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May 7, 2020

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Volume 24, Issue 19

FPUD adopts emergency resolution

The Fallbrook Public Utility District unanimously adopted a resolution declaring a state of emergency due to the coronavirus epidemic April 27.

see FPUD, page A-8

County poised to reopen

San Diego County meets four out the five criteria to begin reopening businesses, according to a press release issued by county officials Thursday, April 30, but despite meeting those criteria the county announced it would extend the stay-at-home order indefinitely.

see COUNTY, page A-8

Graduations to be held virtually

As the coronavirus pandemic drags on, local school districts are increasingly turning to virtual graduations to honor seniors who won't be able to receive their diplomas in-person due to orders banning public gatherings.

see GRAD, page A-4

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USPS Residential Customer





Protea farm spring picking event



Stephani Baxter, left, of the Fallbrook Protea farm and Jean Trygstad clip protea flowers during a free picking event for guests. See page B-I for more photos

Village News/Shane Gibson photo

Barclay, Holdo share valedictorian honors, Alanis is salutatorian

Joe Naiman

Village News Reporter

The honor of Bonsall High School valedictorian for 2020 was shared, and recipients Sara Barclay and Heather Holdo said they were both happy to share it with each other.

"I think it's been an amazing achievement. I'm very excited that I got to do that with my friend," Barclay said.

"We have known each other since sixth grade, and we're best friends," Holdo said.

"We both decided to be valedictorians together. We took the same classes," Holdo said. "We actually had planned on getting it together. I'm glad it worked out that way."

Taking the same classes in high school meant that neither

see HONORS, page A-10



The top students for Bonsall High School's 2020 class are, from left, Co-Valedictorian Heather Holdo, Salutatorian Austin Alanis and Co-Valedictorian Sara Barclay.

Homes for Our Troops continues to build home for veteran, despite pandemic

Jeff Pack Staff Writer

Darryl Charles wasn't sure if the program offered by Homes for Our Troops was for him.

"I guess in the beginning I was being stubborn," Charles said in a phone interview. "I thought it was a great organization, but I didn't think I would be suitable for it. I felt that there were others who would benefit more from receiving one of these homes."

It wasn't until a friend, another recipient of one of the specially adapted custom Homes for Our Troops homes, convinced him otherwise that he joined.

"I started with John Schumacher, he was also a recipient of one of these homes," Charles said. "He broke it down for me and gave me a little talk about it and what they do.

see **HOME**, page A-2



Darryl, son Kingsley and wife, Desiree are excited to move into the Fallbrook

Village News/Courtesy photo
community and into the specially-adapted home that will allow Darryl more movement.

ANNOUNCEMENT

WASHINGTON - Jovita

Carranza, administrator of the U.S.

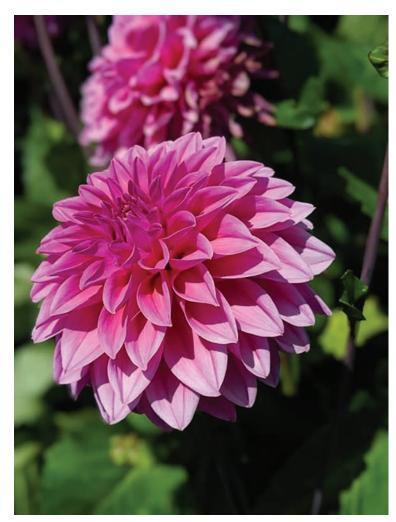
Small Business Administration,

announced Monday, May 4, that

agricultural businesses are now

eligible for SBA's Economic

Be a part of the Fallbrook Garden Club's Virtual Flower Show



The Fallbrook Garden Club seeks entries to Village News/Courtesy photo their Virtual Flower Show, such as this photo of a dahlia.

FALLBROOK - Fallbrook Garden Club would like to invite everyone to participate in its first Virtual Flower Show, following the cancellation of the club's Fallbrook in Bloom Flower Show

due to the spread of coronavirus. The virtual show will be online as part of the relaunching of FGC's website and aims to unite people from all over by having them send in pictures of their prized flowers and plants to be shared on the

For more information, visit https://www.fallbrookgardenclub. org. While there, take a tour of the site.

Submitted by Fallbrook Garden

Injury Disaster Loan and EIDL Advance programs. SBA's EIDL portal reopened May 4 as a result of funding authorized by Congress through

the Paycheck Protection Program and Healthcare Enhancement Act. The legislation, signed into law by President Donald Trump one week ago, provided additional funding for farmers and ranchers and certain other agricultural businesses affected by the coronavirus pandemic.

"For more than 30 years, SBA has been prohibited by law from providing disaster assistance to agricultural businesses; however, as a result of the unprecedented legislation enacted by President Trump, American farmers, ranchers and other agricultural businesses will now have access to emergency working capital," Carranza said. "These lowinterest, long-term loans will help keep agricultural businesses viable while bringing stability to the nation's vitally important food supply chains."

SBA announces economic injury disaster loans now

available to agricultural businesses

Agricultural businesses include businesses engaged in the legal production of food and fiber, ranching and raising of livestock, aquaculture, and all other farming and agricultural-related industries as defined by section 18(b) of the Small Business Act. Eligible agricultural businesses must have 500 or fewer employees.

The SBA will begin accepting new EIDL applications on a limited basis only, in order to provide unprecedented relief to U.S. agricultural businesses.

For agricultural businesses

that submitted an EIDL loan application through the streamlined application portal before the legislative change, SBA will move forward and process these applications without the need for reapplying. All other EIDL loan applications that were submitted before the

portal stopped accepting new applications April 15 will be processed on a first-in, first-out

For more information, visit https://www.sba.gov/Disaster.

Submitted by U.S. Small Business Administration.

Fallbrook Parkinson's Support group to host virtual meeting on Medicare, Medi-Cal

FALLBROOK – The Fallbrook Parkinson's Support group will host their regularly scheduled monthly meeting virtually Friday, May 22, at 10 a.m., via webinar.

The webinar will be presented by Jamie Chen, a state outreach representative for the Coordinated Care Initiative. The topic is Cal MediConnect, which is an integrated delivery system that manages the benefits and services of both Medicare and Medi-Cal while providing care coordination through a care coordinator.

Pre-registration is required to secure a personal web link. There is no cost associated with this webinar.

To register, visit https:// register.gotowebinar.com/ register/1352718566767846414, click on the registration link and fill in name and hit "register." After participants register, they will receive a confirmation email containing information about joining the webinar.

A reminder will be sent out 24 hours and one hour before the meeting time. In the reminder email, there will be a box, "Join Webinar," to click on to join the meeting.

Participants can contact Irene at 760-731-0171 or NCPSGF@ gmail.com with any questions or

Submitted by Fallbrook Parkinson's Support Group.



Please note that the Fallbrook Food Pantry is taking the Coronavirus (COVID-19) very serious and here is how we are addressing/preventing the food insecurity concern. As of MONDAY MARCH 16, 2020, we made our food distributions a "NO TOUCH" service.

HERE'S HOW:

- 1.) Moving our market style distribution to the LEARNING CENTER (which is located at the pantry – 140 N. Brandon Road, Fallbrook) for food pick up only: all food (dry goods, anned, frozen meats, dairy items, bread and fresh produce) will be pre-bagged. SERVING: MON-FRI 9:30AM-12:30PM
- 2.) No one is allowed to open bags and remove items that are unwanted we cannot risk contamination. All food in bags must leave with each family/individual.
- 3.) Asking clients to stand 6 feet apart while standing in line for food.
- 4.) Asking both volunteers and clients to wear gloves at all times while in the pantry.
- 5.) Any new clients will be treated as an "emergency" and will be able to receive food with just an ID (YOU MUST HAVE either a driver's license, state ID, military, school, etc.).
- 6.) Our hours of operation will remain the same: Monday-Friday 9:30-12:30 If clients show up early to stand in line – we will begin serving them as soon as possible - even earlier than 9:30 to prevent "loitering" or too much contact with others.
- 7.) As long as staff/volunteers are willing and able to serve, we will not have to change days and/or hours of operation – but in the case of this situation changing due to α variety of possible obstacles, we will keep the public apprised of our decisions and make it known if and when we need EXTRA HELP from the community!

If you are interested in helping, please go to FALLBROOKFOODPANTRY.ORG, for volunteering or to make a donation. Thank you all so very much for your support and concern for our community in-need...your generosity and compassion is beyond philanthropic – it is pure LOVE! – In good health, Shae Gawlak, Executive Directo



Monday-Friday 9:30am-12:30pm 140 N. Brandon Rd., Fallbrook, CA 92028 760.728.7608

www.fallbrookfoodpantry.org "when you are hungry, nothing else matters."

HOME from page A-1

"I was just starting a family around this time and he explained to me that what we went through was traumatic and I need to think about my future, where I would be 40 years down the line. How much an adaptive home would help me out. Even just taking care of my son and give my wife peace of mind, knowing that I could operate in our home without her assistance. She wouldn't have to feel anxious every time she left me alone or left me alone with our child."

On Oct. 17, 2011, during his cond deployment, United States Marine Corps Corporal Charles, a mortarman, was conducting a patrol with the 3rd Battalion, 7th Marines, in Helmand Province, Afghanistan when he stepped on an improvised explosive device.

Cpl Charles sustained severe damage to both legs and internal injuries as a result of the blast. Since then, he endured numerous surgeries for three years while being treated at Walter Reed and Balboa medical centers. The damage to his right leg was so severe, doctors decided to amputate his leg above the knee.

Today, Charles continues to work with a trainer to improve his gait and balance, and he is currently planning to have ACL reconstruction surgery on his left knee.

Now medically retired, Darryl and his wife, Desiree, and son Kingsley, will be moving into a new specially-adapted home in Fallbrook, currently being built by longtime Homes for Our Troops partner Youngren Construction.

Due to the coronavirus pandemic, Homes for Our Troops



Darryl Charles will be the recipient of the Village News/Courtesy photo newest Homes for Our Troops home in Fallbrook when it is completed. The house is under construction under the leadership of Fallbrook's Youngren Construction.

has been unable to host some of the groundbreaking and grand opening events during the building process.

Charles said he is looking forward to the home and knows it will make a significant difference in his family's life. When asked how it would help, he said the simple improvements will be key.

"Mainly just daily activities," he said. "One of the big biggest benefits would be having a singlestory home. Right now, I'm staying with my mother-in-law who has a two-story house. All the restrooms are upstairs. It's kind of difficult to navigate.

"Before we lived here, we lived in an apartment where my wheelchair wouldn't make it into the shower room and I was having surgeries so I was kind of confined to my chair, had to slide across the bathroom floor for the toilet or reach the shower."

It will afford him the opportunity to concentrate more on his job and his training for a degree in information technology from National University in San Diego.

He is currently listed as a DOD civilian with the Navy.

"I just recently, back in September, gained employment doing IT work for the Navy through their Wounded Warrior program," Charles said. "I plan on doing that for 25 years, finish

out my government contract, and hopefully be in a good position to retire.'

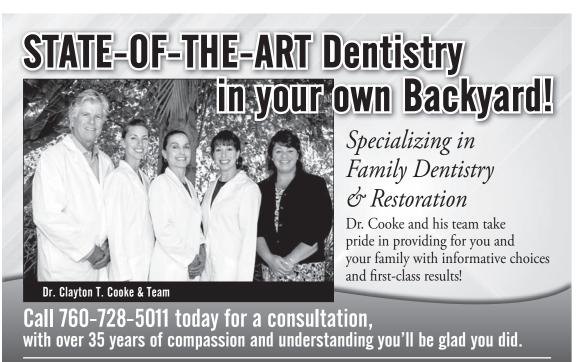
Soon, those 25 years, maybe more, will be spent in Fallbrook, he hopes, a community he knew a little bit about having visited more recently and a few times as a high school athlete in Rancho Bernardo.

"We've been going up there frequently and going into some of the local stores and trying to get a lay of the land," Charles said, again mentioning his young son. "And so far, we've enjoyed it. We're really excited to be able to have somewhere to plant roots and he can go through his whole schooling in one area."

As for how it's been working with Homes for Our Troops, Charles was nothing but complimentary.

"It's been great, it's a wonderful organization," he said. "It's really close-knit, out of all the organizations I've been a part of, this one definitely feels more like a family. Everyone who works there really cares and all the veterans are there for one another. Most of the guys who I am familiar with from the hospital have been a recipient of the homes and they look out for one another. It's great."

Jeff Pack can be reached by email at jpack@reedermedia.com.



Clayton T. Cooke, DDS • 425 East Alvarado St, Suite A, Fallbrook • www.claytoncookedds.com

Helping seniors with meals

OPINION

Reopening businesses is the goal



Supervisor Jim Desmond 5th District

Last week, my office received word that Gov. Gavin Newsom would be closing down beaches throughout California. While he ultimately caved to the pressure of the people, the governor is governing with temper tantrums, fear and retractions. I'm glad how it turned out, leaving San Diego beaches open, but it was unfortunate. Below is the letter I sent to his office, before the announcement:

"The announcement that the state of California will be shutting down all beaches is an extreme government overreach. Gradually restoring opportunities back to Californians is the direction that must be taken. San Diegans throughout our county judiciously implemented and followed directions issued by state and local public health officials, including your orders as governor. When orders were relaxed for beach access, San Diegans safely and responsibly returned to the beaches.

"I urge you to heed to your own advice and allow local jurisdictions to make decisions when it comes to reopening beaches, recreation and businesses. Our hospitals are not overwhelmed, and the people of our region respect and understand the need for safety protocols to protect vulnerable people in our population. It's time to safely reintegrate recreation and businesses into life. An order to close beaches for all jurisdictions throughout California hurts the credibility of the efforts to curtail the corona virus and sends the wrong message to San Diegans.

"Please reconsider this action, keep our beaches open and move toward opening of businesses and our economy.'

While I'm glad our beaches remain open, the focus must still remain on getting businesses open. With 25% of San Diegans filing for unemployment, we must do everything we can to get businesses open and people back to their jobs. That should be our

Assemblymember Marie Waldron AD-75 (R)

Gov. Gavin Newsom recently announced creation of the first-inthe-nation "Great Plates Delivered program," which will partner with cities, counties and tribes to deliver food to older adults.

The program will provide nutritious meals to older Californians who should stay home during the COVID-19 pandemic. By partnering with local restaurants struggling to stay afloat, the program keeps restaurant workers employed, and seniors stay safe at home without risking their health at the local supermarket.

Participants must be 65 or older and considered high-risk because they have coronavirus or were exposed to it or have underlying health conditions. Participants must also live alone or with another eligible adult and can't be enrolled in other federal nutrition programs. Incomes can be no more than \$74,940 for individuals or

\$104,460 for two.

How can residents enroll into the program if they believe they qualify?

Each local administrator will establish a streamlined process to enter into the program and will conduct a screening process to ensure individuals meet program

Meals will be served three times a day, seven days a week, and restaurants will be reimbursed up to \$66 each day - \$16 for breakfast, \$17 for lunch and \$27 for dinner. An additional \$5 will go for "incidental expenses."

Locally produced food from independent restaurants will be emphasized, along with a diverse selection of meals. Food must be low in sodium, and options must include fruits and vegetables.

So, who pays for all this food? The federal government will reimburse 75% of the cost, with the state reimbursing local governments for 75% of their

The program is new and specifics about how to enroll should be announced soon. Once the program is fully up and running, residents will be able to call 211 for details, or they can monitor the state's website at https://covid19.ca.gov/ img/wp/great-plates-deliveredparticipants-faqs.pdf.

Assembly Republican Leader Marie Waldron, R-Escondido, represents the 75th Assembly District in the California Legislature, which includes the communities of Bonsall, Escondido, Fallbrook, Hidden Meadows, Pala, Palomar Mountain, Pauma Valley, Rainbow, San Marcos, Temecula, Valley Center and Vista.

Dear Fallbrook, keep doing what you're doing

Fallbrook's ZIP code just took the title from yesterday No. 1 ZIP code: 92056. Today (Saturday, the second of May), Oceanside Boulevard can no longer claim the title of "San Diego County's Healthiest ZIP

Out of 73 ZIP codes, according to the San Diego HHSA, Fallbrook hung on to its statistic of just 13 confirmed coronavirus cases, while the Ivy Ranch/Tri-City and across the 78 at College ZIP code gains (I mean lost) one more resident counted among the confirmed cases; 92056 now has 15 cases, boosting its CV/HT (confirmed virus per hundred thousand) to 27.6.

92028's CV/HT of 26.9 confirms that the Fallbrook ZIP code is now the county's healthiest. Ocean Beach with a CV/HT of 29.3 remains in third place, while North San Marcos (30.2) remains the fourth healthiest.

Each of the above is way ahead

of San Diego County as a whole, with reports a CV/HT of 106.8. That is, 106.8 persons confirmed to have contracted the virus out of every 100,000 residents. The County Department of Public Health estimates that there are 10 people infected for each one confirmed. So, the county now has one with the virus for each 94 residents.

So, Fallbrook: keep doing what you are doing! Social distance, the whole bit. Face masks (keep your nose away from what is on your fingers and vice versa), handwashing (thank you: Subway and Denny's. Thank you, Circle K for putting on a fresh set of single use gloves just to count out one customer's change. Thank you, El Toro for hiring an extra employee just to run the cash register so the taco maker doesn't have to touch what everyone else does – the money.

Let's all continue to do our part

to halt the spread of the virus. We have less than a fourth of the infected rate the county as a whole is experiencing. Keep disinfecting your groceries (if they had just been lifted through the scanner by change-handling gloves) by leaving them in the parked car for a little longer (the virus is as sensitive to heat as it is to soap and water).

I feel bad for San Ysidro and Imperial Beach. In the past two days, 34 more residents of those two neighboring ZIP codes tested positive. Now, sadly, both ZIP codes have a CV/HT of over 400.

On May 3, Fallbrook's count was reduced to 12, lowering its CV/HT

I'm so happy to be living in the County's healthiest ZIP code. How about you?

Jeffery Jones

Comments from a 30-year resident

I would like to make a few observations concerning our community of greater Fallbrook.

The past few weeks have been a hardship on many living in our area. We naturally wish to thank all the first responders, our care givers, and all those that are working as hard as they can to get us back to normalcy. This has been the most intense event in most of the lives of the people in our community.

We like to call Fallbrook the "Friendly village," but that moniker is only as good as the reality of the situation. I must confess that I have been most surprised by the friendliness and helpfulness of the community these past few weeks.

I needed some help with respect to the Fallbrook Food Pantry, and Kim Murphy was the person I was able to contact who was most helpful. I was able to make a donation with the help of a very friendly volunteer to this most worthy organization.

Eli's Produce and others have been stellar in providing fresh vegetables for the community. Pala Mesa Pizza, Pala Mesa Market, Peking Wok and Curtis at Daniel's Market have all been so helpful with our requirements due to the pandemic; my wife and I thank you

By the way, the flour from Daniel's Market turned into the greatest cookies; just as good as when my wife taught at Fallbrook High School.

Furthermore, I had difficulty contacting our trash company, and the Fallbrook Chamber of Commerce actually contacted the Fallbrook Disposal Company for me, and I was able to speak with a live person; all issues were thankfully resolved in a very pleasant way.

Kate Schwartz, board member of the health district, called and articulated all that was being done for our community from a health perspective.

Additionally, the internet has been a most useful tool during this trying time. The local Fallbrook chapter of the California Retired Teachers Association has been most helpful

with their newsletters; a big thanks to the entire leadership.

Jackie Heyneman and the leadership of the Fallbrook Land Conservancy have kept us all informed, and I know we are all looking forward to getting back to helping our community. I could go on with many other volunteer groups that are helping in their own unique ways to address the issues facing

our area. Lastly, I would like to thank the drivers on our local roads. I walk quite a bit in the Pala Mesa Drive and Old Highway 395 area of Fallbrook. It seems people are more aware of the situation, more relaxed, slower and friendly. I hope it keeps up.

Thanks to the Village News for their stellar reporting and to Jim Desmond, our county supervisor, for his focus on the COVID-19 pandemic. It may take longer than we wish, but it will pass.

Bill O'Connor

Re: 'The coronavirus: who's really at fault?' [Village News, Letter, 4/30/20]

To Ms. Silvestro and Mr. Terrell, I have a request for you. Would you please give us a brief outline showing us what you would have done differently in dealing with the Covid-19 pandemic if you were the President? Here's the scenario:

You, as President, are told that there is a new, unknown disease/ virus that is not supposed to spread from human to human but, lo and behold, it does and it is here. You have no idea what this disease was designed to do and now deadly it could be or how quickly it will

As you are thinking about this, please keep in mind that you are responsible for the health and safety of about 330 million people (which is more than Germany, France, Italy, U.K. and Spain combined) who live in 50 different states who all have their own issues.

Also keep in mind that your health advisers first tell you that it is nothing to worry about and then they tell you that it is more serious than they thought so there will probably be about 2 million deaths in the country.

At this point, I assume you would need to get some people together to help you deal with this. Possibly you have someone near you who knows how to deal with Congress because he/she has been there and he/she was also a governor of a mediumsized state that had a crisis or two to deal with.

As time is of the essence at this point, you and your team must mobilize everything quickly. You have a governor of a large state and a mayor of a highly populated city, among others, who are screaming at you that they need lots and lots of ventilators and masks and supplies and more beds.

Of course, they had all been warned that their jurisdictions were woefully underprepared. So, you could possibly, now, call on the manufacturing sector in this country to see what they could do as quickly as possible to make those needed supplies. You also have an incredibly competent and well-trained military that could be put to good use to help with these problems, if you choose to call on them.

