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Volume 23, Issue 6

Man killed while walking on Old Highway 395

City News Service  
Special to Village News

BONSALL – A man died after being found critically injured on a North County roadway late Friday, apparently a victim of a hit-and-run crash, an officer said Saturday, Feb. 2.

A passing driver noticed an unconscious man lying in the east shoulder of Old Highway 395, just south of Camino Del Rey in Bonsall, around 11 p.m. Friday, Feb. 1, and pulled over, according to California Highway Patrol Sgt. Eric Nicholas. The area is just east of Interstate 15.

The motorist, a responding CHP sergeant and paramedics from the Bonsall Fire Department all intervened to try to save the man, but he was badly hurt and died at the scene.

CHP officers believe the man was walking on the shoulder of Old

Highway 395 and was struck by a northbound vehicle just before he was found, based on his injuries and evidence at the scene, Nicholas said.

Investigators were not immediately able to identify the man, described as white and in his 50s.

Nicholas said the preliminary investigation suggested the hit-and-run vehicle was silver, and

see **KILLED**, page A-8

FUESD approves trustee redistricting map, critics vow to keep fighting

Jeff Pack  
Writer

The Fallbrook Union Elementary School District Board of Trustees voted 4-1 Monday, Feb. 4, to approve Map 103 that breaks up the Fallbrook district into five trustee districts as dictated by the California Voting Rights Act.

Trustee Caron Lieber was the lone dissenting vote.

“I feel a Latino voice on our board is invaluable,” Lieber said before the vote. “When you see someone that looks like you that has a second language, like you, you are more likely to approach that person with your concerns.”

Governing Board President Siegrid Stillman also addressed the crowd before the vote.

“I would like to thank everybody, for your time and your commitment and your obvious love for our community and for showing up and speaking in public,” Stillman said. “I want to thank everyone for the process; I think it’s been thorough.”

But critics of the map disagreed.

Supporters of the so-called Favela/Stamos/Ortiz community map, which was put in front of the board and subsequently voted down last week, said the approved Map 103 continues to violate the California Voting Rights Act and denies the members of a majority Latino district in the 2020 election.

“There is a voting rights act that has been and continues to be violated,” Leticia Maldonado-Stamos said after the Monday night meeting. “The attorney of



Stacy House addresses the Fallbrook Union Elementary School District Board of Trustees in opposition to Map 103 before the board’s vote Monday, Feb. 4.

Jeff Pack photo

record, Kevin Shenkman, emailed them this morning that Map 103 was problematic and would not fix that violation. He also offered to extend the time schedule to allow for more time for the board to work with the community to come up with a better map and plan, one that would remedy the CVRA violation.

“The board was every given chance and reason tonight to step back and reconsider, not to rush into this vote but they choose to do otherwise,” Maldonado-Stamos said.

Map 103 places each current board member – Stillman, Patty de Jong, Lisa Masten, Caron Lieber and Susan Liebes – into a separate voting districts. Masten and Stillman will be eligible for re-election in 2020.

Critics said Map 103, as it was designed, will hinder chances for a Latino candidate to have a fair chance at winning in a 2020 election.

Before the vote, Ann Woodall read from a press release issued by the Mexican-American Legal Defense and Educational Fund

that was in opposition to Map 103.

“MALDEF adamantly opposes Fallbrook Union Elementary School District’s decision to select Map 103 and urges the district not to adopt Resolution No. 15-18/19 and instead consider other districting plans,” the release said. “The plan is insufficient to remedy the California Voting Rights Act violation and may violate federal statutory and constitutional law prohibiting intentional discrimination in voting because,

see **FUESD**, page A-8

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Priests with ties to Fallbrook are listed in sexual abuse report

Jeff Pack  
Writer

A report released in a press conference Thursday, Jan. 31, by a Minnesota-based law firm described alleged sexual abuse by clergy within the Diocese of San Bernardino and included reports about two priests that spent time at St. Peter in Fallbrook.

A review of the 70-plus page report also revealed accusations and reports involving several priests attached to the church that had ties to local cities and towns in southwest Riverside County.

In all more than 80 clergy members that have been accused of sexual misconduct dating back to the 1950s were included in the report. The Jeff Anderson & Associates law firm contends that most of the claims levied against the priests were settled or weren’t dealt with in courts.

“We’re doing this because disclosing this information makes children safer and it lets those survivors who are still suffering in silence, thinking they may be alone, know that they are not alone,” attorney Mike Reck said in the press conference, which is available to view at <https://youtu.be/RcYUwwJuXrs>. “This information is information that could have and should have been shared by church officials long ago. We’re doing this because the Diocese of San Bernardino did not.”

According to the law firm, the report has several goals, leading with information dissemination.

Another goal is to “Challenge Bishop Gerald Richard Barnes to release the names of all clergy accused of sexual misconduct that have previously worked or are currently working in the Diocese of San Bernardino,” according to

the report.

The law firm also wants Bishop Gerald Richard Barnes to release the names of all clergy accused of sexual misconduct and the identities of all church officials, past and present. They said the members of the diocese were “complicit in concealing the known histories and identities from the public, parishioners and law enforcement.”

In October of last year, the Diocese of San Bernardino released a list of 34 priests who had been accused of abusing children, but this new report goes a lot further.

“Of the 84 publicly accused perpetrators named within the Anderson report, 53 of them we believe to be deceased based on the publicly available information that we have found,” Jennifer Stein, who worked on the fact gathering side of the report, said. “That leaves a remaining 31 publicly accused priests that may or may not still be ministry.”

The report contends that the data revealed “the horrifying scale of priests sexually assaulting minors from early history when the Diocese of San Bernardino was included within the Diocese of San Diego to the present day.”

The law firm said that data collected suggests patterns and practices by church officials tell the story of cover-up campaigns and transfers of priests that were known to be sexual abusers but retained trusted positions anyway.

Below is a list of those connected with the Fallbrook church and allegations of the law firm:

Monsignor Mark “Marc” “Marcel” Medaer, C.I.C.M.: In the early 2000s, a man reported to the Diocese of San Diego that

see **PRIESTS**, page A-8

Detective indicates his findings couldn’t prove McStays were killed in home



Charles “Chase” Merritt looks on as San Bernardino County Sheriff’s Department detective Sgt. Ryan Smith looks at documents on a screen during trial proceedings last week.

Jeff Pack  
Writer

The defense team for Charles “Chase” Merritt called San Bernardino County Sheriff’s Department detective Sgt. Joseph Steers Thursday, Jan. 29, to discuss his involvement in the McStay family homicide investigation.

Steers was brought into the case to investigate the investigation performed by the San Diego County Sheriff’s Department as well as the grave site location.

Merritt is accused of murdering Joseph and Summer McStay as well as the couple’s two young sons in Fallbrook in 2010 and burying their bodies in a San Bernardino desert.

The McStay family, who lived in the Lake Rancho Viejo housing development east of Interstate 15, was last seen alive Feb. 4, 2010. Relatives reported them missing a few days later.

In November 2013, the skeletal remains of the four family members were discovered in shallow graves by a motorcyclist in the Mojave Desert. Records show that all four were beaten to death, most likely with a sledgehammer. Merritt was arrested and charged with their murders roughly a year later.

During the trial, prosecutors from the San Bernardino County District Attorney’s office have maintained that Merritt killed the McStay family inside their Fallbrook home.

During questioning, Steers was asked by the defense whether or not he saw any evidence that the confirmed to him that crime happened inside the McStay house.

“In totality, I believe they did happen in the house,” Steers said.

The defense team corrected his response to the question.

see **MCSTAYS**, page A-8

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VILLAGE NEWS





# ANNOUNCEMENTS

## Newcomers to learn about fire safety



Newcomers Club program co-chairs, Wendy Allen, left, and Marie Wiseman, right, pose with the club's January guest speaker Roy Moosa.

FALLBROOK – The Fallbrook Newcomers Club's next coffee meeting will be held Thursday, Feb. 14 at 9:30 a.m. at Christ the King Lutheran Church on Stage Coach Lane. The featured speaker will be from North County Fire Protection. Members will hear how to keep safe during fire season.

The January speaker was Roy Moosa, one of the new owners of the Historic Fallbrook Theater on Main Avenue. He gave members a history of the Mission Theater from its inception in 1948 to current. He explained his plans for the theater

to have classic movies, theater, concerts, musicals, comedy and private parties. There are plans for dining as well as beer and wine. Numerous remodeling plans are underway, and a grand opening will be held soon.

Newcomers Club is a nonprofit organization for new residents of Fallbrook, Bonsall, Rainbow and DeLuz. It is a great way to meet new people and join any of the numerous activities planned by members. More information can be obtained by visiting [www.fallbrooknewcomers.com](http://www.fallbrooknewcomers.com).

## Fallbrook Wrestling Boosters invite community to fundraiser, championship match



The Fallbrook High School Wrestling Boosters invite the community to the CIF championship match and fundraiser Feb. 9.

FALLBROOK – For the first time in years, Fallbrook High is hosting the Wrestling California Interscholastic Federation Championships. The community is invited to come out and join the team for the final match of the year beginning at 7:30 a.m., Saturday, Feb. 9.

The full day of wrestling, food and community support kicks off at 7:30 a.m. with breakfast burritos followed by the start of

wrestling action on the mats at 9 a.m. Lunch will consist of nachos, cheeseburger combos, tacos and more. The concession stand will remain open until the close of the event at 6:30 p.m.

All funds raised will go toward the purchase of a new wrestling mat to replace the team's current mat, which they have used for the past 20 years.

*Submitted by Fallbrook Wrestling Booster Club.*

## BUSD seeks general waiver request

BONSALL – As part of the transition to a by-trustee area election system by the Bonsall Unified School District, the district's governing board will

hold a public hearing during a regular meeting to authorize the submission of a general waiver request to the California Department of Education to be

approved by the state Board of Education. The public hearing will be held Wednesday, Feb. 13, at 6 p.m. at the Bonsall Community Center, located at 31505 Old River

Road, in Bonsall.

*Submitted by Bonsall Unified School District.*

## Control ants the healthy way

FALLBROOK – Managing landscape and home garden pests is a challenge that faces every home gardener. In today's green-minded environment, the public is constantly searching for the safest manner to address their pest problems.

The University of California Cooperative Extension and the Healthy Garden – Healthy Home Program invited the community to attend a free workshop on controlling ants the safe and healthy way. This workshop will be held at the Fallbrook Library, 124 S. Mission Road, from 1-2:30 p.m., Saturday, Feb. 23.

The 90-minute workshop will give participants tips on how to make their home and garden less attractive to ants, what to do when ants invade their home and garden and how to make them less attractive to ants and much more. A free ant control gift will be given to the first 50 participants.

For additional information, contact Scott Parker at (858) 822-6932 or [saparker@ucanr.edu](mailto:saparker@ucanr.edu).

*Submitted by the University of California Cooperative Extension and the Healthy Garden – Healthy Home Program.*

## Fallbrook High School to hosts blood drive with San Diego Blood Bank

FALLBROOK – Fallbrook High School is hosting a blood drive in partnership with the San Diego Blood Bank Friday, Feb. 15, from 7:30 a.m. to 12:30 p.m. in their gym at 2400 S. Stage Coach Lane, in Fallbrook.

Anyone 17 and older, who weighs at least 114 pounds and is in good health may be eligible to donate blood. A good meal and plenty of fluids are recommended before donation. All donors must show picture identification. Donors are encouraged to schedule an appointment to donate, but walk-ins are welcome.

To schedule an appointment or for more information, visit [www.sandiegobloodbank.org](http://www.sandiegobloodbank.org) or call (800) 469-7322.

*Submitted by San Diego Blood Bank.*

## “The Tomato Guy” is back by popular demand

FALLBROOK – Dave Freed, “The Tomato Guy,” is considered the Orange County tomato expert. He has designed a unique self-watering system which can be easily be built at home. This system has produced 50 pounds of tomatoes from just one plant. In addition, Freed will explain how watering, temperature, mulching, pollination and fertilizing play a role in producing a delicious, juicy tomato.

The Fallbrook Garden Club has invited Freed back this year to speak at the club's general meeting Tuesday, Feb. 26, at the Fallbrook Community Center, 341 Heald Lane. Members and guests will learn new techniques relating to tomatoes to implement in their gardens as the growing season begins. Social time and refreshments are at 12:30 p.m.; business meeting is at 1 p.m. with the program starting at 2 p.m. The public is welcome.

Fallbrook Garden Club's 2019 Garden Tour and Plant Sale starts May 4, at the Historical Society, 260 Rocky Crest, in Fallbrook where tickets are exchanged for maps and visitors can purchase a variety of plants. Guests can tour seven beautiful home gardens in the Fallbrook area. Gates open at 8:30 a.m. Gardens open 9 a.m. to 3 p.m. Tickets go on sale March 1, at the Fallbrook Chamber of Commerce, Major Market and [www.BrownPaperTicket.com](http://www.BrownPaperTicket.com). The cost is \$20 in advance or \$25 the day of the tour. Proceeds will benefit the club's scholarship funds and numerous community projects. For further information relating to the club and its activities, visit [www.fallbrookgardenclub.org](http://www.fallbrookgardenclub.org).

*Submitted by Fallbrook Garden Club.*



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LOCAL

‘Art of the Avocado’ competition is calling for entries



“Thou Shalt not Steal” by Victoria Huff of Fallbrook is the winner of the 2018 George Bamber Memorial Award and People’s Choice Award.

FALLBROOK – The Art of the Avocado Competition, part of Fallbrook’s annual Avocado Festival, is now “calling for entries” thanks to the generous sponsorship of Fallbrook Propane Gas Company. This is the 14th year of the popular competition.

Any artistic medium may be submitted – the only restriction is that an “avocado” must be easily identifiable in all pieces.

There are three categories. The 2D and 3D winners will be awarded cash prizes in each: first place – \$300, second place – \$200 and third place – \$100.

The photography category is limited to the first 10 registered entries – one entry per artist, with one cash prize – \$100. The Fallbrook Chamber of Commerce will award a prize for their “Chamber Pick,” and the winner of this award will be invited to design the 2020 Avocado Festival logo.

Additional cash prize awards are Honorary Mayor Award, Avocado Chairman Award, Brandon Gallery Director’s Award, Holy Guacamoly Award, Merrill Everett Memorial Award and the George Bamber Memorial Award. Awards will be presented at a private reception.

Entries should be delivered to

Brandon Gallery, Friday, March 29, and Saturday, March 30. No entries will be accepted after March 30.

The entries in the Art of the Avocado competition will be on

display at Brandon Gallery, 105 North Main Avenue, from April 2-26, including the day of the Avocado Festival, April 14. the “People’s Choice Award” can be voted on during the month of April at Brandon Gallery and the day of the Avocado Festival until 4 p.m. Winner of the People’s Choice Award will be notified that evening.

To register, contact Anita Kimzey, cell (714) 222-2462 or home (760) 731-0277 or email [register@fallbrookchamberofcommerce.org](mailto:register@fallbrookchamberofcommerce.org).

Rules and entry form can be picked up at Fallbrook Propane Gas Company, Chamber of Commerce office, Brandon Gallery, and it can also be downloaded from the Fallbrook Chamber of Commerce website at [www.fallbrookchamberofcommerce.org](http://www.fallbrookchamberofcommerce.org).

Submitted Anita Kimzey and Fallbrook Propane Gas Company.



“The Lady of Guacamole” by Denise Gillan of Fallbrook is the winner of the 2018 Merrill Everett Memorial Award. Courtesy photos

Dealing with unsightly dump sites can be tricky

Jeff Pack  
Writer

Michael Varga said he drives by a pile of trash and abandoned trash cans every day on the corner of Rainbow Way and Camino Rainbow in Rainbow.

He said the pile continued to grow, which caused him to contact the County of San Diego as well as the San Diego County Sheriff’s Department to find out what could be done about it.

When he hit a dead end with the two departments, he emailed the Village News.

“I contacted the county who told me that since this was most likely not HazMat, it will take up to a year to clean up,” Varga said in his email. “Until then, we have a sanitation and fire hazard. I called the sheriff, but they cannot do anything unless I personally prove who is dumping.”

After driving by to check out the dump pile, a call was made by the Village News to Gig Conaughton, San Diego County communications specialist, for some input on the situation.

Conaughton said the county is working on removing the pile with the Planning and Development Services Code Compliance taking the lead.

He said the county first received a complaint Jan. 7, and inspectors visited the site and contacted the property owner after the inspection.

Conaughton said the property owner told inspectors that the pile would be picked up by EDCO as part of its weekly trash pickup.

He said inspectors came back Jan. 18 and Jan. 24 and noted that the trash was still there, prompting code compliance officers to contact the property owner again, instructing them to remove the trash.

Conaughton said after a visit Friday, Feb. 1, code compliance investigators issued an

Administrative Warning ordering the property owner to remove the trash. He said if the trash isn’t gone by Feb. 15, the county could levy additional enforcement actions.

But even then, there’s no guarantee the trash will get picked up.

Conaughton said dealing with trash dump sites, especially in rural areas like Rainbow, is a little bit tricky because it depends on where the trash dumping is happening.

He said if the trash being dumped is found along the road within the road’s right of way, the county’s Department of Public Works road crews would handle removing the trash.

But, he said, if the trash is on private property, then the county’s codes compliance department investigates and works with the property owner to get the problem fixed.

Such is the case with the Rainbow Way and Camino Rainbow trash pile.

Conaughton said the best option for residents who locate a dump site that they think is illegal is to contact the county. He said the best way to do that is to use the county’s Tell Us Now! app.

The county said all residents have to do is “Snap a quick picture and add some text on your smartphone and send.”

In the county’s press release on the app, users can choose one of the four categories currently available, and continue to the specific issue. Touch the camera icon, snap a photo or video, fill out the question fields, add contact info and hit submit.

The app is available in the app stores for iPhone and Android smartphones.

Conaughton said residents can also contact code compliance by emailing [PDS.CodeCompliance@sdcounty.ca.gov](mailto:PDS.CodeCompliance@sdcounty.ca.gov).

Jeff Pack can be contacted at [jpack@reedermedia.com](mailto:jpack@reedermedia.com).

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OPINION

The truth about Proposition 13

Recently, our Assemblymember said that Proposition 13 protections would be “weakened” by what she coins in partisan terms as “split roll” proposals. I am disheartened when elected officials phrase facts in such partisan terms and leave our community confused about true facts. Follow the money and you find the basis for partisanship. Here is the truth.

The name of the constitutional amendment is the “Make it Fair” plan and here’s why. Make It Fair will close the millionaire, billionaire and big corporation tax loophole by requiring all commercial and industrial properties to be assessed at fair

market value, putting California on par with how the vast majority of the country assesses these properties.

Make It Fair will guarantee existing protections for all residential property and agricultural land. Make it Fair would not affect the group that was intended to be protected by Proposition 13, that is, homeowners. Most importantly to our communities and families, Make It Fair will restore over \$9 billion a year for services that all Californians rely on. Roughly half of the new revenues, \$3.6 billion funding for public education including community colleges. Moreover, health care can be

made whole and local funding for essential services can be brought to our community, such as, funding for transportation, affordable housing, libraries, supporting public wildfire mitigation efforts for our firefighters and finding real homeless solutions.

Make it Fair does not harm entrepreneurship nor “drive out more businesses and jobs” in California. California’s commercial property taxes will still be among the lowest in the country because of Proposition 13’s limits on property tax rates, which Make It Fair does not change. Make It Fair also benefits small businesses in three ways: it exempts owner-

operated small businesses from reassessment until they are sold, it levels the playing field so small businesses can compete more fairly with big corporations and it reduces their taxes by eliminating the property tax on fixtures and equipment, which is the business personal property tax, for all small businesses.

Make It Fair is common-sense reform – it puts California on par with how the vast majority of states treat commercial property by assessing them at fair market value. Make It Fair only affects undervalued commercial properties, creating a level playing field for those businesses that

already pay their fair share. And California’s commercial property taxes will still be among the lowest in the country because of Proposition 13’s cap on tax rates, which Make It Fair does not change. Corporations like Chevron are reaping billions of dollars per year off the property tax code to the detriment of our communities. It’s time for these corporations pay their fair share and not use their funded politicians as a mouthpiece.

Alan Geraci  
Consumer attorney and ex officio candidate for the 75th Assembly District

Here in our idyllic town of Fallbrook two incidents made the news lately

In the first, a numbskull started a panic by shooting a pistol in the air. Confronted by San Diego Sheriff’s deputies and ordered to drop the weapon, he turned and pointed his handgun at the deputies. Sheriff No. 1 immediately fired his service weapon and hit the scumbag four

times. He lived, and now will become an extra burden on the beleaguered taxpayers.

The second incident was a stakeout by a lone deputy surveilling an area where a nutjob was attacking cars with a baseball bat. The deputy was

staked out watching the area under surveillance. Suddenly. the perp appeared, swinging a baseball bat and smashing windows in the deputy’s car. He was shot four times at pretty much, close range. It stopped the attack but didn’t kill the perp.

Now, my question for the sheriff of San Diego County is: what kind of pea-shooter are your deputies armed with? A 1911 Colt .45 would have, with one shot, ended the attack with the death of the perp.

I know the Colt .45 has been

deemed obsolete but if I was a cop and mandated to carry a half-baked weapon like these guys, I can tell you that the .45 would be my go-to backup.

Thomas G. Johnson

Developmental Disabilities Deserve Funding



Assemblymember Marie Waldron  
AD-75 (R)

California has been transitioning from residential to community-based care for people with developmental disabilities, with the state expecting to see substantial cost savings. While Gov. Gavin Newsom’s budget proposal diverts that money to pay for other state programs, myself and other legislators want to provide a secure source of funding for some of the most vulnerable people in the state. We are calling on the governor to support Californians with developmental disabilities and their caregivers by permanently dedicating savings from the closure of developmental centers to increase pay for service providers.

Newsom’s first budget proposal

would provide caregivers for Californians with developmental disabilities a minimal funding increase, while counting \$21.6 million in “savings” from the closure of developmental centers. With a statewide surplus of more than \$21 billion, there is something seriously wrong with the state’s priorities if we can’t find room in the budget to care for this vulnerable population.

Locally based agencies caring for the developmentally disabled operate throughout the state. But due to the state’s low level of funding, these agencies are often forced to operate on a shoestring budget, which is seriously impacting their ability to continue providing care for

California’s developmentally disabled population.

The state’s developmental centers have been serving the needs of the developmentally disabled for well over 100 years. With this long history, I have joined my colleagues to support directing savings generated by the centers’ closure toward programs that continue to care for these vulnerable Californians.

Assembly Republican Leader Marie Waldron, R-Escondido, represents the 75th Assembly District in the California Legislature, which includes the communities of Bonsall, Escondido, Fallbrook, Hidden Meadows, Pala, Palomar Mountain, Pauma

Valley, Rainbow, San Marcos, Temecula, Valley Center and Vista.

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EDUCATION

Helping children with the death of a pet

American Counseling Association

A child’s first experience with death is often the loss of a pet. This can be a traumatic experience, but it’s also a time to learn to cope with the grief and pain that comes with losing someone who brought them love and happiness.

Some parents try to spare their child by not talking about the pet’s death or by not honestly dealing with what has happened. Pretending that the animal ran away, or “went to sleep” can make a child feel even more confused, frightened and betrayed when the truth is finally learned. It’s better to tell the truth and provide opportunities to grieve.

If the decision is euthanasia for the pet, explain the process and why it’s necessary. Help them understand that the pet is suffering and that this is a way to stop the pain. Explain that the process is quick and painless, and being done for the right reasons.

And make sure your child

understands that it’s okay to feel sad, but that there’s no reason to feel guilty, thinking it’s their fault that the pet has to be put to sleep.

If the decision is for euthanasia, give your child the opportunity to spend some personal time with the pet and say goodbye in their own special way.

After a pet’s death, children should be allowed to grieve. Let your children see that you, too, are sad over the pet’s death. If don’t feel the sense of loss as strongly as your children, respect their grief and allow them to express their feelings openly. Don’t make them feel guilty or ashamed about their sadness.

Grief doesn’t have a time limit. For children, as for adults, it’s a personal thing. However, some special activities can help soften the grieving process. Holding a funeral or a memorial service for the deceased pet can allow children to openly express feelings and help process the loss. You may also want to give the child a chance to create a

memorial of the pet, such as a special photograph.

And don’t rush out and get a “replacement” pet. Doing so doesn’t allow a child to grieve the loss being felt, and can teach that even something like death can be overcome by buying a replacement.

Losing a beloved pet is always difficult. Allow and help your

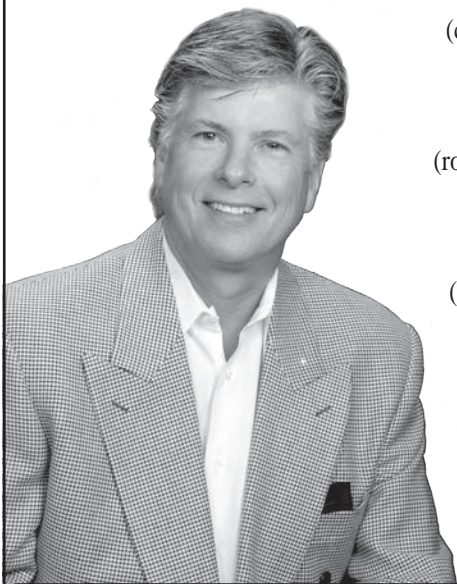
children to process that loss and learn to cope with this certainty of life.

