

Village Rotary
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A-8



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art show
B-13



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May 28, 2020

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Volume 24, Issue 22

Coronavirus has unclear impact on crime

Will Fritz
Staff Writer

While the CHP has reported issuing far more tickets for speeding over 100 mph amid pandemic-related stay-at-home orders, Lt. Arnold Aldana, who oversees the Fallbrook Sheriff's Substation, said there haven't been any obvious trends in incidences in other crimes, so it's not apparent that coronavirus has had much of an impact on crime.

See page A-9

County nears 250 coronavirus deaths

Will Fritz
Staff Writer

County health officials reported 96 cases of COVID-19 and no additional deaths Monday, May 25, bringing the county's total to 6,797 cases and 249 deaths. The 14-day rolling average of new positive cases among county residents is 3.2%.

See page A-10

Supervisory districts to be redrawn

Tracy DeFore
County of San Diego
Communications Office

San Diego County is taking applications now for people who can serve on its independent redistricting commission. Members will redraw the five supervisory district lines to reflect the new numbers in the federal census.

See page A-8

Bonsall High School seniors enjoy drive-thru graduation ceremony

Jeff Pack
Staff Writer

For many of the seniors graduating from Bonsall High School this year, it wasn't exactly how they pictured they would be celebrating the end of their high school career – but it wasn't that bad either.

"This wasn't exactly what I had envisioned for our graduation ceremony, but I'm so grateful that we got to celebrate in some shape and form," Heather Holdo, one of BHS's valedictorians, said from the front seat of her parents' car Friday. "I'm very glad to have graduated with the class that I did."

"It's been very different from what I had expected. I was a little sad when there was the whole canceling of all the classes because I knew I wouldn't necessarily be able to hang out with my friends again in the same way or finish off my senior year the way I had planned. But I'm looking forward to the future and to getting my

see **CEREMONY**, page A-11



Bonsall High School class of 2020 graduates Abigayle Ford and her twin sister Isabella ride on the top of their family's car as they tour around the high school during a graduation celebration, May 22. Village News/Shane Gibson photo

Health district to consider grant funds at June board meeting

Will Fritz
Staff Writer

The Fallbrook Regional Health District Board of Directors will consider next month how to award more than a million dollars in grant money.

The health district provides grant funding through its Community Health Contracts program. According to the district's website, Community Health Contract funds must benefit the residents of the communities served by the Fallbrook Regional Health District, which has a 110-square mile service area and sphere of influence covering Fallbrook as well as Bonsall, De Luz and Rainbow.

To qualify, applicants must either be a registered nonprofit, or a commercial business that

see **GRANT**, page A-10



D'Vine Path provides vocational and life skills to people with autism and other disabilities in agriculture, hospitality and the arts in the Fallbrook and Bonsall area.

Village News/Courtesy photo

Volunteers honor veterans at Masonic Cemetery



A crowd of Fallbrook residents shows up at the Masonic Cemetery, Sunday, May 24, in response to a Facebook plea for help to place flags on veterans' graves for Memorial Day. Due to COVID-19 restrictions, the group that usually puts out the small flags was not able to do it. More than 30 people volunteered for the job this year. Village News/Allyson Mulroy photo

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OPINION

Salute our graduates



Assemblymember Marie Waldron AS-75 (R)

It’s graduation time, and unfortunately the events that our college and high school students, eighth graders, kindergarteners and many others have been eagerly working toward all year have been significantly impacted by the COVID-19 pandemic, and that includes canceling traditional

graduations and grad nights, school dances and other large gatherings. These events and ceremonies are the focal point of the school year and of a student’s academic career. From Temecula to Fallbrook and Bonsall, to Valley Center, San Marcos and Escondido, schools and colleges at all grade levels throughout this region are grappling with new ways to recognize and honor hard work, dedication and achievement while safeguarding their students’ and their families’ health. In many cases, students and their immediate families are being invited to virtual graduation ceremonies that may include the usual pomp and circumstance, including decorated stages, guest speakers and diploma presentations. Some of these individual presentations will be photographed, videotaped and live-streamed. But virtual programs aren’t a substitute for the real thing, and many schools are planning summer and fall gatherings complete with photo opportunities, yearbook

signings and a chance for students to finally say goodbye and move on, surrounded by their family and friends. Telling students that this pandemic is an historic, once-in-a-lifetime event – we hope – that they’ll always remember may not help much right now. During this graduation season, our hardworking students deserve a shoutout from all of us, and in a small way, I’m happy to help. If you and your graduating student would like to receive a State Assembly certificate recognizing this important milestone in their lives, visit my website and send a request to me at <http://asm.ca.gov/75>. Assembly Republican Leader Marie Waldron, R-Escondido, represents the 75th Assembly District in the California Legislature, which includes the communities of Bonsall, Escondido, Fallbrook, Hidden Meadows, Pala, Palomar Mountain, Pauma Valley, Rainbow, San Marcos, Temecula, Valley Center and Vista.

Looking for watercolor of a fireman

During the days following 9/11, my mother, Joan Roche, a celebrated Fallbrook watercolor artist and board member of the Fallbrook Art Association and incumbent president of National Watercolor Society, was moved to capture the emotion displayed by a New York firefighter kneeling in

the 9/11 rubble with his head and helmet in his hands during the aftermath of the tragic collapse of the World Trade Center. The watercolor was unfinished when Joan suddenly died less than one month later. This unfinished watercolor was then sold to the unknown wife of a firefighter as a

gift for her husband. Joan’s only grandson is nearing the end of his training to become a firefighter in Houston, Texas, and I would like to gift him this painting. Contact waynerocher@att.net if you have information. Wayne Roche

Re: The Coronavirus: who’s really at fault? (Village News. J. Terrell letter. 5/14/20)

I would like to address the “plan” you have given us as to how you would handle our current COVID-19 crisis. It is interesting that you noted former President Barack Obama’s 2014 warning that there will be an airborne disease that we may have to deal with. That notice was also about the same time that Dr. Anthony Fauci of the National Institutes of Health requested \$3.7 million of taxpayer money to give to the Chinese virology lab in Wuhan, China, so they could continue their study of viruses. Then in 2016, the Obama administration gave us a 69-page “how to” book, plus a 2017 warning to President Donald Trump on handling a pandemic. I have two questions for you. First, why was the Obama administration so sure that it was inevitable? Did they know something the rest of us did not? Second, since they were so sure this disease would appear here, why did they not take the initiative at that time to ensure that our stockpiles of needed supplies and equipment

were safely in place and ready to use? That could have been a good legacy of his presidency. And you, as the next president, would have been saved a lot of valuable time and pain and agony. Probably the loss of life would have been far less than we have experienced. As to listening to your daily briefings, of course you should do that. But when the World Health Organization and other health advisers are telling you it is not a problem, you might choose to just keep an eye on it for a while. But you finally realize that you are being misled and decide to jump into action. You close the travel from China and are called all sorts of names such as racist, xenophobe, etc. for that effort. You immediately put your Health and Human Services secretary in charge of your team as that is that department’s job. But there are so many moving parts to this crisis, no stockpiles of equipment for one that you might need to appoint an additional person to take charge of organizing all of these parts. Then you feel that the

innocent citizens of this country need to be kept up-to-date on what is happening, so you and your team give comprehensive and detailed briefings every day for at least six weeks. This is where I have a serious problem with your plan because what you offered is exactly what Trump and his incredibly competent team have undertaken and accomplished. Perhaps you should have listened to some of those briefings. In attempting to not alienate our trading partners, you might need to keep in mind the words of a very wise philosopher who said to “keep your friends close but keep your enemies closer.” The Chinese Communist Party and government is not and never has been a friend to the United States. We, therefore, need to be ever vigilant and pay attention to what they do and how they are doing it. We can only hope that this pandemic has done much to open people’s eyes to what goes on around us. Sue Jones

Re: ‘Do we permit a virus to destroy our economy?’ [Village News, Walker Letter, 5/14/20]

Again with the personal attacks Mr. Walker. You do not know me or my nationality and your “white privilege” is nothing more than you white people feeling guilty about the atrocities that took place hundreds of years ago. Let it go. Maybe you had “white privilege” – that doesn’t really exist – but I grew up poor and on the wrong side of town so don’t dare disparage me. I never said anything about attending college. Again with the extreme. A basic high school graduation plus common sense will go a long way. Heck, there are many college-educated people I know who don’t have one lick of common sense. Most liberals have no common sense. Your attack letter is so full of mistruths and exaggerations blown way out of proportion. Your list of people working for minimum

wage is another exaggeration. California minimum wage is \$12 an hour for businesses with 26 or fewer people and \$13 an hour for over 26 people, so your extreme quote of the federal wage of \$7.25 doesn’t jive. So, people working at Albertsons, Wells Fargo, custodians at our schools all make minimum wage? More fake news! Iowa beef packers in the slaughterhouses make minimum wage? Wherever do you get your information? Do any of you remember when the Asian immigrants came here legally in the 1970s? These wonderful people came here, got educated, assimilated into our country and have prospered very well in life. We have millions of Blacks, Hispanics and others

that have done very well for themselves, and they all took responsibility for themselves, got an education, work hard and are great contributing Americans to our society. That contribution is what makes America so great. People like you confuse empathy with codependency and enabling. Both are characteristics of people who need to do for others because it makes them feel better about themselves. This attitude only deprives that person of learning to do it for themselves. It’s more like a hero complex. Here are some more words of wisdom from a Chinese proverb, “Give a man a fish and you feed him for a day, Teach a man to fish and you feed him for a lifetime.” Diana Miller

Unmask the danger of face masks

Dr. James D. Veltmeyer
Special to Village News

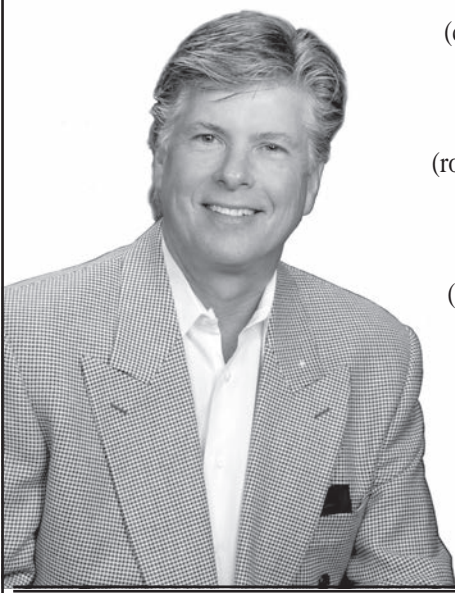
Perhaps one of the most annoying – and wholly unnecessary – government-imposed mandates during the COVID-19 crisis is the increasingly widespread demand that healthy Americans wear face masks. Of course, just a few months ago, practically everyone in the elite medical establishment – from the surgeon general to Dr. Anthony Fauci as well as the Centers for Disease Control and Prevention and the World Health Organization were advising against the use of face masks. Now, they have all shifted gears, and we are being told that we must use face coverings whenever we leave our homes or enter stores. These mandates are usually being imposed by unelected and unaccountable county health directors without the approval of any elected body of lawmakers. While many law enforcement jurisdictions are refusing to enforce the mask edicts, some are and innocent individuals are being threatened with fines or jail time. And, what exactly is the science behind all them? The truth is there is no scientific evidence affirming the value of face coverings in preventing the transmission of viruses. Recent studies have been unable to establish any conclusive relationship between mask and respirator use and protection against influenza infection, according to nationally recognized neurosurgeon Dr. Russell Blaylock. While it’s too early to report any studies related to COVID-19, it’s unlikely masks would be any more effective against it than against the flu virus. Surgeon general Dr. Jerome Adams said in March that, “The data doesn’t show that wearing masks in public will help people during the coronavirus pandemic.” Even the CDC in its April 13 directive only recommended the use of masks when it was difficult to maintain social distancing or in areas of significant community-based transmission. Yet, mask mandates are being imposed everywhere, regardless of any social distancing issues and even in small rural counties which have been hardly impacted by the coronavirus. We now see perfectly healthy young adults and teenagers walking down the streets or going to the park or the beach in masks, inhaling their own carbon dioxide instead of fresh air. Employees of supermarkets and other chains are being forced to wear these masks all day long and are finding themselves unusually fatigued at the end of the workday. Drivers have even wound up in accidents because the masks have made them light-headed. One individual who crashed his SUV into a pole in Lincoln Park, New Jersey, April 23, was reported by police to have fainted due to “insufficient oxygen intake/excessive carbon dioxide intake.”

Blaylock cited recent studies of health care workers using N95 masks indicating increasing episodes of headaches caused by a reduction in blood oxygenation or an elevation in blood carbon dioxide. The excessive use of N95 masks can reduce blood oxygenation by as much as 20%, leading to a loss of consciousness. The National Institutes of Health said that inhaling high levels of carbon dioxide may be life-threatening. High levels of carbon dioxide are associated with headaches, vertigo, double vision, inability to concentrate, tinnitus, seizures or suffocation due to displacement of air. And, can the use of face masks make people more susceptible to COVID-19? The answer is yes. Blaylock observes that a drop in oxygen levels is associated with lower immunity. Low blood oxygen can inhibit the type of main immune cells used to fight viral infections called the CD4+T-lymphocyte. By increasing the level of a compound called hypoxia inducible factor-1, which inhibits T-lymphocytes and stimulates a powerful immune inhibitor cell called the Tregs, face coverings could be setting us all up for contracting COVID-19 and other infections. Masks can also cause people to rebreathe viruses within their own bodies instead of expelling them, thus concentrating them in the lungs and nasal passages and eventually even traveling to the brain, which can even lead to the deadly “cytokine storm” that we often hear about in COVID-19 patients. Masks are especially dangerous to cancer victims or those suffering from cardiovascular or cerebrovascular diseases in which low levels of oxygen can promote inflammation that leads to the spread of cancers as well as to heart attacks and strokes. Isn’t it ironic that the very face coverings that the political and medical elites in this nation want us to wear might just make us sicker and more vulnerable to a deadly second wave of the coronavirus this fall, just about the time of the presidential election? Of course, no one could be planning something like that. That’s just a silly conspiracy theory. Or is it? For now, let’s defend both our health and Fourth Amendment rights to be secure in our “persons, houses, papers and effects...” It means that government, especially unelected bureaucrats, have no legitimate authority to force you to wear any kind of face covering in public. If the Democratic Party wants to substitute the cloth mask for the donkey as the symbol of its party, that’s their business, but don’t try to force the rest of us into doing it too. Dr. James Veltmeyer is a La Jolla physician voted “Top Doctor” in San Diego County in 2012, 2014, 2016, 2017 and 2019. Veltmeyer can be reached at dr.jamesveltmeyer@yahoo.com.

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OPINION

RMCC and the Rio Prado Park access

I feel that San Diego County Parks Department missed the mark when they planned access to the Rio Prado Park. Yes, of course, they took advantage of the existing Dulin Road from Old Highway 395 to the proposed park. Dulin Road has had a locked gate and has been virtually a dead end street for more than 40 years. It was designed for access to a rural senior community. Also, Rancho Monserate Country Club has taken on the responsibility of maintaining Dulin Road for all these years. Senior residents count on being able to cross this street safely and daily for access to their community center and facilities.

At the entrance to Dulin Road on Old Highway 395 is a steep grade going north, and the speed limit is 50. This spot is where northbound traffic will have to navigate this steep grade while turning left into our senior mobile home park. A huge concern for residents is an overload of new traffic, and especially how do we limit speeding? I can only imagine when someone is running late with a car full of children that could happen while driving through this senior mobile home park. I feel that it won't end well for anyone. Our road was not built for

a heavy concentration of ballpark activities.

It comes to mind that we are still going through this COVID-19 situation. San Diego County has gone over and beyond to help protect the vulnerable and elderly. Why is it so easy to put this community at risk of harm after going so far to support and protect its residents?

We have tried to make it clear in previous letters that fire is a true danger to having Dulin Road as the only entrance and exit to this beautifully planned park. San Diego has had its history with wildfires. Our community saw how risky fire is up close two years ago and were devastated. Residents had minutes to exit and get clear of their properties at RMCC.

This danger could be avoided by putting a rest stop, Ranger station and parking for the Rio Prado Park on Route 76. There is opportunity for these addition on Route 76 just across from the proposed county park. Equestrian trailers could more easily have access and be parked and unloaded. Even hardcourt sports could be added to this part of a park, better designed for access and parking. A bridge could give access for equestrian,

pedestrians and cyclists. It would give the public the ability to easily cross over to the Rio Prado Park facilities. I believe they have a bridge to access the San Dieguito River Park – Santa Fe Valley Trail along the Del Dios Road. Additionally, they could incorporate dry trails to be designed for crossing with horses, bikes and on foot. Easy access off Route 76, a rest stop and parking seems like a much better plan.

As a community we have embraced the idea of the park, a passive park. We feel that more traffic will put a strain on this senior community and more than likely harm. We also have an historic chapel and ranch building that this community has maintained along this proposed access road. These resources too will take on the added stress of traffic.

San Diego Parks have put a lot more energy and thought in designing Rio Prado Park amenities than considering access to it.

Please help us remind the San Diego County Parks Department that we deserve consideration of these concerns.

We need our community support. Thank you.

Ted Clinite

Back to Business



Supervisor Jim Desmond
5th District

Our momentum is building, San Diego County! Thanks to your support, restaurants are open for dine-in and retail shops for in store shopping. Also, we've sent a proposed pilot program telling the governor we are ready to open personal salons, fitness facilities, outdoor religious services, homeowner association pools, therapeutic and peer support groups and modified youth sports.

I want to keep pushing to open


more, but it's a start and our voices are being heard. I would love to see churches, amusement parks and many other businesses open soon.

Over the past two months, I've heard from hundreds of businesses who have submitted their safety plans and their proposals to our office. Thank you to all of you for your contributions to this plan.

Safety has always been at the top of my mind, but we need to get people back to work too. The latest unemployment numbers show San Diego County with a 30.1% unemployment rate. Financial devastation, plus isolation can lead to increased stress, addiction and higher suicide rates. These issues must be addressed with the same rigor as we are fighting the virus.

Throughout the past two months, I've been led by facts and data. I look at the facts and try and let them guide my decisions. The latest facts show that we must protect the most vulnerable. Older adults and those with underlying health conditions are much more susceptible to suffering from COVID-19. We must protect them.

We can do this San Diego. Let's get back to work, safely.



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Planning Commission approves Shadow Run Ranch

Joe Naiman
Village News Reporter

The San Diego County Planning Commission approved the Shadow Run Ranch development in western Pauma Valley.

The May 15 planning commission meeting was held by teleconference so the official approval vote was 6-0 because computer issues prevented Michael Seiler from voting, but Seiler expressed support for the project.

Shadow Ranch Run LLC has proposed to subdivide approximately 265 acres into 44 residential lots along with a recreational open space lot, an agricultural open space lot and a biological open space lot.

The planning commission’s approval included a tentative parcel map, a major use permit and boundary adjustments to allow all of a residential or open space lot to be within the same parcel.

An application for the project was submitted in August 2000 and originally included 46 residential units, but issues involving the environmental impact report and access onto state Route 76 resulted in delays. Because the application was submitted before August 2003, it was evaluated under the general plan in effect at the time rather than the updated general plan approved in August 2011. The property has A70 Limited Agriculture zoning.

Even after slope and other environmental restrictions the zoning allows for 53 dwelling units. Because the average slope is 23.6%, it is not subject to four-acre minimum lot sizes and lots as small as 2 acres are allowed.

