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March 14, 2024

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Volume 28, Issue 11

FUHS students take firsts in speech

FALLBROOK – Four Fallbrook Union High School students participated in Region 9 Migrant Ed Speech Tournament, Saturday, March 9. Julio Tovar won first place and Juliana Maldonado won second place in the Prepared Speech. Adalinda Padilla won first place for Extemporaneous Speech. Teacher Cesar Rodriguez worked hard to prepare these students for this competition. Tovar and Padilla will be representing Region 9 Migrant Education at the State Speech and Debate Tournament in Monterey, California on May 4.

Submitted by the FUHS Migrant Education Program.

Participating in the Region 9 Migrant Ed Speech Tournament are, from left, teacher Cesar Rodriguez and students Julio Tovar, Adalinda Padilla, Juliana Maldonado and, in front, Maria Matias.

Village News/Courtesy photo



High schoolers shine as Students of the Month

Christine Eastman
Special to the Village News

North Coast Church hosted the Fallbrook Union High School District’s Students of the Month celebration, Thursday, March 7, launching us into the spring season. This month’s teenagers didn’t disappoint as usual, with shining stars Christopher De La Cruz from Ivy High School, Alexa Moya, Meadow Sander and Susie Urrutia from Fallbrook High School. Here are a few character highlights from this month’s super stellar students:

Fallbrook High School
Alexa Moya (nominated by Adriana Lopez and Anna Haskell)
With an impressive 3.9 GPA, Moya and her family are very proud, her mom being a counselor at FHS. Says another of her mentors, Lopez, “Alexa is a remarkable student – definitely a do-er. She has taken the initiative and the advantage of doing a year’s worth of college level prep courses at Palomar College through the high school’s enterprising program.” Adds one of Moya’s English teachers, “She is a unique student who struggled with ESL and – without ever being asked – always helps out the other kids who are struggling because that’s just who she is. She wants everyone to have equal academic advantages.” Meadow Sander (nominated by FHS teacher Cody Chavez)
With a 3.8 GPA and ruler of all things music and community service, nominating teacher Chavez said, “Meadow is the ultimate stand-out student and exemplifies what a Student of the Month is.” Whether it be band, JROTC, rugby, cyber security, Fallbrook Food Pantry and Fallbrook Animal Sanctuary do-gooder, Sander is a force to be reckoned with and is influencing our community in a big way. Chavez said, “Since her first day in my class, she asked the most challenging questions and I’d say, ‘Meadow, that’s above my pay grade, but I’m going to find out and get back to you.’” Sander said she wants to pursue a career in environmental science due to Chavez’s influence, with a secondary eye on aviation. Susie Urrutia (nominated by FHS teacher Marin Pinnell and Anna Haskell)
With a stellar 4.1 GPA and many AP and International Baccalaureate



classes under her belt, Urrutia manages to continue a serious dance program at North Coast Academy of Dance as both a student and instructor, as well as being a Dance Team Captain and vacation bible school volunteer at one of our local churches. Pinnell said oh-so-eloquently of Urrutia, “She is like a ballet pointe shoe. The shoe is dedicated to the wearer, and works to support the whole body – like Susie does for the Fallbrook High School body.” Adds her long-time instructor/owner Cassandra at NCAD, “Her mind is like a steel trap – you can throw anything at her and it sticks like glue. You never have to repeat yourself...she’s amazing that way.”
Ivy High School
Christopher De La Cruz (nominated by Jaime Miramontes and Principal Lauren Gardiner)
It’s been said that school isn’t for everyone. De La Cruz came by this honestly. He wasn’t feeling it. He’d lost his love of learning and didn’t want to go past eighth grade with all the challenges he’d faced. But something motivated this amazing kid to go from coming to Ivy High School with barely enough academic credits to count on one hand to powering through to graduate on track, having logged approximately 60 credits which means cramming approximately four years of high school into two

Boot Drive to benefit burn survivors



North County Fire Senior Explorer Cadets Christopher Salas, left, and Joey Miramontes, both going on three years volunteer service, are out promoting and collecting donations for the Boot Drive, March 7. See more photos on page A-7

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VILLAGE NEWS

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ANNOUNCEMENTS

The deadline for all announcements and press releases is Friday, 3 p.m. Email to villageeditor@reedermedia.com.

Short film on women’s rights to be shown in Fallbrook



The short Village News/Courtesy photo film “Women Talk: Women of History” features figures created by artist BJ Lane including Eleanor Roosevelt, left, and Harriet Tubman.

FALLBROOK – The Quad Collaborative presents a historic short film crafted by noted artists and creatives of the Fallbrook community inspired by local

organizations AAUW, Fallbrook Scarecrow Days and the art/artistry of BJ Lane. The 2021 documentary short, “Women Talk: Women of History,” will be followed by a talented expert panel, Saturday, March 23, 2:30-4:30 p.m. at the Fallbrook Public Library Community Room. The event is free and includes light refreshments. This short film discusses the role of undersung women she-roes through time. The documentary was created during the pandemic to keep informed on the status of women’s rights. There will be a talk back with the expert panel from noted women in the worlds of human rights, journalism, theatre and government affairs discussing how far women have come and how much farther women have to go in their march for equality.

Submitted by Nancy Heins-Glaser.

Avocado Festival to take place April 21



The Avocado Festival fills Main Avenue with vendors and visitors; this year the event is on April 21, from 9 a.m. to 5 p.m. Village News/Courtesy photo

FALLBROOK – Spring is just around the corner and so is the Fallbrook Avocado Festival. Time to mark the calendar for the 37th annual event on Sunday, April 21, from 9 a.m. to 5 p.m. Over 450 vendors will line Main Avenue and cross streets from East Mission to Fallbrook Street, featuring avocado-themed products, foods, and specialty goods. Holy Guacamole will once again offer their signature chips and guacamole, and other food vendors will be in place with a large variety of delicious dishes to serve to the large group of festival goers expected for the day. There will be shopping galore,

with booths featuring unique crafts, jewelry, bath and body products, clothing and so much more. Fallbrook’s agricultural heritage will be evident in the festival’s Farmers Market, which will feature avocados, a variety of locally grown fruits and vegetables, as well as gorgeous flowers, plants, and herbs. The Artisan Walk on Alvarado features local handmade artisan goods and foods. Live entertainment and fun activities will also be offered for just about all age groups. The Main Stage inside the Beer and Wine Garden, as well as the Community Stage, will offer local musicians,

various types of performances and several contests. Sign up at the chamber for Best-dressed Avocado, the Avo 500, Best Tasting Guacamole, Best Guacamole Presentation, Little Mr. and Miss Fallbrook, the new Avocado Holding Competition and Awesome Avocado Attire Contest. Shuttles will be available to transport people to the festival site quickly and smoothly. Check the website for shuttle stops, parking and more information on www.fallbrookchamberofcommerce.org or call the chamber at 760-728-5845. Submitted by the Fallbrook Chamber of Commerce.

Chipping Day to be held March 16



Residents can take brush, branches and other cut vegetation to the Chipping Day site at Alturas Road and W. Aviation Road, March 16. Village News/Courtesy photo

FALLBROOK – The Fallbrook Fire Safe Council is sponsoring another “chipping day” event on Saturday, March 16, from 7:30 a.m. to 1:30 p.m. on the property at the east side of the intersection of Alturas Road and W. Aviation Road. This event is open to all residents in the Fallbrook, Bonsall, Rainbow and DeLuz communities. Material that will be accepted for chipping includes branches, (less than six inches in diameter), trimmed brush, palm branches

and other cut vegetation. Brush must be free of mud, rocks and other debris. No tree stumps will be accepted. No commercial landscaping companies will be allowed to participate. Volunteers will be at the site to assist in the unloading of vehicles. The material will be chipped into a container provided by EDCO Disposal Services and will not be available to the public. Submitted by Fallbrook Fire Safe Council.

Garden club presents ‘Inside Plants’



Heddy Salerno will present the program at the garden club’s March 26 meeting.



Inside Plants supplies all kinds of indoor plants.

FALLBROOK – Heddy Salerno, Chief Decision Maker at Inside Plants, will be the guest speaker at the Fallbrook Garden Club’s March 26 general meeting.

Inside Plants is an award-winning interior plantscaping company. Salerno’s 45-year-old company supplies live and artificial plants, plant maintenance, holiday décor, living walls and moss wall art to commercial and residential communities throughout Southern California, with clients in Arizona, Nevada, and Washington. Her main office and warehouse are in Corona and her showroom is in Palm Springs, where she lives. In 2004, Salerno received her NALP Certified Landscape Technician-interior certification. She was the education chairperson for the Plantscape Industry Alliance for four terms and was instrumental in bringing technical

training classes to the entire United States. She was also one of their educators for over six years and still teaches privately to other interior plant maintenance companies. General meetings are held at the Fallbrook Community Center, 341 Heald Lane, social time at 12:30 p.m.; business meeting at 1 p.m. and the program at 2 p.m. Guests are welcome and are asked to stop by the Membership Table for a guest name tag. For further information relating to the club and its activities visit www.fallbrookgardenclub.org. Submitted by the Fallbrook Garden Club.

Free St. Patrick’s Day Celebration

Sunday • March 17 • 2–5pm

Presented by Christ Church

2000 Reche Rd, Fallbrook (Behind Living Waters)

Live Music
Bluegrass & Irish

Event includes a Free Corned Beef & Cabbage Dinner & Hot Dogs for those who don’t like Corned Beef. Plus a Bounce House, Face Paint, Leprechaun’s Treasure Hunt and Photo Ops with St Patrick! Irish Stew Cook-Off with Other Churches - Vote for your Favorite!

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the village beat

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3904 Limber Pine, Fallbrook

Reconsider your plans for a Hawaiian vacation because a lush, private oasis awaits you in this beautiful, spacious, single-level, 4BD, 4BA, 3907 sf corner lot home in the highly sought after community of Sycamore Ranch in South Fallbrook, home of the Golf Club of California. Spectacular 180° views of the San Luis Rey valley and surrounding hills, and magnificent sunsets as well. Great curb appeal, with gated entry, and double entry/exit driveway. After walking among the highly manicured front yard, and before entering the home, one travels through the heavy, double doors into a large, private courtyard, complete with a massive lighted fountain. Kitchen boasts two pantries.

Offered at \$1,698,747

Ken's Corner

We have several new listings coming up and we will be hosting open houses in the upcoming weeks to enhance the availability to see them. The inventory is very low, and we truly have more buyers than properties to present to them. If you are thinking of selling anytime soon.. NOW is the time! We would love to talk to you and we can show you first hand how we sell get our listings sold FASTER for our sellers and generally FOR MORE MONEY! We would love to sit down and talk with you about your real estate goals!

AT YOUR SERVICE! – Ken

Business Spotlight



Rawhide Ranch
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760-758-0083
www.rawhideranch.com

Morro Hills Area

FOR SALE





158 Calle Linda, Fallbrook

Nestled down a quiet street in the Morro Hills area of Fallbrook, you will find this charming one level home and detached guest house. Enjoy all of the benefits of quiet, serene country living and an amazing 2.53 ac parcel. There is paid solar as well as a Hunter Hydra-wise wi-fi irrigation system for efficient watering. Enjoy your own private pool and spa at your leisure. Your guests will enjoy being in the detached guest house as it is also quick access to the pool. The lot is studded with magnificent Oak Trees as well as an established vineyard of approx. 800 vines including Chardonnay, Cabernet, Merlot and more varieties. There is a convenient side entrance to the yard as well as access to the lower portion.

Offered at \$1,598,747

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3307 Mendenaro Ct, Fallbrook

Welcome to your coveted one level golf course home located in Sycamore Ranch neighborhood in Fallbrook. Relaxing views through the trees and the greens of The California Golf Club and to the easterly mountains beyond. Loaded with amenities you would want including dramatic entry courtyard, Large primary bedroom with a separate retreat area and dual walk-in closets. Every bedroom includes it's own bathroom. Dramatic fireplace in the family room adjoining the well appointed kitchen. Outside, you will find multiple areas to relax and unwind with the courtyard, back covered patio area and also a separate retreat area off one bedroom. Convenient location close to commuter routes.

Offered at \$1,698,747

Sharon's Corner

The "Spring Real Estate Market" is going strong with heavy attendance at Open Houses and early offers from Buyers keeping time on market short and sweet for our Seller's. We can give you key pricing data to obtain the highest and best market price for your home. Having an experienced agent WILL make a difference in your transaction. There are many moving parts that can increase or decrease your profit margin - we can navigate that to your advantage.

Give us a call to talk about your home and what we can and will do for you!!

LET'S TALK! – Sharon

Charity Spotlight



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MARCH 15 • 6PM
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You are cordially invited to attend this year's gala! Our speaker is Heather Gemmen, best known for her memoir *Startling Beauty*. The Gala is free to all. Please consider being a Gala Sponsor. Call 760-728-4105 x 11.

Register at:
www.hopefallbrook.com/Get-Involved/Hope-Events

OPINION

WPATH report shows failure to prioritize long-term outcomes

Julie Reeder
Publisher

Mia Hughes, a researcher at Environmental Progress, has released a 250-page report following the revelation of leaked files from the World Professional Association for Transgender Health (WPATH). It appears a seismic shift in the perception of “gender-affirming care” is imminent.

The documents, now publicized by the think tank Environmental Progress, cast a long shadow over what has been considered progressive and compassionate healthcare for transgender individuals, including children. These files are rife with discussions of improvisational treatments and point out a glaring absence of informed consent, challenging the very foundation of ethical medical practice.

It appears that “gender-affirming” care is more influenced by activism, culture, and political correctness than by science.

At the heart of this controversy is the acknowledgment by WPATH members that the ramifications of gender-affirming treatments, especially for minors, are not fully comprehensible to the patients and, in many instances, their parents. This revelation not only undermines the principle of informed consent but also raises profound ethical questions about the treatment of vulnerable populations in the realm of gender medicine.

The case examples cited, ranging from minors undergoing life-altering surgeries to individuals with significant mental health challenges receiving hormonal treatments without adequate oversight, are particularly alarming. They suggest a systemic failure to prioritize the well-being and long-term health outcomes of patients.

The discussions around procedures such as “nullification” (cutting off perfectly good body parts) and other extreme modifications further push the boundaries of medical ethics, venturing into territories that seem more experimental than therapeutic. Many patients are left infertile and many don’t experience normal sexual function.

Women who have mastectomies as teenagers or young people and later in life decide to give birth, are unable to breast-feed their babies. The other possible long-term medical issues, such as recurring infections, tumors, and death are typically not disclosed ahead of time with the patient.

Hughes draws comparisons between current practices in transgender medicine and historical medical scandals, such as the acceptance of lobotomies and ovariectomies, the latter of which were performed to ‘cure’ what was once referred to as ‘female hysteria’.

She also compares it to a time when doctors would give hormone treatments to girls who were growing “too tall” or boys who were “too short.” These parallels draw attention to a disturbing pattern of medical interventions carried out without solid grounding

in evidence-based medicine, and many times without informed consent.

The treatments caused permanent or long-term damage and were eventually seen as a violation of the person’s rights. The long-term consequences were only fully appreciated in retrospect.

Hughes believes this period of gender transitioning medicine, which has rocketed into a hugely profitable sector of “medicine,” will be seen as one of the darkest periods in our medical history.

The WPATH Files could very well represent a moment of reckoning for the field of gender medicine, prompting a reevaluation of practices and ethical standards.

The response – or lack thereof – from the individuals named in the leaks, coupled with the internal discussions within WPATH’s forums, reveals a community at a crossroads. On one hand, they have a steadfast belief in the importance of gender-affirming care; on the other hand, a growing realization of the need for rigorous scientific scrutiny and ethical responsibility.

Journalist and best selling author Michael Shellenberger wrote, “Advocates of gender-affirming care say it’s evidence-based. But now, newly released internal files from the World Professional Association for Transgender Health (WPATH) prove that the practice of transgender medicine is neither scientific nor medical.

“The American Medical Association, The Endocrine Society, the American Academy of Pediatrics, and thousands of doctors worldwide rely on WPATH. It is considered the leading global authority on gender medicine. And yet WPATH’s internal files, which include written discussions and a video, reveal that its members know they are creating victims and not getting ‘informed consent.’

“Victims include a 10-year-old girl, a 13-year-old developmentally delayed adolescent, and individuals suffering from schizophrenia and other serious mental illnesses. The injuries described in the WPATH Files include sterilization, loss of sexual function, liver tumors, and death.

“WPATH members indicate repeatedly that they know that many children and their parents don’t understand the effects that puberty blockers, hormones, and surgeries will have on their bodies. And yet, they continue to perform and advocate for gender medicine.

“The WPATH Files prove that gender medicine is comprised of unregulated and pseudoscientific experiments on children, adolescents, and vulnerable adults. It will go down as one of the worst medical scandals in history.”

The raw files have been published in a report called “The WPATH Files: Pseudoscientific surgical and hormonal experiments on children, adolescents, and vulnerable adults”, which contains analysis by Hughes that puts the WPATH Files in the context of the best available science on gender distress, <https://environmentalprogress.org/big-news/wpath-files>

Kicking It - What to wear?



Elizabeth Youngman-Westphal
Special to The Village News

Much to my delight, the March edition of a famous lady’s fashion magazine arrived recently. Although, just like in times past, the anticipation proved greater than the issue to my disappointment.

My question is who wears this pricey stuff? For instance, this particular issue discusses the increased cost of luxury goods like the iconic Chanel quilted-flap- bag with shoulder chain. It has doubled in price since this presidency selling now for \$10,000 per. Not that it was in my budget at the previously lower price at \$5,000.00 but really? It’s now double?

Who among us would spend that much to buy a purse? I guess celebrities, royalty, and politicians. They seem to have all the money

while the rest of us are tightening our belts to afford the water bill.

Still, I wasn’t deterred from scanning the other pages to see what that select few might wear this coming spring. There are designs by Dior, Prada, Ralph Lauren, Louis Vuitton, Donna Karan, Ferragamo, Max Mara, Burberry, Dolce & Gabbana, Valentino, Miu Miu, Fendi, Jimmy Chou, and Alexander McQueen.

All in all, inside the 234 pages, there was only one pair of jeweled ballet slippers by Dior, one purse by Ralph Lauren, and one red blazer with matching pants that could be worn in public by a woman with curves. The rest of the magazine’s photos were of 14-year-old skinny pixies without an ounce of meat on their bones.