“Counseling Corner” is provided by the American Counseling Association. Comments and questions to ACAcorner@ counseling.org or visit www. counseling.org.

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Angel Society scholarship applications available

FALLBROOK – The Angel Society of Fallbrook offers scholarships to graduating high school students residing in the Fallbrook and Bonsall area.

The scholarship committee makes selections based on school and community service, as well as financial need. Applicants are asked to write a short personal essay, submit two letters of recommendation and high school transcripts. Complete information and applications are available at www.theangelsociety.org.

Questions can be directed to

the philanthropy chairman by emailing angelociety32@gmail.com. The deadline is Feb. 28, and the recipients will be recognized in May.

The Angel Thrift Shop, located at 1002 S. Main, is owned and operated by the Angel Society. Hours of operation are Monday through Saturday from 10 a.m. to 3 p.m. Community members can support the organization with gently used items that are accepted Monday through Saturday from 10 a.m. to 2 p.m.

Submitted by the Angel Society of Fallbrook.

Hodgkin Sr. named to University of Maine at Presque Isle fall dean’s list

PRESQUE ISLE, Maine – Justin Michael Hodgkin Sr. of Fallbrook was one of 291 students at the University of Maine at Presque Isle named to the dean’s list for

the fall semester, according to Dr. Ray Rice, university president and provost.

Submitted by University of Maine at Presque Isle.

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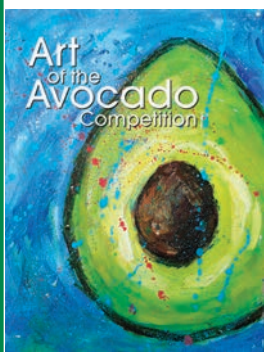
Do you want to be a vendor or exhibitor at the 2019 Fallbrook Avocado Festival? Sign up before it's too late!

Many don't realize that our annual downtown Avocado Festival is largely booked up by December. If you would like to sign on as a vendor or exhibitor, now is the time, before it's too late!

Kennedy and Associates, located in Vista, manage all of

the booth/exhibitor bookings, and it's easy to download the application from their website: [www.kennedyfares.com](http://www.kennedyfares.com)

For more information on participating as a vendor or exhibitor at the 33rd Annual Avocado Festival, please call Kennedy & Associates at 760-945-9288.



## Art of the Avocado Competition Begins

Now in its fourteenth year, the Art of the Avocado Competition, an extension of the Avocado Festival, is now officially underway. All entries will be on display during the entire month of April. Entries will be accepted in three categories this year:

2-Dimensional, 3-Dimensional and Photography. Judging will take place at a private reception at Brandon Gallery by a panel of judges selected from the community. Awards will be announced at that time, and presented at the Avocado Festival on April 14 at 4 pm. For more information on the competition, contact Anita Kimzey at 760-731-0277 or via e-mail at: [register@fallbrookchamberofcommerce.org](mailto:register@fallbrookchamberofcommerce.org).

## Business Expo Booth Winners



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## 2019 Fallbrook Avocado Festival

April 14, 2019

Before you know it, Main Street will be transformed into the 33rd Annual Avocado Festival once again. Planning has now begun for the community's largest event, which will take place on Sunday, April 14, open from 9 am to 5 pm.

This year's Festival image was designed by local artist Annie Youngblood, whose creation was chosen during last year's Art of the Avocado competition by the Chamber staff as this year's inspiration for the 2019 image.

Mark your calendars and plan to visit early in the day for the best bargains. Keep an eye on our website as the event draws closer for more information. Just click the Avocado Festival button on the home page to check out all the fun activities taking place that day! Sponsorship opportunities are also available.

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Thursday, February 14  
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The Fallbrook Chamber of Commerce will be closed on Monday, February 18, in observance of the Presidents Day holiday.



Information on this page is provided by the Fallbrook Chamber of Commerce.

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## FUESD

from page A-1

in order to protect incumbents, the plan delays the election of the only Latino-majority district, District 1, until 2022, and includes a weak Latino-majority district.”

The Village News reached out to the FUESD board for comments regarding the criticisms of Map 103 and received responses from attorney Daniel Shinoff on behalf of the board.

“The map selected, which is based upon broad community input, includes a majority Latino influenced district very reflective of Fallbrook’s demographic,” Shinoff said. “The needs of all FUESD students have always been at the center of the board’s decisions and will continue to be in the future.”

He said three maps were initially constructed by a professional demographer and were based on legal criteria and board community input. The Favela/Stamos/Ortiz map was submitted at a later date and was considered.

Shinoff responded to criticisms that centered around the map being designed to manipulate future elections by placing each sitting trustee in their own unique district.

“Each currently seated governing board member was elected by voters in Fallbrook,” Shinoff said. “Respecting the will of Fallbrook’s voters in recent governing board elections by maintaining continuity in elective office is an important, common and legally defensible consideration when creating maps based upon

community input.”

Maldonado-Stamos reflected on the FUESD vote after rushing over to a Fallbrook Union High School District Special Meeting, which was held as an informational overview of the draft trustee area boundary maps.

“I am proud of Caron Lieber,” she said. “She is the only one with the backbone to speak the truth. And she will probably pay a price for that with the other four plus the administration. I am disappointed in the rest but not surprised and that is probably even more disappointing.”

Ricardo Favela was also disappointed in the FUESD’s vote.

“We still had some hope there would be some reconsideration, but knowing how they signaled this vote would happen, it was to be expected,” Favela said. “It’s disappointing (because of) how important it is for this process to be accessible to our community as soon as possible because it really opens up the possibility of improved civic engagement.

“So, that process gets a back seat, which is never good for communities to be given the back seat on the bus,” Favela said.

The next step is to continue to push against the map when it comes before the San Diego County Board of Education.

“(Approval of the map) becomes formalized by the elementary school board Feb. 11 with a resolution,” Tom Frew said. “We will probably have a community meeting with the San Diego County Board of Education in Fallbrook, and the elementary school board will be out of it.”



FUESD school board trustee Caron Lieber, center, addresses the board and

Jeff Pack photo



FUESD Governing Board President Siegrid Stillman, center, thanks the board and members of the community for their input and activism on the issue.

## KILLED

from page A-1

it’s believed to have minor-to-moderate front-end damage, especially to one of both of its headlamps.

The CHP asked anyone with information on the crash to contact the Oceanside area office at (760) 643-3400 during business hours, or (858) 637-3800 after-hours.

## PRIESTS

from page A-1

he had been sexually abused as a child in 1982 by Medaer while he was working at Our Lady of Guadalupe in Calexico. Medaer spent 1984-1992 at St. Peter Church in Fallbrook and 1992 at Alpine Rainbow Conservation Camp in Fallbrook before retiring and dying in 1993.

Monsignor Gregory Sierra Sheridan: Sheridan was ordained

in Spain in 1935. In 2006, a woman accused Sheridan of sexually abusing her in 1969 when she was 8 years old. Sheridan was at St. Peter Church in Fallbrook from 1971 to 1983. Sheridan’s whereabouts and whether he had access to children from 1983 to his death in 1991 are unknown.

The list of priests connected with southwest Riverside County churches and allegations of the law firm:

The Rev. Daniel De Dominicis, C.S.Sp.: Dominicis was accused of sexually abusing a child in approximately 1975 to 1985. The diocese learned of the allegation in 1994, but the allegations were not reported to the police until 2002. From 1977-1979 he was placed at Our Lady of the Valley in Hemet.

The Rev. James Creation: In 2010, as part of a settlement with survivors of clergy sexual abuse, the Diocese of San Diego released Creation’s personnel file. His last known location was St. Anthony in San Jacinto from 1956 to 1964. He died in 1964.

The Rev. Jesus Dominguez: According to the Diocese of San Bernardino, the Diocese was aware of allegations involving Dominguez as early as 1988 and purportedly removed him from ministry in 1993.

In 2005, Dominguez was criminally charged in connection with his sexual abuse of two minors at Our Lady of Soledad Church in Coachella and St. James Church in 1988 in Perris. Shortly after being charged in 2005, Dominguez reportedly fled to Mexico and has remained a fugitive since.

The Rev. James A. Ganahl: Ganahl was accused of abusing four girls from approximately 1961 to 1963 in San Bernardino and has been named in at least one civil lawsuit. He spent 1982-1987 at St. Catherine’s in Temecula. He retired in 2005 and died in 2010.

The Rev. Rudi Gil, O.Ss.T.: In 1993, Gil was accused of sexually abusing a child. He resigned from his parish assignment at St. Frances of Rome Catholic Church in Lake Elsinore and was sent to Servants of the Paraclete, an institution known for treating priests accused of child sexual abuse. During counseling, Gil allegedly admitted that he had sexually abused a child. It was not until 2002 that the allegations were reported to law enforcement. According to the diocese, Gil has been removed from the priesthood. He was at St. Frances of Rome Church in Lake Elsinore from 1990

to 1993.

The Rev. Louis G. Perreault, C.S.Sp.: Perreault was accused of sexually abusing a minor from approximately 1990 to 1992. at Our Lady of the Valley in Hemet. Perreault was permanently banned from ministry in the Diocese and retired without faculties. Perreault also spent two years at Holy Ghost Fathers in Hemet from 1998-2000.

The Rev. Ponciano M. Ramos, S.V.D.: Ramos was accused of sexually abusing three boys at St. Rita Catholic School in Indianapolis, Indiana. He eventually pleaded “guilty” to criminal charges of child sexual abuse and was sentenced to an 18-month suspended sentence and 15 months of probation. He was removed from ministry in 2002. Less than a year later, in 2003, Diocese of San Bernardino Bishop Gerald Barnes and the Diocesan Review Committee unanimously agreed that Ramos should be brought back to active ministry. He spent 1998 at St. Martha’s in Murrieta.

The entirety of the report can be viewed at [www.andersonadvocates.com](http://www.andersonadvocates.com).

Jeff Pack can be reached at [jpack@redermedia.com](mailto:jpack@redermedia.com).



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**MCSTAYS**  
from page A-1

“That’s not my question, sir, I didn’t ask you what you believe,” the defense said. “I said did you see any evidence that showed you that the crime happened in that house.”

“No,” Steers responded.

“But you believe it did?” the defense attorney asked.

“Yes,” Steers said.

The prosecution then called Dr.

Diana Wright, a forensic examiner in the FBI laboratory in Quantico, Virginia.

Wright received several samples from investigators surrounding paint samples attached to items gathered from alleged crime scenes.

“My overall conclusion was that it was inconclusive,” Wright said.

“So, if I understand you correctly, there was enough similarities between the two, but, based upon your research into that, the environment or cleaning supplies

can have an impact on the samples that you observed?” the prosecution asked.

“Yes,” Wright responded.



San Bernardino County Sheriff’s Department homicide detective Sgt. Ryan Smith testified Jan. 29 and again Jan. 31.

Smith testified about car keys, house keys and tire tread associated with the investigation.

Carmen Garcia, an employee of Metro Sheet Metal, testified Jan. 31 about the relationships between Metro Sheet Metal, Merritt and Joseph McStay in dealings regarding McStay’s Earth Inspired Products.


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She also testified that she became “quite uncomfortable” being around Merritt while in the shop.

Also Jan. 31, T-Mobile’s Michael Bosillo, a custodian of records testifier, testified about cellphone records regarding Merritt’s cellular activity Feb. 4, the day prosecutors have said the McStay family went missing.

AT&T Compliance Analyst David Lipnitzky also testified about phone records and cell tower data.

Much of the trial over the course of the past week has been going over the details and findings of investigators and supporting documents. Court was not in session Feb. 4-5 and was expected to return to session Wednesday, Feb. 6.

Jurors traveled to the high desert last week to view the shallow grave site of the McStay family, but San Bernardino County Superior Court Judge Michael A. Smith would not permit members of the public and media at the visit.

Jeff Pack can be contacted at [jpack@redermedia.com](mailto:jpack@redermedia.com).



# “What’s Worrying You?”



**Dr. Rick Koole**  
Life Pointe Church

Vance Haver reminded us of the uselessness of worry when he famously wrote, “Worry, like a rocking chair, will give you something to do, but it won’t get you anywhere.”

Are you struggling with worry? Worry can ambush us in so many different ways. You hear a strange noise in the engine of your car and immediately you fear the worse. Or you watch the stock market’s wild swings and worry that you won’t have enough for retirement.

Or it could be that every time you begin to experience some unusual pain, you start to worry that you have cancer. Or no matter the age of your children, you continue to worry about their health and well-being. Or you may worry what other people may think about you.

I believe time spent worrying is time wasted.

“Worry is wasting today’s time, to clutter up tomorrow’s opportunities, with yesterday’s troubles.”

Consider the following facts about worry:

Worry can damage every area of your life.

Physicians caution people regarding the collateral damage of worry. It can lead to depression, high blood pressure, impotence, insomnia, migraines and a host of other aches and pains.

Worry can also lead to an unpleasant social life. Other people don’t want to spend much time with those continually gloomy due to worry.

And there are the spiritual consequences of worry. God tells us to trust him, and worry is a sign of a serious lack of trust in God’s care.

Problems are fixed by action, not worry.

In college I heard a clever, but wise, little saying. It continues to remind me that problems and tasks are usually solved one baby step at a time. When facing a big problem or task you should, “Stop standing staring up the steps and start stepping up the stairs.” In other words, action is the cure for worry. Make a plan and get started regardless of how small the first steps.

Getting started is the most difficult part; 90 percent of success is getting started.

Worry can sap your strength and weaken your faith.

Corrie ten Boom faced struggles that must have tempted her to worry, but she refused to worry.

She realized that all worrying would give her would be a loss of strength. She summed it up by writing, “Worry does not empty tomorrow of its sorrow; but it empties today of its strength.” Don’t let worry steal your strength.

In the 19th century, George Mueller was known for his passion to care for thousands of children through the orphanages he founded. Despite the large need for gifts to support his ministry, he refused to do two things; first, he refused to ask for money, and two, he refused to worry. When asked why he never worried, he replied, “The beginning of worry is the end of faith. The beginning of true faith is the end of worry.”

Count your blessing, not your worries.

There is a verse in the Bible that encourages me whenever I’m tempted to worry. In it God reminds us, “Don’t worry about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God,” Philippians 4:6. In other words, God encourages us to bring our worries and concerns to him in prayer.

Here’s a challenge for you in 2019. Determine to spend more time counting your blessings – you may be surprised how many you have – and less time worrying about things over which you have no control.


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# Spelling Bee reveals top spellers



Potter Jr. High School Spelling Bee winners are, from left, Nathan Fang in third place, Simon Sneed in first place and Tatum Gillihan in second place. The contest was held Jan. 29.



Simon Sneed reacts after winning first place in the Potter Jr. High School Spelling Bee. He will go on to compete in the San Diego County Spelling Bee. Shane Gibson photos



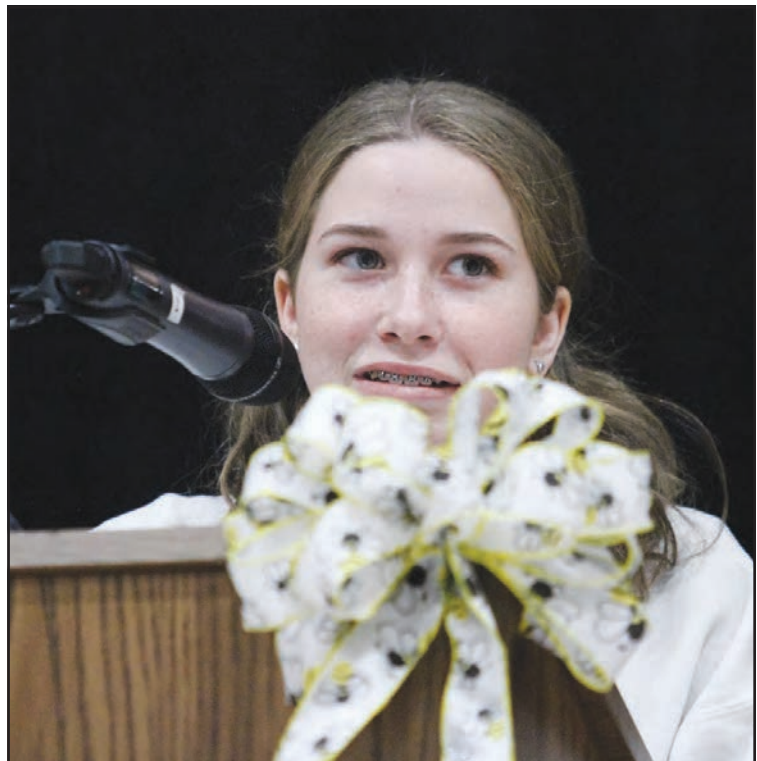
Potter Jr. High School student Tatum Gillihan spells her word at the podium during the school's annual spelling bee. She finished in second place.



Ryan Skaja writes down his word before spelling it for judges at the Potter Jr. High School Spelling Bee, Jan. 29.



Judges provide words, definitions, words in a sentence and origin for students participating in the Potter Jr. High School Spelling Bee.



Potter Jr. High School student Gianna Breese spells her word in the school's annual spelling bee.



Potter Jr. High School Spelling Bee participants wait their turn to spell words onstage in Bowers Auditorium.



Potter Jr. High School students participate in the school's annual spelling bee.



HEALTH

# Investigating deaths: What it takes to be a forensic pathologist

**Yvette Urrea Moe**  
County of San Diego  
Communications Office

If someone’s exposure to forensic pathology is only from what they see in TV crime shows, they may think it’s purely a tool for solving criminal cases. But the science behind determining a cause of death has tremendous value at a personal level for those who have lost a family member and for society as a gauge of public health and safety. San Diego County Chief Deputy Medical Examiner Steven Campman said the field is an opportunity to do extremely interesting work and make significant contributions that could include diagnosing something that might save lives.

Yet, he said the San Diego County Medical Examiner’s Office has seen fewer candidates for their forensic pathology fellowship program, as have training programs around the country, and he is concerned having enough forensic pathologists could be a problem in the future.

Campman said he knew he wanted to go into his field when he was in high school, and 35 years later he continues to find his career satisfying.

“We figure things out. It’s challenging work and hugely

important for all kinds of reasons. We provide answers for families and for the public’s safety at times,” Campman said. “We provide objective documentation of what’s happened, maybe for use in court and in the bigger picture for the public good.”

Forensic pathologists are doctors who specialize in the study of injuries and sudden deaths. This study is done by examining medical evidence, usually by performing autopsies, to determine the cause of death, as well as evaluating the person’s medical, mental and behavioral history, as well as law enforcement investigative information to determine a manner of death and document how the person sustained injuries.

A medical examiner is a forensic pathologist who works for a legal jurisdiction such as a county or state.

A pathologist may do this work only in the autopsy room, or if requested, by also going out in the field. It often means talking with friends or family of the person to better understand the circumstances and history.

Leslie Anderson, a forensic pathology fellow, started working at the San Diego County Medical Examiner’s Office in July. She is originally from Canada, where she obtained her degree and did

her residency. When it came time to apply for her final year of subspecialty training, she chose San Diego because the program is fully accredited by the National Association of Medical Examiners.

Besides sunnier and milder weather, Anderson said she was also looking for a change to expand her training. She pointed out that there are “different types of deaths, different social issues and different drugs” in San Diego. Indeed, she has handled “really amazing diverse cases,” including gunshot wounds, drownings and scuba deaths, which are not as common in Canada.

“They have a really strong program here. The facilities are newer, and they have toxicology on-site here. I know I’m going to get excellent training,” Anderson said. “It’s been an excellent experience so far.”

She said she became interested in this field because as a child she would watch murder mystery shows with her parents, and she was always fascinated with how examining a victim could help solve crimes. Anderson sees her work as falling “at the intersection of medicine and the criminal justice system.” She also spoke of the preventative role it can play in public health and trends, as well as the healing impact on individual families.



Forensic pathology doctors Steven Campman and Leslie Anderson consult on a case at the San Diego County Medical Examiner’s Office. Courtesy photo

solutions to prevent or reduce those deaths, Campman said.

To become a forensic pathologist, people need to obtain a four-year college degree and a four-year-program medical degree. During medical school, everyone receives general medical training including working with patients under supervision, baby delivery, internal medicine, pediatrics and surgery. Campman said this training allows students to see what is right for them. If after that, they are interested in specializing in pathology, they must complete a residency of 4-5 years at a hospital and another year of subspecialty training in forensic pathology, Campman said. The county offers a fellowship for forensic pathology at the Medical Examiner’s Office, he said.

Currently, two San Diego County deputy medical examiners are former fellows of the office, Campman said.

Certainly, it is not a career for everyone. For all the intriguing, enthralling and rewarding work, there will also be times when they may see disturbing deaths or hear about difficult circumstances, and they will talk to angry grieving family members on occasion. While there will always be some difficulties, Campman always said that he remembers his work can bring solace and understanding to grieving families.


In addition to formal training, Campman said forensic pathologists must have objectivity, a background understanding of people in general, some knowledge about grief and the ability to talk to people in an understanding and thoughtful manner, Campman said.

“People do go into forensic pathology for all kinds of different reasons,” Campman said. “There are people like me that went into it on purpose because of how interesting it seemed, but there are others that go into pathology because maybe they started off in surgery but found that they couldn’t be away from their family so much, be on call all the time and have to work in an operating room constantly, so they chose pathology as an option that might allow for a better family life.”

Visit the San Diego County Medical Examiner’s Office website to learn about available Forensic Pathology Fellowships or other positions at the Medical Examiner’s Office.

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# Early prediction of Alzheimer’s progression found in blood

**German Center For Neurodegenerative Diseases**  
*Special to Village News*

Years before symptoms of Alzheimer’s disease manifest, the brain starts changing and neurons slowly degrade. Scientists at the German Center for Neurodegenerative Diseases, or DZNE, the Hertie Institute for Clinical Brain Research, or HIH, and the University Hospital Tuebingen showed that a protein found in the blood can be used to precisely monitor disease progression long before the first clinical signs appear. This blood marker offers new possibilities for testing therapies. The study was carried out in cooperation with an international research team and published in the journal Nature Medicine.

“The fact that there is still no effective treatment for Alzheimer’s is partly because current therapies start much too late,” Mathias Jucker, a senior researcher at the DZNE’s Tuebingen site and

at the HIH, said. He headed the current study. In order to develop better treatments, scientists need reliable methods to monitor and predict the course of the disease before symptoms such as memory changes occur. A blood test is better suited for this monitoring than brain scans.

Recently, there was some progress in the development of such blood tests, the center found. Most are based on so-called amyloid proteins. In Alzheimer’s disease, amyloid proteins accumulate in the brain and also occur in the blood; however, Jucker and his colleagues take a different approach.

“Our blood test does not look at the amyloid, but at what it does in the brain, namely neurodegeneration. In other words, we look at the death of neurons,” Jucker said.

Traces appear in the bloodstream. When brain cells die, their remains can be detected in the blood.

“Normally, however, such proteins are rapidly degraded in

the blood and are therefore not very suitable as markers for a neurodegenerative disease,” Jucker said. “An exception, however, is a small piece of so-called neurofilament that is surprisingly resistant to this degradation.”

The blood test of Jucker and colleagues is based on this protein. In the current study, the scientists show that neurofilament accumulates in the blood long before the onset of clinical symptoms or in the preclinical phase and that accumulation sensitively reflects the course of the disease and enables predictions on future developments.

The study is based on data and samples from 405 individuals that were analyzed within an international research collaboration: the “Dominantly Inherited Alzheimer Network.” In addition to the DZNE, the HIH and the University Hospital Tuebingen, the Washington University School of Medicine in St. Louis and other institutions all over the world are involved. This

network investigates families in which Alzheimer’s disease already occurs in middle age due to certain gene variations. Genetic analyses allow accurate predictions as to whether and when a family member will develop dementia.

They looked for the omens of dementia.

Jucker and his colleagues monitored the development of neurofilament concentration in these individuals from year to year. Up to 16 years before the calculated onset of dementia symptoms, there were noticeable changes in the blood.

“It is not the absolute neurofilament concentration, but its temporal evolution, which is meaningful and allows predictions about the future progression of the disease,” Jucker said.

In fact, in further investigations, the scientists showed that changes in neurofilament concentration reflect neuronal degradation accurately and allow predictions on how brain damage will develop.

“We were able to predict loss of

brain mass and cognitive changes that actually occurred two years later,” Jucker said.

While it turned out that the rate of change in neurofilament concentration was closely linked to brain degradation, correlation with the deposition of toxic amyloid proteins was far less pronounced. It supports the assumption that although amyloid proteins are triggers of disease, neuronal degradation occurs independently.

