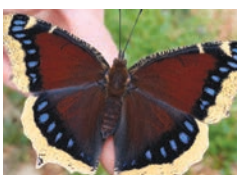


SLR trained horses
sweep race
A-11



Mourning Cloaks
eat red willow sap
B-6



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January 21, 2021

www.VillageNews.com

Volume 25, Issue 3

Local
COVID-19
cases increase
again

The average number of new daily cases in the Fallbrook area has gone up again after county data last week showed it had declined for the first time since the start of the current coronavirus wave. The weekly average case rate for the 92028 ZIP code was 88.9 cases per 100,000 for the most recent week available, Dec. 27-Jan. 2. There were 305 new positive coronavirus cases in 92028 between Dec. 27-Jan. 2, up from 247 the previous week.

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FUHSD
proposal adds
year of math

During the Monday, Jan. 11 meeting of the Fallbrook Union High School District Board of Trustees, the board heard a presentation from staff outlining the addition of one year of math, three in total, to be added to graduation requirements for incoming freshman students. The presentation was made by Emily Toone, director of Curriculum Instruction, English Learner and Language Programs and Steve Martinez, FUHS assistant principal.

Page A-7

Vallecitos
District seeks
new board
member

The Vallecitos School District is seeking applicants for the Trustee Area 5 seat on the district board. Applications are due Wednesday, Jan. 27, and a special meeting, Monday, Feb. 1, will discuss candidates and potentially appoint a new board member. The Seat 5 trustee area is the western part of the district, and an applicant must be a registered voter in that trustee area.

Page A-13

Athletes, parents rally to reopen sports

Jeff Pack
Staff Writer

A few dozen athletes and parents gathered at the corner of Ammunition and Mission roads in the evening of Friday, Jan. 15 for a Let Them Play Rally, hoping to gather support for allowing youth and high school athletes to return to competition.

“All the kids want to play,” Ryan Farrish said. “And we as parents support them. We think it’s in their best interest to be able to play the sports that they’re playing. A lot of these guys and girls, it’s their last season. It’s their last year as high school students and who knows what they’re going to do when they go on to college or whatever life holds for them after that.

“We just want to be able to play like so many other states have been able to do. California just keeps pushing it off to the right and we just want to know what’s going to

see **RALLY**, page A-8



Players, coaches and parents gather at the intersection of Mission and Ammunition Roads at the Let Them Play rally to encourage support for resuming organized youth sports. Village News/Shane Gibson photo

Supervisors approve grant applications for
Fallbrook Local Park, Bonsall Community Park

Joe Naiman
Village News Reporter

A pair of 5-0 San Diego County Board of Supervisors votes Wednesday, Jan. 13, authorized grant applications for Fallbrook Local Park and Bonsall Community Park.

One vote approved an Urban Greening Grant Program application and subsequent acceptance of any award for what is currently known as Fallbrook Local Park. The other action authorized the application and acceptance if awarded for Statewide Park Program grants for Fallbrook Local Park and Bonsall Community Park.

The Urban Greening Grant Program application seeks \$1,000,000 for Fallbrook Local Park while the county desires Statewide Park Program grants of \$1,200,000 for Fallbrook Local Park and \$3,000,000 for Bonsall Community Park.

The Urban Greening Program was created by 2016 state legislation and is administered by the California Natural Resources Agency. The program supports

Fallbrook Local Park

FINAL CONCEPT PLAN
NEW LOCAL PARK IN FALLBROOK

LEGEND

- 1. ADA PARKING: 3 STALLS
- 2. BIKE PARKING: 5 SPOTS
- 3. SHADED PICNIC AREA
- 4. COMFORT STATION restroom + drinking fountain and bottle filler
- 5. GREEN INFRASTRUCTURE bioretention swale -> rain garden -> infiltration basin
- 6. PLAY 33,746 square feet | - .8 acre 2-5 + 5-12 shaded, traditional play nature play integrated into adjacent field/ basin
- 7. OPEN FIELD 63,822 square feet | - 1.2 acres accommodate U10-11 soccer field: 135' x 195'
- 8. OFF-LEASH DOG ZONE 22,945 square feet | - .5 acre
- 9. SOFT SURFACE TRAILS + NATIVE GARDENS + 3 594 linear feet of trail
- 10. MULTITRUSE PATH 2,430 linear feet | - .5 mile loop
- 11. SKATE ELEMENTS 20,160 square feet | - .5 acre
- 12. PLANTERS | BENCH SEATING
- 13. MULTISPORT COURTS 2, 1/2 court basketball + pickleball courts: 34' x 64' each
- 14. TRASH ENCLOSURE
- + EXISTING TREES: 11 PROPOSED TREES: 109

Village News/County of San Diego photos

infrastructure projects which reduce emissions and provide other benefits.

State legislation approved in 2018 allocated \$30 million of Greenhouse Gas Reduction Fund money to the Urban Greening Program, and \$28.5 million of that has been made available for

competitive grants for projects which acquire, create, or expand community parks and open space or for natural systems which provide environmental and social benefits to low-income or other disadvantaged communities.

The Urban Greening Program grants do not have a local funding

match requirement.

The county’s Department of Parks and Recreation reviewed 97 active park projects and determined that four of them – Fallbrook Community Park, Don Dussault Park, Alpine Park and

see **PARK**, page A-9

Virtual meeting addresses Asian citrus
psyllid finds in Fallbrook



While four Asian citrus psyllid found in Fallbrook are infected with a bacteria which causes huanglongbing disease, the trees where they were found have not been infected.

Village News/UCRiverside photo

Joe Naiman
Village News reporter

A Jan. 12 virtual meeting addressed the finds of Asian citrus psyllids in Fallbrook.

The meeting was hosted by the state’s Citrus Pest and Disease Prevention Program, which is funded by California growers and administered by the California Department of Food and Agriculture. Citrus Pest

and Disease Prevention Program liaison Sandra Zwaal provided an overview and gave the presentation on an Asian citrus psyllid testing positive for candidatus liberibacter asiaticus, a bacteria which causes huanglongbing disease.

Karina Chu and Keith Okasaki from CDFA discussed HLB regulations. Jason Schwartze and Travis Elder from the County of San Diego’s Department of Agriculture, Weights and Measures

addressed updates from the office of the County Agricultural Commissioner. Monique Rivera from the University of California, Riverside provided updates on Asian citrus psyllid and HLB research.

The Asian citrus psyllid is a vector of the bacteria candidatus liberibacter africanus, candidatus liberibacter asiaticus, and candidatus liberibacter americanus. The bacteria can cause HLB, and

an Asian citrus psyllid can transmit HLB from an infected tree to a healthy one.

The first ACP find in San Diego County was in 2008, and the first find in North County was in Valley Center in 2009. The first known case of HLB in California was in Los Angeles County in 2012. Currently there have been no cases of HLB in San Diego County.

see **PSYLLID**, page A-7

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VILLAGE NEWS

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ANNOUNCEMENTS

Rescheduled talk is on Green Energy Zones



Ramona rancher Pete Beauregard is the guest speaker for the Fallbrook Climate Action Team's Jan. 26 Zoom meeting.

FALLBROOK – Fallbrook Climate Action Team will present a talk about Green Energy Zones Tuesday, Jan. 26 at 6:30 p.m. on Zoom. Pierre (Pete) Beauregard, a Ramona rancher, will be the speaker. This talk is rescheduled from the group's September meeting which was canceled due to power outages in Ramona affecting the internet service provider. Beauregard is the owner/builder of Casa Aguila, San Diego's first net zero energy home. He is a successful farmer using advanced irrigation

methods and sustainable planting. He will talk about establishing Green Enterprise Zones to encourage investment by business and create good paying local green jobs. Green or Renewable Energy Zones are geographic areas with high-quality variable renewable energy resources (such as wind and solar), suitable topography and land use designations for development, and demonstrated interest from project developers. The San Diego County back country has the right climate and topography for these zones.

Beauregard spoke to the group in 2018 to a packed house. FCAT has been holding Zoom meetings since May 2020 and, prior to that, in person meetings at the library since 2015. FCAT presents monthly presentations about climate change, usually on the last Tuesday of the month on Zoom. To receive the Zoom link, sign up for the group's eblast at fallbrookclimateactionteam.org. Submitted by Fallbrook Climate Action Team.

VFW Post 1924 hopes to raise funds with Special Burger Night



The Charles E. Swisher Veterans of Foreign Wars Post 1924 is hosting a Special Burger Night Monday, Jan. 25, from 4-8 p.m. in hopes of raising much needed funds for the post.

Jeff Pack
Staff Writer

The Charles E. Swisher Veterans of Foreign Wars Post 1924 is hosting a Special Burger Night Monday, Jan. 25, in hopes of raising much needed funds for the post, which has been hit hard by the COVID-19 pandemic. The takeout only event will take place from 4-8 p.m. at the VFW post located at 1175 Old Stage Road in Fallbrook. Members of the community can drive up, place an order and take their orders to go. The veterans organization has been instrumental in providing food to those in the community in need over the holidays for several years now and just this past season, delivered or provided more than 1,300 free Thanksgiving and

Christmas Day meals. In normal times, the VFW post pays for those meals by hosting in-person dinners throughout the week that are well attended, primarily Mondays and Fridays. But this year, due to COVID-19 they have been limited in what they could offer. "We just don't have the everyday following to do meals on Mondays and Fridays because we just don't have that type of following for takeout," Post Commander Chris Ingraham said in a phone call. "By doing the special event, we are letting people know, 'Hey, this is what we're doing, and this is why we're doing it.' Maybe that'll bring them out one time and then depending on how successful this is, we might do another one." "We need to raise money

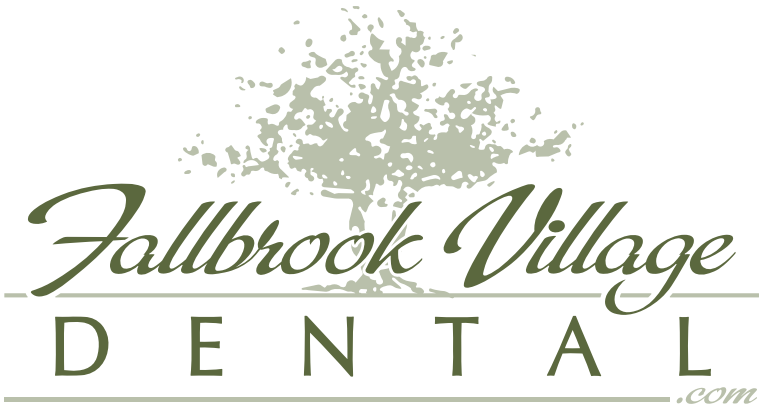
because we still did Christmas and Thanksgiving meals. There's no money coming in, but there's a lot going out. "The VFW post has not waived during the pandemic and has continued to provide the programs and services as it always has," Ingraham said. "But due to the restrictions in place on small businesses and nonprofits, the VFW has not had the opportunity to raise the amount of funding required to maintain their programs and services." If you would like to help the VFW, contact the post at info@fallbrookvfw.org or visit <http://www.fallbrookvfw.org>. Jeff Pack can be reached by email at jpack@reedermedia.com.

Parkinson's Support Group to learn about COVID-19 vaccine

FALLBROOK – The Fallbrook Parkinson's Support group will resume meeting virtually this month, Friday, Jan. 22, at 10 a.m. via Zoom, after a brief pause during the 2020 holiday season. Guest speakers David Higgins, Ph.D., and Dr. David Miles will talk about "COVID-19 Vaccine – Warp Speed: What you need to know." Higgins is the coordinator of the University of California San Diego Parkinson's Support Group Network. He earned his Ph.D. in molecular biology and genetics from the University of Rochester followed by a postdoctoral fellowship at the National Cancer Institute. For 15 years, he worked in the biotech industry with positions at Invitrogen, Chiron, Idun and BioMedica. Higgins currently serves as a member of the governing board for the California Institute for Regenerative Medicine and is a member of the Public Policy Committee at the Michael J. Fox Foundation. He has a family history of Parkinson's disease including his mother, uncle, grandmother and great-uncle. He

was diagnosed with Parkinson's disease in 2011. This meeting is held in support of persons with Parkinson's disease, care partners and people interested in improving the world of those affected by Parkinson's disease. There is no cost associated with this Zoom meeting. Contact Irene at 760-731-0171 or NCPSGF@gmail.com or

contact Caryl at cbonnell@ucsd.edu with any questions or concerns about joining the Zoom meeting. To join the Zoom meeting, visit <https://us02web.zoom.us/j/96772744095?pwd=TU1YVDMxS1hVa3dmbU1lSm9QSjhDdz09> – Meeting ID: 967 7274 4095, Passcode: 014996. Submitted by Fallbrook Parkinson's Support Group.



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Photos being accepted for Sourcebook

FALLBROOK – This year's 2021 Sourcebook is going to celebrate the beauty of the area, so the Village News is looking for local people to submit photos representing Fallbrook, Bonsall, De Luz and Rainbow. Some of the staff's favorite photos are typically nature and landscape photos, birds, wildlife and of course, colorful flowers. However, this year they would like to have some unique portraits of people of all ages – especially people reaching 100 years old – photos showing them at businesses, churches, nonprofits, schools and, while there may not be very many event photos for the year, maybe

residents can show some of the new ways they have adapted. If a picture strikes the photographer as unique or beautiful, they should go ahead and send it. Maybe it's an old mailbox surrounded by flowers or an old barn, horses, or children raking beautiful leaves or eating ice cream with grandpa. Let's make this the best Greater Fallbrook Area Sourcebook ever. The Village News will again run its photo call as a contest, and the prizes range from local restaurant gift certificates to monetary prizes. Photo submissions should be emailed to sourcebook@reedermedia.com by Feb. 15.

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OPINION

‘Trusted journalism’

In this week’s Village News, (1/14/21), an announcement soliciting advertisers included this: “We’re proud of our brand of trusted journalism.” Journalism? Really?

I’ve been saddened by the shift to the extreme right of the Village News in recent months. We have James Veltmeyer’s pooh-poohing the use of face masks. And the reports from the Epoch Times (which consistently calls the coronavirus the “Chinese Communist Party virus”). And the slanted articles such as the one comparing Trump’s pardons of his criminal cronies with Obama’s sentence commutations for long-ago drug offenders.

Recently, the paper printed an entire stop-the-steal page listing all the Trump campaign’s post-election lawsuits and baseless fraud allegations, as if the weight of the suits indicated their merits. According to Business Insider, the current count stands at 42 lawsuits filed, of which the Trumpers have zero wins and 38 cases lost or withdrawn (four cases are still pending). Everyone from Trump-appointed conservative judges

to Republican state election officials have concluded that the election-fraud claims were phony (except maybe Darrell Issa).

This week, the Village News gave full-page oxygen to a claim that Antifa was involved in the Capitol riots, which has been thoroughly debunked by fact checkers and refuted by the FBI. The article also included a false timeline; google “capitol mob timeline” and check the New York Times visual timeline, among others.

What’s next for our local paper – in-depth interviews with the My Pillow guy, Alex Jones, or the face-painted wacko with the horns?

Space doesn’t permit me to list all the falsehoods in recent months that have appeared in opinion columns in the Village News.

People doing actual journalism vet claims on sites such as Politifact.com, Factcheck.org, AFP Fact Check, USA Today’s Fact Check, and others, rather than simply repeating whatever appears on their social media feed.

I’m not going to cancel my subscription, though. I enjoy the unedited articles submitted by P.R. firms (clients) and proud relatives (family members), the drumbeat of relentless successes of all town events and charity fund drives, and, especially, the interminable articles about road speed-limit certifications.

Let’s not brag too much about journalism, though.

Barry Meadow

Village News is 97% local news and, yes, it is trusted and award-winning journalism



Julie Reeder' Publisher

Barry, you are saddened by the “shift to the extreme right” because of Dr. Veltmeyer’s four or five opinion pieces that ran last year? You see a problem with us running a doctor questioning the effectiveness of masks, but see no problem with us printing your pieces or dozens of John Terrell’s views? That is opinion and not news.

Do you think the left leaning letters and op-eds we print are more important than the right leaning ones? Should we ban one or the other and not allow their free speech or opinions? Should we just stop reading the opposing views of our neighbors?

Your views are important as well as John Terrell’s. Public discourse is important. We are not a right or left wing paper. That is typically decided by where the person reading is on the right-left spectrum. The political leanings of our writers are not “right-wing.”

As for national, we use much more Associated Press or other sources – about 80% of the time and very few Epoch Times pieces and that is a problem? Epoch Times has been in the forefront of reporting on many issues ahead of their mainstream media competitors.

You condescendly refer to our locally submitted pieces. And we rarely run pieces from PR firms, however we do run pieces submitted by local organizations because we believe what they are doing is very important. Some pieces we ask the organizations to submit because we believe they are important or interesting, or in the case of the camera club this week, beautiful.

Do you know we have published in the last 10 years about 75,000 local pieces for the Fallbrook/Bonsall area?

When we first started the paper, the editorial mix we decided on was 50:50 with local press releases and original staff written stories. It’s worked well giving a voice to the people who are actually accomplishing things for our town (like those relentless successes of all town events and charity fund

drives you refer to).

You question our journalism, yet we have over 100 awards from the Society of Professional Journalists, which includes peers in our industry from all across the country. I know you are a smart guy, but I’m not sure how many you have.

And before you hang your hat on the early FBI claims that there was no Antifa or other anti-Trump groups disguised as Trumpers, you may want to keep up on who they are currently arresting, like John Sullivan, who they couldn’t ignore any longer. The FBI used his own footage.

He claimed he was there as a journalist, however the FBI used his footage to show he was accompanying and cheering on the rioting crowd by saying “Let’s go.” This sh.t is ours!” and “Let’s burn this sh.. down.” Sullivan was also previously arrested and charged in July 2020 over a BLM-Antifa riot where drivers in Provo were threatened and one was shot. https://deseret.com/utah/2020/7/10/21320220/organizer-of-provo-protest-arrested-accused-of-rioting-making-threats Earlier, there were tweets from John Sullivan’s Twitter page where he had #antifa, #BLM and was calling on followers to meet in DC and “burn it all down.” On January 12, FBI Assistant Director in Charge Steven M. D’Antuono’s remarks at a press briefing regarding violence in the U.S. Capitol reported on their investigations, including the fact that while the impeachment was being rushed with no investigation or evidence presented, the FBI knew that there were people planning beforehand to attend the rally with intentions to commit violence. That means Trump’s speech given after they started breaking into the Capitol couldn’t have incited their violence. D’Antuono said, “In the weeks leading up to the Jan. 6 rally, the FBI worked internally with every FBI field office to ensure they were looking for any intelligence they may have developed about potential violence during the rally on Jan. 6. We developed some intelligence that a number of individuals were planning to travel to the D.C. area with intentions to cause violence.” This is counter to most of the mainstream news you hear. Let’s not commit the same sins that the media did by rushing to malign the innocent Covington boys. It may be a long time before we know everything and we should wait for the facts. In addition, before you condemn us for using a variety of sources in the 3% of the paper we use for national news, consider that your favorite left-leaning publications and nightly news have a terrible record of reporting the facts without

bias. They were lapping up the baseless claims of Comey, Schiff, Strzok, and Brennan for 3 years, who were lying to the American people that there was indisputable evidence of Russia collusion. The DOJ investigations and reports proved they were lying. The documents released by the Senate hearings proved they were lying. Now the recent declassification of Russia probe documents prove again they were just after Trump for anything they could drum up. Yet the mainstream media loved the narrative and rhetoric so much it kept reporting on it night after night as though it was fact; 130 leaks in the first 150 days and it was all bogus. Not only was it bogus, but the now disgraced Steele dossier is known to have been paid for by Hillary Clinton’s campaign and the DNC. It was actually political opposition research. Declassified documents released last week show top Justice Department official Dana J. Boente, in early 2017, overseeing the FBI’s Russia probe, testified he was briefed six times on its status and was told there was no evidence of Trump campaign collusion. This is significant because during that same time the FBI expanded the probe anyway. But the mainstream media is largely ignoring all of this. Why? Because they were complicit. Why would they report on their mistakes and failings? Remember anyone who was reporting “alternate facts” relating to the Russia probe was a conspiracy theorist. Congressman Devan Nunez, when he released his now respected paper on the subject, was labeled a conspiracy theorist. When people talked about the Biden laptop, they were censored and it was labeled conspiracy theory, the Ukraine story – conspiracy theory. So many mainstream media stories were debunked and the twist is they actually were promoting conspiracy theories. So, don’t mind me while I take reports from journalists like Michael Yon who have covered more than 500 conflicts around the world and were actually at the Capitol that day with first-hand knowledge. As far as the lawsuits, are you aware that not one court has seen any evidence yet? All the lawsuits were dismissed on technicalities and standing, etc. as far as I know. Actual hearings where evidence was presented to legislators was overwhelming. I doubt the election issues are over with millions of people aware of the details. So, Barry, thanks for not canceling and we will continue to provide 97% of our paper with local award-winning and trusted journalism and submitted press releases from our hard working agencies and nonprofits and 3% national news of things that you may or may not be aware of and may find interesting.

