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C-1



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August 17, 2023

www.VillageNews.com

Volume 27, Issue 33

How Laura DuPre has spearheaded bilingualism in classrooms



Laura DuPre is pictured in her fourth year with Fallbrook Union Elementary District. Village News/Courtesy photo

Katelynn Abrams
Village News Intern

After 44 years, Fallbrook resident Laura DuPre has retired from teaching, but she isn't stepping down from her role in the community or advocating for bilingualism and multiculturalism, which have always been important to her.

DuPre knew in the second grade that she wanted to be a teacher. She was attending a Spanish speaking elementary school in Acapulco, Mexico where she would teach English to the other children. She stood in front of the entire school and taught them English words through gestures and visuals.

For example, she would say "nose" as she pointed to her nose, and the other children would repeat. "I was sharing my culture

with them and they were sharing their culture with me," she said of her childhood in Mexico.

In college, she studied English and Spanish and did editorial work for the departments at UCSD. Her first teaching job was as a teacher's aide at a high school where she taught English, which she described as challenging but really interesting.

Once she graduated college, she taught one year of high school in San Marcos, developing curriculum. It was then that she realized she wanted to work with younger students who were in the early language-learning stage. More specifically, DuPre wanted to teach third grade, which is the pivotal year when children develop their organizational, studying, critical thinking, and writing skills, she said.

After making that decision, she taught second and third grade in Escondido for two years. Following that, she moved to Fallbrook and did a fourth, fifth, and sixth grade combination at Fallbrook Street School for a year. Then DuPre's supervisor from her teacher's aide position hired her at Maie Ellis Elementary and secured a third-grade teaching job for her.

With the exception of a few instances when she briefly taught third grade at La Paloma and Fallbrook Street School, she stayed with Maie Ellis Elementary for the bulk of her career.

One of DuPre's favorite activities as a teacher was taking her students on a historical walk through Fallbrook. She had the students sketch the carriage at Fallbrook Woman's Club, the train at Railroad Heritage Park, and the second oldest church in Fallbrook before treating everyone to frozen yogurt.

see DUPRE, page A-6

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Cleaning up the Pico: They came, they saw, they conquered



Visitors from a nearby town found us on a message board. Dad brought the kids to learn a lesson of community esprit de corps! See more photos on page B-1. Village News/Nancy Heins Glaser photo

New car wash challenges Fallbrook's Design Guidelines

Avalon Hester
Village News Intern

A new car wash is being proposed on South Mission, replacing the building that was previously the El Jardin Mexican restaurant. The carwash is coming to Fallbrook with plans for a tall, glass front, with a brightly lit, electric blue and yellow trimmed exterior.

Fallbrook Community Planning Group member Jeniene Domercq compared the proposed car wash to one you'd see in Oceanside, "I just don't see how it fits in our community. It's huge and out of place."

The project was rejected outright under Fallbrook's Design Guidelines. In the words of Eileen Delaney, chairwoman of the FCPG, it was "a perfect example of why we have design guidelines."

The Design Guidelines, recently up for discussion at FCPG meetings, are the aesthetic principles that guide developments in and around Fallbrook. They dictate certain ideals with the goal of maintaining local character through height restrictions, landscaping, color, and material usage.

In short, the Design Guidelines empower Fallbrook residents to safeguard against developer aesthetics that deviate from the cherished rural, small-town charm that defines the Friendly Village. These guidelines assume particular significance as the final protective measure for "by-right" projects, where Fallbrook's role lies not in determining the desirability of a business but in assessing its alignment with the community's essence.

The owner of the carwash, Mr. Salim, previously described the carwash by saying, "It's like something that you can't find around here. It's something I would take my BMW through."

While the new proposal looks much more like something you'd expect to see on the streets of Fallbrook, there are still concerns for the FCPG. Salim Development is expected to run a traffic study to determine the impact a bustling new carwash would have on



The original rendering of the new car wash on South Mission, replaces the building that used to be El Jardin Mexican restaurant.



The new proposed design for the carwash is more in line with the Fallbrook Design Guidelines.



Night renderings of the original proposal for the new carwash show the plans for lighting. Village News/Courtesy photos

traffic along South Mission. Additionally, extensive grading would be required on the site to accommodate the given plans.

Not under the FCPG's purview, but still up to community debate, are questions such as impact this large car wash will have on local businesses, (such as Soapy Joe's on East Mission, Fallbrook Car Wash, the 24 Hour Max Car Wash, Pearl Car Wash, or the Shell gas station car wash), whether or not the carwash will utilize recycled water, and what need this carwash will fill that the five other

car washes already in Fallbrook do not.

The proposed car wash is not a by-right project, meaning it has to file for a major use permit in addition to complying with the Design Guidelines. San Diego County describes major use permits as accommodations for projects with special operating characteristics, design requirements, or potential adverse effects on surroundings.

Currently, the project is still in the pre-submittal phase. The FCPG

see CAR WASH on page A-2

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ANNOUNCEMENTS

The deadline for all announcements and press releases is Friday, 3 p.m. Email to villageeditor@reedermedia.com.

Warrior band to host mattress fundraiser

FALLBROOK – The Fallbrook High School Music and Color Guard Program will host a Mattress Fundraiser event Saturday, Aug. 26, from 10 a.m. to 5 p.m. at Fallbrook High School. There will be Simmons Beautyrest, Therapedic and Malouf brand products on display, and prices will vary based on size and brand: twin mattresses will start from \$199, full from \$279, queen from \$299 and king/CA king from \$499. All sizes, styles and name-brand

sets are available up to 50% below retail. There will be a showroom set up with 20 plus displays and a team of experts to assist. Layaway and delivery will be available.

El Sábado 26 de Agosto de 2023, el Programa de Guardia de Color y Musica de Fallbrook High School se complace en organizar un evento de recaudacion de fondos de colchones.

Información de Venta:

• Sábado 26 de Agosto de 2023, Fallbrook High School

- 10 a.m. to 5 p.m.
- Habrá productos de las marcas Simmons, Beautyrest, Therapedic y Malouf en exhibición.
- Twin desde \$199, Full desde \$279, Queen desde \$299, King/CA King desde \$499
- Todos los tamaños, todos los estilos y juegos de marca están disponibles hasta un 50% por debajo del precio minorista.
- Habrá una sala de exhibición con más de 20 exhibiciones y un equipo de expertos para ayudar.
- Apartado y entrega están disponibles.

Agradecemos su apoyo y esperamos verlos el Sábado 26 de Agosto de 2023.

Submitted by Fallbrook High School.

Longtime Fallbrook resident celebrates her 100th birthday



June Garrett will celebrate her 100th birthday Aug. 21. Village News/Courtesy photo

FALLBROOK – Born Viola June Foglesong Aug. 21, 1923, she is one of seven children born to George and Gertrude Foglesong in Ladysmith, Wisconsin. The family later moved to Nebraska City, Nebraska.

Her parents' ancestors migrated from Europe to America as far

back as 1688. June married Joseph John Garrett of Nebraska City at age 17. (Joe died in 1999.)

Together, Joe and June produced eight children now ranging from 82 years to 60 years old who all will be attending her celebration.

Submitted by the Garrett family.

CAR WASH

on page A-1

described the major use permit application as “a long, expensive, and drawn out process.”

There have also been several reports of squatting within El Jardin while the building sits, awaiting the development of the new car wash. The Village News previously covered the removal of

three individuals that were living in the closed restaurant facility on April 18.

Community members are encouraged to write letters, contact the county, and attend FCPG meetings to voice their questions and concerns, whether about this car wash or the design guidelines in general, which are currently being reformatted into a clearer and more expansive list of design standards.

CALENDAR

Aug. 27 – 2-4 p.m. – TAKE3 lives at the intersection where pop, rock and classical fusion collide. They will play music from the Beatles and Leonard Cohen to Beethoven. Tickets are \$20-\$25 for adults. Children 18 and under are free. For tickets and more info, go to <https://www.fallbrookmusicsociety.org> or <https://www.fallbrookmissiontheater.com>

Aug. 30 – 12:30-2:30 p.m. – Wellness Wednesday includes free health screenings provided by CSU San Marcos School of Nursing: BMI, blood pressure, dental & vision screenings. “Vision Changes with Age” is presented by Fallbrook Family Health Center; English workshop starts at 12:30 and the Spanish workshop at 1:30 p.m. Register at www.fallbrookhealth.org/health-screenings. For more info, call 760-731-9187 or email tgeracitano@fallbrookhealth.org.

Aug. 31 – 2-2:45 p.m. – Join CSU San Marcos School of Nursing for a summer series on Healthy Aging, the last Thursday of August. Registration is not required, just drop in. For more information, call us at 760-731-9187 or email tgeracitano@fallbrookhealth.org.

Sept. 22 – 8 a.m. to 5 p.m. – Adult Mental Health First Aid. This free 8-hour certification public education program will be offered at the Fallbrook Regional Health District's Community Health & Wellness Center, 1636 E. Mission Road. Learn to identify, understand and respond to signs of mental illness and substance use disorders and provide initial aid. For more info including additional training dates or to register, call 760-731-9187 or visit <https://www.fallbrookhealth.org/mental-health-first-aid>.

Sept. 29 – 10 a.m. – Boys & Girls Clubs of North County to host the annual North County Cup at Journey at Pechanga. Registration opens at 10 a.m. and tee time is 11:30 a.m. Followed by a delicious awards banquet

with auction and opportunity drawings featuring many hard-to-get items. Golfers of all levels are welcome; all proceeds benefit the Boys & Girls Clubs of North County. For more info, visit www.bgcnorthcounty.org or call 760-728-5871.

Sept. 30 – 9 a.m. to 2 p.m. – Fallbrook Regional Health District presents the Eye on Health Youth Festival, a free event catering to teens and children, 18 years and younger. San Diego North County Lion Club will be on-site offering free eye exams and glasses. There will also be dental screenings, school vaccinations, STEM zone, art zone & entertainment. Register at www.fallbrookhealth.org/eye-on-health-youth-festival. For more info, call 760-731-9187 or email tgeracitano@fallbrookhealth.org.

Oct. 3 – 11 a.m. to 4 p.m. – Blood Drive at Fallbrook Regional Health District's Community Health & Wellness Center, 1636 E. Mission Road. Donate and save a life. Registration is preferred but walk-ins are also welcome. To register, go to <https://www.fallbrookhealth.org/blood-drive-dates>.

Nov. 4 – 8 a.m. to 5 p.m. – Veterans & Families Mental Health First Aid. This free 8-hour certification public education program will be offered at the Community Health & Wellness Center, 1636 E. Mission Road. Learn to identify, understand and respond to signs of mental illness and substance use disorders and provide initial support. For more info including additional training dates or to register, call 760-731-9187 or visit <https://www.fallbrookhealth.org/mental-health-first-aid>.

Dec. 19 – 11 a.m. to 4 p.m. – Blood Drive at Fallbrook Regional Health District's Community Health & Wellness Center, 1636 E. Mission Road. Donate and save a life. Registration is preferred but walk-ins are also welcome. To register, go to <https://www.fallbrookhealth.org/blood-drive-dates>.

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www.fallbrookfoodpantry.org/dine-n-dash



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Offered at \$810,000



2559 Vista De Palomar, Fallbrook

A Modern Masterpiece in Fallbrook with incredible picture perfect panoramic views over a stunning private pool and spa on 2+ useable acres including a Cabernet Franc vineyard planted in 2017! Designer high end finishes throughout include wide plank European oak flooring, 12 ft. panorama multi slide doors that disappear into the wall and open onto an expansive travertine patio with gorgeous hill and mountain views allowing tons of natural light. This property was remodeled recently including the dual HVAC system with 2 nest thermostats, dual HVAC heat pump system (electric), PAID Solar, exposed timber beams in multiple rooms, Bosch appliances, more.

Sold for \$2,100,000

Ken's Corner

It is vacation time!!

Some of us like to travel the world and want a look and go home. Some like a road trip and may need RV parking. Also popular in our area is a STAYcation. Enjoying our beautiful weather and the paradise we want in our own backyards. Something for everyone! Let's have a visit and discuss what your needs may be!

AT YOUR SERVICE! - Ken



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- Kristen and Gracie L.

Suzie's electric personality coupled with integrity and leading knowledge in new and emerging Real Estate markets ensures that her clients have all the information needed to make their best choices when buying or selling property. Timing and relationships are everything in today's everchanging and more competitive Real Estate environment.

John lives and works in Fallbrook. As a Realtor® for over 34 years, he is proud to have served a number of Fallbrook homeowners. Some were already here, and many others came to our town through his hard work and local knowledge of all things Fallbrook. He stands ready to serve you!



3547 Via Zara Court, Fallbrook

Fallbrook paradise estate property featured in multiple Home and Garden magazines, fully fenced and beautifully landscaped 2.58 acres. Panoramic views including sunsets over the infinity edge pool and spa provide a tranquil setting that is private and so relaxing! Indoor and outdoor living blend seamlessly with cantina style doors, multiple covered patios, stacked stone outdoor fireplace, seating area and also a well appointed stainless built in BBQ with extra burners and refrigerator. Usable land abounds with easy access to grove area and a varied selection of fruit trees and avocado trees. 7 raised container gardens for all your vegetables and herbs.

Sold for \$1,965,000

Sharon's Corner

Do you have questions about getting your home ready for sale? What is expected to be repaired, how do I increase my curb appeal, how can you best stage a fully furnished or vacant home?

What do I do when I am an heir, and the house is fully furnished - what do I do with all the personal items? Maybe you live out of state and have limited access to the property - we can help!

We provide end to end services to make your life easier and make sure you see the top dollar for your home in any market. We work with all price points and property types! Give us a call so we can share our connections and expertise with you!

LET'S TALK! - Sharon

Business Spotlight



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Charity Spotlight



Fallbrook Music Society

OUR 46TH SEASON SHOW & EVENTS ARE NOW POSTED ONLINE!

Next concert: TAKE3
August 27 @ 2:00 pm

Borne out of the practice rooms of the nation's top music conservatories and their accomplished classical music traditions, TAKE3 lives at the intersection where pop, rock and classical fusion collide. Their unmistakable style and infectious joy in music-making brings them back to Fallbrook as our most requested reprise group ever!

760-451-8944
Tickets at www.fallbrookmusicsociety.org



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OPINION

SANDAG's new future



Supervisor Jim Desmond
5th District

I am encouraged to hear about Hasan Ikhata's departure from SANDAG.

This development opens the door to changes and progress within the organization. SANDAG's primary focus must be on finding a new leader who embodies the qualities of a consensus builder who can collaborate effectively with all cities and unincorporated area communities in San Diego County.

SANDAG should prioritize taxpayers' needs and use San Diegans' hard-earned money efficiently and responsibly. I am committed to supporting a new SANDAG executive who will diligently work toward designing a comprehensive regional transportation plan that addresses the needs of the entire region, including freeways and roads.

The new candidate must promise to fulfill the projects promised to voters in the 2004 ballot measure.

In selecting this crucial position, we encourage SANDAG to seek input from stakeholders, community leaders and experts with diverse opinions for the good of the entire region. By involving a wide range of perspectives, we can find a leader who will steer SANDAG towards a brighter future, fostering transportation solutions that benefit all residents and contribute to the overall growth and success of San Diego County.

I am hopeful for a new day at SANDAG and one that represents all San Diegans.

Ask Mr. Constitution

Dear Mr. Constitution:

Question: Yes or No – Did former Vice President Mike Pence have the Constitutional authority to stop the 2020 election certification?

Answer: In a word: No. Election certification belongs to the Electors – the Electoral College. Certification is not accomplished by any one person in government. The President, the Vice President, Congress, judges – none of them certify the election. The certification is by the Electors themselves when they count their state votes, seal the envelope, and then send it to the President of the Senate. So, the Electors certify, but only the state legislature can decertify if they believe there is

a problem.

It's up to the state legislatures to determine if the electoral votes were on the up and up. And we had lawsuits, remember? Texas was suing other states essentially saying: "Your electoral votes were not on the up and up, we're suing you because you didn't do your job."

The 10th Amendment says that if the state is not doing its job, then the people step in – they demand a recount and/or a re-do. That's what Jan. 6 was about. Most of the Jan. 6 people were following the 10th Amendment and the 1st Amendment. A lot of them were praying: freedom of religion; a lot of them were speaking up: freedom of speech; a lot of them were

podcasting: freedom of the press; they were gathering together: freedom of assembly; many were petitioning the government for redress of grievances. Instead of being recognized as citizens exercising their Constitutional rights, they have been erroneously labeled "insurrectionists."

Douglas V. Gibbs, Mr. Constitution

To submit a question, visit: www.douglasvgibbs.com/askdoug

Gibbs's Current Events & Constitution Class meets in Fallbrook every Tuesday, 11 a.m. to noon at Emmanuel Baptist Church, 911 E. Elder Street.

To check other class locations, go to www.douglasvgibbs.com/classes/

Stevie wonders... What's new? Not much.

Steven Schindler

Special to the Village News

As you do the morning "doom scroll" on your phone, where you continually read bad news after worse news, or sit mesmerized watching one of the "hair on fire" TV news networks, or grip your steering wheel tighter and tighter as you listen to "This could be the end of America" talk-radio hosts, just keep in mind the words of Harry Truman who said, "The only thing new in the world is the history you don't know."

Shaking our collective heads as we ponder our current presidential campaign conundrum, and also recalling the election in 2000 of Bush vs. Gore, when the talk of recounts, hanging chads, counter-counter lawsuits and the Supreme Court dominated our lives, I wondered if anything like those events had happened before. And boy, did they ever!

The presidential election in 1800 pitted the incumbent John Adams against Thomas Jefferson and their vice presidential candidates, Aaron Burr and Charles Pinckney. It was only the fourth presidential election of our fledgling democracy. It started out bad and quickly devolved into disaster.

President John Adams was called, among other things, a hermaphrodite! Jefferson was deemed a "howling atheist" and a dangerous man. Due to presidential votes and vice presidential votes being counted separately, in the first go-round in the electoral college, Jefferson was actually tied with Aaron Burr.

Things really heated up after that. There were rumors of a coup d'etat, and plans to assassinate Jefferson if he won. And if Jefferson lost, a civil war was threatened. Alexander Hamilton hated Aaron Burr and plotted to undermine him to get Jefferson elected.

It took weeks of threats, insults,

backroom deals and compromises, but after 36 votes in the electoral college, Thomas Jefferson was finally elected the third President of the United States. Oh, and by the way, four years later Aaron Burr killed Alexander Hamilton in a duel.

It's only natural to think the times we live in are the most consequential ever. Looking at the Russian invasion of Ukraine, there is talk that it could lead to World War III. There's a clue right there. That's World War III. World Wars I and II and countless millions of deaths are a stark reminder that, sad to say, it wouldn't be the first time. You'd think we would have learned after the first and second world wars, but here we are.

We're constantly reminded of polarization in America. Some say it's the worst it's been since the Civil War. Maybe. But having been alive in the 1960s, I remember millions of protesters in the streets, opposing the war in Viet Nam and demanding civil rights.

There were also massive, violent riots shutting down and sometimes destroying, entire swaths of cities and college campuses. I can recall race riots in amusement parks, at the beach and in neighborhoods. Hippies vs. hardhats, blacks vs. whites, Puerto Ricans vs. blacks, Yippies vs. cops, Dodgers fans vs. Giants fans, etc. etc. etc.

As a child and then a teen living through assassination after assassination after assassination with the threat of nuclear war, and a race war, it was nothing short of terrifying. Naturally, arguing with family and friends over politics and race issues is part of a long American tradition.

I remember many a heated argument over Sunday lasagna family dinners culminating with people throwing down their marinara stained napkins mid-bite and storming out of the house. I know because I did a lot of storming out, as uncles wagged fingers at me with a hearty "Good riddance!" And yeah, I cried at all their funerals.

And speaking of families being fractured, the Civil War literally had brothers fighting against brothers. And that wasn't the first

time. The first actual civil war was before, during and after the Revolutionary War.

New York was a hotbed of conflict with many New Yorkers being British loyalists and acting as spies and saboteurs. I mean, even Benjamin Franklin, the ultimate Founding Father, had intense family conflicts. His own son, William Franklin, was a staunch British loyalist who led military units against the American revolutionaries and had to flee to England and live in exile.

And it wasn't all unicorns and butterflies after the war either. Revenge was rampant in the streets as there were hangings, public square tar and feathers, and businesses and homes of British loyalists burned to the ground.