They looked for a tool for therapy research.

Neurofilaments accumulate in the blood not only in Alzheimer’s but also in the course of other neurodegenerative disorders. Thus, the test is only conditionally suitable for diagnosing Alzheimer’s.

“However, the test accurately shows the course of the disease and is therefore a powerful instrument for investigating novel Alzheimer’s therapies in clinical trials,” Jucker said.

# Red Cross hosts blood drive at Fallbrook Library

FALLBROOK – The American Red Cross is reissuing its emergency call for blood and platelet donors to give now after multiple snow storms, frigid temperatures and the government shutdown further reduced life-saving donations.

Fallbrook residents will have the chance to donate blood and help combat the problem Tuesday, Feb. 19, at the Fallbrook Library, 124 South Mission Road, from 9:30 a.m. to 3:30 p.m.

In January, more than 4,600 Red Cross blood and platelet donations went uncollected as blood drives were forced to cancel due to severe winter weather blanketing parts of the U.S., and additional cancellations are expected this week. Weather travel advisories may cause even more donors to

delay their planned donations.

The federal government shutdown also affected donations as more than 4 percent of Red Cross blood collections come from drives sponsored by military and local, state and federal government agencies. About 30 blood drives hosted by federal offices were canceled across the country due to the shutdown, leaving more than 900 donations uncollected.

“Disruptions to blood and platelet donations jeopardize the availability of blood for patients who depend on transfusions for survival,” Cliff Numark, senior vice president of Red Cross Biomedical Services, said. “We’re grateful for all those who have come out to give since we issued our emergency call earlier this month and now urge others to

come out and give to prevent delays in essential medical care.”

Right now, Red Cross blood donations are being distributed to hospitals faster than they are coming in, and there is less than a three-day supply of most blood types on hand. The Red Cross strives to maintain a five-day supply of blood to meet the needs of patients and to be prepared for emergencies that require significant volumes of donated blood products.

All eligible donors, especially platelet donors and blood donors with type O blood, are urgently needed to help restock the shelves for hospital patients.

How to donate blood

Simply download the American Red Cross Blood Donor app, visit [www.RedCrossBlood.org](http://www.RedCrossBlood.org)

or call (800) 733-2767 to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver’s license or two other forms of identification are required at check-in. Individuals who are 17 years of age, weigh at least 110 pounds and are in generally good health may be eligible to donate blood.

Blood and platelet donors can save time at their next donation by using RapidPass to complete their pre-donation reading and health history questionnaire online, on the day of their donation, before arriving at the blood drive. To get started, follow the instructions at [www.RedCrossBlood.org/RapidPass](http://www.RedCrossBlood.org/RapidPass) or use the Blood Donor app.



*The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40 percent of the nation’s blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, visit [www.RedCross.org](http://www.RedCross.org) or [www.CruzRojaAmericana.org](http://www.CruzRojaAmericana.org) or visit them on Twitter at @RedCross.*

*Submitted by American Red Cross.*

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# A restricted airway may be affecting your child’s health

MESA, Ariz. – For most people, breathing is automatic – the air goes in, the air goes out and they don’t even think about it. But for those who have airway problems, it is never that simple – especially for children.

“Children who suffer from air-passage problems never get enough oxygen to the brain, which causes them to never get enough sleep,” Dr. Stuart Frost, an orthodontist and author of “The Artist Orthodontist: Creating An Artistic Smile is More Than Just Straightening Teeth.” “They typically do poorly in school and seem inattentive and lethargic.”

Sleep apnea occurs when the airway becomes blocked during sleep, causing a pause in breathing. Those pauses in breathing, known as apneic events, often lead to a diagnosis of obstructive sleep

apnea, Frost said.

Signs a child may be impacted by airway blockage include snoring, mouth breathing, clenching or grinding teeth, diagnosed attention deficit disorder and bedwetting.

Snoring is caused by the vibrations of excess tissue blocking the airway. When children snore, orthodontists look for a blockage of their airway, from the tip of the nose down to the throat.

When there is no room for the tongue to reach the roof of the mouth, called the palate, it can rest in the back of the throat and block the airway. Also, when a child’s tonsils and adenoids are enlarged, they can reduce the size of the airway at the back of the throat.

“Either situation can make it too hard for children to get enough air when breathing through their nose, causing them to open their mouth

and jut their lower jaw forward during sleep,” Frost said.

Another sign is clenching or grinding teeth.

“If children who are 7 or 8 have baby teeth that are worn from grinding, we know it’s because they’re not getting enough air,” Frost said.

During sleep – and sometimes even when they are awake – their lower jaw is constantly repositioning from side to side or forward to back to open their airway so they can breathe, he said. An expander appliance can widen the nasal passages to help the child take in more air when breathing through the nose.

Some children who have been diagnosed with attention deficit disorder may actually have breathing problems during sleep, Frost said.

“If a child is continually not getting enough oxygen during sleep, the brain will eventually kick in a hyper-alert state to stay alive,” he said. “A child whose brain is hyper-alert tends to bounce off the walls.”

A brain that is starving for oxygen can’t wake a child when the urge to go to the bathroom strikes during sleep. The child will sleep right through any warning sign the brain sends.

Depending on what’s found during an examination, the solutions for a restricted airway could include braces with an expander appliance, along with surgical removal of adenoids or tonsils.

“When sleep apnea is not addressed in childhood, over time it can lead to health issues in adulthood,” Frost said. “By

taking care of it when the person is younger, it can save years of restless nights and half-awake days.”

*Dr. Stuart Frost, author of “The Artist Orthodontist: Creating An Artistic Smile is More Than Just Straightening Teeth,” is an orthodontist and gives seminars, lectures and speeches throughout the world to dentists and the general public on groundbreaking dentistry. He graduated from the University of the Pacific School of Dentistry and has continued his education at the University of Rochester, where he accomplished a one-year fellowship in temporomandibular joint disorder and a two-year certificate in orthodontics.*

*For more information, visit [www.drstuartfrost.com](http://www.drstuartfrost.com).*

# Steps toward a mentally healthier you

American Counseling Association  
Special to Village News

It’s true that most people don’t give their mental health much attention unless they’re facing a serious problem. That’s too bad, because in today’s complicated world most people could stand to reduce their stress and worry and to feel better about themselves.

Think of improving mental health as similar to improving physical health. Just as exercise gets muscles in better shape, there are things to do to get feelings and attitudes into better shape.

A good starting point is simply to make personal time available. In today’s busy world, it’s easy to fill the days with work, family and social obligations, leaving little or no downtime.

The fix for that is to include “you” in the daily schedule. Create a real schedule that includes time each day for at least one thing

pleasant and enjoyable. Maybe it’s reading a book, working at a hobby or just taking a relaxing walk. Put it on the calendar and make sure it happens.

Getting involved with others is another way to reduce stress and feel better personally. Community, civic and religious organizations are always eager for volunteers to help carry out their work.

Giving something back to the community can offer a meaningful escape from personal problems and often puts such problems in a better perspective while also providing a sense of fulfillment and self-worth that’s essential for good mental health.

And don’t ignore staying physically fit as a means to improve mental health. Studies find regular exercise is a great way to fight depression, for example. Plus, as they get into better shape, people usually start to feel more confident about ourselves – everything from how they look to what they can

do. And that’s good mental health.

There’s no magic way to make stress and problems just disappear but building a little relaxation into life, helping those in need and staying physically active can all improve mental health and make it easier to cope with the problems everyone faces.

But if they find that these actions don’t have them feeling better, check out the assistance that a professional counselor can offer.

There are many fixes for better mental health. Whether it’s steps to take individually or help to get from a professional counselor, good mental health is a goal worth achieving.

*Counseling Corner is provided by the American Counseling Association. Send comments and questions to [ACACorner@counseling.org](mailto:ACACorner@counseling.org) or visit the ACA website at [www.counseling.org](http://www.counseling.org).*

# Jason Foundation offers help for youths contemplating suicide

FALLBROOK – There is an epidemic sweeping across the state, yet few are covering the topic. Recently, the Centers for Disease Control and Prevention released the new fatal injury data for California. Suicide is the second leading cause of death for middle and high school youth. In fact, the state loses a young person aged 10 to 24 years every 0.65 days.

Suicide is one of the leading causes of preventable death. Four out of every five young people who attempt suicide exhibit clear warning signs before an attempt. That means in 80 percent of attempts there is an opportunity to recognize these warning signs and intervene. By knowing the warning signs associated with suicide and knowing how to help,

it could save a life.

If you or someone you love is struggling with depression and/or thinking about suicide, get help now. The National Suicide Prevention Lifeline, (800) 273-8255, is a free resource that is available 24 hours a day, seven days a week, for anyone who is in suicidal crisis or emotional distress.

*The Jason Foundation is a nationally recognized leader in youth suicide prevention and awareness. All programs and materials are available to the public at no cost. To learn more about the warning signs associated with suicide and how to help, visit [www.jasonfoundation.com](http://www.jasonfoundation.com).*

*Submitted by the Jason Foundation.*

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**Ages 5-6**  
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**Tap/Hip Hop Combo** - Sat 10:00-10:45am with Stacia  
**Kinder Ballet** - Mon 4:00-4:45pm with Kristena  
**Kinder Tap** - Tues 4:45-5:30pm with Kristena  
**Kinder HipHop** - Weds 4:00-4:45pm with Alyssa  
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**Ballet\*** - Weds 3:45-4:45pm with Treva  
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FALLBROOK COMMUNITY PLANNING GROUP PRELIMINARY AGENDAS FOR SUB-COMMITTEE MEETINGS

FALLBROOK COMMUNITY PLANNING GROUP will meet at Live Oak School,  
1978 Reche Road, Fallbrook, CA  
7 PM, Monday, 18 February 2019  
Jim Russell, Chair 760-728-8081

Land Use Committee will meet Tuesday, 12 February 2019 10AM at the Fallbrook Land Conservancy's Palomares House 1815 S. Stage Coach, Fallbrook. There will be a site tour. Meet at the Palomares House at 9:00AM.

1. Open Forum. Opportunity for members of the public to speak to the Land Use Committee on any subject matter within the committee's jurisdiction but not on today's agenda. Three-minute limitation. Non-voting item, no discussion.

2. Approval of the minutes for the last meeting.

3. AD18-025 Phan Ag Clearing Permit. Request for an ag permit to clear 1.21 of the 10.5 acres located at 3589 Sage Road for growing dragon fruit, a 1250 SqFt greenhouse for growing oyster mushrooms plus a 500 ft. chain length fence. Owner, applicant and contact person, Tai Phan, 562-341-1370, timphan09@gmail.com. County planner John Leavitt, 858-495-5448, john.leavitt@sdcounty.ca.gov. Land Use Committee, Community input. Voting item. (1/3)

4. ZAP19-001 a minor use permit for the Fluency Fallbrook Energy Storage System (BESS) proposed Address: 1405 East Mission Road, APN: 105-410-19-00 by AES would help SDG&E meet their energy storage mandate while also providing local area capacity for electrical system reliability and flexibility. AES and SDG&E have already entered into an agreement for SDG&E to purchase the system from AES once operational. As part of the California Public Utility Commission's (CPUC's) energy and environmental policies for the electricity sector, which mandate that SDG&E must procure and maintain a minimum amount of electric power capacity, the Fallbrook BESS project ("project") would be part of a sustainable solution to:  
Ø Maintain grid reliability;  
Ø Enable increasing amounts of intermittent renewable energy generating sources to be accessed;  
Ø Reduce greenhouse gas (GHG) and criteria air pollutant emissions from the electricity sector;  
Ø Reduce marine impacts from once-through-cooling power plants;  
Ø Upgrade aging infrastructure; and  
Ø Support increased and new electricity demand from non-traditional users such as transportation.  
Battery-based energy storage provides flexibility to the electrical grid by storing energy produced during periods of oversupply and discharging to the electrical grid during periods of high demand. A battery system can provide instantaneous response, as compared to a slower ramping rate of a traditional gas-fired generation resource and can provide this response repeatedly in all hours. Energy storage speed of response serves to reduce the total amount of reserve power needed to manage the grid effectively, providing savings and reliability benefits. By building the proposed project, a clean, reliable resource would be gained to help integrate renewables, reduce dependence on gas-fired generation, eliminate ocean water for cooling, reduce fresh water consumption, and reduce GHG and criteria air pollutant emissions. This project meets SDG&E's capacity requirements and contributes to their energy storage mandate. Contact persons Haley and Aldrich, Shruti Ramaker, 805-570-5566, sramaker@haleyaldrich.com, Land Use and Design Review Committees. Community input. Voting item. (1/2/19)

Jack Wood, Chair 760-731-3193

Circulation Committee will meet Tuesday, 12 January 2019 2:00PM at the Fallbrook Land Conservancy's Palomares House 1815 S. Stage Coach, Fallbrook.

1. Open Forum. Opportunity for members of the public to speak before the Circulation Committee on any subject matter within the committee's jurisdiction but not on today's agenda. Three minute limitation. Non-voting item, no discussion.

2. Approval of the minutes for the last meeting.

3. Request to remove the eucalyptus tree at 1492 N. Stagecoach Lane from Travis Evan, Department of Public Works, 760-510-2447, travis.evan@sdcounty.ca.gov, because the tree is destroying the road. Circulation committee. Community input. Voting item. (1/16)

Roy Moosa, Chair 760-723-1181

Design Review Committee will meet at the Fallbrook Sheriff's Station, 388 East Alvarado Street, 9:30 AM, Wednesday, 13 February 2019.

1. Open Forum. Opportunity for members of the public to speak to the Design Review Committee on any subject matter within the committee's jurisdiction but not on today's agenda. Three minute limitation. Non-voting item, no discussion.

2. Approval of the minutes for the last meeting.

3. ZAP19-001 a minor use permit for the Fluency Fallbrook Energy Storage System (BESS) proposed Address: 1405 East Mission Road, APN: 105-410-19-00 by AES would help SDG&E meet their energy storage mandate while also providing local area capacity for electrical system reliability and flexibility. AES and SDG&E have already entered into an agreement for SDG&E to purchase the system from AES once operational. As part of the California Public Utility Commission's (CPUC's) energy and environmental policies for the electricity sector, which mandate that SDG&E must procure and maintain a minimum amount of electric power capacity, the Fallbrook BESS project ("project") would be part of a sustainable solution to:  
Ø Maintain grid reliability;  
Ø Enable increasing amounts of intermittent renewable energy generating sources to be accessed;  
Ø Reduce greenhouse gas (GHG) and criteria air pollutant emissions from the electricity sector;  
Ø Reduce marine impacts from once-through-cooling power plants;  
Ø Upgrade aging infrastructure; and  
Ø Support increased and new electricity demand from non-traditional users such as transportation.  
Battery-based energy storage provides flexibility to the electrical grid by storing energy produced during periods of oversupply and discharging to the electrical grid during periods of high demand. A battery system can provide instantaneous response, as compared to a slower ramping rate of a traditional gas-fired generation resource and can provide this response repeatedly in all hours. Energy storage speed of response serves to reduce the total amount of reserve power needed to manage the grid effectively, providing savings and reliability benefits. By building the proposed project, a clean, reliable resource would be gained to help integrate renewables, reduce dependence on gas-fired generation, eliminate ocean water for cooling, reduce fresh water consumption, and reduce GHG and criteria air pollutant emissions. This project meets SDG&E's capacity requirements and contributes to their energy storage mandate. Contact persons Haley and Aldrich, Shruti Ramaker, 805-570-5566, sramaker@haleyaldrich.com, Land Use and Design Review Committees. Community input. Voting item. (1/2/19)

Eileen Delaney, Chair 760-518-8888

Parks and Recreation Committee will not meet Wednesday, 13 February 2019 11:00AM at the Fallbrook Sheriff's Station, 388 East Alvarado Street.  
Donna Gebhart, Chair, 760-731-9441

Public Facilities Committee will not meet Wednesday, 13 February 2019 1:00PM at the Fallbrook Sheriff's Station, 388 East Alvarado Street.

Roy Moosa, Chair 760-723-1181

Published February 7, 2019



LEGAL

Fictitious Business Name

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2018-9031763  
Name of Business  
**SUNSHINE 4 LIFE**  
9497 Monte Mar Dr. Spring Valley, CA 91977  
County: San Diego  
This business is registered by the following:  
Erin Nichole Sunshine, 9497 Monte Mar Dr. Spring Valley, CA 91977  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 7/31/18  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/28/18  
**LEGAL: 4882**  
**PUBLISHED: January 17, 24, 31, February 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9000610  
Name of Business  
**COMMERCIAL ROOFING & WATERPROOFING**  
4065 Oceanside Blvd. Suite "N", Oceanside, CA 92056  
County: San Diego  
This business is registered by the following:  
Douglas Scott Berger, 257 Emilia Lane, Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 12/8/18  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/08/19  
**LEGAL: 4883**  
**PUBLISHED: January 17, 24, 31, February 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2018-9031153  
Name of Business  
**MIZ ACCOUNTING**  
4961 Dulin Rd, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Marisela Zaragoza, 4961 Dulin Rd, Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 6/15/17  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/20/18  
**LEGAL: 4884**  
**PUBLISHED: January 17, 24, 31, February 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9000871  
Name of Business  
**CREATIVE CONCRETE WORK**  
1455 S. Alturas SPC #77, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Jose Luis Castaneda, 1455 S. Alturas SPC #77, Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 1/10/2019  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/10/19  
**LEGAL: 4885**  
**PUBLISHED: January 17, 24, 31, February 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9000560  
Name of Business  
**VISTA HIGH SCHOOL CLASS OF 1979 REUNION**  
2225 Guajome Lake Rd., Vista, CA 92084  
County: San Diego  
This business is registered by the following:  
Laura J. Ray, 2225 Guajome Lake Rd., Vista, CA 92084  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 01/02/2019  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/08/19  
**LEGAL: 4886**  
**PUBLISHED: January 17, 24, 31, February 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9001803  
Name of Business  
**THAI FACIAL**  
1588 S. Mission R.D., Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Rattananporn Garrett, 1753 E. Alvarado St, Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 01/22/19  
**LEGAL: 4900**  
**PUBLISHED: January 31, February 7, 14, 21, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9001678  
Name of Business  
**REST & RELAX RESPITE AGENCY**  
131 E. Fig Street, Ste 4, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
a. Miguel H. Echavari, 31651 Corte Esparza, Temecula, CA 92592  
b. Guadalupe Echavari, 31651 Corte Esparza, Temecula, CA 92592  
This business is conducted by a Married Couple  
Registrant first commenced to transact business under the above name on 8/1/2006  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/18/19  
**LEGAL: 4901**  
**PUBLISHED: January 31, February 7, 14, 21, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9001606  
Name of Business  
**SAN DIEGO RUSTIC**  
9350 Trade Pl #C, San Diego, CA 92126  
County: San Diego  
This business is registered by the following:  
Carl Frank, 6261 Via Regla, San Diego, CA 92122  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 1/1/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/18/19  
**LEGAL: 4902**  
**PUBLISHED: January 31, February 7, 14, 21, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9000538  
Name of Business  
**TIMELESS TIM 1903**  
555 W. Country Club Ln, Ste B2, Escondido, CA 92026  
County: San Diego  
This business is registered by the following:  
Timoteo Perez, 1007 Iowa St., Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 1/1/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/08/19  
**LEGAL: 4903**  
**PUBLISHED: January 31, February 7, 14, 21, 2019**

Fictitious Business Name

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9001016  
Name of Business  
**a. FLYING DEER FARMS**  
**b. FLYING DEER FARMS TRADING POST**  
2760 S. Mission Road, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Geoffrey Alan Millar, 2760 S. Mission Road, Fallbrook, CA 92028  
This business is conducted by an Individual  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/11/19  
**LEGAL: 4887**  
**PUBLISHED: January 17, 24, 31, February 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9000869  
Name of Business  
**LG PROPERTIES**  
1657 Loch Ness Dr, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Louis A. Guerra, 1657 Loch Ness Dr, Fallbrook, CA 92028  
This business is conducted by an Individual  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/10/19  
**LEGAL: 4888**  
**PUBLISHED: January 17, 24, 31, February 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9000205  
Name of Business  
**THE COUNTRY TRADER VALLEY CENTER**  
27818 Valley Center Rd., Valley Center, CA 92082  
Mailing address: P.O. Box 18341, Anaheim, CA 92817  
County: San Diego  
This business is registered by the following:  
Elevated Inspirations, LLC: A Wyoming Close LLC, 30 N. Gould St. Ste R, Sheridan, WY 82801  
This business is conducted by a Limited Liability Company  
This LLC is located in Wyoming  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/03/19  
**LEGAL: 4889**  
**PUBLISHED: January 17, 24, 31, February 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2018-9031228  
Name of Business  
**a. WOVEN WE ARE**  
**b. WOVEN WE ARE IS MY #1**  
**c. WOVEN WE ARE CARLSBAD**  
**d. WOVEN WE ARE SAN DIEGO**  
**e. WOVEN WE R**  
2697 State Street, Carlsbad, CA 92008  
County: San Diego  
This business is registered by the following:  
Yoga Bound, Inc., 2697 State Street, Carlsbad, CA 92008  
This business is conducted by a Corporation  
This Corporation is located in California  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 12/21/18  
**LEGAL: 4890**  
**PUBLISHED: January 17, 24, 31, February 7, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9002005  
Name of Business  
**DOUBLE DOWN EVENTS**  
112 Spanish Spur, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Mackenzie Richard Stevens, 112 Spanish Spur, Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 1/24/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/24/19  
**LEGAL: 4904**  
**PUBLISHED: January 31, February 7, 14, 21, 2019**

Summons

SUMMONS/CITATION  
FILED 10/29/2018  
CASE NUMBER: 37-2018-00054726-CU-OR-NC  
JUDGE: Earl H. Maas, III  
DEPARTMENT N-28

**NOTICE TO DEFENDENT:** BRIAN BOOTH, and individual; RONALD H. FRESHMAN, and DOES 1 through 50, inclusive  
**YOU ARE BEING BY SUED BY PLAINTIFF:** EAGLE VISTA EQUITIES, LLC  
**NOTICE!** You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.  
You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center ([www.courtinfo.ca.gov/selfhelp](http://www.courtinfo.ca.gov/selfhelp)), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.  
There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services website ([www.lawhelpca.org](http://www.lawhelpca.org)), or by contacting your local county bar association. **NOTE:** The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case.  
The name and address of the court are:  
San Diego Superior Court North County, 325 S. Melrose Dr, Vista, CA 92081  
The name, address, and telephone number of plaintiff's attorney is: Wedgwood, Elaine Yang, 2015 Manhattan Beach Blvd., Ste 100, Redondo Beach, CA 90278, 310-640-3070

DATE: October 29, 2018  
Clerk, by V. Navarro, Deputy  
**LEGAL #: 4908**  
**PUBLISHED: January 31, February 7, 14, 21, 2019**