VILLAGE NEWS

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Wondering where the vaccines are

I recently received an email from Arch Health that contained this paragraph:

“On Jan. 13, 2021 at 12:30 p.m., Governor Newsom announced that the COVID-19 vaccine is now available to patients 65 years and older. However, the County of San Diego has not changed local guidelines. Please check our website for the most up-to-date Arch Health Information regarding the COVID-19 vaccination.”

Jim Desmond has been quick to criticize school and business closings but has done nothing to correct the issue about getting more vaccine supplies for San Diego County, which is the best solution to resolve the virus mess.

He has also removed the ability to contact him through an email which is a far better option for us seniors who refuse to get on social media. I guess he is abandoning the seniors in his district.

He also fails to acknowledge that the vaccine distribution and inoculation responsibility was abdicated by Trump and his administration which is the basic cause of the current and local vaccine fiasco.

Len Berkstresser

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The Legislature must lead



Assemblymember Marie Waldron AD-75 (R)

COVID-19 has claimed the lives of about 1.8 million people worldwide, approximately 27,000 of which are right here in California. The virus captures our attention, while many other long-standing issues are ignored.

We aren’t prepared for the next drought, wildfires pose an ever-increasing threat, and our insufficient power grid has led to rolling blackouts as a fire prevention tactic. Violent crime is rising, and our already-failing education system is in shambles after almost a year of COVID-19. Homelessness is a national disgrace.

The exodus of Californians into more livable states is chipping away our tax base and could cost us congressional representation. The opioid epidemic is still devastating families and communities. Economic devastation is spreading, and even many businesses that remained open are teetering on the brink. Thousands of Californians are struggling to receive unemployment benefits they are owed due to massive EDD failures.

Last year, COVID-19 closures cut short the legislative session, limiting our ability to respond.

This year, lawmakers must get to work and stay at work despite the pandemic. Suffering Californians deserve no less.

The governor is well intentioned but incapable of fixing problems on his own. The persistent issues at EDD prove that. Big announcements, with task forces and strike teams that accomplish nothing are not the answer. I stand ready to tackle these issues in a bi-partisan manner. Last session, for example, my colleagues and I called for a special session to stay and work, but our requests were ignored. Things only got worse.

The COVID-19 health crisis quickly morphed into an economic crisis. Our duty is to make the changes and reforms needed to get California moving again, to give every person the opportunity to thrive – in a safe environment – so all can achieve their potential and their dreams. Let’s get started.

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Local COVID-19 cases increase again

Will Fritz
Staff Writer

The average number of new daily cases in the Fallbrook area has gone up again after county data last week showed it had declined for the first time since the start of the current coronavirus wave.

The weekly average case rate for the 92028 ZIP code, which also includes De Luz and Rainbow, was 88.9 cases per 100,000 for the most recent week available, Dec. 27-Jan. 2. It had been 72.0 cases per 100,000 in the previous week, Dec. 20-26, having dropped from 79.9 cases per 100,000 between Dec. 13-19.

There were 305 new positive coronavirus cases in 92028 between Dec. 27- Jan. 2, up from 247 the previous week.

Countywide, health officials are continuing to report more than 1,000 new daily cases.

San Diego County public health officials on Jan. 17 reported 1,890 new COVID-19 infections and 38 virus-related fatalities.

Jan. 17's cases marked the 48th consecutive day with more than 1,000 new diagnoses. More than 3,000 daily infections have

been reported 18 times, while the 4,000-case mark has been crossed three times.

The county's cumulative case total rose to 211,787, and the number of deaths to 2,103.

The county has reported a 56% increase in the number of COVID-19 related hospitalizations in the past 30 days and a 42% increase in ICU admittance during that same time frame.

The number of hospitalizations rose 104 on Jan. 17 and the number of intensive care admissions increased by three.

Twelve new community outbreaks were confirmed on Saturday.

In the seven days prior to Jan. 18, 49 community outbreaks were confirmed, tied to 199 cases. The total number of community outbreaks reached 1,050.

The state of California authorized immediate access to COVID-19 vaccines for all residents aged 65 and older this week, following new guidance from the federal government. However, local officials urged patience.

"We understand older San Diegans want to get vaccinated,

but right now there is a very limited number of doses for people 65 and older," said Dr. Eric McDonald, the agency's medical director of Epidemiology & Immunization Services.

"We're asking San Diegans to be patient; more vaccine is expected in the region soon."

There are more than 620,000 people in San Diego County that belong in the Tier 1A vaccine distribution group. With the 65-and-older group, health officials are looking at another 500,000, for well over 1 million people eligible for vaccines.

Both available vaccines are not effective without two doses.

UC San Diego Health began administering some vaccines to older San Diegans this week, it was announced Friday.

"This means the start of hopefully the end of this COVID-19 crisis," said Donald Crawford, one of the first to get a vaccine at UCSD Health. "I got the vaccine because hopefully it will help me and others and we can eventually get back to normal."

The health agency hopes to have 70% of the county's population over the age of 16 – or 1,882,554 people – vaccinated by the end of June.

UCSD reported Friday 245 of its students have tested positive for COVID-19 since the winter quarter began Jan. 4.

Of the 245 positive cases, 109 live at UCSD and the other 136 live off campus in the San Diego area, according to university data. Sixty-one employees have also tested positive for the virus.

The university has recorded 92 cases among students returning after winter break, 14 among students who remained in on-campus housing and four among students who live off-campus.

About 7,300 students live on campus, with just 2% of class sections held in person during the winter quarter.

City News Service contributed to this report.

Will Fritz can be reached by email at wfritz@redermedia.com.

1 killed in Bonsall crash

Will Fritz
Staff Writer

One person was killed in a single-vehicle crash late Wednesday night in Bonsall.

About 11:50 p.m., an Acura sedan overturned into a ditch near the intersection of Camino Del Rey and Old River Road, according to North County Fire Protection District spokesperson Capt. John Choi.

Per a statement from the California Highway Patrol, the Acura left the roadway to the right, impacted a bollard (post) and water hydrant, then went airborne before coming to rest on

its left side.

The driver of the Acura, a 21-year-old Fallbrook man, was initially uninjured as a result of the collision, and passing motorists had stopped to help, the CHP said.

As the man was trying to climb out of the right front window of the car, however, it became unstable and overturned, crushing the man, the CHP said.

The man, whose name was not immediately released, was pronounced dead at the scene.

The roadway near the crash scene was closed until about 3 a.m. Thursday, the CHP said.

Will Fritz can be reached by email at wfritz@redermedia.com.

Firefighters locate, return lost hikers in Monserate Mountain area

FALLBROOK – North County Fire Protection District spokesperson Capt. John Choi reported Friday, Jan. 15 that the department was able to locate and return two lost hikers, one of which suffered a fall, after they got lost "fairly far away" from the Monserate Mountain Trail in Fallbrook.

Capt. Choi reported that NCFPD called in an ASTREA aircraft to help locate the hikers, and when they did, it guided the department's

ground troops to them and they returned the pair back to safety.

Capt. Choi reported neither hiker had suffered any life-threatening injuries.

"This would be a good time to emphasize the importance of wearing a bright colored outfit when on these trails," Capt. Choi said. "You never know when you'll need to be rescued. Have a mirror with you that you can flash and wearing brightly adorned colors are very good for hiking."

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FUHSD board hears proposal for added year of math for graduation

Jeff Pack
Staff Writer

During the Monday, Jan. 11 meeting of the Fallbrook Union High School District Board of Trustees, the board heard a presentation from staff outlining the addition of one year of math, three in total, to be added to graduation requirements for incoming freshman students.

“This pathway, if approved, the 3-year math, would start with our incoming freshmen and we would like to start communicating and educating our parents on it as soon as possible,” FUHSD Superintendent Ilsa Garza-Gonzalez said.

The presentation was made by Emily Toone, director of Curriculum Instruction, English Learner and Language Programs with FUHSD and Steve Martinez, assistant principal at Fallbrook Union High School.

Martinez showed and explained a slide that included assessment score totals of students that hadn’t taken a third year of math and those that do, explaining that with a third year of math required, more students would assess at or beyond assessment standards.

“With the little bit more work, they can easily meet the standards,” he said.

“I just want to add one other point which is that this assessment does matter for our students who are going to the community college,” Toone said. “Because what they score will actually determine their placement at the community college for their math level.”

By their junior year, Martinez said, students who came into Fallbrook High with Math 8 under their belts will have more choices to make on which direction they want to go in.

“Students can go into Integrated Math 3, they can go into An Introduction to Data Science, they can go into Math 2 with Analysis,” he said. “Their choices get pretty heavy their junior year and then their senior year they can choose to go and do some Math 3, AP Stats. Precalculus and I believe Honors Precalculus as well.”

The information regarding the presentation is available at <https://4.files.edl.io/3da9/01/13/21/175112-07fac3ed-b1ef-4c11-af59-93436bc91b64.pdf>.

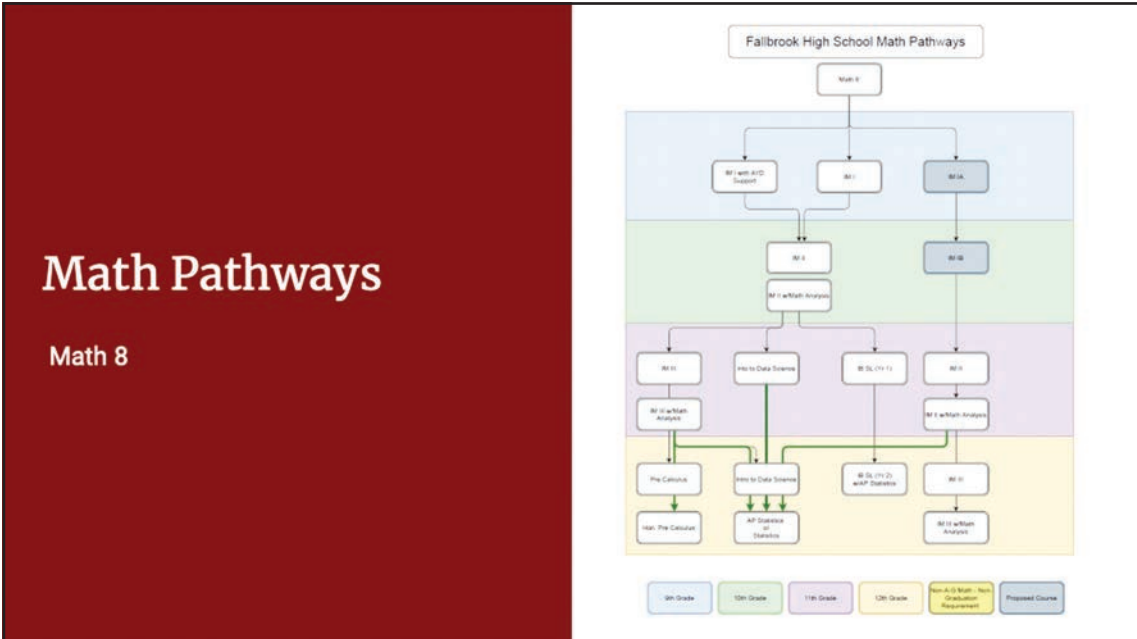
The board also recognized Dennis Johnson, Transportation Technology Instructor at Fallbrook High.

“Our transportation technology teacher has been named one of the top 100 Visionaries in Education by the Global Forum for Education and Learning,” Garza-Gonzalez said. “Mr. Johnson will be recognized in April at the annual global leaders conference. He was selected among many based on the overall reach which refers to the total number of different people or groups exposed to the product or service in addition to the popularity of the business offering.”

“Basically my mindset has always been this is a business, I look at my students as my customers,” Johnson said. “My goal is always to give them the best I can, so any exposure that I’ve had to be able to do things differently is what I look to do.”

Jeeda Gabriel, Director Student Services for the district, gave an update on CTE programs within the district.

“Every student will participate in innovative and engaging learning experiences and will have the opportunity to engage with business, industry and community organizations,” she said. “And will be able to achieve industry



This screenshot, provided by the Fallbrook Union High School District, shows the math pathways for the proposed addition of a third year of math requirement for graduation for incoming freshman students at the school.

Village News/Courtesy photo

credentials and/or college credits. They will have the academic and technical skills needed to pursue additional education and they will develop the understanding and knowledge that ethical behavior and workplace skills are integral to successful employment.”

Gabriel showed a graphic explaining the district’s established pathways in the CTE program.

“We’re pleased to inform you that next year we will be adding Digital Media Production (1 and 2) as a concentrator and 3, 4 as an AP capstone,” Gabriel said. “These courses will take the place of our current film courses. There are several advantages for doing this: offering students another option for learning film or fine arts credits, will dovetail nicely with a career-related IB program, will offer students the opportunity to earn college credits one correlates with Palomar, give students the chance to demonstrate competency in a career-related field for college and career that supports the California state dashboard. The classes are already established and robust.”

The board then heard reports from the superintendent, principals at Fallbrook High and Ivy and Oasis High, as well as board members.

In agenda items, the board approved the second reading of the Governance Handbook, the second reading of the new Board Policies and Administrative Regulations, and the second reading of the revisions to Board Policies, Administrative Regulations and Exhibit, as presented.

Trustee Elana Sterling was appointed to represent FUHSD on the Trustee Review Committee Meeting.

The board also approved the Audit Report for Fiscal Year 2019-20, the Bond Audit Report for Fiscal Year 2019-20 and approved Resolution No. 09-2021

to increase minimum reserves from 3% to 6%, and approved the replacement of lighting in the Bob Burton Performing Arts Center.

They also approved the recommendation to select Balfour Beatty Construction for Fallbrook High School modernization projects lease-leaseback preconstruction and construction services.

The trustees also approved the second reading of the CTE/ VAPA New Course: Digital Media, the second reading of the new International Baccalaureate courses that included IB Spanish Initio SL, IB History of the Americas, and IB Dance SL.

The board also approved the consent agenda, which included COVID-19 purchases to support students.

Jeff Pack can be reached by email at jpack@reedermedia.com.

PSYLLID

from page A-1

“Citrus trees are routinely surveyed,” Zwaal said.

An ACP find results in analysis. “Those samples are then taken to the lab and tested for CLAs,” Zwaal said. “When CLAs are confirmed in adult ACPs, it sets up other actions.”

On Dec. 28, a routine inspection in a Fallbrook residential neighborhood by Fallbrook High School found four Asian citrus psyllids. Subsequent testing revealed that the psyllids had *Candidatus liberibacter asiaticus*.

All citrus trees within 250 meters of the find were surveyed. “It’s good news that we have no commercial sites within that 250 meter area,” Zwaal said.

A commercial site is defined as one with at least 25 trees regardless of whether the produce is actually sold at market.

The follow-up determined that there was no bacteria in the plant tissue itself. “Next time we may not be so lucky,” Zwaal said.

“Sampling will continue throughout the adjacent sites,” Zwaal said. “It is important that citrus growers stay diligent.”

Orchards will be monitored for psyllids. “It’s important to apply your ACP treatment,” Zwaal said.

HLB is not spread evenly throughout the tree, so part of an infected tree might test positive while another part of the tree would test negative.

“Once HLB hits an area, it starts progressing fairly quickly,” Zwaal said. “It is a positive tree that would trigger an HLB quarantine.”

A quarantine would apply for a five-mile radius around any infected tree. Citrus can be transported out of a quarantine area if mitigation methods have been undertaken. The mitigation options include spraying and harvesting, post-harvest treatment, and field cleaning by machine. “Grate cleaning is an alternative mitigation method,” Chu said.

Grate cleaning involves cutting

short the stems and dumping the fruit on the grates. Gravity will roll the fruit so that the leaves and stems drop through the grate, and rolling the fruit also causes the psyllids to dislodge from the citrus.

The process for approval of a grate cleaning system begins with submission of a written proposal to the county agriculture commissioner, who will review the proposal along with CDFA staff. Grate special instructions may be added to the compliance agreement. Approval also includes county agriculture department and CDFA inspections.

An ACP-free declaration form must be submitted to the county agriculture commissioner no less than 72 hours prior to harvest, and a copy of the declaration form must be provided to the receiving packer or processor upon delivery. If the citrus is shipped to another county that county’s agricultural commissioner must receive a copy of the declaration form at least 24 hours in advance of the shipment.

“There should be no stems and leaves in the fruit at the market,” Okasaki said.

“It’s an arduous process, but it’s streamlined,” Schwartz said.

Transport from a quarantine area requires the fruit to be completely tarped or in a fully enclosed vehicle.

Nursery growers can enter into a pre-quarantine agreement. “It is an optional agreement,” Elder said.

Such an agreement would only cover trees or other stock which is fully enclosed. “Everything that’s outdoors you’ll have to think of something to do with it,” Elder said.

The cost of the agreement is estimated at between \$1,000 and \$2,000. “Some people see it as an insurance policy,” Elder said.

The lifecycle of an Asian citrus psyllid through the egg, larvae, pupae, and adult process is approximately two months. An Asian citrus psyllid can travel approximately 2,500 feet over a 12-day period. “They mostly do short flights,” Rivera said.

“The less psyllids you have the

less chance you have for your grove to succumb to the pathogen when it develops,” Rivera said. “That’s the only way at this point that we can truly prevent this spreading.”

A recently-funded project seeks to determine the relationship between the psyllids and HLB. “The goal of this project is to determine the percent of HLB

positive psyllids,” Rivera said.

“It’s critical to understand how many of these HLB positive psyllids are out there,” Rivera said. “This is going to help us answer some of the questions about risk.”

The research will also attempt to determine the percentage of color morphs in the field. Asian citrus psyllids have blue-green, grey,

and orange morphs. “The orange are more susceptible to infected diets,” Rivera said.

The study plans to analyze 13,680 insects from 15 sites in San Diego, Riverside, San Bernardino, and Ventura Counties over a two-year period. “If you’re going to sample insects you need to do it consistently over time,” Rivera said.

Senior golf group donates to food pantry



In the spirit of Christmas, Larry Mitzner, president of Fallbrook Senior Golf Group, presents a \$500 check to Dale Mitchell, president of the Fallbrook Food Pantry, Dec. 22.

Village News/Courtesy photo

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RALLY

from page A-1

happen one way or the other.”

The “Let Them Play California” grassroots movement of coaches, players and parents hopes to convince Gov. Gavin Newsom and the California Department of Public Health to allow for a high school sports season in 2021.

All across the state on Friday, rallies were planned in unison to show that there is a growing need

for sports to return for not only high school student athletes, but youth sports as well.

“I know my kids are motivated through sports,” Justin Robinson said. “Their grades are better when they are playing sports, and they can act better at home as well. So, I’m trying to help get sports back on.”

Robinson said he attended the rally to get people’s attention.

“I hope people go and petition online to help bring back sports,” he said. “The main thing is it’s

getting it out there. Our kiddos being trapped up inside is not helping them. It’s not helping them socially. And then that affects them on the social level, but schools, well, they’re almost a social place too, it helps you kind of fit in.

“We just want to bring back sports. Let these guys get out. Get out of my hair, run energy out.”

The California Interscholastic Federation on Tuesday, Jan. 5 provided further information on guidelines that will provide a roadmap as to which teams could

theoretically begin competitions on Jan. 25. Then on Wednesday, Jan. 13, CIF San Diego Section provided more information and moved swimming and diving up to Season 1 of the yearly schedule.

That means those athletes can begin practicing, along with cross country teams, on Feb. 1.

Other sports can begin practicing once their designated tier is within one tier of their approval to begin competition.

“As an example, field hockey would be able to begin their season once the Southern California region is off the ‘Stay at Home’ order yet continues in the Purple Tier,” according to the communication from CIFSDS. “All of our sports in the Orange Tier, would be able to officially begin their season once the county of each member school’s residence reaches the Red Tier.”

With coronavirus cases continuing to surge in San Diego

County, deaths related to the virus and hospitalizations overwhelming area hospitals, it’s doubtful the county would be moved into the Red Tier for at least a few weeks, if things improve.

Despite the update from CIFSDS, folks at the rally wanted things to move along more quickly.

“I am hoping that they will recognize that there are a lot more people that want this to happen,” Kristy Platte Baker said. “We have been playing baseball since March or April (in Arizona) practicing only here in California. We have had one case within our families, including players and parents.

“So, we feel that it is safe. We want the economy opened back up so that we don’t have to travel to Arizona to play sports. So, that’s why we’re here.”

Jeff Pack can be reached by email at jpack@redermedia.com.



Players, coaches and parents gather at the intersection of Mission and Ammunition Roads at the Let Them Play rally to encourage support for resuming organized youth sports.

Village News/Shane Gibson photos



Justin Robinson, a coach for Fallbrook Youth Rugby and pop warner holds a sign saying “Let Them Play” in an effort to encourage support for youth to begin playing organized sports again at the intersection of Mission and Ammunition Roads.



