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FCPG recommends Via Rancheros cell tower, rejects Wellness Center site

Joe Naiman Village News Repo

Village News Reporter

The Jan. 16 meeting of the Fallbrook Community Planning Group included a recommendation to support a Major Use Permit for a public safety wireless communications facility in the 2400 block of Via Rancheros and formally a denial of a request for a Major Use Permit for a wireless communications facility at the Fallbrook Regional Health District's Community Health and Wellness Center in the 1600 block of East Mission Road.

Eight votes are required to approve any recommendation, and if seven or fewer votes are in favor, the recommendation is formally a denial even if the votes in favor outnumber the votes in opposition. Steve Brown and Tom Harrington were absent from the Jan. 16 meeting.

Stephani Baxter, Jacqui Kaiser, J.J. Neese, Scott Spencer, and Debbie Williams voted against both cell towers. Lee De Meo, Eileen Delaney, Jeniene Domercq, Kelly Hansen, Jim Loge, Michele McCaffery, and Ross Pike voted to support permits for both towers.

Roy Moosa voted to support the Via Ranchero facility, providing an 8-5 vote in favor for that motion, but Moosa is the property manager for the Wellness Center site and abstained due to the potential conflict of interest so the motion

Cogir building sold out of bankruptcy to affordable housing nonprofit

Editorial Disclosure: Village News is among the creditors included in the Chapter 11 bankruptcy of Contour Opco.

Julie Reeder Publisher

On Dec. 20, 2023, the U.S. Bankruptcy Court approved the sale of the building at 1733 S. Mission Road in Fallbrook, currently known as the Cogir Senior Living facility. It was sold to AOF Pacific Affordable Housing Corp for \$20,650,000, according to court documents received by Village News.

According to the court documents, AOF Pacific Affordable Housing Corp was the sole qualified bidder, and the sale occurred at an auction conducted on Dec. 15, 2023, at 9:30 a.m.

Prior to the auction, the debtors filed a Notice of Entry into a Stalking Horse Agreement, identifying AOF Pacific Affordable Housing Corp as the stalking horse bidder and attaching the



see COGIR, page A-7 The Cogir Senior Living building in Fallbrook was recently sold to an affordable Village News/AC Investigations photo housing company.

Power poles deliver double whammy of traffic *Create snarls for South Fallbrook residents, commuters*

Tim O'Leary

Special to the Village News

The cone zones are back months after area drivers breathed a sigh of relief in hopes that an agonizing



for that permit had only seven votes in favor.

Both proposed facilities would utilize false trees, which was one reason for the opposition. "They said it wouldn't fit the character," said Delaney, who is the planning group chair.

USPS Residential Custome

see FCPG, page A-7

south Fallbrook traffic upgrade was finally in their rear-view mirrors.

The big mess is back, but the work is impressive, the waits aren't too long and there's a pleasant cadre of lads controlling the ebb and flow of traffic in a key chunk of South Mission Road.

I live in the area where backto-back projects that began in late 2021 have required scores of lane closures.

The first project was done by San Diego County, and it entailed installing a traffic signal at South Mission and Green Canyon roads, a busy area where multiple accidents have caused many injuries and deaths.

That \$1 million project took

see **TRAFFIC,** page A-7

4-7 Workers prepare to lift a steel power pole that was subsequently installed along Village News / Tim O'Leary photos South Mission Road.

I-15 Smart Freeway update given

Ava Sarnowski

Reporter

At the Temecula City Council meeting, Jan. 9, traffic delays were discussed as a continuous problem on northbound Interstate

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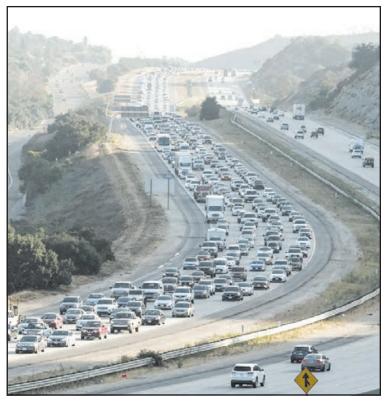
15. For those returning home to Riverside County, in the afternoon and evening, traveling eight miles can take as long as 45 minutes. Hazards include rear-end collisions and poor air quality from idle vehicles needing to wait for traffic. Frustration has grown within drivers, resulting in the need for faster routes in cities and neighborhoods.

Several years ago with the leadership of past mayor Matt Rahn, the "Move I-15" task force was approved for elected officials to remedy the issues along the I-15 corridor. Coalition discussions led to the creation of a plan that intended to improve traffic operation, safety, and air quality.

The pilot project covers the 8 mile segment, from the San Diego County line, to the split, and also includes the Temecula Parkway and Rancho California Road onramps.

The I-15 freeway is to implement technologies utilized

see FREEWAY, page A-7



Traffic backs up on northbound I-15 (left), Village News/Shane Gibson photo every afternoon as commuters head home after work.



ANNOUNCEMENTS

The deadline for all announcements and press releases is Friday, 3 p.m. Email to villageeditor@reedermedia.com.

County Action Plan Update



Meghan Kelly

FALLBROOK – Fallbrook Climate Action Team (FCAT) will present Meghan Kelly and Ariel Hamburger in a Zoom meeting on Tuesday, Jan. 30 at 6:30 p.m. They are staff of the San Diego Sustainability Planning Division of the County Planning and Development Services Department.

Kelly and Hamburger will present information on the county's Draft Climate Action Plan (CAP). The CAP outlines



Ariel Hamburger

measures to reduce greenhouse gas emissions from the unincorporated areas of the county and county operations to reach a goal of net zero emissions by 2045.

Kelly holds two Masters degrees in Environmental Science and Policy and Business Administration and has diverse post-baccalaureate work experience in the environmental resource management and sustainability sectors.

Hamburger is a land use/

environmental planner. She has cultivated relationships with city and county planners to integrate more public healthrelated language and goals into Community Plan Updates, General Plans, Specific Plans, Active Transportation Plans, Climate Action Plans, Environmental Justice Elements, and other relevant planning documents.

The county's plan has lost twice in court over the failure to include transportation which is the main greenhouse gas emitter in the county. There will be an opportunity to ask if this plan is different.

Fallbrook Climate Action Team is an all-volunteer group. FCAT presents monthly presentations about climate change and mitigation on the last Tuesday of every month except December. To receive the Zoom link, sign up for the group's e-blast at fallbrookclimateactionteam.org. Submitted by the Fallbrook Climate Action Team.

Republican Women to hear from author/producer Loudon

FALLBROOK – The Republican Women of California - Fallbrook club's guest speaker for Friday, Feb. 9 will be Trevor Loudon, author of numerous books and producer of the movie "Enemies Within.'

There will also be an introduction to the candidates running for the San Diego Central Committee. The meeting will take place at the Historic Mission Theater 231 North Main. Men are always welcome.

Doors open at 9:30 a.m. Meeting is from 10 a.m. to 12 p.m. The cost is \$10. RSVP no later than Monday, Feb. 5 to rwcfallbrook. org.

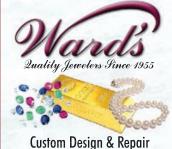
Submitted by the Republican *Women of California – Fallbrook.*

Trevor Loudon is the producer of

"Enemies Within."

Acclaimed author reveals the 'bizarre story of Lee Harvey Oswald and his mother'





FALLBROOK - Literary nonfiction author Deanne Stillman will be featured at the Feb. 2 Writers Read, a Fallbrook Library monthly series. The reading begins at 6:30 p.m. with open mic, followed by Stillman in conversation with Writers Read host K-B Gressitt.

They will explore the research and creation of Stillman's newest book, "American Confidential: Uncovering the Bizarre Story of Lee Harvey Oswald and His Mother," released on the 60th anniversary of President John F. Kennedy's assassination.

While dozens of books have examined Kennedy's murder and his assassin, this is the first deep dive into Oswald's sad and disturbing relationship with a resentful mother desperate to ride his coattails to the American Dream – and some ready cash.

Stillman's eloquent examination of Oswald's origin story reflects her gift for deep research that produces revelations about her subjects. From Oswald's damaged childhood, crisscrossing the continent; his Marine Corps training at Camp Pendleton; his defection to the

Soviet Union, marriage and return; to his final calamitous act, new details reveal a troubled man and the excruciatingly manipulative parent who helped make him the murderer he became.

Other literary nonfiction books by Stillman include "Twentynine Palms: A True Story of Murder, Marines, and the Mojave;" "Joshua Tree: Desolation Tango;" "Mustang: The Saga of the Wild Horse in the American West;" "Desert Reckoning: A Town Sheriff, a Mojave Hermit, and the Biggest Manhunt in Modern California History;" and "Blood Brothers: The Story of the Strange Friendship Between Sitting Bull and Buffalo Bill."

Writers Read meets monthly in Fallbrook Library's community room, at 124 S. Mission Road, between Alvarado and Fig Streets. Local writers are invited to share their original works during open mic.

For more information, contact K-B Gressitt at *kbgressitt@gmail*.

Meet the artists at Fallbrook Library

FALLBROOK - Friends of the Fallbrook Library will hold an artists' reception on Saturday, Jan. 27, from 2 to 4 p.m. Everyone is invited to the free event. This is a great opportunity to the meet the artists and enjoy the current exhibits at the library.

"Beginnings" in the Community Room features 15 exceptional artists from West Coast Drawing who are among the most stellar artists on the California West Coast in drawing media.

On the Reading Patio, "Story Torsos" a sculpture series by Julia C R Gray, explores her impressions of innate tendencies to seek connection with nature and other forms of life. Enjoy light refreshments and live music while browsing these wonderful exhibits.

The Fallbrook Library is located at 124 S. Mission Road.

Submitted by Friends of the Fallbrook Library.

CALENDAR

Jan. 26 – 12 p.m. – Fallbrook Woman's Club is holding a "Mahjong with Friends" fundraiser at their clubhouse, 238 W. Mission Road. Doors open at 11:15. The \$25 fee includes lunch and beverages, opportunity baskets and prizes. For tickets or more info, contact Linda Lovett at 310 569-1905 or lalovett111@icloud.com.

Jan. 27 – 7:30 a.m. to 1 p.m. - Fallbrook FireSafe Council sponsors a free Chipping Day at North County Fire Station 4, 4375 Pala Mesa Dr., off of Old Highway 395. Items to be chipped include branches less than six inches in diameter, trimmed brush, palm branches and other cut vegetation. Brush must be free of mud, rocks and other debris. **Jan. 27** – 10 a.m. to 12:30 p.m. – The Monserate Chapter of the DAR will be offering a free genealogy seminar at Fallbrook Library. Registration is requested by emailing maureen.hudson@ monserate.californiadar.org or calling 760-207-9399. Walk- ins will be welcome. Feb. 16, 23; March 1, 8, 15, 22 – 5 to 7:30 p.m. – The Fallbrook Knights of Columbus will serve their Annual Fish Fry at St. Peter Parish Hall, 450 S. Stage Coach Lane. Prices are the same as last year: baked salmon or fried shrimp meals are \$15 each: fried cod meal \$10 and kids' meal, \$5. Meals include potatoes and vegetables or french fries.

April 13 – TBA – Boys & Girls Clubs of North County hosts its annual Great Futures Gala at Pechanga Resort & Casino, featuring live music, a performances from Club members, a live and silent auction featuring many unique items, and great food and company. Tickets are \$199 per person at www.bgcnorthcounty. org. Call 760-728-5871 for more information. Sponsorships available.

April 28 – 11 a.m. to 3 p.m. - Rally for Children holds its 29th year of "Arts in the Park" at Live Oak Park. Admission is free! The event offers art, music, entertainment and endless activities for children and their families. Free bus shuttles are provided from 10:45 a.m. to 3:30 p.m., from both the Maie Ellis Education Center and Potter Jr. High to Live Oak Park and back every 30 minutes. Event cosponsored by the Fallbrook Union Elementary School District. Oct. 4 – Boys & Girls Clubs of North County hosts its annual North County Cup at Journey at Pechanga. Golfers of all levels are welcome; all proceeds benefit the Boys & Girls Clubs of North County. Tickets are \$250 per golfer, sponsorships available. For more information visit www. bgcnorthcounty.org or call 760-728-5871.

by appointment: 760-726-7767 www.WardsJewelers.com

com or 760-522-1064

Submitted by Writers Read.



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- 2. For \$150/month YOUR donation will buy a pallet of FRESH greens, serving 500 households.
- 3. For \$200/month YOUR donation will buy a pallet of 1-gallon of milk, serving 250 households.
- 4. For \$250/month YOUR donation will buy a pallet of 1-pound of ground beef, serving 1000 households.

ALL levels of donations gratefully accepted!

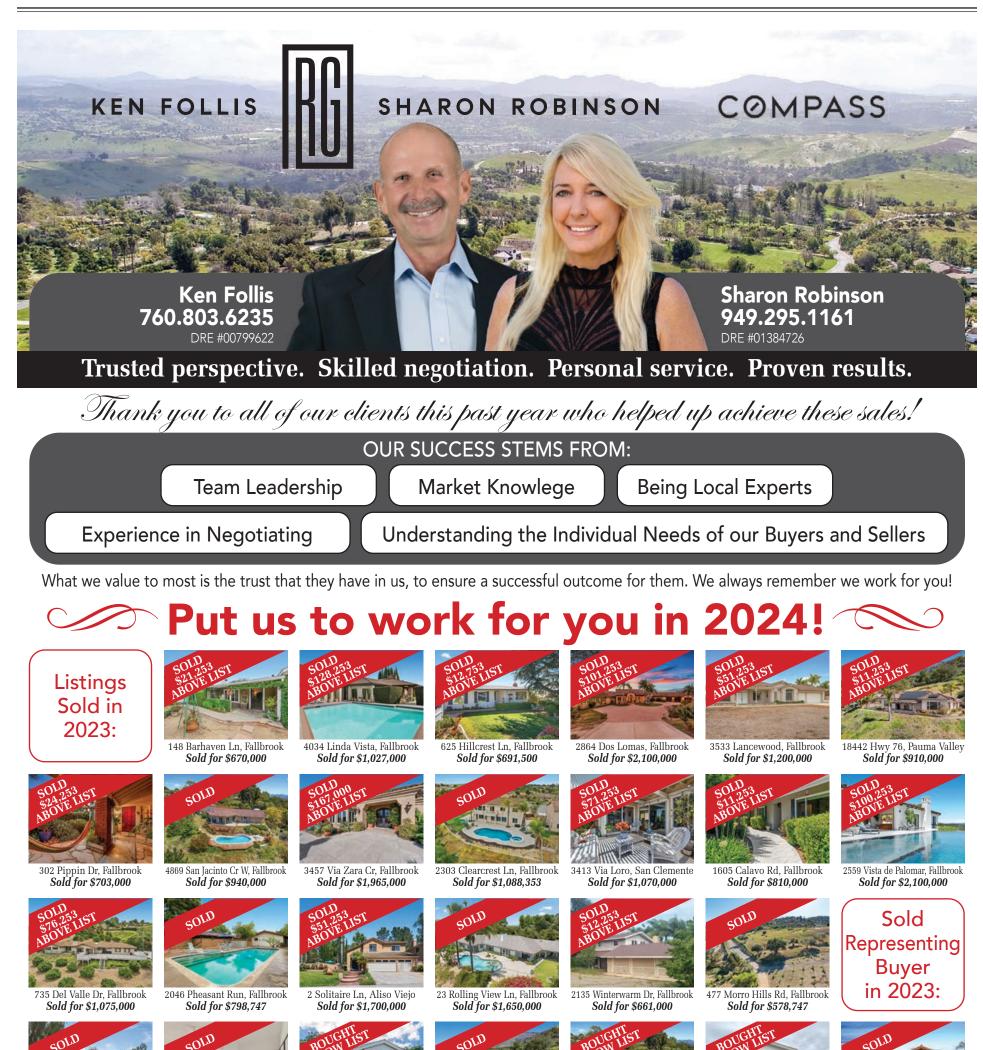


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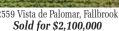
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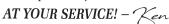


39858 Everly Pl, Temecula Sold for \$749,000

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Ken's Corner

Happy New Year to You All! Last year we were honored to represent many buyers and sellers in our community that were upsizing, downsizing, selling a home to settle an estate, relocating, adding a second home or adding an investment property or building lot. No matter what the circumstances, we are here to assist with a plan formulated to your needs and on your timeline. We would be honored to help you achieve your real estate goals. Please stop by, send an email or give us a call. Our goal is your complete satisfaction!



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LET'S TALK! - Sharon



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OPINION

Preparing for Wildfires



Assemblymember Marie Waldron 75th District

I recently joined several legislators to tour the site of the Camp Fire, the deadliest wildfire disaster in 100 years, which struck much of Butte County in 2018. The fire resulted in 85 deaths, covered almost 240 square miles, and almost totally destroyed the towns of Paradise, Concow and other communities.

Sadly, this tragic death toll was surpassed in 2023 by fires that engulfed Maui, with almost 100 dead and many still missing.

Our region is no stranger to wildfires. Most of us remember the Cedar, Witch, Cocos, Guejito, Rice and Lilac fires which devastated much of San Diego County.

In the aftermath of those fires, we've learned a great deal. For example, San Diego Gas & Electric maintains one of the country's most advanced utility weather networks. Over 190 weather stations monitor high fire risk areas and generate microclimate forecasts and fire modeling that anticipate the path of potential fires.

This data is shared with fire agencies throughout the county in advance of adverse weather events such as Santa Ana winds, and is also used by system operators to shut down circuits to avoid fires generated by downed power lines. More information is available at https://www.sdge.com/safety/firepreparedness.

Individual homeowners can also help prepare for the inevitable. Defensible space is essential, especially for those living in the backcountry. Minimum requirements are 100 feet around each structure – your local fire agency may require more depending on circumstances. The County's Alert San Diego website is a great information resource, https://firesafesdcounty.org/ resources/preparing-for-wildfire/.

A comprehensive list showing how to prepare and plan for wildfire emergencies with information on planning, receiving alerts, evacuation steps, home hardening, defensible space, and much more, is available at: <u>https://</u> www.readyforwildfire.org/.

For more details about removing fuel hazards from around your home, go to <u>https://</u>www.valleycenterfire.com/weed-abatement/.

We always need to prepare and be ready. We are just one spark away from disaster.

Kicking It without high heels



Elizabeth Youngman-Westphal

Special to The Village News

It has finally happened. Alas, it's time to pay the Piper and just live with the consequence of my actions. After 30 years in sales, my legs and feet are racked with pain. In my defense, Sales is all about having a leg up (no pun intended) on the consumer.

It starts with first impressions. What I call the "10-second rule." It's simple. Everyone is judged by the people we meet. And when selling a product, one needs to have an advantage, real or imagined, to write-the-order, close-the-deal, and get it shipped.

Anybody can read a brochure, yet it is the successful salesman (I use that generically) who understands that a great deal of selling is appearance. That ol' first impression. You know that certain je ne sais quoi? After all, it is necessary to project oneself as the expert. It is called: Upmanship. The idea is to assuage the customers' doubts by assuring them you have only their best interests in mind; you are their friend. And everyone knows it is always best to do business with a friend.

Which is why this platitude hits home: clothes make the man, but as everybody knows it is especially true for a woman.

As an industry leader, I dressed for my job as Vice President of Sales for an international manufacturer.

Which explains today's lower extremity problem. It was brought on by decades of wearing the ever-so-leg-and-body-flattering Louie Jordan six-inch-pointedtoe-high heels. (Back then, I would buy them in every color). As the result of my dedication to my appearance, said shoe, is now the source of my disability.

At first, when the pain started, it was at bedtime and could be soothed by doing leg lifts. Not now. The discomfort for all intents and purposes is 24/7. The whole time I'm thinking how does a ballerina manage her pain?

The truth is I contacted City Ballet and heard back from one of the dancers. Ariana was kind enough to write out her routine and the measures she goes to in order to stay in shape. Golly, hopefully she will avoid leg and foot trauma.

Back to my problem, I had just surrendered to the chronic pain as my due punishment for a lifetime of vanity.

The only thing that helped was while cruising to Alaska last summer, I had four, I said four, hot stone massages in a week. I felt fabulous. Regrettably, by the end of the first week trudging around the Yukon, the benefit was lost.

Meanwhile, the distinguished medical community offered me pills which weren't enough so I added topical lotion which too wasn't quite enough.

And then, my girlfriend Jaci said she wears compression hose while cashiering at a big box store. If she doesn't, she suffers excruciating leg and foot pain.

Boing! The light finally turned on.

And that is when I finally heard my husband's voice urging me to wear a pair of his compression hose. Knowing all along that VJ has managed his post-radiation leg swelling due to lymph gland damage for the past six years by wearing compression socks.

All the same, let me be perfectly honest. The main reason I have not tried on a pair of compression socks is they are not pretty. But mostly, they are as far from pretty as ugly can be.

Yet here is what happened after only one week. My ankles and calves do not look like tree stumps. And. I can walk with a stride instead of the former painful-oldlady waddle.

It all boils down to this: it was a choice between vanity or pain. I give up. The chickens have come home to roost. All said and done and for the first time ever, I submitted to function over form.

And still my humiliation wasn't complete until I swallowed that bitter pill. I had to stand before VJ, look him squarely in his skyblue eyes, and utter previously unspoken words, "You were right."

Elizabeth can be reached at eyoungman@reedermedia.com

Another sexually violent predator



knowing that this dangerous individual will be reintegrated into society.

Sexually Violent Predators represent the worst of the worst. State classification as a sexually violent predator is reserved for individuals who have been convicted of violent sex crimes against at least one victim and have been diagnosed with a condition that increases the likelihood of reoffending. Time and time again, we have witnessed these placements despite overwhelming public

A letter to Phyllis and Jack,

In 2022, as the world started waking up from the covid shutdown, I reached out to my friend Phyllis from Fallbrook. We had not spoken for a few months. I had been busy getting my daughter into college, navigating a military move during a pandemic, and still nursing my youngest. Phyllis was just as busy. She and Jack had a special network of friends, and she was deeply involved in her grandchildren's lives. another text, or making the trip back to the west coast for my boys to visit their Grandma Phyllis again. My heart ached, and still does..

I met Phyllis in 2015 when I put out an ad on a babysitting website. My husband and I had just adopted twins and we had zero family and very few friends around to help us navigate the early days of parenting twin infants. We were stationed at Camp Pendleton and plenty of toys.

It became a running joke that although I paid Phyllis a minimal amount when she watched the kids, she definitely spent more on them then I ever paid her. She took them overnight a few times, and we were always grateful for the sleep!

Phyllis and Jack welcomed us into their home. We became part of their family and we had a standing invitation at Christmas,

Supervisor Jim Desmond 5th District

It is with profound disappointment and deep concern that I express my opposition to the decision allowing the placement of Sexually Violent Predator Alvin Quarles, also known as the "Bolder than Most" rapist, back into San Diego County. The judge's decision is devastating for our community, and I strongly believe there is no place for such a monstrous individual in our midst.

For over three years, Mr. Quarles terrorized our communities, committing heinous acts of rape against a dozen women. His behavior's consistent and egregious nature underscores the fact that he should never be allowed to re-enter our community. My heart goes out to the victims who now must endure the painful prospect of reliving their trauma, outcry against such decisions.

I want to assure the residents of San Diego County that I am committed to doing everything I can to prevent such placements in our community. The safety and well-being of our residents must always be our top priority, and I will continue to advocate for measures that protect our community from individuals who threaten public safety.

I am bringing forward legislation at our next Board meeting to prevent sexually violent predators from being placed in our community. I will keep you updated as we get closer to the vote.