My point isn't to be another depressing doomsayer. On the contrary. As we get drawn into current events on a global, national, local or family level, it's important to keep in mind the words of the philosophers who have told us century after century, including one of my favorite 20th century poet/philosophers, George Harrison, who sang "All things must pass." And they will.

So in the meantime, put down the phone and the newspaper and turn off the TV. If somebody's trash-talking politics, smile and walk away. Is somebody tailgating you? Pull over and let them pass. As my mom used to say, "Be a duck, not a sponge. Let the water just roll off your back."

We're lucky to live in a part of the world where we can listen to birds sing, watch the waves wash onto the sand and see the golden evening sun dip behind verdant vineyards and orchard laden hillsides. Take a walk on the Santa Margarita River Trail. Read a poem aloud to someone. Or just sit in that creaky rocker and flip through that dusty, old photo album.

Yeah, things are pretty whacked out there, but remember, don't let the good things in life pass you by just because there's craziness all around. It ain't nothing new...

Steven Schindler's latest novel is "Fallout Shelter."

Protecting animals



Assemblymember Marie Waldron
75th District

Ensuring the well-being of all animals is one of my big priorities. Over the years, I have introduced and supported bills that provide funding to care for native wildlife, protect wild horses and burros, limit unnecessary animal testing and many more.

This session, I introduced AB 829, which is currently pending in the Legislature. AB 829 expands counseling requirements for those on probation for animal cruelty, and gives judges discretion to order mental health evaluations based on trial evidence. Given established correlations between animal abuse, child abuse, domestic violence and other crimes, this bill will go a long way toward reducing crimes and recidivism, as well as cruelty to animals. AB 829 passed the Assembly unanimously and is progressing in the Senate.

I'm also supporting AB 1399, which expands the authority of

veterinarians to provide animal care via online telehealth. Given the shortage of veterinary doctors and staff, telehealth is an effective way to provide veterinary care, though it cannot replace the need for office visits in many situations. AB 1399, also pending in the Senate, is supported by the San Diego Humane Society and the ASPCA.

While these measures will help protect animals going forward, we have a new problem that only immediate action by the public can solve. Nationwide and locally, animal shelters have record numbers of pets on-hand that need forever homes.

The San Diego Humane Society has been over capacity for months, and as of early August is at 175% capacity for dogs and 176% for cats. They've also been forced to send hundreds of small pets such as rabbits, guinea pigs and hamsters to less crowded shelters in Arizona. To help alleviate the crisis, adoption fees have been reduced by 50%. If you'd like to volunteer or to adopt or foster a pet, please visit <https://www.sdhumane.org/support-us/volunteer/>.

Shelters run by San Diego County Animal Services are also overcrowded. To "Clear the Shelters," the county is waiving their usual adoption fees during August at shelters in Bonita and Carlsbad. If you're interested, please visit <https://www.sddac.com/>.

Animal welfare is everyone's business. We can all get involved in ways that will protect animals and enhance our own lives.

Arise Shine "KINGDOM"

What are we waiting for?

“For you have been called to live in freedom, my brothers and sisters. But don't use your freedom to satisfy your sinful nature. Instead, use your freedom to serve one another in love. For as in one body we have many members, and the members do not all have the same function, so we though many, are **ONE BODY IN CHRIST**, and individually members one of another. Confess your faults one to another that you may be healed. The effectual fervent prayer of a righteous man availeth much. The name of the Lord is a strong fortress; the godly run to him and are safe.”

Galatians 5:13, Romans 12:4-5, James 5:16, Proverbs 18:10

If you would like to partake in prayer meetings to intercede for our children, families and nation – as it is written: 1 Timothy 2:5, "For there is one God, and there is one mediator between God and men, the man Christ Jesus," – please reach out to: anaiturralde2017@gmail.com

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Re: Terrell response to Maynard [Village News, Terrell letter, 8/3/23]

When I was old enough to vote, I asked my dad “what’s the difference between Republicans and Democrats?” He was a Democrat, and told me “the Republicans are for rich people, who own big factories and mansions. The Democrats are for the regular working people. Democrats treat everyone fairly and want to make sure people have good lives.” So I agreed that the Democrats were who I’d vote for too. I believed that explanation for a while, but tending to be a skeptic, I finally decided that half the voters couldn’t all be cigar-smoking millionaires. What my dad repeated to me was the narrative, pushed by the Democrats, and the media which support them. I write this because that narrative is still believed by roughly half the voting public, despite obvious contradictions and the economic downturns since President Joe Biden’s inauguration.

The narrative is evident in John Terrell’s response to a Dave Maynard letter, which had criticized “Bidenomics,” that silly term for the Biden

administration’s economic policies. Terrell lists supposed Bidenomic accomplishments, all of which involve taking money from taxpayers or from corporations employing those taxpayers. An example: student debt canceled, meaning the greedy colleges got paid, the students avoided their signed obligation to repay the loan and the taxpayer foots the bill. Terrell does attempt, however, to show one positive economic benefit from Biden: “... invested in clean energy initiatives that created jobs...” How many remember the green-energy “Solyndra” boondoggle which cost the taxpayers over a half billion dollars? That was promoted by Obama’s V.P. Biden. Just last week, another “green” company hyped by Biden, Proterra, cost taxpayers again when that company filed for bankruptcy.

After fawning over Biden, the letter suddenly jumps to former President Donald Trump’s international business income while president, as if earning money from his high-end hotels and resorts is a bad thing. But

Terrell “can’t find substantiation of any personal profit for Vice President or President Biden.” He’s not looking very hard, if unaware of multiple millions of dollars sent to Biden and his family from Russia, Ukraine, Kazakhstan, Romania, China, etc., supported by subpoenaed bank records and multiple sworn testimonies.

Terrell then presents the politicized “criminal charges” designed to prevent Trump from regaining the presidency.

Giving Stormy Daniels hush-money payments

That was an arrangement between them; it was his own

money and a few months ago, she lost a defamation suit against him – costing her \$122,000. So why should we care?

Falsifying business records Even if Trump said his collateral was worth more than it was, it’s the private bank’s responsibility to do appraisals when loaning money. What’s that to you or me?

Handling of classified documents

He had a right to those documents. Biden didn’t have that right, and had kept unauthorized classified documents years longer. Hillary Clinton did not have that right either, and destroyed the

memory devices when they were subpoenaed. That should concern us more.

Pending indictments in Georgia, i.e. the “find me the votes” thing

He obviously meant “find where they hid the thousands of Trump votes that mysteriously quit being counted late at night,” while Biden’s votes suspiciously surged.

In conclusion, it seems to me that Biden’s bribes, shakedown and shell companies in foreign countries are more important than Trump paying Stormy Daniels to keep quiet about a fling.

Dave Lewis

Opinion: Weiss is put in charge to protect Hunter Biden

Julie Reeder
Publisher

In the corridors of the justice system, the aspiration is for every citizen, regardless of their last name, to be dealt with justly and equitably. When news broke about Hunter Biden’s sweetheart plea deal, and the judge’s rejection of it, eyebrows were understandably raised.

For people who know what is going on, it was even more surprising when that same U.S. Attorney David Weiss of Delaware was put in charge of Hunter Biden’s investigation as a “Special Counsel.”

That sounds tough, right? Well, don’t expect justice to be served, because he was the same U.S. Attorney who not only agreed to a plea deal that gave Hunter Biden special immunity from any future alleged crimes, but also slow-walked all of Hunter’s legal troubles past their time statute of limitations, making it not possible to prosecute him.

It’s no surprise that Judge Maryellen Noreika deemed the deal “not standard” and different from what’s typically seen in such proceedings. The continued optics look less than ideal for sure.

Tax offenses have been treated with considerable seriousness by American courts for people who don’t have the last name Biden. Hunter Biden’s admission of “willful failure to pay” federal income taxes in two instances strikes at the heart of many Americans. Likewise, the firearm offense, especially in the context of substance abuse, adds another layer of complexity to this narrative.

When such deals are made behind closed doors, it is crucial for the public to have faith in the fairness of the justice system. And, as House Republicans have duly noted, the nature of this “sweetheart” plea deal does spark

questions, and then to put in charge as “Special Counsel” the very guy who was involved in the rejected plea deal, which most Americans won’t realize, is just another proof that Lady Justice isn’t blind like she’s supposed to be and there’s continued corruption in the Department of Justice.

While a fair defense is sacred and ought to be preserved for every citizen, deals that diverge so sharply from the norm warrant scrutiny, especially from the Biden crime family.

The larger issue at play here is not necessarily about Hunter Biden as an individual but about the broader implications of such deals. Can ordinary citizens expect the same consideration? Or is there a different set of rules for those in privileged positions? How about the disparity between how Biden family members are treated vs. Trump family members who were scrutinized for several years?

While Weiss’s office has stated the investigation is ongoing, it’s doubtful that justice will really be served or that there will be any findings, or that there will be any transparency. And since his office “slow-walked” many of Hunter’s legal issues until they were past the statute of limitations, it is likely nothing will change, and the mainstream media will continue to ignore the whole issue and turn up the coverage of Donald Trump as a continued diversion.

In a democracy that prides itself on the rule of law, it’s paramount that justice is not only done but seen to be done. The coming weeks and months will be telling, as more information unfolds. One can only hope that the outcome will restore faith in a system that is meant to serve all, equally, or it will be business as usual while those in charge punish their political enemies and practice election interference using the “whole of government.”

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BLUE BEETLE PG-13	Fri, Mon, Wed, Thurs	2:00pm	4:45pm	7:25pm
	Sat, Sun, Tues	11:00am	2:00pm	4:45pm
OPPENHEIMER R	Fri, Mon, Wed, Thurs	2:25pm	6:00pm	
	Sat, Sun, Mon	11:15am	2:25pm	6:00pm
STRAYS R	Fri, Mon, Wed, Thurs	2:45pm	5:10pm	7:20pm
	Sat, Sun, Mon	12:15pm	2:45pm	5:10pm
TEENAGE MUTANT NINJA TURTLES: MUTANT MAYHEIM PG	Fri, Mon, Wed, Thurs	2:55pm	5:05pm	7:15pm
	Sat, Sun, Tues	12:00pm	2:55pm	5:05pm
THE LAST VOYAGE OF THE DEMETER R	Fri, Mon, Wed, Thurs	2:30pm	5:00pm	7:30pm
	Sat, Sun, Mon	11:50am	2:30pm	5:00pm

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2022-23 Fiscal Year Report
100 YEARS
FPUD
Fallbrook Public Utility District

Fallbrook Public Utility District’s fiscal year 2023 – 24 budget was finalized and approved in June. The budget details FPUD’s strategic financial plan, providing enhanced fiscal transparency to our customers. This is a priority for the District. As part of the budgeting process, FPUD held public budget workshops.

2 highlights from the budget:

100th birthday + new local water source
Marking FPUD turning 100 years old, our new local water project, the Santa Margarita River Groundwater Treatment Plant, came online in early 2022. This project resolved some 70 years of litigation with Camp Pendleton. Now, local water flows from Fallbrook taps, providing about 50% of our water, on average. Local water is less expensive than purchasing imported water.

A vote coming your way:
We’re working to switch water suppliers. The San Diego Local Agency Formation Commission (LAFCO), which approved our District’s application to change from the San Diego County Water Authority to Eastern Municipal Water District, estimates switching water suppliers will reduce our purchased imported water cost by about \$3 million per year. The San Diego County Water Authority has raised rates on average 8% per year over the last 10 years. Now that LAFCO has approved the change, Fallbrook customers will have the opportunity to vote to finalize the change – a vote will be coming your way soon!

FPUD has aging infrastructure which is reaching the end of its useful life. This is resulting in pipeline failures, water outages and property damage. We are addressing this by accelerating pipeline and infrastructure repairs.

As shown in the table below, in keeping with the adopted financial plan, over the next few years, we will be working to hold down operating costs while also continuing to fund infrastructure needs and rebuild our reserves.

Fiscal Year 2022-2023 Results (Millions)

Total Operating and Non-Operating Revenues	\$39.4
Total Operating and Debt Service Expenditures	\$31.5
Total Capital Improvement Expenditures	\$5.8
Fund Deposit	\$2.1

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Take steps to prepare for a long retirement

TEMECULA — How long will you live? Of course, your longevity is somewhat unpredictable. But it may be a good idea to plan for a long life — and the financial issues that go along with it.

It's reasonable to think you've got a long way to go. In fact,

72% of retirees now think they will live longer than their parents, according to a recent survey from Age Wave and Edward Jones. Their optimism may be justified: A 65-year-old woman can expect to live almost 20 more years, while a 65-year-old man can anticipate

about 17 more years, according to the Centers for Disease Control. And these figures are just averages — if you're healthy at 65, you could spend two or even three more decades as a retiree.

To help maintain the resources necessary to pay for these years,

you may need to take several steps, such as the following:

Seek income and growth from your investments. Once you're retired, you'll probably need to rely more heavily on your investment portfolio to help pay for your cost of living. That means you will need a mix of investments that provide income — to supplement your Social Security and any pensions you might have — and growth — to help keep you ahead of inflation. You might also consider specific investments designed for longevity, such as a fixed annuity, which can provide you with a regular income stream you can't outlive.

Establish a reasonable withdrawal rate. You'll need to establish and maintain a reasonable withdrawal rate — the percentage of your portfolio you take out each year. As a general rule, many people start out in retirement by designating a 4% annual withdrawal rate, but your individual figure will depend on a variety of factors, such as your age, the size of your portfolio, other sources of income and so on. And keeping an emergency fund on the side can help you with unforeseen costs that could otherwise cause you to withdraw more than you'd like. Unsurprisingly, the goal with choosing the appropriate withdrawal rate and monitoring it throughout retirement is so you don't outlive your portfolio.

Consider adding some earned income. Once you've formally retired from your career, you

might consider working part time or doing some consulting. The added income can improve your cash flow and take some of the pressure off your investment portfolio. Keep in mind that your income level in retirement will determine what tax rate you pay on your Social Security benefits. If you take Social Security early and are earning above a certain amount, your benefits could be temporarily reduced.

Don't underestimate health care costs. Even with Medicare or Medicare Advantage, your out-of-pocket health care costs can be considerable. Upon first retiring, it's often a good idea to budget between \$4,500 to \$6,500 per person annually, though depending on your health, prescriptions and supplemental insurance, your costs could certainly be higher or lower than this range. And these figures don't include the costs of long-term care, which can be enormous and aren't typically covered by Medicare. To help protect yourself — and your family — from long-term care expenses, you may want to work with a financial professional, who could recommend insurance strategies or other techniques.

A long life can certainly be rewarding — and even more so when you're prepared for it.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor, Nima Helmi. He can be reached at 951-972-3071. Edward Jones, Member SIPC.

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Celebrate National Eye Exam Month with us this August and join us for an awareness workshop that emphasizes the utmost importance of eye health and the natural changes our vision undergoes as we age. Learn about common vision conditions that may affect you and how to prevent them. Take a proactive stance in safeguarding your vision and join us in commemorating this special month dedicated to the gift of sight.

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DUPRE

from page A-1

They talked about details and how details apply to areas other than art, such as writing. The activity combined community, art, and learning as students discussed and observed textures and architecture which, DuPre said, led students "to develop a more discerning eye."

Another activity she taught her third graders throughout the years was the God's Eye craft for Mother's Day. The hard work it took the students to make the craft, holding the yarn tight, reflects the hard work of their mothers. It was a great way for the students to express themselves creatively with yarn, beads, and feathers.

DuPre pointed out that the students were always so proud of their God's Eye.

For the last three years, she connected her students to students in Spain through a pen pal program, which included exchanging videos of students singing and dancing and playing games. She had studied in Spain with her teaching partner and other FUESD teachers. There is also a dance she has taught every year, Jarabe Tapatio, which is a popular dance from Guadalajara.

During her career, DuPre was given the opportunity to teach multiple generations from the same families. For one family, she had a student whose grandmother she'd taught, who still had dance festival pictures, which the granddaughter then participated in too, as well as the God's Eye project.

In addition to that family connection, DuPre taught another woman, one she has kept in touch with and inspired, and the woman's daughter, who she helped gain confidence at school.

Alongside teaching, DuPre has been active in the Fallbrook community, such as working in the art community with the Chamber of Commerce for the last three years, among other things.

She told stories of how she made her students feel safe and inspired to learn, not only in the classroom but in their lives, throughout her teaching career. She spearheaded teaching as a bilingual educator and the Dual Immersion program at Maie Ellis Elementary.

While she was teaching, she was involved with parent committees English Learner Advisory Committee (ELAC) and District English Learner Advisory Committee (DELAC), and the Leader in Me Lighthouse leadership team. She has represented the Fallbrook Elementary Teachers Association and other surrounding unions at the California Teacher Association State Council for 33 years as well as been a part of local, county, state, and national

teacher's union work.

She has also been very involved in the Fallbrook A Leer yearly community event, dance productions, soccer coaching, and other community events. According to Jeannie Poznanski, a friend who witnessed DuPre with her students, DuPre has touched many lives and become loved in and out of the classroom.

In her retirement, DuPre is going to stay with her advocacy work, promoting bilingualism and multiculturalism. Her goal is to make sure that in dual language programs, the Spanish side has the same amount of rigor as the English side.

She plans to do this by continuing to work with Californians Together, Center for Applied Linguistics and Center for Equity, and, her main advocacy now that she is retired, National Education Association Multilingual Learners Caucus. One example of the work Californians Together does is the Seal of Biliteracy, which goes on a student's diploma and celebrates their accomplishment of becoming proficient in two or more languages.

DuPre hopes to increase participation in the Fallbrook art community, perhaps with Arts in the Park and the Fallbrook Chamber of Commerce. She looks forward to participating in a project that she wrote the majority of material for, which involves Live Oak Park Coalition and teaching third graders Fallbrook history.

She also wants to do volunteer work in elementary classrooms in subjects such as art, Fallbrook history, and writing, which is her favorite subject to teach. In addition, DuPre plans to teach a Spanish class that will feature painting inspirational rocks.

When discussing her retirement and plans for the future, DuPre said, "Retiring has been really hard for me," which is one of the reasons she plans to travel to Mexico when the school year starts.

As the type of person who was always excited to get to the classroom everyday, she has found it hard to not be going back. However, she knows it is the right time. "There's a reason why I'm retiring," DuPre said about the mixed feelings she's experienced since making the decision to retire from teaching.

Now that the full-time teaching chapter in her life has closed, DuPre's focus is on her family, including her four grandchildren who she plans to enjoy spending time with traveling and camping. She is also looking forward to the yearly trip to Brazil she goes on with one of her sons and grandsons for a soccer tournament, and she hopes to learn Portuguese before she goes this year.

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San Diegans can prepare for wildfires by assessing personal disaster plans and readiness, which can protect family, friends, pets and property.

Village News/County News Center photo

Yvette Urrea Moe
County of San Diego
Communications Office

With the deadly firestorm in Maui and the Bunnie Fire in Ramona that scorched nearly 200 acres and resulted in evacuations Wednesday, wildfires are at the top of mind for most San Diegans. The fires should remind people to be prepared to evacuate and to take steps to minimize damage to their property in case a wildfire starts in their community.

Please note that during hot, dry conditions, such as when a red flag warning is issued, people should not attempt to use power tools to clear or reduce brush, as this could spark a fire that can spread to grass and other brush.

Assess your personal disaster plan and readiness now rather than in the middle of an emergency.

Register cell phones – yours and other family members – with AlertSanDiego so that you will all be notified of an emergency affecting your community. This is especially important if you no longer have a landline at

your home.

If you own an iOS or Android phone, download the SDEmergency. It is a great resource for a wide variety of preparedness tips.

Review your disaster plan, or create one if you don't have one yet.

Be prepared to evacuate with only minutes' notice. Practice evacuating with your family at least twice a year. Make contingency plans for different times of the day, such as a fire breaking out while some family members are at work or school.

Check that you have all the necessary items handy to take with you if you had to evacuate. Make sure food, water and medications have not expired and that every family member's dietary or medical needs are represented.

Check with schools or childcare providers to make sure you are aware of emergency plans and how you will be contacted.

Discuss where to reunite in case you are separated from your family during a disaster. Phone service may not be reliable during

a disaster.

Make sure your pets are microchipped and that you have evacuation items for them as well – including crates for small pets – and evacuation plans for larger animals such as horses or livestock.

Make sure your homeowner's insurance policy is up to date, covers wildfires and insures all the contents of your home.

Take a walk around your property and ensure that you have a minimum of 100 feet of defensible space and have no overhanging tree branches on your roof. Move any wood piles or combustible items that could catch fire a safe distance away from your home. The goal is to remove items that would catch your home on fire if a burning ember landed on them. Remove any dead or dying trees or plants or leaves that could spread fire.

