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September 7, 2023

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Volume 27, Issue 36

**Navy announces Sept. 20 public meeting and public comment period for environmental cleanup plan**

FALLBROOK – The Department of the Navy is announcing a public meeting and a public review and comment period for the Proposed Plan to clean up a waste disposal site at Naval Weapons Station Seal Beach Detachment, Fallbrook, California.

The cleanup site, known as IRP Site 34b, is approximately 9 acres and is located within the north-central portion of the base. The site is not accessible to the public.

IRP Site 34b was reportedly used as a disposal or burial area for dunnage (packing materials used for shipping products) from 1942 until 1978. Disposal material included dunnage and other waste such as scrap metal, wood pallets, and glass waste from the installation.

Based on a detailed evaluation of alternatives, the Navy recommends Alternative 3 – Excavation and Off-site Disposal – to remove historical waste and impacted soil from the target treatment zones at IRP Site 34b.

The Proposed Plan documenting the Navy's approach to excavate and conduct off-site disposal of wastes is available for review at [www.navfac.navy.mil/FallbrookNWS](http://www.navfac.navy.mil/FallbrookNWS).

The Navy will accept public comments on the plan during a 30-day comment period held from Sept. 8 through Oct. 9. Written comments should be postmarked no later than Oct. 9 and mailed to the Public Affairs Officer, Naval Weapons Station Seal Beach, 800 Seal Beach Boulevard, Seal Beach, California 90740. Emailed comments may also be submitted to [rwssbpao@us.navy.mil](mailto:rwssbpao@us.navy.mil) by Oct. 9.

A public meeting to discuss the plan will be held on Sept. 20, from 6 to 7 p.m. at the Fallbrook Community Center, 341 Heald Lane, Fallbrook. Subject matter experts will also be available to answer any questions.

For more information, contact the Naval Weapons Station Seal Beach Public Affairs Office at 562-626-7215.

Submitted by the Naval Weapons Station Seal Beach Public Affairs Office.

**Children have Slurpees with deputies**



San Diego County Sheriff's Detective Botz shows children the inside of a squad car during the "Slurpee with a Deputy" event at 7-Eleven in Fallbrook, Aug. 30. More photos on page A-2

Village News/Shane Gibson photo

**Volunteers needed at Homes For Our Troops event**

FALLBROOK – The national nonprofit organization Homes For Our Troops (HFOT) kicked off the building of a specially adapted home for Marine Lance Corporal Erik Galvan in May. The public is now invited to a Volunteer Day on Friday, Sept. 22 to help landscape LCpl Galvan's future specially adapted custom home.

Registration for the Volunteer Day begins at 7:30 a.m. with work beginning at 8:00. The home is at 1767 Avenida de Nog. Volunteers are asked to RSVP at [www.hfotusa.org/galvan](http://www.hfotusa.org/galvan) and bring garden gloves. They will receive an HFOT T-shirt and lunch. This event will be hosted outdoors under a tent (rain or shine) so volunteers should dress accordingly.

The home built for LCpl Galvan, who was injured while serving in Afghanistan in 2011, features more than 40 major special adaptations such as widened doorways for wheelchair access, a roll-in shower, and kitchen amenities that include pull-down shelving and lowered countertops.

The home also alleviates the mobility and safety issues associated with a traditional home, including navigating a wheelchair through narrow hallways or over thresholds, or reaching for cabinets

that are too high. The community event sponsor for this home build is First Nation Group.

All are also invited to The Key Ceremony for LCpl Galvan when he and his wife will be presented with the keys to his new home, Sunday, Sept. 24. Registration begins at 12:30 p.m. with a start time at 1:00. The ceremony will be followed by light refreshments and an opportunity to tour the home.

Volunteers are needed for both events. For more information, contact Krystina Goroshko at [kgorodhko@hfotusa.org](mailto:kgorodhko@hfotusa.org) or call 774-226-5173 (call or text).

HFOT has built 355 homes since the organization's inception in 2004; its mission is to build and donate specially adapted custom homes nationwide for severely injured post-9/11 veterans, to enable them to rebuild their lives.

HFOT relies on contributions from donors, supporters, and corporate partners for the building of each veteran's home. Community members may hold fundraisers or make donations. To find out more on how to get involved or make a donation, visit <http://www.hfotusa.org> or call 866-787-6677.

Submitted by Homes For Our Troops.



At the kickoff ceremony for the construction of his new home in May, LCpl Erik Galvan describes his life after his injuries sustained from an IED explosion in Afghanistan, with his loving wife and supporting family he is moving on with life and is helping others to face their life challenges ahead.

Village News/David Landry photo

**FCPG calls for Hwy. 76 entrance to Rio Prado Park**

**Joe Naiman**  
 Village News Reporter

The planned San Luis Rey River Park is primarily within the Bonsall Community Planning Area, but part of the park master plan area is within the Fallbrook Community Planning Area so the Fallbrook Community Planning Group may make recommendations about portions of the park.

The Fallbrook planning group recommended Aug. 23 that the main entrance to Rio Prado Park, which is part of the planned San Luis Rey River Park, be from State Route 76.

The planning group approved the recommendation on a 13-0 vote with Jacqui Kaiser and J.J. Neese absent. "We are recommending that the county pave the main entrance to Rio Prado Park off of 76 and use Dulin Road as an alternative or emergency route," said Fallbrook Community Planning Group Chair Eileen Delaney.

"It was beautiful to see the process operate the way it's supposed to," said Stephani Baxter, who chairs the Parks and Recreation Public Facilities Committee of the Fallbrook Community Planning Group.

The San Luis Rey River Park boundaries are yet to be determined and land will be acquired only from willing sellers. The river park will stretch for nine miles and encompass approximately 1,600 acres. The park will provide open space areas including trails, staging areas and habitat preservation and will also include active recreation land such as ball fields, play areas and picnic facilities.

The San Diego County Board of Supervisors approved the master plan for the river park in September 2008, and that action also certified the Programmatic Environmental Impact Report for the master plan. The county has now acquired 765 acres for the river park.

The most recent county acquisition was approved by the Board of Supervisors in December 2022. That 49-acre parcel was purchased from the California Department of Transportation and is directly off State Route 76. The land is adjacent to a 68-acre site the county acquired for the river park in 2009.

The most recent acquisition will allow the two properties to be combined and improve direct access to Rio Prado Park from Highway 76 as well as expand the range of recreational amenities at the park.

The specific amenities will be determined following public engagement, design and environmental analyses; initial surveys conducted in 2019 indicated public interest in multi-use sports fields, an equestrian staging area and a dog park.

The widening of State Route 76 from two lanes to four between South Mission Road and

Interstate 15 required acquisition of land or temporary easements for approximately 30 parcels, including the land which was previously Fabulous Horse Farm, which was known as Faubus Farms until the facility was purchased in late 2008.

The negotiations to purchase Fabulous Horse Farm included acquisition of a remainder parcel not needed for the highway widening. The structures on the remainder parcel were scheduled for demolition with the remainder parcel being used as mitigation land for sensitive habitat purposes; the 2017 Lilac Fire burned those buildings.

Ironically, the planned river park helped stop the spread of the Lilac Fire; firefighting crews and equipment operators banded together at the location and successfully made a stand while other parts of the San Luis Rey

see **PARK**, page A-2

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**VILLAGE NEWS**



# ANNOUNCEMENTS

The deadline for all announcements and press releases is Friday, 3 p.m. Email to [villageeditor@reedermedia.com](mailto:villageeditor@reedermedia.com).

## FGMS meeting to feature geology professor



Musician/geologist Phil Stoffer will present the geologic history of this region and discuss the local bedrock geology and fault systems.

Village News/Courtesy photo

FALLBROOK – The Fallbrook Gem and Mineral Society presents Phil Stoffer’s “Finding Faults in Our Evolving San Diego Landscape” at its monthly meeting, Thursday, Sept. 14, at 7 p.m.

Stoffer will review the geologic history of this region and discuss characteristics of the local bedrock geology and fault systems. From geology field cartographer to

college instructor, Stoffer has worn many hats in the geology field. He earned a Ph.D. in Earth and Environmental Sciences from the City University of New York.

Stoffer currently teaches oceanography and physical geology at Mira Costa College. His teaching website, [gotbooks.miracosta.edu](http://gotbooks.miracosta.edu), includes free online textbooks in geology

and oceanography, and has information about geology field-trip destinations in San Diego.

The meeting will be at the Fallbrook Gem and Mineral Society, 123 W. Alvarado St. on Alvarado Street between Main Avenue and Mission Road. Light refreshments will be available.

Submitted by the Fallbrook Gem and Mineral Society.

## Tri-tip dinners offered before home football games

FALLBROOK – The Fallbrook High School FFA students are hosting their famous Tri-Tip BBQ dinner before the football game this Friday, Sept. 7. Dinner will be served from 5:30-7 p.m. at the Agriculture department, which is located at the east end of the football field.

Each meal includes tri-tip,

beans, salad, dinner roll and a drink. The price for each dinner is \$15. Call the Ag department at 760-723-6300 ext. 2508 for more information or just show up.

This is a fundraiser for FFA leadership development activities throughout the school year. All residents are encouraged to come and support this nationally

recognized FFA and cheer the local football team on to a successful season.

The other home football games are on Sept. 15, Sept. 29 (Homecoming), and Oct. 20.

Submitted by Fallbrook High School FFA.

## SLURPEE from page A-1



Children learn about law enforcement during the “Slurpee with a Deputy” event at 7-Eleven in Fallbrook.



Roxane Rubalcaba, 4, enjoys her free Slurpee during the “Slurpee with a Deputy” event at 7-Eleven on Fallbrook.



San Diego County Sheriff's Deputy Bell gives activities and free Slurpee coupons to children during the “Slurpee with a Deputy” event at 7-Eleven in Fallbrook.



San Diego County Sheriff's Deputy Rodriguez gives activity sheets and free Slurpee coupons to children during the “Slurpee with a Deputy” event at 7-Eleven in Fallbrook.

# CALENDAR

**Sept. 7-29** – Preparations for Scarecrow Days include a Scarecrow Kids Corner at the Fallbrook Farmers Market in downtown, open Saturdays 9 a.m. to 1:30 p.m. Sept. 9, 16, 23, 30 and Oct. 17. Scarecrow workshop dates: Sept. 7, 8, 9; 14, 15, 16; 21, 22, 23; 28, 29, 30; 9 a.m.-12 p.m. at 300 N. Brandon Road, Suite 6. The cost is \$5 per person. For more info, call 760-728-5845.

**Sept. 13** – 10-11:30 a.m. – The Wednesday Cancer Support Circle is open to anyone affected by cancer, including the caregivers and family members of a loved one with a diagnosis. September's group will decorate rocks at the Michelle's Place Office on the Health & Wellness Center campus, 1636 E. Mission Road. There is no charge to attend. For questions, call 951-699-5455 or email [fallbrook@michellesplace.org](mailto:fallbrook@michellesplace.org).

**Sept. 19** – 10-11:30 a.m. – Michelle's Place Cancer Resource Center hosts its monthly Mind, Body and Beyond, for anyone affected by cancer, including the caregivers and family members of a loved one with a diagnosis. September's group will learn about horse therapy at REINS, 4461 S. Mission Road in Fallbrook. No charge to attend. For questions, call 951-699-5455 or email [fallbrook@michellesplace.org](mailto:fallbrook@michellesplace.org).

**Sept. 24** – 2 p.m. – Fallbrook Music Society presents the unique sounds of the Santa Barbara Trio in concert at the Mission Theater. This exceptional threesome promises to deliver an inspiring program that crosses over classical and popular selections. Admission is free. For more info: [www.fallbrookmusicsociety.org](http://www.fallbrookmusicsociety.org)

**Sept. 26** – 10-11:30 a.m. – Michelle's Place Cancer Resource Center hosts its quarterly Brunch and Learn, for anyone affected by cancer, including caregivers and family members. “Courageous Conversation” is presented by Community and Hospice Resource Provider Caroline Rath and Kristi Necochea, Director of Community Relations from Hospice of the Valleys, at the Health & Wellness Center, 1636 E. Mission Road. No charge to attend. For questions, call 951-699-5455 or email [fallbrook@michellesplace.org](mailto:fallbrook@michellesplace.org).

**Sept. 29** – 8 a.m. to 5 p.m. – Adult Mental Health First Aid. This free 8-hour certification public education program will be offered at the Fallbrook Regional Health District's Community Health & Wellness Center, 1636 E. Mission Road. Learn to identify, understand and respond to signs of mental illness and substance use disorders and provide initial aid. For more info including additional training dates or to register, call 760-731-9187 or visit <https://www.fallbrookhealth.org/mental-health-first-aid>.

**Sept. 29** – 10 a.m. – Boys & Girls Clubs of North County to host the annual North County Cup at Journey at Pechanga. Registration opens at 10 a.m. and tee time is 11:30 a.m. Followed by a delicious awards banquet with auction and opportunity drawings featuring many hard-to-get items. Golfers of all levels are welcome; all proceeds benefit the Boys & Girls Clubs of North County. For more info, visit [www.bgcnorthcounty.org](http://www.bgcnorthcounty.org) or call 760-728-5871

## PARK from page A-1

River Park were used to land helicopters dropping off California Department of Forestry and Fire Protection hand crews.

Initially, the county's Department of Parks and Recreation anticipated an entrance to Rio Prado Park off of Dulin Road. Rancho Monserate Country Club residents have expressed concern about the traffic, especially when multiple vehicles leave after an event is completed. Although Dulin Road is a public road, the Rancho Monserate travelways are private. Rancho Monserate Country Club residents often cross Dulin Road to access features of the senior community.

“It would have been a disaster safety-wise if the county didn't purchase the Faubus property,” Baxter said.

Many Rancho Monserate residents expressed their preference for Dulin Road being used only as an alternate emergency access route during the Aug. 23 planning group meeting.

The Department of Parks and Recreation planner who gave the presentation on Rio Prado Park also gave a presentation on the San Luis Rey River Park master plan, which was a non-voting item for the planning group, and members of Greater Fallbrook's equestrian community provided input.

“I was just a proud Fallbrookian that night to see so many people come together,” Baxter said.

The San Luis Rey River Park also includes Bonsall Community Park near the intersection of State Route 76 and Camino Del Rey. That park will total 63 acres including 55 acres to be developed.

The amenities will include soccer fields, baseball or softball fields, basketball courts, tennis courts, a skate park, a bicycle skills park, playgrounds, multi-use pathways, picnic areas, a dog park and restrooms.

If funding permits, the initial construction contract will include a photovoltaic energy system utilizing carport roofs. Completion of Bonsall Community Park is currently scheduled for March 2025. Construction on the Rio Prado Park improvements will begin after Bonsall Community Park is completed.

“Rio Prado Park is a park that is a few years away,” Baxter said.

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**Ken's Corner**

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John lives and works in Fallbrook. As a Realtor® for over 34 years, he is proud to have served a number of Fallbrook homeowners. Some were already here, and many others came to our town through his hard work and local knowledge of all things Fallbrook. He stands ready to serve you!



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**Sharon's Corner**

**Looking to buy or sell?**

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**LET'S TALK! - Sharon**

**Business Spotlight**



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# OPINION

## Re: 'Dear Dave Maynard & Julie Reeder' [Village News, Letter, 08/31/23]

Thank you, Gretchen Martin, for calling out the ugly rhetoric that has often made the pages of the Village News. All are entitled to opinions, but the cowardly bashing of low-hanging fruit and easy targets of the LGBTQ+ community has become a cottage industry for the political right, including some letters and opinion columns appearing in this paper.

What has happened to "love thy neighbor as thyself" also known as "live and let live"? Exactly who does it harm if my neighbor loves or is married to someone of the same sex? Who is harmed if my neighbor's child feels uncomfortable in their birth skin and asks for help to become true to themselves? Does this harm me? Does it harm my family? Does it lower our property values?

Are they decent, law-abiding people who care for their families, pay their taxes and treat others with respect? Who, exactly, is being threatened? Once the "othering" and marginalization of people who don't look like us, or pray like us, who are "different" begins, it can have ugly consequences – like the murder in Lake Arrowhead.

It would be prudent to take a look back at not-so-distant history and heed the words of Martin Niemöller, German pastor and Nazi concentration camp survivor, words which ring as true today as they did when written:

First they came for the socialists, and I did not speak out – because I was not a socialist. Then they came for the trade unionists, and I did not speak out – because I was not a trade unionist. Then they came for the Jews, and I did not speak out because I was not a Jew. Then they came for me – and there was no one left to speak for me. – Martin Niemöller

And then, on a following page, what should appear but another

paean to Donald Trump from Mr. Maynard, whose bromance with "The Donald" seems to be holding up nicely in the face of four criminal indictments containing 91 felony charges, one conviction for sexual abuse and defamation, 30,573 (and counting) documented lies, six bankruptcies, the Trump University scam, the Trump Family "Charity" scam – and the list goes on and on and on.

Some facts here – inconvenient things, aren't they, but facts nonetheless – Donald Trump has been a horror even before he started wearing long pants. Former neighbors of the Trump family in Queens, New York describe a sadistic bully who beat up weaker kids, was caught throwing rocks at a neighbor's toddler in an outdoor playpen, punched one of his teachers in the face which got him sent to military school, mercifully taking him off the streets until he graduated from high school. Then on to draft dodging – "Cadet Bone Spurs" received five deferments, arranged through favors owed to his father.

Fast forward to his father's death in 1999 when Trump wrested control of the family fortune and cheated his dead brother's family, cruelly cutting off medical insurance to a critically ill infant nephew because the cheated relatives had the audacity to sue and it "annoyed" him.

His idolatry of and close association with Roy Cohn, one of the vilest human beings ever to draw breath; his hiring of foreign workers and then refusing to pay them, threatening to have them deported if they complained or sued him.

His mob ties, his glorification of violence; his appearance, standing next to Vladimir Putin in Helsinki, selling out our country while the world watched; his blatant, ugly

racism.

Trump, never one to be burdened by morality or conscience, referred to dead American troops and heroes as "losers," the most egregious example of course being John McCain. Watching Trump walk onto a stage and hug the flag that he refused to honor turns the stomach – and then, icing on the cake, the incitement of a mob attack on the Capitol with the intent to overturn a lost presidential election and stay in power.

Yes, Mr. Maynard's description of kleptocracies is correct, but he seems to have transposed administrations – during the four years that Trump was in office, corruption took place on a massive scale, rarely seen in this country's history, and hopefully will never be repeated.

However, Trump has already promised, if re-elected, to jail his opponents, curtail the free press, eliminate most of the Federal Government and what can't be eliminated will be seeded with MAGA bottom-feeders doing the Dear Leader's bidding.

And maybe Jared will get another 2 billion from the Saudis, wouldn't that be nice?

The fact that millions of seemingly nice, normal people think Trump's behavior is acceptable and wish to give him another four years is incomprehensible; our country will not survive. For those who think that Trump cares about ordinary Americans and their problems, let me enlighten you – Trump cares for no one but himself and never has; he should never again be allowed to hold any public office.

*Bob Silvestro, registered  
Republican  
Georgiana Silvestro,  
Independent*

## Hello Village News Readers, I'm back!

After a mental health break from the drama of this so-called "newspaper," I have resubscribed. Even though I hate putting more money in the coffers of a right wing rag, I feel I must be proactive in following the shenanigans of my adversaries.

I am well aware I am putting myself in the right wing lion's den by opening my First Amendment pie hole, but I don't give a damn! This is an unfortunate newspaper situation in our community. Hopefully, one day soon Julie Reeder will retire.

First, I want to thank the defendants of democracy who continue to stand up to right wingers' "out of their mind" opinion on a regular basis. I commend you! When I told my husband I was resubscribing, he said, "Oh, great you'll be in a bad mood every time you read the paper."

I truly wish this wasn't the case and I can tell that many people would prefer information, not political BS. Why can't we just do that? There are plenty of outlets to get your perspective fix. Why can't Fallbrook really be a friendly village? No one is changing anyone's mind! Haven't we all learned that by now? I've conducted a citizen survey which says not many Democrats subscribe any longer.

If Julie really cared about what the community needs, she could ask and answer that question for herself. The bonus for her would be getting new subscribers to help pay for the paper that she's currently begging for money to support.

Second, if you are in District 1, I ask you to please vote for Tauna Rodarte in the Fallbrook High School Board Special Election. It is so important that we vote. This is a mail-in only special election, so please make sure your ballots are returned by Sept 19. You can learn

more at [www.taunarodatre.org](http://www.taunarodatre.org).

I know Tauna, and I can tell you she is not going to ban books or censor history education. We don't want to be like the Temecula Valley School Board, which is now being sued by the state of California for their book banning policies and limiting education.

As I think back on my high school education in conservative Missouri, I am outraged and furious that I'm now learning about things that were never taught to me. For example, the Tulsa Race Riots or the way the Native American peoples were portrayed in this country. This is unacceptable! We should never shy away from the truth.

The group called "Freedom Fighters" are not fighting for freedom, they're fighting for control over knowledge! That's undemocratic insanity at its finest! The dictionary describes a Freedom Fighter "as a person who takes part in a resistance movement against an oppressive political or social establishment." Really think about that – who's the oppressor!

And (the other part of the conversation) no one is grooming children. What a joke! Kids who don't fit in need to know it's ok to be who they feel they are. One of the greatest crimes inflicted on our kids is not being supportive in letting them decide for themselves what is right for them – including reading books!

Here's the hard truth – parents are groomers! If you're telling your children you don't find gay or bi people acceptable in this world, you are the criminals. Have you really never thought about the hundreds of thousands of humans prior to gay rights who lived a life hiding who they really are? And how sad that life must've been.

*Linda Wilson*

## Re: 'Trump is not above the law' [Village News, Mitchell letter, 8/24/2023]

According to letter writer Genevieve Mitchel, "MAGA" Republicans are not standing up for our democracy and freedom to vote. In reality, they are revolted by the avalanche of contrived charges against President Trump.