This decision, once again, underscores the need for comprehensive reform in the way sexually violent predators are handled within our legal system.

There will be an update on Feb. 16 regarding where Mr. Quarles will be placed in San Diego County.

Phyllis was a fairy godmother,

breezing through her days spreading love and kindness to all the children and animals in her orbit. I always thought of her as an angel here on earth. That term is often overused, but if you have been lucky enough to come across a similar angelic figure in your life, consider yourself blessed. They are rare.

Phyllis filled her days helping others, and kept a full detailed calendar to ensure she was available when needed. So when the world came up for air, I reached out to Phyllis to check on her and Jack. I texted her a few times, but did not receive a reply.

A few weeks later, her daughter posted a beautiful picture of Phyllis on Facebook. The post did not include a formal announcement, but there was something in the homage photo of her mother as a young woman, before kids, before marriage, that had significance. Her daughter messaged me that Phyllis had passed recently.

A beautiful angel had returned home, and I would not be receiving



Clayton T. Cooke, DDS • 425 East Alvarado St, Ste A, Fallbrook • www.claytontcookedds.com

lived in Fallbrook.

At that point, I had moved at least five times, so home became a less traditional concept. We lived in a house in Fallbrook, but until meeting the Terry family, I did not consider it home. But I genuinely needed help with the twins since I worked full-time, our mothers lived on the other coast, and I had no idea what I was doing.

When I posted my ad, Phyllis was one of the first responses I received. Her reply said, "I am retired and a Grandmother and I do not think I can care for two babies full-time, but I would love to help you when I have time."

The idea of a Fallbrook grandmother resonated with me, and we met for coffee within days. I carried the twins into the coffee shop, and placed each baby in his car seat on the table for her to take in. She gently placed each baby back onto the floor without saying a word. It was love at first sight for all of us and Phyllis started watching our boys a few days a week.

The twins spent the first two years of their lives visiting Grandma Phyllis and Papa Jack's home. Phyllis laid out cozy blankets for them to learn to rollover and crawl on, Jack designed a homemade ball pit in their living room, and in the summer set up a little baby pool, and all of the sensory toys and baby gates that come with the first two years of life.

I remember Phyllis would bathe them every time they got dirty. She lovingly gave them a bath in her sink. I remember her teaching me about the perfect temperature of water needed for a baby. She purchased extra clothes for the twins to keep at her house, and Jack and Phyllis bought them their annual trip to Catalina, and vacations on the river. Phyllis and Jack's love was big. Their circle unlimited.

We have been in the Marine Corps for over 20 years now, and since we left Fallbrook, we never again experienced being welcomed into a family or a community as we did with the Terry's of Fallbrook. And we always kept in touch. Phyllis came to see the twins when my husband was promoted. And she fell right back into her role as Grandma.

We all agreed we needed to spend more time together to stay connected. But after another two moves, the pandemic, and then unbeknownst to us, Phyllis' cancer, we never again got to see our beautiful friend. Jack served in the Navy. And I think between Phyllis' heart and Jack's understanding of military life, a desperate new mother, and the sheer lovability of two beautiful baby boys, we merged families.

Phyllis was and is an angel to anyone who knew her. From her Rainbow girls to her family, and friends, Phyllis' warmth extends far beyond her departure from earth. I will never be able to repay Phyllis for everything she did for our family. But I want to publicly thank Phyllis and the Terry family for welcoming us into your home and your community.

Thank you for loving our kids. And mostly, thank you for teaching us the limitless power of love. Grandma Phyllis, we love you eternally. I will pass on your love to others, as I know you would want me to do. And I will cherish the boys like you taught me how to do.

Mary Anderlonis



Re: 'Looking Back at 2023' Part I, [Village News. Maynard Letter, I/II /24]

Maynard's latest screed is 789 words long! They are all actual words, and the sentences are grammatically correct. But the end result is simply and totally claptrap.

One of his two main themes is: President Biden is not only seditious: he is head of a mafia-type family engaged in every conceivable type of criminality. Many words later, He gives kudos to Rep. James Comer for "exposing Biden's seditious behavior."

Whoa! Comer has done nothing of the kind. He initiated impeachment proceedings against President Biden on Sept. 12, 2023, based on a litany of allegations, but not one iota of evidence. As of Jan. 20, 2024, there still is no evidence. Regardless, the impeachment proceedings continue. For source, search on "BBC joe biden impeachment Dec. 13, 2023"

Maynard's second theme is: Biden is responsible for everything that's wrong, here, and in the rest of the world. Again, allegations, no evidence. It's clear Putin started his war by trying to appropriate Ukraine. The mid-East has been in constant, intermittent, turmoil since time immemorial. It just happened that Biden was handed the hot potato of trying to prevent a larger scale war there.

Maynard takes exception to Biden's handling of the Chinese recon balloon that drifted into U.S. air space (January 2023). Anyone who reads the regular news knows that our Air Force checked out the balloon, determined it not to be a threat, and waited until it was over ocean waters to shoot it down, so as not to risk injuring any citizens. All proper and by the book, not a pretext for starting a shooting war with China, our second largest import/ export partner.

Yes, there are problems-housing, homeless, illegal immigrants. But President Biden didn't create them. If there are economic related problems, they are systemic problems, years in the making.

President Trump had four years to solve the illegal immigrant problem. He didn't. Inflation was a problem now being solved: from a high of 7% (2021) to 3.4% (2023), on its way to the desired 2%. And what is the current Republican-majority House doing to solve current economic problems? Nothing.

President Biden never said the economy has never been better, but the economic consensus is the U.S. economy is better than it was three years ago (upon Trump's departure from office) and is on an upward trend.

Despite that, Biden's approval rating is low for two major reasons: The Republican Party's media blitz demonizing him or keeping his accomplishments out of the media. And unlike Trump, he is not out grandstanding, saying "Look at me!" But what Biden lacks in charisma, he more than makes up for in getting the job done.

Bidenomics is his master plan for growing our economy continuously from now and through the following decade. Implementing it will ensure employment for workers at wide range of skills and possibilities for advancement.

Key bills in the plan include the Infrastructure Investment and Jobs Act of 2021 (\$1 trillion+), the Inflation Reduction Act of 2022 (\$375 billion), and the CHIPS and Science Act of 2022 (\$280 billion). So what does the Republican Party have planned? Nothing. Something to consider, come voting time.

To wrap up. Mr. Maynard, next time bring some evidence for your allegations. For an example of evidence search on "Youtube WATCH I need 11,000 votes." You'll hear Trump demanding a Georgia official "find" the 11,000+ votes he would have needed for a majority there.

John H. Terrell

Opposition to Bonsall Community Park

Dear Friends – Jim Desmond and Mark Kieser continue to ignore the Bonsall Community Sponsor Group (BCSG) and Bonsall residents. The BCSG requested in several, separate meetings that Desmond and Kieser move all the high activities to the Del Prado Park and Mark Kieser said no!

of this fiasco approval process for BCP, things have substantially changed in Bonsall as follows:

- 1. The San Luis Training Center now has 500 stalls, expecting to fill them soon with the closure of the San Francisco operations
- 2.93 new homes were built across the street from the BCP

Re: 'Regarding a coordinated attack by the left' [Village News, Schembri letter, 1/18/24]

be targeted for their views upon a

(God help us) return of Trump and

a dictatorial right-wing regime in

Washington, turned in by their

neighbors to the thought police by

The not-so-veiled threats

implied with this letter are of

a piece with the ugly threats of

people like this letter writer?

Another word salad from this writer seething with anger and vitriol, no surprises on that front, but the worrisome threat to "Remember these names for future reference" certainly gives one pause.

To what "future reference" is the writer referring? Are these folks to

How pervasive is voter fraud?

piece for next week: https://www. heritage.org/voterfraud

It's the Heritage Foundation website and in a sampling of cases across the country, there are 1500 proven instances of Voter Fraud, 1276 Criminal Convictions, 56 Civil Penalties, 120 Diversion

Programs, 26 Judicial findings, and 22 Official Findings.

violence against election workers,

judges, prosecutors and anyone

else who dares to speak the truth

about the criminality, grift and

endless lies of Donald Trump.

Georgiana Silvestro

There's a link to open printable results. It's obviously a problem. It seems to have been an issue for a long time and we just need to keep rooting out the problems and fixing them. More for next week!





Julie Reeder Publisher

I'm not sure. It's taking a bit of research to find out. I want to give one website that I found which had a surprising number of lawsuits, etc. proving that there is definitely a problem and it's across the country. Here is the link in case you want to get a headstart on the

There are two parks in Bonsall, (1) Bonsall Community Park (BCG) on Camino Del Rey and (2) Del Prado Park (DPP) off the 76. The DPP is the better location for a highly active park for high activities like soccer, skate boarding and baseball. Located just off the 76, it would present no infrastructure and no traffic congestion problems.

Desmond and Kieser, on their website, claim they conducted over 80 meetings to obtain approval for high activities for BCP. All but one meeting were conducted outside of Bonsall (in Fallbrook, Vista, Escondido, etc.) And with no notice to most Bonsall residents.

For something that's going to affect all Bonsall residents' lives forever, Kieser said he was only required to notice residents within 300 feet of the park. But being generous, he gave notice within 1-1/2 miles. This radius still excludes most of Bonsall.

Anyway, since the beginning

3.401 new homes will be built adjacent to the BCP called Ocean Breezes

- 4. The Polo Club was recently installed on Camino Del Rey
- 5. A big change that matters most is that the DPP has since acquired enough land to accommodate all the high activities.

All of the above changes already affect the existing, constant traffic congestion on the two-lane road, Camino Del Rey, and Bonsall's general lack of infrastructure. High activities at BCP will forever cause daily chaos, especially in an evacuation emergency.

What you can do while you still can: Email Jim Desmond at Jim. Desmond@sdcounty.ca.gov.

Dear Supervisor Desmond, I want you to move all the high activities from Bonsall Community Park to Del Prado Park where they belong.

Deborah Howard

Re: 'Looking Back at 2023' [Village News, Maynard letter, 01/11/24]

Here I am wasting my precious time responding to your rant in the opinion section of the Jan 11 newspaper. Why? Because it left me completely gobsmacked. You might seek help for addiction to MAGgot Kool-aid. I hear psychedelics are promising in treating addiction, too bad they don't help with hate.

How is it I can claim you are off the rails? Your first paragraph blaming President Joe Biden "for global hostility." Really? Last time I checked he was only responsible for this country, but like all brainwashed MAGgots, you like to throw blame everywhere for everything, except at the feet of your master, Trump and his minions. He is a hateful man who does not exhibit a shred of humanity. Something sorely lacking in the world today, but then like most Republicans, you favor a me, me, me world. FYI - Bullies never win in the long run and neither will he. You may wish to forget 2023, but I will never forget the four worst years of my life, 2017-2021.

Your implications of Biden's financial gains as being "schemes or unsavory" I'll wait until you take a realistic view of Trump's family financial gains? Hypocrites is my favorite word to describe Republicans. Every time one of you opens your mouth crap falls out!

You seem to think you represent a large portion of the community, I assure you, you do not. I know many people all over the country who have jumped the Republican rat ship since sir lard ass has boarded the sinking vessel. I will be having a huge party when he loses again!

Cheers,

Linda Wilson

2024 Presidential Primary Election

Voting for president? Your political party registration determines which presidential candidates appear on your ballot. Learn more at sdvote.com.

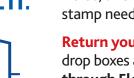
Every active registered voter in San Diego County will receive a ballot in the mail the week of Feb. 4.

VOTE MORE DAYS. MORE WAYS.

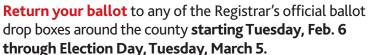
YOUR VOTING OPTIONS:



DROP IT.



Complete your ballot in the comfort of your home. Sign and date your return envelope, seal your completed ballot inside, and return it through the U.S. Postal Service - no stamp needed!



Avoid long lines by taking advantage of early voting! Starting Saturday, Feb. 24, vote centers will be open daily from 8 a.m. to 5 p.m. through Monday, March 4.

On Election Day, Tuesday, March 5, voting hours change to 7 a.m. to 8 p.m.

Find a ballot drop box or vote center near you at **sdvote.com**



Main (858) 565-5800 | Toll Free (800) 696-0136 | sdvote.com | 💥 @sdvote #SDVOTE



REINS celebrates 40 years of transformative equine-assisted services

FALLBROOK - As REINS Therapeutic Horsemanship Program commemorates four decades of dedication and service, it proudly announces its 40th anniversary celebration. Since its inception in 1984, the center has been a beacon of hope, compassion, and healing for countless individuals through the power of therapeutic riding.

Established 40 years ago in a San Marcos backyard, and eventually moving to its own 10acre ranch in Fallbrook, REINS has continuously championed the remarkable impact of equineassisted therapy in the heart of San Diego.

Achieving the standard of premier accreditation through PATH International, REINS has continued to build its standing in excellence for safety, impact, and sustainability. Guided by a mission to enhance the lives of individuals facing diverse physical, cognitive, emotional, and behavioral challenges, the center has remained steadfast in its commitment to providing exceptional service and support.

Over the past four decades, REINS has served as a sanctuary for individuals seeking the transformative benefits of equineassisted therapy. Through expertly tailored programs and professional Certified Therapeutic Riding instructors and staff, the nurturing bond between humans and horses has empowered participants to achieve remarkable milestones, fostering increased confidence, independence, and a sense of accomplishment.

The 40th anniversary celebrations, presented by Donegan Burns Foundation, will be a testament to the center's legacy of excellence, featuring a series of events, including:

- REINS Spring Classic, a 40th Anniversary Fun Day Horse Show: An opportunity for the public to meet the incredible therapy horses and see its students shine, showcasing the progress and achievements of riders who have benefited from the center's programs.
- REINS of Life Golf Tournament: A day of fairway competition followed by a festive evening of entertainment, fine wine and food, dedicated to honoring the achievements of the past



CAPTION: During one of REINS' annual events, Seaira Courtney receives a fourth place ribbon for her performance at the REINS Fun Day Horse Show, April 2, 2023.

• REINS Country Hoedown: An annual fun-filled family fundraiser bringing the community together to dance, dine, celebrate 40 years of service, and create everlasting memories for an incredible cause.

"REINS has always believed in the healing power of the humananimal connection," said Kaitlyn Siewert, executive director. "As we celebrate this momentous milestone, we reflect on the countless lives that have been positively transformed through our programs and the countless individuals who have made this possible with their time, love and tireless contributions. We are immensely grateful for Horsemanship Program. the unwavering support of our

Village News/Shane Gibson photo

community, volunteers, donors, and dedicated staff, all of whom have contributed to the success of REINS.'

As the center looks toward the future, it remains committed to expanding its reach, offering hope and healing to even more individuals in need with mental health programming for the military community and at-risk vouth.

For more information on **REINS** Therapeutic Horsemanship Program and its 40th anniversary celebrations, visit reinsprogram. org or contact Siewert, 760-731-9168.

Submitted by REINS Therapeutic

Foundation for Senior Care names Hurtado as executive director



Perla Hurtado is the new executive director for Foundation for Senior Care.

Village News/Courtesy photo FALLBROOK-The Foundation for Senior Care is delighted to announce the immediate appointment of Perla Hurtado as its new executive director. Bringing invaluable experience in senior services and nonprofit management, Hurtado previously served as the operations manager at the foundation, where she adeptly managed all aspects of the foundation's key service programs and served as a role model for the staff by promoting teamwork and excellence within the organization.

In her previous role, Hurtado demonstrated exceptional leadership and a deep commitment to the foundation's mission to provide vital services to older adults in need. Her dedication and proven track record make her the ideal candidate to lead the foundation into the future.

"We are confident that Perla's leadership will bring a fresh perspective and drive to our organization," said Gail Jones, president of the Foundation for Senior Care Board of Directors.

"Her passion for seniors and her familiarity with our clients, our programs and our staff uniquely position her to guide us towards achieving our goals. We are excited about the future under Perla's capable leadership."

As the executive director, Hurtado will oversee all daily facets of the foundation, and work closely with the Board of Directors to fulfill longterm organizational goals. This includes growing programs and services that are meaningful, sustainable, and responsive to the evolving needs of the older adult population. Additionally, she will be responsible for establishing new strategic collaborations within the community to expand the foundation's reach, foster synergies with like-minded agencies, and offer more accessible and varied services for seniors.

"I am honored and excited to lead the Foundation for Senior Care as we continue to make a positive impact on the lives of older adults," said Hurtado. I look forward to working closely with our dedicated team and the Board of Directors to further our mission to support the wellbeing of older adults by offering the services and respect they deserve - no matter where they are in the aging experience."

The Foundation for Senior Care is committed to providing exceptional services to seniors, and Hurtado's appointment as executive director marks a significant milestone in the organization's journey.

For more information, call 760-723-7570 or visit www. foundationforseniorcare.org.

Submitted by the Foundation for Senior Care.

Baxter chosen as FCPG first vice-chair

Joe Naiman

Village News Reporter

The Fallbrook Community Planning Group voted for its 2024

meeting all criteria. The property includes approximately 3 1/2acres of proteas they cultivate commercially. "God

brought us to Fallbrook in 2013, and we had no idea the plans he had for us in this town," she said.

40 years while raising funds to support future endeavors.



Sponsor: VILLAGE NEWS

For more details contact Michael O'Leary at 760-822-8263 or moleary@siainc.net www.ashertour.com | a 501c3 nonprofit organization O

officers Jan. 16, and Stephani Baxter is the new first vice-chair. Baxter had been the second vicechair and Roy Moosa had been the first vice-chair. The two exchanged positions with Moosa becoming the second vice-chair. Eileen Delaney was re-elected as the planning group chair and Jim Loge was re-elected as the secretary.

"I'm absolutely honored to be considered for something like this and ready to continue the work and looking forward to continuing the work with Eileen and Roy,' Baxter said.

Baxter's mother was raised in Pasadena. Baxter's father was born in New York, raised in New Jersey, came to Northern California for his Army service, and moved to Southern California after his discharge. Baxter lived in Tujunga for the first six years of her life. The house was at the end of a dirt road.

"It was real country just like Fallbrook," Baxter said. The family moved to El Toro, and Baxter's parents lived there for 34 years before moving to Fallbrook four years ago. She followed her El Toro High School graduation with coursework at Azusa Pacific University. "I've never really left Southern California," Baxter said.

She and her husband, Dave Baxter, met when they were working at Simulation Sciences in Brea. She was in marketing and he was in sales. After raising a son, who now lives in New York City, Dave and Stephani Baxter moved from Mission Viejo to Fallbrook in November 2013. "It's neat that we're all back here in a country town," she said.

The Baxter's had been looking at homes in the Wine Country area across the county line from Fallbrook. They learned of a home in eastern Fallbrook which exceeded their desires while

Before the Gebhart's moved out of Fallbrook in 2019, Donna Gebhart was on the Fallbrook Community Planning Group and Al Gebhart was on the Fallbrook Public Utility District board. Stephani Baxter was appointed to Donna Gebhart's planning group seat and Dave Baxter was appointed to Al Gebhart's FPUD board seat. Both terms expired at the end of 2020.

Dave Baxter was unopposed for re-election to the FPUD board. Eleven candidates ran for planning group seats in 2020 with the eight candidates receiving the most votes being elected. Stephani Baxter received the third-most votes, providing her with a full four-year term on the planning group.

"I've been assisting Eileen for the last few years on a lot of the business in the planning group and building relationships with the folks at the county," Baxter said.

Baxter also chairs the planning group's Parks and Recreation Public Facilities Committee. "I'll keep chairing parks and rec," she said.

Moosa will continue to chair the planning group's Circulation Committee, and he is also the group's representative to the Fallbrook Community Forum and the Fallbrook Village Association. Moosa is the president of the Fallbrook Village Association and also the president of the Fallbrook Historical Society. "Roy is fantastic," Baxter said.

The change in positions won't affect Baxter's activities on the planning group or elsewhere in the community. "I'm going to keep doing what I've been doing," she said. "We're going to keep working together and doing the best that we can for Fallbrook."

TRAFFIC from page A-1

eight years to progress from the proposal stage through the planning and approval processes and finally the construction work.

In 2014 - the year the Green Canyon signal project was first considered by county officials - a traffic survey in that area counted about 10,570 vehicles a day heading north on South Mission Road. About 1,160 vehicles a day traveled west through the Green Canyon Road intersection during that survey.

The signal project also seemed to include the installation of a massive steel power pole at South Mission and Green Canyon that replaced its wooden predecessor. It turns out that work was part of an unrelated utility project that is now underway.

The traffic signal was finally activated in November 2022. But fine-tuning work followed, including some requested by the Fallbrook Community Planning Group. The signal project, which included the installation of night lighting, has clearly improved motorist safety in and around the area.

But the traffic delays caused by the signal project sparked untold mutterings and grumblings among south Fallbrook residents. Camp Pendleton commuters, tourists and motorists heading to Vista, San Marcos, Escondido, Oceanside and other points on the compass.

Northbound drivers sometimes began to bunch up near the River Village shopping center along Highway 76. Southbound drivers would sometimes see a long line of brake lights beginning near Winter Haven Road.

Many annoyed drivers would search out detours to avoid the congestion.

I became adept at staggering my trips and keeping my finger on the pulse of the project. I've inched my way through the construction zone countless times. Although I don't know anything about him, I've become a tip-of-the-hat pal of a traffic controller there. He's a young man with a quick smile who bedecks himself with sunglasses, a neon-green coat and a pair of diamond earring studs.

And then, beginning a month or so ago, that same area became the starting point in the 4.2-mile path of a separate project in which SDG&E is replacing wooden transmission poles with steel



northbound traffic is directed around it.



A roadside memorial marks the location where someone was killed in a stretch of South Mission Road prior to the installation of a longawaited traffic signal.

About six tall poles have been or are being installed along South Mission between Via Encinas and Green Canyon, work that will result in periodic lane closures up until about Feb. 9. From there, the pole installation work will shift to a string of smaller residential streets.

Watching workers flit through the sky in an aerial ballet atop towering lifts has given this looky loo a cheap thrill or two. Yes folks, my life is that boring. In all, SDG&E will install 98 steel poles, hardware and insulators, remove some transformers, and do other work at various points along South Mission, Green Canyon, Montecito Drive, Havencrest Drive, Brooke Road, Calavo Road, Gerald Way, McDonald Road and Barhaven Lane.

senior center.

I'll close this report – as I do most of my storytelling adventures – in an odd note. SDG&E apparently can't tell us ratepayers how much their project costs.

"The price of the project is not disclosed per California Public Utilities Commission regulations," Wagner wrote in an email.

Hmmm. Let's ponder that for a

FCPG

from page A-1

The opposition also noted the lack of a maintenance plan for either facility.

Both applications have been filed on behalf of AT&T. Because both false trees would have a height of 50 feet, a Major Use Permit is needed to allow the variance from the 35-foot height limit.

The Via Rancheros facility would camouflage the wireless communications antennas in a false broadleaf tree. "It will fill a need for that area," Delaney said. "It will also fill an existing need

FREEWAY from page A-1

for smart freeways, specifically at ramp meters along the corridor. Sensors and other features will monitor traffic in real time, and the information that is gathered will be relayed back to drivers directly on the road, so that they can make decisions accordingly. It aims to use an adaptive system that will help keep traffic flowing on the highway at a consistent rate.

When implementing this technology, the time savings will vary. But statistics from where smart freeways have been implemented solidify its dependability. Australia has used this system, and seen a 40% travel time reduction during its peak hours, as well as a 30% reduction in collisions. A pilot program in Denver, Colorado, that was applied to their I-25, was so successful that it plans to be implemented on a broader basis.

