a freshman and ran track but not

cross-country for the Devil Pups.

Alanis does not intend to conclude his running career with the Legionnaires' track and field

"I'm going to definitely continue running for the rest of my life," he said.

That could include collegiate cross-country and track.

"I would definitely like to. I've just got to find a team that wants me to run for them," Alanis said.

This trip to the state meet could also extend Alanis' legacy with the Bonsall High School cross-country

"I just hope that my attendance there can show the Bonsall and Fallbrook community what Bonsall athletes can do," he said.

Lady Warriors JV team chases the Eagles



Fallbrook's Jordan Rodriguez faces off against Santa Margarita Catholic's JV team during the 25th Annual SoCal High School Classic soccer tournament, Dec. 30.



IV Lady Warrior Robbin Hincliff stops the ball against the Santa Margarita Catholic Eagles during the SoCal High School Classic soccer tournament.



Fallbrook's Jade Boultinghouse battles against Santa Margarita Catholic's JV defense during the SoCal High School Classic soccer tournament.



Fallbrook's JV goalkeeper Sara Ferreira stops the ball against Santa Margarita Catholic. The Fallbrook JV girls soccer team lost the tournament match, 3-0.



IV Lady Warrior Jacqueline Ceja races for the ball against the Eagles during the SoCal High School Classic

soccer tournament.



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WINE & DINING

Guide to popular herbal teas



Herbal teas are made from herbs as well as dried fruits, flowers and spices.



Hot tea with lemon and ginger can help cold symptoms.



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Having tea in pretty cups brightens a winter afternoon.

FALLBROOK - Tea is a healthy beverage. Black, green and oolong teas get their fair share of healthboosting attention, but a grouping of teas, which technically are not true teas at all, also can be a boon to the body.

Consumption of herbal teas predates consumption of Chinese black tea. Since they do not contain leaves of the camellia sinensis, the tea plant, herbal teas really aren't tea but have been given the tea moniker because they are often steeped in a manner similar to tea.

Herbal teas are made from herbs as well as dried fruits, flowers and spices. The health and wellness information site Healthline said that certain herbal teas have healthpromoting properties. Herbal teas have been used by various cultures for medicinal purposes for hundreds of years.

Herbal tea can be used to boost the immune system, to relax and unwind, to alleviate pain or just to warm people up on a chilly day. Even though herbal teas may seem all-natural, it is wise to check with a doctor before including them as part of a health-boosting regimen to confirm that they won't produce any adverse reactions with medications.

That's especially important for women who are pregnant or planning to become pregnant. Herbal teas come in various flavors. The following are some of the more popular herbal teas and their potential health benefits. Chamomile tea

Metro photos

Chamomile is best known for its calming effects, and it is sometimes used as a mild sleepinducer. A study of 34 patients with insomnia found marginal

improvements in waking up during the night, time to falling asleep and daytime functioning after taking chamomile extract twice a day, as published by the National Institutes of Health's PubMed Central.

Some studies suggested that chamomile can reduce symptoms of premenstrual syndrome, and it may have anti-inflammatory and antibacterial properties as well.

Peppermint tea

Those who enjoy peppermint tea often do so to soothe an upset stomach. Nutritionist Dr. Simran Saini from Fortis Hospital in India said that peppermint tea can also promote weight loss and reduce heartburn and may help people relax.

Turmeric tea

Turmeric tea has antiinflammatory properties that may be beneficial for anyone who has an autoimmune disease like arthritis and fibromyalgia. The anti-inflammatory properties can also help with symptoms of migraines and other minor aches and pains.

Ginger tea

A 2012 study from researchers at Columbia University who examined 10 overweight men found that drinking hot ginger tea increased the men's feelings of fullness and reduced hunger. Ginger also may improve blood sugar control for people with Type 2 diabetes.

Herbal teas can be part of a health plan that involves allnatural remedies for common ailments.





The holidays may be over, but it's not too late to celebrate



Get salsa dancing Friday night, Jan. 10, at Bel Vino Winery.