Evidently, she misses the blatant hypocrisy of that statement, since Democrats are using an onslaught of Federal and State court indictments to knock out their opposition's current frontrunner. That can and will work both ways; Republicans are through with this double-standard, which means Democrat candidates should now expect legal attacks by Republicans at election time, or during their elected terms.

Ms. Mitchel brings up the indictments alleging a conspiracy to overturn the 2020 election. The Georgia indictment is already off to a rocky start after they accidentally released the charges against Trump and his "co-conspirators" – before the grand jury even voted on the charges! This may be the first direct evidence of their kangaroo-court behavior.

She should also remember this: President Trump was subjected to a "Russian collusion" investigation, based on the Democrats releasing a fictional "dossier" from the Clinton campaign. There was

no collusion between the Trump campaign and Russia proven, much less any supporting facts to justify the false accusations. Total wasted cost to taxpayers of \$32 million.

President Trump was subjected to an impeachment charade because he asked about V.P. Biden's shakedown of the Ukraine government, which had threatened Hunter Biden's \$1 million per-year "job," and the likely payoffs to the Bidens. The Democrats' whole justification for impeachment was that his question was election interference against Trump's likely 2020 opponent! Now, the Democrats are doing everything they can to interfere with the 2024 election.

President Trump was subjected to another impeachment attempt with the accusation of inciting an insurrection of the U.S. capitol, despite telling his rally attendees to go "peacefully." That failed too.

Now, the tables will turn since there is no other way to make Democrats understand that their politicians are not above the law, either. I just hope that legal persecution is the limit of what the Democrats will do.

*David Lewis*

## Re: 'Georgia has spoken: Donald Trump is not above the law' [Village News, Letter, 08/31/023]

In response to Captain H. Firth II' letter, first, I wonder why he needs to mention his rank in? Does that mean you are use to having people snap to when you speak?

So does that mean Bill and Hillary, who have killed unbelievable numbers of people in Arkansas, Ruby Ridge, Waco, DC and a recent hanging, aren't above the law? Or deleting evidence and smashing computers?

Or Hunter and Joe and their "family business" that sold what? Or Obama and his doctored "birth certificate." Now serving his third term that required Trump being "defeated," one way or another. Do they qualify too?

So all the Trump ballots found in the dumpsters, video of closed polls having Democrats pulling out hidden boxes of ballots, Trump ahead by 750,000 ballots in Pennsylvania and suddenly all counting stops for four days and three other states do the same thing

simultaneously and you have the unmitigated gall to pontificate, "No one is above the law?"

Of course, the letter is absurd to anyone who follows the blatant transgressions of our Constitution by your sacred commiecrats, but it's the incredible gall to think us that stupid. It's legal to question elections, just ask Hillary and Al.

And now Gretchen Martin's letter filled with more self-righteousness wisdom. So, as a standard bearer doe the MGB/GT+1 community, (yes I know) did you happen to remember the stable "transgender" who shot several kids in school or did it slip your memory as fast as it did the media's?

Aren't we lucky that when God makes a "mistake," there are so many gifted people that can "fix" His mistakes – and other "special" people that can herald it.

*J. Schembri*

## News you may not have heard

California has consistently had some of the lowest infant and maternal mortality rates in the United States. For example, in 2020, California had an infant mortality rate of 3.29 while the worst states – Mississippi and Arkansas – had 8.12 and 7.38 respectively.

California's maternal mortality rate was 10.1 while the worst states – again, Mississippi and Arkansas, had 43.0 and 43.5 respectively, both four times more than California's! There are several reasons for this success.

First, California has expanded access to prenatal and postpartum care through programs like Medi-Cal, which provides free or low-cost health insurance to low-income women who are pregnant or have young children.

California also allows eligible

women to stay on Medi-Cal for a full year after giving birth, while other states cut off Medicaid coverage 60 days after delivery. This continued access to care helps women manage conditions that could lead to poor birth outcomes.

Second, California has robust public health programs aimed at improving outcomes for mothers and babies. For example, the state's Black Infant Health Program provides support services like counseling, childbirth education, and case management to African American women who are pregnant or caring for infants. Targeted programs like this help address persistent disparities in infant and maternal mortality among different racial/ethnic groups.

Third, California has less teen pregnancies compared to other

states. Teen mothers are more likely to have preterm births and low birth weight babies. California mandates comprehensive sex education in public schools and has expanded access to contraception – two evidence-based strategies for reducing unintended pregnancy among teens.

Finally, California has enacted a range of policies around maternity care quality and safety. The state requires hospitals to have certain protocols in place to prevent maternal hemorrhage and responds aggressively to data showing racial or ethnic disparities in mortality. Ongoing efforts aim to make childbirth safer and eliminate preventable deaths.

I say "Bravo, California!", leader and exemplar in yet another field.

*John H. Terrell*

# Arise Shine "KINGDOM"

**Are you doing things your way? Pay attention!**

“**Seek the Lord** while He may be found,  
Call upon Him while He is near.  
Let the wicked forsake his way,  
And the unrighteous man his thoughts;  
Let him **return to the Lord**,  
And He will have mercy on him; And to our  
God, For He will abundantly pardon.  
**'For My thoughts are not your thoughts,  
Nor are your ways My ways,' says the Lord.**  
For as the heavens are higher than the  
earth, So are My ways higher than your  
ways, And My thoughts than your thoughts.”

Isaiah 55:6-9

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## Newspaper industry decline seen during storyteller's recent sojourn

**Tim O'Leary**  
*Special to the Village News*

Here's a tale of four newspapers in decline. For me, it is the best of times and the worst of times.

It is the best of times because today I am a columnist, a pinnacle of my craft. I have a publisher who appears to like what I write and, with scant editing, spends her precious ink on my ragged doggerel.

It is the worst of times because her two weekly newspapers, which serve a vast area that stretches from Bonsall to Lake Elsinore, Menifee, Hemet and Anza, are struggling to survive. The newspaper industry is in free fall. I was reminded of that painful fact during a recent jaunt that I initially viewed as an escape from the four walls that had increasingly closed in on me over the past decade.

My recent freedom from caregiving – my wife Margaret is now far away in a dementia facility – allowed me to scratch my travel itch. It was a relatively short burst, just 440 miles by car. But it took me back to my first failure in getting a full-time reporting job and my first success in doing so.

My failure came in 1982 – the

year I graduated from college. There an arrogant editor sniffed at me and scoffed at how a recent journalism school grad with only a part-time writing pedigree could aspire to the lofty Santa Barbara News-Press.

Seaside Santa Barbara is stunningly beautiful, and it was my first stop.

I found my first full-time writing home a year or so later, 55 miles to the north in Lompoc, which is close to a wild, blustery beach and was known at the time for its vast flower fields and its sprawling Air Force Base. It took me two tries, but there I was covering cops, courts, schools, the fire department, agriculture and the local housing authority.

I came into my own there, and thus Lompoc was the second and last stop on my four-day getaway. I had expected to stage a glorious return into a bustling newsroom of a small daily paper that in my day was staffed by a publisher, three editors, three full-time reporters, several stringers, ad reps, printing press and production crews and an assemblage of other misfit toys.

I thought I might bump into a former co-worker or two. I wondered if Vaughn Proctor, the veteran city reporter who grudgingly took me

under his wing, was still alive. I remembered that Vaughn and his wife grew orchids as a hobby.

I parked in front of the Lompoc Record building. It looked dark, withered, void of life and purpose. The front door was locked. The side door that was typically used by the newspaper's staff was boarded up.

I soon learned that years ago the paper had been sold to, or absorbed by, the Santa Maria Times. The Record now comes out just once a week, a mere two or three pages at the front of a zoned edition of the Times, which is printed 30 miles away. The Record still exists, but as a mere shadow of its former self.

Then I learned that the News-Press had folded in July, one of the 488 daily newspapers to die over the last 50 years. That paper's downfall was dissected in a piece that reporter Nick Welsh wrote for the weekly Santa Barbara Independent in its Aug. 17-24 edition.

It was the cover story headlined: "The Death of a Daily." The subhead read: "The Rise and Self-inflicted Fall of the News-Press."

Welsh adroitly told that many residents and media observers blamed the death on missteps taken by its last owner, Wendy P.

McCaw, who was initially seen as a rich, eccentric local champion of environmental and preservationist causes.

Others simply attributed that paper's death to the industry's inexorable fall, one that is widely linked to the migration of newspaper readership and advertising revenue to digital platforms and other sources.

Experts said newspaper advertising revenue plummeted from \$37.8 billion in 2008 to \$14.3 billion in 2018, a 62% decline. Newsroom employment plummeted 47% in that same period, according to those sources.

Welsh reported that 60 people worked in the News-Press newsroom in 2006. It dropped to two after a string of internal and external problems and the paper moved from its iconic downtown "citadel" to a Goleta storefront.

That staffing vacuum, which has occurred everywhere, has devastated the depth and scope of American newspaper reporting.

More than 300 American newspapers stopped publishing in 2020 alone.

There is a lesson here, folks. Please support your local papers.

Read them, buy them and advertise in them. Please heed Welsh when he said, "Without getting gloppy and sentimental, newspapers hold a unique place in the community they serve. They're privately run, profit-driven enterprises that also attempt to function as a public trust. In this regard, newspapers function like self-appointed grand jurors – charged with keeping elected officials accountable and the public informed."

We can all do our part. Perhaps we can save what's left of this vital public service. Our little papers are important to the communities they serve. Please help them grow and strengthen as they struggle to serve us all.

I'll let Welsh make the final pitch: "What happens now? I don't pretend to know. But I do remember sitting on a panel discussion on the future of journalism in 2006 as the News-Press meltdown achieved critical mass. My answer then was simple. We need more bodies. More reporters."

"My answer today is exactly the same. More bodies. More reporters," Welsh said.

## Kicking It with our phones

**Elizabeth Youngman-Westphal**  
*Special to The Village News*

And all of this time, you didn't even know it. Sadly, you've probably even been guilty of it. Certainly, if you have children, you have had it done to you. In fact, it's usually done to you by the ones you love the most.

Often you will be sitting right next to them, at the dining room table, or in a movie, a concert, at the theatre, or a restaurant, often in the company of friend's 'n' loved ones, in the car, but of course, the worst is behind the wheel.

Call it a tick. A nervous condition. Society is hooked across the generations! And it all started with the movie, "You've Got Mail." Instead of food, now we are rewarded by the sound of an electronic ping.

Like lab rats, our nervous system has developed a knee-jerk reflex condition to it. While for senior adults it may have taken us decades to acquire the response, our youngster's spongy nervous systems have absorbed the concept from the cradle.

Regardless, we, like Pavlov's dogs are now conditioned to respond. It's like a mental tick.

Back in the old days, we had to wait for our mail delivery to see which friend and family member wrote to us. Now we are trained responders. It's an automatic reaction to snag the phone and see who is reaching out to us. It sets our nervous system a dither. It is a now response. We cannot wait to see who has sent us data. We don't even have to like the person. We just need to read it. Now!

Like those pesky dogs, we too respond to sound. Like me, you probably even have a special ringtone. It doesn't matter. We're all guilty of phone snubbing. Phubbing is the new word.

Although it was decades before we even got the answering machine to allow us to screen incoming calls, one wonders how long it will take for mankind to set aside our personal phones? Admit it, we are phrequently phubbed by total strangers!

Yet, phubbing is a vast improvement over strangers filling the air with their loud-obnoxious-babble. Too often I've been imprisoned at the boarding gate by a self-important passenger discussing their cat's diet with their bestie.

By the way, when did instant communication become de

rigueur? It seems big tech has conditioned us to the mindless flow of uninterrupted dribble. But mostly isn't it just noise?

One ponders about the sanctity of our personal quiet space. Going a step further, here is the conjugation as I see it. To phub. To be phubbed. We can be the phubber or the phubbee. There is the act of phubbing. And what of those who act phubbly? Legally we might be The Phubbor. It all boils down to being the last cocked-up opportunity to indict Trump.

*Elizabeth can be reached at eyoungman@reedermedia.com.*

## Village News and Sourcebook give hometown atmosphere

Congratulations to Julie Reeder and the Village News for an outstanding Sourcebook. It is so interesting to see what amazing services are available in our

village. The historical articles are especially interesting.

From the days of The Enterprise, it has always been a pleasure to receive a local weekly newspaper

and be informed of happenings in our local area. Taking advantage of the recipe offer from Judith Bell was fun. It was a nice assortment, like going through grandma's

recipe drawer. The Holiday Cookbook will be exciting to explore.

Hopefully, the Village News and Sourcebook will continue for a

long time and keep the hometown atmosphere for all of us.

*Granger and Margie Haugh*

## Court rulings vindicating doctors, 'misinformation spreaders', Ivermectin, and parents

**Julie Reeder**  
*Publisher*

In recent weeks, there have been notable court rulings that deserve our attention, and some of the comprehensive accounts are featured in this edition. Amid the COVID pandemic, while mainstream news outlets engaged in mockery and name calling, our commitment led us to continued research and discussions with medical professionals. We stood firm against the derogatory labels and negative rhetoric aimed at those of us who approached the situation critically, rather than blindly following the narrative.

When did seeking input from experts on the frontlines become "extremist" or "dangerous"? When did questioning governmental actions, particularly as journalists, become inappropriate? This inclination to question is a fundamental aspect of our role. An example that resonates is a local doctor I spoke to during the pandemic, who preferred anonymity due to potential harm to his reputation and funding.

Why is it frowned upon to probe the motives behind information censorship and the repercussions faced by professionals? These questions acquire heightened significance in light of recent court rulings against the FDA regarding Ivermectin. I believe this story is being underreported because it makes the government and the mainstream media look bad. The impact of this story is important.

Recall the time during COVID when Ivermectin was dismissed as "horse paste" and labeled unsafe. This was a baseless characterization from the start. Consider the chorus of respected physicians advocating for Ivermectin and hydroxychloroquine as effective and cost-efficient early COVID-19 treatments. Yet, the FDA launched a derogatory campaign, ridiculing these treatments and dissuading their use. Why?

Nightly news broadcasts even joined in, poking fun at individuals

who trusted their doctors. Our government went so far as to collude with social media platforms to suppress frontline doctors, and spreading misinformation through sponsored advertisements. However, in a significant turn of events, a court ruling on Sept. 1 found the FDA overstepped its boundaries by advising against ivermectin use against COVID-19. U.S. Circuit Judge Don Willett's statement highlights this: "FDA can inform, but it has identified no authority allowing it to recommend consumers 'stop' taking medicine."

The FDA's intrusion between doctors and patients is unwarranted. Note the wealth of global data from countries like India, Peru, Africa, and the USA, where doctors were advocating for Ivermectin with great success. But advocates faced criticism as "purveyors of disinformation" despite their expertise. This struggle was aided by Republican Senate leaders like Ron Johnson, who held hearings to counteract media misinformation and censorship. Covering these hearings was crucial, as they provided the alternative perspective vital for our community.

These doctors, scientists, military personnel, and university professors weren't conspiracy theorists but valiant healers. Some paid dearly for their stance, losing jobs or licenses. Yet, they have been persevering in courtrooms and achieving victories, even in California.

The reputation of Ivermectin was so tarnished, that even the government in India, where effective Ivermectin-based household treatments were proving amazing and saving lives, was hesitant to disclose that it was Ivermectin in the treatments given to households.

Consider a comprehensive study from the NIH's PubMed by actual scientists, unrelated to industry influence: "Since March 2020, when IVM was first used against a new global scourge, COVID-19, more than 20 randomized clinical

trials (RCTs) have tracked such inpatient and outpatient treatments. Six of seven meta-analyses of IVM treatment RCTs reporting in 2021 found notable reductions in COVID-19 fatalities." Notably, Ivermectin's inventor received a Nobel Peace Prize for its vital contribution.

Challenging the pharmaceutical industry's interests, Ivermectin's affordability posed a problem, thus necessitating a campaign to undermine its reputation. The true issue lies in the pharmaceutical companies' inability to profit immensely from a safe, effective remedy, contrary to their experimental vaccines. The other true issue is how the government and the media and the health industry just lost their objective minds and went along, unquestioning and throwing out any critical thinking.

Startling new CDC Nursing Home Data also demonstrates that COVID-19 vaccines raised elderly mortality risks. An analysis by Michels et al reveals obscured mortality data in Pfizer

BioNTech COVID-19 Vaccine Trials, suggesting they knew about much higher deaths among the vaccinated but concealed it during the approval process. Dr. Peter McCullough, in a recent substack highlighted the omission of updated data, which showed more deaths among vaccinated trial participants than the placebo group.

Furthermore, the CDC's revelation about higher variant infection rates overall among the vaccinated versus the unvaccinated, raises questions. The timing coincides with President Biden's funding announcement for a new vaccine against a fresh variant, suggesting a perpetual cycle. As mask mandates resurface, it's pertinent to note accumulating data that questions their efficacy as well. There is also evidence that wearing masks is actually more dangerous.

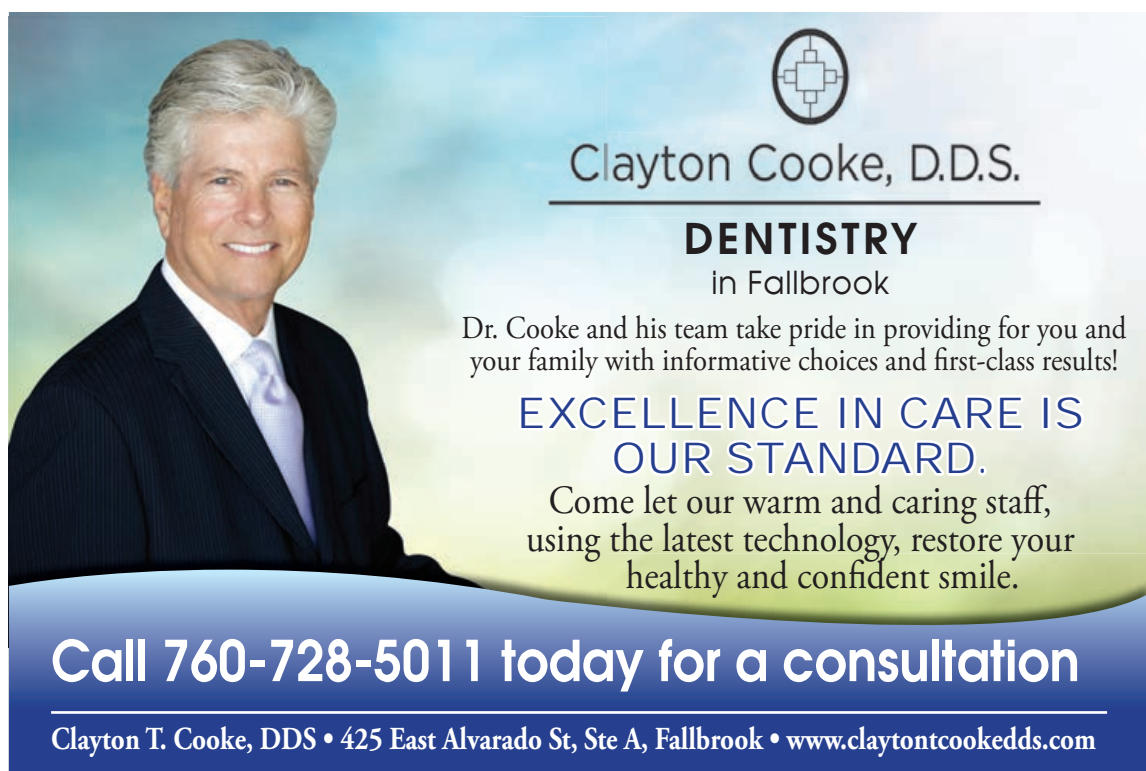
In the midst of this, our vigilance is key. It's acceptable to inquire before embracing experimental substances. It's valid to ponder the constitutionality of imposed beliefs and actions. Our medical choices

are ultimately our responsibility. Embracing the truth might not be popular, but it could save your life and the lives of your loved ones.

Another noteworthy court decision this week:

Moving forward, a landmark ruling concerning parents and schools is poised to reshape dynamics. Parents contest teacher unions, administrations, and government officials to safeguard their right to know about student identity changes. A recent court verdict favored a mother who sued her school district, alleging the encouragement of her child's gender transition without her knowledge. This precedent-setting case awarded \$100,000 to the family and hints at more battles to come.

Our readers' intelligence stems from our coverage of these intricate issues. The intricate dance between medical debates, governmental actions, and societal shifts necessitates ongoing vigilance. Through this, we strive to illuminate the multi-faceted aspects of these crucial narratives.



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## Donated blankets raise funds for D’Vine Path

FALLBROOK – D’Vine Path held their annual fundraiser on Aug 26, selling hand crocheted and knitted blankets from the Fallbrook Blanket Project as well as many items from other donors. D’Vine Path is a dynamic nonprofit program for adults with autism and other disabilities, specializing in horticulture, viticulture, hospitality and social skills. They welcome financial donations at any time and have volunteer opportunities. They can be reached at 760-626-6116 or [info@dvinepath.org](mailto:info@dvinepath.org).

The Fallbrook Blanket Project is an ongoing nonprofit which provides hand crocheted and knitted blankets of all sizes, hats, scarves, etc. to Fallbrook and North County charities and for their fundraisers.

The free group meets every Monday at Living Waters Church from 10a.m. to noon to knit, crochet and socialize. They welcome new members and donations of yarn so they can provide free yarn for those creating for the charities. For more information, visit [fallbrookblanketproject.org](http://fallbrookblanketproject.org) or email [fallbrookblanket@gmail.com](mailto:fallbrookblanket@gmail.com).

Submitted by the Fallbrook Blanket Project.



Tiana Batali and her mother, Lenila Lingad hold a handmade blanket donated by the Fallbrook Blanket Project. Village News/Courtesy photo

## A black kitten is waiting to be rescued



Macchiato is available for adoption at the Fallbrook Animal Sanctuary. The volunteers there want people to know that black cats are least likely to be adopted, (giving a cat lover a chance to be an instant hero); black is the purr-fect color; black is slimming “fur” sure; and the English believe spotting a black cat is good luck. To make an appointment to meet Macchiato, email [Info@fallbrookanimalsanctuary.org](mailto:Info@fallbrookanimalsanctuary.org).