The I-15 will be the first highway in California to try this concept. Coordinated ramp meters for safety."

The personnel involved in the proposed Wellness Center facility may modify plans in an effort to gain approval from the planning group or they may send the project to the county's Planning Commission despite the planning group's official denial.

The Planning Commission may place conditions on a permit and could do so if the planning group requests specific conditions. The Planning Commission has the authority to approve a Major Use Permit, although either side may appeal a Planning Commission decision to the San Diego County Board of Supervisors.

will soon be found at Temecula Parkway, Rancho California, and Winchester. Vehicle detection devices will be placed on the Northbound I-15, and will detect how many cars are on the freeway at a given time. They do not track or record license plates, but detect the number of tires on the road.

Changeable advisory speed limit signs and wider onramps, will each be constructed in coordination with French Valley Parkway. The project aims to be completed by 2027, and put in place after the French Valley interchange opens.

Anne Mayer, executive director of Riverside County Transportation Commission, presented the update on the smart freeway pilot project. For her retirement, after 18 years of dedicated service to the city, she also received a certificate of recognition that evening. During 40 years as a registered civic engineer, Mayer helped to complete many transportation projects that benefited the city's economy, and its quality of life.



versions.

Anthony J. Wagner, SDG&E's regional media relations manager, told me that the steel poles resist wildfires better than wood and they can hold more weight. Also, he said the existing wood poles are wearing out and the steel versions last longer.

The work now centers around the SDG&E Monserate Station, a cluster of transformers and other equipment at the northeast corner of South Mission Road and Via Encinas Drive.

That intersection is about a mile from my house, and I zip through it a few times a day in my journeys to our friendly village, the Fallbrook Senior Center and beyond. There's also a stop there for Route 306 – one of 34 bus lines operated by the North County Transit District.

The work will end at the southeast intersection of East Alvarado Street and Barhaven Lane near SDG&E's Avocado Substation. The work in that corridor is expected to last until September or so.

My encounters with my pal the traffic controller will likely continue throughout much of the project as I drive to and from the

COGIR from page A-1

Agreement of Sale and Purchase.

On Dec. 15, 2023, the debtors submitted the 'Debtors' Motion to Approve Sale of Property Free and Clear of Liens, Claims, Interests, and Encumbrances, and Assumption and Assignment of Executory Contracts.' The sale included the Debtors' assets, such as Real Property, Personal Property, and Fixtures, along with any warranties on such Personal Property and Fixtures.

What is a Stalking Horse Agreement?

A Stalking Horse Agreement, in the context of a bankruptcy auction, refers to a preliminary bid on the assets of a bankrupt company. This bid, arranged in advance of the auction by the

to prevent low bids. Its purpose is to maximize the value of the bankrupt company's assets by fostering a competitive bidding environment and ensuring that the assets are not sold below their worth.

debtor, sets a minimum price

After the stalking horse bid is placed, other potential buyers may submit competing bids. The auction process is designed to be transparent and competitive, ensuring the highest possible price for the assets. The entire process, including the selection of the stalking horse bidder and the terms of the agreement, must receive approval from the bankruptcy court overseeing the sale."

This is an early version of the story. More information will be reported as it becomes available. The Village News has contacted AOF for comment.

SE HARLA ESPAÑOI moment people ...

> Fallbrook Regional HEALTH DISTRICT www.fallbrookhealth.org

ANNOUNCEMENT

Request for Proposals for Chair Yoga Program

This program will be utilized at our Community Health and Wellness Center held at 1636 East Mission Road, Fallbrook, CA 92028.

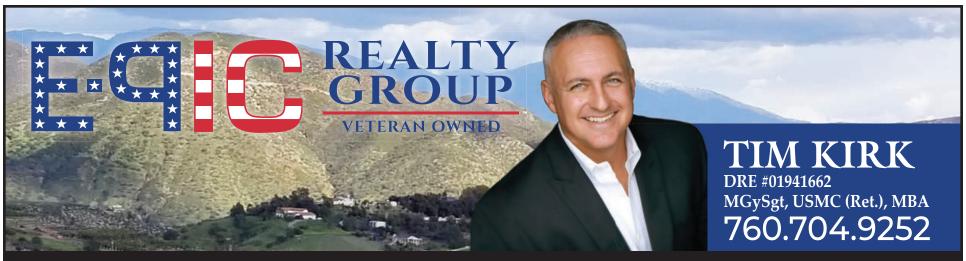
SUBMIT A PROPOSAL NO LATER THAN 4:00 PM ON MONDAY, JANUARY 29TH

For more details on the request for proposal visit www.fallbrookhealth.org/rfps-bids or scan the QR code.

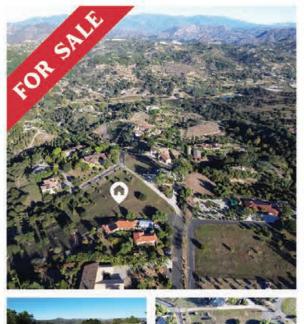
For any questions, contact CEO - Rachel Mason either by calling (760) 731-9187 or emailing <u>rmason@fallbrookhealth.org</u>.



January 25, 2024



TRUST • INTEGRITY • COMPETITIVE GREATNESS





O WINTER HAVEN COURT, FALLBROOK

- 3.76 Acres
- Cul-de-sac on Private Road
- Stunning Mountain Views & Ocean Breezes
- Ample Space for a Spacious Pad Gentle Slope Ideal for Cultivating Crops
- Electric Connections at Property's Edge
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FEBRUARY 12TH	Burger Night 5-7pm
FEBRUARY 16TH	Mama Rosa's Pasta Dinner 6-7:30pm
FEBRUARY 18TH	Kenny's Epic Bloody Mary's 10am-2pm
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VILLAGE NEWS

JANUARY 25, 2024

SECTIO

Top photos of the year named by camera club

FALLBROOK – The Fallbrook Camera Club recently held their year-end awards ceremony recognizing their members for their photographic achievements.

Fallbrook Camera Club is an online club serving all of San Diego County. While originally serving North San Diego County, the club now welcomes members from Northern California, Arizona, Utah and New Mexico.

The club offers two meetings a month, with the first meeting being a critique/review session and the second meeting being a program based on some aspect of photography. The online meetings are held via Zoom on the first and third Mondays of the Month at 6:30 p.m.

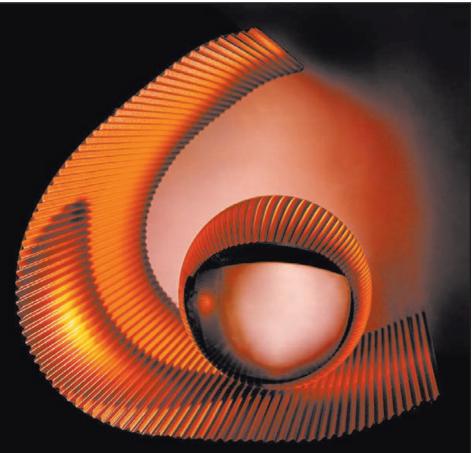
The next meeting will be Feb. 5. For further information, contact Rick Gauthreaux at *FallbrookCC@gmail.com*.

Submitted by the Fallbrook Camera Club.

"Coyote vs the Elements" takes the best Nature (Wildlife) title, by Heidi Gauthreaux.







"Transitions" by Heidi Gauthreaux is the top photo in the Color category and was also awarded Image of the Year.



"Cape Buffalo" by Rick Gauthreaux takes top spot in the Monochrome category.



"Foggy Autumn Morning" is the best Nature (Open) shot, taken by Nancy Thornblad.

"Parallel Latitudes" is the winner of the Kovach Award for Best Composition, taken by Heidi Gauthreaux. Village News/Courtesy photos



"Rock Star Greg Douglass" wins best People photo, taken by Mike Reardon.



"Sunrise at the Oxbow" wins best Travel photo, taken by Rick Gauthreaux.

January 25, 2024

HEALTH

Chi is the key



Instructor Zachary Liggan performs "Snake creeps through the grass" at White Dragon Marial Arts.

Inglis Carré

Special to the Village News

What is Chi? It is a special type of energy. Every living thing has Chi. Inanimate objects have it also. Chi flows in our bodies through pathways called meridians and it can be enhanced by special exercises, massage, and meditation. Chi also surrounds us. It is in the very air we breathe.

The Chinese character for Chi represents steam, vapor, or mist rising upward from a pot of rice, which is connected to the concept of nourishment. The vapor or mist calls to mind breathing, which can be controlled to facilitate the flow of Chi in the body. The word "Chi" or "Qi" can be translated as air, energy, or spirit, and the word "Gong" or "kung" means achievement, skill, or work. Recommendations about cultivating and managing Chi can be found in several cultures. The concept of Chi dates from the ancient Chinese Book of Changes from about 2000 B.C. and has come down to the present day to become "The Force" in "Star Wars." It has been preserved, honored, and known by many names as it has traveled through time.

When we practice the gentle arts of Tai Chi and Chi Gong with attention to magnifying and moving the Chi, we enjoy many health benefits. Among these benefits are enhanced flexibility, balance, strength, cardiovascular health, increase bone density, relaxation of the mind and emotional balance. According to Eastern wisdom, our health improves when we have more energy circulating in our bodies and our ability to handle stress increases.

Whether we are learning Tai Chi or Chi Gong, there are guidelines involving posture, breathing, and mindfulness that help us to circulate the Chi energy. Blockages of the Chi flow can be caused by straining too much in our exercises, being under stress, or holding on to negative emotions. But being totally relaxed and in the present moment, we encourage a connection with the Chi energy which is the key to optimal physical and emotional health.

What does Chi feel like? It manifests in many ways. There could be tingling in your hands or feet. For some people, it is an inner feeling of wellness, wholeness, and calm. There can be a sense



Inglis Carré enjoys the Chi.

of aliveness and awareness that travels out into our surroundings, enriching our interactions with others, and our creative endeavors. Think of Chi as a key to the door between the world of the senses and the world of the spirit.

May the force be with you!

Village News/Courtesy photos

Inglis Carré is a Tai Chi practitioner certified by the American Tai Chi and Qigong Association. She has been teaching Tai Chi and Qigong since 2020. She also has a background in Kenpo Karate and Hung Gar style Kung Fu.

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Gerrish, Feb. 2



Kim Gerrish Village News/Courtesy photo and her 20 years as executive director of Michelle's Place will be celebrated this February.

TEMECULA – Michelle's Place Cancer Resource Center announced it will celebrate Executive Director Kim Gerrish and recognize her two decades of dedication and leadership at Michelle's Place Friday, Feb. 2, from noon to 3 p.m. during an Open House style celebration, at Michelle's Place, 41669 Winchester Road, Suite 101, in Temecula. The community is invited to join in the celebration of her strength, tenacity and steadfast commitment.

Born and raised in San Diego, Gerrish graduated from San Diego State University with a bachelor's degree in journalism and a minor in marketing. She moved to Temecula in 2000, where she raised her three daughters and spent her days building and executing the framework that is Michelle's Place.

She said she's excited to be welcoming her first grandbaby this year, and when not out promoting and advocating for Michelle's Place, she enjoys time with her husband Brian and their fur baby Hank, reading and doing all things outdoors.

Bill and Marilyn Watson,

founders and Michelle's parents, said, "It is hard to believe it has been 20 years since Kim came into our lives. When she came through the door to interview for the position, we immediately knew we had found the right person and that she would take on Michelle's vision as her own. She is the face of Michelle's Place, and her outstanding leadership is evident in everything that she does, and within our community. She embodies the value of listening, taking on challenges, finding solutions and the importance of teamwork. We are so grateful for Kim and her commitment to honoring Michelle."

Jan Geller, executive board president of Michelle's Place, said, "It has been an honor and pleasure to watch as Kim has grown into the leadership role of executive director for Michelle's Place Cancer Resource Center. I admire Kim not just because of what a great person Kim is but also because of the positive energy she radiates. Kim is loyal to her values and ethics, impacting all the people we serve at Michelle's Place and all that know and love her."

Michelle's Place Cancer Resource Center is a 501(c)3 nonprofit organization and the only all-cancer resource center in the counties of San Bernardino, Riverside, and surrounding areas. Founded in 2001 as a breast cancer resource center, the organization expanded in 2018 to serve individuals and families with a diagnosis of any kind of cancer.

Michelle's Place currently serves about 2,300 cancer patients with more than 14,000 free resources annually. All programs and services are free to the community.

Submitted by Michelle's Place Cancer Resource Center.

Screen time is slowing children's neurological and social development

Martha Rosenberg The Epoch Times

Forty years ago when television was king, women used to joke about setting the table with the remote control placed next to the fork, so addicted were people to TV. Flash forward to today's screen culture, and you find many children spend more time on screens than they do sleeping or with a full- or part-time job.

Increased screen learning in schools and COVID-19 shutdowns have added to the mix of video games, smartphones, laptops, and tablets that have all but captured today's children.

But is all that screen-watching just a harmless waste of time? No. According to scientific studies, it's producing actual negative changes in our children's brain development. Research published in the International Journal of Sociology of the Family in 2021, for example, states that excessive screen time is linked to "atrophy in the frontal, striatal, and insula cortex regions of the brain" and specifically reduction in the thickness of the orbitofrontal cortex.

"Thinning of the orbitofrontal cortex has also been shown to significantly impact memory and can increase the incidence of obsessive-compulsive disorder," the paper reads.

Excessive screen use is also linked to a decline in "crystallized intelligence and fluid intelligence," as well as a decline in executive functions, the paper's author wrote. What are executive functions? Brain activities that are crucial to adulthood, such as the ability to plan, remember instructions, pay attention, multi-task, shift between tasks and complete them, delay gratification, control impulses, process sensory input, regulate social behavior, and even have selfawareness.

Although young people may appear fully grown, executive functions don't fully develop until the mid-to-late 20s, which is why excessive screen usage can be so dangerous.

A study in The Journal of Pediatrics found that just one hour of screen time per day was linked to diminished executive functions in children as young as 2 years old. Research published in Preventive Medicine Reports found that just one hour per day of screen time in children and adolescents between the ages of 2 and 17 was linked to less curiosity, less self-control, and greater distractibility. Sadly, teens are now averaging more than nine hours per day of screen time while those aged 8 to 12 are averaging eight hours, according to research by Common Sense Media. Research in the journal Environmental Research echoes that brain structural changes and cognitive and emotional regulation are associated with excess screen time. It even offers a case study in which screen time may have added to the ADHD diagnosis of a 9-yearold boy.

Screens in schools

Clearly, executive functions are basic to academic achievement, but what does the screen-based learning that has overtaken so many education settings mean for children? A study conducted at the U.S. Military Academy, better known as West Point, found that "unrestricted laptop use reduces students' exam scores by 0.18 standard deviations" and that "tablets reduce scores by 0.17 standard deviations," amounting to a difference between a B+ and A- in students' grade point averages (GPAs) when generalized, the researchers reported in the journal Education Next.

"We also looked separately at subgroups of students defined based on gender, race, scores on collegeentrance exams, and entering GPA. In no group did students appear to significantly benefit from access to computers in the classroom. We did find some suggestive evidence that permitting computers is more detrimental to male students than to female students and to students with relatively high entrance-exam scores," the researchers said.

One of the reasons computers may not improve academic performance is that they're a source of distraction rather than education.

Melanie Hempe, founder of ScreenStrong, an organization that empowers parents to limit their children's screen time, and an Epoch Times contributor, sees other impediments to academic learning caused by screens, such as relying on the easy retrieval of computers to "remember" facts rather than using one's own memory, a practice sometimes called "cognitive offloading." Taking notes by hand rather than on a computer also better employs our memory, according to Hempe.

"Like any muscle, the brain needs to 'work out' by thinking deeply and critically and not just practicing data entry skills or surfing for quick answers to get a task done," she said.

Writing doesn't seem to benefit from screen time either. A screenbased child may have myriad "websites at her fingertips" but "can't seem to complete a research paper in any reasonable amount of time," or may take "twice as long to write a paragraph" as those working without screens, Hempe said.



Arden McMath, left, and Maiman Khan and their colleagues found that Village News /Fred Zwicky photo toddlers who spend less than 60 minutes looking at screens or engage in more than 60 minutes of exercise per day tend to have better executive function than toddlers who do not meet these guidelines.

Generation Z – those born between 1997 and 2012.

"There has never been a generation this depressed, fragile and anxious," he told The Wall Street Journal.

Facebook, Instagram, and the "selfie era" began when Generation Z babies were in their mid-teens, creating a childhood that is "largely just through the phone," according to Haidt.

"It seems social because you're communicating with people. But it's performative," he said. "You don't actually get social relationships. You get weak, fake social links."

Rep. Mike Gallagher (R-Wis.) took the dangers a step further and characterized the popular app TikTok as "digital fentanyl" on Meet The Press.

Possible emotional and physical effects of screens

Few parents will be surprised that excessive screen use is associated with emotional problems such as depression and anxiety. Research published in Preventive Medicine Reports found that moderate use of screens was linked to lower psychological well-being and high screen use more than doubled the likelihood of a diagnosis of depression or anxiety, treatment by a mental health professional, and a child being on medication for a psychological or behavioral issue. regulation (high sympathetic arousal and cortisol dysregulation) and insulin resistance," according to research in the journal Environmental Research.

"Other physical health consequences include impaired vision and reduced bone density," the research reads.

Socializing and more emotional effects

Clearly screen behavior is usually solitary, and even video calls are no substitute for face-to-face interaction in social places. We now know that excessive screen time damages children's healthy socialization. Researchers have linked excessive screen use among children to difficulty making friends, decreased prosocial behavior, and a greater risk for antisocial behavior.

Excessive screen time can also lead to outbursts and anger, according to screen use experts. That fact is also attested to by countless parents who have worked to set screen time limits for their children.

A juvenile probation officer told Hempe: "I've had many parents calling me in tears because their child erupted in violence against them. One mom bought her son a phone as a reward because he was doing so well in school. When his compounds found in essential tree oils.

"Phytoncides have a significant effect on GABA receptors which enhance immune and endocrine systems thus leading to better overall physiological and psychological health outcomes," the researchers wrote.

Other benefits of forest bathing include a decrease in anxiety, stress hormones, tension, anger, and fatigue and an improvement in immunological functioning and glucose levels. It has even been used as a modality in treating Type 2 diabetes, which is on the rise as children embrace screen entertainment.

What can parents do?

Since screen time is a habit, Hempe suggests that parents break the cues that lead children to screens. Hempe gives an example of a little boy who had the habit of heading right to his room to play a video game after school. One day, the boy's mother decided to announce that she would jump on the trampoline after school with her children, immediately interrupting the screen habit and introducing them to fun, non-screen-based entertainment.

In addition to breaking habits and cues, parents should encourage

Even early research into screenbased learning in schools raised concerns. Researchers writing in the journal Pediatrics in 2006 linked television and video game screen time with poorer school performance, and research published in the journal South African Family Practice in 2004 linked "sedentary, screen-based behavior in children" to mental health effects, less physical activity, and digital eye strain.

Special concerns about Generation Z and the Selfie Era

Jonathan Haidt, a professor at New York University's Stern School of Business and author of "The Coddling of the American Mind: How Good Intentions and Bad Ideas Are Setting Up a Generation for Failure," is especially concerned about the effect of screen time on A study published in the journal Preventive Medicine echoes that high screen time along with its accompanying insufficient physical activity "interact to increase depressive, anxiety symptoms and school life dissatisfaction among Chinese adolescents."

Physical changes that can result from excessive screen time include sleep deprivation. Screen light suppresses melatonin, and researchers in the journal Pediatrics wrote that unrestricted screen access in children's bedrooms causes "insufficient rest or sleep."

Sadly, insufficient sleep is also linked to physical issues and "risk factors for cardiovascular diseases such as high blood pressure, obesity, low HDL cholesterol, poor stress use got out of control, she tried to take the phone away, and he hit her. A lot of kids find their way into the juvenile justice system this way."

Lack of outdoor play and sunshine

Obviously, children engaging in screen time, especially video games, aren't outside playing with other children as their parents likely did. Lack of outdoor play denies children exercise, companionship, Vitamin D, and the healing powers of nature.

For example, immersing oneself in a forest or woods, often called forest bathing, is "hypothesized to be directly related to the release of phytoncides from various tree species," according to research in the International Journal of Sociology of Family Studies. Phytoncides are antimicrobial allelochemical organic outdoor activities whenever possible. If the weather doesn't cooperate, games, crafts, and rewarding and creative indoor play should be emphasized.

Yes, children will get angry when denied what has become such a habit to them, according to many parents, but parents shouldn't back down.

"If your children tell you they need their smartphone for distance learning, to keep up with their friends, don't buy it," Hempe wrote in The Epoch Times. "They also want to eat ice cream sandwiches all day and have popcorn for dinner."

For more guidance on how you can protect children from the deleterious effects of excess screen time while not losing the many positive effects of technology, parents can visit <u>ScreenStrong.org</u>.

What is the pain scale?

Shelby Ramsey

Special to the Village News

You've been asked this question before. Where do you rate your pain on a scale from 1-10?

Do you know what each number means? It's confusing but clarity will soon be yours.

Most medical facilities use the Stanford Pain Scale (1-10) as a reference guide.

Pain tolerance is subjective.

This is how the scale is generally explained:

Pain level:

0 - You are not experiencing any pain at all.

1 – You are having an occasional mild pain, but it doesn't have much effect on you.

2-You have a pain that presents itself off and on, but it is pretty easy to live with.

3 – Your pain is present more frequently and is becoming rather nagging.

4 – Your pain is beginning to prevent you from certain activities

at times. Good days, bad days.

5 – You are regularly not able to perform certain activities due to your pain, which is pretty much present most of the time.

6 – Your pain is affecting most all of your daily activities. It is present all the time. It is starting to significantly interfere with your life.

7 – At level 7, your pain is beginning to disable you. You have a difficult time living your life in a normal way. You frequently need assistance due to the pain you are experiencing when moving around.

8 – Your pain is significant and interfering in every aspect of your life. It is difficult to concentrate and is requiring that you lay down frequently. Your pain is debilitating, affecting your outlook, and overall wellbeing.

9 - Your pain is difficult to bear. It rules your life. It greatly fatigues you and there is no quality of life at this point.

10 - The worst pain imaginable.

You are delirious from it and you cannot adequately express yourself it is so disruptive.

Many medical staffers describe the pain level a woman experiences during a normal childbirth as an 8. I completely understand if you do not agree with that!

The Stanford Pain Scale can easily transport to your Migraine Pain Scale, the plain old 1-10 pain scale or be tailored to any health condition.

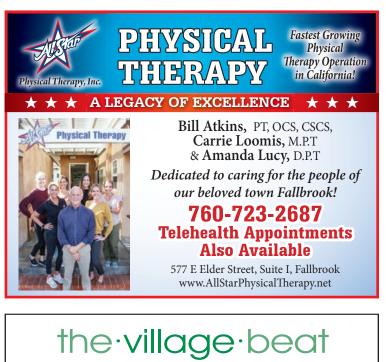
When next asked to rate your pain you're all set! My advice and how I approach responding?

I want to find a solution for the pain, not create additional problems or side effects from potentially being over-medicated.

I feel it is very important to consider my pain level carefully before telling my doctor what my true pain level is.

Knowledge is power.

Shelby Ramsey is a health journalist and publisher of <u>https://</u> <u>healthierbodies.com/</u>.



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SPORTS

Young starters aren't hampering Warriors' girls basketball team



Fallbrook's Janice Garcia takes a shot at the net during the varsity girls basketball game against Valley Center, Jan. 17.