The land currently consisting of nine legal parcels, which will become 47 lots after the final map is recorded, is approximately 3 miles east of Pala Casino, although the property is on the north side of Route 76 and the casino is on the south side of Route 76, and approximately 8 1/2 miles east of Interstate 15.

It is approximately 700 feet north of the San Luis Rey River. The elevation of the property ranges from approximately 740 feet above sea level to approximately 1,600 feet above sea level, and the 3 1/2-acre irrigation reservoir is at approximately 1,080 feet above sea level. Currently the site has approximately 154 acres of citrus, avocados, pomegranates and persimmons in cultivation. Groundwater wells complement the irrigation system. The existing buildings include a residence, a caretaker’s house and agricultural structures.

The agricultural open space lot which will be operated by the homeowners association is be 39.1 acres, and the residential lots will range from 2.0 to 7.35 acres, which will allow for continued grove operations. The minimum lot size for the homes along Route 76 will be 2.74 acres.

The irrigation system supplied by groundwater from on-site wells will provide irrigation water for the residential lots, although in the future the project will be annexed to the Yuima Municipal Water District, the San Diego County Water Authority and the Metropolitan Water District of Southern California so that imported potable water can serve the residences themselves.

The biological open space lot will measure 91.3 acres, and the recreational open space lot will be 7.96 acres. The project will include 2,000 feet of public trail along Route 76 and 12,500 feet of pathways and trails on-site. The major use permit will cover the recreational lot and the reservoir.

Owners of the individual residential lots will have the option of having their groves managed by the homeowners’ association, managing the agricultural use themselves or discontinuing agricultural activity. The agricultural manager hired by the homeowners association will also be responsible for managing and maintaining the irrigation system.

The homeowners association will also manage the recreational lot which will include the 3.5-acre irrigation reservoir as well as a volleyball court, a tennis court, play equipment, a picnic area, a parking lot and walking paths. The recreational lot other than the irrigation reservoir will be for day use only and will be closed and locked between sunset and

sunrise. No night lighting will be provided.

The public trail will be inside the 100-foot visual buffer along Route 76 but will be outside the California Department of Transportation right of way. The on-site trails will be 8 feet in width and consist of decomposed granite pathways. Agricultural groves will screen the homes from Route 76 motorists.

The project entrance will be Hass Grove Lane. Intersection improvements will be made at Hass Grove Lane and Route 76 and along Adams Drive and Route 76. Hass Grove Lane will be approximately 1,350 feet west of Adams Drive.

The paved width along the Shadow Run Ranch project frontage will allow for 12-foot eastbound and westbound lanes, a center turn lane and an eight-foot shoulder.

A second access point to Adams Drive will be provided from the internal streets Hass View Way and Fig Tree Bend. Although

Adams Drive is a private road, the Shadow Run Ranch development will improve the portion between Fig Tree Bend and Route 76 to a paved width of 24 feet and will also realign the intersection of Route 76 and Adams Drive so that the two roads will be at a 90-degree angle.

The paved width of Route 76 just east of Adams Drive will be increased to allow for right turns onto Adams Drive and a better North County Transit District bus stop.

The land is currently within the San Diego County Regional Fire Authority service area. The closest fire station is the Rincon station approximately 4.8 miles to the east, and that station is staffed 24 hours a day. The total response time from the fire station is less than nine minutes. Shadow Run Ranch will be required to install potable water lines and hydrants to meet a minimum flow of 2,500 gallons per minute.

Each residential lot will have an on-site septic system.

A photovoltaic energy system with at least a 2.85-kilowatt capacity will be installed on each residence.

In July 2014, the Pala-Pauma Community Sponsor Group voted 5-0 with one abstention to recommend approval of the project with conditions. The revised version of the project

was brought to the sponsor group in April 2019, and a 6-0 vote recommended approval with conditions. Those conditions have been addressed.

Joe Naiman can be reached by email at jnaiman@reedermedia.com.

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- 1.) Moving our market style distribution to the LEARNING CENTER (which is located at the pantry – 140 N. Brandon Road, Fallbrook) for food pick up only: all food (dry goods, canned, frozen meats, dairy items, bread and fresh produce) will be pre-bagged.
SERVING: MON-FRI 9:30AM-12:30PM
- 2.) No one is allowed to open bags and remove items that are unwanted – we cannot risk contamination. All food in bags must leave with each family/individual.
- 3.) Asking clients to stand 6 feet apart while standing in line for food.
- 4.) Asking both volunteers and clients to wear gloves at all times while in the pantry.
- 5.) Any new clients will be treated as an “emergency” and will be able to receive food with just an ID (YOU MUST HAVE either a driver’s license, state ID, military, school, etc.).
- 6.) Our hours of operation will remain the same: Monday-Friday 9:30-12:30.
If clients show up early to stand in line – we will begin serving them as soon as possible – even earlier than 9:30 to prevent “loitering” or too much contact with others.
- 7.) As long as staff/volunteers are willing and able to serve, we will not have to change days and/or hours of operation – but in the case of this situation changing due to a variety of possible obstacles, we will keep the public apprised of our decisions and make it known if and when we need EXTRA HELP from the community!

If you are interested in helping, please go to FALLBROOKFOODPANTRY.ORG, for volunteering or to make a donation. Thank you all so very much for your support and concern for our community in-need...your generosity and compassion is beyond philanthropic – it is pure LOVE! – In good health, Shae Gawlak, Executive Director



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Real Estate Round-Up: No time to waste



Kim Murphy
Murphy & Murphy Southern California Realty

Often when we work with clients, we are asked what we believe will happen in the market as it pertains to the price of homes. Buyers are trying to find the bottom of the market, and sellers are trying to find the peak of the market. We remind clients that one job description that we don't have is "prophet" and we don't possess a crystal ball.

Often there are strong indicators that allow us to project a "trend" in the market, but a comparative market analysis is a picture of the marketplace as it appears on that day and may or may not be reflective of next week or next month.

As a matter of fact, often when we initially list a property for sale, sellers have some sprucing up to do to get their home ready for sale. If that occurs quickly, the comparative market analysis prepared for the day the property was listed, generally still applies. But in the cases that sellers require months to ready their property for sale, we include in the listing

contract that a CMA will be provided that reflects the current market status at the time the property will become "Active" on the market, so the list price can be adjusted up or down based on the most recent sales activity.

When an unanticipated event occurs, like the coronavirus pandemic, every CMA provided before the event is not going to reflect the change in the marketplace that currently exists.

For weeks, I have encouraged sellers to list their homes. Buyers were abundant, and listings were few. In a matter of weeks, things have changed. Even though the 30-year fixed rate mortgage averaged just 3.23%, which is up slightly from 3.15% the previous week, interest rates have never been more attractive. In addition to fueling a conventional refinancing boom, it is also driving at least some of the increased activity in new mortgage applications for purchases as well.

The thing is most of those buyers are sitting in the wings, waiting for more inventory to be available to shop from. As I mentioned last week, the numbers of views our algorithms are showing for our listings is considerably up.

Nearly three-quarters of the respondents surveyed by Realty Biz News said buyers are continuing to search for homes online, compared to under 24% who said they're putting the search on hold until things are back to normal. On the flip side, only about 34% are willing to tour homes during this time, with the majority saying they will wait out the pandemic.

Sellers, however, are not as hesitant. According to the survey, "Despite concerns over market instability and how long the pandemic will last, 45% of those

who planned to sell their home during this time are still moving forward as planned."

This response is despite sellers feeling burdened with adjusting to the COVID-19 pandemic. However, nearly a third of them are unsure of how to move forward, and the lack of buyer traffic does not help.

The unwarranted burden on Realtors is the perception by homeowners that we are always "selling," even to them. The truth is professional Realtors, who have worked in the industry for years, recognize the value of truth and do their best to share what's relevant with their clients to help them take the action that is best for the client.

Just like any profession, a few not so purely motivated apples can spoil it for the entire bushel. So where do we go from here, considering today's news?

Here are the current facts. After decelerating during the second half of April, the number of closed sales has fallen again for the second consecutive week. The daily average number of closed sales dipped by 9.1% last week from the week prior. Every major region in the state was down and every price segment also fell from the week before. The monthly figures for April showed the largest monthly decline in California home sales going back at least as far as our data in the late 1970s.

However, the weekly data suggests that sales are likely to drop further in May. Closed sales are likely still reflecting the steeper declines in pending sales from early- and mid-April as escrows take time to complete.

Furthermore, the number of properties entering escrow has fallen statewide for the first time in five weeks. The loss of momentum

in the recent rebound suggests that the past month has likely been more catch-up effect from an initial overcorrection than the beginnings of a v-shaped recovery.

Listing prices have remained remarkably stable during the crisis thus far. As of last week, roughly 29% of active listings had reduced prices – almost identical to pre-crisis levels. In addition, the median list price per square foot has also been essentially constant. However, we may be entering a phase where closed sale prices are beginning to lead listing prices down as the percentage of closed sales that were discounted increased from 46% the previous week to 51% last week.

Many sellers still view the effects of the "stay-at-home" as temporary and have shown little interest in reducing prices, but more discounts on closed sales suggest that sellers make concessions during the escrow process to keep transactions on track.

The Mortgage Bankers Association reported recently that more than 8% of all mortgages are currently in forbearance. Depending on the estimates for the number of loans that equates to as many as 6.4 million loans with payments that are not getting paid.

Although the Federal Housing Finance Agency has provided guidance for repayment plans that should prevent many of these loans from going into default or foreclosure, these figures highlight just how serious the consequences of 20.5 million job losses, 15% unemployment and 37 million unemployment claims can be. And the ripple effects of these labor market consequences are likely to kick in with a lag, be longer lasting and heal much more slowly.

California's economy continues to open up and many indicators paint a less dire picture than in mid-April. Yet, it is important to remember that the effects on the economy and housing market are still being tallied. Just the effects associated with the job, spending and economic losses that have been reported thus far are the worst on record, with more declines expected in May, June and potentially into July.

The ripple effects of these initial impacts will take time to play out. Lost jobs and income take time to manifest in the broader economy but eventually result in less economic activity with additional multiplier effects. Thus, even as the economy begins to open up and critical data begins to move in the right direction, the environment for sales and prices remains soft for the foreseeable future.

As I said in the opening paragraph, I do not have a crystal ball and I'm not a prophet. However, given this most recent update, I believe that there is still opportunity for third and fourth quarters to become a strong selling season, but there is no time to waste.

Both sellers and buyers will hopefully get on the same page. If they do, then sales will occur, not like a rocket ship, but consistent with a steady climb up a mountain, strenuous but moving forward. We're here to help you find the best course of action given your circumstances. Thanks for reading.

Kim Murphy can be reached at kim@murphy-realty.com or 760-415-9292 or at 130 N. Main Ave. in Fallbrook. Her broker license is #01229921, and she is on the board of directors for the California Association of Realtors.

Senate public safety committee kills Jones' porch piracy solution

SACRAMENTO – The Senate Public Safety Committee voted down Senate Bill 979, written by state Sen. Brian Jones, R-Santee. The measure was meant to increase the penalties on people who steal packages from the porch or entryway of someone's home.

"Some of the most vulnerable in our community, such as seniors and disabled individuals, rely on home delivery of goods for survival. During the COVID-19 crisis,

vulnerable individuals unable to leave their home rely on package delivery for essential items such as medication and food," Jones said. "Unfortunately, an increase in package delivery has also led to an increase in package theft from outside Californians' homes. This 'porch piracy' epidemic is serious and needs to be addressed by our criminal justice system. Current law is weak on the punishment of this type of theft, but this

bill would have increased the consequences significantly."

Current law provides that a theft of a package from the porch or entryway of someone's home is a misdemeanor, no matter how many repeat convictions the perpetrator may have on their record. SB 979 would have allowed prosecutors to charge the perpetrator with a misdemeanor or with a felony in the third or subsequent conviction during a 36-month period.

While the majority-party members of the Senate Public Safety Committee acknowledged the problem of increased porch piracy and the need to address it in California, they voted down SB 979.

"Some of these so-called 'porch pirates' are habitual offenders who keep dodging real punishment for their actions because thefts from outside a home are treated differently under current law than burglaries committed inside a home," Jones said. "California often leads the nation in policy, and this needs to be one of those times. While the committee agreed

porch piracy is a problem in the state, unfortunately, the committee did not agree that these offenders deserve a punishment that's fit for their crime."

SB 979 was defeated in Senate Public Safety on a 2-5 party line vote with Republican Sens. John Moorlach, R-Costa Mesa, and Mike Morrell, R-Rancho Cucamonga, supporting the measure, while Democrat Sens. Nancy Skinner, D-Berkeley; Steven Bradford, D-Gardena; Hannah-Beth Jackson, D-Santa Barbara; Holly Mitchell, D-Los Angeles, and Scott Weiner, D-San Francisco, voted against it.

Sen. Brian W. Jones is chair of the Senate Republican Caucus and was elected to the California state Senate in 2018 representing the 38th Senate District which includes Alpine, Escondido, Lemon Grove, El Cajon, La Mesa, Santee, Poway, San Marcos, Lakeside, Valley Center, Rancho Santa Fe, Julian, Ramona, Rancho San Diego, Bonsall, Fallbrook, Borrego Springs and parts of the city of San Diego.

www.villagenews.com

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Seller will entertain offers between \$850,000 & \$950,000

Move Right In



JUST LISTED

1771 CAMINO DE NOG, FALLBROOK

Custom home located in the Avowood neighborhood. This beautiful estate sits up on a hill to capture distant views and cool breezes. It boasts an open and flowing floorplan, with in-home office, and a wing that could be devoted to guests or multi-generational living. Appointed with beautiful hardwood floors, and updated kitchen and bathrooms, you can move right in. The side entry 3 car garage is oversized and boasts a great work area. The backyard is spacious and level, with fantastic room for a pool. There is a children's playhouse or "she-shed" and also a detached workshop for gardening or weekend projects. You will love this home.

Seller will entertain offers between \$735,000 & \$815,000

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422 CREST COURT LANE, FALLBROOK

Welcome home! Highly upgraded 4BD/3.5BA home with pecky-alder cabinetry and granite countertops. 2,767 sf on .63 acre. Warm wood, accented by stone, is featured in the wall of built-ins in the great-room. Knotty pine trey-ceilings in great room and master. The flowing floorplan centers around the cook's kitchen, great room and formal dining room. Kitchen boasts custom full backsplash, LG double ovens, Fr. door refrigerator, glass front cabinets, multi-level breakfast bar, LG 5 burner natural gas cooktop, customized center island. Master and the additional bedrooms reside in separate wings of the home.

Seller will entertain offers between \$715,000 & \$785,000

Stunning



COMING SOON

915 COOKIE LANE, FALLBROOK

Single story stunner with vaulted ceilings in the formal living and dining rooms, family room and kitchen and master bedroom and bath. Plantation shutters adorn the windows and sliders. Solid surface flooring is throughout the living area. Granite counters adorn the kitchen cabinetry. A gas igniting fireplace in the family room features stacked stone. The master bedroom is separated by an in-home office, with a front second master bedroom, which is great for multi-generational living or guests. There is an aluminum covered patio off the family room that looks to the level yard. The home also has a terraced yard planted in grapes.

Seller will entertain offers between \$595,000 & \$650,000

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1058 RIDGE HEIGHTS DR, FALLBROOK

Seller will entertain offers between \$525,000 & \$595,000

SOLD!



3495 VIA ZARA CT, FALLBROOK

Seller will entertain offers between ~~\$850,000~~ & ~~\$1,100,000~~
SOLD FOR \$1,061,000

SOLD!



3680 HARMONY HILL, FALLBROOK

Seller will entertain offers between ~~\$850,000~~ & ~~\$925,000~~
SOLD FOR \$915,000

SOLD!



418 N. NEVADA ST, OCEANSIDE

Seller will entertain offers between ~~\$795,000~~ & ~~\$895,000~~
SOLD FOR \$855,000

SOLD!



3742 FOXGLOVE LANE, FALLBROOK

Seller will entertain offers between ~~\$795,000~~ & ~~\$875,000~~
SOLD FOR \$820,000

SOLD!



3135 CANONITA, FALLBROOK

Seller will entertain offers between ~~\$725,000~~ & ~~\$795,000~~
SOLD FOR \$765,000

SOLD!



2082 FUERTE, FALLBROOK

Seller will entertain offers between ~~\$675,000~~ & ~~\$750,000~~
SOLD FOR \$735,000

SOLD!



30652 ROADRUNNER RIDGE, VALLEY CENTER

Seller will entertain offers between ~~\$625,000~~ & ~~\$750,000~~
SOLD FOR \$655,000

SOLD!



198 BRYCE LANE, FALLBROOK

Seller will entertain offers between ~~\$525,000~~ & ~~\$600,000~~
SOLD FOR \$600,000

SOLD!



629 ROSVALL DRIVE, FALLBROOK

Seller will entertain offers between ~~\$530,000~~ & ~~\$590,000~~
SOLD FOR \$565,000

SOLD!



199 N. MERCEDES, FALLBROOK

Seller will entertain offers between ~~\$475,000~~ & ~~\$550,000~~
SOLD FOR \$525,000

SOLD!



955 BUENA CAPRI, FALLBROOK

Seller will entertain offers between ~~\$450,000~~ & ~~\$515,000~~
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Fallbrook Village Rotary donates masks to local businesses



Paul Mungo of Manor Cleaners works with Fallbrook Village Rotary's George Archibald to make masks for the community.



George Archibald of Fallbrook Village Rotary delivers masks to Faro Trupiano of 127 West Social House in Fallbrook.



John Alarcon, store manager of Major Market, receives masks from George Archibald of Fallbrook Village Rotary. Village News/Courtesy photos

FALLBROOK – Fallbrook Village Rotary continues to meet regularly on Zoom and works to serve the community during the COVID-19 pandemic.

Rotarians contracted with Fallbrook's Manor Cleaners to sew masks. Paul Mungo, owner of Manor Cleaners, also donated 20 additional masks to the project. Masks deliveries were made last

week. Rotarian George Archibald provided masks to both John Alarcon, store manager of Major Market, who regularly supplies food for Rotary fundraisers.

Faro Trupiano also received masks from Rotarian Archibald. Trupiano's 127 West is the Rotary's meeting location when they aren't meeting online.

The additional donated masks

were given to the Regency, for assisted-living personnel.

The Fallbrook Village Rotary Foundation and a San Diego and Imperial County Rotary COVID-19 grant funded this project. For more Fallbrook Village Rotary information, visit <https://fallbrookvillagerotary.com>.

Submitted by Fallbrook Village Rotary.

What's allowed, not allowed in restaurants, stores

José A. Álvarez
San Diego County Communications Office

Restaurants and stores in San Diego County can now open to serve customers in person; however, they must follow specific guidelines to prevent the spread of COVID-19.

Guidelines for dine-in restaurants require temperature and symptom screening for employees daily. Employees with symptoms are not allowed to work.

All tables need to be 6 feet apart

or have barriers separating them. Signs need to be posted reminding customers to social distance.

Employees must wear facial coverings. Customers must wear facial coverings except when seated. No self-service such as buffets, salad bars, soda machines, etc.

Restaurants should encourage reservations and expand outdoor seating.

Before reopening, food businesses must fill and post the county restaurant operating protocol. Additional guidance,

posters and information for a safe reopening can be found on the <http://coronavirus-sd.com> page for restaurant operators website.

The county Department of Environmental Health continues conducting food safety status verifications to ensure compliance with the California Retail Food Code and provide guidance and education on the Health Officer Orders.

Retail shopping
Customers are allowed in stores, including malls, with the following

requirements.