If possible, reach out to friends and family members, especially older adults or people with disabilities, and review their plans and supplies with them.

FVA begins Phase 2 construction at Railroad Heritage Park



An original luggage cart has been donated to Fallbrook Village Association for Railroad Heritage Park by Fallbrook residents Roy and Linda Costello.

FALLBROOK – Have you seen the action on the corner of Elder Street and Main Avenue?

The Fallbrook Village Association announced that Phase Two of the Railroad Heritage Park is underway including infrastructure, decking, fencing and the ticket booth with a clock.

The park will honor the past and educate a new generation about Fallbrook's rich agrarian past, present, future and the rail industry that made it possible. When completed, the downtown park will be opened daily to the public.

The community project is supported by donors who are coming forward to help. Fallbrook

have donated an original luggage cart from the Fallbrook Station that will be used at the park.

"We are looking for other old railroad memorabilia," according to the Fallbrook Village Association.

If anyone has something to donate, contact Peter Wilson at 314-249-6679. Those donating items or monies over \$500 will be recognized at Railroad Heritage Park. Funds are actively being raised for Phase Three, which will include a town clock, fencing, lighting, landscape, displays, signage and benches. To donate, visit <http://fallbrookvillageassociation.org>.

Submitted by Fallbrook Village Association.

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Map showing location at the intersection of W. Elder St, W. College St, W. Beech St, and Fallbrook St.



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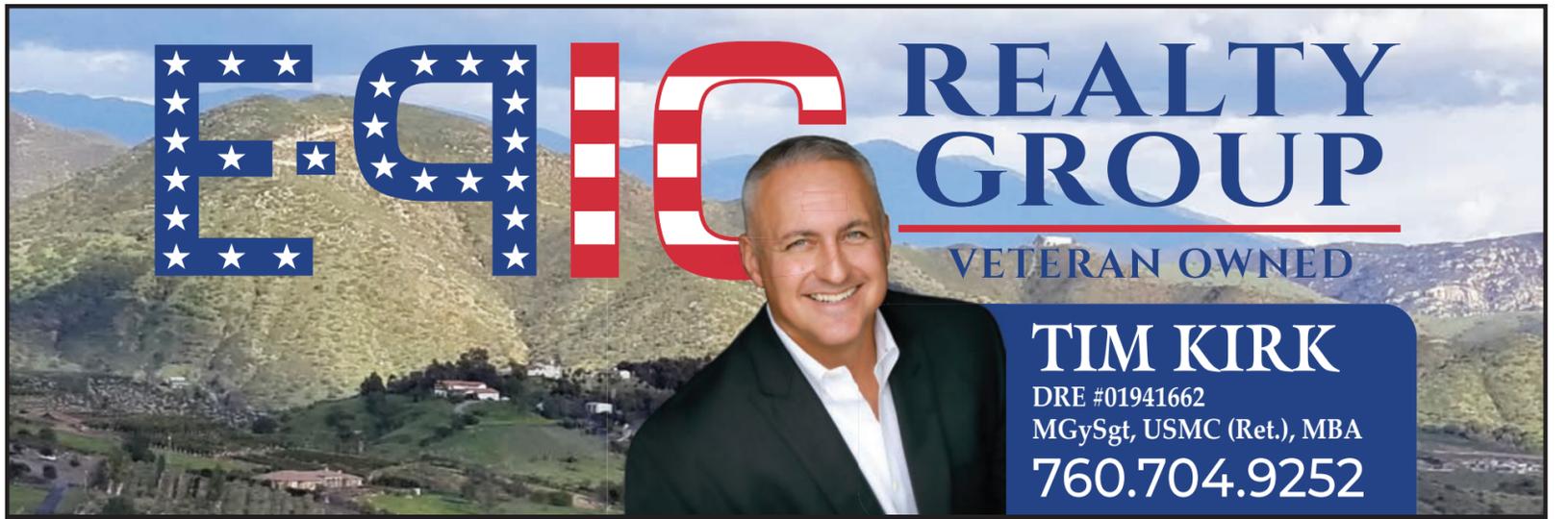
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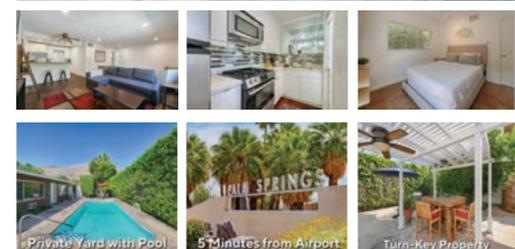
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Cleaning up the Pico: Change to 62 volunteers show up

Fallbrook comes through, faith is renewed!

FALLBROOK – Save Our Forest called for help and the good people of Fallbrook came through the morning of Saturday, Aug. 12. Anticipating about 20 who had registered ahead of time, 62 people came, many bringing their own tools to work on the Pico Promenade.

The task was to weed the four block long walkway which extends from Fallbrook Street through to Elder Street. The worst blocks were Fallbrook Street to College Street because the heavy rains this past winter brought a huge crop of weeds, some almost four feet tall.

In two and a half hours, the work of the volunteers produced 97 bags stuffed as full as possible. Debbie Meadows, who volunteered with her husband Dana Meadows, said, “It was a wonderful community accomplishment, fantastic!” Getting the bags from the Promenade to a loading spot took a team of men. Ryan Dipinto brought his box truck to help move it all. One pickup truck load and



A very lively crew: a third of the bags ready to haul. Save Our Forest regulars, Tim O’Leary, Dennis Vartanian, Bruce Wylie, Chuck Marchese,

Village News/Nancy Heins Glaser photos

two box truck loads were taken to the Waste and Recycling Center. Mission accomplished!

While the volunteers worked, the breakfast team in Jackie Heyneman Park prepared breakfast, which was provided by Save Our Forest and Major Market. Roger Boddaert was chief chef!

Many organizations showed their support by coming to help, including Fallbrook Land Conservancy and Save Our Forest volunteers, Fallbrook Rotary, Bonsall Rotary, the Board of Realtors, the Fallbrook Garden Club, Chamber of Commerce members, and others.

Nancy Heins Glaser, who took pictures of the event, was impressed by the comment of a teenager who came with her father, “I love how everyone worked together.”

It couldn’t have been said better; there is hope for the future!

Submitted by Save Our Forest.



CR Properties Real Estate Team volunteers at the Pico Promenade clean up day; Village News/Courtesy photo they do more than provide real estate services, they are also hands-on in the community, volunteering where needed. Pictured are, from left, Denise McFarland-associate broker/agent, Martin Quiroz-agent/home loans, Dana McCarthy-real estate agent, Bob Hillery-broker/owner and Jean Trygstad-real estate agent. Not pictured, Maggie Stewart and Yaneth Escobedo.



Tom Snyder and Cheryl Snyder are hard at work. In the background, members of Bonsall Rotary Club stepped up to help.



High school students earn community service credits for their participation in Cleaning up the Pico.



The kitchen crew for the pancake breakfast after the clean up consists of, from left, Elizabeth Stuver, Roger Boddaert, Jackie Heyneman, Mary Polopolous and Terri Garner.



After the cleaning up, the park was clean as a whistle.



Ani Vartanian, Jean Dooley, Debbie Meadows and Sherry Lamont are seen with the 97 bags of weeds and trash collected from Pico Promenade.



Terri Garner is ready to take on the thirsty crew of people who were perking up the Pico!

BUSINESS

Palomar College hires Nick Mata



SAN MARCOS — The new Assistant Superintendent/Vice President of Student Services at Palomar College, Nick Mata, began his duties Monday, July 31, 2023, coming to North County from Santa Monica College.

“We’re thrilled to have Nick as our new Assistant Superintendent/Vice President of Student Services, a role that is integral to the success of our students,” said Superintendent/President Dr. Star Rivera-Lacey. “We are confident that he will be a great addition to our team and Palomar College will benefit from his 25 years of dedicated service as a student-centered leader.”

Mata most recently served as the Dean of Special Programs at Santa Monica College. He previously held leadership positions as Dean of Counseling and interim Dean of Students at

Santa Monica College, Dean of Special Programs at Los Angeles Southwest College and interim Dean of Student Affairs at San Diego Miramar College.

“As Vice President of Student Services,

I am thrilled for the opportunity to contribute to the transformation that Palomar College is currently experiencing. I am looking forward to working with my colleagues to redesign the student experience to ensure equity, success and completion,” Mata said.

As a former low-income, first-generation, Latino college student, Mata has relied on his lived experiences to lead others. When asked what about Palomar College generated his interest in the role, Mata stated, “as a Hispanic Serving Institution that models a core framework of diversity, equity, inclusion and accessibility, Palomar College was an obvious choice for me.”

Mata holds a Bachelor of Arts in English from the University of Missouri-Columbia and a Master of Arts in Educational Administration-Student Affairs from the University of Missouri-Kansas City. As a new resident of San Marcos, he and his family are looking forward to exploring the region.

Submitted by Palomar College.

Nick Mata began his new duties Monday, July 31, 2023 as the new Assistant Superintendent/Vice President of Student Services at Palomar College.

Village News/Courtesy photo

Five tips for saving money at thrift shops

It’s time to dust off those treasure-hunting skills, get frugal and save some money for National Thrift Shop Day Aug. 17.

According to a recent survey conducted by TopCashback, a cash back site, 83% of Americans would consider buying refurbished or used items in order to save money.

The survey polled a cross-section of 2,041 adults, aged 18 and over.

To many people, thrifting is more than just second-hand shopping, it’s a lifestyle — 68% of Americans shop at thrift stores. This trend isn’t going out of style

anytime soon; it’s better for the environment and for everyone’s wallets! So to start, here are some thrifting tips from TopCashback’s team of money-saving experts:

Keep an open mind. Going into a thrift store looking for something specific, will limit shoppers from finding another piece that could really catch their eye. Only go in with a budget and an idea of what is needed. Stay open-minded and be patient when thrifting.

Try on clothes if possible. Many thrift stores do not have a return policy and offer no refunds or exchanges. To ensure the purchase doesn’t end up back in the donation

pile, try on items before checking out, if possible, to confirm sizing and envision how the clothing will be worn. This also gives shoppers extra time to examine the quality of the items and make sure there aren’t any noticeable tears or stains.

Pro-tip: When examining clothing items, make sure to look at the tags and fine print. Look for durable materials, like cotton or wool, as they will provide the most value if one is looking for long-lasting fashion at a significant discount.

Look for additional savings. Many thrift stores have reward

programs to help shoppers gain additional savings on purchases. Also, some thrift stores have daily sales depending on the color of the item’s tag, guaranteeing even more savings on those items.

Thrift and sell online. Online thrift stores, such as eBay, Poshmark and Depop, are great options to find what shoppers are looking for from home. And if some extra cash is needed, these tools can be used to get rid of extra items lying around the house.

Pro-tip: If something looks valuable at a thrift store, research the item on a resale platform before purchasing. If the item is

selling for more than the thrift store’s price tag, it is possible to try to “flip” the item by selling it for more money online to make a profit.

Try local thrifting. Many local thrift stores run by churches or charities are often overlooked. However, there are many hidden gems to be found at these stores, from clothing to furniture, for a heavy discount. Plus, the money spent will be given back to the local community, depending on the program.

Submitted by TopCashback.

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LAFCO gives highest priority to CWA and healthcare district MSR's

Joe Naiman
Village News Reporter

A municipal service review evaluates services and anticipated needs of a public agency. It is a prerequisite for a jurisdictional change other than annexation of land within the sphere of influence, which determines the boundaries best served by a particular agency, and San Diego County's Local Agency Formation Commission also periodically conducts sphere of influence updates for all cities and special districts. The Aug. 7 LAFCO meeting included a revision of LAFCO's Fiscal Year 2023-24 workplan to give the highest municipal service review priorities to the San Diego County Water Authority and to the county's four healthcare districts.

A 7-1 vote, with San Diego City Council member Stephen Whitburn opposed, moved the MSR for the SDCWA from 14th to first on the priority list while moving back the 13 projects which had been a higher priority and moved the MSR for the healthcare districts from eighth to second while moving back six projects.

"Times change and priorities change," said County Supervisor Jim Desmond, who is the LAFCO chair.

The May 1 LAFCO meeting adopted a 2023-24 workplan and budget for LAFCO. The five highest priorities were all administrative and involve personnel, training of new commissioners and software. The next-highest priority is a sphere of influence for the Oceanside region which will review the City of Oceanside, the Oceanside Small Craft Harbor District and the Morro Hills Community Services District. A review of the Carlsbad region covering the City of Carlsbad, the Carlsbad Municipal Water District and the Leucadia Wastewater District was the other task originally placed higher than the healthcare districts study.

"There is a reason we prioritized items the way we did," Whitburn said.

On July 10 LAFCO voted 5-3 to approve the reorganization in which the Fallbrook Public Utility District and the Rainbow Municipal Water District detach from the SDCWA and annex to the Eastern Municipal Water District (the reorganization is contingent upon FPUD and Rainbow voter approval). LAFCO began its FPUD and Rainbow reorganization hearing June 5 before continuing the issue. During both hearings, the operational practices of the CWA were addressed. A July 10 motion calling for a municipal service review of the CWA was withdrawn after it was noted that such an action was not on the July 10 agenda and would need to be noticed for a subsequent LAFCO meeting.

Oceanside mayor Esther Sanchez addressed both the healthcare district and the CWA during the Aug. 7 hearing. "What's good for the Water Authority is higher demand for water, and what we have now is less," she said.

The CWA opposition to the FPUD and Rainbow detachment focused on the cost to the other 22 CWA agencies should the fixed cost revenue received from FPUD and Rainbow be eliminated. The CWA's fixed cost charges include the Infrastructure Access Charge which is per meter equivalent and also include the Customer Service Charge, Supply Reliability Charge and Storage Charge whose member agency pro-rata shares are based on rolling averages. The City of Oceanside recently completed an indirect potable reuse project and is interested in increasing the capacity of its potable reuse program. The

potable reuse program will reduce Oceanside's demand for CWA water by 50%.

"That's a drop in the bucket for the City of San Diego," Sanchez said.

Sanchez was born in Oceanside before Tri-City Hospital opened and remembers her mother taking her to other towns for medical care, so she told the LAFCO board about the importance of local healthcare access.

After local government experience with the Encinitas City Council and the San Diego County Board of Supervisors, Kristin Gaspar became the Senior Director of Government Affairs for Palomar Health in March 2021. "California hospitals are really hurting," she said. "This is a time of absolute crisis for hospitals."

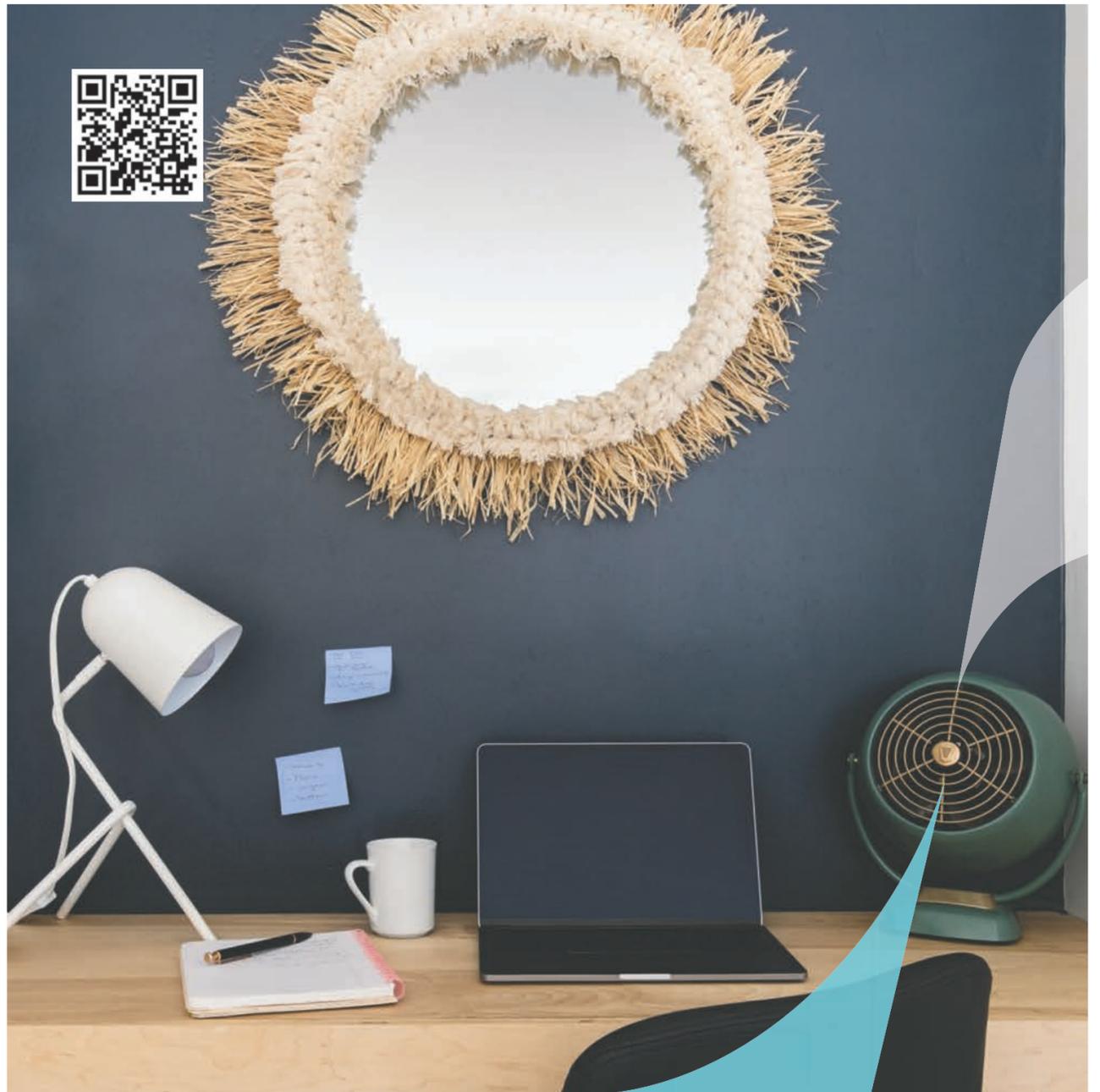
Gaspar noted that approximately 60% of California's hospitals had operating losses last year and 12 hospitals have filed for bankruptcy within the past six months. "There is more than ample justification," she said of giving the MSR for healthcare districts a higher priority.

Although LAFCO may take some action based on the municipal service reviews, those will also include recommendations for the CWA and the healthcare districts. "They can follow them or not," Desmond said.

Worker of the week



Emilio Stude reads some of the instructions from the one gallon paint can to a waiting customer at Sherwin-Williams at 855 S. Main Ave. Stude has been working part time as their store clerk for over two years. When he isn't working there, he does part-time work as an apartment maintenance manager in Fallbrook. Village News/David Landry photo



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WARDS

HEALTH

Interview with AdvanCare owner Amy Freitas

Felicia Horton
Special to Village News

There are over 65,000 residents over 65 in the Temecula Valley, which is roughly 20% of the population. As people age, their needs change and their support system must be aware of these changes to maintain a high quality of life. For older adults, some of the most critical needs include socialization, access to health care, physical and mental stimulation and maintaining a sense of independence.

It's essential for caregivers and loved ones to be aware of these needs and to work together to ensure that older adults can live their best lives, even as they age. Some ways to meet these needs include regular social outings, frequent doctor visits, engaging in physical and mental activities and finding ways to support independence, such as mobility aids or home modifications. With the proper support and resources, older adults can lead fulfilling and happy lives well into their golden years in the comfort of their homes.

I sat down with Amy Freitas, the co-founder of AdvanCare, to discuss how in-home care allows older adults to age in place.

Felicia: Amy, thank you for taking time today to share your story and help our community better understand what in-home care entails.

Amy: Thank you for taking the time to meet with me.

F: My first question would be, "Why did you choose senior care?"

A: My journey started at 19 when my mother became terminally ill with brain cancer. This devastating news came when balancing college life, a part-time job and family life responsibilities were too new and stressful. I now faced the unique responsibilities of being my mother's caregiver while navigating the health care and support systems. Through this journey, I learned more about the caregiving process and was compelled with the passion to support others.

F: I am so sorry you had to go through that. Did you have an in-home caregiver assist you during this difficult time?