After weeks of organizing and putting your logistics teams to work to get everyone what they need when they need it, you now must get the medical teams going at full speed to put testing capabilities together for this brand-new disease that we have never seen before now.

As the virus seems to be somewhat under control, you, as President, start thinking that you could open up the economy again very soon. But you have to have a thick skin, at this point, because no matter what you do, you will be loudly and soundly criticized by the media and people who would not know the first thing about handling a crisis of this magnitude.

So, you could decide that maybe the better plan would be to let each state decide when to lift their shutdown orders and let people go back to work. Each state should know best what their individual situation is and what will work in their towns and cities.

Oh yes, while you are at it, Iran is trying to test you and your strength and resolve; China is also being aggressive in the South China Sea right after they have blamed you for this problem and then threatened not to send you medicines that you need.

And North Korea is shooting missiles very near South Korea's borders. Other than that, we are sure you can handle everything just fine. Let us know what you have!

Sue Jones

Re: 'Do we permit a virus to destroy our economy?' [Village News, Walker Letter, 04/16/20]

And there it is. A page right out of Saul Alinsky's hand book "Rules for Radicals." Do an internet search to see how the left uses these tactics to take down their enemies. My point that some ignored to attack me is take responsibility for yourself.

Mr. Walker's letter is full of misinformation and fake news. His personal attacks on me are right out of the "Rule Book for Radicals." I pay almost \$10,000 a year in health insurance for a basic HMO policy with \$55 copay, \$1000 deductible and maximum out of pocket is \$7,550 just for myself.

Fat lie, I was not able to keep my plan. My husband going on Medicare a few years back has saved us another \$10,000 a year.

I looked at "Obamacare," and even my liberal CPA warned me not to buy an "Obamacare" policy. Your monthly premium is very low, but your out of pocket expense is bankrupting. Do the research yourself.

The U.S. Census Data states "average family income" for 2018 was \$61,937, and for 2019, it rose to \$89,930. Thanks to President Donald Trump's best economy in decades, it rose \$27,993. Nice raise.

My point about the pork-filled stimulus bill was there should not be one dime going to anything except for the people who have lost their jobs. We didn't get almost \$25 trillion in debt with just the Democrats; the Republicans hold some responsibility. The majority of our elected officials who are always touting "take money from the rich to give to the poor" are millionaires themselves and should donate their wages to the cause before calling for our middle-class hard-earned

Our governor just announced a \$125 million stimulus bill for those who enter the country illegally. This bill is on top of all the free benefits they receive including free health care that we pay for. California has been running up the credit card debt irresponsibly, saddling our children and grandchildren with paying it off.

All your "manufactured" information on when and what President Trump knew and did in

this crisis are all bold lies and again fake news.

I used to watch other news channels, and still do a few trying to get a fair and balanced view, but it is now obvious that the media is corrupt, unhinged and indoctrinates you with all their political bias.

Fox News has just reached its all-time 23-year high lead over all other news channels, so give it a try. At least they fact-check and vet their sources, never ever using an anonymous source like your news channels do.

The frivolous lawsuit against Fox News will be thrown out as it is just another radical tactic to silence the majority. If they can't shut you down, then they ruin your personal life and career with baseless lies.

Don't confuse compassion with enabling or codependency. Liberals always want to run your life, so just do it with your money, not mine. Again, if you fall down along the way there are plenty of programs and wonderful generous Americans to give you a hand up, not a handout. Diana Miller

Classes Start Monday, June 1st through Thursday, August 27th Dedicated to teaching individuals to swim competently and safely. Offering beginning swimming through Olympic stroke technique for children and adults. **Call Today to Learn More!** 760.688.6091 www.swim2char.com

Char Snyder's Swim School



Many districts move to hold 2020 graduations virtually

Will Fritz

Associate Editor

As the coronavirus pandemic drags on, local school districts are increasingly turning to virtual graduations to honor seniors who won't be able to receive their diplomas in person due to orders banning public gatherings.

When public health orders forced schools to close in March, many districts did not commit one way or the other on when and how graduations would take place.

Some districts are still weighing

the decision, but as of the beginning of May, many have come to the conclusion that inperson graduations cannot go on.

In the Fallbrook-Bonsall area, both Fallbrook Union High School District and Bonsall Unified School District – the only two local districts with comprehensive high schools - have both announced plans to move forward with virtual graduations.

"We know that many students, particularly our graduating seniors, were looking forward to celebrating with graduation



Fallbrook Union High School 2019 graduates wait their turns to collect their diplomas.

Village News/Shane Gibson photo

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ceremonies and other senior activities, including Prom and Grad Night," Bonsall Unified said in an announcement to parents on April 23. "Unfortunately, due to the COVID-19 pandemic, and with a heavy heart, we must announce that all school events for the rest of the year have been canceled."

Bonsall Unified officials said while they were still working on plans for a virtual graduation ceremony, they are dedicated to celebrating seniors' accomplishments in a "safe and memorable way." Details on the event will be shared "as soon as possible," they said.

Bonsall High School Principal Jason Fowler said while only a virtual graduation is being planned for June 10, he and district officials are "keeping a close eye on the current situation and if things improve, we are opening to reassessing that decision."

Fallbrook Union High School District's Governing Board decided at its May 4 meeting to move forward with virtual graduations, but details on how they might look were not immediately available.

Many other school districts across the region are also moving graduations online.

One of those districts is Temecula Valley Unified, which announced May 4 that all graduations will be held in a virtual form that will "closely mirror and memorialize the elements of the in-person graduations of the past as best possible."

The virtual ceremonies, according to an email sent to students and parents, will include introduction music, speeches and performances, graduate presentation, tassel-turning and cap tossing.

Each graduation will also be formatted into videos to be uploaded to school websites and YouTube, as well as broadcast on the city of Temecula's public access television channel. The videos are expected to be available in the second half of June, after the ceremonies take place June 4.

Additionally, each high school will have a dedicated webpage with information for graduating seniors, including information on times to pick up caps and gowns and yearbook distribution.

"All item pick-ups and coordination for virtual graduation will take place safely using county mandated practices," TVUSD's announcement said. "More specific information will be forthcoming as delivery dates and times become concrete, and communication can be sent out to senior students to coordinate these events."

Murrieta Valley Unified told seniors and their parents in an announcement April 24 that while officials were not sure what restrictions will look like when graduations roll around in the first week of June and were hopeful that an in-person ceremony would be possible, they are now planning on virtual graduation ceremonies.

"Like you, we know an inperson ceremony is everybody's preference, however, the health and safety of our students and their families and abiding by public health orders is a priority," the district said in its announcement. "Based upon our best guess of what type of restrictions may exist when we arrive at graduation time, the decision was made to proceed at this time with having a virtual graduation at minimum.'

Murrieta Valley officials said they are still planning details of how the virtual ceremonies will be organized, but that each student will be able to participate individually and "will have an opportunity to submit pictures and/ or information they would like to share with our virtual audiences."

"In the interim and to the extent possible, the virtual graduation ceremony will replicate as many components of an in-person graduation ceremony, including student speeches, honors and student recognition, etc.," Murrieta Valley officials said. "The ceremony will be streamed for families to view from the comfort and safety of their own homes and may be shared with friends and families throughout the world."

Will Fritz can be reached by email at wfritz@reedermedia.com.



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The gift of technology



Kim Murphy Murphy & Murphy Southern California Realty

Do not get me wrong, there are many parts of the allencompassing technology apps that truly make me uncomfortable. And if I really considered the overriding exposure to any data transmitted via the cloud, I would be opposed to all of it. However, given the current California "stay at home" mandate, everyone has had to adapt, and adapt we have.

Normally, this time of year, I am

in Sacramento for the California Association of Realtors legislative meetings. Association members spend five days in Sacramento attending the spring meetings and visiting with state legislators.

That conference was not possible this year, so the association took all their meetings online utilizing Zoom video. The Zoom platform has allowed them to hold meetings with nearly 1,000 in attendance. It is amazing. It is a bit like watching a giant "Brady Bunch Intro" with each participant's smiling face in their very own square.

The platform allows for full audio and video communication with all participants. It has a voting application, a written comments application and even an emotion application, where attendees can clap their hands or raise their hand if they have a question.

CAR spread the meetings out over two weeks, which made it possible for directors to attend more meetings than would have been possible if they were physically there and for meeting times to extend in order to complete a discussion or take a vote. The cost savings was huge and yet the productivity has been excellent.

Zoom video can be utilized throughout individual real estate transactions. As a seller or a buyer, residents can virtually "meet" with their Realtor to discuss documents, negotiations or strategies. Do not get me wrong, I am still and will always be a believer in the value of personal, face-to-face, communication, but during these unique times Zoom is a tool everyone can embrace.

Previous online tools that Realtors have used for quite some time now, include "DocuSign" and "Glide." Both these apps allow buyers and sellers to complete many forms online and sign them with their designated signature. The online use does not remove them from the responsibility of reviewing and comprehending what they are signing, but it streamlines the process.

Think about it this way. When email came on the scene, it was an online app. Look how email has transformed communication. Many people could not live without it. What about, texting? It is a very quick way to get a small amount of information to someone else, which is saved in both the sender's and the recipient's phone history. This way all parties can refer to it at a later time. Both technology apps have become mainstream.

I do think it is funny, however, when someone sends me a text that requires a lengthy response, so I call them rather than text them, and they do not answer their phone. I know they are in the presence of their phone because they just sent the text, but they do not answer their phone, because they prefer texting as their form of communication. I will send a text to them that simply says, "Call me please."

Another, not so new, but underutilized real estate tool is the 3-D walkthrough. A special camera with some very specialized software can allow a prospective buyer to walk through a home. It allows a potential buyer to get a feel for the flow of the floorplan and the arrangement of the rooms in the home. Viewers can even scroll up or down to look at the detail of the flooring or the type of light fixtures or cabinetry in

In my humble opinion, none of these tools will ever replace personal relationships or interaction. However, when buyers and sellers are given lemons, these apps are a way of making lemonade.

The moral of this story is real estate is being conducted. Sellers are selling homes and buyers are buying them. They are just doing things a little differently than they did them in February.

Contact us, via text, email, phone or just stop by the office on Main Avenue. We are here to meet you in your comfort zone, with whatever tools work for you. But there is no need to stand on the sidelines when technology is providing a path to keep moving forward.

Thanks for reading. Hope to "see" you soon.

Kim Murphy can be reached at kim@murphy-realty.com or (760) 415-9292 or at 130 N. Main Ave. in Fallbrook. Her broker license is #01229921, and she is on the board of directors for the California Association of Realtors.

Celebrate Grandmother's Day

Dr. Rick Koole

Special to Village News

Just a quick reminder that this Sunday is "Mother's Day," a day that should be precious to each person, whether our mothers are still with us or have already died. That being said, let me veer off course a bit and give a shoutout

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to not just our mothers, but also to our grandmothers. I'm going to boldly declare this Sunday to be "Grandmother's Day."

The Bible can be so practical in giving us wise instructions on getting along with family members of all generations and genders. For example, we're given the following powerful reminder in I Timothy 5: "Do not rebuke an older man harshly, but exhort him as if he were your father. Treat younger men as brothers, older women as mothers, and the younger women

each of those relationships. A

as sisters, with absolute purity." I could preach a sermon on

little later in that chapter, the



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widows. Here's what it said, "No widow may be put on the list of widows unless she is over 60, has been faithful to her husband and is well known for her good deeds, such as bringing up children, showing hospitality, washing the feet of the Lord's people, helping those in trouble and devoting herself to all kinds of good deeds."

These verses list an important number of wonderful characteristics of a godly grandmother. They included:

- She has been faithful to her husband.
- She has faithfully raised her children.
- She has shown hospitality to
- She is humble, as demonstrated by her willingness to wash the feet of others.
- She is a first-responder, helping those in trouble.
- She has devoted herself to doing good deeds.

In Titus 2:3-5, we see some additional characteristics: "Likewise, teach the older women to be reverent in the way they live, not to be slanderers or addicted to much wine, but to teach what is good. Then they can urge the younger women to love their husbands and children,

to be self-controlled and pure, to be busy at home, to be kind, and to be subject to their husbands, so that no one will malign the word of God." From these verses, we see some

more wonderful characteristics: She is reverent in the way she

She avoids gossip, slander and speaking unkind words.

- She avoids unhealthy habits and addictions.
- She mentors the younger women to grow in godliness.

If you happen to be a grandmother, never underestimate the influence you may be having on your grandchildren. You are teaching them through your example and not just what you say. Even when you are gone, they will remember the kindness they felt when they were with you.

Grandmothers are often behind some of the mighty champions of our faith. You may have heard about a pastor named Timothy. There are two books of the Bible with his name of them. He was known as a man of faith, but it's interesting who the Apostle Paul credited for his faith. It was Timothy's mother and his grandmother.

"I am reminded of your sincere faith, which first lived in your grandmother Lois and in your mother Eunice and, I am persuaded, now lives in you also," II Timothy 1:5.

So, this shoutout goes to our grandmothers. May you continue to influence us through your kind words, your faithful example and your persistent prayers.



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Seller will entertain offers between \$715,000 & \$785,000



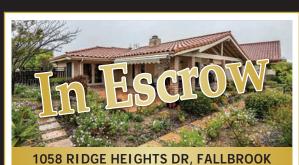
California Bungalow nicely sited on .29 acre cul-de-sac lot. Nicely maintained and upgraded over time, this 3 bedroom, 2 bath home with 2 car garage is that perfect little starter home or charming cottage, perfect for downsizing in those Golden years. An enclosed bonus room provides an all season enhancement to the home's living space. The spacious backyard has room for planting your fall/winter victory garden and your spring/summer vegetable garden.

> Seller will entertain offers between \$450,000 & \$515,000



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SOLD FOR \$735,000



\$625,000 & \$700,000 SOLD FOR \$655,000



Seller will entertain offers between \$525,000 & \$600,000 **SOLD FOR \$600,000**



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At a time when inventory should be abundant, it isn't. There are many qualified buyers scrambling to take advantage of historically low interest rates. The new standard of showing a home is that buyers must be pre-qualified and provide proof of funds before entering a home for sale. Many sellers have taken their homes off of the market in fear of COVID-19 and the unknown. We continue to do business because of our experience. Our clients trust us. Now more than ever, the Murphy & Murphy concierge service is our strength. Our personal attention to your specific needs gives you piece of mind. Health and safety are paramount. If you were thinking about selling your home before March 19th when Governor Newsom announced he would be closing California, please revisit those thoughts. The state of California will most likely be in some sort of lock down for the rest of the year. Real Estate has been established as essential business. A record number of buyers are making the move from renting to home ownership. This change in the market is opening up buying power at all levels. Our many years of experience can achieve results for you at the highest possible sale price. Please give us a call. Give us an opportunity to show you how we will accomplish success for you and your family. We have been award-winning Realtors in the community since 1997. In times like these you need specific market place knowledge and experience representing you.

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San Diego County meets 4 of 5 criteria for reopening, extends stay-at-home order

Kim Harris

Managing Editor

San Diego County meets four out the five criteria to begin reopening businesses, according to a press release issued by county officials Thursday, April 30, but along with the good news, came some bad as the county announced despite meeting the criteria, it would extend the stay-at-home order indefinitely, citing the need for guidance from the state before lifting the order.

According to the press release written by San Diego County communications officer José

flu-like symptoms for 14 days, a downward trajectory of documented cases of COVID-19 for 14 days. Hospitals must treat all patients without crisis care and hospitals must have COVID-19 testing in place for all at-risk health care workers to include antibody testing.

To date, San Diego has seen a 14-day downward trajectory in the number of people with influenzalike illness at local emergency departments. From March 16 to April 15, the percent of emergency department visits for influenza-like illness dropped from 10% to 3%, Álvarez said.

Most recent numbers released at 8 a.m. Monday, May 4, show 13 people in Fallbrook and two people in Bonsall have been diagnosed with the virus. Both represent some of the smallest numbers in the county with Bonsall's infection rate per 100,000 residents being too low to calculate. Fallbrook comes in second at an infection rate per 100,000 of 42.6 behind the city of San Marcos with at 34.5 infection rate.

A. Álvarez, the county is using five federal criteria and state recommendations to determine when and how to ease or lift restrictions made by the local health officer stay-at-home order issued earlier in April.

"The county has met four of the five federal criteria – symptoms, cases and hospitals -and has made progress in the remaining testing criteria," Álvarez said.

According to the criteria set forth by the federal government, to reopen states must show a downward trajectory for the number of cases of COVID-19-like and case reporting

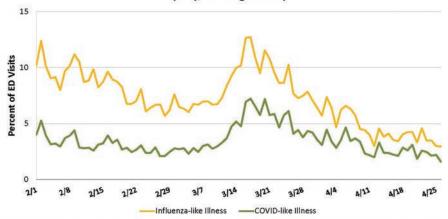
The county must register a downward trajectory of COVIDlike syndromic cases reported within a 14-day period. While the trend has varied it has been declining in recent days, he said in the press release, adding that the number of positive cases of COVID-19 in comparison to the number of tests administered over a 14-day period is in a downward trajectory.

"Since April 6, the county has experienced a decreasing percentage in positive COVID-19 tests among San Diegans," Álvarez said.

According to the press release, the local health care system has **Emergency Department Data**



Percent of Emergency Department Visit Chief Complaints for Influenza-like Illness or COVID-like Illness by Day, San Diego County



Categories are not mutually exclusive. COVID-like Illness includes fever and cough, shortness of breath, or difficulty breathing OR coronavirus diagrandes. 16 San Diego County hospitals are included. Prepared by County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology and Immunization Services Branch, 4/28/2020

This chart issued by San Diego County Thursday, April 29, shows the percent of Village News/Courtesy photo emergency room visits where the chief complaint is flu- or COVID-19-like symptoms is on the decline.

been able to handle the number of patients needing hospitalization for COVID-19 and other illnesses and diseases. Currently, hospital capacity remains stable.

'We have met four of the federal criteria and will continue monitoring to make sure the trends continue,' Dr. Wilma Wooten, public health officer for San Diego County, said.

To meet the fifth of the federal criteria, "robust" testing needs to be in place for at-risk health care workers, including antibody testing.

The county and local hospitals have extended their testing capacity and can perform 3,400 tests daily,"

Álvarez said.

Despite meeting four of the five criteria, San Diego county announced it would extend the stayat-home order indefinitely, citing the need for guidance from the state before lifting the order.

San Diego County is testing roughly 3,400 people per day at county testing sites and local hospitals.

Currently testing is available from 10 a.m. to 3 p.m. Monday through Friday at North Inland Live Well Escondido Center, 649 W. Mission Ave., in Escondido and from 1-7 p.m. Monday through Friday at Live Well Center at Chula Vista, 690 Oxford St., in Chula Vista.

The county's first drive-up site is located at the San Diego County Credit Union Stadium in Mission Valley at 9449 Friars Road in San Diego with more sites soon to be deployed, the county said. Testing at all three sites are conducted by

county public health nurses and using the county public health laboratory with results typically taking between 24-48 hours.

As of press time, 139 COVID-19 related deaths were reported, and the total number of cases for the county is 3,927.

Most recent numbers released Monday, May 4, show 13 people in Fallbrook and two people in Bonsall have been diagnosed with the virus. Both represent some of the smallest numbers in the county with Bonsall's infection rate per 100,000 residents being too low to calculate. Fallbrook comes in second at an infection rate per 100,000 of 42.6 behind the city of San Marcos with at 34.5 infection rate.

For more information, visit www. coronavirus-sd.com.

Kim Harris can be reached by email at valleyeditor@reedermedia.

FPUD adopts resolution of emergency

Joe Naiman

Village News Reporter

The Fallbrook Public Utility District adopted a resolution declaring a state of emergency due to the coronavirus epidemic.

A 5-0 FPUD board vote, April 27, authorized Jack Bebee, general manager of FPUD, and Dave Shank, the district's chief financial officer, to submit any necessary requests for emergency-related financial assistance to the state's Office of Emergency Services or to the Federal Emergency Management Agency.

We're only doing it just because there's a timeline to submit it," Bebee said. "Right now, we're not planning to submit anything."

apply for disaster relief funding if funds are available and if FPUD

incurs significant losses from the coronavirus outbreak.

"Right now we're functioning fine," Bebee said. "This is just to make sure we're set up in case we need to do that."

Relief funding would be administered through OES or through Federal Emergency Management Agency.

"The emergency declaration for FEMA and the governor's office is really a just in case," Bebee said. "This makes it so we've put it in and we're ready if we need it."

The district purchased hand sanitizer in bulk but will not seek reimbursement for that expense.

"Right now, we haven't incurred significant costs due to the pandemic," Bebee said. "We The resolution allows FPUD to have some minor costs but nothing significant at this point."

Work practices have been

ETHICAL, EXPERIENCED

changed to minimize employee contact with each other.

"We've had to make some staffing modifications," Bebee said. "Our operation hasn't changed. The way we're having to do it has changed."

The adjustment of work schedules and work assignments has allowed FPUD to respond to emergency leaks and pipe failures.

"We've managed to keep our operations going," Bebee said.

The scenarios which would require financial reimbursement for FPUD include uncollectible accounts. FPUD sends bills to each customer on a monthly basis.

"I think we're prudent to do this," FPUD board member Don McDougal said.

Joe Naiman can be reached by email at jnaiman@reedermedia.

NCFPD sick leave for January-March quarter up 28%

Joe Naiman

Village News Reporter

A non-voting information item presented during the April 28 North County Fire Protection District board meeting addressed overtime pay expenditures for the fiscal year's third quarter which began report indicated that sick leave for the quarter was 28% higher than the sick leave for the third quarter of fiscal year 2018-2019.