Fictitious Business Name

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9000785  
Name of Business  
**AUTO LAVISH PROFESSIONAL DETAILING**  
39642 Hearstone Ct, Murrieta, CA 92562  
County: Riverside  
This business is registered by the following:  
San Diego Auto Lavish Inc, 39642 Hearstone Ct, Murrieta, CA 92562  
This business is conducted by a Corporation  
This Corporation is located in the state of California  
Registrant first commenced to transact business under the above name on 1/1/19  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/09/19  
**LEGAL: 4893**  
**PUBLISHED: January 24, 31, February 7, 14, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9000368  
Name of Business  
**MUSTARD SEED PUBLISHING**  
3454 Caballo Ln, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
a. Daniel Enoch Norton, 3454 Caballo Ln, Fallbrook, CA 92028  
b. Melissa Ann Norton, 3454 Caballo Ln, Fallbrook, CA 92028  
This business is conducted by a Married Couple  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/04/19  
**LEGAL: 4894**  
**PUBLISHED: January 24, 31, February 7, 14, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9001179  
Name of Business  
**STEVE BAILEY AIR CONDITIONING AND HEATING**  
9464 Palomino Ridge Dr., Lakeside, CA 92040  
County: San Diego  
This business is registered by the following:  
Steve Bailey Contracting Inc., 9464 Palomino Ridge Dr., Lakeside, CA 92040  
This business is conducted by a Corporation  
This Corporation is located in the state of Ca.  
Registrant first commenced to transact business under the above name on 01/19/05  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/14/19  
**LEGAL: 4895**  
**PUBLISHED: January 24, 31, February 7, 14, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9000618  
Name of Business  
**SASSYBEE BOUTIQUE**  
254 E. Grand Suite 100, Escondido, CA 92025  
County: San Diego  
This business is registered by the following:  
a. Melissa Jackson Marshall, 6865 W. Lilac Rd, Bonsall, CA 92003  
b. David Bruce Marshall, 6865 W. Lilac Rd, Bonsall, CA 92003  
This business is conducted by a Married Couple  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/08/19  
**LEGAL: 4896**  
**PUBLISHED: January 24, 31, February 7, 14, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9001318  
Name of Business  
**a. HOUSE OF TARU**  
**b. TARU**  
1762 Pala Lake Dr, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Saija Inkeri Marie Salminiitty Cleary, 1762 Pala Lake Dr, Fallbrook, CA 92028  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 01/01/2019  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/15/19  
**LEGAL: 4897**  
**PUBLISHED: January 24, 31, February 7, 14, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9001185  
Name of Business  
**KDL GROUP CAJON STREET**  
232 Cajon Street, Redlands, CA 92373  
Mailing address: P.O. Box 1531, Bonsall, CA 92003  
County: San Bernardino  
This business is registered by the following:  
a. Kendell H Ricks, 1555 Dentro De Lomas, Bonsall, CA 92003  
b. Denise M Ricks, 1555 Dentro De Lomas, Bonsall, CA 92003  
c. Loretta Ricks, 1406 Vista De Lomas, Bonsall, CA 92003  
This business is conducted by a Joint Venture  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/14/19  
**LEGAL: 4898**  
**PUBLISHED: January 24, 31, February 7, 14, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9001186  
Name of Business  
**VILLAGE DENTAL CENTER**  
8895 Lawrence Welk Dr, Escondido, CA 92026  
County: San Diego  
This business is registered by the following:  
Kendell H Ricks, 1555 Dentro De Lomas, Bonsall, CA 92003  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 5/1/1999  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/14/19  
**LEGAL: 4899**  
**PUBLISHED: January 24, 31, February 7, 14, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9002053  
Name of Business  
**THE GIRLZ WAY**  
1638 Calavo Rd. Spc#50, Fallbrook, CA 92028  
County: San Diego  
This business is registered by the following:  
Joana Esperanza Lopez, 1638 Calavo Rd. Spc#50, Fallbrook, CA 92028  
This business is conducted by an Individual  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/24/19  
**LEGAL: 4905**  
**PUBLISHED: January 31, February 7, 14, 21, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9000679  
Name of Business  
**JENNYFACE**  
1360 Hodges Road, Oceanside, CA 92056  
County: San Diego  
This business is registered by the following:  
Jennifer Lynn Fitzpatrick, 1360 Hodges Road, Oceanside, CA 92056  
This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 01/01/2018  
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/09/19  
**LEGAL: 4906**  
**PUBLISHED: January 31, February 7, 14, 21, 2019**

TSG No.: 8738663 TS No.: CA1800283761 FHA/VA/PMI No.: APN: 122-363-05-00 Property Address: 5206 COLONIAL WAY OCEANSIDE, CA 92057 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 10/03/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 03/04/2019 at 10:00 A.M., First American Title Insurance Company, as duly appointed Trustee under and pursuant to Deed of Trust recorded 10/09/2007, as Instrument No. 2007-0651498, in book , page , of Official Records in the office of the County Recorder of SAN DIEGO County, State of California. Executed by: BINAR R. SALAS, TRUSTEE AND HER SUCCESSORS IN TRUST ON THE BINAR. SALAS TRUST DATED JUNE 19, 1990, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/ CASH EQUIVALENT or other form of payment authorized by 2924h(b), (Payable at time of sale in lawful money of the United States) At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED IN THE ABOVE MENTIONED DEED OF TRUST APN# 122-363-05-00 The street address and other common designation, if any, of the real property described above is purported to be: 5206 COLONIAL WAY, OCEANSIDE, CA 92057 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$381,430.39. The beneficiary under said Deed of Trust has deposited all documents evidencing the obligations secured by the Deed of Trust and has declared all sums secured thereby immediately due and payable, and has caused a written Notice of Default and Election to Sell to be executed. The undersigned caused said Notice of Default and Election to Sell to be recorded in the County where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call (916)939-0772 or visit this Internet Web <http://search.nationwidedeposting.com/propertySearchTerms.aspx>, using the file number assigned to this case CA1800283761 Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. Date: First American Title Insurance Company 4795 Regent Blvd, Mail Code 1011-F Irving, TX 75063 First American Title Insurance Company MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE FOR TRUSTEES SALE INFORMATION PLEASE CALL (916)939-0772NPP0347104 To: VILLAGE NEWS INC 01/24/2019, 01/31/2019, 02/07/2019

TSG No.: 8744734 TS No.: CA1800284237 FHA/VA/PMI No.: 1681370525 APN: 171-040-46-00 Property Address: 2242 THUMBKIN LANE VISTA, CA 92084 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 04/08/2002. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 02/20/2019 at 10:00 A.M., First American Title Insurance Company, as duly appointed Trustee under and pursuant to Deed of Trust recorded 04/18/2002, as Instrument No. 2002-0328241, in book , page , of Official Records in the office of the County Recorder of SAN DIEGO County, State of California. Executed by: HOLLY J. SHEPHERD, A MARRIED WOMAN, AS HER SOLE AND SEPARATE PROPERTY, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/ CASH EQUIVALENT or other form of payment authorized by 2924h(b), (Payable at time of sale in lawful money of the United States) At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED IN THE ABOVE MENTIONED DEED OF TRUST APN# 171-040-46-00 The street address and other common designation, if any, of the real property described above is purported to be: 2242 THUMBKIN LANE, VISTA, CA 92084 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$136,287.24. The beneficiary under said Deed of Trust has deposited all documents evidencing the obligations secured by the Deed of Trust and has declared all sums secured thereby immediately due and payable, and has caused a written Notice of Default and Election to Sell to be executed. The undersigned caused said Notice of Default and Election to Sell to be recorded in the County where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call (916)939-0772 or visit this Internet Web <http://search.nationwidedeposting.com/propertySearchTerms.aspx>, using the file number assigned to this case CA1800284237 Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. Date: First American Title Insurance Company 4795 Regent Blvd, Mail Code 1011-F Irving, TX 75063 First American Title Insurance Company MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE FOR TRUSTEES SALE INFORMATION PLEASE CALL (916)939-0772NPP0347129 To: VILLAGE NEWS INC 01/31/2019, 02/07/2019, 02/14/2019

T.S. No. 14-3648-11 NOTICE OF TRUSTEE'S SALE NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED 注：本文件包含一个信息摘要 참고사항: 본 첨부 문서에 정보 요약서가 있습니다! NOTA: SE ADJUNTA UN RESUMEN DE LA INFORMACION DE ESTE DOCUMENTO TALA: MAYROONG BUOD NG IMPORMASYON SA DOKUMENTONG ITO NA NAKALAKIP LUU Y: KEM THEO ĐÃY LÃ BÀN TRÌNH BÀY TÓM LƯỢC VỀ THÔNG TIN TRONG TÀI LIỆU NÀY PLEASE NOTE THAT PURSUANT TO CIVIL CODE § 2923.3(d)(1) THE ABOVE STATEMENT IS REQUIRED TO APPEAR ON THIS DOCUMENT BUT PURSUANT TO CIVIL CODE § 2923.3(a) THE SUMMARY OF INFORMATION IS NOT REQUIRED TO BE RECORDED OR PUBLISHED AND THE SUMMARY OF INFORMATION NEED ONLY BE MAILED TO THE MORTGAGOR OR TRUSTOR. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 6/23/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: GREGORY DEAN WANLASS AN UNMARRIED MAN Duly Appointed Trustee: The Wolf Firm, A Law Corporation Recorded 6/28/2006 as Instrument No. 2006-04551117 of Official Records in the office of the Recorder of San Diego County, California. Street Address or other common designation of real property: 4062 CREST HTS FALLBROOK, CA 92028 A.P.N.: 108-160-05-00 Date of Sale: 2/25/2019 at 10:00 AM, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$407,351.85, estimated The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this Internet Web site [www.nationwidedeposting.com](http://www.nationwidedeposting.com), using the file number assigned to this case 14-3648-11. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 1/16/2019 The Wolf Firm, A Law Corporation 2955 Main Street, 2nd Floor Irvine, California 92614 Foreclosure Department (949) 720-9200 Sale Information Only: 916-939-0772 [www.nationwidedeposting.com](http://www.nationwidedeposting.com) Sindy Clements, Foreclosure Officer PLEASE BE ADVISED THAT THE WOLF FIRM MAY BE ACTING AS A DEBT COLLECTOR, ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION YOU PROVIDE MAY BE USED FOR THAT PURPOSE. NPP0347470 To: VILLAGE NEWS INC 01/31/2019, 02/07/2019, 02/14/2019



**Change of Name**

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME**

Case Number: 37-2019-00001907-CU-PT-NC  
TO ALL INTERESTED PERSONS

Petitioner:  
**URSZULA DUARTE BONI** filed a petition with this court for a decree changing names as follows:  
Present Name:  
**GIA MARIE ARIZMENDI**  
Proposed Name:  
**GIA MARIE DUARTE BONI**

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

**NOTICE OF HEARING**  
Date: 3/12/19 Time: 8:00 a.m. Dept: 23  
The address of the court is 325 South Melrose Dr., Vista, CA 92081

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News

Date: JAN 11, 2019 Signed: SIM von KALINOWSKI, Judge of the Superior Court.  
**LEGAL: 4907**  
**PUBLISHED: January 31, February 7, 14, 21, 2019**

**Change of Name**

**ORDER TO SHOW CAUSE FOR CHANGE OF NAME**

Case Number: 37-2018-00065479-CU-PT-CTL  
TO ALL INTERESTED PERSONS

Petitioner:  
**ALEJANDRA SAYAKA VILLANUEVA** filed a petition with this court for a decree changing names as follows:  
Present Name:  
**ALEJANDRA SAYAKA VILLANUEVA**  
Proposed Name:  
**ALEXANDRA SAYAKA LINARES**

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

**NOTICE OF HEARING**  
Date: 2/28/2019 Time: 9:00 a.m. Dept: 903  
The address of the court is 1100 Union Street, San Diego, CA 92101

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Village News

Date: Dec. 28, 2018 Signed: Peter C. Deddeh, Judge of the Superior Court.  
**LEGAL: 4875**  
**PUBLISHED: January 31, February 7, 14, 21, 2019**

**Notice to Administer**

NOTICE OF PETITION TO ADMINISTER ESTATE OF  
**LORI D. BARKER**  
CASE NO. 37-2018-00062973-PR-LA-CTL

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: **LORI D. BARKER**

A Petition for Probate has been filed by **CHARLEY-JO DONATI** in the Superior Court of California, County of SAN DIEGO

The Petition for Probate requests that **CHARLEY-JO DONATI** be appointed as personal representative to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

**A hearing on the petition will be held in this court as follows:**

Date: 02/14/2019 Time: 1:30 p.m. Dept. 503  
Address of court: 1100 Union Street, San Diego, CA 92101, Central – Probate Division

**If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.**

**If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.**

**Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.**

**You may examine the file kept by the court.**

If you are a person interested in the estate, you may file with the court a *Request for Special Notice* (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A *Request for Special Notice* form is available from the court clerk.

Attorney for petitioner: Ronald R. Webb, 5440 Morehouse Dr., Ste. 3700, San Diego, CA 92121, (858) 558-1191

**Legal: 4891**  
**PUBLISHED: January 24, 31, February 7, 14, 2019**

**Fictitious Business Name**

**FICTITIOUS BUSINESS NAME STATEMENT**  
File Number: 2019-9002140  
Name of Business  
**KRAKEN BARBER TRADE & COMPANY**  
173 Harrison St., Oceanside, CA 92057  
County: San Diego

This business is registered by the following:  
a. Marcos Cardona, 173 Harrison St., Oceanside, CA 92057  
b. Corinne Jasmine Cardona, 173 Harrison St., Oceanside, CA 92057

This business is conducted by a Married Couple  
Registrant first commenced to transact business under the above name on 01/24/19

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/24/19

**LEGAL: 4909**  
**PUBLISHED: February 7, 14, 21, 28, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**

File Number: 2019-9002731  
Name of Business  
**NEWELL TECHNOLOGIES**  
199 Bluff Post Rd, Fallbrook, CA 92028  
County: San Diego

This business is registered by the following:  
a. Patricia Newell, 199 Bluff Post Rd, Fallbrook, CA 92028  
b. Dennis Newell, 199 Bluff Post Rd, Fallbrook, CA 92028

This business is conducted by a Married Couple  
Registrant first commenced to transact business under the above name on 09/16/2011

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/30/19

**LEGAL: 4910**  
**PUBLISHED: February 7, 14, 21, 28, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**

File Number: 2019-9001815  
Name of Business  
**ELEGANTIQUE**  
10220 Valley Waters Dr., Spring Valley, CA 91978  
County: San Diego

This business is registered by the following:  
Farah Shamoun, 10220 Valley Waters Dr., Spring Valley, CA 91978

This business is conducted by an Individual  
Registrant first commenced to transact business under the above name on 10/01/2018

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 01/22/19

**LEGAL: 4911**  
**PUBLISHED: February 7, 14, 21, 28, 2019**

**FICTITIOUS BUSINESS NAME STATEMENT**

File Number: 2019-9002914  
Name of Business  
**FALLBROOK AUDIO**  
31226 Old River Road, Bonsall, CA 92003  
Mailing address: P.O. Box 1513. Bonsall, CA 92003  
County: San Diego

This business is registered by the following:  
Fallbrook Audio LLC, 31226 Old River Road, Bonsall, CA 92003

This business is conducted by a Limited Liability Company  
This LLC is located in the state of California

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON 02/01/19

**LEGAL: 4912**  
**PUBLISHED: February 7, 14, 21, 28, 2019**

**NOTICE OF PUBLIC HEARING**

**BONSALL UNIFIED SCHOOL DISTRICT**

NOTICE IS HEREBY GIVEN that a public hearing will be held by the Governing Board of the Bonsall Unified School District as part of the transition to a by-trustee area election system to authorize and receive community comments and questions regarding the submission of a General Waiver Request to the California Department of Education to be approved by the State Board of Education.

YOU WILL THEREFORE TAKE NOTICE THAT a public hearing will be held before the Governing Board of the District as follows:

<b>Date:</b>	<b>February 13, 2019</b>
<b>Place:</b>	<b>Bonsall Community Center 31505 Old River Rd., Bonsall, CA 92003</b>
<b>Time:</b>	<b>6:00 p.m.</b>

Please contact Gina McInerney, Executive Assistant, at (760) 631-5200 if you require more information prior to the Public Hearing.

Date: January 28, 2019

TSG No.: 8703154 TS No.: CA1700279565 FHA/VA/PMI No.: APN: 218-302-18-00 Property Address: 838 BLACKBERRY COURT SAN MARCOS, CA 92069 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 10/06/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 02/27/2019 at 10:00 A.M., First American Title Insurance Company, as duly appointed Trustee under and pursuant to Deed of Trust recorded 10/17/2005, as Instrument No. 2005-0893888, in book , page , of Official Records in the office of the County Recorder of SAN DIEGO County, State of California. Executed by: REBECCA H. MURRAY AN UNMARRIED WOMAN, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (Payable at time of sale in lawful money of the United States) At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED IN THE ABOVE MENTIONED DEED OF TRUST APN# 218-302-18-00 The street address and other common designation, if any, of the real property described above is purported to be: 838 BLACKBERRY COURT, SAN MARCOS, CA 92069 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$15,526.63. The beneficiary under said Deed of Trust has deposited all documents evidencing the obligations secured by the Deed of Trust and has declared all sums secured thereby immediately due and payable, and has caused a written Notice of Default and Election to Sell to be executed. The undersigned caused said Notice of Default and Election to Sell to be recorded in the County where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call (916)939-0772 or visit this Internet Web http://search.nationwideposting.com/propertySearchTerms.aspx, using the file number assigned to this case CA1700279565 Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. Date: First American Title Insurance Company 4795 Regent Blvd, Mail Code 1011-F Irving, TX 75063 First American Title Insurance Company MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE FOR TRUSTEES SALE INFORMATION PLEASE CALL (916)939-0772NPP0348256 To: VILLAGE NEWS INC 02/07/2019, 02/14/2019, 02/21/2019

NOTICE OF TRUSTEE'S SALE UNDER DEED OF TRUST Loan No.: 12012 - MURRA RESS Order No.: 76266 A.P. NUMBER 125-080-17-00 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 05/31/2012, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NOTICE IS HEREBY GIVEN, that on 03/04/2019, at 10:00AM of said day, At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020, RESS Financial Corporation, a California corporation, as duly appointed Trustee under and pursuant to the power of sale conferred in that certain Deed of Trust executed by HERMINE MURRA, A SINGLE WOMAN recorded on 06/26/2012, in Official Records of SAN DIEGO County, as Recorder's Instrument No. 2012-0369444, by reason of a breach or default in payment or performance of the obligations secured thereby, including that breach or default, Notice of which was recorded 08/22/2017 as Recorder's Instrument No. 2017-0382613, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH, lawful money of the United States, evidenced by a Cashier's Check drawn on a state or national bank, or the equivalent thereof drawn on any other financial institution specified in section 5102 of the California Financial Code, authorized to do business in the State of California, ALL PAYABLE AT THE TIME OF SALE, all right, title and interest held by it as Trustee, in that real property situated in said County and State, described as follows: See Exhibit A attached for complete Legal Description. EXHIBIT A – RESS 76266 All that certain real property situated in the County of San Diego, State of California, described as follows: Parcel A: Parcel 4 of Parcel Map 10067, in the County of San Diego, State of California, filed in the Office of the County Recorder of San Diego County, May 29, 1980 as file no. 80-173992 of Official Records. Excepting therefrom that portion conveyed to the State of California in Deed recorded October 20, 1997 as file no. 1997-0523444 and lying Southeasterly of course "(6)" through "(8)" of the following described line: Beginning at a point on the Westerly boundary of Tract A of Rancho Monserate, distant North 09°13'06" West, 52.64 feet from a concrete nail and disk stamped "RCE 8195", as shown on Map 6526, recorded October 27, 1969 in the Office of said County Recorder as File No. 197454 of Official Records, said concrete nail also being at the centerline of State Highway 11-SD-76, thence (1) leaving said Westerly boundary North 31°21'49" East, 276.46 feet thence, (2) North 32°03'45" East, 95.93 feet; thence, (3) North 22°29'15" East, 66.51 feet thence, (4) North 08°14'34" East, 71.38 feet thence, (5) North 22°22'38" East, 249.43 feet thence (6) North 39°15'28" East 181.18 feet thence (7) North 41°39'49" East 110.13 feet to the Northerly sideline of an existing irrevocable offer to dedicate real property for roadway purposes thence (8) along said sideline North 30°46'13" East, 44.13 feet, to the beginning of a curve concave Southerly, having a radius of 1462.92 feet thence, (9) Easterly along said curve a distance of 403.40 feet, through a central angle of 15°47'16", to the point of terminus in the Northerly boundary of the Parcel shown on Parcel Map No. 709, recorded December 15, 1938 in the Office of said County Recorder as File No. 68499 of Official Records, a radial to said point bears North 43°26'31" West, said point being distant along said boundary North 89°27'36" West, 348.15 feet from a 1" steel pin accepted as the Northeast corner of said Parcel. Parcel B: An easement and right of way for road and public utility purposes over, under, along and across the Easterly 40 feet of Parcels 2 and 4 of Parcel Map No. 10187, in the County of San Diego, State of California, filed in the Office of the County Recorder of San Diego County, July 3, 1980 as file no. 80-211463 of Official Records. Parcel C: An easement and right of way for ingress and egress for road and public utility purposes over, under, along and across that portion of Parcels 3 and 4 of Parcel Map No. 10187, in the County of San Diego, State of California, July 3, 1980 as file no. 80-211463 of Official Records, lying within a strip of land 40 feet in width, the Southeasterly line of said 40 foot strip being described as follows: Beginning at the most Easterly corner of said Parcel 4 herein described being a point on the arc of a 949 foot radius curve, concave Northwesterly; thence Southwesterly along the arc of said curve and along the boundary of said Parcels 4 and 3 herein described through a central angle of 9°22'57" a distance of 155.40 feet; thence tangent to said curve South 44°36'20" West, 280.00 feet. Parcel D: An easement for water line purposes and appurtenances thereto over, under, along and across that Easterly 3 feet of Parcels 2 and 4 of Parcel Map No. 10187, in the County of San Diego, State of California, filed in the Office of the County Recorder of San Diego County, July 3, 1980 as file no. 80-211463 of Official Records. Parcel E: An easement for water line purposes and appurtenances thereto over, under, along and across that portion of Parcels 3 and 4 of Parcel Map No. 10187, in the County of San Diego, State of California, filed in the Office of the County Recorder of San Diego County July 3, 1980, as file no. 80-211463 of Official Records, lying within a strip of land 3 feet in width the Southeasterly line of said 3 foot strip of land being described as follows: Beginning at the most Easterly corner of said Parcel 4 herein described, being a point on the arc of a 949 foot radius curve, concave Northwesterly; thence Southwesterly along the arc of said curve and along the boundary of said Parcels 4 and 3 herein described through a central angle of 9°22'57" a distance of 155.40 feet; thence tangent to said curve South 44°36'20" West 280.00 feet. The street address or other common designation of the real property hereinabove described is purported to be: SAID LAND HAS NO KNOWN STREET ADDRESS OR OTHER COMMON DESIGNATION. Directions thereto may be obtained by making written inquiry of the undersigned within 10 days of the initial date of publication of this Notice. Requests MUST contain the RESS Order No. shown hereon. Said sale will be made without warranty, express or implied regarding title, possession, or other encumbrances, to satisfy the unpaid obligations secured by said Deed of Trust, with interest and other sums as provided therein; plus advances, if any, thereunder and interest thereon; and plus fees, charges, and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of said obligations at the time of initial publication of this Notice is \$112,059.23. In the event that the deed of trust described in this Notice of Trustee's Sale is secured by real property containing from one to four single-family residences, the following notices are provided pursuant to the provisions of Civil Code section 2924f: NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this Internet Web site www.nationwideposting.com, using the file number assigned to this case 76266. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not be immediately reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Dated: 01/29/2019 RESS Financial Corporation, a California corporation 1780 Town and Country Drive, Suite 105, Norco, CA 92860-3618 (951) 270-0164 By: BRUCE R. BEASLEY, PRESIDENT 1780 Town and Country Drive, Suite 105, Norco, CA 92860-3618 (SEAL) Tel.: (951) 270-0164 or (800)343-7377 FAX: (951)270-2673 Trustee's Sale Information: (916) 939-0772 or www.nationwideposting.com NPP0348216 To: VILLAGE NEWS INC 02/07/2019, 02/14/2019, 02/21/2019

APN: 218-461-34-00 TS No: CA05000278-18-1 TO No: 18-182530 NOTICE OF TRUSTEE'S SALE (The above statement is made pursuant to CA Civil Code Section 2923.3(d)(1). The Summary will be provided to Trustor(s) and/or vested owner(s) only, pursuant to CA Civil Code Section 2923.3(d)(2).) YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED October 11, 2000. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On February 20, 2019 at 10:00 AM, at the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA 92020, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust recorded on October 18, 2000 as Instrument No. 2000-0560504, of official records in the Office of the Recorder of San Diego County, California, executed by RICHARD E. PATTERSON AND NINA J. PATTERSON, HUSBAND AND WIFE AS JOINT TENANTS, as Trustor(s), in favor of CMG MORTGAGE, INC., A CALIFORNIA CORPORATION as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 752 WEST BELESPIRIT CIRCLE, SAN MARCOS, CA 92069 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$214,070.10 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorse as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call In Source Logic at 702-659-7766 for information regarding the Trustee's Sale or visit the Internet Web site address listed below for information regarding the sale of this property, using the file number assigned to this case, CA05000278-18-1. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: January 11, 2019 MTC Financial Inc. dba Trustee Corps TS No. CA05000278-18-1 17100 Gillette Ave Irvine, CA 92614 Phone: 949-252-8300 TDD: 866-660-4288 Myron Ravelo, Authorized Signatory SALE INFORMATION CAN BE OBTAINED ON LINE AT www.insourcelogic.com FOR AUTOMATED SALES INFORMATION PLEASE CALL: In Source Logic At 702-659-7766 Trustee Corps may be acting as a debtISL Number 55353, Pub Dates: 01/31/2019, 02/07/2019, 02/14/2019, VILLAGE NEWS



## Fault and Liability for Motor Vehicle Accidents



**Attorney Morton J. Grabel**  
*Law Offices of Morton J. Grabel*

Several factors, not all of them obvious, determine who is liable for damages resulting from a motor vehicle accident. For example, a motorist is seriously injured when another motorist cuts in front of him after turning onto the street. However, he may be found liable if he was speeding or made an illegal lane change prior to the collision.

The decision of who pays for damages in an accident rests primarily on motor vehicle statutes, rather than the traditional, common law definition of “fault.”

The automobile insurance industry lobbied state legislatures to base these types of accident liability more on motor vehicle statutes than on common law notions of fault. This has made it easier for insurers to challenge fault when the other party in an accident has violated a traffic law, especially since liability insurance is required in California. For example, a motorist lacking liability insurance may not be able to collect for damages even if the other motorist was negligent for a traffic accident.