Joe Naiman

Village News Reporter

This season's starting lineup for Fallbrook High School's girls basketball team consists of senior Claire Nordeen, junior Janice Garcia, and freshmen Grace Nordeen, Emery Pizzo, and Taylor Thomas.

We're losing a key piece, but we have three really good pieces to build around for the next four years," said Fallbrook coach Trae Harrison.

The lack of previous high school varsity experience for three of the starters hasn't hindered Fallbrook's season record. A 66-23 home victory Jan. 17 against Valley Center improved Fallbrook's overall record to 14-7, and the win gave Fallbrook a 3-0 mark in Valley League competition.

"It's surprising. I expected us to see a slow start with these freshmen, but they're picking things up quickly and I'm excited to see how they finish," Harrison said. "We had a lot of opportunities that we dropped, but I'm happy with what we have." This season's Fallbrook competition began Nov. 18 at Crawford. The Warriors leveraged a 20-9 halftime lead into a 44-19 triumph over the Colts. Grace Nordeen scored 15 points, grabbed 11 rebounds, and obtained four steals. Claire Nordeen contributed 10 points, nine rebounds, and three assists. The Warriors posted a 3-1 record in the Nov. 20-25 Regional Rumble tournament. Fallbrook's Nov. 20 game against San Marcos was played at Canyon Hills High School in San Diego. The 55-40 Fallbrook victory included leads of 16-3 after the first period and 27-10 at halftime. Fallbrook's other three Regional Rumble games took place at Madison High School in San Diego. The 82-43 win Nov. 22 against Hoover included leads of 25-4 after one quarter, 39-15 at the half, and 64-28 after three periods. Garcia led the team with 25 points and with two blocked shots and shared the team lead with 11 rebounds.

Montgomery was last year's CIF San Diego Section Division III champion, and the Aztecs handed Fallbrook a 70-29 loss Nov. 24. The Warriors concluded Regional Rumble play Nov. 25 with a 42-41 victory over Mission Bay. Fallbrook held a 21-16 halftime lead.

A 17-7 Buccaneers scoring advantage in the third quarter gave Mission Bay a 33-28 lead entering the final period. Fallbrook outscored the Buccaneers by a 14-8 margin in the fourth quarter. Pizzo scored 15 points, Garcia added 11 points, and junior Emma Donaldson had eight points. Fallbrook hosted Santa Fe Christian on Nov. 29. The Eagles had an 11-10 lead after one period, but Fallbrook scoring advantages of 14-9 in the second quarter, 31-7 in the third period, and 19-9 in the fourth quarter gave the Warriors a 74-36 win. Oceanside traveled to Fallbrook for a Dec. 5 game. The Pirates held an 11-9 lead after one quarter. The score was 21-21 at halftime. Fallbrook scored 19 points in each of the final two periods for a 59-44 triumph. Grace Nordeen contributed 24 points, 11 rebounds, five steals, four assists, and a blocked shot. Claire Nordeen accounted for 19 points, 16 rebounds, four assists, and a steal. Garcia provided eight points, five rebounds, three steals, and two assists. Pizzo had six rebounds and three assists. Thomas gave the Warriors four points, four rebounds, and a steal.

shoots a 3-pointer against Valley Center. A Dec. 6 trip to Lincoln High

School gave Fallbrook a 52-34 victory. The Warriors had leads of 13-6 after one quarter, 29-15 at the half, and 45-21 after three periods.

Fallbrook won a Dec. 8 game at Mission Vista by a 50-19 margin. The Warriors outscored the Timberwolves by an 18-2 margin in the first quarter and by a 13-3 margin in the second period.

The five-game winning streak ended Dec. 13 with a 65-60 loss at Morse. The Warriors had a 27-15 lead after the first quarter, but the Tigers narrowed the halftime deficit to 31-30 and outscored Fallbrook by a 24-17 margin in the third quarter.

A 60-54 triumph Dec. 15 at Rancho Buena Vista returned the Warriors to winning. The Longhorns had leads of 33-29 at halftime and 47-41 after the third quarter before the Warriors outscored RBV by a 19-7 margin in the final period. Torrey Pines won last year's CIF Division II championship, and the Falcons handed Fallbrook two consecutive losses. The score of the Dec. 18 game was 67-58. The SoCal Holiday Prep Classic tournament game Dec. 27 had a 46-37 score in the Falcons' favor. Fallbrook was 2-2 in that tournament. The Dec. 28 win over Cerritos had a 55-29 score. The Warriors had leads of 17-5 after the first quarter, 29-18 during halftime, and 45-23 at the end of the third period. The Warriors had a total of 62 rebounds including 29 from Claire Nordeen, 19 by Grace Nordeen, and eight taken by Garcia. Gig Harbor High School is in the state of Washington. The Tides took a 6-3 record into their Dec. 29 contest against Fallbrook and led the Warriors by a 16-14 margin after the first quarter and by a 34-29 margin at halftime.

Fallbrook had a 24-11 scoring advantage in the third quarter, and a 16-11 advantage in the final period gave the Warriors a 69-56 victory.

Center.

SoCal Holiday Prep Classic play for Fallbrook concluded Dec. 30 with a 72-52 loss to Diamond Bar. The Warriors hosted Pacific Christian Orange County (Newport Beach) Jan. 4, and the Tritons won that 62-55 game.

Valley League play began Jan. 10. The Warriors were at San Pasqual and defeated the Golden Eagles by a 77-22 score. Fallbrook scored 23 points in each of the first three periods. San Pasqual had 10 points in each of the first two quarters but was held scoreless in the third period.

Grace Nordeen contributed 31 points, 19 rebounds, six steals, three assists, and a blocked shot. Claire Nordeen gave the Warriors 24 points, 14 rebounds, eight steals, five assists, and a blocked shot. Garcia had 17 points, six rebounds, an assist, a steal, and a blocked shot. Fallbrook's first league home game of the season Jan. 12 was a 68-15 win over Ramona. Fallbrook had leads of 22-3 after one quarter, 43-7 at the half, and 66-10 entering the final period. A lead of at least 40 points in the fourth quarter triggers a running clock. Grace Nordeen did not play against the Bulldogs. In her 22 minutes of playing time Jan. 12, Claire Nordeen had 21 points, 22 rebounds, nine assists, and seven steals. Garcia played 16 minutes against the Bulldogs and provided 19 points, five rebounds, and three steals. In her 15 minutes on the court, sophomore Olivia Castillo scored 15 points. Thomas scored three points with seven steals, three rebounds, and a blocked shot. Pizzo had seven points, four rebounds, three steals, and two assists. The CIF prohibits games or practices on Sundays but not on legal holidays, and basketball teams often take advantage of Martin Luther King Day to play on a day when school does not occur. Fallbrook had a neutral site game Jan. 15 against Olympian, who

won that 61-50 contest.

Fallbrook's scoring streak reached 11 points as the Warriors scored the first basket of the second period. A Valley Center three-point shot was followed by a Fallbrook streak of 12 points. The Warriors held a 40-16 halftime lead and then had a 22-2 scoring advantage in the third period.

"The third quarter is very critical," Harrison said of outscoring the opponent in that period. "We don't have a good history of doing it, but that's one of the things we've been focusing on this year."

The Jaguars did not make two consecutive baskets at any point during the evening. "We try to focus everything we do on defense," Harrison said. "The goal is to keep everybody stagnant so they don't get into a rhythm. We

try to disrupt everything.

The Nordeen sisters scored 18 points apiece against the Jaguars, and they also each had six steals Jan. 17. Garcia added 13 points and Thomas scored 11 points. Claire Nordeen had six assists and Grace Nordeen provided four assists. Garcia obtained three steals and blocked two Valley Center shots.

"It was a great team win," Harrison said.

"I'm excited about the win. I'm happy that we're progressing the way we are, but we still have work to do," Harrison said. "We want to win league. We want to have a solid playoff run."

The 2023-24 Valley League also includes Escondido and Mount Carmel. "We want competitive games that prepare us for the playoffs," Harrison said. "League is how we learn to evaluate what we need to do for the playoffs."

Based on Fallbrook's first three games, Harrison sees the need to improve the team's execution. "On a scale of 10 we're executing on a four," he said. "If we get better, I think we can be a really scary team."

This is an edited version of the article - to read more detailed accounts of the players' individual statistics, see the online version at www.villagenews.com.



Lady Warrior Claire Nordeen dribbles the ball past a Valley Center defender. Fallbrook won the varsity girls basketball game, 66-23.



Fallbrook's Taylor Thomas searches for a shot against Valley Center.

Lopez, Phillips place at Jim Londos Memorial

Joe Naiman

Village News Reporter

The Jim Londos Memorial wrestling tournament was held Jan. 13 at Orange Glen High School, and two Fallbrook High School wrestlers placed.

Ricardo Lopez earned fifth place in the 108-pound bracket. Fisher Phillips took sixth among 140-pound wrestlers.

Fallbrook coach Tom Brockson entered three wrestlers in the Temecula Valley Battle for the Belt tournament Jan. 12-13 at Temecula Valley High School and three grapplers in the Jim Londos Memorial. Fallbrook also had a dual meet Jan. 11 at home against Escondido, although the Cougars returned home with a 54-18 victory. "They're a more rounded team," Brockson said of Escondido.

Nic Brockson competed in the 126-pound division at the Battle of the Belt tournament. He began by pinning Christian Pecina of Oak Hills High School (San Bernardino County) 1:22 into that match. Brockson then pinned Ezra Orozco of Murrieta Mesa High School with 1:36 elapsed in the first period. Ricardo Ponce of Redlands East Valley High School, who eventually placed fourth in the division, relegated Brockson to the consolation bracket with a 14-8 decision victory.

Brockson's first consolation match

Pena of Birmingham High School (Van Nuys). In last year's CIF San Diego Section all-division masters tournament Patrick Henry's Ethan Vinoray pinned Brockson in the 115-pound division's third-place match; at this year's Battle of the Belt tournament Vinoray eliminated Brockson with a pin 11 seconds into the second period of their consolation bracket match.

was a 9-2 decision win over Jessie

Daniel Wilson was Fallbrook's 132-pound matman at the Battle of the Belt. In his first match, he was pinned by Vacaville's Ryan Espiritu, who eventually placed third, 1:44 into the first period. Wilson then won two matches by first-period pin, taking down Thomas Vargas of Silverado High School (Victorville) in 57 seconds and Chris Dale of La Costa Canvon in 1:16. Austin McSwain of Etiwanda High School (Rancho Cucamonga) eliminated Wilson with a pin 52 seconds into the second period.

Devin Huntington won his first 144-pound match in Temecula before losing twice. He won a 9-7 decision over Xander Rivas of Bonita High School (Laverne), lost by technical fall when Atascadero's Kaden Pryor obtained a 17-1 advantage, and lost a 5-3 decision to James Kurcz of Corona Del Mar High School.

Lopez began the Jim Londos Memorial with a first-round bye and then pinned Jacob Tate of Oceanside 1:37 into their bout.

Division winner William Costa faced Lopez in the semifinals and won by pin with 27 seconds remaining in the second period. In his first consolation match, Lopez faced Evan Baker of Escondido, who won a 13-11 decision.

"He had a tough round," Tom Brockson said of Lopez. "He should have been wrestling in the thirdplace match."

Tate won that third-place match against Baker. Lopez faced Jordan Lozano of El Camino in the fifthplace match and pinned Jordan four seconds into the second period.

"He battled back," Brockson said. Phillips also reached the semifinals, pinning Oceanside's Benjamin Castillo with 23 seconds left in the second period and Aiden Duschane of Otay Ranch five seconds into the third period. Justin Ayala of Southwest High School (El Centro) pinned Phillips 1:06 into the third period of their semifinal match. Vista's Jeremiah Vander Meulen pinned Phillips at the end of the first period of their consolation semifinal. Del Norte's Steven Castaneda won the fifth-place match by pinning Phillips at the end of the second period.

"Fisher looked good," Brockson said.

Jacob Sorden was one match away from placing in the Jim Londos Memorial. The 122-pounder pinned Bredon Eilers 1:24 into their firstround match. Eventual weight



Fisher Phillips, left, and Ricardo Lopez display the Village News/Courtesy photo medals they earned at the Jim Londos Memorial wrestling tournament.

class champion Elijah Hosseini of Scripps Ranch pinned Sorden with 47 seconds left of regulation time in the quarterfinal. Sorden's first consolation bout was an 18-5 major decision win over Orange Glen's Joshua Leon. The path to third place for Ramona's Logan Barrera included a 13-11 decision win over Sorden.

New Fallbrook starters learning varsity boys soccer

Joe Naiman

Village News Reporter

A 2-1 home loss Jan. 17 against Rancho Bernardo gave Fallbrook High School's boys soccer team an overall season record of 5-7-1 including 0-3 in Palomar League play.

"I think the boys are doing the best they can," said Fallbrook coach Jorge Rojas. "It's definitely a new varsity team, so there are a ton of challenges."

Only two starters and six players altogether return from Fallbrook's 2022-23 team whose 12-8-5 overall record includes a 5-4-1 mark against Palomar League opposition, a firstround CIF Division II playoffs win, and a quarterfinals loss. The

current 19-player varsity consists of 12 seniors, three juniors, two sophomores, and two freshmen.

"They're trying to learn our methodology system of play," Rojas said. "It's a three-month season. We can't teach everything and they can't learn everything within the span of three months."

The Warriors began 2023-24 play with a 2-0 loss Dec. 1 at Escondido, a 3-1 loss Dec. 8 at Great Oak, and a 2-0 loss Dec. 14 at Vista. The Warriors' first home game Dec. 16 against El Camino was also Fallbrook's first victory of the season and had a 3-0 score.

Freshman goalkeeper Judd Van Alfen made five saves during the shutout while seniors Hilario Renteria and Paul Reyes scored goals. Fallbrook's Dec. 18 game at San Marcos ended as a 1-1 tie with the Knights holding a 1-0 halftime lead and senior Jose Rivera tying the score in the second half. Oceanside won a 2-0 match Dec. 22 in Fallbrook.

Fallbrook preceded league play with a four-game winning streak. The first three victories were during the SoCal High School Classic tournament and provided the Warriors with their first championship in that tournament since 2019. Both goals in the Warriors' 2-1 win Dec. 27 over Pittman High School of Turlock were scored by senior Zach Dickey. Renteria had the goal in Fallbrook's 1-0 victory Dec. 28 against Mission Vista with Van Alfen making six saves. Dickey and Rivera each had a goal Dec. 29 when the Warriors won a 2-1 match against Rancho Buena Vista.

Rojas noted that approximately 70% of the Warriors' goals this season have been on set plays. "The boys have been doing their best. They're working hard. They do their best to learn what we have on the chalkboard," he said. "They continue to refine, and it shows on game day.'

A 2-0 home win Jan. 3 against Montgomery closed out Fallbrook's pre-league competition. The goals were scored by senior Xavier Gonzalez and junior Manuel Melendez. Van Alfen and sophomore Manuel Garcia each played one half in the nets with Van Alfen saving four shots and Garcia making three saves.

Palomar League play began Jan. 10. Fallbrook's home game against Westview that evening had a 1-1 halftime score before the by senior Daniel Zuniga and junior Jeremy Perez. The Warriors' Jan. 12 game at San Pasqual ended as a 5-0 Golden Eagles triumph.

Rancho Bernardo scored in the 28th and 37th minutes Jan. 17 for a 2-0 halftime lead. In the 63rd minute Gonzalez placed a shot into the right side of the net. The Warriors had subsequent opportunities but were unable to score the equalizer.

"We should see more productive results as the season progresses," Rojas said.

Rojas and his players are also seeking to improve the Warriors' performance in future seasons by visiting Fallbrook's elementary schools. "We're just making sure that these guys are also reaching out to the community and giving back to the little ones," he said. "I'm just

Warriors' boys basketball team learns need to play full game

Joe Naiman

Village News Reporter

Fallbrook High School's boys basketball team led for most of the Warriors' Jan. 18 home game against Valley Center, but the Jaguars made the winning basket with four seconds left for a 58-56 victory at Fallbrook's expense.

We learned we've got to play 32 minutes. We have to play and compete 32 minutes," said Fallbrook coach Jonathan Terry. "We've got to finish the game like we started."

The result gave Fallbrook a 1-2 record in Valley League play along with a 7-10 overall mark. After the first three league contests for each school, Mount Carmel led the standings with a 3-0 league record while Valley Center and Westview, who handed the Warriors their other league loss, were both 2-1. Each team will play 10 league games, so the Warriors could still compete for the league championship.

"We've still got time, but it's going to make it tough," Terry said.

Four consecutive losses closed out pre-league play for the Warriors. Rancho Buena Vista won a 77-61 contest Dec. 15 in Fallbrook; the Dec. 18 game at Canyon Hills was a 55-47 Rattlers victory; a Jan. 4 trip to Tri-City Christian ended with the Eagles on the preferred end of the 59-53 final score, and Olympian's season record improved to 17-0 after an 81-24 win Jan. 6 in Fallbrook.

We played a challenging schedule. We had some adversity,' Terry said.

The adversity included player injuries as well as high-quality opposition, although Terry noted a consolation about starters losing games due to injury. "It gave some other guys an opportunity to play and develop," he said.

Fallbrook's varsity roster now has 13 players including two freshmen. Maliki Brotherton, Sammy Carmona, and Christian Myers are the only seniors.

League competition for Fallbrook began Jan. 10 at San Pasqual. The Warriors were on the preferred end of the 51-39 final score. The Jan. 12 home loss to Westview was by a 55-51 margin.

Fallbrook had a 14-11 lead over Valley Center at the end of the first quarter. The Warriors held a 37-21 halftime advantage.

"It was the best first half we played all year. Second half, we just didn't execute," Terry said.

The Jaguars narrowed their deficit to 46-34 by the beginning of the fourth quarter. Valley Center had a 24-10 advantage in the final period.

"They played harder than we did in the second half," Terry said.

The score was tied prior to the winning two-point shot.

'We were up almost as much as 20, so that was a tough loss," Terry said.

"We've just got to be able to finish," Terry said. "We just haven't done it yet. We'll just keep working."

Terry noted that the ability to be a team isn't the problem. "They get along well off the court," he said.

Interaction on the court requires coordination the Warriors haven't yet achieved. "We've just got to communicate better," Terry said.

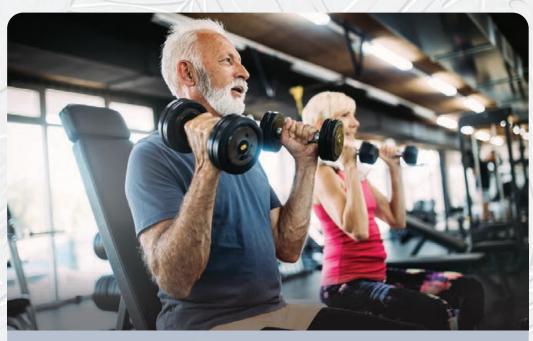
Terry added that the team needs to learn how to handle fasterpaced play. "That's just game experience," he said.

Learning how to play on the court without the coach's instructions is another area targeted for improvement. "I think that's the next step in our development," Terry said.

Wolverines obtained a 3-2 victory. The Fallbrook goals were scored

extremely pleased with this group."

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ENTERTAINMENT

January brings big art wins for the Bakers



Karen Langer Backer's watercolor painting, "Flurry," is awarded first place last month at Fallbrook Art Association's monthly exhibit, and was awarded first place in the Watercolor category in EAA's "And Now for Something Completely Different" exhibit.



Larry Baker's "Horsin' Around on Nightmare Alley" is awarded first place in the Mixed Media category in Escondido Art Association's exhibit "And Now for Something Completely Different."



Karen Langer Baker's watercolor painting of an iris receives a second place award in the FAA's annual Volunteers show.

Karen Langer Baker's Mixed Media acrylic painting over collage, "Persian Delights," receives an honorable mention in the same EAA exhibit.

Theatre Talk through February

Elizabeth Youngman-Westphal

Special to The Village News

Keep an eye out for these interesting options. Like Broadway San Diego is getting ready for "Bluey's Big Play" Feb. 9-11, followed by "Chicago" in time for Valentine's Day the Feb. 13-18. Tickets will go fast at 3651 Fourth Ave, call 619-564-3000, visit <u>https://www.broadwaysd.com/</u> or email *info@broadwaysd.com*.

Nearby, the California Center for the Arts in Escondido at 340 N. Escondido Blvd. continues to delight, bringing the renowned Tony Award winning play, "Curious Incident of the Dog in the Night-Time," opening Feb. 16. For tickets, call 760-839-4149 or visit <u>https://artcenter.org/</u>.

City Ballet of San Diego performs Gershwin's "An American in Paris" at the CCAE, March 16.For tickets, call 858-272-8663 or visit <u>https://cityballet.org/</u>.

New Village Arts is playing "Fun Home," a musical about coming out, at 2787 State St. Carlsbad. For tickets, call 760-433-3245 or visit https://newvillagearts.org/.

North Coast Repertory is still playing "Intimate Apparel" followed by "Failure: A Love Story," followed by "Tartuffe" by Moliere, at 987 Lomas Santa Fe Dr., Solana Beach. For tickets, call 858-481-1055, visit <u>https://</u> <u>northcoastrep.org/</u> or email boxoffice@northcoastrep.org.

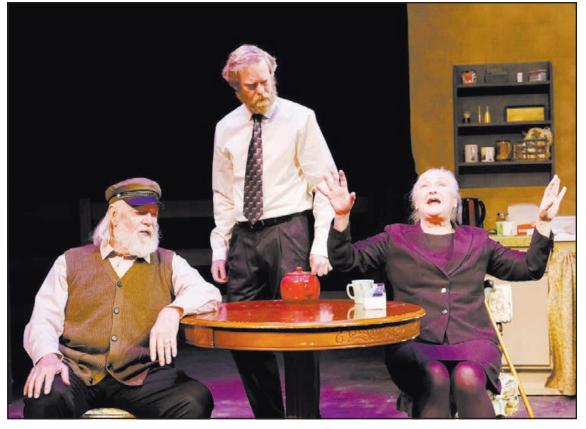
At The Old Globe Theater in the heart of Balboa Park, "English," the 2023 Pulitzer Prize winning play about four adult students in Tehran preparing to pass their English proficiency exam will play through Feb. 25; simultaneously, Edith Wharton's Pulitzer Prize winning story set in 1870, "The Age of Innocence," runs Feb. 8-March 10. For tickets, call 619-234-5623 or visit <u>https://www. theoldglobe.org/</u>.

Check out The Cygnet Theatre's European adventure coming up in October as they take a tour around the New York Theatre district featuring two plays plus a few days in London to tour besides attending four performances at the West End. For details, call 619-337-1525 or visit <u>https://www.cygnettheatre.com/</u>.

Diversionary Theatre is in full swing with a variety of activities, LGBTQ+ at 4545 Park Blvd #10. For tickets, call 619-220-0097 or visit <u>https://www.diversionary.</u> org/.

Looking for something to do? Catch a show at Roustabouts Theatre ensemble. They are always up to something. Call 619-568-5800, email *info@ theroustabouts.org* or visit <u>https://</u> www.theroustabouts.org/.

San Diego Musical is in rehearsal for "Fiddler on the Roof" running from Feb. 9 to March



"Outside Mullingar" features Robert Smyth, seated, Brian Mackey standing, Village News/Ken Jacques photo and Deborah Gilmore Smith in a heart-warming Irish tale now extended through March 3 at the Lamb's Playhouse in Coronado.

10 with lots of free parking. For tickets, call 858-560-5740 or visit www.sdmt.org.