During the three-month period, NCFPD employees took 1,048.5 hours of sick leave. NCFPD fire chief Steve Abbott said he doubted that the additional sick leave was caused by the NCFPD firefighters, whose duties include paramedic services, who tested positive for coronavirus.

"It appears to be routine seasonal colds and flus which are still going around," Abbott said. "They're just getting sick from routine things."

The sick leave includes firefighters who tested positive for the coronavirus.

"We had a total of six who tested positive," Abbott said. "We had one test positive initially. We tested everybody."

The additional five firefighters tested positive within a week of the first diagnosed case.

"Immediately when that started, we implemented all of the Department of Public Health workplace emergency controls," Abbott said. "Thankfully all those emergency controls that we employed are working, because we've had no other cases, and that to me is reassuring. The policies that are being recommended appear to be

sends 2 to hospital

Friday night, May 1, sent two

people to a hospital, but neither

had serious injuries, a fire official

The crash was reported at 10:22

p.m. Friday on southbound Mission

Road just south of Mission Oaks Road, according to North County

Fire Department Capt. John Choi.

The driver of a sedan apparently

said Saturday.

very effective."

The sick leave is thus attributed to regular illnesses.

"That's fairly routine," Abbott said. "The COVID-19 is adding another layer to that."

The quarterly report indicated that the district had expended 78.99% of its annual overtime budget as of

"It would had to have been sick leave," Abbott said. "We had canceled annual leave or what we called vacation leave during the first part of the crisis. We had no strike teams, no OES (Office of Emergency Services) requests."

Although no NCFPD units were dispatched for wildfires between January and March, automatic aid and mutual aid agreements with nearby fire departments include reimbursement provisions, and the district has \$113,563 of outstanding reimbursements for mutual aid. Payment of that amount would reduce the net overtime expenditures

to 67.40% of the budget. As of April 28, the North County Fire Protection District coverage area had 14 active coronavirus infections.

"The number of COVID-19 cases is up slightly in this town," Abbott said. "That's an equally if not more

important concept." The number does not include those who tested positive but have

"My plea to the community would be patience and persistence," Abbott said. "We need to be patient and persistent as a community."

Joe Naiman can be reached by email at jnaiman@reedermedia.

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number of claims each year, so that its attorneys can give each case the individualized attention it deserves. Attorney Andrew Zucker has personally tried over 40 jury trials throughout his career and the firm has handled some of the largest cases out there. They are a small firm by design so that they can heavily work up each case, as

The Zucker Law Firm is also well funded, in order to bring in the best of the best experts, and see a case all the way through to trial if need be.

The firm was honored to have one of its recent jury trials reviewed by the California Supreme Court, who unanimously upheld the verdict in a multi-million dollar jury trial. The firm particularly maintains a high regard for the men and women in law enforcement and is proud to have represented them, both in and out of the line of duty.



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and other surrounding cities.

Will Fritz lost control of the vehicle and rolled several times before striking Staff Writer a tree Choi said. A rollover crash in Fallbrook

Rollover on South Mission

The driver and one passenger, both described as being young adults in their late teens, were the only occupants of the vehicle. Both were able to get themselves out of the car on their own, and were taken to Palomar Medical Center with non-life-threatening injuries,

Will Fritz can be reached by email at wfritz@reedermedia.com.

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OPINION

Beware a Second-Wave Attack on Liberty

James L. Caton

American Institute for Economic Research

The recent weeks have revealed a failure to engage in constructive dialogue, especially in regard to the meaning of data. Governors locked down entire states. Media has largely been accepting of the premises supporting the lockdown. Institutional actors who consider themselves guardians of the existing order have largely supported this policy and denounced those who would like to have a discussion about the facts.

Consider that the recent video from Drs. Erickson and Massihi in Bakersfield, CA was quickly denounced by the American College of Emergency Physicians and the American College of Emergency Medicine without any consideration of the arguments presented in the video. You don't have to agree with everything these doctors present in order to support their right to question the effectiveness of the shutdown.

Meanwhile, the Imperial College Study, which grossly overestimated the worst case scenario, has received little in the way of question from the medical establishment. Researchers used the Imperial College model for a study that suggests that with no shut down in Sweden the country would face many tens of thousands of deaths from COVID-19. And even in the best case, this model predicted that by May 1st Sweden would experience 12,000 to 13,000 deaths.

Without lockdown, Sweden has experienced less than 3,000 deaths. On a per capita basis, Sweden is faring much better than the UK given the progress of the spread counted from the first day that .001% of the population had died from COVID-19. The studies were wrong. After being regarded with suspicion by many in the press, Sweden has now received praise from the World Health Organization for its approach. Only time will tell how the media integrates the statement from the WHO into a narrative that has until now opposed it. And still, I leave out the impressive results of containment in South Korea and Japan, both of which led the free world in terms of their successful slowing of the spread of absent draconian measures and both of which have been largely ignored by the American media.

In observing the national media and public response, I notice an attitude among many that we need not only to "flatten the curve," but eradicate it. We are to submit to directives without question. Internalize the lockdown ethos without concern for its actual effectiveness. For weeks much of the nation has been locked down, putting off the spread throughout most of the U.S. In the background we hear the continual humming of major media outlets telling us how terrible COVID-19 is. Reminding us that the virus has increased its spread from thousands to hundreds of thousands, and now millions across the U.S.

And despite this continual bombardment by media outlets, interpretation of the data is lacking. Deaths have surpassed Fauci's lower estimate of 60,000, though no one seems certain what levels of spread would represent success or failure. Should we be concerned about a virus that is twice as deadly as the seasonal flu? Five times as deadly? Where is the limit? The upper limit for annual flu deaths presented by the CDC is 62,000. And about 3 million people die each year in the U.S., averaging around 8,000 per day. So would 100,000 deaths be bad, but not terrible? Or are we mostly concerned to avoid overloading capacities of

medical systems in metro areas? Idon't know, and national headlines show no interest in discussing these questions. Those who directly question the dominant narrative are immediately denounced, like the doctors in Bakersfield whose actions were purportedly motivated by "their personal financial interests without regard for the public's health." Their discussion, quietly removed from YouTube. Serious and reasoned critiques questioning the lockdown narrative, ignored. Those who predict that the apocalypse is coming are touted by media as providing reason to be fearful. Slogans like "Stay the f#\$* home!" reinforce a hysteria bundled with an unwillingness to identify and communicate the facts surrounding the epidemic.

Sources: deaths; population

The disease must spread. Wise policy and adoption of social norms that promote care can prevent the spread from causing unnecessary deaths.

The elite who collectively run the social order (leading intellectuals, politicians, owners of media, journalists, etc...) coordinated around a plan of mass lockdown, come hell or high water. For weeks, the public has been cooperative as uncertainty was initially very high. This comes at a cost. The effect of 2 weeks of lockdown has been recorded in the change in real GDP in the first quarter.

Real GDP fell at an annualized rate of nearly 5% from only 2 weeks of lockdown. We have at least another 4 weeks to include for most states. And there is still much uncertainty about the course of exit from lockdown. The unemployment rate jumped to 4.4% by the end of March and is expected to be in the double digits next month. In the last four weeks, 30 million have signed up to receive unemployment insurance. These claims alone represent 18% of the civilian labor force!

Uncertainty surrounding reopening could make recovery drag on for many months. Spread has been largely contained in the United States. Only in a few areas does there exist a noticeable COVID-19 outbreak leading to a pronounced increase in COVID-19 related deaths: New York, New England, Louisiana, and Michigan. Medical systems have been overwhelmed in these regions. Intensive care units in New York have lacked supplies necessary to efficiently serve all patients in need. Weekly deaths over the last month are significantly elevated in regions struck by COVID-19.

Many other metropolitan areas are ripe for spread of COVID-19 and will likely experience similar tests with reopening. This is unavoidable.

We must allow the spread, a fact that epidemiologists guiding policy in Sweden are not shy to confront. Are we as prepared as Sweden to prevent this process from generating unnecessary tragedy? Can we do so responsibly, sheltering the vulnerable? Can we avoid overwhelming the medical system? Can a responsible spread occur without shutting down the economy?

This week and next, we will begin to see the answer to these questions. Many states in the U.S. intend to begin reopening with the caveat that lockdown might resume depending upon the change in the rate of spread.

The end of lockdown is something to celebrate, but we must take precaution if civil liberties are not to suffer more excoriation from the popular press. Those who are weary of this should be ready to carefully interpret the data and challenge narratives that misconstrue the facts surrounding COVID-19, the lockdown, and the return of daily liberty.

Spread will resume with the end of lockdown. The media outlets touting reasons to be fearful will remind us why they were right when the number of deaths increased. It's quite likely that as other metropolitan areas experience spread – which is bound to occur – fear and regret lead to calls for economically damaging lockdowns that don't effectively confront the problem of spread.

To move on, the spread must occur. If we employ smart policy, we will allow the virus to spread among the young and shelter our old. We must encourage those with preexisting conditions – hypertension, heart disease, and so forth – to isolate in order to avoid contracting the virus.

If we could relive the last month and a half, we would have been much wiser if we isolated the elderly who live in care homes and strongly encourage others vulnerable to shelter in place. We could have avoided situations where carehome populations were more than decimated by COVID-19. Instead, Congress passed a \$2.2 trillion spending package paying people not to work. They would have done better to just pay the unemployed a lump sum and allow them to get on with their lives.

We can't turn back time to reverse the ignorance from which we suffered. We can't undo the massive expansion of the deficit and the poor incentive structure that the CARES Act created. On the bright side, the medical systems had an extra month to prepare for the virus. And we have developed a culture of concern about the spread.

This may be enough to moderate downside risk as we restore freedoms suspended overnight by governors and mayors across the country. And it is not too late to support the vulnerable who must continue sheltering. We must if we are to avoid a second-wave attack on liberty by a free press that shows little interest in defending it.

James L. Caton is an Assistant Professor in the Department of Agribusiness and Applied Economics and a Fellow at the Center for the Study of Public Choice and Private Enterprise at North Dakota State University. Caton earned his Ph.D. in Economics from George Mason University, his M.A. in Economics from San Jose State University, and his B.A. in History from Humboldt State University.

We can cut this to save space

His research interests include agent-based simulation and monetary theories of macroeconomic fluctuation. He has published articles in scholarly journals, including Advances in Austrian Economics and the Review of Austrian Economics. He is also the co-editor of Macroeconomics, a two-volume set of essays and primary sources in classical and modern macroeconomic thought.

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I have decided to sell two of the lots I own. The fi rst is a gorgeous approximately 2.25 acre lot at the top of Monserate Hill Road. This is probably the most spectacular lot currently available in all of North County. The views are spectacular taking in the east, south and west views. The lot has a 36,000 sq. ft. certifi ed graded pad. The septic is approved for six bedrooms and could most likely go larger if needed. The pad is large enough for a nice size ranch home and a 1200

sq.ft. ADU. The 1 inch water meter is in and the slopes are planted and ready for you to pull your building permit to go vertical. Over \$200,000.00 hard cost improvements have been made to the lot so far. The price is a variable, because I am starting another round of improvements this month to install a beautiful 3 rail peeler log fence with chain link attached to the outside of the peeler logs. My plan calls for six stone columns with the gates and walk through passage gate is included. The electronic portion of the gates will not be installed at this time. The fi rst 50 feet of approach and driveway will be installed with brick pavers as part of this improvement. Once this installation begins towards the end of the month, the higher end of the price range will apply, as once we start the fencing process there will be no turning back.

Offered at \$595,000-\$649,000 – Call Mark today to View this Gorgeous Lot! I do cooperate with Realtors!

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HONORS

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Barclay nor Holdo would have an advantage over the other in their quest to share the school's top GPA. An extra point is awarded for advanced classes including Palomar College classes for which students receive both high school and community college credit.

"I took a lot of weighted classes," Holdo said.

"I'm really glad that we were allowed to coordinate our classes," Barclay said.

"It's awesome that the two girls have worked very hard to be honored together," Bonsall principal Jason Fowler said.

"I think that was pretty cool. It was something that I really wanted to do," Barclay said of being named valedictorian.

"I've worked hard over the last four years. It's been a goal since my freshman year," Holdo said. "I'm glad I was able to accomplish that.'

Both Barclay and Holdo received "A" grades in all of their

"Since freshman year we've



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been doing really well in our classes," Holdo said.

"It was a lot of hard work, but it definitely paid off," Barclay said of her perfect GPA. "I'm glad I can say that I did that."

Barclay and Holdo each had a GPA of 4.5763. Bonsall High School also named Austin Alanis as the class of 2020 salutatorian; Alanis compiled a GPA of 4.5577 and also received an "A" grade in every class he took at Bonsall High School.

"They had taken a few more Palomar courses than I had," Alanis said.

Alanis also spent only three years at Bonsall High School; he attended Lejeune High School in Camp Lejeune, North Carolina, as a freshman. Barclay lived in Redlands before transferring to Bonsall Elementary School when she was in fifth grade and attending Sullivan Middle School for three vears. Holdo was born in Pasadena but has lived in Bonsall since she was 3 years old and was at Bonsall Elementary School for six years before her Sullivan and Bonsall High School activities. Alanis was 12 when the Marine Corps transferred his father to Marine Corps Base Camp Lejeune, North Carolina, from Marine Corps Base Quantico, Virginia; the family had lived in Stafford, Virginia, about 14 miles from Quantico before their move to North Carolina.

"It's a tremendous honor. I was blessed that they decided to include me as a salutatorian," Alanis said.

The school's policies for valedictorian and salutatorian honors require at least three years of Bonsall High School attendance

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OG SPECIAL

but do not address a tie for the highest GPA.

"I'm very honored that they decided to extend the salutatorian title to me," Alanis said. "It's a real validating thing to have, to know that all the hard work over four years paid off."

Fowler noted that the assets of Barclay, Holdo, and Alanis are not limited to their academic accomplishments.

"Heather's a real leader among the senior class. She's very creative. She's very giving," Fowler said.

Barclay's support of other Bonsall students also impresses

"She's very creative. She's very loving. She's one of those students that every kid in the school knows they can come to for moral support," Fowler said.

Generosity is one of the traits Fowler noted about Alanis.

"He's one of those guys who'd give the shirt off his back," Fowler

Alanis was an athlete and a musician as well as a student who excelled in the classroom.

"Austin is kind of the epitome of the school," Fowler said. "He's capable of just about anything."

Barclay and Holdo did not plan to attend college together, but both chose the University of California Los Angeles for academic reasons.

"Heather and I are both going to UCLA, because we have similar interests and career goals," Barclay said.

Holdo will major in business economics and plans either a minor in marketing or a doublemajor with business economics and marketing. She would like to go into business for herself but said she is contemplating a business administration position at least initially until she can start her own business.

"She's going to do great things at UCLA," Fowler said.

Barclay will also have an economics major but is unsure whether her post-graduation plans will include starting her own business.

"I want to see what exactly I would need to do that," she said. "She has a great future ahead of her," Fowler said.

Alanis will also attend college

near where he spent his early childhood. The College of William and Mary is in Williamsburg, Virginia, which depending on traffic is about 90 minutes to two hours from Stafford, Virginia. Alanis will be a kinesiology major.

"He's got a great future ahead of him," Fowler said.

"Teaching and coaching is my predominant choice right now," Alanis said. "I'm keeping my options wide-open."

Barclay and Holdo both received certificates in digital publishing from Palomar College. Holdo said she considers those to be her favorite classes.

"I took several graphic design courses through Palomar College," she said. "I thought all of those classes were really fun and exciting."

During their junior and senior years, Barclay and Holdo worked as interns for the Fallbrook/ Bonsall Village News. Barclay cites her journalism activity as her favorite class.

"I really enjoyed journalism," she said.

Barclay said that graphic design was also at the top of the list for her favorite classes.

Danny Costa was one of the Bonsall High School cross-country coaches, along with Tamara Miller, for Alanis' senior season. Costa was also Alanis' world history teacher when Alanis was a sophomore, and Alanis said that was his favorite Bonsall High School class.

"That was just a very transformative class," he said. "I made a lot of friends, and I also learned a lot about life and school.'

As a senior, Alanis placed seventh among Division V boys at the CIF San Diego Section cross-country meet to qualify for the state meet. Al Greene was the coach during Alanis' sophomore year when the Legionnaires placed third among the San Diego Section's Division V schools to qualify for the state meet as a team.

"My favorite Bonsall High School memory was my sophomore year when our team qualified for state as a team," Alanis said. "It really showed that people from Bonsall could do something special."

The two valedictorians have multiple favorite memories of their high school.

"I don't think I have a specific memory. I enjoyed Bonsall,"

Barclay said. "I have a lot of memories. There's no specific one," Holdo

Holdo's favorite off-campus Bonsall High School memories include a field trip to the San Diego Safari Park. She also cited a notable classroom experience.

"We had to build a guillotine, which was not anything I'd ever expect to do, for our history class," she said.

All three have positive sentiments about attending a small high school.

"I loved that," Barclay said. "I felt a lot more comfortable and

"A lot of us really connect with the other people," Holdo said. "I think that really helped in becoming valedictorian and learning what I wanted to do."

"Bonsall's small size is its greatest asset and also its greatest liability. With a small school, I felt more connected to the student body and the teachers," Alanis

Alanis cited a limited number of sports teams as a small school's liability.

"I enjoyed going to Bonsall because it was a small school," Alanis said. "I liked it myself, but it's obviously not for everybody."

Barclay, Holdo and Alanis credit Bonsall High School with advancing their careers.

"I think it was an amazing opportunity. It's definitely going to help me be more ambitious in the future," Barclay said.

"I'm very grateful," Holdo said. "Throughout the years I've had a very good group of friends." "I'm very grateful for the

opportunities I got to experience at Bonsall High School," Alanis said. Fowler said that this year's

graduation ceremony will be virtual rather than with a full physical assembly.

"These kids really deserve more," he said. "They have been such great students."

Joe Naiman can be reached by email at jnaiman@reedermedia.

THE POWER OF SOLAR

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We are getting closer and closer to off the grid solutions. The state has just given the implementation of batteries a big boost. They have set aside \$600,000,000.00 for battery backup storage rebates. The program is known as SGIP which stands for Self-Generation Incentive Program. There are two categories of new, higher rebates for SGIP – "Equity" and "Equity Resiliency". Both categories aim to ensure lower-income, medically vulnerable, and at-risk for fire communities are at the front of the line to receive competitive incentives for battery storage. The first criteria involves several possible options to get in, but the easiest one of the choices for Fallbrook and Bonsall is the first requirement: You have experienced two or more utility Public Safety Power Shutoffs (PSPSs) OR live in a Tier 2 or 3 High Fire Threat District (HFTD. All of Fallbrook and Bonsall are in the Tier 2 HFTD. So the first requirement is automatic.

The second is a little more targeted towards those with health conditions or those reliant upon an electric powered well for their water. The two criteria that many of our residents fit in to are as follows: You are currently enrolled in a utility Medical Baseline Program: https://consumers.cpuc.ca.gov/ medicalbaseline or you have notified your utility of serious illness and/or life-threatening condition. This

notice is not simply something you file, but must be backed up with a Doctor's medical records. If you fit into this category, call me and I will walk you through the steps you need to take to get the proper documentation filed with SDG&E if you are not already enrolled in the Medical Baseline Program.

If you can qualify for the second category, then I can literally include a battery that will likely get you back 100% of the cost of the battery with your new solar system. The top rebate, if you meet the two requirements listed above (the first is automatic for our area) is \$1,000.00 per kilowatt hour of Battery Storage. The 10KW Battery is the one most commonly used, which would get you back \$10,000.00 rebate from the state. There are batteries that I can install along with your new solar system for the \$10,000.00 rebate amount. The batteries and/or the inverter systems we install also include an energy management system which allows you to harvest 100% of the power your solar system generates while the grid is down. Without an energy management system, when the grid goes down, so does your solar system, leaving you totally without power. These new systems mitigate that issue. If your solar system is sized correctly, then you will generate enough power during the daytime to keep all of your house



Terry and Louise Small, shown in the picture above, with Mark Kirk on the left and carpenter Rafael Urbina in the center, plan to add a second battery to their system to take advantage of the rebates and to give them a stronger backup position in the event of a shutdown.

systems running as they should. When the sun goes down and the system stops generating power, then the batteries kick in to a backup panel that keeps your refrigerator and other pre-determined critical circuits running throughout the night. When the sun comes up in the morning, the panels take over to run the house and recharge the battery making it ready again for the nighttime backup.

The rebates will be paid out on a first come first serve basis and even though it sounds like a lot of money, it will go very fast, so if you think you might qualify, contact me right away so that we can get your application in sooner **rather than later.** – Mark Kirk, MBK Solar

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BUSINESS

CARES Act offers help for investors, small businesses Updated with new legislation



FALLBROOK - As the world goes through the coronavirus crisis, people are all, first and foremost, concerned about the health of their loved ones and communities. But the economic implications of the virus have also weighed heavily on their minds. However, if you're an investor or a business owner, you may benefit from COVID-19 relief legislation out of Washington – and it could make a big difference, at least in the short term, for your financial future.

Expanded unemployment benefits – The legislation provides \$250 billion for extended unemployment insurance, expands eligibility and provides workers with an additional \$600 per week until July 31, in addition to what state programs pay. The package also covers the self-employed, independent contractors and "gig economy" workers. Obviously, if your employment has been affected, these benefits can be a lifeline. Furthermore, the benefits could help you avoid liquidating some long-term investments you've earmarked for retirement just to meet your daily cash flow needs.