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## Remember to celebrate Grandparent’s Day



**Dr. Rick Koole**  
LifePoint Church

“I hope you get a black eye fighting for something you believe in. I hope you have to share a bedroom with your younger brother or sister. And it’s all right if you have to draw a line down the middle of the room, but when he wants to crawl under the covers with you because he’s scared, I hope you let him. When you want to see a movie and your little sibling wants to tag along, I hope you’ll let them.

“I hope you have to walk uphill to school with your friends and that you live in a town where you can do it safely. On rainy days when you have to catch a ride, I hope you don’t ask your driver to drop you two blocks away so you won’t be seen riding with someone as uncool as your Mom.

“If you want a slingshot, I hope your dad teaches you how to make one instead of buying one.

I hope you learn to dig in the dirt and read books.

“When you learn to use computers, I hope you also learn to add and subtract in your head.

I hope you get teased by your friends when you have your first crush on someone, and when you talk back to your mother that you learn what Ivory soap tastes like. May you skin your knee climbing a mountain, burn your hand on a stove and stick your tongue on a frozen flagpole.

“I don’t care if you try a beer once, but I hope you don’t like it... And if a friend offers you dope or a joint, I hope you realize they are not your friend.

“I sure hope you make time to sit on a porch with your grandparents and go fishing with your uncle. May you feel sorrow at a funeral and joy during the holidays. I hope your mother punishes you when you throw a baseball through your neighbor’s window and that she hugs you and kisses you at Christmas time when you give her a plaster mold of your hand.

“These things I wish for you – tough times and disappointment, hard work and happiness. To me, it’s the only way to appreciate life.”

Paul Harvey was an unparalleled radio phenomenon. For 57 years from 1951 to 2008 – one year before his death – his broadcasts on ABC News Radio reached as many as 24 million people per week. Paul Harvey News was carried on 1,200 radio stations, 400 American Forces Network stations and in 300 newspapers. While in college, I loved to hear his “News and Comment” as well as his famous “The Rest of the Story” segments.

Paul Harvey was also a writer who famously wrote “A Letter to My Grandchildren.” Sept. 10 is Grandparent’s Day, and I thought you grandparents might enjoy what he wrote.

“We tried so hard to make things better for our kids that we made them worse. For my grandchildren, I’d like better. I’d really like for them to know about hand-me-down clothes and homemade ice cream and leftover meat loaf sandwiches. I really would.

“I hope you learn humility by being humiliated, and that you learn honesty by being cheated.

I hope you learn to make your own bed and mow the lawn and wash the car. And I really hope nobody gives you a brand-new car when you are 16. It will be good if at least one time you can see puppies born and your old dog put to sleep.

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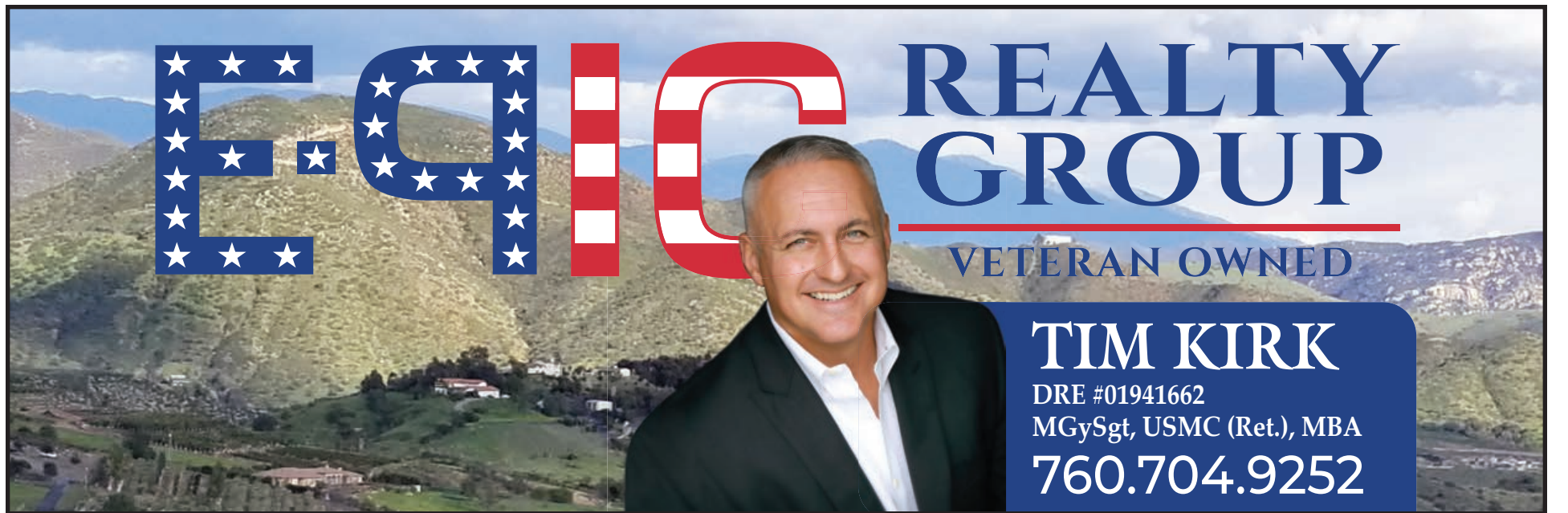
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YEAR	RATE	YEAR	RATE	YEAR	RATE	YEAR	RATE	YEAR	RATE
1953	3.25	1971	7.48	1985	12.43	1999	7.44	2013	3.75
1954	3.0	1972	7.38	1986	10.19	2000	8.05	2014	4.30
1955	3.5	1973	8.04	1987	10.21	2001	6.97	2015	3.66
1956	3.75	1974	9.19	1988	10.34	2002	6.54	2016	3.64
1957	4.5	1975	8.05	1989	10.32	2003	5.82	2017	4.10
1958	4.0	1976	8.87	1990	10.13	2004	5.84	2018	4.0
1959	5.0	1977	8.85	1991	9.25	2005	5.87	2019	3.9
1960	4.5	1978	9.64	1992	8.39	2006	6.41	2020	3.72
1965	5.0	1979	11.20	1993	7.31	2007	6.34	2021	2.65
1966	5.5	1980	13.74	1994	8.38	2008	6.03	2022	6.94
1967	5.75	1981	16.63	1995	7.93	2009	5.04	2023	6.48
1968	6.75	1982	16.04	1996	7.81	2010	4.69		
1969	8.5	1983	13.24	1997	7.6	2011	4.32		
1970	7.25	1984	13.88	1998	6.94	2012	3.89		

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<b>SOLD</b> 7-3-2023 FALLBROOK \$950,000	<b>SOLD</b> 7-7-2023 SPRING VALLEY \$779,848	<b>SOLD</b> 8-4-2023 FALLBROOK \$895,000	<b>SOLD</b> 8-4-2023 FALLBROOK \$1,750,000	<b>IN ESCROW</b> PALM SPRINGS	<b>IN ESCROW</b> FALLBROOK

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# Lady Warriors take a swing at tennis



Lady Warrior Olivia Searle returns a serve during a varsity tennis match against Valley Center, Aug. 31.

Village News/Shane Gibson photos



Fallbrook's Em Carroll hustles and returns a shot against Valley Center during a doubles match.



Fallbrook's Kady Manion follows through with a forehand shot against Valley Center.



Lady Warrior Jenny Cardenas returns a shot at the net during a doubles match against Valley Center.



Lady Warrior Angie Palmerin attempts to return a backhand shot against her Valley Center opponent.



Fallbrook's Jordan O'Farrell protects at the net during a doubles match against Valley Center.



Fallbrook's Ashlyn Trujillo hustles for the ball at the net against Valley Center during a doubles match.



Lady Warrior Rose Rannells returns a shot during a doubles match against Valley Center.



Lady Warrior Natalie Guadalupe returns a forehand shot against Valley Center during a doubles match.

BUSINESS

# Worker of the Week prepares for clients



James C. Alvord, a Fallbrook attorney, goes over his notes before his next client arrives for a meeting. Alvord has been practicing law here, in the same office, for the past 25 years, at 405 S. Main Ave. Specializing in wills and trusts, he offers free consultations and can be reached by calling 760-728-1960.

# Peace given Vallecitos principal title

**Joe Naiman**  
Village News Reporter

Michelle Peace is now the principal of Vallecitos Elementary School.

Peace had been the school's assistant principal during the 2022-23 school year. A 4-0 Vallecitos School District vote Aug. 1, with one vacant seat, approved a one-year contract for Peace as the school's principal.

"I'm excited to have her," said Vallecitos Superintendent and Chief Business Officer Meliton Sanchez.

Maritza Koeppen was the Vallecitos School District superintendent and Vallecitos Elementary School principal from January 2018 until Aug. 5, 2022. That was the effective date of when she resigned to become the assistant superintendent of human resources for the National School District, which educates elementary school students in National City and Lincoln Acres.

Gary Wilson, who had been the superintendent and principal in the one-school San Pasqual Union School District, was the interim superintendent and principal with the Vallecitos district between Koeppen's departure and the district's hiring of Ramona Leyba as the interim superintendent and principal.

An Oct. 11, 2022, board vote approved Leyba's contract for the interim position. Leyba's interim status allowed Sanchez to wind up his Palo Verde Unified School District activities and join the Vallecitos district Dec. 1, 2022.

Linda Miller was the Vallecitos School District business manager before she retired Aug. 31, 2022. Sanchez had been the chief business officer of the Palo Verde Unified School District for five

years prior to joining the Vallecitos district. There he undertook both the superintendent position and the chief business officer role as well as his desire to be on campus and his previous experience as the vice-principal of an elementary school in the Brawley Elementary School District.

Sanchez was the nominal principal as well as the district's superintendent and chief business officer. Peace was also the assistant principal while Wilson and Leyba were interim principals as well as interim superintendents. "She went through so many superintendents," Sanchez said.

The 2022-23 school year was Peace's first at Vallecitos Elementary School. She was previously the English learner program coordinator at San Marcos High School.

"Michelle showed such stellar leadership last year," Sanchez said.

Her service as the functional principal caused the board to make her the formal principal. "It was beneficial to elevate her," Sanchez said. "It just made perfect sense."

The contract with Peace for principal services covers the period from Aug. 1, 2023, to June 30, 2024. Her annual salary will be \$124,888.34, which was also her 2022-23 salary. "We just made a title change only," Sanchez said.

Vallecitos School District employees begin with a two-year probationary period. The 2023-24 school year will be Peace's second on probationary status. The school board may offer Peace a multi-year contract if her 2023-24 performance meets district standards.

"I'm extremely happy for her," Sanchez said. "She takes a load off of me."

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# Hodges serving as Toastmasters area director

**Joe Naiman**  
Village News Reporter

Carole Hodges is a Toastmasters area director this Toastmasters year.

Hodges will be the Area 3 Director for 2023-24. Area 3 consists of Hodges' Fallbrook Village Toastmasters club, the Chamber Club in Escondido, the Downtown Escondido Club and Rancho Bernardo Toastmasters.

The area director works with club presidents and other club officers. "I'm simply there to support them," Hodges said.

Toastmasters International formerly called the area director position an area governor. However, the role of an area governor was to be a liaison between the district and the area's clubs and the area governor had no actual power other than to schedule speech contests. San Diego County is in District 5 (Imperial County and Yuma are also in District 5), and that district now only has the International Speech Contest (the district winner advances to a higher level and the final level is at the international convention). In recent years, multiple contests were scheduled by the district (District 5 has 29 areas in six divisions; Area 3 is in the Inland Division); details of the 2024 area, division and district contests have not yet been finalized.

Hodges lived in the Bay Area for 25 years before moving to Santa Monica to be closer to her mother. She joined Toastmasters International in 2003 and was initially in Santa Monica Club 21, which is in District 1 and was the 21st Toastmasters chapter.

Some members join Toastmasters to improve their public speaking skills while others join to become comfortable with public speaking. Hodges had been involved in musical performances for 25 years before joining Toastmasters. "I was very comfortable being on the stage," she said. "Coming up with your own words and standing up in front of people is an entirely different skill."

During her time in Club 21, Hodges was an area governor for 2009-10. After her mother passed away, Hodges moved to Fallbrook in 2011. "I took a couple of years off from Toastmasters," she said.

The Fallbrook Chamber of Commerce was the first organization Hodges joined after moving to Fallbrook. "I didn't know anybody much in town, but I found the chamber," she said.

Hodges is professionally a business profitability coach. She is also one of the Fallbrook Chamber of Commerce ambassadors (who are liaisons between the chamber administration and the chamber's member businesses). The Fallbrook Chamber of Commerce also has an honorary mayor, which is determined by which candidate raises the most money for a local non-profit organization. Hodges ran for that position two months after moving to Fallbrook to allow her to get to know the community. (Lila MacDonald, who is now Lila Hargrove and the chief executive officer of the Fallbrook Chamber of Commerce, raised the most money in the 2011 campaign and served as honorary mayor for that term.)

"Toastmasters gave me the confidence to decide to be honorary mayor two months after I arrived," Hodges said.

Twenty-five years ago, Fallbrook had two Toastmasters chapters: Fallbrook Toastmasters and Fallbrook Village Toastmasters. Both of those clubs had disbanded by the time Hodges moved to Fallbrook. Hodges joined Carlsbad-Oceanside Toastmasters, which meets in Carlsbad, in 2012.

The Distinguished Toastmaster (DTM) is Toastmasters International's highest educational achievement. In 2006, Toastmasters International restructured its educational program and created separate communication and leadership tracks. Those who achieved both the highest communication track level (Advanced Communicator Gold) and the highest leadership track level (Advanced Leader Silver) earned the DTM award. A Toastmasters member who achieved Advanced Leader Bronze could obtain Advanced Leader Silver by serving a full term as a district officer (including an area governor), completing a high-performance leadership project, and serving as a sponsor or mentor for a new club or as a coach for a struggling club.

When Hodges joined Carlsbad-Oceanside Toastmasters she needed

only to sponsor or mentor a new club (or coach a struggling club and bring that club back to the 20-member threshold for new clubs) to obtain her DTM. Hodges became the sponsor of the provisional Fallbrook club.

The new Fallbrook Village Toastmasters is not a revival of the former chapter by that name. "The other one was not in existence for years," Hodges said. "We were a fresh new club in 2014."

Fallbrook Village Toastmasters obtained the minimum 20 members to charter. Hodges received her DTM in 2014. She also became a member of the new Fallbrook club. "I didn't need to drive to Carlsbad," she said.

Distinguished club status in Toastmasters is based on membership and educational achievements. "We have been a top-rated club in Toastmasters ever since we started," Hodges said.

The winners of the club contests affiliated with the district advance to the area contest, and the area contest winners advance to the division contest. Fallbrook Village Toastmasters members have won multiple area contests since the club chartered. "We're sending good speakers to contests," Hodges said.

Areas and districts also have criteria for distinguished status. Hodges understands that the goals of individual Toastmasters members are more important than district goals. "You have to balance what's good for the club, what's good for the people. That's what leadership is really about," she said.

As an area director working with chapter presidents – and as a former club president herself – Hodges understands that club presidents have to focus on the needs of the chapter and its members rather than on district-originated criteria. "Being president is a learning experience every time," she said.

All clubs transitioned from in-person meetings to video meetings during the coronavirus shutdown. Some of those clubs did not survive the loss of in-person meetings, some clubs have returned to meeting in person and other clubs still have remote meetings. Rancho Bernardo Toastmasters still meets on-line, and since the duties of the area director include making club visits, the remote format for those 7 a.m. meetings is actually beneficial to Hodges. "It's actually just getting on a call. I don't need to leave my house," she said.

Area contests during 2022-23 were remote with multiple contests being held on the same day. "Most people did not want to sit in front of a computer all day," Hodges said.

District 5 has not yet decided whether this Toastmasters year's area contests will be in person, on-line or by a hybrid format. "Our club contest will be 100 percent live," Hodges said.

Until the details of the area contest are decided, Hodges' primary task as an area director will be to assist with the growth of the Area 3 clubs. "It's a worthwhile effort. I'd love to see more people," she said.

# Reed Family Enterprises given NCFPD contract for administrative building upgrades

**Joe Naiman**  
Village News Reporter

Reed Family Enterprises, Inc., was given the North County Fire Protection District contract to provide upgrades to the NCFPD administrative building.

The NCFPD board voted 5-0 Aug. 22 to award a \$354,728 contract to Reed Family Enterprises, which is based in Temecula, for the work. The scope of work includes parking lot asphalt repair and resurfacing, exterior door replacement, building entry security access control, a visitor parking stall meeting current Americans with Disabilities Act standards, exterior paint and window coverings, a new sign to replace the light-emitting diode sign which no longer functions, a replacement of the flagpole on the grounds, renovation of the restrooms and the employee break rooms, and drainage improvements which will prevent flooding during heavy rain.

"We're very pleased that Reed Family has been awarded the contract. They've done work with the district before. They do quality work," said NCFPD Fire Chief Keith McReynolds.

The NCFPD moved its administrative offices from Ivy Street to Main Avenue in 2009.

Neither the building nor the grounds have had upgrades or significant repairs since then.

"We bought the admin building years ago and we really have not done any upgrades to the building since we purchased it," McReynolds said.

In addition to enhancing the aesthetics of the property, the upgrades will increase security and reduce tripping hazards. A 2022 site safety inspection conducted by NCFPD staff indicated the need for multiple repair and improvement projects on and around the premises.

The August 2022 NCFPD board meeting authorized district staff, in conjunction with Erickson-Hall, to develop a request for proposals to construct the facility enhancement projects at the NCFPD headquarters building. Reed Family Enterprises, which previously performed maintenance work on NCFPD Station 2 on Winterwarm Drive, was the low responsible bidder.

"The work will make fire admin more functional for our employees, safer for our employees, and will enhance the visitor experience," McReynolds said.

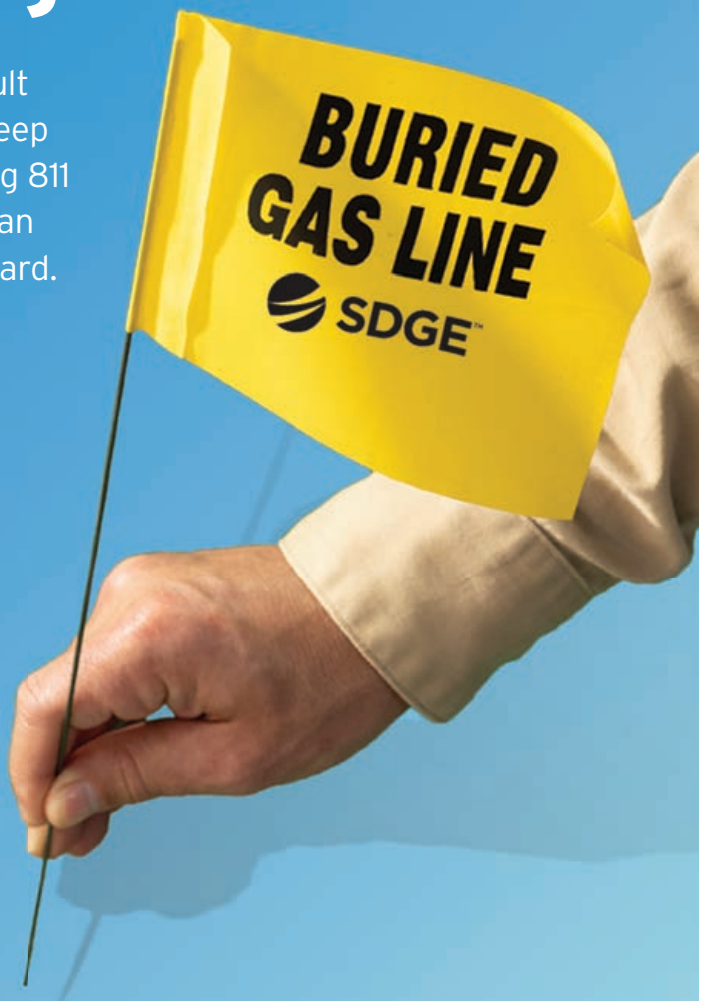
The renovations are expected to be complete during spring 2024. "We're looking forward to getting the renovation under way," McReynolds said.

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# HEALTH

## County achieves national public health reaccreditation status

**Shauni Lyles**  
County of San Diego  
Communications Office

The Public Health Services (PHS) department, in the County of San Diego's Health & Human Services Agency (HHS), received national recognition for its continued progress in keeping the region healthy, safe and informed about public health issues and concerns.

PHS achieved initial accreditation, in 2016, from the national Public Health Accreditation Board and was recently reaccredited on Aug. 21, 2023.

"Protecting the health of individuals is the County's number one priority," said Wilma J. Wooten, M.D., M.P.H., County public health officer. "Reaccreditation confirms that the local public health systems are helping to achieve the mission of protecting all communities."

This recognition demonstrates that the County continues to meet national standards and provide needed quality public health services to the community, some of which include the following:

- Investigating public health problems
- Informing and educating the public about health issues
- Enforcing public health laws and regulations

- Preparing for and responding to public health threats, emergencies and disasters
- Advancing health equity across a diverse population

Earning public health reaccreditation is a process that requires review of standardized measures by an expert panel.

The panel looks at procedures investigating public health threats, which include foodborne illness, active tuberculosis, and communicable diseases such as Ebola, Zika and COVID virus.

The panel also reviews processes used in enforcing public health laws and regulations related to beach closures, hazardous materials, and restaurant inspections.

The County's PHS department, partnering with the Department of Environmental Health and Quality, Medical Care Services and the Office of Emergency Services delivers these essential public health services.

"This reaccreditation designation recognizes the County's continued commitment across departments and with our community partners throughout the region when responding to public health issues," said Dr. Eric McDonald, interim HHS director.

More information about public health accreditation is available at [www.phaboard.org](http://www.phaboard.org).



A microbiologist, in the Public Health Services department, prepares samples to test for Zika.