Which brings to mind, who are these international haute couture fashionistas designing for? Clearly the females wearing their designs are models so, besides these women, who else can fit in those size zeros? Or worse still, why are so many of the designs so ugly?

They either hang or drag the floor. On the flip side, is nothing sacred anymore? Like why do they keep thrusting our bosoms out in the middle of the day? Clearly “the girls” should be hidden until after 8:30 in the evening and only then exposed when draped with jewels.

It seems to me, while the fashion designers are aging along with the rest of us, I for one, haven’t seen a nod toward fashion that would flatter the adult woman. Have you? It seems all but impossible today to find a stylish outfit.

I for one have never been a dress person. To date, I only own one. It’s black and I wear it to funerals. Which, by the way, I avoid.

The fact is, I’ve always been a 3-piece person. Tops, bottoms (skirt or pants), with a vest or jacket. Mostly my selections are interchangeable.

This spring features mostly big drapey skirts with oversized blouses that have open cuffs down to the finger tips.

Oh, and worse yet, the shoes! The soles are comprised of 4-inches of solid rubber under a penny loafer upper. Walking will require placing the foot flat on the ground and then to stomp from place to place. Lest we also be prepared to twist an ankle.

Well, the good news is I cannot see anything I am willing to spend my social security check on. The jewel encrusted ballet slippers are over \$1,000, the Ralph Lauren bag more than \$800 and I choose not to dress like a big red cherry, so I’ll pass on the pants suit too.

Be sure and take a look the next time you’re at the grocery store at the spring fashion mags to see what Paris and New York are trying to get us to spend our hard-earned cash on.

Which is why many of us will continue to shop at the big-box discounters carrying past season’s merchandise or, better still, scouting out vintage selections at a good thrift store.

Elizabeth can be reached at eyoungman@reedermedia.com.

Re: Kicking It: ‘Who’s Counting?’ [Village News, Letter, 2/29/24]

Dear Elizabeth,

I appreciated your column “Who’s Counting?” and recognized myself! My mom always sent photo cards every Christmas since I was born (55 years ago). When grandbabies came along, they were included too.

I continued the tradition when my first child was born (31 years ago). A photo card of the baby, then the second baby, sometimes with the adults, sometimes without. When I got divorced and moved to another state, I made sure the kids and I were featured prominently to let everyone know we were doing okay.

One year I sent about 80 out and, in January, I got phone calls and emails concerned about me because they didn’t get a card. They were worried I was sick or otherwise not doing well. We later figured out that the cards were stolen from the public mailbox.

Grrrrr.

In 2007, my mother died unexpectedly of a brain aneurysm. When I went through her “Christmas card list,” which was essentially a recipe box full of index cards with people’s addresses on them, I saw she had jotted down the years she sent cards with a check mark if she received one back. I sent a note to all these people informing them of her death.

And I got several cards and emails saying they only interacted with her once a year (at Christmas) and how sad they would be that they would no longer get her holiday greetings and how much they enjoyed watching me, my brother, and now our children grow up.

So, I still send about 100 cards out every year, and about 30 go to my mom’s “Christmas card list.” I only got about 30 back this

year. Plus, I think the younger generation just doesn’t do it, seeing how we all see everyone’s business on social media.

But I keep doing it because I figure some people just can’t get it together to send out cards but enjoy hearing from us. One of my mom’s friends was too scattered to send them at Christmas so she sent them at New Year. Then she couldn’t even do that so she’d send “Chinese New Year” cards. She’s not Chinese, ha-ha.

My godmother (who does send a card every year), keeps all the photo cards in a photo album. 55 years of them.

Ironically, the postage costs more than the cards, am I right?

I figure, keep sending. Even if they don’t reciprocate. They brighten someone’s day. Maybe their year.

Stephanie Gaddis

Hope House will help women and children

American women are under increasing demands from their families and society at large. Women are overly represented in the demographics of violence, poverty, joblessness, homelessness, poor health, addiction and psychological illness. They are under attack from conflicting social images of sexuality, motherhood, professional life, marriage and personal responsibility.

The challenges of childbearing, child nurturing and family cohesion falls mainly to women. It is often a challenge that women tackle with insufficient personal attributes and experience. When women fail in this regard, the generational cycle of poverty, abuse, addiction, homelessness and hopelessness begins.

Hope House endeavors to break the “churn” of failed lives and lost expectations. Hope House will become the home that some women never had. The Fallbrook and Bonsall areas desperately need a local residence that can provide a secure environment where isolated pregnant women can heal deep emotional and spiritual wounds. They need the familiarity of a supportive community that will walk with them through painful personal experiences.

Hope House is a communitywide effort to house and relationally support women in difficult circumstances. We call upon the secular and faith-based domains to seek the “common good.” That is, to seek to establish the highest good for all individuals in the North County San Diego area. It is not a contractual exercise but rather a covenantal relationship to restore broken women to a contributing, edified position within our communities.

We realize that we do not achieve our highest life ideals in isolation. As long as one of us languishes in pain and brokenness, none of us can fully flourish. With the love of our Creator, we will endeavor together to restore women to fruitful, meaningful lives. They and their children will become a blessing to many.

Our mission is to provide the stability of residential care and life guidance for mothers with children, or in maternity, through personal and community involvement in their struggle. We seek to break the cycle of poverty and broken relationships in unplanned pregnancies through compassionate acts of kindness and unconditional love.

Hope House women will receive personalized as well as group care.

They will repair the brokenness of their current life while building strong personal attributes for their future. Through group interactions, they will learn to become interdependent, contributing citizens of our community. They will become assets to society, not burdens.

Women will receive restorative training in childcare, formal education, financial responsibility, nutrition/health, psychological growth, group dynamics, spiritual guidance and life skills development.

Currently we are conducting a search for a suitable residence and pursuing personal and crowd-funding financial resources. If you are interested in supporting our efforts, visit <http://hopehousefallbrook.com>, follow on Facebook @ hopehousefallbrook and donate at the GiveGoSend funding site at <https://bit.ly/4a0FDdz>.


You can also reach Hope House by email at hopehousefallbrook@gmail.com or send mail to Hope House Fallbrook, P.O. Box 1454, Fallbrook, CA 92028. Thanks for your support Fallbrook and Bonsall. Let’s bless needy women in our community that need a material safety net as well as healing relationships.

Blaine Vice, Bonnie Vice and Brad Fox

The Quad Collaborative Cordially Invites You To

The PREMIERE SCREENING of:
**WOMEN TALK:
WOMEN OF HISTORY**
*A documentary featuring undersung
women heroes through time*

**Saturday, March 23, 2024
2:20-4:30pm**
Fallbrook Library Community Room
124 South Mission Road, Fallbrook



For Questions & Information Contact
Nancy at 973-634-7329

the
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beat

Don't miss a beat on what is happening in Fallbrook,
Bonsall, Pala, De Luz and Rainbow. Whether it is breaking
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villagenews.com

Women in leadership



Assemblymember Marie Waldron
75th District

March is Women’s History Month, and it serves as an important reminder of the progress we’ve made in the past 100 years. In 1920, the 19th Amendment was ratified granting women the right to vote nationally. California had granted women the right to vote in 1911, but it wasn’t until 1918 that the first four women were elected to the Legislature. Women’s Suffrage was not a partisan issue. When the 19th Amendment passed Congress, over 80% of Republicans and

50% of Democrats supported the measure in both houses. Nor was it a male vs. female issue. In some states, including Colorado and Oklahoma, women’s suffrage was approved in elections open only to male voters. Surprisingly, no woman was elected to the California State Senate until 1976, when Rose Ann Vuich was elected to serve a rural district near Fresno. She made a habit of ringing a bell on the Senate floor when a Senator would rise and address fellow Senators as “Gentlemen,” and her election

resulted in the installation of the first women’s restroom (known as the “Rose Room”) near the Senate chambers. When I was first elected in 2012, I became the 137th woman elected to the Assembly. That year, I joined 38 newly elected freshman members of the Assembly, and over the next year, three vacancies were filled – 41 of the Assembly’s 80 members were brand new. Only about six of those remain, and at the conclusion of my term this December, I will be the only woman in the State Assembly to

serve the full 12 years allowed under California’s term limits law. We’ve come a long way since 1920, and the barriers in Sacramento that kept women from leadership positions are reduced. Women now serve at the highest levels in the Legislature, including my service as Minority Leader for three years. As wives and mothers, women bring a different and necessary perspective to the Legislature. That perspective helps guide me in my committees, and in the bills I introduce, co-author and support.

Migrant shelter in San Diego?



Supervisor Jim Desmond
5th District

Earlier this week, I stood as the lone dissenting voice against looking into a Long-Term Migrant Transfer Site and Respite Shelter in San Diego. My decision stems from a deep concern about the implications of supporting such a facility in our community. I refuse to be complicit in perpetuating a failed and broken immigration system. Accommodating the overflow of individuals crossing the border unlawfully is not a sustainable solution. Rather than addressing

the root causes of this issue, it only serves to exacerbate the dysfunction within the immigration system. Our nation has established processes for seeking asylum and legally entering the United States. However, these processes are being circumvented, leading to an unsustainable influx of migrants. It is the responsibility of the federal government to enforce existing laws and procedures rather than expecting local communities like ours to bear the burden of their shortcomings. Instead of prioritizing the safety and welfare of San Diegans, we find ourselves allocating precious time and resources to address issues caused by federal negligence, such as migrant street releases. I firmly believe that establishing additional shelters is merely a band-aid solution to a much deeper problem. The President can immediately secure the border without waiting for Congressional approval. Until such action is taken, I see no justification for spending further resources to address the consequences of federal inaction.

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Internet users: Beware of scams!

Jeff Paley
Special to the Village News

I have been using the Internet for many years via my iPhone and computer. It has been a very useful tool, however on occasion, it has been a mixed blessing, due to my falling for costly, embarrassing scams on more than one occasion. I'll cite two recent examples:

A couple of years ago, I had a "PayPal" account that I had used for many years for my online eBay sales. Since moving to Regency, I wasn't doing eBay anymore so wanted to retrieve whatever balance I had in the account. To find PayPal's contact phone number, I Googled "PayPal" and obtained (what appeared to be) their official phone number.

A gentleman answered and said he'd be happy to assist me. I just needed to follow his instructions. Over the next few hours, I dutifully followed his directions transferring monies from my bank account to various destinations he specified. He told me to call my bank to authorize them to approve the fund transfer requests that I was doing at this time, which I did.

When I questioned him about this, he said "this was just the way it had to be done if I wanted to retrieve my funds and that you will get all of your money back." When I politely suggested that this might be a scam, he replied, "hey, you're the one who called me."

I'm embarrassed now when I recall how naive and foolishly trusting I was to do what he was telling me to do. To make a long story short, after a few hours and several transfers from my bank account to his destinations (nearly wiping out my bank balance), he instructed me to call him the next morning to complete the process.

After I hung up the phone, I guess the spell was broken. I decided to call my daughter, who lives nearby, to tell her what was happening. She promptly diagnosed the situation as a scam and called my other daughter in Atlanta to fill her in. Needless to say, I had no more contact with the scammer, ignoring his many urgent phone attempts to contact me.

After my daughters and I contacted my bank, the police, etc., I closed out my bank account, opened a new one, and submitted a claim to my bank to recover my funds. The money was never recovered from the scammers.

I was fortunate to (after several months of their verifying that my claim was legitimate) recover all but \$50. I was so grateful that what could have been a catastrophe ended so satisfactorily.

The big question I had was how I was deceived when I googled "PayPal" and got a bogus site. Apparently, I should have looked at the http. address which was not the legitimate address for PayPal.

The next scam I fell for transpired as follows: I recently contacted Spectrum to provide my internet service. A couple of weeks later, I received a text message ostensibly from Spectrum informing me, as a new customer, of a special offer to cut my bill in half for the first year.

I called the contact phone number. for the details.

According to the "customer service" rep, Spectrum was partnering with Target for this special promotion. I was instructed to purchase gift cards totaling the (discounted) amount of the yearly bill with which I would then pay the first year's bill up front, now. It had to be completed, I was told, by 4 p.m. today, after which the promotion ended.

I made several attempts to purchase the cards online. Although I entered the correct info, it kept getting rejected. I tried a different card and still got rejected. The person said that I could purchase the cards at the local Target, but it had to be done by 4 p.m.

I panicked because it was already 2:30 p.m. and I had no way to get to Target. I then called my daughter, asking her to purchase the gift cards before 4 p.m. Once I explained my situation, she checked online and determined that it was a scam.

We then called the credit card companies and had my credit cards canceled since they had been compromised by my filling out the online forms with my information. Luckily we acted quickly and no money was lost. I then called the actual Spectrum number who verified that they had no such "promotion."

After being hoodwinked twice, the message "There's no fool like an old fool" kept coming into my thoughts.

After much reflection on these experiences, a few thoughts came to mind:

1. The man in the first example spoke fast and directed my actions faster than I had time to think carefully about what I was doing. I was kind of mesmerized and the "spell" was only broken when the call ended and I had a moment to collect my thoughts and apprehensions.

2. Having a degree of discomfort about the experience, it was invaluable to have a trusted knowledgeable person to call to tell what happened and get their perspective.

3. I should have been more thorough in verifying the contact information.

4. I also do not answer any phone calls in which I don't recognize the phone number. If those calls are important, they will leave a voicemail.

These scammers are highly skilled and very professional and seniors are their favorite prey. To quote Dr. David Jeremiah, a Christian minister: "Most at risk are senior citizens who lost about a billion dollars in 2020 due to online scams. A total of 105,301 people over the age of 65 were taken to the cleaners. The average person lost more than \$9,000 and almost 2,000 senior citizens lost more than \$100,000."

Bottom line...be very cautious of offers that seem too good to be true because they probably are. Seek out someone with tech savvy whom you can call when something just doesn't seem right.

Pastor Brandon Way is now Lead Pastor at Christ The King Lutheran Church



Pastor Brandon Way and his support system take a family photo after his Ordination service at Christ The King Lutheran Church, Fallbrook.

Nathalie Taylor
Special to the Village News

Parishioners that I have spoken with at Christ The King Lutheran Church (CTK), all have the same sentiments. They feel blessed that Pastor Brandon Way has been elected by the congregation as the Lead Pastor (Senior Pastor).

Pastor Brandon is not only called by God to ministry, but he possesses the education, experience, and selfless spirit to be an effective minister and leader. His Bachelor's degree from Biola University is in Organizational Leadership. He also graduated with a Master of Divinity degree from Liberty University – John W. Rawlings School of Divinity.

Pastor Brandon has spent most of his life in Fallbrook. He was born in Chula Vista and, in 1991, he moved with his family to Fallbrook where he attended Fallbrook Street Elementary School, then was a student in the inaugural fourth grade class at Live Oak Elementary. He also attended Potter Junior High and Fallbrook High School, graduating in 1999.

As a 16-year-old, he publicly "gave his life to the Lord" at a Christian camp. However, Brandon explains that it was "a gradual conversion," as he was intensely involved in a church youth group at the time. It was also a conversion that took root in his life and led to awareness of his life career. He commented, "In my senior year of high school I knew I was called to be a youth pastor."

While a student at Fallbrook High, Brandon was a member of the varsity football team. Pastor Phil Tukua, who is now retired from CTK, remembers Brandon's time on the football team. He recalls, "On Brandon's uniform was the sign of the Cross. Brandon has never been ashamed of his faith. He has never been ashamed of his Lord. He is going to reach a lot of folks in Fallbrook for Jesus. He grew up in this community, he is called to this community, he loves this community."

As a college student, Brandon took a short-term mission trip to Swaziland in Africa. That began his love for global mission work. His next mission trip to Africa was to Malawi with his future wife, Michelle.

In 2005, Brandon met with Pastor Mark Johnson and Pastor Phil Tukua of CTK. During that meeting Brandon explained that he was interested in helping with the CTK youth ministry. He served in that capacity for some time, then, about 2009, he felt that his calling was progressing to adult ministry.

2005 was a significant year in Brandon's life in other ways. On August 28, 2005, Brandon preached his first sermon – "Be a Lover, Not a Fighter." After the sermon, with the congregation as witnesses, he proposed to his future wife, Michelle. Michelle and Brandon were married in 2006 at Christ The King Lutheran. They now have two sons. Brandon noted, "I do feel very blessed that CTK is the same church where I proposed to Michelle, we got married, where both boys were baptized, and I was ordained."



Pastor Mark Johnson (formerly at CTK), and Pastor Brandon Way pose for a photo after Pastor Brandon's Ordination service at CTK.

In 2006, Brandon ministered in Kenya, leading a group of youth from CTK. His ministry trips to Kenya had a profound effect on his own personal ministry. After he accompanied the Kenyan church leaders to the impoverished areas, Brandon then realized that "this is the church. The church is supposed to be doing this – ministering to those who are less fortunate. We need to get out to where people live and pray over them."

Brandon, and others in the community, founded a ministry in Africa called, "Seeds of Hope." This ministry is a nonprofit organization serving Kenyan young adults. The boys are taught trades, such as welding and carpentry.

Over the years, Brandon has been blessed by his relationships with the youth group members at CTK. He has watched them mature and become valuable members of society. Brandon says it is also a "huge blessing" to train the youth to minister in Africa.

His family support system is of great value to him. "My amazing wife, Michelle, is such a good support. I also have two great kids." Brandon and his sons study the Bible together every day before the boys leave for school.

How did Pastor Brandon become Lead Pastor? He was "Officially Called" through a congregational election. However, before the election, a Call Committee was formed to interview candidates. After that process, Brandon was chosen, then presented to the congregation for a vote.

When he was notified of his selection by the Call Committee, Brandon felt the heavy weight of responsibility. However, through prayer and communion with the Lord, he became excited, not only about the future of CTK, but

about "the future of the entire faith community in Fallbrook."

Pastor Brandon explained, "At CTK we are not just focused on growing the numbers of the church, but we want to grow in our relationship with God, so we focus on discipleship, outreach, and missions." He continued, "We preach the Word of God, and the Word is not changing, it is the same today as it was two-thousand years ago. The Bible is the infallible Word of God. It will not steer us wrong."