Players, coaches and parents gather at the intersection of Mission and Ammunition Roads at the Let Them Play rally to encourage support for resuming organized youth sports



Players, coaches and parents gather at the intersection of Mission and Ammunition Roads at the Let Them Play rally to encourage support for resuming organized youth sports.



Players, coaches and parents gather at the intersection of Mission and Ammunition Roads at the Let Them Play rally to encourage support for resuming organized youth sports.



Luke Wilson, 5, joins others at a California statewide Let Them Play rally in Fallbrook to encourage support for resuming organized youth sports.



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SPORTS

Swimming and Diving season moved up to Season 1, can start Feb. 1



Swimming and Diving has been moved up to Season 1 of the CIF San Diego Section 2020-21 high school sports schedule, meaning those athletes can begin practicing on Feb. 1 along with cross country teams. Competition cannot begin until the Southern California region is released from stay-at-home orders by the state. Village News/Shane Gibson photo

Jeff Pack
Staff Writer

In a letter addressed to member schools on Wednesday, Jan. 13, the California Interscholastic

Federation San Diego Section announced changes to the season schedule for high school sports within the county. The most significant news included that swimming and diving, previously slated to begin in March as part of Season 2 of the truncated high school sports season for 2020-21, has been moved up to Season 1 and can begin their season with cross country on Feb. 1. “In order to provide additional athletic opportunities for our student athletes, the San Diego Section has made the difficult decision to move the sport of Swim & Dive into our Season 1

schedule,” the letter stated. “This move was made based upon its Purple Tier Assignment that was provided with the updated Youth Sports Guidance released back on December 14, 2020. With Swim & Dive being assigned to the Purple Tier, and both Boys’ & Girls’ Water Polo being assigned to the Orange Tier, this move enables additional athletic opportunities for the student athletes of our section throughout the period in which our counties (Riverside, San Diego, Imperial) remain in the Purple, most restrictive tier.” Basically, swimmers and divers that typically participate in water polo will have the opportunity

when and if San Diego County returns to the Orange Tier of the state mandated guidelines for reopening due to the COVID-19 pandemic. Season 2 sports that can begin competition while in the purple tier were given start dates as well: girls golf on Feb. 8, boys golf on Feb. 15, boys and girls tennis on Feb. 15, and track and field on Feb. 15. Sports in the red tier, which includes baseball, softball, and girls lacrosse can start on March 13, providing the “Stay at Home” orders are lifted across the Southern California region. Sports in the orange tier can start practicing on Feb. 22 once San Diego County reaches the red tier. Those sports include boys and girls soccer, boys and girls water polo, boys lacrosse, and boys volleyball. Once the county reaches the orange tier, sports in the yellow tier like boys and girls basketball, competitive cheer, and boys and girls wrestling can begin practicing. “As an example, field hockey

would be able begin their season once the Southern California region is off the ‘Stay at Home’ order yet continues in the Purple Tier,” according to the communication from CIFSDS. “All of our sports in the Orange Tier, would be able to officially begin their season once the county of each member school’s residence reaches the Red Tier.” The letter, signed by CIFSDS Commissioner Joe Heinz, reminded that no competitions can begin until the “Stay at Home” order is lifted for the entirety of the Southern California Region and though CIFSDS has set timelines, schools and districts can elect to start seasons at a later date. Student athletes can participate in only one cohort (team) during the same time or season, and all teams should follow the out of season guidance from CIFSDS Bylaw 600.2 until they can officially start their season. Jeff Pack can be reached by email at jpack@redermedia.com.

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San Luis Rey horses sweep top five finishes in San Gabriel Stakes

Joe Naiman
Village News Reporter

Horses who have trained at the San Luis Rey Training Center swept the top five finishing positions in the Grade 2 San Gabriel Stakes contested, Jan. 2, at Santa Anita Park.

Another twistafate won the 1 1/8-mile turf race for horses 4 years old and upward and had a winning time of 1 minute 46.63 seconds. Bob and Jackie finished second, 2 1/4 lengths behind Another twistafate and two lengths in front of third-place Next Shares. Next Shares crossed the finish line a nose ahead of Multiplier, who finished with a one-length margin over fifth-place Bowies Hero. Peter Miller is the trainer for Another twistafate and Multiplier, Richard Baltas saddled Bob and Jackie and Next Shares and Phil D'Amato trains Bowies Hero.

Another twistafate and jockey Joel Rosario broke first. Next Shares, who was ridden by Jose Valdivia, was the second horse out of the gate. Heriberto Figueroa rode Bob and Jackie, and they broke third. Bowies Hero and rider Flavien Prat broke fifth. Abel Cedillo had the mount for Multiplier, and they were the sixth jockey and horse combination out of the gate.

Bob and Jackie held the lead after the first quarter of a mile, reaching that distance in 23.02 seconds. Another twistafate was second, 2 1/2 lengths in back of Bob and Jackie and 3 1/2 lengths ahead of Next Shares, who led fourth-place Multiplier by half a length. Multiplier had a one-length lead over Cleopatra's Strike while Bowies Hero was in sixth, a length behind Cleopatra's Strike and half a length in front of seventh-place Count Again.

The first half-mile took Bob and Jackie 46.95 seconds, and at that point he still led Another twistafate by 2 1/2 lengths while Another twistafate was four lengths in front of Next Shares, who remained in third place for the rest of the race. Multiplier stayed in fourth place for the remainder of the race, and after the first four furlongs he was half a length in back of Next Shares and 1 1/2 lengths ahead of Cleopatra's Strike. Bowies Hero was in sixth but only a head behind Cleopatra's Strike while improving his lead over Count Again to two lengths.

Bob and Jackie still held the lead after three-quarters of a mile and completed that distance in 1:11.62. Another twistafate had moved to half a length behind Bob and Jackie. Next Shares was half a length in back of Another twistafate and half a length in front of Multiplier, who led Cleopatra's Strike by half a length. Cleopatra's Strike was a full length ahead of Bowies Hero. Count Again was a head in back of Bowies Hero and trailed Bob and Jackie by only three lengths.

Another twistafate took over the lead before the start of the stretch and entered the stretch 1:34.91 after the starter's gate was opened. Bob and Jackie trailed Another twistafate by a length while leading Next Shares by two lengths. Multiplier was 1 1/2 lengths behind Next Shares. Bowies Hero had moved into fifth and was leading Cleopatra's Strike by 1 1/2 lengths and Count Again by 3 1/2 lengths.

Cleopatra's Strike finished sixth, 3 1/4 lengths behind Bowies Hero. Not including starter bonuses, the purse of the San Gabriel Stakes was \$200,000 and the distribution was \$120,000 for first place, \$40,000 for second, \$24,000 for third, \$12,000 for fourth and \$4,000 for fifth. Another twistafate now has career earnings of \$490,505. The victory was the fifth for Another twistafate in 10 career races and was Miller's first win with the horse who was sired by Scat Daddy out of Imprecation and foaled in Kentucky, April 17, 2016.

Owner Peter Redekop transferred Another twistafate to Miller's barn in fall 2020. Another twistafate had previously been trained by Blaine Wright, who is based in the Seattle area and has horses both at the Emerald Downs track near Seattle and at Golden Gate Fields in Northern California. Wright began Another twistafate's racing career at Santa Anita in November 2018, and the colt finished ninth. The next three races for Another twistafate were all at Golden Gate Fields and were all wins, including the El Camino Real Derby stakes race. Second-



San Luis Rey horses compete in the San Gabriel Stakes, Jan. 2 sweeping the top five places.

Village News/Courtesy photos



Another twistafate and jockey Joel Rosario lead the race, on their way to a win.

place finishes in Grade 3 stakes races at Sunland Park in New Mexico and the Keeneland track in Lexington, Kentucky, were followed by the 2019 Preakness Stakes in which Another twistafate finished 10th among the 13 horses.

Another twistafate was given a year off after the Preakness. Wright returned the colt to workouts in June 2020 at Golden Gate Fields. The first race after the Preakness was Sept. 10, 2020, when Another twistafate won the Grade 3 Longacres Mile Handicap at Emerald Downs.

After Miller took over the training Another twistafate had seven timed workouts at San Luis Rey in October and November before the Grade 2 Seabiscuit Handicap race Nov. 28 at the Del Mar Thoroughbred Club. Count Again won that race, Next Shares finished third, Another twistafate took fourth place and crossed the finish line a length in back of Next Shares and 2 1/2 lengths behind Count Again, and Bowies Hero had the fifth-place finish and trailed Another twistafate by three-quarters of a length and Count Again by 3 1/4 lengths.

The Seabiscuit Handicap was the first Southern California race for Another twistafate since his debut, and the San Gabriel Stakes was his first Santa Anita race since he began his career there.

Bob and Jackie trained at San Luis Rey during the first part of 2020 before Baltas shipped him to tracks where racing was held. Next Shares was at San Luis Rey both in 2019 and 2020 before preceding Santa Anita and Del Mar races with contests and training in Kentucky. Multiplier, who ran in the 2017 Preakness Stakes and Belmont Stakes before being transferred

to Miller's stables, returned to San Luis Rey in December after summer and fall races in Kentucky and West Virginia merited training in the Eastern time zone. Bowies Hero was at San Luis Rey for the first part of 2019.

The San Gabriel Stakes gave Miller and Rosario two stakes victories for the weekend. The Grade 2 Joe Hernandez Stakes race, Jan. 1, was a 6 1/2-furlong turf race for horses 4 years old and upward. Hembree won his first race for Miller, completing the course in 1:13.80 and finishing three-quarters of a length in front of second-place True Valour.

Miller also won the Joe Hernandez Stakes in 2020, when the race was 5 1/2 furlongs, with Texas Wedge. Texas Wedge also ran in this year's Joe Hernandez Stakes and finished fourth. The race also included Blitzkrieg and Wildman Jack, who are trained by Doug O'Neill and were at San Luis Rey in 2019.

This year's Joe Hernandez Stakes had seven horses. Texas Wedge and Prat, who was also Texas Wedge's jockey in last year's Joe Hernandez Stakes, broke first. True Valor and jockey Drayden Van Dyke left the gate second. Wildman Jack and Cedillo broke third, Blitzkrieg and rider Victor Espinoza were fifth out of the gate and Hembree and Rosario broke last.

P R Radio Star, who is trained by D'Amato but not at San Luis Rey, led after a quarter of a mile. Wildman Jack was second, half a length in back of P R Radio Star and a head in front of Texas Wedge. True Valor trailed Texas Wedge by half a length while leading fifth-place Blitzkrieg by a length. Hembree was in seventh, 6

1/2 lengths behind P R Radio Star and four lengths in back of sixth-place Chaos Theory.

Half a mile into the race P R Radio Star was still in the lead and half a length in front of Wildman Jack. Blitzkrieg had moved into third, 1 1/2 lengths behind Wildman Jack and a head in front of Texas Wedge. Texas Wedge held a one-length lead over fifth-place True Valor. Hembree remained in seventh and last place, although only four lengths in back of P R Radio Star and half a length behind Chaos Theory.

Blitzkrieg had the lead when he entered the stretch 1:07.95 after the race began. True Valor was in second, a head behind Blitzkrieg and a head in front of Wildman Jack. Hembree and Rosario had moved into fourth, half a length in back of Wildman Jack and a head in front of P R Radio Star. Texas Wedge was in sixth, trailing P R Radio Star by a length and leading Chaos Theory by half a length.

Rosario took Hembree to the inside to obtain the lead. Blitzkrieg finished third, 3 1/4 lengths behind True Valour and four lengths in the back of Hembree. Texas Wedge

crossed the finish line half a length in back of Blitzkrieg and half a length in front of Chaos Theory, who edged Wildman Jack for fifth place by a neck. Wildman Jack was 2 1/4 lengths ahead of P R Radio Star.

Hembree was owned by Three Diamonds Ranch before being entered in an optional claiming race Nov. 19, at Churchill Downs and being available for \$62,500. Hembree won that race but was taken at the claim box by Tom Kagele, who transferred the horse to Miller. Hembree relocated from Louisville to Bonsall in December and his first timed workout at San Luis Rey was Dec. 24.

The \$120,000 first-place share of the total purse paid for the claiming price. Hembree, who won his eighth race in 40 starts, increased his career earnings to \$927,371. Hembree was foaled in Kentucky March 28, 2014, and sired by Proud Citizen out of Knockatrina.

Joe Naiman can be reached by email at jnaiman@reedermedia.com.

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ENTERTAINMENT

Fallbrook Art Center offers ‘An Artful New Year’



FALLBROOK – “An Artful New Year” at the Fallbrook Art Center offers unique handcrafted works in a wide array of media from regional artisans. Works include jewelry, functional glassware, wearable art, accessories, functional and decorative wood and ceramics, greeting cards and more.

“An Artful New Year” runs through Sunday, Jan. 24, Monday through Saturday, 10 a.m. to 4 p.m. and Sundays, noon to 3 p.m. The show and parking are free. The Art Center is located at 103 S. Main

Avenue at Alvarado Street.

For more information on the show, supporting programs or volunteering, call 760-728-1414 or visit <http://www.fallbrookartcenter.org>.

Founded in 1996, Fallbrook Art Center is one of three projects governed by the Fallbrook Arts Inc., a 501(c)(3) nonprofit. The center offers a diverse range of art exhibitions, educational programs and community outreach events.

Submitted by Fallbrook Art Center.

Handcrafted works in a wide array of media are on display at the Fallbrook Art Center.

Village News/Courtesy photo

County library names top 10 lists for 2020

SAN DIEGO – There’s no better place to start than with the San Diego County Library’s Top 10 lists of books and materials readers and movie lovers checked out in 2020.

They say hindsight is 2020 vision; well, in this case 2020

vision can be foresight.

The Top 10 lists have something for everyone, whether it’s Delia Edwards “Where the Crawdads Sing,” Celeste Ng’s “Little Fires Everywhere,” John Grisham’s “The Guardian,” Columbia Pictures and Marvel Studio’s

“Spiderman: Far From Home,” J.K. Rowling’s “Harry Potter and the Sorcerer’s Stone,” Jeff Kinney’s “Diary of a Wimpy Kid: The Getaway” or Pixar’s “Toy Story 4.”

And you can get all of the material and stay safe during the coronavirus pandemic because all 33 county libraries have shifted to door-side service. Physical materials like books, audio books, DVDs and CDs can be requested online or by phone and picked up at your branch’s door-side pickup area.

And of course, library patrons can still digitally access all the Library’s digital and electronic materials around the clock – 24 hours a day, seven days a week – by downloading the Libby app for e-books, audio books and e-magazines. In fact, the county Library’s digital circulation increased 56% in 2020 to more than 3.2 million books and materials.

So, here are the 2020 Top 10 Lists.

Books

1. “Where the Crawdads Sing” by Delia Owens
2. “One Good Deed” by David Baldacci
3. “Blue Moon: A Jack Reacher Novel” by Lee Child
4. “Educated: A Memoir” by Tara Westover
5. “The Guardians” by John Grisham
6. “A Minute to Midnight” by David Baldacci
7. “The Night Fire” by Michael Connelly
8. “The Dutch House” by Ann Patchett
9. “Redemption” by David Baldacci
10. “The Silent Patient” by Alex Michaelides

Movies

1. “Rocketman”
2. “Avenger’s Endgame”
3. “Spider-man: Far From Home”
4. “Maleficent: Mistress of Evil”
5. “Aquaman”
6. “Captain Marvel”
7. “John Wick: Chapter 3 – Parabellum”
8. “Once Upon a Time...in Hollywood”
9. “MIB International”

10. “Aladdin” [Live Action]

E-books

1. “They Called Us Enemy” by George Takei; One Book, One San Diego 2020 Selection
2. “Where the Crawdads Sing” by Delia Owens
3. “White Fragility: Why It’s So Hard for White People to Talk About Racism” by Robin DiAngelo
4. “The Giver of Stars: A Novel” by Jojo Moyes
5. “Becoming” by Michelle Obama
6. “Educated: A Memoir” by Tara Westover
7. “Little Fires Everywhere” by Celeste Ng
8. “The Alice Network” by Kate Quinn
9. “The Silent Patient” by Alex Michaelides
10. “The Guardians” by John Grisham

Audio and e-audio books

1. “Harry Potter and the Sorcerer’s Stone” by J.K. Rowling
2. “Talking to Strangers: What We Should Know about the People We Don’t Know” by Malcolm Gladwell
3. “Becoming” by Michelle Obama
4. “Where the Crawdads Sing” by Delia Owens
5. “Educated: A Memoir” by Tara Westover
6. “Everything I Never Told You” by Celeste Ng
7. “American Dirt” by Jeanine Cummins (Oprah’s Book Club)
8. “So You Want to Talk about Race” by Ijeoma Oluo
9. “Harry Potter and the Prisoner of Azkaban” by J.K. Rowling
10. “The Giver of Stars” by Jojo Moyes

Children’s books

1. “Diary of a Wimpy Kid: Wrecking Ball” by Jeff Kinney
2. “Diary of a Wimpy Kid: The Meltdown” by Jeff Kinney
3. “Dog Man: For Whom the Ball Rolls” by Dav Pilkey
4. “Dog Man: Fetch-22” by Dav Pilkey
5. “Diary of a Wimpy Kid: The Getaway” by Jeff Kinney
6. “Diary of an Awesome Friendly Kid: Rowley Jefferson’s Journal” by Jeff Kinney
7. “Dog Man: Lord of the Fleas”

- by Dav Pilkey
8. “Dog Man: Unleashed” by Dav Pilkey
9. “Big Nate: Hug it Out” by Lincoln Peirce
10. “The Thank You Book” by Mo Willems

Children’ M-movies

1. “Toy Story 4”
2. “Toy Story 3”
3. “Toy Story”
4. “Toy Story 2”
5. “PAW Patrol: The Great Snow Rescue”
6. “Lion King”
7. “Aladdin”
8. “Mulan”
9. “Pinocchio”
10. “Dumbo”

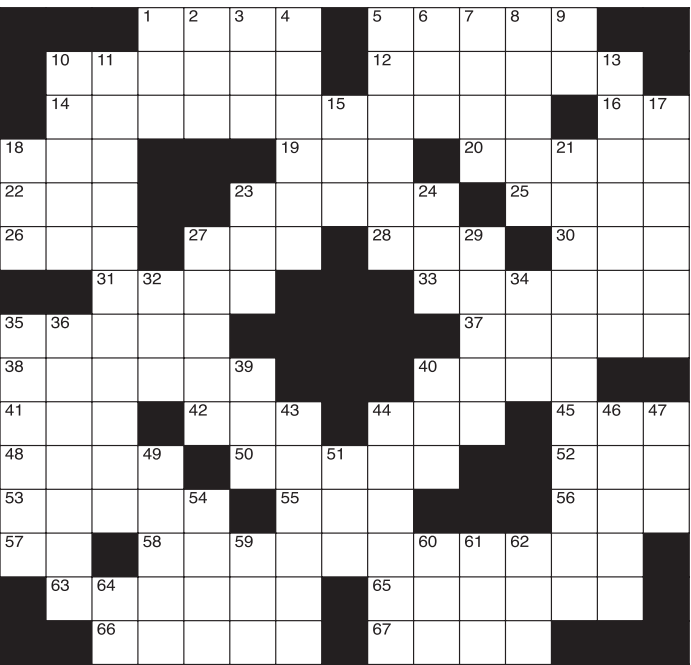
Children’ e-books

1. “Harry Potter and the Sorcerer’s Stone” by J.K. Rowling
2. “I Want My Hat Back” by Jon Klassen
3. “Diary of a Wimpy Kid: Wrecking Ball” by Jeff Kinney
4. “Diary of a Wimpy Kid” by Jeff Kinney
5. “Diary of a Wimpy Kid: Old School” by Jeff Kinney
6. “Diary of a Wimpy Kid: The Meltdown” by Jeff Kinney
7. “Diary of a Wimpy Kid: Cabin Fever” by Jeff Kinney
8. “Unicorn Day” by Diana Murray
9. “Guts” by Raina Telgemeier
10. “Ghosts” by Raina Telgemeier

Children’ e-audio books

1. “Harry Potter and the Sorcerer’s Stone” by J.K. Rowling
2. “Harry Potter and the Prisoner of Azkaban” by J.K. Rowling
3. “Harry Potter and the Chamber of Secrets” by J.K. Rowling
4. “Harry Potter and the Goblet of Fire” by J.K. Rowling
5. “Harry Potter and the Order of the Phoenix” by J.K. Rowling
6. “Harry Potter and the Half-Blood Prince” by J.K. Rowling
7. “Harry Potter and the Deathly Hallows” by J.K. Rowling
8. “Hunger Games” by Suzanne Collins
9. “Ballad of Songbirds and Snakes” by Suzanne Collins
10. “A Wrinkle in Time” by Madeline L’Engle

Submitted by the San Diego County News Center.

