



Sports
Girls Rugby
sweeps Florida
B-1



Business
Norby
Retires
C-6

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April 28, 2022 www.VillageNews.com Volume 26, Issue 17

Residents take
part in Crime
Town Hall

Julie Reeder
Publisher

Fifth Supervisor Jim Desmond held a Crime Town Hall meeting by Zoom on April 19. There were about 75 people on the call and the first speaker was San Diego District Attorney Summer Stephan. As district attorney, she leads the second-largest DA's office in California, managing a professional staff of 1,000 employees, serving as the people's prosecutor for San Diego County and its more than three million residents.

The first topic she addressed was the problem San Diego County has with early release convicted criminals which started as an emergency response from COVID. She said they were supposed to be letting out non-serious, non-violent criminals, but in her

see HALL, page A-7

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Biggest crowd ever fills Fallbrook



At least 100,000 people visited the Avocado Festival, Sunday, April 24. The Fallbrook Chamber of Commerce is calling it the biggest crowd ever with many people staying all day. See more photos on pages C-1 and D-1. Village News/Mark Mervich photo

Local churches join to support National Day of Prayer and other projects

Rick Monroe
Special to the Village News

On the fourth Wednesday of each month, various pastors from Fallbrook, Bonsall, and Rainbow get together for lunch and prayer. Last year, while still navigating the complexities of COVID-19 and encouraging one another after difficult ministry seasons at each church, the pastors began praying about the future. They dreamed of what God might do in Fallbrook through their congregations.

Nearly a year later, they are in a season of churches in Fallbrook praying, serving, and playing together.

On Thursday, May 5, at 7 p.m., Living Waters Christian Fellowship will host a National Day of Prayer service for every church in town. There will be a time of music and various leaders from the community will guide special times of prayer focus. At this service, a 12-week devotional book written by leaders of churches and nonprofits in Fallbrook will be handed out for the members of every church to pray through together.

In January, churches in Fallbrook partnered with each other for the first of four Serve Sundays. All year long, churches are working together to serve the multiple

sites of the Boys & Girls Club of North County. In January, each church donated school supplies to the different clubs. The next Serve Sunday is May 29 and throughout the month of May participating churches will be collecting swimming supplies for students. The third Serve Sunday will be July 31.

Not wanting to only pray and work together, congregations throughout Fallbrook will be coming together to have fun. On July 3, after their respective services conclude, each church is invited to a cookout at Live Oak Park to celebrate Independence Day. There will be games, food

and drinks, a good time to be had by all, said Pastor Tommy Welty of CrossWay Community Church.

"We learned over the two years of Covid-19 that we're stronger together and united than isolated and divided," Welty said of the united programs. "The Bible talks about how Jesus 'is our peace, making two groups one, bringing down dividing walls.' And that starts with us. So our churches want to show Fallbrook and beyond what Jesus can do when we come together despite our differences."

For more information contact Pastor Tommy at tommy@crosswayfallbrook.com or leaders at other churches.

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VILLAGE NEWS

PUBLISHER'S LETTER

The 95% has to take back our state from the 5%



Julie Reeder
Publisher

"The 95% has to take back our state from the 5% who are succeeding in destroying it," RivCo Sheriff Chad Bianco says

In the article, "Legislature failed to protect citizens, Sheriff says at Legislative Summit" beginning on the front page of this week's Valley News, Sheriff Chad Bianco talking specifically about crime says, "The current legislative agenda is that absolutely no bill will be passed if it adds any type of punishment to any crime. The only bills that are being passed through public safety committees are bills that let

see REEDER, page C-7

ANNOUNCEMENTS

Spiritual consultant to speak at AAUW meeting

FALLBROOK – Liz Jamieson-Dunn will be discussing her book, "Finding Hidden Courage: Stories of Healing and Strength," at the next Fallbrook American Association of University Women meeting May 7.

Jamieson-Dunn is a licensed spiritual practitioner with Centers for Spiritual Living. She is also a neuro-linguistics master practitioner, a huge energy guide and an art expression facilitator. As a creative spiritual consultant, she works with others to help transform their life challenges into loving and more joyful lives.

The public is cordially invited to attend this program at the Palomares House, 1815 South Stagecoach Lane, beginning at 10 a.m. For more information, contact margaret.mosavi@gmail.com.

Submitted by the Fallbrook American Association of University Women.



Liz Jamieson-Dunn is a licensed spiritual practitioner with Centers for Spiritual Living.



This book will be discussed at the May 7 AAUW meeting.



THE 55TH ANNUAL

Fallbrook Vintage Car Show

Sunday, May 29, 2022

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Live DJ by:



For Information and Registration go to:
www.FallbrookVintageCarClub.org
Or Scan QR Code



Proceeds Support Youth Organizations, Senior and Civic Organizations, and Military Groups.

Man sentenced to 7 years for Fallbrook stabbing

City News Service

VISTA – A man who fatally stabbed another man at a Fallbrook plant nursery last year has been sentenced to seven years in state prison.

Luis Enrique Muniz, 57, pleaded guilty to a voluntary manslaughter count and a knife allegation for the Aug. 7, 2021, killing of 33-year-old Escondido

resident Ismael Alberto Resendiz. Muniz was sentenced Thursday, April 21, to the stipulated prison term.

Deputies and fire personnel responded at about 8 p.m. to a nursery in the 5400 block of Rainbow Creek Road and found Resendiz with a stab wound to the chest, according to Lt. Thomas Seiver of the San Diego County Sheriff's Department. Resendiz

was taken to a hospital and died shortly after arrival, Seiver said.

The sheriff's department described Muniz as living at the nursery. He previously faced a murder count in the case prior to his plea.

Police did not release a suspected motive for the killing, nor the relationship, if any, between the suspect and victim.





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the village beat

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PENDING

2574 Via Del Robles, Fallbrook

Secluded custom home in sought after Gird Valley area of Fallbrook. Enjoy the privacy, peace and quiet from this tucked away gated location down a quaint country lane. Dramatic driveway entry past a pond on the adjacent parcel and winding through your very own tree studded property. Downstairs area is easily converted to an attached efficiency unit. Separate area to make a perfect art retreat with bright natural light coming in. Set amongst over 250 Avocado, meyer lemon and lime trees.

Offered at \$1,248,747



Shady Grove

NEW LISTING

2073 James Gaynor, Fallbrook

Welcome Home to sought after Shady Grove gated community in Fallbrook! Enjoy the security of your newer upscale neighborhood with several park areas, barbecues, walking trails, basketball, tennis and pickleball! Leisurly, you will drive to your one level home destination on the most prestigious cul-de-sac street in the community. Enjoy the easy care front yard landscaping as you approach the entry. Inside you will enjoy the open floor plan, flanked by a separated front bedroom and bath which is currently used as an office. The stylish great room and remodeled kitchen will welcome you home and create space for all your family gathering year round. Separated primary suite and a guest hallway to 2 additional bedrooms. Outside you will be treated to a resort type feel with an alumawood covered patio, raised tanning deck and sparkling pool with waterfall. EZ care maintenance!

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3642 Alta Vista, Fallbrook

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Offered at \$1,398,747

Ken's Corner

With all this talk about rising interest rates, it should be told that they are still low based on long term national averages. It does however have a considerable impact on both buyers and sellers. Every situation is different and unique. We would love an opportunity to discuss your plans and goals in detail., and discuss just how the current trends may affect you. As your trusted advisor and negotiation experts, give us a call today!

At Your Service! – Ken

Sharon's Corner

Many people know us for our listings, but we work with a lot of buyers too! We know what is important to them and we are out all the time in Fallbrook, Bonsall and the surrounding areas checking out the inventory! If you have any questions about what you can get for the \$\$ or what obstacles to expect when buying a home in this market, we can help educate you about how to put together a successful offer and get the home of your dreams! Our goal is make your dreams a reality!

Let's talk! – Sharon

PENDING

Oceanside

2949-31 San Luis Rey, Oceanside. 2 buildings on 1 parcel. Industrial zoning.

Offered at \$1,295,000

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Dollar General

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Dollar General

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Offered at \$1,092,500

SOLD

Panoramic Views

0 Via Cuesta Arriba, Bonsall in Hialeah Estates. Panoramic views to the ocean and all surrounding mtn ranges from the top of this exceptional building parcel. Coveted Bonsall location. Includes water meter.

Sold for \$600,000

SOLD

Westport Manor

A highly upgraded 8 unit apt. building located in a superior rental area of Anaheim, CA. All units have garage parking. Improvements include roll-up garage doors with openers, dual paned windows, wall a/c.

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OPINION

Thank you, North County



Supervisor Jim Desmond
5th District

Last week, my office hosted a State of the North County at the El Corazon Senior Center in Oceanside. I truly was amazed by the over 250 people who attended, many of whom make North County such a wonderful place to live and work. If you weren’t able to attend, I wanted to give a few of the highlights from the day.

First, we had a very special guest on-hand, Bud Roberds. Bud is a World War II veteran who just celebrated his 102nd birthday! Bud was a music teacher at Fallbrook High School and still plays the piano weekly at the Peking Wok Restaurant in Bonsall. It truly was

an honor to have him on hand!

As far as my speech, I focused on many topics, including homelessness and behavioral health.

I believe that we must do a better job as a society dealing with those suffering from behavioral health issues. I am proud to say that North County is leading the way when it comes to creating Crisis Stabilization Units. A CSU is an ER for those in a mental health crisis. I’ve had families ask me, what do they do? Where can they go if they have a loved one suffering from a mental health crisis? A hospital ER is not the place for someone in a mental health crisis, but now they can go to a CSU. The county now has five Crisis Stabilization Units. Three of these ER’s for mental health are here in North County.

A lot has been done, but there is a lot more to be done. We will keep working and pushing that boulder up the mountain and helping those who are struggling.

There were many more topics addressed, which I can touch on in the upcoming weeks, but in the meantime, I want you to know, I am proud to work for you, proud to be a part of this region, and will always fight for North County.

Fallbrook Zoom meeting on crime

On April 19, there was a Zoom meeting sponsored by Supervisor Desmond’s office regarding the issue of crime in Fallbrook. I had some questions about the proliferation of graffiti and what programs, if any, exist to address

this community problem.

I want to give two thumbs up to Lt. Aldo Hernandez of the San Diego Sheriff, Fallbrook Substation. He immediately addressed in real time my posted question with a Zoom post of

his own and followed-up shortly after the meeting with an email communication to me.

Thank you Lt. Hernandez.

Steven Smith

Who’s really looking out for water users in Fallbrook, Bonsall and Rainbow?

Dave Baxter and Hayden Hamilton
Special to the Village News

As you have probably heard, our two water agencies – the Fallbrook Public Utility District and the Rainbow Municipal Water District – are seeking to switch water suppliers in the wake of price increases from the San Diego County Water Authority that have averaged 8% per year over the past decade. Not surprisingly, this effort is opposed by the Water Authority.

As your local water representatives, we are charged with providing you – the people of Fallbrook, Bonsall, and Rainbow – a reliable supply of water at the lowest cost possible, whether you’re a residential, business or agricultural customer. We are accountable to you and only you.

The SDCWA, on the other hand, provides water to, and thus answers to, 24 member agencies throughout the county. The Water Authority’s top priority is not Fallbrook and Rainbow ratepayers – it’s the Water Authority and its members.

Unfortunately, the Water Authority’s lawyers and lobbyists have been working hard to prevent us from leaving and buying our water from the Eastern Municipal Water District. By switching to Eastern, our customers would save approximately \$7.6 million a year on water costs, according to an independent analysis.

Why doesn’t the Water Authority want us to leave? It’s simple: they want your money. They want your money so they can continue funding projects that largely benefit customers down south.

Unfortunately, ever since we announced our plans to change water suppliers, the Water Authority has been throwing up roadblocks at every turn and

making false and misleading statements.

Among other things, the Water Authority contends that our two water districts’ customers have racked up obligations of \$1.2 billion that should be paid to the Authority before we can leave, \$1.2 billion! This so-called “exit fee” would equate to about \$45,000 for each and every Fallbrook and Rainbow ratepayer. Not only is such a fee preposterous, imposing it on us would violate California law. The law is clear as to what our on-going obligations would be to leave, but the Water Authority is seeking to punish us for finding a better deal for our customers.

In addition, the Water Authority continues to make unfounded claims. Despite a San Diego newspaper’s report that suggests otherwise, the Water Authority contends that its water would eventually become less expensive than water provided by the Metropolitan Water District, which supplies the Eastern Municipal Water District. This, however, is not accurate. The Water Authority conjured up its rate comparison by factoring in additional cost impacts for Metropolitan, but conveniently forgot to apply these same impacts to its own rate projections.

When it comes to forecasting the future, the Water Authority doesn’t exactly have a strong track record. They failed miserably to predict the amount of water our region would need in future years and, as a result, financed billions of dollars for projects meant to increase the local water supply. However, our regional demand for water has actually plummeted over the years because San Diego County residents have answered the call to conserve.

Whether we can switch suppliers will be up to an organization known as the San Diego Local Agency

Formation Commission, which is governed by local appointed and elected officials. If LAFCO approves our applications, then Fallbrook and Rainbow voters would have the final say in an election held in each of the two districts’ service areas.

Our proposal has received the support of the Fallbrook and Rainbow community planning groups and the Fallbrook Chamber of Commerce, who voted overwhelmingly to endorse the move after carefully considering the facts.

Facts are important and you can continue to count on our two water districts to provide you with nothing but the facts. And you can be sure that, as your locally-elected water representatives, we are looking out for you and your interests as we engage in this “David vs. Goliath” effort.

The bottom line is escalating water rates in San Diego County, which today are among the highest in America, have taken a huge toll on the people of Bonsall, Fallbrook and Rainbow, as well as our local economy. We firmly believe that switching water suppliers will bring much needed relief to you, our ratepayers, while ensuring a safe, reliable supply of water for many years to come.

If you’d like to learn more about our effort, please join us at a town hall meeting on Monday, May 2 at 6 p.m. at the offices of the Fallbrook Public Utility District, 900 East Mission Road. Supervisor Jim Desmond, who also serves as chairman of LAFCO, will attend to hear directly from the community.

We hope to see you there.

Dave Baxter is president of the Fallbrook Public Utility District Board of Directors.

Hayden Hamilton is president of the Rainbow Municipal Water District.

Inflation blues



Assemblymember Marie Waldron
District 75

The rising cost of virtually everything is costing Californians dearly. March inflation surged to 8.5%, the largest increase in 40 years. This spike, driven largely by the cost of gasoline, made March the 10th straight month with inflation over 5%.

So what’s the solution? One important step would be to suspend our 51 cent per gallon gas tax, the nation’s highest. Not only is this a direct tax on those with the least ability to pay, it drives up the cost of all goods shipped on our highways – in other words – everything.

Over the past 12 months, groceries rose 10% overall, with meats, poultry, fish and eggs

increasing by 13.7%. According to a recent Bloomberg report, inflation will cost the average U.S. household \$5,200 this year, or \$433 per month. While average wages rose by 5.6% in March, inflation wiped out that increase and wages actually decreased by 2.7%.

Given these facts and our state’s huge budget surplus, you’d think Sacramento would jump at the chance to provide relief to overtaxed, hardworking Californians. But that’s not the case. In fact, legislation to temporarily suspend the gas tax was blocked and the bill was hijacked by the majority and transformed into an attempt to increase taxes!

Suspension of the gas tax is off the table, but a rebate to help defray the cost of gasoline is included in the Governor’s budget proposal. The amount of the rebate is unclear, it will take months to pass, and owners of the state’s 400,000 electric vehicles will be eligible for the “gas tax rebate,” even though they don’t pay the gas tax.

Californians need immediate relief. Inflation is making living in the Golden State impossible for many, and too many Sacramento legislators are refusing to take even a small step to help those who need it the most.

Is America in her final days? – Part 3 – The reckoning

In your last letter, “JT,” you blame the GOP for your party’s continuing malfeasance using the same worn out and predictable tactics of plausible deniability with the sleight of hand machinations of a seasoned “flimflam man.” It must be an embarrassing moment in history for you when most Americans blame the Democrat Party for the quagmire that may engulf us all.

But I do hope your party leaders will campaign in the midterms on their obsession with supporting abortion, their insistence on sexualizing our kids in elementary school, and the proselytizing of transgender deviancy as if it were an unspoken virtue.

May I humbly suggest that you add erecting statues to honor felons like George Floyd, defunding the police, and letting criminals out of jail without bail to your list of campaign promises? I’m sure these issues will ingratiate you and your party with law-abiding Americans across the fruited plains and serve Democrats’ reelection prospects admirably.

So here we are, you armed with historical revisionism and your disdain for our founding principles, and me clinging to the Declaration of Independence, the Bill of Rights, and America’s Magna Carta, the Constitution. Something tells me our Founding Fathers would be appalled by the sheer magnitude of your party’s staggering incompetence, its malevolence towards dissenting

voices, its penchant for deceit and dishonesty, and your party’s indefensible belligerence for our flag and our national heritage.

Although I thoroughly enjoy these rhetorical food fights with you, we are clearly at an impasse for now. You are captivated by your party’s recalcitrant ways, their infatuation with rewriting America’s fate, while I cradle America’s values, her traditions, and the uniqueness that defines our nation-state. But I admire your hubris and hope you will enjoy the upcoming May Day parades celebrating the true forebears, prophets, and leaders of today’s Democratic Party. The Who’s Who of the Washingtonian leftist elites, Karl Marx, Joseph Stalin, and Biden’s BFF, Xi Jinping.

Until our next foray into linguistic gymnastics, may I remind you that the fissures that divide us, might not be so insurmountable after all, if only we would embrace the common bonds that make us “Americans first” one and all!

Dave Maynard

ARISE & Shine

“The Kingdom of Heaven”

What are you seeking? How do you pray?

“ So I say to you, **ask**, and it will be given to you; **seek**, and you will find; **knock**, and it will be opened to you. For everyone who asks receives, and he who seeks finds, and to him who knocks it will be opened. ”

Luke 11:9-10

“ For the Son of Man, is not come to destroy men’s lives, but to save them. ”

Luke 9:56

“ And when you pray, say, **Our Father in heaven**, Hallowed be Your name. **Your kingdom come**. Your will be done on earth as *it* is in heaven. Give us day by day our daily bread. And forgive us our sins, for we also forgive everyone who is indebted to us. And do not lead us into temptation, but **deliver us from the evil one**. ”

Luke 11:2-4

“ For blessed are they that hear The Word of God and keep it. ”

Luke 11:28

Sponsored by Ana Iturralde

Truth is our hope

It was my privilege, along with 90 others in our community, to witness the film “Enemies Within The Church” produced by Trevor Loudon and hosted by the Republican Women of California, Fallbrook.

The film is an absolute eye opener. It stresses the fact that so many ministers are ignoring the true function of the church by failing to address the distressing activities of politicians, the absence of adhering to the laws of the bible and our responsibility to recognize the role we play as citizens of this great country.

We and “they” must be willing to discuss subjects like abortion, same sex marriage, our children’s education, the strength of our borders or lack thereof and call out the self-appointed anointed. It

is not enough to hear the truth; we must act on it.

The word of God has been manipulated to suit the progressive agenda from the very young to the colleges and even the seminaries. If you feel that your pastor is soft-pedaling the truth – change churches. Sadly, there are several churches that refused to distribute fliers for this film.

Take a stand - find the undeniable truth!

God loves his people but doesn’t love their unlawful (His law) actions.

God helps us all to see His light and recognize evil.

God save the United States of America. We are the hope of the future.

Orolie Gubser

It’s the law!

There are some Americans who believe our common law was derived from the Ten Commandments. A brief analysis shows the implausibility of that view.

I-IV. These deal with God and religion, which our secular government and its laws are forbidden to address.

V. As far as I know, there are no laws now or previously that require you to honor your father and mother, nor should there be.

VI-IX. The four no-no’s: don’t murder, commit adultery, steal, or bear false witness. Basically it’s a negative way of stating the Golden Rule, i.e., do no harm to your fellow citizens. And that is the core of every Social Code since humankind became social creatures. So, while the don’ts are enumerated here, they did not originate here.

X. The tenth commandment deals with not coveting. It’s good advice, but nothing that could be legislated by our legal code.

Our legal code – common law – is a social code. It specifies the rules we have agreed to live by in order to insure the safety and security of our society as a whole. What it is not is a moral code. In

theory, at least, a citizen could be totally immoral, but still a citizen in good standing. Moral codes and social mores have their place, but that place is not in our legal code.

If our legal code wasn’t derived from the Ten Commandments, where did it come from? At our country’s founding, we had no common law, so we took England’s common law as a base. “Blackstone’s Commentaries on the Laws of England” was the go-to book then. The English common law traces its origin back to the Magna Carta, not the Bible.

Finally, my point: It’s way past time for our federal government to put an end to any efforts to legislate morality at any level of government. The private behavior of consenting adults should not, and never should have been, subject to legislation. Likewise, their medical decisions should not be subject to political intrusion. If churches wish to impose moral constraints on their congregants, fine: that is within their purview. But ours is a secular government. Let’s get it back to doing what it’s supposed to do: making America better than ever.

John H. Terrell

Say no to the Community Benefit District

Community volunteers (for various nonprofits) have created their own universe. The community benefit district is going to benefit only the coalition. None of the projects so far have benefited me and are an irritant to the community.

While I respect their efforts, I do not respect the agenda of forcing the community to pay for their projects.

This was a response to the beginning of FPUD /LAFCO creating a community benefit group and I found it very interesting that the people who live here have been ignored. I want to bring up some of the points again and will not use the original poster’s name.

“Community volunteers need help for their projects they deem important to Fallbrook.”

However, you cannot hold a gun to our heads to make us do what you want.