Shops must post signs saying no employees or customers with COVID-19 symptoms should enter. They must perform temperature and symptom screening for employees daily.

Employees and customers must wear facial coverings and limit number of customers to maintain 6 feet of distance.

Businesses that have not done so already need to complete a safe reopening plan, post it at their entrance and discuss with their employees. Retail businesses that have been providing curbside or front-door pickup and will now be allowing customers indoors must update their plan.

The public or employees should not enter any business if they have symptoms of COVID-19, which include cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat or a new loss of taste or smell.

The plan was adopted because

the county meets all the current readiness criteria and can safely move into an accelerated reopening.

As more places open to the public, it's important for people to continue taking precautions to avoid getting and spreading COVID-19.

"Dining out and shopping must be done safely as crowded places increase the risk of exposure to COVID-19," Wooten said. "People should continue wearing a face covering in public, maintain their distance from others, avoid touching their face and wash their hands frequently."

While some San Diegans would like for more businesses to reopen and other activities to occur, the state has yet to allow the following to open: hotels, Airbnb, gyms, fitness centers, hair and nail salons, beach parking lots, sitting or lying down on the beach or religious services, except funerals performed with social distancing.

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number of claims each year, so that its attorneys can give each case the individualized attention it deserves. Attorney Andrew Zucker has personally tried over 40 jury trials throughout his career and the firm has handled some of the largest cases out there. They are a small firm by design so that they can heavily work up each case, as it needs.

The Zucker Law Firm is also well funded, in order to bring in the

best of the best experts, and see a case all the way through to trial if need be.

The firm was honored to have one of its recent jury trials reviewed by the California Supreme Court, who unanimously upheld the verdict in a multi-million dollar jury trial. The firm particularly maintains a high regard for the men and women in law enforcement and is proud to have represented them, both in and out of the line of duty.

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Shape San Diego County's future – serve on redistricting commission

Tracy DeFore
County of San Diego Communications Office

The opportunity only comes once every 10 years – a chance to redraw the boundaries of the San Diego County's five supervisorial districts.

The county is taking applications now for people who can serve on its independent redistricting commission. Members will redraw the district lines to reflect the new numbers in the federal census.

Why is that important? District lines can shape a community's ability to elect the representative of their choice.

The 2020 census numbers will reveal new data on residents and whether one district is more populated than the others. Each supervisor should represent a diverse population of about 650,000 residents.

Redistricting commission members will reshape the district boundaries to meet community needs. The commission will act independently from the county board of supervisors.

The county's clerk of the board will take redistricting commission applications through July 31.

To qualify, volunteers must be

San Diego County residents who were registered to vote with the same political party or listed as no party preference for the last five years. And they must have voted in at least one of the last three statewide elections. Applicants must not have been active in political circles for the last 10 years. They must be impartial and demonstrate analytical skills.

Applications will be screened for the 60 most qualified applicants. One commissioner for each of the five districts will be picked during a random drawing at the Oct. 13 board of supervisors meeting. A second random drawing that day will select three additional commissioners for a total of eight.

Those commissioners will meet to decide on six more to round out a 14-member commission.

Once formed, the redistricting commission must hold at least seven public hearings in 30 days with at least one hearing in each supervisorial district. Other meetings, dates and times are at the discretion of the commission.

The group will review the new census data when it's released and start the process on redrawing new maps for the five supervisorial districts. The maps must be completed by Aug. 15, 2021.

Boys & Girls Clubs of North County virtually raises \$90,000



A trip to Kauai, Hawaii, is one of the vacation packages auctioned during the Boys & Girls Clubs of North County fundraiser.

Village News/Courtesy photo

FALLBROOK—After canceling their Red Carpet Gala scheduled for April 25 due to the COVID-19 pandemic, Boys & Girls Clubs of North County moved its well-known gala to an online platform and raised almost \$90,000. From May 18 to May 23, guests could peruse the auction items and vacation packages from the comfort of their own home. This year’s gala was scheduled

to be held at Pechanga Resort Casino as the club’s largest fundraiser of the year. When it became apparent that it would be canceled, the Gala Committee and staff worked together to come up with a new plan.

“We are so grateful for the hard work and guidance of our committee members,” Allison Barclay, CEO of the Boys & Girls Clubs of North County, said. “We could not have made this huge change to our event without the support of our gala committee, board of directors and our loyal sponsors.”

The club received sponsorships from The Angel Society, Del Rey Avocado, Bob and Susan Lucy, Jim and Jeanette Short, Pacific Western Bank, SDG&E, PRAVA Construction, Bill & Colleen Jackson, River Village Plaza, Stromsoe Insurance Agency, Phil Stoewer and Donna Reisbeck-Stoewer.

In addition to sponsorships, the club raised money by placing over 100 donated items up for bid on their event page. Offerings such as a trip to Kauai, Hawaii; James Taylor concert tickets; wine

tastings; golf outings and much more helped to contribute to the nearly \$90,000 that was raised through the virtual event.

Participants were also treated to videos highlighting the impact the club has on the youth in the Fallbrook community. One video showcased the club’s Youth of the Year, Yolanda Bailon and her sister Linda, a former Youth of the Year, as they shared their stories of how the Boys & Girls Club changed their lives.

The club will be opening its doors again starting June 1 with a limited program, due to current public health guidelines. Funds raised from the event will help support the club’s upcoming summer and school year programs. Administrative staff are anticipating an increased cost to operate these programs and greater demand among the families in the community.

To learn about more ways to give to the Boys & Girls Clubs of North County, visit www.Bgcnorthcounty.org.

Submitted by the Boys & Girls Clubs of North County.

Coronavirus has unclear impact on crime

Will Fritz
Staff Writer

The coronavirus pandemic has had an unclear impact on the number of crimes local law enforcement officers are seeing in North County and the Fallbrook area.

The California Highway Patrol, which oversees highways and all roads in unincorporated areas, has reported issuing far more tickets for speeding over 100 mph amid pandemic-related stay-at-home orders which have resulted in less traffic.

According to preliminary data from the agency’s traffic records, 4,000 tickets for speeding over

100 mph were issued between March 19 and April 30, which is more than double the rate seen last year during that same period. At the exact same time, the number of crashes statewide has declined about 75% from last year, and there has been an 88% reduction in the number of people killed in crashes.

But that’s about the only clear coronavirus-correlated crime statistic there is.

Lt. Arnold Aldana, who oversees the Fallbrook Sheriff’s Substation, said there haven’t been any obvious trends in incidences in other crimes, so it’s not apparent that coronavirus has had much of an impact on crime.

Aldana said there were very slight increases in reports of some crimes from March to April, but they were not significant and regardless, it would be impossible to tell whether they were coronavirus-related.

“For instance, DVs (domestic violence reports) from March to April has a slight increase, and then this month it went down,” he said.

Statistics provided by the San Diego County Sheriff’s Department last showed the department responded to 20 reports of domestic violence incidents March 14 and 15 reports March 19, the day the statewide stay-at-home order went into

effect. That was more than the five to 10 domestic violence calls the sheriff’s department had been averaging before the stay-at-home order, but not significantly more than an earlier peak of 15 domestic violence calls in February.

Data has, however, shown a marked drop in child abuse calls, according to San Diego County officials.

“It is too early to know the full impact that changes in the economy or other factors could have in increasing the risk for children in our community, but CWS does anticipate that there will be a recovery period from COVID-19 and we are exploring

new measures to help strengthen families and ensure the safety of children moving forward through this period and beyond,” San Diego County representative Sarah Sweeney said in April.

Aldana went on to say that there were also slight increases in commercial burglaries and vandalism, but neither of those increases were significant.

“Again, that may be related or not, based on people staying at home and not checking on (properties),” Aldana said.

Will Fritz can be reached by email at wfritz@reedermedia.com.

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GRANT

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can demonstrate it has the ability to provide a service not provided by any nonprofit.

The health district’s Strategic Planning Committee, which consists of two members of the health district’s full board of directors, was presented with a summary of staff rankings of applications for grant funds. Applications were scored by staff members on a scale of 0-100, and the rankings presented to the committee were based on an average of staff members’ rankings.

Staff recommended funding requests with average scores above 70.

Health district Executive Director Rachel Mason said each application had at least two reviewers.

Howard Salmon, chairman of the Strategic Planning Committee as well as the full board of directors, said the review process this year was “far and away a much better process than we have ever had,” and thanked Mason and health district staff for their work.

The health district budgeted about \$1.25 million to pay out in grant money, which primarily comes out of property tax revenue. The total amount requested by entities whose applications scored above 70 is about \$1.4 million.

Some high-scoring applicants include the Fallbrook Food Pantry, which asked for \$120,000 to help alleviate hunger in greater

Fallbrook and D’Vine Path, which asked for about \$21,000 for its Life I Can program.

Salmon said the health district should work with applicants that scored below 70 to help improve their applications in future years.

“We should give them real specific feedback as to why they didn’t fit, or where’s what you might think about doing next time to make your proposal stronger,” Salmon said.

The full list of applicants that scored above 70, some of which applied more than once, is as follows:

- Fallbrook Food Pantry
- D’Vine Path
- San Diego County Medical Society Foundation
- Foundation for Senior Care
- REINS
- Senior/Special Needs Animal Assistance Project Endeavor
- Be Well Therapy
- Boys & Girls Clubs of North County
- Fallbrook Smiles Project
- Palomar Family Counseling Service
- Neighborhood Healthcare
- Palomar Family Counseling Service
- Fallbrook Senior Citizens Service Club
- Michelle’s Place Cancer Resource Center

The health district’s full board of directors will consider funding for applicants at its June 10 meeting.

Will Fritz can be reached by email at wfritz@reedermedia.com.

San Diego County nears 250 coronavirus deaths

Fallbrook still has one of the lowest case totals, and now ranks second in county

Will Fritz
Staff Writer

The COVID-19 death toll in San Diego County is nearing the 250 mark as statewide stay-at-home orders begin to loosen.

County health officials reported 96 cases of COVID-19 and no additional deaths Monday, May 25, bringing the county’s total to 6,797 cases and 249 deaths.

So far, 1,244 cases have required hospitalization and 370 have required intensive care, the county Health and Human Services Agency reported.

Of the 3,700 tests reported to the county Sunday, May 24; 96 were positive cases.

The 14-day rolling average of new positive cases among county residents is 3.2%.

There remained a total of 22 reported coronavirus cases in Fallbrook, the same as a week ago, and six in Bonsall, also the same as last week, as of press time Tuesday.

Fallbrook is still one of the areas with the lowest number of coronavirus infections per 100,000, with the 92028 ZIP code—which also covers Rainbow and De Luz – reporting 45.6 coronavirus cases per 100,000. Fallbrook is back in second place for the lowest number of infections, behind only Scripps Ranch, with ZIP codes for Ocean Beach, Alpine and Naval Base San Diego having inched above Fallbrook.

The county did not estimate a per capita infection rate for Bonsall, as its number of cases was too small.

In the meantime, Gov. Gavin Newsom issued guidance Monday to churches and other houses of worship in California on how they can safely reopen amid the ongoing COVID-19 pandemic.

Under the guidelines, places of worship must limit attendance to 25% of building capacity or 100 attendees, whichever is lower. This limitation will be in effect for the first 21 days of each county public health department’s approval of religious services within their jurisdictions, after which the California Department of Public Health will review the limits.

They must also arrange for social distancing of at least 6 feet between people, establish and implement a COVID-19 prevention plan for every location, train staff and regularly evaluate workplaces for compliance.

Churches and other houses of worship were ordered closed to the public on March 19. Since then, many have adjusted by holding virtual services, while a few have recently resumed in-person services in violation of the order.

The U.S. Centers for Disease Control and Prevention released “interim guidance” Friday for houses of worship, while continuing to warn that “gatherings present a risk for increasing the spread of COVID-19 during this public health emergency.”

The CDC guidance includes standard recommendations such as frequent hand-washing, encouraging face coverings for staff and congregants, frequent cleaning of surfaces and promotion of social distancing through physical set-up and limited attendance.

More than 1,200 pastors and clergy from across California sent the governor a letter last week saying they plan to resume in-person services May 31, regardless of state restrictions.

Some churches and faith leaders have also sued the state, seeking to compel the reopening of houses of worship, and the U.S. Department of Justice recently sent a letter to the state warning that restrictions on such facilities could be a violation of federal law.

In San Diego County, some 1.3 million Roman Catholics are being invited to attend in-person Masses as early June 8, church officials said.

Parishes may adopt different logistics, such as indoors, outdoors or a hybrid.

“After a great deal of discussion, we concluded that the first weekend for the public celebration of the Eucharist in our parishes should be the feast of Corpus Christi, June 14,” Bishop Robert McElroy said in a letter posted Saturday on Facebook. “This seems a beautifully symbolic and joyful feast in which to bring together anew our Eucharistic communities.”

But McElroy said a weekday opening has been suggested.

“Thus, if a pastor wishes to initiate daily Mass from Monday, June 8, that will be permitted,” he wrote in the two-page letter.

Parishioners are not required to attend in-person Masses. McElroy said he has removed the obligation “for the foreseeable future,” so people can

opt to worship online.

“All of us must urge sick or especially vulnerable members of our communities to refrain from coming to Mass, and we must continue the wonderful online Masses that so many of you have been providing for your people in these days,” he said.

In his letter, Bishop McElroy said he spoke at length Friday with Dr. Wilma Wooten, San Diego County’s public health director, “and received support for our plan to reopen our parishes in a manner that will vigorously safeguard public health.”

In the meantime, Barona Resort and Casino also announced plans to reopen on Wednesday.

Other tribal casinos began reopening their doors last week, despite disapproval from county officials, including nearby Pala Casino Spa Resort, which reopened May 22. Tribal casinos are on federally regulated land, outside the county’s jurisdiction.

North County’s Pauma Casino, however, is bucking the trend of local casinos reopening by deciding to remain shut indefinitely. The casino has been closed since March 15.

“It is very important to the Pauma Band of Luiseno Indians and Casino

Pauma leadership that we continue to demonstrate that ‘Where People Come First’ is more than a slogan,” Jim Thomason, general manager of Casino Pauma, said earlier this month.

The California Department of Public Health also announced Monday the statewide reopening of in-store retail shopping, a major step in California’s emergence from shutdown orders issued in March to slow the spread of the coronavirus.

The retail guidance for in-person shopping that is already in place for certain counties, including San Diego County, now applies statewide, officials said.

Hair salons and barbershops may also open now in San Diego County and other counties that have been allowed to proceed through Phase 2 of the governor’s reopening plan. Nail salons are expected to be allowed to reopen soon as well, according to an announcement from Supervisor Jim Desmond’s office.

City News Service contributed to this report.



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2020 Bonsall High School graduates and their families tour around the high school stopping at a variety of spots to receive items such as their diplomas, Hawaiian leis and their cap and gowns.

Village News/Shane Gibson photos

CEREMONY

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degree at UCLA,” she said.

Holdo, along with her fellow classmates were invited to a drive-thru graduation ceremony, put on by the staff and district that featured a drive-up cap and gown delivery, drive-thru diploma handoff, a car show by a local car club, music from a live DJ and lots and lots of cheering from school staff, San Diego sheriff’s deputies, North County Fire and U.S. Marine Corps representatives.

Graduates arrived in vehicles and didn’t exit the vehicles, most of which had some elaborate decorations on them. Some grads stuck their head out the windows, others danced and waved through sunroofs and others left the sliding doors of vans open so they could soak up the congratulations coming their way.

“I think it’s really sweet of them, and I’ve known them for the last four years, if not more,” Holdo said of the event put on by the school and district. “And I’m so glad that they were able to put this all together, and I was able to see them one last time. Perfect.”

The school will also hold a

virtual graduation ceremony in the coming weeks as well.

School principal Jason Fowler was on hand all afternoon in his black gown with a mask on handing the graduates their diplomas as they came through.

“It’s good; it’s a good experience for the kids,” he said. “I wish we could do more and these guys have had to sacrifice a whole lot for this year with the COVID-19 situation and everything. But we want to do everything we can for them. This is just one small thing. We’re also doing a virtual graduation to celebrate the right way.”

Crystal Dence, the school’s College and Career technician and registrar, lead the charge for the staff and district as she and Cindy Prestwood, dean of students; counselor Eryn Kjelland and Fowler planned the drive-thru event.

“We just kind of started thinking of what we can do and trying to figure out ways to make it a little more exciting for the kids,” Dence said.

She said nearly everyone she called and asked to participate in the event immediately said “yes.” And because there won’t be a formal graduation ceremony this year, they were able to use some

of the funds they saved to make this event more special.

The graduates received donated buttons and ribbon necklaces; the school imported leis from

Hawaii. The DJ, who performed at several school events in the past, insisted on coming out to honor the graduates. All the seniors will receive free yearbooks as well.

“It was just really cool to see everybody try to do something for these kids,” Dence said.

David Jones, superintendent of Bonsall Unified School District, celebrated with the students at the drive-by as well, cheering them on as they drove through with their families.

“It certainly is not what I would ever have expected or envisioned,” Jones said. “And me personally, we certainly would want to have a very traditional graduation for seniors. That’s what they want; that’s what the families want. That’s what they deserve.

“However, in light of the situation that we can’t control as a superintendent, I have no other choice but to follow the directives given by the county and the Centers for Disease Control and Prevention,” he said. “And I just very, very much appreciate the staff, their planning and dedication to doing something special. In the first hour that I’ve been here, the only response has been the parents

have been appreciative that we’re doing something to recognize the kids and make it special for them.”

Senior Austin Altizer looking out the side of his family’s van, smiling, waving and thanking everyone for being there.

“I’m pretty happy,” he said. “I’m actually glad to be graduating and going to college.

“My parents love it. My siblings love it. It’s a fun thing. It’s really unique actually for something like this to happen, but still, I’ll have a lot of fun with it. It was actually all-out pretty fun just to come down here and get my diploma and to be good to go,” Altizer said.

Senior Jonathan Esposito said he was excited while driving through, waving to each person there and grateful for the experience.

“This is the end of one adventure and the beginning of a new one,” he said. “Honestly, I’m enjoying this one. To be fair, I can’t complain about something I never experienced, so I am just enjoying this, and seeing everybody excited for us graduating is something special.”

Jeff Pack can be reached by email at jpack@redermedia.com.



Nicholas Jordan, graduate of Bonsall High School, receives a Hawaiian lei as he rides in the bed of a truck around the high school during the class of 2020 graduation celebration.

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BUSINESS

Fallbrook and Bonsall restaurants open for dining



[top]Firehouse Que & Brew manager Shawna Jeney serves lunch to Marine Allen Seo and Mikaela Minamishin as a number of Fallbrook restaurants open for dine-in after COVID-19 restrictions are eased in San Diego County, May 24.



[right]Meals are served to dine-in guests at Garden Center Cafe & Grill in Fallbrook as COVID-19 restrictions on dining in restaurants are eased in San Diego County.



Area residents dine-in and sit at the bar at Z Cafe in Bonsall as COVID-19 restrictions on dining in restaurants are eased in San Diego County.

6 ways to make money

Rebecca Gramuglia
Special to Village News

With more than 36 million Americans recently filing for unemployment, many people are feeling the effects of this pandemic and according to a recent survey conducted by TopCashback.com, 93% of Americans are staying home more than they were a month ago.

And while most states have implemented extensive social distancing policies, people’s work lives have also transformed drastically.

So whether they are suffering pay cuts, losing hours or worrying about unemployment, here are six ways to rake in some extra cash while staying home from Rebecca Gramuglia, personal finance expert at TopCashback.com.