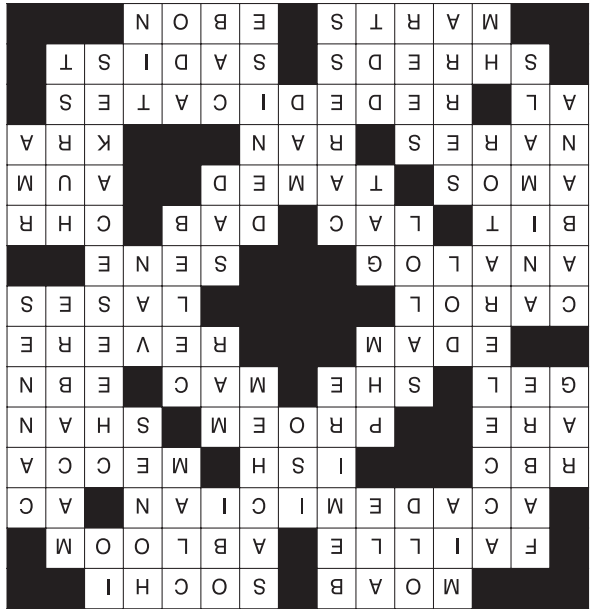


CLUES ACROSS

- | | |
|--------------------------------------|---|
| 1. Ancient kingdom near Dead Sea | 38. Something that is comparable to another |
| 5. 2014 Winter Olympics host | 40. Monetary unit |
| 10. Soft fabric | 41. The cutting part of a drill |
| 12. Covered in flowers | 42. Resinlike substance secreted by certain insects |
| 14. Works at a college or university | 44. Touch lightly |
| 16. Keeps us cool | 45. Toyota SUV |
| 18. Corpuscle count (abbr.) | 48. ___ and Andy, TV show |
| 19. Similar | 50. Made less dangerous |
| 20. Birthplace of Muhammad | 52. Assets under management (abbr.) |
| 22. They ___ | 53. Nostrils |
| 23. Preamble to a book | 55. Moved quickly |
| 25. Southern China people | 56. Thai isthmus |
| 26. Hair product | 57. TV personality Roker |
| 27. The woman | 58. Honors anew |
| 28. Partner to cheese | 63. Rags |
| 30. One point north of due east | 65. One who obtains pleasure from inflicting pain or others |
| 31. Round Dutch cheese | 66. Marketplaces |
| 33. Be in awe of | 67. Dark brown or black |
| 35. Christmas song | |
| 37. Emits coherent radiation | |

CLUES DOWN

- | | |
|---|---|
| 1. Nowhere to be found (abbr.) | 29. Slang for famous person |
| 2. Not new | 32. Department of Labor |
| 3. Brew | 34. The A-team rode around in one |
| 4. Stain with mud | 35. Beach cabin |
| 5. Chief or leader | 36. Living things |
| 6. Luke Skywalker’s mentor | 39. Gun (slang) |
| ___-Wan | 40. Disconsolate |
| 7. Type of sauce | 43. Stroke gently |
| 8. Sharpens | 44. Actress Richards |
| 9. Priestess loved by Zeus | 46. “Cletus Hogg” actor |
| 10. Jean Henri ___, French entomologist | 47. Returned material authorization (abbr.) |
| 11. Regulates supply of fuel | 49. Brazilian mountain range |
| 13. Disturbing and horrifying | 51. Upset |
| 15. Equal (prefix) | 54. One with supernatural insight |
| 17. Hosts film festival | 59. Insecticide |
| 18. Tattered piece of clothing | 60. Taxi |
| 21. Rich desserts | 61. “Much ___ about nothing” |
| 23. Unique motor (abbr.) | 62. Cannister |
| 24. Disfigure | 64. Popular clothing retailer |
| 27. Chemical substance | |



PUZZLE SOLUTION

Please note that the Fallbrook Food Pantry is taking the Coronavirus (COVID-19) very serious and here is how we are addressing/preventing the food insecurity concern. As of MONDAY MARCH 16, 2020, we made our food distributions a “NO TOUCH” service.

HERE’S HOW:

- 1.) Moving our market style distribution to the LEARNING CENTER (which is located at the pantry – 140 N. Brandon Road, Fallbrook) for food pick up only: all food (dry goods, canned, frozen meats, dairy items, bread and fresh produce) will be pre-bagged. **SERVING: MON-FRI 9:30AM-12:30PM**
- 2.) No one is allowed to open bags and remove items that are unwanted – we cannot risk contamination. All food in bags must leave with each family/individual.
- 3.) Asking clients to stand 6 feet apart while standing in line for food.
- 4.) Asking both volunteers and clients to wear gloves at all times while in the pantry.
- 5.) Any new clients will be treated as an “emergency” and will be able to receive food with just an ID (YOU MUST HAVE either a driver’s license, state ID, military, school, etc.).
- 6.) Our hours of operation will remain the same: Monday-Friday 9:30-12:30. If clients show up early to stand in line – we will begin serving them as soon as possible – even earlier than 9:30 to prevent “loitering” or too much contact with others.
- 7.) As long as staff/volunteers are willing and able to serve, we will not have to change days and/or hours of operation – but in the case of this situation changing due to a variety of possible obstacles, we will keep the public apprised of our decisions and make it known if and when we need EXTRA HELP from the community!

If you are interested in helping, please go to FALLBROOKFOODPANTRY.ORG, for volunteering or to make a donation. Thank you all so very much for your support and concern for our community in-need...your generosity and compassion is beyond philanthropic – it is pure LOVE! – In good health, Shae Gawlak, Executive Director



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www.fallbrookfoodpantry.org

“when you are hungry, nothing else matters.”

Baker makes fall dean’s list

LEWISBURG, Penn. – Bucknell University has released the dean’s list for outstanding academic achievement during the fall semester of the 2020-2021 academic year.

Alec Baker, class of 2023, from Bonsall has been named to the dean’s list.

A student must earn a GPA of 3.5 or higher on a scale of 4.0 to receive dean’s list recognition.

Bucknell University is a highly selective private liberal arts university that offers majors in the arts, engineering, humanities, management and social and natural sciences, along with broad opportunities outside of class, to its 3,600 undergraduates.

Submitted by Bucknell University.

EDUCATION

Vallecitos School District seeks new board member for Trustee Area 5

Joe Naiman
Village News Reporter

The Vallecitos School District is seeking applicants for the Trustee Area 5 seat on the district board.

A 4-0 board vote, Tuesday, Jan. 12, approved the process for the appointment. Applications are due Wednesday, Jan. 27, and a special meeting, Monday, Feb. 1, will discuss candidates and potentially appoint a new board member. The district may also seek a waiver of the 60-day deadline to fill a vacancy, which would be required if no applicant expresses interest in the seat before the deadline.

In 2019, the district transitioned from at-large elections to elections by trustee area. The board members were allowed to keep their at-large seats until the expiration of their terms. The terms of Kathy McSorley and Kyle Wheeler ended in December 2020, but neither lives in one of the trustee areas subject to election in 2020. That created vacancies for Trustee Area 2 and Trustee Area 5.

Terese Kristensen filed for the Trustee Area 2 seat. Because she was the only candidate who filed, no election was needed. No candidate filed for the Area 5 seat before the deadline. The school district sought applicants for the Area 5 seat, and Maria Ortiz applied for the vacancy. She was chosen to fill the seat during the Oct. 13 school board meeting, but she has since moved out of Rainbow and submitted her resignation Dec. 3.

The Seat 5 trustee area is the western part of the district, and an applicant must be a registered voter in that trustee area. Because the

term of the seat is from December 2020 to December 2024, the seat will be subject to election for a two-year term in November 2022 although the appointed incumbent may file for that two-year term if they desire.

The application form for the appointment can be found on the district’s website, <http://vallecitosssd.net>, and interested citizens may also pick up an application form at the school district office or request that a form be sent by United States Postal Service mail. The completed application must be received by 4 p.m., Wednesday, Jan. 27; the applicant has the option of submitting the application by U.S. mail, by fax or by hand delivery to the school district office.

The Feb. 1 special meeting will allow for public comment. The applicant or applicants will be interviewed by the four current board members and will be allowed to give presentations. The board will discuss the applicant or applicants and may select one to fill the vacancy, in which case that board member will also be sworn in and seated during that meeting.

Section 5091 of the California Education Code stipulated that if the vacancy is not filled within 60 days the County Office of Education superintendent shall call an election to be held within 130 days after the election is ordered. If the vacancy is filled by an appointment of the school board within 60 days an election would also occur if a petition signed by at least 5% of the number of registered voters in the district is submitted to the County Office of Education within 30 days of the



Vallecitos School District is looking for applicants for the Trustee Area 5 seat on its board. Village News/Lucette Moramarco photo

appointment.

Feb. 1 is also the 60-day deadline. The school district may request a waiver of that deadline.

“That will buy us some time,” Linda Miller, business manager of Vallecitos School District, said.

The waiver is intended for situations such as a lack of applicants rather than for a deadlock. Leaving the seat open also creates the risk of a 2-2 vote.

“There’s just no way to break a tie. That’s extremely rare for this board,” board president Michael Darnley said.

Darnley said that the district has historically been successful in filling vacancies.

“We’ve been getting some decent responses,” he said.

Nearly all of those past vacancies, however, were filled when the district still had at-large trustees. The requirement that an applicant live in the trustee area may lead to the inability to fill that seat.

“If we’re still having challenges, they may want us to change the

structure to a three-member board,” Miller said.

The Vallecitos School District board had three members before expanding to five trustees in 1986. Currently the Spencer Valley Elementary School District in Santa Ysabel is the only school district in San Diego County with a three-member board.

Joe Naiman can be reached by email at jnaiman@reedermedia.com.

3 things Fallbrook parents don’t want to miss for next school year

Andrew Campanella
Special to Village News

Yes, it’s January, not June, and you may feel like you’re finally settling into a routine during a challenging school year. But as the saying goes, “The secret to getting ahead is getting started.” Despite the disruptions of COVID-19, January is the ideal time to check in with your child about your school choice and start planning for the 2021-2022 school year.

That’s why National School Choice Week takes place the last week of January. Each year, the public awareness effort features thousands of independently-planned community activities that help parents in Fallbrook and across the nation learn more about school choices and prep for the next school year.

As families and teachers in California celebrate the week with 2,104 virtual events and activities, don’t miss doing these three things to start planning now for an extraordinary school year.

Talk to your child

You see your child every day and know what makes them happy, nervous or inspired. But make time during School Choice Week to speak with your child about their current school experience. What are they learning? What would they change?

What are they doing when they feel happiest?

If you talk to other parents about their school choice, remember: What’s important to you and your child in a school may be different from what’s important to your neighbor – and that’s OK. One family may prioritize a school’s location; another may consider a school’s language offerings or extracurriculars more important. Be confident in what matters most to you and your child in a school.

Know your options

You might know your child better than anyone else, but you may not know all the school options in your area. Here in California, there are a variety of educational options available including: traditional public schools with limited open enrollment, charter schools, online schools, magnet schools, home schooling and private schools.

When you learn something new about education options in your area, share that knowledge. A simple conversation with a neighbor about school options could transform their child’s life.

Find and celebrate your community

Starting in January gives you plenty of time to consider new schools. Even if you’re not sure a school is for you, learning more via a call or visit may surprise you.

Look for what seems to motivate the students and teachers. Is it an environment you could see your child thriving in?

Or maybe you already love your current school and plan to stay. If so, use this time and your child’s feedback to make a simple plan to truly invest in your school choice. Maybe you’ll volunteer at the school once a month. Maybe you’ll supplement classroom learning with monthly museum trips or use Khan Academy one evening a week to

help your child’s fill in their weak spots in math.

At the end of the day, navigating the K-12 education process is an adventure – celebrate it. Use School Choice Week to spread positivity about your school on social media or send a thank you note to a teacher. Spreading positivity can start a domino effect, reminding teachers of their love for education and inspiring other parents to be more engaged.

A child’s learning environment is one of the single-biggest influencers

of their life, and it’s worth putting in the time to find a great school fit. Whether it’s finding a new school or showering your current school with love, now is the time to start deciding what school choices to make next.

Andrew R. Campanella, a nationally recognized advocate for children and families, serves as president of National School Choice Week, the world’s largest-annual celebration of opportunity in education.

Janikowski, Thomas named to ENMU academic honors list

PORTALES, N.M. – Megan Janikowski and James Thomas of Fallbrook have been named to Eastern New Mexico University’s dean’s list for the fall 2020 semester.

To be eligible for the academic honors list, a student must complete a minimum of 15 credit hours with a GPA of 3.25 or greater.

Submitted by Eastern New Mexico University.

Mikaila Barker named to University of Utah’s fall 2020 dean’s list

SALT LAKE CITY – Mikaila Barker of Fallbrook was named to the University of Utah’s fall 2020 dean’s list. Barker’s major is psychology HBS.

More than 9,700 students were named to the fall 2020 dean’s list at the university. To qualify, students must earn a GPA of 3.5 or higher in at least 12 graded credit hours during any one term.

Submitted by University of Utah.

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HEALTH

Silvergate residents receive Pfizer vaccinations



Silvergate Fallbrook resident Sandy Starr receives her first dose of the Pfizer COVID-19 vaccine, Jan. 13.



Bill McKim is given his Pfizer COVID-19 vaccine during the first round of shots at Silvergate Fallbrook.



Joe Hammer shows the site of his COVID-19 vaccine shot at Silvergate Fallbrook. Village News/Courtesy photos

FALLBROOK – After much anticipation, Silvergate Fallbrook announced that the long-awaited first doses of Pfizer’s COVID-19 vaccine were administered to residents, caregivers and staff on Jan. 13.

Licensed Vocational Nurses at Silvergate assisted incoming vaccine teams from Omnicare, the parent company to well-known retail pharmacy chain CVS pharmacy, in vaccinating the community’s residents, who were designated as a priority for the shots in Phase I of the Centers For Disease Control’s national vaccine rollout guidelines.

“We are all ready to get back to normal and enjoy life beyond the pandemic, and these vaccines are the key to doing that,” said Patricia Martinez, the executive director at Silvergate who has been closely working with state authorities to ensure that Silvergate was one of

the first senior living communities in Fallbrook to be able to vaccinate its seniors. “There’s finally a light at the end of this tunnel. We’re already planning new activities for our residents to enjoy in the coming weeks once everyone is safely vaccinated a second time.”

Silvergate has already received confirmation from CVS Pharmacy for its second-round vaccine clinic dates, which are set to take place in early February. Teams from CVS Pharmacy will return to Silvergate to help run follow-up vaccination clinics, as the Pfizer vaccine requires a second dose three weeks after the initial shot in order to reach the 95% effectiveness rate.

“Despite the delays in the distribution of the vaccine, all of our nurses and caregivers went above and beyond the call of duty to make this happen,” said Mia Pacia, Director of Resident Care for the community. “They have

been incredibly dedicated to the health and wellness of our resident population...all while working through this national health crisis we’re all experiencing together. They are true front-line healthcare heroes!”

Silvergate Fallbrook has had enthusiastic cooperation from its resident population in the community’s first-round vaccination efforts.

“I’m really excited to have the vaccine, because I was not sure I could have it because I’d had a stroke,” said Sandy Starr, who will serve on the community’s Council Board this year when she’s not busy volunteering at Silvergate’s country store. “I’m looking forward to being able to get out and hug my friends and start doing a lot of activities that we have not been able to do.”

“We’re so glad to get this started because I think this is where we’re

going to get this over with and start being able to hug our loved ones and visit our children,” said Bettye McKim a long-time resident at Silvergate who also serves on the community’s Council Board and takes advantage of many of Silvergate’s activities, like Sit & Be Fit, the Walking Club and craft classes. “Silvergate’s been fantastic through this. Now we just need to keep our heads down, go the rest of the way and we’ll be good.”

“Everybody’s so excited about the vaccine,” said Joe Hammer, a Silvergate resident who has spent a good bit of his time watching movies from his extensive video collection while waiting out the pandemic while serving as secretary for the Resident Council. “We’ve been waiting for this...hearing about it...and now finally it’s here. I can’t wait for three weeks to go by so that I can get

my second shot. The people here at Silvergate have been great. They’ve kept us so well informed. They’ve kept us safe. They’ve kept us comfortable. They’ve gone out of their way to keep us out of harm’s way. It’s just been marvelous. Hopefully, we can get back to normal after this.”

Silvergate Fallbrook is now scheduling virtual and private in-person tours of the community. For information, call Helen Gray at 760-728-8880. For general information about the independent living, assisted living and memory care accommodations at Silvergate, visit SilvergateRR.com/FB. Silvergate is located at 420 Elbrook Drive, Fallbrook.

Submitted by Silvergate Fallbrook.

San Diego County to seek additional funding for No Place Like Home program

SAN DIEGO – The San Diego County Board of Supervisors unanimously voted Tuesday, Jan. 12, to apply for \$12 million in additional state funding for the No Place Like Home program.

No Place Like Home provides funding for the creation of affordable housing units for those

with serious mental illness who are experiencing or are at-risk of homelessness.

The authorization also provides county behavioral health supportive services for tenants in No Place Like Home units for a period of 20 years.

The state started the NPLH



Rendering for Windsor Pointe in Carlsbad, one of six developments which will be part of the No Place Like Home program. Village News/Courtesy photo

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program in 2018 and offers two funding categories, the Noncompetitive Program allocation and the Competitive Alternative Process County allocation.

The county has already received a one-time \$12.7 million Noncompetitive Program allocation and an additional \$68 million in the first and second rounds of Competitive Alternative Process County allocations.

The recent board action allows

the county to seek an additional \$12 million for the third round. In all, the county could qualify for \$117 million through the end of 2024.

The county has put the previous allocations toward six developments that are underway around the region. The 172 funded No Place Like Home units will be integrated among 687 affordable housing units.

The first 24 apartments will be ready for occupancy in March. By

January 2023, 172 NPLH units will become available with a total 687 affordable housing units.

The county anticipated receiving the third round of funds this spring.

NOTE: The closest development to Fallbrook is the Valley Senior Village in Escondido with groundbreaking scheduled for this December.Total NPLH Units 172Total Units 687

Submitted by the San Diego County Communications Office.

Breathing easier



There are more than 10 million children in the United States who have been diagnosed with asthma.

Dr. Seema Aceves, M.D., Ph.D.
Rady Children's Healthcare

Over 10 million children have been diagnosed with asthma in the United States and 7 million children still have asthma. Boys are more often diagnosed with asthma than girls, and non-Hispanic Black children were the most likely to ever have been diagnosed with

asthma. There is no cure for asthma but there are effective treatments and some children will outgrow their asthma. As such, it is important that parents be proactive in preventing, managing and alleviating their child's asthma symptoms. Although asthma attacks can be very serious, there are many ways to prevent and control symptoms. Engage with your child's physician

to establish a personalized asthma management plan. Your child's written asthma management plan should describe medications and measures to take to ensure that asthma interferes with your child's daily life as little as possible. Every child's asthma triggers and symptoms are unique. Common asthma triggers include upper respiratory infections, mold or pollen, pet dander, dust mites, air pollution and tobacco smoke, strong perfume and cleaning

products, changes in air temperature and exercise. Medications that are used for asthma include inhaled corticosteroids, oral leukotriene inhibitors, long and short acting beta-agonists and biologic agents such as anti-IgE. **Allergy-induced asthma** Seventy percent of asthmatics also have allergies. Allergies can trigger asthma symptoms. It's important to know what your child is allergic to and how you

can prevent exposure to allergen triggers. Provide an allergen-free environment by using a HEPA filter to capture pollens and mold spores, limiting pet dander, having special dust-proof mattress and pillow covers and washing bed linens weekly in hot water, not letting others smoke in your home or car and avoiding the use of strong scents.

Exercise-induced asthma All children need exercise to stay healthy. Children with asthma may experience coughing, wheezing, chest tightness or shortness of breath during or after exercise. Exercise induced asthma symptoms can be prevented by allowing your child to use their rescue inhaler before exercise. Exercise induced symptoms can be worse during times of high pollen and pollution levels or when your child has a cold and also if the air outside is cold. Speak to your child's physician if you have questions about your child's asthma or allergies. If you have questions about finding a pediatric asthma, allergy and immunology specialist in your area, give us a call at 877-885-1246.



Asthma can be very serious, but there are effective treatments your child's physician can recommend. Village News/Courtesy photos

Friends can help prevent youth suicide

Evelyn Hill
Special to Village News

Youth suicide has been declared a national health issue by the U.S. Surgeon General's Office. Almost one out of five young people have "seriously considered suicide" in the past 12 months. In fact, suicide is the second leading cause of death for ages 12-18 in

California. Suicide is one of the leading causes of preventable death for our youth. Many times, a young person will give clear warning signs before an attempt. By knowing the warning signs associated with suicide, and knowing how to help, you could save a life. A friend, especially an "informed friend," can help make a difference

to someone who may be struggling with thoughts of suicide. "A Friend Asks" is The Jason Foundation's free smartphone app that can provide the information, tools, and resources to help a friend or yourself who may be struggling with thoughts of suicide. The Jason Foundation, a nationally recognized leader in youth and young adult suicide

prevention and awareness, provides programs and services across the country to communities at no-cost. Download the app and encourage friends and family to do the same. Search "Jason Foundation" for the free app on the Apple App Store and Google Play. You can also visit The Jason Foundation's website for more information on

their programs and the closest Jason Foundation Affiliate Office, <http://www.jasonfoundation.com>. Education is the key to prevention. With information like this as close as your smartphone, you could help save a life. Evelyn Hill is senior divisional director for The Jason Foundation Inc.