We all need to give back to our hobbies as our feelings dictate. However, being held up to support other people’s visions is not right. The proposed seven member board at FPUD (two FPUD board members – Charlie Wolf and Dave Baxter have already volunteered and seem to be guaranteed rubber stamps), two members from the nonprofits with their hands in the community’s pockets, and three so-called at-large members to be named, have a half million in grant requests before them at this time.

I was one of the local citizens at the FPUD public hearing.

This so-called \$5 per month is baloney. There is no cap and no ending to the hands in our pockets. The funds are to be collected by FPUD to avoid balloting as a tax.

Any nonprofit in Fallbrook may

submit for a grant. Everyone who has a water meter in FPUD will pay per meter. Fine arts wants a new roof; the railroad group wants to build a museum; the Boys and Girls Club wants a teen center; the wellness center wants a \$7.8 million remodel. What will the garden club, the quilt guild, and myriad other groups want?

A few examples: No one asked the community when they planted inappropriate trees on Main Street and the divider. Now they are overgrown, need to be removed and replaced, at our expense. They want us to pay for their vision of Fallbrook, their agendas. What they think Fallbrook needs – a locked Jackie Heyneman Park, crime-ridden Pico Promenade, pots and plants, art in public places. (The Happy’s cost \$30,000; the train caboose cost \$25,000, plus restoration.)

I could not have said this better. Thank you to S. N. the original writer. Apparently our request and opinions don’t matter because they fell on deaf ears

I was at those meetings too and the board of directors of FPUD still voted yes. If you don’t agree with this direction make sure when election time comes, we have the opportunity to remove them off the FPUD board; vote them out... Charlie Wolk, I will not vote for you. Jim Desmond, I will not vote for you.

If you agree with it, You’ve been drinking the water. Remember, there is no way to go back as the cost goes up. This is not the time for you to stay silent, speak up at the protest hearing soon to be announced.

J. Scott

Re: Re: ‘Is America in her final days?’ [Village News, Terrell letter, 4/14/22]

Before answering his question, “What have Republicans done since 2016 to aid working-class Americans?”, I’ll note that fully one-half of Terrell’s letter speaks approvingly of the abortion of babies, or as he calls it, “reproductive health care.” I’ll defer to a person such as Shanika Benson to set the record straight about that.

Terrell is a believer in Big-Government, which is clear from any of his letters. He evidently thinks that working-class Americans are benefitted by more government “bills,” as if yet more laws and redistribution schemes are what will improve their lives. It appears that he believes the quality of life depends on the Democrats putting ever more costs and restrictions on the ‘right’ people; limiting what landlords can charge tenants, mandating how employers must compensate their employees, deciding that you can’t defend yourself from criminals – who don’t give a rat’s you-know-what about gun laws, and promoting men competing in women’s sports.

Perhaps he thinks that stopping the border wall project was a good thing for the American citizen; Biden’s administration has now “progressed” to giving illegal trespassers free cell phones and service plans courtesy of the working-class American.

But here is his list of his supposed

Republican “time wasters”:

1. Politicizing the pandemic: The whole Democratic agenda for the 2020 election was based on bizarrely blaming President Trump for the China-originated disease; far-left actress Jane Fonda called Covid-19 “God’s gift to the Democrats.” Covid was the excuse for mail-in ballots, which the Democrats abused so effectively late on election night.
2. Opposition to Critical Race Theory: “It’s not been taught, and there is no intention of doing so.” There’s plenty of evidence that it is, but Terrell repeats the Left’s standard line. Republicans oppose teaching kids that they are the oppressor or the oppressed, based on their skin color.
3. Preventing ‘trans girls’ from competing in school sports: “Trans girls” are males that unfairly ruin sports for actual girls. I suspect that Terrell never had a daughter in high school track as I did.
4. Preventing mention of other genders in schools: Republican’s freely mention the two real, authentic genders: female and male.
5. Restricting free access to voting: Republicans believe that voting be allowed once you have proven your identity with a photo I.D. and signature – that’s it. To Terrell, that’s an unfair “restriction.”
6. Favoring states’ rights over federal legislation: States making

their own laws was the very essence of the founding of the United States. States were thus encouraged to compete with other states as the best places to farm or run businesses. The founders were avoiding a kingdom, which always hurts the working people.

7. Looking for the next topic to divert from their inaction: I’ll advise Mr. Terrell to check any mainstream media (CNN, MSNBC, ABC, CBS, NBC, San Diego Union Tribune) for their diversion topics: it’s Trump, Trump, Trump, and did I mention, Trump.

So, what have Republicans done to aid working class Americans since 2016? Well, the borders were controlled so that legitimate American workers didn’t compete with illegal immigrants, who would undercut their wages. And American energy companies were encouraged to provide fuel for Americans, rather than our country being dependent on foreign suppliers. American banks were encouraged by the Trump administration’s pro-business actions to loosen lending, stimulating the business sector. That in turn caused the working class to prosper.

So, Mr. Terrell, the actual party for the working class is the Republican party.

David Lewis

Re: ‘In response to Terrell and Zajic’s letters’ [Village News, Benson letter, 4/21/22]

Boy, it’s hard to know where to start!

My letter was in defense of the manufacture and use of EVs and their associated batteries.

In the second paragraph of your letter you stated, “they never debate any real issues,” and then you ramble on for a dozen more paragraphs about things having nothing to do with the subject matter at hand.

You state that I can’t fact check some mining numbers because the information was removed. Then I wonder how Judy Willis got these numbers. Did they come from those ‘reliable’ news sources you cite?

The yield of various mineral deposits in mines differs greatly from place to place. Many mines recover multiple minerals at once. I’m not even sure you could get this information if you were a shareholder in each company. I was simply wondering what her source was. One source I like for this type of information is Jennifer Krill at Earthworks. But even she has difficulty in obtaining accurate information.

In poor countries, child labor is used in many industries including the petroleum industry. That does not make it right, and I am not defending it. For me it is not “save the planet, but damn these children” but save the planet for the children.

I too, drive a non-electric truck and have rooftop solar. I have no problem with anyone doing the same. Today’s internal combustion engine has thousands of parts under the hood. Many are made from materials which also must be mined for. Probably a third of the parts under the hood are there to reduce the amount of pollution these vehicles emit. EVs have no need for these parts, and their overall parts count is in the hundreds. I will not wait for China to do the right thing before I do. We should be a technology leader when possible.

So God gave us oil and gas but not minerals? Yes, we should be good stewards of this planet, but I believe both the mining industry

and the oil industry need to be better at this. Common sense says to me if I can drive a vehicle charged by the sun, it would be better than driving one that burns fossil fuels. That is why I have an Aptera on order.

As for the rest of your letter, you do not know my opinion on all these other, non-related issues, so I don’t want to go down that road. But I do feel compelled to add just

one comment.

In your hypothetical bathroom rape, it sounds like you believe the victim should not have any say in whether or not she bears this rapist’s child. I do not agree.

I am sorry I made you want to cry. Either you did not understand my letter or you were already on the brink.

Glenn Zajic

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Jehovah’s Witnesses return to in-person meetings

After two years virtual, congregations are meeting together again

FALLBROOK—All congregations of Jehovah’s Witnesses worldwide were encouraged to resume in-person meetings starting April 1.

Fallbrook residents Tim and Holly Bevan are happy to be back in person with their local congregation after two years of attending via Zoom. Reflecting on over 50 years of attending in-person meetings, the Bevan’s have missed the outstanding warmth of those in attendance.

One of Tim Bevan’s first memories at a Kingdom Hall as a teenager was seeing the visible joy in the eyes of everyone he met. “I get a lot from what I see in a person’s eyes,” said Tim, confident that the happiness he has always experienced “will be there when I go back.”

For most of the last two years, buildings for worship have remained closed globally due to the risks associated with meeting in person. Jehovah’s Witnesses in the U.S. also suspended their public ministry on March 20, 2020. Since that time, they have carried on their ministry through letters and phone calls while holding twice-weekly meetings in a virtual format.

Average attendance at these meetings exceeded 1.5 million each week in the U.S., even though

there are fewer than 1.3 million Jehovah’s Witnesses in some 13,000 congregations.

“There is a collective shout of joy among Jehovah’s Witnesses around the world right now,” said Robert Hendriks, U.S. Spokesman for Jehovah’s Witnesses. “While we have prospered in many ways as individuals and congregations using technology to bring us together, nothing can adequately replace being together in person. We have longed for this moment for the better part of two years.”

The move back to in-person meetings coincides with two global events being held in all 120,000 congregations of Jehovah’s Witnesses. The first was a special lecture scheduled in most congregations for April 10, entitled “Where Can You Find Real Hope?” Additionally, the annual commemoration of the death of Jesus Christ was held April 15, the very day he sacrificed his life 1,989 years ago.

Gatherings will now be held in person at local Kingdom Halls with live speakers. No collections are ever taken.

“The timing of resuming in-person meetings could not be better,” said

Hendriks. “Bringing everyone back together for these special events will have a powerful effect on the worldwide congregation.”

Guidelines for holding “hybrid” meetings have been sent to all congregations in the United States. Over the past six months, many Kingdom Halls have been equipped with the required technology to hold a productive meeting that allows for in-person and remote attendees, all of whom can participate in the discussions.

A pilot program was held in October and November in countries around the world to assess how this could be done most effectively. The lessons learned in these pilot meetings have helped form the plan for moving forward with reopening all Kingdom Halls, where the law permits.

“It has been heartwarming to see the peace and unity among Jehovah’s Witnesses during this very divisive time,” said Hendriks. “We know resuming in-person meetings will bring us even closer together. We’re anxious to see one another again.”

Going to the Kingdom Hall is an opportunity to show “your love by your example and be happy,” Holly



Fallbrook residents Timothy and Holly Bevan appreciate returning to in-person meetings at their local Kingdom Hall.

Bevan said.

As of now, Jehovah’s Witnesses have no plans to resume their public ministry, though their “alternative” ministry continues. In fact, since the start of the pandemic through November 2021 in the U.S. alone, Jehovah’s Witnesses spent more than 400 million hours in virtual Bible studies, writing letters of comfort to their neighbors and making phone calls. They have released 77 new language translations of the

Bible and held two global virtual conventions in more than 500 languages.

“No time was wasted in the past two years,” said Hendriks. “Our congregants have been busy and productive helping each other and their neighbors through this most challenging time. That’s what love and unity are all about.”

For more information on Jehovah’s Witnesses go to jw.org.

Bud Roberds is still celebrating



Lucette Moramarco Associate Editor

Long-time Fallbrook resident Bud Roberds turned 102 March 30, but he is still being recognized for his age and his contributions to the community. Supervisor Jim Desmond honored Roberds by congratulating him on his birthday and introducing him at the end of his State of North County speech April 20 in Oceanside. Roberds, who was in the audience, received a standing ovation.

Roberds’ family and friends held a birthday party for him at

the Fallbrook Community Center March 27 which was attended by more than 100 friends, relatives, and former students. A family man, he hadn’t had such a large gathering since his 99th birthday, which was celebrated right before the pandemic quarantine started. While his 100th birthday party was postponed, his 101st was a drive-by celebration.

A band played at his party that included former student Flip Oakes, class of ‘67. There was also a Mariachi band that Roberds enjoys and a band composed of more of his former students. Roberds still plays keyboard at home and plays

at Peking Wok once a week.

He passed his driving test at 100 years old. Adriana Anguiano, his caretaker, has lived with him since 2007 and is like family. She said he is “one of the sweetest and most open minded human beings that I have ever met, with a heart of gold.”

Roberds was also given an early birthday present March 17 when the Fallbrook High Band Boosters announced that they were naming an annual scholarship in his honor. The announcement was made at Peking Wok in River Village.

Chloe Shaver contributed to this story.

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It was once in San Diego magazine for its outstanding outdoor living and entertainment features. This elegant 2+ acre single story Estate home with open floorplan has 3BD, a study, music room, 3.5BA, attached oversized 3 car garage with bonus area perfect for home gym, craft room or work shop. The estate also features a detached guest house. Maple floors and designer tile throughout the living area and baths. Bedrooms have designer carpet. The living room has a warm and inviting fireplace.

Seller will entertain offers between \$1,450,000 & \$1,675,000

JUST LISTED



878 N. STAGE COACH LANE, FALLBROOK

Breathtaking views to the Santa Margarita River Valley and distant mountains. Home has been lovingly remodeled with the best available materials and finishes over the past 20 years. Open floor plan, high ceilings, gourmet kitchen with designer appliances, wine storage closet and temperature control 3 zone wine cooler, 3 car garage, pool, 5 Star AirB&B, outdoor kitchen, pitch and put practice area with sand bunker, 3 fireplaces, total privacy and more. This dream home is truly turn key ready.

Sold for \$1,995,000

JUST LISTED



4536 OAK CREEK, FALLBROOK

Breathtaking easterly views to Monserrate Mountain and Indian trails. This home has been updated and is ready for your growing family or empty nesters retirement retreat. Home has waterfall, new view deck with unobstructed views to the east and south, 3 car garage and small RV parking. All new flooring, interior paint, and baseboards. The landscape has been updated. Nothing left to do but bring your furniture and your dreams. Seller is looking for a short escrow.

Sold for \$1,025,000

SOLD!



960 FELICIDAD DRIVE, FALLBROOK

Sold for \$775,000

SOLD!



204 OAK STREET, OCEANSIDE

Sold for \$2,230,000

SOLD!



855 N. STAGE COACH LANE, FALLBROOK

Sold for \$1,800,000

SOLD!



1582 WINTERWARM DR, FALLBROOK

Sold for \$1,200,000

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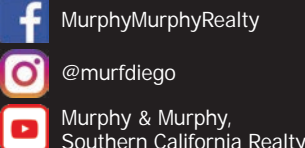


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Fallbrook Girls Rugby sweeps Florida Tropical 7s Tournament

FALLBROOK – Fallbrook Girls Rugby Club headed out to Tampa, Florida to compete against North America’s Elite Rugby Teams in the largest tournament in the past three years. The setting was Tropical 7s Rugby Tournament and the Girls U18 division was 24 teams deep with 12 teams being categorized as the Elite Division.

The FGRC has been dominating the SoCal Competition through the 2022 high school and club season and now set their sights on their second national competition in two years. In 2021, FGRC headed to Arkansas to compete against the country’s best at the Falcons 7’s Tournament in June where Fallbrook Warriors came off the field as champions.

Ten months later, the Fallbrook Girls targeted the elite competition across the United States and Canada. Playing in hot and humid conditions in Florida, the SoCal girls hit the pitch running. In their first match they faced off against a historically dominant team, the Atlantis Rugby Academy, in pool play where the Fallbrook girls won 24-0.

Tiahana Padilla, a former member of Atlantis was familiar with the competition and as the captain, she prepared her squad to meet the challenge. The stringent competition continued in game 2, where the Warriors faced off against South Eastern Panthers Rugby Academy.

The FGRC found themselves in the fight however with Padilla and Lucy Powell each scoring twice in the match and giving the Warriors the offense necessary to come away with a 26-10 victory.

The final game of pool play on Day 1 was against the undefeated and dominant Canadian team Tsunami Canada Misfits; this was the third game of the day under severe conditions, with Padilla scoring twice and Liberty Benitez scoring a try and making two conversion kicks achieving a tough victory 19-12.

The Fallbrook girls hit the hotel and immediately turned to post game activities ice baths, protein and hydration replenishment and off to film review and game preparations for the Championship Brackets.

Day 2 play for the Lady Warriors put Fallbrook against the best of the U18 elite competition. Game 1 on championship morning had FGRC face off against the impressive Upright Rugby Rogues team who went undefeated on Day 1. Fallbrook hit the field hard where captains Jordan Duncan and Padilla each scored twice as the Warrior staunch defense held Upright Rogues to a single score catapulting the FGRC into the semi-finals with a score of 20-7.

The semi-finals didn’t disappoint the fans, as the Lady Warriors were set to play against the Advantage Rugby Academy. There was no doubt, Advantage Rugby was a highly skilled team and it would take a disciplined defense and calculated offense to make it to the championship.

FGRC found themselves down 12 to 7 at the half, however the Warrior spirit came alive and answered the call with AJ Haughey, Padilla and Solana Shimura all scoring tries and Benitez going 2 for 2 on conversions kicks resulting in a 19-12 victory and a shot at winning it all in the championship match; all that was left was to know was who their competition would be.

After the dust had settled, it was a rematch against the #1 Seed Atlantis Elite Rugby Academy. Although the Lady Warriors were dominant in the first game of pool play against Atlantis, the Warriors knew that the Atlantis team they played on Day 1 would not be the same team they would face in the championship. Both teams hit the field hungry with one objective to be #1 of the Girls Elite Division.

The game was fast, hard hitting and strategic, requiring every bit of endurance and perseverance to come away with a win. The game was back and forth between both squads, with Fallbrook’s Padilla, Haughey, Shimura and Brianna Beath all scoring in the game.

see **SWEET**, page B-5



Fallbrook Girls Rugby U18 are the Tropical 7s U18 Elite Champions.

Village News/Courtesy photos



Tiahana Padilla, #10, makes a slashing run against Atlantis Elite U18.



Solana Shimura, #11, runs through the Canadian defense with AJ Haughey, #5, and Brianna Beath, #1, in support against U18 Elite Tsunami Canada Misfits.



Brianna Beath, #1, passes out to Lucy Powell, #3, against Atlantis U18 Elite.



Jordan Duncan, #12, presents the ball with Liberty Benitez, #14, setting gate for Solana Shimura, #11, against U18 Elite Tsunami Canada Misfits.



Liberty Benitez, #14, makes a tackle against Atlantis U18 Elite.



Liberty Benitez, #14, runs for a try against U18 Tsunami Canada Misfits.



Sydney Miller, #7, cuts with the ball against U18 Tsunami Canada Misfits.



SoCal Girls Tropical 7s Champions Belmont Shores U14 & 16 and Fallbrook Warriors U18 Elite Champions

HEALTH

Special ceremony honors abused and neglected children

Katie Cadiao
County of San Diego
Communications Office

The county’s Child Welfare Services and its partners held a moment of silence and a special flag raising ceremony Friday, April 22, to honor the more than 1,700 children who die in the U.S. each year as a result of abuse, violence and neglect.

That’s an average of five children per day, and the numbers have steadily increased over the last two decades. In addition to the deaths, more than 3 million cases of child abuse are reported in the U.S. each year.

The annual flag raising event at the Polinsky Children’s Center coincides with Children’s Memorial Day, which is part of National Child Abuse Prevention Month. The event is intended to provide the community with tools that help recognize the warning signs of abuse and neglect.

“Child abuse prevention starts with each one of us,” said Kimberly Giardina, Child Welfare Services director. “I encourage everyone in our community to educate themselves about the signs of child abuse, so we can collectively work towards preventing tragedies involving children.”

Polinsky Children’s Center provides temporary emergency



A special flag is flying in front of the Polinsky Center to honor children who have died due to abuse, violence or neglect. Village News/Courtesy photo

shelter to children who must be separated from their families for their own safety. Partners at Friday’s ceremony included representatives from the County’s Behavioral Health Services, the San Diego County Office of

Education, the San Diego Juvenile Court, Probation, Rady Children’s Hospital, Promises 2 Kids, and the YMCA.

The County Administration Center was lit in blue Saturday, April 23, in honor of National

Child Abuse Prevention Month.

If you have reason to believe a child you know is experiencing abuse or neglect, contact the County’s Child Abuse Hotline at 858-560-2191 or 800-344-6000. You can also call 2-1-1

San Diego or visit the Children’s Services page at <https://www.sandiegocounty.gov/content/sdc/hhsa.html> for a variety of resources related to child abuse prevention under Child Welfare Services.

Pala Casino Spa Resort unveils covid-killer air filtration system

PALA – As part of a \$25 million air quality initiative, the Pala Casino Spa Resort is excited to announce a new property-wide Trane Synexis air cleaning/purification system, which uses patented Dry Hydrogen Peroxide and UV light to kill Covid viruses, mold, odors, and bacteria both in the air and on surfaces. Pala Casino Spa Resort is the only casino in the region to use this state-of-the-art cleaning technology.

Trane Synexis is a leading provider of innovative Dry Hydrogen Peroxide technology that combats viruses, bacteria, mold, odors, and insects. DHP is the true gas form of hydrogen peroxide and the technology uses ambient oxygen and humidity that is already naturally present in every indoor space.

The Trane Synexis devices convert these natural elements into a gas form that is safe for continuous use in occupied

environments. Once implemented, DHP works nonstop to reduce the levels of microbes present in any space. The technology is able to clean all surfaces, including those that are out of reach or not normally cleaned.

This highly advanced cleaning technology reduces approximately 99% of the COVID virus present on surfaces. It allows for continuous decontamination throughout an indoor space without disturbing any guests or employees. “The extreme reduction of microbial threats through using this technology will help keep everyone safe at all times, both on the casino floor and in all other areas of Pala Casino Spa Resort,” said Coley McAvoy, Pala Casino Spa Resort spokesperson.

For more information, visit www.palacasino.com.

Submitted by Pala Casino Spa Resort.

Healthy Habits for Bonsall & Fallbrook Folks: Thyroid – Your body’s taskmaster



The thyroid is a critical actor in your overall health and wellness. Be sure to have your levels checked at your next yearly physical. Village News/Courtesy photo

Dr. Megan Johnson McCullough
Special to the Village News

The functioning of the thyroid gland plays an important role in our metabolism, which of course is related to our fitness journeys. It’s amazing to think that such a small gland located right below our Adam’s apple produces hormones that enter our bloodstream which then control our metabolism. Over the years, clients have been mentioning more and more on their medical intake questionnaires symptoms related to having hypothyroidism or hyperthyroidism.