Jeff Pack Staff Writer

After two solid weeks of celebrating one thing or another, it seems only right to celebrate the end of celebrating with food and wine and extracurriculars.

Here are some of the events coming up to start 2020 off right.

2020 SALSA Festival at Bel Vino

Whether you're an expert or a beginner, by the end of the night Friday, Jan. 10, at Bel Vino Winery you will be dancing salsa, bachata, cha-cha and merengue thanks to SalsaFama.

Beginner instruction starts at 6 p.m. and the dance floor opens up at 7 p.m. for three hours of free

Bel Vino Winery is at 33515 Rancho California Road in Temecula. Call (951) 676-6414 or visit

Yoga and Wine at Akash

www.belvinowinery.com.

Get up early Saturday and do

yourself some good by joining Akash Winery and Vineyards for an hour of yoga followed by a glass of Akash wine.

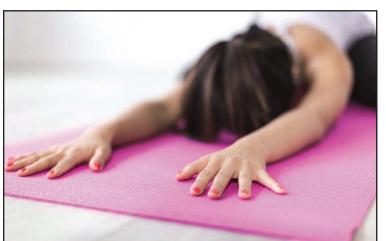
The class starts at 9 a.m. Saturday, Jan. 11, and they even have a wine club for this yoga thing.

Visit www.akashwinery.com_to learn more.

Brrapp-Brrapp at Peltzer

Peltzer Family Cellars is hosting a supercross watch party from 5-8 p.m. Saturday, Jan. 11, inside the Crush House. They are teaming up with Road 2 Recovery to raise funds for their amazing organization that aids AMA-licensed professional motocross, supercross and action sport athletes with financial assistance while recovery from debilitating injuries. They also provide emotional and motivational support to these athletes and their families.

There will be food by Devilicious Food Truck, Q's Tacos Food Truck and The Woodfire Pizza Wagon, motorcycles on display and more.



Valley News/Courtesy photo Recover and refresh at Akash Vineyard and Winery's Yoga and Wine event Saturday morning, Jan. 11.



www.belvinowinery.com

Cannot combine with any other offer. Expires 01/31/20.



Valley News/Courtesy photo

Tickets are \$10 per person and include a raffle ticket to win a signed pro jersey and dirt bike gear kit. Children under 10 years

Tickets and more info are at www.peltzerwinery.com and www.peltzerfamilycellars.orderport.net.

MotoDoffo Super Tinto release party

The MotoDoffo Release Party will take place from 4-7 p.m. Saturday, Jan. 11, and members can swing by for a glass and some delicious creations from Chef Gianni.

Dinner will include a houserubbed pork loin, grilled on an open flame and thinly sliced served au jus with saffron rice pilaf with grilled onions and a chef's selection of marinated charbroiled vegetables. Dessert is a hand scooped, housemade, Belgian chocolate

There will also be a special art gallery featuring this year's featured label artist, Doug Breun-

Tickets are \$35 per person or \$25 for MotoDoffo club members and include dinner and a glass of 2017 Super Tinto.

MotoDoffo and Doffo Winery are at 36083 Summitville Street in Temecula.

Buy tickets here: http://shop.

Last chance to skate at Peltzer

If you wait until Sunday, Jan. 12, you will almost miss the opportunity to ice skate in Temecula Wine Country, as Sunday is the last day Peltzer Family Cellars will be offering skating sessions.

The rink will be open from 1:30-9 p.m. Sunday – also Friday and Saturday – with sessions starting at 1:30, 3, 4:30, 6 and 7:30 p.m. Don't worry; the ice rink bar will be open until 8:30 p.m.

If you purchase tickets in advance, you will pay \$14 for general admission, \$10 for children ages 3-11 and \$2 for skate rentals. If you buy at the rink, the prices are \$2 bucks more, but skates are included.

Peltzer Crush Club Members, military, first responder and teachers save \$2 off the regular admission for the whole family.

Peltzer Family Cellars is at 40275 Calle Contento in Temecula. Get tickets at www.peltzer-



Taste some fine Italian varietals at Trattoria Toscana's wine tasting Valley News/Courtesy photo event Sunday night, Jan. 12.

familycellars.orderport.net.