This article explains the meaning of fault in vehicular collisions with respect to common law and motor vehicle codes, since it differs from other types of claims.

**Common Law**  
In its purest form, “fault” for causing an accident is either created by law or defined by common law. Common law recognizes four basic levels of fault:

1. Negligence
2. Recklessness or wanton conduct
3. Intentional misconduct
4. Strict liability (regardless of fault)

1) Negligence generally means careless or inadvertent conduct that results in harm or damage, which is common in automobile accidents. One can be negligent by failing to do something, such as not yielding the right-of-way to avoid an accident, as well as by actively doing something such as running a red light.

2) Reckless or wanton conduct refers to a willful disregard for the safety and welfare of others.

3) Intentional misconduct is clear by its words

4) Strict liability may be imposed, even in the absence of fault, for accidents involving certain defective products or extra hazardous activities such as the transporting of explosive chemicals.

Under common law, individuals who have caused a car accident have committed a “tort,” a private wrong against another (but not rising to the level of an intentional tort or crime). Those who have committed torts are referred to as “tortfeasors” under the law. Many automobile insurance policies use the word “tortfeasor” to refer to people who are at least partly at fault.

There is rarely a question of fault when a motorist has engaged in intentional or reckless misconduct, such as drunk driving. But when it comes to general negligence, as in fender-benders,



Courtesy photo

establishing fault becomes more complex. More than one motorist may be found at least partially responsible. When this is the case and there are multiple tortfeasors involved, state law dictates who must pay for damage to property and injuries to the involved parties.

### Motor Vehicle Statutory Violations

California has multiple laws regulating the manner in which drivers must operate their vehicles upon public roads. Many of these statutes are actually codified versions of the common law, while others are the result of legislative initiative. The important point to remember is that a violation of any of these statutes generally creates a presumption of negligence as a matter of law. For instance, California requires motorcyclists and their passengers to wear helmets. Failure to do so is an act of negligence, which may affect liability in an accident.

A motorist presumed to have caused an accident by virtue of a statutory violation bears the burden of proving that this act of negligence was not a proximate cause of the injuries.

For example, the motorcyclist who fails to wear a helmet suffers a serious brain injury after a motorist driving a car accidentally sideswipes him. The motorist may have been negligent, but so was the motorcyclist who didn’t wear a helmet.

The simplest way to apply the concept of proximate cause to an automobile accident is to ask whether it would be true that, “but for” the violation, the accident would not have occurred. With respect to the motorcyclist example, the helmet would not have prevented the accident but most likely would have limited the motorcyclist’s injuries. Therefore, the motorist may not be held completely liable for the motorcyclist’s brain injury.

### Morton Grabel for a Free Claim Evaluation

If you think that someone was at fault in an accident you were involved in, you should have the facts of your claim reviewed as soon as possible. The good news is that the Law Office of Morton Grabel will evaluate your situation for free. Our attorneys will be able to tell you whether someone was negligent or reckless in causing harm to you, and whether you might be able to collect damages to cover your losses.

**\*THE LAW OFFICE OF MORTON GRABEL HAS RECOVERED MILLIONS OF DOLLARS FOR CLIENTS THROUGHOUT THE INLAND EMPIRE.**

*Please note by reading the information above & herein, no attorney-client relationship has been created. The information provided herein is not to be relied upon as legal advice for your specific legal needs. Should you have legal questions contact The Law Offices Morton J. Grabel in Temecula at (951) 695- 7700. Mort, originally from Philadelphia PA, attended an ABA Law School, has an MBA, a Real Estate Broker’s License, a CA Nursing Home Administrator’s License and is a member in good standing of various local Chambers of Commerce.*

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# Fallbrook Food Pantry earns gold certification



Fallbrook Food Pantry staff and volunteers pose with the Gold certificate awarded them by Adrienne Markworth, founder and executive director of Leah's Pantry. Lucette Moramarco photo

**Lucette Moramarco**  
Associate Editor

The staff, board members and volunteers at Fallbrook Food Pantry have been recognized by Leah's Pantry, a nonprofit that works to improve nutrition security.

Its Nutrition Pantry Network is a national program that certifies food pantries as health-focused food distributors. The certification has three levels, gold, silver and bronze and FFP is one of the first gold-certified pantries in San Diego County.

The certification highlights the Fallbrook Food Pantry's dedication to providing the community with healthy and nutritious food.

"Fallbrook Food Pantry did not have a lot to do, it looks great which is not our experience everywhere," Adrienne Markworth, founder and executive director of Leah's Pantry, said at the certificate

presentation Jan. 31.

Markworth also recognized the pantry's former director, Jennifer Vetch. "Gold certification was appropriate with the leadership easing the transition to a new director," Markworth said.

Everyone agreed that with the board members and volunteers committed to the pantry, having new director Shae Gawlak replace Vetch was a great transition last summer.

The Nutrition Pantry Program recognizes health-centered pantries because not all food pantries offer dignified service or have volunteers who are well trained.

"It's not just food, it is how they give out the food and how they provide a solution to food insecurity working with farmers and other nonprofits," Markworth explained.

She added that trauma is caused by food insecurity and having complete access to all food groups can relieve stress.

"Leah's Pantry shares what individual pantries learn and their best practices with others throughout the state. Two or three visitors have already been out to see FFP and how it utilizes space; it helps other pantries to know they can do it too, be a leader and a beacon," Gawlak, who holds a degree in nutrition, said.

During the certificate presentation, a few volunteers shared their feelings about the Fallbrook Food Pantry.

"I just love being here, I'm happy here," one volunteer said.

Another volunteer pointed out how the pantry serves the needs of Fallbrook residents saying, "Our community loves our fruit and vegetables; we love being able to give good produce."

One volunteer, identified only as Ted, said that "working with the clients, on a scale of one to 10, it's a 10! Our fellow workers here have heart."

For many of those in attendance, having a nutritional pantry was something considered to be "very important."

"This was important to me; I was one of these families not long ago," Gawlak said. "I had an EBT card and going to the grocery store was embarrassing."

Gawlak said she lived in the Denver area when she needed the service, but she stopped going to the food pantries as they all only had processed foods.

"I became good at managing money to get better food. It makes me feel so good every day that we have fresh fruit, vegetables and protein," Gawlak explained.

The Fallbrook community



A variety of fresh produce is available at the Fallbrook Food Pantry for its clients. Courtesy photos

supports the food pantry in many ways. Besides volunteering, residents contribute nonperishable food, fresh fruit and monetary donations.

Gawlak organized a three-day online fundraiser Dec. 13-15 with a goal of \$5,000. It was conducted through social media, with notice going out two weeks ahead of time. They raised \$3,500 the first day, \$2,000 of which came from people

bringing checks directly to the pantry. The total funds raised amounted to \$5,610.

Fallbrook Food Pantry is located at 1042 South Mission Road. Business hours are 9:30 a.m. to 12:30 p.m., Monday through Friday. Mail can be sent to P.O. Box 3008, Fallbrook, CA 92088 or [info@fallbrookfoodpantry.org](mailto:info@fallbrookfoodpantry.org). For more information, call (760)728-7608 or visit, <http://www.fallbrookfoodpantry.org>.



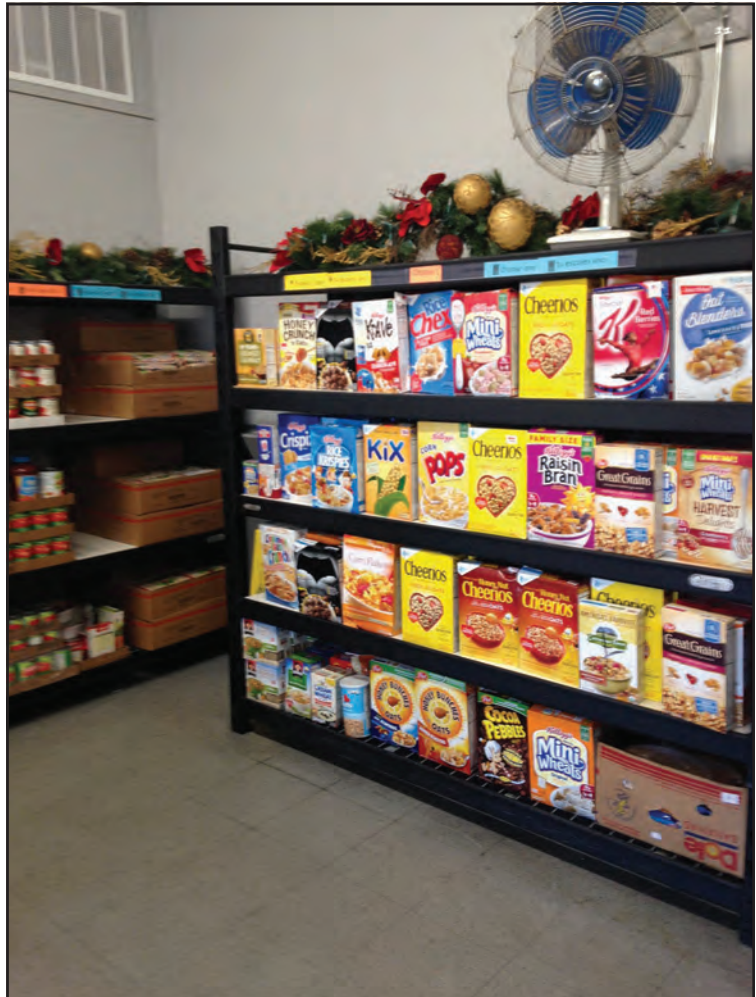
Other proteins in the cold cases include cheese, ham and hotdogs.



Clients can choose one or more different lean proteins from the refrigerated case at the Fallbrook Food Pantry.



Canned goods at the pantry include pasta sauces, soups, broths and meat. Dried goods include pastas, beans and peas, rice and crackers.



Food pantry clients can also choose from a variety of cereals for all ages.



# REAL ESTATE & HOME AND GARDEN

## HEADER

### Planning your backyard orchard

**Roger Boddaert**  
*Special to the Village News*

It's the season for putting your thinking caps on and growing your own wholesome and healthy fruits and veggies for the coming season for you, your family and the community, right at home.

With the unknown of just how commercial fruits from foreign lands are grown these days what better way to ensure your family is getting vine-ripened healthy food right from your own garden.

Now is when bare root trees and plants are available at your local hometown nurseries. The bare root plants are grown commercial up in the central valley under strict horticultural guidelines and, when they reach maturity, are dug up, wrapped and transported to nurseries all over California.

The nurseries bring into our area trees with the specific chill hours that fit the local growing conditions, and this is very important. This chill requirement is specific from the coastal areas up to the mountain range and we want to grow trees in our gardens that fit our area for there are many micro-pockets of temperatures in just one community.

In Fallbrook, you can stage your backyard orchard to harvest fresh homegrown fruits 12 months of the year like cherimoya, avocados, loquats, apples, mangos, persimmons, pomegranates, peaches, nectarines, pluots, jujubes, dragon fruits, blueberries, blackberries, sapote, macadamia, tangerines, oranges, kumquats lemons, limes and even bananas, coffee and more.

I ask you, where else in the country is this horticultural bonanza doable? While we hear of subzero climate that has gripped the country recently, we live in a plant diverse Shangri-La environment, so take advantage of this gift by growing and enjoying a variety of sustainable, healthy fruit crops at home.

First, survey your home areas and consider garden spaces and what you envision in your own food-forest and it does not have to

be just in the backyard if space is available out in the front of your dwelling as well.

If you have limited space, perhaps the art of square foot gardening might be your solution. This is the technique of knowing the ultimate size of the plantings, be it fruiting trees, berry bushes or edible veggies to do dense, compact plantings. Fruit trees also can be espaliered on a fence.

You should plant your deciduous trees on the south side of your home in order for them to help give you some shade on the home in the summertime.

This is the time to go looking for bare-root fruit trees that might not look like much in the nursery but are a good way to begin your family orchard with strong, healthy trees.

When planting bare-root trees, take them home and plunge them into a bucket of water to re-hydrate them and allow some water uptake, for they are in need of a drink at this time.

Spread out the bare root system to see just how large of a planting hole is required. I like to fill the hole with water to see how it percolates and drains, and this is important before setting the tree in the hole.

Be sure to note the graft line from the scion wood and don't cover the graft below the soil line. You might add some organic worm castings and a little fruit tree fertilizer and follow the instructions on the label for the proper amount.

Plant the tree and backfill with the native soil you have just dug out and don't use any pre-made potting soil, or amendments. You want the new tree to get adjusted to its new soil environment and be a happy tree. Perhaps a tree stake might give it support for the first few years.

After the tree is in its new home, give it a good drink, and I also like to build an earthen berm around the outside of the planting hole to ensure a large enough basin to capture either rainwater or a drip system and make sure you have the appropriate drip or bubbler head for adequate watering. Apply



Mature fruit trees are available at various nurseries.



Macadamia grows in our area very well. Here's one in flower.

a good clean 3-4 inches of mulch in the basin and don't get mulch on the trunk of any tree when applying for this could lead to potential fungus on tree trunks.

At this time it is important to do some juvenile pruning to create the proper budding of new flower branch structure for future fruit. An excellent pruning book to have in your garden library is "How to Prune Fruit Trees and Roses" by Sanford Martin, considered a gardener's fruit tree pruning bible in its 25th edition.

Mid-winter is the season to give your mature fruit trees a proper pruning to encourage low branches and stimulate their branch fruit production. Each type of fruit tree requires a different way of pruning and there are lots of online tutorials to view as well.

This is also the time of year to spray your fruit trees to avoid leaf curl, fire blight, downy mildew and other fruit tree problems in

spring and summer, so treat them now. Each product has its own schedule of application, so follow all label directions and check with your local nursery and farm supply stores if you have any questions.

On your established stone fruit trees, you can fertilize now with a low-nitrogen organic fertilizer that also contains some micro-nutrient trace elements for the trees.

When you're out in the garden now is a good time to review your complete irrigation system, making sure you have no broken lines and malfunctioning irrigation heads for when warm weather returns you want to make sure the water is delivered properly for all plantings out in the landscape.

Consider growing home-grown yummy blueberries like "Sunshine Blue," "O'Neal," "Jubilee" and "Sharpblue" in full sun, in a large wooden tub. Blueberries enjoy an acidic type of soils, so add some peat moss or use acidic potting

soils. Always make sure that there is proper drainage with container gardening for this is critical that pots drain well and the health of the plants.

Now is a great time to capture the spirit of growing your own fresh fruits and veggies all around your home-site and to enjoy the fruits of your labor and remember that gardening is very therapeutic for body and soul.

Earth is home for all living creatures and she deserves to be taken better care of, so set your lifestyle to be in a calm harmony with nature.

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Macadamia grows very well in Southern California and produce a nut with a creamy texture.



This jackfruit grew in Rainbow, California.





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TAC recommends Osborne/Hutchison all-way stop

Joe Naiman  
Village News Correspondent

The Jan. 25 meeting of the county's Traffic Advisory Committee included a recommendation for an all-way stop control at the intersection of Osborne Street and Hutchison Street.

The TAC makes recommendations on regulatory controls such as stop signs, traffic signals, speed limits and parking prohibitions, but all TAC recommendations are subject to San Diego County Board of Supervisors ratification. The county supervisors are expected to consider the Bonsall all-way stop April 10.

"It is time," Teri Ardito, who has lived on Osborne Street for 20 years, said.

"The amount of traffic that's coming through there is the variable that's changed," Brian Pennings of the California Highway Patrol, said.

Osborne Street and Hutchison Street are both striped two-lane roadways with 24 feet of travel way width. Osborne Street has an edge line and a road bed ranging in width from 26 to 30 feet. Hutchison Street does not have edge striping and its road bed width ranges from 24 to 36 feet. Osborne Street is classified as a "Light Collector" on the mobility element of the county's general plan and has a 35 miles per hour posted speed limit. Hutchison Street is not classified on the mobility element and has no posted speed limit.

A traffic survey for the intersection was conducted Oct. 24. The 8,110 vehicles which entered the intersection consisted of 3,497 vehicles traveling eastbound along Osborne Street, 2,222 westbound motorists on Osborne Street, 1,698 southbound drivers on Hutchison Street and 693 northbound motorists on Hutchison Street. Between 4 p.m. and 5 p.m., 1,090 vehicles entered the intersection with more than 250 drivers approaching from each way, and more than 200 motorists approached the intersection from each way between 5 p.m. and 6 p.m. when 927 vehicles entered the intersection. The heaviest morning volume was between 7 a.m. and 8 a.m. when 504 vehicles, including more than 100 from each direction, traveled through the intersection.

"I used to be able to get out of my driveway," Ardito said.

During the 66-month period from April 1, 2013, to Sept. 30, 2018, the intersection had 15 reported collisions including eight which involved injury. Twelve of those collisions, including six which resulted in injury, were due to right of way violations. Nine of the right of way violations were between 7 a.m. and 8:15 a.m. or between 4 p.m. and 6 p.m. A driver who ran a stop sign at 7:35 a.m.

caused a three-injury accident, a three-injury accident was caused by an Osborne Street driver at an unsafe speed at 3:15 p.m. and improper turning led to a non-injury accident at 1:50 p.m.

"Everybody's getting their right of way violated," Kenton Jones, TAC secretary, said.

"They are happening during the peak hours," Zoubir Ouadah, county traffic engineer, said.

Ouadah said that the typical driver needs a 7 1/2 second gap to enter an intersection when a vehicle is approaching. "It's not allowing the seven and one-half second decision," he said.

"When gaps decrease you should get more bad decisions," Jones said.

The statewide collision rate for vehicles entering similar intersections is 0.23 per million vehicles. The collision rate for Osborne Street and Hutchison Street is 0.94 per million vehicles.

"It's really scary to go through there," Diana Bennett, who has lived on Hutchison Street for the past four and one-half years, said.

"Up toward Hutchison is a very steep hill," Joyce Haliburton, who has lived in the neighborhood for 33 years, said.

The collisions included a family member of Hutchison Street resident Peter Smith being broadsided.

"It's not safe to walk on that street," Smith said.

The sight distance at the northwest corner of the intersection is 301 feet. A car driving at Osborne Street's 85th percentile speed would need 294 feet to stop, and an 85th percentile speed means that 15 percent of the drivers are traveling above that speed.

The county's Department of Public Works has installed a "cross traffic does not stop" sign on Hutchison Street, and past DPW efforts have included reducing the crest at the intersection.

"Even with all these treatments we're at four collisions within the last calendar year," Ernie Bartley, DPW senior civil engineer, said.

All four of the collisions between February 2018 and September 2018 were due to right of way violations, and two of those involved injury. Bennett added that drivers looking east face the morning sun, and three of the 2018 collisions occurred between 7:40 a.m. and 8:10 a.m., while the other was at 5:05 p.m.

"This has been an ongoing problem," Haliburton said. "It's not a new problem. It hasn't gone away."

Haliburton's husband, Ron, said that Osborne Street is now used by motorists seeking to avoid traffic on East Vista Way.

"Things have changed the last few years," he said. "It's only getting worse."

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# Kiewit to rehabilitate CWA’s First Aqueduct

## Rainbow and FPUD shutdowns will be necessitated

Joe Naiman  
Village News Correspondent

Kiewit Infrastructure West Inc. has been given the San Diego County Water Authority contract to rehabilitate a portion of the SDCWA's First Aqueduct.

A unanimous CWA board vote Dec. 6 approved the contract with Kiewit for \$30,400,000. The project will rehabilitate 3 miles of steel pipe lining through 12 access portals and will also rehabilitate 60 pipeline and valve access structures by installing new piping, valves, access hatches and ladders. Although none of the structures are within the Rainbow Municipal Water District or the Fallbrook Public Utility District, Rainbow and FPUD will be impacted by the shutdowns which will allow work on the pipelines.

“This project is a rehabilitation of the First Aqueduct,” Jerry Reed, CWA director of engineering, said. “It is a priority project in our regional asset management program.”

The First Aqueduct pipelines are the oldest in the CWA's system. Construction on Pipeline 1 began in 1945, and water was first delivered in 1947. Pipeline 2 was constructed between 1952 and 1954 and brought online in 1954. Both are primarily reinforced concrete pipes with welded steel pipe being utilized in high-pressure siphons. The First Aqueduct also includes 10 flow control facilities which were built between 1954 and 1987; some of those flow control facilities connect to both pipelines while others connect to only one. The northern portion of the First Aqueduct runs from the delivery point, where the CWA takes water from the Metropolitan Water District of Southern California 6 miles south of the San Diego County line, to Hubbard Hill in Escondido. Both First Aqueduct pipelines convey treated water.

The southern portion of the First Aqueduct delivers water from Hubbard Hill to the San Vicente Reservoir in Lakeside. Rehabilitation work needed for the southern portion of the First Aqueduct will be addressed by future CWA action.

The CWA has an asset management program which protects the reliability of CWA

facilities. Inspection technologies reduce the risk of pipeline failures and are also used to plan pipeline rehabilitation schedules. The asset management program uses an acoustic fiber-optic monitoring system along with internal inspections during aqueduct shutdowns to detect and monitor deterioration of CWA aqueduct facilities.

An inspection of the steel pipelines in the First Aqueduct revealed deterioration of the original pipe lining, which has created corrosion damage. The pipe lining will need to be removed and replaced to prevent additional damage and extend the service life of the pipelines. The structures assessment identified rehabilitation of concrete structures to extend their service life, replacement of valves and piping which are beyond their service life, and abandoning structures which are no longer required to operate and maintain the aqueduct.

CWA staff met with MWD staff, with United States Bureau of Reclamation staff, and with a contractor who has lining rehabilitation experience to determine the most cost-effective method for the lining rehabilitation. The lining will be removed and replaced from the inside to minimize excavation and community impacts.

Some sections of the aqueduct must be taken out of service for the work to be performed, and the work schedule includes allowing construction to occur during extended aqueduct shutdowns. Six of the 10 flow control facilities will need a new interconnection so that they can connect to both pipelines and service can be maintained when one pipeline is shut down. The CWA expects the work to begin in January 2019 and be complete in spring 2021. The first phase will address the six flow control facility turnouts as well as rehabilitate 8,600 feet of lining and 31 valve and access structures while the following year's phase will rehabilitate 5,900 feet of lining and 29 structures.

The CWA coordinated with its member agencies to ensure that no retail deliveries are interrupted during shutdowns which affect those agencies. The impacted agencies including Rainbow and

FPUD will rely on stored water, transfers and draw from the CWA's Second Aqueduct.

A nonvoting presentation, June 28, to the CWA's Engineering and Operations Committee estimated the construction cost to be between \$12 million and \$14 million. When the project was advertised for bid Sept. 28, the estimate had increased to between \$19 million and \$23 million with \$4 million added to address market conditions and \$3 million accounting for estimate omissions in mobilization and structure rehabilitation costs. A \$3 million allowance was added during the bid period in case groundwater treatment was necessary, which increased the estimate to between \$22 million and \$26 million.

Three companies submitted bids by the Nov. 1 deadline. Abhe and Svoboda Inc. had the apparent low bid at \$27,912,254, but the bid was deemed non-responsive as bid amounts, details of plans for construction and identification of vendors, suppliers and service providers were omitted in the proposal. Kiewit's \$30,400,000 proposal was deemed the lowest responsive bid while J.F. Shea Construction submitted a bid of \$31,349,555. The bids include the groundwater allowance; the CWA will not pay that portion if treatment is not needed. The CWA staff analysis to determine the difference between the estimate and the Kiewit bid amount found that Kiewit used a different cement mortar lining method which added \$3 million to the cost but which will be necessary due to the project's pipe size and scope. The analysis also determined that market conditions for pipe and equipment added \$1.4 million to the cost.

“The market conditions have changed,” Reed said.

Although CWA staff recommended that the board accept the Kiewit bid, three alternatives were presented for the board to consider.

“Every alternative requires delaying the project,” Brent Fountain, CWA senior engineer, said. “You're increasing your risk of failure.”

Delaying the project with the hope of better market conditions could produce a favorable change

in costs, but the specific reduction is not known and costs could increase.

“We never know what the costs are going to be the next few years,” Lois Fong-Sakai, who is one of the city of San Diego's representatives on the CWA board, said.

Market trends historically have had two-year to five-year phases, so that would likely be the delay period. In addition to increasing the risk of infrastructure failure delaying the project could impact other projects scheduled for the future since the increased demand for construction contractors could result in higher prices for those projects. An alternative to split the project into three smaller projects might attract additional bidders, but

the redesign and re-bidding work along with additional construction management would add \$3 million to the CWA's costs and the one-year delay could also result in higher construction costs.

The third alternative was to have CWA staff perform the construction while subcontracting for specialized tasks such as the steel pipe lining rehabilitation. That would also cause a one-year delay and would require an increase in CWA staff. The project would be outside the CWA's normal scope of maintenance, and the CWA rather than a contractor would take on the construction risk.

“There wasn't any benefit to these alternatives,” Fountain said.