Village News/Courtesy photo

## The three things mentally sharp people do as they age

**Isabelle Phillippe**  
Special to the Village News

Memory loss and cognitive decline are just a natural part of getting older, right?

Wrong, actually.

Multiple scientific studies have now proven that our brains are more plastic than we think, and our memory and thinking abilities can even change for the better. I see this every day among our students at the UC San Diego Division of Extended Studies' Osher Lifelong Learning Institute, a membership-based program for individuals 50 years of age and older who are interested in pursuing intellectual interests and enriching their lives through continuing education.

However, this doesn't just happen on its own. Older adults need to actively work at maintaining their brain health—and doing so takes a "lifelong learning" mindset. In honor of Adult Learners Week (Sept. 19-

25), I thought it would be useful to share three major but fairly simple things everyone can do to make sure they stay mentally sharp as they age.

### 1. Stay physically active and find new ways to move

As tempting as it might be to become more sedentary because you can't do the same things you used to the way you used to, it's so important to stay active. Every physical activity can be adapted to your abilities, and everyone's bodies are different day to day. Multiple medical studies have shown that the more active you are as you age, the healthier you'll be for longer.

But did you know that staying physically active – especially if it's while you're learning a new activity, sport, or type of exercise – can improve your brain function too? Plus, joining an exercise class, group activity, or sports team is a great social outlet. Which leads us to the second step to stay mentally sharp as you age...

### 2. Stay social and make new friends

It can be hard to stay social in the same way you used to as you age. However, it's so important for both our mental and physical health to stay connected and even make new friends. Strong social ties boost our brain function, whereas social isolation has been shown to increase the likelihood of dementia. The negative health effects of loneliness have been shown to be similar to smoking up to 15 cigarettes per day.

But there are a number of ways to meet like-minded people if you feel like your social circle is shrinking. Meetup groups and organized social activities through your church or other community organization are a great place to start, as are adult education programs. Many universities offer non-academic activities for seniors in addition to their adult education classes, such as theater performances, concerts, and happy hours.

### 3. Learn new skills—and maybe even continue your education

Learning something new is the best way to keep your mind sharp, hands down – and the great news is, you're never too old to do it. Even better news: whether you simply want to explore an interest or finish your degree, there are more continuing education options than ever before to fit your budget and schedule.

The Osher Lifelong Learning Institute, for example, offers lectures and seminars by the outstanding faculty and researchers of the UC San Diego community, as well as local leaders, artists and musicians. These are available to Osher members both on campus and streamed simultaneously via Zoom. Class topics include medicine, science, law and society, history, art and humanities, international relations, literature, politics and social sciences.

If you want to learn more about becoming an Osher Lifelong Learning Institute member, we

will be holding an Open House on Sept. 30, with refreshments and information booths detailing our activities and classes in the upcoming fall quarter. You can attend on campus in person or join us virtually via Zoom. RSVP at <https://ucsd.zoom.us/j/99614132843#success> to receive additional instructions and the Zoom link.

We as humans have an amazing capacity to pick up new things as we age. Come check out some of the lifelong learning opportunities in your community and surprise yourself.

Isabelle Phillippe is the program manager for the Osher Lifelong Learning Institute at UC San Diego Division of Extended Studies, a membership program for adults over the age of 50 who want to be part of a learning community with peers. To learn more, visit <https://extendedstudies.ucsd.edu/olli/home> where you can check out the Fall 2023 course catalog.

## Tips to help protect your child's mental health from harmful social media use

**Archana Dubey, MD**  
Chief Medical Officer

UnitedHealthcare of California

Social media can be a great tool to help build connections, stay informed and engage with others. However, it can become all-consuming and potentially damaging to adolescent brain development, which is a cause for concern.

A recent advisory issued by U.S. Surgeon General Vivek Murthy calls attention to the potential harmful effects social media has on

children's mental health. According to the report, 95% of teens ages 13-17 say they use social media, with more than a third saying they use it "almost constantly." In addition, 40% of children ages 8-12 use social media, even though most platforms require users to be at least 13 to participate.

According to a study in the report, teens who spend more than three hours a day on social media face twice the risk of experiencing mental health issues, such as depression and anxiety. Other potential issues referenced in the report include:

- Body dissatisfaction, or disordered

eating behaviors

- Social comparison
- Lower self-esteem
- Poor sleep

The information in this report corroborates with what UnitedHealthcare providers are often seeing: an increased rate of harmful comparison, limited in-person interaction, feelings of loneliness and an uptick in anxiety, depression and other mental health issues.

Dr. Donald Tavakoli, national medical director for behavioral health at UnitedHealthcare, says the amount of time children spend online affects their overall development.

The Surgeon General's advisory comes as youth mental health remains in a state of crisis. According to the Centers for Disease Control and Prevention, 1 in 5 children have a mental, emotional or behavioral disorder and only about 20% of those children receive care from a mental health provider.

These findings may be alarming for parents and tackling the issues surrounding social media use may feel overwhelming as well. These tips may help you and your child become more informed about social media use and, in turn, reduce potential harm:

### Understand and monitor social media

Having a bit of background on the latest social media apps can help parents create better limits and boundaries for their kids.

As children's brains go through dramatic developmental changes, they could develop sensitivities associated with a desire for attention and may have undeveloped self-control, especially during early adolescence.

Social channels that promote "likes" or excessive scrolling may pose issues for developing brains. Limit chat functions, especially with strangers, and restrict inappropriate content.

### Create a family social media plan

Set guidelines and boundaries when it comes to your family's social media use. This can be agreed-upon expectations of what social media use looks like to your family, including screen time limits, online safety and protecting personal privacy. The Academy of Pediatrics has a template that can guide you through the process, <https://www.healthychildren.org/>.

### Communication is key

Initiate open and honest conversations, without judgment, with your child about their activity on social media on a regular basis. Ask them about what they see on social media and pose hypotheticals, asking how they would respond in different scenarios. Ensure they know the signs of cyberbullying, and how permanent an online post can be.

### Create tech-free zones

It can be helpful to restrict electronic use at least one hour before bedtime and through the night. Studies show two or more hours of screentime in the evening can greatly disrupt the melatonin surge needed to fall asleep. Keep mealtimes free from technology and encourage in-person conversations. Encourage children to foster in-person friendships and build social skills.

### Model healthy social media behavior

Children often learn by watching your behaviors and habits, so make sure you're limiting the time you spend on social media and be responsible with what you choose to post. When you are on your device, tell your children what you're doing.

While the Surgeon General's advisory focuses on the potential negative impacts of social media use on children and teens, it also acknowledges social media can provide some benefits. It can be helpful in creating community connection over shared interests, abilities and identities or providing space for self-expression. Encouraging children to form healthy relationships with technology is critical.

Adults cannot afford to wait to understand the full impact of social media because adolescents' brains are still developing. It's crucial that parents take an active role in helping their children safely navigate social media.

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**BLUE BEETLE PG-13**

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# County announces new Child Care Blueprint to help families

**Cassie N. Saunders**  
County of San Diego  
Communications Office

San Diego County's new Child and Family Well-Being department publicly unveiled Tuesday its Child Care Blueprint, a two-year strategy to improve access, equity and the quality of childcare throughout the region.

It's no secret many parents in San Diego County and elsewhere are struggling to find and pay for childcare. Families are often putting their names on coveted providers' waiting lists before a

child is even born.

"The Blueprint is part of our strategy to reimagine how we serve families and support providers" said County Board of Supervisors Chairwoman Nora Vargas. "Childcare is a public good, and we all have a role to play to ensure it is accessible to all families. Now more than ever, childcare is essential to support our workforce and help build back our economy."

The challenges surrounding childcare became more apparent during the COVID-19 pandemic. In response, the County Board of Supervisors conducted a Child Care

Conference in 2022 to hear from local and national experts.

From that conference, the Blueprint was crafted to outline goals, priorities and calls to action to expand access to quality childcare.

"This plan establishes a strong vision for childcare in the region. It builds on existing county and community programs and positions us to make San Diego County a place where every family has access to childcare that meets their needs," said Dr. Eric McDonald, interim director of the Health and Human Services Agency.

The primary goals of the

Childcare Blueprint are:

A childcare workforce that is well-trained, supported, valued as a profession and paid competitive wages.

Safe and quality facilities are developed and renovated to expand childcare programs, particularly in geographic areas where childcare is scarce, or family demand outpaces supply.

All families have access to childcare that meets their needs and preferences and supports their children's learning, physical and mental health and social emotional development.

"Together with our amazing partners we are committed to addressing this crisis," said Alethea Arguilez, assistant director of the Office of Child and Family Strengthening. "We will work with them on shaping childcare throughout San Diego County. We encourage all in the community to be a part of this strategic work in support of workforce development, dedicated space and expanded access and affordability for working families."

To volunteer for a work group, email the county at [Liki.Porotesano@sdcounty.ca.gov](mailto:Liki.Porotesano@sdcounty.ca.gov).

# Antidepressant Tianeptine can be dangerous at high doses

In the United States, tianeptine is not an approved medication. Tianeptine was found and patented by French medical professionals in the 1960s. It has effects that go beyond elevating mood, despite being added to antidepressants by doctors all over the world. It is thought to produce a morphine-like state of consciousness making users feel at ease and content, which contributes to the drug's addictiveness.

Nearly three million Americans suffer from opioid addiction, including morphine, according to the National Library of Medicine. One of

the reasons Tianeptine is so popular is because it binds to the same brain receptors that opioids do and frequently has a similar effect. But because the drug's effects don't last long in the body, users start abusing it more frequently and in larger doses. Users may quickly enter a severe downward cycle that necessitates increasing use. This spiral makes it almost impossible to stop using the drug when withdrawal symptoms outweigh the desire to do so.

Overuse has been linked to numerous illnesses and even fatalities. In the end, respiratory

depression, which happens when breathing slows to the point of being ineffective, was what led to the majority of these fatalities. Users of Tianeptine who are hospitalized show signs of opioid withdrawal, such as a slowing of the heartbeat and severe agitation.

A Tianeptine overdose has been successfully treated using Narcan, a fast-acting injectable commonly used to reverse opioid overdose symptoms. By enacting Public Act 107 in 2018, which added Tianeptine to its list of prohibited substances, Michigan took the lead in the fight

for Tianeptine regulation. Since then, several states have done the same, including Alabama, Tennessee, Minnesota, and Georgia.

The drug has been taken in combination with other drugs by those who have used it. According to the Centers for Disease Control and Prevention (CDC) investigation, some people using Tianeptine also used alcohol, opioids, benzodiazepines, or phenibut. Overdoses and other health issues are more frequent when the drug is used with other substances.

When someone can't taper off

and needs more to feel normal, or they mix it with other medications (particularly to treat mental health conditions), start to go through withdrawals, or develop a tolerance, they may be exhibiting signs of Tianeptine abuse.

For more information or help for individuals struggling with addiction, visit <https://www.narcononnewliferetreat.org/blog/tiana.html>.

*Submitted by Narconon New Life Retreat - Drug and Alcohol Rehabilitation and Education.*

# DA reminds students to report suspected abuse in schools

SAN DIEGO COUNTY – As a new school year begins across the county, San Diego County District Attorney Summer Stephan is reminding parents, teachers and students of a DA website where they can report suspected sexual or physical abuse directly to the District Attorney's Office.

The online reporting system is an additional tool for the public. Once a report is made, members of the DA Student Safety in Schools Systems Task Force will evaluate and investigate the claim. If appropriate, law enforcement will be notified so they can investigate the allegations and families will be connected with trauma-informed resources and support.

"Every student in San Diego County deserves to have a safe and healthy educational environment, free of sexual and physical abuse," said Stephan. "But when that kind of abuse does happen, it's critical that students, parents and teachers have a trusted way to report it and that those reports don't fall through the cracks."

The DA's Student Safety in School Systems Task Force:

- Welcomes and receives submissions from any member of the public who is concerned about the safety of students in the school system.

Referrals can be reported here: <https://www.sdcca.org/helping/studentsafety/index.html>.

Assists any member of the public

who is navigating multiple agencies and departments when an incident involving a child has occurred in a school setting

- Reduces the public's confusion by giving them direct access to the District Attorney's Office so allegations and complaints can be tracked.

- Cross references allegations and complaints with law enforcement, Child Welfare Services, and educational institutions and programs where appropriate.

- Refers members of the public to services that may be available to those experiencing trauma as a result of an incident that has taken place within a school system.

- Offers and provides outreach

and training to the public on issues and concerns surrounding possible physical and sexual abuse perpetrated by an adult or minor on a student in an educational setting.

- Criminally prosecutes those who fail to comply with mandated reporting laws where the evidence of such failure is sufficient. Criminally prosecute those who commit physical or sexual abuse if the facts and the law supports it.

Note: This task force does not serve as a substitute for a mandated reporter's duty to report abuse. Mandated reporters still must follow their duties under the law to report to the proper authorities under the Penal Code.

Rather, recognizing that gaps

existed between the multiple agencies and systems that address abuse, the San Diego County District Attorney's Office created the reporting system in 2019.

The District Attorney's Office also works closely with school districts across the county to remind mandated reporters of their responsibilities.

"Mandated reporters must make a report when there is any reasonable suspicion of abuse, based on facts," Stephan said. "Mandated reporters typically won't see the actual sexual abuse, but they often notice "grooming behaviors" that accompany or precede the sexual abuse."

*Submitted by the San Diego County District Attorney's office.*

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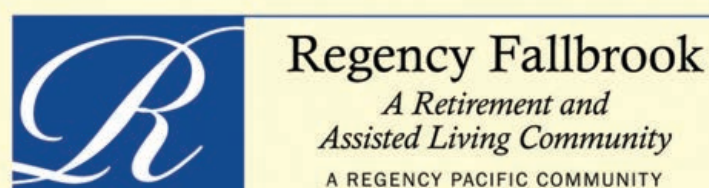
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# ENTERTAINMENT

## Watercolorist Shafer Garcia to demonstrate at FAA meeting

FALLBROOK – On Sept. 16, Fallbrook Artists Association (FAA) welcomes Helen Shafer Garcia to its monthly meeting where she will be demonstrating watercolor collage techniques.

Shafer Garcia is a painter, mixed media, book arts, ceramics artist and award winning illustrator. Her watercolor illustrations have graced the cover of brochures, garden articles and advertisements of numerous international resorts and magazines for more than 35 years.

She holds a BA degree in Fine Arts with an emphasis in illustration and ceramics. She is a signature member of San Diego Watercolor Society and teaches watercolor, book arts, and mixed media workshops internationally and across the US.

FAA's general meeting is held at the Fallbrook Women Club, 238 W. Mission Road, 9:30 a.m. to 12 p.m. starting with a member's art critique. The meeting is always free to the public. At 1 p.m., Schafer Garcia will teach a workshop on watercolor collage techniques.

The cost to members is \$40, \$50 for non-members. To register for the workshop in advance and receive a materials list, call Carol Reardon, 760-221-5577. Sign-ups are also accepted that day. The FAA workshops are well attended and provide a comfortable setting for exploring and learning new art skills.

FAA's Gallery is located at 300 N. Brandon Road. FAA has a new art show every month at The Gallery which is open to all members and guest artists. Don't miss FAA's first Artist Studio Tour, Sept.30. Details can be found at [www.fallbrookartassoc.org](http://www.fallbrookartassoc.org).

Submitted by the Fallbrook Artists Association.



Watercolor collage will be demonstrated at the FAA meeting.



This is the work of Helen Shafer Garcia.



Helen Shafer Garcia is the guest artist for the Sept. 16 FAA meeting.

Village News/Courtesy photos



This watercolor painting is by Helen Shafer Garcia.

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# Fallbrook Newcomers Club launches a cutting-edge club membership tool

FALLBROOK – Established in 1972, Fallbrook Newcomers Club, an organization dedicated to welcoming and integrating new residents and/or those who desire to make new friends within our vibrant community, announces the implementation of “Hello” as its state-of-the-art membership website.

With a commitment to embracing innovative solutions, the club aims to streamline operations and enhance members' overall experience.

Since the club hosts a variety of events, gatherings, and social activities, “Hello” showcases the Fallbrook Newcomers Club and brings a host of benefits to club members. Intuitive, user-friendly software efficiently handles membership registrations, event planning and communications, all within one centralized platform.

Additionally, the new system allows members to access a variety of features such as event calendars and RSVPs, enabling them to stay connected, engaged, and informed. “We are thrilled to embrace ‘Hello’ as our new club platform,” said Sandy Mayo, president of Fallbrook Newcomers Club.

“This upgrade is a significant step forward for our organization, allowing us to better serve our members and foster a stronger sense of community. With ‘Hello,’ we look forward to a more streamlined, interactive, and welcoming experience for everyone involved.”

The Fallbrook Newcomers Club invites the community and current members to explore the enhanced features and user-friendly interface of “Hello.” Social meetings are held on the second Thursday of the month at Christ the King Church at 10 a.m.

The upcoming Sept. 14 meeting will feature Steve and Barbara Fowler who have worked tirelessly on building this new website. They will walk through the website with the members and be prepared to answer questions on the new features.

For more information about Fallbrook Newcomers and upcoming events, visit <https://www.fallbrooknewcomers.com> or email [fallbrooknewcomers@hotmail.com](mailto:fallbrooknewcomers@hotmail.com).

Submitted by the Fallbrook Newcomers Club.



Over 30 members of the Fallbrook Newcomers Club enjoy “A Day at the Races” in Del Mar on July 23. Village News/Courtesy photo

# Scarecrow Workshops are scheduled for September



Audrey 2 From Little Shop of Horrors makes her debut this year.



Groot, from the movie “Guardians of the Galaxy” is a new scarecrow.



Barbie just needs a purse and shoes to be ready for Scarecrow Days. Village News/Courtesy photos

FALLBROOK – The Scarecrows are having the final finishing touches done in anticipation of Fallbrook Scarecrow Days Oct. 1-31. New scarecrows and the ever popular ones will be finished in time to make room for scarecrow building workshops in September.

The workshops provide any assistance needed to build and create scarecrows. Frames,

body parts and even clothing are available for participants' convenience. The workshops are on Sept. 7, 8, 9, 14, 15, 16, 21, 22, 23, 28, and 30 at 300 N. Brandon St., Unit 6. Register for the workshops and find all Scarecrow Days information at [fallbrookchamberofcommerce.org/Events/Scarecrow\\_Days](http://fallbrookchamberofcommerce.org/Events/Scarecrow_Days).

When building, be thinking

about what category to enter for the scarecrow contest. They are: “Reduce, reuse, recycle,” “Funniest/humor,” “WOW factor,” “Promoting business,” “Artistic merit,” “Pop Culture,” “Traditional scarecrow,” “Kids” (made by youth group and family) and “Iconic.”

Even if not entering the contest, scarecrow builders can

register their scarecrows with the Fallbrook Chamber to be placed on the viewing list along with the contest scarecrows. This is a great opportunity for visitors to explore Fallbrook when viewing scarecrows.

The ScareCREW and Fallbrook Chamber are excited to announce that there will be a scarecrow scavenger hunt the entire month

of October. Be watching for more details as this develops.

New crafts await kids at Scarecrow Kids Corner on Saturdays at the Farmers and Artisan Market starting Sept. 9 through Oct. 7. Fallbrook Scarecrow Days information will also be located at this kiosk.

Submitted by the ScareCREW.

# California Music Hall Of Fame announces current class of inductees and awards ceremony

TEMECULA – The California Music Hall of Fame is honored to announce its current class of inductees. The induction event, to be held on Sept. 23, in Temecula, will be hosted by the legendary Wink Martindale.

This year's class of inductees features a diverse group of music legends and collaborators and includes Bobby Kimball (frontman for the band Toto), Frank Garcia and Cannibal & The Headhunters, Jason Scheff (Chicago), BJ Thomas, Laurence Juber (Wings), Jimi Sohn (“Gloria”), Chuck Negron (formerly of Three Dog

Night), Shotgun Tom Kelly (Sirius Radio DJ), Dennis Tufano (The Buckingham), Mike Pinera (Blues Image), Gary Puckett via video (Union Gap), Leon Hughes (The Coasters), Sanford Townsend Band, Ron Dante (The Archies), Rick Derringer (“Hang on Sloopy”), Carol Kaye (First Lady of Bass), Merrilee Rush (“Angel of the Morning”), Larry Tamblyn (The Standells), Terry Sylvester (The Hollies), Joey Molland (Badfinger), Ron Whitaker (rock and roll drummer and humanitarian), Catz and the Hatz, and Chris Montez (“Let’s

Dance”) and surprise guests.

Of particular note are the special recognition of artists and music personalities.

The Ritchie Valens Lifetime Achievement Award will be awarded to Chris Montez, The Carol Kaye Inspiration Award to Merrilee Rush, The BJ Thomas Raindrops Awards to Wink Martindale and Shotgun Tom

Kelly, and The Spirit Award to Laurence Juber.

The awards show festivities include introductions of inductees, awards acceptances and performances by many of those honored. The ceremony takes place Sept. 23 at the TVHS Golden Bears Theater located at 31555 Rancho Vista Road, starting at 3 p.m.

Tickets for the general public are available through <https://californiamusicalloffame.ticketspice.com/california-music-hall-of-fame-Induction-ceremony>. No tickets will be sold at the door.

Submitted by the California Music Hall of Fame.

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# Smokey Robinson entertains after Pala Casino venue change

**Joe Naiman**  
*Village News Reporter*

The Aug. 19 Smokey Robinson concert at Pala Casino was originally scheduled for the outdoor Palomar Starlight Theater, but the storm that weekend caused a last-minute change to the indoor Events Center. The change in venue required more than just setting up on a different stage.

The Palomar Starlight Theater has a capacity of 1,800 people while the Events Center is traditionally set for 1,500 spectators. Although nobody lost any seating because of the change in venues, the bar which is normally set up on the north side of the Events Center for concerts was on the south side. (Pala also provides free bottled water during concerts; that container was on the north side as it usually is for indoor concerts.)

The logistical challenges Pala Casino had to undertake also included the line for entry into the venue and its configuration, and the configuration for the security check was also modified on one day's notice.