In 2013, Brandon and about five other people met to discuss the fact that CTK needed an evening service that was extremely contemporary. They researched by visiting other churches with alternative services. The research resulted in the founding of "The Brook" Sunday evening service, now in its tenth year.

Christ The King Lutheran offers three different Sunday services: traditional, contemporary, and extremely contemporary. Pastor Brandon said with a smile, "I will be in a robe at the traditional service, a polo shirt at the contemporary service, and you might even see me in sandals at The Brook service."

Pastor Brandon Way has a vision for Christ The King Lutheran, but also for the town of Fallbrook. He explains, "I feel led to lead this congregation, and to minister to Fallbrook. I know what this town is capable of – really leaning on Christ, and not on the world. I put my name in for this position, [Lead Pastor], because I want to be a part of that. Not in any other state or town. Fallbrook. I am excited that the Holy Spirit is going to be moving through every church in Fallbrook – not just Christ The King."

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Fallbrook A Leer’s announces 20th anniversary keynote speaker



Dr. Viridiana Diaz, Vice President of Student Affairs at CSUSM, is the keynote speaker for Fallbrook A Leer’s 20th annual day of literacy and service on Saturday, March 23. Village News/Courtesy photo

FALLBROOK – Fallbrook A Leer is celebrating its 20th annual day of literacy and service on Saturday, March 23 and is honored to announce Dr. Viridiana Diaz, Vice President of Student Affairs at Cal State San Marcos, as the event keynote speaker.

Dr. Diaz began her tenure at CSUSM in January 2022. Before joining CSUSM, she served as associate VP for Strategic Student Support Programs at California State University, Sacramento, where she served as one of the primary vehicles for leveraging student success initiatives, breaking down systemic barriers to success, tending to equity gaps, and achieving goals set for by the CSU Graduation Initiative 2025 through program development, implementation, assessment, project management, and fundraising.

Her career in higher education has spanned 20 years, dedicated to creating a more inclusive campus for first-generation, Pell Grant-eligible, migrant/immigrant, undocumented, LGBTQIA+, and un-housed youth.

While at Sacramento State, she held various positions including assistant VP for strategic diversity initiatives, special assistant to the president, co-director

for the DEGREES (Dedicated to Educating, Graduating and Retaining Educational Equity Students) program, director of the College Assistance Migrant Program (CAMP), career counselor/ coordinator and admissions and outreach counselor.

Dr. Diaz brings a strong commitment to equity, diversity, and inclusion, as well as cross-divisional campus partnerships and community engagement. Her impressive career perfectly aligns with the collective dedication to student success at CSUSM.

As a first-generation college student, Dr. Diaz completed a bachelor’s degree in communications studies, a master’s degree in Latin American literature, a second master’s degree in history, and a doctorate in educational leadership and policy.

She is also a graduate of UC Berkeley’s Executive Leadership Academy, Stanford University’s Executive Leadership Management Institute, and the Harvard Institutes for Higher Education.

In 2022, Dr. Diaz received the San Diego Business Journal Woman of the Year Rising Star Award. She also served as a 2020-2021 Hispanic Association of Colleges and Universities (HACU) Leadership Academy fellow and a 2021-2022 American Leadership Forum Mountain Valley Chapter Class of XXV fellow. Furthermore, she is a recipient of the Sacramento Hispanic Chamber of Commerce Latina Star Award and was named by the Sacramento Bee’s Vida en el Valle newspaper as one of the “People Who Have Left a Mark in the Sacramento Area.”

This event will be held at Maie Ellis Elementary School on 400 West Elder Street and is in honor of Cesar Chavez’s life’s work and legacy. Fallbrook A Leer is an award-winning program. All are invited to attend and/or contribute to this important cause.

Submitted by Fallbrook A Leer.

Boot Drive photos from A-1



Volunteers look for donors to the Boot Drive at the intersection of Ammunition and South Mission roads.



Captain Tony Fieri is in charge of the Fallbrook Firefighter Boot Drive; he has been with North County Fire for 20 years. North County Fire’s goal was to raise \$10,000 or more with the Boot Drive.

STUDENTS

from page A-1

years. We’re happy to report that De La Cruz will be off to a successful career of his choosing due to his valiant efforts these past few years.

Cheers to all our FUHSD students and community members who do the hard work and rally to support these kids so they can thrive and positively impact our hearts and community.

Let it not be forgotten that as such, there are ways our community rallies back to bring success full-circle. Reach out to the Fallbrook Alumni Association, Fallbrook PTSA, Pacific Western Bank, Fallbrook Village Rotary Club, Fallbrook Vintage Car Club, Fallbrook Women’s Club, Republican Women of California/Fallbrook, Bonsall Woman’s Club, Fallbrook’s Angel Society and American Association of University Women for scholarship information and next time you’re in town, make sure to thank and patronize the additional sponsors – Dr. Eric Ramos (optometrist), Fallbrook Printing, Fallbrook Propane, Major Market, Starbucks and Youngren Construction.

For scholarship information feel free to contact Lynne Grantham at 760-214-1755 or lynngantham@aol.com.



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MARCH 17TH	St. Patrick's Day Brunch	10am-2pm
MARCH 18TH	Burger Night	5-7pm
MARCH 21ST	Thirsty Thursday (Open Mic Night)	3-8pm
MARCH 22ND	Forgotten Sons Bike Night	6-10pm (No Dinner)
MARCH 25TH	Burger Night	5-7pm
MARCH 28TH	Thirsty Thursday (Open Mic Night)	3-8pm
MARCH 29TH	Bike Night & Dinner	6-10pm 6-7:30pm
MARCH 31ST	Mike's Margaritas	10am-2pm

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Volunteers plant live oaks for Arbor Day



Tree planters celebrate California Arbor Day in Live Oak Park; 34 trees were planted at Live Oak Park and 12 at the safe zone area outside the perimeter of the Fallbrook Dog Park, March 9. **Village News/Roger Boddaert photo**



Christian Jerew, 9, volunteers to help plant 12 oak trees at Live Oak Park in Fallbrook. **Village News/Shane Gibson photo**



Roger Boddaert of Save Our Forest motivates the group of volunteers and gives instructions about the tree planting at Live Oak Park in Fallbrook. **Village News/Shane Gibson photo**



Removing the box to check the root ball of the tree are Mark Wisniewski, arborist/teacher, and Russ Heyneman, long term SOF volunteer. **Village News/Nancy Heins-Glaser photo**



Save Our Forest volunteers taking part in the tree planting are, from left, Elizabeth Stuver, Debbie Meadows, Jake Enriquez (SD Co Parks & Rec), Bill O' Connor, Mary Polopolus, and Mark Wisniewski, arborist/teacher. **Village News/Nancy Heins-Glaser photo**



Volunteers of all ages get their shovels ready to help plant 12 oak trees with the Save Our Forest nonprofit. **Village News/Shane Gibson photo**



Volunteers are ready to plant oak trees at Live Oak Park with the Save Our Forest. **Village News/Shane Gibson photo**



Jenn Hill of San Diego County Parks and Recreation helps plant a live oak tree at Live Oak Park during a tree planting event organized by the Fallbrook nonprofit Save Our Forest. **Village News/Shane Gibson photo**



Volunteers with Save Our Forest participate in a variety of tasks to plant young oak trees at Live Oak Park. **Village News/Shane Gibson photo**

HEALTH

Due to January flood, all CalFresh recipients can purchase hot, prepared food for limited time



Cassie N. Saunders
County of San Diego Communications Office

All CalFresh recipients and new Disaster CalFresh recipients can use their Electronic Benefit Transfer (EBT) Card to purchase hot and prepared food for a limited time due to the Presidential Major Disaster Declaration for the Jan. 22 storms and flooding.

With a few exceptions, CalFresh EBT cards usually can only be used to purchase shelf-stable foods. Through April 3, 2024, all CalFresh recipients can purchase hot and prepared food at any authorized EBT retailer.

The temporary change was approved by Food and Nutrition Service for San Diego County which is part of the U.S. Department of Agriculture. The agency allows the modification under conditions such as power outages, damage to homes, the displacement of residents, and other conditions that prevent households from purchasing and preparing food.

FNS has notified all authorized San Diego County EBT retailers of the waiver and is encouraging stores to post notices alerting customers of the change.

This change comes on the heels of the Disaster CalFresh application opening from March 7-15 for those experiencing challenges from the January rainstorm and flooding. That program provides a one-time payment to buy food for themselves and their families.

For a list of authorized EBT retailers, visit <https://www.fns.usda.gov/snap/retailer-locator>.

Through April 3, 2024, all CalFresh recipients can purchase hot and prepared food at any authorized EBT retailer.

Village News/Courtesy photo

Feeding San Diego receives \$129,900.93 from CVS Health to support its year-round hunger-relief and food rescue programming

SAN DIEGO – Feeding San Diego has received its first grant from CVS Health Corporation (CVS Health). The \$129,900.93 received will go towards the hunger-relief and food rescue organization’s general operating budget that maintains the non-profit’s year-round hunger-relief programming.

Funds come from generous donations from CVS Pharmacy customers as part of a “round up” register campaign for Feeding America in 2022. The non-profit’s programs support San Diegans across the county by providing access to nutritious food at no cost

“These funds come at a critical time for hunger-relief organizations, when funding has declined since the pandemic and the cost for nearly everything is elevated,” said Ali Colbran, director of development at Feeding San Diego. “We are incredibly grateful to CVS Health for maintaining its longstanding partnership with Feeding America, the national organization of which we are a partner food bank, and for the company’s overall commitment to advancing health equity.”

Through the generous donations from CVS Pharmacy customers, grants were made possible for Feeding America partner food banks across the country, including Feeding San Diego. CVS Health is committed to contributing to an America where everyone – no matter their race, background, or ZIP code – has access to the food and resources they need to thrive.

Here in San Diego County, nearly 300,000 people are experiencing food insecurity,

including nearly 80,000 children. Feeding San Diego’s hunger-relief programs support families in bringing nutritious meals home and reach populations that need the support, including seniors, local students, and military families.

“CVS Health is honored to be able to contribute to Feeding San Diego and the meaningful work that is being done to help feed San Diego families, said Jon Buneta, a Feeding San Diego board member and field merchant director at CVS Health. “We are very proud of this partnership with Feeding America and Feeding San Diego and to be able to give back to the communities and customers that we serve.”

CVS Health is a health solutions company that provides advanced health care from pharmacy services and health plans to health and wellness. CVS Health and its pharmacy customers have rallied to support the Feeding America network over the last three years. What began as a \$250,000 investment in Feeding America’s COVID Response Fund has evolved into one of the company’s most impactful national partnerships.

Support, primarily made possible through in-store fundraising campaigns at all CVS Pharmacy locations, has sustained food bank operations and programming during a time of unprecedented need and will continue to catalyze tremendous impact across the country.

Submitted by Feeding San Diego.

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County public health officials report 17% rise in TB last year

Fernanda Lopez Halvorson
County of San Diego Communications Office

County Public Health officials are reporting a 17% increase in active tuberculosis cases in San Diego County.

In 2023, 243 cases of TB were reported, exceeding the average of 205 cases in 2021 and 2022. Over the last 10 years, reported cases have ranged from an annual high of 264 in 2019 and a low of 193 in 2020.

TB is a disease that is passed through the air from person to person when someone who is sick with TB coughs, speaks, sings or breathes.

TB cases in recent years declined during the pandemic, likely because of multiple factors. Some COVID-19-related precautions such as masking and social distancing, may have reduced TB transmission as well. People may also have missed getting diagnosed or it may have taken longer to see a doctor because of strains on the healthcare system or changes in their own care-seeking behaviors.

More than 175,000 people in San Diego County are believed to have latent TB infection, and most do not know it. Without preventive treatment, as many as 10 percent of people with latent TB infection may go on to get sick with active, contagious TB disease.

Tuberculosis prevention efforts

The County Board of Supervisors approved the San Diego TB Elimination Initiative in 2020 to end TB in San Diego.

Through collaboration with 25 public-private partnerships including schools, medical providers, and community groups, the initiative works to promote TB prevention, through screening, testing, and treatment particularly for those most at risk of TB.

To expand the efforts of this work, the County is hosting the San Diego TB Prevention Education and Community Engagement Summit at the Southeastern Livewell Center on March 22.

Those in the medical community and healthcare organizations are encouraged to attend and participate.

Providers can learn whether their patients might have risks for TB infection by answering questions from the San Diego TB Control Branch’s risk assessment tool. Those identified as having risk factors should get tested for TB.

Symptoms of TB could include lasting cough, fever, night sweats and unexplained weight loss.

“If you or a loved one have TB symptoms or think you may have been around someone with TB, it’s important that you call your doctor or healthcare provider and get tested,” said Wilma Wooten, M.D., County public health officer. “We are seeing more cases of TB, not just in San Diego County, but around the state. We all need to be aware of the symptoms and take action quickly so that we can stop the spread of TB and protect ourselves, our families and our communities.”

Medicines are available to cure people who are sick with TB and to help prevent people from getting sick if they test positive for TB but do not have symptoms. This is called latent TB infection (LTBI) and means people are infected with TB but the infection is “sleeping,” and they do not have active TB disease. A chest x-ray can help determine if a person has LTBI.

The county operates a TB Clinic at the North Central Public Health Center, 5055 Ruffin Road. Public Health Services also offers testing at regional public health centers throughout the county.

Take in flavonoids for physical and mental acuity

Julia Solnier, Ph.D.
Special to the Village News

You may have heard about flavonoids before, but did you know that a higher intake of dietary flavonoids is associated with improved physical and mental health and a greater quality of life?

Flavonoids – are they important?

Flavonoids are a large group of plant compounds, also called “phytonutrients,” with more than 6,000 known compounds that are widely distributed throughout the plant kingdom. In fact, flavonoids are an integral part of our daily plant-based diet as they can be found in fruits like apples, berries, citrus fruits and grapes; herbs like parsley, thyme and oregano; teas such as green and chamomile and vegetables like onions, broccoli, kale and lettuce.

They are responsible for the bright colors of many plant-based foods and play an important role in their growth, protection and development. Similarly, they offer a variety of health benefits for humans because of their antioxidant, anti-inflammatory and anti-cancer properties.

Look at how plant nutrients can improve quality of life.

Reduced risk of heart disease
Studies have found that flavonoid-rich foods are beneficial for heart health. A recent study conducted on more than 800 older women reported a reduced risk of abdominal aortic calcification – a predictor of cardiovascular risk such as heart attack and stroke, as well as late-life dementia – in women who consumed a diet high in flavonoids such as green tea. Other studies associated a higher flavonoid intake with a lower risk of all-cause mortality – death resulting from coronary heart disease and cardiovascular disease in postmenopausal women and all other causes.

Improved brain health
Flavonoids may improve brain health by facilitating the blood flow to the brain and reducing the risk of cognitive decline. A recent clinical trial showed that blueberry supplementation, which is rich in flavonoid anthocyanins, led to better cognitive functions in both older men and women. Similarly, other flavonoid compounds that occur in strawberries, oranges, peppers and apples were associated with a slower cognitive decline.

Reduced risk of cancer
A high dietary intake of flavonoids may reduce the risk of breast, ovarian, and endometrial cancer, as several studies concluded. One study suggested that flavonoid compounds may be beneficial in cancer recurrence in overweight and obese breast cancer survivors. Several Asian studies associated a high intake of soy products – which contain high concentrations of isoflavones such as genistein and daidzein – with a reduced risk of breast cancer, as well as a higher chance of breast cancer survival.

Reduced menopausal symptoms
Research shows that flavonoids, particularly isoflavones, help relieve menopausal symptoms and reduce hot flashes and night sweats – two common symptoms of menopause. Isoflavones (phytoestrogens) also help slow bone mineral density loss in postmenopausal women and improve glycemic control and systolic blood pressure during early menopause.

How can I get enough flavonoids in my diet?
Eating various plant-based foods, such as fruits, vegetables and herbs, is a great way to incorporate more flavonoids into our daily diet. Even with our best efforts to adopt a healthy, nutrient-dense diet, however, people may need more plant nutrients to impact their well-being. One reason for that is the global decrease in nutrient density in our food because of the use of synthetic fertilizers and other chemicals in agriculture to increase yield, which can affect soil quality and availability of nutrients to plants.

Some studies suggest that organically grown plant foods contain higher amounts of health-promoting phenolic compounds, such as flavonoids, than conventional food. Another reason is the limited “bioavailability” of flavonoids from food. Dietary supplements, therefore, can provide concentrated sources of one or more isolated flavonoids and be a valuable addition to diets – especially those that lack a variety of plant-based, nutrient-dense food – and may prevent micronutrient deficiencies and related health conditions.

The benefits of flavonoid-containing supplements to improve health and tackle nutrient deficiencies have been highlighted in my latest scientific paper – co-written by Joseph E. Pizzorno, ND, founder of Bastyr University and one of the world’s leading authorities on science-based natural/integrative medicine.

Some of the most important flavonoid supplements include: Quercetin LipoMicel – clinically proven and provides high absorption in the body; Resveratrol – a flavonoid found in grapes, red wine and berries and Epigallocatechin gallate – a flavonoid found in green tea.

Eating a healthy, balanced diet rich in organic fruits and vegetables is a great place to start. Look for delicious plant-based Mediterranean recipes rich in flavonoids. Adding a high-quality dietary supplement is also a good choice, especially as flavonoids rank just behind vitamins and minerals as some of the most promising and thoroughly researched plant nutrients that promote health.

Dr. Julia Solnier has a doctorate in pharmaceutical sciences from the University of Graz in Austria. She is an expert in pharmacognosy (medicinal plant research) with lecturing experience on herbal medicine. Solnier is a research scientist and focuses on conducting clinical trials and developing innovative delivery solutions.

Parkinson’s Support Group to learn about lifestyle modifications

FALLBROOK – North County Parkinson’s Support Group Fallbrook invited the community to attend its monthly Parkinson’s Support Group meeting, Friday, March 22, from 10 a.m. to noon. The group meets the fourth Friday of every month at the Fallbrook Regional Health and Wellness Center, 1636 E. Mission Road in Fallbrook.

The speaker will be Dr. Khashayar Dashtipour, who will share the topic, “More Days with Good on Time.”