Sell items. If people have unwanted or unused items in their home or closet, from purses to clothes and makeup, consider selling them on Depop, Poshmark or eBay. It’s basically like having a virtual garage sale. Simply follow the site’s directions, upload a couple of pictures of the products, click “list” and be on the way to

earning extra cash online.

Participate in research. People can allow apps like Sweatcoin to collect data about their physical activity and get paid for that data. The app simply syncs with the existing health apps on a smartphone or smartwatch and runs in the background. When they join, people can convert their outdoor steps into currency to spend on products and services.

Get paid to shop and refer a friend. Make money effortlessly by shopping online through a rebate site like TopCashback.com. From groceries to cleaning supplies to even backyard furniture, TopCashback pays clients to shop by returning a percentage of their purchase as a cashback rebate with any of its more than 4,000 retailers. Clients can also earn \$10, and sometimes more, for every person they refer to the site. Not only will they make money on purchases they would have made anyway, but they will also have the chance to earn more simply by referring friends and family.

Be a virtual assistant. A virtual assistant is just like a personal assistant, except they can earn money from the comfort of home.

From website maintenance, writing, proofreading, marketing to even coding, there are a variety of tasks people can do online for someone without being physically present.

Tutor someone online. Whether people are a teacher, professional or subject matter expert, they can make money simply by sharing their skills or teaching others online. Tutor sessions can help them earn money all while being done from the comfort of home. All they need is a webcam, a skill to share and an audience.

Create a YouTube channel. Whether people compose how-to videos or document their everyday life via video blogs, YouTube is a great place to turn views into money. Although it can take them a bit to build an audience, they can make about \$18 in revenue per 1,000 YouTube ad views. So, if they have the charisma and enjoy entertaining people, create a YouTube channel and with enough videos and subscribers, they can earn a profit.

Rebecca Gramuglia is a consumer expert at TopCashback.com.

SBA issues new regulations for women-owned small business federal contracting program

WASHINGTON – The U.S. Small Business Administration published Women-Owned Small Business Federal Contracting program regulations that will provide a free, online certification and eligibility application process for women-owned small businesses and economically disadvantaged women-owned small businesses. The timeline for implementation of changes to SBA’s the program has been delayed to accommodate those affected by the current pandemic.

Starting July 15, SBA will begin to implement changes consistent with the Small Business Act as amended in the National Defense Authorization Act for fiscal year 2015. In addition to the certification requirement for firms seeking contracts set-aside for women-owned small businesses and for economically disadvantaged women-owned small businesses, the regulations detail certification options for applicants and require authorized third-party certifiers to notify applicants of their fees and the option to use SBA’s free online certification process.

Keep some important timelines for firms in mind.

The current self-certification process will remain available for firms until Oct. 15, 2020, in <http://certify.sba.gov>.

Between now and July 15, women-owned small businesses must download their

documentation, currently housed in the Women-Owned Small Business Program Repository, from <http://certify.sba.gov>.

On July 15, firms can begin submitting applications for initial processing, and on Oct. 15, SBA will begin issuing decisions on certification.

The regulations detail important changes to the certification process, including the following: allows participation from firms certified by the U.S. Department of Veterans Affairs Center of Verification and Evaluations, provided they meet all eligibility requirements; confirms the continued participation of approved third-party certifiers; eliminates the self-certification option from <http://certify.sba.gov>, effective Oct. 15, and adopts a \$750,000 net worth standard when assessing economic disadvantage for individuals in the 8(a) Business Development Program. Additionally, funds invested in official retirement accounts are

excluded from the analysis of an economically disadvantaged individual’s personal net worth in both the women-owned small business and 8(a) Programs. It makes the economic disadvantage threshold and analysis consistent for economically disadvantaged women-owned small businesses and 8(a) Program participants.

The new women-owned small business program regulations will make it easier and more efficient for contracting officers to set aside and make awards to firms certified as women-owned small businesses and economically disadvantaged women-owned small businesses and will better empower agencies to meet the 5% federal contracting goal for women-owned small businesses.

To learn more about how the SBA supports women entrepreneurs, visit <http://www.sba.gov/wosb>.

Submitted by Small Business Administration.



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FBI warns of child sexual abuse material being displayed during Zoom meetings

WASHINGTON – The coronavirus pandemic has caused many organizations and schools to conduct virtual meetings and events, some of which are open to the public. Additionally, links to many virtual events are being shared online, resulting in a lack of vetting of approved participants.

During the last few months, the FBI has received more than 195 reports of incidents throughout the United States and in other countries in which a Zoom participant was able to broadcast a video depicting child sexual abuse material. The FBI considers this activity to be a violent crime, as every time child sexual abuse material is viewed, the depicted child is re-victimized. Furthermore, anyone who inadvertently sees child sexual abuse material depicted during a virtual event is potentially a victim as well.

The FBI is committed to apprehending any individual who produces or distributes child sexual abuse material and is seeking the public’s assistance to identify the person or persons responsible for these egregious crimes.

If you are the administrator or host of a Zoom meeting in which CSAM was broadcast, contact the FBI; do not delete or destroy any of computer logs without further direction.

If you recorded a Zoom meeting in which child sexual abuse material was broadcast, contact

the FBI for assistance in removing the CSAM from the device.

If you believe you are a victim of a child sexual abuse material broadcast during a Zoom event, as defined above, contact the FBI to learn about victim rights and possible victim assistance.

If you know who is committing these most recent egregious crimes, contact the FBI.

The following steps may mitigate future child sexual abuse material issues during Zoom events:

Do not make meetings or classrooms public. In Zoom, there are two options to make a meeting private: require a meeting password and/or use the waiting room feature and control the admittance of guests.

Do not share a link to a teleconference or classroom on an unrestricted, publicly available social media post. Provide the link directly to specific attendees.

Manage screensharing options. In Zoom, change screensharing to “Host Only.”

If you are a victim of child sexual abuse material being broadcast during a Zoom event or if you have information regarding the identity of any individual distributing or producing CSAM, report it to the FBI at 800-225-5324 or anonymously online at <http://tips.fbi.gov>.

Submitted by FBI.

SBA and Treasury release Paycheck Protection Program loan forgiveness application

WASHINGTON – The Small Business Administration, in consultation with the Department of the Treasury, released the Paycheck Protection Program loan forgiveness application and detailed instructions for the application.

The form and instructions inform borrowers how to apply for forgiveness of their PPP loans, consistent with the Coronavirus Aid, Relief and Economic Security Act. SBA will also soon issue regulations and guidance to further assist borrowers as they complete their applications and to provide lenders with guidance on their responsibilities.

The form and instructions include several measures to reduce compliance burdens and simplify the process for borrowers, including options for borrowers to calculate payroll costs using an “alternative payroll covered period” that aligns with borrowers’ regular payroll cycles; flexibility to include eligible payroll and non-payroll expenses paid or incurred during the eight-week period after receiving their PPP loan; step-by-step instructions on how to perform the calculations required

by the CARES Act to confirm eligibility for loan forgiveness; borrower-friendly implementation of statutory exemptions from loan forgiveness reduction based on rehiring by June 30 and addition of a new exemption from the loan forgiveness reduction for borrowers who have made a good-faith, written offer to rehire workers that was declined.

The PPP was created by the coronavirus relief bill to provide forgivable loans to eligible small businesses to keep American workers on the payroll during the COVID-19 pandemic. The documents will help small businesses seek forgiveness at the conclusion of the eight-week covered period, which begins with the disbursement of their loans.

View the application and instructions at <https://content.sba.gov/sites/default/files/2020-05/3245-0407%20SBA%20Form%203508%20PPP%20Forgiveness%20Application.pdf>.

To learn more, visit <http://www.sba.gov>.

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NATIONAL

Congress weighs choice: ‘Go big’ on virus aid or hit ‘pause’

Lisa Mascaro
AP Congressional Correspondent

Congress is at a crossroads in the coronavirus crisis, wrestling over whether to “go big,” as House Speaker Nancy Pelosi wants for the next relief bill, or hit “pause,” as Senate Majority Leader Mitch McConnell insists.

It’s a defining moment for the political parties heading toward the election and one that will affect the livelihoods of countless Americans suddenly dependent on the federal government. Billions of dollars in state aid, jobless benefits and health resources are at stake. As questions mount over Washington’s proper role, it’s testing President Donald Trump and Congress.

“These are the eternal debates in American history,” Richard Sylla, a Professor Emeritus of economic and financial history at New York University, said.

“It’s a bit like what Alexander Hamilton was facing in 1790,” he said, describing the plan to have the new federal government assume the Revolutionary War debts of the states, despite protests of a bailout. It was, he said, as Hamilton framed it, “the price of liberty.”

As negotiations develop on Capitol Hill, the coronavirus response offers Congress an opportunity to shape the country’s post-pandemic future but also carries the risk of repeating mistakes of past crises, including the 2008-2009 recession, that history does not easily forget.

Trump and McConnell huddled late last week on next steps after rejecting Pelosi’s plan. The Democratic speaker set the table with passage of the sweeping \$3 trillion coronavirus relief bill, which includes \$1 trillion to shore up states and cities to avert municipal layoffs, \$1,200 stipends to Americans and other aid.

“We could have done bigger,” Pelosi told The Associated Press in a recent interview.

With more than 38 million unemployment claims, the Republican response centers on kick-starting the economy to reduce the need for more federal intervention.

Republican priorities are to wean Americans off unemployment benefits to nudge people back to work and provide liability protections for businesses that reopen.

Republicans want to eliminate the \$600 weekly unemployment benefit boost, arguing it “handcuffs” some employees with higher pay than they earn at their jobs. McConnell also wants to protect doctors, schools and others from COVID-19-related lawsuits – a “red line,” he said, for any deal.

“There’s a high likelihood we will do another rescue package,” McConnell said on FOX News. “We need to work smart here.”

The political and economic debate stretches beyond the halls of Congress as wary Americans await Washington’s next move.

It was Federal Reserve Board Chairman Jerome Powell who counseled Pelosi to rely on historically low interest rates to “go big,” while Treasury Secretary Steven Mnuchin warned of “permanent damage” to the economy unless businesses reopen.

Washington has been here before. Staring down the 2008-2009 financial crisis forced the House and Senate into a historic debate over the size and scope of government that still resonates today.

Then, like now, countless Americans fell swiftly into the ranks of the newly unemployed, while the very foundations of the American dream – home ownership then, health now – hung in the balance. Then, banks needed a federal lifeline; today, businesses look to Washington for help.

Pelosi told the AP the biggest lesson learned was to be “very prescriptive” in how the money would be spent after facing a



In this May 19, 2020, photo, Senate Majority Leader Mitch McConnell of Kentucky speaks with reporters after meeting with Senate Republicans at their weekly luncheon on Capitol Hill in Washington. Congress is at a crossroads in the COVID-19 crisis. Lawmakers are wrestling over whether to “go big” as House Speaker Nancy Pelosi wants for the next relief bill or hit “pause” as McConnell insists.

backlash that the rescue benefited Wall Street over Main Street.

But perhaps another lesson from the earlier crisis was the voter revolt against big government. The bank bailout and recovery act sparked the rise of the tea party wing of the Republican. Pelosi lost her gavel in the 2010 election, and Republicans took control of the House.

Many of the same tea party forces – including the deep-pocketed Koch network – are aligned with Trump’s push to prevent state aid, reopen the country and get people back to work.

“The American people need to understand the choices they have,” North Carolina Sen. Thom Tillis, one of the most endangered Republicans seeking reelection in the fall, said during an online forum with the Koch-backed Americans for Prosperity.

Tillis opposes Pelosi’s

“manifesto” and doesn’t expect the Senate to act before July. He said of the Republican-held Senate, “We’re a bulkhead against bad happening.”

Despite rare bipartisan support for earlier aid, the \$2 trillion bill approved in March, neither side was particularly pleased with the outcome, the largest federal intervention in U.S. history.

Polling, however, shows Americans favoring the federal response, even as they have some concerns about spending.

An AP-NORC poll conducted in late March found that elements of the stimulus package were widely popular. The poll found that about nine in 10 Americans favored the federal government providing funding to small businesses and hospitals.

About eight in 10 said they were in favor of suspending evictions and foreclosures, giving lump-sum

payments to Americans, increased unemployment benefits and suspended student loan payment.

A mid-April NBC/Wall Street Journal poll showed registered voters somewhat more likely to say they were concerned about the federal government spending too much on economic stimulus and driving up the budget deficit than they were worried that too little money would be spent, lengthening the recession, 48% to 40%. The remaining 12% said they didn’t know.

Democratic Sen. Debbie Stabenow acknowledged the \$3 trillion proposal is a “big number.”

But she said on her drive home to hard-hit Michigan, “The cost of inaction will be much higher.”

Emily Swanson, director of public opinion research for The Associated Press, contributed to this report.

Georgia gov offers state as alternative Republican convention host

Zeke Miller
The Associated Press

Georgia’s governor is offering his state and its “world-class facilities” as host of the Republican National Convention – a day after President Donald Trump threatened to pull the convention out of North Carolina if that state’s Democratic governor didn’t assure Trump that the August gathering can go forward despite coronavirus fears.

Georgia Gov. Brian Kemp, a Republican, sent an open plea to Trump Tuesday, May 26, to consider his state as an alternate site for the quadrennial convention, which is set to gather more than 2,500 delegates and thousands more guests, press and security officials. Plans have been underway for more than a year to hold the convention in Charlotte, but Trump and national Republican officials have expressed concerns that local officials may not allow

gatherings of that size during the pandemic.

“With world-class facilities, restaurants, hotels and workforce, Georgia would be honored to safely host the Republican National Convention,” Kemp tweeted Tuesday. “We hope you will consider the Peach State, @realDonaldTrump!”

Over the weekend, Trump complained that North Carolina Gov. Roy Cooper was “unable to guarantee that by August we will be allowed full attendance in the arena.”

He added that Republicans “must be immediately given an answer by the governor as to whether or not the space will be allowed to be fully occupied. If not, we will be reluctantly forced to find, with all of the jobs and economic development it brings, another Republican National Convention site.”

Republican officials said a determination is needed in

the coming weeks in order to begin final preparations for the convention.

Ronna McDaniel, chair of the Republican National Committee, said the president “is right to ask for assurances from North Carolina” about the convention.

“We want to have it in North Carolina; the president wants to have it in North Carolina,” she told FOX News Tuesday morning. “It’s just the governor. He has to work with us. Every state we talk to says we want to nominate the president here, but this governor is up for reelection and hasn’t given us the reassurances we need. We need to be able to move forward in a concrete way. We are going to have those discussions.”

As it tried to nail down convention plans, the Trump campaign announced it was promoting two veteran political aides to senior leadership roles. Bill Stepien, the former White House political director, will serve



Gov. Brian Kemp of Georgia makes a statement and answers questions from the media following a tour of Fieldale Farms while visiting Gainesville, Georgia, Friday, May 15. Atlanta Journal-Constitution via

as deputy campaign manager, the campaign said. Stephanie Alexander, a regional political director, will become the campaign’s chief of staff.

The pair bring additional

political experience to the campaign’s upper echelon, which is led by campaign manager Brad Parscale, a relative newcomer to national politics who ran Trump’s digital effort in 2016.

Trump wants schools to reopen ‘ASAP’

GQ Pan
The Epoch Times

President Donald Trump called again Sunday, May 24, for reopening schools in the United States, saying that “very good information” has been made available to help schools make that decision.

The president’s comment come as school districts across the country prepare to open their doors again, after educators and families went to great lengths to make sure students continue learning while at home over the past months.

“Schools in our country should be opened ASAP. Much very good information now available,” Trump said on Twitter, indicating that he wanted schools to open before the end of this school year wherever possible, instead of waiting until the next school year.

He also tagged FOX News and host Steve Hilton, who discussed

on his program about whether it was safe for schools to reopen as the Chinese Communist Party virus pandemic still poses a threat to the country.

“If children can’t go to school, parents can’t go to work,” Hilton said, citing a study conducted by Icelandic company deCODE genetics, which has been studying the CCP virus with Iceland’s health authority and top medical school. The April 14 study suggested that children under 10 are less likely to be infected than adults and if they get infected, their symptoms appear to be less severe than those in adults.

“We’re talking about a handful of cases, which are almost always treatable,” Hilton said, referring to recent news coverage of a potentially dangerous inflammatory syndrome that may be related to COVID-19 in children.

Trump has repeatedly called

on school districts to reopen, as children and young people seem to be much less affected by the virus.

“I would like to see schools open, wherever possible,” he said earlier this month during an Oval Office event. He went on to recommend caution when it comes to teachers who are over 60 years old or have preexisting health conditions like diabetes.

“I think that they should not be teaching school for a while, and everybody would understand that fully,” the president said, shifting back to students. “We see how well children seem to do. It’s incredible. You realize how strong children are, right? Their immune system is maybe a little bit different, maybe it’s just a little bit stronger or maybe it’s a lot stronger.”

Trump reportedly told governors in April to consider reopening schools before the end of the academic year.

“I think you’ll see a lot of



President Donald Trump, The Epoch Times photo/Charlotte Cuthbertson photo flanked by officials and business leaders, announces a national emergency with regard to the coronavirus in the White House Rose Garden in Washington, March 13.

schools open up, even if it’s for a very short period of time,” he said, according to The Associated Press.

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NATIONAL

Pence says White House will not tolerate social media censorship of conservatives

Tom Ozimek
The Epoch Times

Vice President Mike Pence said that the Trump administration is strongly opposed to censorship of conservatives by social media and big tech companies.

Pence told Breitbart in an exclusive interview Friday that suppression of conservative voices ahead of the November general election will be met with a response from the White House.

“Well, the president has made it very clear that we are not going to tolerate censorship on the internet and social media against conservatives,” Pence said. “We’re just not going to tolerate it.”

The vice president did not provide details regarding what form the Trump administration’s opposition might take, but the Wall Street Journal reported over the weekend, anonymously citing “people familiar with the matter,” that the White House was mulling the creation of a commission that would evaluate claims of anti-conservative bias.

President Donald Trump has repeatedly voiced concern over alleged suppression of conservatives by big tech and social media companies. In a May 16 tweet, the president accused several popular platforms of

serving the “radical left” and hinted at a White House-led remedy.

“The radical left is in total command and control of Facebook, Instagram, Twitter and Google,” Trump said in the tweet, adding that the administration is “working to remedy this illegal situation.”

Social media and big tech companies have repeatedly denied claims of politically motivated discrimination.

Conservatives have long argued that big tech and social media platforms suppress right-leaning voices through politically motivated content moderation, selective fact-checking, skewing search rankings and manipulating news feeds.

Radio talk show host Dennis Prager several years ago sued Alphabet Inc., which owns Google and YouTube, arguing that YouTube’s “animus” toward his “political identity and viewpoint” led it to curb access to videos, including through its “Restricted Mode” setting, on such topics as abortion, gun rights, Islam and terrorism, despite its stated promise of neutrality.

Alphabet later won the dismissal of the lawsuit, with the judge saying Google and YouTube did not qualify as “state actors” subject to the First Amendment by creating a “public forum” for speech.

“Defendants are private entities who created their own video-sharing social media website and make decisions about whether and how to regulate content that has been uploaded on that website,” U.S. District Judge Lucy Koh said.

“Plaintiff has not shown that defendants have engaged in one of the very few public functions that were traditionally exclusively reserved to the state,” she added.

Steps to ramp up content moderation taken by social media companies in the face of the COVID-19 pandemic have done little to allay conservative concerns. In March, Google and Alphabet CEO Sundar Pichai published an announcement noting that YouTube, which is owned by Google, had removed thousands of COVID-19 videos its content moderation tools and staff deemed “misleading.”