Local health nonprofit answers call for emergency vaccinations

SAN DIEGO – Champions for Health, a local community health nonprofit, will administer COVID-19 vaccinations to individuals in the first phase of vaccinations starting next week. CFH will be concentrating on hard-to-reach, high-risk communities, including senior nursing facilities, long-term residential facilities, essential health workers and primary care clinics. In partnership with San Diego County Health and Human Services, CFH is the contracted mobile vaccination team supporting emergency

immunizations and educating individuals on important health topics in multiple languages. CFH mobilizes a rapid response team of medical volunteers for illness and outbreak prevention. "One of our strengths is mobilizing our dedicated team of medical volunteers, especially during times of crisis," Adama Dyoniziak, executive director of Champions for Health, said. "Doctors and nurses have already reached out to us, ready and willing to help to stop COVID-19 in its tracks."

CFH is currently working with medical partners to get them trained and vaccinated to support our community COVID-19 vaccination efforts. Once available, vaccinations are administered at partner sites, by appointment only and following the county COVID-19 Vaccination Phases. Vaccinations are not administered at the CFH administrative offices. The nonprofit's recent successes include an increased output of the number of flu vaccinations provided to uninsured, underserved individuals in San Diego County

including expanded reach to senior nursing facilities, long-term residential facilities and other hard to reach populations. According to the Centers for Disease Control and Prevention, stopping a pandemic requires using all the tools available. Vaccines work with your immune system, so your body will be ready to fight the virus if you are exposed. Other steps, like wearing masks and social distancing, help reduce your chance of being exposed to the virus or spreading it to others. Together, COVID-19

vaccination and following CDC's recommendations to protect yourself and others will offer the best protection from COVID-19. Vaccinations will begin with high-risk individuals in Phase 1. COVID-19 vaccinations are available at no cost; no insurance is required. For information about the vaccination program, email Andrew Gonzalez at Andrew.gonzalez@championsfh.org. Submitted by Champions for Health.

HHS data shows local hospitals still slammed with COVID-19 patients

Will Fritz
Staff Writer

Local hospitals are continuing to see high levels of coronavirus patients, with two out of three Southwest Riverside County medical centers reporting increases in patients testing positive for COVID-19 in the latest data from the United States Department of Health and Human Services, though the nearest San Diego County hospital to Fallbrook showed a slight drop in COVID-19-positive patients. According to HHS data released Jan. 10, 56% of patients at Temecula Valley Hospital, 57% of patients at Southwest Healthcare System (which includes Inland Valley and Rancho Springs medical centers in Wildomar and Murrieta, respectively), 59% of patients at Loma Linda University Medical Center Murrieta and 51% of patients at Palomar Medical Center Escondido have tested positive for COVID-19 for the week preceding the data dump. Those percentages are up from 45% for Temecula Valley Hospital and 53% for Southwest Healthcare System in data from a week prior. Loma Linda University Medical Center Murrieta marked a decline in the latest data, having reported 66% of patients were COVID-19 positive the week before, and Palomar's decline in patients was so slight its percentage of COVID-19-positive patients this week was unchanged from the 51% it reported last week. There was an average of about 16 more COVID-19-positive adults at Temecula Valley Hospital in the seven days prior to Jan. 10, about 15 more at Southwest Healthcare System, about one-and-a-half fewer at

Loma Linda University Medical Center Murrieta, and about four fewer at Palomar Medical Center Escondido. Palomar is a much larger hospital than the three Riverside County hospitals, accounting for the unchanged percentage in COVID-19 positivity despite the larger, albeit still fairly insignificant, drop in COVID-19-positive patients. Each hospital was at or close to ICU capacity in the week preceding Jan. 3, with an average of 25.7 ICU beds used out of a total of 26.4 at Temecula Valley Hospital, 36.6 out of 36.6 at Southwest Healthcare System, 12.7 out of 18.1 at Loma Linda University Medical Center Murrieta and 35 out of 36 at Palomar Medical Center Escondido. The state is officially reporting the 11-county Southern California region's available ICU capacity at 0%; while the recent data show ICUs not quite at full capacity, state officials and health care professionals have said over the course of the pandemic that available staff also play a role in

determining ICU space. Here is a more detailed look at some of the most recent HHS data on local hospitals: **Palomar Medical Center Escondido** Total beds (7-day average): 392 (unchanged from last week) Total inpatient beds used (7-day average): 285.6 (282 last week) Total adults hospitalized, confirmed COVID-19 positive (7-day average): 140 (144.6 last week) ICU beds (7-day average): 36 (unchanged from last week) ICU beds used (7-day average): 35 (34.7 last week) Temecula Valley Hospital Total beds (7-day average): 159.9 (154.1 last week) Total inpatient beds used (7-day average): 144 (unchanged from last week) Total adults hospitalized, confirmed COVID-19 positive (7-day average): 80 (64.3 last week) ICU beds (7-day average): 26.5 (26.9 last week)

ICU beds used (7-day average): 25.7 (26.9 last week) Loma Linda University Medical Center Murrieta Total beds (7-day average): 164 (unchanged from last week) Total inpatient beds used (7-day average): 110.9 (99 last week) Total adults hospitalized, confirmed COVID-19 positive (7-day average): 67.7 (69.4 last week) ICU beds (7-day average): 18.1 (18 last week) ICU beds used (7-day average): 12.7 (12.1 last week) Southwest Healthcare System

(Inland Valley and Rancho Springs medical centers) Total beds (7-day average): 268.3 (233.7 last week) Total inpatient beds used (7-day average): 234.4 (227.9 last week) Total adults hospitalized, confirmed COVID-19 positive (7-day average): 133.9 (118.9 last week) ICU beds (7-day average): 36.6 (29.1 last week) ICU beds used (7-day average): 36.6 (29.7 last week) Will Fritz can be reached by email at wfritz@reedermedia.com.

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"In May 2019, I had to jump out of the way of a car traveling at full speed on the sidewalk after having jumped the curb, but the car struck my left hand, which caused my hand and arm to travel straight into the air at an unreasonable speed. I often had trouble sleeping, with no position comfortable enough for my arm. I sought a solution from my family physician, a well known sports chiropractor, and a skillful massage therapist, but all were unable to solve the problem. My wife located Craig Lozzi and made an appointment. My takeaway from my first (only) visit, is that Mr. Lozzi actually listens to the description of your complaint, then asks more detailed questions to understand you better. This is the first time I've felt that my complaint was properly understood. It has now been ten days since my visit and my arm has had no pain since then. I am pain free for the first time since May 2019! Mr. Lozzi is indeed a healer and understands something about massage that others I've visited do not. If you are experiencing unusual problems within your physique, you will want to meet Craig Lozzi too."

— Glenn Patrik, Professional Musician, Fallbrook

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Fallbrook Camera Club presents annual awards

FALLBROOK – The Fallbrook Camera Club recently had an online meeting and presented awards for 2020. This has been a very different year for the Camera Club, as it has been for many people and groups. Early in 2020, the Club started online meetings. The Club completed the year with an online awards meeting instead of the usual banquet.

Awards were given in the following categories:

Projected Images – Color

First place: Here Comes The Sun, Heidi Gauthreaux

Second place: Sunset Over An Oregon Beach, Gary Freeman

Third place: Prelude To Blossom, Bill Carnahan

Honorable Mention awards were given to: Judy Jobe, Adrienne Myers, Rick Gauthreaux and Ken Quigley.

Monochrome

First place: Illuminated Curves, Barbara Altevers

Second place: A Cold Day On The Prairie, Dennis Brown

Third place: Curves, Heidi Gauthreaux

Honorable Mention awards were given to: Rick Gauthreaux, Mike Reardon and Lin Craft.

Nature Open

First Place: Kiss Of Sunlight, Heidi Gauthreaux

Second place: Iceberg Arch, Jokulsarlon Lagoon, Lin Craft

Third Place: Early Morning Light, Rick Gauthreaux

Honorable Mention awards were given to: Mike Reardon, Patrick Christman and Dennis Brown.

Nature Wildlife

First place: Blending In, Ken Quigley

Second place: Rough And Tumble, Heidi Gauthreaux

Third place: Successful Hunt, Rick Gauthreaux

Honorable Mention awards were given to: Bill Carnahan and Lin Craft

Travel

First place: Norwegian Village Under The Aurora, Lin Craft

Second place: Ahh, Denali: Dennis Brown

Third place: Golden Gate, A Different Perspective, Heidi Gauthreaux

Honorable Mention awards were given to: Rick Gauthreaux, Mike Reardon and Bill Carnahan

Dr. Paul Kovach For Best Composition: Many Contrasts, Bill Carnahan

Neil Lakata award For Best Landscape: Winter Sunrise on the Firehole River, Yellowstone, Lin Craft

Fallbrook Camera Club Image of the Year: Blending In, Ken Quigley.

Judge's Choice Awards: Desert Path, Barbara Altevers; Tiny Bells, Heidi Gauthreaux; Grazing Alone. Barbara Altevers.

Projected Images High Points

First place: Heidi Gauthreaux

Second place: Rick Gauthreaux

Third place: Lin Craft

Mike Reardon was awarded a president's plaque for his 5 years as president of the Fallbrook Camera Club. Rick and Heidi Gauthreaux and Lin Craft were given Hero's Awards for their Outstanding Service to the Camera Club.

The Fallbrook Camera Club meets two Mondays each month between February and November. The meetings are online and will be for at least the next several months. For additional information of the club, contact club president Lin Craft at 951-235-1339.

Submitted by the Fallbrook Camera Club.



First in Travel - "Norwegian Village Under the Aurora" by Lin Craft



First in Monochrome - "Illuminated Curves" by Barbara Altevers



Lakata Award for Best Landscape - "Winter Sunrise on the Firehole River, Yellowstone" by Lin Craft



Judge's Choice - "Desert Path" by Barbara Altevers



First in Color - "Here Comes the Sun" by Heidi Gauthreaux



Kovach Award for Best Composition - "Many Contrasts" by Bill Carnahan

Village News/Courtesy photos



First in Nature Wildlife and Image of the Year - "Blending In" by Ken Quigley



First in Nature Open - "Kiss of Sunlight" by Heidi Gauthreaux



Judge's Choice - "Tiny Bells" by Heidi Gauthreaux

REGIONAL

Pala Band of Mission Indians among three tribes awarded funding for climate change

SAN DIEGO (CNS) – A state program granted \$250,000 to the Pala Band of Mission Indians, the Rincon Band of Luiseno Indians, and the San Pasqual Band of Mission Indians, Thursday, Jan. 14 to help them combat climate change in their communities.

The Tribal Government Challenge Planning Grant Program gave the funds to the three San Diego County Tribes to “assess and prioritize the three tribes’ needs and opportunities for energy, climate and community sustainability, and to conduct advanced planning on priority strategies selected by tribal leaders.”

Nearly \$2 million was awarded to tribes throughout the state as part of the program, intended to support projects identifying solutions to reduce greenhouse gas emissions, improve clean energy access and advance climate resiliency on Tribal lands and in tribal communities.

“California recognizes the leadership of tribes in advancing strong clean-air standards as well as ambitious climate and energy goals,” said Christina Snider, Tribal Advisor to Gov. Gavin Newsom. “These grants provide opportunities to focus on new tribal climate and energy planning activities.”

Funded by the California Energy Commission and administered in partnership with the California Strategic Growth Council, the program focuses on the needs of tribal governments and the ongoing role they serve in helping the state achieve its climate goals.

“The CEC is proud to provide funding to support tribal climate leadership through this unique initiative,” said Karen Douglas, CEC Commissioner. “These tribally driven projects will bring important research and technological gains while helping ensure all communities benefit from access to the state’s clean energy investments.”

The grants range from \$215,000 to \$250,000 and support planning for a variety of climate change and clean energy projects, including energy storage, renewables, biomass and community and energy resilience to climate impacts.

“The California Strategic Growth Council Team looks forward to building relationships and collaborating with the Tribal Government Challenge grantees to ensure projects advance tribes’ goals and priorities around climate change, energy and resilience,” said Louise Bedsworth, SGC’s executive director.

The Tribal Government Challenge Program is also supporting a Statewide Gap Analysis to provide an assessment of tribes’ clean energy and climate change adaptation and resilience priorities.

California urges stop to 300k vaccines after some fall ill in San Diego

Associated Press

California’s state epidemiologist is urging a halt to more than 300,000 coronavirus vaccinations using a Moderna vaccine version because some people received medical treatment for possible severe allergic reactions.

Dr. Erica S. Pan on Sunday recommended providers stop using lot 41L20A of the Moderna vaccine pending completion of an investigation by state officials, Moderna, the U.S. Centers for Disease Control and the federal Food and Drug Administration.

“Out of an extreme abundance of caution and also recognizing the extremely limited supply of vaccine, we are recommending that providers use other available vaccine inventory,” Pan said in a statement.

She said more than 330,000 doses from the lot arrived in California between Jan. 5 and Jan. 12 and were distributed to 287 providers.

Fewer than 10 people, who all received the vaccine at the same community site, needed medical attention over a 24-hour period, Pan said. No other similar clusters were found.

Pan did not specify the number of cases involved or where they occurred.

However, six San Diego health care workers had allergic reactions to vaccines they received at a mass vaccination center on Jan. 14. The site was temporarily closed and is now using other vaccines, KTGTV reported.

The CDC has said the vaccine can cause side effects for a few days that include fever, chills, headache, swelling or tiredness, “which are normal signs that your body is building protection.”

However, severe reactions are extremely rare. Pan said in a vaccine similar to Moderna, the rate of anaphylaxis — in which an immune system reaction can block breathing and cause blood pressure to drop — was about 1 in 100,000.

The announcement came as California counties continue to plead for more COVID-19 vaccine as the state tries to reduce its rate of infection, which has led to record numbers of hospitalizations and deaths.

California, with a population of 40 million, has received about 3.5 million vaccine doses and has only administered about a third of them, according to the CDC.

So far, the state has vaccinated just 2,468 people per 100,000 residents, a rate that falls well below the national average, according to the federal data.

Although Gov. Gavin Newsom announced last week said anyone age 65 and older would be eligible to start receiving the vaccine, Los Angeles County and some others have said they do not have enough doses to vaccinate so many people and are concentrating on inoculating health care workers and the most vulnerable elderly living in care homes first.

On Monday, the superintendent of the Los Angeles Unified School District sent a letter to state and county public health officials asking for authorization to provide COVID-19 vaccinations at schools for staff, local community members and for students once a vaccine for children has been approved.

“Doing so will help reopen schools as soon as possible, and in the safest way possible,” Superintendent Austin Beutner wrote.

California is nearing 3 million coronavirus cases and more than 33,600 people have died since the start of the pandemic last year, according to figures from Johns Hopkins University.

The death rate from COVID-19 in Los Angeles County — the nation’s most populous and an epicenter of the state pandemic — works out to about one person every six minutes.

On Sunday, the South Coast Air Quality Management District suspended some pollution-control limits on the number of cremations for at least 10 days in order to deal with a backlog of bodies at hospitals and funeral homes.

“The current rate of death is more than double that of pre-pandemic years,” the agency said.

California has had about 500 deaths and 40,000 new cases daily for the past two weeks. Although hospitalizations and intensive care unit admissions remained on a slight downward trend, officials have warned that could reverse when the full impact from transmissions during Christmas and New Year’s Eve gatherings is felt.

“As case numbers continue to rise in California, the total number of individuals who will have serious outcomes will also increase,” the state Department of Public Health said in a statement Sunday.

Adding to concerns, California is experiencing new, possibly more transmissible forms of COVID-19.

The state health department announced Sunday that an L452R variant of the virus is increasingly showing up in genetic sequencing of COVID-19 test samples from several counties.

The variant was first identified last year in California and in other states and countries but has been identified more frequently since November and in several large outbreaks in Northern California’s Santa Clara County, the department said.

Overall, the variant has been found in at least a dozen counties. In some places, testing has found the variant in a quarter of the samples sequenced, said Dr. Charles Chiu, a virologist and professor of laboratory medicine at the University of California San Francisco.

However, not all test samples receive genetic sequencing to identify variants so its frequency wasn’t immediately clear.

However, health officials said it was linked to a Christmas-time outbreak at Kaiser Permanente San Jose that infected at least 89 staff members and patients, killing a receptionist. The outbreak has been blamed on an employee who visited the hospital emergency room wearing an air-powered inflatable Christmas tree costume.

The variant is different from another mutation, B117, that was first reported in the United Kingdom and appears to spread much more easily, although it doesn’t appear to make people sicker.

That variant has already shown up in San Diego County and Los Angeles County announced over the weekend that it had detected its first case.

Former San Diego mayor signals possible run for governor

Michael R. Blood
AP Political Writer

Former San Diego Mayor Kevin Faulconer established a political committee Monday, Jan. 4, to begin raising money for a possible run for governor, kicking off what could be a tumultuous year in California politics as Gov. Gavin Newsom faces the threat of a recall election.

In a brief statement on Twitter, the moderate Republican who served two terms in the Democratic-leaning city said there is “no better way to ring in the new year than taking the first step in turning around California.”

Faulconer stopped short of formally declaring his candidacy, but the formation of the committee will allow him to begin collecting checks to help finance a potential campaign. In a tweet two days ago, he said, “We need a new governor. Jobs are leaving; homelessness is skyrocketing.”

The move comes as supporters of a possible recall election aimed at the Democratic governor continue gathering the nearly 1.5 million petition signatures needed to qualify the proposal for the ballot. They have until mid-March to hit the required threshold.

Newsom political strategist Dan Newman said the governor remains focused on the coronavirus crisis and distributing vaccines while “Faulconer and other (President Donald) Trump supporters want California taxpayers to waste \$100 million on a special-election redo,” shortly before Newsom is expected to seek a second term in 2022.

Newsom’s 2018 rival, businessman John Cox, also has said he is a likely candidate, whether in a recall or next year.

If the recall qualifies, Newsom would be forced to fend off rivals in the midst of a pandemic that has cost the state millions of jobs and upended daily life for nearly 40 million residents. State rules are not specific on when the election would occur.

Newsom, who was elected in a 2018 landslide with 62% of the vote, has entered a difficult stretch in his tenure.

Last spring, Newsom received wide praise for his aggressive approach to the coronavirus outbreak, when he issued the nation’s first statewide stay-at-home order. But there has been growing public unrest over subsequent health orders that closed schools and businesses, and investigations continue into a massive unemployment benefits fraud scandal.

Meanwhile, Newsom faced a public outcry at the disclosure that he attended a dinner with friends at the French Laundry restaurant in Napa Valley after telling residents to spurn social gatherings and stay at home. Photos of the dinner – a birthday party for a Newsom confidant who also is a lobbyist – showed the governor without a mask at a time when he was imploring people to wear face coverings when around others.

A Republican hasn’t won a statewide election in the heavily Democratic state since 2006, and registered Democrats outnumber Republicans in California by nearly 2-to-1. But a recall election could attract dozens of candidates who would cut up the vote and lower the percentage needed to win, a scenario that could provide an opening for a Republican candidate in the Democratic-dominated state.



In this Sept. 7, 2019, file photo, San Diego Mayor Kevin Faulconer speaks during the California Republican fall convention in Indian Wells. AP photo/Chris Carlson, file photo



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REGIONAL

Riverside County hosts virtual human trafficking conference



Ashley Hanson, a senior transition age youth peer support specialist with Riverside County DPSS serves as the keynote speaker of the 2021 Commercial Sexual Exploitation of Children Virtual Conference, Jan. 11-14.

Jeff Pack
Staff Writer

Touching on a wide variety of topics relating to human trafficking and the prevention of human trafficking in Riverside County, the 2021 Commercial Sexual Exploitation of Children Virtual Conference was hosted by Riverside County DPSS – Child Services Modernization, Jan. 11 through Jan. 14.

The event kicked off with a keynote speech by Ashley Hanson, a senior transition age youth peer support specialist with RUHS-Behavioral Health who was a survivor of commercial sexual exploitation.

She shared her experience of recovery and laid out how in 2019, Hanson obtained her bachelor's degree in social work from California Baptist University.

"What was meant to be my journey being here as a parent, she said. "It wasn't until my life experiences gave other parents and other youth hope that I finally realized that I was meant to go

through all those things. Getting to provide services within RUHS has been a really special experience. I've gone through meaning and purpose. I've been able through my own recovery to heal from the wounds and learn the skills that I needed when getting through.

"Always try to remember. It's not going to happen right away most of the time, all the time, actually. My experience is completely different from all the youths I've ever worked with. The things that we have in common are the feelings. Maybe not the experiences, maybe not the struggles, but what we do have in common is the shared experience.

"That's why it's so vital that we just meet them where they're at," she said.