Direct payments - You may already have received, or soon will receive, a one-time direct payment from the government. Individuals will receive up to \$1,200; this amount is reduced for incomes over \$75,000 and eliminated altogether at \$99,000. Joint filers will receive up to \$2,400, which will be reduced for incomes over \$150,000 and eliminated at \$198,000 for joint filers with no children. Plus, taxpayers with children will receive an extra \$500 for each dependent child under the age of 17. If you don't need this money for an immediate need, you might consider putting it into a lowrisk, liquid account as part of an emergency fund.

No penalty on early withdrawals - Typically, you'd have to pay a 10% penalty on early withdrawals from IRAs, 401(k)s and similar retirement accounts. Under the legislation, this penalty will be waived for individuals who qualify for COVID-19 relief and/ or in plans that allow COVID-19 distributions. Withdrawals from traditional retirement accounts will still be taxable, but the taxes can be spread out over three years. Still, you might want to avoid taking early withdrawals, as you'll want to keep your retirement accounts intact as long as possible.

Suspension of required withdrawals - Once you turn 72, you'll be required to take withdrawals from your traditional individual retirement account and 401(k). The legislation waives these required minimum distributions for 2020. If you're in this age group, but you don't need the money, you can let your retirement accounts continue growing on a tax-deferred basis.

Increase of retirement plan loan limit – Retirement plan investors who qualify for COVID-19 relief can now borrow up to the lesser of \$100,000 or the vested balance from their accounts, up from \$50,000 or 50% of the vested balance, provided their plan allows loans. We recommend that you explore other options, such as the direct payments, to bridge the gap on current expenses and if you choose to take a plan loan work with your financial adviser to develop strategies to pay back these funds over time to reduce any long-term impact to your retirement goals.

Small-business loans - Included in the legislation is the Paycheck Protection Program, which initially provided \$349 billion in federally guaranteed loans to

help small businesses – those with 500 or fewer employees – retain workers and avoid closing up shop. The first allocation of funds was quickly depleted; however, Congress authorized an additional \$310 billion for personal protective equipment. These loans may be forgiven if borrowers use the loans for payroll and other essential business expenses, such as mortgage interest, rent and utilities, and maintain their payroll during the crisis. We'll be in a challenging economic environment for some time, but the legislation should give us a positive jolt – and brighten our outlook.

Edward Jones financial advisor Brian Schrock is located at 1434 S. Mission Road, Suite B, in Fallbrook. For more information, call (760) 731-3234.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones. Member

Protect yourself from online scams

Rebecca Gramuglia

Special to Village News

Whether their favorite store is temporarily closed or they prefer to shop from the comfort of their own home, many Americans have gravitated toward online shopping during the coronavirus pandemic.

And according to a recent survey from TopCashback.com, 60% of Americans are shopping online

more than they were a month ago. To help residents safely navigate online shopping, use these five

Steer clear of suspicious

Even if they're simply shopping

for household essentials or face masks, residents may come across a variety of sites; however, if they see one that seems questionable, has an outdated design or has multiple pop-up windows, it may not be a legitimate retailer. Refrain from making any purchases on these types of sites to ensure that their personal information does not get compromised.

Verify the URL. Even if the website they're shopping on looks and seems OK, be sure to check for either a little padlock icon on the left side of the search bar or if the URL says "https://" emphasis on the "s." This layer of security is essential when shopping online and sharing personal information.

If the site is not secured or the URL only features, "http://," their browser may point it out in the search bar.

Avoid unsecured networks and devices

Take all the steps to protect themselves when accessing personal information and shopping online, and be sure to use security software and firewalls to keep that information secure. And while sitting at a coffee shop on a laptop is temporarily out of the question, residents should still avoid accessible public Wi-Fi networks to make sure no one can potentially access their information. An easy way to keep personal information secure is to regularly change their passwords, usually every three to six months, to reduce the chances of someone accessing their data, profiles, etc.

Use protected payment methods

Online safety not only means using secure sites and networks,

but it also means that residents should use a secure method of payment when making purchases online. By paying with a credit card or PayPal, they are adding a layer of consumer protection that can guard against fraud; however, residents should not get a false sense of security. If they notice any suspicious activity on their credit card, contact the provider immediately.

Beware of phishing emails.

Especially with more Americans doing their shopping online during this time, it's inevitable that their inboxes may get flooded with promotional emails. However, they should be wary of any enticing emails from an unfamiliar sender in their inbox. Residents can avoid the most common type of fraud by deleting any suspicious emails and even if it looks like it could be a legitimate promotion, know that criminals use this scheme to get them to provide personal information.

Residents can also get a virus

on their computer simply by opening the email, so be cautious. In addition to unfamiliar emails, be on the lookout for phishing emails disguised as if they came directly from family members, coworkers, etc. If the message looks strange, double-check the sender address to see if it is actually from that person. More often than not, a resident's gut feeling is usually right, so they should delete the message immediately if it is actually not from a person they know.

Look out for price gouging

Do not fall for price-gouged goods like health and medical supplies. If residents notice an unusually high markup on an item like hand sanitizer online, do not buy it – instead, learn more about how to report it via https://www. justice.gov/coronavirus.

Rebecca Gramuglia is a consumer expert at TopCashback.











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SAN DIEGO - San Diego County Treasurer-Tax Collector Those seeking penalty relief must mail in the following three Dan McAllister reminded items: a COVID-19 penalty cancellation request form, which is available at https://www.sdttc. Over the next two weeks, the com/content/ttc/en.html; payment for the second installment of property taxes they owe and

delinquent property taxpayers that they have only 54 days to pay their bills before they go into default. Treasurer-Tax Collector's Office will mail notices to roughly 50,000

delinquent taxpayers, reminding them of the June 30 deadline. All taxes that remain unpaid July 1 will incur a 1.5% penalty each month until they are paid in full. The Treasurer-Tax Collector

will waive late penalties for those who can provide documentation showing that they were directly impacted by COVID-19.

"We know this crisis has caused unprecedented challenges for our property taxpayers, so we will be as lenient as possible," McAllister said. "However, if we receive a COVID-19 penalty cancellation request without any documentation or a payment attached, it will be denied."

Less than 2 months left to pay late property taxes

and file COVID-19 penalty cancellation requests

printed documentation showing how they were impacted by the coronavirus pandemic and why they could not pay their property taxes by April 10, the delinquent

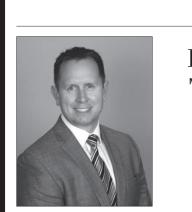
Taxpayers can mail the request, documentation and payment to SDTTC - ATTN: COVID-19 REVIEW, 1600 Pacific Highway, Room 162, San Diego, CA 92101. They can also drop off the information in a Treasurer-Tax Collector drop box found outside all our convenient branch locations

All penalty cancellation requests will be reviewed and approved on a case-by-case basis. If a taxpayer is unable to pay their second installment by June 30 and is seeking an extended period of time to pay, state law provides the option of a payment plan beginning July 1. However, once taxes are in default, all penalties and interest apply when going on to a payment plan.

"For those impacted by the coronavirus pandemic this is a rare chance to pay taxes without penalty after April 10, but we don't want anyone to incur hefty penalties July 1," McAllister said. "Those who can pay now should do so. Property taxes fund many essential services, including coronavirus response and the salaries of first responders.'

Residents should stay up-todate on ways to stay healthy, current closures and the county's coronavirus response at https:// www.coronavirus-sd.com.

Submitted by the San Diego County Treasurer-Tax Collector.



Edward Jones MAKING SENSE OF INVESTING

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Congratulations to our new **Board of Directors**

Their term will begin on July 1. We are grateful for their willingness to serve.

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Jane Kepley, 18-21

Marc Sigmon, 18-21

George Archibald, 19-22

Kyle Adams, 19-22

Kim Murray, 19-22

Deborah L. Zoller, 19-22

Brian Astredo, 20-23

Deborah Bottomley, 20-23

Pierre Domercq, 20-23

Theresa Geracitano, 20-23

Marianne Nolte, 20-23

April Masked Members

Left to right, top to bottom: Deb Bottomley, Miriam Key, Marina Lopez, Kevin Alvillar, Mike Stanicek, Marcia Jackson, Tom Frew & Sherri Trombetta



















2020 **Summer Dates**

5 - 8 pm **Downtown Fallbrook**

We will keep you updated!!

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CHAMBER OF COMMERCE

Vulnerable seniors are at greatest risk amid COVID-19. Let's help keep them safe and cared for Contact The Foundation for Senior Care at (760) 723-7570 or www.foundationforseniorcare.c or the Senior Citizen's Service Club at (760) 728-4498 or www.Fallbrookseniorcenter.com



those in need. Fallbrook Food Pantry (760) 728-7608 or www.FallbrookFoodPantry.org

Volunteer at a Food Bank

Food Banks are in great need of volunteers to help pack and sort food. They are taking precautions to help prioritize volunteer safety. Fallbrook Food Pantry (760) 728-7608 or www.FallbrookFoodPantry.org

Support Non-Profits Non-Profit organizations serving vulnerable communities - like seniors and low income famili

need your help. Find a fund to donate to Nonprofits in our community at

Wellness Checks

Create hygiene kits and drop off at the Fallbrook Food Pantry or contact your local church for people experiencing homelessness to help them stay healthy and safe. **Donate Blood**

Healthy eligible donors are urged to come out and give to ensure that there is lifesaving bloo on the shelves for those who need it most. Visit the Red Cross at www.redcrossblood.org or

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Ads must be submitted in single-page flyer format (already created), and payment must be received prior to the run. Call for more information!

MEMBER SPOTLIGHT

Foundation for Senior Care

The Foundation for Senior Care quickly responded to the urgent needs that emerged for local Seniors when the coronavirus forced shelter-in-place measures to be taken. Recognizing the limited access to food <mark>an</mark>d personal hygiene items posed by the virus for those over the age of 65 and those that might be immune-compromised, the FSC staff transformed its existing transportation and adult day care program into an emergency grocery delivery service to enable Seniors to stay safely at home. FSC Staff is available Monday through Saturday to take orders and help fill a significant community demand. The FSC Care Advocates continue to help

Seniors with ongoing needs for durable medical equipment, offering guidance on home health care and assisted living options, and providing a reassuring voice at a time when anxiety is so commonplace. Donors continue to make such critical services possible and are able to visit the FSC website to make donations at foundationforseniorcare.org.



paid advertisement

New Members

Please welcome these new businesses and individuals to our Chamber membership by introducing yourselves at one of our functions!

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Who's Open?

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Annual Awards and Installation Luncheon

Wednesday, June 24 11:30 am (tentative)

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760.728.5845 www.fallbrookchamberofcommerce.org

Information on this page is provided by the Fallbrook Chamber of Commerce.

111 S. Main Avenue • Fallbrook, CA 92028

Foundation for Senior Care assists in food delivery for



The Foundation for Senior Care helps the Fallbrook Food Pantry with much needed grocery deliveries three times a week to seniors in the Fallbrook and Bonsall area. From right, Fallbrook Food Pantry president Dale Mitchell hands groceries off to Fallbrook Food Pantry executive director Shae Gawlak. At the receiving end are Dr. Robert Pace, president of Foundation for Senior Care and Keith Birkfeld, executive director of Foundation for Senior Care. Driving the van for the foundation is Lucy Robertson. The foundation averages 20 to 25 deliveries a day to seniors five days a week with no charge to the recipients.

Breakfast ~ Lunch ~ Dinner 7 Days a week • 8am-8pm

Z Cafe Family

As we are all aware of COVID-19, just like you, we are taking it day by day. For now, we will remain to stay open and continue to uphold our sanitation procedures. Our number one priority is the safety and health of our customers and employees. We will continue to monitor the local health guidelines and take action accordingly. Currenty, the dining room is unavailable, so we highly recommend our customers call in their favorites and pick up their orders with our new CURBSIDE SERVICE. We would like to thank you all for the love and support during such a challenging time.

We are amazed by this community! - Z Cafe Management

RIVER VILLAGE CENTER 5256 S. MISSION RD, BONSALL **760-940-1751**





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Class of

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Big rig fire causes lane closures on southbound I-15 Monday afternoon



A big rig fire closed lanes of Village News/North County Fire Department photo southbound Interstate 15 near Fallbrook Monday afternoon.

Will Fritz

Staff Writer

A big rig fire shut down lanes of southbound Interstate 15 near Fallbrook Monday afternoon, May 4, a fire official said.

It all began a little before 1:25 p.m., when the big rig's driver realized a rear tire was on fire and pulled over on southbound I-15 just north of Mission Road, according to North County Fire Department Capt. John Choi.

After the rig came to a stop, the entire trailer became engulfed in flames.

The driver was able to safely exit the rig, and North County fire crews arrived to put out the blaze, which extended into nearby vegetation before being contained at 1:47 p.m., Choi said.

A Cal Fire San Diego crew also assisted in stopping the blaze.

Will Fritz can be reached by email at wfritz@reedermedia.com.

Angel Society lends a helping hand

FALLBROOK - The Angel Thrift shop, 1002 S. Main Ave., will reopen as soon as possible after COVID-19 restrictions are lifted. In the meantime, the Angel Society Board of Directors continues to conduct business via online meetings.

Philanthropy donations totaling \$10,000 were approved at its April meeting. These funds went to the Fallbrook Senior Center, North County Boys and Girls Club, Fallbrook Food Pantry and Foundation for Senior Care. All funding was for their current food programs.

At the same time, the board approved \$18,750 for scholarships to be awarded to 27 graduating Fallbrook High students.

It was also announced that fabrics from the Angel Thrift shop had been donated to members who made masks that were given to nurses at Scripps and Kaiser hospitals, as well as to a hospital in Texas and the Vista Meals on Wheels. Fabrics were also given to military wives on U.S. Marine Corps Base Camp Pendleton so they could make masks too, while some directors made masks for family and friends.

Plans are being formulated so that upon reopening all precautions will be taken to protect the volunteer workers, customers and many wonderful community members who bring their donations of clothing, household items, treasures and jewelry to the Angel Shop door. Puzzles, games and fabrics flew out the doors before they were closed so the Angel Thrift shop will need the community's help in restocking those shelves.

In the meantime, they would like to offer the following suggestions to those who have been using their time to organize their closets. While the Angel Thrift shop welcomes donations, their storage space is limited, they ask that donors hold their special outof-season items until a later date.

Quoting from a CEO of a San Diego online clothing resale company, "with transit times (seven to 10 days) and processing times (an additional 14 plus days) all available data says there is zero chance the virus can live on clothing/plastic long enough to be an issue."

Cleaning is still up to the purchaser.

The Angel Society said they also appreciates the Village News for keeping the community informed at this crucial time.

Submitted by the Angel Society.





Adam Beam The Associated Press

Two more counties in Northern

California allowed many

businesses to reopen Monday,

May 4, in defiance of Gov. Gavin

Newsom's orders intended to slow

the spread of coronavirus and prevent the health care system

Yuba County and adjacent

Sutter County followed the lead

rural Modoc County took Friday,

May 1, amid pressures to restart California's economy even as

hospitalizations and deaths from

Dine in or takeout. Hot Mess

Monday is our breakfast special,

and Dirty Fries are back by popular

demand," Lambert House Cafe

in Yuba City's said in a 7 a.m.

Dan Flores, county administrator

Steven Smith, a man who only

identified himself as a regular and

a server. All wore masks except the regular who wrapped a black

Newsom's 6-week-old order

requires nearly 40 million

residents to remain mostly at

home. Businesses which were not

deemed essential were ordered

closed until COVID-19 testing,

hospital and death rates indicate

the state outbreak is beginning to

T-shirt around his face.

Inside were county Supervisor

"Annnnnnnnnnd we're back!

from being overwhelmed.

COVID-19 continue.

Facebook post.

NATIONAL

Two more California counties allow

some businesses to reopen

Los Angeles police officers keep demonstrators off the street as people urge

to work.

the reopening of businesses during the coronavirus pandemic in front of Čity Hall in Los Angeles Friday, May 1. A Los Angeles Police Department officer was arrested early Sunday on suspicion of shooting and

wounding a fellow officer while they were off-duty at a Southern California recreation area, authorities say.

ease. Millions have been unable

More than 2,200 Californians

have died from coronavirus

and nearly 55,000 have been

confirmed to have it, according

to data compiled by Johns

Hopkins University. The number

of infections is thought to be far

higher because of a shortage of

While the governor has promised

a cautious, phased reopening of the

state, some people don't want to

A recent heat wave brought

thousands out to major beaches in

Orange County, leading Newsom

to order that county's beaches

closed, leading to protests and

efforts by some to head to the

water anyway over the weekend.

representative John Pope said

lifeguards and police officers

asked more than 2,500 people to

leave. A Huntington Beach police

representative said people were

cooperating, and no citations

had been issued as of Sunday

Individual businesses around the

In the rural northeast corner of

California, Modoc County Sheriff

Tex Dowdy said the zero confirmed

cases of COVID-19 among

Modoc's 9,000 residents was a

deciding factor in the allowing

OBITUARIES

No obituaries were submitted this week.

state have also opened in defiance

of state and local orders.

afternoon.

If you won't listen

benefits of pre-need

planning, listen to

your accountant.

to us about the

Newport Beach city

<u>www.VillageNews.com</u> | The Fallbrook Village News | **A-15**

P PAM Moss

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AP photo/Damian Dovarganesk photo

for a "staged, safe" reopening. No

problems were reported over the

of Sacramento, are not only much bigger with a combined population

of about 175,000 people – many

of whom commute to jobs in the

capital region – but have had 50

confirmed cases of the disease and

Cool Hand Luke's steakhouse

in Yuba City, said 25 employees

who were laid off returned to work

Sunday to help prepare for the

reopening. He said he was eager to

welcome customers back into the

bar and dining room but was wary

of the slow return to business as

usual. Customers must sit a booth

apart, meaning he can only fill half

For the vast majority of people,

coronavirus causes mild or

moderate symptoms. For some,

especially older adults and people

with existing health problems,

it can cause more severe illness,

be spread in close quarters by

people who don't known they've

contracted it and that allowing too

much contact too soon could lead

John Antczak and Christopher

Weber contributed from Los

The Associated Press writers

to a second surge of cases.

Angeles.

All the facts add up to one conclusion:

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ensures your final needs are fulfilled,

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for your family and friends. Even the stodgiest accountant knows you can't

debate with that logic.

pre-need planning makes sense.

The fear is that the virus can

including pneumonia and death.

Jesse Villicana, the owner of

Yuba and Sutter counties, north

weekend, officials said.

three deaths.

of the restaurant.

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Dijonnaise | Spring Fruit Jam CHILAQUILES 15 2 Fried Eggs | Cotija | House Crema

Roasted Salsa | Corn Tortilla Achiote Pork Loin

BRUNCH PIZZA 16

Sunny Egg | Mozzarella | Roasted Potato |

12" | 8 Slices | Sub GF Cauliflower Crust \$3

House Mornay | Breakfast Sausage

AVO BREAKFAST TACOS 15

COUNTRY POTATO SKILLET 16

Yukon Hash | Herbed Breakfast Gravy

Medium Egg | Smashed Avo | Cotija Yukon Hash | Pico De Gallo

PRIMAVERA SALAD 15

Baby Kale-Argula | Strawberry

Ricotta Salata | Avocado-Basil Vinaigrette

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DESSERT

VANILLA BREAD PUDDING 7

CHOCOLATE PANNA COTTA 8 Whipped Cream | Cracked Toffee



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- Baskin-Robbins
- Bonsall Woman's Club
- Fellowship of Christian **Athletes**
- North Coast Church in Fallbrook
- Angel Society
- Coldwell Banker Village **Properties**
- Fallbrook Village Rotary
- Fallbrook Republican Women Federated
- Fallbrook Vintage Car Club
- Major Market Starbucks

WINE

A Sunday afternoon tour of Temecula Wine Country, a firsthand account

Staff Writer

On a beautiful Sunday afternoon, May 3, I embarked on a tour of Temecula Wine Country, looking to see what area wineries are doing during the lockdown restrictions handed down by California Gov. Gavin Newsom more than a

month ago. While some wineries were closed, at least in the afternoon, others offered wine club pickups

and bottle sales, both inside tasting rooms and at outdoor locations, but no tastings seemed to be offered at the 10 or so wineries that I visited.

For an afternoon like the one on Sunday, roughly 73 degrees and breezy, the wine country would generally be teaming with people, tour groups bussing wine drinkers between stops, groups laughing at tables, wedding parties bustling in and out of the region.

But these are very different



A customer makes a purchase at Ponte Winery Sunday, May 3, inside the doors at the winery that lists Valley News/Jeff Pack photos the restrictions put in place by winery management.







Monte de Oro Winery has draped a huge American flag in front of their tasting room which faces Rancho California Road.

In the weeks leading up to Sunday, visitors would be hard-pressed to find more than five vehicles in any given parking lot. The roundabout at Anza and Rancho California roads before might take a minute or two to enter, but it was smooth sailing on this day.

A growing restlessness with the restrictions imposed by the governor, combined with outright protests on a weekly basis, has maybe convinced people to venture out a little more.

There were more cars on the road, more cars in the parking lots.

I found groups of people congregating on their own in the grassy areas at a winery on Rancho California Road and several groups of anywhere from a couple to a dozen people in camping chairs and sitting in on the bumpers of their cars in the parking lot of yet another.

Construction continued on a developing winery on De Portola Road.

Admittedly, these are tough

times for wineries, unprecedented in fact. The intent of my journey to wine country was to attempt to show the beauty that is being missed by so many.