“On YouTube, we’ve taken down thousands of videos related to dangerous or misleading coronavirus information, and we continue to remove videos that promote medically unproven methods to prevent coronavirus in place of seeking medical treatment,” Pichai said.

But many conservatives hold that the standards for determining what is “misleading” are insufficiently transparent and prone to politically motivated tilt.

YouTube CEO Susan Wojcicki announced a policy, April 22, that “anything that would go against World Health Organization recommendations would be a violation of our policy,” and that it would be “removing information that is problematic.”

China was recently accused by Trump’s national security adviser of intentionally giving “false information” to the World Health Organization, and the president has warned of permanent cuts to its funding.

Mark Grabowski, an associate professor specializing in cyber law and digital ethics at Adelphi University, told The Epoch Times there’s a double standard when it comes to online speech, in particular with COVID-19 related topics.

“In some cases, the (virus) content was produced by authoritative sources like physicians, professors and epidemiologists,” he said. “Meanwhile, these same platforms are promoting highly speculative opinions by people who are completely unqualified to speak on the topic.”

At last year’s White House-hosted social media summit, conservative critics denounced a range of alleged practices by big tech companies, with Trump weighing in with allegations of unfair treatment.

“We have terrible bias. We have censorship like no one has any understanding, nobody can believe,” Trump said at the event. “They’re playing with a lot of minds, and they’re playing unfairly.”

Matthew Feeney, director of the Project on Emerging Technologies at Cato Institute, a libertarian think-tank, argued in a recent op-ed that while the content-moderation policies of social media companies might anger some, imposing excessive restrictions would be counterproductive.

“Facebook, Twitter, YouTube and many others made the prudent business decision not to use the First Amendment as their content-moderation guideline,” Feeney said.

“With billions of people using these companies’ products, it shouldn’t be surprising that their content-moderation policies will sometimes irritate and anger some of their users,” he said. “But such irritation should not prompt proposals that are contrary to the principles of free speech and risk destroying the internet of today that – while far from perfect – remains the best venue for speech in history.”

*Bowen Xiao contributed to this report.
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U.S. closes probes into 3 senators over their stock trades

By Mary Clare Jalonick and Eric Tucker
The Associated Press

WASHINGTON – The Justice Department has closed investigations into stock trading by Sens. Dianne Feinstein of California, Kelly Loeffler of Georgia and Jim Inhofe of Oklahoma, according to people familiar with notifications sent to the senators. The senators came under scrutiny for transactions made in the weeks before the coronavirus sent markets downhill.

The developments indicate that federal law enforcement officials are narrowing their focus in the stock investigation to Sen. Richard Burr, R-N.C., the former Senate Intelligence Committee chairman. Agents showed up at his Washington-area home about two weeks ago with a warrant to search his cellphone.

Senate records show that Burr and his wife sold between roughly \$600,000 and \$1.7 million in more than 30 transactions in late January and mid-February, just before the market began to dive and government health officials began to sound alarms about the virus. Burr has denied any wrongdoing.

Loeffler, Inhofe and Feinstein were notified Tuesday that they are no longer under investigation, according to three people familiar with the contacts but not authorized to speak about them. A spokesman for Loeffler, who is in a competitive reelection race, said in a statement that the Justice Department’s decision “affirms what Senator Loeffler has said all along – she did nothing wrong.”

The spokesman, Stephen Lawson, said that scrutiny of the trades was a “politically motivated attack” by her political opponents and the news media. Loeffler, a Republican who became a senator in January, and her husband dumped substantial portions of their portfolio and purchased new stocks around the time Congress was receiving briefings on the seriousness of the pandemic. Loeffler’s husband, Jeffrey Sprecher, is chairman of the New York Stock Exchange, and she has said the accounts were managed by third-

party advisers.

Feinstein reported that her husband sold off between \$1.5 million and \$6 million worth of stock in Allogene Therapeutics before the market drop. The San Francisco-based biotech company researches and develops cures for cancer. Inhofe sold anywhere between roughly \$395,000 and \$850,000 worth of stock he held in multiple companies in late January and early February, according to a disclosure.

Like Loeffler, both Inhofe and Feinstein denied any wrongdoing or involvement in the trades. Inhofe, a Republican, tweeted in March that he had asked his financial adviser to move him out of stocks and into mutual funds in 2018, shortly after he became chairman of the Senate Armed Services Committee.

Both Loeffler and Feinstein had acknowledged contacts with the Justice Department. A spokesman for Feinstein said earlier this month that the Democratic senator was asked “some basic questions” by law enforcement about sales her husband made and had voluntarily answered questions.

A Loeffler spokesperson had said that the senator forwarded documents to the department, the Securities and Exchange Commission and the Senate Ethics Committee “establishing that she and her husband acted entirely appropriately and observed both the letter and the spirit of the law.”

Meanwhile, Burr temporarily stepped aside as chairman of the intelligence panel during the probe, saying he didn’t want it to be a distraction. He also called for the Senate Ethics Committee to investigate his actions.

A spokeswoman for Alice Fisher, Burr’s attorney, said Fisher would have no comment. The attorney has previously said that the senator has been “actively cooperating” with investigators.

“From the outset, Senator Burr has been focused on an appropriate and thorough review of the facts in this matter, which will establish that his actions were appropriate,” Fisher said in a statement earlier this month.

Burr has acknowledged

selling the stocks because of the coronavirus but said he relied

“solely on public news reports,” specifically CNBC’s daily health

and science reporting out of Asia, to make the financial decisions.



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Couples surprised with drive-by baby shower



Expectant mother Autumn Marquart and her husband, Dylan Marquart, pose for a photo during the surprise party thrown for them and their friends who are also expecting a baby. The husbands were told to bring their wives to the party location at 12:45 p.m., May 23, but not told why. Both Marquarts are members of the service; Autumn Marquart is sergeant with the U.S. Army 63rd Readiness Division, and Dylan Marquart is a corporal with the U.S. Marine Medium Tiltrotor Squadron 764.



Mary Lou Fosler and her husband, Dylan Fosler, are expecting a boy and were surprised with a drive-by baby shower. Mary Lou Fosler is a staff sergeant with the U.S. Army 96th Military Police Battalion, while Dylan Fosler is sergeant with the U.S. Marine Corps 1st Battalion 4th Marines Division, 1st Marine Regiment.



Guest Tugce Azicni takes the opportunity to place her hand on Mary Lou Fosler's stomach so she can feel the baby move. A frame with plastic sheeting and plastic sleeves was built as protection for both mother and guest. Hand sanitizer was also provided.



Autumn Marquart and husband Dylan take a peek at presents Village News/Christine Rinaldi photos left for them in a designated area to maintain social distancing and limit exposure to COVID-19.



Party organizer Felicia Arteaga in the lead car holds a sign during the drive-by baby shower and celebration she planned for her sister and a friend. The Marquarts' baby is named Dawson, and the Foslers' baby is named Drew.



Friends, family and other well-wishers participate in the drive-by baby shower for two couples in Fallbrook.



Bianca Platero and Bee Alvarez brought confetti, silly string and flowers to the drive-by shower. Bee Alvarez is known as "Aunt Bee" to Mary Lou Fosler, her niece.



A North County Fire Department truck takes part in the drive-by baby shower with lights flashing and a quick blast of the siren.



Both mothers are expecting boys, so blue was the color of the day for car decorations in the drive-by baby shower.

HEALTH

North Orange Veterinary Clinic serves as a full-service animal hospital



North Orange Veterinary Clinic opened its doors in 2018 and is a full-service animal hospital that offers quality and affordable health care services to pets in Fallbrook and the surrounding areas.

Jeff Pack
Staff Writer

When people hear the word “clinic,” they think of a small operation with limited staff and resources. But when it comes to North

Orange Veterinary Clinic, led by longtime veterinarian Dr. Geoffrey R. Smith, nothing could be further from the truth. The full-service animal hospital that opened almost two years ago provides quality and affordable health care services to pets in



Dr. Geoffrey Smith leads a group of veterinarians and staff who are ready to care for pets at a moment’s notice. Village News/Jeff Pack photos

Fallbrook and the surrounding areas.

“The really neat part about our business is most of our employees came out of retirement to work here,” Diana Smith said.

Geoffrey Smith was raised in Point Loma while his father served in the Navy.

“During his childhood, his mother, Mary Smith, allowed him to raise birds in their Point Loma backyard,” Diana Smith said. “Geoffrey and his dad built aviaries in the backyard for Geoffrey’s parakeets. Geoffrey always loved wildlife and animals and would catch snakes in the Point Loma hills along with neighbors; they would catch and release the snakes.

“After graduating from Point Loma High School, Geoffrey started at UCSD as a math major. Somewhere along the way during freshman year, Geoffrey was challenged by his roommate to go to UC Davis to pursue veterinary medicine. It was apparent to everyone that Geoffrey was destined to be a veterinarian,” she said.

After graduating from University of California Davis, Geoffrey Smith came back to San Diego County to continue his veterinary career. While running a house call practice out of his Bonsall home, the Lilac Fire took his home of 37 years in 2017.

After that, he was presented with the opportunity to open a clinic of his own in Fallbrook and North Orange Veterinary Clinic opened in July 2018 with a seasoned veterinary medicine staff, who also came out of various forms of retirement.

“The practice offers veterinary services such as wellness exams, digital x-rays, dentistry, surgery and various veterinary prescription diets,” Diana Smith said. “Animals with emergencies, which include rattlesnake bites, are encouraged to seek emergency veterinary medical treatment at the nearest animal emergency clinic.”

The clinic offers a wellness program that places an emphasis on annual health examinations.

“The importance of a pet wellness program is to encourage healthy veterinary practices and diets which could prevent future disease and conditions in animals that could lead to shortened lifespans,” Diana Smith said. “A simple practice of a non-anesthetic dental done regularly could help prevent the buildup of dental tartar which could potentially lead to larger medical issues. Vaccinating dogs and cats is another way that animals can avoid future diseases.

“Regular yearly exams, which may include parasite and giardia testing, are important for pets. Fallbrook’s country living also brings fleas and ticks to household pets. Owners should be vigilant to keep their pets free from fleas and ticks,” she said.

North Orange Veterinary Clinic treats small animals; the majority of which are dogs and cats. Geoffrey Smith will see reptiles and has an affinity for all types of reptiles.

During the COVID-19 pandemic, the clinic is open for business with a change in how it typically operates.

“Owners will wait in their parked cars in the parking lot while their animals are brought into the clinic,” Diana Smith said. “This is due to the small proximity in the exam rooms; social distancing would not be possible. Nevertheless, animals will still be given the complete and thorough care they need.”

With the expanding population of Fallbrook, Bonsall and North San Diego County, North Orange Veterinary Clinic is here to serve the community.

“We are grateful for the ability and opportunity to remain essential,” Diana Smith said.

North Orange Veterinary Clinic is located at 427 North Orange Ave. in Fallbrook, and the hours of operation are 9 a.m. to 5 p.m. Mondays through Fridays.

To make an appointment or for more information, call (760) 728-2244.

Jeff Pack can be reached by email at jpack@reedermedia.com.

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Ambulance services set to improve in Pauma Valley

EL CAJON – Cal Fire/San Diego County Fire Authority and Mercy Medical Transportation announced a new agreement which calls for an advanced life support ambulance to be placed at Fire Station 70 in Pauma Valley.

Beginning Friday, May 22, the new ambulance will be available to respond to emergencies from Palomar Mountain and the La Jolla Reservation to the Rincon Reservation and Pauma Valley along the Route 76 corridor in northern San Diego county.

“The primary goal of any fire department is to continually improve services to the residents of the communities that we serve. Agreements such as this will not only result in a higher level of care to the Pauma Valley and Highway 76 corridor but will also lead to more positive outcomes for this historically underserved portion of the county,” Tony Mecham, chief of Cal Fire/San Diego County Fire Authority, said. Along with providing paramedic service in its primary response area, the medic ambulance will be available to assist surrounding communities such as Valley Center and Pala Reservation should their primary ambulances be out of their protection areas or in the event an emergency incident requires additional resources.

“It has been Mercy’s mission to continually improve upon the level of service we can provide to communities within our operating areas. We are confident this ideally placed ambulance will help us achieve just that. With casinos beginning to reopen throughout the County, this valuable resource will certainly provide greater coverage for visitors and tribal members. We would like to thank Cal Fire/ San Diego County Fire Authority for continuing to be among our most valuable and accommodating partners. This goal would not have been realized without their support.” Rick Roesch, president of Mercy Medical Transportation, said.

Submitted by Cal Fire.

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Silvergate safety measures successfully protect residents

FALLBROOK – At Silvergate Retirement Residences, response to the national onset of the COVID-19 crisis was swift and carefully executed. Management worked alongside all of its communities to carefully develop a comprehensive set of protocols following Centers of Disease Control and Prevention and county health guidelines to keep residents protected and safe from the spread of the coronavirus. Their efforts paid off. To date, none of the Silvergate communities have reported a case of COVID-19 since the beginning of the pandemic.

“We worked quickly to find the best ways to provide our residents with a protective bubble from the virus,” Patricia Martinez, executive director for Silvergate Fallbrook, said. “We knew we had to manage the risk of exposure to our residents and staff with enhanced safety procedures, increased social distancing, heightened disinfecting and of course testing once available.”

Enhanced safety precautions were taken at Silvergate. A comprehensive set of protocols and precautions were enacted by Silvergate to give residents and their families the peace of mind they need to weather the worries of the coronavirus pandemic. Those precautions include daily temperature readings for nearly 500 residents and staff members; restricted, essential-only visitor access; screening of all residents, staff and visitors for travel history and recent illness; increased social distancing of at least 6 feet. Group activities are limited to less than 10 people, while maintaining social distancing. The community has staggered dining room mealtimes and offered to serve meals in resident rooms. The precautions included increased sanitation to all high-touch surfaces throughout the community; augmented staff education concerning health protocols and procedures; personal protective equipment required for all caregivers including, face masks, hand-washing, etc. and negative COVID-19 testing results required before new resident move-in.

“I’ve been incredibly impressed by the preventative steps Silvergate has taken to keep all of us safe from this virus,” Allen Cook said, who has been living at the community for older adults in Fallbrook for three years. “Not only are the staff checking in on us all the time, they’ve modified our routines so that we’re still able to enjoy everyday life without feeling pinned in. Of course, we’re practicing socially distancing together, but I can still see my friends, enjoy activities and connect with my family without worrying about the virus. I trust the team here.”

Silvergate testing protocols go beyond CDC requirements. Beginning in June, all Silvergate communities will be adding daily pulse oximeter readings to their arsenal of safety screening measures. These simple tests measure blood oxygen levels and can help identify asymptomatic carriers of the virus who are not experiencing a fever, which is an important aspect of early detection of a COVID-19 infection.

Silvergate kept the coronavirus outside its doors. With no reported coronavirus cases to date, Silvergate’s success at keeping its residents safe has given other local elders renewed confidence about transitioning to retirement living. Many older adults had delayed their search for assisted living solutions due to the outbreak of the virus and state-imposed stay-at-home orders. As those restrictions begin to lift, many older adults are becoming more comfortable touring senior living properties, like Silvergate where they have a proven safety record in the coronavirus pandemic.

To help accommodate different levels of comfort with venturing out into the public, Silvergate now offers multiple ways in which to connect with their communities. New virtual tours and videos are available online. Live FaceTime tours also are being offered. For those who are comfortable, privately scheduled, in-person tours allow family members and prospective residents to experience the community directly. Silvergate Fallbrook offers independent living, assisted living and memory care accommodations.

To learn more, call Helen Gray, marketing director for the community, at (760) 728-8880 or visit <http://www.SilvergateRR.com>.

Submitted by Silvergate Fallbrook.

Dealing with hard times and depression

The American Counseling Association
Special to Village News

Even in the best of times, depression is a major mental health issue. Recent statistics find more than 17 million Americans are affected by major depressive disorders in any given year. And in today’s period of pandemics, social distancing and widespread uncertainty about financial and health issues, it’s not surprising that depression is a growing problem.

Major depressive disorder is, however, more than simply feelings of sadness or grief. Everyone has times when things aren’t going quite right and the results leave them unhappy. Their sadness might be triggered by anything from problems at work to the grief brought on by the loss of someone dear to them.

The difference between that type of unhappiness and major depression is both the severity of what is being experienced and the fact that is long lasting. Simple sadness over life circumstances normally fades within a couple of weeks, but major depression is deeper and much longer lasting. Major depression doesn’t just have someone feeling blue, but it’s a mental health illness that can directly affect their life in a number of negative ways.

Major depressive disorder can be recognized through the wide range of symptoms that often come with it. In addition to feeling sad and being in a depressed mood, major depression will often affect sleep patterns, making sleeping difficult or having someone sleep too much.


Some people have little energy and feel fatigued most of the time. They may have no appetite or are eating too much.

Depression can make it difficult to think clearly, to concentrate and to make decisions. In the most severe cases, there may be frequent thoughts of death or suicide or suicide attempts.

Clinical depression can also cause or aggravate serious health issues. It has been linked to heart issues, the worsening of chronic health conditions, experiencing headaches and other unexplained aches and pains. But the good news is that depression is a treatable illness.

Depression will not just heal itself, but today there are a variety of therapies and medications which can provide real help. If you, or someone close to you, is facing severe depression, call the family physician or a professional counselor. If there has been talk of suicide, or a suicide attempt, call the National Suicide Prevention Lifeline at 800-273-8255.

Major depressive disorder is a serious but treatable health problem. Not dealing with the issue should never be an option. Counseling Corner is provided by the American Counseling Association. Send comments and questions to ACACorner@counseling.org or visit <http://www.counseling.org>.




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Practice qigong in the time of COVID-19

Wendy Hammarstrom
Special to Village News

“Your outer life reflects the quality of your Qi. When you glow inside, the whole world shines,” Robert Peng, qigong master and healer, said.

Surviving during a global pandemic is challenging to anyone and thriving during this time can be even more of a feat. One of the techniques that have helped me during this time is qigong, or chi kung.

Qi is Chinese for air or breath and represents the body’s vital internal energy flows. Some Oriental medicine practitioners consider it to be one and the same as the other internal fluid flows, including blood and lymph circulation, and cerebrospinal fluid flow. The practice of cultivating and balancing qi is called qigong.

The postures and movements share the common principles of Oriental medicine – reinforcing and tonifying depleted chi or qi, clearing blocked or excess qi, and strengthening internal or external qi.

Self-nourishing and self-massage are important components of qigong that make it especially helpful for people dealing with the anxiety of quarantine or isolation, who are missing their bodyworkers. When practicing qigong, people are building up chi that can be felt between their hands in a ball of energy. Practitioners can use this energy to heal themselves and each other.

I have been learning qigong via Zoom for the past two months with Jane Blount, a holistic health practitioner who has a thriving bodywork practice and leads Authentic Movement classes in San Diego. Blount graduated from the International Professional School of Bodywork in San Diego in 1989 and received her degree in health and human performance in 1995.

Blount decided to offer her class via Zoom in response to the coronavirus pandemic, as a way to guide people into a meditative state, to strengthen the immune system and to encourage the alignment of breath, movement and awareness. Her classes have served as an anchor for me during this global time of upheaval.

When I began qigong, I was experiencing trauma and shock due to a dog bite that narrowly missed my carotid artery. Soon after the coronavirus lockdown began in Southern California.

Qigong is helpful for those experiencing anxiety and has provided a daily touchstone for her students. Students commit to the practice and work with a community of fellow Zoom students, mostly in Southern California but also from across

the country. Each person supports the others.