Clayton Cranford, owner of Cybersafetycop.com, gave a presentation entitled "Social Media & Youth Threats and Safety," explaining current technology and applications that they are using to access the internet and social media.

"Parents are like, 'I don't know how to talk about it, I don't know what it is and when I talk about it I feel kind of done talking about it,'"



Clayton Cranford, owner of Cybersafetycop.com, presents solutions to parents and participants to help protect their children from online predators.

Cranford said "One of the things that I have is to empower parents so that they know how to do this successfully. A lot of the problems they have is because kids don't feel safe to communicate and ask for help because they're pretty sure mom and dad will take away. So, they'd rather suffer than let the community to all of their friends in their world.

"And sometimes that suffering includes being trafficked, being sexually exploited. I have lots of stories, real stories about real families and parents and children where we have a kid going from a caregiver to a child and the parents saying, 'Something happened to the summer. I just saw my child with a new friend and he'd changed passed and I don't know the person.'"

"And later they found out that the child had been sexually exploited online and extorted with a nude image that they shared. A bad choice and now the thing is hanging over their head and they're being extorted to do things online for a predator. That is not an unusual story," he said.

Cranford talked about cyberbullying and other online

threats that are defined with current trends and real-world examples. Finally, he gave participants an action plan that they can immediately begin.

"What predators are looking for, they're looking for someone who is vulnerable," Cranford said. "A child that is emotionally needy, isolated, needy or lacks self-confidence and frankly that describes every child at one point in their life. This is typically every kid and that's why I've had cases where kids were being exploited and trafficked in a nice home, in a nice family in South Orange County. With two parents in the room, all the attention that a child could want, right? Mostly, access to education all the things that a child could need and want. Parents ended to distrust that someone are more vulnerable than others and that it could be a good thing."

Also speaking at the event was Dr. Katarina Rosenblatt, author of "Stolen," highlighting her experiences as a 13-year-old runaway who became part of a prostitution ring from which she narrowly escaped with her life; Opal Singleton, president



Clayton Cranford, owner of Cybersafetycop.com, is a speaker of the 2021 Commercial Sexual Exploitation of Children Virtual Conference was hosted by Riverside County DPSS – Children's Services.

of Million Kids, and Norma Vazquez, director of anti-human trafficking programs for Operation SafeHome.

"It is a challenge to get people to collaborate, to become aware," Rosenblatt said. "But most tips come from the general public. If you see something, please say something because you could be the one to make a difference."

Over the course of the four days, topics included pimp culture, Marsy's Law, "Rape Trauma Syndrome: Aftermath," positive youth development, technology and human trafficking, grooming of children and parents, harm reduction and peer recruitment.

It was unclear at press time whether the presentations would be available to view following the event's conclusion.

City News Service contributed this report.

Jeff Pack can be reached by email at jpack@reedermedia.com.

DINING

On the Menu – Mississippi Pork Roast



Jamie Zelle
Special to Village News

It is crock pot time year round at my home, but when it is chilly outside, I really love using it to make roasts and stews. This is to be the healthiest and easiest recipe I've ever made. It takes minutes prep time, then cooked low and slow in my crock pot.

Substitute my dish served with potatoes or rice. This is a fantastic meal to serve to a crowd that is so beyond easy and delicious. Enjoy!

Serves 6
2 lbs. pork tenderloin
1 packet ranch seasoning mix
1 packet au jus seasoning mix
6 pats of unsalted butter

8 whole pepperoncinis
1/4 cup juice from pepperoncinis
Salt/pepper

Put all ingredients in the crock pot and turn on low for 6 hours. Shed all served with potatoes, a salad, and a drink!

Jamie Zeller is a professional chef who writes food articles for area newspapers.

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NATIONAL

FBI investigation dismantles human trafficking network

WASHINGTON – When a 14-year-old girl ran away from her Virginia home after a family conflict in 2018, law enforcement feared she could be vulnerable.

Agents from the FBI’s Child Exploitation and Human Trafficking Task Force found the teenager at a known brothel in Maryland. After investigators built trust with her, she told them she had met Daniel Palacios Rodriguez while trying to survive on the streets. Rodriguez groomed her for prostitution. He slowly introduced her into sexual exploitation, and she was eventually trafficked by several people along the East Coast. She often stayed for about a week in different hotels or apartments that were used for trafficking.

Rodriguez referred the teen to a Maryland-based trafficker, Alexandra Guzman-Beato. Guzman-Beato trafficked numerous girls and women, including some who were brought in from overseas.

The traffickers advertised online and also used an elaborate word-of-mouth network of customers to avoid law enforcement.

“Through further investigation, we discovered there was a much larger network involved, where girls and women would come in from overseas or from other states to be exploited,” Jeremy Obie, special agent from the FBI Washington Field Office, who investigated this case as part of the task force. The U.S. Department of Homeland Security and various police departments from Maryland, Virginia, New York, New Jersey and the District of Columbia worked closely with the FBI on the investigation.

Victim statements, combined with search warrants and electronic evidence, helped bring down the ring of six traffickers. The additional four traffickers played other roles, such as leasing apartments used for trafficking, recruiting girls and women, transportation, security and collecting money.

Both Rodriguez and Guzman-Beato were convicted of sex trafficking a minor and sentenced to 16 years in prison in July. The four others involved also received sentences ranging from 6 1/2 years to 15 1/2 years.

These types of cases require patient rapport-building with traumatized victims, as well as traditional investigative work such as search warrants, surveillance, data analysis and coordination of multiple agencies.

“When you’ve met these victims and have seen what has happened to them, you don’t want to let them down,” Obie said. “We work day and night on these types of cases, and we’re very passionate about protecting those who cannot protect themselves: society’s innocent – our children.”

Although January is when the country marks National Slavery and Human Trafficking Prevention Month, the FBI and our partners work to ferret out and arrest human traffickers every day. And while putting a stop to trafficking is key, the FBI also works to help victims get the services they need to recover.

And that’s exactly what happened in the case of the missing Virginia girl. Victim specialists from multiple partner agencies offered the girl therapy and other services to help her recover and move forward in life. She’s even chosen to remain in contact with the FBI, two years after she was rescued in January 2019.

“It’s definitely rewarding to see a good outcome and that you’ve helped change the whole dynamic of a child’s life. The victim still contacts me to this day, keeping me updated on her life and how she’s doing,” Obie said. “She’s back on her feet, and she is on her way to a new beginning with a more positive outlook toward life.”

Submitted by the FBI.

SBA launches new, free online digital learning platform

WASHINGTON – Jovita Carranza, administrator of the U.S. Small Business Administration, announced recently the launch of Ascent, a first-of-its-kind, free digital e-learning platform geared to help women entrepreneurs grow and expand their businesses.

Ascent offers tips on preparing and recovering from disasters, strategic marketing, business financial strategy development and more.

Ascent is a joint initiative between the White House, the SBA, the U.S. Department of Labor’s Women’s Bureau and the U.S. Department of the Treasury. Designed to support women entrepreneurs looking to remain resilient in their operations, Ascent is packed with content and resources from each agency and backed by academic research.

“I am pleased to announce the launch of our ground-breaking interactive-virtual learning platform to guide women-owned businesses through the journey of growing their business,” Carranza said. “Throughout this year alone, we know that small businesses need our support now more than ever as they evaluate, retool and pivot from the effects of the coronavirus pandemic. Ascent includes valuable and timely resources to help women business owners navigate and prepare their business models from potential impacts. I want to thank former SBA Administrator and business owner, Linda McMahon, who planted the seed for this endeavor. It is an incredible privilege to assist women-owned businesses – a key pillar of our nation’s economic firepower – thrive and achieve success. This initiative, along with the recent announcement of opening 20 new Women’s Business Centers in 2021, is the SBA’s largest single expansion of resources specifically tailored for women in more than 30 years and furthers our nation’s commitment to nearly 13 million women-owned businesses. I look forward to working with our partners nationwide to shine a light on American women business owners and their journey to success, job creation and economic independence.”

Women entrepreneurs start and own nearly half of all businesses in the United States, employ 9.4 million workers, generate \$1.9 trillion in revenue and represent all industries. Ascent offers several key journeys to assist women business owners with strategies toward growth and success, including disaster & economic recovery, strategic marketing, your people, your business financial strategy and access to capital. Each journey contains content and tools needed to grow your business. Additional topics will be added over time, according to the SBA administrator.

“The Ascent digital learning platform is a practical, user-friendly tool and a one-stop-shop for female entrepreneurs to gain knowledge on how to elevate their business goals, overcome burdensome challenges and grow their existing business,” Allen Gutierrez, associate administrator, office of entrepreneurial development, said.

“The launch of this useful and timely platform will provide women-owned small businesses the resources they need to start, grow and expand their business. We hope that you enjoy your journey with Ascent.”

Visit <http://Ascent.SBA.gov> and register for free access. For additional opportunities on how women entrepreneurs can start, grow and recover, visit <http://sba.gov> or contact a local SBA district office.

Submitted by U.S. Small Business Administration.

Most people who were arrested by ICE in 2020 for living illegally in the US have average of four criminal convictions or charges

WASHINGTON – The overwhelming majority of people arrested for living illegally in the U.S. by federal authorities in 2020 had an average of four criminal convictions or charges, according to a year-end report published by the government. In the document Immigration and Customs Enforcement said it arrested 103,603 people living in the country illegally in the 2019-2020 fiscal year with more than 374,000 convictions and charges. Driving under the influence was the most common conviction or charge at 74,000, followed by drug crimes (67,000), assaults (37,000), sex offenses (10,000), robberies (3,800), homicides (1,900) and kidnappings (1,600).

It doesn’t end there. An additional 185,884 people living illegally in the country were deported by ICE’s Enforcement and Removal Operations in 2020 and most of them – 64% – had criminal convictions or pending charges. In fact, they had 399,235 criminal convictions and pending charges, according to statistics provided by the Homeland Security agency. Those removed from the country include 4,276 gang members, 675 of them from the famously violent Mara Salvatrucha (MS-13) and 31 terrorists. ICE said that 350 were considered “high-profile removals.” Among them is a Bosnian named Saudin Agani who provided material support to a terrorist organization and has ties to the suspect who attacked two New York City police officers in 2020.

“ERO Removal Division’s ICE Air Charter Operations coordinated a record-breaking 76 special high-risk charters to 61 countries, six of which were new countries it had not previously visited,” the report showed.

Those countries include Jordan, Albania, Bulgaria, Turkey, Romania and Mongolia, effectuating 3,278 removals.

“This is a 160% increase in total removals via special high-risk charter flights compared to fiscal year 2019,” according to ICE.

The agency also issued 122,233 detainers in 2020 with local law enforcement agencies nationwide for those living illegally in the country and have with criminal histories. More than 1,900 committed homicide-related offenses, 3,600 robberies, 42,800 assaults and 11,900 sex crimes. The detainers are issued as part of a federal-local partnership known as 287(g) that notifies ICE of jail inmates in the country illegally so they can be deported after serving time for state crimes.

A growing number of officials running local governments around the country refuse to participate in the program, but 150 officials do and federal immigration authorities credit them with significantly improving public safety. ICE said when law enforcement agencies fail to honor immigration detainers and release serious criminal offenders onto the streets, it undermines its ability protect public safety and carry out its mission.

Judicial Watch has reported extensively on some of the culprits, providing outrageous examples that include elected law enforcement officials freeing child sex offenders, major counties releasing numerous violent convicts and a state – North Carolina – that discharged nearly 500 criminals from custody in a year who were living in the country illegally.

The problem continues as more local police departments refuse to comply with 287(g). In the recently issued report ICE discloses that a two-month program known as Operation Cross Check XI helped arrest more than 2,700 at-large individuals living illegally in the U.S. with pending charges or convictions for crimes involving victims. It means the offenders were likely protected by sanctuary policies.

“Of the arrests conducted during Operation Cross Check XI, there were more than 5,800 criminal convictions and more than 3,200 pending charges associated with those arrests,” according to the ICE report. “The aliens who were the subjects of these arrests had criminal histories including, but not limited to, the following charges and convictions: more than 1,500 assaults, more than 340 sex crimes, nearly 200 weapon offenses, more than 50 robberies and 31 homicide offenses.”

The document also revealed that the government spent \$315 million on health care for people living in the country illegally who were in custody in 2020, which included comprehensive medical, dental and public health services. In 2020, the feds delivered health care to nearly 100,000 detainees at 20 facilities nationwide that have in-house ICE Health Services Corps and oversaw health care for more than 169,000 additional detainees housed in facilities without IHSC. It includes 99,219 intake screenings, 3,048 emergency room visits, 15,571 dental visits, 19,367 urgent care visits, 123,936 sick calls, 68,985 mental health interventions, 270,222 filled prescriptions and 52,278 physical exams. Adding to the expenses, when COVID-19 hit, ICE created a working group of medical professionals, disease control specialists and other experts to minimize the spread of the coronavirus pandemic.

Submitted by Judicial Watch.



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Biden to prioritize legal status for millions of immigrants

Elliot Spagat
The Associated Press

President-elect Joe Biden’s decision to immediately ask Congress to offer legal status to an estimated 11 million people in the country has surprised advocates given how the issue has long divided Democrats and Republicans, even within their own parties.

Biden said Saturday, Jan. 16, he will announce legislation his first day in office to provide a path to citizenship for millions of immigrants in the United States illegally, according to four people briefed on his plans.

The president-elect campaigned on a path to citizenship for the roughly 11 million people in the U.S. illegally, but it was unclear how quickly he would move while wrestling with the coronavirus pandemic, the economy and other priorities. For advocates, memories were fresh of presidential candidate Barack

Obama pledging an immigration bill his first year in office, in 2009, but not tackling the issue until his second term.

Biden’s plan is the polar opposite of former President Donald Trump, whose successful 2016 presidential campaign included in part curbing or stopping illegal immigration.

If successful, the legislation would be the biggest move toward granting status to people in the country illegally since former President Ronald Reagan bestowed amnesty on nearly 3 million people in 1986. Legislative efforts to overhaul immigration policy failed in 2007 and 2013.

Ron Klain, Biden’s incoming chief of staff, said Saturday that Biden will send an immigration bill to Congress “on his first day in office.” He didn’t elaborate and Biden’s office declined to comment on specifics.

Advocates were briefed in recent days on the bill’s broad outlines by Esther Olivaria, deputy director

for immigration on the White House Domestic Policy Council.

Domingo Garcia, former president of the League of Latin American Citizens, said Biden told advocates on a call Thursday, Jan. 14, that Trump’s impeachment trial in the Senate may delay consideration of the bill and that they shouldn’t count on passage within 100 days.

“I was pleasantly surprised that they were going to take quick action because we got the same promises from Obama, who got elected in ‘08, and he totally failed,” Garcia said.

Ali Noorani, president of the National Immigration Forum and among those briefed Thursday night, said immigrants would be put on an eight-year path to citizenship. There would be a faster track for those in the Deferred Action for Childhood Arrivals program, which shields people from deportation who came to the country as young children, and Temporary Protected Status,

which gives temporary status to hundreds of thousands of people from strife-torn countries, many from El Salvador.

Vice President-elect Kamala Harris offered similar remarks in an interview with Univision that aired Tuesday, Jan. 19, saying DACA and TPS recipients will “automatically get green cards” while others would be on an eight-year path to citizenship.

More favorable attitudes toward immigration – especially among Democrats – may weigh in Biden’s favor this time. A Gallup survey last year found that 34% of those polled favored more immigration, up from 21% in 2016 and higher than any time since it began asking the question in 1965. The survey found 77% felt immigration was good for the country on the whole, up slightly from 72% in 2016.

Noorani said the separation of more than 5,000 children from the parents at the border, which peaked in 2018, alienated voters from Trump’s policies, particularly

conservatives and evangelicals. He believes a constantly shifting outlook for DACA recipients also hurt Trump among people who felt he was using them as “political pawns.”

“What was seared in their mind was family separation. They took it out on the Republican Party in 2018 and they took it out on Trump in 2020,” Noorani said.

It is impossible to know precisely how many people are in the country illegally. Pew Research Center estimated there were 10.5 million in 2017, down from an all-time high of 12.2 million in 2007.

The Homeland Security Department estimates there were 12 million people in the country illegally in 2015, nearly 80% of them for more than 10 years. More than half were Mexican.

AP writer Zeke Miller in Washington contributed to this report.

SBA forgives 1.1M Paycheck Protection Program loans so far, totaling over \$100B

Small borrowers make up vast majority of forgiveness applicants

WASHINGTON – The U.S. Small Business Administration has already forgiven more than 1.1 million Paycheck Protection Program loans for over \$100 billion, providing an extraordinary amount of critical relief to America’s small businesses three months since the earliest PPP borrowers’ covered periods ended.

“Today’s news is a key indicator that the PPP is working for all small businesses across our Nation,” SBA administrator Jovita Carranza said. “For any eligible small business continuing to struggle

due to the coronavirus pandemic, the program has reopened for new and certain existing PPP borrowers, and we encourage you to take advantage of the PPP to keep your workers on payroll, regardless of any local economic restrictions on your operations. SBA is continuing to work around the clock to forgive existing PPP loans and implement the next phase of this vital program.”

The SBA has so far received 1,346,125 forgiveness applications for approximately \$170.5 billion. SBA has made payment on

nearly 85% of the applications, forgiving over \$100 billion. For the smallest borrowers with loans up to \$50,000, 88% have been approved for forgiveness.

The new data comes as the Paycheck Protection Program has recently reopened as a result of the Economic Aid to Hard Hit Small Businesses, Nonprofits and Venues Act, signed into law by former President Donald Trump Dec. 27. The act added operational expenditures, certain property damage costs, supplier costs and worker protection expenditures,

such as drive-thru areas, ventilation and sneeze guards, as eligible expenses as well.

The SBA provides PPP Forgiveness Submission & Payment Metrics, as well as Paycheck Protection Program reports, online at <http://www.sba.gov/ppp>.

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SBA empowers entrepreneurs and small-business owners with the resources and support they need to start, grow or expand their businesses, or recover from a declared disaster. It delivers services through an extensive network of SBA field offices and partnerships with public and private organizations. To learn more, visit <http://www.sba.gov>.

Submitted by U.S. Small Business Administration.

SBA reopens Paycheck Protection Program to small lenders, Jan. 15, and all lenders, Jan. 19

WASHINGTON – The U.S. Small Business Administration, in consultation with the U.S. Treasury Department, reopened the Paycheck Protection Program loan portal to PPP-eligible lenders with \$1 billion or less in assets for first and second draw applications Friday, Jan. 15. The portal opened fully Tuesday, Jan. 19, to all participating PPP lenders to submit first and second draw loan applications to SBA.

Earlier in the week, SBA granted dedicated PPP access to Community Financial Institutions which include community development financial institutions, minority depository institutions, certified development companies and microloan intermediaries as part of the agency’s ongoing efforts to reach underserved and minority small businesses.

On Friday, SBA continued its emphasis on reaching smaller lenders and businesses by opening to approximately 5,000 more lenders, including community banks, credit unions and farm credit institutions. Moreover, the agency also plans to have dedicated service hours for these smaller lenders after the portal fully reopens next week.

“A second round of PPP could not have come at a better time, and the SBA is making every effort to ensure small businesses have the emergency financial support they need to continue weathering this time of uncertainty,” SBA administrator Jovita Carranza said. “SBA has worked expeditiously to ensure our policies and systems are relaunched so that this vital small business aid helps communities hardest hit by the pandemic. I strongly encourage America’s entrepreneurs needing financial assistance to apply for a first or second draw PPP loan.”

“We are pleased to have opened PPP loans to CDFIs, MDIs, CDCs and Microloan Intermediaries. The PPP is already providing America’s small businesses hardest hit by the pandemic with vital economic relief,” Steven T. Mnuchin, secretary of the U.S. Treasury, said. “As the program reopens for all first and second draw borrowers next week, the PPP will allow small businesses to keep workers on payroll and connected to their health insurance.”

First draw PPP loans are for those borrowers who have not received a PPP loan before Aug. 8. The first round of the PPP, which ran from March to August 2020, was a historic success helping 5.2 million small businesses keep 51 million American workers employed.

Second draw PPP loans are for eligible small businesses with 300 employees or less, that previously received a first draw PPP loan and will use or have used the full amount only for authorized uses, and that can demonstrate at least a 25% reduction in gross receipts between comparable quarters in 2019 and 2020. The maximum amount of a second draw PPP loan is \$2 million.

Updated PPP lender forms, guidance, and resources are available at <http://www.sba.gov/ppp> and <http://www.treasury.gov/cares>.


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The Mourning Cloak pupae are tannish, resembling a dried leaf with multiple spikes and red tipped ends.



The Mourning Cloak's caterpillar (nymphalis antiopa) eats the leaves of the red willow. Village News/Courtesy photos

FALLBROOK – The Mourning Cloak, *Nymphalis antiopa*, is one of the most widespread butterflies in the world, found from Alaska to Venezuela, and all throughout Europe and Asia. It also lives in Southern California.