Our bodies depend on the functioning of the thyroid for our metabolism. Simply put, “The functioning of the thyroid gland is to take iodine, found in many foods, and convert it into thyroid hormones: thyroxine (T4) and triiodothyronine (T3). Thyroid cells are the only cells in the body that can absorb iodine. These cells combine iodine and the amino acid tyrosine to make T3 and T4.

T3 and T4 are then released into the blood stream and are transported throughout the body where they control metabolism (conversion of oxygen and calories to energy)” (<http://www.endocrineweb.com/conditions/thyroid/how-your-thyroid-works>). This means, “Every cell in the body depends upon thyroid hormones for regulation of their metabolism” (<http://www.endocrineweb.com/conditions/thyroid/how-your-thyroid-works>).

Hypothyroidism is having an under active thyroid gland. There is not enough production of the needed hormones. Women over age 60 seem to be the victims of this. To put it best, “Hypothyroidism

upsets the normal balance of chemical reactions in your body. It seldom causes symptoms in the early stages but, over time, untreated hypothyroidism can cause a number of health problems, such as obesity, joint pain, infertility and heart disease” (<http://www.mayoclinic.org/diseases-conditions/hypothyroidism/basics/definition/con-20021179>).

Having hypothyroidism is common in older people, so sometimes one might associate fatigue or weight gain with aging and ignore the symptoms. One’s metabolism is certainly slowing down and other signs may include, “Fatigue, increased sensitivity to cold, constipation, dry skin, unexplained weight gain, puffy face, hoarseness, muscle weakness, elevated blood cholesterol level, muscle aches, tenderness and stiffness, pain, stiffness or swelling in your joints, heavier than normal or irregular menstrual periods, thinning hair, slowed heart rate, depression, and impaired memory.” (<http://www.mayoclinic.org/diseases-conditions/hypothyroidism/basics/symptoms/con-20021179>)

I do have a number of clients who take medication to help with this. We know that a slow metabolism can affect your fitness goals, so it is important to know how well your thyroid is functioning.

On the other hand, hyperthyroidism is an overactive thyroid. Too much of the hormone thyroxine is produced. I have had clients come to me with this condition too, in which they want to put weight or muscle on due to their metabolic level. In summary, “Hyperthyroidism can accelerate your body’s metabolism significantly, causing sudden weight loss, a rapid or

irregular heartbeat, sweating, and nervousness or irritability” (<http://www.mayoclinic.org/diseases-conditions/hyperthyroidism/basics/definition/con-20020986>).

Medication can be used to reduce the production of the hormone. Just like hypothyroidism, the symptoms aren’t exactly direct and often times might be thought of as related to other illnesses.

There are quite a few symptoms which include the following, “Sudden weight loss, even when your appetite and the amount and type of food you eat remain the same or even increase, rapid heartbeat (tachycardia) – commonly more than 100 beats a minute – irregular heartbeat (arrhythmia) or pounding of your heart (palpitations), increased appetite, nervousness, anxiety and irritability, tremor – usually a fine trembling in your hands and fingers, sweating, changes in menstrual patterns, increased sensitivity to heat, changes in bowel patterns, especially more frequent bowel movements, an enlarged thyroid gland (goiter), which may appear as a swelling at the base of your neck, fatigue, muscle weakness, difficulty sleeping, skin thinning, fine, brittle hair.” (<http://www.mayoclinic.org/diseases-conditions/hyperthyroidism/basics/symptoms/con-20020986>).

The number of people with thyroid conditions is pretty shocking; 1 in 13 people or 20 million Americans have a thyroid condition (<http://www.rightdiagnosis.com/t/thyroid/stats.htm>). Causes can be related to inflammation of the thyroid, cancerous growths in the thyroid, nodules that can develop and alter the chemical balance, an autoimmune issue, taking lithium, if the thyroid has been removed, or excessive exposure to iodide which is a dye used before X-rays or in some medications (<http://www.webmd.com/women/guide/understanding-thyroid-problems-basics?page=2>).

All we can do is do the best we can with the body we are given. Next time you have a physical, ask to have your thyroid levels checked. Some clients are frustrated with the actions of their thyroid in relation to weight loss. We just have to remember the scale isn’t the only measure of progress and our overall fitness level. Clients still lose inches, body fat, and lower their BMI with these conditions, so focus on the positive and continue to be proactive. Onward we go!

Dr. Megan Johnson McCullough, EdD, recently earned her doctorate in physical education and health science, is a professional natural bodybuilder and is a National Academy of Sports Medicine master trainer.

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Demand for specialty mushrooms surges

Kevin Hecteman
Special to the Village News

Just before the COVID-19 pandemic turned the world upside down, Nirmal Nair acted on a long-held idea: opening a mushroom farm.

“In the back of my head, there’s always been this wanting to get back to wellness, and build something remarkable for the benefit of people, pets and the planet,” Nair said.

A mechanical engineer by trade, Nair launched his Morgan Hill mushroom farm, Sempera Organics, in late December 2019. The arrival of the pandemic on U.S. shores less than three months later only reinforced his interest, he said.

“You go read about mushrooms, one of the first things you learn is how it helps your body with immunity,” Nair said. “That was, I would say, a driving force to say, ‘now is the time.’”

Nair’s company specializes in medicinal mushrooms such as reishi, cordyceps and lion’s mane, each of which, he said, comes with its own benefits for restfulness, oxygen use and mental clarity. These mushrooms, he said, will find their way into “nutraceuticals,” such as dietary supplements.

“It is not your conventional mushroom farm, or your concept of what a mushroom farm would look like,” Nair said. His company grows mushrooms in a clean and sterile environment. No compost is used, he said.

“Mushrooms are not well known here in the modern culture,” Nair said. “We now have an opportunity to bring it to the modern world, make it more contemporary and teach our society about the benefits.”

Chris Bailey, vice president at Gourmet Mushrooms in

Sebastopol—which sells under the Mycopia brand—noted that “specialty mushrooms are a top trending produce item for the last five years, and not only just at the fresh market, but within the dietary-supplement market.”

Back in the day, he said, many people didn’t know what a shiitake mushroom was. Now, “they’ll tell me something like, ‘My favorite mushroom is maitake,’ or ‘My favorite mushroom is cordyceps.’” These mushrooms “are rising in popularity, from culinary for maitake and the nutraceutical for the cordyceps,” Bailey said.

California has 21 organic-mushroom growers, according to California Certified Organic Farmers, which certified Nair’s operation.

“Everything that comes into this facility and goes anywhere close to the product has a complete traceability of coming from an organic source, right down to everything that we are using in the lab,” Nair said.

The wellness trend led to a shift at Mountain Meadow Mushrooms.

“We were a white-mushroom farm for many, many, many years, but when the pandemic hit, we actually diversified our number of different varieties that we’re growing,” owner Roberto Ramirez said, noting the Escondido farm now has about 18 varieties, and white-cap mushrooms make up about 5% of production. “Chefs want the next best thing on their culinary plates, and they want to offer their customer something that the chef next door doesn’t have.”

Ramirez cites the pandemic and an aging population with driving increased interest in specialty mushrooms.

“Now we’re seeing a trend that people want to get back to better health,” Ramirez said. “I think that’s one of the reasons why we’re seeing a huge increase in



Nirmal Nair, founder and chief executive of Sempera Organics in Morgan Hill, Village News/Kevin Hecteman photo looks over lion's mane mushrooms on the growing racks. Nair opened the business because he wanted to get into wellness, a trend that is driving organic mushroom growers to diversify into varieties for culinary and medicinal purposes.

demand, for not just your culinary fresh mushrooms but also your medicinal (mushrooms). They’ve been around forever, but nowadays you see them all over the place.”

Mushrooms, Ramirez said, are inherently organic.

“They utilize some of the stuff that they can break down in nature that no other plant or vegetable could do,” he said. What makes a mushroom farm organic is the lack of inputs not allowed under organic-certification rules, he added.

Bailey has his hands full trying to keep up with demand. His farm pivoted to retail after COVID wiped out wholesale accounts for “a good solid year.”

“The good thing about that was we saw those people coming back, and maybe stronger than before, even,” Bailey said. “The

challenging part was that retail didn’t let up. We didn’t see a pivot back to wholesale. We saw just an increase in overall demand for product.” For now, he’s maxing out his available space—but as with many other farmers, he’s run into trouble getting enough people to get the work done.

“We’ve all seen the labor problems in getting crop picked, and we still experience that,” Bailey said. “One of our greatest challenges is really finding people to pick mushrooms who are going to hang around for more than seven days.”

The rising cost of labor helped Ramirez make the decision to diversify.

“The max that I could get, even organic, was \$2.25 a pound” for white mushrooms, Ramirez said. “Right now, with organic lion’s

mane, I’m getting with no problem \$15 a pound.”

Nair also wants to cultivate community connections. Soon after opening his business, Nair learned he’d set up shop in a town that bills itself as the Mushroom Capital of the World – with a festival to match.

“I did not know about it after we moved in,” Nair said. “A couple of months later, I met somebody who said, ‘Did you know that there’s a Mushroom Mardi Gras?’” The festival’s 41st edition is set for Memorial Day weekend, and Nair said he intends to participate.

Kevin Hecteman is an assistant editor of Ag Alert. He may be contacted at khecteman@cbbf.com.

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Expert says pain medicine, neurology both have solutions for headache, facial pain sufferers

Shelby Ramsey
Special to the Village News

Do you have the occasional migraine, or have you been experiencing them for a while? Does your headache include debilitating facial pain? Are you actively being treated and getting relief? Or are you trying to figure out who might be best qualified to treat your condition?

If you’re not getting seen by a doctor, today is a great day to take that first step! Depending on your insurance, the first move is generally to your primary care provider, who can aid in some way by referring you to a “lifesaver,” a.k.a. a neurologist and/or a pain management specialist.

If you hadn’t thought about pain management for migraine – the information below might lead you in a successful direction. As was recently confirmed to me, a pain management specialist can treat and aid in your headache/facial pain wellness. It might be especially helpful to know if you live in an area that has a limited number of neurologists or pain management specialists, you can go in either direction.

Dr. Bryan Marascalchi, an assistant professor of anesthesiology and critical care medicine at the Johns Hopkins University School of Medicine explains the overlap in pain medicine and neurology and the relief migraine/facial pain sufferers can achieve from utilizing either or both.

“Migraine is kind of in half of the domain of neurology and pain medicine,” Marascalchi explained. He said while neurology takes the forefront for a lot of the medication management, “pain management physicians can [also] do procedures like Botox injections, that can reduce the frequency and intensity of migraine headaches and also do things like occipital nerve blocks for occipital neuralgia that contribute to headaches.”

Nerve blocks are “procedures that can help prevent or manage many different types of pain including facial pain.”

“They are often injections of medicines that calm down irritated nerves,” said Marascalchi. “They can be used for chronic pain relief as well as total loss of feeling if needed for surgery.”

“Nerve blocks can be used to manage chronic, or long-term, pain Severe acute, or short-term pain such as with surgery

or traumatic injury. Nerve blocks ease pain by offering immediate relief.”

Marascalchi said it’s an “interesting thing, because it’s a combined approach between pain and neurology to treat migraine and facial pain.”

In his practice, Marascalchi has seen and treated patients who experience facial pain “which often is very debilitating and they have very complex disorders that are challenging to treat from trigeminal neuralgia to SUNCT.”

Trigeminal neuralgia is a chronic pain condition affecting the trigeminal nerve, which carries pain from the face to the brain.

SUNCT (short-lasting Unilateral Neuralgiform headache attacks with Conjunctival injection and Tearing) is “a rare form of headache that is most common in men after age 50.”

Marascalchi said that “SUNCT is half headache condition, half facial pain.” He emphasized this is one of those debilitating disorders like cluster headache that as a pain management specialist “when you treat [them], it’s life changing.”

The conditions are identifiable by symptoms of “bursts of moderate to severe burning, piercing, or throbbing pain, usually on one side of the head and around the eye or temple.”

Research has shown that the “episodes” range from 5 seconds to 4 minutes. “Individuals generally have five to six attacks per hour.”

Our autonomic nervous system responds by inducing watery eyes, bloodshot or red eyes (caused by dilation of blood vessels, i.e. conjunctival injection), eyelid swelling, increased pressure within the eye on the affected side, nasal congestion and more. The ANS functions involuntary and reflexively and regulates functions of our internal organs (stomach, intestines, heart) as well as controls some muscles within the body.

Pain management specialists have a variety of procedures and solutions to alleviate headache conditions, “from different nerve blocks to medications to treat” patients. “And there are so many headache categories such as cluster headaches, occipital neuralgia, migraines, SUNCT, and hemicrania continua,” said Marascalchi. “Cluster headaches are terrible and are also known as suicide headaches.”

Marascalchi has a dedicated approach to helping patients

improve their lives. And that includes outside of medications and procedures. He said many individuals have shared a variety of ways in which they find relief from their headache and/or facial pain.

“I have patients who swear by diet modifications,” he said. “People with cluster headaches have told me that avoiding processed, smoked, and preserved foods such as those with nitrites, avoiding alcohol or monosodium glutamate (MSG) as well as ketogenic diets, magnesium supplements, and juice meal replacements heavy on vegetables and ginger, made a life-changing impact.”

Then, there are patients who have credited medications and procedures to having a better quality of life.

“What works for one person doesn’t work for another,” said Marascalchi. “You kind of find this cocktail. You can get relief from each of those three categories: the non-medical, the pharmaceutical, and the procedural. It’s just grabbing what you can from each of them and optimizing it. And putting it together in one package to treat it.”

Take migraine sufferers as an example, it’s common to hear that chocolate or coffee can trigger one person, for another it’s bright sunlight and barometric pressure.

For relief, maybe it’s a cool ice pack, a nap, or being seen in the pain management specialists’ office for a nerve block.

Healthy eating is always helpful. The “cocktail” that works on my migraine pulls from each category: non-medical (healthy lifestyle, mindfulness, regular sleep schedule), pharmaceutical (Cambia on an emergency basis), and procedural (Botox for migraine and nerve blocks when needed).

Marascalchi said the treatment you apply to your life (think all categories) “has to be mixed. It has to be combined. It has to be optimized across different options that you have.”

He likened it to “ordering off a menu.”

“You’ve got an appetizer, first course, second course, third course and dessert and you’re trying to pull from each of them to make a full meal to get the pain relief. And everyone is going to order something different when they go out to eat.”

We all have different bodies, different health conditions, and

different likes.

If you have experienced your first warning sign (or are having continuous indicators and struggles) of a facial or headache condition, it’s worth getting a thorough evaluation by a pain management specialist and/or neurologist you trust.

In summary, Marascalchi said, “One message I try to get across: For so much of what we do in medicine there is no one thing that is either immediate or permanent. It’s always just something that has to be continuous or take time.”

[*https://www.hopkinsmedicine.org/health/conditions-and-diseases/nerve-blocks](https://www.hopkinsmedicine.org/health/conditions-and-diseases/nerve-blocks)

[**https://www.ninds.nih.gov/Disorders/All-Disorders/SUNCT-](https://www.ninds.nih.gov/Disorders/All-Disorders/SUNCT-)

[Headache-Information-Page](#)

Dr. Bryan Marascalchi serves as an assistant professor of anesthesiology and critical care medicine at the Johns Hopkins University School of Medicine. In the pain management division, he specializes in treating patients with persistent pain in the spine, complex regional pain syndrome, disc pain, sciatica, and neuropathic pain, in addition to more. Marascalchi is also an innovator in his field, having helped develop the Pneumico Ventel™ and the Pain Scored platform.

Shelby Ramsey is the author of the blog, thehonestmigraine.com, which also features interviews with patients and medical experts.



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ENTERTAINMENT

Encore Club enjoys new treasures



Encore Club members, from left, Dale Kinnamon, Ardell Teare and Lorraine Meyers have fun at a thrift store on a club outing.



Ken Derry, left, and Jeff Duhachek serve as the Encore Auctioneers for the club's April event.



Dale Kinnamon shows an item up for bid at the Encore Club's auction.



Betty Osborne, left, and Carol Shrider have a good time at a thrift store during an Encore Club trip.

FALLBROOK – Fallbrook Encore Club is a social club that serves the communities of Fallbrook, Bonsall, Rainbow and De Luz. The club has many activities and social gatherings that offer an opportunity to meet both old and new friends.

In April, Fallbrook Encore Club members enjoyed acquiring new

“treasures.” As part of the club’s “GO” activity, a dozen members went shopping for new treasures in the thrift stores and antique malls in Oceanside. After shopping, it was time for lunch to chat up their finds. An auction was held at the April coffee meeting. New and gently used items were donated by members and sold to the highest

bidder! Members went home with their new acquisitions.

Meetings are held on the first Tuesday of each month through June with a break for the summer; meetings resume in September. Social time begins at 9:30 a.m., the business meeting follows at 10 a.m. There is an opportunity to sign up for upcoming activities

including many game groups and dining gatherings for lunch or evening events, plus many more. The next coffee meeting will be held Tuesday, May 3 at Christ the King Lutheran Church, 1620 Stage Coach Lane.

Future new members are always welcome to visit one of the monthly meetings and get acquainted with

club members before determining if Encore is a good fit for them. Those interested in membership may contact the membership chair, Ardis Duhachek, at 612-309-0099 or visit www.fallbrookencoreclub.com.

Submitted by the Fallbrook Encore Club.

Pala Casino performance to launch Clairvoyants’ return to North America

Joe Naiman
Village News Reporter

A magician and mentalist duo known as the Clairvoyants has a residency at the Luxor in Las Vegas but is from Austria and has been touring in Europe. The Clairvoyants, who consist of Thommy Ten and Amelie van Tass, will return to North American performances May 6 at Pala Casino before resuming their Luxor entertainment.

“We can’t wait for that,” Ten said.

“We’re just looking forward to being able to perform live again,” van Tass said. “I think it’s going to be a unique night.”

The Clairvoyants’ residency at the Luxor began in September,

and they will be performing 500 shows in one year. They normally perform Wednesday through Sunday at the Luxor and will return there May 25.

“We had a break for our tour in Europe and also in North America,” van Tass said. “We have some time off from Vegas, so that’s going to be our touring vacation.”

The May 6 Pala show will be followed by May 14 and May 16 performances in western Canada and a May 21-22 show in Pittsburgh, Pennsylvania. “We’re going all over,” Ten said.

Not all of their time will be spent performing or preparing. “We love the San Diego area, so we’ll probably stay a couple of extra nights in the area. We’ll probably check it out before we

go to Canada,” Ten said.

The Canadian and Pittsburgh shows will also be at casinos, so the environment enticed them to perform at Pala. “They have a casino in Pala. It’s really nice,” Ten said.

Over Pala’s history, the performers have included singers and comedians, but magician shows are rare. “We’ll bring some new kind of entertainment to Pala,” Ten said.

The mindreading aspect enhances the prestidigitation component. “I’m more the mind reader. Our show is just a big combination,” Ten said.

Viewers of magician performances may try to figure out how the tricks are performed, although it may be preferable not to think about such techniques and focus on enjoying the show. “To our audience we just first want to have fun, that it’s a magical experience and they don’t need to think how things are done,” van Tass said.

The mindreading will involve members of the audience. “The audience has such a big part,” van Tass said.

That makes the mindreading more complex. “Their minds are different,” van Tass said.

The mindreading often includes identifying objects the audience



The Clairvoyants, Amelie van Tass, left, Koni, center and Thommy Ten, will appear at Pala Casino May 6.

member has. “You never know what’s going to happen, especially with the dog on stage,” van Tass said.

The dog is a five-year-old Maltese poodle mix whose name is Koni. Adding the dog to the mindreading is new for the Clairvoyants. “It’s all a brand new show,” Ten said.

“That’s going to be exciting,” van Tass said.

“There’s always going to be something new,” Ten said.

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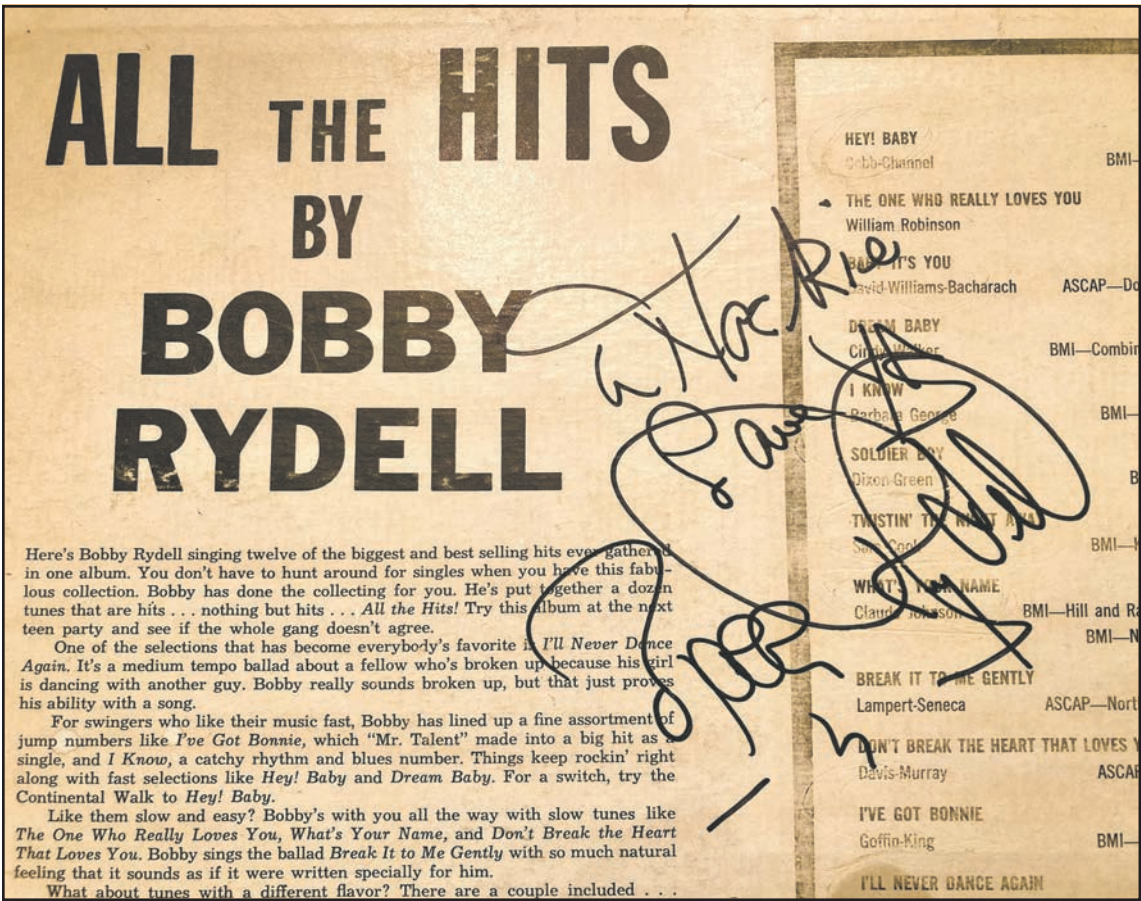
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Remembering “Golden Boy” Bobby Rydell



Bobby Rydell signed Nathalie Taylor’s album after a 1986 concert. Village News/Nathalie Taylor photo

Nathalie Taylor Special to the Village News

April 5, 2022, was one of the saddest days of my life. I received the news that my favorite singer, who I had met on more than one occasion, had passed from this world. At that moment, I felt a wrenching in my soul. The singer had melted my heart with his endearing grin and caramel-coated voice for 60 years, beginning when I was 8. Bobby Rydell lit up stages and hearts for 72 of his 79 years. For all of the accolades that had been showered upon him, Rydell maintained a humble demeanor.