Dashtipour is an associate professor of neurology and basic sciences at Loma Linda University and serves as the director of the division of movement disorders at the university. He received his medical degree from Ahvaz Jundishapur University of Medical Sciences in Iran and has been in practice for more than 20 years.

He has written or co-written over 100 original journal articles, review papers and book chapters, and he has presented abstracts at international congresses.

Dashtipour has been the principal investigator or sub-investigator of over 40 clinical

trials. He is an active member of the Parkinson Study Group, The American Academy of Neurology and the Movement Disorders Society. Since 2017, he has served on the Movement Disorders Society CME Committee.

A focus of Dashtipour’s research has been on lifestyle modification in Parkinson’s disease, such as exercise, finding a biomarker for Parkinson’s disease and developing new medications for managing movement disorders.

At Kaizen Brain Center, Dashtipour shares his passion for helping patients with the following conditions: Parkinson’s disease, tremor, tardive dyskinesia, gait impairment, Huntington’s disease, tic disorders and abnormal movements.

Part of Dashtipour’s treatment arsenal includes botulinum toxin injections for a variety of clinical therapeutic indications such as cervical dystonia, spasticity, drooling, blepharospasm, hemifacial spasm, dysphonia, jaw dystonia, limb dystonia and tremor.

In addition to the speaker presentation, breakout groups

will be held for a time of sharing, and coffee and refreshments will follow the program.

The meetings are held in support of people with Parkinson’s disease, care partners and people interested in improving the world of those affected by Parkinson’s disease.

Help NCPSG Fallbrook support the Parkinson’s Association of San Diego. Walk or donate to Fighting Parkinson’s annual Step by Step 5K Walk – give to Team Bingham Bunch. The walk will be held Saturday, April 6, at 7:30 a.m. with check-in at 9 a.m. at dog-friendly Liberty Station in San Diego.

Register for the walk at <http://parkinsonsassociation.org> or call 858-215-2570. All contributions remain in the county and provide services, assistance and education to people with Parkinson’s disease, their care partners and families. For more information, visit <http://step-by-step-5k/pledge/participant>, call Irene at 760-731-0171 or Tony at 951-751-2242 or email NCPSGF@gmail.com.

Submitted by North County Parkinson’s Support Group Fallbrook.

Colorectal cancer screenings matter

VISTA – Vista Community Clinic wants to talk about something important – colorectal cancer and life-saving screenings. Colorectal cancer is a type of cancer that starts in the colon or rectum. It is also known as “colon cancer.” And there are things that can be done to catch it early and even prevent it.

Screenings for colorectal cancer can be simple, and some can be done from the comfort of home. These screenings can possibly catch problems early on, before they turn into something bigger. When colorectal cancer is caught early, it is easier to treat and to

beat. Colon cancer is currently listed as the fourth most common cancer in men and women, and the fourth leading cause of cancer-related deaths in the United States.

It is important to remember that colorectal cancer doesn’t always show symptoms at first, making these screenings important for maintaining health. If a clinician catches it early, they can work to stop it in its tracks, but if it goes unnoticed and untreated, it can be life threatening.

So what can people do to keep themselves healthy and safe? It really comes down to talking to their clinicians about colorectal

cancer screenings. They can help people figure out when and how often they should get screened and which type of screening is right for them. The clinicians at VCC are available to all members of the community to support their health journey with several locations and convenient evening and weekend hours. Call or text at 760-631-5000 to schedule an appointment or learn more. For more information, visit <http://www.vcc.org> to learn about more services, locations and more.

Submitted by Vista Community Clinic.

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ENTERTAINMENT

Sculptor to give demo at FAA meeting



This sculpture is called "Dance of Life."



"Soaring" is the work of Marsha Gertenbach-Meers.

Village News/Courtesy photos



Marsha Gertenbach-Meers poses with one of her sculptures where it was installed.

FALLBROOK – Fallbrook Art Association will welcome Marsha Gertenbach-Meers to the general meeting at the Fallbrook Women’s Club Saturday, March 16. Gertenbach-Meers is an accomplished and award-winning artist with an extensive history of accomplishments. Her extended education was acquired at University of California Los Angeles, Santa Monica College, Otis Parsons School of Design, Orange Coast College, Rhode Island School of Design and Palomar College.

She started out as a painter and exhibited her work at the Laguna Beach Festival of Arts in 1965. Beginning her career in illustration and design she created greeting cards, wallpaper and fabric designs. Gertenbach-Meers also spent 16 years painting backgrounds for animation working for Hanna Barbera, Filmmation and several smaller studios.

She eventually moved into sculpting figurative works and

found sculpting to be her passion. She sculpted life-sized mannequins for retail store displays and worked for toy companies, such as Mattel and Hasbro, designing and sculpting dolls and other toys. Gertenbach-Meers continues to work as a freelance sculptor on special projects for several companies including Dreamworks.

Her works are currently represented by The D Gallery in Palm Desert and Carmel; The Forest Ocean Gallery in Laguna Beach and others. She is a member of The California Art Club in Pasadena; The Artist Guild in Fallbrook and The National Sculpture Society in New York City.

Gertenbach-Meers will do a sculpting demo at the general meeting in the morning and offer a three-hour workshop at 1 p.m. the same day. If anyone has ever had the desire or interest in sculpting the human head, the workshop will give them the opportunity to do it.

Gertenbach-Meers will provide

an armature and one 2-pound block of clay; all attendees need to bring is a photograph – front, sides and back – of the person they would like to sculpt or photos can be provided. Come prepared to have a wonderful time and create something out of a lump of clay.

The FAA’s general meeting is held at the Fallbrook Women’s Club, 238 W. Mission Road, from 9:30 a.m. to noon, starting with a member’s art critique by Gertenbach-Meers before she begins her sculpting demo.

The general meeting is free to the public; however, attendees must register for the sculpting workshop in advance or the day of. The cost to members is \$40, and it is \$50 for non-members. An additional charge of \$30 will cover the materials for sculpting. Call Carol Reardon for registration and materials list at 760-221-5577.

Submitted by Fallbrook Art Association.



Marsha Gertenbach-Meers works on a project in her studio.

Pianist Gach to perform at Fallbrook Library

FALLBROOK – This month’s Freaney and Friends free concert will happen Tuesday, March 26, at 1 p.m. in the Community Room at the Fallbrook Library. It will feature the return of pianist Peter Gach.

Gach holds degrees from Indiana University, the University of Arizona as well as post-graduate studies at the Warsaw Conservatory in Poland. Fluent in both Polish and French, Gach has made a lifetime study of the works of both Chopin and Karol Szymanowski. He is Professor Emeritus at Palomar College, where he was chair of the Performing Arts Department and Artist in Residence in piano.

In retirement, Gach initiated a fundraising campaign for the Steinway Concert Grand in the College’s renovated Performing Arts Complex. It is named the Peter Gach Steinway in his honor.

Gach continues to perform, with special emphasis on performances to raise funds for causes he supports. These have included concerts for the Museum of Making Music Educational Fund, Women Veterans with PTSD, the North County Serenity House and a series of benefit recitals for the Hidden Valley Zen Center.

He has performed throughout the U.S. and Poland. He is currently a member of the GroupMuse national collective of musicians. Gach’s concert will include Doctor Gradus ad Parnassum from the Children’s Corner by Claude Debussy; Prelude and Fugue in F minor from the Well-Tempered Clavier Vol. II by J.S. Bach; Four Mazurkas Op. 24 by Frederic Chopin: 1. G Minor, 2. C Major,



Peter Gach, Professor Emeritus at Palomar College, will play the piano at Fallbrook Library in a free Freaney and Friends concert, Tuesday, March 26.

Village News/Courtesy photo

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Submitted by Friends of the Fallbrook Library.

SPORTS

Warriors set personal records in track & field



Fallbrook's Natalie Pineda runs the third leg in the Junior Varsity 4 x 100 meter relay during the track meet against Rancho Buena Vista, March 7.



Lady Warrior Abby Petersen rounds the track during the 1600 meter race, taking first place with a time of 5:42.63. She also won the 800 meter race in 2:35.92.



Warrior Damion Votaw competes in the pole vault against Rancho Buena Vista; he won the event with a personal record of 13' even.



Lady Warrior Danielle Roberts competes in the discus throw against Rancho Buena Vista, taking fourth place with a personal record of 54'6". Fallbrook's women's varsity team beat RBV, 62-46.



Warrior Jose Rivera paces himself in the 1600 meter race against Rancho Buena Vista; Rivera won the race with a time of 4:57.50.



Fallbrook runners race against Rancho Buena Vista in the 1600 meter.



Warrior Wyatt Casillas competes in shotput against Rancho Buena Vista, placing first with a toss of 38' 10", a personal record for him. Fallbrook's men's varsity tied with RBV, 51-51.

Bonsall off to a great start on the diamonds



The Bonsall High softball team poses in front of the scoreboard featuring their 23-8 victory. Village News/Jen Arellano photos



Raul Martinez, Jr., who leads the BHS baseball team in stolen bases, is seen here sprinting to first.



Sophomore pitcher Diamond Nava delivers a strike to a Borrego Springs batter.

Jen Robinson Arellano
Special to the Village News

On the first sunny day of the softball and baseball season, both Bonsall High School teams posted “W” for the day, March 8. Bonsall baseball and softball play at the Jim Banks Sports Park in Pala. “It’s a fantastic field. We are so fortunate to be able to play at such a high end facility,” said BHS Athletic Director Andrea Breuninger, who attends every game.

The softball team, which has dominated its league for the past two seasons, scored an impressive 23 to 8 victory over Borrego Springs. Diamond Nava was a tour-de-force pitching the entire game. A mix of seasoned players

and new additions, the team, under the expert coaching of Emily Casillas, seems to be ready to dominate once again.

On the baseball field, the boys team scored their first win of the season, in a nail biter that ended 10-9 against Borrego Springs. The boys team was only selected the day before their first game of the season, also against Borrego Springs on Feb. 29, due to many of the players participating in CIF playoffs in soccer and basketball.


“The team basically met each other at that first away game at Borrego. So it was nice to see how much growth they’ve had in such a short amount of time to come back with this win,” said Coach Daniel Mencias.



BHS Athletic Director Andrea Breuninger stands with Sullivan Principal Angela James who is rooting on her child, star catcher Maddie Rackovan.




BHS catcher Adam Hawthorne is ready behind the plate for the game against Borrego Springs.



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Weather cost Legionnaires baseball preparation

Joe Naiman
Village News Reporter

Weather forced Bonsall High School’s scheduled March 4 home baseball game against Crawford to be played March 5 at Crawford, and weather along with Bonsall’s winter sports boys teams participating in CIF playoffs has limited the Legionnaires’ preparation.

“It’s just a slow start this year,” said Bonsall coach Danny Mencias. “We barely started practicing,” Mencias said prior to the game at Crawford. “This is kind of like our practice. We haven’t had any time to practice at all.”

The Bonsall roster has 18 players. Ten of those were on the 2023 Legionnaires who finished 8-8 with a 7-3 Patriot League record which was worth third place in the standings. Some of those 2024 players were also on the Bonsall soccer team which reached the CIF Division V-AA quarterfinals or the Legionnaires’ basketball team which advanced to the bottom of the Division V-AA semifinals.

“A lot of our guys just couldn’t come out,” Mencias said. “I haven’t had the opportunity to work with them like I did last year,” he said. “The basics aren’t even there in part because they haven’t had time to play with each other.”

If weather permits, the Legionnaires will play 22 regular-season games this year, and 10 of the 15 Division V-AA teams will participate in the CIF playoffs. “We do have more games this year compared to last year,” Mencias said.

Bonsall’s 2024 season began Feb. 27 at Borrego Springs. The Rams won by a 10-3 margin in the game which was called after 5 1/2 innings. Eight of the Rams’ runs were scored in their final two batting frames.

“Looked promising,” Mencias said.

Bonsall committed 15 fielding errors, and nine of the Rams’ 10 runs were unearned. “They haven’t thrown a ball. It’s been a crazy beginning of the season,” Mencias said.

Although starting pitcher Peyton Yang received the loss, the junior allowed no hits and only one walk in his three innings and all nine Borrego Springs outs were by strikeout. The Rams scored a run apiece in the first and second innings. Bonsall scored in the top of the fourth before the Rams scored three times in the bottom of the inning. Bonsall also scored single runs in the fifth and sixth while Borrego Springs had a five-run fifth inning.

Yang, sophomore Joshua Aguiar, and freshman Rowan Collup each scored a run for Bonsall. Aguiar had two doubles; Yang also doubled, and four other players singled against the Rams. Aguiar, junior Phoenix Young, and sophomore Aiden Lee each drove in a run in the season opener.

A Feb. 29 game against Mountain Empire was Bonsall’s home opener. The Redhawks scored the game’s first seven runs and returned home with a 9-2 victory. The first Bonsall home run of the season was hit by sophomore Henry Walter.

Crawford took a 1-1 record into the Colts’ game against Bonsall

Bonsall High School home

games are played at the Pala Sports Complex. A puddle on the field forced postponement of the game scheduled for March 4 in Pala. The contest was rescheduled for the following day and moved to Crawford. That allowed the parents of Bonsall athletic director Andrea Breuninger, who grew up in the 92115 ZIP code but attended Christian High School instead of Crawford, to join Breuninger at the game.

Injuries deprived some Bonsall players of the game at Crawford. “A lot of my players had never played those positions before,” Mencias said. “I was moving kids around the whole game.”

With one out in the top of the first, Yang hit a single to center field and Young singled to left field. A force out advanced Yang to third and he scored on a wild pitch.

Young was Bonsall’s starting pitcher. He struck out the first Crawford batter on a full count, allowed a single to Jesse Altamirano Verdin, and struck out the other two Crawford batters in the bottom of the first. The Colts tied the game in the bottom of the second on a single, a walk, and a fielding error.

Bonsall scored twice in the top of the third, and Crawford had one run in the bottom of that inning. In the fourth inning, Bonsall sent three runners around the bases while Crawford countered with four runs to tie the game at 6-6. Due to sundown, only six innings were played, and a run in the bottom of the sixth gave the Colts a 7-6 victory.

“It was a close game. It could have gone either way,” Mencias said, “It was a lot of fun. I really enjoyed it; Cesar was having a blast. I was having a blast.”

The players from both teams also appreciated the competition. “Our guys really enjoyed the atmosphere of Crawford and the players,” Mencias said. “There was nothing but positive vibes from both teams.”

The result gave both teams experience in one-run games. Crawford’s only one-run games in 2023 were two losses to High Tech High San Diego while Bonsall’s only one-run game in 2023 was a 3-2 loss to High Tech High North County.

“It was a definite win-win,” Mencias said. “Everybody had a great game.”

The first three Bonsall runs all scored on wild pitches. Walter drove in two of the other runs and Yang had the other run batted in. Yang had hits in all four of his plate appearances including two doubles, and scored twice. Walter had two hits including a double. Young, Walter, sophomore Raul Martinez, and freshman Emilio Leal each scored once. Bonsall freshman Tanner Bundel reached base in all three of his plate appearances although he did not have a hit – or an at-bat – as he walked twice and was hit by a pitch.

“I think this is probably our best-played game maturity-wise,” Mencias said.

“It was a win in terms of our team coming together,” Mencias said. “The Bonsall team came together. I was proud of them. Even though it was a loss I think it’s going to set us up for the rest of the season.”



The Legion are ready to take the field at Crawford High School, March 5. Village News/Jen Arellano photos



Crawford players watch as Bonsall’s homerun leader, Henry Walter, fires a hit to left field.



Sophomore Brant Chudomelka waits for the pitch..



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BOB MARLEY: ONE LOVE PG-13	1:30 PM 4:15 PM	1:30 PM 4:15 PM 7:30 PM	7:30 PM	1:30 PM 4:15 PM 7:30 PM	11:45 AM 2:15 PM	4:30 PM
CABRINI PG-13	1:00 PM 4:10 PM 7:20 PM	1:00 PM 4:10 PM 7:20 PM	1:00 PM 4:10 PM 7:20 PM	1:00 PM 4:10 PM 7:20 PM	11:15 AM 2:20 PM	4:10 PM 7:20 PM
DUNE: PART TWO PG-13	1:15 PM 7:15 PM	1:15 PM 3:30 PM 7:15 PM	1:15 PM 3:30 PM 7:15 PM	1:15 PM 3:30 PM 7:15 PM	11:00 AM 1:45 PM	4:00 PM 7:15 PM
GHOSTBUSTERS: FROZEN EMPIRE						7:30 PM
KUNG FU PANDA 4 PG	1:30 PM 3:45 PM	1:10 PM 4:45 PM 7:10 PM	1:10 PM 4:45 PM 7:10 PM	1:10 PM 4:45 PM 7:10 PM	11:25 AM 2:30 PM	4:45 PM 7:10 PM
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Fallbrook welcomes two more Homes For Our Troops recipients



Taking part in Homes For Our Troops' Community Kick Off for the building on two homes in Fallbrook are, from left, Brigadier General (Ret) Tom Landwermeyer, president and CEO of HFOT; Navy HM3 Max Rohn and his wife, Tori Rohn; Shannon Fuller, HFOT Community Engagement Coordinator and Event Announcer; Krista Ramos and husband Navy HM3 Redmond Ramos holding their son, at the Fallbrook Union High School cafeteria, March 9.



The Color Guard from Orange Glen High School NJROTC is seen with Guests of Honor Navy HM3s Max Rohn and Redmond Ramos; singing the National Anthem in back is Stephani Baxter of Fallbrook.



[above] Home recipient Redmond Ramos and his wife Krista Ramos listen to Veteran Representative EOD I Christopher Andrieu, a HFOT Home Recipient in August 2018, telling everyone of his stress free transition going from his first home that had no handicapped ramps, etc., to moving into a completed home made by HFOT, a lifesaving experience.

[right] Stephani Baxter sings the National Anthem, at the beginning of the HFOT Community Kick Off.



Guests wave USA flags as Guests of Honor Navy HM3 Max Rohn and Navy HM3 Redmond Ramos are escorted in by Fallbrook North County Fire and Fallbrook Sheriff's department.



Navy HM3s Max Rohn and Redmond Ramos are each presented with a Certificate of Recognition from Tom Hinson, District Communications. Director, Assemblymember Marie Waldron's Office. The certificate says, "Thank You for Your Dedication and Service to Our Nation. Fallbrook, California on March 9, 2024, Signed Marie Waldron."