Although I have studied some tai chi, another ancient movement art from China, and have always loved the circular movements, it is a complex system that requires years of hard work and practice. Qigong also requires dedication and perseverance, but it can be gentler and may be adapted to sitting in a chair.

Qigong is derived from tai chi with many of the same principles, including focusing on being grounded and connected to the earth through your feet, while maintaining a sense of spaciousness between each vertebra.

Another component of qigong, as well as tai chi and other martial arts is a focus on three “dantians” or energy centers, with the lower dantian being the foundation of rooted standing, breathing and body awareness. This center is located about three finger widths below and two finger widths behind the navel. It is considered the physical center of gravity of the human body and the seat of one’s internal energy. It is also called the hara.

Chunyi Lin, one of the first masters I heard of, who is centered now in Michigan, began his studies in caves in China. My Philadelphia friend and tai chi instructor Jerry Fleishman had reached a point in his training where he could move things through the air from several rooms away.

Longtime practitioners, with much practice, can channel their energy to avert physical damage to their bodies, such as using their chi to keep a sword from penetrating their body.

But today millions of people around the world study and practice qigong as simply a way to relax, enhance immunity and stay young. They may look to qigong for exercise, recreation, preventative medicine, self-healing, self-cultivation, meditation or martial arts training.

Blount said she appreciates the fact that many people are participating in her classes who couldn’t have otherwise, with the ease of watching from their own homes. She plans to continue offering her classes Monday through Friday after the current pandemic is over.

Her classes can be done by people seated in a chair or standing, or both. The movements include many upper body stretches and chest openers along with slow and conscious breathing that cultivates increased lung capacity and allows the body to come into homeostasis, or equilibrium.

Blount said that for people who experience insomnia and who get stuck in their head, qigong joins the mind with physical sensations



A qigong practitioner demonstrates giving and receiving. This pose will be followed by bringing her arms and legs back into her body with palms up, the receiving position.



Healing energy can be built between the palms.

Village News/Courtesy photos

in the body, resulting in flow, ease and harmony.

Her classes often begin with self-massage to move the lymph and increase circulation, beginning with the head, face, shoulders, neck and arms followed by going down to legs and feet. For those with lower back pain, the kidney rub feels especially good as they reach behind and rub their backs just above the waistline to activate the adrenal glands.

Much of the class is done with slightly bent knees with attention on the feet for grounding and connecting to the earth. Students may shift from one foot to the other or balance on one foot. Sometimes they twist the body and slap acupressure points on the hips and upper arms as they move to each side.

“Qigong is the art and science of refining energy,” Ken Cohen, qigong master and health

educator, said.

Qigong consists mostly of simple and repeated movements, sometimes for as much as five or 10 movements which gives practitioners time to collect and direct the chi or energy to open up channels. Slow movements also give the conscious and subconscious mind time to join together which activates the body intelligence.

The slowness of the form enables one to focus on breath, to reflect on the feel of the movements, to monitor balance and equilibrium and to share the cultivated energy.

For instance, when they lunge forward, they can give energy and when they lean back, they can receive energy or love with open palms. When they do a movement called “Circling the World” as they raise their arms up and out to the sides, they send energy to anyone or any place that needs healing or

love. A basic premise of qigong is that energetically everyone is connected.

At the end of each class, Blount asks for feedback from students, and she receives responses such as these: I felt a warmth in my belly or torso; I feel more relaxed and more energized; I can work now that I am feeling focused; I feel calmer and the world is OK.

For more information about Blount’s classes, contact her at janeeb1018@gmail.com.

Wendy Hammarstrom has been practicing, teaching and writing about bodywork since 1976. Her book, “Circles of Healing: The Complete Guide to Healing with Massage and Yoga for Practitioners, Caregivers, Students and Clients,” is available on Amazon or her website at <http://www.circlesofhealingbook1.com>.

Kicking It: Facing fear with fear in Alaska

Elizabeth Youngman-Westphal
Special to The Village News

Yes, it can get worse. After spending 11 weeks isolated on Little Diomed in northern Alaska to provide medical care for the 78 natives isolated there, wouldn’t you know on Mother’s Day morning my daughter slipped and fell sideways over a stool and severely injured herself?

The soonest help could arrive was the next day. She was taken by helicopter to Nome, Alaska, for a CT scan. She was diagnosed with three broken ribs and a punctured lung. It took a week in acute care in the hospital before she was released.

If that weren’t bad enough, worse still, I couldn’t get to her. Nome,

Alaska, is still under a lockdown. I was stuck in Anchorage, Alaska, worrying. Actually, I was terrified, fearing the worst.

It was my own fear that gave me the courage to do one of the scariest things I could imagine. I did the thing I feared the most.

It was frightening, but I did it anyway. To add to my angst, I am terrified of water. I can’t swim a lick. I float like a rock. And, I can get motion sickness driving out of my driveway unless I am behind the wheel.

Still, I did it. I went deep sea fishing for halibut.

Partly because I am here in Alaska. Partly because I was so frightened for my daughter’s well-being this would provide a gap in my constant worrying. And partly because I’m in the fishing capital of

America. I did it. I overcame every instinct telling me not to do this foolish thing and yet, I did.

Fourteen people were on board the Perseverance, a 48-foot trawler headed up by Capt. Jimmy and two mates.

We pounded over rough seas for three hours, bouncing between 700-900 feet above the ocean floor and making headway toward a 72-foot shelf where the allusive halibut hang out.

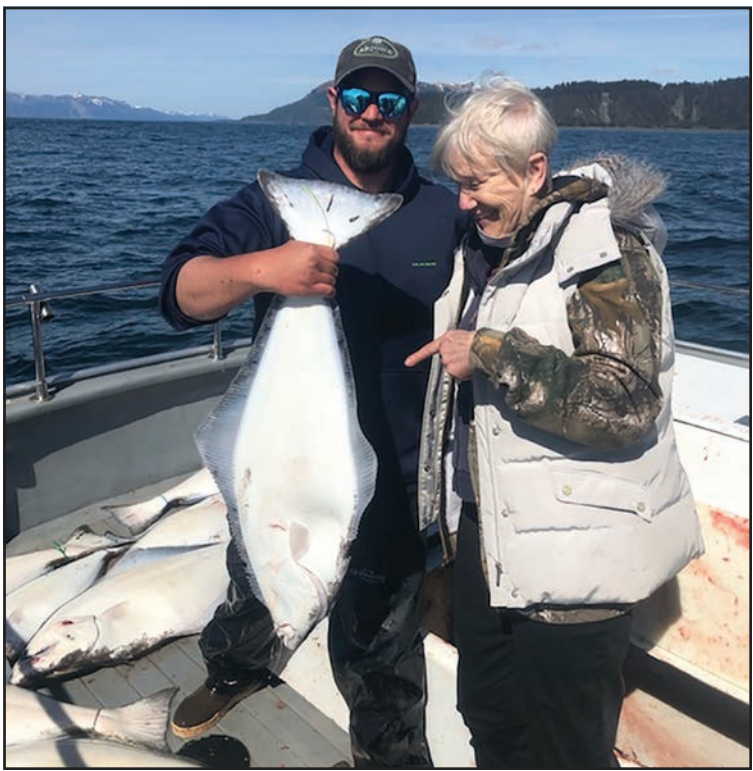
There wasn’t much to see on the way, just miles and miles of Pacific Ocean with seabirds overhead. We were surrounded on three sides by snow-capped mountains headed 50 miles out to open sea.

I did get a brief glimpse of a whale spouting in the distance, but we couldn’t get close enough to discover anything else about it.

Under a clear blue sky, Capt. Jimmy plowed through 6-foot swells as we pushed past gusty-side winds, surging through the bone-chilling cold. Even clipping along at 18 knots, it felt like forever to get to the fishing spot.

Fishing wasn’t anything like I thought it would be. Short on patience, I got to practice a lot. Plus, it seemed it was all about focusing on the end of an 8-foot pole waiting for it to bob. Easy to become cross-eyed staring at the tip and waiting. Lots more waiting, coupled with a bit of luck.

I was right. My fear blocked the persistent worry for Deb for nine hours. Not until the drive home, did I begin the worrying cycle again. Of



Elizabeth Youngman-Westphal shows off the halibut she caught in Alaska, with some help from the fishing crew.

Village News/Courtesy photo

course, it was too late to call her, so I fretted until the next morning.

It was a happy ending all-around. I caught a halibut, albeit the smallest of the day. It dressed out to just over 8 pounds of delicious delicate fish.

Deborah is with me at her condo in Anchorage, Alaska. She is sore and still in pain but no longer on morphine.

My big Alaska adventure will end Saturday, May 30, when I catch a red-eye flight to LAX and take the

train down to Oceanside, arriving Sunday, May 31.

This joke is the result of nine hours of fishing: Knock. Knock. Who’s there? Halibut. Halibut, who? Hal – I – but you get on my hook?

Yes, you can groan. Alaska is not for everyone.

Elizabeth Youngman-Westphal can be reached at eyoungman@reedermedia.com.

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Plan a backyard vacation



Time for crafts, potting plants and eating can happen at a picnic or dining table, while enjoying a backyard staycation with the family.

ALEXANDRIA, Va. – Make a backyard staycation plan. Put together a gentle schedule with a mixture of activities that the family will enjoy like dining, camping and games.

Add a theme for the week, day or evening. A luau theme can be carried through with costumes, food and activities. A sports theme can have everyone in team jerseys and doing sports activities. Use

creative names for meals and activities to spice things up. Even the house doesn’t have a pool, children’s water play misters or sprinklers can help everyone cool off in the backyard.

Map where activities will occur in the yard. A lawn area may be the site of a soccer game, bocce ball or croquet, but it can also double as an overnight camping zone for the children in a family tent. The

fire pit can be used for roasting hot dogs for lunch or s’ mores at night. Time for crafts, potting plants and eating can happen at a picnic or dining table.

Assess what supplies are on hand and consider their creative uses. Lounge chairs, sports and play equipment can be used for their original purposes, but they can also become part of an obstacle course. The wheelbarrow used for gardening and yard work can become part of a family field day. The playset the children adore can become a breakfast spot or reading area.

Spruce up the yard. Mow the lawn and trim the bushes. Tidy overgrown areas. Add flowering plants and rearrange planters for visual appeal. Put delicate flowers in pots and out of the way of foot traffic. Now may be the time to add a picnic table, a badminton net or croquet course, planters,

patio, grill, fire pit or pergola to the backyard.

Organize for fun. Identify zones for different activities. Dining, lounging and reading may be best in shady spots. Sports, family yard games and tossing a ball to the family dog may be better on a lawn that can handle rough and tumble play. Hammocks, lawn chairs, swings, picnic blankets and air mattresses can all provide a place for people to sit down and cool off.

Include teachings about backyard wildlife and nature. Ask children to take an inventory of the many birds, butterflies and other wildlife they see, looking up their species and background. Put up a bird feeder or plant a butterfly garden, as well as potted flowering plants to support birds and pollinators. Add wind chimes, rain collectors, or backyard thermometers and wind gauges to help children observe science in

action. Visit <http://www.TurfMutt.com> for a variety of backyard lesson plans that are free and STEM-aligned.

Design new games incorporating green space. Hold a nature scavenger hunt that’s both fun, educational and tests the family’s observational skills. Create a “drive-thru” movie theater by bringing laptops outside or a projector to show them on a sheet hung outside.

Build anticipation. Talk about the backyard vacation in advance with the family and review all the plans. Count down the days to build excitement about spending time together in the family yard.

For more information and tips about living landscapes and backyard learning visit <http://www.TurfMutt.com>.

Submitted by TurfMutt Foundation.

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Graduation celebrations give rise to balloon-related power outages

SAN DIEGO – The coronavirus pandemic has transformed graduations into festive drive-by celebrations. Residents may have seen colorful car parades complete with signs, streamers and shiny Mylar balloons tied to vehicles. Unfortunately, the thing that makes Mylar balloons so shiny is also the thing that can cause an electric outage if the metallic coating contacts a power line.

As more people find creative ways to celebrate milestones in place of traditional events, San Diego Gas and Electric wants to encourage everyone to do their part to help prevent Mylar balloon-related outages.

Just over the past week alone, seven Mylar balloon related outages caused service disruptions for about 3,800 customers. Over the past five years, Mylar balloons have been identified as the cause of more than 500 power outages to the region’s electrical system.

It’s around this time every year

that a surge in Mylar balloon incidences occur which is why SDG&E is asking everyone to help prevent them with a few easy-to-follow tips:

When the fun is done, show some love by deflating the Mylar balloon so that it doesn’t get loose and float away. Remember, partially inflated Mylar balloons can easily become airborne.

Whenever possible try to keep Mylar balloons indoors.

If the festivities head outdoors, try to keep the balloons securely fastened. California state law mandates that all balloon bouquets sold must have a weight attached.

If residents notice a Mylar balloon entangled in an overhead power line, call 911 or contact SDG&E at 800-411-7343. Do not try to remove it personally.

To learn more about power line safety, visit <http://www.sdge.com/safety>.

Submitted by San Diego Gas and Electric.

Beyond curb appeal, why yards are safe green spaces



The family yard is a safe green space to de-stress and relax away from others. Village News/Courtesy photo

ALEXANDRIA, Va. – Yard provide more than curb appeal. The TurfMutt Foundation supports growing grass yards for families and pets to play together for several reasons.

Support the environment. Grass plays a vital role in capturing dust, smoke particles and other pollutants that harm people. Bees, butterflies, bats, birds and other wildlife rely on urban habitats.

Improve quality of life. Researchers found that people living in neighborhoods with more birds, shrubs and trees are less likely to suffer from depression, anxiety and stress.

Reduce energy costs. Planting

the right living landscapes makes a house warmer in the winter and cooler in the summer.

Safe space for children and pets. The family yard is a safe green space to de-stress and relax away from others. Grass is tough enough to handle play from children and pets, while cushioning falls.

Getting outside is more important than ever before.

Get outside. Families can get their feet in the grass, do yard work, watch the trees and wildlife and use the yard as a family gathering space and to de-stress.

Expand yard’s purpose. Assess these “outdoor living rooms” and play spaces for needed

improvements and how they might better support the family’s needs.

Plant something. Order garden supplies online or have them delivered from the local nursery. Plant for the appropriate climate zone and pollinators with a balance of trees, shrubs, grass and flowering plants.

Always remember that nature starts at the backdoor. The yard support birds, bees, butterflies and other wildlife with habitat and food.

For more information, visit <http://www.TurfMutt.com>.

Submitted by TurfMutt Foundation.



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SPORTS

Hernandez to run at Coker University



Fallbrook High School senior Josh Hernandez runs at the CIF San Diego Section cross-country meet in San Diego. He finished in 22nd place overall and first for his school with a time of 16 minutes 19.5 seconds.

Joe Naiman
Village News reporter

Josh Hernandez completed four years on Fallbrook High School’s varsity cross-country team in November, and even though the 2020 track and field season was shortened, that was his fourth year on the Warriors’ varsity for that sport. He will continue his scholastic running career at Coker University.

“I am pretty happy to be able to run in college,” Hernandez said.

Hernandez signed his letter of intent April 23.

“That was a special moment for him,” Marco Arias, head cross-country and track and field coach at Fallbrook High, said. “It’s just real exciting. I’m just extremely proud of him.”

Coker University is in Hartsville, South Carolina. Airline travel to and from Hartsville normally involves the airport in Florence approximately 30 miles from the campus.

“It’s pretty far away from home,” Hernandez said.

Due to the coronavirus outbreak, Hernandez did not take a physical visit to the campus but rather utilized FaceTime to view the campus and interact with the Cobras’ coaching staff.

Hernandez was also considering California State University San Marcos before making Coker University his choice.

“They offered me a scholarship,” he said.

Coker University is in Division II of the National Collegiate Athletic Association, and Hernandez

received an athletic scholarship.

“I thank my coaches, Coach Arias and Coach Joel,” Hernandez said of his scholarship.

Joel Rivera is Fallbrook’s assistant boys’ cross-country coach, and he is also Hernandez’s cousin. Because the Rivera and Hernandez families live together, Hernandez considers Rivera to be a brother. Rivera ran cross-country and track for Fallbrook High School before graduating in 2011. Enrique Rivera is a 2012 Fallbrook High School graduate who ran cross-country and track for the Warriors and ran at California State San Marcos. Gisselle Rivera ran cross-country and track before she graduated from Fallbrook High School in 2018 and now attends Mira Costa College but does not run for the Spartans. Hernandez’s father, Delfino, graduated from Fallbrook High School in 1996 and played soccer for the Warriors.

Arias said that when Hernandez was a freshman, they discussed his future.

“He said he wanted to follow in his cousin’s footsteps and run at college,” Arias said.

Hernandez will major in physical education at Coker University and plans to use that after he completes his college activities.

“I want to be a PE teacher and also coach kids,” he said.

The 2013 Don Dornon Games started the organized running career for Hernandez, who was in fifth grade at Live Oak Elementary School at the time. He increased his commitment to running while at Potter Junior High School.

“In seventh grade I started going to the high school twice a week and running with Coach Arias,” Hernandez said.

Fallbrook’s only track and field meet this year was a tri-meet March 5. Hernandez won the boys’ 3,200-meter race with a time of 10:53.23 to edge out teammate Danny Contreras, and he finished second in the boys’ 1,600-meter event to teammate John Regan. Hernandez did not run in the 4x400 meter relay that day, since the 3,200-meter race is run after the 1,600-meter event Hernandez thus closed out his high school career with a win.

“I want to thank John Regan and Danny for always running with me,” Hernandez said. “I’m going

to miss them.”

Regan spent two years with the Warriors; the senior ran for Lejeune High School in North Carolina as a freshman and sophomore. Contreras is a junior and was Hernandez’s teammate for three cross-country seasons and three track and field seasons.

A twisted ankle during his final high school cross-country race limited him to 22nd place among the 123 Division II boys in the 2019 CIF San Diego Section championship meet, but Hernandez won his final Valley League cross-country race. On Nov. 16, Hernandez won the Valley League championship, posting a time of 16 minutes 58.7 seconds at the 3.05-mile Kit Carson Park course in Escondido. The second-place finisher, San Pasqual senior Kevin Rohy, had a time of 17:14.5.

“When Josh really came on the scene was when he won the league title,” Arias said of Hernandez’s collegiate potential.

The North County Conference has replaced league dual meets with league cluster meets in which all-league teams participate. The Valley League had five teams in 2016 and 2017 and six in 2018 and 2019. The second Valley League cluster meet of 2019 was held Nov. 1, at Kit Carson Park. The course was 5,000 meters (3.1 miles), and Hernandez was the first individual finisher with a time of 16:32.

“My whole team was happy,” Hernandez said.

Hernandez said he considers winning the 2019 league championship and winning the Valley League cluster meet to be his favorite high school running memories. The spaghetti dinners with his cross-country teammates are Hernandez’s favorite school memories.

The top 10 finishers at the league championship meet earn all-league first team honors, and the 2019 meet gave Hernandez not only the individual championship but also first-team Valley League status for the third consecutive year. In the 2018 league meet his time of 16:31.9 on the 3.08-mile Guajome Park course placed sixth. He was seventh in the 2017 league meet with a time of 17:30.9 on Kit Carson Park’s 3.05-mile course. Hernandez finished 21st at the

league meet as a freshman in 2016.

The highest Hernandez finished at a league track and field meet was fourth, but he did that in two different events. As a sophomore in 2018, he placed fourth in the 800-meter race while also taking sixth place in the 3,200-meter run, and in his junior year Hernandez took fourth among 3,200-meter competitors at the 2019 Valley League meet.