Across the Coronado bridge, Lambs' Players Theatre has already extended their current show "Outside Mullingar" featuring two of the area's most outstanding couples; it will continue until March 3. Ticket prices start at \$28. Plus, they offer discounted covered parking in the lobby, 1142 Orange Ave., Coronado. For tickets, call 619-437-6000 or visit <u>https://</u> www.lambsplayers.org/.

La Jolla Playhouse will host the world premiere of "Redwood" starring Idina Menzel. Tickets are limited, 2910 La Jolla Village Dr. For tickets, call 858-550-1010 or visit <u>https://lajollaplayhouse.org/</u>.

Oceanside Theatre, at the historic Brook Theater, has numerous one-

night performances. To check them out, visit their website plus, watch for upcoming auditions, <u>https://oceansidetheatre.org/</u>.

San Diego Symphony has an intense lineup starting now. Their website describes their performances including the worldfamous YoYo Ma on the cello coming soon. This summer at the Rady Shell: there's Cool and the Gang, Jewell, and Melissa Ethridge. For more information, call 619-235-0804 or visit <u>https://</u> www.sandiegosymphony.org.

Scripps Ranch Theatre opens with a heart-warming-feel-goodshow. And it's Irish. "Chapatti" runs Feb. 2-25. All performances at 9783 Avenue of Nations with easy parking. Call 858-395-0573 or visit <u>https://scrippsranchtheatre.</u> org/. You won't want to miss the action going on at The Welk Resort Theatre. Now under the Hyatt umbrella, they are hosting a terrific line-up of tribute bands celebrating some of the best sounds of our era, 8860 Lawrence Welk Dr, Escondido, email sandiegotickets@welkresorts. com or visit https://tickets.thewelksandiego.com/.

The Lipinsky Family San Diego Jewish Arts Festival just posted that on June 4, Mandy Patinkin will be at the Balboa Theatre in downtown San Diego. Tickets are now on sale at <u>https://www.sdjfest.</u> <u>org/about</u> and through Feb. 1 use this code for pre-sale discounts: SDFEST.

Elizabeth can be reached at eyoungman@reedermedia.com.







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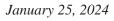
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VILLAGE NEWS

FAA holds January show in new location

The Fallbrook Artists Association's January show includes Best of Show winner Francesca Helena Nunez's "Lynda 2."

Village News/Courtesy photos





Local artist Hajime Ohno takes first place in Mixed Media for "Pookie and Pumkin."







Lloyd Record holds his first place ribbon in Photography for "Sunrise with Wild Horses" at the new FAA Gallery, 119 N. Main Ave.



Penny Fedorchak is the first place winner in Watercolor for "Winter Chill."

Julia Gravois holds her third place ribbon for her oil painting, "Steve's House View."



Ann Turley takes an Honorable Mention for her Drawing, "Turtle"

REAL ESTATE & HOME and GARDEN

Pacific Hydrotech awarded contract to construct RMWD pump stations

Joe Naiman

Village News Reporter

The Rainbow Municipal Water District board held a special meeting Dec. 19, 2023, and a 5-0 vote approved a contract with Pacific Hydrotech Corporation to replace the West Lilac, Rancho Amigos, and Dentro De Lomas pump stations.

Pacific Hydrotech, which is headquartered in Perris, was awarded a contract for \$5,657,500. The board action also approved an addendum to the Programmatic Environmental Report to cover the Rancho Amigos Pump Station while authorizing a notice of exemption for the other two stations which were previously analyzed.

"We can't reliably detach until these pumps are in," said Rainbow board president Hayden Hamilton. "They're obviously needed."

The San Diego County Water Authority's Second Aqueduct is just west of Interstate 15. The SDCWA annually shuts down portions of the Second Aqueduct for inspection and maintenance as does the Metropolitan Water District of Southern California.

The CWA takes over operation of the aqueduct from MWD approximately six miles south of the Riverside County border. During those shutdowns Rainbow rents, installs, and operates temporary pump stations in up to four locations to supply water to the Hutton, Turner, and Gopher Canyon tanks. The temporary pump stations Rainbow rents create noise as well as expense.

The Robert A. Weese Filtration Plant is owned by the City of Oceanside and operated by Oceanside's Water Utilities Department but is physically located in the Rainbow service area off of Silverleaf Lane in the Gopher Canyon area.

In August 2017, the Rainbow board authorized district staff to proceed with the design for an interconnection to the Weese Filtration Plant. The eventual design contract included the replacement of the pumps which supply the Hutton and Turner tanks. The Hutton Pump Station is in the 7200 block of West Lilac Road and the Turner Pump Station is in the 31200 block of Rancho Amigos Road.

Four of Rainbow's eight connections to the aqueduct are from MWD rather than from the CWA, and during the design of the interconnection project, Rainbow decided that regular use of the pumps to move water from the Morro Zone to the south zones would allow Rainbow to save money by using the MWD connections even when the CWA portion of the aqueduct is operational.

The opportunity to take water directly from MWD connections

led to the proposal for Rainbow and the Fallbrook Public Utility District to detach from the CWA and obtain water from the Eastern Municipal Water District, which is an MWD member, at a lower price.

On July 10, 2023, San Diego County's Local Agency Formation Commission approved a reorganization in which Rainbow and FPUD would detach from the CWA and join the Eastern contingent upon approval by the Rainbow and FPUD voters. The voters of both districts overwhelmingly approved the reorganization Nov. 7.

After the LAFCO decision, the CWA filed a lawsuit against LAFCO, FPUD, and Rainbow. The four agencies agreed to a settlement Dec. 21. All but one of FPUD's connections are from MWD pipelines rather than from CWA pipelines, so FPUD already had the infrastructure to obtain all of the district's imported water from north of the delivery pint and FPUD's detachment from the CWA and annexation to Eastern became effective Jan. 1.

The Rainbow detachment will be completed after pump stations allow all Rainbow water to be taken from turnouts north of the MWD/CWA boundary.

"The sooner we can get this installed, the sooner we can reliably detach from the Water Authority," Hamilton said.

In January 2021, Hoch Consulting, which is headquartered in Oceanside, was awarded the Rainbow contract to design the Hutton and Turner pump stations. The temporary pumps also require fueling, so permanent pump stations will also reduce the risk of a fuel leak or spill. The Hoch design work included general site layout, structural foundation, connection details, integration with Rainbow's supervisory control and data acquisition (SCADA) system, and site valving.

During the design of the two pump stations, the project team determined that the design criteria did not include all information needed to model the demands in Rainbow's southern zone. Hoch and Rainbow staff proposed a macro approach to Rainbow's comprehensive hydraulic model to determine the sizing of the Hutton and Turner pump stations.

Due to Turner Pump Station infrastructure limitations, it was proposed to shrink the Turner Zone, expand the Hutton Zone, and create the Dentro De Lomas Pump Station in the 1900 block of Dentro De Lomas.

An August 2022 Rainbow board action approved a change order adding the scope of services necessary for the third pump station, extended the contract end date, and found that the design portion of the project was not subject to California Environmental Quality Act review. The design plans were completed in August 2023.

Rainbow staff issued a bid advertisement to construct the three pump stations on Sept. 14, 2023. Three bids were opened Oct. 26. Pacific Hydrotech bid the lowest amount at \$5,657,500. SCW Contracting, which is in the town of Rainbow, submitted the second-lowest bid of \$6,105,831.

The replacements of the Hutton and Dentro De Lomas pump stations involve replacement of existing facilities with no or negligible expansion of capacity. In August 2022, the Rainbow board certified the Programmatic Environmental Impact Report and the Mitigation Monitoring and Reporting Program for the district's Water and Sewer Facilities Plan which includes 28 water system projects, 10 sewer system projects, maintenance activities, and 400 miles of pipelines. The PEIR covers cumulative impacts, and individual projects may have impacts not included in the PEIR.

Helix Environmental Planning, Inc., which is based in La Mesa, prepared an addendum to the PEIR to cover the Rancho Amigos project. "We realized that we needed to cross our T's and dot our I's," Hamilton said.

\$5 million grant awarded to help farmers enhance pollinator habitat in citrus groves

SACRAMENTO – The California Farm Bureau and its partners have received \$5 million from the California Department of Food and Agriculture to implement climate-smart farming practices in citrus groves in 11 counties. The project, which is part of CDFA's Pollinator Habitat Program, will focus on hedgerow Tulare, San Diego, Placer and Ventura counties. The citrus sector in these counties generates around \$2 billion per year, playing a crucial role in job creation and contributing to agricultural and environmental sustainability efforts.

"This grant will help citrus growers offset costs associated

on the grant. "The data collected from these projects will help the industry to tell its story about their contribution to pollinator protection and climate change."

The grant was awarded to a partnership between CCQC, California Farm Bureau and the Xerces Society.

CCQC will recruit citrus

including native plants, hedgerow planting and identifying optimal locations for these features that balance pollinator health with crop productivity.

"It was important to bring the right organizations into this grant application," California Farm Bureau Administrator Jim Houston said. "As the largest farmer organization in the state, we have the resources and knowhow to implement such projects since we are designed to serve the farming community." Xerces Society Pollinator and Agricultural Biodiversity Co-Director Eric Lee-Mäder said, "We are excited to be part of this project and provide pollinator habitat technical assistance for citrus growers wanting to further their environmental sustainability efforts, including carbon sequestration, which contributes

to reducing the effects of climate change. These partnerships are critical to building trust and making progress on so many different fronts."

More than 80% of the awards will fund the cost of on-farm healthy soil management practices in citrus groves. As required by the funding agency, socially

planting, carbon sequestration and soil management practices, all of which create safe pollinator habitat in citrus groves.

It will fund 20 to 45 citrus groves over three years in Fresno, Imperial, Kern, Kings, Riverside, San Bernardino, Santa Barbara, with their efforts to increase pollinator habitat and learn more about how growers can protect pollinators while still controlling harmful insects and plant diseases," said James Cranney, president of the California Citrus Quality Council, the lead organization growers to join the program and create pilot projects that will then help other growers determine the feasibility of developing climatesmart production practices.

California Farm Bureau will provide all administrative support and technical assistance on healthy soil management practices through its science and research nonprofit, the California Bountiful Foundation.

The Xerces Society will provide technical assistance on pollinatorrelated aspects of the project, disadvantaged farmers and ranchers – as defined by the 2017 Farmer Equity Act – will receive at least 25% of the funds.

For more information on the awards, visit California Farm Bureau's program webpage, <u>https://www.cfbf.com/californiabountiful-foundation/programsand-services/healthy-soilsprogram</u>.

Submitted by the California Farm Bureau.





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Down payment using my tax return?

FALLBROOK – Have you been seriously looking into buying a home this year but struggling to come up with a down payment? One thing you can consider is using your tax refund. It's actually common for many firsttime homebuyers to use their tax refunds as a viable down payment option during tax season.

Benefits of using your tax returns for down payment:

Maximizing purchasing power. This boost in down payment fund allows you to secure the home of your dreams, even better if you have saved up some money for down payment beforehand. Don't downplay the down payment on your home purchase.

Immediate financial leverage. You get quick access to funds. Your tax return needs to be in a liquid form, meaning you should be able to access the funds easily. If your tax return is a physical check, you'll need to deposit it into your account.

Getting favorable loan terms. Paying a small amount of money up front can save you tens of thousands of dollars in interest over the life of the loan. Discuss with a mortgage professional the possibility of negotiating favorable loan terms with a substantial down payment. For instance, you could move your monthly payment and interest rate downward (from say, 4.5% to 4.25%) by bringing in some cash.

Other ways you can use your tax return to help with your homebuying goals:

Pay for closing costs, moving costs and earnest funds. Many first time home buyers overlook some additional costs of buying a home. Aside from the down payment and mortgage, you may need to pay closing costs, money to rent a moving truck, or pay an earnest deposit – the money paid to the seller as evidence of your intention to purchase the property.

Use for home improvement. Say you paid the home in cash and got extra from tax refund, then you may use the surplus for remodel or repairs.

Handling your tax refund

Be prepared to provide documentation if you plan to use the money for down payment. Lenders typically want to verify the source of your funds, so keep a record of your tax return and any related bank statements.

To have a paper trail, you need to deposit the refund in the account you plan to use for your down payment. If your tax return is a physical check, you'll need to deposit it into your account. Deposit the entire check, do not withdraw and just leave it in your bank account.

Using your tax return money for a down payment is a strategic move that can get you closer to your homeownership dreams! However, weigh the decision carefully, looking at your overall financial picture and future obligations. If your tax return isn't sufficient for the entire down payment, explore other potential sources, such as savings, 401K or down payment assistance programs.

Down payment using your tax return demands a balance between immediate goals and long-term financial stability. Talk to a lender now to get pre-qualified. We can recommend the best ones in town, feel free to reach out!

This article first appeared on Broadpoint Properties' website, <u>https://servingsandiegocounty.</u> <u>com</u>.

Submitted by Elisabeth Hartig Lentulo, broker associate, who can be reached at 760-532-1057, elisabeth@ehlentulo.com or <u>http://www.ehlentulo.com</u>. CalBRE #01904564

-Review of all things real estate -Four things that will decrease the value of your home



Bob Hillery CR Properties

Our market activity indicator currently is 45 which means we are in a neutral to slight seller's market. I came across some tips that talked about what people do (or don't do) to their properties that actually decrease the value of their homes which, in a neutral market, is not the prudent thing to do.

Let's take it from the first impression. The value of a curb appeal cannot be overemphasized since there is only one chance to make a first impression, and a lot of that first impression is landscaping. I read several authors, one of whom advocated spending 25% of the home's current value on landscaping (I disagree with that number because I know that it can be accomplished for less; done it).

But the number one way to create an unfavorable impression is bad or non-existent landscaping. Curb appeal, or lack thereof, can even result in buyers simply driving away before they get out of the car to examine all the great qualities of the home. No amount of marketing can overcome poor or non-existent landscaping and any offer will reflect the buyer's distain for an unkept yard.

Another negative impact on value is also seen from the street, old, patchwork-looking, and/or damaged roofs. As the market moves increasingly toward neutral, buyers become more discerning about what is an acceptable condition of the house. If there are worn composite shingles, cracked/ broken Spanish tile, or cracked and slipped concrete tile, these defects show beacons.

As a homeowner who is contemplating listing their house to reap the maximum price possible, take an objective look at the roof. If there is visible deterioration and/or damage that can be a huge objection for a buyer who can only envision a full roof replacement, when in reality it might only require spot fixes.

In other words, get ahead of the drama and make the repairs while they still represent a smaller price tag because the worst case is buyers don't even make an offer because they are afraid of the expense of a full roof replacement.

After you walk around looking at the roof, walk around the entire exterior and interior of the house. Bring a pad and pen and critically note the condition of the house. Has maintenance been performed or are there items that have been deferred? When we look at the house daily because we live in it, it's easy to overlook maintenance items, but from a perspective buyer's point of view, if they can see deferred maintenance items, they wonder about the defects they are not seeing.

What is the condition of the paint, does it need freshening or a complete re-do? In the big scheme of things painting doesn't cost that much or take that much time; particularly if you can do it yourself. But the rewards will be worth it when the colors are crisp and clean and there is that "freshly" painted smell. Fresh paint can help mask pet odors too.

By the way, if anyone is smoking in the house, please quit doing so immediately and go find an isolated outside area well away from the house; cigarette smoke smell is a buzz killer for buyers. If there has been smoking in the house, prime the walls with a smoke smell killing paint like Kilz. It will seal in the smell, then you can paint a nice, clean smelling finish coat of paint which, in addition to visible current maintenance, the buyers will reward you with higher offers.

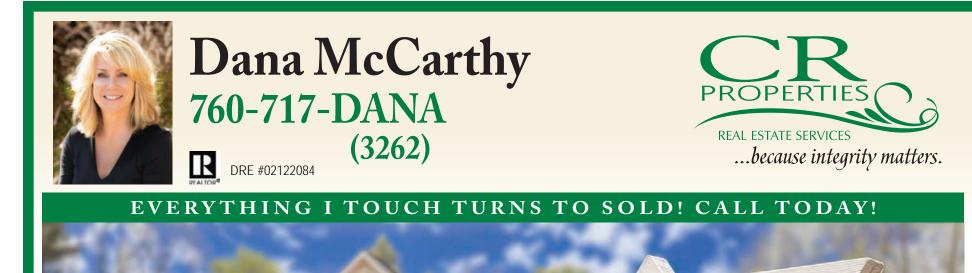
Okay great, the buyers came into the house after checking out the landscaping and the roof, and they have walked through the various non-plumbing rooms, and they still seem interested. Then they come to the bathrooms and the kitchen. What will devalue the property is outdated kitchens and bathrooms.

Wallpaper is not vogue in today's southwestern living styles. Tile counter tops are "okay" by some accounts, but mostly the appetite is for granite, quartz and even wood counters. Antique oak cabinets scream "old" as do gold plated faucets. The good news

is that the antique oak cabinets can be painted (my daughter painted hers and wow, what a difference!). Changing out cabinet pulls and dated faucets will pay you dividends.

The best news is none of these recommendations are terribly expensive. And as was passed at the marketing meeting this morning, after the upgrades and improvements had been made, the client took her home off the market because she fell in love with her own house again. Even if you don't do that, you will have made it easier for buyers to fall in love with your house and that will result in higher offers.







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FCPG recommends Orange Avenue stop sign at Kalmia Street

Joe Naiman

Village News Reporter

The Fallbrook Community Planning Group has recommended that the County of San Diego provide a stop control for northbound Orange Avenue traffic at Kalmia Street.

The recommendation was approved on a 12-0 vote Jan. 16. Steve Brown and Tom

Harrington were absent. Roy Moosa, who chairs the planning group's Circulation Committee, abstained.

"That just came from somebody who has concerns," said FCPG Chair Eileen Delaney.

If a community member desires a regulatory change for a public road and the request is made to the county's Department of Public Works, DPW will ask the

appropriate community planning or sponsor group for input. Any proposed regulatory change will be brought to the county's Traffic Advisory Committee, which will make a recommendation for the San Diego County Board of Supervisors. The county supervisors will need to adopt the ordinance with the regulatory change.

DPW took the request for

the stop sign to the Fallbrook planning group. "We agreed," Delaney said.

Kalmia Street is the north end of Orange Avenue, so Orange Avenue through traffic already has the right-of-way. Traffic guidelines call for a stop sign if the safe approach speed is less than 10 mph and a yield sign if the safe approach speed is between 10 mph and 20 mph.

The request to the planning group did not include traffic volume or accident data. A traffic survey will be conducted prior to the stop sign request being reviewed by the TAC, and if any recent reported collisions occurred at the intersection, data including the time of day and the cause of each collision will be included in the report to the TAC.

Zoning Administrator approves Minor Use Permit for Gum Tree Lane preschool

Joe Naiman

Village News Reporter

The county's Zoning Administrator approved a Minor Use Permit to convert a singlefamily home in the 2100 block of Gum Tree Lane into a preschool.

The Jan. 18 decision of Conor McGee, who was the Zoning Administrator that day, allows a preschool with up to 50 children although typical operations will involve approximately 30 children up to 6 years old along with five employees. The permit also limits the school portion of the 20.26-acre parcel to the 3.7 acres which have been graded and include the singlefamily residence.

The property has A70 Limited Agriculture zoning and the SR-1 (Semi-Rural - one unit per 1, 2, or 4 gross acres) land use designation. In December 2008, the county's Planning Commission approved the 101-unit Shady Grove development directly west of the parcel. The parcel itself has a mix of agricultural uses and has also been used to store mature trees in boxes for landscaping.

Glenn Smith was 3 years old when his family moved to Gum Tree Lane in 1951. He left Fallbrook after graduating from Fallbrook High School in 1966 but returned to his childhood home in 2008. When the adjacent 20.26-acre parcel was offered for sale, Smith purchased that property with the intent of maintaining as much of the neighborhood's rural character as possible.

The home which will be converted into a preschool is 3,085 square feet. The building will include restrooms, two nap rooms, two 708 square foot classrooms, and a 244 square foot office. The school site will also include a fenced play area, a garden area, and a 25-space parking lot.

The preschool would typically operate from 8:30 a.m. to 12:30 p.m. on Mondays and from 8:30 a.m. to 3 p.m. Tuesdays through Fridays. Opportunities for parent afternoon and evening meetings would be offered twice a month with afternoon gatherings anticipated to be from 2 p.m. through 4 p.m. and evening gatherings expected to be between 5 p.m. and 8 p.m. The staff members would consist of four full-time teachers and one administrator.

At the permitted maximum of 50 students, the preschool would generate an average daily traffic volume of 93 trips. The threshold for a significant cumulative traffic impact is 110 average daily trips. The school would not include a bell or amplified speakers which would generate noise.

An on-site wastewater treatment system, which has been designed and approved by the county's Department of Environmental Health and Quality, will be used and a gate along the driveway will be accessible to the North County Fire Protection District.

Although the project was exempted from widening Gum Tree Lane to a minimum of 32 feet of right-of-way from the centerline, the conditions include an irrevocable offer of dedication for that distance along with slope and drainage easements. An unobstructed sight distance of at least 400 feet in both directions on Gum Tree Lane must be maintained.

The May 2022 meeting of the Fallbrook Community Planning Group included an 11-0 vote with four members absent to recommend approval of the Minor Use Permit.

2024's Cities With the Biggest Yards

Sav Maive

LawnStarter

Where can you be a city dweller in a house with a nice big yard?

With mortgage interest rates decreasing - aka more financial bandwidth to buy a bigger property - LawnStarter ranked 2024's

Cities With the Biggest Yards. We compared the 2,000 biggest

U.S. cities based on the average yard sizes of single-family homes from the Federal Housing Finance Agency.

Plan your next move with our ranking below. First, we determined the factors (metrics) that are most relevant to rank the Cities With the Biggest Yards.

We then gathered the average yard acreage for each of the 2,000 biggest U.S. cities from the Federal Housing Finance Agency.

Finally, we calculated scores (out of 100 points) for each city to determine its rank. The highest Overall Score ranked "Biggest" (No. 1) and the lowest "Smallest" (No. 2,000).

Note: Population data was sourced from the U.S. Census Bureau for reference purposes only.

Only the top 150 cities in our ranking enjoy lawns larger than the national average of half an acre.

Small city living offers the most yard space: Each of our top 10 cities has a population below 50,000. Unsurprisingly, congested cities like New York (No. 1,993) and San Francisco (No. 1,998) tumbled to the bottom of our ranking with some of the smallest plots.

Many Western urbanites go without spacious yards. One California city - Fallbrook (No. 5) – landed in the top 10, while 255 Golden State cities shrank into the bottom half of our ranking.

Final Thoughts: Find the perfect plot

With mortgage loan limits increasing this year and lower interest rates on the horizon, homeowners may be able to put more money toward a home with

Explore some of our Golden State highlights and lowlights

California cities with the biggest and smallest yards

Rank	City	Average Yard Acreage
5	Fallbrook	0.853 acres
93	Apple Valley	0.554 acres
547	Santa Barbara	0.326 acres
982	Riverside	0.247 acres
1,339	Fresno	0.195 acres
1,364	Sacramento	0.191 acres
1,752	San Diego	0.131 acres
1,797	Los Angeles	0.122 acres
1,896	San Jose	0.102 acres
1,902	Long Beach	0.1 acres
1,936	Oakland	0.088 acres

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1,998	San Francisco	0.018 acres	
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their dream backyard in 2024.

Whether it's for gardening, playing with Fido, or cornhole competitions with the kids, having green space to escape to is beneficial for the body and mind.

Make the most of your large lawn with our tips and tricks below.