Bobby Rydell (Robert Louis Ridarelli) was born April 26, 1942, and died from complications of pneumonia on April 5, 2022.

Even in elementary school, I was enamored of Bobby Rydell – his voice and his eyes that sparkled when he smiled. I remember sitting cross-legged on my bedroom floor listening to his records on my

portable phonograph. I was 10 when “Forget Him” hit the top 10 chart as #4. It is still one of my favorite Rydell songs, along with “Toys,” and “Volare.”

I have been privileged to hear him in concert several times, and speak with him on three occasions. In 1985, a friend set up a private post-concert meeting with Rydell. I was nervous and couldn’t possibly hide the fact that I was in awe of him, but my favorite singer set me at ease by asking me questions about my own life. He seemed genuinely interested. After that, it didn’t take long for us to start chatting like old friends.

In 1986, a friend encouraged me to bring one of my Bobby Rydell albums to a concert. My friend and I sat in the front row and, after the concert, Rydell signed the album. So, what is one of the treasures in my fire evacuation box? The album is signed, “Love Ya – Bobby Rydell.”

In 2008, through the kindness of his agent, I was able to interview

Rydell after a concert. The singer was professional, but at ease. He was gracious and answered my questions in a thoughtful manner. He didn’t rush me. It was like interviewing an old friend.

He told me that his favorite songs are “Forget Him” and “Volare.” The songs “Wildwood Days” and “Sway” also made the list. “Wildwood” was a favorite because of the fond memories he had of his grandmother’s boarding house near the beach in Wildwood, New Jersey. He said he liked “Sway” due to the rhythm. The interview left me with a warm feeling. After my article was published, Rydell liked it so much that he posted it on his website.

Rydell not only toured as a solo act, but he joined two other “teen idols” – Frankie Avalon and Fabian – touring as the “Golden Boys.” I first saw the group in the 80’s at Circle Star Theater in San Francisco, then at Pala Casino in 2014.

The Pala concert was the last time I saw Bobby Rydell perform. His



Nathalie Taylor meets Bobby Rydell after a concert in 1985. Village News/Courtesy photo



Bobby Rydell performs Aug. 3, 2014, at Pala Casino. Village News/Nathalie Taylor photo

voice was as smooth as ever. When he sang I could tell he thoroughly enjoyed the experience. During the Pala concert, he sang his repertoire of hits in the same rich, caramel tone that I remembered from previous concerts.

I had tears in my eyes a few times, especially when Rydell shared about how his life had been saved by an organ donor. He then challenged the audience to “Be an organ donor – it is the gift of life.”

When Rydell sang the haunting “Forget Him,” my eyes began to glisten as I recalled my school days playing the beloved song over and over.

Rydell gestured with outstretched

arms when he sang his second gold record, “Volare,” “No wonder my happy heart sings, your love has given me wings...” Then, he added something that left the audience spellbound...He sang, “People – your love has given it wings.” Before Rydell left the stage, he told the audience, “I thank all of you for the Gold records, and for the many years of support.”

Bobby Rydell possessed a gracious demeanor both on and off the stage. I am grateful that my life was enhanced by the music of this kind and gentle entertainer. Bobby Rydell has left us, but he is still my “Golden Boy.”

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Fallbrook's green gold makes a comeback



Charles Narcisse serves samples of Holy Guaca-Moly at the return of the Fallbrook Avocado Festival, April 24.

Village News/Shane Gibson photos



Reese's the dog poses for a photo with his owners during the Fallbrook Avocado Festival.



Visitors shop for bags of avocados and other locally grown produce at the Fallbrook Avocado Festival.



Mason Obst, 10, wins Little Mister Avocado 2022 and Aria Fogarty, 6, wins Little Miss Avocado 2022 in the contest held at Vince Ross Village Square.



Thousands of people walk Main Avenue as the street is lined with an array of vendors in downtown Fallbrook during the return of the Avocado Festival.



Alan Aurret buys a serving of chips and guac from the Holy Guaca-Moly booth at the Fallbrook Avocado Festival.



Vendors sell locally grown produce along Main Avenue during the Fallbrook Avocado Festival.

Can the Idaho Potato Museum be a model for Fallbrook and avocados?

Joe Naiman
Village News Reporter

After visiting the Idaho Potato Museum in Blackfoot, Idaho, I began wondering whether Fallbrook’s avocado and tourism industries could benefit from an avocado museum in Fallbrook.

Idaho and Ireland are probably the two places best known for potatoes. I was already in Idaho on St. Patrick’s Day, so when I saw the freeway sign for the potato museum in Blackfoot, I had to take advantage of the opportunity. For me it was a spur-of-the-moment decision rather than a planned visit, but the freeway sign likely induces spur-of-the-moment visits even when it’s not St. Patrick’s Day and the fact that the museum is open seven days a week from June to August and six days a week (Sunday excepted) from September to May means that people visit the potato museum throughout the year.

Blackfoot is the county seat of Bingham County, which produces more potatoes than any other county in the United States. Approximately 30% of the nation’s potatoes are grown in Idaho with the Russet Burbank being the most common variety. Nearly all of Idaho’s potatoes are grown in the southern part of the state.

Admission to the Idaho Potato Museum is \$6, although my AAA membership got me in for \$5.50 and if I was a senior or military member, I also would have paid that price. The Idaho Potato Museum is in a building which was a railroad depot when construction was completed in 1913.

The displays include the history of the potato from Peru to Europe to the United States. The soil of southern Idaho made potatoes a lucrative cash crop, and Idaho farmers and marketeers began to export potatoes. In 1995 potato seeds were germinated on the space shuttle Columbia, expanding potato growth to outer space.

The Idaho Potato Museum includes displays on cultivating, shipping, processing, and marketing. One display noted that an entrepreneur went east to convince restaurants to serve baked potatoes with dinner meals. Until then I had taken for granted that restaurant meals always had a baked potato option. The wisdom of that businessman helped not only the potato industry in Idaho but also diners throughout the United States.

A harvesting company called Spudnik underwrote a three-dimensional virtual reality display of harvesting. McDonald’s, whose French fries would not be possible without potatoes, provided a video of how potatoes become McDonald’s French fries after harvesting and processing.

The displays also include peelers, mashers, and other potato cooking tools used by the consumer. A Mr. Potato Head exhibit is also part of the museum.

The artifacts include the world’s largest potato chip (5.4 ounces). When Dan Quayle was the Vice-President of the United States he was ridiculed for misspelling “potato,” but during a book signing he was asked to autograph a potato which is now in the museum. (His publicist wasn’t pleased, but Dan Quayle signed happily.)



Blackfoot is the county seat of Bingham County, which produces more potatoes than any other county in the United States.

A gift shop is on one side of the museum. The Potato Station Cafe is on the other side. My lunch that day consisted of a baked potato with fixings, French fries, tater tots, and potato ice cream. Prior to ordering my meal, I didn’t realize ice cream could be made from potatoes. The Potato Station Cafe takes on-line orders, although I

doubt they deliver to Fallbrook.

Museum admission includes “free taters for out-of-staters,” which is a five-ounce package of buttered mash potato mix. The gift shop sells various other items including potato peelers, seasoning spice, and potato products as well as the likes of keychains, magnets, mugs, patches, and postcards.

The Idaho Potato Museum opens at 9:30 a.m. throughout the year and closes at 5 p.m. from September to May and at 7 p.m. from June to August.

The museum is on Main Street, which is a couple of miles away from Interstate 15. Fallbrook is nearly 900 miles south of Blackfoot on Interstate 15.



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Camp Pendleton takes big steps toward wildlife preservation



An endangered species sign is posted along the coastline on Marine Corps Base Camp Pendleton. As a result of Pendleton's Environmental Security Department taking charge in protecting the environment and wildlife habitats, both the California gnatcatcher and kangaroo rat have been reduced from endangered to threatened species. U.S. Marine Corps photo by Lance Cpl. Nataly Espitia

Lance Cpl. Nataly Espitia
Marine Corps Base Camp Pendleton

April is widely regarded as “Earth Month” all over the globe. Marine Corps Base Camp Pendleton honors, protects, and conserves the Earth not only on this occasion, but every day of the year. Plenty of land and resources go into the conservation and care for wildlife aboard the installation.

The main force to combat land deterioration and climate issues is known as the Environmental Security Department. This department has a very diverse staff, varying from logistical and environmental planners to 10 biologists who manage the coastal, riparian, and upland species throughout the base, which also implements policies to mitigate the loss of habitats.

“It’s the job and responsibility, which drives the organization to help manage the natural resources

that Camp Pendleton has,” said Melissa Vogt, a conservation law enforcement officer with Environmental Security. “Camp Pendleton is a biodiversity hotspot. If it weren’t for Camp Pendleton existing, all this coastline would be condos and hotels.”

The installation is home to 19 federally listed species and several state species that are either threatened or endangered. One of those species is the California Lease Turn, which is currently endangered. This bird lives on the coastline of California and is protected by the Integrated Natural Resource Management Plan.

“The Integrated Natural Resource Management Plan, which is a combination of military priorities, natural resource management priorities, and outdoor recreation priorities, is a major document that outlines methods to help preserve this as desert habitat,” said Vogt.

“Every command who conducts training on or near protected land is



Melissa Vogt, a conservation law enforcement officer with Environmental Security, Marine Corps Base Camp Pendleton, patrols along the coastline on Camp Pendleton, March 29. U.S. Marine Corps photo by Lance Cpl. Nataly Espitia



Lake O'Neill, located on Marine Corps Base Camp Pendleton, California, is a popular destination for fishing and camping and is a home to a wide variety of wildlife, April 7. Safeguarding endangered and threatened habitats also allows Camp Pendleton to maintain the same training environment and quality training opportunities for Marine Corps operational forces. U.S. Marine Corps photo by Lance Cpl. Nataly Espitia



Nate Redetzke, a wildlife biologist with the Uplands Management Section, Environmental Security, Marine Corps Base Camp Pendleton, observes the wildlife on Camp Pendleton, April 7. Safeguarding endangered and threatened habitats also allows Camp Pendleton to maintain the same training environment and quality training opportunities for Marine Corps operational forces. U.S. Marine Corps photo by Lance Cpl. Nataly Espitia

given this document to ensure the viability of the base.”

A large quantity of Camp Pendleton’s budgeting is set aside for conservation due to the amount of protected land. If the installation isn’t protected properly, Camp Pendleton could potentially lose rights to continue training in certain areas.

“If an acre of land is disturbed, depending on the species, Camp Pendleton may be required to mitigate and set aside double or even 10 times the amount of land somewhere else on the installation that can’t be used for training,” said Nate Redetzke, a wildlife biologist with the Uplands Management Section, Environmental Security. “Whenever the Marine Corps wants or is required to construct new

courses, or move a course to another area, then they have to complete the National Environmental Policy Act of 1969 process.”

NEPA’s primary objectives are to ensure that agencies consider every aspect of a proposed project’s environmental impact, and to inform and involve the public of potential hazards and their alternatives.

Through the processes of the Environmental Security Department, land conservation, environmental protection, and NEPA, two species aboard Camp Pendleton have been downgraded from endangered to threatened: the California gnatcatcher and the kangaroo rat.

“For any wildlife biologist that’s working with a threatened or endangered species, the ultimate

goal is getting the animal off the list and making sure the species is doing well,” said Redetzke. “Camp Pendleton is very special. It’s the most undisturbed area between Los Angeles and San Diego. Nowhere else will there be expansive land like this where habitats can be restored in order to make it more beneficial for the native ecosystem.”

As a result of Environmental Security taking charge in protecting the environment, Camp Pendleton can maintain the same training environment and the same quality training opportunities it has for years to come. Camp Pendleton will always take measures to ensure it doesn’t affect training or the lives of animals which are thriving in some of their only remaining habits.

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Results begin to come in for 20th Anniversary Creek to Bay Cleanup

Over 5,500 registered volunteers of all ages took part in region’s largest environmental cleanup honoring Earth Day

SAN DIEGO COUNTY – As of 3 p.m. Saturday, I Love A Clean San Diego reported more than 5,500 registered volunteers had removed over 74,000 pounds of litter and debris from streets, canyons, parks and the coastline in communities across San Diego County for the 20th anniversary Creek to Bay Cleanup. Results are still coming in from the 75 sites and the many self-led cleanups around San Diego County.

“While we will not have final numbers until early next week, we can safely say volunteers will have helped us meet our goal of 100,000 pounds of litter collected today,” said Ann Marie Sack, community programs manager with I Love A Clean San Diego.

Plastic in all its forms remains the chief pollutant found at the annual Earth Week event. More than 60% of all the litter removed was a form of plastic. Single-use food wrappers, beverage containers and utensils represented some of the most common forms of plastic litter.

Cigarette butts remain the most littered individual item. This year, over 52,600 have been reported in cleanup totals so far. Many cigarette butts were discovered in gutters where the toxic items flow into San Diego Bay and the ocean. Cigarette butt filters are made of plastic and are full of harmful toxins that pollute the environment when left behind.

Some of the most notable items collected were discarded tires, a keyboard, car batteries, a baby stroller, an Easter bunny suit, and a portable ashtray with the message “do not litter,” printed on the item.

Volunteers included residents, corporate groups, community groups and other regional environmental organizations.

The Creek to Bay Cleanup is one of two annual countywide cleanups produced by I Love A Clean San Diego. The next major cleanup event is International Coastal Cleanup Day on Sept. 17.

Submitted by I Love A Clean San Diego.

Senator Bates commends Camp Pendleton for receiving Keep California Beautiful, 2021 Recycling Hero Award

SACRAMENTO – Senator Patricia Bates (R-Laguna Niguel) issued the following statement commending Marine Corps Base Camp Pendleton for receiving the 2021 Recycling Hero Award from Keep California Beautiful.

“As the state representative for Marine Corps Base Camp Pendleton, it gives me great pleasure to recognize the brave men and women of the Marine Corps for their commitment to protecting California’s environment. Camp Pendleton’s noteworthy efforts in waste reduction, litter prevention, and community engagement serves as a model for U.S. military bases throughout the nation and around the world.”

Keep California Beautiful is a nonprofit organization dedicated to alternative waste management, beautification, community networking, and outreach. Since 1991, KCB and its partner programs have sponsored more than 14,372 events, involving more than 855,958 volunteers, and collected more than 26,238,000 pounds of litter and trash from California’s highways, public lands, waterways, and beaches.

Senator Patricia Bates (R-Laguna Niguel) represents the 36th Senate District in the California Legislature, which covers South Orange County, North San Diego County, and Marine Corps Base Camp Pendleton.

All-natural ways to protect food gardens from pests

FALLBROOK – Homeowners frequently enhance their outdoor living spaces with attractive plants and trees. When that greenery also produces food, the results can be both beauty and bounty.

People who plant vegetable gardens and fruit trees in their yards can be blessed with an abundance of fresh pickings once it’s time to harvest. In fact, many home gardeners may have visions of warm evenings pulling vegetables right out of the garden and tossing them on the grill or in salads. But insects and animals enjoy fresh produce just as people do. The joy of harvesting from a garden can be diminished when unwanted guests have gotten there first.

Homeowners can employ these all-natural strategies to protect their fruits and vegetables from lawn pests and critters.

- Plant gardens in raised beds. Though they’re not a fool-proof deterrent, raised beds can eliminate some garden infiltration by small critters that come up and under from the ground. A raised garden bed can deter rabbits, gophers, groundhogs, slugs, and some other crawling pests. Raised beds also are ergonomic and easily accessible.
- Prepare homemade insecticide. The environmental information site Treehugger provides information on making a homemade insecticide from vegetable oil and a mild soap. Use one cup of oil with one tablespoon of soap (such as Dr Bronner’s castile soap). Add this mixture to one quart of water in a spray bottle. This concoction can eradicate aphids, mites, thrips, and more by coating insects’ bodies and effectively suffocating them. Soap-and-water sprays or even neem oil sprays work similarly.
- Sprinkle diatomaceous earth. Diatomaceous earth, commonly known as DE, is an abrasive powder composed of fossilized algae diatoms. It’s commonly used as a filter medium in swimming pools, but also makes an effective pesticide. The material’s abrasive and absorbent qualities draw moisture out of insects, essentially dehydrating them to death. DE can be sprinkled around the base of plants but will need to be reapplied after rain and watering.
- Space out plants. One way to reduce insect or animal pest numbers is to ensure ample space between plants. Tightly planted crops create a breeding ground for fungal diseases and also provide hiding spots and warmth for pests. Leaving room between plants can help avoid these issues, according to Gardening Channel.
- Use row covers or garden mesh. Specialized covers and meshes protect fruit and vegetables against insects and animals. Many plants can be covered all year long as long as the covers are lifted during flowering if the crops depend on pollination by bees. Veggiemesh is a cover that can be laid over plants.
- Interplant crops in the garden. Interplanting is a technique that involves alternating crops, herbs and flowers to confuse the pests so they have a difficult time finding what they want to eat. Alternate rows of vegetables with herbs and flowers that appeal to beneficial insects.

Keeping pesky insects and animals from damaging food gardens can involve techniques that are safe and natural.

Tips for environmental living

SAN DIEGO – Earth Day was April 22, but the Solana Center for Environmental Innovation is offering the top five tips to being environmentally conscious for more than just one day. Taking small steps towards changing one’s daily habits can have a huge impact when everyone does their part. Whether one is a beginner on environmental awareness or an advocate, these tips meet them where they’re at and take them where they want to go.

Solana Center believes everyone can do something to help the environment no matter who they are. Even small, practical steps in the right direction – though they might feel insignificant in the moment – can lead to meaningful impact over time.

It’s Solana Center’s mission to mobilize the local community through innovative outreach to address the region’s most pressing environmental issues.

Recommended Top 5 tips:

- Recycle organic materials: By recycling right, residents can keep their food waste out of San Diego’s landfills and prevent the creation of greenhouse gasses while closing the loop between organic waste and healthy soil. *Saving unwanted food scraps for one day, one week or one month (in a kitchen caddy, bowl, or regular bucket) is an eye-opening experience and a great way to see the organic waste one produces! When they’re ready, they could join Solana Center’s Food Cycle, a drop-off community composting program, <https://www.solanacenter.org/resources/food-cycle-program>. With each 25-pound bucket of food waste brought to the Food Cycle program, they’ll prevent 16.9 gallons of CO2E Carbon Dioxide greenhouse gas emissions from going to the landfill.
- Recycle electronic waste: Many people don’t know that electronic waste has its own depository. Old kitchen appliances, computers and cell phones that are no longer needed should be discarded properly to keep harmful toxins out of landfills. Spring cleaning is the perfect time to clear one’s home and office of electronic clutter.
- Make the workplace zero-waste: Solana Center can show businesses how they can start by sorting workplace waste into categories or by implementing waste reduction practices. They’ll offer recommendations for sustainability, and show them how they support businesses all throughout San Diego county on their journey to becoming a zero-waste workplace.
- Become a volunteer: Whether one has a little bit of time to give or a lot, being a Solana Center volunteer is an excellent way to give back directly to the San Diego environment.
- Donate: Make a donation to help Solana Center fund more workshops, divert more waste, and educate more San Diegans on how to become better environmental stewards.

For more information, visit <https://www.solanacenter.org/get-involved>.

Submitted by Solana Center for Environmental Innovation.

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BUSINESS

Norby reflects on ‘leaving a profession I love’

Retiring assistant superintendent’s replacement introduced to FUESD board

Rick Monroe
Special to the Village News

Julie Norby, assistant superintendent of educational services for Fallbrook Union Elementary School District, is retiring after 39 years in public education. Her replacement, Dr. Kimberly Huesing, was introduced at the April 18 school board meeting.

Huesing joins FUESD after serving in the Menifee and Carlsbad unified districts, building a career as a bilingual teacher, principal, director and assistant superintendent.