But herein lies the overwhelming feeling when visiting these days – a billion-dollar industry has ground to a near halt – and in some cases, people's livelihoods are at risk.

Perhaps lost in the confusion are the hundreds of employees that have been laid off or furloughed. Hostesses, wine servers, sommeliers, groundskeepers, janitorial staff, farmworkers – all let go.

As the chants to reopen grow louder, one has to question, what does that look like?

Clearly some wineries are allowing guests to linger on the property and to drink their wine purchase while others are strictly adhering to the guidelines.

For a region that spends hundreds of thousands of dollars per year collectively promoting itself far and wide as a wine region worth visiting, is it fair for some wineries to seemingly turn the other cheek while others continue to abide by the rules?

If an employee was let go by a winery immediately when the restrictions were put in place, are they more or less likely to return to that winery when the call to reopen is answered?

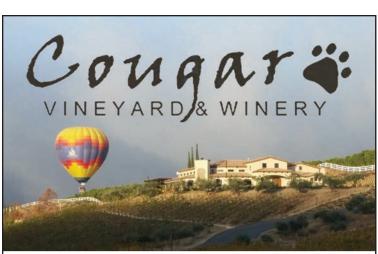
Will some employees have moved on from the industry, seeking jobs in other fields, hoping for a more lucrative and stable career?

Where will that loss leave winery owners, general managers and others as they try and put together the pieces of a once-thriving business that reopens to a response almost nobody can predict?

When will the dam break, and more and more of the public decide to ignore the county and state restrictions and visit the wineries anyway?

How will wineries react to that? Like everything else these days, I await the answers that only time will tell, but it sure will be inter-

Jeff Pack can be reached by email at jpack@reedermedia.com.



New Daily Hours

In this ever changing COVID-19 life, we at Cougar have decided to pivot again.

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May 7, 2020 www.VillageNews.com Volume 24, Issue 19

Fallbrook Protea farm hosts spring picking event



Stephani Baxter of the Fallbrook Protea farm selects protea flowers during a spring picking event for invited guests. With protea arrangement sales down due to the COVID-19 pandemic, Stephani and her husband Dave Baxter opened their grove of sugarbushes to selected guests for free picking while practicing social distancing, Saturday, May 2.



Protea flowers are in full springtime bloom as guests pick the flowers during a free picking event at the Fallbrook Protea farm. The Baxters will be at the Vineyard at 1924 on East Mission, Saturday afternoon, May 9 to sell Mother's Day bouquets.



Marsha Meers surveys the grove of blooming sugar bushes at the Fallbrook Protea farm during a free picking event.



Guests at the Fallbrook Protea farm search for their own choice of protea flowers during a free picking event offered by Stephani and Dave Baxter.



Growing on a sloping hill at the Fallbrook Protea farm, a variety of sugar bushes with blooming protea flowers overlooks the Santa Margarita Preserve and De Luz.



Paul Schuman selects an arrangement of protea flowers and filler during a free picking event at Fallbrook Protea.



Anne Klentz shows her selection of protea flowers during a free picking event at Fallbrook Protea.



Karla Standridge and her son Sam, 3, pick protea flowers during a free picking event at Fallbrook Protea.

HEALTH

County rolls out testing, tracing and treatment strategy

Katie Cadiao

San Diego County Communications

The county is rolling out a new strategy in its fight against the COVID-19 pandemic. The "T3" strategy will address three crucial areas: testing, tracing and treatment.

While treatment options for the novel coronavirus are still being developed, the San Diego county's Health and Human Services Agency is focusing on isolating people with confirmed COVID-19 infections and quarantining their close contacts. HHSA is also working to increase the region's testing and contact tracing capabilities.

"We continue to expand our team of contact tracers," Nick Macchione, director of HHSA. said. "The number of tracers has surpassed 100 and this week, an additional 20 tracers will be added. These are our disease detectives and a critical component of our T3 strategy."

To assess and increase testing capabilities, the county has organized a Laboratory Testing Task Force of local hospitals, relevant clinics and commercial laboratory systems. Right now, labs in the region can test more than 3,400 specimens per day. The County Task Force has set a

goal of testing nearly 5,200 people a day, with that figure based on Harvard research being used by the state and federal government to set COVID-19 testing numbers.

Two-week testing trends

One of the federal criteria that the county is closely monitoring is the number of positive cases of COVID-19 in comparison to the number of tests administered over a 14-day period.

In the past 14 days, 21,254 tests have been administered and 1,384, or 6.5%, were positive for COVID-19. This includes 173 new cases announced April 28. The goal is for that rolling percentage to trend downward over time.

Cases and deaths increase

The number of local COVID-19 deaths went up by five, bringing the region's total to 118. With the additional 173 positives reported April 28, there are now 3,314 confirmed COVID-19 infections in the county.

Of the five new deaths reported, two were women and three were men. One person died April 25, two April 26 and two April 27. The ages of the five people who died ranged from 56 to 87 years. All five had underlying medical conditions.

The county also updated the number of outbreaks at nursing homes and other congregate living facilities. There are 42 cumulative



San Diego County is offering testing for COVID-19 at drive-up sites.

active outbreaks, 28 of which are at congregate living facilities and

14 in community settings. There have been 664 cases and 57 deaths in congregate living facilities and 115 cases and four deaths in community settings.

More COVID-19 information The county is now reporting the rate of positive cases by ZIP code, which is a more accurate indicator when comparing data among groups of different sizes.

Hospitals report directly to the state the number of patients who are currently hospitalized and in intensive care.

The county's COVID-19 webpage contains additional information on the disease,

Village News/San Diego County photo including a graph showing new positive cases and total cases reported by date. The data is also broken down by gender, race and ethnic/race group. An interactive dashboard with several COVID-19 indicators is being updated daily. For more information, visit https://

www.coronavirus-sd.com.

Handling the stress of the current health crisis

The American Counseling **Association**

Special to Village News

The coronavirus pandemic has created high levels of stress and fear for many people. The anxiety can seem overwhelming to many people, but learning to cope with and manage that stress is important for everyone.

While everyone has different reactions to stressful situations, there are ways for most people to reduce the negative effects that the stress of a crisis can have for them and those around them.

As they might expect, fear and anxiety over this disease is highest for those most at risk, including older people and those with chronic diseases and other underlying health issues putting them at higher risk. But stress can also be high for those whose work requires them to deal directly with the disease and those suffering from it, including not only doctors and other health care providers, but first responders as well.

The effects of stress that an infectious disease outbreak can bring on include not merely worrying about their own health and the health of those close to them, but also the changes it may bring to their life. They may find they're experiencing changes in eating or sleeping patterns. Everyday issues or simply concentrating may be more difficult to handle. Excessive stress can lead to a worsening of chronic health issues and may lead some to increased use of alcohol, tobacco or other drugs. Those with preexisting mental health conditions may find themselves facing new or

It's important to pay attention to high stress levels in their life

Still if a person is in this

predicament or knows someone

who is, this column lays out the

main options available. A warning:

As a general rule, the option that

gives the greatest coverage for the

lowest price for the longest time is

The Consolidated Omnibus

Budget Reconciliation Act,

which passed in 1985, gives

employees who have lost job-

based coverage the right to remain

on their employers' policies for at

least 18 months or longer under

some circumstances. COBRA applies to employers with 20 or

more employees, and workers

who've lost their jobs have to

pay the entire premium plus a

small administrative fee. The

average annual family premium

for employer-provided coverage

last year was \$20,500 with the

employee paying only \$6,000 of

that amount. It isn't likely to be a

great option for someone who was

All have drawbacks.

the best choice.

worsening symptoms.

and to try to reduce their effects as best they can. One starting point is to simply take breaks from all the news stories and social media reporting of the pandemic. Constantly reading or hearing about the issue only amplifies the stress they're already feeling.

It's also important to stay physically and mentally healthy. Eat regular, well-balanced, healthy meals. Get plenty of exercise maybe your gym is closed, but the great outdoors offers plenty of opportunities for walks, stay well rested and avoid drugs and alcohol. Make time to relax, maybe reading

books or watching favorite TV shows. Stay in contact with others using the phone or texting if selfisolating is being practiced.

If people find their stress is overwhelming, call a health provider. Stay in control and they'll get through it.

Counseling Corner is provided by the American Counseling Association. Send comments and questions to ACAcorner@ counseling.org or visit https:// www.counseling.org.

Thinking About Health:

Losing a job often means also losing insurance

Trudy Lieberman

Community Health News Service

The growing numbers of unemployed Americans - likely to hit 20 million or more thanks to the effects of the coronavirus – bring with them a loss of employerprovided health insurance coverage. The pandemic has laid bare the deficiencies in America's main vehicle for providing health insurance.

The system, which grew up after World War II as a way to attract workers, had already begun to

decline. Over the past 20 years the share of nonelderly Americans covered by job-based insurance dropped from 68% to 57%. Significantly that drop has been true for all income groups below \$104,800 for a family of four and about \$51,000 for a single person.

Those grim stats raise a crucial question: How will laid off middleincome workers be able to pay for insurance premiums on their own let alone the deductibles, coinsurance and copays that come with policies these days? Many cannot.





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just laid-off. Affordable Care Act policies are a better option for many workers who've lost their jobs. While they are a good solution for some people, they are problematic for others. Those with low and middling incomes below 250% of poverty, or a little more than \$64,000 for a family of four, should consider an ACA policy.

They'll receive government

help paying the premium and, most important, help paying the deductibles, coinsurance and copays, which are increasingly pinching family budgets, making it hard for them to afford care.

Families with incomes between 250% and 400% of poverty, which is nearly \$105,000 for the family of four, do get some help paying the premiums, but the amount of help declines the higher the income.

The biggest problem for families in this group is that there is no help from the Affordable Care Act with the cost-sharing expenses: deductibles, co-insurance and co-pays. It makes these policies less attractive, especially when someone gets sick and finds that a deductible of \$8,000 means they won't get any help until they have paid at least that amount out of pocket.

If they don't qualify for costsharing subsidies, they'll have to make this choice: Go with a cheaper premium but higher cost sharing and be prepared to pay more if they get sick. Or pay more up front and have more protection when illness strikes.

Remember that having a preexisting health condition is not a barrier to obtaining an ACA policy. That is a huge help to anyone who is ill.

Since the president has said he will not open the federal ACA

marketplaces now closed, they'll have to apply for a policy through a special provision that lets people enroll if they've lost employer coverage in the last 60 days or expect to lose it in the next 60 days.

They can also qualify if they've lost the coverage they had through a family member. Go to this website for more information: https:// www.healthcare.gov/glossary/ special-enrollment-period/.

Medicaid is a good option for people with very low incomes. It provides comprehensive coverage, but it's hard to get. In most states, an adult's income must be no greater than \$17,609 to qualify.

Some states have even lower limits to receive benefits. Some have tried to impose work requirements as a condition for receiving benefits, but those are gone now. And the Families First Coronavirus Response Act that Congress passed March 18 bans states from disenrolling anyone who was covered by Medicaid as of that date, making it easier to maintain coverage. Short-term policies are an

alternative made available last year by the Trump administration. They offer coverage for up to three years and can cost as much as 50% less than more comprehensive policies. But they generally don't cover preexisting conditions and often don't cover maternity care, mental health or prescription drugs.

I call them the "buyer-beware" option because some consumers have purchased them only to be left with large bills when they got sick. If they're offered one of these, proceed with extreme caution.

Navigating this marketplace has never been easy.

Send your health policy questions and concerns to Trudy at trudy.lieberman@gmail.com.



Key differences between nursing homes and senior living

FALLBROOK – As nursing homes around the country continue to be affected by the coronavirus, many families face confusion about the differences between nursing homes and assisted living communities. Typically, families have very little experience with either type of care. Here's a closer look at the key differences between the two:

Personal choice versus medical necessity

The main difference between assisted living and nursing home care is assisted living offers personal care in a home-like, social setting while nursing homes provide medical and personal care in a clinical setting.

In general, living in an assisted living community is a personal choice, whereas entering a nursing home usually follows a significant medical event like a stroke, heart

attack or surgery.

Since assisted living communities maximize quality of life and foster a more independent lifestyle, families often prefer them over nursing home care when possible.

nursing home care when possible. Levels of care and length of stay

While assisted living communities and nursing homes both offer healthcare services, the levels of care and length of time a senior stays there are considerably different. Seniors residing in an assisted living community are often independent or require some assistance with activities of daily living, like medication management, mobility or memory loss

By contrast, care levels at nursing homes, also known as skilled nursing, administer to more serious medical conditions. Patients often require aroundthe-clock care and monitoring, to oversee more complex health care conditions such as respiratory care, rehabilitation from surgery and physical or speech therapy.

Nursing homes usually tend to all or most of the activities of daily living seniors face each day. About a quarter of people in nursing homes stay for less than three months according to https://www.CareConversations.org, a trade association website, which makes nursing homes a necessary option for complex or advanced medical care.

Active lifestyle versus isolated recovery

Assisted living usually resembles an upscale apartment community and is built to meet the needs of a more demanding senior consumer. They can feel more resort-like with stylish, contemporary apartment homes that can be personally furnished, decorated and have a key to the front door. These vibrant communities offer events, activities and the opportunity for new friendships all while providing added peace of mind knowing that future care needs are met.

Nursing care centers are more institutional because of the type of care being provided to the most vulnerable seniors. Patients are more likely to be isolated as a result of their weakened conditioned and even share a room with others. They receive their meals in-room to accommodate recovery efforts, and there is limited engagement in activities and socialization.

Assisted living communities – a safe solution

As families learn more about the real differences between assisted living and nursing homes, they can have greater confidence in the safety of assisted living communities for

their loved ones. Experienced operators like Silvergate Retirement Residences, an award-winning senior living provider across north San Diego County, have enacted the highest health standards to protect their residents during the stay-athome order. With daily monitoring, families enjoy greater peace of mind knowing that their loved one is being watched over carefully.

Silvergate Fallbrook offers independent living, assisted living and memory care in a senior living community that features studio, one-bedroom and two-bedroom accommodations. To take a virtual tour or learn about apartment availability, call Helen Gray, marketing director for the community, at 760-728-8880 or visit https://www.Silvergaterr.com.

Submitted by Silvergate Retirement Residences.

Temecula Valley Hospital resumes certain elective surgeries

TEMECULA – Temecula Valley Hospital and Southwest Healthcare System at Rancho Springs Medical Center in Murrieta and Inland Valley Medical Center in Wildomar were preparing to perform certain elective surgeries based on recent guidelines set forth by health care and state officials, starting May 4.

Darlene Wetton, CEO of Temecula Valley Hospital, and Jared Giles, CEO for Southwest Healthcare System, said while the hospital is ready to meet the surgical needs of their patients, they recognize that some individuals may have concerns about coming to the hospital while some COVID-19 cases are still being reported in the state.

"We want to assure the public that we are doing everything we can to ensure the health and safety of patients and staff during this challenging time," both Giles and Wetton said.

To give patients greater peace of mind, the hospital implemented additional safety protocols that include: screening temperature checks and health questions being asked at entry points before anyone is allowed to enter the hospital; deep cleaning and disinfection; suspended visitation; as well as practicing appropriate social distancing.

The enhanced cleaning and sanitizing protocols also include the use of UV light sterilization, as a further method of disinfection.

The surgery teams at Southwest Healthcare System and Temecula Valley Hospital are working with physician offices to accommodate the scheduling of surgeries and procedures that were postponed due to COVID-19, or that may have recently become a health priority. Patients are encouraged to contact their surgeon or physician for more information.

"The top priority is to ensure that we are providing a safe, quality experience for patients where they can feel protected during their hospitalization," both Giles and Wetton said.

Submitted by Temecula Valley Hospital and Southwest Healthcare System.

Significant patient volume declines due to COVID-19 leads to workforce reduction for Palomar Health

ESCONDIDO – Due to the financial strain caused by the COVID-19 pandemic, Palomar Health announced April 28 that it is eliminating 317 positions effective Wednesday, April 29, to ensure the organization can continue providing healthcare to North San Diego County residents now and in the future.

Employees who are affected will receive a severance package and are immediately eligible for unemployment and health insurance coverage through their severance period.

The layoffs are a result of a 45-50% decrease in patient visits throughout the health system, which led to a \$5.7 million operating loss in March alone with losses in April expected to be worse, yet hard to estimate given the uncertainty of the virus.

Palomar Health will slowly and safely resume surgical procedures based on the availability of personal protective equipment and virus testing, but the loss of revenue from shutting down elective surgeries for the past six weeks cannot be recovered quickly.

Future patient visits may also be negatively impacted by the uncertainties of the economy as patients may lose insurance due to unemployment and delay surgeries for more prosperous times.

"These are extremely tough decisions that are taken very seriously because we know they affect the livelihood of our employees," Diane Hansen, president and CEO of Palomar Health, said. "However, the sooner we make these tough decisions, the sooner we will be able to stabilize our business and get back on the road to recovery. It is our responsibility to ensure Palomar Health provides high-quality medical care to our community

during and after this pandemic.

"Palomar Health not only provides an essential service to the regions half a million residents, but is also proud to be one of the largest employers in North County," Hansen said. "We plan to remain a vital economic engine, so we must take these steps now to protect the financial stability of our organization."

In 317 positions were impacted, or 5% of the workforce. Of those, 50 were clinical RNs with the majority being part-time positions, with the remaining 267 positions spread across the organization ranging from clerical staff to technicians.

Submitted by Palomar Health.

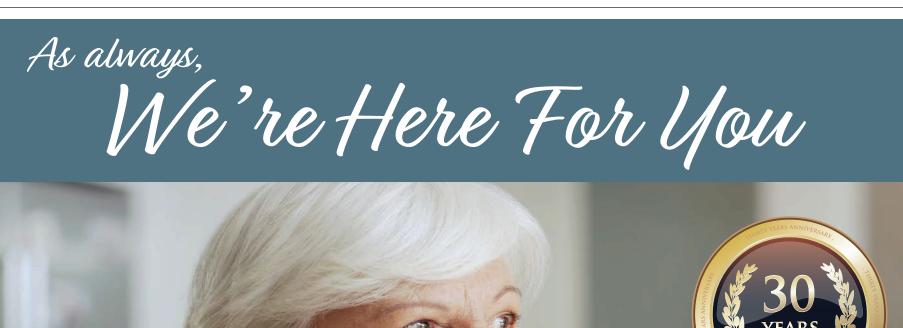


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HOME & GARDEN AND REAL ESTATE

Create a therapeutic garden

Pauline Webber

Special to Village News

The routine of daily life has been interrupted due to the coronavirus pandemic. While watching television or listening to the radio about the happenings locally and around the world and dealing with the government guidelines everyone should be following, anxiety is high.

How can people escape their anxiety when it becomes overwhelming?

Some people do yoga, some take on physical work at home and some spend time outside walking as a therapeutic avenue. What about those who have mobilitylimitations or those in the high-risk category?

Many want to be physical to their best ability. Gardening has been a calming experience for them. They can go outdoors and create their own therapeutic gardens.

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A garden can also be used as an outdoor learning classroom. Gardens can help engage a range of sensory activities. Gardens can be used for those who have visual challenges as a scent and touch

A great way to start a garden is with raised garden boxes or container gardening. Both can be tended from standing or sitting positions. Use garden tools that are ergonomic to help someone with arthritis or physical limitations.

To create a sensory garden, plan out what container size to use and where to locate it. Choose seeds or plants for their different types of taste, smell, touch, texture, scent and visual effect. For hearing, create a beautiful sound with garden chimes. Also, birds fill the air with song while visiting a garden bird feeder.

The sensory garden is for the senses of sight, smell, touch and taste. Easy seeds to plant or plants

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to grow are lavender, rosemary, narcissus, peppermint, nasturtium, violet, aloe vera, basil, chives, sage, strawberries, spinach, lettuce and tomatoes.

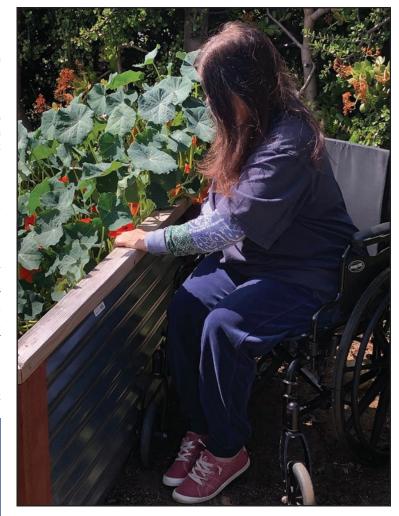
Include both host plants and nectar plants in the garden. Gardeners can attract a wide selection of butterflies while providing an environment that supports their entire life cycle.

Consider planting milkweed, mint, pansy, purple coneflower, sage, Shasta daisy, violet and zinnia.

For herbs, try dill, fennel and parsley.

Remember, hay fever or asthma sufferers should pick out plants that are pollinated by insects or birds rather than plants that release their seeds into the air. Be careful of the plants that attract bees for those with bee sting allergies as

For those with mobilitylimitations or those in a high-risk



Pauline Webber, a wheelchair user, plants Village News/Courtesy photos seedlings next to the nasturtiums in her raised garden box.

category, a garden may help them refocus in a place of hope, solace and comfort, a sanctuary to escape to, to reconnect and restore the body, mind and soul.

A member of the Fallbrook Garden Club, Pauline Webber maintains the club's website and serves as its social media co-chair.

Remax United Real Estate Agents want all our neighbors, and families in Fallbrook, Bonsall, Rainbow and De Luz to

be certain we are here to help through this time of uncertainty.