- Keep an eye out for lawn diseases.
- · Get the best lawn mower for a big yard.
- Decrease your chore list (and water bill) with xeriscaping.
- Add some glamor with a small backyard pond or cozy outdoor fireplace.
- Install a fence for even more

privacy.

- Set out some fun backyard games like pickleball.
- If your yard is on the smaller side, you can still take steps to improve your space.
- Use landscaping to enhance front yard curb appeal.
- Get the right mower for a small property.
- Buy a robotic lawn mower to keep the grass in check.
- Add balance to the backyard with creative landscape design.

Sav Maive is a writer and director based in San Antonio. She is a graduate of the University of Virginia and is a loving cat and plant mom.

Prop TUGH **SP**(



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covered patio. Primary BA has walk-in closets & fully separated areas. Owned solar system. Well designed kitchen has adjacent breakfast nook & opens to FamRm. \$1,399,000



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January 25, 2024



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BUSINESS

Vallecitos School District approves collective bargaining agreement with VEA

Joe Naiman

Village News Reporter

The Vallecitos School District board has approved a collective bargaining agreement with the Vallecitos Educators Association.

A 4-0 board vote Jan. 9, with one vacant seat, approved the agreement for fiscal year 2023-24. The Vallecitos teachers will receive a 5% raise for 2023-24, and the agreement also provides for a 4% raise for 2024-25.

"It was a productive negotiating session," said Vallecitos School District Superintendent Meliton Sanchez, who is also the district's chief business officer.

The collective bargaining

agreement also adds six days to the counselor work schedule beginning in 2024-25. "It gives some additional planning time outside of the school year," Sanchez said.

The position known as Certificated Counselor/Social Emotional Learning Specialist will now have 190 work days rather than 184. The daily rate will not change. The additional six work days will be added to the work year calendar at the discretion of the school and district administration.

The new agreement does not add any additional steps, columns, or ranges to the salary schedule.

Seven additional causes to suspend a student were added:

having knowingly received stolen school or private property, possession of an imitation firearm, attempted sexual assault, harassment or intimidation of a witness in a school disciplinary proceeding, participation in an unlawful sale or other offer of the prescription drug Soma which is a muscle relaxant, hazing which carries a risk of bodily injury or an adverse mental condition, and bullying which creates a fear of physical harm or a detrimental effect on a student's mental health or performance of academic or extracurricular activities.

"I'm grateful to our teachers for the hard work that they do," Sanchez said.

Worker of the Week offers help with garden supplies



Diane Cook, assistant manager for Grangetto's Farm and Garden Supply, shows some of the many doit-yourself products the store carries. Cook has worked there since 2012; the Fallbrook store opened in 1990. Cook achieved a dream goal by walking 500 miles in 35 days in Spain for the Camino De Santiago tour and her next goal is preparing for her retirement from Grangetto's, which is located at 530 E Alvarado Street.

Soper joins Legacy Endowment Board



supporting organizations to help seniors, families, veterans, and disabled individuals. It's been a pleasure to participate on the Grants Committee to see this working in action. In my new role, I think I can help bring a greater awareness to what Legacy Endowment is doing in helping people understand how they can support their favorite nonprofits in the community, filling societal needs to improve area needs, and doing so in perpetuity, even after we're gone," added Soper. Legacy Endowment will be celebrating its 30th Anniversary this year and has substantially grown its assets to more than \$16.5 million, usually distributing between \$500,00 and \$600,000 each year to a variety of worthy organizations. "Highly personal, regional community foundations like Legacy can stay close to their donors and stakeholders, offering a more personalized experience when it comes to bringing their dreams and visions to fruition for a better future," noted Legacy's Board Chair, Rachel Mason. "From that viewpoint, we understand the community's needs better, and value what donors are choosing as important to them. These are individuals who have built up a lifetime of assets through their hard work and conscientious financial planning. They want to see their legacy distributed to the causes they have always loved," said Mason. "We become the trusted stewards of their charitable intentions and as such, we are responsible for making sure we provide a safe and productive investment haven for their choices." "Laurene is going to be a wonderful asset to our Board team," said Jean Larsen, Legacy's executive director. "She's already highly attuned to community needs through her banking and volunteer relationship, and she possesses excellent networking skills to help serve those in need. I know all the board members join me in a very warm welcome." For more information about Legacy Endowment Community Foundation, their website can be found at https://legacyendowment. org/ or contact 760-941-8646.

Delaney selected as vice-chair of Association of Planning Groups

Joe Naiman

Village News Reporter

The selection of Eileen Delaney as the Association of Planning Groups – San Diego County vice-chair occurred at the organization's Jan. 10 meeting. Delaney was seated as the entity's alternate member on the San Diego Association of Governments board Jan. 12.

"I'm thrilled to be able to serve and work with other planning groups," Delaney said.

The Association of Planning Groups - San Diego County is an advisory member of the SANDAG board. Delaney chairs the Fallbrook Community Planning Group, and on Sept. 18, the planning group voted 13-0 with two members absent to join the Association of Planning Groups. The association consists of community planning groups and community sponsor groups throughout unincorporated San Diego County. "It's just one more way to have our voices heard," Delaney said. "It will serve our unincorporated areas very well."

region's coordinated public transportation agency with oversight and responsibility for planning and programming of public transportation activities performed by the North County Transit District and Metropolitan Transit Service.

Each of San Diego County's 18 incorporated cities has representation on the SANDAG board, and the San Diego County Board of Supervisors represents the county on the board. The City of San Diego and County of San Diego have two board members apiece but do not have additional voting power; if the two representatives disagree the weighted vote is split evenly. If one City of San Diego or County San Diego representative is absent the remaining board member's vote constitutes the entire weighted vote.

The Fallbrook Community Planning Group's January 2023 meeting included a 14-0 vote with one absence to approve the sending of a letter to SANDAG requesting an advisory member from the unincorporated and predominantly rural areas for more inclusiveness in planning for the region. Supervisors meeting included a 4-0 vote with one vacant seat to approve a resolution supporting an advisory member to represent the unincorporated county and to direct county staff work with the county's planning and sponsor groups on a process to select the regular and alternate members. SANDAG's board granted the Association of Planning Groups – San Diego County advisory membership Dec. 8 with no board members opposed.

The Association of Planning Groups - San Diego County currently consists of the Alpine, Boulevard, Campo/Lake Morena, Crest/Dehesa/Granite Hills/ Harbison Canyon, Descanso, Fallbrook, Jamul/Dulzura, Julian, Lakeside, Pine Valley, Rainbow, Ramona, San Dieguito, Spring Valley, Sweetwater, Valle De Oro, and Valley Center planning groups. The Potrero Community Planning Group has not yet held a meeting to approve membership but will place that on the agenda of the group's next meeting. The selection of Association of Planning Groups - San Diego County officers began with the nomination for chair. Delaney nominated Ramona Community Planning Group member Robin Joy Maxson, who chaired that planning group in 2021 and 2022. Maxson was unanimously selected. "I think she'll do an outstanding job," Delaney said. Pine Valley Community Planning Group vice-chair Story Vogel then nominated Delaney for the Association of Planning Groups - San Diego County vice-chair position. The vote was unanimous. Alpine Community Planning Group chair Travis Lyon was unanimously chosen as the group's secretary. Maxson will be the primary representative to the SANDAG board and Delaney will be the alternate.

SANDAG has transportation planning authority for San Diego County and is also the

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Not a Contractor Local Village News/Courtesy photo banking expert Laurene Soper joins Legacy Endowment Community Foundation's Board of Directors.

FALLBROOK – Local banking expert and vice president with Wells Fargo Laurene Soper joins Legacy Endowment Community Foundation's Board of Directors as its newest member advocating for North County's nonprofit sector, expanding Legacy's roster of community and civic leaders to nine individuals.

Soper possesses both a broad and specific range of financial expertise. In August 2023, she celebrated 25 years with Wells Fargo, and was with the Bank of Boston for the previous seven years. While having a primary focus in banking management, operations, and training, she also holds a bachelor's degree in applied management and business administration, graduating Summa Cum Laude from Grand Canyon University.

While Temecula is her home, her board and nonprofit volunteer experience is shared between there and Fallbrook, with a good many organizations having the benefit of her expertise such as The Make a Difference, One by One Foundation, Murrieta Valley Library Foundation, God's Fan Club – Project Touch.

Introduced to Legacy by current Director and Grants Committee Chair Laura Holck, Soper has served on the Grants Committee for the past two years. "I've had the ability to see first-hand how Legacy has become a leading funder in the area, supporting nonprofits who need an extra measure of help to advance their programs, services, and special initiatives," said Soper.

"I know Legacy Endowment holds and manages a variety of endowment funds generously

Submitted by Legacy Endowment Community Foundation.

EDUCATION

Bonsall High School takes on giants





Bonsall High School's Speech and Debate Team & Club (with Coach Greg Hinchliff) are recognized by Superintendent Clevenger, far left, and Executive Director of Human Resources Allen Williams, far right.

BONSALL – A veritable David and Goliath story is unfolding at Bonsall High School in the form of a speech and debate team.

Bonsall High School, established in 2014, has just over 300 students. In most school-toschool competitions, like athletics, the schools are placed in a division where they compete with schools of a similar size.

In speech and debate, competitions are organized regionally in leagues open to all in that area. That means, the Bonsall squad, whose entire team is made up of only 15 competitors (of which only three or four students have competed at any one event) faces schools who bring busloads of participants.

"I've judged speech and debate for years, and it warmed my heart to see our tiny school go head-to-head with giants like Carlsbad, Francis Parker, The Bishop's School, and the like. We are competing against programs who have developed programs for decades, and we are holding our own. It's remarkable," commented speech/debate judge and BUSD competition, three out of the four BHS competitors made it to the semi-final round or beyond in their respective categories.

One sophomore student, Leo Preston, placed fifth in the finals in International Extemporaneous, the first time anyone from Bonsall Unified had entered that event. Freshman Aaron Arellano also placed in the finals in his first tournament earlier in the year in Impromptu and finished fourth in the semis in his group. Another first time competitor and freshman, Jorge Hernandez, placed sixth in the semi's. Also competing that day was sophomore baseball player Brant Chudomelka.

When asked about making it to the finals on his first attempt, Preston said, "It was my first time, so I didn't know what to expect." Preston, an Eagle Scout with ambitions to attend an Ivy League school after he graduates in 2026, and the rest of his team were at the event from 7 a.m. until the awards were presented just shy of 11 p.m. "Who knew Speech was an endurance event," he quipped.

Veteran Bonsall High School

advises the speech and debate club, as well as coaches the team.

"I am incredibly proud of our Legionnaire speech and debate team. Each member is continually refining their talents, pushing themselves out of their comfort zone and proving their stamina in the face of new challenges," said Coach Hinchliff.

The district recently sponsored team members to join the National Speech and Debate Association for lifetime membership. The BHS team is not top heavy with graduating seniors, as most small programs find themselves.

While club president Mahala Sayler, a senior, and juniors Jeffrey Lee, Matthew Such, and Nonyi Usua provide encouragement for their more junior team members, freshmen and sophomores have been competing in new events and finding themselves placing in the semis and finals.

"It's an honor to watch the next generation of debaters carry on Bonsall's brilliant energy," said club vice-president Lee, who in addition to being the student body president also serves as the Student



SDIVLI tournament.

Coach Greg Hinchliff advises team members Village News/BUSD photos Jeffrey Lee, Nonyi Usua, Aaron Arellano, and Matthew Such before a competition in La Mesa.

been featured on ABC 10News for helping students "identify what is true and factual" in this day and age of misinformation. He plans on growing the program in years to come by entering more competitions and coaching is to see the kids try something new. Last year, Matthew Such earned a medal in the Original Prose Poetry competition. This year, we are gearing up to have our first entries into public forum debate and duo interpretation."

Trustee Michael Gaddis.

At the recent San Diego Imperial Valley League Individual Events Spanish and Native Studies teacher Greg Hinchliff teaches the high school's speech and debate class,

Trustee on the Bonsall Unified School Board.

Hinchliff's speech class has

students to compete in more varied events."

"What's more rewarding for me School District.

Submitted by Bonsall Unified chool District.

FUESD Winter Camp turns La Paloma Elementary into a creative haven



Teacher Dale Leonard of Fallbrook Union Elementary School District sets up the inflatable ax throwing game for Winter Camp students.

FALLBROOK – The Fallbrook Union Elementary School District celebrated the FUESD Winter Camp, an initiative orchestrated by the FUESD Expanded Learning Opportunities Program.

Designed for kindergarten through sixth-grade students, the camp provided an immersive experience during the winter break for FUESD students at La Paloma Elementary School.

The winter camp served as a canvas for students to explore diverse art forms, offering an extensive range of classes and clubs tailored to individual interests. From the strokes of watercolor painting to the rhythms of music and dance, the sculpting of creative forms and a plethora of engaging activities, the camp aimed to nurture creativity and foster skill development among the participants.

"The FUESD winter camp provided an exceptional platform

for students to express themselves through various art forms. It aimed to inspire imagination, nurture talents and offer a unique avenue for learning during the winter recess," Lilly Perez, director of the Expanded Learning Opportunities Program at FUESD, said.

Amidst the creative endeavors, the camp incorporated holidaythemed crafts, allowing students to infuse their artistic pursuits with the festive essence of the season.

Students also delved into literature through the "Reader's Theater," a dedicated space that encouraged students to immerse themselves in the joy of reading, fostering a deep appreciation for stories and the holiday season.

The "Reader's Theater" sessions were designed to encourage students to explore the magic of storytelling, allowing them to enact narratives, scripts and holiday-themed tales. Through these activities, students enhanced their reading skills and developed confidence in public speaking, creativity in interpreting characters and a love for literature.

Beyond the creative workshops, the FUESD winter camp was a hub of outdoor energy, catering to students' love for sports and outdoor activities. From field games like inflatable ax throwing to competitions in field hockey and basketball, students honed their skills, fostered teamwork and embraced the joy of healthy competition, showcasing their athletic prowess in a supportive and encouraging environment.

The school district said this season's winter camp stands as a testament to FUESD's dedication to providing diverse and enriching educational experiences beyond traditional classroom settings.

Submitted by Fallbrook Union Elementary School District.

Palomar College academic programs receive EDC verification

SAN MARCOS – The San Diego Regional Economic Development Corporation (EDC) recently verified two Palomar College academic programs, the Associate of Science in Cybersecurity and the Computer Science program which offers both an Associate of Science and a Certificate of Achievement. Verified Programs are those recognized for quality education and training for indemand jobs within the San Diego County economy.

The Associate of Science in Cybersecurity program focuses on fostering proficiency in computer, network, and application security to guarantee the safeguarding of enterprise computing and information systems infrastructure. Students pursuing an Associate of Science and Certificate of Achievement in Computer Science gain skills needed to enter the workforce as a software developer.

The evaluation process is run by Advancing San Diego, a program of EDC's Talent Initiatives. The intention of the process is to increase the production of skilled workers in San Diego while prioritizing historically underrepresented populations.

Every year education programs throughout the region apply for status as a Verified Program. The application is a combination of written and presented assessments where employers evaluate program performance in five areas, all of which ensure consistent delivery of education that aligns with job market demands.

The rigorous application process for these two programs was led by the respective Palomar College faculty. "Palomar College and our students are very fortunate to have such talented and dedicated faculty. They actively pursued the path to verification, which benefits our students and the regional workforce," said Dr. Tina Recalde, assistant superintendent and vice president of instruction.

As Palomar College refines current programs and develops new ones, faculty and administrators review the needs of industry through active research and engagement with leaders throughout the region. In addition, continuous collaboration with high school guidance counselors and principals has proven to be beneficial in reaching students of diverse backgrounds who show interest in specific fields.

Throughout the academic year, Palomar College hosts a number of "trade days" for high school students and others who are interested in specific industries. Many of these events bring hundreds of prospective students to meet faculty, engage in handson demonstrations, and initiate their path to Palomar College.

For more information on career training programs, visit the Palomar College Career Education website, <u>https://www.palomar.edu/careereducation/</u>.

Submitted by Palomar College.

Village News/Courtesy photo

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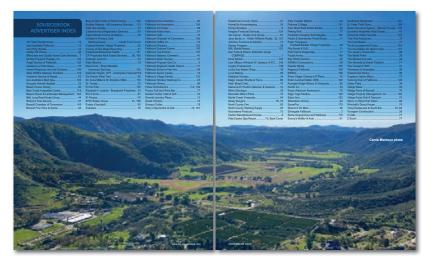
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Enter your favorite photos!

VILLAGE NEWS

New children's group learns about local history

TEMECULA – Temecula Creek Society's journey began June 3, 2023, when National Society Children of the American Revolution Senior State President Sue Fitzpatrick notified Cindy Greer of Fallbrook that Temecula Creek Society had been officially approved to organize, with Greer as the Senior Organizing Society President.

NASCAR's mission is to train good citizens, develop leaders, and promote love of the United States of America and its heritage among young people.

This organizing adventure has not been Greer's alone, and the successes that Temecula Creek Society has achieved to date have been the result of consistent dedication by a small group of like-minded women and men. Not one piece of this organizing puzzle has been put in place without several discussions and checking for a good fit.

In September, prospective members met at Temecula Creek Trail Park to learn the creek's history, to walk in the footsteps of the Luiseño Indian tribe, to try and imagine how they lived, and to observe this rural area surrounded by suburbs.

The participants were asked to draw pictures, write words, record their observations, and these outcomes were published in the October newsletter. Temecula Creek Society members also came together to knot the hem of the Comfort for Kids blanket which is part of the State President's project.

In October, Temecula Creek Society participants met at Temecula Valley Museum to continue learning about the Luiseño people and the incoming-settlers' attempts to feed themselves through hunting, gathering, and

TEMECULA – Temecula reek Society's journey began ine 3, 2023, when National ociety Children of the American evolution Senior State President ue Fitzpatrick notified Cindy evolution Senior State President

Participants again were asked to examine certain museum exhibits (tools, foodstuffs, how-to's) and record those observations. They worked in groups, pairs, or individually. Temecula Creek Society also brought in several bags of supplies for the State President's Comfort for Kids project.

At November's meeting, with six new members, one transfer-in member, and several prospective members, they delved into the Japanese world of Shibori at the Fallbrook School of Arts. The creative juices were unleashed, and the outcome was that all the participants left with personal stationery decorated with their own Shibori. Jennifer Jeffries of Fallbrook led the program.

In December, Temecula Creek Society members/prospective members had the option to meet at three cemeteries to place wreaths and state the veterans' names. Also, December birthday cards were sent to American veterans throughout California. These optional activities inspired everyone to think about the sacrifices of other Americans, and to spread happiness to others on their special days.

To become a member, one must prove direct lineage to a veteran of the American Revolution. It is not daunting, though, as the Registrar is trained in preparing the paperwork and doing the research. For more information, contact Cindy Greer at *cindy*. *greer@luiseno.californiadar.org*. *Submitted by the Temecula*

Creek Society.



JANUARY 25, 2024

Members of the new Temecula Creek Society work on knotting the hem of the Comfort for Kids blanket, the NASCAR state president's project.





Sending birthday wishes to veterans is one way to to spread happiness to others on their special days.



Creating Shibori art is a learning experience the Temecula Creek Society members participated in at the Fallbrook School of the Arts.

Laying wreaths at a local cemetery helps inspire everyone to think about the sacrifices of other Americans,



Temecula Creek Society members examine agricultural exhibits at the Temecula Valley Museum.

Village News/Courtesy photos

REGIONAL

Sriracha sorrows fade as new farms harvest jalapeños

Caleb Hampton

California Farm Bureau

Over the past several months, a vegetable farmer in the Imperial Valley pulled off an improbable feat that may help solve an urgent supply shortage – at least for those who crave some extra heat in their rice, soup, noodles or stir-fry.

Shoppers who set out to buy a bottle of Huy Fong Foods' Sriracha sauce in recent years likely went home empty-handed. That's because in 2022, after churning out the sauce for decades, the company in Los Angeles County ran out of its key ingredient – red jalapeño – and shut down its processing plant.

For 28 years, Huy Fong sourced all of its peppers from Ventura County farmer Craig Underwood of Underwood Ranches. But in 2017, the partnership collapsed after a payment dispute that led to a jury awarding \$23 million to the farmer.

Since then, Huy Fong, while secretive about its suppliers, has reportedly sourced jalapeños from farmers in Mexico and the southwestern U.S., but with mixed results. A couple years ago, the company announced a lack of inventory had left it "unable to produce any of our products."

The "severe shortage" persisted for more than a year, leaving restaurants and hot sauce aficionados in dire straits. Last summer, third-party retailers were selling the iconic green-capped bottles, previously worth about \$5, for as much as \$150.

Huy Fong blamed its supply issues on drought-related crop disasters across multiple growing seasons, though other hot sauce brands that use jalapeños did not experience the same challenges.

A key reason for Huy Fong's shortage, growers and pepper experts said, was that the company evidently failed to rebuild a supply network with enough farmers. For a pepper processor, "that is just absolutely critical," said Stephanie Walker, co-director of the Chile Pepper Institute at New Mexico State University.

Jalapeños are difficult to grow because of their long growing season – typically about 80 days for transplanted crops. "When



After parting ways with its longtime jalapeño supplier, Sriracha Sauce maker Huy Fong Foods struggled to find a steady supply of fresh peppers. Recently, following two years of shortages, the popular condiment began reappearing in stores.

more risks," such as pests, diseases and extreme weather, Walker said.

Red jalapeños, which are picked after the pepper turns from green to red – with a growing season of about 120 days – and must then be harvested within a short window, can be especially challenging.

"We learned over 28 years how to grow and harvest jalapeños," Underwood said. At its peak, he grew 2,000 acres of jalapeños for Huy Fong, planting multiple crops each year. The farm even designed its own mechanical harvester and hauled the peppers from the field to Huy Fong's facilities.

"What we did for them was rather complicated," said Underwood, whose company still grows jalapeños and makes its own brand of Sriracha sauce.

Before Huy Fong's inventory dried up, its Sriracha was the top-selling hot sauce in 31 states, according to consumer data from Instacart. Since then, Huy Fong lost market share as competitors and newcomers filled the void. A Huy Fong representative said no one from the company was available to comment.

To get back in business, Huy Fong needed peppers. But "finding really good pepper growers is challenging," Walker said. In addition to pest and weather risks, labor costs caused many U.S. growers to abandon the crop. Where could Huy Fong go?

According to California pepper growers, last summer, a man described variously as "a broker," "a gentleman" and "a guy in Coachella" sounded out farmers to grow large amounts of red jalapeños for an undisclosed processor.

"He was trying to put together a very quick, very large jalapeño program," said Alex Jack of Jack Brothers, Inc., who farms in the Imperial Valley and received a call from the man in July. growing in a greenhouse in Northern California, Jack said. The broker needed farmers to sign contracts and plant the peppers within a few weeks before they were too late to transplant.

It was an unusual approach. "Unless they have a grower or growers already lined up," Walker said, "I'd consider it very risky to start a large number of transplants. My guess is that they were quite sure that they'd be able to get growers on board."

It was mid-July, and the man wanted to know if Jack could plant 500 acres, using drip irrigation, by Aug. 15.

"They were doing things unconventionally," Jack said, possibly "because they were in a predicament where they had to just get things rolling and hope it all worked out."