A: Unfortunately, we didn't have in-home care because we were unaware that companies like mine existed. We needed more resources, and because we were so new to this process, we needed to figure out



AdvanCare office staff from left, Office Manager Jackie Daphness, Owner Amy Freitas and Marketing Director Felicia Horton. Village News/Shane Gibson photo

where to seek help. That is one of the reasons we pride ourselves on being a resource for families.

F: You must have felt so alone.

A: I learned so much during that time of my life. It shaped me to be the person I am today.

F: How do you define In-home Care?

A: Personal care services are specifically designed to cater to the individual needs of seniors who require assistance with daily activities. These services promote independence, maintain personal hygiene and ensure a safe and comfortable living environment. Our services are provided to individuals who need help with various daily activities but wish to remain in the comfort of their own homes rather than move to a care facility. This care is commonly provided to seniors, people with disabilities or individuals recovering from illnesses or injuries.

F: What services do you offer the senior community?

A: Our full-service personal care plans provide seniors with services from four to 24 hours daily. These

services include companionship, light housekeeping, medicine reminders, meal plans, bathing, oral hygiene, skincare, help getting dressed, exercise, incontinence assistance and cognitive care.

F: Can you break down the services you offer?

A: To break it down, AdvanCare offers Assistance with Activities of Daily Living. Specifically:

Personal care: Assistance with activities of daily living, such as bathing, dressing, grooming, toileting and eating.

Companionship: Social interaction and emotional support to combat loneliness and isolation.

Medication management: Helping individuals take their prescribed medications as directed by their health care providers.

Meal preparation: Planning and preparing nutritious meals to meet the person's dietary requirements.

Housekeeping: Light housekeeping tasks, such as tidying up living areas, laundry, and maintaining a clean and safe environment.

Mobility assistance: Helping with moving around the house,

transferring from one place to another, and using mobility aids like walkers or wheelchairs.

Transportation: Assisting with attending medical appointments, running errands or engaging in social activities.

F: Wow! You do offer many services. You mentioned cognitive care. Please explain that.

A: Cognitive care focuses on providing specialized support and assistance to seniors experiencing cognitive impairments, such as dementia or Alzheimer's. We aim to enhance cognitive abilities, promote mental well-being and ensure a safe and nurturing environment for seniors with cognitive challenges. Our AdvanCare team also supports the Alzheimer's Association, and I am the raffle chair for the Walk to End Alzheimer's event Oct. 7, 2023.

F: That's a beautiful organization and a fun event. Is there anything else you offer that you may not have shared yet?

A: Our goal is to do all we can to help seniors age in place. We want to see seniors live out their lives in the comfort of their own

homes, but we know that that is only sometimes possible. So we offer placement services free to the client to help them find the right community to fit their needs. This service includes scheduling tours to appropriate communities, scheduling the assessment, assisting with the admissions process and complimentary virtual and private tours to assist families in finding the perfect senior living options – all free to the families. We offer Travel Companionship and Palliative and Hospice support as well.

F: There is so much to Senior Care and Support. How can our readers reach you?

A: Our office number is 951-445-8582, and our email is amy@advanseniorcare.com. We are heavily involved in the community through local chamber events, health fairs and our local senior centers, and we work closely with other companies that support the senior community.

F: Thank you, Amy. It has been a pleasure chatting with you.

A: Thank you. You as well.

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Temecula Valley Hospital named among Best Hospitals in 2023-2024

TEMECULA — Temecula Valley Hospital (TVH), a part of Southwest Healthcare, has been named by U.S. News & World Report to its 2023-2024 Best Hospitals as a High Performing hospital for five procedures and/or conditions: heart attack, heart failure, stroke, pneumonia and COPD. This is the highest distinction a hospital can earn for U.S. News' Best Hospitals Procedures & Conditions ratings.

The annual Procedures & Conditions ratings are designed to assist patients and their doctors in making informed decisions about where to receive care for challenging health conditions or elective procedures.

"These national rankings speak to our dedication in providing the highest quality care to our patients and families," said Darlene Wetton, CEO, Temecula Valley Hospital. "I am proud of our incredible staff for their commitment to ensuring the best possible standards of care for our patients. Thanks to their hard work, patients can have

confidence in selecting Temecula Valley Hospital as their health care provider of choice."

U.S. News evaluated more than 4,500 hospitals across 15 specialties and 21 procedures and conditions. Hospitals awarded a "Best" designation excelled at factors such as clinical outcomes, level of nursing care and patient experience.

"For 34 years, U.S. News has provided data-informed rankings to help patients and their doctors find the best hospital to treat their illness or condition," said Ben Harder, Chief of Health analysis and Managing Editor at U.S. News. "Fewer than half of evaluated hospitals earned any High Performing rating. Hospitals that are High Performing have excelled in providing high quality care in specific procedures and/or conditions."

For more information, visit <https://health.usnews.com/best-hospitals>.

Submitted by Temecula Valley Hospital.

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Health Fair benefits babies, kids and adults



At TrueCare's annual Breast Milk Drive, nursing Village News/Courtesy photo moms, like Cristina Davis, rolled in coolers of extra breast milk to support at-risk babies.

SAN MARCOS – More than 400 kids and parents came out to the TrueCare annual Breast Milk Drive & Family-Fun Health Fair on Saturday, Aug. 12 at TrueCare San Marcos. Nursing moms rolled in gallons of extra breast milk in coolers to share the benefits of nutritious human donor milk for babies in need to help them thrive.

Families also enjoyed the family-friendly health fair with free goodies for attendees, fun activities for the kids, giveaways and prizes for the entire family.

Highlights from the event included:

- Breast Milk Donation Drive: Nursing mothers donated their

excess breast milk to help nourish babies who are in critical need of this precious resource.

- Entertainment: Kids and their parents enjoyed activities, spinning the wheel for prizes, and taking a break in the Cool Zone tent.
- Free health services: Families experienced free health screenings, behavioral health, immunizations, dental screenings, fluoride varnish, blood pressure and blood sugar checks and lactation consultation.
- Expert advice: Families talked with compassionate medical providers and staff, received

education and demonstrations, and received insurance enrollment assistance.

- Blood drive – Many people donated blood to benefit the San Diego Blood Bank.
 - Community engagement: Local organizations, volunteers, and activists promoted the drive to improve the lives of high-risk babies and family and child health. Partners include UC Milk Bank, Palomar Medical Center, CSUSM - Nursing, SD Blood Bank Mobile, First 5 San Diego and Southern Caregiver Resource Center.
- Submitted by TrueCare San Marcos.

Hair thinning because of menopause? These tips can help

StatePoint Media
Special to the Village News

Women spend up to 40% of their life in menopause and, by 2025, 1.1 billion women worldwide will be going through this transition. Menopause often brings disruptive symptoms that can impact all aspects of life, from family to work. Hot flashes and trouble sleeping are often experienced during menopause and those signs can also be accompanied by under-discussed symptoms, like hair thinning.

"Hair thickness naturally decreases with age. When you

add hormonal changes during menopause on top of that, many women become concerned with their hair health – from how fast it grows to how thick the hair strands are," said author and renowned natural physician, Dr. Fred Pescatore.

If you are going through menopause and you notice your hair is thinner, you're not alone. Studies show more than half of women over age 50 will experience thinning hair and one reason may be declining estrogen (hormone) levels that are associated with menopause.

"Changes in hair health and

appearance can take an emotional toll on many women, often leading to lower levels of self-esteem. My patients come to me confused, looking for solutions that are effective with minimal side effects. I direct them to lifestyle adjustments, along with a unique, science-backed natural ingredient called Pycnogenol French maritime pine bark extract."

Promising support from a natural ingredient

Pycnogenol is a natural supplement from the bark of the maritime pine tree that grows along the coast of southwest France.

For decades, studies have shown its benefits for skin health and menopause. Now, new research finds it also significantly increases hair density in menopausal women.

"I've recommended Pycnogenol to my patients for years as a natural ingredient for menopause and beauty support, and as an important building block of overall wellness since it acts as an antioxidant, circulation booster and natural anti-inflammatory," said Dr. Pescatore. "This new study demonstrates an exciting additional benefit of Pycnogenol. After just two months, hair density in menopausal women increased by 30%. It is simple, safe

and effective."

For more information, visit <https://www.pycnogenol.com/home/>.

Hydrate, massage, and a balanced diet

There are other simple lifestyle adjustments that can help as well. Dr. Pescatore suggests, "Drink plenty of water throughout the day to help your scalp stay hydrated. Massage your scalp daily to enhance circulation. Eat a balanced diet to ensure you are getting the nutrients your hair follicles need, including vitamin B6, folic acid and vitamin B12."

Autophagy: a cellular defense against cancer unveiled

Nobel Laureate Yoshinori Ohsumi

Village News staff

Autophagy, a cellular process discovered by Japanese cell biologist Yoshinori Ohsumi, emerged as a topic in medical research. This process, initiated during fasting or starvation, involves cells consuming their own components to cope with a lack of nutrients and energy. Yoshinori Ohsumi's groundbreaking work in unraveling the mysteries of autophagy earned him the Nobel Prize in Physiology or Medicine, and it has since become an area of study in understanding disease prevention and cancer treatment. This article delves into the significance of autophagy and its benefits in fighting cancer.

Understanding autophagy

The term "autophagy" originates from Greek words: "auto" meaning self and "phagy" meaning eating. Essentially, it refers to a cellular process whereby cells degrade and recycle their own damaged or unnecessary components, such as proteins, organelles and even invading pathogens. Autophagy is a natural and essential part of the body's defense mechanisms, helping maintain cellular homeostasis and ensure optimal cellular function.

How autophagy works

Autophagy is a highly orchestrated process involving a series of steps.

In initiation, cellular stressors, such as nutrient scarcity or oxidative stress, trigger the activation of autophagy. It begins with the formation of a structure known as the phagophore or isolation membrane.

In elongation, the phagophore expands and engulfs the targeted cellular components, forming a double-membrane vesicle called the autophagosome.

In maturation, the autophagosome fuses with lysosomes, which contain digestive enzymes, forming an autolysosome. The contents of the autophagosome are then degraded by these enzymes.

In recycling, the degraded components are broken down into their basic building blocks of amino acids, fatty acids, etc., which are subsequently recycled and utilized to synthesize new molecules or generate energy for the cell.

Autophagy and disease prevention

Autophagy serves as a crucial cellular mechanism for preventing a wide array of diseases. By clearing damaged proteins and organelles, autophagy maintains cellular health and prevents the accumulation of toxic aggregates that could lead to neurodegenerative diseases like Alzheimer's disease and Parkinson's disease.

Moreover, autophagy plays a vital role in bolstering the immune system. It helps eliminate intracellular pathogens and plays a significant part in presenting antigens to immune cells, thus aiding in the body's defense against infections.

Autophagy and cancer

The connection between autophagy and cancer has been a subject of extensive research in recent years. Cancer is characterized by uncontrolled cell growth and the evasion of cell death mechanisms, both of which heavily rely on disruptions in cellular homeostasis. Autophagy, as a regulator of cellular health, plays a complex role in cancer development and treatment.

In its early stages, autophagy acts as a tumor suppressor mechanism by clearing damaged cellular components and preventing the accumulation of genetic mutations that can lead to cancer initiation. It helps maintain genomic stability and prevents the transformation of healthy cells into cancerous ones.

Paradoxically, once tumors have established, autophagy can also facilitate cancer cell survival. In the harsh microenvironment of solid tumors, nutrients and oxygen are scarce, subjecting cancer cells to metabolic stress. Autophagy allows cancer cells to survive under these conditions, promoting tumor growth and resistance to therapies.

The dual role of autophagy in cancer has sparked interest in developing autophagy-targeted therapies. Researchers are exploring the possibility of modulating autophagy to improve cancer treatment outcomes. One approach involves inhibiting autophagy to sensitize cancer cells to conventional therapies, such as chemotherapy and radiation. Another strategy aims to induce excessive autophagy in cancer cells, pushing them into a state of self-destruction known as autophagic cell death.

Autophagy, a cellular process discovered by Nobel laureate Yoshinori Ohsumi, plays a critical role in maintaining cellular homeostasis and preventing diseases. Its multifaceted nature in cancer development and treatment has captured the attention of scientists worldwide. Understanding the intricate workings of autophagy offers promising avenues for developing innovative and effective cancer therapies, potentially opening new doors in the fight against cancer.

Reference: Mizushima, N. (2018). Autophagy: Process and function. *Genes & Development*, 30(17), 467-480. doi: 10.1101/gad.283592.116

Golf tournament benefits grieving children

ESCONDIDO – Everyone in the community is invited to attend Swing Fore Hope Golf Classic at Twin Oaks Golf Course in San Marcos Friday, Sept. 15. The tournament and awards dinner are being hosted by The Elizabeth Hospice.

Proceeds from Swing Fore Hope Golf Classic make it possible for the organization to offer children's bereavement services free of charge to any family in the community, including families who do not have an affiliation with The Elizabeth Hospice. These services include on-campus grief support groups in school districts throughout San Diego County and Southwest Riverside County, peer grief support groups in their Children's Bereavement Centers in Escondido and Mission Valley, and Camp Spero, a summer bereavement camp for children seven to 17 years old. It also includes grief and loss training for school professionals and

crisis intervention for community organizations.

With Disabled American Veterans as Premier Sponsor, Swing Fore Hope Golf Classic has a Shotgun Start at 1 p.m. In addition to 18 holes on a championship golf course, tournament participants will enjoy lunch, on-course games and an awards dinner.

"Children's bereavement is more prevalent than many people realize, with one in five children experiencing the death of someone close to them by the age of 18," Sarah McSpadden, president and CEO of The Elizabeth Hospice, said. "Children who have lost a significant person in their lives are at risk of depression, anxiety and isolation which may lead to poor school attendance, lowered academic achievement, behavioral problems or substance abuse. But when their grief is addressed early, the risk of engagement in maladaptive lifestyle choices can be decreased. That's why we offer

a wide range of services to our children in our community who are grieving."

The Elizabeth Hospice is a nonprofit health care leader that provides medical and emotional support to patients and families facing the challenges associated with an advanced life-limiting illness and restores hope to children and adults grieving the loss of a loved one. The organization's comprehensive Children's Bereavement Program helps make it possible for children and teens to have a brighter future.

Registration for the Swing Fore Hope Golf Classic tournament and dinner is now open at <http://www.elizabethhospice.org/swing>.

For more information and sponsorship opportunities, email golf@ehospice.org or call Tylie Daniels at 760-796-3708.

Submitted by The Elizabeth Hospice.

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ENTERTAINMENT

Calling for entries for the “Hello Autumn!” art competition



“Fall on the River” Julie Compton, Fallbrook



“Falling for You” Lori Beach, Temecula

FALLBROOK – Fallbrook Propane Gas Company, sponsor of the “Hello Autumn!” art competition is calling for entries. Artists in the community are invited to create a “Fall” themed work of art.

There are three categories. In the two-dimensional and three-dimensional categories, cash

prizes are first place – \$300, second place – \$200, and third place – \$100. The photography category cash prizes are first place – \$150, second place – \$125 and third place – \$100. In addition, the Fallbrook Chamber of Commerce will award one cash prize of \$150 for their overall “Chamber Pick.” Artwork must be delivered

to the Fallbrook Chamber of Commerce office Saturday, Sept. 30 between the hours of 9:30 a.m. and 1 p.m. The office is located at 111 South Main Avenue.

The community is invited to vote for the People’s Choice Award Oct. 3 through Oct. 21 at the Fallbrook Chamber of Commerce office. The hours are Monday

through Thursday 10 a.m. to 4 p.m., Friday 10 a.m. to 3 p.m., and Saturday 9 a.m. to 1:30 p.m. The winner will be contacted the evening of Oct. 21.

To register or request the Rules and Entry Form, contact Anita Kimzey at 714-222-2462 or fpgcartcompetitions@gmail.com. The Rules and Entry Form can

also be picked up at Fallbrook Propane Gas Co., Fallbrook Chamber of Commerce (or downloaded from their website at fallbrookchamberofcommerce.org), The Gallery FAA at 300 No. Brandon and the Green Art House at 1075 S. Mission Road Ste. D.

Submitted by Anita Kimzey, Event Coordinator.

Fallbrook Library to host piano concert Aug. 22

FALLBROOK — The Freaney and Friends’ free August piano concert will be held Tuesday, Aug. 22, at 1 p.m. in the Community Room at the Fallbrook Library and will feature San Diego State University students Elenna Hayek and Chris Chapman, who will be introduced by Sonya Schumann, piano professor at San Diego State University.

Elenna Hayek is studying piano performance. She is in the senior year of her bachelor’s degree program. Along with her love for music, she is also passionate about writing icons, calligraphy, religion, poetry and literature. She has participated in the Concerto Competition held at the university. She played a role in Sarah Shields’ opera, “Opera 101,” where she not only accompanied but acted in the opera as well. Hayek strives to give her talents back to the community. She has studied under Ching-Ming Cheng, who is a piano faculty member at California State University San Marcos, and Schumann. Hayek said she enjoys and values teaching piano greatly. She teaches at her parish church, St. John’s Chaldean



Pianist Elenna Hayek is working on a bachelor’s degree in piano performance from San Diego State University.

Catholic Church in El Cajon. She strives to create a safe and fun environment where her students can be themselves and express

themselves. She will perform Prelude and Fugue in C# minor, BWV 849 by J. S. Bach, Sonata in F Major, Op. 10, No. 2 by



Pianist Chris Chapman is working on a bachelor’s degree in music from San Diego State University.

Ludwig van Beethoven: I. Allegro, II. Allegretto and III. Presto and Gretchen am Spinnrade, D.118 by Franz Schubert, trans. Franz Liszt.

Village News/Courtesy photos

Chris Chapman is a pianist, teacher, chamber musician and composer from New York who works and resides in San Diego. He is a sensitive performer and admirer of all musical styles from classical to avant-garde to contemporary. Chapman studied with Karen Follingstad and Laurie-Jeanne Lister and received instruction and master classes from Emanuel Ax, Tina Chong, Matt Falker, Sarah Lopez, Branden Muresan, Alina Kiryayeva, Wan-Chin Chang and William Cratty. He is currently finishing a bachelor’s degree in music at the university and has played keyboard and piano with the MiraCosta Symphony Orchestra. As a teacher, he aids students in finding both their personal style and the joy in music, and he delights in frequent collaboration with friends and fellow students at the university. He will perform Sonata in D Major, K.284 by Wolfgang Amadeus Mozart: I. Allegro, II. Rondeau en polonaise, III. Andante (Tema con variazioni) and Ballade no. 1 in G minor, op. 23 by Frederic Chopin.

The concert is supported by the Friends of the Fallbrook Library, 124 S. Mission Road, in Fallbrook.

Submitted by Fallbrook Library.

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Emerson College student Ozzy Molloy participates in stage productions of ‘Cabaret,’ ‘The Loyals’

BOSTON – Emerson College student Ozzy Molloy of Bonsall participated in the stage production of “The Loyals” and “Cabaret.” Molloy is majoring in stage and production management and is a member of the class of 2026.

“The Loyals,” a comedy about treason, in conjunction with NewFest: New Play Workshop, was featured March 30 to April 2 in the Semel Theatre in Boston. Written by Allison Gregory and directed by Courtney Sale, the play is about a divided young country in the midst of a revolution. A bright, 18-year-old socialite becomes the wife of infamous war-hero-turned-traitor Benedict Arnold, and together they set out to undo America.

“Cabaret,” which was performed April 20-22, in the Cutler Majestic Theatre in Boston, takes place in a Berlin nightclub in the late 1920s and is a story about the danger of complacency during adversity – a present and necessary warning. Credit for the musical goes to the book by Joe Masteroff, based on the play by John Van Druten, stories by Christopher Isherwood, music by John Kander and lyrics by Fred Ebb. The production was directed by Ilana Ransom Toepfritz, with music direction by Sariva Goetz and choreography by Christopher Shin.

Emerson Stage and the Department of Performing Arts are where the next generation of actors, designers, stage managers, technicians, administrators and educators work alongside distinguished faculty, professional staff and visiting artists to bring skills learned in the classroom to



Stage and Production Management student Ozzy Molloy of Bonsall participates in the stage production of performances at Emerson College in Boston. Village News/Courtesy photo

vibrant life on stage.

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Submitted by Emerson College.

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Sheriff's Dept. shares National Night Out with the community

FALLBROOK –There was a great turnout for National Night Out, which is all about community and camaraderie. The Fallbrook Village Association and the Fallbrook Vintage Car Club invited the San Diego County Sheriff's Department to participate.

San Diego County Sheriff's Search and Rescue brought "Gaia" the dog to discuss the importance of not hiking in the heat while SDG&E discussed the wildfire season.