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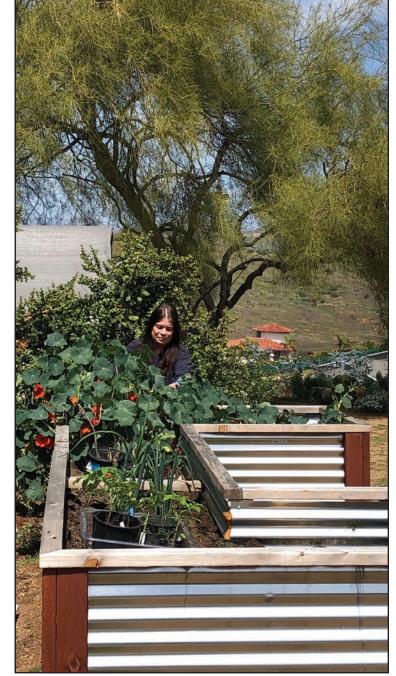
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Plants in raised garden boxes are easier to attend to than ones planted in the ground.



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Spanish lavender will attract pollinators to the garden.



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Majority of Realtors continue to report sellers haven't lowered listing prices to attract buyers

WASHINGTON – More than three in four Realtors currently working with sellers this week – 76% – reported their clients haven't reduced listing prices to attract buyers, according to a new survey from the National Association of Realtors. That's up from 74% who said the same a week ago.

"Nearly 70% of Americans have secure employment and those interested in purchasing homes are looking at the enticing mortgage rates," Lawrence Yun, chief economist for NAR, said. "One in five potential buyers have dropped out of the market due to job loss concerns, hopes are the massive financial stimulus package can help replace a good portion of lost income until the economy steadily reopens. More home sellers are needed to relieve the acute inventory shortage."

NAR's latest Economic Pulse Flash Survey - conducted April 26-27 – asked members how the coronavirus outbreak has impacted the residential and commercial real estate markets. Several highlights

Three in 10 Realtors said they were able to complete nearly all aspects of real estate transactions while complying with social distance directives.

A majority of Realtors - 64% - reported buyers are looking for some discounts in home prices.

NAR also released its 2020 Realtors and Sustainability Report, which surveyed Realtors about sustainability issues facing the real estate industry. Several highlights include:

Seven in 10 Realtors said energy efficiency promotion in listings was very or somewhat valuable.

A majority of Realtors -61% - found clients were at least somewhat interested in sustainability.

Forty-one percent of homes with green certifications spent neither more or less time on the market.

The home features clients listed as very important to their agent or broker included a comfortable living space; proximity to frequently visited places and windows, doors and siding.

"As many families are currently spending more time at home, some are taking on improvement projects involving sustainable features," Jessica Lautz, vice president of demographics and behavioral insights for NAR, said. "Some buyers are also deciding to purchase homes with environmentally friendly components. In both instances. these households look to either reduce utility costs or increase personal comfort within their

View NAR's 2020 Realtors and Sustainability report at https:// www.nar.realtor/research-andstatistics/research-reports/realtorsand-sustainability.

View NAR's Economic Pulse Flash Survey report at https:// www.nar.realtor/research-andstatistics/research-reports/nar-<u>flash-survey-economic-pulse</u>.

View NAR's Weekly Housing Market Monitor at https://www. nar.realtor/research-and-statistics/ weekly-housing-market-monitor.

The National Association of Realtors is America's largest trade association, representing more than 1.4 million members involved in all aspects of the residential and commercial real estate industries.

Submitted by National Association of Realtors.

Rainbow MWD board ratifies North River Road sewer line repairs

Joe Naiman

Village News Reporter

The general manager of the Rainbow Municipal Water District is authorized to approve expenditures of up to \$50,000 without board approval. If urgent repairs are needed the general manager can

issue an emergency declaration to approve expenditures exceeding \$50,000 and the Rainbow board must ratify that emergency. The damage to the sewer line along North River Road resulted in such an action.

Rainbow general manager Tom Kennedy declared an emergency

April 17, so that repair work could commence. The next Rainbow board meeting took place April 28, and although Michael Mack and Helene Brazier were not able to participate in the meeting the other three directors approved appropriations of \$200,000 for the

"They formally appropriated money so we can get the work completed," Kennedy said. "We expect that amount to be enough to make it through the next board meeting."

The sewer main was built in 1974 and is the primary line to the Oceanside Outfall. All sewage from Rainbow area goes through

"That's an important section of sewer main for us," Kennedy said. "If we had a failure the consequences could be fairly significant. It requires some attention."

That attention includes monitoring.

"After the rainfall we had in early April we did an inspection in our sewer line," Kennedy said.

The inspection indicated damage. "It's unclear whether the damage occurred during the rainfall or was exacerbated by it," Kennedy said.

Kennedy opted for an emergency declaration so that the repair work could begin as soon as possible.

"We didn't want to delay because the consequence of failure is pretty high," he said.

The ability of the general manager to declare an emergency and exceed the \$50,000 administrative spending limit isn't Rainbow's only policy to handle emergency work.

"We have a preestablished contract with several contractors for emergency work," Kennedy said.

Some preparation preceded the start of the actual repair work which began the night of April 19.

"The night work had to do with the nature of sewer flows," Kennedy said.

Sewer flows tend to peak during the morning hours. Under normal conditions night work also limits traffic impacts to road travelers, although the April 20 morning traffic on North River Road was light and work was also able to be done during daytime.

"Some of the repairs are complete. Other ones are still in progress," Kennedy said. "There's still work going on."

The sewer main repair itself wasn't the only component of the

"We set up some temporary bypass lines so we could continue flow through the line," Kennedy said. "That worked out very well."

Rainbow monitors the sewer with cameras, so the district could identify the location of the problem. Access was another matter.

"It was a very deep excavation," Kennedy said.

The work is being performed approximately 25 feet below ground level, so the contractor work also included excavation.

"Some of our equipment isn't large enough to dig down that far," Kennedy said.

The depth of the excavation precludes a specific timeline for completion of the work. "The shoring and the safety

aspects are paramount," Kennedy said. The future work will include

repairing the damage to the street caused by the excavation. "We'll be doing those during

daylight," Kennedy said. If the cost of that road repair

work exceeds \$50,000, Kennedy will utilize the board approval

Joe Naiman can be reached by email at jnaiman@reedermedia.





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ESCONDIDO – More than 3 continues to be critical, especially community stands ready to assist farmers call it home and make their living on 250,000 acres. The nation's complicated and essential food system continues to adjust to the sharp, sudden shift in demand spurred by stay-at-home orders and food-service shutdowns during the COVID-19 pandemic.

For farmers and others in the food supply chain, the immediate and long-term future remains uncertain as peak harvest season nears for many commodities.

Supporting local farmers and ranchers in San Diego County

million people live in San Diego now due to the COVID-19 in meeting this need. County and more than 5 000 pandemic The San Diego County Farm Bureau has compiled a list of San Diego farmers and ranchers that are selling their products directly to consumers.

To view the directory, visit https://www.sdfarmbureau.org/ support-sandiego-farms.

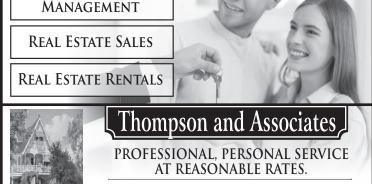
All are asked to share this information with family and friends. This is a great way to purchase grocery items, while supporting the local agricultural industry. San Diego citizens need access to healthy, fresh fruits and

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The San Diego County Farm Bureau is a nonprofit organization supporting the more than 5,700 farms within the county. The mission of the Farm Bureau is to foster San Diego agriculture through education, public relations and public policy advocacy in order to promote the economic viability, sustainability and community building of agriculture.

For more information, visit https://www.sdfarmbureau.org.

Submitted by San Diego County Farm Bureau.



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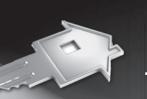
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17 greater Fallbrook road segments on gas tax expenditure list



Village News/Lucette Moramarco photo This portion of East Alvarado Street is one that will be getting an asphalt concrete pavement overlays to repair extensive cracking.

Joe Naiman Village News Reporter

The state of California's Road Repair and Accountability Act utilizes a 2017 gas tax and vehicle registration fee increase

to provide funding for roads, and

local governments must submit a list of projects the tax revenue will be funding to the California Transportation Commission. The most recent list from San Diego County includes 10 Fallbrook road segments, four Rainbow road segments, two Bonsall streets and

Although some of the roads will have seal treatment with an expected service life of seven to 10 years, all 17 greater Fallbrook roads will have overlay resurfacing which will have an expected service life of 10 to 15 years.

Senate Bill 1, which was signed by former Gov. Jerry Brown in April 2017, increased the gas tax by 12 cents a gallon effective November 2017 and increased vehicle registration fees between \$25 and \$175 based on vehicle value effective spring 2018.

The tax increases are expected to provide local governments with an additional \$7.5 billion of funding over the next 10 years including \$538 million for San Diego County. The county expects to receive \$42.9 million of Road Maintenance and Rehabilitation Account funding during 2020-2021.

The Road Repair and Accountability Act stipulates that the new funding shall be prioritized for expenditures on basic road maintenance and road rehabilitation projects and on critical safety projects, although the funding is also allowed to be used for railroad grade separations, street segment completions, pedestrian and bicycle safety projects, transit facilities, drainage and stormwater capture projects in conjunction with another allowable road project, traffic control devices and local match requirements for state or federal funding.

The county's Department of Public Works maintains nearly 2,000 miles of road in unincorporated San Diego County, and road crews inspect the roads and prioritize them for preventative maintenance.

DPW utilizes a pavement management system which incorporates field review, resident and community input and mechanical test data collection to determine which roads are most in need of resurfacing.

The structural deterioration of pavement is measured visually by assessing the degree and type of cracking, the surface deterioration and surface defects.

The road maintenance program also evaluates the preferred rehabilitation strategy. Asphalt concrete pavement overlays are used for severely degraded roads with extensive cracking or potholes, although if the road has only minor cracking and no significant surface damage a thinner layer of slurry seals may be applied to protect the

Fallbrook's road resurfacing will provide overlays for 1.12 miles of Alvarado Street between South Mission Road and Mercedes Road, 0.13 miles of South Brandon Road between Alvarado Street and Elder Street, 0.46 miles of Elder Street between South Mission Road and Brandon Road, 0.93 miles of Live Oak Park Road between Reche Road and Alvarado Street.

The road overlays will also include 0.04 miles of the Live Oak Park connector between Live Oak Park Road and Reche Road, 0.13 miles of East Mission Road between Hill Avenue and Main Avenue, 0.52 miles of South Mission Road between Clemmens Lane and Rocky Crest Lane, 0.36 miles of Pankey Road between the north cul-de-sac and the south cul-de-sac, 0.29 miles of Shearer Crossing between Pankey Road and Dulin Road and 0.13 miles

of Vine Street between Alvarado Street and Elder Street.

The Rainbow work will resurface 0.06 miles of Eighth Street between Huffstatler Street and Rainbow Valley Boulevard, 0.23 miles of Huffstatler Street between Rainbow Valley Boulevard and First Street, 0.98 miles of Rainbow Valley Boulevard between Chica Road and the Riverside County line, and 0.23 miles of Rainbow Valley Boulevard between 100 feet west of Eighth Street and Huffstatler Street.

In Bonsall, the work will resurface 1.92 miles of Champagne Boulevard between Old Castle Road and Champagne Village Drive and 0.99 miles of Mason Road between East Vista Way and the end of the countymaintained road.

Pala-Temecula Road will have an overlay for the 2.38-mile portion between Pala Mission Road and Milepost 3.0.

The list calls for the resurfacing of 120.8 centerline miles throughout the unincorporated county. The estimated cost of the contract, including contingency, is \$41,300,000.

The list approved April 21 will not be the final one, as DPW will implement a thorough design process including in-depth road reviews and consultation with community groups, utilities and other stakeholders.

The information collected during the design phase will be used to develop the final list, and once that list is ready DPW will return to the board of supervisors to request that a contract be advertised for bid.

Joe Naiman can be reached by email at jnaiman@reedermedia.

Camp Pendleton hosts annual joint firebreak training



A heavy fire equipment operator with the California Department of Forestry and Fire Protection looks over his bulldozer during heavy equipment interagency safety training on Marine Corps Base Camp Pendleton, April 29. From April 20 to May 1, firefighters from multiple agencies trained to use heavy equipment to cut approximately 60 miles of fire breaks on Camp Pendleton in preparation for this year's fire season.



Village News/U.S. Marine Corps photos by Lance Cpl. Andrew Cortez A heavy fire equipment operator with the Cal Fire practices making firebreaks during heavy equipment interagency safety training on Marine Corps Base Camp Pendleton, April 29. The HEIS training is an annual event that helps different fire agencies build firebreaks and polish their skills to prevent and fight fires.

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Local street improvement program adds \$1.451M for Camino Del Rey drainage

Joe Naiman

Village News Reporter

The annual update of San Diego County's TransNet local street improvement program added \$1,451,000 of TransNet funding for the Camino Del Rey drainage improvements.

A 5-0 San Diego County Board of Supervisors vote Tuesday, April 21, approved the updated list of projects which will be funded by TransNet local streets and roads revenue over the next five years. The update covers planned expenditures from fiscal year 2020-2021 to fiscal year 2024-2025.

In 2004, the county's voters passed an extension of the half-cent TransNet sales tax which is divided between highways, transit and local streets and roads. The county expects to receive \$129.2 million of TransNet revenue during the five-year period from fiscal year 2020-2021 to fiscal year 2024-2025.

The regional transportation improvement plan is coordinated by the San Diego Association of Governments, which administers the TransNet funding, and the RTIP includes the local street improvement program. The RTIP is updated every other year - the most recent SANDAG update was approved in September 2018 – but amended on a quarterly basis. The county updates its local street improvement program annually.

In 2015, the county amended its local street improvement program to add the Camino Del Rey drainage improvements which will upgrade the existing drainage system to

accommodate a 100-year flood. The work will raise a one-mile dip section out of the flood plain and install new drainage culverts. In the county's 2018 update the planned TransNet expenditures were \$1,000,000 for fiscal year 2018-2019, \$504,000 in 2019-20, \$10,000 apiece during 2020-2021 and 2021-2022, and \$1,000,000 in 2022-2023. That amount didn't include funding for future years, and the project at the time was scheduled for completion in 2024-2025.

Due to TransNet revenue and schedule changes, the county subsequently believed that the project could be completed by the end of that five-year cycle, so the 2019 update retained the \$1,000,000 amount for 2018-2019 and the \$504,000 amount in 2019-2020 while increasing the TransNet funding to \$1,000,000 in 2020-2021, \$3,000,000 during 2021-2022, and \$1,356,000 for 2022-2023. That increased the total five-year amount from \$2,524,000 to \$6,860,000.

Because the \$1,504,000 for fiscal years 2018-2019 and 2019-2020 was removed from the new plan the five-year total will decrease to \$6,807,000 although the seven-year amount including the previous plan is \$8,311,000. The updated planned expenditures are \$807,000 for fiscal year 2020-2021 and \$3,000,000 apiece for 2021-2022 and 2022-2023.

The improvements to the intersection of Stage Coach Lane and Reche Road widened the approach to the intersection to allow additional turn lanes and also accommodate

bicycle and pedestrian improvements. The 2018 plan utilized \$200,000 of TransNet revenue during 2018-2019 for project closeout tasks. The 2018-2019 TransNet expenditures also included \$160,000 for the intersection improvements at East Vista Way and Gopher Canyon Road which added turn lanes. Both of those completed projects were removed from the new plan.

The county is now including road maintenance in its local street improvement program appropriations, and the 2018 plan had a five-year total of \$25 million for roadway maintenance and overlay to fund road sealing, asphalt concrete overlays, sidewalk repairs and other pavement resurfacing or rehabilitation.

The total amount in the 2018 plan included \$9,172,000 for the 5th Supervisorial District consisting of \$876,000 in 2018-2019 and \$2,074,230 for each year from 2019-2020 to 2022-2023.

The update calls for \$28,516,000 of TransNet expenditures between fiscal year 2020-2021 and fiscal year 2024-2025 with \$2,074,230 each year equating to \$10,731,150 for roads in the 5th District.

The county's annual cost share of \$12,500 for the regional traffic signal management program is also included in the local street improvement program. That amount was unchanged from the 2018 plan.

Joe Naiman can be reached by email at jnaiman@reedermedia.com.

Finding joy: Hygge at home during quarantine



Village News/Lynden Foss photo To create hygge, or coziness, at home, bring the outside in with natural pieces like wood, felted wool, cotton, fur and plants.

FALLBROOK - Some North County residents are having cabin fever already – feeling irritated and trying their best to prevent going stir-crazy during the extended spring break quarantine at home. Getting cozy and creating a feeling of warmth and intimacy at home is the key to helping them manage that emotion. Take it from the Danes and their hygge way of life.

Hygge means "to give courage, comfort, joy," "a form of everyday togetherness" and "a pleasant and highly valued everyday experience of safety, equality, personal

wholeness and a spontaneous social flow." No wonder the Scandinavians rank consistently on top as the world's happiest people, according to the World Happiness Report.

The art of hygge is a product of people huddling inside away from snow, and now that California residents are trying to prevent the spread of coronavirus, making their homes even a better place to live only makes sense. Here's how to make home into a cozy zone and find comfort and joy at home during these trying times.

Surround yourself only with things you love.

Scandinavians are known for their minimalistic and open-style homes. Now that you're stuck at home, it's a great opportunity to start your spring cleaning, declutter and adjust your surroundings so you only see items that you love and have meaning when you look around your house.

Add warm lights.

It's said that Danes embraced this idea due to long, dark and cold days in the northern regions. They gather around the fire and spend quality time together with their dearest. So, one of the important elements of hygge is adding soft, warm lighting. You can achieve this effect by switching some of your bright, incandescent lights or scones to warmer light bulbs, turning on the fireplace, adding fairy lights or simply lighting up some candles to create that warm, cozy atmosphere.

Take the outside in.

The Northern regions don't have the most optimal climate; most days of the year are cold and raining so they are more likely to spend time indoors. That's why their decor staples are mostly natural pieces like wood, felted wool, cotton, fur and plants to add contrast and life to their walls that are as desaturated as the outside.

Take out as many organic elements as you already have. You can even get some plants or twigs from your backyard and put them in a vase. You can also embrace this idea by hanging a photo of a beautiful landscape.

Who says you can only cozy up during fall or winter? Light up fresh-scented candles, soft throw pillows and play happy tunes to keep the mood light and positive. Make hot drinks, or open a cork. Relive your most treasured memories by putting up your photos from your past vacations. Whatever simple thing that makes you feel warm and fuzzy, lean into that.

Spend quality time.

The concept of hygge is to slow down, relax and really enjoy life. Finish your work on time and when it's family time, only dedicate that time to actually spending that time with them. Bake together, eat takeout together, play charades and binge watch series together. No social media, no emails – just being in the moment and making new beautiful memories with the

most special people in your life.

If you're alone, you can video chat your friends and eat dinner together in front of your webcams, celebrate virtual birthdays and even watch Netflix together. Or finally, make some time for selfcare, maybe an at-home spa or even a simple cup of coffee, curl up with a good book and spend a special time just for you.

Nothing lasts forever, and this pandemic shall pass. Right now, let's make the most out of the situation and choose joy all the

This article first appeared on Broadpoint Properties' website, https://servingsandiegocounty.

Submitted by Elisabeth Hartig Lentulo, broker associate, who can be reached at 760-532-1057, elisabeth@ehlentulo.com or http://www.ehlentulo.com. CalBRE #01904564

The COVID-19 outbreak has created a new reality for all of us, at least temporarily. Chances are you're dealing with many new challenges, both personally and professionally. Remember, we're all in this together. Stay positive and know that things will get better.

In the meantime, you might have immediate concerns about the real estate market. For example, you might be wondering if you should put off moving. Or, you might need to move but are worried about all this uncertainty.



If so, give me a call. As a real estate professional, I have the latest market information, insights and tools - and can give you sound advice. Good information and advice are often the antidote to stress, especially during challenging times. So, please, don't hesitate to reach out to me.

Take care and know that I'm thinking of you and wishing you well.

HENRY N. PORTNER, JD, LLM

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EDUCATION

FHS April Students of the Month announced

FALLBROOK - The impact of COVID-19 has forced the cancellation of the Fallbrook High School District's monthly business community breakfasts for April and May, but honored Students of the Month have been announced for both months.

Nominated throughout the school year by educators, the business community and charitable organizations, senior students are selected for this honor by criteria that include excellence in academics, school service and activities, community service, leadership and citizenship.

The Students of the Month for April are Jade Ingham, Samantha Leon, Rosaline Sanchez and Ethan

Jade Ingham, nominated by Spanish teacher Estay Paulson, has not only excelled academically in high school but also has served as drum major of Fallbrook High School's award-winning marching band. Ingham's director Derek Lee enthusiastically described her as "an absolute integral part of our band community; she has been a leader and a friend to everyone in our organization. She is an amazing human being who will do everything in her power to help anyone who needs it. One of the first to arrive to class, she's more than prepared to take on the day's tasks so that I can depend on her to get things done. She has been an amazing person to watch grow the past few years, and I am excited for her to show the world what a Fallbrook band member can achieve! Oh, and she is a fantastic musician, too."

Paulson said, "Jade has a great thirst for learning. She likes to read psychology books for fun and during school closure, she has been learning how to play chess. She has a great heart and is always ready to help out her younger siblings."