Wine tasting at Trattoria **Toscana**

This one, in fact, is not in Temecula Wine Country, but you will try Italian varietals with wine expert Petra Belliti at Trattoria Toscana in Temecula from 3-4:30 p.m. Sunday, Jan. 12.

The event is complimentary for wine club members, and you can join the club for \$35 a year with the purchase of six bottles of wine within the year.

Trattoria Toscana is located at 26485 Ynez Road., Suite M and N, in Temecula.

Need more information? Visit www.trattoriatoscanaintemecula.

Get a job in wine country

Get even closer to your favorite beverage by working in wine country after you attend the Europa Village Career Fair from 4-7 p.m. Wednesday, Jan. 15

With Bolero Cellars at Europa Village close to opening, they need people to fill dozens of positions from front to back of the house.

For a full list of openings, visit www.europavillage.com/careers. Dress professionally, bring an ID and don't be late to Europa Village at 33475 La Serena Way in Temecula.

Romano's wine tasting dinner

Toast to the New Year and enjoy four-courses of fresh takes on Romano's Macaroni Grill favorites paired with world renowned wines for \$45 per guest.

The event starts at 7 p.m. Wednesday, Jan. 15, at 41221 Margarita Road in Temecula. Make your reservations at www. macaronigrill.com/winetasting

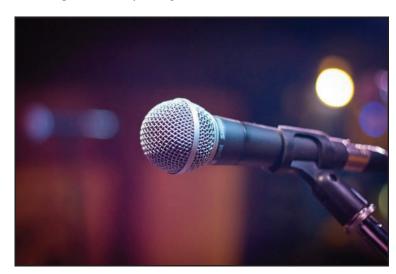
Laugh Your Glass Off at Lori-

Lorimar Winery will be host to three comedians - Myles Weber, Matt Stanton and Ellen Sugarman – during the live comedy show for ages 21 and older from 6-9 p.m. Thursday, Jan. 16.

The show starts at 7 p.m., but the Pairings Food Truck will be there at 6 p.m. Tickets are \$20 per person general admission and \$18 for wine club members. Buy at http://shop.lorimarwinery.com.

Lorimar Winery is located at 39990 Anza Road in Temecula.

Jeff Pack can be reached by email at jpack@reedermedia.com.



Lorimar Winery invites guests to a live comedy show Thursday night, Jan. 16.

Valley News/Courtesy photo



Romano's Macaroni Grill is hosting a wine pairing dinner Wednesday night, Jan. 15.

Cougar to meet Italy for fifth time, putting reputation on the line



Six professional judges will compare Cougar wines to their Italian counterparts during Cougar Meets Italy 2020.



Judges and guests alike are asked to score each wine and the scores will be totaled out at the end of Cougar Meets Italy.

Jeff Pack

Staff Writer

Each year around this time, Cougar Vineyard & Winery tests itself against the wines they are looking to emulate from Italy.

"It's a little stressful because we're putting our necks on the line," Jennifer Buffington, co-owner of Cougar, said. "So until we win one, you know, we're sitting on the edge of our seats. We've never gotten skunked so you know, cross your fingers on that one. But every year that we do it, it's kind of building up. We're right there in the running with them. If we don't win, we show the total points so you can see that it's comparable."

They will do it again Thursday, Jan. 16, at the Cougar Meets Italy 2020 event that pits Cougar varietals against their Italian counterparts in a side-by-side, double-blind tasting event.

At last year's event, Cougar Vineyard & Winery won all three wines in the reds category.

Cougar's 2016 Barbera won with a score of 17.92 to 17.66, the 2016 Primitivo won 18.25 to 17.58 and the Negroamaro won 18.16 to 17.8.

Italy won over the judges with the white wines, winning the 2017

Falanghina challenge 17.58 to 17.08 and the 17.75 to 16.75 in the 2017 Fiano challenge.

The public is invited to judge the wines along with six professional judges during the competition.