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# Annual Orchid Auction scheduled for this weekend

SAN MARCOS – The San Diego County Cymbidium Society will hold its annual Orchid Auction Saturday, Feb. 9, at the San Marcos Community Center, 3 Civic Center

Drive, in San Marcos. Event will feature all types of orchids. A preview will begin at 11 a.m., and the auction will begin at noon with free admission and free parking.

Credit cards will be accepted. For more information, contact Ivan Allen at (760) 533-4975.

Submitted by The San Diego County Cymbidium Society.

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# Real Estate Round-Up:

## There’s a new sheriff in town



**Kim Murphy**  
Murphy & Murphy Southern  
California Realty

Last week I was in Indian Wells for the California Association of Realtors winter state directors meeting. It was like drinking from a fire hose, getting up to speed on the vision and corresponding legislation coming down from the new administration.

There is a new sheriff in town,

named Gov. Gavin Newsom, and things will be different for California if he has his way. He is surrounded by a super majority in both the state Senate and the state Assembly, so passing legislation will be simple. Name it, claim it and pass it along to the taxpayer.

The committees at CAR review pending legislation and current direction from the perspective of homeownership and private property rights. The state directors come from across the state and have various political affiliations, diverse race, age and sexual orientation and a wide range of social and fiscal opinions. It is a forum where directors are encouraged to speak freely, with no set outcome in mind beyond how it affects homeownership and property rights. We flush things out and reach a consensus. The federal congress could take a page out of these meetings.

In future weeks I will dig deeper into the following topics:

What is “affordable workforce housing?” The governor said

that he wants California to build 500,000 more units of housing each of the next seven years. In light of the fact that last year California only built 130,000 units, it is a steep climb with undefined guidelines. It appears that many of these units will be for rent units and even some government-owned units. Which takes me to my next topic.

The governor has requested that all state-owned land be evaluated to see what can be developed or what can be exchanged with communities so housing can be built.

Even though Proposition 10 failed in November, the governor said that it is his intention to address “rent stabilization.” Sounds like rent control to me, and it doesn’t really matter that the voters rejected it, because it’s all in the name of more affordable housing, right?

Assembly Bill 1, written by Cecilia Aquiar-Curry, D-Winters, seeks to reduce the vote required from two-thirds to 55 percent

for bonded indebtedness to fund housing. Believe it or not, 55 percent is a compromise from what the governor wants, which is a simple majority. I bet I’m getting your attention now.

CAR is taking a “Watch” position on all legislation that would require local governments to plan and implement a jobs-housing balance. It means that as jobs are created, housing must be built to accommodate those new workers. We are watching this action because we believe that every community or county should make the decisions about the quantity of their housing needs and location of that housing.

CAR is also adopting an “Oppose” position on the electrification of housing. Recently the “decarbonization” of all buildings has come to the forefront. All buildings would rely solely on electricity as its energy source. Gas appliances would be eliminated, and retrofitting would be required to go from natural gas or propane to electricity.

Laws passed last year require that buildings residential and commercial constructed after 2030 must be all-electric and that by 2045, all electricity used in the state must come from solar, wind or other emission free sources. Thus, gas-generated electricity and natural gas appliances are being phased out entirely as the state move forward. A cleaner California is absolutely a great direction, but imposing retrofitting on all existing structures will be expensive to the owners of those buildings.

That’s it for this week. Look for next week when I will take on one of these topics in-depth. I look forward to hearing from you. Have a great weekend.

Kim Murphy can be reached at [kim@murphy-realty.com](mailto:kim@murphy-realty.com) or (760) 415-9292 or at 130 N. Main Avenue, in Fallbrook. Her broker license is #01229921, and she is on the board of directors for the California Association of Realtors.

# County trails to try in 2019

**Michelle Mowad**  
County of San Diego  
Communications Office

Make 2019 the year of new adventures and fresh air. San Diego County park rangers have selected 10 trails for residents to try this year. The picks are scattered across the county from the coast to the mountains and deserts. And they’re a mix of some of the most popular and least traveled.

Before hitting the trail, consider the difficulty of the hike, the weather and personal physical fitness levels. The trails are broken down from easy to hard. No matter if someone is taking their first steps or are looking for a new hiking challenge, bring plenty of water, dress properly, stay on marked trails and make sure to let someone know where they are hiking.

In addition, County Parks hosts

dozens and dozens of guided hikes throughout the year. Find one in the County Parks and Recreation Activity Guide.

**Easy**  
**Trail: Dairy Mart Pond Loop Trail at Tijuana River Valley Regional Park**  
*Distance: 2 miles*  
*Elevation Gain: Flat*  
*Duration: 1 hour*  
**Pro Tip:** Take a virtual hike along the trail before lacing up the sneakers and hiking it in real life. Part of the trail is Americans with Disabilities Act accessible.

**Trail: La Orilla Trail at San Elijo Ecological Reserve**  
*Distance: Up to 5 miles*  
*Elevation Gain: Flat*  
*Duration: 2 to 4 hours*  
**Pro Tip:** San Elijo is a bird-watcher’s paradise. Bring binoculars. Stop by the visitors’ center for a map and to meet Franklin.

**Trail: Valley View Trail at Barnett Ranch County Preserve**  
*Distance: 4 miles*  
*Elevation Gain: 630 feet*  
*Duration: 2 hours*  
**Pro Tip:** Don’t miss the opportunity to snap a selfie at the double-sided bench. The preserve is a great spot for lunch or snacking al fresco.

**Easy/Moderate**  
**Trail: Flinn Peak Trail at Flinn Springs County Park**  
*Distance: 0.75 miles*  
*Elevation Gain: 175 feet*  
*Duration: 1 to 2 hours*  
**Pro Tip:** Keep eyes peeled for creek frogs and Kumeyaay artifacts like grinding holes, which were used for the preparation of food. While this is a shorter hike, choose a personal adventure and continue into the adjacent preserve.

**Moderate**  
**Trail: South Barcelona Trail at Dictionary Hill County Preserve**  
*Distance: 2.1 miles*  
*Elevation Gain: 565 feet*  
*Duration: 1 to 2 hours*  
**Pro Tip:** This is the newest county acquired open space. If available, bring trekking poles or a hiking stick as parts of the trail are rocky.

**Trail: Old Survey Road 97 at Ramona Grasslands County Preserve**  
*Distance: 5.4 miles*  
*Elevation Gain: 938 feet*  
*Duration: 2 hours*  
**Pro Tip:** Hiking this trail takes a little bit of planning because hikers need a permit, and it is only open weekends from Aug. 15 to Nov. 15.

**Moderate/Hard**  
**Trail: Del Dios Highlands County Preserve fire road**  
*Distance: 2.6 miles or longer*  
*Elevation Gain: 910 feet*  
*Duration: 1 to 2 hours*  
**Pro Tip:** Halfway up the trail hikers can see Lake Hodges. At the top, they can see the ocean on a clear day. Hike the 2.6 miles in Del Dios or continue into the Elfin Forest for another 10-plus miles.

**Trail: Kanaka Loop Trail at Santa Ysabel East County Preserve**  
*Distance: 7.4 miles*  
*Elevation Gain: 1050 feet*  
*Duration: 5 hours*  
**Pro Tip:** Be ready to share the trails with cattle that also call this preserve home. Of course, mooove over or wait for them to pass.

**Hard**  
**Trail: Mt. Gower County Preserve trail**  
*Distance: 10.3 miles*  
*Elevation Gain: 3,193 feet*  
*Duration: 5 to 6 hours*  
**Pro Tip:** This preserve is not just dense chaparral, but oak woodlands, shaded streamside arbors and meadows. Look for the teepee and rock fangs along the hike.

**Trail: El Cajon Mountain trail at El Capitan County Preserve**  
*Distance: 11-plus miles*  
*Elevation Gain: 4,000 feet*  
*Duration: 5 to 7 hours*  
**Pro Tip:** This trail is considered one of the toughest in the county. Start early and bring water, snacks and a fit friend to enjoy the views.



Dairy Mart Pond Loop Trail.



San Elijo Ecological Reserve.



Flinn Springs.



Ramona Grasslands County Preserve.



El Capitan County Preserve.

Courtesy photos

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OBITUARIES



**Marion Saunders** delighted the world when she was born Dec. 6, 1923, in San Diego. Her parents, Lola and George Stephens, had three active boys, Milton, Warren and Bob, when their darling girl arrived. She was supposed to be dainty and quiet. Nope, Marion had her own ideas. She danced when dancing wasn't allowed in her household, did cartwheels and handstands whenever she could, chewed gum that was not really gum, but tar which she and her friends picked up from the newly paved streets of San Diego and argued with her brother Bob, the next youngest in the family because he wouldn't let her play with his pet "Turken," a chicken-turkey cross, which used to ride on the handlebars of his bicycle. She tried to be a good daughter,

so she learned to ice skate instead of dance, and thought she might even become a professional until she missed a jump and landed on her tailbone, breaking not only her bone, but her dreams. When she was 8 years old, her mother took her and her brothers Warren and Bob on a cross country trip by automobile to see her brother Milton graduate from Annapolis Naval Academy. It was in the height of the Dust Bowl sand storms, and they had to stop every 10 miles to clean off the dirt which built up on the carburetor. Back in San Diego, she saved up her babysitting money and spent it on renting horses every Saturday to ride all over Mission Valley, which are now covered in malls and highways. During the week, she practiced piano, did well in school and babysat every day after class. When she excelled at piano, her beloved grandmother, Rachel Powell, gave her piano to Marion. By the time she got to San Diego High School, she was an excellent pianist and vocalist, singing in choir at her church and many others, and she did finally get her mom to relent and let her take dancing lessons with her good friend Peggy Pine if she promised to go to church right afterward. When she was 12 years old, she went camping in Sequoia National

Park with Peggy and her family and fell in love with the giant trees. She wrote a song about Sequoia and sang whenever she visited Sequoia. She sang it to Rick and Vicki when they took her to Sequoia to celebrate her first wedding anniversary after her husband Dick's death in 2006. In high school, she still roamed all over Mission Valley, but now it was with her brother Warren, riding with him on his motorcycle. Her piano teacher recommended her for a music scholarship to go to Hardin Simmons in Abilene, Texas. Marion was delighted to go because she found out she could join their horseback riding team. In Texas, she learned to do trick riding while still excelling in her studies. Then, her world changed. A friend introduced her to a GI who was also from San Diego. His name was Dick Saunders. Three days after he met her, he asked her to marry him. She laughed and told him to come back in two years. Coming out of a movie theater on a date Dec. 7, 1941, they were met with the news Pearl Harbor had been attacked. Dick was called back to base and posted to Panama; Marion headed back to San Diego to be with her mom and became a telephone operator for the Navy. Two years later, after long distance letters, Dick showed up on her doorstep, and they decided to

get married. She went to Oklahoma where he was stationed, and they were married in June. Of course, there are many more chapters to their love story, but the ones you need to know about are after the war. Dick used the GI bill to get his master's in education at Northern Arizona University in Flagstaff, Arizona. Afterward they moved to Camp Verde, Arizona, where Dick taught high school and Marion was at home raising their two children, Vicky and Rick. By 1953, they missed their extended families and the Pacific Ocean, so they moved to Fallbrook, where Dick taught junior high, and Marion worked first, as a nursery school teacher, and later, as a secretary at the hospital on U.S. Marine Corps Base Camp Pendleton. They were active members of Fallbrook Methodist Church. Marion and Dick taught over 2,000 people to swim during the 10 years they ran the Summer Swim Program for the town of Fallbrook. Even before Dick retired, they had a camper van and loved traveling and camping and fishing and visiting friends and relatives. They made friends wherever they went. They cherished their get-togethers with their brothers and sisters and nieces and nephews. Eventually their children married and had children. Grandma Marion

loved being a grandma. She glowed when she talked about them and to them. She was interested in everything they did. Then, somehow, the years flew by, and her grandchildren grew up and had their own children, and she was a great-grandmother. Of course, anyone who knows her knows she just expanded her heart and her arms and her range of interests. She was interested in the lives of all her family, siblings, children, grandchildren, great-grandchildren, nieces, nephews, in-laws and out-laws. She never forgot anyone's birthday. She kept a calendar which is really a diary for the whole extended family. In fact, her children still called her anytime they needed to know a birthday or an appointment or travel plans, their own or anyone else's. Marion Saunders will be missed by all who knew her. She is survived by her two children and their spouses, seven grandchildren, 11 great-grandchildren and her extended family and friends. There will be a Celebration of Life for Marion Saunders Saturday, Feb. 9, at 1:30 p.m. at Fallbrook Methodist Church, 1844 Winter Haven Road, in Fallbrook; arrangements by Berry-Bell and Hall, Fallbrook Mortuary Inc. Donations in lieu of flowers to Fallbrook Methodist Church or a charity of your choice.



**Retired U.S. Marine Maj. Raymond Howard Schmidt** of Palmetto, Florida, passed away Jan. 17, in Escondido. Born in Danvers, Illinois, to Joseph John and Mary Belle Lander-Schmidt, Raymond was the youngest of 12 children and is survived by his sisters, Carol Thomas and Edith Schneider; multiple nieces and nephews; and his sons, Theodore, Gregory and William. Raymond served his country honorably for 21 years in the U.S. Marine Corps. A veteran of the Vietnam War, he received numerous decorations, including the Navy Commendation Medal, National Defense Service Medal, Vietnam Service Medal, Republic

of Vietnam Campaign Medal and the Gallantry Cross with Palm. While in the Marine Corps, he earned the designation of "Mustang" by moving from enlisted rank to officer and earning both a bachelor's degree and a master's degree in engineering while in the Marine Corps. He also earned a Master of Business Administration from the University of California after retiring with honor from the Corps and was an instructor in computer sciences and engineering for The California Community Colleges for many years. After retiring, Raymond continued to serve his country and community in numerous organizations, including the Military Order of the World Wars and the MOWW Youth Leadership Conference at U.S. Marine Base Camp Pendleton. Raymond was a Marine, Mustang and Warrior. He served his country with honor, commitment and dignity and will be buried at sea with full military honors in a private ceremony. No other services are planned. In lieu of flowers, memorials may be made to the Semper Fi Fund at [www.semperfifund.org](http://www.semperfifund.org).



**Sharon Ambrosine Mullin, 75,** passed away peacefully at Palomar Hospital due to complication

with leukemia, Jan. 15, 2019. Sharon was born Oct. 9, 1943, in Portland, Oregon, the younger of two daughters. She moved to California in 1961. She had resided in Fallbrook for the last 48 years. Sharon was a CPA and had her own business in the community. She was part of the Fallbrook Chamber of Commerce since 1981 and a member of Rotary since 1991. She was also involved with a business group called Connections; she co-chaired the Fallbrook Chili Cook-off for several years. Sharon is survived by her loving son Michael Lorah and his wife May Lorah of Temecula, daughter

Cathy Mullin of Las Vegas and three granddaughters, Victoria Lorah, Lexi Lorah and Samantha Lorah. She is also survived by other family members in Oregon such as her brother-in-law, Ray Hinz; nieces Kathy Kennedy and Vicky Golub, her husband Len Golub and nephews Larry Hinz and Keith Hinz. In honoring Sharon's wishes, the family will not be having a memorial service. A private ceremony will be held in Fallbrook. Donations could be made in her memory to the American Association for Cancer Research.



**Allan Tiso**, a self-taught engineer, inventor, and artist died in California in December 2018 at the age of 79. Allan was born Jan. 4, 1939 in the Bronx borough of New York City. In 1950 his parents moved to the town of Babylon on the south shore of Long Island, New York. It was there that Allan developed his life-long love of the ocean. After a brief stint in the Army where he trained as a combat engineer, Allan followed his father into the plastic molding business. He worked as a manufacturing engineer for several companies. In 1986 he started his own business designing and manufacturing medical devices. He invented an allergy testing device that is currently used in clinical application throughout the United States. Allan pursued many interests in life. He became a certified SCUBA diver, and in 1971, he traveled to Australia to fulfill his dream of diving on the Great Barrier Reef. Allan's adventuring was not limited to just the land and sea. In 1972, he acquired his private pilot certificate. He said that flying was as wonderful as gliding beneath the sea. Tired of harsh New York winters,

in 1977 Allan moved his family to a five-acre avocado grove in Fallbrook, where he lived for 41 years. Allan loved the countryside and California weather and believed that one measure of his success was the ability to raise his family in such a beautiful place. In addition to being a gifted engineer, Allan pursued artistic interests. He made stained glass panels and also designed and built metal-work lamps that featured his own custom glass shades. His artwork was displayed and sold at shows throughout California. Allan was never afraid to take a new road. He believed that people should follow their dreams to fruition. As he advised his children, "The future will be changed by the things that you do, not the dreams that you have. Dreams are how your soul expresses desire, but only your actions make the desire real." He is survived by his high-school sweetheart and wife of 58 years, Tina; his brother John; his four children and 11 grandchildren. A Celebration of Life service will be held at St. Peter the Apostle Catholic Church in Fallbrook, Friday, Feb. 22, at 10:30 a.m.

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ENTERTAINMENT

Art by the Inch announced at Brandon Gallery



Artists Susan Keith and Dianne Jansen show how it works at Brandon Gallery’s Art by the Inch.



Courtesy photos

FALLBROOK – Brandon Gallery will begin its sixth fundraiser “Art by the Inch,” April 1, and will celebrate the rich agricultural character of Fallbrook. The painting will begin April 1, and it will go on sale at a reception and pre-sale, April 13. Sales continue through May.

Brandon Gallery artists will collaborate to create a 30-foot-long work of art, combining all the artists’ unique styles in a work that depicts Fallbrook’s agricultural life and legacy. The public is invited to stop in and watch the painting progress and talk to the participating artists. Any time after April 13, buyers can select a portion to purchase for one dollar per square inch. Pre-cut mats will be available, as will member artists, to assist in the selection of an individual piece of art. JP Framing, located within the gallery, has framing options specifically for ABI and specially priced for the event.

Since the first Art By The Inch event in 2009, more than 600 pieces of quality art have been sold from these unique collaborative works.

Brandon Gallery is located in the heart of the village of Fallbrook, is an artists’ cooperative with a 40-year history and represents local, regional and national artists of a variety of disciplines including oil, acrylic and watercolor painting, photography, pastel, printmaking, digital media, sculpture and jewelry. Brandon Gallery, located at 105 N. Main Ave. in Fallbrook, is a division of Fallbrook Arts Inc. a 501(c)(3) nonprofit. The gallery is open from 10 a.m. to 4 p.m. Tuesday through Saturday. Call (760) 723-1330, email [info@fallbrookbrandongallery.org](mailto:info@fallbrookbrandongallery.org) for more information or visit [www.fallbrookbrandongallery.org](http://www.fallbrookbrandongallery.org).

Submitted by Brandon Gallery.

Crazy for tap



Taylor Mettra as Polly and Jeffery Scott Parsons as Bobby tap their way through “Crazy for You.”



“Crazy for You” features 21 talented singers and dancers.

Ken Jacques Photography photos

**Elizabeth Youngman-Westphal**  
*Special to Village News*

“Crazy for You” is a smash hit, the No. 1 show in San Diego County now playing downtown at the Horton Grand Theatre. Plus, everybody in the show tap dances. Busby Berkley lives.

Produced by San Diego Musical Theatre “Crazy for You” opened Friday, Feb. 1. And just maybe, it’s the best show in the last 12 months.

Director Kirsten Chandler calls this “an old-fashioned musical about a boy, a girl, and a theatre that needs saving. It is a lighthearted, toe tapping confection...” And she is right.

Starring – a term never used in this column before – Jeffery Scott Parsons as Bobby Childs, the boy. Parsons is a song and dance man like Fred Astaire, Mickey Rooney, Gene Kelly and Donald O’Connor – rolled into one super talented guy. And like any leading man, he is handsome, charismatic, oozes charm and is graced with impeccable comedic timing. How he remains in our town is anybody’s guess.

Anyway, before Parsons is discovered and it costs hundreds of dollars for a bad seat in a cramped Broadway theater, why not scramble and secure tickets to this show before the tickets are gone? You will exit feeling joyful.

Next to this amazing actor is Taylor Mettra as Polly Baker, the girl. New to the San Diego stage, Mettra spends her time performing at Disneyland Resort. Now you know another reason this show is so fantastic. Mettra can melt your heart while simultaneously breaking it with a song.

They are the dynamic duo. Slick, polished and professional.

Yet, there is more to this show than just these two talented singers and dancers. Truth be told, there are 21 talented singers and dancers. Starting with the jaw-dropping lovelies in the chorus line tap, tap, tapping a rhythmic beat like Madeline Edwards as Louise, 16-year old Kiara Geolina as Sheila, Kylie Molnar as Tess, Emma Nossal as Patsy, Alison Teague as Betsy, Carly Walton as Elaine and Andrea Williams as Mitzi. They are cuter than the Rockettes.

Supporting roles are filled by some of area’s finest performers including David McBean who plays multiple characters. Kelly Derouin is Irene Roth who eventually finds happiness with Edward Chamberlain as Lank Hawkins, the only role he has ever played in the theater.

Richard Van Slyke plays Polly’s dad while Katie Gucik is Bobby’s mother. They both add to the drama and hysterics while moving the story forward.

In this show, for every girl there seems to be a boy who can sing and dance too. For instance, Donny Gersonde plays Moose; Isaac Jackson is Sam; Luke H. Jacobs is Junior; Alex Nemiroski is Billy; Jonathan Sangster is Mingo; Austin Wright plays Wyatt and Matthew Ryan as Harry still finds room on this crowded stage to do gymnastic flips, twists and flops without falling into the front row.

Producers Erin and Gary Lewis have committed themselves to bringing only the finest talent to work in and around their musical productions.

As one of the youngest theatre companies in the county, SDMT was born in 2006. Still it has produced multiple award-winning shows while sharing the glory with their team of directors, choreographers like Jill Gorrie, actors and designers. Plus, the company partners with area charities through patron donations collected after every performance.

Behind, or it should be said “overhead,” is the uber-talented house musical conductor Don Le Master and his merry band of musicians.

Oh, has it been mentioned the music and lyrics were written by those two brothers George and Ira Gershwin. While the songs and book for “Crazy for You” were pulled from other shows, even some written for Fred Astaire, which is why so many tunes are familiar to the grown-ups, a film version was rewritten for Mickey Rooney and Judy Garland, and with even more digging, according to Wikipedia, on the opening night of “Girl Crazy” in 1930 – the pit included Benny Goodman, Gene Kruppa, Glenn Miller and Jimmy Dorsey. Furthermore, in that same opening cast, a couple of girls made their Broadway debuts starting with the legendary Ethel Merman beside the renowned Ginger Rogers.

The SDMT team recruits only the finest musicians, directors, choreographers, designers for sound and lighting, costumers and set design wizards leading to some of the area’s finest musical theater.

“Crazy for You” sets the bar high this season. It is a theatrical masterpiece.

The phenomenal cast at San Diego Musical Theatre performs “Crazy for You” until March 3 at The Horton Grand Theatre, 444 Fourth Street, in San Diego. Prepaid parking is available through their website. The handy lot is just across the street. For tickets call the box office, (858) 560-5740, or visit [www.sdmmt.org](http://www.sdmmt.org).

This show is rated a 10+ out of 10. Applause. Applause. Applause.

Elizabeth Youngman-Westphal can be reached at [eyoungman@reedermedia.com](mailto:eyoungman@reedermedia.com).

Pala’s February free events include tribute concert

PALA – Pala Casino Spa and Resort will continue its free events series in February that will feature the return of its popular tribute concerts on a monthly basis at 8 p.m., Friday, Feb. 15, when Mick Adams and The Stones will host guests in the Pala Events Center. The 60+ Club also will continue its free entertainment schedule at 1 p.m. Tuesdays, and the new, expanded Luis Rey’s will continue to offer performances on Fridays and Saturdays. The 60+ Club also will meet in the Pala Events Center.

The free February entertainment schedule includes:

**Tribute Concert**  
8 p.m., Friday, Feb. 15, events center, Mick Adams and The Stones

**60+ Club shows are at 1 p.m. on Tuesdays**  
Feb. 5, Dean Martin Tribute, Andy Dimino  
Feb. 12, Smooth Sounds of Santana  
Feb. 19, Cash, Killer and The King Tribute  
Feb. 26, Neil Diamond Tribute, Kenny Hale

**Luis Rey’s entertainment runs 9 p.m. to 1:30 a.m.**  
Friday, Feb. 1, The Fave  
Saturday, Feb. 2, The Fave  
Friday, Feb. 8, B.I.G.  
Saturday, Feb. 9, The Fave  
Friday, Feb. 15, B.I.G.  
Saturday, Feb. 16, B.I.G.  
Friday, Feb. 22, B.I.G.  
Saturday, Feb. 23, B.I.G.

For more information, visit [www.palacasino.com](http://www.palacasino.com).

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## Warriors follow water polo league title with No. 1 playoff seed

**Joe Naiman**  
*Village News Correspondent*

Two days after Fallbrook High School's girls water polo team wrapped up the Warriors' fourth Valley League championship in five seasons, the CIF playoff seeding and selection committee gave Fallbrook the No. 1 seed in the CIF Division II playoffs.