The Sheriff's Transportation Unit brought their truck and citizens were able to take a tour. The Sheriff's Bomb Arson unit brought their robot and truck. The Sheriff's Special Enforcement Detail (SWAT) was in full force with the Bearcat and the Sheriff's Mounted Patrol brought "Soldier" the horse.

Recruiting was there with some great swag and discussed the many career opportunities at the department. The Sheriff's K-9 Unit did an incredible demo with Fallbrook's Station's very own K-9 "Atlas."

"McGruff" made a special appearance, not to mention the senior Volunteer Patrol which had a recruiting booth, and participants were treated to a vintage car show, live band, face painting, Starbucks, food trucks and giveaways.

All in all, it was a great way to show the community how much Fallbrook Substation appreciates the community they serve!

Submitted by Sheriff Dept.'s Fallbrook Substation.



The Shafters Car Club displays some of its vehicles along Main Avenue for the Summer Night/National Night Out event.



Members of the Senior Volunteer Patrol, left, join deputies and Search and Rescue personnel along with Crime Prevention for the National Night Out event, Aug. 12.

Village News/Courtesy photos



The Bomb Squad's truck and suit are on display.



Fallbrook royalty attend the National Night Out, from left, Miss Teen Fallbrook Second Princess Morgyn Stack, Miss Teen Fallbrook Sarah Palmer, Crime Prevention Specialist Heather Mitchell, Miss Fallbrook First Princess Hannah Burke and Miss Fallbrook Second Princess Zolinn Cass.



Kevin Moyles + the Nightriders perform in Vince Ross Village Square for the Summer Nights Out event.



Crime dog McGruff makes a rare appearance with the sheriff's K-9 units.



The Sheriff's Crime Lab offers fingerprint records for kids.

REAL ESTATE & HOME and GARDEN

Rose Care FUNdamentals for August 2023

Frank Brines
ARS Master Rosarian

Summer is certainly upon us – and based on past experience, it's only going to get hotter before it gets cooler. I didn't need to tell you that at the beginning of August, did I? The year 2023 is and has been very unusual weather wise breaking records all over the globe.

Since high summer temperatures and less-than-ideal conditions for roses are inevitable for the next couple of months, let's get ready. Stroll through your gardens in the morning, look for leaf wilt, drying or discoloring of leaves and the general leaf reflectance, which is called surface luster. If it appears dull, investigate the plant for disease, drought or pests.

If you've taken my advice, you're letting your roses continue their summer dormancy until about mid-September. Struggling to remain hydrated will likely produce poor quality blooms. Just remove and discard the withered petals and let the hips develop, keep the bed clean of debris and don't fertilize. Be sure your irrigation program is in good condition and delivering needed water. It doesn't take long for a rose to suffer once its irrigation supply fails.

When temperatures range in the 90 F zone, roses like most living things perspire which requires

intake of more water to keep cool and live. Roses "perspire" through cells along the edge of the leaf. If there is not sufficient moisture in the root zone, browning of the leaves results. It is a sign of heat stress and needs immediate attention. This situation also limits bloom size, color and appearance of burned crinkled petals. It is why as much as 12 gallons of water per week is needed for the rose just to survive let alone produce lovely beautiful blooms.

I suggest only removing the petals of any roses that bloom and any fallen debris. Do not fertilize and increase the water. Let the plant rest the best it can. In the event that foliage becomes so stressed from heat and turns brown, dead ones fall off. Be careful not to remove so much that the cane becomes unprotected from the sun and gets sunburned which could kill the plant.

I took a few photos in my garden this morning. I now live in an area that isn't quite as warm as the Temecula Valley so I'm sure gardeners have seen something similar in their gardens with the recent temperature records. The size and color of this rose is not typical of the variety due to the heat.

The sawfly is active now also. It is usually a minor character but can create havoc if left alone and becomes prolific. On new growth,



Heat damaged roses have limited bloom size, color and appearance of burned crinkled petals.

Village News/Courtesy photos

it can kill the new vegetation. It's also called the "cane borer" because it bores into a cane and lays eggs. I have these insects in my own garden; note the sawdust on the cane.

Chilli thrips are a year-round pest, but they love hot summer days best. They are 0.016 inches to 0.024 inches long, one fourth the size of the western flower thrip. Gardeners will know chilli thrips are present only when new foliage and blooms are already damaged. Blooms will be deformed, discolored and outer petals will be darkened. Buds will be distorted, darkened and may not open with misshapen distorted new foliage and bronzing on the back of new leaves.

Chilli thrips love all new foliage and bloom colors, unlike western flower thrips who prefer light colors. It's astounding the amount of damage they can do in a very short time. Control is easiest in the earliest stages since a severe infestation can rapidly defoliate a rose bush and your other plants too.

During hot weather the life cycle for chilli thrips is 11 days. Part of that time is spent in soil or debris under the plants. The larvae stage molt into a pupal stage and usually enter the soil or debris to eventually emerge as adults. Only the larvae and adults are in the feeding stages. Adults are dispersed by wind over long distances.

Integrated pest management stresses the importance of cultural, mechanical and biological controls before resorting to the least toxic chemical control. Since chilli thrips have a short life cycle of 11 days, gardeners must detect damage and implement a method of control immediately.

Cut out damaged buds, blooms and leaves; remove all fallen leaves and petals from the garden. A natural hero in the fight is the minute pirate bug which feast on all stages of this pest, as well as on spider mites, insect eggs, aphids and small caterpillars. You can actually buy them online.

If chemical control becomes needed, choose the least toxic spray and follow label directions. During infestation, all new growth will need to be sprayed weekly. Conserve or Captain Jack's Deadbug Brew concentrate are two organic sprays with active ingredient Spinosad. Spinosad will not harm ladybugs, green lacewings, pirate bugs or predatory mites. Spray early in morning or in evening after bees are less likely to be active and before temperatures reach the 80 F.

During the daily tour of the garden look for any changes. Examine the lower leaves. If they appear yellow or brown, have fine webbing and/or look dirty, there may be an infestation of spider mites. Some areas have experienced a real problem with spider mites this year. They thrive in hot weather. They're generally found on the undersides of those leaves.

A quick check can be made by lightly running your fingers across the underside of the leaf. If it has a small grainy feel, it most likely is the spider mite. A strong spray of water from below followed by an overhead shower should take care of the problem or, at least, hold it



Cane borer hole can be seen by the sawdust on the cane.



Chilli thrips cause deformed rose blooms with discolored outer petals.



Lacewings are part of an integrated pest management that stresses the importance of cultural, mechanical and biological controls.

in check. Give the shower early in the day so the plant has time to dry before the sun becomes hot. Do this every three days for 10-14 days, inspecting regularly. It may be necessary to repeat after a few days if the infestation is heavy.

Captain Jack's Deadbug Brew is a good product to use in this case. Removing the bottom leaves approximately 8 inches from soil level can help in reducing or eliminating the spider mite problem. It should be done earlier, before an infestation.

The world is dangerous enough for plants, but gardeners are also faced with risks. One is a dangerous fungus with the scientific name *Sporothrix schenckii*. It afflicts humans with the fungus infection sporotrichosis which is often referred to as the Rose Thorn or Rose Gardener's disease.

The fungus resides on hay, sphagnum moss, the tips of rose thorns and in soil. It can cause infection, redness, swelling and open ulcers at the puncture site. The fungus can also spread to the lymphatic system and move on to the joints and bones where it ends up attacking the central nervous system and lungs when the thorn or thorns are deeply embedded. A relatively uncommon condition, diagnosis can be complicated.

Physicians often mistake it as staph or strep infection. Be sure to inform your physician that you are a gardener so appropriate diagnosis and treatment are rendered.

Many people enjoy the fragrance and beauty of roses, and gardeners have often had their skin pierced by thorns. "Prickles" is the correct anatomical name. Good protective measures include wearing appropriate clothing, such as gloves, long sleeves or gauntlets, when working among roses and thoroughly cleansing even minor scratches and punctures with an antibacterial soap. Rubbing alcohol – which you should already have handy to clean your pruners – can be applied as an immediate wash until you can use antibacterial soap.

Anything more than a minor puncture should be watched carefully for signs of infection; seek medical attention as soon as possible if you show any of the signs described above. Even the simple things in life have risks – take precautions so you can stop and smell the roses. And when you've got a moment to spare, go visit Rose Haven, 30592 Jediah Smith Road in Temecula. The cross street is Cabrillo Avenue. Also, visit <http://www.TemeculaValleyRoseSociety.org>.



Heat damaged blooms are often of poor quality.



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Monetary policy versus fiscal policy, which is more powerful?



Bob Hillery
CR Properties

Spending more is popular with politicians and the public however, and those who seek to remain in their elected positions use taxes and spending to their own advantage (ever heard of pork barrel politics?).

So, which is the more powerful set of tools, monetary or fiscal policy? In their pure forms both can be equally effective, controlling inflation and promoting a healthy economy which includes a stable money supply that isn't inflationary.

However, the "experts" don't always agree (in fact, rarely do they). It's kind of like rooting for your team in the Superbowl, each believes their approach will win the day. But in fact, both are powerful for controlling the economy and inflation.

Regarding Fiscal policy, wouldn't it be great if the government had to operate like you run your household...don't spend more than you make. And then when the government spends taxpayer money, my belief is that it should only fund programs which benefit all the people (national defense, construction/repair of roadways, air traffic control).

Programs which only benefit a few people shouldn't be funded by taxes (welfare, tuition payoffs, incentives which only benefit a minority of people). Those should be funded by charitable organizations funded with voluntary contributions.

Monetary policy is meant to limit the money supply to prevent superheating the economy with

overly abundant amounts of money. But regrettably the President and the Department of the Treasury can authorize the printing of more money to increase the money supply because that kind of action is popular.

My belief is that there should only be new money printed to replace the damaged bills which will have an equaling effect on the money supply. When the government manipulates the money supply by buying or selling bonds the natural market forces which keep the economy balanced are then out of sync.

Left alone, the market will and does balance itself out, but impatient politicians want to tinker with the market to hurry the process which they then can take credit for doing something.

So, let's take this discussion to real estate. The government bought up bonds to keep the mortgage interest rates artificially low to make home purchasing easier for more people. When the government quit purchasing bonds, mortgage interest rates climbed sharply.

The governmental decision to buy bonds set up the current inflationary spike which has stubbornly held above target inflation rates. Trying to help the economy so politicians could boast about who helped right the economic ship, more long-term harm was done as we now have wages and salaries with significantly diminished buying power.

How do we then turn our

economy around? Speaking simplistically, quit raising the Federal Funds rate trying to make inflation go away. Quit overspending at the Federal government level, quit adding dollars to the money supply, quit funding special interest programs; in other words, we need to live within our means.

The aggregate of these

activities will put more money into people's pockets, they will allow the government to lower taxes and make it easier for new home buyers to save for a down payment on the home that they want to purchase. Home prices aren't going to go down but being able to save for a healthy down payment will create more home buyers.

We hear a lot about the Federal Reserve raising the Federal Funds rates, but what are they doing to try to combat inflation? To answer this effectively, a couple of definitions would be helpful so that we are all understanding the same terms.

Per Wikipedia and Investopedia on the internet, "monetary policy is used by the Central Bank to control the overall money supply to promote economic growth and employment strategies... and it does so by altering the reserve requirement, the discount rate and open market operations."

Fiscal policy is used by the Federal government which increases or decreases taxes and Federal spending to either cool off an overheated economy or to stimulate a sluggish economy.



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Introducing the Sonoran Blue Butterfly

FALLBROOK – Wings of Change’s Butterfly of the Month for August is the Sonoran Blue Butterfly and its host plant is the Bush Monkey Flower.

Wings of Change strives to raise awareness about the importance of preserving the natural habitats of butterflies and promoting the growth of host plants, like the Bush Monkey Flower. Planting native wildflowers in gardens and natural areas can help support these beautiful butterflies and create a haven for all pollinators to thrive.

Bush Monkey Flower grows kindly with other native species, including buckwheat and the ever-popular Narrowleaf Milkweed, which is the host plant of the Monarch Butterfly.

The Sonoran Blue Butterfly (*Glaucopsyche piasus*) is a species of butterfly native to the Sonoran Desert region of North America. Known for its striking blue coloration and intricate patterns, the Sonoran Blue Butterfly has captured the fascination of nature enthusiasts and scientists alike.

The Sonoran Blue Butterfly is a small to medium-sized butterfly with a wingspan of about 1-1.5 inches (2.5-3.8 cm). The upper side of its wings displays a vibrant iridescent blue color, which can shimmer and change in intensity when viewed from different angles. On the underside, the wings are pale gray with a series of dark spots and dashes that create a beautiful and intricate pattern. The females of this species tend



The Sonoran Blue Butterfly is native to the Sonoran Desert region of North America.

Village News/Brian Wright photo



The Sonoran Blue Butterfly can be found in various habitats within the desert, including dry washes, arid grasslands and rocky hillsides, preferring areas where their host plant, the Bush Monkey Flower, grows abundantly.

Village News/Ken Kurtell photo

to have broader wings compared to the males.

Primarily inhabiting the Sonoran Desert region, the Sonoran Blue’s geographic range spans across parts of the southwestern United States and northwestern Mexico. This butterfly can be found in various habitats within the desert, including dry washes, arid grasslands and rocky hillsides. They prefer areas where their host plant, the Bush Monkey Flower, grows abundantly.

The life cycle of the Sonoran Blue Butterfly consists of four stages: egg, caterpillar (larva), pupa (chrysalis) and adult. The female butterfly lays her eggs on the leaves of the Bush Monkey

Flower plant. Once hatched, the caterpillars feed on the plant’s leaves and buds. During the pupa stage, the caterpillar transforms into a chrysalis, where it undergoes a remarkable metamorphosis, turning into an adult butterfly.

The Bush Monkey Flower (*Mimulus aurantiacus*) plays a crucial role in the life cycle of the Sonoran Blue Butterfly. As the host plant, it provides essential resources for the butterfly’s survival. The adult female butterfly selectively lays her eggs on the Bush Monkey Flower because the caterpillars need specific nutrients from this plant to grow and develop successfully.

The Sonoran Blue caterpillars

rely on the leaves and buds of the Bush Monkey Flower as their primary source of food. By feeding on this plant, they gain nutrients that allow them to grow and eventually metamorphose into beautiful adult butterflies. The presence of the Bush Monkey Flower in the Sonoran Desert is vital for the survival of the Sonoran Blue Butterfly population.

Not only does the Bush Monkey Flower host the Sonoran Blue, but also up to eight other native butterfly and moth species. This species of flower is especially important in the pollinator world because the flowers stay open at night and do not need supplemental water. This feature is critical for

nighttime pollinators like bats and moths. Therefore, Bush Monkey Flower should be planted in banks and other dark areas to create more natural habitat for these important species.

Bush Monkey Flower blooms in winter, summer and spring. The flower colors are orange, red and yellow. They can grow up to five feet tall and five feet wide. It can grow in partial sun or full shade, and once established, only needs watering once a month. It is deer-resistant, hummingbirds and butterflies love it, and an essential component for any butterfly garden.

As a nonprofit organization, Wings of Change relies on the generosity of individuals to fund the conservation efforts. Contributions enable the organization to continue distributing seeds, organizing planting events and conducting educational programs. Join the efforts to create a positive impact on the environment and ensure a flourishing future for butterflies.

To learn more about the Butterfly Seed Distribution and Butterfly Habitat Programs, visit www.wingsofchange.us. Sign up to receive a free native wildflower seeds kit, complete with Bush Monkey Flower seeds and planting instructions. Join upcoming planting events and be a part of a thriving community committed to preserving natural heritage.

Help spread the word about the importance of pollinator conservation and the vital role the Sonoran Blue Butterfly plays in the ecosystem. Raising awareness can inspire more people to take action and become stewards of nature.

Submitted by Wings of Change.

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LAFCO approves RCD advisory committee recommendations

Joe Naiman
Village News Reporter

San Diego County's Local Agency Formation Commission has an advisory committee on the county's three resource conservation districts, and an 8-0 LAFCO vote Aug. 7 approved recommendations for the advisory committee's second year.

The LAFCO motion was to receive the report on the first-year activities of the ad hoc advisory committee and specific recommendations for the second year. The recommendations address functions, boundaries, funding and the structure of the ad hoc committee itself.

A resource conservation district does not have regulatory power but is classified as a special district and is thus subject to LAFCO governance. Resource conservation districts were formed to control water runoff and prevent soil erosion. They are now also involved in watershed management, recreational area management, urban and agricultural irrigation and water use, water quality, forest land productivity and public education for children and adults.

LAFCO undertakes periodic municipal service reviews for all special districts. A municipal service review evaluates services and anticipated needs. A sphere of influence study determines the boundaries best served by a particular agency. LAFCO approved municipal service review and sphere of influence updates for the three RCDs in Feb. 2021. The advisory committee was created in Aug. 2022.

The RCD of Greater San Diego has a 2,889 square mile boundary and includes 13 incorporated cities as well as unincorporated land ranging geographically from Otay to Valley Center and Borrego Springs. The Mission RCD encompasses 185.2 square miles and includes Fallbrook, Bonsall, DeLuz, Rainbow and a portion of the City of Oceanside. The Upper San Luis Rey RCD includes a portion of Rainbow along with Pala, Pauma Valley and Warner Springs; its 402 square mile boundary includes approximately 88 square miles of sovereign Indian reservation land which are not part of the RCD. The RCD of Greater San Diego has an office in Lakeside, the Mission RCD office is in Fallbrook and the Upper San Luis Rey RCD does not have its own building but holds board meetings at the Yuima Municipal Water District office in Pauma Valley.

The RCD of Greater San Diego and the Mission RCD both perform activities which extend beyond the boundaries of their agencies. The Fire Safe Council of Greater San Diego County is part of the RCD of Greater San Diego activity and works with 41 locally-formed community fire safe councils. The San Diego County Water Authority contracts with the Mission RCD to conduct agricultural water management services, residential surveys and full landscape audits. Those activities conflict with current LAFCO restriction of the RCD activity to within its jurisdictional boundaries.

The state principal act for RCDs

authorizes them to perform soil erosion, water conservation, wildlife enhancement and agricultural enhancement services. Any additional services would require LAFCO to activate latent powers for those services including the RCDs' current water distribution and erosion stabilization services.

The principal act was last updated in 1971. In 2014, the State of California adopted the Sustainable Groundwater Management Act (SGMA) whose purpose is to strengthen local groundwater. The SGMA required local agencies to form a Groundwater Sustainability Agency (GSA) for high-priority and medium-priority basins by July 2017 and had a Jan. 2022 deadline to develop plans to achieve long-term groundwater sustainability. The San Luis Rey Valley Groundwater Basin, which the state Department of Water Resources defines as beginning at the confluence of the San Luis Rey River and Paradise Creek and ending at the Pacific Ocean within the Oceanside city limits, is designated as a medium-priority basin. The Upper San Luis Rey RCD is a partner for the GSA addressing the San Luis Rey Valley Groundwater Basin.

The advisory committee has nine members. The general managers of the RCD of Greater San Diego, the Mission RCD and the Upper San Luis Rey RCD are on the committee, each RCD chose one board or staff member to be part of the committee, and LAFCO consultant Adam Wilson selected at-large members representing water, fire and agriculture.

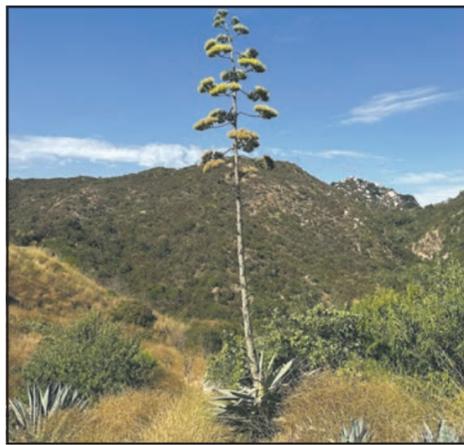
The committee met five times between Oct. 2022 and May 2023. The ad hoc committee developed a master memorandum of understanding subsequently signed by all three RCDs to coordinate their service programs in the future and to establish protocols to guide interagency projects when applicable including agreements to partner on grants which necessitate work beyond individual RCD boundaries and to divide activities as either a co-applicant or a subcontractor based on expertise rather than geography with proper compensation.

"It was productive and useful for us," Wilson said.

The recommendations for the second year include LAFCO receiving and filing the memorandum of understanding as a participatory party to the agreement. "Usually they work it out before it comes to us," said County Supervisor Jim Desmond, who chairs the LAFCO board.