“Dr. Huesing’s extensive experience in the classroom and in district level leadership has prepared her beautifully to continue the great work Mrs. Norby and her team have provided our district for many years,” said Superintendent Candace Singh.

Norby joined the Fallbrook district five years ago as the associate superintendent of educational services after working as a teacher, principal and administrator in the Solana Beach School District.

“We are immensely grateful for Mrs. Norby and what she has accomplished in FUESD,” Singh said. “We will continue to celebrate Julie’s career and achievements over the coming months.”

Norby will stay with the district through June 28. The next day she embarks on a trip to Denmark with



Julie Norby is retiring from FUESD June 28.

Village News/Tigist Layne photo

husband Peter and his extended family. Interviewed last week, she said retirement and travel are certainly things she looks forward to experiencing. Asked what she would miss the most from her career, she hesitated, holding back emotions before replying, “The kids, coming to work every day knowing everything I did was for them.”

Her interest in teaching came at an early age – about 6 years old.

“I can’t remember ever not wanting to be a teacher,” Norby said. “I started modeling it when I was 8 or 9 and would line up my stuffed animals in my room and play teacher, using a chalkboard that I saved my allowance to buy. I never changed my mind about it.”

She said it’s very satisfying to achieve that teaching goal and beyond. She went from being

a teacher to assistant principal, then principal at Solana Santa Fe School in Fairbanks Ranch, where she served for 21 years.

“I always had mentors who would tap me on the shoulder and say, ‘Why don’t you try this,’” Norby recalled.

“I thought I would retire as a principal, but someone suggested I become a teacher of principals and was hired to be director of instruction for the Solana Beach School District.”

Five years ago, the Carlsbad resident took a similar position in Fallbrook. Her most difficult goodbye to the district is “leaving a profession I love so much.”

Norby said the most satisfying time during her tenure here was the past two years dealing with the pandemic. “It took an extraordinary effort to look to



Dr. Kimberly Huesing is the new assistant superintendent of educational services for FUESD.

Village News/Courtesy photo

the future for what’s best for the children, without knowing what the future would hold,” she explained. “We came together as a team to get to the right place.”

At the same time, Norby was challenged to keep morale up, both children and staff.

“The difficulty,” she said, “was not knowing what to prepare for – what’s next. We needed a flexible system that would work for hybrid, virtual and live models.”

The district was among the first in the county to reopen for live instruction.

In her role of assistant superintendent of educational services, Norby said her responsibility has been for anything that has to do with the children’s curriculum, instruction, assessment, programs, activities, intervention and other needs.

“As a leader, you’re only as strong as your team,” Norby said. “I couldn’t have succeeded without a great team.”

It’s a team that will make the transition to Huesing’s leadership a smooth one.

“The Fallbrook Union Elementary School District has an amazing reputation for innovative learning opportunities and empowering student leadership,” Huesing said. “I am honored and excited to join the team of talented teachers, staff, and administrators who make learning and leading in Fallbrook meaningful for students every day.”

“We are grateful Dr. Huesing has chosen FUESD to call home, and we are excited to welcome her to the leadership team,” said Singh.

Poll workers needed for June 7 gubernatorial primary



The Registrar of Voters is seeking poll workers for the June 7 Gubernatorial Primary Election.

Village News/Courtesy photo

Tracy DeFore
County of San Diego
Communications Office

The Registrar of Voters is seeking poll workers for the June 7 Gubernatorial Primary Election. Poll workers play an essential role in elections and can serve their community while earning \$15 per hour.

With the introduction of the Voter’s Choice Act, voter centers replace traditional polling places. Vote centers are open throughout the county for an extended period before Election Day. Rather than a single day of service, poll workers are now needed to staff vote centers up to 11 days in the two weeks before Election Day.

English speakers who are bilingual in Spanish, Filipino, Vietnamese or Chinese are also needed.

- Responsibilities include:
- Submitting hiring/payroll paperwork
- Attending a two-day, paid poll worker training
- Opening/closing a vote center
- Processing voters
- Answering voter questions
- To become a poll worker,

applicants must be 18 years old, a U.S. citizen and registered to vote in California, or lawfully admitted for permanent residence in the United States. Applicants must also provide their own transportation to their assigned vote center.

The registrar is seeking people who are team players, exhibit strong leadership and customer service skills, and display flexibility, patience and the highest level of integrity at all times. Poll workers must represent the Registrar of Voters in a professional, nonpartisan manner.

The registrar’s office is working with Public Health Services to ensure the health and safety of election workers and voters. Recommended personal protective equipment and sanitation supplies will be provided to workers so they can conduct the election process safely.

Applications are available at <https://www.sdvote.com/content/rov/en/pollworkers.html>.

For more information, call 858-565-5800 or email pollworker@sdcountry.ca.gov.

Chamber events include awards and installation luncheon

FALLBROOK – The Fallbrook Chamber of Commerce is presenting its Annual Awards & Installation Luncheon Wednesday, May 18 at Grand Tradition Estate & Gardens, 220 Grand Tradition Way. Located within the Beverly Mansion, seating for this special event begins at 11:30 a.m., and the luncheon program begins promptly at noon.

This event will recognize citizens who give so much and make Fallbrook the extraordinary community that it is. Another aspect of the program is the installation of the incoming Board of Directors for the 2022-2023 fiscal year.

Recognition Awards to be presented are Chamber

Ambassador of the Year, Chamber Business of the Year, Chamber Member of the Year, Chamber Non-Profit of the Year, Citizen of the Year and one for Lifetime Achievement.

Hosted by the Fallbrook Chamber of Commerce, the ticket price is \$49 per person and all reservations must be prepaid. Table sponsorships for chamber members are \$100, which includes their name on the chamber website, in the program and on a table. The table sponsorship does not include the luncheon ticket. Register online at www.fallbrookchamberofcommerce.org or call 760-728-5845.

Other chamber events in May include the following:

Monday, May 2 – First Monday Coffee at the chamber office, 9 a.m.

Thursday, May 5 – Cinco de Mayo celebration at Mariscos El Pacifico, 5 p.m.

Friday, May 6 – Women in Networking at Green Air Botanicals, followed by lunch, 10 a.m.

Thursday, May 12 – SunUpper hosted by Fallbrook Active Nutrition, 9 a.m.

Tuesday, May 24 – Modern Marketing Lunch’n Learn Seminar at The Wellness Center, 11:30 a.m.

Friday, May 27 – Lunch Mob at Thai Thai, Noon

Submitted by the Fallbrook Chamber of Commerce.

California Restaurant Foundation partners with energy companies to underwrite \$1.5 million resilience fund

SACRAMENTO – Due to the success of last year’s inaugural program, the California Restaurant Foundation has partnered again with California’s energy companies to provide \$3,000 grants to independent restaurant owners and their staff through the Restaurants Care Resilience Fund. The nonprofit, known for investing in and empowering California restaurants and their workforce, received nearly \$1,500,000 for this year’s fund.

SoCalGas provided the lead gift of \$525,000, and Pacific Gas and Electric Company and San Diego Gas and Electric returned with contributions of \$500,000 and \$175,000, respectively. Rounding out the fund is a \$250,000 donation from Wells Fargo, which will power support services and resources to assist Resilience Fund grant recipients in improving their business for the long-term.

“We’re thrilled to partner with CRF again and continue helping California’s restaurant community

build back stronger and better than ever,” said David Barrett, vice president and general counsel at SoCalGas, the Resilience Fund’s lead sponsor. “It was incredibly inspiring to read the stories of resilience from last year’s recipients and help them keep their doors open. This time around, we’re addressing longer term investments that will build a strong, stable foundation for our independent restaurant owners.”

While last year’s Resilience Fund grants were intended to be used on payroll and ‘survival’ expenses – in fact, 73% of recipients used the grants to cover labor – this year’s Resilience Fund program is focused on investing and recovering California’s restaurant community. Grant recipients can use this year’s funds for equipment upgrades and employee retention bonuses to alleviate industry-wide staffing issues and deferred maintenance caused by two years of incurring debt, losses and rising costs. The one-year of support services will help restaurants build back and thrive.

“Of last year’s cohort, 64% of our grant recipients said conditions are still difficult but improving, and 90% said the grant was ‘very important’ to the survival of their restaurant,” said Alycia Harshfield, executive director of CRF. “It

will take years for the industry to fully recover, which is why we are extremely grateful that SoCalGas, PG&E, SDG&E and Wells Fargo have partnered with us again to invest in our state’s eclectic and extremely resilient restaurant community.”

Resilience Fund applications will be open from April 15-30 and can be found at www.restaurantscare.org/resilience. Grants will be available to all California-based restaurant owners with less than three units and less than \$3 million in revenue. Priority will be given to restaurants owned by women and people of color. Last year, the Resilience Fund awarded 318 grants to independent restaurant owners, 65 percent of which were women-owned and 83 percent color-owned.

The Resilience Fund is currently accepting additional support from corporations, foundations, and individuals who want to invest in California’s restaurant recovery. Donations of all sizes are accepted and celebrated at www.restaurantscare.org/resilience.

For more information about the California Restaurant Foundation, Restaurants Care, or the Resilience Fund, visit www.restaurantscare.org.

Submitted by the California Restaurant Foundation.

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REEDER

from page A-2

people out of jail early or take away consequences for their criminal behavior.”

Specifically referring to the 2014 and 2016 voter approved Prop 47, “Safe Schools and Safe Streets Act” and Prop 57, “The Public Safety and Rehabilitation Act,” respectively, Bianco pointed out how important it is for voters to read the fine print.

“Your government lies to you every single day,” he added.

Using Prop 47, as an example, Bianco talked about how the legislation fails to keep California residents safe.

Prop 47 reclassified certain theft and drug possession offenses from felonies to misdemeanors and authorized defendants currently serving sentences for felony offenses that would have qualified as misdemeanors under the proposition to petition courts for resentencing under the new misdemeanor provisions. It also authorized defendants who have completed their sentences for felony convictions that would have qualified as misdemeanors under the proposition to apply to reclassify those convictions to misdemeanors.

“There is not one thing in Prop 47 ... Not one thing made you safe, your neighborhoods safe, your streets safe. Not one,” Bianco said.

He went on to explain that Prop 47 caused retail theft as many thieves were emboldened knowing they could steal up to \$950 of merchandise and still avoid a felony under the law.

Changes to the law under Prop 57 also reclassified many crimes from violent to non-violent.

“Thanks to the 2016 voter approval of Proposition 57, more than 20 clearly violent crimes are no longer classified as violent, including rape of an unconscious person, trafficking a child for prostitution, assault with a deadly weapon and domestic violence,” Bianco said.

How messed up is that? How hard is it to figure out that if you lower the bar, more criminals are going to take advantage of that? And then when we let them out of jail early, as San Diego DA Summer Stephen talked about last week, we just encourage criminal behavior. Especially when politicians and Hollywood actors raise bail money for criminals who burn down cities and victimize neighborhoods to get out of jail.

And it doesn’t stop there, as far as the legislature, I would take it a bit further. Other bills introduced are so radical that they would allow abortion to be legal even after the child is born, which is clearly infanticide. Other bills make the California taxpayers responsible to pay for all abortions and even seek to make California an abortion tourism state. This would encourage women from other states where abortion may be illegal, especially for late term abortions, to travel to California to abort their babies.

Many of those elected officials are also interested in increasing their own power and control. Not truth, not justice, just pure power and control. This is why Governor Gavin Newsom, who granted himself emergency powers, has not rescinded them yet, in spite of the state’s recovery following COVID-19 shutdowns in 2020. This is why the courts have had to rule against him time after time over the past two years, because he was wrongfully taking away our constitutional rights. And as the legislature tests those limits, they will just grow their power and control in the future.

While the courts have slowed the

legislature’s quest for authoritarian control, mandates and medical tyranny, unless they are replaced with new politicians who believe in constitutional freedoms, we will need to continue to fight for those freedoms. They will continue to try and compel speech, rather than allow free speech and well meaning people will continue to sheepishly avoid talking about “politics and religion” which is ridiculous and just plays into the politician’s hands.

Sheriff Bianco made the point about our need to talk about religion and politics, for these are the two of the most important things influencing our day to day lives and freedoms and he was after all, right, when he said, “There are ethical and moral values that come with religion, regardless of what religion it is,” and “You have to start talking about politics and what laws and rules are supposed to benefit us, not an individual person and not an ideology that we all don’t agree with.”

We need to stop self-censoring. Religion and politics are exactly what we need to be talking about around the kitchen table and in the public square.

It seems to me that the other part of the problem is people are so uninformed on issues. They don’t have any idea what is going on politically, which is frustrating for me. Especially since Valley and Village News spend over a million dollars a year creating information 24/7, information that includes explainers of legislation on the ballot every election year.

Our busyness and lack of motivation as a society works for the people who want to control you. It seems we tolerate and tolerate until things get so bad that we can’t tolerate it anymore, that’s when we have the time and courage to start talking about politics.

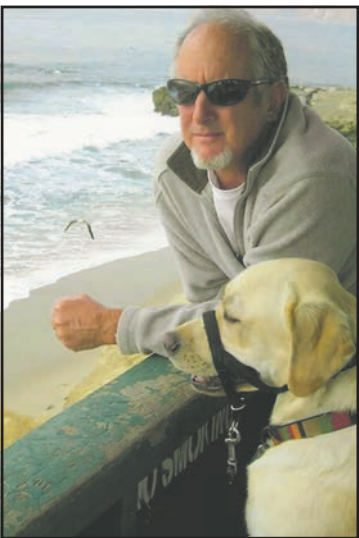
When gas prices double, when the murder rate in LA County doubles from the previous year, when we have literally millions of illegal aliens coming across the border, including criminals, drug dealers, human traffickers and people from over 150 different countries, whom we have no idea who they are or why they are here. When our streets are so filled with fentanyl that our young people are dying at record numbers. When we have a governor who grants himself emergency powers and doesn’t remove them in the time appointed through The Emergency Services Act. When that governor along with his supermajority democratically controlled legislature takes away our constitutional rights, including shuttering our businesses, churches, schools, weddings, funerals, etc.

Bianco said, “Your government lies to you every single day,” and he was right. Truer words were never spoken. We have to be vigilant. We have to do the hard work of being informed citizens and investing in our own democracy and fighting for our Constitutional rights. We have to not just read the titles of bills proposed on our ballots, but study both sides and talk to our kids and neighbors.

We have to be vigilant, informed, skeptical and not believe everything we are being told, even by our leaders and the media. We have to openly discuss politics, sans the drama and emotion whenever possible. We need to discern the ideologies that are killing our society and culture and then vote against those who are pushing for those ideologies, power and control.

California is, after all, our home and we all need to stand up to protect it and our way of life.

OBITUARIES



In memory of a life so beautifully lived.

Rick Williams went home to be with Jesus on April 4, 2022.

He was born Eric Francis Williams on Nov. 17, 1955, in Sacramento, California. The family moved to Fallbrook in 1969 where Rick attended Potter Junior High.

Rick is probably best known as the owner-operator of Fallbrook Window Washing Company which his father began in 1972. Rick began working with his dad while attending Fallbrook High School. He bought Dad’s share of the business in 1998 and always enjoyed the work, especially the wonderful clients.

Rick got interested in dog training after bringing home a puppy from an Avocado Festival years ago. He and puppy Jack decided they needed some training. Rick was a natural and became a dog trainer himself. He started his business, Rick Williams Personal Dog Training, and taught both in-home instruction and group classes at the Fallbrook Community Center.

As a family, we began volunteer puppy raising for Canine Companions for Independence, an organization that trains service dogs for people with disabilities. Our family raised eight puppies with four graduating from

advanced training.

Rick began attending Calvary Chapel with his family and began hearing and studying the Word of God. The church resonated with Rick’s heart and mind and he would get up early to study and memorize the Bible. In March of this year, he completed writing a devotional series based on his in-depth study of “The Full Armor of God.”

Everyone who knew Rick loved him. He was selfless, generous and truly enjoyed serving others.

Rick will be missed here, but we all have the promise that we will see him again in heaven.

A Celebration of Life is planned on Saturday, April 30 at 1 p.m. at Calvary Chapel Servant’s Church, 1109 E. Fallbrook Street, Fallbrook. A reception will follow immediately.

In lieu of flowers, please mail a donation to Canine Companions for Independence, 124 Rancho del Oro Drive, Oceanside, CA 92057



Susan C. Litle, born Nov. 29, 1951, died April 18, 2022, age 70 years old. Her parents were Homer Lee Stillens and Dorothy M. Stillens. She was the widow of Darrell D. Litle and is survived by three daughters, Dorothy Howard, Susan Conrath, and Adrienne Hall; eight grandchildren and seven great-grandchildren.

Susan: “My mom was the best thing that happened to me and I will miss her greatly. I love you.”

Adrienne: “One single red rose symbolizes the love between you and Dad! I will forever be your baby girl. I love you more.”

Dorothy: “Blankets, cards, movies and munchies.”



In Memoriam

Services for **Lucy W. Smyth** (Nov. 7, 1928 – Dec. 7, 2021) will be held Saturday, May 14, 1 p.m. at SonRise Christian Fellowship, 463 S. Stagecoach Lane, Fallbrook. Reception immediately following.

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EDUCATION

Denton given Best of Show in Student Kaleidoscope Art Competition

Joe Naiman
Village News Reporter

Dacy Denton is a lifelong Fallbrook resident who took art classes at Sullivan Middle School and at Fallbrook High School as a freshman. When the Fallbrook Union High School District opted against in-class instruction for 2020-21, Denton transferred to Calvin Christian School in Escondido, where she is now a junior. On April 9, Denton’s acrylic painting “The Hunt” was announced as Best of Show at the Escondido Art Association’s Student Kaleidoscope Art Competition.

“I was really happy about that,” Denton said.

The Hunt, which is acrylic on canvas, is of a dinosaur chasing a crane. “It wasn’t off of a picture. It was just kind of a landscape that I made up in my head and I just kind of pieced it together,” Denton said.

Denton had been informally painting prior to taking a Sullivan art class taught by Melissa Ledri and began painting seriously after her middle school art classes. “I really got into painting when I was in middle school when I had kind of the influence of my teacher,” Denton said.

This academic year, Denton is

in the Advanced Painting class taught by Calvin Christian art instructor Ron Vanderpol. The Hunt is on an 18-inch by 24-inch canvas. The dinosaur chasing the crane is an albertosaurus.

“I just really love dinosaurs, and I felt like the painting was really good on its own without the dinosaur in it, but at that point it would be just like any other landscape painting,” Denton said.

The painting also includes rocks and water. “He is running in a creek or a river bed,” Denton said. “It’s surrounded by a bunch of trees.”

Denton began work on the painting in early November, and it was completed in early December. Although the class length of her art class is 45 minutes, the time needed each day to gather the supplies and to clean up limits actual painting to 30 to 35 minutes. “You have to work on little pieces at a time,” Denton said. “It felt like it took forever.”

“The Hunt” made its public debut at a school exhibition in December. “It was kind of like a qualifying step to get into the actual art show itself,” Denton said.

“My painting was one of the pieces that moved forward into the actual art show,” Denton said. “I was excited. I put a lot of work

into the painting and I was very excited to see that that hard work was paying off.”

The Student Kaleidoscope Art Competition was a one-day exhibition April 9 at the Escondido Center for the Arts. Denton was told April 5 that “The Hunt” had received Best of Show. “The voting had already been done,” Denton said.

Vanderpol informed Denton of her award. “I came to school and my teacher came up to me and said ‘congratulations,’” Denton said. “I was surprised, but I wasn’t surprised at the same time.”

Denton noted the benefit of the in-class instruction at Calvin Christian. “That one-on-one really helped me,” she said.

The 2021-22 school year is Denton’s first with oil paintings. She has also taken a ceramics class and has decorated a terrarium for the four reptiles she owns. “I’ve painted pretty much everything,” she said.

“I’m just glad that I’ve been able to take art classes,” Denton said. “It’s just been a great experience.”

For Denton, her Best of Show award showcases art instruction as well as herself. “I want people to see my ability, but at the same time I want to encourage people to pursue art if they want to,” she said.



Dacy Denton’s “The Hunt” is the Best of Show winner in the Escondido Art Association’s Student Kaleidoscope Art Competition.

Boys and girls to benefit from Blanket Project donations

FALLBROOK – The members of the nonprofit Fallbrook Blanket Project continue to be busy crocheting and knitting for others and donating many blankets to various North County charities including the Boys and Girls Club of North County.

For 60 years the B&G Club has been committed to serving the youth in Fallbrook and reaching out to young people in need. As a community based agency, the club offers young people what they need and want most – adults who respect and listen to them and a safe environment where they can have fun and be themselves.

The B&G Club is partnering with the Fallbrook Blanket Project on the club’s upcoming Captain’s Table Dinner and Auction event Saturday, April 30. Money raised at the auction goes directly toward funding the programs and services that the B&G Club provides to Fallbrook youth.

The club has nine different sites throughout the Fallbrook community where they provide services like homework help, STEM activities and sports



Fallbrook Blanket Project members and contributors Hanh DeMore, left, and Florence Zelasco, right, along with Boys and Girls Club Director of Development Brian Astredo display blankets donated for the club’s silent auction event April 30.

programs to over 600 youth every day. For more information contact Brian Astredo at brianpa@bcgnorthcounty.org or 760-728-5871.

Members of the Fallbrook Blanket Project create one of

a kind crocheted and knitted blankets, baby blankets, hats and more for donation to North County charities and their fundraisers. The blankets displayed in the photo, along with several baby sets will be included in this silent auction.



At the Boys and Girls Club, members Luna and Elian display a blanket along with Brian Astredo, director of development, donated by the Fallbrook Blanket Project.