The top seed bestowed upon Fallbrook during the Feb. 2 meeting gave the Warriors a first-round bye and advanced them to the Feb. 9 quarterfinals at La Jolla High School's Coggan Pool.

"It doesn't make the job any easier, but we're looking forward to it," Fallbrook coach Sean Redmond said of the Warriors' No. 1 seed.

"One of our goals for the whole season was to try to go out and play every game the best we could so that hopefully we would get that No. 1 seed. Every game was important for us."

Fallbrook finished the regular season with a 17-9 record including a 5-0 figure in Valley League competition.

Fallbrook's Jan. 22 Valley League match against San Pasqual High School was a 15-9 Warriors victory. The game was the only league loss of the season for San Pasqual, who took second place in the final league standings with a 4-1 record.

The San Diego Open tournament took place Jan. 24-26. Fallbrook opened with a 6-4 triumph against Canyon Crest High School, which gave the Warriors a second Jan. 24 game against Valhalla High School. The Norsemen built up a 6-1 halftime lead before Fallbrook narrowed the gap in the second half of what eventually became a 9-8 Valhalla victory.

A 14-8 win Jan. 25 against Del Norte High School would be Fallbrook's only other victory in the tournament. Helix High School won a 4-3 game with Fallbrook, and Valhalla was paired against Fallbrook in a Jan. 26 game which was a 5-3 triumph for the Norsemen.

"In three days we played Valhalla twice and Helix, too," Redmond said. Valhalla was seeded sixth in the Open Division for the 2019 CIF playoffs. Helix was given the No. 1 seed in Division I.

"Playing both of those teams we really felt we had an opportunity there. We fell a little short against Helix, losing by one goal, but we held Valhalla to only five points," Redmond said.

Redmond said that all three of the losses to the higher-division teams were by one or two goals.

"That was what was encouraging," he said.

Fallbrook's varsity only has nine players who played the five games in three days.

"We just ran out of steam," Redmond said. "I'm glad CIF is not that way."

Teams in the CIF tournament play two games each week and a team with a first-round bye plays one game the first week. A quarterfinals win will put Fallbrook into the Feb. 14 semifinals and if the Warriors win the semifinal match they will play in the Feb. 16 championship game, also at Coggan Pool.

The three San Diego Open tournament losses showed Redmond and his players what deficiencies they needed to eliminate, and Fallbrook had two more league games to implement those changes.

"Going against Valley Center and Ramona for our last two games really gave us an opportunity to

focus on the things we needed to work on," Redmond said.

Valley Center entered the Jan. 29 game in Fallbrook with a 1-2 league record.

"We just had to be focused and not get complacent," Redmond said. "We have to stay on top of it and just keep playing our game. That was the approach that we were taking for those last two games."

That meant the opponent rather than Fallbrook would need to adjust.

"The other team will either rise to that or not, but we can't control that," Redmond said.

The Warriors could control how they played the game, and in the case of the match against Valley Center that translated into a 15-3 Fallbrook victory.

Fallbrook joined the Valley League for the 2014-15 seasons and in each of the first three seasons Fallbrook not only won the league championship but also handed Ramona High School the Bulldogs' only Valley League loss.

The Warriors and Bulldogs entered their 2018 game against each other with undefeated records, but in last year's contest Ramona scored the winning goal with 35 seconds left for a 6-5 triumph and the Valley League championship.

Valley Center's only league win of the 2018-19 season was against Ramona, and the Bulldogs took a 1-3 record into their Jan. 31 game at Fallbrook.

Because water polo is played in a pool, the players will be wet regardless of the weather, so rain without lightning will not postpone or cancel a water polo game. A thunderstorm creates a safety hazard for anyone in a pool or on metal bleachers, and Redmond and Williams had to work around the weather to ensure that the game was played.

The junior varsity match was to have been played before the varsity game, but the two matches were played concurrently. The junior varsity game took place in Fallbrook's dive pool with the junior varsity coaches serving as referees. That allowed the varsity game to begin at 3:30 p.m.

"An hour before that it was thunder and lightning all over," Redmond said.

Rain occurred during the games, but no thunder was present so the game was not delayed or canceled.

"We were thankful for that," Redmond said.

The thunderstorm resumed after the game was completed.

"We were glad that we were able to get the whole game in before any more thunder and lightning came in," Redmond said.

Because Fallbrook had defeated San Pasqual in the head-to-head match, the Warriors would have been the designated league champion for purposes of a playoff berth even if Ramona had won the Jan. 31 game. The 15-5 Fallbrook victory gave the Warriors the league championship outright.

Seven of Fallbrook's returning players started at least half the games during the 2017-18 season when Ramona deprived the Warriors of a league championship, so this year's Fallbrook-Ramona game was still meaningful.

"They were happy to get that, but we really didn't celebrate much about it," Redmond said of the win.

During Fallbrook's five league victories the Warriors outscored their opponents by a 73-27 cumulative margin.



Fallbrook High School Lady Warrior Paris Dowden takes a shot attempt against the Valley Center High School Jaguars, Jan. 29. Fallbrook won 15-3.



Fallbrook's Natalie Wood looks for an open teammate in the game against Valley Center.



Fallbrook water polo players help goalkeeper Naomi Wood guard the goal against Valley Center.



Lady Warrior Kaitlyn Gallagher reaches back for a shot against the Jaguars.

Shane Gibson photos



SPORTS

Cudal wins 50 back at FAST meet

Joe Naiman  
Village News Correspondent

The Fallbrook Associated Swim Team hosted the FAST 12 and Under ABC Meet at the Fallbrook High School pool Jan. 25-27, and FAST swimmer Lucky Ace Cudal won the 50-yard backstroke race for 9-year-old and 10-year-old boys.

The 10-year-old Cudal had a winning time of 40.67 seconds.

“It was a great swim,” Sean Redmond, meet organizer and FAST director of coaching, said.

The time was more than five seconds faster than Cudal’s previous personal record in the 50-yard butterfly.

“I don’t think he expected to be dropping five seconds in his time,” Redmond said.

Cudal was one of 18 FAST swimmers and one of approximately 330 total swimmers at the meet.

“It was overall, I thought, a great meet,” Redmond said.

The meet allowed swimmers to post qualifying times for the Short Course Junior Olympic Championships meet as well as to gain experience.

“It went well,” Redmond said.

“Our kids that swam in the meet had a number of fast times, and we also got some swimmers earning their JO cuts.”

Three of the FAST swimmers had Junior Olympic qualifying times, although Redmond isn’t disappointed that 15 of his swimmers did not have such qualifications since the meet also allows new swimmers to gain competitive experience.

“What it’s about at this age and this level is getting the experience,” Redmond said. “It kind of motivates them for the next one.”

The FAST 12 and Under ABC Meet had 8-and-under races for all 50-yard strokes and for the 100-yard freestyle event. In addition to posting a Junior Olympic qualifying time in the 50-yard backstroke Cudal also qualified for the Junior Olympic meet in the 50-yard freestyle, where his time of 33.82 seconds placed fourth in the 9-10 boys’ race.

Ten-year-old Brighton Richards swam the girls’ 10-and-under 100-yard breaststroke and qualified for the Junior Olympics in two events. Her overall time of 1:34.25 placed second, but the first 50 yards of that race can be used as a qualifying time for the 50-yard breaststroke and Richards’ time of 44.43 seconds for the first two laps will allow her to compete in the Junior Olympic 50-yard competition. Richards also qualified for the Junior Olympic meet in the 50-yard butterfly; she placed third in the girls’ 9-10 race with a time of 37.51 seconds.

Amelia Vorndam was FAST’s other Junior Olympic qualifier. The 12-year-old had a time of 5:56.66 in the girls’ 12-and-under 500-yard freestyle race which gave her third place.

Redmond emphasized times rather than positions for his swimmers.

“In order to finish in the Top eight they had to beat in some cases 30 or more swimmers,” he said.

None of the 12-and-under swimmers are currently in high school, but those who qualified for the Short Course Junior Olympic Championships meet will spend all or part of Feb. 8-10 at Granite Hills High School, where the CIF San Diego Section meet is held.

“I’ll point out to the kids that this is where the high school championships will be,” Redmond said.



Fallbrook Associated Swim Team swimmer Logan Fast, 8, takes off at the starting block for a 100 freestyle race during the a swim meet at Fallbrook High, Jan. 27. Shane Gibson photos



Fallbrook Associated Swim Team swimmer Emory Vorndam, 10, loses his goggles but continues swimming in the 100 freestyle race.



Fallbrook Associated Swim Team swimmer Lucky Ace Cudal, 10, races in a 100 freestyle swim.



Fallbrook Associated Swim Team swimmer Quintin Pongun, 10, takes off at the starting block against other San Diego County swimmers in a 100 freestyle race.



Fallbrook Associated Swim Team swimmer Amelia Vorndam, center, 12, prepares to take off at the starting block in a 100 freestyle race.



Fallbrook Associated Swim Team swimmer Samantha Stewart, 8, swims in the 50 breaststroke race.



Shane Gibson photos  
Swimmer Olivia Schiller, 12, prepares to take off from the starting block.

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# First-time player Garcia excelling for Bonsall High School girls’ basketball team

**Jeff Pack**  
Writer

When Bonsall High School was unable to field a girls’ varsity soccer team this year, freshman Estrella Garcia took her field vision and transferred those skills to the basketball court.

While she still considers soccer her favorite sport – “I like running with the ball and scoring,” Garcia said – she’s having a great first year for the Legion basketball team.

The Legion’s record is 5-2 in league and 5-6 overall. They were scheduled to play at Del Lago Academy Wednesday, Feb. 6, and will end the regular season by playing School for Entrepreneurship & Technology

at home Thursday, Feb. 7.

Garcia was also a member of the varsity volleyball team in the fall.

“She’s never played organized basketball,” coach Bernard Cantrell said. “She began on the bench, became a starter, and she will definitely be the first team all-league point guard.”

Garcia said she wanted to try the sport to learn something new and said she likes the adrenaline she gets when she steps on the court.

Her goal for this season is to learn as much as possible and is proud of the progress she’s made so far, saying her favorite accomplishment of the season is, “Learning all the stuff I know to this point.”

Her goal is to keep learning and be more patient as a player.

Garcia’s favorite memory of the season thus far is, “Getting all the court burns so I know I’m working hard.”

Garcia said her favorite subject in school is math.

“I like numbers,” she said. She participates in the school’s Interact Club, where she is able to help the community.

- Get to know Estrella Garcia**
- Favorite team: UCLA
  - Favorite athlete: LeBron James
  - Favorite band/musical artist: Fifth Harmony
  - “But they broke up and I’m disappointed, But (my favorite) artist is Lauren Jauregui.”
  - Favorite TV show: “Grey’s Anatomy”
  - Favorite movie: “The Notebook”

*Bonsall High School freshman Estrella Garcia has made an immediate impact on the Legion girls’ basketball team.*

Shane Gibson photo



## Warriors start boys’ soccer season 3-0-3 in league play

**Joe Naiman**  
Village News Correspondent

Valley League play for Fallbrook High School’s boys’ soccer team began Jan. 9, with a 2-1 home victory over Escondido High School, and a Jan. 25 triumph at Escondido to open the second round of league play gave the Warriors a 3-0-3 league record along with an overall mark of 5-8-5. The league record placed the Warriors second in the standings after the first six league games, and a tie with Fallbrook provided the only blemish on San Pasqual High School’s 5-0-1 league record.

“They’re doing great,” Fallbrook coach Jorge Rojas said. “We’re doing exceptionally well for league.”

Fallbrook’s Jan. 9 game against Escondido saw the Warriors take a 2-0 halftime lead.

“It gave us a little bit of confidence to try a few things, a few system changes,” Rojas said.

An unassisted goal was scored by Fallbrook junior Angel Gonzalez. Two seniors produced Fallbrook’s other goal against Escondido; Andres Ramos scored with an assist from Ishmael Guadarrama.

In the 17th minute of Fallbrook’s Jan. 11 home game against Ramona High School, a collision between Ramos and Ramona goalkeeper Lucas Marin sent both to the hospital.

“It was an unusual game because we did have a serious injury on the field,” Rojas said.

Marin dove to stop a Fallbrook shot and Ramos’ knee made contact with Marin’s head. Marin had a gash above the eyebrow and was taken to the emergency room, but he did not have a concussion and was medically cleared the following week. Tissue opened above Ramos’ knee.

“It was a pretty good gash,” Rojas said.

Ramos, who is a center midfielder and one of the Warriors’ captains, was not medically cleared until Jan. 27.

Ramona’s normal backup goalkeeper had received a red card in the Bulldogs’ previous game and was not eligible to play against Fallbrook. Junior varsity goalkeeper Randall Toten had been brought up to the varsity for Ramona’s game against the Warriors and took the nets when Marin was unable to continue.

“I think that gave us a little bit of an edge,” Rojas said.

Approximately five minutes after the injury the only goal

of the 1-0 game was scored by senior Camillo Ruiz with an assist from junior Michael Lopez. The shutout was the third of the season for Fallbrook goalkeeper Roberto Ortega; the senior made four saves against the Bulldogs. Guadarrama is Fallbrook’s outside right back, senior Jake McBroom is the Warriors’ inside right back, sophomore Ricardo Acosta plays inside left back and senior Julian Cortes is in the outside left back position.

A Jan. 16 trip to Valley Center High School produced a 2-2 tie for the Warriors and the Jaguars.

“The boys played well,” Rojas said. “It was a little bit disappointing.”

An early goal was scored by junior Osvaldo Urbina with an assist from McBroom.

“We definitely came out and played some good soccer,” Rojas said.

The Warriors had a 1-0 halftime lead, but the Jaguars scored the equalizer in the second half. Fallbrook took a 2-1 lead on a goal by senior Pedro Penaloza, who was assisted by senior Omar Diaz.

That forced the Jaguars to address their deficit with an increased emphasis on offense, which led to the tying goal. “It’s just part of the game,” Rojas said.

Fallbrook also scored first in the 1-1 tie Jan. 18 at home against Mission Vista.

“We haven’t trailed,” Rojas said of the Warriors’ league play. “We’ve been extremely fortunate.”

Ruiz scored that second-half goal. Lopez provided the assist.

Ortega made four saves Jan. 23 at San Pasqual High School when the Warriors and Golden Eagles played to a scoreless tie.

“The boys played nice organized soccer,” Rojas said.

Tanner Wrzeski is a freshman but earned the starting goalkeeper position for San Pasqual.

“He made a phenomenal save,” Rojas said.

The Jan. 25 game in Escondido was a 1-0 Warriors win.

“They continue to play organized soccer,” Rojas said. “It was fun to watch.”

The second-half goal was scored by senior Eric Ruiz with an assist from Penaloza. Ortega saved four shots.

“I’m just really happy that the boys are being extremely consistent,” Rojas said. “We still have an undefeated streak. Hopefully we can maintain that undefeated status.”

**Joe Naiman**  
Village News Correspondent

The score at the end of 32 minutes of regulation play, or after one or more overtime periods if the score is tied after four quarters, determines who wins or loses a high school basketball game. Fallbrook High School has been on the losing end for all 22 of the Warriors’ games as of Jan. 25, including six Valley League matches, but the Warriors have forced Valley League opponents to overcome fourth-quarter deficits.

“We had leads,” Fallbrook coach Ryan Smith said.

Fallbrook and Escondido High School were opponents when Valley League play began Jan. 9. The game at Fallbrook ended as an 85-47 Cougar’s victory.

The Warriors fell to 0-2 in league play Jan. 11 when a home game against Ramona High School resulted in a 54-37 Bulldogs triumph. Ramona held a 23-16 halftime lead before outscoring Fallbrook by a 22-7 margin in the third quarter.

Fallbrook’s Jan. 16 trip to Valley Center saw the Jaguars prevail in the 64-49 game.

Mission Vista High School made the trip to Fallbrook for a Jan. 18 contest, and although the Warriors

led with five minutes remaining the Timberwolves returned home with a 44-37 victory.

Fallbrook led San Pasqual High School by two points Jan. 23 game on the Golden Eagles’ court with three minutes left in the game before the Golden Eagles overcame the deficit for a 71-66 win.

The Warriors were led offensively by junior Cooper Sherman, who had 33 points against San Pasqual including seven three-point baskets.

The second round of Valley League play began Jan. 25. Fallbrook played at Escondido, who won by a 73-64 margin.

“We’ve struggled,” Smith said.

The Warriors trailed the Cougars by four with two minutes left.

“They executed, they played about as perfect a game as they could,” Smith said. “We just didn’t quite have the depth to stay in the game.”

Sherman scored 27 points against Escondido in the second round and sunk seven three-point shots.

“Cooper Sherman has been phenomenal,” Smith said.

The lack of depth is complementing Sherman’s offensive skills in producing the high points totals.

“We don’t really have anyone to give two or three of our guys rest,” Smith said. “Three of the guys play almost all 32 minutes.”

Sherman tends to play 25 to 26 minutes each game. Substitutes for junior Joel Calhoun and senior Tommy Martin are less available, so Calhoun and Martin sometimes play all the game. Height issues force Smith to keep the 6-foot-3 Calhoun and the 6-foot-2 Martin on the court.

“We’re not very tall as a team in general,” Smith said.

Smith began the season with nine varsity players not including senior Malachi Gordon, who tore his anterior cruciate ligament a week before the season began and nine junior varsity players. Smith moved one of his varsity players who was not understanding offensive and defensive situations to the junior varsity, which reduced the active varsity roster to eight.

“Our bench was thrust in the roles they weren’t prepared for this year,” Smith said. “They’ve done a heck of a job.”

The nine-point loss to Escondido is an improvement from the 38-point margin during the first round of league play.

“I feel like we’re getting a lot better with each and every game,” Smith said.

## PE position offer increasing interest in Fallbrook football coach position

**Joe Naiman**  
Village News Correspondent

Interest in the Fallbrook High School head football coach position has been strong, and Fallbrook athletic director Patrick Walker said that the opportunity for the new coach to be a physical education coach rather than a classroom teacher is the reason.

“I’m getting lots of interest, which is good,” Walker said.

Darius Pickett had been Fallbrook’s head football coach in 2017 and 2018. The decision for Pickett and the school district to part ways was made in December.

Steve Jorde will coach Fallbrook’s boys’ golf team this spring but has announced his plans to retire from the school district. Jorde is also a physical education coach, so that position will be open for the 2019-2020 school year.

The new football coach will work with the 2019 players during spring practice and the CIF deadline to submit team schedules for the 2019 football season is

June 1. Fall practice cannot begin before Aug. 1.

Applications for the Fallbrook head football coach position close Feb. 15.

“It’s being offered with a PE position,” Walker said. “That’s the best fit.”

An applicant who desires to teach in a classroom may also apply but would be given the classroom subject only if a position in that department is available.

“We know for sure we’re going to have a PE position,” Walker said.

A head football coach who is also a physical education coach rather than a classroom teacher will not be bogged down by their classroom duties.

“This gives them the time to really put into the football program,” Walker said. “They’re not grading papers.”

As of Jan. 30, Walker had received 20 applications for the head football coach position. After applications close the potential coaches will be interviewed.

Walker plans to hire the new coach before the start of spring practice.

“We will do that for sure,” he said.

Jorde’s retirement at the end of the academic year will create the need for a new boys’ golf coach, but the spring 2020 golf schedules do not need to be submitted to the CIF until Dec. 1, 2019, and practice cannot begin before Feb. 8, 2020. Walker said that Jorde may be replaced as the boys’ golf coach by an existing faculty member.

“We have lots of pretty good golfers,” Walker said.

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**Village News**

760.723-7319



# Warriors Girls Rugby teams win big over Rancho Bernardo again



Brianna Beath powers through Rancho Bernardo High School tacklers during the Fallbrook High School Warriors' win over the Broncos Saturday, Feb. 5.

**Jeff Pack**  
Writer

The Fallbrook High School varsity girls' rugby team scored early and often on a cold, wet and blustery morning at Rancho Bernardo High School to defeat the Broncos 54-0 in league play.

Senior Nathalie Celis scored four tries and freshman Jordan Duncan scored twice for the Warriors who led 34-0 at halftime. Amanda Ware, Abigail Bachmann, Tiahna Padilla and Itsarely Palma Castillo each scored once.

Freshman Ashlee Hernandez was named Rugby Girl of the match by head coach Craig Pinnell after she was thrust into the No.

8 position after senior Morgan Bitner was injured during pregame warmups.

"Ashlee Hernandez was thrown into an unfamiliar position with the injury to Morgan at No. 8," Pinnell said. "But grabbed the opportunity with both hands and excelled today."

The win keeps the Warriors undefeated in league play.

"Another solid performance today in adverse conditions," Pinnell said. "I think we are currently playing well as a team and beginning to play off each other nicely."

A winning result that was equally impressive was earned by the Warriors' junior varsity team

that jumped out to a 31-0 lead in the first half and cruised to a 64-7 win over the Broncos.

A.J. Haughey and Liberty Benitez were named co-Rugby Girls in the game.

"A.J. and Liberty were very strong and worked well together to disrupt and exploit all possession the other team got," Pinnell said. "They have a never give up attitude."

Haughey and Abbey Savin each scored two tries in the contest and

Lucy Powell, Dakota Flaherty, Liberty Benitez, Aracely Palma and Grace Cockcroft added one score each.

"A strong game based on forward dominance and huge pressure defence with solid rucking and great offloads," Pinnell said. "This team has connected and loves playing together. They are able to read each other well and are quick to exploit the other team's failings."



Nathalie Celis dots the ball down for one of her four tries on the day.



A Broncos player reaches for the ball as Warriors defenders close in.



This Bronco runner is surrounded by Warriors defenders.



Shelby Tippin goes up high to grab a pass.



Tiahna Padilla scores for the Warriors.



Scrumhalf Tiahna Padilla waits over the scrum.

# Conquest Tsunami wins Clocker's Corner stakes eight days after previous stakes race

**Joe Naiman**  
Village News Correspondent

Eight days after finishing third in the Grade 2 Palos Verdes Stakes race San Luis Rey Training Center gelding Conquest Tsunami won the Clocker's Corner Stakes at Santa Anita Park.

Conquest Tsunami's win in the Jan. 27 stakes race was by 4 1/4 lengths over second-place Cistron, and the horse in conjunction with jockey Drayden Van Dyke led throughout the 6 1/2-furlong race.

"He's a very good horse," trainer Peter Miller said.

The Jan. 19 Palos Verdes Stakes was a six-furlong race on Santa Anita's dirt track. After breaking third, Conquest Tsunami was in the lead after one-quarter of a mile and also after half a mile, but he was overtaken by Roy H before entering the stretch. Kanthaka passed Conquest Tsunami in the stretch. Conquest Tsunami finished 1 1/2 lengths behind Kanthaka and 5 1/2 lengths in back of Roy H.

Roy H, who had a winning time of 1:08.89 as well as a four-length margin at the finish line, is also trained by Miller.

"No shame in losing to Roy H," Miller said.

Miller and owner Gary Barber

entered Conquest Tsunami in the Clocker's Corner Stakes eight days later.

"That's very unusual," Miller said of a horse running two stakes races in a nine-day period.

"I knew he could do it," Miller said. "He's very high energy and very sound."

The Clocker's Corner Stakes was run on Santa Anita's turf course. Nine horses competed in the race. Van Dyke took Conquest Tsunami to the front early.

"That was pretty much the plan," Miller said.

Conquest Tsunami completed the first quarter-mile in 21.06 seconds and was 1 1/2 lengths in front of Cistron, who was second for the entire race. The horses had been racing for 42.65 seconds when Conquest Tsunami finished his fourth furlong with a 2-length lead over Cistron. Conquest Tsunami entered the stretch 1:04.90 after the start of

the race and was three lengths in front of Cistron.

The winning time for Conquest Tsunami was 1:11.02.

"He got a very good trip," Miller said. "Very good ride."

The Clocker's Corner Stakes was for horses 4 years old and upward who had not won a graded stakes race since July 1, 2018. The previous win for Conquest Tsunami was in a graded stakes race but Feb. 24, 2018, when he won the Grade 3 Daytona Stakes at Santa Anita. Conquest Tsunami also led throughout that race.

Conquest Tsunami had seven races between his Daytona Stakes win and his Clocker's Corner Stakes victory. He finished second in two of those races and third in three others. He finished 11th among the 14 horses in the Breeders' Cup Turf Sprint and was 12th in a Del Mar Thoroughbred Club stakes race in which he led for the first half of the one-mile

race.

The Clocker's Corner Stakes race was Conquest Tsunami's 30th start and ninth win. Three of those wins have been under Miller, whose first race with Conquest Tsunami was a first-place result at Santa Anita in January 2018. Conquest Tsunami was foaled in Ontario, Canada, April 22, 2012; he was sired by More Than Ready out of Elusive Diva.