In addition to her school involvements, Ingham has served as a Girl Scout for over 10 years and has sewn 50 pillowcases for Operation Hope in Vista, an organization which helps victims of domestic violence.

Samantha Leon, nominated by science teacher Marin Pinnell, has been active as an exemplary studentathlete. Leon's range of activities has included being a strong field hockey and soccer player, vice president of the AVID Club, participant of FFA, Club Futuro and Environmental

As an AVID student, she Month Committee.

has worked diligently to excel academically and prepare for continued success in college. Giving back to the community, Leon has enjoyed serving with Fallbrook A Leer each year, volunteering at local thrift shops and with voting outreach, and as a Spanish tutor at school and an interpreter at community and school events.

Rosaline Sanchez, nominated by choral director Heather Smith, has served this school year as president and student leader of the choir, giving Smith immense assistance in class as well as in preparation for concert performances.

Smith said, "Roseline is the one student who all others look to for support and clarification. She is kind and patient and puts her peers at ease. She is a tremendous help, a wonderful musician and an independent learner who goes out of her way to understand material in-depth."

Sanchez's additional involvements have included being an outstanding CIF shot put athlete for the Fallbrook track team, serving on the Associated Student Body and volunteering with the Fallbrook Animal Sanctuary. Sanchez will be majoring in music at California State University Fullerton.

Ethan Schmutz, nominated by agriculture teacher Doug Sehnert, has been an exceptional FFA student leader, while balancing his academics with being a strong player on Fallbrook's baseball team. Schmutz has also served with JROTC and volunteered with Fallbrook Little League and Fallbrook Ag Boosters.

Sehnert said she admires that "Ethan sets his goals and acknowledges his responsibilities. He realizes the importance of communication with his team. Whether it be his fellow classmates, FFA officers or teachers, Ethan does his best to keep all in the loop. I value how Ethan is willing to lend a hand and help when and where needed."

Because the community could not celebrate these students with the recognition they deserve at the monthly breakfast, members of the Student of the Month Committee have visited each recipient's home with a balloon bouquet, and presented each student with a commemorative T-shirt and the customary backpack of gifts from local donors.

Submitted by The Student of the



Jade Ingham is the drum major of Fallbrook High School's marching band as well as a Girl Scout.



Rosaline Sanchez is president and student leader of the Fallbrook High School choir, a shot putter on the track team and volunteers with the Fallbrook Animal Sanctuary.



Village News/Courtesy photos Samantha Leon plays field hockey and soccer besides belonging to several clubs and being a Spanish tutor.



Ethan Schmutz is a FFA student leader, a Warriors baseball player, a JROTC cadet and volunteer with Fallbrook Little League and Fallbrook Ag Boosters.

Palomar College public safety and first responder programs to reopen in May

SAN MARCOS – Responding to guidance from state officials directing crucial first-responder training programs to continue, Palomar College will reopen several programs dedicated to meeting the

demand for public safety personnel. The Palomar College Police and Fire academies will recommence face-to-face instruction in May, following strict precautions, as

will the paramedic training and

emergency medical technician

"As we resume training to support the region's needs for trained personnel in these essential occupations, the health and safety

of all students, faculty and staff remains our top priority," Jack Kahn, acting superintendent and president of Palomar College, said. "We will continue to take every precaution as our fire and police academies and paramedic and EMT training

programs continue the essential

work of preparing first responders."

The college is following all protocols set forth by the Centers for Disease Control and Prevention, state and county health officials to prevent the spread of COVID-19 and will continue to strictly limit nonessential personnel at the main campus and Escondido Education Center.

Recent guidance from the California Community Colleges Chancellor's Office said, "We strongly recommend that colleges work to sustain courses that directly support the essential infrastructure sectors, especially health care and first responders.'

Similarly, under Executive Order N-33-20, California Gov. Gavin Newsom highlighted the importance of "workers and instructors supporting academies and training facilities and courses for the purpose of graduating students and cadets."

The state fire marshal and the commission on peace officer standards and training - the accrediting agencies for Palomar's fire and police programs - have affirmed the college's plans to

continue face-to-face instruction. The California Emergency Medical Authority recently issued several revised policy changes that approve the use of fidelity simulation, scenarios and other innovative educational environments as substitutes for the clinical and field internship training for paramedic and EMT training programs. This will allow the two Palomar College programs to complete their trainingin-progress this spring and summer.

"The decision to reopen these programs was made with great consideration for the state of emergency we currently face, and the ongoing need for front-line public safety personnel," Kahn said. "Before recommencing training, we have ensured that we will be able to follow all recommendations to provide a medically safe environment for our students, faculty and staff."

Palomar College's Police Academy suspended operations March 19, with the current class in its third week of training. The trainees will resume classroom instruction May 4 and will meet for two weeks at the Palomar College Police Department building on the main campus, with three additional dates when cadets will be on campus for defensive tactical training. Thereafter, the academy will resume at its usual location off Santar Place.

Starting May 4, each EMT student will complete 10 high fidelity simulations in lieu of 24 hours of clinical patient contacts. On June 1, students in the paramedic training program will resume completion of lab hours, including the use of simulation equipment. Both programs will be taught at the Escondido Education Center.

The Palomar College Fire Academy is currently providing coursework in a remote format; starting May 18, the program will resume face-to-face instruction at the public safety training center off Santar Place in San Marcos.

Students, instructors and staff will be asked to sign affidavits of willful participation when the academy recommences, and participants will have the ability to opt out and restart their training in 2021, per POST regulations.

Submitted by Palomar College.





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We are temporarily closed during the coronavirus pandemic and will reopen as soon as it is safe to do so. We are looking forward to seeing our families again and praying for our community's health!



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ENTERTAINMENT

Local 14-year-old fills evening sky with sound of bagpipes to calm nerves



Jeff Pack Staff Writer

Connor Eckert, 14, is just doing for everyone else in his community that which gives him the most joy and peace – playing his bagpipe.

Most evenings, the Fallbrook eight-gradee and bagpiper who competes all over Southern California practices his craft, sending tunes into the evening sky.

"He practices his bagpipes every day and hopes that people can hear his music through the hills of Fallbrook and find comfort during this scary time," his mother Cat Eckert said.

"I started playing the bagpipes because my family is from

Scotland and my sisters highland danced when they were younger, so I was around bagpipes as long as I can remember," Connor said. "It makes such a beautiful, harmonic sound when tuned correctly. Most recordings and videos of bagpipes are not usually tuned. When they are not tuned, they sound harsh and twangy, but when tuned correctly they produce a very resonant, harmonic and powerful sound."

When asked how he feels when he plays, he said, "It makes me feel very happy and excited about upcoming competitions. I hope (my neighbors) feel happy (also) during this scary time.'

Connor has been playing the bagpipes for four years and studies

with Vista's Colin Armstrong. He said he most enjoys the competitions.

"Whenever I go to the Highland Games, I do solos and sometimes, the band I play in, The La Scots Pipe Band, competes at the games as well," he said.

So far, his neighbors have been appreciative of the music he plays for them, even if some are surprised, Conner said.

"One time my neighbor came over to my house when I was practicing wanting to see who was playing the bagpipes," Connor said. "He was very surprised to find that I was only 13 years old."

Jeff Pack can be reached by email at jpack@reedermedia.com.

Connor Eckert, 14, is a competitive bagpipe player who practices most evenings at his home in Fallbrook, hoping that his neighbors will find peace in hearing the music during the coronavirus pandemic.

Village News/Courtesy photo

Fallbrook woman makes it to the stage on 'The Price is Right'

Jeff Pack Staff Writer

The third time was a charm for Fallbrook resident Kattie Corirossi, who was scheduled to be on the longtime CBS game show "The Price is Right" Wednesday,

Village News interviewed Corirossi before the airing of the episode, which was scheduled after the deadline for the newspaper. Needless to say, she couldn't say much about how she did on the show, but she was happy to talk about what a great time she had.

"I can honestly say, since I'm not married and I don't have any kids yet, that was literally one of the most exciting things I've ever done," Corirossi said.

That said, it's clear that Corirossi made it onto the show, what isn't clear is whether she won anything

It was the third time that she and members of the family have tried to get onto the show, the second time they made it into the audience pool.

"The most recent, (was when) I went with all of my brothers and sisters about 14 years ago for one of Bob Barker's last episodes and we didn't get called up, but it was still just so exciting to be there with Bob," Corirossi said. "We also tried to go last year for my birthday, but

we ended up actually getting there about 10 minutes late and missed going in. That was such a bummer for my birthday last year.

"This year, all of my brothers and sisters made a very big effort to get there on time. This was our third attempt, our second time in," she said.

Even then, they almost didn't

"I literally got there at 12:59, and I had to stand in the security gate so that they wouldn't close it until my family came," Corirossi said. "I go, 'I'm sorry we missed this once. I'm not missing this again. I got people coming. Hold on."

Having the experience of attending the taping of the show once before and making it into the audience, she said she figured out a way to get producers' attention beforehand.

"The process to get into the building, into the whole show is a whole other story on its own," Corirossi said. "I feel like I kind of had a leg up on this one because you do your research, you figure out what they're looking for in the audience and what it takes to get called. I went with the mentality that I am not leaving until I get up on that stage. That was my goal. I wanted to get up there so bad, and I really had to put in the effort and put in the excitement and just show them that if you call me up, I will give you a good show."

Corirossi said the producers watch hopeful contestants for hours while they wait outside of the building.

"One of the producers is going to come out and he talks to every single person, all 300 people out there, and you get about 15 seconds to impress him and he is the one that makes all the decisions," she said. "When he came to us, I was like, 'OK, this is my time to shine."

Corirossi said all seven of the siblings made it inside for the taping and were seated right in the center of the room, but not everyone wanted to get called up.

"They were terrified of getting called, they said, 'We're here to support you and root for you," she said. "If they call one of us, you just get up and go anyway. But they were like, 'No, we don't want to be on camera."

Once she got into the room and seated, she said everything happens really fast.

"Everything is just so fastpaced and loud and hectic that you're thinking nobody can actually think their way through this game," Corirossi said. "This game is nothing but luck. You're watching people up onstage, and everything happens in under a



Fallbrook resident Kattie Corirossi is shown Village News/Courtesy of CBS photo with host Drew Carey during her appearance on the Wednesday, May 5, episode of CBS's "The Price is Right."

minute. And then you know, all of how she did, she insisted that the a sudden somebody guesses some random prize, and they win a trip somewhere or something like that and you're like, 'Wow, they just did that in 30 seconds.' There's no way that you can cheat at a game like this. I really know that this game is all luck to be honest

with you." While avoiding talking about *jpack@reedermedia.com*.

episode is a good one.

"It's just such an exciting episode, and there's just so many funny things that happen and I'm just really excited that I think people are going to get a good laugh out of it," Corirossi said.

Jeff Pack can be reached at

West advances, Phillips saved, Ximines eliminated on 'American Idol'

Jeff Pack Staff Writer

Olivia Ximines, 16, of Menifee will not be going through to the top 10 on ABC's "American Idol," though two more performers with local ties are still in the mix for the title.

On the second edition of the show that has shifted to a performfrom-home format, due to the coronavirus pandemic, Murrieta native Jonny West was moved through to the top 10 thanks to votes from the show's fans and he

performed an original rendition of "Faithfully" by Journey.

"You never look like you're forcing anything in your range," judge Luke Bryan said after his performance from his Studio City apartment. "You have your style and you know it and you stay within your style."

You have gone from that shy guy to that sexy guy, which is what it's called in the business," judge Lionel Richie said as West laughed. "You're on your way to something really big.'

"As I heard it, it sounded like

you were singing on a deeper level of love, so deep and magical," judge Katie Perry said. "I want to go see your show now."

To watch his performance on the show, visit https://www.youtube. com/watch?v=-ltlC 0ol5E.

Initially, Temecula's Makayla Phillips wasn't going to go through to the top 10, but all three of the judges agreed that she should be saved and moved through.

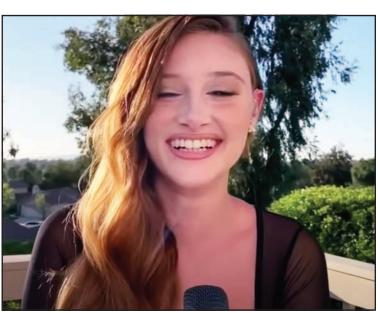
"It was difficult," judge Katy Perry said. "But I think she can give some of the other contestants that are in our Top 10 a run for their money vocally, as long as she is picking the right song that connects with the people that are watching and listening."

"Oh, my God, I'm going to cry right now," Phillips said. "This has been my dream since I was very little, so this means the world and more to me."

"Early in the audition, I heard this amazing voice out of you and I've been really wanting America to hear that, and that's what why we fought for you and saved you," Bryan told Phillips. "I'm so glad you came back just to allow America to hear what a great singer you are."

"You're a star, Ms. 17-Year-Old," Richie said. "Keep working hard, because you're on your way

to somewhere in the stars." Phillips, who made it as far as the semifinals on NBC's "America's Got Talent," sang



Temecula's Makayla Phillips is saved by Valley News/Courtesy photo/ABC the "American Idol" judges and will continue to compete in the singing competition. Instead of the top 10, the show will now feature 11 singers competing for just seven spots when "American Idol" returns Sunday, May 10, to ABC.

from the deck of her home in Temecula. She performed Miranda Lambert's "The House That Built Me," playing on the at-home them of the show.

The judges all praised her

performance. To watch her performance, visit https://www.youtube.com/

watch?v=JeZbSo5kBNg. Ximines, who auditioned and Los Angeles and told very few people about her participation on the show, was eliminated after

performing strongly throughout the season.

West and Phillips join nine other performers from around the country, officially making the next level of competition the top 11.

Voting continued Sunday night through Monday morning and the show's top 7 singers will be revealed during the 8 p.m. Sunday, May 10, airing of the show.

Jeff Pack can be reached by email at jpack@reedermedia.com.



Valley News/Courtesy photo/ABC Murrieta native Jonny West performs Journey's "Faithfully" during the Sunday, May 4, airing of "American Idol." West advanced to the top 10 on the show.

SPORTS

Everhart's rebuild of Fallbrook High football put on hold

Jeff Pack

Staff Writer

In fall 2019, Fallbrook High School varsity football head coach Troy Everhart had roughly a month to prepare his Warriors for the upcoming season.

He was forced to do so after previous new hire, Jim Fisher, left the program, July 4.

Fisher was offered the position March 12 and began with spring practice and recruiting Fallbrook students March 18. But by July 4, Fisher announced he would be resigning, citing a job offer his wife received to be the head field hockey coach at the University of Michigan.

That's when Everhart, who had been a head football coach in Ohio, was hired. To manage the damage, Everhart and his staff left much of what Fisher had installed into the program in place to lessen the learning curve for his players.

Despite their best efforts, the Warriors struggled, going winless for the season.

Throughout the campaign, Everhart talked about the need to reshape the program, reshape the physicality of the athletes in the program and establish a winning, 'never say die" atmosphere.

Helping that mission along was a strong freshman class, a few freshmen were featured on the varsity team and the frosh squad went undefeated.

Everything was going according to plan this offseason, he said. Then the coronavirus hit.

"Our numbers were way up, I was really excited about that," Everhart said. "We were floating around 90 kids in the roster, (grades) 10 through 12, continuing to recruit. As a matter of fact, uh, the week before, the deal, we got another kid out of a hallway. So I was just really excited about the momentum we were building

Everhart insisted that having his

athletes hit the weight room hard over the offseason was a priority.

"Our kids that tested in November and then retested them there at the end of January, first of February," he said. "I mean, they were just crushing it. Kids were going up big time, and it was just a great attitude. Great physical improvement. I was really happy with the momentum."

In addition, Everhart said, his rising seniors were settling into their leadership roles.

"What I was really happy with was just some really great senior leadership," he said. "That's what people really don't understand about the weight room is it's not about just lifting weights; it's about creating that culture on your team (and) that's why they come out. They really do. And when you have great kids as we have and they're now being encouraged to act as leaders. That's why the numbers I think were showing up so big."

The Warriors were set to begin spring practices May 4, but that's been put on hold.

"We were doing a little bit of installation, but we were going very slow," Everhart said. "You're a teacher first. I've been around too many guys that threw so much at them and (the players) don't get it right. After what I've watched on film for the last four or five years here, I want to make sure we do it right. We had gotten through some defensive install, but nothing major. Not with everybody. Shoot, the spring kids were already in full baseball, track, et cetera."

He said he isn't concerned with what they're missing as much as the progress the team had made thus far mentally.

"The fact that we were getting a good relationship (together), kids were understanding the expectation level," Everhart said. "The kids that had defined themselves as the leaders on the team, we were meeting with them



Fallbrook High School varsity head coach Troy Everhart has had to adjust the rebuilding of the Warriors football program because of the coronavirus outbreak. Village News/Shane Gibson photo

on how we want to delete going forward and how to eliminate the negativity and what I considered the poor culture that had been here before. We were just working on all that, and that's what we're going to continue to work for."

The team has moved into Google Classroom since they can't meet in person and the coaching staff is making sure the players continue with their training and creating individual programs.

As far as how other teams are dealing with the restrictions in place, Everhart figures every team is facing the same challenges.

"No matter who we play on our schedule, they're all in the same boat," he said. "But again, it was going to be the first offseason together, that kind of thing. I was excited about all that. Now we're just going to have to adjust and do a better job in our teaching when we get back on the field.

"That's what I've been speaking with the coaches about during this, how we're going to proceed forward with each different start. When we originally shut the doors, we had the belief that we were going to be back after Easter. Hey, no big deal, we'll just come back and ease them back into the weight room and then ... so, all those things we're making contingency plans for right now.'

Everhart said he's been pleased with the leadership from the administrative level.

"I think we have tremendous leadership at our superintendent level," he said. "She's just done a great job of keeping it very factual, helping us as educators understand the needs that we have to provide for our kids. And then that helps me as a coach. Because now I know what my kids are going up against, in terms of what they need. To me, honestly, that was my No. 1 concern. How are my kids going to get through the rest of the year? Because I've got probably four or five, college kids that I think can play college football.

"In the senior class, I've got probably half a dozen who I've already identified as those guys. Then in that sophomore class, that freshman class this past year, how are those kids going to get prepared to take a test? How are those kids going to get prepared to get their credits that they need from the NCAA? Those are the questions that I'm really asking, eligibility questions. How are we going to handle that? Those are the things that I think are good questions to be asking. Not when is, you know, when are we gonna decide (when the season will

Jeff Pack can be reached by email at jpack@reedermedia.com.

Bonsall High School students earn physical education grades

Joe Naiman

Village News reporter

Online learning for math, science, social studies and their original March baseline," language arts can duplicate the lessons from in-class learning along with homework, so teachers can give students grades close to what they would be if the students were based in the classroom.

Grades for Bonsall High School physical education classes are determined somewhat differently, and assignments differ considerably than would be the case for classes based on fields or in gymnasiums.

Physical education involves components other than exercise so Eric Hendy, who is Bonsall High School's physical education department chair as well as the school's athletic director, is incorporating other elements of grade," Hendy said.

physical education.

"They will get a letter grade based on the grade they had in March plus any extra that improves Hendy said

The physical education grades the students had before school was closed will be used as the baseline.

Their grade can't go below that," Hendy said. "They can only increase from wherever they were

The assignments for students now conducting activity in their homes or yards or in the workplace will not include specific grades or numerical scores.

"The assignments are all credit or no credit," Hendy said.

Completion of the assignments will add to the components of the students' March baselines.

"That would increase their

Some of the assignments involve exercise while others involve other physical fitness matters.

"They're a combination," Hendy said. The physical education students

are making facemasks.

"They need to upload a picture of themselves wearing a facemask," Hendy said.

Hendy said he hopes that the students remain physically active while confined to their homes, workplaces or nearby areas.

"That's the goal," he said.

The closure of parks and swimming pools and the elimination of organized sports has forced alternatives to physical activity.

"I provided a calendar that had simple things," Hendy said.

Hendy is asking students how they are finding ways to remain physically active. In some cases that entails household chores. Those who have joined their families in landscaping or other businesses which involve physical work are obtaining exercise through their jobs, as are other students whose jobs include

"I was trying to meet the fulllength of the spectrum," Hendy

physical work.

Even if the family doesn't have a landscaping business, some students can work in the yard of their own homes.

"That was on the list," Hendy said. "I especially encouraged that

to have an excuse to get outside" Not all students' homes have

yards, but other outdoor activities are still possible. "Maybe there are some weeds

growing in cracks," Hendy said. Hendy worked with exercise organizations.

"They provided a variety of resources," he said.

Students who weren't satisfied with simple physical activity have been offered more extensive

"Some of our athletes were wanting some higher-level stuff, so I sent them some links to different websites and YouTube resources," Hendy said.

Some children are taking care of younger siblings or other younger household members, and a bit of physical education instruction has also become part of the physical education classes.

"I also gave them some resources which were more kid-friendly," Hendy said.

Joe Naiman can be reached by email at jnaiman@reedermedia. com.

Tennis season's early end gives Newton 10-5 record as senior

Joe Naiman

Village News Reporter

The league tennis season for

Bonsall High School was supposed to begin the week of March 16, but that was also the week CIF spring sports were canceled indefinitely

before being canceled for the remainder of the school year. Connor Newton, who was the only senior on the Legionnaires' tennis team, thus completed his high school career with a 10-5 record for the five matches he played in

"He was our No. 1 singles player," coach Mark Roback. "He did well this year."