Although the rain didn't reach Pala Casino, which is 404 feet above sea level, until a couple of hours after the Aug. 19 concert ended, the change to an indoor venue assured that the attendees and band members would remain dry during the concert.

The line for a Palomar Starlight Theater concert extends into the hotel lobby while the line for an Events Center performance extends into the casino, so those standing in line and those seeking a different slot machine had to yield for each other.

"We're going to have a good time anyway," Robinson said.

Pala and Robinson's band chose to delay the start of the concert rather than to begin before everybody could be seated. The 8 p.m. starting time became an 8:34 start, although the 10:14 end time allowed for a 1 hour 40 minute performance. The concert included 17 songs and concluded with an extended version of "Cruisin'."

The concert opened with "Being with You." The chorus of that song ends with "I don't think about anything else but being with you, being with you." The chorus of "Crusin'" ends with "I love it when we're cruisin' together." If those words from his opening and closing songs didn't indicate that Robinson wanted to be with the Pala Casino audience, his actions certainly did. He interacted with the spectators both verbally and in person, and he added some humor to his personal stories.

In one of his comments, Robinson talked about growing up with jazz, gospel, blues and country music. "There was always music," he said.

He noted that the records were 78 rpm discs and then explained that type of record. "Some of you look like you don't know what a 45 is or 8-track," he said.

Robinson also talked about expanding his own musical variety. He played a couple of songs from his most recent album, which was recorded this year, and noted that he was also working on a second album which will be in Spanish.

"For the past eight years or so I have been learning to speak Spanish," Robinson said. "You can say almost anything in Spanish and it sounds romantic."

A little humor and a lot of music saved the night and made the concert enjoyable despite the obstacles the last-minute venue change caused. The audience might not fully have been aware of the logistical challenges Pala Casino had to overcome, but they will retain memories of the concert which entertained after all of the location change issues were resolved.



*Smokey Robinson performs in Pala Casino's indoor Events Center.*

*Village News/Kyle Rutjes photos*



*Smokey Robinson entertains the crowd at Pala Casino's Events Center.*



*Smokey Robinson sings one of 17 songs in his Aug. 19 concert.*

## REAL ESTATE & HOME and GARDEN

# New avocado proves tasty, safer to harvest at UC ANR Research and Extension Centers



An unripe, left, and ripe, right, 'Luna UCR' fruit'

### Saoimanu Sope

Special to the village News

A new avocado, one that complements the widely known 'Hass,' will hit the world market soon. The 'Luna UCR' variety (trademarked and patent pending) has several characteristics that should be of interest to both growers and consumers, said Mary Lu Arpaia, University of California Cooperative Extension subtropical horticulture specialist based at UC Riverside.

From the grower perspective, the tree is about half the size of the leading variety while producing approximately the same yield per tree as 'Hass,' meaning that growers could plant more trees per acre, therefore increasing yield. It also makes harvesting easier and safer.

Another advantage is the flowering behavior of the tree. Avocado trees are categorized into either Type A or Type B flower types. It is generally accepted that you need both flower types in a planting to maximize productivity. The 'Hass' is an "A" flower type and 'Luna UCR' is a Type "B."

This is a potential boost for growers since the current varieties that are "B" flower types ripen green and generally receive lower prices for the grower. Similar to 'Hass,' however, the 'Luna UCR' colors as it ripens.

"Hopefully, it will receive similar returns to the 'Hass' once it is an established variety," Arpaia added.

Fruit breeding is a long-term process that she has navigated by building upon the work of her predecessors. Of course, Arpaia has had strong support from colleagues as well, including Eric Focht, a UC Riverside staff researcher and co-inventor of 'Luna UCR.'

"We had been looking at 'Luna UCR' for some time and it was always a very good eating fruit," Focht said. "After the 2003 release of 'GEM' (registered and patented as '3-29-5', 2003) and 'Harvest' (patented as 'N4(-)5', 2003) varieties, 'Luna UCR' was always the top contender for a next release due to the small, narrow growth habit, "B" flower type and the fruit quality."

"It's a very nice-looking fruit as well and seemed to be a pretty

consistent bearer from year to year."

A glimpse at how it all started. In spring 1996, Arpaia took over the UC Avocado Breeding Program following Guy Witney who led the program from 1992 to 1995, and Bob Bergh whose initial efforts in the 1950s were foundational in the inception of 'Luna UCR.'

Arpaia recalls the first trials in the early 2000s of 'Luna UCR,' which were tested alongside other promising selections from the Bergh program. "There were a lot of varieties that didn't perform well, some of which had poor storage life, an important trait that we need if we are going to get the fruit to consumers across the country," said Arpaia.

The original seed and selection were planted at the Bob Lamb Ranch in Camarillo, and originally advanced trials of the 'Luna UCR' variety were planted in four locations: UC Lindcove Research and Extension Center in Tulare County, UC South Coast Research and Extension Center in Orange County, a privately owned farm in San Diego County and another one in Ventura County.

The Research and Extension Centers are among the nine hubs operated by UC Agriculture and Natural Resources to support research and educate the public on regional agricultural and natural resource challenges.

ANR Research and Extension Centers become vital

Unfortunately, the 2017 Thomas Fire burned the avocado trees in Ventura, said Arpaia. After a change in management, the trial located in San Diego County was also terminated, leaving the two trials at Lindcove and South Coast REC.

"South Coast REC has a long history of supporting research and extension activities of high value crops important to California, including avocados," said Darren Haver, director of the South Coast REC, which was often used to show growers the new varieties that were being developed.

"Many of the REC staff have worked with the avocado-breeding program researchers for more than two decades and continue to work closely with them to ensure the success of new avocado varieties, including 'Luna UCR,'" he added.

In addition to the support provided by South Coast and Lindcove RECs, Arpaia said that UC Kearney Agricultural Research and Extension Center in Fresno County – another UC ANR facility – made it possible for her team to conduct critical postharvest and sensory research, and consumer testing of the fruit, which included up to six-week trials of fruit ratings for storage life and taste.

"UC ANR has played an important role in our ability to not only identify 'Luna UCR,' but in preparing it for the world market, too," she said.

Preparing to share with the world

Since 2015, Focht had been collecting data for the patent application. Now that he and Arpaia have successfully patented and trademarked 'Luna UCR,' they are preparing to expand production by engaging interested growers with the commercial partner, Green Motion who is based in Spain.

"Green Motion contracted for 1,000 trees to be generated by Brokaw Nursery and those trees are currently being distributed, with earliest field plantings likely taking place in fall," explained Focht.

Focht also said that Mission Produce, based in Oxnard, California has contracted to graft over a small number of "B" flower type pollinizer trees to the new 'Luna UCR' variety, possibly making way for a small number of avocados to be available the following year.



A 'Luna UCR' tree stands upright and tall. Village News/Mary Lu Arpaia photos

Once planted, the avocado trees will come into "full" production in about five years.

Saoimanu Sope is

a communications specialist for the University of California Agriculture and Natural Resources.

## Blue moon seen over Fallbrook



A "Super Blue Moon" is seen over Fallbrook, Wednesday, Aug. 30. The term "Blue Moon" refers to either two moons occurring in the same calendar month (as in this case), or the third full moon in a season that has four full moons. A supermoon refers to a full moon that occurs when the moon is closer to Earth in its orbit, resulting in a slightly larger and brighter appearance.



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—Review of all things real estate

# The importance of a professional home inspection in a real estate transaction



**Bob Hillery**  
CR Properties

Did you know that sellers are required by California law to provide buyers with the history of repairs and known discrepancies when selling a property? Did you also know that lack of or incomplete disclosures are the most common reason for real estate lawsuits? A home inspection will protect the buyer and the seller against incomplete disclosures because the discrepancies will be known by the end of the inspection.

Some clients object to paying for a home inspection because their agent is required by California law to perform an agent visual inspection so some clients feel that will suffice to making required disclosures. But consider that

some agents don't know the difference between a doorknob and a doorbell, so it'd be risky to put absolute faith in the agent visual inspection catching all the discrepancies.

As the name implies, it is a visual inspection and agents are precluded from checking operating systems like turning on faucets, ovens, checking electrical continuity; it's a visual inspection not a functional check of all the operating systems.

Reputable home inspectors will use checklists to ensure that they don't miss important items so they can bring them to the attention of the client.

Regarding "reputable" home inspectors, there is no licensing requirement for home inspectors; anyone can advertise themselves as a home inspector. A good rule of thumb is to employ home inspectors who hold construction licenses and who belong to home inspection trade associations.

It's also a good idea to ask your real estate agent who they recommend since agents will have been involved in multiple transactions and should have knowledge of reputable and honest home inspection companies.

A home inspection is normally considered a buyer expense, so the buyer will learn about the defects of the property to negotiate repairs. Most of the discrepancies called out during a home inspection will result in someone's weekend project list after the transaction

has closed but if the discrepancies involve health or safety issues those are legitimate repairs to request.

Examples of health issues would be inoperable toilets, sinks and/or garbage disposal. Safety issues are electrical and heating systems discrepancies. If a buyer doesn't want to pay for a professional home inspection, all agents involved in the transaction will likely have the buyer clients sign a disclosure that states not having a professional home inspection is against the advice of all involved parties to the transaction; it's that important. It helps protect the buyers and agents from future potential lawsuits.

A buyer getting a home inspection is easy to understand, but why might a seller want to get a home inspection? It helps the seller know the true condition of the property plus it allows the seller to make repairs ahead of time without the pressure of an escrow.

Some repairs require extended time to schedule the appropriate service providers and if repairs must be performed prior to the close of escrow (VA, FHA, USPA require certain repairs to be accomplished prior to funding), the close of escrow can be delayed or worse, buyers get spooked by the condition of the property and cancel the transaction which is good for no one.

So, it is best to know up front, and effect repairs and/or price the property accordingly. It's also

a good idea for the list agent to attach the home inspection on the listing in the multiple listing service so perspective buyers know the discrepancies ahead of time. It also allows the listing agent to indicate in the listing which discrepancies the seller has already worked off, which gives buyers a sense that the seller is not trying to cover anything up.

A word about repairs: the seller is not obligated to make any repairs; it's up to the buyer to decide if the requested repairs are important enough to consider leaving the transaction. The best advice is to limit repair requests to health and safety discrepancies.

Repair request responses will also be driven by market conditions. If it's the slam seller market as it was for the last 2+

years, then sellers are less likely to address repairs. Their position was "take it or leave it" because there were plenty of buyers lined up to purchase the property. That started changing about 12 months ago and now with very high mortgage interest rates, sellers tend to be more amenable to addressing health and safety items to keep buyers in the transaction.

The way to think about a professional home inspection is to consider it an inexpensive home insurance to protect both buyer and seller from future lawsuits. Buyers will have current, up to date knowledge about the home's condition and sellers will have full clarity of the home's condition to help preclude legal issues in the future.

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# \$500,000+ county unclaimed refund list is released

Deadline to file claim is Sept. 21, 2023

SAN DIEGO – San Diego County Treasurer-Tax Collector Dan McAllister is reminding San Diegans to go online now to find out if they are owed part of \$543,171 in unclaimed money before it is rolled into the County General Fund.

“Summer’s winding down and the holidays will be here before we know it; I’m sure people can use extra money,” McAllister said. “If you have done business with the county in the last three years, including paying property taxes, you could be on the Unclaimed Monies list.”

Each year, the Treasurer-Tax Collector and other county departments have thousands of

dollars that are owed to taxpayers. This usually results from warrants/checks that are undeliverable by the postal service. Refunds-owed could be a result of overpaid taxes or instances in which individuals and organizations are doing business with or receiving county services.

After several years of no claim being received, the funds are escheated. While the county works to return these monies to the rightful owner, some refunds remain unclaimed.

“My staff and I are working hard to return this money to the citizens of San Diego,” said McAllister. “The average refund is \$998.76, and that can go a long way for

those who are the rightful owners and who need it.”

To view a list of the 1,056 unclaimed refunds, go to Treasurer-Tax Collector’s website. Alternatively, hard copies of the list are available at any one of the following Treasurer-Tax Collector office locations:

- Main Office – County Administration Center: 1600 Pacific Hwy, Rm 162, San Diego, CA 92101
- Chula Vista Branch Office: 590 Third Ave, Chula Vista, CA 91910
- East County Branch Office: 10144 Mission Gorge Rd, Santee, CA 92071
- San Marcos Branch Office: 141

E Carmel St, San Marcos, CA 92078

- Kearny Mesa Branch Office: 9225 Clairemont Mesa Blvd, San Diego, CA 92123

Follow the instructions on the unclaimed money page of the website to file a refund claim by Sept. 21, 2023, before the money is rolled into the county’s general fund.

Claims can also be emailed to [refunds@sdcounty.ca.gov](mailto:refunds@sdcounty.ca.gov), or call 1-877-829-4732 for more information. Anyone can sign up to receive emails when new unclaimed money lists are posted. “We want all of this money returned to San Diegans, so please

tell your friends and family to go to [sdttc.com](http://sdttc.com) to check the unclaimed money list,” said McAllister. The smallest refund amount available is \$15.13, and the largest refund amount is \$41,491.24.

Every year, the Treasurer-Tax Collector makes a strong effort to reunite San Diegans with money they have overpaid on taxes or fees. Current state law says countywide money that is unclaimed for three years and property tax refunds that are unclaimed for four years must be turned over to the county’s general fund.

*Submitted by San Diego County Treasurer-Tax Collector’s Office.*

# ILACSD to host 39th annual Coastal Cleanup Day

SAN DIEGO COUNTY – International Coastal Cleanup Day returns to San Diego County for its 39th edition on Saturday, Sept. 23, from 9 a.m. to 12 p.m. I Love A Clean San Diego (ILACSD) is the San Diego host for the international coastal cleanup and will be joining many U.S. states, territories, and more than 150 countries across the world.

The annual event brings together thousands of San Diegans to preserve the health of over 100 local parks, beaches, creeks, and oceans. Individuals, friends and family, and corporate teams are encouraged

to volunteer.

The cleanup sites include Rainbow County Park in Rainbow and Old River Road Street Sweep in Bonsall.

Registrations for Coastal Cleanup Day are open at <https://cleansd.samaritan.com/custom/501/cleanupdaycleanupday.org>.

“Witnessing thousands of San Diegans work together on a single day is truly heartening,” said Kristin Banks, Regional Programs Manager at I Love A Clean San Diego. “Last year, we were joined by more than 4,000 residents, and we expect more San Diegans to participate

this year!”

ILACSD has served as the official organizer of Coastal Cleanup Day in San Diego County since its founding in 1985. The event has hosted over 272,000 volunteers countywide who have removed over 5.4 million pounds of litter and debris from local communities since its inception.

In addition to removing litter, volunteers will compile litter totals from their site to capture the impact in San Diego and contribute to the worldwide total. International Coastal Cleanup is facilitated by The Ocean Conservancy and organized statewide by the California

Coastal Commission.

Coastal Cleanup Day Presenting Partner Think Blue San Diego – the City of San Diego’s Stormwater Department – implements innovative, proactive steps to stop pollution before it goes untreated into our storm drain system and has been a long-time supporter of ILACSD’s community cleanups and youth educational programs.

Think Blue’s mission is to build and maintain effective stormwater infrastructure to improve local water quality, prevent pollution and create flood-safe communities.

“San Diego is defined by the

natural beauty of its beaches and coastal waters, and as pollution continues to threaten San Diego’s quality of life, we must work together to preserve and protect those natural resources for future generations,” said Think Blue Program Manager Craig Gustafson of the City of San Diego’s Stormwater Department.

“Collaborative cleanups like this help stop ocean pollution before it starts and show the power of individual and collective action. We can all ‘Think Blue’ by taking simple everyday steps – from properly disposing of trash and pet waste to not overwatering lawns – that help ensure clean water and clean beaches for all,” said Gustafson.

*Submitted by I Love A Clean San Diego.*

## Five tips to make your home feel bigger



**Jane Kepley**  
*Special to the Village News*

If your space feels a little cramped, it doesn’t necessarily mean you need more square footage.

There are minor design and decor choices that can make rooms look and feel larger – and you don’t have to spend much to achieve this illusion.

Are you planning to revamp your place or get your house ready to sell? Here are five ways you can make any room in your home feel more spacious.

Use lighting wisely. Adding light is one of the easiest ways to make a room feel bigger. If there are windows in the room, you can increase natural light by opening blinds and curtains. You can also brighten a space with artificial lights, like lamps or chandeliers, if there are no windows.

Hang wall mirrors. Mirrors reflect light and can make a space feel like it has more dimension. Big statement mirrors are best, but any mirror can help – even a couple of small ones as part of a gallery wall.

Get creative with storage. Having loads of furniture in a space can make it seem smaller and more crowded. To prevent this, add built-in shelves, use vertical space and invest in furnishings with hidden storage space.

Choose window treatments carefully. Heavy fabrics can shrink a space, making it feel more compact and confined. Instead, select light-colored, airy and sheer drapes and curtains that let in more light.

Pick a light color scheme. Dark colors work like heavy fabrics. To enlarge a space, focus on lighter color palettes – whites, pastels, yellows and similar tones.

Are you ready to begin the search for a space that meets all your needs? Get in touch today.

*Jane Kepley, CR Properties, can be reached at 760-622-0204 or [kepleyrealstate@att.net](mailto:kepleyrealstate@att.net).*

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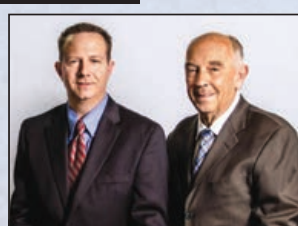
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# Prepare your pet for disaster with these life saving tips



**Stacey Zeitlin**  
San Diego Humane Society

With all that San Diego has to offer, it's easy to forget that a natural disaster could strike at a moment's notice. Events like earthquakes or wildfires are real threats to the Southern California region, but many residents have yet to prepare for the unthinkable. In honor of National Preparedness Month, San Diego Humane Society encouraged the community to take steps to keep themselves and their animals safe during an emergency.

When natural disasters strike, pets are at risk of being left behind due to lack of proper planning. By making an emergency plan early, pet owners can prevent separation and ensure their animals stay safe during stressful situations.

**Prepare a pet emergency kit**

Gather a two-week supply of food, water and your pet's medication in a sturdy container. Don't forget veterinarian or animal

hospital contact information, shot records, bowls, crates, bedding and toys. Keeping your pet comfortable will reduce stress during an evacuation.

**Take your pets with you if you are evacuating**

Pets cannot fend for themselves during emergencies and leaving them behind can risk their lives and the lives of rescuers. Make sure your pet is comfortable getting into a carrier ahead of time and have your emergency kit ready to grab and go. It will allow you to act quickly when every second counts.

**Make sure your pet has ID tags and a microchip**

If you and your pet are separated, a collar with tags and a microchip can help you reunite quickly. The society recommended that all animals in the household, even those who normally don't go outside, wear collars with your contact information at all times.

Make sure to keep your phone number and address up to date, and if possible, designate an emergency contact outside of your immediate area.

Identify a trusted neighbor who can take your pets to a pre-arranged meeting location in case you are away from home during an emergency.

Research pet-friendly shelter options like hotels or evacuation sites in case you become displaced. County information sources such as <http://ReadySanDiego.org> and <http://ListoSanDiego.org> in Spanish can help.

By completing these steps, you'll be prepared to keep your pet safe should a disaster strike.

For more safety tips and additional pet disaster preparedness resources, visit <http://www.sdhumane.org/disasterprep>.

*Stacey Zeitlin is vice president of community impact of San Diego Humane Society.*

Being prepared to evacuate pets during an emergency includes all of one's animals like chickens and roosters.

Village News/San Diego Humane Society photo

## FCPG requests failing storm drain information

**Joe Naiman**  
Village News Reporter

The Fallbrook Community Planning Group has requested information about failing storm drains in Fallbrook.

A 13-0 planning group vote Aug. 12, with Jacqui Kaiser and J.J. Neese absent, approved a motion requesting information about the location of failing storm drains, the public agency responsible for the storm drains, additional information about those storm drains and their need for repair, and potential funding to repair those storm drains.

"It's an urgent public safety issue," said planning group chair Eileen Delaney. "We're very concerned about that."

The Mission Resource Conservation District office is in the 100 block of East Alvarado Street between Main Avenue and Vine Street. A sinkhole has developed in front of the MRCD office due to deterioration of the storm drain underneath. Concern about storm drain failure at the corner of Mission Road and Iowa

Street was also brought to the planning group's attention.

"There is a potential for significant problems that could collapse the roads," Delaney said.

Delaney added that the roads could include the 300 block of East Ivy Street where the North County Fire Protection District's Station 1 is located and the 300 block of East Alvarado Street where the Sheriff's substation is located. A collapse of one of those roads would impact emergency response time. "It could cause a major health and safety problem," Delaney said.

In 1994, San Diego County's Local Agency Formation Commission approved a consolidation in which the Fallbrook Public Utility District and the Fallbrook Sanitary District merged. FPUD took over the operations of the former sanitation district.

"We are asking FPUD to help us identify the storm drain system in the Downtown area," Delaney said.

Some of the storm drains may also have been built – and still owned – by the County of San Diego. "They no longer maintain them," Delaney said.

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## SPORTS

## Warriors have a tough game at home



Quarterback Evan Thomas, #8, looks for an open receiver, defended by #51 James M. Jones III.



The Warriors run onto their home field to play the Great Oak Wolfpack, Sept. 1.



Warrior kicker Zach Dickey, #45, returns the ball to the Wolfpack. The Fallbrook varsity football team lost their home non-conference game against Great Oak (Temecula) by a score of 34-0.

## Warrior spikers third in Silver Division of Sweetwater Tournament

### Military Appreciation Night this evening

**Joe Naiman**  
Village News Reporter

This evening Fallbrook High School's girls volleyball team will have a Military Appreciation Night ceremony prior to the Warriors' home match against Oceanside. The Warriors will take a 6-3 season record into that match after taking third place in the Silver Division during the Sept. 1-2 Sweetwater Tournament.