The other recommendations are to conduct a geographic information system (GIS) mapping exercise to update and formally codify each RCD's boundaries, to provide an overlay in the mapping which illustrates each RCD's programs and services, to eliminate the at-large members of the ad hoc committee while retaining the six members from the RCDs, to advise LAFCO staff on developing a new contemporary list of RCD service functions and class designations which would align with an updated principal act, to identify any appropriate boundary changes and to identify any future changes to RCD funding mechanisms.

Annie the Century Plant is blooming



Annie the Century Plant is approximately 20-30 feet in height and in full bloom.



Annie the Century Plant, with Village News/Courtesy photo a lifespan of 20-30 years, will only bloom once.

Village News Staff

Out by De Luz near Ross Lake, Helayne Frankel didn't know anything about the Century Plant, but has witnessed the daily growth of her plant which she calls Annie.

Frankel was surprised to find out that the Century Plant, which has been believed to bloom every 100 years, actually blooms after 20-30 years and only once in its lifespan. Annie the Century Plant is approximately 20-30 feet in

height and is in full bloom, which will last another week or so. "Thank you, Mother Nature, for this incredible spectacle of beauty," Frankel said about the plant.

Defaulted bills being mailed to over 28,000 property taxpayers

Paying online at sdttc.com is fast and free

SAN DIEGO — San Diego County Treasurer-Tax Collector Dan McAllister announced that this week his office has begun mailing defaulted tax bills to property owners who have prior year unpaid property taxes.

The Treasurer-Tax Collector's Office (TTC) sent reminder notices to late taxpayers in May, warning them that they will have to pay more if their taxes go into default. The 28,912 parcels that remained unpaid will receive their defaulted bill in the coming week.

"We work hard to inform homeowners of the late fees that incur as a result of nonpayment, warning them along the way that additional penalties are coming," said McAllister. "Our

annual collection rate is right around 99%, which shows that the majority of San Diegans pay on time. For those who still owe, paying online at sdttc.com is fast and free."

The defaulted bills total over \$170 million. The deadline to pay the 2022-2023 annual tax bill was June 30. Per California Revenue and Taxation Code, beginning July 1, each late bill will incur a 1.5% penalty each month (18% per annum) that it remains unpaid. That is on top of the 10% penalty added for each late installment.

Threat of increased penalties is not the only incentive for people to pay their taxes. Under California State law, the Tax Collector may sell any or all portions of

properties that have been in default for five or more years. McAllister encouraged taxpayers to make future payments via the free e-check payment system at www.sdttc.com.

Reasons to pay property taxes online:

- The sdttc.com website is secure.
- Paying online is better for the environment.
- The payment system is fast and easy to use.

Customers with tax collection questions can call 1-877-829-4732.

Submitted by San Diego County Treasurer-Tax Collector's Office.

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SPORTS

Khoury wins boys' 13-14 pole vault at national Junior Olympics championships



Kingston Khoury, 13, wins the boys' 13-14 pole vault at USA Track & Field National Junior Olympic Championship.

Village News/Courtesy photos



Kingston Khoury receives first place for having a height of 3.45 meters, or 11 feet, 3 3/4 inches.

Joe Naiman
Village News Reporter

The USA Track & Field National Junior Olympics Championships track and field meet was held July 24-30, at Haywood Field in

Eugene, Oregon, and in Fallbrook. Kingston Khoury, 13, won the boys' 13-14 pole vault.

Khoury had a height of 3.45 meters, which equates to 11 feet, 3 3/4 inches. Alaska Pole Vault Club member Micah Olsen of Fairbanks

also cleared 11-3 3/4, but Khoury cleared that height on his first attempt. Since Olsen did not reach that height until his third attempt, Khoury was given first place and Olsen received second place. Braeden Yokoyama of Pomona

cleared 3.15 meters, or 10-4, for third place. Olsen and Yokoyama are both 14 years old.

This year's USA Track & Field National Junior Olympics Championships was the first for Khoury, a Fallbrook resident and

incoming Sullivan Middle School eighth-grader. Khoury has been pole vaulting for just over two years.

Joe Naiman can be reached by email at jnaiman@reedermedia.com.

Warriors' football practices ramped up for upcoming season

FALLBROOK –Local high school football athletes showed up for the official opening week of football practice July 31. Although the teams had practices during the summer months, both varsity and junior varsity athletes practice schedules ramped up to two practices a day to prepare for the start of the 2023 football season.

Both teams had their first scrimmages Aug. 11 at their home field, Fallbrook High School Football Stadium, and their first games of the season are in Vista Aug. 18.

Varsity head coach Ross Johnson explained, "Nine football practices in six days in the August heat is difficult. It is meant to be difficult. You learn who is



Fallbrook High School varsity athletes work with Coach Dean during football practice. Village News/Courtesy photos



Landyn Humes is getting practice as the holder for field goals in preparation for the 2023 football season.



Alan Leon is warming up with the quarterbacks during football practices, which have been ramped up to two practices a day.

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determined to persevere through tough circumstances. That's the most important thing we all learn from the first week of practice. I'm pleased with what I've seen so far from the kids in our program. I believe we have a group that will continue to embrace the hard work so we can perform at a high level every Friday night."

Junior varsity head coach John Hollcraft said, "Opening week is a long tradition for high school football players that's challenging and not fun at times, but necessary for becoming a team. Wearing the same name on the front of your jersey and the same color helmet

doesn't mean you're a team. Teams are developed with the trials and tribulations of the summer's work in hot uncomfortable conditions, when nobody else is watching. It's the moments when players feel like giving up or taking plays off, but instead look at their teammates

for support and inspiration that makes a team. Many of our JV players are attending high school for the first time and don't know many people at the school. This time together gives them a chance to meet others in the same boat; some of which they will be friends with for decades to come. I am proud of the work our guys have put together so far as they have taken big steps forward in just a week. Now we get ready for a scrimmage against RBV to get a better idea of what we are working with as we prepare for our first game in Vista on Aug. 18."

To follow the Fallbrook High School Football Warriors season, visit <https://www.maxpreps.com/ca/fallbrook/fallbrook-warriors/>, for the most concise and up to date game schedule. Go Warriors!

Submitted by Fallbrook Football Boosters Club.

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Dominant Soul paces correctly and wins

Joe Naiman
Village News Reporter

After five consecutive races of finishing no higher than fifth, San Luis Rey Training Center six-year-old Dominant Soul won the eighth race Aug. 10 at Del Mar Thoroughbred Club.

“He learned something today,” said Paula Capestro, the owner and trainer of Dominant Soul.

The Aug. 10 race was one mile on the turf, the same as Dominant Soul’s previous win at Del Mar Aug. 19, 2022. His Sept. 10, 2022 race at Del Mar was also one mile on the turf; he took an early lead and was in front after three-quarters of a mile but finished tenth. His Nov. 26 race at Santa Anita Park was 1 1/16-miles on the turf; he led from just after the start of the race to the stretch before finishing sixth.

Dominant Soul was in front during the entire 1 1/4-mile turf race Jan. 20 at Santa Anita before falling to sixth during the stretch. He had a lead during the one-mile turf contest March 25 at Santa Anita and finished sixth. He then raced July 22 at Del Mar and held second for most of that one-mile turf race before finishing fifth.

“I knew he had the speed. He couldn’t control it,” Capestro said. “I’ve been trying to get him to lay off.”

During the Aug. 10 race, Dominant Soul entered the stretch half a length behind San Luis Rey four-year-old Cane Creek Road, trained by Doug O’Neill, before taking the lead in the stretch. Cane Creek Road finished fourth and Dominant Soul finished a neck in front of Derecho Dandy, who was third entering the stretch.

“He laid off the pace, which was tactical, and made a run,” Capestro said.

“He settled beautiful,” said jockey Jose Valdivia Jr.



Six-year-old Dominant Soul and jockey Jose Valdivia Jr. won the eighth race.



Derecho Dandy, left, and Dominant Soul race during the Aug. 10 race at Del Mar Thoroughbred Club. Village News/Benoit photos

Valdivia has been Dominant Soul’s jockey for the horse’s last nine races, and three of those have been wins. “It’s always great to win for Paula. She’s been a big supporter of mine,” Valdivia said.

Capestro’s previous win was May 6 at Santa Anita with Mitico, which gave Valdivia his 2,000th career victory.

The Aug. 10 race was for horses three years old and upward who had not won a race in 2023. Nine horses contested the race, and Dominant Soul had the outside post position.

Cane Creek Road and rider Antonio Fresu broke first. Dominant Soul and Valdivia were the second entry out of the gate.

“He broke sharp, he didn’t let the leader get too far away,” Capestro said.

Cane Creek Road covered the first quarter of a mile in 23.09 seconds. He had a two-length

lead over Dominant Soul, who was a length in front of New York Dreams. Cane Creek Road still had a two-length lead over Dominant Soul after half a mile, which took Cane Creek Road 46.61 seconds, while New York Dreams was half a length behind Dominant Soul and a length ahead of fourth-place Derecho Dandy.

Three-quarters of a mile into the race, Dominant Soul had reduced Cane Creek Road’s lead to one length. “He’s going to make the leader work for it,” Capestro said.

That distance took Cane Creek Road 1:10.83. Derecho Dandy had moved into third and was a length behind Dominant Soul and half a length in front of New York Dreams.

Cane Creek Road reached the stretch 1:23.05 into the race. Dominant Soul was half a length

behind the leader and half a length in front of Derecho Dandy.

Dominant Soul passed Cane Creek Road in the stretch. Derecho Dandy moved into second later in the stretch and challenged Dominant Soul, who maintained the lead.

“He was able to hold him off and hold him off well,” Valdivia said.

“That’s a good race, the race I always wanted him to run,” Capestro said. “He’s got the speed to maintain that, but he doesn’t have to have the lead.”

Capestro noted that not needing to lead the race makes Dominant Soul a more tactical horse.

Dominant Soul had a winning time of 1:35.25. Derecho Dandy finished 1 1/4 lengths in front of Light Fury, who crossed the finish line half a length ahead of Cane Creek Road.

“I just loved the ride. It was

a perfect Jose Valdivia ride,” Capestro said.

Dominant Soul was foaled in Kentucky April 7, 2017. He was sired by Dominus out of Forest Melody.

The win was the fourth in 25 career races for Dominant Soul. Three of those victories were at Del Mar including his first win July 27, 2020. “Dominant Soul likes this racetrack,” Capestro said.

The \$26,400 first-place share of the total \$46,000 purse Aug. 10 brought Dominant Soul’s career earnings to \$167,651. Capestro has not yet decided whether Dominant Soul will race again during this year’s Del Mar summer meet, which concludes Sept. 10. The decision will be based on how Dominant Soul recuperates from his most recent win. “We’ll have to see how he comes out of it,” Capestro said.

Morgan named Valley League girls lacrosse player of the year

Alvarez-Lindenmeyer, Sanchez, Uresti also first-team, eight Warriors honored

Joe Naiman
Village News Reporter

The Valley League girls lacrosse coaches selected Shea Morgan as the league’s 2023 Player of the Year.

Morgan was one of four Fallbrook players on the all-league first team. Gianna Alvarez-Lindenmeyer, Taylor Sanchez and Jasmine Uresti were also first-team Valley League selections. Eight Fallbrook players received all-league recognition; Erica Garcia and Maya Pack were given second-team honors while Neveah Brugman and Aylin Ramirez were honorable mention selections.

“This was a successful year,” Berg said.

The Warriors were 5-0 in Valley League play to give the program its first-ever league championship. Fallbrook’s 17-3 overall record includes a 1-1 record in the CIF Division II playoffs.

Morgan was a junior for the 2023 season. As a sophomore in 2022, she played low defense for the Warriors and was an honorable mention all-league player. She transitioned to midfield for 2023.

During her junior year, Morgan scored 115 goals. “That was the piece that stands out the most,” Berg said.

Morgan also had four assists, 10 interceptions, 43 draw controls and 55 ground balls.

The 2022 season was the first for Morgan, as she did not play in her freshman year. “The amount of growth that we have seen in the two years is just a testament to her athletic ability,” Berg said. “She just picked up the game.”

Morgan earned Valley League first team recognition in two different spring sports for 2023. Track and field event league champions automatically receive all-league first team recognition, and Morgan won the Valley League championship in both the girls 100-meter dash and the girls 200-meter dash.

Track and field league champions automatically qualify for the CIF preliminaries, so Morgan also had a post-season in that sport. The Division II track and field preliminaries were held May 13 at University City High School, and Morgan had the seventh-place time of 12.55 seconds in the 100-meter

dash while placing ninth in the 200-meter dash with a time of 26.10 seconds.

Uresti also competed in track and field as well as lacrosse during her junior year, and her 400-meter run time of 1:02.68 placed 13th in the preliminaries. The girls 4x100 relay team of senior Kilala Stone, Uresti, Morgan and senior Hailey Reed completed their lap in 51.19 seconds for 10th in the Division II preliminaries.

The athletes in each division preliminaries with the top nine times or distances in each event advance to the CIF finals, which this year were held May 20 at Mount Carmel High School. Morgan placed eighth among Division II girls in both of her races with times of 12.78 seconds in the 100-meter dash and 26.03 seconds in the 200-meter dash.

Sanchez, who was a junior in 2023, also played midfield. She had 61 goals, 10 assists, 33 draw controls, 26 ground balls and three interceptions. “Other coaches could see the leadership on the field, and she manages the game very well as a middle,” Berg said.

Last year, Sanchez was on the Valley League second team.

Alvarez-Lindenmeyer, who was a sophomore during the 2023 season, and Uresti are defenders. “They are a super strong defensive line. They all stop the ball. They are also very vocal about the communication that’s necessary,” Berg said. “They just stood out in the league as formidable defensive players. They’re aggressive and they stop the oncoming drives.”

Uresti had 42 ground balls, 15 draw controls and three interceptions. She also scored 20 goals. “She’s recognized by other coaches for her aggressiveness in her defense,” Berg said.

Alvarez-Lindenmeyer had 39 ground balls, nine draw controls and five interceptions along with 15 goals and one assist. “She was also recognized for her defense,” Berg said.

Last year, Alvarez-Lindenmeyer was an honorable mention all-league selection as a freshman.

Fallbrook’s four Valley League first-team berths for 2023 double the two the Warriors had in 2022, and Fallbrook had one first-team player in 2021. “This says we are growing year after year, and we

are beginning to dominate our league,” Berg said.

Both of Fallbrook’s first-team players last year were seniors. The 2022 Warriors were second in the final Valley League standings with a 4-2 record and were 17-4 overall including a first-round playoff win and a quarterfinals loss.

Five of Fallbrook’s 2022 all-league players returned for 2023,

and all five received all-league recognition. Garcia was also on the Valley League second team last year, and Pack was given honorable mention accolades.

Garcia was a senior in 2023 and Pack was a junior. Garcia played midfield, giving all three Fallbrook starting midfielders all-league designation. She scored 23 goals, added two assists and had 34

ground balls and 16 draw controls. Pack was Fallbrook’s goalkeeper. She made 161 saves along with five interceptions, and she also had three ground balls and one draw control.

Brugman and Ramirez both played attacker. Brugman was a junior and Ramirez was a freshman.













FREE

Ages 3 through High School

Our AWANA Club Meets Every Tuesday

from 6:15 to 8:00pm

Each week kids will play games, have a Bible study and memorize God’s word.

AWANA Club Starts August 15, 2023

Register Online at www.lifepointefallbrook.com



LifePointe
CHURCH

LifePointe Church is located in the heart of Fallbrook on the corner of Hawthorne and Pico.

221 N. Pico Ave, Fallbrook

760-728-7771

“Approved Workmen are not Ashamed” // Timothy 2:15

EDUCATION

Brave Books reading at Fallbrook Library



Brave Books hosted an event Saturday, Aug. 5 Village News/Courtesy photos at the Fallbrook Library in the community room with a reading from teenagers to younger children with adult supervision.



During the Brave Books event, about 50 attendees prayed, sang My Country 'Tis of Thee and read three of the Brave Books.



The attendees of the Brave Books event Aug. 5 played a round of Kid vs Dad Joke Showdown, which the children won.



In addition to the readings and activities, the Brave Books hosts gave away 10 of the Brave Books to lucky raffle ticket holders.

Kids say the funniest things



Quotes from brothers Jameson, 7, and Seamus, 5, over the years. Submitted by their mother, Kathy Custer.

When Jameson was 3, he put a toy screw driver on his mother's arm and began to twist it...

Jameson: "Mom you're all screwed up."

(With a french fry still firmly stuck up Seamus's right nostril, we entered the waiting room of the second ER for the day. While standing in line to check in, Seamus, age 2, repeatedly expressed his

enthusiasm for wanting to sit in their big chairs. There were only five patients spread throughout the 75-chair waiting room. We finished checking in)...

Mom: "Ok Seamus, you may choose any chair you'd like to sit in!"

(Seamus takes his time looking around the room; really taking it all in to make the very best decision.)

Mom: "Which chair would you like to sit in?"

(Seamus fully extends his arm pointing directly at the chair nearest us. There was an elderly man, with

a cane, firmly sitting there, staring right back at Seamus.)

(A waiting woman-patient watching this, begins laughing.)

(Mother is also laughing)... Mom: "Um, that chair is taken. Is there an 'empty' chair that you would like to sit in?"

Mom: "Jameson, Ipo doggie was cuddling with you all morning; he loves you so much."

Jameson (age 3): "I love Ipo as much as a rocket blasting towards him."

Three UMGC students from Fallbrook named to Dean's List

ADELPHI, MD — University of Maryland Global Campus students Hector Fonseca, Ewelina Guzek and Gabriel Reyes of Fallbrook were named to the Dean's List for the spring semester.

To be eligible for the honor, a student must have completed at

least six credits during the term, earned a grade point average of at least 3.5 for the term and maintained a cumulative GPA of 3.5 at UMGC.

UMGC is the largest public university in the United States with 75 plus years of experience

educating working adults and more than 175 classroom and service locations worldwide.

Submitted by University of Maryland Global Campus.



Village News Sept 14-Oct 12

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www.foundationforseniorcare.org or call 760-723-7570.

Rotary Club welcomes FUESD staff back to school with a BBQ

FALLBROOK – The Rotary Club of Fallbrook held its annual Welcome Back barbecue for the staff of the Fallbrook Union Elementary School District Thursday, Aug. 10. FUESD staff members were treated to a lunch of burgers with all the fixings, chips and watermelon with cookies for dessert.

The event is held each year at Ingold Sports Park. Club President Ron Hall said the barbecue is a way for the club to honor the work of the classified, certificated and administrative staff members who do so much to care for the children in the community.

The Rotary Club of Fallbrook supports programs at both the elementary and high school districts. The club sponsors high school student delegates to the Model United Nations, recognizes Students of the Month and Employees of the Month, and provides scholarships to graduating high school seniors.

The club meets Thursdays at noon. For information about the Rotary Club of Fallbrook, visit their website at www.fallbrookrotary.org.

Submitted by The Rotary Club of Fallbrook.



Rotarians serve up burgers for FUESD staff at the Welcome Back BBQ at Ingold Sports Park Thursday, Aug. 10.

Village News/Courtesy photos



FUESD staff members line up for lunch at the Welcome Back BBQ.



Rotarians and FUESD staff members are all smiles at the Welcome Back BBQ.



FUESD staff members enjoy lunch at the Welcome Back BBQ at Ingold Sports Park Thursday.



FUESD staff members take a break from preparing for the new school year to enjoy the Welcome Back BBQ.



Rotarians Jack Wood, right, and Terry Decker fire up the grills for the FUESD staff Welcome Back BBQ.

REGIONAL

SAR K-9 Unit's first bloodhound completes training and reports for duty

Albert joined the San Diego County Sheriff's Department in January 2022 as a 13-week-old puppy. He was donated to the Sheriff's Department by the Honorary Deputy Sheriff's Association (HDSA). After more than a year of training, he is now serving our communities as part of the Sheriff's Search and Rescue (SAR) K-9 Unit. His special mission is to help find missing and at-risk people. Albert graduated from training at the end of March 2023 and received his badge from Sheriff Kelly A. Martinez.

The bloodhound is named in memory of Sergeant Don Albert Parker. Parker was a 25-year veteran of the Sheriff's Department and served as unit leader of SAR for nine years. He led the search for many high-profile cases that generated national and international attention. He was lost to brain cancer in 2018, but he is always in the county's hearts. Albert is the Sheriff's Department's way of honoring



13-week-old bloodhound puppy Albert was donated to the Sheriff's Department in January 2022.