“He hasn’t disappointed. He worked extremely hard year in and year out,” Arias said.

Peter Early is Coker University’s head cross-country and track and field coach, although graduate assistant Jackson Helfrich was the Coker University assistant coach who recruited Hernandez.

“When the coach from Coker University reached out and asked me if we had any potential runners, he was at the top of my list,” Arias said.

Arias told Helfrich that Hernandez was interested in running at the college level.

“They talked and they took it from there,” Arias said.

Helfrich initially queried Arias by email near the end of the cross-country season. Helfrich followed up with a telephone call in late fall.

Arias had not heard of Coker University until the coach notified him but noted that the South Carolina school gave Hernandez an opportunity to do more than just run cross-country and track.

“I wanted him to experience the outside world,” Arias said.

The South Atlantic Conference which includes Coker has schools in South Carolina, North Carolina, Tennessee and Virginia.

“I’m super excited for him to be able to run at the next level,” Arias said.

Although the 3,200-meter run is the longest event in high school track and field, college meets include 5,000-meter and 10,000-meter races. Some high school cross-country races are 5,000 meters, but the normal men’s Division II distance is 8,000 meters. Arias said he believes that Hernandez is capable of the longer distances.

“He actually gets better the longer he races,” Arias said.

Joe Naiman can be reached by email at jnaiman@reedermedia.com.

Knox to play baseball at Linfield College



Grant Knox, a third baseman, was a member of the all-league second team in the 2019 baseball season..

Joe Naiman
Village News Reporter

Fallbrook Union High School’s Grant Knox will continue his baseball career at Linfield College in McMinnville, Oregon.

“I’m honored to have the opportunity to be a part of the amazing education that Linfield offers and being able to play with the reputation of the Wildcats,” Knox said.

Linfield College won the NCAA Division III championship in 2013, and in five of the past 10 years – not including the shortened 2020 season – the Wildcats won the Northwest Conference championship.

McMinnville is in northwest Oregon. Knox was also contemplating Whitworth University in Spokane, Washington, and Northwest Nazarene University

in Nampa, Idaho, before choosing Linfield College.

“I felt wanted by the coaches, and you can’t beat the academics that Linfield offers,” he said.

Knox will be a business major.

“I’d like to get into real estate,” he said.

“He’s been a good pitcher and infielder for us,” Fallbrook coach Pat Walker said.

Knox will concentrate on the mound at Linfield College.

“I’m going to be pitching only,” he said.

“He’s just going to get stronger,” Walker said. “He’s going to get better and better.”

Knox’s full name is Ulysses Grant Knox V, and his father is Ulysses Grant Knox IV. They are not related to the former United States president. Knox’s father attended El Camino High School in Oceanside

but did not play any sports. Knox’s mother, Jessica, played softball and swam for Oceanside High School and was also a cheerleader for the Pirates. Knox has a younger sister, Gillyanna, who is a freshman at Fallbrook High School and made the Warriors’ field hockey and softball varsity teams during the 2019-2020 seasons.

The lifelong Fallbrook resident was born at Scripps Hospital in San Diego. Knox attended Fallbrook United Methodist School in kindergarten and attended Frazier, Maie Ellis and La Paloma elementary schools before his Potter Junior High School and Fallbrook High School years.

Knox was four when he began playing with Fallbrook Youth Baseball. When he was seven, he joined the Fallbrook Warriors travel team, and he most recently played

club baseball for the North County Tide, based in Oceanside.

Six players including Knox made Fallbrook’s 2017 varsity team as freshmen and spent four years on the varsity squad.

“I’ve been playing with the same group of kids on the baseball team since we were 7 years old. I’m glad to have those memories, and I’m glad to have grown up with them,” Knox said.

Following his junior season, the Valley League baseball coaches named Knox to the 2019 all-league second team.

This year Knox was the Warriors’ Opening Day pitcher, Feb. 25. He threw six innings and received the win in Fallbrook’s 12-2 home victory over Santa Fe Christian. Knox allowed five hits and one walk along with two runs, and he struck out nine Eagles batters.

Knox was also a cornerback on Fallbrook High School’s freshman football team in 2016, and he was active in the school’s Fellowship of Christian Athletes chapter

His favorite Fallbrook High School memory is also his favorite Fallbrook High School baseball memory.

“It would be my sophomore year when our team went to the CIF semifinals,” Knox said.

Knox took his campus visit to Linfield College in August 2019 and made the decision to attend the week before Christmas.

“I’ve worked very hard my whole life and I’ve kept on the right track, and this is just encouraging me to work harder,” Knox said of being able to pitch in college.

Joe Naiman can be reached by email at jnaiman@reedermedia.com.



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Fallbrook High School student Chiara Curnow wins P.E.O. STAR Scholarship



FALLBROOK – P.E.O. Chapter UH announced that Fallbrook High School senior Chiara Curnow has been selected as a recipient of a \$2,500 P.E.O. STAR Scholarship for the 2020-2021 academic year. This honor is given to exceptional high school seniors excelling in academic achievement, leadership and service to the community. P.E.O. International and the STAR Scholarship board of trustees receives and reviews thousands of applicants each year. With the funds available, the board was able to award 880 scholarships this year. Curnow was recommended by P.E.O. Chapter UH as an applicant primarily due to her commitment to higher education and her plans to pursue

an undergraduate degree in science and a master’s degree in a related field. Curnow was highly recommended by her high school counselor to the P.E.O. Chapter UH’s projects and scholarships committee. She has an academic GPA of 4.16 and has been on the principal’s honor roll since sixth grade. Curnow is very active in community service projects through her church and school and participated in numerous leadership roles including captain in diving, swimming and track. Her goal is to eventually become a teacher. Curnow is the daughter of Robert and Loredana Curnow and will graduate from Fallbrook

High School this month. She will be attending Point Loma Nazarene in the fall, majoring in biology. P.E.O. is a philanthropic educational organization established in 1869 in Mount Pleasant, Iowa. With nearly 6,000 chapters in the United States and Canada, Fallbrook is home to five chapters. Since its inception, the nonprofit organization has helped more than 109,000 women pursue their educational goals by providing more than \$344 million in grants, scholarships, awards and loans and the stewardship of Cottey College, a private women’s liberal arts college located in Nevada, Montana. Submitted by P.E.O. Chapter UH.

Fallbrook High School student Chiara Curnow wins P.E.O. STAR Scholarship from P.E.O. Chapter UH.

Village News/Courtesy photo

Fall semester at Palomar to remain mostly online

SAN MARCOS – All lectures will be delivered online during the fall 2020 semester at Palomar College, while certain labs that are difficult to provide in remote format will meet in person on campus, as the college continues to follow COVID-19 social distancing guidelines. Campus leaders said the decision reflects the unpredictable nature of the COVID-19 pandemic and warnings about a potential re-emergence. Specific “hard-to-convert” sections are being discussed on a case-by-case basis by division deans and department chairs within the college.

“Our faculty, staff and administration are working hard to bring students a comprehensive schedule of courses this fall, and to outline requirements and options as clearly as possible,” Jack Kahn, acting superintendent and president of Palomar College, said. “We look forward to another stellar semester, and to supporting our students in every possible way as we navigate this developing situation together.” Registration for the fall semester begins June 4, and the class schedule is slated for completion by the last week in May. Kahn said the summer and fall semesters will also

serve as a time of ongoing training and preparation for any further adjustments that may become necessary in the wake of COVID-19. Kahn emphasized the possibility that a shift in the developing health crisis, or an unforeseen government mandate, could interrupt the college’s plans for the fall semester. “We have focused on the health and safety of our students, faculty and staff during this crisis, and will continue to do so as the situation unfolds,” he said.

Submitted by Palomar College.



Palomar College will remain mostly online for the fall 2020 semester.

Village News/Courtesy photo

CDC lays out plans to reopen schools

Kim Harris
Managing Editor

After months of speculation as to what school reopening would look like at the start of the 2020-2021 school year, the Centers for Disease Control and Prevention released its guidelines focusing mainly on social distancing, recently. The guidelines, which included desks at least six feet apart and facing the same direction, lunch in classrooms, staggered arrival times, cloth masks for staff and daily temperature screenings for everyone, were part of a 60-page document posted to the CDC website the weekend of May 16. In addition to social distancing in the schools, the guidance also advised that buses leave every other row empty, add bars, add sneeze guards and said child care centers should limit sharing of art supplies. “Schools can determine, in collaboration with state and local health officials to the extent possible, whether and how to implement these considerations while adjusting to meet the unique needs and circumstances of the

local community,” the CDC said, leaving much of the decision-making up to state, county and local school districts. “Implementation should be guided by what is feasible, practical, acceptable and tailored to the needs of each community.” According to the guidance, school districts should educate staff, students and parents about when to stay home, hand hygiene and respiratory etiquette and cloth face coverings. The CDC said that all schools should have adequate supplies to support healthy hygiene such as soap, hand sanitizer with at least 60% alcohol, paper towels, tissues, disinfectant wipes, cloth face coverings and no-touch/foot pedal trash cans. Other recommendations include the posting of signage in high visibility locations, promoting protective measures and describing how to stop the spread of germs, regular broadcast announcements on reducing the spread of COVID-19 and messages about behaviors that prevent the spread of the virus when communicating with staff and families. Also in the guidance is a listing

of things schools should do to maintain healthy environments to include cleaning and disinfecting frequently touched surfaces both in the school and on school buses and developing a schedule for increased routine cleaning and disinfection. Schools should limit or discourage the sharing of objects between students as well as keep each child’s belongings separated from others and in individually labeled containers, cubbies or areas, ensure there are adequate supplies to minimize sharing of high-touch materials such as art supplies or equipment and avoid sharing electronic devices, toys, books and other games or learning aids. Schools will also need to ensure all ventilation systems are operating properly, increase circulation of outdoor air as much as possible and ensure that all water systems and features are safe to use following the prolonged shutdown. While drinking fountains can still be used, the CDC is recommending all schools encourage staff and students to bring their own water bottles to minimize the touching and use of

water fountains. Other criteria include schools providing physical guidelines such as tape on the floors or sidewalks or signs on the walls to ensure that staff and students remain at least 6 feet apart, the closure of communal spaces such as dining halls, playgrounds and playground equipment and the addition of physical barriers, such as plastic flexible screens, between bathroom sinks especially when they cannot be at least six feet apart. Restrictions for cafeteria and food services include children bringing their own meals as feasible or the cafeteria serving individually plated meals in classrooms instead of in a communal dining hall or cafeteria and using disposable food service items, such utensils and dishes. If disposable items

are not feasible or desirable, ensure that all non-disposable food service items are handled with gloves and washed with dish soap and hot water or in a dishwasher. Individuals should wash their hands after removing their gloves or after directly handling used food service items. If food is offered at any event, the CDC recommended using prepackaged boxes or bags for each attendee instead of a buffet or family-style meal. Avoid sharing food and utensils. For more information or to read the full guidance, visit <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-child-care/schools.html>. Kim Harris can be reached by email at villageeditor@reedermedia.com.

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WINE

South Coast’s McPherson embraces virtual tastings, continues work amid pandemic



South Coast Winery’s master winemaker Jon McPherson is shown here in a screen shot of one of the virtual tasting videos that he makes periodically to educate consumers on the wine they sell.

Valley News/Courtesy photo

Jeff Pack
Staff Writer

Contrary to what people might think about what winemakers are doing while the COVID-19 pandemic has stifled wine tasting activities in Temecula Wine Country, South Coast Winery’s master winemaker Jon McPherson is as busy as ever.

“We’ve got, I think I added up the other day about 40,000 gallons worth of wine that I’ve got to get bottled between now and the first of August,” McPherson said on a phone interview from his laboratory. “We’re working on it. Every week we got something that we do. But I’ve still got a little bit of May and all of June and July, and then for sure harvest will be here again.”

McPherson isn’t complaining, he said. He’s doing what he loves and is happy to still be working when many others are not. He also said he realizes that if he was not working, this pandemic could be a disaster for the winery.

“I know most of the other guys in the valley, they’re all in that same boat,” he said. “We didn’t plan on any of this beyond once it started happening and you realize real quick, ‘Wow, I’ve still got bottling, and I still got all these wines that I’ve got to take care of and barrel.’

“If we were physically not able to be at the winery, I mean, there’s potential for some loss there for sure,” he said.

While South Coast has remained closed, for the most part, with limited opening times for wine club pickups, they have seen quite an uptick in online sales.

“Our online store was, it was OK (before COVID-19),” McPherson said. “But it never did anything like what we would do out the front door. I could make up numbers, but we were probably 20 to one in respect to what we sold out the front door to what we were selling online.

“But now, all of that kind of flipped. It’s more like, you know, we’re selling 20 online to every

one that we’re selling out the front door. We’ve had a great reception as far as people buying things online.”

The winery has been taking some of the proceeds from its online sales and putting it into a fund for furloughed and laid-off employees.

“Jeff Carter initiated that and part of the online sales proceeds are going to our employees in the form of food donations and things that we were buying to help them,” McPherson said. “I know that it helped us being able to pass food out to our employees.”

With the online marketplace ramping up, McPherson has been hosting some virtual wine tastings and videos, something the winery hasn’t done much in the past but is a way to reach out to customers.

“I like that it allows us to convey information,” he said. “When I do these little things, they’re always telling me, ‘Keep it simple. Don’t do more than three minutes, five minutes.’ I did one the other day; it was like 15 minutes. They don’t

want you to oversaturate everybody with information and, as you know, I can talk about wine all day.”

But he thinks the virtual space is a good place to be because even when McPherson is waxing poetic on a varietal, the consumer can rewind and come back to finer points of his conversation.

“You probably can confuse people a lot with things that you say because they don’t understand,” McPherson said. “But they do have that ability to go back and watch it again or say, ‘Hey, wait a minute, what did he say? I didn’t catch that.’ People have the ability to go back and actually taste.”

South Coast’s program included creating packages of wine to coincide with the virtual tastings, so consumers could follow along.

But by having the videos accessible to everyone online, they can live a little longer, adding value to the consumer that may have questions that can’t be answered in an online transaction.

“If they have questions, they have the ability to ask,” McPherson said. “Sometimes people might buy something and they didn’t get a chance to try it, and they ask a question like, ‘I wonder if I put that in oak? I wonder what kind, was it French or American?’ When you have these online things, you have the ability to send in questions.”

McPherson knows South Coast Winery isn’t the only one doing this type of outreach.

“Marketing has realized, and

they’re not alone in this, the data is out there from Silicon Valley Bank to Joe Blow, they’re all talking about the fact that everybody’s doing a bit more on social media and looking at their computers or phones a lot more because there’s not much else to do,” he said. “I think wineries kind of figured out real quick that posting virtual tastings or if you get the wines in front of people and talk about them, that the people are sitting there at home ... and they’ll order that wine online.”

Jeff Pack can be reached by email at jpack@reedermedia.com.



South Coast Winery’s master winemaker Jon McPherson is shown here in a screen shot of one of his videos he makes explaining the winemaking process at the winery. Valley News/Courtesy photo

Try refreshing cocktail recipes to welcome summer from Temecula Valley Wine Country

Annette Brown , Visit Temecula Valley
Special to Valley News

Temecula Valley Southern California Wine Country shares how to make some of its top-selling summer cocktails. Though its swim up bars, poolside cabanas and hopping night life is closed right now, residents over the age of 21 can still enjoy their popular drinks from the comfort and safety of home. From Old Town Temecula to Temecula Valley Wine Country to Pechanga Resort Casino, “cheers” until everyone can meet again.

- Mac’s Mule from 1909**

 - 1.5 ounce vodka
 - 0.5 ounce agave syrup
 - 0.5 ounce lime juice
 - Approximately four or five muddles (smashed up) raspberries
 - Top the drink with ginger beer.
- Barrel Aged Boulevardier from Cork|Fire Kitchen at Temecula Creek Inn**

This is a nouveau take on the Old Fashioned that is smooth, slightly sweet and hits all the right notes.

 - 1 ounce whiskey
 - 1 ounce Campari
 - 1 ounce Sweet Vermouth

Build in mixing glass 3 oz. pour over large cube in rocks glass. Expressed orange peel garnish.
- Lavender Martini from Avensole Winery Restaurant**

 - 1 ounce gin (grape based)
 - 0.5 ounce Sweet & Sour
 - 0.5 ounce lavender syrup
 - 3 dashes Bitters
 - Lemon slice for garnish

Place ingredients in cocktail shaker with ice and shake until cold. Carefully pour cocktail from



- Mermaid Water is a cocktail from The Cove at Pechanga Resort Casino.*
- the shaker into a cocktail glass, garnish with lemon slice.
- Lemon Aventini from Avensole Winery Restaurant**

 - 1.5 ounce vodka (grape based)
 - Half lemon, juiced
 - 0.25 ounce dry vermouth
 - Sugar for rim of cocktail glass
 - Lemon slice garnish

Place vodka, lemon juice and dry vermouth in cocktail shaker with ice and shake until cold. Moisten rim of glass with a small amount of water. Turn glass upside down and dip into sugar on a small plate to line the rim of the glass. Carefully pour the cocktail from the shaker into the glass, add lemon slice garnish.
- Mermaid Water from The Cove at Pechanga Resort Casino**

Even though Pechanga Resort Casino’s tropical, 4.5-acre pool complex, The Cove, remains closed, these refreshing cocktails can help kick off summer vibes.

Fill cocktail glass with solid ice cubes

 - 1 ounce coconut rum
 - 1 ounce coconut spiced rum crème
 - 1 ounce lime juice
 - Fill remainder of glass with
- pineapple juice

 - Top with 1/4 ounce Blue Curacao

Garnish with a pineapple wedge.
- Banana Colada (blended) from The Cove at Pechanga**

Combine the following in a blender:

 - 3 ounces ice cubes
 - 1 ounce banana rum
 - 1 ounce banana creme rum
 - 3 ounces pina colada mix

Blend these, then pour in 1/4 ounce Blue Curacao and gently mix once more. Garnish with a pineapple wedge.
- Temecula Valley is preparing to welcome visitors again. The community is creating strict cleaning and safety protocols above and beyond Centers for Disease Control and Prevention regulations to ensure everyone’s safety and comfort because visitors and employees are priority.
- Visit Temecula Valley is the region’s official tourism marketing organization and resource for visitors. The Visitors Center is located in Old Town Temecula. For visitor information and assistance, call 888-363-2852 or visit <http://VisitTemeculaValley.com>.

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ENTERTAINMENT

Fallbrook Art Center presents virtual Artist Guild Show



The top four award winners in the Ninth Annual Village News/Courtesy photo Artist Guild Show are, from left, top, Best of Show – Hajime Ohno, First Place – Helen Beacham; bottom, Second Place – Michael Reardon, Third Place – Tracy Skinner.

FALLBROOK – Due to the COVID-19 pandemic, the Fallbrook Art Center is unable to present its Ninth Annual Artist Guild Show in the gallery. Instead, the show is presented virtually online May 17– June 14.

For the first time, all works are available for online purchase. Visit www.fallbrookartcenter.org to view the 80 works selected by the juror.

Private in-person viewings, incorporating safety protocols, of any paintings of interest may be scheduled by calling Mary Perhacs at 760-522-4025.

This year’s show juror, Hasuyo Miller, grew up in Hawaii and received her BFA from the University of Hawaii. She is grateful to have been exposed to a variety of cultural arts and excellent teachers and said, “It was a visual and exciting enrichment with perspectives from all over the world.”

Miller’s quest to further her learning led her to live and study in New Mexico, Texas, and eventually led her to California

where she received her MA degree from San Jose State University in 1982. Miller has had the opportunity to teach at multiple colleges including the University of Hawaii, Palomar College and Mt. San Jacinto College.