Bonsall High School first had a tennis team in 2019, and Newton was part of that team. Bonsall, which would have played in the Summit league this year, was a Patriot League member last year. Newton placed fifth in the Patriot League tournament to earn a berth in the CIF individual tournament.

Newton was a team captain last year. This year he chose to turn over that role to Roback's son, Jeffrey, who was one of two juniors on the 2020 team.

Last year Jeffrey Roback reached the Patriot League championship match and won his first-round CIF tournament match. Last year's CIF tournament also included the doubles team of 2019 senior Tanner Dugas and 2020 sophomore Garret Murphy, who reached the league tournament

That gave Bonsall four players in last year's CIF tournament. 'We were hoping to at least do

that well if not better this season," Mark Roback said. Newton, Jeffrey Roback and

Murphy were also the only returning players from 2019.

"Everybody else was brand-new to the team," Mark Roback said. "Of the eight new players, six of them had never held a racket."

The Legionnaires began practice

"They really wanted to compete at a high level," Roback said.

Bonsall began the 2020 season with an 11-7 home loss against El Camino High School. Bonsall uses the Vista Tennis Club for home matches.

A 12-6 defeat at Classical Academy was followed by a home match against Army-Navy High School in which each team won nine sets. Bonsall then lost an 11-7 match at Tri-City Christian High School, and the season would conclude with a 14-4 defeat at San Pasqual High School.

"We kind of challenged ourselves," Roback said. "They were all Division II teams." Bonsall is in Division III.

"We were looking pretty solid," Roback said. "Singles-wise, we did very well. Our singles players held their own."

All of Bonsall's Summit League opponents are in Division III.

"It was kind of disappointing," Roback said of the loss of the league season.

All 11 players on the team will be given varsity letters.

"They're all going to get varsity letters because they met their requirement of making 75% of the practices and 75% of the matches," Roback said.

Although Roback didn't discount Newton's senior leadership, Roback noted that the CIF tournament experience of all three returning players would have been valuable to the other eight netters had the season been conducted as planned.

"At least we have Jeffrey Roback," Mark Roback said. "Hopefully we'll have a season next year where he can impart his experience at CIF."

Joe Naiman can be reached by email at jnaiman@reedermedia. com.



May 7, 2020 <u>www.VillageNews.com</u> / The Fallbrook Village News / **B-13**

Four volleyball seniors lose final high school full season



Fallbrook's Sean Wenzel attacks at the net against the Orange Glen Patriots during a varsity volleyball game, March 11.

Joe Naiman

Village News Reporter

Normally seniors on a high school volleyball team end their high school careers in the playoffs or at the end of the regular season if the CIF selection and seeding committee doesn't give their school a berth in the playoffs. For Fallbrook High School seniors Anthony Rayon, Logan Riggs, Logan Sim and Sean Wenzel, their high school careers ended when the CIF canceled the remainder of the spring sports season.

"It was terrible to end that way," Fallbrook coach Chip Patterson said. "They worked so hard."

The Warriors posted a 5-6 record in their truncated season which ended March 11 with a 25-21, 25-13, 25-20 home victory over Orange Glen.

"The last game we played well," Patterson said. "We played some pretty good teams. A lot of our losses came at a tournament two days after the season started."

The Warriors' season began Feb. 27 with a 25-19, 25-22, 25-10 loss at Canyon Crest. The Sweetwater Varsity Tournament was played Feb. 28-29, and Fallbrook began with a 25-20, 21-25, 15-6 win over Del Lago High School and a 25-15, 25-11 victory against High Tech High Chula Vista. Grossmont High School, which reached the 2019 CIF Division III final, concluded Fallbrook's Feb. 28 play with a 25-21, 25-18 Foothillers triumph.

Both of Fallbrook's Feb. 29 losses were against 2019 Division I playoff teams. Otay Ranch High School won 25-16 and 25-10 sets, while Pacific Ridge High School

was on the winning end of the 22-25, 25-12, 15-4 score.

"All those schools were rated higher than us," Patterson said of the three tournament losses.

"They played hard," Patterson said of his players. "It just didn't happen."

Non-tournament matches end when one team wins three games. Fallbrook won three-game matches March 3 at Montgomery High School and March 5 at home against Valley Center High School. A four-game loss March 6 at Mission Hills High School was followed by a five-game Classical Academy win March 10 in Fallbrook.

The 2020 Valley League was to have consisted of Fallbrook, El Camino, Mission Vista, Oceanside, San Dieguito Academy and Valley Center high school.



Warrior Logan Sim digs the ball in a Fallbrook win over Orange Glen 3-0.

Village News/Shane Gibson photos

"In our league we would have either been a No. 1 seed or we would have been a No. 2 seed," Patterson said. "We probably could have won league this year for the first time in a very long time."

Sim and Wenzel had both been in the program for all four years, including three seasons on the Warriors' varsity. The 2020 season was Rayon's third in the program and his first on the varsity. Riggs made both his varsity and his Fallbrook program debut this year. Wenzel played middle blocker, Rayon and Sim were outside hitters and Riggs was both an outside hitter and a right side hitter.

Sim has committed to the University of California Irvine and will try to make the Anteaters' team as a walk-on.

"Sean was being more widely

recruited," Patterson said.

Wenzel has not yet chosen a

Sim and Wenzel were the team captains, so that senior leadership

"It's definitely something we're going to make up for next year," Patterson said. "It's going to be hard, really."

The criterium for a varsity letter is participating in at least half the matches, so the players will receive letters for the partial season. The 2020 varsity team had 11 players.

"We look forward to next year," Patterson said. "We go from there. That's all we can do."

Joe Naiman can be reached by email at jnaiman@reedermedia.

Fallbrook Open raises funds for high school golf program



Golden State Golf Tour Executive Director Mike O'Leary, far right, presents a \$1,000 donation to the Fallbrook High golf team, March 5, from right, Eamon Powell, athletic director Patrick Walker, Adam Rodarte, coach Neil Medlock, Quinn Lynas, Zack Nolen and Josh Gomez. The money was raised through the Fallbrook Open Golf Tournament held at the Golf Club of California.

Village News/Courtesy photo

Early girls' lacrosse season ending marks premature end for five Fallbrook seniors

Joe Naiman

Village News Reporter

The cancellation of CIF spring sports for 2020 shortened the season for all members of the Fallbrook High School girls' lacrosse team and prematurely ended the careers of the Warriors'

"It's heartbreaking. The season was stolen away from us," Fallbrook coach Debbie Berg said.

Audrey Gillcrist, who played midfield, had been on the varsity for all four seasons. Jackie Alvarez, who played at both the attack and midfield positions, was also in the program for four years and joined the varsity as a junior. The Warriors' goalkeeper, Judith Colores, joined the program as a sophomore and was promoted to the varsity later that season. A knee injury kept attacker Cassie Ramirez from participating as a junior, but she followed her 2018 junior varsity season with a varsity assignment for 2020. Alcantar, Colores and Gillcrist were team

Three games were played before

the season was canceled. Fallbrook posted a 1-2 record. Although the Warriors began the season with losses Feb. 25, at home against Valley Center High School and Feb. 27, at Sage Creek High School, what turned out to be the season's final game March 3 was a 16-11 victory at Del Lago

"Our team was beginning to gel together. We had some strong leadership with our seniors," Berg

The loss of the senior leadership for the 2021 team members augments the early end of the seniors' careers.

"It is a tragedy to lose leadership," Berg said. "It's just kind of a waste of their skillset to not be able to finish out the season."

The shortened season likely won't cost any of the Fallbrook seniors the opportunity to play

lacrosse in college. "I don't believe any of them were planning to play at the next

level," Berg said. Gillcrist's 21 goals led the team this season, and she accomplished that statistic with only 38 shots. "Audrey Gillcrist could

definitely play at the next level." Berg said. "She certainly has the skill, the leadership.'

The U.S. Naval Academy, where Gillcrist will continue her academic career, does not have athletic scholarships. Gillcrist said she does not currently desire to play college lacrosse.

All of the varsity lacrosse players will receive varsity letters for the 2020 season.

Joe Naiman can be reached by email at jnaiman@reedermedia.

the village beat

Don't miss a beat on what is happening in Fallbrook, Bonsall, Pala, De Luz and Rainbow. Whether it is breaking news, local youth sports, or you will find it quickly and easily at thevillagenews.com Check it out. Often.

> Village News 760723-7319

Employment

CAREGIVERS NEEDED: Seniors Helping Seniors is hiring immediately for a caring and compassionate caregiver in Fallbrook and Temecula areas who are available to work weekends. If interested, please call 760.884.4111 for more information.

Services Offered

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Services Offered

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LEGALS

NOTICE OF TRUSTEE'S SALE UNDER DEED OF TRUST APN: 265-451-26-00 OTHER: 5940901 TS-191106 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 11/02/2018 UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NOTICE is hereby given that C.N.A. FORECLOSURE SERVICES, INC. A CALIFORNIA CORPORATION, as trustee, or successor trustee, or substituted trustee pursuant to the Deed of Trust executed by David Chelf and Bridgette Chelf, Husband and Wife as Community Property Recorded on 11/02/2018 as Instrument No. 2018-0461136, of Official records in the office of the County Recorder of San Diego County, California, and pursuant to the Notice of Default and Election to Sell thereunder recorded 1/15/2020 as Instrument No. 2020-0023045 of said Official Records, WILL SELL on 5/20/2020 At the entrance to the East County Regional Center by the statue, 250 E. Main St., El Cajon, CA 92020 at 10:00 a.m. AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at the time of sale in lawful money of the United States), all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State hereinafter described. The property address and other common designation, if any, of the real property described above is purposed to be: 7929 Camino De La Dora, Rancho Santa Fe, CA The undersigned Trustee disclaims any liability for any incorrectness of the property address and other common designation, if any, shown herein. The total amount of unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$1,800,333.50 (estimated). In addition to cash, the Trustee will accept a cashier's check drawn by a state or federal credit union or a check drawn by state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. In the event tender other than cash is accepted the Trustee may withhold the issuance of the Trustee's Deed until funds become available to the payee or endorsee as a matter of right. APN: 265-451-26-00 OTHER: 5940901 TS-191106 Said sale will be made, but without covenant or warranty, express or implied regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed, advances thereunder, with interest as provided therein, and the unpaid principal balance of the Note secured by said Deed with interest thereon as provided in said Note, fees, charges and expenses of the trustee and the trusts created by said Deed of Trust. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call telephone number for information regarding the trustee's sale 916-939-0772 or visit this Internet Web site www.nationwideposting.com for information regarding the sale of this property, using the file number assigned to this case 191106 Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION CALL: 916-939-0772 C/O C.N.A. FORECLOSURE SERVICES, INC., A CALIFORNIA CORPORATION as said Trustee. 2020 CAMINO DEL RIO N. #230 SAN DIEGO, CALIFORNIA 92108 (619) 297-6740 DATE: 4/22/2020 KIMBERLY CURRAN TRUSTEE SALE OFFICER NPP0370096 To: VILLAGE NEWS INC 04/30/2020, 05/07/2020, 05/14/2020

NOTICE OF PETITION TO ADMINISTER ESTATE OF WILLIAM DUNCAN GEMMILL CASE NO. 37-2020-00012739-PR-LA-CTL

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: BILL GEMMILL

A Petition for Probate has been filed by **WILLIAM RUSSELL GEMMILL** in the Superior Court of California, County of SAN DIEGO

The Petition for Probate requests that WILLIAM RUSSELL GEMMILL be appointed as personal representative to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows:

Date: 06/09/2020 Time: 11:00 a.m. Dept. 504 Address of court: 1100 Union Street, San Diego, CA 92101, Central Courthouse

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) **60 days** from the date of mailing or personal delivery to you of a notice under section 9052 of the California

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Petitioner:14488 SW Woodhue St., Tigard, OR 97224, 503 547 7635

Legal: 5254 PUBLISHED: April 30, May 7, 14, 2020

RAINBOW MUNICIPAL WATER DISTRICT NOTICE OF PUBLIC HEARING

Tuesday, May 26, 2020

NOTICE IS HEREBY GIVEN that on May 26, 2020, a public hearing will be held with respect to the proposed participation by the Rainbow Municipal Water District (the "District") in the Statewide Community Infrastructure Program of the California Statewide Communities Development Authority. Participation in said program will enable property owners to finance public capital improvements and/or development impact fees for public capital improvements imposed on new development. Said public capital improvements, if financed, will be among the public capital improvements required in connection with a given development project. Said development impact fees, if financed, will be used by the District to pay for public capital improvements which will serve the District, and which will be of a type and nature authorized under the Municipal Improvement Act of 1913 (codified at California Streets and Highways Code Sections 10000 et seq.). Participation in said program does not itself authorize the District to impose additional public capital improvements or new or additional development impact fees on any property owner.

The hearing will commence at 1:00 pm, or as soon thereafter as the matter can be heard, and will be held at 3707 Old Highway 395, Fallbrook, California 92028. Interested persons wishing to express their views on the participation in such program and the financing of public capital improvements and/or development impact fees as described above will be given an opportunity to do so at the public hearing or may, prior to the time of the hearing, submit written comments to 3707 Old Highway 395, Fallbrook, California 92028, Attention: Dawn Washburn.

/s/Dawn Washburn Secretary of the Board Rainbow Municipal Water District

Published May 7, 2020

NOTICE OF PUBLIC HEARING PROPOSED 2020-21 BUDGET

In accordance with the provisions of the Education Code Section 42103, you are hereby notified of the preparation of the proposed Annual Financial and Budget Report of the Fallbrook Union High School District, for school year 2020-21

The proposed budget, computed district tax requirement, and any recommendations made by the Superintendent of Schools, San Diego County, shall be available for public inspection on June 4, 2020 to June 5, 2020. The proposed budget is available on the district's website:

YOU WILL THEREFORE TAKE NOTICE THAT the Governing Board of the Fallbrook Union High School District will conduct a public hearing of the proposed budget on June 8. 2020, 4:30 PM, Due to the COVID-19 crisis, this public hearing will be held electronically via teleconference. If you would like to participate, visit the districts board agenda webpage for call information at https://www.fuhsd.net

Dr. Paul Gothold County Superintendent of Schools San Diego County

May 2020 Published May 7, 2020

Fictitious Business Name

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2020-9006849

Name of Business INTUITRACK

3460 Paseo Ancho, Carlsbad, CA 92009 Mailing Address: PO Box 230040. Encinitas, CA 92023

County: San Diego

This business is registered by the following: KNOX 3E Inc., 3460 Paseo Ancho, Carlsbad, CA 92009 This business is conducted by a Corporation
This Corporation is registered in the state of

California THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Mar 18, 2020

LEGAL: 5252 PUBLISHED: April 16, 23, 30, May 7, 2020

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2020-9007232

Name of Business

CONTINENTAL CLEANERS 2741 Via Del La Valle, Del Mar, CA 92014

County: San Diego This business is registered by the following: DMCI, 2202 Winter Haven Lane, Fallbrook, CA 92028

This business is conducted by a Corporation This Corporation is registered in the state of California Registrant first commenced to transact business

under the above name as of 4/23/2010
THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Apr 07, 2020 **LEGAL: 5251**

PUBLISHED: April 16, 23, 30, May 7, 2020

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2020-9007285 Name of Business

EMIL GANTER NURSERY

3016 Fruitland Dr., Vista, CA 92084 County: San Diego This business is registered by the following:

This business is conducted by an Individual Registrant first commenced to transact business under the above name as of 12/21/1981 THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Apr 08, 2020

Manuel Jimenez, 3016 Fruitland Dr., Vista, CA

LEGAL: 5253 PUBLISHED: April 23, 30, May 7, 14, 2020

FICTITIOUS BUSINESS NAME STATEMENT File Number: 2020-9007168

Name of Business a. TWIN PEAKS MORTGAGE

b. TWIN PEAKS REALTY & LOANS

14781 Pomerado Rd. #208, Poway, CA 92064 County: San Diego This business is registered by the following: T Brother's Mortgage Corporation, 14781 Pomerado Rd. #208, Poway, CA 92064

This business is conducted by a Corporation This Corporation is registered in the state of California S Corp THIS STATEMENT WAS FILED WITH THE RECORDER/COUNTY CLERK OF SAN DIEGO COUNTY ON Apr 01, 2020

LEGAL: 5250 PUBLISHED: April 16, 23, 30, May 7, 2020

May 4

3800 block Plaza Dr

Santa Margarita Dr @ E. Mission Rd

W. Beech St @ W. Fallbrook St

FALLBROOK COMMUNITY PLANNING GROUP PRELIMINARY AGENDAS FOR SUB-COMMITTEE MEETINGS

FALLBROOK COMMUNITY PLANNING GROUP will meet using the online meeting service Zoom

7 PM, Monday, 18 May 2020

Jack Wood, Chair 760-715-3359

Roy Moosa, Chair 760-723-1181

Land Use Committee will not meet Tuesday, 12 May 2020 10AM Eileen Delaney, Chair 760-518-8888

Circulation Committee will not meet Tuesday, 12 May 2020 at 2 PM

<u>Design Review Committee</u> will meet Wednesday, 13 May 2020 9:30 AM using the online meeting site Zoom. Interested parties need to register with Zoom and access the site at: https://us04web.zoom.us/j/8695225729?pwd=eUU0V0MrdG5NRzIYa0JJV1Q2QWtNQT09

Meeting ID: 869 522 5729

Interested parties should go to www.zoom.us to download the app at least ten minutes prior

- 1. Open Forum. Opportunity for members of the public to speak to the Design Review Committee on any subject matter within the committee's jurisdiction but not on today's agenda. Three-minute limitation. Non-voting item. No discussion 2. Approval of the minutes for the last meeting.
- 3. Site Plan Exemption PDS2020-STP-20-009 for McDaniels Fruit Company, APN 105-540-98-00 to construct a cooler on the firm's site at 965 E. Mission Rd., Fállbrook, CA 92028 for fruit storage. Contact: Dave Henrikson (951) 764-2302, dave@hen-bdi.com. County Planner: Tabina Tonekaboni (858) 495-5418, tabina.tonekaboni@sdcounty. ca.gov. Design Review Committee. Community Input. Voting Item. (4/15)

 Eileen Delaney, Chair 760-518-8888

Parks and Recreation Committee will not meet Wednesday, 13 May 2020

Jim Loge, Chair, 760-712-2773

Public Facilities Committee will not meet Wednesday, 13 May 2020

Roy Moosa, Chair 760-723-1181

Published May 7, 2020

NOTICE OF SALE OF ABANDONED PERSONAL PROPERTY

NOTICE IS HEREBY GIVEN THAT PURSUANT TO SECTIONS 21701-21715 OF THE BUSINESS AND PROFESSIONAL CODE SECTION 2328 OF THE COMMERCIAL CODE SECTION 535 OF THE PENAL CODE TAYLOR SELF STORAGE 1200 EAST TAYLOR ST. VISTA CA 92084 WILL SELL BY COMPETITIVE BIDDING ON MAY 21, 2020 AT 1:00 $\,$ PM AUCTION TO BE HELD AT THE ABOVE ADDRESS, PROPERTY TO BE SOLD AS FOLLOWS:MISC GOODS, PERSONAL ITEMS, FURNITURE AND CLOTHING

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Published April 30, May 7, 2020

SHERIFF'S LOG

April 26	
600 block E. Elder St	Arrest: Battery
600 block E. Elder St	Missing person
200 block Pippin Dr	Vehicle burglary
April 27	veince outgrary
200 block Shetland Wy	Arrest: Domestic battery
500 block W. Aviation Rd	Arrest: Possession of controlled substance, obstruction
1200 block Hillcrest Ln	Petty theft
	retty their
April 28 40400 block Rock Mountain Dr	Vandalism
300 block Iowa St	Grand theft
600 block E. Elder St	Arrests: Evading police, possession of stolen vehicle, possession of concealed dirk/dagger, felon in possession of firearm
900 block Rodeo Queen Dr	Petty theft
1400 block S. Mission Rd	Domestic abuse
April 29	
2000 block Green Canyon Rd	Death
E. Hawthorne St @ N. Vine St	Arrest: Promote/assist street gang
100 block E. Aviation Rd	Vehicle vandalism
5700 block Rainbow Heights Rd	Domestic abuse
800 block E. Mission Rd	Arrest: Possession of controlled substance paraphernalia
April 30	
1400 block S. Mission Rd	Arrest: Obstruction, possession of open container of alcohol, minor in possession of alcohol, public intoxication
500 block Ammunition Rd	Burglary
800 block N. Stage Coach Ln	Battery
900 block Alturas Rd Arrest:	Domestic abuse
1000 block Hughes Ln	Assault with deadly weapon
400 block Potter St	Arrest: Domestic abuse
1100 block S. Vine St	Arrest: Public intoxication
31300 block Golf Club Dr	Petty theft
1000 block S. Main Ave	Strong-arm robbery
400 block Ammunition Rd	Arrest: Violation of court order
500 block Teran Dr	Vandalism
May 1	
400 block S. Stage Coach Ln	Arrest: Possession of controlled substance
200 block W. Clemmens Ln	Vehicle vandalism
100 block S. Main Ave	Commercial burglary
200 block Almond St	Report of shooting at dwelling
1400 block Alturas Rd	Arrest: Domestic abuse
31900 block Del Cielo Este	Petty theft
May 2	
1100 block S. Main Ave	Fraud
May 3	
37600 block Arouba Rd	Arrest: Domestic abuse
Pala Rd @ S. Mission Rd	Arrest: Possession of controlled substance, under influence of con-

trolled substance

Domestic abuse

Arrest: Possession of controlled substance

Petty theft

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Thanks, Christopher & Brittany

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