This group is open to anyone who is interested in knitting or crocheting for others and meets every Monday at Living Waters Church on Reche Road from 10 a.m. to noon. Everyone is welcome to come and explore this free group

that teaches beginners, and the yarn is free.

To donate yarn, contact fallbrookblanketproject@gmail.com or call 314-803-0986.

Submitted by the Fallbrook Blanket Project.

2022 Commencement Ceremony will be held in person, on campus

SAN MARCOS – After a two-year hiatus due to the COVID-19 pandemic, the springtime commencement ceremony will return to the Palomar College campus as a live and in-person event at 5 p.m., Friday, May 27.

Families and friends are welcome to attend the ceremony. It is recommended that all visitors complete the college health screening questionnaire, which can be found with additional information at <https://www2.palomar.edu/pages/covid19/community-access-to-palomar-college-main-campus-and-education-centers/>.

“We’re thrilled to once again be planning a safe, exciting commencement ceremony to be held on our beautiful San Marcos campus,” said Superintendent/President Dr. Star Rivera-Lacey. “And we’re looking forward to celebrating a class of students who have overcome many obstacles to earn their degrees and certificates this year.”

As in previous years, the ceremony will be held on the football practice field near parking lots 1 and 2, accessible from the main entrance off West Mission

Road. The event will also be live-streamed online by the award-winning Palomar College Television production team.

This year’s keynote speaker will be the 2020-21 Distinguished Faculty Member, Richard Albistegui-Dubois, Ph.D., who teaches biology at Palomar.

Also expected to attend the ceremony is the college’s Alumna of the Year, Julie Moss, an Ironman and USA Triathlon Hall of Fame inductee who attended Palomar in the late 1970s and rose to fame when she crawled across the finish line at the 1982 Ironman World Championship. Moss’ memoir, “Crawl of Fame,” was published in 2018.

The 2020 commencement was held remotely, while in 2021 the college hosted a hybrid graduation event that combined a drive-through celebration with pre-recorded and live-streamed elements.

For more information about the 2022 commencement exercises, visit <https://www.palomar.edu/studentlifeandleadership/commencement/>.

Submitted by Palomar College.

UCSD study finds adult skills correlate to early childhood learning hours

SAN DIEGO (CNS) – Skills people possess later in life may develop early in childhood, and there can be significant differences in skill sets depending on gender, according to findings released last week by UC San Diego’s Rady School of Management.

The findings may explain in part the paucity of women compared to men working and studying in the fields of science, technology, engineering and math. The researchers found women may opt out of such fields because they receive more early childhood reinforcement in language arts, according to the UCSD study, “Parental Investments in Early Childhood and the Gender Gap in Math and Literacy,” to be published in the journal American Economic Review Papers and Proceedings.

“We find girls are better in English than boys in grades three through seven,”

Anya Samek, an associate professor of economics at the Rady School and one of the study’s co-authors, said in a statement. “Because girls are more likely to do well in language fields early in life, they may find themselves more inclined to choose them for majors and careers.

“Thus, women may be

underrepresented in STEM in part because of their cultivated talents achieved earlier in life,” Samek said.

The findings were based on a study in which the researchers examined time parents spend with their children from ages 3 to 5, alongside the children’s test scores when they were ages 8 to 14.

Additionally, the more time parents spent teaching children from ages 3 to 5 – up to three hours or more a week – correlated with better test scores when the children are ages 8 to 14. For instance, teaching three or more hours predicted 6% higher scores in English for children in fourth grade, relative to teaching one hour or less.

However, there’s a gender gap in parental investment in children, the researchers found. On average, parents spent more time with girls and several factors could contribute to this disparity. For example, compared to boys, the researchers found girls had a stronger ability to sit still and focus, and parents of girls were also 18% more likely to report that their child liked it when they taught.

According to the data, girls did substantially better in language-related studies than boys, while

scores for girls and boys in mathematics were more similar. Researchers found a stronger correlation between parental investment with language scores than they did with math.

“I think it’s surprising to see that parental investments are correlated with the

test scores in English but not in math,” said Samek. “It could be because we’re told to read to our kids at least 10 minutes a day. We’re told to introduce them to books and I think we probably spend less time thinking about how to engage children in math.”

The study participants were mostly from Chicago and included 2,185 children and 953 parents who responded to surveys, 702 of whom also provided test-score data.

“We show that early-life investments by parents are strongly associated with later-life language skills but only weakly associated with later life math skills,” Samek said. “It could be that parents just do not spend as much time teaching children math as they do reading. If that is the case, the next step may be to encourage parents to teach their young children math alongside reading.”

Avocado Festival is fun for all ages



Fallbrook Chamber of Commerce Membership Director Jackie Toppin enjoys some festival food in the Chamber booth, April 24.

Village News/Julie Reeder



Displaying their newly painted faces are, from left, Gracie, Oakley, Jayce. They are all 6 years old, visiting the Avocado Festival from the Bonsall/Vista area.

Village News/Julie Reeder



Kids watch their avocado cars roll in The Avo 500 Race in Village Square.

Village News/Hannah Hanford photo



Fifth District Supervisor Jim Desmond talks with Fallbrook resident Ann Wade at his booth at the Avocado Festival.

Village News/Julie Reeder photo



Stephanie Garcia and David Garcia get third place in the Best Dressed Avocado contest. Stephanie won the "prettiest" title and David won "most creative."

Village News/Hannah Hanford photo



Among the many Sheriff's Dept. staff at the Avocado Festival are three lady sheriffs.

Village News/Caryn Linn photo



Miss Teen Fallbrook Second Princess Olivia Harvey interviews Sienna Fouts during the Little Miss Avocado competition at the Avocado Festival.

Village News/Hannah Hanford photo

CALENDAR

April 28 – 9 a.m. to 1 p.m. – COVID-19 testing is being held at the Fallbrook Regional Health District’s Community Health & Wellness Center, 1636 E. Mission Road. For more info, call 760-731-9187 or visit [fallbrookhealth.org/](https://www.fallbrookhealth.org/).

April 29 – 10 a.m. to 1 p.m. – Free COVID Booster Clinic will be offered at the Fallbrook Regional Health District’s Community Health & Wellness Center, 1636 E. Mission Rd. For more information, call 760-731-9187 or visit <https://www.fallbrookhealth.org/covid-19-vaccination-clinics>.

April 29 – noon – REINS of Life Charity Golf Tournament is presented by the Donegan Burns Foundation, at the Golf Club of California. Registration starts at 10:30 a.m., with a shotgun start at noon. Cocktails and music will start at 5 p.m. and awards dinner

at 5:30. There will also be a silent auction. Visit www.reinsprogram.org to register.

April 30 – 10 a.m. to noon – A Free Hands Only CPR Training in Spanish will be offered at the Fallbrook Regional Health District’s Community Health & Wellness Center, 1636 E. Mission Road. This is not a certification class. For more info or to register, call 760-731-9187 or visit <https://www.fallbrookhealth.org/hands-only-cpr>.

April 30 – 5:30 to 11 p.m. – The Boys and Girls Club of North County is holding its Captain’s Table, a Dinner & Auction event at Pechanga Resort Casino. Event includes a silent auction, dinner, awards, live events and other entertainment. Purchase tickets at bgeNorthCounty.org. Call 760-728-5871 for more information.

May 1 – 11 a.m. to 3 p.m. – Rally

for Children holds “Arts in the Park” at Live Oak Park. Admission is free! includes art, music, entertainment and endless activities for children and families. Free bus shuttles provided from 10:45 a.m. to 3:30 p.m., from Maie Ellis Education Center and Potter Jr. High to Live Oak Park, and then the return route. Buses will run approximately every 30 minutes. Event co-sponsored by the Fallbrook Union Elementary School District.

May 7 – 3 p.m. – Michelle’s Place will be offering Present Movement Therapy for Cancer Patients at the Fallbrook Regional Health District’s Community Health & Wellness Center, 1636 E. Mission Road. For more information contact 951-249-7015 or fallbrook@michellesplace.org.

May 7 – 5 p.m. – Fallbrook Chorale presents its annual fundraiser

“Fallbrook Joe and the Magical Caboose” at SonRise Christian Fellowship, 463 S. Stage Coach Lane. Tickets are \$60 per person and include a tri-tip dinner and dessert. There will also be a raffle and silent auction. Get tickets via email to fallbrookchorale@gmail.com or online at fallbrookchorale.org.

May 10 – 1-3 p.m. – A Free Hands Only CPR Training will be offered at the Fallbrook Regional Health District’s Community Health & Wellness Center, 1636 E. Mission Road. This is not a certification class. For more info or to register, call 760-731-9187 or visit [fallbrookhealth.org/hands-only-cpr](https://www.fallbrookhealth.org/hands-only-cpr).

May 11 – 1-3:30 p.m. – The Bonsall Woman’s Club will be hosting an elegant tea fundraiser at the Vista Valley Country Club featuring a fashion show, spectacular raffle baskets, live piano music and

a classic tea menu. \$55 per guest, reservations available for a table of eight. Please send a check payable to Bonsall Woman’s Club, P.O. Box 545, Bonsall, CA 92003 (deadline April 25) For further questions, email bonsallwomansclub@gmail.com.

May 14 – 8:30 a.m. to 4 p.m. – Fallbrook Garden Club is holding its 2022 Garden Tour & Plant Sale which includes a self-guided tour of six gardens. Tickets can be found at the Fallbrook Chamber of Commerce, Major Market (cash or check only) or GardenTour2022.brownpapertickets.com – \$20 in advance, \$25 day of event. Exchange tickets at Fallbrook Historical Society for a map and purchase plants. Gardens will be open 9 a.m. to 3 p.m. For more info, visit www.fallbrookgardenclub.org.

NATIONAL

Americans with criminal records see hope in job opportunities

WASHINGTON, DC – (Pinkston News Service) – In his March 31 proclamation marking April as Second Chance Month, President Biden said “by supporting people who are committed to rectifying their mistakes, redefining themselves, and making meaningful contributions to society, we help reduce recidivism and build safer communities.” As corporate America struggles with a labor shortage gap, some businesses are hiring individuals with criminal backgrounds to fill open job roles.

Last year, a group of approximately 40 major corporations and organizations created the Second Chance Business Coalition, to expand employment opportunities for people with

criminal records. Last month, Brian Lamb, Head of Diversity and Inclusion at JPMorgan Chase & Co., a Second Chance Business Coalition member, told CNBC that because of the labor shortage, “it’s going to require unconventional approaches” to hiring.

“In this challenging economic climate, businesses are doubling down on their efforts to ensure that the potential of Americans with a criminal record is not left on the sidelines. We applaud the companies, large and small, who recognize second chance hiring as a catalyst for safer, stronger, and more prosperous communities and families,” said Kate Trammell, Vice President of Advocacy at Prison Fellowship in a statement.

Prison Fellowship (www.prisonfellowship.org) is the nation’s largest Christian nonprofit serving prisoners, former prisoners and their families with biblically based programming focused on helping people become productive members of society again and ensuring they have access to a quality education, housing, job training and employment.

One of the organization’s initiatives is pushing for occupational licensing reforms to help eliminate employment barriers for people with prior convictions. A state-issued occupational license is required to pursue many specialty careers, such as a real estate broker. Prison Fellowship backed such a reform measure that passed the

state Senate in Oklahoma earlier this year. Separately, more than 35 states have adopted Ban the Box policies that remove discrimination barriers during the hiring process for job applicants with criminal records.

As to whether second chance hiring programs work, statistics suggest they do. A report by the U.S. Chamber of Commerce finds employing formerly incarcerated individuals would increase Gross Domestic Product (G.D.P.), boost earning power and reduce recidivism rates. Another survey found that 81% of business leaders and 85% of human resource professionals believe that employees with a criminal record “perform their jobs about the same

or better than workers without criminal records.”

It is estimated that 77 million Americans, or 1 in 3 adults, have a criminal record.

And, according to Prison Policy Initiative data, formerly incarcerated individuals are unemployed at a rate that is “higher than the total U.S. unemployment rate during any historical period, including the Great Depression.”

“When I was provided an opportunity for employment after being incarcerated, that helped me personally with my dignity. It helped me to be a contributor not only to my family but society,” said Prison Fellowship graduate Sean Oliver in a video testimonial.

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REGIONAL

Agreement on shooting investigations

Local law enforcement agencies establish clear guidelines

SAN DIEGO COUNTY – Law enforcement agencies in San Diego County recognize the need for transparent and independent investigations of officer and deputy-involved shootings.

It’s important to continue building the public’s trust by adding another layer of transparency that will ensure no agencies investigate their own shooting incidents.

That’s why members of the San Diego County Chiefs’ and Sheriff’s Association have signed a Memorandum of Understanding (MOU) which establishes a new countywide protocol for the investigation of officer and deputy-involved shootings.

Today, Undersheriff Kelly Martinez was joined by San Diego Police Department Chief David Nisleit, Chula Vista Police Department Chief Roxana Kennedy and San Diego County District Attorney Summer Stephan at a news conference to announce the new agreement. To watch highlights of the news conference, go to <https://www.youtube.com/watch?v=RI46uwNZKA0>.

The agreement has been signed by the following agencies:

- San Diego County Sheriff’s Department
- San Diego Police Department
- San Diego County District Attorney’s Office

- Chula Vista Police Department
- El Cajon Police Department
- La Mesa Police Department
- National City Police Department
- San Diego County Probation Department
- Carlsbad Police Department
- San Diego Harbor Police
- San Diego Community College District Police Department
- San Diego Unified Police Department
- Coronado Police Department
- San Diego State University Police Department
- UC San Diego Police Department
- Escondido Police Department
- Oceanside Police Department

“We are proud to be a part of this new agreement with our partner law enforcement agencies and to provide accurate information about these incidents by instilling trust between our agencies and the communities we serve,” said Undersheriff Kelly Martinez.

Some of the new protocols include:

The San Diego County Sheriff’s Department will investigate the San Diego Police Department’s officer-involved shootings.

The San Diego Police Department will investigate the San Diego County Sheriff’s Department’s deputy-involved shootings, as well as all other

local law enforcement agencies involved in a shooting.

Shootings involving the San Diego County Sheriff’s Department and San Diego Police Department will be investigated by the Chula Vista Police Department.

In-custody deaths involving use of force will also be covered under the new agreement.

The San Diego County District Attorney’s Office will continue to review all shootings once the investigation by the primary investigative agency is completed.

The new protocols take effect on May 1.

Submitted by the San Diego County Sheriff’s Media Office.

Cities renew contract with Sheriff’s Department

Five-year contract runs through July 2027

Sheriff’s Department Media Relations

The San Diego County Sheriff’s Department will continue to provide public safety services for its contract cities.

We take pride in announcing today that all nine of our contract cities have unanimously ratified a five-year extension to continue with the Sheriff’s Department as their law enforcement provider. Those cities are Imperial Beach, Encinitas, Del Mar, Lemon Grove, Poway, Santee, San Marcos, Solana Beach and Vista.

Established in 1850, the Sheriff’s Department has been providing public safety services to nine contract cities since 1959. With a staff of 4,693, we protect and

serve a population of more than 960,000. Our patrol area covers 4,500 square miles including those in nine contract cities, as well as unincorporated areas of the county along the Mexican border.

We have 21 stations and substations, as well as nearly a dozen support service offices in the region. Helicopter, Bomb/Arson, Crime Lab, Homicide and Special Enforcement Detail (SED/SWAT) are just some of the emergency services we provide for free to our contract cities and partner law enforcement agencies across the county. To learn more about our agency, visit www.sdsheriff.gov.

We appreciate the continued support of our contract cities. The men and women of this department understand the level of trust and

responsibility you have placed in us. Our collaborative partnership with the community is key to keeping our county a vibrant and safe place to live, work and visit. We are committed to providing service in a manner that is honest, fair, responsive, efficient, inclusive and respectful to all.

“Our employees are the very foundation of our organization. Their individual backgrounds, skills and experiences from all over the world reflect the diverse communities we are sworn to serve and protect. I am privileged to work with caring professionals who take pride in advancing our mission of providing quality public safety service to everyone in San Diego County.” – Undersheriff Kelly Martinez

“Since 1850, the San Diego County Sheriff’s Department has provided a wide and comprehensive range of law enforcement services throughout the region. Contracting with the Sheriff’s Department has and continues to provide an opportunity to enhance both the level and quality of service delivered to the City of Vista. Public safety is an important investment and our collaborative partnership with the Sheriff’s Department offers many advantages to enhance our community’s livability. The contract allows us to select the law enforcement services that best meet our needs to help prevent, reduce, and solve crime.” – Vista City Manager Patrick Johnson

SDG&E completes Ramona microgrid in partnership with Cal Fire and U.S. Forest Service

New microgrid will keep aerial firefighting base energized to help protect rural communities from fires year-round

SAN DIEGO – San Diego Gas & Electric has completed the Ramona microgrid, one of four planned microgrids within the High Fire Threat District. The Ramona facility will provide backup power to the Ramona Air Attack Base, home to Cal Fire and U.S. Forest Service’s aerial firefighting assets dedicated to protecting rural communities.

The microgrid produces zero emissions as it’s powered by 500/ kW/2000kWh of battery storage. It was built in collaboration with the two agencies and is part of the SDG&E’s ongoing commitment to keep essential resources powered during Public Safety Power Shutoffs and other emergency situations.

“As climate conditions continue to worsen, it’s imperative that we develop innovative solutions to support the continuity of essential resources, particularly our region’s emergency response resources, so they are ready for deployment at any moment,” said

SDG&E CEO Caroline Winn. “The completion of the Ramona microgrid is a milestone in our ongoing partnership with Cal Fire and the U.S. Forest Service as we work to make our electric system safer, cleaner and more reliable.”

“We are grateful for the strong working relationship we have with SDG&E. It gives us peace of mind to have backup power for a critical facility like the Ramona Air Attack Base, especially given the fact that fire season in California has become year-round,” said Cal Fire /San Diego County Fire Chief Tony Mecham.

Microgrids are small power grids that can operate in parallel or independently of the larger electric grid to keep pre-defined areas or community resources powered during emergencies. In 2013, SDG&E built the first utility-scale microgrid in the U.S. in Borrego Springs, CA. The company is working to add three more microgrids to help lessen the impact of PSPS and support

community resilience by keeping critical facilities energized.

“The U.S. Forest Service depends on the Ramona Air Attack Base to protect communities within and adjacent to the Cleveland National Forest. The ability to use aircraft to help suppress catastrophic wildfires is a critical tool in our fire suppression toolbox. Successful fire suppression not only helps safeguard the people and property in local communities, it also helps protect important watersheds, sensitive wildlife habitats and cultural resources,” said Scott Tangenberg, forest supervisor. “Equally important as fire suppression, the prevention of wildfires additionally helps reduce carbon emissions and lung-damaging air pollution – both of which contribute to negative health and climate impacts.”

Cal Fire staffs the Ramona Air Attack Base year-round with one OV-10A Bronco tactical aircraft and two S-2T tankers. These aircraft support wildland fire suppression

locally and can be requested to assist with fires throughout California. Additionally, the base houses the U.S. Forest Service’s Bell 205 A++ helicopter and crew, which serves the Cleveland National Forest and can also be mobilized to help throughout the State of California. During fire incidents in San Diego County, the Ramona Air Attack Base serves as the hub for fixed wing aircraft that are assigned to the incident.

Microgrids are just one of many wildfire mitigation projects included in SDG&E’s Wildfire Mitigation Plan filed annually with the California Public Utilities Commission. In accordance with Senate Bill 901, the WMP outlines the ongoing practices and additional improvements SDG&E will make beyond investments already made to combat the effects of climate change and year-round wildfire threats. For more information on SDG&E’s 2021 WMP, visit SDGE.com/2021-Wildfire-Mitigation-Plan.

Feeding San Diego sees increase in food donations during early months of new California law mandating food donations

Hunger-relief non-profit continues to onboard businesses to comply with Senate Bill 1383

SAN DIEGO – Since Senate Bill 1383 became law on Jan. 1 of this year, Feeding San Diego, the county’s leading hunger-relief and food rescue organization, has seen a nearly 25% increase in the pounds of edible food donations and has onboarded 25 new food donors.

SB 1383 is a California law that mandates certain businesses that generate food waste donate the maximum amount of surplus edible food fit for human consumption to hunger relief organizations like Feeding San Diego. Feeding San Diego calls this food rescue and has been operating using this model since it was founded in 2007. Today, Feeding San Diego rescues about 2.3 million pounds of food every month.

Food waste’s negative impact

on the environment is at the forefront of the law. According to the California Department of Resources Recycling and Recovery (CalRecycle), landfills are the third largest source of methane in California, and organic waste in landfills emits 20% of the state’s methane, a climate super pollutant 84 times more potent than carbon dioxide. CalRecycle is responsible for enforcement of SB 1383.

“Donating food is now top-of-mind not only for our current food donors, but for businesses who know they need to comply with SB 1383,” said Patty O’Connor, chief supply chain officer at Feeding San Diego. “We are seeing a lot more variety of the types of foods being donated, which is vital to our organization. We know there is extra food out there and that

hunger is not a sourcing problem — it’s a distribution problem. With our extensive network, we have the tools needed to redistribute this food and get it to San Diegans facing hunger.”

Feeding San Diego uses its extensive network of over 400 food donors and nearly 300 community partners to rescue food and get it out in the community as quickly as possible, accepting donations from grocery stores, manufacturers, and wholesalers all around San Diego County. The non-profit organization manages over 775 pickups every week between these food donors and community partners, which include other non-profits and faith-based organizations. The organization puts a focus on food safety, carefully training every

partner on proper handling and safety protocols.

As the only Feeding America member in the region, Feeding San Diego was an early adopter of the food rescue model. It piloted a program with Starbucks called FoodShare back in 2016 and has been able to save hundreds of thousands of pounds of food from that partnership alone. Just last year, the program rescued over 447,000 pounds of food to feed San Diegans facing hunger.