The adult butterfly's wingspan reaches about 3 inches with a unique color scheme on the wings. The outside of the butterfly's wings are black, resembling charred wood, with a white marginal band. The inside of the wings are mainly a deep maroon-brown color, with a black band down the center that contains blue spots, and a marginal

yellow band.

The host plants for the Mourning Cloak caterpillar include the willow, elm, and hackberry tree families. Some common host plants include black willow (*Salix nigra*), weeping willow (*S. babylonica*), silky willow (*S. sericea*), American elm (*Ulmus americana*), cottonwood (*Populus deltoides*), aspen (*P. tremuloides*), paper birch (*Betula papyrifera*), and hackberry (*Celtis occidentalis*).

However, the red willow is the perfect host plant that is native to the Fallbrook area. The caterpillar, often referenced as the Spiny Elm



The topside of an adult Mourning Cloak's wings are more colorful than the underside.

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An adult Mourning Cloak perches on a person's finger with its wings shut.

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Caterpillar, will only host on and eat these tree species. The adult butterflies will often eat the sap from these species too.

The Mourning Cloak's egg is white but will darken prior to hatching. The caterpillar larva is about 2 inches in length when fully grown. It has a black head with small white hairs. In addition, the body is black with small white dots covering the entirety of the body. The caterpillar has stout spikes on its body, as well as multiple orangish dots on each segment of its body. The pupae are tannish, resembling a dried leaf with multiple spikes and red tipped ends.

Mourning Cloak adults mate and lay eggs in the spring. Eggs are laid in large clusters in a single line around the stem of its host plant. Upon hatching, caterpillars live and feed in a communal silky web until time for pupation. After going into the pupa stage, the caterpillars emerge in late June or July.

The adult butterfly will feed for a short period of time before entering a period of dormancy until fall. After emerging from their dormant stage, the butterflies will feed and prepare themselves for migration during the winter months.

The Mourning Cloak butterflies often migrate long distances, however it is not due to seasons changing. Rather, they "overwinter" or go into a stage of dormancy where they tuck themselves into nooks of trees or bark where they will be safe from the winter elements. Once the seasons have passed, they will re-emerge and begin to mate in the spring.

To learn more about how to help promote an increase in the Mourning Cloak species, visit www.wingsofchange.us or contact Wings of Change at 760-908-7454 for seeds, merchandise, and monthly seminars available to all interested.

Submitted by Wings of Change.

Upgrade your home, downgrade energy usage

7 efficient home improvement projects



Consider a variety of home improvement projects, both big and small, that can reduce the financial burden of maintaining your home throughout the year and improve energy efficiency.

Family Features

Special to Valley News

The best home upgrades not only make spaces more livable and energy-efficient but are also cost-effective. Making energy-efficient improvements is a savvy way to save money on utility bills, curb energy usage and add to the house's value.

Consider a variety of home improvement projects, both big and small, that can reduce the financial burden of maintaining your home throughout the year and

improve energy efficiency.

Add insulation.

A cost-effective way to save on heating and cooling bills is adding a layer of insulation in the attic where heat loss is typically greatest due to hot air rising. While many newer homes are adequately insulated, those that are several decades old may benefit from an upgrade in not only the attic but other common problem areas where air can escape such as basements, crawl spaces, fireplaces and ductwork.

Seal doors and windows.

Windows and doors are common culprits for energy loss. While a complete replacement of doors and windows can be pricey, adding exterior caulk and weather stripping to fill in gaps where air can escape around these openings can make a noticeable difference for a fraction of the cost and make it cheaper to heat and cool your home.

Install skylights.

Skylights are a cost-effective

option for transforming any room in the home with natural light while also delivering energy-saving benefits. For example, Sun Tunnel Skylights from Velux can be installed in as little as 90 minutes and funnel natural light from the roof through the attic and into the room below with an aesthetic that resembles recessed lighting. Customizable with six diffuser film styles to complement interior design, the skylights can make a home more energy-efficient by reducing reliance on artificial lighting. An optional daylight controller makes it easy for homeowners to adjust natural light entering a room, and a solar nightlight provides a moon-like guiding light at night. Installed with the solar nightlight, the skylights qualify for a 26% federal tax credit on solar property.

Add reflective window film.

When the sun shines through windows, it can heat up the home's interior quickly and trigger the air conditioner to turn on. Window coverings, such as blackout curtains, can help, but adding low-e reflective window film to your windowpanes, particularly southern-facing ones, can provide an additional shield from the sun's hot rays and reduce energy costs.

Install a programmable thermostat.

A programmable thermostat is an efficient way to control the climate inside your home, and those with smart technology take programming to a whole new

level. Today's smart thermostats not only let homeowners control temperatures from their smart devices while on-the-go but can also learn daily habits and adjust the temperature accordingly with no other manual adjustments necessary. In addition, some utility companies offer incentives like money back at the end of the year for installing a smart thermostat because the energy savings are so substantial.

Replace appliances.

Because appliances like refrigerators and ovens, among others, are major energy users, investing in more efficient models provides both cost and energy savings. Additionally, homes more than 15 years old could benefit from updates to the air conditioner or heater as systems 15-20 years old or older may be candidates for replacement as they're inefficient by today's standards.

Add ceiling fans.

In comparison to running your air conditioner consistently, the cost of running a ceiling fan (or several) is significantly less. Particularly on days that may not require cooling the entire house completely, fans can provide a gentle breeze and circulate air in the spaces you use most often. Simply adjust the switch to the counterclockwise position to ensure it pushes air downward during warmer months.

For more information and home improvement ideas, visit <http://whyskylights.com/livelifghter>.



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Welcome Dana McCarthy

Dana McCarthy recently joined CR Properties Real Estate Services as the newest member of "la familia." Dana is driven by success and strives for the best client service possible. She is a team player, naturally curious to learn as much as she can, has tremendous client skills and she has been immediately productive. Dana's background is in the loan origination business, as a federal investigator, and as a member volunteer at the local VFW Post 1924 for over a decade. She has been in the service of others for her adult working life, and those talents serve her and her clients well. Welcome Dana McCarthy.

Dana McCarthy can be reached at 760-717-3262
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2831 Nuestra Lane, Fallbrook **\$987,500**



3690 Lupine Lane, Fallbrook **\$899,900**



1947 Bluebell Ln, Fallbrook **\$1,395,000**



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352 Charles Swisher Ct, Fallbrook **\$750,000**



3268 Sumac, Fallbrook **\$850,000**

RECENTLY SOLD



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2224 Dos Lomas, Fallbrook **\$1,395,000**



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35671 Garrano Lane, Fallbrook **\$686,500**



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Water Authority seeks to reduce water costs countywide



The Colorado River Aqueduct, owned and operated by the Los Angeles-based Metropolitan Water District of Southern California, delivers San Diego County's independent water supplies from the Colorado River. The San Diego County Water Authority is studying alternatives to deliver those low-cost, high-priority water supplies at a lower cost.

SAN DIEGO – Addressing the San Diego region’s limited local water supplies with innovative ideas is something the San Diego County Water Authority has become known for. Using expertise gained from decades

of planning and projects, the Water Authority is developing strategies to reduce the future cost of water that sustains the economy and quality of life in Fallbrook, Rainbow and the rest of the county. Those efforts are ramping up

in early 2021, following a Water Authority Board decision to continue assessing the potential for a new aqueduct to transport San Diego’s low-cost, high- priority water supplies from the Colorado River to San Diego County. About 50% of the region’s current water supplies are from this independent source, and it is the region’s lowest base-cost supply.

The water conveyance project would only be implemented if it’s more cost-effective than the current system, which requires paying the Los Angeles-based Metropolitan Water District of Southern California to deliver San Diego County’s independent water supplies. A viable project would reduce the cost of water and increase supply reliability, improving affordability of safe, clean water for San Diego County residents. Plus, in the long term, it would give San Diego ratepayers more control over costs.

The Water Authority is the long-term water planning agency for metropolitan San Diego County and the region’s wholesale water provider, serving 3.3 million people and a \$245 billion economy in partnership with its 24 retail member agencies, including Fallbrook Public Utilities District and Rainbow Municipal Water District.

The first phase of the Regional Conveyance System Study demonstrated the technical viability and economic competitiveness of two routes for an aqueduct to transport the Water Authority’s high-priority Colorado River water to the county.

The second phase focuses on a detailed economic analysis of the two water conveyance route alternatives and further exploring partnerships that could provide significant benefits to an array of stakeholders and potentially reduce the cost of project development. At the end of Phase B, the agency’s 36-member Board – representing Fallbrook, Rainbow and 22 other water agencies – will decide whether to continue with regional conveyance planning.

“These issues are complex and the decisions never easy, but the Board chose to keep all water supply and delivery options on the table in light of future uncertainties,” Gary Croucher, chair of the Water Authority’s board of directors, said. “I look forward to learning from Phase B and working with the Board to decide on next steps when that study phase is done.”

Today, half of the San Diego region’s water supplies are from two landmark 2003 water conservation agreements known as the Colorado River Quantification Settlement Agreement. Conserved water from the QSA is transferred to San Diego County from Imperial Valley using a pipeline that is owned by MWD, which owns the only facilities available to transport Colorado River water to San Diego County. The cost of using MWD facilities to deliver San Diego’s QSA water has increased 30% over the past five years, so water leaders are looking to save costs on delivering this critical water supply.

The Water Authority’s

agreement with MWD to deliver the water lasts until 2047, so the Water Authority is working to develop conveyance alternatives that manage future cost and risks. “While 2047 may seem distant, major water infrastructure projects take decades to develop, plan and build,” Croucher said. “By advancing to Phase B of the conveyance study, the Water Authority is taking prudent steps to ensure long-term water supply reliability for the region.”

Phase B will help address questions about mitigating short-term rate impacts of a project, the benefits of potential partnerships and funding opportunities, developing a finance plan and the requirements of existing agreements, as well as explore with MWD options for long-term water deliveries to the San Diego region using MWD facilities.

Water Authority staff will also begin the process of engaging more formally with stakeholders on potential mutually beneficial partnership projects identified in Phase A, including joint-use projects in the Imperial Valley, public-private-partnerships, bi-national projects, renewable energy projects, regional operational storage projects, Salton Sea-related projects and partnerships with tribes, federal and state governments and member agencies.

For more information, visit <http://sdewa.org/colorado-river-supplies-management>.

Submitted by San Diego County Water Authority.

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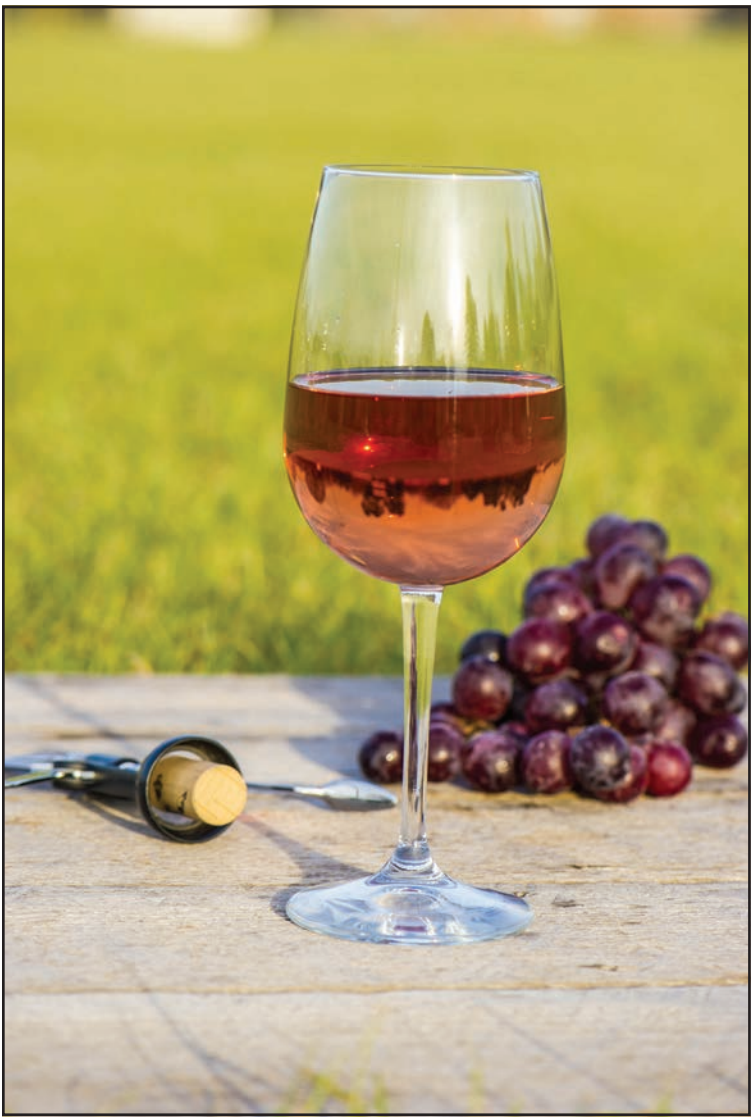
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WINE & DINE

Get to know favorite wines for giving

TEMECULA – A glass of wine makes a nice accompaniment to a meal or a gift for friends in social situations. Many people have a favorite style of wine or a favorite vineyard. In addition, the popularity of wine makes it a versatile gift for the holidays or as a present



Learning to taste wine and differentiate between flavors is similar to appreciating art or music. Understanding grape varieties can simplify the process of selecting wines. Valley News/Courtesy photo

when visiting with friends and family.

Although due to current health orders and the California governor’s stay at home orders, gatherings are not recommended, novice wine enthusiasts may be interested in learning more about wine so they can choose their wine selections for gifting and enjoyment more readily. According to the experts at Wine Enthusiast, learning to taste wine and differentiate between flavors is similar to appreciating art or music. Understanding the varieties can simplify the process of selecting wines.

Cabernet sauvignon
This varietal is a full-bodied red grape heavily planted in the Bordeaux region of France. Cabernet generally has high levels of alcohol and tannins.

Merlot
The smoothness and mild flavor of this red wine make it a great option for those who need an introduction to red wine. This wine is lower in tannins than cabernet sauvignon, and it tends to have a more fruity flavor profile as well.

Cabernet Franc
This variety is a light- to middle-weight wine that features a high acid content and savory flavors.

Malbec and carménère
Similar to merlot, these grapes originated in France but then made their way to other regions of the world. Malbec is most popular in Argentina, while carménère is grown in Chile.

Zinfandel
Although mostly associated with the rose wine, white zinfandel, zinfandel is actually a medium-bodied red wine that originated in Croatia.

Pinot noir
Soft tannins and high acid give this light-bodied red wine its appeal. The grapes were first widely planted in France but can now be found elsewhere.

Chianti
Chianti is the most famous Italian red wine in North America. It’s a dry red that pairs very well with food. Chianti, which comes from the Chianti region in Tuscany, is made exclusively with sangiovese grapes, or at least 80% of them and other blends.

Chardonnay
It is a medium- to full-bodied dry white wine. The chardonnay grape is a white grape from the Burgundy region of France.

Sauvignon blanc
Citrus-driven and often light-bodied, sauvignon blanc is another dry white grape planted widely in France. It also is a parent grape to cabernet sauvignon.

Pinot gris or pinot grigio
Pinot grigio is a zesty, dry white wine that is particularly associated with Italy even though it originated in France, where it is thought to be a mutation of the pinot noir grape. Pinot grigio skins are not green like other white grapes, but have a gray hue, hence the name.

Reisling
Those who prefer a sweet white wine can opt for reisling, which can be traced to Germany. It can be a good match for those who appreciate other sweet white wines, such as moscato or gewürztraminer.

There are many wines to tempt palates. When gifting, the selections mentioned above can tempt foodies and budding sommeliers alike.

Cook for a crowd with this cassoulet recipe

TEMECULA – Entertaining a crowd can be a lot of work, but there’s also a lot of excitement and fulfillment when welcoming loved ones into your home. When hosting includes home cooking, hosts may worry they won’t get to spend too much time with their guests. However, when using a slow cooker to prepare meals for a crowd, hosts can get much of the work done long before the first guest arrives.

Hosts who want to show off their culinary chops can try this recipe for “Classic Cassoulet” from Andrew Schloss’ “Cooking Slow: Recipes for Slowing Down and Cooking More,” published by Chronicle Books. A stew made with meat and beans; cassoulet was once peasant fare that originated in southwestern France. Schloss said that cassoulet is now one of the most sophisticated dishes that is perfected by moving it from the oven to the slow cooker, making it an ideal offer at dinner parties where food will be the focus.

Classic Cassoulet
Start to finish: 18 hours, 30 minutes active time
Serves: 12
Ingredients:
• 1 pound dried large white beans, such as cannellini or baby limas
• 1 duck, such as Muscovy or Pekin, about 4 lbs.
• 1 pound boneless leg of lamb, cut into 2-inch cubes
• 2 teaspoons coarse sea salt
• 1/2 teaspoon freshly ground black pepper

- 8 ounce garlic sausages, cut into 2-inch pieces
- 8 ounces smoked sausages, such as andouille, cut into 2-inch pieces
- 1 large yellow onion, chopped
- 2 large celery stalks, cut into 1½-inch slices
- 4 garlic cloves, minced
- 1 teaspoon Homemade Italian Seasoning (see below)
- ¼ teaspoon freshly grated nutmeg
- Pinch of ground cloves
- 1/2 cup dry white wine
- 1 quart good-quality low-sodium beef broth or chicken broth, or a mixture
- 1 15-ounce can diced tomatoes, drained
- 2/3 cup dried bread crumbs
- 1/4 cup coarsely chopped fresh flat-leaf parsley

Directions:
Pick over the beans for stones or grit. Rinse in a strainer and drain well. Put the beans in a bowl and add water to cover by at least 3 inches. Let soak overnight, then drain.

Meanwhile, cut the duck into 8 serving pieces and trim off all visible fat and excess skin; reserve the duck pieces and duck fat and skin separately. Season the duck pieces and lamb with salt and pepper and set aside.

Cook the duck fat and skin in a large heavy skillet over medium heat until between 1/4 and 1/3 cup of fat is in the pan, about 4 minutes. Remove the solid pieces of fat and skin and discard. Brown the duck in the hot fat on both sides and set aside. Brown the lamb

and set aside. Brown the sausage pieces on all sides, and set aside.

Add the onion and celery to the skillet and sauté until lightly browned. Add the garlic, Italian seasoning, nutmeg, and cloves and sauté until aromatic, about 1 minute. Add the wine and bring to a boil. Add the beef broth and tomatoes and bring to a boil.

To assemble the cassoulet, layer the beans and meats, in alternating layers – four of beans, three of meats – in a 6-quart slow cooker, starting and ending with beans. Pour the liquid over all. Cover and cook until the beans are tender, 8-10 hours on low.

Preheat the oven to 350 F. Mix the bread crumbs and parsley in a small bowl and scatter over the top of the cassoulet. Bake until the top is browned and bubbling, about 30 minutes. Serve immediately.

Homemade Italian Seasoning
Makes 1/4 cup

- Ingredients:
- 1 tablespoon dried thyme leaves
 - 1 tablespoon dried basil leaves
 - 1 1/2 teaspoons crushed dried rosemary leaves
 - 1 teaspoon dried marjoram leaves
 - 1 teaspoon rubbed sage
 - 2 teaspoons coarse sea salt
 - 1/2 teaspoon freshly ground black pepper

Directions:
Mix together the thyme, basil, rosemary, marjoram, sage, salt and black pepper. Store for up to 1 month in a closed container in a dark cabinet.

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Thurs – Pepperoni Pizza
Fri – Pastrami Sandwich
Sat – Chicken Caprese Sandwich
Sun – Caesar Salad

Cougar Vineyard & Winery
~ COUPON ~

Good for: 50% off wine tasting.
One coupon per guest. Coupon can not be used with any other offer. Expires 1/31/21.

Wine Country map courtesy of Temecula Valley Winegrowers

Map showing the Temecula Valley Wine Country area, including major roads (15, 79, 52, 56, 78, 76, 77, 75, 74, 73, 72, 71, 70, 69, 68, 67, 66, 65, 64, 63, 62, 61, 60, 59, 58, 57, 56, 55, 54, 53, 52, 51, 50, 49, 48, 47, 46, 45, 44, 43, 42, 41, 40, 39, 38, 37, 36, 35, 34, 33, 32, 31, 30, 29, 28, 27, 26, 25, 24, 23, 22, 21, 20, 19, 18, 17, 16, 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1) and numerous wineries (e.g., Cougar, Sangio's Deli, Madera de Playas, etc.).

★ Temecula Valley Winegrowers Association Office Location

★★ By Reservation Only

BUSINESS

Fallbrook Regional Health District board take their oath of office

FALLBROOK – The board of directors of Fallbrook Regional Health District held its regular meeting Dec. 9, and newly elected board members Stephanie Ortiz and Barbara Mroz took the oath of office and will each serve a four-year term from 2020-2024.

New officers were elected and include the following: Chair Howard Salmon, Vice Chair Barbara Mroz and Secretary Kate Schwartz-Frutes. In addition, Jennifer Jeffries was again appointed Treasurer. Stephanie Ortiz is new to the board and serves as a member.