She is now a full-time studio artist and gives workshop presentations. She believes exploration is a constant play of ideas and techniques and states that, “it is an honor to live and love the creative arts.”

Show Award Winners:

Best of Show \$1000 Cash Award – Hajime Ohno: “Family at the Genghis Khan Barbecue” – oil

First Place \$750 Cash Award – Helen Beacham: “Oblivious” – watercolor

Second Place \$500 Cash Award – Mike Reardon: “Bob Weir Takes a Long Strange Trip” – photography

Third Place \$250 Cash Award – Tracy Skinner: “Catching Fish” – printmaking

Honorable Mention \$85 Cash Award – Dixon Fish: “Flat, Tree, Winter” – acrylic paint and mixed media

Honorable Mention \$85 Cash Award – Patricia Hartman: “The Road Home” – digital painting on wrapped canvas

Honorable Mention \$85 Cash Award – Kathleen Morgan: “Out of Body” – acrylic

Fallbrook Art Center anticipates reopening June 27 for The Find Magnified Show. Rest assured, all proper protocols will be in place to protect patrons and staff.

As always, Fallbrook Arts is grateful to its patrons, participating artists and show sponsors for their continued commitment to its various art programs over the past 24 years.

Submitted by Fallbrook Art Center.

Local musicians given airtime on Pala Rez Radio

Joe Naiman
Village News Reporter

Even before Chris Carmichael began producing the Jack’s Tracks local music show out of his Morro Hills home the sound of a dog barking was a usual occurrence on the Pala Rez Radio show.

Carmichael is the producer of Jack’s Tracks, but his dog Jack is the official host.

“You’ll hear him during each show. He barks,” Carmichael said.

The Carmichael family acquired the rescue dog eight years ago, and the show is named after Jack. The stars of the show, which airs Sunday afternoons from 4-7 p.m., are the local musicians whose songs are featured.

“We give them a venue, a chance to display their talent,” Carmichael said.

“Hopefully we’re getting them some exposure they are not getting on a lot of stations,” John Fox, station manager of Pala Rez Radio, said.

Carmichael is originally from Dodge City, Kansas, and began his radio career in 1978 with KGNO-AM 1370 in Dodge City, Kansas. The Navy brought Carmichael to San Diego as a Navy journalist.

“I had limited time on air,” he said.

Those radio broadcasts were primarily from the Tokyo area. Carmichael also participated in electronic news gathering, took photographs and wrote for Pacific Stars and Stripes.

“My photojournalism came into play,” he said.

Carmichael joined the Navy in 1980 but was not assigned to a ship until September 1981. After basic training, he went to photojournalism school at Fort Benjamin Harrison in Indianapolis, which is an Army base but which was where the Defense Information School for all armed services branches was located at the time. Carmichael was stationed at Norfolk, Virginia, for 3 1/2 years before being transferred to San Diego.

In addition to his deployments to the Far East, Carmichael served in Operation Desert Storm. He was discharged from the Navy in 1992.

“There was a military drawdown, and I was offered a chance to go to school and I did,” he said.

That change halted Carmichael’s radio career.

“Radio, as much fun as I had with it, was not going to be my career,” Carmichael said. “The pay wasn’t

good.”

He worked as a technical writer following his discharge. Carmichael’s full-time job is now as a software programmer in a consultant capacity. He works out of his home in that position.

“I like that a lot,” he said.

Carmichael moved to Morro Hills in 1993.

“I’ve been here most of my time in San Diego,” he said.

Jack’s Tracks began on the Alpine-based radio station KRLY, which is at 107.9 on the FM dial and is also called The Mountain. “I was just getting back into radio and I was fortunate that this low-powered FM station offered me a shot,” Carmichael said.

Chris Torrick and David Manzi own and operate KRLY-FM 107.9.

“I just read about it on Facebook,” Carmichael said. “Then the station was doing contemporary radio.”

KRLY-FM aired Carmichael’s show for approximately one year, although he was a volunteer.

“They liked what I did, and I liked being there in Alpine,” he said.

A format change to country music ended Carmichael’s tenure at KRLY-FM. Fox has been the station manager at Pala Rez Radio since that station went on the air in February 2011.

“I knew John,” Carmichael said.

Fox was still a Fallbrook High School student when he began his radio career with KMLO-AM 1000, a radio station in Vista. After his 1974 high school graduation, Fox moved to San Diego to attend San Diego State University and obtained a college job with KFMB, whose call letters were shared by the Channel 8 television station and the 760 AM and 100.7 FM, known as B-100, radio stations. Fox was at KFMB for 16 years including as a disc jockey on B-100.

Next, Fox took a position with the morning show on KEZY-AM 1240 in Los Angeles and was the network director of Catholic Radio Network. Before leaving radio for eight years, Fox had part-time jobs at KFWB-AM 980 in Los Angeles, KOLA-FM 99.9 in Redlands and KCBQ-AM 1170 in San Diego.

Pala Rez Radio, which is at 91.3 on the FM dial, is a 100-watt station with some reception in Rainbow Heights and eastern Fallbrook and clear reception on the reservation. The Pala tribe had limited information about the October 2007 fires and subsequently opted to launch a reservation radio station to provide emergency

information. The 24-hour radio station has an automated music mix but also features local talk and news, Native American culture, classic radio shows and remote broadcasts.

“Without that Pala station that entire community would not have news and information,” Carmichael said. “It’s a wonderful thing to have, and it’s so fortunate the Pala tribe has stepped up.”

FM transmission is line-of-sight, but listeners may also enjoy Pala Rez Radio shows through the internet.

“We’re fortunate that the Pala station is heard literally around the world,” Carmichael said.

During 1998 and 1999, Carmichael covered radio for the North County Times and wrote a story on Fox, who at the time was with the Los Angeles market.

“That speaks highly of John’s skills,” Carmichael said.

That was the first encounter between Carmichael and Fox but not their last.

“We kept in touch over the years,” Carmichael said.

Following the format change of KRLY-FM Carmichael offered his local music show to Fox for Pala Rez Radio.

“I said I’m looking for another station,” Carmichael said.

Fox offered Carmichael a three-hour slot Sunday afternoons.

“It’s been successful,” Carmichael said.

“San Diego County has a pretty good local music scene,” Fox said.

Pala Rez Radio currently uses the call letters KPRI-FM. The original KPRI-FM in San Diego was at 106.5, and San Diego has also had a KPRI-FM at 102.1 which added local music to nationally famous artists.

“They were always pretty good about playing local artists,” Fox said.

During the 106.1 era, KPRI-FM played album-oriented rock as did KGB-FM, which is at 101.5.

“KGB-FM made a big thing out of the homegrown album,” Fox said.

Fallbrook once had a local radio station at 107.1 KMLO-FM.

“Being locally owned they seemed to have an interest playing local music when they could,” Fox said. “We’re carrying on that tradition a little bit with Jack’s Tracks.”

Jack’s Tracks isn’t the only local music played on Pala Rez Radio.

“We’ve got a couple of them. Eric has his bird song show, so actual local Native music is played there,” Fox said.



Chris Carmichael and Jack are the minds behind Jack’s Track on Pala Rez Radio, KPRI-FM 91.3. Village News/Courtesy photo

Eric Ortega is the assistant station manager and has also been with Pala Rez Radio since 2011. Carmichael also has Native American musicians on Jack’s Tracks.

“I like to focus on Native American singers,” he said.

He includes Tracy Lee Nelson of the La Jolla Indian Reservation and Blaine Mazzetti of the Rincon reservation.

Joel Rafael, who lives in Valley Center, has a folk music show on Pala Rez Radio which includes local artists. Rafael has also been featured on Jack’s Tracks.

“We play a lot of Joel Rafael,” Carmichael said. “He plays with such a multitude of artists, national artists, and it’s a wonderful experience to have him.”

The local music on Jack’s Tracks is not limited to any specific genre.

“We have such a talented group of musicians who can answer any call, any flavor of music,” Carmichael said.

While Jack’s Tracks includes nationally prominent local musicians such as Morro Hills resident Jason Mraz, the late blues singer Candye Kayne and former San Diego Padres player and coach Tim Lincecum, there is no fame threshold to have music played on Jack’s Tracks. The musicians who work with Carmichael provide biographical information as well as music.

“We do more than play the music. We want to talk about them,” Carmichael said.

Normally the musicians go through Carmichael, although Fox has also been involved.

“I actually sought one of them when I heard them,” Fox said.

Carmichael strives for original songs.

“We don’t do covers,” he said. “If you’re a cover band, we don’t do that. We want original music.”

That doesn’t preclude a style influenced by better-known bands.

“It’s kind of fun listening and comparing them,” Fox said.

When Carmichael was with KRLY-FM, the local musicians were from throughout San Diego County rather than only from East County or Alpine. Jack’s Tracks still includes local artists from throughout the county, and Temecula musicians now qualify as local.

“I’ve got a couple of Temecula artists in there,” Carmichael said.

Normally Carmichael records his shows in the Pala Rez Radio studio, he said.

“I go out there when I can every other Friday and do two shows,” he said.

Due to the coronavirus outbreak, Fox has been the only staff member at the studio since March 17. Carmichael sees some disadvantages from producing his show at home.

“In the radio studio I can do more mixing,” he said.

Being relatively confined at home hasn’t hampered Carmichael, however. During Operation Desert Storm, he was stationed on the U.S.S. Midway. The radio station was in a “void,” or a space on the side of the ship.

Carmichael has volunteer status at Pala Rez Radio, and he was also unpaid for his KRLY-FM show.

“I’m fortunate to be able to spend three hours a week on the radio,” he said. “It’s been very good. It’s been a lot of fun. People have reached out.”

Joe Naiman can be reached by email at jnaiman@reedermmedia.com.

Casino Pauma to remain temporarily closed for the safety of guests, community and employees

PAUMA VALLEY – Choosing to follow the advice of Gov. Gavin Newsom and the guidance of government and health officials instead of the trend of several California-based tribal casinos to reopen, Casino Pauma announced Wednesday, May 20, that it will remain temporarily closed to further reduce the spread of

COVID-19. Casino Pauma’s closure, which took effect March 15, will remain in effect until further notice.

“It is very important to the Pauma Band of Luiseño Indians and Casino Pauma leadership that we continue to demonstrate that ‘Where People Come First,’ is more than a slogan,” Jim

Thomason, general manager of Casino Pauma, said. “Chairman Temet Aguilar, the Tribal Council and Casino Pauma Leadership do not believe in gambling with the health and safety of our guests, our team members or the community. In the spirit of our sovereign-to-sovereign relationship, we will continue to follow Gov. Newsom’s

recommendations or until we are more confident it is safe for us to reopen.”

Tribal Leadership and Casino Pauma’s focus has been to help the local community and provide support. During the closure, Casino Pauma assisted employees with filing unemployment and navigating

the red tape. Additionally, the Tribal Council directed Casino Pauma to open the Pauma Store where employees, neighboring tribes and the community can safely order dry, bulk, canned items, COVID-19 safety products

see PAUMA, page B-14

SUDOKU

	3							2
			6		7		5	
6					5	1		
7	5						6	
9		1				3		8
5			4					
	1	3	9		2			
4	9			6			8	

Level: Intermediate

Here’s How It Works:
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Fun By The Numbers

Like puzzles? Then you’ll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

PAUMA

from page B-13

and other hard to find household essentials, online and receive them via a drive-thru pickup at the Pauma Pavilion at Casino Pauma to avoid going to nearby cities with larger populations. Orders may be placed by visiting <https://www.paumatribes.com/shop> or by texting or calling 760-891-7953 and may be picked up between 9 a.m. and 4 p.m. Casino Pauma also opened the Pizza Deli for curbside takeout, 11 a.m. to 7 p.m. daily, again as a safe option to minimize exposure in the larger cities. Orders can be placed via <http://www.casinopauma.com/deliorders>. Many menu items are under \$9.

Though Casino Pauma may be temporarily closed, it remains busy implementing and preparing safety protocols and preventive measures to help its guests feel safe and comfortable.

“We encourage everyone to be safe, patient and compassionate as we battle to contain COVID-19 and look forward to welcoming our guests back once the restrictions have been lifted,” Thomason said.

Nestled in the citrus groves in the heart of Pauma Valley, Casino Pauma features a warm comfortable and contemporary atmosphere with the friendliest staff around. With over 40,000 square feet, guests can enjoy 1,050 of the hottest most exciting slot and video games plus 16 table games featuring the lowest blackjack minimums in Southern California, three delectable dining options including the “Best Buffet value in the Valley” the Grove Buffet and home of the \$6.99 steak and eggs at the Café. Casino Pauma is owned and operated by the Pauma Band of Luiseno Indians. For more information, visit <http://www.casinopauma.com>.

Submitted by Casino Pauma.

CLASSIFIEDS

Employment

“ebay Help Wanted”: “Looking for someone to sell my “Peanuts” memorabilia and other collectibles on eBay in exchange for a percentage of the sales price. eBay Experience preferred. Contact Molly, 760-637-6404.”

SAP SD MANAGER: SAP SD MANAGER FFF Enterprises, Inc. (Temecula, CA) to be respe for managing bus. rqrmnts, analysis, design, configuration, testing, maintaining & supprtn software & applications specifically, in the areas of SAP SD, Order & Service Management, Contract & Settlement Mngmnt & EDI fcnlts. Must hold a Bachelor’s degree in Engineering, MIS, Comp. Science or related academic discipline & 5 years of progressively resp. work exprnc. in the position offered or related working with SAP SD in distribution envrmnt. Must have exp. in leading small team of SAP professionals & consultants & collbrtn w/other teams & bus. process owners towards defining, enhancing, & intrgrtn SAP sltns & providing impact analysis & decision support across ERP platform & related bus. processes. Must have exp. acting as a subject matter expert for SAP SD module; managing multiple assignments w/competing priorities, mngng rltshps & liaison w/ different stakeholders to identify & own the bus. processes in SAP S4/HANA; mngng complex, multi-country, multi-module enterprise SAP implmnts & rollouts having integrations w/external sys.; leading, motivating, influencing, negotiating, building trust, & coaching team members & providing recmmndtns on hiring, training & dvlpmnt needs for team members. Must know (through academic training or work exp.) SAP SD processes; Business Partners, Order, Contract & Settlement Mngmnt, VMI, Consignment, 3rd Party & Inter-company Sales & Returns; Advance Pricing & Discount Modeling; Advance ATP, MTO, CTO, MTS scenarios; Shipping Prioritization, & Billing, BRF based Output Management; B2B interfaces using SAP ALE & EDI, XML & Idoc formats; Integrations with FSCM: Credit management; Taxware & Sabrix; SFDC & E-commerce portals. All appltns & resumes must be submitted online at resumes@fffenterprises.com.

Employment

CAREGIVERS NEEDED: Seniors Helping Seniors is hiring immediately for a caring and compassionate caregiver in Fallbrook and Temecula areas who are available to work weekends. If interested, please call 760.884.4111 for more information.

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LEGALS

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2020-9008035
Name of Business
a. SLEEP AND POTTY CO.
b. SLEEP AND POTTY COMPANY
1930 Sunset Blvd., San Diego, CA 92103
County: San Diego
This business is registered by the following:
Diana Souad Peters, 1930 Sunset Blvd., San Diego, CA 92103
This business is conducted by an Individual
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON May 04, 2020
LEGAL: 5256
PUBLISHED: May 14, 21, 28, June 4, 2020

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2020-9007837
Name of Business
YORK & COMPANY
7041 Via Mariposa Sur, Bonsall, CA 92003
County: San Diego
This business is registered by the following:
1. Carrie F. York, 7041 Via Mariposa Sur, Bonsall, CA 92003
2. Sharon F. York, 7041 Via Mariposa Sur, Bonsall, CA 92003
This business is conducted by a General Partnership
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Apr 28, 2020
LEGAL: 5257
PUBLISHED: May 14, 21, 28, June 4, 2020

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2020-9007908
Name of Business
RUIZ LAW GROUP
674 Grant Court, Vista, CA 92083
County: San Diego
This business is registered by the following:
Vincent A. Ruiz, 674 Grant Court, Vista, CA 92083
This business is conducted by an Individual
Registrant first commenced to transact business under the above name as of 03/01/2020
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Apr 29, 2020
LEGAL: 5255
PUBLISHED: May 14, 21, 28, June 4, 2020

NOTICE OF LIEN SALE

Notice is given that pursuant to sections 21700-21713 of the Business and Professions Code, Section 2328 of the Commercial Code, Section 535 of the Penal Code that Citrus Plaza Self Storage LLC, at 202 West College Street, Fallbrook, CA 92028 will sell by competitive bidding, on or after June 16, 2020 at 2:30pm, property belonging to those listed below. Auction to be held at the above address. Property to be sold as follows: Household, office & business goods, furniture, appliances, personal items, clothing, electronics, tools, duffle bags/suit cases, electronics, sporting and exercise equipment, miscellaneous boxes, containers & bags with unknown contents belonging to the following:

Searle, Tammy
Espinoza, Arthur
Nelson, Joy
Dorantes, Jose Antonio
Stasik, Sarah
Sanchez, Daniel

Published May 28, June 4, 2020

SHERIFF’S LOG

May 6		
Canonita Dr @ S. Old Highway	Recovered stolen vehicle	395
Pala Rd @ S. Mission Rd	Arrest: Driving on suspended/revoked license	
2800 block Lakemont Dr	Grand theft	
2400 block S. Stage Coach Ln	Arrest: Public intoxication	
900 block E. Mission Rd	Commercial burglary	
31100 block Calle Joya	Arrest: Violation of court order	
1900 block Rainbow Glen Rd	Grand theft	
500 block E. Elder St	Arrest: Possession of controlled substance, paraphernalia	
1000 block Hughes Ln	Theft from elder/dependent adult	
May 7		
2400 block Gum Tree Ln	Credit fraud	
W. Alvarado St @ S. Pasadena Ave	Vehicle burglary	
35800 block Messara Wy	Vehicle burglary	
500 block Ammunition Rd	Vandalism	
May 8		
800 block S. Main Ave	Arrest: Possession of controlled substance, paraphernalia	
300 block N. Brandon Rd	Commercial burglary	
4700 block Oak Crest Rd	Petty theft	
May 9		
39800 block Rock Mountain Rd	Vehicle burglary	
1000 block Rainbow Crest Rd	Vandalism	
200 block W. Clemmens Ln	Arrest: Assault with a deadly weapon	
31800 block Bobritt Rd	Residential burglary	
E. Mission Rd @ Davis Dr	Arrest: Possession of controlled substance, paraphernalia	
May 10		
600 block E. Elder St	Missing adult	
1200 block S. Main St	Shoplifting	
2900 block Canonita Dr	Missing adult	
500 block S. Pico Ave	Arrest: Possession of controlled substance, assault with a deadly weapon	
700 block E. Mission Rd	Battery	
May 11		
Diego Estates Dr @ Gird Rd	Possession of controlled substance, paraphernalia	
May 13		
1100 block Alturas St	Vehicle burglary	
3000 block Skycrest Dr	Residential burglary	
May 15		
1100 block S. Mission Rd	Found property	
May 18		
4700 block Pala Rd	Vehicle burglary	
May 19		
700 block S. Mission Rd	Threat with weapon	
May 20		
1100 block S. Mission Rd	Fraud	
N. Main Ave @ E. Ivy St	Armed robbery	

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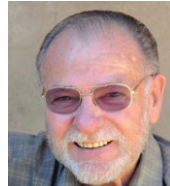
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