Feeding San Diego is currently accepting new food donors and community partners to help distribute the food. To learn more, visit feedingsandiego.org/donate-food.

Submitted by Feeding San Diego.

VILLAGE NEWS

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Julie Reeder, President

STAFF

PUBLISHER
Julie Reeder

ADMINISTRATION
Cindy Davis
Anna Mullen
Samantha Cokeley, Project Manager

EDITORIAL
Lucette Moramarco, Associate Editor
Shane Gibson, Staff Photojournalist
Joe Naiman, Correspondent (Ind.)
Chloe Shaver, Writer
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ADVERTISING SALES
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ADJUDICATION
Village News has been granted by the courts of San Diego County the right of adjudication, legal No. G1N013243. We can accept legal notices for publication.

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sales@reedermedia.com

PHONE
Phone (760) 723-7319
Fax (760) 723-9606

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SBA introduces two new courses, partnerships and entrepreneurial leadership to the Ascent Online Digital Learning Platform

The digital tool provides women-owned small businesses resources to drive growth through business partnerships, building and refining leadership skills

WASHINGTON – The U.S. Small Business Administration announced the launch of two new educational modules, April 18. Ascent is a digital platform comprised of targeted education modules, called Journeys, that gives small business owners 24/7 access to critical information backed by research and addresses the unique needs of women entrepreneurs.

Partnerships Journey: This module explores the value of business partnerships, why they matter, and how they drive business growth and has four components, including the value of business partnerships, opportunities, and strategic growth.

Entrepreneurial Leadership Journey: This new module helps position small businesses for growth by building and refining leadership skills and has 11 components designed to build confidence and improve decision management and leadership style techniques.

“With the strong vision and action of Administrator Guzman, we continue advancing our entrepreneurial education experience through technology forward and timely online learning systems such as Ascent,” stated SBA Associate Administrator of the Office for Entrepreneurial Development Mark Madrid. “We look forward to announcing more educational initiatives to position our diverse small business ecosystems to thrive.”

In 2021, the SBA’s Ascent platform launched and has assisted nearly 50,000 businesses, young entrepreneurs in writing business plans, business legal education, access to capital, and moving into the contracting space. Business recovery is also a valuable tool in the learning platform, which continues to support those impacted by the pandemic. This is part of the overarching support to women-owned businesses, including free business counseling to over 800,000 small business owners, billions of dollars in COVID economic relief, capital infusion, and government contracting last year.

“We know that women entrepreneurs start and own nearly half of all businesses in the United States and generate \$1.8 trillion in revenue. They need a self-paced digital tool like Ascent to help them scale up and thrive,” stated SBA Assistant Administrator of the Office for Women’s Business Ownership, Natalie Madeira Cofield. “As Administrator Guzman has reinforced, opportunities for every woman aspiring to lead and grow our economy should be afforded to the greatest extent of our reach.”

For more information on Ascent, visit Ascent.SBA.gov and register for your free access today. For additional opportunities on how women entrepreneurs can start, grow and recover, visit SBA.gov or contact your local SBA District Office.

DINING

Popcorn – A delight throughout the ages

Nathalie Taylor
Special to the Village News

Popcorn is “as old as the hills,” or close. Archeologists in Peru have found fossil evidence of popcorn dating back as early as 4,700 BC. There is also evidence that the Pueblo Native Americans also popped corn about 1,000 years ago.

In modern times, Charles Cretors of Chicago invented the steam-powered popcorn maker in the 1890s, setting off America’s obsession with the fluffy snack.

I guess you could say that Chicago is the birthplace of American popcorn, because in addition to Charles Cretors’ invention, two brothers named Frederick and Louis Rueckheim sold popcorn topped with molasses at the Chicago World’s Fair, in 1893. Caramel corn was born in Chicago that year and is still popular 129 years later.

This American delight now has its own holiday. Jan. 19 is National Popcorn Day.

Do other countries enjoy popcorn as much as we do? Not quite, because Americans are still the number one popcorn consumers. However, in other areas of the world, such as Japan, Canada, and most of Europe, people also enjoy popcorn.

Delicious and fun to eat, popcorn conjures up images of happy times. I have enjoyed popcorn at



Popcorn is an easy and delicious snack.

Village News/Nathalie Taylor photo

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festivals, fairs, theaters, circuses, football games, and other events.

Kettle corn is a staple at most fairs. I can’t leave our county fair without carting home a large bag of it. We eat a lot of it in the car, so only about half the bag actually makes it home.

The Disneyland Resort has at least 10 old-fashioned popcorn carts located throughout the two parks. Long lines to the carts prove that the snack is still popular.

In America, corn was popped on stove tops for many years. Then, there was a parade of various electric poppers, and finally, microwave popcorn was introduced. I buy Pop Secret microwave popcorn. It’s easy to make and doesn’t burn if you follow directions. It is not only a savory snack but has an aroma that lures other family members to the kitchen.

My mom, who was born in 1923, remembers making stovetop popcorn with her mother. The kernels were placed in a frying pan, along with cooking oil, and then covered. It was mom’s job to slide the pan back and forth over the fire until the corn popped. It didn’t ever burn, which might have been the result of mom’s expert corn popping skills, or maybe just the watchful eye of her mother.

When I was a child, a brand called Jiffy Pop was popular. It was packaged in an aluminum foil pan with a long handle. The corn was popped on the stovetop; and it seemed to take forever. However, once the corn began to pop, the silver top would grow and grow until it was filled with popped corn. I was fascinated by the expanding silver top – it looked like it was an alien from outer space.

When I was growing up, we would take family vacations in our travel trailer, and Jiffy Pop was an integral part of our well-stocked trailer pantry. One evening, my mother was making Jiffy Pop on the trailer stovetop when something went terribly wrong. She shook and shook the pan, but the popcorn only partially popped, then it burned. The silver top burst open, and smoke began to rise from the pan. Mom dumped water on the burning popcorn, and then left it outside all night. I remember looking at the charred mess in the morning. The whole experience fascinated me and didn’t even kill my love for popcorn.

Once I attempted to make a Christmas popcorn garland. I was about 15, and confident that I would be successful, but my confidence was dashed when too many pieces broke off before they made it to the garland. Only about half of the batch actually became part of the decoration, so it took quite a while to create a garland that was long enough to encircle the entire tree. That was the end of my popcorn-garland-making days.

So, I won’t be making any more popcorn garlands, but I will continue to eat – and enjoy – popcorn! After all, I think it’s a waste of good popcorn to use it on a Christmas garland anyway.

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LEGALS

NOTICE OF APPOINTMENT
ON THE BOARD OF DIRECTORS OF
THE FALLBROOK REGIONAL HEALTH DISTRICT

NOTICE IS HEREBY GIVEN that Board of Directors of the Fallbrook Regional Health District (District) will be considering the appointment of a new board members to represent Zone 3 of the District.

The Board of Directors will consider the appointment of the new directors at a Special meeting of the board scheduled for 5:30 p.m. on Friday May 27, 2022, at the Fallbrook Regional Health District community Health and Wellness Center, 1st Floor Community Room located at 1636 East Mission Road, Fallbrook, California 92028.

Persons interested in being appointed must submit an application by letter to the Fallbrook Regional Health District, 138 South Brandon Road, Fallbrook, California 92028. Attention: Rachel Mason CEO, no later than 5:00 p.m. on Tuesday May 17, 2022.

Applications must state the applicant's qualifications and their reasons for wanting to serve on the board.


All applicants must be registered voters residing within the boundaries of Zone 3 which generally includes (North: E. Mission/at Gum Tree and Stage Coach Ln, West, from N. Brandon Rd., to Old Stage Rd., includes the Poets Square development, to Burma Rd., South along Olive Hill to Green Canyon Rd, and East from the western edge of Sycamore Dr/Green Canyon Rd., along Stage Coach Ln. until it meets the Western edge of Gum Tree Ln.: an interactive map of this Zone is available on the District's website <https://www.fallbrookhealth.org/structure>). Please contact the San Diego County Registrar of Voters for more details of the actual boundary location.

Applicants must file a Fair Political Practices Act Disclosure Statement in accordance with the provisions of that Act and implementing regulations of the Fair Political Practices Commission. The Disclosure Statement must be filed at the District office prior to the appointment.

In accordance with Government Code section 1780(d)(1), this notice shall be posted in at least three conspicuous places within the District. In addition, this notice will be posted on the District website and published in a local newspaper.

Persons desiring additional information should contact Rachel Mason, CEO at (760) 731-9187.

DATED: April 21, 2022


Howard Salmon, Board President
Fallbrook Regional Health District

Published: April 28, May 5, 12, 19, 2022

T.S. No. 21-20445-SP-CA Title No. 210345986-CA-VOI A.P.N. 144-270-04-25 NOTICE OF TRUSTEE'S SALE. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 05/26/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, (cashier's check(s) must be made payable to National Default Servicing Corporation), drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state; will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made in an "as is" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Ramon Cui, a married man as his sole and separate property Duly Appointed Trustee: National Default Servicing Corporation Recorded 06/01/2006 as Instrument No. 2006-0386078 (or Book, Page) of the Official Records of San Diego County, CA. Date of Sale: 05/09/2022 at 10:00 AM Place of Sale: At the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA 92020 Estimated amount of unpaid balance and other charges: \$511,777.63 Street Address or other common designation of real property: 795 Harbor Cliff Way, #197 Oceanside, CA 92054 A.P.N.: 144-270-04-25 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The requirements of California Civil Code Section 2923.5(b)/2923.55(c) were fulfilled when the Notice of Default was recorded. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call or visit this Internet Web site www.ndscorp.com/sales, using the file number assigned to this case 21-20445-SP-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 04/06/2022 National Default Servicing Corporation c/o Tiffany & Bosco, P.A., its agent, 1455 Frazee Road, Suite 820 San Diego, CA 92108 Toll Free Phone: 888-264-4010 Sales Line 855-219-8501; Sales Website: www.ndscorp.com By: Rachael Hamilton, Trustee Sales Representative 04/14/2022, 04/21/2022, 04/28/2022 CPP352304

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T.S. No. 21002332-1 CA APN: 127-141-31-00 **NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 03/15/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.** A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: **TIMOTHY J O' GRADY A Single Man** Duly Appointed Trustee: **ZBS Law, LLP** Deed of Trust Recorded on **03/22/2006**, as Instrument No. **2006-0197786** of Official Records of **San Diego County, California**; Date of Sale: **05/09/2022 at 10:30 AM** Place of Sale: **At the entrance to the East County Regional Center by the statue, 250 E. Main Street El Cajon, CA 92020** Estimated amount of unpaid balance and other charges: **\$309,144.98** Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt owed. Street Address or other common designation of real property: **1921 DENTRO DE LOMAS BONSALL, CA 92003** Described as follows: PARCEL A: PARCEL 3 OF PARCEL MAP NO. 7020, FILED IN THE OFFICE OF THE COUNTY RECORDER OF SAN DIEGO COUNTY, MARCH 16, 1978, AS FILE NO. 78-104658 OF OFFICIAL RECORDS. PARCEL B: AN EASEMENT AND RIGHT OF WAY FOR ROAD AND PUBLIC UTILITY PURPOSES OVER, UNDER, ALONG AND ACROSS A STRIP OF LAND 40.00 FEET IN WIDTH, WITHIN PORTIONS OF PARCELS 1, 2 AND 3 OF PARCEL MAP NO. 7020 AS SAID 40.00 FOOT STRIP IS DESIGNATED AND DELINEATED AS "PROPOSED 40 FOOT PRIVATE ROAD EASEMENT". EXCEPTING THEREFROM THAT PORTION THEREOF LYING WITHIN PARCEL "A" HEREINABOVE DESCRIBED. PARCEL C: AN EASEMENT AND RIGHT OF WAY FOR INGRESS AND EGRESS, ROAD AND UTILITY PURPOSES INCLUDING BUT NOT LIMITED TO, ELECTRIC POWER, TELEPHONE, GAS, WATER, SEWER AND CABLE TELEVISION LINES AND APPURTENANCES THERETO, TOGETHER WITH THE RIGHT AND POWER TO CONVEY THE SAME TO OTHERS OVER, UNDER, ALONG AND ACROSS A STRIP OF LAND 60.00 FEET IN WIDTH, LYING WITHIN THE SOUTHWEST QUARTER OF THE NORTHWEST QUARTER OF SECTION 33, TOWNSHIP 10 SOUTH, RANGE 3 WEST, SAN BERNARDINO BASE AND MERIDIAN, IN THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, ACCORDING TO UNITED STATES GOVERNMENT SURVEY, THE CENTER LINE OF SAID STRIP BEING MORE PARTICULARLY DESCRIBED AS FOLLOWS: BEGINNING AT A POINT ON THE WEST LINE OF SAID SOUTHWEST QUARTER OF THE NORTHWEST QUARTER DISTANT THEREON SOUTH 0°57'31" WEST, 158.00 FEET FROM THE NORTHWEST CORNER THEREOF; THENCE LEAVING SAID WEST LINE SOUTH 86°49'38" EAST, 1.23 FEET TO THE BEGINNING OF A TANGENT 245 FOOT RADIUS CURVE CONCAVE SOUTHWESTERLY; THENCE EASTERLY AND SOUTH-EASTERLY ALONG THE ARC OF SAID CURVE THROUGH A CENTRAL ANGLE OF 34°51'04" A DISTANCE OF 149.03 FEET; THENCE TANGENT TO SAID CURVE SOUTH 51°58'34" EAST, 15.17 FEET TO THE BEGINNING OF A TANGENT 600 FOOT RADIUS CURVE CONCAVE NORTHEASTERLY; THENCE SOUTHEASTERLY ALONG THE ARC OF SAID CURVE, THROUGH A CENTRAL ANGLE OF 14°34'51", A DISTANCE OF 152.69 FEET; THENCE TANGENT TO SAID CURVE SOUTH 66°33'25" EAST 124.60 FEET TO THE BEGINNING OF A TANGENT 200 FOOT RADIUS CURVE CONCAVE SOUTHWESTERLY; THENCE SOUTHEASTERLY ALONG THE ARC OF SAID CURVE THROUGH A CENTRAL ANGLE OF 25°20'38", A DISTANCE OF 88.47 FEET; THENCE TANGENT TO SAID CURVE SOUTH 41°12'47" EAST, 133.78 FEET TO THE BEGINNING OF A TANGENT 600 FOOT RADIUS CURVE CONCAVE NORTHEASTERLY THENCE SOUTHEASTERLY AND EASTERLY ALONG THE ARC OF SAID CURVE THROUGH A CENTRAL ANGLE OF 39°49'56", A DISTANCE OF 417.12 FEET; THENCE TANGENT TO SAID CURVE SOUTH 81°02'43" EAST 35.82 FEET TO THE BEGINNING OF A 325 FOOT RADIUS CURVE CONCAVE SOUTHWESTERLY; THENCE EASTERLY AND SOUTHEASTERLY ALONG THE ARC OF SAID CURVE THROUGH A CENTRAL ANGLE OF 27°56'39", A DISTANCE OF 158.51 FEET; THENCE SOUTH 53°06'04" EAST, 229.13 FEET TO THE BEGINNING OF A TANGENT 200 FOOT RADIUS CURVE CONCAVE NORTHEASTERLY; THENCE SOUTHEASTERLY ALONG THE ARC OF SAID CURVE THROUGH A CENTRAL ANGLE OF 10°01'30", A DISTANCE OF 34.99 FEET TO A POINT ON THE EASTERLY LINE OF SAID SOUTHWEST QUARTER OF THE NORTHWEST QUARTER, DISTANT THEREON SOUTH 0°57'13" WEST, 889.87 FEET FROM THE NORTHEAST CORNER THEREOF. THE SIDELINES OF SAID STRIP TO BE PROLONGED OR SHORTENED SO AS TO TERMINATE WESTERLY IN THE WEST LINE OF SAID SOUTHWEST QUARTER OF THE NORTHWEST QUARTER AND EASTERLY IN THE EAST LINE OF SAID SOUTHWEST QUARTER OF THE NORTHWEST QUARTER. EXCEPTING THEREFROM THAT PORTION THEREOF LYING WITHIN PARCEL "A" HEREINABOVE DESCRIBED. A.P.N.#.: **127-141-31-00** The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call **866-266-7512** or visit this Internet Web site **www.elitepostandpub.com** using the file number assigned to this case **21002332-1 CA**. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call **866-266-7512** or visit this Internet Web site **www.elitepostandpub.com** using the file number assigned to this case **21002332-1 CA** to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Dated: **04/06/2022ZBS Law, LLP, as Trustee 30 Corporate Park, Suite 450 , Irvine, CA 92606 For Non-Automated Sale Information, call: (714) 848-7920 For Sale Information: 866-266-7512 or www.elitepostandpub.com Rick Mroczek, Trustee Sale Officer** This office is enforcing a security interest of your creditor. To the extent that your obligation has been discharged by a bankruptcy court or is subject to an automatic stay of a bankruptcy, this notice is for informational purposes only and does not constitute a demand for payment or any attempt to collect such obligation. EPP 34338 Pub Dates 04/14, 04/21, 04/28/2022

T.S. No.: **21-4912**
Notice of Trustee's Sale
Loan No.: *****3154 APN: 168-291-11-00 You Are In Default Under A Deed Of Trust Dated 8/15/2003. Unless You Take Action To Protect Your Property, It May Be Sold At A Public Sale. If You Need An Explanation Of The Nature Of The Proceeding Against You, You Should Contact A Lawyer. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Ronald D Maurer And Sandra L. Maurer, Husband And Wife As Community Property Duly Appointed Trustee: Prestige Default Services, LLC Recorded 8/22/2003 as Instrument No. 2003-1027442 of Official Records in the office of the Recorder of San Diego County, California, Date of Sale: 5/11/2022 at 10:30 AM Place of Sale: entrance to the East County Regional Center by the statue, 250 East Main Street, El Cajon Amount of unpaid balance and other charges: \$571,070.73 Street Address or other common designation of real property: 3502 Knollwood Drive Carlsbad California 92008 A.P.N.: 168-291-11-00 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Notice To Potential Bidders: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. All checks payable to Prestige Default Services, LLC. Notice To Property Owner: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (877) 440-4460 or visit this Internet Web site https://mkconsultantsinc.com/trustees-sales/, using the file number assigned to this case 21-4912. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Notice To Tenant: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (877) 440-4460, or visit this internet website https://mkconsultantsinc.com/trustees-sales/, using the file number assigned to this case 21-4912 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: 3/28/2022 Prestige Default Services, LLC 1920 Old Tustin Ave. Santa Ana, California 92705 Questions: 949-427-2010 Sale Line: (877) 440-4460 Briana Young, Trustee Sale Officer Published: 4/14, 4/21, 4/28

T.S. No. 21002440-1 CA APN: 180-192-61-00 **NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 06/20/2002. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.** A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: **EDWIN BELL** Duly Appointed Trustee: **ZBS Law, LLP** Deed of Trust Recorded on **06/27/2002**, as Instrument No. **2002-0542813** of Official Records of **San Diego County, California**. Date of Sale: **05/06/2022 at 09:00 AM** Place of Sale: **Entrance of the East County Regional Center, East County Regional Center, 250 E. Main Street, El Cajon, CA 92020** Estimated amount of unpaid balance and other charges: **\$240,700.84** Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt owed. Street Address or other common designation of real property: **1357 BARBARA DRIVE VISTA, CA 92084** Described as follows: As more fully described on said Deed of Trust. A.P.N.#.: **180-192-61-00** The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call **(855) 976-3916** or visit this Internet Web site **www.auction.com** using the file number assigned to this case **21002440-1 CA**. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call **(855) 976-3916** or visit this Internet Web site **https://tracker.auction.com/sb1079** using the file number assigned to this case **21002440-1 CA** to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Dated: **04/04/2022ZBS Law, LLP, as Trustee 30 Corporate Park, Suite 450 , Irvine, CA 92606 For Non-Automated Sale Information, call: (714) 848-7920 For Sale Information: (855) 976-3916 or www.auction.com Rick Mroczek, Trustee Sale Officer** This office is enforcing a security interest of your creditor. To the extent that your obligation has been discharged by a bankruptcy court or is subject to an automatic stay of a bankruptcy, this notice is for informational purposes only and does not constitute a demand for payment or any attempt to collect such obligation. EPP 34320 Pub Dates 04/14, 04/21, 04/28/2022

NOTICE OF A PUBLIC HEARING OF THE FALLBROOK REGIONAL HEALTH DISTRICT

NOTICE IS HEREBY GIVEN that a public hearing will be held before the **Fallbrook Regional Health District Board of Directors** on May 11, 2022, at 6:00 p.m. at a regularly scheduled and noticed Board meeting. At the public hearing, the Board of Directors will consider a draft District budget for the fiscal year 2022-2023. Notice of the meeting will be posted on the District's website at least 72-hours prior at <https://www.fallbrookhealth.org>.

A copy of the draft budget will also be available on the District website at least 10 days prior to May 11, 2022. If you have any questions, please call the District office at (760) 731-9187.