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REAL ESTATE & HOME and GARDEN

Stage Coach Lane pathway makes slow progress

Lucette Moramarco
Associate Editor

Constructing a pathway along Stage Coach Lane from Reche Road to South Mission Road has been a proposed project for Fallbrook since it was discussed at a virtual Fallbrook Revitalization Committee meeting, Nov. 16, 2020, but the project has not progressed very far since then.

Part of the reason is that in order for a pathway or trail to be constructed, funding must be obtained and the right-of-way must be secured by the county. The proposed pathway is about two miles long.

The Fallbrook Community Planning Group officially endorsed the pathway at its Jan. 18, 2021, meeting and a feasibility study was the next step in the process. In July of the same year, FCPG made the pathway its top priority for funding from Park Land Development Ordinance fees.

The May 16, 2022, meeting of the FCPG included a presentation with updated information about the potential pathway or trail along Stage Coach Lane and a planning group vote restating the community priority for such a pathway or trail.

An 11-0 vote approved a motion requesting that the county's Department of Public Works continue to work on the preliminary engineering report, potential funding including PLDO revenue, provide updates to the planning group, work on width and safety issues, make the portion between Reche Road and Brooke Road the first phase of the project (which is expected to be constructed in phases), and avoid a pathway or trail alignment which requires crossing the street.

"It's a very important project to the community," said Stephani Baxter, who chairs the planning

group's Parks and Recreation Committee.

Pathways are within the right of way of a road, and PLDO funding cannot be used for pathways. Trails are outside of the right of way. So, some of the Stage Coach Lane trail or pathway may be ineligible for PLDO funding. The planning group acknowledged that possibility but still designated the trail or pathway as the highest priority.

"We wanted to continue to have the Stage Coach trail and pathway on the list so the county does know the importance of it," said planning group chair Eileen Delaney.

All along, Baxter has been keeping in touch with Cynthia Curtis, project manager, Capital Improvements Program, County of San Diego, Dept. Public Works, and DPW group program manager and lead project manager Chris Hanger.

In August 2023, Curtis let Baxter know that their SANDAG Active Transportation Program grant application for the project was denied. "Our project team was disappointed, but have the materials prepared to apply for other funding opportunities," Curtis wrote in an email.

Curtis also wrote, "Design has slowed a bit, the road right-of-way verification showing the County-owned easement is difficult along Stage Coach Lane, with some areas completely outside of the paved road. We have some draft alignments, and are awaiting the revalidation of the road right-of-way for the segment in front of the high school to complete the exhibit. I will circle back with our survey team on progress."

In October 2023, as FCPG was preparing to submit its PLDO and Circulation Priority Lists, Baxter asked Curtis and Hanger for an



This stretch of Stage Coach Lane between Brooke and Reche roads is part of the first phase of a proposed pathway or trail to be created for the safety of area students.

update regarding Stage Coach Lane, saying, "The equestrian community is weighing in with a strong desire for safe trail connectivity to be restored and now is a perfect time to study the opportunity for this!"

Curtis responded that "the preliminary engineering phase is active, we are still awaiting right-of-way verification on the portion of the project in front of the high school. The right-of-way component is with our Real Property group and is in their workflow queue to verify the legal bounds of property lines - we can't proceed with design without this information."

The FCPG approved another priority list for PLDO funding, Nov. 20, 2023, which was to be provided to the county's Department of Parks and Recreation.

A mixed-use decomposed granite trail or pathway along

Stage Coach Lane from Reche Road to South Mission Road is the top priority. The second-highest priority is also a trail or pathway which would be along Gird Road between Reche Road and state Route 76.

Checking in again with Curtis in early February for a progress report, Baxter wrote, "As you know, this project is critical for safety. We're grateful for an update and Fallbrook is ready to support and help however needed to get this going."

Curtis replied, "We have received the ROW verification and it presents some challenges moving forward. The road easement does not align with the current road/shoulder limits in the aerial. This is an issue not unique to Fallbrook. Due to our unit's staff shortage, work has slowed on this project although we do understand the importance to the community. Chris and I will work together

to keep visibility on this project, including funding opportunities. We will continue to keep in touch."

In summing up the project to the Village News, Baxter said, "In short, the ROW verification presents challenges. Not abnormal for Fallbrook." She also noted the recent accident on Stage Coach Lane in which a student, who was hit by a car, "was life flighted to Rady's Children's Hospital and suffered a broken collar bone. There were other student witnesses. County DPW and DPR have been made aware of the incident."

Baxter added, "Many local Fallbrook groups have formally supported this project. Concerned residents are encouraged to email our District 5 County Supervisor, Jim.Desmond@sdcounty.ca.gov, in support of prioritizing this project."

Joe Naiman contributed to this article.

CWA approves rate redesign recommendation

Joe Naiman
Village News Reporter

San Diego County Water Authority rates for calendar year 2025 will reflect additional fixed revenue for the SDCWA.

A CWA board vote Thursday, Feb. 22, approved the recommendation of the CWA's Finance Planning Workgroup. The calendar year 2025 changes include apportioning 40% of the transportation charge as a Transportation Fixed Rate allocated to member agencies by a seven-year rolling average with the current volume-based Transportation Rate designed to recover the remaining 60% of the forecasted annual revenue requirement.

The CWA currently allocates its

Customer Service Charge, Storage Charge and Supply Reliability Charge based on rolling averages, and all of those rolling averages will be for a seven-year period.

The CWA's rates are based on a melded rate which melds the cost of water delivered from the Metropolitan Water District of Southern California, water purchased from the Imperial Irrigation District under the Quantification Settlement Agreement and water produced by the Claude "Bud" Lewis Carlsbad Desalination Plant.

The CWA also has transportation, storage and customer service charges along with fees and charges for fixed expenditures which are incurred even when water use is reduced. The CWA also incorporates debt coverage

targets into its rate structure with a target debt coverage ratio, or ratio of cash available to debt obligation, of 1.5:1 for senior lien debt, which is debt secured by collateral in the event of a default, and 1.4:1 for overall debt.

The melded CWA rate for treatment is based on the cost to purchase treated water from MWD, the cost of desalinated water from the Carlsbad plant and the cost to treat water at the Twin Oaks, Olivenhain and Levy treatment plants. The Levy plant is owned and operated by the Helix Water District, and the CWA purchases treated water from Helix.

The CWA's transportation rate is a uniform rate set to recover capital, operating and maintenance costs of the CWA's aqueduct

system. The Infrastructure Access Charge is used for fixed expenditures incurred even when water use is reduced.

The Customer Service Charge is allocated among member agencies based currently on a three-year rolling average of all deliveries. The Storage Charge recovers costs related to emergency service programs and is allocated to member agencies based on a pro-rata share of non-agricultural deliveries using a three-year rolling average. In March 2015, the CWA approved a revised rate structure intended to avoid a situation where conservation resulting in a decrease in water usage leads to the need to increase rates.

The CWA added a Supply Reliability Charge while allocating all non-commodity revenues to all rate and charge categories including treatment and applying the debt and equity payments for the Carlsbad desalination plant to the supply rate. The Supply Reliability Charge is a fixed charge to recover a portion of the QSA and desalination plant costs and is set equal to the difference between the supply cost of desalination and the Imperial County purchases, including MWD's wheeling charge, and a

like amount of water purchased at MWD's Tier 1 rate multiplied by 25%.

The charge is allocated to CWA member agencies on a pro-rata basis using a five-year rolling average of municipal and industrial deliveries. The CWA also has a Standby Availability Charge of \$10 per acre or \$10 per parcel under one acre.

A combination of conservation and wet years has decreased CWA sales, and both the Finance Planning Workgroup and the Member Agency Rate Workgroup held meetings before unanimously supporting the rate redesign proposal. The Customer Service Charge and the Storage Charge will be changed from a three-year average to a seven-year average and the Supply Reliability Charge will change from a five-year average to a seven-year average. The treatment and supply rates will not change.

The actual 2025 rates will be discussed at the CWA's meeting Thursday, May 23, although the only action which will be taken on that date will be to set a hearing date for Thursday, June 27, to adopt the rates.

Joe Naiman can be reached by email at jnaiman@reedermmedia.com.

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Tree hit by car on Main Avenue, has to be cut down



[above] First responders check on the driver of the car that ran into the tree on North Main Avenue, March 5. [bottom left] It was reported that the tree was planted in 1942 and it already had a split before Tuesday's crash. [bottom right] The tree was deemed damaged and removed, March 6.

Village News Staff

A car hit a tree in the middle of the block of 200 N. Main Ave., Tuesday night, March 5 around 7:20 p.m. The driver was suspected of possibly being under the influence of alcohol.

The car was towed away and the road was cleared by 9:19 p.m.

The tree was deemed damaged and removed Wednesday, March 6. It was reported to the paper that the tree was planted in 1942 and it had a split before the crash, making it necessary to remove it.



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Escondido Creek Conservancy offers Outdoor Education Elevated festival in Hidden Meadows



Snowy mountains are seen from the Mountain Meadows Preserve in Escondido.

Village News/Richard Murphy photo

ESCONDIDO – The nonprofit Escondido Creek Conservancy will host Outdoor Education Elevated, a family-friendly outdoor festival at its Mountain Meadow Preserve headquarters in the Hidden Meadows community of Escondido Saturday, April 6, to introduce the community to its new headquarters and involve attendees in its outdoor education programs.

The 693-acre Mountain Meadow Preserve was created by a partnership of the conservancy, San Diego County Parks and Recreation and U.S. Marine Corps Base Camp Pendleton.

The new conservancy office and the beautiful Mountain Meadow Preserve will serve as the backdrop for a family-friendly day filled with enlightening outdoor activities and enriching

experiences. Offerings of the event will include interpretive hikes led by volunteer naturalists, nature sketching classes, live raptor presentations, vendor booths and many educational activities for children.

Proceeds will be dedicated to launch new outdoor education programs and expand existing offerings which currently serve over 15,000 people each year. Programs regularly offered by the conservancy include Habitats: Inquiry into Action with all third grade students in the Escondido Union School District, a five-day Adventure Camp for third to fifth grade students, afterschool enrichment lessons provided to first and second grade students in the Escondido Union School District and a wide variety of programming at the Elfin Forest

Interpretive Center.

Join the conservancy April 6 by contributing \$50 per single adult ticket, \$75 for a couple and \$100 for a family. Children 5 and under are free. Lunch is included with registration.

Due to limited parking at the Mountain Meadow Preserve, free offsite parking areas and a free shuttle for the short ride to and from the event are available. Parking information will be emailed to registrants the week before the event.

Registration information and FAQ's can be found at <https://escondidocreek.org/events/outdoor-education-elevated/>. For more information, contact Jeff McNurlan at 760-717-5066 or jmcfurlan@gmail.com.

Submitted by Escondido Creek
Conservancy.

Love and friendship of shelter pets worth more than a pot of gold



County Animal Shelters are trying to find homes for homeless pets by waiving fees for some pets and for some adopters.

Yvette Urrea Moe
County of San Diego
Communications Office

County Animal Shelters are trying to find homes for homeless pets by waiving fees for some pets and for some adopters. Pets offer positive health benefits for people, more than a pot of gold.

No matter if they're a Siberian Husky, a German Shepherd, a Chihuahua, a Russian Blue or a Siamese cat, during March, everyone's Irish at the San Diego County Animal Shelters.

Of the pets in shelter care, over 40% of dogs and cats have been waiting for their forever home for over 30 days. Let's help change their luck, shamrock style, by adopting or fostering an animal. Together, we can make a pot of gold difference in the lives of these deserving pets.

The adoption special spreads the luck of the Irish all month long. Adoption fees are always waived for:

- Pets who have been at the shelter for 30+ days
 - Pets aged 8 years and older
 - Adopters 60 years and older
- Check out some of

the available pets on the Animal Services website, <https://www.sddac.com/content/sdc/das/adopt.html>.

Walk-in hours are from 10 a.m. to 4 p.m. Tuesday through Sunday at the South Shelter, 5821 Sweetwater Road in Bonita and the North Shelter, 2481 Palomar Airport Road in Carlsbad.

All adoption fees include spaying or neutering, a microchip, updated vaccinations and a one-year dog license for those in the service area.

To adopt, you just need a photo identification card. Adoptions are on a first-come, first-served basis. If you're not sure, consider fostering a pet to see if it is a good fit, or just to give him or her a break from the shelter environment.

Pets benefit tremendously from being in a home environment and learning how to be part of a family. All basic care supplies such as food, leash, and bedding, are included as part of the program.

For more information on fostering animals, making pet food donations, or volunteering for the shelter, call 619-767-2675 or visit the Animal Services main website, <https://www.sddac.com/>.

Find the right pet at the Fallbrook Animal Sanctuary



Kiki and Kush are 5-year-old-bonded sisters who have found themselves in need of a new Furever Family since theirs moved out of the country. They are sweet and very sociable, love attention and will tell you all about their day when you get home. When you adopt an adult kitty you know exactly what you are getting and with these two cute sisters you get pure love and devoted companionship. To meet these two kitties, email info@fallbrookanimalsanctuary.org.



Nico is a small but solid male **Village News/Courtesy photos** terrier mix. He is about 2 years old and weighs 15lbs. Nico is very friendly, curious and adventurous and also has a cute little mohawk. He loves a lap, but small children and male dogs make him anxious. Nico is neutered, micro chipped, and vaccinated and ready for his fur-ever home. To meet Nico, email info@fallbrookanimalsanctuary.org.



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EDUCATION

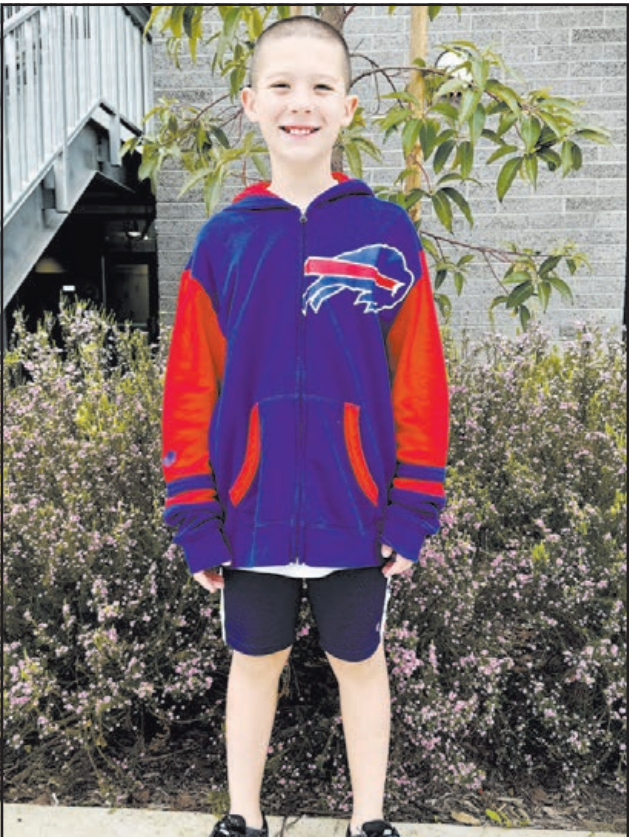
Fallbrook A Leer names student winners



Embry Burton is the third grade winner.



Susan Garnica-Gonzalez is the fourth grade winner.

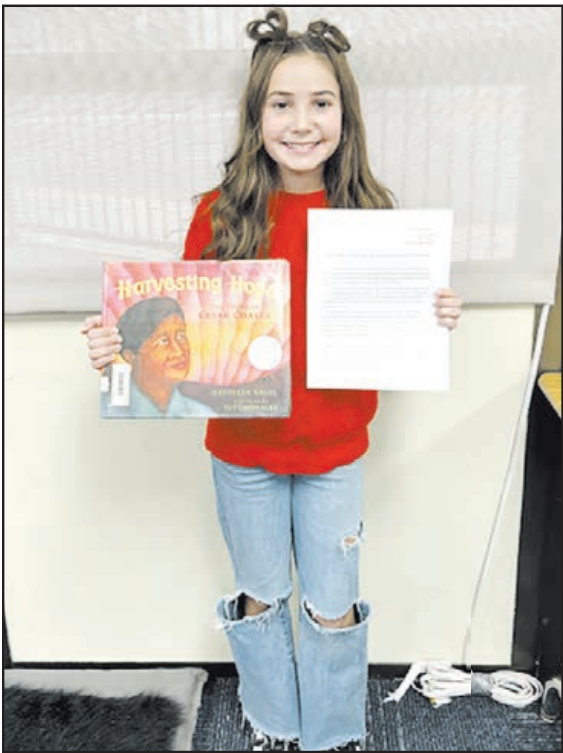


Logan Pagan is the fifth grade winner.

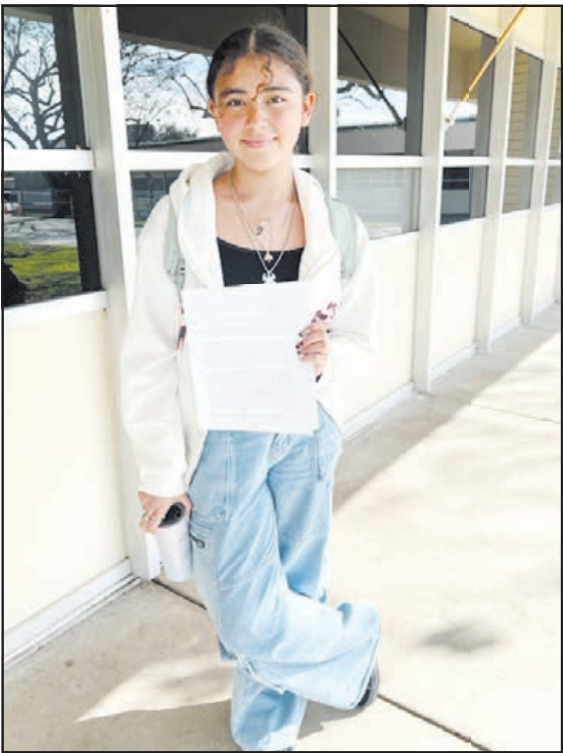
FALLBROOK – Fallbrook A Leer is celebrating its 20th annual day of literacy and service on Saturday, March 23 at Maie Ellis Elementary School, 400 West Elder St. Check in begins at 9:15 a.m. and activities go until 2 p.m. This event is in honor of Cesar Chavez’s life work and legacy to improve the lives of immigrant workers and families.