Stephanie Ortiz – Zone 2

As a board director, Ortiz said she will advocate through a community-centered approach. Her experience in the public service sector for six years in the areas of public health, education, workforce development, social services, immigration rights and food justice in Orange, Alameda and San Diego counties provided an expansive and deep-rooted commitment to understanding diverse, multigenerational and multicultural approaches to health

and human rights. As a human rights defender, humanitarian search and rescue volunteer and garden liaison for local efforts serving Fallbrook, she aims to serve keeping dignity and cultural awareness in mind. Ortiz received her bachelor’s degree in sociology from the University of California Irvine in 2015.

Barbara Mroz – Zone 4

As a board member, Mroz said she seeks to support health care systems in the community to provide continued services to district citizens in an effective and efficient manner, inclusive of physicians and other health care entities to foster good health through education and access to care.

Additional information about all members of the board of directors can be found at <http://www.fallbrookhealth.org>.

Fallbrook Regional Health District is a special district covering affordable community health needs for residents of Bonsall, De Luz, Fallbrook and Rainbow. The district supports community health services addressing top health



Stephanie Ortiz is the Zone 2 board member for the Fallbrook Regional Health District.



Barbara Mroz is the Zone 4 board member for the Fallbrook Regional Health District.

disparities, including behavioral health, cancer, diabetes, heart disease and stroke. Beginning in 2020 and continuing is 2021, the district helps to facilitate COVID-19 testing sites working with San Diego County, Cal Fire and North County Fire Protection District.

Submitted by Fallbrook Regional Health District.

Future retirees: Plan now for health care costs



FALLBROOK – If you’re close to retirement, you’ll have several financial issues to consider. But you’ll want to pay attention to one of the most important of these issues: health care costs. How can you prepare yourself for these expenses?

First, get an early start on estimating health care costs. More than two-thirds of those planning to retire in the next 10 years said

they have no idea what their health and long-term care costs will be in retirement, according to the Edward Jones/Age Wave “Four Pillars of the New Retirement” study. And some people don’t worry much about these costs, which may be considerable, thinking that Medicare will pay for most of them.

While Medicare does cover many medical expenses, it also has its own costs. You probably won’t pay a premium for Part A for inpatient/hospital coverage, since you likely had this cost deducted from your paycheck when you were working. But if you are hospitalized, you’ll have to pay deductibles and coinsurance, which is the percentage of costs you pay after you’ve paid your deductible.

Part B for doctor’s visits requires a premium, deducted from your Social Security checks and you must pay an out-of-pocket deductible. After you meet

this deductible for the year, you typically pay 20% of the Medicare-approved amount for most doctor’s services. And when you enroll in Part D for a prescription drug plan, you will likely also have to pay a monthly premium, an annual deductible and coinsurance or copays.

To help pay for the Medicare deductible, coinsurance and copayments, you may want to get supplemental insurance, known as Medigap. Premiums for Medigap vary, depending on the plan you choose.

As an alternative to original Medicare, you could select Medicare Advantage, which is sometimes called Part C. Medicare Advantage plans are offered by private companies approved by Medicare, but the benefits and costs vary by plan. These plans generally will incorporate Medicare Parts A and B and will provide additional medical coverage, such as prescription drugs.

When you incorporate all the above, the annual out-of-pocket costs for traditional medical expenses likely will be about \$4,500 to \$6,500 per year, per person – not insignificant, but certainly a number that can be addressed by careful planning.

But there’s one more expense to keep in mind: long-term care. The average cost of a private room in a nursing home is more than \$100,000 per year, according to the insurance company Genworth. And Medicare typically pays few of these expenses.

Clearly, between regular medical costs associated with Medicare or those not covered by it, and costs resulting from the possible need for long-term care, your health care bills can mount. To meet these costs, you need to plan ahead – and take action.

For example, it’s essential that you incorporate health care expenses into your overall financial strategy. You can also

work with a financial professional to run some “what-if” analyses to see if your strategy would be derailed by a potential long-term care stay. And the professional you work with may be able to suggest specific protection vehicles that can help you meet the costs of long-term care.

The best time to prepare for your health care costs during retirement is well before you retire. So, if you haven’t already started, now is the time to do so. When it comes to paying for health care, the fewer surprises, the better.

Edward Jones financial adviser Brian Schrock is located at 1434 S. Mission Road, Suite B, in Fallbrook. For more information, call 760-731-3234.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC

New vice presidents to begin in January at Palomar College

SAN MARCOS – With the approval of the Palomar College Governing Board, Tuesday, Jan. 5, two new assistant superintendent/vice presidents are set to join Palomar’s executive team, including Ambur Borth as the assistant superintendent and vice president of finance and administrative services and David Montoya as the assistant superintendent and vice president of human resource services.

“We’re thrilled to have these two leaders joining our team at Palomar College,” Jack Kahn, interim superintendent and president of Palomar College, said. “They bring a wealth of experience, insight and fresh ideas that will help the institution continue to move in a positive direction.”

Borth began her duties after the governing board meeting this week, and Montoya is scheduled to begin Jan. 28.

With more than 20 years of experience in school district administration, Borth comes to Palomar College from the Menifee Union School District, where she was serving as the assistant superintendent of business services.

At Palomar College, she will oversee a variety of core functions and services, including fiscal operations, facilities, payroll and the Palomar College Police Department.

“I am very excited about the move, and looking forward to the opportunity to help the college grow and continue to support the needs of students, faculty and staff at the college,” Borth said.

In his previous position at Humboldt State University in Arcata, Montoya served as associate vice president of human resources and deputy Title IX coordinator.

Before joining Humboldt State University, he spent a decade serving Native American tribes

as an attorney and executive. He identifies as a bicultural person, with Mexican and Native American heritages and a tribal affiliation with the Ohkay Owingeh Pueblo tribe in New Mexico.


“Palomar’s commitment to equity and inclusion absolutely affected my decision to come to San Marcos – those issues are near and dear to my heart, and it’s very clear that Palomar has a close

connection to the local Native American community,” Montoya said. “I’m excited to serve the

entire community and be student-focused.”

Submitted by Palomar College.

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Support local business by going to OpenDoorMall.com and purchasing products or Gift Certificates from local businesses.

LEGALS

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2020-9019638
Name of Business
BONSALL PET HOSPITAL
5519 Mission Road, Suite H, Bonsall, CA 92003
County: San Diego
This business is registered by the following:
Hoolowitz Veterinary Partners, Inc., 6814 Corte
Diego, Carlsbad, CA 92009
This business is conducted by a Corporation
This Corporation is registered in the state of
California
The registrant first commenced to transact
business under the above name as of
11/09/2020
THIS STATEMENT WAS FILED WITH THE
RECORDER/COUNTY CLERK OF SAN
DIEGO COUNTY ON Nov 21, 2020
LEGAL: 5363
PUBLISHED: January 7, 14, 21, 28, 2021

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2020-9020253
Name of Business
a. TAX HELP
b. TAX HELP SAN DIEGO
c. TAX RESOLUTION WEBSITES
d. TAX HELP WIN
3760 Oceanside Way, #501, Oceanside, CA
92056
Mailing address: PO Box 4589, Oceanside, CA
92052
County: San Diego
This business is registered by the following:
Sutter Tax, Financial & Insurance Services Inc,
3760 Oceanside Way, #501, Oceanside, CA
92056
This business is conducted by a Corporation
This Corporation is registered in the state of
California
THIS STATEMENT WAS FILED WITH THE
RECORDER/COUNTY CLERK OF SAN
DIEGO COUNTY ON Dec 09, 2020
LEGAL: 5364
PUBLISHED: January 7, 14, 21, 28, 2021

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2020-9020956
Name of Business
HOPE CITY
2169 Green Canyon Road, Fallbrook CA 92028
County: San Diego
This business is registered by the following:
Bring Me Hope Foundation, 2169 Green Can-
yon Road, Fallbrook CA 92028
This business is conducted by a Corporation
This Corporation is registered in the state of CA
The registrant first commenced to transact busi-
ness under the above name as of 03/06/2019
THIS STATEMENT WAS FILED WITH THE
RECORDER/COUNTY CLERK OF SAN DI-
EGO COUNTY ON Dec 28, 2020
LEGAL: 5366
PUBLISHED: January 14, 21, 28,
February 4, 2021

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2021-9000079
Name of Business
SWEET BLOSSOM FARMS
893 Palomino Road, Fallbrook, CA 92028
Mailing address: PO Box 2615, Fallbrook, CA
92088
County: San Diego
This business is registered by the following:
a. Cindy Renee Beebe, Palomino Road, Fall-
brook, CA 92028
b. Scott Downs Beebe, 893 Palomino Road,
Fallbrook, CA 92028
This business is conducted by a Married Couple
The registrant first commenced to transact busi-
ness under the above name as of 11/22/05
THIS STATEMENT WAS FILED WITH THE
RECORDER/COUNTY CLERK OF SAN DI-
EGO COUNTY ON Jan 05, 2021
LEGAL: 5367
PUBLISHED: January 14, 21, 28,
February 4, 2021

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2020-9020994
Name of Business
a. MORE SOUL PLEASE
b. MORE SOUL PLEASE MUSIC GROUP
737 Greenery Circle, Oceanside, CA 92057
County: San Diego
This business is registered by the following:
a. Victor Andrew Carrillo, 737 Greenery Circle,
Oceanside, CA 92057
b. Meghan Michele Hymen, 10719 Eureka
Road, Spring Valley, CA 91978
This business is conducted by a General Part-
nership
The registrant first commenced to transact busi-
ness under the above name as of 11/15/2020
THIS STATEMENT WAS FILED WITH THE
RECORDER/COUNTY CLERK OF SAN DI-
EGO COUNTY ON Dec 28, 2020
LEGAL: 5368
PUBLISHED: January 14, 21, 28,
February 4, 2021

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2021-9000050
Name of Business
a. THE ENGINEERING DESIGN GROUP
b. ENGINEERING DESIGN GROUP
2121 Montiel Road, CA, 92069
County: San Diego
This business is registered by the following:
Caltech Engineering Inc., 2121 Montiel Road,
San Marcos, CA 92069
This business is conducted by a Corporation
This Corporation is registered in the state of
California
The registrant first commenced to transact
business under the above name as of 7/18/1991
THIS STATEMENT WAS FILED WITH THE
RECORDER/COUNTY CLERK OF SAN
DIEGO COUNTY ON Jan 4, 2021
LEGAL: 5370
PUBLISHED: January 21, 28, February 4,
11 2021

Petition to Confirm

**PETITION TO CONFIRM CONTRACTUAL
ARBITRATION**

FILE DATE: 12/19/2019
CASE NUMBER: 37-2019-00068509-CUPA-
NC
TO DEFENDANTS: SOLARBLVD, Inc., a
California Corporation and Errol Melville:

YOU ARE BEING SUED BY PLAINTIFF
SWIFT FINANCIAL, LLC IN THE SAN DI-
EGO SUPERIOR COURT, NORTH COUNTY
COURTHOUSE
TO CONFIRM AN ARBITRATION AWARD
DATED MARCH 19, 2019 AGAINST YOU IN
THE AMOUNT OF \$83,553.09.

PLEASE TAKE NOTICE THAT NO HEARING
ON THE PETITION TO CONFIRM ARBITRA-
TION AWARD HAS BEEN SET. TO REQUEST
A HEARING PLEASE VISIT [http://www.sc-
court.ca.gov/](http://www.sc-
court.ca.gov/) or Call the North County San
Diego Superior Court at (760) 201-8600 x150.
Please take notice that on January 11, 2021 the
San Diego Superior Court granted Petitioner's
Application for Publication to serve the Petition
to Confirm Arbitration Award by publication. The
Court may decide against you without you be-
ing heard if you do not timely respond to the
Petition to Confirm
Arbitration Award. You Should consult with an
attorney or legal counsel of your choosing to
defend you in this matter.

Legal: 5371
Published: January 21, 28, 2021

Petition to Administer

**NOTICE OF PETITION TO
ADMINISTER ESTATE OF
ARTHUR WALTER DIAZ, SR.**

CASE NO. 37-2020-00028777-PR-LA-CTL
To all heirs, beneficiaries, creditors, contingent
creditors, and persons who may otherwise be
interested in the will or estate, or both, of: **AR-
THUR WALTER DIAZ, SR.**
A Petition for Probate has been filed by **DAR-
LENE DIAZ** in the Superior Court of California,
County of SAN DIEGO
The Petition for Probate requests that **DAR-
LENE DIAZ** be appointed as personal repre-
sentative to administer the estate of the deced-
ent.

The petition requests authority to administer the
estate under the Independent Administration of
Estates Act. (This authority will allow the personal
representative to take many actions without
obtaining court approval. Before taking certain
very important actions, however, the personal
representative will be required to give notice
to interested persons unless they have waived
notice or consented to the proposed action.)
The independent administration authority will
be granted unless an interested person files an
objection to the petition and shows good cause
why the court should not grant the authority.

**A hearing on the petition will be held in this
court as follows:**
Date: 02/10/2021 Time: 1:30 p.m. Dept. 302
Address of court: 1100 Union St, San Diego, CA
92101

If you object to the granting of the petition, you
should appear at the hearing and state your ob-
jections or file written objections with the court
before the hearing. Your appearance may be in
person or by your attorney.

If you are a creditor or a contingent creditor of
the decedent, you must file your claim with the
court and mail a copy to the personal representa-
tive appointed by the court within the last of
either (1) four months from the date of first issu-
ance of letters to a general personal representa-
tive, as defined in section 58(b) of the California
Probate Code, or (2) 60 days from the date of
mailing or personal delivery to you of a notice
under section 9052 of the California Probate
Code.

Other California statutes and legal authority may
affect your rights as a creditor. You may want
to consult with an attorney knowledgeable in
California law.

You may examine the file kept by the court. If
you are a person interested in the estate, you
may file with the court a Request for Special No-
tice (form DE-154) of the filing of an inventory
and appraisal of estate assets or of any petition
or account as provided in Probate Code section
1250. A Request for Special Notice form is avail-
able from the court clerk.

Attorney for petitioner: Joseph C. Crudo
(263993); Joseph C. Crudo PLC, 5445 Oberlin
Drive, Suite 200, San Diego, CA 92121, 858-
622-7280

Legal: 5365
PUBLISHED: January 14, 21, 28, 2021

Abandonment of Property

SALE OF ABANDONED PROPERTY

NOTICE IS HEREBY GIVEN THAT PURSUANT TO SECTIONS 21701-21715 OF THE BUSINESS AND PROFESSIONAL CODE SECTION 2328 OF THE COMMERCIAL CODE SECTION 535 OF THE PENAL CODE TAYLOR SELF STORAGE 1200 EAST TAYLOR ST. VISTACA 92084 WILL SELL BY COMPETITIVE BIDDING ON JANUARY 28TH, 2021 AT 12:00 PM AUCTION TO BE HELD AT THE ABOVE ADDRESS, PROPERTY TO BE SOLD AS FOLLOWS: MISC GOODS, PERSONAL ITEMS, FURNITURE AND CLOTHING.

KRISTIE ELIZONDO
MELISSA DELPH
APRIL CRAFT
PHILIP PLOTKIN
MARK WHELAN
LYNN POOL
MICHAEL LOVELL
PAUL ARBIZU
JESSIE SCALES
STEVEN BECKMAN
NEIGHBORHOOD FIRE PROTECTION
LISA LEBLANC
RANULFO GONZALEZELENA
Published January 14, 21, 2021

Withdrawal from Partnership

STATEMENT OF WITHDRAWAL FROM
PARTNERSHIP OPERATING UNDER FICTI-
TIOUS BUSINESS NAME
File Number: 2020-9020220
Fictitious Business Name(s) To Be Abandoned:
WEST COAST GLASS
1009 Shafer Street, Oceanside, CA, 92054
The fictitious business name referred to above
was filed in San Diego County on 10/15/2015
and assigned File No. 2015-026820
The following partner has withdrawn:
Michael D. Altamirano, 1009 Shafer Street,
Oceanside, CA 92054
THIS STATEMENT WAS FILED WITH THE
RECORDER/COUNTY CLERK OF SAN
DIEGO COUNTY ON Dec 8, 2020
LEGAL: 5369
PUBLISHED: January 21, 28,
February 4, 11, 2021



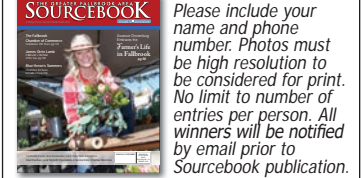
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by 2/1/21 to
sourcebook@reedermmedia.com**



NOTICE OF TRUSTEE'S SALE TS No. CA-20-882764-SH Order No.: 200129549-CA-VOI YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 6/28/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): **RICHARD L RAMER JR, MARRIED** Recorded: **7/3/2007** as Instrument No. **2007-0448064** of Official Records in the office of the Recorder of **SAN DIEGO** County, California; Date of Sale: **3/10/2021 at 10:00 AM** Place of Sale: **At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020** Amount of unpaid balance and other charges: **\$614,321.00** The purported property address is: **3540 DIEGO ESTATES DRIVE, FALLBROOK, CA 92028** Assessor's Parcel No.: **124-340-20-00** **NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call **619-846-7649** for information regarding the trustee's sale or visit this Internet Web site <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: **CA-20-882764-SH**. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. **NOTICE TO TENANT:** You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call **619-846-7649**, or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: **CA-20-882764-SH** to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: **Quality Loan Service Corporation 2763 Camino Del Rio South San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 619-846-7649 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318** Quality Loan Service Corp. TS No.: **CA-20-882764-SH** IDSPub #0172958 1/21/2021 1/28/2021 2/4/2021

CLASSIFIEDS

Business Services

Resale for Green Stem Products: A. Ruiz Flowers is a local company, we pick, and resale green stem products. Open for inquiries at 760-427-5962.

Computers

In Home and Business Computer Services: Virus and Malware Removal Equipment Installation Printers Scanners General Computer Cleanup and Maintenance Internet Speed Consultation CompTIA Certified Zac Strain Air Force Vet Lifelong Fallbrook and Bonsall Resident 7605056655 ZStrainT@gmail.com

Employment

Bookkeeper in Temecula: Full time position in Temecula, must have extensive knowledge in Quick Books, Spanish an asset, must be able to multi task, customer service , secretarial duties, filing, etc.... 951-676-2155

shipper/receiver in Temecula: experienced & Spanish preferred , will train if not. Full time position in Temecula. 951-676-2155

Real Estate - Services

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Estate Sale

Huge Estate Sale: EVERYTHING GOES! Mom's lifetime treasure collection. All kitchen, bedroom, living space furniture, items. Rare antique and vintage. Maple, Oak, furniture and mirrors. Beds, stove, all appliances. Tools and patio. Quality items. 9AM-6PM Friday Jan 22-24 and following weekend a n 29-31. By appointment on weekdays. Covid masks mandatory. 31874 Via Del Largo, Murrieta 92563. 360-301-6996.

Home & Garden

Yard Work/Hauling: Weed eating, shrub and brush trimming. Overgrowth and clean-ups junk hauling tree trimming. 951-282-2641

Personals

Looking for Car Accident Witness: Will the Penske driver who witnessed a car accident on February 6, 2020 on Arboretum Way please call me? You were the first car near the condo entrance gate. My number is (951) 691-9526.

Real Estate - For Rent

Tiny Homes +: TINY HOMES + From \$494/Month + 1BR + 1BA Bingo, Shuffleboard, Square Dancing, Card Room, Pickleball, & More! Call 1 (858) 504-1222

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Services Offered

Senior Care Advocacy: We will meet privately with individual seniors or their family members to work through any issues you are facing. The Foundation for Senior Care 760-723-7570 135 S Mission Rd, Fallbrook, Ca, 92028 Foundationforseniorcare.org

Wellspring Herbs and Vitamins: Offering a large selection of high quality Herbs and Herbal Combinations, Vitamins, CBD Oils, Salves and Capsules, Essential Oils, Homeopathic Remedies, Bach Flower Emotional Essences, Teas, Organic Lotions and Skin and Hair Care products, etc. We offer Nutritional Consultations with Iridology and Live-Cell Analysis. Come on in for a FREE Bio Scan. We are open from 10-5 Monday thru Friday and 10-4 on Saturday. We are located at 1223 S. Mission Ed. (Behind Pizza Hut)



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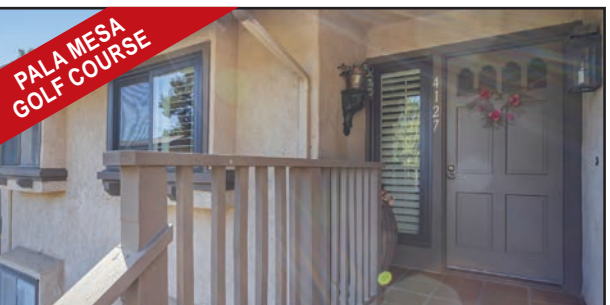
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