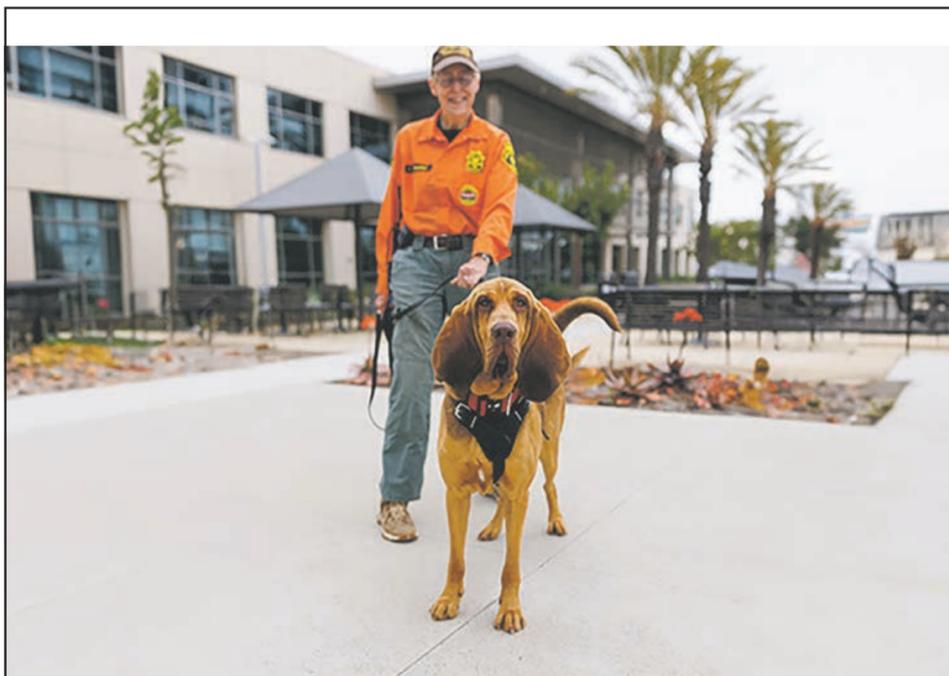
Parker for his dedication and passion to Search and Rescue.

Albert and his handler SAR K-9 Unit Leader Pam Medhurst are members of the National Police Bloodhound Association (NPBA). This group is comprised solely of sworn members of law enforcement, but they made an exception for Medhurst because of her 24 years of volunteer service and expertise in Search and Rescue. This makes Medhurst and Albert the only citizen volunteer members in the NPBA. The pair completed their certification during training and testing in Los Angeles in February 2023.

Albert is one of 18 dogs in the unit. SAR K-9 Unit members all undergo a five-month academy. Their dogs meet or exceed California guidelines for search and rescue dogs. Their handlers and K-9s recertify every two years.

The Sheriff's Search and Rescue is an all-volunteer unit. Together, they perform wilderness and urban rescues and search for missing people. Teams are available 24 hours per day to respond to local, state and federal agency requests. They also help the Sheriff's Department with evacuations during wildfires, flash floods and other natural disasters.

Submitted by San Diego County Sheriff's Department.



Albert completed his training and graduated in March 2023, and has received his badge from Sheriff Kelly A. Martinez. He and his handler, SAR K-9 Unit Leader Pam Medhurst, are ready to serve the community.

Village News/Courtesy photos

VILLAGE NEWS

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ADJUDICATION

Village News has been granted by the courts of San Diego County the right of adjudication, legal No. G1No13243. We can accept legal notices for publication.

PREVIOUS ISSUES

A limited number of previous issues of the Village News (more than one month old) are available for \$2.00 each, plus \$2.00 postage and handling (\$4.00 total cost). Call 760-723-7319 to order.

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Please submit all correspondence to our corporate office by e-mail, villageeditor@reedermedia.com. All correspondence must be dated and signed and include the writer's full address and phone number in order to be considered for publication. All letters are subject to editing to fit the publication's format. Deadline is Monday, 9 a.m.

The opinions expressed in Fallbrook/Bonsall Village News do not necessarily reflect the opinions of Fallbrook/Bonsall Village News staff.

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County on pace to meet 2030 climate action goals

Shauni Lyles

County of San Diego
Communications Office

The county is making climate action progress by providing clean air and water, green jobs and improving public health, according to the 2022 climate action report.

The county is helping the community thrive by protecting the region's diverse natural resources. In 2022, county teleworking and alternate schedules avoided 36.5 million miles of commuting.

The county also reduced electricity consumption at its

buildings by 46%, planted 3,913 trees and conserved more than 1,000 acres of open space. These accomplishments account for more than 25% of the 2030 emission reduction goals.

Here are some of the county's climate action measures:

- The acquisition of open space and agricultural easements.
- Tree planting initiatives and rain barrel programs.
- The reduction of emissions associated with fuel consumed by county fleet vehicles.
- The use of solar photovoltaic energy which is a renewable source of energy generated at

county facilities.

Since 2018 when the county officially began tracking climate action measures, it has:

- Conserved 8,766 acres of open space.
- Permanently set aside 2,135 acres of farmland.
- Planted more than 30,000 trees.
- Created 369 miles of bike lanes.
- Added 56 public electric vehicle charging stations.
- Distributed 10,493 rain barrels.
- Continued to support the use of clean energy by waiving solar permit fees.

Updates on all county greenhouse gas reduction measures can be found at <https://www.sandiegocounty.gov/sustainability/dashboard/>.

The county also continued to involve the community in other sustainability-related efforts, and implemented the Electric Vehicle Roadmap and updated the Climate Action Plan (CAP). The county is developing the Regional Decarbonization Framework to plan for a zero-carbon future for the region. For more on the CAP update, visit <https://www.sandiegocounty.gov/content/sdc/sustainability/cap.html>.



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300 plus pets traveled to Arizona for a new chance at finding homes



San Diego Humane Society carefully loaded 318 rabbits, Guinea pigs, hamsters and rats into transport crates and then into an air conditioned truck. Village News/Courtesy photos



San Diego Humane Society staff departed from the San Diego Campus for The Humane Society of Southern Arizona (HSSAZ) in Tucson.

More than 300 small pets from San Diego Humane Society traveled to Arizona for a new chance at finding loving families.

The mass transport — the largest in San Diego Humane Society's history — alleviated some of the pressure on the shelters, which set a new record of 2,584 animals in care July 7, 2023. The shelters are still at 175% capacity for dogs and 176% capacity for cats.

At 5:30 a.m. Aug. 7, staff members started carefully loading rabbits, Guinea pigs, hamsters and rats into transport crates and then into an air conditioned truck. Staff then departed the San Diego Campus at 8:30 a.m. and headed towards The Humane Society of Southern Arizona (HSSAZ) in Tucson. HSSAZ has a low inventory of small pets available for adoption and will also work with their local rescue partners to place these deserving pets into

homes.

San Diego Humane Society staff is planning to receive a nine-year-old dog named Bulma from HSSAZ. Bulma came in as a stray and has been with them since February. San Diego Humane Society hopes Bulma will benefit from the specialized care at their Behavior Center, as staff work to set her up for success while she waits for a new family.

Because San Diego Humane Society has reached such a critical level with pets in care, they are asking the community to help by volunteering or fostering animals. To sign up, visit sdhumane.org/volunteer. They also continue to encourage those who are facing the decision to give up their pets to use their resources at sdhumane.org/rehome and avoid bringing pets to the shelter.

San Diego Humane Society is so very grateful to HSSAZ for taking

in 318 rabbits, Guinea pigs, rats and hamsters and giving them a second chance in Arizona.

Submitted by San Diego Humane Society.

WE'VE GOT YOU COVERED!

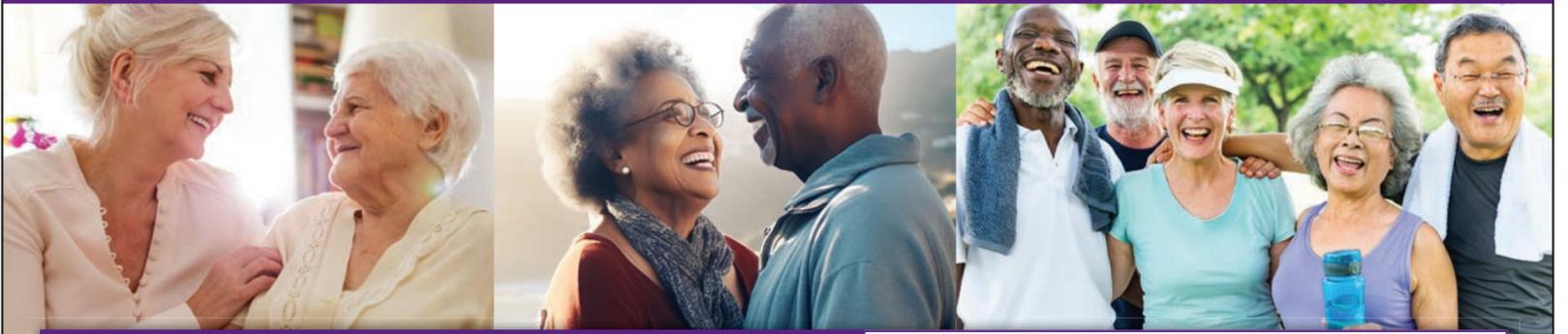
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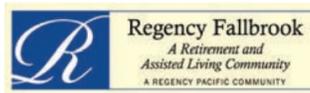
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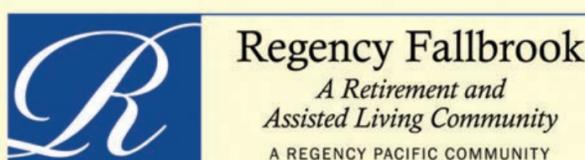
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OBITUARIES



Shirley Jo Wann Calvert passed away Aug. 4, 2023, at Vineyard Place in Murrieta, California from complications of Dementia. She was born in Canton, Texas and grew up on a farm about 60 miles south of Dallas, Texas in a little hamlet called Myrtle Springs. There was a gas station, a market, and a little park.

Everyone worked on the farm as soon as they were old enough. Some jobs, such as quilting, were fun for all. Her favorite quilt patterns were the "Little Dutch Girl" and the "Texas Star." Her first drawing was on Grandpa's house next to the front door of Auntie's little Dachshund.

As a toddler, Shirley moved to Fallbrook, California in 1938 during the Great Depression. At that time, Fallbrook was a sleepy little town with wooden sidewalks and lemons as the chief industry. In 1941, after the war broke out, her family moved back to the Texas farm where she attended third grade in Edgemont, Texas.

During Christmas of 1943, the family moved back to Fallbrook where she later met her high school sweetheart/soon to be husband, Marion Calvert. After getting married, Shirley and Marion moved to the Anchorage, Alaska USAF base for his tour during the Korean War.

After the war, and back in Fallbrook, Shirley started her art training at Palomar Junior College. She studied with many well-known artists, including Charles Reid in watercolors, and Sebastian Cappella in oil. She always felt that they had influenced her the most.

Throughout her artistic career, she was awarded many prizes. Also, much of her artwork was displayed in the U.S. and abroad, both in private and corporate collections.

Shirley dabbled in a variety of art styles, but when asked, she said that Plein-Air (in oil or watercolor) was her favorite style of painting. She would head out with a group of artists from the Brandon Gallery, Fallbrook Art Association, etc. to a different location each week to paint.

Even though art was her passion, she also enjoyed camping with the family, volunteering her time at the Angel Shop, working in her garden, and her dog, Bridget.

Shirley, beloved wife, mother, grandmother and sister, is survived by daughters Susan Marie Boren and Laura Lee Garmon, son Michael Marion Calvert, and their spouses Daryl Boren, and Holly Calvert respectively. She is also survived by several grandchildren.

Shirley's "Celebration of Life" will be held at a later date by all of her loved ones.



Richard Duane Phillips passed peacefully Sunday, Aug. 6, 2023. Born May 15, 1947, he spent most of his life in Southern California but served in Vietnam in 1968.

He lived life on his own terms, devoting countless hours to his true passion and unmatched talent for engine building and restoration. He loved fast cars and the peace and quiet of the home he built with his father.

Richard is survived by his daughter Megan, grandchildren Maeve and Jake, his siblings Deborah, Dennis and David, as well as many more extended family and friends who loved and appreciated him.



Jean Ellen Tiffany, 96, passed away on July 8, 2023, at her home in Fallbrook, California, surrounded by her beloved family. She was born in Turtle Creek, Pennsylvania, February 5, 1927 and lived in Fallbrook for the past 51 years.

She was known as a woman after God's own heart and our "Queen of Hearts" to her family and friends. Her generosity of spirit reached out to a hurting world and painted a smile on all the lives she touched. Her warm presence and hospitality made all that entered her door feel welcomed and special in their own right.

She was preceded in death by her husband of 58 years, Wendell (Bud) Tiffany, and her eldest son Stephen. She is survived by her daughter Jenell Tiffany, sons Jeff and Doug Tiffany and grandsons Tyler and Stephen Tiffany.

A celebration of Life was held at SonRise Christian Fellowship on July 26, 2023, followed by interment at the Fallbrook Masonic Cemetery. Donations can be made to SonRise Christian Fellowship in Fallbrook.

For God so loved the world that He gave his only begotten Son, that whosoever should believe in Him should not perish but have eternal life. John 3:16.

SHERIFF'S LOG

July 25	300 Blk E Alvarado St.	Report-Fraud -Obtain Money By Fraud:Cards
July 27	6400 Blk Rainbow Heights Rd	Fraud -Personate To Get Money/Prop[Over \$400]
July 28	300 Blk E Alvarado St.	Subject Stop -Miscellaneous Incidents
	30100 Blk Disney Ln	Report-Fraud-Obtain Money/Etc By False Pretenses [Over \$950]
July 31	1100 Blk S Mission Rd	Suspicious Circumstance-Found Property
August 1	900 Blk E Mission Rd,Fallbrook	Report-Theft,Grand -Grand Theft (Theft Of Mot Veh Parts/Acc)
August 2	31900 Blk Via Ararat Dr.	Assault With A Deadly Weapon -Assault W/Deadly Weapon:Not F/Arm (F) Victim #1 - Apparent Minor Injury - Arrestee #1 -Probable Cause Arrest For Assault W/Deadly Weapon:Not F/Arm
	4100 Blk Hellers Bend	Report-Theft,Grand -Grand Theft (Theft From Mot Veh)
August 3	5600 Blk Daybreak Wy	Mental Health Evaluation - 5150-Mental Disorder 72 Hr Observation
	1400 Blk S Mission Rd	Follow Up Investigation - Felony Bench Warrant(Our Agency) - Arrestee #1 - Warrant/Probable Cause Arrest For Felony Bench Warrant (Our Agency)
	1600 Blk Wind Ridge Ln	Suicide-Actual Or Attempt - Suicide Attempt
August 6	2000 Blk Rice Canyon Rd	Disturbance, Family - Miscellaneous Incidents
August 7	41000 Blk De Luz Murrieta Rd	Robbery-Armed - Robbery; Victim #1- M-Apparent Minor Injury
	Harris Trail/Via Cordoniz Road	Preserve The Peace - Other Agency Vehicle Theft/Recovery
	2600 Blk Huffstatler St	Report -Missing Juvenile/Runaway
	700 Blk E Mission Rd	Found Property -Found Property
	1800 Blk Calmin Dr	Domestic Violence - 5150-Wi-Mental Disorder 72 Hr Observation
	3600 Blk Lake Garden Dr	Domestic Violence - Spousal/Cohabitant Abuse With Minor Injury - Victim #1 - Apparent Minor Injury
	1800 Blk Calmin Dr	Domestic Violence -Elder Abuse Incident
	1700 Blk Gird Rd	Traffic Stop -Domestic Violence Incident (Call) - Victim #1 Victim Of Domestic Violence Incident(Call) - Victim #2 Victim Of Domestic Violence Incident(Call)
	5900 Blk Thoroughbred Ln	Found Property -Found Property
August 8	2000 Blk Gird Rd	Found Property -Found Property
	5700 Blk Olive Hill Rd	Report-Temporary Restraining Order -Violate Domestic Violence Court Order

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---	---

LEGALS

The deadline for Legal notices is Monday, noon. Email to legals@reedermedia.com.

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9014689
Name of Business
a. SOTO ME DESIGN
b. STUDIO E DESIGN

2043 Midvale Drive, Fallbrook, CA 92028
This business is registered by the following:
a. Elaina Soto, 2043 Midvale Drive, Fallbrook, CA 92028
b. Michael Soto, 2043 Midvale Drive, Fallbrook, CA 92028

This business is conducted by Married Couple Registrant commenced to transact business under the fictitious name listed above as of 5/19/2022.

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 13, 2023

LEGAL: 6266

PUBLISHED: July 27, August 3, 10, 17, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9015306
Name of Business

INTUITIONS PRINTS + PUBLICATIONS
221 S. Brandon Rd, Fallbrook, CA 92028
Mailing address: 221 S. Brandon Rd, Fallbrook, CA 92028

County: San Diego
This business is registered by the following: Margarita (Maggie) Covarrubias Ramos, 221 S. Brandon Rd, Fallbrook, CA 92028

This business is conducted by an Individual Registrant commenced to transact business under the fictitious name listed above as of 7-21-23

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 21, 2023

LEGAL: 6267

PUBLISHED: July 27, August 3, 10, 17, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9015334
Name of Business

EXPRESS DISCOUNT STORE
914 E. 8th Street Ste 207, National City, CA 91950
Mailing address: 914 E. 8th Street Ste 207, National City, CA 91950

County: San Diego
This business is registered by the following: Eddy A. Espina, 914 E. 8th Street Ste 207, National City, CA 91950

This business is conducted by an Individual Registrant commenced to transact business under the fictitious name listed above as of N/A

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 24, 2023

LEGAL: 6268

PUBLISHED: July 27, August 3, 10, 17, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9015415
Name of Business

PALM CITY SMOKE SHOP
650 Hollister St, San Diego, CA 92154
Mailing address: 650 Hollister St, San Diego, CA 92154

County: San Diego
This business is registered by the following: Khaled Abuyousef, 2000 S. Melrose Dr 43, Vista, CA 92081

This business is conducted by an Individual Registrant commenced to transact business under the fictitious name listed above as of 7/25/2023

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 25, 2023

LEGAL: 6269

PUBLISHED: July 27, August 3, 10, 17, 2023

CLASSIFIEDS

Employment

Looking for a full-time grounds keeper at the Temecula Cemetery. Monday through Friday Must present a clean DMV Background check and drug testing prior to any job offer. Send resume to: info@temeculacemetery.org

Military Stuff

Old military stuff bought Buy old military stuff - all types & condition. Call or text Bob 760-450-8498 historybuyer.com

Real Estate - For Rent

NEW Low RV Rent! NEW Management! NEW Ownership! NEW Specials! NOW call! Casa Del Sol RV Resort 951-925-2515

TINY HOMES! 3 MONTHS FREE RENT! RENT TO OWN FROM \$597/ mo + Space Rent. Resort Living! Heated Pool + Spa, Pickleball & MORE! 959-504-1222 CALL TODAY!

Services Offered

Wellspring Herbs and Vitamins - Offering a large selection of high quality Herbs and Herbal Combinations, Vitamins, CBD Oils, Salves and Capsules, Essential Oils, Homeopathic Remedies, Bach Flower Emotional Essences, Teas, Organic Lotions and Skin and Hair Care products, etc. We offer Nutritional Consultations with Iridology and Live-Cell Analysis. Come on in for a FREE Bio Scan. We are open from 10-5 Monday thru Friday and 10-4 on Saturday. We are located at 1223 S. Mission Rd.

FALLBROOK COMMUNITY PLANNING GROUP
And
DESIGN REVIEW BOARD
Chair, Eileen Delaney
Eileen.fallbrook@gmail.com

Regular Meeting

WEDNESDAY, August 23, 2023
6:30 PM

Fallbrook Public Utilities District Board Room
990 E. Mission Road Fallbrook, CA 92028

For their convenience, members of the public may attend in-person or virtually through Zoom

<https://us06web.zoom.us/j/89126074554?pwd=cVB2N3V6L2ZoOXhKeFpkZVZwUGxkQT09>

Meeting ID: 891 2607 4554 Pass code: 295237

Dial in by Phone: 16694449171

Meeting ID: 89126074554# Pass code: *295237#

Para leer este agenda en español, copia y pega este texto en <https://translate.google.com/>

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Este servicio de traducción se ofrece como recurso adicional para información."