The Jack family has farmed in the Imperial Valley for more than a century, and Jack has farmed there since 1989, but he had never grown jalapeños. Planting so many so fast "would be like a new NFL franchise winning the Super Bowl in its first season," Jack said. "It's crazy." To start with, at the height of the Imperial Valley's sweltering summer, much of his team was away on vacation. Jack called up his ranch manager and irrigation specialists, and hired more workers through a farm labor contractor. "We brought everyone back and we got it all planted," he said. "It was a Herculean effort." Setting up the irrigation system in time was only possible, Jack added, with knowledge his family gained through generations of farming. "It's a lot of years of experience from Jack Brothers doing drip irrigation that helped us put this whole program together," he said. High-value crops such as chili peppers are almost always grown on drip irrigation, Jack said, because the system, while expensive, enables farmers to "fine-tune the growing of the crop"

by administering precise amounts of water and fertilizer.

The jalapeños benefited from underground piping for drip irrigation Jack already had on some of his fields. "We did about half the jalapeños on our permanent drip field, and we did half on portable systems," he said. He estimated it took 25 people working full time for a month to plant the crop, finishing in late September.

Then came a massive storm from the Gulf of Mexico, followed by multiple days of triple-digit heat. "I thought we were in trouble, but the peppers came through with flying colors," Jack said.

A fleet of mechanical harvesters, purchased by the client for this year's crop, began harvesting the jalapeños just after Christmas. "Considering everything we went through and how little time we had to plan for it, the crop looks really good," Jack said.

Growing the crop successfully

they're in the ground longer, they're going to be exposed to When he got the call, the jalapeño seedlings were already



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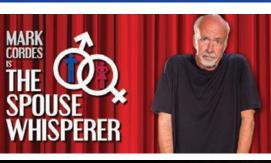
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JANUARY 26 Cool Hand Luke



FEBRUARY 3 Gone with the Wind





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FEBRUARY 2

The Spouse Whisperer An evening of hilarious relationship comedy at the Mission Theater. Doors Open 6:00pm

Show Starts 7:00pm Tickets \$25 in Advance or \$30 at the door

> Movies: Doors Open 5:30pm Show Starts 6:30pm



has made him the confidential processor's largest supplier, he said. With harvest wrapping up, Jack is preparing to plant 210 acres of jalapeños for the spring season. They should be ready to harvest in June. Beyond that, Jack isn't sure

Beyond that, Jack isn't sure what the future holds. He does not have a long-term contract to continue growing peppers.

In November, Huy Fong said it had resumed production, noting in a statement, "We continue to have a limited supply that continues to affect product availability."

In recent weeks, consumers began reporting lower prices for Sriracha and wider availability. Jack said he still doesn't know with certainty where all his red jalapeños are going, though growers familiar with the scale and urgency of the program said it may be no great mystery.

Caleb Hampton is an assistant editor of Ag Alert. He may be contacted at *champton@cfbf.com*.

Permission for using this article was granted by the California Farm Bureau Federation.

We were just looking through this week's and last week's publications with joy :) ... It is wonderful to have a community newspaper that supports education in our community the way the Village News does. Thank you to you and your entire staff for keeping all of the best of Bonsall USD in the news, we appreciate it. Thank you!

Gina McInerny Executive Assistant to the Superintendent Bonsall Unified School District

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County leader wins prestigious Baldrige Foundation Leadership Award



Barbara liménez, Community Operations Officer for the County's Health and Human Services Agency.

County News Center

County of San Diego Communications Office

The Foundation for the Malcolm Baldrige National Quality Award has recognized Barbara Jiménez, **Community Operations Officer** for the County's Health and Human Services Agency, with a community leadership award.

Jiménez, who oversees the County's Department of Homeless Solutions and Equitable Communities (HSEC), was among the national awardees representing large and small businesses, health care, education, nonprofit, cybersecurity, communities and government.

The Baldrige Foundation said today this is the first time 'Community' has been a category, and "the inaugural group embodies the type of role model leadership our communities and our country need."

Al Faber, president and CEO of the Foundation for the Malcolm Baldrige National Quality Award, Inc., said the leadership awards "recognize outstanding individuals, leaders, and supporters

who embody Baldrige leadership and management values and principles, and who have provided outstanding service to the Baldrige community and beyond."

For more than 30 years Jiménez has provided, promoted and overseen social and human services throughout San Diego County. Before being named HHSA Community Operations Officer in July 2021 and being tasked with creating HSEC, much of her career was focused on communities in South and Central San Diego.

She is known for her binational and bilingual work and extensive community listening sessions, including steering Southeastern Live Well Center planning for nearly a decade. During the heart of the COVID-19 emergency, her responsibilities included coordinating with nonprofits the expansion of outreach and resources into neighborhoods where they were already embedded and trusted.

"Barbara has a real passion for working side by side with the community, so this award is a perfect match," said Dr. Eric McDonald, interim HHSA director.

"We are thrilled for her, but frankly not surprised because we see the good work she does every day."

Jiménez said she was both honored and surprised to learn of the award.

"Having the opportunity to make a positive difference in people's lives drives me and is something I couldn't accomplish without the support and dedication of countless coworkers," said Jiménez. "This award is a tribute to all of our efforts, and I'm humbled to be the recipient."

The Baldrige Foundation was created as the private partner to the Baldrige Performance Excellence Program in 1988. Its mission is to ensure the long-term financial viability of the Baldrige Performance Excellence Program and to support organizational performance excellence throughout the United States and the world. The Leadership Awards will be presented during the Foundation Awards Ceremony held as part of the annual Quest for Excellence conference near Washington, D.C. on April 9, 2024.

Girl Scouts San Diego kicks off 2024 Girl Scout Cookie Program, Jan. 28

SAN DIEGO - On Sunday, Jan. 28, Girl Scouts San Diego will kick off the 2024 Girl Scout Cookie Program in San Diego and Imperial counties. Through Sunday, March 10, Girl Scouts and troops will rally their communities, neighbors, and friends to support the world's largest girl-led entrepreneurial program by purchasing Girl Scout Cookies, which are available in nine varieties and cost \$6 per package.

One-hundred percent of Girl Scout Cookie Program proceeds stay local, making the magic of Girl Scouting available and affordable in San Diego and Imperial counties. Cookie program funding benefits more than 24,000 youth and adult members through year-round leadership development programs, volunteer training, outdoor adventures at Girl Scout summer camp, property upkeep, financial assistance, and more.

"This year, more than 9,500 resourceful Girl Scout entrepreneurs will engage in the cookie program," said Carol Dedrich, CEO of Girl Scouts San Diego. "The 2024 program theme, Unbox the Future, speaks to overcoming the barriers that often keep girls boxed in. The impact of the cookie program is tremendous; Girl Scouts are equipped with vital and out-ofthe-box entrepreneurial and life skills that help prepare them for a limitless, equitable future." Through the cookie program, girls learn five essential life and business skills - goal setting, decision making, money management, people skills, and business ethics - while growing in confidence and leadership. They also earn individual rewards and troop funding for travel, community service projects, and badge workshops. Community members can also support local Girl Scouts

this season by donating cookie packages for Operation Thin Mints (OTM), a service project that originated in San Diego and has benefitted military troops and veterans for more than two decades. Since 2002, Girl Scout troops and their generous cookie customers have sent more than 4 million packages of America's favorite cookies and handwritten notes of support to thousands of military veterans and deployed overseas troops via OTM.

The 2024 cookie program lineup includes classics like Thin Mints®, Samoas®, Trefoils ®, Tagalongs®, and other fan favorites. Starting Sunday, Jan. 28, unbox the future for young entrepreneurs by ordering Girl Scout Cookies, and support lifechanging programs in San Diego and Imperial counties. Girls will accept orders in person and via Digital Cookie® to personally deliver cookies to local customers or for direct shipment.

Cookie Program key dates:

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- Sunday, Jan. 28 Girl Scout Cookie Program begins in San Diego and Imperial counties
- Friday, Feb. 9 Cookie booths open. Consumers can use the Cookie Finder to locate a booth near them
- Friday-Sunday, Feb. 16-18 - Cookies on Tap Weekend, presented by Girl Scouts San Diego, takes place at breweries and brewpubs across San Diego County
- Sunday, March 10 Girl Scout Cookie Program ends
- Saturday, May 4-OTM Sendoff and Family Festival returns aboard the USS Midway, where cookie program entrepreneurs and their families celebrate the success of the Operation Thin Mint program

To learn more about Girl Scouts San Diego and its cookie program, visit sdgirlscouts.org/cookies.



I've had ongoing back issues for the past few decades and every time I get a massage from him my back and body feel exponentially better. He's a super cool guy and has a gorgeous and peaceful space. My only regret is that I don't live closer to him. If I did, I would absolutely be a regular.

There's a lot of massage therapists out there, some are very gifted, and then there's Craig. He's truly a master. Can't recommend him enough!" - Dane Scurich, Aptos, CA



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Judge mandates reinstatement of teachers who objected to hiding students' "transitions" from parents

Village News Staff

In a significant development in Escondido, California, Judge Roger Benitez of the United States District Court for the Southern District of California ordered the Escondido Union School District (EUSD) to reinstate two Christian teachers, Elizabeth Mirabelli and Lori Ann West. The teachers had been placed on administrative leave for opposing a district policy that involved withholding information about students' gender transitions from parents.

Earlier this month, the federal court's decision came in response to a lawsuit filed by the teachers, who were represented by the

Thomas More Society. They had been denied religious exemptions from the district's policy, which instructed them not to disclose information about students' gender dysphoria to parents. This policy was part of a broader approach involving school counselors assisting students with social transitions and employing a "gender support plan."

The controversy was fueled by revelations that school counselors were notifying staff about students beginning social transitions, advising them to keep this information from parents. The lawsuit also disclosed that a district social worker had advised staff that parents "do not have a legitimate need for the information" regarding their child's gender identity.

Judge Benitez's ruling mandated that Mirabelli and West be allowed to resume their positions by Jan. 16. The judge described the school's policy as a "trifecta of harm," acknowledging its negative impact on children, parents, and teachers. Despite a preliminary injunction issued on Sept. 14, 2023, supporting Mirabelli and West, the EUSD had maintained their administrative leave status.

This case occurs amidst escalating debates in California over undisclosed gender transitions in schools. Notably, Attorney General Rob Bonta has been involved in similar cases. He submitted a legal brief supporting a Northern California school district's policy of facilitating an 11-year-old student's social transition without parental knowledge. Additionally, Bonta filed a lawsuit against Chino Valley Unified School district which barred staff from concealing students' gender dysphoria from parents. This lawsuit led to a temporary suspension of the policy.

Amidst these legal battles, grassroots activists in California are gathering signatures for a ballot measure aimed at prohibiting schools from hiding students' gender dysphoria from their parents and addressing issues related to transgender students in sports and school facilities.

IIn a press release last week, California Family Council stated, "Mirabelli and West's case is a victory for free speech, religious liberty, and parental rights. Parents must be able to trust teachers, who play a key role in their children's education. With so many schools in California implementing secrecy policies, more teachers like Mirabelli and West are needed to restore trust with parents and a safe environment for students. Hopefully, ongoing cases and proactive efforts to safeguard children will further rebuild parental trust and counteract any negative influences from activist teachers."

The financially motivated sextortion threat

FBI warns about dangers of online schemes targeting young adults and minors

this week issued a new warning about an evolving online threat targeting minors and young adults: financially motivated sextortion.

In these schemes, predators typically pretend to be alluring young girls to befriend teen boys often on social media and gaming platforms. The predators then trick these teens into exchanging sexually explicit material or believing the predators have already obtained it.

Once the scammers have a victim's pictures or video, they demand money to keep the explicit material from being shared with the victim's family and friends. Even when victims comply, scammers often demand more money and escalate the threats.

The FBI saw a 20% increase in reports of financially motivated sextortion incidents targeting

WASHINGTON - The FBI minors during a six-month period that ended in March 2023. compared to the previous year. The scam is the latest iteration of sextortion, which has historically been driven by sexual gratification and control, but is now mostly motivated by greed. Minors and young adults caught in this trap often feel isolated, embarrassed, and cornered with seemingly no way out. In some cases, victims have turned to self-harm and suicide.

> The FBI is urging parents, educators, caregivers, teens, and young adults to fully understand the dangers of financially motivated sextortion and to know there are options for those who need help.

> "The consequences of sextortion are being felt across the country," said FBI Director Christopher Wray. "We and our partners will

relentlessly pursue criminals who perpetuate this deplorable activity.'

Anyone being exploited in a sextortion scheme should do the following

- Understand you are not at fault and you are not alone
- Ask for help from a trusted adult or law enforcement before sending money or more images. Cooperating with the predator rarely stops the blackmail and harassment-but law enforcement can
- Report the predator's account via the platform's safety feature
- Block the predator from contacting you
- Report the scheme immediately to the FBI or local law enforcement
- Save all interactions; those can help law enforcement identify and stop the predator

• If sexually explicit images have been shared, visit the National Center for Missing and Exploited Children's Take it Down tool or Is Your Content Out There? for potential removal

From October 2021 to March 2023, the FBI and the Department of Homeland Security's Homeland Security Investigations (HSI) received over 13,000 reports of financial sextortion of minors. The crimes involved at least 12,600 victims - mostly boys - and led to at least 14 suicides during this timeframe. Meanwhile, the FBI is aware of over 20 deaths by suicide resulting from financially motivated sextortion. The offenders are usually located outside of the United States primarily in west African countries like Nigeria and Ivory Coast or Southeast Asian countries such as the Philippines.

The threat has not abated in the year since the FBI and HSI issued a warning about sextortion, but investigators and victim advocates hope that educating parents and children about the dangers of sextortion - and ways to cope afterwards - can help stem the problem and protect kids.

Victims may feel like there is no way out," Director Wray has said. "It is up to all of us to reassure them that they are not in trouble, there is hope, and they are not alone.'

If you or someone you know believes that they are a victim of sextortion or financially motivated sextortion, immediately report the activity to law enforcement. You can report it to the FBI by calling 1-800-CALL-FBI or visiting tips.fbi.gov.

Legal Advertising

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NOTE: While these reports have been taken straight from the Sheriff's Office, individuals are innocent until proven guilty. These addresses reveal the block number, not an exact location.

Jan. 16



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1800 blk Green Canyon Rd.Arrest - Assault with deadly weanot a firearm	pon:
2400 blk S. Stagecoach Ln. Found property	
Kentucky St. @ Olive Ave. Arrest - Felony bench warrant possession of controlled substance	and e
400 blk Waxflower Ln. Vandalism and simple battery	
Pala Rd. @ Horse Ranch Creek Rd. Willful discharge of firearm in a ground negligent manner	ossly
39900 blk Daily Rd. Missing juvenile/runaway	
Jan. 20	
	ment
200 blk Hass Ln. Domestic violence - False imprison	
200 blk Hass Ln. Domestic violence - False imprison Jan. 21	

OBITUARIES

Linda Lee Shirey (Wion), born in Oakland, CA, February 5, 1951, passed away on Dec. 14, 2023. Linda is survived by her loving husband Rick, daughter Chasi, and cherished grandchildren Bailey, Kylen, Hailee, and Dax. She dedicated her time to Fallbrook Presbyterian Church, enjoying church activities and family moments. A celebration of life will be held at SonRise Christian Fellowship on Feb. 3, 2024, at 11 a.m.



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topic to discuss, especially when the funeral will be your own. But having these conversation will make it easier for your survivors. We offer free Personal Arrangement Guide.

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BUSINESS DIRECTORY

Notice To Readers: California law requires that contractors taking jobs that total \$500 or more (labor or materials) be licensed by the Contractors State License Board. State law also requires that contractors include their license number on all advertising. You can check the status of your licensed contractor at www.cslb.ca.gov or 800-321-CSLB. Unlicensed contractors taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.

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LEGALS

T.S. No. 48097598 Notice of Trustee's Sale

A.P.N.: 223-841-19-00 You Are In Default Under A Deed Of Trust Dated 1/10/2019. Unless You Take Action To Protect Your Property, It May Be Sold At A Public Sale. If You Need An Explanation Of The Nature Of The Proceeding Against You, You Should Contact A Lawyer. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Joseph Michael Reed And Marsha Gale Reed, As Co-Trustees Of The Reed Living Trust Established December 26, 2002 Duly Appointed Trustee: Idea Law Group, PC Recorded 1/18/2019 as Instrument No. 2019-0020723 of Official Records in the office of the Recorder of San Diego County, California, Street Address or other common designation of real property: 7116 Sitio Caliente Carlsbad, CA 92009 A.P.N.: 223-841-19-00 Date of Sale: 2/21/2024 at 10:30:00 AM Place of Sale: Entrance To The East County Regional Center (By Statue), 250 East Main Street, El Cajon Amount of unpaid balance and other charges: \$280,128.86, Estimated. The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Notice To Potential Bidders: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. Notice To Property Owner: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (877) 440-4460 or visit this Internet Website www.mkconsultantsinc.com, using the file number assigned to this case 48097598. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Website. The best way to verify postponement information is to attend the scheduled sale. Notice To Tenant: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (877) 440-4460, or visit this internet website <u>www.</u> <u>mkconsultantsinc.com</u>, using the file number assigned to this case 48097598 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. The Notice to Tenant pertains to sales occurring after January 1, 2021. Date: 1/17/2024 Idea Law Group, PC 1651 E 4th Street, Suite 124 Santa Ana, California 92701 Foreclosure Department: (877) 353-2146 Sale Information Only: (877) 440-4460 <u>www.mkconsultantsinc.com</u> Maggie Salac, Foreclosure Officer Please Be Advised That The Idea Law Group, PC May Be Acting As A Debt Collector, Attempting To Collect A Debt. Any Information You Provide May Be Used For That Purpose. Published: 1/25/24, 2/1/24, 2/8/24

APN: 228-220-13-00; 228-220-43-00 OTHER: 5944196 TS-210903 NOTICE OF TRUSTEE'S SALE UNDER DEED OF TRUST YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 5/15/2020 UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PRO-CEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NOTICE is hereby given that C.N.A. FORECLOSURE SERVICES, INC. A CALIFORNIA CORPORATION, as trustee or successor trustee, or substituted trustee pursuant to the Deed of Trust executed by 5G, LLC, a California limited liability company, as to an undivided 75% interest, and CareMark Properties LLC, a California limited liability company, as to an undivided 25% interest, as Tenants in Common Recorded on 5/15/2020 as Instrument No. 2020-0249387, of Official records in the office of the County Recorder of San Diego County, California, and pursuant to the Notice of Default and Election to Sell thereunder recorded 8/31/2021 as Instrument No. 20210619725 of said Official Records, WILL SELL on 2/14/2024 At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 at 10:00 a.m. AT PUBLIC AUCTION TO THE HIGH-EST BIDDER FOR CASH (payable at the time of sale in lawful money of the United States), all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State hereinafter described. The property address and other common designation, if any, of the real property described above is purposed to be: 900 West Mission Road, Escondido, CA The undersigned Trustee disclaims any liability for any incorrectness of the property address and other common designation, if any, shown herein. The total amount of unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$1,588,266.02 (estimated). In addition to cash, the Trustee will accept a cashier's check drawn by a state or federal credit union or a check drawn by state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. In the event tender other than cash is accepted the Trustee may withhold the issuance of the Trustee's Deed until funds become available to the payee or endorsee as a matter of right. Said sale will be made, but without covenant or warranty, express or implied regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed. advances thereunder, with interest as provided therein, and the unpaid principal balance of the Note secured by said Deed with interest thereon as provided in said Note, fees, charges and expenses of the trustee and the trusts created by said Deed of Trust. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this internet website www.nationwideposting.com, using the file number assigned to this case 210903 Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION CALL: 916-939-0772 C/O C.N.A. FORECLOSURE SERVICES. INC. A CALIFORNIA CORPORATION as said Trustee. 2020 CAMINO DEL RIO N. #230 SAN DI-EGO, CALIFORNIA 92108 (619) 297-6740 DATE: 1/18/2024 C.N.A. Foreclosure Services, Inc. a California Corporation KIMBERLY CURRAN TRUSTEE SALE OFFICER NPP0445946 To: VILLAGE NEWS INC 01/25/2024, 02/01/2024, 02/08/2024

Petition to Administer

NOTICE OF PETITION TO ADMINISTER ESTATE OF HELADIO RUIZ SOTO

CASE NO. 37-2023-00040080-PR-LA-CTL To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: HELADIO RUIZ SOTO

A Petition for Probate has been filed by CARINA RUIZ in the Superior Court of California, County of SAN DIEGO

The Petition for Probate requests that CARINA RUIZ be appointed as personal representative to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows:

Date: 02/06/2024 Time: 10:30 A.m. Dept. 504 Address of court: 1100 Union St, San Diego, CA 92101

Central Court (Probate)

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner: Rachel King, 34859 Frederick Street, Suite 108, Wildomar, CA92595, 951.834.7715

Legal: 6387 PUBLISHED: January 11, 18, 25, 2024

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case Number: 37-2024-00000317-CU-PT-NC

TO ALL INTERESTED PERSONS

Petitioner: JOCELYN LEACH

Present Name: MAX WILLIAM DALTON MAYFIELD Proposed Name: MAX WILLIAM LEACH

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 37-2024-00001318-CU-PT-CTL TO ALL INTERESTED PERSONS

> Petitioner: RENEE ANN OZERI Present Name: RENEE ANN OZERI Proposed Name: MAYA AHAVA

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.*

NOTICE OF HEARING Date: 2/26/24 Time: 8:30 AM Dept: 61 The address of the court is 330 West Broadway, San Diego, CA 92101

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE.

The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120).

If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One copy of the Order Granting the Petition will be mailed to the petitioner.

To change a name on a legal document, including a birth certificate, social security card, driver license, passport, and other identification, a certified copy of Decree Changing Name (JC Form #NC-130) or Decree Changing Name and Order Recognizing Change of Gender and for Issuance of New Birth Certificate (JC Form #NC-230) may be required. Contact the agency(ies) who issue the legal document that needs to be changed, to determine if a certified copy is required.

A certified copy of Decree Changing Name (JC Form #NC-130) or Decree Changing Name and Order Recognizing Change of Gender and for Issuance of New Birth Certificate (JC Form #NC-230) may be obtained from the Civil Business Office for a fee. Petitioners who are seeking a change of name under the Safe at Home program may contact the assigned department for information on obtaining certified copies.

If all requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions.

If a timely objection is filed, the court will set a remote hearing date and contact the parties by mail with further directions. A RESPONDENT OBJECTING TO THE

A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified date. The court will notify the parties by mail of a future remote hearing date. Date: JAN 12, 2024 Signed: Maureen F. Hallahan, Judge of the Superior Court. LEGAL: 6396

LEGAL: 6396 PUBLISHED: January 18, 25, February 1, 8, 2024

Judgement

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case Number: 37-2023-00044491-CU-PT-CTL TO ALL INTERESTED PERSONS

> Petitioner: SARAH ELIZABETH HEDGES Present Name: SARAH ELIZABETH HEDGES Proposed Name: SARAH ELIZABETH OROZCO

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.*

NOTICE OF HEARING

Date: January 30, 2024 Time: 8:30 AM Dept: 61 The address of the court is 330 West Broad-

way, San Diego, CA 92101

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE.

The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120).

If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One copy of the Order Granting the Petition will be mailed to the petitioner.

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If all requirements have not been met as of the date specified, the court will mail the petitioner a written order with further directions.

If a timely objection is filed, the court will set a remote hearing date and contact the parties by mail with further directions.

A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified date. The court will notify the parties by mail of a future remote hearing date. Date: November 29, 2023 Signed: Peter F.

Murray, Judge of the Superior Court. LEGAL: 6380

PUBLISHED: January 4, 11, 18, 25, 2024

CLASSIFIEDS

Business Services

This is a notification of a new photo booth business called "Hellow Photo"

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NOTICE OF HEARING Date: 2/16/2024 Time: 8:30 am Dept: 25

The address of the court is 325 S. Melrose Dr, Vista, CA 92081 North County

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News

NO HEARING WILL OCCUR ON THE DATE SPECIFIED IN THE ORDER TO SHOW CAUSE.