"I was happy with the tournament and the way they played," said Fallbrook coach Chip Patterson.

Fallbrook's season began Aug. 15 with a 25-23, 25-18, 23-25, 25-17 loss at Rancho Buena Vista. "We just didn't do well," Patterson said. "We couldn't hit well," Patterson said. "We had too many passing errors."

Today's match against Oceanside will be the Warriors' second home match of the season. The Warriors hosted El Camino on Aug. 30 and won 25-15, 25-21, and 25-20 sets. Fallbrook preceded Sweetwater Tournament play Aug. 31 with a 25-15, 24-26, 25-14, 25-15 triumph at Victory Christian Academy.

Sweetwater High School hosted the Sweetwater Tournament. The Warriors' first match was Sept. 1 against Mater Dei Catholic. The Crusaders won the 25-17 first set, but Fallbrook prevailed in 25-19 and 15-12 games to capture the match.

"Beating Mater Dei was probably the best thing," Patterson said. "When the game started out they dominated us."

Lincoln was also a Sept. 1 opponent for Fallbrook. The

Warriors won 25-18 and 25-23 games against the Hornets.

Fallbrook completed the sweep of the Warriors' Sept. 1 matches with a 25-2, 25-22 win over Canyon Hills. The first game had a 24-0 score before the Rattlers staged off a shutout.

"I was extremely proud," Patterson said of the undefeated first day. "They gave their all for everything."

The results gave Fallbrook a Sept. 2 re-seeding match against Carlsbad. The Lancers relegated Fallbrook to the Silver Division with 25-18 and 25-19 victories over the Warriors.

Fallbrook's first match in the Silver Division was against Mission Bay. The Warriors won the 25-22 first set, but a 25-19 Buccaneers triumph in the second game forced

a deciding third set. Fallbrook's 15-11 win in game three advanced the Warriors to the Silver Division semifinals against San Pasqual.

Both of Fallbrook's final two Sept. 2 matches were played almost immediately after the conclusion of the previous match. "We didn't have a break like everybody else," Patterson said.

A club commitment for another sport also deprived the Warriors of one of their middle blockers for the final game against San Pasqual. "Once they got us to that third set we only had two middles," Patterson said.

Fallbrook won the first game by a 25-14 score. The Warriors were on the verge of winning in two sets. "We had the lead. We needed two points," Patterson said.

San Pasqual held the Warriors

to no further points in the second game for a 25-23 victory.

"It's just the endurance factor. We let them off the hook," Patterson said.

San Pasqual advanced to the Silver Division final with a 15-5 win in the third game. "Time wasn't on our side," Patterson said. "It was a rough loss."

Tonight's match against Oceanside will begin at 6 p.m. The Military Appreciation Night ceremonies will start about 5 p.m.

"We like to do it every year and honor the veterans, the people who serve," said Patterson, who was in the United States Marine Corps for 27 years. "The military community, we try to get them to come out and watch the game so we can honor those people."

## Senior softball players needed for 2 games a week

FALLBROOK – Fallbrook Senior Softball is welcoming new players who are 50 plus years of age. Games are played at Ingold Sports Park Mondays thru Thursdays at 4 p.m. with warm-ups beginning at 3:30. Each team

is scheduled to play two games per week.

The league is currently looking for new players. Potential players must show up for a screening prior to being placed on a team so that appropriate placement can be

made. The current season is under way and potential players can come for a screening, practice and get into game shape by attending any of the pre-game warm-ups at 3:30.

The current season will end

Sept. 21. The final season of the year will start Oct. 3.

Interested players may email Commissioner Chuck at [ChuckMattes19@gmail.com](mailto:ChuckMattes19@gmail.com). Additional preliminary information including registration

forms and an overview of the league can be found at <http://fallbrookseniorsoftball.org/>.

Submitted by Fallbrook Senior Softball.

## Breeders' Cup but not Golden Gate closure changes CHRB 2024 date allocation

**Joe Naiman**  
Village News Reporter

The Aug. 17 California Horse Racing Board meeting at the Del Mar Hilton included the allocation of racing dates for 2024. The planned closure of Golden Gate Fields didn't change the date allocation for the Southern California tracks, although the Breeders' Cup, held the first week of November, caused that week's dates to be transferred from Santa Anita Park to the Del Mar Thoroughbred Club for 2024.

"Pleased to receive them," said Del Mar Thoroughbred Club president and chief operating officer Josh Rubenstein.

The Del Mar Thoroughbred Club is a non-profit corporation. The Stronach Group owns Golden Gate Fields, Santa Anita Park and the San Luis Rey Training Center.

In July, The Stronach Group announced that Golden Gate Fields would be closing at the end of the track's 2023 fall meet with the intent that the Northern California horses would be transferred to Southern California. Southern California's racing also includes Los Alamitos Race Course.

CHRB members Dennis Alfieri, Damascus Castellanos, Gregory Ferraro, Oscar Gonzales and Wendy Mitchell voted in favor of the race date allocations. Thomas Hudnut was the opposition in the 5-1 vote. Brenda Davis was not at the Aug. 17 meeting.

No dates of Northern California tracks were approved Aug. 17. "We can always revisit it," said CHRB executive director Scott Chaney.

The impact on San Luis Rey is not currently known. "There's quite a lot of dialogue going on,"

said Oscar de la Torre, who is a worker advocate for backstretch workers.

Del Mar has approximately 3,700 backstretch workers during its meets. The jobs created by a meet also include those in restaurants, hotels and other facilities other than the track itself. "The board is trying to allocate these race dates in a way that is most reasonable and most beneficial to the workers throughout the industry," de la Torre said.

The allocation of race dates is by week, and a track can choose how many days during that week racing can be held. The Southern California tracks thus have discretion whether or not to add specific dates to accommodate horses from Northern California.

"We can't force anybody to do anything they don't want to do. All we can do is regulate,"

Castellanos said.

"The whole thing is about what is the best thing for the industry," Castellanos said. "We are all about the safety of horses, all about the safety of jockeys, all about the safety of everyone in this industry."

Gonzales chairs the CHRB's Race Dates Committee, which met Aug. 16. Castellanos and Mitchell are also on that committee.

"Everybody wants to work together, but nothing came to us yesterday as far as a plan," Castellanos said. "Something really needs to happen."

The 2023 Breeders' Cup will be held Nov. 3-4 at Santa Anita. The 2007 Breeders' Cup was at Monmouth Park in New Jersey, and every Breeders' Cup since then has been held either in California or in Kentucky. Keeneland, which is in the Kentucky town of Lexington,

hosted the 2022 Breeders' Cup. The 2024 Breeders' Cup will be held Nov. 1-2 at Del Mar, which previously hosted the Breeders' Cup in 2017 and 2021.

The 2024 Del Mar summer meet dates begin July 10 and conclude Sept. 10, although dates are assigned on a Wednesday to Tuesday basis and Closing Day will likely be Sept. 8. The Del Mar Thoroughbred Club plans a simulcast-only week for the first week with attendance in person beginning the following week.

"We for our summer meet are looking for exactly what the board has allocated to us for the past four years," Rubenstein said.

This year's Del Mar fall meet will begin Nov. 10 and end Dec. 3. The CHRB assigned Del Mar dates from Oct. 30 to Dec. 3 for 2024, although the meet will likely conclude Dec. 1.

# Fallbrook Chamber of Commerce

Supporting Business and Building a Better Community  
www.fallbrookchamberofcommerce.org

## September Chamber Events!



**SunUpper**  
early morning networking

Hosted By:  
**Michelle's Place**  
Cancer Resource Center

FRHD COMMUNITY HEALTH & WELLNESS CENTER  
1636 E. MISSION RD., FALLBROOK  
THURSDAY, SEPTEMBER 14TH  
AT 9:00AM

## Chamber Happenings!



**After Hours Networking at Casa Estrella**

**Ribbon Cutting Celebration for Ringer's Cocktail Lounge**

**Breakfast Hoedown SunUpper hosted by Martin Quiroz Homes & Loans**

**SunDowner at Harry's, hosted by SD County Gun Owners PAC**

**Business Breakfast Club at Mariscos El Pacifico**

**Dinner Mob at La Cucina Trattoria Italian Restaurant**

**Grand Opening for Teeth Whitening by Veronica**

**Wine Down Wednesday at Beach House Winery**

## New Members

Please welcome these new businesses and individuals to our Chamber membership by introducing yourselves at one of our functions!

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## State of the CHAMBER 2023

TUESDAY, SEPTEMBER 19TH AT 5:30 PM

Vista valley country club  
29354 Vista Valley Dr., Vista

Table sponsorships available for \$100

ADDITIONAL INFORMATION CAN BE FOUND ONLINE



www.fallbrookchamberofcommerce.org

## Annual GOLF Tournament

Vista valley country club  
FRIDAY, SEPTEMBER 29  
29354 VISTA VALLEY DR, VISTA

A rare chance to play on a phenomenal private golf course!

- Bring your foursome or we'll add you to one!
- Sponsorships available
- Donate a prize for our drawing
- Prizes for top golfers
- Breakfast burrito, green fees, range balls and more included!

A portion of the proceeds will benefit the Out of the Ashes Fund

For more information call the Fallbrook Chamber of Commerce (760) 728-5845

www.fallbrookchamberofcommerce.org



**FALLBROOK HARVEST FAIRE**

**October 22, 2023**  
**9 am—5 pm**

Be sure to participate in one of these fun Fallbrook Harvest Faire Contests!

All ages are welcome to participate! **FREE ENTRY!**

### Pumpkin Contests

Best Carved Pumpkin      Largest Pumpkin      Best Decorated Pumpkin

For more info visit  
www.fallbrookchamberofcommerce.org

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SUNDAY, OCTOBER 22ND ~ 1:00 PM  
AGES: INFANT- 8TH GRADE  
CATEGORIES Most Creative • Cutest Costume  
Divisions: Infant to Kindergarten • 1st to 8th Grade

Register now to compete in the

Small Town Throw Down!

## PIE Bake-off

October 22, 2023

Deadline Friday, October 20th by noon.

For more information visit  
www.fallbrookchamberofcommerce.org/

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# EDUCATION

## Students create mural on what it means to be multilingual



Mural artists, from left, dual immersion teacher Paulina Woolson, Fallbrook High students Daniela Martinez, Eulalia Tomas, Aislin Escobedo, Marissa Solis and artist Gloria Favela Rocha stand next to a mural they worked on at Fallbrook High School titled "United by Languages Art."

Detail of United by Languages Art mural at Fallbrook High School. Village News/Shane Gibson photos

**Katelynn Abrams**  
Village News Intern

Before summer, a new mural was painted at Fallbrook Union High School with a professional muralist guiding the high school students. The mural, which took about three months to complete,

was part of an after school project and class, which later expanded to include any students that wished to participate.

When the mural project was initiated, Pauline Woolson, a dual immersion teacher at Fallbrook High School, reached out to a professional muralist, Gloria

Favela Rocha, about joining the project. Rocha agreed and guided the students, including Aisleen Escobedo, Eulalia Tomas, Marissa Solis and Daniela Martinez, during the art project. It had been decided that the project's theme would be dual immersion, and it became multi immersion during the project.

With the help of Woolson as the instructor and muralist Rocha, the students brainstormed and drew what it meant to them to be multilingual. The students were involved throughout the entire process, which included conceptual drawings, laying out the grid, background and underlying

colors, drawing and painting. "The hard work, symbolism, artistry and dedication the students exemplified was extraordinary to watch," Rocha said. "It reached far beyond their experience and touched the lives of their fellow students."

## Local Scout earns Eagle Scout rank with community service project



BONSALL – Leo Preston, 15, of Bonsall received the Eagle Scout award, the highest rank in Scouting Thursday, Aug. 24, at the Oceanside First Presbyterian Church. Preston is a member of Scout Troop 731 in Fallbrook with Scoutmaster David Creamer.

Preston earned the award by completing his service project that involved building a combination planter and bench for the Fallbrook Land Conservancy. The purpose

of it was to provide seating under a rare Catalina cherry tree and to create a planter area around the tree.

Preston is a sophomore at Bonsall High School and serves as his class vice president. He is an honor student and his intention is to be a virologist and cure diseases like his hero, Jonas Salk. Leo enjoys playing tennis and the violin.

"I thank my Scoutmaster, David

Creamer especially," Preston said. "Scouting has taught me many valuable skills and values that I will carry with me throughout my life."

Submitted by David Adler.

Leo Preston receives the Eagle Scout rank. Village News/David Adler photo

## Kids say the funniest things

Quotes from brothers Jameson, 7, and Seamus, 5, over the years. Submitted by their mother Kathy Custer.

(While playing a fun game Seamus's face collided hard with Mom's leg)...

**Mom:** "Are you okay? Do you want some frozen peas to hold against your face?"

**Seamus, age 2:** "No, I want some frozen chocolate."

**Jameson, age 4:** "I love fish so

much I'm never going to eat it for dinner."

(Having a large family get together at Grandma's house, 5 year old cousin John had a pee pee accident)...

**Jameson:** [Standing at the top of the staircase, hollering loudly over the noise from the crowd gathered below] "I got a new pair of underwear for John!" [Proudly holds up a pair of black lace silk panties].

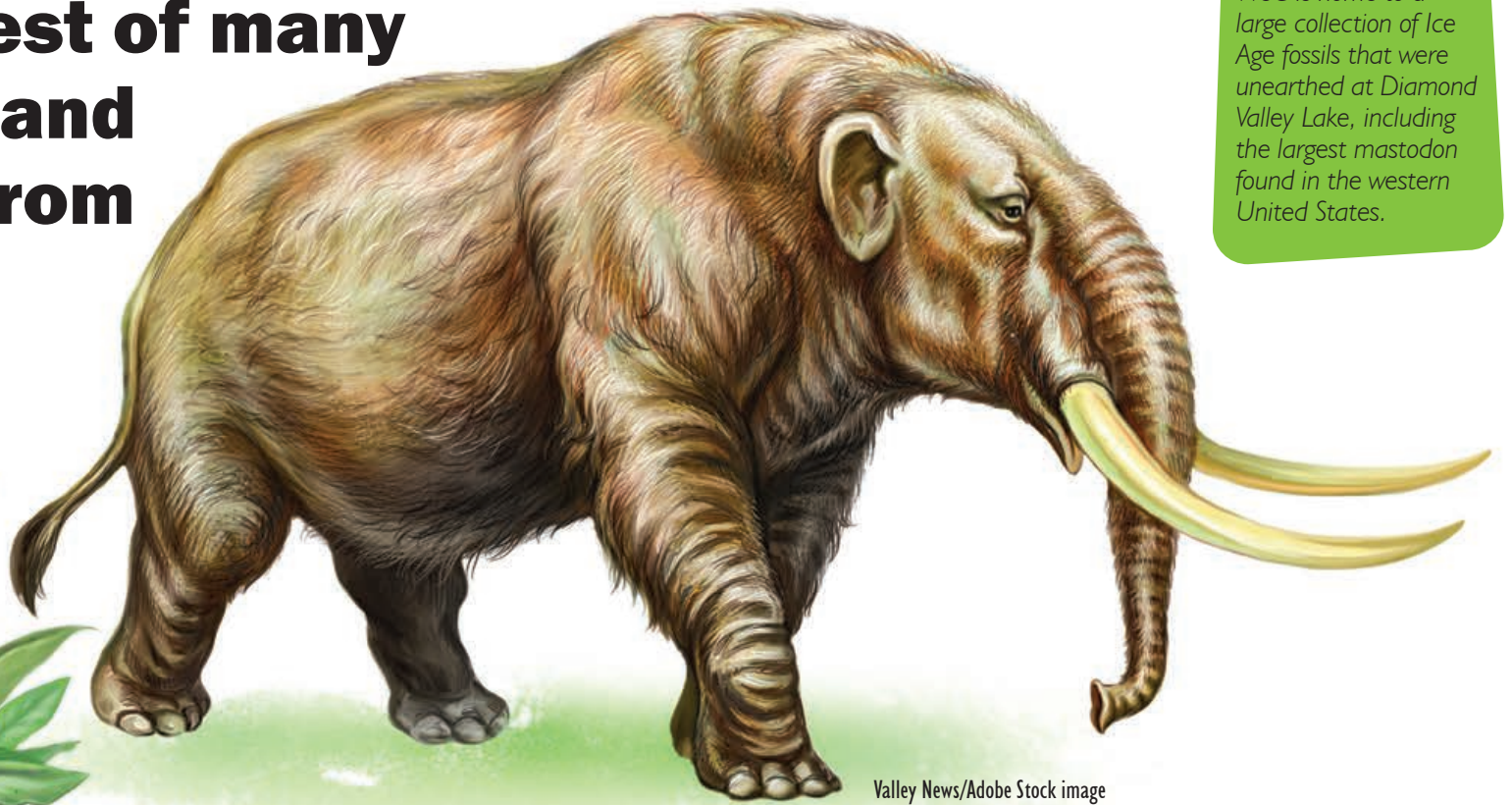
**Grandma:** [In a mortified voice] "Where did you get those?!"



# PALEOCON

**stirs interest of many scientists and students from across the nation**

WSC is home to a large collection of Ice Age fossils that were unearthed at Diamond Valley Lake, including the largest mastodon found in the western United States.



Valley News/Adobe Stock image

**Tony Ault**  
Staff Writer

The Western Science Center celebrated its first PaleoCon Conference with paleontologists and students from across the country in conjunction with the opening of its newest exhibit "Beyond the Barstow" Saturday, Aug. 26.

The special dual event took place at the Western Science Center, located at 2345 Searl St. with a reception held on Friday, Aug. 25 for the many paleontologists and scientists visiting from as far away as Maryland for an intensive week of studying WSC's vast collections of fossils from the Ice Age and before, with an emphasis on the loaned collection of fossils from the Raymond M. Alf Museum of Paleontology in Claremont, some dating as far back as 16 million years ago.

"When you go in here," said WSC paleontologist Dr. Alton Dooley, while introducing the new Beyond the Barstow exhibit, "is to [step into the] slice of time from the Barstovian Age (in San Bernardino County) from 16 to 13 million years ago." He explained the new exhibit features fossils and 3D fossil models from nine different museums across the country.

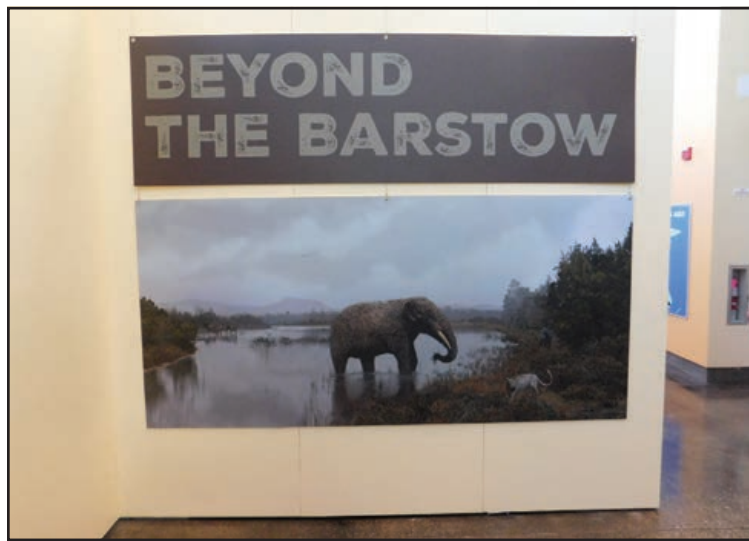
"There are a lot of unique animals that lived in the United States during that time, and we want guests to be able to take a paleontological tour of the country during the Barstovian period through this exhibit," he suggested.

The new exhibit took nearly two years to complete and will be open for public viewing from the next three months.

Then, on Saturday, Aug. 26, the public along with many students from the Hemet Unified School District were invited to join in the experience and fun of the first PaleoCon which had the visiting paleontologists and others from that field of science to personally visit and talk with them, and view some fossil displays.

The participating PaleoCon researchers include Brian Beatty (New York Institute of Technology), Charlotte Hohman (Cape Cod National Seashore), Melissa Macias (Applied Earthworks, Inc.) Anthony J. Martin (Emory University), Bernard Means (Virginia Commonwealth University), Christina Olson (Georgia Southern University), Melissa Pardi (Illinois State Museum), Eric Scott (Cogstone Resource Management), Kathlyn Smith (Georgia Southern University), Kathleen Springer (United States Geological Survey), Meagan Weatherall (University of Arizona), and Connor White (East Tennessee State University).

Paleoartist Corbin Rainbolt was also in attendance and provided artwork for the exhibit.



A painting of a Mastodon in the Beyond the Barstow exhibit greets visitors to the Western Science Center museum's latest educational fossils exhibit of animals that lived in America from 16 to 13 million years ago.  
Valley News/Tony Ault photos



Fossils of the camel type creature on display at the latest WSC paleontological museum exhibit in Hemet at 2345 Searl St.



The fossil find information at the Beyond the Barstow WSC exhibit also provides other information about the prehistoric animal fossils found in Virginia and other states in our nation.

PaleoCon not only featured presentations by scientists, but also had a paleoart workshop with artist Rainbolt and a science-inspired poetry reading by Christina Olson. Rainbolt paleo artwork is featured throughout the exhibit,

providing visual scenes from the Barstovian and Beyond time with prehistoric camels and other animals that once roamed the area. He joined the PaleoCon exhibitors at the event.

The PaleoCon reception and



WSC Paleontologist Dr. Anton Dooley speaks with a student paleontologist at the museum's latest Beyond the Bastow exhibit opening. Painting of a camel type animal that lived millions of years ago seen at the exhibit.



Young student looks over the prehistoric animal chart at the newest WSC exhibit to see if his plastic 3D made animal is a match for the prehistoric animal on the chart.



Fossil time chart hangs on the wall in the new Beyond the Barstow exhibit and the WSC museum.

event was sponsored by Hemet Unified School District, Jersey Mike's, Lemongrass Asian Cuisine, Dattilo Ristorante Italiano, and Milano's Pizza and Italian Restaurant, as well as supported by grants from Riverside

County 3rd District Supervisor Chuck Washington and Riverside County 5th District Supervisor Yxstian Gutierrez.