A Leer announced the following local student poetry contest winners:

- Third Grade: Embry Burton – Mary Fay Pendleton Elementary
- Fourth Grade: Susan Garnica-Gonzalez – Fallbrook STEM Academy
- Fifth Grade: Logan Pagan – Mary Fay Pendleton Elementary
- A Leer also announced the following student winners of the essay contest:
- Sixth Grade: Juliana Brockson – La Paloma Elementary School
- Seventh Grade: Ana Erb – Potter Junior High
- Eighth Grade: Lilliana Mont Briand – San Onofre K-8 Elementary



Juliana Brockson is the sixth grade winner.



Ana Erb is the seventh grade winner.

After speaker Dr. Viviana Diaz, VP of Student Services at Cal State San Marcos, makes her keynote presentation, the other activities will begin, along with the presentations of the three winning poetry and three winning essay writers.

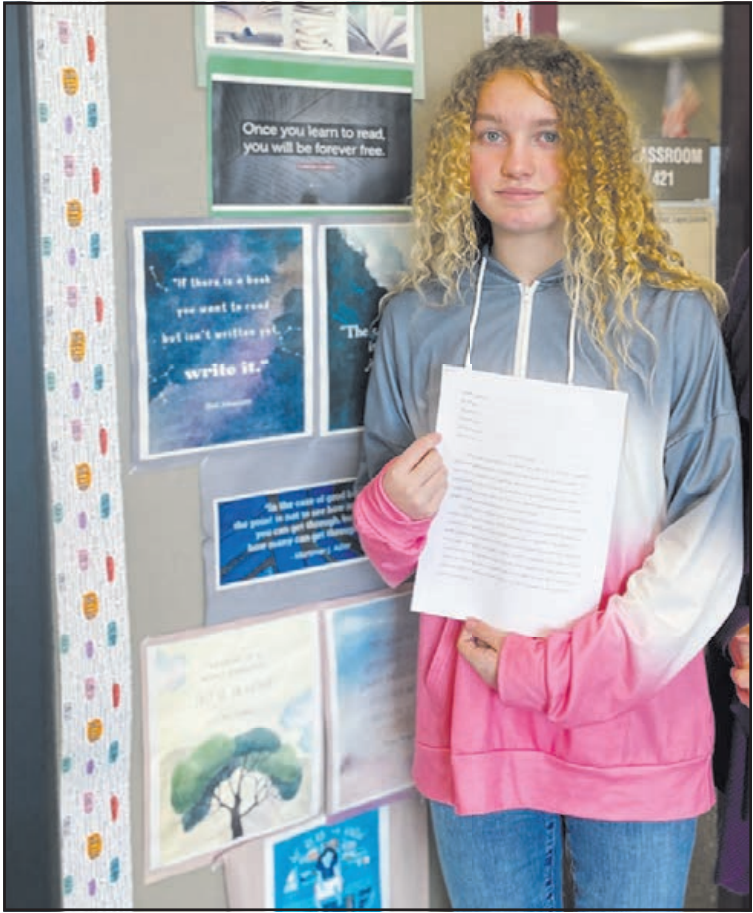
The day also includes educational presentations for parents and 30 guest readers reading to more than 300 children, who will receive free school backpacks filled with books and supplies.

The event will feature children’s artwork, dance and ballet folklorico performances, magic of science events, craft activities for children, food, raffle and much more. Dozens of local teens will be helping with the event in order to receive community service volunteer hours required for graduation.

There will be opportunity drawings, as well as a free computer for one lucky family donated by the Fallbrook Democratic Club. Any local business that would like to sponsor this event or donate items to the opportunity raffle can reach out to Tauna Rodarte at 619-921-3944.

There will be more information to come; the organizing committee is already hard at work. Anyone interested in participating in any capacity, whether as donor, reader or sponsor can contact Rodarte.

Submitted by Fallbrook A Leer.



Lilliana Mont Briand is the eighth grade winner.

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- We combine Biblical spiritual stories to teach principles such as Compassion, Concern for Others and Forgiveness to help children understand and develop tools to respond to their emotions and others in a healthy way.

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- Arts and Science: Rhyming sounds, base site word recognition, writing of letters, numbers and name

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We will also take field trips to the local park and other places on occasion.

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Running towards excellence: Live Oak Elementary’s Fun Run raises the bar

FALLBROOK – Live Oak Elementary School, part of the Fallbrook Union Elementary School District, hosted its highly anticipated Annual Fun Run on Friday, Feb. 16. The event, organized by the Parent-Teacher Association, proved to be a resounding success, bringing together students, parents, and community members for a day of fun-filled activities and fundraising.

The Fun Run serves as the primary fundraising initiative for LOE, with proceeds supporting essential programs and resources for the school community. Funds raised contribute towards assemblies, field trips, additional playground equipment, PE resources, and various other educational enhancements throughout the academic year.

Principal Patti Parson expressed her gratitude for the overwhelming support received from the school community, saying, “The Annual Fun Run embodies the spirit of unity and generosity that defines Live Oak Elementary School. It’s heartwarming to witness students, families, and staff come together to support our school’s mission and enrich the educational experience for all our students.”

The event not only serves as a vital fundraiser but also fosters a strong sense of community within Live Oak Elementary School. Parents and family members enthusiastically cheered on their students as they participated in the run, with some even joining them in the event.

The success of the Annual Fun Run underscores Live Oak Elementary School’s commitment to providing quality education and fostering a supportive environment for its students.

For more information about Live Oak Elementary School and future events, visit <https://loe.fuesd.org/>.

Submitted by Fallbrook Union Elementary School District.

[top] Live Oak students run strong at the school’s annual Fun Run, Feb. 16

[bottom] Live Oak teacher Erin Dobson, cheers on her team before the Fun Run.

Village News/FUESD photos



Whitaker named to dean’s list at Biola University

LA MIRADA – Bethany Whitaker was named to Biola University’s Dean’s List for academic excellence.

Whitaker, a Music major from Fallbrook, was one of approximately 1,600 students who were named to the dean’s list in fall 2023. Biola students are placed on the dean’s list to honor those with a GPA of 3.6 or higher while enrolled in 12 or more credits and whose cumulative GPA is at least 3.2.

“Inclusion in Biola University’s Dean’s List is reserved for students who demonstrate exceptional performance in their academic studies. This honor signifies hard work, engagement, and investment

in scholarship,” said Dr. Tamara Anderson, Senior Associate Provost. “These attributes are the building blocks of continued success, not only in the classroom, but in the workplace and in the student’s personal lives. We celebrate these students and their achievement, looking forward to their future accomplishments.”

Biola University celebrated 116 years of impacting its surrounding communities this month by going back to its LA roots and serving the homeless community in downtown Los Angeles. Biola is a nationally ranked Christian university in the heart of Southern California.

Submitted by Biola University.

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BUSINESS

Community Champions: FUESD’s volunteer heroes transform education



Working together at Mary Fay Pendleton School are, from left, School Librarian Emily Larson, PTSA President Pam Sladek and Campus Supervisor/Yearbook Coordinator Laura Larsen. Village News/FUESD photo

FALLBROOK – In the heart of Fallbrook Union Elementary School District, the spirit of community thrives through the invaluable contributions of volunteers. The commitment of individuals who selflessly dedicate their time to support students and educators has become a cornerstone of our educational ecosystem, fostering an environment where every child can flourish.

Volunteers play a pivotal role in the success of students, providing additional resources, mentorship, and a nurturing presence that extends beyond the classroom. Their impact goes beyond academics, contributing to the holistic development of each student. From assisting in extracurricular activities to offering personalized support, volunteers create an atmosphere conducive to learning and growth.

One of the key pillars of support within FUESD is the dynamic involvement of Parent-Teacher Associations (PTA) and Parent-Teacher-Student Associations (PTSA). These organizations work tirelessly to bridge the gap between home and school, ensuring a collaborative approach to education.

Volunteers from PTA and PTSA contribute significantly to organizing events, fundraisers, and programs that enhance the overall school experience for students.

Principal Brian Frost of Mary Fay Pendleton School emphasizes the vital role of volunteers in shaping the educational journey of students.

He said, “Students thrive when they have increased connectedness to school. One powerful way to build that relationship is through partnerships with parents and parent groups, such as the PTSA. School leaders not only appreciate the support from our parent volunteers, but students see another adult who values education and works to build a caring, supportive atmosphere.”

The ethos of volunteerism within FUESD extends beyond traditional boundaries. It’s not a requirement to have a student enrolled in the district to contribute as a volunteer. The doors are open to anyone willing to make a positive impact on the lives of young learners. Whether they are a parent, grandparent, community member, or professional, there are various ways to get involved and contribute to the success of FUESD schools.

To learn how to become a volunteer and play a part in the transformative journey of FUESD students, individuals can contact their local school. Their willingness to contribute their time and skills can make a significant difference, creating a ripple effect of positivity that resonates throughout the entire district.

As the district celebrates the spirit of volunteerism, it wants to continue to build a community where the success of every child is a collective endeavor. In FUESD, they recognize that together, the community can create an environment where students thrive, educators are supported, and the community is united in the pursuit of educational excellence.

Submitted by Fallbrook Union Elementary School District.

Rainbow Water appoints new board member to Division 3

FALLBROOK – The Rainbow Municipal Water District Board of Directors announced the appointment of Cari Dale to the Division 3 vacancy. Dale, a resident of Fallbrook since 2001 with 30 years of management experience in water and wastewater utilities, was sworn into office at the Tuesday, Feb. 27, board meeting.

Dale is the former director of water utilities for Oceanside, where she oversaw over 150 professionals in the full-service water, wastewater and recycled water programs. While at the city of Oceanside, she managed the annual operating budget of \$114 million and a capital budget of \$91 million.

“We are pleased with the board’s decision to appoint a seasoned professional with a wealth of knowledge in the water industry,” Jake Wiley, general manager of Rainbow Water, said. “Her long-standing relationships in the community and professional experience will be an asset to our board.”

Before working at city of Oceanside, Dale served as operations manager for Olivenhain Municipal Water District and oversaw day-to-day operations and maintenance for water and sewer utilities as the assistant general manager at Carlsbad Municipal Water District. She began her career at the city of Ontario with a variety of positions including environmental programs manager



Cari Dale is the new board member for Division 3 of the Rainbow Water Board of Directors. Village News/Courtesy photo

and assistant utilities director.

Dale received numerous accolades and industry recognitions over the past 30 years, and in 2022, she was awarded the Recycled Water Advocate of the Year from WaterReuse California. She holds a master’s degree in public administration with emphasis in water resources management from California State University San Bernardino and a bachelor’s degree in biology from Macalester College.

Dale fills a position left vacant in December with the departure of Miguel Gasca, who stepped down from the board to move out of the area.

Submitted by Rainbow Municipal Water District.

Worker of the Week fixes more than computers



Bayar Yousif, owner and technician of the B Tech Computer Service Center, works on a client’s hard drive. Yousif has been in the business for the past 10 years and he alone services laptops, iMacs, phones, surveillance services, just a name a few at 413 S. Main Ave. He also provides in home and office calls and provides emergency services as well. His goal for his future is to open other service stations in San Diego County. Village News/David Landry photo

Turning your tax situation from an ough into a hug

Jean Larsen
Legacy Endowment Community Foundation

Even with stock market volatility over the last couple of years, it’s likely that investors own individual stocks or mutual funds in their brokerage account which have appreciated significantly.

If you were to sell that stock to generate cash for your charitable gifts or even for portfolio diversification purposes, the gains would likely be subject to capital gains tax. Instead, consider donating an equivalent amount in stock and avoid capital gains tax altogether.

Neither you nor the charity are on the hook for the tax bill. Keep in mind that a security must generally be held for longer than one year for you to take a charitable deduction equal to the fair market value of the donated security.

Donate your appreciated stock, and if you think today is the day where stock you’ve held onto for a while is at its best value, transfer it. It will take more planning than writing a check as you will need to make sure the charity you’ve chosen has a brokerage account and can accept a stock transfer. It often takes up to a week for the transfer to complete.

On the date of the stock transfer, usually the date your broker writes the transfer request, the charity will acknowledge the gift, calculating the high, low and average of the stock price to send you written, IRS-approved language for documentation. The process isn’t difficult, but it shouldn’t be an exercise you leave until mid-December if you want it completed by year-end.

If a nonprofit organization doesn’t have a brokerage account but it does have an existing relationship with a community foundation, the stock can be transferred to the community foundation and the dollar amount can be added to an existing fund supporting a specific charity or charitable cause or used to create a new one.

If you’re charitably inclined, you’ve likely put a lot of thought into what causes matter most to you and how much you want to donate to them annually. Go one step further and evaluate the diverse methods for optimizing your charitable giving each year.

Proper planning is essential, and it’s important to work with a qualified tax professional or financial adviser to determine if any of these methods align with your tax situation and personal financial plan. It is a great way to feel even better about giving your charitable hug, instead of the tax ramification ough.

Jean Larsen is executive director of Legacy Endowment Community Foundation.

As the often-dreaded tax season approaches, I’m going to give a gentle reminder to think about those year-end plans. Yes, those 2025 plans. I know, I can practically hear the “ugh” as you’re reading, but seriously, yes, planning now will allow people to reap tax rewards a year from now.

In full disclosure, I do not have any kind of crystal ball; however, with the Federal Reserve halting its interest rate hikes, possibly making several decreases by summer, and the stock market doing a bit of a happy dance for the first three months of this year, you can take advantage of a good situation.

Let’s talk about charitable planning. People do like tax benefits, but that’s not why anyone should consider giving charitably. That’s just a sweet cherry on top of the sundae. The reason to give to a charity is because you want to help others and make a difference. The tax benefits work best if you’re charitably inclined from the get-go.

Let’s just say that if you do not generously support your favorite charities and causes currently, it’s best to consider the motivation first and not the tax implications.

Let’s talk about “bunching” which is a concept that has been around for a while. But it gained more recognition in recent years because of the increased standard deduction and the difficulty many taxpayers have getting over that higher tax hurdle. Bunching gifts allows taxpayers to optimize donations by strategically timing and consolidating them to achieve greater tax benefits.

Depending on overall circumstances, there can be advantages to bunching two years’ worth of donations into a single tax year and giving every other year rather than donating the same amount every year.

For example, let’s say you have potential deductions of \$10,000 in mortgage interest payments and \$10,000 in property taxes, and you want to give \$7,000 to a favorite cause as a charitable contribution. You may not have enough in deductions to break through the standard deduction threshold, which is \$27,700 for a couple in 2023, so there’s zero tax benefit for making the contribution.

Instead, bunch two years’ worth of \$7,000 charitable donations into the same tax year so the standard deduction level is exceeded by \$6,300. And it means a reduction of taxable income by that amount. Then, the following year, take the standard deduction.

the village beat

Don’t miss a beat on what is happening in Fallbrook, Bonsall, Pala, De Luz and Rainbow. Whether it is breaking news, local youth sports, or information on events and activities, you will find it quickly and easily at villagenews.com

FUESD and community partner for Read Across America Week

FALLBROOK – Fallbrook Union Elementary School District participated in the nationwide celebration of Read Across America. Throughout the week-long event, FUESD campuses were abuzz with activities aimed at promoting a love for reading among students.

District and community leaders, including local Sheriff Deputies and firefighters, joined students in celebrating literacy. The event featured captivating storytelling sessions, engaging reading-related activities, and students dressing up as their favorite Dr. Seuss characters.

The participation of community leaders fostered positive connections between students and local authorities, emphasizing the importance of community engagement in promoting education and safety.

As Read Across America unfolded, FUESD reiterated its commitment to creating an environment where every child has the opportunity to discover the magic of books and unlock their full potential through the power of literacy.

Submitted by Fallbrook Union Elementary School District.



Maie Ellis teachers dress to celebrate Dr. Seuss during Read Across America Week.

Village News/FUESD photos



Mary Fay Pendleton first graders are ready to listen to a guest reader. [inset photo] FUESD Superintendent Monika Hazel reads to students at William H. Frazier Elementary.



North County Fire Engineer/Medic Jason Bracci speaks to students about fire safety before reading the book "Something Stinks" to them.



San Diego County Sheriff Davis Benner reads Dr. Seuss' "Fox in Socks" to students.

REGIONAL

GI Film Festival San Diego announces 2024 selections

SAN DIEGO –The GI Film Festival San Diego, the largest military film festival in the U.S., has selected the 21 films that will screen at the Museum of Photographic Arts at the San Diego Museum of Art (MOPA @ SDMA) in Balboa Park from May 6-11.

After reviewing about 100 submissions, festival organizers, with the assistance of a community advisory committee, selected this year’s film lineup which includes full-length documentaries, student films, comedies, and more that are for, by, and about the military. A complete list of this year’s lineup with descriptions, runtimes, and directorial credits can be found at <https://gifilmfestivalsd.org/2024/all-films/>.

Local military film festival presents unique stories about healing, homelessness, historic events, and the diverse military experience. In selecting the lineup each year, the festival organizers search for films that showcase military experiences that are often overlooked on the big screen. Festival-goers won’t see action-packed Hollywood blockbusters, but stories that highlight personal accomplishments, the transition home from war, post-traumatic stress, military homelessness, resilience, and healing invisible wounds that occur after service. Also planned are creative and experimental films that celebrate humor, wit, and romance.

The GI Film Festival San Diego tackles challenging topics to give festival attendees a glimpse into the unrecognized experiences of service members, veterans, their families, and caregivers. The festival aspires to bridge the military-civilian divide to allow civilians and military allies to celebrate the accomplishments of current and former service members and better understand the difficulties and struggles they face each day. Ultimately, the festival is a safe space to connect with other veterans, speak about their experiences, and recognize their fallen brothers and sisters.

“We’re back and ready to once again gather together for six days of honoring our military veterans, their families, and their stories,” says Keshia Jarvis-Jones, GI Film Festival San Diego advisory committee member and U.S. Marine Corps veteran. “As a veteran, I have seen first-hand how transformative and inspirational this festival is for everyone that attends regardless of if they served. This is a week of military storytelling to showcase films about the real military experience and to give veteran filmmakers a chance to share their love of cinema with other cinephiles.”