The court will review the documents filed as of the date specified on the Order to Show Cause for Change of Name (JC Form #NC-120).

If all requirements for a name change have been met as of the date specified, and no timely written objection has been received (required at least two court days before the date specified), the Petition for Change of Name (JC Form #NC-100) will be granted without a hearing. One copy of the Order Granting the Petition will be mailed to the petitioner.

To change a name on a legal document, including a birth certificate, social security card, driver license, passport, and other identification, a certified copy of Decree Changing Name (JC Form #NC-130) or Decree Changing Name and Order Recognizing Change of Gender and for Issuance of New Birth Certificate (JC Form #NC-230) may be required. Contact the agency(ies) who issue the legal document that needs to be changed, to determine if a certified copy is required.

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date specified, the court will mail the petitioner a written order with further directions.

If a timely objection is filed, the court will set a remote hearing date and contact the parties by mail with further directions. A RESPONDENT OBJECTING TO THE NAME

A RESPONDENT OBJECTING TO THE NAME CHANGE MUST FILE A WRITTEN OBJECTION AT LEAST TWO COURT DAYS (excluding weekends and holidays) BEFORE THE DATE SPECIFIED. Do not come to the court on the specified date. The court will notify the parties by mail of a future remote hearing date. Date: JAN - 4 2024 Signed: Brad A. Weinreb, Judge of the Superior Court.

LEGAL: 6386 PUBLISHED: January 11, 18, 25, February 1, 2024

JUDGMENT

(Uniform Parentage-Custody and Support) Case Number: 20FL010271N This matter proceeded as follows: Default or uncontested Date: 2/3/2022 Judicial officer: William Y. Wood Petitioner present: Renee Costa Attorney present: Marc A. Duxbury Respondent: Robert Hartman There is a prior judgment of parentage in a family support, juvenile or adoption case.

THE COURT FINDS

Renee Costa

Robert Hartman are the parents of the following child: Alexandra Rae Hartman Date of birth: 1/31/2019

THE COURT ORDERS

Child custody and visitation are as specified in one or more of the attached forms: Other: Court adopted FCS recommendation attached as exhibit "A"

THE COURT FURTHER ORDERS

Child support is as stated in one or more of the attached

Other: Established in FOAH dated 3/12/2021at \$200.00/mth commencing 3/1/2020 The last name of the child is changed to: Costa The birth certificate must be amended to conform to this court order by adding the following parent's name: Robert Hartman Date: JAN 04 2023 William Y. Wood, Esq. Judicial Officer Legal #: 6397

Published: January 25, February 1, 8, 15, 2024 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME File Number: 2024-9001268 Fictitious Business Name(s) To Be Abandoned: Name of Business PEDEGO CARLSBAD 2978 Carlsbad Blvd, Carlsbad, CA 92008 Mailing address: 2978 Carlsbad Blvd, Carlsbad, CA 92008 County: San Diego The fictitious business name referred to above was filed in San Diego County on 5/24/2023 and assigned File No. 2023-9011399 The fictitious business name is being aban-

doned by: Hello Fun Inc, 2978 Carlsbad Blvd, Carlsbad, CA 92008

This business is conducted by a Corporation This Corporation is registered in the state of CA

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Jan 18, 2024

> LEGAL: 6398 PUBLISHED: January 25, February 1, 8, 15, 2024

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2023-9025259 Name of Business LITIGATION SERVICES 550 W. C Street, Suite 700, San Diego, CA 92101 Mailing address: 290 W. Mt. Pleasant Ave., Livingston, NJ 07039 County: San Diego This business is registered by the following: Veritext, LLC, 290 W. Mt. Pleasant Ave., Livingston, NJ 07039 This business is conducted by a Limited Liability Company This LLC is registered in the state of Delaware Registrant first began to transact business under the fictitious name listed above as of 4/1/2023 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Dec 19, 2023 LEGAL: 6406 PUBLISHED: January 25, February 1, 8, 15, 2024

File Number: 2023-9025388

Name of Business

County: San Diego

CA 92028

CA 92592

NOTICE OF TRUSTEE'S SALE TS No. CA-23-961117-SH Order No.: 230291371-CA-VOI YOU

LEGALS

The deadline for Legal notices is Monday, noon. Email to legals@reedermedia.com.

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT

QQ BEAUTY

Mailing address: 1165 E Mission Rd, Fallbrook,

Ying Wang, 45531 Corte Narbonne, Temecula,

Registrant first began to transact business un-

THIS STATEMENT WAS FILED WITH THE

RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Dec 20, 2023

LEGAL: 6379

PUBLISHED: January 4, 11, 18, 25, 2024

FICTITIOUS BUSINESS NAME STATEMENT

ROOTED IN LOVE FARM

Mailing address: 43211 Cinco Arroyos, Fallbrook,

Melanie Villapando, 43211 Cinco Arroyos,

Registrant first began to transact business under

THIS STATEMENT WAS FILED WITH THE

RECORDER/COUNTY CLERK OF SAN DIEGO

LEGAL: 6393

PUBLISHED: January 18, 25, February 1, 8, 2024

FICTITIOUS BUSINESS NAME STATEMENT

THE PERFECT MIX MOBILE BARTENDING

SERVICES

Mailing address: 1171 Tee Street, Oceanside,

a. Julie Marie Harris, 1171 Tee Street, Oceanside,

b. Anthony Michael Harris, 1171 Tee Street,

This business is conducted by a Married Couple

Registrant first began to transact business under

the fictitious name listed above as of 1/1/2024 THIS STATEMENT WAS FILED WITH THE

RECORDER/COUNTY CLERK OF SAN DIEGO

PUBLISHED: January 18, 25,

February 1, 8, 2024

FICTITIOUS BUSINESS NAME STATEMENT

ELEMENTS OF HYPNOSIS

Mailing address: 770 Reche Way, Fallbrook,

Jessielee Hernandez, 770 Reche Way, Fallbrook,

Registrant first began to transact business under

the fictitious name listed above as of 12/28/2023 THIS STATEMENT WAS FILED WITH THE

RECORDER/COUNTY CLERK OF SAN DIEGO

PUBLISHED: January 18, 25,

February 1, 8, 2024

FICTITIOUS BUSINESS NAME STATEMENT

This business is registered by the following:

This business is conducted by an Individual

770 Reche Way, Fallbrook, CA 92028

This business is registered by the following:

43211 Cinco Arroyos, Fallbrook, CA 92028

This business is registered by the following:

This business is conducted by an Individual

the fictitious name listed above as of N/A

File Number: 2023-9025805

Name of Business

County: San Diego

Fallbrook, CA 92028

COUNTY ON Dec 28, 2023

File Number: 2024-9000729

Name of Business

County: San Diego

Oceanside, CA 92057

COUNTY ON Jan 10, 2024 LEGAL: 6394

File Number: 2024-9000097

Name of Business

County: San Diego

CA 92028

CA 92028

CA 92057

CA 92057

CA 92028

der the fictitious name listed above as of N/A

1165 E Mission Rd. Fallbrook. CA 92028

This business is registered by the following:

This business is conducted by an Individual

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2023-9025404 Name of Business

SPRAGUE REALTY 1845 Westminster Drive, Cardiff by the Sea, CA 92007

Mailing address: SAME County: San Diego This business is registered by the following: Sprague & Associates, Inc., 1845 Westminster Drive, Cardiff by the Sea, CA 92007 This business is conducted by a Corporation

This Corporation is registered in the state of California Registrant first began to transact business under the fictitious name listed above as of 03/03/2008 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTYCLERK OF SANDIEGO COUNTY ON Dec 20, 2023

LEGAL: 6381 PUBLISHED: January 11, 18, 25,

February 1, 2024

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2023-9025890 Name of Business CPR CHULA VISTA, CA

CPR CHULA VISTA, CA 1750 E Palomar St, Chula Vista, CA 91913 County: San Diego This business is registered by the following: SA Ventures Group LLC, 9811 Caminito Doha, San Diego, CA 92131

This business is conducted by a Limited Liability Company This LLC is registered in the state of CA Registrant first began to transact business under the fictitious name listed above as of 12/10/2023

the fictitious name listed above as of 12/10/2023 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 28, 2023 LEGAL: 6382

PUBLISHED: January 11, 18, 25, February 1, 2024

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2023-9023875 Name of Business

EL TORITO MEXICAN RESTAURANT 5024 Baltimore Drive, La Mesa, CA 91942 Mailing address: 11065 Knott Ave Suite A, Cypress, CA 90630 County: San Diego This business is registered by the following: FM Restaurants El Torito OPCO, LLC, 11065 Knott Ave Suite A, Cypress, CA 90630 This business is conducted by a Limited Liability

Company This LLC is registered in the state of Delaware Registrant first began to transact business under the fictitious name listed above as of 10/29/2018 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Nov 29, 2023

LEGAL: 6383 PUBLISHED: January 11, 18, 25, February 1, 2024

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2024-9000224 Name of Business

SOUTH PAW MOBILE GROOMING 7418 Rainbow Heights Rd, Fallbrook, CA 92028 County: San Diego

This business is registered by the following: Harlee Jaymes Lara, 7418 Rainbow Heights Rd, Fallbrook, CA 92028 This business is conducted by an Individual

Registrant first began to transact business under the fictitious name listed above as of N/A THIS STATEMENT WAS FILED WITH THE

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTYCLERK OF SAN DIEGO COUNTY ON Jan 04, 2024 LEGAL: 6384

PUBLISHED: January 11, 18, 25, February 1, 2024

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2023-9024701

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2024-9000965 Name of Business RICK'S HAULING & JUNK REMOVAL 2476 Laurie Lane, San Diego, CA 92105

Mailing address: 4567 Sleeping Indian Rd, Fallbrook, CA 92028 County: San Diego This business is registered by the following: Richard Ramos, 4567 Sleeping Indian Rd, Fallbrook, CA 92028

This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of 12/23/2023

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Jan 16, 2024 LEGAL: 6399

PUBLISHED: January 25, February 1, 8, 15, 2024

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2024-9001122 Name of Business

a. RANCHO SANTA FE PLUMBING INC b. RANCHO SANTA FE PLUMBING

133 Almond St, Fallbrook, CA 92028 County: San Diego This business is registered by the following: Rancho Santa Fe Plumbing Inc, 133 Almond

Rancho Santa Fe Plumbing Inc, 133 Almond St, Fallbrook, CA This business is conducted by a Corporation

This Corporation is registered in the state of CA Registrant first began to transact business under the fictitious name listed above as of 4-1-23 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Jan 17, 2024

LEGAL: 6400 PUBLISHED: January 25, February 1, 8, 15, 2024

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2024-9000960 Name of Business

SOCAL STEELWORK WELDINH AND FABRICATION

4837 Gardenia St, Oceanside, CA 92051 Mailing address: P.O. Box 4811, Oceanside, CA 92052

County: San Diego This business is registered by the following: Dylan Patrick Barnett, P.O. Box 4811, Oceanside, CA 92052

This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of 1/12/24

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Jan 16, 2024

LEGAL: 6401 PUBLISHED: January 25, February 1, 8, 15, 2024

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2024-9001240 Name of Business

JIM'S GLASS SERVICE

206 S. Shorehang Ln, Encinitas, CA 92024 Mailing address: 206 S. Shorehang Ln, Encinitas, CA 92024 County: San Diego

This business is registered by the following: James Joseph Bianchi MR, 206 S. Shorehang Ln, Encinitas, CA 92024 This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of N/A THIS STATEMENT WAS FILED WITH THE DECORDER/COUNTY OF ERK OF SAN DI-

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Jan 18, 2024 LEGAL 6402

PUBLISHED: January 25, February 1, 8, 15, 2024

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2024-9000548

CARLSBAD VACATION RENTAL

Name of Business

ARE IN DEFAULT UNDER A DEED OF TRUST DATED 5/18/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACTALAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s) advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): DEBORAH K KING AND TRACY L KING, WIFE AND HUSBAND Recorded: 6/15/2005 as Instrument No. 2005-0503851 of Official Records in the office of the Recorder of SAN DIEGO County, California; Date of Sale: 3/4/2024 at 10:00 AM Place of Sale: At the entrance to the East County Regional Center by the statue, located at 250 E. Main St., El Cajon, CA 92020 Amount of unpaid balance and other charges: \$155,758.75 The purported property address is: 160 SANTA BARBARA WAY, VISTA, CA 92083 or's Parcel No.: 164-011-46-00 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 for information regarding the trustee's sale or visit this internet website http://www.gualityloan.com, using the file number assigned to this foreclosure by the Trustee: CA-23-961117-SH. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 916-939-0772, or visit this internet website http://www.qualityloan.com, using the file number assigned to this foreclosure by the Trustee: CA-23-961117-SH to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. NOTICE TO PROSPECTIVE OWNER-OCCUPANT: Any prospective owner-occupant as defined in Section 2924m of the California Civil Code who is the last and highest bidder at the trustee's sale shall provide the required affidavit or declaration of eligibility to the auctioneer at the trustee's sale or shall have it delivered to QUALITY LOAN SERVICE CORPORATION by 5 p.m. on the next business day following the trustee's sale at the address set forth in the below signature block. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: QUALITY LOAN SERVICE CORPORATION 2763 Camino Del Rio S San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 916-939-0772 Or Login to: http://www.qualityloan.com Reinstatement Line: (866) 645-7711 Ext 5318 QUALITY LOAN SERVICE CORPORATION . TS No.: CA-23-961117-SH IDSPub #0190259 1/11/2024 1/18/2024 1/25/2024

APN: 213-190-04-21 TS No. MBRHOA-CALL-2670 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER AN ASSESSMENT LIEN RECORDED AGAINST YOUR PROPERTY BY MULBERRY AT BRESSI RANCH HOMEOWNERS ASSOCIATION. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC AUCTION. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 01/31/2024 at 10:00AM, the law offices of Wasserman Komheiser Combs LLP, as duly appointed Trustees, under and pursuant to the NOTICE OF ASSESSMENT LIEN recorded on 10/07/2022, as Document Number 2022-0392617 and the NOTICE OF DEFAULT recorded on 06/23/2023, as Document No. 2023-0165216 of Official Records in the office of the County Recorder of the County of San Diego, State of California, executed on behalf of MULBERRY AT BRESSI RANCH HOMEOWNERS ASSOCIATION, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH, (payable at the time of sale in lawful money of the United States) at the entrance to the East County Regional Center by the statue, 250 E. Main Street, El Cajon, CA 92020; all rights, title and interest conveyed now held

File Number: 2024-9000495 Name of Business

COUNTY ON Jan 03, 2024 LEGAL: 6395

a. KRAKEN BARBER TRADE & COMPANY b. UNMANIFESTED LIFE

173 Harrison St., Oceanside, CA 92057 County: San Diego

This business is registered by the following: a. Marcos Cardona, 173 Harrison St., Oceanside, CA 92057

b. Corinne Jasmine Cardona, 173 Harrison St., Oceanside, CA 92057

This business is conducted by a Married Couple Registrant first began to transact business under the fictitious name listed above as of 1/24/2019 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jan 08, 2023

LEGAL: 6388

PUBLISHED: January 18, 25, February 1, 8, 2024

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2024-9000132 Name of Business

ECLECTICOLOGY

3909 Reche Rd, Spc 72, Fallbrook, CA 92028 Mailing address: 3909 Reche Rd, Spc 72, Fallbrook, CA 92028 County: San Diego This business is registered by the following: a. Alexander John Crawford, 3909 Reche Rd, Spc 72 Fallbrook CA 92028 b. Stephanie Michelle Crawford, 3909 Reche Rd, Spc 72, Fallbrook, CA 92028 This business is conducted by a Married Couple Registrant first began to transact business under the fictitious name listed above as of 1/3/2024 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jan 03, 2023 LEGAL: 6389 PUBLISHED: January 18, 25,

February 1, 8, 2024

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2024-9000461 Name of Business

DEADPILOT 550 HANDLES 2303 Canyon Vista Drive, Fallbrook, CA 92028 Mailing address: 2303 Canyon Vista Drive, Fallbrook, CA 92028 County: San Diego This business is registered by the following: Courtney Hilborn, 2303 Canyon Vista Drive, Fallbrook, CA 92028 This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of N/A THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jan 08, 2024 LEGAL: 6390

PUBLISHED: January 18, 25, February 1, 8, 2024 Name of Business STALLGAZE 3837 Mount Ariane Drive, San Diego, CA 92111 County: San Diego This business is registered by the following: Ashley Lukas, 3837 Mount Ariane Drive, San Diego, CA 92111

Diego, CA 92111 This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of N/A THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Dec 08, 2023 LEGAL: 6385

PUBLISHED: January 11, 18, 25, February 1, 2024

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2024-9000581 Name of Business

a. NETWORK EXCHANGE GROUP b. THE NETWORK EXCHANGE 370 Spanish Spur, Fallbrook, CA 92028 Mailing address: 370 Spanish Spur, Fallbrook, CA 92028 County: San Diego This business is registered by the following: White Sage LLC, 370 Spanish Spur, Fallbrook, CA 92028 This business is conducted by a Limited Liability Company This LLC is registered in the state of California Registrant first began to transact business under the fictitious name listed above as of 05/07/2010 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jan 09, 2024 LEGAL: 6391

EEGAL: 6391 PUBLISHED: January 18, 25, February 1, 8, 2024

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2024-9000592 Name of Business

a. GLAMOUR GIRL SPORTS JEWELRY b. GLAMOUR GIRL JEWELRY 370 Spanish Spur, Fallbrook, CA 92028 Mailing address: 370 Spanish Spur, Fallbrook,

CA 92028 County: San Diego This business is registered by the following: White Sector 270 Space Sour, Following:

White Sage LLC, 370 Spanish Spur, Fallbrook, CA 92028 This business is conducted by a Limited Liability

Company This LLC is registered in the state of California Registrant first began to transact business under the fictitious name listed above as of 05/07/2010 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jan 09, 2024

LEGAL: 6392 PUBLISHED: January 18, 25, February 1, 8, 2024 3155 Falcon Dr., Carlsbad, CA 92008 County: San Diego This business is registered by the following: Lake Mead Investments LLC, P.O. Box 4635, Carlsbad, CA 92018 This business is conducted by a Limited Liability Company This LLC is registered in the state of CA Registrant first began to transact business under the fictitious name listed above as of 8/1/2023 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Jan 09, 2024 LEGAL: 6403 PUBLISHED: January 25, February 1, 8, 15, 2024 FICTITIOUS BUSINESS NAME STATEMENT File Number: 2024-9000996 Name of Business a. COLORFIX **b. COLORFIX ORTHOPEDICS** 1015 Griffin Gate Dr, Lexington, KY 40511 Mailing address: 7174 Via Mariposa Norte, Bonsall, CA 92003 County: Favette This business is registered by the following: Colorfix LLC, 7174 Via Mariposa Norte, Bonsall, CA 92003 This business is conducted by a Limited Liability Company This LLC is registered in the state of KY Registrant first began to transact busines under the fictitious name listed above as of 1/12/2024 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-EGO COUNTY ON Jan 16, 2024 LEGAL: 6404 PUBLISHED: January 25. February 1, 8, 15, 2024

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2024-9001000 Name of Business

SUPERIOR LOCKSMITH 27308 Prominence Rd, Sun City, CA 92586 Mailing address: PO Box 460006, Escondido, CA 92046

County: San Diego

This business is registered by the following: Ronald Glen Schoeneweis, PO Box 460006, Escondido, CA 92046 This business is conducted by an Individual Registrant first began to transact business

under the fictitious name listed above as of 08/30/2006 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DI-

EGO COUNTY ON Jan 16, 2024 LEGAL: 6405 PUBLISHED: January 25, February 1, 8, 15, 2024 by it by virtue of said Assessment Lien and Notice of Default in the property situated in said County, State of California, describing the land therein as: [Legal Description attached hereto as Exhibit "A"] EXHIBIT "A" Legal Description A Condominium Unit Composed of: Parcel 1 (Common Area Interest): An undivided fractional interest as tenant in common in and to the common area of Phase 2 as described on the Mulberry at Bressi Ranch Condominium Plan (the "Condominium Plan") recorded February 11, 2005, as Document No. 2005-0117224, in the Office of the County Recorded of San Diego County, California, being a portion of Lot 1 of Carlsbad Tract Map CT 03-03, in the City of Carlsbad, County of San Diego, State of California, according to Map thereof No. 14800 filed in the Office of the County Recorder of San Diego County on May 21, 2004. The undivided fractional interest hereby conveyed is the reciprocal of the number of Living Units shown on the Condominium Plan as being within Phase 2 of the Condominium Plan. Excepting therefrom all Living Units shown on the Condominium Plan. Also excepting therefrom all oil, gas, minerals, and other hydrocarbon substances lying below the surface of said land, but with no right of surface entry, as provided in deeds of record. Parcel 2 (Living Unit): Living Unit No. 71, as shown upon the Condominium Plan. Parcel 3 (Exclusive Use Areas): The exclusive right of use any exclusive use area shown on the Condominium Plan as being appurtenant to the Living Unit described in Parcel 2 above. Parcel 4 (Easement over Association Property): A non-exclusive easement for use and enjoyment of and access over the Association Property ("Association Property" is defined in the Declaration of Covenants, Conditions and Restrictions and Reservation of Easements for Mulberry at Bressi Ranch recorded on March 10, 2005, as Document No. 2005-0197712, Official Records), excepting any exclusive use area. The Easement hereby reserved, which is appurtenant to the Living Unit described above, is for access and use of the Association Property, subject to the provisions of the Declaration of Covenants, Conditions and Restrictions and Reservation of Easements for Mulberry at Bressi Ranch and the rules and regulations of the Mulberry at Bress Ranch Homeowners Association, a California Nonprofit Mutual Benefit Corporation. Parcel No.: 213-190-04-21 and COMMONLY KNOWN AS: 2670 Alameda Circle, Carlsbad, CA 92009 the owner of record of the above described real property is purported to be: JULIEANNE CALL, a Married Woman as her sole and separate property The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the amounts requested under the foresaid Assessment Lien and Notice of Default, with interest thereon, as provided in the Declaration of Covenants. Conditions and Restrictions applicable to said Association, plus fees, charges and expenses of the Trustee to wit: \$21.955.56. THIS PROPERTY IS BEING SOLD SUBJECT TO THE RIGHT OF REDEMPTION IN ACCORDANCE WITH CALIFORNIA CIVIL CODE SECTION 5715. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, it applicable, the rescheduled time and date for the sale of this property, you may call (858) 505-9500. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (916) 939-0772, or visit this internet website www.nationwideposting. com, using the file number assigned to this case TS No. MBRHOA-CALL-2670 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. For up-to-date information regarding sale dates and postponements, you can call (916) 939-0772. or visit this internet website www.nationwideposting.com, using the file number assigned to this case TS No. MBRHOA-CALL-2670. SALE CONDUCTED ON BEHALF OF MULBERRY AT BRESSI RANCH HOMEOWNERS ASSOCIATION BY: Date: 12/28/2023 BY: WASSERMAN KORNHEISER COMBS LLP 7955 Raytheon Road, Suite A San Diego, CA 92111 Phone: (858) 505-9500 CRAIG L. COMBS, TRUSTEE NPP0445136 To: VILLAGE NEWS INC 01/11/2024. 01/18/2024, 01/25/2024

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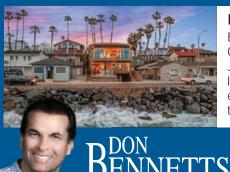


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