Published April 21, 28, 2022

NOTICE OF TRUSTEE'S SALE UNDER DEED OF TRUST Loan No.: YE RESS Order No.: 2021-78074 A.P. NUMBER 102-180-91-00 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 08/30/2017, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NOTICE IS HEREBY GIVEN, that on 05/09/2022, at 10:00AM of said day, At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020, RESS Financial Corporation, a California corporation, as duly appointed Trustee under and pursuant to the power of sale conferred in that certain Deed of Trust executed by ALBERT ZHUO YE, A MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY recorded on 09/08/2017, in Book N/A of Official Records of SAN DIEGO County, at page N/A, Recorder's Instrument No. 2017-0414273, by reason of a breach or default in payment or performance of the obligations secured thereby, including that breach or default, Notice of which was recorded 12/23/2021 as Recorder's Instrument No. 2021-0864385, in Book n/a, at page n/a, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH, lawful money of the United States, evidenced by a Cashier's Check drawn on a state or national bank, or the equivalent thereof drawn on any other financial institution specified in section 5102 of the California Financial Code, authorized to do business in the State of California, ALL PAYABLE AT THE TIME OF SALE, all right, title and interest held by it as Trustee, in that real property situated in said County and State, described as follows: Portion of SW 1/4 of SW 1/4 of SECT 5, TVNSHP 9 S, Range 3 W, SBB&M. Commencing at NW corner of SW 1/4 of SW 1/4 of SECT 5, Along W line of SECTS, S 01°23'07" W, 127.30 FT to true point of beginning, N 46°13'17" E, 90.38 FT, N 73°03'17" E 196.24 FT to NE line of SW 1/4 of SW 1/4, Distant S 88°16'20" E, 260 FT from NW corner of SW 1/4 of SW 1/4; Along N line S 88°16'20" E, 242.70 FT; S 05°36'17" E, 128.60 FT; S 01°44'03" W, 190.00 FT; S 15°24'43" W, 111.27 FT; N 88°36'53" W, 480.23 FT to the W line of SW 1/4 of SW 1/4 of SECT 5; Along W line of SECT 5, N 01°23'07" E, 301.24 to true point of Beginning. Refer to Deed of Trust for complete Legal Description. The street address or other common designation of the real property hereinabove described is purported to be: 40745 VIA RANCHITOS, FALLBROOK, CA 92028. The undersigned disclaims all liability for any incorrectness in said street address or other common designation. Said sale will be made without warranty, express or implied regarding title, possession, or other encumbrances, to satisfy the unpaid obligations secured by said Deed of Trust, with interest and other sums as provided therein; plus advances, if any, thereunder and interest thereon; and plus fees, charges, and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of said obligations at the time of initial publication of this Notice is \$64,195.16. In the event that the deed of trust described in this Notice of Trustee's Sale is secured by real property containing from one to four single-family residences, the following notices are provided pursuant to the provisions of Civil Code section 2924f: NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee's sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this Internet Website www.nationwideposting.com, using the file number assigned to this case 2021-78074. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not be immediately reflected in the telephone information or on the Internet Website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (916) 939-0772, or visit this internet website <http://www.nationwideposting.com/>, using the file number assigned to this case 2021-78074 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Dated: 03/31/2022 RESS Financial Corporation, a California corporation, as Trustee By: GRACE GROVES, TRUSTEE SALE OFFICER 1780 Town and Country Drive, Suite 105, Norco, CA 92860-3618 (SEAL) Tel.: (951) 270-0164 or (800)343-7377 FAX: (951)270-2673 Trustee's Sale Information: (916) 939-0772 or www.nationwideposting.com NPP0400673 To: VILLAGE NEWS INC 04/14/2022, 04/21/2022, 04/28/2022

T.S. No.: **2021-01111**
APN: **183-422-04-00**
Property Address: **1302 MONDAVI CIRCLE VISTA CA 92081**

NOTICE OF TRUSTEE'S SALE
YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 2/7/2020. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale.

Trustor: **STEVEN R RUTKOWSKI, an unmarried man**
Duly Appointed Trustee: **NESTOR TRUSTEE SERVICES, LLC**
Deed of Trust Recorded **2/13/2020 as Instrument No. 2020-0073510 in Book – Page – of**
Official Records in the office of the Recorder of **San Diego County, California**
Date of Sale: **5/20/2022 at 9:00 AM**
Place of Sale: **Entrance of the East County Regional Center East County Regional Center, 250 E. Main Street, El Cajon, CA 92020** Amount of unpaid balance and other charges: **\$674,212.11**
Street Address or other common designation of real property: **1302 MONDAVI CIRCLE VISTA CA 92081 A.P.N.: 183-422-04-00**

The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 793-6107 or visit this Internet Web site www.auction.com, using the file number assigned to this case 2021-01111. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANTS: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (800) 793-6107 or visit this internet website www.auction.com, using the file number assigned to this case 2021-01111 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase.

Date: 4/19/2022 **NESTOR TRUSTEE SERVICES, LLC**
2850 Redhill Avenue, Suite 240
Santa Ana, California 92705

Carrie Gregg, Senior Trustee Sale Officer

EPP 34340 4/28, 5/5, 5/12/2022

LEGALS

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9007903
Name of Business
THE SWEET SICILIAN
31507 Mountain Way, Bonsall, CA 92003
Mailing address: PO Box 813, Bonsall, CA 92003
County: San Diego
This business is registered by the following:
Dianne Branche, 31507 Mountain Way, Bonsall, CA 92003
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Apr 05, 2022
LEGAL: 5805
PUBLISHED: April 14, 21, 28, May 5, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9007957
Name of Business
THE SPELLING STUDIO
4755 San Jacinto Terrace, Fallbrook, CA 92028
Mailing address: 4755 San Jacinto Terrace, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Margaret Nelson, 4755 San Jacinto Terrace, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Apr 05, 2022
LEGAL: 5806
PUBLISHED: April 14, 21, 28, May 5, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9007301
Name of Business
LAMP DOCTOR
307 Festival Dr., Oceanside, CA 92057
Mailing address: 307 Festival Dr., Oceanside, CA 92057
County: San Diego
This business is registered by the following:
Maricruz Tillotson, 307 Festival Dr., Oceanside, CA 92057
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 07/01/2011
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Mar 28, 2022
LEGAL: 5807
PUBLISHED: April 14, 21, 28, May 5, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9007302
Name of Business
SCRIBBLES
307 Festival Dr., Oceanside, CA 92057
Mailing address: 307 Festival Dr., Oceanside, CA 92057
County: San Diego
This business is registered by the following:
Maricruz Tillotson, 307 Festival Dr., Oceanside, CA 92057
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 11-15-2011
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Mar 28, 2022
LEGAL: 5808
PUBLISHED: April 14, 21, 28, May 5, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9007623
Name of Business
ROWAN + CHARLIE
3419 Medici Way, Oceanside, CA 92056
County: San Diego
This business is registered by the following:
Sara Mackenzie, 3419 Medici Way, Oceanside, CA 92056
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Mar 30, 2022
LEGAL: 5809
PUBLISHED: April 14, 21, 28, May 5, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9007919
Name of Business
JW MECHANICAL
814 Pizzo Lane, Fallbrook, CA 92028
Mailing address: same
County: San Diego
This business is registered by the following:
John Edward Webster Jr, 814 Pizzo Lane, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 1/31/2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Apr 05, 2022
LEGAL: 5810
PUBLISHED: April 14, 21, 28, May 5, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9005984
Name of Business
CROOKED CUTS WOODWORK
736 Barsby Street, Vista, CA 92084
Mailing address: Same
County: San Diego
This business is registered by the following:
a. Marco Antonio Weston, 736 Barsby Street, Vista, CA 92084
b. Lyndsey Nicole Weston, 736 Barsby Street, Vista, CA 92084
This business is conducted by a Married Couple
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Mar 10, 2022
LEGAL: 5811
PUBLISHED: April 14, 21, 28, May 5, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9008177
Name of Business
H & H AVOCADO, INC
18436 Hwy 76, Pauma Valley, CA 92061
Mailing address: PO Box 726, Pauma Valley, CA 92061
County: San Diego
This business is registered by the following:
H & H Avocado, Inc, 18436 Hwy 76, Pauma Valley, CA 92061
This business is conducted by a Corporation
This Corporation is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of 02/05/2021
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Apr 06, 2022
LEGAL: 5812
PUBLISHED: April 14, 21, 28, May 5, 2022

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9006980
Name of Business
a. VALLEY PET PARLOR
b. CATHY'S CANINE & FELINE
719 E. Valley Parkway, Escondido, CA 92025
County: San Diego
This business is registered by the following:
Patricia Salmeron, 4028 Pala Road, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 06/30/2021
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Mar 23, 2022
LEGAL: 5799
PUBLISHED: April 7, 14, 21, 28, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9007423
Name of Business
CARE FREE POOLS
2438 Gum Tree Lane, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Timothy J. Springer, 2438 Gum Tree Lane, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 3-28-2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Mar 29, 2022
LEGAL: 5801
PUBLISHED: April 7, 14, 21, 28, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9007486
Name of Business
CLINK AND CAKE
777 6th Avenue Unit 327, San Diego, CA 92101
Mailing address: 777 6th Avenue Unit 327, San Diego, CA 92101
County: San Diego
This business is registered by the following:
Sara Bacon, 777 6th Avenue Unit 327, San Diego, CA 92101
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 03/19/2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Mar 29, 2022
LEGAL: 5802
PUBLISHED: April 7, 14, 21, 28, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9006981
Name of Business
NEXT LEVEL GROOMING
721 E. Valley Parkway, Escondido, CA 92025
Mailing address: 4439 Ave. Del Gado, Oceanside, CA 92057
County: San Diego
This business is registered by the following:
Jaime E. Manriquez-Soto, 4439 Ave. Del Gado, Oceanside, CA 92057
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 3/23/2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Mar 23, 2022
LEGAL: 5803
PUBLISHED: April 7, 14, 21, 28, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9007753
Name of Business
THE FALLBROOK COLLECTIVE
131 E. Fig St. Ste 5, Fallbrook, CA 92028
Mailing address: 131 E. Fig St. Ste 5, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Lindsay Ann Case, 131 W. View St., Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of April 1, 2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Apr 04, 2022
LEGAL: 5804
PUBLISHED: April 7, 14, 21, 28, 2022

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case Number: 37-2022-00013234-CU-PT-NC
TO ALL INTERESTED PERSONS
Petitioner:
SAVANNAH SAGE ROBINSON on behalf of the JASPPYN A. HERRERA
Present Name:
JASPPYN ALEXANDER HERRERA
Proposed Name:
JASPPYN COOPER ROBINSON

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.*

NOTICE OF HEARING
Date: 5/24/22 Time: 8:30 AM Dept: 25
The address of the court is 325 S. Melrose Dr., Vista, CA 92081

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News

NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE.

The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120).

If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to the petitioner.

If all requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions.

If a timely objection is filed, the court will set a remote hearing date and contact the parties by mail with further directions.

A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified date. The court will notify the parties by mail of a future remote hearing date.
Any Petition for the name change of a minor that is signed by only one parent must have this Attachment served along with the Petition and Order to Show Cause, on the other non-signing parent, and proof of service must be filed with the court.

Date: APR 08 2022 Signed: James E. Simmons, Jr., Judge of the Superior Court.
LEGAL: 5816
PUBLISHED: April 14, 21, 28, May 5, 2022

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9007690
Name of Business
VISTA TREE FARMS
825 Poinsettia Ave, Vista, CA 92081
Mailing address: 825 Poinsettia Ave, Vista, CA 92081
County: San Diego
This business is registered by the following:
a. Kenneth M. Humphreys, 825 Poinsettia Ave, Vista, CA 92081
b. Patricia D. Humphreys, 825 Poinsettia Ave, Vista, CA 92081
This business is conducted by a Married Couple
Registrant first began to transact business under the fictitious name listed above as of May 12, 1988
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Apr 01, 2022
LEGAL: 5817
PUBLISHED: April 21, 28, May 5, 12, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9006855
Name of Business
a. MELISSA'S MOBILE DOG GROOMING
b. MELISSA'S MOBILE DOG AND CAT GROOMING
437 Stephens Port, Fallbrook, CA 92028
Mailing address: 437 Stephens Port, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
a. Melissa Lee Smith, 437 Stephens Port, Fallbrook, CA 92028
b. Robin Andrew Smith, 437 Stephens Port, Fallbrook, CA 92028
This business is conducted by a Married Couple
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Mar 22, 2022
LEGAL: 5818
PUBLISHED: April 21, 28, May 5, 12, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9007927
Name of Business
PERFORMANCE K9 TRAINING
30924 Mission Road, Bonsall, CA 92003
Mailing address: 279 Del Valle Drive, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Performance K9 Training, Inc., 279 Del Valle Drive, Fallbrook, CA 92028
This business is conducted by a Corporation
This Corporation is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of 6/1/2019
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Apr 05, 2022
LEGAL: 5813
PUBLISHED: April 14, 21, 28, May 5, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9007729
Name of Business
a. STAGED HOMES REAL ESTATE
b. LEGACY LAND PRO
636 Ora Avo Dr, Vista, CA 92084
Mailing address: same as above
County: San Diego
This business is registered by the following:
Staged Homes Real Estate, Inc, 636 Ora Avo Dr, Vista, CA 92084
This Corporation is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of 3/01/2005
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Apr 01, 2022
LEGAL: 5814
PUBLISHED: April 14, 21, 28, May 5, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9007728
Name of Business
a. ACE INTERNATIONAL
b. THREE STRANDS PRODUCTIONS
636 Ora Avo Dr, Vista, CA 92084
Mailing address: same as above
County: San Diego
This business is registered by the following:
Ace International, 636 Ora Avo Dr, Vista, CA 92084
This Corporation is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of 6-01-1999
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Apr 01, 2022
LEGAL: 5815
PUBLISHED: April 14, 21, 28, May 5, 2022



“As a consistent advertiser in the Village News & Valley News for many years, I've been working with my ad representative Michele Howard for a long, long time. She is very knowledgeable about the communities served by her newspapers, and always has fresh ideas about how to attract, and keep, new business. Looking at my advertising budget, her newspapers stand out as the best ad buy I can make.”

– James C. Alvord, Attorney at Law

Call 760-723-7319 to advertise!

The Fallbrook/Bonsall
Village News
or email
sales@reedermedia.com
www.villagenews.com

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9008559
Name of Business
SAN DIEGO COUNTY CATERING CO.
3995 Saint Agnes Ct., San Diego, CA 92130
Mailing address: 3995 Saint Agnes Ct., San Diego, CA 92130
County: San Diego
This business is registered by the following:
Southern California Culinary Group, LLC, 3995 Saint Agnes Ct., San Diego, CA 92130
This business is conducted by a Limited Liability Company
This LLC is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Apr 12, 2022
LEGAL: 5819
PUBLISHED: April 21, 28, May 5, 12, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9005509
Name of Business
a. WATER WORLD POOL SERVICE
b. AARONS POOL SERVICE
5220 Alamosa Park Dr, Oceanside, CA 92057
Mailing address: PO Box 3274, Vista, CA 92085
County: San Diego
This business is registered by the following:
Stanley Aaron Dziarnowski, 5220 Alamosa Park Dr, Oceanside, CA 92057
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 03/07/2013
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Mar 20, 2022
LEGAL: 5820
PUBLISHED: April 21, 28, May 5, 12, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9008303
Name of Business
BEAUTY POWER BY LELE
4873 Lake Park Place, Fallbrook, CA 92028
Mailing address: 4873 Lake Park Place, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
a. Leena Ehrary, 4873 Lake Park Place, Fallbrook, CA 92028
b. Ahmad Ehrary, 4873 Lake Park Place, Fallbrook, CA 92028
This business is conducted by a Married Couple
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Apr 07, 2022
LEGAL: 5821
PUBLISHED: April 21, 28, May 5, 12, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9008715
Name of Business
VANILLI'S
4933 Santa Cruz Ave., San Diego, CA 92107
County: San Diego
This business is registered by the following:
Camilla Ryan, 4933 Santa Cruz Ave., San Diego, CA 92107
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of n/a
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Apr 13, 2022
LEGAL: 5822
PUBLISHED: April 21, 28, May 5, 12, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9007843
Name of Business
a. BONSTALL REALTY
b. PALA MESA REALTY
9651 Nutby Lane, Escondido, CA 92026
Mailing address: 9851 Nutby Lane, Escondido, CA 92026
County: San Diego
This business is registered by the following:
a. Jill Marie Thorburn, 9851 Nutby Lane, Escondido, CA 92026
b. David Keith Thorburn, 9851 Nutby Lane, Escondido, CA 92026
This business is conducted by a Married Couple
Registrant first began to transact business under the fictitious name listed above as of 02/03/2017
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Apr 04, 2022
LEGAL: 5823
PUBLISHED: April 21, 28, May 5, 12, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9007844
Name of Business
a. THORBURN & ASSOCIATES
b. BONSTALL REAL ESTATE
9651 Nutby Lane, Escondido, CA 92026
Mailing address: 9851 Nutby Lane, Escondido, CA 92026
County: San Diego
This business is registered by the following:
a. David Thorburn, 9851 Nutby Lane, Escondido, CA 92026
b. Jill Marie Thorburn, 9851 Nutby Lane, Escondido, CA 92026
This business is conducted by a Married Couple
Registrant first began to transact business under the fictitious name listed above as of 2/25/2015
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Apr 04, 2022
LEGAL: 5824
PUBLISHED: April 21, 28, May 5, 12, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9007845
Name of Business
a. ROD LOUVERS COM
b. NUTBY FARMS
9651 Nutby Lane, Escondido, CA 92026
Mailing address: 9851 Nutby Lane, Escondido, CA 92026
County: San Diego
This business is registered by the following:
a. David Thorburn, 9851 Nutby Lane, Escondido, CA 92026
b. Jill Marie Thorburn, 9851 Nutby Lane, Escondido, CA 92026
This business is conducted by a Married Couple
Registrant first began to transact business under the fictitious name listed above as of 2/03/2017
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Apr 04, 2022
LEGAL: 5825
PUBLISHED: April 21, 28, May 5, 12, 2022

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9008300
Name of Business
FLOWER 9
4559 Beverly Glen Dr., Oceanside, CA 92056
Mailing address: 4559 Beverly Glen Dr., Oceanside, CA 92056
County: San Diego
This business is registered by the following:
Loan Kim Choy, 4559 Beverly Glen Dr., Oceanside, CA 92056
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Apr 07, 2022
LEGAL: 5826
PUBLISHED: April 28, May 5, 12, 19, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9009312
Name of Business
KM CREATIVE SOLUTIONS
3946 S. Mission Rd, Fallbrook, CA 92028
Mailing address: same as above
County: San Diego
This business is registered by the following:
Karla Kay Majewski, 3946 S. Mission Rd, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 04/21/2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Apr 21, 2022
LEGAL: 5827
PUBLISHED: April 28, May 5, 12, 19, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9008654
Name of Business
UNFOLD HISTORY
4908 Conejo Road, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Skyler Evans, 4908 Conejo Road, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of n/a
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Apr 12, 2022
LEGAL: 5828
PUBLISHED: April 28, May 5, 12, 19, 2022

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2022-9009426
Name of Business
a. GO ALKALINE
b. GO KALKALINE H2O
3840 Oceanic Dr., Suite 507, Oceanside, CA 92056
Mailing address: 3840 Oceanic Dr., Suite 507, Oceanside, CA 92056
County: San Diego
This business is registered by the following:
Motion Franchising, LLC, 3840 Oceanic Dr., Suite 507, Oceanside, CA 92056
This business is conducted by a Limited Liability Company
This LLC is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Apr 22, 2022
LEGAL: 5829
PUBLISHED: April 28, May 5, 12, 19, 2022

Change of Name

AMENDED ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case Number: 37-2022-00014628-CU-PT-NC
TO ALL INTERESTED PERSONS

Petitioner:
BEATRICE *IRENE (*middle name) DEBROSSE-SERRA
Present Name:
DEBROSSE – SERRA, BEATRICE *IRENE (*middle name)
Proposed Name:

TOTH, BEATRICE *IRENE (*middle name)
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.*

NOTICE OF HEARING
Date: 6/7/22 Time: 8:30 AM Dept: 25
The address of the court is 325 S. Melrose Dr., Vista, CA 92081

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News

NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE.

The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120).

If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to the petitioner.

If all requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions.

If a timely objection is filed, the court will set a remote hearing date and contact the parties by mail with further directions.

A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified date. The court will notify the parties by mail of a future remote hearing date.

Date: APR 22 2022 Signed: James E. Simmons, Jr., Judge of the Superior Court.
LEGAL: 5830
PUBLISHED: April 28, May 5, 12, 19, 2022



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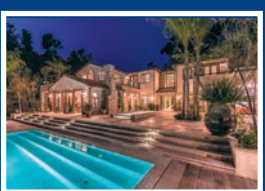
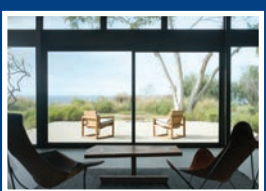
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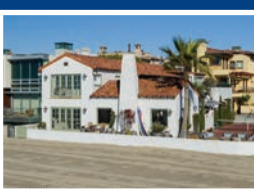
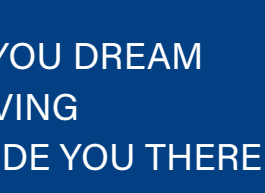
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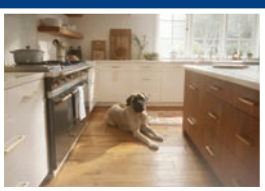
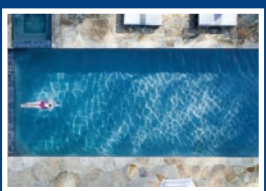
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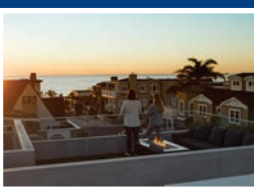
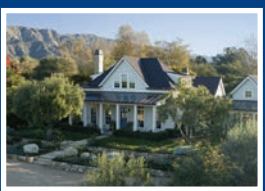
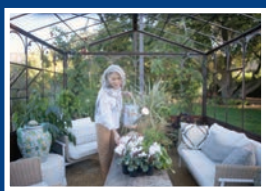
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