The GI Film Festival San Diego welcomes all to attend its six-day event. Ticket sales began March 1, at the festival’s online box office. There, attendees can secure individual tickets or multi-ticket packs to attend multiple screenings. Tickets for most screenings start at \$10 each or \$8 for military and veterans.

For up-to-date information on this year’s film festival, how to attend, and ways to get involved, visit GIFilmFestivalSD.org.

Honoring our military heroes, one film at a time

For almost a decade, the GI Film Festival San Diego has showcased over 260 films created by international, U.S., and San Diego County filmmakers, drawing in diverse audiences totaling more than 11,000.

The festival’s core mission is to bridge the gap between the military and civilian communities, with each film chosen specifically to share a compelling and distinctive narrative. By challenging preconceptions through personal military storytelling about service and offering multidimensional portrayals of veterans, service members, caregivers, and families, the festival provides a platform for service personnel turned filmmakers to present their unique stories on the cinematic screen.

Submitted by the GI Film Festival.

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FCC Commissioner Starks calls on online marketplaces to stop the sale of insecure and unauthorized IoT devices

WASHINGTON – FCC Commissioner Geoffrey Starks sent letters to five online marketplaces to identify ways to stop the unlawful sale of insecure IoT devices that violate FCC equipment authorization requirements, March 8.

The letters raise concerns about recent reports (Consumer Reports, Washington Post) indicating that these websites sold and continue to

sell easily hacked video doorbells, some of which lack a visible FCC ID, and in some cases appeared to promote listings for such products and otherwise engage in their sale, shipment, or distribution.

“Consumers have embraced the internet of things to make their lives better to the point that a large majority of American homes now have at least one or two IoT devices. With that reach and that

penetration, these devices ought to be secure. That’s why I was angered to read recent reports showing that many video doorbells sold on some of the largest online marketplaces in the world lack even basic security measures and leave buyers exposed to chilling privacy invasions and network intrusions.”

The letters continue, “Just as concerning were reports suggesting

that some of these products violated the FCC’s equipment authorization rules, which protect the public from risky products entering our wireless supply chain. The Biden Administration’s Cyber Trust Mark program – which the FCC plans to vote on next week – offers a strong path forward by helping consumers make smart buying decisions and incentivizing manufacturers and retailers to

take IoT cybersecurity seriously. Working together, we must find better ways to stop risky and unlawful products from entering the commerce stream – and from seeing their sales irresponsibly boosted when they are listed online.”

The letters call for a response by March 22, 2024.

Submitted by the Federal Communications Commission.

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– Marcia Flowers, Toasted Oak Winery, Fallbrook

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PHONE
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Fax (760) 723-9606

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SHERIFF’S LOG

While these reports have been taken straight from the Sheriff’s Office, individuals are innocent until proven guilty. These addresses reveal the block number, not an exact location.

March 5	
500 blk Industrial Way	Misc. incidents - Fire investigations
1100 blk S. Main Ave.	Arrest - Possession of controlled substance paraphernalia and controlled substance
1100 blk S. Mission Rd.	Arrest - Receive/accept known stolen property
March 6	
1000 blk Rice Canyon Rd.	Arrest - Follow up investigation - Felony bench warrant
1000 blk Rainbow Crest Rd.	Misc. incidents
4700 blk Oak Crest Rd.	Vehicle vandalism - \$5000
800 blk S. Mission Ave.	Take vehicle without owner’s consent/vehicle theft
Pala Rd. & Old Hwy 395	Arrest - Kidnapping and threatening crime with intent to terrorize
1400 blk S. Mission Rd.	Arrest - Disturbance/argument - Possession of controlled substance paraphernalia
March 7	
Pala Rd. & Gird Rd.	Arrest - Traffic stop - Possession of narcotic controlled substance and paraphernalia
800 blk E. Mission Rd.	(2) Embezzle leased/rented vehicle
6700 blk W. Lilac Rd.	Obtain money/etc. by false pretenses over \$950
E. Mission Rd & N. Vine St.	Arrest - Battery against officer with minor injury, possession of controlled substance and paraphernalia
1600 blk Jackson Rd.	Fraud - Misc. incidents
1700 blk Pala Lake Dr.	Fraud - Make/pass/publish fictitious check/bill/note
4500 blk La Canada Rd.	Arrest - Possession of controlled substance and paraphernalia, expired registration
March 8	
3100 blk S. Old Hwy 395	Arrest - Possession of controlled substance and paraphernalia
2800 blk Alta Vista Dr.	Fraud - Personate to get money/property over \$400
200 blk Ammunition Rd.	Simple battery and missing juvenile/runaway
March 9	
6000 blk Rainbow Heights Rd.	Grand theft - From motor vehicle
3000 blk Overland Trail	Get credit/etc. others I.D.
5500 blk Mission Rd.	Arrest - Suspicious vehicle - Possession of narcotic controlled substance and controlled substance/paraphernalia
1100 blk E. Mission Rd.	Vandalism
March 10	
700 blk Glenhart Pl.	Arrest - Spousal/cohabitant abuse with serious injury
1100 blk Juliette Pl.	Battery on person
3000 blk Via De Todos Santos	Take vehicle without owner’s consent/vehicle theft
March 11	
1400 blk S. Mission Rd.	Assault with deadly force: possible great bodily injury
300 blk Heald Ln.	Arrest - Suspicious person - Misdemeanor bench warrant
1800 blk Juanita Ln.	Found property
2300 blk Clearcrest Ln.	Contempt of court - Violation of protective order

CALENDAR

March 15, 22 – 5 to 7:30 p.m. – The Fallbrook Knights of Columbus will serve their Annual Fish Fry at St. Peter Parish Hall, 450 S. Stage Coach Lane. Prices are the same as last year: baked salmon or fried shrimp meals are \$15 each; fried cod meal \$10 and kids’ meal, \$5. Meals include potatoes and vegetables or french fries.

March 15 – 1:30 p.m. – Silvergate Fallbrook celebrates St. Patrick’s Day with a lively bagpipe procession, traditional Irish line dancing, and a Highland Way Irish Band. The event will include samplings of traditional Irish favorites, and keepsake photos, raffle prizes, goodie bags and more. This special event is open to seniors and families who are interested in Silvergate senior living, 420 Elbrook Drive. RSVP is required, to Helen Gray at 760-728-8880 or hgray@americarehr.com.

March 16 – 7:30 a.m. to 1:30 p.m. – The Fallbrook Fire Safe Council hosts a free Chipping Day at the corner of Aviation Road and Alturas Road. Local residents can bring branches, trimmed brush, palm branches and other cut vegetation from their properties to have chipped/shredded into mulch.

March 16 – 6 p.m. – Knights of Columbus to hold annual St. Patrick’s Day Dinner Dance with live music, special Irish entertainment, and a surprise act from Las Vegas. Doors open at 5:30 p.m. Dinner includes corned beef and cabbage. The cost is \$35 per person, \$40 after March 10. Reservation forms are available at St. Peter’s parish office or St. Peter’s school office, 450 S. Stage Coach Lane.

March 17 – 2-5 p.m. – Christ Church Fallbrook is holding a Saint Pat’s Bash, 2000 Reche Road. This free community event includes games, a bounce house, music, face paint, leprechaun’s treasure hunt and a Meet St. Patrick Feast.

March 23 – 9:30 a.m. – 2 p.m. – The 20th Fallbrook A Leer/Day of Service & Literacy will take place Maie Ellis Elementary School, 400 West Elder St. The day includes a guest speaker for parents, guests reading to children, free school backpacks with books and supplies, dance and ballet folklorico performances, education seminars for parents, craft activities, food, raffle and more. For more info or to volunteer, contact Tauna Rodarte, 619-921-3944 or TaunaRodarte@gmail.com.

March 23 – 8:30-11 a.m. – The Fallbrook Community Center hosts Breakfast with the Bunny & Egg Hunt, 341 Heald Lane.

March 23 – 10 a.m. – Fallbrook Woman’s Club to hold a Paint ‘N Sip fundraiser led by artist Igor Koutsenko at 238 W. Mission Road. Space is limited for the three-hour class using acrylic paints, and the fee is \$40. RSVP to Michele at 949-940-5102.

March 23 – 2:30-4:30 p.m. – The 2021 documentary short, “Women Talk: Women of History”

will be followed by a talented expert panel at the Fallbrook Public Library Community Room. The event is free and includes light refreshments.

March 25 – 11 a.m. – The Sgt. Wm. Pittenger Camp 21 Sons of Union Veterans of the Civil War honors all those who have received their nation’s highest honor, at its annual Medal of Honor Day Ceremony, at the Fallbrook Odd Fellows Pioneer Cemetery at the corner of Alturas and Clemmens.

April 7 – 2 p.m. – Fallbrook Music Society presents the 32-member Redlands Symphony Orchestra – with featured violinist Lara St. John. The program pairs Vivaldi’s best-known work, “The Four Seasons,” with Astor Piazzolla’s “Four Seasons of Buenos Aires.” Advance tickets are \$20 adult; \$25 after 12 p.m. on April 5. Children 18 and under are free. Concert location: Bob Burton Center for the Performing Arts (Fallbrook High), 2400 S. Stage Coach Lane. For more info and to purchase tickets: www.fallbrookmusicsociety.org.

April 13 – TBA – Boys & Girls Clubs of North County hosts its annual Great Futures Gala at Pechanga Resort & Casino, featuring live music, performances from Club members, a live and silent auction featuring many unique items, and great food and company. Tickets are \$199 per person at www.bgcnorthcounty.org. Call 760-728-5871 for more information. Sponsorships available.

April 21 – 9 a.m. to 5 p.m. – Avocado Festival will be held on Main Avenue, between Hawthorne and Fallbrook streets, with vendors, food, entertainment, Artisan Walk and contests. Admission and parking are free. No pets allowed. For more info, go to fallbrookchamberofcommerce.org/avocado-festival/ or call Fallbrook Chamber of Commerce, 760-728-5845.

April 28 – 11 a.m. to 3 p.m. – Rally for Children holds its 29th year of “Arts in the Park” at Live Oak Park. Admission is free! The event offers art, music, entertainment and endless activities for children and their families. Free bus shuttles are provided from 10:45 a.m. to 3:30 p.m., from both the Maie Ellis Education Center and Potter Jr. High to Live Oak Park and back every 30 minutes. Event co-sponsored by the Fallbrook Union Elementary School District.

May 26 – 10 a.m. to 3 p.m. – The Fallbrook Vintage Car Club’s Car Show and Swap Meet happens in Downtown Fallbrook using the same streets and boundaries as the annual Harvest Faire. Eight restaurants will be open as well as two local food trucks, with live entertainment at Alvarado Street and Main Avenue plus a beer and wine garden in Vince Ross Square. Theme is “Decades of Fords.”

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LEGALS

FALLBROOK COMMUNITY PLANNING GROUP
And DESIGN REVIEW BOARD

Chair, Eileen Delaney
Eileen.fallbrook@gmail.com

Regular Meeting

Monday, March 18, 2024
6:30 PM

Fallbrook Public Utilities District Board Room

990 E. Mission Road Fallbrook, CA 92028

For their convenience, members of the public may attend in-person or virtually through Zoom

https://us06web.zoom.us/j/88274435609?pwd=c0JlSQMy7YySjXHT2GZaAlZmUUAyR.1

Meeting ID 882 7443 5609 Pass code: 697321

Dial in by Phone: 16694449171

Meeting ID: 88274435609# Pass code: * 697321#

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AGENDA

1. CALL TO ORDER

2. STATEMENT (just cause) and/or consideration of a Request to participate remotely.

(emergency circumstances) by a Group Member, if applicable. Voting item as necessary.

3. ROLL CALL

4. PLEDGE OF ALLEGIANCE

5. PUBLIC FORUM. Opportunity for members of the public to speak to the Group on any subject matter within the Group's jurisdiction but not on today's agenda. Three-minute limitation. Non-voting item.

6. Approval of the January 2024 minutes.

7. Approval of the February 2024 minutes.

8. Presentation by the Fallbrook Sheriff's Station: Heather Mitchell, Crime Prevention Specialist on the Blue Envelope Program; Lt. Claudia Delgado, Station Commander on the role of the Sheriff's Department in Fallbrook; Sergeant in charge of Homeless Assistance Resource Team (HART) Community Input. Non voting item.

9. Request for Waiver of a Site Plan for a new monument /art sculpture in the front of NCFPD Administration Building at 330 S Main Ave. Fallbrook. Applicant: Div Chief Peter August, paugust@ncfire.org. Design Review Board Committee. Community input. Voting item.

10. PDS22023-MUP-23-016. Request for a Major Use Permit for Fallbrook Express Car Wash. Location: 1581 S. Mission Rd. Fallbrook. Contacts: Everett Smith, Everett@everettsmithdesigns.com, Scott Yorkison, Scottsalimdevelopment@gmail.com, Ana Salazar, ana@elitetpnp.com County Planner: Daniela Hofreiter, DanielaT.hofreiter@sdcounty.ca.gov Design Review Board Committee. Community Input. Voting item.

11. Request for County DPW to look into safety concerns at the left turn lane going north on 395 at Mohegan. Contact: Resident Tom Cosgrove, tesn82@gmail.com Circulation Committee. Community input. Voting item.

12. Request for County DPW to look into traffic calming options on East Mission, between Stage Coach and Live Oak Park Road. Contact: Resident Stephani Baxter, stephani.fallbrook@gmail.com Circulation Committee. Community input. Voting item.

13. Presentation and request for assistance by Warrior Village Project to locate a site for a 400 sf adu/cottage being built to be donated to a homeless veteran. Contact: Mark Pilcher, mark.l.pilcher@gmail.com Community input. Non Voting item.

14. Report from Eileen Delaney regarding the Association of Planning Groups- San Diego County attendance at SANDAG's annual retreat. Community input. Non voting item.

15. PLANNING GROUP BUSINESS:

Reports:

Chair's report:

Representative to the I-15 DRB: Jeniene Domercq

Project Updates: Steve Brown & Jim Loge

Representative to the Fallbrook Community Forum: Eileen Delaney

Representative to the Village Association: Roy Moosa

Representative to the Fallbrook Chamber of Commerce: Jeniene Domercq

NCFPD & SD Sheriff Reports and information: Tom Harrington

Quarterly Reports (March, June, September, December) or as needed.

Trails Council & CSA-81: Stephani Baxter

Palomar College: Jacqui Kaiser,

Local Schools: Kelly Hansen

Fallbrook Historical Society: Scott Spencer

Fallbrook Regional Health District: JJ Neese

16. ADJOURNMENT

NOTE: The Fallbrook Planning Group occasionally has openings on its Committees for non-elected community members. Interested parties should contact the respective Committee Chairs: Land Use Committee Chair Steve Brown steve.fallbrook@aol.com, Circulation Committee Chair Roy Moosa: 760-723-1181), Parks & Recreation Committee Chair Stephani Baxter: (stephani.fallbrook@gmail.com), Public Facilities Committee Chair Roy Moosa: (760-723-1181), and Design Review Committee Chair Eileen Delaney: (eileen.fallbrook@gmail.com), Ad-Hoc Cannabis Committee Chair, Jeniene Domercq, jeniene.fallbrook@gmail.com

This is a preliminary agenda. If any changes are made, a final agenda will be posted at the Fallbrook Chamber of Commerce (111 S Main Avenue) at least 72 hours prior to the meetings).

Eileen Delaney, Chairperson, Fallbrook Community Planning Group & Design Review Board. Email: Eileen.Fallbrook@gmail.com

OFFICIAL

PLANNING GROUP AGENDAS, MINUTES AND INFORMATION

Website: www.fallbrookplanninggroup.org

FaceBook: https://www.facebook.com/Fallbrook-Planning-Group-109111577938214

Agendas can also be found at: https://www.sandiegocounty.gov/pds/gupupdate/comm/fallbrook.html.

Published March 14, 2024

ORDINANCE NO. 357

AN ORDINANCE OF THE BOARD OF DIRECTORS OF THE
FALLBROOK PUBLIC UTILITY DISTRICT
SETTING THE AMOUNT OF PER DIEM COMPENSATION
FOR THE BOARD OF DIRECTORS

WHEREAS, Public Utilities Code Section 16002 provides that the Board of Directors may increase the amount of per diem compensation that may be received by members of the Board by an ordinance adopted pursuant to Water Code Section 20200, et seq.; and

WHEREAS, on February 26, 2023, the Board of Directors adopted Ordinance No. 355, setting per diem compensation at \$127.63 per day; and

WHEREAS, Water Code Section 20202 provides that the District may increase the amount of compensation which may be received by members of the Board of Directors in an amount not to exceed five percent (5%) for each calendar year since the effective date of the last adjustment; and

WHEREAS, a public hearing to consider an increase in the compensation of the members of the Board was duly noticed in accordance with Water Code Section 20203 and Government Code Section 6066, and said hearing was held on the date hereof.

BE IT ENACTED BY the Board of Directors of Fallbrook Public Utility District as follows:

SECTION I. The Board of Directors of the District hereby amends Ordinance No. 327, "An Ordinance of the Board of Directors of the Fallbrook Public Utility District Authorizing an Increase in Compensation of Governing Board Members," Section 4, "Director Compensation," to read as follows:

Section 4. DIRECTOR COMPENSATION

Compensation for the Directors of the Governing Board for regular, adjourned and special meetings, to include occurrences set forth in Section 2.12 of the Administrative Code, is established at One Hundred Thirty Four Dollars (\$134.00) per day for each day's attendance. A Director shall not receive compensation for more than 10 days of service in a month. Increases will be subject to the requirements of California Public Utilities Code Section 16002 and California Water Code Section 20200 et seq.

SECTION II. All other provisions of Ordinance No. 327, as adopted on January 26, 2009, shall remain unchanged and in full effect.

SECTION III. Ordinance No. 355, adopted February 27, 2023, is hereby repealed and shall no longer be of any force or effect.

SECTION IV. Section 2.12 of the District's Administrative Code shall be revised to replace "One Hundred Twenty Seven Dollars and Sixty-Three Cents (\$127.63)" with "One Hundred Thirty Four Dollars (\$134.00)." All other provisions of Section 2.12 shall remain unchanged and in full force and effect.