Conquest Tsunami raced three times in January 2019; he led most of the Grade 3 Joe Hernandez Stakes Jan. 1, before finishing third. In October 2016 when Conquest Tsunami was racing at Toronto's Woodbine track and trained by Mark Casse, he won an allowance race 18 days after finishing second in his previous start.

Miller and Barber have not yet made a decision about Conquest Tsunami's next race.

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BUSINESS

RS Growers Supply offers the best pots and fertilizers for gardeners and growers



The staff of RS Growers Supply includes, from left, Alicia Lovell, Donovan Lovell, Robin and Roy Siemens of RS Growers Supply Inc. in Fallbrook. Shane Gibson photos

FALLBROOK – “An empty pot needs to be filled,” may be an old saying, but Roy and Robin Siemens take it seriously with their RS Growers Supply business in Fallbrook, a fast growing nursery and garden supply distribution center.

The Siemens started RS Growers Supply 20 years ago, about the same year they got married. They moved to Fallbrook from Orange County in 2000 and began servicing professional growers on the West Coast.

“Our idea was to originally just market plastic pots, but over time we began to realize every grower that buys a pot from us buys fertilizer for the plant in that pot,” Roy Siemens said. “So the RS Growers Supply family kept on growing and one day came up with the idea. ‘If we sell pots and the fertilizer, why not the soil that fills those pots?’”

With that in mind, they looked for the best water soluble fertilizer line on the West Coast and found it in Half Moon Bay. The company, Romeo Packing, is a family-run company that prides itself on two levels: service and quality.

“They are a 60-year-old company, well-known in California,” Roy Siemens said. “We feel very blessed to represent their line to our grower clients. And so, a second company was born – Tri Prime Solutions which also is under the same roof in Fallbrook as RS Growers Supply.”

It specializes in providing both the traditional grower and the hydroponic grower with the best quality coco coir soil available in the market. Tri-Prime Solutions is a partnership between the Siemens family, and Plant Best out of Canada and Van Der Knaap out of Holland. Each partner brings different strengths to the table.

Roy Siemens has sold horticulture products for over 35 years, and Robin Siemens came from a banking and retail background with Nordstroms. She helped guide the family’s new endeavor with a desire that they would be the best at servicing clients promptly and courteously.

Daughter Alicia joined forces with them after finishing her business degree in 2005 and is now heavily involved in sales with the company.

Rounding out things as a family business, Alicia’s husband Donovan, joined the team four years ago bringing support for the company’s information technology and distribution needs with his degree in economics.

“The RS team is also blessed to have Diane Hagen do our bookwork and logistics, and Dave Jr. Phillips handling deliveries and assisting in sales,” Roy Siemens said.

Robin Siemens said, “We have a lean tight group that all wear many

hats to get the job done.”


RS Growers Supply has three main products they market – plastic nursery pots of all sizes and shapes, Romeo water soluble fertilizers and also coco coir soils. All three lines are well stocked at their warehouse-office location at 561 Industrial Way in Fallbrook.

RS Growers Supply and Tri-Prime Solutions serve clients that have small greenhouse operations to the largest nurseries on the West Coast. They carry pots for tree and shrub growers as well as the smaller greenhouse pots used by color, foliage and succulent growers. And they offer a nice line of decorative containers for patio ready markets.


Roy Siemens said, “We offer several coir options. You can buy it by the 40-inch sea container from us directly from India if you have a sizable soil appetite or pick up a pallet or two from our warehouse for the smaller grower. It comes in both blocked coir pallets – which are most economical or in 1.5 cubic yard soil tote bags or just recently in our newest packaging 3.8 cubic foot bales of coir from coconuts. We supply some of the largest growers on the West Coast with coir and also some of the biggest soil companies that use coco coir in their mixes. We pride ourselves in the quality of our product. We have very specific quality control guidelines to keep our soil consistent and at low salt levels.”

Roy and Robin Siemens said they make sure their “pots are filled” with the best fertilizers on the market today at RS Growers Supply, 561 Industrial Way in Fallbrook. For more information, call (760) 451-1941 or email [info@rsgrowerssupplyinc.com](mailto:info@rsgrowerssupplyinc.com).

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Low-income families can get their taxes done for free

Jose A. Alvarez  
County of San Diego  
Communications Office

San Diego County low-income families and individuals will once again be able to have their taxes filed for free, thanks to the county and its many partners.

The free tax preparation will take place until April 15 at dozens of locations throughout the county. The only requirement for the free service is that filers meet income requirements.

The annual free tax preparation services are part of the annual Earned Income Tax Credit campaign, which began in 2003 and was spearheaded by Supervisor Greg Cox. The campaign is conducted every tax season by local nonprofit organizations throughout the region and supported by the county Health and Human Services Agency’s Community Action Partnership, the IRS, AARP, United Way of San Diego County and 211 San Diego.

The campaign helps residents claim their EITC, the federal government’s largest assistance program to support low- to moderate-income families. The IRS estimates that between 20 and 25 percent of eligible people do not



claim their EITC each year.

San Diego County residents can have their taxes prepared for them, do them themselves with assistance from a volunteer or do them on their own by visiting [www.myfreetaxes.org](http://www.myfreetaxes.org). To receive free services, residents can call 211 to make an appointment at a site near them.

The free tax preparation campaign aims to get people out of poverty and help them thrive, one of the goals of the county’s Live Well San Diego vision.

Individuals and families who worked in 2018 and earned less than \$54,884 could qualify for as

much as \$6,431 in federal EITC tax credit. The California credit could be as little as \$223 or as much as \$2,775. Residents must file a tax return to be eligible for both credits.

Last year, EITC campaign volunteers in San Diego filed more than 31,000 federal and state tax returns, saving taxpayers about \$7.7 million in tax preparation fees. The campaign helped to bring about \$40 million in total refunds to local working families and individuals. About \$14 million of the refund amount was EITC dollars.

Fallbrook Chamber announces upcoming events for February and March

FALLBROOK – The Fallbrook Chamber of Commerce has posted its events for February and March. They are as follows:

**Feb. 14** – 8 a.m. – SunUpper at The Pink Pineapple Boutique

**Feb. 20** – 5:30 p.m. – SunDowner at George’s Plumbing, hosted by Fallbrook Village Rotary Club

**Feb. 21** – 5 p.m. – WIN event at Silvergate Retirement Residence – Create Your Own Vision Board, \$10 per person

**Feb. 28** – 5 p.m. – Dinner Mob at Harry’s Sports Bar & Grill


**March 4** – 8:30 a.m. – First Monday Coffee at Chamber office

**March 14** – 8 a.m. – SunUpper at UPS Store

**March 20** – 5:30 p.m. – SunDowner at Grand Tradition Estate & Gardens, hosted by Rotary Club of Fallbrook

**March 29** – Noon – Lunch Mob at El Jardin Mexican Restaurant

Call the chamber for more details on any of these events, (760) 728-5845.



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# EVENTS CALENDAR

**Feb. 13** – Noon-1:30 p.m. – Foundation for Senior Care so-hosts Senior Concern Seminar, “Why Most Estate Plans Will Not Work Considering the New Tax Law and/or the Likelihood of Disability” at Christ the King Lutheran Church, 1620 S Stage Coach Lane. Free of charge and lunch will be provided. Register at [www.SCInstitute.org/FSC](http://www.SCInstitute.org/FSC) or call (760) 723-7570.

**Feb. 16** – 6-9 p.m. – Friends of the Fallbrook Library host author Craig Johnson for its 2019 Community Read. He is the author of 12 Walt Longmire mystery novels, the basis for the Netflix original series, “Longmire.” Reservations are required by Feb. 11. Tickets, \$35 a person, can be purchased online at <https://foflcommunityread.brownpapertickets.com> or at the Bottom Shelf bookstore, left of the library’s main entrance, 124 S. Mission Road.

**Feb. 16** – 7 p.m. – Fallbrook Pregnancy Resource Center hosts its annual “Love Life” event at SonRise Christian Fellowship, 463 S Stagecoach Lane. To attend, make reservations early by calling (760) 728-4105, ext. 10, or email [carolyn@fallbrookprc.com](mailto:carolyn@fallbrookprc.com). Registration forms and more info are available at <http://www.fprcforlife.com/Events/Love-Life-Fundraiser>.

**March 23** – 9:30 a.m. to 2 p.m. – The Bark in the Park fundraiser will support the off-leash dog area at Live Oak County Park, 2746 Reche Road. Registration begin at 9:30 a.m., and a Blessing of the Animals starts at 10 a.m., followed by a community dog walk through the park. Contests begin at 10:45 a.m. and Best in Show announced at 1:30 p.m. For more info, visit [www.liveoakdogpark.org](http://www.liveoakdogpark.org).

**April 27** – 5:30 p.m. – The Boys & Girls Clubs of North County will hold its Forever Young Prom Night dinner and auction at Pala Casino. Ticket prices start at \$185. Visit [www.bgcnorthcounty.org](http://www.bgcnorthcounty.org) for more details.

**May 4** – 9 a.m. to 3 p.m. – Fallbrook Garden Club’s 2019 Garden Tour & Plant Sale starts at the historical society with tickets being exchanged for maps and the club selling plants. Seven Fallbrook gardens are on the tour. Tickets go on sale March 1 at the Chamber of Commerce, Major Market and BrownPaperTicket.com. Cost is \$20 in advance or \$25 the day of the tour. Proceeds fund scholarships and community projects. For more information see [fallbrookgardenclub.org](http://fallbrookgardenclub.org).

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# DINING

## Sweet treats to make with popcorn

FALLBROOK – Popcorn is an amazingly versatile grain. With a little imagination and some common household ingredients,

families can make tasty and original snacks in no time at all. They can also create treats for special occasions like Valentine’s

Day. Here are a few recipes to make for a sweetheart, compliments of the Popcorn Board.

### Rocky Road Popcorn Clusters

Start to finish: 2 hours, 30 minutes  
Yield: about 3 dozen

**Ingredients**  
1 6-ounce bag semisweet chocolate chips  
1 teaspoon vegetable oil  
4 cups popped popcorn  
1 1/2 cups miniature marshmallows  
3/4 cup chopped walnuts

**Directions**  
Place chocolate chips in a small microwave-safe bowl. Heat in microwave on high 1 minute, until melted. Stir in oil.  
Place popcorn, marshmallows and walnuts in large bowl. Pour chocolate over mixture, tossing to coat.  
Drop mixture by tablespoonful onto wax paper-lined jellyroll pan. Refrigerate until firm, about 2 hours or overnight.



### Cheery Cherry Popcorn

Start to finish: 10 minutes  
Yield: 2 1/2 quarts

**Ingredients**  
2 1/2 quarts air-popped popcorn  
1 package cherry flavored gelatin  
Butter flavored spray

**Directions**  
Preheat oven to 350 degrees.  
Put popcorn into a very large oven-safe bowl and spray lightly with butter flavored oil.  
Sprinkle with gelatin.  
Bake for five minutes. Gelatin will dissolve slightly and stick to the popcorn.



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## Top 3: A lighter look at our favorites in Temecula Valley Wine Country

**Jeff Pack**  
WRITER

Temecula Valley Wine Country is a big, spread out area with a variety of winery properties with different tastes, themes and approaches. So, Valley News could present to anyone visiting the area with a list of the finest this and the best that – but that’s just not going to be our style this week.

Nope. This week will present the Top 3 picks in categories Valley News thinks are important to our readers who actually live in the valley.

Some of these selections may be silly and inconsequential when someone is deciding where to sip wine, and that’s OK.

Some of these picks, readers may disagree with. If that happens, argue with the choice.

Valley News wants to hear what readers think and what they know. Educate us, berate us, shame us – participate in this conversation – because that’s what communication is all about.

### Best wineries to be seen – ages 21-35

Say it’s been a rough go lately. No boyfriend, no girlfriend, lots of friends to hang out with, but bars aren’t the thing. Listen, we’re not judging. Rally your besties, here’s where you should go:

Wilson Creek Winery & Vineyard: The sheer volume of people that flood into that place each weekend by limo, by bus or by rented sports car is frankly pretty astounding.

Akash Winery & Vineyard: This new spot has a super hipster feeling to it. It feels new, young and fresh. Being there makes you feel like you’re in the “in” crowd.

Miramonte Winery: Any given weekend, you will find cars all over the hillside and once you arrive, you’re likely to hear reggae music playing or live music on the stage.

### Best wineries to be seen – ages 36 and up

OK, get the friends together, have a good time and maybe meet someone nice. You’re just not all that enthused about hanging with the bachelorette and bachelor parties of all the 20 somethings. To avoid the woo-girls and the bros, go here:

Doffo Vineyards & Winery: Having a higher price point on their wines and a motorcycle museum on the property certainly helps. Being one of the last wineries on the Rancho California strip also helps keep the parties out.

Bottaia Winery: If a party bus pulls up in front of this place, Claudio Ponte himself may be the first one out the door to turn it away. This classy, upscale place is by reservation only. Serious folks only need attend.

Callaway Vineyard & Winery: When you’re there, this place feels like you’re totally adulting. It’s quiet, beautiful, and you’re not likely to find a group of youngsters playing in the fountains or running through the vines.

### Best wineries for not being seen

Right, so it’s not been the best week. All you want to do is find a quiet place to disappear for a while, taste some wine or drink a whole bottle without being disturbed. Here’s where you should go and we won’t tell anyone you’re there:

Mount Palomar Winery: This place is massive. There are so many benches, tables and chairs and little nooks and crannies, you may never see another soul once you leave the tasting room.

Palumbo Family Vineyards & Winery: It’s a little off the beaten path, mellow and, we promise, Nick and Cindy Palumbo will totally let you hang out on the patio and soak in the silence in peace.

Bella Vista Winery: With plenty of private spots to sip and contemplate your next move, Bella Vista is one of those places that sometimes gets overlooked. But not by you, you’re one of the smart ones.

### Best wineries to impress people with

Again, this category has nothing to do with wine. But when you really think about it, don’t things just taste better when everyone is



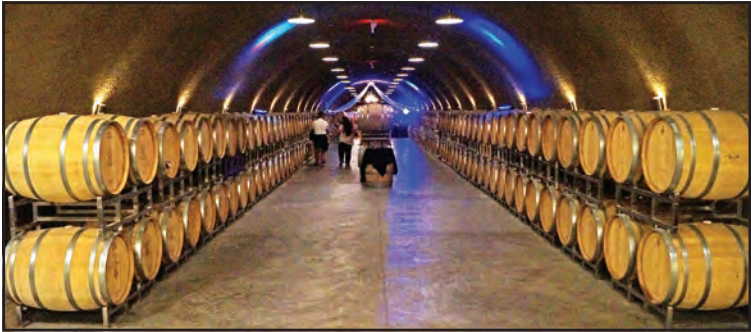
South Coast Winery Resort & Spa is the five-time winner of California Winery of the Year.



Hart Winery is in Temecula Wine Country.



Peltzer Family Cellars is a cool, laid-back place to hang with family and friends.



Oak Mountain Winery has a wine cave.



Wanna get away? Mount Palomar Winery has plenty of place to hide and sip.

Jeff Pack photos

telling you how awesome you are? We agree. If you want to impress a boss or former classmates or that friend of yours that thinks he knows everything, go here:

South Coast Winery Resort & Spa: You know, this is the winery that wins all the awards – they’ve won the California Winery of the Year like five times. And, there’s a delicious restaurant.

Peltzer Family Cellars: It’s vintage farmhouse with a friendly vibe where anyone can feel comfortable. Nobody dislikes the vintage farmhouse vibe. Nobody.

Oak Mountain Winery: They have a cave, enough said. It was built into a hillside, and it’s kind of scary but also really cool. Plus, it’s on the De Portola Wine Trail, so it will look like you’re taking these newbies to an insider’s spot. Yeah, you.

### Best wineries to get real with Temecula Valley wine

All jokes aside, you want to experience the local Temecula winery experience. Here’s where you can go to taste wine made by people who you can most likely talk to about tannins and PH levels and how much a wine barrel costs.

Hart Winery: Joe and Nancy Hart, with the help of his children, planted the vineyard in 1974 and have been making wine ever since. Even though Joe is retired from winemaking, you can still find him checking in on his son and current winemaker Jim just about every day.

Cougar Vineyard & Winery:

Chances are good that if you visit Cougar that you will run into owners Rick and Jennifer Buffington, and they might even be pouring your wine for you. Ask Rick how many Italian varietals he has on the property. Go ahead, ask him.

Briar Rose Winery: You can ask owner and winemaker Les Linkogle about two things – making wine and freestyle motocross – two of the most Temecula Temecula topics ever. If Les is in the lab, ask Dorian about the unique history of the property.

### Best food dishes in Temecula Wine Country

Hey, we like a little savory with our sipping. We know it’s about the wine, but if you can put a plate of something delicious in front of us while we imbibe, we are definitely coming back.

The saffron shrimp flatbread at Fazeli Cellars: This dish is legit and should probably cost more than \$20 with that much saffron on it.

Quattro formaggi at Mama’s Trattoria at Robert Renzoni Vineyards: Extra-virgin olive oil and garlic, mozzarella, provolone, fontina and gorgonzola cheeses. That’s Italia!

Sourdough bread bowl at Maurice Car’rie Winery: What is it filled with? Brie. That’s right, melty, delicious cheese with a garlic and buttery taste. Enough to share with friends, and it’s probably not good for you at all. But it’s definitely good for the soul.

Jeff Pack can be reached at [jpacak@reedermedia.com](mailto:jpacak@reedermedia.com).

## Wine Country Events Calendar

FRIDAY, FEBRUARY 8	
11 a.m. to 5 p.m.	Craft Faire, Maurice Car’rie Winery
1-2:30 p.m.	Behind the Scenes Wine Tour, South Coast Winery
3-5:30 p.m.	Happy Hour, Vineyard Rose, South Coast Winery
5-7 p.m.	Live Music, Dave Reynolds, Meritage Restaurant, Callaway Winery
5-8 p.m.	Live Music, John Rankin, Cougar Vineyard & Winery
5-9 p.m.	Live Music, Astra Kelly, Masia de la Vinya
5:30-8:30 p.m.	Live Music, Jason Weber, Ponte Winery
6-9 p.m.	Live Music, Lorimar Winery in Old Town
6-9 p.m.	Live Music, Lifetime Rocker, Lorimar Winery
6-9 p.m.	Live Music, Robert Simon, Avensole Winery Restaurant
6:30-10:30 p.m.	Salsa Night, Fazeli Cellars
SATURDAY, FEBRUARY 9	
10 a.m.-noon	Wine Academy Class, Wilson Creek Winery
11 a.m. to 3 p.m.	Live Music, Carol’s Restaurant at Baily Winery
11 a.m. to 5 p.m.	Craft Faire, Maurice Car’rie Winery
Noon to 3 p.m.	Live Music, John Rankin, Cougar Winery & Vineyard
Noon to 4 p.m.	Live Music, Aleks, Masia de la Vinya
1-4 p.m.	Live Music, Carlos Naranjo, Avensole Winery
1-5 p.m.	Live Music, Don Johnson, Fazeli Cellars
3:30-5:30 p.m.	Happy Hour, Vineyard Rose, South Coast Winery
5:30-8:30 p.m.	Live Music, Ron Freshman, Ponte Winery
6-9 p.m.	Live Music, Groov Underground, Lorimar Winery
6-9 p.m.	Live Music, Travis Miller, Lorimar Winery in Old Town
6-9 p.m.	Live Music, Natalie Kirkwood, Avensole Winery
SUNDAY, FEBRUARY 10	
11 a.m. to 2 p.m.	Brunch Specials at Meritage Restaurant, Callaway Winery
11 a.m. to 5 p.m.	Craft Faire, Maurice Car’rie Winery
11:30 a.m. to 3 p.m.	Dog Day Sundays, Carol’s Restaurant at Baily Winery
1-4 p.m.	Live Music, Gil Guillen, Avensole Winery Tasting Room
1-4 p.m.	Live Music, Michael Physick, Lorimar Winery
1-5 p.m.	Live Music, John and Patrick, Fazeli Cellars
2-5 p.m.	Live Music, Grassfire, Cougar Winery & Vineyard
3:30-5:30 p.m.	Happy Hour, Vineyard Rose South Coast Winery

### UPCOMING:

Feb. 14 is Valentines at Meritage at Callaway Winery

Feb. 14 is Valentines at Ponte Winery

Feb. 14 is Valentines at Cougar Winery

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# COLDWELL BANKER

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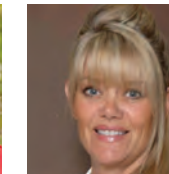
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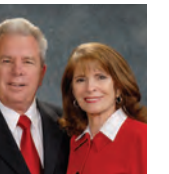
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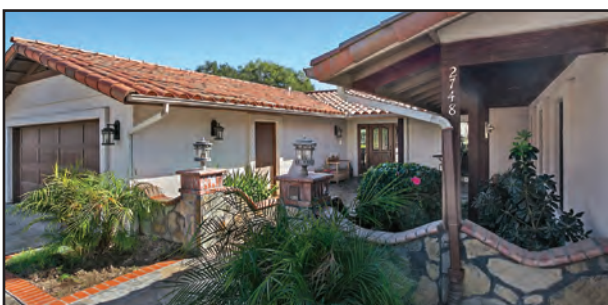
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2748 Secret Lake, Fallbrook \$539,000



942 Ridge Heights, Fallbrook \$475,000



40134 Sandia Creek Drive, Fallbrook \$675,000



1789 Woodbrook Lane, Fallbrook \$398,000



1311 Los Amigos, Fallbrook \$540,000



31130 So. General Kearny Space 38, Temecula \$59,500



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#### Stunning Single Level in Champagne Crest

Stunning single level home on large 1.7 acre corner lot in Champagne Crest. Spacious open floor plan has high and vaulted ceilings, with 4BD and 2.5 BA, 2845 sq.ft. Lovingly maintained.

Offered at \$799,000 - \$825,000



#### Potential for Vineyard, Growing Grounds or?

Unique property sits on 13.33 acres w/well, detached guest hs, detached 1000sf 3+ car garage and vintage 2554 sq.ft., 3BD home. Variety of family fruit trees, pool/spa and some of the best views and breezes.

Offered at \$899,000



#### Location, Location, Location!

Located in the private community of Hidden Meadows at the end of a paved country road. 5BD, 3BA single story home sits on 1.04 acres. Open floor plan w/ master suite in separate wing. Remaining 4BD occupy opposite wing. Chef's dream kitchen w/ island & peninsula counter top. Great flow for entertaining!

\$869,000



NEW LISTING

Feels like Home... This gorgeous single story in the highly desirable gated community of Pepper Tree Park has it all: soaring ceiling, loads of natural light, a terrific floor plan, a formal dining room & an eat-in kitchen w/ dual ovens, a gas range & a butler's pantry. Located on a quiet street that backs up to a wooded common area, the backyard offers privacy, plenty of outdoor living areas & yet is so easy to maintain. The serene Los Jigueros Preserve is a stroll away, the beach a short drive. Come live your dream, before someone else does. \$639,900



Call Nancy Schrimpf 760.717.2307

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**SPECIAL HOME** that creates the feeling of comfort and charm. 3BD, 2.5BA, plus den/office. Lg. master ste, private guest rooms, beautiful bright kitchen opening to breakfast area & great rm. Lush grounds, fruit trees & views. Quiet setting at the end of cul-de-sac, w/ extra guest parking. Enjoy the Good Life in this gated community for 55+. Includes 80 custom homes, clubhouse, solar pool, tennis, putting green, & bocce ball. RV prk. & Great Social Life. \$575,000



Marketing Fallbrook for 35 Years

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LoreneRealtor@aol.com  
DRE# 00612840



Single family fixer. 2 BD, 1 BA on .43 acre parcel. Property is in need of repair w/ non functioning plumbing etc. Trustee sale & trustee has never occupied the property. Cash only offers...Will not qualify for financing. Property will be sold "As Is" & buyers to accept all personal property w/ exception of 2 motor vehicles. Seller will be reviewing all offers on 1/23/19. Seller to select all services & buyers to verify all including square footage prior to removing all contingencies.  
Offered at \$239,000



Call Tom Van Wie  
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www.tomvanwie.com  
tw@sbcbglobal.net  
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Enjoy incredible mountain & sunset views from this classic country estate! Perfectly situated on 1.1 acre this lovely home invites you in with all its warmth & charm which exudes pride of ownership. Extra fine oak cabinetry thruout incl hutches, china cabinets, more.  
Offered at \$749,000



Wonderful Fallbrook location. This single level home has 3BD, plus an optional bedroom along with 3BA on 1 acre. Garden areas, patios and beautiful views - it's everything you're looking for!  
Offered at \$756,000

I have the Keys to Unlock the Door to your new Home.

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"The Terraces"

Very private end unit located in "The Terraces", a private gated community located in the Bonsall school district. Light & Bright w/ great views & covered full length decking. Master BR entry level w/ 2 large bedrooms w/ patio on lower level. Numerous built ins in the kitchen & family room w/ wet bar & fireplace. High vaulted ceilings. \$569,000



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