Tony Ault can be reached at [tault@reedermedia.com](mailto:tault@reedermedia.com).

# REGIONAL

## Local women attend Soroptimist convention in Dublin

VISTA – Members of Soroptimist International of Vista and North County Inland attended the Soroptimist International quadrennial International Convention in Dublin, Ireland during the last week in July.

The women had the opportunity to share ideas and strategies and attend workshops with Soroptimists from around the world. Topics included: Good health and well-being – SI Africa Federation; Quality education – SI of the Americas; Gender equality – SI Europe; Women leading the way on climate change – SI Southeast Asia Pacific. Over 1,700 Soroptimists attended the Convention.

Founded in 1921, Soroptimist International is a global volunteer movement with a network of around 66,000 club members in 120 countries. Advocating for human rights and gender equality, at the heart of Soroptimist International's advocacy is its



The Soroptimists from the Vista club attending the Dublin Convention include, from left, Jennifer Luz-Olson, Thoralinda Soyland, Karen Thompson, Runa Gunnars, Elizabeth Freed, and Sherry Luz. Also present but not in photo was Pat Origlieri. Village News/Courtesy photo

work across seven UN Centers, where its UN representatives ensure that the voices of women and girls are heard.

Soroptimist members around the world work on grassroots projects

that help women and girls achieve their individual and collective potential, realize aspirations, and have an equal voice in their communities.

The local Vista club raises funds

to give out as scholarship grants each year to local women and holds human trafficking awareness events, among its other activities. New members are always welcome. For information on joining or

donating see soroptimistvista.org or call 760-683-9427.

Submitted by Soroptimist International of Vista and North County Inland.

### VILLAGE NEWS

Copyright Village News, 2023  
A Village News Inc. publication  
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Village News has been granted by the courts of San Diego County the right of adjudication, legal No. GIN013243. We can accept legal notices for publication.

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Please submit all correspondence to our corporate office by e-mail, [villageeditor@reedermedia.com](mailto:villageeditor@reedermedia.com). All correspondence must be dated and signed and include the writer's full address and phone number in order to be considered for publication. All letters are subject to editing to fit the publication's format. Deadline is Monday, 9 a.m.

The opinions expressed in Fallbrook/Bonsall Village News do not necessarily reflect the opinions of Fallbrook/Bonsall Village News staff.

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Fallbrook/Bonsall Village News published weekly.

Periodical postage paid at:

111 W. Alvarado St  
Fallbrook, CA 92028  
ISSN# 153-35-208  
USPS# 019-456

Postmaster send postal change of address to:

111 W. Alvarado St  
Fallbrook, CA 92028

## Have a say on county projects impacting the region

### Tracy DeFore

County of San Diego  
Communications Office

San Diego County is looking for input on projects covering a wide range of priorities that may affect you, your neighborhood or the region at large.

Your feedback is wanted on the county's legislative priorities, homelessness, a campaign to Leave No Veteran Homeless, the Climate Action Plan and economic impacts from border water pollution. You can share your perspective by submitting comments, sharing personal stories and/or taking surveys.

These projects and others are all listed on the County's Engage San Diego County page, <https://engage.sandiegocounty.gov>, with varying comment periods. Input for the 2024 legislative program ends Sept. 7 while others extend

until Sept. 30 and beyond.

You can make a difference with your feedback. Public comments and surveys help shape decisions on how the County moves forward on challenging issues.

It's easy to find out more about these projects. The Engage San Diego County page offers project information, websites, key dates, timelines, a place to submit questions, FAQs and a chance to subscribe to project updates.

The site is also available in different languages through Google Translate. So, weigh in. Make your voice heard. Select projects are listed below:

- 2024 Legislative Program - Comments accepted through Sept. 7
- Homelessness Solutions and Prevention Action Plan - Comments accepted through Sept. 15
- Boil Water Advisory Economic

Impacts Survey - Survey closes Sept. 15

- Border Water Pollution Economic Impacts Survey - Survey closes Sept. 15
- Leave No Veteran Homeless - Join the effort, pledge support,

share a story

- Climate Action Plan - Request a presentation, share an idea,
- Emergency Medical Services System - Survey closes Sept. 30

## Bearded man files discrimination complaint after Walmart employee questions his presence in ladies' restroom

### Sarah Weaver

Social Issues Reporter

A transgender customer who uses "he/they" pronouns filed a discrimination complaint against a Walmart in Montreal, Canada, after an employee allegedly questioned

him for using the women's restroom.

The customer, Seth Day, who has a beard and appears masculine, told CTV News he doesn't "identify as a man or woman, sort of somewhere in between," according to a report published Monday.

Day said he needed to use the bathroom during an Aug. 25 shopping trip, so he went into the women's restroom. An unnamed employee then allegedly confronted Day after he emerged from women's bathroom. The employee, who Day said was an assistant manager, repeatedly asked Day what his sex was and told him he'd made other customers uncomfortable by using the women's restroom, CTV reported. (RELATED: Mom Sues School That Allegedly Hid Her Daughter's Gender Transition, Provided Chest Binders)

"To which I responded that there was no gender-neutral bathroom or family bathroom," Day said. "What bathroom am I supposed to use, then? What about my comfort as a client?"

"It was really traumatic and stressful, being treated so unkindly," Day continued.

Day has since filed a discrimination complaint with the Quebec Human Rights Commission, alleging the employee "act[ed] like trans people are less than."

Walmart Canada did not respond to the Daily Caller's request for comment by the time of publication.

The Canadian Human Rights Act prohibits "discriminatory practices based on ... sexual orientation, gender identity or expression."

"Transgender persons have a right to be treated according to their deeply-felt gender identity," reads an official government release relating to Canada's gender identity legislation. "In many situations, that includes the right of a person who lives as a woman to use women's facilities, even if she has some male anatomical characteristics. These amendments will codify that right. Transgendered and other gender-diverse Canadians already use gender-appropriate bathrooms and pose no greater threat than anyone else in doing so; they simply want to use the washroom or change room that corresponds with their lived identity."

## THE ANGEL SHOP OF FALLBROOK

1002 S. Main, Fallbrook (corner of Main Avenue & Aviation Road)

### COME SHOP WITH US!

Since 1978, the Angel Society has donated nearly 4.5 million in funds for local nonprofits and other worthy causes through the operation of our Angel Shop.

We are proud of our success, and also grateful for the hard work and dedication of our volunteers, who have numbered in the thousands over the years.

We are grateful for the generosity of the many members of our community who continue to bring us their donations of gently used clothing, household goods, small furniture and collectibles. Your support has been vital to our business.

Together, we look forward to many more years of serving the greater Fallbrook/Bonsall community.

**The Angel Shop is Open Tues-Sat 10am to 2pm**  
Donations are gratefully accepted Tues-Sat 10am to 1:30pm  
**760-728-6513 | www.theangelsociety.org**

# Father delivers son on way to hospital



Big brother Emmett greets his newborn sibling after his father delivers the baby on the way to the hospital Thursday, August 24. Anza Valley Outlook/Courtesy photo

**Diane Sieker**  
Staff Writer

An apprehensive young father delivered his son into the world on the side of a dirt road near the Lost Valley Boy Scout Camp Thursday, Aug. 24.

"Wesley John Olvera made a grand entrance this morning on the dirt road on our way to the hospital," said mother Jacquie Olvera. "We made it 5 miles down the 10 mile dirt road and this little boy was not waiting any longer."

The Olveras reside at the Lost Valley Boy Scout Camp near Warner Springs, where father and husband Andrew works as a ranger. The dirt road in and out of camp is 10 miles long.

"I woke up with very strong contractions at 5:20 a.m., and they were just very strong right away and 3 minutes apart. We quickly got dressed, grabbed our things and our dogs to drop off at my mom's on our way to the hospital, and left."

Jacquie told both her husband and mother that she didn't think she was going to make it to the hospital.

"My body was already feeling the urge to push," she said. "We made it almost to the 5 mile mark on the dirt road out of camp and I told my husband he had to stop and I needed to get out."

She informed Andrew that the baby was coming immediately, and he responded by telling her to stop pushing and get back in the car because they needed to keep going.

"He was absolutely freaking out," said Jacquie of her husband of eight years. "But I needed him to pull himself together and help me because the baby was coming and he stepped right up to assist me. We couldn't call for help because there is no cell service on the dirt road. About 10 minutes later we were holding our baby boy in our arms. My dogs sat in the back seat and observed the whole birth since they were with us. They were so well behaved. So after the birth, we had to get back in the car and drive the rest of the way down the dirt road and the brief distance from there to my mom's house where we could get telephone service and call an ambulance."

Her mother Deborah Ondrak Casteel was completely surprised



Father Andrew Olvera holds his son Wesley, after delivering him on the way to the hospital Thursday, August 24.

when the trio arrived at her home in Chihuahua Valley. She was babysitting their other son, 2 ½ year-old Emmett, when they pulled up with the newest member of the family.

"When we got to my mom's house, my husband got out of the car and met my mom by her front door and asked her if she would like to meet her new grandson," Jacquie said. "She responded with 'What? Are you serious?' My husband showed her his clothes covered in afterbirth and said 'I caught him.' My mom started crying and jogging to the car to come see us."

The family was grateful that the birth was smooth and the infant none the worse for wear. The baby's big brother is taking his new responsibilities seriously.

"Emmett loves his little brother," Jacquie said. "He asks to hold him all the time and tells him he loves him with kisses on the forehead."

After a short visit to the hospital, both mother and child were given a clean bill of health and sent home. Wesley weighed in at 7 pounds, 4 ounces and 19 inches long, being born three days after his predicted

due date.

According to mom, the newborn is a happy baby and thriving.

"It was a surreal and amazing experience," said Andrew. "It wasn't what we planned but I wouldn't change it for anything. I can't wait to brag to my son about how I caught him when he was born when he is older."

Diane Sieker can be reached by email at dsieker@reedermedia.com.

## OBITUARIES



**Rosemary Duffy** passed peacefully on Aug. 29, 2023. Celebrate her life on Sept. 9, 2023, 2 p.m. at LifePointe Church. Casual purple attire, Rosemary's favorite color. Details: <https://www.berry-bellandhall.com/obituary/rosemary-duffy>



**Ruth Taylor Nordstrom**, our beloved mother, sister, wife, auntie, friend, and teacher, passed away, peacefully in her home, on Aug. 26, 2023.

She was born on Feb. 1, 1949, in San Francisco, California, to Quentin and Zola Taylor, the fourth of five children. She grew up in the mountains of San Juan Bautista, working alongside

her family, playing sports and music. She graduated from San Benito High School and then from Brigham Young University with her teaching degree.

Her life was filled with love for her family, for God, and for all she came in contact with. It was often said that she didn't just greet others with a "hello" but made sure to also hug them. She would want to be remembered by her faith in God, her cheering efforts for all, and her love for her family.

She is survived by her beloved husband, Darick Nordstrom; her children – Leif Nordstrom, Bjorn Nordstrom, Kirstin Baxter, Lars Nordstrom, Britta Foster, and their spouses and their 21 grandchildren. She also is survived by her siblings – Kathy Crockett, Sterling Taylor, and Anne Holdaway.

She was preceded by her parents and her oldest brother, Gary Wayne.

Services will be held on Saturday, Sept. 16 at 12 p.m. at 451 Bobier Dr., Vista, CA 92083

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## DINING

# Tuna, Egg, Shrimp Salads: easy, versatile and satisfying

**Judith Bell**  
Food Editor

“Mom, how do you make....” was the beginning of today’s food column. My son Elliot asked me how I made something as simple as Egg Salad. I couldn’t give him a definitive answer. Maybe, like you, I make certain “staples” in my culinary repertoire from memory. And, despite our zooming rate of technical wizardry, we are not yet capable of transferring information (recipes?) from one mind’s storage to another mind’s receptors.

So, we write down recipes our family, friends, neighbors and food column readers might want. I encourage everyone to write down the recipes for Family Favorites. Your collection will be a gift no one else can create. It will be a legacy. Maybe aim for it to be your family’s Christmas gift. It doesn’t have to be fancy, bound or even printed. Handwritten will work. Just do it!

My son’s query led me to my kitchen to make egg salad, tuna and shrimp salad. ...and write down the ingredient amounts and processes so anyone can duplicate these creations at will.

As an aside, I researched and cannot find any source that tells me how these recipes were named a “salad”? In many cases, the mixture is used as filling for a sandwich. Pardon the old-fashioned sexism statement: these “salads” were mostly served at Ladies Luncheons. My husband loved my Egg Salad. However, he did not like sweet pickle relish and I did. So, I always made two batches...one with pickle relish and one without. Egg Salad Sandwiches can be a nice choice for weekend lunches all year.

## Bell’s Egg Salad

7 large eggs, hard cooked\*  
1 ½ cups finely chopped celery  
½ cup finely chopped onion  
1 Teaspoon Dijon mustard  
½ cup mayonnaise  
Salt and freshly ground pepper, to taste  
1 Tablespoon sweet pickle relish (optional)

Peel and chop\*\* eggs to medium dice. Transfer to a medium mixing bowl. Add celery and onion and toss together with a fork. Add mustard and mayonnaise and blend lightly. Add salt and pepper to taste. Blend in pickle relish, if desired. To serve as salad, heap spoonfuls of salad onto leaves of lettuce; as filling for a ripe avocado, filling for a ripe tomato cut into quarters. For a sandwich, divide the mixture into four to six portions and place each portion onto a slice of bread, pressing down lightly around edges and middle so that egg salad doesn’t fall from the sandwich. Top with a leaf of lettuce and close with a slice of bread. Cut into halves to serve. \* Betty Crocker’s directions for hard cooking eggs are the best I’ve found:

## Betty Crocker's Hard Cooked Eggs

Place eggs in a single layer in a saucepan. Cover with cold water 1 inch above eggs. Cover and heat to boiling. Remove from heat. Let stand covered for 15 minutes. Drain. Immediately place eggs in ice water until completely cooled. Use in recipes or refrigerate until needed.

\*\*I use an egg slicer to prepare hard cooked eggs for egg salad: place eggs in the slicer and cut one direction. Turn the eggs and cut in the opposite direction. The result is not “perfect” and it works for me.

Tuna Salad is a memory so deep I’ve no idea how I started making this staple. Likely it was in high school when I started cooking so I could have foods the way I wanted.

## Bell’s Tuna Salad

2 (5-oz) cans tuna, in olive oil or water-packed  
1 ½ cups finely chopped celery  
½ cup finely chopped onion  
½ cup mayonnaise  
3 Tablespoons sweet pickle relish (optional)

Drain tuna.

Turn into a medium bowl.

Using a fork, flake the tuna until it is broken up. Add celery and onion. Mix with fork until celery and onion are well distributed. Add mayonnaise. Blend well. Add pickle relish. Use salad as filling for avocados, quartered tomatoes or mounded on a light bed of lettuce.

For sandwiches, divide into 6-8 portions. Place each portion on a slice of bread. Cover with a leaf of lettuce and then a slice of bread. Cut into halves to serve.

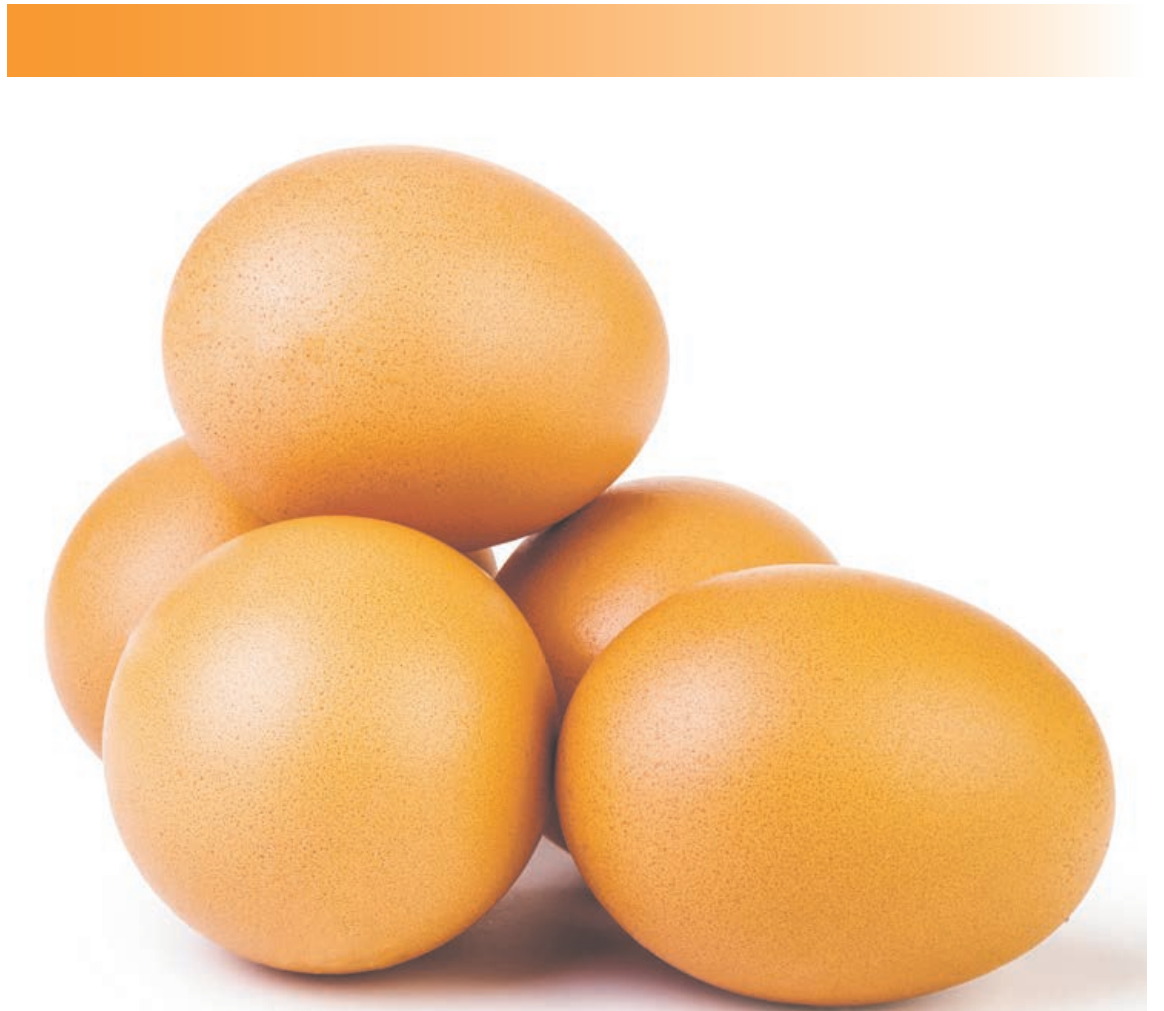
To round out the experiment, I used the frozen shrimp from for this simple shrimp salad.

What size shrimp you use is not important. What it yields as an ingredient is what is important. You’ll need 1 ½ cups of cooked, chopped shrimp.

## Bell’s Easy Shrimp Salad

10 Extra Jumbo shrimp\* (16-20 count per lb.)  
1/3 cup finely chopped celery  
2 Tablespoons finely chopped red onion  
½ cup mayonnaise  
1 Tablespoon chili sauce

Follow package directions to cook the shrimp. Peel, devein and chop the cooked shrimp to yield 1 ½ cup chopped shrimp. Place chopped shrimp in a medium bowl. Add celery and onion and mix with a fork. Blend in mayonnaise and chili sauce. For salad, mound shrimp mixture in a ripe avocado half; quartered tomato or in a nest of lettuce leaves. For sandwiches, divide into 3 portions. Place each apportion on a slice of bread. Top with lettuce leaf and a second slice of bread. Cut into halves to serve.



# LEGALS

The deadline for Legal notices is Monday, noon. Email to [legals@reedermedia.com](mailto:legals@reedermedia.com).