"In the past, the judges get to judge all of the eight wines at the very same time, and the attendees judged one wine at a time," Buffington said. "What we're changing is (the attendees are) going to get tho judge the Cougar and the Italian counterpart together. So that will make it easier for them, especially since they're not necessarily professional judges like the guys in front of them."

Everyone in the room will use a University of California Davis 20-point wine score sheet with a packet containing information about each varietal and the qualities each should have. Each wine will be judged on clarity, color, bouquet, total acidity, sweetness, body/texture, flavor/taste, bitterness, astringency and overall quality.

When the competition is complete, guests will enjoy a four-

course dinner.

"During the tasting, they'll have some, some bruschetta and olive oil, something to kind of keep their

palette going. Then our Sangio Deli

is going to do the four-course meal with our new executive chef."

A day earlier, from 6-8 p.m. Wednesday, Jan. 15, the winery will host the preview to the main event with a screening of "Bottle Shock" in the Barrel Room. For \$10, guests can enjoy a glass of Cougar wine and all the popcorn they can eat.

The next night, the battle begins. It's all part of Cougar's goal of producing quality Italian varietals in Temecula Wine Country, Buff-

ington said.

"That was the whole point of doing what we're doing, is to do what is in Italy in Southern California,"
Buffington said.

Buffington said.

Cougar Meets Italy 2020 will take place from 6-9 p.m. Thursday, Jan. 16, at the winery located at 39870 De Portola Road in Tem-

ecula.

Tickets are \$75 per person for wine club members and \$85 for nonmembers. For both nights, tickets are \$80 per person for wine club members and \$90 for nonmembers.

The main event is limited to 50 attendees.

For tickets and more information, visit www.cougarvineyards.com.

Jeff Pack can be reached at jpack@reedermedia.com.

Wine Country Events Calendar

annual Cougar Meets Italy 2020 Thursday, Jan. 16, which features Cougar wines in competition with similar varietals from Italy.

Valley News /Jeff Pack file photos

Cougar Vineyard & Winery will host its





Jan. 22 is Paint Your Pet on Framed Glass Wednesday at Cougar Winery, from 11 a.m.

January is Bodacious Burger Month at Avensole Winery.

Jan. 15-16 is Cougar Winery's fifth annual Cougar meets Italy.

Jan. 16 is Laugh Your Glass Off at Lorimar Winery from 6-9 p.m.

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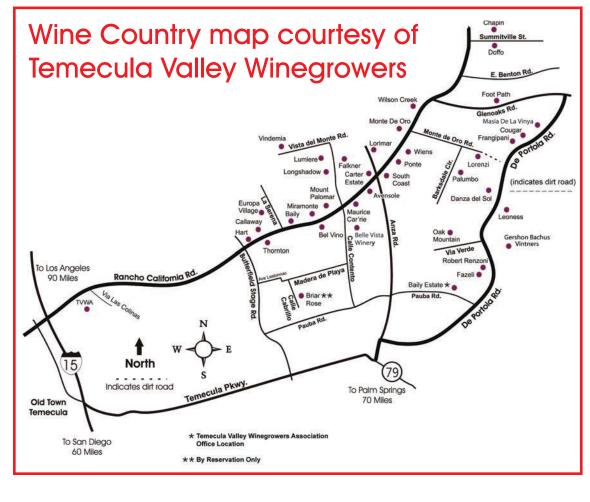
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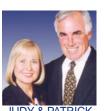
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2126 Stonecastle, Fallbrook \$599,000



4023 Concordia Lane, Fallbrook \$879,000



2443 Dos Lomas, Fallbrook **\$1,878,000**



1706 Acacia, Fallbrook **\$499,000**



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Holidays with this Chef's Kitchen! Complete with Sub-Zero refrig and freezer. This 2015 semi-custom home on over 2 acres in Malabar Ranch Estates provides room for all. Single story living w/2nd story loft for recreation. Indoor/outdoor gathering with 4 wall-to-wall glass doors opening to spectacular panoramic views! Built in bbq and firepit. 2 guest rooms Offered at \$1,299,000







On the 15th Tee! Very nice Pala Mesa Fairway Villas 2 bedroom, 2 bath home located on the 15th tee. \$429,000



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