SECTION V. If any clause or provision of this Ordinance is found to be void or unenforceable by a court of competent jurisdiction, the remaining provisions of this Ordinance shall nonetheless continue in full force and effect.

SECTION VI. This Ordinance shall be posted at three public places in the District and shall be caused to be published pursuant to Section 0001 of the Government Code in the Fallbrook Village News, a newspaper of general circulation. This Ordinance shall take effect on April 29, 2024, which date is at least one year from the operative date of the last adjustment and is no less than 60 days after its passage.

PASSED AND ADOPTED by the Board of Directors of the Fallbrook Public Utility District at a regular meeting of the Board held on the 26th day of February, 2024, by a roll call vote, as follows:

AYES: Directors Baxter, DeMeo, Endter, McDougal, and Wolk

NOES: None

ABSTAIN: None

ABSENT: None

ATTEST:

Jane DeMeo
President, Board of Directors

Laura Eckers
Secretary, Board of Directors

Published March 14, 21,28, April 4, 2024

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LEGALS

The deadline for Legal notices is Monday, noon. Email to legals@reedermedia.com.

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2024-9004499
Name of Business
CS KITCHEN SAFETY & TRAINING
1265 Breakaway Drive, Oceanside, CA 92057
Mailing address: 1265 Breakaway Drive, Oceanside, CA 92057
County: San Diego
This business is registered by the following:
Sean Patrick Ryan, 1265 Breakaway Drive, Oceanside, CA 92057
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Feb 29, 2024
LEGAL: 6448
PUBLISHED: March 14, 21, 28, April 4, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2024-9002840
Name of Business
WHATEVER THE DAYS
4015 Park BLVD Suite 215, San Diego, CA 92103
Mailing address: 6576 Guava Way, San Diego, CA 92130-5662
County: San Diego
This business is registered by the following:
Davina Agyemang-Donkor, 6576 Guava Way, San Diego, CA 92130
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 1/6/2024
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Feb 29, 2024
LEGAL: 6449
PUBLISHED: March 14, 21, 28, April 4, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2024-9004431
Name of Business
CARMEL MOUNTAIN REHABILITATION AND HEALTHCARE CENTER
11895 Avenue of Industry, San Diego, CA 92128
Mailing address: 29222 Rancho Viejo Road, Suite 127, San Juan Capistrano, CA 92675
County: San Diego
This business is registered by the following:
Bernardo Heights Healthcare Inc, 29222 Rancho Viejo Road, Suite 127, San Juan Capistrano, CA 92675
This business is conducted by a Corporation
This Corporation is registered in the state of Nevada
Registrant first began to transact business under the fictitious name listed above as of 3/1/2008
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Feb 28, 2024
LEGAL: 6450
PUBLISHED: March 14, 21, 28, April 4, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2024-9005278
Name of Business
UV PROTECTION SYSTEMS
4971 El Mirlo Drive, Oceanside, CA 92057
Mailing address: 4971 El Mirlo Drive, Oceanside, CA 92057
County: San Diego
This business is registered by the following:
Chad Mansell, 4971 El Mirlo Drive
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Mar 07, 2024
LEGAL: 6451
PUBLISHED: March 14, 21, 28, April 4, 2024

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2024-9003709
Name of Business
a. SALOMON MOTORS
b. SALOMON LOGISTICS LLC
2922 Sumac Rd, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Salomon Logistics LLC, 2922 Sumac Rd, Fallbrook, CA 92028
This business is conducted by a Limited Liability Company
This LLC is registered in the state of CA
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Feb 16, 2024
LEGAL: 6445
PUBLISHED: March 7, 14, 21, 28, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2024-9003910
Name of Business
a. NORTH COUNTY BACKHOE SERVICE
b. NORTH COUNTY SEPTIC SERVICE
4027 Burma Spur, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
John L Donaldson, 4027 Burma Spur, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 7/1/1976
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Feb 21, 2024
LEGAL: 6446
PUBLISHED: March 7, 14, 21, 28, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2024-9004362
Name of Business
POPEYES LOUISIANA KITCHEN #14277
1485 E. Vista Way, Vista CA 92084
Mailing address: 41760 Ivy St Suite 201, Murrieta, CA 92562
County: San Diego
This business is registered by the following:
Salomon Logistics LLC, 2922 Sumac Rd, Fallbrook, CA 92028
This business is conducted by a Limited Liability Company
This LLC is registered in the state of DE
Registrant first began to transact business under the fictitious name listed above as of 11.19.2023
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Feb 27, 2024
LEGAL: 6447
PUBLISHED: March 7, 14, 21, 28, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2024-9004670
Name of Business
CALIFORNIA VASCULAR HEALTH SPECIALISTS
8273 Top O The Morning Way, San Diego, CA 92127
Mailing address: PO Box 5000-54, Rancho Santa Fe, CA 92067
County: San Diego
This business is registered by the following:
Entersurg, PO Box 5000-54, Rancho Santa Fe, CA 92067
This business is conducted by a Corporation
This Corporation is registered in the state of CA
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Mar 01, 2024
LEGAL: 6452
PUBLISHED: March 14, 21, 28, April 4, 2024

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2024-9002626
Name of Business
a. VILLAGE ROOTS REAL ESTATE
b. VILLAGE ROOT REALTY
40790 Via De La Roca, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
K And L Eidsvold LLC, 40790 Via De La Roca, Fallbrook, CA 92028
This business is conducted by a Limited Liability Company
This LLC is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Feb 05, 2024
LEGAL: 6429
PUBLISHED: February 22, 29, March 7, 14, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2024-9003370
Name of Business
DDMM
3457 Hillside Ln, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Brightside Cleaning Restoration Inc, 3457 Hillside Ln, Fallbrook, CA 92028
This business is conducted by a Corporation
This Corporation is registered in the state of CA
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Feb 14, 2024
LEGAL: 6430
PUBLISHED: February 22, 29, March 7, 14, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2024-9003417
Name of Business
WALT'S WELDING
7418 Rainbow Heights Rd, Fallbrook, CA 92028
Mailing address: SAME
County: San Diego
This business is registered by the following:
Walter Edward Ellis, 7418 Rainbow Heights Rd, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 2/14/2024
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Feb 14, 2024
LEGAL: 6431
PUBLISHED: February 22, 29, March 7, 14, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2024-9002417
Name of Business
G&B
208 E. Mission Rd, Fallbrook, CA 92028
Mailing address: 201 Morro Rd, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
a. Rafael Gaona, 595 Shady Glen Dr, Fallbrook, CA 92028
b. Ricardo Gaona, 201 Morro Rd. Fallbrook, CA 92028
c. Alejandro Gaona, 201 Morro Rd, Fallbrook, CA 92028
This business is conducted by a General Partnership
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Feb 01, 2024
LEGAL: 6432
PUBLISHED: February 22, 29, March 7, 14, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2024-9001775
Name of Business
GRACEFUL REJUVENATION CENTER, LLC
1798 Vista Del Lago, Fallbrook, CA 92028
County: San Diego
Mailing address: 1798 Vista Del Lago, Fallbrook, CA 92028
This business is registered by the following:
Gracelof Rejuvenation Center, LLC, 1798 Vista Del Lago, Fallbrook, CA 92028
This business is conducted by a Limited Liability Company
This LLC is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Jan 24, 2024
LEGAL: 6433
PUBLISHED: February 22, 29, March 7, 14, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2024-9003231
Name of Business
OWGC
825 Douglas Dr., Oceanside, CA 92058
Mailing address: 4550 Coronado Dr., Oceanside, CA 92057
County: San Diego
This business is registered by the following:
Oceanside Women's Golf Club, 4550 Coronado Dr., Oceanside, CA 92057
This business is conducted by an Unincorporated Association – Other than a Partnership
Registrant first began to transact business under the fictitious name listed above as of 04/03/2017
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Feb 09, 2024
LEGAL: 6434
PUBLISHED: February 22, 29, March 7, 14, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2024-9005530
Name of Business
AURYN OAKS
3555 Rosecrans St. Suite 114-106, San Diego, CA 92110
County: San Diego
This business is registered by the following:
Golden Oaks Enterprises LLC, 3555 Rosecrans St. Suite 114-106, San Diego, CA 92110
This business is conducted by a Limited Liability Company
This LLC is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Mar 11, 2024
LEGAL: 6453
PUBLISHED: March 14, 21, 28, April 4, 2024

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2024-9002784
Name of Business
EL DORADO LANDSCAPE MAINTENANCE
1105 Old Stage Rd, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Pascual Jose Gonzalez, PO Box 856, Fallbrook, CA 92088
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Feb 06, 2024
LEGAL: 6438
PUBLISHED: February 29, March 7, 14, 21, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2024-9003928
Name of Business
CAIN'S COINS & COLLECTIBLES
8443 Capricorn Way, Unit 85, San Diego, CA 92126
County: San Diego
This business is registered by the following:
Austin Waide Cain, 8443 Capricorn Way, Unit 85, San Diego, CA 92126
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of 2/12/2024
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Feb 21, 2024
LEGAL: 6439
PUBLISHED: February 29, March 7, 14, 21, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2024-9004004
Name of Business
SOUL CARE FAMILY COUNSELING
330 N. Main Avenue, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Siobhan Moira Welsh, 330 N. Main Avenue, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Feb 22, 2024
LEGAL: 6440
PUBLISHED: February 29, March 7, 14, 21, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2024-9004024
Name of Business
LOS ALAMOS MESSAGE
216 E. Mission Rd #A, Fallbrook, CA 92028
Mailing address: 29626 Yorkton Rd, Murrieta, CA 92563
County: San Diego
This business is registered by the following:
Breathe Wellness Group, 29626 Yorkton Rd, Murrieta, CA 92563
This business is conducted by a Corporation
This Corporation is registered in the state of CA
Registrant first began to transact business under the fictitious name listed above as of 02/22/2024
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Feb 22, 2024
LEGAL: 6441
PUBLISHED: February 29, March 7, 14, 21, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2024-9002165
Name of Business
a. GLUTEN-FREE KITCHEN COMFORTS
b. CULTURE OF FABRIC
3909 Reche Road #135, Fallbrook, CA 92028
Mailing address: 3909 Reche Road #135, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
Sandra Lynne Geffre, 3909 Reche Road #135, Fallbrook, CA 92028
This business is conducted by an Individual
Registrant first began to transact business under the fictitious name listed above as of N/A
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jan 30, 2024
LEGAL: 6442
PUBLISHED: February 29, March 7, 14, 21, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2024-9004250
Name of Business
a. BONFIRE PIT RENTALS
b. BEACH DAY SETUP
c. JET SKI JESSE
813 Law St, San Diego, CA 92109
Mailing address: 813 Law St, San Diego, CA 92109
County: San Diego
This business is registered by the following:
SDCHECKLIST, 813 Law St, San Diego, CA 92109
This business is conducted by a Limited Liability Company
This LLC is registered in the state of California
Registrant first began to transact business under the fictitious name listed above as of 10/20/2022
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Feb 26, 2024
LEGAL: 6443
PUBLISHED: February 29, March 7, 14, 21, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2024-9003243
Name of Business
a. S AND P ENTERPRISES INC
b. VISION BUILDERS
c. BLACK DIAMOND BUILDING
d. STEFFAN CONSTRUCTION
e. VISION BUILDZ
715 Las Ramblas, Fallbrook, CA 92028
County: San Diego
This business is registered by the following:
S and P Enterprises Inc, 715 Las Ramblas, Fallbrook, CA 92028
This business is conducted by a Corporation
This Corporation is registered in the state of CA
Registrant first began to transact business under the fictitious name listed above as of 01/01/2024
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Feb 13, 2024
LEGAL: 6435
PUBLISHED: February 22, 29, March 7, 14, 2024

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case Number: 37-2024-00007290-CU-PT-CTL
TO ALL INTERESTED PERSONS
Petitioner:
BRITTANY AMBER MOLNER
Present Name:
BRITTANY AMBER MOLNER
Proposed Name:
BRITTANY AMBER DONNAN
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: 4/2/2024 Time: 8:30 AM Dept: C-61
The address of the court is 330 West Broadway, San Diego, CA 92101
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News
NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE.
The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120).
If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One copy of the Order Granting the Petition will be mailed to the petitioner.
To change a name on a legal document, including a birth certificate, social security card, driver license, passport, and other identification, a certified copy of Decree Changing Name (JC Form #NC-130) or Decree Changing Name and Order Recognizing Change of Gender and for Issuance of New Birth Certificate (JC Form #NC-230) may be required. Contact the agency(ies) who issue the legal document that needs to be changed, to determine if a certified copy is required.
A certified copy of Decree Changing Name (JC Form #NC-130) or Decree Changing Name and Order Recognizing Change of Gender and for Issuance of New Birth Certificate (JC Form #NC-230) may be obtained from the Civil Business Office for a fee. Petitioners who are seeking a change of name under the Safe at Home program may contact the assigned department for information on obtaining certified copies.
If all requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions.
If a timely objection is filed, the court will set a remote hearing date and contact the parties by mail with further directions.
A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified date. The court will notify the parties by mail of a future remote hearing date.
Date: FEB 16, 2024 Signed: Maureen F. Hallahan, Judge of the Superior Court.
LEGAL: 6437
PUBLISHED: February 22, 29, March 7, 14, 2024

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case Number: 37-2024-00010154-CU-PT-NC
TO ALL INTERESTED PERSONS
Petitioner:
MICHELLE MIRACLE MONTGOMERY
Present Name:
MICHELLE MIRACLE MONTGOMERY
Proposed Name:
RUTH MM DAILEY
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.*
NOTICE OF HEARING
Date: 4/19/24 Time: 8:30 am Dept: 25
The address of the court is 325 S. Melrose Dr, Vista, CA 92081 North County
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News
NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE.
The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120).
If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One copy of the Order Granting the Petition will be mailed to the petitioner.
To change a name on a legal document, including a birth certificate, social security card, driver license, passport, and other identification, a certified copy of Decree Changing Name (JC Form #NC-130) or Decree Changing Name and Order Recognizing Change of Gender and for Issuance of New Birth Certificate (JC Form #NC-230) may be required. Contact the agency(ies) who issue the legal document that needs to be changed, to determine if a certified copy is required.
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If a timely objection is filed, the court will set a remote hearing date and contact the parties by mail with further directions.
A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified date. The court will notify the parties by mail of a future remote hearing date.
Date: MAR 05 2024 Signed: Brad A. Weinreb, Judge of the Superior Court.
LEGAL: 6454
PUBLISHED: March 14, 21, 28, April 4, 2024

NOTICE OF TRUSTEE'S SALE TS No. CA-23-970336-BF Order No.: 150-2387187-05 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 2/14/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): Robert D. Burnquist, a single man Recorded: 2/22/2007 as Instrument No. 2007-0118752 of Official Records in the office of the Recorder of SAN DIEGO County, California; Date of Sale: 4/3/2024 at 10:00 AM Place of Sale: At the entrance to the East County Regional Center by the statue, located at 250 E. Main St., El Cajon, CA 92020 Amount of unpaid balance and other charges: \$624,994.16 The purported property address is: 2446 GREEN HILLS WAY, VISTA, CA 92084 Assessor's Parcel No.: 171-110-10-00 171-110-30-00 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 for information regarding the trustee's sale or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-23-970336-BF. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 916-939-0772, or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-23-970336-BF to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. NOTICE TO PROSPECTIVE OWNER-OCCUPANT: Any prospective owner-occupant as defined in Section 2924m of the California Civil Code who is the last and highest bidder at the trustee's sale shall provide the required affidavit or declaration of eligibility to the auctioneer at the trustee's sale or shall have it delivered to QUALITY LOAN SERVICE CORPORATION by 5 p.m. on the next business day following the trustee's sale at the address set forth in the below signature block. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: QUALITY LOAN SERVICE CORPORATION 2763 Camino Del Rio S San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 916-939-0772 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 QUALITY LOAN SERVICE CORPORATION . TS No.: CA-23-970336-BF IDSPub #0201030 3/7/2024 3/14/2024 3/21/2024



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2208 Via Corto, Fallbrook **\$1,645,000**



28037 Calle Estrella, Temecula **\$528,000**



1120 E. Mission Rd., Sp. 89, Fallbrook **\$155,000**



4135 Diegos Court, Fallbrook **\$725,000**



1041 Willowcreek Lane, Fallbrook **\$1,600,000**



4330 Vista Del Pacifico, Fallbrook **\$1,399,000**



Amazing 4.1 Acre View Parcel w/Multiple Options for Home Construction
Corners are marked and water lateral are at the parcel. Parcel will require grading for driveway access. Seller has preliminary drawings for a driveway option which can be reconfigured by buyers to accommodate their specific vision. Seller also has preliminary drawings for a 4BD dwelling. Views of The Golf Club Of California, Sunsets and the surrounding area.
Offered at \$350,000



View Parcel to Build Your Dream Home On
Great 4.8 Acre parcel with amazing views including the Ocean and incredible Sunsets. Private and peaceful, Corners were recently marked, Septic layout on file for 3 bedroom structure (Will require updating). Fire hydrant on site. Plenty of room to spread out and take advantage of the varied terrain. Recent weed abatement and rough cut pad and access roads throughout the property.
Offered at \$275,000



11.58 Fantastic View Acres with Gentle Topography
Property consists of 2 APN's 107-020-11-00 (1.17 Acre with house) & 107-020-66-00 (10.41 Acres). Seller has started Tentative Parcel Map process TM 21168 for 4 Parcel's plus 1 Remainder Parcel which has expired. Existing home on raised foundation Appx 1806 Sq Ft structure (Fixer/Will require upgrading). Amazing views.
Offered at \$1,000,000



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tw@sbcbglobal.net DRE# 01412145



Classic Fallbrook!
A single level home on .91 acre with pastoral views and a BIG BONUS! The 24"x40" workshop on the property provides endless opportunities for a shop, at home business or storage. Originally part of an avocado grove there are still producing avocado trees. This home has been lovingly cared for and upgraded.
Offered at \$850,000



Donna Shanahan
2021 Top Listing Agent, 1st in Customer Satisfaction & Outstanding Performance

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patandjudyfallbrook@gmail.com
DRE#00582591, DRE#00949710



I am here for you – Let's get you moving!



GERI SIDES,
GRI, BROKER ASSOCIATE
1ST IN CUSTOMER SERVICE AWARDS

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