 <p><b>PUBLIC NOTICE OF AVAILABILITY</b>  <b>NAVAL WEAPONS STATION, SEAL BEACH DETACHMENT</b>  <b>FALLBROOK, CALIFORNIA</b>  <b>PROPOSED PLAN FOR EXCAVATION OF SOIL AND WASTE</b>  <b>AT INSTALLATION RESTORATION PROGRAM SITE 34b</b></p>	
<p><b>September 2023</b></p>	
<p>The Department of the Navy announces the public availability of the Proposed Plan to excavate and conduct off-site disposal of wastes, debris, and contaminated soil identified at Installation Restoration Program (IRP) Site 34b (also known as Dunnage Disposal Site 2) located at the Naval Weapons Station (NAVWPNSTA) Seal Beach Detachment (Det), facility located in Fallbrook, California. IRP Site 34b is approximately 9 acres and is located within the north-central portion of NAVWPNSTA Seal Beach Det. Fallbrook, California, and is not accessible to the public. IRP Site 34b was reportedly used as a disposal or burial area for dunnage (packing materials used for shipping products) from 1942 until 1978. The site consists of a shallow dunnage disposal trench that is approximately 3 to 5 feet wide and 505 feet long in a northwesterly direction. Disposal material included dunnage and other waste such as scrap metal, wood pallets, and glass waste from the installation. Dunnage material includes generally low-value packing materials used for shipping products. Potentially impacted media at IRP Site 34b is limited to soil underlying and adjacent to the dunnage disposal trench. No evidence was found of disposed munitions at the site. The total volume of waste in the dunnage disposal trench is approximately 72 cubic yards. Various environmental assessments have been performed since 1985 and continued through 2021 to evaluate potential threats to human health and the environment and assess remedial alternatives for the site. Based on the results of the detailed evaluation of alternatives, the Navy recommends Alternative 3 - Excavation and Off-site Disposal to remove historical waste and impacted soil from the target treatment zones at IRP Site 34b to achieve unrestricted military land use at the site. This alternative meets the threshold criteria of effectively protecting human health and the environment, complying with applicable or relevant and appropriate requirements and satisfies the remedial action objectives for IRP Site 34b.</p> <p>FOR MORE INFORMATION</p> <p>The Proposed Plan documenting the Navy's approach to excavate and conduct off-site disposal of wastes is available for review at the locations listed below. The Navy will accept public comments during the 30-day comment period held from September 8, 2023 through October 9, 2023. Written comments should be postmarked no later than October 9, 2023, and mailed to Public Affairs Officer, Naval Weapons Station Seal Beach, 800 Seal Beach Boulevard, Seal Beach, California 90740. Emailed comments may be submitted to <a href="mailto:nwssbpa@us.navy.mil">nwssbpa@us.navy.mil</a> by October 9, 2023.</p> <p>PUBLIC MEETING TO BE HELD ON September 20, 2023 from 6:00 p.m. to 7:00 p.m.</p> <p>A public meeting to present this Proposed Plan will be held at Fallbrook Community Center, 341 Heald Ln, Fallbrook, CA 92028.</p>	
<p><b>Administrative Record</b>                  NAVFAC Southwest Environmental Records Manager                  Naval Base San Diego                  2965 Mole Road, Building 3519                  San Diego, CA 92136-5696                  (619) 556-1280</p>	<p>A link to download a PDF of the Proposed Plan documenting the Navy's approach to excavate and conduct off-site disposal of wastes can be found on the installation homepage, located at: <a href="http://www.navfac.navy.mil/FallbrookNWS">www.navfac.navy.mil/FallbrookNWS</a></p>

Published September 7, 14, 2023

**TRUST DATED 7/24/2018. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.** A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): **DOROTEO ARANGO, A SINGLE MAN AND ROSALBA MONTELONGO, A SINGLE WOMAN AS JOINT TENANTS** Recorded: **8/2/2018** as Instrument No. **2018-0316787** of Official Records in the office of the Recorder of **SAN DIEGO** County, California; Date of Sale: **10/6/2023 at 9:00 AM** Place of Sale: **At the Entrance of the East County Regional Center, 250 E. Main Street, El Cajon, CA 92020** Amount of unpaid balance and other charges: **\$432,376.84** The purported property address is: **524 RICEBIRD DR, VISTA, CA 92083-3032** Assessor's Parcel No.: **161-310-45-00** **NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call **800-280-2832** for information regarding the trustee's sale or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: **CA-23-957890-AB**. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. **NOTICE TO TENANT:** You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call **800-280-2832**, or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: **CA-23-957890-AB** to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. **NOTICE TO PROSPECTIVE OWNER-OCCUPANT:** Any prospective owner-occupant as defined in Section 2924m of the California Civil Code who is the last and highest bidder at the trustee's sale shall provide the required affidavit or declaration of eligibility to the auctioneer at the trustee's sale or shall have it delivered to QUALITY LOAN SERVICE CORPORATION by 5 p.m. on the next business day following the trustee's sale at the address set forth in the below signature block. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: **QUALITY LOAN SERVICE CORPORATION 2763 Camino Del Rio S San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 800-280-2832 Or Login to: http://www.qualityloan.com Reinstatement Line: (866) 645-7711 Ext 5318 QUALITY LOAN SERVICE CORPORATION . TS No.: CA-23-957890-AB IDSPub #0187630 8/24/2023 8/31/2023 9/7/2023**

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# LEGALS

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## Fictitious Biz. Name

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9016922  
Name of Business  
**L & L OUTDOOR HOME SERVICE**  
34160 Couser Cyn, Valley Center, CA 92082  
Mailing address: 2530 Oak Hill Rd, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Lucio Everardo Leal Loera, 34160 Couser Cyn, Valley Center, CA 92082  
This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of N/A  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 15, 2023  
**LEGAL: 6291**  
**PUBLISHED: August 24, 31, September 7, 14, 2023**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9016719  
Name of Business  
**TRUE WITNESS NOTARY SERVICES**  
661 Copper Dr #56, Vista, CA 92083  
Mailing address: 661 Copper Dr #56, Vista, CA 92083  
County: San Diego  
This business is registered by the following:  
Steven Michael Dolengewicz, 661 Copper Dr #56, Vista, CA 92083  
This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of 03/15/2013  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 11, 2023  
**LEGAL: 6292**  
**PUBLISHED: August 24, 31, September 7, 14, 2023**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9015305  
Name of Business  
**YASMINDE TARRANCE**  
739 Oaktree Ln Apt 116, San Marcos, CA 92069  
Mailing address: 739 Oaktree Ln Apt 116, San Marcos, CA 92069  
County: San Diego  
This business is registered by the following:  
a. Yasminde Kollita Butcher, 739 Oaktree Ln Apt 116, San Marcos, CA 92069  
b. Yasminde Kollita Tarrance, 739 Oaktree Ln Apt 116, San Marcos, CA 92069  
c. Yasminde Tarrance, 739 Oaktree Ln Apt 116, San Marcos, CA 92069  
This business is conducted by an Unincorporated Association-Other than a Partnership Registrant first began to transact business under the fictitious name listed above as of 12/17/1997  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 21, 2023  
**LEGAL: 6293**  
**PUBLISHED: August 24, 31, September 7, 14, 2023**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9017282  
Name of Business  
**WEEKEND WARRIORS**  
25 Browns Road, Alpine, CA 91901  
Mailing address: 2872 So Santa Fe Avenue, San Marcos, CA 92069  
County: San Diego  
This business is registered by the following:  
Event Management Solutions, Inc., 2872 So Santa Fe Avenue, San Marcos, CA 92069  
This business is conducted by a Corporation This Corporation is registered in the state of California  
Registrant first began to transact business under the fictitious name listed above as of July 1, 2023  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 21, 2023  
**LEGAL: 6298**  
**PUBLISHED: August 24, 31, September 7, 14, 2023**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9017595  
Name of Business  
**a. HASS AND HOME**  
**b. HASS & HOME**  
12 Via De La Roca, Fallbrook, CA 92028  
Mailing address: 15243 Glen Ridge Dr, Chino Hills, CA 91709  
County: San Diego  
This business is registered by the following:  
a. Leslie Scott, 15243 Glen Ridge Dr, Chino Hills, CA 91709  
b. Derek Scott, 15243 Glen Ridge Dr, Chino Hills, CA 91709  
This business is conducted by a Married Couple Registrant first began to transact business under the fictitious name listed above as of 8/3/2023  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 24, 2023  
**LEGAL: 6300**  
**PUBLISHED: August 31, September 7, 14, 21, 2023**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9016886  
Name of Business  
**ON A ROLL**  
4381 Oregon St. #6, San Diego, CA 92104  
Mailing address: P.O. Box 531892, San Diego, CA 92153  
County: San Diego  
This business is registered by the following:  
Mark D. Rondeau, 4381 Oregon St. #6, San Diego, CA 92104  
This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of N/A  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 15, 2023  
**LEGAL: 6301**  
**PUBLISHED: August 31, September 7, 14, 21, 2023**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9017689  
Name of Business  
**GOLDEN STATE CLEANING SERVICES**  
1406 Via Monserate, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Janet Vasquez, 1406 Via Monserate, Fallbrook, CA 92028  
This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of 08/25/2023  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 25, 2023  
**LEGAL: 6302**  
**PUBLISHED: August 31, September 7, 14, 21, 2023**

## Fictitious Biz. Name

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9015534  
Name of Business  
**GOTA CAMP**  
38176 CA-79, Warner Springs, CA 92086  
Mailing address: Same  
County: San Diego  
This business is registered by the following:  
a. Mario A. Robinson, 38176 CA-79, Warner Springs, CA 92086  
b. Alejandra Robinson, 38176 CA-79, Warner Springs, CA 92086  
This business is conducted by a Married Couple Registrant first began to transact business under the fictitious name listed above as of N/A  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 26, 2023  
**LEGAL: 6303**  
**PUBLISHED: September 7, 14, 21, 28, 2023**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9017582  
Name of Business  
**ART PLUS GO**  
11176 Madrigal St., San Diego, CA 92129  
Mailing address: 11176 Madrigal St., San Diego, CA 92129  
County: San Diego  
This business is registered by the following:  
Lisa M. Tran, 11176 Madrigal St., San Diego, CA 92129  
This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of 08/01/2023  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 24, 2023  
**LEGAL: 6304**  
**PUBLISHED: September 7, 14, 21, 28, 2023**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9017991  
Name of Business  
**FULLER CONSULTING**  
19782 Santee Lane, Valley Center, CA 92082  
County: San Diego  
This business is registered by the following:  
Hellhole Enterprises LLC, 19782 Santee Lane, Valley Center, CA 92082  
This business is conducted by a Limited Liability Company  
This LLC is registered in the state of California Registrant first began to transact business under the fictitious name listed above as of 4/12/2022  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 30, 2023  
**LEGAL: 6305**  
**PUBLISHED: September 7, 14, 21, 28, 2023**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9018204  
Name of Business  
**PKP GLOBAL CO**  
13545 Zinnia Hills Pl, San Diego, CA 92130  
Mailing address: 13545 Zinnia Hills Pl, San Diego, CA 92130  
County: San Diego  
This business is registered by the following:  
Shahin Bahmanof, 13545 Zinnia Hills Pl, San Diego, CA 92130  
This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of 9/1/2023  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Sep 01, 2023  
**LEGAL: 6306**  
**PUBLISHED: September 7, 14, 21, 28, 2023**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9017125  
Name of Business  
**ELITE XP**  
100 South Escondido Blvd, Escondido, CA 92025  
County: San Diego  
This business is registered by the following:  
RBILY, Inc, 13708 Paseo De Las Cumbres, Poway, CA 92064  
This business is conducted by a Corporation This Corporation is registered in the state of California  
Registrant first began to transact business under the fictitious name listed above as of N/A  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 17, 2023  
**LEGAL: 6299**  
**PUBLISHED: August 24, 31, September 7, 14, 2023**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9016538  
Name of Business  
**a. POPPIN' WINE TOURS**  
**b. POPPIN' TOURS**  
3915 Lake Circle Dr, Fallbrook, CA 92028  
Mailing address: 3915 Lake Circle Dr, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
DEMITT LLC, 3915 Lake Circle Dr, Fallbrook, CA 92028  
This business is conducted by a Limited Liability Company  
This LLC is registered in the state of California Registrant first began to transact business under the fictitious name listed above as of N/A  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 09, 2023  
**LEGAL: 6290**  
**PUBLISHED: August 17, 24, 31, September 7, 2023**

## Notice of Sale

### NOTICE OF SALE OF ABANDONED PROPERTY

NOTICE IS HEREBY GIVEN THAT PURSUANT TO SECTIONS 21701-21715 OF THE BUSINESS AND PROFESSIONAL CODE SECTION 2328 OF THE COMMERCIAL CODE SECTION 535 OF THE PENAL CODE TAYLOR SELF STORAGE 1200 EAST TAYLOR ST. VISTA CA 92084 WILL SELL BY COMPETITIVE BIDDING ON SEPTEMBER 20TH, 2023 AT 12:30 PM AUCTION TO BE HELD AT THE ABOVE ADDRESS, PROPERTY TO BE SOLD AS FOLLOWS: MISC GOODS, PERSONAL ITEMS, FURNITURE AND CLOTHING.  
MARIELA CALDERON  
CHRISTEN SPITERI  
JIMMY RAMIREZ  
SCOTT WISEMAN  
ERNEST ROUSH  
GUILLERMO CHILTON  
ASHLEA KNIPPENBERG  
RAMON HERNANDEZ  
MARK WALLACE  
HAL HLAVA  
ANITA BURRIS  
JODI LEE  
KORAN FIELDS CAMERON  
ROBERTO SOTO JR.  
**Published August 31, September 7, 2023**

## Fictitious Biz. Name

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9016279  
Name of Business  
**MNA GROUP**  
810 Jefferson Ave, Chula Vista, CA 91911-1003  
Mailing address: 2826 Rainbow Valley Boulevard, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Manuel Gutierrez III, 4500 Balboa Ave, Encino, CA 91316  
This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of 8/2/2023  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 04, 2023  
**LEGAL: 6285**  
**PUBLISHED: August 17, 24, 31, September 7, 2023**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9016479  
Name of Business  
**CRAFTS BY NESEE**  
53004 Sycamore Ln, Pala, CA 92059  
Mailing address: Same  
County: San Diego  
This business is registered by the following:  
Lanise Luna, 53004 Sycamore Ln, Pala, CA 92059  
This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of 08/08/2023  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 08, 2023  
**LEGAL: 6286**  
**PUBLISHED: August 17, 24, 31, September 7, 2023**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9016457  
Name of Business  
**LAND DEVELOPMENT CONSULTANT**  
4802 Lake Park Place, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Edward T. Dowling, 4802 Lake Park Place, Fallbrook, CA 92028  
This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of 08/03/2023  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 08, 2023  
**LEGAL: 6287**  
**PUBLISHED: August 17, 24, 31, September 7, 2023**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9016202  
Name of Business  
**UNSTOPPABLE TOYS**  
2561 El Camino Real, Carlsbad, CA 92008  
Mailing address: 5234 Leon St, Oceanside, CA 92057  
County: San Diego  
This business is registered by the following:  
Ronald Cruz, 5234 Leon St, Oceanside, CA 92057  
This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of 8/3/2023  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 03, 2023  
**LEGAL: 6288**  
**PUBLISHED: August 17, 24, 31, September 7, 2023**

### FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9016396  
Name of Business  
**MARISCOS EL PACIFICO**  
111 N. Vine St, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Sanchez Cuisine, Inc, 111 N. Vine St, Fallbrook, CA 92028  
This business is conducted by a Corporation This Corporation is registered in the state of California  
Registrant first began to transact business under the fictitious name listed above as of 08/07/23  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 07, 2023  
**LEGAL: 6289**  
**PUBLISHED: August 17, 24, 31, September 7, 2023**

## Change of Name

### ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 37-2023-00037039-CU-PT-NC TO ALL INTERESTED PERSONS

**Petitioner:**  
**TYLER WAYNE TORRES**  
**Present Name:**  
**TYLER WAYNE TORRES**  
**Proposed Name:**  
**TYLER WAYNE PETTIT**

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.\*

### NOTICE OF HEARING

Date: Oct. 27, 2023 Time: 8:30 am Dept: 25  
The address of the court is 325 S. Melrose Dr, Vista, CA 92081 North County Regional Center  
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News  
NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE.  
The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120).  
If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to the petitioner.  
If all requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions.  
If a timely objection is filed, the court will set a remote hearing date and contact the parties by mail with further directions.  
A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified date. The court will notify the parties by mail of a future remote hearing date.  
Date: AUG 28 2023 Signed: Brad A. Weinreb, Judge of the Superior Court.  
**LEGAL: 6307**  
**PUBLISHED: September 7, 14, 21, 28, 2023**

## Change of Name

### ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 37-2023-00009524-CU-PT-CTL TO ALL INTERESTED PERSONS

**Petitioner:**  
**PATRICK ROBERT WICK**  
**Present Name:**  
**PATRICK ROBERT WICK**  
**Proposed Name:**  
**PATRICK VICTOR**

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.\*

### NOTICE OF HEARING

Date: 09/21/2023 Time: 8:30 AM Dept: 61  
The address of the court is 330 West Broadway, San Diego, CA 92101 Hall of Justice Civil Division  
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News  
NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE.  
The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120).  
If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to the petitioner.  
If all requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions.  
If a timely objection is filed, the court will set a remote hearing date and contact the parties by mail with further directions.  
A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified date. The court will notify the parties by mail of a future remote hearing date.  
Date: 07/20/2023 Signed: Peter F. Murray, Judge of the Superior Court.  
**LEGAL: 6295**  
**PUBLISHED: August 24, 31, September 7, 14, 2023**

## Change of Name

### ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 37-2023-00035328-CU-PT-NC TO ALL INTERESTED PERSONS

**Petitioner:**  
**JHAÑÉ MONIQUE LEON GUERRERO BAILEY**  
**Present Name:**  
**JHAÑÉ MONIQUE LEON GUERRERO BAILEY**  
**Proposed Name:**  
**JHAÑÉ MONIQUE LEON GUERRERO**

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.\*

### NOTICE OF HEARING

Date: 10/30/2023 Time: 8:30 AM Dept: 25  
The address of the court is 325 S. Melrose Dr, Vista, CA 92081 North County Regional Center  
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News  
NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE.  
The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120).  
If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One certified copy of the Order Granting the Petition will be mailed to the petitioner.  
If all requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions.  
If a timely objection is filed, the court will set a remote hearing date and contact the parties by mail with further directions.  
A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified date. The court will notify the parties by mail of a future remote hearing date.  
Date: 07/20/2023 Signed: Brad A. Weinreb, Judge of the Superior Court.  
**LEGAL: 6296**  
**PUBLISHED: August 24, 31, September 7, 14, 2023**

## FALLBROOK COMMUNITY PLANNING GROUP

Eileen Delaney, Chair  
[Eileen.fallbrook@gmail.com](mailto:Eileen.fallbrook@gmail.com)

SEPTEMBER 2023  
COMMITTEE MEETINGS AGENDAS

NO COMMITTEES WILL MEET  
IN SEPTEMBER

NOTE: The Fallbrook Planning Group occasionally has openings on its Committees for non-elected community members. Interested parties should contact the respective Committee Chairs: Land Use Committee Chair Steve Brown [steve.fallbrook@aol.com](mailto:steve.fallbrook@aol.com), Circulation Committee Chair Roy Moosa: 760-723-1181), Parks & Recreation Committee Chair Stephani Baxter: ([stephani.fallbrook@gmail.com](mailto:stephani.fallbrook@gmail.com)), Public Facilities Committee Chair Roy Moosa: (760-723-1181), and Design/Review Committee Chair Eileen Delaney: ([eileen.fallbrook@gmail.com](mailto:eileen.fallbrook@gmail.com)), Ad-Hoc Cannabis Committee Chair, Jeniene Domercq, [jeniene.fallbrook@gmail.com](mailto:jeniene.fallbrook@gmail.com)

This is a preliminary agenda. If any changes are made, a final agenda will be posted at the Fallbrook Chamber of Commerce (111 S Main Avenue) at least 72 hours prior to the meetings).

Eileen Delaney, Chairperson, Fallbrook Community Planning Group & Design Review Board.  
Email: [Eileen.Fallbrook@gmail.com](mailto:Eileen.Fallbrook@gmail.com)

OFFICIAL PLANNING GROUP AGENDAS,  
MINUTES AND INFORMATION

Website: [www.fallbrookplanninggroup.org](http://www.fallbrookplanninggroup.org)  
Facebook: <https://www.facebook.com/Fallbrook-Planning-Group-109111577938214>  
Agendas and other information can also be found at:  
<https://www.sandiegocounty.gov/pds/gpuupdate/comm/fallbrook.html>.

Published September 7, 2023

## SUMMONS

FILED MAY 30 2023  
CASE NUMBER: 23-FL006052N  
NOTICE TO RESPONDENT: MATTHEW GLAZA

You have been sued. Read the information below

Petitioner's name is: JOYCE HERNANDEZ GLAZA

You have 30 calendar days after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call or court appearance will not protect you.

If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs.

For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center ([www.courtinfo.ca.gov/selfhelp](http://www.courtinfo.ca.gov/selfhelp)), at the California Legal Services website ([www.lawhelpca.org](http://www.lawhelpca.org)) or by contacting your local court or county bar association.

FREE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party.

The name and address of the court:  
SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO  
325 SOUTH MELROSE DRIVE, VISTA, CA 92081

The name, address and telephone number of petitioner without an attorney is:  
JOYCE HERNANDEZ GLAZA, 750 BREEZE HILL ROAD, UNIT 118, VISTA, CA 92081  
(805)574-9228

DATE: 1/30/2023  
by P. Gomez, Deputy Clerk

**LEGAL # 6297**  
**Published: September 7, 14, 21, 28, 2023**





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**CHRIS HASVOLD**  
DRE# 00800277



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**CARRIE FULLER**  
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DRE# 00815495



**CYNDI HAUFF**  
DRE# 01274144



**DON BENNETTS**  
DRE# 01450115



**DONNA SHANAHAN**  
DRE# 01193680



**VICKI ROBERTSON**  
DRE# 01172404



**TOM VAN WIE**  
DRE# 01412145



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DRE# 02037408



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**HEIDI DICKENS**  
DRE# 01268111



**LORENE JOHNSON**  
DRE# 00612840



**JUDY & PATRICK BRESNAHAN**  
DRE# 00949710, DRE# 00582591



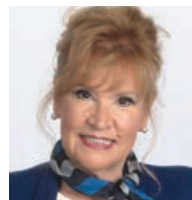
**HARLEE ROBINSON**  
DRE#02063238



**SCOTT LEWIS**  
DRE#02211960



**JERRY & LINDA GORDON**  
DRE# 01140954, DRE# 01035328



**JEAN E. ESOP**  
DRE# 01003649



**JANE FELTON**  
DRE# 01942026



**NEW LISTING**

16 Saddle Creek Road, Fallbrook **\$1,895,000**



**PENDING**

2035 E. Mission Road, Fallbrook **\$849,500**



**NEW LISTING**

1120 E. Mission Rd, Space 89, Fallbrook **\$165,000**



**ACTIVE UNDER CONTRACT**

3502 Luneta, Fallbrook **\$1,349,000**



00 Chisholm, Bonsall **\$1,698,000**



**ACTIVE UNDER CONTRACT**

215 Lolita, Encinitas **\$2,950,000**



**PENDING**

**Modern Charm & Natural Beauty**

Mid-century modern 3BD, 2.5BA, 2000+ Sq Ft home with stunning views, inviting patios and just over 1/2 acre. Fully fenced, gated and provides ample room both inside and outside. Beamed ceilings, granite counters, and use of natural light enhances the interior ambiance. Drought tolerant landscaping, including artificial turf. Westerly views provide beautiful sunsets overlooking the Santa Margarita River Valley.

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**Jerry & Linda Gordon**

Jerry: 760-519-5279 CalBRE #01140954  
Linda: 760-519-7199 CalBRE #01035328  
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