AGENDA

1. CALL TO ORDER
2. STATEMENT (just cause) and/or consideration of a Request to Participate remotely. (emergency circumstances) by a Group Member, if applicable. Voting item as necessary.
3. ROLL CALL
4. PLEDGE OF ALLEGIANCE
5. APPROVAL of the June 22, 2023 meeting minutes.
6. APPROVAL of the July 17, 2023 meeting minutes

7. PUBLIC FORUM. Opportunity for members of the public to speak to the Group on any subject matter within the Group's jurisdiction but not on today's agenda. Three-minute limitation. Non-voting item.

8. Update and discussion regarding the San Luis Rey Park Master Plan, primarily Bonsall Community Park. County Planner: Mark Kieser, Senior Park Manager, North County DPR, mark.kieser@sdcounty.ca.gov Parks and Recreation Committee. Discussion only. Non-voting item.

9. Recommendation to re-route main vehicle entry/exit for Rio Prado Park through the recently acquired adjacent Faubus property. County Planner: Mark Kieser, Senior Park Manager, North County DPR, mark.kieser@sdcounty.ca.gov Parks and Recreation Committee. Community Input. .Voting item.

10. PRESENTATION by Bonsall Unified School Superintendent Joseph Clevenger regarding their intent to acquire property in the Citro (Meadowood) project for school purposes. Community input. Non voting item.

11. Update on the Rainbow MWD and FPUD detachment from the San Diego Water Authority. Tom Kennedy, GM, Rainbow MWD. Discussion only. Non Voting.

12. Information regarding FPUD's major facility on Alturas: Storage reservoir, grading, storm water pond and other projects. Aaron Cook, Engineering Manager, Fallbrook Public Utilities District. Community input. Discussion. Non voting.

13. FALLBROOK STORM DRAINS. Discussion and recommendations regarding old storm drains that are failing and are causing safety concerns, with the potential to cause significant damage to our roads, businesses and residents. Locations: 130 E. Alvarado St., between Main Ave. and N. Vine St. and at the corner of Mission and Iowa Streets. Murali Pasamarthi, Manager, DPW, murali.pasamarthi@sdcounty.ca.gov. Public Facilities Committee. Community Input. Voting item.

14. PDS 2022-MUP-22-015 Request for Major Use Permit for a Public Safety Tower at 2405 Via Rancheros, Fallbrook. Applicant: Vince Adams, vaadams@tepgroup.net Owners: Ric & Debbie Vron. County Planner: Polita.mitcheom@sdcounty.ca.gov Public Facilities Committee. Community input. Voting item.

15. Discretionary Permit for PDS2023-STP-23-016 - Site Plan for West Coast Self-Storage Facility. Location: APN: 104- 161-3700 & 104-161-3900. Applicant: Will Goodwin Austen, wausten@nwbld.com. Contact: Cassie Permenter, cpermenter@larsandersen.com County Planner: Hani Baker, hani.baker@sdcounty.ca.gov Design Review Board Committee. Community input. Voting item.

16. Recommendations to be included in a joint letter with Rainbow CPG and other CPSGs for Phase Three "Emerging Concepts & Final Feedback" for the Socially Equitable Cannabis Program development". Community input. Cannabis Ad Hoc Committee. Voting item.

17. Request by the owners of the Fallbrook Village Plaza (parking lot below the front of the library) to rezone the parking lot from parking only to V3 or V4. Contact: Roy Moosa. Land Use Committee. Community input. Voting item.

18. PLANNING GROUP BUSINESS:
Reports:
Chair's report:
Representative to the I-15 DRB: Jeniene Domercq
Project Updates: Steve Brown & Jim Loge
Representative to the Fallbrook Community Forum: Eileen Delaney
Representative to the Village Association: Roy Moosa
Representative to the Fallbrook Chamber of Commerce: Jeniene Domercq
NCFPD & SD Sheriff Reports and information: Tom Harrington

Quarterly Reports (March, June, September, December) or as needed.
Trails Council & CSA-81: Stephani Baxter
Palomar College: Jacqui Kaiser
Local Schools: Kelly Hansen
Fallbrook Historical Society: Scott Spencer
Fallbrook Regional Health District: JJ Neese

19. ADJOURNMENT

NOTE: The Fallbrook Planning Group occasionally has openings on its Committees for non-elected community members. Interested parties should contact the respective Committee Chairs: Land Use Committee Chair Steve Brown steve.fallbrook@aol.com, Circulation Committee Chair Roy Moosa: 760-723-1181), Parks & Recreation Committee Chair Stephani Baxter: (stephani.fallbrook@gmail.com), Public Facilities Committee Chair Roy Moosa: (760-723-1181), and Design Review Committee Chair Eileen Delaney: (eileen.fallbrook@gmail.com), Ad-Hoc Cannabis Committee Chair, Jeniene Domercq, jeniene.fallbrook@gmail.com

This is a preliminary agenda. If any changes are made, a final agenda will be posted at the Fallbrook Chamber of Commerce (111 S Main Avenue) at least 72 hours prior to the meetings).

Eileen Delaney, Chairperson, Fallbrook Community Planning Group & Design Review Board. Email: Eileen.Fallbrook@gmail.com

OFFICIAL

PLANNING GROUP AGENDAS, MINUTES AND INFORMATION

Website: www.fallbrookplanninggroup.org

FaceBook: <https://www.facebook.com/Fallbrook-Planning-Group-109111577938214>

Agendas can also be found at:

<https://www.sandiegocounty.gov/pds/gpupdate/comm/fallbrook.html>.

APN: 256-420-56-00 TS No.: 23-05733CA TSG Order No.: 230141188 NOTICE OF TRUSTEE SALE UNDER DEED OF TRUST YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED NOVEMBER 21, 2012. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Affinia Default Services, LLC, as the duly appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded November 28, 2012 as Document No.: 2012-0741848 of Official Records in the office of the Recorder of San Diego County, California, executed by: Rene Thomas Boyd Jr., as Trustee of The Boyd Family Trust Dated 12/20/1994., as Trustor, will be sold AT PUBLIC AUCTION TO THE HIGHEST BIDDER for cash (payable in full at time of sale by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). All right, title and interest conveyed to and now held by it under said deed of trust in the property situated in said county and state, and as more fully described in the above referenced deed of trust. Sale Date: September 11, 2023 Sale Time: 10:00 AM Sale Location: At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 File No.:23-05733CA The street address and other common designation, if any, of the real property described above is purported to be: 474 Arroyo Dr, Encinitas, CA 92024. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made in an "AS IS" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$524,945.94 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to sale. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call, (916) 939-0772 for information regarding the trustee's sale or visit this internet website, www.nationwideposting.com, for information regarding the sale of this property, using the file number assigned to this case, T.S.# 23-05733CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (916) 939-0772, or visit this internet website www.nationwideposting.com, using the file number assigned to this case 23-05733CA to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. File No.:23-05733CA If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. For Trustee Sale Information Log On To: www.nationwideposting.com or Call: (916) 939-0772. Dated: July 28, 2023 By: Trixie Obnimaga Foreclosure Associate Affinia Default Services, LLC 301 E. Ocean Blvd., Suite 1720 Long Beach, CA 90802 (833) 290-7452 NPP0438508 To: VILLAGE NEWS INC 08/17/2023, 08/24/2023, 08/31/2023

NOTICE OF TRUSTEE'S SALE TS No. CA-18-843298-AB Order No.: DEF-559349 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 10/26/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): Daniel G. Esposito, a married man as his sole and separate property Recorded: 11/1/2006 as Instrument No. 2006-0776089 of Official Records in the office of the Recorder of SAN DIEGO County, California; Date of Sale: 8/28/2023 at 10:00 AM Place of Sale: At the entrance to the East County Regional Center by statue, 250 E. Main Street, El Cajon, CA 92020 Amount of unpaid balance and other charges: \$1,211,102.13 The purported property address is: 445 HIGHLAND OAKS LANE, FALLBROOK, CA 92028 Assessor's Parcel No.: 121-352-09-00 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 855 238-5118 for information regarding the trustee's sale or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-18-843298-AB. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 855 238-5118, or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-18-843298-AB to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. NOTICE TO PROSPECTIVE OWNER-OCCUPANT: Any prospective owner-occupant as defined in Section 2924m of the California Civil Code who is the last and highest bidder at the trustee's sale shall provide the required affidavit or declaration of eligibility to the auctioneer at the trustee's sale or shall have it delivered to QUALITY LOAN SERVICE CORPORATION by 5 p.m. on the next business day following the trustee's sale at the address set forth in the below signature block. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: QUALITY LOAN SERVICE CORPORATION 2763 Camino Del Rio S San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 855 238-5118 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 QUALITY LOAN SERVICE CORPORATION . TS No.: CA-18-843298-AB IDSPub #0187299 8/3/2023 8/10/2023 8/17/2023

LEGALS

The deadline for Legal notices is Monday, noon. Email to legals@reedermedia.com.

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9015455
Name of Business

a. CARHAVEN
b. CARHAVEN LLC
821 S Tremont Sr Ste B, Oceanside, CA 92054
Mailing address: 821 S Tremont St Ste B, Oceanside, CA 92054
County: San Diego

This business is registered by the following: Carhaven LLC, 821 S Tremont St Ste B, Oceanside, CA 92054

This business is conducted by a Limited Liability Company

This LLC is registered in the state of California Registrant commenced to transact business under the fictitious name listed above as of N/A

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 25, 2023

LEGAL: 6272
PUBLISHED: August 3, 10, 17, 24, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9015541
Name of Business

E-BIKE-A-GO-GO
127 N. Main Ave, Fallbrook, CA 92028
Mailing address: 1505 Linda St., Fallbrook, CA 92028

County: San Diego

This business is registered by the following: Arthur Edward Maynard, 1505 Linda St., Fallbrook, CA 92028

This business is conducted by an Individual Registrant commenced to transact business under the fictitious name listed above as of N/A

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 26, 2023

LEGAL: 6273
PUBLISHED: August 3, 10, 17, 24, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9015535
Name of Business

EVENTS BY MARIBEL
1150 Belair Drive, Fallbrook, CA 92028
Mailing address: 1150 Belair Drive, Fallbrook, CA 92028

County: San Diego

This business is registered by the following: Maribel De La Rosa-Villa, 1150 Belair Drive, Fallbrook, CA 92028

This business is conducted by an Individual Registrant commenced to transact business under the fictitious name listed above as of N/A

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 26, 2023

LEGAL: 6274
PUBLISHED: August 3, 10, 17, 24, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9015470
Name of Business

CA EQUIPMENT & EXCAVATION
2911 Alta Vista Dr., Fallbrook, CA 92028

This business is registered by the following: a. Chad J. Leonard, 2911 Alta Vista Dr., Fallbrook, CA 92028

b. Allison M Schutte, 2911 Alta Vista Dr., Fallbrook, CA 92028

This business is conducted by a General Partnership

Registrant commenced to transact business under the fictitious name listed above as of N/A

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 25, 2023

LEGAL: 6275
PUBLISHED: August 3, 10, 17, 24, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9014857
Name of Business

WICKED MAINE LOBSTER
4381 Oregon St #6, San Diego, CA 92104
Mailing address: P.O. Box 531892, San Diego, CA 92153

County: San Diego

This business is registered by the following: Mark Rondeau, 4381 Oregon St #6, San Diego, CA 92104

This business is conducted by an Individual Registrant commenced to transact business under the fictitious name listed above as of 07/01/2023

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 17, 2023

LEGAL: 6261
PUBLISHED: July 27, August 3, 10, 17, 2023

SUMMONS

FILED 01/27/2023
CASE NUMBER: 37-2023-00003723-CU-CO-CTL

NOTICE TO DEFENDANT: JOE TORIA, GLORIA TORIA, CRYSTAL TORIA, JON TORIA AND DOES 1 through 100

YOU ARE BEING SUED BY PLAINTIFF: OSBORN, LLC, A California Limited Liability Corporation

NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at the court and have a copy served on the plaintiff. A letter, phone call or court appearance will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default and your wages, money, and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case.

The name and address of the court: CA Superior Court, County of San Diego 330 W. Broadway, San Diego, CA 92101 Central Division

The name, address and telephone number of plaintiff's attorney is:

Joseph Y. Avrahamy, Esq. (SBN:150885)
16530 Ventura Blvd., #208, Encino, CA 91436, (818)990-1757
DATE: 1/30/2023
by G. Lopez, Deputy Clerk

LEGAL #: 6271
Published: July 27, August 3, 10, 17, 2023

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9015297
Name of Business

ANMA HERBS
560 Industrial Way Ste D, Fallbrook, CA 92028
Mailing address: 1410 Sycamore Drive, Fallbrook, CA 92028
County: San Diego

This business is registered by the following: Ian Iversen, 1410 Sycamore Drive, Fallbrook, CA 92028

This business is conducted by an Individual Registrant commenced to transact business under the fictitious name listed above as of 8/2/2023

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 21, 2023

LEGAL: 6264
PUBLISHED: July 27, August 3, 10, 17, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9015902
Name of Business

BUBBLY BINS PLUS
5215 Leon St, Oceanside, CA 92057
County: San Diego

This business is registered by the following: Jaime Medellin, 5215 Leon St, Oceanside, CA 92057

This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of 7/1/2023

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 31, 2023

LEGAL: 6279
PUBLISHED: August 10, 17, 24, 31, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9013885
Name of Business

TIGER BLOOMS
1411 Los Amigos, Fallbrook, CA 92028
Mailing address: 1411 Los Amigos, Fallbrook, CA 92028

County: San Diego

This business is registered by the following: Sydney Renae Brown, 1411 Los Amigos, Fallbrook, CA 92028

This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of 08/03/2023

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jun 30, 2023

LEGAL: 6280
PUBLISHED: August 10, 17, 24, 31, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9016259
Name of Business

ILLIUM COMMERCIAL CONSULTING
494 Beaver Creek Lane, Fallbrook, CA 92028
Mailing address: 494 Beaver Creek Lane, Fallbrook, CA 92028

County: San Diego

This business is registered by the following: Vincent Charles Scuncio, 494 Beaver Creek Lane, Fallbrook, CA 92028

This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of 08/03/2023

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 04, 2023

LEGAL: 6281
PUBLISHED: August 10, 17, 24, 31, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9016278
Name of Business

PRESTIGE POOL CARE
192 Via Floresta Drive, Fallbrook, CA 92028
Mailing address: P.O. Box 1633, Fallbrook, CA 92088

County: San Diego

This business is registered by the following: Carroll Ryan Dawson Construction Inc, 192 Via Floresta Drive, Fallbrook, CA 92028

This business is conducted by a Corporation This Corporation is registered in the state of California

Registrant first began to transact business under the fictitious name listed above as of 06/28/23

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 04, 2023

LEGAL: 6282
PUBLISHED: August 10, 17, 24, 31, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9015823
Name of Business

GD SUPPLIER
1613 Oro Vista Rd Apt 73, San Diego, CA 92154
Mailing address: 41062 Arron Ct., Murrieta, CA 92562

County: San Diego

This business is registered by the following: Gilberto Guerrero Ramirez, 41062 Arron Ct., Murrieta, CA 92562

This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of N/A

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 28, 2023

LEGAL: 6283
PUBLISHED: August 10, 17, 24, 31, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9015465
Name of Business

CHIESL & MARELLY
1420 Kethner Blvd #100, San Diego, CA 92101
County: San Diego

This business is registered by the following: Michael Chiesl, 520 N. Coast Hwy Suite 100, Oceanside, CA 92054

This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of 1/1/2020

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 25, 2023

LEGAL: 6284
PUBLISHED: August 10, 17, 24, 31, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9015251
Name of Business

DUPA POOL CLEANING
15517 Villa Sierra Rd, Valley Center, CA 92082
Mailing address: 15517 Villa Sierra Rd, Valley Center, CA 92082

County: San Diego

This business is registered by the following: Joseph Drury, 15517 Villa Sierra Rd, Valley Center, CA 92082

This business is conducted by an Individual Registrant commenced to transact business under the fictitious name listed above as of 5-1-2023

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 21, 2023

LEGAL: 6265
PUBLISHED: July 27, August 3, 10, 17, 2023

Fictitious Biz. Name

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9016279
Name of Business

MNA GROUP
810 Jefferson Ave, Chula Vista, CA 91911-1003
Mailing address: 2826 Rainbow Valley Boulevard, Fallbrook, CA 92028

County: San Diego

This business is registered by the following: Manuel Gutierrez III, 4500 Balboa Ave, Encino, CA 91316

This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of 8/2/2023

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 04, 2023

LEGAL: 6285
PUBLISHED: August 17, 24, 31, September 7, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9016479
Name of Business

CRAFTS BY NESEE
53004 Sycamore Ln, Pala, CA 92059
Mailing address: Same

County: San Diego

This business is registered by the following: Lanise Luna, 53004 Sycamore Ln, Pala, CA 92059

This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of 08/08/2023

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 08, 2023

LEGAL: 6280
PUBLISHED: August 17, 24, 31, September 7, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9016457
Name of Business

LAND DEVELOPMENT CONSULTANT
4802 Lake Park Place, Fallbrook, CA 92028
County: San Diego

This business is registered by the following: Edward T. Dowling, 4802 Lake Park Place, Fallbrook, CA 92028

This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of 08/03/2023

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 08, 2023

LEGAL: 6287
PUBLISHED: August 17, 24, 31, September 7, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9016202
Name of Business

UNSTOPPABLE TOYS
2561 El Camino Real, Carlsbad, CA 92008
Mailing address: 5234 Leon St, Oceanside, CA 92057

County: San Diego

This business is registered by the following: Ronald Cruz, 5234 Leon St, Oceanside, CA 92057

This business is conducted by an Individual Registrant first began to transact business under the fictitious name listed above as of 8/3/2023

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 03, 2023

LEGAL: 6288
PUBLISHED: August 17, 24, 31, September 7, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9016396
Name of Business

MARISCOS EL PACIFICO
111 N. Vine St, Fallbrook, CA 92028
County: San Diego

This business is registered by the following: Sanchez Cuisine, Inc, 111 N. Vine St, Fallbrook, CA 92028

This business is conducted by a Corporation This Corporation is registered in the state of California

Registrant first began to transact business under the fictitious name listed above as of 08/07/23

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 07, 2023

LEGAL: 6289
PUBLISHED: August 17, 24, 31, September 7, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9016538
Name of Business

a. POPPIN' WINE TOURS
b. POPPIN' TOURS
3915 Lake Circle Dr, Fallbrook, CA 92028
Mailing address: 3915 Lake Circle Dr, Fallbrook, CA 92028

County: San Diego

This business is registered by the following: DEMITT LLC, 3915 Lake Circle Dr, Fallbrook, CA 92028

This business is conducted by a Limited Liability Company

This LLC is registered in the state of California Registrant first began to transact business under the fictitious name listed above as of N/A

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Aug 09, 2023

LEGAL: 6290
PUBLISHED: August 17, 24, 31, September 7, 2023

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2023-9014055
Name of Business

SOCAL PRINT LIFE
5244 Dixon Rd, Oceanside, CA 92056
Mailing address: 5244 Dixon Rd, Oceanside, CA 92056

County: San Diego

This business is registered by the following: 3N1 Molding Concepts LLC, 5244 Dixon Rd, Oceanside, CA 92056

This business is conducted by a Limited Liability Company

This LLC is registered in the state of CA Registrant commenced to transact business under the fictitious name listed above as of N/A

THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Jul 05, 2023

LEGAL: 6260
PUBLISHED: July 27, August 3, 10, 17, 2023

Change of Name

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 37-2023-00030621-CU-PT-CTL TO ALL INTERESTED PERSONS

Petitioner:
JORJA NICOLE WARE
Present Name:
JORJA NICOLE WARE
Proposed Name:
J NICOLE COHEN

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.*

NOTICE OF HEARING
Date: 09-06-2023 Time: 8:30 AM Dept: C-61
The address of the court is 1100 Union Street, San Diego, CA 92101



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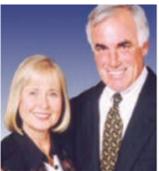
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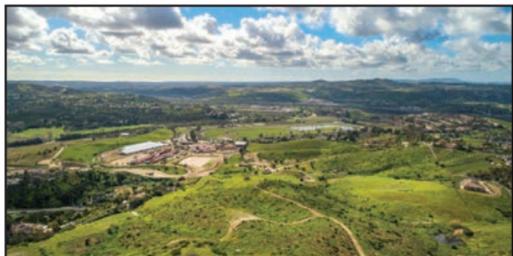


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